

THURSDAY
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AMSC transforms Civilian Education System

by Jessica Brushwood/Army University Public Affairs Office

As part of the Army Transformation Initiative, the Army Management Staff College is realigning and reforming Army civilian professional education.

While several course changes went into effect Oct. 1, the Civilian Education System will remain a key leadership development program for Army civilian professionals with enhanced learning experiences.

Established in 1987, AMSC has experienced changes over the years, to include organizational mergers, policy changes and the creation of the Civilian Education System in 2007.

Julia Bell, acting director of AMSC, said the system offers structured education through multiple modalities at critical career points, helping supervisors build the skills, training and knowledge needed to lead effectively.

“The Army Management Staff College remains committed to its mission to educate and develop the Army Civilian Corps for leadership and management responsibilities throughout the Army,” Bell said.

Course rebranding

AMSC will continue to offer all leader development education for Army Civilian Professionals to include the Foundation, Basic and Intermediate courses.

Some of these courses will be renamed with little to no change to the existing curriculum.

The Basic and Intermediate Courses will become the Direct Leadership Course and the Organizational Leadership Course to better align with established leadership frameworks found in the Army Doctrine Publication 6-22, Army Leadership and the Profession.

The self-paced distance learning Organizational Leader Development Course is changing to the Leader Development

Course, while the Continued Education for Senior Leader – Strategic Leadership will be introduced as an executive seminar aligning with the Strategic Leadership Level.

Course elimination

Recent workforce reductions through the Deferred Resignation Program necessitated elimination of some course offerings.

Eliminated courses include the Advanced Course, virtual offerings of the Secretary of the Army Leader Development Seminar, the Data Foundations Seminar, and the Business Transformation Seminar.

Department realignment

In addition to the course name changes and realignments, the structure within AMSC will see adjustments to allow for continued support to civilian education and training.

Two synchronous CES teaching departments are merging to deliver education for Army civilians in grades GS 10-15. The new department will offer the Organizational Leadership Course, the Enterprise Leadership Course, and the Continuing Education for Senior Leaders-Strategic Leadership Seminar.

Despite the changes, AMSC will continue to offer a varied and practical approach to learning to prepare civilian professionals and equip them with the tools they need to succeed and make a real impact as leaders.

“There is no time better than the present for Army civilians to continue self-development and no better way to do it than through the Army Management Staff College Civilian Education System premier leader development experience,” Bell said.

Visit <https://www.lineofdeparture.army.mil/Journals/Army-Civilian-Journal/ACJ-Archive/ACJ-2025/-Civilian-Education-System-Updates/> for more detailed information about the course changes.



Photo by Prudence Siebert/Fort Leavenworth Lamp

Army Management Staff College instructor Gene Bailey talks with Jake Hayes, Department of Organizational Leadership instructor; Dr. Mike Edwards, Department of Civilian Leader Development instructor; and Dr. Tamara Hullender, acting director of the Department of Organizational Leadership and team leader for Department of Civilian Leader Development, during training for AMSC instructors who taught the Advanced Course who will now be teaching the Organizational Leadership Course, formerly known as the Intermediate Course, Sept. 30 in Eisenhower Hall. The Enterprise Leader and Organizational Leadership departments are merging into the Department of Civilian Leader Development, and faculty are crosstraining to teach all of the courses. The next AMSC Civilian Education System course starts Oct. 20.

Fort Leavenworth Hunt hosts horse show



Photo by Prudence Siebert/Fort Leavenworth Lamp

As Capt. Mark Chapman, Command and General Staff Officer Course student, observes and grades, 10-year-old Ethan Haag maneuvers quarter horse Lucy through the Handy Horse Trail Class, carrying a “calf” across his saddle for one of the tasks, during the Fort Leavenworth Hunt/Family and Morale, Welfare and Recreation Horse Show Sept. 28 by Wainwright Riding Complex.

Ethan and Lucy placed third in Handy Horse, second in Walk/Trot/Canter on the Flat, second in Barrel Racing for youth under 18 years old, and third in the youth Flag Race. Lucy also paired with Leah Haag for first in Walk/Trot on the Flat, second in trot-only Barrel Racing for youth under 18, and first place in the trot-only youth Flag Race.

Other classes offered in the horse show included Hunter Over Fences and a Follow-the-Leader team event to simulate foxhunting. For more photographs and horse show results, see page A7.

AT A GLANCE

■ Check the **FORT LEAVENWORTH GARRISON FACEBOOK PAGE** at <https://www.facebook.com/USAGLeavenworth/> for updates regarding closures and other information related to the possible government shutdown.

■ **DOMESTIC VIOLENCE AWARENESS MONTH** kicks off with a proclamation signing at 9:30 a.m. Oct. 7 at the Resiliency Center. See page B2 for the DVAM schedule of events and educational offerings. Check the FMWR Facebook page for updates.

■ The next **BLOOD DRIVE** is 9 a.m. to 1 p.m. Oct. 8 at Munson Army Health Center. Call 1-800-RED CROSS (733-2767) or visit RedCrossBlood.org and enter “FortLeavenworth” to schedule an appointment.

■ The **FORT LEAVENWORTH FIRE DEPARTMENT OPEN HOUSE** is at 4 p.m. Oct. 9 at Station No. 2 at 295 Biddle Blvd.

■ The **HALLOWEEN PET COSTUME PHOTO CONTEST** is underway. To enter, e-mail full-size, unaltered photo files to ftvlampeditor@gmail.com by

Nov. 2. Photos must have been taken in 2025. Photos will be posted at <https://www.facebook.com/FortLeavenworthStrayFacility/> for voting, and winners will appear in the Nov. 6 issue of the *Fort Leavenworth Lamp*.

■ The **INTRAMURAL SPORTS DOUBLES PICKLEBALL LEAGUE** players’ meeting is at 5:30 p.m. Oct. 15 at Gruber Fitness Center. League play begins Nov. 5. Call 913-684-3224/5136 for more information.

■ The Fort Leavenworth Natural Resources Division advises drivers to stay alert to **AVOID COLLISIONS WITH DEER**. Deer are typically on the move in early morning when commuters are driving to work and taking children to school. Slow down in wooded and rural areas, use high beams when possible, and pay attention to deer crossing signs that show where deer are likely to be.

■ See the Post Notes section starting on page B1 for more information on **UPCOMING EVENTS**.

FROM PHONES TO POWER TOOLS

Residents urged to know risks of lithium-ion batteries this Fire Prevention Week

by National Fire Protection Association Press Release

The theme for Fire Prevention Week™, October 5–11, 2025, is “Charge into Fire Safety™: Lithium-Ion Batteries in Your Home.”

The Fort Leavenworth Fire Department and the National Fire Protection Association (NFPA) — the official sponsor of Fire Prevention Week for more than 100 years — are promoting this year’s FPW campaign, “Charge into Fire Safety: Lithium-Ion Batteries in Your Home.” The campaign highlights how important it is to buy, charge and recycle lithium-ion batteries safely.

Most of the electronics we use in our homes every day — smartphones, tablets, power and lawn tools, laptops, e-cigarettes, headphones and toys, to name just a few — are powered by lithium-ion batteries. In fact, most things that are rechargeable use this type of battery.

If not used correctly or if damaged, lithium-ion batteries can overheat, start a fire or even explode. To reduce these risks, look around your home — it’s important to know which devices are powered by them.

Buy only listed products.

When buying a product that uses a lithium-ion battery, take time to research it. Look for a stamp from a nationally recognized testing lab on the packaging and product, which means that it meets important safety standards.

Some products sold online and in stores may not meet safety standards and could increase the risk of fire.

Charge devices safely.

Always use the cords that came with the product to charge it. Follow the instructions from the manufacturer.

If you need a new charger, buy one from the manufacturer or one that the manufacturer has approved.

Charge your device on a hard surface. Don’t charge it under a pillow, on a bed or on a couch. This could cause a fire.

Don’t overcharge your device. Unplug it or remove the battery when it’s fully charged.

Recycle batteries responsibly.

Don’t throw lithium-ion batteries in the trash or regular recycling bins because they could catch fire.

Recycling your device or battery at a safe battery recycling location is the best way to dispose of them. Visit call2recycle.org to find a recycling spot near you.

NFPA encourages residents to be aware of their devices, follow the “Buy, Charge, and Recycle Safely” approach, and support this year’s FPW theme, “Charge into Fire Safety.”

The Fort Leavenworth Fire Department is hosting an open house at 4 p.m. Oct. 9 at Station No. 2, 295 Biddle Boulevard, in support of Fire Prevention Week.

For more information about Fire Prevention Week and lithium-ion battery safety, visit fpw.org.

CHARGE

into Fire Safety™

Lithium-Ion Batteries in Your Home

Most of the electronics we use in our homes every day are powered by lithium-ion batteries. In fact, most everything that's rechargeable uses this kind of battery.

e-bikes

e-vehicles

e-scooters

golf carts

hoverboards

power tools

laptops

smart watches

tablets

mobile phones

e-cigarettes/vapes

headphones

cordless vacuum cleaners

remote control cars

drones

toys

LITHIUM-ION BATTERIES store a lot of energy in a small place. These batteries can overheat, start a fire, or explode if overcharged or damaged. By learning how to **BUY, CHARGE,** and **RECYCLE** these batteries safely, you can help prevent a fire in your home.



BUY only listed products. When buying a product that uses a lithium-ion battery look for a safety certification mark such as UL, ETL, or CSA. This means it meets important safety standards.



STOP using your device right away if the battery smells weird, gets too hot, makes popping noises, changes in shape or color. If it is safe, move the device away from anything that can catch fire. Call **9-1-1**.



CHARGE devices safely. Always use the cables that came with the product to charge. Follow the instructions from the manufacturer. Buy new chargers from the manufacturer or one that the manufacturer has approved.



RECYCLE batteries responsibly. Don't throw lithium-ion batteries in the trash or regular recycling bins because they could start a fire.



CHARGE your device on a hard surface. Don't overcharge your device. Unplug it or remove the battery when it's fully charged.



RECYCLE your device or battery at a safe battery recycling location. Visit call2recycle.org to find a recycling spot near you.



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CHARGE

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FORT LEAVENWORTH LAMP

PUBLISHED FOR THE COMMUNITY OF FORT LEAVENWORTH, KANSAS

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TRADOC inactivation marks new chapter in Army transformation

by Nina Borgeson/TRADOC Communication Directorate

JOINT BASE LANGLEY-EUSTIS, Va. — The U.S. Army Training and Doctrine Command was officially inactivated during a ceremony Sept. 26 at Fort Eustis, Virginia. The ceremony marks the beginning of the establishment of the U.S. Army Transformation and Training Command, set to officially activate Oct. 2 with a ceremony at the new headquarters in Austin, Texas.

The establishment of T2COM comes after Secretary of the Army Daniel Driscoll announced the Army Transformation Initiative — an effort aimed to accelerate transformation and improve force structure to ensure the Army remains the world’s more lethal and ready land force. The new command represents a significant investment in the Army’s future and reflects the Army’s ongoing effort to modernize and prepare for future challenges.

For 52 years, TRADOC has helped shape and modernize the Army through training, doctrine and leader development.

The inactivation ceremony opened with a presentation of flags recognizing each of the TRADOC subordinate commands. The TRADOC colors were then cased by TRADOC Commanding General Gen. Gary M. Brito and TRADOC Command Sgt. Maj. Raymond S. Harris, signifying the end of the command’s distinguished service to the country.

Chief of Staff of the Army Gen. Randy A. George was the presiding officer of the ceremony. He shared his praise for the command’s achievements over the years, recognizing the expansiveness of TRADOC’s influence across the Army.

“Every soldier in our formation has passed through TRADOC and has been trained, developed and impacted by people in this command,” he said. “They learn what right looks like at TRADOC and carry those habits and lessons with them to their formations.”

George emphasized that although the command is inactivating, it is leaving a lasting legacy on the Army. He said that when people look back on TRADOC’s history they will see an organization that delivered things that always mattered — winning doctrine, trained soldiers and leaders who thrive in uncertainty.



U.S. Army photo by Jean Wines

Training and Doctrine Command Commanding General Gen. Gary M. Brito and TRADOC Command Sgt. Maj. Raymond S. Harris case the TRADOC colors at the TRADOC inactivation ceremony Sept. 26 at Fort Eustis, Virginia.

“The secretary of the Army and I look forward to seeing the foundation you built here carried forward in T2COM,” George said.

Following George’s remarks, Brito took to the podium to share the accomplishments of TRADOC over the years and reflect on his time serving in the command.

“We have amazing talent up and down the formation, talent that has experienced successes and challenges, but this talented team always delivered for the Army,” he said.

During his time as the 18th TRADOC commanding general, Brito led multiple initiatives in support of the greater Army, including the establishment of the Future Soldier Preparatory Course, updates to the Holistic Health and Fitness initiative and the expansion of data literacy training.

Bruto closed his remarks emphasizing his appreciation for the people who made TRADOC the success it was until its very last day.

“TRADOC drove change like no other Army institution. I am very proud of all you have done. Although these cased colors close one chapter, you will be an integral part of the next chapters yet to be written.”



