

# LAMP

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THURSDAY  
JANUARY 22, 2026



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## CGSC tests student/instructor-created AI-enabled wargame in exercise



Photo by Sarah Hauck/Command and General Staff College Public Affairs

Command and General Staff Officer Course students in staff groups 14C-D review the AI's output of red reaction to confer and validate results during an exercise using a student/instructor-created AI-enabled wargame Nov. 12, 2025, at the Lewis and Clark Center.

by Sarah Hauck/Command and General Staff College Public Affairs Officer

The U.S. Army Command and General Staff College turned a buzzword into a necessity for professional military education with recent success using a student-instructor created AI-enabled wargame recently tested in a single-day exercise.

The Army's Transformation Initiative has thrust the force into one of the fastest modernization efforts in decades.

Headlines are full of buzzwords like "artificial intelligence," "acquisition modernization" and "counter UAS."

### Way of shaping the Army's future

Maj. Anthony Joyce, alongside fellow instructor, Lt. Col. Timothy Williams, said they believe AI integration is more than a curriculum focus, it's a way of shaping the Army's future.

Joyce explained that in a little over a week, at zero cost, an AI-enabled wargame was created that has career-influencing impacts for students.

"We're effectively transforming (the Command and General Staff School) from just a schoolhouse into a no-code AI software development hub for the Army," he said. "This empowers graduating officers to arrive at their new units as immediate change agents, equipped with tangible, ready-to-use solutions."

The wargame AI-agent, or exercise-specific programming, was built using readily available tools like Vantage by five students and instructors.

The AI-enabled wargame consisted of several main components:

- A custom-made AI agent that included 128,000 different data points focused on the execution of joint task force operation, and all relevant doctrine such as joint publications, enemy battle books and multi-domain operations tables

- Tested prompts for students to use during the exercise and their re-

spective output templates

- Standardized synchronization matrix for data interpretation and use consistency

- A collaborative information environment to allow for international partner participation

### Student exercise

While AI remains an emerging professional military education mul-

timilitary application.

"What was most valuable for me was learning that you don't just ask one question and accept the first answer. We had to learn to focus the model through a series of increasingly precise prompts testing, refining and tailoring the outputs to our staff's specific needs," Ebell said. "That iterative process was really the 'aha' moment: understanding that AI is a partner you need to guide, not a magic box that you turn loose and trust blindly."

Trained, and guided by the AI agent creators like Ebell, 32 students across two staff groups, including international officers, tested courses of action using the AI-enabled wargame in a single-day scenario.

AI allowed students to explore COAs and adjacent outcomes over nine full turns of the exercise, a five-time increase from standard dice-driven wargames, which average about two turns per exercise day.

Each turn, thanks to the AI-agent, allowed students to input relevant information related to their COAs and receive outputs, to include visuals, about a page and a half in length.

These outcomes were reviewed and analyzed by students, with clarifying information put back into the AI-agent.

Even with secondary, re-defining prompts into the AI-agent, turns only averaged about 20 minutes, allowing more learning opportunities as more COAs and their respective effects on the scenario's environment were explored.

This expedited nature of data outputs would typically take hours of manual computation and analysis by a staff.

The data outputs exposed details critical to decision making that human work might have missed.

The exercise's outcomes moved beyond the predictability of increased number of turns and created deeper

multiplier, CGSS instructors recognize students and faculty have significantly varying AI experience.

To ensure the exercise focused on how to efficiently use AI in an operational planning wargame, students and faculty received two hours of basic AI instruction.

The instruction provided an overview for using AI, prompt construction and human override of outputs.

For Capt. Regina Ebell, who was part of the student team that created the AI agent, her AI use had been "casual," having no prior experience with

**"We're effectively TRANSFORMING CGSS from just a schoolhouse into a no-code AI software DEVELOPMENT HUB for the Army. This EMPOWERS graduating officers to arrive at their new units as immediate CHANGE AGENTS, equipped with tangible, ready-to-use SOLUTIONS."**

**— Maj. Anthony Joyce  
Command and General Staff College instructor**

## AT A GLANCE

■ **NATIONAL OPPOSITE DAY STORY TIME** is at 10 a.m. and 2 p.m. Jan. 23 at the Combined Arms Research Library.

■ The **KNOW YOUR WORLD: KUWAIT** presentation is at 3:45 p.m. Jan. 27 in Eisenhower Auditorium at the Lewis and Clark Center.

■ Army Community Service and the Family Advocacy Program present **POSITIVE PARENTING** via Teams from 1:30-3 p.m. Feb. 2, 9, 18 and 23. For more information or to sign up for the free, four-week course, call 520-692-6378.

■ Lt. Col. Kyle Hatzinger will present **"PEOPLE MAKING HISTORY: Col. Charles Pierce, Chief of Army Graves Registration"** at 7 p.m. Feb. 12 at the Leavenworth Public Library.

■ The Vertical Marriage **VALENTINE'S EVENT DATE NIGHT** is 5:30-7 p.m. Feb. 13 at Frontier Chapel. Meals and childcare are provided. For more information or to register, scan the QR code on the flyer on page B1 or call/text 910-644-2999.

■ The Fort Leavenworth Rod and Gun Club will host the **ADVANCED HUNTER EDUCATION AND HUNTING DOG TRAINING** from 7:30 a.m. to 6:30 p.m. Feb. 28, and March 1 if needed, in northwest Leavenworth County. For more information and to obtain the entry form, contact Kent Ervin at [kent.e.ervin.civ@army.mil](mailto:kent.e.ervin.civ@army.mil) or 913-240-9596.

■ A **SAFETY SURVEY** for Fort Leavenworth Garrison employees is currently underway. See flyer on page B1 to scan the QR code to begin the survey.

■ Fort Leavenworth Thrift Shop **COMMUNITY ASSISTANCE GRANT APPLICATIONS** are available from 9:30 a.m. to 2:30 p.m. Tuesdays, Wednesdays and Thursdays at 1025 Sheridan Drive. Applications are due by Feb. 24, 2026, and funds will be available in April. Call 913-651-6768 for more information. See page A6 for more grant and **SCHOLARSHIP OPPORTUNITIES**.

# Services for retired LTC Quentin Schillare planned for Jan. 26, 27

## OBITUARY

Courtesy R.L. Leintz Funeral Home

Visitation will be from 5-7 p.m. Jan 26 at the R.L. Leintz Funeral Home in Leavenworth.

Mass of Christian Burial will begin at 11 a.m. Jan. 27 at St. Casimir Catholic Church. Burial with military honors will follow at the Leavenworth National Cemetery.

Retired Lt. Col. Quentin W. Schillare, husband of Gail Prestridge Schillare, died in Olathe, Kansas, surrounded by his family, on Jan. 15, 2026, after a short illness.

He was born in Waterbury, Connecticut, on May 18, 1945, son of the late Herman and Naomi (Daigle) Schillare, and raised in Watertown, Connecticut. He married Barbara Joan Moore on July 17, 1971, in Watertown. She preceded him in death on April 10, 2004. He married Gail Prestridge in Leavenworth, Kansas, on Aug. 12, 2005. She survives at the home.

He graduated from Watertown High School in 1963. He received several degrees from the University of Connecticut at Storrs: bachelor of science in forestry in 1967, bachelor of arts in history in 1974, and a master of business administration in 1977. He played basketball and lacrosse for UConn during his undergraduate years. Schillare also received two master of military arts and sciences degrees from the U.S. Army Command and General Staff College at Fort Leavenworth.

Schillare was a professional military officer, enlisting in the Army in 1967, graduating from Infantry Officer Candidate School in 1968, the Command and General Staff College in 1989, the School of Advanced Military Studies in 1990, and

from the U.S. Army War College Defense Strategy Course in 1992. Following command and staff assignments in Europe, Asia, Africa and the continental United States, he retired from active duty in 1997. During his service, Schillare was awarded the Combat Infantry Badge, the Parachutist's Badge, the Legion of Merit, the Bronze Star for Valor with three Oak Leaf Clusters, the Defense Meritorious

Service Medal, the Army Meritorious Service Medal with two Oak Leaf Clusters, and 17 other awards and decorations.

After his military retirement, Schillare worked for several defense contractors at Fort Leavenworth as a military analyst until retirement in September 2014. He was a member of the Association of the United States Army, the Fort Leavenworth Historical Society and the Coast Defense Study Group. Through these groups and his prior service, he authored several publications.

Besides his wife, Schillare is survived by sons Greg (Betsy) of Olathe, Kansas; Geoffrey (Katie) of Parkville, Missouri; and Jason (Alicia) of Overland Park, Kansas; daughter Elizabeth (Adam) of Black Hawk, Colorado; and

eight grandchildren.

