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SOLDIERS HELPING SOLDIERS **CEO emphasizes AER capabilities**



Photo by Prudence Siebert/Fort Leavenworth Lamp

Retired Sgt. Maj. of the Army Michael A. (Tony) Grinston, chief executive officer of Army Emergency Relief, shares examples of some of the ways soldiers and their families have been helped by AER, emphasizing the need for leaders to know how they can use AER to help their soldiers, as well as for soldiers themselves to understand when AER could help prevent debt and hardship, during his visit with local AER representatives and other community members May 5 at Marshall Lecture Hall in the Lewis and Clark Center.

by Prudence Siebert/Editor

Retired Sgt. Maj. of the Army Michael A. (Tony) Grinston, chief executive officer of Army Emergency Relief, emphasized the capabilities of AER, in lieu of an AER donation briefing, as he addressed local AER campaign representatives and other community members during his visit to Fort Leavenworth May 5.

Grinston said AER loans and grants can help soldiers reduce or avoid debt and hardship in many situations.

"It's really heartbreaking that people will suffer,"

SEE AER CAPABILITIES A7

Fallen soldiers Harrison, Sabalu remembered at Correctional **Officers Week luncheon**

by Prudence Siebert/Editor

Army Corrections Brigade soldiers and employees assembled for a prayer luncheon to observe National Correctional Officers and Employees Week May 6 at the Frontier Conference Center.

Guest speaker retired Lt. Col. Peter Grande, U.S. Disciplinary Barracks historian, said the week recognizes the contributions of workers who ensure the custody, safety and well-being of inmates, and that the luncheon provided the opportunity for the ACB teammates to break bread with their fellow correctional workers and to remember those in the profession who have passed on.



AT A GLANCE

Military families PCSing or travelling to certain areas, especially West Texas, should check with the local health department at their destination for CURRENT MEASLES OUT-BREAK STATUS. Supplementary measles vaccines might be needed for infants 6-11 months old and anyone not fully vaccinated. To connect with a health care provider or for more information, contact Munson Army Health Center at 913-684-6250.

■ Army Community Service will offer goodies for SPOUSE APPRECIATION from 10 a.m. to noon May 9 at the Post Exchange.

■ The Friends of the Frontier Army Museum NIGHT AT THE MUSEUM is 5:30-7 p.m. May 9. Sign up for a tour at https://docs.google.com/forms/d/e/1FAIpQLSf hDbDgkR_ZRxPt6rNFFy52qlwa2pAmO8l1Yy9EoStod73nw/viewform.

■ The **HISTORIC HOMES TOUR**, presented by the Fort Leavenworth Spouses' Club, is 11 a.m. to 3 p.m. May 10. Visit https://www.zeffy.com/en-US/ticketing/bourbon-night to purchase tickets.

SKIES Unlimited Curtain Call will perform the musical "SEUSSICAL JR." at 2 p.m. and 7 p.m. May 10 in the Old Patton Junior High School auditorium near Grant Gate. The performances are free but seating is limited to 200 — first-come, first-served. Call 913-684-3207 for more information.

■ The NAF PROPERTY SALE is 7 a.m. to 2 p.m. May 15 and 16 at 801 Riley Road. Call 913-684-2726/2727 for more information.

■ The KIDS' FISHING DERBY starts at 9-11 a.m., with registration starting at 8 a.m. and award ceremony at 11:30 a.m., May 24 at Merritt Lake. Rod and Gun Club members' children fish for free; non-member cost is \$3. Age groups include 4 years and under, 5-6 years old, 7-9, 10-12 and 13-15.

Grande paid tribute in his remarks to two Fort Leavenworth-connected fallen soldiers,

SEE CORRECTIONAL OFFICERS LUNCHEON

Photo by Prudence Siebert/Fort Leavenworth Lamp

RIGHT: Retired Lt. Col. Peter Grande, U.S. Disciplinary Barracks historian, pays tribute to two Fort Leavenworthconnected fallen soldiers, Col. James Harrison Jr. and Master Sgt. Wilberto Sabalu Jr., who were killed in 2007 while serving in Afghanistan, during his remarks for the National Correctional Officers and Employees Week Prayer Luncheon May 6 at the Frontier Conference Center.

Bradley 5th-grader wins art contest

by Stronghold Food Pantry

Stronghold Food Pantry wrapped up Month of the Military Child with the announcement of the winner of its Military Kid Art Contest.

Josephine Douglass, a fifth-grader at Bradley Elementary School, created the winning artwork that will be featured on Stronghold's 2026 Hunger Buster Pack bags.

Hunger Buster Packs are drawstring bags filled with protein-rich snacks, complex carbohydrates and easy pop-top meals to help military children stay nourished during long school breaks — because hunger doesn't take a break for summer, Labor Day, Thanksgiving or any other

holiday.

Fort Leavenworth, like many other military installations, has Title I schools, which means many military families are facing financial hardship. Title I schools serve communities where a high percentage of students come from low-income households.

Stronghold stands with military children - to support them, nourish them and build lasting connections — and is honored to showcase Josephine's artwork as a symbol of that mission.

The Hunger Buster Pack program is supported by the Fort Leavenworth Thrift Shop through the shop's community assistance grants program.



Artwork by Josephine Douglass

■ Soldiers, families, retirees and civilians are encouraged to get and stay fit during the annual STRONG B.A.N.D.S. (Balance, Activity, Nutrition, Determination and Strength) promotion offered in May. Strong B.A.N.D.S. promotes healthy, active lifestyles for Army communities. Activities include a SOFTBALL TOURNAMENT with games 5:30-8:30 p.m. every Monday and Wednesday in May at Doniphan Field — letters of intent were due April 30; a KICKBALL TOURNAMENT from 9 a.m. to 7 p.m. May 17 and 18 at Gruber Field - letters of intent are due May 7; and a DISC GOLF TOURNAMENT from 8 a.m. to 2 p.m. May 24 at the Disc Golf Course by Camp Conestoga - to register, visit Gruber Fitness Center or call 913-684-5120. Events are free and open to service members, family members, retirees and civilians. Call 913-684-3224/5136 for more information.

Army Community Service's **SMOOTH** MOVE WORKSHOP provides pre-departure and destination information on relocation and travel entitlements, installation and community information, financial concerns, employment opportunities and more. The workshop is available upon request for one-on-one, families, units or groups of spouses/families. For more information or to schedule, call 913-684-2800.

GRIFFIN GARDENS GREENHOUSE is closed until further notice. Check the USDB Sales Store Facebook page for updates.

■ The COMBINED ARMS RESEARCH LIBRARY HOURS through July 3 are 7 a.m. to 5 p.m. Monday through Thursday, 7 a.m. to 4:30 p.m. Friday and 9 a.m. to 1 p.m. Saturday. The library is closed federal holidays, and the third floor is available by appointment.

Driscoll, George send letter to force describing transformation initiative

by Secretary of the Army Dan Driscoll and Chief of Staff of the Army Gen. Randy A. George

Army Leaders,

Battlefields across the world are changing at a rapid pace. Autonomous systems are becoming more lethal and less expensive. Sensors and decoys are everywhere. Dual-use technologies are continuously evolving and outpacing our processes to defeat them. To maintain our edge on the battlefield, our Army will transform to a leaner, more lethal force by adapting how we fight, train, organize and buy equipment.

Consistent with the Secretary of Defense directive dated April 30, 2025, the Army is implementing a comprehensive transformation strategy — the Army Transformation Initiative (ATI). This initiative will reexamine all requirements and eliminate unnecessary ones, ruthlessly prioritize fighting formations to directly contribute to lethality, and empower leaders at echelon to make hard calls to ensure resources align with strategic objectives. To achieve this, ATI comprises three lines of effort: deliver critical warfighting capabilities, optimize our force structure and eliminate waste and obsolete programs. Visit https://media.defense.gov/ 2025/May/01/2003702281/-1/-1/1/ARMY-TRANSFORMA-TION-AND-ACQUISITION-RE FORM.PDF to read the directive.

Deliver warfighting capabilities

ATI builds upon our Transformation in Contact (TiC) effort, which prototypes organizational changes and integrates emerging technology into formations to innovate, learn, refine requirements and develop solutions faster. We will introduce long-range missiles and modernized unmanned aircraft systems (UAS) into formations, field the M1E3 tank, develop the future long-range assault aircraft, and close the counter small unmanned aircraft systems (C-sUAS) capability gap. Command and control nodes will integrate artificial intelligence to accelerate decision-making and preserve the initiative. Agile funding, which shifts from programcentric to capability-based portfolios, will increase timely equipment fielding and accelerate innovation cycles. Adaptation is no longer an advantage — it's a requirement for survival.

Optimize force structure

Our focus is on filling combat formations with soldiers. Every role must sharpen the spear or be cut away. We are eliminating 1,000 staff positions at Headquarters, Department of the Army. To further optimize force structure, Army Futures Command and Training and Doctrine Command will merge into a single command that aligns force generation, force design and force development under a single headquarters. Forces Command will transform into Western Hemisphere Command through the consolidation of Army North and Army South. Multi-Domain Task Forces will

align with theater headquarters to operate under relevant authorities. We will trim general officer positions to streamline command structures and revise civilian talent management policies to prioritize performance.

We will also restructure Army Aviation by reducing one aerial cavalry squadron per Combat Aviation Brigade (CAB) in the active component, and we will consolidate aviation sustainment requirements and increase operational readiness. We will convert all Infantry Brigade Combat Teams to Mobile Brigade Combat Teams to improve mobility and lethality in a leaner formation. We are trading weight for speed, and mass for decisive force.

Eliminate waste and obsolete programs

We will cancel procurement of outdated crewed attack aircraft such as the AH-64D Apache Longbow, excess ground vehicles like the High Mobility, Multipurpose Wheeled Vehicle (HMMWV/Humvee) and Joint Light Tactical Vehicle (JLTV), and obsolete unmanned aerial vehicles (UAVs) like the Gray Eagle. We will also continue to cancel programs that deliver dated, late-toneed, overpriced or difficult-to-maintain capabilities. Yesterday's weapons will not win tomorrow's wars.

This is a first step. We have already directed a second round of transformation efforts to be delivered in the coming months.

Leaders, we need you to drive change to ensure we stay lethal, ready and continue to build cohesive teams that take care of our soldiers and families. Our Army must transform now to a leaner, more lethal force by infusing technology, cutting obsolete systems and reducing overhead to defeat any adversary on an ever-changing battlefield. Our continuous transformation is underpinned by strong, agile leaders who act on their initiative.

This we'll defend.

See related story on page A9.

Bassett family honored by Armed Forces Financial Network

by Stronghold Food Pantry Press Release

As Military Appreciation Month this May shines a spotlight on the sacrifices and service of military families, the Bassett family of Fort Leavenworth is being recognized for making an impact.