LEFT: Training and Doctrine Command Commanding General Gen. Gary M. Brito and Chief of Staff of the Army Gen. Randy A. George salute during the national anthem at the TRADOC inactivation ceremony Sept. 26 at Fort Eustis, Virginia.

U.S. Army photo by Jean Wines



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MAHC offers walk-in flu vaccine clinics at FCC in October, November

by Munson Army Health Center Public Affairs

Munson Army Health Center will begin its annual seasonal influenza vaccine campaign with four walk-in dates at the Frontier Conference Center, 350 Biddle Blvd., for TRICARE beneficiaries ages 6 months and older.

Beneficiaries can receive their flu shot on the following dates:

- Noon to 5 p.m. Oct. 3 (Friday)
- Noon to 4 p.m. Oct. 17 (Friday)
- Noon to 6 p.m. Nov. 7 (Friday)
- Noon to 6 p.m. Nov. 18 (Tuesday)

Beneficiaries in all TRICARE categories — including TRICARE Prime, TRICARE Select and TRICARE For Life — can receive their vaccines at the walk-in events at the FCC. Beneficiaries ages 10 years and older must present their Department of Defense identification card. Children 17 years and younger must be accompanied by a parent or legal guardian.

The flu vaccine will also be available for eligible military retirees and their family members from 10 a.m. to 1 p.m. Oct. 25 at the Lewis and Clark Center during Fort Leavenworth Retiree Appreciation Day. “Getting vaccinated against influenza each year is the best way to protect yourself, your family and your community,” said 1st Lt. Kennedy Reeves, a public

Munson Army Health Center

2025 FLU SHOT EVENTS

FRONTIER CONFERENCE CENTER
350 BIDDLE BLVD., FORT LEAVENWORTH

3 OCTOBER

Noon – 5 p.m.

17 OCTOBER

Noon – 4 p.m.

7 NOVEMBER

Noon – 4 p.m.

18 NOVEMBER

Noon – 6 p.m.

TRICARE Beneficiaries aged 6 months and up. DoD ID card required for ages 10 years and up. Children 17 and under must be accompanied by a parent or legal guardian. For more information visit munson.tricare.mil

health nurse and chief of MAHC’s Department of Public Health. “Flu can lead to serious illness, hospitalization or even death, especially among young children, older adults and those with certain medical

conditions.” Reeves added that influenza viruses change from year to year, making annual vaccination important. The flu vaccine reduces the risk of infection, and for those who do become ill, it can

lessen the severity and duration of symptoms. Common symptoms of influenza include fever, cough, sore throat, muscle aches and fatigue. Complications can include pneumonia, worsening of

chronic medical conditions, and in some cases, life-threatening outcomes. The Centers for Disease Control and Prevention recommend annual flu vaccination for everyone 6 months and older, unless

otherwise advised by a healthcare provider. Visit <https://www.cdc.gov/flu/> for more information about flu prevention, sign and symptoms, treatment and vaccines.

British spouse given tour of museum



Photos by Sean Bergosh/Fort Leavenworth Garrison Public Affairs Office

ABOVE: Museum specialist Kary Goetz, right, shows Lady Lorraine Collins, spouse of British Army Lt. Gen. Sir Charlie Collins, deputy chief of the Defence Staff, historical images of notable British citizens who have visited Fort Leavenworth, including Field Marshal Bernard Montgomery in 1946, during a tour of the Frontier Army Museum’s private collection Sept. 25. **RIGHT:** Museum specialist Kary Goetz elaborates on the building, operation and partial destruction of the original U.S. Disciplinary Barracks on Fort Leavenworth with Lady Lorraine Collins while looking at an image display Sept. 25 at the Frontier Army Museum.



Col. Dwight Domengeaux Jr., director of the School of Advanced Military Studies, and Lady Lorraine Collins, right, spouse of British Army Lt. Gen. Sir Charlie Collins, deputy chief of the Defence Staff who was at Fort Leavenworth as the guest speaker for the Kermit Roosevelt Exchange Lecture Series at Army University, are joined by spouses of British military service members stationed at Fort Leavenworth for a tea social to discuss life in the United States following Collins’ tour of the Frontier Army Museum Sept. 25.



Photo by Sean Bergosh/Fort Leavenworth Garrison Public Affairs Office

“To succeed, you have to fail.”

Brown delivers Powell Lecture to CGSC Class of 2026

by Mark H. Wiggins/MHW Public Relations for the Command and General Staff College Foundation

Retired Gen. Robert B. Brown presented the annual Colin L. Powell Lecture for students of the Command and General Staff College Class of 2026 Sept. 10 in Eisenhower Auditorium at the Lewis and Clark Center.

Brown is a former commanding general of the Combined Arms Center and Fort Leavenworth, former commandant of CGSC and former commander of U.S. Army Pacific. He currently serves as the president and CEO of the Association of the U.S. Army in Arlington, Virginia.

“When I was sitting where you are, Colin Powell actually gave us the best lecture that I’ve ever heard,” Brown said to the assembled class. “I took pages of notes and used it my whole career. He was an amazing leader, and I had the opportunity, the privilege, to work with him a few times. He was an amazing person and leader, and so what an honor to be here for the Colin Powell Lecture Series.”

Brown then went on to deliver his presentation entitled “To succeed, you have to fail.”

“I tell you honestly, I’d rather sit up here and tell you a few good things I did over the years,” Brown said, “but you wouldn’t learn as much. You learn a lot from failure.”

Brown talked about his understanding of using failure as a stepping stone to success by describing an incident in his unit when he was a battalion commander. No one was hurt, but while conducting Bradley fighting vehicle gunnery, one of his troops accidentally shot a training round and hit an Apache helicopter that was flying on a gunnery range adjacent to the range his unit was using.

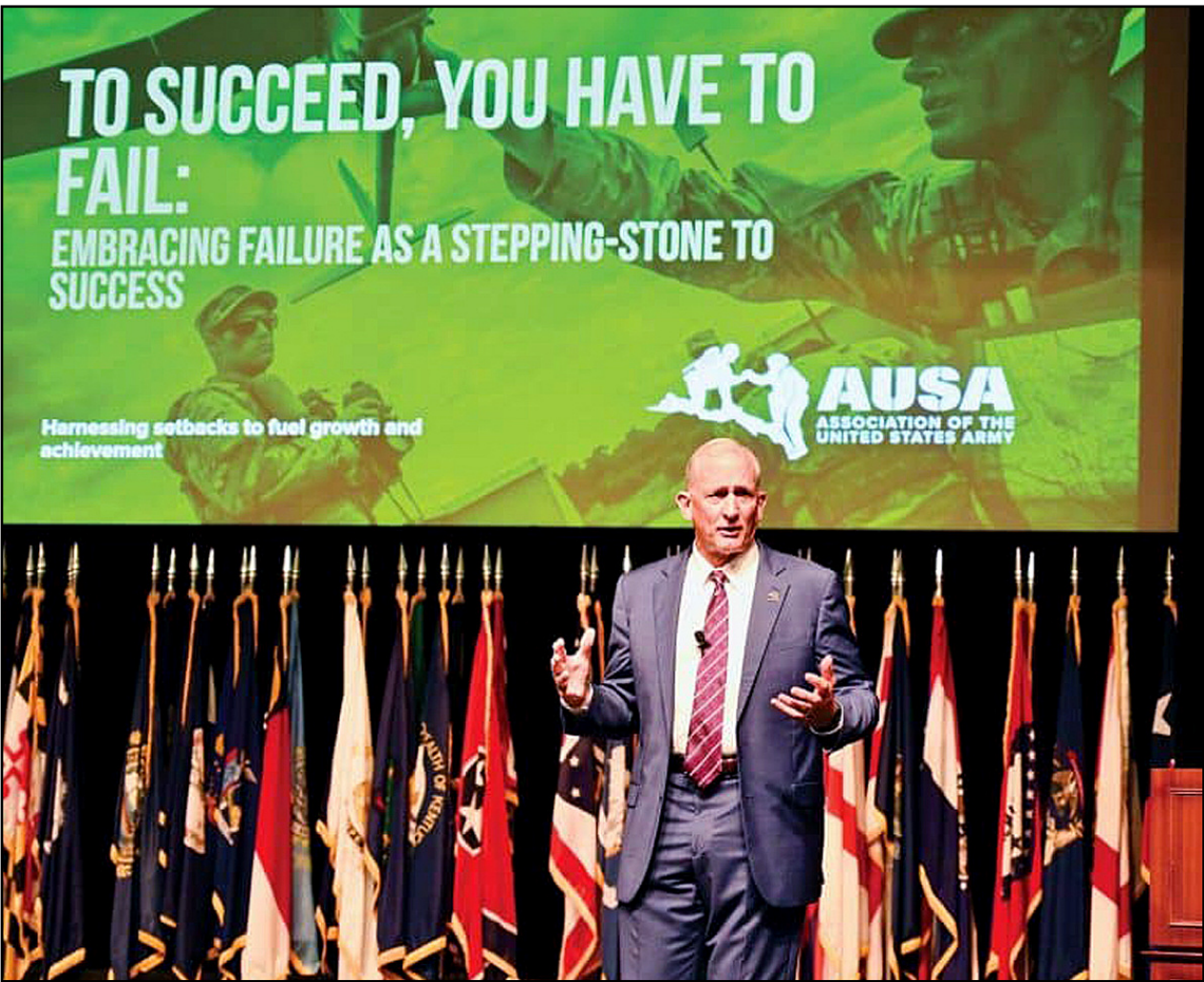
“It was very tough,” Brown said. “I was ready to quit, and I’m not a quitter.”

He described his conversation with his wife, who was obviously part of his support network along with his battalion command sergeant major. With the support of his network and his chain of command, he hung on and deployed on a mission to Bosnia where his unit performed very well.

Brown said the incident was an incredible attention-getter for all of the officers and NCOs, and ironically provided his unit with an advantage going into the deployment. They benefitted from taking a newly-reinforced look at details that helped them on several occasions during the deployment.

“I became a better leader,” Brown said. “You cannot succeed without failure. It’s impossible. The only way you don’t fail is that you’re doing nothing...and that’s failure. I’m not saying it’s not painful. Going through things makes you stronger, and we don’t talk about it enough.”

Brown then discussed some other historical examples of using failure as a stepping stone to success, such as in the case of President Abraham Lincoln, who endured personal



by Mark H. Wiggins/Command and General Staff College Foundation

Retired Gen. Robert B. Brown delivers his remarks during the annual Colin L. Powell Lecture for Command and General Staff Officer Course students Sept. 10 in Eisenhower Auditorium at the Lewis and Clark Center.

and political tragedies before finally being elected president, and even then he had to persevere through a civil war to preserve the Union and end slavery, proving that resilience, or “grit” as Brown said he preferred to call it, leads to success.

Brown also spoke about George Washington and Gen. Ulysses S. Grant having multiple failures before finally being successful.

Brown said the failures couldn’t be from illegal, immoral or unethical situations, but from simply trying to do the right thing and having bad things happen in the process.

“True, lasting resilience is forged in the fires of adversity,” he said.

He talked about research into the psychological and neuroscientific insights about the role of failure in deeper learning and growth. He described some strategies to use

for handling failure, such as taking ownership, building self-awareness, shifting personal mindsets to see challenges as learning opportunities, and learning to build a support network of peers and mentors who offer honest feedback.

Part of his presentation was to encourage the students to change their attitudes about failure and taking risks. He said that reframing failure as a way to learn and grow was the best approach, and that avoiding failure by avoiding risks was a guarantee for mediocrity.

Brown concluded his remarks by citing his favorite quote, “Man in the Arena” by Theodore Roosevelt.

“See failure as a journey, learn from failure and embrace grit, resilience,” Brown said. “I hope you got some good lessons from this that will help you in the future.”

SEE POWELL LECTURE| A5

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Powell Lecture (continued from Page A4)



by Mark H. Wiggins/Command and General Staff College Foundation

Retired Gen. Robert B. Brown delivers his remarks during the annual Colin L. Powell Lecture for Command and General Staff Officer Course students Sept. 10 in Eisenhower Auditorium at the Lewis and Clark Center.

After the Powell Lecture

After presenting the Colin L. Powell Lecture, Brown spoke with School of Advanced Military Studies students. After his time with the students, Brown conducted an office call with Gregg Thompson, deputy to the commanding general, at the Combined Arms Center headquarters and then visited Leavenworth High School to speak with Junior ROTC students. Later that evening he was the keynote speaker for the CGSC Foundation’s Distinguished Speaker Series dinner event in downtown Kansas City.

Foundation Chairman retired Maj. Gen. Chris Hughes introduced Brown at the dinner event, calling him the most influential mentor of his career.

Brown spoke about the Army and the nation’s history, how the Army is older than the nation in light of the impending 250th anniversary of the nation next year and the Army’s 250th anniversary this year. He quoted President Gerald Ford in his bicentennial remarks at Valley Forge, Pennsylvania, on July 4, 1976.

“Independence has to be defended as well as declared; freedom is always worth fighting for; and liberty ultimately belongs only to those willing to suffer for it,” Brown quoted.

“The good news is, these folks (the military) are so dedicated that most Americans don’t know it, take it for granted...and they shouldn’t be worried about their freedom,” Brown said. “But it is good if they’re aware of what’s going on.”

