

THURSDAY
MARCH 5, 2026



LAMP

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Garrison selects Professionals of Year EEO specialist, firefighter named top 2025 professionals

by Prudence Siebert/Editor

Kale Webster, Equal Employment Opportunity complaints manager, has been named the 2025 Fort Leavenworth Garrison Professional of the Year, and Melissa Tull, Fort Leavenworth Fire and Emergency Services firefighter, has been named the 2025 Fort Leavenworth Garrison Supply Professional of the Year.

Professional of the Year

Webster was initially recognized as the first quarter professional. Sean Bergosh, Garrison Public Affairs Office, was recognized as the second-quarter professional; Matt Gill, Directorate of Plans, Training, Mobilization and Security, was recognized as the third-quarter professional; and Brandon Miles, Directorate of Emergency Services, as the fourth-quarter professional.

Webster was nominated by EEO Manager Brian Ash, who noted that Webster exceeds standards, going above and beyond.

“It is my humble opinion, without a doubt, Mr. Webster deserves this award, as without him the entire reasonable accommodation process and restructure would have suffered more sanctions and fines

due to improper processing, resulting in a detrimental hit on many installations’ budgets and possible failure of mission,” Ash wrote in the nomination.

Over the past year, Webster has been responsible for the duties of his previous job as the disability program manager, overseeing the reasonable accommodations process until the position was re-filled, as well as the duties of his current job as the EEO complaints manager. He oversees all EEO complaints, whether he or a co-worker are processing the complaint, and makes sure legally required timelines are met.

“All EEO complaints are required by federal law to be attempted to be resolved informally. The intent is for things to be resolved at the lowest possible level, so we do that here in our office,” he said. “We’re neutral third parties. We don’t advocate for the person making complaints or for management that responds to complaints, we just facilitate the process.”

Webster said the EEO office cannot advise or determine if a com-

SEE CIVILIAN PROFESSIONALS OF THE YEAR | A6



Department of the Army photos by Stephanie Hathaway

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‘PCS purge’ resources available

Area offers positive alternatives to dumping

by Staff Report

Fort Leavenworth and the surrounding area provide many resources for helping with a PCS purge.

Every PCS season, military families throw away an incredible amount of usable items. Those items could benefit others, but rather than being donated, they are often discarded in inappropriate locations.

Usable items in like-new condition, such as clothing, toys and small appliances, can be donated to the **Fort Leavenworth Thrift Shop** at the shop’s drop-off shed at 1025 Sheridan Drive. The store uses proceeds for community assistance grants.

Fort Leavenworth Frontier Heritage Communities partners with **City Union Mission** of Kansas City, Missouri, for curbside pickup of usable items on certain Saturdays throughout the year, as well as drop-offs in the FLFHC parking lot after the Postwide Yard Sale the last Saturday in April.

Pet supplies and unopened pet food can be placed in the large wood box on the porch of the **Fort Leavenworth Stray Facility** at 510 Organ. Ave.

Cleaners, paint, yard chemicals and other materials that should not be shipped can be dropped off at **Household**

Hazardous Waste Collection Point, 810 McClellan Ave., to be used by other residents or properly disposed of.

Recycling of scrap metal, glass, cardboard and mixed recycling of paper, aluminum and more is offered in the area off W. Warehouse Road south of the stables. E-waste, such as toner cartridges and printers, can also be **dropped off at the Fort Leavenworth Recycling Center**.

FLFHC offers recycling and regular and bulk trash options for residents.

Many area charities and organizations have drop-off points for item donations, and some churches and communities have pantries, or “blessing boxes,” set up for non-perishable food, toiletries and other donations. Many libraries accept books, and there are several little neighborhood book exchange libraries in the area as well.

Resources and Links

On post:

- On-post housing handbooks, trash and recycling guides from FLFHC: <https://images.myrazz.com/raw/2bNDvZfN25prxqA5u>
- Fort Leavenworth Recycling Center (under “Recyclable Materials”) and Household Hazardous Product Collection Point (under “Other Items Requiring Special Handling”): <https://home.army.mil/leavenworth/my-fort/all-services/trash-and-recycling>
- Auto Skills Center for motor oil: <https://leavenworth.armymwr.com/programs/auto-crafts-center>
- Munson Army Health Center for medications: <https://munson.tricare.mil/Health-Services/Pharmacy>
- City Union Mission, through partnership and coordi-

nation with Fort Leavenworth Frontier Heritage Communities: <https://cityunionmission.org>

• Fort Leavenworth Thrift Shop: <https://www.facebook.com/Fort-Leavenworth-Thrift-Shop-211189988897157/>

• Fort Leavenworth Stray Facility: <https://leavenworth.armymwr.com/programs/stray-facility>, <https://www.petfinder.com/member/us/ks/fort-leavenworth/fort-leavenworth-stray-facility-ks174/>

Off post:

- City of Leavenworth Recycling Center: <https://www.leavenworthks.org/publicworks/page/leavenworth-recycling-center>
- Leavenworth County Transfer Station for household and bulk trash drop-off: https://www.leavenworth-county.gov/departments/transfer_station/index.php
- City of Lansing Curbside Recycling: <https://www.lansingks.org/1270/Curbside-Recycling>
- City of Platte City Recycling: <https://www.plattecity.org/pview.aspx?id=16931>
- Salvation Army, Leavenworth: <https://centralusa.salvationarmy.org/leavenworth/>
- Catholic Charities, Leavenworth: <https://catholiccharitiesks.org/where-wework/leavenworth/>
- Goodwill, Leavenworth: <https://www.mokangoodwill.org/locations/goodwill-leavenworth-ks>
- HOPE Thrift Store, Leavenworth: <https://hopeleav.org/thrift-store/>, <https://www.facebook.com/HOPETHriftStoreLeavenworth/>
- Leavenworth Mission Food Pantry: <https://lvmision.org/>

AT A GLANCE

■ The community is invited to attend the renovated **HISTORIC HOME OPEN HOUSE TOUR** from 10 a.m. to 2 p.m. March 5-6 at 613 Grant Ave.

■ Members and guests of the Fort Leavenworth Hunt will conduct a horseback **WREATH-LAYING CEREMONY TO MARK THE FLH’S 100TH ANNIVERSARY** and to honor the organization’s connection to the 10th Cavalry (Horse) Regiment at 10 a.m. March 6 at the Buffalo Soldier Commemorative Area.

■ The next **History Brunch Series** lecture “**CIVIL WAR VETERANS IN ALASKA**” is March 7, with a light snack at 10:30 a.m. followed by the speaker at 11 a.m., at the Frontier Army Museum.

■ **DAYLIGHT SAVING TIME** begins March 8. Set

clocks forward one hour.

■ Several area **SCHOLARSHIP OPPORTUNITIES** have approaching deadlines. See page A10 for details.

■ Unified School District 207’s **PROJECT FAMILY NIGHT** is 4:30-6:30 p.m. March 10 at Bradley, Eisenhower and MacArthur elementary schools and 5:30-7 p.m. March 11 at Patton Junior High School.

■ The 2026 **MOTORCYCLE SAFETY FOUNDATION TRAINING** is open for enrollment for the **BASIC RIDER COURSE** and **ADVANCED RIDER COURSE**. For more information and to enroll, visit <https://home.army.mil/leavenworth/my-fort/all-services/safety>.

■ The **FORT LEAVENWORTH OFFICIAL PHOTO STUDIO** is closed temporarily through mid-March as the studio is moved to the second floor of the Garrison Headquarters building. To schedule appointments, visit <https://home.army.mil/leavenworth/my-fort/all-services/photo-studio>.

■ The Frontier Army Museum, 100 Reynolds Ave., is offering free **SPRING BREAK PROGRAMMING** for all ages. **Touch a Truck** with the Fort Leavenworth Fire Department is 10 a.m. to noon March 16, **Story time** is at 10 a.m. March 17, an **Operation Wildlife bald eagle presentation** is at 10:30 a.m. March 18, a **Fort Leavenworth nature presentation** is at 10:30 a.m. March 19, and **Children’s Pioneer Day** is 10 a.m. to noon March 20.

Prepare now for severe weather this spring

by Staff Report

Editor's Note: This article, with updates, is run each year to inform the community about severe weather season.

Fort Leavenworth and the surrounding areas experience their share of severe weather. Residents should be aware of what to do in the event of tornadoes and other weather events this spring.

Post officials are encouraging residents and employees to prepare for the severe weather season, and for families to review their severe weather plans and make a storm kit.

All units have designated emergency managers who are responsible for ensuring all employees are aware of their units' severe weather plan.

Fort Leavenworth and Leavenworth County Emergency Management participated in the statewide tornado drill March 4 during Kansas and Missouri Severe Weather Preparedness Week. Outdoor warning sirens, National Oceanic and Atmospheric Administration weather radio alarms and the Emergency Alert System activated to signal the start of the drill.

Fort Leavenworth has been designated a Storm-Ready community by the National Weather Service's StormReady program since 2004. This means that Fort Leavenworth has the proper mechanisms in place to warn the local community of changing weather. Requirements of the Storm-Ready designation include a 24-hour warning point and emergency center, a system for monitoring local weather, and two or more ways to notify the public of severe weather.

The Fort Leavenworth Garrison website at

Tornado Watch

A tornado watch means conditions are favorable for the development of tornadoes.

In case of a tornado watch, prepare to take shelter:

- Assemble the family.
- Inspect, supply and equip your shelter. The shelter should be in a basement under something sturdy like a workbench. Stay away from chimneys and out from under heavy furniture on overhead floors. Stock the shelter area with blankets, water, food, a first aid kit, portable radio, flashlight and spare clothing.
- If no good private shelter is available, prepare to move to a community shelter.
- Leave mobile homes and move to public shelter. Even mobile homes with secure tie-down systems cannot withstand a tornado's winds.
- Leave large buildings with vast, unsupported ceilings, such as auditoriums, gymnasiums and warehouses.
- Stop outdoor activities and move to an indoor shelter.
- Closely monitor television and radio for storm updates.
- Postpone running errands; stay indoors and out of automobiles.

Tornado Warning

A tornado warning means a tornado has been indicated and confirmed by the National Weather Service or has been spotted in Leavenworth County.

In case of a tornado warning, take shelter immediately:

- Go to a basement shelter, if available.
- Move into a designated community shelter, if immediately available.
- If a basement is not available or movement to public shelter is impractical, go to a small, ground-level room — such as a closet, bathroom or hallway — away from windows and heavy furniture, such as refrigerators or china cabinets.
- If outdoors, find shelter immediately in a depression, ditch or ravine. Lie flat to lower your profile. Be aware that some areas may be prone to flash flooding.
- If in an automobile, stop immediately and seek the nearest shelter. Do not stay in the vehicle or try to outrun the tornado.

<https://home.army.mil/leavenworth/my-fort/all-services/emergency-management> has links to weather and seasonal planning information.

It pays to have a plan for when severe weather threatens and not wait until the warning sirens sound to figure out what to do next.

Here are some tips for building awareness and preparing for severe weather:

• Pay attention to weather forecasts.

A clear, blue sky in the morning may be overtaken by a dark, snarling storm by the afternoon. Local meteorologists know this and are trained to recognize the conditions for the development of storms. Before heading out in the morning for work or other activities, check the local forecast. Make periodic checks

throughout the day to see if the situation has changed.

• Learn the terrain.

Storms in this part of the United States tend to move from the southwest to the northeast. That means that a storm in Douglas County — the area around Lawrence, Kansas — may be heading toward Wyandotte and Leavenworth counties. In general, weather to the south and west of Leavenworth County should be of more concern to post residents than what is going on to the north or east in Missouri.

• Know where to take shelter.

Most public buildings and businesses on and off post have storm shelters. Visitors in these buildings should take direction from the building staff on where to take shelter during a storm. At home or else-

where, find a "Best Available Refuge Area" — seek shelter in the area of the basement that is most below ground, away from windows and doors.

• Three buildings on post are opened as public storm shelters during watches.

The Lewis and Clark Center on Stimson Avenue, the Single Soldier Quarters on Cody Road, and Munson Army Health Center at the corner of Biddle Boulevard and Pope Avenue are opened to the public during tornado watches. Pets are not allowed in public shelters, but leashed service animals are, of course, allowed.

• At home, designate and prepare a storm shelter before a severe storm strikes.

In a home with a basement, the southwest corner,

away from any windows, is the safest place to be. This can be improved with a heavy workbench or other overhead cover.

• In homes without basements, a windowless interior room is the preferred shelter.

Often this is a bathroom or utility closet.

• Equip the shelter with some basic items that may be needed during or after the storm.

Flashlights and a battery-operated radio — with fresh batteries — are a good start. Blankets, snacks and water are also recommended.

Use the radio, television or internet to keep track of what is going on outside. Be advised that there is no "all clear" siren and that when a siren stops, it does not mean the storm is over. If the siren sounds a second

time, it probably means a second threat has been detected in the county. Stay in the shelter until certain that all threats are clear.

After a storm has passed, many people go outside to assess any damage the storm may have caused. When outdoors, be extremely careful to avoid downed power lines and downed or damaged trees.

Do not enter or allow children to play in storm water runoff or areas that can potentially flash flood. More people are killed by floods than by tornadoes.

Do some homework and plan for the storm season. Visit the National Weather Service and Federal Emergency Management Agency websites to find many more resources and tips for surviving the storm season.

TORNADO
ACTION: Take shelter immediately in a sturdy structure

HAIL
ACTION: Move indoors away from windows

LIGHTNING
ACTION: Move indoors if you hear thunder

WIND
ACTION: Move indoors away from windows

FLOODING
ACTION: Avoid rising creeks and water-covered roads

Understanding SEVERE WEATHER HAZARDS

National Weather Service graphic

Visit the National Weather Service/ National Oceanic and Atmospheric Administration (NOAA) website at <https://www.weather.gov/safety> for weather hazard information, including what to do during thunderstorms and tornado watches/warnings, as well as localized forecast information.

