

THURSDAY  
AUGUST 14, 2025



# LAMP

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## Flag ceremony kicks off CGSOC school year



Photo by Dan Neal/Army University Public Affairs

**International Military Student Division Chief James Fain narrates as Maj. Jean-Marc Roberti of the United Kingdom, followed by Capt. Quang Anh Nguyen of Vietnam, posts his nation's colors in the traditional opening day flag ceremony, signifying the start of the Command and General Staff Officer Course, Aug. 11 in Eisenhower Auditorium at the Lewis and Clark Center.**

by Sarah Hauck/Army University Public Affairs Officer

Flags representing 92 nations were marched across the stage of Eisenhower Auditorium and posted during the International Flag Ceremony Aug. 11 at the Lewis and Clark Center. The opening day ceremony marks the beginning of classes for the Command and General Staff Officer Course Class of 2026.

The international flags represent the 120 international military students who will join more than 900 U.S. service members and civilians for the next 10 months in learning to be adaptive, decisive leaders of warfighters.

This year, a Cabo Verde flag was added to the display, marking the first time the nation has sent a student to the Command and General Staff College.

Before giving the order to post the colors, Col. Ethan Diven, CGSC deputy commandant, spoke of the professional and personal journey each student in attendance was about to begin.

“You come from different nations, different cultures and different histories, but what unites all of us here today is not uniformity, but rather, conviction,” he said. “Each of you are here, not because you were told to believe in something, but because you chose to. That is the genius of the national ideal — that free people, acting freely, can stand together and shape history.”

Since international military education at Fort Leavenworth began in 1894, more than 8,700 international military students from nearly 170 countries have attended classes alongside their U. S. counterparts.

International students



Photo by Dan Neal/Army University Public Affairs

**International military student Maj. Shunsuke Ono of Japan straightens his country's flag before entering the stage in Eisenhower Auditorium to post the colors during the traditional opening day flag ceremony for the Command and General Staff Officer Course Aug. 11 at the Lewis and Clark Center.**

provide cultural and national insight to classroom discussions that even the most innovative curriculum cannot provide.

The international students are part of the 2026 CGSOC class that totals 966 students, including mid-career officers from all branches of the U.S. armed forces, including Space Force and Coast Guard, and four interagency civilians.

This year's class marks the first to learn through a re-imagined professional military education model developed by the Com-

mand and General Staff School.

Recent professional military education transformation puts the student at the center of a threaded curriculum delivery method. This method ties together current events and lessons learned, hands-on leadership lessons, and an innovative complexity tool kit. This threaded delivery ensures field-grade officer alumni are prepared to provide creative, critical and agile leadership for the next 10 years of their careers, with an emphasis on corps-

and division-level execution.

The modernization of professional military education reflects the deliberate actions of CGSOC faculty to match the speed of transformation set by the force.

At the end of what is often called “the best year of their life,” CGSOC graduates are expected to emerge masters of the ever-changing operational environment, with the creative and critical thinking skills to lead corps- and division-level formations in multi-domain engagements.

## August retirees honored

Three officers, one chief warrant officer and three senior noncommissioned officers will be recognized for their service to the nation during the post retirement ceremony at 9 a.m. Aug. 21 at the Frontier Conference Center. The ceremony will also be live-streamed at <https://www.facebook.com/US-AGLeavenworth/>.



Retiring are: Col. Scott Preston, U.S. Army North; Lt. Col. Daniel Ward, Army University; Lt. Col. Jesse Moncivais, Mission Command Training Program; Chief Warrant Officer 2 Brandon Laforce, MCTP; Sgt. 1st Class William Maynard, 925th Contract Battalion; Staff Sgt. Christopher Cluts, U.S. Disciplinary Barracks Battalion (Corrections); and Staff Sgt. Brett Dziekan, USDB.

## AT A GLANCE

■ The **MUNSON ARMY HEALTH CENTER PATIENT AND FAMILY PARTNERSHIP COUNCIL** meets at noon Aug. 15 in the Rosie Gates Conference Room at MAHC. Call 913-684-6211 or see Munson Notes on page B11 for more information.

■ **POST ACTIVITIES, INFORMATION AND REGISTRATION (PAIR) DAY** is 9 a.m. to 1 p.m. Aug. 16 at Harney Sports Complex. See the flyer and vendor list on page B1 or call 913-684-1674 for more information.

■ The Center for Army Lessons Learned has launched a podcast called **INSIGHTS FROM THE FIGHT**. Listen to the first episode at <https://www.dvidshub.net/audio/87848/insights-fight-podcast-episode-1>.

■ Until further notice, **DEPARTMENT OF THE ARMY OFFICIAL PHOTOS CAN NO LONGER BE PROVIDED**. Command photos can still be provided. Existing DA official photos in the Army Military Human Resource Record (AMHRR) will remain accessible through the interactive Personnel Records Management System (iPERMS), and existing digital photos in the now defunct Department of the Army Photograph Management Information System (DAPMIS) will be archived.

■ **GRIFFIN GARDENS GREENHOUSE**, off Sabalu Road behind Griffin Cuts Barber-shop, is open 1-3 p.m. Monday, Wednesday and Friday; the greenhouse is closed every second and fourth Wednesday for training. Cash only. Military/CAC ID required.

■ The date for the **STRIPING THE REPAVED SECTION OF GRANT AVENUE** has not been announced. The announcement will post on the Fort Leavenworth Garrison Facebook page as soon as the information is available.



# Baseball AMBASSADORS

COMMENTARY



Lt. Col. Brent Kauffman attends a Kansas City Royals baseball game with his wife Dana and international military students and their family members May 11, 2025, in Kansas City, Missouri.

Five countries were represented in their row of seats, from left to right, Ludovick Medard from Tanzania; Brent Kauffman of the United States; Lachlan Joseph of Australia; Sandy Bosshard of Switzerland; Dana Kauffman, also the United States; and Grgur Marincic and son of Bosnia and Herzegovina.

Submitted photo by Ludovick Medard

## Instructor shares sports passion with international military students

by Lt. Col. Brent A. Kauffman/Command and General Staff College

Last academic year, 121 international military students from 93 different countries attended the Command and General Staff Officers Course at Fort Leavenworth.

These foreign officers receive great support from their official sponsors and other sources, but the people they encounter who are not sponsors can still make important contributions to the international officers and their families — and to their American experience.

The attendance of international students at the Command and General Staff College represents a win-win proposition for CGSOC and other professional military education courses. Typically, with a few more years of experience than their U.S. counterparts, international students often provide informed, unique perspectives that contribute to a broader understanding of potential operating environments and the world at large. U.S. officers are the beneficiaries of such exposure, while the international officers benefit from the instruction, group work and processes they learn.

### Sponsorship & other contributions

During CGSOC, international military students receive comprehensive support

from a variety of sources, to include CGSC's International Military Student Division, their instructors and a multi-layered sponsorship program. It is standard for international students and their families to be assigned three volunteer sponsors for their year at Fort Leavenworth — a Fort Leavenworth sponsor, another from the Leavenworth-Lansing community, and a third sponsor from the greater Kansas City area. (Note: **Three international military students in the 2025-26 class still need local Fort Leavenworth sponsors.** If interested in sponsoring, contact David Bornn at IMSD at 913-684-7323 or david.m.bornn.civ@army.mil.) In the classroom, a U.S. Army officer volunteers to serve as student ambassador for each IMS to help explain acronyms and jargon, clarify assignments, etc. Yet another kind of ambassador is discussed below.

Civilians and service members who cross paths with the international officers — some of whom are neighbors — are able to contribute lasting memories. Sponsoring and supporting others does not need to be officially sanctioned or a fully formed relationship. Generally speaking, when someone with specific knowledge or experience realizes he/she can share that information, a temporary sponsoring or mentoring moment presents itself. I would recommend sharing a hobby or skill that one is passionate about. Just a few examples include cooking or grilling favorite foods, horseback riding, and re-tracing the steps of

Lewis and Clark.

For my wife Dana and I, we like to share our love of baseball, which we still consider to be the “national pastime.”

An Oxford dictionary offers a pertinent secondary definition for the word ambassador, specifically, a person serving as “a representative or promoter of a specified activity.”

Since that is how we feel about baseball, I guess that makes us baseball ambassadors.

It helps that baseball is a conversational sport. The pitch-and-catch rhythm of the game, occasionally interrupted by short bursts of action, allows for many opportunities to explain rules, discuss game strategy and venture into non-baseball subjects.

This past spring we enjoyed two Kansas City Royals games with international groups.

### To the ballpark

For the first game, the Royals hosted and lost to the Boston Red Sox on a Sunday afternoon in May. The group of seven included the three international military students from my staff groups and two of their family members. The students represented three continents — Ludovick Medard from Tanzania (Africa), Grgur Marincic from Bosnia and Herzegovina (Europe), and Lachlan Joseph from Australia. Grgur brought his excited 10-year-old son, and Lachlan included his spouse, Sandy, who is a Swiss citizen.

Dana and I drove to the game with

Grgur and his son. Since it was their first Major League Baseball game, we showed them outfield fountains, statues of Royals greats and gold glove awards inside the Royals Hall of Fame. With eyes wide open, they soaked in the atmosphere.

Although the Royals lost 3-1, we did see two long homeruns by the visitors. More importantly, Dana and I sought to dispense baseball information in digestible chunks, and our guests peppered us with questions in response. Conversations were wide-ranging, as comparisons to cricket, field maintenance and favorite foods were all discussed. Lachlan and Sandy had discovered funnel cakes — now their game-day tradition — at a previous game with one of their sponsors.

Not surprisingly, the 10-year-old had his own highlights. During one break between innings, the game-day production crew played rock-and-roll music for fans to strum their imaginary guitars. Although our rock star was not captured on the video board, we were impressed with his energy and attempt to do so. He was also excited about a Sasquatch sighting after the Royals' Vinnie Pasquantino, also known as Pasquatch, reached base in the ninth inning.

A couple months after the game, Grgur reflected, “We truly enjoyed the baseball event and are grateful that you introduced

SEE **BASEBALL AMBASSADORS** | A6

## FORT LEAVENWORTH LAMP

PUBLISHED FOR THE COMMUNITY OF FORT LEAVENWORTH, KANSAS

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The Fort Leavenworth Lamp editorial office is in Room 221G, 290 Grant Ave., Fort Leavenworth, Kan., phone number 913-684-LAMP/5267. For submission information, contact the command information officer at 913-684-1718, or e-mail the editor at ftvlampeditor@gmail.com.

The Fort Leavenworth Lamp advertising office is in the Family and Morale, Welfare and Recreation Marketing and Commercial Sponsorship Office in the Resiliency Center at 600 Thomas Ave, Fort Leavenworth, Kan. E-mail mary.f.manago.naf@army.mil or call 913-684-1702.

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# Army’s 250-year story told in stained glass

## Videos released each Monday feature CGSC’s stained glass collection to highlight eras from Army’s history



Photos by Emilio Gutierrez/Fort Leavenworth Lamp Intern



The Command and General Staff College is highlighting the Army's 250th anniversary through videos of CGSC's stained glass collection. The college has a dozen stained glass windows at the Lewis and Clark Center, which were transferred from the center's predecessor Bell Hall in 2007. Videos produced by Dan Neal and Zac Schulte of Army University Public Affairs feature different eras depicted in the stained glass. The videos will be released in era-specific segments each Monday for the next few weeks at <https://www.facebook.com/USACGSC/> and <https://www.facebook.com/ArmyUniversity/>. This week's second installment in the series features the stained glass displays that depict the 1827 founding of Fort Leavenworth and the 1846-48 Mexican-American War. The scene shown in this stained glass panel, ABOVE, and detail, LEFT, depicts the founding of Fort Leavenworth and the Mexican-American War. The Fort Leavenworth panel was presented by the CGSC Class of 1977, and the Mexican-American War panel was presented by the Fort Leavenworth Historical Society.

### Baseball ambassadors (continued from Page A2)

us to such a unique part of American culture...and it absolutely enriched our time in the United States.”

In the second game in later May, the Royals played the Cincinnati Reds on a Wednesday evening, nine days before graduation. This time I took Lithuanian officer, Andrejus Simcic, and his three sons to the game. Andrejus and I met at the gym early in the academic year, and we kept bumping into each other during the intervening months.

Again, we checked out the fountains and statues. In lieu of visiting the hall of fame, we spotted a pitching booth that measures the speed of fans’ pitches. Although none of

us broke 50 mph, we sure had fun trying. And that experience provided perspective for when the major league pitchers were clocked near 100 mph. Andrejus asked many good questions about the game, and his well-mannered boys mostly figured out the rules by themselves.

The Royals won that night by a score of 3-2 on strong starting pitching and two runs batted in by their young superstar Bobby Witt Jr. However, the highlight for me involved not-so-fine dining. Later in the game we checked out the concession stands and determined that the brisket nachos were the best value, and they were served in a souvenir helmet. In my experience ball-

park food, especially ice cream, just seems to taste better from a helmet. The Lithuanian boys caught onto this American trend and devoured their nachos.

These two different game-day experiences with two separate international groups were much like the game itself, as there are an endless number of variants of the game. Famous baseball writer Walter “Red” Smith summed up this variety: “Today’s game is always different from yesterday’s game, and tomorrow refreshingly different from today.”

Dana and I enjoy that variety and sharing our passion as baseball ambassadors. In countless ways, the international officers at

Fort Leavenworth benefit from the passions and specialized knowledge of the Americans they encounter, and one does not need to be an official sponsor to share their passion.