In that light, Brown highlighted two examples of soldiers fighting for the nation, one from World War II and one from Korea, that exemplify the selfless service of the U.S. military: Army Staff Sgt. Herbert H. Burr, from Independence, Missouri, who was awarded the Medal of Honor

for his actions in Germany in World War II, and Army Chaplain Emil Kapaun, from Pilsen, Kansas, who was awarded the Medal of Honor posthumously for his actions in Korea, both in combat and while in a Korean prisoner of war camp where he died.

After speaking about these soldiers’ selfless service, Brown opened an question-and-answer session to allow audience members to ask about current challenges and the U.S. response to counter them.

About Brown

Brown retired in 2019 with more than 38 years service, having led troops at every level. His last command assignment before retirement was as commanding general, U.S. Army Pacific in Hawaii. Prior to that assignment he served as commanding general of the Combined Arms Center and Fort Leavenworth and commandant of the U.S. Army Command and General Staff College from February 2014 to April 2016. His other significant commands included command of I Corps and Joint Base Lewis-McChord, Washington; the U.S. Army Maneuver Center of Excellence and Fort Benning, Georgia; deputy commanding general for the 25th Infantry Division, Schofield Barracks, Hawaii; commander, 1st Brigade (Stryker) 25th Infantry Division, Joint Base Lewis-McChord; and as commander, 2nd Battalion 5th Cavalry, 1st Cavalry Division, Fort Hood, Texas.

Brown’s assignments took him across the globe and included deployments in support of Operation Uphold Democracy in Haiti, Operation Joint Forge in Bosnia-Herzegovina, and two combat deployments in support of Operation Iraqi Freedom.

Known as an innovator, team builder and leader developer, Brown was involved in significant change within the Army. He was a key leader in the development of the mod-

ular brigade and Stryker Brigade Combat Team (SBCT) as he did the operational testing and evaluation of the SBCT and then deployed it to combat as an SBCT commander. He initiated the “Squad as the Foundation of the Decisive Force” initiative while commanding the Maneuver Center of Excellence, which would lead to the most significant improvements at the small unit level in more than 60 years. He led the improvement of the Army’s educational system through the development of Army University while commanding CAC and Fort Leavenworth, and he also wrote the Army’s first Leader Development Doctrine in Field Manual 6-22. He led the development and implementation of the first Army Human Dimension Strategy and the future Army warfighting concept of multi-domain operations (MDO). Within MDO, he led the effort to develop the first innovative Multi-Domain Task Force (MDTF) and convinced the Army/DoD to field MDTFs within 18 months after concept development. MDTFs are now in demand by combatant commanders and making significant contributions to joint warfighting efforts across the globe.

Brown graduated in 1981 with a bachelor of science from the U.S. Military Academy, earning a commission as an infantry lieutenant. He also holds a master of education degree from the University of Virginia, and a master of science in national security and strategic studies (distinguished graduate) from National Defense University. He is also a Class of 1992 alumnus of the Command and General Staff Officer Course.

Brown was an AUSA Distinguished Senior Fellow before becoming president and CEO in October 2021. He and his wife, Dr. Patti Brown, have three daughters and seven grandchildren.



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Photo by Prudence Siebert/Fort Leavenworth Lamp

Mission Valley Hunt Club member Jace Notboom, riding Morgan horse Mei Mei, is followed closely over a jump by her daughter, Booksie Notboom, riding quarter horse/paint Eddie, during the Follow the Leader foxhunter-style cross country class in the Fort Leavenworth Hunt Horse Show Sept. 28 by Camp Conestoga. The Notboom team took first place in the event. Based in Paola, Kansas, the Mission Valley Hunt Club is a sister hunt to the Fort Leavenworth Hunt, which is the last active military-affiliated foxhunt in the nation and is supported by Family and Morale, Welfare and Recreation. FLH will celebrate its 100th anniversary next year and is currently recruiting members and landowners to help continue the tradition. Visit <https://ftleavenworthhunt.org/> for more information.

Fort Leavenworth Hunt, FMWR host HORSE SHOW

LEFT: Fourteen-year-old Callie Hill of Platte City, Missouri, rides thoroughbred Cooper over jumps in the Hunter Over Fences 2'6" class of the Fort Leavenworth Hunt Horse Show Sept. 28 at Wainwright Riding Complex. Callie and Cooper placed second in the class.

BELOW: Ten-year-old Ethan Haag maneuvers quarter horse Lucy through the Handy Horse Trail Class, an obstacle course using various skills, during the Fort Leavenworth Hunt/Family and Morale, Welfare and Recreation Horse Show Sept. 28 by Wainwright Riding Complex. The duo placed third in the class.

Photos by Prudence Siebert/Fort Leavenworth Lamp



Photos by Prudence Siebert/Fort Leavenworth Lamp

Maj. Ashley Clemons, School of Advanced Military Studies student, and palomino quarter horse Maverick pull a "cow" on a rope at one of the task stations of the Handy Horse obstacle course, one of the classes in the Fort Leavenworth Hunt Horse Show Sept. 28 by Wainwright Riding Complex. Class judge Capt. Mark Chapman, Command and General Staff Officer Course student, said he assigned a grade of 0-5 for each obstacle, with zero being "did not attempt" to 5 being perfect execution of the task. Clemons and Maverick took first place in the untimed event that focused on control of the horse and technical riding.



Mission Valley Hunt member Jan Duffy clears a jump on Nokota horse Grady during the Follow the Leader event, simulating cross-country foxhunting, during the Fort Leavenworth Hunt Horse Show Sept. 28 by Camp Conestoga.

RESULTS

Hunter Over Fences (Round 1)

- 1: Chloe Luyties riding Spencer Twist
- 2: Jan Duffy riding Grady
- 3: Brave Notboom riding Grady

Hunter Over Fences (Round 2)

- 1. Kathy Wismer riding Sampson
- 2. Chloe Luyties riding Spencer Twist
- 3. Caitlin Quinn riding Scootin' Newton

Hunter Over Fences – 2' (Round 1)

- 1. Danica Bullard riding Info Girls
- 2. Callie Hill riding Risky Priority
- 3. Jace Notboom riding Mei Mei

Hunter Over Fences – 2' (Round 2)

- 1. Lauren Hegggers riding Peachy Keen
- 2. Macie Trickett riding Loch
- 3. Kathy Wismer riding Sampson

Hunter Over Fences – 2'6" (Round 1)

- 1. Lauren Hegggers riding Peachy Keen
- 2. Callie Hill riding Cooper
- 3. Macie Trickett riding Loch

Follow the Leader, Fox Hunter-Style Cross Country

- 1. Team of Jace Notboom riding Mei Mei and Booksie Notboom riding Eddie
- 2. Team of Macie Trickett riding Loch and Callie Hill riding Cooper
- 3. Team of Jan Duffy riding Grady, Kathy Wismer riding Sampson, Caitlin Quinn riding Scootin' Newton and Alexis Hoffman riding Kansas Breeze

Handy Horse Trail Class

- 1. Ashley Clemons riding Maverick
- 2. Leah McKune riding Maverick
- 3. Ethan Haag riding Lucy

Walk Trot on the Flat

- 1. Leah Haag riding Lucy
- 2. Clarie Deedon riding Fabio Mc-Fabulous
- 3. Abigail Mabardy riding Left Speechless

Walk/Trot/Canter on the Flat

- 1. Macie Trickett riding Loch
- 2. Ethan Haag riding Lucy
- 3. Lauren Hegggers riding Peachy Keen

Barrel Racing (Youth under 18, trot only)

- 1. Alexis Hoffman riding Kansas Breeze
- 2. Leah Haag riding Lucy
- 3. Delilah Dawoudi riding Buttercup

Barrel Racing (Youth under 18)

- 1. Kennedy Hayes riding Hack
- 2. Ethan Haag riding Lucy
- 3. Alexis Hoffman riding Kansas Breeze

Barrel Racing (Adults)

- 1. Ashley Clemons riding Maverick
- 2. Angela Fain riding Barbie
- 3. Bobby Britton riding Brodie

Flag Race (Youth, trot only)

- 1. Leah Haag riding Lucy

Flag Race (Youth)

- 1. Carter Hayes riding Harley
- 2. Kennedy Hayes riding Hack
- 3. Ethan Haag riding Lucy

Flag Race (Adults)

- 1. Ashley Clemons riding Maverick
- 2. Bobby Britton riding Brodie

Toilet Paper/ Ribbon Race

- 1. Team of Macie Trickett riding Loch and Emma Mabardy riding Draft Choice
- 2. Team of Kennedy Hayes riding Hack and Ashley Clemons riding Maverick
- 3. Team of Carter Hayes riding Harley and Bobby Britton riding Brodie

Ride A Buck

- 1. Emma Macbardy riding Draft Choice

More than 40 children participate in Kids' Fishing Derby, catch 260 fish



Photo by Emilio Gutierrez/Fort Leavenworth Lamp Intern

Sebastian Sadler fishes as his mom, Kelly Sadler, helps him as needed during the Rod and Gun Club's Fall Kids' Fishing Derby Sept. 27 at Merritt Lake.



Results

Ages 4 and younger

- 1. Decian Slatter
- 2. Akil Zyberaj
- 3. Camden Ross

Big Fish: Luke Loden

Ages 5-6

- 1. Megan Derrick
- 2. Astrid Graham
- 3. Zoe Godts

Big Fish: Abigail Loden

Ages 7-9

- 1. Joy Loden
- 2. Deacon Ross
- 3. Gabriel Godts

Big Fish: Nolan Brooks

Ages 10-12

- 1. Nuni Zyberaj
- 2. Luke Fessenden
- 3. Charles Gorton

Big Fish: Daniel Gorton

Ages 13-15

- 1. Reagan Slatter
- 2. Alex Staib
- 3. Johnny Tucker

Big Fish: Mason Moomau



ABOVE: Patrick Fessenden watches his dad, Maj. Sean Fessenden, handle the fish on the end of his line during the Rod and Gun Club's Fall Kids' Fishing Derby Sept. 27 at Merritt Lake. Patrick's siblings Grace and Luke also participated in the KFD.

LEFT: Rod and Gun Club member Tad Slatter measures a fish for Jusuf Zyberaj during the Fall Kids' Fishing Derby Sept. 27 at Merritt Lake. Slatter measured and tallied the fish for Jusuf and showed him how to handle the fish to avoid hurting the fish or himself.

Photos by Emilio Gutierrez/Fort Leavenworth Lamp Intern

Fort Leavenworth
Outdoor Recreation

CHOOSE YOUR
ADVENTURE

leavenworth.armymwr.com

Adoptable Pets of the Week



Mr. Peabody, LEFT, is an adult male orange-and-white tabby cat and Calypso, BELOW, is a young adult female calico available for adoption at the Fort Leavenworth Stray Facility.

Spay/neuter surgery, vaccinations and microchipping are included in each cat's adoption fee of \$100. E-mail fortleavenworthstrayfacility@gmail.com for an adoption application.

Visit www.FLSF.petfinder.com for adoptable pet profiles. Call 913-684-4939 (no voicemail) or 913-335-0788 (voicemail) for more information. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility.

Fort Leavenworth Stray Facility, at 510 Organ Ave., is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday; 9 a.m. to noon the second Saturday of the month; and by appointment for pre-approved adopters. Call 913-335-0788 for an appointment.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed.

To apply to volunteer with the Fort Leavenworth Stray Facility, visit <https://vmis.armyfamilywebportal.com/>, enter ZIP code 66027, then search for "stray animal facility."

Photos by Prudence Siebert/Fort Leavenworth Lamp



Fort Leavenworth Stray Facility
510 Organ Ave // (913) 684-4939



Adoptions • Volunteer Opportunities

Clean Paws Pet Wash
Open 24 hours a day!
Merritt Lake Parking Lot
Cash, Coin and Card




Info: (913) 651-7176

Pet Transportation Assistance

Army Emergency Relief offers zero-interest loans to help the whole Family stay together.

WHAT

Pets are a part of the Family and AER recognizes the financial burden pet transportation can cause during a PCS. To help alleviate this, AER created the Pet Transportation Assistance Program.

WHO

- Active Duty and their eligible Family members
- Reserve and National Guard on Active Reserve and Guard tours
- Reserve and National Guard activated with PCS Entitlements

HOW

Pet transportation assistance is processed by your nearest AER Officer or any military aid office. Soldiers can go directly to their AER offices or chains of command.

For more information, visit www.aerhq.org/news/petassistance



Are you an AER Officer? Download the official guide here:
www.aerhq.org/resource/official-pet-transportation-assistance-guidance



THURSDAY
OCTOBER 2, 2025



LAMP

Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

Join the Family Advocacy Program for their DVAM Sidewalk Art Contest:

"Let's Chalk about domestic violence"

Make a statement! Encourage, support, and empower with uplifting chalk art images and messages that raise awareness about Domestic Violence.

