

THURSDAY
SEPTEMBER 4, 2025



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2nd Harding Project Workshop establishes way ahead for Broadening Opportunity

by Jessica Brushwood/Army University Public Affairs Office

The Harding Project is consolidating gains after generating multiple wins over the last 18 months to strengthen the Army profession by reinvigorating professional writing.

Fifteen Harding Fellows and civilian editors from the branch journals joined the project's directors and Army University Press staff for the second Harding Project workshop Aug. 18-20 at Fort Leavenworth.

Four of the fellows are the first to experience the new three-year Broadening Opportunity Program, or BOP.

The expanded Harding Project BOP involves participants earning a master of science in journalism and mass communications at the University of

Kansas before returning to their assigned center of excellence to serve as the editor-in-chief of that journal.

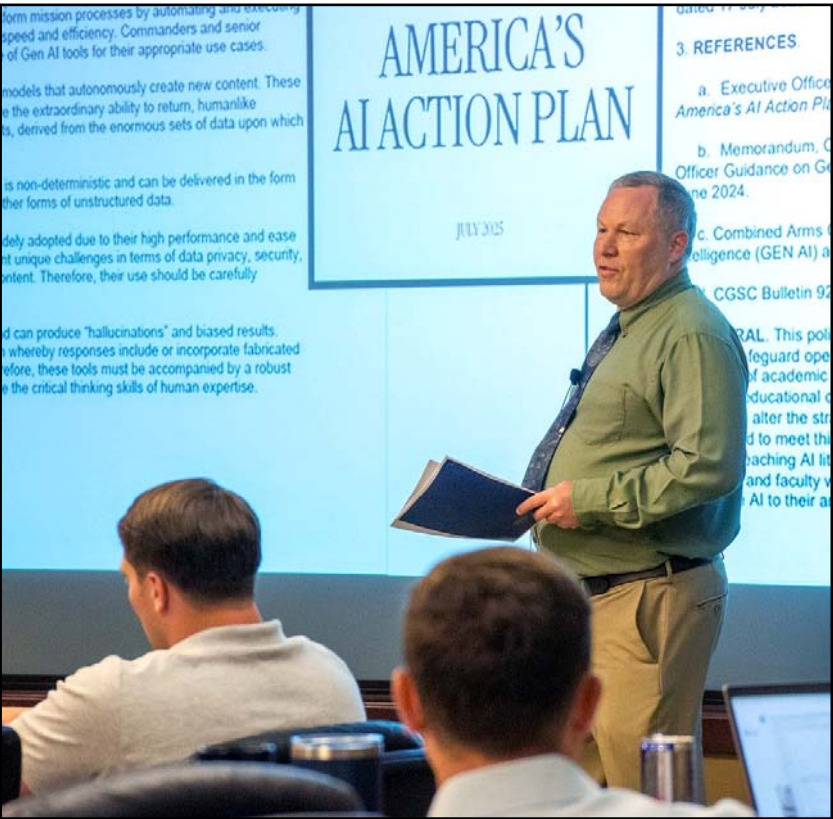
Army University Press, which is responsible for the management of the Harding Project, coordinated and hosted the event.

Attendees heard from Maj. Kyle Atwell, Harding Project director, on the rapid progress made since the summer of 2024 and discussed the way ahead.

Working groups addressed items like the growing use of artificial intelligence in professional writing, marketing the journals and program, acquiring high-quality articles relevant to today's Army and technical training for publishing.

Throughout the three days,

SEE **HARDING PROJECT WORKSHOP** | A4



Dr. Robert Davis, associate dean of Academics, Command and General Staff College, leads attendees of the second Harding Project Workshop through a discussion of artificial intelligence in journal writing Aug. 18 in Arnold Conference Room at the Lewis and Clark Center. Working groups also addressed topics like marketing the journals and program, acquiring high-quality articles relevant to today's Army, and technical training for publishing.

Photo by Dan Neal/Army University Public Affairs

Moldova's minister of defense inducted into IHOF

by Sarah Hauck/Army University Public Affairs Officer

The Republic of Moldova's Minister of Defense Anatolie Nosatii was inducted into the Command and General Staff College's International Hall of Fame Aug. 20 during a ceremony in the Pentagon's Hall of Heroes in Arlington, Virginia.

Nosatii is the fourth Moldovan to be inducted into the IHOF, which includes more than 300 individuals. IHOF represents CGSC graduates who have returned to their home countries and risen to the highest positions of uniformed leadership within their home countries' defense forces.

"Today's ceremony epitomizes the best of this time-hon-

ored tradition, celebrating the brilliance and capabilities of an exceptional military officer, defense minister, husband, dad, son and friend," said Jim Fain, director of the International Military Student Division, CGSC. "We are confident that you agree this is a fitting tribute to Minister Nosatii's exemplary career to date and to his future successes that assuredly lie ahead of him."

Nosatii's military career began in 1994, Fain explained, with a long career of education and training, which brought him to the United States on several occasions.

Nosatii has commanded at many levels of leadership to

SEE **INTERNATIONAL HALL OF FAME** | A4

MAHC Pharmacy staff earn top regional honors

by Maria Christina Yager/Munson Army Health Center Public Affairs Officer

Three Munson Army Health Center employees were recognized as Defense Health Network, West Civilian Pharmacy Award winners Aug. 20.

Dr. Jarrod Miller was named Outpatient Pharmacist of the Year; Christina Puppolo earned Supervisory Technician of the Year; and Vielka Asbury received Support Technician of the Year.

"Team Munson took home three of the four categories this year," said Col. Jolanda L.J. Walker, MAHC's director. "We're very fortunate to have such an outstanding pharmacy team who go above and beyond to support our patients every day."

The DHN West Civilian Pharmacy Awards highlight civilian pharmacy employees whose performance strengthens the Defense Health Agency's mission and improves patient care.

Dr. Jason Brozek, MAHC's chief of pharmacy services, praised Miller's leadership and teamwork.

"Dr. Miller is the kind of teammate everyone wants," Brozek said. "He brings a positive attitude, embraces challenges, and inspires those around him. He's the first person both pharmacists and technicians go to with questions, and he always takes the time to give

SEE **MAHC PHARMACY AWARDS** | A3

Army Corrections marks 150th anniversary

HISTORY SERIES

Editor's note: This is the third and final installment in a multi-week series about the history of Army Corrections.

This week's issue of the Lamp wraps up the History Series, which covered the beginning of Army Corrections through post-World War II Aug. 21, continued with the 1960s through 1990s in the Aug. 28 issue, and concludes with 2000 to present day this week.

by Pete Grande/Army Corrections Command Historian

The U.S. Army is celebrating its 250th birthday this year and has been using the motto "This We'll Defend" since the Revolutionary War.

The mission of the Army is to deploy, fight and win the nation's wars by securing ready, prompt and sustained land dominance



Photo by Prudence Siebert/Fort Leavenworth Lamp

Squad leaders Staff Sgt. Kevin Shaffer and Staff Sgt. Patrick Manning straighten the line as soldiers from A Company, 705th Military Police Battalion, move in closer to rioting "inmates" during a counter disturbance exercise at the new U.S. Disciplinary Barracks Aug. 15, 2002. Soldiers participated in two weeks of individual and group training, which tested their knowledge as guards and their ability to handle emergency situations at the new facility before it became operational later that fall.

by Army forces across the full spectrum of conflict as part of the joint force.

History has documented

that not everyone follows the rules of their armies, and a fraction of American soldiers have strayed from

the acceptable norms.

