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2 Army legends inducted into Hall of Fame

by Sgt. 1st Class Summer Woode/Combined Arms Center Public Affairs

Two trailblazing Army leaders were inducted into the Fort Leavenworth Hall of Fame May 28 at the Lewis and Clark Center.

Brig. Gen. Henry J. Hunt, a Civil War artillery pioneer, and retired Col. Gregory Fontenot, a modern combat commander and scholar, were recognized for their exceptional service and enduring connection to the Army's legacy of leadership and education.

"We couldn't find two greater Americans, soldiers and leaders who shaped our Army," said Lt. Gen. Milford H. Beagle Jr., commanding general of the Combined Arms Center and Fort Leavenworth. "Today we honor not just what they did, but what they gave — and what still endures."

Brig. Gen. Henry J. Hunt

Hunt's connection to Fort Leavenworth began in 1827, when he accompanied his father, an officer in the 3rd Infantry Regiment, on the original expedition to establish the post. Decades later, he returned to command Company M, 2nd U.S. Artillery during a volatile period in Kansas, providing security for polling stations during the 1857 territorial elections. But his legacy extended far beyond the gates of Fort Leavenworth.

Selected as one of three officers to serve on the Army's Light Artillery Board, Hunt co-authored "The Instructions for Field Artillery" in 1861. This manual became the Union Army's official artillery doctrine throughout the Civil War and remains one of the most significant contributions to U.S. military field tactics of that era.

"He wasn't just leading artillery," Beagle said. "He was rewriting how we used it."

Hunt's leadership proved decisive at key battles such as Malvern Hill and Gettysburg. At Malvern Hill in 1862, he massed 60 artillery batteries — more than 240 guns and inflicted more than 5,500 casualties in less than eight hours, forcing Confederate

SEE HALL OF FAME A8



Photo by Jason Bortz/Combined Arms Center Public Affairs

Fort Leavenworth Hall of Fame inductee retired Col. Gregory Fontenot and Combined Arms Center and Fort Leavenworth Commanding General Lt. Gen. Milford Beagle Jr. unveil the shadowbox honoring Fontenot during his induction into the Fort Leavenworth Hall of Fame May 28 at the Lewis and Clark Center. The Hall of Fame recognizes individuals who have made significant contributions to the Army and Fort Leavenworth's legacy. Civil War Brig. Gen. Henry J. Hunt was also inducted into the Hall of Fame during the ceremony.

SAMS graduates next generation of leaders

by Jessica Brushwood/Army University Public Affairs Office

The U.S. Army School of Advanced Military Studies conducted a graduation and academic honors ceremony to recognize its 42nd cohort May 22 at the Lewis and Clark Center.

SAMS, which "converts intellectual power into



Memorial Day observed

RIGHT: Combined Arms Center and Fort Leavenworth Commanding General Lt. Gen. Milford Beagle Jr. and CAC and Fort Leavenworth Command Sgt. Maj. Shawn Carns salute after laying a wreath at the gravesite of the installation's namesake, Col. Henry Leavenworth, May 26 at the Fort Leavenworth National Cemetery.

BELOW: Officers from Army University represent their respective service component during the Memorial Day ceremony May 26 at the Fort Leavenworth



combat power," granted master's degrees to 129 students representing the total Army, the joint force, 11 allied partner nations and several federal agencies.

Guest speaker Lt. Gen. Milford Beagle Jr., commanding general of the Combined Arms Center and commandant of Command and General Staff College, graduated from SAMS in 2003.

Beagle emphasized the complex challenges that come with a rapidly changing operational environment yet assured the graduates they are now prepared for what comes next.

"I have not met a planner yet, produced through SAMS, who would cringe at any of those problem sets. Thou shall not say that's a wicked problem without bringing a wicked solution," Beagle said.

His words of wisdom,

taped under each graduate's seat, touched on three points and concluded with a challenge.

"Leadership is not a position. It is not a rank. It is not a title. It is a choice. Make an impact. Make a difference. Every single day," Beagle said.

SAMS Director Col. Dwight Domengeaux Jr. said the graduates will help commanders in the operational force to understand, visualize, describe, direct, lead and assess operations in a complex environment and create war-winning solutions, today and into the future.

"The academic year 2025 SAMS graduates from each of the school's three programs are warrior scholars, preparing to meet the highest priority security needs of our nation and those of our allies," he said. Academic rigor and student performance are prioritized at SAMS. demonstrated by highlighting the top 30 percent among the master's level Advanced Military Studies and the Advanced Strategic Leadership Studies programs.

Awards were presented

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National Cemetery. The services were represented by Maj. Darren Johnson, U.S. Army; Lt. Cmdr. Evin Moses, U.S. Coast Guard; Cmdr. Johnathan Duenas, U.S. Navy; Maj. Jorgeluis Diaz, U.S. Marines; Maj. Taeyoung Lee, U.S. Space Force; and Maj. Mathew Jerrell, U.S. Air Force.

Photos by Scott Gibson/ Fort Leavenworth Garrison Public Affairs Officer



AT A GLANCE

Anyone with **DEBTS OWED TO OR BY THE ES-TATE OF STAFF SGT. DANIEL A. GONZALEZ** must contact Capt Andrew D. Ingalls, the summary court martial officer for the soldier, at Andrew.d.ingalls2.mil@ health.mil, 913-684-6738 (commercial phone) or 913-547-4514 (government cell). Gonzalez passed away May 17.

■ The **COMBINED ARMS RESEACH LIBRARY** will close at noon June 6. See page B1 for CARL's sum-

mer hours.

■ The FATHER/SON SCAVENGER HUNT, open to the entire family, is at 9-11 a.m. June 7 at Hunt Lodge. Call 913-684-2800 for more information.

■ The Combined Arms Center and Fort Leavenworth will celebrate the **U.S. ARMY'S 250TH BIRTH-DAY** June 13 with a sports day and cake cutting. See page A5 and the CAC Facebook page for more information.

■ The **VOLUNTEER BASICS WORKSHOP** is at noon June 13. Call 913-684-2800 to register.

■ City Union Mission will be doing **PICK-UPS OF GENTLY USED ITEMS** June 14 and June 28 in housing. Residents will receive an e-mail from Fort Leavenworth Frontier Heritage Communities the week of pick-ups with a form to sign up.



Photograph © Museum of Fine Arts, Boston

"The Death of General Warren at the Battle of Bunker's Hill, 17 June, 1775" by John Trumbull, Museum of Fine Arts, Boston. Visit https://collections.mfa.org/objects/34260/the-death-of-general-warren-at-the-battle-of-bunkers-hill for more information.

Roadmap to Revolution Part 3: 1775 - The Birth of the Continental Army, Battle of Bunker Hill

by Walter Napier/Combined Arms Center Deputy Command Historian

Editor's note: This is the third article in a series about major events of the American War for Independence as part of the celebration of the United States' Semiquincentennial, which occurs in 2026, and this year's 250th anniversary of the U.S. Army.

When British Maj. Gen. Sir Thomas Gage sent his soldiers to Concord, Massachusetts, his strategic goal was to stop the Massachusetts militia from being able to mount a credible defense and halt the spread of any armed resistance. After the disastrous retreat from Concord, however, the opposite happened. Immediately following the Battles of Lexington and Concord, Massachusetts militiamen established a cordon around Boston, and volunteer forces from the four New England colonies (Rhode Island, New Hampshire, Connecticut and Massachusetts) poured into the area to isolate the British. Despite growing support for the cause, the New England volunteers faced the problems of organization and command. Artemas Ward, the Massachusetts commander, informally exercised control of the force, but all real decisions were made by a council of the various volunteer commanders. With the Siege of Boston ongoing, the Second Continental Congress called its meeting in Philadelphia, while the British recovered and awaited reinforcements. The war entered a stand-off while each side of the



The Continental Army is the direct precursor to the United States Army, and June 14 is celebrated as the Army Birthday. 2025 marks the 250th birthday of the United States Army, and since then the Army has stood as the backbone of America's strength in peace and war. members were uncertain on an end state to the conflict, but they recognized war was no longer a possibility but a fact. On June 14, 1775, the Congress officially created the Continental Army and called for recruitment of rifle companies from Pennsylvania, Virginia and Maryland to add to the New England force.

The Continental Army is the

tation leading to his selection, and his first mission was to move into Massachusetts and take control of forces there.

Before Washington could arrive, however, on the night of June 16, 1775, an American working party set out to fortify Bunker Hill and decided instead to focus its defensive works on Breed's Hill. When the British awoke the following day, they decided to take the battle to the Americans and break their position. Gen. Howe landed on Charleston Peninsula under the protection of British warships with 2,200 men. The British had expected the fortifications made by militia to be less than satisfactory and chose to attack the American position directly. On the afternoon of June 17, 1775, Howe arranged his men in columns of four on the left flank of Breed's Hill. The Americans, whose shot and powder were limited, were told to hold their fire until the British moved within roughly 50 yards and purposely targeted officers when possible. The directed volley shocked the British regulars, and Howe himself took control and commanded the attack. The British regulars were attempting to take a reinforced and elevated position from a determined enemy. The Americans pushed the British back twice, forcing Howe to disengage and reorganize before attacking again. By the third attack, the Americans were running low on ammunition. This led to Connecticut Gen. Israel "Old Put" Putnam's famous order not to "fire until you see the white of

their eyes!"

The British finally took the hill on their third assault. The desperate hand-to-hand struggle resulted in fighting retreat to Bunker Hill and then an evacuation of the position altogether. Despite the tactical loss to the Americans, Bunker Hill proved to be a Pyrrhic victory (a win at too high a cost) for the British. The British and American reverted roughly to their June 16 positions. Howe's 2,200 men suffered horrendously with a reported 1,054 casualties (226)killed/828 wounded). This proved to be one of the bloodiest battles of the war for the British and is particularly notable for the loss of British officers - Bunker Hill casualties represented one-eighth of all British officers killed and one-sixth of all officers wounded during the course of the war. Despite American losses of 441 (140 killed/301 wounded), morale in the colonial camp soared. The Americans had successfully stood against the British twice, and now Washington and reinforcements were on the way.

conflict worked on what action to take next.