Submit your photo entries to the FMWR FB page.
Contest opens: October 1
Contest closes: October 14

Free to participate! Open to all ages and is Post-wide. Winners will be announced via FB on October 17. For more information call: 913-683-2537

FMWR FB

Fort Leavenworth Thrift Store

Open – Saturday, 4 October 2025

Location: 1025 Sheridan Drive, Building 1049
Phone: 913-651-6768
Hours:
Monday & Friday: Closed
Tuesday-Thursday: 930am-230pm
First Saturday of each month: 930am-230pm
Consignments taken each day the store is open from 930am-1230pm

MILITARY POLICE BALL

3 October 2025

Join the Old West Chapter of the MPRA for the Military Police Ball held at Embassy Suites Hilton Kansas City-International Airport

Address: 7640 N. W. Tiffany Springs Parkway
\$15.00 over night self-parking

Ticket Prices (Guests Pay Their Soldier's Ticket Price):
All Soldiers & Civilians: \$53

Bring CASH for the Cash Bar

Uniform:
Service Members: Dress Mess, Dress ASU, Dress AGSU, or Service Branch Equivalent
Civilians: Formal Attire

Choice of Entrée:
Mushroom Ravioli
Herb-Roasted Chicken Breast
12oz KC Strip

Event Highlights:
-Unique Take Home Gift
-Special Guest Speaker
-DJ Entertainment
-Guest Rooms are available for a discounted rate of \$135/night plus taxes

Timeline:
Social Hour: 1730-1815
Receiving Line: 1815-1900
Ceremony/Dinner: 1900-2030 (Formal)
Reception: 2030-2359 (Informal)

Purchase Tickets Here

Reserve your room here

POC: 1LT Taylor, Shyla 913-684-4860

BBQ BONANZA

30th Anniversary

3-4 OCTOBER, 2025

1 1/2 days BBQ Instruction & Hands-On Coaching
Frontier Chapel, Ft Leavenworth

Scan the QR Code to Register

Or go here to register: <https://tinyurl.com/30th-BBQ-Bonanza>

COLOR YOUR FALL WITH KINDNESS.

Give blood.

Blood Drive
Ft. Leavenworth
Munson Army Health Center
First Floor
550 Pope Ave.
Fort Leavenworth, KS 66027
Wednesday, October 8, 2025
9:00 a.m. to 1:00 p.m.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: FortLeavenworth to schedule an appointment.

Come to give blood Sept. 22-Oct. 19 for a \$10 Amazon.com Gift Card by email! See rcblood.org/fall

1-800-RED CROSS | 1-800-733-2767 | RedCrossBlood.org | Download the Blood Donor App

BOSS PRESENTS MOVIE NIGHT

Post Theater // 375 Grant Avenue
Movies start at 7PM
Must show your DoD ID at the door!

October 10

PG

Lilo & Stitch

Come out and join us as the BOSS program gives back to the Community by playing movies inside the Post movie theater.

Prepackaged snacks and drink can be purchased at the snack bar. No outside food or drinks are authorized.

For all movies children 12 and under MUST be accompanied by an ADULT!
CASH only at the snack bar!

For more info call: (913) 684-2736 • Or visit our website leavenworth.armymwr.com

CHARGE into Fire Safety™

Lithium-Ion Batteries in Your Home

Fort Leavenworth Fire Department
Open House
Date 9 October 2025
Time 1600

295 Biddle Ave.
Fort Leavenworth, KS 66027

fpw.org

AY 26 SAMS GOLF SCRAMBLE

When and Where: 18 OCT 2025 at Trails West, Fort Leavenworth, KS
Format: 4 player team scramble - tee off at 0830
Cost is: \$65 a player pay at course
Includes: green fees, cart, range balls, and a meal post round.
Chance to win prizes to include 1st, 2nd, 3rd place team certificates, closest to the pin, longest drive, longest putt.
Available for purchase prior to tee off includes mulligans, tee box jumps, string, 50/50 money ball, etc.

Please call, text, fill out the QR code or email to reserve your slot by calling **Karlos Febus** at **904.466.2540** or **kf2891@gmail.com**
Deadline to sign up is 7 OCT 25



An ACS TEAMS Series

Relationship Education

Ever feel like you and the people in your life are moving in different directions?

Do you wish that you knew how to have healthier communication and respectful boundaries with your loved ones and peers?

We can help.

Oct 7, 14, 21, 28
3pm - 4pm
MS TEAMS*

*link will be sent after registering. FREE and open to all DOD ID card holders 18+. Please register the day prior to class by calling: 913-683-2537

We'll cover:

- Emotional Intelligence
- Core Relationship Skills
- Recognizing Abuse
- Understanding Abusive Dynamics
- Healthy vs. Unhealthy Relationships
- Communication and Boundaries



leavenworth.armymwr.com

Break
the Silence

Glow Walk

For Domestic Violence Awareness Month


October 24
6:30pm - 8pm
@ Gruber Field
200 Reynolds Ave
Fort Leavenworth, KS

Join Fort Leavenworth's Army Community Service for a powerful and illuminating evening dedicated to raising awareness of Domestic Violence.

Stand in solidarity with Survivors as you walk the route, stop at interactive stations, hear their stories, and learn how you can support those affected by Domestic Violence.

Participants are encouraged to wear purple to represent the collective strength of our community in breaking the silence surrounding Domestic Violence. The walk will begin at Gruber Field (in front of Gruber Fitness Center) with participants visiting stations along the route.

FREE and no registration required. Call 913-683-2537 for more information



Friends of the Frontier Army Museum

TRICK or TREAT

Agree 12 and under

24 OCT 5-7 PM

History • Fun • Candy

Frontier Army Museum
100 Reynolds Ave, Fort Leavenworth



DATE CHANGE!

TRUNK OR TREAT
Friday, 24 October
1700-1900

East Side Exchange Parking Lot

Best theme/decorations will win a \$100 Exchange Gift Card. Check Sign-up sheet for more information. Community Event. Participants Welcomed.

Sign Up In-Store or Online





EXCHANGE™

Trunk or Treat & Cornhole Tournament

CORNHOLE TOURNAMENT
Friday, 24 October • 1600-1700
East Side Exchange Parking Lot

Teams of 2 will compete to win an Exchange \$100 Gift Card. Check Sign-Up sheet for more information.


Sign Up In-Store or Online






DVAM


Domestic Violence Awareness Month



Fort Leavenworth is united against DV!



FORT LEAVENWORTH
MWR WEBSITE



FORT LEAVENWORTH
MWR FACEBOOK

October is DVAM.
Join ACS for these free events to unite against Domestic Violence!

Wear Purple Thursdays - every Thursday in October

October 7 @ 9:30am - DVAM Proclamation Signing
Town Hall at the FCC/ 350 Biddle Blvd/ Ft. Leavenworth, KS

October 7, 14, 21, 28 - Relationship Education Series via TEAMS (link provided once registered by calling 913-683-2537)


October 14 - "Let's Chalk about Domestic Violence"
Contest details on the Ft. Leavenworth FMWR page.

October 15 @ 1pm - 3pm - Family Advocacy Overview Brief
Post Theater/ 375 Grant Ave/ Ft. Leavenworth, KS


October 17 - Winner announced from the "Let's Chalk about Domestic Violence" contest via Facebook.

October 24 @ 6:30pm - 8pm - Glow Walk
Gruber Field off of Grant Ave/ Ft. Leavenworth, KS

Domestic Violence Unit Briefs available upon request
913-683-2537



leavenworth.armymwr.com



BUILDING ON THE PAST FOR THE FUTURE

ALEXANDER/MADISON CHAPTER OF KC AREA 9TH & 10TH CAVALRY, BUFFALO SOLDIERS WILL HOST

2025 GOLF TOURNAMENT

TO HELP FUND CONSTRUCTION & INSTALL A REIMAGINED FRONTIER ARMY MUSEUM OF THE UNITED STATES ARMY


THANK YOU TO OUR SPONSORS! MIDWEST ENGRAVERS

INCLUDES:
GREEN FEES, CART, BREAKFAST, LUNCH, & PRIZES

3 OCTOBER FRIDAY, 2025

SILENT AUCTION
ends at Noon, day of tournament
INCLUDES MEMORABILIA FROM BUFFALO SOLDIERS & TUSKEGEE AIRMEN, DICK'S SPORTING GOODS DONATIONS.

REGISTER NOW!
\$125 / PERSON
\$500/team



HOW TO REGISTER & PAY:
Use QR code to register and pay
Mail check or money order to:
A/MCKCA, 6700 Raytown Rd., Raytown, MO 64133

501(c)(3) Alexander Madison Chapter of KC area 9th 10th Cav Assoc.
For additional information:
Chairman Fred Jones
(913) 787-3223
FJSR51@YAHOO.COM

Location:
Trails West Golf Course
Fort Leavenworth, Kansas
Tee Time: 8:00am

Ay26 Know Your World Cultural Series

NETHERLANDS

ARGENTINA

KUWAIT

INDIA

CABO VERDE

SEPTEMBER 17 2025

OCTOBER 29 2025

JANUARY 28 2026

FEBRUARY 18 2026

MARCH 25 2026

Presentations start at 1545 in Eisenhower Auditorium & on CGSC Facebook




Open to the public-all are welcome to attend or view online



All IMS Attend//Presenting IMS' Section expected to attend//All Staff Groups Highly Encouraged to Attend//Post Presentation Culinary Sampling Offered to all who attend in Arter Atrium

Download the My Army Post App


Stay in the know at your Garrison


- Installation Services
- Gate Hours
- Community Events
- Maintenance Requests
- Weather
- Resources
- AND MORE







WE ARE THE ARMY'S HOME | HOME.ARMY.MIL | ARMYMWR.COM






UNITED STATES ARMY
COMBINED ARMS CENTER AND FORT LEAVENWORTH
SEXUAL HARASSMENT AND SEXUAL ASSAULT RESPONSE WORKFORCE






Ms. Amanda Bonseigneur
Lead SARC
amanda.bonseigneur.civ@army.mil
Teams: 520-669-3474
Office: 913-684-2810
Cell: 913-704-9620
Bldg 197, 632 McClellan Ave



Ms. Cassandra Rozier
Supervisory SARC
cassandra.d.rozier.civ@army.mil
Teams: (520) 669-3535
Bldg 197, 632 McClellan Ave




Ft Leavenworth SHARP Resource Center
Building 197, 632 McClellan Ave "Root Hall"
Fort Leavenworth, KS 66027
Contact the team at
usarmy.leavenworth.cac.mbx.cac-sharp@army.mil


You can find the SHARP Resource Center at the corner of Kearny and McClellan Avenue, right next to the Post Parade Field.

Vacant


Vacant SARC




LTC Craig Arnold
SARC
craig.d.arnold.mil@army.mil
Teams: 520-692-8849
632 McClellan Ave




SFC Jacob Roach
SARC
jacob.w.roach.mil@army.mil
Teams: 520-945-4462
835 Sabalu Rd



Mr. Josh Belle
SARC
joshua.p.belle.civ@army.mil
Teams: 520-945-5992
632 McClellan Ave



Ms. Sherry Marshall
Victim Advocate
sherry.j.marshall24.civ@army.mil
Teams: 571-588-5945
632 McClellan Ave



Ms. Nicole Hernandez
Victim Advocate
maureennicole.n.hernandez.civ@army.mil
Teams: 520-692-9215
632 McClellan Ave

Vacant

Vacant Victim Advocate

Vacant

Vacant Victim Advocate

Fort Leavenworth 24/7 SHARP Hotline
913-683-1443
DoD Safe Help Line
877-955-5247

Sexual Harassment Complaint Options
Formal | Anonymous | Confidential | Request for Direct Intervention
Sexual Assault Reporting Options
Restricted | Unrestricted | CATCH-Only
Retaliation Reporting Options
Command | IG | SARC | DoD Safe Helpline | CPAC/EEO (DA Civ Only)



Installation Model Support

Who Can Get Support?
Service Members, DA Civilians, and Military Dependents (18+) can get support from any Sexual Assault Response Coordinator (SARC) or Victim Advocate (VA).



How to Get Support

- During Duty Hours: Contact a SARC or VA using their listed numbers.
- Anytime (24/7): Call the Fort Leavenworth SHARP Hotline to speak with an on-call Victim Advocate. If you wish to make a report, you can then make a report with the on-call or request a specific SHARP professional for the next duty day.

Find us on Facebook



WeCare App



STEP FORWARD: Prevent. Report. Advocate.
Current as of 23 September 2025

Fall 2025 Speaker Series History Brunch

Presented by the Frontier Army Museum & The Friends of the Frontier Army Museum (FFAM)

Light refreshments served at 10:30a, with presentations beginning at 11a.m.

September 13th

“Looking for Abraham Lincoln in Kansas” with Bill Stumpf

October 11th

“Santa Fe in World War II: Contributing to Victory” with LTC Bob Walz (ret)

November 8th

“Kansas City Kansas Community College (KCKCC), The Greatest Generation and You!” Maj. Joe Grasela (ret)

December 6th

“History of Fort Sully” with Corps of Engineers Archaeologist Phillip Alig

Events are free to the public and will be located at the Frontier Army Museum 100 Reynolds Ave Fort Leavenworth, KS

All presentations will be streamed live and recorded on the Friends of the Frontier Army Museum Facebook page:
<https://www.facebook.com/ftleavenworthffam>

VMIS ON THE GO

1. SCAN QR CODE

2. LOG INTO YOUR ACCOUNT
Log into the mobile account or Easily Sign up for an account

3. SEARCH AND LOG
Search for volunteer opportunities and log your hours easily!

Fort Leavenworth BOSS

Better Opportunities for Single Soldiers

BOSS Meeting!