SEE **150 YEARS OF ARMY CORRECTIONS** | A6

AT A GLANCE

■ **MILITARY LIVING HISTORY DAY** is 9 a.m. to 4 p.m. Sept. 6 at the Frontier Army Museum.

■ Unified School District 207's annual **FREEDOM WALK** is at 9:30 a.m. Sept. 11 at Normandy Field by the district office.

■ The **RUN/WALK FOR THE FALLEN** is at 8 a.m. Sept. 13 at the Resiliency Center.

■ The **SEND OFF TO SUMMER PARTY** is 4-7 p.m. Sept. 13 at Harrold Youth Center. Call 913-684-5118 for more information.

■ The **ARMY CIVILIAN PRE-RETIREMENT SEMINAR** is from 8:30 a.m. to 4 p.m., or until complete, Sept. 24 in DePuy Auditorium in Eisenhower Hall. The seminar can also be accessed via Teams.

Community charged with increasing awareness, compassion



by Kenneth Bradley/Fort Leavenworth Army Substance Abuse Program Manager

September is Suicide Prevention Month. During September, and throughout the year, the Army is dedicated to preventing suicide by addressing stigma and shifting harmful perceptions, spreading hope and sharing vital information about resources that support suicide prevention.

As summer fades and we move into September, our community joins a national effort to focus on a critical issue: suicide prevention.

Designated as Suicide Awareness Month, September is a time for open conversation, education, and, most importantly, offering support to those who might be struggling.

The Army's 2025 Suicide Prevention Month theme is "We Are Stronger Together. Connect to Protect." This theme emphasizes the role that strong, positive relationships play in countering suicide risk. Healthy bonds and engagement in activities at school, work and in the community increase our well-being and resilience. Connecting with others fosters a sense of belonging, encourages healthy coping and creates a support system of people and resources we can rely on when difficulties

COMMENTARY

arise.

Suicide is a complex problem with no single cause. It impacts people of all ages, backgrounds and walks of life. Often, those contemplating suicide are facing overwhelming challenges — mental health conditions, relationship difficulties, financial hardship or the loss of a loved one. These struggles can leave individuals feeling isolated, leading them to believe they have nowhere to turn.

Why awareness matters

Raising awareness isn't just about acknowledging the problem; it's about dismantling the stigma surrounding mental health. Too often, individuals hesitate to seek help due to fear of judgment or misunderstanding. By openly discussing suicide, we create a safe space for those in need to come forward and access the resources they deserve.

Recognizing the signs

Knowing the warning signs is crucial. Warning signs can include:

- Talking about wanting to die or disappear.
 - Feeling hopeless or having no purpose.
 - Withdrawing from friends and family.
 - Giving away prized possessions.
 - Increased substance use.
 - Dramatic changes in mood or behavior.
 - Expressing feelings of being a burden to others.
- What you can do**
- If you notice these signs in someone you know, reach out. A simple conversation can make a world of difference.
- Ask directly: "Are you thinking about suicide?" Asking does not put the idea in their head.
- Listen without judgment. Let them share their feelings without interruption or criticism.
- Express your concern. Let them know you care and want to help.
- Encourage professional help. Help them connect with resources like the 988 Suicide and Crisis Lifeline.
- Stay connected. Continue to check in on them and offer your support.

Resources available

Help is available 24/7. Here are some vital resources:

- 988 Suicide and Crisis Lifeline Dial or text 988.

This is a national network providing confidential support.

- Crisis Text Line Text HOME to 741741.
- The Veterans Crisis Line (Specifically for veterans and their families) Dial 988 then Press 1, or text 838255.
- The Substance Abuse and Mental Health Services Administration (SAMHSA) 1-800-662-HELP (4357) <https://www.samhsa.gov/>
- The Fort Leavenworth Army Substance Abuse Program Suicide Prevention Program Coordinator Dial 913-684-2869 or 913-684-2874.

A community commitment

Suicide prevention is a community effort. This September let's pledge to be more aware, more compassionate and more proactive in supporting those around us. By working together, we can create a community where everyone feels valued, supported and empowered to seek help when they need it.



FORT LEAVENWORTH LAMP

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MAHC Pharmacy awards (continued from Page A1)

thoughtful, well-researched answers while still excelling in his own work.”

Brozek also highlighted Puppolo’s leadership as a pharmacy technician supervisor.

“Christina sets a high standard for her team, but she does it with encouragement and teaching,” he said. “She notices what her team needs, can step into any role, and makes both patients and staff feel valued. That commitment to safety and efficiency makes a real difference.”

For Miller and Puppolo, this year’s selection marks back-to-back wins.

As a support technician, Asbury keeps MAHC’s pharmacy stocked with medications — no small task when it comes to balancing patient needs and budget constraints.

“Vielka is excellent at managing high-cost medications without overstocking,” Brozek said. “That kind of stewardship ensures patients have what they need while keeping the pharmacy reliable and cost-effective.”

The three winners will now advance to the Defense Health Agency-wide competition later this year, competing against counterparts from across the country and overseas. National winners will be announced during the Joint Federal Pharmacy Seminar.

MAHC is one of nine military treatment facilities within DHN West and provides care for more than 13,000 Military Health System beneficiaries. The health center supports the U.S. Army Combined Arms Center’s mission, and its services range from primary care to pharmacy, laboratory, mental health and 24/7 medical support for the Military Corrections Complex, home to the Department of Defense’s only maximum-security prison.

For career opportunities at MAHC, visit [USAJobs.gov](#) and search “Military Treatment Facilities under DHA” and “Fort Leavenworth, Kansas.”



Vielka Asbury, Christina Puppolo and Dr. Jarrod Miller, Defense Health Agency employees at Munson Army Health Center, were recognized as Defense Health Network, West Civilian Pharmacy Award winners on Aug. 20.

Miller was named Outpatient Pharmacist of the Year.

Puppolo earned Supervisory Technician of the Year.

Asbury received Support Technician of the Year.

They will now advance to the Defense Health Agency-wide competition later this year, competing against their counterparts from across the country and overseas.

Photo By Maria Christina Yager/
Munson Army Health Center
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Harding Project Workshop

(continued from Page A1)

Col. Andrew Steadman, Army University Press director, emphasized the various leadership roles the fellows must fill to ensure success of both their respective journal and the Harding Project at-large.

“What you all are in this program are enablers. This whole project is about telling people across the force that the ideas they have about leadership, artificial intelligence and future warfare have the potential to impact others,” Steadman said. “Right now, there is someone sitting at Fort Bragg that has a solution to a problem that someone in Korea has. How do we connect those two?”

Atwell elaborated on the importance of the Harding Project and its impact on the joint force.

“I truly believe in the mission. We are in an interwar period. Interwar periods are an opportunity to learn lessons, that during (a conflict), we are going to have to learn through American blood. This is our chance to capture those lessons, to learn and to innovate,” Atwell said.

A milestone for the Harding Project was the launch of the Line of Departure website, <https://www.lineofdeparture.army.mil/>, which provides a centralized web and mobile-friendly access point for all Army professional journals.

The website, along with the Harding Project Substack, <https://www.harding-project.com/>, continues to see a growth in readership while the branch journals have seen significant increases in writing submissions.

Col. Ethan Diven, Army University provost, emphasized the support the fellows have. He also explained the importance of exploring topics and challenges to develop how the Army and workforce develops.

“The chief has charged us to transform the way we think, we fight, we deliver professional military education. Part of that is through communication,” Diven said.

Virtual keynote speaker retired Lt. Gen. James Dubik stressed the importance of continuing to encourage others to write, highlighting that senior leaders need the perspectives of junior leaders.

