

THURSDAY
SEPT. 24, 2026



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Law enforcement MPs conduct weapons qualification



Photos by Sean Bergosh/Fort Leavenworth Garrison Public Affairs

ABOVE: Spc. Jacob Yost, a military police specialist assigned to Combined Arms Command Law Enforcement Activity, Special Troops Battalion, fires an M17 service pistol at a target from seven meters away during the Fort Leavenworth Law Enforcement Weapons Training and Qualification Sept. 21 at Kinder Range. Law enforcement personnel qualified on the M17 pistol and M4 carbine.

The LEWTAQ enhances readiness by building weapon proficiency, through quick magazine changes and varying shooting distances and positions, to prepare for real-world law enforcement scenarios.

RIGHT: Staff Sgt. Brody Holcomb, a military police NCO assigned to Combined Arms Command Law Enforcement Activity, Special Troops Battalion, scores another soldier's M17 pistol Law Enforcement Weapons Training and Qualification attempt by counting the rounds hit on a target Sept. 21 at Kinder Range.



Flu vaccination events begin Oct. 2

by Christina Yager/Munson Army Health Center Public Affairs Officer

Munson Army Health Center will begin its 2026 seasonal influenza vaccination campaign Oct. 2 with the first of five community vaccination events at Frontier Chapel.

"We have received our supply of flu vaccine suitable for beneficiaries ages 6 months and older. We are still awaiting our supply of the high dose flu vaccine, typically given to patients age 65 and older and as medically indicated," said 1st Lt. Kennedy Reeves, chief of Public Health at MAHC. "It usually arrives around the same time as the regular dose, so we expect it anytime. We will update our community once it arrives."

The community vaccination events are open to all TRICARE beneficiaries ages 6 months and older, including those enrolled in TRICARE Prime, TRICARE Select and TRICARE For Life.

The first event is scheduled from noon to 4 p.m. Oct. 2 at Frontier Chapel, 625 Thomas Ave.

Additional vaccination events at Frontier Chapel are scheduled for:

- Oct. 16, noon to 4 p.m.
- Oct. 27, 2-6 p.m.
- Nov. 6, noon to 4 p.m.
- Nov. 20, noon to 4 p.m.

Annual influenza vaccination is an important way to reduce the risk of flu and its potentially serious complications, Reeves said.

"Vaccination is especially important for people at increased risk of severe illness, including young children, older adults, pregnant women and people with certain chronic medical conditions," Reeves said.

The Centers for Disease Control and Prevention recommends annual flu vaccination for everyone ages 6 months and older who does not have a contraindication. For most people, September and October are generally the best times to be vaccinated, although vaccination later in the season can still provide protection.

Beneficiaries ages 10 years and older should bring their Department of Defense identification card. Children ages 17 and younger must be accompanied by a parent or legal guardian.

For updates about MAHC's seasonal influenza vaccination campaign, visit munson.tricare.mil or follow Munson Army Health Center on Facebook.

AT A GLANCE

■ **RETIREE APPRECIATION DAY** is Sept. 26 at the Lewis and Clark Center, with registration beginning at 8 a.m. and opening program at 9 a.m., followed by a health fair and informational booths.

■ The next **SPEAKER SERIES HISTORY BRUNCH** is at 10:30 a.m. Sept. 26 at the Frontier Army Museum. Dr. Emily Morrow will present "History of Kansas Public Health: Disease Prevention to Modern State and Federal Collaboration." The free event will also be streamed on the Friends of the Frontier Army Museum Facebook page.

■ **A PUMPKINS POTTERY: HAND BUILDING CLASS** is at 10 a.m. Sept. 26 at the Arts and Crafts Studio. Cost is \$35. Call 913-684-3373 for more information.

■ The adjusted Fort Leavenworth **MOTORCYCLE SAFETY FOUNDATION COURSE** dates are Sept. 29-30 for the **Basic Rider Course**. Visit https://home.army.mil/leavenworth/6117/8516/3352/FY26_FLKS_MSF_Course_FY26.pdf.

■ The **COMMAND AND GENERAL STAFF COLLEGE ORGANIZATION DAY** is 3-6 p.m. Oct. 2 on the Lewis and Clark patio. Register at www.cgscfoundation.org/events/org-day-2026.

■ The **PATTON JUNIOR HIGH SCHOOL COMMUNITY APPRECIATION FOOTBALL GAME** is at 4 p.m. Oct. 6 at the USD 207 Track and Field Complex.

■ The **FORT LEAVENWORTH FIRE DEPARTMENT'S OPEN HOUSE** is 4-7 p.m. Oct. 8 at Fire Station No. 2, 295 Biddle Ave. The annual Fire Prevention Week event will feature live entertainment, a bouncy house, a visit with Sparky the Fire Dog, the opportunity to put out a fire and sit in fire trucks, and refreshments. See related article on page A2.

■ The Fort Leavenworth Hunt's **MEET AND NAME THE NEW PUPPIES** event is from 6-8 p.m. Oct. 9 at Hunt Lodge. Cost to attend is \$25 and can be paid at the door or by calling 913-271-1602. Two suggested military-themed "K" names will be selected during the cocktail-attire event.

■ FMWR will host a **FITNESS CLASS SAMPLER** from 8:30 a.m. to 1 p.m. Oct. 24 at Gruber Fitness Center, with free, 15-minute demonstrations of the fitness classes offered. See page B4 for the event schedule and currently available group fitness classes.

■ **APPOINTMENTS FOR ID CARDS and DEERS** can now be made online at <https://idco.dmdc.osd.mil/idco/#/>. For more information visit <https://home.army.mil/leavenworth/my-fort/all-services/id-cards-deers> or call 913-684-2636.

■ The **EXCEPTIONAL FAMILY MEMBER PROGRAM COORDINATOR'S OFFICE** is now located on the first floor of Munson Army Health Center, across from the Patient Advocate's office. Walk-in hours are 8:30-11:30 a.m. Tuesday, Wednesday and Thursday. The

coordinator can be reached at usarmy.leavenworth.medcom-mahc.mbx.efmp@health.mil. Patients should continue to **schedule medical appointments with Primary Care** providers for their EFMP enrollments and physicals through the MAHC Appointment Line at 913-684-6250.

■ The **INTERSECTION OF GRANT, BULLARD AND DICKMAN AVENUES WILL BE CLOSED** for repaving for the next two weeks. The outside north-bound lane of Grant Avenue will be closed as needed during work hours. Motorists will need to slow down and be aware of the construction equipment and workers in the area. During paving operations, sections of Harbord Drive will be closed. Residents living in the area will need to plan accordingly. No on-street parking will be permitted in the construction area between 7 a.m. to 6 p.m.

■ **REPAVING HAS BEGUN** around the **Combined Arms Command Headquarters building**. No parking will be allowed in the lots south of the building, on Meade Avenue between Upton and McDowell and on McDowell Avenue north of Meade, through Sept. 25.

■ The east entrance from Kansas Avenue into the **Shoppette** and the north entrance into the **Burger King** parking lot are closed for construction. **All traffic is to use the WEST ENTRANCE from Kansas Avenue and the SOUTH ENTRANCE into the Burger King parking lot.**

Sparky the Fire Dog is 75

Well known ‘spokesdog’ will be at FLFD’s open house Oct. 8

by National Fire Protection Association
Press Release (March 2026)

Sparky the Fire Dog, the official mascot of the National Fire Protection Association, turned 75 earlier this year. This milestone birthday reflects a legacy that spans the generations. Since his official launch on March 18, 1951, Sparky has helped fire professionals, teachers, safety advocates, civic organizations, businesses and the media, among others, share educational fire and life safety information with the public, delivering invaluable impact.

“Sparky is an emblem of fire safety for kids and adults alike, and his messages are just as relevant today as they were nearly 75 years ago,” said Lorraine Carli, vice president of outreach and advocacy at NFPA. “His dogged determination to highlight the importance of home fire safety over the decades has ultimately helped reduce fire loss and injuries in North America.”

Among his many achievements, Sparky has touted long-lasting fire safety messages in support of Fire Prevention Week — NFPA’s largest annual public awareness campaign — such as “Stop, drop and roll,” “Get out, stay out,” “Dial 9-1-1,” and “Know two ways out.”

He has also served as the brand for countless NFPA educational programs, resources and initiatives, including NFPA’s Learn Not to Burn curricula, children’s books, online activities, videos, apps, safety tip sheets and brochures, to name just a few, promoting basic but critical fire safety information with a mix of spirit, authority and compassion.

In recognition of Sparky’s big day, NFPA is reminding the public that while we’ve continued to make significant progress in reducing the home fire problem, real risks remain. A U.S. fire department responded to a fire every 23 seconds, on average, in 2024. A home structure fire was reported every 96 seconds, while a home fire death occurred every three hours, and a home fire injury occurred every 59 minutes. In addition, the majority of U.S. fire deaths (70 percent) continues to occur in homes.

“The number of U.S. home fires has declined significantly over the past decades, which reflects significant progress, but the home fire death rate has not seen the same declines in recent years. In fact, you’re more likely to die in a home fire today than in 1980,” Carli said. “These sobering statistics reinforce that our work is far from done.”

