

THURSDAY
APRIL 11, 2024



LAMP

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

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SHARP updates, duties shared at lunchtime lecture

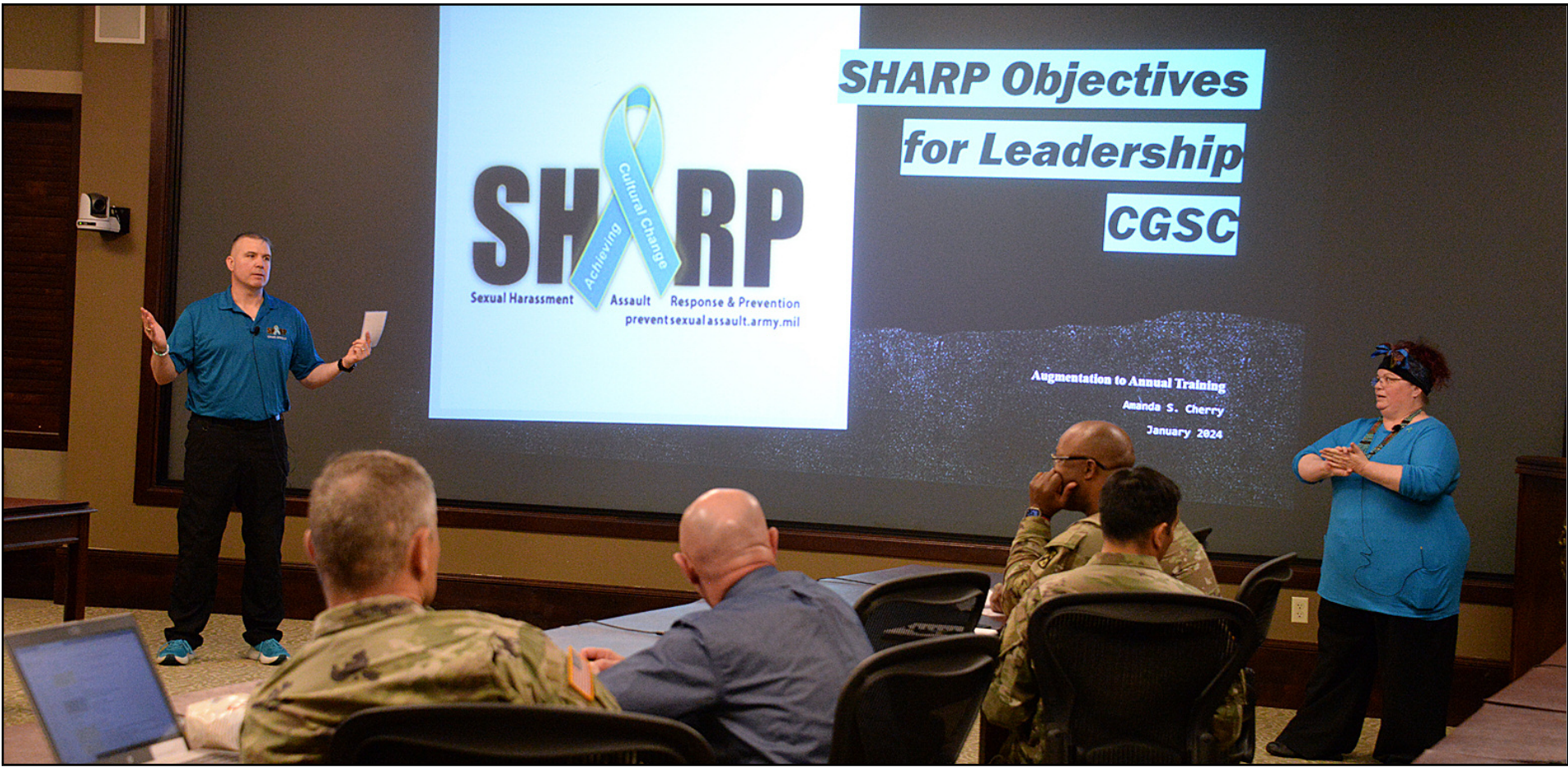


Photo by Prudence Siebert/Fort Leavenworth Lamp

Lt. Col. Craig Arnold, Mission Command Training Program sexual assault response coordinator and interim Combined Arms Center and Fort Leavenworth SARC, and Amanda Cherry, Army University victim advocate and Department of Joint, Interagency and Multinational Operations editor at the Command and General Staff College, talk about changes to the National Defense Authorization Act of 2022, Sexual Harassment/Assault Prevention Program responsibilities of military leaders and things to do/say and not do/say when dealing with victims during a SHARP Teal Tuesday Brown Bag Lunch series lecture April 9 in Arnold Conference Room. April is Sexual Assault Awareness and Prevention Month.

Lamp earns awards in state journalism competition

Editor named Photographer of Year

by Staff Report

Earlier this week, the Kansas Press Association announced the winners of the 2024 KPA Awards of Excellence competition, with the *Fort Leavenworth Lamp* staff receiving a near-record number of awards across multiple categories.

Lamp Editor Prudence Siebert took **first place in Photographer of the Year**, a category in which photojournalists from newspapers across the state are eligible to submit a portfolio of work, regardless of circulation, ranging from the largest newspaper to the smallest.

“Great angles and stories told through a variety of images demonstrating a great deal of photo diversity,” the judge commented.

Siebert also received **first place in General News Photo** with a photograph of

Cody Clark’s parents and brother planting a tree in his memory at the skatepark that he helped design.

“Definitely the strongest photo in terms of impact in this category,” the judge wrote.

Siebert and freelance journalist Tanja Vass placed **first in Feature Package** — which is judged on writing and photo quality, photo usage and package layout — as well as **second place in Best Story/Picture Combination** for single-day event coverage, with their photographs and story about the free little neighborhood library opening in front of the Sutler House on Scott Avenue.

“There are times we overlook things that will make people smile about and appreciate their community,” the judge commented.

SEE KANSAS PRESS ASSOCIATION’S 2024 AWARDS OF EXCELLENCE | A6



AT A GLANCE

■ **PAIR DAY** (Post Activities Information and Registration Day) and **KIDS FEST** are 10 a.m. to 2 p.m. April 13 at Harney Sports Complex.

■ The **HARROLD YOUTH CENTER FAMILY BINGO** is at 5 p.m. April 12 and an **ICE CREAM SOCIAL** is at 6 p.m. April 19 at the youth center. Call 913-684-5118 for more information.

■ The **LITURGICAL/ANGLICAN SERVICE** is at 9:30 a.m. Sundays in Memorial Chapel. The Liturgical and Anglican services are being combined into one

service.

■ **RSVPs ARE DUE** April 12 for the U.S. DISCIPLINARY BARRACKS SESQUICENTENNIAL CELEBRATION. The 150th anniversary event is May 19-21 at Fort Leavenworth. Register at <https://www.eventbrite.com/>. Contact 913-683-8263 or peter.j.grande.vol@army.mil for more information.

■ The **VOLUNTEER RECOGNITION CEREMONY** is at 10:30 a.m., with volunteer check-in from 9:45-10:15 a.m., April 16 at the Frontier Conference

Center.

■ **GRIFFIN GARDEN GREENHOUSE** opens April 17 at 819 Sabalu Road. Hours are 1:30-3 p.m. Mondays and Fridays, and 8:30-10:30 a.m. the first and third Wednesdays of the month. Cash only, military or CAC ID required.

■ The **POSTWIDE YARD SALE** is 8 a.m. to 3 p.m. April 27 across post. Event is open to the public. Call 913-684-1674 for more information.

VOLUNTEER Organization Spotlight

CASA: COURT-APPOINTED SPECIAL ADVOCATES



Volunteers' time, effort changes children's stories

by First Judicial District CASA
Association

First Judicial District CASA (Court-Appointed Special Advocates) Association, which provides services to Leavenworth and Atchison (Kansas) counties, is in need of volunteers to support and advocate for children in need.

"We are always in need of (Court-Appointed Special Advocates) and (Child Exchange and Visit Center) volunteers. CASAs are true heroes who change children's lives right here in our own community," FJDCA Volunteer Recruiter Deborah Liles said. "CEVC volunteers (supervised visitation volunteers) are the heart of our visit center. They ensure that child and parent time, although supervised, strengthens families and provides opportunities for family growth and much needed support.

"Our volunteers are the soul and center of First Judicial District CASA Association," Liles said. "Please consider becoming a CASA or CEVC volunteer — your time and effort changes children's outcomes. It changes their stories."

First Judicial District CASA Association

First Judicial District CASA (Court-Appointed Special Advocates) Association began in 1994 in Leavenworth, Kan., providing services to Leavenworth and Atchison counties. The Leavenworth office is at 100 S. 5th St., and First Judicial CASA Association opened an office in Atchison in 2020.

**"CASAs are
TRUE HEROES
who change
CHILDREN'S LIVES
right here
in our own
community."**

**— Deborah Liles
First Judicial CASA Association
Volunteer Recruiter**

"We celebrate 30 years of service to children and families in Leavenworth this year, and we are capturing and embracing the theme of '30 More in 2024.' By Dec. 31, 2024, our goals are 30 more volunteers, 30 more miles driven, 30 more families served, 30 more donations, 30 more dollars, 30 more partnerships, 30 more CASA volunteer advocates, 30 more stuffed animals, 30 more gift cards for volunteers — 30 more of everything that serves and supports the children and families of Leavenworth County. And most of all, we will strive for 30 more years to serve and support our mission of 'Strengthening Families Today for a Better Tomorrow,' and champion and advocate for our amazing community," Liles said.

FJDCA is a three-fold organization,



First Judicial CASA Association graphic

"We celebrate 30 years of service to children and families in Leavenworth this year, and we are capturing and embracing the theme of '30 More in 2024,'" said Deborah Liles, First Judicial CASA Association volunteer recruiter. "By Dec. 31, 2024, our goals are 30 more volunteers, 30 more miles driven, 30 more families served, 30 more donations, 30 more dollars, 30 more partnerships, 30 more CASA volunteer advocates, 30 more stuffed animals, 30 more gift cards for volunteers — 30 more of everything that serves and supports the children and families of Leavenworth County. And most of all, we will strive for 30 more years to serve and support our mission of 'Strengthening Families Today for a Better Tomorrow,' and champion and advocate for our amazing community."

housing the CASA/CINC (Children in Need of Care) program — trained volunteers who advocate for the best interest of children while they are in foster care.

These children and youth have experienced abuse, neglect and violence, and they need a voice and an advocate. CASAs are the eyes and ears of the judge and, many

times, the only constant in a child's life while in foster care. CASAs work to ensure permanency in a home where a child can move forward and thrive.

The Child Exchange and Visitation Center and the Child Advocacy Center serve as

SEE **CASA** A3

FORT LEAVENWORTH LAMP

PUBLISHED FOR THE COMMUNITY OF FORT LEAVENWORTH, KANSAS

The Fort Leavenworth Lamp is an authorized publication for members of the U.S. Army. Contents of the Fort Leavenworth Lamp are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army, or the U.S. Army Combined Arms Center and Fort Leavenworth. It is published weekly by the Fort Leavenworth Garrison Public Affairs Office, Fort Leavenworth, Kansas 66027, commercial telephone number 913-684-5267 (DSN prefix 552).

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If a violation of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected.

All editorial content of the Fort Leavenworth Lamp is prepared, edited, provided and approved by the Fort Leavenworth Garrison Public Affairs Office. The appearance of advertising in this publication, including inserts or supplements, does not constitute an endorsement by the Department of the Army of the products or services advertised.

The Fort Leavenworth Lamp editorial office is in Room 221G, 290 Grant Ave., Fort Leavenworth, Kan., phone number 913-684-LAMP/526. For submission information, contact the command information officer at 913-684-1718, or e-mail the editor at ftvlampeditor@gmail.com.

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CASA (continued from Page A2)



First Judicial District CASA Association photo

Members of the Leavenworth County police, sheriff and fire departments join First Judicial District CASA Association at 100 S. 5th St. in Leavenworth for a Child Abuse Prevention Month kick-off event April 4 in downtown Leavenworth.



Photo by Dan Billquist/CASA volunteer

First Judicial District CASA Association staff members pose for photos during a Child Abuse Prevention Month kick-off event April 4 outside the CASA office in downtown Leavenworth. Pictured are Child Advocacy Center Director Carolyn Schriener, Financial Coordinator Shelby Bowen, CAC Family Advocate Keisha Davis, Director of Volunteer Engagement Jodi Billquist, Atchison Program Coordinator Kathy Sanberg, Volunteer Recruiter Deborah Liles and Child Exchange and Visit Center Program Coordinator Casey Hall.

two other separate but intertwining programs.

As the umbrella to these 3 organizations, FJDCA provides support and crucial services to children who experience abuse and neglect.

FJDCA also provides parenting support classes and numerous prevention programs available communitywide.

CASA history

CASA (Court-Appointed Special Advocates) was started in 1977 in Seattle, Washington, by Judge David Soukup. He had to decide to take a child out of their home, and there was no one there who could speak up for that child. He requested community support and received many responses.

Judge Soukup passed away in 2023; however, we carry on his mission and are extraordinarily grateful for his vision, leadership and remarkable support of the CASA/GAL (guardian ad litem) mission at the local, state and national levels for more than 40 years. Today, the National CASA/GAL Association for Children supports a network of 939 state CASA/GAL organizations and local CASA/GAL programs operating in 49 states and the District of Columbia.

Visitation assistance

The Child Exchange and Visit Center program began providing services for supervised visitation in 1997. This program is a court-ordered service that ensures the safety of children while visiting with their non-residential parents. The CEVC makes it possible for children to spend quality time with their non-residential parents in a safe and neutral setting. This setting is crucial for the well-being of a child, especially when restraining orders, court orders or other circumstances might require a parent's interactions with his/her child, or children to be monitored.

Trained volunteers, assisted by security officers, provide a neutral and safe setting where parents and children can spend time together until issues are resolved and/or alternate arrangements are made for parenting time.

This program provides an accurate means of recording both parties' compliance with the rules and guidelines of the program and any current court orders. Both parties must complete an intake before any visitation can take place.

Child Advocacy Center

The Child Advocacy Center became a program with First Judicial CASA Association in 2017. The CAC is a nonprofit organization umbrellaed under the First Judicial District CASA Association.

Together with Law Enforcement and the Department for Children and Families, the CAC uses a multidisciplinary approach to child abuse investigations, working with children ages 3-17 who have been the victims of physical and/or sexual abuse, neglect or are witnesses to violence. The Child Advocacy Center responds to the needs of children by providing safe, child friendly and culturally sensitive services.

Where military and CASA meet

We are seeing an uptick in interest from soldiers, spouses and retirees to become CASA volunteers.

Many of those interested are here for a limited time but still want to volunteer. We look at each situation and time limit, and set a plan in motion to fit their volunteer capabilities.

Retirees are perfect CASA volunteers because they have the time and heart to serve children and families in Leavenworth and Atchison counties.

Soldiers, spouses and family members are amazing volunteers as well. Strong, positive male and female role models change our children's stories and carve the path to find permanent homes where they will thrive, now and in the future.

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We embrace our military volunteers and always find a way to fulfill their specific volunteer goals.

National Child Abuse Prevention Month

This month, and throughout the year, First Judicial District CASA Association encourages all individuals and organizations to play a role in making Leavenworth County a better place for children and families.

By ensuring that parents have the knowledge, skills and resources they need to care for their children, we can help promote the social and emotional well-being of children and youth and prevent child maltreatment within families and communities.

Protective factors are the strengths and resources families draw on during challenging times to shield them from life's stresses. Research shows that when parents possess protective factors, the risk for neglect and abuse diminish and optimal outcomes for children, youth and families are promoted.

Major protective factors include knowledge of parenting, knowledge of child development, parental resilience, social connections and concrete supports.

Each year, education is key in raising awareness about the impact child abuse has on children and society. Providing information about best practices that are known to build parental capacity through protective factors is key to helping families become more resilient.

Protective factors are conditions or attributes that mitigate or eliminate maltreatment risk factors and can increase the health and well-being of children and families. They give parents the tools they need to parent effectively, even under stress.

Protective factors include nurturing and attachment, knowledge of parenting and child youth development, parental resilience, social connections and concrete supports for parents.

National Child Abuse Prevention Month is more than just raising awareness about the reality of child maltreatment, abuse and neglect. It is about taking action to prevent and reduce it right here in our own community.

To make child abuse less likely to occur, we must invest in our community and our families. In Leavenworth County, consider partnering with First Judicial District CASA Association and other organizations that are family-focused and strength-based that support families.

All children deserve to grow up in safe, supportive environments. This National Child Abuse Prevention Month, and throughout the year, help make this possible by supporting families and spreading the word about the importance of child abuse prevention.

