

CYS SKIES

Instructional Class Summer Catalog

2024

**Enrollment Opens
April 15th @
9:00am**

**Open House
July 23rd
5:30pm - 7:00pm**

**320 Pope Ave
Bldg #345
Call 913-684-3207
or text 913-704-7595**

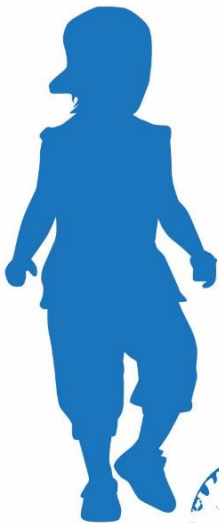


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All schedules are subject to change due to instructor scheduling and availability. Updates are posted on the CYS Facebook Page; like/follow to get notifications.

Some classes have a minimum enrollment required to begin. If a class is cancelled due to not meeting minimum enrollment, your fees will be refunded.

General Information



SKIESUnlimited is a part of the Army's Division of Child and Youth Services under the Directorate of Family and Morale, Welfare and Recreation (Family and MWR). Our mission is to provide the children and youth of Fort Leavenworth with a variety of classes taught by qualified, imaginative, and dedicated instructors, creating experiences of value, excellence, and enjoyment. In addition, all Fort Leavenworth CYS SKIESUnlimited instructors have had local and national background checks, training in CPR, First Aid, Child Abuse Awareness, Reporting and Prevention, Guidance, Child Developmental Guidelines, and Safety.

Eligible Patrons: Eligible patrons for the SKIES program include children and youth whose sponsors are one of the following: active-duty military, Fort Leavenworth DoD civilian employee (GS, NSPS, NAF, and DOD Contractor), Activated National Guard or Reservist, and retired military.

Registration Information: Registration for Child & Youth Services takes place at Parent Central, which is in the Resiliency Center, 600 Thomas Avenue (Building 198). All students MUST be registered at Parent Central before enrolling in any SKIES programs. Registration is valid for 12 months and may be used for all Fort Leavenworth Child & Youth Service programming. Call Parent Central Services at 913-684-5138 to set up your appointment and ask what you will need to the appointment.

Enrolling for SKIES Classes: Once you have completed the registration process, you may enroll/sign up for classes or programs at any Child & Youth Services location. You may also enroll by phone (684-3207) or by using the WebTrac online system <https://webtrac.mwr.army.mil/webtrac/leavenworthcyms.html> (user ID and password are available from Parent Central). Please be aware that enrollment is on a first-come, first-served basis. To ensure that your child retains his/her slot in a class, it is highly recommended that you enroll early in continuing sessions.

Payment Policy: Payment for SKIES classes is due at enrollment. Your child's name will be placed on the roster only when payment has been made. We accept payment by cash, check, or credit/debit card. Second child discounts do not apply to any SKIES programs per Department of Army CYS Fee Policy.

Makeup Classes, Cancellation and Refund Policy: Refunds are NOT authorized for child illnesses, cancellations due to weather, family trips, or withdrawal after the class has started. Make up classes will be offered if possible, depending on the instructor's schedule. Refunds may be granted for extenuating circumstances such as prolonged absence due to illness or PCS orders. If you feel this is the case, a refund may be requested in writing to the SKIES Program Director. In the event a class is cancelled due to instructor unavailability, a makeup class will be offered, but no refund will be given.