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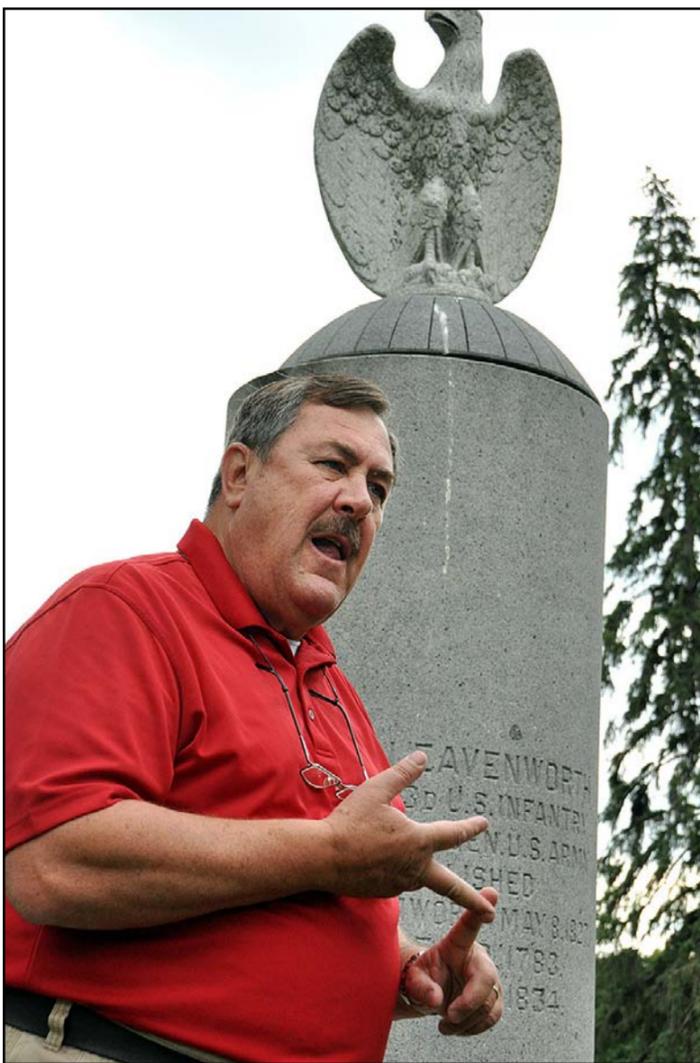


Photo by Prudence Siebert/Fort Leavenworth Lamp

Retired Lt. Col. Quentin Schillare, author of "Fort Leavenworth: The People Behind the Names," talks about some of the post's namesakes who are buried at the Fort Leavenworth National Cemetery Sept. 17, 2015, at the gravesite of post founder Col. Henry Leavenworth. Schillare shared stories from his book as the "People Behind the Places Names" columnist for the *Fort Leavenworth Lamp* from 2015-2018. See related story below.

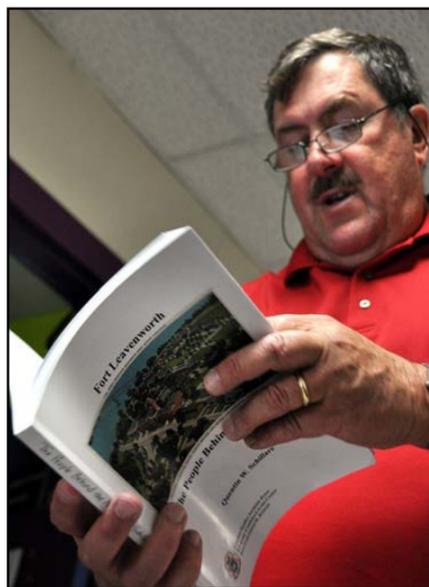


Photo by Prudence Siebert/Fort Leavenworth Lamp

**"Fort Leavenworth: The People Behind the Names" author Quentin Schillare flips to a section in his book about Harold Youth Center while talking about the center's namesake, Air Force Capt. Patrick Harrold, who graduated from Leavenworth High School in 1963 and Kansas State University in 1967, during a tour of post locations featured in his book Sept. 17, 2015.**

## What's in a name?

# Author gathers stories behind post namesakes

by Jennifer Walleman/Former Lamp Staff Writer

Gen. Ulysses S. Grant, the leader of the Union Army and 18th president of the United States, has a gate, hall, swimming pool, auditorium, hill and stained glass window named after him on Fort Leavenworth. Including his statue and the avenue along which it stands, Grant has the most namesakes out of any other person. Ironically, Grant only visited post once.

Quentin Schillare spent seven years researching the names behind the streets, buildings and terrain features on Fort Leavenworth. His book, "Fort Leavenworth: The People Behind the Names," was recently (2015) published through the Combat Studies Institute Press.

In the book, Schillare tells the backstories of many well-known and not-so-known Fort Leavenworth namesakes. The idea for the book came about seven years ago after Schillare did a presentation for the Fort Leavenworth Historical Society on Fort Leavenworth and the Philippines. He had visited the Philippines and discovered that many coast defense batteries and harbor defense installations were named for

people who were also namesakes on Fort Leavenworth.

"I did some research, and then I said, you know, everybody knows who Eisenhower is and Marshall, Patton and Bradley and all the other names that are familiar to all of us, but there are a lot of people, including those buried here (at Fort Leavenworth National Cemetery) in section one, that are namesakes on post that no one has ever heard of, like (Pvt.) Fitz Lee, a guy who died of lung disease in Leavenworth after leaving the Army (in 1899). He was a Buffalo Soldier, and there are two things named for him on Fort Leavenworth. There's the Lee House and the theater (Fitz Lee Hall). How an Army private got two things named after him I guess is a larger story."

Schillare enlisted in the Army in 1967 as a private and retired in 1997 as a lieutenant colonel. He attended the Command and

SEE FROM THE LAMP ARCHIVES | A3

### FROM THE LAMP

Published in the *Archives*  
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**Fort Leavenworth**  
THE ARMY SERVICE SCHOOLS AND STAFF COLLEGE

**The People Behind the Names**

**Quentin W. Schillare**

**Combat Studies Institute Press**  
 US Army Combined Arms Center  
 Fort Leavenworth, Kansas

Retired Lt. Col. Quentin Schillare's book, "Fort Leavenworth: The People Behind the Names," can be accessed online at [https://www.armyupress.army.mil/portals/7/educational-services/staff-rides/ftl\\_peoplebehindnames.pdf](https://www.armyupress.army.mil/portals/7/educational-services/staff-rides/ftl_peoplebehindnames.pdf).

## FORT LEAVENWORTH LAMP

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## From the *Lamp* archives (continued from Page A2)

General Staff College, the School of Advanced Military Studies and worked after retirement for the Battle Command Training Program and Northrup Grumman until he retired from civilian service.

Until 2007, when he started the book, the only major works Schillare had published were the thesis for the master of military art and science degree in history he earned at CGSC and a couple of monographs. He said the response to the book has been positive.

“It’s funny,” Schillare said. “There have been people who have expected this thing to come out for quite some time. I’ve had requests, ‘How do I get a copy of the book?’”

Although limited copies were printed, the document can be downloaded from the CSI Press website. (It can now be accessed at [https://www.armyupress.army.mil/portals/7/educational-services/staff-rides/ftl\\_peoplebehindnames.pdf](https://www.armyupress.army.mil/portals/7/educational-services/staff-rides/ftl_peoplebehindnames.pdf).)

Schillare researched the namesakes mentioned in his book by using resources from the command historian’s office on post, the Ike Skelton Combined Arms Research Library and word of mouth. Schillare said he kept finding namesakes.

“I was over in the (Adjutant General) building by the stables on McClellan, and I’m waiting in line to get my ID card renewed, and I look up and there’s a sign over the door,” Schillare recalled. “‘The Henry Knox Classroom.’ There’s a sign over there. They’re hiding things on me. They have a room. It was sort of like peeling an onion, which is why it took seven years to do that.”

(Then-) Combined Arms Center Command Historian Kelvin Crow remembers when Schillare visited him with the idea for the book. Crow had the same idea on his computer under fun things to do.

“This project was one of those fun things to do, but it had been on there for years with zero progress,” Crow said. “At first, I was kind of resentful, but then I realized this is the only way it’s ever going to get done. Let’s do it.”

Crow said he could see the value in the book.

“There was no single repository of this information,” Crow said. “You could pull up an old map from when the Signal Corps was located here, and it would say, ‘Hey, this is Grant Hill,’ and you’d go, ‘Really? I didn’t know there was a hill’ because we all drive around in cars, and it’s just invisible to us. They walked or rode horses, so terrain features, little holes in the ground, meant something to them. We’re in danger of losing that (with) people not knowing about things being renamed, and so it needed to be done.”

Army Regulation 1-33, “The Army Memorial Program,” is the governing rule for naming things on post, and the Garrison has responsibility for this. AR 1-33 has restrictions on naming permanent fixtures, including not renaming things already named, and not naming things after Medal of Honor recipients, general officers or living persons unless obtaining proper approval, as was the case with the Gen. Colin Powell bust in the Buffalo Soldier Commemorative Area on post.