We are committed to serving our community with purpose, vision and our mission in April and every other day of the year.

To become a CASA volunteer, visit www.casalvks.org/volunteer or contact Liles at deborah@casalvks.org.

9 inducted into Order of St. George



Photos by Tisha Swart-Entwistle/Combined Arms Center-Training Public Affairs

Lt. Col. David Lombardo speaks to the Order of St. George candidates before their knighting ceremony April 5 at the Buffalo Soldier Monument. Eight international officers and one Department of the Army civilian were inducted into the U.S. Cavalry and Armor Association's Order of Saint George during the knighting ceremony. Inductees included international officers Maj. Dietrich Acero De La Parra (Colombia), Maj. Louis-Henri Collot D'Escury (France), Maj. James Cowan (United Kingdom), Maj. Jayme Leclerc (Canada), Maj. Rocco Nola, (Italy), Lt. Col. Etienne de Saint Chamas (France), Lt. Col. Michael Linder (Germany), Lt. Col. Cleber Simoes (Brazil) and DA civilian retired Lt. Col. Gary Jones. The order was established in 1986 and named in honor of St. George, who is the saint portrayed as fighting mounted.



Combined Arms Center-Training Deputy Commanding General Brig. Gen. Scott Woodward touches the shoulder of retired Lt. Col. Gary Jones with an antique cavalry saber during the Order of St. George Knighting Ceremony April 5 at the Buffalo Soldier Monument. Eight international officers and one Department of the Army civilian were inducted into the U.S. Cavalry and Armor Association's Order of Saint George during the ceremony. The order was established in 1986 and named in honor of St. George, who is the saint portrayed as fighting mounted.

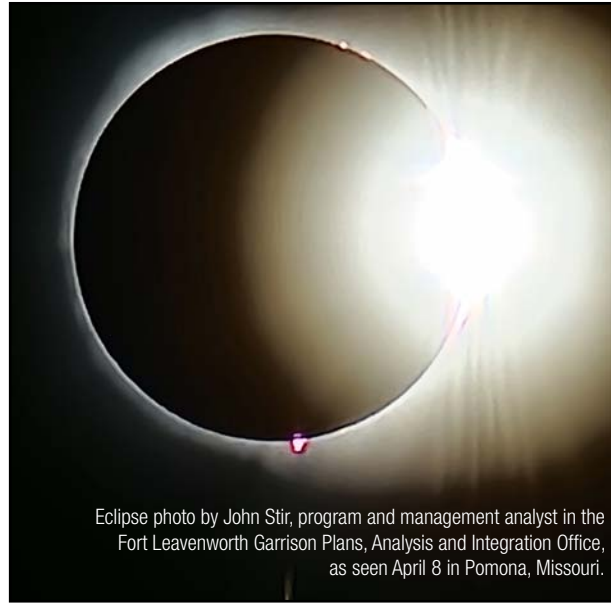


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Local Classes. Global Respect.

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Bradley 1st-graders study solar eclipse



Eclipse photo by John Stir, program and management analyst in the Fort Leavenworth Garrison Plans, Analysis and Integration Office, as seen April 8 in Pomona, Missouri.

First-grader Olivia Rupp uses a simple pinhole camera made in TEAMS (Technology, Engineering, Art, Math, Science) Lab to view the crescent shape of the solar eclipse April 8 on the Bradley Elementary School playground.



Photo by Prudence Siebert/Fort Leavenworth Lamp



First-grader Eric Knowlton II exclaims that the partial solar eclipse looks like a banana as he views it with safety glasses April 8 at Bradley Elementary School.

Photo by Prudence Siebert/Fort Leavenworth Lamp



Photo by Prudence Siebert/Fort Leavenworth Lamp

Students in Doti Baragary's first-grade class use special glasses to safely view the partial solar eclipse at about 2 p.m. April 8 on the Bradley Elementary School playground. Baragary incorporated learning about the eclipse into several lessons, ranging from vocabulary to fact finding.



Photos by Prudence Siebert/Fort Leavenworth Lamp

ABOVE: First-grader Abilene Daniels colors the sun on the front of her solar eclipse packet April 8 at Bradley Elementary School. Students in Doti Baragary's first-grade class added vocabulary words such as "totality" and "penumbra," facts including that it wasn't safe to look directly at the eclipse without protective glasses and more to the packet as they learned about the solar eclipse.

RIGHT: Teacher Doti Baragary and students in her first-grade class use special glasses to safely view the partial solar eclipse at about 2 p.m. April 8 on the Bradley Elementary School playground.



Kansas Press Association's 2024 Awards of Excellence (continued from Page A1)

mented. "Good job taking advantage of that with a story that mixes heritage with today."

The article and photos from the skatepark memorial tree planting also earned a **third-place** award for Siebert and Vass in **Best Story/Picture Combination**.

In another near category sweep, Siebert earned **second** and **third place** in the **Photo Package** category with her Leavenworth County Veterans Day Parade images and photos from the Month of the Military Child assembly at Eisenhower Elementary School.

Siebert also placed **second in the Feature Photo** category with an autumn image taken at Cider Hill Family Orchard and **third in the Best Environmental Portrait** category with a photograph of Scouts BSA supporter Carol Gersema.

Siebert's piece on 13-year-old Kansas City Chiefs Superfan "Goggle Girl" Maddie Fuller earned a **second-place award in Youth Story**, as well as a **second-place award in Sports Feature Story**.

"Incredible photos, and a very fun feature about a memorable junior sports fan," the Youth Story judge wrote.

"What a great fan profile! Her enthusiasm and that of her parents comes right off every line," the Sports Feature Story judge wrote.

In preparation of taking a week of leave last summer, Siebert compiled two "Retro Issues," highlighting some of her favorite assignments and those of her former co-workers, so that issues of the *Lamp* would still be published despite her absence. The Retro Issues re-showcased the work of talented journalists and brought to light some outstanding moments at Fort Leavenworth from over the years. The Retro Issues took **second-place honors in the Special Section - Editorial** category. This award honors the work of Siebert and former *Lamp* reporters Diane Alpeter, Melissa Bower, Jan Dumay, then-Pfc. Adrian Lugo, Katie Peterson, Lia Russell, Tisha Swart-Entwistle and Jen-

nifer Walleman, and celebrates roughly two decades of local community journalism coverage.

"I really liked the idea of this section — to go back in time and review some of your favorite stories and pictures. I cannot imagine how difficult it would be to choose these," the judge wrote.

A seven-week-long series highlighting some of Fort Leavenworth's outstanding volunteers placed **second in the Series** category, with judging "based on writing style, community importance of event, enterprise and thoroughness of reporting."

"Wonderful example of a planned series that invites readers into your newspaper," the judge commented. "Made me feel connected to a community I've never visited."

The volunteer series included the work of Siebert, Vass, Frontier Army Museum Museum Specialist Megan Hunter, FAM Museum Specialist Christian Roesler and FAM volunteer Brian Allen.

A photo essay by Siebert featuring portraits of Fort Leavenworth Stray Facility pets, which ran over the course of five weeks during the holiday season and was dubbed "Adoptable Pets in Ugly Sweaters," took **third place in the Series** category.

"Wonderful execution of a fabulous idea," the judge wrote. "Every paper should do this!"

The *Fort Leavenworth Lamp* also took **first place in Design and Layout Excellence**, which "is an overall evaluation of the newspaper's design and layout," with judging based on each page's design and layout in complete issues from early, mid and late in the year, as well as use of white space, font selections, and the use of photographs and graphics.

The *Fort Leavenworth Lamp* was produced under a no-cost-to-the-government contract until October 2023 when it was moved under the Family and Morale, Welfare and Recreation umbrella. The publication is overseen by the Fort Leavenworth Garrison Public Affairs Office.



Photo by Prudence Siebert/Fort Leavenworth Lamp

Carol Gersema, longtime supporter of Scouts BSA, smiles as friends and family take her photo on a bench dedicated to her for her contributions to Scouting during a surprise ceremony May 16, 2023, outside Patch Community Center. Gersema has served as the chartering organization representative for about 20 years. Before that her sons, Clint and Brent, were in Pack 1 at Fort Leavenworth in 1995 and 1999, respectively, and both continued on to become Eagle Scouts. Gersema continued to serve as the treasurer for Pack 1 and troop committee member, and continues to volunteer with the organization. This image of Gersema placed third in the Best Environmental Portrait category of the Kansas Press Association's 2024 Awards of Excellence competition.



Lori Clark, U.S. Army Reserve 1st Lt. Patrick Clark and retired Lt. Col. Jim Clark scoop shovels full of dirt to place around the base of a maple tree being planted on Arbor Day in memory of Cody Clark, son of Lori and Jim and brother of Patrick, April 28, 2023, by the Leavenworth Skateboard Park in the Sportfield Recreation Complex off 20th Street in Leavenworth. Cody Clark was a Fort Leavenworth Directorate of Public Works employee who was killed in an accident Jan. 31, 2023. He was an avid skateboarder and helped design the Leavenworth Skateboard Park in 2009. This image placed first in the General News Photo category of the Kansas Press Association's 2024 Awards of Excellence competition. The story and photo package — by freelance reporter Tanja Vass and editor/photographer Prudence Siebert — placed third in the Best Story/Picture Combination category.

Photo by Prudence Siebert/Fort Leavenworth Lamp

THURSDAY, MARCH 16, 2023 FORT LEAVENWORTH LAMP

OUTSTANDING VOLUNTEER



Allen brings historic glass negatives to life

Editor's note: This is the first in a series of articles featuring a few of Fort Leavenworth's outstanding volunteers. The Fort Leavenworth Volunteer Recognition Ceremony is at 10 a.m. April 12 at the Frontier Conference Center.

Photo by Shannon Hoffman/Fort Leavenworth Lamp

Brian Allen, seen here Dec. 22, 2022, volunteering at the Frontier Army Museum, is an assistant professor at the Department of Joint, Interagency and Multinational Operations at the Command and General Staff College. He has been using his photography skills and passion for the craft to photograph and convert the Frontier Army Museum's glass plate negatives into viewable images. The images include the building of the U.S. Disciplinary Barracks and various portraits of 19th century soldiers.

Behind the scenes there are artifacts that rarely get to see the light of day. One of those includes a collection of nearly 500 glass plate negatives.

That's where Brian Allen comes in. Allen, who started volunteering with the museum in December 2022, is an assistant professor in the Department of Joint, Interagency and Multinational Operations at the Command and General Staff College. With his love of photography, Allen approached the museum to inquire about its collection of photos and glass plate negatives. He requested to view and photograph the collection. After his initial visit, Allen provided the museum with dozens of beautifully digitized photos. From there the volunteer project to digitize the glass plate negatives began.

What is a glass plate negative?

A "negative" refers to the image that is created when light is focused through the lens of a camera. The light lands on a light sensitive material, which for glass plate negatives includes a chemical solution spread over a glass surface.



Photographic Glass Plate, "B. B. Chamberlain," 1870. The image on the right is the negative image of the one on the left. The image is of an enlisted man wearing a gaiter, mackinac quarts and cap. The original 1876 winter cap was made of rabbit, but this was found to get brittle when wet and was quickly replaced with muskrat.

A seven-week-long series highlighting some of Fort Leavenworth's outstanding volunteers placed second in the Series category. The volunteer series included the work of *Lamp* Editor Prudence Siebert, freelance reporter Tanja Vass, Frontier Army Museum Museum Specialist Megan Hunter and Christian Roesler, and FAM volunteer Brian Allen.

THURSDAY, APRIL 6, 2023 FORT LEAVENWORTH LAMP



Ike assembly kicks off Month of the Military Child

Month of the Military Child assembly guest speaker Lt. Col. Dave Lombardi, Command and General Staff College tactics instructor, lists some of the advantages, as well as some of the hardships, of being children of service members while speaking to assembled Eisenhower Elementary School students April 3 in the school's gym.



Guest speaker Lt. Col. Dave Lombardi, CEGSC tactics instructor, High Five Fellow military first Karen Miller, Eisenhower Elementary School physical education teacher, while he recognizes staff present who grew up the children of service members, identified by their purple sashes, during the Month of the Military Child assembly April 3 at Eisenhower.



I like being a Military Child because... along the way, you can meet so many cool people and teachers. I love the support that's what I like the most about being a military child.



ABOVE: Fourth graders Duke Farnus, Corie Lovell and Li Lamas make the Month of the Military Child assembly April 3 in the school's gymnasium.

LEFT: A Month of the Military Child themed board near the front office of Eisenhower Elementary School displays students' sentiments about being military children.

Photos by Prudence Siebert/Fort Leavenworth Lamp

This Month of the Military Child event coverage earned third-place in the Photo Package category of KPA's Awards of Excellence competition.



Photo by Prudence Siebert/Fort Leavenworth Lamp

Fort Leavenworth resident Marisa Ranney, with pug Penny and mixed-breed dog Mortimer, walks between rows of the locally-developed Stayman Winesap variety of apple trees during her first time participating in seasonal apple picking Oct. 10, 2023, at Cider Hill Family Orchard, located south of Lansing in Kansas City, Kan. This image placed second in the Feature Photo category of the KPA Awards of Excellence competition.

Kansas Press Association's 2024 Awards of Excellence (continued from Page A6)

Community participates in Veterans Day Parade



Representatives from the departments, law enforcement agencies, schools, organizations, political parties, businesses and service make their way through downtown Leavenworth along the Veterans Day Parade route Nov. 11. An estimated 2,500 people participated in the parade with an estimated 10,000 spectators along the route.



Members of the U.S. Disciplinary Barracks Battalion (Corrections) Color Guard - Sgt. Maj. Daniel Dodds, Sgt. Cameron Oliver, Sgt. Ezekiel Webb, Sgt. Marwan Alsharif, Sgt. Ryan Santos and Sgt. Tom Pham - turn onto Exposition Street by Riverfront Community Center with the Fort Leavenworth military contingent following during the Veterans Day Parade Nov. 11 in Leavenworth.



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Veterans Day Parade



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Veterans Day Parade



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Fort Leavenworth Lamp Editor Prudence Siebert's Leavenworth County Veterans Day Parade coverage earned second-place in the Photo Package category of the Kansas Press Association's 2024 Awards of Excellence competition.

Free little Neighborhood Library opens for book exchanges



Clara VanderStaa, great-great granddaughter of Hiram Rich, early post sutler, cuts the ribbon for a free neighborhood library with Judy Woodward, current resident of the Suttler House, which was built in 1841, June 2 on Scott Avenue. The little library's door plaque reads "The best books are shared. Take books: If you see something you would like to read, take it! Share books: Pass them on to a friend or return to any free library. Give books: Continue to be a friend! Share and pay it forward (when you can)." Woodward said several people had already visited the library and exchanged books the next morning.



Clara VanderStaa, great-great granddaughter of Hiram Rich, early post sutler, cuts the ribbon for a free neighborhood library with Judy Woodward, current resident of the Suttler House, which was built in 1841, June 2 on Scott Avenue. The little library's door plaque reads "The best books are shared. Take books: If you see something you would like to read, take it! Share books: Pass them on to a friend or return to any free library. Give books: Continue to be a friend! Share and pay it forward (when you can)." Woodward said several people had already visited the library and exchanged books the next morning.



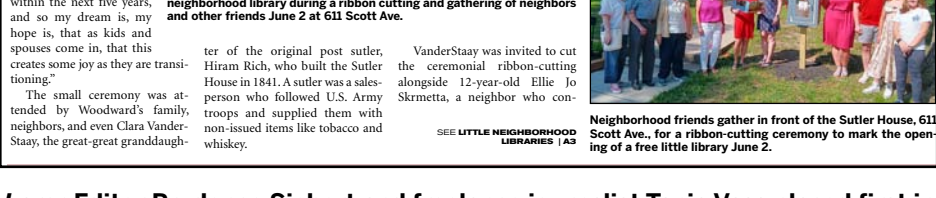
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Kansas City Chiefs superfan GOGGLE GIRL



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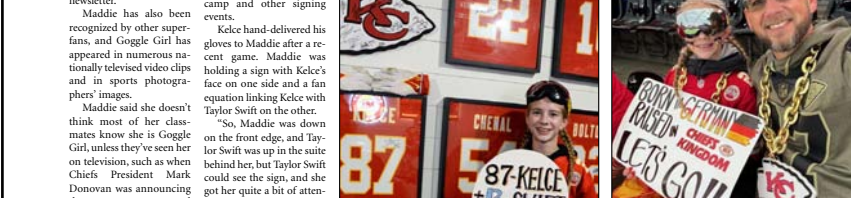
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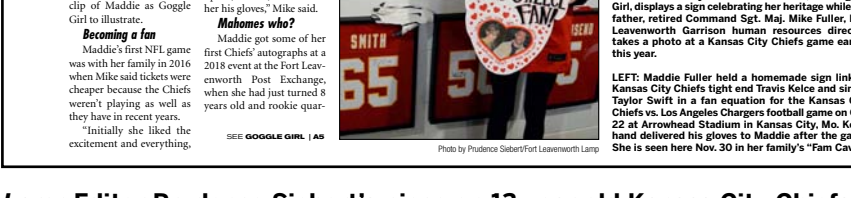
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Lamp Editor Prudence Siebert and freelance journalist Tanja Vass placed first in Feature Package and second place in Best Story/Picture Combination with their coverage of the free little neighborhood library opening in front of the Suttler House on Scott Avenue.

