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CGSOC Class of 2025 graduates



Photo by Emilio Gutierrez/Fort Leavenworth Lamp Intern

Master of military art and science degree recipient Maj. Alexander Adkins, right, crosses the stage as Dr. Vincent Carlisle, left, narrates during the Command and General Staff Officer Course graduation ceremony June 6 in Eisenhower Auditorium at the Lewis and Clark Center.

by Melanie Libby/Fort Leavenworth Lamp Intern

Dubbed as "the best year" of a student's life, the 2025 Command and General Staff Officer Course concluded with the graduation ceremony June 6 in Eisenhower Auditorium at the Lewis and Clark Center.

A total of 950 students graduated from the 10month course, with every branch of service represented this year except Space Force. Within the CGOSC Class of 2025, 121 students were international military students who represented 92 countries. In addition, five graduating students were civilians from federal agencies. The graduation ceremony also celebrated 16 distinguished students who won 19 different awards. Maj. Spencer Bates, recipient of the Brigadier General Benjamin H. Grierson Award for Excellence in Strategic Studies, said receiving the award was an honor. "I was humbled because the two other people that I was in competition with are exceptional," Bates said. "When you talk about a high bar to clear, it's a pretty high bar."



AT A GLANCE

■ The FORT LEAVENWORTH CAREER SUMMIT is June 12 (today) with job-seeker workshops from 9 a.m. to 12:30 p.m. and a hiring fair from 1:30-4:30 p.m. To register or for more information, see flyer on page B1 or visit https://www.facebook.com/ LeavenworthTAP/.



■ The Combined Arms Center and Fort Leavenworth will celebrate the U.S. ARMY'S 250TH BIRTHDAY June 13 with a proclamation at 9 a.m., sports day events throughout the day at multiple locations, and a cake cutting at noon at the Fort Leavenworth Dining Facility. See page A5 and the CAC Facebook page for the schedule of events and more information.

■ The Fort Leavenworth Post Exchange and Commissary will celebrate the **ARMY'S 250TH BIRTHDAY** with games, refreshments and discounts from 11 a.m. to 1 p.m. June 13 at the PX.

■ The VOLUNTEER BASICS WORK-SHOP is at noon June 13. Call 913-684-2800 to register.

■ City Union Mission will be doing **PICK-UPS OF GENTLY USED ITEMS** June 14 and June 28 in housing. Residents will receive an e-mail from Fort Leavenworth Frontier Heritage Communities the week of pick-ups with a form to sign up.

Brig. Gen. Matthew Hardman, deputy commanding general – maneuver, 1st Infantry Division, delivered the commencement address.

Hardman's remarks focused on how the graduating students are currently impacting the lives of others, and how they can continue to create an impact, both to the nation and to their own families.

"I went to my 25-year (college) reunion, and I realized that I was the richest person there," Hardman

Photo by Emilio Gutierrez/Fort Leavenworth Lamp Intern

Lt. Gen. Milford Beagle Jr., Combined Arms Center and Fort Leavenworth commanding general and Command and General Staff College commandant, presents the Arter-Doniphan Award for the highest grade point average to Army National Guard Maj. Samantha Domingue during the Command and General Staff Officer Course graduation June 6 at the Lewis and Clark Center. Earlier in the ceremony, Domingue was honored as the U.S. distinguished graduate with the General George C. Marshall Award.



Photo by Emilio Gutierrez/Fort Leavenworth Lamp Intern

Command and General Staff College Dean of Academics Dr. David Cotter congratulates General Dwight D. Eisenhower Award recipient Maj. Zakariae Tiddarine of Morrocco during the graduation ceremony for the Command and General Staff Officer Course Class of 2025 June 6 at the Lewis and Clark Center. The Eisenhower Award recognizes the distinguished international graduate. ■ The temporary access to post through **HANCOCK GATE** will end at 5:30 p.m. June 18.

■ The Combined Arms Center Law Enforcement Activity is hosting a **DoD BONE MARROW REGISTRY DRIVE** from 10 a.m. to 2 p.m. June 26 at the Post Exchange. For more information, call 580-786-6798 or e-mail christopher.d.womack10.mil@army .mil

■ The **SUMMER READING PRO-GRAM** for all ages is underway at the Combined Arms Research Library. Sign up at https://carl.beanstack.org/reader365 or visit https://carlcgsc.libguides.com/Home/SRP25 for more information. Challenge and goal prizes will be awarded to participating toddlers, children, teenagers and adults.

■ The OUTDOOR POOLS ARE OPEN seven days a week for the summer. HAN-COCK POOL is open 11 a.m. to 6 p.m. for family swim. GRANT POOL is open 11 a.m. to 1 p.m. for adult lap swim and 1-6 p.m. for family swim. Outdoor pool passes can be purchased at Harney Sports Complex or \$5 daily admission at the door.

■ The FORT LEAVENWORTH LAMP WILL PUBLISH A DAY EARLY next week on June 18 due to the Juneteenth federal holiday June 19.

Anyone with **DEBTS OWED TO OR BY THE ESTATE OF STAFF SGT. DANIEL A. GONZALEZ** must contact Capt. Andrew D. Ingalls, the summary court martial officer for the soldier, at Andrew.d.ingalls2.mil@ health.mil, 913-684-6738 or 913-547-4514. Gonzalez passed away May 17.

Understanding connection between sexual violence, PTSD is crucial

by Lt. Col. Craig D. Arnold II/Interim Supervisory Sexual Assault Response Coordinator/SARC -Team 2

As we observe the National Post-Traumatic Stress Disorder (PTSD) Awareness Month this June, the Sexual Harassment/Assault Response and Prevention (SHARP) program stands committed to fostering a climate of understanding, support and healing. Recognizing the profound impact of trauma, especially from sexual violence, is essential to our mission of prevention and response.

Trauma's echo: Sexual violence and PTSD

Sexual violence is a devastating trauma that can leave deep and lasting scars. For many survivors, the impact extends beyond the immediate aftermath, often leading to Post-Traumatic Stress Disorder or Complex PTSD (C-PTSD).

It's crucial to understand this connection and why it's so common.

Profound violation

Sexual violence shatters a person's sense of safety, control and trust. The intense fear and helplessness experienced can fundamentally alter the brain's stress response, a key factor in PTSD development.

Betrayal and isolation

When the violence comes from someone known to the survivor, the betrayal of trust adds another layer of trauma, often leading to intense feelings of shame, guilt and isolation. These feelings can make it incredibly difficult to seek help, worsening PTSD symptoms.

Complex trauma

Repeated or prolonged sexual violence, especially in childhood, can result in Complex PTSD. This involves more pervasive challenges with emotional regulation, identity, relationships and a distorted self-perception, requiring specialized support.

Invisible wounds

PTSD symptoms can be diverse and aren't always visible. Survivors may experience flashbacks, nightmares, avoidance of reminders, hypervigilance, difficulty with trust, emotional numbness and more. These are not signs of weakness, but natural responses to an unnatural event.

Why does this matter?

Understanding this intersection helps us:

Challenge blame and stigma

It's vital to reiterate that sexual violence is NEVER the survivor's fault. Understanding PTSD helps combat victim-blaming myths and encourages a compassionate response.

Promote healing

When we recognize the link between sexual violence and PTSD, we can better support survivors in accessing trauma-informed care and specialized therapies that can truly help them heal.

• Build a supportive community

By raising awareness, we create a more empathetic environment where survivors feel believed, heard and empowered to seek the help they deserve.

If you or someone you know is struggling with the aftermath of sexual violence and potential PTSD symptoms, please remember:

You are not alone.

Your feelings are valid.

Healing is possible.

Resources for support

• Fort Leavenworth SHARP Hotline Call 913-683-1443 for confidential 24/7 support.



• DoD Safe Helpline

Call 1-877-995-5247 or visit https://safehelpline.org/for for confidential 24/7 support.

• National Sexual Assault Hotline (RAINN)

Call 1-800-656-HOPE (4673) or visit online.rainn.org for confidential 24/7 support.

• 24-hour Crisis Line in Kansas (MOCSA)

Call 1-913-642-0233 for confidential 24/7 support.

• 24-hour Crisis Line in Missouri (MOCSA)

Call 1-816-531-0233 for confidential

24/7 support.

- Military OneSource
- Call 1-800-342-9647.
- Veteran's Crisis Line
- Call 988, and select 1 or text 838255

Our collective commitment to PTSD awareness and a compassionate response to sexual violence is a beacon of hope for countless individuals. Each act of empathy, every resource shared and every voice raised helps to dismantle stigma and illuminate the path to healing. Together, we can cultivate a community where strength is found in vulnerability, and where recovery is not just a possibility, but a shared reality.



