

THURSDAY  
DECEMBER 12, 2024



# LAMP

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## SOS Tree of Honor displayed at CAC HQ to reflect, remember

by Prudence Siebert/Editor

Each year at Christmas-time, Gold Star families from the Fort Leavenworth and surrounding area gather at the Center of Valor and Remembrance in the Resiliency Center to remember their fallen service members and support one another, as well as receive support from Survivor Outreach Services, while trimming a Tree of Honor with the names of their lost loved ones.

This year, an additional SOS Tree of Honor has been decorated in glittering gold ornaments and adorned with the names of fallen service members and placed in the foyer of the Combined Arms Center Headquarters building.

“The reason why I wanted to bring a tree here... as many people as come in this headquarters every day, it’s going to cause you to stop, to see and to get your arms around understanding that loss, that name,” said CAC and Fort Leavenworth Commanding General Lt. Gen. Milford Beagle Jr. “You see it — it’s going to cause that curiosity



Combined Arms Center Command Sgt. Maj. Shawn Carns and CAC and Fort Leavenworth Commanding General Lt. Gen. Milford Beagle Jr. add names of area fallen service members to the Survivor Outreach Services Tree of Honor Dec. 10 in the atrium of the CAC Headquarters building. Each year Gold Star families decorate a Tree of Honor in the Center of Valor and Remembrance in the Resiliency Center, but this year the additional Tree of Honor in CAC HQ reminds visitors of the sacrifices of the fallen and to think of their families this holiday season.

Photo by Prudence Siebert/  
Fort Leavenworth Lamp

to see the name, whether you know them or not, and then reflect, and now it gets us closer to that understanding for those who have lost someone.”

Beagle said he has witnessed and participated in the annual tree-trimming tradition with survivor families, and he wanted to share the impact of that

special tree with others this season.

“The intimacy of the (SOS tree-trimming) event that happens — and I’ve seen it the last couple years and at other places in our SOS Valor Center with those families — only they get to see it,” Beagle said. “When you think in terms of what you see and what

you understand, they both see it and understand it every single day, because they’ve lost a loved one. So, when they look at a picture, that picture will never be the same as it was in the past, because there is somebody missing. When they sit

SEE **SOS TREE OF HONOR** **A6**

## Santa helps light up Zais Park for holidays



Photos by Prudence Siebert/Fort Leavenworth Lamp

**ABOVE:** Three-year-old Hudson Zimmer poses for a photo for Hudson’s mom, Jessica Zimmer, with Mrs. Claus and Santa Claus during the annual holiday lighting event Dec. 6 at Zais Park. Hudson’s Christmas wish was for a Barbie Dreamhouse, verbalized by her mom when she was too shy to say. **LEFT:** Santa Claus celebrates the lighting of Zais Park for the holiday season after helping flip the switch Dec. 6. See page A7 for more photos from the event.

## December retirements

by Staff Report

Seven officers, a chief warrant officer and one senior noncommissioned officer will be recognized for their service to the nation during the post retirement ceremony at 9 a.m. Dec. 12 at the Frontier Conference Center. The ceremony will also be live-streamed at <https://www.facebook.com/USAGLeavenworth/>.

Retiring are: Col. Christopher Whelan, Combined Arms Center; Lt. Col. Mike Pearce, Mission Command Training Program; Lt. Col. Raphael Vasquez, Command and General Staff College; Lt. Col. Jason Johnson, CGSC; Lt. Col. Paul Castillo, MCTP; Lt. Col. Joshua Zaruba, MCTP; Maj. Charles Dunlevy, Army Management Staff College; Chief Warrant Officer 5 Thomas Mann, MCTP; and 1st Sgt. Sara Stachura, Adjutant General.



## AT A GLANCE

■ Anyone with **DEBTS OWED** to or by the **ESTATE OF SPC. TREVOR D. WHITE** must contact Capt. Kaleb Dahl, the summary court martial officer for the soldier, at 913-684-2313 or [kaleb.w.dahl.mil@army.mil](mailto:kaleb.w.dahl.mil@army.mil). Spc. White passed away Nov. 11, 2024.

■ See page A8 for the **RELIGIOUS HOLIDAY SERVICES SCHEDULE**.

■ The free **312TH ARMY BAND HOLIDAY CON-**

**CERT** is at 7 p.m. Dec. 13 in Eisenhower Auditorium at the Lewis and Clark Center.

■ **NATIONAL WREATHS ACROSS AMERICA DAY** ceremony is at 11 a.m., followed by wreath placement, Dec. 14 at the Fort Leavenworth National Cemetery.

■ The **FORT LEAVENWORTH COMMISSARY HAS SHORTENED HOURS** on Christmas Eve and

New Year’s Eve, open 9 a.m. to 5 p.m., and will be closed Christmas and New Year’s Day.

■ **BERNSTEIN MEMORIAL POOL** in Harney Sports Complex will be closed for regular cleaning Jan. 2-14.

■ See the **POST NOTES** (B section) for more information on upcoming events.

# Officer ponders Fort Leavenworth as crossroads for family

## COMMENTARY

*Editor's Note: Over the Thanksgiving holiday, Lt. Col. David Lukefahr reflected on Fort Leavenworth as not only a crossroads for military history, but as a personal crossroads, as well, for his family. He attended Bradley Elementary School in 1993-94 as a third-grader when his father was at the Command and General Staff College. In 2017, he attended CGSC himself, and now in 2024, he is an instructor in the Department of Sustainment and Force Management at CGSC, with a daughter in kindergarten at Bradley Elementary.*

by Lt. Col. David Lukefahr

If one believes that our legacies proceed us, then are we walking in circles? If the path we walk is a circle, are there crossroads?

For those who live at Fort Leavenworth, it is not unfamiliar to hear the word "crossroads" used to describe the fort. In fact, as a crossroads, Fort Leavenworth can describe many things, such as families. This is true for my family, and much like many things in life, the crossroads can be obvious and other times hidden. In order to find something, however, usually a question proceeds the journey. While here at Fort Leavenworth, one should seek crossroads to help answer questions so we can decide if we are walking in circles, or rather, continuing our legacies. Why else are we here?

Continuing legacies matter because, as an instructor recently told me in the Lewis and Clark Center here at Fort Leavenworth, history is frail, and, as Napoleon once described it, just agreed-upon fiction. As the instructor pointed out to me, one could argue history's fragility because the historian writing the history is not present at the exact moment in history, as the moment has passed before writing occurred. Additionally, the instructor told me memories fade, so even a history written one second afterward is still a little bit faded. Maybe this is why history can seem recognizable but at the same time not quite clear, like a familiar fog. Maybe this is how walking in circles may lead us over our legacies time and time again unknowingly. Maybe this is why walking in circles is important since history alone is not enough to preserve a legacy.

Taking it a step further, since history cannot be described in absolute facts, maybe it would not be the facts that are most important, but rather the questions from our history we should know. These questions will help us in the future because if history's answers are not answers, then history can just help us to ask questions. So, maybe asking questions about our history is just the crossroads of human nature. Without certain facts, one may not ascertain certain logic from history. Maybe only feeling can be the reason history is worth writing about, reading about and studying about.

**The history of the Lukefahr family at Fort Leavenworth is one such example.**

Originally, I thought that the only history of Fort Leavenworth and my family started in 1993 when my father attended Command and General Staff College. Memories of filling sandbags when the Missouri River flooded downtown Leavenworth, my family contemplating purchasing a carousel horse for decoration at home, playing tetherball in the third grade at Bradley Elementary School, and my father's class gift painting of brothers attacking the beaches of Normandy summarized the majority of what I thought Fort Leavenworth represented.

**During this time, however, I did not ask any questions and I was content with just this information.**

Time passed and I joined the military and married my wife, Patricia, after meeting her in Germany during my first assignments. More time passed and I found myself attending Fort Leavenworth as a CGSC student in 2017 living in the Infantry Barracks, beginning to read about philosophy and going to the C.W. Parker Carousel Museum to ride the carousel. Fort Leavenworth



Submitted photo by Patricia Lukefahr

**Earlier this year, Lt. Col. David Lukefahr and his daughter, Heidi, pose in front of Bradley Elementary School, where she is currently a kindergartner and where he attended third grade in 1993-94 when his father attended the Command and General Staff College.**

represented itself a little differently before departing in 2018, especially with my wife and I expecting our daughter, Heidi.

**Again, I did not ask any questions and was content with just this information.**

Before I left Fort Leavenworth in 2018, my uncle started to share family stories with me about past relatives dating back to when the Lukefahrs first came to America. This caused me to wonder if there were any Lukefahrs buried on Fort Leavenworth. I left Fort Leavenworth without discovering any family buried on post, but later a friend helped me discover my relative was buried in a cemetery just a short distance outside Fort Leavenworth at the Leavenworth National Cemetery. My relative's name was misspelled as Lickefare and the first initial was A.

At the time, I considered it a special surprise and left it at that.

**Fort Leavenworth represented itself a little differently now, but I did not ask any questions and was content with just this information.**

As time passed, I learned more about my family from my uncle. He asked me to ask more questions about my family's history. Eventually, this led me to learn that the Lukefahr buried at the cemetery in Leavenworth was named Anton. When he was 16 years old, he served as a bugler in the 47th Missouri Infantry for the Union during the Civil War. Anton was from Perry County, Missouri, and was my first cousin, four times removed.



Submitted photo by Patricia Lukefahr

**Lt. Col. David Lukefahr and his daughter, Heidi, pose at the grave of his ancestor, Anton Lukefahr (misspelled Lickefare) at the Leavenworth National Cemetery earlier this year.**

SEE FORT LEAVENWORTH AS A CROSSROADS | A3

## FORT LEAVENWORTH LAMP

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## Fort Leavenworth as a crossroads (continued from Page A2)

Around the same time of discovering this information, I remembered running around the golf course past the cemetery and between two ponds on Fort Leavenworth. Sometimes, the street lights would create multiple shadows around me as I ran. I would say a few prayers in my mind as I imagined past soldiers running with me. I only thought of my grandparents, who served in different branches of the military, taking a break from heaven and coming to run with me in the dark, but now I added Anton to the memory.

**After this, however, again, I did not ask any questions and was content with just this information.**

As time passed, I learned more about my family from my uncle. Soon, orders told me to report to Fort Leavenworth again as a CGSC instructor in 2024. Before reporting in from leave, my daughter, wife and I visited Anton at the Leavenworth National Cemetery. Next to the cemetery was the Eisenhower Veterans Affairs Medical Center where one can drive past old buildings that used to be barracks, hospitals and churches. The buildings, much like the memories of when the grounds were referred to as the Soldier's Home, were fading away.

**Now questions started to float and pop as bubbles in my mind, and I found myself not content with this information.**

Shortly before I began training to become an instructor at CGSC, I found a newspaper article in the Leavenworth Public Library from *The Leavenworth Times* July 8, 1900, Sunday edition. It stated that Anton Lickfare was admitted to the Soldier's Home that week. Lukefahr was misspelled as Lickfare. I also found a burial record the same day that showed Anton Lickfare passed away on April 1 1904. Again, Lukefahr was misspelled as Lickfare. This did not bother me, though, as my uncle had shared with me that Lukefahr it-

self was most likely a misspelling, too. Days passed, a few rides at the Carousel Museum with my wife and daughter happily occurred, and later that summer, my daughter started kindergarten at Bradley Elementary School.

**Questions were all around me, and I found myself content with this information.**

I share these stories to highlight some crossroads, but they are not unique to my family. Fort Leavenworth is a crossroads for the military, the country and multiple families throughout history.

The question, however, is not how this is, but how does this make us feel? If crossroads make us seem like we are traveling in circles, are we on the perimeter of the circle or in the middle? Is the circle stationary or is the circle also moving in a circle? Is the crossroad really crossing anything? With these questions, is it okay to feel excited about the possibility of history not being able to provide facts? If history cannot provide facts, can we at least feel something in the present history? Can we decide what we are doing in the present?

If we can, then I strongly encourage everyone to make the best feelings possible, right now. Enjoy the feelings that occur here at Fort Leavenworth. Understand, as an instructor told me while I was learning how to instruct, that sometimes, split decisions may actually be a multi-year experience, study, reflection or something else entirely. The present may determine the legacy of the past and future.

Fort Leavenworth is a crossroads not just for our Army, but for life. Your feelings are gathering places for people, ideas and legacies. I feel honored to have crossed paths with Anton's legacy while here at Fort Leavenworth. Or maybe I just caught up to him on a circle? Or maybe we caught up to someone else? Or maybe someone is going to meet us in the future?



Submitted photo by David Lukefahr

**Patricia Lukefahr and her daughter Heidi ride in the "lover's tub" on the 1913 restored carousel at the C.W. Parker Carousel Museum in Leavenworth earlier this year.**

## MAHC's Patient, Family Partnership Council meets

by Maria Christina Yager/Munson Army Health Center Public Affairs

Community members on Munson Army Health Center's Patient and Family Partnership Council convened at the health center for a working lunch Dec. 6.

"Thank you so much for taking time out of your day to come and share your experiences as a beneficiary in the Military Health System," said Col. Jolanda L.J. Walker, MAHC director. "We are in a transformative time as we reevaluate our model of healthcare delivery, and having both our patients and staff together in this process can result in a healthcare model that is more responsive, efficient and effective."

The PFPC is a Defense Health Agency initiative that provides a forum for patients and families to share insights with military treatment facility leaders and staff and have a voice in the patient care experience.

Participants provided valuable feedback during the meeting and identified several focus areas they would like to explore as a council.

"Overall, they were very complimentary, so that was nice, and they had some ideas about things that we could look into," said PFPC Council Director Tim Stevens, MAHC's chief of quality and safety.

Participants requested the option of having more afternoon appointments or one late day available each week be explored to help accommodate beneficiaries who can't get away during the work and school day.

Through their discussion they also learned about available services that they didn't realize MAHC offered.

"Their feedback was tremendously helpful. In addition to things for us to investigate, we also learned what services we could communicate better and how," Stevens said.

Lastly, the meeting allowed MAHC officials to provide a glimpse behind the scenes.

Council members learned about the administrative processes a provider or care team must do before and after an appointment, like placing orders



Photo by Maria Christina Yager/Munson Army Health Center Public Affairs

**Munson Army Health Center Director Col. Jolanda L.J. Walker welcomes participants to a Patient and Family Partnership Council meeting Dec. 6 at the health center. The PFPC is a Defense Health Agency initiative that provides a forum for patients and families to share insights with military treatment facility leaders and staff and have a voice in the patient care experience.**

and referrals, charting, reviewing results, and follow up.

A few council positions remain open. Anyone interested in becoming a part of the council should contact MAHC's patient

advocates at 913-684-6211/6127, or by e-mail at [usarmy.leavenworth.medcom-mahc.mbx.patient-advocate@health.mil](mailto:usarmy.leavenworth.medcom-mahc.mbx.patient-advocate@health.mil).