- WHO: BOSS Community/ Leadership
- WHAT: BOSS Monthly Meeting
- WHERE: Resiliency Center, Rm 200
600 Thomas Avenue
Fort Leavenworth, 66027
- WHEN: 15 October @ 1200-1300
- WHY: BOSS Monthly Meetings allow us to go over BOSS future events as well as give us an idea for what Soldiers are wanting to see from us!
 - BOSS's Mission is to enhance the Morale and Welfare of Single Soldiers, Single Parents, and Geo-bachelors by being the collective voice of Single Soldiers through the Chain of Command.
 - BOSS's events and meetings are primarily to support the following Four Pillars, which create the BOSS Core Components:
 - Quality of Life
 - Recreation and Leisure
 - Community Service
 - Life Skills

POC:

- BOSS President: SGT Ward, Angelique
Angelique.m.ward.mil@army.mil
913-684-4849
- BOSS MWR Advisor: Mrs. Thula
thula.c.stenerson.naf@army.mil
913-684-2736

FT. LEAVENWORTH OPERATION DEPLOY YOUR DRESS

2025 POP UP OPENINGS

SATURDAY, SEPTEMBER 20

SATURDAY, OCTOBER 4

SATURDAY, NOVEMBER 8

SATURDAY, DECEMBER 13

FALL Festival

SATURDAY, OCTOBER 4, 2025 | 1100 - 1400
PARKING LOT BETWEEN THE COMMISSARY AND EXCHANGE

Enjoy a free show from Illusionist, Kid Ace, family friendly games, a face painter, a balloon artist, food trucks, giveaways and more!

Event is open to the first 250 active duty, retirees or DOD civilian employees and their families.

SPONSORED IN PART BY

“NO FEDERAL ENDORSEMENT IMPLIED”

Fort Leavenworth

Career and Education Fair
4 November 2025
10 AM to 2 PM
Frontier Conference Center

VENDOR REGISTRATION BELOW

<https://webtrac.mwr.army.mil/webtrac103/wbwc/Leavenworthtrac.wsc/wbsearch.html?wb=913f3c7f-4762-5ba6-da14-ce18c4a3c6ab&xxmod=TK&xttype=CAREER&xxsearch=yes>

Registration closes Oct. 24th, 2025

For information call the Transition Assistance Program at 913-684-2227 or email USArmy.TAP.Leavenworth@army.mil

Hosted by: Transition Assistance Program and the Family and Morale, Welfare and Recreation Directorate

Scan our QR codes & follow us on Facebook & LinkedIn for upcoming events & information

Listen on Libby

Downloadable audiobooks are now available.

Listen to course books & more on the go!

<https://libbyapp.com/library/ikeskeltoncad>

OUR HOURS ARE CHANGING!

Effective September 27th

EXCHANGE MAIN STORE

Monday-Saturday
0900-1800
Sunday
1000-1800

MILITARY CLOTHING

Monday-Saturday
0900-1700
Sunday
CLOSED

EXPRESS

Monday-Friday
0600-2100
Saturday
0800-2100
Sunday
0800-2000

Monday-Friday
0600-1800
Saturday
0800-1800
Sunday
0900-1700

QDOBA MEXICAN EATS

Monday-Saturday
1030-1800
Sunday
CLOSED

SHARE THE NUMBER

CALL OR TEXT

988
SUICIDE & CRISIS LIFELINE

SPREAD THE WORD

CHAT
988LIFELINE.ORG

There is hope.

988 | SUICIDE & CRISIS LIFELINE

Integrity. Dedicated Service. Financial Solutions. Anytime, Anywhere.

frontierccu.org (913) 651-6575

Federally insured by NCUA

HUNGRY?

Fort Leavenworth MWR has AMAZING food options!

- Solarium Buffet
- 12th Brick Grille
- Strike Zone Snack Bar
- Java Cafe

LEAVENWORTH.ARMYMWR.COM

Advertise in the Fort Leavenworth Lamp!

Contact FMWR Marketing Director Mary Manago
at mary.f.manago.naf@army.mil or 913-684-1702 for more information.

PWOC FALL SCHEDULE

Morning 8:30-11:00
Evening 6:30-8:00

August

19th KICKOFF
26th

September

2nd
9th
16th
23rd
30th

October


7th
14th
21st PROGRAM
28th

November

4th
11th NO PWOC
18th
25th NO PWOC


December

2nd
9th PROGRAM




VERTICAL Marriage

THE ONE SECRET THAT WILL CHANGE YOUR MARRIAGE



Meals & Childcare provided



Supported by **cru**

DATE NIGHT

08 AUG, 05 SEP, 10 OCT, 07 NOV, 05 DEC

For more information and to register, scan the QR code or call/text 910-644-2999

Volunteer with Campus Life Military!

☀️ Make a Difference in the Lives of Military-Connected Youth ☀️

♥️ Do you have a heart for teens?

💬 Do you love sharing the hope of Christ?

🌐 Want to impact youth from around the globe—right where you are?

We need caring adults who:

- ✓ Build relationships with teens
- ✓ Lead fun activities & small groups
- ✓ Support local ministry efforts
- ✓ Be a consistent, encouraging presence
- ✓ Have a willing heart and a passion for Jesus!

Ministry Activities:

- Club
- Small Groups
- Special Events
- Camps / Trips
- Contacting
- Appointments



CAMPUS LIFE MILITARY

Samantha Odle
(605) 569-3820
sodle@yfc.net

Discipleship Training Breakfast

A YEAR LONG TOPICAL BIBLE STUDY & BREAKFAST
FOCUSED ON INTEGRATING FAITH IN CHRIST INTO
ALL DOMAINS OF OUR LIVES (PERSONAL
DEVELOPMENT, FAMILY, PROFESSION, AND
COMMUNITY)

0600-0730 EVERY TUESDAY IN PIONEER CHAPEL



Looking for Community? Join Campus Life Military



FB: Ft. Leavenworth Club - Campus Life Military
IG: @campuslifeortleavenworth

Samantha Odle
(605) 569-3820 / sodle@yfc.net

SAVE THE DATE

CWOC RETREAT
“PRAYER AND TEMPERAMENT”

NOVEMBER 14-16



Fall into Grace

The most holy rosary

Pioneer Chapel
Thursday, October 2
9:00 AM



Join us to make your own Rosary hanger!

Download the My Army Post App

Stay in the know at your Garrison


- Installation Services
- Gate Hours
- Community Events
- Maintenance Requests
- Weather
- Resources
- AND MORE



WE ARE THE ARMY'S HOME | HOME.ARMY.MIL | ARMYMWR.COM

★ U.S. ARMY

Mission: To provide Religious Support to all Soldiers, Family members, DA civilians, contractors, and retirees.



Pioneer Chapel
500 Pope Avenue

PROTESTANT


- Traditional Worship – 0830 (Children's Church – K-5th grade)
- Sunday School – 0945

MULTI-CULTURAL GOSPEL

- Sunday Worship – 1000

CATHOLIC MASS

- Tuesday-Friday – 1200-1230
- Sunday Religious ED - 0810




Frontier Chapel
625 Thomas Avenue

CATHOLIC MASS

- Sunday – 0930
- Sunday Religious ED - 0810

PROTESTANT

- Sunday School – 0945
- Contemporary Worship – 1100 (Children's Church – K-5th grade)



Memorial Chapel
626 Scott Avenue

LITURGICAL

- Sunday Worship – 0930

FAMILY ADVOCACY PROGRAM



Mon- Fri 8:00 a.m.–4:30 p.m. with limited hours Thur 1–4:30 p.m. | 913-684-HELP (4357) / 2800

September 2025 Resiliency Center, 600 Thomas Ave, Building 198 ***ACS is closed for lunch from 1130-12:30pm daily**

NEW PARENT SUPPORT PROGRAM

**Call 913-297-3212/ 9704 to register for all NPSP classes & events

Stroller Walk
Tuesdays, 9:00am
Meet in front of
Resiliency Center

Toddler Time
Wednesdays, 9:00am
Resiliency Center
Playroom

Story Time
Wednesdays, 10:00am
Resiliency Center
Room 157

Play Morning
Thursdays,
9:00-10:00am &
10:00-11:00am
Resiliency Center
Playroom

Wiggles and Giggles
Fridays, 10:00 - 11:00am
Resiliency Center
Playroom



Childbirth Class Series
Sept 8,15, 22
5:00-7:00pm Resiliency
Center Room 157

Dad's Night Out
Sept 17, 6:00-8:00pm
Restaurant TBD

Mom's Night Out
Sept 24, 6:00-8:00pm
Restaurant TBD

NPSP offers home visits for pregnancy through 3 years of age. Schedule your appointment with the NPSP team today!

HOME VISITS

FAMILY ADVOCACY PROGRAM

**Registration Required for all FAP events. Classes at Resiliency Center, Room 145

Anger Management Series
Sept 4, 11, 18, 25
1:30pm- 3:00pm

Co-Parenting Series
Sept 8, 15, 22, 29
11:00am -1:00pm

Positive Parenting Series
via TEAMS
Sept 5, 12, 19, 26
1:30-3:00pm

Stress Management
Sept 18, 11:30am- 1:00pm



CALL ACS TO REGISTER FOR CLASSES TODAY! ALL EVENTS ARE FREE!

<https://leavenworth.armymwr.com/>

<facebook.com/FortLeavenworthACS>

<facebook.com/FortLeavenworthFMWR>

<https://home.army.mil/leavenworth/>

ARMY COMMUNITY SERVICE



Mon- Fri 8:00 a.m.–4:30 p.m. with limited hours Thur 1–4:30 p.m. | 913-684-HELP (4357) / 2800

September 2025 Resiliency Center, 600 Thomas Ave, Building 198 ***ACS is closed for lunch from 1130-12:30pm daily**

RELOCATION READINESS PROGRAM

In-Processing Brief
Tuesdays, 9:00-10:00am

OCONUS Levy Brief
Tuesdays, 10:00-11:00am

Hearts Apart Bowling for Families of Deployed Service Members
Sept 6, 12:00-2:00pm Strike Zone Bowling Center
**Registration Required*

Smooth Move offered upon request.

Lending Closet
Are you In/Out-Processing and need essentials? ACS has short-term basic items to help you get by.

- kitchenware
- cookware
- small appliances



<https://leavenworth.armymwr.com/>

EMPLOYMENT READINESS PROGRAM

Resume Writing
Sept 10, 12:00-2:00pm

Federal Employment
Sept 17,12:00-2:00pm



Interview Skills & Professionalism
Sept 24, 12:00-2:00pm

Follow us on FB @[Fort Leavenworth ERP](#) for job postings, career fairs, networking events, and more.

ARMY EMERGENCY RELIEF (AER)

For emergency financial assistance, apply at <https://www.armyemergencyrelief.org/>

<facebook.com/FortLeavenworthACS>

Financial Readiness Program



Offers counseling services and classes upon request to assist Soldiers and their families in achieving personal financial goals.



SURVIVOR OUTREACH SERVICES

Walk/Run for the Fallen
Sept 13, 8:00-10:00am

We will recognize **Gold Star Mother's/Family Day** on September 28, 2025.

Follow SOS@ <https://www.facebook.com/FortLeavenworthSurvivorOutreachServices/>

<facebook.com/FortLeavenworthFMWR>

ARMY VOLUNTEER CORPS

Volunteer Basics
Sept 19, 12:00 - 1:00pm

Visit: <https://vmis.armyfamilywebportal.com> to register for an account and find opportunities to volunteer in the community.



EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)

**Registration Required for EFMP events*

EFMP Refreshing Conversations
Sept 4, 10:00-11:00am

EFMP Recreational Bowling
Sept 6, 12:00-2:00pm
Strike Zone Bowling Center

<https://home.army.mil/leavenworth/>

Life's challenges weighing you down?
Learn how to bend and not break.

RESILIENCY

An EFMP 4 part Workshop Series:
September 17, October 15,
November 19, January 21
5pm - 6pm

ACS Classroom Room 157
The Resiliency Center
600 Thomas Ave
Fort Leavenworth, KS

Geared toward adults and teens ages 14+, this FREE 4 part workshop series is led by Fort Leavenworth's own R2 Performance experts and will cover several resiliency competencies, teach skills to help navigate daily challenges, and give a foundation to successfully deal with life's more complex hurdles.

Registration is required. Please call for more information:
520-684-3838 or 520-692-6363

leavenworth.armymwr.com

A new resource just for you!
EFMP Lending Library

We're open M - F
7:30am - 4pm

Room 155E
The Resiliency Center, Bldg 198
600 Thomas Ave
Fort Leavenworth, KS

The Lending Library is a free resource room designed for Families enrolled in EFMP. It's stocked with sensory items, EFMP appropriate games, art supplies, and safety items for all ages! Families can borrow items for up to 30 days. Appointments are required, drop-ins are on a case-to-case basis.
Call for more information:
520-692-6363/ 913-684-3838

EFMP/ Waiting Families RECREATIONAL BOWLING

Every first Saturday of the month
12:00pm - 2:00pm
Strike Zone Bowling Center
165 Fourth St

Meet other EFMP families!
EFMP Recreational Bowling is a fun way to socialize, and sharpen fine motor skills.