Lamp Editor Prudence Siebert's piece on 13-year-old Kansas City Chiefs Superfan "Goggle Girl" Maddie Fuller earned a second-place award in Youth Story, as well as a second-place award in Sports Feature Story, in the 2024 state journalism competition.

The Fort Leavenworth Lamp's Retro Issues took second-place honors in the Special Section - Editorial category. The award honors the work of Lamp Editor Prudence Siebert and former Lamp reporters Diane Alpeter, Melissa Bower, Jan Dumay, then-Pfc. Adrian Lugo, Katie Peterson, Lia Russell, Tisha Swart-Entwistle and Jennifer Walleman, and celebrates roughly two decades of local community journalism coverage.



"Adoptable Pets in Ugly Sweaters," a photo essay by Prudence Siebert featuring portraits of Fort Leavenworth Stray Facility pets, took third place in the Series category of the state journalism competition. The photo essay ran over the course of five weeks during the holiday season and featured every pet available for adoption in a holiday sweater, with the exception of one grumpy cat.



NO DUMPING ALLOWED!



Photo by Prudence Siebert/Fort Leavenworth Lamp

Residents and non-residents of the installation are illegally leaving unwanted furniture, mattresses and other large items in the scrap metal area of the Fort Leavenworth Recycling Center, or by unit trash bins, costing the installation thousands of dollars in clean-up fees each year.

Alternatives offered for unwanted items

by Joy Chalmers/Fort Leavenworth Garrison Public Affairs Office

The Fort Leavenworth leaders are reminding community members to keep the installation beautiful and trash-free.

This seems simple enough, but this often becomes a challenge during the peak moving season on Fort Leavenworth. With more people moving in and out and generating PCS-related garbage, there will be an influx of trash that needs to be disposed of.

There is also a dimension of public safety to this initiative. Fort Leavenworth Garrison Public Affairs Officer Scott Gibson said keeping neighborhoods and public spaces at Fort Leavenworth clean and orderly fosters a sense of security and pride in the community, discouraging criminal or disruptive behavior.

To keep the post clean and safe, Fort Leavenworth has implemented strict refuse policies, and service members and their families should be aware of the proper disposal policies within the installation.

Household Trash

Residents of Fort Leavenworth on post have the convenience of weekly curbside trash and recycling pick-up. Two containers, one for trash and one for recycling, are supplied to each residence.

Per the Fort Leavenworth

Frontier Heritage Communities' resident handbook, which can be found at <https://www.frontierheritagecommunities.com/residents>, trash and recycling should be covered, and can be put out no earlier than 8 p.m. the evening before pick-up. After pick-up, containers should be removed by 8 p.m. on the day of pick-up and stored in the designated area.

Off-post, the Leavenworth, Lansing, and Platte City municipal governments have solid waste management resource websites that detail the trash collection rules, frequency and practices. Visit <https://www.leavenworthks.org/publicworks/page/solid-waste-division-services>, <https://www.lansingks.org/finance/page/trash-recycling> and <https://www.plattecity.org/documentlist.aspx?categoryid=12924> to access that information.

Garrison command officials ask that off-post residents not bring their household trash to Fort Leavenworth. This helps to reduce the strain of installation waste collection, especially during peak PCS season.

Bulk Trash

Residents in on-post housing are reminded to use bulk trash pick-up every Monday at their normal trash pick-up locations.

Large items that cannot fit into the roll-out containers provided by Fort Leavenworth Frontier

Heritage Communities are considered bulk trash. Examples of bulk trash include scrap wood, furniture, mattresses, large appliances and tires.

There are no additional authorized bulk trash drop-off locations.

Residents and non-residents of the installation are illegally leaving unwanted furniture, mattresses and other large items in the scrap metal area of the Fort Leavenworth Recycling Center, or by unit trash bins, costing the installation thousands of dollars in clean-up fees each year. This improper disposal takes road and grounds crews away from their main mission, leaving them to work to mitigate the hazard caused by the illegal dumping.

Instead, community members with bulk trash outside of normal collection times are encouraged to use the Leavenworth County Solid Waste Transfer Station at 24967 136th Street in Lansing, Kan., (Visit https://www.leavenworth-county.gov/departments/transfer_station/index.php for more information) to dispose of bulky items such as furniture, appliances or large amounts of household trash. Any usable items, such as furniture in good condition, can be donated to various agencies (information follows), and metal appliances and the like should be placed in the scrap metal area be-

tween the cement slabs so it can be accessed and loaded on a trailer by the metal recycler.

Recyclable Materials

Fort Leavenworth Frontier Housing Communities residents can easily contribute to environmental conservation by using the mixed recycling curbside pick-up on their assigned days.

The mixed-use recycling bin issued to all on-post residents is an easy way to help reduce the amount of waste going into landfills. The following items are accepted for curbside pick-up: plastic bottles and containers, food and beverage cans and containers, paper, flattened cardboard and paperboard, glass bottles and containers, and metal lids and caps.

All community members, on-post residents and non-residents alike, are encouraged to use the installation's drop-off recycling area on W. Warehouse Rd south of the stables. This area includes a dedicated cardboard recycling bin, a paper recycling container, a glass recycling trailer and a yellow mixed recyclable roll-off. Residents should place all materials in the appropriate receptacles and avoid leaving any trash on the ground.

The Garrison cautions against leaving any furniture, scrap wood or trash in the recycling drop-off center. The ongoing trend of users

leaving unwanted furniture, mattresses and other items illegally in the scrap metal area of the recycling center, or by unit trash bins, costs the installation thousands of dollars in clean-up fees each year. Plan ahead and use the residential bulk trash program, take those unwanted items to the Leavenworth County Solid Waste Transfer Station, or donate items in good condition.

Household Hazardous Waste and Toxic Materials

Hazardous materials can be found in common household items such as cleaners, paint thinners, gasoline, motor oil, pesticides, fertilizers, and even compact fluorescent light bulbs. Once these items can no longer be used, they become household hazardous waste, and it's important to make sure they are disposed of properly to safeguard families, pets and the environment.

The Household Hazardous Product Collection Point, located at the Directorate of Public Works Environmental Office at 810 McClellan Ave., allows drop off of unwanted household products in original containers. Visit <https://home.army.mil/leavenworth/index.php/my-fort/all-services/environmental-management> for more information.

At this time, the post's house-

SEE UNWANTED ITEMS | A7

WORTH
Harley-Davidson
MOTOR HARLEY-DAVIDSON CYCLES
NORTH

9400 NW Prairie View Rd
 816-420-9000
www.worthharley-davidson.com

Unwanted items (continued from Page A6)

hold hazardous waste drop-off is for residents only, but off-post residents/employees have similar services offered by their municipal waste departments, including the Leavenworth County Solid Waste Transfer Station.

DPW also offers a reuse program for any re-issuable items turned into the Household Hazardous Waste Collection Point. Do-it-yourselfers can pick up paints, stains, automotive products, cleaning products, garden and yard chemicals, and other re-useable household items that have been turned in and reviewed by staff for safety.

The HHW Collection Point is open for drop-off from 7 a.m. to 4 p.m. Monday through Friday when an attendant is available. For more information, call 913-684-3306.

Other Items Requiring Special Handling (E-waste, Motor Oil, Flammable Liquids, Medications, etc.)

Electronic waste is the fastest growing waste stream in the country. To help control this waste stream, Fort Leavenworth residents should recycle their e-waste instead of throwing it in the trash. A drop-off shed for e-waste is in the Fort Leavenworth Recycling Center on Warehouse Road. The following items are accepted: computers, toner cartridges, cell phones, cameras, modems, monitors, televisions, printers, game systems and general electronics.

E-waste generated by government offices and units should be turned into the Logistic Readiness Center's Supply Support Activity at 913-684-9993.

Residents should not put motor oil in the trash or pour it down the drain as it is hazardous to the environment. Used motor oil and antifreeze can be taken to the Auto Craft Center at 911 McClellan Ave., or an off-post garage or auto parts store for proper disposal. Visit <https://leavenworth.armymwr.com/programs/auto-crafts-center> for more information.

The U.S. Flag Code specifies proper disposal guidelines. Flags can be disposed of in the drop-off container at the Fort Leavenworth Recycling Center. A local Scouts BSA troop will respectfully and reverently dispose of flags left in the drop box. Flags can

also be dropped off at any area VFW post.

Discarding medications in trash or down the drain can have negative effects on the environment and contaminate the water supply. Munson Army Health Center Pharmacy has a drug takeback box in the lobby of the pharmacy.

Improperly disposed weapons can pose a risk to sanitation workers who may come in contact with the weapon while collecting the garbage. Safely discarding firearms, knives or ammunition should be done with local law enforcement. For Fort Leavenworth residents, reach out to the non-emergency Emergency Services number at (913) 684-2111 for guidance. Off-post residents can contact their local police department.

Donate Useable Goods

Residents of Fort Leavenworth are encouraged to donate useable items whenever possible to curb landfill waste, support charitable programs and provide much-needed resources to those in need.

The Fort Leavenworth Thrift Shop, at 1025 Sheridan Drive, accepts items such as clothing, toys, small appliances, pots, pans and dish sets, with the condition that they are in "like new" condition. Large televisions, desktop computers and other large electronics are not accepted. Profits are used to fund military family scholarships and community assistance grants. Donated items can be left in the donation shed outside the shop. To make an appointment at the Thrift Shop for a large donation, call 913-651-6768.

The City Union Mission of Kansas City, Mo., offers curbside pick-up for residents in the Fort Leavenworth housing areas every second Saturday. The mission accepts clothing, furniture and other household items, but not appliances, mattresses, cribs or car seats. Profits raised from donations are used to combat extreme poverty and homelessness in the Kansas City metro area. Tax credit forms are available. Contact FLFHC for details.

The Fort Leavenworth Stray Facility at 510 Organ Ave. has a red donation bin on the front porch for unopened pet food and other pet supplies.



Photo by Prudence Siebert/Fort Leavenworth Lamp

Residents and non-residents of the installation are illegally leaving unwanted furniture, mattresses and other large items in the scrap metal area of the Fort Leavenworth Recycling Center, or by unit trash bins, costing the installation thousands of dollars in clean-up fees each year.

Resources, links for item disposal, donation

- On-post housing handbooks, trash and recycling guides from Fort Leavenworth Frontier Heritage Communities: <https://www.frontierheritagecommunities.com/residents>

- Leavenworth County Solid Waste Transfer Station for household and bulk trash drop-off: https://www.leavenworthcounty.gov/departments/transfer_station/index.php

- City of Leavenworth Trash and Recycling: <https://www.leavenworthks.org/public-works/page/solid-waste-division-services>

- City of Lansing Trash and Recycling: <https://www.lansingks.org/finance/page/trash-recycling>

- City of Platte City Trash and Recycling: <https://www.plattecite.org/documentlist.aspx?categoryid=12924>

- Fort Leavenworth Recycling Center: <https://home.army.mil/leavenworth/index.php/my-fort/all-services/environmental-management>

- City of Leavenworth Recycling Center: <https://www.leavenworthks.org/public-works/page/leavenworth-recycling-center>

- City of Lansing Curbside Recycling Information: <https://www.lansingks.org/finance/page/trash-recycling>

- Household Hazardous Product Collection Point: <https://home.army.mil/leavenworth/index.php/my-fort/all-services/environmental-management>

- Leavenworth County Solid Waste Transfer Station for household hazardous waste: https://www.leavenworthcounty.gov/departments/transfer_station/index.php

- Auto Skills Center for motor oil: <https://leavenworth.armymwr.com/programs/auto-crafts-center>

- Munson Army Health Center for medications: <https://munson.tricare.mil/>

- Fort Leavenworth Thrift Shop: <https://www.facebook.com/Fort-Leavenworth-Thrift-Shop-211189988897157/>

- City Union Mission, through partnership and coordination with Fort Leavenworth Frontier Heritage Communities: <https://cityunionmission.org>

- Fort Leavenworth Stray Facility: <https://leavenworth.armymwr.com/programs/stray-facility>, www.FLSF.petfinder.com

- Salvation Army, Leavenworth: <https://centralusa.salvationarmy.org/leavenworth/>

- Catholic Charities, Leavenworth: <https://catholiccharitiesks.org/where-we-work/leavenworth/>

- Goodwill, Leavenworth: <https://www.mokangoodwill.org/locations/goodwill-leavenworth>

- HOPE Thrift Store, Leavenworth: <https://hopeleav.org/thrift-store/>, <https://www.facebook.com/HOPETHriftStoreLeavenworth/>

- Leavenworth Mission Community Store/Food Pantry: <https://lvmission.org/>, <https://www.facebook.com/LeavenworthMission>

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Dedicated Service.
Financial Solutions.
Anytime, Anywhere.

frontierccu.org (913) 651-6575

Frontier
Community Credit Union



Fort Leavenworth Stray Facility
510 Organ Ave // (913) 684-4939

Adoptions • Volunteer Opportunities

Military families ROCK!



ABOVE: Ten-year-old Adrian Allen and 6-year-old Madilyn Allen look at the rocks they painted with their mother, Patricia Allen, health promotion technician at the Armed Forces Wellness Center and Command and General Staff Officer Course spouse, during the Family Advocacy and New Parent Support Programs' rock painting event for families April 5 in front of the Resiliency Center.

RIGHT: Six-year-old Madilyn Allen blows on a dandelion seedhead — the inspiration behind the artwork on her mother Patricia Allen's and her 10-year-old brother Adrian Allen's rock paintings — during the Family Advocacy and New Parent Support Programs' rock painting event for families April 5 in front of the Resiliency Center.

FAP and NPSP are sponsoring events during National Child Abuse Prevention Month focused on stress reduction and family fun.

Prevention in the Park is 2-4 p.m. April 19 at the EFMP Park, behind the Post Theater, for children 0-10. Activities include bubbles, chalk, bean bag toss and more. For more information and to register, call 913-684-2808/2800.

Photos by Prudence Siebert/Fort Leavenworth Lamp



ABOVE: Seven-year-old Thomas Miller designs rock art featuring a yellow seedhead for "Mimi," his grandmother who lives in Utah, during the Family Advocacy and New Parent Support Programs' rock painting event for families April 5 in front of the Resiliency Center. Miller's grandmother has painted him river rocks featuring M&M's characters and Spider-Man.

RIGHT: Seven-year-old Thomas Miller and his mother Toni Miller, Command and General Staff Officer Course spouse, look at a rock he painted featuring a yellow flower for "Mimi," his grandmother who lives in Utah, during the Family Advocacy and New Parent Support Programs' rock painting event for families April 5 in front of the Resiliency Center.