"Do good. Be the good. Spread kindness," isn't just a motto for Monica Bassett, military spouse, mother of two, and founder and CEO of the Fort Leavenworthbased Stronghold Food Pantry, and the Stronghold team, it's a way of life. That spirit is why Armed Forces Financial Network, which has invested more than \$5.1 million in military causes through its Matching Grant Program, selected the Bassetts as this year's featured military family, and Monica Bassett has been named the 2025 "face" of the AFFN Matching Grant Program. This national recognition honors Bassett's dedication to supporting military families facing food insecurity — a mission that began with a single, heartbreaking social media post. In 2021, while stationed at Fort Riley, Kansas, Bassett saw a neighbor's desperate plea online — she was digging through trash cans for food. That moment changed everything. Determined to help, Bassett began providing food from her own garage. When her family moved to Fort Leavenworth in 2022, an employee with Armed Forces Insurance approached Bassett with an incredible opportunity: AFI wanted to help if she was

COMMENTARY

interested in recreating her grassroots effort at her new post. With AFI's support, Bassett's passion evolved into Stronghold Food Pantry — a welcoming, judgment-free space where military families could find not just groceries, but community, dignity and support.

Now operating across 17 states and four countries, Stronghold has distributed more than 72,500 pounds of food and \$35,000 in esntial supplies in the past year alone. Innovative programming - including the Ambassador Program, Hunger Buster Initiative and Stronghold U - addresses more than hunger, equipping families with knowledge, resources and hope. Each week, Stronghold supports an average of 90 militaryconnected individuals, and its award-winning Ambassador Program — honored as a national top-five initiative by the Fisher House Foundation — continues to grow. "Representing this year's campaign is deeply personal," Bassett said. "It's about honoring every military family that's ever felt unseen or unheard. At Stronghold, we see you. We're here for you. We are you."



For more information, visit www.strongholdfoodpantry.org. See page B2 for Stronghold Food Pantry's calendar, hours and program information.

Submitted photo by Monica Bassett/Stronghold Food Pantry

Lt. Col. Gregory Bassett, Mission Command Training Program; Monica Bassett, CEO and founder of Stronghold Food Pantry; and their children, Sofia and Amelia — seen here Dec. 25, 2024, at the Fort Leavenworth Dining Facility where Gregory was helping serve the meal — have been chosen as 2025 Armed Forces Financial Network's Matching Grant Program featured military family.

FORT LEAVENWORTH LAMP

PUBLISHED FOR THE COMMUNITY OF FORT LEAVENWORTH, KANSAS

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The Fort Leavenworth Lamp editorial office is in Room 221G, 290 Grant Ave., Fort Leavenworth, Kan., phone number 913-684-LAMP/5267. For submission information, contact the command information officer at 913-684-1718, or e-mail the editor at ftlvlampeditor@gmail.com.

The Fort Leavenworth Lamp advertising office is in the Family and Morale, Welfare and Recreation Marketing and Commericial Sponsorship Office in the Resiliency Center at 600 Thomas Ave, Fort Leavenworth, Kan. E-mail mary.f.manago.naf@army.mil or call 913-684-1702.

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OPSEC Awareness Month serves as reminder to safeguard mission

by Kristen Pittman/U.S. Army Security Assistance Command Public Affairs

This May, the U.S. Army Security Assistance Command observes OPSEC Awareness Month, shining a spotlight on the critical need to protect sensitive information from adversaries to ensure the success of the USASAC mission and the safety of personnel across the globe.

"OPSEC awareness should not be limited to a month; it is a year-round security process that safeguards our organization and people from harm and ensures mission success by reducing risk and promoting a culture of security," said David DeSantis, US-ASAC deputy chief of staff. At USASAC, OPSEC

At USASAC, OPSEC holds great significance. As

the Army's lead organization for managing Foreign Military Sales, USASAC must protect not only advanced military technologies but also the sensitive details surrounding cases with allies and partners.

"Being in the FMS business, vigilant OPSEC awareness is critical for the protection of sensitive information and preventing nefarious entities from gaining an advantage," De-Santis said. "Of equal importance is safeguarding information from being exploited, such as project details, timelines and vulnerabilities."

OPSEC observances help participants understand the consequences of security lapses and how to prevent them.

"Exercises and obser-

vances will reveal potential weaknesses that enemies may identify, ultimately reducing the risk of breaches and security incidents," De-Santis said. "These are necessary preventative measures."

The relevance of OPSEC is even more urgent in light of evolving threats. As US-ASAC Security Manager George Lawrence points out, the 2025 Annual Threat Assessment highlights how adversaries are using disruptive technologies like artificial intelligence and advanced cyber capabilities to target sensitive information.

"USASAC has a unique mission, and I would assess that our employees are targets of foreign intelligence services," Lawrence said. "The three weapons we have in our arsenal to combat this are education, vigilance and reporting."

OPSEC Awareness Month serves as an opportunity to refresh best practices and address common pitfalls. According to Lawrence, among the most frequent violations are complacency-driven mistakes — ignoring the "needto-know" rule, neglecting physical security measures, and failing to properly protect critical information.

Personnel are encouraged to report suspected violations to their security office, supervisors or covering counterintelligence agents. Immediate reporting ensures vulnerabilities are addressed before they can be exploited.

It's natural for members of the workforce to feel fa-

tigued by the steady drumbeat of security observances throughout the year, whether it's Cybersecurity Awareness Month in October, Insider Threat Awareness in September, or Antiterrorism Awareness in August; however, OPSEC is different.

"OPSEC is an integral part of the protection landscape and not only complements but is the foundation of the other security disciplines," Lawrence said. "Without strong OPSEC, efforts in cybersecurity, insider threat prevention and antiterrorism would be weakened."

Beyond the office, it is important to recognize that OPSEC is not just a professional obligation — it extends into everyday life. Originally developed for military application, OPSEC practices now help protect families and individuals at home. Vigilance in both personal and professional contexts creates a security culture that is essential to defending the nation's interests.

OPSEC Awareness Month is a reminder that security is a collective responsibility. Every member of the Army team plays a vital role in protecting critical information. By maintaining vigilance, promptly reporting concerns, and fostering a strong culture of security, continued mission success and the safety of those who serve can be assured.

Security isn't complete without "U." Stay alert, stay engaged, and help protect the mission.

by Working for Veterans KC, Rotary Club of Kansas City-Plaza Press Release

KANSAS CITY MISSOURI — The Rotary Club of Kansas City-Plaza, along with its Working for Veterans KC Satellite Club, is launching a new project to provide essential support for veterans participating in rehabilitation programs at the Dwight D. Eisenhower Veterans Affairs Medical Center in Leavenworth, Kansas. Funded through a \$2,100 District 6040 Grant, the initiative will deliver hygiene kits to residents of the Domiciliary Residential Rehabilitation Treatment Program.

The domiciliary serves veterans who are working to meet program requirements as part of their participation in specialized court programs. Many arrive at the facility with limited personal belongings, making immediate access to hygiene products a critical need. The hygiene kits — including duffle bags, personal care items, laundry supplies, notebooks and water bottles — are intended to help residents focus on their recovery and personal development without additional hardships.

"This project allows us to support veterans at a crucial time, providing them with basic necessities so they can concentrate on moving forward," said Cassy Venters, the grant manager for the Kansas City-Plaza Rotary Club. "It reflects our continued commitment to service and to honoring those who have served our nation."

Rotary Club members will play a direct role in the project by purchasing supplies, assembling the hygiene kits, and distributing them to participants, while observing the privacy guidelines required by the program.

"Providing these kits for veterans in need is an exercise in generosity," said Gary Phillips, secretary for the satellite club. "But for the grace of God any one of us could be where they are today."

Beyond improving daily living conditions, the project supports broader goals of promoting wellbeing, encouraging positive personal outcomes and strengthening the community at large. By ensuring veterans have what they need during this transitional period, the Rotary Club hopes to contribute meaningfully to their success and reintegration.

The project is scheduled for completion by May 25, with the actual packing of the bags beginning at 9 a.m. May 17 at the VA Domiciliary in Leavenworth.

For more information about the Rotary Club of Kansas City-Plaza and its service efforts, visit https://www.kcplazarotary.org/.

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Catholic Women of the Chapel



Photos by Stephanie Douglass/CWOC President rededicate memorial garden on May Day



The Pregnancy and Infant Loss Memorial Garden in the Pioneer Chapel courtyard was originally dedicated by the Catholic Women of the Chapel in 2015 and rededicated by CWOC May 1. A Mary statue was added to the garden, as well as newly planted flowers and herbs. "The garden serves as a place for hope and healing for those who loved and lost a little one," CWOC President Stephanie Douglass said. "Anyone in the community is welcome at any time to visit this peaceful space."





Chaplain (Maj.) Arek Ochalek says a prayer and blessing during the Catholic Women of the Chapel memorial garden rededication event May 1 in the Pioneer Chapel courtyard. Father Ochalek also blessed the garden and Mary Gardens made by the members with holy water.



Catholic Women of the Chapel planted personal Mary Gardens, dedicated to the Blessed Virgin Mary, during the organization's May Day dedication of the memorial garden at Pioneer Chapel. CWOC President Stephanie Douglass said Mary Gardens can be small, personal shrines, or large and elaborate, and they typically feature a statue of Mary. Chosen flowers symbolize Mary's Christian virtues, such as lilies for purity, roses for beauty, and marigolds for glory. Douglass said Mary Gardens also call the viewer to appreciate the beauty of God's creation, and are intended to elicit a sense of peace and reflection. The history of Mary Gardens goes back to the Middle Ages as a way to honor the mother of Jesus, to help teach the Catholic faith through oral tradition, and to create a beautiful environment for prayer. Mary Bakken, with baby Eleanor, plants a Mary Garden during the Catholic Women of the Chapel memorial garden rededication event May 1 in the Pioneer Chapel courtyard. The Catholic church dedicates the month of May to the Blessed Virgin Mary, and so members of CWOC planted their own Mary Gardens, a tradition of planting devotional flower and herb gardens that is centuries old and intended to facilitate reflection, meditation and prayer.



Catholic Women of the Chapel members Rachel Savoie, Shawn Shumate, Janel Rambo, Kelly Weiss and Monica Hinkle select plants for their Mary Gardens during the CWOC memorial garden rededication event May 1 in the Pioneer Chapel courtyard. The Catholic church dedicates the month of May to the Blessed Virgin Mary, and so members of CWOC planted their own Mary Gardens, a tradition of planting devotional flower and herb gardens that is centuries old and intended to facilitate reflection, meditation and prayer. Members of CWOC also rededicated the Pregnancy and Infant Loss Memorial Garden, which was originally dedicated by CWOC in 2015. During the rededication event, a Mary statue was added to the memorial garden, and new flowers and herbs were planted in the garden bed.