All ages welcome!
FREE for the entire family including shoes!
Bumpers, bowling ramps, and lightweight bowling balls are available.

Pre-registration is required the Wednesday before the event.
Fort Leavenworth Waiting Families, call ACS to reserve your spot!
Call **913-684-2800** for more info or to register

Join ACS/ New Parent Support for Toddler Time

Wednesdays @ 9am
The Resiliency Center
600 Thomas Ave
Fort Leavenworth, KS



Learn through play as we build social skills, introduce preschool routines, and explore!

Toddler Time is free and open to ages 2 to 3 years (must have an adult present).

Please call or text by the close of business day on the Tuesday before Toddler Time.
913-297-3212



Join ACS/ New Parent Support for STORY TIME

Wednesdays @ 10am
The Resiliency Center
600 Thomas Ave
Fort Leavenworth, KS



Introduce the magic of books and foster a lifelong love of learning!

Story Time is free and open to ages 3 months to 3 years (must have an adult present).

Please call or text by the close of business day on the Tuesday before Story Time.
913-297-3212



Navigating the Teen Years

Feb 19, May 28,
Aug 20, Nov 19
@ 1-2:30pm

ACS Classroom 145
600 Thomas Ave

One session workshop
Available in person or virtual

Ever wish that raising your teen came with an instructional manual?

The Navigating the Teen Years workshop is your guide to the difficult questions.

We'll discuss:

Teen Mental Health

Substance Abuse

Raising Teens in a Digital Age

Understanding Social Media

Teen Sexualized Behaviors

FREE and open to all DoD ID holders 18+ Register by calling 913-684-2811/ 2808 Deadline to register is the day before class.



We're Looking for a Parent President

All volunteer time earns Parent Participation Points

Responsibilities

- Attend scheduled meetings.
- Encourage the exchange of information and ideas between the council & parents.
- Function as a non-staff POC for CYS Parents to share concerns.
- Assist with recruitment of council participation.
- Coordinate with Outreach Svcs. Director on meeting topics.

LEARN MORE

CONTACT

Any CYS Facility Director
OR
CYS Outreach Services Director
913-684-1651



We're Hiring NOW!

Join our Team as a
Child and Youth Program Assistant
at Fort Leavenworth!
Pay starts at \$18.71 per hour

Career Progression & Paid Training
Retirement & 401K
FREE childcare for the 1st child and 25% discount for each additional child
Regular Full-Time/ Part-Time & FLEX Hours Available
Medical, Dental, Vision, & Life Insurance Benefits
Paid Leave, & Paid Federal Holidays for Full-Time & Part-Time
Access to Commissary & AAFES Shopping Privileges & MWR Facilities
Job Transfer Program Worldwide Through Civilian Employment Assignment Tool
*Conditions Apply



Scan here to apply!
ArmyMWR.com/cyscareers



Child & Youth Services

4 Day PM (12:15-3:15pm)

PRESCHOOL SPOTS AVAILABLE

*3-5 year old *No "Toilet Trained" restriction

*Monday-Thursday Class / Sept.-May

Class starts Tuesday 2 September

All activities will be developmental in nature & recognize children's individual differences by providing an environment that encourages self-confidence, development of self-help and life skills, curiosity, creativity, & self-discipline

Call Parent Central for more info:
913-684-5138/4956

Not affiliated with USD207

MAKE YOUR REQUEST AT
MILITARY
CHILDCARE.COM



5 Love Languages of Teenagers

Do you ever feel like you and your teen are speaking another language?

The "5 Love Languages of Teenagers" class is geared toward caregivers that want to communicate with their teens in a way that everyone feels heard, understood, and most importantly loved.

ACS Classroom 145

Feb 12, May 14, Aug 13, Nov 12

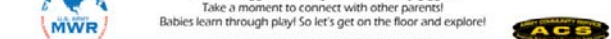
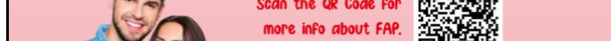
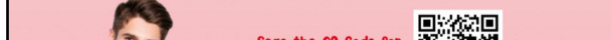
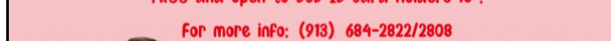
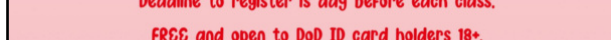
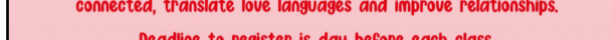
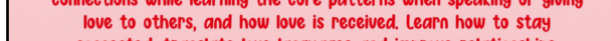
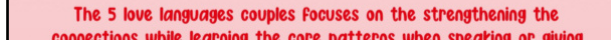
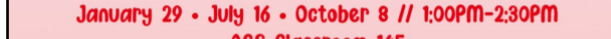
1-2:30pm

FREE

Open to all DOD civilians, active duty, and retired military that are caregivers raising teens

Call to register (deadline is day before class)
913-684-2822 / 2808

leavenworth.armymwr.com



ACS New Parent Support Prenatal Classes 2025

Childbirth Classes:
Series of three classes
Jan 6th, 13th, 27th
Mar 3rd, 10th, 17th
May 5th, 12th, 19th
July 14th, 21st, 28th
Sep 8th, 15th, 22nd
Nov 3rd, 17th, 24th

Newborn Care Classes:
Feb 3rd
April 7th
June 2nd
August 4th
October 6th
December 1st

Breastfeeding Classes:
February 10th
April 14th
June 9th
August 11th
October 20th
December 8th

Free for Expectant Parents!

600 Thomas Ave Room 157
All classes are from 5 pm - 7 pm

Deadline for Registration is the Friday before the class. Pre-registration is required.
Contact 913-297-3212

Come join us to learn the cues to look for when deciding to potty train! Learn valuable tips to get you started!

ACS New Parent Support 2025

Potty Training

Are you ready?

Time to lose the diapers?

FREE For Parents of Children aged 0-4 years
*Pre-registration Required
Deadline is Friday before class
Contact 913-297-3212

600 Thomas Ave Room 157
2/24, 4/28, 6/16, 8/18,
10/27, 12/15
5 pm - 7 pm

WIGGLES & GIGGLES

FREE
Ages 3-12 months
Register by COB Thursday

Fridays 10am-11am
ACS Playroom
600 Thomas Ave

Get their wiggles out and join in some baby giggles!
Take a moment to connect with other parents!
Babies learn through play! So let's get on the floor and explore!

For more info or to register call 913-297-3212 / 9704

Stroller Walk & Talk

Meeting at
The Resiliency Center
600 Thomas Ave
Every Tuesday Morning
March - May
Oct - Nov
10am - 11am
June - Sept
9am - 10am

This is a **FREE** opportunity to meet other parents of small children, get healthy and socialize all while enjoying the walking paths of Ft. Leavenworth!

Offered to expecting parents and to parents of children through 3 years of age. Must bring your own stroller. Register the day before!

POC 913-297-3212

EFMP & Waiting Families Presents

ZUMBA

Get ready to Move! Get ready to Groove!

Every second Tuesday
9am - 10am
Gruber Fitness Center
200 Reynolds Ave
Fort Leavenworth, KS

Get wrapped up in the music and let's get moving and grooving! Zumba is energetic, fun, and a de-stressor all in one! Designed for all fitness levels this FREE class is open to anyone 18+ Registration is required for attendance.
Call 520-692-6363 or 913-684-2800

leavenworth.armymwr.com

Playground Palooza!

Every 2nd Tuesday from 9am - 10am
@ The EFMP Playground
(through the month of October 2024)

Come out and get to know other EFMP Families while the kids play! Every month there will be a NEW and EXCITING activity for the kids! Open to EFMP Families only.

Registration is required the Friday before the event.
Call 913-684-2871 or 913-684-2800 for more info

Activities*
May- Chalk Art
June- Art Essels
July- Popsicles
August- Bubbles
September- Juice Boxes
October- Pumpkin Decorating
*Subject to change

DAD'S NIGHT OUT

Dad's Night Out is offered by ACS New Parent Support Program for Dads of children 0-3 years of age to get out of the house without the kids and meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.

2025 DATES:
Jan 22 • Feb 19 • March 19 • April 23
May 21 • June 18 • July 23 • Aug 20
Sept 17 • Oct 22 • Nov 12 • Dec 3

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Dads with children 0-3 years old.

For more info: (913) 297-3212 or (913) 684-2800

MOM'S NIGHT OUT

This event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.

2025 Dates:
Jan 29 • Feb 26 • March 26 • April 30
May 28 • June 25 • July 30 • Aug 27
Sept 24 • Oct 29 • Nov 19 • Dec 10

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old.

Info: (913) 297-3212 or (913) 684-2800

Co-Parenting Workshop

Round 1: April 7, 14, 21, 28
Round 2: July 7, 14, 21, 28
Round 3: September 8, 15, 22, 29
@ 12:00pm - 1:00pm
ACS Classroom 145
600 Thomas Ave

Learning to co-parent after a divorce can feel like being on opposite ends of a chasm.

Our four week workshop will show you how to build a bridge that will enhance parenting skills, enrich positive co-parenting, learn to develop and use boundaries, and establish a joint plan for managing expectations about your children's growth, development, and behavior.

FREE and open to all DoD ID holders 18+
Register by calling 913-684-2811/2808
Deadline to register is day before class.
Participants are encouraged to attend every class as each session will be different. Ask about virtual options!

ACS Employment Readiness Program Menu of Services

One-on-one appointments and workshops to assist with:

- Career exploration and planning
- Skills and personality assessments
- Education and skills attainment
- Civilian and Federal resume assistance
- Employer referral and job search assistance
- Interview skills and professionalism

For more information, contact the ACS Employment Readiness Program Specialist
913-684-2835/2800

Financial Readiness Milestone Training

Are you financially prepared for what life throws your way? Let us help! We offer free Financial Readiness Training on a variety of subjects.

Some of the topics we will discuss:
Pre-Deployment
Post-Deployment
PCS
Marriage
Divorce
Vesting in TSP
Promotion
First Child
Continuation Pay
Disabling sickness/injury/condition

Held monthly every 2nd & 4th Thursday @ 0900am - 1100am. Bldg 198 Room 157

Employment Readiness Program CLASS SCHEDULE

Resume Writing
ACS Classroom 12pm - 2pm
July 9, Aug 6, Sept 10, Oct 8, Nov 5, Dec 3
5pm - 7pm*
July 9, Aug 6

Federal Employment
ACS Classroom 12pm - 2pm
July 16, Aug 20, Sept 17, Oct 15, Nov 19, Dec 10
5pm - 7pm*
July 16, Aug 20

Interview Skills & Professionalism
ACS Classroom 12pm - 2pm
July 23, Aug 27, Sept 24, Oct 22, Dec 17
5pm - 7pm*
July 23, Aug 27

STRESS Management

May 15, July 17, September 18, November 20
11:30am - 1:00pm
600 Thomas Ave Room 145

STRESS WEIGHING YOU DOWN?
IT'S TIME TO TAKE BACK CONTROL

FREE one-session workshop 18+
No childcare
Deadline to register is day before training.
Virtual attendance is available through TEAMS.
For more info: Call 520-692-6378

Register for the ACS ANGER MANAGEMENT COURSE WE CAN HELP.

Our 8 week Anger Management Course will teach you a new tool every week to stay cool and collected in even the most difficult of settings. Each week will have realistic scenarios, feedback, and opportunities to apply newly learned skills in a group setting.

Round 1
May 1, 8, 15, 22, 29
June 12, 19, 26

Round 2
August 7, 14, 21, 28
September 4, 11, 18, 25

Round 3
October 2, 9, 16, 23, 30
November 6, 13, 20

All sessions are in Room 145 at the Resiliency Center 600 Thomas Ave 1:30pm - 3pm

FREE and open to all DoD ID card holders 18+
Deadline to register is the day before the first day of training. Participants must attend each day in the round. Virtual attendance is available through TEAMS. Call 913-684-2800 for more info.

MyArmyPost

Try the Army's Newest Mobile Application!

FIND THE MY ARMY POST APP IN THE APP STORE

DOWNLOAD IT TODAY

EXISTING FEATURES

- One-click emergency calls
- Near real-time updates
- Installation-wide alerts
- Interactive bus routes
- Current Air Quality Index
- Newcomer information
- Intuitive search functions
- Bookmark common resources
- Resource Alerts
- Events
- Maintenance Requests
- MHS Genesis Login

VOLUNTEER BASICS

JAN 17 • FEB 7 • MARCH 7 • APRIL 4 • MAY 9 • JUNE 13
JULY 18 • AUG 8 • AUG 22 • SEPT 19 • OCT 17 • NOV 14 • DEC 12
ACS CLASSROOM • 600 THOMAS AVE. • TIME: 12PM - 1PM

DO YOU WANT TO MAKE A DIFFERENCE IN OUR COMMUNITY? IF SO, THEN BE SURE TO CHECK OUT VOLUNTEER BASICS. LEARN ABOUT VOLUNTEER OPPORTUNITIES FOR FORT LEAVENWORTH AND IN THE COMMUNITY. PARTICIPANTS WILL LEARN THE BENEFITS OF VOLUNTEERING AND HOW TO PROPERLY LOG HOURS INTO THE VOLUNTEER MANAGEMENT INFORMATION SYSTEM (VMIS).