National Weather Service graphic

FORT LEAVENWORTH LAMP

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MAHC recognizes NCO, Soldier of Quarter

by Christina Yager/Munson Army Health Center Public Affairs Officer

Munson Army Health Center recognized Sgt. Alexander Shannon and Pfc. Harris Halverstadt as the organization's Noncommissioned Officer and Soldier of the Quarter, respectively, highlighting their commitment to excellence, professionalism and medical readiness.

"Competitions like these reinforce our culture of excellence and readiness," said 1st Sgt. Scott Munday, MAHC's medical company senior enlisted leader, "Our soldiers are medical professionals, but they are soldiers first. Their ability to lead, adapt and perform under pressure ensures we remain ready to deliver high-quality health care wherever the mission requires."

Shannon, a medical laboratory specialist assigned to the MAHC lab, and Halverstadt, a combat medic specialist supporting the Army Corrections Brigade, edged out their fellow competitors during an early morning competition Feb. 24, which began with an Expert Physical Fitness Assessment and

an obstacle course.

"The most challenging part of the competition for me was the EPFA, as it was my first time performing it. My favorite part was the obstacle course, as each obstacle faced allowed for me to improvise, adapt and overcome," said Shannon, who reported to MAHC in October 2025.

Later in the competition, soldiers demonstrated tactical and technical competence during an oral board, where they were evaluated on Army knowledge assessments and military bearing, reinforcing the Army standard of disciplined, well-rounded professionals.

"The most challenging aspect of the competition to me was the formal board," Halverstadt said. "Trying to study for the oral board and juggling school was challenging, though it was a good experience and I appreciate the opportunity."

Munday said that recognizing top performers each quarter underscores MAHC's commitment to developing leaders, fostering esprit de corps and maintaining a combat-ready medical force.



Sgt. Alexander Shannon



Pfc. Harris Halverstadt

AER campaign underway



Photo by Christina Yager/Munson Army Health Center Public Affairs

Sgt. Jon Hall, Medical Department Activity, hangs an Army Emergency Relief campaign poster in the breakroom to help educate staff March 3 at Munson Army Health Center. The campaign runs now through June 14, closing on the Army's 251st birthday. AER is a non-profit organization that was established in 1942, and its purpose is to support the well-being of soldiers, retired soldiers and families by helping alleviate financial stress and promoting economic stability. AER is entirely funded through donations and receives no funding from the federal government.

MAHC soldiers support leadership development at LHS JROTC meet

by Christina Yager/Munson Army Health Center Public Affairs Officer

Soldiers from Munson Army Health Center partnered with Leavenworth High School's Junior Reserve Officer Training Corps program to support the 14th annual Leavenworth Invitational Drill Meet Feb. 28 at the high school. LHS's JROTC program hosted teams from about 25 regional schools.

MAHC soldiers served as evaluators for multiple events throughout the competition, including armed and unarmed color guards, exhibition drills and regulation drills.

Cadets were assessed on appearance, bearing, marching proficiency, precision, degree of difficulty and overall showmanship — standards that mirror the discipline and attention to detail expected in the profession of arms.

For MAHC soldiers, participation was an opportunity to invest in the next generation of leaders while strengthening community ties.

Sgt. Maj. Jason Trevino, MAHC's senior enlisted advisor, conducted an open ranks inspection as part of the competition. In addition to evaluating uniform standards and military bearing, he engaged cadets with questions about JROTC curriculum, uniform wear, leadership principles and military history — reinforcing both knowledge and confidence under pressure.

"Events like this reinforce the importance of discipline, pride and teamwork," Trevino said. "These cadets demonstrate a commitment to excellence that reflects well on their programs and their community."

MAHC soldiers expressed appreciation for being included in the event and said they valued the opportunity to mentor and encourage students who are interested in service and leadership.

"I really enjoyed the opportunity to serve as a judge at this year's drill meet. I participated in JROTC competitions when I was growing up, so being here brought back a lot of great memories," said Sgt. 1st Class Aaron Williams, MAHC's Clinical Services noncommissioned officer in charge, who grew up just across the state line in Kansas City, Missouri, attending Northeast High School. "Programs like this build cohesion, belonging and a sense of purpose among students. At its core, JROTC is about developing better citizens and stronger leaders. It's inspiring — and a little nostalgic — to see these cadets carrying that tradition forward with such pride and professionalism."

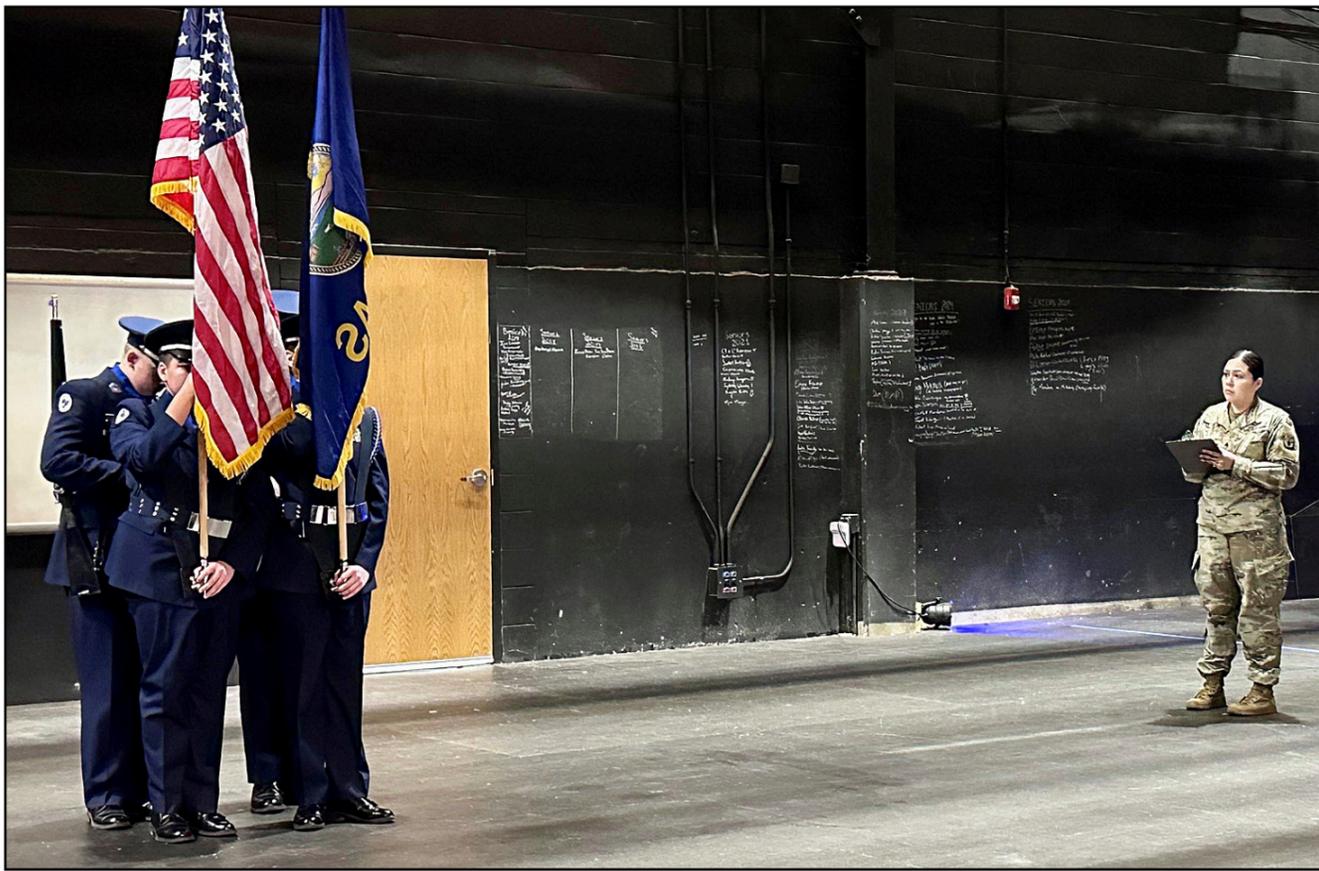


Photo by Sgt. 1st Class Aaron Williams/Munson Army Health Center

Staff Sgt. Abigail Santos, Medical Department Activity, evaluates a Junior ROTC color guard participating in the 14th annual Leavenworth Invitational Drill Meet Feb. 28 at Leavenworth High School. Santos and other soldiers assigned to Munson Army Health Center served as evaluators for multiple events throughout the competition, including armed and unarmed color guards, exhibition drills and regulation drills.



Submitted photo by Leavenworth High School JROTC

ABOVE: Sgt. 1st Class Aaron Williams, Medical Department Activity, prepares to inspect JROTC competitors at the 14th Annual Leavenworth Invitational Drill Meet Feb. 28 at Leavenworth High School. Williams and other soldiers assigned to Munson Army Health Center served as evaluators for multiple events throughout the competition, including armed and unarmed color guards, exhibition drills, and regulation drills.

LEFT: Munson Army Health Center Sgt. Maj. Jason Trevino conducts an inspection during the 14th Annual Leavenworth Invitational Drill Meet Feb. 28 at Leavenworth High School.

Photo by Staff Sgt. Abigail Santos/Munson Army Health Center

History of Scouting exhibit opens at museum



Photo by Prudence Siebert/Fort Leavenworth Lamp

Eagle Scout Kaitlyn White, junior at Leavenworth High School, rearranges field artifacts used for camping while installing her "History of Scouting on Fort Leavenworth" exhibit Feb. 12 at the Frontier Army Museum. White said she tackled the project because she is passionate about Scouting.



Several community members contributed their Boy Scouts of America/Scouts BSA memorabilia for the "The History of Scouting on Fort Leavenworth" exhibit that Kaitlyn White assembled for her Eagle Scout Project. The exhibit includes contributions by the late Jack Walker, whose uniform is at LEFT, Russell Willbanks, whose uniform is ABOVE, and John Schatzel, whose uniform is also on display. White hopes to have her interviews with Walker and Schatzel available soon for visitors to watch.

Photos by Prudence Siebert/Fort



Photos by Prudence Siebert/Fort Leavenworth Lamp

ABOVE: Kevin Walker and Kathryn West, children of longtime Deputy to the Garrison Commander Jack Walker, point to their father's Boy Scout uniform and talk about the family's Scouting experience during an opening reception for the "The History of Scouting on Fort Leavenworth" exhibit Feb. 28 at the Frontier Army Museum. Kevin Walker, who was in Troop 666 with his brother, Jack Jr., wore lanyards representing recognitions and achievements from his Scouting days to the ceremony.

LEFT: Boy Scouts of America handbooks from the 1930s and 1950s, patches, uniforms and other Scouting paraphernalia are on exhibit in the "The History of Scouting on Fort Leavenworth" exhibit at the Frontier Army Museum. Kaitlyn White, Scouts BSA Troop 166, researched and installed the exhibit as her Eagle Scout project. She said she did at least a dozen rewrites of the timeline to get it closer to perfection before the final version. She said one of the most interesting things she came across in her research was the existence of a mounted Boy Scout troop at Fort Leavenworth in the early 1920s.

BELOW: Leavenworth High School junior Kaitlyn White, Troop 166, answers questions from the audience, which included sixth-graders Parker Woodward, Asher Manglicmot and Trevor Heywood of Troop 66, following her remarks at the opening of her Eagle Scout project exhibit "The History of Scouting on Fort Leavenworth" Feb. 28 at the Frontier Army Museum. Visit <https://www.facebook.com/ftleavenworthffam/> to hear White's remarks.



Scouts race cars in annual Pinewood Derby



Spectators watch as derby cars race in the Pinewood Derby Feb. 23 at Frontier Chapel.

Photos by Spc. Wilfred Salters Jr./Combined Arms Command Public Affairs

Race results

Lions (kindergarteners)

1. Gage Peck
2. Peter Conner
3. Grant Wiltsey

Tigers (first-graders)

1. Lucy Maitha
2. Jameson Jagodzinski
3. James Bryant

Wolves (second-graders)

1. Trajan Wiegiers
2. James Hersey
3. Andrew Conner

Bears (third-graders)

1. Samuel Boeckers
2. Isaac Collins
3. Saoirse McGuinness

Webelos (fourth-graders)

1. Tristan Wiegiers
2. Henry Maitha
3. Daniel Conner

Arrow of Light (fifth-graders)

1. Samuel Genge
2. Evelyn Woodward
3. Rae Garrett

Grand Finals

1. Samuel Boeckers (Bears)
2. Tristan Wiegiers (Webelos)
3. Isaac Collins (Bears)

Specialty award winners

Best in Show
Brett Beeson

Best Decorated
Grant Wiltsey

Most Complex Design
Theodore Folan

Cub Masters Choice
James Hersey

Best Themed Car
Brent Gummert

Best Animal-themed Car
Trajan Wiegiers

Best Use of Decals
Kevin Devine

Most Creative
Wheatley Stockton

Fastest Looking Car
Samuel Genge

Most Realistic
Fiadh McGuinness



Troop 166 Scouts Elena Bryant and Mary Hausauer and Cubmaster Brian Gumert watch cars race in the Pinewood Derby Feb. 23 at Frontier Chapel.



Scout-designed cars are displayed before the start of the Pinewood Derby Feb. 23 at Frontier Chapel.

Happy 250th BIRTHDAY AMERICA
Let's celebrate, together!