Photos by Prudence Siebert/Fort Leavenworth Lamp

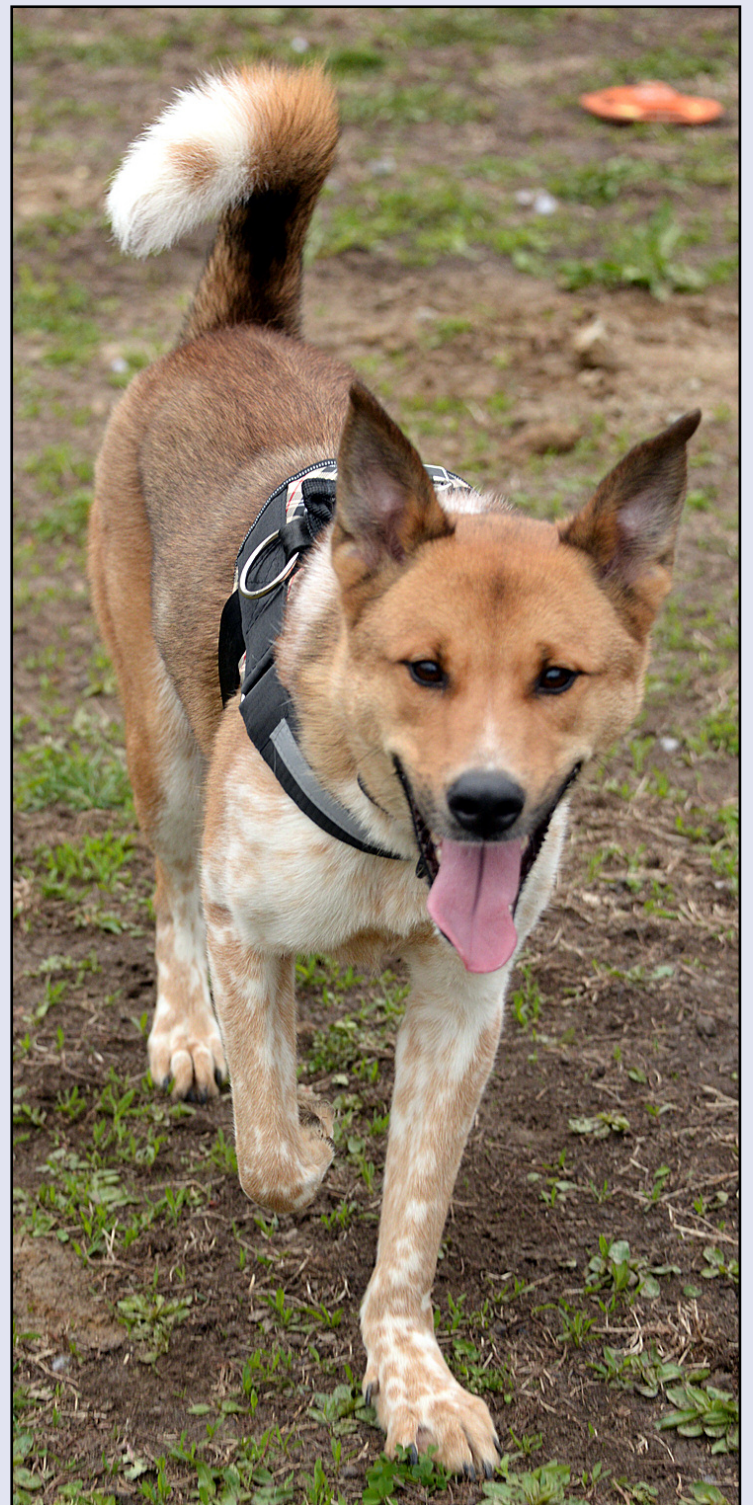


Adopt a Pet!

April 11 is National Pet Day!



Photos by Prudence Siebert/Fort Leavenworth Lamp



Hermes is a 2-year-old husky mix currently available for adoption at the Fort Leavenworth Stray Facility. He has already been neutered, vaccinated and microchipped, which are included in his \$110 adoption fee.

The Fort Leavenworth Stray Facility, at 510 Organ Ave., is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday, and by appointment for pre-approved adopters. The facility is also open the second Saturday of each month (April 20 this month due to FLSF participation at PAIR Day April 13) from 9 a.m. to noon. See www.FLSF.petfinder.com or call 913-684-4939 for more information, or e-mail fortleavenworthstrayfacility@gmail.com for an adoption application.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed. To apply to volunteer with the Fort Leavenworth Stray Facility, enter ZIP code 66027, then search for "stray animal facility" at <https://vmis.armyfamilywebportal.com/>.



Nadia is an 11-year-old female calico cat currently available for adoption at the Fort Leavenworth Stray Facility. She has already been spayed, vaccinated and microchipped, which are included in her \$75 adoption fee.



James is an 8-month-old tabby cat currently available for adoption at the Fort Leavenworth Stray Facility. He has already been neutered, vaccinated and microchipped, which are included in his \$75 adoption fee. The Fort Leavenworth Stray Facility, at 510 Organ Ave., is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday, and by appointment for pre-approved adopters. The facility is also open the second Saturday of each month (April 20 this month due to FLSF participation at PAIR Day April 13) from 9 a.m. to noon. See www.FLSF.petfinder.com or call 913-684-4939 for more information, or e-mail fortleavenworthstrayfacility@gmail.com for an adoption application.

THURSDAY
APRIL 11, 2024



Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

PAIR Day & Kid Fest

April 13 // 10AM - 2PM
Harney Sports Complex

Experience what Fort Leavenworth and the surrounding Kansas City area have to offer at PAIR Day (Post Activities Information & Registration). This is your one stop-shop for everything social, recreational, spiritual, and educational.

There will be informational tables, and lots and lots of FREEBIES!

In honor of Month of the Military Child, this event is a celebration for Military Kids!

This event will be filled with family friendly fun, with a DJ, CYS class demos and informational tables. And the best part it's all FREE!

For more info, call (913) 684-1734
Or scan the QR Code.

THE 2024 MICHAELS ORGANIZATION EDUCATION FOUNDATION SCHOLARSHIP

APPLICATIONS ARE NOW AVAILABLE!

High School seniors or graduates pursuing higher education with college or trade school qualify.

IMPORTANT DATES:

- February 5: Application forms available at all offices of The Michaels Organization.
- March 8: Suggested deadline for college students to request grade transcripts from their registrars to ensure that part of the application will be received before April 15, 2024.
- April 15: Final deadline for all parts of the application for a 2024 The Michaels Educational Foundation Grant. Mail the application form, references essay, and grade transcripts to Dr. Bruce W. Johnson, The Michaels Educational Foundation, P.O. Box 90708, Camden, NJ 08101.

YOU CAN DOWNLOAD YOUR APPLICATION AT
<https://tmo.com/scholars/#for-scholars>



Scholarship Opportunities

Note: This information is provided to US Army School Liaison Officers as information of common interest regarding various scholarship opportunities throughout the United States.

Such information is not an actual or implied endorsement of these colleges/universities/organizations by the US Army, Fort Leavenworth FMWR, and/or Fort Leavenworth CYS.

https://home.army.mil/leavenworth/application/files/7816/3284/5772/Fort_Leavenworth_SLO_Scholarship_List_September_2021.pdf

Moving with kids

April 18th
ACS Classroom
Office Bldg 198
10am-11:30am

Let ACS Relocation and Mobilization help you with some of the hard questions.

For additional info please call 913-684-2800

- Emotions of moving
- Getting your mind right
- Helpful Resources
- Positive Coping Skills
- Talking to kids



leavenworth.armymwr.com



2024 Jewish Passover: Fort Leavenworth



Jewish Passover: 22-30 APR

Frontier Chapel (625 Thomas Avenue) will remain open from 0900-1700 during Duty day for Service members and Families to pray and observe the Jewish Passover.

Please see your unit chaplain or the Religious Support Office at 913-684-2210

POC: CH (MAJ) Chris Weinrich, christopher.w.weinrich.mil@army.mil



Heroes Saving Lives

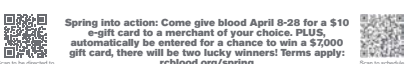
Join Us. Save Lives. Be Proud.

CPT Northrup's Battle of the Badges Blood Drive
Ft. Leavenworth
USDB Battalion Headquarters

In the Conference Rooms
801 Sabalu Rd.
Fort Leavenworth, KS 66027

Thursday, April 18, 2024
10:00 a.m. to 2:00 p.m.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: FortLeavenworth to schedule an appointment.



Spring into action: Come give blood April 8-28 for a \$10 gift card to a merchant of your choice. PLUS, automatically be entered for a chance to win a \$7000 gift card, there will be two lucky winners! Terms apply: rcblood.org/spring

SHARP BOWLING TOURNAMENT @ 2 pm

FRIDAY APRIL 12th

\$20 PER 4-PERSON TEAM W/SHOES • 2 GAMES
Prizes awarded to 1st Place in each Flight



Military Children: Brave, Fearless and Resilient

Fort Leavenworth Month of the Military Child

April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 MOMC Proclamation Signing HYC at 4pm	2	3	4	5 SKIES Music Recital FREE Movie Trolls Band Together	6 MOMC Arts & Crafts
FREE BUCKET OF BALLS & SOFT DRINK AT TRAILS WEST GOLF COURSE ALL MONTH KIDS RIDE/PLAY FREE						
7	8	9	10	11	12	13 PAIR DAY & Kids Fest
COMMUNITY-WIDE PURPLE UP! ON APRIL 15! SPIRIT WEEK IS M - F APRIL 15 - 19						
14	15 Purple Up! Day and start of Spirit Week	16 Wear Blue for Child Abuse Prevention Month	17 Super Hero Day! (Dress like your favorite Super Hero)	18 ACS Moving With Kids Inside Out/ Mismatch Day	19 YS MLB Pitch/ Hit & Run FREE Movie Paw patrol: The Mighty Pajama Day	20
21	22	23	24	25	26 Operation Megaphone Lock-in Must register with CYS (grades 6-12)	27 Operation Megaphone Lock-in Jim Cosgrove & The Hiccups Concert
28	29	30				
KIDS BOWL FREE EVERY SUNDAY AND THURSDAY AT THE STRIKE ZONE ALL MONTH!						

MOMC Highlights

Strike Zone
Every Sunday and Thursday in April from 4pm-8pm, Kids get 2 FREE games, shoes, and a small drink. Lanes are limited! Call ahead. 913-684-BOWL

Trails West
Every Day in April Kids get a FREE bucket of balls/ soft drink at the Driving Range. M-F Kids can ride along or play for FREE. (After 3pm on weekends.)

Free Movie Nights
7pm @ The Post Theater
Trolls:
Trolls Band Together April 5
Paw Patrol:
The Mighty Movie April 19

MOMC Arts & Crafts
April 6 10am -2pm @ The Arts & Crafts Studio.

PAIR Day/ Kids Fest
April 13 10am-2pm @ Harney Sports Complex

Jim Cosgrove & The Hiccups Concert
April 27 3pm @ The Resiliency Center

MOMC PURPLE UP!
On April 15 wear purple to support Military Kids! Submit photos to FTLVNMOMC@gmail.com



FOR MORE INFORMATION ON ANY OF THESE EVENTS CALL PARENT CENTRAL AT 913-684-5138



HARROLD YOUTH CENTER is celebrating

MONTH OF THE MILITARY CHILD

Parents/Guardians/Grandparents/Siblings... Join us for the following family activities:

- 04/05/2024 1800 Karaoke Night
- 04/12/2024 1700 Family BINGO
- 04/19/2024 1800 Ice Cream Social

Have fun, win prizes and socialize with other families!

Check the April calendar for all daily activities

Please call for more information 913-684-5118



MOMC SPIRIT WEEK

- 2 April 15 Purple Up! Day
- 0 April 16 Wear Blue for Child Abuse Prevention Month
- 2 April 17 Super Hero Day! Dress as your favorite Super Hero! (No masks or hats)
- 4 April 18 Inside Out/ Mismatch Day
- 4 April 19 Pajama Day

CYS and USD 207 encourage everyone to participate in the Month of the Military Child Spirit Week!

CELEBRATING THE MONTH OF THE MILITARY CHILD!

Mr. Stinky Feet

SATURDAY, APRIL 27th @ 3:00 PM
RESILIENCY CENTER FRONT LAWN
600 THOMAS AVE.
www.jimcosgrove.com

FREE CONCERT!

- BRING A PICNIC BASKET, BLANKETS & LAWN CHAIRS & BE READY TO DANCE
LOCATION: THE RESILIENCY CENTER!
- ICE CREAM Proudly Sponsored by: SHATTO

RAIN LOCATION: Post Theater 375 Grant Ave
For weather updates, like us on our Facebook page!
www.facebook.com/cys.fleavenworth

QUESTIONS? (913) 684-1655
leavenworth.armymwr.com



Month Of the Military Child

at the ARTS & CRAFTS Studio

Free Open Studio Hours

Friday, April 5th & Friday, April 19th
10am - 5pm

NIGHT AT THE MUSEUM

PRESENTED BY The Friends of the Museum

APRIL 26

Tours begin at 5:30pm and run every 15 minutes

Reserve your tour time beginning April 1 at www.flam.us

STORYTIME AT THE MUSEUM

FRIDAY April 19th @ 10am

- Located in the Fort Leavenworth gallery at the Frontier Army Museum (100 Reynolds Ave, Ft Leavenworth)
- Family Storytime (open to all ages)
- Explore the museum after the program

26

FRIDAY, APRIL 26, 2024 AT 5:30 PM - 7:30 PM CDT

Month of the Military Child Night at the Museum
100 Reynolds Ave, Fort Leavenworth, KS, United States, Kansas 66027

THE FORT LEAVENWORTH SHARP TEAM PRESENTS

S&APM 2024 COLOR RUN

Saturday, 20 April, 2024
FREE

CHECK IN AND START WILL BE AT THE OLD DISCIPLINARY BARRACKS, FORT LEAVENWORTH
CHECK IN STARTS AT 06:30 AM
RUN BEGINS AT 08:00 AM

T-SHIRT AND RACE SWAG WHILE SUPPLIES LAST!!!

You can also bring your own T-Shirt

Follow the CAC SHARP facebook page for event updates



<https://www.facebook.com/CombinedArmsCenterSHARP/>

PURPLE UP for military kids!

20

SATURDAY, APRIL 20, 2024 AT 1:00 PM - 3:00 PM CDT

Exchange Purple Up -- Drive Through Event!
Fort Leavenworth Exchange

APRIL IS THE MONTH OF THE MILITARY CHILD



PlayDoh Disney PRINCESS Furby Hasbro MARVEL STAR WARS

COME CELEBRATE WITH THE EXCHANGE ALL MONTH LONG WITH SPECIAL ACTIVITIES AND IN-STORE EVENTS!

BOSS PRESENTS MOVIE NIGHT

Post Theater // 375 Grant Avenue
Movies start at 7PM
Must show your DoD ID at the door!

April 5 **Trolls Band Together** PG
April 19 **PAW Patrol: Mighty Pups** PG

Come out and join us as the BOSS program gives back to the Community by playing movies inside the Post movie theater.
Prepackaged snacks and drink can be purchased at the snack bar. No outside food or drinks are authorized.
For all movies children 12 and under MUST be accompanied by an ADULT!
CASH only at the snack bar!

For more info call: (913) 684-2736 • Or visit our website leavenworth.armymwr.com

KIDS FUN FEST

Month of the Military Child

APRIL 19, 2024
2PM - 4PM

Activity List
Movie
Face Painting
Basketball
Doorprize

Stronghold Food Pantry
655 Biddle Blvd

For More Information
www.strongholdfoodpantry.org




STRONGHOLD FOOD PANTRY
More than a food pantry.

CYS is hiring!

Great Pay! Amazing Benefits!
@ Fort Leavenworth

April 2024

Child Abuse Prevention Month (CAPM)
Month of the Military Child (MOMC)



Event Schedule

CALL ACS TO REGISTER FOR CLASSES TODAY! ALL EVENTS LISTED ARE FREE!

<p>Volunteer Recognition Ceremony April 16, 10:30am -12:00pm Frontier Conference Center "Shining a Light on our Volunteers"</p> <p>New Parent Support Program</p> <p>Stroller Walk Tuesdays, 10:00am - 11:00am Weather Dependent</p> <p>Play Morning Thursdays, 9:00am - 10:00am & 10:00am - 11:00am Resiliency Center</p> <p>Breastfeeding Class April 8, 5:00pm - 7:00pm Resiliency Center, Room 157</p> <p>Newborn Care Class April 15, 5:00pm - 7:00pm Resiliency Center, Room 157</p> <p>Dad's Night Out April 17, 6:00pm - 8:00pm Restaurant is TBD</p> <p>Potty Training April 22, 5:00pm - 7:00pm Resiliency Center, Room 157</p> <p>Mom's Night Out April 24, 6:00pm - 8:00pm Restaurant is TBD</p>	<p>Family Advocacy</p> <p>Scream Free Marriage & Parenting April 3, 1:00pm - 2:30pm Resiliency Center, Room 145</p> <p>Navigating the Teen Years April 16, 1:00pm - 2:30pm Resiliency Center, Room 145</p> <p>Anger Management April 18, 11:30am - 1:00pm Resiliency Center, Room 145</p> <p>Co-Parenting Workshop April 25, 12:00pm - 1:30pm Resiliency Center, Room 145</p> <p>Relocation Readiness</p> <p>In-Processing Brief Tuesdays, 9:00am - 10:00am Resiliency Center, Room 157</p> <p>OCONUS Levy Brief Tuesdays, 10:00am - 11:00am Resiliency Center, Room 157</p> <p>Moving with Kids April 18, 10:00am - 11:30am Resiliency Center, Room 157</p>	<p>Exceptional Family Member Program</p> <p>EFMP Refreshing Conversations April 4, 10:00am -11:00am, Exchange Food Court</p> <p>EFMP Recreational Bowling for EFMP Members and their Families April 6, 12:00pm - 2:00pm Strike Zone Bowling Center</p> <p>Empowering Families Lunch & Learn Workshop April 18, 12:00pm -1:00pm, Microsoft Teams</p> <p>Sensory Storytime April 19, 10:00am -11:00am, Combined Arms Research Library</p> <p>Employment Readiness Program</p> <p>Federal Employment April 10, 12:00pm - 2:00pm Resiliency Center, Room 157</p> <p>Resume Writing for the Volunteer April 24, 12:00pm - 1:00pm Resiliency Center, Room 157</p>	<p>Child Abuse Prevention Month (CAPM) Activities</p> <p>Storytime April 3 & 17, 10:00am April 10 & 24, 2:00pm Resiliency Center, Room 145</p> <p>Painting Hope: Rocking Against Child Abuse (Rock Painting) April 5, 2:00pm - 4:00pm, Resiliency Center</p> <p>Child Abuse Brief (open to all on the installation) April 11, 11:00am -12:30am, Post Theater</p> <p>Prevention in the Park April 19, 2:00pm - 4:00pm, EFMP Playground</p> <p>*Wear Blue on Tuesdays to raise awareness*</p>
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Resiliency Center, 600 Thomas Ave, Building 198
913-684 - 2800// 913-684-HELP(4357)
Hours: Monday - Wednesday, & Friday, 7:30am - 4:30pm (closed 1130-1230); Thursday, 1:00pm - 4:30pm
Follow us on Facebook! @FortLeavenworthACS
Follow us on Twitter! @LeavenworthACS



Handicap access at the front of Building 198




APRIL IS CHILD ABUSE PREVENTION MONTH

Wear blue on Tuesdays!

