

THURSDAY
MARCH 19, 2026



LAMP

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

CONTACT US | Phone: 913-684-5267 | E-mail: ftvlampeditor@gmail.com | On the Web: <https://home.army.mil/leavenworth/about/news>

USDB corrections specialist receives state VFW award



Photo by Prudence Siebert/Fort Leavenworth Lamp

Sgt. 1st Class Trevor Preston, Headquarters and Headquarters Company, U.S. Disciplinary Barracks Battalion (Corrections), center, is congratulated by District 1 Commander Ken Romine and Kansas Emergency Services Chairman Danielle Springall on being selected for the VFW's Law Enforcement Officer of the Year Award during a ceremony March 12 at VFW Post 56 in Leavenworth.

by Prudence Siebert/Editor

A corrections specialist with 25 years of service has been named the Kansas Veterans of Foreign Wars 2026 Law Enforcement Officer of the Year.

Sgt. 1st Class Trevor Preston, Headquarters and Headquarters Company, U.S. Disciplinary Barracks Battalion (Corrections), was honored with the VFW's Law Enforcement Officer of the Year Award during a short ceremony March 12 at VFW Post 56 in Leavenworth.

Preston was selected for the award locally, then advanced to win at the district and department (state) levels. He will be recognized with other department award winners at the national level as well.

Preston was nominated for the award by Lauren Annese, who is currently serving as Post 56's acting junior vice commander. Annese worked with Preston in 2012-13 when he was the Special Housing Unit shift leader and she was a

SEE VFW LAW ENFORCEMENT AWARD | A5

CAC to integrate smart system into training, education

by Randi Stenson/Mission Command Center of Excellence Public Affairs

Leaders at the Combined Arms Command are integrating the use of the Maven Smart System, an artificial intelligence tool, to modernize training and education for command-and-control operations.

Initial efforts are underway, led by staff from the Mission Command Center of Excellence, instructors with the Command and General Staff College, and officers assigned to the CAC Command Data and Analytics Office.

The Maven Smart System processes battlefield data, including imagery and full-motion video, to improve situational awareness and speed decision-making. It is designed to automate tasks formerly performed via legacy systems like the Command Post Computing Environment.

"Maven's use is being fielded so fast, we need to deliver training as quickly as possible to accelerate learning of the system," said Mike Clowser, MCCoE's lead for Maven's training plan.

A week of train-the-trainer instruction conducted Feb. 23-27 set the conditions for each organization to incorporate Maven at its level.

Operator training

Senior instructors at MCCoE are charged with developing a standardized, eight-hour, hands-on course for soldiers who will operate the system. This program will focus on the practical use of Maven in an operational setting to help commanders make more informed decisions, faster. Instruction on Maven will also become a key component of the Knowledge Management Qualification Course.

SEE MAVEN SMART SYSTEM | A6

MAHC leaders attend VA open house



Photo by Christina Yager/Munson Army Health Center Public Affairs

Munson Army Health Center Deputy Commander for Administration Lt. Col. Scott Reynoldson and MAHC Senior Enlisted Leader Sgt. Maj. Jason Trevino are welcomed by Veterans Affairs Eastern Kansas Health Care System Communications Chief Brian Stephens to the Eisenhower VA Medical Center open house March 11 in Leavenworth. MAHC leaders said the proximity between the two facilities creates opportunities to strengthen partnerships, including support to service members as they transition from military service to veteran status.

by Christina Yager/Munson Army Health Center Public Affairs Officer

Leaders from Munson Army Health Center visited the nearby Dwight D. Eisenhower Veterans Affairs Medical Center in Leavenworth March 11 during an open house and veteran town hall.

During the visit, the MAHC team toured several key areas of the medical center and met with care teams to learn more about the services and resources available to veterans in the region. The engagement provided an opportunity for leaders from both organizations to exchange information about their respective missions and services that could provide potential areas for collaboration in the future.

Located about five miles from MAHC, the Eisenhower VA Medical Center serves veterans across eastern Kansas and western Missouri. MAHC leaders said the proximity between the two facilities creates oppor-

tunities to strengthen partnerships, including support to service members as they transition from military service to veteran status.

MAHC currently assists soldiers in completing the Benefits Delivery at Discharge (BDD) process prior to separation from the Army. The program allows eligible service members to file disability claims before leaving active duty, helping ensure potential VA benefits can begin as soon as possible following discharge.

"Engagements like this help us better understand the capabilities and resources available in our community and better guide soldiers preparing to transition from military service," said Lt. Col. Scott Reynoldson, MAHC's deputy commander for administration. "We appreciated the opportunity to get a firsthand look inside the medical center and look forward to future dialogue."

AT A GLANCE

■ **SPRING BREAK PROGRAMMING** for all ages continues this week at the Frontier Army Museum. A **Fort Leavenworth nature** presentation is at 10:30 a.m. March 19, **Touch a Truck** with the Fort Leavenworth Fire Department is 10 a.m. to noon March 19, and **Children's Pioneer Day** is 10 a.m. to noon March 20.

■ The next **JUDAISM 101 LUNCH AND LEARN** is at noon March 25 at Pioneer Chapel. Text 913-963-2646 with questions or for more information.

■ The **KNOW YOUR WORLD: CABO VERDE** presentation is at 3:45 p.m. March 25 in Eisenhower Auditorium at the Lewis and Clark Center.

■ The **LEAVENWORTH CITY-WIDE SPRING CLEANUP** kicks off at 8:30 a.m. April 11. To sign up to volunteer, visit https://www.leavenworthks.gov/sites/default/files/fileattachments/restricted_updates/page/18830/spring_cleanup_sign-up_packet.pdf.

■ **PAIR DAY/KIDS' FEST** is 10 a.m. to 2 p.m. April 11 at Harney Sports Complex. Call 913-684-1830 for more information.

■ **THE MICHAELS ORGANIZATION EDUCATION FOUNDATION RESIDENT SCHOLARSHIP PROGRAM** is accepting applications through April 15. For eligibility requirements visit <https://tmo.com/the-michaels-organization-educational-foundation-encourages-affordable-and-military-housing-residents-to-apply-for-2026-scholarship-program/>. To apply online, visit tmoef.communityforce.com. For assistance, e-mail scholarships@tmo.com.

■ The 2026 **MOTORCYCLE SAFETY FOUNDATION TRAINING** is open for enrollment for the **BASIC RIDER COURSE** and **ADVANCED RIDER COURSE**. For more information and to enroll, visit <https://home.army.mil/leavenworth/my-fort/all-services/safety>. See related article on page A9.

■ The **FORT LEAVENWORTH OFFICIAL PHOTO STUDIO** is now open in its new location in room 225 of the Garrison Headquarters building. To schedule appointments, visit <https://home.army.mil/leavenworth/my-fort/all-services/photo-studio>.

■ The **Fort Leavenworth Lamp** welcomes contributions by **VOLUNTEER WRITERS** and **INTERNS**. E-mail ftvlampeditor@gmail.com for more information.

■ See page B1 (Post Notes section) for **MORE UPCOMING EVENTS**.

State agencies warn public of text scams

by Kansas Department of Transportation News Release

The Kansas Department of Transportation (KDOT) and the Kansas Department of Revenue (KDOR) are alerting the public to a sophisticated "smishing" (SMS phishing) scam targeting residents by using fraudulent text messages.

Scammers are impersonating the Department of Motor Vehicles (DMV) and toll authorities and sending urgent texts that demand immediate payment for "unpaid traffic tickets" or "outstanding tolls." These messages often threaten license suspension to pressure victims into clicking malicious links.

State of Kansas agencies emphasize the following:

KDOT does not manage tolls and will never request payment via text.

The Kansas DMV (KDOR) will never text you to demand payment for fines or notify you of suspensions.

Official notifications from KDOR are sent via the U.S. Postal Service, not via unsolicited text messages.

To protect yourself from potential fraud, do not click on links within suspicious texts, as doing so can expose your sensitive

personal and financial data to scammers.

If you believe you may actually owe a fine, verify the claim by contacting the relevant organization directly through official channels rather than using a link provided in a text.

Additionally, you can check the status of your driver's license for free on the KDOT

website at www.kdor.ks.gov/Apps/DLStatus/login.aspx. Finally, use your phone's "Report Spam" feature before deleting the message to help prevent future attempts.

Kansas is one of several states currently being hit by this coordinated effort. Staying informed of the facts and remaining skeptical of unsolicited texts is your best defense

against persistent scammers.

If you have already provided financial information to a fraudulent website, contact your bank or credit card company immediately to freeze your accounts. Report the incident to the Federal Trade Commission at reportfraud.ftc.gov or the Internet Crime Complaint Center at ic3.gov.



IRS' releases list of 'Dirty Dozen' scams tax payers need to watch out for

by Internal Revenue Service News Release

WASHINGTON — The Internal Revenue Service announced its annual Dirty Dozen list of tax scams for 2026 that threaten the tax and financial information of taxpayers, businesses and tax professionals.

The Dirty Dozen is part of a broader campaign conducted through the Security Summit, a partnership among the IRS, state tax agencies, and the nation's tax industry, and reinforced by outreach efforts tied to National Slam the Scam Day on March 5. These initiatives educate taxpayers about identity theft schemes and other forms of fraud, particularly during filing season.

"Slam the Scam Day provides a great opportunity to remind everyone to remain vigilant and watch out for scams because thieves continuously adjust the pitches they use to take advantage of honest taxpayers," said IRS Chief Executive Officer Frank J. Bisignano. "For more than two decades, the IRS has used the Dirty Dozen list to flag emerging scams that taxpayers should watch out for."

A notable change to this year's list is the addition of abusive undistributed long-term capital gains claims as item No. 6, replacing prior fuel tax credit concerns, as the IRS sees an increase in over-

stated or fabricated claims tied to Form 2439, Notice to Shareholder of Undistributed Long-Term Capital Gains. The IRS advises all taxpayers to remain cautious year-round, as criminals will always be on the lookout for new ways to obtain money, personal identifiable information and data.

The 2026 Dirty Dozen: 12 key scams to watch for
1. IRS impersonation by e-mail and text (phishing + smishing).

Scammers send e-mails, direct messages (DMs) and texts that appear to be from the IRS, often using alarming language and QR codes that direct taxpayers to fake IRS websites to "verify" accounts, enter personal information or claim refunds.

The IRS urges taxpayers not to click links or open attachments from unexpected messages and to report suspicious IRS-related e-mails, DMs, and texts. The IRS reported more than 600 social media impersonators during fiscal year 2025.

As a reminder, never click any unsolicited communication claiming to be from the IRS, as it may install malware surreptitiously. These links may install malicious software, including ransomware, on a taxpayer's personal device, potentially preventing access to their files or personal information.

2. AI-enabled IRS impersonation by phone (robocalls, voice mimicry, spoofed caller ID).

Phone scams continue to evolve, including calls that use computer-generated tactics and spoofed caller ID to appear legitimate. The IRS reminds taxpayers that it generally contacts taxpayers by mail first and does not leave urgent, threatening prerecorded messages, call to demand immediate payment, or threaten arrest. Taxpayers should not rely on AI-generated responses to complex tax questions, and they should verify any calculations or information provided by artificial intelligence.

3. Fake charities.

Fraudsters often exploit tragedies and disasters by creating fake charities to collect donations and personal information. The IRS is committed to preventing fraudulent nonprofits from taking advantage of the American taxpayer.

Taxpayers who give money or goods to a charity may be able to claim a deduction on their federal tax return if they itemize deductions, but charitable donations only count if they go to a qualified tax-exempt organization recognized by the IRS. (See <https://www.irs.gov/charities-non-profits/search-for-tax-exempt-organizations>.)

4. Misleading tax advice on social media.

Viral "tax hacks" can push taxpayers to file returns with false information or claim credits they don't qualify for, leading to refund delays, audits, penalties or worse. The IRS continues to warn that social media-driven misinformation and disinformation remain a major driver of tax scams.

The IRS and the Coalition Against Scam and Scheme Threats warn taxpayers not to fall for these scams, and urge them to follow trusted advice from the IRS, tax professionals and other reputable sources. The IRS reminds taxpayers who knowingly file fraudulent tax returns that they could potentially face significant civil and criminal penalties.

5. Identity theft involving IRS Online Account access.

Criminals may attempt to use stolen personal information to gain unauthorized access to a taxpayer's IRS online account or may pose as helpers to collect sensitive information during account setup. Taxpayers should create their account directly through IRS.gov and should not rely on unsolicited third parties offering assistance. The IRS provides official guidance to help taxpayers securely establish and protect their accounts.

6. Abusive undistributed long-term capital gains claims.

The IRS identified an increase in the abuse of Form 2439. This form allows shareholders of cer-

tain investment funds or real estate trusts to claim a refundable credit for taxes paid on undistributed capital gains. Identified schemes involve overstated or fabricated Form 2439 claims, including claims tied to organizations that are not legitimate investment funds or real estate trusts. The IRS has also seen fake claims falsely linked to real, well-known organizations. Improper claims may result in refund delays, audits, penalties or enforcement action.

7. Bogus "self-employment tax credit" promotion.

Scammers use misleading claims about a broad "self-employment tax credit" to encourage inaccurate filings and generate improper refunds. The IRS reminds taxpayers to rely on trusted sources and qualified tax professionals, not social media promotions, when determining eligibility for credits.

Many taxpayers do not qualify for these credits, and the IRS is closely reviewing claims coming in under this provision, so taxpayers filing claims do so at their own risk.

8. Ghost preparers.

A "ghost" preparer prepares a return but refuses to sign it and/or refuses to include a Preparer Tax Identification Number (PTIN). When a preparer refuses to sign or provide a PTIN, that is a major

SEE DIRTY DOZEN SCAMS | A6

FORT LEAVENWORTH LAMP

PUBLISHED FOR THE COMMUNITY OF FORT LEAVENWORTH, KANSAS

The Fort Leavenworth Lamp is an authorized publication for members of the U.S. Army. Contents of the Fort Leavenworth Lamp are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army, or the U.S. Army Combined Arms Center and Fort Leavenworth. It is published weekly by the Fort Leavenworth Garrison Public Affairs Office, Fort Leavenworth, Kansas 66027, commercial telephone number 913-684-5267 (DSN prefix 552).

Everything advertised in the Fort Leavenworth Lamp shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor on the purchaser, user or patron.

If a violation of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected.

All editorial content of the Fort Leavenworth Lamp is prepared, edited, provided and approved by the Fort Leavenworth Garrison Public Affairs Office. The appearance of advertising in this publication, including inserts or supplements, does not constitute an endorsement by the Department of the Army of the products or services advertised.

The Fort Leavenworth Lamp editorial office is in Room 221G, 290 Grant Ave., Fort Leavenworth, Kan., phone number 913-684-LAMP/5267. For submission information, contact the command information officer at 913-684-1718, or e-mail the editor at ftlvlampeditor@gmail.com.