Saturday, April 11, 2026 6 P.M.
Riverfront Community Center

Social Hour 6 P.M. | Dinner at 7 P.M.
Speakers | Silent Auction | Candidates & Fun Games

Tickets Adults \$55 | Students \$35 | Table of 8 \$500

Reservations by April 1, 2026

Tickets online at:

<https://secure.actblue.com/donate/lvcodemsusabirthday2026>

or Checks to:
LVCO Democrats
1812 Shawnee St.,
Leavenworth, KS 66048



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Offer expires 12/31/26
Valid ONLY at our Leavenworth Location.



Civilian Professionals of the Year (continued from Page A1)



Photo by Prudence Siebert/Fort Leavenworth Lamp

Kale Webster, Equal Employment Opportunity complaints manager, seen here in his office Jan. 22 at the Resiliency Center, is the 2025 Fort Leavenworth Garrison Professional of the Year.



Photo by Stephanie Hathaway/Fort Leavenworth Garrison Public Affairs

Fort Leavenworth Garrison Commander Col. Todd Sunday recognizes Garrison Professional of the Year Kale Webster with the Civilian Service Commendation Medal Feb. 12 in the Garrison Conference Room.

plaint should be made, or if discrimination has occurred, but rather EEO provides education through quarterly training for the workforce and can also provide resource referrals, when relevant.

Webster said the EEO process helps ensure that the workplace is a respectful environment for all employees.

"I understand that, unfortunately, people's biases can influence their behavior and their decisions that they make in the workplace, and that's why our program is so important, because it does occur, even though it shouldn't, it still does," he said. "We want to make sure that everyone is treated respectfully, and that's why our process exists."

Revamping the Reasonable Accommodation Tracker

Webster was also asked to serve on a panel to restructure the Reasonable Accommodation Tracker, an Armywide web-based platform to log reasonable accommodation requests, decision deadlines, equipment needed, costs and more.

"It was an outdated program that, in my opinion, had never really allowed us to capture the things that we needed to capture," Webster said. "Being the boots on the ground representative, the people that were going to be the end user of the program, I feel like I was able to provide some much needed perspective on what those of us who are going to use this program needed it to do, and the features that needed to exist in it that didn't previously."

He said with the previous system, employees' reasonable accommodation information was only accessible to disability program managers at their immediate installation, but now program managers are able to see if an accommodation exists at someone's home station, making it easy to shift that accommodation to a new installation in the case of a move or while that person is TDY at another post, such as to attend the Army Management Staff College, instead of completely starting over.

"So, there may be an Army employee at, say, Fort Belvoir, (Virginia), who is coming to Fort Leavenworth, and they may need a specific reasonable accommodation while they're physically here," he said, giving a service animal accommodation as an example. "Well, if they already have an existing accommodation for a service animal, that makes it that much easier for us to streamline with that approval locally. Under the old system, we were not able to see anything outside of just us."

Webster said he enjoys the education and training aspect of his job, both with employees and managers, letting them know what is available and possible.

"More often than not, we are able to find something to assist the employee, and the Army as the employer, for that employee to be successful in their job," he said. "It is rooted in law. There are times I've had to tell managers, 'You may not like this, but the law says they're entitled to an accommodation; you're going to accommodate them,' or 'Hey, employee, you are entitled to an accommodation under the law, don't be afraid to advocate for yourself or request something that you need to be successful at your job.' Because if there isn't an accommodation in place and you are, say, slipping up in your job duties, you're still subject to potential discipline or a less than great performance evaluation. ... The book answer is 'this many minutes' that this task is completed, but because of a diagnosed legitimate disability, 'employee needs an extra little bit of time to accomplish that task.'"

"Without that accommodation in place,

you could have an employee who could potentially face performance issues and performance counseling because they're not achieving the standard. ... So that's why we are so encouraging for folks to request an accommodation if they feel they need one."

Examples of reasonable accommodations include having LED or no overhead light instead of fluorescent lighting in an office for a migraine sufferer, or someone using noise cancelling headphones if he/she has adverse reactions to loud noises.

In addition to helping improve the tracking system and helping employees advocate for their needs, Webster assists with everything EEO-related as the EEO complaints manager.

"The workplace is for everybody, not for the most dominant personality in the room, so if there's EEO issues at play, then we get involved."

Webster said some people come to EEO who actually need to be connected with another resource if the discrimination doesn't involve one of the protected classes of race, color, religion, national origin, age (40 or older), sex (including related medical conditions such as pregnancy), physical or mental disability, genetic information and reprisal or retaliation.

"If it's not EEO issues, there are other complaints and grievance processes that we can educate people on to address that."

Webster described EEO's mission as "supporting the civilians who support the mission" to help resolve issues in the workplace.

Webster retired from the Army as a sergeant first class after 20 years as a corrections and detention specialist, with most of his military career spent at Fort Leavenworth. He then worked as a county jail security manager, university EEO investigator and parole analyst before joining the EEO team in 2022. He said as heavy as the EEO job can be, he truly enjoys the work.

"I struggled when I retired from the Army finding work that felt like it had a purpose. I mean, a lot of soldiers when they retire, they feel kind of lost because they're not doing anything that they feel is important," he said. "I need something of substance. My job needs to feel like I'm making a difference, so I'm grateful that I got an opportunity to come work in the EEO office."

Screening awards

Every award — time-off awards, cash awards, Meritorious Civilian Service Awards, etc. — are first vetted through the EEO office before they are awarded. Webster is one of three EEO employees who ensure that local award recipients do not have EEO complaints against them or other such issues.

"Anytime an Army civilian is submitted for an award, it has to be screened both by EEO and (the Civilian Human Resources Agency) for anything that would preclude an individual from being eligible to receive an award. Every single award is required to be routed through our office," Webster said, noting that when performance awards are being issued is a particularly busy time. "So that in and of itself can be a fairly heavy lift. ... I may get a spreadsheet that's got 400 employees on it. It takes a bit to go through those names and say whether or not ... it's in keeping with the best interests of the Army to award this person or not award this person."

To contact the EEO office, e-mail usarmy.leavenworth.id-training.mbx.eeo@army.mil.

SEE CIVILIAN PROFESSIONALS OF THE YEAR | A7

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E-mail usarmy.leavenworth.id-training.mbx.pao-inbox@army.mil.

Civilian Professionals of the Year (continued from Page A6)

Supply Professional of the Year

The Garrison Supply Excellence Award program acknowledges the contributions of employees who demonstrate excellence in unit-level, and directly support, supply programs.

Fort Leavenworth Garrison Supply Professional of the Year Melissa Tull, Fort Leavenworth Fire and Emergency Services firefighter, was initially recognized as the third-quarter supply excellence professional. Tull's co-workers, Aaron Dennis and Nicholas Egan, also with Fort Leavenworth Fire and Emergency Services, were recognized in the first and second quarters. No one was selected for the fourth quarter.

Tull was nominated by Fire Chief Marshall Fiedler, who said she has demonstrated exceptional dedication, and cited an inventory and inspection undertaking conducted by Tull and her team of more than \$200,000 worth of firefighters' protective gear.

"This meticulous effort established a clear baseline — replacing the previous, unreliable equipment with an accurate and up-to-date inventory record," Fiedler wrote in the nomination. "All gear and equipment that did not meet stringent OSHA standards were removed from service. The team's efforts also identified used equipment that can be re-issued. Through her efforts, more than 14 sets of used gear were cleaned, sanitized and placed back in service, creating a cost avoidance of \$72,000. This inventory process also corrected discrepancies in the program, and now all personal protective gear is 100 percent accounted for and perfectly in compliance with National Fire Protection Association codes."

Tull said she started the inventory project when she was on light duty after a surgery, doing data entry for gear that needed to be entered. Each firefighter is issued two sets of bunker gear — the coat, pants, hood, helmet, gloves and boots a firefighter wears for protection.

"There's just a lot of (gear), and there was a lot coming in at the time, so a lot of it just needed entered and organized in there," she said, noting that the data entry included logging waist lengths, inseams, serial numbers and more information so that everything was accounted for, ready for reissue or disposed of if the gear was expired and no longer as effective as it should be.



Photo by Prudence Siebert/Fort Leavenworth Lamp

Fort Leavenworth Garrison Supply Professional of the Year Melissa Tull, Fort Leavenworth Fire and Emergency Services firefighter, is a Child Passenger Safety Technician for the Fort Leavenworth Fire Department's Child Safety Car Seat Program. She is seen here with one of the free child safety seat available to the community Feb. 23 at Fire Headquarters. She will have a booth with information, child car safety seat inspections and a limited supply of free child car safety seats for those who qualify at PAIR Day/Kids' Fest 10 a.m. to 2 p.m. April 11 at Harney Sports Complex.

As a firefighter, Tull primarily responds to medical emergency calls, as well as the occasional fire, including the middle-of-the-night fully engulfed fire that destroyed the abandoned Trustee Unit in December. Tull cited the life-saving rescue of a worker in 2011, when part of the Old U.S. Disciplinary Barracks complex collapsed during a major renovation, as one of the most memorable experiences in her 17-year career with the Fort Leavenworth Fire Department. (See related from the *Lamp* archives story at right.)

"It was a fast response," she said about that day, having been across the street at Station No. 1 at the time of the accident.

"We heard it happen, and it sounded bad so we ... were already in our gear ready before they even dispatched it."

When the wall collapsed, bricks and wet cement covered a worker in the basement.

"We were basically digging everything off of him. It was teamwork, from initially dispatch and then law enforcement. ... The workers themselves, they were all helping because they had to hold up sheets of plywood just so more stuff wouldn't fall on us so we could get to him," said Tull, noting that whoever had gotten to the injured man first had cleared away enough of the wet cement and debris for him to have an airway. "It was a quick response, and we had a lot of people that day to help."

Tull, who also works part-time for Atchison County Emergency Medical Services in her hometown of Atchison, Kansas, started with Fort Leavenworth Fire and Emergency Services as a dispatcher, then moved into an on-the-job-training position to become a firefighter.

"I originally just wanted to help people for a career, but once I started doing dispatch, I wanted to do more," she said.

Tull said firefighters work 48-hour shifts, then have three consecutive nights to be home with family. She said she prefers the 48-72 schedule better than the previous day-on, day-off schedule, noting, though, that when they receive a lot of calls overnight, that second day can be tiring.

Child Passenger Safety Technician

Tull serves as a Child Passenger Safety Technician for the Fort Leavenworth Fire Department's Child Safety Car Seat Program.

"(Tull) ... provided instruction to parents and caregivers on the correct use of child restraint systems, including car seats, booster seats and seat belts," Fiedler wrote in the nomination. "She has played a leading role in educating active-duty Army personnel, international officers and enlisted families on proper child safety practices, ensuring their children are secured appropriately during vehicle transport."

Tull, who also serves as a CPR instructor for the department, took her initial Child Passenger Safety Technician class while working part time as an emergency room technician at Children's Mercy Hospital in Kansas City, Missouri, several years ago. She later gleaned information about the existing Fort Riley, Kansas, program when she was encouraged to pursue the project during an inspector class with the FLFD.

"Through her leadership and advocacy, Fort Leavenworth attained designation by the Kansas Traffic Safety Resource Office as a recognized child safety seat inspection station," Fiedler wrote.

The Fort Leavenworth Fire Department is now listed as a child safety seat inspection station for anyone to have child safety seats installed or checked. Child safety seat inspection stations and technicians can be found for any area at <https://events.safekids.org/>. The program also offers free child safety seats to those who qualify for them.

"I think safety is important," Tull said about the need to have child car seats checked by a technician like herself. "Sometimes the instructions are a lot ... The confusion is, every vehicle and every seat have totally different instructions, and so you have to link those two together to make the seat work. One of the biggest things I see, people want safety — you don't think you can do too much, but you can't do the lower anchors and the seatbelt, so it's either one or the other."

Tull said in addition to figuring out the car and car seat directions, she stays aware of recalls that affect the safety of the seats, and she noted that child car seats also start to break down structurally and are considered expired after about 10 years.

Tull will have a booth with information, child safety car seat inspections and a limited supply of free child safety car seats for those who qualify at PAIR Day/Kids' Fest 10 a.m. to 2 p.m. April 11 at Harney Sports Complex.



Photo by Prudence Siebert/Fort Leavenworth Lamp

Melissa Tull, Fort Leavenworth Fire and Emergency Services firefighter, seen here Feb. 23 with some of the bunker gear she inventoried at Fort Leavenworth Fire and Emergency Services Headquarters, is the 2025 Fort Leavenworth Garrison Supply Professional of the Year.

FROM THE LAMP

Published in the
May 2, 2013

issue of the
Fort Leavenworth Lamp

Archives

Fort firefighters praised for efforts after wall collapse

by Jan Dumay/Former Lamp Staff Writer

The Fort Leavenworth Fire and Emergency Services Division received a Department of the Army Heroism Award on April 30, 2013, for firefighters' superior service and lifesaving efforts after a large section of Building 467 in the Old U.S. Disciplinary Barracks complex collapsed on Aug. 29, 2011, during a major renovation.

The award was presented by Lt. Gen. David Perkins, then-commanding general of the Combined Arms Center and Fort Leavenworth, in a ceremony outside Fire Station No. 2, 295 Biddle Blvd.

"Twenty-nine August is a great example of why I sleep good at night," Perkins said, referring to his confidence in the emergency responders' abilities.

During the accident, a laborer became trapped in the debris while working three stories below the collapse. Firefighters responded within minutes and, within an hour, were able to free him by clearing the wet concrete and debris from his face using their bare hands and tools that were available, said Jeffrey McCowen, the post's then-director of emergency services.

"This was all done as quickly as possible, but with great caution as there was a threat of a secondary collapse of the wall," he said. "Fortunately, the man was breathing and conscious. Medical treatment was immediately provided despite the man still being trapped and the wet concrete was beginning to harden around him."

McCowen said that the laborer, Kevin Butterfield, was turned over to Leavenworth County Emergency Medical Services, which rushed him to an awaiting helicopter. He was transported to the University of Kansas Medical Center where he was treated for multiple internal and external injuries.