MAHC Radiology X-rays K9 patient

Fort Leavenworth Veterinary Treatment Facility Animal Care Specialist Staff Sgt. Jordan Holloway and Whiteman Air Force Base (Missouri) **Veterinary Clinic Animal** Care Specialist Staff Sgt. Nicole Meyer position Military Working Dog Yenky for an X-ray as Munson Army Health Center Radiology Specialist Sgt. Joseph Stoops waits April 24 at MAHC. MWD Yenky, part of the 509th Security Forces Squadron at Whiteman, was at the Fort Leavenworth VTF for a dental appointment, and while still sedated he was also X-rayed for hip dysplasia. Normally MWDs can be X-rayed at the VTF, but the VTF's X-ray machine was inoperable the day of Yenky's visit, so the machine at MAHC was used.

> Photo by Maria Christina Yager/ Munson Army Health Center Public Affairs





VACATION LIKE A VET KICKOFF CELEBRATION

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VETERANS MEMORIAL MUSEUM

MAHC physical therapist to answer questions, give rehab services overview at PX May 14

by Munson Army Health Center Public Affairs

A physical therapist from Munson Army Health Center will be available to meet with community members and discuss the rehabilitation services offered at MAHC from 11 a.m. to 3 p.m. May 14 at the Fort Leavenworth Post Exchange.

The visit aims to increase awareness of the wide range of rehabilitation services available to activeduty service members, family members and other beneficiaries.

"Physical therapy is a direct-access service at Munson, meaning there is no referral required," said 1st Lt. Trent McPherson, a physical therapist at Munson Army Health Center's Department of Rehabilitation.

The rehabilitation clinic treats patients ages 13-64 years old with musculoskeletal conditions.

"We also offer pelvic floor and vestibular physical therapy," McPherson said.

Community members are encouraged to stop by the PX to ask questions and learn more about how Munson Army Health Centers physical therapy team can help with injury recovery, mobility improvement and overall physical health.

This outreach effort is part of Munson Army Health Center's ongoing commitment to support the health and readiness of the Fort Leavenworth community.

For more information about Munson Army Health Center's rehabilitation services, visit https://munson.tricare.mil.



MUNSON ARMY HEALTH CENTER



COME MEET THE PT AND LEARN ABOUT SERVICES OFFERED AT MUNSON

Defense Health Agency extends referral approval waiver through June 30 for West Region TRICARE Prime enrollees







Referral approvals are waived through June 30.

For more information, visit https://newsroom.tricare.mil/News/TRICARE-News/Article/4170061/defense-health-agency-extends-referral-approval-waiverthrough-june-30-for-west.



AER capabilities (continued from Page A1)

Grinston said. "'I put myself into debt; I was strained at work; I didn't know you had a program like this.'... So, we have all these programs to help people, but it does nothing if nobody knows about them."

Grinston said AER helps soldiers with basic needs (e.g., house, car), care in crisis (e.g., hurricanes, floods), health and wellness (e.g., healthcare bills TRICARE doesn't cover, overseas hospitals requiring upfront payment), separation/transition (e.g., SkillBridge travel), and family support.

AER funds are awarded to the soldier, but in one category — domestic violence — spouses can apply for a grant to escape a dangerous situation. If restricted reporting, Grinston said the soldier won't be contacted, nor, in some cases, the garrison commander.

"That's a case where spouses can get assistance without going through the service member; unfortunately, that's about the only case."

Grinston said when he talks with spouses, they tell

him they weren't aware of the extent of AER's assistance.

"We've got progressive child care; we've got scholarships," he said, referencing some of the ways AER can help families. "If you PCS and go to a high-rent district and you can't afford your first month's rent, you can't afford that safety deposit, AER helps — 50 percent loan and 50 percent grant."

AER primarily helps active-duty soldiers, but the Army's non-profit organization also helps National Guard and Reserve soldiers, Army retirees and retiree surviving spouses. Grinston said AER has helped soldiers E9 and below and officers O6 and below.

"No major in the United States Army wants to say 'I am struggling financially,' and neither does a sergeant major, but you're still struggling. You can come to us for help."

He made the point that commanders can be heroes by authorizing AER funds when they have a soldier in need. In addition to funds being authorized by AER officers, Grinston said command team captains and first sergeants can help struggling soldiers by authorizing \$2,000 in AER funds, and garrison commanders can approve \$5,000.

AER officers are often financial planners as well who can help beyond the immediate issue, assisting with a budget and more. In addition, AER offers credits up to \$500 on existing loans to soldiers who complete and pass financial literacy training. To explore the option, visit https://www.financialfrontline.org/tools-a nd-resources/educationalvideos/.

Following Grinston's sharing of AER assistance examples, briefing attendees talked with him about several issues during a question-and-answer session.

"Most of the time, when we get an AER brief, it's about donations; it has nothing to do with capabilities," retired Lt. Col. Greg Sanders, operations officer for the Command and General Staff School, told Grinston. "I believe, if we knew all of the capabilities, we'd



certainly have more people here that can understand what AER has done for soldiers, their families."

Sanders told Grinston the campaign would be more effective if the narrative could change from the anticipated donation request to showing how AER is helping soldiers and their families. He said his contri-

butions to AER have been influenced by his own story of receiving assistance as a second lieutenant when he wasn't paid for six months due to a paperwork error.

Grinston said he is trying to reach as many people in person as possible about AER capabilities, in addition to the videos, flyers and other ways AER informaRetired Sgt. Maj. of the Army Michael A. (Tony) Grinston, chief executive officer of Army Emergency Relief, talks with Army Community Service Program Manager **Reagan Sawyer, Financial Readiness Program Man**ager/AER Officer JoJo Woods and other local **AER representatives and** members community during his visit to Fort Leavenworth May 5 at Marshall Lecture Hall in the Lewis and Clark Center. For more information about the ongoing AER Campaign and the assistance offered, contact Woods at josephine. woods3.civ@army.mil or 520-716-4951, or visit https://leavenworth.ar mymwr.com/programs/army-emergencyrelief-aer.

tion is being shared.

For more information on Army Emergency Relief, visit https://www.armyemergencyrelief.org/.

For more information on the Financial Readiness Program, visit https://leavenworth.armymwr.com/pr ograms/acs/financial-readiness.







AER CELEBRATES THE U.S. ARMY'S 250 YEARS OF BRAVERY AND SERVICE

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Correctional Officers Luncheon (continued from Page A1)

Col. James Harrison Jr. and Master Sgt. Wilberto Sabalu Jr., who were killed in 2007 while serving in Afghanistan.

"They were assassinated by a rogue Afghan soldier standing guard outside the vehicle gate of the Pul-e-Charkhi prison," Grande said. "These USDB corrections and detention subject matter experts were members of the Detainee Capabilities Directorate, Combined Security Transition Command. Their mission was to train, equip and mentor the Afghan National Detainee Guard Force."

Grande said both Harrison and Sabalu volunteered to serve in Afghanistan.

"Colonel Harrison was serving as the director of the School of Command Preparation at the U.S. Army Command and General Staff College when he pulled back his retirement paperwork and volunteered to deploy to Afghanistan," Grande said. "Master Sergeant Sabalu was serving with the Total Army School System Regional Coordinating Element, Fort Monroe, Virginia, with duty at the U.S. Army Military Police School, Fort Leonard Wood, Missouri, when he volunteered."

On that fateful Sunday afternoon in 2007, Harrison and Sabalu left the prison's vehicle gate accompanied by Maj. Christopher Glover, Air Force 1st Lt. Morgan Ellison and an Afghan interpreter, with Sabalu driving the first vehicle with Glover as passenger and Ellison driving the second with Harrison and the interpreter as passengers.

"The rogue Afghan soldier with an AK-47 started shooting at the first vehicle to stop it, wounding Major Glover and killing Master Sgt. Sabalu. He then engaged the second vehicle, wounding First Lieutenant Ellison and killing his mission target of Colonel Harrison," Grande said. "Other Afghan soldiers on duty were alerted to the firing, and when they saw what transpired, they returned fire at the rogue sentry, killing him."

Glover and Ellison were treated for gunshot wounds and transported to another base for surgery. Harrison and Sabalu were pronounced killed in action.

Harrison was a military brat who went on to become a U.S. Military Academy graduate. Among his assignments, he served as the USDB commandant from 2004-2006. He was survived by his wife Penni and sons Braden, Ross and Joshua.

Sabalu was born in New York City and grew up in Chicago. Grande said Sabalu served as a correctional specialist in Korea and Panama, but made his mark and earned his professional reputation at the



Photo by Prudence Siebert/Fort Leavenworth Lamp

Retired Lt. Col. Peter Grande, U.S. Disciplinary Barracks historian, pays tribute to Col. James Harrison Jr. and Master Sgt. Wilberto Sabalu Jr., who were killed in 2007 while serving in Afghanistan, during his remarks for the National Correctional Officers and Employees Week Prayer Luncheon May 6 at the Frontier Conference Center.

USDB as a team and squad leader and a member of special reaction and military police investigation teams. He said Sabalu was about three weeks away from ending his tour in Afghanistan to return to Fort Leavenworth to serve as a first sergeant for the 705th Military Police Battalion. He was survived by his wife Sgt. 1st Class Amy Sabalu and children Joshua and Nadia.

On Nov. 1, 2007, a road inside the Old USDB complex was dedicated in memory of Harrison. On Sept. 28, 2010, a road that passes by the ACB battalion headquarters buildings in the Military Corrections Complex was named to honor Sabalu. Two housing complexes at Camp Eggers in Kabul, Afghanistan, were named after them in 2007, and in 2009, Camp Sabalu-Harrison at Bagram Air Base, Afghanistan, was dedicated in their memory.

Grande thanked the corrections professionals present and urged them to be safe.

"I personally want to thank all of you who work inside the wire of both the USDB and Midwest (Joint Regional Correctional Facility). Your job is routine but can be challenging — life behind the wire can go from zero to 100 in a few seconds, and when you only have time to react, you react based on the training from (standard operating procedures) and post orders," Grande said, referencing a recent incident when ACB correctional professionals did just that.

Col. Doug Curtis, ACB commander, thanked Grande for reminding everyone about Harrison and Sabalu and emphasizing the risk associated with the profession. "I do think it can be taxing on us men-



File photos by Prudence Siebert/Fort Leavenworth Lamp

ABOVE LEFT: Outgoing U.S. Disciplinary Barracks Commandant Col. James Harrison Jr., right, passes his pager on to incoming USDB Commandant Col. Mark Inch as he makes his way to the podium for his remarks during the USDB change of command June 21, 2006, on Main Parade at Fort Leavenworth.

ABOVE RIGHT: Command Sgt. Maj. Charles Jackson of the Army Training and Leader Development Panel pins Staff Sgt. Wilberto Sabalu Jr. with the Army Commendation Medal during Sabalu's induction into the Sergeant Audie Murphy Club Dec. 6, 2001, in Depuy Auditorium at Fort Leavenworth.