Lead SARC Amanda.bonseigneur.civ@army.mil Teams: 520-669-3474 Office: 913-684-2810

Supervisory SARC



Team 1 SARC jerri.l.osborne.mil@army.mil Teams: 520-692-6520 Office: 913-684-2842

LTC Craig Arnold Team 2 SARC craig.d.arnold.mil@army.mil Teams: 520-692-8849 Office: 913-684-2818

Team 3 SARC jacob.w.roach.mil@army.mil Teams: 520-945-4462 Office: 913-684-0956



Mr. Josh Belle Team 4 SARC joshua.p.belle.civ@army.mil Teams: 520-945-5992 Office: 913-684-5230

Bldg 197, 632 McClellan Ave	Bidg 197, 632 McClellan Ave	Bldg 197, 632 McClellan Ave	Cell: 913-547-5075 835 Sabalu Rd	Cell: 913-680-5699 Bldg 58, 614 Custer Rd
Image: Second systemImage: Second systemImage: Second systemSecond system<	Sher	Wisting Advocate ry.I.marshall24.civ@army.mil Cell: 913-683-5370 ig 197, 632 McClellan Ave	Ms. Nicole Hernandez Victim Advocate maureennicole.n.hernandez.civ@arm Teams: 520-692-9215 Office: 913-684-5230 Cell: 913-544-9243 Bidg 58, 614 Custer Rd	y.mil
Team 1 AAFES, ACS, AFC, ARI, CDID, Cemetery, CID, CPAC, DeCA, DES, DLA, DMPA, FMWR, LRC, MCCOE, MICC, Museum, NEC, PAO, RCI Housing, TDS/SJA, TRAC, USAFMSA, USAG HQ, USASMDC, USD 207, and US STAG CMD. Team 2 CAC HQ, CAC-T HQ, MCTP, NSC, STB, TMD, 505th CCW and 500th/67th MP	913-6 DoD Safe	24/7 SHARP Hotline 83-1443 • Help Line 55-5247	Find us on Facebook	WeCare App
Team 3 ACB, MWJRCF, USDB Team 4 Army U, CGSC, Dental, DLI, MAHC staff, Patients, SAMS, SOF, TRADOC, Veterinarian, and Other Service Staff tenant personnel	Formal Anonyn Sexual Assault Restricted Unres Retaliation Re	nplaint Reporting Option nous Confidential Reporting Option tricted CATCH-Only porting Options Helpline CPAC/EEO (DA Civ Only)	STEP FORWARD: Prevent Current as of 12 M	

FORT LEAVENWORTH LAMP

PUBLISHED FOR THE COMMUNITY OF FORT LEAVENWORTH, KANSAS

The Fort Leavenworth Lamp is an authorized publication for members of the U.S. Army. Contents of the Fort Leavenworth Lamp are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army, or the U.S. Army Combined Arms Center and Fort Leavenworth. It is published weekly by the Fort Leavenworth Garrison Public Affairs Office, Fort Leavenworth, Kansas 66027, commercial telephone number 913-684-5267 (DSN prefix 552).

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Lt. Gen. Milford H. H	Beagle Jr. Commanding General
Col. Duane Mosier	Garrison Commander
Scott Gibson	Public Affairs Officer
George Marcec	Command Information Officer

Fort Leavenworth Lamp Staff

Prudence Siebert	Editor			
ftlvlampeditor@gmail.com				
Melanie Libby	Summer Intern			
Emilio Gutierrez	Summer Intern			

FMWR Advertising Staff

Marketing Director Mary Manago mary.f.manago.naf@army.mil, 913-684-1702

AAFES, AER roll out special donation option for Army's 250th birthday

by Army and Air Force Exchange Service Public Affairs News Release

DALLAS – As the nation celebrates the Army's 250th birthday, the Army community can make a big difference with a small symbolic gift while shopping at the Post Exchange in June.

In recognition of the oldest U.S. armed service branch's 250th birthday on June 14, authorized shoppers can make a \$2.50 donation to Army Emergency Relief at Army and Air Force Exchange Service in-store registers, including self-checkout, throughout the month of June.

Army Emergency Relief was founded in 1942 by then-Secretary of War Henry Stimson and Army Chief of Staff Gen. George Marshall and supports the well-being of soldiers, retired soldiers and Army families by helping alleviate financial stress and promoting economic stability.

"Through zero-interest loans, grants and educational scholarships, AER assists soldiers facing financial hardship," said retired Sgt. Maj. of the Army Michael A. Grinston, AER CEO. "As the Army marks 250 years of bravery and service, AER is 'Honoring the Past — Securing the Future' and encouraging all soldiers and soldiers for life to make a special \$2.50 donation on their next visit to the PX."

In 2024, Exchange shoppers donated more than \$2.7 million to AER, the Air Force Assistance Fund and Navy-Marine Corps Relief Society. Since 2017, donations to all three have totaled nearly \$11.8 million.

"Today's modern Exchange benefit began as the Army



FAMILY > SERVING < FAMILY

...because there are times when we all need a helping hand.

Your contribution provides critical support to fellow military members and their families. Donate at the register to Army Emergency Relief



Exchange Service," said Tom Shull, Exchange director/CEO. "Our connection to the U.S. Army mission, and the heroes and families that serve in its ranks, goes back nearly 130 years. We are truly honored to do our part to offer this special donation option as the Army celebrates 250 years of sacrifices, achievements and the true spirit of American

. warriors."

To learn more about the Exchange's support for military assistance funds, visit https://publicaffairssme.com/Community/give.

Visit https://www.armyemergencyrelief.org to learn more about AER.

Bath Annual Sweet Exchange Bake Sale Deterfort the Alzheimer Association & The Deeper Window Association Saturday, June 14 7 am to 7 pm KCKCC Pioneer Center

1901 Spruce Street

Join the heartfelt community effort started by KCKCC graduate, Morgan Belardo, in memory of her father, Jose H. Belardo III.

Enjoy delicious baked goods hand crafted by professional bakers.

Support Alzheimer's Longest Day & The Deeper Window Association and help people living with dementia.

Bring your sweet tooth and a generous spirit. Every bite makes a difference!



MAHC announces civilian employees of quarter

by Maria Christina Yager/Munson Army Health Center Public Affairs Officer

Munson Army Health Center announced Medical Technician Bridgette Sutton, Laboratory Services, and Neuropsychologist Dr. Patrick Armistead-Jehle, Mental Health Department, as recipients of the Civilian Employee of the Quarter award for the second quarter of fiscal year 2025. These awards recognize outstanding contributions to patient care, mission support and the embodiment of the Defense Health Agency's core values.

Sutton has consistently demonstrated an unwavering commitment to patient care and has been recognized by both patients and staff for her exceptional service. Patients have specifically commended her outstanding customer service in the laboratory on separate occasions this quarter. Beyond her direct patient care responsibilities, Sutton diligently manages all inventory and supplies for the phlebotomy room and the front of the lab. Her proactive efforts have ensured zero delays in patient care, even during national shortages of critical phlebotomy supplies.

Armistead-Jehle is supporting service members and optimizing resource utilization by providing professional neuropsychological test interpretation services to four different military treatment facilities within the Defense Health Network West. His expertise reduces gaps in care, facilitates better-informed treatment plans and allows for more efficient resource allocation. Armistead-Jehle has provided 101 virtual visits

and averages 60-70 patient encounters per month.

"Ms. Sutton and Dr. Armistead-Jehle exemplify the best in civilian service," said Col. Jolanda L.J. Walker, MAHC director. "They consistently live (the Defense Health Agency's)

values of dependability, humility and agility, inspiring us all in our mutual pursuit of unrelenting excellence through driving change that leads to increased health and readiness, anytime, anywhere - always."

Bridgette Sutton, LEFT, medical technician at Munson Army Health Center, and Dr. Patrick Armistead-Jehle, RIGHT, neuropsychologist at

worth community and beneficiaries in the greater Kansas City area, MAHC provides compassionate, efficient and highly reliable health care. MAHC's mission is to enable soldier readiness and promote Serving the Fort Leaven- health for all those we serve.

Photos by Maria Christina Yager/Munson Army Health Center Public Affairs Officer

For civilian career opportunities in the Defense Health Agency visit US-AJobs.gov and search "Military Treatment Facilities under DHA".



MAHC, have been named Civilian Employees of the Quarter for the second quarter of fiscal year 2025.





