

CONTACT US | Phone: 913-684-5267 | E-mail: ftlvlampeditor@gmail.com | On the Web: https://home.army.mil/leavenworth/about/news

Garrison evaluates emergency response with tornado-themed full-scale exercise



Photo by Colbie Fairley/Fort Leavenworth Garrison Public Affairs Office Intern

Fort Leavenworth Fire and Emergency Services Lt. Bryant Hall and Firefighter Leland Lucas help victim roleplayers 9-year-old Victoria Burch and Maureen Lee out of a damaged building as they work through the fullscale exercise tornado scenario June 12 at the Internment and Resettlement Training Site.

by Colbie Fairley/Fort Leavenworth Garrison Public Affairs Office Intern

The Fort Leavenworth Garrison conducted a fullscale exercise around a scenario involving an F-2 "tornado" that tore through a portion of military housing on Fort Leavenworth June 12. The purpose of this annual exercise is for the Garrison to implement strategies of responding to crises. Scenarios within these exercises change depending on the decisions made by the Garrison.

Deputy Fire Chief Edgar Guerra, Fort Leavenworth Fire and Emergency Services, said full-scale exercises create a more realistic way for personnel to prepare for emergencies and take into account the employees and families of the Fort Leavenworth community. Emergency responders and support staffs work through the exercise scenario to provide the responses and resources needed for the problems

presented. Civilians are provided safety information regarding natural disasters, active shooter situations, and other issues that require first responders and community cooperation.

After the tornado struck and caused destruction in the scenario, Fort Leavenworth Fire and Emergency Services personnel arrived on the scene.

Guerra explained the importance of personnel knowing how to respond to these kinds of disasters.

"The general point is for us to act on whatever the crisis is," Guerra said. "We do this annually to ensure that everyone is aware of how to properly do their duties."

Firefighters were in charge of search-and-rescue procedures. "Survivors" were scattered throughout the area, with some roleplayers verbally requesting

SEE FULL-SCALE EXERCISE

Cake cutting, re-enlistments part of celebration for U.S. Army's 249th birthday





Photos by Tisha Swart-Entwistle/Combined Arms Center-Training Public Affairs Officer

ABOVE: Combined Arms Center-Training Deputy Commanding General Brig. Gen. Jeremy Wilson, right, administers the Army Oath of Enlistment to Staff Sgt. Brandi Stills, Midwest Joint Regional Correctional Facility Battalion (Corrections); Staff Sgt. Carlos Mejia, U.S. Disciplinary Barracks Battalion (Corrections); Staff Sgt. Dominic Mahoney, MWJRCF; and Staff Sgt. Richard Hauck, MWJRCF, during the re-enlistment ceremony, part of the 249th U.S. Army birthday observance, June 14 at the Lewis and Clark Center.

LEFT: Combined Arms Center's Senior Enlisted Advisor Sgt. Major Chris Kohunsky, Pfc. Jendry Jomarron, Lt. Col. Mark Allen and Combined Arms Center-Training Deputy Commanding General Brig. Gen. Jeremy Wilson prepare to cut the Army birthday cake during the 249th U.S. Army birthday observance June 14 at the Lewis and Clark Center. Jomarron works at the Fort Leavenworth Legal Assistance office and represented the youngest soldier on the installation. Allen is with Army University and represented the oldest soldier on the installation during the ceremony.

■ As part of Gun Safety Awareness Month, the Army Substance Abuse Program is offering **FREE GUN LOCKS** to anyone interested. ASAP will be handing out gun locks from 11 a.m. to 1 p.m. June 21 and 28 at the Post Exchange. For more information or to pick up gun locks, call 913-684-2875/2874.

AT A GLANCE

■ CONSTRUCTION ON DICKMAN AVENUE is scheduled for June 19-22, weather permitting. The section of Dickman Ave from Bullard Avenue to Harbord Drive, as well as the parking lot west of the Child Development Center, will be closed to all traffic. The parking lots north of the CDC will be available for parking to drop off/pick up children. ■ Paving and repair operations have **CLOSED POPE AVENUE** from Grant to Scott avenues. Residents on the north side of Pope Avenue can use Augur Avenue to get to their homes. Work is scheduled to last through the month of June.

Limit exposure to outdoors, hot pavement to help pets deal with heat

COMMENTARY

by Shannon Arnold/Fort Leavenworth Stray Facility Director

While the official first day of summer hasn't arrived yet, the temps are here, and it looks like they're here to stay for a bit.

This is the best time to start taking precautions with your pets to avoid concrete or pavement burns, heat exhaustion and heat stroke in your pets.

I know the saying goes "If it's too hot for you, it's too hot for your pets." I proved this one to be true, and it wasn't even in the 90s — hot concrete and bare feet at a water park, and I ended up with second-degree burns on the soles of my feet.

Now imagine your pup, or cat in some situations. They can't tell you verbally that the pavement beneath their paws is burning hot, but by the time you're done with your walk, damage has been done.

stick with grassy areas or walk in a shaded area, and keep it short if you can't avoid the hot areas.

Heat exhaustion and heat stroke can be deadly to your pets. In hot temperatures it's best to limit outdoor expo-



https://www.ready.gov/ graphic

sure to short durations with lots of fresh water available for them.

If you suspect your pet has either heat exhaustion or is having heat stroke, do not hesitate to call your veterinarian

immediately. There are measures to help cool them down, but it's best to follow any advice your vet gives you and take them to be seen as soon as possible.

Ensure summer safety for pets with precautions

by Prudence Siebert/Fort Leavenworth Lamp Editor Editor's note: Article first published in 2010

Warm-weather safety for pets requires a little planning as well as common sense and vigilance while companion animals are outside.

Warm weather advice

While participating in warmweather activities, dogs can push themselves to overheating.

Then-Veterinary Services Branch Chief Capt. Meghan Fincher advises pet owners to be aware of how much activity their

pets have had and to make sure they are resting.

"If you're doing a long hike and they are off lead, that's fine, but put them on (the leash occasionally) to cool them down. Always ensure that they do not go more than about an hour in hot weather without access to cold water and shade,"

Offer cool water to drink, and douse pets with cool water for evaporative cooling. Fincher said that getting them damp or allowing them a supervised swim will help keep their bodies at a safe temperature.

Certain pets are at even greater risk for overheating.

"Very young, pregnant and nursing animals do not regulate body temperature as effectively as normal healthy adult animals," Fincher said. "Brachycephalic (short-nose) breeds — such as boxer, bulldog, Shih Tzu, Boston terrier, pit bull breeds — do not pass air as effectively and are more prone to overheating than those dogs, and cats, with longer faces."

Excessive panting and drooling and sluggish behavior are signs that an animal is too hot. Fincher said an animal showing signs of distress should be removed from the situation causing the overheating, and veterinary aid should be sought immediately.

Signs of distress leading to heat stroke:

- Excessive panting
- Excessive drooling
- Lethargy, reluctance to move
- Shaking/tremors
- Purple gums

dog vomiting and having a seizure.

"It's a very ugly way to die," she said.

On post, citizens concerned for an animal's well being should call the military police non-emergency line at 913-684-2111.

Crystal Blackdeer, president of the Leavenworth County Humane Society Board of Directors, said that if someone witnesses an animal in distress, she asks that they try to help the animal right away, if possible, and contact the proper authorities.

"If people can do so safely, I would encourage them first to provide what the animal needs a bowl of water, some shade, etc. If they can talk with the animal's owner, that may help. Some people may just need a reminder, or to know that someone else is paying attention," Blackdeer said. "Here's the thing — animal neglect, abuse and cruelty are crimes. These are not pet issues; they are law enforcement issues. Anyone who sees or suspects animal neglect, abuse or cruelty, including animal fighting, should immediately contact the law enforcement agency that has authority in their area."

Cars can heat up to well over 100 degrees within minutes and are no place to leave pets, not even for a short time.

"Never leave an animal in a car, even with the windows cracked," Fincher said. "Temperatures rise to levels incompatible with life quickly."

July 4th precautions

Many dogs, and other pets, can become stressed by commotion and loud noises around the Independence Day holiday.

"The safest place for pets during storms and fireworks is indoors," Blackdeer said. "Natural phenomena like storms and celebrations with fireworks are no party for pets."

Fincher's own dog used to be unfazed by fireworks and storms, but after a frightening Independence Day experience, he now hides when he hears loud noises like fireworks, gunfire or thunderstorms.

'Do not leave a dog outside

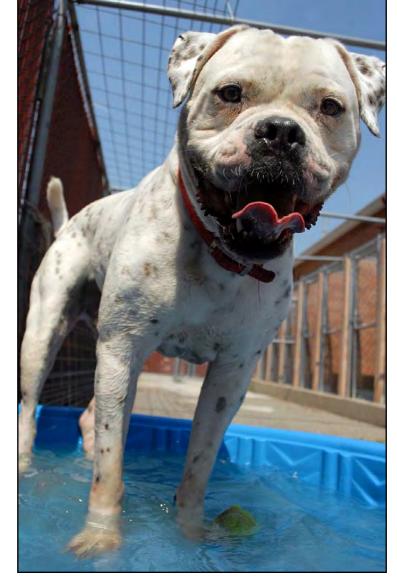


Photo by Prudence Siebert/Fort Leavenworth Lamp

Dogs should have constant access to cool water and adequate shade with good airflow when outside in warm weather. Shortnosed breeds are even more prone to overheating than dogs and cats with longer noses that can pass air more effectively.

- Unresponsive when called
- Seizure
- Collapse

Scorching hot summer days are not the only time to be concerned.

"Just because it (might) still considered spring by the calendar doesn't mean it won't be hot enough to risk heat stroke," Fincher said. "In May, an individual called in a complaint about a neighbor's dog being tied out in the yard, clearly in some sort of distress, without water or shade. The dog died and was brought to the clinic post-mortem where the body temperature, an hour after death, was greater than 112 degrees Fahrenheit. Had (the dog) been provided access to shade and cool water, it is likely she would have been able to cool herself adequately."