Harrison and Sabalu were killed in 2007 while serving in Afghanistan. Roads on Fort Leavenworth were dedicated in their names in 2007 and 2010. See related stories below and on page A9.

tally, it can be taxing on us physically, and again, by our chosen profession ... given the authority by our nation to take lives in the profession of arms or to take away freedoms ... it can be taxing on you spiritually as well," Curtis said. "Opportunities to come together here and hear a benediction and invocation by our chaplains help us nurture that, whatever your chosen spiritual lane is."

Chaplain (Maj.) Jeremy Williams, deputy director of Pastoral Care, provided the invocation for the luncheon, and Chaplain (Lt. Col.) Todd Cheney, director of Pastoral Care, provided the benediction.





USDB commandant

by Tisha Swart-Entwistle/Former Staff Writer

The 47th commandant of the U.S. Disciplinary Barracks was honored with the dedication of a road named in his honor during a ceremony behind the walls of the old USDB Nov. 1, 2007.

Col. James W. Harrison Jr. was killed May 6, 2007, in Afghanistan while serving as director of the Detainee Capabilities Directorate, Combined Security Transition Command. His last assignment at Fort Leavenworth had been as the director of the School of Command Preparation at the Command and General Staff College. Just before that assignment Harrison was commandant of the USDB.

Combined Arms Center and Fort Leavenworth Commander Lt. Gen. William Caldwell IV said it is a military tradition to honor individuals who have made a lasting contribution to the nation by naming streets and buildings after them. Caldwell compared Harrison Drive to other places on the installation like Grant Avenue, Hancock Avenue and MacArthur Elementary School.

"Today Col. James W. Harrison joins some of the most important and courageous names in our history," Caldwell said.

Caldwell said it was fitting to dedicate the road inside the walls of the old USDB as it is one of the most well known and historic landmarks of the Military Police Corps and Fort Leavenworth.

"It is altogether appropriate that a career military police officer, a pioneer in his own right, has a road that is located inside this original and historic site at the USDB named for him," Caldwell said.

During Harrison's time as commandant, he simultaneously prepared units for deployment to combat and ran the Department of Defense's only maximum-security prison, Caldwell said. Harrison had planned to retire after leaving the USDB, but decided to stay on active duty, taking the position at CGSC. Harrison was working as a detention policy expert in Afghanistan when he was killed.

Caldwell read part of a letter written by an Afghan brigadier general who was the commandant of the prison where Harrison had been working.

"In that letter the general wrote, 'We have lost our best friend. I loved him much more than my brothers. All of you must be proud of him, his service and his braveness. It is a great honor to all of us to have a brave hero friend like him,'" Caldwell read.

Caldwell told Harrison's widow, Penni Harrison, he knew there was nothing that could be done to fill the void left by Harrison's loss.

"I do want you to know this — that Jim's sacrifice will always be remembered." Caldwell said. "We at Fort Leavenworth will re-

File photo by Prudence Siebert/Fort Leavenworth Lamp

Then-Combined Arms Center and Fort Leavenworth Commander Lt. Gen. William Caldwell IV applauds as Penni Harrison and her sons Braden and Joshua react to the unveiling of the Harrison Drive street sign Nov. 1, 2007, at the Old U.S. Disciplinary Barracks. The family of Col. James W. Harrison Jr. helped with the dedication of the road named to honor the 47th USDB commandant who was killed May 6, 2007, in Afghanistan. The Harrisons' other son, Ross, was unable to attend the ceremony.

member it; we will not allow him to be forgotten."

Harrison's sons Braden and Joshua accompanied their mother and Caldwell to unveil the street sign, and framed replicas of the sign were presented to the family members. The Harrisons' other son, Ross, was unable to attend the ceremony.

Penni Harrison said her husband had told her numerous times before deploying to Afghanistan that he could not think of a better place to leave his family.

"He knew that we would be well taken care of by the Fort Leavenworth community," she said. "We never imagined just how much we would end up needing the support of this community."

Penni Harrison said the support from the surrounding community in the last six months has been unparalleled.

"We could never adequately thank each and every one of you for closing ranks around us and taking care of us, just as Jim knew you would do," she said.

She said her husband was extremely

proud of being a soldier, and she read an excerpt from a speech her husband gave at the 2005 Fort Sill, Oklahoma, Military Police Ball.

"Our profession has very little to do with financial reward, but has everything to do with contributions. The contributions that you make, money cannot buy. It's about protecting freedom and a way of life. It's about making the world safer for your children and your grandchildren. It's about sacrifice, but it's also about securing life, liberty and the pursuit of happiness. There's no greater calling when you think of it in those terms. It's a remarkable calling, and there really is no question about why you serve."

"Those of you who are fortunate enough to call Jim friend will remember him as an intelligent, quiet and unassuming man," Penni Harrison said. "You know just how humbled and honored he would be to have this road named after him."

At

Road dedicated to corrections NCO

by Melissa Bower/Former Staff Writer

The world may remember Master Sgt. Wilberto Sabalu Jr. for his courage and selfless sacrifice, but his friends remember his smile, his positive attitude and his dedication to helping soldiers.

Sabalu was killed by small arms fire in Afghanistan with Col. James Harrison May 6, 2007. The two soldiers were serving as mentors and experts in detention for the Afghan National Army. Sabalu, who had served as a corrections specialist at the U.S. Disciplinary Barracks, was assigned to the U.S. Military Police School, and his family was living at Fort Leonard Wood, Mo.

Sabalu is survived by his wife, Amy Sabalu, and two children, Joshua and Nadia, now 13 and 15 (in 2010). Sabalu's sister Elizabeth accepted a ceremonial road sign on the family's behalf. Sabalu's friends and

sabalu's friends and family and members of the 15th Military Police Brigade joined Fort Leavenworth officials in naming a road in his honor Sept. 28, 2010. The road provides access to the new Joint Regional Correctional Facility.

Col. Wayne A. Green, Fort Leavenworth Garrison commander, said the road is not far from one dedicated in honor of Harrison inside the old U.S. Disciplinary Barracks.

"These two roads less than a mile apart symbolize our deep appreciation of the lives of two extraordinary men and illustrate our respect to the weight of their names — and in remembrance of their sacrifice — both forever etched as a reminder of their life's work, which was our security," Green said. "It is our hope that every day, those who work here will be reminded of their proud and noble service."

Green read comments from Sabalu's friends and fellow service members.

From Rick Brake: "Wil loved his family so much ... he had family pictures all over his wall in his room and talked about them all of the time. I know he's looking down with that warm smile and watching them every minute of every day. He was so grateful for his wife, Amy, and was so in love with her. We used to sit and talk just about every night for hours on end it seemed, laughing and joking. He couldn't have had a more perfect family."

From Patrick Jones: "I thought he was everything an NCO should be, and I appreciated his demeanor, professionalism, and friendship. Master Sergeant Sabalu was a soldier of many traits who always took the time to teach other people what he knew. He was loved and will be missed by all of us. He, without a doubt, was as good a man out of uniform HONORABLE."

Col. Eric Belcher, commander of the 15th MP



FROM THE LAMP

issue of the Fort Leavenworth Lamp

Published in the September 30, 2010 issue of the

File photo by Prudence Siebert/Fort Leavenworth Lamp

Command Sgt. Maj. Jonathan Godwin, 15th Military Police Brigade and U.S. Disciplinary Barracks command sergeant major, and Col. Eric Belcher, 15th MP Brigade commander and USDB commandant, present a road sign to Elizabeth Sabalu to honor her brother, Master Sgt. Wilberto Sabalu Jr., during a ceremony dedicating a road by the Joint Regional Correctional Facility and the USDB in the fallen soldier's name Sept. 28, 2010, in front of the JRCF. Master Sgt. Sabalu, who served several years as a corrections specialist at Fort Leavenworth, was killed in Afghanistan in 2007.

Brigade, said he was serving in Afghanistan at the time of Sabalu's death. He said that what Sabalu and Harrison were doing — training and mentoring ANA soldiers — was very important to the security and stability of the region. Belcher said this training helped the Afghan people detain criminals.

"Many soldiers, sailors, Marines, civilians and Afghan soldiers got to know that great personality called Master Sergeant Sabalu," Belcher wrote. "He was respected by all."

Juan Guzman, now a Department of the Army police officer for Fort Leavenworth, served with Sabalu in Company A, 705th Military Police Battalion. He remembers Sabalu getting involved with adult sports activities on post. Guzman said Sabalu had a great sense of humor and was always trying to pass his positive attitude onto his soldiers.

"He always looked after the soldiers first," he said. "No matter what."

Maria Kuilan, wife of Angel Kuilan who served with Sabalu at the USDB, remembers taking care of the couple's children. She said his children are her godchildren and the Sabalus also served as her children's godparents. "His kids were my kids and my kids were their kids, that's what the godparent is all about," she said.

She brought all the children from her in-home daycare, MDRGoose, to witness the ceremony. Kuilan said she still remembers the smile for which Sabalu was so well known.

"Nadia has her dad's smile," she said. "If you saw his picture and her smile, she's just like him."

SecDef tasks Army to transform to leaner, more lethal force

by Shannon Collins/Army News Serv

WASHINGTON – Secretary of Defense Pete Hegseth sent out a memo to senior Pentagon leadership addressing Army transformation and acquisition reform April 30.

"The President gave us a clear mission: achieve peace through strength," he said. "To achieve this, the United States Army must prioritize defending our homeland and deterring China in the Indo-Pacific region. Deterring war, and, if required, winning on the rapidly evolving battlefield requires soldiers who are physically and mentally resilient, rigorously trained and equipped with the best technology available."

To build a leaner, more lethal force, Hegseth said the Army must transform at an accelerated pace by divesting outdated, redundant and inefficient programs, as well as restructuring headquarters and acquisition systems.

He said the Army must prioritize investments in accordance with the administration's strategy, ensuring existing resources are prioritized to improve long-range precision fires, air and missile defense including through cyber, electronic warfare and counterspace capabilities.

"I am directing the secretary of the Army to implement a comprehensive transformation strategy, streamline its force structure, eliminate wasteful spending, reform the acquisition process, modernize inefficient defense contracts, and overcome parochial interests to rebuild our Army, restore the warrior ethos, and re-establish deterrence," he said.

During a Fox News interview May 1, Secretary of the Army Daniel P. Driscoll said the Army has learned during the conflict in Ukraine that the old way of doing war will no longer suffice.

"President Trump and Secretary Hegseth have empowered the Army to make the hard decisions and hard changes to reallocate our dollars to best position our soldiers to be the most lethal they can be," he said. "These are hard decisions. These are legacy systems that have been around a long time."

As the Army transforms to make a leaner more lethal force, it's meeting its recruiting goals, said Chief of Staff of the Army Gen. Randy A. George.