*Editor’s Note: Lt. Col. Brent A. Kauffman is an Army strategist and assistant professor in the Department of Joint, Interagency and Multinational Operations at the Command and General Staff College. He previously taught economics courses at the U.S. Military Academy and U.S. Army War College. He cheers for the Kansas City Royals, as long as they are not playing his favorite team, the Philadelphia Phillies.*



# Sponsors WANTED

## The International Military Student Division, Command and General Staff College, is welcoming U.S. sponsor families to volunteer today!







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- Permanent party military majors and above

**Contact:**  
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**david.m.bornn.civ@army.mil**





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**ALWAYS READY • ALWAYS ALERT**

August is **ANTITERRORISM AWARENESS** Month

# AMC reaffirms its commitment to antiterrorism awareness

by Samantha Tyler/Army.mil

REDSTONE ARSENAL, Alabama – August is Antiterrorism Awareness Month, and Army Materiel Command’s security experts are reminding the workforce that if they see something, they should say something.

The month is a critical period dedicated to bolstering security and readiness.

“This is an annual activity that is done to remind the community (of) the importance of staying vigilant and keeping themselves and their families safe,” said Ashley Stolze, AMC provost marshal and chief of the protection division. “It does make a difference. I think it’s important because people get complacent and this is a way to interact with the community and organizational members to remind them how they

can stay safe.”

The month serves as a vital reminder of ongoing threats and the importance of proactive measures to protect personnel, assets and missions. It serves as a dedicated time to raise awareness of terrorist threats, reinforce protective measures and promote vigilance among military and civilian personnel, said Jeffrey Varner, AMC protection branch chief.

“It’s a proactive campaign to educate communities about identifying suspicious activities, understanding threat levels and knowing how to respond effectively,” he said.

According to Varner, the threats – both foreign and domestic – are “persistent and evolving.” He said recognizing Antiterrorism Month helps to encourage shared re-

sponsibility for safety, prevent attacks through early detection and reporting suspicious behavior, reinforce training and preparedness, and protect Army readiness.

Varner said there are **several ways the workforce can contribute**, including:

- Completing required Antiterrorism Level 1 training annually to stay informed on current threats and procedures.
- Practicing situational awareness. Paying attention to surroundings and reporting anything unusual – from unattended packages to unauthorized access attempts.
- Utilizing reporting tools to share concerns anonymously and securely.
- Engaging in community efforts by participating in drills, attending briefings and supporting awareness campaigns.
- Staying updated on threat levels and

advisories through official channels like the Counterintelligence and Security Force Education and the Department of Homeland Security.

AMC’s dedication to antiterrorism isn’t just a matter of compliance; it’s a deeply ingrained cultural commitment. This commitment has even earned the security team national recognition, with AMC receiving three consecutive awards for its innovative programs and collaborative safety culture – a testament to the leadership of Stolze and her team.

“Bottom line, every employee’s vigilance makes a difference,” Varner said. “More importantly, understanding the background and history of these threats is a very powerful motivator to enhance the importance of always being ready.”

# Fort Stewart soldiers show 'Dogface' resolve responding to shooting

by Spc. Rebeca Soria/Army

FORT STEWART, Georgia — When gunfire erupted at Fort Stewart the morning of Aug. 6, soldiers of the 3rd Infantry Division responded with the swift precision and unwavering courage that has defined the "Dogface" soldier legacy for generations.

Five soldiers were wounded when Sgt. Quornelius Radford opened fire on his co-workers, but the rapid response of those soldiers likely prevented a far worse tragedy.

All of the victims were in stable condition following the 10:56 a.m.-shooting that prompted immediate lockdown protocols.

Radford, 28, an automated logistics sergeant, was quickly subdued and taken into custody after using his personal handgun in the attack at the 2nd Armored Brigade Combat Team area.

The response exemplified the 3rd Infantry Division's motto "Rock of the Marne" — soldiers who stand firm under fire and protect their own without hesitation.

First Sgt. Joshua Arnold of Bravo Company, 703rd Brigade Support Battalion, 2nd ABCT, witnessed the

Dogface spirit firsthand as soldiers immediately shifted into life-saving mode.

"Everyone from Staff Sergeant (Melissa) Taylor to the combat medics coming down to help administer first aid ... I think everybody reacted appropriately," Arnold said. "No one froze, no one lost their composure. Everyone maintained their bearing."

Arnold praised Sgt. Aaron Turner, Alpha Company, 703rd Brigade Support Battalion, 2nd ABCT, for his decisive action in stopping the shooter from harming additional victims, calling him "an outstanding noncommissioned officer." Three combat medics immediately began treating the wounded, embodying the Soldier’s Creed to never leave a fallen comrade.

Staff Sgt. Melissa Taylor, a career counselor, demonstrated the adaptability that defines the Dogface soldier. Hearing gunshots while checking her e-mail, she didn't hesitate.

"I heard him yelling about the smoke, and I saw a soldier on the ground," Taylor said. "Immediately, (I) just started running to the soldier."

Drawing on her background as a former combat



Secretary of the Army Honorable Daniel Driscoll pins a medals on soldiers being recognized for valor responding to the Aug. 6 active-shooter incident at Fort Stewart, Georgia, Aug. 7, 2025. Multiple soldiers tackled and subdued the assailant, minimizing casualties.

medic and emergency medical services worker, Taylor's muscle memory kicked in.

"I have seen gunshot wounds before, so I just kind of had that experience, I knew what to do."

Her response embodied the Dogface mentality of adapting to any situation.

"We're supposed to protect each other from foreign

and domestic situations. So, it didn't matter if the threat came from us, you still treat it like it's a threat."

Even as the unit processes the trauma, Taylor emphasized the resilient spirit that has carried the 3rd Infantry Division through two world wars and countless deployments.

"It is a tragic situation, but the mission doesn't stop," Taylor said. "We can always just be there for each other."

Brig. Gen. John Lubas, commanding general of the 3rd Infantry Division, confirmed the shooter used his personal weapon and praised the immediate response that contained the threat within minutes.

"We have six incredible soldiers behind us, but this is just representative of the larger formation," Lubas said. "When we spoke to the surgeons in the hospital, it was clear that the actions they took from merely stopping the bleeding before they loaded up the ambu-



# Fort Stewart shooting (continued from Page A3)



U.S. Army photo by Sgt. Bernabe Lopez

Secretary of the Army Honorable Daniel P. Driscoll addresses soldiers, leaders and family members during a press brief after recognizing the bravery of soldiers who intervened during the Aug. 6 shooting at Fort Stewart, Georgia, Aug. 7. The soldiers' actions protected lives and prevented further casualties.

lances and quickly evacuated to Winn Army Medical, certainly saved their lives.”

Secretary of the Army Honorable Daniel Driscoll emphasized how the response reflected Army values.

“This is one of those moments where you should be incredibly proud to be an American soldier. Your grit, your resilience, your training, took a terrible day and made it much less terrible than what it could have been,” Driscoll said. “The heroism shown under fire is something that we should all aspire to show. There are not a lot of institutions and not a lot of people like you that can go through what you did yesterday, and come back to work today and do PT.”

Secretary of Defense Pete Hegseth called the incident a “cowardly shooting,” while praising law enforcement’s response.

Georgia Gov. Brian Kemp said he was keeping “the victims, their families, and all those who answer the call to serve in our hearts and prayers.”

The base’s 11:04 a.m. lockdown was lifted that afternoon after authorities confirmed no ongoing threat. FBI agents are coordinating with the Army Criminal Investigation Division as the investigation continues.

Fort Stewart, home to more than 10,000 people and the legendary 3rd Infantry Division, once again demonstrated that when crisis strikes, Dogface soldiers answer the call.

Antiterrorism/ Force Protection Program

Active ShooterAwareness

How To Respond to an Active Shooter in your Vicinity:

OPTION 1. EVACUATE (RUN)

- Have an escape route and plan in mind.
- Leave your belongings behind.
- Prevent others from entering.

OPTION 2. HIDE OUT (HIDE)

- Hide in an area out of the active shooter’s view.
- Block entry to your hiding place and lock the doors.
- Silence your cell phone and/or pager.

OPTION 3. TAKE ACTION (FIGHT)

- ONLY AS A LAST RESORT when life is in imminent danger.
- Attempt to incapacitate the active shooter.
- Act with physical aggression/throw items at active shooter.

Once it is safe to do so, report the incident to law enforcement.

RUN/ESCAPE

IF POSSIBLE

HIDE

IF ESCAPE IS NOT POSSIBLE

FIGHT

ONLY AS A LAST RESORT

FORT LEAVENWORTH

SURVIVE AN ACTIVE SHOOTER EVENT

EVACUATE

- If there is an escape route, evacuate immediately.
- Leave your belongings behind.
- Do not try to move wounded people.
- Prevent others from entering the area.

ENGAGE

- If you cannot escape or evade, engage.
- Be aggressive: throw items, yell, and improvise weapons.
- Commit to your actions.

EVADE

- If you cannot evacuate, find a place to hide that is concealed from view, protected from shots fired, and non-confining.
- Turn your cell phone or pager to silent.

COMPLY

When law enforcement arrives:

- Remain calm and follow instructions.
- Drop items in your hands.
- Raise your hands and keep them visible.
- Do not yell, scream, or point.

WHEN YOU ARE SAFE, DIAL: 911

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# MAHC, Telemynd meet to enhance mental health access for military families

by Maria-Christina Yager/Munson Army Health Center Public Affairs Officer

FORT LEAVENWORTH, Kansas – Munson Army Health Center leaders and healthcare providers met with representatives from the TRICARE-affiliated virtual behavioral health service, Telemynd, in a meeting aimed at addressing the behavioral health needs of military families and retirees Aug. 5 at MAHC.

“The brief was informative, and it empowered our primary care teams with the knowledge and understanding of a program available for their patients who may come to them for help. There was very good discussion among our teams and the presenters,” said Dr. (Lt. Col.) Reginald Trevino, MAHC’s chief medical officer and internal medicine physician.

While overall access to care at MAHC is good, the health center is currently experiencing limited mental health services for family members and retirees and is looking at all available options to help connect military families with the services they need. Through a targeted care model, patients can be vectored to other resources on post, like chaplains, Military and Family Life counselors, and the Family Advocacy Program, but Trevino welcomed the opportunity for MAHC team members to expand their knowledge of resources available through TRICARE.

The discussion focused on how Telemynd’s services could bridge critical gaps in behavioral health care, its integration within TRICARE and the Defense Health Agency, services for children as young as age 5, and a program overview.

With an increasing demand for mental health support among military

communities, MAHC leaders learned Telemynd has more than 1,300 providers nationwide and offers TRICARE-covered services without a referral for family members and retirees. Telemynd’s services help reduce wait time, and optional, after-hours appointments provide added convenience.

The service’s ability to adapt to regional needs and streamline referral processes could significantly enhance the mental health support system for MAHC’s beneficiaries.

The meeting underscored a shared commitment to improving mental health outcomes through collaboration and innovative care solutions.

Family members and retirees can request a Telemynd appointment by calling 1-866-991-2103. Telemynd will match patients with a therapist or prescriber who fits their needs and schedule an appointment.

**This service is not intended for patients in a life-threatening situation. Call 911 for medical emergencies, and call or text 988 to speak with crisis clinician.**

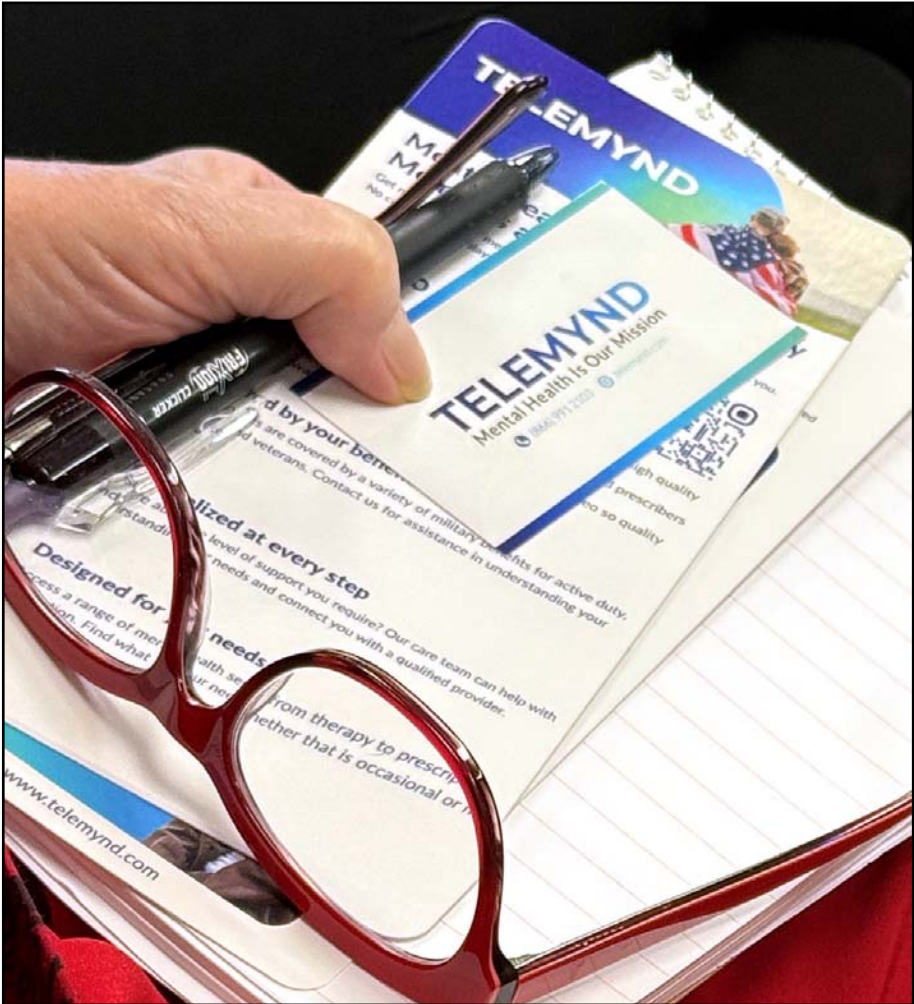
As MAHC continues to evaluate partnerships that enhance access to quality mental health services, the insights from this meeting with Telemynd mark a significant step forward in supporting military families and retirees.