Fincher said the dog did have water, but it was in a metal bucket, and it was too hot to drink. Fincher said the responding military police officer arrived as the dog was dying, and witnessed the

Blackdeer encourages people to also contact LCHS about suspected neglect.

"We do follow up with law enforcement to see that reports are investigated, and when warranted, prosecuted."

While a doghouse may appear to provide some shade, Fincher said it offers no protection from the heat.

"When it gets really hot, like 80-90 degrees, dogs really shouldn't spend the day outside," she said. "But, if they are going to, they should have adequate access to shade and good shade - plentiful — and not just a doghouse. A manufactured doghouse should not be the only option for shade. On very hot, sunny days, (the doghouse) can get very hot inside, and the dog will not be able to use it for relief from the elements."

while fireworks are being set off nearby," Fincher said. "Even a dog that hasn't previously been frightened by such noises can become afraid if he is outside and can't find a 'safe' place; this can result in injury or escape."

Animal shelters often take in more strays around the holiday.

"(Pets) are subject to escaping and becoming lost or disoriented," Blackdeer said. "Every pet should always wear (identification), either on an embroidered collar or on an engraved pet tag that identifies the pet and its owner. Pets with microchips have a great chance of being returned to their owners when lost, if the owner keeps the registration information up to date with a current phone number."

Keeping an eye on animal companions and taking a few precautions can help make the summer and upcoming holiday enjoyable for people and pets.

FORT LEAVENWORTH LAMP

PUBLISHED FOR THE COMMUNITY OF FORT LEAVENWORTH, KANSAS

The Fort Leavenworth Lamp is an authorized publication for members of the U.S. Army. Contents of the Fort Leavenworth Lamp are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army, or the U.S. Army Combined Arms Center and Fort Leavenworth. It is published weekly by the Fort Leavenworth Garrison Public Affairs Office, Fort Leavenworth, Kansas 66027, commercial telephone number 913-684-5267 (DSN prefix 552).

Everything advertised in the Fort Leavenworth Lamp shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor on the purchaser, user or patron.

If a violation of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected.

All editorial content of the Fort Leavenworth Lamp is prepared, edited, provided and approved by the Fort Leavenworth Garrison Public Affairs Office. The appearance of advertising in this publication, including inserts or supplements, does not constitute an endorsement by the Department of the Army of the products or services advertised.

The Fort Leavenworth Lamp editorial office is in Room 221G, 290 Grant Ave., Fort Leavenworth, Kan., phone number 913-684-LAMP/526. For submission information, contact the command information officer at 913-684-1718, or e-mail the editor at ftlvlampeditor@gmail.com.

The Fort Leavenworth Lamp advertising office is in the Family and Morale, Welfare and Recreation Marketing and Commericial Sponsorship Office in the Resiliency Center at 600 Thomas Ave, Fort Leavenworth, Kan. E-mail mary.f.manago.naf@army.mil or call 913-684-1702.

Lt. Gen. Milford H. H	Beagle Jr.	Commanding General
Col. Duane Mosier		Garrison Commander
Scott Gibson		Public Affairs Officer
George Marcec	Comma	nd Information Officer

Fort Leavenworth Lamp Staff

Prudence Siebert

Editor

ftlvlampeditor@gmail.com

FMWR Advertising Staff

Marketing Director Mary Manago mary.f.manago.naf@army.mil, 913-684-1702



Human Animal Bond Therapy Pets Ft. Leavenworth, KS

HAB invites community to help celebrate 30 years of pet therapy

by Rhonda York/Human Animal Bond director

Join Human Animal Bond to celebrate the organization's 30th anniversary from 2-4 p.m. Sunday, June 23 in the Leavenworth First United Church's Fellowship Hall, 422 Chestnut Street in Leavenworth.

What is HAB?

The Human Animal Bond (HAB) program started in 1994 with the purpose of encouraging the human/animal bond among military members and families. The military veterinary corps wrote a regulation for this animal-assisted therapy program to begin on all military posts. Fort Leavenworth Human Animal Bond is one of the few volunteer programs that has continued since its inception.

HAB pet partners can be dogs, cats or rabbits. All pets must pass a temperament test to ensure that they are a good fit as a therapy pet. They must also be evaluated by a veterinarian and have a current health certificate.

Through the years, HAB has visited many locations. Currently HAB's therapy visits include schools, libraries, senior living facilities, hospitals, correctional facilities, first responders, universities, Fort Leavenworth facilities, and adults living with dementia. As part of the community, HAB participates in the Leavenworth County Veterans Day Parade, HOPE Pet Rescue's FURever HOPE Pet Festival, Lansing Fall Festival, PAIR Day and other events in the community and on post. When HAB teams show up for a visit, they are treated like royalty. People instantly smile and can't wait to interact with the animals. The pets love everyone. And they make the world a brighter place for the people they encounter on visits. Please come help HAB celebrate its 30th anniversary. HAB pets will be there for guests to meet. Please note that non-HAB pets cannot attend.





When: Sunday, June 23, 2024 – 2-4 p.m.

Where: United Methodist Church 422 Chestnut, Leavenworth, KS Fellowship Hall lower level

Please join us as we celebrate 30 consecutive years of providing pet therapy visits to schools, hospitals, nursing facilities, correctional locations, universities, child care facilities, etc. in Leavenworth, Fort Leavenworth, Lansing, and the surrounding areas.

Current Members and HAB dogs, family members, and the Leavenworth/Lansing community are encouraged to come help us celebrate.

www.ftleavenworthhab.com





Fort Leavenworth Human **Animal Bond members** pose with their HAB-certified pets earlier this year in front of the First **United Methodist Church** in Leavenworth. HAB will celebrate its 30th anniversary with an open house 2-4 p.m. June 23 at the church's Fellowship Hall at 422 Chestnut in Leavenworth.

Submitted photo

Volunteer Organization Spotlight: Human Animal Bond (continued from Page A3)

HAB speaker highlights impact of dog therapy

by Prudence Siebert/Fort Leav enworth Lamp Editor

Fort Leavenworth Human Animal Bond member Shelby Burnett, joined by her 4-year-old Dutch retriever, Lilly, addressed the HAB membership earlier this year emphasizing the impact HAB volunteers have through their work with their pet partners and the non-profit service organization.

Burnett, social worker at Tonganoxie Elementary School, delivered a presentation on the merits of dog therapy, stressing social, emotional and academic benefits by including highlights from her experiences with Lilly, who accompanies her to work, during the HAB monthly membership meeting March 7 at the First United Methodist Church in Leavenworth.

Educational programs are often offered at the monthly meetings.

As posted at www.ftleavenworthhab.com, HAB is "staffed by area volunteers and their therapy pets dedicated to providing animalassisted activities and

promoting the human-animal bond in the Leavenworth and Lansing, Kansas, area. It consists of 'teams' that go on scheduled visits to local hospitals, schools, correctional facilities, various types of health care, veterans' services and convalescent centers."

Church in Leavenworth.

Burnett said research has reinforced that pet therapy offers a wide range of benefits.

"Research shows that visits with therapy pets encourage reminiscence, and social interaction and may result in stress relief and incidental physiotherapy," she said. "Medical studies suggest that blood pressure may be lowered and hospital stays shortened when patients have access to pets. Often, a visit with a pet can be the high point in the day of a shut-in, bringing happiness and a sense of calm and wellbeing."

Individualized experience

Interacting with a dog is in individualized experience, Burnett said. She offered examples of what she has witnessed in her work as a social worker and as a volunteer with HAB.

"One of our kiddos in my building at Tonganoxie Elementary School is deathly scared of big dogs — we knew this, so (for the HAB read-to-a-dog visit) we paired her with Sadie (a small shih tzu), and she fell in love," Burnett said. "By the end of the visit, she was able to come up and pet Rambo (a very large Labrador retriever) and talk with

Image: Second StatePhoto by Prudence Siebert/Fort Leavenworth LampHuman Animal Bond member Scarlet Ross and herHAB-certified teammate Phyllis Diller and other HABmembers gathered for the March monthly member-ship meeting listen to a presentation by HAB memberShelby Burnett, social worker at Tonganoxie Elemen-tary School, with Lilly, her 4-year-old Dutch retriever,dog therapy March 7 at the First United Methodist

Emotional benefits

Burnett said therapy dogs offer comfort and safety.

"If my girl hadn't had exposure to Rambo, which we know he is our big boy in here, she wouldn't have had that opportunity to get over that fear and work through that, so there is that benefit for her."



Photo by Prudence Siebert/Fort Leavenworth Lamp

Human Animal Bond member Shelby Burnett, social worker at Tonganoxie Elementary School, and Lilly, her 4-year-old Dutch retriever, talks to HAB members about why they do pet therapy and the impact they have during a presentation on dog therapy at the March HAB membership meeting at the First United Methodist Church in Leavenworth.

She said therapy dogs help increase students' ability to control their emotions and behaviors.

"Every morning I transition a kindergartner who has autism into his classroom, and we start out with a quiet start. (Lilly) hides in the tent in the classroom, and when the kids come in, I hold up a green card and that lets them know that Lilly is in the room, and they need to come in calm — green is their signal to have a calm body," Burnett explained.

She said that classroom's teacher has noticed a shift in the morning routine because of that "calm start."

"I can literally just drop the leash and (Lilly) can walk around and visit with the kids, and everything is fine. There is that benefit of being able to control their emotions, just in a different way besides you and I sitting there teaching them 'Hey, let's take a deep breath' — no, let's actually apply this to what we are doing in the classroom." Burnett said that fight-flight-or-freeze mode kicks in when someone becomes upset or senses danger.

"When that (fight-flight-or-freeze) part of your brain is turned on, the thinking part of your brain is turned off, because you are focused on survival. When that front part of our brain is turned off, we're not learning, we are not understanding how to use coping skills, we're not using deep breathing. So, after dogs leave, that fear part of the kids' brain about the math test that's coming up, or the spelling test, or the state assessments that are coming up, that's gone, and so they have a greater ability to stop, listen, think, process through what the teacher is trying to teach them."

Reading fluency

Burnett said dog therapy can increase the executive function in students, increasing their listening, focus and connection as well has been improve their reading

 $\Delta \Delta$

him, and now she is no longer scared of big dogs...