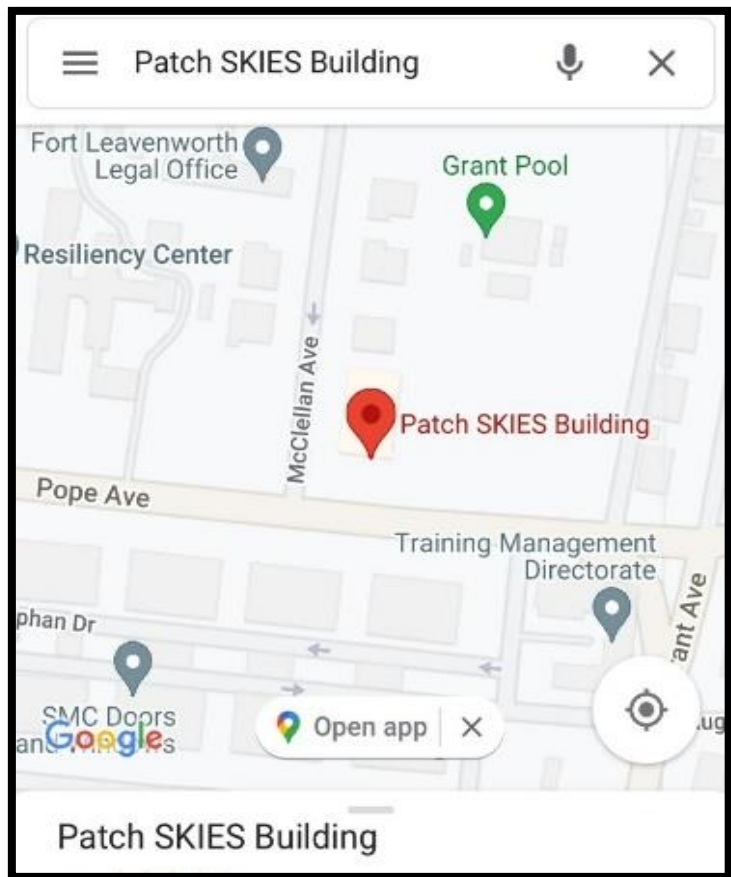
IMPORTANT NOTICE: RESCUE MEDS (e.g., inhalers, Epi-Pens) will NOT be administered by SKIES instructors. If a child requires an inhaler or Epi-Pen and is not authorized by a physician to self-administer, **the parent is required to remain on site during the SKIES class and activities.**

Visit the following for up-to-date information on new SKIES classes:

- ★ **WebTrac** <https://webtrac.mwr.army.mil/webtrac/leavenworthcyms.html>
- ★ **Family and MWR website** <https://leavenworth.armymwr.com>
- ★ **CYS Facebook Page:** www.facebook.com/cys.ftleavenworth
- ★ **Call the SKIES office at 913-684-3207 text 913-704-75**

How to find us?

320 Pope Ave, Building 345, Fort Leavenworth



Parent & Student Safety



Instructors will be using the intermission times between class sessions to disinfect the equipment and areas used by the students. We will need your assistance in keeping classes and waiting areas safe.

- If you or your student is not feeling well, please stay home for everyone's safety. All efforts will be made to get the class made up.
- Please assist your child in washing their hands and then wash your hands upon entering the facility.
- A parent is required to wait in designated seating areas inside or outside the facility for the safety of your child.
- Participants are encouraged to come dressed for class. Closed toe shoes please.

Let's work together.



CLASSES LISTED BY AGE

1 Year	6 years	8 years
Parent / Tod Gym	Family Gym	Violin
2 years	Ballet	Piano
Parent / Tod Gym	Beginning Gym	Guitar / Ukulele
Family Gym	Gym Fit Ninja	Tumbling
3 years	Tumbling	Jr. Golf
Parent / Tod Gym	K-Pop	Ballet
Family Gym	Theater Workshop	Gym Fit Ninja
Pre-Ballet	7 years	K-Pop
4 years	Violin	Theater Workshop
Pre-Gym	Piano	9 years +
Family Gym	Guitar	Piano
Pre-Ballet	Theater Workshop	Guitar
5 years	Ballet	Ukulele
Family Gym	K-Pop	Ballet
Ballet	Beginning Gym	K-Pop
K-Pop	Gym Fit Ninja	Tumbling 9+
Pre-Gym	Tumbling 6+	Jr Golf
Theater Workshop	Jr Golf	Theater Workshop
	Ukulele	Violin

WEBTRAC also has a feature to search by age.

Dance Classes

Ages: 3+

Cost: \$12 per lesson

Total fee is based on number of classes offered per session.

Dance classes will not meet during Federal Holidays. Fees are not charged for the breaks or holidays.

