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## Harding Fellows visit University of Kansas campus before program start

by Sarah Hauck/Army University Public Affairs Officer

The next group of Harding Fellows saw their future in crimson and blue this week during a visit to the University of Kansas, in Lawrence, Kansas, ahead of their program's start this summer.

The fellows toured the KU campus and met with faculty from the William Allen White School of Journalism and Mass Communications to help prepare them for their upcoming experience as graduate students.

The four soldiers were selected by their branch's centers of excellence for the newly expanded broadening opportunity through the chief of staff of the Army's Harding Project.

This program includes the mutually beneficial education arrangement before returning to their respective journals to act as military editors-in-chief.

*Army Sustainment*'s newest fellow Capt. Steven Denaro said the enthusiasm for the new cooperative education agreement be-



Photo by Sarah Hauck/Army University Public Affairs

Harding Fellows Capt. Matt Becker, Capt. Jared Petersen, Capt. Steven Denaro and Capt. Thepnakone "Tommy" Souimaniphanh pose with a Jayhawk statue at the University of Kansas during their orientation visit Feb. 24 in Lawrence, Kansas. The four officers are the second group of Harding Fellows. Their cohort is the first to experience the expanded broadening opportunity that includes a civilian master's degree program.

tween the Army and KU was evident.

"The Kansas trip has been a phenomenal team-building opportunity with KU faculty and amongst the fellows. Names that were instrumental in the seamless transition back to academia became faces

today," he said. "There is a vast amount of

experience on all sides to share and draw from as we work toward our goal of revitalizing the journals."

Fellows said that connecting during the visit with soldiers also selected for the fellowship invigorated the excitement surrounding their upcoming career opportunity.

"Allowing Harding Fellows to integrate into the University of Kansas proved critical in understanding the concept and expectations of this accelerated program," Capt. Thepnakone "Tommy" Souima-

SEE HARDING FELLOWS AT KU | A3

## Speaker shares glimpse of Civil War soldier's life through letters



by Prudence Siebert/Editor

Ken Spurgeon, assistant professor of history at

## Local spouse named AFI Army Spouse of Year

Voting for Military Spouse of Year is March 6-7

by AFI MSOY Press Release

WASHINGTON, D.C. (March 5, 2025) – The 2025 Armed Forces Insurance Military Spouse of the Year branch winners have been selected, honoring the outstanding leadership, resilience and service of military spouses across the nation and overseas.



# AT WAR

THE CIVIL WAR LETTERS OF CHRISTIAN & ELISE DUBACH ISELY



Photo by Prudence Siebert/Fort Leavenworth Lamp

Ken Spurgeon, assistant professor of history at Friends University in Wichita, Kansas, talks about letters between Civil War soldier Christian Isely and his wife Elise Dubach Isely and what can be inferred about their lives during his Friends of the Frontier Army Museum presentation "A Kansas Soldier at War" Feb. 26 at the Frontier Army Museum. The letters were the basis of Spurgeon's book of the same name. Friends University in Wichita, Kansas, presented the Friends of Frontier Army Museum speaker series lecture Feb. 26 about his book, "A Kansas Soldier at War: The Civil War Letters of Christian and Elise Dubach Isely," and the inferences that can be made through those letters. Isely was stationed at Fort Leavenworth for about 18 months, from October 1861 to April 1863. Spurgeon, whose great-

Spurgeon, whose greatgreat grandfather was in the 9th Kansas Cavalry, told the audience that he has special interest in Kansas Civil War history.

"One of my two things that got me excited about history when I was a kid was when my grandfather showed me his grandfather's gun, which was a '63 Spencer, which I have and I'm grateful to have it," Spurgeon said. "(My grandfather) never knew his grandfather — his grandfather died at 34 — and so they were all just stories and we had a little family diary, but I remember as a kid just being completely into what happened to that guy, where was that gun at, and all that, so I was just obsessed."

When working on his master's degree at Friends University about 25 years ago, Spurgeon was introduced to the Isely Collec-

> SEE KANSAS SOLDIER AT WAR| A5

Vince Afaisen, 2025 AFI Fort Leavenworth (base winner) and Army (branch winner) Spouse of the Year

Now in its 17th year, the AFI MSOY program continues to recognize spouses who go beyond the homefront — leading advocacy efforts, strengthening communities and driving meaningful change for military families.

Since 2008, the AFI Military Spouse of the Year

SEE AFI ARMY SPOUSE OF YEAR A4

## AT A GLANCE

■ SPRING FORWARD — Daylight Saving Time beings March 9. Set clocks forward one hour this Sunday.

■ MOVING WITH KIDS, presented by Army Community Service Relocation and Mobilization, is at 9:30 a.m. March 7 in the ACS classroom at the Resiliency Center. Call 913-684-2800 for more information.

■ VOLUNTEER OF THE YEAR NOMI-NATIONS by post-approved organizations are due by March 14. VOLUNTEER HOURS for March 2024 through February 2025 should be logged in the Volunteer Information Management System by March 14. Contact the Army Volunteer Corps coordinator at 913-684-2800 or april.m.rogers6. civ@army.mil for more information.

## 26th Secretary of Army takes oath, sends 'My share of the task' letter

by Sec. Dan Driscoll

Earlier this week, I was sworn in as your 26th Secretary of the United States Army.

My commitment to this role is rooted in my family's lineage of Army service. My grandfather served during World War II as a decoder. My father served during Vietnam as an infantryman. And I fought as a cavalry scout in Iraq.

From the frostbitten morning PT at Fort Drum to the grueling

mountain patrols in Dahlonega to the unforgiving heat of Baghdad, I have stood shoulder to shoulder with the finest men and women America has to offer. I will never forget the lessons we learned together.

And as we move forward, I make this promise to you: the American soldier will always be my mission, and I will be the soldier's Secretary of the Army.

Recent years have brought challenges and hardships, testing

you in new and difficult ways. You have endured unacceptable housing conditions, a broken procurement system plagued by flawed industrial partnerships, and readiness strains that threaten our ability to counter emerging threats. Yet, through it all, you have carried the weight of service with resilience and determination. You have held the line.

We will not dwell on the past. Instead, we will move toward the sound of the guns. Make no mistake — our nation faces global threats that demand us to take a more aggressive footing and re-establish deterrence.

First, we must revitalize the nation's pride in her Army. The Army is the heart of America's strength, values, and resilience. As we celebrate our 250th birthday (see https://www.army.mil/1775/) this year, we will renew the connection between the Army and the people we serve. This will drive recruiting momentum, for-



White House photo by Emily Higgins

tify public trust, and ensure that we never fail in our commitment to care for our soldiers and their families.

Second, we must reinvigorate our industrial base and revolutionize our procurement processes. We are not ready for large-scale conflict with a peer adversary. But we must be. Together, we will forge stronger partnerships with the defense industry to ensure you have the firepower to dominate our enemies. No contract, company or bureaucratic obstacle will stand in the way of this goal. The status quo is unacceptable. When our nation calls, we will not send you into a fair fight — we will ensure you have overwhelming superiority.

Finally, we will train as we fight. You are a part of the most lethal land-based fighting force in the history of the world. But administrative burdens and unnecessary distractions have taken you away from what matters most. We will refocus, eliminating distractions and training you to fight and win in the most contested environments. Your country demands no less.

At this moment in world history, our nation requires her Army to move further, faster, and fight harder than any other force on Earth. We will not let our nation down.

As your Secretary, I will honor the Army's 250-year legacy of service and strength while preparing us for the future. I will stay focused on my mission and shoulder my share of the task, and I know that you will do the same.

It is good to be back home.

Vice President J.D. Vance delivers the oath of office to Daniel Driscoll as the Secretary of the Army during a swearing-in ceremony Feb. 25 in the Eisenhower Executive Office Building Indian Treaty Room in Washington, D.C.

## Red Cross to host training March 8 for new local disaster





your local community by responding to disasters like home fires, floods or tornadoes?

## response volunteers

by American Red Cross of Greater Kansas City News Release

KANSAS CITY, MO — The American Red Cross of Greater Kansas City and Northwest Missouri needs local disaster response volunteers and will be hosting a training for anyone interested to attend.

The Disaster Action Team (DAT) serves as the first, on-the-scene, Red Cross contact at the site of a disaster. While not considered first responders in the technical sense, DAT members are typically the first people at a disaster scene who provide comfort and direct assistance to help those who have been affected as they begin the recovery process.

#### Disaster Action Team Training March 8

The Disaster Action Team training course is 9 a.m. to 5 p.m. March 8 at the Kansas City Red Cross Office at 6601 Winchester Ave., Suite 110, Kansas City, MO 64133.

This training is for anyone who

would like to help locally respond to disasters like home fires, floods or tornadoes. Twenty-four hours a day, 365 days a year, Red Cross volunteers are there to help people who have been affected by a disaster.

E-mail Emma Boyd at emma.boyd@redcross.org if interested in registering for the course.

#### About the American Red Cross

The American Red Cross shelters, feeds and provides comfort to victims of disasters; supplies about 40 percent of the nation's blood; teaches skills that save lives; distributes international humanitarian aid; and supports veterans, military members and their families. The Red Cross is a nonprofit organization that depends on volunteers and the generosity of the American public to deliver its mission. For more information, visit https://www.redcross.org/ or https://www.redcross.org/cruzroja.html.

### **BECOME A DAT IN A DAY** *Disaster Action Team Volunteer*

**Saturday, March 8th** 9 am - 5 pm *Lunch is provided*  Kansas City Red Cross Office 6601 Winchester Ave, Ste 110 Kansas City, MO 64133

#### To register or for more info:

Contact Emma Boyd emma.boyd@redcross.org

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**American Red Cross** Greater Kansas City and Northwest Missouri

## FORT LEAVENWORTH LAMP

#### PUBLISHED FOR THE COMMUNITY OF FORT LEAVENWORTH, KANSAS

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The Fort Leavenworth Lamp editorial office is in Room 221G, 290 Grant Ave., Fort Leavenworth, Kan., phone number 913-684-LAMP/5267. For submission information, contact the command information officer at 913-684-1718, or e-mail the editor at ftlvlampeditor@gmail.com.