REGISTRATION IS NOT REQUIRED. JUST SHOW UP.

INFO: (913) 684-2800

ACS AND FAP PRESENTS: POSITIVE PARENTING VIA MICROSOFT TEAMS • 1:30PM - 3PM

ROUND 1: JUNE 6, 13, 20, 27
ROUND 2: SEPTEMBER 5, 12, 19, 26
ROUND 3: NOVEMBER 3, 10, 17, 24

THIS FOUR-WEEK COURSE IS DESIGNED TO HELP PARENTS DEVELOP NON-PHYSICAL DISCIPLINE STRATEGIES, BUILD STRONG RELATIONSHIPS, AND MEET THE NEEDS OF CHILDREN OF ALL AGES.

FREE AND OPEN TO DOD ID CARD HOLDERS 18+.
REGISTRATION IS REQUIRED AND MUST BE DONE THE DAY BEFORE THE FIRST DAY OF TRAINING.
PARTICIPANTS MUST ATTEND EACH DATE IN THE ROUND OF THEIR CHOICE.

INFO AND REGISTRATION: (520) 692-6378/6303

WE ARE STRONGER TOGETHER

CONNECT TO PROTECT

SEPTEMBER IS SUICIDE PREVENTION MONTH

U.S. ARMY **SP2** **988** SUICIDE & CRISIS LIFELINE Military/Veterans Press 1



REASONS TO CONNECT WITH 988

You can call, text, and chat the 988 Suicide & Crisis Lifeline to talk about a lot of things.

988 SUICIDE & CRISIS LIFELINE

October - December Workshops

Watercolor	Calligraphy
\$30 per workshop	\$20 per workshop
Watercolor (Basic Techniques) Thursday, Oct 2 12pm - 2pm	Modern Calligraphy (Basic Techniques) Tuesday, Oct 21 11am - 12:30pm
Watercolor (Color Theory) Thursday, Oct 9 12pm - 2pm	Modern Calligraphy (Intermediate) Tuesday, Oct 28 11am - 12:30pm
Watercolor (Florals) Thursday, Oct 16 12pm - 2pm	Modern Calligraphy (Holiday Cards) Tuesday, Nov 4 11am - 12:30pm Tuesday, Dec 2 11am - 12:30pm
Watercolor (Autumn Wreath) Thursday, Oct 30 12pm - 2pm	
Watercolor (Holiday Cards) Tuesday, Nov 18 12pm - 2pm	

Pre-registration required for all classes.
Cost includes all supplies!

Tues & Thurs 9am - 7pm, Wed & Fri 9am - 4pm
Call now to register: (913) 684 - 3373

Ft. Leavenworth

Arts & Crafts Studio

Paint & Sip

\$35

Must be 21 years or older. BYOB



Cute Witchy Pumpkin
Friday
October 10
6pm - 8pm



Grateful Pumpkin Stack
Friday
November 14
6pm - 8pm



Holly Jolly Highland Cow
Friday
December 12
6pm - 8pm

Pottery Studio

\$40 per class

Wheel Throwing (Basic Techniques)

Friday, Oct 3
9am - 11:30am
Wednesday, Nov 5
12pm - 2:30pm
Saturday, Nov 22
10am - 12:30pm
Tuesday, Dec 2
6pm - 8:30pm
Thursday, Dec 11
11am - 1:30pm

Hand Building (Autumn Plates)

Tuesday, Oct 14
12pm - 2pm

Wheel Throwing (Mugs)

Wednesday, Nov 19
12pm - 2:30pm
Tuesday, Dec 16
6pm - 8:30pm

Ceramic Christmas Ornaments

Wednesday, Dec 3
11am - 1pm

Wheel Throwing (Pumpkins)

Wednesday, Oct 8
12pm - 2:30pm
Monday, Oct 27
6pm - 8:30pm

310 McPherson (the old DB) Ft. Leavenworth, KS

leavenworth.armymwr.com

artsandcraftsfortleavenworth@gmail.com



October - December Workshops

Framing	Crafts
\$40 per class	\$35 per class
Intro to Framing Friday, Oct 10 Saturday, Oct 25 10am - 2pm Friday, Nov 14 Saturday, Nov 22 10am - 2pm Friday, Dec 12 10am - 2pm	Jack & Sally or Hocus Pocus Tuesday, Oct 7 11am - 1pm Friday, Oct 17 9am - 11am Pie Garland Friday, Nov 7 11am - 1pm Thursday, Nov 13 11am - 1pm Holiday Advent Calendar Tuesday, Nov 18 6pm - 8pm Friday, Nov 21 11am - 1pm
 scan for more info	
<div><div></div><div>Oct</div></div> <div><div></div><div>Nov</div></div> <div><div></div><div>Dec</div></div>	

Tues & Thurs 9am - 7pm, Wed & Fri 9am - 4pm
Call now to register: (913) 684-3373

Ft. Leavenworth

Arts & Crafts Studio

OPEN STUDIO

Ask about our Hourly Fees

Multi-Craft Studio

Great for the whole family with supplies for any craft, personalized gift, or project you have in mind!

Painting Studio

Provided watercolor and acrylic supplies to create your own masterpiece.

Framing Studio

Assemble your own custom frames in our DIY Studio! Must take Intro to Framing before using DIY Studio.

Pottery/Ceramic Studio

We have all of the supplies you need for hand building and wheel throwing. We also offer a variety of customizable bisque pieces ready for you to glaze!

310 McPherson Ave (the Old DB), Ft. Leavenworth, KS

leavenworth.armymwr.com

artsandcraftsfortleavenworth@gmail.com



Kids Classes

Messy Art	Color Me Happy
\$12 per class (ages 7+)	\$10 per class Parent & Toddlers
Thursdays Oct 2, 16, 30 11am - 12pm Thursday Nov 13 11am - 12pm Thursdays Dec 4, 18 11am - 12pm	Thursdays Oct 9, 23 10am - 11am Thursdays Nov 6, 20 10am - 11am Thursday Dec 11 10am - 11am
Art History \$20 per class (ages 7+)	
<div><div></div><div>Pumpkins & Picasso Wednesday, Oct 15 1pm - 3pm</div></div> <div><div></div><div>Go-Gurts & Van Gogh Wednesday, Nov 12 1pm - 3pm</div></div>	
<div><div></div><div>Popcorn & Pollock Wednesday, Dec 10 1pm - 3pm</div></div> <div><div></div></div>	

310 McPherson Ave (the Old DB), Ft. Leavenworth, KS

leavenworth.armymwr.com

artsandcraftsfortleavenworth@gmail.com



YOUTH SPORTS & FITNESS SPORTS CALENDAR 2025



SPRING SPORTS	AGES/GRADES	COST OF 1 ST CHILD/ ADDITIONAL CHILD	REGISTRATION PERIOD	SEASON DATES (2025)
SOCCER	5-14	\$50/\$42.50	BEG. FEBRUARY – BEG. MARCH	APRIL – MAY
T-BALL	Kinder	\$50/\$42.50	BEG. FEBRUARY – BEG. MARCH	APRIL – MAY
COACH PITCH	1 st , 2 nd	\$50/\$42.50	BEG. FEBRUARY – BEG. MARCH	APRIL – MAY
BASEBALL	3 rd , 6 th	\$50/\$42.50	BEG. FEBRUARY – BEG. MARCH	APRIL – MAY
SOFTBALL	3 rd , 6 th	\$50/\$42.50	BEG. FEBRUARY – BEG. MARCH	APRIL – MAY
START SMART BASEBALL	3-4	\$30/\$25.50	BEG. FEBRUARY – BEG. MARCH	APRIL – MAY

SUMMER PROGRAMS & CAMPS/CLINICS	AGES/GRADES	REGISTRATION PERIOD	PROGRAM/CAMP DATES (2025)
GOLF PROGRAM	8-17	APRIL – 1 st Day of Practice	JUNE - AUGUST
FITNESS CAMP	5-14	APRIL – 1 st Day of Camp	JUNE
CHALLENGER SOCCER CAMP	3-14	APRIL – 1 st Day of Camp	JUNE, JULY & AUGUST
BASEBALL CAMP	5-14	APRIL – 1 st Day of Camp	JULY
BASKETBALL CAMP	5-14	APRIL – 1 st Day of Camp	JULY

FALL SPORTS	AGES/GRADES	COST OF 1 ST CHILD/ ADDITIONAL CHILD	REGISTRATION PERIOD	SEASON DATES (2025)
SOCCER	5-14	\$50/\$42.50	MID. JULY – BEG. AUGUST	SEPTEMBER – OCTOBER
FLAG FOOTBALL	1 st , 6 th	\$50/\$42.50	MID. JULY – BEG. AUGUST	SEPTEMBER – OCTOBER
CHEERLEADING	5-12	\$55/\$47.25	MID. JULY – BEG. AUGUST	SEPTEMBER – OCTOBER
RUNNING CLUB	3 rd - 8 th	\$50/\$42.50	MID. JULY – BEG. AUGUST	SEPTEMBER – NOVEMBER
START SMART SOCCER	3-4	\$30/\$25.50	MID. JULY – BEG. AUGUST	SEPTEMBER – OCTOBER
START SMART FLAG FOOTBALL	3-4	\$30/\$25.50	MID. JULY – BEG. AUGUST	SEPTEMBER – OCTOBER

WINTER SPORTS	AGES/GRADES	COST OF 1 ST CHILD/ ADDITIONAL CHILD	REGISTRATION PERIOD	SEASON DATES (2025-2026)
BASKETBALL	Kinder – 6 th	\$50/\$42.50	OCTOBER - NOVEMBER	JANUARY – MARCH
WRESTLING	5-12	\$50/\$42.50	OCTOBER - NOVEMBER	JANUARY – MARCH
START SMART BASKETBALL	3-4	\$30/\$25.50	OCTOBER - NOVEMBER	JANUARY – MARCH

Fall Youth Sports & Fitness

Confidence begins here! Are you in?

Flag Football (1st - 2nd grades) (Ages 7 - 8) Tuesday/Thursday Sept 9 - Oct 23 \$50

3rd - 4th grades (Ages 9 - 10) Monday/Wednesday Sept 8 - Oct 22 \$50

5th - 6th grades (Ages 11 - 12) Monday/Wednesday Sept 9 - Oct 23 \$50

Soccer 6 & Under (Ages 5 - 6) 8 & Under (Ages 7 - 8) 10 & Under (Ages 9 - 10) Sept 8 & 9 - Oct 22 & 23 \$50

Under 12 & 14 TBA \$50

Cheerleading (Ages 5 - 12) Monday/Wednesday Sept 8 - Oct 22 *Pom-poms, shirt, and skort are included in the cost. *\$55

Participants will cheer for all 3rd/4th & 5th/6th grade Teams.

Fall Running Club (3rd - 8th grades) (Ages 8 - 14) Tuesday/Thursday Sept 9 - Oct 25 Season ends with the Halloween 5K. \$50

Start Smart Flag Football (Ages 3 - 4) \$30 Sept 15 & 17 - Oct 15 & 20

Start Smart Soccer (Ages 3 - 4) \$30 Sept 16 & 18 - Oct 14 & 16

Registration and enrollment will begin July 7 and close Aug 4. All Youth must have an updated sports physical before first practice. Enrollment can be done at all CVS locations if centrally registered. Webtrac online enrollments can only be done with a Youth Sports Physical that covers the entire season. Volunteer Coaches are needed!

For more information call 913-684-7525 or 7526

LET'S PLAY!

2025
ADULT SPORTS
Doubles
Pickleball
League

Player's Meeting
Wednesday
Oct 15
5:30pm @ Gruber
Fitness Center
Registration due by COB
Wednesday Oct 29

League play starts
Wednesday
Nov 5 - TBD

League awards are given for
regular season champions,
tournament runner-ups, and
tournament champions.

**Harney Sports
Complex**

New to Pickleball?
That's okay! This fast growing
sport is described as a hybrid
of tennis, badminton, and
ping pong. It's played on a
badminton sized court with
a net, hard paddles and
perforated plastic balls.
There may be less running
than tennis, but don't let that
fool you! Players can burn
serious calories during just
30 minutes of play!

Games
Mondays & Wednesday
5:30pm, 6:30pm,
7:30pm
Harney Sports Complex

Open to Active Duty, DOD Civilians,
Retirees, Dependents, and
Contractors working on
Fort Leavenworth that are 18+
Call 913-684-3224/ 5136
for more information

leavenworth.armymwr.com

ADULT SPORTS
FLAG
FOOTBALL
LEAGUE

Want to get fit and have a blast doing it?
The only catch is the one you make.
Flags up, game on!

Coaches Meeting:
Wednesday, August 13
5:30pm
Gruber Fitness Center
200 Reynold Ave
Ft. Leavenworth, KS

League play begins
Tuesday September 2.
Letters of intent due by
COB on August 27.