“Our profession is an intergenerational profession. We learn from each other,”



Photo by Dan Neal/Army University Public Affairs

Maj. Kyle Atwell, director, Harding Project, addresses the attendees of the second Harding Project Workshop Aug. 18, 2025, at Fort Leavenworth, Kansas. Working groups addressed items like the growing use of artificial intelligence in professional writing, marketing the journals and program, acquiring high-quality articles relevant to today’s Army, and technical training for publishing.

Dubik said.

The changing character of war is impacting every facet of the Army, and there is no limit to the topics soldiers can write about, Dubik explained, to include implications for the professions and all of the technol-

ogy associated with the fourth industrial revolution.

“There are huge changes that are at play, and only those who are in the field with their fingers on the pulse of these changes can write about this, and talk

about this, and express this,” he said.

Members of the armor, field artillery, medical, signal/cyber, protection or aviation branch interested in applying for the program can visit <https://www.lineofdeparture.army.mil/Hard>

ing/. The window for applicants for the Harding Fellows 2026 Cohort closed Aug. 29.

International Hall of Fame

(continued from Page A1)

include battalion, brigade, land-forces and more than three years at the United Nations headquarters in New York.

He reached his current and more prestigious career milestone as Moldova’s minister of defense in 2021.

While his list of military awards includes the Presidential Medal of Military Merit and Order of Allegiance to the Motherland, induction to the CGSC IHOF is an honor that reflects on Moldova’s commitment to military leader development and success, Fain explained.

A total of 37 Moldovan officers have graduated CGSC’s Command and General Staff Officer Course, punctuating Nosatii’s military achievement as the fourth inductee from the country.

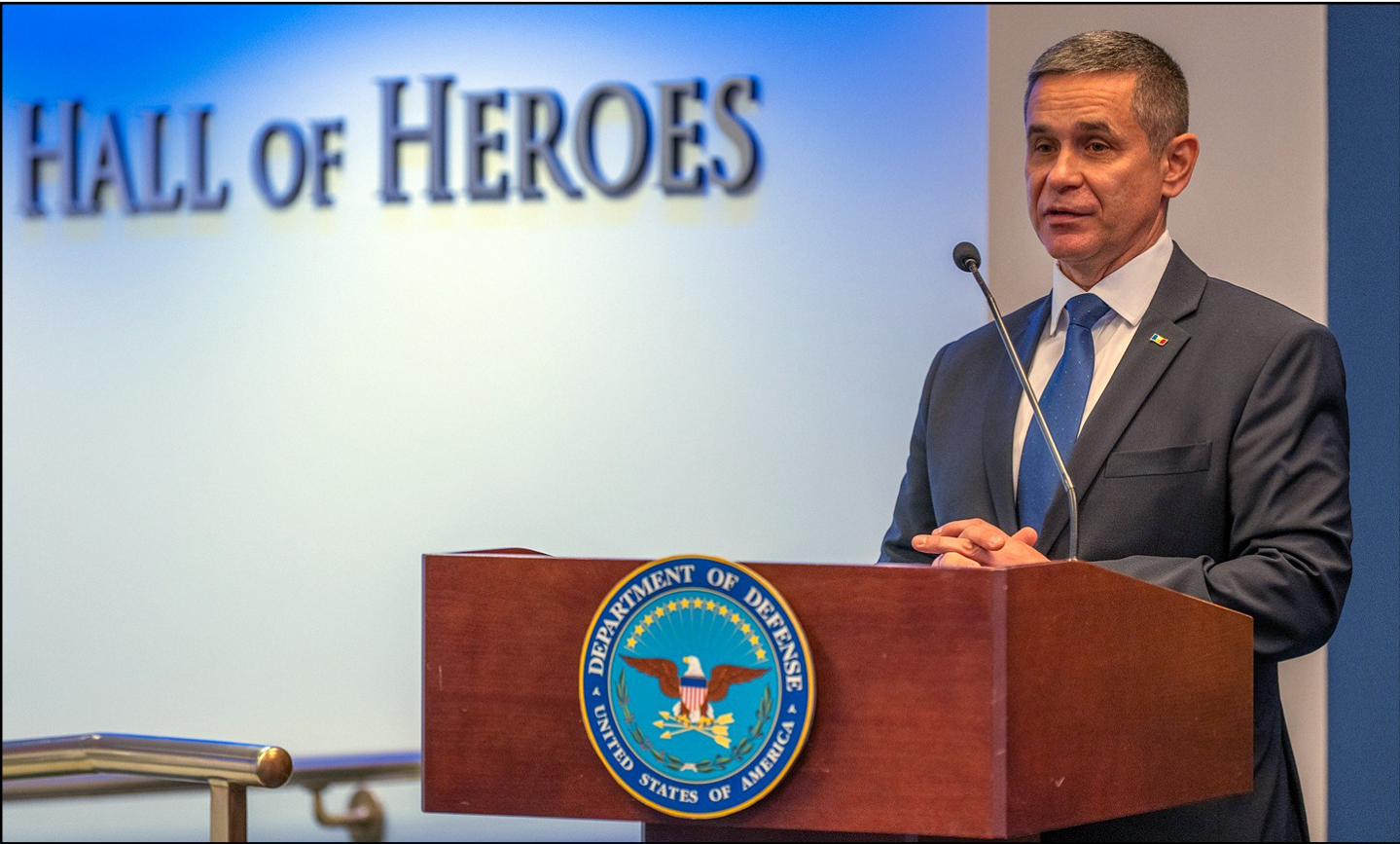
Nosatii’s CGSOC Class of 2005 has generated IHOF inductees from four other countries — Belize, El Salvador, Guyana, and Trinidad and Tobago.

“It is with great pride that we recognize your achievements today and look forward to continuing to partner with you, your countrymen and your fellow soldiers and officers for many decades to come,” Fain said.

International Hall of Fame

In 1973, CGSC, the Kansas City Chapter of the Military Order of the World Wars, and the Alumni Association — now known as the CGSC Foundation — jointly established the International Hall of Fame.

The purpose of IHOF is to provide a means of recognition for international graduates, who through military merit, attained qualifying positions of importance in their respective country’s armed forces;



U.S. Army photos by Christopher Kaufmann

Anatolie Nosatii, Moldova's minister of defense, gives his remarks during his induction ceremony into the Command and General Staff College International Hall of Fame Aug. 20 in the Pentagon Hall of Heroes at Arlington, Virginia.

or who have held an equivalent position by rank or responsibility in a recognized multinational military organization.

The International Hall of Fame currently has 306 inductees, representing 81 different countries. Each inductee’s portrait hangs in the IHOF within the Lewis and Clark Center and is a highlight for visitors.



Maj. Gen. Stephanie Ahern, director, Strategy, Plans and Policy, Office of the Deputy Chief of Staff, G-3/5/7, and Anatolie Nosatii, Moldova's minister of defense, uncover the plaque to commemorate Nosatii’s induction into the Command and General Staff College International Hall of Fame Aug. 20 in the Pentagon Hall of Heroes at Arlington, Virginia.



Jim Fain, director of the International Military Student Division, Command and General Staff College, gives his opening remarks during the CGSC International Hall of Fame induction ceremony for Moldova’s Minister of Defense Anatolie Nosatii Aug. 20 in the Pentagon Hall of Heroes at Arlington, Virginia.

Army’s 250-year story told in stained glass



Videos released each week feature CGSC’s stained glass collection to highlight eras from Army’s history



The Command and General Staff College is highlighting the Army’s 250th anniversary through videos of CGSC’s stained glass collection.

Videos produced by Dan Neal and Zac Schulte of Army University Public Affairs feature different eras depicted in the stained glass. The videos will be released in era-specific segments each Monday for the next few weeks at www.facebook.com/USACGSC/ and www.facebook.com/ArmyUniversity/.