The Fort Leavenworth Lamp advertising office is in the Family and Morale, Welfare and Recreation Marketing and Commercial Sponsorship Office in the Resiliency Center at 600 Thomas Ave, Fort Leavenworth, Kan. E-mail mary.f.manago.naf@army.mil or call 913-684-1702.

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## Lent, Holy Week services schedule

#### **Protestant Christian Services**

**Lenten lunches**, noon to 1 p.m. Wednesdays in room 153 of Frontier Chapel, March 12, March 19, March 26, April 2 and April 9

**Good Friday Service,** 6 p.m. April 18 in Frontier Chapel

Easter Sunrise Service, 6:30 a.m. April

20 at Pioneer Chapel

- **Easter Sunday**, regular chapel schedule, April 20:
- Traditional Protestant, 8:30 a.m. at Pioneer Chapel
- Liturgical Protestant, 9:30 a.m. at Memorial Chapel
  - Multicultural Gospel Service, 10 a.m.

at Pioneer Chapel

• Contemporary Protestant at 11 a.m. at Frontier Chapel

**Catholic Services** 

Stations of the Cross, 5:30-7 p.m. Fridays in Pioneer Chapel, March 7, March 14, March 21, March 28, April 4 and April 11 Holy Thursday Mass, 6 p.m. April 17 in Pioneer Chapel

**Good Friday Service**, 3 p.m. April 18 in Pioneer Chapel

Easter Vigil Mass, 8 p.m. April 19 at Pioneer Chapel

Easter Mass, 9:30 a.m. April 20 at Frontier Chapel

## **Army launches Tenant Satisfaction Survey**

by U.S. Army Public Affairs

WASHINGTON — The U.S. Army has announced the start of its annual Tenant Satisfaction Survey to gather crucial feedback from soldiers and their families about their housing experiences.

This survey is part of the Army's ongoing commitment to ensure soldiers and families are heard and improve living conditions in Army housing. Safe, quality and affordable housing ensures that our warfighters are able to maintain their focus on ensuring Army readiness.

The 2025 survey launched March 3 and will reach more than 200,000 tenants residing in Army privatized, government-owned, and government-leased family and permanent party unaccompanied housing. Administered by CEL & Associates Inc., a neutral third-party firm, the survey seeks to gain insights that will inform future improvements to housing quality, resident services, and community amenities.

Lt. Gen. David Wilson, deputy chief of staff for G-9, emphasized the survey's importance.

"As we learned from last year's survey, investing in housing improvesecure, quality housing is important for our soldiers and their families," he said. "This survey is an important tool for the Army to understand their needs to provide the best housing possible and enable our focus on warfighting."

ments that provide safe,

The survey, which is confidential and voluntary, will be available online for 60 days, and residents are encouraged to take the survey as soon as they receive the link. The Army intends to use the survey results to identify ways to enhance communication with residents, address deficiencies, and prioritize areas most important to the community's wellbeing.

"This survey, and our continued housing improvement efforts, highlight our continued commitment to the health and welfare of our soldiers and their families, which we know directly impacts Army readiness," Wilson said.

Tenants who do not receive the survey via email should contact their local garrison housing offices. The Army will make the survey results publicly available to uphold its commitment to transparency and responsiveness to Army families.



Harding Fellows at KU (continued from Page A1)

niphanh said. "The William Allen White School of Journalism and Mass Communication staff has made this experience welcoming, seamless and exciting."

Souimaniphanh will join *Military Intelligence Professional Bulletin* as a Harding Fellow in June 2026.

"The tailored orientation not only answered every question I had, but also addressed both my professional and personal inquiries in depth," Capt. Matt Becker said. "This experience has significantly increased my excitement for the fellowship, and I'm leaving with a renewed sense of purpose and anticipation for what lies ahead."

Becker will join the Air Defense Artillery Journal staff after his degree program.

Capt. Jared Peterson, *Infantry*'s next fellow, was also part of the visit.

At the completion of their program, fellows will earn a master of science degree in journalism and mass communication.

They will begin their customized program this summer with an online course that concludes with a two-week "bootcamp" in August, followed by two intense semesters of classes, before reporting to their centers of excellence as editors.

The FY25 Harding Fellow Cohort includes:

Army Sustainment: Capt. Steven M. Denaro (AG)

Military Intelligence Professional Bulletin: Capt. Thepnakone T. Souimaniphanh (MI) Infantry: Capt. Jared G. Petersen Air Defense Artillery Journal: Capt. Matthew A. Becker (AD)

#### Harding Fellow Program

The Major General Edwin "Forrest" Harding Fellowship was established in July 2024 as a continuation of the Harding Project's drive for cultural change through professional writing and discourse.

The first group included 11 junior officers and a senior NCO, hand-picked by their branch leadership to be the first uniformed editors for their Army branch journals in almost two decades.

Paired with the talented civilian editors, the fellows worked to renew the impact of their journals.

The first fellows were instrumental in the increase of professional writing and publication across their respective journals, with a nearly 50 percent increase in submissions. They also supported the launch of the Line of Departure website, which provides web-first, mobile-friendly professional pieces for the Army from any device and location.

The next window to apply for this fellowship will occur this summer when Human Resources Command publishes the FY26 Broadening Opportunities Catalog. The Army plans to recruit captains, senior warrant officers and master sergeants from the Armor, Field Artillery, Aviation, Signal, Cyber, Special Forces, Civil Affairs, Psychological Operations, Engineer, Military Police, and Chemical branches.

For more information on the CSA's Harding Project, visit https://www.hard-ingproject.com/.



## **Congratulations Branch Winners!**



ARMY



Vince Afaisen

Brittany Contreras MARINE CORPS



**Jennifer Barnhill** NAVY



Shaun Beal AIR FORCE



Meljun Kruk SPACE FORCE



**Jaime Billert** 

COAST GUARD

**Hope Daupert** NATIONAL GUARD

Screenshot from https://msoy.afi.org/

## AFI Army Spouse of Year (continued from Page A1)

program has celebrated spouses who turn challenges into opportunities, launch initiatives that improve military life, and use their voices to shape policy and support service members and their families in profound ways. This year's branch winners exemplify the steadfast commitment, innovation and leadership that define today's military spouse community.

#### The 2025 AFI Military Spouse of the Year branch winners are:

- Army: Vince Afaisen (of Fort Leavenworth)
- Marine Corps: Brittany Contreras
- Navy: Jennifer Barnhill
- Air Force: Shaun Beal
- Space Force: Meljun Kruk
- Coast Guard: Jaime Billert
- National Guard: Hope Daupert

"Military spouses are the backbone of our armed forces, providing strength, leadership and unwavering support to their families and communities," said Lori Simmons, executive director of Armed Forces Insurance. "These exceptional spouses are not just supporting military life — they are shaping it. We are honored to recognize their contributions and look forward to seeing their impact continue to grow."

These branch winners now advance in the competition for the 2025 Armed Forces Insurance Military Spouse of the Year title. The national voting period is March 6-7, after which a panel of judges will evaluate finalists across five key criteria: military community involvement, leadership, community-building efforts, communication, and personal story.

The overall 2025 Armed Forces Insurance Military Spouse of the Year will be announced May 8 at an event in Arlington, Virginia, in celebration of National Military Spouse Appreciation Day.

To learn more about the 2025 AFI Military Spouse of the Year branch winners, visit www.msoy.afi.org.

View Afaisen's profile at https://msoy.afi.org/profiles/2025-vince-afaisen.



Armed Forces Insurance Military Spouse of the Year 20h · 🕥

Meet Your 2025 Armed Forces Insurance Army Spouse of the Year, Vince Afaisen! You can vote for him beginning March 6th! Learn more at msoy.afi.org #AFIMSOYFAMILY #MSOY25 #usarmy



### Congratulations to Vince Afaisen 2025 Armed Forces Insurance Army Spouse of the Year



#AFIMSOYFAMILY #MSOY25

Screenshot from https://www.facebook.com/militaryspouseoftheyear/

Vince Afaisen of Fort Leavenworth has been named Armed Forces Insurance Army Spouse of the Year. Afaisen and other branch winners now advance in the competition for the 2025 Armed Forces Insurance Military Spouse of the Year title. The national voting period is March 6-7, after which a panel of judges will evaluate finalists across five key criteria: military community involvement, leadership, community-building efforts, communication, and personal story. To learn more about the 2025 AFI Military Spouse of the Year branch winners, visit www.msoy.afi.org. To read Afaisen's profile, visit https://msoy.afi.org/profiles/2025-vinceafaisen.



## Local Classes. **Global Respect.**

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### Kansas Soldier at War (continued from Page A1)

tion, which contains about 300 letters written between Isely and his wife and other family members. The letters became the basis for his master's thesis, from which the book developed about 10 years ago.

After growing up in Ohio, Isely met fellow Swiss immigrant Elise in St. Joseph, Missouri. The couple was married in May 1861, just as the Civil War was starting.

"When you dig into this kind of stuff, they didn't know we were going to read it... They were very impacted by slavery," Spurgeon said, sharing a story about Elise witnessing a mother being sold separately from her son, and noting where the couple's families stood politically.

"It's the summer of '61, war is happening, Christian is being told by his family 'This is not our fight,' and you can see through his diary he is really processing," Spurgeon said. "The changing point was October of '61 — the war has gone on for about five months, units are moving, Leavenworth is bustling, and St. Joe was going back and forth between Union and Confederate."

Isely decided to join the fight after meeting Union soldiers from Ohio, realizing that someone from his home area was patrolling, policing and protecting him.