To participate in the council, a volunteer must be a beneficiary

and can be an active-duty service member, an active-duty family member, a retiree, or a retiree family member.

The PFPC meets quarterly.

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# Holiday trees at PX display children's wishes, adoptable pets



## BOSS Angel Tree

The BOSS Angel Tree will be displayed Nov. 29 through Dec. 14

To donate a gift, select a tag from the Tree and take it shopping with you! Choose an age and gender appropriate gift. Gifts should be placed unwrapped and with the tag into a designated box near the tree, (do not place gifts under the tree). Gifts will go to local Military Families in financial need.








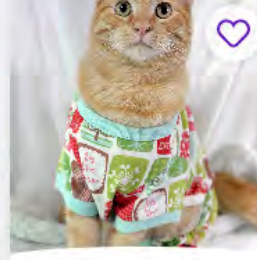

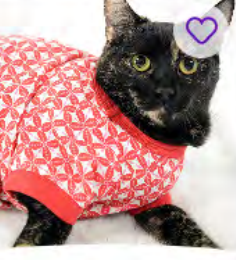


Thank you for supporting BOSS in their effort to provide a memorable Holiday for Fort Leavenworth Families!

For more info call 913-684-2736

Photo by Prudence Siebert/Fort Leavenworth Lamp

The Better Opportunities for Single Soldiers Angel Tree is set up in the foyer of the Post Exchange now through Dec. 14. The tree is decorated in tags listing the name, age, gender, clothing size and likes/wishes of children from area military families in financial need. Shoppers can select a tag from the tree and choose age- and gender-appropriate gifts for that child. Donated items can be placed, unwrapped — with the accompanying Angel Tree tag — in a box by the Angel Tree. Call 913-684-2736 for more information.

## Pets available for adoption

 <b>Griffin</b> Adult • Domestic Short ...	 <b>Gracie</b> Young • Belgian Shepher...	 <b>Adoption pending!</b> <b>Sarina</b> Kitten • Tabby
 <b>Briar Rose</b> Kitten • Tortoiseshell	 <b>Marigold</b> Adult • Domestic Short ...	 <b>Cheeto (Snack Pa...</b> Kitten • Tabby
 <b>Adoption pending!</b> <b>Pretzel (Snack Pa...</b> Kitten • Tabby	 <b>RitzBitz (Snack Pa...</b> Kitten • Tabby	 <b>Squirrel (Porch Ki...</b> Kitten • Torbie & Tabby Mix
 <b>Possum (Porch Kit...</b> Kitten • Tortoiseshell	 <b>Adoption pending!</b> <b>Rebel Kitty</b> Adult • Tuxedo	 <b>Miss Kitty</b> Adult • Tabby

Screenshot from FLSF.petfinder.com



Fort Leavenworth Stray Facility volunteers have placed a tree at the Post Exchange decorated with ornaments featuring photos of pets in the Stray Facility's care. The tree features images of currently adoptable pets, as well as photos of 8-week-old kittens from two litters that will be available for adoption in January. QR codes for volunteering, adopting/fostering and FLSF's Facebook page are on the backs of the ornaments.

Profiles of currently adoptable pets are listed at [FLSF.petfinder.com](https://www.petfinder.com). Call the Fort Leavenworth Stray Facility at 913-684-4939 for an appointment or more information. E-mail [fortleavenworth-strayfacility@gmail.com](mailto:fortleavenworth-strayfacility@gmail.com) for an adoption application. See page A11 for this week's Pets of the Week.

Photos by Prudence Siebert/Fort Leavenworth Lamp

# Local author joined by adoptable cat for children's story time at PX



Five-year-old Kallie Emery reaches to pet adoptable cat Pretzel, ABOVE, as local author retired Maj. Thad Krasnesky, LEFT and BELOW, reads his book "That Cat Can't Stay" during children's story time Dec. 6 at the Post Exchange.

Krasnesky's cat-themed reading was paired with an adoption event by the Fort Leavenworth Stray Facility, with Pretzel serving as ambassador.

Photo by Prudence Siebert/Fort Leavenworth Lamp

Photo by Prudence Siebert/Fort Leavenworth Lamp

Local author retired Maj. Thad Krasnesky, animal rescue supporter and restorer of the Krasnesky Manor for Wayward Cats in Leavenworth, talks with 5-year-old Kallie Emery, 6-year-old Thiago Santiago, 6-year-old Hadassah Williams and 5-year-old Lane Siegel about Pretzel, a cat available for adoption at the Fort Leavenworth Stray Facility, before reading his book "That Cat Can't Stay" to children and their family members Dec. 6 at the Post Exchange. Krasnesky offered two story times, which were followed by a hot chocolate bar and cookies offered at Docs Dental.



# Volunteers wrap gifts at Post Exchange



Photos by Prudence Siebert/Fort Leavenworth Lamp

ABOVE: Sgt. 1st Class Randall Peaslee, Sergeant Audie Murphy volunteer and candidate and senior career counselor for the Combined Arms Center, wraps an oddly-shaped package to look like a piece of candy while volunteering Dec. 6 at the Post Exchange.

LEFT: Peaslee's 13-year-old daughters Delilah and Makayla help him change rolls of wrapping paper and wrap gifts while volunteering for SAMC Dec. 6 at the PX.



Photo by Prudence Siebert/Fort Leavenworth Lamp

Survivor Outreach Services Coordinator Greg Bailey Sr. and Army Community Staff members watch Combined Arms Center and Fort Leavenworth Commanding General Lt. Gen. Milford Beagle Jr. add a name to the top of the SOS Tree of Honor, which bears the names of area fallen service members, while trimming the tree Dec. 10 in the CAC Headquarters building. Beagle asked that a duplicate tree to the one decorated each year by families of fallen service members in the Center of Valor and Remembrance be placed in CAC HQ for everyone who enters the building to remember the fallen and their families.

## SOS Tree of Honor (continued from Page A1)



Photo by Prudence Siebert/Fort Leavenworth Lamp

**ABOVE:** Combined Arms Center and Fort Leavenworth Commanding General Lt. Gen. Milford Beagle Jr. adds the name of a fallen service member to the Tree of Honor Dec. 10 in the atrium of the CAC Headquarters building.

**RIGHT:** The Survivor Outreach Services Tree of Honor — decorated by Family and Morale, Welfare and Recreation employee Magdalena Fritz, Army Community Service staff members and the Combined Arms Center Command Team — is adorned with the names of area fallen service members. The tree is on display at CAC HQ for visitors to reflect and remember the fallen and their families.

down, as we all do for holidays and everything else, the picture is different because somebody is not in the space they're normally in, so they see it every day.

"Part of my intent was to get a tree here, because we may think about it, we may see it, but we may not have the full extent because that void is not being created for us. Sometimes we don't need the reminder, but I think the reminder is helpful, so I appreciate all of you for hanging the names," he told the Army Community Service staff members assembled to help hang the names on the tree.

The names on the Tree of Honor represent 433 active-duty service members who have died in the Fort Leavenworth community — many lost in combat, but that number also includes those who have died in accidents or by suicide, since Sept. 11, 2001. The tree also holds at least one name of fallen service members from every conflict from World War II to present, including the name of WWII service member whose family is actively involved in the SOS program. About 500 area survivor families are currently active in the SOS program. SOS has served about 1,000 area survivor families since the program's inception nearly 20 years ago.

"In our staff meetings, I will often say the number of active Gold Star families, our survivor families that we have, and I'm confident that all our staff know that number, but even as they were putting (the name ornaments) on today, they were like 'Oh gosh, I didn't realize it was this many,'" SOS Coordinator Greg Bailey Sr. said.

In addition to the tree in CAC HQ, visitors can view the original SOS Tree of Honor in the Center of Valor and Remembrance, located in room 161 of the Resiliency Center, from Dec. 16 through the first week of January.

"Additionally, visitors are welcome to visit the Center of Valor

and Remembrance where we pay homage to our fallen heroes and their families via photos, memorial books and mini shadow boxes bearing each fallen service member's date of birth, date of transition, rank, name and a folded flag of honor," Bailey said.

CAC Command Sgt. Maj. Shawn Carns thanked the ACS staff members present Dec. 10 for their help placing the names of the fallen on the tree.

"Thank you all for being here to remember. It touches all of our hearts, because all of us have experienced it throughout the years, whether you have a survivor, you know a survivor, or you are part of those families that have the ones who have passed away during our combat," Carns said. "Thank you very much for everything you all do in being here to remember our fallen."

In addition to the glittering ornaments and the names of the fallen, a framed explanation for the SOS Tree of Honor also adorns the tree.

"This holiday remembrance tree celebrates the lives and sacrifices of our Fort Leavenworth fallen heroes," the framed sign reads. "It stands as a symbol of gratitude and enduring remembrance for the brave soldiers who gave all. This tree helps to ensure their names, sacrifices and memories live on in our hearts during this holiday season."

Bailey asked that the community remember the families of fallen service members this holiday season.

"Please continue to keep our Gold Star and survivor families in your thoughts and prayers, especially during the holiday season when life's circumstances can sometimes feel more challenging than other times of the year, for everyone," he said, urging community members to take care of themselves as well.



# Santa helps light up Zais Park for holidays

Ten-year-old Juanita Reges, from Colombia, translates Christmas wishes for her 4-year-old brother, Juan, as they visit with Mrs. Claus and Santa Claus at the annual holiday lighting event Dec. 6 at Zais Park. Juanita asked for doll clothes and Juan asked for a Nerf toy gun.

Photo by Prudence Siebert/Fort Leavenworth Lamp



Photos by Prudence Siebert/Fort Leavenworth Lamp

ABOVE: Santa and Mrs. Claus join the Gardner family — Kimberly Gardner, 12-year-old Jordan and 8-year-old Grayson — in celebrating the lighting of Zais Park Dec. 6. The Gardners, whose husband/father Capt. Randy Gardner is deployed to Poland, helped flip the ceremonial light switch for the annual holiday lighting of the park.

RIGHT: Kimberly McMenam, co-author of "Hello, Home Fort Leavenworth," Maj. Marc McMenam, Command and General Staff Officer Course student, and their 2-year-old sons James and Tyler watch a team from Duncan Carriages take community members around Zais Park as the holiday lighting festivities begin Dec. 6.



Photo by Prudence Siebert/Fort Leavenworth Lamp

The combined schools choir performs seasonal songs during the annual holiday lighting event activities Dec. 6 at Zais Park.



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U.S. ARMY

# German market follows annual bilingual Christmas service at Memorial Chapel



**LEFT:** German Military Chaplain (Militärpfarrer) Gundolf Brosig, stationed at the German Catholic Military Chaplaincy at Sheppard Air Force Base, Texas, delivers a bilingual German-English Catholic service Dec. 7 at Memorial Chapel. The service featured the singing of traditional German holiday carols and a visit from Saint Nicholas, who gave German chocolate to children in attendance. **BELOW:** German soldiers and spouses sell bratwursts, glühwein, kinder punsch and cookies at the Christkindmarkt after the German Christmas Service Dec. 7 outside Memorial Chapel.

Photos by Sean Bergosh/Fort Leavenworth Garrison Public Affairs Office

**German Military Chaplain (Militärpfarrer) Gundolf Brosig, stationed at the German Catholic Military Chaplaincy at Sheppard Air Force Base, Texas, delivers a bilingual German-English Catholic service Dec. 7 at Memorial Chapel. The service featured the singing of traditional German holiday carols and a visit from Saint Nicholas, who gave German chocolate to children in attendance.**



Photo by Sean Bergosh/Fort Leavenworth Garrison Public Affairs Office



## Holiday shoppers can make AER donations at PX

by Army and Air Force Exchange Service Public Affairs News Release

DALLAS – Army and Air Force Exchange Service shoppers can make a difference to those in need in the military community by donating to military relief funds this holiday season.

Donations can be made to Army Emergency Relief (AER) or the Air Force Assistance Fund (AFAF) during checkout in Exchange stores or on ShopMyExchange.com. Shoppers can also donate to the Navy-Marine Corps Relief Society (NMCRS) at select Exchanges in the Pacific Region.

“As the holidays approach and the busy shopping season that comes with them, it is an even more important time to think of those in need in our military community,” said Air Force Chief Master Sgt. Rich Martinez, the Ex-

change’s senior enlisted advisor. “The Exchange is honored to have such generous shoppers who always support these important relief organizations year after year.”

The Exchange has partnered with the AER and AFAF since 2017 and the NMCRS since 2023. In those seven years, Exchange shoppers have donated \$9.35 million to relief funds.

Shoppers can donate at PX and BX registers, including self-checkout. Online shoppers will receive a prompt with a donation option when checking out on ShopMyExchange.com.

AER, AFAF and NMCRS provide grants, scholarships, interest-free loans, charitable donations and more to active-duty service members, retirees, Guard members and families. For more information, visit [publicaffairs-sme.com/Community/give/](http://publicaffairs-sme.com/Community/give/).

## RELIGIOUS HOLIDAY SCHEDULE POST CHAPELS

### TIME/DATE

9 a.m. Jan. 11

### SPECIAL SERVICES

Chapel Decorations Restoration Event

6 p.m. Dec. 20

### JEWISH SERVICES

Jewish Service (Pioneer Chapel)  
Hanukkah (25 DEC 24 – 02 JAN 25) \*\*\*Please call the RSO for details

9:30 a.m. Dec. 15

9:30 a.m. Dec. 22

4 p.m. Dec. 24

9:30 a.m. Dec. 29

Noon Jan. 1

9:30 a.m. Jan. 5

### CATHOLIC- PIONEER CHAPEL

Third Sunday of Advent Mass  
Fourth Sunday of Advent Mass  
Christmas Eve Mass (Pioneer Chapel)  
The Holy Family- Mass (Frontier Chapel)  
Solemnity of Mary Holy Day of Obligation (Pioneer Chapel)  
Epiphany (Frontier Chapel)

### PROTESTANT (LITURGICAL) – MEMORIAL CHAPEL

9:30 a.m. Dec. 15

9:30 a.m. Dec. 22

Third Sunday of Advent  
Fourth Sunday of Advent

### FORT LEAVENWORTH GOSPEL SERVICE - PIONEER CHAPEL

2 p.m. Dec. 14

10 a.m. Dec. 15

10 a.m. Dec. 22

10 a.m. Dec. 29

Christmas Cantata (Frontier Chapel)  
Third Sunday of Advent  
Fourth Sunday of Advent  
First Sunday after Christmas

### PROTESTANT (CONTEMPORARY 1100) – FRONTIER CHAPEL

11 a.m. Dec. 15

11 a.m. Dec. 22

5 p.m. Dec. 24

11 a.m. Dec. 29

Third Sunday of Advent  
Fourth Sunday of Advent  
Christmas Eve Candlelight Service (Pioneer Chapel -Contemporary Service)  
First Sunday after Christmas

### PROTESTANT (TRADITIONAL 0830) – PIONEER CHAPEL

8:30 a.m. Dec. 15

8:30 a.m. Dec. 22

7 p.m. Dec. 24

8:30 a.m. Dec. 29

Third Sunday of Advent  
Fourth Sunday of Advent  
Christmas Eve Candlelight Service (Pioneer Chapel - Traditional Service)  
First Sunday after Christmas

For more information,  
call the Garrison Chaplain’s Office  
at 913-684-2210





# December Housing Update from FLFHC

by Kaylee Winsand/Fort Leavenworth Frontier Heritage Communities

At Fort Leavenworth Frontier Heritage Communities, we are deeply thankful for each of our residents. Your choice to make this community your home means the world to us, and we're especially grateful for you during this season of gratitude and joy.