Join ACS every Tuesday in April to wear blue as a visible way to show solidarity and raise awareness about the importance of preventing child abuse.



#WEARBLUE4KIDS
#ChildAbusePreventionMonth

DENIM DAY

25th Annual Awareness Campaign

No excuse to rape
Stop the blame
Support survivors
Respect boundaries
Silence is not consent

Wear jeans with a purpose

Wednesday
24 April 2024

ACS Presents

DENIM Day

Wednesday, April 24
1100-1300 Exchange Mall

Promoting awareness and discussions regarding mental health, Family Advocacy, and SHARP services

Featuring: SHARP, Family Advocacy, AER, ASAP/Suicide Awareness, Family Life Chaplain

Wear your best denim for photo ops with Buster

PREVENTION IN THE PARK

APRIL 19 // 2PM - 4PM
EFMP PARK (BEHIND POST THEATER)

April is National Child Abuse Prevention Month. During April, FAP / NPSP will be sponsoring events focused on stress reduction and family fun.

Come join us to have some fun at the park with bubbles, chalk, bean bag toss, and other fun activities for the family!

FREE and open to DoD ID card holders.

Age limit: kids 0-10!

Registration is required and can be done until April 12th.

For more info or to register call, (913) 684-2808/2800.

Rain out date: April 27 // 10AM - 12PM

SUPERHEROES UNITE!

DRESS AS YOUR FAVORITE SUPERHERO!

EFMP Presents a Day in the Park!
April 26
2:00pm-3:30pm
@ the EFMP Playground

As part of Autism Acceptance Month, EFMP Families and DOD ID card holders are invited to join us for a day of FUN! There will be inclusive activities and games! Registration is required! Last day to register is April 24. Call 913-684-2871 or 913-684-2800 for more info



April 2024



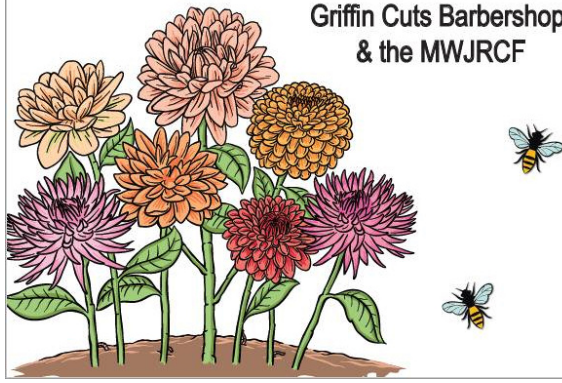
Rock-Solid Families Start Here

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Create a fun obstacle course inside or outside	2 Learn a new recipe and cook as a family WEAR BLUE!!	3 Go on a Nature walk	4 Paint some rocks and sit them around town	5 NATIONAL WEAR BLUE DAY!	6 Attend a family story time at your local library
7 Plan a themed dinner night (taco or pizza night)	8 Go on a scavenger hunt in your neighborhood	9 Write a letter to a family member WEAR BLUE!!	10 Learn a magic trick	11 Volunteer with your family	12 Watch the sunset or sunrise	13 Visit your local museum
14 Have an arts and craft session	15 Build a fort	16 Visit your local zoo WEAR BLUE!!	17 Make instruments & create a band	18 Have a family sing-along in the car	19 Record your own family movie	20 Have a family movie night
21 Go on a one-on-one date with your child	22 Play hide & seek	23 Go on a bike ride WEAR BLUE!!	24 Read a book together aloud	25 Put a puzzle together	26 Hold a family game night	27 Have a park day and have a picnic
28 Stargaze from the backyard	29 Create chalk art in the driveway	30 Plant flowers WEAR BLUE!!				

Griffin Gardens Greenhouse Opening April 17th!

Monday & Friday 1330 - 1500
Wednesday 0830 - 1030

Located between
Griffin Cuts Barbershop
& the MWJRCF



Fort Leavenworth Care Options Available for Summer 2024 & School Year 2024-2025

Request Before/After School Care
& SAC Camps all year round

MILITARY
CHILDCARE.COM



MILITARY
CHILDCARE.COM

Families can use MCC to make requests for SAC programs, which include Before/After School care and Fall, Winter, Spring, and Summer Camps, all year round. The online system allows you to search for and submit unlimited SAC requests at any time of the year without waiting for a specific registration time to begin. As soon as school dates are known, all SAC programs will be made available to you so you can submit your requests.

Using MilitaryChildCare.com, you can find comprehensive information on child care programs worldwide, conduct a customized search for the care you need, and submit a request for care at any time and from any location. Follow these four steps!

- STEP 1 CREATE ACCOUNT**
Go to MilitaryChildCare.com to create an account containing information about your family, or to login using an existing username and password.
- STEP 2 SEARCH and REQUEST CARE**
Search the system for the child care options that best fit your needs and submit your requests for care.
- STEP 3 MANAGE MY REQUESTS**
You can manage your requests for care from anywhere in the world.
- STEP 4 UPDATE MY PROFILE**
Keep your My Profile page up-to-date with important information.

It's that easy!



To get started, visit:
MilitaryChildCare.com
For questions/support,
call: 855.696.2934

Make sure you are requesting the best Care Option(s) for your childcare needs...

Go to our [CYS Facebook](#) page or [FMWR-CYS website](#) to review the:

Fort Leavenworth CYS Care Options & Waitlist Guide

Fort Leavenworth CYS Care Options & Waitlists on MILITARYCHILDCARE.COM

CYS eligible patrons create or use your current account on MILITARYCHILDCARE.COM (Visit FAQ section on site) Submit a Request for Care (RFC) for each child in each Child Care Option listed below that fit your care needs. Facility Program & Care Option descriptions for ages 6 weeks-5th grade available on MILITARYCHILDCARE.COM

Offers are managed by the Fort Leavenworth CYS Parent Central office using contact information listed in your MILITARYCHILDCARE.COM household profile. **Tips:** List phone/email address you have ongoing access to during travel/leave (and ensure those are toggled to receive notifications). To facilitate a successful offer process, ensure the **Sponsor & Spouse employment status indicated applies to living in the FTLVN area.**

Visit CYS website & Facebook pages
www.leavenworth.armymwr.com www.facebook.com/cys.ftleavenworth www.facebook.com/cys.ftlvntecenter CYS Parent Central: 913-684-5138 or 4956

<p>MAIN CHILD DEVELOPMENT CENTER: FULL-DAY CHILDCARE & PRESCHOOL PROGRAM Open 6:00am-6:00pm</p> <p>(!) Request Full-Day Preschool when care needed the Summer prior to Kindergarten. (!) Request KG School Year Care if needed & attending USD 207 (or applied to attend). [See Osage's BLUE into box on the right.] >> Must turn 5 by/on 31 AUG 2024 to be KG eligible in Kansas. (!) This program is NOT affiliated with the USD 207 Preschool/Pre-K Program. Transportation is NOT available. *CYS is recruiting on-post Family Child Care providers.</p>	<p>FULL-DAY 6 WEEKS THRU 5 YEARS (!) Not started KG. Refer to info</p>	<p>PART-DAY PRESCHOOL SCHOOL YEAR 24-25 3-5 years 3 CLASS OPTIONS</p>	<p>OSAGE KG & SCHOOL AGE CARE FACILITY: CYS PART-DAY PRESCHOOL CLASSES 3 Class Options September thru May (all are 3 hour classes) 2-Day AM (8-11am on T/TH) / 3-Day AM (8-11am on M/W/F) 4-Day PM (12:15-3:15pm on M-TH) • Must turn 3yrs on or prior to first day of class. • Request multiple classes to increase chances for placement. • No "Toilet Trained" restriction. • Under 3? Choose a Need Date onlater child turns 3 years old. (!) This program is NOT affiliated with the USD 207 Preschool/Pre-K Program. Transportation is NOT available.</p>
<p>OSAGE KG & SCHOOL AGE CARE FACILITY: 2024 KG & SCHOOL AGE (1st-5th) CAMP WEEKS Full-Day Summer Program Open 6:00am-6:00pm REQUEST MUST BE BASED ON GRADE COMPLETED IN MAY 2024</p> <ul style="list-style-type: none"> • "Completed KG" & "1st-5th School-Age Care" are separate Care Options based on grade COMPLETED. • Request each camp weeks needing care. >> Current School Year 23-24 contract holders are given the opportunity to request Continuity of Care directly with Osage in the Spring. Requests in MCC are ONLY needed when past the deadline. 	<p>SUMMER 2024 COMPLETED KG & 1st-5th Grade *6th-12th Grade see HYC info</p>	<p>SCHOOL YEAR 24-25 ENTERING KG & 1st-5th Grade *6th-12th Grade see HYC info</p>	<p>OSAGE KG & SCHOOL AGE CARE FACILITY: SCHOOL AGE SCHOOL YEAR CHILDCARE Before/After School Open 6:00am - 6:00pm Transportation to/from FTLVN schools included. (USD 207 only) REQUEST MUST BE BASED ON GRADE ENTERING IN AUGUST 2024</p> <ul style="list-style-type: none"> • KG & School-Age (1st-5th) Care Options are separate (!) Upcoming KG: Make additional Full-Day Preschool request when care is needed the Summer prior to KG. >> Before Only, After Only, & Before/After care options include USD 207 No-School Days & Early-Out Fridays & the first 2 weeks of school when KG only attends 1/2 days.
<p>NO WAITLIST REQUIRED FOR YOUTH 6TH-12TH GRADE [COMPLETED OR CURRENTLY ATTENDING]</p> <p>Enrollment into a Middle School & Teen program is first come-first serve for CYS eligible & registered youth. Check out the Teen Center Facebook page for details on: Summer Camp Weeks, FREE Open Recreation time, & the FREE After School Program that includes pick-up at on-post & off-post middle/high schools, & Winter & Spring Break Camp Weeks.</p>	<p>HARROLD YOUTH CENTER 6TH-12TH GRADE</p>	<p>HOLIDAY CAMPS ATTENDING KG & 1st-5th Grade *6th-12th Grade see HYC info</p>	<p>OSAGE KG & SCHOOL AGE CARE FACILITY: SCHOOL AGE WINTER & SPRING BREAK CAMP WEEKS Full-Day Program Open 6:00am-6:00pm</p> <ul style="list-style-type: none"> • KG & School-Age Care Options are separate. • Make request based on grade currently enrolled. • USD 207 Calendar determines camp weeks. Available to request starting September 9, 2024. • CYS will be closed on Federal Holidays. • Request is not required for children in a current School Year contract.

PitchHit&Run
No Federal Endorsement Implied

Youth Sports and Fitness
Pitch, Hit & Run

April 19, 2024
5:00 pm - 7:00 pm
@ Doniphan Field #1

Pitch, Hit & Run
Baseball and Softball Divisions

7 - 8 yrs / 9 - 10 yrs / 11 - 12 yrs / 13 - 14 yrs
* Age cut-off set on November 15, 2024 *

Pitch, Hit, and Run Registration MUST be done online. Scan the QR code to register!

Parent volunteers needed!

FREE!
Official Skills Competition

For more information:
(913) 684 - 7525 or 7526

* Parents/Guardians must provide proof of age with a valid record (such as birth certificate)

Volunteer Recognition Ceremony
Shining a Light on our Volunteers!

April 16
Volunteer Check-In: 9:45AM - 10:15AM
Ceremony: 10:30AM - 12PM
Frontier Conference Center

Please join us in recognizing our amazing Fort Leavenworth Volunteers. We will be honoring our Volunteers, Volunteer Organizations, announcing the Volunteer of the Year, and unveiling the check our Volunteers helped us generate.

Registration is NOT required for the public.
For more info: (913) 684-2835

Frontier Heritage Communities
YOUR OPINION MATTERS!

- The Department of Army issued the TENANT SATISFACTION SURVEY (TSS) on March 4th!
- FHC wants feedback from all households. What is FHC doing right & what improvements would you like to see?
- Your participation is voluntary and all responses are confidential.

THE SOONER YOU RESPOND, THE MORE CHANCES YOU HAVE TO WIN!

There are still tons of chances to win a \$50 GIFT CARD and one \$250 prize! CEL will randomly draw the winner. FHC will only receive the residents name and address. Your survey feedback is not shared if you are selected, the survey is completely anonymous to FHC.

CANT FIND YOUR SURVEY?

1. Check the spam folder of the primary email on file
2. Scan QR code or Contact CEL via email at ArmyHousingSurvey@classmates.com to request a survey link. When you email CEL you must include your Installation name and complete street address including unit number, if applicable.

OMB Control Number: 0704-0553
OMB Expiration Date: 31 May 2025

Fort Leavenworth Post-Wide Yard Sale
April 27th • 8AM - 3PM
Event is open to the public! *

*ID's will be scanned at the main gates beginning at 8 am, everyone 16 years and older must provide a current ID to enter.
(Persons attempting to enter post with outstanding warrants or other security issues will be denied access.)

Residents living on-post are allowed to sell at their residence.

Service Members residing off-post, Retirees and DA Civilians can utilize the Old Bell Hall Parking Lot on a first come, first serve basis.

Alcohol and firearms can not be sold during the yard sale.

For Information please follow the Fort Leavenworth Facebook Page or call 913-684-1674

WANTED
Fort Leavenworth Sponsors
Civilians WG6/NAF4/GS-9
and Permanent Party Military MAJ's and Above

The International Military Student Division is Welcoming CGSOC -Class AY 24 US Sponsor Families to Volunteer Today

Please Contact:
Mr. David M. Bornn
(913) 684-7323
david.m.bornn.civ@armymil

HAVE A BALL @ THE STRIKE ZONE BOWLING CENTER & SNACK BAR!

The Strike Zone
165 Fourth St
913-684-BOWL

NOW OPEN ENROLLMENT
FOR THE 2024-2025 SCHOOL YEAR

Apply Now

March & April Craft Workshops

Acrylic	Crafts
\$35 per class	\$30 per class
Acrylic Painting (Robin Nest) Wednesday March 6 12:30pm - 2:30pm	Birthdays Banner Craft Tuesday March 5 11:30am - 1:30pm
Acrylic Pour Wednesday March 27 11:30am - 1:30pm	Wooden Welcome Sign Friday April 26 11:30am - 1:30pm
Acrylic Painting (Happy Hedgehog) Wednesday April 10 12:30pm - 2:30pm	Intro to Framing \$40 *Must pre-register* Thursday March 7 or April 11 10am - 2pm
Acrylic Pour Wednesday April 24 11:30am - 1:30pm	Intro to Framing \$40 *Must pre-register* Saturday March 23 or April 27 10am - 2pm

Call now to register!
913-684-3373

Arts & Crafts Studio
310 McPherson Ave
913-684-3373

Kids Crafts

Color me Happy	Art History
\$10 per class (Parent & Toddler)	\$15 per class (ages 7+)
Wednesday March 6 10:30am - 11:30am	Apples & Adams Wednesday March 20 12:30pm - 2:30pm
Thursday March 28 10:30am - 11:30am	Donuts & Da Vinci Wednesday April 17 12:30pm - 2:30pm
Wednesday April 10 10:30am - 11:30am	Thursday April 18 4pm - 6pm
Thursday April 25 10:30am - 11:30am	

Kids Messy Art
\$12

Thursday (ages 7+)
March 21, April 18
10:30am - 11:30am

Fridays (ages 4 - 6)
March 22, April 12
10:30am - 11:30am

Paint & Sip \$35
Must be 21 years or older. BYOB

Bunny in Tall Grass
Friday
March 1
6pm - 8pm

Umbrella in the Rain
Friday
April 12
6pm - 8pm

Cost includes all supplies!