Other virtual mental health services available for family members and retirees without a referral under TRICARE include Skytherapist, Teledoc Health and Doctors on Demand.

Beneficiaries on Fort Leavenworth can learn more at TriWest Telemedicine Options <https://tricare.mil/About/Regions/West-Region/Find-Care/Telemedicine-Options>.



**ABOVE:** Munson Army Health Center health care teams meet with representatives from Telemynd, a TRICARE-affiliated virtual behavioral health service, Aug. 5 at MAHC. The meeting aimed at learning how the virtual behavioral health service can help support mental health needs of military families and retirees.



**LEFT:** Munson Army Health Center leaders and healthcare providers met with representatives from the TRICARE-affiliated virtual behavioral health service, Telemynd, in a meeting aimed at addressing the behavioral health needs of military families and retirees Aug. 5 at MAHC. Other virtual mental health services available for family members and retirees without a referral under TRICARE include Skytherapist, Teledoc Health and Doctors on Demand.

Photos by Maria-Christina Yager/Munson Army Health Center Public Affairs

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# GREAT ESCAPE 5K celebrates 30 years



Photos by Emilio Gutierrez/Fort Leavenworth Lamp Intern

Runners begin the Great Escape 5K, figuring out their pace, whether competing for the lead or running for fun, Aug. 9 at the Old U.S. Disciplinary Barracks.



Spc. Tyler Pitman, Army Corrections Brigade, portrays an inmate in a skit, trying to get a head start from runners who intend to catch him, before the start of the Great Escape 5K race Aug. 9 at the Old U.S. Disciplinary Barracks. The opening skit involving an escaped inmate is part of the race tradition, which is in its 30th year. The race route took runners past historic parts of the installation.

## 5K results

<b>Top male runner:</b> John Montes (18:18)	2. Ian Morgado 3. Cody Baker	2. Daniel Dodds 3. Gabriel Valdez
<b>Top female runner:</b> Morgan Andvik (20:31)	<b>Girls 13-19</b> 1. Madison Fuller 2. Elinor Williams 3. Emily Hedberg	<b>Women 40-49</b> 1. Fawn Jones 2. Kristin Manis 3. Erin Aversa
<b>Boys 7 and younger</b> 1. Cole Collier 2. Niklaus Trabucco 3. Arlington Grande	<b>Men 20-29</b> 1. Joseff Buccella 2. Brent Slocum 3. Alexander Harms	<b>Men 50-59</b> 1. Joseph Myers 2. Gregg Squegua 3. Lawrence Burns, Scott Hedberg
<b>Girls 7 and younger</b> 1. Parker Collier 2. Emma Snyder 3. River Evans	<b>Women 20-29</b> 1. Joanna Lara	<b>Women 50-59</b> 1. Elizabeth Wittig 2. Jennifer Greene 3. Patricia Weishaar
<b>Boys 8-12</b> 1. Noah Hamm 2. Trevor Heywood 3. Joshua Williams	<b>Men 30-39</b> 1. Seth Gross 2. Ronald Apostle 3. Stephen Bracken	<b>Men 60 and older</b> 1. Dan Klecker 2. Richard Vick 3. Mike Cyr
<b>Girls 8-12</b> 1. Isabella Hamm 2. Emma Gaspard 3. Dakota Melinders	<b>Women 30-39</b> 1. Jenny Snyder 2. Jesse Garrett 3. Brittyny Perdigao	<b>Women 60 and older</b> 1. Judith Bauer 2. Diana Bahr
<b>Boys 13-19</b> 1. Matthew Standford	<b>Men 40-49</b> 1. Jonathan Bell	



ABOVE: Participants — including parents with children in strollers, runners with dogs and even a boy on a scooter — begin the Great Escape 5K Aug. 9 at the Old U.S. Disciplinary Barracks. The scooter rider, Eric Heywood, yelled “I’m in the lead!” as he began the race with the crowd behind him.

RIGHT: Eric Heywood rides his scooter headed for the finish line, followed by Sgt. Maj. Daniel Dodds and Spc. Matthius Lovelace, unaware of how slick the street was after a light sprinkle of rain earlier that morning, during the Great Escape five-kilometer race Aug. 9 by the Old U.S. Disciplinary Barracks. Heywood fell as he rounded the corner, but he did not give up — he picked up his scooter, with help from Lovelace, and finished the race.



Madison Fuller and Capt. Thomas McGuinness near the finish line of the Great Escape five-kilometer race Aug. 9 by the Old U.S. Disciplinary Barracks. Fuller finished first in her age category.





# Pet of the Week: Aspen



Aspen is a female shepherd-hound mix available for adoption at the Fort Leavenworth Stray Facility. She has already been spayed, vaccinated and microchipped. Her adoption fee is \$155. Call 913-684-4939 to make an appointment to meet her or inquire about fostering or adopting her. E-mail [fortleavenworthstrayfacility@gmail.com](mailto:fortleavenworthstrayfacility@gmail.com) for an adoption application. Aspen will also be making an appearance at PAIR Day Aug. 16 at Harney Sports Complex.

Visit [www.FLSF.petfinder.com](http://www.FLSF.petfinder.com) for adoptable pet profiles. Call 913-684-4939 for more information. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility.

The Fort Leavenworth Stray Facility, at 510 Organ Ave., is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday; 9 a.m. to noon the second Saturday of the month; and by appointment for pre-approved adopters. Call 913-684-4939 to schedule an appointment.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed.

To apply to volunteer with the Fort Leavenworth Stray Facility, visit <https://vmis.armyfamilywebportal.com/>, enter ZIP code 66027, then search for "stray animal facility."



**Fort Leavenworth Stray Facility**  
510 Organ Ave // (913) 684-4939



**Adoptions • Volunteer Opportunities**

Integrity.  
Dedicated Service.  
Financial Solutions.  
Anytime, Anywhere.

[frontierccu.org](http://frontierccu.org) (913) 651-6575



Federally Insured by  
NCUA



## Fort Leavenworth Bicycle Rider Rules

- Wear a helmet that has been approved by the American Society for Testing and Materials or that meets or exceeds the Snell Foundation Safety Standard.
- Don't ride your bicycle on Grant Avenue, use the sidewalk. Always walk your bike through crosswalks.
- You may ride on all sidewalks but should warn pedestrians as you approach (a bell or horn is encouraged) and always yield right-of-way to pedestrians.
- If you ride during limited visibility (night, fog, rain etc.) you must have a headlight and rear reflector.
- Riding in the National Cemetery is prohibited as well as inside of the golf course.
- Don't wear headphones while bike riding.



THURSDAY  
AUGUST 14, 2025



# LAMP

## Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

## Moth Night

15  
August 2025  
20:00 - 21:00  
at NW Sheridan Drive

Come explore the different species of moths on Fort Leavenworth!

With special guest Eric R. Eaton, author of *Insectpedia* and lead author of the *Kaufman Field Guide to Insects of North America*.

Contact the Fort Leavenworth Nature Facebook page for more details.

## MEET YOUR MANAGERS

### WELCOME!

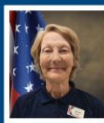
Tell us how we are doing. How can we better serve you?  
Your suggestions and/or comments are important to us!



Cynthia Gregg  
General Manager



Terence Smith  
Assistant Store Manager



Jennifer Miles  
Military Clothing Manager



Candy Bullock  
Business Services Manager

WHERE: Exchange Main Store Entrance  
DATE: Thursday, 14 August 2025  
TIME: 1100-1300



## 9th Annual Trails West Golf Course Ladies Invitational



SATURDAY, AUGUST 16 • 9AM Shotgun Start  
\$50 MEMBERS • \$60 NON-MEMBERS

### Relaxed 2-Person Scramble Format

All ladies play Red Tees.

Entry includes greens fees, cart, range balls, lunch, beverages, hole prizes, flight prizes and a day of fun with friends.

A taco buffet will be served after the round.

Optional Mulligans available.

Call (913) 651-7176 to register by August 13th.

Trails West Golf Course • 306 Cody Rd • 913-651-7176



No Federal Endorsement Implied

AUGUST 16  
9AM - 1PM

## PAIR DAY

POST ACTIVITIES,  
INFORMATION, AND  
REGISTRATION

Harney Sports Complex  
185 Fourth St.  
Info: (913) 684-1674  
leavenworth.armymwr.com

Experience what Fort Leavenworth and the greater Kansas City area have to offer at PAIR Day!  
This is your one-stop shop for everything social, recreational, spiritual and educational.  
There will be informational tables and lots and lots of FREEBIES!  
And the best part....it's all FREE to attend!



## WELCOME TO FORT LEAVENWORTH!



## WELCOME SERVICE

SUNDAY, AUGUST 17  
10:00 AM  
PIONEER CHAPEL

Join us for worship, then stay for fellowship and a delicious catered lunch!



## FALL KICKOFF PROGRAM

August 19th  
8:30am-11:00am  
Frontier Chapel  
625 Thomas Ave

Evening Kickoff  
6:30pm-8:00pm



Join us for worship, food, fellowship, and Bible study signups!

Childcare provided  
Homeschool room available

Scan QR code to register for PWOC 2025-2026!



In the market to buy a new home? ACS has the keys to get you started!  
Join us for our 2025

## HOME BUYING WORKSHOP

August 21  
3:00pm - 4:00pm  
ACS Classroom  
Resiliency Center  
600 Thomas Ave  
Ft. Leavenworth, KS  
Call for more info: 520-716-4951



In this FREE workshop, we'll cover:

- Building credit
- How the home buying process works
- The different types of home loans, including VA loans
- Military resources available
- How not to be "House Poor"



leavenworth.armymwr.com

## Join us for the Fort Leavenworth Arts & Crafts Studio Pottery/Ceramic Studio GRAND OPENING & Fall Welcome Event!

Friday, August 22  
From 10am - 3pm  
310 McPherson Ave  
Fort Leavenworth, KS

THE WAIT IS OVER!  
Come meet our staff and check out the new Pottery/Ceramic Studio! Create your own artwork through planned art projects to include: painting, drawing, crafting, pottery (hand building), and framing/matting.

See what the Arts & Crafts Studio has to offer you! **FREE** and open to all ages. *Children under 12 must be accompanied by an adult.*

For more information call:  
(913) 684-3373



leavenworth.armymwr.com



## Blood Drive

Life's  
a trip



Save a life  
and you could  
win a trip for 2.  
[savealife.org/trip](https://savealife.org/trip)

## Fort Leavenworth

Thursday, August 28th  
9:00 AM - 2:00 PM

Fellowship Hall  
Frontier Chapel, 625 Thomas Avenue



Sign up at [savealifenow.org/group](https://savealifenow.org/group) and use group code BK. For additional details, contact Kari Beever at 816.351.9308 or [kbeever@cbckc.org](mailto:kbeever@cbckc.org).

877.468.6844 • [savealifenow.org](https://savealifenow.org)

### Prepare to donate

- Eat well and hydrate
- Bring a photo ID
- Feel good and symptom free
- 17+
- Meet minimum weight requirements

For full eligibility requirements and COVID-19 information, visit [savealife.org/eligibility](https://savealife.org/eligibility)

## Ay26 Know Your World Cultural Series

NETHERLANDS

SEPTEMBER 17 2025

ARGENTINA

OCTOBER 29 2025

KUWAIT

JANUARY 28 2026

INDIA

FEBRUARY 18 2026

CABO VERDE

MARCH 25 2026

Presentations start at 1545 in Eisenhower Auditorium & on CGSC Facebook

Open to the public-all are welcome to attend or view online

All IMS Attend//Presenting IMS' Section expected to attend//All Staff Groups Highly Encouraged to Attend//Post Presentation Culinary Sampling Offered to all who attend in Arter Atrium

The FLSC is where you bee-long!



## SUPER SIGNUP

MUFFINS & MEMBERSHIP

LOCAL VENDORS, COMMUNITY ORGANIZATIONS,  
SUB CLUB SIGN-UPS, PRIZES, SHOPPING, AND MORE!

TUES, AUG 19 10 AM-12:30 PM  
FRONTIER CONFERENCE CENTER  
FORTLEAVENWORTHPOUSESCLUB.ORG





HARROLD YOUTH CENTER

SEND OFF TO SUMMER PARTY 2025

SATURDAY  
SEPTEMBER 13  
4pm - 7pm

HARROLD YOUTH CENTER  
45 BIDDLE BLVD  
FT. LEAVENWORTH, KS  
913-684-5115

Summer may be over, but the FUN is just beginning!

YOU DON'T WANT TO MISS THIS!

