

THURSDAY
JANUARY 11, 2024



LAMP

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

CONTACT US | Phone: 913-684-5267 | E-mail: ftlvlampeditor@gmail.com | On the Web: <https://home.army.mil/leavenworth/about/news>

Ice, snow, cold so far in 2024



Submitted photo by Katie Skrmetta

Rain followed by four inches of blowing snow and icy conditions earlier this week resulted in three snow days for schools, which equalled sledding for many post children and teleworking for much of the Fort Leavenworth workforce. Additional snow and plunging temperatures are expected tonight through the weekend.

AT A GLANCE

■ The URL for the FORT LEAVENWORTH GARRISON FACEBOOK page has changed from <https://www.facebook.com/ftlvn/> to <https://www.facebook.com/USAGLeavenworth/>.

■ Wallace Landscaping will be picking up DISCARDED TREES and disposing of them daily in housing areas through Jan. 15. Be sure there are no items on the tree as they will be taken to recycling for mulch.

■ The Leavenworth Branch of the NAACP is hosting a MARTIN LUTHER KING JR. DAY CELEBRATION with readings and singing at 6 p.m. Jan. 15 at the First United Methodist Church, 422 Chestnut St. in Leavenworth.

■ The ARMED FORCES WELNESS CENTER NEW YEAR CHALLENGE is now through March 31. Call 913-758-3403 or email patricia.g.allen9.ctr@health.mil for more information.

■ The SATURDAY MORNING YOUTH BOWLING LEAGUE, with divisions for ages 3-5, 6-9 and 10-18, starts Jan. 13 at Strike Zone Bowling Center. Call 913-684-2195 for more information.

■ The FORT LEAVENWORTH STRAY FACILITY, 510 Organ Ave., WILL BE OPEN from 9 a.m. to noon Jan. 13 for "Second Saturday" to allow potential adopters to meet/adopt adoptable pets. Call 913-684-4939 for more information, email fortleavenworthstrayfacility@gmail.com for an adoption application, and visit FLSF.petfinder.com for profiles of pets currently available for adoption.

■ The FORT LEAVENWORTH THRIFT STORE, 1025 Sheridan Drive, WILL BE OPEN 9 a.m. to 2:30 p.m. Jan. 13 for "Second Saturday." Call 913-651-6768 for more information.

■ Fort Leavenworth Thrift Store COMMUNITY WELFARE GRANT APPLICATIONS are now available at the cashier's counter at the Thrift Shop from 9:30 a.m. to 2:30 p.m. Tuesdays, Wednesdays and Thursdays at 1025 Sheridan Drive. Deadline is Feb. 27.

■ Applications for the Poillon and other SCHOLARSHIPS are available at the Army Education Center, 120 Dickman Ave. Additional scholarships are available through local organizations. See page A2 for information on scholarship opportunities for family members of Command and General Staff College alumni.

Christmas Bird Count conducted on post

by Neil Bass/Natural Resources Specialist

On Dec. 29, 2023, Fort Leavenworth participated in the annual Christmas Bird Count as part of the greater Leavenworth observation area, a predesigned 15-mile diameter circle, with the installation's acreage encompassing less than about 5 percent of that area.

The Fort Leavenworth Natural Resources Branch staff member Neil Bass and volunteer Brian Voorhees began the post survey around 8:30 a.m. and continued until about 12:30 p.m. The results for this effort were 29 species recorded and 1,891 individual birds observed. The species observed ranged from a bald eagle to Canada and snow geese, down to the smallest tufted tit-

mouse. Some of the birds observed, including the red-headed woodpecker, are on the Partners in Flight Priority Species list.

The count covered most of the fort's various habitats. Observations were taken for common birds in parts of the housing areas. Smith and Merritt lakes were checked to get goose numbers up. Chief Joseph Loop was driven to see birds along the Missouri River, in grasslands and on the edge of the riparian forest. Walks were taken into the floodplain forest and the upland forest to find other birds from those habitats.

The Christmas Bird Count is a large citizen scientist program. The first Christmas Bird Count began on Christmas Day 1900 with 26 participants on 25 counts that took place in 13 states and two Cana-

dian provinces. Now the Christmas Bird Count is done in all states, Canadian provinces and many other countries around the world.

A Christmas Bird Count takes place in a predesigned 15-mile diameter circle, and the count occurs between Dec. 14 and Jan. 5. This data is compiled with other circles in the same state. Christmas Bird Count data has been used by more than 400 different scientific studies. The latest Christmas Bird Count has grown to 706 reported counts and more than 10,446,000 birds counted.

Citizen science is a fun and useful way for citizens and scientists to work together to collect data and analyze data trends. These

SEE CHRISTMAS BIRD COUNT | A3

Audubon Christmas Bird Count

124th Annual
Dec. 14, 2023–Jan. 5, 2024
christmasbirdcount.org

Wood Duck. Photo: Scott Suriano/Audubon Photography Awards

SCHOLARSHIP

CGSC Foundation Scholarship Program

CGSC Foundation offers scholarships

CGSC Foundation Inc. News Release

The Command and General Staff College Foundation announced the start of its 2024 competitive scholarship program for immediate family members of U.S. Army Command and General Staff College alumni and others who are life members of the CGSC Foundation's Alumni Association. Deadline to apply is March 15.

"Our scholarship program was very successful in 2023," said CGSC Foundation President/CEO Lora Morgan, "and this year we're continuing with the same opportunities. Along with our other cash scholarships, this will be the second year of the \$5,000 Colonel Stephen E. "Brownie" Brown Scholarship. We have also renewed our partnership with Park University for three \$5,000 scholarships. We're extremely proud of this program and the support it provides to military families."

The 2024 CGSC Foundation scholarship awards include five cash scholarships: one \$5,000, one \$1,000, and one \$500 scholarship to students who are beginning their

college education; and one \$1,000 and one \$500 scholarship to students who are continuing their college education. Park University will award three \$5,000 scholarships for qualified applicants. The Park University scholarships are for full-time students for the academic year, with the award split between the fall and spring semesters. These scholarships can be renewed for up to three years at Park University's discretion if recipients maintain full-time status, have at least a 3.0 grade point average and demonstrate satisfactory academic progress. This Park University scholarship cannot be combined with any other Park University scholarship.

Students may apply to the CGSC Foundation cash scholarships, the Park University scholarships or both, by simply checking the boxes in the application.

The Colonel Stephen E. "Brownie" Brown Scholarship is named in honor of a U.S. Marine officer who retired from active duty in February 2009 and became an instructor at the U.S. Army Command and General Staff College in 2010. Due to med-

ical complications from spinocerebellar ataxia, Brown retired from teaching at CGSC and currently lives in Stillwell, Kan. His network of lifelong friends approached the CGSC Foundation to establish the scholarship in Brown's name to honor his lifetime of service and their friendship.

The CGSC Foundation's scholarship program is open to high school seniors who will begin their college studies in 2024 and for undergraduate college students returning to school. Applicants must be immediate family members (children, grandchildren and spouses) of a life member of the CGSC Foundation's Alumni Association.

The application is available on the CGSC Foundation website at www.cgsc-foundation.org/scholarships. A link to join the CGSC Foundation Alumni Association as a life member is also on the page for those who need to join before their relatives apply.

The deadline for applications is midnight March 15. Judging will occur March 16-31, and the CGSC Foundation will an-

nounce the winners in April.

The CGSC Foundation also welcomes donors who may not have eligible relatives but wish to support the scholarship program. Those interested can support the scholarship program by visiting www.cgsc-foundation.org/donate.

The CGSC Foundation was established Dec. 28, 2005 as a 501(c)(3) non-profit educational corporation with the mission of supporting the U.S. Army Command and General Staff College at Fort Leavenworth. The CGSC Foundation supports the college in three overall areas: scholarship, outreach, and soldier and family support. Contributions made to the CGSC Foundation are deductible under section 170 of the Internal Revenue Code and the CGSC Foundation is qualified to receive tax deductible bequests, devises, transfers or gifts under sections 2055, 2106 or 2522 of the Internal Revenue Code. To learn more about the CGSC Foundation and its mission, visit www.cgsc-foundation.org.