Photo by Maria Christina Yager/Munson Army Health Center Public Affairs Officer

Munson Army Health Center Licensed Practical Nurse Jessica Blaser gets one of MAHC's littlest patients checked in for a well-baby visit June 10 at the center. Wellbaby appointments are crucial for tracking growth, development and addressing any concerns parents might have. Appointments are recommended for ages newborn, 2 weeks, 2 months, 4 months, 6 months, 9 months, 12 months, 15 months, 18 months and 2 years. Call 913-684-6250 to schedule an appointment. Learn more at https://tricare.mil/CoveredServices/IsItCovered/WellChildCare.

CAC, Fort Leavenworth to celebrate Army's 250th birthday with sports day

CAC Army 250th **Birthday Celebration**

1775



THIS WE'LL DEFEND



	Sports Day Event	Location	Host/Speaker
6am - 8am	PRT Competition	Harney Gym / Bubble Gym	CAC-T
9-9:30 am	Opening Remarks and Proclamation	Lewis and Clark Front Courtyard	Host: LTG Beagle & Gov Kelly (KS)
	Quiz Bowl	Lewis and Clark Center	ArmyU

The Combined Arms Center and Fort Leavenworth will celebrate the U.S. Army's 250th birthday June 13 with a sports day, cake cutting and other activities. Festivities begin at 9 a.m. with a special proclamation from Kansas Governor Laura Kelly, followed by games, activities and celebrations across the installation. Event times/locations are subject to change. Visit the Combined Arms Center Facebook page at https://www.facebook.com/USACAC/ for more information.

NW Prairie View Rd 816-420-9000 w.worthharley-davidson.com

Registration open for Iocal NFL ProCamps Kansas City Chiefs defensive end to lead youth football camps July 14-15

by Melanie Libby/Fort Leavenworth Lamp Intern

Kansas City Chiefs Defensive End George Karlaftis will host a football training camp for Fort Leavenworth military youth July 14-15. During the camp Karlaftis will speak on the importance of active living and the celebration of military children's sacrifices.

This free camp will be from 9 a.m. to noon each day. All events for participants will take place at the Unified School District 207 football field, also known as Normandy Field.

The camp is available for youth between the ages 6-14, with 150 available spots. Participant registration forms can be found at the Post Exchange, Fort Leavenworth Commissary, Strike Zone Bowling Center, Gruber Fitness Center and Harney Sports Complex. One registration form is required

for each participating child. Registration for the camp will remain open until all slots are filled.

This camp marks the third consecutive year NFL ProCamps have been hosted at Fort Leavenworth, as well as the first camp in recent years to be hosted by a Kansas City Chiefs player. Karlaftis, 2019 U.S. Army All-American Defensive Player of the Year and 2021 graduate of Purdue University, has made three Super Bowl appearances with the Chiefs in Super Bowls LVII, LVIII and LIX. Additionally, Karlaftis has been awarded championship rings from Super Bowls LVII and LVIII. Previous hosts of this Fort Leavenworth camp include Deuce Vaughn of the Dallas Cowboys and Ben Sinnott of the Washington Commanders, both of whom are Kansas State University graduates.

E ALL YOU CAN BE DOESN

END AFTER YOU SERVE.

FREE NFL FOOTBALL CAMP

HOSTED BY DEFENSIVE END



JULY 14 & JULY 15, 2025 USD 207 FIELD

OPEN TO BOYS & GIRLS AGES 6-14 WHO ARE DEPENDENTS OF ACTIVE DUTY, RETIREES AND DOD CIVILIAN EMPLOYEES

DAY 1 AND DAY 2 SIGN IN TENT OPENS AT 8:00 AM CAMP RUNS 9:00 AM - 12:00 PM

PIZZA WILL BE SERVED AFTER CAMP ON BOTH DAYS TO CAMPERS AND THEIR FAMILIES

REGISTRATION IS CURRENTLY OPEN!

REGISTRATION FORMS AVAILABLE AT THE EXCHANGE CUSTOMER SERVICE COUNTER, MASS DISPLAY AREA IN THE FRONT OF THE COMMISSARY, STRIKE ZONE BOWLING CENTER, GRUBER GYM AND HARNEY GYM. ONLY 1 REGISTRATION PER CHILD IS REQUIRED.

Army personnel bring a hard-earned skillset to the workforce. Leadership, discipline, teamwork, problem-solving. These qualities are an asset to a wide variety of trades working with dozens of different EMCOR companies. Looking for a post-military career? Look to us.





Where good work is



Local Classes. **Global Respect.**

leavenworth.ku.edu



CGSOC graduation(continued from Page A1)



Photo by Emilio Gutierrez/Fort Leavenworth Lamp Intern

Command and General Staff Officer Course graduates stand to be recognized during the graduation ceremony for the CGSOC Class of 2025 June 6 at the Lewis and Clark Center. Visit https://www.flickr.com/photos/usacgsc/albums/ for more photos from the ceremony.

said. "I was the richest person because of the experiences that I've had, the places that I've been, and, most importantly, the people that I had gotten to know and serve with along the way — not just the service members, but I would argue more importantly, the families and the communities that I've been able to raise my kids in."

Hardman's remarks not only reminded the graduates of the richness their careers would provide, but also how they can find success outside of their careers.

"Rank and position are not 'success.' Don't give your self-worth over to a bunch of strangers sitting on a board. Define it for yourself," Hardman said.

Hardman concluded his speech by offering encouragement for the graduates' futures.

"None of us know what missions or tasks are truly in front of us. There are high expectations, though, on all of you for your leadership and warfighting capabilities, but those expectations come from a place of profound respect," Hardman said.

Master of military art and science or master of operational science degrees were conferred to 907 of the graduates, with 55 students crossing the stage to receive their MMAS, and 18 section leaders walking the stage to represent their peers.



Command and General Staff School Director Col. David Norris presents the Brigadier General Benjamin H. Grierson Award for Excellence in Strategic Studies to Maj. Spencer Bates during the graduation ceremony for the Command and General Staff Officer Course Class of 2025 June 6 in Eisenhower Auditorium at the Lewis and Clark Center. Finalists for the award included Maj. Callum Knight and Maj. Zakariae Tiddarine.

Photos by Emilio Gutierrez/Fort Leavenworth Lamp Intern





ABOVE: CGSC Dean of Academics Dr. Dave Cotter congratulates

Maj. Dylan Whee Sian Lee of Singapore, winner of the General Douglas MacArthur Military Leadership Writing Competition and recipient of the Birrer-Brookes Outstanding Thesis Award, during the CGSOC graduation June 6 in Eisenhower Auditorium. LEFT: Guest speaker Brig. Gen. Matthew Hardman, deputy commanding general (Maneuver), 1st Infantry Division, receives an honorary master of military art and science from Cotter and CGSC Commandant Lt. Gen. Milford Beagle Jr. during the 2025 CGSOC graduation ceremony June 6 at the Lewis and Clark Center. Hardman is a 2009 graduate of CGSOC.

CGSOC award recipients

General George C. Marshall Award (Distinguished U.S. graduate) Maj. Samantha Domingue

General Dwight D. Eisenhower Award (**Distinguished international graduate**) Maj. Zakariae Tiddarine, Morrocco

General Colin L. Powell – Interagency Award for Excellence Elizabeth Holcombe, Department of State

General Douglas MacArthur Military Leadership Writing Competition 1st: Maj. Dylan Whee Sian Lee, Singapore 2nd: Maj. Benjamin Garlick 3rd: Maj. Callum Knight

Arter-Darby Military History Writing Award Maj. Phillip Savoie

> **Arter-Doniphan Award** Maj. Samantha Domingue

General John J. Pershing Award Maj. Daniel Sullivan, 10th Special Forces Group, Fort Carson, Colorado Iron Major (Male) Maj. John Bomsta

Iron Major (Female) Maj. Jordan Miller

Armed Forces Communications Electronics Association (AFCEA) Excellence in Information Warfare Writing Award Maj. Joel Richardson

Lieutenant Colonel Boyd McCanna "Mac" Harris Leadership Award Air Force Maj. Mathew Jerrell

Birrer-Brookes Outstanding Thesis Award Maj. Dylan Whee Sian Lee, Singapore

Major General Hans Schlup Award Lt. Col. Emad Odeh Awwad Alwreikat, Jordan

Major General James M. Wright Distinguished Master Sustainer Award Winner: Maj. Joshua Moore Finalists: Maj. Lakesa Cobb and Maj. Matthew Giersdorf George S. Patton Distinguished Master Tactician Award Winner: Maj. John Bolen Finalists: Maj. Phillip Savoie, Maj. Stewart Tice and Maj. Royce Lawrence

> Homeland Security Studies Award Navy Lt. Cmdr. Adam Biggs

Excellence in Joint Service Warfare Award Maj. Hilary Schultz

Brigadier General Benjamin H. Grierson Award for Excellence in Strategic Studies Winner: Maj. Spencer Bates Finalists: Maj. Callum Knight and Maj. Zakariae Tiddarine

Father Donald M. Smythe Military History Award Maj. John Bolen

Lieutenant Colonel Ronald C. Ward Distinguished SOF Student Award Maj. Benjamin Garlick

Pet of the Week: Rocky





Rocky is a 10-month-old mixed-breed dog available for adoption at the Fort Leavenworth Stray Facility. He has already been neutered, vaccinated and microchipped, which are included in his adoption fee of \$155. Rocky is a low- to medium-energy dog and is very good with children. Call 913-684-4939 to make an appointment to meet him. E-mail fortleavenworthstrayfacility@gmail.com for an adoption application.