As we embrace the holiday spirit, here are a few important updates and reminders to focus on this month.

## Upcoming events

### • Light up the Holiday decorating contest

Show off your holiday spirit with your most creative decorations. Whether it's a cozy corner or a dazzling display, we want to see your magic. Fabulous prizes and ultimate bragging rights await. E-mail your pictures by Dec. 19th to [kwinsand@tmo.com](mailto:kwinsand@tmo.com).

### • The Gingerbread Showdown

Children ages 4-12 years old are invited to join us from 3:34-5 p.m. Dec. 17 at the FLFHC Community Center for a sweet and festive challenge. Build your own edible masterpiece, win fun prizes, and spread holiday cheer. Bring your creativity — we'll bring the frosting.

## Reminders

### Holiday decorations

We love seeing your festive decorations and encourage you to celebrate the season.

To ensure everyone's safety and

compliance, here are a few guidelines to keep in mind:

- Roof decorations are not permitted.
- The use of nails, screws or staples on the exterior of the house is prohibited.
- Holiday lighting and decorations can be displayed up to 30 days before the celebrated holiday and must be removed within two weeks following the occasion.
- Decorations requiring electricity should not be plugged in until dusk.

Thank you for helping us keep our community beautiful and safe.

### Winter preparation and

### freeze protection

- Make a clear path to your water shut-off valve.

Be aware of where the water shut-off is located for your house. Should a water line ever freeze and burst, you will need to shut off the home's water supply immediately. Make sure belongings are not blocking access to your main water shut-off valve, so that it will be easily accessible in the event of a plumbing emergency.

### Prepare home for freezing weather.

- Remove and store hoses to prevent plumbing fixtures from freezing. If necessary, FLFHC technicians will remove or cut

them in freezing temperatures.

- On cold days, set indoor faucets that are near exterior walls to a slow drip.

This is to prevent pipes from freezing on days the temperature dips well below the freezing point. Also, consider leaving cabinet doors open so that pipes will be warmed from the room air.

- Keep your garage doors closed as much as possible.

If your garage is attached to your home, minimize the time your garage door is open. This will help to keep cold air out of your house and protect plumbing fixtures in your garage, as well as pipes in the shared walls between

the house and garage.

- Keep your heat on.

Make sure to keep your thermostat running by keeping spare batteries on hand.

- Contact FLFHC if you plan to leave for an extended time.

Consider having your plumbing shut off and house drained if you plan to leave for an extended period of time. Reach out to the maintenance office for assistance.

- Set the heat to at least 65 degrees F all winter.

If you leave your house during winter, don't turn off the heat. Doing so could result in freezing temperatures in the house, which will lead to frozen/burst pipes.

- Change your furnace filter.

Dirty filters cause additional strain on the entire heating/cooling system, which will lead to the system not operating correctly or shutting down completely. FLFHC offers free filters at the maintenance office.

- Change the rotation of your ceiling fans.

During the summer, fans should rotate counter-clockwise to create a downdraft to cool the room; during the winter fans should rotate clockwise to create an updraft to circulate the warm air around the room.

Thank you for taking the time to stay connected with FLFHC. We appreciate you and wish you and your loved ones a happy and safe holiday season. May your days be filled with joy, warmth and wonderful memories!

PARTICIPATE IN

## LIGHT UP THE HOLIDAY

DECORATING CONTEST

**RULES:**

- No decorations on the roof.
- No nails, screws, or staples to the exterior of the house.
- Turn on lights after dusk
- Remove decorations by January 15th

TURN IN YOUR PICTURES BY: **12/19**  
Email submissions to [kwinsand@tmo.com](mailto:kwinsand@tmo.com)

GRAND PRIZE: \$50 GIFT CARD  
1ST RUNNER UP: \$25 GIFT CARD  
2ND RUNNER UP: \$25 GIFT CARD

WINNERS ANNOUNCED: **12/23**



the **GINGERBREAD** showdown

**3:45-5PM**  
**DECEMBER 17TH**  
FHC Community Room

Bring on the frosting and gumdrops, it's time to build the sweetest gingerbread house and claim sweet victory!





# WORTH

Harley-Davidson

# NORTH

9400 NW Prairie View Rd  
816-420-9000  
[www.worthharley-davidson.com](http://www.worthharley-davidson.com)

THE UNIVERSITY OF  
**KU** KANSAS

Local Classes.  
Global Respect.

[leavenworth.ku.edu](http://leavenworth.ku.edu)



# Data immersion course offered in February for knowledge managers

by Micheal Clowser/Army Knowledge Management Proponent

The Army Knowledge Management Proponent, in collaboration with Headquarters, Department of the Army Office of Enterprise Management, is spearheading an initiative aimed at transforming the Army's approach to data management.

The AKMP will host its second iteration of a comprehensive 32-hour online offering named "Data Immersion Course for Knowledge Managers" from Feb. 3-6, 2025.

The training, essential to today's strategic data landscape and Army enterprise data capabilities, covers vital topics such as data governance, the Army Data Catalog, data workforce roles, data-centric question triage, generative artificial intelligence capabilities, and use of Vantage, the Army's data platform.

The target audience for the course is operational knowledge managers serving in divisions, corps, sustainment commands and above.

The increasing demand for a data-centric approach within Army organizations was the driving force behind the course's development, said Joe Koskey, program manager of the AKMP portfolio within the Mission Command Center of Excellence's Command and Control Integration Directorate.

"As the Army shifts toward a more data-fueled and knowledge-driven operational framework, it is imperative to equip knowledge management officers with the skills and capabilities needed to proficiently gather, analyze, utilize and visualize data," Koskey said.

Subject matter experts from the AKMP and C2ID meticulously curated course content to provide KMOs with the knowledge, skills, and attributes for effective data governance, application use, development, management and visualization. The integration of these core components throughout the training exposes students to the complexities of a data-centric environment. Mastery of data governance allows students to establish robust frameworks for data integrity and compliance. Proficiency in data application and development equips them with the tools and techniques for effective

data handling. Additionally, effective data management practices ensure data accuracy, reliability and accessibility, while data visualization skills enable KMOs to present insights in a compelling and coherent manner.

Course modules include practical exercises designed to reinforce learning. These modules equip learners with knowledge, skills, and attributes to manage data assets effectively, ensuring data integrity, security and compliance. This knowledge is crucial within the Army context for maintaining operational efficiency, supporting decision-making processes and enhancing knowledge management practices. Mastering these elements prepares KMOs to handle data-driven tasks more effectively, ultimately improving mission outcomes and decision-making advantages.

A pilot of the course, conducted from Sept. 30 through Oct. 3, 2024, provided AKMP with essential feedback, and instructors are now adjusting course material to improve delivery.

The February iteration will move to the next level by requiring participants to complete a two-hour Microsoft Excel course and a two-hour Contour course beforehand. These prerequisites will ensure participants possess essential baseline skills and allow instruction to focus on practical exercises. This approach will enhance proficiency in the critical areas of data management and governance.

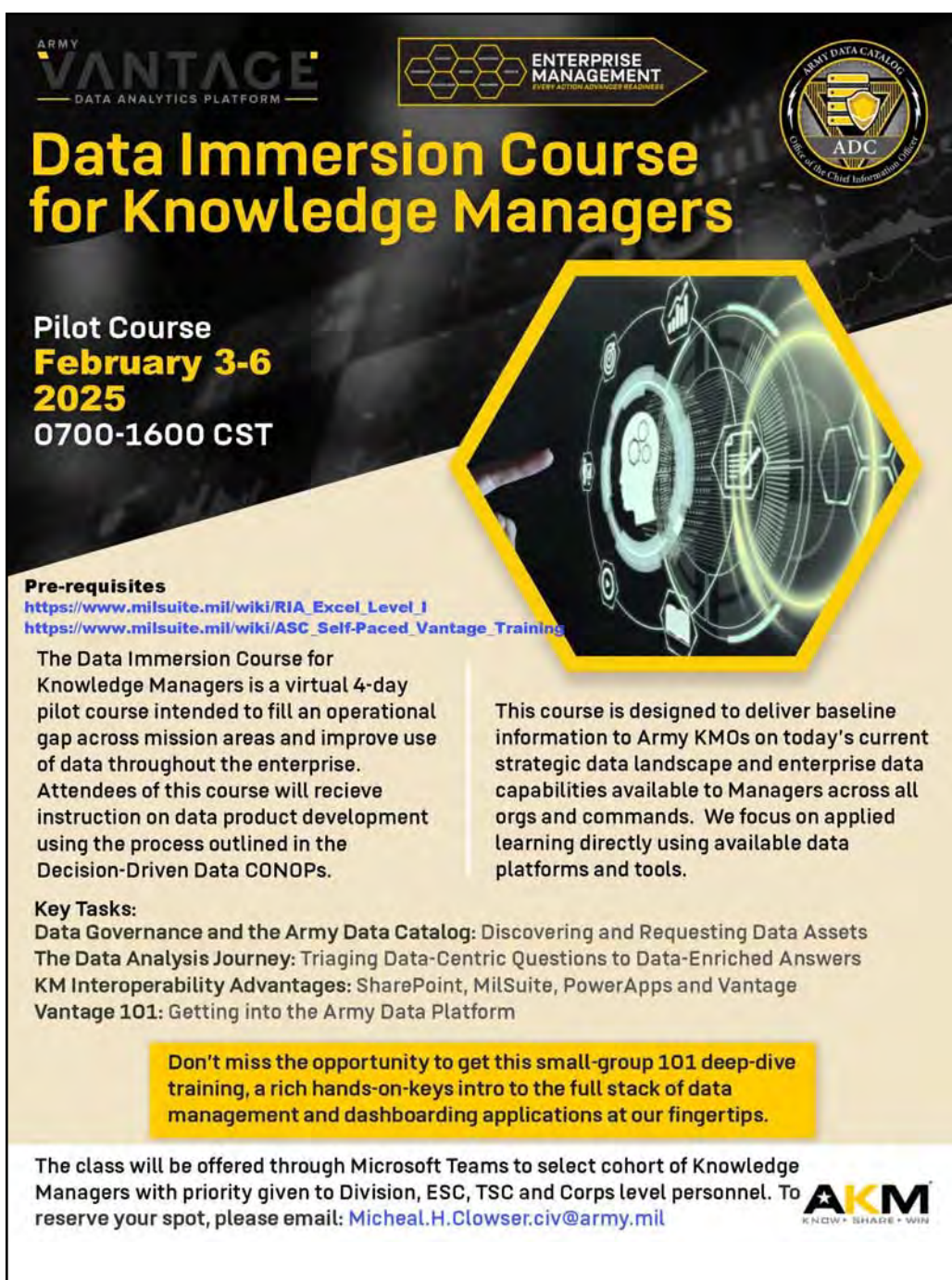
In the end-of-course survey, students in the initial pilot reported significant improvements in their knowledge and skills across various data management areas. Pre-course surveys indicated students had lower familiarity and understanding of data governance, analysis, platform use and product development. Post-course survey results, however, demonstrated substantial

gains in all these areas, with participants rating their knowledge and skills much higher.

These improvements underscore the effectiveness of the pilot course in enhancing competencies for handling data-centric tasks and contributing to the Army's data-driven initiatives. The marked increase in post-course ratings demonstrates the importance of targeted training programs in

developing essential data management capabilities among knowledge managers.

"I am extremely proud of the work that has gone into the new data immersion pilot course, and our next iteration will be even better," said Brig. Gen. Bryan Babich, director of MCCoE. "We understand that honing our ability to understand and use data is key to gaining an information advantage against our adversaries."



**ARMY VANTAGE**  
DATA ANALYTICS PLATFORM

**ENTERPRISE MANAGEMENT**  
EVERY ACTION ADVANCES READINESS

**ARMY DATA CATALOG**  
ADC  
Office of the Chief Information Officer

## Data Immersion Course for Knowledge Managers

**Pilot Course**  
**February 3-6**  
**2025**  
**0700-1600 CST**

**Pre-requisites**  
[https://www.milsuite.mil/wiki/RIA\\_Excel\\_Level\\_1](https://www.milsuite.mil/wiki/RIA_Excel_Level_1)  
[https://www.milsuite.mil/wiki/ASC\\_Self-Paced\\_Vantage\\_Training](https://www.milsuite.mil/wiki/ASC_Self-Paced_Vantage_Training)

The Data Immersion Course for Knowledge Managers is a virtual 4-day pilot course intended to fill an operational gap across mission areas and improve use of data throughout the enterprise. Attendees of this course will receive instruction on data product development using the process outlined in the Decision-Driven Data CONOPs.

This course is designed to deliver baseline information to Army KMOs on today's current strategic data landscape and enterprise data capabilities available to Managers across all orgs and commands. We focus on applied learning directly using available data platforms and tools.

**Key Tasks:**  
**Data Governance and the Army Data Catalog:** Discovering and Requesting Data Assets  
**The Data Analysis Journey:** Triageing Data-Centric Questions to Data-Enriched Answers  
**KM Interoperability Advantages:** SharePoint, MilSuite, PowerApps and Vantage  
**Vantage 101:** Getting into the Army Data Platform

**Don't miss the opportunity to get this small-group 101 deep-dive training, a rich hands-on-keys intro to the full stack of data management and dashboarding applications at our fingertips.**

The class will be offered through Microsoft Teams to select cohort of Knowledge Managers with priority given to Division, ESC, TSC and Corps level personnel. To reserve your spot, please email: [Micheal.H.Clowser.civ@army.mil](mailto:Micheal.H.Clowser.civ@army.mil)

**AKM**  
KNOW • SHARE • WIN



[aerhq.org](http://aerhq.org)



[afassistancefund.org](http://afassistancefund.org)



## FAMILY > SERVING < FAMILY

...because there are times when we all need a helping hand.