Although Butterfield was unable to attend the ceremony because of a doctor's appointment, he is "alive and doing

well, thanks in part to the team here in front you," McCowen told those assembled.

"Inside 45 minutes, we had elements from six jurisdictions either on Fort Leavenworth, en route or forward deployed in support of this operation," he said, explaining that the incident proved a great example of a coordinated response to an emergency.

He read a note that Butterfield posted on his Facebook page, thanking then-Fire Chief J.T. Adair that said, in part, "I just wanted you to know how much I appreciate all the work you do and your men did to save my life ... Honestly, I could never really thank you enough. It's good to know that there are a few out there that really put their lives on the line for someone else. Thank God for you and others like you."

Adair thanked other responding agencies at the scene, including the City of Leavenworth Fire Department, the Olathe Fire Department, the Kansas City (Missouri) Fire Department on standby, the Leavenworth County EMS and law enforcement personnel who assisted.

"Firefighters, if you ask them, they will tell you, 'I was just doing my job,' but we understood the dangers that were present with chunks of wall just hanging there waiting to fall," Adair said before the ceremony.

"It's good to know that you work with a team that maintains a constant training system so they can react in dire situations and are willing to put their lives on the line for individuals they don't know."

Then-Assistant Chief of Operations Bruce Davis, who was the incident commander, said his crew responded the way they were trained.

"The big thing about it was, it was like 'Anyday USA,' more or less," he said. "You think it's going to be one of those calm, casual days. The next thing you know, you're right in the middle of something."

Reading across Fort Leavenworth



Photo by Christina Yager/Munson Army Health Center Public Affairs

Bradley Elementary School Principal Kristin Holland introduces guest readers for the school's Read Across America festivities March 4. Dubbed Bradley Reading Day, it coincided with Read Across America activities throughout the first week of March nationwide. The annual event coincides with the birthday of Theodore Geisel, better known as Dr. Seuss.



Photo by Sean Bergosh/Fort Leavenworth Garrison Public Affairs

As part of National Read Across America Day, Fort Leavenworth Garrison Commander Col. Todd Sunday reads a book to first-grade students March 2 in the MacArthur Elementary School library.



Photo by Christina Yager/Munson Army Health Center Public Affairs

Sgt. Jon Hall, a medical laboratory specialist at Munson Army Health Center, reads to students for Read Across America March 4 at Bradley Elementary School. Numerous studies have found reading books aloud to children stimulates their imagination and expands their understanding of the world, as well as developing language and listening skills and helping prepare young listeners to understand the written word.

Army launches 2026 Tenant Satisfaction Survey to enhance housing quality

by Capt. Gabrielle Hildebrand/Army.mil

WASHINGTON — The U.S. Army launched its annual Tenant Satisfaction Survey March 2 to gather feedback from more than 200,000 tenants in privatized, government-owned and government-leased housing. This confidential and voluntary survey is a critical tool for the Army to assess and improve the quality of life for soldiers and their families.

The survey, administered by the neutral third-party firm CEL & Associates Inc., will

be open for 60 days. The results will be instrumental in guiding future improvements to housing, resident services and community amenities across all Army installations.

"Quality housing is fundamental to soldier and family readiness," said Jordan Gillis, assistant secretary of the Army for Installations, Energy and Environment. "We are committed to holding ourselves and our partners accountable, and that starts with listening. I strongly encourage every eligible resident to complete the sur-

vey and share their experience so we can continue improving Army housing across the enterprise."

The Army is dedicated to providing safe and reliable homes.

"The survey is the Army's annual evaluation to assess the effectiveness of all housing assets and services that are provided," said David Dentino, deputy assistant secretary of the Army for Installations, Housing and Partnerships. "It's our goal each year to exceed expectations and provide safe and reliable homes for service members and

families. This year we are confident that the responses will assist with improving the health and welfare of our Army housing residents resulting in meeting the Army readiness mission."

The survey aims to identify areas for enhancing communication with residents, addressing any deficiencies and prioritizing improvements that are most important to the community's well-being.

Tenants who do not receive the survey e-mail should contact their local garrison Army housing office.



U.S. ARMY

Your Opinion Matters!

Your feedback can make a BIG DIFFERENCE in the quality of life for Army families.

"We still need to hear from you"

TENANT

SATISFACTION SURVEY

2 MAR 2026 - 1 MAY 2026

Your Army Wants to Hear from You!

*Completely confidential

We are investing significantly in housing improvements to ensure quality living conditions are provided to our Soldiers and families. Survey feedback will guide the Army's efforts to provide quality, safe and secure housing.





The completely confidential survey will be emailed from ArmyHousingSurvey@celassociates.com. For additional questions, please contact your local Army Housing Office.

Hegseth says 'Epic Fury' goals in Iran are 'laser-focused'

by C. Todd Lopez/Pentagon News

WASHINGTON — Since early morning Feb. 28, American forces in the U.S. Central Command area of operations have been involved in an intense bombing campaign against Iran that has already resulted in the death of Iranian Supreme Leader Ayatollah Ali Khamenei.

As part of Operation Epic Fury, which started at 1:15 a.m. EST, American forces have already targeted the Islamic Revolutionary Guard Corps command and control facilities, Iranian air defense capabilities, missile and drone launch sites and military airfields.

Secretary of War Pete Hegseth said that while there is no timeline for the military operation, there are clearly defined goals for what the United States hopes to achieve.

"The mission of Operation Epic Fury is laser-focused," Hegseth said during a press briefing March 3 at the Pentagon. "Destroy Iranian offensive missiles, destroy Iranian missile production, destroy their navy and other security infrastructure, and they will never have nuclear weapons."

For decades, Iran has been in pursuit of a nuclear weapons capability, through both enrichment of weapons-grade nuclear material and development of missiles that can carry a nuclear warhead.

In June 2025, during Operation Midnight Hammer, the United States struck Iran's Fordow Fuel Enrichment Plant using 30,000-pound GBU-57 "massive ordnance penetrator" bombs. That operation, Hegseth said, obliterated Iran's nuclear program.

Nevertheless, Hegseth said, the Iranians have persisted in pursuing a nuclear capability and in building conventional capa-

bilities to protect their nuclear ambitions.

"Iran was building powerful missiles and drones to create a conventional shield for their nuclear blackmail ambitions," he said. "Our bases, our people, our allies, all in their crosshairs — Iran had a conventional gun to our head as they tried to lie their way to a nuclear bomb."

The secretary said the clear goals for Epic Fury mean it will be unlike past American conflicts in Iraq and Afghanistan.

"Our ambitions are not utopian; they are realistic, scoped to our interests and the defense of our people and our allies," he said. "This is not Iraq. This is not endless. ... This is the opposite. This operation (has) a clear, devastating, decisive mission: destroy the missile threat, destroy the navy, no nukes."

Hegseth said Epic Fury doesn't include nation-building or democracy building goals.

Air Force Gen. Dan Caine, chairman of the Joint Chiefs of Staff, said planning for an operation such as Epic Fury has been underway for a significant amount of time.

"This marked the culmination of months, and in some cases, years, of deliberate planning and refinement against this particular target set," Caine said. "From precision strikes against key military infrastructure to persistent intelligence and targeting integration to the close coordination of the components across vast distances, this operation again demonstrated America's reach, readiness and professionalism, and that of our joint united force."

Setting the force

Over the last 30 days, at the direction of the secretary, Caine said, the joint force repositioned forces around the region in

order to provide President Donald Trump with options, if he intended to act.

"These movements ensured that U.S. forces remained postured, protected and ready to respond decisively (to) any emerging threat," he said.

That effort included thousands of service members, hundreds of advanced fighter aircraft, refueling tankers, a sustained flow of munitions, fuel and supplies, and the USS Abraham Lincoln and USS Gerald R. Ford carrier strike groups, along with their air wings. More capabilities continue to flow into the region, Caine said.

"This rapid buildup of forces demonstrated the joint force's ability to adapt and project power at the time and place of our nation's choosing," Caine said.

The final word that Epic Fury was going to happen, he added, came from the president, Feb. 27, in the afternoon.

"Operation Epic Fury approved. No aborts. Good luck," Caine said, relaying the message from the president.

"In the region, every element of the joint force made their final preparations," he said. "Air defense batteries readied themselves, checking their systems to respond to Iranian attacks. Pilots and crews rehearsed their strike packages for the final time. Aircrews began loading their final weapons, and two carrier strike groups began to move toward their launching points across the globe."

Epic Fury

U.S. Cyber Command and U.S. Space Command, he said, initiated action with non-kinetic effects to disable Iran's communications ability. And then, at 1:15 a.m. EST, 9:45 a.m. Tehran time, Epic Fury kicked off.

"More than 100 aircraft launched from land and sea: fighters, tankers, airborne early warning, electronic attack, bombers from the states and unmanned platforms forming a single synchronized wave," he said. "This was a daylight strike based on a trigger event conducted by the Israeli Defense Forces, enabled by the U.S. intelligence community."

On the sea, the Navy launched Tomahawk missiles at Iran and attacked Iranian naval forces. While on the ground, he said, coordinated salvos of precision standoff weapons from across the region neutralized hundreds of preplanned targets.

"This was a massive, overwhelming attack across all domains of warfare, striking more than 1,000 targets in the first 24 hours," Caine said. "We are now roughly 57 hours into the operation. In the initial phase, CENTCOM's focus was systematic, targeting of Iranian command and control, infrastructure, naval forces, ballistic missile sites and intelligence infrastructure — designed to daze and confuse them."

As a result of strikes in Iran, Caine said the United States has established local air superiority, which enhances the ability to protect U.S. forces and allows them to continue operations there.

"Operation Epic Fury stands as a reminder of what the United States military uniquely delivers: the ability to project power on a global scale with speed, surprise, precision and overwhelming force, when and where our nation requires it," Caine said. "What we've demonstrated over the past several days reflects years of investment in readiness, joint integration and professionalism of the joint force."

Deaths announced of 4 U.S. Army Reserve soldiers supporting Operation Epic Fury

by U.S. Army Reserve Command Public Affairs

FORT BRAGG, N.C. — The Department of War announced the death of four U.S. Army Reserve soldiers who were supporting Operation Epic Fury. The soldiers died March 1 in Kuwait at the Port of Shuaiba, during an unmanned aircraft system attack. All of the soldiers were assigned to the 103rd Sustainment Command, Des Moines, Iowa. The incident is under investigation.

"We honor our fallen heroes, who served fearlessly and selflessly in defense of our nation. Their sacrifice, and the sacrifices of their families, will never be forgotten," said Lt. Gen. Robert Harter, chief of Army Reserve and commanding general U.S. Army Reserve Command.

"On behalf of the Army Re-

serve, we express our heartfelt condolences to their families and loved ones. We remain steadfast in our commitment to honoring the legacy of our fallen and supporting their teammates and families during this difficult time," Harter said.

The deceased are: Capt. Cody Khork, 35, of Lakeland, Florida; Sgt. 1st Class Nicole Amor, 39, of White Bear Lake, Minnesota; Sgt. 1st Class Noah Tietjens, 42, of Bellevue, Nebraska; and Sgt. Declan Coody, 20, of Des Moines, Iowa.

"To the families and teammates of these Cactus Nation Soldiers: you have my deepest sympathy and my respect," said Maj. Gen. Todd Erskine, commanding general, 79th Theater Sustainment Command. "Our nation is kept safe by folks like these — brave men and women who

put it all on the line every single day. They represent the heart of America. We will remember their names, their service, and their sacrifice."

"It with deep sadness and unyielding grief that we acknowledge and recognize our soldiers who made the ultimate sacrifice for their country. Our soldiers relentlessly, consistently and fearlessly served with sincere dedication and pride," said Brig. Gen. Clint A. Barnes, deputy commanding general, 1st Theater Sustainment Command, Operational Command Post. "They were the ultimate ambassadors for freedom. They represent the best of what our country stands for. May God grant their families peace and comfort in their memories. We will never forget them."

Capt. Cody Khork, a resident of Lakeland, Fla., enlisted as a 13P,

Multiple Launch Rocket System/fire direction specialist in the National Guard in 2009. He commissioned as a military police officer in the Army Reserve in 2014. He deployed to Saudia Arabia in 2018; Guantanamo Bay, Cuba in 2021; and Poland in 2024. Khork's awards and decorations include the Meritorious Service Medal, Army Commendation Medal, Joint Service Achievement Medal, Army Superior Unit Award, Army Reserve Component Achievement Medal, National Defense Service Medal, Global War on Terrorism Expeditionary Service Medal, Global War on Terrorism Service Medal, Korea Defense Service Medal, Armed Forces Service Medal, Army Service Ribbon, Overseas Service Ribbon, Army Reserve Component Overseas Training Ribbon, Armed Forces Reserve Medal with 10 Year

Device and "M" Device and the Military Outstanding Volunteer Service Medal.

Sgt. 1st Class Nicole Amor, a resident of White Bear Lake, Minnesota, enlisted in the National Guard as a 92A, automated logistics specialist in 2005. She transferred to the Army Reserve in 2006 and deployed to Kuwait and Iraq in 2019. Amor's awards and decorations include the Army Commendation Medal, National Defense Service Medal, Army Reserve Component Achievement Medal, Global War on Terrorism Expeditionary Service Medal, NCO Professional Development Ribbon, Army Service Ribbon, Overseas Service Ribbon and the Armed Forces Reserve Medal with "M" Device.

U.S ARMY Fort Leavenworth

BE INFORMED, HAVE A PLAN, MAKE A KIT, GET INVOLVED



- All DoD Civilians and Military Members are required to be enrolled with ALERT!
- ALERT! is the best way to get information directly from the Fort Leavenworth team.
- Service Members and civilians can add family members to also receive notifications.