This week’s fifth installment in the series features the stained glass displays that depict World War I, presented by Sen. and Mrs. Harry Darby “in respect for Maj. Gen. Robert Arter’s service at CGSC 1977-1979,” and World War II, presented by the CGSC Class of 1984.



The windows were moved in 2007 from Bell Hall (demolished in 2008) to the Lewis and Clark Center, where they extend up the side of the building three floors. The panels, mostly gifts to the Command and General Staff College from several years of classes, were refurbished before being placed in the new building.

Photos by Prudence Siebert/Fort Leavenworth Lamp





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File photo by Prudence Siebert/Fort Leavenworth Lamp

The demolition of the old U.S. Disciplinary Barracks as seen from the Weston Bend overlook in August 2004.

150 years of Army Corrections

(continued from Page A1)

Army Corrections did not exist at the forming of the Continental Army in 1775. For the first 99 years of the Army, there was no centralized structure for the confinement of prisoners. Discipline in the Army was harsh, and physical punishment was designed to be public with the desired effect of deterring the offender and those observing. Army and congressional leaders expressed concerns with the uniformity of treatment in Army stockades and the little control by the Army over the treatment of Army prisoners in state prisons.

(See the Aug. 21 and Aug. 28, 2025, issues of the *Fort Leavenworth Lamp* for Army Corrections' evolution from inception through the 1990s.)

2000-2010

The 2000 Report of the Army Corrections Study Panel concluded the Army should accept the existence of a corrections mission as a "cost" of military operations and commit to retaining a corrections capability at both the long-term and short-term level. The Army pursued joint service operations at the U.S. Disciplinary Barracks with the military branches sharing the cost for Level III corrections. A recommendation recurring in most of the major studies of the Army Corrections System was to reorganize into a single command headquarters.

Army Correction's plan to move into the 21st Century were like other departments of corrections, the Y2K dilemma of whether the computer storage systems would malfunction with the four-digit year 2000 and would electronic security system's malfunction at the stroke of midnight. The downsizing of the prisoner population with the transfers to the Bureau of Prisons and the construction of the new USDB continued. In 2000, all female prisoners were transferred to the Naval Consolidated Brig - Miramar in San Diego. Major policy changes at that time were to the sentence of life without parole, increasing the sentence length for Level II facilities to seven years, and the mandatory supervision upon release for those not granted parole.

In 2002, between Sept. 30 and Oct. 5, using a prison bus from U.S. Penitentiary Leavenworth, all 460 prisoners were transferred from the old USDB to the new USDB. At 5 p.m. a flag detail retired the national colors from the old USDB for the last time.

The terrorist attacks of Sept. 11, 2001, started the Global War on Terrorism. The Army needed trained professional correctional specialists with the unique skills to perform detention operations of the enemy combatants captured and confined in Afghanistan, Iraq and Guantanamo Bay, Cuba.

In 2003, the implementation plan began to restructure active-duty military police corrections units for deployment on a rotational basis from stateside installations. In 2004, the title "correctional specialist" in the new 31E military occupational specialty changed to "internment and resettlement (I/R) specialist," and the duties expanded to include not only supervision of military prisoners, but also supervision of enemy prisoners of



File photo by Prudence Siebert/Fort Leavenworth Lamp

Soldiers with the newly activated 291st Military Police Company, formerly Company A, and 526th MP Company, formerly Company C, stand outside the 705th Military Police Battalion headquarters building as the conversion ceremony concludes June 16, 2005. The two companies at the were converted to deployable units as part of the Army's effort to provide effective detention operations worldwide. A and C companies were deactivated and were then immediately activated as the 291st and 526th (Internment/Resettlement) Military Police companies, respectively, during the conversion ceremony.



Sgt. Simon Ta and Spc. Waylon Coleman, of Headquarters Company, 705th Military Police Internment and Resettlement Battalion, portray fighting detainees as the Quick Reaction Force approaches to control the disturbance during training Oct. 25, 2006, at Camp Vigilance, the battalion's name for the internment and resettlement detainee training facility, completed in August 2006.

Photo by Prudence Siebert/
Fort Leavenworth Lamp

war (EPWs), detainees and refugees. From 2004 to 2011, soldiers and units working at the Army Corrections System facilities deployed to conduct detainee operations overseas.

In October 2004, the 525th MP Battalion (I/R) activated in Cuba to supervise the high-risk detainees confined at the Guantanamo Bay Naval Base. In 2005, the MP corrections units at the USDB and at the Lewis, Washington, Regional Correctional Facility were reorganized, equipped and scheduled for deployment to Iraq. The Headquarters and Headquarters Company, 508th MP Battalion (I/R) from Fort Lewis was the first to deploy to Iraq in 2005 and again in 2008. The HHC, 705th MP Battalion (I/R) from Fort Leavenworth deployed in 2006 and 2009. During the unit's 2006 deployment, the 705th MP Battalion (I/R) of 31E soldiers was the only active-duty MP battalion at Camp Bucca, Iraq, confining 23,000 detainees. Immediately, and at a relentless

pace, the soldiers reassessed security measures, separated security threat groups, established rehabilitation programs and improved the overall handling of detainees. Many senior military leaders believe the soldiers of the 31E MOS singlehandedly shaped the United States' strategic role by improving the international community's view on the safe, secure and humane treatment of detainees.

As the Global War on Terrorism continued, the 40th MP Battalion (I/R) activated at Fort Leavenworth in April 2009 and within two years deployed to Iraq. This unit was the last MP unit to leave Iraq in December 2011 after transferring the remaining 200 high-value detainees to the Iraqi government as part of the Status-of-Forces Agreement.

The Base Realignment and Closure (BRAC) Commissions impacted Army Corrections. From 1975 until it was closed in 1999, Fort McClellan, Alabama, was home of the U.S. Army Military Police School, which included

the career training base for correctional specialists. The 1995 BRAC Act moved the USAMPS to its current location at Fort Leonard Wood, Missouri. In 2005, the BRAC Commission concluded its review of the Department of Defense Correctional Program and in 2005, the Defense BRAC Act directed the DoD to consolidate correctional facilities into five Level II Joint Regional Correctional Facilities. For the Midwest Region, Fort Leavenworth was selected as the site to consolidate the correctional functions from the Lackland Air Force Base Confinement Facility, Texas; the Fort Knox Regional Correctional Facility; and the Fort Sill Regional Correctional Facility with components of the USDB. The Army built a new facility and opened the Midwest Joint Regional Correctional Facility in 2010. The correctional facilities at Fort Lewis and the Naval Brig at Submarine Base Bangor, Washington, consolidated into the Northwestern JRCE. This consolation was mandated by law to be

completed by September 2011. On May 6, 2007, two Army senior correctional professionals lost their lives in the line of duty, the supervision of captive persons. Col. James W. Harrison Jr. and Master Sgt. Wilberto Sabalu Jr. were assassinated outside the vehicle gate of the Pole-e-Charki prison in Afghanistan by a rogue Afghan soldier standing guard. These USDB corrections and detention subject matter experts were members of the Detainee Capabilities Directorate, Combined Security Transition Command. Their mission was to train, equip and mentor the Afghan National Detainee Guard Force. They oversaw the construction of the National Detention Facility and validated the facility in accordance with international standards and laws. In October 2007, the U.S. Army Corrections Command (ACC) was established as a field operat-

150 years of Army Corrections

(continued from Page A6)

ing agency under the authority, direction and control of the Office of the Provost Marshal General, Department of the Army. The first ACC commander was Col. Arthur Rovins, and the current ACC commanding general is Brig. Gen. Sarah Albrycht, provost marshal general of the Army. This one centralized command was first recommended in 1970 by the civilian blue-ribbon committee. The ACC standardized and eliminated command layers and streamlined corrections with policy and funding across the Army. The six original Army facilities assigned to the ACC were the USDB; the RCFs at Fort Knox, Fort Lewis and Fort Sill, Oklahoma; and the overseas confinement facilities in Germany and Korea.