Your contribution provides critical support to fellow military members and their families. Donate at the register to either Army Emergency Relief or Air Force Assistance Fund



# Have the Fort Leavenworth Lamp delivered to your inbox!



Sign up to receive a reminder when a new issue of the Fort Leavenworth Lamp is posted by e-mailing [usarmy.leavenworth.id-training.mbx.pao-inbox@army.mil](mailto:usarmy.leavenworth.id-training.mbx.pao-inbox@army.mil).

# Dueling December

Briar Rose  
vs. Sarina

Adoptable pets model holiday fashion

Who Wore It Best? **Vote for  
your favorite!**



**Briar Rose**



**Sarina**

*Who wore it best?*

Photos by Prudence Siebert/Fort Leavenworth Lamp

Briar Rose, ABOVE, and her kennelmate Sarina (adoption pending), RIGHT, model a tiny Christmas sweater in the second week of "Who Wore It Best" duels this season. Briar Rose is about 6 months old, Sarina is about 3 months old, and both have already been spayed, vaccinated and microchipped.

**Vote** for who wore it best at <https://www.facebook.com/FortLeavenworthStrayFacility/> or on Instagram, FortLeavenworthStrays, <https://www.instagram.com/fortleavenworthstrays/?igsh=MTA2ajdzV4a2Rhag%3D%3D>.

A new "Who Wore It Best" matchup will be featured each week in December, with results revealed in January.

Visit [www.FLSF.petfinder.com](http://www.FLSF.petfinder.com) for pet profiles, e-mail [fortleavenworthstrayfacility@gmail.com](mailto:fortleavenworthstrayfacility@gmail.com) for an adoption application, and call 913-684-4939 for more information.

The Fort Leavenworth Stray Facility, at 510 Organ Ave., is open by appointment only until Dec. 16, when normal hours return. The facility's normal hours are 11 a.m. to 4 p.m. Monday, Wednesday and Friday, and by appointment for pre-approved adopters. Call 913-684-4939 to schedule an appointment. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed. To apply to volunteer with the Fort Leavenworth Stray Facility, enter ZIP code 66027, then search for "stray animal facility" at <https://vmis.armyfamilywebportal.com/>.

## 'Yappy Holidays' from AAFES! Festive pets can fetch up to \$3,000 in prizes (10 gift certificates) in Exchange's photo contest

by Army and Air Force Exchange Service Public Affairs

DALLAS — Army and Air Force Exchange Service shoppers can show off their furry friends in their festive best for a chance at \$3,000 in prizes in the Holiday Pet Photo Contest.

Through Dec. 31, shoppers can submit an unaltered photo of their pet in holiday attire at [ShopMyExchange.com/sweepstakes](http://ShopMyExchange.com/sweepstakes).

Two grand-prize winners will each receive a \$500 Exchange gift card while eight runners-up will each receive a \$250 gift card.

"Pets are very much a part of military families," said Air Force Chief Master Sgt. Rich Martinez, the Exchange's senior enlisted advisor. "Giving the military community a chance to show off their festive friends for a chance at great prizes brings extra excitement to this holiday season."

Ten entries will be chosen as winners based on originality, creativity and appropriateness to the contest theme.

All authorized Exchange shoppers 18 years of age or older are eligible to enter, along with Department of Defense and Coast Guard civilians and honorably discharged veterans who have confirmed their eligibility to shop online. Veterans can visit <https://aafes.media/paveterans> and DoD civilians can visit <https://aafes.media/cacbenefitspa> to learn more about their shopping benefit.

Winners will be chosen on or around Jan. 17 and notified directly by e-mail and/or phone.

For contest rules, visit <https://media.shopmyexchange.com/is/content/aafes/aafes/media/ecom/assets/sweepstakes/photo-contest/win-2024-holidaypet-rules.pdf> Limit one entry per person.

ENTER FOR A  
CHANCE TO WIN!

*Holiday* PET PHOTO  
CONTEST



MARS  
petcare

X giftcard

**2 GRAND PRIZE WINNERS  
RECEIVE A \$500 EXCHANGE GIFT CARD.**

**8 RUNNER UP WINNERS  
RECEIVE A \$250 EXCHANGE GIFT CARD.**



Enter December 1 - December 31, 2024  
[SHOPMYEXCHANGE.COM/SWEEPSTAKES](http://SHOPMYEXCHANGE.COM/SWEEPSTAKES)

SCAN HERE  
TO ENTER



THURSDAY  
DECEMBER 12, 2024



# LAMP

Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

**December 14, 2024**  
National Wreaths Across America Day

Help Fort Leavenworth National Cemetery KS honor local heroes!

Sponsor a wreath today to be placed on a veteran's grave this December at Fort Leavenworth National Cemetery.

Scan the QR code to make a donation online or visit [www.wreathscrossamerica.org/KS0055](http://www.wreathscrossamerica.org/KS0055)

**WREATHS ACROSS AMERICA**  
LIVE WITH PURPOSE

#LiveWithPurpose

**312th Army Band**  
Annual Free  
**Holiday Concert**

Friday, Dec 13th / Begins at 7pm

Open to the public!

Eisenhower Auditorium  
Lewis and Clark Center

Get into the spirit of the Holidays!

**BOSS Angel Tree**

The BOSS Angel Tree will be displayed Nov. 29 through Dec. 14

To donate a gift, select a tag from the Tree and take it shopping with you! Choose an age and gender appropriate gift. Gifts should be placed unwrapped and with the tag into a designated box near the tree, (do not place gifts under the tree). Gifts will go to local Military Families in financial need.

Thank you for supporting BOSS in their effort to provide a memorable Holiday for Fort Leavenworth Families!

For more info call 913-684-2736

**FORT LEAVENWORTH THRIFT SHOP**  
**COMMUNITY ASSISTANCE GRANTS**

Applications are available at the Thrift Shop  
**1025 Sheridan Drive, Building 1049**

Hours of Operation  
**Tuesday, Wednesday, Thursday, 1st Saturday**  
from **9:30 AM - 2:30 PM**

GRANTS ARE AVAILABLE FOR ELIGIBLE ORGANIZATIONS, NOT INDIVIDUALS

APPLICATIONS MUST BE COMPLETED AND RETURNED TO THE THRIFT SHOP BY TUESDAY, FEBRUARY 25TH

**Fort Leavenworth Multicultural Families FRIDAY FUN DAY**

Fridays @ The Resiliency Center  
Room 106  
9:30am - 11:00am

Friday Fun Days are all about exchanging ideas and customs, learning about US Military lingo and traditions, navigating life in the Midwest, and making connections with each month's themed activity!

**2024 - 2025 FRIDAY FUN DAY CALENDAR**

<b>September 13</b> Munson Walk-thru	<b>January 2025</b> No meet up! Enjoy your Holidays!	<b>May 9</b> Farewell
<b>October 11</b> Pumpkin Carving	<b>February 7</b> Valentine's Day Traditions 5 Love Languages Class	<b>June 27</b> Potluck
<b>November 8</b> Thanksgiving Potluck	<b>March 7</b> Spring Weather in Kansas Moving With Kids	<b>July 18</b> Education Fair
<b>December 13</b> White Elephant Gift Exchange Holiday Traditions	<b>April 4</b> Easter Traditions	

Friday Fun Day is FREE! Registration is not required.  
Call 913-684-2830 for more information  
[leavenworth.armymwr.com](http://leavenworth.armymwr.com)

**UGLY SWEATER Day**

Wear your ugly holiday sweater and take a photo with your classmates or Barton staff to be entered for a prize!

**FRIDAY, 13 DECEMBER 2024 | 8AM-4PM**

Barton Community College Fort Leavenworth  
855-509-3374 | [Flofficestaff@bartonccc.edu](mailto:Flofficestaff@bartonccc.edu)

**WE'RE ALL IN THIS Together**

American Red Cross

**Blood Drive**  
**Ft. Leavenworth**  
**Munson Army Health Center**

On the First Floor  
550 Pope Ave.  
Fort Leavenworth, KS 66027

**Wednesday, January 8, 2025**  
9:00 a.m. to 1:00 p.m.

Please call 1-800-RED CROSS (1-800-733-2767) or visit [RedCrossBlood.org](http://RedCrossBlood.org) and enter: FortLeavenworth to schedule an appointment.

Schedule a blood donation appointment today:  
Download the Blood Donor App | [RedCrossBlood.org](http://RedCrossBlood.org) | 1-800-RED CROSS | 1-800-733-2767

**Sergeant Audie Murphy Club**

**Gift wrapping fundraiser**

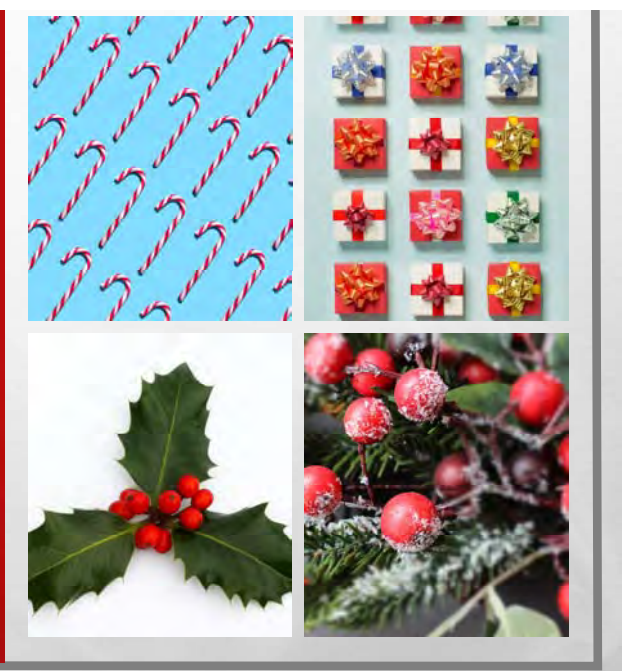
Post Exchange  
Dates: December 6th, 9th, and 23rd  
1000-1900

Wrapping paper and bows provided  
Donations welcome!

**DECORATE THE NEW BOSS ROOM WITH US**

- WHO: ALL BOSS QUALIFIED SERVICE MEMBERS
- WHEN: TUESDAY 17 DECEMBER 1200-1300
- WHERE: MOVIE ROOM AT SSO
- WHY: CREATE A SPACE TO LEARN ABOUT BOSS TO ALWAYS BE INFORMED ABOUT BOSS AND HELP BRING SOME FESTIVITIES
- \*\*\*LUNCH AND COOKIES PROVIDED!\*\*\*

\*\*\*PLEASE RSVP WITH QR CODE SO WE HAVE ENOUGH LUNCH!!!



**DEAR Santa**

**Exchange Mail Event**

Santa is coming to the Exchange Mall!  
Santa will arrive at the Exchange by Firetruck promptly at 1:00.

Decorate a cookie and write a letter to Santa!  
Finally, sit with Santa and tell him what's on your wish list!

**December 14th**  
1100-1400

Take a break from the norm and show the community who is BOSS! Can you win the top prize??

**TALENT SHOW**

**JANUARY 25th @1200, 1500, & 1800**

3 mini shows!! Perform in all or just 1.

Sign up with QR code

Brave the Stage

Singing, dancing, magic, instrumental, the possibilities are endless.  
Rehearsals and talent approval through MWR BOSS Advisor

### FORT LEAVENWORTH NEW CDC DETOUR ROUTE



The previous CDC construction detour, from Iowa to Kansas Ave, has been modified to reroute traffic away from densely populated areas. The new detour (yellow trace), will route traffic northwest to 5th Artillery Rd and toward the cemetery and golf course.

U.S. ARMY



## We want to hear from you!



Fort Leavenworth's environmental restoration team is working to improve our programs and your input is key.

By sharing your thoughts and concerns in interviews, you'll help us create a community involvement plan that benefits everyone - both on post and across the surrounding areas.



Virtual interviews will be held through December 6, 2024

Interviewee responses will be compiled and any information used will be anonymous.

Your input really matters, and we appreciate you taking the time to be part of this Community Involvement Plan. To participate, please contact Carla Avery at [cavery@contifederal.com](mailto:cavery@contifederal.com) or 848-327-4448, who is providing environmental contract support to the Army.



## Angel Tree

In partnership with Catholic Charities of NE Kansas, the St. Ignatius Catholic Community is sponsoring six families this Christmas season to bless with gifts.

CHOOSE TAGS FROM FRONTIER CHAPEL  
DECEMBER 1 & 8

RETURN WRAPPED GIFTS (WITH TAGS ATTACHED)  
BY DECEMBER 15



### Catholic Women of the Chapel



Wishing you joy and peace this holiday season!

Join us for our last meetings of 2024:  
December 5 & 12

We will resume on January 9, 2025

CWOC meets Thursdays at 9:00am in the Pioneer Chapel Activity Room

LEARN MORE >>>

Find our complete calendar on Facebook 'CWOC Fort Leavenworth'



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### Join us monthly DATE NIGHT

6-10 PM @ Frontier Chapel

Invest in your marriage this year!

05 SEP, 03 OCT, 07 NOV, 05 DEC, 09 JAN, 06 FEB, 06 MAR, 03 APR, 01 MAY

Each Date Night begins with a faith-based marriage enrichment presentation. Then couples are released to go out on a date and further discuss the topic together. Children will remain safely supervised by childcare professionals at Frontier Chapel (6-10 pm or pick up kids earlier!).

For more information and to register scan the QR code or call 913-680-7336

## Ft. Leavenworth International Loan Closet

Hours Vary, Check FB Page

Donations & Volunteers Welcome

Located in the alley off McClellan & Kearny

### Youth Sports & Fitness Winter Basketball Camp

Youth will learn valuable skills such as sportsmanship, rules, and basic basketball fundamentals all while having a ball!

Registration Oct 15 - Dec 2  
Camp Dec 2 - 5  
Harrold Youth Center  
45 Biddle Blvd

Camp Schedule  
Ages 5 - 8  
4:00pm - 5:00pm  
Ages 9 - 10  
5:00pm - 6:00pm  
Ages 11 - 14  
6:00pm - 7:00pm

cost \$40

Each Youth participant will receive a camp t-shirt. Must be centrally registered with Parent Central. Enrollment can be done at any CYS location.

Call for more info 913-684-7525/ 7526

### YOUTH SPORTS & FITNESS Winter Sports

REGISTRATION October 15 - November 19

Winter Youth Basketball  
January 8 - March 1  
\$50

Winter Youth Wrestling  
January 9 - February 27  
5 - 12 yrs old  
\$50

VOLUNTEER HEAD COACHES NEEDED!

All Youth must have an updated sports physical before the first practice. Enrollment can be done at any CYS location if centrally registered. Webtrac enrollments can only be done with a current Youth Sports Physical. For more info call 913-684-7525/ 7526

### HYC AFTER-SCHOOL PROGRAM

School is in session, but the FUN doesn't need to stop! Hang with your friends! Do cool stuff! And make some memories!