Come see what's new at the Studio!

The Fort Leavenworth Frame Studio

Custom Framing & DIY Studio
Tuesday - Friday
10am - 5pm

Must complete Intro to Framing Workshop before using the DIY Frame Studio. Hourly fee applies.

Call to register or stop by the studio!

IS NOW OPEN!

Come see us!
Arts & Crafts Studio
310 McPherson Ave
(913) 684-3373

Intro to Framing: (\$40 a class must pre-register)

Every 2nd Thursday of the month from 10am - 2pm

Every 4th Saturday of the month from 10am - 2pm

Deadline to register is the day before class. Ages 18+

The Frame Studio is available for all of your framing needs!

- Military Prints
- Art Projects
- Photography Prints
- Graduation Certificates
- Etchings/Engravings
- Restoration

March & April Watercolor

Courses	Workshops
\$175 = 5 classes	\$25 per workshop
Watercolor 201 (Intermediate Course) Every Thursday March 28 - May 2 6pm - 8pm	Watercolor (Basic Techniques) Tuesday April 2 9:30am - 11am
Watercolor 301 (Advanced Landscapes) Every Thursday March 28 - April 25 12pm - 2pm	Watercolor (Color Theory) Tuesday April 9 9:30am - 11am

Cost includes all supplies!

Call now to register!
913-684-3373

Arts & Crafts Studio
310 McPherson Ave
913-684-3373

Calligraphy

Basics	Intermediate
\$20 per class	\$20 per class
Tuesday March 26 11:30am - 1pm	Tuesday April 2 11:30am - 1pm

Mother's Day Cards
Tuesday
April 9
11:30am - 1pm

Reoccurring Classes
MUST PRE-REGISTER

Intro to Framing \$40 per class
Every 2nd Thursday & 4th Saturday of the month
10am - 2pm

Paint & Sip \$35 per session
Every 2nd Friday of the month
6pm - 8pm
Must be 21 years or older. BYOB

OPEN STUDIO
Hours 10am - 5pm T - F
Ask about our Hourly Fees

Multi-Craft Room
Come use our provided supplies to craft with the whole family!

Painting Studio
Provided watercolor and acrylic supplies to create your own masterpiece.

Framing Studio
Must take Intro to Framing before using DIY Framing Studio.

Pottery Studio (Coming Soon!)

Come see what's new at the Studio!

FORT LEAVENWORTH FMWR

CHILD AND YOUTH SERVICES

Parent Central and Outreach Services
(913) 684-5138

Youth Sports and Fitness
(913) 684-7525

SKIES Unlimited
(913) 684-3207

ARMY COMMUNITY SERVICE

(913) 684-2800

EFMP, FAP, ERP, AER, MFLC
And much more!

RECREATION

Haney Sports Complex (913) 684-2190	Brunner Range (913) 651-8132	Hunt Lodge (913) 684-1830
Gruber Gym (913) 651-5120	Auto Crafts (913) 684-3395	Stables and Horses (913) 684-1703
Outdoor Equipment Rental (913) 684-3395	Rod & Gun Club (913) 684-2035	Stray Facility (913) 684-4934

BUSINESS OPERATIONS

Strike Zone (913) 651-2195	12th Brick Grille (913) 684-2293
Trails West Golf Course (913) 651-7176	RV Storage & POV Lot (913) 651-7176
Frontier Conference Center (913) 684-3825	Clean Paws Pet Wash (913) 651-7176

Connect with Us!
Facebook: Fort Leavenworth FMWR
Online: www.leavenworth.armymwr.com

ARMY EMERGENCY RELIEF

SUPPORTING SOLDIERS AND THEIR FAMILIES SINCE 1942

Annual Campaign March 1 - June 14, 2024

YOUR DONATION HELPS SOLDIERS AND FAMILIES IN NEED
OFFICIAL NONPROFIT OF THE U.S. ARMY

Hunger Buster Pack

POWERED BY FTLV THRIFT STORE

Do you have a school aged child that could use a pack filled with breakfast, lunch, and snack goods to help them sustain a healthy active lifestyle over school break?

Bring your pack back for a REFILL or register online to pick up your pack.

STRONGHOLD FOOD PANTRY
More than a food pantry.

Stronghold: Happy Bottoms Program

Powered by: Rapid Response Charities

Free Monthly Diaper Distribution
Email: contact@strongholdfoodpantry.org

STRONGHOLD FOOD PANTRY
More than a food pantry.

The Spouse Toolkit

8 Ways AER Supports Army Spouses

- HEALTHCARE ASSISTANCE:** Assists with dependent dental care, special-needs equipment like cranial helmets and heavy blankets, medical co-pays.
- RELICENSING GRANTS:** Provides need-based grants to help alleviate state relicensing and certification fees.
- SCHOLARSHIPS:** Offers the Shinsiek Spouse Scholarship to provide assistance for up to four academic years of full-time study or eight years of part-time study.
- PASSPORT & VISA FEES:** Provides assistance for visa and passport application fees to promote Family unity and reduce the financial burden of maintaining two separate households.
- RENT & LODGING:** Offers housing assistance to help with initial deposit, rent and temporary lodging.
- SURVIVOR SUPPORT:** Provides surviving Spouses and children of active-duty and retired Soldiers with monthly monetary support to ensure our own are always taken care of.
- CHILDCARE ASSISTANCE:** Assistance for Families to help alleviate the costs of daycare and before- and after-school care.
- PET TRANSPORTATION ASSISTANCE:** Offers zero-interest loans to help alleviate the financial burden of transporting pets during PCS moves.

APRIL 2024

STRONGHOLD DISTRIBUTION & HAPPY BOTTOMS
By Appointment Only
www.strongholdfoodpantry.org

STRONGHOLD FOOD PANTRY
MORE THAN A FOOD PANTRY

SUN	MON	TUE	WED	THU	FRI	SAT
	1 DONATIONS 12:00-2:00	2 Happy Bottoms 12:30-1:30	3 PANTRY 11:00-1:00	4 Happy Bottoms 8:30-10:30	5	6
7	8 DONATIONS 12:00-2:00	9	10 PANTRY 11:00-1:00	11 Happy Bottoms 8:30-10:30	12	13
14	15 DONATIONS 12:00-2:00	16	17	18 Happy Bottoms 8:30-10:30	19 SPECIAL EVENT	20
21	22 DONATIONS 12:00-2:00	23 Happy Bottoms 12:30-1:30	24 PANTRY 11:00-1:00	25	26	27
28	29 DONATIONS 12:00-2:00	30				

COLLECTING DONATIONS

Operation Deploy Your Dress is collecting donations to build our shop inventory

*Formal & Cocktail Attire (dresses and suits)
*Shoes, Jewelry & Handbags

All items should be clean & free of tears, snags or stains

SEND US A FB MESSAGE OR EMAIL ODYDLSC@GMAIL.COM

Stroller Walk & Talk



Meeting at
The Resiliency Center
600 Thomas Ave
Every Tuesday Morning
March - May
10am - 11am
Oct - Nov
9am - 10am
June - Sept
9am - 10am

This is a **FREE** opportunity to meet other parents of small children, get healthy and socialize all while enjoying the walking paths of Ft. Leavenworth!

Offered to expecting parents and to parents of children through 3 years of age. Must bring your own stroller. Register the day before!

POC 913-297-3212

ACS New Parent Support Prenatal Classes



Childbirth Classes:
Series of three classes
January 8th, 22nd, 29th
March 4th, 11th, 18th
May 6th, 13th, 20th
July 15th, 22nd, 29th
September 16th, 23rd, 30th
November 4th, 18th, 25th

Newborn Care Classes:
February 12th
April 15th
June 10th
August 12th
October 21st
December 9th

Breastfeeding Classes:
February 5th
April 8th
June 3rd
August 5th
October 7th
December 2nd

Free for Expectant Parents!

600 Thomas Ave
Room 157
All classes are from 5 pm - 7 pm

Deadline for Registration is the Friday before the class. Pre-registration is required. Contact 913-297-3212

ACS New Parent Support Potty Training



Are you ready?

Time to lose the diapers?

FREE For Parents of Children aged 0-4 years
*Pre-registration Required!
Deadline is Friday before class
Contact 913-297-3212

600 Thomas Ave
Room 157
2/26, 4/22, 6/17, 8/19,
10/28, 12/16
5 pm - 7 pm

SCREAM FREE Marriage & Parenting




ACS Conference Room 145
600 Thomas Ave
From 1:00 - 2:30pm
Jan 3, Feb 7, Mar 6,
Apr 3, May 1

Feeling frustrated? Overwhelmed? Let us help you focus on staying both calm and connected with your loved ones. We'll work together to find the tools to revolutionize your relationship.

FREE
Open to all DOD ID holders 18+
leavenworth.armymwr.com

Call to register (deadline is day before training)
913-684-2822 / 2808

Co-Parenting Workshop



Jan 11, Feb 8, Mar 21, Apr 25,
May 23, Jun 20
@ 12-1:30pm
ACS Classroom 145
600 Thomas Ave

Learning to co-parent after a divorce can feel like being on opposite ends of a chasm.

Our six week workshop will show you how to build a bridge that will enhance parenting skills, enrich positive co-parenting, learn to use positive discipline, and develop a joint plan for managing expectations about your children's growth, development, and behavior.

FREE and open to all DoD ID holders 18+
Register by calling 913-684-2822/ 2808
Deadline to register is day before class.
Participants are encouraged to attend every class as each session will be different.

ACS FAP Presents: 5 Love Languages for Couples




January 10 • July 10 • October 9 // 1:00PM-2:30PM
ACS Classroom 145

The 5 love languages couples focuses on the strengthening the connections while learning the core patterns when speaking or giving love to others, and how love is received. Learn how to stay connected, translate love languages and improve relationships.

Deadline to register is day before each class.
FREE and open to DoD ID card holders 18+.
For more info: (913) 684-2811/2808

Scan the QR Code for more info about FAP.

Navigating the Teen Years



Jan 16, Feb 20,
Mar 19, Apr 16,
May 21, Jun 18
@ 1-2:30pm
ACS Classroom 145
600 Thomas Ave

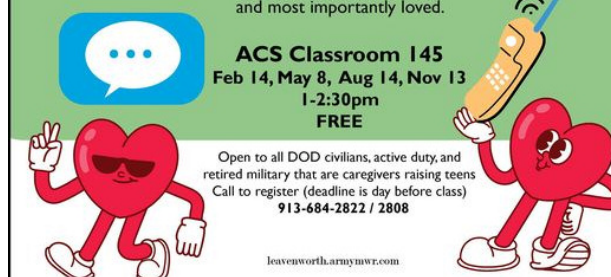
Ever wish that raising your teen came with an instructional manual?

The Navigating the Teen Years workshop is your guide to the difficult questions.

We'll discuss:
Teen Mental Health
Substance Abuse
Raising Teens in a Digital Age
Understanding Social Media
Teen Sexualized Behaviors

FREE and open to all DoD ID holders 18+
Register by calling 913-684-2822/ 2808
Deadline to register is the day before class.

5 Love Languages of Teenagers



Do you ever feel like you and your teen are speaking another language?

The "5 Love Languages of Teenagers" class is geared toward caregivers that want to communicate with their teens in a way that everyone feels heard, understood, and most importantly loved.

ACS Classroom 145
Feb 14, May 8, Aug 14, Nov 13
1-2:30pm
FREE

Open to all DOD civilians, active duty, and retired military that are caregivers raising teens
Call to register (deadline is day before class)
913-684-2822 / 2808

"Refreshing Conversations"



Need to talk to someone who "gets it"?
Come join your fellow EFMP Spouses for

Let's talk about the topics that impact our EFMP community!

Every first Thursday of the month
@ the ACS classroom
In The Resiliency Center
10:00 am - 11:00 am

Oct 5
Nov 2
Dec 7
Jan 4
Feb 1
Mar 7
Apr 4
May 2
Jun 6

Enjoy light refreshments, a delicious drink of the month, and great conversation!

Please register by calling 913-684-2800 or 913-684-2871

DAD'S NIGHT OUT



Dad's Night Out is offered by ACS New Parent Support Program for Dads of children 0-3 years of age to get out of the house without the kids and meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.

Jan 24 • Feb 21 • March 20 • April 17
May 22 • June 12 • July 24 • Aug 21
Sept 18 • Oct 23 • Nov 13 • Dec 4

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Dads with children 0-3 years old.

For more info: (913) 297-3212 or (913) 684-2800

MOM'S NIGHT OUT



This NEW event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.

Jan 31 • Feb 28 • March 27 • April 24
May 29 • June 26 • July 31 • Aug 28
Sept 25 • Oct 30 • Nov 20 • Dec 11

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old.

Info: (913) 297-3212 or (913) 684-2800

SCHOOL Empowering Families Lunch & Learn Workshop Series



12 - 1 pm via Microsoft Teams

September 21
Help, My Child is Struggling in School

October 19
Let's Talk IEPs

November 16
Challenging Behavior? Tips for Home and School

January 18
Understanding & Supporting Sensory Needs

February 15
Step Ahead at Age Three

March 21
Movin' On: Preparing for Your Next Move

April 18
Strategies for Supporting Your Child with Autism

For more information or to register, contact 913-684-2838 and 913-684-2871.

Play Morning




Thursdays from 9-11:00 a.m.
Ages 3 months - 3 years with Guardian • Resiliency Center

Free play group for ages 3 months - 3 years and their parents/guardians.

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.

Army Community Service | Resiliency Center | 600 Thomas Ave. | Fort Leavenworth, Kansas
Registration required, cut off is day before event (913) 297-3212 or (913) 684-2800
www.facebook.com/acs.fortleavenworth

Playground Palooza!



Every 2nd Tuesday from 9am - 10am
@ The EFMP Playground
(through the month of October 2024)

Come out and get to know other EFMP Families while the kids play! Every month there will be a NEW and EXCITING activity for the kids! Open to EFMP Families only.

Registration is required the Friday before the event.
Call 913-684-2871 or 913-684-2800 for more info

Activities*
May- Chalk Art
June- Art Essels
July- Popsicles
August- Bubbles
September- Juice Boxes
October- Pumpkin Decorating
*Subject to change

Operation Megaphone Lock In 2024
For CYS/MST Registered 6th-12th Graders

Date: 26-27 April 2024

Tentative Schedule
Minimum space available so register early

1900-1930	Meet & Greet & Team Building
1930-2030	Teen Discussion and Issues *AFAP (Issues given to the Garrison)
2100-2300	Rock & Glow Bowling & Pizza Party
2300-0100	Music, Dancing and Lip Sync Battle - With DJ George
0100-0200	3 on 3 Basketball Tournament
0200-0230	Ice Cream Sundae Eating Contest
0230-0400	Movie
0400-0500	BINGO or Free Throw Contest
0500-0530	Crazy Relay Races
0530-0630	Kickball or Free Time
0630-0700	Breakfast (Waffles w/toppings & Sausage, Juice and Milk)
700	Head Home (Hope you had A GREAT time At the Youth Center)
On Going Activities	Inflatables, Card Games, Video Games, Board Games, Challenges, and plenty of Snacks. (Concession will Be open)

Cost is \$20 - Parents must register and pay by Wednesday 24 April
REGISTRATION IS CLOSED ON 25 APRIL 2024
Once the Lockin begins youth may not leave the program unless parents come and sign you out
For more information please call 913-684-5131/913-684-5118

EFMP RECREATIONAL BOWLING

Every first Saturday of the month
12:00pm - 2:00pm
Strike Zone Bowling Center
165 Fourth St

Meet other EFMP families!
EFMP Recreational Bowling is a fun way to socialize, and sharpen fine motor skills.

All ages welcome!
FREE for the entire family including shoes!
Bumpers, bowling ramps, and lightweight bowling balls are available.

Pre-registration is required the Wednesday before the event.
Call 913-684-2800 for more info or to register

EFMP presents:

SENSORY STORY TIME

Every 3rd Friday of the month
10am-11am
starting Jan. 19
@ The CARL Library

FREE and open to all DoD ID holders!
All ages are encouraged to join!
POC 913-684-2871/ 2838

MOM & ME CROCHETING

May 17
1pm - 4pm
Room 157
600 Thomas Ave

Come on out and learn a new skill, or perfect an existing one! An instructor will be available to teach the basics.

"Stitch" together and bond with your kids!
Supplies and snacks will be provided!
Have a favorite yarn?
You're welcome to bring it!

Please RSVP by May 10
Call 913-684-2808/2800

FREE!
Ages 8+

FREE ENTRY

Summer Kick-Off

FEATURING
GAMES • MUSIC • RIDES
FOOD TRUCKS • INFLATABLES
AND MUCH MORE!