Visit www.FLSF. petfinder.com for adoptable pet profiles. Call 913-684-4939 for more information. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility.

The Fort Leavenworth Stray Facility, at 510 Organ Ave., is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday; 9 a.m. to noon the second Saturday of the month; and by appointment for pre-approved adopters. Call 913-684-4939 to schedule an appointment.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed.

To apply to volunteer with the Fort Leavenworth Stray Facility, visit https://vmis.armyfamilywebportal. com/, enter ZIP code 66027, then search for "stray animal facility."

Photos by Prudence Siebert/Fort Leavenworth Lamp

Fort Leavenworth Stray Facility 510 Organ Ave // (913) 684-4939





Adoptions • Volunteer Opportunities

HOUSING UPDATES

■ Curbside **BULK PICKUP IS NO LONGER AVAILABLE**. For large item recycling or disposal, see the options listed in the "PCS purge' resources" article in previous issues of the *Fort Leavenworth Lamp*.

■ City Union Mission will be doing **PICK-UPS OF GENTLY USED ITEMS** June 14 and June 28. Residents will receive an e-mail from FLFHC the week of pick-ups with a form to sign up.

■ Temporary **ON-POST TRASH BINS** for summer PCS season are at W. Warehouse Road near the Directorate of Public Works, USDB Sales Store and FMWR Horse Stables. Do not leave items on the ground. Residents must load their own items. Follow posted guidelines. ■ To keep streets clear during busy moving season, **PARK ONLY IN DESIG-NATED, PAVED AREAS**. No parking is allowed on grass, sidewalks, patios or landscaped areas. Recreational vehicle parking is only permitted for up to 48 hours for loading/unloading; longer stays require FLFHC approval and a visible Exception to Policy notice. Garage storage is allowed if the door can close fully. For long-term storage, contact FMWR Outdoor Recreation.

■ CLEAR LAWNS of toys, hoses, bikes, trash, solar lights, fire pits, etc., before scheduled mowing. Mowers will skip areas that aren't cleared. Mowers are not responsible for damaged items. Children must stay away from mowers. Approaching or chasing equipment is prohibited and may delay service.



SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: https://home.army.mil/leavenworth/about/news

Hiring Our Heroes











Join the Fort Leavenworth Exchange and Commissary for games, discounts, cake cutting and refreshments.

FRIDAY JUN 13TH 1100-1300 EXCHANGE MAIN STORE



LEAVENWORTH JOIN EBRATING THE ARM

Friday, 13 JUNE 2025 LUNCH MEAL HOURS: 1200-1500

HOLIDAY MEAL RATE Cash & Card Accepted* - \$11.55 *Please have cash available in the event of technical issues SIRLOIN STEAK (SAUTEED ONIONS & MUSHROOMS) ROAST TURKEY SOUTHERN FRIED CATFISH EGGPLANT PARMESAN TURKEY / BROWN GRAVY BAKED POTATOES RICE PILAF GLAZED CARROTS GARLIC ROASTED ASPARAGUS



BIRTHDAY CELEBRATION SCRAMBLE

\$50 for Members \$60 for Non-members Includes flight and hole prizes, Titleist Tee gifts (for every player), greens, carts fees, and a lunch of eens, carts fees, and a lunc rgers, hot dogs, and brats. ble for ns are av purchase at the Pro Shop.

Cer.

Register by COB June 11th. Trails West Golf Course 306 Cody Rd Fort Leavenworth, KS 913-651-7176 RTH.ARMYMWR.COM



'Drive-thru & Grab-n-Go will be closed for this meal* *Breakfast & Dinner hours will remain normal

Address: 400 Iowa Road Bldg. #638

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BOSS PRESENTS

mun

Outdoor Pools Open May 23rd! MWR

Join us during our special opening day after school hours! 3 pm - 6 pm



at 913-684-2190 for weather updates and pool closures before you g



nacks and drink can be purchased at the snack bar No outside food or drinks are authority

> For all movies children 12 and under MUST be accompanied by an ADULT! CASH only at the snack bar!

.....

For more info call: (913) 684-2736 • Or visit our website leaven

SHRIMP COCKTAIL PASTA SALAD GEMAN TOMATO SALAD MIXED FRUIT SALAD

ASSORTED BREADS AND DESSERTS

Fort Leavenworth 2025 Pool Season

Hancock Pool

Open 7 days a week / when school is not in session 11 am - 6 pm Family Swim **Open on Training Days and Holidays**

Grant Pool

Open 7 days a week 11 am - 1 pm Adult Lap Swim 1 pm - 6 pm Family Swim **Open on Training Days and Holidays**

Bernstein Memorial Pool Indoor

5 am - 6 pm Adult Lap Swim / M - F **Closed on Training Days and Holidays**

Outdoor Pool Passes

Passes must be purchased at Harney \$5 daily admission (cash only at the door) \$120 Family Season Pass for 4 (\$20 each additional member) \$60 for half pass May 23 - July 9 or June 30 - Sept 1 \$40 for Individual Season pass



- JUNE 14: STANDARD BULK PICKUP
- JUNE 28: BONUS BULK PICKUP - TAKE ADVANTAGE OF THE EXTRA **OPPORTUNITY TO CLEAR OUT UNWANTED ITEMS!**



Mon- Fri 8:00 a.m.-4:30 p.m. with limited hours Thur 1-4:30 p.m. | 913-684-HELP (4357) / 2800

ULY 2025 Resiliency Center, 600 Thomas Ave, Building 198 ***ACS is closed for lunch from 1130-12:30pm daily**

NEW PARENT SUPPORT PROGRAM **Call 913-297-3212/ 9704 to register for all NPSP classes & events

Stroller Walk Tuesdays, 9:00am Meet in front of **Resiliency Center**

Toddler Time Wednesdays, 9:00am **Resiliency** Center Playroom

Story Time Wednesdays, 10:00am **Resiliency** Center Room 157

> **Play Morning** Thursdays, 9:00-10:00am & 10:00-11:00am **Resiliency Center** Playroom



gglesand Fridays, 10:00 - 11:00am

Resiliency Center Playroom

Childbirth Class Series July 14, 21 28, 5:00-7:00pm Resiliency Center Room 157



Dad's Night Out July 23, 6:00-8:00pm Restaurant TBD

Mom's Night Out July 30, 6:00-8:00pm **Restaurant TBD**



Did you know that Home Visits are available for pregnancy through 3 years of age? Schedule your appointment with the NPSP team today!



FAMILY ADVOCACY PROGRAM

**Registration Required for all FAP events. Classes at Resiliency Center, Room 145

> **Co-Parenting Series** July 7, 14, 21, 28 11:00am-1:00pm

Stress Management July 17, 11:30am- 1:00pm



5 Love Languages for Couples July 16, 1:00-2:30pm

CALL ACS TO REGISTER FOR CLASSES TODAY! ALL EVENTS ARE FREE!

Join Us for our Lecture Event recognizing: The Distinguished History of the 9th and 10th Cavalry Regiments "Buffalo Soldiers"



Friday, July 25, 2025 @ 0900 at the Frontier Conference Center 350 Biddle Blvd. Fort Leavenworth. KS 66027 Open to Military, Civilians and Familie

Hosted By: LTG Milford H. Beagle, Jr. Commanding General, Combined Arms Center and Fort Leavenworth

Featuring Guest Lecturer: Dr. Katherine Dahlstrand Historian, Team Chief, Research and Books, Army University Press -Military: Duty Uniform Civilians: Casual

Join the DOD **Bone Marrow Registry**!