2010 to present

In 2010, the Army activated the 15th Military Police Brigade, later replaced by the Army Corrections Brigade (ACB), at Fort Leavenworth to exercise mission command across the Fort Leavenworth Military Correctional Complex (MCC) consisting of the MWJRCE, USDB and its satellite Trusty Unit. The MCC was modeled after the BOP's federal correctional complex. On order, the ACB prepared individual soldiers and units in support of the Global War on Terrorism.

With the end of operations in Iraq and Afghanistan, the Army focus shifted from fighting insurgents and detainee operations to fighting an enemy in large-scale combat operations. The ACC's units were restructured from deployable units for detainee operations back to their U.S. Code Title 10 corrections mission. The 31E MOS changed the title again from "internment and resettlement (I/R) specialist" to "detention specialist."

Correctional facility Army cooks were reassigned to field feeding companies for deployable units and replaced with civilian contract cooks.

Effective April 1, 2023, the ACC was redesignated as a direct reporting unit of the Office of the Provost Marshal General. The ACC Headquarters moved to Fort Leavenworth and is co-located with the ACB. The commanding general, ACC, exercises all authority, direction, command and control over ACC and oversight of the ACS correctional facilities. The ACC provides safe, secure and humane environments for the worldwide incarceration of U.S. military prisoners while simultaneously preparing eligible prisoners for their successful reintegration into the armed forces or return to society as a productive citizen. It proactively provides professional units, leaders and soldiers with expertise in corrections and detainee operations to geographic combatant commanders.



File photo by Prudence Siebert/Fort Leavenworth Lamp

40th Military Police Internment and Resettlement Battalion Commander Lt. Col. Erica Nelson and 40th MP Command Sgt. Maj. Donald Wallace shake hands after unfurling the battalion colors, which they cased at a farewell ceremony Jan. 7, 2011, during a return ceremony Dec. 21, 2011, at the 15th MP Brigade's motor pool. The remaining members of Headquarters and Headquarters Company, 40th, returned from a yearlong deployment to Iraq. This last group of soldiers volunteered to stay behind to complete the mission. The rest of the company returned Dec. 4, 2011.



File photo by Prudence Siebert/Fort Leavenworth Lamp

Col. Eric Belcher, 15th Military Police Brigade commander and U.S. Disciplinary Barracks commandant, and Command Sgt. Maj. Jonathan Godwin, 15th MP Brigade and USDB command sergeant major, change their shoulder sleeve insignia during the activation ceremony for the 15th MP Brigade Sept. 28, 2010, on Main Parade. The 40th and 705th MP Battalions (Internment and Resettlement) fell under the 15th MP Brigade, which later redesignated as the Army Corrections Brigade, and the battalions went through an evolution as I/R, detention and corrections battalions; they are currently the U.S. Disciplinary Barracks Battalion (Corrections) and the Midwest Joint Regional Correctional Facility Battalion (Corrections).

As the Army plans and prepares to fight and win then United States' next conflict, the soldiers and civilians of the ACC stand ready. The experiential learning opportunities and collective training within the ACS facilities honed the detention specialist's unique skill set needed in the management of a "captive person" either as a military offender, de-

tainee or enemy prisoner of war. History has repeatedly demonstrated that the Army and DoD must have professional corrections experts capable of managing court-martialed military prisoners while simultaneously being prepared to deploy in support of the Army during any military conflict.



File photo by Prudence Siebert/Fort Leavenworth Lamp

Army Corrections Brigade Commander Col. Kevin Payne and Army Corrections Brigade Command Sgt. Maj. Joshua Kreitzer salute after casing the inactivated 15th Military Police Brigade colors and unfurling the redesignated Army Corrections Brigade colors March 24, 2023, at Frontier Chapel.

BE ALL YOU CAN BE DOESN'T END AFTER YOU SERVE.

Army personnel bring a hard-earned skillset to the workforce. Leadership, discipline, teamwork, problem-solving. These qualities are an asset to a wide variety of trades working with dozens of different EMCOR companies. **Looking for a post-military career? Look to us.**



SCAN FOR JOBS



Where good work is

**VALUED
RESPECTED
REWARDED**



HOUSING UPDATES

■ The Fort Leavenworth Frontier Heritage Communities **OFFICE WILL BE CLOSED SEPT. 19** for FLFHC’s Day of Service. The FLFHC team will be lending a hand with maintenance and upkeep at HOPE Clinic, CASA, the Leavenworth County Humane Society, and the Leavenworth Mission Community Store.

■ Following the Postwide Yard Sale, City Union Mission will be driving through housing **SEPT. 21 TO COLLECT ANY LEFTOVER ITEMS** set out to donate. To participate, place items at the curb clearly labeled “FOR CITY UNION MISSION.”

■ **RESIDENT APPRECIATION WEEK** is Sept. 22-26. Each day from 7-8 a.m., treats and drinks will be offered to residents during a **MORNING DRIVE-THRU** at the FLFHC Office at 220 Hancock Ave.

■ **Curbside BULK PICKUP IS NO LONGER AVAILABLE.** To help with PCS season, waste collection will pick up broken down boxes less than six feet long that won’t fit in the curbside recycling bin. For large item recycling or disposal, see the options listed in the “PCS purge’ resources” article in previous issues of the *Fort Leavenworth Lamp*.

■ Residents need to submit their “**NOTICE OF INTENT TO VACATE**” with orders to fhcntv@tmo.com. Find the form at <https://www.frontierheritagecommunities.com/residents>.

■ **CLEAR LAWNS** of toys, hoses, bikes, trash, solar lights, fire pits, etc., before scheduled mowing. Mowers will skip areas that aren’t cleared. Mowers are not responsible for damaged items. Children must stay away from mowers. Approaching or chasing equipment is prohibited and may delay service.



SEPTEMBER

2025

SUN

MON

TUE

WED

THU

FRI

SAT

LABOR DAY¹

2

3

4

5

6

7

8

9

10

11

12

CITY UNION MISSION PICKUP¹³

14

15

16

17

18

FLFHC DAY OF SERVICE¹⁹

POST-WIDE YARD SALE²⁰

CITY UNION MISSION BONUS PICKUP²¹

22

23

24

25

26

27

28

29

30

Trash Day is Every Wednesday

RESIDENT APPRECIATION WEEK

		2025 MOW SCHEDULE
MONDAY	POTTAWATOMIE KICKAPOO	NEW PAWNEE OLD PAWNEE
TUESDAY	OTTAWA (ROBINSON TO BIDDLE, EAST)	LOWER KANSA IOWA SANTA FE (6TH INTANTRY TO BIDDLE, WEST)
WEDNESDAY	NORMANDY INFANTRY BARRACKS WINT	MAIN POST (EXCEPT FOR MCCLELLAN AND THOMAS)
THURSDAY	OLD OREGON NEW OREGON CHEYENNE EAST CHEYENNE	NEZ PERCE UPPER KANSA MAIN POST (MCCLELLAN AND THOMAS ONLY)
FRIDAY	SHAWNEE OTTAWA (WEST SIDE OF BIDDLE)	SANTA FE (OTHER SIDE OF BIDDLE, EAST) OSAGE SOUTH OSAGE

FLFHC EMPLOYEE DAY OF SERVICE

Offices will be closed on September 19th during our Employee Volunteer Day

FRONTIER HERITAGE COMMUNITIES

RESIDENT

SNACKS

HYDRATION

APPRECIATION WEEK

SEPTEMBER 22ND-26TH, 2025



Have the *Fort Leavenworth Lamp* delivered to your inbox!