"So, when we are looking at therapy dog research — social, emotional and academic — there are those benefits, but it is at an individualized experience and benefit to a person."

Social benefits

Burnett said she has seen the social benefits of pet therapy be quite effective.

"With what our therapy dogs do, they increase social interactions among peers, students, teachers. They give kids something to look forward to if we have scheduled visits with them. They can help increase skills of waiting, taking turns, listening," Burnett said. "These are called social skills, or soft skills, that our students need to have. A lot of times they are taught differently in family systems along as with the school system."

Burnett said pet therapy can help create cohesiveness among students of different physical and mental abilities.

"Within our building, we house the center-based resource classroom. Those are our students who have varying abilities, so there are students that are in wheelchairs or have walkers or they have different cognitive levels. When we're in a classroom together, none of that matters. It matters that they are with the dogs, that they are with each other, and that they are interacting."

Decreased stress levels

Burnett said the stress hormone cortisol decreases when a dog is present, while having an increase in dopamine, which supports feelings of love and motivation; serotonin, which helps maintain calmness; and oxytocin, which enables connection.

"Our stress levels decrease when we are around dogs, or even as (HAB member) Brenda was telling me earlier, just watching dogs on TV can decrease your stress levels, because it helps your body relax, produces serotonin, dopamine, and decreases that stress level."

Academic benefit

Pet therapy has academic benefits as well, Burnett said. "This is a huge one for schools, because some of our vis-

its are in the school setting, so that is the biggest thing when we are talking about bringing therapy dogs in: 'What benefits does it have for our students?' Well, it benefits their social, their emotion and their academics," she said.

"Children pay more attention to their teachers when therapy dogs are present, and then even afterwards. That connects back to the lower cortisol levels, their bodies are not in that fight-flight-or-freeze mode, and it makes it easier for them to learn." connection, as well has help improve their reading.

"Having a non-judgmental partner there with you they're not going to correct you because you said 'that' instead of 'then' — they're not going to focus on that, they are going to focus on you, because you are talking to them and you're making that eye connection with them."

HAB member Brenda Johnson, owner of the aforementioned big Labrador, Rambo, said she has witnessed the connection students are making with the dogs.

"When we walking through the (Leavenworth County) Veterans Day Parade, there were multiple families along the parade route that were yelling 'There's Rambo! We were reading to him!' Oh my gosh, my heart was like so many sizes larger, and my teenage son (Wesley, who is also a HAB member) was with me, so he got to feel that, too," Johnson told Burnett. "That right there is proof enough to me, you can measure it or whatever, but the fact that the kids along the parade route were yelling that they got to read to the dog, ... I was really hooked after that."

Burnett agreed that the connection is really impactful.

"When you are calm, you make more concrete memories. You can be excited, and you're going to remember that feeling, but you might not remember the details of what was going on around you, but when you are calm, you are having that larger impact, and that's what their environment (with the dogs) offers."



For more information about Human Animal Bond, visit https://www.ftleavenworth hab.com/ or e-mail HAB Director Rhonda York at habryork@ gmail.com.

Summer reading program kicks off at CARL

by Pfc. Kalisber Ortega-Santiago/Special to the Fort Leavenworth Lamp

The Ike Skelton Combined Arms Research Library launched its summer reading program with a kick-off event June 12. Children of all ages participated in activities such as learning about museum artifacts, listening to stories, making parachute toy crafts, and engaging in a scavenger hunt.

The 2024 summer reading program theme is "Read, Renew, and Repeat!" and runs from through Aug. 5. It aims to combat "summer slide," a phenomenon when students lose up to two months of learning during the summer break.

"It's proven that the more you read during the summer, the more you retain your studies because you're keeping your brain going," said Sierra Hochstatter, CARL circulation librarian and event host. "We want to bridge the summer gap of school with a fun activity that improves their learning."

Program participants can sign up and log reading time on Beanstack at https://carl.beanstack.org/. Challenges are offered for different age groups: toddlers (0-3), children (4-9), teens (10-17), and adults (18 and older). Beanstack also allows users to connect with friends, share friend codes, see what others are reading, and discuss books. No specific books are required for the program, and each challenge consists of 10 badges that serve as reading goals. Toddlers can earn one badge by reading for one hour, children need to read for two hours to earn a badge, and teens and adults need to read for three hours to earn a badge.

"Reading comes in many forms. We'd like to encourage everyone to count every type of reading possible," Hochstatter said. "Whether it's a book, a legal document, or the back of a cereal box, you can log it on Beanstack."

Children earn prizes at the library by logging their reading time and earning badges.

"We can see what they've earned on Beanstack, check off that they've earned their prize, and pass it over to them," said Hochstatter.

Prizes vary for different age groups and include stickers, toys, items made from recycled materials, and gift cards funded by Family and Morale, Welfare, and Recreation.

Special guest retired Chaplain (Col.)

David Beauchamp read "The Peppered Sky," written by his daughter, Sarah Doran. Three children won signed copies of the rhyming book about military family members watching paratroopers land at a drop zone.

Children and parents also participated in creative activities at the library, crafting parachute toys and releasing them from the second-floor balcony. Following this activity, they embarked on a scavenger hunt to help participants explore and find captivating books throughout the library.

"Reading is fun already, but engaging in creative activities can make it even more exciting," said Hochstatter said. "The goal is to encourage as much reading as possible during the summer and familiarize participants with our library facilities."

Rachel Brunhoeber, mom to 7-year-old Simon, said the enjoy taking part in the program and using the Beanstack application because it's easy and fast.

"Simon looks forward to it every year. He loves to read," she said, with Simon mentioning how he likes the Dogman graphic novels by Dav Pilkey.

Lt. Col. Nathan Moore, an instructor at the Command and General Staff College, and his wife, Paula Moore, said they like to support the library's initiatives and said that their children are motivated by getting prizes. Their 4-year-old son Miles said he enjoys Jory John's "The Food Group" series that includes "The Bad Seed," "The Good Egg," and "The Cool Bean."

Capt. John Polczyncki, an incoming Command and General Staff Officer Course student, praised the program for fostering his children's passion for reading.

"I think it's important for them to have a passion for reading as young as possible because that will be a tool. I think it will be useful for the rest of their life," he said. "Reading empowers them to do pretty much anything they want in the future."

He said his daughters enjoy the "Dragon Girls" series by Maddy Mara and the "Magic Treehouse" series by Mary Pope Osborne.

CARL offers more than just reading, to include a puppet theater in the library's children's room that allows children to create their own stories.

For more information on the summer reading program, visit https:// carlcgsc.libguides.com/Home/SRP24 or call 913-758-3001.

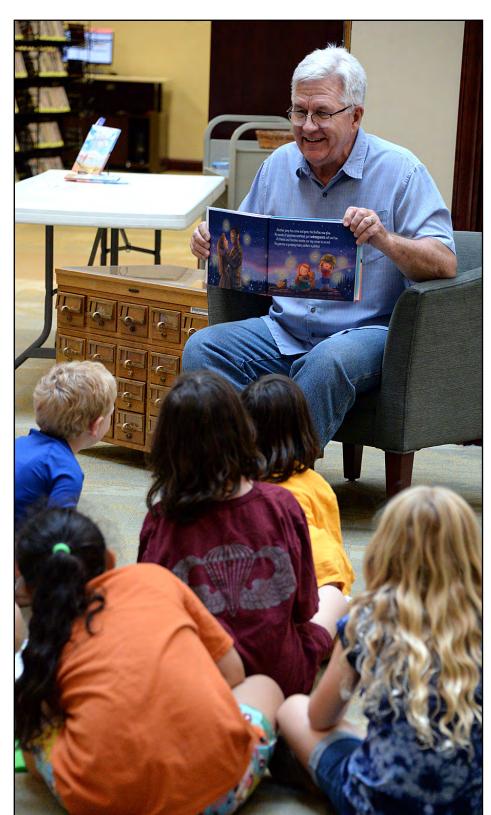


Photo by Prudence Siebert/Fort Leavenworth Lamp

Retired Chaplain (Col.) David Beauchamp reads "The Peppered Sky," a story written by his daughter, Army veteran Sarah Doran, about military families watching paratroopers descend on a drop zone, during the summer reading program kickoff event June 12 at the Combined Arms Research Library. After the book reading, Debbie Beauchamp shared some stories with the assembled children about what it was like for their children, including Sarah when she was about 7 years old, to watch their father jump from a plane when they were stationed at Fort Bragg (now Fort Liberty), North Carolina.



Yates, 21-month-old Marshall, 5-year-old Lilli Beth and Maj. Max Yates, recent Command and General Staff Officer Course graduate, some World War II-era aviation artifacts from the Frontier Army Museum during the summer reading program kick-off event June 12 at the Combined Arms Research Library.

Photo by Prudence Siebert/Fort Leavenworth Lamp

Library Technician Carlisha Brown helps children with their paratrooper craft — a plastic paratrooper attached to a coffee filter parachute — during the summer reading program kick-off event June 12 at the Combined Arms Research Library. Children colored the parachute, then launched them from the balcony. The craft is included in the book "The Peppered Sky," which was read aloud during the event.

Five-year-old Madeline Voth and 8-year-old **Cheyenne Graves** plastic launch paratroopers suspended by coffee filter parachutes from the balcony during the summer reading prokick-off gram event June 12 at Combined the Arms Research Library. Visit https://carl.bean stack.org/reader 365 to sign up for the summer reading program.

Photo by Prudence Siebert/Fort Leavenworth Lamp





As part of the Arms Combined **Research Library's** summer reading program, children can participate in a scavenger hunt throughout the library, a clue for which is seen here with summer reading program mascot "Bruce" in the prize display case at CARL. For more information on the program, including prizes, visit https: //carlcgsc.libguid es.com/Home/SR P24.

> Photo by Prudence Siebert/Fort Leavenworth Lamp

NFL player, former KSU tight end hosts ProCamps on post





Photos by Colbie Fairley/Fort Leavenworth Garrison Public Affairs Office Intern

ABOVE: Former K-State tight end and current Washington Commanders tight end Ben Sinnott addresses Fort Leavenworth youth at the ProCamps hosted by Sinnott June 17 at Doniphan Field.