Isely joined Company F, raised by Hugh Cameron — whom Spurgeon said Isely described as really wacky — of the 2nd Regiment, Kansas Cavalry, commanded by William F. Cloud whom Elise described as the bestlooking man she'd ever seen.

"In his diary, Christian says 'Captain Cameron, not so much; Colonel Cloud, awesome," Spurgeon paraphrased. "And so, he's in and he reports to Fort Leavenworth, which by all accounts, he's going to be here for a month or two and then, we're off to the war, you know how it was, everybody was eager (to get to the fight.)"

Spurgeon said Isely wrote honest assessments, including that Camp Lincoln at Fort Leavenworth was "full of lots of good men but (also) lots of drunks." He said soldiers were eager to get from the camp and onto the war, but Isely got sick and was left behind.

"His regiment went away without him, and he was left here. That one month, two months maybe,





**ABOVE and LEFT: Ken** Spurgeon, assistant professor of history at Friends University in Wi-Kansas, talks chita. about letters between Civil War soldier Christian Isely and his wife Elise Dubach Isely during his Friends of the Frontier Army Museum presentation "A Kansas Soldier at War" Feb. 26 at the Frontier Army Museum.

BELOW: Speaker series attendee Gino Vigil looks at a circa 1865 Hope saddle as Museum Specialist Megan Hunter explains the 2nd Cavalry- and Civil War-related artifacts on display Feb. 26 at the museum.

> Photos by Prudence Siebert/Fort Leavenworth Lamp



turned into 18 months. He didn't miss the war, but he did miss out on some battles his unit was in."

Spurgeon said Isely became a nurse while he served at Fort Leavenworth, and he hated it.

"Because it's not what he felt he signed up to do, and he wanted to fight — he felt like he was evading the war, somehow, even though it was not his choice at all."

The situation, however, allowed Isely to observe daily life at Fort Leavenworth.

"One thing he said was, of course, the good units and the good regiments and the good men, they were here, he met them, he liked them, but then they were gone, they were off to war. And so, he felt like what he kept being around was some of the not-sogood people, and that's what really frustrated him about it all."

Spurgeon said Isely and his wife had a strong faith, and that in his letters, Isely tells Elise about his "sweet spot of prayer" somewhere on post.

"He had some spot he went to, he'll talk about it time and time again ... 'This happened and I went to my sweet spot of prayer."

The letters and diaries explain what was happening in the couple's families' lives at the time as well, including Isely's parents still against serving in the war and his youngest brother Henry's decision to serve.

"In family connections, the most interesting letters are from Henry and Christian," Spurgeon said about the brothers sharing their experiences serving at different places, as well as their politics — Henry's staying steady and Christian's evolving.

Year of heartbreak

In 1862, with Elise in St. Joseph and Isely barely able to go see her, their first child was born, but the baby died unexpectedly about two weeks later.

"There are a lot of letters about that loss," Spurgeon said. "They don't know the future, they are saying in the letters 'I may never see you again, we may never have another child,' and there is a lot of heart-wrenching stuff about the baby."

Elise's 17-year-old brother, Adolph Dubach, whom the baby was named for, joined the 5th Kansas Cavalry near Fort Scott, Kansas. Isely received a letter from a cousin that his brother in law was very sick, but he wasn't granted leave to go to him until more than a week later.

"He thinks he's going down toward Fort Scott... He ends up going close to Lawrence... Believe it or not, he finds his brother in law (near Baldwin City)," Spurgeon said. "The boy has been discharged ... The boy is as sick as can be. The boy heads north, Christian heads south ... Christian found him two days before the boy died."

Pursuing bushwhackers

Spurgeon said in April 1863, Isely began pursuing guerilla fighters called bushwhackers.

"He does get in a couple skirmishes, but most of his military time, the next year and half, is pursuing, pursuing, pursuing bushwhackers. It's life in the saddle."

About that time, Isely sent Elise to Ohio where he thought she would be safer with his parents, who were anti-war and anti-Lincoln.

"There are letters Elise writes Christian and she says 'Are your parents Christians at all? Because they are some of the most hateful people I've ever met. Are you sure you're related to them?" Spurgeon paraphrased, noting the sentiment could be applied to presentday relationships. Elise would be back in St. Joseph by the time the couple reunited in 1864.

About two months after Quantrill's Raid on Lawrence, in fall 1863, Christian's tentmate was killed. Spurgeon described this as a tragic experience for Isely, which included being unable to later find the man's burial site.

"It's a different time, you really have to be paying attention, you're asking the question 'How much combat did he see?' and all those kinds of things," Spurgeon said. "Christian tells us in one letter what happened to one bushwhacker he came into contact with. Shortly after (his tent mate's) death ... he says 'Today we got a trail on the bushwhackers ... We caught up with a few of them. Don't you think we knew what to do.'"

In September, a few months before Isely was medically discharged in Arkansas in 1864 and headed north on a refuge train, he wrote a letter that Spurgeon projected an excerpt from on screen for the audience to read.

"He's thinking about the cause, he's thinking if he's ever going to see Elise again, he's thinking about his buddy he buried, he's thinking about his family in Ohio that give him crap all the time for fighting," Spurgeon said.

"There are persons who would sneer at, and condemn my sentiments; but I thank God, although such would uphold slavery and fetter the mind, I am not their slave yet," Spurgeon read from Isely's letter. "'I do not want their favors. I care not for their frowns, but will do my duty to my God and my country, regardless of their secret midnight meetings, their conspirings against us, to contemplate our overthrow. Of my work I am not ashamed, nor afraid to do it in open daylight, because it is the work of humanity, justice and right."

When Spurgeon was working on the book, his daughter told him that Elise was the star of the story, not Christian.

"One of the unique pieces of the story is you didn't just have a soldier's letters home, you had all of the letters that she wrote to him," Spurgeon said. "He kept all of those letters in his saddle bags."

Spurgeon said Isely was so far ahead of his time, asking his wife to describe a day in her life and encouraging her to go to school if she was bored.

"This is pretty amazing stuff for that time. He was trying to figure out what craft could she learn, and I mean not in a pushy way, but more 'What would you like to do?""

The original letters, which Spurgeon referred to as "jewels of information," are housed in the special collections at Friends University. For more information on the letter collection, visit https://archivesspace.wichita.edu/ repositories/3/resources/186.

To hear Spurgeon's entire FFAM presentation, visit https://www.facebook.com/ftleavenworthffam/.

Visit the Frontier Army Museum's Facebook page at https://www.facebook.com/FrontierArmyMuseum for information on upcoming events, including the FFAM speaker series, history brunches and Spring Break programming at the museum.

# Scouts advance in crossover ceremony





Photo by Carol Gersema/Scouts BSA

ABOVE: Pack 1 Cubmaster Beth Hausauer hugs her daughter, Mary, and tells her she is proud of her as the youth gets ready to enter a canoe to crossover to her Scouts BSA Troop March 3 at Merritt Lake.

**BELOW: BSA Scouts ferry Cub Scouts transitioning to Scouts BSA troops across Merritt Lake during the crossover ceremony March 3.** 

Photo by Brent Gersema/Scouts BSA

Photo by Darcy Richard/Scouts BSA

ABOVE: BSA Scouts row across Merritt Lake with a new Scout to join their troop March 3 during the ceremonial crossover conducted for Cub Scouts entering Scouts BSA troops.

BELOW: Mary Hausauer receives a Troop 166 neckerchief from Life Scout Lanie Wahab as fellow Scout Elena Bryan assists during the crossover ceremony March 3 at Merritt Lake.

Photo by Neil Wahab/Scouts BSA







Photo by Sarah Groefsema

ABOVE: Transitioning Scout Elena Bryan is assisted with her lifejacket by Kaitlyn White, Life Scout with Troop 166, before crossing the lake in a canoe March 3 at Merritt Lake.

LEFT: Alex Dugan welcomes Joshua Goodenow to Troop 366 by adorning him with his orange neckerchief during the crossover ceremony March 3 at Merritt Lake. Sixteen Arrow of Light Scouts, typically fifth-graders, advanced to Scouts BSA troops during the ceremony. Scouts BSA volunteer Sarah Groefsema said the crossover ceremony is a treasured moment in the Cub Scouts' journey when they advance to Scouts BSA.

"Typically, these Scouts cross a bridge signifying the crossing between the two programs. Here at Fort Leavenworth, our bridge is Merritt Lake. Weather permitting, this is a tradition that Scouts and Scouters alike look forward to every year," she said.

"With assistance from (Fort Leavenworth Fire and) Emergency Services to watch over, the Scouts from various Scouts BSA troops manage canoes and escort the (Arrow of Light Scouts) to their chosen troops. This year Scouts entered Troop 165 from Lansing and Troops 66, 166 and 366 from Fort Leavenworth. The sky was beautiful, the water calm, and the Scouts excited."



## **Deadlines approaching to apply for scholarships for military dependents** FLFHC residents encouraged to apply for Michaels scholarship

by The Michaels Organization Educational Foundation News Release

The Michaels Organization Educational Foundation, a privately funded, non-profit affiliate of The Michaels Organization, is now accepting scholarship applications for the 2025-2026 academic year.

All residents living at affordable and military housing communities owned or managed by Michaels who have a high school diploma or equivalent and plan to pursue higher education at a university, college or trade/professional school are encouraged to apply.

Applications are available at https://michaelsscholars.com/ until April 15, 2025.

For the first time since the program's inception in 1991, the application process will be completely online, aligning with the foundation's goal to provide easier access to the application and therefore encouraging more applicants to apply.

"Our organization was founded on the idea of providing more than just housing for our residents," said Michaels Chief Executive Officer Mark Morgan. "It is an honor to watch this program grow each year, always exceeding the prior year's awards, and to know we are making a difference in the lives of so many of our residents, truly living out our promise of 'lifting lives."