In May, a small number of British reinforcements arrived, along with three officers who would play major roles in war — William Howe, Henry Clinton and John Burgoyne. After surveying the field, the British decided to fortify Dorchester Heights to the south of Boston to establish positions to break the siege. In response, the colonials moved onto the Charlestown Peninsula north of the city.

Meanwhile in Philadelphia, the Second Continental Congress established itself as the defacto government of the colonies while they resisted the British. The direct precursor to the United States Army, and June 14 is celebrated as the Army Birthday. 2025 marks the 250th birthday of the United States Army, and since then the Army has stood as the backbone of America's strength in peace and war.

Following the creation of the force, George Washington was charged with drawing up rules and regulations for the Army. On the following day, he was selected to serve as the commander of "all the continental forces, raised or to be raised, for the defense of American liberty." Despite some early mistakes, Washington proved himself an able commander dur-most notably during the disastrous march of Gen. Edward Braddock. During the march, Washington, suffering from dysentery, worked with then Lt. Col. Thomas Gage to stabilize the column after Braddock had been mortally wounded. Washington had since retained a sterling repu-

Further Reading:

"The Glorious Cause: The American Revolution, 1763-1789" by Robert Middlekauff

"A Guide to the Battles of the American Revolution" by Theodore P. Savas and J. David Dameron

"American Military History Volume 1: The United States Army and the Forging of the Nation, 1775-1917" by the Center for Military History

FORT LEAVENWORTH LAMP

PUBLISHED FOR THE COMMUNITY OF FORT LEAVENWORTH, KANSAS

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Lt. Gen. Milford H. I	Beagle Jr. Commanding General
Col. Duane Mosier	Garrison Commander
Scott Gibson	Public Affairs Officer
George Marcec	Command Information Officer

Fort Leavenworth Lamp Staff

Editor
.com
Summer Intern
Summer Intern

FMWR Advertising Staff

Mary Manago Marketing Director mary.f.manago.naf@army.mil, 913-684-1702

Post conducts full-scale exercise



Fort Leavenworth Fire and Emergency Services firefighters practice life-saving first response on a volunteer role player while members of the Combined Arms Center Law **Enforcement Activity team and De**partment of the Army Police secure an area as part of a full-scale exercise May 29 at Frontier Chapel. The exercise centered on an activeshooter scenario and provided valuable training to emergency services personnel while validating crisis response procedures within the post's Emergency Operations Center. The Garrison Command Team and key staff sections who took part in the exercise will use the information learned in the exercise to update emergency and crisis response plans.

"Full-scale emergency response exercises are critical to mission readiness — they validate contingency plans, enhance joint interoperability and ensure that all personnel can execute their roles decisively under pressure," Fort Leavenworth Garrison Public Affairs Officer Scott Gibson said. "These exercises turn doctrine and plans into action and prepare the installation to respond with discipline and precision in real-world crises."

> Photo by Zac Lay/Fort Leavenworth DPTMS Emergency Manager

8th Annual Sweet Exchange Bake Sale 12 Hour Fund Raiser for the Alzheimer Association & The Deeper Window Association

Saturday, June 14 7 am to 7 pm KCKCC Pioneer Center

1901 Spruce Street

Join the heartfelt community effort started by KCKCC graduate, Morgan Belardo, in memory of her father, Jose H. Belardo III.

Enjoy delicious baked goods hand crafted by professional bakers.

Support Alzheimer's Longest Day & The Deeper Window Association and help people living with dementia.

Bring your sweet tooth and a generous spirit. Every bite makes a difference!



CGSOC Graduation: On-Post Bus Routes



CGSOC Graduation Bus Transportation and Parking

Main Post Area

 Infantry Barracks "Bell Hall" North End of Parking Lot

Kansas Village:

- Kansas Village: Patton Junior High School* (Old MacArthrur Elem) Corner of 3rd Infantry Road and Biddle Blvd
- Corner of Iowa Ave and Dragoon St.
- 5th Artillery Road Quarters #42
- Corner of Sheridan Dr and Hancock Ave.

Streetside pickup (FCC)

Oregon Village:

 Corner of Pick Ave and Rose Loop Corner of Rose Loop and Walker Ave

Shawnee Village: 🔶

- Corner of Hunt Road and 1st Cav Road
- Corner of 1st Cav Road and Hatch Street
- Hatch Street guarters #119
- Corner of 7th Cav Road and 1st Cav Road Corner of Grierson Street & 7th Cavalry Road

Pawnee Village:

- Corner of Hunt Loop and Hunt Court Hunt Loop Quarters #14
- Hunt Loop Quarters# 37
- Corner of 1st Cav Rd & Hunt Loop

*Indicates Parking Lot available

Pottawatomie (Kickapoo) Village:

- Corner of Allen Drive and Williams Road
- Corner of Hunt Road and Williams Road
- Hunt Road Quarters #161 & #834
- •Quarters# 135 Allen Drive

Iowa Village:

- Corner of 3rd Infantry and Harry Bell
- Quarters# 133 on Harry Bell Road
- Quarters# 112 on Harry Bell Road

•3-way intersection, Kansas Ave & 6th Infantry Rd •Intersection of Biddle and 6th Infantry Rd. 3-way intersection, Kansas Ave & 6th Infantry Rd

Santa Fe Village:

Kansas Ave and Hancock Rd (CDC)

Intersection of Kansas Ave and Biddle

- Corner of Kansa Ave and Johnson Dr.
- · Corner of Johnson Dr. and Hollowell Dr.
- Corner of Hollowell Dr. and Swift St. · Corner of Hollowell Dr. and Iowa Ave.

Prior to Graduation - Buses will run from 0700 - 0845, with

- the last bus arriving at L&CC at approx. 0845
- After Graduation Buses will run until no one else needs transportation from the L&CC
- Buses will stage the day prior at the parking area near just south of the post theate
- * VCC will provide additional personnel for vehicle pass vetting/processing prior to graduation

Grant Gate: Open for both inbound & outbound traffic, 24/7

Sherman Gate: Open for outbound traffic only from 1000 until 1200 hrs.

by Army University

The graduation ceremony for the 2025 Command and General Staff Officer Course is at 9 a.m. June 6 at the Lewis and Clark Center.

Parking

There is limited onsite parking. Parking tag requirements will be enforced on the day of the ceremony. If parking is unavailable in the Student Lot south of the Lewis and Clark Center, it might be possible to find parking in the Bell Hall parking lot. A bus will be conducting pick-ups near the north end of the Bell Hall parking lot. Students and families are encouraged to use the bus routes throughout Fort Leavenworth housing to lessen the parking burden.

Bus routes

Buses will be available to pick up students and families. Students and families are encouraged to use the buses due to limited parking at the Lewis and Clark Center. Buses will run from 7-8:45 a.m. before the event. Buses will run continuously along the same route after graduation until everyone has left the Lewis and Clark Center.

Ceremony viewing

Families are encouraged and welcome to attend the graduation ceremony. Seating will be limited in Eisenhower Auditorium, but the graduation will be streamed in Marshall Lecture Hall and to classrooms in the Lewis and Clark Center. All are welcome to view the event from any of these locations should they need them or feel they are better for their families.

Visit the Command and General Staff College Facebook page at https://www. facebook.com/USACGSC for additional parking/bus graphics and information.

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CAC, Fort Leavenworth to celebrate Army's 250th birthday with sports day

CAC Army 250th **Birthday Celebration**

1775







	Sports Day Event	Location	Host/Speaker
6am-8am	PRT Competition	Harney Gym / Bubble Gym	CAC-T
9-9:30 am	Opening Remarks and Proclamation	Lewis and Clark Front Courtyard	Host: LTG Beagle & Gov Kelly (KS)
	Quiz Bowl	Lewis and Clark Center	ArmyU

The Combined Arms Center and Fort Leavenworth will celebrate the U.S. Army's 250th birthday June 13 with a sports day, cake cutting and other activities. Festivities begin at 9 a.m. with a special proclamation from Kansas Governor Laura Kelly, followed by games, activities and celebrations across the installation. Event times/locations are subject to change. Visit the Combined Arms Center Facebook page at https://www.facebook.com/USACAC/ for more information.

NW Prairie View Rd 816-420-9000 www.worthharley-davidson.com

Disc Golf Tournament caps off annual Strong B.A.N.D.S. fitness promotion



Photo by Emilio Gutierrez/Fort Leavenworth Lamp Intern

Albert LaFleur and Josiah Routhier, team name The Rose and Thorn, compete in the Strong B.A.N.D.S. Disc Golf Tournament May 24 at the Fort Leavenworth Disc Golf Course by Camp Conestoga. Team The Rose and Thorn went up against three other teams: the DPW Discers, No Chains and Dumb and Dumber. Soldiers, families, retirees and civilians were encouraged to get and stay fit during the annual Strong B.A.N.D.S. (Balance, Activity, Nutrition, Determination and Strength) promotion offered over the past month. Other Stong B.A.N.D.S. activities included a weight-lifting competition and a softball tournament.



ABOVE: Team No Chains Jim McMullen and Hoyle Shaw compete in the Strong B.A.N.D.S. Disc Golf Tournament May 24 at the Fort Leavenworth Disc Golf Course by Camp Conestoga. No Chains placed third in the tournament.

RIGHT: Team DPW Discers Noah Trader and Joel Marquardt compete in the Strong B.A.N.D.S. Disc Golf Tournament May 24 at the Fort Leavenworth Disc Golf





Course by Camp Conestoga. DPW Discers placed second in the tournament.