FREE! \*Enroll now at Harrold Youth Center 45 Biddle Blvd 913-684-5118

Offering: Homework Help, STEM Programs, Gym Activities, Music Classes, Arts & Crafts, Special Events, Clubs & More!

HYC Hours: Mon-Thurs 3PM-7PM, Friday 3PM-9PM, Saturday 2pm-8pm, Closed Sunday

Administrative Hours: Monday-Friday 9AM-6PM

\*HYC is for 6th-12th Graders only. Must be registered with CYS Parent Central prior to enrolling. Contact: 913-684-5118 for more info on registration and eligibility.

### HOLIDAY HOURS

Scan the QR Code to view our Facility/Program holiday hours!

Or visit our website, [Leavenworth.armymwr.com](http://Leavenworth.armymwr.com)

### Fort Leavenworth School Year 24-25 SEASONAL CAMP WEEKS

For KG-5th grade

Winter Camp Week 1: 23-27 December 2024 (Federal Holiday Closure 23 DEC.)

Winter Camp Week 2: 30 December - 3 January 2025 (Federal Holiday Closure 1 JAN.)

Spring Break Camp: 17-21 March 2025

Make a Request for Care at: MILITARY CHILDCARE.COM

Additional Information:

- A request is not required if your child is enrolled in the School Year 2024-2025 KG5AC Behavior/After School Program at Onge CDC/AC. These weeks are included as "Non-School" days in your childcare contract fees.
- KG5AC Care Options are not following the Fort Leavenworth US202 District calendar.
- Make a request for EACH child for EACH week requested (KG-5th grade).
- Parent Central will make offers no later than 30 days prior to the start of a camp week when vaccine is extra. (Withdrawals are determined by advancement/justification notification of absence.)

PLAN AHEAD! 2025 Summer Camp Weeks will be available to request in early January 2025.

For medical assistance CONTACT: CYS PARENT CENTRAL (913) 684-9128 or 4958

### ARMYMWR Cares

Stay Resilient through every Season with Family and MWR

PRESENTED BY: Army MWR

CONTACT: 913-684-5118



**Happy Holidays!**

**THE CARL'S HOLIDAY SCHEDULE:**

**Holiday Hours:**  
0900 - 1630  
December 16 - 20,  
December 30 - 31,  
& January 2 - 3

**Closed:**  
December 21 - 29,  
& January 1

**Regular Hours Resume:**  
January 4



IKE SKELTON COMBINED ARMS RESEARCH LIBRARY  
**December 2024**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Happy Holidays from The CARL



**The CARL Newsletter**  
<https://carlcs.libguides.com/home>

**LIBRARY CLOSURES**  
December 21 - 29  
January 1

**RESOURCES**  
Public computers: Login procedures for the 1st floor computers have changed. Please go to the Circulation Desk to get a computer login.  
Interlibrary loans: Request materials from other libraries. Fill out an ILL form here.  
Book displays: Highlighting various subjects throughout the year.

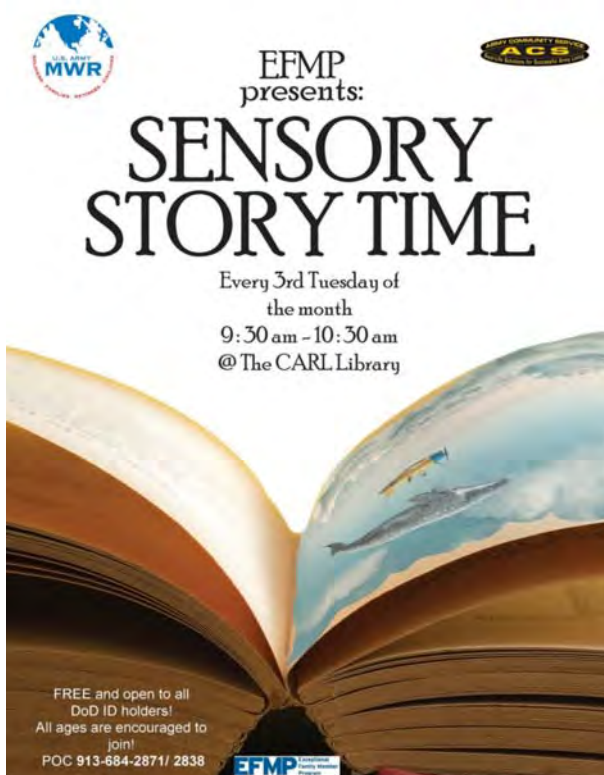
**COMMUNITY NEWS**  
Storytime: This month 3 December, 10 December, and 17 December at 0930.  
All are welcome!

**Holiday Hours**  
0900 - 1630  
December 16 - 20  
December 30 - 31  
January 2 - 3  
Regular hours resume January 4

**ACADEMIC NEWS**  
Need research or archives assistance? Use our "Ask a Librarian" form or speak to a first-floor Reference Librarian.

913 - 758 - 3001  
Follow us on Facebook for updates

Mon-Thurs: 0700 - 1900  
Fri: 0700 - 1630  
Sat: 0900 - 1630  
Sun: Closed  
Closed All Federal Holidays



MWR EFMP presents: **SENSORY STORY TIME**

Every 3rd Tuesday of the month  
9:30 am - 10:30 am  
@ The CARL Library

FREE and open to all DoD ID holders! All ages are encouraged to join!  
POC 913-684-2871 / 2838



**STORYTIME @ THE LIBRARY**

Join us!

- Held in the Children's Room
- Every Tuesday @9:30a.m.
- Family Storytime (Open to all ages)
- Storytime with stay & play after

CARL LIBRARY



**CALL FOR VOLUNTEERS**

The Frontier Army Museum is looking for a consistent, longterm volunteer to work in the collections.

Role: Assisting with inventory, minor artifact cleaning, mount making, and other collections related tasks.

Age Requirement: Must be 16 and older.

Interested? Please contact Megan Hunter  
megan.m.hunter4.civ@army.mil



**Dental Assistant Training Program**



Fort Leavenworth  
Dental Clinic Command

**INTERESTED IN THE DENTAL ASSISTANT TRAINING PROGRAM?**

The Dental Assistant Program is a combination of classroom and hands-on basic education and clinical skills. The program is designed to provide the skills necessary for volunteers to become employed at a Dental Treatment facility (DTF). Please note, employment is not guaranteed.

This is a valuable training opportunity where dental trainees MUST commit to a six (6) month period required for completion. First 2 weeks in lectures then rest of the 22 weeks in clinic hands-on experience.

Training day is from 0720-1600 Monday – Friday

- ❖ Must have valid DoD sponsored ID card  
Retiree or family member of active/guard/reserve retired with regular post access privileges.
- ❖ Must be 18 years old or older prior to start of program.
- ❖ High School Graduate or GED.
- ❖ Candidates must have or be willing to complete BLS training and vaccination requirements prior to start of program.
- ❖ There is no cost for those accepted.
- ❖ Candidates will be chosen based on application, essay, and individual interviews.

- ❖ Applications accepted, and interviews conducted now through 15 Dec 24
- ❖ Training begins on 3 Feb 25
- ❖ Contact American Red Cross today for an application packet!

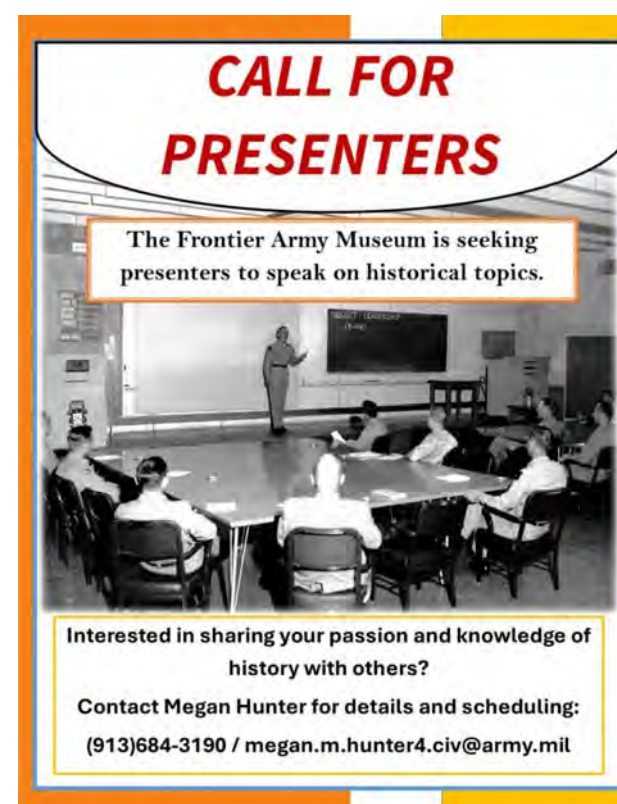
**START HERE FOR A GREAT OPPORTUNITY**

American Red Cross  
[Jason.Ramlow@redcross.org](mailto:Jason.Ramlow@redcross.org)  
Phone: (816) 536-0108



**Free Dental Assistant Training**

- Brought to you by the American Red Cross & the Ft. Leavenworth Dental Clinic Command
- 2 weeks lectures and 22 weeks chairside on the job clinical training (1000 hours total). All done as a volunteer.
- Must be military ID holder, HS grad, and age 18+ to apply.
- Training will be at Smith Dental Clinic, 520 Pope Ave.
- Applications available now and interviews held now through 15 Dec 24. Training begins on Monday, Feb. 3<sup>rd</sup>, 2025.
- Call the Red Cross at 816-536-0108 or email: [Jason.Ramlow@redcross.org](mailto:Jason.Ramlow@redcross.org) for an application.

**CALL FOR PRESENTERS**

The Frontier Army Museum is seeking presenters to speak on historical topics.

Interested in sharing your passion and knowledge of history with others?  
Contact Megan Hunter for details and scheduling:  
(913)684-3190 / [megan.m.hunter4.civ@army.mil](mailto:megan.m.hunter4.civ@army.mil)



**HUNGRY?**

Fort Leavenworth MWR has AMAZING food options!

- Solarium Buffet
- 12th Brick Grille
- Strike Zone Snack Bar
- Java Cafe
- FCC BBQ

LEAVENWORTH.ARMYMWR.COM

U.S. ARMY MWR  
SUPPORTS FAMILIES • RETIREES • CIVILIANS

DECEMBER 2024



STRONGHOLD DISTRIBUTION & HAPPY BOTTOMS  
By Appointment Only  
www.strongholdfoodpantry.org

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3 Stronghold Christmas Ruck March	4 Open Pantry & Happy Bottoms 11:00 - 1:00	5	6	7
8	9 Christmas Depot	10 Christmas Depot	11 Open Pantry & Happy Bottoms 11:00 - 1:00	12 Christmas Depot	13 Christmas Depot	14 Little Elves Shop 6:00P
15	16	17	18 Open Pantry & Happy Bottoms 11:00 - 1:00	19 CLOSED	20 CLOSED	21
22	23	24	25	26	27	28
29	30	31	<i>Closed</i>			

### Stronghold Christmas Depot

- ★ Register a family in need
- ★ Donors & Sponsors Needed
- ★ Volunteer to Help

www.strongholdfoodpantry.org

### Become a Sponsor

Businesses, organizations, and individuals can sponsor a child (1) or a family (multiple children) to shop Stronghold's Christmas Depot.

Too busy to shop? You can provide a financial gift that allows Stronghold to purchase toys and clothing for military children on behalf of you, the sponsor.

All donations are tax deductible as allowed by law.

www.strongholdfoodpantry.org

### Stronghold Christmas Depot Presents The Little Elves Shop

www.strongholdfoodpantry.org

### Make a donation

Donate new toys, books, art supplies, or clothing. These gifts will be carefully wrapped and gifted to military children.

If you are unsure of what to give, you can opt for a monetary donation that allows Stronghold to purchase gifts and items needed for military families.

All donations are tax deductible as allowed by law.

www.strongholdfoodpantry.org

### Register a Family

Families, in need of additional support, can register to participate in this year's Stronghold Christmas Depot.

Families will have the ability to shop for their child's gifts with dignity and care. Limited availability (kids 18 and under).

ALL information shared will be kept confidential.

www.strongholdfoodpantry.org

### FOOD DRIVE

BENEFITING YOUR LOCAL MILITARY COMMUNITY

Most Needed Items:  
Canned Chicken, Canned Tuna, Canned Fruit, Macaroni and Cheese, Pasta Sauce, Pasta

Donations can be dropped off at Armed Forces Bank locations:  
2901 S 4th St Leavenworth  
320 Kansas AV Fort Leavenworth

www.strongholdfoodpantry.org

### Stronghold: Happy Bottoms Program

Powered by: Rapid Response Charities

### Free Monthly Diaper Distribution

Email: contact@strongholdfoodpantry.org

www.strongholdfoodpantry.org

### Hunger Buster Pack

POWERED BY: FTLY THRIFT STORE

Do you have a school aged child that could use a pack filled with breakfast, lunch, and snack goods to help them sustain a healthy active lifestyle over school break?

Bring your pack back for a REFILL or register online to pick up your pack

www.strongholdfoodpantry.org

### Need to talk?

We're here to help.

safehelpline.org

# FAMILY ADVOCACY PROGRAM



Mon- Fri 8:00 a.m.-4:00 p.m. with limited hours Thur 1-4:00 p.m. | 913-684-HELP (4357) / 2800

**DECEMBER** Resiliency Center, 600 Thomas Ave, Building 198 \*\*\*ACS is closed for lunch from 1130-12:30pm daily\*\*\*

## NEW PARENT SUPPORT PROGRAM

There will be **no NPSP events Dec 25-26 or Jan 1-2**  
 \*\*Call 913-297-3212/9704 to register for all NPSP classes & events.

**Toddler Time**  
 Wednesdays, 9:00am  
 Resiliency Center Playroom

**Story Time**  
 Wednesdays, 10:00am  
 Resiliency Center, Room 157

**Play Morning**  
 Thursdays, 9:00-10:00 am & 10:00-11:00 am  
 Resiliency Center, Playroom

**Breastfeeding Class**  
 Dec. 2, 5:00-7:00pm  
 Resiliency Center, Room 157

**Dad's Night Out**  
 Dec. 4, 6:00-8:00pm  
 Restaurant TBD

**Newborn Care Class**  
 Dec. 9, 5:00-7:00pm  
 Resiliency Center, Room 157

**Mom's Night Out**  
 Dec. 11, 6:00-8:00pm  
 Restaurant TBD

## ACS WILL BE CLOSED DEC 24-25, 31 & JAN 1



## FAMILY ADVOCACY PROGRAM

\*\*Registration Required for all FAP events.