LEFT: Fort Leavenworth Garrison Commander Col. Duane Mosier, right, talks to Fort Leavenworth youth about former K-State tight end and current Washington Commanders tight end Ben Sinnott, left, at the ProCamps June 17 at Doniphan Field.

Sinnott and other instructors guided 140 children in grades first through eighth through football drills related to speed, catching on the run and defensive positioning.

Sinnott encouraged the older demographic of youth to be versatile in their athleticism.

"Do everything. In high school I played six sports just to get involved with opportunities," Sinnott said. Sinnott was asked about his feelings toward his jour-

ney in the professional league.

"I felt some nervousness, but participating in the (organized team activities) and practicing is beneficial. I'm excited to get started," he said. Sinnott is set to report to Washington Commanders

training camp July 21 at the OrthoVirginia Training Center in Ashburn, Virginia.

KU THE UNIVERSITY OF KANSAS

Local Classes. Global Respect.

leavenworth.ku.edu



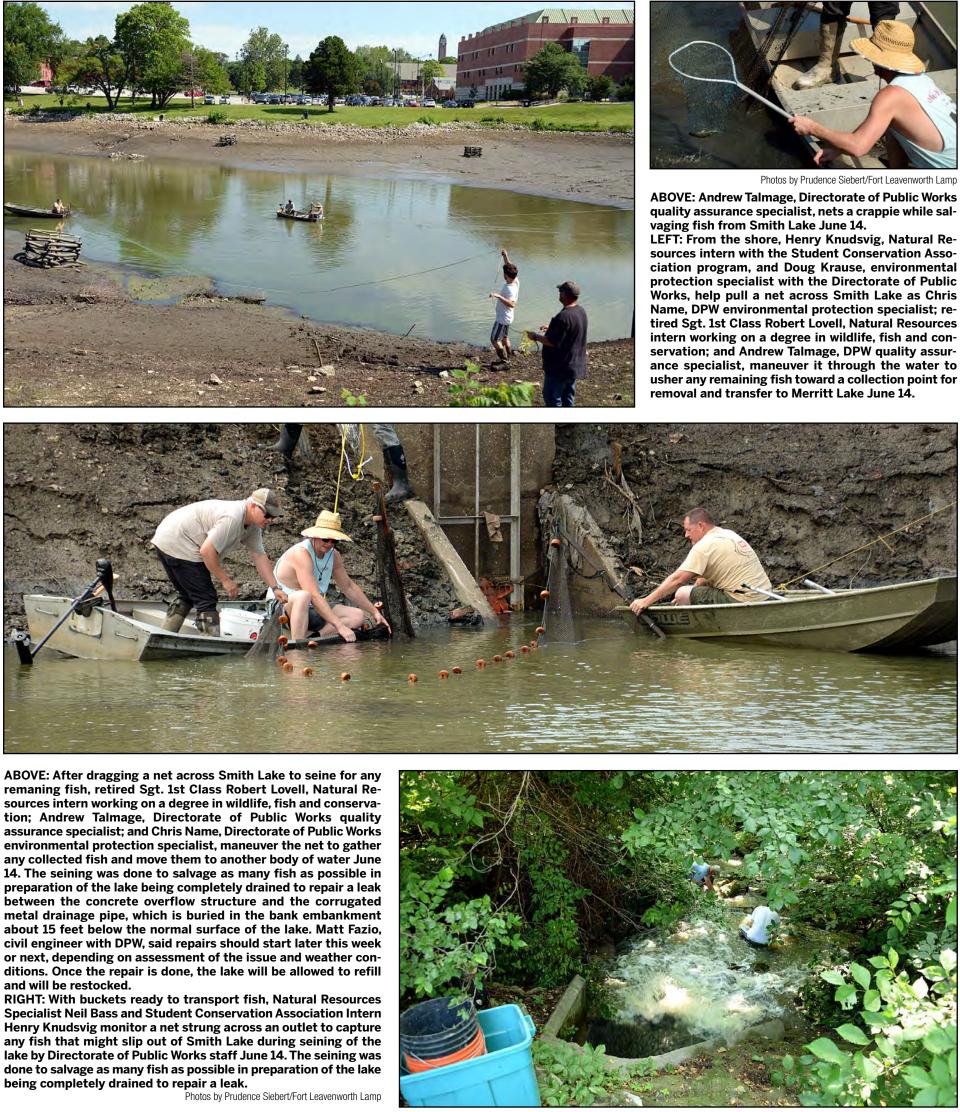


DPW staff seine Smith Lake



Photo by Prudence Siebert/Fort Leavenworth Lamp

Chris Name, environmental protection specialist, Environmental Division, Directorate of Public Works; retired Sgt. 1st Class Robert Lovell, Natural Resources intern working on a degree in wildlife, fish and conservation; and Andrew Talmage, DPW quality assurance specialist, pull a net across Smith Lake as they seine for any remaining fish June 14. The day before, DPW Natural Resources staff transferred about a dozen each of largemouth bass, crappie, channel catfish, green sunfish and about 100 bluegill into Merritt Lake on the other side of Grant Avenue. Smith Lake has been leaking for several weeks due to a structural failure, which can not be assessed and repaired until the lake is completely drained.





SJA provides claims information for severe weather damage

by Office of the Staff Judge Advocate

The severe weather occurring in the Fort Leavenworth area frequently causes damage to personal property.

Before 2019, the U.S. Army Claims Service policy allowed for payment of claims under the provisions of the Personnel Claims Act for weather-related damage to personal property owned by soldiers and for Department of the Army civilians while at their place of duty.

In Army Directive 2019-21, dated May29, 2019, the Secretary of the Army revoked the previous policy — now the Army no longer pays for damages caused by flood,

hurricane, earthquake or other acts of nature or weather conditions. The Secretary of the Army stated this policy change was to encourage individual responsibility for personal property.

Soldiers and DA civilians should maintain private insurance against personal property loss caused by adverse weather and other hazards insurance normally covers. Any exception or waiver to this policy requires approval by the Secretary of the Army. An exception or waiver of this policy should be routed through the Judge Advocate General and the Army General Counsel to the Secretary. In light of this policy, soldiers and Department of the Army civilians living or working on Fort Leavenworth are encouraged to obtain a renter's insurance policy to cover loss or damage to their personal property. Those with expensive, high value items such as antiques, original art or collections (such as a baseball or sports card collection) should get a full replacement value coverage policy. Be aware that high value item replacement insurance will probably require an appraisal for which, depending on the insurance company, the property owner may not be reimbursed.

In addition, a comprehensive auto in-

surance policy will cover weather-related damages. This type of insurance will also cover other non-motor vehicle damages, such as vandalism or hitting an animal.

Property owners/renters should contact their insurance company for any further information regarding renter's insurance, high value property insurance, or comprehensive auto insurance.

Contact Gary Hyder in the Fort Leavenworth Claims Office at 913-684-5376 or gary.d.hyder.civ@army.mil with questions regarding the Army policy on personal property claims.

be reimbursed. sonal property claims. hensive auto in-

Kansas Turnpike goes cashless July 1

by Kansas Turnpike Authority Press Release

WICHITA, Kan.— Kansas Turnpike Authority CEO Steve Hewitt announced in April the Kansas Turnpike will implement cashless tolling beginning July 1.

Hewitt also announced the release of a virtual Go! Cashless toolkit, available to customers at www.DriveKS.com. Available materials include short videos, FAQs, newsletter/article copy, flyers, posters and more. Printed material is also being provided to communities along the turnpike and partners and stakeholders throughout the region.

"This is the largest change for turnpike customers since opening day in 1956," Hewitt said. "We are excited to improve safety while also enhancing the customer experience and modernizing our operations."

Cashless tolling means there will no longer be onroad toll collection and all customers will keep moving starting July 1. Customers will be identified by a transponder such as KTAG or by license plate registration information. DriveKS will be Kansas' new toll payment system, whether a customer has a KTAG or is identified by their license plate. Statements and customer communication will come from DriveKS.

"Cashless tolling is something our customers experience in other states, and we're proud to bring it here to Kansas," Bruce Meisch, director of technology and the cashless conversion project manager, said. "For the 70 percent of customers who use KTAG or a compatible transponder from another state, not much will change."

In KTA's most recent customer satisfaction survey, 95 percent believe KTA is an important part of Kansas transportation and 84 percent support the conversion to cashless tolling.

Customers who currently pay at a toll booth can get a KTAG to pay the lowest toll. In January, KTA released its per-mile toll rate structure effective July 1, which will be the lowest of any cashless system across the country. sion to convert to cashless tolling in early 2020. In reality, the organization has been working on elements necessary to convert its 236mile toll road to cashless tolling for nearly a decade.

KTA announced its deci-

A 2014 review of manual toll collection staff revealed that nearly 70 percent would be of retirement age within the following decade. As part of the conversion, KTA created a workforce transition plan for employees impacted by cashless tolling. creased from less than 45 percent in 2013 to nearly 70 percent of traffic today. This is due to increased use of KTAG and compatibility agreements with Oklahoma, Texas and Florida.

KTA's existing toll collection equipment was reaching the end of its useful life. It is being replaced by roadside tolling equipment on 42 new overhead gantries along the roadway. This equipment connects to a customized back-office system, providing better customer service and increased efficiency.

Electronic tolling has in-



CashlessTolling



Learn more at DriveKS.com



Sign up to receive a reminder when a new issue of the *Fort Leavenworth Lamp* is posted by e-mailing usarmy.leavenworth.id-training.mbx.pao-inbox@army.mil.

Full-scale exercise (continued from Page A1)



Photo by Colbie Fairley/Fort Leavenworth Garrison Public Affairs Office Intern

Fort Leavenworth Fire and Emergency Services Fire Lt. Jeremy Dunn rolls debris away from where a "tornado" struck as Deputy Fire Chief Edgar Guerra observes during the full-scale exercise June 12 at the Internment and Resettlement Training Site.



