

Instructional Class Summer Catalog



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All schedules are subject to change due to instructor scheduling and availability.

Updates are posted on the CYS Facebook Page; like/follow to get notifications.

Some classes have a minimum enrollment required to begin. If a class is cancelled due to not meeting minimum enrollment, your fees will be refunded.

General Information

SKIESUnlimited is a part of the Army's Division of Child and Youth Services under the Directorate of Family and Morale, Welfare and Recreation (Family and MWR). Our mission is to provide the children and youth of Fort Leavenworth with a variety of classes taught by qualified, imaginative, and dedicated instructors, creating experiences of value, excellence, and enjoyment. In addition, all Fort Leavenworth CYS SKIESUnlimited instructors have had local and national background checks, training in CPR, First Aid, Child Abuse Awareness, Reporting and Prevention, Guidance, Child Developmental Guidelines, and Safety.

<u>Eligible Patrons</u>: Eligible patrons for the SKIES program include children and youth whose sponsors are one of the following: active-duty military, Fort Leavenworth DoD civilian employee (GS, NSPS, NAF, and DOD Contractor), Activated National Guard or Reservist, and retired military.

Registration Information: Registration for Child & Youth Services takes place at Parent Central, which is in the Resiliency Center, 600 Thomas Avenue (Building 198). All students MUST be registered at Parent Central before enrolling in any SKIES programs. Registration is valid for 12 months and may be used for all Fort Leavenworth Child & Youth Service programming. Call Parent Central Services at 913-684-5138 to set up your appointment and ask what you will need to the appointment.

<u>Enrolling for SKIES Classes</u>: Once you have completed the registration process, you may enroll/sign up for classes or programs at any Child & Youth Services location. You may also enroll by phone (684-3207) or by using the WebTrac online system https://webtrac.mwr.army.mil/webtrac/leavenworthcyms.html (user ID and password are available from Parent Central). Please be aware that enrollment is on a first-come, first-served basis. To ensure that your child retains his/her slot in a class, it is highly recommended that you enroll early in continuing sessions.

<u>Payment Policy</u>: Payment for SKIES classes is due at enrollment. Your child's name will be placed on the roster only when payment has been made. We accept payment by cash, check, or credit/debit card. Second child discounts do not apply to any SKIES programs per Department of Army CYS Fee Policy.

<u>Makeup Classes, Cancellation and Refund Policy</u>: Refunds are NOT authorized for child illnesses, cancellations due to weather, family trips, or withdrawal after the class has started. Make up classes will be offered if possible, depending on the instructor's schedule. Refunds may be granted for extenuating circumstances such as prolonged absence due to illness or PCS orders. If you feel this is the case, a refund may be requested in writing to the SKIES Program Director. In the event a class is cancelled due to instructor unavailability, a makeup class will be offered, but no refund will be given.

<u>IMPORTANT NOTICE</u>: RESCUE MEDS (e.g., inhalers, Epi-Pens) will NOT be administered by SKIES instructors. If a child requires an inhaler or Epi-Pen and is not authorized by a physician to self-administer, <u>the parent is required to remain on site during the SKIES class and activities.</u>

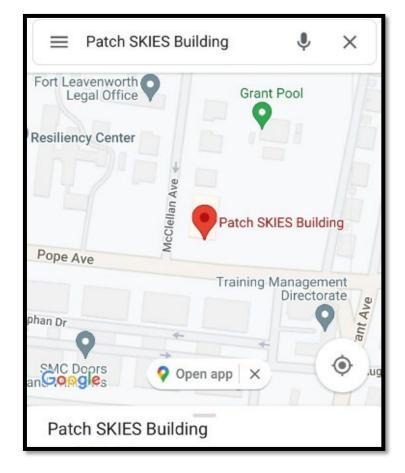
Visit the following for up-to-date information on new SKIES classes:

- ★ WebTrac https://webtrac.mwr.army.mil/webtrac/leavenworthcyms.html
- * Family and MWR website https://leavenworth.armymwr.com
- * CYS Facebook Page: www.facebook.com/cys.ftleavenworth
- **★ Call the SKIES office at 913-684-3207 text 913-704-75**

How to find us?

320 Pope Ave, Building 345, Fort Leavenworth





Parent & Student Safety

Instructors will be using the intermission times between class sessions to disinfect the equipment and areas used by the students. We will need your assistance in keeping classes and waiting areas safe.