Sign up to receive a weekly reminder when a new issue of the *Fort Leavenworth Lamp* is posted!

E-mail usarmy.leavenworth.id-training.mbx.pao-inbox@army.mil.

Pet of the Week: Mr. Peabody



Mr. Peabody is an adult male cat available for adoption at the Fort Leavenworth Stray Facility. Neuter surgery, vaccinations and microchipping are included in his adoption fee of \$100. E-mail fortleavenworth-strayfacility@gmail.com for an adoption application.

Visit www.FLSF.petfinder.com for adoptable pet profiles. Call 913-684-4939 for more information. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility.

Fort Leavenworth Stray Facility, at 510 Organ Ave., is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday; 9 a.m. to noon the second Saturday of the month; and by appointment for pre-approved adopters. Call 913-684-4939 to schedule an appointment. (No voice-mail.)

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed.

To apply to volunteer with the Fort Leavenworth Stray Facility, visit <https://vmis.armyfamilywebportal.com/>, enter ZIP code 66027, then search for "stray animal facility."

Photos by Prudence Siebert/Fort Leavenworth Lamp





Local Classes. Global Respect.

leavenworth.ku.edu



THURSDAY
SEPTEMBER 4, 2025



Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

THE FRONTIER ARMY MUSEUM
MILITARY LIVING HISTORY DAY
September 6th, 2025
Saturday
9 am – 4 pm

Open to the Public / Free to Attend!

Location: The Frontier Army Museum
100 Reynolds Ave, Fort Leavenworth, KS 66027

Military reenactors from various periods, historic military vehicles, and a great Army museum!

Reenactor Contact / General Questions: Jonathon Krisko 610-349-2750 / jonathon.krisko@gmail.com
Frontier Army Museum: (913) 684-3191

Coordination in advance for reenactors is necessary due to installation security policies

USD207
BAND
Rental Night

PARENT INFORMATION AND RENTAL NIGHT

Thursday, September 4, 2025 @ 6:00 pm
Bradley Elementary School, Fort Leavenworth

This is a great time to learn about the 5th grade Band program at the USD207 Elementary Schools. You will also have an opportunity to rent an instrument from Tune Shop, or BAC.

FLMGS Women's Ministry Fellowship/Teambuilding Activity

But now, O Lord, thou art our father; we are the clay, and thou our potter; and we all are the work of thy hand (Isaiah 64:8 KJV)

- Who:** FLMGS Women and Ceramic Café
- What:** Fellowship/Teambuilding Activity
- When:** September 11th (1800-2000 hrs)
- Where:** Pioneer Chapel Activity Room, Pioneer Chapel, 500 Pope Avenue, Fort Leavenworth, KS 66027
- Why:** Use Bible Scripture and Fellowship to teach, remind, and reinforce how to pray for our family, congregation, and community

We invited the Ceramic Café to join us. They are a paint-your-own-pottery studio serving the Kansas City area. Their Creative Assistants will guide us through the creative process!

Please RSVP NLT Sep 9th
to Alicia Moore (254-285-7891)

CATERED BY:
Baan Thai Restaurant

*Bible Study
&
Pottery – Fun – Food – Fellowship*

FORT LEAVENWORTH KANSAS
USD 207
FREEDOM WALK

SEPTEMBER 11, 2025
9:30 AM AT THE USD 207 TRACK AND FIELD COMPLEX

Students and staff of USD 207 Fort Leavenworth invite you to attend our annual Freedom Walk.

Started in 2005 by the Pentagon, Freedom walks remember the tragedy of September 11, 2001, honor those who lost their lives, and recognize the valor of all first responders.

We celebrate our heroes, the dedicated servicemen and women protecting and serving us, and we continue to thank them for their service to our country.

Students are encouraged to proudly wear red, white, and blue to school on September 11, 2025.

FORT LEAVENWORTH'S
15th ANNUAL
RUN WALK
FOR THE FALLEN
2025 FORT LEAVENWORTH

U.S. ARMY MWR
ARMY COMMUNITY SERVICE ACS

Join us in remembering those who have made the ultimate sacrifice.

SATURDAY, SEPT 13th
@ The Resiliency Center
600 Thomas Ave
Fort Leavenworth, KS

- Registration starts at 6:30 am
- Opening Ceremony at 8:00 am
- Followed by a 3 mile run / walk

This event is a go at your own pace, stroller friendly, and family friendly route.

Event is open to the public. Those without access can apply online for this special event using the QR code below. Passes can be obtained 10 days or less before the event. Call **913-684-1830** for more information.



HARROLD YOUTH CENTER
SEND OFF TO SUMMER PARTY 2025

SATURDAY
SEPTEMBER 13
4pm - 7pm

HARROLD YOUTH CENTER
45 BIDDLE BLVD
FT. LEAVENWORTH, KS
913-684-5115

Summer may be over, but the FUN is just beginning!

YOU DON'T WANT TO MISS THIS!

\$5
Event is for 6th - 12th graders. Must sign up and pay in advance. Swipe Card and wristband are required to enter the event. Registration ends at 5pm Sept 12. NO SAME DAY REGISTRATIONS!

FEATURING:

- DJ GEORGE
- FOOD
- CONCESSIONS
- GAMES
- FOAM
- DOOR PRIZES
- INFLATABLES

leavenworth.armymwr.com

Ay26 Know Your World Cultural Series

NETHERLANDS	
ARGENTINA	
KUWAIT	
INDIA	
CABO VERDE	

SEPTEMBER 17 2025

OCTOBER 29 2025

JANUARY 28 2026

FEBRUARY 18 2026

MARCH 25 2026

Presentations start at 1545 in Eisenhower Auditorium & on CGSC Facebook

Open to the public-all are welcome to attend or view online

All IMS Attend//Presenting IMS' Section expected to attend//All Staff Groups Highly Encouraged to Attend//Post Presentation Culinary Sampling Offered to all who attend in Arter Atrium

Join Us!

INTRODUCTORY MEETING
PARENT ADVISORY COUNCIL

PRESENTATION
Annual Influenza Vaccine Requirements & Health Exclusion Criteria.
by CYS Nurse, Amy Boos, R.N.

TUESDAY 16 SEP 2025
4:30-5:30PM

ALL CYS PARENTS-ALL CYS PROGRAMS
Parents are invited to provide input, ask questions, & help CYS continue to meet family & community needs.

LOCATION
Osage CDC/SAC Facility
130 Dickman Ave

913-684-5138 / 4956
usarmy.leavenworth.id-training.mbx.ftlvpntcentral@army.mil

BOSS PRESENTS
MOVIE NIGHT

Post Theater // 375 Grant Avenue
Movies start at 7PM
Must show your DoD ID at the door!

September 12

Come out and join us as the BOSS program gives back to the Community by playing movies inside the Post movie theater.

Prepackaged snacks and drink can be purchased at the snack bar.
No outside food or drinks are authorized.

For all movies children 12 and under MUST be accompanied by an ADULT!
CASH only at the snack bar!