The Fort Leavenworth Lamp advertising office is in the Family and Morale, Welfare and Recreation Marketing and Commercial Sponsorship Office in the Resiliency Center at 600 Thomas Ave, Fort Leavenworth, Kan. E-mail mary.f.manago.naf@army.mil or call 913-684-1702.

Lt. Gen. James P. Isenhower III Commanding General
 Col. Todd Sunday Garrison Commander
 Scott Gibson Public Affairs Officer
 George Marcec Command Information Officer

Fort Leavenworth Lamp Staff

Prudence Siebert Editor
ftlvlampeditor@gmail.com

FMWR Advertising Staff

Mary Manago Marketing Director
mary.f.manago.naf@army.mil, 913-684-1702

MAHC expands hearing screening capability

by Christina Yager/Munson Army Health Center Public Affairs Officer

Four soldiers from Munson Army Health Center recently traveled to Fort Leonard Wood, Missouri, to complete specialized training and earn certification through the Council for Accreditation in Occupational Hearing Conservation, expanding Fort Leavenworth's capability to conduct hearing screenings that support medical readiness and environmental health.

The training qualifies the soldiers to operate the MAHC's audiology booth, which is used for hearing tests and enables certified technicians to conduct audiometry screenings required for soldiers and Department of the Army civilians enrolled in the Army Hearing Program.

The Army Hearing Program uses CAOHC-certified technicians to help prevent noise-induced hearing loss, a common occupational hazard for service members exposed to weapons fire, aircraft, heavy equipment and other high-noise environments.

Training for hearing conservation technicians meets CAOHC standards and focuses on proper audiometric testing procedures, patient education and hearing protection practices. Soldiers complete

both CAOHC certification and Department of Defense Hearing Technician courses to gain the credentials necessary to perform these screenings.

"These certifications ensure we have trained personnel ready to support hearing conservation efforts and protect the long-term health of our soldiers and civilian workforce," said Staff Sgt. Francisco Martinez, a preventive medicine specialist and non-commissioned officer in charge of MAHC's Department of Public Health. "Maintaining hearing health is an important part of maintaining overall readiness."

Hearing screenings are typically required annually for soldiers and Department of the Army civilians enrolled in a hearing conservation program due to occupational noise exposure. Regular testing helps identify changes in hearing early so preventive measures can be taken.

Soldiers who need to complete a hearing screening can schedule an appointment with MAHC by calling 913-684-6250.

Through programs like the Army Hearing Program, MAHC supports the health and readiness of the Fort Leavenworth community by helping protect one of a soldier's most important senses — hearing.



LEFT: Spc. Chaipayorn Charoenput, Medical Department Activity, examines fellow soldier Spc. Dalilah Wells' ear during a practical exercise during specialized training to earn certification through the Council for Accreditation in Occupational Hearing Conservation Feb. 26 at Fort Leonard Wood, Missouri.

Photo by Staff Sgt. Francisco Martinez



Submitted photo

Spc. Chaipayorn Charoenput, Staff Sgt. Francisco Martinez and Spc. Dalilah Wells, assigned to Munson Army Health Center, prepare to take a hearing test during specialized training Feb. 26 at Fort Leonard Wood, Missouri. MAHC now has four additional Council for Accreditation in Occupational Hearing Conservation-certified technicians, thus expanding the center's capability to conduct hearing screenings that support medical readiness and environmental health.

MAHC director shares updates at AUSA breakfast

by Christina Yager/Munson Army Health Center Public Affairs Officer

Munson Army Health Center Director Col. Jolanda L.J. Walker joined community and military leaders at a Henry Leavenworth Chapter of the Association of the United States Army breakfast March 5 to share updates about health care services available at MAHC and discuss recent initiatives supporting soldiers and beneficiaries.

Walker spoke about MAHC's role in delivering quality care to soldiers, family members, retirees and other eligible beneficiaries while supporting the Army's mission of maintaining medically ready warfighters.

Walker was accompanied by representa-

tives from the TRICARE regional contractor TriWest, who were available to answer questions from attendees about the referral process and other aspects of accessing care within the TRICARE network. During the discussion, several questions focused on changes in primary care managers. Walker explained that changes can occur as active-duty providers routinely transfer to new assignments every two to three years and occasionally when civilian providers relocate due to a spouse's military reassignment.

Walker was also asked about Defense Health Agency policies related to GLP-1 medications used for weight management for TRICARE for Life recipients who use MAHC's pharmacy. Coverage for weight

loss medications is not available under TRICARE For Life as of Aug. 31, 2025. According to the policy, TRICARE For Life works with Medicare as the primary payer — coverage policies follow federal Medicare guidelines, which currently do not allow medications prescribed solely for weight loss. GLP-1s for the treatment of diabetes continue to be covered for all patients with a diagnosis of diabetes when medically necessary and when prior authorization requirements are met, according to the TRICARE website. Existing cost-shares for these medications haven't changed.

The Henry Leavenworth Chapter of the AUSA regularly hosts installation leaders to discuss topics important to soldiers, families and the surrounding community.

Walker said she values opportunities like the AUSA breakfast to connect with community partners and share how MAHC supports the health and readiness of the Fort Leavenworth community.

"Engaging with our community partners helps ensure people understand the services available to them and how our team supports the mission at Fort Leavenworth," Walker said. "It's always a great opportunity to talk about the work our staff does every day to care for our beneficiaries and support soldier readiness."

Visit <https://munson.tricare.mil> to learn more about services available from Munson Army Health Center.

Happy **250th**
BIRTHDAY
AMERICA
Let's celebrate, together!



Saturday, April 11, 2026 6 P.M.
Riverfront Community Center

Social Hour 6 P.M. | Dinner at 7 P.M.
Speakers | Silent Auction | Candidates & Fun Games

Tickets Adults \$55 | Students \$35 | Table of 8 \$500

Reservations by April 1, 2026

Tickets online at:

<https://secure.actblue.com/donate/lvcodemusabirthday2026>



or Checks to:
LVCO Democrats
1812 Shawnee St.,
Leavenworth, KS 66048



Kansas
McDonald's

The McDonald's of Leavenworth,
owned and operated by **The Dobski
Family**, has been proudly serving
the Leavenworth community
for over **45 years!**



Follow us on Facebook: @KansasMcDonalds

**Buy ONE Double Cheeseburger and
Receive a FREE Double Cheeseburger!**
(Must present coupon)
Offer expires 12/31/26
Valid ONLY at our Leavenworth Location.



Civilian, military leaders explore leader development during National Security Roundtable



Photos by Mark Wiggins/MHW Public Relations and Communications for the Command and General Staff College Foundation

Combined Arms Command and Fort Leavenworth Commanding General Lt. Gen. Jim Isenhower speaks about the Army University organization and the role that CGSC plays in educating leaders for the joint force in a complex national security environment during the National Security Roundtable March 10 in Arnold Conference Room at the Lewis and Clark Center.

by Mark Wiggins/Command and General Staff College Foundation

The U.S. Army Command and General Staff College and the CGSC Foundation and Alumni Association hosted 18 leaders from around the country March 9-11 in the National Security Roundtable (NSRT) program. The group was comprised of 16 civilian leaders and two from the command leadership team of Army University. The theme for this NSRT was “The Converging Battlespace: Leadership at the Intersection of Innovation, Irregular Threats and Great Power Competition.”

The NSRT program is a CGSC Foundation outreach program conducted in concert with CGSC. During each program, civilian business and community leaders are nominated by NSRT alumni to participate. Upon arrival at Fort Leavenworth, NSRT guests are partnered with CGSC students to navigate the program as they explore topical national security issues. CGSC students from the Command and General Staff School and the School of Advanced Military Studies served as escorts. Additionally, several NSRT alumni and CGSC Foundation trustees also attended to remain connected with the foundation and CGSC and to assist with the new guests.

Over the course of three days, guests explored the subject matter with their student escorts and had the opportunity to develop a greater appreciation for the competence and professionalism of the faculty and students, as well as an understanding of the role that Fort Leavenworth and CGSC play in educating mid-level military leaders. Conversely, CGSC students and faculty had the opportunity to learn about the challenges civilian leaders face in their respective industries.

CGSC Foundation Chairman retired Maj. Gen. Chris Hughes and President/CEO Lora Morgan and other members of the Foundation staff welcomed guests March 9. The guests took advantage of an optional Fort Leavenworth tour led by Hughes, which ended at the Lewis and Clark Center where the guests had the opportunity to participate in an online interview with retired Gen. David Petraeus as he spoke about “Great Power Competition and the Future of U.S. Strategy” and answered questions about the current strategic environment from his perspective.

Combined Arms Command and Fort Leavenworth Commanding General Lt. Gen. Jim



Department of Joint, Interagency and Multinational Operations faculty members Maj. Anthony Joyce, Lt. Col. David Thompson, Lt. Col. J.P. Smock and Lt. Col. Tony Nelson lead a panel discussion entitled “Great Power Competition, Irregular Threats, and AI- Enabled Warfare,” during the National Security Roundtable March 10 at the Lewis and Clark Center.



Command and General Staff College Foundation Trustee and former Fort Leavenworth Commanding General/CGSC Commandant retired Lt. Gen Robert Caslen, CGSC Foundation Chairman retired Maj. Gen. Chris Hughes, and retired Maj. Gen. Tim McGuire lead the final discussion panel entitled “High Intensity Conflict” during the National Security Roundtable March 11 in Marshall Lecture Hall at the Lewis and Clark Center.

Isenhower, CGSC Commandant Col. Ethan Diven, CGSS Director Col. David Norris and SAMS Director Col. Dwight Domengeaux Jr. met with the participants after they toured the Lewis and Clark Center, then the participants and their escorts spent the rest of the evening getting acquainted during the social event hosted by the foundation.

On the second day of the NSRT, Isenhower spoke about Army University and the role that CGSC plays in educating leaders for the joint force in a complex national security environment.

Diven provided the “scene setter” presentation. He said that the results of the converging dynam-

ics of innovation, irregular threats and great power competition are complex and ominous.

“(The convergence of these dynamics creates) a competition space where industrial capacity matters as much as maneuver, horizons where supply chains are strategic terrain and forward positions are critical footholds, and a political environment where information dominance may determine campaign outcomes before the first missile or drone is fired,” Diven said. “This is not merely a military problem. It is a national one that requires our combined best efforts — and that is precisely why this roundtable exists.”

Diven said that the current

National Security Strategy is a reminder that America’s advantages include its economy, innovation ecosystem, alliances, financial system and industrial base. He said those advantages reside not only inside the Pentagon, but in boardrooms, laboratories, classrooms, factories and communities across this country. And the answer, he said, is not simply more technology — it is leadership, which is the focus of CGSC.

Faculty members from the Department of Joint, Interagency and Multinational Operations, CGSC, led by Lt. Col. Tim Devine, presented the first panel discussion, “Great Power Competition, Irregular Threats, and AI-Enabled Warfare.” Panelist Lt. Col. Tony Nelson explained “great power competition,” followed by Lt. Col. J.P. Smock, who presented on “translating national strategic guidance” and the levels of command that graduates of the Command and General Staff Officer Course would be operating. Lt. Col. David Thompson presented “grappling with irregular threats,” and finally, Maj. Anthony Joyce spoke about “human-machine teaming,” or AI, in professional military education at CGSC.

During a working lunch, Dr. Dave Cotter, CGSC dean of academics, provided the group with an overview of the recent changes in Army University and CGSC’s place within it as part of the Army’s professional military education program for officers. After the dean’s briefing and a networking break, Morgan provided the NSRT guests with an overview of the CGSC Foundation’s mission and its various programs to support CGSC students and their families.

In the afternoon, SAMS faculty members, led by Dr. Bruce Stanley, provided a panel discussion entitled “Leading in Complex Environments.” Panelist Dr. Glen Downing addressed “Systems Thinking,” Dr. Jim Greer discussed “Design and Systems Thinking in the Operational Environment,” and Col. Matt Furtado discussed “Complexity and Implications for Effective Organizational Leadership.” The presentations drove home the point to the NSRT guests that CGSC, and especially the SAMS curriculum, is designed to teach students “how to think,” not “what to think.”

During dinner, Norris provided remarks entitled “10 Months for 10 Years,” during which he explained how the professional military education at CGSC prepares mid-level officers for the next 10 years of their careers in complex operational

environments.

On the third and last day of the NSRT, guests spent the morning with their student escorts in their respective classrooms to get a closer look at the CGSC subject matter and learning environment.

Over lunch, Domengeaux provided an overview of the SAMS program. Following the SAMS brief, Hughes led the final discussion panel entitled “High Intensity Conflict,” with CGSC Foundation Trustee and former Fort Leavenworth Commanding General/CGSC Commandant retired Lt. Gen. Robert Caslen and retired Maj. Gen. Tim McGuire. Each spoke about his experiences leading and training and operating in operations formally labeled “high intensity,” versus the more recent naming convention, “large-scale combat operations.”

The NSRT ended with a close-out discussion led by Diven.

NSRT participants included Maj. Gen. Trevor J. Bredenkamp, president and commanding general of Army University, and Army University Command Sgt. Maj. Charles Gregory, Carlisle Barracks, Pennsylvania; Karl Beckstein, senior business development manager for Amazon, Raleigh, North Carolina; Angie Besendorfer, chief learner experience and success officer for the University of Maryland Global Campus, Adelphi, Maryland; Matt Collins, chief operations officer for Logistics Systems Inc., Alexandria, Virginia; Johan Eideberg, senior vice president of the Association of Equipment Manufacturers, Washington, D.C.; Sgt. Nate Elwood, Iowa State Patrol, District 3, Council Bluffs, Iowa; retired Col. Michael Greenberg, senior vice president for Decision Lens, Arlington, Virginia; David Johnson, president and chief executive officer for Thrasio, Nashville, Tennessee; Geoff Koch, vice president of product development for McElroy Manufacturing, Tulsa, Oklahoma; Marty Kobza, Unified School District 469 superintendent, Lansing, Kansas; Pete Mackey, president of Mackey Strategies, Amherst, Massachusetts; Ryan Manies, general counsel for McCownGordon Construction, Kansas City, Missouri; Todd Nevenhoven, senior vice president and COO of Wellabe, Des Moines, Iowa; Rand Stagen, CEO of Stagen Leadership Academy, Dallas, Texas; Steve Tolbert, CEO of Decision Lens, Arlington; Brian Witt, revenue vice president for Rivet Work, Overland Park, Kansas; and Chris Zenthoef, VP of product strategy for McElroy Manufacturing, Tulsa.

VFW Law Enforcement Award (continued from Page A1)

prison guard at the Joint Regional Correctional Facility.

"He was always very professional, very quick to help other soldiers. He was a good role model for everyone," she said.

She has continued to work with him and note his accomplishments in her current position as a civilian, for which she conducts job interviews with inmates when they are to be released to help them reintegrate into society. Anese said Preston continues to demonstrate his dedication to soldiers and recognizing their achievements. When her fiancé retired but wasn't given a retirement flag, she said Preston made sure that was remedied.