All it takes is a few minutes to complete a conse form and a swab of each ch

26 June 2025 1000-1400 Ft. Leavenworth PX

SSG Christopher Womack 580-786-6798 christopher.d.womack10.mil@army.mil One swap can save a life!

/leavenworth.armymwr.com/

facebook.com/FortLeavenworthACS facebook.com/FortLeavenworthFMWR https://home.army.mil/leavenworth/







ACS Family Advocacy New Parents Support Program Presents

Toddler Time Playgroup

Free toddler play group.

 Open to ages 2-3 years old with adult.

 Offers an introduction to preschool routines, explores educational concepts, and builds social skills through hands on experiences and activities.

Wednesdays (a) 9:00am

Located at the Army Community Service Resiliency Center 600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text 913-297-3212 at 913-297-970A







Free Open to ages 3 months - 3 years old with adult.

Join us for storytime to use our imagination and develop a love of books

Storytime fasters early literacy skills, language development, and social growth.

Every Wednesday @ 10:00 am

Located at the Army Community Service Resiliency Center 600 Thomas Ave. Fort Leavenworth, Kansas **Registration required call or text** 913-297-3212 or 913-297-9704

ACS Family Advocacy New Parent Support Program av Morning

Thursdays from 9-11:00 a.m.

Ages 3 months – 3 years with Guardian • Resiliency Center

Free play group for ages 3 months - 3 years and their parents/guardians.

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.

www.facebook.com/acs.fortleavenworth

Army Community Service | Resiliency Center | 600 Thomas Ave. | Fort Leavenworth, Kansas Registration required, cut off is day before event (913) 297-3212 or (913) 684-2800 V 🧐 f



Get their wiggles out and join in some baby giggles!



Take a moment to connect with other parents! Babies learn through play! So let's get on the floor and explore!

For more info or to register call 913-297-3212/ 9704





MWR/

Come on out to the SKIES Open House!

JULY 24 2025 5:30pm - 7:00pm

LET'S G0!

SKIESUnlimited offers a variety of classes for Children and Youth conveniently located right here on Fort Leavenworth! Instructors in Theater, Taekwondo

Ballet, Jazz & Tap, Gymnastics, Violin, Guitar, Ukele, and Piano will be available to meet families and answer questions!

Take in the charm of the historic Patch Community Center while enjoying free light refreshments and meeting our talented instructors!

Patch Community Center 320 Pope Ave Fort Leavenworth, KS

For more info call: 913-684-3207 or text: 913-704-7595



SKIES Building / 320 Pope Ave / Ft. Leavenworth, KS **Ballerina Tutu Camp***

Make magical memories this summer with our new **Ballet Summer Camps!**

Can't bear to part with your tutu at the end of Ballerina Tutu Camp? SKIES has a variety of tutus available to purchase for only \$50! Tutu purchase is not required to attend camp, sales are first come, first served

\$36 a Camp limited spaces enroll today!

*

MWR

June 3 - 5 Bring your own tutu or borrow one from SKIES! Ages 3 - 4 4:30pm - 5:15pm Ages 5 - 10 5:30pm - 6:15pm It's Still Summer Dance Camp July 29 - 31 No dress code required! Come as you are and get ready to dance! Ages 3 - 4

4:30pm - 5:15pm Ages 5 - 10 5:30pm - 6:15pm

Enrollment is open now Must be registered with Parent Central Call for more info 913-684-3207



SKIESUnlimited

Now offering new class

Tuesdays & Thursdays Ages 6 - 12 at 4pm

Brand new, fun, and physical classes taught by a certified black belt in Tae Kwon Do.

Ages 6 - 12 at 5pm Joint class w/ Parent or Guardian

Gruber Fitness Center Martial Arts Room 200 Reynolds Ave Ft. Leavenworth, KS

Must be registered at Parent Central to attend classes. Classes will remain open until full. Call for more info: 913-684-3207

Come get a kick out of Tae Kwon Do!

Leavenworth.armymwr.com



Worlds of Fun Season Gold Passes are here!

Purchase @ **Leisure Travel Services 310 McPherson Ave** Bidg 464 913-684-2580

\$93.25 a pass





FORT LEAVENWORTH LAMP



FREE for the entire family including shoes!

house without the kids and meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.

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ACS

New Parent Support

Prenatal Classes 2025

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MWR

Free

for

Expectant

Parents!

600 Thomas Ave

Room 157

All classes are from

5 pm - 7 pm

0-3 years of age to get out of the

Time: 6PM • Restaurants TBD Childcare, food, and drinks are not provided.

For Dads with children 0-3 years old.

For more info: (913) 297-3212 or (913) 684-2800

Childbirth Classes:

Series of three

Jan 6th, 13th, 27th Mar 3rd, 10th, 17th May 5th, 12th, 19th

July 14th, 21st, 28th

Sep 8th, 15th, 22nd

Nov 3rd, 17th, 24th

Feb 3rd **April 7th**

June 2nd

August 4th October 6th

December 1st

February 10th April 14th

June 9th

August 11th

October 20th

December 8th

Newborn Care Classes:

Breastfeeding Classes:

ACE

For Moms with children 0-3 years old.

Info: (913) 297-3212 or (913) 684-2800

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Bumpers, bowling ramps, and lightweight bowling balls are available. Pre-registration is required the Wednesday before the ever Fort Leavenworth Waiting Families, call ACS to reserve your s Call 913-684-2800 for more info or to register rve your spot! -MWR

ARMY COMMUNITY SERVICE LOAN CLOSET FORT LEAVENWORTH, KANSAS 913-684-2830/2800

Who: All Active Duty, Retiree, DA Civilian and their family members who are either perma party, TDY or PCSing.

When: M-F 0730-1630

Where: 600 Thomas Avenue (Pull into the Alley behind the ACS building and call the numbe the black sign.

Rules: Loans are limited to 30 days for in and out- processing personnel. This can be exten by phone if needed. Checkout of items for an event is limited to 10 days. Customers are responsible for replacing any item that is damaged or lost.

Items available

Spagn. Tongs

Whisks

Veggie Steamers

Large Kitchen Knives Mixing Bowls Skillets Pots with Lids

Pre-Packed Kitchen Kit:

1 Bowl (mixing) 1 Pitcher 1 Colander 1 Cutting Board 1 Skillet 1 Large Kitchen Knife 1 Large Kitchen K 4 Steak Knives 1 Peeler 1 Cookie Sheet 2 Serving Spoons 1 Spatula 4 Plastic Glasses 2 Pots with Lids 4 Plates 4 Bowls 4 Coffee cups 4 Forks 4 Spoons 4 Knives 1 Can Opener 1 Set of Measuring Spoons 1 Measuring Cup 1 Pot Holder Additional Items Available: Cheese Graters Pizza Cutters Spaghetti Servers

Glass Baking Dishes-Rectangle Glass Baking Dishes-Circle Muffin Pans Hand Mixers

Plates Bowls Coffee Cups Blenders Coffee Makers Crock Pots Loasters Rice Cookers Microwayco Indoor Grills Electric Skillets Panini Grills Plastic Glasses Utensils

Square Tables Circle Tables Folding Chairs Strollers Baby Gates Booster Seats Cribs High Chairs Pack and Play Laundry Baskel Laundry Baskets Sleeping Mats Irons Ironing Boards Trash Cans



act 913-297-3212





Victim Advocate Hotline: (913) 684-2537 Child Abuse Hotline: (913) 684-2111 SHARP Hotline: (913) 683-1443 Chaplain: (913) 683-1443 **AER Assistance After Hours:** American Red Cross at (877) 272-7337

WE ARE THE ARMY'S HOME | HOME.ARMY.MIL | ARMYMWR.COM

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FORT LEAVENWORTH LAMP

THURSDAY, JUNE 12, 2025



Summer

may be over.

but the FUN is just beginning!

YOU DON'T

WANT TO

MISS THIS!