\$5  
Event is for 6th - 12th graders. Must sign up and pay in advance. Swipe Card and wristband are required to enter the event. Registration ends at 6pm Sept 12. NO SAME DAY REGISTRATIONS!



leavenworth.armymwr.com

FEATURING:

- DJ GEORGE
- FOOD
- CONCESSIONS
- GAMES
- FOAM
- DOOR PRIZES
- INFLATABLES



August 2025 MST OPEN REC CALENDAR						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Hours of Operation Monday–Thursday 1:00-7:00 Friday 1:00-9:00 Saturday 1-7	New School Year Hours Starting 11 Aug. 2025 Mon-Thurs 3:00-6:00 Friday 3:00-9:00 Saturday 1:00-7:00	HYC PHONE NUMBER 913-684-5118 OR 913-684-5131		1 Open Rec 1:00-9:00 Family Feud Volleyball	2 Open Rec 1:00-7:00 Junk Food BINGO 4:00
3 Youth Center CLOSED	4 Free Throw Contest Just Dance Tourney	5 Pickle Ball Minute to Win In	6 Kickball Cooking Club	7 Music BINGO Arts & Crafts Open Gym	8 Basketball Video games Karaoke 6:00	9 Open Rec 1:00-7:00 Cooking Club 4:00
10 Youth Center CLOSED	11 New Hours close at 6:00 Cornhole Tourney Trivia NON SCHOOL DAY Smithville Lake cost \$35	12 New Hours close at 6:00 Hungry Hippos Game New Game Non School Day Activities at YC \$35	13 WELCOME BACK Card Game Super fight Arts & Crafts Gestures	14 Coloring/Bookmarks Sketchbook Emoji Challenge Arts & Crafts Around the World	15 Dodgeball Movie Family Feud Pineapple Dump Cake Waffle Night 6:00	16 Open Rec 1:00-7:00 Video Game Day 4:00
17 Youth Center CLOSED	18 Robotics Red Robin Arts & Crafts Soccer	19 3-D Pens Clue Arts & Crafts Musical Chairs Pickleball	20 Madden Tourney Opening Blind Karaoke Hula Hoop Contest Flag Football	21 Osmo Games Card Games Arts & Crafts Category Scavenger Hunt Wiffle Ball	22 Non School Day Olathe waterpark \$35 Open Rec 1-9 Basketball Movie & Popcorn 6:00	23 Open Rec 1:00-7:00 Kickball Tourney 4:00
24 Youth Center CLOSED	25 Madden Tourney Finals Scene It Dragon Tear Hunt Tennis	26 Lego Castle Super fight Arts & Crafts Flag Football	27 Music BINGO Earth Hop Scotch Arts & Crafts Hungry Hippo	28 Origami Sketchbook Arts & Crafts 4-Corners	29 Non School Day Activities at YC \$35 Knockout Tourney Volleyball Homemade Pizza Night	30 CLOSED
31 Youth Center CLOSED						

PHOTOGRAPHIC TREASURES  
OF HISTORIC LEAVENWORTH, KANSAS

TRAVELING  
ART EXHIBITION



425 DELAWARE STREET,  
LEAVENWORTH KS.

FREE ADMISSION &  
OPEN TO THE PUBLIC

THURSDAY  
5-7PM

FRIDAY  
5-7PM

SATURDAY  
1-4PM

AUGUST  
14<sup>th</sup>-16<sup>th</sup>  
WEEK 1

AUGUST  
21<sup>st</sup>-23<sup>rd</sup>  
WEEK 2

SEPTEMBER  
4<sup>th</sup>-6<sup>th</sup>  
WEEK 3

SEPTEMBER  
11<sup>th</sup>-13<sup>th</sup>  
WEEK 4



LEAVENWORTH HONORS  
COL (Ret) Peter S  
IM



ARMY  
OIF I, OIF II, OIF

BANNER OF  
HONOR  
PROJECT



BANNER OF HONOR  
REMEMBER AND HONOR

FEW SPOTS STILL AVAILABLE  
DEAD LINE SEPTEMBER 1ST

Honor your beloved service  
member or veteran with the  
gift of a 2025/2026 banner to  
hang proudly in the heart of  
downtown

MORE INFO

office@leavenworthmainstreet.com  
416 Cherokee St Leavenworth KS. 66048 913-682-3924

LEAVENWORTH  
MAIN STREET  
PROGRAM INC.  
First City of Kansas

Banner  
spots fill up  
fast and  
are limited  
Reserve  
yours  
today!

THE FRONTIER ARMY MUSEUM

MILITARY LIVING HISTORY DAY

September 6th , 2025  
Saturday  
9 am – 4 pm

Open to the Public / Free to Attend!

Location: The Frontier Army Museum  
100 Reynolds Ave, Fort Leavenworth, KS 66027

Military reenactors from various periods,  
historic military vehicles, and a great Army  
museum!

Reenactor Contact / General Questions: Jonathon Krisko 610-349-2750 / jonathon.krisko@gmail.com  
Frontier Army Museum: (913) 684-3191



Leavenworth County Council on Aging Presents

~~THE DECADES~~  
THE DECADES

Come dressed in your favorite  
fashions from the  
50s – today!

TICKETS  
\$40 per ticket  
Reserve a table  
of 8 for \$300

SATURDAY, AUGUST 16<sup>TH</sup>  
DOORS OPEN AT 5:00 PM | 5:30 - 9:00 PM  
RIVERFRONT COMMUNITY CENTER, LEAVENWORTH

A benefit fundraiser for **MEALS ON WHEELS!**

Dinner by  
J.W. Crancer's • Live DJ • Wine & Bourbon Pull  
• Live Auction • Sweet Shoppe Booth  
• "Chances to Win" Raffle • Heads & Tails  
Split the Pot • Photo Booth • Adopt-A-Heart

PURCHASE TICKETS FOR  
A CHANCE TO WIN!  
  
\$1 EACH OR 6 FOR \$5

COA  
Live Well. Age Well.  
711 Marshall St., Suite 100  
Leavenworth, KS 66048  
913.684.0777

Tickets will be sold in advance or at the door while supplies last.  
Council on Aging: Monday-Friday, 7am-4pm  
Check, Cash or PayPal @LVCOA  
Through PayPal Account: Minimum purchase \$25.  
Please include your phone number.



It's Back to School  
at Fort Leavenworth!  
MWR Events August 2025

SPECIAL EVENTS

- PAIR Day!  
August 16  
Come on out for a FREE day of family fun at our annual August PAIR Day! Saturday from 9am - 1pm at Harney Sports Complex! PAIR Day is a wealth of information about our on-Post and off-Post community! Learn about the local Boys and Girls Scouts, available sports, medical facilities, entertainment options, Fort Leavenworth services such as Munson, the Commissary and Exchange, USD 207, ACS, CYS and our other top notch MWR facilities! Meet your neighbors, snag some swag or just come by and say hi! Call 913-684-1674 for more information
- Car Buying Workshop  
August 7  
Stressed out about buying a vehicle? Let ACS take the wheel and get you on the road to success! Thursday from 3pm - 4pm in the ACS classroom at the Resiliency Center. Call 913-684-2800 for more information.
- Home Buying Workshop  
August 21  
Shopping for a new home? ACS can help! You will learn about the VA loan process, interest rates, and finding the right space for your family's needs. Thursday from 3pm - 4pm in the ACS classroom at the Resiliency Center. Call 913-684-2800 for more information.

ACS

- Youth Sports Fall Enrollment  
August 1 - 31  
Youth Fall Sports is enrolling NOW through the end of the month for flag football, running club, soccer, and cheerleading! Looking to volunteer? Consider being a Youth Sports coach! Call 913-684-7525 for more information.

CYS

- HYC Teen Summer Trips  
August 8  
Friday at Harrold Youth Center. Don't miss the last Worlds of Fun/ Oceans of Fun trip of the summer! Leaving from Harrold Youth Center at 10am and returning at 6pm. Must be eligible to attend Harrold Youth Center. \$45 or \$10 with a season pass. Call 913-684-5118 for more information.
- Brunner Range Fun Shoots  
August 2, 16  
Come on out to the range! Saturdays at Brunner Range. Call 913-651-8132 for more information.
- FREE Movie: Sonic the Hedgehog 3  
August 8  
Rated PG. Friday at the Post Theater starting at 7pm. Sponsored by BOSS Call 913-684-2736 for more information.
- Great Escape 5K  
August 9  
Join us for the 30th Annual Great Escape 5K! Unique to Fort Leavenworth, this fun running event starts at the Old USB at 8am. Same day registration is available. Call 913-684-1674 for more information.
- Trails West Ladies Invitational  
August 16  
Ladies, this one is just for you! Enjoy a relaxed 2 person scramble with lunch, prizes and more! Saturday at Trails West starting at 9am. Call 913-651-7176 for more information.

Recreation

Sneak peek!



FORT  
LEAVENWORTH'S  
15th ANNUAL

RUN  
WALK  
FOR THE FALLEN  
2025 FORT  
LEAVENWORTH





Join us in remembering those who have made the ultimate sacrifice.

SATURDAY, SEPT 13th  
@ The Resiliency Center  
600 Thomas Ave  
Fort Leavenworth, KS

- Registration starts at 6:30 am
- Opening Ceremony at 8:00 am
- Followed by a 3 mile run / walk

This event is a go at your own pace, stroller friendly, and family friendly route.

Event is open to the public. Those without access can apply online for this special event using the QR code below. Passes can be obtained 10 days or less before the event. Call 913-684-1830 for more information.



Clean Paws Pet Wash

Open 24 hours a day!  
Merritt Lake Parking Lot  
Cash, Coin and Card





Info: (913) 651-7176



Volunteers needed!

The Frontier Army Museum is looking for friendly faces to welcome guests to our museum. Volunteers will greet guests, answer questions, and assist museum staff with administrative tasks and research.

Availability: Fridays 9-3, Saturdays 10-3. Hours are flexible.



Age Requirement:  
16 and older.

If interested please contact  
Megan Hunter  
megan.m.hunter4.civ@army.mil  
or (913) 684-3190

FORT LEAVENWORTH  
NEW CDC DETOUR ROUTE



The previous CDC construction detour, from Iowa to Kansas Ave, has been modified to reroute traffic away from densely populated areas. The new detour (yellow trace), will route traffic northwest to 5th Artillery Rd and toward the cemetery and golf course.

U.S. ARMY



ATTENTION PLEASE!



IMPORTANT ANNOUNCEMENT

Stronghold Office Hours for emails and to return phone calls are Monday, Tuesday, and Thursday from 9:00am - 3:00pm.

Open Pantry Hours, by appointment, are Wednesday from 11:00am - 1:00pm.

You can email us at:  
Contact@strongholdfoodpantry.org  
or leave a message at (913) 303-8372



STRONGHOLD DISTRIBUTION & HAPPY BOTTOMS  
By Appointment Only | strongholdfoodpantry.org

SUN	MON	TUE	WED	THU	FRI	SAT
31					1 Pack the Backpack Event	2
3	4	5	6 Open Pantry Happy Bottom 11:00 - 1:00	7	8	9
10	11	12	13 Closed	14 Pop-Up Fort Campbell	15	16
17	18	19	20 Open Pantry Happy Bottom 11:00 - 1:00	21	22	23
24	25	26	27 Closed	28 Pop-Up Joint Base Lewis-McChord	29	30

17 AUGUST 2025

is  
National  
Nonprofit  
Day

Stronghold's goal:

75 pledges of \$50.

Each pledge feeds a military family of 6 for a week.

Join us in our mission.

www.strongholdfoodpantry.org

IMPORTANT ANNOUNCEMENT

HAVE YOU VOLUNTEERED, DONATED, PARTNERED, OR RECEIVED SUPPORT FROM STRONGHOLD?

We want to hear your story. Share how being part of this mission has impacted you – personally or professionally.

Named or anonymous – every voice matters.