Now in its 35th year, the foundation has awarded more than \$16 million to students across Michaels' portfolio of communities across the country. During last year's scholarship season, 261 residents at Michaels' affordable and military living communities were awarded scholarships, totaling more than \$2 million.

Scholarships are awarded annually, and students may reapply each year of their education for continuing grants. Foundation funds are raised through voluntary contributions by corporations, companies, families, private trusts and individuals throughout The Michaels Organization's business network. All donations are then matched \$2 for every \$1 by The Michaels Organization's Founder and Chairman Michael J. Levitt and his wife, Pat Levitt.

A separate scholarship program, designed specifically for residents of Michaels' student living communities, will open for applications in August 2025.

#### Important Dates and Deadlines

Application forms are now available at https://michaelsscholars.co m/.

April 15: Deadline for submitting completed applications.

June 12: Applicants will be notified of the outcome status of their application.

June 24: Acceptance forms must be returned if grant recipients wish to accept the offer of a scholarship. Grants not accepted by this date will be awarded to other applicants.

July 31: If a student meets all necessary criteria and deadlines, scholarship checks, made payable to post-secondary institutions, will be mailed via U.S. mail directly to the post-secondary institution on behalf of the scholarship recipient to help pay for the student's 2025-2026 school year costs.

About The Michaels Educational Foundation The Michaels Organization Educational Foundation is a non-profit affiliate of The Michaels Organization, established to adminscholarships ister to Michaels residents. The scholarship program was the first of its kind in the affordable housing industry when it was created and since its inception, the program has expanded to include residents of Michaels' military and student living communities and is monumental to The Michaels Organization's mission of 'Creating Communities That Lift Lives."

About The Michaels Organization

Michaels is a national leader in residential real estate offering full-service capabilities in development, property management, construction and investment. Serving 200,000 residents in more than 600 communities nationwide, Michaels is committed to crafting housing solutions that jumpstart education, civic engagement and neighborhood prosperity, and to creating "Communities That Lift Lives." For more information, visit www.TMO. com.



#### **Scholarship Opportunities**

Note-This information is provided to US Army School Liaison Officers as information of common interest regarding various scholarship opportunities throughout the United States.

Such information is not an actual or implied endorsement of these colleges/universities/organizations by the US Army, Fort Leavenworth FMWR, and/or Fort Leavenworth CYS.

usarmy.leavenworth.imcom-fmwrc.mbx.slo@mail.mil

Applications are due March 20 for the JOHN W. POIL-LON MEMORIAL SCHOLARSHIP. Obtain an application at the Army Education Center. Call 913-684-2496 for more information.

Visit https://home.army.mil/leavenworth/application/files/7816/3284/5772/Fort\_Leavenworth\_ SLO\_Scholarship\_List\_September\_2021.pdf for more information on these and other scholarship opportunties for military dependents.

## **CGSC Foundation scholarship deadline is March 15**

#### **CGSC** Foundation Scholarship Program

#### by CGSC Foundation News Release

The CGSC Foundation announced the start of its 2025 competitive scholarship program for spouses, children or grandchildren of U.S. Army Command and General Staff College alumni and others who are life members of the CGSC Foundation's Alumni Association. Applications are now being accepted.

"This is the fifth year of our scholarship program," said Foundation President/CEO Lora Morgan, "and we're proud to say the program has grown every year. Our military families make countless sacrifices in service to our country, and this program allows us to provide them with help to pursue their educational dreams."

The 2025 foundation scholarship awards include five cash scholarships:

• One **\$5,000 scholarship**, the Colonel Stephen E. "Brownie" Brown Scholarship

• One **\$1,000** scholarship to students who are beginning their college education

• One **\$500 scholarship** to students who are beginning their college education

• One **\$1,000 scholarship** to undergraduate students who are

continuing their college education

• One **\$500 scholarship** to undergraduate students who are continuing their college education **Additionally, Park University** 

will award three \$5,000 scholarships for qualified applicants.

The Park University scholarships are for full-time students for the academic year — the award will be split between the fall and spring semesters. These scholarships can be renewed for up to three years at Park University's discretion if recipients maintain full-time status, have a 3.0 GPA or better, and demonstrate satisfactory academic progress. This Park University scholarship cannot be combined with any other Park University scholarship.

Students can apply for only the foundation cash scholarships, only the Park University scholarships or both by checking the boxes in the application.

The Colonel Stephen E. "Brownie" Brown Scholarship is named in honor of a U.S. Marine officer who retired from active duty in February 2009 and became an instructor at the U.S. Army Command and General Staff College in 2010. Due to medical complications from spinocerebellar ataxia (SCA), Brown retired from teaching at CGSC and currently lives in Stillwell, Kansas. His network of lifelong friends approached the CGSC Foundation to establish the scholarship in Brown's name to honor his lifetime of service and their friendship.

The CGSC Foundation's scholarship program is open to high school seniors who will begin their college studies in 2025 and for undergraduate college students returning to school. Applicants must be immediate family members (children, grandchildren and spouses) of a life member of the CGSC Foundation's Alumni Association.

The application is available on the CGSC Foundation website at www.cgscfoundation.org/scholarships. A link to join the Alumni Association as a Life Member is also on the page for those who need to join before their relatives apply.

The deadline for applications is midnight March 15, 2025. Judging will occur March 16-31, and the CGSC Foundation will announce the winners in April.

The CGSC Foundation also welcomes donors who may not have eligible relatives but wish to support the scholarship program. To support the scholarship program, visit www.cgscfounda-



tion.org/donate.

The CGSC Foundation was established December 28, 2005, as a 501(c) (3) non-profit educational corporation with the mission of supporting the U.S. Army Command and General Staff College at Fort Leavenworth, Kansas. The CGSC Foundation supports the college in three overall areas: scholarship, outreach, and soldier and family support. Contributions made to the CGSC Foundation are deductible under section 170 of the Internal Revenue Code and the foundation is qualified to receive tax deductible bequests, devises, transfers or gifts under sections 2055, 2106 or 2522 of the Internal Revenue Code. To learn more about the CGSC Foundation and its mission, visit www.cgscfoundation.org. 'PCS purge' resources available

#### by Staff Report

Fort Leavenworth provides many resources for helping with a PCS purge.

Usable items in like-new condition, such as clothing, toys and small appliances, can be donated to the Fort Leavenworth Thrift Shop, which uses store proceeds for community assistance grants, at the shop's drop-off shed at 1025 Sheridan Drive.

Fort Leavenworth Frontier Heritage Communities partners with City Union Mission of Kansas City, Missouri, for curbside pickup of usable items on certain Saturdays throughout the year, as well as drop-offs in the FLFHC parking lot after the postwide yard sale the last Saturday in April.

Pet supplies and unopened pet food can be placed in the red bin on the porch of the Fort Leavenworth Stray Facility at 510 Organ. Ave.

Cleaners, paint, yard chemicals and other materials that should not be shipped can be dropped off at Household Hazardous Waste Collection Point, 810 Mc-Clellan Ave., to be used by other residents or properly disposed of.

Recycling of scrap metal, glass, cardboard and mixed recycling of paper, aluminum and more is offered in the area off W. Warehouse Road south of the stables. Ewaste, such as toner cartridges and printers, can also be dropped off at the Fort Leavenworth Recycling Center.

Fort Leavenworth Frontier Housing Communities offers recycling and regular and bulk trash options for residents.

#### **Resources and Links**

· On-post housing handbooks, trash and recycling guides from Frontier Heritage

Housing: https://www.frontierheritage communities.com/residents

• Fort Leavenworth Recycling Center: https://home.army.mil/leavenworth/myfort/all-services/environmental-management

• City of Leavenworth Recycling Center: https://www.leavenworthks.org/publicworks/page/leavenworth-recycling-center

• City of Lansing Curbside Recycling: https://www.lansingks.org/finance/page/ trash-recycling

• City of Platte City Recycling: https://www.plattecity.org/documentlist. aspx?categoryid=12924

· Household Hazardous Product Collection Point: https://home. army.mil/leavenworth/index.php/my-fort/all-services/ environmental-management

• Auto Skills Center for motor oil: https://leavenworth.armymwr.com/programs/auto-crafts-center

· Leavenworth County Transfer Station for household and bulk trash drop-off: https://www.leavenworthcounty.gov/departments/transfer\_station/index.php

· Munson Army Health Center for medications: https://munson.tricare.mil/

• Fort Leavenworth Thrift Shop: https://www.facebook.com/Fort-Leavenworth-Thrift-Shop-211189988897157/

· City Union Mission, through partner-

ship and coordination with Fort Leavenworth Frontier Heritage Communities: https://cityunionmission.org

· Fort Leavenworth Stray Facility: https://leavenworth.armymwr.com/ programs/stray-facility, www.FLSF.petfinder. com

Salvation Army, Leavenworth: https://centralusa.salvationarmy.org/leavenworth/

· Catholic Charities, Leavenworth: https://catholiccharitiesks.org/where-wework/leavenworth/

• Goodwill, Leavenworth: https:// www.mokangoodwill.org/locations/ goodwill-leavenworth-ks

• HOPE Thrift Store, Leavenworth: https://hopeleav.org/thrift-store/, https://www.facebook.com/HOPEThrift-StoreLeavenworth/

· Leavenworth Mission Community Store/Food Pantry: https:// lvmission.org/, https://www.facebook.com/Leavenworth-Mission/

## Pets of the Week



Gingerbread (male, left) and Blueberry (female, right) are 4-month-old domestic shorthair kittens available for adoption at the Fort Leavenworth Stray Facility. They have already been The Fort Leavenworth Stray Facility, at 510 Organ Ave., is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday; 9 a.m. to noon the second Saturday of the month; and by appointment for pre-approved adopters. Call 913-684-4939 to schedule an appointment.



neutered/spayed, microchipped and vaccinated. The fee to adopt a cat/kitten is \$100.