**Co-Parenting Workshop**  
 Dec. 2, 9, 16, 30, 12:00-1:00pm  
 Resiliency Center, Room 145  
 virtual options available

**Anger Management Class**  
 Dec. 5, 11:30am-1:00pm  
 Resiliency Center, Room 145

**Mom & Me Crocheting**  
 Dec 6, 1:00-3:00pm  
 Resiliency Center, Room 145

**Positive Parenting Series**  
 Dec. 6, 13, & 20, 1:30-3:00pm  
 via Microsoft Teams

**Navigating the Teen Years**  
 Dec. 18, 1:00-2:30pm  
 Resiliency Center, Room 145



**CALL ACS TO REGISTER FOR CLASSES TODAY! ALL EVENTS LISTED ARE FREE!**

<https://leavenworth.armymwr.com/>

<facebook.com/FortLeavenworthACS>

<facebook.com/FortLeavenworthFMWR>

<https://home.army.mil/leavenworth/>



## UNITED STATES ARMY COMBINED ARMS CENTER AND FORT LEAVENWORTH SEXUAL HARASSMENT AND SEXUAL ASSAULT RESPONSE WORKFORCE



**Ms. Amanda Bouseigneur**  
 Lead SARC  
 Amanda.bouseigneur.civ@army.mil  
 Office: 913-684-2810  
 Cell: 913-704-9620  
 Bldg 197, 632 McClellan Ave

For Assistance contact  
**LTC Craig Arnold**

Hiring Underway  
 Supervisory SARC



**SFC Jerri Osborne**  
 Team 1 SARC  
 jerri.osborne.mil@army.mil  
 Office: 913-684-1698  
 Cell: 913-565-0741  
 Bldg 77, Room J209,  
 290 Grant Ave



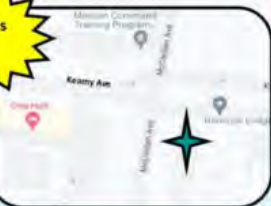
**LTC Craig Arnold**  
 Interim Supervisory SARC  
 Team 2 SARC  
 craig.d.arnold.mil@army.mil  
 Office: 913-684-2818  
 Teams: 520-692-8849  
 Cell: 913-704-9604  
 Bldg 197, 632 McClellan Ave



**SFC Jacob Roach**  
 Team 3 SARC  
 jacob.w.roach.mil@army.mil  
 Office: 913-684-0956  
 Cell: 913-547-5075  
 835 Sabalu Rd



**Mr. Josh Belle**  
 Team 4 SARC  
 joshua.p.belle.civ@army.mil  
 Office: 913-684-5230  
 Cell: 913-680-5699  
 Bldg 58, 614 Custer Rd



**Ft Leavenworth SHARP Resource Center**  
 Building 197, 632 McClellan Ave  
 Fort Leavenworth, KS 66027

Contact the team at [usarmy.leavenworth.cac.mbx.cac-sharp@army.mil](mailto:usarmy.leavenworth.cac.mbx.cac-sharp@army.mil)

For Assistance contact the  
**SHARP Hotline**

Hiring Underway  
 Victim Advocate



**Ms. Nicole Hernandez**  
 Victim Advocate  
 Maureennicole.n.hernandez.civ@army.mil  
 Office: 913-684-5230  
 Cell: 913-544-9243  
 Bldg 58, 614 Custer Rd

For Assistance contact the  
**SHARP Hotline**

Hiring Underway  
 Victim Advocate

For Assistance contact the  
**SHARP Hotline**

Hiring Underway  
 Victim Advocate

### We Have Realigned Under a New Installation Model!

- Team 1** AAFES, ACS, AFC, ARI, CDID, Cemetery, CID, CPAC, DeCA, DES, DLA, DMPA, FMWR, LRC, MCCoE, MICC, Museum, NEC, PAO, RCI Housing, TDS/SJA, TRAC, USAFMSA, USAG HQ, USASMDC, USD 207, and US STAG CMD.
- Team 2** CAC HQ, CAC-T HQ, MCTP, NSC, STB, TMD, 505th CCW and 500th/67th MP
- Team 3** ACB, MWJRCF, USDB
- Team 4** Army U, CGSC, Dental, DLI, MAHC staff, Patients, SAMS, SOF, TRADOC, Veterinarian, and Other Service Staff tenant personnel

**Fort Leavenworth 24/7 SHARP Hotline**  
 913-683-1443  
**DoD Safe Help Line**  
 877-955-5247

**Sexual Harassment Complaint Reporting Option**  
 Formal | Informal | Anonymous  
**Sexual Assault Reporting Option**  
 Restricted | Unrestricted  
**Retaliation Reporting Options**  
 Command | IG | SARC | DoD Safe Helpline

Find us on Facebook



WeCare App



Get it on Google Play



#NotInOurArmy  
 Current as of 17 November 2024

## - Family Advocacy Program - Victim Advocacy Program

1 in 3 women and 1 in 4 men have experienced some form of domestic violence by an intimate partner in their lifetime.

If you or someone you know is experiencing violence by an intimate partner, please reach out to the victim advocacy program at 913.683.2537.



Safety Planning



Victim Advocacy Services



Education & Support Group

## DOMESTIC VIOLENCE EDUCATION AND SUPPORT GROUP

**When:**  
 November 7th and 21st  
 December 5th & 19th  
 January 2nd, 16th & 30th  
 February 13th & 27th  
 1:00PM-2:30PM



**THIS GROUP IS:**  
 - SAFE  
 - RELATABLE  
 - EDUCATIONAL  
 - RELEVANT  
 - CONFIDENTIAL

**Where:**  
 Resiliency Center  
 600 Thomas Ave  
 Room 145

FOR QUESTIONS  
 CALL 913-683-2537



## If you experienced sexual trauma during your military service, VA can help.

### Free Services

The Department of Veterans Affairs (VA) offers free health care and other benefits for current and former Service members who experienced sexual assault, harassment or abuse during military service, also known as military sexual trauma (MST).

### For Current Service Members

Current Service members (including current National Guard and Reserve members) can access confidential MST-related counseling at VA's Vet Centers without a referral and care at VA medical facilities with a Department of Defense referral.

### No Report or Evidence of MST Needed to Receive Care

No report to authorities or other documentation of the MST experience is needed to receive health care services.



For more information, scan the QR code, download the Beyond MST mobile app, or visit/call:  
[www.mentalhealth.va.gov/mst](http://www.mentalhealth.va.gov/mst)  
[www.va.gov/find-locations](http://www.va.gov/find-locations)  
 1-800-698-2411



Department of Defense  
 OFFICE OF PROTECTION AND SECURITY REVIEW

24-P-0880

DoD

# Safe Helpline

Sexual Assault Support for the DoD Community

[safehelpline.org](http://safehelpline.org) | 877-995-5247



# ARMY COMMUNITY SERVICE



Mon- Fri 8:00 a.m.-4:00 p.m. with limited hours Thur 1-4:00 p.m. | 913-684-HELP (4357) / 2800

**DECEMBER** Resiliency Center, 600 Thomas Ave, Building 198 \*\*\*ACS is closed for lunch from 1130-12:30pm daily\*\*

## RELOCATION READINESS PROGRAM

**In-Processing Brief**  
Tuesdays, 9:00-10:00am  
Resiliency Center, Room 157

**OCONUS Levy Brief**  
Tuesdays, 10:00-11:00am  
Resiliency Center, Room 157

**Hearts Apart Bowling for Families of Deployed Service Members**  
Dec. 7, 12:00-2:00pm  
Strike Zone Bowling Center  
\*Registration Required

**Multi-Cultural Families Friday Fun Day- White Elephant Holiday Celebration**  
Dec. 13, 9:30-11:00am  
Resiliency Center, Room 106  
\*Registration Required

**Lending Closet**  
Are you In/Out-Processing and need essentials? ACS has short-term basic items to help you get by.

- kitchenware
- cookware
- small appliances

**ACS WILL BE CLOSED DEC 24-25, 31 & JAN 1**

**EMPLOYMENT READINESS PROGRAM**  
offers career counseling, job search assistance, job referrals, and civilian & federal resume review. Call to schedule one-on-one or register for classes. Follow us on FB @Fort Leavenworth ERP for job announcements.



**ARMY VOLUNTEER CORPS (AVC)** To register for a volunteer account or find volunteer opportunities visit: <https://vmis.armyfamilywebportal.com>

## EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)

\*Registration Required for EFMP events

**EFMP Recreational Bowling for EFMP Families**  
Dec. 7, 12:00-2:00pm  
Strike Zone Bowling Center

**EFMP Sensory Story Time**  
Dec. 17, 9:30-10:30am  
CARL Library

**SURVIVOR OUTREACH SERVICES** provides long-term support to surviving Families of fallen Soldiers.

- SOS Tree Trimming Social**
- Dec. 10, 11:30am, Grant Hall, BLDG 52, 1 Sherman Drive
  - Dec. 14, 1-3pm, Resiliency Center, Center of Valor & Remembrance

**ARMY EMERGENCY RELIEF (AER)** provides emergency assistance to active duty service members, their families, and retired service members.

For emergency financial assistance during normal duty hours, call the ACS main line, and after hours, weekend or holiday, call the American Red Cross Call Center at 1-877-272-7337.

Command & Troop training is also available upon request.

**FINANCIAL READINESS PROGRAM** offers one-on-one appointments and classes by request on topics such as TSP, BRS/Continuation Pay, financial counseling and budgeting for major life events (retirement, marriage, divorce, new child, illness & more).

<https://leavenworth.armymwr.com/>

[facebook.com/FortLeavenworthACS](https://facebook.com/FortLeavenworthACS)

[facebook.com/FortLeavenworthFMWR](https://facebook.com/FortLeavenworthFMWR)

<https://home.army.mil/leavenworth/>

## Employment Readiness Program Classes

ACS Classroom • Resiliency Center, 600 Thomas Ave.  
Wednesdays • 12PM - 2PM\*



**Resume Writing:**  
Mar 20\* • June 19\* • July 17\*  
Aug 14\* • Sept 25\*  
Evening Classes:  
May 22 • Aug 14 - 5PM - 7PM  
Registration required for evening classes



**Federal Employment:**  
Jan 17\* • Mar 6\* • April 10\*  
May 8\* • June 5\* • July 10\*  
Aug 7\* • Sept 11\* • Oct 9\* • Nov 6\*  
Evening Classes:  
May 15 • Aug 7 - 5PM - 7PM  
Registration required for evening classes

Scan QR Code for more info!

**Interview Skills & Professionalism:**  
Feb 21\* • May 22\*  
July 24\* • Aug 21\*

\*Classes are from 12PM - 2PM\*  
Registration is required for evening classes only.  
Open to DoD ID card holders.

For more info call:  
(913) 684-2800



**Every 2nd Tuesday from 9am - 10am @ The EFMP Playground**  
(through the month of October 2024)

Come out and get to know other EFMP Families while the kids play! Every month there will be a NEW and EXCITING activity for the kids! Open to EFMP Families only.

Registration is required the Friday before the event.  
Call 913-684-2871 or 913-684-2800 for more info

**Activities\***  
May- Chalk Art  
June- Art Easels  
July- Popsicles  
August- Bubbles  
September- Juice Boxes  
October- Pumpkin Decorating  
\*Subject to change

**EFMP** Exceptional Family Member Program

**ACS Employment Readiness Program Menu of Services**

One-on-one appointments and workshops to assist with:

- Career exploration and planning
- Skills and personality assessments
- Education and skills attainment
- Civilian and Federal resume assistance
- Employer referral and job search assistance
- Interview skills and professionalism

For more information, contact the ACS Employment Readiness Program Specialist  
913-684-2835/2800

**EFMP/ Waiting Families RECREATIONAL BOWLING**

Every first Saturday of the month  
12:00pm - 2:00pm  
Strike Zone Bowling Center  
165 Fourth St

Meet other EFMP families! EFMP Recreational Bowling is a fun way to socialize, and sharpen fine motor skills.

All ages welcome!  
**FREE** for the entire family including shoes!  
Bumpers, bowling ramps, and lightweight bowling balls are available.

Pre-registration is required the Wednesday before the event. Fort Leavenworth Waiting Families, call ACS to reserve your spot!  
Call 913-684-2800 for more info or to register

Need to talk to someone who "gets it"?  
Come join your fellow EFMP Spouses for

**"Refreshing Conversations"**

Let's talk about the topics that impact our EFMP community!

Every first Thursday of the month in the ACS classroom @ The Resiliency Center 10:00 am - 11:00 am

TEAMS calls will be available starting August 1 from 1:00pm - 2:00pm

Aug 1  
Sep 5  
Oct 3  
Nov 7  
Dec 5

Enjoy light refreshments, a delicious drink of the month, and great conversation!

Please register by calling 913-684-2800 or 913-684-2871

**ACS AND FAP PRESENTS: POSITIVE PARENTING VIA MICROSOFT TEAMS • 1:30PM - 3PM**

ROUND 1: OCTOBER 16, OCT 25, NOV 1, AND NOV 8  
ROUND 2: NOV 22, DEC 6, DEC 13, AND DEC 20  
ROUND 3: JAN 13, JAN 20, JAN 27, JAN 31  
ROUND 4: FEB 7, FEB 14, FEB 21, FEB 28  
ROUND 5: MAR 7, MAR 14, MAR 21, MAR 28

THIS FOUR-WEEK COURSE IS DESIGNED TO HELP PARENTS DEVELOP NEW PHYSICAL, PSYCHOLOGICAL STRATEGIES, BUILD STRONG RELATIONSHIPS, AND MEET THE NEEDS OF CHILDREN OF ALL AGES.

FREE AND OPEN TO DOD ID CARD HOLDERS 18+  
REGISTRATION IS REQUIRED AND MUST BE DONE THE DAY BEFORE THE FIRST DAY OF TRAINING.  
PARTICIPANTS MUST ATTEND EACH DATE IN THE ROUND OF THEIR CHOICE.

INFO & REGISTRATION: (913) 684-2800/2822

**ARMY COMMUNITY SERVICE ACS**  
Real-Life Solutions for Successful Army Living

Victim Advocate Hotline: (913) 684-2537  
Child Abuse Hotline: (913) 684-2111  
SHARP Hotline: (913) 683-1443  
Chaplain: (913) 683-1443  
AER Assistance After Hours:  
American Red Cross at (877) 272-7337

Integrity. Dedicated Service. Financial Solutions. Anytime, Anywhere.

**frontierccu.org (913) 651-6575**

**Frontier** Community Credit Union

Federally Insured by NCUA

## ACS New Parent Support Prenatal Classes



**Childbirth Classes:**  
Series of three classes  
January 8th, 22nd, 29th  
March 4th, 11th, 18th  
May 6th, 13th, 20th  
July 15th, 22nd, 29th  
September 16th, 23rd, 30th  
November 4th, 18th, 25th

**Newborn Care Classes:**  
February 12th  
April 15th  
June 10th  
August 12th  
October 21st  
December 9th

**Breastfeeding Classes:**  
February 5th  
April 8th  
June 3rd  
August 5th  
October 7th  
December 2nd

Free for Expectant Parents!