MAHC patients, staff take shelter during exercise

by Maria C. Yager/Munson Army Health Center Public Affairs Officer

Munson Army Health Center patients and staff headed to the health center's basement after a simulated tornado warning was issued on Fort Leavenworth during the installation's full-scale exercise June 12. Unlike a tornado watch, issued when severe weather is possible and to "watch for it," a tornado warning is issued when a tornado is imminent. When a tornado warning is issued, it means to seek safe shelter immediately, even if it is at a medical appointment. "For Munson, the safety of patients and staff is top priority," MAHC Commander Col. Shane Mendenhall said. "Running this drill was valuable in testing the procedures we have in place in the event of a tornado. We could see what went well and look for any things that we need to adjust in the future for the best outcome." The health center's basement is one of a few designated tornado shelters on post. When MAHC was notified of the simulated tornado warning directing those on post to head to their tornado shelter, word was passed over MAHC's public address system announcing the drill and directing all those in the facility to head to the basement.



Photo by Colbie Fairley/Fort Leavenworth Garrison Public Affairs Office Intern

Leavenworth County Emergency Medical Services personnel lift a "casualty" onto a medical stretcher during a tornado-themed exercise June 12 at the Internment and Resettlement Training Site.

assistance, others remaining silent. Firefighters acted quickly in locating survivors, aiding them in escaping the debris left from the tornado.

Off-post emergency response teams also participated in the exercise, including members of the Leavenworth Fire Department, who used airbags and crowbars to gain access to "victims" who were designated as hurt, distressed or deceased in the scenario. Firefighters navigated through the route of the notional tornado, working diligently to clear debris, retrieve victims, and maintain a safe and sufficient process until they were able to give the all clear. Firefighters provided physical assistance to lift one another to scale and climb over walls.

The fire departments intentionally worked closely with emergency medical staff throughout the exercise. Leavenworth County Emergency Medical Services Director Jamie Miller expressed the importance of these exercises.

"We do these kinds of disaster procedures in their entirety. We always look to have a process for these kinds of events" he said.



Photo by Colbie Fairley/Fort Leavenworth Garrison Public Affairs Office Intern

Fort Leavenworth Fire and Emergency Services Capt. Trent Strayer inflates an airbag to help lift debris off of a "victim" during the tornado-themed full-scale exercise June 12 at the Internment and Resettlement Training Site. Members of the Fort Leavenworth Fire Department, the Leavenworth Fire Department, Leavenworth County Emergency Services and other post and area emergency response and support agencies participated in the exercise.

Miller was in charge of instructing EMS responders on how to act quickly and efficiently to preserve the safety of those affected by the tornado. EMS responders checked vitals of surviving victims, initiated immediate treatment of wounds, and worked to assist families and locate potential casualties. used to carry victims with critical injuries. Finishing up the search for survivors, first responders took account of all who were involved.

In the scenario, the tornado resulted in damaged property, four casualties with several injuries, and loss of power and supplies in various areas on post.

Medical stretchers were

Work center supervisors reinforced the message to safely evacuate their sections.

"I guess as a patient you don't expect to evacuate for a tornado when you go to the doctor, but (a tornado) can happen anytime," said patient Chief Petty Officer Jorge Villafuerte, U.S. Navy medical recruiter assigned to Navy Talent Acquisition Group Mid America.

Villafuerte had just checked in for an appointment when MAHC team members asked him and others in the clinic to go with them to the basement as part of the training exercise.

"After my vitals, they said there was a tornado warning exercise, and we had to go to the basement. I followed directions and headed where I was asked to go," Villafuerte said, noting his understanding of the value of training within the Department of Defense.

In the basement, personnel from each section accounted for their patients and

Photo by Maria C. Yager/Munson Army Health Center Public Affairs Officer

Munson Army Health Center patients and staff head to the basement after a simulated tornado warning was issued during the installation's full-scale exercise June 12.

staff and awaited further instruction.

"The patients were very understanding and came down with us to the basement," said Sgt. Malik Childs, noncommissioned officer in charge of MAHC's clinical laboratory.

After several minutes, the all-clear was given and patients and staff exited the basement. MAHC had achieved its training objective for the exercise and resumed patient care.

"The training is beneficial all around. We want our staff to know what procedures to take for the safety of their patients and themselves, and we also want our patients to know that we have a plan for their safety," Mendenhall said.

After duty-hours, MAHC Medical Department Activity personnel will open the health center for those needing shelter, and the facility will remain open until all watches or warnings are lifted.

Munson Army Health Center is at 550 Pope Ave. on Fort Leavenworth.



Online: https://home.army.mil/leavenworth/about/news

The Fort Leavenworth Lamp welcomes parttime volunteer **REPORTERS** and **INTERNS**!

Flexible schedule, great way to learn about the community and excellent opportunity to add quality content to a professional portfolio. Experienced journalists preferred but training/mentorship provided if interested in learning the skills required.

Apply for the "Fort Leavenworth Garrison Public Affairs Assistant" position on the Volunteer Information Management System at https://vmis.armyfamilywebportal.com. E-mail ftlvlampeditor@gmail.com for more information.



Preschool 1

3:50 pm - 4:20 pm

Ages: 4 years - 5.99 years

Parent and Child Learn to Swim 4:30 pm - 5:00 pm

Ages: 6 months - 3.99 years

Preschool 2

5:10 pm -5:40 pm

Ages: 4 years - 5.99 years Afternoon Swimming Lesson Options:

Preschool 1

3:50 pm-4:20 pm

Ages: 4 years - 5.99 years

Parent and Child Learn to Swim

4:30 pm - 5:00 pm Ages: 6 months - 3.99 years

Preschool 2

5:10 pm -5:40 pm

Ages: 4 years - 5.99 years

Outdoor Pool Passes for sale at Harney Sports Complex front desk

available beginning 16 May.

Family of 4 - Full Season Pass: \$150.00 Valid: 24 May 2024 - 2 September 2024

Family of 4 - Half Season "A" Pass: \$75.00 Valid: 24 May 2024 - 7 July 2024

**Add an extra family member pass to either above option for \$25.00

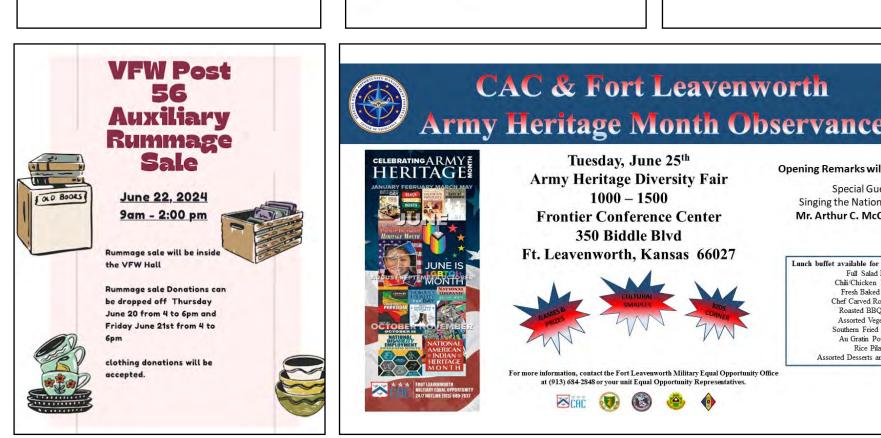
> 1 Person - Full Season Pass: \$75.00 Valid: 24 May 2024 - 2 September 2024

> > Individual Daily Fee: \$5.00

First Day of operations for the Outdoor Pools will be 24 May 2024 from 3pm-6pm.

OUTDOOR POOLS

- Know before you go!
- 100% ID check to enter the outdoor pools.
- · Season Pool passes available for sale at Harney Gym.
- Daily Fee is \$5.00 per person. Cash only accepted at the outdoor pools. Infants under 12 months are free.
- · All patrons must pay the daily fee or present their season pass at the front entrance to be admitted into the facility for Family Open Swim.
- Guests are permitted if accompanied by an eligible ID card holder over the age of 18. Guests will be charged the standard daily fee.
- · Patrons under the age of 12 must be accompanied by a parent or guardian.
- Patrons 12-17 may come to the facility independently and may bring younger siblings to the pool with presentation of a current Red Cross babysitter's certificate.
- Patrons 18 and older may come to the pool independently and may supervise children at the pool without presenting a babysitter's certificate.



Tuesday, June 25th **Army Heritage Diversity Fair** 1000 - 1500**Frontier Conference Center** 350 Biddle Blvd Ft. Leavenworth, Kansas 66027

information, contact the Fort Leavenworth Military Equal Opportunity Office at (913) 684-2848 or your unit Equal Opportunity Representatives.

۲

Opening Remarks will start at 1100

Special Guest Singing the National Anthem Mr. Arthur C. McClendon Jr.

