

# LAMP

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THURSDAY  
FEBRUARY 15, 2024



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## Smooch a Pooch



ABOVE: Patton Junior High School eighth-graders Emilia Dozier and Ellie Davis pose for a photo with service dog Buster at the Consent Kissing Booth at the Ready and Resilience Rodeo Feb. 14 at the Post Exchange. Representatives from SHARP, ACS, FMWR, ASAP and other organizations and schools provided information about mental health, family advocacy, services offered and more at the event.

RIGHT: Buster, service dog of Amanda Cherry, editor and victim advocate at Army University, offers a kiss to 5-year-old Josephine Ouellette Feb. 14 at the Post Exchange.

Photos by Prudence Siebert/Lamp



## Couples learn about love languages



Photo by Prudence Siebert/Fort Leavenworth Lamp

Charise Risper, Exceptional Family Member Program manager, and her boyfriend Devin DuBose, contractor with American Water, discuss their choices as they fill out a love language quiz, while Family Advocacy Program Manager Jayme Robinson and program presenter Garrison Family Life Chaplain (Maj.) Daniel Herring, right, get refreshments during the Five Love Languages Valentine's Event Feb. 13 at the Resiliency Center. Herring discussed the "The Five Love Languages" by author Gary Chapman with the couples and talked about how knowing more about the languages — words of affirmation, quality time, receiving gifts, acts of service and physical touch — can be applied to be better partners and parents.

## February retirees



Ten officers and two senior noncommissioned officers will be recognized for their service to the nation during the post retirement ceremony at 9 a.m. Feb. 22 at the Frontier Conference Center.

Retiring are: Col. Jack Shields III, Mission Command Training Program; Lt. Col. Matthew Marfongelli, Army University; Lt. Col. Jason A Weigle, Army University; Lt. Col. Byron Wilson, Combined Arms Center; Maj. David Brown, MCTP; Maj. Justinn Doby, CAC; Maj. William Dorsey, MCTP; Maj. John Enderle, MCTP; Maj. Christopher Hart, MCTP; Maj. Timothy Shepherd, MCTP; Master Sgt. Jacob Heinz, MCTP; and Staff Sgt. Edwin Moreno, Army Corrections Brigade.

## AT A GLANCE

■ The next EMPOWERING FAMILIES LUNCH AND LEARN WORKSHOP SERIES CLASS "STEP AHEAD AT AGE 3" is at noon Feb. 15 via Microsoft Teams. Call 913-684-2838/2871 to register or for more information.

■ The HARROLD YOUTH CENTER DANCE is 7-9 p.m. Feb. 16 for youth in grades 6-12 who are registered with Child and Youth Services. Call 913-684-5118 to sign up and pay by 5 p.m. Feb. 15.

■ The "NAVIGATING THE TEEN YEARS" WORKSHOP is 1-2:30 p.m. Feb. 20 in room 145 at the Resiliency Center, 600 Thomas Ave. Teen mental health, substance abuse, raising teens in a digital age,

understanding social media and teen sexualized behaviors will be among the discussion topics. Call 913-684-2822/2808 to register by Feb. 19.

■ The "KEY ISSUES IN SOUTHEAST ASIA: ALLIES, PARTNERS AND CHINA" PANEL DISCUSSION is at 1 p.m. Feb. 23 in Arnold Conference Room at the Lewis and Clark Center. See page B1 for more information.

■ Fort Leavenworth Thrift Store COMMUNITY WELFARE GRANT APPLICATIONS are now available at the cashier's counter at the Thrift Shop from 9:30 a.m. to 2:30 p.m. Tuesdays, Wednesdays and Thursdays and the second Saturday of the month at

1025 Sheridan Drive. Deadline is Feb. 27.

■ The KNOW YOUR WORLD: NIGERIA presentation is at 3:45 p.m. Feb. 28 in Eisenhower Auditorium at the Lewis and Clark Center. See page A2 for related story and more information.

■ Scholarship application forms for the MICHAELS ORGANIZATION EDUCATION FOUNDATION SCHOLARSHIP are available at the Fort Leavenworth Frontier Heritage Communities office. See page B1 for more information. Application deadline is April 15.

# SPONSOR AN INTERNATIONAL MILITARY STUDENT

## Personal, professional enrichment found by volunteering with Fort Leavenworth Sponsor Program

by David M. Bornn/International Military Student Division, Command and General Staff College

The Fort Leavenworth International Military Student Office Field Studies Program is currently recruiting military (O4 and above) and civilians (GS9/WG6/NAF4 and above) to become local American ambassadors to the international military students invited to the United States to attend the world-renowned Command and General Staff College.

Your personal experience, love of culture and passion for friendship are what make you a highly qualified and capable candidate to become a Fort Leavenworth sponsor. Your service as an international military student's sponsor will be vital to the Department of State and Department of Defense' Security Cooperation programs here at Fort Leavenworth and will have impacts to our nation's strategic mission for generations to come. This opportunity has benefitted thousands of members of the Fort Leavenworth community, professionally building cultural empathy and understanding, as well as enhancing the families' experience through relationships created with international military students and their families. These relationships prove to be mutually beneficial for many decades after sponsoring and provide sponsors with friends around the world.

There will be 130 international

## COMMENTARY

military students from 104 countries from every combatant command attending the Command and General Staff Officer Course Class of 2025. The Department of Defense and U.S. Army commits to supporting these international military students, and their authorized accompanying family members, through a formal U.S. sponsor program executed by the International Military Student Division Field Studies Program. This robust sponsorship program, unique to Fort Leavenworth, consists of three sets of sponsors for each international military student and is considered the "gold standard" of sponsor programs across the Department of Defense.

The first set of sponsors in this storied program is the "Fort Leavenworth Sponsor," comprised of uniformed military officers major and above, civilians GS9 equivalent and above, government contract personnel and on-post retirees. IMSD directly recruits, trains, and manages the Fort Leavenworth Sponsors as part of the Department of Defense-directed Field Studies Program.

There are two additional sets of sponsors that round out the "sponsor team" so our Fort Leavenworth volunteers in this program will not be alone in this

opportunity. The program is supported by the organizations Operation International — a committee of the Leavenworth-Lansing Area Chamber of Commerce, which provides the local civilian "Leavenworth/Lansing Sponsors" — and the Greater Kansas City Chapter of People to People International, which provides the regional "Kansas City Sponsors."

This opportunity would require volunteers to support the incoming international military students during their first month at Fort Leavenworth when they arrive in mid-June by helping integrate the international military students into the post and the local community with your sponsor team.

Sponsor volunteers would also be a partner with the students, as needed and when possible, throughout the year they are here. Volunteers would ensure that the international military students have a safe and friendly atmosphere socially, as well as be an example of the American way of life while here in the United States. During the one year with the international military student, sponsors will attend one sponsor welcome briefing in May to on-board and provide all with

the most up-to-date information; one sponsor team and international military student integration icebreaker in July, which helps facilitate the meeting with all three sponsor families and the international military student (with family, if present); one special event from the following three (Fall Food Fair international potluck event in October, holiday dinner dance/military formal event in December, or the Spring Food Fair international potluck event in March); and a sponsor recognition event at the end of May. Additional events that sponsors are invited to attend are the opening day flag ceremony in August, the five "Know Your World" cultural engagements presented throughout the school year, and the International Badge Ceremony and CGSOC graduation in June.

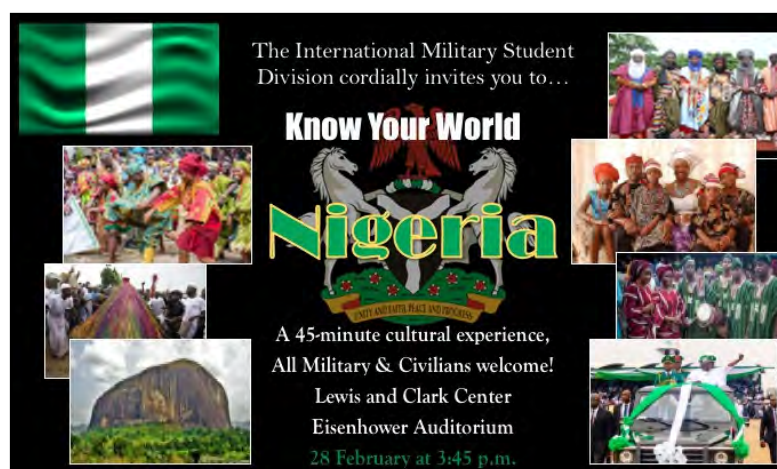
Many sponsors and their families stay connected with their international military student beyond their time here in the

United States. Sponsor families can create lifelong friendships that provide impactful experiences for generations after sponsoring.

Sponsors are also recognized for their service, and many of the sponsors earn emeritus status, with some exceeding 45 years of sponsoring. They all started as a Fort Leavenworth Sponsor while on Active, Army Reserve and National Guard duty and/or as a DA civilian or DoD contractor. You could be the next one!

Please consider being a part of the sponsorship family at Fort Leavenworth this year.

Contact David M. Bornn Jr., IMSD Field Studies Program, at 913-684-7323 or david.m.bornn.civ@army.mil if interested in sponsoring, with any questions about the Fort Leavenworth Sponsor Program, or for more information about country availability and the process to become a future U.S. Sponsor Ambassador at Fort Leavenworth.



The International Military Student Division cordially invites you to...

### Know Your World

## Nigeria

A 45-minute cultural experience,  
All Military & Civilians welcome!  
Lewis and Clark Center  
Eisenhower Auditorium  
28 February at 3:45 p.m.



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## Fort Leavenworth Sponsors Civilians WG6/NAF4/GS-9



### and Permanent Party Military MAJ's and Above

## The International Military Student Division is Welcoming CGSOC -Class AY 24 US Sponsor Families to Volunteer Today



Please Contact  
**Mr. David M. Bornn**  
**(913) 684-7323**

[david.m.bornn.civ@army.mil](mailto:david.m.bornn.civ@army.mil)



## FORT LEAVENWORTH LAMP

PUBLISHED FOR THE COMMUNITY OF FORT LEAVENWORTH, KANSAS

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# Army provides financial resources to soldiers, families

by Jonathan Austin/Army News Service

WASHINGTON — Training and guidance on financial concerns is delivered worldwide in the Army through the Financial Readiness Program, which is designed to educate soldiers and their families in support of mission readiness.

"Financial stress is a highly-individualized experience and can affect every area of your life. Even the best-laid financial plans can go astray," said Robyn Mroszczyk, an accredited financial counselor and the Financial Education Program manager with the Directorate of Prevention, Resilience and Readiness at the Pentagon.

That's why financial readiness training is so important for soldiers and their families, she said.

The Army's Financial Readiness Program is available at every installation. Army Community Service uses the Financial Readiness Program to teach soldiers — through classroom, online and individual sessions — how to save and invest, how to establish savings goals, debt elimination strategies, and how best to save for emergencies. In addition, National Guard and Reserve service members and their family and survivors can access no-cost financial counseling services with a personal financial counselor through the Office of Financial Readiness website at <https://finred.usalearning.gov/pfcMap>, Mroszczyk said.

For information on Fort Leavenworth Financial Readiness Program resources, visit <https://leavenworth.armymwr.com/programs/acs/financial-readiness>.

## The Power of Numbers

Soldiers talk about physical fitness scores. Soldiers are rated by number on how they show proficiency in their individual job. Yet, many soldiers likely do not know that an important number in their military career is their credit score.

"Many people don't actually realize the military has moved to a continuous vetting process in terms of security clearances," Mroszczyk said. "Every single person must be able to attain and maintain a favorable security adjudication. ... That wasn't always the case," she said.

Mroszczyk said financial considerations are the No. 1 reason for security adjudications, and those are pulled from credit reports.

That means neglecting financial obligations can lead to severe consequences in the military, including negative evaluations, hindered promotion prospects, loss of security clearance, rank reduction, administrative actions and more, she said.

"When they come into the Army, they're going to be faced with a lot of different obstacles. One of them will be their age. It's going to be the lifestyle that they lead, and their access to credit. Those are the top three," Mroszczyk said.

That is why financial literacy and financial planning are important for soldiers of all ranks. It's critical for leaders to actively engage in addressing these matters with their soldiers.

"I can't make you handle your finances. I can empower you," Mroszczyk said.

## Teaching Monetary Management

The Army offers preventive classes in personal monetary management and readiness and consumer affairs classes for soldiers and family members. The instruction includes an overview of banking and credit union services, budget development and record keeping, the use and abuse of credit, consumer rights and obligations, buying insurance, how critical life changes affect personal finances, and wide-ranging guidance that addresses everything from how to read a Leave and Earnings Statement to financial planning for family separation.

Training is crucial for developing individual strategies to achieve financial goals and maintain financial well-being. The objectives encompass understanding the potential effects of financial decisions on personal and professional lives, acquiring the necessary resources for prudent consumer decisions, navigating financial transactions and practices, and accessing related services and support, Mroszczyk said.