Photos by Emilio Gutierrez/Fort Leavenworth Lamp Intern

Disc Golf Tournament results

1st Place: Dumb and Dumber (Ian Simmons and Aaron Simmons) 2nd Place: DPW Discers (Joel Marquardt and Noah Trader) 3rd Place: No Chains (Hoyle Shaw and Jim McMullen)

Photo by Emilio Gutierrez/Fort Leavenworth Lamp Intern

Father-and-son duo Team Dumb and Dumber Aaron and Ian Simmons play in the Strong B.A.N.D.S. Disc Golf Tournament May 24 at the Fort Leavenworth Disc Golf Course by Camp Conestoga. Team Dumb and Dumber won the tournament.

BE ALL YOU CAN BE DOESN END AFTER YOU SERVE.

Army personnel bring a hard-earned skillset to the

workforce. Leadership, discipline, teamwork, problem-solving. These qualities are an asset to a wide variety of trades working with dozens of different EMCOR companies. *Looking for a post-military career? Look to us.*





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Families reel in fish, fun at Kids Fishing Derby

Steven Redman and his daughter Abigail take the catfish she caught to Rod and Gun Club members to measure during the club's Spring Kids Fishing Derby May 24 at Merritt Lake. The catfish measured more than 16 inches in length. Redman's daughter Elizabeth and sons Joshua and Declan also participated in the derby.

> Photo by Emilio Gutierrez/ Fort Leavenworth Lamp Intern





ABOVE: Patrick McFadden watches to see how big the fish he caught is while being measured by a Rod and Gun Club member during the Spring Kids Fishing Derby May 24 at Merritt Lake.

RIGHT: Audrey Bugher's dad Jeremy Bugher helps her get ready to catch fish by putting worms on the hook of the fishing rod during the Spring Kids Fishing Derby May 24 at Merritt Lake.





ProCamps coming to Fort Leavenworth July 14-15

by DeCA Corporate Communications

FORT GREGG-ADAMS, Virginia – Children in eight military communities will get the opportunity to attend a free football ProCamps event, courtesy of a Procter & Gamble promotion available near select commissaries and exchanges.

The two-day camps, led by NFL football players, are open to the children ages 6-14 of activeduty military, reservists, retirees and Department of Defense civilian employees.

Camp locations, dates and participating athletes are:

• McChord Air Force Base (Joint Base Lewis-McChord), Washington

June 13-14

Noah Fant, Seattle Seahawks

• Marine Corps Base Camp Pendleton, California

June 24-25

Tre Harris, Los Angeles Chargers

• Fort Benning, Georgia

June 27-28

Tyler Allgeier, Atlanta Falcons • Barksdale Air Force Base,

Louisiana

June 30 – July 1

Emery Jones, Baltimore Ravens • Naval Weapons Station Charleston, South Carolina

July 11-12

Robert Hunt, Carolina Panthers

• Fort Leavenworth July 14-15

George Karlaftis, Kansas City Chiefs

• Fort Bragg North, North Carolina

July 15-16

Austin Corbett, Carolina Panthers

• Scott Air Force Base, Illinois July 19-20

Grady Jarrett, Chicago Bears Overseas ProCamps events have already occurred. March 22-23, Jevón Holland, a safety from the New York Giants, hosted the Vogelweh, Germany, camp at the Kaiserslautern High School, with autograph signings at the Kaiserslautern Military Community Center and Ramstein Air Base Commissary. April 12-13, Morgan Fox, a defensive end with the Atlanta Falcons, hosted the other overseas camp at the Yokota Air Base High School, Japan, with autograph signings at the Yokota Air Base Commissary and Exchange.

The eight installations qualified for a camp based on purchases and displays of Procter & Gamble products in their local commissaries and exchanges during March and April.

The camps are designed to accommodate up to 150 children. Campers will experience various stations to learn football fundamentals, participate in games and



File photo by Colbie Fairley/2024 Fort Leavenworth Garrison Public Affairs Office Intern

Former K-State tight end and current Washington Commanders tight end Ben Sinnott addresses Fort Leavenworth youth at the ProCamps hosted by Sinnott June 17, 2024 at Doniphan Field. Sinnott and other instructors guided 140 children through football drills related to speed, catching on the run and defensive positioning.

George Karlaftis of the Kansas City Chiefs will be at Fort Leavenworth July 14-15 to conduct the 2025 ProCamps. See upcoming issues of the *Fort Leavenworth Lamp* for more information.

competitions, receive coaching from an NFL player, and compete for a chance to win signed merchandise and more P&G product samples through "Camper of the Day" awards.

Those interested in the upcoming camps should visit their local commissary, exchange or contact the local youth sports office for details. This year, autograph sessions with the host athletes will be at the camp locations at the end of the first day.

"As a military dad, I appreciate the opportunities these free camps offer for the children in our communities," said Navy Command Master Chief Mario Rivers, senior enlisted advisor to the Defense Commissary Agency director and CEO. "Our military children get to socialize with others, learn some football basics. However, the most important thing is they have fun."

Hall of Fame (continued from Page A1)



Photo by Jason Bortz/Combined Arms Center Public Affairs

Shadowboxes honoring retired Col. Gregory Fontenot, left, and Brevet Brig. Gen. Henry J. Hunt, right, are displayed following their induction into the Fort Leavenworth Hall of Fame May 28 at the Lewis and Clark Center. The Hall of Fame exhibit commemorates each inductee's significant contributions to the U.S. Army and the Fort Leavenworth legacy.

Gen. Robert E. Lee to defeat. At Gettysburg, Hunt's centralized control of artillery fire played a crucial role in halting Pickett's Charge and securing Union victory.

Dr. Thomas Bradbeer, associate professor of military leadership at the Command and General Staff College, accepted the honor on Hunt's behalf and reflected on the general's legacy as both a mentor and military innovator.

"He was not only a hero from my home state," Bradbeer said. "He was a great Army officer and a phenomenal leader. His legacy lives in every artillery officer who came after him."

Following the Civil War, Hunt continued to shape artillery practices as president of the Permanent Artillery Board before retiring to serve veterans at the Soldier's Home in Washington, D.C., where he was eventually laid to rest in 1889.

Retired Col. Gregory Fontenot

In contrast to Hunt's 19th-century battlefield innovations, retired Col. Gregory Fontenot represents the Army's modern evolution. A distinguished military graduate from Kansas State University, Fontenot began his Army career in 1971 as an armor officer and quickly rose to lead troops on the frontlines of history.

During Operation Desert Storm, Fontenot commanded the 2nd Battalion,



Photo by Jason Bortz/Combined Arms Center Public Affairs

Retired Col. Gregory Fontenot, Fort Leavenworth Hall of Fame inductee; Dr. Thomas Bradbeer, associate professor of military leadership at the Command and General Staff College; Combined Arms Center and Fort Leavenworth Command Sgt. Maj. Shawn Carnes; and CAC and Fort Leavenworth Commanding General Lt. Gen. Milford Beagle Jr. attend the 2025 Fort Leavenworth Hall of Fame induction ceremony May 28 at the Lewis and Clark Center. Fontenot and Brig. Gen. Henry J. Hunt

34th Armored Regiment, 1st Infantry Division, which spearheaded one of the most decisive armored assaults in the conflict. Over the course of 100 hours, his unit destroyed more than 1,000 enemy tanks and captured 11,400 prisoners.

After returning from combat, Fontenot brought that experience back to Fort Leavenworth as director of the School of Advanced Military Studies. He later commanded the1st Brigade, 1st Armored Division, which was part of the NATO Implementation Force during Operation Joint Endeavor.

Fontenot retired from active duty in 1999 but continued his service as a civilian

(posthumously) were inducted during the ceremony. Bradbeer spoke on behalf of Hunt.

in various leadership roles over the years. From being an accomplished author to developing innovative programs, his contributions helped shape critical problem-solving methods used in Army planning.

"He reminds us that great leadership isn't a moment — it's a lifetime," Beagle said. "He's still walking the halls, still mentoring, still inspiring."

Fontenot expressed gratitude for the honor, especially being recognized alongside Hunt, whom he called "a great American hero." He also shared his feelings on what it means to be a soldier.

"We are the defenders of a noble dream," Fontenot said. "We take an oath to the idea of the Constitution of the United States. If that doesn't make you feel special, I don't know what does."

He spoke of his father, a first sergeant who taught him that in the Army, it wasn't a person's name or background that mattered, but what that person did with the opportunity he/she was given.

Hall of Fame

The Fort Leavenworth Hall of Fame, es-

tablished in 1969, recognizes individuals whose service at the post significantly shaped the Army's history, reputation and mission. With the induction of Hunt and Fontenot, Fort Leavenworth honors both its origins and its ongoing commitment to leadership, education and excellence.

"Hunt forged doctrine that guided generations of artillerymen. Fontenot taught commanders how to think critically in the modern era," Beagle said. "Together, they embody the intellect, courage and commitment Fort Leavenworth stands for."

SAMS graduation (continued from Page A1)

for outstanding achievements in the areas of superior leadership, physical fitness, writing, academic excellence and more.

Maj. Ronald "Ty" Brackin, recipient of the 2025 Lt. Col. Michael "Scott" Flurry Award, said he was honored to be selected for the award, reflecting that it would not have been possible without his classmates.

"Our seminar really came together to support and push each other, and my selection is as much a reflection of our seminar as it is anything," he said. "We all worked hard to make ourselves and our classmates better this year, and I am continuously impressed by the men and women representing all of the military branches and interagency partners here at SAMS."

Other awards included the Iron Award, the Iron OPT Award, the Maj. Gen. Edwin Harding Faculty and Student Awards, the Interagency Writing Award, Class Monograph Awards, and the Col. Thomas Felts Leadership Award.

When he enrolled in SAMS, Maj. Khalid Rodriguez expected to gain tools and methodologies to lead planning teams more effectively.

"The reality of the program not only met but exceeded those expectations," he said. "The depth of the curriculum, the quality of the tools provided, and the opportunity to put theory into practice far surpassed my initial expectations."

He said his role as class leader enhanced his overall experience.

"I applied and further refined critical leadership attributes I developed during my key developmental assignments — specifically, team building, integration, ruthless prioritization, and creating and sustaining effective processes," Rodriguez said.