Local OPSEC poster contest deadline Jan. 31

by Directorate of Plans, Training, Mobilization and Security

January 2024 has been designated as National Operations Security (OPSEC) Awareness Month. The purpose of this designation is to bring attention to the importance of protecting sensitive data and other information critical to the mission of your organization. Operations Security practices keep critical information out of the hands of those who may want to do harm to not only your organization or installation, but also friends and family.

The OPSEC poster contest is open to all soldiers and Department of the Army civilian employees ages 18 and older. Contractors are not authorized to participate. Submissions will be judged on message, theme and creativity. The posters should show the importance of practicing OPSEC to keep information out of the hands of our adversaries.

The following must be adhered to for submission:

1. Only original artwork is allowed.
2. Artwork should be 8.5 inches by 11 inches.
3. Artwork must be submitted in a digital file. Acceptable electronic formats include JPEG or PDF files and can be horizontal or vertical. All images must be 300 dpi.
4. No trademarked or copyrighted images or phrases are authorized.

5. Themes and designs should be suitable for public display across Army facilities and platforms.

6. Include your name, rank, unit and contact information.

7. Submissions will be judged on message, design, and creativity.

8. Participants must sign a Copyright Assignment Form assigning all right, title and interest in and to the works to the Directorate of Plans, Training, Mobilization and Security.

Participants may use the following resources to aid in their artwork: <https://www.dni.gov/index.php/ncsc-what-we-do/operations-security>, <https://www.cdse.edu/>, <https://securityawareness.uslearning.gov/> and AR 530-1, Operations Security.

Send submissions to Installation OPSEC Manager Penny Votaw at penny.a.votaw.civ@army.mil or Michael Boulanger at michael.r.boulanger2.civ@army.mil using the subject line "OPSEC Awareness Poster Contest."

All submissions must be received by 4 p.m. Jan. 31, 2024.

The winner's poster will be printed and displayed at multiple locations and events, including various Fort Leavenworth buildings and social media. Awards will be given at a Garrison All-Hands by the Garrison commander.

OPSEC POSTER COMPETITION

Poster theme is OPSEC Awareness Month.

COMPETITION RULES :

1. ONLY ORIGINAL ARTWORK IS ALLOWED.
2. ARTWORK SHOULD BE 8.5" X 11".
3. ARTWORK MUST BE SUBMITTED IN JPEG OR PDF FILES IN 300 DPI.
4. NO TRADEMARKED OR COPYRIGHTED IMAGES OR PHRASES ARE AUTHORIZED
5. THEMES AND DESIGNS SHOULD BE SUITABLE FOR PUBLIC DISPLAY ACROSS ARMY FACILITIES AND PLATFORMS
6. INCLUDE YOUR NAME, RANK, UNIT AND CONTACT INFORMATION
7. PARTICIPANTS MUST SIGN A COPYRIGHT ASSIGNMENT FORM ASSIGNING ALL RIGHT, TITLE, AND INTEREST IN AND TO THE WORKS TO DPTMS.
8. DEADLINE FOR SUBMISSION 4 P.M. JANUARY 31, 2024 SEND TO PENNY.A.VOTAW.CIV@ARMY.MIL OR MICHAEL.R.BOULANGER2.CIV@ARMY.MIL

PRIZES:

1ST, 2ND, AND 3RD PLACE PRIZES ARE PROVIDED BY MWR AND MAY INCLUDE FREE VOUCHERS FOR: THE STRIKE ZONE, THE STRIKE ZONE SNACK BAR, THE GOLF COURSE, AND THE FAIRWAY GRILL GIFT CERTIFICATES FOR: THE HAMPTON INN AND SHOPS IN DOWNTOWN LEAVENWORTH



FORT LEAVENWORTH LAMP

PUBLISHED FOR THE COMMUNITY OF FORT LEAVENWORTH, KANSAS

The Fort Leavenworth Lamp is an authorized publication for members of the U.S. Army. Contents of the Fort Leavenworth Lamp are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army, or the U.S. Army Combined Arms Center and Fort Leavenworth. It is published weekly by the Fort Leavenworth Garrison Public Affairs Office, Fort Leavenworth, Kansas 66027, commercial telephone number 913-684-5267 (DSN prefix 552).

Everything advertised in the Fort Leavenworth Lamp shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor on the purchaser, user or patron.

If a violation of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected.

All editorial content of the Fort Leavenworth Lamp is prepared, edited, provided and approved by the Fort Leavenworth Garrison Public Affairs Office. The appearance of advertising in this publication, including inserts or supplements, does not constitute an endorsement by the Department of the Army of the products or services advertised.

The Fort Leavenworth Lamp editorial office is in Room 221G, 290 Grant Ave., Fort Leavenworth, Kan., phone number 913-684-LAMP/526. For submission information, contact the command information officer at 913-684-1718, or e-mail the editor at ftvlampeditor@gmail.com.

The Fort Leavenworth Lamp advertising office is in the Family and Morale, Welfare and Recreation Marketing and Commercial Sponsorship Office in the Resiliency Center at 600 Thomas Ave, Fort Leavenworth, Kan. E-mail mary.f.manago.naf@army.mil or call 913-684-1702.

Lt. Gen. Milford H. Beagle Jr. Commanding General
Col. Duane Mosier Garrison Commander
Scott Gibson Public Affairs Officer
George Marcec Command Information Officer

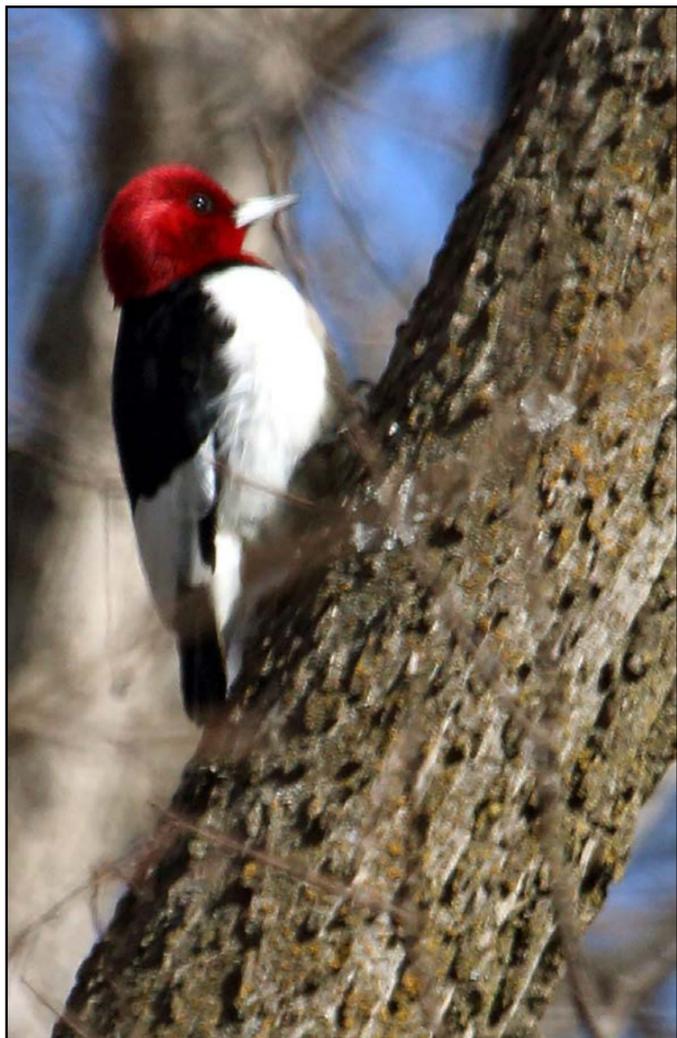
Fort Leavenworth Lamp Staff

Prudence Siebert Editor
ftvlampeditor@gmail.com

FMWR Advertising Staff

Mary Manago Marketing Director
mary.f.manago.naf@army.mil, 913-684-1702

Christmas Bird Count (continued from Page A1)



File photo of a red-headed woodpecker by Brian Voorhees

types of collaboration can be for birds, mammals, reptiles, plants, invasive species, etc. For most wildlife-monitoring programs, there are too few biologists available to collect enough field data across a large enough geographic area, so biologists often rely on a large network of outdoor enthusiasts, in concert with trained biologists, to gather enough data to allow for statistical analysis. Citizen participation gives the public a greater understanding of scientific techniques and allows them to benefit and learn about the species they were watching anyway.