The Army also provides specific classes and videos that touch on three of the most important issues when it comes to personal finances: budgeting tools for spouses, planning for a permanent change of station, and planning for if or when the soldier is deployed.

## Military Travel

As an Army spouse with 10 PCS moves, Mroszczyk said she understands how transfers can be a challeng-

## Financial Readiness Milestone Training

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- Post-Deployment
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- Divorce
- Vesting in TSP
- Promotion
- First Child
- Continuation Pay
- Disabling sickness/injury/condition

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ing milestone for all military families. She said the key to permanent-change-of-station moves is to remember that each move is different, and the next one won't be anything like the last. What every family should prepare for is to avoid last-minute expenses on a PCS.

Whether a move is months or weeks away, soldiers and families should have an overall financial plan for a move, an emergency fund to fall back on, and should expect the unexpected, like a flat tire or other disruptions.

"Emergencies can happen. You need to have a plan," she said.

Financial planning classes and counseling are conducted for all junior enlisted soldiers, E-4 and below, who are scheduled for their initial PCS move.

Visit <https://www.financialfrontline.org/soldier/pcs/> for more guidance on family moves.

## Soldiers on Deployment

may arise.

Whenever financial concerns can be addressed before they become crises, unnecessary stress and hardship can be prevented, allowing service members to focus on their mission with peace of mind.

Yet and still, I understand that financial readiness is essential for mission readiness. Through programs like the Army Emergency Relief (AER), service members have access to necessary loans or grants in times of need.

Another stressful milestone is preparing for deployment.

"Incomes change, expenses change," she said. "You must be self-aware and be prepared."

Guidance for considering what to do pre-deployment is available at <https://www.financialfrontline.org/soldier/pre-deployment/>.

## Family Resources

Soldiers and their families can receive financial training from Army Community Service or through distributed learning on the Army Family Web Portal at [www.armyfamilywebportal.com/](http://www.armyfamilywebportal.com/).

Financial counseling services are also available for soldiers and family members to help with personal budget development and financial planning, developing a spending plan, managing personal finances, and evaluating assets and liabilities, Mroszczyk said. Spouses are encouraged to attend.

There are also programs

to guide commanders in helping soldiers and their family members with problems of personal financial indebtedness, Mroszczyk said.

These programs help soldiers resolve a financial crisis by analyzing their assets and liabilities and, if appropriate, enrolling them in a debt-liquidation program. Counselors can assist soldiers in developing a repayment plan and in notifying the creditors that the soldier is enrolled in the program.

Soldiers are also pre-screened to determine Family Subsistence Supplemental Assistance Program eligibility.

## More Online Resources

Guidance offered on post and online explains the varied concepts in standard language and not in military jargon, which can help Army families enhance communications and encourage talking about the state of their finances. Visit <https://www.milspouse->

[moneymission.org/](http://moneymission.org/).

The Financial Frontline website provides a variety of financial literacy resources for soldiers, families, leaders and service providers. Visit [financialfrontline.org](http://financialfrontline.org).

Army Emergency Relief, at <https://www.armyemergencyrelief.org/>, is the service's nonprofit organization dedicated to alleviating financial distress in the force. AER provides grants and zero-interest loans to active-duty and retired soldiers and their families.

Soldiers have a responsibility to be financially literate. The Army has resources to support that. The struggle is when people don't use them, Mroszczyk said.

Learn more about financial readiness by contacting Fort Leavenworth Army Community Service Personal Financial Readiness Specialist Philip Reynolds at 913-684-2852/2800 or [philip.m.reynolds8.civ@army.mil](mailto:philip.m.reynolds8.civ@army.mil).

## Philip Reynolds: financial readiness specialist at Fort Leavenworth

As the Financial Readiness Program manager at Fort Leavenworth, I'm dedicated to empowering service members and their families with the essential knowledge and skills to navigate life's financial milestones confidently.

From budgeting to credit management and emergency planning, the Financial Readiness Program provides comprehensive support to ensure soldiers and their families are well-prepared for any financial challenge that

By coming together as a community to support one another, the values of camaraderie and resilience are reinforced, which define our military family.

Contact Philip Reynolds, personal financial readiness specialist at Army Community Service, 600 Thomas Ave. in the Resiliency Center, by calling 913-684-2852/2800 or e-mailing [philip.m.reynolds8.civ@army.mil](mailto:philip.m.reynolds8.civ@army.mil).



Philip Reynolds

# Kem reflects on 49 years of federal service

by Sarah Hauck/Army University Public Affairs Officer

Retirement celebrations are opportunities for reflection and thanks.

Army University's Chief of Academics and Command and General Staff College's Dean of Academics Dr. Jack Kem did reflect on his 25 years with the university, but he also closed his remarks at a ceremony Jan. 23 honoring his 49 years of federal service with a challenge to family, friends and colleagues in attendance.

"We are in the business of peoples' lives. And about this country. And about this Army. I want you to know each one of you makes a difference," Kem said. "I ask you to reflect on what you're doing, why you're doing it, and the significance you're making."

Kem served in his last role since 2021. He joined the CGSC team in June 2000, holding positions as an associate dean, teaching team lead and supervisory professor in the college's Department of Joint, Interagency and Multinational Operations.

The time with students in the classroom is high on the list of top moments in his 49 years of service, Kem said, because of the reciprocal impact on both their lives and his.

Having taught thousands of students over the years, and having assisted more than 200 achieve master's degrees, Kem has received a lot of "kind notes" over the years expressing gratitude for his mentorship. The most impactful notes, Kem explained, aren't always from those who have earned high ranks in the Army.

"I really appreciate the ones that come back...They did not make full colonel. They did not make brigadier general. They may

have retired as a major, but I made a difference in their life. They don't measure success by just being promoted, and to me that's really more successful," he said. "They're successful in life. They're successful in their marriage and successful in being a father or a mother. And I was able to help them look at their priorities a little differently, which got them on a path that I think they're happier."

While his time at CGSC was not spent only in the classroom, his time on the administrative side of the college was just as meaningful and required the same intentional purpose.

As dean, Kem was still able to make an impact, this time on a larger scale and not just for the students.

A memorable moment as dean was helping a team in the creation of the Leavenworth National Security and Education Consortium, which he noted as another significant accomplishment that goes beyond the initiative's establishment.

The LNSEC is a collaboration of seven universities and colleges to strengthen national security education and research across several lines of efforts.

The impact of LNSEC goes beyond education on national security, Kem said.

"It's about what we do for our country, and what (the University of Kansas) does for the country and (Kansas State University) does for the country. I think that's been all so important," he said.

The same sentiment is something Kem often shared with faculty — the role of Army University and CGSC goes beyond the students.

"I really believe what we do here at Fort Leavenworth, at the Command

SEE **KEM RETIRES** | A5



**ABOVE:** Dr. Jack Kem, retired chief of academics, Army University, and dean of academics, Command and General Staff College, stands at the front of the Frontier Chapel and speaks to family and friends during his retirement ceremony Jan. 23, 2024.

Photo by Zac Schulte/Army University Public Affairs Office



**LEFT:** Retired Col. Jack Kem, associate professor in the Department of Joint and Multinational Operations, relates his observations in Iraq for the military perspective of Team A's briefing while teammate Aaron Kirby, University of Kansas anthropology graduate student, and Team B members Army Reserve 1st Lt. Charles Bartles, Foreign Military Studies Office employee, and Bart Dean, University of Kansas anthropology associate professor, listen during the Military-Social Science Roundtable June 21, 2007, in Bell Hall.

Photo by Prudence Siebert/Fort Leavenworth Lamp

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# February is Black History Month

by Staff Sgt. ShaTyra Reed-Cox/Army News Service

February is Black History Month. It is a time to recognize and honor the achievements, contributions and history of African, Caribbean, and Black Americans.

This year's theme, "African Americans and the Arts," highlights the Black American influence in the fields of visual and performing arts, literature, fashion, film, music and other forms of cultural expression.

"The works of African Americans, in many instances, shed light on the challenges faced by the African American/Black community," said Lakreisha L. Johnson, U.S. Army South director of Equal Employment

Opportunity. "Art for the culture, in many ways, served and still serves as a way of preserving history as well as community empowerment."

This month acts as a reflection of the tremendous contributions of Black Americans to our country. It is dedicated to acknowledging the significant impact that Black individuals and communities have had on the nation's history, culture and progress.

Much like the narrative of this country, the U.S. Army story cannot be told without reflecting on the historical achievements made by Black Americans and preserving those memories. They have served and sac-

rificed in every conflict in our nation's history, with more than 248 years of honorable service. They have built a legacy of courage and professionalism by serving with great honor and distinction, inspiring generations to come.

"The stories and works of African Americans like Lt. James R. Europe and the Hell Fighters serves as an inspiration to all Americans," said Gen. Laura Richardson, the commanding general of U.S. Southern Command. "They exhibited the boldness, ingenuity, creativity and courage that defined the spirit of American people."

Today, more than 190,000 Black soldiers are currently serving the nation, which ac-

counts for about 19 percent of the total force. Additionally, 14 percent of the Department of the Army civilian workforce identifies as African American or Black.

Celebrating Black History Month allows for the recognition of the diversity of talent and strength within communities, acknowledging the profound impact that African Americans have made and continue to make in every facet of society.

Throughout February, U.S. Army South will feature stories and spotlights on Black soldiers and civilians, providing a platform to celebrate their achievements, resilience and unwavering commitment to duty. See army.mil for future story postings.

## Kem retires (continued from Page A4)

and General Staff College, is about saving this country and about lives and about our fellow man," he said.

Kem's career of service started as a way to straighten out his life, he said, when he was focused on more of the social side of college.

Convinced by friends who had already joined the Army, he joined in November 1974.

"I told my mother I was going to join the Army. She immediately cried, and cried for a long time," Kem said. "Before she died a few years back, she said, 'You know, that Army thing kind of worked out.'"

"Working out" is a simple way of defining a distinguished military career that began with time as an enlisted bandsman before joining ROTC and ended with retiring at the rank of colonel after 24 years of service in 1998.

Finding success within ROTC was where the military became more than a way to earn a degree and "grow up."

He reflected on his personal definition of service, which would help shape how he moved throughout his career. Service, to Kem, meant serving others.

"I served in military service, armed service and federal service because there are people out there who need all of us to play our part and do the very best we can," he said. "It's about serving this country and our fellow man. It's not just about a retirement check, or good friends, or a good job or going back to school, or all these things we talk about. It's actually a profession, and I had to be a retired colonel before I woke up to that."

Selfless service is one of the four foundational characteristics Brig. Gen. David Foley, provost of Army University, used to describe how Kem made an impact throughout his long career.

Foley explained, a "void" of these impactful behaviors would be left in the Army University and CGSC formation with the retirement of Kem.

"There isn't a time I had with a discussion with him that he wasn't thinking about an individual to mentor, an initiative that needed to be clarified ahead of a conversation we had to have," Foley said. "The selfless nature by which he came into work every day was inspiring to not only me but the generation of leaders who aren't necessarily here today but have felt his leadership and presence."

Other traits included faith, devotion to family, mentorship and courage, that, according to Foley, pushed the institution and Army as a whole forward.

"Not only did these orchestrate the du-



Photo by Prudence Siebert/Fort Leavenworth Lamp

**Command and General Staff College Civilian Educator of the Year Dr. Jack Kem, Department of Joint, Interagency and Multinational Operations, goes over administrative details with his "Introduction to Army Service Component Command /Corps Command and Control of Land Component Command" Command and General Staff Officer Course students Dec. 8, 2016, at the Lewis and Clark Center.**

ties of the dean but (these traits) also orchestrate the duties of how we're going to set the next generation up for success," he said. "No one really knew what was happening behind closed doors to allow innovation, to allow conceptual thought, to allow growth, to allow transformational change, and you had that in Dean Kem."

Continued growth is something Kem hopes to see from Army U and CGSC as he steps into his new role in life.

Improved flexibility and collaboration across the Army Education Enterprise strides Kem said he's started to see and hopes continue.

He also emphasized the desire to see more delineated focus on non-commissioned officer, warrant officer and commissioned officer education.

While Kem will be stepping away from his role as dean, his retirement plans are service driven and will keep him firmly connected to not only Army U and CGSC, but also the Fort Leavenworth area.

As dean emeritus, Kem will have the opportunity to be part of the instruction of students at the university, and he'd like to continue to serve within the consortium.

The top priority for Kem during retirement is being a deliberate piece of his family's life, especially his grandchildren.

Kem's retirement wish list also includes research and development of a self-guided tour of the Lewis and Clark Center, home to Army U and CGSC; researching and writing on the history of Kansas; exploring the area more, to include a visit to the Truman Library; and taking in more Sterling College Women's Basketball.

### Biography

The following is a shortened version of Kem's biography.