Anese noted in the nomination that Preston has dedicated his career to "protecting others, developing future leaders and strengthening the communities he serves... He has distinguished himself throughout his career by exemplifying integrity, professionalism and an exceptional commitment to duty. ... His leadership and character consistently set the standard for excellence and positively impacted the soldiers and families around him."

Preston's service in challenging environments was also highlighted in the nomination.

"During Operation Iraqi Freedom, he served in key leadership and coordination roles supporting detention operations, investigations and intelligence efforts that directly contributed to the safety of both service members and Iraqi civilians," the nomination read. "Through hundreds of missions and patrols, he demonstrated courage, sound judgment and a commitment to justice and accountability. His work helped ensure dangerous individuals were removed from the battlefield and that lawful processes were upheld during a critical period of conflict."

Anese also recognized Preston's contributions in the areas of organizational improvement, training and mentorship.

"He played a critical role in the opening and accreditation of major military correctional facilities and served in leadership positions responsible for safety, accountability and professional standards," she wrote in the nomination. "As a master instructor, he trained hundreds of soldiers and civilians in self-defense and nonlethal response techniques, directly contributing to safer workplaces and communities. His mentorship enabled many soldiers to achieve educational goals, professional advancement and long-term success both in and out of uniform."

Several of Preston's other achievements were also included in the nomination, including being named Soldier of the Year at Fort Knox, Kentucky; Soldier of the Year at Fort Leavenworth; NCO of the Year at Fort Leavenworth; and NCO of the Year at Fort Lewis, Washington.

It's about soldiers

Preston said taking care of soldiers and volunteerism have been important themes throughout his career.

"Part of what I learned at a very early age was about communication and caring for soldiers, and not giving them everything that they want, but giving them the things they need, and helping with their career progression."

Preston said when he was a first sergeant, his unit did a lot of outreach and community service to get soldiers involved in the community and convey the message that there is more to being a corrections specialist than just working in a prison.

"That's kind of what I tried to help them with, is the things that I did ... and having the leaders that helped me out throughout my career."

He stressed the importance of pushing himself and his soldiers to experience service and education beyond the job.

"My career was kind of an anomaly, in the sense that I had a lot of key things that I was able to do that some people weren't able to, and primarily it was because I never turned down a chance to volunteer for something," Preston said. "There's been a lot of fortuitous things that have come from (volunteering) for me, and that's one of the things I try to embody and help with, to push things along."

Preston is currently serving as the program director for the Military Corrections Committee, a subcommittee of the American Corrections Association. He was nominated for the position and said he opted to put himself "out there" to serve in the role. In the position he is helping advocate for the value that corrections professionals provide to the military.

That is just one example of how supporting soldiers and



Photos by Prudence Siebert/Fort Leavenworth Lamp

Sgt. 1st Class Trevor Preston, Headquarters and Headquarters Company, U.S. Disciplinary Barracks Battalion (Corrections), center, is recognized by District 1 Commander Ken Romine and VFW Post 56 Commander Jamie Cox for being selected for the VFW's Law Enforcement Officer of the Year Award during a ceremony March 12 at VFW Post 56 in Leavenworth.



Sgt. 1st Class Trevor Preston, Headquarters and Headquarters Company, U.S. Disciplinary Barracks Battalion (Corrections), center, poses for photos with sons Matthew and Jonathan and wife Amanda, award nominator Lauren Anese, District 1 Commander Ken Romine, VFW Post 56 Commander Jamie Cox and Kansas Emergency Services Chairman Danielle Springall after a ceremony honoring Preston with the VFW's Law Enforcement Officer of the Year Award March 12 at VFW Post 56.

stepping up to help over the years has led to the VFW recognition.

"It's those things (like the committee) that people shy away from because it's either too hard or they don't understand it or may be just too afraid to do it, (but) sometimes you've got to step up and do that," he said. "You'll find a lot of more self-worth and enjoyment in the things that you do when you go above and beyond sometimes — without sacrificing family and time."

Preston is currently interning for Compliant Technologies as part of the Army's Career Skills Program and has been attending the International Law Enforcement Educators Association Conference in St. Louis, Missouri, this week.

"Mostly I'm traveling to conferences and to agencies that are requiring training for the products, and I'm learning from those instructors on the standardization of training, and helping develop and build and revamp their training program, kind of (like) what the Army has taught me in my time as being an instructor in several places," he said about the internship.

He will officially retire from the military this June, almost exactly 25 years after he enlisted.

"So originally, when I decided to join, I was already married. I came in just before Sept. 11th — I was actually in (Advanced Individual Training) for that one."

He said he wanted to be a cop, but at the time in 2001, the opportunity for Military Police was in corrections. He was able to get both MP military occupational specialties, however, due to the way the class was designed at the time, and thus he has worked the road as an MP, done combat patrols in Iraq and performed several roles in the Army Corrections Brigade, including his last assignment as USDB

watch commander.

He said the immediate opportunity to be a leader in the corrections field was what first appealed to him.

"As a corrections specialist, you're in charge of people as a private. You've got to tell people that don't necessarily want to do what you want them to do — because they're there for ... crimes or whatnot that they did — and you've got to get them to behave and follow and maintain discipline, which there's not a lot of MOSs that allow you to be a leader at the very get-go of your career."

Preston said he has enjoyed the challenge of the job, influencing inmates to behave, honing abilities in conflict management and de-escalation, and more.

"I stayed around a little bit longer than most people do in (this career) because I was having fun, and it wasn't necessarily about the job, it was the soldiers that kept me around."

It's about caring

Preston said the message he has always conveyed to soldiers is that they have to care.

"Caring is the biggest thing that sometimes becomes difficult to do," he said. "If you've got soldiers underneath you that you want to influence and motivate them to be better than just coming to work and leaving after eight hours... then caring about each other is the No. 1 thing."

Preston said he would advise other soldiers transitioning from active duty to use the opportunities available to them, such as the CSP and Transition Assistance Program, and to care about and find happiness in what they do.

"If you just come to work and you just do your job, but you don't try to better yourself or better the environment that you're in, you're not going to find anything rewarding."

Your chance of being struck by lightning greatly increases when remaining outdoors during a thunderstorm.

Lightning can strike from up to 10 miles away.

When Thunder Roars, Go Indoors!

See a Flash, Dash Inside!



Some of the activities people were doing when they were recently struck by lightning include:



Golfing



Boating



Running



Grilling



Walking



Construction



Riding



Gardening



Swimming

Maven Smart System (continued from Page A1)

Professional military education

CGSC leaders plan to integrate Maven into the core curriculum for field grade officers attending the Command and General Staff Officer Course. The goal is to ensure graduates are proficient with the systems used in operational units. Maven will also become part of the curriculum for students attending the School of Advanced Military Studies and the School for Command Preparation.

"The integration of Maven represents a critical step in aligning professional military education modernization with the realities of what's going on with the operational force," said Zachary Rolf, deputy for the Department of Simulation Education at CGSC.

The goal, he noted, is to ensure graduates have "system parity" and are able to seamlessly integrate at the unit level when they leave the schoolhouse.

Workforce upskilling

The CAC CDAO's Data Academy provides centralized education on data, AI and modern software. Maven will be included as an offering for the workforce. Specific to Maven, the academy is collaborating with MCCoE in developing courses, including a technical low-code/no-code builders course that will be offered with both in-person and virtual options.

These parallel efforts are set to merge into a single System Training Plan as the Army moves to formally designate Maven as a system of record. This unified plan will guide integration across all training domains.

"It will be a collaborative effort, clearly. And that's really the only way to do it," said Maj. Dustin Berry, lead data scientist and chief technology officer for CAC. "With us working together, it will be a much better product."



Photos by Randi Stenson/MCCoE Public Affairs

ABOVE: Teammates from the Mission Command Center of Excellence, the Combined Arms Command Data and Analytics Office, and the Command and General Staff College participate in training on the Maven Smart System Feb. 25 at the Lewis and Clark Center.

LEFT: Maj. Dustin Berry, lead data scientist and chief technology officer for the Combined Arms Command, explains data workflow as part of Maven Smart System training Feb. 25 at the Lewis and Clark Center.

Dirty Dozen scams (continued from Page A2)

red flag; the taxpayer is legally responsible for what is filed. The IRS urges taxpayers to avoid preparers who will not sign the return and to choose reputable help. Taxpayers should never sign a blank or incomplete return. Instead, the IRS reminds taxpayers to use a trusted tax professional for help. (See <https://www.irs.gov/tax-professionals/choosing-a-tax-professional>.)

9. Non-cash charitable contribution schemes.

Some schemes involve inflated appraisals of donated property using syndicated conservation easements or art. Promoters often promise to eliminate or substantially reduce tax liability. The IRS warns taxpayers not to file returns with made-up information and reminds taxpayers that it can hold refunds while verifying claims.

10. Overstated withholding schemes (fabricated wage/withholding data).

Scammers encourage taxpayers

to inflate withholding amounts (sometimes described as "other withholding") to manufacture a larger refund by reporting zero or little income on incorrect forms. The IRS may delay processing while it verifies wages and withholding against third-party records. Inaccurate claims can lead to penalties and enforcement action.

There are multiple variations of the overstated withholding credit scheme, including those involving Forms W-2 and W-2G; Forms 1099-R, 1099-NEC, 1099-DIV, 1099-OID, and 1099-B, as well as the Alaska Permanent Fund Dividend, Schedule K-1 with Withholding Reported, and Unspecified Source of Withholding Credit Claimed.

11. Spear-phishing and malware campaigns targeting tax professionals.

Tax professionals and businesses remain targets of "new client" or "document request" e-

mails that deliver malicious links or attachments to steal client data or access systems. The IRS and the Security Summit urge preparers to remain vigilant and to strengthen their security practices.

Businesses and individuals, including tax pros, should always be cautious and look out for any suspicious requests or unusual behavior before sharing any sensitive information or responding to an e-mail. Warning signs may include unexpected requests for sensitive information, mismatched or unfamiliar sender addresses, urgent payment demands, or links directing users to websites that do not clearly originate from IRS.gov. Be aware that by gaining access to a hacked e-mail account, scammers can locate a genuine e-mail from a previous victim's e-mail account sent to their tax professional.

12. Aggressive or misleading Offer in Compromise marketing

("OIC mills").

The Offer in Compromise program can help certain eligible taxpayers resolve tax debt when they are unable to pay in full, but "OIC mills" often overpromise results and charge high fees to taxpayers who don't qualify. Taxpayers can check eligibility using free IRS tools to avoid high-pressure sales tactics.

How to protect yourself and what to do if you get a suspicious message or call

Don't click unexpected links or open unexpected attachments.

If you get a suspicious IRS-related call, hang up. The IRS provides guidance on what to do next, including how to report scams, at <https://www.irs.gov/help/report-fraud>.

To report suspected IRS-related phishing e-mails or messages, send them to phishing@irs.gov and follow IRS reporting instructions.

If you think your tax identity has been compromised, visit [IRS.gov/idtheft](https://www.irs.gov/idtheft) for steps to protect your account and recover.

Report abusive tax schemes and suspicious activity

The IRS encourages taxpayers, tax professionals, and the public to report suspected tax fraud, scams, identity theft or other tax-related wrongdoing by visiting [IRS.gov/SubmitATip](https://www.irs.gov/SubmitATip).

The new online tool allows individuals to confidentially submit information using a smartphone, tablet or computer. It consolidates IRS fraud-reporting options into one location and routes tips to the appropriate IRS office.

Prompt reporting helps protect taxpayers and quickly stop abusive activity.

Empowering Soldiers, Enhancing Lives

2026 Annual Campaign
March 1 - June 14

Project Family Night



Second-grader Leah Lilly, first-grader Carter Lilly, mom Christin Lilly and pre-kindergartner Declan Lilly read by flashlight, chosen in the children's favorite colors, during one of the Project Family Night activities March 10 at Bradley Elementary School.

Families could rotate through activities — including flying drones in the gym, using the exergaming equipment in the exergames room and throwing hula hoops onto cones after solving math problems in the cafeteria — that showcased examples of how educational grants are being used in the school district.

Eisenhower Elementary School and MacArthur Elementary School and Patton Junior High School also hosted Project Family Night.

Photo by Prudence Siebert/Fort Leavenworth Lamp

USD 207 event highlights use of educational grants at post schools



Photos by Prudence Siebert/Fort Leavenworth Lamp

Third-grader Gracelynn Gosser and kindergartner William Abt play a version of dodge ball, hitting moving targets projected on the gym wall to earn points, during Project Family Night March 10 at Bradley Elementary School.

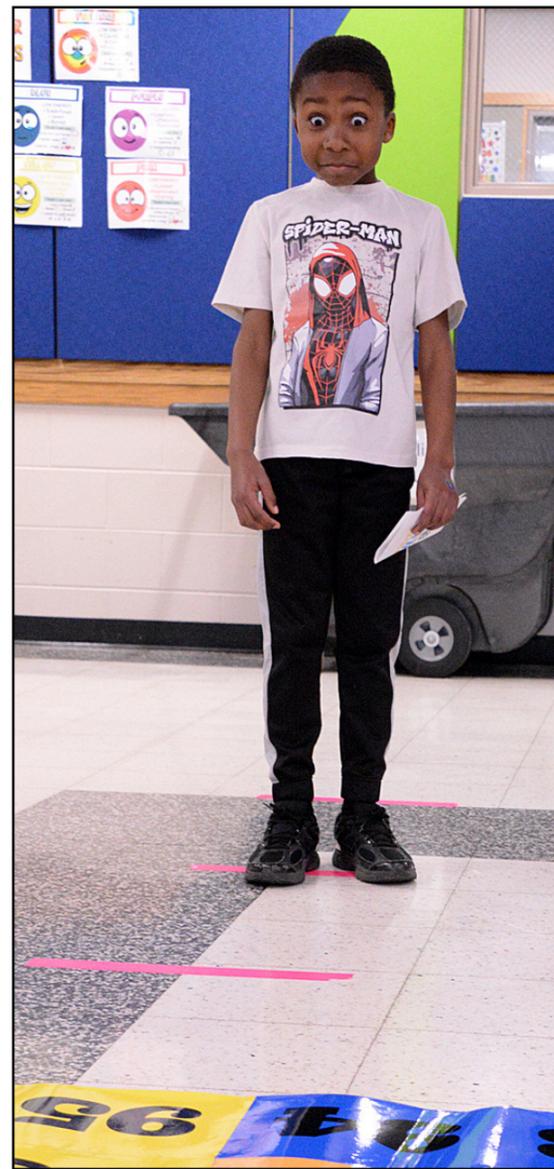


First-grader Amai and dad Capt. Ales Sinicic, from Slovenia, balance colored blocks on a rocking platform during one of the Project Family Night activities March 10 at Bradley Elementary School.



Third-grader Stormie Donahue throws a hula-hoop toward a cone marked with the answer to a math problem she had to solve during Project Family Night March 10 at Bradley Elementary School.