Fort Leavenworth is lucky to

have several groups of people engaged in hobbies that readily lend themselves to citizen science collaborations on the installation. These different people have interests in birds, reptiles and amphibians, rare plants, giant trees, and nature photography, among others. These same people have benefitted the natural resources on the fort by gaining recognition of Fort Leavenworth as the home of nine state champion trees. They have also provided more than 35 years of data from bird monitoring on post, including monitoring and continued documentation of several Partners In Flight Priority Species.

The Christmas Bird Count was a fun day afield for a couple birders at Fort Leavenworth that allowed for more fort-specific data collection that also contributed to a larger worldwide effort. The Christmas Bird Count has proven how valuable citizen science can be. Fort Leavenworth Natural Resources Branch of the Environmental Division participates in these larger efforts, as well as uses that same location-specific data to supplement what the staff is able to attain with one full-time staff member and one Student Conservation Association position.



File photo by Prudence Siebert/Fort Leavenworth Lamp

This bald eagle was one of three spotted during a 10-mile boat trip led by Natural Resources Specialist Neil Bass on the Missouri River Aug. 8, 2020, near Fort Leavenworth.

Fort Leavenworth Christmas Bird Count species, number observed

- | | | |
|-------------------------|-----------------------------|----------------------------|
| European Starling (16) | Bald Eagle (1) | Tufted Titmouse (1) |
| House Finch (12) | Eastern Bluebird (13) | Cedar Waxwing (12) |
| Canada Goose (490) | Black-capped Chickadee (2) | Northern Cardinal (13) |
| Snow Goose (1,108) | White-crowned Sparrow (2) | Red-headed Woodpecker (1) |
| American Robin (145) | American Tree Sparrow (21) | Red-bellied Woodpecker (8) |
| Redwing Blackbird (9) | White-throated Sparrow (1) | Northern Flicker (1) |
| American Crow (11) | Junco (1) | Pileated Woodpecker (2) |
| Blue Jay (3) | White-breasted Nuthatch (2) | Hairy Woodpecker (1) |
| Red-tailed Hawk (2) | | Downy Woodpecker (1) |
| Red-shouldered Hawk (3) | | Mallard (8) |
| American Kestrel (1) | | |



File photo of a black-capped chickadee by Brian Voorhees

THE UNIVERSITY OF
KU KANSAS

**Local Classes.
Global Respect.**

leavenworth.ku.edu





Photo by Prudence Siebert/Fort Leavenworth Lamp

Drake Childress displays one of his Peaceful designs in October 2023 at his home office in Lansing. Childress wants to share messages of peace and sustainability through his clothing business, International Clothes Market, with his Peaceful brand that incorporates the hand sign he is often seen using into his designs.

Recent college grad mixes Peaceful message with clothing business

by Prudence Siebert/Fort Leavenworth Lamp Editor

Drake Childress has often been seen with his fingers held up to form the peace sign, and now he's sharing that symbol and its message with others through his Peaceful line of clothing.

Childress, a recent college graduate with a bachelor's degree in business administration with a concentration in marketing, launched Peaceful, a brand under his company, International Clothes Market, to help spread the message of peace about two years ago.

"I think Peaceful will always be incorporated somewhere in all of my clothing, because I feel like it is a message that needs to keep being shared, and it's never going to go out of style."

Childress, nephew of longtime Fort Leavenworth community member Elaine Belardo, said the concept began with his iconic peace sign and a desire to be part of a peaceful movement.

"There are times going on that people are just angry in the world," Childress said. "Try to remain peaceful when you can because it will work out better for you, and I feel it takes a lot of energy to be angry."

Care team

Childress also works as a Pets and Loving Seniors program support specialist at the Leavenworth County Council on Aging, and his mother, Georgia Moore-Childress, also works there as the nutrition coordinator. Childress said he originally moved to the area to help care for his uncle, retired Public Health Service Rear Admiral José Belardo, who was battling dementia. José Belardo was diagnosed with early onset Alzheimer's

disease at age 50; he died six years later in 2022.

"Drake absolutely loved his Uncle José, and José thought the world of Drake," Elaine Belardo said. "Drake was part of José's care team. Along with his mom (Georgia, Elaine's sister), he walked out the dementia journey with us. My kids, his cousins, are close as well. Drake left college to come here to help; he completed his degree online and graduated in December."

Elaine said the Fort Leavenworth community continues to offer support.

"I was recently invited to speak at a (Protestant Women of the Chapel) program. I was able to tie in how my connections to PWOC and the Fort Leavenworth community remained strong even after we moved off post," she said. "This community rallied and has been a support as we launched a dementia empowerment nonprofit, The Deeper Window Association. We provide opportunities for people living with dementia and respite for caregivers. We have spouses of active-duty and retired soldiers who volunteer every week. We receive tremendous support from the Fort Leavenworth Spouses' Club and the chapel community. While others lose support after a diagnosis of dementia, we've had steady support from diagnosis, to José's death, to even now life as a widow and founder of The Deeper Window Association."

Childress said empathy is essential in life's interactions.

"I don't think you know when people are on their last edge, a lot of things can be piled up on their day, so when you get this kind of

(negative) reaction, try to have empathy as well, because you never know what someone is going through."

Personal battle

Childress, now in his mid-20s, grew up "all over" as an Army brat. He describes himself in his early years as someone who didn't always react well to situations.

"What got me started was I had a mental health battle, for sure — I was going through a lot, didn't know why things were happening the way they were, in my life and outside of it as well, and it seemed like life was going on fast forward."

He compared what he was experiencing to the movie "Click," in which the main character uses a remote to fast-forward through life, but Childress said he wasn't doing the fast forwarding on purpose.

"I was diagnosed with bipolar 1, so I had manic episodes all the time, and I was dealing with that, and it was undiagnosed for years," he said. "Back then I wouldn't say I was a mean kid, but I would have reactions that weren't the best. So eventually you have to start making choices that are not going to be as harmful to you. You've got to remain peaceful and not let the anger overtake you and have you make bad decisions because often when people react out of anger they can't take back those reactions because they are so harsh."

Childress acknowledged that no matter what someone's circumstances, everyone has experienced low moments.

"Getting through it now, I'm on the other side of it,

SEE PEACEFUL | A5



Photo submitted by Elaine Belardo

Dallas Cowboys fans Drake Childress and his uncle José Belardo pose for a photograph in 2016 shortly after Belardo was diagnosed with early onset Alzheimer's disease. Childress left college to move to the area to assist his family as a part of Belardo's care team. Childress graduated in December through an online program with a bachelor's degree in business administration with a concentration in marketing. He launched Peaceful, a brand under his company, International Clothes Market, to help spread the message of peace about two years ago.

Peaceful (continued from Page A4)

and it's possible to get past that and come to the other side... you just (have to) find things you like doing and keep trying to do those things as much as you can and bring your mind peace."

Peaceful has helped do that for him, giving him an outlet he enjoys with a powerful and important message.

"I wanted to add something else to clothing industry and have it where it was a clear message, and I think I'm working on doing that," he said. "It's helped me be a better person, it's helped me get through tough parts of my life; even when things are going south, I can still have this to work on and help other people in their lives, too. When I'm going through things, I try to help other people as much as I can, because if I'm not feeling the best, I can imagine what people are going through sometimes."

Effort over perfection

Childress said the positive choices he is making for his business add up, and if others can make efforts to bring positive changes to their lives, that will add up in even bigger ways.

"A small difference matters. My philosophy is it isn't about perfection, it's about effort. If everyone tries a little harder to make things better, then eventually things will get better, I feel, for all aspects of life."

Childress applies that effort, in part, to try to his business as environmentally friendly and waste-free as possible.

"Part (of the business) is sustainability, so I was researching sustainable businesses, (Environmental Protection Agency), stuff like that, and I saw there was a lot of waste going on, and in the clothing market especially — in 2018 there was more than 90 tons of clothes that ended up in landfills," a statistic Childress said led him to researching clothing brands and best practices to reduce waste and ultimately to the print-on-demand option he uses for Peaceful. He also uses processes that reduce emissions and allow for recycling.

"It takes a little bit longer, but it is worth it, I feel like," Childress said. "(Customers) still get a quality product while making an effort to reduce waste."

Childress took his brand to last year's Kansas City Fashion Week, and made several sales at his vendor booth.