Lunch buffet available for \$15 from 1100-1400 Full Salad Bar Chili/Chicken Noodle Fresh Baked Rolls Chef Carved Roast Beef Roasted BBQ Pork Assorted Vegetables Southern Fried Chicken Au Gratin Potatoes Rice Pilaf Assorted Desserts and Ice Cream



Fort Leavenworth Sponsors Civilians WG6/NAF4/GS-9

and Permanent Party Military MAJ's and Above

The International Military Student Division is Welcoming CGSOC -Class AY 24 US Sponsor Families to Volunteer Today







Mr. David M. Bornn (913) 684-7323 david.m.bornn.civ@army.mil



U.S. ARMY

General William E. DePuy Writing Contest The U.S. Army's Premier Writing Competition

This year's theme is The Russia-Ukraine War

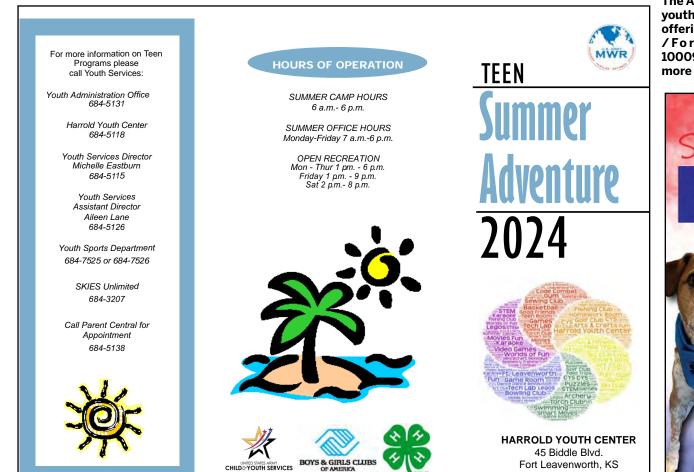
Submission deadline: 19 July 2024



https://www.armyupress.army.mil/DePuy-Writing-Competition/



The Schools of Knowledge, Inspiration, Exploration and Skills (SKIES): Unlimited offers classes in dance, music, gymnastics, theater and more. For more information, visit https://leavenworth.armymwr.com/programs/skies-unlimited. Download the summer catalog of available classes at https://leavenworth.armymwr.com/application/files/2217/1258/9294/SKIESUnlimited_2024_Summer_Cat alog.pdf



ABOVE, Youth Sports and Fitness, Child and Youth Services, and RIGHT, Harrold Youth Center offer basketball camps, soccer camps, baseball camps, field trips and daily activities for children and teenagers. For more information, call Youth Sports at 913-683-1362/2050, CYS at 913-684-7525/7526, or Harrold Youth Center at 913-684-5118.

The Arts and Crafts Studio offers summer classes for youth and adults. See pages B5-6 for upcoming class offerings or visit https://www.facebook.com/people /Fort-Leavenworth-Arts-Crafts-Studio/ 100095229199304/?_rdr for the class schedule and more information.



(913) 684-5118

Youth to Youth Sponsorship

Welcome to Fort Leavenworth! The HYC Youth to Youth Sponsorship Club would like to invite you to our Tee Summer Meet and Greets! Music, Food, and Games! Mee New Friends!

- June 12 Harrold Youth Center 4 pm 6 pm June 22 Harrold Youth Center 6 pm 8 pm
- July 10 Strike Zone 4 pm 6 pm
- July 26 Dashboard of Ft. Leavenworth 4 pm 8 pm

Open Rec Day Trips & Special Events

Purchase a Worlds of Fun season pass for \$94.50. Cost is \$10 a trip!

June 5, 14, 26 Worlds of Fun/Oceans of Fun \$45 / 10 am - 6 pm July 10, 19, 24 Worlds of Fun/Oceans of Fun \$45 / 10 am - 6 pm August 9 Worlds of Fun/Oceans of Fun \$45/ 10am - 6 pm August 12 Non School Day/Activities @ YC \$35/ 6 am - 6 pm

Summer Theater Workshop

June 24 - 28 Teen Summer Theater \$80/ 9 am - 12 pm This workshop will be at Harrold Youth Center and go over auditioning, choreography, and set design for 6th - 12th graders

> Stop by the Youth Center for our Summer Monthly Calendar of Events!

Exchange Mall 1100-1300 Friday, June 21st

Promoting awareness and discussion regarding mental health, Family Advocacy, and SHARP services

Featuring: SHARP, Family Advocacy, AER ASAP/Suicide Awareness, Family Life Chaplain

hotos with Buster the Dog

Food, Music, & Fun begin at 6PM

Location: Merritt Lake Music begins at 6PM • Salute to the Union at 8PM Spectacular Fireworks Show at Dusk



SUMMER ADVENTURE

ENROLLMENT

with Services Summer Adventure is open to military and DoD civilian family members. outh must have completed 6th grade or higher ring the 2023-2024 school year.

REGISTRATION

must be registered with Child & Services through Parent Central, outh outh cated at the Resiliency Center, Bldg 198, 00 Thomas Ave. before enrollment in the rogram. Call 913-684-5138 to make a egistration appointment and to complete Total mily Income

FEES

ees are based on Total Family Income hich is determined at Parent Central. ayments can be made at any CYS location. rollment and payments must be made by Monday prior to each camp week.

Daily Activities

Along with the field trips, Camp will include Team Challenges, Water Play, Sports, Games, Cooking Club, Scavenger Hunts, Bike Rides, STEAM activities and much more!



Teen Summer Sessions

Session 1 - Ready Set Go May 28 - 31 (NO camp May 27) Union Station - Cool Crest

Session 2 - Mission Impossible June 3 - 7 Escape Room and Go Apes

Session 3 - Animal Safari

June 10 - 14 Zoo and Cedar Cove

Session 4 - Food Frenzy June 17 - 21 (NO camp June 19 & 21) Chopped Challenge

Session 5 - Water World

June 24 - 28 Lake Trips and Water Park Session 6 - Futuristic Fun

Rush and Amazing Race

Session 7 - To the Extreme July 8 - 12 (NO camp July 12) I Fly and Ice Skating

Session 8 - Sports Spectacular July 15 - 19 Monarchie Game

Session 9 - Wild and Crazy July 22 - 26 Trampoline Park and Laser Tag

Session 10 - Blast from the Past July 29 - August 2 Shatto Milk and Lake Tour

Session 11 - Creative Campers Clay Cafe and Water Park

For more information and to follow us: Facebook: Harrold Youth Center Website: leavenworth.armymwr.com

CARL SUMMER READING PROGRAM

June 10th - August 5th **Pre-Registration has started!** Sign up at https://carl.beanstack.org/





EADI RENEW!	PEATE The Commun	2024 CARL's hity Events endar	follow us on F	913-758-	binedArmsResearchL	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
² ²	3		5 ed for carpet cleaning ntory this week	6	7 CGSC Graduation!	8
⁹ Sui	10 ummer Reading Sta	11 Irts!	12 SRP Kick Off Party 3pm-5pm	13	14	15
16 Iday	17	18	19 JN EE TH The library is closed	20	21	22
23 7	24	25	26	27	28	29





Clean Paws Pet Wash

Open 24 hours a day! **Merritt Lake Parking Lot** Cash, Coin and Card



Info: (913) 651-7176

FORT LEAVENWORTH LAMP



STRONGHOLD DISTRIBUTION & HAPPY BOTTOMS

By Appointment Only www.strongholdfoodpantry.org

SUN	MON	TUE	WED	THU	FRI	SAT
30						1
2	3 DONATIONS 12:00-2:00	4	5 Open Pantry & Happy Bottoms 11:30 -1:00	6	7	8
9	10 DONATIONS 12:00-2:00	11	12 Open Pantry & Happy Bottoms 11:30 -1:00	13	14	15
16	17 DONATIONS 12:00-2:00	18	19 Open Pantry & Happy Bottoms 11:30 -1:00	20	21	22
23	24 CLOSED	25 CLOSED	26 CLOSED	27 CLOSED	28 CLOSED	29



Interested?

Call us at (913)303-8105 or send us an email at contact@strongholdfoodpantry.org

WE NEED HELP WITH: Processing donations

Website Administration

 Packing distribution goods Distributing aroceries

Hunger Buster POWERED BY: FTLV THRIFT STORE

Do you have a school aged child that could use a pack filled with

WWW.STRONGHOLDFOODPANTRY.ORG

Diaper Distribution

Bookkeeping



breakfast, lunch, and snack goods to help them sustain a healthy active lifestyle over school break? Bring your pack back for a REFILL or register online to pick up your pack. STRONGHOLD FOOD PANTRY More than a food pantry.







Dress is collecting donations to build our shop inventory

*Formal & Cocktail Attire (dresses and suits) *Shoes, Jewelry & Handbags

All items should be clean & free of tears, snags or stains

SEND US A FB MESSAGE OR EMAIL ODYDFLSC@GMAIL.COM

COLLECTING DONATIONS

Pantry/food items

cleaning supplies

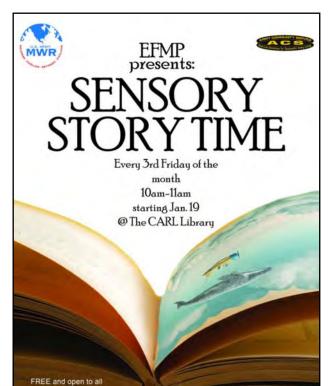
-- PCS'ing --

We pick up & find homes for

toiletry items

To homeless shelter, food pantries, needy families

Pam Meier: 913-306-5108







(through the month of October 2024)

Come out and get to know other EFMP Families while the kids play! Every month there will be a NEW and EXCITING activity for the kids! Open to EFMP Families only.

Activities*

May- Chalk Art June- Art Easels July- Popsicles August- Bubbles September- Juice Boxes October- Pumpkin Decorating *Subject to change

Signing up for HOOPS WITH TROOPS Are you looking for a FUN and engaging activity for your EFM? Sign up now to play basketball with HOOPS WITH TROOPS!

This FREE 4 week program is geared toward EFM ages 9 - 18. Students will be led by Military Member Volunteers in basketball drills and games. Each participant will be paired with a student volunteer.

Thursdays from 4:30pm - 5:30pm

Call to register by August 22

ports Comple August 29 - September 19

MWR

84-2871/ 2838

EFMP



Registration is required the Friday before the event. Call 913-684-2871 or 913-684-2800 for more info





Want to make a difference and earn community service hours? Volunteer with EFMP!

Looking for Soldiers and DOD ID card holders ages 18+ to participate as Leads for basketball games and drills!

Looking for 20 Student Volunteers ages 14 - 18 to be paired with our EFMP students to play basketball!

One hour a week for 4 weeks!