Instructor: Holly Harmison

Location: SKIES Building (Patch Community Center), 320 Pope Avenue (Bldg. 345)

Parents must wait in designated waiting areas & follow all health & safety requirements.

Minimum enrollment: 5 students



CLASS DESCRIPTIONS FOR DANCE

Creative Movement/Pre-Ballet for 3-4 years old

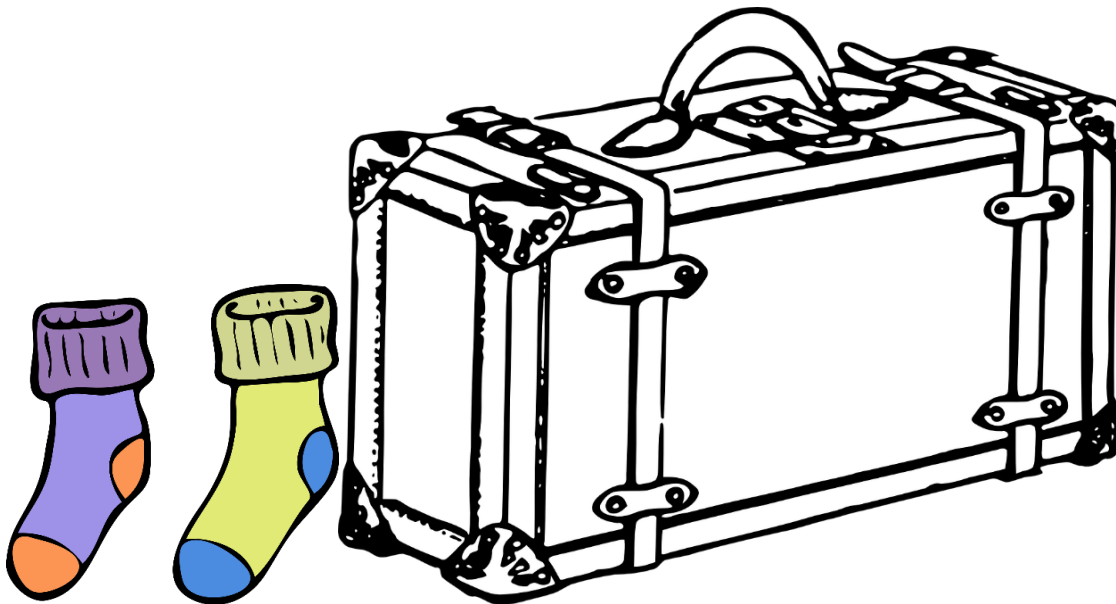
950230- Dancers will explore movement and rhythm as it relates to their bodies and space.

Basic coordination and locomotor skills will be developed with the aid of imagery, props, and music. Ballet skills will be introduced, and the development of posture, flexibility, rhythm, and poise are the goals of the class.

Ballet for 5-10 years old

950230- Basic ballet skills will be learned in a relaxed but structured environment. Dancers will learn proper ballet terminology and pair it with the correct movements. Barre exercises will be introduced as well as work in the center.

So, the shoes and tutus are already packed, or try something new without a big commitment? No problem! We are saving the dress code for this Fall. They can dance in their socks.



Pre-Ballet & Ballet 3 Day Camp

Class Schedule	Years of Age	Day	Times	No Class Days	Fee	# of classes
Pre-Ballet	3-4	Jun 4-6th	1615-1700	N/A	\$ 36	3
Ballet	5-10	Jun 4-6th	1715-1800	N/A	\$ 36	3
Ballet	5-10	Jul 29-31	1615-1700	N/A	\$ 36	3
Pre-Ballet	3-4	Jul 29-31	1715-1800	N/A	\$36	3

K-Pop Manic Monday Dance Classes

950206

Ages: 6+

Cost: \$39 for 3 days

Total fee is based on number of classes offered per session.

Dance classes will not meet during Federal Holidays. Fees are not charged for the breaks or holidays.