23 July: Games, snacks, and music

1 25 July: 4pm - 8pm Dashboard Tour, Tour of Ft. Leavenworth, DJ, BBQ, games





03 FEB 2025

PROGRAM DIRECTORY

		AAA	
Program	Staff Nember	Office Phone	Emeil Address
Director	Vacant ACS Director	913-684-2837 913-683-9069	
AER (Army Emergency Relief)	Red Cross 24/7 Hotline (Request AER Assistance)	877-272-7337	Duty Hours: 913-684-2800
Relocation Readiness, Mobilization & Deployment, Loan Closet	Reagan Sawyer ACS Manager	520-692-6153	reagan.e.sawyer.civ@army.mil
EFMP (Exceptional Family Member Program)	Charise Risper ACS EFMP Manager	520-692-6363	charise.m.risper.civ@army.mil
	EFMP Systems Navigator (Contractor)	913-684-2838	
Employment Readiness	April Rogers ACS Employment Readiness Program Specialist	520-692-6250	april.m.rogers6.civ@army.mil
SOS (Survivor Outreach Services)	Gregory Bailey SOS Coordinator	520-692-6179	gregory.t.bailey8.civ@army.mil
Family Advocacy Program	Jayme Robinson ACS FAP Manager	520-692-6303 913-547-2512	jayme.e.robinson.civ@army.mil
	Reve' Montour ACS FAP Specialist	520-692-6378	reve.m.montour.civ@army.mil
	Tammy Rita FAP Site Coordinator	520-692-6323	tammy.r.rita.ctr@army.mil
Victim Advocate 24/7 Hot- line		913-683-2537	
Financial Readiness	Josephine Woods Financial Readiness Program Manager	520-716-4951	josephine.woods3.civ@army.mil
	Marco Miros Personal Financial Counselor	816-500-3163	mirosm@magellanfederal.com
Information and Referral	Shaleena Thomasson ACS Specialist	913-684-2800 520-715-7984	shaleena.d.thomasson.civ@arm y.mil
MFLC (Military & Family Life Counselor)	Rachelle Huddleston Adult MFLC	256-749-7169	
	Julian Brown Adult MFLC	571-497-9321	
NPSP (New Parent Support Program)	Amy McCauley New Parent Support Home Visitor	913-297-3212	amy.r.mccauley.ctr@army.mil
NPSP (New Parent Support Program) Terra Garland New Parent Support Home Visitor		913-297-9704	terra.g.garland.ctr@army.mil
Operations Support	Madelaine Wise Operations Support Assistant	913-684-2800 520-942-2644	madelaine.t.wise.civ@army.mil



ACS Employment Readiness Program **Menu of Services**

One-on-one appointments and workshops to assist with:

- Career exploration and planning
- Skills and personality assessments
- · Education and skills attainment
- Civilian and Federal resume assistance
- Employer referral and job search assistance
- Interview skills and professionalism

For more information, contact the ACS Employment Readiness Program Specialist 913-684-2835/2800





600 Thomas Ave, Bldg. 198, Fort Leavenworth, KS 66027, (913) 684-2800/4357 Monday—Friday 0730-1630

EMPLOYMENT READINESS PROGRAM (ERP): 913-684-2835

er planning and exploration, resume writing, fede ant, and interview skills. Classes held weekly EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP): 913-684-2871

mation, referrals, and personal services. Play gro Supports family members with special needs by providing info and recreational bowling are available to join.

FAMILY ADVOCACY PROGRAM (FAP): 913-684-2808/2822; Focuses on the prevention of domestic violence and child abuse/neglect. Seminars, workshops, and cour help improve quality of life.

- nseling are offered to Victim Advocate (VAP) provides initial contact and advocacy for victims involved in abuse. Services include emergenc assistance, information, referrais, and support in accessing medical, legal, and behavioral health services. 24/7 Victim Advocate Holine 9136842537
- New Parent Support Program (NPSP) offers emotional and parents with children ages 0-3. 913-684-2873/2845 upport parent education and referrals to expecting parents

FINANCIAL READINESS PROGRAM: 913-684-2852

Education, information, and assistance in consumer issues, financial, planning, family budgeting, and debt management matters Army Emergency Relief (AER) assists Soldiers and their families members in emergency financial situations in the form of loans and grants.

INFORMATION, REFERRAL, & FOLLOW-UP (IR&F): 913-684-2800

Information counseling about Army Community Service (ACS) programs, installation after referrals have been made to appropriate resource.

MILITARY FAMILY LIFE COUNSELOR (MFLC): 913-375-4732/571-497-9321 Licensed professionals who assist Soldiers and family members with non-medical counseling to address short-term cor and issues of daily life.

RELOCATION (RELO): 913-684-2830

Supports Soldiers and family members moving to or from another duty station. In-processing and out-processing briefs are hele each week. Loan Closet offers kitchen and other household items that can be borrowed for up to 30 days

- Mobilization and Deployment helps to better prepare Soldiers and families for a pending deployment
- SURVIVOR OUTREACH SERVICES (SOS); 913-684-2821

Supports families of Fallen Soldiers. Reassures survivors they remain valued members of the Army Family by offering counsel ng, support groups, and events within garrison and surrounding area.

VOLUNTEER MANAGEMENT: 913-684-2835

English as a Second Language (ESL) offers multi-level conversational English classes





HARROLD YOUTH CENTER

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STIVE Z

Great Pay! Amazing benefits! What are you waiting for? Apply to Fort Leavenworth Child and Youth Services today!

Ready

Scan here to apply! ArmyMWR.com/cyscareers



up? Get paid to play!

to level

Medical, Dental, Vision, & Life Insurance Benefits*

Retirement & 401K

Regular Full-Time/ Part-Time and FLEX Hours Available

Paid Leave and Paid Federal Holidays for Full-Time & Part-Time Career Progression & Paid Training

Priority Child Care Placement & Employee Child Care Discounts

Access to Commissary & AAFES Shopping Privileges & MWR Facilities Job Transfer Program Worldwide Through Civilian Employment Assignment Tool

*Conditions Apply

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inancial Readiness Milestone Training

Are you financially prepared for what life throws your way? Let us help! We offer free **Financial Readiness Training** on a variety of subjects.

he topics we will discu Pre-Deployment

Post-Deployment PCS Marriage Divorce Vesting in TSP First Child **Continuation Pay** /iniurv/condit Disabling sick

Held monthly every 2nd & 4th Thursday @ 0900am - 1100am. Bidg 198 Room 157







(913) 684-2800



- Bear in mind that the IRS does not text taxpayers; the IRS contacts taxpayers through the U.S. Postal Service
 unless in special circumstances wherein taxpayers would be contacted by phone.
- · Do not click on links received in text messages, or reply to text messages, if the sender is unknown or the message looks ques



Supervision of Children or Home Alone Policy Per CAC Supplement to Army Regulation 608-18

lidren with a history of Attention Deficit Hyperactivity Disorder (ADHD), Attention Defici der (ADD), Developmental Delay, behavioral problems, impulsivity, psychiatric problems or special needs should not be given the degree of self-management or responsibility allowed in this policy.

HOME ALONE?

- Birth to 9 years old NEVER
 Ages 10 & 11 Can be left up to 2 hours with an emergency plan in place and access to an adult (NEVER averaight) but not dropped off at F&MWR without adult supervision
 Ages 12 to 14 Up to 3 hours with an emergency plan in place and an adult checking on them in person or telephonically NEVER averaight)
 Ages 15 to 17 Up to 6 hours (NEVER averaight) with an emergency plan in place and access to an adult checking on them in person.

BABYSITTING?

- Birth to 11 years old NEVER Ages 12 to 14 Must have completed a C/S approved babysitting course. May babysit with an adult checking an thenevery 3 hours in person or telephonically (NEVER overnight) Ages 15 to 17 Must have completed a C/S approved babysitting course. May babysit up to 6 aurs with ready access to adult supervision (NEVER overnight) UNATTENDED IN VEHICLE?



Birth to 9 years old - NEVER
 Ages 10 and older- Yes under normal weather condition
 UNATTENDED OUTSIDE?

- Birth 4 years Direct supervision, NEVER LEFT ALONE Ages 5 to 6 Immediate supervision, MUST be within cyesight or hearing distance from sup respond to an emergency in 30 seconds: Ages 7 to 9 Monitored supervision, If in a playground or yard access to adult supervision and 11 times. Ages 10 A 11 Self-care supervision up to 2 hours with access to adult supervision Ages 12 to 14 Self-care supervision up to 3 hours Ages 15 to 17 Self-care supervision up to 3 hours Ages 15 to 17 Self-care supervision up to 6 hours Children 11 and under will not be dropped off at FAMWR activities without adult supervision per palicy guidance. adult with the ability to

- Kindergarten must be accompanied by an adult to and from school $1^{10}\,$ Grade and above May walk to and from school and supervised activities ale During school year children 9 § younger must be escorted across heavy traffic (i.e., Grant, Hancock and Biddle)
- - CURFEW (Childre nted for by a parent during the following time p
- Ages 15 and younger is 2230-0600 hours.
 Ages 16 and 17 is 0030-0600 hours.

ons? Call Family Advocacy Program Manager (FAPM) at (913) 684-2822, Behavioral Health at (913) 684-r Military Police at (913) 684-3456 a complete Supervision of Children and Home Alone Post Policy please contact the FAPM. [19 Oct 21]

The Safe Helpline is available 24/7 for victims of sexual assault.