Thursdays from 4:30pm - 5:30pm Harney Sports Complex August 29 - September 19

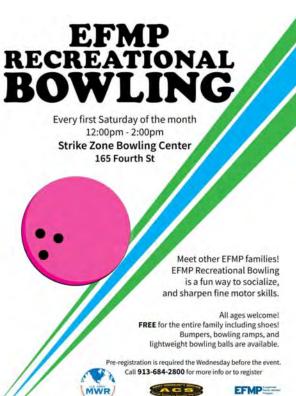
Volunteer Registration must be completed by August 22 nteers under age 18 need parental permission and signed consent) (Vol

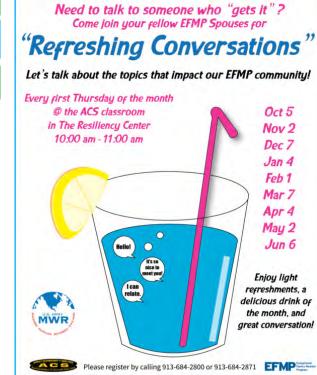
To register or get more info please call 913-684-2838 or 913-684-2871
BOSS Soldiers contact your BOSS program coordinator 57

EFMP

ACS







VOLUNTEER BASICS

JAN 10 • MARCH 13 • MAY 15 • JUNE 26 • AUG 28 • SEPT 4 ACS CLASSROOM . 600 THOMAS AVE. TIME: 12PM - 1PM

DO YOU WANT TO MAKE A DIFFERENCE IN OUR COMMUNITY? IF SO. THEN BE SURE TO CHECK OUT VOLUNTEER BASICS. LEARN ABOUT VOLUNTEER OPPORTUNITIES ON FORT LEAVENWORTH AND IN THE COMMUNITY. PARTICIPANTS WILL LEARN THE BENEFITS OF VOLUNTEERING AND HOW TO PROPERLY LOG HOURS INTO THE VOLUNTEER MANAGEMENT INFORMATION SYSTEM (VMIS).

REGISTRATION IS NOT REQUIRED, JUST SHOW UP.

INFO: (913) 684-2835



ACIS

FUN & RELAXATION

Explore new hobbies in your free time with on-post events & recreation activities in the **Digital Garrison App!**





Messy Art

\$12 per class

Ages 4 - 6

Friday May 10 10:30am - 11:30am 12:30pm - 1:30pm

Tuesday June 11 12:30pm - 1:30pm

Friday June 14 10:30am - 11:30am

Tuesday July 9 12:30pm - 1:30pm

Friday July 12 10:30am - 11:30am

Ages 7+

Thursday May 16 11am - 12pm

Thursday June 20 11am - 12pm

Thursday July 18 11am - 12pm Color Me Happy \$10 per class

Parent & Toddlers

Thursday May 9 10:30am - 11:30am

Thursday May 30 10:30am - 11:30am

Thursday June 13 10:30am - 11:30am

Thusday June 27 10:30am - 11:30am

Thursday July 11 10:30am - 11:30am

Thursday July 25 10:30am - 11:30am



scan for more info

Call now to register! 913-684-3373



Summer **Studio Days** \$15 per class

Kids Ages 6-11 Tuesday - Friday July 30 - August 2 10:30am - 11:30am

Youth Ages 12+ **Tuesday - Friday** July 30 - August 2 1pm - 3pm

Need to beat the summer heat? Come to the Studio!

Kids Arts & Crafts Crafts

\$20 per craft

Mother's Day Gift Flower Pots & Cards Friday May 3 2:30pm - 4pm

Father's Day Gift Mosaic Coaster & Card Wednesday June 5 10:30am - 12pm





Cost includes all supplies!

Come see what's new at the Studio!

Art History

\$15 per class (ages 7+)

Rice Krispies & Rembrandt Wednesday May 15 12:30pm - 2:30pm Thursday May 16 4pm - 6pm

Rocket Pops & Ross Tuesday June 18 11am - 1pm Wednesday June 19 1pm - 3pm

Cookies & Carle Tuesday July 16 11am - 1pm Wednesday July 17 1pm - 3pm

leavenworth.comymwr.com

May, June & July Watercolor

Workshops

\$25 per workshop

Watercolor (Basic Techniques) Thursday, May 16 Tuesday, July 9 6:30pm - 8pm

Watercolor (Florals) Thursday May 30 6:30pm - 8pm

Watercolor by the Lake (plein-air) Thursday June 20 9am -10:30am

Cost includes all supplies!



OPEN STUDIO

Hours 10am - 5pm T - F

Modern Calligraphy=

Basics

\$20 per class

Tuesday April 30 12:30pm -1pm

Wednesday July 10 10:30am - 12pm

Special Projects

Intermediate

MWF

\$20 per class

Tuesday May 7 12:30 - 2pm

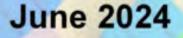
Wednesday July 17 10:30am - 12pm



FORT LEAVENWORTH LAMP

THURSDAY, JUNE 20, 2024





New Parent Support Program

Stroller Walk Tuesdays, 10:00am - 11:00am

Play Morning Thursdays, 9:00am - 10:00am & 10:00am - 11:00am **Resiliency Center**

Breastfeeding Class June 3, 5:00pm - 7:00pm Resiliency Center, Room 157

Newborn Care Class June 10, 5:00pm - 7:00pm Resiliency Center, Room 157

Dad's Night Out June 12, 6:00pm - 8:00pm Restaurant is TBD



olutions for Successful

Family Advocacy

Father Daughter Tea Party June 1, 1:00pm - 4:00pm Frontier Conference Center Ballroom

ather Son Seavenber Hunt Hunt Lodge

Workshop & Workout June 8, 11:00am - 12:30pm Resiliency Center, Room 157

Anger Management June 13, 11:30am -1:00pm, Resiliency Center, Room 145

Navigating the Teen Years June 18, 1:00pm - 2:30pm Resiliency Center, Room 145

Event Schedule

CALL ACS TO REGISTER FOR CLASSES TODAY! ALL

Employment Readiness Program

Federal Employment June 5, 12:00pm - 2:00pm Resiliency Center, Room 157

Resume Writing June 19, 12:00pm - 2:00pm Resiliency Center, Room 157

Army Volunteer Corps

Volunteer Basics June 26, 12:00pm - 1:00pm Resiliency Center, Room 157

Exceptional Family Member Program

EFMP Recreational Bowling for EFMP Members and their Families June 1, 12:00pm - 2:00pm Strike Zone Bowling Center

Potty Training Class June 17, 5:00pm - 7:00pm Resiliency Center, Room 157

Mom's Night Out June 26, 6:00pm - 8:00pm **Restaurant is TBD**

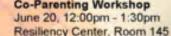
Relocation Readiness

In-Processing Brief Tuesdays, 9:00am - 10:00am Thursdays, 1:00pm-2:00pm Resiliency Center, Room 157

OCONUS Levy Brief Tuesdays, 10:00am - 11:00am Resiliency Center, Room 157

Handicap access at the

front of Building 198



Personal Financial Counseling

Curious About Crypto June 11, 11:45am - 1:00pm **Resiliency Center**

Financial Planning: Building Your Own Plan June 25, 11:45am - 1:00pm **Resiliency Center**

EFMP Refreshing Conversations June 6, 10:00am -11:00am, **Resiliency** Center

Playground Palooza June 11, 9:00am - 10:00am **EFMP** Playground

MWR

Survivor Outreach Services

Gold Star & Survivor Families Fishing Social June 1, 9:00am-12:00pm Merritt Lake

Resiliency Center, 600 Thomas Ave, Building 198 913-684 - 2800/ 913-684-HELP(4357) Hours: Monday - Wednesday, & Friday, 7:30am - 4:30pm (closed 1130-1230); Thursday, 1:00pm - 4:30pm Follow us on Facebook! @FortLeavenworthACS Follow us on Twitter! @LeavenworthACS

ACS PRESENTS:

LUNCH & LEARN MILITARY MONEY

EVERY OTHER TUESDAY ACS CONFERENCE ROOM 11:45 - 1:00

June 11 **Curious About Crypto**

June 25 **Financial Planning: Build Your Own Plan**



with our Personal Financial Counselor (816-500-3163)



WE'LL LEARN **TOGETHER!**



Financial Readiness Milestone Training

Are you financially prepared for what life throws your way? Let us help! We offer free Financial Readiness Training on a variety of subjects.

nice we will die

Pre-Deploymen Post-Deploymen PCS Marriage Divorce esting in TSP First Child ation Pay ss/injury/condi

Held monthly every 2nd & 4th Thursday @ 0900am - 1100am. Bidg 198 Room 157

ACS

INFO: 913 - 684 - 2852 / 280



FORT LEAVENWORTH LAMP



Contact 913-297-3212

11 S

This NEW event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social

connections and to learn about different parts of the town.

Jan 31 • Feb 28 • March 27 • April 24

May 29 • June 26 • July 31 • Aug 28

Sept 25 • Oct 30 • Nov 20 • Dec 11

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old

Info: (913) 297-3212 or (913) 684-2800

📩 🔰 🍪 🍩 🥌



Contact 913-297-3212

DAD'S NIGHT OUT

Dad's Night Out is offered by ACS New Parent Support Program for Dads of children 0-3 years of age to get out of the house without the kids and meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.

* 💟 🍪 🍛 🛲

Jan 24• Feb 21 • March 20 • April 17 May 22 • June 12 • July 24 • Aug 21 Sept 18• Oct 23 • Nov 13 • Dec 4

Childcare, food, and drinks are

For more info: (913) 297-3212 or (913) 684-2800





STRESS MANAGEMENT Thursdays; Jan 18, Mar 14, May 16, July 18

1130 - 1300 brown bag lunch class. ACS Conference Room 145 Registration Required must register by before the class you want to attend. Classes are for 18 and over







Morning Thursdays from 9-11:00 a.m.

Ages 3 months - 3 years with Guardian • Resiliency Center

-

MWR

Free play group for ages 3 months - 3 years and their parents/guardians

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.









U 0





ACS Family Advocacy New Parents Support Program **Toddler** Time Playgroup

 Free toddler play group. Open to ages 2-3 years old with adult.

 Offers an introduction to preschool routines, explores educational concepts, and builds social skills through hands on experiences and activities.

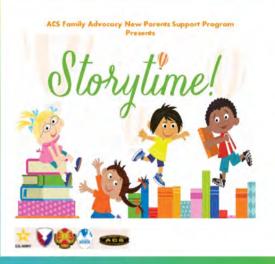
Wednesdays @ 9:00am

Located at the Army Community Service Resiliency Center 600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text 913-297-3212 or 913-297-9704



For Dads with children 0-3 years old.



Free Open to ages 3 months - 3 years old with adult.