You can email us today at:  
Contact@strongholdfoodpantry.org



Stronghold: Happy Bottoms Program

Powered by: Rapid Response Charities



Free Monthly Diaper Distribution

Email: contact@strongholdfoodpantry.org



UNITED STATES ARMY  
COMBINED ARMS CENTER AND FORT LEAVENWORTH  
SEXUAL HARASSMENT AND SEXUAL ASSAULT RESPONSE WORKFORCE



Ms. Amanda Bonseigneur  
Lead SARC  
Amanda.bonseigneur.civ@army.mil  
Teams: 520-669-3474  
Office: 913-684-2810  
Cell: 913-704-9620  
Bldg 197, 632 McClellan Ave



Mrs. Dannielle Rothering  
Supervisory SARC  
Danniele.r.rothering.civ@army.mil  
Teams: 571-588-0146  
Cell: 913-704-5623  
Bldg 197, 632 McClellan Ave



SFC Jerri Osborne  
Team 1 SARC  
jerri.l.osborne.mil@army.mil  
Teams: 520-692-6520  
Office: 913-684-2842  
Cell: 913-565-0741  
Bldg 197, 632 McClellan Ave



LTC Craig Arnold  
Team 2 SARC  
craig.d.arnold.mil@army.mil  
Teams: 520-692-8849  
Office: 913-684-2818  
Cell: 913-704-9604  
Bldg 197, 632 McClellan Ave



SFC Jacob Roach  
Team 3 SARC  
jacob.w.roach.mil@army.mil  
Office: 913-684-0956  
Cell: 913-547-5075  
835 Sabalu Rd



Mr. Josh Belle  
Team 4 SARC  
joshua.p.belle.civ@army.mil  
Teams: 520-945-5992  
Office: 913-684-5230  
Cell: 913-680-5699  
Bldg 58, 614 Custer Rd



Located at the corner of  
Kearny Avenue and  
McClellan Avenue, next to  
the Post Parade Field

Ft Leavenworth SHARP Resource Center

Building 197, 632 McClellan Ave  
Fort Leavenworth, KS 66027

Contact the team at [usarmy.leavenworth.cac.mbx.cac-sharp@army.mil](mailto:usarmy.leavenworth.cac.mbx.cac-sharp@army.mil)

We Have Realigned Under an Installation Model

- Team 1** AAFES, ACS, AFC, ARI, CDID, Cemetery, CID, CPAC, DeCA, DES, DLA, DMPA, FMWR, LRC, MCCoE, MICC, Museum, NEC, PAO, RCI Housing, TDS/SJA, TRAC, USAFMSA, USAG HQ, USASMDC, USD 207, and US STAG CMD.
- Team 2** CAC HQ, CAC-T HQ, MCTP, NSC, STB, TMD, 505th CCW and 500th/67th MP
- Team 3** ACB, MWJRCF, USDB
- Team 4** Army U, CGSC, Dental, DLI, MAHC staff, Patients, SAMS, SOF, TRADOC, Veterinarian, and Other Service Staff tenant personnel



Ms. Nicole Hernandez  
Victim Advocate  
Maureennicole.n.hernandez.civ@army.mil  
Teams: 520-692-9215  
Office: 913-684-5230  
Cell: 913-544-9243  
Bldg 58, 614 Custer Rd

Fort Leavenworth 24/7 SHARP Hotline  
913-683-1443  
DoD Safe Help Line  
877-955-5247

Sexual Harassment Complaint Reporting Option

Formal | Anonymous | Confidential

Sexual Assault Reporting Option

Restricted | Unrestricted | CATCH-Only

Retaliation Reporting Options

Command | IG | SARC | DoD Safe Helpline | CPAC (DA Civ Only)

Find us on Facebook



WeCare App



GET IT ON Google Play



STEP FORWARD: Prevent. Report. Advocate.

Current as of 18 March 2025





BRING YOUR FRIENDS AND JOIN US FOR

CAMPUS LIFE MILITARY WATER WARS

Slip n Slide Kick Ball, other water games, snacks, and Jesus!

AUGUST 19, 2025 • 6:00 - 8:00 PM

Harrold Youth Center



CAMPUS LIFE MILITARY

POC: Samantha Odle  
(605) 569-3820 / sodle@yfc.net

Volunteer with Campus Life Military!

☀️ Make a Difference in the Lives of Military-Connected Youth ☀️

♥️ Do you have a heart for teens?

💬 Do you love sharing the hope of Christ?

🌍 Want to impact youth from around the globe—right where you are?

We need caring adults who:

- ✓ Build relationships with teens
- ✓ Lead fun activities & small groups
- ✓ Support local ministry efforts
- ✓ Be a consistent, encouraging presence
- ✓ Have a willing heart and a passion for Jesus!

Ministry Activities:


- Club
- Small Groups
- Special Events
- Camps / Trips
- Contacting
- Appointments






CAMPUS LIFE MILITARY

Samantha Odle  
(605) 569-3820  
sodle@yfc.net





CWOC KICKOFF

AUGUST 21<sup>ST</sup>

0900

PIONEER CHAPEL

WATCHCARE AVAILABLE



Join Our Team



FORT LEAVENWORTH SCHOOL DISTRICT  
OPENINGS FOR THE 2025-26 SCHOOL YEAR:

- Special Education Teacher
- Licensed Behavior Analyst - BCBA
- Speech-Language Pathologist
- Occupational Therapist
- Pre-K Instructional Assistant
- ESOL Instructional Assistant
- Food Service Cook
- Lunchroom Aide

VIEW ALL OPENINGS -->




APPLY NOW






www.usd207.org - 913-651-7373



VERTICAL Marriage

THE ONE SECRET THAT WILL CHANGE YOUR MARRIAGE




CROSSROADS  
CHURCH

Meals & Childcare provided

DATE NIGHT

08 AUG, 05 SEP, 10 OCT, 07 NOV, 05 DEC

For more information and to register, scan the QR code or call/text 910-644-2999



Discipleship Training Breakfast

A YEAR LONG TOPICAL BIBLE STUDY & BREAKFAST  
FOCUSED ON INTEGRATING FAITH IN CHRIST INTO  
ALL DOMAINS OF OUR LIVES (PERSONAL  
DEVELOPMENT, FAMILY, PROFESSION, AND  
COMMUNITY)

0600-0730 EVERY TUESDAY IN  
PIONEER CHAPEL





7 Years

Scan QR code to register for PWOC 2025-2026!



Protestant Women of the Chapel  
FALL KICKOFF PROGRAM

August 19th  
8:30am-11:00am  
Frontier Chapel  
625 Thomas Ave

Evening Kickoff  
6:30pm-8:00pm



Shine Boldly

Join us for worship,  
food, fellowship, and  
Bible study signups!

Childcare provided  
Homeschool room  
available



OYS

We're Hiring NOW!

Join our Team as a  
Child and Youth Program Assistant  
at Fort Leavenworth!

Pay starts at \$18.71 per hour

Great pay and benefits!

Career Progression & Paid Training

Retirement & 401K

FREE childcare for the 1st child and 25% discount for each additional child

Regular Full-Time/ Part-Time & FLEX Hours Available

Medical, Dental, Vision, & Life Insurance Benefits \*

Paid Leave, & Paid Federal Holidays for Full-Time & Part-Time

Access to Commissary & AAFES Shopping Privileges & MWR Facilities

Job Transfer Program Worldwide Through Civilian Employment Assignment

Tool

\*Conditions Apply



U.S. ARMY  
MWR



Scan here to apply!  
ArmyMWR.com/cyscareers



UNITED STATES ARMY  
CHILD & YOUTH SERVICES



# ARMY COMMUNITY SERVICE



MON - FRI 0800-1600 with limited hrs Thurs 1300 - 1600 913-684-HELP(4357)/2800

Resiliency Center, 600 Thomas Ave, Bldg. 198 \*\* ACS is closed for lunch 1130-1230 daily\*\*

AUG 2025

## RELOCATION READINESS PROGRAM

**In-Processing Brief**  
Tuesdays, 9:00am-10:00am  
**OCONUS Levy Brief**  
Tuesdays, 10:00am-11:00am

**Smooth Move offered upon request.**



### Bowling for Families of Deployed Service Members

Aug. 02 12:00pm-2:00pm  
Strike Zone Bowling Center  
*\*Registration required*

### Lending Closet

Are you In/Out-Processing and need essentials? ACS has short-term basic items to help you get by.

- Kitchenware
- Cookware
- Small Appliances

<https://leavenworth.armymwr.com>

## EXCEPTIONAL FAMILY MEMBER PROGRAM

**EFMP Bowling**  
Aug. 02, 12:00pm-2:00pm  
Strike Zone Bowling Center

**EFMP Refreshing Conversations**  
Aug. 07<sup>th</sup>, 10:00am-11:00am  
Resiliency Center Room 157  
*\*Registration Required for EFMP events\**

**EFMP Lending Library**  
Now Open!  
Come and discover our range of sensory and educational products available for loan.

## SURVIVOR OUTREACH SERVICES

### GOLD STAR CHILDREN'S DAY

We will recognize Gold Star Children's Day on Aug. 01, 2023



<facebook.com/FortLeavenworthACS>

## FINANCIAL READINESS PROGRAM



Offers counseling services and classes upon request to assist Soldiers and their families in achieving personal financial goals.

### Car Buying

Aug. 07<sup>th</sup> 3:00-4:00pm  
Resiliency Center Rm. 157

### Home Buying

Aug. 21<sup>st</sup>, 3:00-4:00pm  
Resiliency Center Rm. 157

**\*No registration is needed, but please call ahead for large groups.**

## ARMY EMERGENCY RELIEF (AER)

Provides emergency assistance to active-duty service members, their families, and retired service members.

For emergency financial assistance apply at:  
[www.armyemergencyrelief.org](http://www.armyemergencyrelief.org)  
And call the ACS main line during duty hours to follow up.  
**\*Command & Troop training is also available upon request.\***

<facebook.com/FortLeavenworthFMWR>

## EMPLOYMENT READINESS PROGRAM

### Teen Employment

Aug. 01, 10:00am-12:00pm

### Resume Writing

Aug. 06, 12:00pm-2:00pm

*\*Evening 5:00pm-7:00pm*

### Federal Employment

Aug. 20<sup>th</sup> 12:00pm-2:00pm

*\*Evening 5:00pm-7:00pm*

### Interview Skills & Professionalism

Aug. 27, 12:00pm-2:00pm

*\*Evening 5:00pm-7:00pm*

**\*All classes located at the Resiliency Center, Rm 157**

## ARMY VOLUNTEER CORPS

### Volunteer Basics

Aug. 22, 12:00pm-1:00pm,  
Resiliency Classroom  
Room 157

Visit website below to register for an account and find opportunities to volunteer in the community.  
[https:// vmis.armyfamilywebportal.com](https://vmis.armyfamilywebportal.com)

<https://home.army.mil/leavenworth>

# ARMY COMMUNITY SERVICE



MON - FRI 0800-1600 with limited hrs Thurs 1300 - 1600 913-684-HELP(4357)/2800

Resiliency Center, 600 Thomas Ave, Bldg. 198 \*\* ACS is closed for lunch 1130-1230 daily\*\*

AUG 2025

## NEW PARENT SUPPORT PROGRAM

**\*\*Call 913-297-3212 to register for all NPSP classes & events.\*\***



**Stroller Walk**  
Tuesdays 09-10 am  
Meet at the front of the Resiliency Center

**Toddler Time**  
Wednesdays, 0900am  
Resiliency Center  
Playroom

**Story Time**  
Wednesdays,  
1000am  
Resiliency Center  
Room 157

**Play Morning**  
Thursdays,  
0900-1000am &  
1000-1100am  
Resiliency Center  
Playroom

**Dad's Night Out**  
August 20<sup>th</sup>,  
6:00-8:00pm  
Restaurant TBD

**Mom's Night Out**  
August 27<sup>th</sup>,  
6:00-8:00pm  
Restaurant TBD

**Wiggles and Giggles**  
Fridays, 10-11 am  
Resiliency Center,  
Playroom

**Did you know that Home Visits are available for pregnancy through 3 years of age? Schedule your appointment with the NPSP team today!**

**Newborn Care Class**  
August 04<sup>th</sup>  
5:00-7:00pm  
Resiliency Center  
Rm 157

**Breastfeeding Class**  
August 11<sup>th</sup>  
5:00-7:00pm  
Resiliency Center  
Rm 157

**Potty Training**  
August 18<sup>th</sup>  
5:00-7:00pm  
Resiliency Center  
Rm 157

## FAMILY ADVOCACY PROGRAM

**\*\*Registration is required for all FAP events.\*\***

**Anger Management Series**  
August 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>,  
1:30-3:00 pm

**5 Love Languages for Teens**  
August 13<sup>th</sup>  
1:00-2:30pm



**Anger Management**  
August 21<sup>st</sup>  
11:30am-1:00pm

**Navigating Teen Years**  
August 20<sup>th</sup>  
1:00-2:00pm

**\*All FAP classes located at the Resiliency Center, Rm. 145**

**CALL ACS TO REGISTER FOR CLASSES TODAY! ALL EVENTS LISTED ARE FREE!**

<https://leavenworth.armymwr.com>

<facebook.com/FortLeavenworthACS>

<facebook.com/FortLeavenworthFMWR>

<https://home.army.mil/leavenworth>

### ACS Employment Readiness Program Menu of Services

One-on-one appointments and workshops to assist with:

- Career exploration and planning
- Skills and personality assessments
- Education and skills attainment
- Civilian and Federal resume assistance
- Employer referral and job search assistance
- Interview skills and professionalism

For more information, contact the  
ACS Employment Readiness Program Specialist  
913-684-2835/2800

### Employment Readiness Program CLASS SCHEDULE

#### Resume Writing

ACS Classroom 12pm - 2pm  
July 9, Aug 6, Sept 10,  
Oct 8, Nov 5, Dec 3  
5pm - 7pm\*  
July 9, Aug 6

#### Federal Employment

ACS Classroom 12pm - 2pm  
July 16, Aug 20, Sept 17,  
Oct 15, Nov 19, Dec 10  
5pm - 7pm\*  
July 16, Aug 20

#### Interview Skills & Professionalism

ACS Classroom 12pm - 2pm  
July 23, Aug 27, Sept 24,  
Oct 22, Dec 17  
5pm - 7pm\*  
July 23, Aug 27

**Take the guesswork out of getting hired!**

Our Employment Readiness Program will provide the tools and strategies that you need to navigate the job market successfully!

Learn how to:

- write a compelling resume
- understand the market
- become the ideal candidate

Open to all DOD ID card holders. \*Registration is required for evening classes only.

### Financial Readiness Milestone Training

Are you financially prepared for what life throws your way? Let us help! We offer free Financial Readiness Training on a variety of subjects.