"We're up in every category, and we still have our biggest recruiting months ahead of us this summer," George said. "We're more than 90 percent right now. We want to fill our formations. We're getting the people we need. People want to be a part of the Army, and we're looking forward to filling our formations."

"We hit our 12-month retention goal six months into the year because that's how strong our leadership has been so far," Driscoll said. "Soldiers are signing back up to stay in the Army."

Future warfare

Hegseth directed Driscoll to field long-range missiles capable of striking moving land and maritime targets and to achieve electromagnetic and air-littoral dominance by 2027.

He tasked the Army to field

unmanned systems and ground/air launched effects in every division by the end of 2026; and to improve counter-unmanned aerial systems mobility and affordability, integrating capabilities into maneuver platoons by 2026, and maneuver companies by 2027.

"We recently had an exercise with more than 200 drones in a brigade combat team. We're watching what's happening," Driscoll said. "We know we need to change. The American soldier is innovative. They are smart. They are hungry for change."

The secretary wants the Army to enable AI-driven command and control at theater, corps and division headquarters by 2027. The Army needs to extend advanced manufacturing, including 3D printing and additive manufacturing, to operational units by 2026.

The Army will modernize the organic industrial base to generate the ammunition stockpiles necessary to sustain national defense during wartime by implementing 21st-century production capabilities, with full operational capability by 2028.

The Army will increase its forward presence in the Indo-Pacific by expanding pre-positioned stocks, rotational deployments, and exercises with allies and partners to enhance strategic access, basing and overflight.

Eliminating waste

To maximize efficiency, accelerate modernization, and pay for the Army transformation within existing resources, Hegseth said Driscoll will end the procurement of obsolete systems and cancel or scale back ineffective or redundant programs, including manned aircraft, excess ground vehicles and outdated unmanned aerial vehicles.

The Army will reduce spending on legacy sustainment, including outdated weapons systems and unnecessary climaterelated initiatives, Hegseth said.

It will eliminate wasteful contracts and excess travel funding and reassess and optimize Army prepositioned stocks to align with strategic requirements. The Army will modernize language training programs to improve mission effectiveness.

Force structure

To ensure strategic readiness, efficiency and modernization, Hegseth said the Army will restructure at echelon. It will merge headquarters to generate combat power capable of synchronizing kinetic and non-kinetic fires, space-based capabilities, and unmanned systems.

The Army will downsize, consolidate, or close redundant headquarters. It will merge Army Futures Command and Training and Doctrine Command into one command.

"We're cutting headquarters; we're cutting some of the bloat and going after inefficiencies," Driscoll said. "We're completely focused on buying warfighting technologies."

The Army will reduce and restructure manned attack helicopter formations and augment with inexpensive drone swarms capable of overwhelming adversaries.

The Army will divest outdated

formations, including select armor and aviation units across the total Army (active, Reserve, National Guard). It will realign forces strategically to optimize deterrence and rapid deployment, above all to defend the American homeland and deter China in the Indo-Pacific.

As part of workforce modernization and reduction, the Army will prioritize merit and skills needed for today's battlefield across the civilian workforce, Hegseth said.

He revised the civilian hiring and firing policies to enable the Army's ability to manage the civilian workforce. The Army will reduce general officer positions to streamline command structures for the warfighter.

Acquisition reform

To accelerate modernization acquisition efficiency, and Hegseth said Driscoll will identify and propose contract modifications for right-to-repair provisions where intellectual property constraints limit the Army's ability to conduct maintenance and access to appropriate maintenance tools, software and technical data while preserving the intellectual capital of the American industry. It will seek to include right-to-repair provisions in all existing and new contracts.

The Army will reform contracting processes to improve efficiency such as implementing performance-based contracting to reduce waste and expand multiyear procurement agreements when cost-effective.

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Pet of the Week

Lucille is a young adult female domestic shorthair/tuxedo cat available for adoption at the Fort Leavenworth Stray Facility. Spay surgery, vaccinations and microchipping are included in her adoption fee of \$100.

E-mail fortleavenworthstrayfacility@gmail.com for an adoption application. Visit www.FLSF. petfinder.com for adoptable pet profiles. Call 913-684-4939 for more information or an appointment. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility.

The Fort Leavenworth Stray Facility, at 510 Organ Ave., is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday; 9 a.m. to noon the second Saturday of the month; and by appointment for pre-approved adopters. Call 913-684-4939 to schedule an appointment.



Photo by Prudence Siebert/Fort Leavenworth Lamp



Exchange to give away \$3,000 in gift cards to winners of pet photo contest

by Army and Air Force Exchange Service Public Affairs News Release

DALLAS – Military shoppers can deck their furry companions out in their finest red, white and blue and enter for a chance to win a share of \$3,000 in prizes in the Patriot Pet Just Say "Treat" Photo Contest from the Army and Air Force Exchange Service and Hills Pet Nutrition.

Now through May 31, eligible Exchange shoppers 18 years and older, including honorably discharged veterans and Department of Defense and Coast Guard employees and retirees, can participate in the patriotic-themed pet photo contest.



Shoppers can visit Shop-MyExchange.com/sweepstakes to submit a photo of their pet adorned in a patriotic costume or posing against a patriotic backdrop for a chance to win.

"Pets hold a special place in our hearts," said Air Force Chief Master Sgt. Rich Martinez, the Exchange's senior enlisted advisor. "This photo contest is an exciting way to show appreciation to the furry companions whom our soldiers, Airmen, Guardians and military families hold dear."

Two grand-prize winners will each receive a \$500 Exchange gift card. Eight runners-up will each receive a \$250 gift card. There is no purchase necessary to enter.

Contest rules can be found at ShopMyExchange.com/ sweepstakes. Winners will be selected on or around June 20.



HOUSING UPDATES

■ Complete the Army FY25 **HOUSING TENANT SATISFACTION SURVEY**. Check e-mail (including spam) for the link. Contact the Housing Office at 913-682-6300 for help. Survey deadline is May 15.

■ Residents need to submit their "NOTICE OF IN-TENT TO VACATE" with orders to fhcntv@tmo.com. Find the form at https://www.frontierheritagecommunities.com/residents. ■ For **RESIDENTS STAYING** at Fort Leavenworth, provide orders to fhc@tmo.com to update status.

■ Wallace Commercial Landscaping is **TRIM-MING YARDS** in housing areas. Use "No Mow" stakes for them to avoid your yard or flower beds. Wallace began spring herbicide (pet and human safe) application in early April. ■ Door hangers will be delivered a week before **RADON TESTING**, and e-mail updates will be sent. Midwest Radon, accompanied by a Fort Leavenworth Frontier Heritage Communities maintenance technician, will deploy and retrieve the tests. Results are typically available 10 business days after collection. Testing is mandatory for all units not tested in the last two years. Contact the FLFHC Maintenance Office at 913-651-3838 with questions.



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grant writing, or donor development—or you'd like to volunteer in-person at our Fort Leavenworth, KS headquarters, there are many impactful ways to get involved.

Submit your application today! Applications are reviewed during our quarterly review periods, and if selected, you'll be contacted ahead of our orientation dates. Orientation is a crucial step in our process as it ensures you're fully prepared to make the greatest impact in your role!

Upcoming Volunteer Orientation Dates: In-Person Orientation (Fort Leavenworth, KS): April 1 2025 10:00 AM CST July 8, 2025, 6:00 PM CST September 9, 2025, 1:00 PM CST National Online Training: April 15, 2025, 12:00 PM CST July 8, 2025, 6:00 PM CST September 9, 2025, 10:00 AM CST

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SFC Jerri Osborne Team 1 SARC jerri.l.osborne.mil@army.mil Teams: 520-692-6520 Office: 913-684-2842 Cell: 913-565-0741 Bldg 197, 632 McClellan Ave



LTC Craig Arnold Team 2 SARC craig.d.arnold.mil@army.mil Teams: 520-692-8849 Office: 913-684-2818 Cell: 913-704-9604 Bldg 197, 632 McClellan Ave



SFC Jacob Roach Team 3 SARC jacob.w.roach.mil@army.mil Office: 913-684-0956 Cell: 913-547-5075 835 Sabalu Rd



Mr. Josh Belle Team 4 SARC joshua.p.belle.civ@army.mil Teams: 520-945-5992 Office: 913-684-5230 Cell: 913-680-5699 Bldg 58, 614 Custer Rd



Located at the corner of Kearny Avenue and McClellan Avenue, next to the Post Parade Field

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MAY 2025 Resiliency Center, 600 Thomas Ave, Building 198 ***ACS is closed for lunch from 1130-12:30pm daily**

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Stroller Walk Tuesdays,10:00am Meet in front of

Meet in front of Resiliency Center

Toddler Time Wednesdays, 9:00am Resiliency Center Playroom

Story Time Wednesdays, 10:00am Resiliency Center Room 157

Play Morning Thursdays, 9:00-10:00am & 10:00-11:00am Resiliency Center Playroom

Wiggles and Giggles

Fridays, 10:00 - 11:00am Resiliency Center Playroom C.

https://leavenworth.armymwr.com/





Childbirth Series May 5,12, 19, 5:00-7:00pm Resiliency Center Room 157

Dad's Night Out May 21, 6:00-8:00pm Restaurant TBD

Mom's Night Out May 28, 6:00-8:00pm Restaurant TBD FAMILY ADVOCACY PROGRAM **Registration Required for all FAP events. Classes at Resiliency Center, Room 145

Anger Management: 8 Week Session May 1, 8,15, 22, 29 & June 12,19, 26,1:30pm- 3pm

5 Love Languages of Teens May 14, 1:00-2:30pm



Stress Management May 15, 11:30am-1:00pm



May 16, 1:00-3:00pm EFMP Playground (Behind the Post Theater) Event for ages 2+



May 16, 1:00-3:00pm

Navigating the Teen Years May 28, 1:00-2:30pm

SAVE THE DATE!

Father Daughter Tea Party June 1, 2:00-4:00pm

Father/Son Scavenger Hunt June 7, 9:00-1100am



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> Registration required call or text 913-297-3212 or 913-297-9704



CROCHETING



Jan 31, Feb 21, Mar 14, Apr 18, May 16 1pm - 3pm Room 145

600 Thomas Ave

Come join our Crocheting Club and learn a new skill, or perfect an existing one!

"Stitch" together, connect & create! Supplies will be provided! Have a favorite yarn? You're welcome to bring it!

> Please RSVP one day prior to class Call 913-684-2808/2800

> > MWF

FREE!

Ages 8+

Languages of Teenagers

5 Love

MWR

E ()

Do you ever feel like you and your teen are speaking another language?

The "5 Love Languages of Teenagers" class is geared toward caregivers that want to communicate with their teens in a way that everyone feels heard, understood, and most importantly loved.