There is a Garrison committee headed by the (then-) deputy to the Garrison commander, Jack Walker, with committee members chosen based on policy such as the chaplain, engineer and historian to enforce these regulations. Meeting minutes are sent to the Garrison commander for ap-



Photo by Prudence Siebert/Fort Leavenworth Lamp

**Then-Combined Arms Center Command Historian Kelvin Crow listens as retired Lt. Col. Quentin Schillare, author of “Fort Leavenworth: The People Behind the Names” —standing between the gravesite of 1st Sgt. Percival G. Lowe and his wife, Margaret, and a smaller tombstone for their son, Capt. Percival Lowe — talks about unraveling the mystery of the two Lowe tombstones Sept. 17, 2015, in the Fort Leavenworth National Cemetery. The Resiliency Center is in Lowe Hall, named for the elder Lowe.**

proval and then to U.S. Army Installation Management Command. Whenever a road is removed or a building torn down, that name gets put on a list for reuse.

Many places on post were named before this regulation was enforced, which is why Grant has so many namesakes.

“When you are arguably the most famous general in the U.S. Civil War, a two-term president, people will find a way to name things for you, even though you’ve

Capt. Patrick Harrold, who is the namesake of Harrold Youth Center and the only namesake of an Air Force officer on post. Harrold was an Army brat who graduated from Leavenworth High School and Kansas State University. He was serving in Thailand when he was shot down over Laos in 1969. His wife was notified he was missing the day before she gave birth to their son. His remains were recovered by accident in 1993 while Army officials were on a mission

to look for another aircraft crash. Harrold and his wife’s graves are in Abilene, Kansas, her home town. Schillare and his wife drove to Abilene and found their graves. The double tombstone features the birth and death dates, marriage dates and their son’s name.

“That’s the kind of thing that in one place I got all the informa-

tion,” Schillare said. “Over in the CAC History Office, they have vertical files they have been keeping for a long time, just manila folders with stuff in them. They had some information on him, but until I found this, I didn’t have any hard dates.”

Some namesakes were based on deduction, Schillare said.

One of those being Sgt. Maj. Truman Organ, who Schillare believes is the namesake of Organ Avenue.

“I was trying to figure out who was Organ,” Schillare said. “Nobody knew.”

While at the Fort Leavenworth National Cemetery looking for another namesake, Schillare happened upon Organ’s grave.

“I saw this grave and was like, that’s the man,” Schillare said.

According to Schillare’s book, Organ joined the 1st Cavalry at Fort Leavenworth as a teenager and remained with the regiment for the next decade. He also served in the Philippines and Cuba and then re-

turned to Fort Leavenworth. He retired in 1907 and worked as an engineer.

Schillare speculates that Organ named the street after himself while working as an engineer on post after retirement. Organ Avenue was the first thing on Fort Leavenworth memorializing a noncommissioned officer.

In his research, Schillare found conflicting facts on several namesakes. One of them was the spelling of “Blochberger.” Lt. Col. Irene Blochberger is the namesake of Blochberger Avenue and Blochberger Terrace, two buildings on Kearney Avenue once used as nursing quarters and now (2015) used as the Mission and Installation Contracting Office. Through the years people have spelled her name with a “K” — including her Leavenworth High School yearbook from 1930 and the current sign at Blochberger Terrace. Her plot at Mount Muncie Cemetery in Lansing, Kansas, spells her name with an “H.”

“We figured when she was buried, her family knew how to spell her name,” Schillare said. “The editors at the yearbook may not know how to spell her name, the engineers may not know how to spell her name, but the cemetery would.”

Blochberger graduated from LHS and went to St. John’s School of Nursing. She served as a nurse from 1934 to 1937 on Fort Leavenworth, where she joined the Army Nurse Corps and served on Fort Leavenworth until 1940. She is the first and only military woman memorialized on post.

Remembering legacies proves value in the book, Crow said.

“People forget,” Crow said. “A generation goes by and people have forgotten what someone did. ... Then you start peeling that back and looking at it and go ‘This guy is really cool. He did some cool stuff.’”

Schillare said the book was an enjoyable experience.

“It’s been kind of fun,” Schillare said. “It’s been fun to work with. As they say, somebody knows, so somewhere all this information exists.”

To download the PDF version, visit [https://www.armyupress.army.mil/portals/7/educational-services/staff-rides/ftl\\_peoplebehindnames.pdf](https://www.armyupress.army.mil/portals/7/educational-services/staff-rides/ftl_peoplebehindnames.pdf).

**“A GENERATION goes by and people have FORGOTTEN what someone did. ... Then you start peeling that back and looking at it and go ‘This guy is really cool. HE DID SOME COOL STUFF.’”**

**— Retired Lt. Col. Quentin Schillare  
Author of “Fort Leavenworth: The People Behind the Names”**

never been here,” Schillare said. “There’s a statue, there’s roads, there’s buildings, there’s conference rooms, there’s all sorts of things.”

There is nothing on Fort Leavenworth that is a namesake for an officer who resigned commission in the U.S. Army to join the Confederacy in 1861.

“One of the things we forget is the victors who were running the Army after the war, they still didn’t have a very good feeling,” Schillare said. “The guys who were running Fort Leavenworth and the Army in the last half of the 19th century, they still hated the guys they fought a war against. There was no chance you were going to have anything on Fort Leavenworth named after anybody who fought against the cause of the Union.”

One of Schillare’s favorite parts of the book was finding sources of information he didn’t know existed and confirming facts.

One name that stuck out was Air Force

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# LHS JROTC to host home drill meet Feb. 28

## Silent auction throughout month of February to benefit nationals-bound LHS JROTC drill teams

by LHS JROTC Program

The Leavenworth High School Junior ROTC program will host an online silent auction beginning Feb. 1. Bidding will remain open through the LHS JROTC Home Drill Meet on Feb. 28, which will be conducted at the LHS gymnasium, 2012 10th Ave. in Leavenworth. The drill meet will run from 9 a.m. to 4 p.m., with auction bidding closing at 2 p.m.

Visit <https://givebutter.com/c/0vdC2r> for auction details.

Auction items will be available for viewing during the drill meet, and bids can be placed either online or in-person throughout the event.

The auction will feature a diverse selection of offerings, including signed sports memorabilia, contributions from local businesses, themed gift baskets,

handcrafted items and other treasures.

All proceeds from the silent auction will support the LHS JROTC drill teams, as they prepare to compete at the national level in Daytona, Florida, in early May 2026.

The home drill meet is a cornerstone event that unites cadets, families and community members while strengthening and celebrating the Leavenworth High School JROTC program.

We warmly invite you to join us for a day of camaraderie, spirited competition and community pride.

For more information about the event, contact retired 1st Sgt. Wayne Cogdill at 913-705-0530 or [wayne.cogdill@lvpioneers.org](mailto:wayne.cogdill@lvpioneers.org).



# Be prepared to prevent cold-weather injuries

by U.S. Army Combat Readiness Center, Fort Novosel, Alabama

It is that time of the year again when the days are shorter and temperatures colder. Therefore, soldiers should think ahead about preventing cold-weather injuries.

The Defense Centers for Public Health-Aberdeen reported there were 264 Army cold-weather injuries in fiscal year 2024 (October 2023 - February 2024), according to data from the U.S. Armed Forces Cold Weather Injury Report.

The typical soldier who suffers a cold-weather injury is usually male; E-4 or below with less than 18 months in service; about 20 years old; from a warm climate; uses tobacco, alcohol and/or medications; and neglects proper foot care. However, anyone can become a cold-weather casualty.

Training Circular 4-02.3 states every soldier will protect against "cold injury in cold climates by wearing proper cold-weather clothing and frequently changing socks to keep feet dry, by careful handling of gasoline-type liquids and by avoiding contact between skin and cold metal."

Cold-weather injuries include hypothermia, frostbite, nonfreezing cold injuries (chilblains and immersion/trench foot), and injuries related to cold exposure (dehydration, sunburn, carbon monoxide poisoning, snow blindness, and slips, trips and falls).

### Risk factors

There are several factors that influence these injuries, including:

- A prior cold-weather injury, which increases a soldier's risk of suffering another one; medical conditions such as anemia, diabetes, sickle cell disease, hypotension (low blood pressure) and any other disease of the blood vessels that can decrease blood flow to the extremities; and some medications that impair blood vessel constriction and the body's ability to conserve heat. Soldiers should alert their leaders and battle buddies about prior cold-weather injuries, medical conditions and medications that make them susceptible to a cold injury.
- Alcohol may make you feel warm, but it causes the skin's blood vessels to dilate, resulting in an increase of heat loss. It also impairs judgment, making it difficult to detect a cold injury. Alcohol and caffeine increase urination and the risk of dehydration. Nicotine use (smoking or chewing) constricts the blood vessels, leading to less blood flow to the extremities (hands and feet) and increasing the risk of frostbite.
- Vigorous activity or exercise leads to sweating, wet clothing and heat loss. Remove or loosen

clothing as needed to prevent sweating. Low heat production from underactivity can lower the body's core temperature. Exercise the large muscle groups, toes, feet, fingers and hands and continue to move.