As Sparky’s 75th birthday is celebrated, consider some of his **key fire safety messages**, which remain essential to home fire safety:



- **Install smoke alarms on every level of the home, in each bedroom and near all sleeping areas.**
- **Test smoke alarms once a month using the test button.**
- **Make a home escape plan with all members of your household. Draw a map of the home, marking all doors and win-**

dows with a path from each exit to the outside, and choose a meeting place outside in front of the home where everyone will meet upon exiting.

- **Practice your escape plan regularly — at least twice a year — with all members of your household.**

Visit <https://sparky.org/> for age-appropriate games, videos, apps and other activities that make learning

about fire safety easy and fun, along with fun resources and activities that can be used to celebrate his big day. In addition, Sparky School House at <https://sparkyschoolhouse.org/for-educators/> offers fire safety lesson plans, resources and activities for teachers, parents, caregivers and students, many of which can be easily downloaded and shared.

About Sparky the Fire Dog

Sparky the Fire Dog was created for the NFPA in 1951 and has been the organization’s official mascot and spokesdog ever since. He is a widely recognized fire safety icon who is beloved by children and adults alike. In addition to connecting with the public through educational programs, he has an active website, sparky.org, which allows children to explore and learn about fire safety in a trusted, interactive environment. Sparky the Fire Dog is a registered trademark of NFPA.

About the National Fire Protection Association
Founded in 1896, NFPA is a global self-funded non-profit organization devoted to eliminating death, injury, property and economic loss due to fire, electrical and related hazards. The association delivers information and knowledge through more than 300 consensus codes and standards, research, training, education, outreach and advocacy, and by partnering with others who share an interest in furthering the NFPA mission. For more information, visit nfpa.org. All NFPA codes and standards can be viewed online for free at nfpa.org/freeaccess.



Photo by Prudence Siebert/Fort Leavenworth Lamp

Sparky the Fire Dog, portrayed by Firefighter Jeremy Dunn, gives MacArthur Elementary School kindergartner Malachi Wright a high-five after a visit to Fire Station No. 2 Oct. 9, 2018.



Photo by Prudence Siebert/Fort Leavenworth Lamp

Four-year-old Nora Webb and 2-year-old Miriam Webb exchange waves with Sparky the Fire Dog, portrayed by Firefighter Dylan Honeycutt, riding in a pickup truck driven by then-Fort Leavenworth Fire and Emergency Services Assistant Chief of Fire Prevention Dean Turner during the Fire Prevention Week fire truck parade Oct. 10, 2020, in Kickapoo Village. The parade, consisting of the lead pickup truck with Sparky followed by three fire trucks, wound through the housing areas on post and was conducted in lieu of the traditional fire station open house due to COVID-19 precautions. This year’s Fire Prevention Week open house event begins at 4 p.m. Oct. 8 at Fire Station No. 2.



Prekindergarten students Evie Weiss and Haddie Thomson hug Sparky the Fire Dog, portrayed by Fort Leavenworth Fire and Emergency Services Firefighter Ryan O’Grady, as a visit with Fort Leavenworth Fire Department firefighters about fire safety wraps up Oct. 1, 2019, at Eisenhower Elementary School. Firefighters showed the students firefighting gear, let them climb in the firetruck and reviewed some basic fire safety, such as calling 911 for emergency and getting one’s self, and not stuff, out of the house if there is a fire.

Photo by Prudence Siebert/Fort Leavenworth Lamp



Fort Leavenworth Fire and Emergency Services firefighters Terrance Carr, Dylan Honeycutt, Capt. Richard Baggett and Melissa Tull, joined by Sparky the Fire Dog, portrayed by Fire Inspector Antonio Masisak, respond to a mock kitchen fire call during the making of a Fire Prevention Week video Sept. 25, 2020, off Hunt Loop. "Serve up fire safety in the kitchen" was the 2020 Fire Prevention Week theme. This year’s theme is “Safe charging is a superpower.”

Photo by Prudence Siebert/
Fort Leavenworth Lamp

FORT LEAVENWORTH LAMP

PUBLISHED FOR THE COMMUNITY OF FORT LEAVENWORTH, KANSAS

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NCO primer available for download

New primer written by, for NCOs bridges Army doctrine and real-world practice

by Jessica Brushwood/Army University Press Public Affairs

Army University Press has released “The Noncommissioned Officer: A Primer,” a new guide designed to help noncommissioned officers apply Army doctrine to the daily realities of leading and caring for soldiers.

The primer blends doctrine, history, behavioral psychology and personal anecdotes. The book is intended as a practical reference for NCOs at all levels and as a supplement to “The Soldier’s Guide” and “Army Doctrine Publication 6-22: Army Leadership.”

Army University Press historian Kate Dahlstrand conceived the project and recruited retired Sgt. Maj. Robert A. Nelson, a former leader she had served with, to help write it.

Dahlstrand said Nelson immediately came to mind anytime she was asked to recall a strong NCO from her time in uniform.

“Staff Sergeant Nelson was always my go-to answer for what right looked like,” Dahlstrand said. “I remembered his kindness and empathy, even deeply buried under his gruff and grumpy exterior.”

Retired Sgt. Maj. Richard J. Russell II and historian Robert F. Williams also joined the effort.

Nelson said he recruited Russell to add a distinct operational perspective to the book.

“I asked retired Sergeant Major Russell to co-author for several reasons,” Nelson said. “He served as an Airborne Ranger and an Army recruiter ... and I knew he would complement my writing.”

Together, the authors developed a collection of essays that explains doctrinal

concepts through personal experience. Dahlstrand said the power of the NCO Support Channel was evident throughout the writing process, with contributions from nine active or retired NCOs — all the way up to Sgt. Maj. of the Army Michael R. Weimer.

Retired Sgt. Maj. of the Army Kenneth O. Preston also contributed perspective from his experience as a Cold War-era NCO in the 1970s and 1980s.

The authors wrote the primer in an accessible narrative style so readers can approach it as a complete work or read it by chapter. It also includes recommended readings and questions for group discussion.

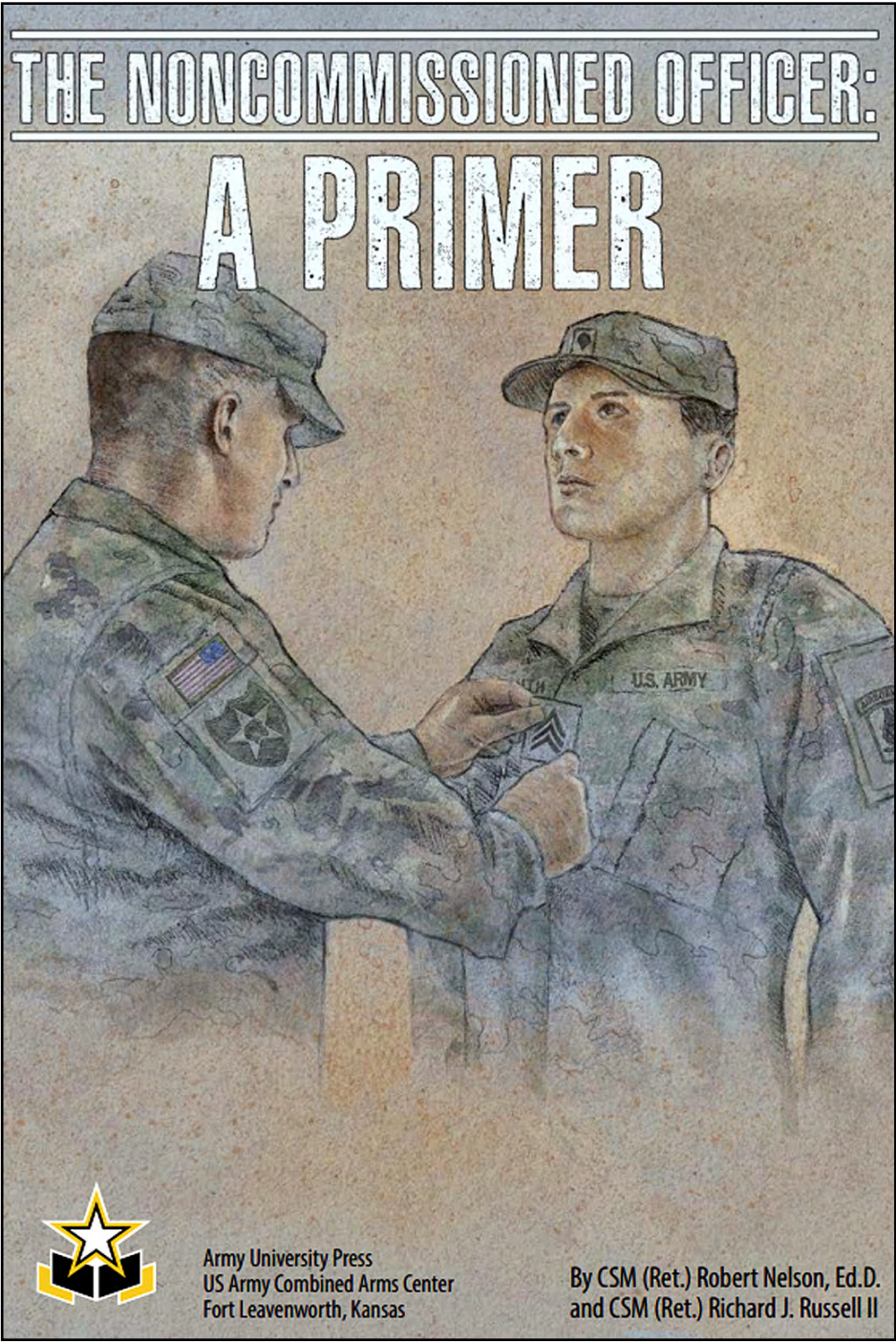
By including stories, real-world experience and mistakes, the book shows how NCOs lead, supervise and care for soldiers every day.