ACS Classroom 145 Feb 12, May 14, Aug 13, Nov 12 I-2:30pm FREE Open to all DOD civilians, active duty, and retired military that are caregivers raising teens Call to register (deadline is day before class) 913-684-2822 / 1808



Fridays

10am -11am

ACS Playroom

600 Thomas Ave

Free Open to ages 3 months - 3 years old with adult.

Join us for storytime to use our imagination and develop a love of books

Storytime fosters early literacy skills. language development. and social growth.

Every Wednesday @ 10:00 am

Located at the Army Community Service Resiliency Center 600 Thomas Ave. Fort Leavenworth, Kansas Registration required call or text 913-297-3212 or 913-297-9704

FREE

Ages 3-12 months

Register by COB

Thursday



Play Morning Thursdays from 9-11:00 a.m.

Ages 3 months – 3 years with Guardian • Resiliency Center

Free play group for ages 3 months - 3 years and their parents/guardians. Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.

Army Community Service | Resiliency Center | 600 Thomas Ave. | Fort Leavenworth, Kansas

Registration required, cut off is day before event (913) 297-3212 or (913) 684-2800





www.facebook.com/acs.fortleavenworth



Get their wiggles out and join in some baby giggles! Take a moment to connect with other parents! Babies learn through play! So let's get on the floor and explore!

83

We wanna go..



For more info or to register call 913-297-3212/9704

Brand new, fun, and physical

Come get a kick out of Tae Kwon Do!

Now offering new classes at S







Teen Employment Workshop



June 1, 2025

2 pm - 4 pm

FCC Ballroom

Register by May 23 913-684-2808/ 2822

Please join us for a special Father/ Daughter Tea Party.

Dress to impress in business casual,

Sunday best, or Dress Blues. There will be Dancing, Refreshments at Tea Time, Commemorative Pictures, and a Surprise to take home!

FREE and open to Active Duty and Retired Military / Recommended Ages 10 and under

DAD'S

NGHT

Dad's Night Out is offered by ACS New Parent Support

OUT



This event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town



Jan 29 • Feb 26 • March 26 • April 30 May 28 • June 25 • July 30 • Aug 27 Sept 24 • Oct 29 • Nov 19 • Dec 10

0 U

Time: 6PM • Restaurants TBD Childcare, food, and drinks are not

2025 Dates:



ge to get o e: 6PM • Restau house without the kids and Childcare, food, and drinks are meet at a restaurant. The focus not provided. of this event is to improve social connections and get to For Dads with children 0-3 years old. learn different parts of town. For more info: (913) 297-3212 or (913) 684-2800 📩 💟 👶 🍛 ACS ACS **New Parent Support** Prenatal Classes 2025 **Childbirth Classes:** Series of three clo Jan 6th, 13th, 27th Mar 3rd, 10th, 17th May 5th, 12th, 19th July 14th, 21st, 28th Sep 8th, 15th, 22nd Nov 3rd, 17th, 24th Newborn Care Classes: Feb 3rd April 7th June 2nd Free August 4th October 6th for December 1st Expectant **Breastfeeding Classes:** Parents! February 10th April 14th June 9th 600 Thomas Ave August 11th Room 157 October 20th All classes are from December 8th 5 pm - 7 pm De Contact 913-297-3212

2025 DATES:

Jan 22 • Feb 19 • March 19 • April 23

May 21 • June 18 • July 23 • Aug 20

Sept 17 • Oct 22 • Nov 12 • Dec 3

DoD Safe Help Sexual Assault Support for the DoD Community safehelpline.org | 877-995-5247





Victim Advocate Hotline: (913) 684-2537 Child Abuse Hotline: (913) 684-2111 SHARP Hotline: (913) 683-1443 Chaplain: (913) 683-1443 **AER Assistance After Hours:** American Red Cross at (877) 272-7337

RMY COMMUNITY SERVIC

Mon- Fri 8:00 a.m.-4:30 p.m. with limited hours Thur 1-4:30 p.m. | 913-684-HELP (4357) / 2800

MAY 2025 Resiliency Center, 600 Thomas Ave, Building 198 ***ACS is closed for lunch from 1130-12:30pm daily**

RELOCATION READINESS PROGRAM

In-Processing Brief Tuesdays, 9:00-10:00am

OCONUS Levy Brief Tuesdays, 10:00-11:00am

Hearts Apart Bowling for Families of Deployed Service Members May 3, 12:00-2:00pm Strike **Zone Bowling Center** *Registration Required

PCS SEASON IS HERE!

Smooth Move offered upon request.

Lending Closet Are you In/Out-Processing and need essentials? ACS has short-term basic items to help you get by.

- kitchenware
- cookware
- small appliances



https://leavenworth.armymwr.com/



is a fun way to socialize, and sharpen fine motor skills. All ages welcome! FREE for the entire family including shoes! Bumpers, bowling ramps, and

lightweight bowling balls are available. red the Wednesday before the event. Families, call ACS to reserve your spot 5 Call 913-684-2800 for more info or to register A.

EFMP Tamity Manual Program

ACS

MWR



EMPLOYMENT READINESS PROGRAM

Resume Writing May 7, 12:00-2:00pm & **Evening 5:00-7:00pm

Federal Employment May 14, 12:00-2:00pm **Evening 5:00-7:00pm

Interview Skills & Professionalism May 21, 12:00-2:00pm **Evening 5:00-7:00pm

Teen Employment May 30, 10:00am-12:00pm

Visit us on FB @Fort Leavenworth ERP for job postings.

ARMY VOLUNTEER CORPS

Volunteer Basics May 9, 12:00 - 1:00pm

Visit: https:// vmis.armyfamilywebportal.com to register for an account and find opportunities to volunteer in





FINANCIAL READINESS

PROGRAM Offers counseling services and classes upon request to assist Soldiers and their families in achieving personal financial goals.

EXCEPTIONIAL FAMLY MEMBER PROGRAM (EFMP)

*Registration Required for EFMP events

EFMP Refreshing Conversation May 1, 10:00-11:00am

EFMP Recreational Bowling May 3, 12:00-2:00pm Strike Zone Bowling Center

facebook.com/FortLeavenworthFMWR

ARMY EMERGENCY **RELIEF (AER)** provides

emergency assistance to active duty service members, their families, and retired service members.

For emergency financial assistance, apply at https:// www.armyemergencyrelief.org/ and call the ACS main line during duty hours to follow up.

SURVIVOR OUTREACH SERVICES

SOS Paint & Brunch Saturday, May 10, 2025 10:00am-1:00pm Resiliency Center/Bldg. 198

Follow SOS@ https:// www.facebook.com/ FortLeavenworthSurvivorOutr eachServices/

https://home.army.mil/leavenworth/



Read

V 🍪 🏔

ARMY COMMUNITY SERVICE LOAN CLOSET FORT LEAVENWORTH, KANSAS 913-684-2830/2800

Who: All Active Duty, Retiree, DA Civilian and their family members who are either per party, TDY or PCSing.

When: M-F 0730-1630

Where: 600 Thomas Avenue (Pull into the Alley behind the ACS building and call the number the black sign.

Rules: Loans are limited to 30 days for in and out- processing personnel. This can be exter by phone if needed. Checkout of items for an event is limited to 10 days. Customers are responsible for replacing any item that is damaged or lost.

Items available

Veggie Steamers Large Kitchen Knive Mixing Bowls Skillets

Pots with Lids

Pre-Packed Kitchen Kit: 1 Bowl (mixing) 1 Pitcher 1 Colander 1 Large Kitchen Knife 4 Steak Knives 1 Peeler 1 Cookie Sheet Cutting Board 1 Cutting Board 1 Skillet 2 Pots with Lids 4 Plates 4 Bowls 4 Coffee cups 4 Forks 4 Spaces 2 Serving Spoons 1 Spatula 4 Plastic Glasses 1 Can Opener 1 Set of Measuring Spo 1 Measuring Cup 1 Pot Holder 4 Spoons 4 Knives Additional Item Cheese Graters Plates Bowls Coffee Cups Pizza Cutters Spaghetti Servers Jorginster Sontan Tongs Whisks Glass Baking Dishes-Rectangle Glass Baking Dishes-Circle Muffin Pans Hand Mixers Verseis Steamers Blenders Coffee Makers Crock Pots Toasters Rice Cookers Microwaves Indoor Grills Electric Skillets Plastic Glasses

Square Table Circle Tables Folding Chairs Strollers Baby Gates Booster Seats Cribs High Chairs Pack and Play Laundry Baskets Sleeping Mats Irons Ironing Boards Trash Cans

Employment Readiness Program Classes

Utensils

ACS Classroom • Resiliency Center, 600 Thomas Ave. Wednesdays • 12PM - 2PM* **Resume Writing:** Jan 8* • Feb 12* • Mar 12* • Apr 9* May 7* • June 11* Evening Classes: pr 9 • May 7 • June 11 - 5PM - 7PM Registration required for evening classes Federal Employment: lan 15* • Feb 19* • Mar 19* • Apr 16* May 14* • June 18* **Evening Classes:** Apr 16 • May 14 • June 18 - 5PM - 7PM Registration required for evening classes Interview Skills & Professionalism: Scan QR Code for more info! Jan 22* • Feb 26 * • Mar 26* • Apr 30* May 21* • June 25* ing Classes *Classes are from 12PM - 2PM* May 21 - 5PM - 7PM Registration is required for n required for eve evening classes only. Open to DoD ID card holders. 🊵 🔝 🚥 For more info call: (913) 684-2800



convenience and immediacy in communication offered by text messaging, many people are more likely to readily che ressages and respond quickly as compared to email or answering a phone call. As ophercriminals and scammers are we ted with the most effective means to communicate with unsuspecting victums, and due to the proliferation of cell phone imately 310 million in the U.S. as of 2024), sending a convincing scam via text can be an effective method fi elements to engage unsuspecting individuals. A single reply by one victim can net a cybercriminal hundreds or ev vids of dollars; the potential amounts are even higher with multiple replies.

To add authenticity, scammers often draft a convincing text message purported to come from an official local, state, federal agency. Some common scam themes include:

- IRS Sc gency. Some common scam themes include: **IRS Scam** - Often seen during tax season, IRS themed messages reques personal information to process a refund or recalculate tax amounts. Pay might be requested to allow the recipient of the taxt to avoid prosecution or having their social security number canceled.
- Social Security Scam Frequently targeting older adults, Social Sec scams often revolve around overpayment, suspension of benefits, requests for additional information necessary for a payment increase.
- U.S. Postal Service Using notification of an incoming package, scammers request recipients to click on a provided link which then leads to a website requesting personal or financial information.
- Speeding and Parking Ticket Scams This scam involves a text indicating recipient's vehicle was exceeding the speed limit or parked illegally, and a citation was issued; it then requests payment to avoid a court appearance.
- Jury Duty Text Scam Seemingly sent from a court with a claim the recipient missed jury duty and is required to pay a fine or provide personal information to avoid jail time or fines.
- Other Government Agency Scams Within a month of the establishm the Department of Government Efficiency (DOGE), scammers began targeting government personnel with DOGE themed scams.