- If you or your student is not feeling well, please stay home for everyone's safety. <u>All</u> efforts will be made to get the class made up.
- Please assist your child in washing their hands and then wash your hands upon entering the facility.
- A parent is required to wait in designated seating areas inside or outside the facility for the safety of your child.
- Participants are encouraged to come dressed for class. Closed toe shoes please.

Let's work together.



CLASSES LISTED BY AGE

1 Year	6 years	8 years
Parent / Tod Gym	Family Gym	Violin
2 years	Ballet	Piano
Parent / Tod Gym	Beginning Gym	Guitar
Family Gym	Gym Fit Ninja	Tumbling 8+
3 years	Tumbling	Jr. Golf
Parent / Tod Gym	Theater Workshop	Ballet
Family Gym	7 years	Gym Fit Ninja
Pre-Ballet	Violin	Ukulele
4 years	Piano	Theater Workshop
Pre-Gym	Guitar	9 years +
Family Gym	Theater Workshop	Piano
Pre-Ballet	Ballet	Guitar & Ukulele
5 years	Beginning Gym	Violin
Family Gym	Tumbling 6+	Ballet
Ballet	Jr Golf	Tumbling 8+
Pre-Gym	Ukulele	Jr Golf
	Gym Fit Ninja	Theater Workshop

WEBTRAC also has a feature to search by age.

Dance Classes

Ages: 3+

Cost: \$12 per lesson

Total fee is based on number of classes offered per session. Dance classes will not meet during Federal Holidays. Fees are not charged for the breaks or holidays.

Instructor: Holly Harmison

Location: SKIES Building (Patch Community Center), 320 Pope Avenue (Bldg. 345)

Parents must wait in designated waiting areas & follow all health & safety

requirements.

Minimum enrollment: 5 students



Creative Movement/Pre-Ballet for 3-4 years old

950230- Dancers will explore movement and rhythm as it relates to their bodies and space.

Basic coordination and locomotor skills will be developed with the aid of imagery, props, and music. Ballet skills will be introduced, and the development of posture, flexibility, rhythm, and poise are the goals of the class.

Ballet for 5-10 years old

950230- Basic ballet skills will be learned in a relaxed but structured environment. Dancers will learn proper ballet terminology and pair it with the correct movements. Barre exercises will be introduced as well as work in the center.



So, the shoes and tutus are already packed, or want to try something new without a big commitment? No problem! We are saving the dress code for this Fall.

They can dance in their socks.

*Tutus provided for Ballerina Camp, purchase not required. Costumes will be available for purchase on third day of Ballerina Camp for \$50

Pre-Ballet & Ballet 3 Day Camps

Class Schedule	Years of Age	Day	Times	No Class Days	Fee	# of classes
*Pre-Ballet Ballerina Camp w/ tutu	3-4	Jun 3 - 5th	1630-1715	N/A	\$ 36	3
*Ballet Ballerina Camp w/ tutu	5-10	Jun 3 - 5th	1730-1815	N/A	\$36	3
Ballet (no dress code)	5-10	Jul 29-31	1630-1720	N/A	\$ 36	3
Pre-Ballet (no dress code)	3-4	Jul 29-31	1730-1815	N/A	\$ 36	3

Jr Golf

950520

Ages: 7-17

Instructor: Nancy Hoins 913-306-3769

Cost: \$75

Location: Trails West Golf Course

Minimum enrollment for class is six paid students.

Maximum enrollment is twelve paid students.

Sign up: online with WEBTRAC, Parent Central Services or

Trails West Golf Course 913-651-7176

306 Cody Road, Fort Leavenworth payment due at signup.

Weather may impact if class can be held.

Alternative space for clinic is not available.

Fall sessions:

Session #1 April 29 - May 1 4:15-5:45 pm

Session #2 May 13 - 15 4:15-5:45 pm

Session #3 June 3 - 5 9-10:30 am

Session #4 July 8 - 10 9-10:30 am



Nancy is passionate about teaching golf! Focus is on five basic keys of golf: grip, alignment, posture, rhythm, and balance. Golf lessons will cover the short game as well as the long game. This is to includes chipping, pitching, putting, iron play, driving, sand play, and how to play in a scramble. Learn how to play golf with etiquette, safety, and an understanding of the rules. Emphasis is on having fun and learning to play a lifetime game. Nancy's vast experience uniquely qualifies her to teach golf and enhance the skills of any golfer regardless of their abilities.