“It’s very easy to look at our leaders and think that they have had perfect, mistake-free careers, but nothing could be further from the truth,” Nelson said. “This is a good lesson for young NCOs, because when we acknowledge our mistakes and seek to understand why we make them, that is when we grow.”

The primer is intended as a reference for NCOs at every level, and the authors invite readers to review it and share perspectives or suggested additions for a possible second volume.

“The Noncommissioned Officer: A Primer” is available for download at <https://www.armyupress.army.mil/portals/7/research%20and%20books/2026/nco-primer/nco-primer-ua.pdf>.

For additional AUP products, visit www.armyupress.army.mil/Books/. Subscribe to Army University Press on DVIDS at www.dvidshub.net/unit/armyupress.



Artwork by Dale Cordes

The cover of “The Noncommissioned Officer: A Primer” features an untitled colored pencil and acrylic ink on watercolor by artist Dale Cordes. Illustrations by Cordes throughout the primer emphasize key concepts and personal anecdotes.



U.S. Army photo by Sgt. Keaton Habeck

ABOVE: Sgt. Maj. of the Army Michael Weimer talks to soldiers from 5th Battalion, 20th Infantry Regiment, 1-2 Stryker Brigade Combat Team about the importance of training and professional development April 3, 2024, at Joint Base Lewis-McChord, Washington. Weimer wrote the preface for the recently released “The Noncommissioned Officer: A Primer.”

RIGHT: Retired Command Sgt. Maj. Shawn Carns, former command sergeant major of Combined Arms Command, sits for an interview with Army University Press Historian Hayley Hasik May 4, 2026, to discuss “The Noncommissioned Officer: A Primer,” for which he contributed the frequently-asked-questions section, offered examples of good NCOs who mentored and inspired him, and discussed how the primer can motivate NCOs to apply the key insights it offers.

Photo by Kate Dahlstrand/Army University Press



Top NCO warfighters recognized through merit-based promotions

ARMY ANNOUNCEMENT

by Army Public Affairs

WASHINGTON — The Army announced a new authority enabling the merit-based promotion of eligible sergeants first class to master sergeants, with a follow-on lateral appointment to first sergeant. This initiative will identify, retain and promote exceptional noncommissioned

officers who have successfully demonstrated leadership potential and warfighting prowess. As outlined in the new memorandum from the Office of the Deputy Chief of Staff, G-1, battalion commanders are now authorized to nominate eligible sergeants first class for merit-based promotion with an endorsement from their brigade commander. The final decision to promote will be rendered by the Human Resource Command commanding general.

officers who have successfully demonstrated leadership potential and warfighting prowess.

As outlined in the new memorandum

“We are empowering leaders to endorse high-performing E-7s who stepped up and committed to taking on the hardest working grade plate in the Army: first sergeant,” said Sgt. Maj. of the Army Michael Weimer. “This program is about merit — plain and simple — ensuring qualified, dedicated soldiers serving in these positions receive the credit and compensation that matches their level of responsibility.”

By allowing unit commanders greater control over talent management, this new authority strengthens force preparedness by ensuring the retention of exceptional warfighters while affording units with

proven, qualified NCO leaders. It further reinforces the Army’s commitment to a modern, merit-based personnel system that rewards performance, advances superior warfighters and sustains readiness across the enterprise.

Implementing guidance and coordinating requirements for personnel action requests will be published by U.S. Army Human Resources Command. For more information on the promotion authority and eligibility requirements, noncommissioned officers should contact their unit S-1 or visit <https://www.hrc.army.mil/home>.

USDB celebrates educational achievements of inmates with college graduation ceremony

Submitted by USDB

The U.S. Disciplinary Barracks conducted its annual multi-college commencement ceremony Sept. 3 in the USBD visitation room.

The atmosphere had all the pomp and glitter of a college commencement ceremony on campus. The event included special music, caps and gowns, processional march, remarks, presentation of diplomas, hooding of graduates, turning of tassels and recessional march. Twenty-eight students earned a combination of associate, bachelor's and master's degrees in the disciplines of applied science, business administration management, digital imaging, general studies, liberal arts, science, social science and theological studies. The audience was a mix of USDB staff, graduating students, family members of the graduating students, and the presidents, vice-presidents, deans, board of trustees and administrative staff from five different academic institutions.

Peter Grande, retired USDB chief of staff and current volunteer USDB chief of history, was the guest speaker. He opened his remarks by telling the graduates' family members how happy he was to see so many were able to attend the ceremony. He said it is so important to maintain family ties, and the continuous support to their loved ones is appreciated.

He told the graduates to be proud because the USDB staff are proud of them. During Grande's tenure as chief of staff, he would address each new inmate reception class. He encouraged them to take advantage of all the programs while at the USDB. The worst time in prison is idle time — he advised them to stay busy. He said they should advance their education, and not just major in sports, because sooner or later, they will get injured or be too old to play, and they would have wished they started college classes when they first came in. He said it would be hard to find another maximum



Submitted photo by USDB

The families of graduating students received college graduate figurines during the U.S. Disciplinary Barracks' multi-college commencement ceremony Sept. 3 in the USBD visitation room. Twenty-eight inmates earned associate, bachelor's or master's degrees in various disciplines from multiple colleges.

custody prison in the world that provides a greater variety of programs for the population.

The United States Disciplinary Barracks' motto, "Our Mission — Your Future," symbolizes the can-do attitude, the spirit of teamwork and the philosophy of the USDB. The USDB staff provide individualized treatment to inmates to prepare them for a self-reliant, trustworthy and respectable future. They reflect on the past only to build for the future. They emphasize behavior, education, vocational skills and a chance to choose. Discipline is necessary to maintain order, for without order, nothing can be learned, and without knowledge, there is no hope for a new and brighter day. They accept the principle that a man has a right for a new start in life.

The U.S. Code Title 10 man-

dates providing an education to inmates, but when the law was written, it was referring to a GED. The USDB did not want to stop at a GED level. The USDB's history of offering education to inmates traces back to the old United States Military Prison. In 1913, a night school under the supervision of the chaplain consisted of classes in arithmetic, penmanship, geography, bookkeeping and drawing. Four inmates acted as instructors. It was such an encouraging success, day classes started on weekend afternoons. This concept has continued over the decades. Currently the USDB has inmate instructors assisting others in Functional Academic Skills Training during night classes. This dedication ensures the basic education skills needed to perform work assignments and to meet el-

igibility requirements for educational and training programs are met by attaining a score of 10.0 or higher on the Basic Education Assessment.

The early years of post-secondary education started in 1942 when the U.S. Armed Forces Institute offered college-level and vocational correspondence courses. In 1960, Highland Community Junior College offered associate of arts degrees. In 1983 the University of Saint Mary (formerly Saint Mary College) and in 1984 Kansas City Kansas Community College started providing college degree opportunity. The first master of arts degree was through New York Regents, a credential originally earned through the historic Regents External Degree Program, which evolved into Excelsior University.

During the commencement ceremony, KCKCC had 12 students earn an associate degrees; Upper Iowa University had one student earn a bachelor's degree; the University of Saint Mary had 11 students earn a bachelor's degree; Adams State University had one student earn a bachelor's degree; and Nations University had one master's degree. All of the colleges thanked the staff of the USDB Academic Division, Directorate of Correctional Programs, for their dedication in working to make education an important part of the rehabilitation process. A special touch was the academic staff providing small figurines of a college graduate to the families of the graduating students.



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CAC H2F Soldier In-Processing

International families welcomed with introduction to American pastime



Photo by Mark H. Wiggins/CGSC Foundation

International military students attending the Command and General Staff College and their family members line up along the dock and the banks of Merritt Lake to fish during the sixth annual International Family Fishing Derby Sept. 19.

CGSC Foundation sponsors 6th annual International Family Fishing Derby

by Mark H. Wiggins/CGSC Foundation
Communications Director

The Fort Leavenworth Rod and Gun Club and the Command and General Staff College Foundation hosted the sixth annual International Family Fishing Derby Sept. 19 at Merritt Lake. The CGSC Foundation sponsors this annual event for international military students attending CGSC and their families.

Volunteers from Fishing's Future, a nonprofit organization dedicated to teaching the skills and benefits of recreational angling, and the Leavenworth Bass Club both assisted the Fort Leavenworth Rod and Gun Club in running the derby. The CGSC Foundation provided fishing bait, concessions and prizes.