Severe Spring & Summer Weather Awareness



- Have at least 3 ways to receive weather warnings:
 - Outdoor Sirens & Giant Voice
 - ALERT!
 - National Weather Service Alerts
 - NOAA Weather Radio
 - Television & Radio Stations



- OUTSIDE
 - Find Shelter Immediately
 - If in a car, do not drive through the tornado.
 - Find Shelter or lie flat in ditch or depression OR:
 - Buckle Seatbelt & Get Below Window Level of Vehicle



- Inside
 - REMEMBER "DUCK":
 - Down to Lowest interior level
 - Under something sturdy
 - Cover your head
 - Keep in the shelter until storm has passed

- KANSAS Averages 95 Tornadoes per Year (189 most Kansas tornadoes in a year(2008))
- Most Tornadoes Occur April – June but can happen during any month.
- Be Prepared:
 - Trim tree limbs away from your home
 - Make an emergency kit (Food, water, medicine, first aid kit, tools, flashlights, gloves)
 - Make a family plan
 - Identify your shelter
 - Know the signs of a tornado
 - Sign up for severe weather alerts.
 - Stay up to date on changing weather conditions
- Check on your neighbors when safe to do so.



"The best hometown in the Army"

Adoptable Pet of the Week: Freya



Freya is a small 3-year-old female husky mix available for adoption at the Fort Leavenworth Stray Facility. She has already been spayed, microchipped and vaccinated. The fee to adopt a dog is \$155, which helps cover some of the care received. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility.

E-mail fortleavenworthstrayfacility@gmail.com for an adoption application and call 913-335-0788 for an appointment. Visit <https://www.petfinder.com/member/us/ks/fort-leavenworth/fort-leavenworth-stray-facility-ks174/> for adoptable pet profiles.

The Fort Leavenworth Stray Facility, at 510 Organ Ave., is open noon to 3 p.m. Tuesday and Thursday and by appointment for pre-approved adopters. Call 913-335-0788 for an appointment or more information.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed.

To apply to volunteer with the Fort Leavenworth Stray Facility, visit <https://vmis.armyfamilywebportal.com/>, enter ZIP code 66027, then search for "stray animal facility."



Photos by Prudence Siebert/
Fort Leavenworth Lamp

Spring religious holiday services schedule at post chapels

by Religious Support Office

Special Services

Ramadan, noon through March 20 at Frontier Chapel

Jewish Passover, time TBD, April 2 at Memorial Chapel

Good Friday (Protestant), 3 p.m. April 3 at Memorial Chapel

Easter Sunrise Service (Protestant), 7 a.m. April 5 at Memorial Chapel

Catholic

Stations of the Cross, 5:30 p.m. Feb. 27, March 6, March 13 and March 27 at Pioneer Chapel

Lenten Penance Service, 6 p.m. March 25 at Frontier Chapel

Lenten Spiritual Luncheon Retreat, 10 a.m. March 28 at Pioneer Chapel

Palm Sunday, 9:15 a.m. March 29 at Pioneer Chapel

Maundy Thursday Mass, 6 p.m. April 2 at Pioneer Chapel

Good Friday Service, 3 p.m. April 3 at Pioneer Chapel

Easter Vigil, 7 p.m. April 4 at Pioneer Chapel

Easter Sunday Mass, 9:15 a.m. April 5 at Frontier Chapel

Protestant (Liturgical)

Palm Sunday, 9:30 a.m. March 29 at Memorial Chapel

Easter Service, 9:30 a.m. April 5 at Memorial Chapel

Gospel Service

Palm Sunday, 10 a.m. March 29 at Pioneer Chapel

Easter Service, 10 a.m. April 5 at Pioneer Chapel

Easter Egg Hunt, 11 a.m. April 5 at Pioneer Chapel

Protestant (Contemporary)

Easter Egg Hunt, 10 a.m. March 29 at Frontier Chapel

Palm Sunday, 11 a.m. March 29 at Frontier Chapel

Easter Service, 11 a.m. April 5 at Frontier Chapel

Protestant (Traditional)

Palm Sunday, 8:30 a.m. March 29 at Pioneer Chapel

Easter Egg Hunt, 10 a.m. March 29 at Pioneer Chapel

Easter Service, 8:30 a.m. April 5 at Pioneer Chapel

For more information, e-mail christopher.w.weinrich.mil@army.mil.

GRANTS AND SCHOLARSHIPS

■ The Fort Leavenworth Spouses' Club is currently accepting **COMMUNITY ASSISTANCE** and **GRANT APPLICATIONS** through **March 15**. Visit <https://fortleavenworthspousesclub.org/> community-giving to apply.

■ Scholarship applications are available at the Army Education Center for the **JOHN W. POILLON SCHOLARSHIP**, which is open to high school seniors who are dependents of U.S. service members currently or within the past two years assigned to Fort Leavenworth or dependents of civilians employed at Fort Leavenworth. **Application deadline is March 10**. Visit the Army Education Center to apply or for more scholarship opportunities.

■ The **FORT LEAVENWORTH SPOUSES' CLUB** is currently accepting appli-

cations for **high school senior scholarships**, **continuing undergraduate scholarships**, **spouse education scholarships** and **vocational school/certification program/continuing education units scholarships** through **March 15**. Visit <https://fortleavenworthspousesclub.org/> community-giving to apply.

■ The **COMMAND AND GENERAL STAFF COLLEGE FOUNDATION 2026 COMPETITIVE SCHOLARSHIP PROGRAM** for spouses, children or grandchildren of U.S. Army Command and General Staff College alumni and others who are life members of the CGSC Foundation's Alumni Association is open for applications **through March 15**. The application is available on the CGSC Foundation website at www.cgscfoundation.org/scholarships.

The 2026 CGSC Foundation scholarship

awards include seven cash scholarships: one \$5,000 (the Colonel Stephen E. "Brownie" Brown Scholarship), one \$1,000, one \$750, and one \$500 to students who are beginning their college education; and one \$1,000, one \$750, and one \$500 scholarship to students who are continuing their college education.

■ **THE MICHAELS ORGANIZATION EDUCATION FOUNDATION RESIDENT SCHOLARSHIP PROGRAM** is accepting applications through **April 15**. For eligibility requirements visit <https://tmo.com/the-michaels-organization-educational-foundation-encourages-affordable-and-military-housing-residents-to-apply-for-2026-scholarship-program/>. To apply online, visit tmoef.communityforce.com. For assistance, email scholarships@tmo.com.

THURSDAY
MARCH 5, 2026



Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

CASO Cultural & Area Studies Office

THE LATEST PROTESTS IN IRAN: AN ANALYSIS

OPENING REMARKS:
DR. ROBERT T. DAVIS
Assoc. Dean of Academics,
U.S. Army Command and General Staff College (CGSC)

PANEL MEMBERS:
MR. MARK J. BOSSE
Chair of Diplomacy Studies, CGSC; Former Deputy Chief of Mission, and
Public Diplomacy Chief at U.S. Embassy to Oman
DR. BRIAN L. STEED
Associate Professor of Military History, Department of Military History, CGSC
DR. TIRDAD DAEI
Senior Instructional System Specialist, CGSC, KS; Former Academic Dir., CENTCOM
Regional Analysis, U.S. Army John F. Kennedy Special Warfare Center and School
MR. GARY HOBIN
Department of Joint, Interagency, and Multinational Operations, CGSC

MODERATOR:
DR. MAHIR J. IBRAHIMOV (DR. I.)
Director, Cultural and Area Studies Office, U.S. Army CGSC

DATE:
THR, 5 MAR, 2026

TIME:
1300 - 1500 (CST)

LOCATION:
Arnold Conf. Room,
Lewis and Clark Center,
Fort Leavenworth, KS
All welcome for the audience.
For outstations, the event will be available live on
CGSC's YouTube page at:
<https://www.youtube.com/@USArmyCGSC>

FORT LEAVENWORTH FRONTIER HERITAGE COMMUNITIES

OPEN TO THE PUBLIC!

HISTORIC RENOVATION SELF-GUIDED TOUR

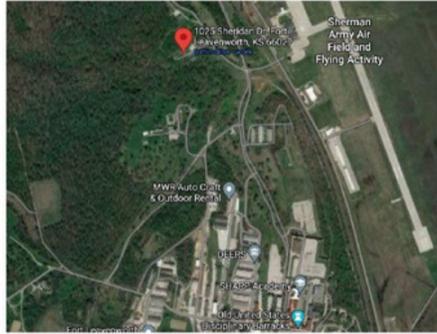
613 Grant Avenue

MARCH 5-6 | 10AM-2PM

FRONTIERHERITAGECOMMUNITIES.COM

Fort Leavenworth Thrift Store Open – Saturday, 7 March 2026

- ❖ Location: 1025 Sheridan Drive, Building 1049
- ❖ Phone: 913-651-6768
- ❖ Hours:
 - ❖ Monday & Friday: Closed
 - ❖ Tuesday-Thursday: 930am-230pm
 - ❖ First Saturday of each month: 930am-230pm
 - ❖ Consignments taken each day the store is open from 930am-1230pm



Lucky Leprechaun

Trails West Golf Course
March 14 // 10AM Shotgun Start

Come and celebrate St. Patrick's Day at our 4 person scramble!
Fee - \$60 Members // \$70 Non-Members
Last day to register is March 11th.
Fee includes tournament fees, green fees, cart fees, range, food & beverage
Participants can also enjoy flight prizes and hole prizes.
Join us before for a cup of Irish Coffee and after for Corned Beef & Cabbage.
Open to the public
Info: (913) 651-7176



7

Saturday, March 7, 2026 at 10:30 AM – 12:00 PM CST

History Brunch: Civil War Veterans in Alaska

100 Reynolds Ave, Fort Leavenworth, KS, United States, Kansas 66027



PROJECT FAMILY NIGHT



ELEMENTARY - 3/10/26 - 4:30-6:30 PM
PATTON - 3/11/26 - 5:30-7:00 PM

Spring Break at the Frontier Army Museum

100 Reynolds Ave, Fort Leavenworth, KS 66109

- Touch a Truck with the Fort Leavenworth Fire Department**
Monday March 16th from 10:00am-12:00pm
Get up and personal with a real firetruck! Come talk to real firefighters and learn about how these heroes keep Fort Leavenworth safe.
- Storytime with Combined Arms Research Library (CARL)**
Tuesday March 17th at 10am
Join us for a special Spring Break Storytime at the museum! We will read picture books, sing songs, and play games!
- Operation Wildlife Bald Eagle Presentation**
Wednesday March 18th at 10:30am
Experienced bird handlers will share fun facts and use props to help participants visualize the wingspan, amazing eyesight, and the impressive size of the eagle.
- 'It's Wild Out There!' Fort Leavenworth Nature Presentation by Nature Resource Specialist Neil Bass**
Thursday March 19th at 10:30am
Fort Leavenworth is home to 1,500 acres of Missouri River floodplain forest. Learn about the plants, trees, and animals that populate our historic post from a nature expert.
- Children's Pioneer Day**
Friday March 20th from 10:00am-12:00pm
Join us for a Children's Pioneer Day! Kids can explore what it would be like to be a pioneer on the Western frontier! There were will activities and games to help kids learn all about living that 19th century life.

All programs are free and open to all ages

Family Advocacy Program Brief

POST THEATER | 375 GRANT AVE | FT. LEAVENWORTH

Recognizing and reporting potential Domestic Abuse and Child Abuse is not always black and white.

Have big questions? We have answers.

The Family Advocacy Program (FAP) is Command supported and Soldier focused. FAP is the Army's official program for preventing and responding to Family violence.

This free, mandatory, annual training will educate Soldiers and leaders about preventing, identifying and correctly reporting Domestic Abuse and Child Abuse. (In accordance with AR 350-1)

2026 TRAINING DATES:
From 1300 - 1500

- 25 MARCH
- 29 APRIL
- 27 MAY
- 24 JUNE
- 15 JULY

Training is free and for 18+. There is no registration required. For more information call: 520-692-6378 / 6303



BOSS PRESENTS MOVIE NIGHT

Post Theater // 375 Grant Avenue
Movies start at 7PM
Must show your DoD ID at the door!

March 13

SUPERMAN

PG-13

Come out and join us as the BOSS program gives back to the Community by playing FREE movies inside the Post movie theater. Prepackaged snacks and drink can be purchased at the snack bar. No outside food or drinks are authorized.

For all movies children 12 and under MUST be accompanied by an ADULT!
CASH only at the snack bar!

For more info call: (913) 684-2736 • Or visit our website leavenworth.armymwr.com

Download the My Army Post App

Stay in the know at your Garrison

- Installation Services
- Gate Hours
- Community Events
- Maintenance Requests
- Weather
- Resources
- AND MORE

Available on Google Play and the App Store

WE ARE THE ARMY'S HOME | HOME.ARMY.MIL | ARMYMWR.COM



Donut Drive-Thru

March 2-6

7:30 A.M.

WHILE SUPPLIES LAST!



Resident Appreciation Week

200 HANCOCK AVENUE



FORT LEAVENWORTH FRONTIER HERITAGE COMMUNITIES



OPEN TO THE PUBLIC!

HISTORIC RENOVATION SELF-GUIDED TOUR

613 Grant Avenue

MARCH 5-6 | 10AM-2PM

HIGHLIGHTS



PRESERVATION AND PURPOSE

Restoration and Stewardship by: The Michaels Organization

In partnership with: FLFHC

Historic homes are tangible connections to the past. Their materials, proportions, and details tell the story of an earlier era while continuing to serve present-day residents.

Through careful preservation and responsible stewardship, the character of Fort Leavenworth is sustained for future generations.



Fort Leavenworth Frontier Heritage Communities

613 GRANT AVENUE: RESTORED

Constructed between 1901 and 1905, 613 Grant Avenue stands as a lasting example of early twentieth-century architecture at Fort Leavenworth. Carefully restored, the home preserves its historic character while preparing it for generations to come.