Join us for storytime to use our imagination and develop a love of books

Storytime fosters early literacy skills, language development, and social growth.

Every Wednesday @ 10:00 am

Located at the Army Community Service Resiliency Center 600 Thomas Ave. Fort Leavenworth, Kansas Registration required call or text 913-297-3212 or 913-297-9704



CYS PROFESSIONAL DEVELOPMENT DAY

All CYS Facilities will be closed on Friday, June 2l, 2024.

Naviyatiny the **Teen Years**

ACS



Jan 11, Feb 8, Mar 21, Apr 25, May 23, Jun 20 @ 12-1:30pm ACS Classroom 145 600 Thomas Ave

rentino

Learning to co-parent after a divorce can feel like being on opposite ends of a chasm.

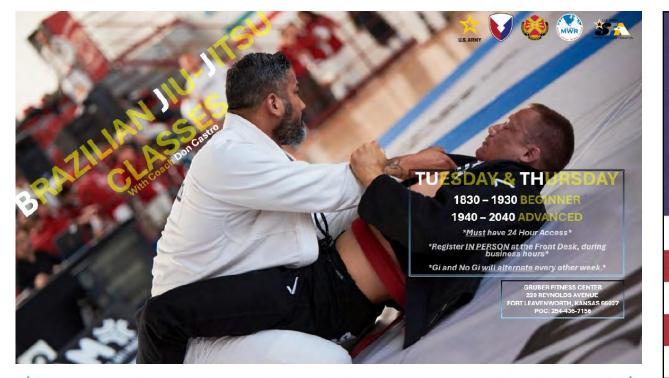
Our six week workshop will show you how to Our six week workshop will show you how to build a bridge that will enhance parenting skills, enrich positive co-parenting, learn to use positive discipline, and develop a joint plan for managing expectations about your children's growth, development, and behavio

FREE and open to all DoD ID holders 18+ Register by calling 913-684-2822/ 2808 Deadline to register is day before class. Its are encouraged to attend every class as each sess will be different.









Kids 18 & under will receive TWO **FREE Games!**

Strike Zone Bowling Center Wednesday - Saturday 10am - 4pm

Promotion runs from May 22 - August 10

Fone **Contact the Strike Zone** for more information on how to sign up! 913-651-2195

Starting Monday April 15th, 2024

Fort Leavenworth Group Fitness Classes

GRUBER FITNESS CENTER-200 Reynolds Ave. - 684-5120 Mon-Fri: 0500-1600, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530			Spin (Karyn)			1.000
0930	Zumba (Lydia)		Zumba (Lydia)			(0915) Zumba (Lydia)
1030						Hot Yoga (Kim)
1630	30/30 Split (Kim)		Power Cycling (Kim)			



FUN SHOOT

Brunner Range 1st Saturday of the Month

Jan 6 - Dec 7 2024

Registration is required and can be done the day of the event from 9AM-10:30AM

Space is limited so register early

Rental guns and shells are available or bring your own.

Prizes and awards distributed at the end of each shoot.

Info: (913) 651-8132 701 Sheridan Drive





6 June - 11 July 18 July-22 August Fall Combo 5 September - 7 November

Winter Warm-up 14 November - 19 December

Each league has a one-time payment of \$25 prizes at the

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190 Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800			1 1	0.000		
1630		"Power Cut (Kim)		*Power Cut (Kim)		

*Power Cut classes are held in the Bubble Gym





https://leavenworth.armymwr.com





Combo leagues shoot on Thursday evenings. Teams consist of 5(+/-) shooters All teams take turns supplying an evening meal at approximately 5:30 pm with oting commencing at 6:00 pm. Summer and Winter Warm-up leagues are individual with the same fee but no food. shooting com



Contact Brunner Range for more information (913) 651-8132



Learn proper Olympic Lifting technique and how to safely resistance train. Programming is designed to increase Muscle Mass, Strength, and Power. Resistance training has been shown to increase bone density, metabolic rate, cognition, reduce fat accumulation, lower risk of heart disease, and so much more. Start enjoying the benefits!

CLASSES MEET MON, WED, FRI 9:00-10:15 AT HARNEY GYM







FORT LEAVENWORTH SCHOOL DISTRICT **OPENINGS FOR THE 2024-25 SCHOOL YEAR:**

- Pre-K Teacher(3/4 year-old Program)
- Pre-K Instructional Assistant
- Special Services Coordinator .
- Food Service Manager
- **Special Education Teacher**
- **Special Education Para Educator**
- Speech and Language Pathologist
- Part-Time Occupational Therapist
- School Psychologist
- Licensed Behavior Analyst BCBA
- Food Service Cook
- School Bus Driver
- Full-Time Bus Aide





WE WANT TO TAKE THE NEEDS ASSESSMENT SURVEY



Go online to: https://forms.osi.apps.mil/r/55 5Ytw1SiK?origin=lprLink

*CAC Required

lange

Help our Education Center to better understand and meet your educational needs on Fort Leavenworth.

Your participation and feedback is valuable and will be utilized to help improve ACES education programs & services!

Fort Leavenworth Education Center Email: usarmy.leavenworth.usag.mbx.education@army.mil Phone: (913) 684-2496





FOOD SERVICE CHARGES AT APPROPRIATED FUND DINING FACILITIES AND THE MIILTARY ACADEMIES **EFFECTIVE JANUARY 1, 2024*** (Prior rates in red)

- Meal Breakfast Lunch Dinner Holiday
- Discount Rate \$3.20 (\$3.15) \$5.35 (\$5.25) \$4.60 (\$4.50) \$8.45 (\$8.30)

Standard Rate
\$4.35 (\$4.30)
\$7.00 (\$6.85)
\$6.05 (\$5.95)
\$11.40 (\$11.20)

*Volume 12, Special Accounts, Funds and Programs, of DoD Financial Manage Regulation (DoD 7000.14-R) stipulates that the Office of the Under Secretary of Defense (Comptroller) shall prescribe the rates for food service charges annually







Need help with initial rent and deposit?

GO TO AERHQ.ORG FOR MORE INFORMATION OR SCAN THE OR CODE



Talk to your local AER officer or chain of command to receive assistance.

ARMY EMERGENCY RELIEF





31 **Speakers**



Activities Demonstrations Posters



Get more information on the Symposium: www.armyuniversity.edu/Organizations/LearningSymposium



SOLDIERS HELPING SOLDIERS SINCE 1942

MM

Panels

2024

THE ARMY UNIVERSITY LEARNING SYMPOSIUM



AI Applications for Learning

June 11-14: Virtual Phase - ArmyUniversity.edu & Blackboard.com June 24-28: Hybrid Phase - Ft. Leavenworth, KS & Blackboard.com

Focus Areas: Learning Organizations, Learning Science & Technologies, Learning Data, Learning Strategies







Ready for the Big Screen? Book A Post Theater MWR

ABANT INFORMATION FOR PARENTS

Did you recently receive PCS orders and have a school-aged child tor teen hat's worried about moving? Maybe you've heard them wonder:

> Who will my new friends be? What will my new school look like?What activities/sports are available? What are the other kids wearing?

The Youth Sponsorship Program connects your child to another youth in the new community to answer these questions and so much more.

Why should my child request a sponsor? A sponsor:

- Allows your child to get to know their community before they arrive.
- Provides them with someone who can show them the ropes in their new community.
- Helps reduce social isolation, leading to a healthier transition with reduced stress and at-risk behaviors.
- Gives youth a youth perspective of their new community and school.

Allows you to focus on other aspects of transition, knowing that your child's needs are being met.

What does the Youth Sponsorship Program provide for my child?

- Their Youth Sponsor will provide a welcome packet and information about their new community before arrival.
- Upon arrival, their Youth Sponsor will arrange for them to have a tour of the community and, once you know which school they will be attending, provide information about the school and arrange for a tour there as well.
- The program hosts various activities and events that will help your child meet new people, learn about their school and community.

How do I get a sponsor assigned to my child?

Once you receive PCS orders, contact the School Liaison Officer at your current installation.

Par



Event Space: \$225

Small Snack Package*: \$6 per kid includes drink, kid size popcorn, candy Large Snack Package*: \$8 per kid includes drink, medium popcorn, candy

m of 10

Call 913-684-2736 to book your party





REASONS TO CONNECT WITH 988

You can call, text, and chat the 988 Suicide & Crisis Lifeline to talk about a lot of things.

988 LIFELINE



Donation Day FAQs

1) When is Donation Day?

Donation Day is every 2nd Saturday of the month. Please have items for donation out before 8:00 a.m.

2) Where can I donate items?

Items can be left on the curb in front of your home. Please place items in a clear bag or box clearly labeled FOR DONATION.

3) What items can I donate?

City Union Mission will take donations of household goods, clothing, toys, etc. Furniture will also be picked up, as long as it is in good condition for resale.

4) What will happen in the event of inclement weather? Please follow us on Facebook for updates to the community.

COMMUNITY MANAGEMENT OFFICE: (913) 682-6300

000

MUNSON NOTES



mhsnurseadviceline.com 🌐

IMPORTAN ANNOUNCEMENT

have moved



Munson Army Health Center Public Affairs

Munson Army Health Center's basement at 550 Pope Ave. is one of the designated tornado shelters on post.

If a tornado watch is activated after duty hours, Medical Department Activity personnel will open the health center for those needing shelter. The building will remain open until all watches or warnings are lifted.

No Referral Required 🖊

REHABILITATION CLINIC PELVIC FLOOR THERAPY

Do you experience any of the following?

- Incontinence
- Pain with Intercourse
- Pelvic Pain
- Pregnancy/post-partum discomfort
- Rectal pain/constipation

Make an appointment today at the **Munson Rehabilitation Clinic for pelvic** floor physical therapy! No referral required!

913-684-6338/6138



Pediatrics and the Exceptional Family Member Program coordinator have relocated to Munson Army Health Center's third floor. To schedule an appointment for either, call 913-684-6250.

ded by nurse + Get an online *

家

Be vigilant in preventing tick-borne illness this spring.



Visit https://www.facebook.com/munsonhealth/ for updates and information.