"Kansas City Fashion



Photo by Prudence Siebert/Fort Leavenworth Lamp

Drake Childress prints a design on recyclable chrome vinyl for a print-on-demand T-shirt in October 2023 at his home office in Lansing. Childress wants to share messages of peace and sustainability through his clothing business, International Clothes Market, with his Peaceful brand that uses the hand sign he is often seen using.

Week is awesome; you get to meet a lot of cool people and hear their stories, and how the brand is good for them, maybe they needed it at that time," Childress said about connecting with attendees.

He reiterated that those connections and the messages of peace and sustainability are what his business is about, more so even than making a profit.

"It is really about people knowing there are lights at the end of tunnels; if they have mental illnesses, (miscellaneous) diagnoses, anything like that, you can come back from that and still come back stronger and better."

What's next for Peaceful

Childress works symbolism into many of his designs. His "Peaceful Earth" design features a peace sign in blue, "ful" in green on a blue shirt to resemble the sky and, he said, to always take dreams to extreme heights.

"Blue is also the universal color for peace, so I try to incorporate blue in a lot of my clothing."

One of his geometric designs was made while taking a statistics class.

"I was looking at a lot of graphs, so I thought this maybe might help me understand better. I created

this logo with the Pythagorean Theorem and also made a perfect square with the symbols."

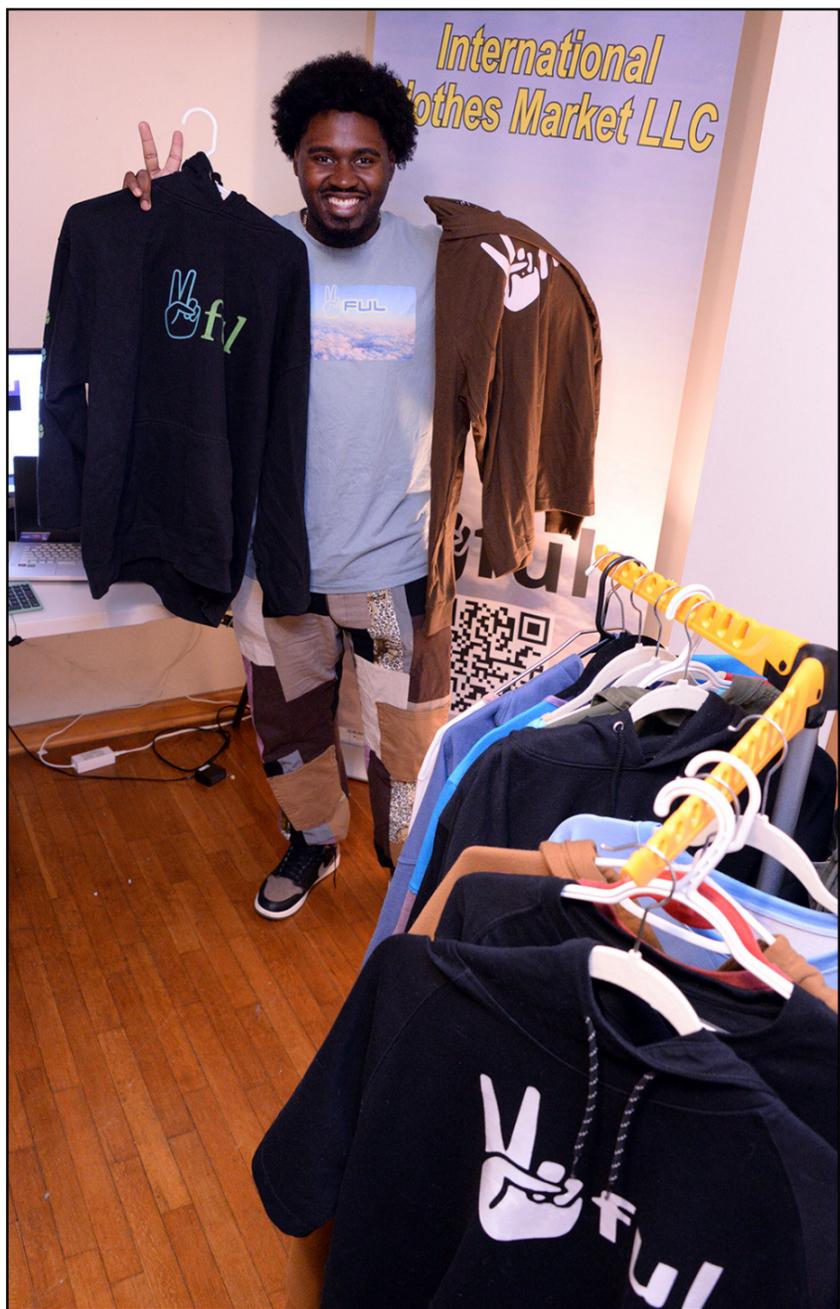
With a recently updated website and ideas for new designs in the works — including shirts for all 50 state and 126 countries incorporating his signature peace sign — Childress said his business, and its Peaceful message, is growing.

Visit internationalclothesmarket.com for shopping options and more information about Peaceful.

Visit <https://thedeepwindowassociation.org/> for more on the Belardo family's story and the services offered by The Deeper Window Association.

RIGHT: Drake Childress displays one of his Peaceful designs and his iconic "peace" hand sign in October 2023 at his home office in Lansing. Childress wants to share messages of peace and sustainability through his clothing business, International Clothes Market, with his Peaceful brand that incorporates the iconic hand sign for peace into his designs.

Photo by Prudence Siebert/Fort Leavenworth Lamp



WORTH
Harley-Davidson
MOTOR HARLEY-DAVIDSON CYCLES
NORTH

9400 NW Prairie View Rd
 816-420-9000
www.worthharley-davidson.com

Pet of the Week

James is a 6-month-old male tabby kitten currently available for adoption at the Fort Leavenworth Stray Facility. He has already been neutered, vaccinated and microchipped, which are included in the \$75 adoption fee.

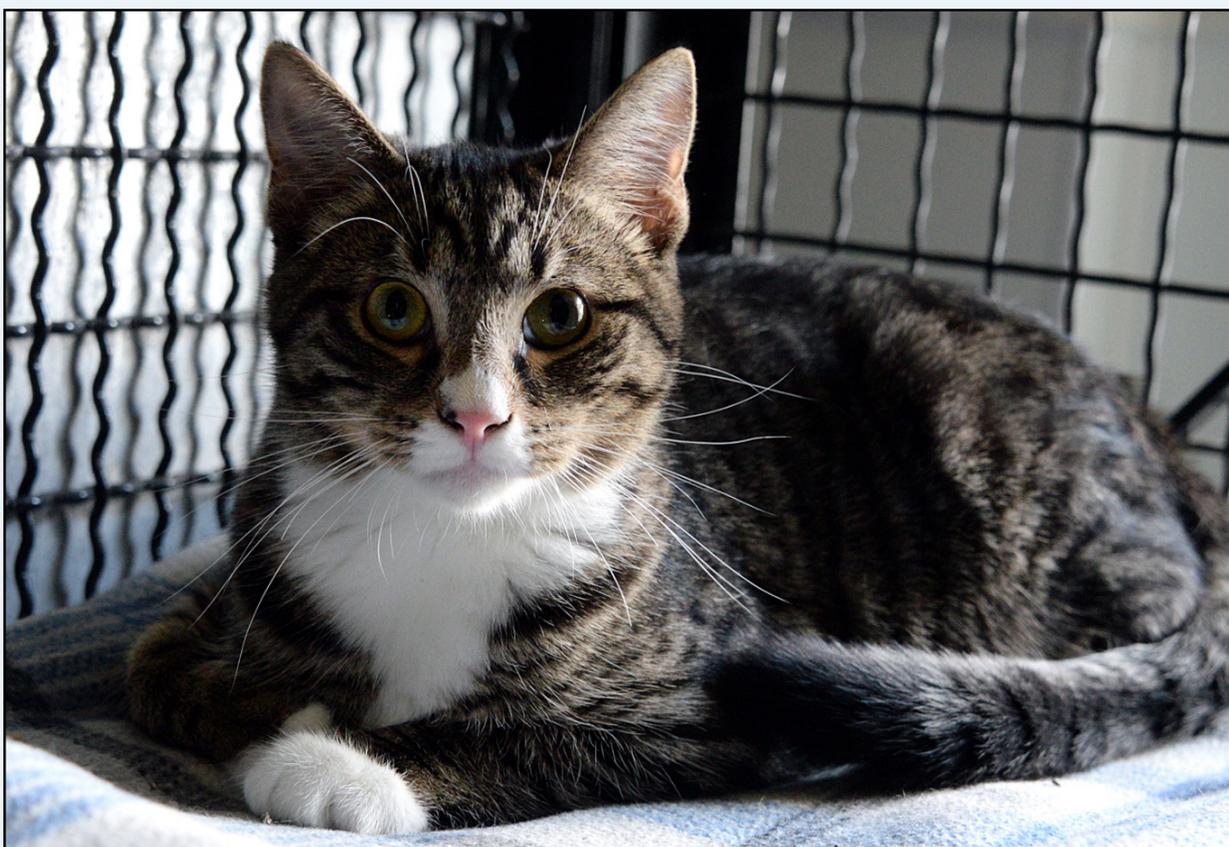
The Fort Leavenworth Stray Facility at 510 Organ Ave. is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday, and by appointment for pre-approved adopters. The facility will also be open this Saturday, Jan. 13, from 9 a.m. to noon.