"Introducing these international military students and their families to a great American pastime like fishing is a great way to help welcome them to our country," said Lora Morgan, president/CEO of the CGSC Foundation and Alumni Association. "It'll never get old seeing how the kids, and sometimes the parents, too, react when they catch their first fish. It's always a good day, and we thank the Rod and Gun Club for helping make it happen."

Sixty international military students and their family members from 20 countries participated in the derby. Throughout the morning volunteers from Fishing's Future taught classes on how to handle the rod-and-reel combos and how

International Family Fishing Derby Winners

FEMALE ADULT DIVISION:
Shafiga Kalbizada, wife of Command and General Staff Officer Course international military student Capt. Eltaj Kalbizada from Azerbaijan

MALE ADULT DIVISION:
Maj. Anthares Salindeho, CGSOC international military student from Indonesia

FEMALE YOUTH DIVISION:
Maram Kamel, 7 years old, daughter of CGSOC international military student Maj. Saleh Kamel from Egypt

MALE YOUTH DIVISION:
Mohamed Kamel, 13 years old, son of CGSOC international military student Maj. Saleh Kamel from Egypt

to cast, while volunteers from the Rod and Gun Club and the Leavenworth Bass Club moved around the shore, recording each catch, assisting with snags, helping bait hooks and releasing the fish back into the lake if the anglers were too uneasy about



Photo by Mark H. Wiggins/CGSC Foundation

Maj. Charles Allegre, Command and General Staff Officer Course international military student from France, helps his 4-year-old daughter Gabrielle with her first fish during the sixth annual International Family Fishing Derby Sept. 19 at Merritt Lake.

touching them.

At the end of the fishing period, Morgan and Tad Slatter, the fishing coordinator from the Fort Leavenworth Rod and Gun Club, thanked the participants and volunteers and presented awards. Awards were

given for the most fish caught in four divisions: male youth, female youth and male and female adult. Winners received a new rod-and-reel combination.

CGSC Mentor Program kicks off academic year with social



Photo by Elizabeth Hill/CGSC Foundation

Command and General Staff College students and mentors mingle at CGSC Mentor Program social Sept. 3 at the Frontier Army Museum.

by Dr. Michelle Garcia/CGSC Foundation Program Volunteer

The Command and General Staff College Mentor Program kicked off the new academic year with a networking event Sept. 3 at the Frontier Army Museum. The event was supported by the CGSC Foundation and Alumni Association, with snacks and beverages

provided by Angela Remington from the Leavenworth First Command office. Approximately 25 students and mentors gathered to learn about the program.

The goal of the program is to provide students access to faculty and alumni whom they might not meet otherwise. These events create a time and location for volunteer mentors and students to connect,

fostering professional relationships that can continue beyond their time at the college.

If interested in finding a mentor, becoming a mentor or attending one of the mentor program events, contact the CGSC Foundation at office@cgscf.org or 913-651-0624, or visit in person in suite 1149, near the barbershop and food court, in the Lewis and Clark Center.



Command and General Staff College Foundation
and Alumni Association

Upcoming Events

- August 26**
Colin Powell Lecture
- September 3**
Mentor and Leadership Social
- September 19**
International Family Fishing Derby
- October 2**
Organizational Day
- October 14**
Distinguished Speaker Series
- November**
Foundation News Magazine Published
- November 18**
Distinguished Speaker Series
- January 28**
Ethics Symposium
- February 17**
Distinguished Speaker Series
- March 8-10**
National Security Round Table
- April 21**
Distinguished Speaker Series
- April 28**
Leadership Symposium
- May**
Foundation News Magazine Published

Learn about the CGSC Foundation's mission and programs at:
www.cgscfoundation.org



Adoptable dogs wait at finish line to encourage Run/Walk for Fallen participants



Photos by Lauren Lawson/Fort Leavenworth Stray Facility

ABOVE: Adoptable shepherd/boxer mixes Ella and Stella watch the finish line while waiting on Run/Walk for the Fallen participants to return from completing the course Sept. 19 outside the Resiliency Center. The 2-year-old dogs, available for adoption through the Fort Leavenworth Stray Facility, attended the event to encourage participants, as well as to possibly find an adoption match. Call 913-335-0788 for more information about adopting Ella and/or Stella.

LEFT: Adoptable dog Ella, a 2-year-old shepherd/boxer mix, looks toward the finish line as Run/Walk for the Fallen participants begin to arrive after completing the course Sept. 19 outside the Resiliency Center.

The annual Run/Walk for the Fallen remembers the fallen and honors their families. Many participants wear bibs with handwritten names to honor lost loved ones, soldiers with whom they served or other fallen service members they have learned about.



Photos by Lauren Lawson/Fort Leavenworth Stray Facility

ABOVE: Adoptable dog Stella waits with other race supporters, watching for Run/Walk for the Fallen participants to cross the finish line, Sept. 19 outside the Resiliency Center.

RIGHT: Rachel Shughrue pats adoptable dog Ella near the finish line of the Run/Walk for the Fallen Sept. 19 outside the Resiliency Center.





Call. Click. Connect.

1-800-342-9647

24/7 Resource for Military Members & Families

New AAFES hub spotlights services that support military quality of life

by Army and Air Force Exchange Service Public Affairs

DALLAS — From barber and beauty shops to financial, automotive and wellness offerings, the Army and Air Force Exchange Service’s new Services Hub at <https://publicaffairs-sme.com/Community/services-hub/> gives military shoppers a convenient resource to learn more about the wide range of services available through the Exchange.

The online hub brings together information about the Exchange’s broad portfolio of services, which supports the quality of life of military communities worldwide. Visitors can explore services and learn more about opportunities to partner with the Exchange.

Eligible Exchange shoppers, including service members, veterans, military families, and Department of War and Coast Guard civilian employees, can use the hub to discover services available at installations worldwide.

“Services perform a crucial role in the day-to-day of service members and families, allowing them to take care of routine tasks more easily than having to travel off the installation,” said Air Force Chief Master Sgt. Angela Holden, the Exchange’s senior enlisted advisor. “The new hub gives visitors a convenient starting point to learn about the services supporting their community.”

The hub includes the following resources:

- **Exchange Services for Military Communities**
An overview of the Exchange’s service portfolio and the ways these offerings enhance military quality of life.
- **Find the Services You Need**
Highlights the range of on-base and Exchange-affiliated services that can simplify everyday tasks. Offerings include barber/beauty, wellness/spa, car rentals and auto care, dry cleaning and tailoring, package shipping and mail, financial and insurances, pet care, specialty gift and retail services.
- **Meet Your Services Business Manager**
Explains how local services business managers serve as a connection between the Exchange, military communities and qualified small-business owners seeking opportunities to provide services on installations.



ified small-business owners seeking opportunities to provide services on installations.

• **Grow Your Business with the Exchange**

Provides information and resources for businesses interested in connecting with the Exchange to serve military communities.

• **A Legacy of Serving Military Communities**

Shares the history of Exchange services and how the portfolio has evolved to meet the changing needs across the military community.

Authorized shoppers can visit <https://publicaffairs-sme.com/Community/services-hub/> to explore available services at their installation.

Small-business owners interested in serving military communities can use the hub to learn about vendor opportunities and begin the process of partnering with the Exchange.



Tunnel 2 Towers Foundation
TUNNEL2TOWERS.ORG

SPONSORED BY

IHG® **ARMY HOTELS**

FORT LEAVENWORTH

Raffle for a
STAYCATION

★ *Win a* ★
FREE 2 NIGHT STAY
— AT —
HOTEL INDIGO®
— DOWNTOWN KANSAS CITY —





BOOKING CAN BE MADE ANYTIME
OCT 16 – DEC 31, 2026



DRAWING WILL BE ON
OCTOBER 1, 2026

BASED ON AVAILABILITY | BLACKOUT DATES MAY APPLY



**RAFFLE TICKETS CAN BE PURCHASED AT
HOLIDAY INN EXPRESS FRONT DESK
214 GRANT AVE, FORT LEAVENWORTH, KS 66027
CALLING THE FRONT DESK AT 913-364-1301
OR BY SCANNING THE QR CODE**





**ALL PROCEEDS WILL BENEFIT
TUNNEL TO TOWERS**
AND ITS MISSION TO PROVIDE MORTGAGE FREE HOMES,
FINANCIAL RELIEF AND SUPPORT THEIR FAMILIES.

★ ★ ★ ★ **THANK YOU FOR SUPPORTING OUR NATION’S HEROES!** ★ ★ ★

Adoptable

Pets of the Week:

Cole, Sky & Briar Rose



Cole, Sky and Briar Rose are three of the adult cats currently available for adoption at the Fort Leavenworth Stray Facility.

Submit an adoption application online at <https://new.shelterluv.com/matchme/adopt/FLSF/Cat>. Military affiliation is not required to adopt from FLSF. Spay/neuter, vaccinations and microchipping are included in the \$100 cat adoption fee.