Kem held the following positions during his time at Army University/CGSC from 2017-2024: supervisory professor, CGSC, Department of Joint, Interagency and Multinational Operations; teaching team lead, CGSC; adjunct scholar, Modern War Institute; professor, CGSC; associate dean, CGSC; chief academic officer, Army U; dean of academics, CGSC.

He began his military career in 1974, and retired in 1998 as a Military Intelligence officer at the rank of colonel.

His military assignments include battalion S2, G2 plans officer, DTOC support element chief, and battalion executive officer in the 82d Airborne Division; as a brigade S2 in the 3d Infantry Division; as a company commander and Battalion S3 in the 3d Armored Division; and as the battalion commander of the 319th Military Intelli-

gence Battalion, XVIIIth Airborne Corps.

Following his military service, Kem deployed 2009-2011, as a member of the Senior Executive Service to Afghanistan as the deputy to the commander, NATO Training Mission – Afghanistan (NTM-A)/Combined Security Transition Command – Afghanistan (CSTC-A). His responsibilities included providing broad oversight of the program management of the Afghanistan Security Forces Fund (more than \$25 billion for 2009-2011), oversight of the ministerial advising program for the Afghan Ministries of Interior and Defense, serving on the U.S. Embassy's Rule of Law Deputies' Committee, providing oversight of the Afghan National Security Force Literacy Program, and spearheading the human rights integration and gender integration initiatives for the Afghan National Army and Afghan National Police.

Kem has authored five books and more than 35 articles in a wide variety of publications.

His civilian awards and decorations include the Secretary of Defense Meritorious Civilian Service Award, the EUPOL – Afghanistan Gold Medal, the Polish Armed Forces Gold Medal, two Superior Civilian Service Awards and the Commander's Award for Civilian Service.



Photo by Prudence Siebert/Fort Leavenworth Lamp

**Parade Grand Marshal retired Col. Jack Kem, Command and General Staff College dean of academics, waves at Veterans Day Parade spectators Nov. 11, 2023, on Delaware Street in downtown Leavenworth. Kem was driven by Charles Davis, Visitors and Ceremonies officer, Army University, and followed by the U.S. Disciplinary Barracks Battalion (Corrections) Color Guard.**



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# Precautions help prevent critters from being nuisance



File photo by Amy Drummond/Fort Leavenworth Lamp

Most nuisance wildlife can be avoided with a few precautions. Northeast Kansas Wildlife Rescue's website recommends the following to avoid problems with wildlife: "Dispose of garbage properly; keep pet food away from wildlife; cover up all holes in siding, roof vents, and foundations; never feed wild raccoons, opossums or deer (birds are OK); use wire mesh to prevent (animals from) digging dens under steps; keep brush or wood piles away from the house; fence off vegetable gardens; and remove rock piles that may invite snakes."



File photo by Amy Drummond/Fort Leavenworth Lamp

Baby rabbits are often found in the spring in a small fur-lined depression in the ground. The mother most likely did not abandon them; she will return in the evening to feed them. Rabbits do not like to have their nests disturbed. Mowers can kill or maim baby bunnies, so it they must be moved to avoid harm, do so with gloves to prevent covering them in human scent and return them to the nest immediately after mowing, covering them with some of the hair. Northeast Kansas Wildlife Rescue offers tips for dealing with wildlife on the wildlife rehabilitation group's website <http://northeastkswildliferescue.com>.



File photo by Prudence Siebert/Fort Leavenworth Lamp

A few precautions can keep most wildlife, such as the raccoon seen here near the Resiliency Center, from becoming a nuisance.



File photo by Prudence Siebert/Fort Leavenworth Lamp

Sometimes red fox, like the healthy one seen here, are spotted on post looking sickly with patchy hair and are often suffering from mange, which is caused by a parasitic mite. Foxes with mange are sometimes trapped and treated, in cooperation with Operation Wildlife, to improve the health of the post fox population. Community members are asked to not feed wildlife and to leave them and the traps alone.

Staff Report

As the story goes, Henry Leavenworth chose the Kansas side of the Missouri River because of its advantageous position on the bluffs.

A variety of wild animals call Fort Leavenworth home for many of the same reasons. Its lush landscape coupled with its proximity to the Missouri River makes it an attractive destination to reside.

The wild animal population isn't limited to the "wild" areas of post, but makes its way into the residential areas of Fort Leavenworth. Issues can arise when wildlife and humans meet.

Included below are a list of the more common species found on post and how to avoid unpleasant altercations.

## Omnivores

The omnivores of Fort Leavenworth — namely skunks, raccoons and opossums — are resourceful and mischievous. This combination can cause headaches for residents, particularly when steps to discourage their hunt are not taken.

### Skunks

Two species of skunks are found in Kansas — the eastern spotted skunk and the more common striped skunk.

Skunks can cause some problems in urban areas. They damage lawns by digging for grubs, den under patios and buildings, release an unpleasant scent and can carry rabies. In Kansas, skunks are the primary wildlife carrier of rabies.

Keeping skunks away can be accomplished by removing exposed pet food, putting garbage in sealed containers and carrying off woodpiles that may harbor mice and rats.

### Raccoons

Raccoons are a common sight in Kansas, and they prefer wooded areas near streams, rivers or other water sources. Fort Leavenworth's proximity to the Missouri River makes it an attractive spot for raccoons.

They can be particularly destructive in urban environments by raiding garbage cans and may nest in attics and fireplaces. Like skunks, raccoons carry a number of diseases, although only about 5 percent of raccoons in Kansas have been exposed to rabies.

### Opossums

Unlike the other omnivores, opossums rarely cause humans much trouble. While they may sometimes get into basements, sheds or garages, opossums are not aggressive and are easily scared off.

### Bats

Out of about 900 species of bats found in the world, 15 are found in Kansas.

Although they cause little damage to buildings, the presence of bats is commonly unwanted. Their droppings and urine have a strong, persistent odor that can cause histoplasmosis, an airborne disease caused by microscopic soil fungus.

If a live bat should make its way into a building or residence, do not attempt to capture it. If the bat is in a residence, contact Fort Leavenworth Frontier Heritage Communities to remove the bat. In other on-post buildings, notify the building manager so that Entomology can remove the animal. Often, a bat will leave at dusk if a door or window is left open for them to exit.

Attic-dwelling bats can often be coaxed out by placing one or two bright lights in the

area. If possible, watch the outside of the house around dusk to find areas where bats are exiting. After all bats have left, close the openings.

If self-removal is necessary, don't attempt to do so without heavy leather gloves or a net.

## Predators

### Coyotes

Coyotes are the most common predator in Kansas. Two subspecies of coyote are found in Kansas: the plains coyote, found in the western two-thirds of Kansas, and the southeastern coyote, found in the southeast and extreme eastern portions of the state.

Only a small proportion of coyotes are livestock predators; however, steps should be taken to ensure that they do not threaten domesticated animals.

Like skunks and raccoons, coyotes are sometimes attracted by garbage or pet food left outdoors.

Coyotes also have been known to cross with domestic dogs, forming a hybrid known as the "coydog." Keeping pets indoors can help to prevent domesticated animals from having unwanted interaction with a coyote.

### Fox, bobcats, mountain lions

Fox and bobcats are also common on Fort Leavenworth, but tend to avoid human contact more than coyotes. Mountain lions have also been reported in the area, but have not been confirmed on Fort Leavenworth.

## Prevention

FLFHC and the Kansas State Research and Extension Service offer tips to help keep wildlife in the wild:

- Do not feed wild animals, including birds, squirrels and mice. Bird feeders often spill feed on to the ground, which attracts squirrels and other mammals.

- Do not leave pet food or dishes outside the home.

- Close ground floor windows at night. Raccoons have been known to smell pet food inside homes and tear open screens to gain entry.

- Do not place garbage outside until the morning of scheduled trash pickup. Residents are permitted to place garbage on the curb the night before pickup, but it may attract wild animals. Keep food waste in tightly covered garbage cans.

- Use an over-the-counter repellent to discourage squirrels from approaching the home.

- Toss a few mothballs under porches, in storage sheds and in crawl spaces to discourage skunks, raccoons and other animals from moving in.

- Residents of Fort Leavenworth are reminded that wild animals often carry parasites and disease. To protect pets from contact with wild animals, FLFHC requires that dogs and cats be kept indoors, confined within a fence or restrained on a leash.

Residents of Fort Leavenworth Frontier Heritage Communities are not authorized to contract a private pest control company. If a wild animal gains entry into a home and cannot be chased out, contact the FLFHC office at 913-682-6300 during business hours, or 913-651-3838 after hours.

Editor's note: Fort Leavenworth Frontier Heritage Communities and the Kansas State Research and Extension Office in Leavenworth contributed to this article, which has run in previous editions of the *Fort Leavenworth Lamp*.

# Chapels announce Easter season services

Fort Leavenworth Lent and Holy Week services

**Easter Sunrise Service**, 7 a.m. March 31 at Pioneer Chapel  
(Regular chapel schedule March 31)

## Protestant Christian Services

Lenten Lunches, noon to 1 p.m., Feb. 21, Feb. 28, March 6 and March 20 at Frontier Chapel, room 153  
Good Friday service, CrossRoads Protestant

Community, 5 p.m. March 29 at Frontier Chapel

## Multicultural Gospel Service

"Stir Up the Gifts," African attire/potluck Sunday, 10 a.m. Feb. 25 at Pioneer Chapel

## Catholic Services

Stations of the Cross, 5:30-7 p.m., Feb. 16, Feb. 23, March 1, March 15 and March 22 at Pioneer Chapel

Holy Thursday Mass, 6 p.m. March 28 at Pioneer Chapel

Good Friday service, 6 p.m. March 29 at Pioneer Chapel

Easter Vigil Mass, 8 p.m. March 30 at Pioneer Chapel

Easter Mass, 9:30 a.m. March 31 at Frontier Chapel

**SUNDAY, 31 MARCH 2024, 0700**



## EASTER SUNRISE SERVICE

Pioneer Chapel, 500 Pope Avenue

**Uniform: Army Service Uniform/Army Green Service Uniform with Service Cap or Civilian Attire**

Light Reception Follows inside Pioneer Chapel

For Information Call 913.684.2210

POC: Chaplain (MAJ) Chris Weinrich

[christopher.w.weinrich.mil@army.mil](mailto:christopher.w.weinrich.mil@army.mil)



*Equip  
Encourage  
And Anchored*



PWOC SPRING RETREAT 2024

MARCH 22-24TH  
COUNCIL GROVE, KANSAS

SEE SELINA HUGGARD TO GET REGISTERED!

REGISTRATIONS DUE BY MARCH 5TH



**WORTH**  
Harley-Davidson  
**NORTH**

9400 NW Prairie View Rd  
816-420-9000  
[www.worthharley-davidson.com](http://www.worthharley-davidson.com)

# Pet of the Week



Loki is a 3-year-old tabby-and-white cat currently available for adoption at the Fort Leavenworth Stray Facility. He has already been spayed, vaccinated and microchipped, which are included in his \$75 adoption fee.

The Fort Leavenworth Stray Facility, at 510 Organ Ave., is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday, and by appointment for pre-approved adopters. The facility is also open the second Saturday of each month (March 9) from 9 a.m. to noon.

See [www.FLSF.petfinder.com](http://www.FLSF.petfinder.com) or call 913-684-4939 for more information, or e-mail [fortleavenworthstrayfacility@gmail.com](mailto:fortleavenworthstrayfacility@gmail.com) for an adoption application.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed. To apply to volunteer with the Fort Leavenworth Stray Facility, enter ZIP code 66027, then search for "stray animal facility" at <https://vmis.armyfamilywebportal.com/>.



Photos by Prudence Siebert/Fort Leavenworth Lamp

## Help Shelter Pets!

They need your help for walks and general care!

They enjoy the love, attention, and affections, too!

Several shifts to choose from

Want to know how to join our team?

Register at <https://vmis.armyfamilywebportal.com/>.

Once registered, we will contact you and have you come in for a training with a team member.

After you train, you shadow two shifts. Then you are ready to help shelter pets!

Watch the Fort Leavenworth Stray Facility Facebook page for training events!

Once you register, train, and shadow, you can sign up for any shift you can cover.

Children under 18 can help, but they must be accompanied by an adult the entire shift.

Work with either our cats or dogs or both!



## Thank you FOR YOUR SUPPORT

Happiest of Holidays!

On behalf of Fort Leavenworth Morale, Welfare and Recreation, the Soldiers and their Families, Retirees, and Civilian Employees here on Fort Leavenworth, I would like to thank you for supporting us through Commercial Sponsorship this past year. Without your sponsorship and support many of the programs and events MWR hosts would not be able to be sustained. For example our Oktoberfest and July 4th events, the reopening of the Arts and Crafts Studio on Fort Leavenworth and so much more. While I know many of you do not get to experience the events and the joy that you bring to our Post, I can assure you it is amazing!