- Bear in mind that the IRS does not text taxpayers; the IRS contacts taxpayers through the U.S. Postal Service unless in special circumstances wherein taxpayers would be contacted by phone.
- Do not click on links received in text messages, or reply to text messages, if the sender is unknown or the message



Supervision of Children or Home Alone Policy Per CAC Supplement to Army Regulation 608-18

a history of Attention Deficit Hyperactivity Disorder (ADHD), Developmental Delay, behavioral problems, impulsivity, psychi ds should not be given the degree of self-management or resp

HOME ALONE?

- Birth to 9 years old NEVER Ages 10 A 11 Can be left up to 2 hours with an emergency plan in place and access to an adult (NEVER exempling) but not dropped off at FAMWR without adult supervision Ages 12 to 14 Up to 3 hours with an emergency plan in place and an adult checking on them in person or telephonically (NEVER overnight) Ages 15 to 17 Up to 6 hours (NEVER overnight) with an emergency plan in place and access to an adult

BABYSITTING?

- Birth to 11 years old NEVER Ages 12 to 14 Mast have completed a CYS approved babysitting course. May babysit with an checking an them every 3 hours in person or telephonically (NEVER overnight) Ages 15 to 17 Mast have completed a CYS approved babysitting course. May babysit up to 6 or with ready access to addit supervision (NEVER barregint)

UNATTENDED IN VEHICLE?



Birth to 9 years old - NEVER
 Ages 10 and older - Yes under normal weather conditions

- UNATTENDED OUTSIDE?
- Birth 4 years Direct supervision, NEVER LEFT ALONE
 - Birth 4 years Direct supervision, NEVER LEPT ALONE (Ages 3 to 6 Immediate supervision, MUST be within excession to nearing distance -respond to an emergency in 30 seconds (Ages 7 to 9 Mentered supervision, 1f in a playground or yard access to adult supervision at all times (Ages 10 A 11 Self-care supervision up to 2 hours with access to adult supervision (Ages 15 to 14 Self-care supervision up to 5 hours (Ages 15 to 14 Self-care supervision up to 6 hours) MUST be within eyesight or hearing distance from supervising adult with the ab

- not be dropped off at F&A

- Grade and above May walk to and from school and supervised activities alone aring school year children 9 & younger must be escorted across heavy traffic roads (i.e., Grant, Hancock and Biddle)
- CURFEW (Children must b Ages 15 and younger is 2230-0600 ho Ages 16 and 17 is 0030-0600 hours. ted for by a parent during the following time pe

s? Call Family Advacacy Program Manager (FAMM) at (2007, 1) Military Police at (313) 684-3456 romolete Supervision of Children and Home Alone Post Policy please contact the FAPM. lanager (FAPM) at (913) 684-2822, Behavioral Health at (913) 684-



19 Oct 21

FLKS Garrison Safety Office: usarmy.leavenworth.id-training.mbx.safe@army.mil

crosswalks

check your right rear

• Watch for vehicles turning left or

• Whenever possible, cross streets

• Wear bright or reflective clothing

during reduced visibility so drivers

at crosswalks or intersections, where drivers expect pedestrians

right before you cross

can see you







Calling all Units and Organizations, Scouts, ROTC, Students. WE'RE BACK - but we need your help!!! It takes a village to keep a village going 33 Be a part of making Fort Leavenworth MWR The Best Hometown in the Army!

Call (913) 684-2736 to Volunteer at the Theater today

dive deeper into the Word

PCSing overseas with pets?

Fort Leavenworth Stray Facility

Second Saturday is **Back!**



Every second Saturday of the month

We're back to being open every 2nd Saturday of the month for visitation and adoption/fostering of the animals at the facility!

You can find all of our adoptable pets at: www.petfinder.com Fort Leavenworth

fortleavenworthstrayfacility@gmail.com

913-684-4939

510 Organ Ave Fort Leavenworth, KS 66027



by name

PCS Prep: OCONUS & Pets

Planning a PCS move with pets somewhere outside the continental United States?

Contact the Fort Leavenworth Veterinary Treatment Facility at 913-684-6510 to discuss requirements to take your pets overseas, to include Hawaii and Alaska.

There are different requirements based on location, and in some cases it is necessary to begin the process to obtain a health certificate for your pet months in advance

Contact the Fort Leavenworth Veterinary Treatment Facility for more information at 913-684-6510.

FORT LEAVENWORTH LAMP

THURSDAY, MAY 8, 2025

Fort Leavenworth Installation Warrior Restaurant for Mother's Day Lunch Sunday, 11 May 2025 1130 – 1300

Standard Lunch Meal Rate: \$7.10 (cash & card accepted)* Please have cash in case of technical issue

Address: 400 Iowa Road Bldg. 638

Fort Leavenworth Rod & Gun Club Garry Stephens Memorial Crappiethon Saturday, 10 May 2025

> Perry Lake – Perry, KS Rock Creek Marina

Launch Time is 7:00 AM Weigh in is at 2:00 PM

\$5.00 entry fee for R&G Club members \$10.00 entry fee for non-members Big Fish Pot is \$10



Menu

Lemon Pepper Chicken Sirloin Steak Southern Fried Catfish Cheese Stuffed Shells w/ Alfredo Sauce Baked Potatoes Macaroni & Cheese Roasted Vegetable Medley Corn on the Cob Garlic Roasted Asparagus

> Corn Chowder French Onion Soup Assorted Desserts

Fort Leavenworth Rod & Gun Club Kid's Fishing Derby

Who: Open to the public – All kids thru age 15 Kids will compete in five separate age groups: 4 and under, 5-6, 7-9, 10-12 and 13-15.

When: Saturday, 24 May 2025 Registration begins at 0800 Fishing 0900-1100 Award Ceremony 1130

Where: Merritt Lake, Ft. Leavenworth

How: Rod & Gun Club member's kids – FREE Non-members - \$3.00 each

Awards presented for 1st, 2nd, & 3rd place finishers along with a Big Fish award in each age group

There will be numerous door prizes given away, along with hotdogs and drinks for sale. There will be a limited amount of fishing worms for sale for \$2 a cup, first come first served.



Fort Leavenworth Rod & Gun Club Catfish Tournament Saturday, 31 May 2025

Perry Lake – Perry, KS Slough Creek Marina

Launch Time is 6:30 AM Weigh in is at 2:00 PM

\$5.00 entry fee for R&G Club members \$10.00 entry fee for non-members Big Fish Pot is \$10

5 largest fish will be weighed in per person. Channel, Flathead, and Blue catfish all count for creel total.

> Boat or shore fishing allowed. No jug or trot lines allowed.





History Brunch: Early Kansas Aviation

Saturday, May 10, 2025 10:30 AM - 11:30 AM

100 Reynolds Avenue, Fort Leavenworth, KS, 66027, United States (map)



Presented by Bill Stumpf. This presentation covers the first airplane flights, built and flown in Kansas, how Wichita became known as The Air Capital of the World and discussion of some of the airplanes and aviators, icons of Kansas, both known and maybe not so known.

Speaker Series: Big Red One in Fallujah: The 1st Infantry Division's Role and Success During Operation Phantom Fury

Wednesday, May 14, 2025 5:30 PM – 6:30 PM

Frontier Army Museum 100 Reynolds Avenue, Fort Leavenworth, KS, 66027, United States (map) Presented by Dr. Andrew Wright



History Brunch: The Four Chaplains

Saturday, June 14, 2025 10:30 AM - 11:30 AM

Frontier Army Museum 100 Reynolds Avenue, Fort Leavenworth, KS, 66027, United States (map)



Four recent graduates of the Army Chaplain School boarded the SS Dorchester with about 900 other military personnel on Z3 January 1943 bound for Europe during World War II. Their story of faith and sacrifice will be discussed during this presentation. Presented by Dennis Branson. Shuttles will depart 'flag pole' every 15 minutes to event site beginning at 8am and will return to 'flag pole' upon conclusion of event. Parking available around areas of 'flag pole'.



Event sponsored annually by the Leavenworth Memorial Day Committee, Inc.

Base visitors: REAL ID Required after May 7, 2025

Know the difference

REAL ID Driver License

A REAL ID is usually marked by a GOLD STAR in the upper-right hand corner, depending on the issuer

🖓 Meets the new federal security standards

C May be used to board domestic flights

CEnter MILITARY BASES, secure federal facilitie and nuclear power plants starting May 7, 2025

Anyone coming onto base as a sponsored gue the deadline will need a Real ID.

4 U.S. Department of Defense ID, including IDs issued to dependents are considered to be Real ID compliant



Standard Driver License

It will not have a gold star marking in the upper-right hand corner. If you plan to fly domestically, a REAL ID is recommended.

- Does not meet the new federal security standards
- Cannot use to board domestic flights starting after the new May 7, 2025 deadline
- Cannot use to enter military bases, secure federal facilities, or nuclear power plants starting May 7,2025

REAL ID is a federal security credential added to State-Issued Driver Licenses and Identification Cards that establishes a minimum security standard required for specific activities.



May, June & July

Workshops

Watercolor

\$30 per workshop pre-registration required

Watercolor (Landscape 1) Tuesday, May 13 6pm - 8pm

Watercolor (Landscape 2) Tuesday, May 20 6pm - 8pm

Lake (plein-air) Tuesday, June 3 6pm - 8pm

Watercolor by the

Watercolor by the Lake (plein-air) Tuesday, June 10 6pm - 8pm

Framing

\$40 per class

Intro to Framing *Must pre-register

Fridays May 9, June 13, July 11 10am - 2pm

Saturdays May 24, June 28, July 26 10am - 2pm

scan for more info

Call now to register! 913-684-3373





Basics

\$20 per class

Tuesday July 15

6:30pm - 8pm Special Projects

Birthday Cards Tuesday July 29 6:30pm - 8pm

Acrylic

\$35 per class

Acrylic Pour Wednesday, July 30 11am - 1pm



Tuesday July 22 6:30pm - 8pm

\$20 per class

Intermediate



Crafts

\$35 per class

Patriotic Wooden Sign Tuesday, May 13 1pm - 3pm Friday, May 30 11am - 1pm

Flower Wreath Tuesday, June 10 11am -1pm Thursday, June 19 6pm - 8pm



MWR

Come see what's new at the Studio!

leavenworth.armymwr.com

May, June & July

Kids Weekly Classes

Messy Art

\$12 per class

Ages 7+

Thursday May 15 10:30am - 11:30am

Thursday May 29 10:30am - 11:30am

Thursday June 26 10:30am - 11:30am

Thursday July 10 10:30am - 11:30am Parent & Toddlers

Thursday May 8 10:30am - 11:30am

Thursday May 22 10:30am - 11:30am

Thursday June 5 10:30am - 11:30am

Thursday June 19 10:30am - 11:30am



Summer **Studio Days**

\$15 per class

Kids Ages 6-11 **Tuesday - Friday**

Kids Summer Events

Crafts

Mother's Day Gift

10:30am - 12pm

Father's Day Gift

10:30am - 12pm

\$20 per craft

& Card

May 1

& Card

June 12

Thursday

Thursday

Art History

\$15 per class (ages 7+)

Muffins & Michelangelo Wednesday May 14 1pm - 3pm

Rocket Pops & Ross Tuesday June 17 1pm - 3pm Wednesday June 18 11am - 1pm

\$10 per class

Color Me Happy





th from 10am - 2pm

Every 4th Saturday of the month from 10am - 2pm

Deadline to register is the day

efore class. Ages 18+

available for all of your framing needs!