The Fort Leavenworth Stray Facility, at 510 Organ Ave., is open noon to 3 p.m. Tuesday and Thursday, as well as by appointment. Call 913-335-0788 for an appointment or more information. Visit <https://www.petfinder.com/member/us/ks/fort-leavenworth/fort-leavenworth-stray-facility-ks174/> for adoptable pet profiles.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed. To apply to volunteer with the Fort Leavenworth Stray Facility, visit <https://vmis.armyfamilywebportal.com/>, enter ZIP code 66027, then search for "stray animal facility."



MyArmyPost

Try the Army's Newest Mobile Application!

FIND THE MY ARMY POST APP IN THE APP STORE

DOWNLOAD IT TODAY

11:27

Camp H

GENERAL

Work C

Medic

DEE

CUSTOM

HEL

11:24

Good Morning

Air Quality

Good

23

AQI

4° C

Light rain

13 kph

Wind

97%

Rain

93%

Humidity

Emergency numbers

Saved Events

Events you bookmark will appear here.

Q. Explore events

Home

Explore

Events

Newcomers

Bus

EXISTING FEATURES

• One-click emergency calls

• Near real-time updates

• Installation-wide alerts

• Interactive bus routes

• Current Air Quality Index

• Newcomer information

• Intuitive search functions

• Bookmark common resources

• Resource Alerts

• Events

• Maintenance Requests

• MHS Genesis Login

FORT LEAVENWORTH HUNT INVITES YOU TO

meet and name the new puppies!

FRIDAY, OCTOBER 9TH 6-8 PM

Hunt Lodge

800 Wainwright Street

Fort Leavenworth, KS 66027

COCKTAIL ATTIRE

HORS D' OEUVRES • REFRESHMENTS

TWO NAMES CHOSEN AT 7:30 PM

Payments via cash, card or check payable to MWR

Tickets \$5 Each At Door Or Via Prepayment Call 920

Naming Guidelines

Begin With The Letter "K"

Easy To Pronounce

Must Reflect Military Heritage

1-2 Syllables

Name Written On Your Ticket

Approved By Huntsman

Clean Paws Pet Wash

Open 24 hours a day!

Merritt Lake Parking Lot

Cash, Coin and Card

Info: (913) 651-7176

THURSDAY
SEPT. 24, 2026



LAMP

Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 55 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

THURSDAY, SEPTEMBER 24TH

LET'S PLAY BINGO!

9AM - 11AM

THURSDAY
SEPTEMBER
24th

220 HANCOCK AVENUE,
FT. LEAVENWORTH KS

Fort Leavenworth
Arts & Crafts Studio

Pottery: Hand Building Pumpkins

Saturday,
SEPTEMBER
26th

10am - 12pm

\$35 per person

Location
310 McPherson Ave.
(The Old USDB)
Fort Leavenworth, KS
66027

Open Hours
Tuesday & Thursday 9am-7pm
Wednesday & Friday 9am-4pm
4th Saturdays 9am-2pm

Website
leavenworth.armymwr.com

Phone
(913) 684-3373

Email
ArtsAndCrafts@fortleavenworth.mil

MWR

Join the fun at your
CGSC Organizational Day!

3-6 p.m. • Oct. 2, 2026 • Lewis and Clark Center Patio

Free food, drinks and fun activities for the whole family!

- Family Scavenger Hunt!
- Dunk "the Dean" Tank!
- Library Crafts for the Kids!
- Cornhole Tournament!
Sign up during registration

Plus, we'll have bouncy houses for the kids, a water and popcorn station, and yard games.
First 100 students to register will receive a t-shirt!

Register Now
www.cgscfoundation.org/events/org-day-2026

Thank you in advance for coming out for a fun day for the incoming students and families of CGSC Classes of 2027.
For more information, contact:
Stephanie Cole • Director of Operations • Command and General Staff College Foundation
scole@cgsc.org • (913) 651-0624

The Command and General Staff College Foundation, Inc. is a 501(c)(3) tax-exempt, non-profit educational foundation.

**FORT LEAVENWORTH 2026
RETIREE APPRECIATION DAY
& HEALTH FAIR**

CHANGE TO RAD DATE

****NEW DATE SATURDAY, 26 SEPTEMBER 2026****

LEWIS & CLARK CENTER
REGISTRATION STARTS AT 0800
OPENING PROGRAM STARTS AT 0900
VENDORS OPEN AT 1000

MUNSON ARMY HEALTH CLINIC WILL HOST A HEALTH FAIR
WITH FLU SHOTS (IF AVAILABLE) FOR TRICARE BENEFICIARIES

THE POST EXCHANGE AND COMMISSARY WILL
HAVE SPECIALS DURING THE DAY.

SUPPORTING OUR MILITARY RETIREE COMMUNITY IS OUR
HONOR AND TOP PRIORITY. STAY INFORMED OF ALL
BENEFITS FOR RETIREES BY GOING TO:
TRICARE.MIL • SOLDIERFORLIFE.ARMY.MIL • DFAS.MIL

WE WELCOME YOU TO THIS YEAR'S EVENT!

THANK YOU
VETERANS

****62 YEARS OF HONORING RETIREES****

Logos for various military branches and organizations.

Munson Army Health Center

Retiree Appreciation Day Health Fair

- ✓ TRICARE Brief
- ✓ Seasonal Influenza Vaccines
for eligible beneficiaries
- ✓ Health Screenings

Saturday, Sept. 26, 2026
8:00 am - 1:00 pm
100 Stimson Ave., Ft Leavenworth

www.munson.tricare.mil

Images of people at a health fair and the Munson Army Health Center building.

Munson Army Health Center

2026 FLU SHOT EVENTS

Frontier Chapel
625 Thomas Ave., Fort Leavenworth

2 OCTOBER	Noon - 4 p.m.
16 OCTOBER	Noon - 4 p.m.
27 OCTOBER	2 - 6 p.m.
06 NOVEMBER	Noon - 4 p.m.
20 NOVEMBER	Noon - 4 p.m.

TRICARE Beneficiaries aged 6 months and up. DoD ID card required for ages 10 years and up. Children 17 and under must be accompanied by a parent or legal guardian. For more information visit munson.tricare.mil

PATTON
TIGERS
FOOTBALL

COMMUNITY APPRECIATION GAME

LEXINGTON TRAILS VS PATTON JUNIOR HIGH

OCTOBER 6
4:00 PM
@ USD 207 TRACK & FIELD COMPLEX

FREE HOTDOG, CHIPS, AND WATER.

PATTON TIGERS

Image of a Patton Tigers football player.

Safe Charging Is a
SUPERPOWER

Fort Leavenworth Fire Department
Open House

Thursday 8 October 2026 1600-1900 Open to Public

Fire Station #2
295 Biddle Ave.
Fort Leavenworth, KS 66027

Fort Leavenworth Fire Department
Open House
Live Entertainment
Bouncy House
Visit Sparky
Drink, Popcorn
See and Sit in Fire trucks
Put out Live Fire

FIRE PREVENTION WEEK
fpw.org

Image of Sparky the fire dog.

BEYOND
LEWIS & CLARK
The Army Captures the West

26

Saturday, September 26, 2026 at 10:30 AM - 12:30 PM CDT

"History of Kansas Public Health: Disease Prevention to Modern State and Federal Collaboration" with

100 Reynolds Ave, Fort Leavenworth, KS, United States, Kansas 66027

Image of a historical painting and a small table with a sign.

BOSS PRESENTS
MOVIE NIGHT

Post Theater // 375 Grant Avenue
Movies start at 7PM
Must show your DoD ID at the door!

October 9

PG

Come out and join us as the BOSS program gives back to the Community by playing FREE movies inside the Post movie theater. Prepackaged snacks and drink can be purchased at the snack bar. No outside food or drinks are authorized.

For all movies children 12 and under MUST be accompanied by an ADULT!
CASH only at the snack bar!

For more info call: (913) 684-2736 • Or visit our website leavenworth.armymwr.com

Image of a movie night poster with popcorn and a film strip.

Veterans Crisis Line

DIAL 988 then
PRESS 1

Image of a blue speech bubble with a white star and a grid of red dots.

Fort Leavenworth
Arts & Crafts Studio
September 2026

September 1
Pottery: Throwing Basics Part 1
Time: 6pm-8:30pm
Cost: \$45

September 3
Pottery: Hand Building Mugs
Time: 9am-11am
Cost: \$35

September 11
Intro to Framing
Time: 10am-2pm
Cost: \$40

September 15
Pottery: Throwing Basics Part 1
Time: 11am-1:30pm
Cost: \$45

September 17
Watercolor-Basics
Time: 1pm-3pm
Cost: \$30

September 18
Paint & Sip Fairy House
Must be 21 years old
Time: 6pm-8pm
Cost: \$35

September 22
Pottery: Hand Building Pumpkin/Leaf Plate
Time: 9am-11am
Cost: \$50

September 24
Watercolor-Theory
Time: 1pm-3pm
Cost: \$30

September 24
Pottery: Throwing Basics Part 2
Time: 6pm-8:30pm
Cost: \$45

September 26
Intro to Framing
Time: 10am-2pm
Cost: \$40

September 26
Adult Craft: Crystal Suncatcher
Time: 10:30am-12pm
Cost: \$25

September 29
Pottery: Throwing Basics Part 2
Time: 11am-1:30pm
Cost: \$45

Pre-Registration Is Required For ALL Classes

YOUR CLASS, YOUR SCHEDULE

You pick the day and time, and we teach the class!
Email us your desired class and interested dates and times.