### Cold-weather clothing

Cold-weather clothing is designed to reduce heat loss to the environment and protect against hypothermia. Tight-fitting clothing reduces insulation, restricts movement and leads to heat loss.

When dressing, consider these tips:

- Multiple layers of clothing allow air to be trapped to provide insulation. This allows soldiers to remove layers as needed based on their activity level and environmental conditions. The innermost layer that is in contact with the skin must have wicking properties, allowing water vapor to be transmitted to the outer layers for evaporation. Wet clothing will reduce the insulation provided by the layers of clothing. Choose clothing made of polypropylene, fleece, a Gore-Tex shell or other equivalent synthetic materials.
- Protect the feet by keeping boots and socks clean and dry and changing them out if they become wet.
- Protect the hands by wearing gloves or mittens with the appropriate inserts/liners. Avoid contacting snow, fuel or bare metal with unprotected hands. Mittens provide greater protection from cold injuries but reduce dexterity.
- Be sure to wear a cap. The head can account for up to 50 percent of the body's total heat loss.
- Use the acronym **COLD**: Keep it clean; avoid overheating; wear clothing loose and in layers; and keep dry.

Stay hydrated, don't skip meals

Dehydration limits a soldier's ability to sustain physical activity and the body's ability to balance heat production and loss. The cold may decrease sensitivity to

thirst. Adding strenuous activity can increase the risk of dehydration. Drink water or warm liquids for hydration and monitor the color of urine (a lighter color indicates good hydration).

Inadequate nutrition can cause low blood sugar (hypoglycemia), impairing shivering and the body's ability to generate heat. It also limits a soldier's ability to maintain physical activity and generate heat. Do not skip meals.

### Other injuries related to cold-weather exposure

Carbon monoxide poisoning is the result of being exposed to engine exhaust and stoves and heaters with inadequate ventilation in an enclosed space. Ensure tents have adequate ventilation and use only heaters that are approved for indoors. Do not remain in an idling vehicle for long

periods, and never sleep in an idling vehicle.

Snow blindness is caused by not wearing eye protection when exposed to ultraviolet (UV) radiation. This type of injury is related to the intensity of the sun, not the air temperature. Snow blindness can degrade a soldier's performance due to blurred vision, pain and a gritty feeling, tearing and a headache. Snow blindness can be prevented with the use of sunglasses or goggles that block more than 90 percent of UV radiation.

Sunburn will increase heat loss and make a soldier more susceptible to hypothermia. Sunburn is related to the intensity of the sun and not the ambient temperature. Use an appropriate sunblock with at least a sun protection factor (SPF) of 15, ensuring it blocks both UVA and UVB rays.

Slips, trips and falls on ice and snow cause fractures, sprains and strains of the lower extremities, wrists and ankles. These can be prevented with the use of shoes with good traction.

Fortunately, cold-weather injuries are preventable. It is the responsibility of every soldier to know the risk factors and use that information to mitigate an injury. They should also notify their leaders and battle buddies of any of these risk factors for a cold-weather injury. In turn, leaders must know their soldiers who are at an increased risk due to medical conditions, medications or a prior cold-weather injury.

Refer to Technical Bulletin MED 508, "Prevention and Management of Cold-Weather Injuries" for more information.

## It's Cold Outside - Keep Warm & Safe from Fire & Carbon Monoxide (CO)

### Smoke & CO Alarms

- Install working CO and smoke alarms on every level of the home and outside sleeping areas.
- Install working smoke alarms inside each bedroom.

### Space Heaters

- Use a wall outlet and never a power strip.
- DO NOT leave running unattended or while sleeping.

### Portable Generators

- Use portable generators outside only, at least 20 feet from home, and direct exhaust away from home and any other buildings.
- Never use a generator inside a home, basement, shed or garage, even with the door(s) open.



United States  
Consumer Product Safety Commission

NSN-10-012025v032025



CPSC.gov  
USCPSC

## AI integration at CGSC (continued from Page A1)

doctrinal understanding and application among the future field-grade leaders.

The AI agent not only uncovered blind spots in COAs and respective outcomes, but delivered battlefield success influencers not previously considered, encouraging more adaptive and creative thinking as students lead through those AI-discovered variables.

Maj. Seth Lavenski, who managed output formatting and overall AI agent refinement, explained that AI is not new, and the power it can have to increase tempos, improve mission readiness and enhance expertise must be recognized and understood, especially by students like himself.

Completing the Command and General Staff Officer Course places certain expectations on graduates, and AI knowledge has been added to that already long list, he said.

“Our formations expect us to drive modernization, not catch up to it,” Lavenski said.

Lavenski acknowledged the transition from a company-grade to a field-grade officer requires students to be aware of and understand not only basic leadership competencies but also the importance of using expertise gained through PME to drive meaningful change.

He credited his instructors for the opportunity to fully engage with generating impact through education.

“The experience reinforced that innovation thrives when leaders empower teams to experiment, learn and iterate toward better solutions,” Lavenski said.

### CGSC AI article in *Small Wars Journal*

The experiment and its associated solutions were captured by the AI-agent team in a co-authored article outlining these multi-layered results and why it is demonstrated proof to why AI must be integrated within professional military education.

According to Ebell, the article was a necessity after seeing the successful integration of a buzzword technology into PME.

“I wanted to help capture and share what we actually did in the classroom — how we used AI as a practical tool to improve and accelerate our planning, not just as a buzzword,” she said. “My classmates and I saw very quickly that even with limited prior experience using AI, we could meaningfully integrate it into a traditional staff process and

get real value out of it.”

Aside from the curriculum-based outcomes, the AI-enabled wargame highlighted common themes that, according to the students responsible for building it, could drive impactful change for the Army.

Capt. Tyree Meadows, who was the lead developer for the prompts used throughout the scenario, is no stranger to AI, using it frequently in his daily life.

He said the use of AI within his military education illuminated a key factor for him: this AI exercise isn't just a check-the-block lesson; it's a deliberate effort to generate career-long skills.

“AI is not something you can simply offload thinking to. Leaders must understand how it works, when it's appropriate, how to critique outputs and how to maintain a human in the loop,” Meadows said. “Without experimentation and training in PME, leaders will enter key positions unprepared to maximize these tools — or to recognize when not to use them.”

Maj. Jody Colton, simulations officer and member of the development team, was looking for outcomes to implement in his next assignment.

“In my mind, I am trying to envision how this tool can complement what my functional area is working hard to achieve with Next Gen Construction in the synthetic training environment,” Colton said.

Echoing his co-creators, Colton said AI skills gained

throughout the wargame build are critical and go beyond the game's demonstration of how it can improve decision speed.

“This feels like a jumping on a moving train moment. If PME does not incorporate emergent technology, even if it must do it in stride, we will miss the train,” he said.

Joyce and Williams said the AI-agent wargame exercise is something easily replicable and in direct support of joint warfighter doctrinal outcomes.

Similarly, in academic year 2025, CGSC's School of Advanced Military Studies launched its own experimental, multi-day Practical Application of Artificial Intelligence module.

Also student-developed, the module had similar educational outcomes in developing students' AI skills and its application to the art of war.

The replicable nature and demonstrated PME impacts within CGSS and SAMS places CGSC as a leader in AI-implementation, not only at CGSC, but across professional military education.

To read “AI-enabled wargaming at the U.S. Army Command and General Staff College: Its implications for PME and operational planning” by Lt. Col. Timothy J. Williams, Maj. Anthony A. Joyce, Maj. Seth Lavenski, Maj. Jody Colton, Capt. Regina Ebell and Capt. Tyree Meadows, visit <https://smallwarsjournal.com/2026/01/16/ai-enabled-wargaming-cgsc/>.



Photo by Sarah Hauck/Command and General Staff College Public Affairs

**Command and General Staff Officer Course students in staff groups 14C-D review the AI's output of red reaction to confer and validate results during an exercise using a student/instructor-created AI-enabled wargame Nov. 12, 2025, at the Lewis and Clark Center.**

## Abrams prototype revealed at auto show

by Ashley John/from Army.mil

DETROIT, Mich. — The U.S. Army unveiled the first M1E3 Abrams early prototype at the North American International Auto Show in Detroit earlier this month.

This groundbreaking Army-led design, produced in collaboration with Roush, incorporates lessons learned from earlier risk reduction activities and demonstrates the Army's commitment to moving with speed to deliver key enabling technologies — software, mobility and lethality — into the hands of soldiers quickly.

“The M1E3 Abrams represents a bold step forward in modern vehicle design, combining advanced protection, reduced weight, and a smaller logistical footprint to meet the challenges of tomorrow's battlefield,” said Michelle Link, the deputy capability program executive, Ground Combat Platforms.

Unlike previous designs tailored to specific terrains or theaters, the M1E3 Abrams is built to adapt to a wide range of threats, including the growing use of drones and long-range precision weapons. To counter these challenges, the vehicle integrates cutting-edge survivability systems, which enhances its ability to protect both the crew and the mission.

“This next-generation Abrams is designed to transform how armored units operate globally. By streamlining its sustainment needs and increasing deployment speed, the M1E3 Abrams ensures faster movement from ports to the front lines, making it more agile and accessible in any environment,” Link said.