See www.FLSF.petfinder.com or call 913-684-4939 for more information, or e-mail fortleavenworthstrayfacility@gmail.com for an adoption application.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed.

To apply to volunteer with the Fort Leavenworth Stray Facility, enter ZIP code 66027, then search for "stray animal facility" at <https://vmis.armyfamilywebportal.com/>.

Photos by Prudence Siebert/
Fort Leavenworth Lamp



Fort Leavenworth Stray Facility

Second Saturday is Back!



Every second Saturday of the month

We're back to being open every 2nd Saturday of the month for visitation and adoption/fostering of the animals at the facility!

You can find all of our adoptable pets at:
www.petfinder.com Fort Leavenworth

fortleavenworthstrayfacility@gmail.com

913-684-4939

510 Organ Ave
Fort Leavenworth, KS
66027

As the colder weather seems to have settled in, and with tomorrow's temperatures expected to drop below 32 degrees, we kindly request all residents to take a few minutes before the freeze sets in. This will help prevent water pipes from freezing and, in some cases, bursting.

The following precautions taken now can help to safeguard your home from a pipe freeze and the mess that it could leave behind:

- * Disconnect any hoses you may have outside
- * Ensure that your heat is set to at least 70 degrees and never set it below 70 degrees during extreme cold, even if you are not home
- * Open plumbing cabinet doors that are along exterior walls and set faucets to drip

In the event of a frozen water pipe, please promptly contact our maintenance request line at 913-651-3838. Never attempt to thaw a pipe using an open flame or torch, and exercise caution for the risk of electric shock in the presence of standing water if you encounter a leak.

BRING YOUR PETS INSIDE - THE FORECASTED BELOW FREEZING WIND CHILL IS TOO COLD FOR ANY CAT OR DOG

If you need assistance, please contact FLFHC Maintenance at 913-651-3838.

Integrity.
Dedicated Service.
Financial Solutions.
Anytime, Anywhere.

frontierccu.org (913) 651-6575


Frontier
Community Credit Union

Federally
Insured by
NCUA



THURSDAY
JANUARY 11, 2024



LAMP

Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

MARTIN LUTHER KING JR. DAY
Celebration
MONDAY JANUARY 15
SAVE THE DATE
6:00PM
FIRST UNITED METHODIST CHURCH
422 Chestnut Leavenworth, KS

JANUARY 1ST- MARCH 31ST
AFWC NEW YEAR Challenge

3 WAYS TO WIN
-MOST IMPROVED BODY COMPOSITION
-MOST WEIGHT LOSS
-MOST POINTS ACCUMULATED

2024

OPEN TO ALL FORT LEAVENWORTH

(913)758-3403 patricia.g.allen9.ctr@health.mil

Saturday Morning Youth League

Meeting Jan 6, 2024 @ 10:00am
Starts Jan 13, 2024 @ 9:45am
12 Week Handicap League
Jan 13 - April 6

Little Rollers- Ages 3-5
(2 games per week w/bumpers- \$8 a week)

Dragons- Ages 6-9
(3 games per week w/optional bumpers- \$11 a week)

Explorers- Ages 10-18
(3 games per week no bumpers- \$11 a week)

MWR Strike Zone Ft. Leavenworth, Ks.

LIVE TREE PICKUP January 1st - January 15th
Wallace Landscaping will be picking up discarded trees and disposing of them daily. Because they will be taken to recycling for mulch, please ensure there is no garland or any items remaining on the tree.

If items are on the tree, Wallace will not pick them up and they will be disposed of with bulk trash. Waste Management requires trees to be cut into pieces no longer than 3 feet in order to be collected.

THANK YOU AND HAPPY NEW YEAR.
FLFHC

MWR EFMP presents: ACS

SENSORY STORY TIME

Every 3rd Friday of the month
10am-11am
starting Jan. 19
@ The CARL Library

FREE and open to all DoD ID holders!
All ages are encouraged to join!
POC 913-684-2871/ 2838

Volunteer!

Help Shelter Pets!

They need your help for walks and general care!
They enjoy the love, attention, and affections, too!

Several shifts to choose from Work with either our cats or dogs or both!

Want to know how to join our team?
Register at <https://vms.armyfamilywebportal.com/>

Once registered, we will contact you and have you come in for a training with a team member.

After you train, you shadow two shifts. Then you are ready to help shelter pets!

Watch the **Fort Leavenworth Stray Facility** Facebook page for training events!

Once you register, train, and shadow, you can sign up for any shift you can cover.

Children under 18 can help, but they must be accompanied by an adult the entire shift.

Fort Leavenworth Stray Facility
510 Organ Avenue
Fort Leavenworth, KS 66027

Thank you
FOR YOUR SUPPORT

Happiest of Holidays!

On behalf of Fort Leavenworth Morale, Welfare and Recreation, the Soldiers and their Families, Retires, and Civilians. Employees here on Fort Leavenworth, I would like to thank you for supporting us through Commercial Sponsorship this past year. Without your sponsorship and support many of the programs and events MWR hosts would not be able to be sustained. For example our Oktoberfest and July 4th events, the reopening of the Arts and Crafts Studio on Fort Leavenworth and so much more. While I know many of you do not get to experience the events and the joy that you bring to our Post, I can assure you it is amazing!

As we head towards the New Year, with new challenges, and new opportunities, I know we will continue to bring great programs to Post because of you. If you are looking for some additional advertising opportunities, let me know so I can fill you in on MWR acquiring the Lamp Newspaper here on Post. Otherwise I look forward to working with you again in the coming year and many years to follow. Here's hoping you and your loved ones have a Happy and Healthy Holiday Season.

Thank You Again!
Mary Manago

MWR

JANUARY FREE COMMUNITY MEALS - LOCATIONS AND TIMES

A free meal is served at the dates and places listed below.
CARRY-OUT ONLY PLEASE WEAR A MASK

DAY	LOCATION	ADDRESS	TIME
1 st Thursday January 4	NO MEAL SERVED		
1 st Saturday January 6	First United Methodist Church	422 Chestnut	11 AM-1 PM
2 nd Thursday January 11	Trinity United Methodist Church with St. Francis de Sales	6 th & Osage	4 PM-6 PM
2 nd Saturday January 13	St. Paul's Episcopal Church with Fort Leavenworth Protestant Chapel	209 N 7 th Street	11 AM-1 PM
3 rd Tuesday January 16	First Presbyterian Church	4 th & Walnut (use 4 th St door)	5PM-6PM
3 rd Thursday January 18	St. Joseph Catholic Church Served by Sister of Charity and Wallula Christian Church	306 N Broadway	4 PM- 5:30 PM
3 rd Saturday January 20	St. Paul Lutheran School With Trinity Lutheran Church	7 th & Osage	11 AM-1 PM
4 th Thursday January 25	Sacred Heart Church	1401 2nd Ave	5 PM- 6:30 PM
4 th Saturday January 27	First United Methodist Church	422 Chestnut	11 AM-1 PM
1 st Thursday February 1	NO MEAL SERVED		
1 st Saturday February 3	First United Methodist Church	422 Chestnut	11 AM-1 PM
2 nd Thursday February 8	Trinity United Methodist Church with St. Francis de Sales	6 th & Osage	4 PM-6 PM

PLEASE NOTE: Community of Hope Shelter, 311 Kiowa, serves free lunch Sunday through Friday between the hours of 11:30 am to 12:30 pm, available to everyone.