Open Hours

Tuesday & Thursday 9am-7pm
Wednesday & Friday 9am-4pm
4th Saturdays 9am-2pm

Website

leavenworth.armymwr.com

Email

ArtsAndCraftsFortLeavenworth@gmail.com

Location

310 McPherson Ave
(The Old USB)D
Fort Leavenworth, KS
66027

Phone

(913) 684-3373



The Fort Leavenworth
Frame Studio



Come see us!
Arts & Crafts Studio
310 McPherson Ave
(913) 684-3373

Intro to Framing:

(\$40 a class must pre-register)

Every 2nd Friday of the month from 10am - 2pm

Every 4th Saturday of the month from 10am - 2pm

Deadline to register is the day before class. Ages 18+

The Frame Studio is available for all of your framing needs!

Military Prints
Art Projects
Photography Prints
Graduation Certificates
Etchings/Engravings
Restoration

SKIES
Instructional Classes
Music Recital
November 13th
Pioneer Chapel
500 Pope Ave/ Fort Leavenworth
Performance begins at 5:30 pm
Come out and support the students from the SKIES Music Classes as they showcase their talents in Piano and Strings.
Family, friends, and music lovers are welcome to attend this FREE performance!
For more information: 913-684-3207

ART & ILLUSTRATION
Do you have an inspiring artist / insatiable doodler at home?
Need an outlet for all of that creative energy?
SKIES Art & Illustration classes focus on improving drawing techniques, developing original characters and helping to curate individual style.
Each class session will build on a project such as a mini comic book, realistic self-portrait, animal drawings, shoebox theaters or flip books.
Tuesdays at Patch Community Center 320 Pope Ave Fort Leavenworth, KS
Ages 6 - 9 4:15 - 5:15
Ages 10 - 17, 99 5:30 - 6:30
\$12 a lesson, at least three lessons per monthly project. Stand-alone classes are also available. Bring your favorite pencil! The rest of the supplies will be provided. Must be currently registered with CVS to enroll. For more information call 913-684-3207

Kids full of energy? Looking for an outlet outside of your living room? Save your furniture and sign them up for these SKIES Brand New classes!
Go ahead and let them.....
RUN, JUMP, BOUNCE!
Tuesdays @ the Patch Community Center Gym 320 Pope Ave Fort Leavenworth, KS
9am - 9:45am \$13 per 45 min session Just for Littles 1 - 3 yrs with Parent
10am - 11am \$15 per 60 min session Just Family Fun Mixed ages 2+ with Parent
11:15am - 12:15pm \$15 per 60 min session Just Fun 6+
Call 913-684-3207 or text 913-704-7595 for more info

Fort Leavenworth
Arts & Crafts Studio
October 2026

October 1
Pottery: Hand Build Pumpkin/Leaf Platter
Time: 6pm-8pm
Cost: \$50

October 6
Pottery: Throwing Basics Part 1
Time: 9am-11:30am
Cost: \$45

October 6
Pottery: Hand Build Pumpkins
Time: 1pm-3pm
Cost: \$35

October 8
Watercolor: Autumn Wreaths
Time: 1pm-3pm
Cost: \$30

October 9
Intro to Framing
Time: 10am-2pm
Cost: \$40

October 9
Paint & Sip: Spooky Tree
Must be 21 years old
Time: 6pm-8pm
Cost: \$35

October 13
Calligraphy: Basics
Time: 1pm-2:30pm
Cost: \$20

October 15
Watercolor: Landscapes 1
Time: 1pm-3pm
Cost: \$30

October 15
Pottery: Throwing Basics Part 1
Time: 6pm-8:30pm
Cost: \$45

October 16
Kids Pottery: Pumpkins
Time: 2:30-4pm
Cost: \$20

October 24
Intro to Framing
Time: 10am-2pm
Cost: \$40

October 27
Pottery: Throwing Basics Part 2
Time: 9am-11:30am
Cost: \$45

October 27
Calligraphy: Intermediate
Time: 1pm-2:30pm
Cost: \$20

October 29
Watercolor: Landscapes 2
Time: 1pm-3pm
Cost: \$30

October 29
Pottery: Throwing Basics Part 2
Time: 6pm-8:30pm
Cost: \$45

Pre-Registration Is Required For ALL Classes

YOUR CLASS, YOUR SCHEDULE

You pick the day and time, and we teach the class!
Email us your desired class and interested dates and times.

Open Hours

Tuesday & Thursday 9am-7pm
Wednesday & Friday 9am-4pm
4th Saturdays 9am-2pm

Website

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Email

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Location

310 McPherson Ave
(The Old USB)D
Fort Leavenworth, KS
66027

Phone

(913) 684-3373



OPEN STUDIOS

-Ask About Hourly Rates-

Pottery Studio

We have all the supplies you need for hand-building and wheel throwing. We also offer a variety of customizable bisque pieces ready for you to glaze!

Painting Studio

Provided watercolor and acrylic supplies to create your own masterpiece.

Multi-Craft Studio

Great for the whole family with supplies for any craft, personalized gift, or project you have in mind!

Framing Studio

Assemble your own frames in our DIY Studio! Participants must take the Intro to Framing class before using the DIY Studio.

OFFERINGS

-At The Studio-

- Custom & DIY Framing
- Diplomas/Promotion Certs
- Military Prints & Fine Art
- Restoration & Repairs
- Retirement Gifts
- Laser & Rotary Engravings
- Sublimation & DTF Transfers
- Pottery & Ceramics
- Watercolor & Acrylic Classes
- Resiliency Through Art
- Private Events/Parties



OPEN STUDIOS

-Ask About Hourly Rates-

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We have all the supplies you need for hand-building and wheel throwing. We also offer a variety of customizable bisque pieces ready for you to glaze!

Painting Studio

Provided watercolor and acrylic supplies to create your own masterpiece.

Multi-Craft Studio

Great for the whole family with supplies for any craft, personalized gift, or project you have in mind!

Framing Studio

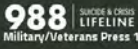
Assemble your own frames in our DIY Studio! Participants must take the Intro to Framing class before using the DIY Studio.

OFFERINGS

-At The Studio-

- Custom & DIY Framing
- Diplomas/Promotion Certs
- Military Prints & Fine Art
- Restoration & Repairs
- Retirement Gifts
- Laser & Rotary Engravings
- Sublimation & DTF Transfers
- Pottery & Ceramics
- Watercolor & Acrylic Classes
- Resiliency Through Art
- Private Events/Parties

STRONGER TOGETHER.
Connect to Protect.



STRONGHOLD AT THE TABLE

Thu, Nov 12 | Stronghold Food Pantry

Stronghold at the Table is our annual Thanksgiving program, created to ensure military families across the nation can gather around a table filled with not just food, but dignity, warmth, and care.

Registration opens Oct 01, 2026, 8:00 AM

Starting August 24th, 2026

Fort Leavenworth
Group Fitness Classes

GRUBER FITNESS CENTER - 200 Reynolds Ave. - 684-5120
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530	Body Pump (Corey)		Spin (Karyn)		Body Pump (Corey)	
0600		Slow Flow (Leslie)		Slow Flow (Leslie)		
0900			Body Pump (Tara)		Body Pump (Tara)	Body Pump (Corey)
1000	Foundations Pilates (Hannah)			Full Body Pilates (Hannah)		
1300	Body Pump (Tara)					
1630		Body Pump (Corey)	Power Cycling (Kim)	Gentle Yoga (Brandie)		
1700	Power Yoga (Kim)					

HARNEY SPORTS COMPLEX 185 Fourth St. - 684-2190
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

*Power Cut classes are held in the Bubble Gym



Single Ticket For \$5.00
10 Tickets For \$45.00
20 Tickets For \$80.00



<https://leavenworth.armymwr.com>

SPIN!

GRUBER FITNESS CENTER
200 REYNOLDS AVE
FORT LEAVENWORTH, KS

Wednesdays at 5:30am
@Gruber Fitness Center

We're back! Join us every Wednesday morning for an amazing high energy low impact cardio workout set to awesome music!

Beginner to Advanced levels welcome!

Open to all DOD ID card holders 18 years and older.
Call for more info: 913-684-3224/5136

Karyn Smith has been Spin certified since 2008 and is the recipient of a 5yr MWR service award.

FOUNDATIONS PILATES - MONDAY 10:00
FULL BODY PILATES - THURSDAY 10:00
AT GRUBER FITNESS CENTRE

Mat Pilates

WITH HANNAH

IMPROVE POSTURE BUILD CORE STRENGTH IMPROVE FLEXIBILITY

FOR ALL FITNESS LEVELS

Fall Fitness Sampler

October 24 • 8:30AM - 1PM
Gruber Fitness Center • 200 Reynolds Ave.

Get ready to fall into fitness!

At this event, our Group Fitness Instructors will offer 15 minute demonstrations of their classes for patrons to try out. Tryout as many classes as you would like.

Anyone who completes all classes will be eligible for a prize!

Registration is NOT required, just show up

FREE event!