The development of the M1E3 Abrams has been informed by extensive testing and feedback, including insights from soldiers in the field. These efforts have shaped its advanced digital vehicle controls and a government-owned open systems architecture, which allows for rapid updates to both software and hardware. This flexibility ensures the platform can evolve to meet future needs.



U.S. Army Photo

**The U.S. Army unveiled the first M1E3 Abrams early prototype at the North American International Auto Show, ABOVE and BELOW, in Detroit earlier this month. Unlike previous designs tailored to specific terrains or theaters, the M1E3 Abrams is built to adapt to a wide range of threats, including the growing use of drones and long-range precision weapons. To counter these challenges, the vehicle integrates cutting-edge survivability systems, which enhances its ability to protect both the crew and the mission.**

The Army has also tapped into the innovative spirit of Detroit and Michigan's broader automotive industry, partnering with non-traditional companies to bring fresh ideas and expertise to the design and production of the M1E3 Abrams. Many of these partners have a proven track record of working with the Army to validate critical technologies, making them ideal collaborators for this ambitious project.

At the heart of the M1E3 Abrams is a suite of AI-powered digital engineering tools, including GenAI, which enable rapid technology integration and open systems architecture. These advancements not only enhance the vehicle's lethality but also ensure it remains a cutting-edge solution for modern warfare.



The unveiling of the M1E3 Abrams early prototype is a milestone that bridges the worlds of defense and innovation. It highlights the Army's ability to learn, adapt and

deliver advanced technologies with speed and precision — ensuring that soldiers are equipped with the tools they need to succeed in an ever-changing world.

# Beaver dam cleared to save road



Photos by Cooper Whorton/Student Conservation Association intern

Drake Parsons, LEFT, Student Conservation Association intern, works on removing a beaver dam from Quarry Creek Jan. 15 near Sherman Army Airfield.

A system of four beaver dams has been constructed on Quarry Creek over the past year. The dams, ABOVE, had been tolerated thus far, but are now threatening to overtop Chief Joseph Loop Road. The water level is within five inches of flowing over the road, and given the flash-flood nature of Quarry Creek, a medium-sized rain could flood Chief Joseph Loop Road and damage Army infrastructure. Past experience has shown that repeatedly tearing out the beaver dams will force the beavers to relocate. If their new dams do not threaten infrastructure or life/health/safety, they will be allowed to persist. If the beavers do not relocate, they will be lethally removed, thus the SCA dam removal is protecting Army infrastructure and the beavers.

SCA interns do various natural resource projects around post. In addition to the beaver dam removal, they also remove invasive species, survey wildlife, and conduct trail maintenance and habitat manipulation. SCA intern positions will be available at Fort Leavenworth in the future if funding allows, with positions advertised, most likely, in August and filled in September.

## Pet of the Week: Ralphie



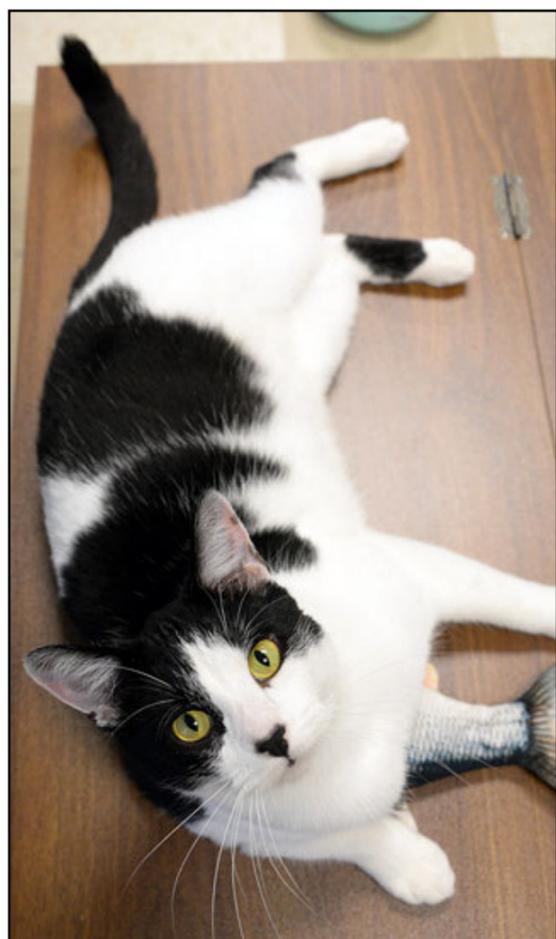
Ralphie is a young, male domestic shorthair cat available for adoption at the Fort Leavenworth Stray Facility.

The adoption fee for a cat is \$100, which helps cover some of the care received, including neuter/spay surgery, vaccinations to date and microchipping.

E-mail [fortleavenworth-strayfacility@gmail.com](mailto:fortleavenworth-strayfacility@gmail.com) for an adoption application and call 913-335-0788 for an appointment. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility. Visit <https://www.petfinder.com/member/us/ks/fort-leavenworth/fort-leavenworth-stray-facility-ks174/> for adoptable pet profiles.

The Fort Leavenworth Stray Facility, at 510 Organ Ave., is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday; 9 a.m. to noon the second Saturday of the month; and by appointment for pre-approved adopters. Call 913-335-0788 for an appointment or more information.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed.



To apply to volunteer with the Fort Leavenworth Stray Facility, visit <https://vmis.armyfamilywebportal.com/>, enter ZIP code 66027, then search for "stray animal facility."

Photos by Prudence Siebert/Fort Leavenworth Lamp

## GRANTS, SCHOLARSHIPS AT A GLANCE

■ Fort Leavenworth Thrift Shop **COMMUNITY ASSISTANCE GRANT APPLICATIONS** are available from 9:30 a.m. to 2:30 p.m. Tuesdays, Wednesdays and Thursdays at 1025 Sheridan Drive. Applications are due by Feb. 24, 2026, and funds will be available in April. Call 913-651-6768 for more information.

■ Scholarship applications are available at the Army Education Center for the **JOHN W. POILLON SCHOLARSHIP**, which is open to high school seniors who are dependents of U.S. service members currently or within the past two years assigned to Fort Leavenworth or dependents of civilians employed at Fort Leavenworth. Application deadline is March 10, 2026. Visit the Army Education Center to apply or for more scholarship opportunities.

■ The **FORT LEAVENWORTH SPOUSES' CLUB** is currently updating its community giving program and will soon be posting application procedures for

scholarships and community grants at <https://fortleavenworthspousesclub.org/community-giving>.

■ The **COMMAND AND GENERAL STAFF COLLEGE FOUNDATION 2026 COMPETITIVE SCHOLARSHIP PROGRAM** for spouses, children or grandchildren of U.S. Army Command and General Staff College alumni and others who are life members of the CGSC Foundation's Alumni Association is open for applications through March 15. The application is available on the CGSC Foundation website at [www.cgscfoundation.org/scholarships](http://www.cgscfoundation.org/scholarships).

The 2026 CGSC Foundation scholarship awards include seven cash scholarships: one \$5,000 (the Colonel Stephen E. "Brownie" Brown Scholarship), one \$1,000, one \$750, and one \$500 to students who are beginning their college education; and one \$1,000, one \$750, and one \$500 scholarship to students who are continuing their college education.

■ **FISHER HOUSE FOUNDATION'S SCHOLARSHIPS FOR MILITARY CHILDREN** program is accepting applications for the 2026-2027 academic year, now through Feb. 11. To apply, visit <https://fisherhouse.org/programs/scholarship-programs/scholarships-for-military-children/>.

The Scholarships for Military Children program is open to unmarried military dependent children under the age of 23 who possess a valid USID card and are enrolled or planning to enroll in a full-time undergraduate program leading to a bachelor's degree or a community/junior college designed to allow for a direct transfer into a four-year program. The student's parent(s) or sponsor(s) must be active duty; reserve/guard; or deceased or retired from the Army, Marine Corps, Navy, Air Force, Coast Guard, or Space Force. Applicants or sponsors do not need to live at an installation with a commissary — select the commissary nearest/where the sponsor shops.