For more info call: (913) 684-2736 • Or visit our website leavenworth.armymwr.com

WHO: SAMC MEMBERS AND CANDIDATES
WHAT: SAMC BOARD PREPARATION
WHEN: EVERY THURSDAY AT 1600
WHERE: HHC MWJRCF CLASSROOM
WHY: TO PREPARE CANDIDATES FOR SAMC BOARDS

[HTTPS://WWW.FACEBOOK.COM/LAMPCHAPTERSAMC](https://www.facebook.com/LAMPCHAPTERSAMC)

PRIOR TO STUDY SESSION, CANDIDATES ARE ENCOURAGED TO CONFIRM ATTENDANCE THROUGH THE CANDIDATE WHATSAPP GROUP CHAT.

FORT LEAVENWORTH LAMP CHAPTER COUNCIL:
PRESIDENT: 1SG ALONZO, HHC MWJRCF
VICE PRESIDENT: SSG SIMPSON, HHC USDB
PAO: MSG JARMAN, HQ USDB
SECRETARY: MSG NORRIS, CAC LEA

Candidates LAMP CHAPTER SAMC
WhatsApp group

Saturday, Sept. 20

8 a.m. to 3 p.m. - post wide

IT'S BACK!!! Don't miss all the bargains!
Authorized off-post ID Card Holders can sell
at the Old Bell Hall Parking Lot – no permit required.

YARD SALE

ID's will be scanned at the gate beginning at 8 a.m. - everyone over 16 must have a valid Real ID or two forms of VCC approved IDs to access a military installation. Visitor pass is not needed for this event. Scan the QR code for more info on what is required for visitors to the Fort.

leavenworth.armymwr.com Follow Fort Leavenworth MWR on Facebook for updates

Fabulous Fall
at Fort Leavenworth!

MWR Events September 2025

SPECIAL EVENTS

- Run/ Walk for the Fallen**
September 13
Join us at the Resiliency Center in remembering those who have made the ultimate sacrifice. This event is a go at your own pace, family and stroller friendly route. The run is open to the public. Visitor passes are required for those without access to Fort Leavenworth. Passes can be obtained 10 days or less before the event. Registration starts at 6:30am, Opening Ceremony at 8:00am, followed by a 3 mile run / walk.
Call 913-684-1830 for more information
- Dad's Night Out**
September 17
Hey dads of littles ages 0-3 years! Get together with your fellow sleep deprived fathers for a night out of good food, good company, and adult conversation! Wednesday at 6pm. Local restaurant TBD.
Call 913-684-2800 for more information.
- Mom's Night Out**
September 24
Leave the diaper bag at home and get ready for an evening of local food, laughter, and like minded company! Mom's Night Out is for mothers of kiddos ages 0-3 years. Wednesday at 6pm. Local restaurant TBD.
Call 913-684-2800 for more information.

Recreation

- Fall Bowling Leagues**
All month in September
There's a league for everyone at the Strike Zone! Come on by and check out what's being offered for Fall!
Call 913-651-2195 for more information.
- Brunner Range Fun Shoot**
September 6
Come on out to the range! Saturday at 9am at Brunner Range.
Call 913-651-8132 for more information.
- FREE Movie: A Minecraft Movie**
September 12
Rated PG. Friday at the Post Theater starting at 7pm. Sponsored by BOSS
Call 913-684-2736 for more information.
- Astro Clays**
September 13
Shoot under the stars! Special black lights turn the clays into glowing targets that are fun for every skill level. Saturday at Brunner Range starting at 8:30pm.
Call 913-651-8132 for more information.
- Post-wide Yard Sale**
September 20
Saturday from 8am - 3pm get ready for bargains all over Post! No registration needed! Open to the community. To come on Post, everyone 16+ must have a valid Real ID or two forms of VCC IDs to access a military installation. Gate will begin scanning IDs no earlier than 8am. Follow Fort Leavenworth MWR on Facebook for more information.
- FLH Horse Show**
September 28
Sunday at Wainwright Riding Complex on Ft. Leavenworth from 8am - 4pm. Featuring English, Western and more! Free to attend! Call 913-271-1602 for more information.

ACS

- Dad's Night Out**
September 17
Hey dads of littles ages 0-3 years! Get together with your fellow sleep deprived fathers for a night out of good food, good company, and adult conversation! Wednesday at 6pm. Local restaurant TBD.
Call 913-684-2800 for more information.
- Mom's Night Out**
September 24
Leave the diaper bag at home and get ready for an evening of local food, laughter, and like minded company! Mom's Night Out is for mothers of kiddos ages 0-3 years. Wednesday at 6pm. Local restaurant TBD.
Call 913-684-2800 for more information.

CYS

- HVC Send-off to Summer**
September 13
Saturday at Harrold Youth Center from 4pm - 7pm. Summer may be over, but the FUN is just beginning! DJ, Food, Games, Inflatables, and so much more! Must be eligible for the Youth Center. \$5 registration fee. Registration ends Sept 12 at 5pm.
Call 913-684-5118 for more information.

Visit the FMWR Ft. Leavenworth website and FB page for more exciting events and updates!

ACS is partnering with

IVAT - Institute on Violence, Abuse and Trauma Training Center

Sept 19 - 24*
from 1100 - 1500 CST
on Zoom

This valuable training provided by IVAT will address all aspects of violence, abuse, and trauma from all stages of life. IVAT strives to bridge the gaps between policy, practice and research to improve current system-response.

*24 hours of continuing education credits for the first 15 people who request CEU's that have licensures that fall under NASW or APA. This training is for Active Duty and Government Civilian Employees 18+ Must register by Sept 17.

For more information call:
913-684-2822/ 2808

27

KIDS FISHING DERBY

Saturday, September 27, 2025 at 8:00 AM CDT

Fall Kids Fishing Derby

Merritt Lake Ft Leavenworth

FT. LEAVENWORTH
OPERATION DEPLOY YOUR DRESS

2025 POP UP OPENINGS

SATURDAY, SEPTEMBER 20

SATURDAY, OCTOBER 4

SATURDAY, NOVEMBER 8

SATURDAY, DECEMBER 13

Fall 2025 Speaker Series
History Brunch

Presented by the Frontier Army Museum & The Friends of the Frontier Army Museum (FFAM)

Light refreshments served at 10:30a, with presentations beginning at 11a.m.

September 13th

"Looking for Abraham Lincoln in Kansas" with Bill Stumpf

October 11th

"Santa Fe in World War II: Contributing to Victory" with LTC Bob Walz (ret)

November 8th


"Kansas City Kansas Community College (KCKCC), The Greatest Generation and You!" Maj. Joe Grasela (ret)

December 6th


"History of Fort Sully" with Corps of Engineers Archaeologist Phillip Alig

Events are free to the public and will be located at the Frontier Army Museum 100 Reynolds Ave Fort Leavenworth, KS

All presentations will be streamed live and recorded on the Friends of the Frontier Army Museum Facebook page:
<https://www.facebook.com/ftleavenworthffam>



Distinguished Speaker Series




With Special Guest Speaker

Gen. Robert B. Brown

U.S. Army, Ret.
President & CEO, Association of the U.S. Army

Thursday, September 10, 2025
6 p.m. – 9 p.m.
Carriage Club
5301 State Line Road, KCMO 64112



PHOTOGRAPHIC TREASURES OF HISTORIC LEAVENWORTH, KANSAS

TRAVELING ART EXHIBITION



425 DELAWARE STREET,
LEAVENWORTH KS.

**FREE ADMISSION &
OPEN TO THE PUBLIC**



LEAVENWORTH COUNTY
HISTORICAL SOCIETY & MUSEUM

THURSDAY	FRIDAY	SATURDAY
5-7PM	5-7PM	1-4PM

AUGUST
14th-16th
WEEK 1

SEPTEMBER
4th-6th
WEEK 3

AUGUST
21st-23rd
WEEK 2

SEPTEMBER
11th-13th
WEEK 4





Sponsors WANTED



The International Military Student Division,
Command and General Staff College,
is welcoming
U.S. sponsor families
to volunteer today!