600 Thomas Ave  
Room 157  
All classes are from 5 pm - 7 pm

Deadline for Registration is the Friday before the class. Pre-registration is required.  
Contact 913-297-3212

## ACS New Parent Support Potty Training




Come join us to learn the cues to look for when deciding to potty train! Learn valuable tips to get you started!

**Time to lose the diapers?**

FREE For Parents of Children aged 0-4 years  
\*Pre-registration Required\*  
Deadline is Friday before class  
Contact 913-297-3212

600 Thomas Ave  
Room 157  
2/26, 4/22, 6/17, 8/19,  
10/28, 12/16  
5 pm - 7 pm

## Stroller Walk & Talk



Meeting at  
The Resiliency Center  
600 Thomas Ave  
Every Tuesday Morning  
March - May  
10am - 11am  
June - Sept  
9am - 10am

This is a FREE opportunity to meet other parents of small children, get healthy and socialize all while enjoying the walking paths of Ft. Leavenworth!

Offered to expecting parents and to parents of children through 3 years of age. Must bring your own stroller. Register the day before!

POC 913-297-3212

## MOM'S NIGHT OUT

This NEW event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.

Jan 31 • Feb 28 • March 27 • April 24  
May 29 • June 26 • July 31 • Aug 28  
Sept 25 • Oct 30 • Nov 20 • Dec 11

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old.

Info: (913) 297-3212 or (913) 684-2800

## DAD'S NIGHT OUT

Dad's Night Out is offered by ACS New Parent Support Program for Dads of children 0-3 years of age to get out of the house without the kids and meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.

Jan 24 • Feb 21 • March 20 • April 17  
May 22 • June 12 • July 24 • Aug 21  
Sept 18 • Oct 23 • Nov 13 • Dec 4

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Dads with children 0-3 years old.

For more info: (913) 297-3212 or (913) 684-2800

## SCREAM FREE Parenting



ACS Conference Room 145  
600 Thomas Ave  
From 1:00 - 2:30pm  
June 5, July 10, Aug 7,  
Sept 4, Oct 2, Nov 6  
Dec 4

Feeling frustrated? Overwhelmed? Let us help you focus on staying both calm and connected with your loved ones. We'll work together to find the tools to revolutionize your relationships with your children.

This class is recommended for parents with children aged 5+.

FREE  
Open to all DOD ID holders 18+  
leavenworth.armymwr.com

Call to register (deadline is day before training)  
913-684-2811 / 2808

## MOM & ME CROCHETING

Oct 4, Nov 1, Dec 6  
1pm - 3pm  
Room 145  
600 Thomas Ave

Come on out and learn a new skill, or perfect an existing one! An instructor will be available to teach the basics.

\*Stitch\* together and bond with your kids!  
Supplies and snacks will be provided!  
Have a favorite yarn?  
You're welcome to bring it!

Please RSVP one day prior to class  
Call 913-684-2808/2800

FREE!  
Ages 8+

## Toddler Time Playgroup

ACS Family Advocacy New Parents Support Program Presents

- Free toddler play group.
- Open to ages 2-3 years old with adult.
- Offers an introduction to preschool routines, explores educational concepts, and builds social skills through hands on experiences and activities.

**Wednesdays @ 9:00am**

Located at the Army Community Service Resiliency Center  
600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text  
913-297-3212 or 913-297-9704

## Play Morning

Thursdays from 9-11:00 a.m.  
Ages 3 months - 3 years with Guardian • Resiliency Center

Free play group for ages 3 months - 3 years and their parents/guardians.

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.

Army Community Service | Resiliency Center | 600 Thomas Ave. | Fort Leavenworth, Kansas  
Registration required, cut off is day before event (913) 297-3212 or (913) 684-2800

## ACS Family Advocacy New Parents Support Program Presents Storytime!

Free  
Open to ages 3 months - 3 years old with adult.

Join us for storytime to use our imagination and develop a love of books

Storytime fosters early literacy skills, language development, and social growth.

**Every Wednesday @ 10:00 am**

Located at the Army Community Service Resiliency Center  
600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text  
913-297-3212 or 913-297-9704

## 5 Love Languages of Teenagers

Do you ever feel like you and your teen are speaking another language?

The "5 Love Languages of Teenagers" class is geared toward caregivers that want to communicate with their teens in a way that everyone feels heard, understood, and most importantly loved.

ACS Classroom 145  
Feb 14, May 8, Aug 14, Nov 13  
1-2:30pm  
FREE

Open to all DOD civilians, active duty, and retired military that are caregivers raising teens  
Call to register (deadline is day before class)  
913-684-2822 / 2808

## Financial Readiness Milestone Training

Are you financially prepared for what life throws your way? Let us help! We offer free Financial Readiness Training on a variety of subjects.

Some of the topics we will discuss:  
Pre-Deployment  
Post-Deployment  
PCS  
Marriage  
Divorce  
Vesting in TSP  
Promotion  
First Child  
Continuation Pay  
Disabling sickness/injury/condition

Held monthly every 2nd & 4th Thursday @ 0900am - 1100am.  
Bldg 198 Room 157

INFO: 913-684-2852 / 2800

## Anger Management Course

The Resiliency Center Room 145

Our 8 week Anger Management Course will teach you a new tool every week to stay cool and collected in even the most difficult of settings.

Each week will have real world scenarios, instant feedback, and an opportunity to apply each newly acquired skill in a group setting.

Feeling lost in the storm? We can help.

FREE and open to all DOD ID card holders 18+  
Deadline to register is the day before the first day of training. Participants must attend each day in the round. Virtual Attendance is available through TEAMS.  
Call 913-684-2808 / 2822 for more info

Round 1:	Round 2:
1:30pm - 3:00pm	1:30pm - 3:00pm
October 3, 10, 17, 24	January 9, 16, 23, 30
November 7, 14, 21	February 6, 13, 20, 27
December 5	

## ACS FAP Presents: 5 Love Languages for Couples

January 10 • July 10 • October 9 // 1:00PM-2:30PM  
ACS Classroom 145

The 5 love languages couples focuses on the strengthening the connections while learning the core patterns when speaking or giving love to others, and how love is received. Learn how to stay connected, translate love languages and improve relationships.

Deadline to register is day before each class.  
FREE and open to DoD ID card holders 18+.  
For more info: (913) 684-2811/2808

Scan the QR Code for more info about FAP.

## ADULT SPORTS Basketball League

**Coaches Meeting**  
Wednesday, Nov 13  
@5:30pm  
Gruber Fitness Center

League play begins  
Thursday, Dec 5  
End TBD

Games:  
Tuesdays & Thursdays  
5:30pm - 8:30pm  
Harney Sports Complex

League awards given for regular season champions, tournament runner-ups, and tournament champions. Open to all Active Duty, DOD Civilians, Retirees, Dependents, and Contractors working at Fort Leavenworth age 18 and older.

For more info call 913-684-3224 / 684-5136

## FUN SHOOT

**Brunner Range**  
1st Saturday of the Month

**Jan 6 - Dec 7 2024**  
Feb 3, Mar 2, Apr 6, May 4, Jun 1, Jul 6, Aug 3, Sep 7, Oct 5, Nov 2.

Registration is required and can be done the day of the event from 9AM-10:30AM.

Space is limited so register early.

Rental guns and shells are available or bring your own.

Prizes and awards distributed at the end of each shoot.

Info: (913) 651-8132  
701 Sheridan Drive

## NEW FOR 2024! ADULT SPORTS Doubles Pickleball League

LET'S PLAY!

**Player's Meeting**  
Wednesday Oct 23  
5:30pm @ Gruber Fitness Center  
Letters of intent due COB Wednesday Oct 30

**Harney Sports Complex**  
**New to Pickleball!**  
That's okay! This fast growing sport is described as a hybrid of tennis, badminton, and ping pong. It's played on a badminton sized court with a net, hard paddles and perforated plastic balls. There may be less running than tennis, but don't let that fool you! Players can burn serious calories during just 30 minutes of play!

**Games**  
Mondays & Wednesday  
5:30pm - 8:30pm  
Harney Sports Complex

Open to Active Duty, DOD Civilians, Retirees, Dependents, and Contractors working at Fort Leavenworth that are 18+

Call 913-684-3224 / 5136 for more information

League play starts Wednesday Nov 6 - TBD

League awards are given for regular season champions, tournament runner-ups, and tournament champions.

## Discover Fort Leavenworth's Fitness Facilities

Harney Sports Complex and Aquatics Center  
185 Fourth St.  
913-684-2190  
M-F 0500-1800  
Sat-Sun 0800-1700

Gruber Fitness Center  
200 Reynolds Ave  
913-684-5120  
M-F 0500-1800  
Sat-Sun 0800-1700

**YOU'RE JUST A CLICK AWAY FROM A HEALTHIER YOU!**

**Adult Sports & Fitness**

Scan Here for current information about adult intramural sports, pool hours, eligibility, how to register for 24/7 access, and special programs!

**Group Fitness**

Scan Here for current fitness classes, schedules, fees, and eligibility. FREE for Active Duty!

**WE OFFER 24/7 Gym Access (After registration) LET'S GO!**

**DECIDE TO COMMIT TO SUCCESS**

## WEIGHTLIFTING

First Class is Free!

Learn proper Olympic Lifting technique and how to safely resistance train. Programming is designed to increase Muscle Mass, Strength, and Power. Resistance training has been shown to increase bone density, metabolic rate, cognition, reduce fat accumulation, lower risk of heart disease, and so much more. Start enjoying the benefits!

**CLASSES MEET MON, WED, FRI 9:00-10:15 AT HARNEY GYM**  
**\$10 DROP IN RATE OR \$75 MONTH**

FOR MORE INFO, (913) 684-2190

## 913 WEIGHTLIFTING

### FUNCTIONAL FITNESS CLASSES

**CLASSES**

Monday - Friday  
9:00-10:15am  
Harney Gym  
185 Fourth Street  
Fort Leavenworth, KS

**ABOUT**

Classes are designed to increase strength, power, speed, agility, and aerobic capacity by Olympic lifting, weight lifting, gymnastics, and plyometrics. This class is ideal for beginners and elite. Get healthier, get stronger, live longer. Enjoy professional programming in a supportive, encouraging environment.

**PRICING**

Monthly rates  
3x week \$75  
5x week \$85  
Drop in \$10

CONTACT

For more info: 949-291-0386

## A WOMEN'S ONLY FREE JIU-JITSU SEMINAR

WITH COACH DON CASTRO

**REGISTRATION IS LIMITED  
SIGN UP EARLY**  
POC: 254-346-7156

**CLOTHING:**  
Appropriate Gym Attire  
Gi / No Gi Attire recommended

**NOVEMBER 2ND (Saturday)**  
Beginner / Advanced Women  
**FREE JIU-JITSU SEMINAR**  
1130 - 1230  
GRUBER FITNESS CENTER

Starting August 19th, 2024

## Fort Leavenworth Group Fitness Classes

**GRUBER FITNESS CENTER** - 200 Reynolds Ave. - 684-5120  
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530			Spin (Karyn)			
0930		Zumba (Lydia)		Zumba (Lydia)		
1200						
1630	Hot Yoga (Kim)	Zumba (Lydia)	Power Cycling (Kim)	Zumba (Lydia)		
1730			Power Yoga (30min) (Kim)			

**HARNEY SPORTS COMPLEX** - 185 Fourth St. - 684-2190  
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

\*Power Cut classes are held in the Bubble Gym

**Single Ticket For \$5.00**

**10 Tickets For \$45.00**

**20 Tickets For \$80.00**

SPORTS • FITNESS • AQUATICS

<https://leavenworth.armymwr.com>

## Independent Instructor Class Schedule

**Gruber Fitness Center**

Monday	Tuesday	Wednesday	Thursday	Friday
	Brazilian Jiu-Jitsu Beginner 1820-1930	Brazilian Jiu-Jitsu Beginner 1820-1930	Brazilian Jiu-Jitsu Beginner 1820-1920	
	Advanced 1940-2040	Advanced 1940-2040	Advanced 1940-2040	

1 x a week - \$60 2 x a week - \$75 3 x a week - \$85 Drop in \$20  
First class is FREE! Must have 24 hour access to gym. Classes are 18+ Register in person

**Harney Sports Complex**

Monday	Tuesday	Wednesday	Thursday	Friday
Olympic Lifting 0900-1015	Resistance Training 0900-1015	Olympic Lifting 0900-1015	Resistance Training 0900-1015	Olympic Lifting 0900-1015
Kids Olympic Lifting 1600-1700 Bubble Gym		Kids Olympic Lifting 1600-1700 Bubble Gym		

Olympic Lifting - \$75 (3 days) \$70 (2 days) \$10 (drop in)  
Resistance Training - \$70 (2 days) \$10 (drop in)  
Kids Olympic Lifting - \$75 (NO drop in)  
First class is FREE! Olympic Lifting and Resistance Training is for 18+

Harney Sports Complex & Aquatics Center  
185 Fourth St  
Ft. Leavenworth, KS  
913-684-2190

Gruber Fitness Center  
200 Reynolds Ave  
Ft. Leavenworth, KS  
913-684-5120

## October - December Workshops

### Watercolor

\$30 per workshop

**Watercolor (Basic Techniques)**  
Wednesday, Oct 9  
11am - 1pm  
Tuesday, Nov 5  
6pm - 8pm

**Watercolor (Color Theory)**  
Wednesday, Oct 16  
11am - 1pm  
Tuesday, Nov 12  
6pm - 8pm

**Watercolor (Simple Landscapes)**  
Wednesday, Oct 23  
11am - 1pm

**Watercolor (Holiday Cards)**  
Tuesday, Nov 19  
6pm - 8pm

**Watercolor (Holiday Wreaths)**  
Tuesday, Dec 3  
6pm - 8pm

Call now to register!  
913-684-3373

### Acrylic

Cost includes all supplies!