For more info: (913) 684-5120

Time	CLASS	Instructor
8:30- 8:45 AM	SPIN	Karyn
Tear down and Set-up		
8:55-9:10 AM	FOUNDATIONS PILATES	Hannah
Tear down and Set-up		
9:25- 9:40 AM	BODY PUMP	Tara
Tear down and Set-up		
9:55-10:10AM	SLOW FLOW	Leslie
Tear down and Set-up		
10:25- 10:40 AM	YOGA/POWER CUT/CYCLING	Kim
Tear down and Set-up		
10:55-11:10 AM	FULL BODY PILATES	Hannah
Tear down and Set-up		
11:25-11:40 AM	TOTAL BODY HIIT	TJ
Tear down and Set-up		
11:55-12:10 PM	PRE and POST-NATAL PILATES	Hannah

Get up and get active with Youth Sports & Fitness

HOME SCHOOL SPORTS & FITNESS!

Every Monday starting Oct. 5!
@ Harrold Youth Center
45 Biddle Blvd
Fort Leavenworth, KS

\$20 per monthly session
Ages 5 yrs - 10yrs: 9:30 am - 10:30 am
Ages 11 yrs - 18yrs: 10:30 am - 11:30 am

Must be registered through CYS Parent Central to enroll. Enrollment can be done at all CYS locations or on Webtrac once registration is active. For more information call 913-684-7525 or 7526

2026 ADULT SPORTS Doubles Pickleball League

LET'S PLAY!

Player's Meeting
Wednesday Oct 21
5:30pm @ Gruber Fitness Center
Registration due by COB Wednesday Oct 28

League play starts
Wednesday Nov 4 - TBD
League awards are given for regular season champions, tournament runner-ups, and tournament champions.

Harney Sports Complex
New to Pickleball?
That's okay! This fast growing sport is described as a hybrid of tennis, badminton, and ping pong. It's played on a badminton sized court with a net, hard paddles and perforated plastic balls. There may be less running than tennis, but don't let that fool you! Players can burn serious calories during just 30 minutes of play!

Open to Active Duty, DOD Civilians, Retirees, Dependents, and Contractors working on Fort Leavenworth that are 18+
Call 913-684-3224/ 5136 for more information

Games
Mondays & Wednesday 5:30pm, 6:30pm, 7:30pm
Harney Sports Complex

leavenworth.armymwr.com

Brunner Range ASTRO CLAYS

Looking for a new and unique range experience?
Introducing Astro Clays! Shoot under the stars!
Special UV black lights turn the clays into glowing targets that are fun for every skill level!

• Jan 17 at 1800
• Feb 28 at 1830
• Mar 21 at 2000
• Apr 11 at 2000
• Sep 26 at 2000
• Oct 10 at 1800
• Nov 21 at 1800
• Dec 19 at 1800

\$25 for 50 clays

Brunner Range
701 Sheridan Dr
Ft. Leavenworth, KS
Call for more info: 913-651-8132
leavenworth.armymwr.com

Trails West Golf Course 2026 Post Championship

Sep 27 2026, 8 am

Cosmic Bowling

Sep 26 2026, 7 pm - 9 pm

Fall Youth Sports & Fitness

Confidence begins here!
Ready to meet your Team?

Flag Football	Soccer	Cheerleading	Fall Running Club
(1st - 2nd grades) (Ages 7 - 8) Tuesday/ Thursday Sept 15 - Oct 29	6 & Under (Ages 5 - 6) 8 & Under (Ages 7 - 8) 10 & Under (Ages 9 - 10) Sept 14 & 15 - Oct 28 & 29	(Ages 5 - 12) Monday/ Wednesday Sept 14 - Oct 28 Participants will cheer for all 3rd/4th & 5th/6th grade Teams. *Pom-poms, shirt, and skirt are included in the cost.	(3rd - 8th grades) (Ages 8 - 14) Tuesday/ Thursday Sept 15 - Oct 24 Season ends with the Halloween 5K.
\$50	\$50	\$55	\$50

Start Smart Flag Football (Ages 3 - 4) \$30
Sept 21 - Oct 26 (Monday)
Start Smart Soccer (Ages 3 - 4) \$30
Sept 22 - Oct 20 (Tuesday)
Sept 24 - Oct 22 (Thursday)

Registration and enrollment will begin July 6 and close Oct 10.
All Youth must have an updated sports physical before first practice. Enrollment can be done at all CYS locations if centrally registered.
Webtrac online enrollments can only be done with a Youth Sports Physical that covers the entire season.
Volunteer Coaches are needed!
For more information call 913-684-7525 or 7526

SHARE THE NUMBER

CALL OR TEXT

988
SUICIDE & CRISIS LIFELINE

SPREAD THE WORD

CHAT

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988LIFELINE.ORG

There is hope.

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SUICIDE & CRISIS LIFELINE



FORT LEAVENWORTH
SUNDAY CHAPEL SERVICE & MINISTRIES

VBS, 4-6 August!
Sign up at Frontier Chapel

0830	CROSSROADS PROTESTANT TRADITIONAL BIBLICAL SERMON SERIES, HYMNS, CHOIR, CGSC MINISTRY, CHILDREN'S CHURCH, SUNDAY CLASSES FOR ALL AGES AFTER CHAPEL	PIONEER CHAPEL 500 POPE AVE
0900	CATHOLIC RELIGIOUS PROGRAM & MASS RELIGIOUS EDUCATION, CONFESSION, ADORATION, DAILY MASS (AUG-MAY) @ PIONEER CHAPEL (TUES-FRI, 1200), CWOC, KofC	FRONTIER CHAPEL 625 THOMAS AVE
0930	MEMORIAL HISTORIC FAMILY WORSHIP WITH HISTORIC CHRISTIAN LITURGY "TO KNOW HIM, AND MAKE HIM KNOWN"	MEMORIAL CHAPEL 626 SCOTT AVE
1000	MULTICULTURAL GOSPEL VIBRANT WORSHIP, BIBLE STUDIES, DANCE, YOUTH, CHILDREN'S CHURCH MISSIONALLY INVESTED	PIONEER CHAPEL 500 POPE AVE
1100	CROSSROADS PROTESTANT CONTEMPORARY BIBLICAL SERMON SERIES, MUSIC MINISTRY, COMMUNITY INVESTED, CHILDREN'S CHURCH, SUNDAY CLASSES FOR ALL AGES BEFORE CHAPEL	FRONTIER CHAPEL 625 THOMAS AVE
VARIOUS	JEWISH MEETS FOR SABBATH WORSHIP, LUNCH-AND-LEARN CLASSES, AND SIGNIFICANT HOLY DAYS	MEMORIAL CHAPEL 625 THOMAS AVE

Fort Leavenworth Chapel's vibrant ministries: PWOC, CWOC, Men of the Chapel, High School/Junior High Student Ministry, CRU Barracks Dinner and Study, Navigators, Officer Christian Fellowship (OCF) Home Groups, Holy Smokes, Discipleship Breakfast!

HELP AVAILABLE TO LOCATE YOUR RELIGIOUS PREFERENCE
CONTACT OUR MAIN OFFICE AT FRONTIER CHAPEL: 913-684-2210
FAMILY LIFE COUNSELING CHAPLAIN: 913-680-7336 @ PIONEER CHAPEL OFFICE
EMERGENCY ON-CALL DUTY CHAPLAIN: 913-683-2158



FORT LEAVENWORTH
PWOC
PROTESTANT WOMEN OF THE CHAPEL

Register Online for the 2026-2027 year



stay tuned
Fall Bible Studies
coming soon!