THURSDAY  
JANUARY 22, 2026



# LAAMP

## Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

### NATIONAL OPPOSITE DAY STORY TIME

Story Time Information  
Date: Friday, Jan. 23<sup>rd</sup>  
Start Times: 1000 & 1400

### FORT LEAVENWORTH THRIFT SHOP

## COMMUNITY ASSISTANCE GRANTS

Applications are available at the Thrift Shop  
**1025 Sheridan Drive, Building 1049**

Hours of Operation  
**Tuesday, Wednesday, Thursday, 1st Saturday**  
from **9:30 AM - 2:30 PM**

GRANTS ARE AVAILABLE FOR ELIGIBLE ORGANIZATIONS, NOT INDIVIDUALS

APPLICATIONS MUST BE COMPLETED AND RETURNED TO THE THRIFT SHOP BY **TUESDAY, FEBRUARY 24TH**

## KNOW YOUR WORLD CULTURAL SERIES

	<b>NETHERLANDS</b>	<b>SEPTEMBER 17 2025</b>
	<b>KUWAIT</b>	<b>JANUARY 27 2026</b> <i>NEW DATES</i>
	<b>ARGENTINA</b>	<b>FEBRUARY 11 2026</b>
	<b>INDIA</b>	<b>FEBRUARY 18 2026</b>
	<b>CABO VERDE</b>	<b>MARCH 25 2026</b>

**Presentations start at 1545 in Eisenhower Auditorium & on CGSC YouTube**  
Open to the public-all are welcome to attend or view online  
All IMS Attend//Presenting IMS' Section expected to attend//All Staff Groups Highly Encouraged to Attend//Post Presentation Culinary Sampling Offered to all who attend in Arter Atrium

### Fort Leavenworth Garrison Employees Safety Survey 2026

Your opinion and experiences matter - Let us know what you see every day!

#### 3 EASY STEPS

STEP 1 CAMERA HERE

STEP 2 COPY CODE

STEP 3 CO "A" and Start

On info page company choose "A"

Scroll down on the page to where it says taking a survey enter code. (if typing in the code note that the first letter is a lowercase L)

`l-*@aPTzRDf4e4_2`

START SURVEY

Five minutes is all it takes to let your voice be heard!

## VERTICAL Marriage

THE ONE SECRET THAT WILL CHANGE YOUR MARRIAGE

Meals & Childcare provided

Invest in your marriage!  
Join us for a monthly

### DATE NIGHT

13 February: 5:30-7pm (Valentine's Event)

For more information and to register, scan the QR code or call/text 910-644-2999

## STRESS Management

February 19, April 16, June 18, August 20, October 15, December 10  
11:30am - 1:00pm  
600 Thomas Ave  
Room 145

### STRESS WEIGHING YOU DOWN?

IT'S TIME TO TAKE BACK CONTROL

FREE one-session workshop 18+  
No childcare  
Deadline to register is one day before training.  
Virtual attendance is available through TEAMS.  
For more info: Call 520-692-6378/ 6323

WORK HOME

BILLS SAVINGS

### ABOUT TO FLIP YOUR LID? Register for the ACS ANGER MANAGEMENT COURSE

Room 145 at the Resiliency Center  
600 Thomas Ave  
1:30pm - 3pm

**WE CAN HELP.**  
Our 8 week Anger Management Course will teach you a new tool every week to stay cool and collected in even the most difficult of settings. Each week will have realistic scenarios, feedback, and opportunities to apply newly learned skills in a group setting.

Round 1  
January 8, 15, 22, 29  
February 5, 12, 19, 26

Round 2  
May 7, 14, 21, 28  
June 4, 11, 18, 25

Round 3  
August 6, 13, 20, 27  
September 3, 10, 17, 24

Round 4  
October 22, 29  
November 5, 12, 19  
December 3, 10, 17

FREE and open to all DOD ID card holders 18+  
Deadline to register is one day before the first day of training. Participants must attend each day in the round. Virtual attendance is available through TEAMS.  
Call 520-692-6378/ 6323 for more info

### Ash Wednesday Services

**Protestant:** 18 February 2026  
Faculty Lounge, Lewis and Clark Building  
Time: 0800

**Roman Catholic:** 18 February 2026  
Pioneer Chapel, 500 Pope Avenue  
Time: 1200

**Roman Catholic:** 18 February 2026  
Frontier Chapel, 625 Thomas Avenue  
Time: 1800 (6pm)

POC: CH (MAJ) Chris Weinrich:  
[christopher.w.weinrich.mil@army.mil](mailto:christopher.w.weinrich.mil@army.mil)

## ACS AND FAP PRESENTS: POSITIVE PARENTING VIA MICROSOFT TEAMS • 1:30PM – 3PM

ROUND 1: FEBRUARY 2, 9, 18, 23  
 ROUND 2: APRIL 6, 13, 20, 27  
 ROUND 3: JULY 6, 13, 20, 27  
 ROUND 4: SEPTEMBER 7, 14, 21, 28

THIS FOUR-WEEK COURSE IS DESIGNED TO HELP PARENTS DEVELOP NON-PHYSICAL DISCIPLINE STRATEGIES, BUILD STRONG RELATIONSHIPS, AND MEET THE NEEDS OF CHILDREN OF ALL AGES.

FREE AND OPEN TO DOD ID CARD HOLDERS 18+.  
 REGISTRATION IS REQUIRED AND MUST BE DONE THE DAY BEFORE THE FIRST DAY OF TRAINING.  
 PARTICIPANTS MUST ATTEND EACH DATE IN THE ROUND OF THEIR CHOICE.

INFO AND REGISTRATION: (520) 692-6378/6323

Do you feel like you're NOT seeing the full picture?

### Get help that makes sense with the HYC Homework Lab!

**FREE** after school program for Teens!

HYC Homework Lab\*  
 M - F  
 After school from 3pm - 6pm

Harrold Youth Center  
 45 Biddle Blvd  
 Fort Leavenworth, KS  
 (913) 684 - 5115

\*For eligible 6th - 12th graders Must be registered with CYS

Offering:  
 Homework / Tutoring  
 ACT / SAT Prep Nights  
 Money Matters Classes  
 Career Launch  
 College Visits  
 Science Club

## ART & ILLUSTRATION

Do you have an aspiring artist / insatiable doodler at home?  
 Need an outlet for all of that creative energy?

SKIES Art & Illustration classes focus on improving drawing techniques, developing original characters and helping to curate individual style.

Each class session will build on a project such as a mini comic book, realistic self-portrait, animal drawings, shoebox theaters or flip books.

SKIESUnlimited

Tuesdays at Patch Community Center  
 320 Pope Ave  
 Fort Leavenworth, KS

Ages 6 - 9  
 4:15 - 5:15  
 Ages 10 - 17.99  
 5:30 - 6:30

\$12 a lesson, at least three lessons per monthly project. Stand-alone classes are also available. Bring your favorite pencil! The rest of the supplies will be provided. Must be currently registered with CYS to enroll. For more information call 913-684-3207

## EFMP Lending Library

A new resource just for you!

We're open M - F  
 7:30am - 4pm

Room 155E  
 The Resiliency Center, Bldg 198  
 600 Thomas Ave  
 Fort Leavenworth, KS

The Lending Library is a free resource room designed for Families enrolled in EFMP. It's stocked with sensory items, EFMP appropriate games, art supplies, and safety items for all ages! Families can borrow items for up to 30 days. Appointments are required, drop-ins are on a case-to-case basis. Call for more information: 520-692-6363/ 913-684-3838

## ACS New Parent Support Prenatal Classes 2026

600 Thomas Ave  
 Room 125  
 All classes are from 5 pm - 7 pm

Childbirth Classes:  
 Series of three classes  
 Jan 5th, 12th, 26th  
 Mar 2nd, 9th, 16th  
 May 4th, 11th, 18th  
 July 13th, 20th, 27th  
 Sep 14th, 21st, 28th  
 Nov 2nd, 9th, 16th

Newborn Care Classes:  
 Feb 2nd  
 April 13th  
 June 1st  
 August 3rd  
 October 5th  
 December 7th

Breastfeeding Classes:  
 February 9th  
 April 20th  
 June 8th  
 August 10th  
 October 19th  
 December 14th

Free for Expectant Parents!  
 Deadline for Registration is the Friday before the class. Pre-registration is required. Contact 913-297-3212

# RUN {for Christ} CLUB

THE BETTER RACE

Saturdays, 7am @ Frontier Chapel

Facebook: The Better Race

Contact: Amanda Vineyard or Sydney Carpenter for details

## FORT LEAVENWORTH MULTICULTURAL GOSPEL SERVICE

Chaplain (MAJ) Christopher Weinrich Presents

### STIR UP THE GIFTS

The gift that God gave us through our ancestors

AFRICAN ATTIRE/POTLUCK SUNDAY

2 Timothy 1:6

Sermon: Rev. Nicky Wright  
 IOAM February 22, 2026  
 Pioneer Chapel  
 500 Pope Ave  
 Fort Leavenworth, KS, 66027  
 913.705.5533 text  
 Facebook.com/FLGSCP

# WE ARE HIRING!

## FORT LEAVENWORTH SCHOOL DISTRICT CURRENT OPENINGS:

- Elementary Teacher
- Elementary Office Assistant
- SPED Clerical Support Specialist
- Maintenance Assistant
- Special Education Para Educator
- Full-Time Bus Aide