Project Family Night (continued from Page A7)



Photos by Prudence Siebert/Fort Leavenworth Lamp

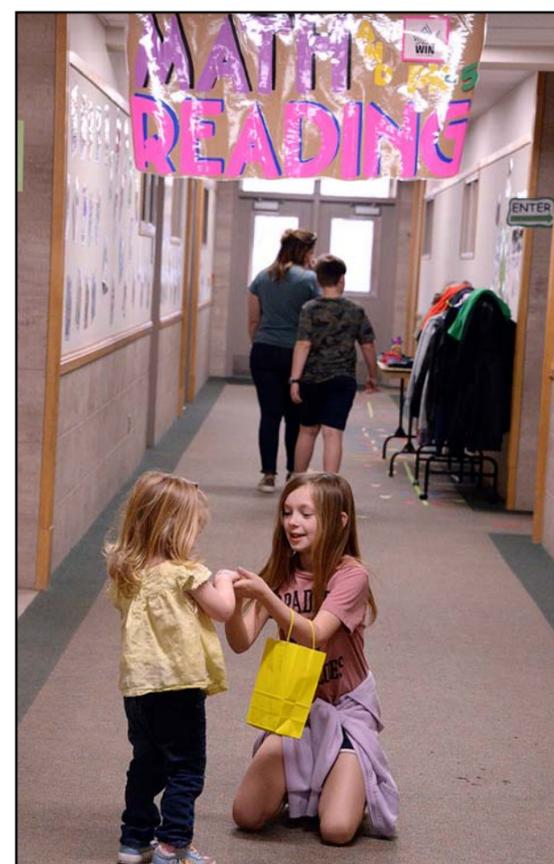
ABOVE: Third-grader Edward Chukukere Jr. reacts to tossing a bean bag on the right number — 24, the answer to 3×8 , the math problem he had to solve — on his first try during Project Family Night March 10 at Bradley Elementary School.

LEFT: First-graders Max Palmer and Greyson Lee chase targets on a projected game board on the floor in the exergames room March 10 at Bradley Elementary School. The exergaming activity, demonstrated during Project Game Night, encouraged sensory-motor integration movements that facilitate neuroplasticity.



ABOVE: First-grader Amai Sinicic from Slovenia, first-grader Muhammad Bin Umair from Pakistan, third-grader J.J. McWhirter and first-grader Charlotte McWhirter move pathways on a magnetic board for a marble to successfully follow and drop into a receptacle March 10 at Bradley Elementary School.

RIGHT: Fifth-grader Amelia Elders reattaches a sticker for her 2-year-old sister Aurora while rotating through activity stations scattered around the school for Project Family Night March 10 at Bradley Elementary School.



Current educational grants at USD 207

by Bradley Elementary School/Unified School District 207

Project ARMIES:

Anchoring Reading and Mathematics In Exercise (Health) Sciences

Project ARMIES brings research-based health science strategies into daily instruction to boost both academic, physical and behavioral achievement for Fort Leavenworth students. The grant supports a district-wide program that utilizes activities combined movement and technology to enhance cognitive skills, engagement and overall well-being. By integrating cross-lateral movements, sensory processing and aerobic exercise into the learning process, Project ARMIES aims to enhance student success in math and English language arts across all tiers of support.

Project WIN:

Well-Defined Individualized Novel Interventions — What I Need to Succeed in Mathematics and Reading

Project WIN strengthens academic success for Fort Leavenworth students by providing targeted,

research-based support in math and English language arts. The grant focuses on closing learning gaps using research-based approaches, including structured literacy, evidence-based mathematics instruction and a comprehensive, multi-tiered system of supports. By analyzing each student's need and providing supports of varying intensity, Project WIN ensures that all students receive the right level of academic support at the right time. The grant also invests in high quality professional development, equipping teachers with the tools and strategies needed to help every learner excel.

Project AVID:

Advancement Via Individual Determination

Project AVID supports academic success for military-connected students by implementing schoolwide, research-based strategies that strengthen skills in reading, writing, math and overall learning. AVID's framework, centered on WICOR (writing, inquiry, collaboration, organization and reading), helps students build strong academic habits, critical thinking skills and the mindsets needed for college and career readiness.

The grant provides professional development and ongoing support to help teachers effectively implement AVID strategies. This includes training in AVID's core principles, classroom routines, organization systems, focused note-taking and ways to foster a college- and career-ready culture across all schools.

Project STEM+:

Science, Technology, Engineering, Math and Belonging

Project STEM+ expands opportunities for students to feel connected to their school community and strengthen achievement in science and mathematics. Through engaging STEM curricula, hands-on learning and inquiry-based programs, including makerspaces, a done club, STEM club, e-sports and expanded Project Lead the Way course offerings, students gain meaningful experiences that prepare them for future-ready pathways in an increasingly STEM-driven world. With expanded student access to hands-on STEM experiences, Project STEM+ provides a sustainable foundation that supports academic growth, skill development and future-ready preparedness.

Motorcycle safety courses offered

by Fort Leavenworth Safety Office

Service members, and Department of Defense civilians if space allows, can now sign up for Motorcycle Safety courses scheduled for April through October.

The Motorcycle Safety Foundation (MSF) courses are exclusively for active-duty personnel, and DoD civilians on a standby basis, who are assigned to Fort Leavenworth. Retirees, family members and contractors are not permitted to participate.

This season, Fort Leavenworth has a total of 48 allotments for the Basic Rider Course and 24 allotments for the Advance Rider Course.

The MSF classes are limited to six students, and a minimum of five students must be registered for a class to take place, otherwise, it will be canceled.

Before registering, participants must obtain their commander's or supervisor's approval and bring the signed operator agreement to the first day of training.

If you register for a course and do not attend without prior notice, which causes an allocation to be lost, you will not be allowed to sign up for a future course this season.

How to enroll:

1. Go to CAC-enabled website <https://airs.safety.army.mil>
2. Click on "I ACCEPT"
3. Under the heading you will find, Region, Garrison and Courses
4. Using the down arrow choose the following:
 - Region "West"
 - Garrison "Fort Leavenworth"
 - Courses: Choose the course that you want to enroll in. (Basic Rider Course or Advanced Rider Course)
5. Click on calendar icon or "Next Month" to select dates and courses if course is full for that month. (NOTE: Grayed-out courses are past; courses in red are filled; courses in blue are available.)
6. Click the desired date of course to enroll and follow the instruction. (Please read "Course Detail" for qualification/requirements, date and time of the course.)
7. Once registration is complete, click "Save."
8. BRC students must complete the MSF Basic eCourse prior to receiving their MSF card. The link will be e-mailed once registration is complete.
9. Students must attend the course their registered for or cancel within seven days of the start date. No-shows are reported to their unit chain of command.
10. Walk-in students will be admitted at 7 a.m. on the day of training in the event there are no-shows. Priority is to fill all training seat vacancies (Active-duty has priority, then DoD civilians).
11. Call the U.S. Army Garrison Safety Office at 520-692-6294 with any questions.

Required personal protective equipment (PPE):

- Department of Transportation-approved helmet
 - Full-fingered gloves
 - Eye protection
 - A long-sleeved shirt or jacket
 - Long sturdy pants (no sweatpants)
 - Sturdy over-the ankle boots or motorcycle-specific footwear. (Note that athletic shoes, including high-top sneakers, are not acceptable PPE.)
- Helmets and motorcycles are provided by the program for BRC students only.

Be prepared to train regardless of weather, as training will occur rain or shine. Water is not available at the training site; you are encouraged to bring your own.

Directions: From Grant Gate, take Grant Avenue north until you reach the Grant statue. At the stop sign, continue straight on McPherson Avenue. After passing the Old U.S. Disciplinary Barracks, turn right onto Bluntville Avenue, and proceed down the hill to Sherman Army Airfield on the right. Cross the railroad tracks into the parking lot. Look for the Motorcycle Safety Classroom sign on the building to identify the correct location. During training days, MSF training signs will be posted along the route.

Student report time is 6:45 a.m. on the scheduled start day for processing. Since all students either work or live on Fort Leavenworth, they are asked to complete a reconnaissance of the classroom before to the start date. Additionally, one week prior to the start of training, the safety officer will send an email reminder that will include a strip map to the training classroom. If students are not present by 7 a.m., their reserved slot will be given to a standby student. There will be no exceptions to this policy.

Basic Rider Course (BRC)

Prior to operating a motorcycle, all service members must complete the Basic Rider Course. The BRC is a two-day course with classroom instruction and operating on a motorcycle training range. The motorcycle is provided by the program.

Required items to bring on the first day of training:

- Valid automobile driver license
 - Signed commander/supervisor operator agreement
 - eCourse completion certificate
 - Required PPE
- Failure to bring these items will result in non-participation.

FY26 FLKS MSF Schedule			
Month	Course	Date(s)	Day(s) of Week
April	BRC	13-14	Mon/Tue
May	BRC	19-20	Tue/Wed
	ARC	21	Thu
June	BRC	2-3	Tue/Wed
	ARC	4	Wed
July	BRC	21-22	Tue/Wed
	ARC	23	Thu
August	BRC	24-25	Mon/Tue
	ARC	26	Wed
September	BRC	29-30	Tue/Wed
October	BRC	19-20	Mon/Tue

Advanced Rider Course (ARC) (Replaces ERC & BRC2)

The Advanced Rider Course training will be completed by the service member on the service member's motorcycle. To maintain valid credentials, the ARC must be repeated every five years.

Required items to bring on the day of training:

- BRC card
- Current driver license with motorcycle

endorsement

- Proof of insurance
- Signed commander/supervisor operator agreement.
- Required PPE

Failure to bring these items will result in non-participation.

For more information, visit <https://home.army.mil/leavenworth/my-fort/all-services/safety>.

Have the Fort Leavenworth Lamp delivered to your inbox!



Sign up to receive a weekly reminder when a new issue of the *Lamp* is posted!

E-mail usarmy.leavenworth.id-training.mbx.pao-inbox@army.mil.

Commissary to start charging for single-use bags

by DeCA Corporate Communications

FORT LEE, Virginia – Starting April 6, commissaries will start charging a nominal price for each single-use paper or plastic bag.

Cost associated with this change is 5 cents for plastic and 10 cents for paper single-use bags.

This change will allow the Defense Commissary Agency to continue to offer its eligible patrons significant savings while strengthening its fiscal stewardship and reducing operating expenses.

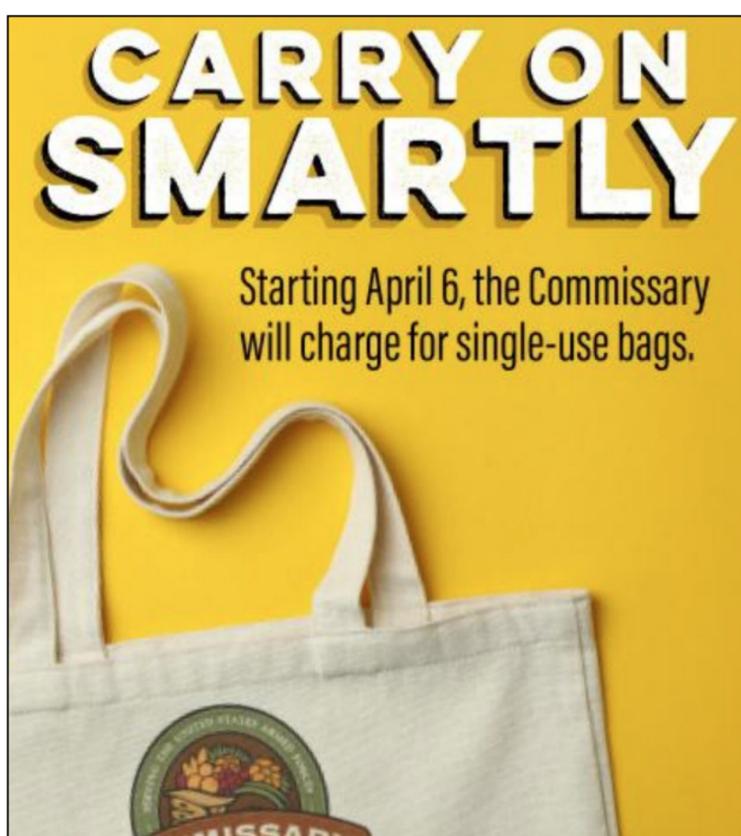
Patrons submitting Commissary CLICK2GO curbside or delivery orders will be given the option to purchase bags when checking out.

DeCA also encourages patrons to bring their own bags from home or purchase reusable bags from in-store or Commissary CLICK2GO assortments.

For more information, visit <https://shop.commissaries.com/bags>.

About DeCA

The Defense Commissary Agency operates a worldwide chain of commissaries providing groceries to military personnel, retirees, disabled veterans and other authorized patrons and their families in a safe and secure shopping environment. Commissaries provide a military benefit, saving authorized patrons thousands of dollars annually on their purchases compared to similar products at commercial retailers. The discounted prices include a 5-percent surcharge, which supports the costs of building, modernizing and sustaining commissary facilities. A core military family support element and valued part of military pay and benefits, commissaries contribute to family readiness, enhance the quality of life for America's military services and their families, and help recruit and retain the best and brightest men and women to serve their country.



ProCamps season begins

Commissaries, exchanges, P&G collaborate for free youth football events

by DeCA Corporate Communications

FORT LEE, Virginia – Military commissaries and exchanges are blowing the whistle to start the next season of free NFL ProCamps for military children at select installations.

For the 14th straight season, Procter & Gamble is joining the Defense Commissary Agency and the military exchanges to offer these camps hosted by NFL athletes such as Byron Young, Devin Lloyd, Austin Corbett, Morgan Fox and many others.

The instructional camps are for children, ages 6-14,

of active-duty, reserve, retired and Department of War civilians. Individual camp capacity is up to 150 children.

During the two consecutive sales promotional periods that started March 9 and end April 5, customer purchases of designated P&G products at participating stateside commissaries and exchanges will determine which installations win. The winning installations will be announced a few weeks after the sales event has concluded.

“Can you imagine the look on a child's face when they see an actual NFL player teaching them foot-

ball in their community?

You cannot put a price on the positive impact that gives our children,” said Navy Command Master Chief Mario Rivers, senior enlisted advisor to the DeCA director and CEO.

“Our military children face so many twists and turns in adapting to such a unique lifestyle,” he added. “For a couple days, these camps provide them a sense of normalcy and fun while they learn some aspects of teamwork and physical fitness.”

The ProCamps merchandising event highlights P&G's support of the military community as well as

the strong savings on P&G brands, said Dena Hawkins, sales director, P&G Military Team (DeCA Pillar Leader).

“This program continues the long tradition of P&G and military resale bringing NFL camps to military communities – with over 20,000 children attending camps since the program started,” Hawkins said. “We appreciate the sacrifice the military community makes for our country, and this is one small way we can show our appreciation to military families.”

An NFL player will coach the participants as they rotate through various stations to learn basic foot-

ball skills and later participate in games and competitions. Any winning military community that does not have enough children to conduct a camp could win a seven-on-seven flag football camp for that installation. Campers will be provided with a T-shirt, picture and lunch.