E-mail fortleavenworthstrayfacility@gmail.com for an adoption application. Visit www.FLSF.petfinder.com for adoptable pet profiles. Call 913-684-4939 for more information. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed. To apply to volunteer with the Fort Leav-Facility, visit enworth Stray https://vmis.armyfamilywebportal. com/, enter ZIP code 66027, then search for "stray animal facility."

Photos by Prudence Siebert/Fort Leavenworth Lamp







Adoptions • Volunteer Opportunities

## Integrity. Dedicated Service Financial Solutions. Anytime, Anywhere.

#### frontierccu.org (913) 651-6575





## Spring Break programming offered at museum March 17-21

Spring Break at the

## Frontier Army Museum

All programs are located at the Frontier Army Museum unless indicated

## Touch a Truck with the Fort Leavenworth Fire Department Monday March 17th from 10-12p

Get up and personal with a real firetruck! Come talk to real firefighters and learn about how these heroes keep Fort Leavenworth safe.

## Storytime with Combined Arms Research Library (CARL) Tuesday March 18th at 9:30am

Join us for a special Spring Break Storytime at the museum! We will read picture books, sing songs, and play games!

## Operation Wildlife Bald Eagle Presentation Wednesday March 19th at 10:30am

Experienced bird handlers will share fun facts and use props to help participants visualize the wingspan, amazing eyesight, and the impressive size of the eagle.

## Historic Hike to the Pecan Grove with Nature Resource Specialist Neil Bass Thursday March 20th at 10:00am

Meet at the Sherman Army Airport (1000 Chief Joseph Loop, Fort Leavenworth, KS 66027) parking lot by 9:45a. The hike will be 1.5 miles roundtrip and take approximately 2 hours. Things to bring: Water bottle, Insect Repellant, Hiking shoes, or comfortable shoes that may get muddy, camera, questions about the Fort's natural resources.

## Children's Pioneer Day Friday March 21st from 10-12p

Join us for a Children's Pioneer Day! Kids can explore what it would be like to be a pioneer on the Western frontier! There were will activities and games to help kids learn all about living that 19th century life.

## All programs are free and open to all ages

## **Clean Paws Pet Wash**

Open 24 hours a day! Merritt Lake Parking Lot Cash, Coin and Card



Info: (913) 651-7176



SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

#### **Online:** https://home.army.mil/leavenworth/about/news



For more info call: (913) 684-2736 • Or visit our website leavenworth.armymwr.com



#### U.S. ARMY

It's almost time for the FY25 Army Housing Tenant Satisfaction Survey. Are YOU In?

**Opt-In from your** cell phone now to receive your Survey via text message when it becomes available in March\*



#### Text option is not available for Army UH for FY25.

The survey is being conducted online and is being administered through a third party, CEL & Associates, Inc. (CEL). All households living in privatized, government managed Army or Unaccompanied Housing are invited to participate in the survey, and this is your opportunity to provide feedback on your housing and community.

Households will also receive the survey via email but only one survey per household or room/bed can be submitted. All surveys submitted are confidential and anonymous. For more information contact your Housing Office or management office for privatized housing.



OMB CONTROL NUMBER: 0704-055







988lifeline.org/chat





\* IDs will be scanned at the main gates beginning at 8 am, everyone 16 years and older must provide a current ID to enter. (Persons attempting to enter post with outstanding warrants or other security issues will be denied access.)

Residents living on-post are allowed to sell at their residence.

Service Members residing off-post, Retirees and DA Civilians can utilize the Old Bell Hall Parking Lot (located at the Sherman/Reynolds intersection) on a first come, first serve basis.

Alcohol and firearms can not be sold during the yard sale.

For Information please follow the Fort Leavenworth Facebook Page. \*Scan the QR code for visitor access to Fort Leavenworth. \*









St. Josepi

This week we will learn about St. Joseph, his holy days and devotions,

and spend time

together in prayer and reflection.





FORT LEAVENWORTH **NEW CDC DETOUR ROUTE** 



#### 05 SEP, 03 OCT, 07 NOV, 05 DEC, 09 JAN, 06 FEB, 06 MAR, 03 APR, 01 MAY

Each Date Night begins with a faith-based marriage enrichment presentation. Then couples are released to go out on a date and further discuss the topic together. Children will remain safely supervised by childcare professionals at Frontier Chapel (6-10 pm or pick up kids earlier)!

For more information and to register scan the QR code or call 913-680-7336



#### 2025 Islamic Holy Times of Prayer: Frontier Chapel



#### Dates: Ramadan: 01 - 29 MAR 25

Location: Please come to Room 111 in Frontier Chapel for Individual Prayers

Frontier Chapel: 625 Thomas Avenue

Time: 0900-1700 (MON-FRI and SUN)

Please see your unit chaplain or call the Religious Support Office at 913-684-2210

#### Lewis & Clark Building will hold Midday Prayers in the Faculty Lounge (MON-FRI)



CH (MAJ) Chris Weinrich, christopher.w.weinrich.mil@army.mil

### Fort Leavenworth Lent and Holy Week Services

#### Easter Sunrise Service: 0630-0730

"The Best Hometown in the Army

**Protestant Christian Services** 

**Catholic Services** Ash Wednesday Service (05MAR25)

0730: Protestant - Lewis & Clark Building (Faculty Lounge) 1730 Anglican/Liturgical - Memorial Chapel

Stations of the Cross (1730-1900)

lunch

1200 - Pioneer Chapel



The previous CDC construction detour, from Iowa to Kansas Ave, has been modified to reroute traffic away from densely populated areas. The new detour (yellow trace), will route traffic northwest to 5th Artillery Rd and toward the cemetery and golf course





12 MAR - Frontier Chapel, RM 153 19 MAR - Frontier Chapel, RM 153 26 MAR - Frontier Chapel, RM 153 02 APR - Frontier Chapel, RM 153 09 APR - Frontier Chapel, RM 153

Ash Wednesday Services (05MAR25)

Good Friday Services (18APR25)

1800: Protestant Community - Frontier Chapel

\*\*\*Regular Chapel Schedule on 20 April 2025

- 07 MAR: Station of the Cross Pioneer Chapel 14 MAR: Stations of the Cross - Pioneer Chapel 21 MAR: Stations of the Cross - Pioneer Chapel
- 28 MAR: Stations of the Cross Pioneer Chapel
- 04 APR: Stations of the Cross Pioneer Chapel
- 11 APR: Stations of the Cross Pioneer Chapel

Holy Thursday Mass (17APR25) - 1800 Pioneer Chapel Good Friday Service (18APR25) - 1500 Pioneer Chapel Easter Vigil Mass (19APR25) - 2000 Pioneer Chapel Easter Mass (20APR25)- 0930 Frontier Chapel



## **Auto Crafts & Outdoor Rental** If your lawn equipment needs a tune-up or repairs call, (913) 684-3395.



## **AUTO DETAILING**

LC? If so, stop by Auto als do the work

start at \$3 100% hand ry, tire dre

Info: (913) 684-3395

#### B

Frontier Army Museum and the Friends of the Frontier Army Museum (FFAM) present

## **History Brunch**

A Contribution to Victory: Western University's Vocational Training Program for World War I by Dr. Bernard Harris JR

Rescheduled for March 22

Light refreshments served at 10:30a, presentation to begin at 11:00a

Frontier Army Museum 100 Reynolds Ave Fort Leavenworth, KS

Free event for all



#### 2025 Speaker Series Presented by the Frontier Army Museum & The Friends of the Frontier Army Museum (FFAM)

All presentations are free to the public and will be located at the Frontier Army Museum 100 Reynolds Ave Fort Leavenworth, KS

#### **FEBRUARY**

Saturday February 15th, 10:30am History Brunch: "A Contribution to Victory: Western University's Vocational Training Program for World War I with Dr. Bernard Harris JR. Light refreshments provided by the Friends of the Frontier Army Museum will be served prior to the presentation.

Wednesday February 26th. 5:30p: "A Kansas Soldier at War" with Ken Spurgeon

#### MARCH

Saturday March 15th, 10:30am History Brunch: "Moroccan Participation in WWI and II" with Zakaria Harwach. Light refreshments provided by Friends of the Frontier Army Museum will be served prior to the presentation.

Wednesday March 26th, 5:30pm: "Native Americans and Fort Leavenworth" with Gary Hyder

#### APRIL

Saturday April 12th, 10:30a History Brunch: "10th Mountain Division during World War II" with National WWI Museum and Memorial Curator Dr. Chris Juergens. Light refreshments provided by the Friends of the Frontier Army Museum will be served prior to the presentation.





Interested in sharing your passion and knowledge of history with others? Contact Megan Hunter for details and scheduling: (913)684-3190 / megan.m.hunter4.civ@army.mil

## CALL FOR VOLUNTEERS

The Frontier Army Museum is looking for a consistent, longterm volunteer to work in the collections.

> Role: Assisting with inventory, minor artifact cleaning, mount making, and other collections related tasks.

> > Age Requirement: Must be 16 and older.

Interested? Please contact Megan Hunter megan.m.hunter4.civ@army.mil



Wednesday April 30th, 5:30p: "The Jewish Community in Early Leavenworth" with Raymond Powell

All presentations will be streamed live and recorded on the Friends of the Frontier Army Museum Facebook page: <u>https://www.facebook.com/ftleavenworthffam</u>



While we transfer data from our old system to the new one please understand that

- · No holds on materials can be made
- We cannot fill any interlibrary Loans requests

#### & between March 13-19:

- · Only 10 community items out per checkout
- Materials due during this time will be extended
- No new accounts can be made
- Database access will stay the same
- Computer access in the library won't change



Ike Skelton Combined Arms Research Library Check for updates at https:carlcgsc.libguides.com/home

## Hunger Buster Pack Powered by first store

Do you have a school aged child that could use a pack filled with breakfast, lunch, and snack goods to help them sustain a healthy active lifestyle over school break?