**Some of the topics we will discuss:**

- Pre-Deployment
- Post-Deployment
- PCS
- Marriage
- Divorce
- Vesting in TSP
- Promotion
- First Child
- Continuation Pay
- Disabling sickness/injury/condition

**Held Monthly every 2nd & 4th Thursday @ 0900am - 1100am. Bldg 198 Room 157**


INFO: 913-684-2835/2800



Join ACS/ New Parent Support for

Toddler Time


Wednesdays @ 9am  
The Resiliency Center  
600 Thomas Ave  
Fort Leavenworth, KS




Learn through play as we build social skills, introduce preschool routines, and explore!

Toddler Time is free and open to ages 2 to 3 years (must have an adult present).

Please call or text by the close of business day on the Tuesday before Toddler Time.  
913-297-3212



Stroller Walk & Talk




Meeting at  
The Resiliency Center  
600 Thomas Ave  
Every Tuesday Morning  
March - May  
Oct - Nov  
10am - 11am  
June - Sept  
9am - 10am

This is a **FREE** opportunity to meet other parents of small children, get healthy and socialize all while enjoying the walking paths of Ft. Leavenworth!

Offered to expecting parents and to parents of children through 3 years of age. Must bring your own stroller. Register the day before!

POC 913-297-3212



ACS Family Advocacy New Parents Support Program  
Presents

Toddler Time Playgroup


- Free toddler play group.
- Open to ages 2-3 years old with adult.
- Offers an introduction to preschool routines, explores educational concepts, and builds social skills through hands on experiences and activities.

Wednesdays @ 9:00am


Located at the Army Community Service Resiliency Center  
600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text  
913-297-3212 or 913-297-9704






5 Love Languages of Teenagers




Do you ever feel like you and your teen are speaking another language?


The "5 Love Languages of Teenagers" class is geared toward caregivers that want to communicate with their teens in a way that everyone feels heard, understood, and most importantly loved.




ACS Classroom 145  
Feb 12, May 14, Aug 13, Nov 12  
1-2:30pm  
FREE



Open to all DOD civilians, active duty, and retired military that are caregivers raising teens  
Call to register (deadline is day before class)  
913-684-2822 / 2808



leavenworth.armymwr.com



ACS Family Advocacy New Parents Support Program  
Presents

Storytime!



Free  
Open to ages 3 months - 3 years old with adult.

Join us for storytime to use our imagination and develop a love of books

Storytime fosters early literacy skills, language development, and social growth.

Every Wednesday @ 10:00 am

Located at the Army Community Service Resiliency Center  
600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text  
913-297-3212 or 913-297-9704



ACS Family Advocacy  
New Parent  
Support Program



Play Morning

Thursdays from 9-11:00 a.m.

Ages 3 months – 3 years with Guardian • Resiliency Center

Free play group for ages 3 months - 3 years and their parents/guardians.

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.



WIGGLES & GIGGLES

Fridays  
10am - 11am  
ACS Playroom  
600 Thomas Ave

FREE  
Ages 3-12 months  
Register by COB  
Thursday

We wanna go...



Get their wiggles out and join in some baby giggles! Take a moment to connect with other parents! Babies learn through play! So let's get on the floor and explore!

For more info or to register call 913-297-3212/ 9704



SKIES Curtain Call

FROZEN JR



Registration Opens: July 21 at 9am  
Registration Closes: August 11 at 12pm

Participants must be 8+ on or before August 28. Register online or in person at any CYS facility.

Cost: \$275

Rehearsals will begin: September 9 at 4pm  
The Post Theater / 375 Grant Ave  
Fort Leavenworth, KS

Mandatory Parent Meeting : August 26  
Auditions begin: August 28

Performances:  
December 6 at 2pm and 7pm

There are only 30 spaces available. Selections will be made by lottery if more than 30 participants sign up. The remaining interested participants will be placed on a waitlist. Curtain Call is a large commitment of time and responsibility.

For more info:  
call 913-684-3207  
or text 913-704-7595





SKIES

Instructional Catalog for Classes  
August - December 2025  
Registration begins July 7 @ 9am\*

We're on our way!



\*A current registration with Parent Central is required to enroll. For more info call: 913-684-5138

OPEN HOUSE  
July 24th from  
5:30pm - 7:00pm

Patch Community Center  
320 Pope Ave  
Fort Leavenworth, KS

For more info on SKIES call:  
913-684-3207  
or text:  
913-704-7595





Now offering new classes at SKIES!

Come get a kick out of Tae Kwon Do!

Brand new, fun, and physical classes taught by a certified black belt in Tae Kwon Do.  
ENROLLMENT IS OPEN NOW!


TAE KWON DO!

Tuesdays & Thursdays  
Ages 6 - 12 at 4pm  
\$11 a class session (multiplied by number of classes offered in a month)  
limited space  
Ages 6 - 12 at 5pm  
Joint class w/ Parent or Guardian  
\$22 a class session (multiplied by number of classes offered in a month)  
limited space  
Fee is for one child plus adult, please contact SKIES to add additional children to session at \$71 a child.

Gruber Fitness Center  
Martial Arts Room  
200 Reynolds Ave  
Ft. Leavenworth, KS

Must be registered at Parent Central to attend classes. Classes will remain open until full. Call for more info: 913-684-3207

Leavenworth.armymwr.com



SHARE THE NUMBER

SPREAD THE WORD


CALL OR TEXT


988

CHAT  
988LIFELINE.ORG

There is hope.

988 SUICIDE & CRISIS LIFELINE






VOLUNTEER BASICS


JAN 17 • FEB 7 • MARCH 7 • APRIL 4 • MAY 9 • JUNE 13  
JULY 18 • AUG 8 • AUG 22 • SEPT 19 • OCT 17 • NOV 14 • DEC 12  
ACS CLASSROOM • 600 THOMAS AVE. • TIME: 12PM - 1PM

DO YOU WANT TO MAKE A DIFFERENCE IN OUR COMMUNITY? IF SO, THEN BE SURE TO CHECK OUT VOLUNTEER BASICS. LEARN ABOUT VOLUNTEER OPPORTUNITIES ON FORT LEAVENWORTH AND IN THE COMMUNITY. PARTICIPANTS WILL LEARN THE BENEFITS OF VOLUNTEERING AND HOW TO PROPERLY LOG HOURS INTO THE VOLUNTEER MANAGEMENT INFORMATION SYSTEM (VMIS).

REGISTRATION IS NOT REQUIRED. JUST SHOW UP.

INFO: (913) 684-2800





TRAILS WEST GOLF COURSE

Come Experience TRAILS WEST GOLF COURSE



- Pristine Course
- Pro Lessons
- Tournament Packages
- Simulator
- And much more!

Visit the Fairway Grille and the Pro Shop! Conveniently located in the Clubhouse.

306 Cody Rd  
Ft. Leavenworth  
913-651-7176







# Navigating the Teen Years

**Feb 19, May 28, Aug 20, Nov 19**  
@ 1 - 2:30pm

**ACS Classroom 145**  
600 Thomas Ave

One session workshop  
Available in person or virtual


Ever wish that raising your teen came with an instructional manual?

The Navigating the Teen Years workshop is your guide to the difficult questions.


We'll discuss:


- Teen Mental Health
- Substance Abuse
- Raising Teens in a Digital Age
- Understanding Social Media
- Teen Sexualized Behaviors

FREE and open to all DoD ID holders 18+ Register by calling 913-684-2811/ 2808 Deadline to register is the day before class.



**STANDARD OPERATING PROCEDURE**







Harold Youth Center

## AFTER-SCHOOL PROGRAM

**FREE!**

\*Enroll now at  
Harold Youth Center  
45 Biddle Blvd  
913-684-5118

**Offering:**  
Homework Help  
STEM Programs  
Gym Activities  
Music Classes  
Arts & Crafts  
Special Events  
Clubs & More!

Follow HYC on FBI!

**HYC Hours**  
Mon -Thurs 3PM -7PM  
Friday 3PM -9PM  
Saturday 2pm -8pm  
Closed Sunday

**Administrative Hours**  
Monday - Friday  
9AM - 6PM

\*HYC is for 6th-12th Graders only. Must be registered with CYS Parent Central prior to enrolling. Contact 913-684-5138 for more info on registration and eligibility









## HARROLD YOUTH CENTER HOURS WILL CHANGE ON

### AUGUST 11, 2025

**OPEN RECREATION HOURS:**

**MONDAY-THURSDAY** 3pm-6pm (1500-1800)

**FRIDAY** 3pm-9pm (1500-2100)


**SATURDAY** 1pm-7pm (1300-1900)

**NON-SCHOOL DAYS** Open at 1pm (1300)

**FOR MORE DETAILED INFORMATION PLEASE CALL**

**913-684-5118**








## Co-Parenting Workshop


**Round 1: April 7, 14, 21, 28**  
**Round 2: July 7, 14, 21, 28**  
**Round 3: September 8, 15, 22, 29**  
@ 12:00pm - 1:00pm  
**ACS Classroom 145**  
600 Thomas Ave

Learning to co-parent after a divorce can feel like being on opposite ends of a chasm.

Our four week workshop will show you how to build a bridge that will enhance parenting skills, enrich positive co-parenting, learn to develop and use boundaries, and establish a joint plan for managing expectations about your children's growth, development, and behavior.

FREE and open to all DoD ID holders 18+ Register by calling 913-684-2811/ 2808 Deadline to register is day before class. Participants are encouraged to attend every class as each session will be different. Ask about virtual options!





# STRESS Management





May 15, July 17, September 18, November 20  
11:30am - 1:00pm  
600 Thomas Ave  
Room 145

**STRESS WEIGHING YOU DOWN?**

**IT'S TIME TO TAKE BACK CONTROL**

**WORK** **HOME** **SAVINGS**

FREE one-session workshop 18+ No childcare Deadline to register is day before training. Virtual attendance is available through TEAMS. For more info: Call 520-692-6378





**Register for the ACS ANGER MANAGEMENT COURSE**

**WE CAN HELP.**

Our 8 week Anger Management Course will teach you a new tool every week to stay cool and collected in even the most difficult of settings. Each week will have realistic scenarios, feedback, and opportunities to apply newly learned skills in a group setting.

**Round 1**  
May 1, 8, 15, 22, 29  
June 12, 19, 26

**Round 2**  
August 7, 14, 21, 28  
September 4, 11, 18, 25

**Round 3**  
October 2, 9, 16, 23, 30  
November 6, 13, 20

All sessions are in Room 145 at the Resiliency Center 600 Thomas Ave 1:30pm - 3pm

FREE and open to all DoD ID card holders 18+ Deadline to register is the day before the first day of training. Participants must attend each day in the round. Virtual attendance is available through TEAMS. Call 913-684-2800 for more info





## DAD'S NIGHT OUT

**2025 DATES:**

Jan 22 • Feb 19 • March 19 • April 23  
May 21 • June 18 • July 23 • Aug 20  
Sept 17 • Oct 22 • Nov 12 • Dec 3

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Dads with children 0-3 years old.

For more info: (913) 297-3212 or (913) 684-2800



## MOM'S NIGHT OUT

This event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.

**2025 Dates:**

Jan 29 • Feb 26 • March 26 • April 30  
May 28 • June 25 • July 30 • Aug 27  
Sept 24 • Oct 29 • Nov 19 • Dec 10

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old.

Info: (913) 297-3212 or (913) 684-2800





## EFMP/ Waiting Families RECREATIONAL BOWLING



Every first Saturday of the month  
12:00pm - 2:00pm  
Strike Zone Bowling Center  
165 Fourth St

Meet other EFMP families! EFMP Recreational Bowling is a fun way to socialize, and sharpen fine motor skills.

All ages welcome! FREE for the entire family including shoes! Bumpers, bowling ramps, and lightweight bowling balls are available.

Pre-registration is required the Wednesday before the event. Fort Leavenworth Waiting Families, call ACS to reserve your spot! Call 913-684-2800 for more info or to register





## ACS New Parent Support Prenatal Classes 2025

**Childbirth Classes:**  
Series of three classes  
Jan 6th, 13th, 27th  
Mar 3rd, 10th, 17th  
May 5th, 12th, 19th  
July 14th, 21st, 28th  
Sep 8th, 15th, 22nd  
Nov 3rd, 17th, 24th


**Newborn Care Classes:**  
Feb 3rd  
April 7th  
June 2nd  
August 4th  
October 6th  
December 1st

**Breastfeeding Classes:**  
February 10th  
April 14th  
June 9th  
August 11th  
October 20th  
December 8th

Free for Expectant Parents!

**600 Thomas Ave Room 157**  
All classes are from 5 pm - 7 pm

Deadline for Registration is the Friday before the class. Pre-registration is required. Contact 913-297-3212



Come join us to learn the cues to look for when deciding to potty train! Learn valuable tips to get you started!

## ACS New Parent Support 2025

# Potty Training

**Are you ready?**

**Time to lose the diapers?**

FREE For Parents of Children aged 0-4 years  
\*Pre-registration Required\*  
Deadline is Friday before class  
Contact 913-297-3212

**600 Thomas Ave Room 157**  
2/24, 4/28, 6/16, 8/18, 10/27, 12/15  
5 pm - 7 pm



## ARMY COMMUNITY SERVICE LOAN CLOSET

FORT LEAVENWORTH, KANSAS  
913-684-2830/2800

Who: All Active Duty, Retiree, DA Civilian and their family members who are either permanent party, TDY or PCSing.

When: M-F 0730-1630

Where: 600 Thomas Avenue (Pull into the Alley behind the ACS building and call the number on the black sign.

Rules: Loans are limited to 30 days for in and out- processing personnel. This can be extended by phone if needed. Checkout of items for an event is limited to 10 days. Customers are responsible for replacing any item that is damaged or lost.