WE ARE ACCEPTING APPLICATIONS FOR THE 2026-27 SCHOOL YEAR! ---->

APPLY NOW

www.usd207.org - 913-651-7373

## UNITED STATES ARMY COMBINED ARMS CENTER AND FORT LEAVENWORTH SEXUAL HARASSMENT AND SEXUAL ASSAULT RESPONSE WORKFORCE

Ms. Amanda Bonosigneur Lead SARC amanda.bonosigneur.civ@army.mil Team: 520-688-3474 Office: 913-684-2810 Cell: 913-708-9620 Bldg 197, 632 McClellan Ave	Ms. Cassandra Ruder Supervisory SARC cassandra.d.ruder.civ@army.mil Team: 0200 660-3035 Bldg 197, 632 McClellan Ave	Vacant SARC	LTC Craig Arnold SARC craig.d.arnold.mil@army.mil Team: 520-692-8849 632 McClellan Ave	SFC Jacob Roach SARC jacob.w.roach.mil@army.mil Team: 520-645-4442 835 Sabalu Rd	Mr. Josh Belle SARC joshua.p.belle.civ@army.mil Team: 520-645-5992 632 McClellan Ave
Ms. Sherry Marshall Victim Advocate sherry.l.marshall2.civ@army.mil Team: 520-684-5949 632 McClellan Ave	Ms. Nicole Hernandez Victim Advocate nicole.hernandez.civ@army.mil Team: 520-692-9215 632 McClellan Ave	Vacant Victim Advocate	Vacant Victim Advocate	Vacant Victim Advocate	Vacant Victim Advocate

Fort Leavenworth 24/7 SHARP Hotline  
 913-683-1443  
 DoD Safe Help Line  
 877-955-5247

Installation Model Support  
 Who Can Get Support?  
 Service Members, DA Civilians, and Military Dependents (28+) can get support from any Sexual Assault Response Coordinator (SARC) or Victim Advocate (VA).

How to Get Support  
 • During Duty Hours: Contact a SARC or VA using their listed numbers.  
 • Anytime (24/7): Call the Fort Leavenworth SHARP Hotline to speak with an on-call Victim Advocate. If you wish to make a report, you can then make a report with the on-call or request a specific SHARP professional for the next duty day.

Sexual Harassment Complaint Options  
 Formal | Anonymous | Confidential | Request for Direct Intervention

Sexual Assault Reporting Options  
 Restricted | Unrestricted | CATCH-Only

Retaliation Reporting Options  
 Command | IG | SARC | DoD Safe Helpline | CPAC/EIO (DA Civ Only)

STEP FORWARD: Prevent, Report, Advocate.  
 Current as of 23 September 2025

# Veterans Crisis Line

DIAL 988 then PRESS 1

Starting January 1st, 2026

### Fort Leavenworth Group Fitness Classes

**GRUBER FITNESS CENTER** - 200 Reynolds Ave. - 684-5120  
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530			Spin (Karyn)			
0600		Vinyasa Yoga (Leslie)		Vinyasa Yoga (Leslie)		
0900			Body Pump (Tara)		Body Pump (Tara)	
1000						Power Yoga (Kim)
1300	Body Pump (Tara)					
1630			Power Cycling (Kim)	Yin Yoga (Brandie)		
1700	Power Yoga (Kim)					

**HARNEY SPORTS COMPLEX** - 185 Fourth St. - 684-2190  
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

\*Power Cut classes are held in the Bubble Gym

Single Ticket For \$5.00  
10 Tickets For \$45.00  
20 Tickets For \$80.00

U.S. ARMY MWR  
SPORTS • FITNESS • AQUATICS

https://leavenworth.armymwr.com

### Independent Instructor Class Schedule

**Gruber Fitness Center**

Monday	Tuesday	Wednesday	Thursday	Friday
	Brazilian Jiu-Jitsu 1830-1930		Brazilian Jiu-Jitsu 1830-1930	
	Taekwondo 1800-1900 1900-2000		Taekwondo 1800-1900 1900-2000	

Jiu-Jitsu 1 x a week - \$60 2 x a week - \$75 3 x a week - \$85 Drop in \$20  
First class is FREE!  
Taekwondo \$65 per month 2x a week - \$10 single class  
Must have 24 hour access to gym. Classes are 18+ Register in person

**Harney Sports Complex**

Monday	Tuesday	Wednesday	Thursday	Friday
Weight Lifting 0900-1015		Weight Lifting 0900-1015		Weight Lifting 0900-1015
Youth Olympic Lifting 1600-1700 1700-1800 Bubble Gym		Youth Olympic Lifting 1600-1700 1700-1800 Bubble Gym		

Weight Lifting - \$75 (3 days) \$70 (2 days) \$10 (drop in)  
Youth Olympic Lifting - \$75 (NO drop in)  
First class is FREE! Weight Lifting is for 18+

Harney Sports Complex & Aquatics Center  
185 Fourth St  
Ft. Leavenworth, KS  
913-684-2190

Gruber Fitness Center  
200 Reynolds Ave  
Ft. Leavenworth, KS  
913-684-5120

### Brunner Range ASTRO CLAYS

Looking for a new and unique range experience?  
Introducing Astro Clays! Shoot under the stars!  
Special UV black lights turn the clays into glowing targets that are fun for every skill level!

• Jan 17 at 1800  
• Feb 28 at 1830  
• Mar 21 at 2000  
• Apr 11 at 2000  
• Sep 26 at 2000  
• Oct 10 at 1800  
• Nov 21 at 1800  
• Dec 19 at 1800

\$25 for 50 clays

Brunner Range  
701 Sheridan Dr  
Ft. Leavenworth, KS  
Call for more info: 913-651-8132  
Leavenworth.armymwr.com

### EFMP & Waiting Families Presents

# ZUMBA

Get ready to Move! Get ready to Groove!

Every second Tuesday  
9am - 10am  
Gruber Fitness Center  
200 Reynolds Ave  
Fort Leavenworth, KS

Get wrapped up in the music and let's get moving and grooving! Zumba is energetic, fun, and a de-stressor all in one! Designed for all fitness levels this FREE class is open to anyone 18+. Registration is required for attendance. Call 520-692-6363 or 913-684-2800

Leavenworth.armymwr.com

### Saturday Morning Youth Bowling League

Meeting January 10th 2026 at 10:00am

Start January 17th at 9:45

10 Week Handicap League  
January 17th - April 4th 2026

Ages 3-5 - Little Rollers  
(2 games per week w/bumpers - \$8 per week)

Ages 6-9 - Dragons  
(3 games per week w/optional bumpers - \$11 per week)

Ages 10-18 - Explorers  
(3 games per week no bumpers - \$11 per week)

Strike Zone  
Ft. Leavenworth, Ks.

### January - February Workshops

Watercolor	Calligraphy
\$30 per workshop	\$20 per workshop
<b>Watercolor (Basic Techniques)</b> Tuesday, Feb 3 1pm - 3pm	<b>Modern Calligraphy (Basic Techniques)</b> Thursday, Jan 15 9:30am - 11am
<b>Watercolor (Color Theory)</b> Tuesday, Feb 10 1pm - 3pm	<b>Modern Calligraphy (Intermediate)</b> Thursday, Jan 22 9:30am - 11am
<b>Watercolor (Florals)</b> Tuesday, Feb 24 1pm - 3pm	<b>Modern Calligraphy (Valentine Cards)</b> Thursday, Feb 5 9:30am - 11am

Pre-registration required for all classes.  
Cost includes all supplies!

Tues & Thurs 9am - 7pm, Wed & Fri 9am - 4pm  
Call now to register: (913) 684 - 3373

### Ft. Leavenworth Arts & Crafts Studio

### Pottery Studio

\$40 per class

**Wheel Throwing (Basics)**  
Wednesday, Jan 7  
12:30pm - 3pm  
Tuesday, Jan 13  
6pm - 8:30pm  
Saturday, Jan 24  
10am - 12:30pm  
Tuesday, Feb 3  
6pm - 8:30pm  
Wednesday, Feb 11  
9am - 11:30am  
Friday, Feb 27  
12:30pm - 3pm

**Wheel Throwing (Mugs)**  
Friday, Jan 16  
12:30pm - 3pm  
Tuesday, Feb 24  
6pm - 8:30pm

**(Soup Bowls)**  
Tuesday, Jan 27  
9am - 11:30am  
Tuesday, Feb 17  
6pm - 8:30pm

**Hand Building (Valentine Plate)**  
Tuesday, Jan 20  
1pm - 3pm  
**(Mugs)**  
Tuesday, Feb 17  
9am - 11am

**Wheel Throwing (Dinner Plates)**  
Tuesday, Jan 20  
6pm - 8:30pm

**Paint & Sip \$35**  
Must be 21 years or older. BYOB

**Northern Lights Friday January 9**  
6pm - 8pm

**Couples Constellations**  
Friday, February 13  
6pm - 8pm

310 McPherson (the old DB) Ft. Leavenworth, KS

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### January - February Workshops

Framing	Crafts
\$40 per class	\$25 per class
<b>Intro to Framing</b> Friday, Jan 9 Saturday, Jan 24 10am - 2pm	<b>Valentine Lanterns Stained Glass Effect</b> Wednesday, Jan 14 1pm - 3pm Friday, Jan 23 9am - 11am
Friday, Feb 13 Saturday, Feb 28 10am - 2pm	<b>Scrapbook Valentine Cards</b> Wednesday, Feb 4 9am - 11am
scan for more info	<b>Macrame Towel Holder</b> Friday, Feb 20 9am - 11am Wednesday, Feb 25 1pm - 3pm

Tues & Thurs 9am - 7pm, Wed & Fri 9am - 4pm  
Call now to register: (913) 684-3373

### Ft. Leavenworth Arts & Crafts Studio

### Kids Classes

**Messy Art**  
\$12 per class (ages 7+)  
Thursdays Jan 15, 29  
11am - 12pm  
Thursday Feb 12, 26  
11am - 12pm  
**NEW! Pottery**  
\$20 per class (ages 7+)  
Kids - Hand Building  
Friday, Jan 20  
2pm - 3pm

**Color Me Happy**  
\$10 per class  
Parent & Toddlers  
Thursdays Jan 8, 22  
10am - 11am  
Thursdays Feb 5, 19  
10am - 11am  
**Art History**  
\$20 per class (ages 7+)  
Pretzels & Pottery  
Wednesday, Jan 21  
1pm - 3pm  
Oreos & O'Keeffe  
Wednesday, Feb 18  
1pm - 3pm

**OPEN STUDIO**  
Ask about our Hourly Fees

**Multi-Craft Studio**  
Great for the whole family with supplies for any craft, personalized gift, or project you have in mind!