As we head towards the New Year, with new challenges, and new opportunities, I know we will continue to bring great programs to Post because of you. If you are looking for some additional advertising opportunities, let me know so I can fill you in on MWR acquiring the Lamp Newspaper here on Post. Otherwise I look forward to working with you again in the coming year and many years to follow. Here's hoping you and your loved ones have a Happy and Healthy Holiday Season.

Thank You Again!  
Mary Manago



## THE FORT LEAVENWORTH LAMP

### OUR STORY CONTINUES; TO PRESERVE HISTORY AND CONTINUE THE LEGACY!

Military history is something that we learn from. It involves our Founding Fathers and those that made sacrifices for our freedom. Fort Leavenworth history is a significant part of our Military history. We are the oldest continually operating Army post west of the Mississippi River. Founded in 1827, originally to protect the western frontier. By the 1840's movement had begun to California and Oregon and thousands of wagons would come through.

While small in size, the impact and significance of Fort Leavenworth rivals any large Military Installation in the World. As the years have passed post has transformed and adapted and remains relevant and renowned for the missions it serves. Currently known as the "Think Tank" for the Military, The Command and General Staff College (CGSC) trains all of the future leaders of the Army. Additionally, we house the United States Disciplinary Barracks (USDB) and the Soldiers, Military Police, that run that facility.

When it was announced that the civilian publishing company was discontinuing the Lamp, our Leadership wanted another plan. The Lamp began in the 1940's as the Fort Leavenworth Times and the Recruiting Center News. In April of 1971 the name was switched to The Lamp. We needed a way to continue the history. So here we are! Fort Leavenworth Morale, Welfare and Recreation (MWR) in conjunction with the Fort Leavenworth Garrison Public Affairs Office (PAO) have joined forces to keep The Lamp going. Now we need you!

MWR is the only part of the Department of the Army that is not fully funded by the Army. We have programs and events we provide for post which we have to get outside funding for. That is where MWR Marketing and Commercial Sponsorship comes in. In order to keep The Lamp going and make it The Best Hometown Newspaper in the Army, we are offering advertising and sponsorship opportunities. All of the advertising money that comes in via The Lamp comes back to Fort Leavenworth MWR to sustain The Lamp and our other MWR activities. Below is a list of our pricing. Want more? We are also looking for Lamp Heroes to Sponsor the publication monthly, quarterly and annually.

| FORT LEAVENWORTH LAMP ADVERTISING  | LAMP HEROES OPPORTUNITIES LIMITED OPPORTUNITIES   |
|--|---|
| BUSINESS CARD AD (558 X 315)<br>\$75/ ONE PUBLICATION<br>\$225/FOUR PUBLICATIONS | LAMP HERO ANNUAL SPONSOR—\$12,000<br>SPONSOR QUARTERLY OR 6 MONTHS—\$5,000<br>SPONSOR ONE MONTH—\$500 |
| 1/2 PAGE AD (558 X 760)<br>\$150/ONE PUBLICATION<br>\$450/FOUR PUBLICATIONS      | LOGO AND RECOGNITION ON TOP OF MAIN PAGE AD INCLUDED IN EACH PUBLICATION                              |

INTERESTED - CALL 913-684-1702 OR 913-684-1658 EMAIL MARY.F.MANAGO.NAF@ARMY.MIL

### UNITED STATES ARMY COMBINED ARMS CENTER AND FORT LEAVENWORTH SHARP TEAM

For Assistance contact the Interim Lead SARC or the SHARP Program Manager

Vacant Lead SARC  
Bldg 197, 632 McClellan Ave

Mrs. Cassandra Rozler  
SHARP Program Manager  
casandra.d.rozler.civ@army.mil  
Office: 913.684.2842  
Cell: 913.704.5623  
Bldg 197, 632 McClellan Ave

SFC Jerri Osborne  
Ft Leavenworth Garrison VA  
jrrl.lombroso.mil@army.mil  
Office: 913.684.1608  
Cell: 913.565.0741  
Bldg 71, Room 1209,  
290 Grant Ave

LTC Craig Arnold  
Interim Lead SARC  
MCPY/LAC-T SARC  
craig.d.arnold.mil@army.mil  
Office: 913.684.2818  
Cell: 913.704.9004  
Bldg 197, 632 McClellan Ave

SFC Jacob Roach  
Army Corrections BDE SARC  
jacob.roach.mil@army.mil  
Office: 913.684.0956  
Cell: 913.547.5075  
835 Sabala Rd

Mrs. Karl Erzen  
MAHC SARC  
karl.c.erzen.civ@health.mil  
Office: 913.684.6634  
Cell: 913.271.8760  
550 Pope Ave

Ft Leavenworth SHARP Resource Center  
Building 197, 632 McClellan Ave  
Fort Leavenworth, KS 66027

For Assistance contact the Interim Lead SARC or call 24/7 Hotline

Vacant  
MCPY VA  
Bldg 5K, 634 Custer Rd

Mr. Josh Belle  
Army Corrections BDE VA  
joshua.p.belle.civ@army.mil  
Office: 913.684.0956  
Cell: 913.680.5699  
835 Sabala Rd

SSG Justine Torregosa  
MAHC VA  
justine.torregosa.mil@health.mil  
Office: 913.684.6634  
Cell: 913.306.7835  
550 Pope Ave

**Fort Leavenworth 24/7 SHARP Hotline**  
913-683-1443

**DoD Safe Help Line**  
877-955-5247

Sexual Harassment Complaint Reporting Option  
Formal | Informal | Anonymous

Sexual Assault Reporting Option  
Restricted | Unrestricted

Retaliation Reporting Options  
Command | IG | SARC | DoD Safe Helpline

Find us on Facebook

WeCare App

Fort Leavenworth and the Combined Arms Center proudly supports the Sexual Harassment Assault Response and Prevention (SHARP) Program. #WeAreArmy. As of 02 February 2024.

### REASONS TO CONNECT WITH 988

You can call, text, and chat the 988 Suicide & Crisis Lifeline to talk about a lot of things.

**988 SUICIDE & CRISIS LIFELINE**



THURSDAY  
FEBRUARY 15, 2024



# Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

## HARROLD YOUTH CENTER DANCE

FEBRUARY 16, 2024

7pm - 9pm

(HYC WILL CLOSE AT 6 AND REOPEN AT 7)

\$5 entrance fee

Must be in 6-12 grade and a registered member of CYS

Please sign up and pay by 5pm February 15th

For more information please call

(913)684-5118

Music Food Prizes And more!



Fort Leavenworth Chapter  
Female Mentoring and Morale Program Presents

### Reverse Mentoring Speed Session

Featuring the Combined Arms Center Command Team and more!

LTG Milford H. Beagle, Mr. Greg Thompson, BG Katherine Trombley & CSM Stephen Helton



Who: All Soldiers and Civilian professionals are welcomed

When: Wednesday, 21 February 2024 from 1600-1800

Where: Fairway Grille, Trails West Golf Course, Fort Leavenworth

Why: To encourage cross-generational communication, harvest innovative ideas, and develop mentorship skills in young leaders

RSVP required no later than Wednesday, 14 February 2024

<https://invitations.afit.edu/inv/ajm/cfm?i=821581&k=0A63430C7356>

Reverse mentoring is a partnership between a senior-level employee and a junior-level employee in which the junior-level employee helps fill in possible gaps in the more experienced person's knowledge.



### THE 2024 MICHAELS ORGANIZATION EDUCATION FOUNDATION SCHOLARSHIP

APPLICATIONS ARE NOW  
AVAILABLE!

High School seniors or graduates pursuing higher education with college or trade school qualify.

#### IMPORTANT DATES:

- February 5: Application forms available at all offices of the Michaels Organization.
- March 8: Suggested deadline for college students to request grade transcripts from their registrars to ensure that part of the application will be received before April 15, 2024.
- April 15: Final deadline for all parts of the application for a 2024 Michaels Educational Foundation Grant. Mail the application form, references, essay, and grade transcripts to Dr. Bruce W. Johnson, The Michaels Educational Foundation, P.O. Box 90708, Camden, NJ 08101.

YOU CAN DOWNLOAD YOUR APPLICATION AT  
<https://tmo.com/scholars/#for-scholars>



## KEY ISSUES IN SOUTHEAST ASIA: ALLIES, PARTNERS AND CHINA

### OPENING REMARKS:

DR. ROBERT T. DAVIS II-

Associate Dean of Academics, U.S. Army Command and General Staff College

### PANEL MEMBERS:

LTC DAVID C. MCCAUGHRIN-

Department of Joint, Interagency, and Multinational Operations,  
U.S. Army Command and General Staff College

LTC PHIL KERBER-

Department of Joint, Interagency, and Multinational Operations,  
U.S. Army Command and General Staff College

MAJ PETRUS P. PRABOWO-

Indonesian Army

### MODERATOR:

DR. MAHIR J. IBRAHIMOV (DR. I.)-

Director, Cultural and Area Studies Office,  
U.S. Army Command and General Staff College

### DATE:

Fri, 23 Feb, 2024

### TIME:

1300 - 1500 (CST)

### LOCATION:

Arnold Conf. Room,  
Lewis and Clark Center,  
Fort Leavenworth, KS

All welcome to the audience.

For outstations, the event will be available live on  
CCSC's Facebook page at:  
<https://www.facebook.com/USACGSC>

2024  
MPRA ANNUAL  
SCHOLARSHIP  
PROGRAM

APPLICATIONS NOW ACCEPTED

Deadline: March 31, 2024

[www.mpraonline.org/scholarship](http://www.mpraonline.org/scholarship)

Mr. David Howey  
Host, AMSC

Ep 63

LeaderUP

Lamps Out Time,  
The One Thing,  
and more...

with Lt. Gen. Milford H. Beagle, Jr.  
Commanding General, Combined Arms Center  
and Fort Leavenworth

The latest episode of the Army Management Staff College Leader Up podcast features Lt. Gen. Milford Beagle Jr., who discusses a variety of topics to include fostering healthy work-life balance (Lamps Out Time), managing priorities (The One Thing), reflecting on key moments in his career, sharing leadership lessons learned, and more.

UNITED STATES DISCIPLINARY BARRACKS  
BATTALION (CORRECTIONS)

## Dining In

2024

19 APRIL @ 1700  
RIVERFRONT COMMUNITY CENTER  
123 S Esplanade Street | Leavenworth, KS

\$35 SFC & BELOW  
\$40 MSG & ABOVE

Full Course Meal | Grog Ceremony | Company Skits  
Guest Speaker | Camaraderie | Tradition

Contact your Company leadership to purchase tickets.  
TICKET SALES END 2 APRIL 2024



## Scholarship Opportunities

Note-This information is provided to US Army School Liaison Officers as information of common interest regarding various scholarship opportunities throughout the United States.

Such information is not an actual or implied endorsement of these colleges/universities/organizations by the US Army, Fort Leavenworth FMWR, and/or Fort Leavenworth CYS.

[https://home.army.mil/leavenworth/application/files/7816/3284/5772/Fort\\_Leavenworth\\_SLO\\_Scholarship\\_List\\_September\\_2021.pdf](https://home.army.mil/leavenworth/application/files/7816/3284/5772/Fort_Leavenworth_SLO_Scholarship_List_September_2021.pdf)

BOSS PRESENTS  
MOVIE NIGHT

Post Theater // 375 Grant Avenue  
Movies start at 7PM  
Must show your DoD ID at the door!

February 9 PG

February 23 PG-13

Come out and join us as the BOSS program gives back to the Community by playing movies inside the Post movie theater.

Prepackaged snacks and drink can be purchased at the snack bar.  
No outside food or drinks are authorized.

For all movies children 12 and under MUST be accompanied by an ADULT!  
CASH only at the snack bar!

For more info call: (913) 684-2736 • Or visit our website [leavenworth.armymwr.com](http://leavenworth.armymwr.com)

FORT LEAVENWORTH THRIFT SHOP

# COMMUNITY ASSISTANCE GRANTS

Applications available at the Thrift Shop  
1025 Sheridan Drive, Building 1049

Hours of Operation:  
Tuesday, Wednesday, Thursday  
from 9:30 AM - 2:30 PM

GRANTS ARE AVAILABLE FOR ELIGIBLE ORGANIZATIONS, NOT INDIVIDUALS

APPLICATIONS MUST BE COMPLETED AND RETURNED TO THE THRIFT SHOP BY FEBRUARY 27TH

## Navigating the Teen Years

Jan 16, Feb 20, Mar 19, Apr 16, May 21, Jun 18 @ 1 - 2:30pm

ACS Classroom 145  
600 Thomas Ave

Ever wish that raising your teen came with an instructional manual?

The Navigating the Teen Years workshop is your guide to the difficult questions.

We'll discuss:

- Teen Mental Health
- Substance Abuse
- Raising Teens in a Digital Age
- Understanding Social Media
- Teen Sexualized Behaviors

FREE and open to all DoD ID holders 18+ Register by calling 913-684-2822/ 2808. Deadline to register is the day before class.