**Items available:**

**Pre-Packed Kitchen Kit:**

1 Bowl (mixing)	1 Large Kitchen Knife
1 Pitcher	4 Steak Knives
1 Colander	1 Peeler
1 Cutting Board	1 Cookie Sheet
1 Skillet	2 Serving Spoons
2 Pots with Lids	1 Spatula
4 Plates	4 Plastic Glasses
4 Bowls	1 Can Opener
4 Coffee cups	1 Set of Measuring Spoons
4 Forks	1 Measuring Cup
4 Spoons	1 Pot Holder
4 Knives	

**Additional Items Available:**

Cheese Graters	Plates	Square Tables
Pizza Cutters	Bowls	Circle Tables
Spaghetti Servers	Coffee Cups	Folding Chairs
Tongs	Blenders	Strollers
Whisks	Coffee Makers	Baby Gates
Glass Baking Dishes-Rectangle	Crock Pots	Booster Seats
Glass Baking Dishes-Circle	Toasters	Cribbs
Muffin Pans	Rice Cookers	High Chairs
Hand Mixers	Microwaves	Pack and Play
Veggie Steamers	Indoor Grills	Laundry Baskets
Large Kitchen Knives	Electric Skillets	Sleeping Mats
Mixing Bowls	Panini Grills	Ironing Boards
Skillets	Plastic Glasses	Trash Cans
Pots with Lids	Utensils	

## Download the My Army Post App

Stay in the know at your Garrison

- Installation Services
- Gate Hours
- Community Events
- Maintenance Requests
- Weather
- Resources
- AND MORE







DoD

# Safe Helpline

Sexual Assault Support for the DoD Community

[safehelpline.org](https://safehelpline.org) | 877-995-5247



Real-Life Solutions for Successful Army Living

Victim Advocate Hotline: (913) 684-2537

Child Abuse Hotline: (913) 684-2111

SHARP Hotline: (913) 683-1443

Chaplain: (913) 683-1443

AER Assistance After Hours:

American Red Cross at (877) 272-7337



August & September Kids Classes

Messy Art

\$12 per class

Ages 7+

Thursday August 7 11am - 12pm

Thursday August 21 11am - 12pm

Thursday September 4 11am - 12pm

Thursday September 18 11am - 12pm

Color Me Happy

\$10 per class

Parent & Toddlers

Thursday August 14 10am - 11am

Thursday August 28 10am - 11am

Thursday September 11 10am - 11am

Thursday September 25 10am - 11am

Art History

\$20 per class (ages 7+)

Strawberries & Seurat

Wednesday August 20 1pm - 3pm

Cookies & Carle

Wednesday September 17 1pm - 3pm

Tuesday - Friday 9am - 4pm

Call now to register! (913) 684-3373

Ft. Leavenworth Arts & Crafts Studio

OPEN STUDIOS

Ask about our Hourly Fees

Multi-Craft Studio

Great for the whole family with supplies for any craft, personalized gift, or project you have in mind!

Painting Studio

Provided watercolor and acrylic supplies to create your own masterpiece.

Framing Studio

Assemble your own custom frames in our DIY Studio! Must take Intro to Framing before using DIY Studio.

Pottery/Ceramic Studio

We have all of the supplies you need for hand building and wheel throwing. We also offer a variety of customizable bisque pieces ready for you to glaze!

310 McPherson Ave • Fort Leavenworth, KS

leavenworth.armymwr.com

artsandcraftsfortleavenworth@gmail.com

Pottery/Ceramic Studio

New Pottery Classes! Wheel Throwing

\$40 per class

cost includes all supplies

pre-registration required

Thursday August 14 11am - 1pm

Tuesday August 26 11am - 1pm

Wednesday September 10 11am - 1pm

Tuesday September 23 6pm - 8pm

U.S. ARMY MWR

FOR MILITARY FAMILIES • RETIREE • CIVILIANS

August & September Workshops

Watercolor

\$30 per workshop

pre-registration required

Watercolor (Basics)

Tuesday, August 19 6pm - 8pm

Watercolor (Color Theory)

Tuesday, August 26 6pm - 8pm

Framing

\$40 per class

Intro to Framing

\*Must pre-register\*

Fridays August 8, September 12 10am - 2pm

Saturdays August 23, Saturday 27 10am - 2pm

Watercolor (Landscapes)

Tuesday, September 2 6pm - 8pm

Watercolor by the Lake (plein-air)

Tuesday, September 30 6pm - 8pm

scan for more info

Tuesday - Friday 9am - 4pm

Call now to register! (913) 684-3373

Ft. Leavenworth Arts & Crafts Studio

Paint & Sip

\$35

Must be 21 years or older.

BYOB

Back to School Friday, August 8 6pm - 8pm

Camping Under the Stars Friday, September 12 6pm - 8pm

Cost includes all supplies!

310 McPherson Ave • Fort Leavenworth, KS

leavenworth.armymwr.com

artsandcraftsfortleavenworth@gmail.com

Modern Calligraphy

Basics

\$20 per class

pre-registration required

Wednesday August 27 1:30pm - 3pm

Special Projects

Thank You Cards

Wednesday September 10 1:30pm - 3pm

Acrylic

\$35 per class

Acrylic Pour

Tuesday, August 19 11am - 1pm

Wednesday, September 24 11am - 1pm

Crafts

\$35 per class

Wooden Growth Chart

Thurs, August 14 6pm - 8pm

Wed, August 27 11am - 1pm

Wooden Birthday Calendar Board

Tues, September 16 6pm - 8pm

Fri, September 26 11am - 1pm

U.S. ARMY MWR

FOR MILITARY FAMILIES • RETIREE • CIVILIANS

WORLD'S OF FUN & OCEANS OF FUN

Harold Youth Center / 45 Biddle Blvd / Ft. Leavenworth, KS / 913-684-5115

TEEN SUMMER TRIPS

2025 Dates:

Friday June 6

Wednesday June 18

Friday June 27

Thursday July 3

Friday July 18

Thursday July 24

Thursday July 31

Friday August 8

Leaving from HYC at 10am, returning at 6pm

\$45 for each session or \$10 with a season pass (season passes can be purchased from Leisure Travel Services for \$94.50) Includes a sack lunch, transportation, and supervision. Trips are for 8th - 12th graders who are eligible to attend the Youth Center. Registration is at HYC two days before trip.

leavenworth.armymwr.com

We have KC Royals Tickets for the 2025 season!

Exclusive Military Rate for tickets and parking.

Ticket prices are based on tiers and vary depending on opponent.

For more info call, or stop by Leisure Travel Services.

(913) 684-2580

310 McPherson Ave (located inside the old USDB)

Or check out our website, Leavenworth.armymwr.com

Join Us!

Lancers

2025-2026

FORT LEAVENWORTH LANCERS SWIM TEAM

REGISTRATION OPENS AUG 8TH!

Open to all swimmers, military and civilian.

To schedule a tryout/group placement click "New Swimmer Information" on our website.

Practice begins Aug 18, 2025

Swimmers must be registered to practice.

August is free for new swimmers, register soon.

Only the registration fee is collected in Aug.

Practice at Harney Gym - 1LT David R. Bernstein Memorial Pool

USA SWIMMING REGISTRATION

2026 USA Swim Registration opens Sept 1st.

All swimmers must also re-register with USA Swimming.

www.fortleavenworthlancers.com





9th Annual  
Trails West Golf Course  
**Ladies Invitational**



**SATURDAY, AUGUST 16 • 9AM Shotgun Start**  
**\$50 MEMBERS • \$60 NON-MEMBERS**

**Relaxed 2-Person Scramble Format**

All ladies play Red Tees.

Entry includes greens fees, cart, range balls, lunch, beverages, hole prizes, flight prizes and a day of fun with friends.

A taco buffet will be served after the round.

Optional Mulligans available.

Call (913) 651-7176 to register by August 13th.  
Trails West Golf Course • 306 Cody Rd • 913-651-7176



No Federal Endorsement Implied



**CGSC GET  
ACQUAINTED  
SCRAMBLE**

**Great Prizes  
& lots of FUN!**

**Hill**



Registration opens on July 23rd  
and closes August 20th.

**Relaxed 4 - Person Scramble**

**All CGSC Students and Families  
are encouraged to participate!**



no federal endorsement implied



TRAILS WEST  
GOLF COURSE  
306 Cody Rd  
Fort Leavenworth, KS  
913-651-7176

**Saturday  
August  
23rd  
0800  
shotgun start**

**\$50 members  
\$60 non-members  
\$35 Youth 16  
and under**

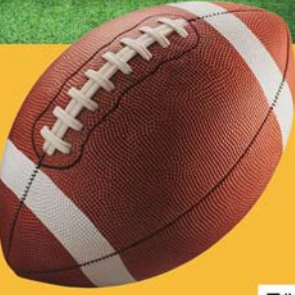


leavenworth.armymwr.com



ADULT SPORTS  
**FLAG  
FOOTBALL  
LEAGUE**

Want to get fit and have a blast doing it?  
The only catch is the one you make.  
Flags up, game on!




**Coaches Meeting:**  
Wednesday, August 13  
5:30pm  
Gruber Fitness Center  
200 Reynold Ave  
Ft. Leavenworth, KS

League play begins  
**Tuesday September 2.**  
*Letters of intent due by  
COB on August 27.*

**Games: Tuesdays, Thursdays**  
5:30pm, 6:30pm, 7:30pm  
Gruber Football Field

Open to all Active Duty, DOD Civilians, Retirees, Dependents, Spouses,  
and Contractors working at Fort Leavenworth ages 18+.  
League awards given for regular season champions,  
tournament runner-ups and tournament champions.  
For more info call 913-684-3224/ 5136  
leavenworth.armymwr.com



Starting June 2nd, 2025

**Fort Leavenworth  
Group Fitness Classes**

**GRUBER FITNESS CENTER** - 200 Reynolds Ave. - 684-5120  
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530						
0900						Power Yoga (Kim)
0930	Zumba (Virmarie)					
1200						
1630		Zumba (Virmarie)	Power Cycling (Kim)			
1700	Power Yoga (Kim)					

**HARNEY SPORTS COMPLEX** - 185 Fourth St. - 684-2190  
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

\*Power Cut classes are held in the Bubble Gym



**Single Ticket For \$5.00**

**10 Tickets For \$45.00**

**20 Tickets For \$80.00**



<https://leavenworth.armymwr.com>

**Independent Instructor  
Class Schedule**

**Gruber Fitness Center**

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Brazilian Jiu-Jitsu Beginner 1830-1930</b>	<b>Brazilian Jiu-Jitsu Beginner 1830-1930</b>	<b>Brazilian Jiu-Jitsu Beginner 1830-1930</b>	
	<b>Advanced 1940-2040</b>	<b>Advanced 1940-2040</b>	<b>Advanced 1940-2040</b>	


1 x a week - \$60 2 x a week - \$75 3 x a week - \$85 Drop in \$20  
First class is FREE! Must have 24 hour access to gym. Classes are 18+ Register in person

**Harney Sports Complex**



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Olympic Lifting 0900-1015</b>		<b>Olympic Lifting 0900-1015</b>		<b>Olympic Lifting 0900-1015</b>
<b>Kids Olympic Lifting 1600-1700 Bubble Gym</b>		<b>Kids Olympic Lifting 1600-1700 Bubble Gym</b>		

Olympic Lifting - \$75 (3 days) **\$70** (2 days) **\$10** (drop in)  
Kids Olympic Lifting - \$75 (NO drop in)  
First class is FREE! Olympic Lifting and Resistance Training is for 18+

Harney Sports Complex & Aquatics Center  
185 Fourth St  
Ft. Leavenworth, KS  
913-684-2190



Gruber Fitness Center  
200 Reynolds Ave  
Ft. Leavenworth, KS  
913-684-5120



**Combined League  
Scramble**


9-hole 5pm shotgun start  
Trails West Golf Course  
306 Cody Rd  
Fort Leavenworth  
Meal to follow play!

**April 30  
June 25  
August 27  
September 24**

**\$5 FOR SCRAMBLE  
\$15 FOR MEAL**

Players registered in the Monday Intramural League, Tuesday Women's League, Wednesday League, and Couples Thursday League are eligible to participate in the Combined League Scramble. The Pro Shop will assign teams. Enjoy drink specials all night at The Fairway Grille! Register by COB on Monday of each week

For more information call 913-651-7176 or visit leavenworth.armymwr.com





**Couples  
League**

Are you looking for some good old-fashioned fun?

Grab your spouse or partner and come on out to Trails West Golf Course! Featuring fun formats and end of season prizes!

**1st and 3rd Thursday of every month at 5pm**  
Trails West Golf Course  
306 Cody Rd  
Fort Leavenworth



Annual pass holders : Free  
Non-pass holders: \$35 per person  
Weekly: \$70 per team  
Weekly: \$5 per person

Registration is open now!  
Call for more info 913-651-7176



Scan here to follow Ft. Leavenworth FMWR on FB

For more information: leavenworth.armymwr.com



**Trails West  
Golf Course  
Wednesday League**


Every Wednesday at 5pm  
Trails West Golf Course  
306 Cody Rd  
Fort Leavenworth

Each week will feature a unique event format. 100% of the weekly fee is awarded to the weekly winners in Golf Pro Shop Gift Certificates. All weekly events are flighted and everyone has a chance to win on any given week! Minimum is 20 players

Free registration for annual pass holders, \$35 for non-pass holders. All players pay a \$5 weekly fee. Registration is open now! Players may join at any time during the year.