Two overseas events have already occurred. The first camp was Feb. 21-22 at Andersen Air Force Base, Guam, with linebacker Byron Young from the Los Angeles Rams. Ramstein Air Base High School hosted the second event March 7-8 with Jacksonville Jaguars linebacker Devin

Lloyd.

“We are honored that we can be a part of supporting military families and single soldiers by bringing ProCamps events to installations around the world,” said Molly Fanning, executive vice president of partnership marketing.

“The camp itself allows youth to interact with an NFL pro, but they learn much more than that,” Fanning said. “They learn about hard work, setting goals and dreaming big. Hopefully, they also make a new friend, or many, along the way.”

HOUSING UPDATES

■ The ARMY HOUSING TENANT SATISFACTION SURVEY is underway and will remain open through the last week of April. Residents will receive their personalized survey link via e-mail from CEL & Associates. All responses are anonymous, confidential and reviewed directly by the Army. Throughout the survey period, CEL will host weekly \$50 prize drawings, along with a \$250 grand prize drawing at the conclusion of the survey. During the survey window, residents can also expect to see NEIGHBORHOOD POP-UP EVENTS, including parades, community clean-up crews and snack stations. Event details will be shared via e-mail.

■ Residents should submit their “NOTICE OF INTENT TO VACATE” as soon as they receive orders and schedule household goods.

■ Wallace Commercial Landscaping is continuing with hard pruning and tree trimming. Residents who would like to maintain their own flowerbeds should use “NO MOW” STAKES to visibly mark the areas.

■ THE MICHAELS ORGANIZATION EDUCATION FOUNDATION RESIDENT SCHOLARSHIP PROGRAM is accepting applications through April 15. For eligibility requirements visit <https://tmo.com/the-michaels-organization-educational-foundation-encourages-affordable-and-military-housing-residents-to-apply-for-2026-scholarship-program/>. To apply online, visit tmoef.community-force.com. For assistance, e-mail scholarships@tmo.com.



OMB Control Number: 0704-0553
OMB Expiration Date: August 31, 2028

YOUR FEEDBACK MATTERS.



Scan the QR Code to Complete the Tenant Satisfaction Survey for a chance to win a gift card!



Fort Leavenworth Tornado Public Shelter Locations

Munson Army Health Center
550 Pope Ave
Fort Leavenworth, KS 66027

Lewis & Clark Center
100 Stimson Ave
Fort Leavenworth, KS 66027

Things to remember:

Go to shelter locations when Tornado Watch is issued. Tornado Warnings are too late!

Have NOAA Weather Radio or phone app to receive weather alerts.

Sign up for ALERT! (<https://alert.esd.disa.mil>) to receive information for FLKS

Identify Best Available Refuge Area for your residence. (Basement, Interior Room)

Seek shelter early.

Be Informed, Build A Kit, Make A Plan

<https://ready.army.mil/>



U.S. ARMY FORT LEAVENWORTH
"The Best Hometown in the Army"

Kansas bicycle maps now available

by Kansas Department of Transportation News Release

The new 2026-28 Official State Bicycle Map of Kansas is available from the Kansas Department of Transportation.

Whether riding a few miles or cycling across the state, this edition offers a variety of information to help active transportation users plan a short trip or a long ride.

State bicycle maps and educational flyers with bicycle safety tips are free and can be ordered on KDOT's website at <http://www.ksdot.gov/KS-BikeMap>.

"Rail-Trails and the U.S. Bicycle Route System maps are included in the publication and showcase historic and unique places to visit along these routes," said KDOT's Active Transportation Manager Jenny Kramer. "We want residents and visitors alike to experience a few of the many venues and sights Kansas offers by bike while participating in active lifestyles."

The map features color-coded highways to help riders distinguish traffic levels and varying route widths to show where shoulders are paved and wider than 3 feet. For those wanting to avoid highways, county roads are

Rail-Trails of Kansas

U.S. BICYCLE ROUTES

KANSAS RAIL-TRAILS

U.S. Bicycle Route System through Kansas

EXPERT MAPS, TRAIL-BUILDING SUPPORT AND A THRIVING OUTDOOR COMMUNITY.

- 4,611 MILES OF TRAILS AND ROUTES
- 3,415 MILES OF GRAVEL ROUTES
- 1,154 MILES OF NATURAL SURFACE TRAILS
- 719+ MILES OF WATER ROUTES

The new 2026-28 Official State Bicycle Map of Kansas is available from the Kansas Department of Transportation. State bicycle maps and educational flyers with bicycle safety tips are free and can be ordered on KDOT's website at <http://www.ksdot.gov/KSBikeMap>.

also shown using the same color coding for traffic ranges and denote whether they are paved or unpaved. Additional features include:

- Rest areas and bike shops
- State parks and scenic byways
- Hospitals with 24-hour emergency care
- Past Biking Across Kansas routes

According to the group, its mission is to provide the resources, support and community connections needed to make trails across the state accessible and sustainable for everyone. For more information or to order maps, send an e-mail to KATE@ks.gov or call Kramer at 785-296-5186.

Freedom Truck mobile museums bring Freedom 250 to military communities

by Freedom 250/U.S. Army Public Affairs

WASHINGTON — A fleet of six mobile museums, known as "Freedom Trucks," are traveling throughout 2026, bringing the story of American independence to students, families and citizens in every corner of the country and near many military communities.

With interactive and inspiring content for visitors of all ages, the exhibits tell the story of how 13 colonies declared independence, defeated the greatest empire in the world and secured American sovereignty 250 years ago. With engaging elements such as quizzes, a kiosk to sign the visitor's name digitally to the Declaration of Independence and a wall of 50 American heroes, these exhibits celebrate the remarkable achievements that 250 years have made possible.

The national Freedom 250 initiative is a historic, once-in-a-generation opportunity to reflect on the founding principles of the country while rallying communities around the values that built the country and the American Dream. While every Freedom 250 event is unique, it is also part of a national movement to celebrate America and set the tone for the next 250 years.

Hundreds of events like the Freedom Truck visits will take place all around the country, including at overseas locations, as a part of the year-long celebration. Information on these events will be made available at <https://www.war.gov/Spotlights/Freedom250/>. Visit <https://freedom250.org/> for more information.

For more information and the dates and locations for the Freedom Truck mobile museums, visit <https://freedom250.org/events-calendar/freedom-truck-mobile-museums>. Freedom Truck Mobile Museums were created in partnership with PragerU and Hillsdale College and made possible by The Institute of Museum and Library Services. Dates are subject to change.



U.S. Army photos by Jedhel Somera

The Freedom 250 Mobile Museum stands outside the post exchange in February at Fort Campbell, Kentucky. The trailer serves as a traveling gateway to the past, honoring the service and sacrifice of soldiers throughout the nation's 250-year history. Visit <https://freedom250.org/events-calendar/freedom-truck-mobile-museums> for dates and locations.



ABOVE: The Wall of American Heroes features a gallery of 50 influential figures who have shaped the nation's history through leadership and innovation.



Tracy Warren and her children interact with a high-definition touch screen inside the Freedom 250 Mobile Museum in February at Fort Campbell, Kentucky. The Warren family recently studied the American Revolution as part of their homeschool curriculum.



LEFT: A digital station allows visitors to virtually sign the Declaration of Independence within the Freedom 250 Mobile Museum. The interactive display is part of a large immersive timeline that traces the nation's history from 1775 to the present day.

Spring religious holiday services schedule at post chapels

by Religious Support Office

Special Services

Ramadan, noon through March 20 at Frontier Chapel
 Jewish Passover Seder, 6 p.m., April 2 at Fellowship Hall in Frontier Chapel
 Good Friday (Protestant), 3 p.m. April 3 at Memorial Chapel
 Easter Sunrise Service (Protestant), 7 a.m. April 5 at Memorial Chapel

Catholic

Stations of the Cross, 5:30 p.m. March 27 at Pioneer Chapel
 Lenten Penance Service, 6 p.m. March

25 at Frontier Chapel
 Lenten Spiritual Luncheon Retreat, 10 a.m. March 28 at Pioneer Chapel
 Palm Sunday, 9:15 a.m. March 29 at Pioneer Chapel
 Maundy Thursday Mass, 6 p.m. April 2 at Pioneer Chapel
 Good Friday Service, 3 p.m. April 3 at Pioneer Chapel
 Easter Vigil, 7 p.m. April 4 at Pioneer Chapel
 Easter Sunday Mass, 9:15 a.m. April 5 at Frontier Chapel

Protestant (Liturgical)

Palm Sunday, 9:30 a.m. March 29 at Me-

morial Chapel
 Easter Service, 9:30 a.m. April 5 at Memorial Chapel

Gospel Service

Palm Sunday, 10 a.m. March 29 at Pioneer Chapel
 Easter Service, 10 a.m. April 5 at Pioneer Chapel
 Easter Egg Hunt, 11 a.m. April 5 at Pioneer Chapel

Protestant (Contemporary)

Easter Egg Hunt, 10 a.m. March 29 at Frontier Chapel
 Palm Sunday, 11 a.m. March 29 at Fron-

tier Chapel
 Easter Service, 11 a.m. April 5 at Frontier Chapel

Protestant (Traditional)

Palm Sunday, 8:30 a.m. March 29 at Pioneer Chapel
 Easter Egg Hunt, 10 a.m. March 29 at Pioneer Chapel
 Easter Service, 8:30 a.m. April 5 at Pioneer Chapel

For more information, e-mail christopher.w.weinrich.mil@army.mil.

Adoptable Pet of the Week: Freya

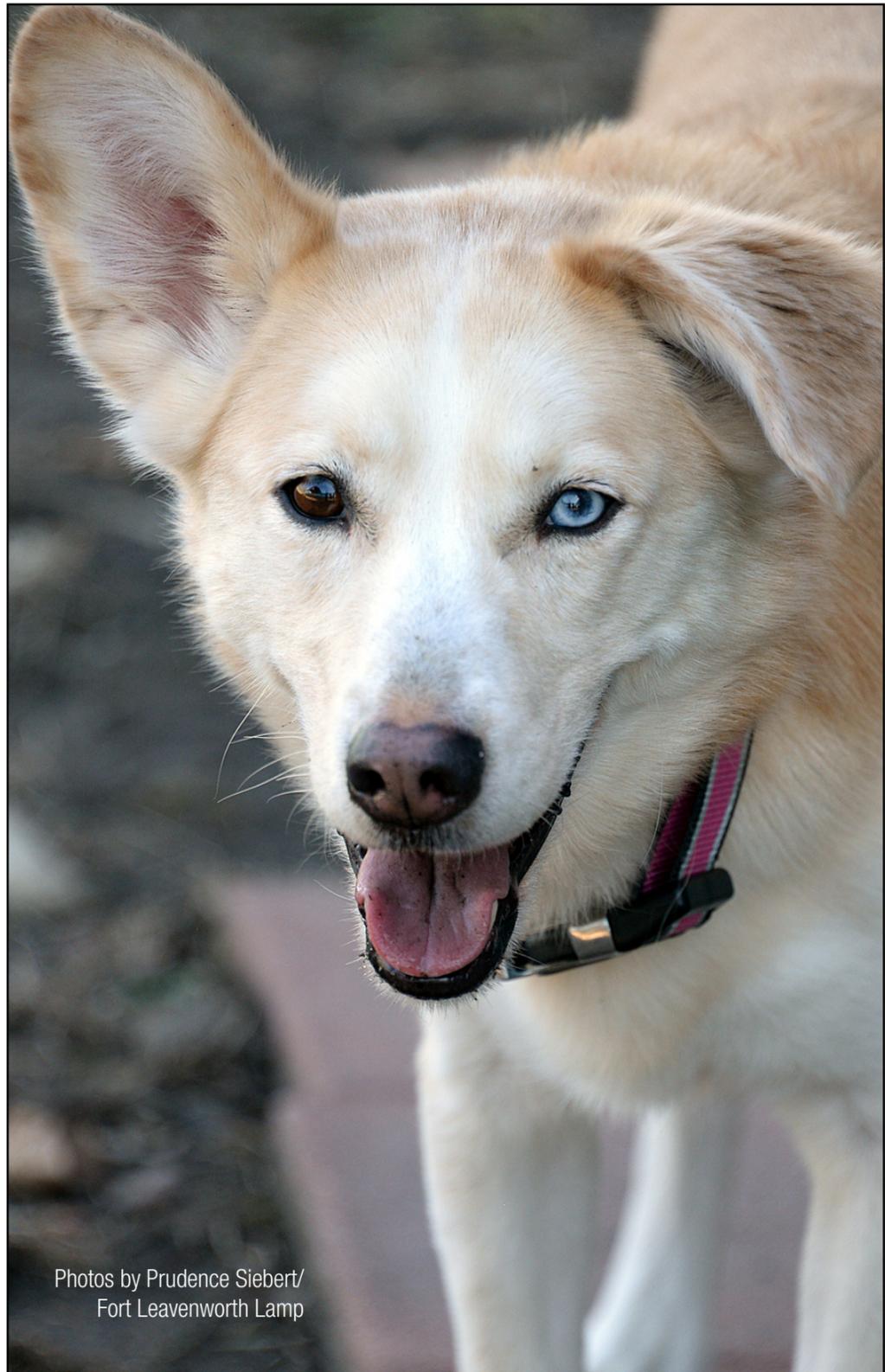


Freya is a small 3-year-old female husky/border collie mix available for adoption at the Fort Leavenworth Stray Facility. She has already been spayed, microchipped and vaccinated. The fee to adopt a dog is \$155, which helps cover some of the care received. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility.

E-mail fortleavenworthstrayfacility@gmail.com for an adoption application and call 913-335-0788 for an appointment. Submit an adoption application online at <https://docs.google.com/forms/d/e/1FAIpQLSdAEonje9Yya2XI7PvcXI1AGdC74hezeQwWUnxbCeonaoilYQ/viewform?usp=publish-editor>. The Fort Leavenworth Stray Facility, at 510 Organ Ave., is open noon to 3 p.m. Tuesday and Thursday and by appointment for pre-approved adopters. Call 913-335-0788 for an appointment or more information. Visit <https://www.petfinder.com/member/us/ks/fort-leavenworth/fort-leavenworth-stray-facility-ks174/> for adoptable pet profiles.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed.

To apply to volunteer with the Fort Leavenworth Stray Facility, visit <https://vmis.armyfamilywebportal.com/>, enter ZIP code 66027, then search for "stray animal facility."



Photos by Prudence Siebert/
Fort Leavenworth Lamp

Prepare now for overseas PCS moves with pets

Planning a PCS move with pets somewhere outside the continental United States?

Contact the Fort Leavenworth Veterinary Treatment Facility at 913-684-6510 to discuss requirements to take your pets overseas, to include Hawaii and Alaska.

There are different requirements based on location, and in some cases, it is necessary to begin the process to obtain a health certificate for your pet months in advance.

Contact the Veterinary Treatment Facility for more information.