## FORT LEAVENWORTH FMWR

### CHILD AND YOUTH SERVICES

Parent Central and Outreach Services (913) 684-5138  
Youth Sports and Fitness (913) 684-7525  
SKIESUnlimited (913) 684-3207

### ARMY COMMUNITY SERVICE

(913) 684-2800  
EFMP, FAP, ERP, AER, MFLC  
And much more!

### RECREATION

|   |                               |                                   |
|---|-------------------------------|-----------------------------------|
| Haney Sports Complex (913) 684-2190     | Brunner Range (913) 651-8132  | Hunt Lodge (913) 684-1830         |
| Gruber Gym (913) 684-5120               | Auto Crafts (913) 684-3395    | Stables and Horses (913) 684-1703 |
| Outdoor Equipment Rental (913) 684-3395 | Rod & Gun Club (913) 684-2035 | Stray Facility (913) 684-4934     |

### BUSINESS OPERATIONS

|   |                                     |
|---|-------------------------------------|
| Strike Zone (913) 651-2195                | 12th Brick Grille (913) 684-2293    |
| Trails West Golf Course (913) 651-7176    | RV Storage & POV Lot (913) 651-7176 |
| Frontier Conference Center (913) 684-3825 | Clean Paws Pet Wash (913) 651-7176  |

Contact with Us! Facebook: Fort Leavenworth FMWR  
Email: leavenwortharmymwr.com

## "Refreshing Conversations"

Need to talk to someone who "gets it"?  
Come join your fellow EFMP Spouses for

Let's talk about the topics that impact our EFMP community!

Every first Thursday of the month @ the ACS classroom In The Resiliency Center 10:00 am - 11:00 am

Oct 5  
Nov 2  
Dec 7  
Jan 4  
Feb 1  
Mar 7  
Apr 4  
May 2  
Jun 6

Enjoy light refreshments, a delicious drink of the month, and great conversation!

Please register by calling 913-684-2800 or 913-684-2871

## SCREAM FREE Marriage & Parenting

ACS Conference Room 145  
600 Thomas Ave  
From 1:00 - 2:30pm  
Jan 3, Feb 7, Mar 6, Apr 3, May 1

Feeling frustrated? Overwhelmed? Let us help you focus on staying both calm and connected with your loved ones. We'll work together to find the tools to revolutionize your relationship.

FREE  
Open to all DoD ID holders 18+  
leavenwortharmymwr.com

Call to register (deadline is day before training)  
913-684-2822 / 2808

## Co-Parenting Workshop

Jan 11, Feb 8, Mar 21, Apr 25, May 23, Jun 20 @ 12-1:30pm  
ACS Classroom 145  
600 Thomas Ave

Learning to co-parent after a divorce can feel like being on opposite ends of a chasm.

Our six week workshop will show you how to build a bridge that will enhance parenting skills, enrich positive co-parenting, learn to use positive discipline, and develop a joint plan for managing expectations about your children's growth, development, and behavior.

FREE and open to all DoD ID holders 18+ Register by calling 913-684-2822/ 2808. Deadline to register is day before class. Participants are encouraged to attend every class as each session will be different.

## Empowering Families Lunch & Learn Workshop Series

12 - 1 pm via Microsoft Teams

- September 21: Help, My Child is Struggling in School
- October 19: Let's Talk IEPs
- November 16: Challenging Behavior? Tips for Home and School
- January 18: Understanding & Supporting Sensory Needs
- February 15: Step Ahead at Age Three
- March 21: Movin' On: Preparing for Your Next Move
- April 18: Strategies for Supporting Your Child with Autism

For more information or to register, contact 913-684-2838 and 913-684-2871.

## MOM'S night OUT

This NEW event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.

Jan 31 • Feb 28 • March 27 • April 24  
May 29 • June 26 • July 31 • Aug 28  
Sept 25 • Oct 30 • Nov 20 • Dec 11

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old.

Info: (913) 297-3212 or (913) 684-2800

## DAD'S NIGHT OUT

Dad's Night Out is offered by ACS New Parent Support Program for Dads of children 0-3 years of age to get out of the house without the kids and meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.

Jan 24 • Feb 21 • March 20 • April 17  
May 22 • June 12 • July 24 • Aug 21  
Sept 18 • Oct 23 • Nov 13 • Dec 4

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Dads with children 0-3 years old.

For more info: (913) 297-3212 or (913) 684-2800

## EFMP presents: SENSORY STORY TIME

Every 3rd Friday of the month  
10am-11am starting Jan. 19  
@ The CARL Library

FREE and open to all DoD ID holders! All ages are encouraged to join!  
POC 913-684-2871/ 2838

## ACS New Parent Support Prenatal Classes

Childbirth Classes:  
Series of three classes  
January 8th, 22nd, 29th  
March 4th, 11th, 18th  
May 6th, 13th, 20th  
July 15th, 22nd, 29th  
September 16th, 23rd, 30th  
November 4th, 18th, 25th

Newborn Care Classes:  
February 12th  
April 15th  
June 10th  
August 12th  
October 21st  
December 9th

Breastfeeding Classes:  
February 5th  
April 8th  
June 3rd  
August 5th  
October 7th  
December 2nd

Free for Expectant Parents!

600 Thomas Ave Room 157  
All classes are from 5 pm - 7 pm

Deadline for Registration is the Friday before the class. Pre-registration is required. Contact 913-297-3212

## ACS New Parent Support Potty Training

Come join us to learn the cues to look for when deciding to potty train! Learn valuable tips to get you started!

Are you ready?

Time to lose the diapers?  
FREE For Parents of Children aged 0-4 years  
\*Pre-registration Required! Deadline is Friday before class Contact 913-297-3212

600 Thomas Ave Room 157  
2/26, 4/22, 6/17, 8/19, 10/28, 12/16  
5 pm - 7 pm

## EFMP RECREATIONAL BOWLING

Every first Saturday of the month  
12:00pm - 2:00pm  
Strike Zone Bowling Center  
165 Fourth St

Meet other EFMP families! EFMP Recreational Bowling is a fun way to socialize, and sharpen fine motor skills.

All ages welcome! FREE for the entire family including shoes! Bumpers, bowling ramps, and lightweight bowling balls are available.

Pre-registration is required the Wednesday before the event. Call 913-684-2800 for more info or to register.

## Play Morning

Thursdays from 9-11:00 a.m.  
Ages 3 months - 3 years with Guardian • Resiliency Center

Free play group for ages 3 months - 3 years and their parents/guardians.

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.

Army Community Service | Resiliency Center | 600 Thomas Ave. | Fort Leavenworth, Kansas  
Registration required, cut off is day before event (913) 297-3212 or (913) 684-2800

## Update ACS WILL BE CLOSED THURSDAYS FROM 0800-1300 FOR STAFF TRAINING.


As of: 19 October

FOR IMMEDIATE ASSISTANCE: 913-684-1669  
FOR VICTIM ADVOCATE: 913-683-2537


We are sorry for the inconvenience.

### Employment Readiness Program Classes

ACS Classroom • Resiliency Center, 600 Thomas Ave.  
Wednesdays • 12PM - 2PM\*



**Resume Writing:**  
Mar 20\* • June 19\* • July 17\*  
Aug 14\* • Sept 25\*  
Evening Classes:  
May 22 • Aug 14 - 5PM - 7PM  
Registration required for evening classes




**Federal Employment:**  
Jan 17\* • Mar 6\* • April 10\*  
May 8\* • June 5\* • July 10\*  
Aug 7\* • Sept 11\* • Oct 9\* • Nov 6\*  
Evening Classes:  
May 15 • Aug 7 - 5PM - 7PM  
Registration required for evening classes

Scan QR Code for more info!

\*Classes are from 12PM - 2PM\*  
Registration is required for evening classes only.  
Open to DoD ID card holders.

For more info call:  
(913) 684-2800



### Financial Readiness Milestone Training

Are you financially prepared for what life throws your way? Let us help! We offer free Financial Readiness Training on a variety of subjects.

Some of the topics we will discuss:

- Pre-Deployment
- Post-Deployment
- PCS
- Marriage
- Divorce
- Vesting in TSP
- Promotion
- First Child
- Continuation Pay
- Disabling sickness/injury/condition

Held monthly every 2nd & 4th Thursday @ 0900am - 1100am. Bldg 198 Room 157





INFO: 913-684-2652 / 2800

ACS Family Advocacy Program Presents:

## ANGER MANAGEMENT

December 14 • February 15 • April 18  
Thursdays from 11:30AM - 1PM  
ACS Conference Room, Room 145

Learn how to identify the different kinds of anger and ways anger is expressed. Build skills to deal with strong and destructive behavior and emotions.

FREE and open to DoD ID card holders 18 and above.

Childcare not provided.

Registration is required, and must be done the day before the class.

For more info or to register call, (913) 684-2808/4357




### - Family Advocacy Program - Victim Advocacy Program

1 in 3 women and 1 in 4 men have experienced some form of domestic violence by an intimate partner in their lifetime.

If you or someone you know is experiencing violence by an intimate partner, please reach out to the victim advocacy program at 913.683.2537



Safety Planning



Victim Advocacy Services



Education & Support Group

### DOMESTIC VIOLENCE EDUCATION AND SUPPORT GROUP

**When:**  
November 7th and 21st  
December 5th & 19th  
January 2nd, 16th & 30th  
February 13th & 27th  
1:00PM-2:30PM

**THIS GROUP IS:**  
- SAFE  
- RELATABLE  
- EDUCATIONAL  
- RELEVANT  
- CONFIDENTIAL

**Where:**  
Resiliency Center  
600 Thomas Ave  
Room 145

FOR QUESTIONS CALL 913-683-2537







### STRESS MANAGEMENT

Thursdays: Jan 18, Mar 14, May 16, July 18  
1130 - 1300 brown bag lunch class.  
ACS Conference Room 145

Registration Required must register by the day before the class you want to attend. Classes are for 18 and over

This one-session FREE class helps attendees identify stressors and symptoms of stress as well as how to select and implement stress management skills to overcome stressors of any kind. Learn how to take control of yourself by learning to control your stress, instead of allowing the stress to control you. End the class with a structured relaxation exercise.

To register or for more information, call (913) 684-2808/2800




### VOLUNTEER BASICS

JAN 10 • MARCH 13 • MAY 15 • JUNE 26 • AUG 28 • SEPT 4  
ACS CLASSROOM • 600 THOMAS AVE.  
TIME: 12PM - 1PM

DO YOU WANT TO MAKE A DIFFERENCE IN OUR COMMUNITY? IF SO, THEN BE SURE TO CHECK OUT VOLUNTEER BASICS. LEARN ABOUT VOLUNTEER OPPORTUNITIES ON FORT LEAVENWORTH AND IN THE COMMUNITY. PARTICIPANTS WILL LEARN THE BENEFITS OF VOLUNTEERING AND HOW TO PROPERLY LOG HOURS INTO THE VOLUNTEER MANAGEMENT INFORMATION SYSTEM (VMIS).

REGISTRATION IS NOT REQUIRED. JUST SHOW UP.

INFO: (913) 684-2835

### DG FUN & RELAXATION

Explore new hobbies in your free time with on-post events & recreation activities in the Digital Garrison App!

POWERED BY




MAKE THE CONNECTION

Download on the App Store

GET IT ON Google play

### FORT LEAVENWORTH LEISURE TRAVEL SERVICES TOP TICKETS

Disneyland Military Salute Offer 2024:  
3 DAY Park Hopper  
Our Price \$268.50 W/Genie \$357.75  
4 DAY Park Hopper  
Our Price \$314.25 W/Genie \$433.00

Disney World Military Salute Offer 2024:  
4 DAY Park Hopper  
Our Price \$365.00...W/Water Park and Sports Center \$395.00  
5 DAY Park Hopper  
Our Price \$385.00...W/Water Park and Sports Center \$415.00  
6 DAY Park Hopper  
Our Price \$399.75...W/Water Park and Sports Center \$435.00

Universal Orlando Military Freedom Offer 2024:  
2 Park Freedom Pass  
Adult \$210.00 and Child age 3-9 \$205.00  
3 Park Freedom Pass  
Adult \$245.00 and Child age 3-9 \$240.00

Universal Hollywood:  
1 Day General Admission  
Adult and Child 3+ \$112.00

Go City Go Card:  
Sightsee and save with a Go Card! Discover the best attractions, tours and experiences, all on one pass.  
Worldwide: Austria-Vienna, UAE- Dubai, Mexico-Cancun, and Italy-Rome  
State side: Orlando, Miami, Chicago Los Angeles, San Francisco, Oahu, New Orleans, Boston, Las Vegas, New York, and much more!

Leisure Travel Services  
310 McPherson, Bldg 464  
(913) 684-2580  
leavenworth.armymwr.com



### HARLEM GLOBETROTTERS 2024 WORLD TOUR

GET YOUR TICKETS NOW AT FORT LEAVENWORTH LEISURE TRAVEL SERVICES!