May 10, 2024
4:30-8 pm

AT THE USD 207 TRACK & FIELD COMPLEX
FTLVN CHILD SUPERVISION POLICY APPLIES
GATE ACCESS REQUIRED

Join our ACS/FAP team for

STORY TIME!

To be held in Room 143
600 Thomas Ave

April 3, 2024 10:00 am
April 10, 2024 2:00 pm
April 17, 2024 10:00 am
April 24, 2024 2:00 pm

For ages 0-4
All Children in attendance will receive a FREE book to enjoy at home!
For more information or to make a reservation contact 913-684-2811

25

THURSDAY, APRIL 25, 2024 AT 5:30 PM CDT

The French in Kansas in the 18th Century: Fort de Cavagnial by Donald Wade Davis

100 Reynolds Ave, Fort Leavenworth, KS, United States, Kansas 66027

BILINGUAL STORYTIME AT THE MUSEUM

FRIDAY April 12th @ 10am

- Located in the Fort Leavenworth gallery at the Frontier Army Museum (100 Reynolds Ave, Ft Leavenworth)
- Family Storytime (open to all ages)
- Storytime told in Spanish & English

SENSORY STORYTIME AT THE MUSEUM

FRIDAY April 19th @ 10am

- Located in the Fort Leavenworth gallery at the Frontier Army Museum (100 Reynolds Ave, Ft Leavenworth)
- Family Storytime (open to all ages)
- Activities, like stories, crafts, sensory experiences, songs, games and socialization.

VOLUNTEER BASICS

JAN 10 • MARCH 13 • MAY 15 • JUNE 26 • AUG 28 • SEPT 4
ACS CLASSROOM • 600 THOMAS AVE.
TIME: 12PM - 1PM

DO YOU WANT TO MAKE A DIFFERENCE IN OUR COMMUNITY? IF SO, THEN BE SURE TO CHECK OUT VOLUNTEER BASICS. LEARN ABOUT VOLUNTEER OPPORTUNITIES ON FORT LEAVENWORTH AND IN THE COMMUNITY. PARTICIPANTS WILL LEARN THE BENEFITS OF VOLUNTEERING AND HOW TO PROPERLY LOG HOURS INTO THE VOLUNTEER MANAGEMENT INFORMATION SYSTEM (VMIS).

REGISTRATION IS NOT REQUIRED. JUST SHOW UP.

INFO: (913) 684-2835

Update As of: 19 October

ACS WILL BE CLOSED THURSDAYS FROM 0800-1300 FOR STAFF TRAINING.

FOR IMMEDIATE ASSISTANCE: 913-684-1669
FOR VICTIM ADVOCATE: 913-683-2537

We are sorry for the inconvenience.

Wireless Emergency Alerts (WEA)

can alert you when weather threatens!

WEAs are emergency messages sent by government authorities to your mobile phone, reserved for life-threatening situations.

Keep WEAs enabled on your phone. It could save your life or the lives of others.

TORNADO WARNING!

weather.gov

ACS Family Advocacy Program Presents:

ANGER MANAGEMENT

December 14 • February 15 • April 18
Thursdays from 11:30AM - 1PM
ACS Conference Room, Room 145

Learn how to identify the different kinds of anger and ways anger is expressed. Build skills to deal with strong and destructive behavior and emotions.

FREE and open to DoD ID card holders 18 and above.

Childcare not provided.

Registration is required, and must be done the day before the class.

For more info or to register call, (913) 684-2808/4357

STRESS MANAGEMENT

Thursdays: Jan 18, Mar 14, May 16, July 18
1130 - 1300 brown bag lunch class.
ACS Conference Room 145
Registration Required must register by the day before the class you want to attend. Classes are for 18 and over

This one-session FREE class helps attendees identify stressors and symptoms of stress as well as how to select and implement stress management skills to overcome stressors of any kind. Learn how to take control of yourself by learning to control your stress, instead of allowing the stress to control you. End the class with a structured relaxation exercise.

To register or for more information, call (913) 684-2808/2800

BOSS soldiers

here's what's happening

"let your voice be heard"

updated monthly

recreation & leisure • events • meetings
quality of life • community service

COME EXPERIENCE A

NIGHT AT THE MUSEUM

April 26, 2024
5:30 - 7:30 PM
Enjoy a guided tour of the Frontier Army Museum as it comes to life with special exhibits that are fun for the whole family.

SIGN UP AT FFAM.US

The Friends of the Frontier Army Museum
100 Reynolds Avenue
Fort Leavenworth, KS 66027

DOMESTIC VIOLENCE EDUCATION AND SUPPORT GROUP

When:
November 7th and 21st
December 5th & 19th
January 2nd, 16th & 30th
February 13th & 27th
1:00PM-2:30PM

THIS GROUP IS:
- SAFE
- RELATABLE
- EDUCATIONAL
- RELEVANT
- CONFIDENTIAL

Where:
Resiliency Center
600 Thomas Ave
Room 145

FOR QUESTIONS CALL 913-683-2537

- Family Advocacy Program - Victim Advocacy Program

1 in 3 women and 1 in 4 men have experienced some form of domestic violence by an intimate partner in their lifetime.

If you or someone you know is experiencing violence by an intimate partner, please reach out to the victim advocacy program at 913.683.2537

Safety Planning
Victim Advocacy Services
Education & Support Group

UNITED STATES DISCIPLINARY BARRACKS SESQUICENTENNIAL CELEBRATION

Time to Register

May 19-21, 2024 | Fort Leavenworth, Kansas
RSVP Due April 12, 2024

Welcome Reception | USDB Tours | Banquet | Plaque Ceremony

Register on Event Brite USDB Sesquicentennial Anniversary Celebration

Schedule of Events

19 May 24, Sunday

- Welcome Reception, VFW Post 56, (1700-2100) (cash bar)

20 May 24, Monday

- USDB "Changes Over Time" Presentation (0800-1030) (Lewis and Clark Center)
- Windshield Tour of Ft Leavenworth (1030-1200)
- USDB Sales Store Open House (1100-1500)
- No-Host Lunch (1100-1300) (12th Brick Grill inside old USDB)
- Tour of the new USDB (1300-1415)
- Tour of the old USDB (1300-1415)
- Tour of the new USDB (1430-1545)
- Tour of the old USDB (1430-1545)
- BBQ Dinner (1700-2100) 35th ID HQ

21 May 24, Tuesday

- Sesquicentennial Plaque Ceremony (0900-1000) (Lewis and Clark Center)
- Tour of Lewis and Clark Center (new CGSC) (1030-1130)

\$35 includes meat/veggie trays at Welcome Reception; BBQ Dinner w/beer/wine, soda, H2O; and 150th Anniversary Cake with refreshments.

Questions: peter.j.grande.vol@army.mil or 913-683-8263

THE US ARMY GARRISON FORT LEAVENWORTH
EQUAL EMPLOYMENT OPPORTUNITY OFFICE

Presents

**FY24 Mandatory Face to Face
ANTI-HARASSMENT/NO FEAR ACT
AND EEO TRAINING**

LOCATION: POST THEATER

2nd Quarter
20 March 2024, Wednesday: 1030-1130 (Employees)
1300-1400 (Supervisors)

3rd Quarter
2 May 2024, Thursday: 0900-1000 (Employees)
1030-1130 (Supervisors)

18 June 2024, Tuesday: 1300-1400 (Supervisors)
1430-1530 (Employees)

(Employees) = Civilian Employees,
(Supervisors) = Supervisors, and Military Supervisors of Civilian Employees

For FY24 face to face training is mandatory. On-line training is no longer valid. The Ft. Leavenworth Garrison EEO office will track attendance for IMCOM employees only. Other organizations are welcome to attend training, but they must track and report training separately.

For additional information, please contact:
EEO: Kale E. Webster, EEO Specialist, kale.e.webster.civ@army.mil

Commissary Privileges*
for all CYS Employees

NOW HIRING

- Medical, Dental, Vision & Life Insurance Benefits*
- Retirement & 401K
- Flexible Work Hours
- Paid Time Off (Vacation & Sick)
- Career Progression & Paid Training
- Tuition Reimbursement Possibilities
- Priority Child Care Placement and Employee Child Care discounts
- Tax-free Shopping Privileges at AAFES
- Job transfer program worldwide through Civilian Employment Assignment Tool

COME WORK WITH CYS

APPLY NOW!
ArmyMWR.com/cyscareers

* Conditions apply

SCAN TO LEARN MORE

ADULT SPORTS

Softball LEAGUE

LEAGUE PLAY STARTS TUESDAY, JUNE 4TH
GAMES TUES & THURS @ 5:30 - 8:30 P.M.
DONIPHAN FIELD #1

Coaches Meeting: Thursday, May 16 - 5:30 p.m.
Gruber Fitness Center

League awards will be given for regular season champions and 1st and 2nd place tournament champions.
Open to Active Duty, DoD, Retirees and Contractors working at Fort Leavenworth ages 18 & older.

For more information, call (913) 684-3224/ 5136
Team rosters due by Wednesday, May 29



*Season length dependent on number of registered teams.

Intramural

3rd Annual Fort Leavenworth Softball Tournament!

Tournament starts Wednesday May 1st
Tournament ends Friday May 31st
Info: (913) 684-3224/ 684-5136

Coaches Meeting Thursday April 18th
5:30 pm @ Gruber Fitness Center
Games: Mon. & Wed.
5:30PM-8:30PM
@ Doniphan Field #1

(Active Duty, DoD Civilians, Retirees, Dependents, Spouses, and Contractors)
Team Rosters and/or letters of intent due COB Wednesday, April 24th.
Awards for tournament runner ups, and tournament champions.
Must be 18 years old or older



33rd ANNUAL

COMMAND & GENERAL STAFF COLLEGE TRIATHLON

FORT LEAVENWORTH, KS 4 MAY 2024

8:00AM - HARNEY SPORTS COMPLEX

SWIM 1.0 MI **BIKE** 15.0 MI **RUN** 3.1 MI

PRICING Individual Racer: \$70
Relay Team of 2 or 3: \$85
Register by 19 APR to guarantee your t-shirt!

REGISTER IN PERSON Harney Gym, Gruber Gym, and The Resiliency Center (600 Thomas Ave, Rm 223)
FOR MORE INFO CALL: 913-684-1674

RACE BRIEFING & SHIRT PICKUP 3 MAY - 4:00PM-6:00PM
Frontier Conference Center 350 Biddle BLVD, Ft Leavenworth




Thank you to all our sponsors (No Federal Endorsement Implied):





FLSC Annual Charity GOLF SCRAMBLE

Two Fun Events One Amazing Day

WESTERN NIGHT

BEER BIRDIES BBQ BOURBON

Trails West Golf Course 1 PM • Frontier Conference Center 6 PM

APRIL 27TH



DG **FUN & RELAXATION**

Explore new hobbies in your free time with on-post events & recreation activities in the Digital Garrison App!

POWERED BY







MAKE THE CONNECTION

Download on the App Store

GET IT ON Google play

FUN SHOOT

Brunner Range
1st Saturday of the Month

Jan 6 - Dec 7 2024
Feb 3, Mar 2, Apr 6, May 4, Jun 1, Jul 6, Aug 3, Sep 7, Oct 5, Nov 2,

Registration is required and can be done the day of the event from 9AM-10:30AM.

Space is limited so register early.

Rental guns and shells are available or bring your own.

Prizes and awards distributed at the end of each shoot.

Info: (913) 651-8132
701 Sheridan Drive



Brunner Range

2024 LEAGUE SCHEDULE

Winter Combo
4 January - 7 March

Spring Combo
21 March - 23 May

Summer Warm-up
6 June - 11 July
18 July - 22 August

Fall Combo
5 September - 7 November

Winter Warm-up
14 November - 19 December

Each league has a one-time payment of \$25
Payment is held for prizes at the end of each league.
Combo leagues shoot on Thursday evenings. Teams consist of 5(+/-) shooters.
All teams take turns supplying an evening meal at approximately 5:30 pm with shooting commencing at 6:00 pm. Summer and Winter Warm-up leagues are individual with the same fee but no food.

Contact Brunner Range for more information
(913) 651-8132




New Season New Hours!

Fairway Grille will be OPEN on Saturdays beginning April 6th and will be CLOSED on Mondays beginning April 8th.

Updated hours:
Tues - Fri: 11AM - 1:30PM
Sat: 10:30AM - 3PM

Info: (913) 651-7176




Strike Zone Bowling Center's

GOOD GRADES SPECIAL

Noon - 7 pm

October 21, January 6, March 23 & May 25

Kids! Bring in your report cards and receive one free game for every "A" or equivalent. Straight "A"s gets you free sodas for the family (6 max) and all "B"s or better gets you \$2 off any pizza. Games may be used by all family members.

Strike Zone - 165 Fourth Street - (913) 651-2195
https://leavenworth.armymwr.com






STRIKE ZONE Birthday Packages

SILVER PACKAGE
\$16 per person
2 hours of bowling with shoes
2 slices of pizza
Small beverage of choice
Free game pass for future use
Birthday themed plates, cups and napkins
1 Free Laser Maze play for each guest

BRONZE PACKAGE
\$13 per person
2 hours of bowling with shoes
Small beverage of choice
Free game pass for future use
Birthday themed plates, cups and napkins
1 Free Laser Maze play for each guest

Party Enhancements
Birthday Pins \$20

Call us today to book your party! 913-651-2195

Clean Paws Pet Wash

Open 24 hours a day!
Merritt Lake Parking Lot
Cash, Coin and Card

Info: (913) 651-7176




Cosmic Bowling at the Strike Zone

Every Saturday Night

\$12 all you can bowl for 2 hours includes shoe rental

Info: (913) 651-2195
Leavenworth.armymwr.com




Attention track users: Official start/stop points required for ACFT accuracy

Common Finish Line

2 MILE RUN START

2 MILE RUN FINISH
(After 8 Laps)

- Common Finish Line
- 2 Miles after 8 laps
- Officially measured 2 mile distance
- 8 laps = 3,200 meters (10,498.69 ft)
- 2 miles = 10,560 ft (3,200 meters + 61.31 ft = 2 miles)
- Distance between lines = 61.31 ft

USD 207 District Track and Field Complex

USD 207 Track

2 Mile Start Line

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Unified School District 207 graphic

When using the officially measured "start" and "stop" points, the two-mile run at the Unified School District 207 Track/Normandy Field is within an accuracy of +/- six inches.

If the officially measured "start" and "stop" points are not used, the Army Combat Fitness Test will not be accurate.

Starting Monday January 8th, 2024

Fort Leavenworth Group Fitness Classes

GRUBER FITNESS CENTER - 200 Reynolds Ave. - 684-5120
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530			Spin (Karyn)			
0900	(0915) Zumba (Lydia)		(0915) Zumba (Lydia)		Zumba (Stephanie)	Zumba (Lydia)
1630	30/30 Spite (Kim)		Power Cycling (Kim)			

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

*Power Cut classes are held in the Bubble Gym

U.S. ARMY MWR

Single Ticket For \$5.00
10 Tickets For \$45.00
20 Tickets For \$80.00

U.S. ARMY SPORTS • FITNESS • AQUATICS

<https://leavenworth.armymwr.com>

913 WEIGHTLIFTING

FUNCTIONAL FITNESS CLASSES

CLASSES

Monday - Friday
9:00-10:15am
Harney Gym
185 Fourth Street
Fort Leavenworth, KS

ABOUT

Classes are designed to increase strength, power, speed, agility, and aerobic capacity by Olympic lifting, weight lifting, gymnastics, and plyometrics. This class is ideal for beginners and elite. Get healthier, get stronger, live longer. Enjoy professional programming in a supportive, encouraging environment.

PRICING

Monthly rates
3x week \$75
5x week \$85
Drop in \$10

CONTACT For more info: 949-291-0386

Discover Fort Leavenworth's Fitness Facilities

Harney Sports Complex and Aquatics Center
185 Fourth St
913-684-2190
M-F 0500-1800
Sat-Sun 0800-1700

Gruber Fitness Center
200 Reynolds Ave
913-684-5120
M-F 0500-1800
Sat-Sun 0800-1700

YOU'RE JUST A CLICK AWAY FROM A HEALTHIER YOU!

Adult Sports & Fitness

Scan Here for current information about adult intramural sports, pool hours, eligibility, how to register for 24/7 access, and special programs!

Group Fitness

Scan Here for current fitness classes, schedules, fees, and eligibility. FREE for Active Duty!

WE OFFER 24/7 Gym Access (After registration)

LET'S GO!