Munson Army Health Center graphic

PCS Prep: OCONUS & Pets

THURSDAY
MARCH 19, 2026



Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

Spring Break at the Frontier Army Museum

100 Reynolds Ave, Fort Leavenworth, KS 66109

Touch a Truck with the Fort Leavenworth Fire Department
Monday March 16th from 10:00am-12:00pm
Get up and personal with a real firetruck! Come talk to real firefighters and learn about how these heroes keep Fort Leavenworth safe.

Storytime with Combined Arms Research Library (CARL)
Tuesday March 17th at 10am
Join us for a special Spring Break Storytime at the museum! We will read picture books, sing songs, and play games!

Operation Wildlife Bald Eagle Presentation
Wednesday March 18th at 10:30am
Experienced bird handlers will share fun facts and use props to help participants visualize the wingspan, amazing eyesight, and the impressive size of the eagle.

'It's Wild Out There!' Fort Leavenworth Nature Presentation by Nature Resource Specialist Neil Bass
Thursday March 19th at 10:30am
Fort Leavenworth is home to 1,500 acres of Missouri River floodplain forest. Learn about the plants, trees, and animals that populate our historic post from a nature expert.

Children's Pioneer Day
Friday March 20th from 10:00am-12:00pm
Join us for a Children's Pioneer Day! Kids can explore what it would be like to be a pioneer on the Western frontier! There were will activities and games to help kids learn all about living that 19th century life.

All programs are free and open to all ages

PAIR Day & Kid Fest

April 11 // 10AM - 2PM
Harney Sports Complex

Experience what Fort Leavenworth and the surrounding Kansas City area have to offer at PAIR Day (Post Activities Information & Registration). This is your one stop-shop for everything social, recreational, spiritual, and educational.

There will be informational tables, and lots and lots of FREEBIES!

In honor of Month of the Military Child, this event is a celebration for Military Kids!

This event will be filled with family friendly fun, with a DJ, GYS class demos and informational table. And, the best part it's all FREE!

For more info, call (913) 684-1830 Or scan the QR Code.

Speaker Series History Brunch

Presented by the Frontier Army Museum & The Friends of the Frontier Army Museum (FFAM)

Light refreshments served at 10:30a
Presentations begin at 11a.m

Saturday April 4th
"Thompson and his Rifle Demonstrators: Training, Troubleshooting, and Building Confidence in America's New WWI Rifle" with MAJ Jon Krisko

Saturday May 9th
"Santa Fe in World War II: Contributing to Victory" with LTC Bob Walz (ret)

Saturday June 6th
"Kansas City Kansas Community College (KCKCC), The Greatest Generation and You!" With Joe Grasela

Events are free to the public and will be located at the Frontier Army Museum
100 Reynolds Ave Fort Leavenworth, KS

All presentations will be streamed live and recorded on the Friends of the Frontier Army Museum Facebook page:
<https://www.facebook.com/fleavenworthffam>

Family Advocacy Program Brief

POST THEATER | 375 GRANT AVE | FT. LEAVENWORTH

Recognizing and reporting potential Domestic Abuse and Child Abuse is not always black and white.

Have big questions?
We have answers.

The Family Advocacy Program (FAP) is Command supported and Soldier focused. FAP is the Army's official program for preventing and responding to Family violence.

This free, mandatory, annual training will educate Soldiers and leaders about preventing, identifying and correctly reporting Domestic abuse and Child abuse. (In accordance with AR 350-1)

- 2026 TRAINING DATES:
From 1300 - 1500
- 25 MARCH
 - 29 APRIL
 - 27 MAY
 - 24 JUNE
 - 15 JULY

Training is free and for 18+. There is no registration required. For more information call: 520-692-6378 / 6303



Please join us for SHARP's

ICE CREAM SOCIAL

In Honor of SAAPM Month



Wednesday, 15 April 2026
1100-1300

Fort Leavenworth Exchange
330 Kansas Ave
Fort Leavenworth, KS 66027

For more information, please contact Ms. Nicole Hernandez at (913) 544-9243 or maurennicole.n.hernandez.civ@army.mil

SKIES

Save the Dates!

Students Music Recital
April 10 @ Pioneer Chapel 5:30pm

SKIES Summer Enrollment
opens April 13 9:00am

Newsies Jr. Performances
May 9 @ Post Theater 2pm & 7pm

Student Dance Recital
May 20 @ Post Theater 6:30pm

SKIES Open House
July 30 @ Patch Community Center 5:30pm

FREE Family Friendly SKIES Events for 2026!

Don't forget!

call for more info: 913-684-3207

FORT LEAVENWORTH HISTORIC Tour of Homes

SATURDAY, APRIL 11
11:00 AM - 3:00 PM
FORT LEAVENWORTH, KANSAS
\$20/PERSON OR 2/\$35
TICKETS AVAILABLE SOON

Spring Fling

at
Resiliency Center
600 Thomas Ave
Bldg. 198

April 3 • 1PM - 3PM

Come and join FAP for a fun-filled and family friendly celebration! This event is designed to encourage family connections and boost creativity. There will be a variety of activities including, spring themed crafts, interactive games and more!

Event is FREE, and open to DoD ID card holders.
Children must be accompanied by an adult.

Reservations are NOT required, just show up!
For more info: (520) 692-6378/6303

PREVENTION IN THE PARK

APRIL 17 // 1PM - 3PM
EFMP PARK (BEHIND POST THEATER)

April is National Child Abuse Prevention Month. During April, FAP / NPSP will be sponsoring events focused on stress reduction and family fun.

Come join us to have some fun at the park with bubbles, chalk, bean bag toss, and other fun activities for the family!

FREE and open to DoD ID card holders.

Age limit: kids 0-10!

Registration is required and can be done until April 15th.

For more info or to register call, (520) 692-6378/6303.

Event date: April 24 // 1PM - 3PM

Download the My Army Post App

Stay in the know at your Garrison

- Installation Services
- Gate Hours
- Community Events
- Maintenance Requests
- Weather
- Resources
- AND MORE

Heroes Pick Up Trash

City of Leavenworth, KS 2026

LEAVENWORTH CITYWIDE SPRING CLEANUP SATURDAY, APRIL 11
Kick-off event 8:30 a.m. at Warren Educational Campus
3501 New Lawrence Road
Help pick up trash around the Leavenworth community. Teams of civic groups, scouts, church groups, nonprofit organizations, family groups and businesses can sign their team up to pick up trash on a grid on the City map. Those who sign up by April 1 will receive a free t-shirt.

Other services April 11:

Recycling Center open
8 a.m. to 2 p.m.
1720 Lawrence Avenue

Large item drop-off open
8 a.m. to 2 p.m.
1720 Lawrence Avenue

Household Hazardous Waste disposal
8 a.m. to noon
1720 Lawrence Avenue

Brush Site 1803 S. Second
open 8 a.m. to 3:50 p.m.
free to City of Leavenworth residents to drop off yard waste, branches with no roots attached, leaves and grass clippings.

Free paper shredding
At Citizens Federal Savings Bank:
• 10 - 12:30 p.m.
at 5151 S. Fourth Street
• 1-2 p.m.
at 312 S. Fifth Street

SIGN UP/MORE INFO:
Melissa Bower
Public Information Officer
City of Leavenworth
913-680-2610
melissa.bower@leavenworthks.gov

"Our Volunteers are Sweet!" VOLUNTEER RECOGNITION CEREMONY

Come celebrate our SWEET Volunteers!

April 23 from 11am - 1pm
Frontier Conference Center
350 Biddle Blvd
Fort Leavenworth, KS

11am - 11:40am Check-in
11am - 12pm Find a seat, grab a sweet!
12pm Ceremony begins

For more info call: 913-684-2800

VMIS Mobile is HERE!

SCAN. TRACK. VOLUNTEER.

VOLUNTEER MANAGEMENT INFORMATION SYSTEM (VMIS)



2026 Islamic Holy Times of Prayer



Dates: Ramadan: 18 February - 20 March 2026

1. Frontier Chapel: Room 111C for Individual Prayers
625 Thomas Avenue / Time: 0900-1700 (MON-FRI and SUN)
2. Lewis & Clark Building will hold Midday Prayers in room 1138-1139
Time: 1200-1300 (MON-FRI)



CH (MAJ) Chris Weinrich, christopher.w.weinrich.mil@army.mil

FORT LEAVENWORTH
JUDAISM 101
LUNCH & LEARN

MARCH DATES

WED., MARCH 11
12:00 – 13:00
PIONEER CHAPEL

WED., MARCH 25
12:00 – 13:00
PIONEER CHAPEL
ALL WELCOME

Questions? Text 913.963.2646

EASTER SUNRISE SERVICE

He is Risen...

April 05, 2026 (7:00 A.M.)

MEMORIAL CHAPEL

(626 Scott Avenue, Fort Leavenworth, KS)

Everyone is invited!!

POC: CH (MAJ) Chris Weinrich
christopher.w.weinrich.mil@army.mil

FORT LEAVENWORTH JEWISH COMMUNITY'S
COMMUNITY
Passover
SEDER

THURSDAY, APRIL 2ND • 6:00 PM
FRONTIER FELLOWSHIP HALL

All Ages and Faiths Welcome – Free of Charge

PLEASE RSVP
Scan to RSVP
QUESTIONS: JFREIDEN@ME.COM

St. Ignatius of Loyola
Catholic Community
FORT LEAVENWORTH



MASS TIMES
Pioneer Chapel
Tuesday - Friday 1200
Frontier Chapel
Sunday 0915

CONFESSIONS
Frontier Chapel
Sunday 0815-0900

March 2026

PASTORAL ADVISORY COUNCIL MEETING
The Pastoral Advisory Council meetings, held the first Tuesday of the month, are open to all community members who would like to provide input regarding upcoming events and future volunteer needs of the community.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
0800 - Religious Education 0815 - Confessions (F) 0915 - Mass (F) 1015 - Children's Choir 1030 - Youth Group 2nd Sunday of Lent	1700 - Choir Rehearsal (F)	1200 - Mass (P) 1730 - PAC Meeting (P)	0900 - CWOC Board & Planning 1200 - Mass (P)	0845 - CWOC (P) 1200 - Mass (P)	1200 - Mass (P) 1230-1700 - Adoration (P) 1730 - Stations of the Cross (Youth Group)	0900 - 1300 - First Holy Communion Retreat
0800 - Religious Education 0815 - Confessions (F) 0915 - Mass (F) 1015 - Children's Choir 3rd Sunday of Lent Daylight Savings Time Begins	1700 - Choir Rehearsal (F)	1200 - Mass (P) 1900 - KofC Meeting (F)	1200 - Mass (P)	No CWOC 1200 - Mass (P)	1200 - Mass (P) 1230-1700 - Adoration (P)	
No Religious Education 0815 - Confessions (F) 0915 - Mass (F) No Children's Choir	1700 - Choir Rehearsal (F)	1200 - Mass (P)	1200 - Mass (P)	No CWOC 1200 - Mass (P) 1800 - Baptism Prep.	1200 - Mass (P)	
SPRING BREAK						
4th Sunday of Lent		SAINT PATRICK'S DAY	Saint Cyril of Jerusalem	Solemnity of Saint Joseph		
No Religious Education 0815 - Confessions (F) 0915 - Mass (F) No Children's Choir	1700 - Choir Rehearsal (F)	1200 - Mass (P)	1200 - Mass (P) 1800 - Penance Service (F)	0845 - CWOC (P) 1200 - Mass (P)	1200 - Mass (P) 1230-1700 - Adoration (P) 1730 - Stations of the Cross (CWOC)	1000-1400 - Lenten Retreat
5th Sunday of Lent	Saint Turibius of Mogrovejo		Solemnity of the Annunciation of the Lord			
No Religious Education 0815 - Confessions (F) 0915 - Mass (F) No Children's Choir Palm Sunday	1700 - Choir Rehearsal (F)	1200 - Mass (P)				Frontier Chapel (F) Pioneer Chapel (P)

LENT 2026

Ash Wednesday
1200 (P)
1800 (F)

Stations of the Cross & Potluck
Fridays - 1730 (P)
February 20 & 27
March 6 & 27

Penance Service
Wednesday, March 25
1800 (F)

Lenten Retreat
Saturday, March 28
1000-1400 (F)
RSVP Required (see flyer)

Pioneer Chapel (P) - Frontier Chapel (F)

Chaplain Family Life Center

100% Confidential & Faith Informed

Pastoral Counseling Services

(Individual, Couple, & Family)

Free for all Service Members, Retirees, DoD/DA Civilians and Dependents

Pastoral counseling provides compassionate support for individuals, couples, and families facing challenges such as anxiety, depression, communication difficulties, conflict, parenting concerns, and spiritual struggles—providing faith-informed guidance to strengthen relationships and promote healthy growth in every season of life.



To book an appointment scan here:



CH (MAJ) Joshua M. Portwood is a trained Pastoral Counselor in Marriage and Family Life. His formal education includes a Masters of Divinity from Gordon Conwell Theological Seminary, a Masters of Science (Marriage and Family Therapy) from Texas A&M-Central Texas, and a Doctorate of Ministry from Vanderbilt University Divinity School.

Located at the back of Pioneer Chapel
500 Pope Ave., Bldg. 56
Fort Leavenworth, KS 66027
Government Cell: (913) 680-7336
joshua.m.portwood.mil@army.mil
https://cal.com/chaplainportwood

FLMGS
Women's Ministry
Women's Retreat & Miniature Golf
(INDOORS)

What:
Women's Retreat & Miniature Golf (Indoors)

When:
18 April • 1000-1400 hrs

Where:
Tap Ins
9571 Metcalf Ave
Overland Park, KS 66212

Why:
Fellowship, Fun, and Encouragement!

Enjoy the Hole-In-One Fiesta Buffet!

RSVP NLT 12 April 2026
Contact Alicia Moore at (254) 285-7891

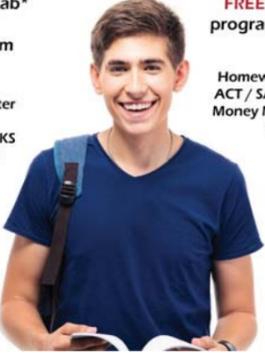


Get help that makes sense with the HYC Homework Lab!

HYC Homework Lab*
M - F
After school from
3pm - 6pm

Harrold Youth Center
45 Biddle Blvd
Fort Leavenworth, KS
(913) 684-5115

*For eligible
6th - 12th graders
Must be registered
with CYS



FREE after school
program for Teens!

Offering:
Homework / Tutoring
ACT / SAT Prep Nights
Money Matters Classes
Career Launch
College Visits
Science Club



leavenworth.armymwr.com

playground palooza!

Every 2nd Tuesday from 9am - 10am @ The EFMP Playground
(through the month of October)

Come out and get to know other EFMP Families while the kids play! Every month there will be a NEW and EXCITING activity for the kids! Open to EFMP Families only.