Games: Tuesdays, Thursdays
5:30pm, 6:30pm, 7:30pm
Gruber Football Field

Open to all Active Duty, DOD Civilians, Retirees, Dependents, Spouses,
and Contractors working at Fort Leavenworth ages 18+.
League awards given for regular season champions,
tournament runner-ups and tournament champions.
For more info call 913-684-3224/ 5136
leavenworth.armymwr.com

Brunner Range
ASTRO
CLAYS

Looking for a new and unique range experience?
Introducing Astro Clays! Shoot under the stars!
Special UV black lights turn the clays into glowing
targets that are fun for every skill level!

• Sep 13 at 2030
• Oct 11 at 1930
• Oct 25 at 1930
• Nov 8 at 1800
• Nov 25 at 1800
• Dec 13 at 1800

\$25 for
50 clays

Brunner Range
701 Sheridan Dr
Ft. Leavenworth, KS
Call for more info: 913-651-8132
Leavenworth.armymwr.com

Starting June 2nd, 2025

Fort Leavenworth
Group Fitness Classes

GRUBER FITNESS CENTER - 200 Reynolds Ave. - 684-5120
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530						
0900						Power Yoga (Kim)
0930	Zumba (Virmarie)					
1200						
1630		Zumba (Virmarie)	Power Cycling (Kim)			
1700	Power Yoga (Kim)					

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

*Power Cut classes are held in the Bubble Gym

U.S. ARMY
MWR

SOLDIER • FAMILY • RETIREE • CIVILIAN

Single Ticket For \$5.00

10 Tickets For \$45.00

20 Tickets For \$80.00

U.S. ARMY
SPORTS • FITNESS • AQUATICS

https://leavenworth.armymwr.com

Independent Instructor
Class Schedule

Gruber Fitness Center

Monday	Tuesday	Wednesday	Thursday	Friday
	Brazilian Jiu-Jitsu Beginner 1830-1930	Brazilian Jiu-Jitsu Beginner 1830-1930	Brazilian Jiu-Jitsu Beginner 1830-1930	
	Advanced 1940-2040	Advanced 1940-2040	Advanced 1940-2040	

1 x a week - \$60 2 x a week - \$75 3 x a week - \$85 Drop in \$20
First class is FREE! Must have 24 hour access to gym. Classes are 18+ Register in person

Harney Sports Complex

Monday	Tuesday	Wednesday	Thursday	Friday
Olympic Lifting 0900-1015		Olympic Lifting 0900-1015		Olympic Lifting 0900-1015
Kids Olympic Lifting 1600-1700 Bubble Gym		Kids Olympic Lifting 1600-1700 Bubble Gym		

Olympic Lifting - \$75 (3 days) \$70 (2 days) \$10 (drop in)
Kids Olympic Lifting - \$75 (NO drop in)
First class is FREE! Olympic Lifting and Resistance Training is for 18+

Harney Sports Complex &
Aquatics Center
185 Fourth St
Ft. Leavenworth, KS
913-684-2190

U.S. ARMY
MWR

SOLDIER • FAMILY • RETIREE • CIVILIAN

Gruber Fitness Center
200 Reynolds Ave
Ft. Leavenworth, KS
913-684-5120

Combined League
Scramble

9-hole 5pm shotgun start
Trails West Golf Course
306 Cody Rd
Fort Leavenworth
Meal to follow play!

April 30
June 25
August 27
September 24

\$5 FOR SCRAMBLE
\$15 FOR MEAL

Players registered in the Monday Intramural
League, Tuesday Women's League, Wednesday
League, and Couples Thursday League are eligible
to participate in the Combined League Scramble.
The Pro Shop will assign teams. Enjoy drink
specials all night at The Fairway Grille!
Register by COB on Monday of each week

For more information call 913-651-7176 or visit
leavenworth.armymwr.com

Couples
League

Are you looking for some good
old-fashioned fun?

Grab your spouse or partner and
come on out to Trails West Golf Course!
Featuring fun formats and end of season prizes!

1st and 3rd Thursday
of every month at 5pm
Trails West Golf Course
306 Cody Rd
Fort Leavenworth

Annual pass holders : Free
Non-pass holders:
\$35 per person
\$70 per team
Weekly:
\$5 per person

Registration is
open now!
Call for more info
913-651-7176

I just love
spending
quality time
with you!

Scan here to follow
Ft. Leavenworth
FMWR on FB

For more information:
leavenworth.armymwr.com

Trails West
Golf Course
Wednesday League

Every Wednesday at 5pm
Trails West Golf Course
306 Cody Rd
Fort Leavenworth

Each week will feature a
unique event format.
100% of the weekly fee is
awarded to the
weekly winners in
Golf Pro Shop Gift Certificates.
All weekly events are flighted
and everyone has a chance
to win on any given week!
Minimum is 20 players

Free registration
for annual pass holders,
\$35 for non-pass holders.
All players pay a
\$5 weekly fee.
Registration is open now!
Players may join at
any time during the year.

For more information
call: 913-651-7176
visit: leavenworth.armymwr.com

Scan here to follow
Ft. Leavenworth
FMWR on FB

Weekend - Swimming Lessons
Bernstein Memorial Indoor Pool

Enrollment opens Wednesday, 13 August at 0800
September 6, 7, 13, 14, 20, 21, 27, 28
Saturdays & Sundays - (8 classes) \$64.00

50503-55 0815-0845 Learn to swim level 3 max 6

50503-56 0900-0930 Learn to swim level 2 max 6

50503-57 0945-1015 Learn to swim level 1 max 5

50503-58 1030-1100 Parent Child max 6

50503-59 1115-1145 Preschool Level 3 max 5

50503-60 1200-1230 Preschool Level 2 max 5

Swimming Lesson Age Requirements:
Parent Child: participants may be 6 months – 3 years and must be accompanied into
the water by a parent or guardian.
Preschool levels: Participants must be 4 years – 5 years old.
Learn-to-swim levels: Participants must be 6 years old –17 years old.

Swimming Lessons
Bernstein Memorial Indoor Pool

Enrollment opens Wednesday, 13 August at 0800
September 8, 10, 15, 17, 22, 24, 29, October 2
Mondays & Wednesdays - (8 classes) \$64.00

50503-61 1200-1230 Parent Child max 6

50503-62 1245-1315 Preschool Level 1 max 5

50503-63 1330-1400 Preschool Level 2 max 5

50503-64 1415-1445 Preschool Level 1 max 5

Break

50503-65 1545-1615 Learn to swim level 1 max 5

50503-66 1630-1700 Learn to swim level 2 max 6

50503-67 1715-1745 Preschool Level 2 max 5

Swimming Lesson Age Requirements:
Parent Child: participants may be 6 months – 3 years and must be accompanied into
the water by a parent or guardian.
Preschool levels: Participants must be 4 years – 5 years old.
Learn-to-swim levels: Participants must be 6 years old –17 years old.

✗ LTS now has Renaissance Festival
Tickets! ✗

Ticket Prices are \$20 per ticket for
adults 13+, and \$14 per ticket for
children ages 5-12.
Tickets must be purchased in person
and can be used on any day they are
open.

RenFest runs Saturdays and Sundays
August 30-October 12 from 10AM -
7PM!

For more info call, (913) 684-2580.




Brunner Range 2025

SPECIAL FUN SHOOTS

16 April	Rod & Gun Club
26 April	VFW Post 12003
17 May	Lil Weenie
21 June	Club Championship
19 July	One Gun/ One Choke
16 August	Shuck n' Chuck
20 September	American Legion Post 411
15 October	Rod & Gun Club
18 October	Lil Weenie

Contact Brunner Range for more information
 (913) 651-8132

A smiling couple in athletic wear standing outdoors, with the woman's arm around the man's shoulder. The woman is wearing a grey and blue patterned tank top and dark leggings, with a white headband and earbuds. The man is wearing a light blue and white short-sleeved shirt and dark shorts, also with earbuds. They are both looking at each other and smiling. The background is a bright, clear sky.

FORT LEAVENWORTH MWR 2024 RUNNING EVENTS

**GREAT ESCAPE
AUGUST 24**

**RUN/WALK FOR THE FALLEN
SEPTEMBER 14**

**1/2 MARATHON
OCTOBER 5**

**TURKEY TROT
NOVEMBER 16**

**TO REGISTER CALL, (913) 684-1830
OR STOP BY ANY FITNESS FACILITY!**

The U.S. Army logo, featuring a yellow star with a green outline and the words "U.S. ARMY" in black text below it.

The Fort Leavenworth logo, featuring a shield with a blue and white design and the words "FORT LEAVENWORTH" in black text below it.

The MWR logo, featuring a red and yellow design with the words "MWR" in black text below it.

The MWR logo, featuring a blue and white design with the words "MWR" in black text below it.



Volunteer!

Help Shelter Pets!

They need your help for walks and general care!

They enjoy the love, attention, and affections, too!

Several shifts to choose from

Want to know how to join our team?

Register at
<https://vmis.armyfamilywebportal.com/>.

Once registered, we will contact you and have you come in for a training with a team member.

After you train, you shadow two shifts. Then you are ready to help shelter pets!

Watch the **Fort Leavenworth Stray Facility** Facebook page for training events!

Once you register, train, and shadow, you can sign up for any shift you can cover.

Children under 18 can help, but they must be accompanied by an adult the entire shift.

Work with either our cats or dogs or both!







Fort Leavenworth Stray Facility
510 Organ Avenue
Fort Leavenworth, KS 66027



Ft. Leavenworth
International Loan Closet

Located in the alley off McClellan & Kearny
Hours Vary, Check FB Page

MUNSON NOTES

MUNSON NOTICES

■ The **MUNSON ARMY HEALTH CENTER PATIENT AND FAMILY PARTNERSHIP COUNCIL** meets quarterly at MAHC. The PFPC captures voices and insights of patients and families to improve the patient care experience. The council is composed of volunteers who represent the interests of patients who receive care from MAHC. Volunteers can be active-duty, active-duty family member, retirees or retiree family members. Call 913-684-6211 or e-mail usarmy.leavenworth.medcom-mahc.mbx.patient-advocate@health.mil if interested in participating.

■ It is important that military families new to the Fort Leavenworth community **ESTABLISH A NEW PRIMARY CARE MANAGER** for their health care needs. Munson Army Health Center offers a wide range of primary care providers to choose from for personalized care at a convenient on-post location. Once your new address is established in DEERS, call 1-888-TRI-WEST (874-9378) and follow the prompts to establish a primary care manager at MAHC. Learn more about services at munson.tricare.mil.

■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are **ELIGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE**. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit <https://dvidshub.net/r/8wttlf>.

■ The **NUTRITION CARE DIVISION** offers a broad range of nutritional services designed for service members, families, and retirees. Individual Nutrition Therapy and Group Nutrition Therapy are available, and include the Body Composition Program, Weight Control Program, Prenatal Nutrition and Wellness for Life. Call the appointment line at 913-684-6250 to schedule an appointment with MAHC's registered dietitian.

■ **MEDICAL APPOINTMENT CHECK-IN:** Please arrive 15 minutes prior to your appointment to complete any required paperwork and bring the following items: DoD ID card; list of current medications including over-the-counter meds, vitamins, and supplements; any relevant paperwork or forms; and a list of questions or concerns. If you are not able to make your scheduled appointment, call the appointment line at (913) 684-6250 to cancel.

■ Munson Army Health Center Pharmacy offers patients a variety of **OVER-THE-COUNTER MEDICATIONS AT NO COST** to service members, retirees and family members. These items are available without a prescription or medical appointment. These self-care items are comparable to those available for purchase from retail stores and include pain relievers, cough medicine, allergy medication, antibiotic ointment, lice treatment and much more. Visit <https://munson.tricare.mil/Health-Services/Pharmacy> and scroll down to the Over-the-Counter Medication Program for details.

■ Call 913-684-6250 to schedule a **WELL-WOMAN EXAM** at Munson Army Health Center.

2025

MUNSON ARMY HEALTH CENTER

TRUNK or TREAT

5-7 P.M., THURS., OCT. 23

Haunted House
Cast Your Vote for Best Trunk!



Volunteers/Candy Donations Welcome

POC SSG Cosby at melissa.a.cosby4.mil@health.mil
or 1LT Vaughan at hope.e.vaughan.mil@health.mil



Retiree Appreciation Day

Health Fair

✓ TRICARE Brief

✓ Seasonal Influenza Vaccines
for eligible beneficiaries

✓ Health Screenings

 Saturday, October 25, 2025

 8:00 am - 1:00 pm

 100 Stimson Ave., Ft Leavenworth



Munson Army Health Center

2025 FLU SHOT EVENTS

FRONTIER CONFERENCE CENTER
350 BIDDLE BLVD., FORT LEAVENWORTH

3 OCTOBER

Noon – 5 p.m.

17 OCTOBER

Noon – 4 p.m.

7 NOVEMBER

Noon – 4 p.m.

18 NOVEMBER

Noon – 6 p.m.

TRICARE Beneficiaries aged 6 months and up. DoD ID card required for ages 10 years and up. Children 17 and under must be accompanied by a parent or legal guardian. For more information visit munson.tricare.mil

T H E F O R T L E A V E N W O R T H

NEW CONTENT
EVERY THURSDAY



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LEAVENWORTH/ABOUT/NEWS](https://home.army.mil/leavenworth/about/news)



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- News
- Community Features
- Pet of the Week
- Upcoming Events
- and more!

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