> Bring your pack back for a REFILL or register online to pick up your pack

> > STRONGHOLD

#### ARMY FAMILY CHILD CARE (FCC)

Higher starting income! Opportunities to increase your income!\* Training included!

Earn a \$1k recruitment or relocation BONUS\*, too!

Work at home - Start a great career -Own your own business with FCC!



#### THURSDAY, MARCH 6, 2025



#### ECUADOR 19 FEBRUARY 2025 ANGOLA **26 MARCH 2025**

Presentations Start at 1545 in Eisenhower Auditorium and Streamed Live on the CGSC Facebook Page Open to the Public [ALL ARE WELCOME] to Attend or View Online All IMS WILL Attend//Presenting IMS' Section Expected to Attend





#### UNITED STATES ARMY COMBINED ARMS CENTER AND FORT LEAVENWORTH SEXUAL HARASSMENT AND SEXUAL ASSAULT RESPO WORKFORCE





Ms. Amanda Bonseigneur Lead SARC Amanda.bonseigneur.civ@army.mil Office: 913-684-2810 Cell: 913-704-9620 Bldg 197, 632 McClellan Ave



**Hiring Underway** Supervisory SARC



Team 1 SARC jerri.l.osborne.mil@army.mil Office: 913-684-1698 Cell: 913-565-0741 Bldg 77, Room J209, 290 Grant Ave



LTC Craig Arnold Interim Supervisory SARC Team 2 SARC craig.d.arnold.mil@armv.mil Office: 913-684-2818 Teams: 520-692-8849 Cell: 913-704-9604 Bldg 197, 632 McClellan Ave



Team 3 SARC jacob.w.roach.mil@army.mil Office: 913-684-0956 Cell: 913-547-5075 835 Sabalu Rd



Mr. Josh Belle Team 4 SARC ioshua.p.belle.civ@armv.mil Office: 913-684-5230 Cell: 913-680-5699 Bldg 58, 614 Custer Rd





contact the





#### - Family Advocacy Program -Victim Advocacy Program

1 in 3 women and 1 in 4 men have experienced some form of domestic violence by an intimate partner in their If you or someone you know is experiencing violence by an intimate partner, please reach out to the victim advocacy program at 913.683.2537



### If you experienced sexual trauma during your military service, VA can help.

#### Free Services

The Department of Veterans Affairs (VA) offers free health care and other benefits for current and former Service members who experienced sexual assault, harassment or abuse during military service, also known as military sexual trauma (MST).

#### For Current Service Members

Current Service members (including current National Guard and Reserve members) can access confidential MST-related counseling at VA's Vet Centers without a referral and care at VA medical facilities with a Department of Defense referral.

#### No Report or Evidence of MST Needed to Receive Care

No report to authorities or other documentation of the MST experience is needed to receive health care services.



For more information, scan the QR code, download the Beyond MST mobile app, or visit/call:

www.mentalhealth.va.gov/mst CLEARED Open Publication www.va.gov/find-locations Jul 25, 2024 1-800-698-2411



## FAMILY ADVOCACY PROGRAM

MON - FRI 0800-1600 with limited hrs Thurs 1300 - 1600 913-684-HELP(4357)/2800

Resiliency Center, 600 Thomas Ave, Bldg. 198 \*\* ACS is closed for lunch 1130-1230 daily\*\*

#### **MARCH 2025**

#### **NEW PARENT SUPPORT PROGRAM**

Stroller Walk Tuesdays, 1000 Meet at the front of the **Resiliency Center** 

**Toddler Time** Wednesdays, 0900 **Resiliency Center** Playroom

Story Time Wednesdays, 1000 **Resiliency Center** Room 157

Play Morning Thursdays, 0900- 1000 & 1000-1100 **Resiliency Center** Playroom

Wiggles & Giggles Fridays, 0900 **Resiliency Center** Playroom

\*\*Registration required for all NPSP classes\*\*

Dad's Night Out Mar. 19, 1800-2000 **Restaurant TBD** 

Mom's Night Out Mar. 26, 1800-2000 **Restaurant TBD** 

**Childbirth Series** Mar. 03, 10, 17 1700-1900 Resiliency Center, **Room 157** 

ext Month!

Newborn Care Class April 7,1700-1900 **Breastfeeding Class** April 14, 1700-1900

#### FAMILY ADVOCACY PROGRAM

\*\*Registration is required for all FAP workshops. \*\*

**Positive Parenting Series** Mar. 07, 14, 21, 28 1330-1500 via TEAMS

> **Crocheting Club** Mar. 14, 1300-1500 **Resiliency Center** Room 145

**Stress Management** Mar. 27, 1130-1300

#### Spring Fling

\*\*no registration\*\* Mar. 14, 1300-1500 **Resiliency** Center



**Muffins With Mom** May 16, 1300-1500

Father Daughter Tea Party June 1, 1400-1600

Father/Son Scavenger Hunt June 7, 0900-1100

**CAPM Rock Painting** April 1 & 22, 1000-1100

Prevention in the Park April 25, 1400-1500



CALL ACS TO REGISTER FOR CLASSES TODAY! ALL EVENTS LISTED ARE FREE!

facebook.com/FortLeavenworthACS https://leavenworth.armymwr.com

Support Program introduces Stroller Walk and Talk Every Tuesday • Resiliency Center - 600 Thomas Ave. March - May & Oct. - Nov. • 10AM-11AM June - Sept. • 9AM - 10AM s a great way to get to know Fort Leavenworth, meet other parents, ask questions, and get some fresh air. Free event, open to parents with children 0-3 years old. Participants need to bring their own stroller. stration is required, call (913) 601-7866 or (913) 684-2800

ACS Family Advocacy New Parents Support Program Presents **Toddler Time** Playgroup

· Free toddler play group.

Open to ages 2-3 years old with adult.

· Offers an introduction to preschool routines, explores educational concepts, and builds social skills through hands on experiences and activities.

> Wednesdays @ 9:00am

Located at the Army Community Service Resiliency Center 600 Thomas Ave. Fort Leavenworth, Kansas

> Registration required call or text 913-297-3212 or 913-297-9704



CROCHETING

https://home.army.mil/leavenworth



Jan 31, Feb 21, Mar 14, Apr 18, May 16 1pm - 3pm **Room 145** 600 Thomas Ave

> Come join our Crocheting Club and learn a new skill, or perfect an existing one!

> "Stitch" together, connect & create! Supplies will be provided! Have a favorite yarn? You're welcome to bring it!

> > Please RSVP one day prior to class Call 913-684-2808/2800

> > > MW

FREE!

Ages 8+

facebook.com/FortLeavenworthFMWR

#### STRESS MANAGEMENT Thursdays; Sept 12, Nov 14, Jan 16, Mar 27

1130 - 1300

-

ACS Conference Room 145 Registration Required (must register by the day before the class you want to attend.) Classes are for 18 and over. no childcare will be provided.

V





Fridays

10am -11am

**ACS Playroom** 

600 Thomas Ave



#### Free Open to ages 3 months - 3 years old with adult.

Join us for storytime to use our imagination and develop a love of books

Storytime fosters early literacy skills, language development, and social growth.

#### Every Wednesday @ 10:00 am

Located at the Army Community Service Resiliency Center 600 Thomas Ave. Fort Leavenworth, Kansas **Registration required call or text** 913-297-3212 or 913-297-9704

> FREE Ages 3-12 months

**Register by COB** 

Thursday



### orning Thursdays from 9-11:00 a.m.

Ages 3 months - 3 years with Guardian • Resiliency Center

Free play group for ages 3 months - 3 years and their parents/guardians.

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.

Army Community Service | Resiliency Center | 600 Thomas Ave. | Fort Leavenworth, Kansas

Registration required, cut off is day before event (913) 297-3212 or (913) 684-2800





www.facebook.com/acs.fortle



Get their wiggles out and join in some baby giggles! Take a moment to connect with other parents! Babies learn through play! So let's get on the floor and explore!

C

We wanna go..



For more info or to register call 913-297-3212/ 9704



#### MILPARENTS ROCK: Rock Painting

April 1 & 22 . 10AM - 11AM Resiliency Center · 600 Thomas Ave.

April is National Child Abuse Prevention Month. During April, FAP / NPSP will be sponsoring events focused on stress reduction and family fun. Come celebrate with us to Ronor military parents and children by painting rocks for your own personal rock garden.

upplies will be provided. Registration is not required, just show up! Event is FREE and open to Dop ID card Rolders 2-. For more info call. (913) 684-2808

MWR



V 🧶 🏠 🧫 📀



Victim Advocate Hotline: (913) 684-2537 Child Abuse Hotline: (913) 684-2111

SHARP Hotline: (913) 683-1443 Chaplain: (913) 683-1443

**AER Assistance After Hours:** 

American Red Cross at (877) 272-7337

### ACS AND FAP PRESENTS: POSITIVE PARENTING VIA MICROSOFT TEAMS • 1:30PM - 3PM

ROUND 1: OCTOBER 18, OCT 25, NOV 1, AND NOV 8 ROUND 2: NOV 22, DEC 6, DEC 13, AND DEC 20 ROUND 3: JAN 10, JAN 17, JAN 24, JAN 31 ROUND 4: FEB 7, FEB 14, FEB 21, FEB 28 ROUND 5: MAR 7, MAR 14, MAR 21, MAR 28

THIS FOUR-WEEK COURSE IS DESIGNED TO HELP PARENTS DEVELOP NON-PHYSICAL DISCIPLINE STRATEGIES, BUILD STRONG RELATIONSHIPS. AND MEET THE NEEDS OF CHILDREN OF ALL AGES.

FREE AND OPEN TO DOD ID CARD HOLDERS 18+.