Engagements Lead Maj. Claire Brindle said she would encourage soldiers thinking about SAMS to apply.

"This year was probably one of the most transformative of my career thus far," she said. "This program equipped me with intellectual tools and operational frameworks necessary to think critically and creatively, plan effectively, and contribute meaningfully at the operational level."

In addition to the master's degrees granted in person, nine officers were recognized for completing a doctoral program at a U.S. university through the Advanced Strategic Planning and Policy Program, which was founded by Gen. Raymond T. Odierno in 2012.

About SAMS

SAMS, a part of the Command and General Staff College, educates select armed forces, interagency and allied members to become critical and creative thinkers, agile and adaptive leaders, and skilled practitioners in doctrine and operational art. The goal of SAMS is to enable senior leaders to drive the operations process to achieve favorable strategic, operational, and tactical outcomes.

ASMP is a graduatelevel, 11-month program designed for majors, junior lieutenant colonels, select senior warrant officers, and international officers of the armed forces. The program is intended to develop effective planners who engage and enable senior leaders' understanding of the operational environment further enabling them to visualize and describe viable solutions to complex operational problems.

ASLSP is a graduatelevel, 24-month, senior level Army War College program. It is designed to develop theater-level senior leaders and general staff officers for positions of significant responsibility.

ASP3 is a doctoral-level program for select fieldgrade officers. Officers attend universities of their choice while developing them into strategic leaders through a combination of practical experience, and senior-level professional military education.

Photos of the ceremony can be viewed on the Command and General Staff College Flickr account at https://www.flickr.com/pho tos/usacgsc/albums.

To view the ceremony, visit The Army University's Facebook page at https://www.facebook.com/ ArmyUniversity.

FORT LEAVENWORTH LAMP

'PCS purge' resources fort/all-services/ environmental-man-Donate, recycle or dispose agement • Auto Skills Center for motor oil: of items properly ograms/auto-crafts-center

by Staff Report

Fort Leavenworth provides many resources for helping with a PCS purge.

THRIFT SHOP

Usable items in like-new condition, such as clothing, toys and small appliances, can be donated to the Fort Leavenworth Thrift Shop, which uses store proceeds for community assistance grants, at the shop's drop-off shed at 1025 Sheridan Drive.

MISSION PICKUPS

Fort Leavenworth Frontier Heritage Communities partners with City Union Mission of Kansas City, Missouri, for curbside pickup of usable items on certain Saturdays throughout the year.

STRAY FACILITY

Pet supplies and unopened pet food can be placed in the large wooden bin on the porch of the Fort Leavenworth Stray Facility at 510 Organ Ave.

HOUSEHOLD HAZ-ARDOUS WASTE COLLEC-TION

Cleaners, paint, yard chemicals and other materials that should not be shipped can be dropped off at Household Hazardous Waste Collection Point, 810 McClellan Ave., to be used by other residents or properly disposed of.

RECYCLING

Recycling of scrap metal, glass, cardboard and mixed recycling of paper, aluminum and more is offered in the area off W. Warehouse Road south of the stables. E-waste, such as toner cartridges and printers, can also be dropped off at the Fort Leavenworth Recycling Center.

Fort Leavenworth Frontier Housing Communities offers recycling and regular and bulk trash options for residents.

Resources and Links

· On-post housing handbooks, trash and recycling guides from Frontier Heritage

Housing: https://www.frontierheritage communities.com/residents

· Fort Leavenworth Recycling Center: https://home.army.mil/leavenworth/my-fort/all-services/environme ntal-management

· City of Leavenworth Recycling Center: https://www.leavenworth ks.org/publicworks/page/leavenworth-recycling-center

· City of Lansing Curbside Recycling: https://www.lansingks.org/finance/page/ trash-recycling

• City of Platte City Recycling: https://www.plattecity.org/documentlist. aspx?categoryid=12924

· Household Hazardous Product Collection Point: https://home. army.mil/leavenworth/index.php/ my-

https://leavenworth.armymwr.com/pr

· Leavenworth County Transfer Station for household and bulk trash drop-off: https://www.leaven worthcounty.gov/departments/transfer_station/index.php

• Munson Army Health Center for medications: https://munson.tricare. mil/

• Fort Leavenworth Thrift Shop: https://www.facebook.com/Fort-Leavenworth - Thrift - Shop -211189988897157/

· City Union Mission, through partnership and coordination with Fort Leavenworth Frontier Heritage Communities: https://cityunionmission.org

• Fort Leavenworth Stray Facility: https://leavenworth.armymwr.com/ programs/stray-facility, www.FLSF. petfinder. com

• Salvation Army, Leavenworth: https://centralusa.salvationarmy.org/l eavenworth/

• Catholic Charities, Leavenworth: https://catholiccharitiesks.org/wherewework/leavenworth/

 Goodwill, Leavenworth: https:// www.mokangoodwill.org/locations/ goodwill-leavenworth-ks

• HOPE Thrift Store, Leavenworth: https://hopeleav.org/thrift-store/, https://www.facebook.com/HOPEThr ift-StoreLeavenworth/

· Leavenworth Mission Community Store/Food Pantry: https:// lvmission.org/, https://www.facebook.com/ Leavenworth-Mission/

Fort Leavenworth Stray Facility 510 Organ Ave // (913) 684-4939



Adoptions • Volunteer Opportunities

HOUSING **UPDATES**



■ Curbside BULK PICKUP IS NO LONGER AVAILABLE. For large item recycling or disposal, see the options listed in the "PCS purge' resources" article on this page.

■ City Union Mission will be doing PICK-UPS OF GENTLY USED ITEMS June 14 and June 28. Residents will receive an e-mail from FLFHC the week of pickups with a form to sign up.

■ Temporary **ON-POST TRASH BINS** for summer PCS season are at W. Warehouse Road near the Directorate of Public Works, USDB Sales Store and FMWR Horse Stables. Do not leave items on the ground. Residents must load their own items. Follow posted guidelines.

■ To keep streets clear during busy moving season, PARK ONLY IN DESIG-NATED, PAVED AREAS. No parking is allowed on grass, sidewalks, patios or landscaped areas. Recreational vehicle parking is only permitted for up to 48 hours for loading/unloading; longer stays require FLFHC approval and a visible Exception to Policy notice. Garage storage is allowed if the door can close fully. For longterm storage, contact FMWR Outdoor Recreation.

■ CLEAR LAWNS of toys, hoses, bikes, trash, solar lights, fire pits, etc., before scheduled mowing. Mowers will skip areas that aren't cleared. Mowers are not responsible for damaged items. Children must stay away from mowers. Approaching or chasing equipment is prohibited and may delay service.

NOTICE OF HEARING ON AMENDING THE 2024-25 BUDGET

The governing body of Unified School District 207 will meet on the 26th day of June, 2025 at 4:00 PM, at 207 Education Way, Fort Leavenworth, KS, 66027 for the purpose of hearing and answering objections of taxpayers relating to the proposed amended use of funds.

Detailed budget information is available at the District Office and will be available at this hearing.

		Adopted Budge	Proposed Amendment	
		2024-25	2024-25 Budget	
	Actual Tax	Amount of Tax to be	Expenditures &	
Fund	Rate	Levied	Transfers	Transfers
General Fund 06	20.0000	33,390	11,071,595	11,107,183
Special Education Fund 30	0.0000 0 4,000,000		4,500,000	
				11/21

SUMMARY OF AMENDMENTS



SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: https://home.army.mil/leavenworth/about/news



FATHER/SON Scavenger Hunt



Looking to get outside and have some fun?

800 Wainwright St. Fort Leavenworth Geared toward Active Duty Dads with sons ages 12 and under, this FREE event celebrates Dads Make a Difference Month.

There will be multiple outdoor stations where fathers can pass on their knowledge of military training to their sons. Together, they will complete physical activities such as low crawling, archery, and a three-legged race!

Wear outdoor play clothes, sunscreen, and bug spray. Water will be provided.



ntion is required/ Call 913-684-2808/ 2822 to register before May 30

913-684-2496 usarmy.leavenworth.usag.mbx.education@army.mil

Vacation Bible School 2025

U.S.ARMY

WHO:

All families, children (ages 4-11), and volunteers are welcome!

WHAT:

Vacation Bible School (VBS) – A fun, faith-filled experience with Bible lessons, games, crafts, music, and snacks.

WHEN:

August 1–3, 2025 Friday: 1700–2000 Saturday: 1000–1300 Sunday: 800 – 1100 Family Worship & VBS Celebration

WHERE:

MWR

Frontier Chapel & Pioneer Chapel Fort Leavenworth, Kansas

HOW TO REGISTER:

Registration begins 14 JUL 930 - 1600 in-person at Frontier Chapel

Outdoor Pools Open May 23rd!

Join us during our special opening day after school hours! 3 pm - 6 pm

Make it a summer

to remember at

- Sundays: 800 1230 Frontier and Pioneer Chapel
- Monday Thursday: 930 1600 Frontier Chapel
- Fridays: 930 1300 Frontier and Pioneer Chapel

POCs – Directors of Religious Education:

Mr. Carl Tillery, carl.l.tillery.civ@army.mil Ms. Syeeda Echols, syeeda.j.echols.civ@army.mil



Suppose Ducting

Fort Leavenworth 2025 Pool Season

Hancock Pool

Celebrating God's Greatest Giff

Open 7 days a week / when school is not in session 11 am - 6 pm Family Swim Open on Training Days and Holidays

Grant Pool

Open 7 days a week 11 am - 1 pm Adult Lap Swim 1 pm - 6 pm Family Swim Open on Training Days and Holidays

Bernstein Memorial Pool

5 am - 6 pm Adult Lap Swim / M - F Closed on Training Days and Holidays Outdoor Pool Passes Passes must be purchased at Harney \$5 daily admission (cash only at the door) \$120 Family Season Pass for 4 (\$20 each additional member) \$60 for half pass May 23 - July 9 or June 30 - Sept 1

\$40 for Individual Season pass

 Fort Leavenworth's Pools

 Fort Leavenworth's Pools

 Presse check the Fort Leavenworth MWR FB page or call the aquatics center

 at 1913-684-2190 for weather updates and pool closures before you go?