Additional private, semi-private and small group lessons are available through the Pro Shop or contact Nancy Hoins. If the kids are bored or just hanging around, come to the Patch Community Center and tour the facility. Come see the furnished gym with gymnastics equipment, the music studios, and our dance studio. Quality instructors with reasonable class fees with all classes located on post. Text 913-704-7595 to set up a facility tour.



Play is often talked about as if it were a relief from serious learning. But for children play is serious learning. Play is really the work of childhood.

-Fred Rogers

Gymnastics Class Descriptions

Parent/Tod Gymnastics, 1 years old with 2-3 years old

950420- 1 yr. -3.99 A shorter version of the 2-4 year old class, class is 30 minutes. **950421**- 2-4yrs. Parent and child will work together to learn essential gymnastics skills, make new friends, and enjoy conquering the new challenges presented to them in the new circuits

Parent/Tod Gymnastics Family 2-6

950421- Parent and children will work together to learn essential gymnastics skills. This class is designed for families with siblings that prefer to be in the same class working with their parents.

Pre-Gym, 4-5 years

each week!

950422- Children receive the opportunity to participate in gymnastics class independently and learn basic gymnastics skills at a faster pace!

Beginning Gym, 6+ years

950423- An entry level class designed for children who don't have prior gymnastics experience OR who still need to polish up their basic skills! They will be working on the essential gymnastics' skills.

Tumbling, 6+ years

950423- This class is suited to anyone that has an interest in learning how to tumble! Every class focuses on proper technique and constantly adding to their repertoire of skills! This class is also appropriate for budding cheerleaders who would like to add tumbling to their list of skills.

Tumbling, 10+ years

950423- This class is suited for the youth that has an interest in learning how to tumble! Every class focuses on proper technique and constantly adding to their repertoire of skills! This class is appropriate for those interested in tumbling to enhance their cheerleading skills.

Gym Fit Ninjas 6+ years

950424- This class is a mix of gymnastics, strength training, running and parkour. High energy students this is your class!

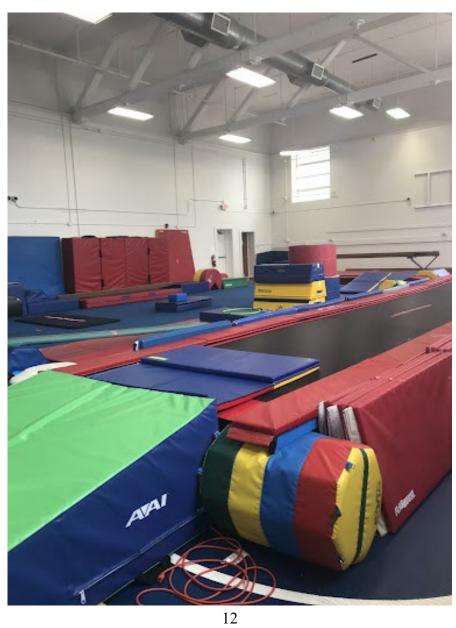
If you need some assistance with enrolling or have questions, please text 913-704-7595 All participants in gymnastics must be enrolled.

Gymnastic Class Fee Schedule

30-minute classes billed at \$11 per session x number of sessions 45-minute classes billed at \$13 per session x number of sessions Minimum enrollment of 3 students

May 28 – 29th Wednesday & Thursday Camp

Class	Time	Cost	# of Classes
Tumbling 6 yrs. +	3:00 - 3:45	\$26	2
Pre-Gym 4-5 yrs.	4:00 - 4:45	\$26	2
Gym Fit Ninja	5:00 - 5:30	\$22	2
Parent/Tod 1-3.99 yrs.	5:45 - 6:15	\$22	2
Beg Gym 6 yrs.+	6:30 - 7:15	\$26	2



June 3-12th Tuesday – Thursday Camp

Class	Time	Cost	# of Classes
Tumbling 6 yrs. +	3:00 - 3:45	\$78	6
Pre-Gym 4-5 yrs.	4:00 - 4:45	\$78	6
Gym Fit Ninja 6-10	5:00 - 5:30	\$66	6
Parent/Tod 1-3.99 yrs.	5:45 - 6:15	\$66	6
Beg Gym 6 yrs.+	6:30- 7:15	\$78	6



June 17-July 9th

Class	Time	Cost	# of Classes
Tuesdays			
Tumbling 6 yrs. +	4:00 - 4:45	\$52	4
Pre-Gym 4-5 yrs.	5:00 - 5:45	\$52	4
Gym Fit Ninja 6-10	6:00 - 6:30	\$44	4
Wednesdays			
Tumbling 9 yrs. +	4:15 – 5:00	\$52	4
Parent/Tod 1-3.99 yrs.	5:15 - 5:45	\$44	4
Beg Gym 6 yrs.+	6:00 - 6:45	\$52	4

^{**}additional classes can be added to meet demand.