Instructor: Sarah Reiser

Location & Time: Harrold Youth Center 45 Biddle Ave. 4:00pm-4:55pm for tweens and teens

Location & Time: Patch Community Center 320 Pope Ave. 5:30pm- 6:25 pm for ages 6- 11

Minimum enrollment: 3 students

April 15, 22 and 29th

May 6, 13, and 20th

K-Pop Summer Smash Workshops

950230 The workshop will meet for three days. Choose the session dates and enroll for your youth's age.

Session #1: May 29-31

Session #2: June 12-14

Session #3: July 24-26

Session #4: Aug 7-9

Class Schedule	Years of Age	Times	No Class Days	Fee Total	# of classes
K-Pop @ Patch	5-6	1630-1725	N/A	\$39	3
K-Pop @ Patch	7-11	1730-1825	N/A	\$39	3
K-Pop Teen @Harrold	12+	1500-1555	N/A	\$39	3

Jr Golf

950520

Ages: 7-17

Instructor: Nancy Hoins 913-306-3769

Cost: \$75

Location: Trails West Golf Course

Parents must remain on site.

Minimum enrollment for class is six paid students.

Maximum enrollment is twelve paid students.

Sign up: online with WEBTRAC, Parent Central Services or

Trails West Golf Course 913-651-7176

306 Cody Road, Fort Leavenworth payment due at signup.

Weather may impact if class can be held.

Alternative space for clinic is not available.

Fall sessions:

Session #1 April 23-25th 4:15-5:45 pm

Session #2 May 21-23rd 4:15-5:45 pm

Session #3 June 4-6th 9-10:30 am

Session #4 July 9-11th 9-10:30 am



Additional private, semi-private and small group lessons are available through the Pro Shop or contact Nancy Hoins.

Nancy is passionate about teaching golf! Focus is on five basic keys of golf: grip, alignment, posture, rhythm, and balance. Golf lessons will cover the short game as well as the long game. This includes chipping, pitching, putting, iron play, driving, sand play, and how to play in a scramble. Learn how to play golf with etiquette, safety, and an understanding of the rules. Emphasis is on having fun and learning to play a lifetime game. Nancy's vast experience uniquely qualifies her to teach golf and enhance the skills of any golfer regardless of their abilities.

Play is often talked about as if it were a relief from serious learning. But for children play is serious learning. Play is really the work of childhood.

-Fred Rogers

SKIESUnlimited
Schools of Knowledge, Inspiration, Exploration & Skills



Patch Gym
320 Pope Avenue, Fort Leavenworth

Gymnastics Class Descriptions

Parent/Tod Gymnastics, 1 years old and 2-3 years old

950420- 1 yr. +

950421- 2-4yrs. Parent and child will work together to learn essential gymnastics skills, make new friends, and enjoy conquering the new challenges presented to them in the new circuits each week!

Parent/Tod Gymnastics Family 2-6

950421- Parent and children will work together to learn essential gymnastics skills. This class is designed for families with siblings that prefer to be in the same class working with their parents.

Pre-Gym, 4-5 years

950422- Children receive the opportunity to participate in gymnastics class independently and learn basic gymnastics skills at a faster pace!

Beginning Gym, 6+ years

950423- An entry level class designed for children who don't have prior gymnastics experience OR who still need to polish up their basic skills! They will be working on the essential gymnastics' skills.

Tumbling, 6+ years

950423- This class is suited to anyone that has an interest in learning how to tumble! Every class focuses on proper technique and constantly adding to their repertoire of skills! This class is also appropriate for budding cheerleaders who would like to add tumbling to their list of skills.

Tumbling, 10+ years

950423- This class is suited for the youth that has an interest in learning how to tumble! Every class focuses on proper technique and constantly adding to their repertoire of skills! This class is appropriate for those interested in tumbling to enhance their cheerleading skills.

Gym Fit Ninjas 6+ years

950424- This class is a mix of gymnastics, strength training, running and parkour. High energy students this is your class!

If you need some assistance with enrolling or have questions, please text 913-704-7595
All participants in gymnastics must be enrolled.