ORIGINS OF 613 GRANT AVENUE

At the turn of the twentieth century, Grant Avenue became home to residences built with permanence and architectural distinction in mind. Solid masonry construction, defined rooflines, and intentional interior detailing characterized homes of this period.



For more than a century, 613 Grant Avenue has remained part of the installation's historic streetscape, reflecting both continuity and craftsmanship across generations.

Preserved Architectural Features

Preserving defining architectural elements was central to the restoration of 613 Grant Avenue.

Original fireplaces and mantels remain focal points, along with built-in cabinetry in the living room and galley kitchen. The original stair railing and spindles continue to define the interior's character.

The brick exterior, chimneys, porch configuration, and historic exterior doors and hardware — where verifiable — were retained to maintain architectural integrity.

The existing hardwood floors were carefully restored, representing a later chapter in the home's evolution.

THE RESTORATION EFFORT

The restoration of 613 Grant Avenue was led by The Michaels Organization, parent company of Fort Leavenworth Frontier Heritage Communities, reflecting a commitment to long-term stewardship within historic communities.



The project strengthened both the structural and visible masonry of the home, including masonry and trim repairs, window replacement, interior reinforcement and finish work, and modernization of plumbing, HVAC, and electrical systems. Each improvement ensured the home's continued purpose for generations to come.



HOUSING UPDATES

Residents are invited to stop by the housing office at 220 Hancock Ave. at 7:30 a.m. March 7 for fresh complimentary donuts on the last day of RESIDENT APPRECIATION WEEK. Donuts will be available daily while supplies last.

The community is invited to attend the HISTORIC HOME OPEN HOUSE TOUR from 10 a.m. to 2 p.m. March 5-6 at 613 Grant Ave.

The ARMY HOUSING TENANT SATISFACTION SURVEY launches March 2 and will remain open through the last week of April. Residents will receive their personalized survey link via e-mail from CEL & Associates. All responses are anonymous, confidential and reviewed directly by the Army. Throughout the survey period, CEL will host weekly \$50 prize drawings, along with a \$250 grand prize drawing at the conclusion of the survey. During the survey window, residents can also expect to see NEIGHBORHOOD POP-UP EVENTS, including parades, community clean-up crews and snack stations. Event details will be shared via e-mail.

Residents should submit their "NOTICE OF INTENT TO VACATE" as soon as they receive orders and schedule household goods.

Wallace Commercial Landscaping is continuing with hard pruning and tree trimming. Residents who would like to maintain their own flowerbeds should use "NO MOW" STAKES to visibly mark the areas.

THE MICHAELS ORGANIZATION EDUCATIONAL FOUNDATION RESIDENT SCHOLARSHIP PROGRAM is accepting applications through April 15. For eligibility requirements visit <https://tmo.com/the-michaels-organization-educational-foundation-encourages-affordable-and-military-housing-residents-to-apply-for-2026-scholarship-program/>. To apply online, visit tmoef.communityforce.com. For assistance, e-mail scholarships@tmo.com.



Your Opinion Matters!

"We still need to hear from you"

TENANT SATISFACTION SURVEY

2 MAR 2026 - 1 MAY 2026

Your feedback can make a BIG DIFFERENCE in the quality of life for Army families.

Your Army Wants to Hear from You!

*Completely confidential

We are investing significantly in housing improvements to ensure quality living conditions are provided to our Soldiers and families. Survey feedback will guide the Army's efforts to provide quality, safe and secure housing.



The completely confidential survey will be emailed from ArmyHousingSurvey@celassociates.com. For additional questions, please contact your local Army Housing Office.

THE MICHAELS ORGANIZATION EDUCATIONAL FOUNDATION Resident Scholarship Program



APPLICATIONS NOW OPEN!

FEBRUARY 2 - APRIL 15, 2026

APPLY ONLINE @ tmoef.communityforce.com

ELIGIBILITY REQUIREMENTS

- Matriculating college students & those with a high school diploma who plan to attend any accredited college, university, trade school, or technical program
- Current residents, in good standing at a Michaels community
- Official grade transcript must be submitted
- Complete all required parts of the application (including Conditional essay, if applicable)

SCAN THE QR CODE TO APPLY!



NEED ASSISTANCE? CONTACT US! scholarships@tmo.com



Do you feel like you're NOT seeing the full picture?

Get help that makes sense with the HYC Homework Lab!

HYC Homework Lab*
M - F
After school from 3pm - 6pm

FREE after school program for Teens!

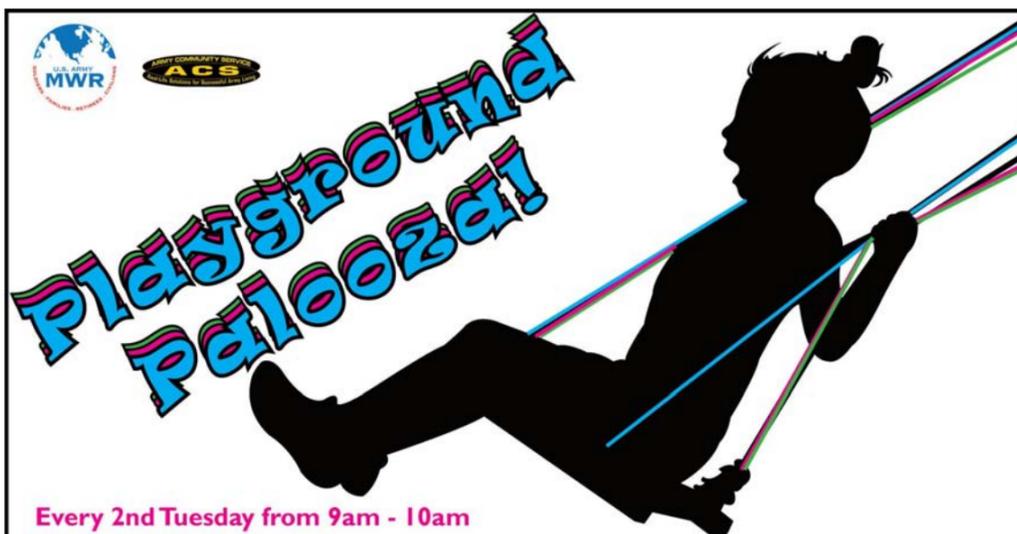
Offering:
Homework / Tutoring
ACT / SAT Prep Nights
Money Matters Classes
Career Launch
College Visits
Science Club

Harrold Youth Center
45 Biddle Blvd
Fort Leavenworth, KS
(913) 684-5115

*For eligible 6th - 12th graders Must be registered with CYS



leavenworth.armymwr.com



Every 2nd Tuesday from 9am - 10am @ The EFMP Playground
(through the month of October)

Come out and get to know other EFMP Families while the kids play! Every month there will be a NEW and EXCITING activity for the kids! Open to EFMP Families only.

Registration is required the Friday before the event. Call 520-692-6363 for more info



Activities*

- May- Chalk Art
 - June- Art Easels
 - July- Popsicles
 - August- Bubbles
 - September- Juice Boxes
 - October- Pumpkin Decorating
- *Subject to change

ACS New Parent Support Prenatal Classes 2026

600 Thomas Ave Room 125
All classes are from 5 pm - 7 pm

Childbirth Classes:
Series of three classes
Jan 5th, 12th, 26th
Mar 2nd, 9th, 16th
May 4th, 11th, 18th
Jul 13th, 20th, 27th
Sep 14th, 21st, 28th
Nov 2nd, 9th, 16th

Newborn Care Classes:
Feb 2nd
Apr 13th
June 1st
August 3rd
October 5th
December 7th

Breastfeeding Classes:
February 9th
April 20th
June 8th
August 10th
October 19th
December 14th

Free for Expectant Parents!
Deadline for Registration is the Friday before the class. Pre-registration is required. Contact 913-297-3212

Join ACS/ New Parent Support for **STORY TIME**

Wednesdays @ 10am
The Resiliency Center
600 Thomas Ave
Fort Leavenworth, KS

Introduce the magic of books and foster a lifelong love of learning!

Story Time is free and open to ages 3 months to 3 years (must have an adult present).

Please call or text by the close of business day on the Tuesday before Story Time. 913-297-3212

EFMP/ Waiting Families RECREATIONAL BOWLING

Every first Saturday of the month
12:00pm - 2:00pm
Strike Zone Bowling Center
165 Fourth St

Meet other EFMP families! EFMP Recreational Bowling is a fun way to socialize, and sharpen fine motor skills.

All ages welcome!
FREE for the entire family including shoes! Bumpers, bowling ramps, and lightweight bowling balls are available.

Pre-registration is required the Wednesday before the event. Fort Leavenworth Waiting Families, call ACS to reserve your spot! Call 913-684-2800 for more info or to register

Co-Parenting Workshop

Round 1: March 9, 16, 23, 30
Round 2: June 8, 15, 22, 29
Round 3: August 10, 17, 24, 31
Round 4: December 7, 14, 21, 28
@ 1:00pm - 2:30pm
ACS Classroom 145
600 Thomas Ave

Learning to co-parent after a divorce can feel like being on opposite ends of a chasm.

Our four week workshop will show you how to build a bridge that will enhance parenting skills, enrich positive co-parenting, learn to develop and use boundaries, and establish a joint plan for managing expectations about your children's growth, development, and behavior.

FREE and open to all DoD ID holders 18+ Register by calling 520-692-6378/ 6323
Deadline to register is day before class. Participants are encouraged to attend every class as each session will be different. Ask about virtual options!

Stroller Walk & Talk

Meeting every Tuesday morning at
The Resiliency Center
600 Thomas Ave
March - May & Oct - Nov
10am - 11am
June - Sept
9am - 10am

This is a FREE opportunity to meet other parents of small children, get healthy and socialize all while enjoying the walking paths of Ft. Leavenworth!

Offered to expecting parents and to parents of children through 3 years of age. Must bring your own stroller. Register the day before!
POC 913-297-3212

Join ACS/ New Parent Support for **Toddler Time**

Wednesdays @ 9am
The Resiliency Center
600 Thomas Ave
Fort Leavenworth, KS

Learn through play as we build social skills, introduce preschool routines, and explore!

Toddler Time is free and open to ages 2 to 3 years (must have an adult present).

Please call or text by the close of business day on the Tuesday before Toddler Time. 913-297-3212

THE JOHN W. POILLON MEMORIAL SCHOLARSHIP IS ACCEPTING APPLICATIONS

Eligibility: High school seniors/ graduates who are dependents of military members or civilian employees at Fort Leavenworth. All applications due by March 10, 2026

SCHOLARSHIP APPLICATION NOW OPEN!

The FLSC Scholarship application is officially available on our website.

Deadline: March 15, 2026

Questions? Email scholarshipflsc@gmail.com

Grant Applications Now Open!

DETAILS AVAILABLE AT
WWW.FORTLEAVENWORTHPOUSECLUB.COM

ART & ILLUSTRATION

Do you have an aspiring artist / insatiable doodler at home?

Need an outlet for all of that creative energy?

SKIES Art & Illustration classes focus on improving drawing techniques, developing original characters and helping to curate individual style.

Each class session will build on a project such as a mini comic book, realistic self-portrait, animal drawings, shoebox theaters or flip books.

SKIESUnlimited

Tuesdays at Patch Community Center
320 Pope Ave
Fort Leavenworth, KS
Ages 6 - 9
4:15 - 5:15
Ages 10 - 17.99
5:30 - 6:30

\$12 a lesson, at least three lessons per monthly project. Stand-alone classes are also available. Bring your favorite pencil! The rest of the supplies will be provided. Must be currently registered with CYS to enroll. For more information call 913-684-3207

NOW
OPEN

**Fort Leavenworth Child & Youth Services Waitlists for
Summer Camp 2026
&
School Year 2026-2027**

MILITARY
CHILDCARE dot com

Create an account or use existing account to make one or more "Request for Care" for each child & all Care Options needed!

(!) A Request for Care is NOT required for Summer Camp or School Year 26-27 when child is currently enrolled in the CYS Before/After School Program.

Contact Parent Central Office for assistance:
913-684-5138 or 913-684-4956
usarmy.leavenworth.id-training.mbx.ftlvpncentral@army.mil

Don't know which
Care Options to request?
Prior to making Requests for Care review the flyer:
**2026-2027
Fort Leavenworth
Care Options & Waitlists**
Available on:
Find us on: **facebook**
Fort Leavenworth Child & Youth Services
Fort Leavenworth FMWR Website
Go to CYS Section

PAIR Day & Kid Fest

April 11 // 10AM - 2PM
Harney Sports Complex

Experience what Fort Leavenworth and the surrounding Kansas City area have to offer at PAIR Day (Post Activities Information & Registration). This is your one stop-shop for everything social, recreational, spiritual, and educational.

There will be informational tables, and lots and lots of FREEBIES!

In honor of Month of the Military Child, this event is a celebration for Military Kids!

This event will be filled with family friendly fun, with a DJ, CYS class demos and informational table. And, the best part it's all FREE!

For more info, call (913) 684-1830 Or scan the QR Code.

2026-2027 Fort Leavenworth CYS Care Options & Waitlists on MILITARYCHILDCARE.COM

- CYS eligible patrons create or use your current account on MILITARYCHILDCARE.COM (Visit FAQ section on site)
- Review the Facility Program & Care Option descriptions below & available on MILITARYCHILDCARE.COM
- Submit a Request for Care (RFC) for each child in each Child Care Option listed below that fit your care needs.