310 McPherson Ave, Bldg 464  
913-684-2141

Saturday 6 APRIL @ 2PM  
\$36 or \$56

Tickets Must Be Purchased By 27 March  
Event Takes Place At The T-Mobile Center



### Ready for the Big Screen? Book A Post Theater Birthday Party!

Event Space: \$225

Small Snack Package\*: \$6 per kid includes drink, kid size popcorn, candy  
Large Snack Package\*: \$8 per kid includes drink, medium popcorn, candy  
\*minimum of 10

Call 913-684-2736 to book your party




### 2024 Worlds of Fun/Oceans of Fun Gold Season Pass

Available Now @ Fort Leavenworth Leisure Travel Services

\$94.50

Worlds of Fun  
Oceans of Fun

310 McPherson Ave BLDG 464, Fort Leavenworth 913-681-2380 Business Hours Tue/Wed/Thu/Fri @ 10a-5p



AVAILABLE NOW!

WINTER CAMP offers have started! Do you need care?

on MILITARY CHILDCARE dot com

Limited Space... Make requests NOW!

### School Out & Seasonal Camp Care Options

Camp Dates are based on the USD 207 School Calendar & Federal Holiday closures.

Winter Break Week 1  
Mon. - Fri. 18 - 22 DEC 2023

Winter Break Week 2  
Tues. - Fri. 26 - 29 DEC 2023

Spring Break  
Mon. - Fri. 11 - 15 MARCH 2024

A separate Request For Care must be submitted for each week for the KG or 1st-5th Grade option

Requests for these camp weeks are NOT needed for children enrolled in the SY23-24 Before and/or After School Program at Osage.

Contact CYS Parent Central Office for more information: 913-684-5138 or 4956



Starting Monday January 8th, 2024

### Fort Leavenworth Group Fitness Classes

**GRUBER FITNESS CENTER** - 200 Reynolds Ave. - 684-5120  
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

| Time | Monday               | Tuesday | Wednesday            | Thursday | Friday            | Saturday      |
|------|----------------------|---------|----------------------|----------|-------------------|---------------|
| 0530 |                      |         | Spin (Karyn)         |          |                   |               |
| 0900 | (0915) Zumba (Lydia) |         | (0915) Zumba (Lydia) |          | Zumba (Stephanie) | Zumba (Lydia) |
| 1630 | 30/30 Split (Kim)    |         | Power Cycling (Kim)  |          |                   |               |

**HARNEY SPORTS COMPLEX** - 185 Fourth St. - 684-2190  
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

| Time | Monday | Tuesday          | Wednesday | Thursday         | Friday | Saturday |
|------|--------|------------------|-----------|------------------|--------|----------|
| 0800 |        |                  |           |                  |        |          |
| 1630 |        | *Power Cut (Kim) |           | *Power Cut (Kim) |        |          |

\*Power Cut classes are held in the Bubble Gym

## 913 WEIGHTLIFTING

### FUNCTIONAL FITNESS CLASSES

**CLASSES**

Monday - Friday  
9:00-10:15am  
Harney Gym  
185 Fourth Street  
Fort Leavenworth, KS

**ABOUT**

Classes are designed to increase strength, power, speed, agility, and aerobic capacity by Olympic lifting, weight lifting, gymnastics, and plyometrics. This class is ideal for beginners and elite. Get healthier, get stronger, live longer. Enjoy professional programming in a supportive, encouraging environment.

**PRICING**

Monthly rates  
3x week \$75  
5x week \$85  
Drop in \$10

**CONTACT** For more info: 949-291-0386

## Discover Fort Leavenworth's Fitness Facilities

Harney Sports Complex and Aquatics Center  
185 Fourth St.  
913-684-2190  
M-F 0500-1800  
Sat-Sun 0800-1700

Gruber Fitness Center  
200 Reynolds Ave.  
913-684-5120  
M-F 0500-1800  
Sat-Sun 0800-1700

**YOU'RE JUST A CLICK AWAY FROM A HEALTHIER YOU!**

**Adult Sports & Fitness**

Scan Here for current information about adult intramural sports, pool hours, eligibility, how to register for 24/7 access, and special programs!

**Group Fitness**

Scan Here for current fitness classes, schedules, fees, and eligibility. FREE for Active Duty!

**WE OFFER 24/7 Gym Access (After registration) LET'S GO!**

**DECIDE TO COMMIT TO SUCCESS**

leavenworth.armymwr.com

## FUN SHOOT

Brunner Range  
1st Saturday of the Month

**Jan 6 - Dec 7 2024**  
Feb 3, Mar 2, Apr 6, May 4, Jun 1, Jul 6, Aug 3, Sep 7, Oct 5, Nov 2

Registration is required and can be done the day of the event from 9AM-10:30AM.

Space is limited so register early.

Rental guns and shells are available or bring your own.

Prizes and awards distributed at the end of each shoot.

Info: (913) 651-8132  
701 Sheridan Drive

## Brunner Range 2024 LEAGUE SCHEDULE

**Winter Combo**  
4 January - 7 March

**Spring Combo**  
21 March - 23 May

**Summer Warm-up**  
6 June - 11 July  
18 July - 22 August

**Fall Combo**  
5 September - 7 November

**Winter Warm-up**  
14 November - 19 December

Each league has a one-time payment of \$25  
Payment is held for prizes at the end of each league.  
Combo leagues shoot on Thursday evenings. Teams consist of 5(+/-) shooters.  
All teams take turns supplying an evening meal at approximately 5:30 pm with shooting commencing at 6:00 pm. Summer and Winter Warm-up leagues are individual with the same fee but no food.

Contact Brunner Range for more information (913) 651-8132

## WEST COAST SWING Golf Simulator League

2 person Scramble 9 Holes

**WEEK 1: SPANISH BAY**  
FEB 11-17

**WEEK 2: SPYGLASS HILL**  
FEB 18-24

**WEEK 3: TORREY PINES**  
FEB 25-MAR 2

**WEEK 4: PEBBLE BEACH**  
MAR 3-9

**\$40 PER PLAYER / \$80 PER TEAM**

FLEXIBLE TEE TIMES, WEEKLY PRIZES, OVERALL CHAMPIONSHIP WINNER, WIN FREE SIMULATOR SESSIONS!

CONTACT TWGC TO SIGN UP TODAY 913-651-7176

## BOSS soldiers

here's what's happening

"let your voice be heard"

updated monthly

recreation & leisure • events • meetings  
quality of life • community service

## YOUTH SPORTS & FITNESS SPRING

**REGISTRATION FEB 5 - MAR 4**

All youth must have an updated sports physical before first practice. Enrollment can be done at all CYS locations if Centrally registered. Webtrac enrollments can only be done with current Youth Sports Physical on file.

Volunteer Coaches needed!  
For more info call, 684-7525 or 684-7526.

**APRIL 8 - MAY 23**

- Soccer - 5 - 14yrs (\$50) April 8 - May 23
- Baseball - (5-12 years) Kinder - 6th grade (\$50) April 8 - May 23
- Girls Kid Pitch Softball (8-12 years) 3rd - 6th grade (\$50) April 8 - May 22
- Start Smart Baseball- 3 - 4yrs (\$30) \$36 optional participant kit April 15 - May 16

## Saturday Morning Youth League

Meeting Jan 6, 2024 @ 10:00am  
Starts Jan 13, 2024 @ 9:45am  
12 Week Handicap League  
Jan 13 - April 6

**Little Rollers- Ages 3-5**  
(2 games per week w/bumpers- \$8 a week)

**Dragons- Ages 6-9**  
(3 games per week w/optional bumpers- \$11 a week)

**Explorers- Ages 10-18**  
(3 games per week no bumpers- \$11 a week)

## NOW HIRING

Commissary Privileges\* for all CYS Employees

**COME WORK WITH CYS**

- Medical, Dental, Vision & Life Insurance Benefits\*
- Retirement & 401K
- Flexible Work Hours
- Paid Time Off (Vacation & Sick)
- Career Progression & Paid Training
- Tuition Reimbursement Possibilities
- Priority Child Care Placement and Employee Child Care discounts
- Tax-free Shopping Privileges at AAFES
- Job transfer program worldwide through Civilian Employment Assignment Tool

APPLY NOW!  
ArmyMWR.com/cyscareers

SCAN TO LEARN MORE

## GOOD GRADES SPECIAL

Strike Zone Bowling Center's

Noon - 7 pm

**October 21, January 6, March 23 & May 25**

Kids! Bring in your report cards and receive one free game for every "A" or equivalent. Straight "A"s gets you free sodas for the family (6 max) and all "B"s or better gets you \$2 off any pizza. Games may be used by all family members.

Strike Zone - 165 Fourth Street - (913) 651-2195  
https://leavenworth.armymwr.com

## Clean Paws Pet Wash

Open 24 hours a day!  
Merritt Lake Parking Lot  
Cash, Coin and Card

Info: (913) 651-7176

## Cosmic Bowling at the Strike Zone

Every Saturday Night

**\$12 all you can bowl for 2 hours includes shoe rental**

Info: (913) 651-2195  
leavenworth.armymwr.com

Come see what's new at the Studio!

**Craft Workshops 2024**



**Kids Crafts 2024**

**Acrylic**  
\$35 per class

**Acrylic Pour**  
Tuesday  
Jan 16  
10:30pm - 12:30pm

**Acrylic Painting (Winter Snow Scene)**  
Wednesday  
Jan 24  
12:30pm - 2:30pm

**Acrylic Painting (Cute Cupcake)**  
Wednesday  
Feb 14  
12:30pm - 2:30pm

**Acrylic Pour**  
Wednesday  
Feb 28  
12:30pm - 2:30pm

**Crafts**  
\$30 per class

**Intro to Framing**  
\*Must pre-register\*  
Saturday  
Jan 20  
10am - 1pm

**Valentine's Day Craft**  
Wednesday  
Jan 31  
12:30pm - 2:30pm

**Wooden Growth Chart**  
Wednesday  
Feb 7  
10:30am - 12:30pm

**Intro to Framing**  
\*Must pre-register\*  
Saturday  
Feb 24  
10am - 1pm



Call now to register!  
913-684-3373

**Paint & Sip**  
\$35  
Must be 21 years or older. BYOB



**Northern Lights Night Sky**  
Friday  
Jan 19  
6pm - 8pm

**Daydreaming Fox**  
Friday  
Feb 9  
6pm - 8pm



Actual paintings will differ from images  
Cost includes all supplies!

**Color me Happy (Parent & Toddler)**

\$10 per class

Thursday  
Jan 18  
10:30am - 11:30am

Thursday  
Feb 8  
10:30am - 11:30am

Thursday  
Feb 22  
10:30am - 11:30am

**Kids Messy Art**

\$12

Thursday (ages 7+)  
Jan 25  
10:30am - 11:30am

Friday (ages 4 - 6)  
Feb 9  
10:30am - 11:30am  
12:30pm - 1:30pm

Thursday (ages 7+)  
Feb 15  
10:30am - 11:30am

**Art History**

\$15 per class (ages 7+)

**Oreos & O'Keeffe**  
Wednesday  
Jan 17  
12:30pm - 2:30pm

**Strawberries & Seurat**  
Wednesday  
Feb 21  
12:30pm - 2:30pm



leavenworth.armymwr.com

Come see what's new at the Studio!

**Watercolor Courses & Workshops 2024**



**Calligraphy Workshops 2024**

**Courses**  
\$175 = 5 classes

**Watercolor 101 (Beginning Course)**  
Every Tuesday  
Jan 23 - Feb 21  
10am - 12pm

**Watercolor 301 (Advanced Landscapes)**  
Every Thursday  
Jan 18 - Feb 15  
12:30pm - 2:30pm

**Workshops**  
\$25 per workshop

**Watercolor (Basic Techniques)**  
Thursday  
Jan 18  
6:30pm - 8pm

**Watercolor (Color Theory)**  
Thursday  
Jan 25  
6:30pm - 8pm

**Watercolor (Valentine's Day Florals)**  
Thursday  
Feb 1  
6:30pm - 8pm

**Watercolor (Landscapes)**  
Thursday  
Feb 15  
6:30pm - 8pm



Call now to register!  
913-684-3373

**OPEN STUDIO**  
Hours 10am - 5pm T - F  
Ask about our Hourly Fees

**Multi-Craft Room**  
Come use our provided supplies to craft with the whole family!

**Painting Studio**  
Provided watercolor and acrylic supplies to create your own masterpiece.

**Framing Studio**  
Must take Intro to Framing before using DIY Framing Studio.

**Pottery Studio (Coming Soon!)**

Cost includes all supplies!