Military Prints Art Projects **Photography Prints Graduation Certificates** Etchings/Engravings Restoration



Step 3: Stay in the know!



WE ARE THE ARMY'S HOME | HOME.ARMY.MIL | ARMYMWR.COM



MEETING: MAY 8TH AT 6:30 PM START: MAY 15TH AT 6:15 PM

12 WEEK LEAGUE: MAY 15TH - AUGUST 8TH

THURSDAYS AT 6:30 PM

(PRACTICE AT 6:15 PM) 3 PERSON TEAMS - 3 GAMES PER NIGHT

ANY COMBO OF MEN & WOMEN

\$10 per week, per person • Shoes \$1 Have-a-Ball Option for an extra \$7 per week

Starting May 3rd, 2025

Fort Leavenworth Group Fitness Classes

GRUBER FITNESS CENTER-200 Reynolds Ave. - 684-5120 Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530						
0900						Power Yoga (Kim)
0930		Zumba (Lydia)		Zumba (Lydia)		
1200						
1630		Zumba (Lydia)	Power Cycling (Kim)	Zumba (Lydia)		
1700	Power Yoga (Kim)					

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190 Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

*Power Cut classes are held in the Bubble Gym



Single Ticket For \$5.00

10 Tickets For \$45.00

20 Tickets For \$80.00



https://leavenworth.armymwr.com



May 17 & May 18

1st Annual Kickball Tournament 9AM - 7PM • Gruber Diamond

Games: Saturday and Sunday , 9AM-7PM at Gruber Baseball Field.

There will be a coaches meeting on Wednesday, April 30th at 5:30PM at Gruber Fitness Center.

Letters of Intent are due by COB Wednesday, May 7th.

Open to Active Duty, DoD Civilians, Retirees, Dependents, Spouses, and Contractors working at Fort Leavenworth ages 18 and older.

League awards given for tournament runner ups and tournament champions.

FREE event!

For more info: (913) 684-5136/3224

COMMIT-STAY FIT!

#STRONGBANDS ArmyMWR.com/STRONGBANDS





May 24 · Disc Golf Tournament 8AM - 2PM · Disc Golf Course

0

Two-person team plays 18 holes, best shot rules.

The two-person best shot format will be used. Both players throw from each lie (starting with the tee shot), then the team chooses which of the resulting lies to continue play from, until the hole is completed.

For score integrity purposes, each team is required to keep the score of their opposing twosome. Teams will be sent onto the course with another team and will keep scores for both their own team and the opposing team. Any team that does not participate with an opposing team will not be eligible to win the tournament.

Prizes will be given out for 1st, 2nd, and 3rd place.

Staggered start from 0800-0900.

Registration is required and can be done at Gruber Fitness Center or by calling, (913) 684-5120

FREE event!

COMMIT-STAY FIT!

#STRONGBANDS ArmyMWR.com/STRONGBANDS



Games: Every Monday and Wednesday 5:30PM - 8:30PM at Doniphan #1.

Thursday Youth / Adult **Bowling League**

Meeting May 23rd at 6:30p

Start May 30th at 6:15

8 Week Handicap League

May 30th - July 18th

2 Person Teams

1 Youth Bowler Under 18 Years Old

1 Adult Bowler 18 Years Or Older

\$7.50 Per Bowler or \$15.00 Per Team

Shoes Included





FORT LEAVENWORTH LAMP











CHILD & YOUTH SERVICES



Attention Parents Was your child's CYS **Registration suspended for** no proof of Flu vaccination?

CYS has been informed the Flu vaccine is no longer available in the community. Per CYS Regulation, CYS will not require proof of Influenza vaccination at this time. Suspended registrations (for this reason) have been updated to Active status & are now eligible to enroll again. Parent Central Office 913-684-5138 or 4956



Homework Help STEM Programs **Gym Activities Music Classes** Arts & Crafts **Special Events**

School is in session but the FUN doesn't need to stop! Hang with your friends! Do cool stuff! And

make some memories

MWR

NOW OPEN Fort Leavenworth Care Options for Summer 2025 & School Year 2025-2026

Request Before/After School Care & SAC Camps all year round



Using MilitaryChildCare.com, you can find compre information on child care programs worldwide, conduct a customized search for the care you need, and submit a request for care at any time and from any location. Follow these four steps!

CREATE ACCOUNT

Go to MilitaryChildCare.com to create an account containing information about your family, or to login using an existing username and password.

SEARCH and REQUEST CARE Search the system for the child care options that best fit your needs and submit your requests for care.

MANAGE MY REQUESTS You can manage your requests for care from anywhere in the world.

UPDATE MY PROFILE Keep your My Profile page up-to-date with important

8808 all 855 696 291

Don't know what Care Options to request?

Prior to making Requests for Care, go to CYS Facebook or FMWR-CYS website to review flyer:

4

2025 Fort Leavenworth Care Options & Waitlists



AFTER-SCHOOL PROGRAM

FREE!

*Enroll now at

Harrold Youth Center

45 Biddle Blvd

913-684-5118

HYC Hours Mon -Thurs 3PM -7PM Friday 3PM - 9PM

Saturday 2pm - 8pm Closed Sunday



We're Hiring NOW!

Join our Team as a Child and Youth Program Assistant at Fort Leavenworth! Pay starts at \$18.35 per hour

Career Progress on & Paid Training Retirement & 401K

Priority Childcare Placement & Employee Childcare Disco Regular Full-Time/ Part-Time & FLEX Hours Available Medical, Dental, Vision, & Life Insurance Benefits * Paid Leave, & Paid Federal Holidays for Full-Time & Part-Time Access to Commissary & AAFES Shopping Privileges & MWR Facilities Job Transfer Program Worldwide Through Civilian Employment Assignment Tool







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MUNSON NOTES

MUNSON NOTICES

■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are EL-**IGIBLE TO USE THE ARMED FORCES** WELLNESS CENTER FOR FREE. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit https://dvidshub .net/r/8wttlf.

■ The NUTRITION CARE DIVISION offers a broad range of nutritional services designed for service members, families, and retirees. Individual Nutrition Therapy and Group Nutrition Therapy are available, and include the Body Composition Program, Weight Control Program, Prenatal Nutrition and Wellness for Life. Call the appointment line at 913-684-6250 to schedule an appointment with MAHC's registered dietitian.

SEASONAL ALLERGY MEDICA-TIONS are available from the MAHC Pharmacy at no cost. Simply come to the pharmacy and fill out the OTC request form. Pull a ticket and you'll be called to activate your request. Then you can sit and wait until your meds are ready, or if you choose to return later in the day, you can just process to Window 7. At MAHC, Military Health System beneficiaries can pickup two over-the-counter medications without a prescription per person per week from the pharmacy with no out-of-pocket expense.

MEDICAL APPOINTMENT CHECK-IN: Please arrive 15 minutes prior to your appointment to complete any required paperwork and bring the following items: DoD ID card; list of current medications including over-the-counter meds, vitamins, and supplements; any relevant paperwork or forms; and a list of questions or concerns. If you are not able to make your scheduled appointment, call the appointment line at (913) 684-6250 to cancel.

MUNSON ARMY HEALTH CENTER





Munson Army Health Center is looking for volunteers to join the PATIENT AND FAMILY PARTNERSHIP COUNCIL. Volunteers can be active-duty, active-duty family members, retirees or retiree family members. The PFPC meets quarterly. If interested, call 913-684-6211/6127.

Munson Army Health Center Pharmacy offers patients a variety of OVER-THE-COUNTER MEDICATIONS AT NO COST to service members, retirees and familiy members. These items are available without a prescription or medical appointment. These self-care items are comparable to those available for purchase from retail stores and include pain relievers, cough medicine, allergy medication, antibiotic ointment, lice treatment and much more. Visit https://munson.tricare.mil/Health-Services/Pharmacy and scroll down to the Over-the-Counter Medication Program for details.

■ Call 913-684-6250 to schedule a WELL-WOMAN EXAM at Munson Army Health Center.

Munson Army Health Center is currently scheduling ROUTINE EYE EXAMS with the optometrist for school-aged beneficiaries ages 6 years and older. Call the appointment line at 913-684-6250 to schedule an eye exam.

MUNSON NOTES continue on page B12.

Military families PCSing or traveling, especially to TX, KS, OH, IN, OK, NM (especially West Texas!), should CHECK WITH THE LOCAL HEALTH DEPARTMENT at their destination for current measles outbreak status. If it's a high-transmission area, supplemental measles vaccines may be needed for infants 6-11 months and anyone not fully vaccinated. Early doses are supplemental and don't replace the standard MMR vaccine schedule. Contact your healthcare provider (913-684-6250) BEFORE traveling to discuss. Stay safe & informed!



https://newsroom.tricare.mil/News/TRICARE-News/Article/4162211/want-to-learn-about-tricare-for-lifecheck-out-this-handbook

MAHC staff thanked during National Nurses Week



The nurses at Munson Army Health Center were celebrated for all they do for the team and beneficiaries during National Nurses Week.

Military Health System nurses have a wide scope of practice, often functioning in roles beyond traditional nursing. They may manage clinics, conduct research, specialize, lead teams, and run military treatment facilities and field hospitals.

MHS nurses support the readiness of the entire military community by providing healthcare to service members and their families.

Photos by Munson Army Health Center Public Affairs











Safely dispose of expired medications before PCSing



Safely dispose of old and expired medications before your move.

Munson Army Health Center's medication disposal receptacle is located in the pharmacy lobby near Window No. 1 for patients to discard the majority of their unused medications.

Several exclusions apply, including syringes, needles, and liquids greater than 4 ounces.

If a dangerous medication is on the FDA Flush List and a drug take-back program is not available, patients can dispose of the medication by flushing it down the toilet to avoid misuse and accidents.

Learn more at https: //munson.tricare.mil /Health-Services /Pharmacy.



CONTACT US | Phone: 913-684-5267 | E-mail: ftlvlampeditor@gmail.com | On the Web: https://home.army.mil/leavenworth/about/news

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