Registration is required the Friday before the event. Call 520-692-6363 for more info

Activities*
May- Chalk Art
June- Art Easels
July- Popsicles
August- Bubbles
September- Juice Boxes
October- Pumpkin Decorating
*Subject to change

EFMP Exceptional Family Member Program

ACS New Parent Support Prenatal Classes 2026

600 Thomas Ave
Room 125
All classes are from 5 pm - 7 pm

Childbirth Classes:
Series of three classes
Jan 5th, 12th, 26th
Mar 2nd, 9th, 16th
May 4th, 11th, 18th
July 13th, 20th, 27th
Sep 14th, 21st, 28th
Nov 2nd, 9th, 16th

Newborn Care Classes:
Feb 2nd
April 13th
June 1st
August 3rd
October 5th
December 7th

Breastfeeding Classes:
February 9th
April 20th
June 8th
August 10th
October 19th
December 14th

Free for Expectant Parents!
Deadline for Registration is the Friday before the class. Pre-registration is required.
Contact 913-297-3212

Join ACS/ New Parent Support for
STORY TIME

Wednesdays @ 10am
The Resiliency Center
600 Thomas Ave
Fort Leavenworth, KS

Introduce the magic of books and foster a lifelong love of learning!

Story Time is free and open to ages 3 months to 3 years (must have an adult present).

Please call or text by the close of business day on the Tuesday before Story Time.
913-297-3212

EFMP/ Waiting Families RECREATIONAL BOWLING

Every first Saturday of the month
12:00pm - 2:00pm
Strike Zone Bowling Center
165 Fourth St

Meet other EFMP families! EFMP Recreational Bowling is a fun way to socialize, and sharpen fine motor skills.

All ages welcome!
FREE for the entire family including shoes! Bumpers, bowling ramps, and lightweight bowling balls are available.

Pre-registration is required the Wednesday before the event. Fort Leavenworth Waiting Families, call ACS to reserve your spot! Call 913-684-2800 for more info or to register

Co-Parenting Workshop

Round 1: March 9, 16, 23, 30
Round 2: June 8, 15, 22, 29
Round 3: August 10, 17, 24, 31
Round 4: December 7, 14, 21, 28
@ 1:00pm - 2:30pm
ACS Classroom 145
600 Thomas Ave

Learning to co-parent after a divorce can feel like being on opposite ends of a chasm.

Our four week workshop will show you how to build a bridge that will enhance parenting skills, enrich positive co-parenting, learn to develop and use boundaries, and establish a joint plan for managing expectations about your children's growth, development, and behavior.

FREE and open to all DoD ID holders 18+ Register by calling 520-692-6378/ 6323
Deadline to register is day before class.
Participants are encouraged to attend every class as each session will be different. Ask about virtual options!

Stroller Walk & Talk

Meeting every Tuesday morning at
The Resiliency Center
600 Thomas Ave
March - May & Oct - Nov
10am - 11am
June - Sept
9am - 10am

This is a **FREE** opportunity to meet other parents of small children, get healthy and socialize all while enjoying the walking paths of Ft. Leavenworth!

Offered to expecting parents and to parents of children through 3 years of age. Must bring your own stroller. Register the day before!

POC 913-297-3212

Join ACS/ New Parent Support for
Toddler Time

Wednesdays @ 9am
The Resiliency Center
600 Thomas Ave
Fort Leavenworth, KS

Learn through play as we build social skills, introduce preschool routines, and explore!

Toddler Time is free and open to ages 2 to 3 years (must have an adult present).

Please call or text by the close of business day on the Tuesday before Toddler Time.
913-297-3212

THE MICHAELS ORGANIZATION EDUCATIONAL FOUNDATION
Resident Scholarship Program

APPLY ONLINE @
tmoef.communityforce.com

APPLICATIONS NOW OPEN!

FEBRUARY 2 - APRIL 15, 2026

ELIGIBILITY REQUIREMENTS

- Matriculating college students & those with a high school diploma who plan to attend any accredited college, university, trade school, or technical program
- Current residents, in good standing at a Michaels community
- Official grade transcript must be submitted
- Complete all required parts of the application (including Conditional essay, if applicable)

SCAN THE QR CODE TO APPLY!

NEED ASSISTANCE? CONTACT US!
scholarships@tmo.com

ACS AND FAP PRESENTS: POSITIVE PARENTING VIA MICROSOFT TEAMS • 1:30PM - 3PM

ROUND 1: FEBRUARY 2, 9, 18, 23
ROUND 2: APRIL 6, 13, 20, 27
ROUND 3: JULY 6, 13, 20, 27
ROUND 4: SEPTEMBER 7, 14, 21, 28

THIS FOUR-WEEK COURSE IS DESIGNED TO HELP PARENTS DEVELOP NON-PHYSICAL DISCIPLINE STRATEGIES, BUILD STRONG RELATIONSHIPS, AND MEET THE NEEDS OF CHILDREN OF ALL AGES.

FREE AND OPEN TO DOD ID CARD HOLDERS 18+.

REGISTRATION IS REQUIRED AND MUST BE DONE THE DAY BEFORE THE FIRST DAY OF TRAINING.

PARTICIPANTS MUST ATTEND EACH DATE IN THE ROUND OF THEIR CHOICE.

INFO AND REGISTRATION: (520) 692-6378/6323

NOW
OPEN

**Fort Leavenworth Child & Youth Services Waitlists for
Summer Camp 2026
&
School Year 2026-2027**

MILITARY
CHILDCARE dot com

Create an account or use existing account to make one or more "Request for Care" for each child & all Care Options needed!

(!) A Request for Care is NOT required for Summer Camp or School Year 26-27 when child is currently enrolled in the CYS Before/After School Program.

Contact Parent Central Office for assistance:
913-684-5138 or 913-684-4956
usarmy.leavenworth.id-training.mbx.ftlvpncentral@army.mil

Don't know which
Care Options to request?
Prior to making Requests for Care review the flyer:
**2026-2027
Fort Leavenworth
Care Options & Waitlists**
Available on:

Find us on:
facebook

Fort Leavenworth Child & Youth Services

Fort Leavenworth FMWR Website
Go to CYS Section

HYC
Harrold Youth Center

School is in session, but the FUN doesn't need to stop! Hang with your friends and make some memories!

FREE TEEN AFTER-SCHOOL PROGRAM

Offering:

- Free After School Snacks
- Homework Help
- STEM Programs
- Gym Activities
- Music Classes
- Arts & Crafts
- Bowling Club
- Bike Club
- Fishing Club
- Strength Training
- Youth Sponsorship Club
- Video Games & Tournaments
- Homework & Technology Labs
- Monthly Parties/ Dances
- Non-School Day Field Trips
- Friday after 6pm & Saturday Special Events

*Enroll now at
Harrold Youth Center
45 Biddle Blvd

HYC Hours
Mon-Thurs 3pm - 6pm
Friday 3pm - 9pm
Saturday 1pm - 7pm
Non-School Days
Open at 1pm
Closed Sunday
Administrative Hours
Monday - Friday
9am - 5:30pm

*HYC is for 6th - 12th Graders only. Must be registered with CYS Parent Central prior to enrolling. Stop by for our monthly calendar! Contact 913-684-5138 for more info on registration and eligibility.

2026-2027 Fort Leavenworth CYS Care Options & Waitlists on MILITARYCHILDCARE.COM

1. CYS eligible patrons create or use your current account on MILITARYCHILDCARE.COM (Visit FAQ section on site)
2. Review the Facility Program & Care Option descriptions below & available on MILITARYCHILDCARE.COM
3. Submit a Request for Care (RFC) for each child in each Child Care Option listed below that fit your care needs.

Offers are managed by the Fort Leavenworth CYS Parent Central office using contact information listed in your MILITARYCHILDCARE.COM household profile. **TIP: List phone/email address you have ongoing access to during travel/leave (and ensure those are toggled to receive notifications).**
To facilitate a successful offer process, ensure the **Sponsor & Spouse employment status indicated applies to living in the FTLVN area.**

Visit CYS website & Facebook pages
www.leavenworth.armymwr.com www.facebook.com/cys.ftleavenworth www.facebook.com/cys.ftlvntecenter CYS Parent Central: 913-684-5138 or 4956

MAIN CHILD DEVELOPMENT CENTER
FULL-DAY CHILDCARE & FULL-DAY PRESCHOOL
Open 6:00am-6:00pm

(!) Request Full-Day Preschool when care needed the Summer prior to Kindergarten.
(!) Request KG School Year Care if needed & attending USD 207 (or applied to attend). [See Osage's BLUE info box on the right.]
>> Must turn 5 by/on 31 AUG 2026 to be KG eligible in Kansas.
(!) This program is NOT affiliated with the USD 207 Preschool/Pre-K Program. Transportation is NOT available.
•CYS is recruiting on-post Family Child Care providers.

FULL-DAY
6 WEEKS
THRU
5 YEARS
(!) Not started
KG.
Refer to info
←

**PART-DAY
PRESCHOOL**
SCHOOL
YEAR 26-27
3-5 years
3 CLASS
OPTIONS

OSAGE KG & SCHOOL AGE CARE FACILITY
CYS PART-DAY PRESCHOOL CLASSES
3 Class Options **September thru May** (all are 3 hour classes)
2-Day AM (8-11am on T/Th) / **3-Day AM** (8-11am on M/W/F)
4-Day PM (12:15-3:15pm on M-TH)

- Must turn 3yrs on or prior to first day of class.
- Request multiple classes to increase chances for placement.
- No "Toilet Trained" restriction.
- Under 3? Choose a Need Date on/after child turns 3 years old.
- Minimum Enrollment required for class option to be offered.

(!) This program is NOT affiliated with the USD 207 Preschool/Pre-K Program. Transportation is NOT available.

OSAGE KG & SCHOOL AGE CARE FACILITY
2026 KG & SCHOOL AGE (1st-5th) SUMMER CAMP WEEKS
Full-Day Summer Program Open 6:00am-6:00pm
REQUEST THE CARE OPTION BASED ON GRADE COMPLETED IN MAY 2026

- "Completed KG" & "Completed 1st-5th School-Age Care" are separate Care Options based on grade COMPLETED.
- Request each camp weeks needing care.
- >> Current School Year 25-26 contract holders are given the opportunity to request Continuity of Care directly with Osage in the Spring. Requests in MCC are ONLY needed once past Osage's deadline.

**SUMMER
2026**
COMPLETED
KG & 1st-5th
Grade
*6th-12th Grade
see HYC info

**SCHOOL
YEAR 26-27**
ENTERING
KG & 1st-5th
Grade
*6th-12th Grade
see HYC info

OSAGE KG & SCHOOL AGE CARE FACILITY
SCHOOL AGE SCHOOL YEAR CHILDCARE
Before/After School Open 6:00am - 6:00pm
Transportation to/from FTLVN schools included by USD 207.
REQUEST THE CARE OPTION BASED ON GRADE ENTERING IN AUGUST 2026

- KG & 1st-5th School-Age Care Options are separate.
- (!) Upcoming KG: Make additional Full-Day Preschool request when care is needed the Summer prior to KG.
- >> Before Only, After Only, & Before/After care options include USD 207 No-School Days & Early-Out Fridays & the first 2 weeks of school when KG only attends 1/2 days.

OSAGE KG & SCHOOL AGE CARE FACILITY
SCHOOL AGE WINTER & SPRING BREAK CAMP WEEKS
Full-Day Program Open 6:00am-6:00pm

- KG & 1st-5th School-Age Care Options are separate.
- Make request based on grade currently enrolled.
- USD 207 Calendar determines camp weeks. Weeks will be available to request in mid September 2026.
- CYS will be closed on Federal Holidays.
- Request is NOT required for children in a current School Year contract.

**NO WAITLIST REQUIRED
FOR YOUTH 6TH-12TH GRADE
[COMPLETED OR CURRENTLY ATTENDING]**

Enrollment into a Middle School & Teen program is first come-first serve for CYS eligible & registered youth.
On www.leavenworth.armymwr.com search for "Harrold Youth Center" for details on Summer Camp Weeks, FREE Open Recreation time, & the FREE After School Program (which includes pick-up at on-post & off-post middle/high schools), & Winter & Spring Break Camp Weeks.

**HARROLD
YOUTH
CENTER**
6TH-12TH
GRADE

**HOLIDAY
CAMPS**
ATTENDING
KG & 1st-5th
Grade
*6th-12th Grade
see HYC info

ACS Family Advocacy Program Presents:

ANGER MANAGEMENT

Jan 8 • Mar 19 • May 14
July 16 • Sept 17 • Nov 5

Thursdays from 11:30AM - 1PM
ACS Conference Room, Room 145
Virtual options available via Teams

Learn how to identify the different kinds of anger and ways anger is expressed. Build skills to deal with strong and destructive behavior and emotions.

FREE and open to DoD ID card holders 18 and above.

Childcare not provided.

Registration is required, and must be done the day before the class.

For more info or to register call, (520) 692-6378/6323

STRESS Management

February 19, April 16, June 18, August 20,
October 15, December 10
11:30am - 1:00pm
600 Thomas Ave
Room 145

STRESS WEIGHING YOU DOWN?

IT'S TIME TO TAKE BACK CONTROL

FREE one-session workshop 18+
No childcare
Deadline to register is day before training.
Virtual attendance is available through TEAMS.
For more info: Call 520-692-6378/6323

PCS PENNY MOVES TO FORT LEAVENWORTH

LAUNCH PARTY

Story Time & Book Signing

PCSS Penny is moving again, this time to Fort Leavenworth! When Penny learns her family is PCSing to Fort Leavenworth, she's sure it's the most awful, horrible, worst thing ever! Everything feels strange, and all she wants is home. But as Penny explores all that Fort Leavenworth has to offer, she begins to see her new home in a whole new way. Maybe, just maybe, Fort Leavenworth isn't so bad after all—it could be the start of her greatest adventure yet!

Joanna Gosser is an author, Army spouse, and creator of the Dandelion Kids Club—a collection of books, coloring books, and notebooks designed specifically for military children. Inspired by her own children, she writes stories that celebrate resilience, belonging, and the unique experience of growing up in a military family. Several of her titles have earned #1 New Release recognition on Amazon.

Special StoryTime with Root Beer Floats
Mar 20th 1300-1400
Courtesy of **DOCS DENTAL**

StoryTime & Signing
TIME **1000-1500**
DATE **March 20 & 21**
PLACE **Exchange Mall**

FORT LEAVENWORTH EXCHANGE

EASTER EGG HUNT

SATURDAY 4 APRIL

The hunt begins promptly at **1:00**
Located in grassy area next to Armed Forces Bank

Age Groups: 2-3, 4-5, & 6-10
Find a GOLDEN EGG for a special prize!
(In the event of adverse weather the Easter Egg Hunt will be rescheduled)

Don't forget the camera for photos with the Easter Bunny!

Special Guest The Easter Bunny

FROM COMPASSION TO ACTION:
STRONGHOLD
2025 YEAR IN REVIEW

We supported military families in several military installations across **26** states.