**Acrylic (Basic Techniques)**  
Tuesday, Oct 15  
6pm - 8pm

**Acrylic (Intermediate)**  
\*Must sign up for both  
Tuesday, Oct 22  
6pm - 8pm  
Tuesday, Oct 29  
6pm - 8pm



scan for more info



**OPEN STUDIO**  
Hours 10am - 5pm T - F  
Ask about our Hourly Fees

**Multi-Craft Room**  
Come use our provided supplies to craft with the whole family!

**Painting Studio**  
Provided watercolor and acrylic supplies to create your own masterpiece.

**Framing Studio**  
Must take Intro to Framing before using DIY Framing Studio.

**Pottery Studio (Coming Soon!)**

## Modern Calligraphy

### Basics

\$20 per class

Wednesday  
Oct 30  
11:30am - 1pm

### Special Projects

**Holiday Cards**  
Wednesday  
Nov 13  
11:30am - 1pm

**Holiday Cards**  
Wednesday  
Dec 4  
11:30am - 1pm

### Intermediate

\$20 per class

Wednesday  
Nov 6  
11:30am - 1pm



## Reoccurring Classes

MUST PRE-REGISTER

### Intro to Framing

\$40 per class

Every 2nd Thursday & 4th Saturday of the month  
10am - 2pm

### Paint & Sip

\$35 per session

Every 2nd Friday of the month  
6pm - 8pm

Must be 21 years or older.  
BYOB

Come see what's new at the Studio!

leavenworth.armymwr.com



## October - December Workshops

### Acrylic

\$35 per class

**Acrylic Pour**  
Tuesday, Oct 29  
11am - 1pm



### Framing

\$40 per class

**Intro to Framing**  
\*Must pre-register\*

Thursdays  
Oct 10, Nov 14,  
Dec 12  
10am - 2pm

Saturdays  
Oct 26, Nov 23  
10am - 2pm

Call now to register!  
913-684-3373

### Crafts

\$35 per class

**Sweater Pumpkins**  
Friday, Oct 25  
11am - 1pm

**Grateful Pie Garland**  
Friday, Nov 22  
11am - 1pm

**Holiday Ornaments**  
Tuesday, Dec 10  
11am - 1pm



### Paint & Sip

\$35

Must be 21 years or older.  
BYOB



**Day of the Dead Pumpkin**  
Friday  
October 11  
6pm - 8pm



**Festive Gnome**  
Friday  
November 8  
6pm - 8pm



**Red Scarf Raccoon**  
Friday  
December 13  
6pm - 8pm

Cost includes all supplies!

## Kids Arts & Crafts

### Messy Art

\$12 per class  
(ages 7+)

Thursday, Oct 3  
11am - 12pm

Thursday, Oct 17  
11am - 12pm

Thursday, Nov 14  
11am - 12pm

Thursday, Dec 5  
11am - 12pm

**Color Me Happy (Parent & Toddler)**  
\$10 per class

Thursday, Oct 10, 24  
10:30am - 11:30am

Thursday, Nov 7, 21,  
10:30am - 11:30am

Thursday, Dec 12  
10:30am - 11:30am

### Art History

\$15 per class  
(ages 7+)

**Pumpkins & Picasso**  
Wednesday, Oct 23  
1pm - 3pm

Thursday, Oct 24  
4pm - 6pm

**Macrons & Matisse**  
Wednesday, Nov 20  
1pm - 3pm

Thursday, Nov 21  
4pm - 6pm

**Waffles & Warhol**  
Wednesday, Dec 11  
1pm - 3pm

Thursday, Dec 12  
4pm - 6pm



Come see what's new at the Studio!

leavenworth.armymwr.com



Fri, Dec 13 at 6:00 PM CST

### Cozy Raccoon - December Paint and Sip

310 McPherson Ave, Fort Leavenworth, KS, United States, Kansas 66027...

## The Fort Leavenworth Frame Studio



Come see us!  
**Arts & Crafts Studio**  
310 McPherson Ave  
(913) 684-3373

### Intro to Framing:

(\$40 a class must pre-register)

Every 2nd Thursday of the month from 10am - 2pm

Every 4th Saturday of the month from 10am - 2pm

Deadline to register is the day before class.  
Ages 18+

The Frame Studio is available for all of your framing needs!

Military Prints  
Art Projects  
Photography Prints  
Graduation Certificates  
Etchings/Engravings  
Restoration



## FORT LEAVENWORTH SCHOOL DISTRICT OPENINGS FOR THE 2024-25 SCHOOL YEAR:

- Special Education Para Educators
- Food Service Manager
- Food Service Cook
- Full-Time & Daily Substitute Teachers
- Full-Time Bus Aide
- Full-Time Bus Driver
- Special Education Teacher K-5
- Special Education Teacher 6-9
- Early Childhood Pre-School Special Education Teacher

**APPLY NOW**



[www.usd207.org](http://www.usd207.org) - 913-651-7373

## 2024-2025 School Calendar

July 2024							January 2025						
S	M	T	W	Th	F	S	S	M	T	W	Th	F	S
1	2	3	4	5	6		5	6	7	8	9	10	11
7	8	9	10	11	12	13	12	13	14	15	16	17	18
14	15	16	17	18	19	20	19	20	21	22	23	24	25
21	22	23	24	25	26	27	26	27	28	29	30	31	
28	29	30	31										

August 2024							February 2025						
S	M	T	W	Th	F	S	S	M	T	W	Th	F	S
				1	2	3	2	3	4	5	6	7	8
4	5	6	7	8	9	10	9	10	11	12	13	14	15
11	12	13	14	15	16	17	16	17	18	19	20	21	22
18	19	20	21	22	23	24	23	24	25	26	27	28	
25	26	27	28	29	30	31							

September 2024							March 2025						
S	M	T	W	Th	F	S	S	M	T	W	Th	F	S
1	2	3	4	5	6	7	2	3	4	5	6	7	8
8	9	10	11	12	13	14	9	10	11	12	13	14	15
15	16	17	18	19	20	21	16	17	18	19	20	21	22
22	23	24	25	26	27	28	23	24	25	26	27	28	29
29	30						30	31					

October 2024							April 2025						
S	M	T	W	Th	F	S	S	M	T	W	Th	F	S
							1	2	3	4	5	6	7
6	7	8	9	10	11	12	6	7	8	9	10	11	12
13	14	15	16	17	18	19	13	14	15	16	17	18	19
20	21	22	23	24	25	26	20	21	22	23	24	25	26
27	28	29	30	31			27	28	29	30			

November 2024							May 2025						
S	M	T	W	Th	F	S	S	M	T	W	Th	F	S
					1	2	1	2	3	4	5	6	7
3	4	5	6	7	8	9	4	5	6	7	8	9	10
10	11	12	13	14	15	16	11	12	13	14	15	16	17
17	18	19	20	21	22	23	18	19	20	21	22	23	24
24	25	26	27	28	29	30	25	26	27	28	29	30	31

December 2024						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

School Hours	
Elementary School:	8:00 AM - 3:20 PM
Patton Junior High:	7:40 AM - 3:00 PM
Preschool - AM Class:	8:00 AM - 11:00 AM
Preschool - PM Class:	12:20 PM - 3:20 PM

Early Dismissal/Release Times	
Elementary School:	1:30 PM
Patton Junior High:	1:00 PM
Preschool - AM Class:	10:00 AM
Preschool - PM Class:	2:20 PM

Fort Leavenworth USD 207 Board Approved: 2/26/2024

**WINTER Break**  
**DECEMBER 20 - JANUARY 3**  
 The first day back for staff from Winter Break is January 6.  
 The first day back from Winter Break for students is January 7.

New to Fort Leavenworth? Online enrollment is available on our website.

**DISTRICT OFFICE WINTER BREAK HOURS**  
 7:30 AM - 2:00 PM, Friday, December 20  
 CLOSED | Monday, December 23 - Friday, January 3  
 The USD 207 District Office will resume normal operations on Monday, January 6, 2025.

913-651-7373 | questions@usd207.org | Happy New Year!

**Hungry for a new career?**  
**CYS**  
**HAS THE RECIPE FOR SUCCESS!**  
**CYS Fort Leavenworth is hiring NOW for a NA-8 RPT Cook**

- Starting pay is \$22.87 per hour
- Includes a recruitment/retention incentive of \$2000
- Priority childcare and 50% childcare discount on 1st child
- Commissary privileges
- Guaranteed 20 hours per week
- Benefits that include health, dental, life insurance
- Earned annual and sick leave

Scan here to apply!

Ready for your career to take off?  
**Join our Fort Leavenworth Team as a Lead Child and Youth Program Assistant!**  
 Pay starts at \$24.06 per hour

Career Progression & Paid Training  
 Retirement & 401K  
 Priority Childcare Placement & Employee Childcare Discounts  
 Medical, Dental, Vision, & Life Insurance Benefits \*  
 Full-Time Positions with Paid Leave, & Paid Federal Holidays  
 Access to Commissary & AAFES Shopping Privileges & MWR Facilities  
 Job Transfer Program Worldwide Through Civilian Employment Assignment Tool  
 \*Conditions Apply

**Episode 62 Stewarding the Profession: THE HARDENING PROJECT**  
 LTC Zach Griffiths, Dr. Trent Lythgoe, and COL(R) Rich Creed join our host LTC Lisa Becker to talk about The Hardening Project. They discuss how Army Professionals advance the Profession of Arms through professional writing and discourse. They examine myths of writing, tips to get better at writing, and writing initiatives within The Hardening Project.

Now available on...

**NCO JOURNAL**  
 CHECK OUT THE NCO JOURNAL PODCAST WHERE WE DISCUSS RECENTLY PUBLISHED ARTICLES WITH AUTHORS, TO PROVIDE AN OPEN EXCHANGE OF IDEAS AND INFORMATION.

<https://www.armypress.army.mil/journals/nco-journal/nco-journal-podcasts/>  
<https://www.facebook.com/NCOJournal>  
<https://twitter.com/NCOJournal>

**Fort Leavenworth Care Options Available for Summer 2024 & School Year 2024-2025**

Request Before/After School Care & SAC Camps all year round

**MILITARY CHILD CARE .COM**

Using MilitaryChildCare.com, you can find comprehensive information on child care programs worldwide, conduct a customized search for the care you need, and submit a request for care at any time and from any location. Follow these four steps!

- STEP 1 CREATE ACCOUNT**  
Go to MilitaryChildCare.com to create an account containing information about your family, or to login using an existing username and password.
- STEP 2 SEARCH and REQUEST CARE**  
Search the system for the child care options that best fit your needs and submit your requests for care.
- STEP 3 MANAGE MY REQUESTS**  
You can manage your requests for care from anywhere in the world.
- STEP 4 UPDATE MY PROFILE**  
Keep your My Profile page up-to-date with important information.

It's that easy!  
 To get started, visit: MilitaryChildCare.com  
 For questions/support, call: 855.696.2934

Families can use MCC to make requests for SAC programs, which include Before/After School care and Fall, Winter, Spring, and Summer Camps, all year round. The online system allows you to search for and submit unlimited SAC requests at any time of the year without waiting for a specific registration time to begin. As soon as school dates are known, all SAC programs will be made available to you so you can submit your requests.

Please Note: Spaces are offered via email based on the sponsor's priority and request for care (RFC) date.

**Make sure you are requesting the best Care Option(s) for your childcare needs...  
 Go to our CYS Facebook page or FMWR-CYS website to review the:  
 Fort Leavenworth CYS Care Options & Waitlist Guide**

# MUNSON NOTES

**MEDICAL APPOINTMENT**

**CHECK-IN:** Please arrive 15 minutes prior to your appointment to complete any required paperwork and bring the following items: DoD ID card; list of current medications including over-the-counter meds, vitamins, and supplements; any relevant paperwork or forms; and a list of questions or concerns. If you are not able to make your scheduled appointment, call the appointment line at (913) 684-6250 to cancel.

Munson Army Health Center is looking for volunteers to join the **PATIENT AND FAMILY PARTNERSHIP COUNCIL**. Volunteers can be active-duty, active-duty family members, retirees or retiree family members. The PFPC meets quarterly. If interested, call 913-684-6211/6127.

Munson Army Health Center Pharmacy offers patients a variety of **OVER-THE-COUNTER MEDICATIONS AT NO COST** to service members, retirees and family members. These items are available without a prescription or medical appointment. These self-care items are comparable to those available for purchase from retail stores and include pain relievers, cough medicine, allergy medication, antibiotic ointment, lice treatment and much more. Visit <https://munson.tricare.mil/Health-Services/Pharmacy> and scroll down to the Over-the-Counter Medication Program for details.

Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are **ELIGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE**. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit <https://dvidshub.net/r/8wtflf>.

**MEDICAL CHECK-IN**  
Please arrive 15 minutes early

1-913-684-6250  
munson.tricare.mil

Today's lesson:  
**TRICARE 101**

munson.tricare.mil

**What is TRICARE?**

TRICARE is the uniformed services health care program for active-duty service members (ADSMs), active-duty family members (ADFM), National Guard and Reserve members and their family members, retirees and retiree family members, survivors, and certain former spouses worldwide. You may be able to get care from a military hospital or clinic, a civilian network of providers off your post or base, or TRICARE-authorized non-network providers. Learn more at <https://www.tricare.mil/Plans>.

**Speak up!**  
Your voice matters

Volunteer to become a patient and family advisor on our patient and family partnership council

The Patient and Family Partnership Council captures the voices and insights of patients and families to improve the care experience.

Is being a patient and family advisor right for you?

We are looking for volunteers who can:

- Partner with other patients and staff to help improve care
- Represent the interests of all patients cared for by the military treatment facility
- Work well in teams and have fun!



Learn more about the Patient and Family Partnership Council! For more information, contact:

Munson Army Health Center Patient Advocates at 913-684-6211/6127

**Seasonal Affective Disorder**

*Signs and Symptoms*

Not everyone with SAD has the same symptoms, but they can include:

- Sad, anxious, or "empty" feelings
- Feelings of hopelessness, guilt, worthlessness, or helplessness
- Loss of interest or pleasure in activities you used to enjoy
- Fatigue and decreased energy
- Difficulty concentrating, remembering details, and making decisions
- Thoughts of death or suicide
- Oversleeping
- Overeating, particularly with a craving for carbohydrates
- Weight gain
- Social withdrawal (feeling like "hibernating")
- Difficulty sleeping
- Lack of appetite
- Irritability and agitation

Seasonal Affective Disorder (SAD) is a condition in which some people experience a significant mood change when the seasons change. SAD is not considered a separate disorder but is a type of depression.

[samhsa.gov/mental-health/seasonal-affective-disorder](https://samhsa.gov/mental-health/seasonal-affective-disorder)

If you or someone you know is struggling or in crisis, help is available. Call or text 988 or chat 988lifeline.org. To learn how to get support for mental health, drug, and alcohol issues, visit [FindSupport.gov](https://findsupport.gov).



MUNSON ARMY HEALTH CENTER

**DECEMBER SCHEDULE**

DEC. 05 CLOSING AT NOON  
DEC. 13 CLOSING AT NOON  
DEC. 25 CLOSED

<https://munson.tricare.mil>

MUNSON ARMY HEALTH CENTER

**COVID & FLU VACCINE!**

I GOT MY VACCINE!

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Primary Care 3rd Floor  
ID required age 10 yrs+

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