Offers are managed by the Fort Leavenworth CYS Parent Central office using contact information listed in your MILITARYCHILDCARE.COM household profile.
TIP: List phone/email address you have ongoing access to during travel/leave (and ensure those are toggled to receive notifications).
To facilitate a successful offer process, ensure the **Sponsor & Spouse employment status indicated applies to living in the FTLVN area.**

Visit CYS website & Facebook pages
www.leavenworth.armymwr.com www.facebook.com/cys.ftleavenworth www.facebook.com/cys.ftlvntecenter CYS Parent Central: 913-684-5138 or 4956

MAIN CHILD DEVELOPMENT CENTER
FULL-DAY CHILDCARE & FULL-DAY PRESCHOOL
Open 6:00am-6:00pm

(!) Request Full-Day Preschool when care needed the Summer prior to Kindergarten.
(!) Request KG School Year Care if needed & attending USD 207 (or applied to attend). [See Osage's BLUE info box on the right.]
>> Must turn 5 by/on 31 AUG 2026 to be KG eligible in Kansas.
(!) This program is NOT affiliated with the USD 207 Preschool/Pre-K Program. Transportation is NOT available.
•CYS is recruiting on-post Family Child Care providers.

FULL-DAY
6 WEEKS THRU 5 YEARS
(!) Not started KG.
Refer to info

PART-DAY PRESCHOOL
SCHOOL YEAR 26-27
3-5 years
3 CLASS OPTIONS

OSAGE KG & SCHOOL AGE CARE FACILITY
CYS PART-DAY PRESCHOOL CLASSES
3 Class Options **September thru May** (all are 3 hour classes)
2-Day AM (8-11am on T/Th) / 3-Day AM (8-11am on M/W/F)
4-Day PM (12:15-3:15pm on M-TH)

- Must turn 3yrs on or prior to first day of class.
- Request multiple classes to increase chances for placement.
- No "Toilet Trained" restriction.
- Under 3? Choose a Need Date on/after child turns 3 years old.
- Minimum Enrollment required for class option to be offered.

(!) This program is NOT affiliated with the USD 207 Preschool/Pre-K Program. Transportation is NOT available.

OSAGE KG & SCHOOL AGE CARE FACILITY
2026 KG & SCHOOL AGE (1st-5th) SUMMER CAMP WEEKS
Full-Day Summer Program Open 6:00am-6:00pm
REQUEST THE CARE OPTION BASED ON GRADE COMPLETED IN MAY 2026

- "Completed KG" & "Completed 1st-5th School-Age Care" are separate Care Options based on grade COMPLETED.
- Request each camp weeks needing care.
- >> Current School Year 25-26 contract holders are given the opportunity to request Continuity of Care directly with Osage in the Spring. Requests in MCC are ONLY needed once past Osage's deadline.

SUMMER 2026
COMPLETED KG & 1st-5th Grade
*6th-12th Grade see HYC info

SCHOOL YEAR 26-27
ENTERING KG & 1st-5th Grade
*6th-12th Grade see HYC info

OSAGE KG & SCHOOL AGE CARE FACILITY
SCHOOL AGE SCHOOL YEAR CHILDCARE
Before/After School Open 6:00am - 6:00pm
Transportation to/from FTLVN schools included by USD 207.
REQUEST THE CARE OPTION BASED ON GRADE ENTERING IN AUGUST 2026

- KG & 1st-5th School-Age Care Options are separate.
- (!) Upcoming KG: Make additional Full-Day Preschool request when care is needed the Summer prior to KG.
- >> Before Only, After Only, & Before/After care options include USD 207 No-School Days & Early-Out Fridays & the first 2 weeks of school when KG only attends 1/2 days.

OSAGE KG & SCHOOL AGE CARE FACILITY
SCHOOL AGE WINTER & SPRING BREAK CAMP WEEKS
Full-Day Program Open 6:00am-6:00pm

- KG & 1st-5th School-Age Care Options are separate.
- Make request based on grade currently enrolled.
- USD 207 Calendar determines camp weeks. Weeks will be available to request in mid September 2026.
- CYS will be closed on Federal Holidays.
- Request is not required for children in a current School Year contract.

NO WAITLIST REQUIRED FOR YOUTH 6TH-12TH GRADE
[COMPLETED OR CURRENTLY ATTENDING]

Enrollment into a Middle School & Teen program is first come-first serve for CYS eligible & registered youth.
On www.leavenworth.armymwr.com search for "Harrold Youth Center" for details on Summer Camp Weeks, FREE Open Recreation time, & the FREE After School Program (which includes pick-up at on-post & off-post middle/high schools), & Winter & Spring Break Camp Weeks.

HARROLD YOUTH CENTER
6TH-12TH GRADE

HOLIDAY CAMPS
ATTENDING KG & 1st-5th Grade
*6th-12th Grade see HYC info

EASTER EGG HUNT

SATURDAY 4 APRIL

The hunt begins promptly at **1:00**

Located in grassy area next to Armed Forces Bank

Age Groups: 2-3, 4-5, & 6-10
Find a **GOLDEN EGG** for a special prize!
(In the event of adverse weather the Easter Egg Hunt will be rescheduled)

Don't forget the camera for photos with the Easter Bunny!

Special Guest: The Easter Bunny

HYC
Harrold Youth Center

School is in session, but the FUN doesn't need to stop! Hang with your friends and make some memories!

FREE TEEN AFTER-SCHOOL PROGRAM

Offering:

- Free After School Snacks
- Homework Help
- STEM Programs
- Gym Activities
- Music Classes
- Arts & Crafts
- Bowling Club
- Bike Club
- Fishing Club
- Strength Training
- Youth Sponsorship Club
- Video Games & Tournaments
- Homework & Technology Labs
- Monthly Parties/ Dances
- Non-School Day Field Trips
- Friday after 6pm & Saturday Special Events

*Enroll now at Harrold Youth Center 45 Biddle Blvd

HYC Hours
Mon -Thurs 3pm - 6pm
Friday 3pm - 9pm
Saturday 1pm - 7pm
Non-School Days
Open at 1pm
Closed Sunday
Administrative Hours
Monday - Friday
9am - 5:30pm

*HYC is for 6th-12th Graders only. Must be registered with CYS Parent Central prior to enrolling. Stop by for our monthly calendar! Contact 913-684-5138 for more info on registration and eligibility

KNOW YOUR WORLD CULTURAL SERIES

NETHERLANDS	SEPTEMBER 17 2025
KUWAIT	JANUARY 27 2026
ARGENTINA	NEW DATES
INDIA	FEBRUARY 11 2026
CABO VERDE	FEBRUARY 18 2026
	MARCH 25 2026

Presentations start at 1545 in Eisenhower Auditorium & on CGSC YouTube
Open to the public-all are welcome to attend or view online
All IMS Attend//Presenting IMS' Section expected to attend//All Staff Groups Highly Encouraged to Attend//Post Presentation Culinary Sampling Offered to all who attend in Arter Atrium

**United States Disciplinary Barracks
Unit Tribute Ceremony**

21 May 2026
1000 hours
National Museum of the US Army
1775 Liberty Drive
Fort Belvoir, VA 22060

**OUR MISSION
YOUR FUTURE**
EST. 21 MAY 1874

Important information:

- RSVP to peter.j.grande.vol@army.mil by 11 May 2026 to ensure receipt of a general admission ticket for museum access after the ceremony.
- The ceremony will be standing only; no chairs or seating available.
- Please arrive 15 minutes prior to ceremony start time.

Visit: www.thenmusa.org

ACS Family Advocacy Program Presents:
ANGER MANAGEMENT

Jan 8 • Mar 19 • May 14
July 16 • Sept 17 • Nov 5

Thursdays from 11:30AM - 1PM
ACS Conference Room, Room 145
Virtual options available via Teams

Learn how to identify the different kinds of anger and ways anger is expressed. Build skills to deal with strong and destructive behavior and emotions.

FREE and open to DoD ID card holders 18 and above.

Childcare not provided.

Registration is required, and must be done the day before the class.

For more info or to register call, (520) 692-6378/6323

STRESS Management

February 19, April 16, June 18, August 20.
October 15, December 10
11:30am - 1:00pm
600 Thomas Ave
Room 145

Veterans Crisis Line
DIAL 988 then **PRESS 1**

STRESS WEIGHING YOU DOWN?
IT'S TIME TO TAKE BACK CONTROL

FREE one-session workshop 18+
No childcare
Deadline to register is day before training.
Virtual attendance is available through TEAMS.
For more info: Call 520-692-6378/6323

Starting January 26th, 2026

Fort Leavenworth Group Fitness Classes

GRUBER FITNESS CENTER - 200 Reynolds Ave., - 684-5120
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530			Spin (Karyn)			
0600		Slow Flow (Leslie)		Slow Flow (Leslie)		
0900	Vinyasa (Leslie)		Body Pump (Tara)		Body Pump (Tara)	
1000						Power Yoga (Kim)
1300	Body Pump (Tara)					
1630			Power Cycling (Kim)	Yin Yoga (Brandie)		
1700	Power Yoga (Kim)					

HARNEY SPORTS COMPLEX - 185 Fourth St., - 684-2190
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

*Power Cut classes are held in the Bubble Gym



Single Ticket For \$5.00
10 Tickets For \$45.00
20 Tickets For \$80.00



<https://leavenworth.armymwr.com>

Independent Instructor Class Schedule

Gruber Fitness Center

Monday	Tuesday	Wednesday	Thursday	Friday
	Brazilian Jiu-Jitsu 1830-1930		Brazilian Jiu-Jitsu 1830-1930	
	Taekwondo 1800-1900 1900-2000		Taekwondo 1800-1900 1900-2000	

Jiu-Jitsu 1 x a week - \$60 2 x a week - \$75 3 x a week - \$85 Drop in \$20
First class is FREE!
Taekwondo \$65 per month 2x a week - \$10 single class
Must have 24 hour access to gym. Classes are 18+ Register in person

Harney Sports Complex

Monday	Tuesday	Wednesday	Thursday	Friday
Weight Lifting 0900-1015		Weight Lifting 0900-1015		Weight Lifting 0900-1015
Youth Olympic Lifting 1600-1700 1700-1800 Bubble Gym		Youth Olympic Lifting 1600-1700 1700-1800 Bubble Gym		

Weight Lifting - \$75 (3 days) \$70 (2 days) \$10 (drop in)
Youth Olympic Lifting - \$75 (NO drop in)
First class is FREE! Weight Lifting is for 18+

Harney Sports Complex & Aquatics Center
185 Fourth St
Ft. Leavenworth, KS
913-684-2190



Gruber Fitness Center
200 Reynolds Ave
Ft. Leavenworth, KS
913-684-5120

Adult Sports Volleyball League

Season Starts : April 2

Games: Tuesday & Thursday 5:30pm - 7:30pm
Harney Sports Complex

Coaches Meeting: Wednesday, March 18 5:30pm at Gruber Fitness Center

Team Rosters and/or Letters of Intent due COB Wednesday, March 25.

This is a co-ed league. Open to Active Duty, DOD Civilians, Retirees, Dependents, Spouses, and Contractors working on Fort Leavenworth ages 18+

League Awards given for regular season champions, tournament runner ups, and tournament champions.
Info: 913-684-3224/5136



EFMP & Waiting Families Presents

ZUMBA
Get ready to Move! Get ready to Groove!

Every second Tuesday
9am - 10am
Gruber Fitness Center
200 Reynolds Ave
Fort Leavenworth, KS

Get wrapped up in the music and let's get moving and grooving! Zumba is energetic, fun, and a de-stressor all in one! Designed for all fitness levels this FREE class is open to anyone 18+. Registration is required for attendance. Call 520-692-6363 or 913-684-2800



leavenworth.armymwr.com



Spring Intramural League

Every Monday at 5pm
March 23 - May 11
Play-offs May 14, 18, 21, 29

Trails West Golf Course
306 Cody Rd
Fort Leavenworth

Trails West annual pass holders: FREE
Non-pass holders: \$35 per person/ 70 per team
Registration opens February 23
Last day to register is COB March 20

This 2 person best ball league is Trails West most competitive! 24 teams will be split into 2 divisions with the top 8 regular season finishers from each division competing in the play-offs. All matches will be handicapped based on previous performances. Players will compete against other teams in their division every Monday night. End of season awards will be presented to the top 2 teams from each division and top 3 play-off teams.

CALL FOR MORE INFO: 913-651-7176 visit: leavenworth.armymwr.com

PHOTO STUDIO RELOCATION

The Fort Leavenworth Official Photo Studio is temporarily closing on Feb. 18 while we move to the 2nd Floor of Bldg. 77. The tentative re-opening date is March 16.

MilTax FREE TAX SERVICES

THE ONLY FREE TAX SERVICE MADE EXCLUSIVELY FOR THE MILITARY.

MilTax provides military-specific tax preparation software and expert support to help the military community navigate their taxes accurately and with ease.

Both the tax software and expert consultations are free for active-duty service members, eligible family members, survivors and recent veterans up to 365 days from their separation or retirement date.

WWW.MILITARYONESOURCE.MIL/FINANCIAL-LEGAL/TAXES/MILTAX-MILITARY-TAX-SERVICES/

SHARE THE NUMBER SPREAD THE WORD

CALL OR TEXT **988**
CHAT 988LIFELINE.ORG

There is hope.