**Basics**

\$20 per class

Tuesday  
Jan 16  
1pm - 2:30pm

Friday  
Feb 16  
10:30am - 12pm

**Intermediate**

\$20 per class

Tuesday  
Jan 23  
1pm - 2:30pm

Friday  
Feb 23  
10:30am - 12pm

**Valentine's Day Cards**  
Tuesday  
Jan 30  
1pm - 2:30pm

**Birthday Cards**  
Friday  
March 1  
10:30am - 12pm



**Reoccurring Classes**  
MUST PRE-REGISTER

**Intro to Framing**  
\$30 per class  
Every 4th Saturday of the month  
10am - 1pm

**Paint & Sip**  
\$35 per session  
Every 2nd Friday of the month  
6pm - 8pm  
Must be 21 years or older. BYOB



leavenworth.armymwr.com

**PAINTING WITH OUR PATRONS**

STRONGHOLD FOOD PANTRY  
655 BIDDLE BLVD  
02/29/24 @ 5:00P

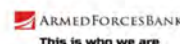


**Peanut Butter & Jelly Food Drive**

Please help us to help others.

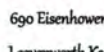
Your Armed Forces Bank, in partnership with Frontier Community Credit Union, are collecting jars of Peanut Butter & Jelly that we will deliver to local food pantries February 16<sup>th</sup>. All donations are greatly appreciated.

Armed Forces Bank  
2901 S 4<sup>th</sup> St  
Leavenworth Ks



Armed Forces Bank  
320 Kansas Ave  
Ft Leavenworth Ks

Frontier Community Credit Union



690 Eisenhower  
Leavenworth Ks

Frontier Community Credit Union

301 Kansas Ave  
Ft Leavenworth Ks

# February 2024



# Event Schedule

### New Parent Support Program

**Stroller Walk**  
Tuesdays, 3:00pm - 4:00pm  
Weather Dependent

**Play Morning**  
Thursdays, 9:00am - 10:00am  
& 10:00am - 11:00am  
Resiliency Center

**Breastfeeding Class**  
February 5, 5:00pm - 7:00pm  
Resiliency Center, Room 157

**Newborn Care Class**  
February 12, 5:00pm - 7:00pm  
Resiliency Center, Room 157

**Dad's Night Out**  
February 21, 6:00pm - 8:00pm  
Restaurant is TBD

**Potty Training**  
February 26, 5:00pm - 7:00pm  
Resiliency Center, Room 157

**Mom's Night Out**  
February 28, 6:00pm - 8:00pm  
Restaurant is TBD

### Financial Readiness Program

**Financial Readiness Milestone Training**  
February 8, 22, 1:30pm - 3:30pm  
Resiliency Center, Room 157

### Family Advocacy

**Scream Free Marriage & Parenting**  
February 7, 1:00pm - 2:30pm  
Resiliency Center, Room 145

**Co-Parenting Workshop**  
February 8, 12:00pm - 1:30pm  
Resiliency Center, Room 145

**Domestic Violence Education & Support Group**  
February 13, 27, 1:00pm - 2:30pm  
Resiliency Center, Room 145

**5 Love Languages of Teenagers**  
February 14, 1:00pm - 2:30pm  
Resiliency Center, Room 145

**Anger Management**  
February 15, 11:30am - 1:00pm  
Resiliency Center, Room 145

**Navigating the Teen Years**  
February 20, 1:00pm-2:30pm  
Resiliency Center, Room 145

### Employment Readiness Program

**Interview Skills & Professionalism**  
February 21, 12:00pm - 2:00pm  
Resiliency Center, Room 157

### 5 Love Languages Valentine's Event

Feb. 13, 5:30pm - 7:30pm  
Resiliency Center, Room 157

### Exceptional Family Member Program

**EFMP Refreshing Conversations**  
February 1, 10:00am -11:00am,  
Exchange Food Court

**EFMP Recreational Bowling for EFMP Members and their Families**  
February 3, 12:00pm - 2:00pm  
Strike Zone Bowling Center

**Empowering Families Lunch & Learn Workshop**  
February 15, 12:00pm -1:00pm,  
Microsoft Teams

**Sensory Storytime**  
February 16, 10:00am -11:00am,  
Carl Library

### Relocation Readiness

**In-Processing Brief**  
Tuesdays, 9:00am - 10:00am  
Resiliency Center, Room 157

**OCONUS Levy Brief**  
Tuesdays, 10:00am - 11:00am  
Resiliency Center, Room 157

### Survivor Outreach Services

**Memory Lane Social for Gold Star & Survivor Families**  
February 10, 10:00am - 1:00pm  
Center of Valor & Remembrance



Handicap access at the front of Building 198

CALL ACS TO REGISTER FOR CLASSES TODAY! ALL EVENTS LISTED ARE FREE!



February 2024

## Off The Cuff

**PROGRAMS**

- Army Emergency Relief 913-684-2852
- Employment Readiness Program/Volunteer Corps 913-684-2835
- Exceptional Family Member Program 913-684-2871
- Family Advocacy Program 913-684-2822/2808/2811
- Financial Readiness Program 913-684-2852
- Information, Referral, & Follow-Up 913-684-2800
- Military Family Life Counselor 256-748-7169/571-407-9321
- New Parent Support Program 913-684-2873
- Relocation, Mobilization/Deployment 913-684-2830
- Survivor Outreach Services 913-684-2821
- Victim Advocate 913-684-2813/913-685-2537 (24/7)

**CONNECT WITH ACS!**

600 Thomas Ave. Bldg. 198  
913-684-2800  
ACS Fort Leavenworth  
@LeavenworthACS

5 Love Languages Valentine's Event  
February 13th, 5:30-7:30pm  
Call 913-684-2822/2871 to register

Happy Valentines

## February ACS Events

**New Parent Support Program**

- Breastfeeding Class, Feb. 5, 5-7pm
- Newborn Care Class, Feb. 12, 5-7pm
- Dad's Night Out, Feb. 21, 6-8pm
- Potty Training, Feb. 26, 5-7pm
- Mom's Night Out, Feb. 28, 6-8pm
- Play Morning, Thursdays, 9-11am
- Stroller Walk, Tuesdays, 3-4pm

**Valentine's Event**  
5 Love Languages  
Feb. 13, 5:30-7:30pm

**Exceptional Family Member Program**

- Refreshing Conversations, Feb. 1, 10-11am
- Recreational Bowling, Feb. 3, 12-2pm
- Empowering Families Lunch & Learn Workshop, Feb. 15, 12-1pm
- Sensory Storytime at Carl Library, Feb. 16, 10-11am

**Family Advocacy Program**

- Scream Free Marriage & Parenting Feb. 7, 1-2:30pm
- Co-Parenting Workshop Feb. 8, 12-1:30pm
- Domestic Violence Education & Support Group, Feb. 13 & 27, 1-2:30pm
- 5 Love Languages of Teenagers Feb. 14, 1-2:30pm
- Anger Management, Feb. 15, 11:30am - 1pm
- Navigating the Teen Years Feb. 20, 1-2:30pm

**Relocation Readiness Program**  
In-processing Brief, Tuesdays, 9-10am  
OCONUS Levy Brief, Tuesdays, 10-11am

**Employment Readiness Program**  
Interview Skills & Professionalism, Feb. 21, 12-2pm

**Financial Readiness Program**  
Financial Readiness Milestone Training, Feb. 8, 22, 1:30-3:30pm

February 2024

### Military Family Life Counselors

Resiliency Center  
Adult MFLC  
571-497-9321

Adult MFLC  
256-749-7169

Child Development Center  
MFLC  
913-548-6151

School Assigned  
All USD 207 Elementary  
913-209-5522

Patton Jr./Leavenworth High School  
913-209-6312

Meet your new EFMP Systems Navigator

Hi, my name is Holly Binkley. I am the new Systems Navigator for the Exceptional Family Member Program at Fort Leavenworth. I have a B.A in Human Services from Park University. I have over 30 years of experience working in social services. I love to work with families and help them find resources and skills to flourish. I am new to the military community however not new to Leavenworth. My roots to Fort Leavenworth go back before I was born. My mother met my father while he was stationed here. I have a daughter Carson, who is 21. She is currently attending Maplewoods pursuing a degree in Marketing. In my free time I love to hang out with family and friends. I like to experience new restaurants and have a passion for baking. Please feel free to come visit if you need anything or just to say hi.

February 2024

### FINANCIAL READINESS PROGRAM/ ARMY EMERGENCY RELIEF

As we approach the tax filing season, many of us are already considering what we may do with the tax refund as we anticipate receiving and how to best utilize it successfully. Here at the Financial Readiness Program, we offer a variety of information through classes, 1:1 appointments, and more that can assist Servicemembers, and their Families understand and plan for success in 2024.

Possible ideas for Tax Refund: Boosting up/Establishing an Emergency Fund, Debt Repayment, Travel/Fun Fund, Vehicle Maintenance, and more!

Please be encouraged to request an appointment for yourself, your unit, or a fellow battle buddy who may not be aware of the resources available to them!

Remember, we miss 100% of the shots we don't take, and by taking action we move forward.

For those with Army Emergency Relief loans, if you haven't done so already, please take advantage of the Financial Literacy Training @ <https://www.financialfrontline.org/tools-and-resources/educational-videos/> after completing the quiz and passing with an 80%. Soldiers who are E-4 and below will receive a \$500.00 credit, and E-5 and above will receive a \$250.00 credit on their Army Emergency Relief loan balances!

### SURVIVOR OUTREACH SERVICES

IN SUPPORT OF YOUR RESILIENCY: Fort Leavenworth Survivor Outreach Services (SOS) will host a Memory Lane Social, inside of our Center of Valor and Remembrance (600 Thomas Ave, Room 161), on Saturday, February 10, 2024, from 10:00am until 1:00pm, for Gold Star and Survivor Families, only. This Social is an opportunity to come together and intermingle with one another, as you scrapbook memories of your beloved, Deceased Service Member. For additional information please contact your Program Manager at: (913)684-2821 or [gregory.l.bailey8.civ@army.mil](mailto:gregory.l.bailey8.civ@army.mil)

February 2024

### FAMILY ADVOCACY PROGRAM

It's February and love is in the air! As the month unfolds, we cherish special moments with family and friends. As you plan to celebrate love with the ones you hold close, The Family Advocacy Program hopes you make special memories, foster strong bonds within the Fort Leavenworth community and continue making meaningful connections.

The month of February kicks off Teen Dating Violence Awareness Month. FAP is excited to offer a virtual class called A Roadmap to Teen Dating via Microsoft Teams on February 12th. We encourage everyone to wear orange on February 7th and 23rd to bring awareness to teen dating violence.

The victim advocacy program is continuing to work toward education and awareness of how to identify Intimate Partner Violence (IPV) and what to do if you or someone you love is experiencing Domestic Violence through briefs upon request and support groups offered multiple times a month at the Resiliency Center. This group is survivor focused, confidential and safe. If you would like more information about this Education & Support group or if you would like to schedule a Domestic Violence brief, please contact the Victim Advocate Coordinator at 913-683-2537 available 24/7 for assistance.

Reminder to schedule your Family Advocacy Unit/ New Command Briefing, today!  
POC: Jayme Robinson -- [jayme.e.robinson.civ@army.mil](mailto:jayme.e.robinson.civ@army.mil)  
Stay tuned for upcoming events and workshops, as we continue promoting love and support within our community! Please call 913-684-2822 or 913-684-2808 to sign up. Please note that virtual options are available for all classes and workshops.

### NEW PARENT SUPPORT PROGRAM

By now the New Year's excitement has lessened a bit and we are all looking forward to warmer Spring weather. Why not spend some time at the end of the winter completing a task that is not really something most people look forward to but does yield fabulous results -- Potty Training! The New Parent Support Program offers a Potty-Training class to assist you in getting started. Join us to learn the cues to look for to see if your child is ready to potty train. Learn techniques to assist with motivating your toddler and tips to get you started with potty-training. The next Potty-Training class is February 26 th from 5-7pm at the Resiliency Center. Please call Amy McCauley at 913-297-3212 to register to begin your potty-training journey!

February 2024

### FAMILY ADVOCACY PROGRAM

Kids love to have fun helping in the kitchen. FAP encourages you to make a Valentine's Day date with your kiddo's and bake some yummy cookies. It's a special way to bond, make memories, and make your kiddo's feel extra special. Happy Valentines Day from your FAP team.