July 15-31st

Class	Time	Cost	# of Classes
Tuesday			
. Tumbling 6 yrs. +	4:00 - 4:45	\$39	3
Pre-Gym 4-5 yrs.	5:00 - 5:45	\$39	3
Gym Fit Ninjas 6-10	6:00 - 6:30	\$33	3
Wednesday			
Tumbling 9 yrs. +	4:00 - 4:45	\$39	3
Parent/Tod 1-3.99 yrs	5:00 - 5:45	\$33	3
Gym Fit Ninjas 6-10	6:00 - 6:45	\$33	3
Thursday			
Parent & Child 2-6 yrs. Fam.	4:00 - 4:45	\$39	3
Parent/Tod 1-3.99 yrs.	5:00 - 5:45	\$33	3
Beg Gym	6:00 -6:45	\$39	3

^{*}pro-rated fees when signing up after class has begun

Summer Theater Workshop

9501

Ages: 6+

Cost: \$80 per workshop

*Dates: July 7-11th "Broadway Baby" 1st thru 5th grade

August 4-8th Teen Theater Workshop 6th grade+

Location: Post Theater

Time: 9:00 - 12:00

Minimum enrollment: 10 paid students

Maximum enrollment: 15 paid students

Instructor: Amy Bell

Activities will include auditioning, learning choreography, blocking, and

costuming.

This culminates with a one hour showcase on Friday from 3 to 4 pm.



Music

Private Music Lessons

Ages: 7 to 18 years

Time: Varies. Coordinate with instructor for schedule.

Location: Patch Community Center/SKIES, 320 Pope Avenue Bldg. 345

Please contact the SKIES office at 913-684-3207 for more information.

***The instructor will contact the SKIES Director to process enrollment when a schedule has been set. You will be contacted by the SKIES program to make payment at this time. If the instructor doesn't have a space available, please contact the Director to be added to a wait list. Instructor availability will vary for summer lessons.

Private Piano

950310- Instructor: John Leon

\$19 per lesson

Call Mr. Leon directly to set up lesson schedule. 913-702-2484

Keyboards are available to sign out for students to practice at home.

Private Piano

950311- Instructor: Bill Reindl

\$25 per lesson

Call Mr. Reindl directly to set up lesson schedule. 913-547-1669

Keyboards are available to sign out for students to practice at home.

Private Violin, Viola, Cello, or Bass

950345- Instructor: Heather Ward

Costs: \$20 per lesson

Call Mrs. Ward directly to set up lesson schedule.

253-459-9646





Private Guitar or Ukulele

950310- Instructor: Ronald Meier

Sessions: Lessons are offered on Tuesdays.

Costs: \$19 per lesson

Call Mr. Meier directly to set up lesson schedule. 785-424-4782

SKIES Recruitment

The SKIES program needs instructors with the skills to teach the following. Do you have the skills or know someone that does?

We are looking for you!

- Martial Art & Self Defense
- Life Skills for Pre-Teen and Teens
- Cooking (Basic, Intermediate and or International, etc.)
- Money Management and Financial Literacy
- Music Exploration for Toddlers
- Employee to teach Tumbling & Gymnastics
- Science/STEM/STEAM
- Old-School Hip-Hop Dance
- Hiking





Additional class ideas are welcomed!

For more information, please contact SKIES Director: text 913-704-7595.

Follow Us with Facebook:

Ft Leavenworth Child & Youth Services

Special events, new classes and other types of announcements are made there. Classes that are scheduled after this catalog is created, will be announced there.



Coming soon Tae Kwon Do for children, youth, and parent with child or youth



SKIESUnlimited

Schools of Knowledge, Inspiration, Exploration & Skills







320 Pope Ave, Building 345, Fort Leavenworth, Kansas Call 913-684-3207 or Text 913-704-7595 for information.



All classes are on Post!

Sign up for the class or classes that meets your scheduling needs.

Current registration with Parent Central Services required.

Text 913-704-7595 for additional information.

Online enrollment and payment available