Ike Skelton Combined Arms Research Library





Hiring Our

REGISTER NOW



May 1st - July 3rd Library Hours:

Mon-Thurs: 0700-1700 Fri: 0700-1630 Sat: 0900-1300 Closed Federal Holidays

3rd Floor by appointment

-0



FRONTIER HERITAGE COMMUNITIES JUNE PICKUPS FROM CITY UNION MISSION:

JUNE 14: STANDARD BULK
 PICKUP

 JUNE 28: BONUS BULK PICKUP — TAKE ADVANTAGE OF THE EXTRA OPPORTUNITY TO CLEAR OUT UNWANTED ITEMS!





ANNUAL PACK THE BACKPACK



At Stronghold, we believe that getting ready for the school year should be a time of excitement, not stress, especially for military families who are already juggling the challenges of relocation season. That's why we're proud to host our annual Pack the Backpack event—a heartwarming initiative designed to ease the back-to-school burden and help military families feel supported and send their kids off to school with confidence.

The backpack is customized to fit the unique needs of every child registered. It's more than just school supplies—it's about giving kids the tools to succeed, while making them feel valued and excited for the year ahead.

Each year, we collect school supply lists from local schools to create customized, grade-specific backpacks for every child registered. From crayons for kindergartners to notebooks and graph paper for high schoolers, we ensure that each backpack is tailored to meet the unique needs of every student. Our goal is to support military families by providing not only essential school supplies, but also back-toschool snacks, fresh food, and the tools kids need to succeed—while making the whole family feel valued and excited for the year ahead.



Hiring Our

leroes Fort Leavenworth CAREER SUMMIT JUNE 12, 2025 | 9 AM - 4:30 PM CT



& recruiters

Careers in Administration, Cyber/IT, and Project Management

35+

expected employers

40%

expected offer rate

ngOurHeroes.org/leav

For more than a decade, Hiring Our Heroes has helped hundreds of thousands of transitioning service members, veterans, and military spouses find meaningfu employment through our comprehensive training and hiring events, fellowship , and online tools

@HiringOurHeroes 😝 🙆 in

Military spouse professional development

✓ LinkedIn for veterans & military spouses

10k+

& hiring programs

Frontier Conference Center

The DoD and Service Branches do not endorse any company, sponsor or their products or services

REGISTER NOW



UNITED STATES ARMY COMBINED ARMS CENTER AND FORT LEAVENWORTH SEXUAL HARASSMENT AND SEXUAL ASSAULT RESPONSE WORKFORCE





Ms. Amanda Bonseigneur Lead SARC Office: 913-684-2810 Cell: 913-704-9620 Bldg 197, 632 McClellan Ave



Mrs. Dannielle Rothering Supervisory SARC Amanda.bonseigneur.civ@army.mil Teams: 520-669-3474 Teams: 571-588-0146 Teams: 571-588-0146 Cell: 913-704-5623 Bldg 197, 632 McClellan Ave



SFC Jerri Osborne Team 1 SARC jerri.l.osborne.mil@army.mil Teams: 520-692-6520 Office: 913-684-2842 Cell: 913-565-0741 Bldg 197, 632 McClellan Ave



Team 2 SARC craig.d.arnold.mil@army.mil Teams: 520-692-8849 Office: 913-684-2818 Cell: 913-704-9604 Bldg 197, 632 McClellan Ave



SFC Jacob Roach Team 3 SARC jacob.w.roach.mil@army.mil Office: 913-684-0956 Cell: 913-547-5075 835 Sabalu Rd



Mr. Josh Belle Team 4 SARC joshua.p.belle.civ@army.mil Teams: 520-945-5992 Office: 913-684-5230 Cell: 913-680-5699 Bldg 58, 614 Custer Rd



Located at the corner of **Kearny Avenue and** McClellan Avenue, next to the Post Parade Field

Ft Leavenworth SHARP Resource Center Building 197, 632 McClellan Ave Fort Leavenworth, KS 66027 Contact the team at usarmy.leavenworth.cac.mbx.cac-sharp@army.mil

We Have Realigned Under an Installation Model

AAFES, ACS, AFC, ARI, CDID, Cemetery, CID, CPAC, DeCA, Team 1 DES, DLA, DMPA, FMWR, LRC, MCCoE, MICC, Museum, NEC, PAO, RCI Housing, TDS/SJA, TRAC, USAFMSA, USAG HQ, USASMDC, USD 207, and US STAG CMD.



CAC HQ, CAC-T HQ, MCTP, NSC, STB, TMD, 505th CCW and 500th/67th MP



ACB, MWJRCF, USDB



Army U, CGSC, Dental, DLI, MAHC staff, Patients, SAMS, SOF, TRADOC, Veterinarian, and Other Service Staff tenant personnel





Ms. Nicole Hernandez Victim Advocate Maureennicole.n.hernandez.civ@army.mil Teams: 520-692-9215 Office: 913-684-5230 Cell: 913-544-9243 Bldg 58, 614 Custer Rd

Fort Leavenworth 24/7 SHARP Hotline 913-683-1443 **DoD Safe Help Line** 877-955-5247

> **Sexual Harassment Complaint Reporting Option** Formal | Anonymous | Confidentia **Sexual Assault Reporting Option**

Restricted | Unrestricted | CATCH-Only **Retaliation Reporting Options**

Command | IG | SARC | DoD Safe Helpline | CPAC (DA Civ Only)





WeCare

STEP FORWARD: Prevent. Report. Advocate. Current as of 18 March 2025







ACS Family Advocacy New Parents Support Program Presents **Toddler Time** Playgroup

- Free toddler play group.
- Open to ages 2-3 years old with adult.

 Offers an introduction to preschool routines, explores educational concepts, and builds social skills through hands on experiences and activities.

Wednesdays @ 9:00am

Located at the Army Community Service **Resiliency Center** 600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text 913-297-3212 or 913-297-9704







Free Open to ages 3 months - 3 years old with adult.

Join us for storytime to use our imagination and develop a love of books

Storytime fosters early literacy skills, language development, and social growth.

Every Wednesday @ 10:00 am

Located at the Army Community Service Resiliency Center 600 Thomas Ave. Fort Leavenworth, Kansas **Registration required call or text** 913-297-3212 or 913-297-9704



Ages 3 months – 3 years with Guardian • Resiliency Center

Free play group for ages 3 months - 3 years and their parents/guardians.

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.

ww.facebook.com/acs.fortleavenworth

Army Community Service | Resiliency Center | 600 Thomas Ave. | Fort Leavenworth, Kansas Registration required, cut off is day before event (913) 297-3212 or (913) 684-2800

f



Get their wiggles out and join in some baby giggles!



Take a moment to connect with other parents! Babies learn through play! So let's get on the floor and explore!

For more info or to register call 913-297-3212/ 9704

Now offering new class





MWR)

Come on out to the SKIES Open House!

JULY 24 2025 5:30pm - 7:00pm

LET'S 60!

SKIESUnlimited offers a variety of classes for Children and Youth conveniently located right here on Fort Leavenworth! Instructors in Theater, Taekwondo,

Ballet, Jazz & Tap, Gymnastics, Violin, Guitar, Ukele, and Piano will be available to meet families and answer questions!

Take in the charm of the historic Patch Community Center while enjoying free light refreshments and meeting our talented instructors!

Patch Community Center 320 Pope Ave Fort Leavenworth, KS

For more info call: 913-684-3207 or text: 913-704-7595



SKIES Building / 320 Pope Ave / Ft. Leavenworth, KS Make magical memories this **Ballerina Tutu Camp*** summer with our new June 3 - 5 **Ballet Summer Camps!** Bring your own tutu or borrow one from SKIES! Ages 3 - 4 *Can't bear to part with your 4:30pm - 5:15pm tutu at the end of Ballerina Tutu Ages 5 - 10 Camp? SKIES has a variety of tutus 5:30pm - 6:15pm available to purchase for only \$50! Tutu purchase is not required to attend camp, sales are first come, first served* It's Still Summer Dance Camp July 29 - 31 No dress code required! Come as you are and get ready to dance!

Ages 3 - 4 4:30pm - 5:15pm Ages 5 - 10 5:30pm - 6:15pm

Enrollment is open now Must be registered with Parent Central Call for more info 913-684-3207



Thursdays Ages 6 - 12 at 4pm Ages 6 - 12 at 5pm Joint class w/ Parent

Tuesdays &

Brand new, fun, and physical classes taught by a certified black belt in Tae Kwon Do. ENROLLMENT IS OPEN NOW!

or Guardian

Gruber Fitness Center Martial Arts Room 200 Reynolds Ave Ft. Leavenworth, KS

Must be registered at Parent Central to attend classes Classes will remain open until full Call for more info: 913-684-3207

Come get a kick out of Tae Kwon Do!

Leavenworth.armymwr.com

Worlds of Fun 🍩

Purchase @ Leisure Travel Services **310 McPherson Ave** Bidg 464 913-684-2580

\$93.25 a pass





\$36 a Camp limited spaces

enroll

today

*

MWR

Come Experience GOLF COURSE

- **Pristine Course**
- Pro Lessons
- **Tournament Packages**
- Simulator And much more!

Visit the Fairway Grille and the Pro Shop! Conveniently located in the Clubhouse.

> 306 Cody Rd Ft. Leavenworth 913-651-7176 Foringicke

Veterans DIAL 988 then PRESS



SKIESUnlimited



It takes strength to reach out for support.

FORT LEAVENWORTH LAMP



All ages welcome! FREE for the entire family including shoes!

Sept 17 • Oct 22 • Nov 12 • Dec 3

Time: 6PM • Restaurants TBD

house without the kids and meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.

* 💟 🇶 🍪

0-3 years of age to get out of the

Program for Dads of children

Childcare, food, and drinks are not provided.

For Dads with children 0-3 years old.