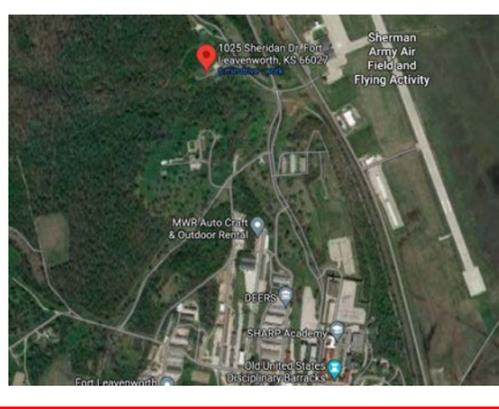
These institutions are equal opportunity providers

List provided by Pilgrim Community Church 1/01/2024

OPEN SATURDAY Jan. 13

Fort Leavenworth Thrift Store

❖ Location: 1025 Sheridan Drive, Building 1049
❖ OPEN: 9am - 2:30pm
❖ Phone: 913-651-6768



THE FORT LEAVENWORTH LAMP

OUR STORY CONTINUES; TO PRESERVE HISTORY AND CONTINUE THE LEGACY!

Military history is something that we learn from. It involves our Founding Fathers and those that made sacrifices for our freedom. Fort Leavenworth history is a significant part of our Military history. We are the oldest continuously operating Army post west of the Mississippi River. Founded in 1827, originally to protect the western frontier. By the 1840's movement had begun to California and Oregon and thousands of wagons would come through.

While small in size, the impact and significance of Fort Leavenworth rivals any large Military installation in the World. As the years have passed post has transformed and adapted and remains relevant and renowned for the missions it serves. Currently known as the "Think Tank" for the Military, The Command and General Staff College (CGSC) trains all of the future leaders of the Army. Additionally, we house the United States Disciplinary Barracks (USDB) and the Soldiers, Military Police, that run that facility.

When it was announced that the civilian publishing company was discontinuing The Lamp, our Leadership wanted another plan. The Lamp began in the 1940's as the Fort Leavenworth Times and the Recruiting Center News. In April of 1971 the name was switched to The Lamp. We needed a way to continue the history. So here we are! Fort Leavenworth Morale, Welfare and Recreation (MWR) in conjunction with the Fort Leavenworth Garrison Public Affairs Office (PAO) have joined forces to keep The Lamp going. Now we need you!

MWR is the only part of the Department of the Army that is not fully funded by the Army. We have programs and events we provide for post which we have to get outside funding for. That is where MWR Marketing and Commercial Sponsorship comes in. In order to keep The Lamp going and make it The Best HomeTown Newspaper in the Army, we are offering advertising and sponsorship opportunities. All of the advertising money that comes in via The Lamp comes back to Fort Leavenworth MWR to sustain The Lamp and our other MWR activities. Below is a list of our pricing. Want more? We are also looking for Lamp Heroes to Sponsor the publication monthly, quarterly and annually.

FORT LEAVENWORTH LAMP ADVERTISING	LAMP HEROES OPPORTUNITIES LIMITED OPPORTUNITIES
BUSINESS CARD AD (558 X 315) \$75/ ONE PUBLICATION \$225/FOUR PUBLICATIONS	LAMP HERO ANNUAL SPONSOR—\$12,000 SPONSOR QUARTERLY OR 6 MONTHS—\$5,000 SPONSOR ONE MONTH—\$500
1/2 PAGE AD (558 X 760) \$150/ONE PUBLICATION \$450/FOUR PUBLICATIONS	LOGO AND RECOGNITION ON TOP OF MAIN PAGE AD INCLUDED IN EACH PUBLICATION

INTERESTED - CALL 913-684-1702 OR 913-684-1658 EMAIL MARY.F.MANAGO.NAF@ARMY.MIL

MOM'S NIGHT OUT

This NEW event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.

Jan 31 • Feb 28 • March 27 • April 24
 May 29 • June 26 • July 31 • Aug 28
 Sept 25 • Oct 30 • Nov 20 • Dec 11

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old.

Info: (913) 297-3212 or (913) 684-2800

DAD'S NIGHT OUT

Dad's Night Out is offered by ACS New Parent Support Program for Dads of children 0-3 years of age to get out of the house without the kids and meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.

Jan 24 • Feb 21 • March 20 • April 17
 May 22 • June 12 • July 24 • Aug 21
 Sept 18 • Oct 23 • Nov 13 • Dec 4

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Dads with children 0-3 years old.

For more info: (913) 297-3212 or (913) 684-2800

Financial Readiness Milestone Training

Are you financially prepared for what life throws your way? Let us help! We offer free Financial Readiness Training on a variety of subjects.

Some of the topics we will discuss:

- Pre-Deployment
- Post-Deployment
- PCS
- Marriage
- Divorce
- Vesting in TSP
- Promotion
- First Child
- Continuation Pay
- Disabling sickness/injury/condition

Held monthly every 2nd & 4th Thursday @ 0900am - 1100am. Bldg 198 Room 157

INFO: 913-684-2800

Empowering Families Lunch & Learn Workshop Series

12 - 1pm via Microsoft Teams

- September 21**
Help, My Child is Struggling in School
- October 19**
Let's Talk IEPs
- November 16**
Challenging Behavior? Tips for Home and School
- January 18**
Understanding & Supporting Sensory Needs
- February 15**
Step Ahead at Age Three
- March 21**
Movin' On: Preparing for Your Next Move
- April 18**
Strategies for Supporting Your Child with Autism

For more information or to register, contact 913-684-2838 and 913-684-2871.

ACS New Parent Support Potty Training

Are you ready?

Time to lose the diapers?

FREE For Parents of Children aged 0-4 years
 Pre-registration Required
 Deadline is Friday before class
 Contact 913-297-3212

600 Thomas Ave Room 157
 2/26, 4/22, 6/17, 8/19, 10/28, 12/16
 5 pm - 7 pm

Employment Readiness Program Classes

ACS Classroom • Resiliency Center, 600 Thomas Ave. Wednesdays • 12PM - 2PM*

- Resume Writing:** Mar 20* • June 19* • July 17* • Aug 14* • Sept 25*
Evening Classes: May 22 • Aug 14 - 5PM - 7PM
Registration required for evening classes
- Federal Employment:** Jan 17* • Mar 6* • April 10* • May 8* • June 5* • July 10* • Aug 7* • Sept 11* • Oct 9* • Nov 6*
Evening Classes: May 15 • Aug 7 - 5PM - 7PM
Registration required for evening classes
- Interview Skills & Professionalism:** Feb 21* • May 22* • July 24* • Aug 21*

Classes are from 12PM - 2PM
 Registration is required for evening classes only.
 Open to DoD ID card holders.

For more info call: (913) 684-2800

DOMESTIC VIOLENCE EDUCATION AND SUPPORT GROUP

When:
 November 7th and 21st
 December 5th & 19th
 January 2nd, 16th & 30th
 February 13th & 27th
 1:00PM-2:30PM

THIS GROUP IS:
 - SAFE
 - RELATABLE
 - EDUCATIONAL
 - RELEVANT
 - CONFIDENTIAL

Where:
 Resiliency Center
 600 Thomas Ave
 Room 145

FOR QUESTIONS CALL 913-683-2537

ACS New Parent Support Prenatal Classes

Free for Expectant Parents!

600 Thomas Ave Room 157
 All classes are from 5 pm - 7 pm

Childbirth Classes:
 Series of three classes
 January 8th, 22nd, 29th
 March 4th, 11th, 18th
 May 6th, 13th, 20th
 July 15th, 22nd, 29th
 September 16th, 23rd, 30th
 November 4th, 18th, 25th

Newborn Care Classes:
 February 12th
 April 15th
 June 10th
 August 12th
 October 21st
 December 9th

Breastfeeding Classes:
 February 5th
 April 8th
 June 3rd
 August 5th
 October 7th
 December 2nd

Deadline for Registration is the Friday before the class. Pre-registration is required. Contact 913-297-3212

"Refreshing Conversations"

Need to talk to someone who "gets it"? Come join your fellow EFMP Spouses for

Let's talk about the topics that impact our EFMP community!