988 SUICIDE & CRISIS LIFELINE

March - April Workshops

Watercolor
\$30 per workshop

Watercolor (Basic Techniques) Thursday, Mar 26 1pm - 3pm

Watercolor (Landscapes Part 1) Thursday, Apr 2 1pm - 3pm

Watercolor (Landscapes Part 2) Thursday, Apr 9 1pm - 3pm

Watercolor (Landscapes Plein-Air) Thursday, Apr 16 1pm - 3pm

Calligraphy
\$20 per workshop

Modern Calligraphy (Basic Techniques) Tuesday, Mar 31 1:30pm - 3pm

Modern Calligraphy (Intermediate) Tuesday, Apr 14 1:30pm - 3pm

Modern Calligraphy (Birthday Cards) Tuesday, Apr 28 1:30pm - 3pm

Ft. Leavenworth Arts & Crafts Studio

Paint & Sip
\$35
Must be 21 years or older. BYOB

Spring Rooster Friday March 6 6pm - 8pm

Rain Boots Friday April 10 6pm - 8pm

Pottery Studio
\$40 per class

Wheel Throwing (Basics)
Part 1 Wed, Mar 4 9am - 11:30am
Part 2 Wed, Mar 11 9am - 11:30am

Part 1 Tues, Mar 10 6pm - 8:30pm
Part 2 Tues, Mar 31 6pm - 8:30pm

Part 1 Sat, Mar 28 10am - 12:30pm
Part 2 Sat, Apr 25 10am - 12:30pm

Part 1 Fri, Apr 10 9am - 11:30am
Part 2 Fri, Apr 24 9am - 11:30am

Part 1 Tues, Apr 14 6pm - 8:30pm
Part 2 Tues, Apr 21 6pm - 8:30pm

310 McPherson (the old DB) Ft. Leavenworth, KS

March - April Workshops

Framing
\$40 per class

Intro to Framing
Friday, March 13 10am - 2pm
Saturday, March 28 10am - 2pm

Friday, April 10 10am - 2pm
Saturday, April 25 10am - 2pm

Crafts
\$25 per class

Jewelry Making
Wednesday, March 25 9:30am - 11am

Tuesday, March 31 6pm - 7:30pm

PRESSED FLOWER SUNCATCHER
Wednesday, April 22 10am - 12pm

Friday, April 24 1pm - 3pm

Ft. Leavenworth Arts & Crafts Studio

OPEN STUDIO
Ask about our Hourly Fees

Multi-Craft Studio
Great for the whole family with supplies for any craft, personalized gift, or project you have in mind!

Painting Studio
Provided watercolor and acrylic supplies to create your own masterpiece.

Framing Studio
Assemble your own custom frames in our DIY Studio! Must take Intro to Framing before using DIY Studio.

Pottery/Ceramic Studio
We have all of the supplies you need for hand building and wheel throwing. We also offer a variety of customizable bisque pieces ready for you to glaze!

Kids Classes

NEW! Pottery
\$20 per class (ages 7+)

Kids Hand Building
Thursday, Mar 12 4pm - 5:30pm

Friday, Apr 3 10:30am - 12pm

Friday, Apr 17 2:30pm - 4pm

Color Me Happy
\$10 per class
Parent & Toddlers

Thursdays
Mar 5 & Mar 26 10am - 11am

Thursdays
Apr 9 & Apr 23 10am - 11am

Art History
\$20 per class (ages 7+)

Milkshakes & Monet
Wednesday, Mar 25 1pm - 3pm

Donuts & da Vinci
Wednesday, Apr 15 1pm - 3pm

310 McPherson Ave (the Old DB), Ft. Leavenworth, KS



2026 Islamic Holy Times of Prayer

Dates: Ramadan: 18 February - 20 March 2026

1. Frontier Chapel: Room 111C for Individual Prayers
625 Thomas Avenue / Time: 0900-1700 (MON-FRI and SUN)
2. Lewis & Clark Building will hold Midday Prayers in room 1138-1139
Time: 1200-1300 (MON-FRI)



CH (MAJ) Chris Weinrich, christopher.w.weinrich.mil@army.mil



WCC Spring Schedule

Morning 8:30-11:00 Evening 6:30-8:00

January	February	March
13th KICKOFF 20th 27th	3rd 10th 17th 24th	3rd 10th PROGRAM 17th NOPWOC 24th 31st
April	May	
7th 14th 17-19th RETREAT 21st 28th	5th PROGRAM	

St. Ignatius of Loyola Catholic Community FORT LEAVENWORTH



MASS TIMES
Pioneer Chapel
Tuesday - Friday 1200
Frontier Chapel
Monday 0815-0900

March 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 0815-0900 0915-1000 1015-1100 1115-1200 1215-1300 1315-1400 1415-1500 1515-1600 1615-1700 1715-1800 1815-1900 1915-2000 2015-2100 2115-2200 2215-2300 2315-2400 2415-2500 2515-2600 2615-2700 2715-2800 2815-2900 2915-3000 3015-3100	2 0815-0900 0915-1000 1015-1100 1115-1200 1215-1300 1315-1400 1415-1500 1515-1600 1615-1700 1715-1800 1815-1900 1915-2000 2015-2100 2115-2200 2215-2300 2315-2400 2415-2500 2515-2600 2615-2700 2715-2800 2815-2900 2915-3000 3015-3100	3 0815-0900 0915-1000 1015-1100 1115-1200 1215-1300 1315-1400 1415-1500 1515-1600 1615-1700 1715-1800 1815-1900 1915-2000 2015-2100 2115-2200 2215-2300 2315-2400 2415-2500 2515-2600 2615-2700 2715-2800 2815-2900 2915-3000 3015-3100	4 0815-0900 0915-1000 1015-1100 1115-1200 1215-1300 1315-1400 1415-1500 1515-1600 1615-1700 1715-1800 1815-1900 1915-2000 2015-2100 2115-2200 2215-2300 2315-2400 2415-2500 2515-2600 2615-2700 2715-2800 2815-2900 2915-3000 3015-3100	5 0815-0900 0915-1000 1015-1100 1115-1200 1215-1300 1315-1400 1415-1500 1515-1600 1615-1700 1715-1800 1815-1900 1915-2000 2015-2100 2115-2200 2215-2300 2315-2400 2415-2500 2515-2600 2615-2700 2715-2800 2815-2900 2915-3000 3015-3100	6 0815-0900 0915-1000 1015-1100 1115-1200 1215-1300 1315-1400 1415-1500 1515-1600 1615-1700 1715-1800 1815-1900 1915-2000 2015-2100 2115-2200 2215-2300 2315-2400 2415-2500 2515-2600 2615-2700 2715-2800 2815-2900 2915-3000 3015-3100	7 0815-0900 0915-1000 1015-1100 1115-1200 1215-1300 1315-1400 1415-1500 1515-1600 1615-1700 1715-1800 1815-1900 1915-2000 2015-2100 2115-2200 2215-2300 2315-2400 2415-2500 2515-2600 2615-2700 2715-2800 2815-2900 2915-3000 3015-3100

EASTER SUNRISE SERVICE

He is Risen...

April 05, 2026 (7:00 A.M.)

MEMORIAL CHAPEL

(626 Scott Avenue, Fort Leavenworth, KS)

Everyone is invited!!

POC: CH (MAJ) Chris Weinrich
christopher.w.weinrich.mil@army.mil

LENT 2026

Ash Wednesday
1200 (P)
1800 (F)

Stations of the Cross & Potluck
Fridays - 1730 (P)
February 20 & 27
March 6 & 27

Penance Service
Wednesday, March 25
1800 (F)

Lenten Retreat
Saturday, March 28
1000-1400 (F)
RSVP Required (see flyer)

Pioneer Chapel (P) - Frontier Chapel (F)

Chaplain Family Life Center

100% Confidential & Faith Informed
Pastoral Counseling Services
(Individual, Couple, & Family)
Free for all Service Members, Retirees, DoD/DA Civilians and Dependents

Pastoral counseling provides compassionate support for individuals, couples, and families facing challenges such as anxiety, depression, communication difficulties, conflict, parenting concerns, and spiritual struggles—providing faith-informed guidance to strengthen relationships and promote healthy growth in every season of life.

To book an appointment scan here:

Located at the back of Pioneer Chapel
500 Pope Ave., Bldg. 56
Fort Leavenworth, KS 66027
Government Cell: (913) 680-7336
joshua.m.portwood.mil@army.mil
https://cal.com/chaplainportwood

Looking for Community?

Join Campus Life Military

FB: Ft. Leavenworth Club - Campus Life Military
IG: @campuslifefortleavenworth

Samantha Odle
(605) 569-3820 / sodle@yfc.net

Mission: To provide Religious Support to all Soldiers, Family members, DA civilians, contractors, and retirees.

Pioneer Chapel
500 Pope Avenue

- PROTESTANT**
 - Traditional Worship – 0830 (Children's Church – K-5th grade)
 - Sunday School – 0945
- MULTI-CULTURAL GOSPEL**
 - Sunday Worship – 1000
- CATHOLIC MASS**
 - Tuesday-Friday – 1200-1230
 - Sunday Religious ED - 0810

Frontier Chapel
625 Thomas Avenue

- CATHOLIC MASS**
 - Sunday – 0930
 - Sunday Religious ED - 0810
- PROTESTANT**
 - Sunday School – 0945
 - Contemporary Worship – 1100 (Children's Church – K-5th grade)

Memorial Chapel
626 Scott Avenue

- LITURGICAL**
 - Sunday Worship – 0930
- ISLAMIC, JEWISH, and other Religions:** please email CH (MAJ) Chris Weinrich
christopher.w.weinrich.mil@army.mil or call 913-684-2210

Be All You Can Be WE ARE THE ARMY'S HOME

MUNSON NOTES

MUNSON NOTICES

■ Capt. Rebecca Paquette, a dietitian at Munson Army Health Center, and Maj. Thomas Johnston with the Combined Arms Command, Health and Holistic Fitness Program, will be at the **Post Exchange from 11:30 a.m. to 1 p.m. MARCH 25 AND 27** to answer questions and share practical guidance on **SELECTING FOODS THAT FUEL THE BODY FOR PEAK PERFORMANCE**.

■ The **MUNSON ARMY HEALTH CENTER PATIENT AND FAMILY PARTNERSHIP COUNCIL** meets quarterly at MAHC. The PFPC captures voices and insights of patients and families to improve the patient care experience. The council is composed of volunteers who represent the interests of patients who receive care from MAHC. Volunteers can be active-duty, active-duty family member, retirees or retiree family members. Call 913-684-6211 or e-mail usarmy.leavenworth.medcom-mahc.mbx.patient-advocate@health.mil if interested in participating.

■ After hours and on federal holidays, beneficiaries can call the **MHS NURSE ADVICE LINE** at 1-800-TRICARE (874-2273). Nursing staff who support the NAL phone lines can assist beneficiaries with non-life-threatening medical concerns and provide further guidance. Beneficiaries experiencing a **MEDICAL EMERGENCY**, such as severe shortness of breath or difficulty breathing, should call 911.

■ Your health is our priority. Talk to your provider at Munson Army Health Center about the **HPV VACCINE** and the best **CERVICAL CANCER SCREENING** plan for you. You can schedule an appointment by calling the appointment line at 913-684-6250.

■ It is important that military families new to the Fort Leavenworth community **ESTABLISH A NEW PRIMARY CARE MANAGER** for their health care needs. Munson Army Health Center offers a wide range of primary care providers to choose from for personalized care at a convenient on-post location. Once your new address is established in DEERS, call 1-888-TRIWEST (874-9378) and follow the prompts to establish a primary care manager at MAHC. Learn more about services at munson.tricare.mil.

■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are **ELIGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE**. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit <https://dvidshub.net/r/8wttlf>.

■ The **NUTRITION CARE DIVISION** offers a broad range of nutritional services designed for service members, families, and retirees. Individual Nutrition Therapy and Group Nutrition Therapy are available, and include the Body Composition Program, Weight Control Program, Prenatal Nutrition and Wellness for Life. Call the appointment line at 913-684-6250 to schedule an appointment with MAHC's registered dietitian.

■ **MEDICAL APPOINTMENT CHECK-IN:** Please arrive 15 minutes prior to your appointment to complete any required paperwork and bring the following items: DoD ID card; list of current medications including over-the-counter meds, vitamins, and supplements; any relevant paperwork or forms; and a list of questions or concerns. If you are not able to make your scheduled appointment, call the appointment line at 913-684-6250 to cancel.

Fort Leavenworth Tornado Public Shelter Locations

Munson Army Health Center
550 Pope Ave
Fort Leavenworth, KS 66027

Lewis & Clark Center
100 Stimson Ave
Fort Leavenworth, KS 66027

Things to remember:
Go to shelter locations when Tornado Watch is issued. Tornado Warnings are too late!
Have NOAA Weather Radio or phone app to receive weather alerts.
Sign up for ALERT! (<https://alert.csd.disa.mil>) to receive information for FLKS
Identify Best Available Refuge Area for your residence. (Basement, Interior Room)
Seek shelter early.
Be Informed, Build A Kit, Make A Plan
<https://ready.army.mil/>



U.S. ARMY FORT LEAVENWORTH
"The Best Hometown in the Army"

Tornado Sheltering Guidelines

Seek the best available refuge area **immediately** when a Tornado Warning is issued.
Your chance of surviving a tornado is excellent if you follow these guidelines.

WORST OPTIONS	BAD OPTIONS	GOOD OPTIONS	BEST OPTIONS
Mobile homes Vehicles Underneath a highway overpass	Large open rooms like gymnasiums Manufactured housing	Interior room of a well-constructed home or building Basement	Above or below ground Tornado Storm Shelter (NSSA/ICC 500 compliant)* Specifically-designed FEMA Safe Room*

Find another option

Stay in place until all clear

PHOTO: U.S. Air Force - Tech Sgt. Bradley C. Church

*Recommended by FEMA

Patient Experience

Munson Army Health Center

If you have a question or concern, contact the **Patient Advocate**. Their responsibilities include:

- Listening to patient concerns
- Responding in a timely way to complaints
- Explaining military hospital or clinic policies, procedures, and operations
- Mediate concerns between the patient and medical team

MUNSON.TRICARE.MIL

MUNSON ARMY HEALTH CENTER

Call Center

913 684-6250

- Primary Care
- Dental
- Optometry
- Mental Health
- Medical Records
- Pharmacy
- Referrals
- Nurse Advice Line
- More

munson.tricare.mil