DECIDE TO COMMIT TO SUCCESS

leavenworth.armymwr.com

FORT LEAVENWORTH LEISURE TRAVEL SERVICES TOP TICKETS

Disneyland Military Salute Offer 2024:
3 DAY Park Hopper Our Price \$268.50 W/Genie \$357.75
4 DAY Park Hopper Our Price \$314.25 W/Genie \$433.00

Disney World Military Salute Offer 2024:
4 DAY Park Hopper Our Price \$365.00...W/Water Park and Sports Center \$395.00
5 DAY Park Hopper Our Price \$385.00...W/Water Park and Sports Center \$415.00
6 DAY Park Hopper Our Price \$399.75...W/Water Park and Sports Center \$435.00

Universal Orlando Military Freedom Offer 2024:
2 Park Freedom Pass Adult \$210.00 and Child age 3-9 \$205.00
3 Park Freedom Pass Adult \$245.00 and Child age 3-9 \$240.00

Universal Hollywood:
1 Day General Admission Adult and Child 3+ \$112.00

Go City Go Card:
Sightsee and save with a Go Card! Discover the best attractions, tours and experiences, all on one pass.
Worldwide: Austria-Vienna, UAE- Dubai, Mexico-Cancun, and Italy-Rome
State side: Orlando, Miami, Chicago, Los Angeles, San Francisco, Oahu, New Orleans, Boston, Las Vegas, New York, and much more!

Leisure Travel Services
310 McPherson, Bldg 464
(913) 684-2580
leavenworth.armymwr.com

EXCHANGE YOU MADE THE GRADE

you get the REWARDS!

EXCHANGE

\$20 REWARDS!

Straight **A** students

EXCHANGE

\$10 REWARDS!

Average **B** students

ENTER FOR A CHANCE TO WIN A \$2,000, \$1,500 OR \$500 REWARDS! GIFT CARD!

See an Associate for details and entry forms.

We have KC Royals Tickets for the 2024 season!

Exclusive Military Rate for tickets and parking.
Ticket prices are based on tiers and vary depending on opponent.

For more info call, or stop by Leisure Travel Services.
(913) 684-2580
310 McPherson Ave (located inside the old USDB)
Or check out our website, leavenworth.armymwr.com

2024 Worlds of Fun/Oceans of Fun Gold Season Pass

Available Now @ Fort Leavenworth Leisure Travel Services

\$94.50

310 McPherson Ave BLDG 464, Fort Leavenworth 913-684-2580 Business Hours Tue/Wed/Thu/Fri @ 10a-3p

CITY UNION MISSION Donation Day FAQs

Since 1924

- When is Donation Day?
Donation Day is every 2nd Saturday of the month. Please have items for donation out before 8:00 a.m.
- Where can I donate items?
Items can be left on the curb in front of your home. Please place items in a clear bag or box clearly labeled FOR DONATION.
- What items can I donate?
City Union Mission will take donations of household goods, clothing, toys, etc. Furniture will also be picked up, as long as it is in good condition for resale.
- What will happen in the event of inclement weather?
Please follow us on Facebook for updates to the community.

COMMUNITY MANAGEMENT OFFICE: (913) 682-6300

Ready for the Big Screen? Book A Post Theater Birthday Party!

Event Space: \$225

Small Snack Package*: \$6 per kid includes drink, kid size popcorns, candy
Large Snack Package*: \$8 per kid includes drink, medium popcorns, candy
*minimum of 10

Call 913-684-2736 to book your party

TENANT SATISFACTION SURVEY RESULTS!

The Department of Army issued the TENANT SATISFACTION SURVEY (TSS) on March 4th! FHC wants feedback from all households. What is FLFHC doing right & what improvements would you like to see?

YOUR PARTICIPATION COUNTS! Thank you to those who have already completed their survey.

HOW IS YOUR NEIGHBORHOOD RANKING?

LEAVENWORTH, CHEYENNE	33	6.1 %
LEAVENWORTH, EAST CHEYENNE	21	19.0 %
LEAVENWORTH, INFANTRY BARRACKS	58	22.4 %
LEAVENWORTH, IOWA	71	26.8 %
LEAVENWORTH, KICKAPOO	141	18.3 %
LEAVENWORTH, LOWER KANSAS, OSAGE	84	20.2 %
LEAVENWORTH, MAIN POST	111	23.4 %
LEAVENWORTH, NEZ PERCE-OREGON	80	15.0 %
NEW-PAWNEE, NEW		
LEAVENWORTH, NORFOLK	87	16.1 %
LEAVENWORTH, OREGON OLD	89	20.2 %
LEAVENWORTH, OSAGE	97	17.5 %
LEAVENWORTH, OTTAWA	113	11.5 %
LEAVENWORTH, PAWNEE OLD	23	8.7 %
LEAVENWORTH, POTTAWATOMIE	136	15.4 %
LEAVENWORTH, SANTA FE	166	21.7 %
LEAVENWORTH, SHAWNEE	121	9.9 %
LEAVENWORTH, UPPER KANSAS	44	20.5 %
LEAVENWORTH, WBT	13	23.1 %

The sooner you respond, the more chances you have to win!

There are 32 chances left to win a \$50 GIFT CARD and one \$250 prize! CEL will randomly draw the winner. FHC will only receive the residents name and address. Your survey feedback is not shared if you are selected, the survey is completely anonymous to FLFHC.

CANT FIND YOUR SURVEY?

Scan QR code or Contact CEL via email at ArmyHousingSurvey@celassociates.com to request a survey link. When you email CEL

- You must include your Installation name and complete street address including unit number, if applicable.

OMB Control Number: 0704-0553
OMB Expiration Date: 31 May 2023

WOMEN VETERANS PACT Act-SERVICE Act and HEALTH RESOURCE FAIR

Saturday, May 4, 2024
0930-1230

VA LEAVENWORTH MEDICAL CENTER
4101 S. 4TH ST. TRFWY
WOMENS' CLINIC, MAIN BUILDING
(DIRECTLY ACROSS FROM ENTRANCE LOBBY)
Leavenworth, Kansas 66048

EXPANDED HEALTH CARE ELIGIBILITY

Calling all Women Veterans who were exposed to burn pits or other toxins during deployment.

Talk to your VA provider today about any concerns you may have related to your exposure.

NO APPOINTMENT NEEDED

- VA Health Care-Apply on site
- Veterans Service Reps-File a VA Disability Claim
- Toxic Exposure information and screenings*
- VA Women's Clinic services and staff w/tours

Services: Hearing tests, toxic exposure screenings
Demonstrations: Equine Therapy, Drum Circle, Clinic tours
Information: Intimate Partner Violence, Suicide Prevention, Presumptive Conditions, VA Service Act--Breast Cancer screening eligibility
Resources: Veterans Organizations and Resource partners

For more information:

- VA.GOV/PACT
- Topeka VA Facebook TOPEKAVAMC
- Or call 785.559.8190

*screenings may be done for enrolled veterans

Financial Readiness Milestone Training

Are you financially prepared for what life throws your way? Let us help! We offer free Financial Readiness Training on a variety of subjects.

Some of the topics we will discuss:

- Pre-Deployment
- Post-Deployment
- PCS
- Marriage
- Divorce
- Vesting in TSP
- Promotion
- First Child
- Continuation Pay
- Disabling sickness/injury/condition

Held monthly every 2nd & 4th Thursday @ 0900am - 1100am. Bldg 198 Room 157

INFO: 913-684-2852 / 2800

REASONS TO CONNECT WITH 988

You can call, text, and chat the 988 Suicide & Crisis Lifeline to talk about a lot of things.

988 SUICIDE & CRISIS LIFELINE

JOIN OUR TEAM!

We Are Looking For a Professional:

Supervisory SARC (Principle) "AKA Lead SARC" GS-0301-13

Come join the Combined Arms Center SHARP Team

Accepting Applications until 22 Mar 24 - 29 Mar 24

Submit Your Resume : <https://www.usajobs.gov/GetJob/ViewDetails/783040800>

JOIN OUR TEAM!

We Are Looking For a Professional:

Supervisory SARC (SAR WF) GS-0301-12

Come join the Combined Arms Center SHARP Team

Accepting Applications until 22 Mar 24 - 29 Mar 24

Submit Your Resume : <https://www.usajobs.gov/GetJob/ViewDetails/783041600>

ACS Employment Readiness Program Menu of Services

One-on-one appointments and workshops to assist with:

- Career exploration and planning
- Skills and personality assessments
- Education and skills attainment
- Civilian and Federal resume assistance
- Employer referral and job search assistance
- Interview skills and professionalism

For more information, contact the ACS Employment Readiness Program Specialist 913-684-2835/2800

Employment Readiness Program Classes

ACS Classroom • Resiliency Center, 600 Thomas Ave. Wednesdays • 12PM - 2PM*

- Resume Writing:** Mar 20* • June 19* • July 17* Aug 14* • Sept 25* Evening Classes: May 22 • Aug 14 - 5PM - 7PM Registration required for evening classes
- Federal Employment:** Jan 17* • Mar 6* • April 10* May 8* • June 5* • July 10* Aug 7* • Sept 11* • Oct 9* • Nov 6* Evening Classes: May 15 • Aug 7 - 5PM - 7PM Registration required for evening classes
- Interview Skills & Professionalism:** Feb 21* • May 22* July 24* • Aug 21*

Scan QR Code for more info!

Classes are from 12PM - 2PM Registration is required for evening classes only. Open to DoD ID card holders.

For more info call: (913) 684-2800

NOW HIRING Military Spouses & Veterans

MONARCH BUTTERFLY DOD INTERNSHIP

Environment for the Americas (EFTA), with funding from the US Forest Service and Department of Defense (DoD), is supporting military installations with monarch butterfly monitoring and management efforts. We are looking for veterans, military spouses, and dependents to join our team!

POSITION DESCRIPTION

- Monarch butterfly and habitat monitoring** - Interns will receive training in surveying monarchs and their habitat, along with instruction in ecological field protocols.
- Engaging the public** - Interns will engage with the military community through leading talks, nature walks, and outreach activities, and are encouraged to contribute blogs to the EFTA website.
- Collaborating with partners** - Interns will work closely with the natural resource managers on their installation, representing our program to the public and partners.

AT A GLANCE

- Compensation: \$600/week**
- When traveling, participants will receive a \$1000 housing stipend and travel costs tail from the work site.
- Duration: 6 week - 6 month positions available starting March 2024. Please list desired location(s) in your application.

SITES INCLUDE:

- TX: Ft. Cavazos, Dyess AFB, Laughlin AFB
- OK: Ft. Sill, Tinker AFB, Camp Gruber
- KS: Ft. Riley
- NE: Camp Ashland
- CA: Vandenberg AFB

QUALIFICATIONS

- Veteran, military spouse, or dependent.
- A desire to learn about monarchs and habitat surveying.
- Ability to conduct fieldwork on DoD lands, which may include long days outdoors and walking long distances.
- Preferred: background in ecology, biology, or natural resources or interest in these fields

JOIN US!

Apply on our website at: environmentamericas.org/lefta-internships-landing-page/
Reach out to Deborah May, the Monarch Program Manager with any questions at: dmay@environmentamericas.org

MUNSON NOTES



**SPORTS PHYSICALS
ARE CURRENTLY
UNAVAILABLE**

Temporary Suspension of Sports Physicals

Due to provider staffing, sports physicals are currently unavailable from Munson Army Health Center, but they can be obtained off post. Unfortunately, sports physicals, on their own, are not a TRICARE-covered benefit. While MAHC has offered sports physical in previous years, the staffing this summer cannot support the extra service at this time without impacting access for patients with acute and/or chronic healthcare needs. MAHC continues to prioritize services to ensure we meet the soldier readiness mission and access to care standards and will fulfill that mission with systems already in place.

MAHC providers may complete sports physical paperwork in conjunction with a TRICARE-covered physical, like a school physical or routine physical; however, appointments for routine physicals may be delayed, when medically appropriate, until late summer/early fall when staffing recovers.

3 tips to help you prioritize your mental health:

1. Schedule Time for Self-Care:

Make time for yourself daily to rejuvenate your mind, body, and soul. It's not indulgent; it's essential.

2. Cultivate Meaningful Connections:

Strengthen bonds with loved ones to create a supportive network that fosters belonging and understanding.

3. Practice Mindfulness:

Ground yourself in the present moment. Breathe deeply and focus your gaze on the things around you.

Your mental health is a priority.



Munson Army Health Center

WE ARE HIRING

PHYSICIAN (PEDIATRICS)
PHYSICIAN ASSISTANTS
DENTAL ASSISTANT
AND MORE!

Munson Army Health Center is hiring:
Physician (Pediatrics)
<https://www.usajobs.gov/v/job/777561300>
Physician Assistant
<https://www.usajobs.gov/v/job/784711600>
Clinical Social Worker
<https://www.usajobs.gov/v/job/784493400>

Practical Nurse (Special Salary Available)
<https://www.usajobs.gov/v/job/784710800>
This is a Direct Hire solicitation. Salary negotiation may be available for those candidates who are new to federal service. Student loan repayment may be authorized.

Fort Leavenworth Dental Activity

We're hiring Dental Assistants

JOIN OUR TEAM

Refills are here!

TRICARE® beneficiaries can order prescription refills through their MHS GENESIS Patient Portal.

To learn more visit: www.tricare.mil/MHSGENESISRxRefills

Don't Delay – Update DEERS Today!
Check and make sure your DEERS information is correct.

If your information is **NOT** updated in DEERS:

- You can lose access to your medical benefits
- Your healthcare team and TRICARE may be unable to reach you with critical healthcare, authorization, claims, and enrollment information

Update DEERS immediately if you experience any of the following:

- Move
- Marriage or divorce
- Change in sponsor's status (e.g. retirement or separation, activation or deactivation, change in service status)
- New birth or adoption
- Change in a student's full-time enrollment status
- Become eligible for Medicare
- Death of sponsor or family member
- Change of contact information (e.g. email address, phone number)

Learn how to update DEERS at: <http://www.TRICARE.mil/DEERS>

BRAIN INJURY AWARENESS

BE A BRAIN WARRIOR
PROTECT • TREAT • OPTIMIZE

HEAD INJURY?
Seek medical help if you have these warning signs:

HEARING

- Dizziness
- Ringing, buzzing, or other sounds in your ears or head
- Trouble understanding speech in noisy environments

VISION

- Dizziness
- Blurry or double vision
- Trouble reading
- Flashes and/or floaters

DHA
Department of Health Agency

health.mil/BIAMonth

MARCH IS BRAIN INJURY AWARENESS MONTH

BE A BRAIN WARRIOR
PROTECT • TREAT • OPTIMIZE

A traumatic brain injury—or TBI—is a blow or jolt to the head that disrupts the normal function of the brain. The severity of the TBI is determined at the time of the injury and may be classified as: mild, moderate, severe, or penetrating.

MORE THAN 485K TBIs REPORTED SINCE 2010 BY U.S. SERVICE MEMBERS¹

82.2% CATEGORIZED AS MILD TBI, ALSO KNOWN AS CONCUSSION

ONLY 16.9% TBIs OCCUR IN THE DEPLOYED SETTING²

WHAT TYPES OF ACTIVITIES CAN LEAD TO A TBI?

- Military Training Exercises
- Sports and Recreational Activities
- Motor Vehicle Collisions

HOW CAN I BE A BRAIN WARRIOR?

PROTECT

- Wear a helmet
- Practice safe driving techniques
- Be aware of your surroundings
- Check out health.mil/AHFTF for more safety tips

TREAT

- See your health care provider as soon as you experience a potentially concussive event
- Learn to recognize signs and symptoms of TBI, including headaches, trouble sleeping, and blurred or double vision
- Check out health.mil/TBIFactSheets for more information

OPTIMIZE

- Learn how to advocate for a loved one with TBI while ensuring your own emotional and physical health
- Ask your medical provider to explain the steps on your recovery journey and how to safely return to duty
- Check out health.mil/TBIPatientResources for more information

¹TRICARE 2023 DOD Worldwide Numbers for TBI, DOD TBI Worldwide Numbers since 2010. health.mil/TBINumbers
²Agnew V, Regina LE. Stout MC. Incidence of traumatic brain injury in the U.S. military, 2010-2014. *MJ Mag*. 2019;38(45-6):4233-41.

[#BIAMonth](http://health.mil/BIAMonth) **DHA**

HEALTH QUESTIONS WHILE YOU'RE ON THE GO?

A REGISTERED NURSE IS ONLY A CALL OR CLICK AWAY



MHSNurseAdviceLine.com

Web chat, video chat or find your country-specific phone number 24/7

Get health care advice • Find a health care provider • Schedule same or next day appointments when recommended by nurse • Get an online "absence excuse" or "sick slip" • Receive help for urgent/emergent care and traveling beneficiaries.

MTF enrollment, command guidance and recommendations by a registered nurse may be required. If you have an emergency, call 911 or go to the nearest emergency room.

MUNSON ARMY HEALTH CENTER

EYE EXAMS

Munson Army Health Center is currently scheduling routine eye exams for eligible school-aged beneficiaries age 6 years and up. Call 913- 684-6250 to schedule.