Gymnastic Class Fee Schedule

30-minute classes billed at \$11 per session x number of sessions

45-minute classes billed at \$13 per session x number of sessions

Minimum enrollment of 3 students

May 27-June 30

Class	Day	Time	No Class	Cost	# of Classes
Parent/Tod 2-6 yrs.* Family	Monday	1615-1700	May 27	\$ 52	4
Beg Gym 6 yrs. +	Monday	1715-1800	May 27	\$ 52	4
Gym Fit Ninjas 6-10	Monday	1815-1900	May 27	\$ 44	4
Pre-Gym 4-5 yrs.	Tuesday	1630-1715	May 28	\$ 52	4
Parent/Tod 2-4 yrs.	Tuesday	1730-1815	May 28	\$ 52	4
Tumbling 9+ yrs.	Tuesday	1830-1915	May 28	\$ 52	4
Tumbling 6 yrs. +	Wednesday	1600-1645	Jun 19	\$ 52	4
Pre-Gym 4-5 yrs.	Wednesday	1700-1745	Jun 19	\$ 52	4
Gym Fit Ninjas 6-10	Wednesday	1800-1830	Jun 19	\$ 44	4
Parent/Tod 1-3.99 yrs.	Thursday	1630-1700	N/A	\$ 55	5
Beg Gym 6 yrs.+	Thursday	1715-1800	N/A	\$ 65	5



July 1st - Aug 1st

Class	Day	Time	No Class	Cost	# of Classes
Parent/Tod 2-6 yrs. Family	Monday	1615-1700	N/A	\$ 65	5
Beg Gym 6 yrs. +	Monday	1715-1800	N/A	\$ 65	5
Gym Fit Ninjas 6-10	Monday	1815-1845	N/A	\$ 55	5
Pre-Gym-4-5 yrs.	Tuesday	1630-1715	N/A	\$ 65	5
Parent/Tod 2-4 yrs.	Tuesday	1730-1815	N/A	\$ 65	5
Tumbling 9+ yrs.	Tuesday	1830-1915	N/A	\$ 65	5
Tumbling 6 yrs. +	Wednesday	1600-1645	N/A	\$ 65	5
Pre-Gym 4-5 yrs.	Wednesday	1700-1745	N/A	\$ 65	5
Gym Fit Ninjas 6-10	Wednesday	1800-1830	N/A	\$ 55	5
Parent/Tod 1-3.99 years	Thursday	1630-1715	July 4th	\$ 44	4*
Beg Gym 6 yrs. +	Thursday	1730-1815	July 4th	\$ 52	4*
Parent/Tod 1-1.99 yrs.	Saturday	0900-0930	July 6 & 27	\$ 22	2
Parent/Tod 2-4 yrs.	Saturday	0945-1030	July 6 & 27	\$ 26	2
Parent/Tod 2-6 yrs. Family	Saturday	1045-1130	July 6 & 27	\$ 26	2
Pre-Gym/Beg Gym 4-7 yrs.	Saturday	1145-1230	July 6 & 27	\$ 26	2
Tumbling 9+ yrs.	Saturday	1245-1330	July 6 & 27	\$ 26	2

*Includes August 1st

Summer Theater Workshop

Ages: 5+

Cost: \$80 per workshop

***Dates: *June 24-28 for the Teen Center @ Harrold 6th-12th grade*
or July 22-26 for the Community @ the Post Theater**

Time: 9:00 - 12:00

Minimum enrollment: 10 paid students

Maximum enrollment: 15 paid students

Instructor: Amy Bell

Activities will include auditioning, learning choreography, blocking, and costuming.

This culminates with a one hour showcase on Friday from 3 to 4 pm.



Music



Private Music Lessons

Ages: 7 to 18 years

Time: Varies. Coordinate with instructor for schedule.

Location: Patch Community Center/SKIES, 320 Pope Avenue Bldg. 345

Please contact the SKIES office at 913-684-3207 for more information.

*****The instructor will contact the SKIES Director to process enrollment when a schedule has been set. You will be contacted by the SKIES program to make payment at this time. If the instructor doesn't have a space available, please contact the Director to be added to a wait list. Instructor availability will vary for summer lessons.**



Private Piano

950310- Instructor: John Leon

\$19 per lesson

Call Mr. Leon directly to set up lesson schedule.