CROSSROADS WEEKLY MINISTRIES
Bring In, Build Up, Send Out
As of: 15 July 2026



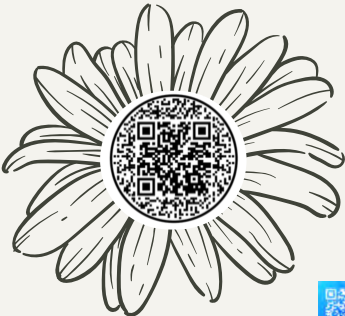
SUNDAY *Childcare (6 wks - 3 yrs old) avail from 0815-1230 in Frontier Chapel*		
0830-0930	CROSSROADS PROTESTANT TRADITIONAL SERVICE BIBLICAL SERMON SERIES, HYMNS, CHOIR, CHILDREN'S CHURCH (Pre-K-5th)	PIONEER CHAPEL FRONTIER CLASSROOMS
0945-1045	SUNDAY SCHOOLS CHILDREN: Pre-K-K, 1st-2nd, 3rd-4th, 5th-6th, 7th-8th, HS ADULT: MULTIPLE VOLUNTEER LED BIBLE STUDIES	PIONEER CLASSROOMS FRONTIER CLASSROOMS
1100-1200	CROSSROADS PROTESTANT CONTEMPORARY SERVICE BIBLICAL SERMON SERIES, PRAISE BAND, CHILDREN'S CHURCH (Pre-K-5th)	FRONTIER CHAPEL
1215-1345	CROSSROADS *MONTHLY* FELLOWSHIP MEAL FELLOWSHIP MEAL AFTER COMMUNION SUNDAYS	FRONTIER FELLOWSHIP HALL
MONDAY		
1800-1930	CAMPUS LIFE MILITARY (YOUTH GROUP) TEENAGE (6th - 12th Grades) BIBLE STUDY AND FELLOWSHIP	HARROLD YOUTH CENTER
TUESDAY		
0600-0730	OCF DISCIPLESHIP TRAINING BREAKFAST DISCIPLESHIP IN THE PROFESSION OF ARMS, BREAKFAST	PIONEER FELLOWSHIP HALL
0830-1100	PROTESTANT WOMEN OF THE CHAPEL COORDINATION AND FELLOWSHIP	FRONTIER FELLOWSHIP HALL
1800-1900	PROTESTANT WOMEN OF THE CHAPEL BIBLE STUDY	FRONTIER FELLOWSHIP HALL
WEDNESDAY		
0900-1130	PRECEPT BIBLE STUDY BIBLE STUDY AND FELLOWSHIP	FRONTIER FELLOWSHIP HALL
1730-1900	FAMILY NIGHT AND FELLOWSHIP (START: 2 SEP) DINNER, FAMILY DEVOTIONAL, BREAKOUT GROUP STUDIES	FRONTIER FELLOWSHIP HALL
THURSDAY		
0600-0730	MEN OF THE CHAPEL FELLOWSHIP AND STUDY	FRONTIER FELLOWSHIP HALL
VARIOUS DAYS & TIMES	WEEKLY NEIGHBORHOOD BIBLE STUDIES VOLUNTEER LED BIBLE STUDIES AT HOMES	VARIOUS ON AND OFF-POST HOMES



CATHOLIC WOMEN OF THE CHAPEL

Kickoff 27 August, 2026

JOIN US FOR THE
2026-2027 SEASON!!



General Meetings:
Thursdays, 0845-1045
Pioneer Chapel Fellowship Hall
cwocfortleavenworth@gmail.com

Join our GroupMe Chat for updates and events!

Chaplain Family Life Center

100% Confidential & Faith Informed

Pastoral Counseling Services

(Individual, Couple, & Family)

Free for all Service Members, Retirees, DoD/DA Civilians and Dependents

Pastoral counseling provides compassionate support for individuals, couples, and families facing challenges such as anxiety, depression, communication difficulties, conflict, parenting concerns, and spiritual struggles—providing faith-informed guidance to strengthen relationships and promote healthy growth in every season of life.



To book an appointment scan here:





Located at the back of Pioneer Chapel
500 Pope Ave., Bldg. 56
Fort Leavenworth, KS 66027
Government Cell: (913) 680-7336
joshua.m.portwood.mil@army.mil
<https://cal.com/chaplainportwood>

YOU'RE INVITED

Hope for the Heartland

and Beyond

LEAVENWORTH, KANSAS

10.29.2026



An Experience Presented By
YOUTH FOR MILITARY CHRIST

Looking for Community?

Join Campus Life Military



FB: Ft. Leavenworth Club - Campus Life Military
IG: @campuslifeortleavenworth

Samantha Odle
(605) 569-3820 / sodle@yfc.net



YOUTH FOR MILITARY CHRIST

There are approximately 570,000 military-connected youth around the globe. 3,000 of them are here in The Heartland: Leavenworth, Kansas. They are one of the most overlooked and unseen groups of teenagers in the world.

We want to make them SEEN and HEARD.

Hope for the Heartland and Beyond is a powerful event supporting Youth For Christ Military and our mission to reach military-connected youth with the hope of Christ. This special evening will feature inspiring stories from military BRATs, a meaningful program, and an opportunity to be part of the story God is writing in the lives of these young people.

You are invited to join us to honor their sacrifice for our country as we bring
HOPE FOR THE HEARTLAND AND BEYOND.

There is limited seating at this event, so please register as soon as possible with the QR CODE below to reserve your seat.

Dinner and dessert will be served at no cost.

DATE

TIME

VENUE

ADDRESS

29 October 2026

6:30pm-8:00pm
Doors open at 6:00pm

Riverfront Community Center

123 S Esplanade St.
Leavenworth, KS 66048



yfcilitary.org

Hope for the Heartland
and Beyond

MUNSON NOTES

MUNSON NOTICES

■ It is important that military families new to the Fort Leavenworth community **ESTABLISH A NEW PRIMARY CARE MANAGER** for their health care needs. Munson Army Health Center offers a wide range of primary care providers to choose from for personalized care at a convenient on-post location. Once your new address is established in DEERS, call 1-888-TRIWEST (874-9378) and follow the prompts to establish a primary care manager at MAHC. Learn more about services at munson.tricare.mil.

■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are **ELIGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE**. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC at Munson Army Health Center or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit <https://dvidshub.net/r/8 wttlf>.

■ In the event a **TORNADO WARNING** is issued on Fort Leavenworth, and the order is given to take shelter, Munson Army Health Center staff will evacuate patients and visitors to the basement level for their safety. MAHC, at 550 Pope Ave., as well as the Lewis and Clark Center on Stimson Avenue and the Single Soldier Quarters on Cody Road, are opened to the public as **STORM SHELTERS** during tornado watches. In the event a tornado watch is activated after duty hours, Medical Department Activity personnel will open the health center for those needing shelter and remain open until all watches or warnings are lifted.

■ Munson Army Health Center offers **CAR SEAT SAFETY CHECKS** by appointment to help give you peace of mind every time you hit the road. Our trained staff will walk you through proper installation, answer your questions and ensure your child is riding as safely as possible. Appointments take just 15–20 minutes. Call 913-684-6604 to schedule.

■ The **MUNSON ARMY HEALTH CENTER PATIENT AND FAMILY PARTNERSHIP COUNCIL** meets quarterly at MAHC. The PFPC captures voices and insights of patients and families to improve the patient care experience. The council is composed of volunteers who represent the interests of patients who receive care from MAHC. Volunteers can be active-duty, active-duty family member, retirees or retiree family members. Call 913-684-6211 or e-mail usarmy.leavenworth.medcom-mahc.mbx.patient-advocate@health.mil if interested in participating.

■ The **NUTRITION CARE DIVISION** offers a broad range of nutritional services designed for service members, families, and retirees. Call the appointment line at 913-684-6250 to schedule an appointment with MAHC's registered dietitian.

■ Your health is our priority. Talk to your provider at Munson Army Health Center about the **HPV VACCINE** and the best **CERVICAL CANCER SCREENING** plan for you. Call the appointment line at 913-684-6250.

■ **MEDICAL APPOINTMENT CHECK-IN:** Please arrive 15 minutes prior to your appointment to complete any required paperwork and bring the following items: DoD ID card; list of current medications including over-the-counter meds, vitamins, and supplements; any relevant paperwork or forms; and a list of questions or concerns. If you are not able to make your scheduled appointment, call the appointment line at 913-684-6250 to cancel.

■ Munson Army Health Center Pharmacy offers patients a variety of **OVER-THE-COUNTER MEDICATIONS AT NO COST** to service members, retirees and family members. These items are available without a prescription or medical appointment.

Kudos to MAHC’s Environmental Services professionals



Photo by Munson Army Health Center Public Affairs

Before the first patient arrives — and long after the last appointment ends — Munson Army Health Center’s Environmental Services professionals are working behind the scenes to keep the health center clean, safe and ready to deliver care. Their work is essential to infection prevention, patient safety and every healthcare service provided within the facility. Thank you to these dedicated professionals for creating an environment where patients can receive care and healthcare teams can accomplish their mission. Clean spaces enable safe care, and safe care supports readiness. Thank you for all you do!

Munson Army Health Center

Retiree Appreciation Day

Health Fair

✔ TRICARE Brief

✔ Seasonal Influenza Vaccines for eligible beneficiaries

✔ Health Screenings

Calendar icon

Saturday, Sept. 26, 2026

Clock icon

8:00 am - 1:00 pm

Location pin icon

100 Stimson Ave., Ft Leavenworth

www.munson.tricare.mil

POLICY UPDATE

OUTSIDE LABS

Effective Oct. 1, 2026, the Department of Pathology and Laboratory Services will no longer accept orders (written, printed or electronic) from outside providers. Laboratory tests, when ordered by an outside provider as part of a TRICARE referral, are included and embedded with the referral to ensure the order receives proper result routing, coding, billing and follow up. When outside orders are performed at Munson Army Health Center, the provider might not access the results quickly as they do not have access to MHS GENESIS. This results in a delay of care. An additional safety concern is that any critical values (defined as a result that needs immediate medical attention) cannot be appropriately acted upon due to the lack of connection between the outside provider and MHS GENESIS. Due to these concerns, the Laboratory at MAHC is no longer processing outside orders. Patients who see a doctor outside of a military treatment facility will need to have lab work done at their recommended facility. Major health systems typically use their own internal labs. Independent doctor’s offices usually send patients to commercial labs, so it is important to ask your specialty provider which lab they use.

MEDICAL EMERGENCY

CALL 911

Munson Army Health Center Does Not Have An Emergency Room

WE ASK SO WE CAN care for you.

The information you provide when scheduling helps our care teams prepare and ensure you receive the right care at the right time.

Thank you for helping us help you.