For more info: (913) 297-3212 or (913) 684-2800

Childcare, food, and drinks are not For Moms with children 0-3 years old.

Info: (913) 297-3212 or (913) 684-2800







ARMY COMMUNITY SERVICE LOAN CLOSET FORT LEAVENWORTH, KANSAS 913-684-2830/2800

Who: All Active Duty, Retiree, DA Civilian and their family members who are either perma party, TDY or PCSing.

When: M-F 0730-1630

Where: 600 Thomas Avenue (Pull into the Alley behind the ACS building and call the numbe the black sign.

Rules: Loans are limited to 30 days for in and out- processing personnel. This can be exten by phone if needed. Checkout of items for an event is limited to 10 days. Customers are responsible for replacing any item that is damaged or lost.

Items available

Spagn. Tongs

Whisks

Veggie Steamers

Pre-Packed Kitchen Kit:

1 Bowl (mixing) 1 Pitcher 1 Colander 1 Cutting Board 1 Skillet 1 Large Kitchen Knife 1 Large Kitchen K 4 Steak Knives 1 Peeler 1 Cookie Sheet 2 Serving Spoons 1 Spatula 4 Plastic Glasses 2 Pots with Lids 4 Plates 4 Bowls 4 Coffee cups 4 Forks 4 Spoons 4 Knives 1 Can Opener 1 Set of Measuring Spoons 1 Measuring Cup 1 Pot Holder

Additional Items Available: Cheese Graters Pizza Cutters Spaghetti Servers Plates Bowls Coffee Cups Blenders Coffee Makers Crock Pots Glass Baking Dishes-Rectangle Glass Baking Dishes-Circle Muffin Pans Hand Mixers Loasters Rice Cookers Microwayco Indoor Grills Large Kitchen Knives Mixing Bowls Skillets Pots with Lids Electric Skillets Panini Grills Plastic Glasses Utensils

Square Tables Circle Tables Folding Chairs Strollers Baby Gates Booster Seats Cribs High Chairs Pack and Play Laundry Baskel Laundry Baskets Sleeping Mats Irons Ironing Boards Trash Cans



Victim Advocate Hotline: (913) 684-2537 Child Abuse Hotline: (913) 684-2111 SHARP Hotline: (913) 683-1443 Chaplain: (913) 683-1443 **AER Assistance After Hours:** American Red Cross at (877) 272-7337







V 🍪 🏝

CYS is

Hiring

BOODAM DIDECTODY

03 FEB 2025

	ogkam di	REGIC	
Program	Staff Nember	Office Phone	Intell Address
Director	Vacant ACS Director	913-684-2837 913-683-9069	
AER (Army Emergency Relief)	Red Cross 24/7 Hotline (Request AER Assistance)	877-272-7337	Duty Hours: 913-684-2800
Relocation Readiness, Mobilization & Deployment, Loan Closet	Reagan Sawyer ACS Manager	520-692-6153	reagan.e.sawyer.civ@army.mil
EFMP (Exceptional Family Member Program)	Charise Risper ACS EFMP Manager	520-692-6363	charise.m.risper.civ@army.mil
	EFMP Systems Navigator (Contractor)	913-684-2838	
Employment Readiness	April Rogers ACS Employment Readiness Program Specialist	520-692-6250	april.m.rogers6.civ@army.mil
SOS (Survivor Outreach Services)	Gregory Bailey SOS Coordinator	520-692-6179	gregory.t.bailey8.civ@army.mil
Family Advocacy Program	Jayme Robinson ACS FAP Manager	520-692-6303 913-547-2512	jayme.e.robinson.civ@army.mil
	Reve' Montour ACS FAP Specialist	520-692-6378	reve.m.montour.civ@army.mil
	Tammy Rita FAP Site Coordinator	520-692-6323	tammy.r.rita.ctr@army.mil
Victim Advocate 24/7 Hot- line		913-683-2537	
Financial Readiness	Josephine Woods Financial Readiness Program Manager	520-716-4951	josephine.woods3.civ@army.mil
	Marco Miros Personal Financial Counselor	816-500-3163	mirosm@magellanfederal.com
Information and Referral	Shaleena Thomasson ACS Specialist	913-684-2800 520-715-7984	shaleena.d.thomasson.civ@arm y.mil
MFLC (Military & Family Life Counselor)	Rachelle Huddleston Adult MFLC	256-749-7169	
	Julian Brown Adult MFLC	571-497-9321	
NPSP (New Parent Support Program)	Amy McCauley New Parent Support Home Visitor	913-297-3212	amy.r.mccauley.ctr@army.mil
NPSP (New Parent Support Program)	Terra Garland New Parent Support Home Visitor	913-297-9704	terra.g.garland.ctr@army.mil
Operations Support	Madelaine Wise Operations Support Assistant	913-684-2800 520-942-2644	madelaine.t.wise.civ@army.mil





door be alert for bicyclists • When paralleling a sidewalk and



ARMY COMMUNITY SERVICE 600 Thomas Ave, Bldg. 198, Fort Leavenworth, KS 66027, (913) 684-2800/4357 Monday—Friday 0730-1630

EMPLOYMENT READINESS PROGRAM (ERP): 913-684-2835

planning and exploration, resume writing, federal emp ent. and interview skills. Classes held EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP): 913-684-2871 Supports family members with special needs by providing information, referrals, and personal services. Play groups, Lego Club and recreational bowling are available to join.

- FAMILY ADVOCACY PROGRAM (FAP): 913-684-2808/2822 Focuses on the prevention of domestic violence and child abuse/neglect. Seminars, workshops, and counseling are offe help improve quality of life.
- Victim Advocate (VAP) provides initial contact and advocacy for victims involved in abuse. Services include (assistance, information, referrals, and support in accessing medical, legal, and behavioral health services. 24/7 Victim Advocate Hotline- 913-684-2537

New Parent Support Program (NPSP) offers emotional support, parent education, and referrals to expecting parents and parents with children ages 0-3. 913-684-2873/2845

FINANCIAL READINESS PROGRAM: 913-684-2852 tance in consumer issues, fi nancial, planning, family budgeting, and debt manager Education, information, and assist Army Emergency Relief (AER) assists Soldiers and their families members in emergency financial situations in the form of loans and grants.

INFORMATION, REFERRAL, & FOLLOW-UP (IR&F): 913-684-2800 Information counseling about Army Community Service (ACS) programs, installal after referrals have been made to appropriate resource.

MILITARY FAMILY LIFE COUNSELOR (MFLC): 913-375-4732/571-497-9321 Licensed professionals who assist Soldiers and family members with non-medical counseling to address short-ler and issues of rhailvi life

RELOCATION (RELO): 913-684-2830

- Supports Soldiers and family members moving to or from another duty station. In-processing and out-pro each week. essing briefs are held
- Loan Closet offers kitchen and other household items that can be borrowed for up to 30 days

ars of the Army Family by offering o

Mobilization and Deployment helps to better prepare Soldiers and families for a pending deployment

English as a Second Language (ESL) offers multi-level conversational English classes

SURVIVOR OUTREACH SERVICES (SOS): 913-684-2821 Supports families of Fallen Soldiers. Reassures survivors they remain ing, support groups, and events within garrison and surrounding area.

VOLUNTEER MANAGEMENT: 913-684-2835

Employment Readiness Program Classes ACS Classroom • Resiliency Center, 600 Thomas Ave. Wednesdays • 12PM - 2PM* Resume Writing: • Feb 12* • Mar 12* • Apr 9* May 7* • June 11* lan 8* **Evening Classes:** Apr 9 • May 7 • June 11 - 5PM - 7PM on required for evening cla Federal Employment: Jan 15* • Feb 19* • Mar 19* • Apr 16* May 14* June 18* Evening Classes: Apr 16 • May 14 • June 18 - 5PM - 7PM Registration required for evening classes N 🗆 Interview Skills & Professionalism: Jan 22* • Feb 26 * • Mar 26* • Apr 30* May 21* • June 25* Scan QR Code for more info! *Classes are from 12PM - 2PM* Evening Classes: May 21 - 5PM - 7PM Registration is required for evening classes only. Open to DoD ID card holders. For more info call: (913) 684-2800



Child and Youth Services today! up? Get paid to play! to level Medical, Dental, Vision, & Life Insurance Benefits* Retirement & 401K Regular Full-Time/ Part-Time and FLEX Hours Available Ready Paid Leave and Paid Federal Holidays for Full-Time & Part-Time Career Progression & Paid Training Priority Child Care Placement & Employee Child Care Discounts Access to Commissary & AAFES Shopping Privileges & MWR Facilities Job Transfer Program Worldwide Through Civilian Employment Assignment Tool *Conditions Apply 📩 💟 🍪 🎎 🤽 Scan here to apply! nyMWR.com/cyscare

Great Pay!

Amazing benefits! What are you waiting for?

Apply to Fort Leavenworth



Supervision of Children or Home Alone Policy Per CAC Supplement to Army Regulation 608-18

tory of Attention Deficit Hyperactivity Disorder (ADHD pmental Delay, behavioral problems ild not be given the degree of self-in this policy.

HOME ALONE?

- Birth to 9 years old NEVER Ages 10 A 11 Can be left up to 2 hours with an emergency plan in place and access to an adult (NEVER everyinght) but not dropped off at F&MWR without adult supervision Ages 12 to 14 Up to 3 hours with an emergency plan in place and an adult checking an them in person or telephonically NEVER everyinght) Ages 15 to 17 Up to 6 hours (NEVER overwight) with an emergency plan in place and access to an adult

- Birth to 11 years old NEVER Ages 12 to 14 Must have completed a CVS approved babysitting cour checking on them every 3 hours in person or telephonically (NEVER ove Ages 15 to 17 Must have completed a C/S approved babysitting cour rs with ready access to adult supervision (NEVER overnight)
- irse. May babysit up to 6

UNATTENDED TN VEHTCLE2

Birth to 9 years old - NEVER Ages 10 and older - Yes under normal w

- 0 UNATTENDED OUTSIDE?