#### Valentines Day Soft Sugar Cookies

| Ingredients  | Instructions   |
|--|--|
| 1. 1 Cup unsalted butter room temperature or softened slightly   | 1. Cream butter and both types of sugar in mixing bowl for two minutes                             |
| 2. 1/2 cup granulated sugar  | 2. Add eggs, one at a time, and blend until well incorporated                                      |
| 3. 1/2 cup powdered sugar plus extra for sprinkling on top of cookies                                      | 3. Add vanilla extract (and almond extract if using) and mix until combined                        |
| 4. 2 large eggs  | 4. In separate bowl, whisk together dry ingredients  |
| 5. 1 tsp vanilla extract   | 5. Add dry ingredients, a cup at a time, to wet ingredients, mixing until blended                  |
| 6. 1/2 tsp almond extract optional   | 6. Add 1-3 drops of food coloring, depending on desired intensity                                  |
| 7. 3 cups flour or gluten free flour blend   | 7. Mix until dough begins to form and color is blended   |
| 8. 1 1/4 tsp xanthan gum OPTIONAL - only if using gluten free flour blend that doesn't contain xanthan gum | 8. Remove dough and divide into two balls  |
| 9. 1 tsp baking powder   | 9. Knead each ball of dough until color is fully blended and smooth                                |
| 10. 3/4 tsp salt   | 10. Roll out dough on parchment paper, baking mat, or floured surface                              |
|  | 11. Roll to 1/4 inch or 1/3 thick and cut out shapes with greased cookie cutter                    |
|  | 12. Move shapes onto parchment lined cookie sheets and chill for 10-15 minutes in fridge           |
|  | 13. Bake in 250F oven for 6-8 minutes, depending on size and thickness                             |
|  | 14. Watch closely and remove when cookies firm in the middle and before edges brown                |
|  | 15. Allow to cool for 3-5 minutes on cookie sheet to allow cookies to continue cooking and to firm |
|  | 16. Move cookies to cooling rack, if desired   |
|  | 17. Once fully cooled, use a mesh strainer to dust cookies with powdered sugar                     |

February 2024

### EXCEPTIONAL FAMILY MEMBER PROGRAM

Greetings from your Fort Leavenworth EFMP Team. We are thrilled to deliver our fun and exciting events to you this year. Did you know EFMP hosts sensory story time at the Combined Armed Research Library every 3rd Friday of the month? Come out for an interactive story time with special accommodations in place that's suitable for all. Recreational Bowling at Strike Zone is now held every first Saturday from 12pm to 2pm. Please register no later than the first Wednesday of the month to ensure space is available. Our Empowering Families: Lunch and Learn will be focusing on "Stepping Ahead at Age Three." This informative series is held on Microsoft team. To register for one of our exciting events, please contact us at 913-684-2871/2800. Your EFMP team is available for in-person and virtual meetings to discuss resources and supports that'll help you and your family navigate the Fort Leavenworth, KS area. Whether you're stopping in to discuss family support, or just to say hello, we are here for you.

February 2024

### EMPLOYMENT READINESS PROGRAM

One of the pieces of advice I give to my clients is to avoid anything in your resume that might potentially prevent an employer from wanting to interview you. This includes mentioning children or spouse, having the year you were born in your email address, or pictures of yourself on your resume. The US Equal Employment Opportunity Commission is responsible for enforcing federal laws that make it illegal to discriminate against a job applicant or employee because of the persons race, religion, sex or gender, age, ect. Yes, we have come a long way in the last couple hundred years, this agency is put in place to ensure that those who discriminate in the workplace are prosecuted.

**Here are some dos and donts for an effective resume:**  
Do: Summarize your greatest accomplishments and skills in a Professional Summary section as employers will read this first, and if impressed, read the rest of your resume.  
Don't: Use personal pronouns, marital status, age, gender, or race.  
Do: Highlight both technical and soft skills.  
Don't: Overexaggerate your skills or lie about your qualifications.

Nearly 1.5 Million High School Students Experience Physical Abuse from a Dating Partner Annually

National Teen Dating Abuse Hotline  
1.800.799.SAFE (7233)  
Text "START" to 88788

www.teendatingabuse.org  
1.800.333.9474  
Text "LOVES" to 25522

Teen Dating Violence Awareness Month

81% of parents believe dating violence is not an issue or admit they do not know if it is.

82% of parents feel confident they could recognize the signs if their child was experiencing dating abuse, a majority 58% could not correctly identify all the warning signs.

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February 2024

### RELOCATION

New Year, New Location? If you are new to Fort Leavenworth, please come by and check out our fully furnished loan closet! The lending closet now has air fryers to ease your PCS move!! We also have updated our pots and pans, indoor grills, kitchen knives, and more! If you are PCSing in or out, we are happy to help cover your basic needs. Our lending closet provides basic household items on free temporary loans to incoming and outgoing Families and in other cases as appropriate. We have a fully stocked Lending Closet ready and waiting for you. Items include kitchen utensils, toasters, coffee-pots, microwaves, tables, chairs, irons & ironing boards, and more. These items are loaned out for 30 days. If additional time is required, requests for extensions are granted in 30-day increments. We understand the waiting game that goes into PSC season. That wait can be a hassle and our solution is our Lending Closet! We encourage you to NOT purchase items you already own, see us instead. We are here for your needs. Loan Closet hours are Monday-Friday 0800-1600 Moving? Come join us for relocation assistance. I can address specific issues with you one-on-one and give guidance and suggestions to help resolve any problems that may come along with your move. I will go over any finance entitlements, procedures, family travel, shipping of household goods/vehicles/pets, and more. Hearts Apart (Waiting Families Program) If you or your spouse are serving an unaccompanied restricted PCS tour or extended temporary duty assignment (TDY), this support group discusses stresses and concerns, and shares coping skills. Come join us and let us be your guide to all that Fort Leavenworth has to offer.

### Volunteer with ACS!

Volunteering within ACS offers you enriching and fulfilling opportunities to support the ACS mission of commitment to excellence. These opportunities provide a way to expand or build your skillset and connect with a dynamic team!

Apply today! Come in or call  
913-684-2835/2800 for more information!

81% of parents believe dating violence is not an issue or admit they do not know if it is.

82% of parents feel confident they could recognize the signs if their child was experiencing dating abuse, a majority 58% could not correctly identify all the warning signs.

National Teen Dating Abuse Hotline  
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**STRONGHOLD DISTRIBUTION & HAPPY BOTTOMS**

By Appointment Only  
www.strongholdfoodpantry.org

| SUN | MON  | TUE | WED                        | THU                                 | FRI | SAT                                 |
|-----|--|-----|----------------------------|-------------------------------------|-----|-------------------------------------|
|     |  |     |                            | 1                                   | 2   | 3                                   |
| 4   | 5 <b>Happy Bottoms</b><br>9:00-10:30<br>DONATIONS<br>12:00-2:00  | 6   | 7                          | 8<br>PANTRY<br>11:00-1:00           | 9   | 10                                  |
| 11  | 12 <b>Happy Bottoms</b><br>9:00-10:30<br>DONATIONS<br>12:00-2:00 | 13  | 14<br>PANTRY<br>11:00-1:00 | 15                                  | 16  | 17                                  |
| 18  | 19<br>CLOSED   | 20  | 21<br>CLOSED               | 22<br>PANTRY<br>9:00-10:30          | 23  | 24<br>OPEN<br>PANTRY<br>10:00-11:00 |
| 25  | 26 <b>Happy Bottoms</b><br>9:00-10:30<br>DONATIONS<br>12:00-2:00 | 27  | 28<br>PANTRY<br>11:00-1:00 | 29<br>SPECIAL<br>EVENT<br>5:30-7:00 |     |                                     |

**FEBRUARY 2024**

DoD  
**Safe Helpline**  
Sexual Assault Support for the DoD Community  
safehelpline.org | 877-995-5247

JANUARY 1ST- MARCH 31ST  
**AFWC NEW YEAR Challenge**  
3 WAYS TO WIN  
-MOST IMPROVED BODY COMPOSITION  
-MOST WEIGHT LOSS  
-MOST POINTS ACCUMULATED  
OPEN TO ALL FORT LEAVENWORTH  
(913)758-3403 patricia.g.allen9.ctr@health.mil



**FORT LEAVENWORTH**  
UNIFIED SCHOOL DISTRICT 207

**2024-2025 ONLINE ENROLLMENT**

**OPENS IN MARCH!**



**QUESTIONS@USD207.ORG**

# MUNSON NOTES

## MAHC names NCO, Soldier of Quarter



Photos by Maria-Christina Yager/Munson Army Health Center Public Affairs

Sgt. Malik Childs, left, and Spc. Richard Osei, right, were named Munson Army Health Center's NCO and Soldier of the Quarter. Childs is a medical laboratory specialist who collects samples from patients and performs chemical and biological medical tests in the lab to help providers diagnose disease and other conditions. Osei is a pharmacy specialist who works with a pharmacist to prepare and issue prescribed pharmaceuticals and medicines, maintain pharmacy supplies and records.

## HEALTH QUESTIONS WHILE YOU'RE ON THE GO?

A REGISTERED NURSE IS ONLY A CALL OR CLICK AWAY



MHSNurseAdviceLine.com

Web chat, video chat or find your country-specific phone number 24/7



Get health care advice • Find a health care provider • Schedule same or next day appointments when recommended by nurse • Get an online "absence excuse" or "sick slip" • Receive help for urgent, emergent care and traveling beneficiaries

MTF enrollment, command guidance and recommendations by a registered nurse may be required. If you have an emergency, call 911 or go to the nearest emergency room.

TRICARE is a registered trademark of the Department of Defense. (Online Health Agency) All rights reserved.



**Munson Website**  
www.Munson.TRICARE.mil

Information updated weekly!  
Check us out!

913-684-6000  
Information Desk



**COVID-19 & Flu Vaccines are now available at Munson! Walk-in only on the 3rd floor MAHC! Starting 4 Dec.**

- Walk-ins available from 0800-1200 and 1300-1530.
- Go to 3rd floor front desk and ask for a walk-in Flu or COVID-19 vaccine.
- Wait times may vary depending on patient care demands.
- A physician's appointment is necessary for scheduled child and adolescent immunizations, including the Respiratory Syncytial Virus (RSV) vaccination.

There's still time to get a flu vaccine if you haven't yet this season. You can get a flu vaccine at the same time as a COVID-19 vaccine.

**Sign up for EFMP...Don't Wait!**

Do you have a Family Member that is enrolled in EFMP? Medical and/or educational documentation must be kept current as the condition changes or every three years, whichever comes first. Updates can be completed every 90 days. The EFM is enrolled permanently in the program unless medical and/or educational needs warrant case closure or the sponsor is separated from the military. You can find the expiration date for EFMP by logging into [efmp.army.mil](http://efmp.army.mil).

**EFMP** EXCEPTIONAL FAMILY MEMBER PROGRAM NOVEMBER 2023

The Exceptional Family Member Program is a mandatory enrollment program that works with other military and civilian agencies to provide comprehensive and coordinated community support, housing, educational and medical services to families with special needs. Additionally, these special needs are considered when the Army assigns them a new post.

**WHO IS CONSIDERED AN EXCEPTIONAL FAMILY MEMBER**

An exceptional family member is a person with a physical, emotional, developmental or medical condition that requires special services, housing assistance, language assistance, and medical attention.

**WHO YOU KNOW!**

Exceptional Family Member Program (EFMP) is a mandatory enrollment program for military and civilian agencies to provide comprehensive and coordinated community support, housing, educational and medical services to families with special needs. Additionally, these special needs are considered when the Army assigns them a new post.

**SENIOR LEADER'S DASHBOARD ACCESS**

Commanders and CDAs can now access the EFMP Senior Leader Dashboard. The dashboard allows Commanders and CDAs to view a summary of EFMP enrollment and documentation for all family members in their command. (The dashboard is accessible via the Army's Intranet.)

**EFMP** EXCEPTIONAL FAMILY MEMBER PROGRAM NOVEMBER 2023

**NEWS HIGHLIGHTS**

Supporting the Needs of the Soldiers and Family Members (SOS) EFMP Guide (Effective 10/1/2023) has been published. This guide provides information on the EFMP program, including enrollment, documentation, and services. It is available on the Army's Intranet.

**FREQUENTLY ASKED QUESTIONS**

How long does it take to complete an EFMP enrollment? It typically takes 4-6 weeks to complete an EFMP enrollment. The timeline depends on the complexity of the case and the availability of documentation.

**EFMP MEDICAL/EDUCATIONAL ENROLLMENT**

Medical/educational enrollment is a mandatory requirement for all family members with special needs. It involves providing documentation of the condition and the need for special services.

**NOTICES**

| Service Number | Start Date | End Date |
|----------------|------------|----------|
| Medical        | 10/1/23    | 12/31/23 |
| Education      | 10/1/23    | 12/31/23 |
| Both           | 10/1/23    | 12/31/23 |

**RESOURCES**

For more information, visit the EFMP website at [efmp.army.mil](http://efmp.army.mil). You can also contact the EFMP Helpdesk at 913-684-6000.

**Breast Cancer Doesn't Wait Until October!**

Schedule your mammogram today!

**Call Now 913-684-6140**

Tons of availability!  
Radiology Clinic Munson!

**Pharmacist Questions?**

**PHARMACY**

The pharmacists at Munson are available to talk to you directly about your medications. They can help you understand how to use your medicine correctly, what your medicine is supposed to do, and the possibility of reactions or side effects. You can also talk to your pharmacist about what to store and take medication, what foods or activities to avoid, and how to do if you miss a dose. If you would like to talk to someone about your medicines, please dial (913) 684-6250 opt 2, and your pharmacist can help.