Every first Thursday of the month @ the ACS classroom In The Resiliency Center 10:00 am - 11:00 am

Oct 5
 Nov 2
 Dec 7
 Jan 4
 Feb 1
 Mar 7
 Apr 4
 May 2
 Jun 6

Enjoy light refreshments, a delicious drink of the month, and great conversation!

Please register by calling 913-684-2800 or 913-684-2871

STRESS MANAGEMENT

Thursdays; Jan 18, Mar 14, May 16, July 18
 1130 - 1300 brown bag lunch class.
 ACS Conference Room 145

Registration Required must register by the day before the class you want to attend. Classes are for 18 and over

This one-session FREE class helps attendees identify stressors and symptoms of stress as well as how to select and implement stress management skills to overcome stressors of any kind. Learn how to take control of yourself by learning to control your stress, instead of allowing the stress to control you. End the class with a structured relaxation exercise.

To register or for more information, call (913) 684-2808/ 2800

ANGER MANAGEMENT

ACS Family Advocacy Program Presents:

December 14 • February 15 • April 18
 Thursdays from 11:30AM - 1PM
 ACS Conference Room, Room 145

Learn how to identify the different kinds of anger and ways anger is expressed. Build skills to deal with strong and destructive behavior and emotions.

FREE and open to DoD ID card holders 18 and above.

Childcare not provided.

Registration is required, and must be done the day before the class.

For more info or to register call, (913) 684-2808/4357

Starting Monday January 8th, 2024

Fort Leavenworth Group Fitness Classes

GRUBER FITNESS CENTER - 200 Reynolds Ave. - 684-5120
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530			Spin (Karyn)			
0900	(0915) Zumba (Lydia)		(0915) Zumba (Lydia)		Zumba (Stephanie)	Zumba (Lydia)
1630	30/30 Split (Kim)		Power Cycling (Kim)			

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

*Power Cut classes are held in the Bubble Gym



Single Ticket For \$5.00
10 Tickets For \$45.00
20 Tickets For \$80.00



<https://leavenworth.armymwr.com>

913 WEIGHTLIFTING

FUNCTIONAL FITNESS CLASSES

CLASSES

Monday - Friday
9:00-10:15am
Harney Gym
185 Fourth Street
Fort Leavenworth, KS

ABOUT

Classes are designed to increase strength, power, speed, agility, and aerobic capacity by Olympic lifting, weight lifting, gymnastics, and plyometrics. This class is ideal for beginners and elite. Get healthier, get stronger, live longer. Enjoy professional programming in a supportive, encouraging environment.

PRICING

Monthly rates
3x week \$75
5x week \$85
Drop in \$10

CONTACT For more info: 949-291-0386

Discover Fort Leavenworth's Fitness Facilities

Harney Sports Complex and Aquatics Center
185 Fourth St
913-684-2190
M-F 0500-1800
Sat-Sun 0800-1700

Gruber Fitness Center
200 Reynolds Ave
913-684-5120
M-F 0500-1800
Sat-Sun 0800-1700

YOU'RE JUST A CLICK AWAY FROM A HEALTHIER YOU!

Adult Sports & Fitness

Scan Here for current information about adult intramural sports, pool hours, eligibility, how to register for 24/7 access, and special programs!

Group Fitness

Scan Here for current fitness classes, schedules, fees, and eligibility. FREE for Active Duty!

WE OFFER 24/7 Gym Access (After registration)

LET'S GO!

DECIDE TO COMMIT TO SUCCESS

Starting Monday October 2nd, 2023

Fort Leavenworth Group Fitness Classes

GRUBER FITNESS CENTER - 200 Reynolds Ave. - 684-5120
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530			Spin (Karyn)			
0900	(0915) Zumba (Lydia)		(0915) Zumba (Lydia)		Zumba (Stephanie)	Zumba (Lydia)
1630	30/30 Split (Kim)	Spin (Bethany)	Power Cycling (Kim)			
1830*		Zumba (Lydia)	*1830 ZUMBA *Must have 247 Access *Tickets must be purchased before class during open business hours.			

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		Power Cut (Kim)		Power Cut (Kim)		



Single Ticket For \$5.00
10 Tickets For \$45.00
20 Tickets For \$80.00



<https://leavenworth.armymwr.com>

MILITARY & FAMILY LIFE COUNSELING

Military Family Life Counselors (MFLCs)

RESILIENCY CENTER

(600 Thomas AVE. ROOM #136)
Adult MFLC 913-375-4732
Adult MFLC 571-497-9321

CHILD DEVELOPMENT CENTER

CYB MFLC 913-548-6151

SCHOOL ASSIGNED

BRADLEY: School MFLC 913-209-5522
EISENHOWER: School MFLC 913-295-2367
Patton/LV High: School MFLC 913-209-6312
MACARTHUR: School MFLC 256-749-7169

YOUTH SPORTS & FITNESS WINTER 2024

YOUTH WRESTLING

JANUARY 9 - FEBRUARY 29
REGISTRATION: OCT. 10 - NOV. 20
AGES 5 - 12 YEARS OLD • \$45

VOLUNTEER COACHES NEEDED!

WRESTLING BASKETBALL

FOR MORE INFORMATION, CALL 913-684-7525/7526

MUST HAVE SPORTS PHYSICAL ON FILE

YOUTH BASKETBALL

JANUARY 8 - MARCH 2
REGISTRATION: OCT. 10 - NOV. 20
AGES 5 - 12 OR GRADES KINDER - 6TH • \$45

START SMART BASKETBALL

JANUARY 8 - FEBRUARY 12
REGISTRATION: OCT. 10 - NOV. 20
AGES 3 - 4 YEARS WITH PARENT • \$25 (OPTIONAL START SMART KIT \$30)

IF INTERNALLY REGISTERED WITH CYB, YOU ONLY REGISTER AT ANY ONE LOCATION. INTERSTATE ENROLLMENTS CAN ONLY BE DONE WITH A CURRENT YOUTH SPORTS PHYSICAL.

FUN SHOOT

Brunner Range 1st Saturday of the Month

Jan 6 - Dec 7 2024
Feb 3, Mar 2, Apr 6, May 4, Jun 1, Jul 6, Aug 3, Sep 7, Oct 5, Nov 2.

Registration is required and can be done the day of the event from 9AM-10:30AM.

Space is limited so register early.

Rental guns and shells are available or bring your own.

Prizes and awards distributed at the end of each shoot.

Info: (913) 651-8132
701 Sheridan Drive

Brunner Range 2024 LEAGUE SCHEDULE

Winter Combo
4 January - 7 March

Spring Combo
21 March - 23 May

Summer Warm-up
6 June - 11 July
18 July - 22 August

Fall Combo
5 September - 7 November

Winter Warm-up
14 November - 19 December

Each league has a one-time payment of \$25. Payment is held for prizes at the end of each league. Combo leagues shoot on Thursday evenings. Teams consist of 5(+/-) shooters. All teams take turns supplying an evening meal at approximately 5:30 pm with shooting commencing at 6:00 pm. Summer and Winter Warm-up leagues are individual with the same fee but no food.

Contact Brunner Range for more information (913) 651-8132

R2PC ESCAPE ROOM

Scan the QR code to schedule your group.

FIND THE CLUES. SOLVE THE MYSTERY. ESCAPE THE ROOM BEFORE TIME RUNS OUT.

The R2 Performance Center Escape Room is scheduling groups now.

Scan the QR code to schedule or contact us:

OFFICE: 913-292-4994
EMAIL: Cindy Swatek: SwatekC@magellanfederal.com

R2 PERFORMANCE CENTER

Follow us on Facebook: www.Facebook.com/LeavenworthR2PC

Join us for January in the Carolinas

Courtesy of Trails West Golf Course Simulator League

Participate in our January 2024 Golf Simulator League!
Play two of the finest golf courses in the Carolinas without ever leaving Post!