- Birth 4 years Direct supervision, NEVER LEFT ALONE Ages 5 to 6 Immediate supervision, MUST be within eyesight or hearing distance from respond to an emergency. In 30 seconds Ages 7 to 9 Monitored supervision, If in a playground or yard access to adult supervision at all times Ages 10 at 11 Self-care supervision up to 2 hours with access to adult supervision Ages 12 to 14 Self-care supervision up to 2 hours with access to adult supervision Ages 15 to 17 Self-care supervision up to 6 hours Ages 10 to 17 Self-care supervision up to 6 hours
- Kindergarten must be accompanied by an adult to and from school 1st Grade and above May walk to and from school and supervised activities alone During school year children 9 & younger must be escorted across heavy traffic road



ent during the following time periods.)

8



- 0
- BABYSITTING?

where drivers expect pedestrians • Wear bright or reflective clothing during reduced visibility so drivers can see you

making a right turn, be sure to check your right rear

Other Government Agency Scams – Within a month of the est the Department of Government Efficiency (DOGE), scammers targeting government personnel with DOGE themed scams.

- Bear in mind that the IRS does not text taxpayers; the IRS contacts taxpayers through the U.S. Postal Service unless in special circumstances wherein taxpayers would be contacted by phone.
- Do not click on links received in text messages, or reply to text messages, if the sender is unknown or the messages

and younger is 2230-0600 and 17 is 0030-0400

acy Program Manager (FAPM) at (913) 684-2822, Behavioral Health at (913) 684-3) 684-3456 of Children and Home Alone Post Policy please contact the FAPM.

19 Oct 21



Calling all Units and Organizations, Scouts, ROTC, Students. . . WE'RE BACK - but we need your help!!! It takes a village to keep a village going! Be a part of making Fort Leavenworth The Best Hometown in the Army!



Call (913) 684-2736 to Volunteer at the Theater today!

THINK OPSEC

If you wouldn't post it up here...



DON'T share it out there





310 McPherson Ave

913-684-3373

Paint & Sip

\$35

Must be 21

years or older.

BYOB

Two Toucans

Friday, June 13

6pm - 8pm

Flower Crown Cow

Friday,

May 9

6pm - 8pm

Jellyfish

May, June & July

Workshops

Watercolor

\$30 per workshop pre-registration required

Watercolor (Landscape 1) Tuesday, May 13 6pm - 8pm

Watercolor (Landscape 2) Tuesday,

Tuesday, June 3 6pm - 8pm Watercolor by the

Watercolor by the

Lake (plein-air)

May 20 6pm - 8pm Lake (plein-air) Tuesday, June 10 6pm - 8pm

Framing

\$40 per class

Intro to Framing *Must pre-register

Fridays May 9, June 13, July 11

Saturdays May 24, June 28, July 26 10am - 2pm

10am - 2pm

scan for more info

Call now to register! 913-684-3373



Modern Calligraphy=

Basics

\$20 per class

Tuesday July 15

6:30pm - 8pm Special Projects

Birthday Cards Tuesday July 29 6:30pm - 8pm

Acrylic

\$35 per class

Acrylic Pour Wednesday, July 30 11am - 1pm



Intermediate

\$20 per class

Tuesday July 22 6:30pm - 8pm



Crafts

\$35 per class

Patriotic Wooden Sign Tuesday, May 13 1pm - 3pm Friday, May 30 11am - 1pm

Flower Wreath Tuesday, June 10 11am -1pm Thursday, June 19 6pm - 8pm



MWR

Come see what's new at the Studio!

leavenworth.armymwr.com

May, June & July

Kids Weekly Classes

Messy Art

\$12 per class

Ages 7+

Thursday May 15 10:30am - 11:30am

Thursday May 29 10:30am - 11:30am

Thursday June 26 10:30am - 11:30am

Thursday July 10 10:30am - 11:30am

May 8 10:30am - 11:30am

Thursday May 22 10:30am - 11:30am

June 5 10:30am - 11:30am

June 19 10:30am - 11:30am



Summer **Studio Days**

\$15 per class

Kids Ages 6-11 **Tuesday - Friday**

Kids Summer Events

Crafts

Mother's Day Gift

10:30am - 12pm

Father's Day Gift

10:30am - 12pm

\$20 per craft

& Card

May 1

& Card

June 12

Thursday

Thursday

Art History

\$15 per class (ages 7+)

Muffins & Michelangelo Wednesday May 14 1pm - 3pm

Rocket Pops & Ross Tuesday June 17 1pm - 3pm Wednesday June 18 11am - 1pm

Color Me Happy

Parent & Toddlers

\$10 per class

Thursday

Thursday

Thursday







th from 10am - 2pm

Every 4th Saturday of the month from 10am - 2pm

Deadline to register is the day

efore class. Ages 18+

available for all of your framing needs!

Military Prints Art Projects **Photography Prints Graduation Certificates** Etchings/Engravings Restoration



Step 3: Stay in the know!



WE ARE THE ARMY'S HOME | HOME.ARMY.MIL | ARMYMWR.COM





MASS TIMES Pioneer Chapel Tuesday - Friday 1200

Frontier Chapel Sunday 0930

Pioneer Chapel Tuesday - Friday 1130-1200 Frontier Chapel Sunday 0830-091

CONFESSIONS

PASTORAL ADVISORY COUNCIL MEETING The Pastoral Advisory Council meetings, held the first Tuesday of the month, are open to all congregation members who would like to provide input regarding upcoming events and future volunteer needs of the community.









ne2025 SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY SATURDAY FRIDAY 0830 - Confess 400 - Kids v. Arek Soc (at pitch by airfie 12 14 10 0830 - Confess 0930 - Mass (F) 1 21 16 17 19 24 27 28 23 29 30 The Frist Martyrs of See of Rome Frontier Chapel (F) Pioneer Chapel (P)



IG: @campuslifefortleavenworth

(605) 569-3820 / sodle@yfc.net







PCSing overseas with pets?

Fort Leavenworth Stray Facility

Second Saturday is **Back!**



Every second Saturday of the month

We're back to being open every 2nd Saturday of the month for visitation and adoption/fostering of the animals at the facility!

You can find all of our adoptable pets at: www.petfinder.com Fort Leavenworth

fortleavenworthstrayfacility@gmail.com

913-684-4939

510 Organ Ave Fort Leavenworth, KS 66027



PCS Prep: OCONUS & Pets

Planning a PCS move with pets somewhere outside the continental United States?

Contact the Fort Leavenworth Veterinary Treatment Facility at 913-684-6510 to discuss requirements to take your pets overseas, to include Hawaii and Alaska.

There are different requirements based on location, and in some cases it is necessary to begin the process to obtain a health certificate for your pet months in advance

Contact the Fort Leavenworth Veterinary Treatment Facility for more information at 913-684-6510.

Food, Music, & Fun begin at 6PM

Location: Merritt Lake Music begins at 6PM • Salute to the Union at 8PM

> Spectacular Fireworks Show at Dusk **************

> > IHG ADATELS

Saint Jo Hospital

Thank you to our Spor

THE STATION For more info: (913) 684-1674

Richard Allen Cultural Center &

Museum

AUGUST 2, 2025

Transon

SAVE THE

DATE

WORTH

Volunteers Needed

Love history? Enjoy interacting with people? This volunteer position is for you!

The Frontier Army Museum is searching for front desk volunteers. Volunteers will greet guests, answer questions, and perform additional tasks as needed.

Tuesdays (9-3), Fridays (9-3), and Saturdays (10-3) Hours are flexible. 16 and older.



Please contact Megan Hunter if interested megan.m.hunter4.civ@army.mil

> **Frontier Army Museum** 100 Reynolds Ave Fort Leavenworth, KS



BRUNNER RANGE 2025 SPECIAL FUN SHOOTS

16 April	Rod & Gun Club
26 April	VFW Post 12003
17 May	Lil Weenie
21 June	Club Championship
19 July	One Gun/ One Choke
16 August	Shuck n' Chuck

History Brunch: The Four Chaplains

Saturday, June 14, 2025 10:30AM – 11:30AM Frontier Army Museum 100 Reynolds Avenue, Fort Leavenworth, KS, 66027, United States (map)



Four recent graduates of the Army Chaplain School boarded the SS Dorchester with about 900 other military personnel on 23 January 1943 bound for Europe during World War II. Their story of faith and sacrifice will be discussed during this presentation. Presented by Dennis Bra

Griffin Gardens Greenhouse **Opening April 21st!**

Monday, Wednesday, Friday (closed 2nd Wed for training) 1300 - 1500



20 September	American Legion Post 411
15 October	Rod & Gun Club
18 October 🗾	Lil Weenie

Contact Brunner Range for more information (913) 651-8132



ARMY EMERGENC P ANNUAL CAMPAIGN MARCH 1 - JUNE 14

iver

EBRATES THE U.S. ARMY'S **250 YEARS OF BRAVERY AND SERVICE**

HONORING THE PAST 1775 - 2025 SECURING THE FUTURE



FORT LEAVENWORTH LAMP

THURSDAY, JUNE 5, 2025



Starting May 3rd, 2025

Fort Leavenworth Group Fitness Classes

GRUBER FITNESS CENTER-200 Reynolds Ave. - 684-5120 Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530						
0900						Power Yoga (Kim)
0930		Zumba (Lydia)		Zumba (Lydia)		
1200						
1630		Zumba (Lydia)	Power Cycling (Kim)	Zumba (Lydia)		
1700	Power Yoga (Kim)					

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190 Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

*Power Cut classes are held in the Bubble Gym



Single Ticket For \$5.00 10 Tickets For \$45.00 20 Tickets For \$80.00



https://leavenworth.armymwr.com

Youth Sports & Fitness Camps Registration starts April 14:

FITNESS June 9 - 12 Cost \$40				
Age Groups	Time			
5 - 8 yrs 9 - 14 yrs	0900-1000 1000-1100			
BASEB	ALL			

July 14 - 17 Cost \$40

Age Groups	Time
5 - 8 yrs	0900-1000
9 - 10 yrs	1000-1100
11 - 14 yrs	1300-1400

BASKETBALL July 21-24 Cost \$40

Age Groups	Time
5 - 8 yrs	0900-1000
9 - 10 yrs	1000-1100
11 - 14 yrs	1300-1400

leavenworth.armymwr.com

CHALLENGER SPORTS SOCCER CAMP

Camps run Monday - Friday

June 2 - 6 / July 7 - 11 / July 28 - August 1

Age Groups	Time	Cost
3 - 4 yrs	0900-1000	\$110
5 - 6 yrs	1030-1200	\$125
7 - 9 yrs	0900-1200	\$165
10-14	0900-1200	\$165

Enrollments will end on the first day of each camp. Challenger Sports Soccer Camp enrollments can only be done at CYS Parent Central. Fitness, Baseball, and Basketball Camp enrollments can be completed at Parent Central or with Webtrac if participant is centrally registered.