**Painting Studio**  
Provided watercolor and acrylic supplies to create your own masterpiece.

**Framing Studio**  
Assemble your own custom frames in our DIY Studio! Must take Intro to Framing before using DIY Studio.

**Pottery/Ceramic Studio**  
We have all of the supplies you need for hand building and wheel throwing. We also offer a variety of customizable bisque pieces ready for you to glaze!

310 McPherson Ave (the Old DB), Ft. Leavenworth, KS

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- MHS Genesis Login

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Fort Leavenworth MWR has AMAZING food options!

- Solarium Buffet
- 12th Brick Grille
- Strike Zone Snack Bar
- Java Cafe
- FCC BBQ

LEAVENWORTH.ARMYMWR.COM

# MUNSON NOTES

## MUNSON NOTICES

■ After hours and on federal holidays, beneficiaries can call the MHS NURSE ADVISE LINE at 1-800-TRICARE (874-2273). Nursing staff who support the NAL phone lines can assist beneficiaries with non-life-threatening medical concerns and provide further guidance. Beneficiaries experiencing a **MEDICAL EMERGENCY**, such as severe shortness of breath or difficulty breathing, should call 911.

■ Your health is our priority. Talk to your provider at Munson Army Health Center about the **HPV VACCINE** and the best **CERVICAL CANCER SCREENING** plan for you. You can schedule an appointment by calling the appointment line at 913-684-6250. Let's work together to make cervical cancer a thing of the past.

■ TRICARE Prime and TRICARE Select beneficiaries ages 13-64 experiencing recurring **HAND, WRIST AND ELBOW PAIN** may find relief through occupational therapy services available at Munson Army Health Center. No referral required. Call the appointment line at 913-684-6250 to schedule a consultation.

■ The **MUNSON ARMY HEALTH CENTER PATIENT AND FAMILY PARTNERSHIP COUNCIL** meets quarterly at MAHC. The PFPC captures voices and insights of patients and families to improve the patient care experience. The council is composed of volunteers who represent the interests of patients who receive care from MAHC. Volunteers can be active-duty, active-duty family member, retirees or retiree family members. Call 913-684-6211 or e-mail [usarmy.leavenworth.medcom-mahc.mbx.patient-advocate@health.mil](mailto:usarmy.leavenworth.medcom-mahc.mbx.patient-advocate@health.mil) if interested in participating.

■ It is important that military families new to the Fort Leavenworth community **ESTABLISH A NEW PRIMARY CARE MANAGER** for their health care needs. Munson Army Health Center offers a wide range of primary care providers to choose from for personalized care at a convenient on-post location. Once your new address is established in DEERS, call 1-888-TRIWEST (874-9378) and follow the prompts to establish a primary care manager at MAHC. Learn more about services at [munson.tricare.mil](http://munson.tricare.mil).

■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are **ELIGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE**. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit <https://dvidshub.net/r/8wttlff>.

■ The **NUTRITION CARE DIVISION** offers a broad range of nutritional services designed for service members, families, and retirees. Individual Nutrition Therapy and Group Nutrition Therapy are available, and include the Body Composition Program, Weight Control Program, Prenatal Nutrition and Wellness for Life. Call the appointment line at 913-684-6250 to schedule an appointment with MAHC's registered dietitian.

■ **MEDICAL APPOINTMENT CHECK-IN:** Please arrive 15 minutes prior to your appointment to complete any required paperwork and bring the following items: DoD ID card; list of current medications including over-the-counter meds, vitamins, and supplements; any relevant paperwork or forms; and a list of questions or concerns. If you are not able to make your scheduled appointment, call the appointment line at (913) 684-6250 to cancel.

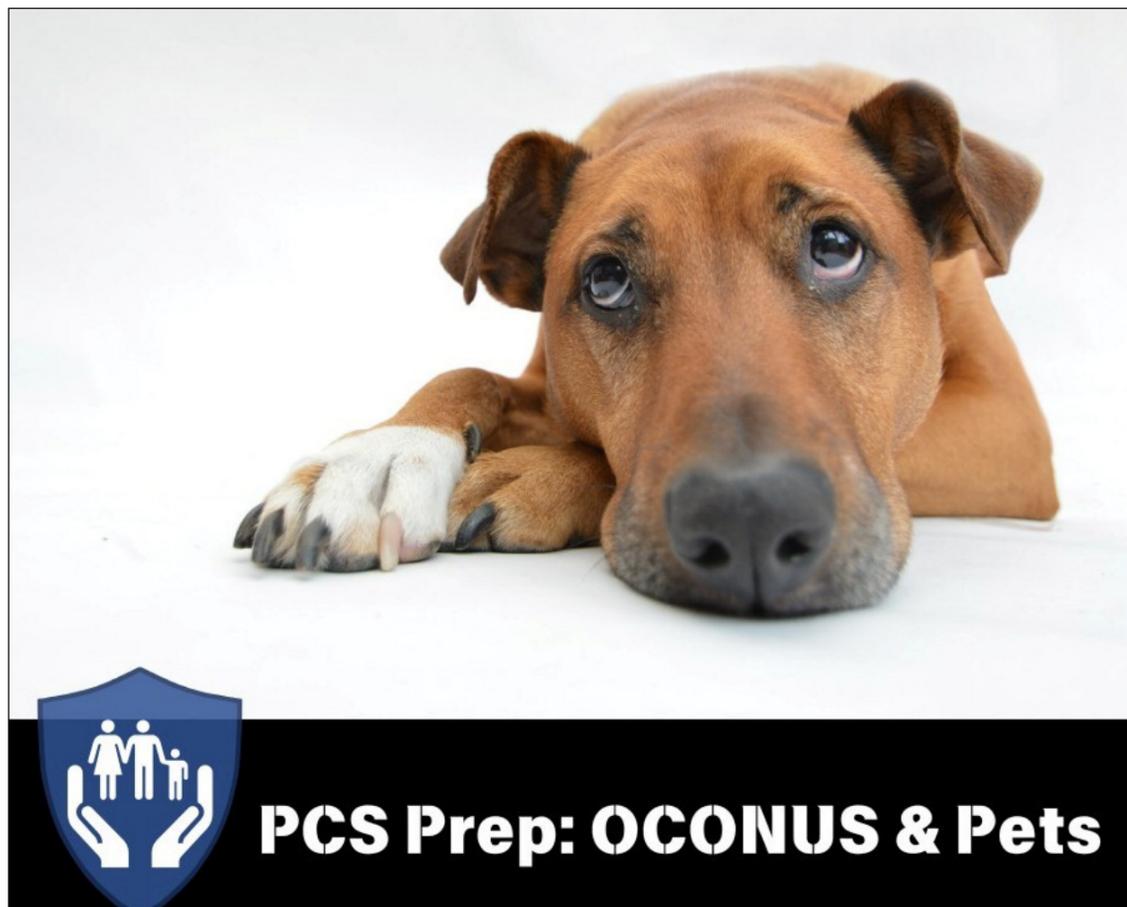
## Radiology Re-up



Photo by Munson Army Health Center Public Affairs

**Munson Army Health Center Radiology Specialist Sgt. Joseph Stoops, right, reaffirms his commitment to serve by reenlisting in the U.S. Army Jan. 20 at MAHC. Reenlistment reflects dedication to the mission, confidence in the team and a commitment to staying ready to support soldiers, families and the force.**

## Prepare now for overseas move with pets



**Planning a PCS move with pets somewhere outside the continental United States? Contact the Fort Leavenworth Veterinary Treatment Facility at 913-684-6510 to discuss requirements to take your pets overseas, to include Hawaii and Alaska. There are different requirements based on location, and in some cases, it is necessary to begin the process to obtain a health certificate for your pet months in advance. Contact the VTF for more information.**



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