**REGISTRATION IS REQUIRED AND MUST BE DONE** THE DAY BEFORE THE FIRST DAY OF TRAINING.

PARTICIPANTS MUST ATTEND EACH DATE IN THE ROUND OF THEIR CHOICE.

INFO THE REGISTRATION: (913) 684-2808/2822



### DAD'S NIGHT

#### OUT

Dad's Night Out is offered by ACS New Parent Support Program for Dads of children 0-3 years of age to get out of the house without the kids and meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.

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#### MWR) ACS **New Parent Support** Prenatal Classes 2025

Childbirth Classes: Series of three Jan 6th, 13th, 27th Mar 3rd, 10th, 17th May 5th, 12th, 19th July 14th, 21st, 28th Sep 8th, 15th, 22nd Nov 3rd, 17th, 24th

**2025 DATES:** 

Jan 22 • Feb 19 • March 19 • April 23

May 21 • June 18 • July 23 • Aug 20

Sept 17 • Oct 22 • Nov 12 • Dec 3

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are

For more info: (913) 297-3212 or (913) 684-2800

For Dads with children 0-3 years old.

not provided.

Newborn Care Classes: Feb 3rd April 7th June 2nd



This event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.

2025 Dates: Jan 29 • Feb 26 • March 26 • April 30

May 28 • June 25 • July 30 • Aug 27

Sept 24 • Oct 29 • Nov 19 • Dec 10

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old.

Info: (913) 297-3212 or (913) 684-2800

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Need to talk? safehelpline.org





MON - FRI 0800-1600 with limited hrs Thurs 1300 - 1600 913-684-HELP(4357)/2800

Resiliency Center, 600 Thomas Ave, Bldg. 198 \*\* ACS is closed for lunch 1130-1230 daily\*\* and Savings Day 13

#### **MARCH 2025**

#### RELOCATION READINESS PROGRAM

In-Processing Brief Tuesdays, 0900-1000 OCONUS Levy Brief Tuesdays, 1000-1100

**Hearts Apart Bowling** for Waiting Families Mar. 01, 1200-1400 Strike Zone Bowling Center \*Registration Required\*

Moving with Kids Mar. 07, 0930-1100

#### Lending Closet Are you In/Out-Processing and need essentials? ACS has short-term basic items to help you get by.

- Kitchenware
- Cookware
- Small Appliances

#### **EMPLOYMENT** READINESS PROGRAM

**Resume Writing** Mar. 12, 1200-1400

**Federal Employment** Workshop Mar. 19, 1200-1400

**Teen-Centered** Employment Mar. 14, 1000-1200

Interview Skills & Professionalism Mar. 26, 1200-1400

#### SURVIVOR OUTREACH SERVICES

**Knock Your Pin Off** Bowling & Pizza Social Mar. 22, 1300-1500



**EXCEPTIONAL FAMILY MEMBER PROGRAM** 

EFMP Recreational Bowling Mar. 01,1200-1400 Strike Zone Bowling Center

EFMP Refreshing Legotopia Conversations Mar. 7,1400-1500 Mar. 6,1000-1100

\*Registration Required for all EFMP events\*

facebook.com/FortLeavenworthACS

#### ARMY EMERGENCY RELIEF

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The 2025 Campaign kicks off March 1 and goes through June 14. Your donation helps provide emergency assistance to active-duty service members, their families, and retired service members in financial need.

For emergency financial assistance during normal duty hours, call the ACS main line, and after hours, weekend or holiday, call the American Red Cross Call Center at 1-877-272-7337. Command & Troop training is also available upon request.

Command & Troop Training available upon request.



tps://home.army.mil/leavenworth



#### **PROGRAM DIRECTORY**

Program	Staff Hember	Office	Intell Address
	Vacant	Phone 913-684-2837	
Director	ACS Director	913-683-9069	
AER (Army Emergency Relief)	Red Cross 24/7 Hotline (Request AER Assistance)	877-272-7337	Duty Hours: 913-684-2800
Relocation Readiness, Mobilization & Deployment, Loan Closet	Reagan Sawyer ACS Manager	520-692-6153	reagan.e.sawyer.civ@army.mil
EFMP (Exceptional Family Member Program)	Charise Risper ACS EFMP Manager	520-692-6363	charise.m.risper.civ@army.mil
	EFMP Systems Navigator (Contractor)	913-684-2838	
Employment Readiness	April Rogers ACS Employment Readiness Program Specialist	520-692-6250	april.m.rogers6.civ@army.mil
SOS (Survivor Outreach Services)	Gregory Bailey SOS Coordinator	520-692-6179	gregory.t.bailey8.civ@army.mil
Family Advocacy Program	Jayme Robinson ACS FAP Manager	520-692-6303 913-547-2512	jayme.e.robinson.civ@army.mil
	Reve' Montour ACS FAP Specialist	520-692-6378	reve.m.montour.civ@army.mil
	Tammy Rita FAP Site Coordinator	520-692-6323	tammy.r.rita.ctr@army.mil
Victim Advocate 24/7 Hot- line		913-683-2537	
Financial Readiness	Josephine Woods Financial Readiness Program Manager	520-716-4951	josephine.woods3.civ@army.mil
	Marco Miros Personal Financial Counselor	816-500-3163	mirosm@magellanfederal.com
Information and Referral	Shaleena Thomasson ACS Specialist	913-684-2800 520-715-7984	shaleena.d.thomasson.civ@arm y.mil
MFLC (Military & Family Life Counselor)	Rachelle Huddleston Adult MFLC	256-749-7169	
	Julian Brown Adult MFLC	571-497-9321	
NPSP (New Parent Support Program)	Amy McCauley New Parent Support Home Visitor	913-297-3212	amy.r.mccauley.ctr@army.mil
NPSP (New Parent Support Program)	Terra Garland New Parent Support Home Visitor	913-297-9704	terra.g.garland.ctr@army.mil
Operations Support	Madelaine Wise Operations Support Assistant	913-684-2800 520-942-2644	madelaine.t.wise.civ@army.mil

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EFMP/ Waiting Families RECREATIONAL
BOWLING
Every first Saturday of the month 12:00pm - 2:00pm Strike Zone Bowling Center 165 Fourth St
Meet other EFMP families!
EFMP Recreational Bowling
is a fun way to socialize, and sharpen fine motor skills.
All ages welcome!
FREE for the entire family including shoes! Bumpers, bowling ramps, and lightweight bowling balls are available.
Pre-registration is required the Wednesday before the event. Fort Leavenworth Waiting Families, call A25 to reserve your spott
Call 913-684-2800 for more info or to register

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acebook.com/FortLeavenworthFMWR

#### ARMY COMMUNITY SERVICE LOAN CLOSET FORT LEAVENWORTH, KANSAS 913-684-2830/2800

Who: All Active Duty, Retiree, DA Civilian and their family members who are either p party, TDY or PCSing. When: M-F 0730-1630

Where: 600 Thomas Avenue (Pull into the Alley behind the ACS building and call the number the black sign

Rules: Loans are limited to 30 days for in and out- processing personnel. This can be exten by phone if needed. Checkout of items for an event is limited to 10 days. Customers are responsible for replacing any item that is damaged or lost.

#### Items available

Pre-Packed Kitchen Kit: 1 Bowl (mixing) 1 Pitcher 1 Colander 1 Large Kitchen Knife 4 Steak Knives 1 Peeler 1 Cookie Sheet 1 Cutting Board 1 Cutting Board 1 Skillet 2 Pots with Lids 4 Plates 4 Bowls 4 Coffee cups 4 Forks 4 Spaces 2 Serving Spoons 1 Spatula 4 Plastic Glasses 1 Can Opener 1 Set of Measuring Spo 1 Measuring Cup 1 Pot Holder 4 Spoons 4 Knives Additional Iten Cheese Graters Plates Bowls Coffee Cups Square Tables Circle Tables Pizza Cutters Spaghetti Servers Folding Chairs Blenders Coffee Makers Crock Pots Toasters Strollers Baby Gates Booster Seats Cribs Whisks Glass Baking Dishes-Rectangle Glass Baking Dishes-Circle Muffin Pans Hand Mixers High Chairs Rice Cookers High Chairs Pack and Play Laundry Baske Sleeping Mats Irons Ironing Boards Trash Cans Microwaves Indoor Grills Electric Skillets Plastic Glasses Veggie Steamers Large Kitchen Knive Mixing Bowls Skillets Pots with Lids Utensils

#### Employment Readiness Program Classes

**FINANCIAL READINESS** 

counseling services and

classes upon request to

assist Soldiers and their

personal financial goals.

**ARMY VOLUNTEER** 

CORPS

Volunteer Basics

Mar. 07, 1200-1300

families in achieving

**PROGRAM** Offers





Are you financially prepared for what life throws your way? Let us help! We offer free **Financial Readiness Training** on a variety of subjects. e will d Pre-Deployment

PCS Marriage Divorc ng in TSP **First Child** 

Held monthly every 2nd & 4th Thursday @ 0900am - 1100am. Bldg 198 Room 157



MWF

### Fort Leavenworth Bicycle Rider Rules

- Wear a helmet that has been approved by the American Society for Testing and Materials or that meets or exceeds the Snell Foundation Safety Standard.
- Don't ride your bicycle on Grant Avenue, use the sidewalk. Always walk your bike through crosswalks.
- You may ride on all sidewalks but should warn pedestrians as you approach (a bell or horn is encouraged) and always yield right-of-way to pedestrians.
- If you ride during limited visibility (night, fog, rain etc.) you must have a headlight and rear reflector.
- Riding in the National Cemetery is prohibited as well as inside of the golf course.
- Don't wear headphones while bike riding.