Week 1 - Pinehurst No. 2 (Front 9) Jan 7 - 13

Week 2 - Pinehurst No.2 (Back 9) Jan 14 - 20

Week 3 - Harbour Town (Front 9) Jan 21 - 27

Week 4 - Harbour Town (Back 9) Jan 28 - Feb 3

Teams choose their days and times to play

Jan 7 - Feb 3
\$40 per player
2 person Scramble
Flexible tee times
Weekly Prizes
Championship Winner

Contact TWGC to sign up today!
913-651-7176

Pinehurst No. 2
Harbour Town

leavenworth.armymwr.com

WEST COAST SWING Golf Simulator League

2 person Scramble 9 Holes

WEEK 1: SPANISH BAY FEB 11-17
WEEK 2: SPYGLASS HILL FEB 18-24
WEEK 3: TORREY PINES FEB 25-MAR 2
WEEK 4: PEBBLE BEACH MAR 3-9

\$40 PER PLAYER/
\$80 PER TEAM

FLEXIBLE TEE TIMES, WEEKLY PRIZES, OVERALL CHAMPIONSHIP WINNER, WIN FREE SIMULATOR SESSIONS!

CONTACT TWGC TO SIGN UP TODAY
913-651-7176

leavenworth.armymwr.com

AVAILABLE NOW! Limited Space... Make requests NOW!

WINTER CAMP offers have started! Do you need care?

on MILITARY CHILDCARE.COM

School Out & Seasonal Camp Care Options

Camp Dates are based on the USD 207 School Calendar & Federal Holiday closures.

Winter Break Week 1 Mon. - Fri. 18 - 22 DEC 2023

Winter Break Week 2 Tues. - Fri. 26 - 29 DEC 2023

Spring Break Mon. - Fri. 11 - 15 MARCH 2024

A separate Request for Care must be submitted for each week for the KG or 1st-5th Grade option

Requests for these camp weeks are NOT needed for children enrolled in the SY23-24 Before and/or After School Program at Osage.

Contact CYS Parent Central Office for more information: 913-684-5138 or 4956

Clean Paws Pet Wash

Open 24 hours a day!
Merritt Lake Parking Lot
Cash, Coin and Card

U.S. ARMY MWR

Info: (913) 651-7176

GOOD GRADES SPECIAL

Strike Zone Bowling Center's

Noon - 7 pm

October 21, January 6, March 23 & May 25

Kids! Bring in your report cards and receive one free game for every "A" or equivalent. Straight "A"s gets you free sodas for the family (6 max) and all "B"s or better gets you \$2 off any pizza. Games may be used by all family members.

Strike Zone - 185 Fourth Street - (913) 651-2195
<https://leavenworth.armymwr.com>

Strike Zone
Ft. Leavenworth, Ks.

January 2024



Event Schedule

New Parent Support Program

*Registration Required for NPSP events

Play Morning

Thursdays, 9:00am - 10:00am & 10:00am - 11:00am
Resiliency Center

Childbirth Classes

Jan. 8, 22, 29, 5:00pm - 7:00pm
Resiliency Center, Room 157

Dad's Night Out

Jan. 24, 6:00pm - 8:00pm
Restaurant is TBD

Mom's Night Out

Jan. 31, 6:00pm - 8:00pm
Restaurant is TBD

Financial Readiness Program

Financial Readiness Milestone Training

Jan. 11, 25, 1:30pm - 3:30pm
Resiliency Center, Room 157

Survivor Outreach Services

The **SOS 2024 Upcoming Events Schedule** will be posted, detailing our planned, monthly events. Our goal is to provide this information in time for you to add each occasion to your schedule.

Family Advocacy

*Registration Required for FAP events

Scream Free Marriage & Parenting

Jan. 3, 1:00pm - 2:30pm
Resiliency Center, Room 145

Co-Parenting Workshop

Jan. 11, 12:00pm - 1:30pm
Resiliency Center, Room 145

5 Love Languages for Couples

Jan. 10, 1:00pm - 2:30pm
Resiliency Center, Room 145

Navigating the Teen Years

Jan. 16, 1:00pm - 2:30pm
Resiliency Center, Room 145

Stress Management

Jan. 18, 11:30am-1:00pm
Resiliency Center, Room 145

Domestic Violence Education & Support Group

Jan. 2, 16, 30, 1:00pm - 2:30pm
Resiliency Center, Room 145

Exceptional Family Member Program (EFMP)

*Registration Required for EFMP events

EFMP Recreational Bowling (free) for EFMP Members and their Families

Jan. 6, 10:30am - 12:30pm
Strike Zone Bowling Center

Empowering Families Lunch & Learn Workshop

Jan. 18, 12:00pm -1:00pm,
Microsoft Teams

Sensory Storytime

January 19, 10:00am -11:00am,
Carl Library

Employment Readiness Program

Federal Employment

Jan. 17, 12:00pm - 2:00pm
Resiliency Center, Room 157

Army Volunteer Corps

Volunteer Basics

Jan. 10, 12:00pm - 1:00pm
Resiliency Center, Room 157

Relocation Readiness

In-Processing Brief

Tuesdays, 9:00am - 10:00am
Resiliency Center, Room 157

OCONUS Levy Brief

Tuesdays, 10:00am - 11:00am
Resiliency Center, Room 157

Resiliency Center, 600 Thomas Ave, Building 198
913-684-2800 // 913-684-HELP(4357)
Hours: Monday - Wednesday, & Friday, 7:30am - 4:30pm (closed 1130-1230)
Thursday, 1:00pm - 4:30pm
Follow us on Facebook! @FortLeavenworthACS
Follow us on Twitter! @LeavenworthACS

CALL ACS TO REGISTER FOR CLASSES TODAY! ALL EVENTS LISTED ARE FREE!

Handicap access at the front of Building 198



VOLUNTEER BASICS

JAN 10 • MARCH 13 • MAY 15 • JUNE 26 • AUG 28 • SEPT 4
ACS CLASSROOM • 600 THOMAS AVE.
TIME: 12PM - 1PM

DO YOU WANT TO MAKE A DIFFERENCE IN OUR COMMUNITY? IF SO, THEN BE SURE TO CHECK OUT VOLUNTEER BASICS. LEARN ABOUT VOLUNTEER OPPORTUNITIES ON FORT LEAVENWORTH AND IN THE COMMUNITY. PARTICIPANTS WILL LEARN THE BENEFITS OF VOLUNTEERING AND HOW TO PROPERLY LOG HOURS INTO THE VOLUNTEER MANAGEMENT INFORMATION SYSTEM (VMIS).

REGISTRATION IS NOT REQUIRED. JUST SHOW UP.

INFO: (913) 684-2835

Update As of: 19 October

ACS WILL BE CLOSED THURSDAYS FROM 0800-1300 FOR STAFF TRAINING.

FOR IMMEDIATE ASSISTANCE: 913-684-1669
FOR VICTIM ADVOCATE: 913-683-2537

We are sorry for the inconvenience.

HARLEM GLOBETROTTERS 2024 WORLD TOUR

GET YOUR TICKETS NOW AT FORT LEAVENWORTH LEISURE TRAVEL SERVICES!

310 McPherson Ave, Bldg 464
913-684-2141

Saturday 6 APRIL @ 2PM
\$36 or \$56

Tickets Must Be Purchased By 27 March
Event Takes Place At The T-Mobile Center

Disney ON ICE INTO THE MAGIC

Get Your Tickets Now @ Fort Leavenworth Leisure Travel Services

310 McPherson Ave, Bldg 464
913-684-2580

Saturday 27 JAN @ 11AM - \$39
Saturday 27 JAN @ 7PM - \$26
Sunday 28 JAN @ 3PM - \$39

Tickets Must Be Ordered By 17 January

MONSTER JAM

GET TICKETS NOW @ FORT LEAVENWORTH LEISURE TRAVEL SERVICES!

310 McPherson Ave, Bldg 464
Or call @ 913-684-2580

Saturday 13 JAN @ 1 PM
Ticket - \$30
PIT PASS - \$25

Sunday 14 JAN @ 1 PM
Ticket - \$30
PIT PASS - \$25

Event Location: T Mobile Center
Tickets Must Be Ordered By 03 Jan

BOSS soldiers

here's what's happening

"let your voice be heard"

updated monthly

recreation & leisure • events • meetings
quality of life • community service

ARMY MWR LIBRARY ONLINE RESOURCES ON THE MOVE

AS OF OCTOBER 1, 2023

Find all of your favorite online resources on our new website:
<https://army.dodmwrlibraries.org>

Play Morning

Thursdays from 9-11:00 a.m.
Ages 3 months – 3 years with Guardian • Resiliency Center

Free play group for ages 3 months - 3 years and their parents/guardians.

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.