> Call 913-684-7525 / 7526 for more information









frontierccu.org (913) 651-6575







lef offering 100% grants for emergency travel

Effective Jan. 1, 2025, AER will provide full travel grants for active-duty Soldiers and eligible Family members.

Go to ArmyEmergencyRelief.org for more information.





longer available in the community. Per CYS Regulation, CYS will not require proof of Influenza vaccination at this time.



Suspended registrations (for this reason) have been updated to Active status & are now eligible to enroll again.

Parent Central Office 913-684-5138 or 4956



FORT LEAVENWORTH SCHOOL DISTRICT CURRENT OPENINGS:

- Special Education Para Educators
- Accounts Payable
- Assistant Director of Special Services
- Full-Time Bus Driver
- Full-Time Bus Aide

WE ARE NOW ACCEPTING APPLICATIONS FOR THE 2025-26 SCHOOL YEAR! ---->



COMMUNITY

SERVICE

(913) 684-2 , FAP, ERP, AER, M

Hunt Lodge (913) 684-1830

Stables and Hor (913) 684-1703

Stray Facility (913) 684-493



FORT LEAVENWORTH FMWR ARMY CHILD AND YOUTH SERVICES

913-651-7373

Parent Central and Outreach Services (913) 684-5138 Youth Sports and Fitness (913) 684-7525 SKIESUnlimited (913) 684-3207

> RECREATION Haney Sports Co. (913) 684-2190 Brunner Range (913) 651-8132 Auto Crafts (913) 684-3395 Gruber Gym (913) 684-5120 Rod & Gun Club (913) 684-2035 Outdoor Equipn (913) 684-3395

BUSINESS OPERATIONS Strike Zone (913) 651-2195 12th Brick Grille (913) 684-2293 Trails West Golf Course (913) 651-7176 RV Storage & POV Lot (913) 651-7176 Frontier Conference Clean Paws Pet W (913) 651-7176 Center (913) 684-3825



Stewarding the Professions THE HARDING PROJECT

Creed join our host <u>FIC</u> Lisa Becker to talk about The Harding Project. They discuss how Army Professionals advance the Profession of Arms through professional writing and discourse. They examine myths of writing, tips to get better at writing, and writing initiatives within The Harding Project.

Now available on.

Audible.com

or. Trent Lythgoe, and COL(R) Rich

NOW OPEN Fort Leavenworth Care Options for Summer 2025 & School Year 2025-2026

Request Before/After School Care & SAC Camps all year round



MILITARY CHILDCARE

Using MilitaryChildCare.com, you can find comprehensive information on child care programs worldwide, conduct a customized search for the care you need, and submit a request for care at any time and from any location. Follow these four steps!

CREATE ACCOUNT Go to MilitaryChildCare.com to create an accor containing information about your family, or to login using an existing username and password.

SEARCH and REQUEST CARE Search the system for the child care options that best fit your needs and submit your requests for care.

MANAGE MY REQUESTS You can manage your requests for care from anywhere in the world.

UPDATE MY PROFILE Keep your My Profile page up-to-date with important information.

8808

Don't know what Care Options to request?

Prior to making Requests for Care, go to CYS Facebook or FMWR-CYS website to review flyer:

2025 Fort Leavenworth Care Options & Waitlists

MilitaryChildCare.com

call: 855.696.2934



LTC Zach Griffith

Apple Podcast

Donation Day FAQs

Spotif

1) When is Donation Day?

Donation Day is every 2nd Saturday of the month. Please have items for donation out before 8:00 a.m.

- 2) Where can I donate items?
- Items can be left on the curb in front of your home. Please place items in a clear bag or box clearly labeled FOR DONATION.
- 3) What items can I donate?

City Union Mission will take donations of household goods, clothing, toys, etc. Furniture will also be picked up, as long as it is in good condition for resale

4) What will happen in the event of inclement weather? Please follow us on Facebook for updates to the community

COMMUNITY MANAGEMENT OFFICE: (913) 682-6300

MUNSON NOTES

MUNSON NOTICES

■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are EL-**IGIBLE TO USE THE ARMED FORCES** WELLNESS CENTER FOR FREE. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit https://dvidshub .net/r/8wttlf.

■ The NUTRITION CARE DIVISION offers a broad range of nutritional services designed for service members, families, and retirees. Individual Nutrition Therapy and Group Nutrition Therapy are available, and include the Body Composition Program, Weight Control Program, Prenatal Nutrition and Wellness for Life. Call the appointment line at 913-684-6250 to schedule an appointment with MAHC's registered dietitian.

■ SEASONAL ALLERGY MEDICA-TIONS are available from the MAHC Pharmacy at no cost. Simply come to the pharmacy and fill out the OTC request form. Pull a ticket and you'll be called to activate your request. Then you can sit and wait until your meds are ready, or if you choose to return later in the day, you can just process to Window 7. At MAHC, Military Health System beneficiaries can pickup two over-the-counter medications without a prescription per person per week from the pharmacy with no out-of-pocket expense.

■ MEDICAL APPOINTMENT CHECK-IN: Please arrive 15 minutes prior to your appointment to complete any required paperwork and bring the following items: DoD ID card; list of current medications including over-the-counter meds, vitamins, and supplements; any relevant paperwork or forms; and a list of questions or concerns. If you are not able to make your scheduled appointment, call the appointment line at (913) 684-6250 to cancel.

TriWest PATIENT PORTAL

Register for an account to manage off post specialty care

- Referrals
- Authorizations
- Provider Directory
- 🗸 Case Management

LEARN MORE

https://tricare.triwest.com/en/beneficiary



■ Munson Army Health Center is looking for volunteers to join the **PATIENT AND FAMILY PARTNERSHIP COUNCIL**. Volunteers can be active-duty, active-duty family members, retirees or retiree family members. The PFPC meets quarterly. If interested, call 913-684-6211/6127.

■ Munson Army Health Center Pharmacy offers patients a variety of **OVER-THE-COUNTER MEDICATIONS AT NO COST** to service members, retirees and familiy members. These items are available without a prescription or medical appointment. These self-care items are comparable to those available for purchase from retail stores and include pain relievers, cough medicine, allergy medication, antibiotic ointment, lice treatment and much more. Visit https://munson.tricare.mil/Health-Services/Pharmacy and scroll down to the Over-the-Counter Medication Program for details.

■ Call 913-684-6250 to schedule a **WELL-WOMAN EXAM** at Munson Army Health Center.

■ Munson Army Health Center is currently scheduling **ROUTINE EYE EXAMS** with the optometrist for school-aged beneficiaries ages 6 years and older. Call the appointment line at 913- 684-6250 to schedule an eye exam.

MUNSON NOTES continue on page B12.

Measles: It Spreads Before You Even See It.





MUNSON NOTES

Safely dispose of expired medications before PCSing



Safely dispose of old and expired medications before your move.

Munson Army Health Center's medication disposal receptacle is located in the pharmacy lobby near Window No. 1 for patients to discard the majority of their unused medications.

Several exclusions apply, including syringes, needles, and liquids greater than 4 ounces.

If a dangerous medication is on the FDA Flush List and a drug take-back program is not available, patients can dispose of the medication by flushing it down the toilet to avoid misuse and accidents.

Learn more at https: //munson.tricare.mil /Health-Services /Pharmacy.

Munson Army Health Center





913-684-6250

Patients must provide required forms for their school or organization. Contact your school or organization for the current form.

Call 913-684-6250 to schedule munson.tricare.mil

OUR OPTOMETRIS

Drick Waller

STAY HYDRATED THIS SUMMER

Proper hydration allows your body to cool down during the hot summer months.

MEET YOUR WATER GOALS!

Carry a water bottle for easy access on the go Choose water instead of sugary drinks when eating out Add fruit to your water to give it flavor



Referral approval waiver:

Referral approvals are waived through June 30.



5 A

MUNSON ARMY HEALTH CENTER **Call Center** 913 684-6250

- Primary Care
- Dental
- Optometry
- Mental Health
- Medical Records
- Pharmacy
- Referrals
- Nurse Advice Line
- More

munson.tricare.mil





CONTACT US | Phone: 913-684-5267 | E-mail: ftlvlampeditor@gmail.com | On the Web: https://home.army.mil/leavenworth/about/news

Read all about it — online! HTTPS://HOME.ARMY.MIL/ LEAVENWORTH/ABOUT/NEWS



- News
- Community Features
- Pet of the Week
- Upcoming
 Events
- and more!

BONUS! Printable "old school" newspaper layouts included with every story and photo package!

Scan the QR code with your phone to go directly to HTTPS://HOME.ARMY.MIL/ LEAVENWORTH/ABOUT/NEWS to read/print/download the *Fort Leavenworth Lamp*.

E-MAIL: ftlvlampeditor @gmail.com

EDITORIAL OFFICE: 913-684-LAMP ADVERTISING: 913-684-1702



The *Fort Leavenworth Lamp,* an FMWR activity, needs sponsors/advertisers to exist! Please support your local newspaper! Thank you!