#### THURSDAY, MARCH 6, 2025

### March & April

### Workshops

#### Watercolor

#### \$30 per workshop

Watercolor (Basic Techniques) Wednesday, March 5 11am - 1pm

Watercolor (Color Theory) Wednesday, March 12 11am - 1pm

Watercolor (Spring Florals) Wednesday, March 26 11am - 1pm

Watercolor (Landscapes) Wednesday, April 9 11am - 1pm







Call now to register! 913-684-3373



#### OPEN STUDIO

Hours 10am - 5pm T - F Ask about our Hourly Fees

#### Multi-Craft Room

Come use our provided supplies to craft with the whole family!

#### Painting Studio

Provided watercolor and acrylic supplies to create your own masterpiece.

**Framing Studio** Must take Intro to Framing before using DIY Framing Studio.

> **Pottery Studio** (Coming Soon!)



#### **Basics**

#### \$20 per class

Tuesday April 15 1:30pm - 3pm

#### **Special Projects**

**Birthday Cards** Tuesday April 29 1:30pm - 3pm

#### Intermediate

#### \$20 per class

Tuesday April 22 1:30pm - 3pm



#### Reoccurring Classes MUST PRE-REGISTER

Intro to Framing \$40 per class Every 2nd Friday & 4th Sat of the month 10am - 2pm

> Paint & Sip \$35 per session

Every 2nd Friday of the month 6pm - 8pm Must be 21 years or older.

#### Come see what's new at the Studio!

leavenworth.armymwr.com

## March & April Workshops

#### Acrylic

\$35 per class

Acrylic Pour Tuesday, April 22 6pm - 8pm



Framing

\$35 per class

Hello Spring Wooden Sign Tuesday, March 25 6pm - 8pm

Friday. March 28 11am - 1pm

Pressed Flower Jewelry Dish



Paint & Sip \$35 Must be 21 years or older. BYOB



**Kids Arts & Crafts** 

#### Messy Art

\$12 per class (ages 7+)

Thursday, March 6 10:30am - 11:30am

Thursday, April 3 10:30am - 11:30am

Thursday, April 17 10:30am - 11:30am

Art History

MW

\$15 per class (ages 7+)

Waffles & Warhol Wednesday, March 26 1pm - 3pm

Donuts & da Vinci Wednesday, April 16 1pm - 3pm







WE ARE THE ARMY'S HOME | HOME.ARMY.MIL | ARMYMWR.COM

FORT LEAVENWORTH LAMP

1 March

5 April

3 May

7 June

5 July

#### THURSDAY, MARCH 6, 2025



Starting January 1st, 2025

#### **Fort Leavenworth Group Fitness Classes**

GRUBER FITNESS CENTER-200 Reynolds Ave. - 684-5120 Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530						
0930		Zumba (Lydia)		Zumba (Lydia)		
1200						-
1630		Zumba (Lydia)	Power Cycling (Kim)	Zumba (Lydia)		
1700	Power Yoga (Kim)					

HARNEY	SPORTS COMPLEX - 185 Fourth St 684-2190
	Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Friday Saturday

#### F **Gruber Fitness Center** Monday Tuesday Wednesday Thursday Friday Advanced 1940-2040 Advanced 1940-2040 Advanced 1940-2040

1 x a week - \$60 2 x a week - \$75 3 x a week - \$85 Drop in \$20 First class is FREE! Must have 24 hour access to gym. Classes are 18+ Register in pers

#### Harney Sports Comple

Monday	Tuesday	Wednesday	Thursday	Friday	
Olympic Lifting		Olympic Lifting		Olympic Lifting	



UTH SPORTS

2 FITN

SPRING SPORTS



For more info call 913-684-7525/ 7526 Volunteer Coaches Needed!

4 person mixed teams

Meeting January 9th at 6:30pm

12 Week League starts

January 16th - April 10th at 6:15pm

at The Strike Zone

For more info call: 913-651-2195

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#### THURSDAY, MARCH 6, 2025



- Birth • Ages
  - Birth to 9 years old NEVER
    - Ages 10 and older Yes under normal weather conditions



#### UNATTENDED OUTSIDE?

- Birth 4 years Direct supervision, NEVER LEFT ALONE
- Ages 5 to 6 Immediate supervision, MUST be within eyesight or hearing distance from supervising adult with the ability to respond to an emergency in 30 seconds
- Ages 7 to 9 Monitored supervision, If in a playground or yard access to adult supervision at all times
- Ages 10 & 11 Self-care supervision up to 2 hours with access to adult supervision
- Ages 12 to 14 Self-care supervision up to 3 hours
- Ages 15 to 17 Self-care supervision up to 6 hours
- Children 11 and under will not be dropped off at F&MWR activities without adult supervision per policy guidance.
- > Kindergarten must be accompanied by an adult to and from school
- > 1<sup>st</sup> Grade and above May walk to and from school and supervised activities alone
- During school year children 9 & younger must be escorted across heavy traffic roads (i.e., Grant, Hancock and Biddle)

CURFEW (Children must be accounted for by a parent during the following time periods. )

- Ages 15 and younger is 2230-0600 hours.
- Ages 16 and 17 is 0030-0600 hours.

#### Questions? Call Family Advocacy Program Manager (FAPM) at (913) 684-2822, Behavioral Health at (913) 684-6778 or Military Police at (913) 684-3456

\*\*For a complete Supervision of Children and Home Alone Post Policy please contact the FAPM.

19 Oct 21







Scan here to apply! ArmyMWR.com/cyscareers



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Episode 62 Stewarding the Profession

### THE HABDING PROJECT

LTC Zach Griffiths, Or. Trent Lythgoe, and COL(R) Rich Creed join our host LTC Lisa Becker to talk about The Harding Project. They discuss how Army Professionals advance the Profession of Arms through professional writing and discourse. They examine myths of writing, tips to get better at writing, and writing initiatives within The Harding Project.

> https://podcasts.apple.com/us/podcast/episodestewarding-the-profession-the-hardingproject/id1522992251?i=1000663116512

> > Now available on.

Audible.com







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Spotify

## NCO JOURNAL

CHECK OUT THE NCO JOURNAL PODCAST WHERE WE DISCUSS RECENTLY PUBLISHED ARTICLES WITH AUTHORS, TO PROVIDE AN OPEN EXCHANGE OF IDEAS AND INFORMATION.

https://www.armyupress.army.mil/journals/nco-journal/nco-journal-podcasts/



https://www.facebook.com/NCOJournal

https://twitter.com/NCOJournal



## MUNSON NOTES

■ MEDICAL APPOINTMENT CHECK-IN: Please arrive 15 minutes prior to your appointment to complete any required paperwork and bring the following items: DoD ID card; list of current medications including over-the-counter meds, vitamins, and supplements; any relevant paperwork or forms; and a list of questions or concerns. If you are not able to make your scheduled appointment, call the appointment line at (913) 684-6250 to cancel.

■ Munson Army Health Center is looking for volunteers to join the **PATIENT AND FAMILY PARTNERSHIP COUN-CIL**. Volunteers can be active-duty, activeduty family members, retirees or retiree family members. The PFPC meets quarterly. If interested, call 913-684-6211/6127.

■ Munson Army Health Center Pharmacy offers patients a variety of **OVER-THE-COUNTER MEDICATIONS AT NO COST** to service members, retirees and familiy members. These items are available without a prescription or medical appointment. These self-care items are comparable to those available for purchase from retail stores and include pain relievers, cough medicine, allergy medication, antibiotic ointment, lice treatment and much more. Visit https://munson.tricare.mil/Health-Services/Pharmacy and scroll down to the Over-the-Counter Medication Program for details.

■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are EL-**IGIBLE TO USE THE ARMED FORCES** WELLNESS CENTER FOR FREE. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit https://dvidshub.net/r/8wttlf.



Text "Get in Line" to 1-833-851-1505 and then follow the prompt to activate new prescriptions

## MUNSON ARMY HEALTH CENTER



Whether you receive care from Munson Army Health Center, or are seen by a provider off post, Q-Anywhere is helpful technology for patients who get new or renewed prescription medication from MAHC's pharmacy. To activate your new or renewed prescription, text "Get in Line" to 1-833-851-1505, then follow the prompts. Q-Anywhere will send a text when your prescription is ready for pick-up. When you arrive, there is no need to pull a pharmacy ticket and wait, just proceed to Window No. 7 to pick up your medication.



### **Spean up:** Your voice matters

Volunteer to become a patient and family advisor on our patient and family partnership council

The Patient and Family Partnership Council captures the voices and insights of patients and families to improve the care experience.

## Is being a patient and family advisor right for you?

#### We are looking for volunteers who can:

- Partner with other patients and staff to help improve care
- improve care
  Represent the interests of all patients cared

for by the military treatment facilityWork well in teams and have fun!



Mule a Difference in the Car of Policy Service Members and Their Pamilies

Learn more about the Patient and Family Partnership Council For more information. contact:

Munson Army Health Center Patient Advocates at 913-684-6211/6127

#### How You Get Norovirus From People or Surfaces



### MUNSON ARMY HEALTH CENTER

## Medical Emergency

In case of a medical emergency, call 911. The health center does not have an emergency center.

MUNSON.TRICARE.MIL

Visit https://www.facebook. com/munsonhealth/ for updates and information.





are junidary 1, 2025



CONTACT US | Phone: 913-684-5267 | E-mail: ftlvlampeditor@gmail.com | On the Web: https://home.army.mil/leavenworth/about/news

## Read all about it — online! HTTPS://HOME.ARMY.MIL/ LEAVENWORTH/ABOUT/NEWS



- News
- Community Features
- Pet of the Week
- Upcoming
  Events
- and more!

BONUS! Printable "old school" newspaper layouts included with every story and photo package!

Scan the QR code with your phone to go directly to HTTPS://HOME.ARMY.MIL/ LEAVENWORTH/ABOUT/NEWS to read/print/download the *Fort Leavenworth Lamp*.

E-MAIL: ftlvlampeditor @gmail.com

## EDITORIAL OFFICE: 913-684-LAMP ADVERTISING: 913-684-1702



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