For more information call: 913-651-7176  
visit: leavenworth.armymwr.com


Scan here to follow Ft. Leavenworth FMWR on FB



**Swimming Lessons**  
**Bernstein Memorial Indoor Pool**

Enrollment opens Wednesday, 6 August at 0800  
**August 25, 26, 27, 28, September 2, 3, 4, 5**  
Week 1: Monday-Thursday, and Week 2: Tuesday - Friday  
**(8 classes) \$64.00**

50503-48	1200-1230 Parent Child	max 6
50503-49	1245-1315 Preschool Level 1	max 5
50503-50	1330-1400 Preschool Level 2	max 5
50503-51	1415-1445 Preschool Level 1	max 5
<b>Break</b>		
50503-52	1545-1615 Learn to swim level 1	max 5
50503-53	1630-1700 Learn to swim level 2	max 6
50503-54	1715-1745 Learn to swim level 3	max 6





**Swimming Lesson Age Requirements:**

**Parent Child:** participants may be 6 months - 3 years and must be accompanied into the water by a parent or guardian.


**Preschool levels:** Participants must be 4 years - 5 years old.

**Learn-to-swim levels:** Participants must be 6 years old -17 years old.



**Fall Youth Sports  
& Fitness**

Confidence begins here!  
Are you in?




<b>Flag Football</b> (1st - 2nd grades) (Ages 7 - 8) Monday/ Thursday/ Sept 9 - Oct 23 (3rd - 4th grades) (Ages 9 - 10) Monday/ Wednesday Sept 8 - Oct 22 (5th - 6th grades) (Ages 11 - 12) Monday/ Wednesday Sept 9 - Oct 23 <b>\$50</b>	<b>Soccer</b> 6 & Under (Ages 5 - 6) 8 & Under (Ages 7 - 8) 10 & Under (Ages 9 - 10) Sept 8 & 9 - Oct 22 & 23 Under 12 & 14 TBA <b>\$50</b>	<b>Cheerleading</b> (Ages 5 - 12) Monday/ Wednesday Sept 8 - Oct 22 Participants will cheer for all 3rd/4th & 5th/6th grade Teams. *Pom-poms, shirt, and skort are included in the cost. <b>*\$55</b>	<b>Fall Running Club</b> (3rd - 8th grades) (Ages 8 - 14) Tuesday/ Thursday Sept 9 - Oct 25 Season ends with the Halloween 5K. <b>\$50</b>
---	--	--	---

Start Smart Flag Football (Ages 3 - 4)  
\$30  
Sept 15 & 17 - Oct 15 & 20

Start Smart Soccer (Ages 3 - 4)  
\$30  
Sept 16 & 18 - Oct 14 & 16

Registration and enrollment will begin July 7 and close Aug 4  
All Youth must have an updated sports physical before first practice. Enrollment can be done at all CVS locations if centrally registered. Webtrac online enrollments can only be done with a Youth Sports Physical that covers the entire season. Volunteer Coaches are needed!  
For more information call 913-684-7525 or 7526



ADULT CLASSES  
**TAEKWONDO**


Kick your fitness into high gear!

**Tuesdays & Thursdays**

Offered from:  
• 6pm - 7pm  
• 7pm - 8pm  
**\$65 per month  
\$10 for a single class**

Gruber Fitness Center  
200 Reynolds Ave  
Fort Leavenworth, KS  
913-684-3224 or 5136

Open to eligible DOD ID card holders.  
Must be 18+ and have 24/7 access prior to taking first class.







BRUNNER RANGE



2025



CALENDAR

For more information (913) 651-8132  
701 Sheridan Dr. Fort Leavenworth, KS 66027

Fun Shoot	Special Fun Shoots	League Schedule
1st Saturday of every month		
4 January	• Rod & Gun 16 April	• Winter Combo 9 January - 13 March
1 February	• VFW Post 12003 26 April	• Spring Combo 20 March - 22 May
1 March	• Lil Weenie 17 May	• Summer Warm-up 5 June - 10 July 17 July - 21 August
5 April	• Club Championship 21 June	• Fall Combo 4 Sept - 6 Nov
3 May	• One Gun/One Choke 19 July	• Winter Warm-up 13 Nov - 18 Dec
7 June	• Shuck n' Chuck 16 August	
5 July	• American Legion Post 411 20 September	
2 August	• Rod & Gun 15 October	
6 September	• Lil Weenie 18 October	
4 October		
1 November		
6 December		

Hours:  
Wednesday 12:00-8:00pm  
Thursday 12:00-8:00pm  
Saturday 10:00am-5:00pm  
Sunday 10:00am-5:00pm  
CLOSED  
M, T, F  
Fun Shoots begin at 9:00am  
Rod & Gun begin at 6:00pm

SCAN HERE



LEAVENWORTH.ARMY.MWR.COM

FUN SHOOT

Brunner Range

1st Saturday of the Month

Jan 4 - Dec 6 2025

Feb 1, Mar 1, Apr 5, May 3, Jun 7, Jul 5, Aug 2, Sep 6, Oct 4, Nov 1,

Registration is required and can be done the day of the event from 9AM-10:30AM.

Rental guns and shells are available or bring your own.

Prizes and awards distributed at the end of each shoot.

Info: (913) 651-8132  
701 Sheridan Drive



BRUNNER RANGE 2025

SPECIAL FUN SHOOTS

16 April	Rod & Gun Club
26 April	VFW Post 12003
17 May	Lil Weenie
21 June	Club Championship
19 July	One Gun/ One Choke
16 August	Shuck n' Chuck
20 September	American Legion Post 411
15 October	Rod & Gun Club
18 October	Lil Weenie

Contact Brunner Range for more information  
(913) 651-8132

Brunner Range

2025

LEAGUE SCHEDULE

Winter Combo  
9 January - 13 March

Spring Combo  
20 March - 22 May

Summer Warm-up  
5 June - 10 July  
17 July - 21 August

Fall Combo  
4 September - 6 November

Winter Warm-up  
13 November - 18 December

Combo leagues shoot on Thursday evenings. Teams consist of 5(+/-) shooters. All teams take turns supplying an evening meal at approximately 5:30 pm with shooting commencing at 6:00 pm. Summer and Winter Warm-up leagues are individual with the same fee but no food.

Contact Brunner Range for more information  
(913) 651-8132

DID YOU KNOW BRUNNER RANGE SELLS FIREARMS?


They will sell your firearms on consignment.

Or special order and work with you to find the perfect firearm to meet your needs.

Brunner Range also provides transfer services for firearms.

Call, or stop by for more info:  
(913) 651-8132  
701 Sheridan Dr.  
Wed - Thurs: 12PM - 8PM  
Sat - Sun: 10AM - 5PM





Fort Leavenworth's  
Rod and Gun Club

Advanced Hunter Education & Hunting Dog Training

Saturday, 11 OCT 25

(Inclement weather backup date is 18 OCT 25)

0730-1830 Hrs

Location: Northwest Leavenworth County

Note: Pheasants will be used.

A team consists of 1 dog (pointing or flushing), 2 hunters and as many shotgun shells as desired. At least 3 game farm pheasants will be in the field for each team. The focus is on a safe, live fire training experience for the hunters and dogs finding and retrieving harvested pheasants in field conditions. Prizes are awarded to top performing teams; scoring is based on the team's combined firearms handling and hunting skills. The event is open to Club members, active duty and retired military, military dependents, Federal employees, and invited guests. Entry fees are \$75 for Club members and \$85 for non-members. Participation is **limited up to 28 paid & registered** teams (depending on field and crop conditions). Registration **opens** 1730 hours **13 AUG** and **closes** 1700 hours **29 SEP**. Rules and final location will be provided by email. Rules are reviewed prior to each team's start on site. Initially, a household can enter 1 dog as a primary; additional dogs will be put on the "Stand-by List" with accompanying reimbursable fees and registration(s). If the event is not full by 1700 hours 29 SEP, paid and registered Standbys are drawn (one per household) until all have had a 2<sup>nd</sup> chance to fill vacant slots. Remaining unfilled slots will be filled with 3<sup>rd</sup> dog stand-by's, etc. Running order is determined by a **random, slotted draw o/a 30 SEP** with the initial draft released on 1 OCT and feedback due by 6 OCT so the running order can be finalized by 9 OCT 25.

For more information and entry forms contact Kent Ervin, 913-240-9596.

Volunteer!

Help Shelter Pets!

They need your help for walks and general care!

They enjoy the love, attention, and affections, too!

Several shifts to choose from

Want to know how to join our team?

Register at  
<https://vmis.armyfamilywebportal.com/>.

Once registered, we will contact you and have you come in for a training with a team member.


After you train, you shadow two shifts. Then you are ready to help shelter pets!


Watch the **Fort Leavenworth Stray Facility** Facebook page for training events!

Once you register, train, and shadow, you can sign up for any shift you can cover.



Children under 18 can help, but they must be accompanied by an adult the entire shift.

Work with either our cats or dogs or both!






Fort Leavenworth Stray Facility  
510 Organ Avenue  
Fort Leavenworth, KS 66027



Ft. Leavenworth  
International Loan Closet

Located in the alley off McClellan & Kearny  
Hours Vary, Check FB Page





# MUNSON NOTES

## MUNSON NOTICES

■ The **MUNSON ARMY HEALTH CENTER PATIENT AND FAMILY PARTNERSHIP COUNCIL** meets at noon Aug. 15 in the Rosie Gates Conference Room at MAHC. The PFPC captures voices and insights of patients and families to improve the patient care experience. The council meets quarterly and is composed of volunteers who represent the interests of patients who receive care from MAHC. Volunteers can be active-duty, active-duty family member, retirees or retiree family members. Call 913-684-6211 or e-mail [usarmy.leavenworth.medcom-mahc.mbx.patient-advocate@health.mil](mailto:usarmy.leavenworth.medcom-mahc.mbx.patient-advocate@health.mil) if interested in participating.

■ Community Blood Center of Kansas City will conduct a **BLOOD DRIVE** from 9 a.m. to 2 p.m. Aug. 28 at Frontier Chapel. Sign up at [savealifenow.org/group](http://savealifenow.org/group) and use group code BK.

■ It is important that military families new to the Fort Leavenworth community **ESTABLISH A NEW PRIMARY CARE MANAGER** for their health care needs. Munson Army Health Center offers a wide range of primary care providers to choose from for personalized care at a convenient on-post location. Once your new address is established in DEERS, call 1-888-TRI-WEST (874-9378) and follow the prompts to establish a primary care manager at MAHC. Learn more about services at [munson.tricare.mil](http://munson.tricare.mil).

■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are **ELIGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE**. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit <https://dvidshub.net/r/8wttlf>.

■ The **NUTRITION CARE DIVISION** offers a broad range of nutritional services designed for service members, families, and retirees. Individual Nutrition Therapy and Group Nutrition Therapy are available, and include the Body Composition Program, Weight Control Program, Prenatal Nutrition and Wellness for Life. Call the appointment line at 913-684-6250 to schedule an appointment with MAHC's registered dietitian.

■ **MEDICAL APPOINTMENT CHECK-IN:** Please arrive 15 minutes prior to your appointment to complete any required paperwork and bring the following items: DoD ID card; list of current medications including over-the-counter meds, vitamins, and supplements; any relevant paperwork or forms; and a list of questions or concerns. If you are not able to make your scheduled appointment, call the appointment line at (913) 684-6250 to cancel.

■ Munson Army Health Center Pharmacy offers patients a variety of **OVER-THE-COUNTER MEDICATIONS AT NO COST** to service members, retirees and family members. These items are available without a prescription or medical appointment. These self-care items are comparable to those available for purchase from retail stores and include pain relievers, cough medicine, allergy medication, antibiotic ointment, lice treatment and much more. Visit <https://munson.tricare.mil/Health-Services/Pharmacy> and scroll down to the Over-the-Counter Medication Program for details.

## MUNSON ARMY HEALTH CENTER SCHOOL AND SPORTS PHYSICALS



**IF YOUR CHILD WILL PLAY ORGANIZED SPORTS THIS FALL, CALL 913-684-6250 TO SCHEDULE THEIR PHYSICAL NOW.**

## Speak up! Your voice matters

### Volunteer to become a **patient and family advisor** on our patient and family partnership council

The Patient and Family Partnership Council captures the voices and insights of patients and families to improve the care experience.

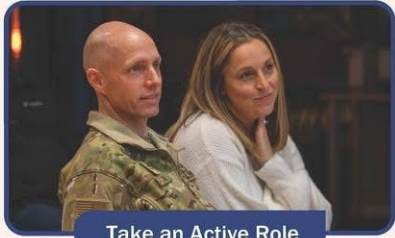
 **Is being a patient and family advisor right for you?**

#### We are looking for volunteers who can:

- Partner with other patients and staff to help improve care
- Represent the interests of all patients cared for by the military treatment facility
- Work well in teams and have fun!



Patient and Family Advisors



Take an Active Role



Improve Staff-Patient Communication



Make a Difference in the Care of Fellow Service Members and Their Families

### Learn more about the Patient and Family Partnership Council!

For more information, contact:

**Munson Army Health Center Patient Advocates at 913-684-6211/6127**



T H E F O R T L E A V E N W O R T H

NEW CONTENT  
EVERY THURSDAY



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*Fort Leavenworth Lamp*.

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- Community Features
- Pet of the Week
- Upcoming Events
- and more!

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