Talk to someone who understands:

safehelpline.org









FORT LEAVENWORTH LAMP



May, June & July

Kids Weekly Classes

Messy Art

\$12 per class

Ages 7+

Thursday May 15 10:30am - 11:30am

Thursday May 29 10:30am - 11:30am

Thursday June 26 10:30am - 11:30am

Thursday July 10 10:30am - 11:30am Parent & Toddlers

\$10 per class

Color Me Happy

Thursday May 8 10:30am - 11:30am

Thursday May 22 10:30am - 11:30am

Thursday June 5 10:30am - 11:30am

Thursday June 19 10:30am - 11:30am



Summer Studio Days \$15 per class

Kids Ages 6-11 **Tuesday - Friday**

Kids a	Summer	Events
--------	--------	--------

Crafts

\$20 per craft

& Card

May 1

& Card

June 12

Thursday

Thursday

Mother's Day Gift

10:30am - 12pm

Father's Day Gift

10:30am - 12pm

Art History

\$15 per class (ages 7+)

Muffins & Michelangelo Wednesday May 14 Ipm - 3pm

Rocket Pops & Ross Tuesday June 17 1pm - 3pm Wednesday June 18 11am - 1pm

D





h from 10am - 2pm

Every 4th Saturday of the month from 10am - 2pm

Deadline to register is the day

efore class. Ages 18+

available for all of your framing needs!

Military Prints Art Projects Photography Prints Graduation Certificates Etchings/Engravings Restoration



WE ARE THE ARMY'S HOME | HOME.ARMY.MIL | ARMYMWR.COM



WHO:

All families, children (ages 4-11), and volunteers are welcome!

WHAT:

Vacation Bible School (VBS) - A fun, faith-filled experience with Bible lessons, games, crafts, music, and snacks.

WHEN:

August 1-3, 2025 Friday: 1700-2000 Saturday: 1000-1300 Sunday: 800 - 1100 Family Worship & VBS Celebration

WHERE:

Frontier Chapel & Pioneer Chapel Fort Leavenworth, Kansas

HOW TO REGISTER:

Registration begins 14 JUL 930 - 1600 in-person at Frontier Chapel

- Sundays: 800 1230 Frontier and Pioneer Chapel
- Monday Thursday: 930 1600 Frontier Chapel
- Fridays: 930 1300 Frontier and Pioneer Chapel

POCs – Directors of Religious Education:

Mr. Carl Tillery, carl.l.tillery.civ@army.mil Ms. Syeeda Echols, syeeda.j.echols.civ@army.mil







St. Ignatius of Loyola **Catholic Community** FORT LEAVENWORTH

celebrating God's Greatest Gif

June 2025



MASS TIMES Pioneer Chapel Tuesday - Friday 1200

CONFESSIONS Pioneer Chapel Tuesday - Friday 1130-1200

Frontier Chapel anday 0830-091

Y COUNCIL MEETING meetings, held the first Tuesday th, are open to all co ing events and

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 1830 - Confessions (F) 1930 - Mass (F) 1940 - Kulty A Arek Saccer Match (of particity actual)	2 1730 - Choir Rehearsal (r) Sarry May 2000 - 2010	3 Ne Daily Mess 1736 - PAC Meeting (P) James (James James & Converting)	4 8969 - (WOC Board & Planning 1269 - Mass (P)	5 1950 - CWOC Populais at the Paryground (Himner Dugel) 1201 - Mass (H)	6 1200 - Mass (P) 1230 - 1530 - Adoration (P)	7
8 9830 - Confemions (F) 9930 - Mans (F)	9 1730 - Choir Referensal (5)	10 1200 - Mass (F) 1966 - KofC Meeting (F)	11 1200 - Maiss (P)	12 10:50 - CWOC Populates of the Playground (ERAP Playground) 1288 - Mass (P)	13 1200 - Massi (P) 1230 - 1530 - Adoration (P)	14
15 bitio Confessions (F) 930 - Maris (F)	16 1730 - Choir Keheersal (F)	17 1200-Mass (7)	18 (200-Mass (P)	19 19:00 - CWOC Popsicies at the Playpound (FLHC Community Center) 1200 - Mass (P)	20 1299 - Mass (F) 1230 - 1830 - Adoration (F)	21
22 #30 - Confessions (F) 2010 - Mars (F)	23 1730 - Chuir Rehearsai (F)	24. Non Desily Masco	25 No Daily Mass	26 10:00 - CWDC Populcies at the Playground (Cady Park LV) No Duily Moss	27 1200 - Mass (P) 1230 - 1530 - Administrom (P) Exemuting and Party States 2 second energy (Second	28
29 BED- Confessions (I) SIDI - Mans (I) Execution (I Series Prime & Free, Execution	30. 1730 - Chule Networski (II) The First Manyor of the				-	Frontier Chapel (F) Pioneer Chapel (F)



VBS 2025 Volunteer Registration





Vacation Bible School 2025



FB: Ft. Leavenworth Club - Campus Life Military IG: @campuslifefortleavenworth

Samantha Odle (605) 569-3820 / sodle@yfc.net







Meetings with students 338 Meetings with stu to focus on their individual needs



Food, Music, & Fun begin at 6PM

Location: Merritt Lake Music begins at 6PM • Salute to the Union at 8PM

> Spectacular Fireworks Show at Dusk *********

> > Thank you to our Sponsors

IHG ARMY HOTELS

THE STATION

For more info: (913) 684-1674

Richard Allen Cultural Center &

Museum

AUGUST 2, 2025

. . .

WORTH

SAVE THE

DATE

Saint John Hospital

FORT LEAVENWORTH LAMP

Volunteers Needed

Love history? Enjoy interacting with people? This volunteer position is for you!

The Frontier Army Museum is searching for front desk volunteers. Volunteers will greet guests, answer questions, and perform additional tasks as needed.

Tuesdays (9-3), Fridays (9-3), and Saturdays (10-3) Hours are flexible. 16 and older.



Please contact Megan Hunter if interested megan.m.hunter4.civ@army.mil

> **Frontier Army Museum** 100 Reynolds Ave Fort Leavenworth, KS



MWR BRUNNER RANGE 2025 SPECIAL FUN SHOOTS

16 April	Rod & Gun Club
26 April	VFW Post 12003
17 May	Lil Weenie
21 June	Club Championship
19 July	One Gun/ One Choke
16 August	Shuck n' Chuck

History Brunch: The Four Chaplains

Saturday, June 14, 2025 10:30AM – 11:30AM Frontier Army Museum 100 Reynolds Avenue, Fort Leavenworth, KS, 66027, United States



Four recent graduates of the Army Chaplain School boarded the SS Dorchester with about 900 other military personnel on 23 January 1943 bound for Europe during World War II. Their story of faith and sacrifice will be discussed during this presentation. Presented by Dennis Brar

Griffin Gardens Greenhouse **Opening April 21st!**

Monday, Wednesday, Friday (closed 2nd Wed for training) 1300 - 1500



20 September American Legion Post 411 **Rod & Gun Club** 15 October **18 October** Lil Weenie

Contact Brunner Range for more information (913) 651-8132



Summer Warm-up 5 June - 10 July 17 July-21 August

Fall Combo 4 September - 6 November

Winter Warm-up 13 November - 18 December

Combo leagues shoot on Thursday evenings. Teams consist of 5(+/-) shooters. All teams take turns supplying an evening meal at approximately 5:30 pm with shooting commencing at 6:00 pm. Summer and Winter Warm-up leagues are individual with the same fee but no food.



Contact Brunner Range for more information (913) 651-8132

CARL SUMMER **READING PROGRAM**

iver

June 9th - August 10th **Pre-Registration has started!** Sign up at https://carl.beanstack.org/



Ft. Leavenworth International Loan Closet

Located in the alley off McClellan & Kearr Hours Vary, Check FB Page





Open to boys and girls ages 8 - 17 yrs \$65 for first child and \$55.25 for each additional child. First time golfers are recommended to go through the SKIES Instructional Golf Clinic prior to starting the SNES instructional Golf Clinic prior to starting the Youth Golf League. This is a parent participation rogram. A parent must be present with their child on e golf course. Enrollments can only be done through arent Central registration office or online Webtrac if entrally registered with CYS and there is an updated sports physical on file.