913-702-2484

Keyboards are available to sign out for students to practice at home.

Private Piano

950311- Instructor: Bill Reindl

\$25 per lesson

Call Mr. Reindl directly to set up lesson schedule.

913-547-1669

Keyboards are available to sign out for students to practice at home.



Private Violin, Viola, Cello, or Bass

950345- Instructor: Heather Ward

Costs: \$20 per lesson

Call Mrs. Ward directly to set up lesson schedule.

253-459-9646



Private Guitar or Ukulele

950310- Instructor: Ronald Meier

Sessions: Lessons are offered on Tuesdays.

Costs: \$19 per lesson

Call Mr. Meier directly to set up lesson schedule. 785-424-4782



SKIES Recruitment



The SKIES program needs instructors with the skills to teach the following. Do you have the skills or know someone that does?

We are looking for you!

- Martial Art & Self Defense
- Life Skills for Pre-Teen and Teens
- Cooking (Basic, Intermediate and or International, etc.)
- Money Management and Financial Literacy
- Music Exploration for Toddlers
- Employee to teach Tumbling & Gymnastics
- Science/STEM/STEAM
- Old-School Hip-Hop Dance
- Hiking



Additional class ideas are welcomed!

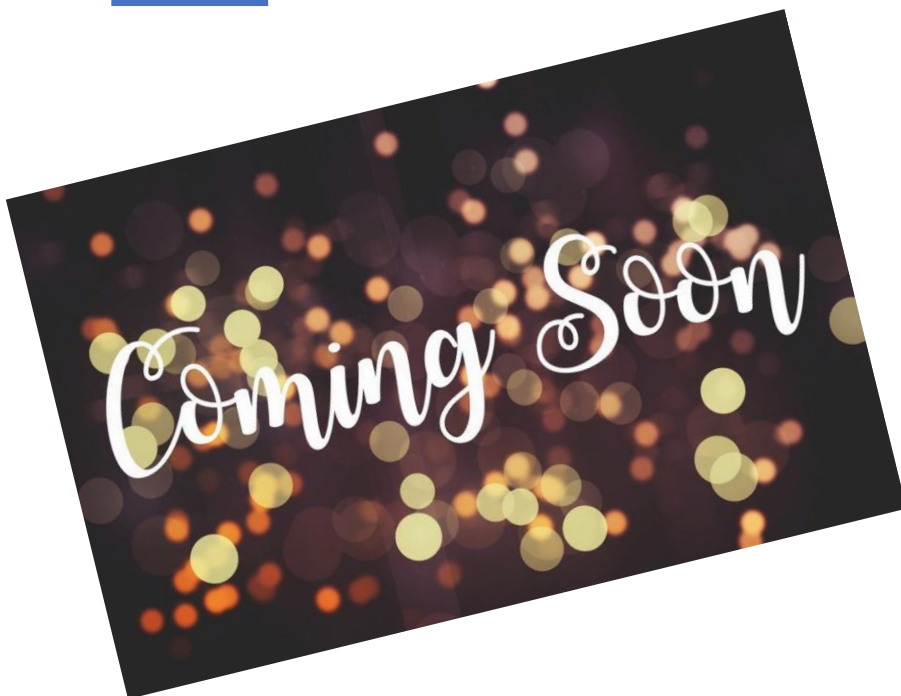
**For more information, please contact SKIES Director:
text 913-704-7595.**

Follow Us with Facebook:

Ft Leavenworth Child & Youth Services

This is one of the best ways to stay informed about all things CYS, including SKIES.

Special events, new classes and other types of announcements are made there. Classes that are scheduled after this catalog is created, will be announced there.



SKIES *Unlimited*

Schools of Knowledge, Inspiration, Exploration & Skills



Start!
TODAY



320 Pope Ave, Building 345, Fort Leavenworth, Kansas
Call 913-684-3207 or Text 913-704-7595 for information.



All classes are on Post!

Sign up for the class or classes that meets your scheduling needs.

Current registration with Parent Central Services required.

Text 913-704-7595 for additional information.

Online enrollment and payment available