Average of 119 patrons served weekly

32.7% growth in patrons served

93,897
Pounds of Food Distributed

strongholdfoodpantry.org

United States Disciplinary Barracks Unit Tribute Ceremony

21 May 2026
1000 hours
National Museum of the US Army
1775 Liberty Drive
Fort Belvoir, VA 22060

Important information:

- RSVP to peter.j.grande.vol@army.mil by 11 May 2026 to ensure receipt of a general admission ticket for museum access after the ceremony.
- The ceremony will be standing only; no chairs or seating available.
- Please arrive 15 minutes prior to ceremony start time.

Visit: www.thenmusa.org

Pet Transportation Assistance

Army Emergency Relief offers zero-interest loans to help the whole family stay together.

WHAT
Pets are a part of the Family and AER recognizes the financial burden pet transportation can cause during a PCS. To help alleviate this, AER created the Pet Transportation Assistance Program.

WHO
• Active Duty and their eligible Family members
• Reserve and National Guard on Active Reserve and Guard tours
• Reserve and National Guard activated with PCS Entitlements

HOW
Pet transportation assistance is processed by your nearest AER Officer or any military aid office. Soldiers can go directly to their AER offices or chain of command.

For more information, visit www.aerhq.org/news/petassistance

Starting January 26th, 2026

Fort Leavenworth Group Fitness Classes

GRUBER FITNESS CENTER - 200 Reynolds Ave. - 684-5120
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530			Spin (Karyn)			
0600		Slow Flow (Leslie)		Slow Flow (Leslie)		
0900	Vinyasa (Leslie)		Body Pump (Tara)		Body Pump (Tara)	
1000						Power Yoga (Kim)
1300	Body Pump (Tara)					
1630			Power Cycling (Kim)	Yin Yoga (Brandie)		
1700	Power Yoga (Kim)					

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

*Power Cut classes are held in the Bubble Gym



Single Ticket For \$5.00
10 Tickets For \$45.00
20 Tickets For \$80.00



<https://leavenworth.armymwr.com>

Independent Instructor Class Schedule

Gruber Fitness Center

Monday	Tuesday	Wednesday	Thursday	Friday
	Brazilian Jiu-Jitsu 1820-1930		Brazilian Jiu-Jitsu 1820-1930	
	Taskwondo 1800-1900 1900-2000		Taskwondo 1800-1900 1900-2000	

Harney Sports Complex

Monday	Tuesday	Wednesday	Thursday	Friday
Weight Lifting 0900-1015		Weight Lifting 0900-1015		Weight Lifting 0900-1015
Youth Olympic Lifting 1600-1700 1700-1800 Bubble Gym		Youth Olympic Lifting 1600-1700 1700-1800 Bubble Gym		

Weight Lifting - \$75 (3 days) \$70 (2 days) \$10 (drop in)
Youth Olympic Lifting - \$75 (NO drop in)
First class is FREE! Weight Lifting is for 18+

Harney Sports Complex & Aquatics Center
185 Fourth St
Ft. Leavenworth, KS
913-684-2190



Gruber Fitness Center
200 Reynolds Ave
Ft. Leavenworth, KS
913-684-5120

YOUTH SPORTS & FITNESS PICKLEBALL LEAGUE

Join our NEW Youth Pickleball League!

Registration/Enrollment
March 16 - April 6
Season begins
April 15 - May 20



Mondays & Wednesdays*
Grant Park Pickleball Courts
Fort Leavenworth, KS

*One hour practice times will range between 4pm - 7pm and will be determined by the coaches

Boys and Girls:
(8-10yrs) (11-14yrs) (15-17yrs)
\$50 for first Child, \$42.50 for additional Children in the household



All Youth must have an updated sports physical before the first practice. Enrollment can be done at all CYS locations if centrally registered. Webtrac online enrollments can only be done with a Youth Sports Physical that covers the entire season. Call for more info: 913-684-7525/7526

leavenworth.armymwr.com

EFMP & Waiting Families Presents

ZUMBA
Get ready to Move! Get ready to Groove!

Every second Tuesday
9am - 10am
Gruber Fitness Center
200 Reynolds Ave
Fort Leavenworth, KS

Get wrapped up in the music and let's get moving and grooving! Zumba is energetic, fun, and a de-stressor all in one! Designed for all fitness levels this FREE class is open to anyone 18+. Registration is required for attendance. Call 520-692-6363 or 913-684-2800



leavenworth.armymwr.com

Adult Sports Volleyball League

Season Starts: April 2

Games: Tuesday & Thursday
5:30pm - 7:30pm
Harney Sports Complex

Coaches Meeting: Wednesday, March 18
5:30pm at Gruber Fitness Center

Team Rosters and/or Letters of Intent due COB Wednesday, March 25.

This is a co-ed league. Open to Active Duty, DOD Civilians, Retirees, Dependents, Spouses, and Contractors working on Fort Leavenworth ages 18+

League Awards given for regular season champions, tournament runner ups, and tournament champions.
Info: 913-684-3224/5136



Spring Intramural League

Every Monday at 5pm

March 23 - May 11
Play-offs
May 14, 18, 21, 29

Trails West Golf Course
306 Cody Rd
Fort Leavenworth

Trails West annual pass holders: FREE
Non-pass holders: \$35 per person/ 70 per team
Registration opens February 23
Last day to register is COB March 20

This 2 person best ball league is Trails West most competitive! 24 teams will be split into 2 divisions with the top 8 regular season finishers from each division competing in the play-offs. All matches will be handicapped based on previous performances. Players will compete against other teams in their division every Monday night. End of season awards will be presented to the top 2 teams from each division and top 3 play-off teams.

CALL FOR MORE INFO: 913-651-7176 visit: leavenworth.armymwr.com

March - April Workshops

Watercolor

\$30 per workshop

Watercolor (Basic Techniques)
Thursday, Mar 26
1pm - 3pm

Watercolor (Landscapes Part 1)
Thursday, Apr 2
1pm - 3pm
Watercolor (Landscapes Part 2)
Thursday, Apr 9
1pm - 3pm

Watercolor (Landscapes Plain-Air)
Thursday, Apr 16
1pm - 3pm

Calligraphy

\$20 per workshop

Modern Calligraphy (Basic Techniques)
Tuesday, Mar 31
1:30pm - 3pm

Modern Calligraphy (Intermediate)
Tuesday, Apr 14
1:30pm - 3pm

Modern Calligraphy (Birthday Cards)
Tuesday, Apr 28
1:30pm - 3pm



Pre-registration required for all classes. Cost includes all supplies!

Tues & Thurs 9am - 7pm, Wed & Fri 9am - 4pm
4th Sat of the month 9am - 2pm
Call now to register: (913) 684 - 3373

Ft. Leavenworth Arts & Crafts Studio

Paint & Sip

\$35
Must be 21 years or older. BYOB



Spring Rooster
Friday
March 6
6pm - 8pm



Rain Boots
Friday
April 10
6pm - 8pm

Pottery Studio
\$40 per class

Wheel Throwing (Basics)

Part 1 Wed, Mar 4
9am - 11:30am
Part 2 Wed, Mar 11
9am - 11:30am

Part 1 Tues, Mar 10
6pm - 8:30pm
Part 2 Tues, Mar 31
6pm - 8:30pm

Part 1 Sat, Mar 28
10am - 12:30pm
Part 2 Sat, Apr 25
10am - 12:30pm

Part 1 Fri, Apr 10
9am - 11:30am
Part 2 Fri, Apr 24
9am - 11:30am

Part 1 Tues, Apr 14
6pm - 8:30pm
Part 2 Tues, Apr 21
6pm - 8:30pm

Wheel Throwing (Mugs)

Must have taken Part 1 & Part 2 of Basics
Wed, Apr 1
9am - 11:30am
Tues, Apr 28
6pm - 8:30pm

Hand Building (Mugs)

Thurs, Mar 12
1pm - 3pm
Thurs, Apr 23
1pm - 3pm
(Charcuterie Board)
Fri, Mar 27
1pm - 3pm
Wed, Apr 8
1pm - 3pm



310 McPherson (the old DB) Ft. Leavenworth, KS

leavenworth.armymwr.com

artsandcraftsfortleavenworth@gmail.com

March - April Workshops

Framing

\$40 per class

Intro to Framing
Friday, March 13
Saturday, March 28
10am - 2pm

Friday, April 10
Saturday, April 25
10am - 2pm



scan for more info

Crafts

\$25 per class

Jewelry Making
Wednesday, March 25
9:30am - 11am

Tuesday, March 31
6pm - 7:30pm

Pressed Flower Suncatcher
Wednesday, April 22
10am - 12pm

Friday, April 24
1pm - 3pm



Mar



Apr

Tues & Thurs 9am - 7pm, Wed & Fri 9am - 4pm
Every 4th Sat of the month 9am - 2pm
Call now to register: (913) 684-3373

Ft. Leavenworth Arts & Crafts Studio

OPEN STUDIO

Ask about our Hourly Fees

Multi-Craft Studio
Great for the whole family with supplies for any craft, personalized gift, or project you have in mind!

Painting Studio
Provided watercolor and acrylic supplies to create your own masterpiece.

Framing Studio
Assemble your own custom frames in our DIY Studio! Must take Intro to Framing before using DIY Studio.

Pottery/Ceramic Studio
We have all of the supplies you need for hand building and wheel throwing. We also offer a variety of customizable bisque pieces ready for you to glaze!

Kids Classes

NEW! Pottery

\$20 per class (ages 7+)

Kids Hand Building
Thursday, Mar 12
4pm - 5:30pm

Friday, Apr 3
10:30am - 12pm

Friday, Apr 17
2:30pm - 4pm



Color Me Happy

\$10 per class
Parent & Toddlers

Thursdays
Mar 5 & Mar 26
10am - 11am

Thursdays
Apr 9 & Apr 23
10am - 11am

Art History

\$20 per class (ages 7+)

Milkshakes & Monet
Wednesday, Mar 25
1pm - 3pm

Donuts & da Vinci
Wednesday, Apr 15
1pm - 3pm



310 McPherson Ave (the Old DB), Ft. Leavenworth, KS

leavenworth.armymwr.com

artsandcraftsfortleavenworth@gmail.com

MilTax FREE TAX SERVICES

THE ONLY FREE TAX SERVICE MADE EXCLUSIVELY FOR THE MILITARY.

MilTax provides military-specific tax preparation software and expert support to help the military community navigate their taxes accurately and with ease.

Both the tax software and expert consultations are free for active-duty service members, eligible family members, survivors and recent veterans up to 365 days from their separation or retirement date.

WWW.MILITARYONESOURCE.MIL/FINANCIAL-LEGAL/TAXES/MILTAX-MILITARY-TAX-SERVICES/

SHARE THE NUMBER

SPREAD THE WORD

CALL OR TEXT

988

CHAT
988LIFELINE.ORG



There is hope.



988 SUICIDE & CRISIS LIFELINE

MUNSON NOTES

MUNSON NOTICES

■ Capt. Rebecca Paquette, a dietitian at Munson Army Health Center, and Maj. Thomas Johnston with the Combined Arms Command, Health and Holistic Fitness Program, will be at the **Post Exchange from 11:30 a.m. to 1 p.m. MARCH 25 AND 27** to answer questions and share practical guidance on **SELECTING FOODS THAT FUEL THE BODY FOR PEAK PERFORMANCE**.

■ The **MUNSON ARMY HEALTH CENTER PATIENT AND FAMILY PARTNERSHIP COUNCIL** meets quarterly at MAHC. The PFPC captures voices and insights of patients and families to improve the patient care experience. The council is composed of volunteers who represent the interests of patients who receive care from MAHC. Volunteers can be active-duty, active-duty family member, retirees or retiree family members. Call 913-684-6211 or e-mail usarmy.leavenworth.medcom-mahc.mbx.patient-advocate@health.mil if interested in participating.

■ After hours and on federal holidays, beneficiaries can call the **MHS NURSE ADVICE LINE** at 1-800-TRICARE (874-2273). Nursing staff who support the NAL phone lines can assist beneficiaries with non-life-threatening medical concerns and provide further guidance. Beneficiaries experiencing a **MEDICAL EMERGENCY**, such as severe shortness of breath or difficulty breathing, should call 911.

■ Your health is our priority. Talk to your provider at Munson Army Health Center about the **HPV VACCINE** and the best **CERVICAL CANCER SCREENING** plan for you. You can schedule an appointment by calling the appointment line at 913-684-6250.

■ It is important that military families new to the Fort Leavenworth community **ESTABLISH A NEW PRIMARY CARE MANAGER** for their health care needs. Munson Army Health Center offers a wide range of primary care providers to choose from for personalized care at a convenient on-post location. Once your new address is established in DEERS, call 1-888-TRIWEST (874-9378) and follow the prompts to establish a primary care manager at MAHC. Learn more about services at munson.tricare.mil.

■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are **ELIGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE**. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit <https://dvidshub.net/r/8wttlf>.

■ The **NUTRITION CARE DIVISION** offers a broad range of nutritional services designed for service members, families, and retirees. Individual Nutrition Therapy and Group Nutrition Therapy are available, and include the Body Composition Program, Weight Control Program, Prenatal Nutrition and Wellness for Life. Call the appointment line at 913-684-6250 to schedule an appointment with MAHC's registered dietitian.

■ **MEDICAL APPOINTMENT CHECK-IN:** Please arrive 15 minutes prior to your appointment to complete any required paperwork and bring the following items: DoD ID card; list of current medications including over-the-counter meds, vitamins, and supplements; any relevant paperwork or forms; and a list of questions or concerns. If you are not able to make your scheduled appointment, call the appointment line at 913-684-6250 to cancel.

Air Assault graduate



Submitted photos

Combat Medic Specialist Spc. Antonio Lopez earned his Air Assault wings after successfully completing the Sabalauski Air Assault School March 17 at Fort Campbell, Kentucky. Through rigorous training, Lopez mastered Air Assault operations, sling-load procedures and rappelling — critical skills that enable soldiers to maximize helicopter assets in both training and combat. For Army medics, these capabilities are essential to rapidly move medical assets, reach patients in complex and austere environments, and support timely evacuation and life-saving care wherever the mission demands.

MEASLES

IT ISN'T JUST A LITTLE RASH



Measles can be dangerous, especially for babies and young children.

Measles symptoms typically include:



High fever
(may spike to more than 104°F)



Cough



Runny nose



Red and/or watery eyes



Rash
(breaks out 3-5 days after symptoms begin)

Measles can be serious.

Measles can cause severe health complications, including pneumonia, swelling of the brain (encephalitis) and death.



1 out of 5 people who get measles will be hospitalized.



1 out of every 20 children with measles will get pneumonia, the most common cause of death from measles in young children.



1 out of every 1,000 people with measles will develop brain swelling, which may lead to brain damage.



1 to 3 out of 1,000 people with measles will die.

Long-term complications

A very rare, but deadly disease called subacute sclerosing panencephalitis can develop 7 to 10 years after a person has recovered from measles.



You have the power to protect your child.

Provide your children with safe and long-lasting protection against measles by making sure they get the measles-mumps-rubella (MMR) vaccine. Talk to your healthcare provider.



www.cdc.gov/measles

Visit <https://www.facebook.com/munsonhealth/> for updates and information.