For more info call: 913-684-7525/ 7526

Fort Leavenworth **Trails West Golf Course** 306 Cody Rd Ft. Leavenworth, KS

Register between April 14 - June 10

> Tuesdays and Thursdays 4pm - 7pm



Starting May 3rd, 2025

Fort Leavenworth Group Fitness Classes

GRUBER FITNESS CENTER-200 Reynolds Ave. - 684-5120 Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530						
0900						Power Yoga (Kim)
0930		Zumba (Lydia)		Zumba (Lydia)		
1200						
1630		Zumba (Lydia)	Power Cycling (Kim)	Zumba (Lydia)		
1700	Power Yoga (Kim)					

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190 Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

*Power Cut classes are held in the Bubble Gym



Single Ticket For \$5.00 10 Tickets For \$45.00 20 Tickets For \$80.00



https://leavenworth.armymwr.com





EPENDENCE & BLUE SCRA FRIDAY, JULY 4TH



Youth Sports Fitness Ca

Registration starts April 14

June 9 - Cost S4	12	
Age Groups 5 - 8 yrs 9 - 14 yrs	Time 0900-1000 1000-1100	C Je
BASEB July 14 - Cost \$4	17	
Age Groups	Time	and the second se
5 - 8 mmc	0000 1000	

leavenworth.armymwr.com

9 - 10 yrs 1000-1100 11 - 14 yrs 1300-1400

BASKETBALL July 21-24 Cost \$40				
Age Groups	Time			
5 - 8 yrs	0900-1000			
9 - 10 yrs	1000-1100			
11 - 14 yrs	1300-1400			

leavenworth.armymwr.com

CHALLENGER SPORTS SOCCER CAMP

amps run Monday - Friday

ane 2 - 6 / July 7 - 11 / July 28 - August 1

Age Groups	Time	Cost
3 - 4 yrs	0900-1000	\$110
5 - 6 yrs	1030-1200	\$125
7 - 9 yrs	0900-1200	\$165
10-14	0900-1200	\$165

Enrollments will end on the first day of each camp. Challenger Sports Soccer Camp enrollments can only be done at CYS Parent Central. Fitness, Baseball, and **Basketball Camp enrollments can** be completed at Parent Central or with Webtrac if participant is centrally registered.

> Call 913-684-7525 / 7526 for more information

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without shoes

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IER offering 100% grants for emergency travel

Effective Jan. 1, 2025, AER will provide full travel grants for active-duty Soldiers and eligible Family members.

Go to ArmyEmergencyRelief.org for more information.



frontierccu.org (913) 651-6575

Integr



Dedicated Ser Financial Solut Anytime, Anywhere.



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MILITARY





2025 Fort Leavenworth CYS Care Options & Waitlists on MILITARYCHILDCARE.COM



2. Review the Facility Program & Care Option descriptions below & available on MILITARYCHILDCARE.COM



3. Submit a Request for Care (RFC) for each child in each Child Care Option listed below that fit your care needs.

Offers are managed by the Fort Leavenworth CYS Parent Central office using contact information listed in your МILITARYCHILDCARE.com household profile. <u>TIP</u>: List phone/email address you have ongoing access to during travel/leave (and ensure those are toggled to receive notifications). To facilitate a successful offer process, ensure the <u>Sponsor & Spouse employment status indicated applies to living in the FTLVN area.</u>



MUNSON NOTES

MUNSON NOTICES

■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are EL-**IGIBLE TO USE THE ARMED FORCES** WELLNESS CENTER FOR FREE. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit https://dvidshub .net/r/8wttlf.

■ The NUTRITION CARE DIVISION offers a broad range of nutritional services designed for service members, families, and retirees. Individual Nutrition Therapy and Group Nutrition Therapy are available, and include the Body Composition Program, Weight Control Program, Prenatal Nutrition and Wellness for Life. Call the appointment line at 913-684-6250 to schedule an appointment with MAHC's registered dietitian.

■ SEASONAL ALLERGY MEDICA-TIONS are available from the MAHC Pharmacy at no cost. Simply come to the pharmacy and fill out the OTC request form. Pull a ticket and you'll be called to activate your request. Then you can sit and wait until your meds are ready, or if you choose to return later in the day, you can just process to Window 7. At MAHC, Military Health System beneficiaries can pickup two over-the-counter medications without a prescription per person per week from the pharmacy with no out-of-pocket expense.

■ MEDICAL APPOINTMENT CHECK-IN: Please arrive 15 minutes prior to your appointment to complete any required paperwork and bring the following items: DoD ID card; list of current medications including over-the-counter meds, vitamins, and supplements; any relevant paperwork or forms; and a list of questions or concerns. If you are not able to make your scheduled appointment, call the appointment line at (913) 684-6250 to cancel.

TriWest PATIENT PORTAL

Register for an account to manage off post specialty care

- Referrals
- Authorizations
- Provider Directory
- 🗸 Case Management

LEARN MORE

https://tricare.triwest.com/en/beneficiary



■ Munson Army Health Center is looking for volunteers to join the **PATIENT AND FAMILY PARTNERSHIP COUNCIL**. Volunteers can be active-duty, active-duty family members, retirees or retiree family members. The PFPC meets quarterly. If interested, call 913-684-6211/6127.

■ Munson Army Health Center Pharmacy offers patients a variety of **OVER-THE-COUNTER MEDICATIONS AT NO COST** to service members, retirees and familiy members. These items are available without a prescription or medical appointment. These self-care items are comparable to those available for purchase from retail stores and include pain relievers, cough medicine, allergy medication, antibiotic ointment, lice treatment and much more. Visit https://munson.tricare.mil/Health-Services/Pharmacy and scroll down to the Over-the-Counter Medication Program for details.

■ Call 913-684-6250 to schedule a **WELL-WOMAN EXAM** at Munson Army Health Center.

■ Munson Army Health Center is currently scheduling **ROUTINE EYE EXAMS** with the optometrist for school-aged beneficiaries ages 6 years and older. Call the appointment line at 913- 684-6250 to schedule an eye exam.

MUNSON NOTES continue on page B12.

Measles: It Spreads Before You Even See It.

Military families PCSing or traveling, especially to TX, KS, OH, IN, OK, NM (especially West Texas!), should CHECK WITH THE LOCAL HEALTH DEPARTMENT at their destination for current measles outbreak status. If it's a high-transmission area, supplemental measles vaccines may be needed for infants 6-11 months and anyone not fully vaccinated. Early doses are supplemental and don't replace the standard MMR vaccine schedule. Contact your healthcare provider (913-684-6250) BEFORE traveling to discuss. Stay safe & informed!



MUNSON NOTES

Safely dispose of expired medications before PCSing



Safely dispose of old and expired medications before your move.

Munson Army Health Center's medication disposal receptacle is located in the pharmacy lobby near Window No. 1 for patients to discard the majority of their unused medications.

Several exclusions apply, including syringes, needles, and liquids greater than 4 ounces.

If a dangerous medication is on the FDA Flush List and a drug take-back program is not available, patients can dispose of the medication by flushing it down the toilet to avoid misuse and accidents.

Learn more at https: //munson.tricare.mil /Health-Services /Pharmacy.

Munson Army Health Center





913-684-6250

Patients must provide required forms for their school or organization. Contact your school or organization for the current form.

Call 913-684-6250 to schedule munson.tricare.mil

Drink Water

STAY HYDRATED THIS SUMMER

Proper hydration allows your body to cool down during the hot summer months.

MEET YOUR WATER GOALS!

 Carry a water bottle for easy access on the go Choose water instead of sugary drinks when eating out

Add fruit to your water to give it flavor



Referral approval waiver:

Referral approvals are waived through June 30.



MUNSON ARMY HEALTH CENTER Call Center 913 684-6250

- Primary Care
- Dental
- Optometry
- Mental Health
- Medical Records
- Pharmacy
- Referrals
- Nurse Advice Line
- More

munson.tricare.mil





CONTACT US | Phone: 913-684-5267 | E-mail: ftlvlampeditor@gmail.com | On the Web: https://home.army.mil/leavenworth/about/news

Read all about it — online! HTTPS://HOME.ARMY.MIL/ LEAVENWORTH/ABOUT/NEWS



- News
- Community Features
- Pet of the Week
- Upcoming Events
- and more!

BONUS!

Scan the QR code with your phone to go directly to HTTPS://HOME.ARMY.MIL/ LEAVENWORTH/ABOUT/NEWS to read/print/download the *Fort Leavenworth Lamp*. Printable "old school" newspaper layouts included with every story and photo package!

> E-MAIL: ftlvlampeditor @gmail.com

EDITORIAL OFFICE: 913-684-LAMP ADVERTISING: 913-684-1702



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