Contact:
Mr. David M. Bornn
(913) 684-7323
david.m.bornn.civ@army.mil

Fort Leavenworth sponsors needed!
• Civilians WG6/NAF4/GS-9 and above
• Permanent party military majors and above

MILITARY POLICE BALL

3 October 2025

Join the Old West Chapter of the MPRA for the
Military Police Ball held at Embassy Suites
Hilton Kansas City-International Airport

Address: 7640 N. W. Tiffany Springs Parkway
\$16.00 over night self-parking

Ticket Prices (Guests Pay)
Their Soldier's Ticket Price:
All Soldiers & Civilians: \$53

**Bring CASH for
the Cash Bar**

Uniform:
Service Members: Dress Mess, Dress ASU, Dress AGSU, or Service Branch Equivalent
Civilians: Formal Attire

Choice of Entrée:
Mushroom Ravioli
Herb-Roasted Chicken Breast
12oz KC Strip

Timeline:
Social Hour: 1730-1815
Receiving Line: 1815-1900
Ceremony/Dinner: 1900-2030 (Formal)
Reception: 2030-2359 (Informal)



**Purchase Tickets
Here**

Event Highlights:
-Unique Take Home Gift
-Special Guest Speaker
-DJ Entertainment
-Guest Rooms are available
for a discounted rate of
\$135/night plus taxes

Reserve your room here



POC: 1LT Taylor, Shyla 913-684-4860



CAMP LEAVENWORTH FESTIVAL

SEPTEMBER 26 & 27



UNITED STATES ARMY COMBINED ARMS CENTER AND FORT LEAVENWORTH SEXUAL HARASSMENT AND SEXUAL ASSAULT RESPONSE WORKFORCE





Ms. Amanda Bonseigneur
Lead SARC
Amanda.bonseigneur.civ@army.mil
Teams: 520-669-3474
Office: 913-684-2810
Cell: 913-704-9620
Bldg 197, 632 McClellan Ave



Mrs. Dannielle Rothering
Supervisory SARC
Danniele.r.rothering.civ@army.mil
Teams: 571-588-0146
Cell: 913-704-5623
Bldg 197, 632 McClellan Ave



SFC Jerri Osborne
Team 1 SARC
jerri.l.osborne.mil@army.mil
Teams: 520-692-6520
Office: 913-684-2842
Cell: 913-565-0741
Bldg 197, 632 McClellan Ave



LTC Craig Arnold
Team 2 SARC
craig.d.arnold.mil@army.mil
Teams: 520-692-8849
Office: 913-684-2818
Cell: 913-704-9604
Bldg 197, 632 McClellan Ave



SFC Jacob Roach
Team 3 SARC
jacob.w.roach.mil@army.mil
Office: 913-684-0956
Cell: 913-547-5075
835 Sabalu Rd



Mr. Josh Belle
Team 4 SARC
joshua.p.belle.civ@army.mil
Teams: 520-945-5992
Office: 913-684-5230
Cell: 913-680-5699
Bldg 58, 614 Custer Rd



Ft Leavenworth SHARP Resource Center
Building 197, 632 McClellan Ave
Fort Leavenworth, KS 66027
Contact the team at usarmy.leavenworth.cac.mbx.cac-sharp@army.mil

Located at the corner of
Kearny Avenue and
McClellan Avenue, next to
the Post Parade Field

We Have Realigned Under an Installation Model

Team 1 AAFES, ACS, AFC, ARI, CDID, Cemetery, CID, CPAC, DeCA, DES, DLA, DMPA, FMWR, LRC, MCCoE, MICC, Museum, NEC, PAO, RCI Housing, TDS/SJA, TRAC, USAFMISA, USAG HQ, USASMD, USD 207, and US STAG CMD.

Team 2 CAC HQ, CAC-T HQ, MCTP, NSC, STB, TMD, 505th CCW and 500th/67th MP

Team 3 ACB, MWJRCF, USDB

Team 4 Army U, CGSC, Dental, DLI, MAHC staff, Patients, SAMS, SOF, TRADOC, Veterinarian, and Other Service Staff tenant personnel

Fort Leavenworth 24/7 SHARP Hotline
913-683-1443
DoD Safe Help Line
877-955-5247

Sexual Harassment Complaint Reporting Option
Formal | Anonymous | Confidential
Sexual Assault Reporting Option
Restricted | Unrestricted | CATCH-Only
Retaliation Reporting Options
Command | IG | SARC | DoD Safe Helpline | CPAC (DA Civ Only)

Find us on Facebook



WeCare App



STEP FORWARD: Prevent. Report. Advocate.
Current as of 18 March 2025

ATTENTION PLEASE!



IMPORTANT ANNOUNCEMENT

Stronghold Office Hours for emails and to return phone calls are Monday, Tuesday, and Thursday from 9:00am – 3:00pm.

Open Pantry Hours, by appointment, are Wednesday from 11:00am – 1:00pm.

You can email us at, Contact@strongholdfoodpantry.org or leave a message at (913) 303-8372



IMPORTANT ANNOUNCEMENT

HAVE YOU VOLUNTEERED, DONATED, PARTNERED, OR RECEIVED SUPPORT FROM STRONGHOLD?

We want to hear your story. Share how being part of this mission has impacted you – personally or professionally.

Named or anonymous – every voice matters.

You can email us today at: Contact@strongholdfoodpantry.org



Stronghold: Happy Bottoms Program

Powered by: Rapid Response Charities



Free Monthly Diaper Distribution

Email: contact@strongholdfoodpantry.org



Break the Silence Glow Walk


For Domestic Violence Awareness Month

Join Fort Leavenworth's Army Community Service for a powerful and illuminating evening dedicated to raising awareness of Domestic Violence.

Stand in solidarity with Survivors as you walk the route, stop at interactive stations, hear their stories, and learn how you can support those affected by Domestic Violence.

Participants are encouraged to wear purple to represent the collective strength of our community in breaking the silence surrounding Domestic Violence. The walk will begin and end at the Resiliency Center with participants visiting stations along the route.

FREE and no registration required. Call 913-683-2537 for more information



Fort Leavenworth Stray Facility

510 Organ Ave // (913) 684-4939





Adoptions • Volunteer Opportunities




STRONGHOLD DISTRIBUTION & HAPPY BOTTOMS

By Appointment Only | strongholdfoodpantry.org

SEPTEMBER 2025


SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3 Open Pantry Happy Bottom 11:00 - 1:00	4	5	6
7	8	9	10 Open Pantry Happy Bottom 11:00 - 1:00 Volunteer Orientation	11	12	13
14	15	16	17 Pop-Up Camp Lejeune Open Pantry Happy Bottom 11:00 - 1:00	18	19	20
21	22	23	24 Closed	25	26	27
28	29	30				

PROGRAMS



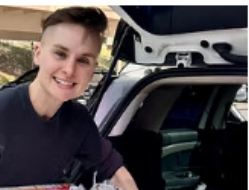
OPEN PANTRY

Serving military families weekly at our headquarters, offering food, necessities, and support in a welcoming, confidential environment.




STRONGHOLD U

Empowering military families with valuable educational seminars from working field experts and resources designed to build knowledge, and community.




AMBASSADOR PROGRAM

Extending our reach globally by utilizing technology and human connection, our Ambassadors to provide immediate support for military families in need.




MOBILE FOOD PANTRY

Meeting military families where they are by bringing Stronghold Food Pantry to service members and their families where they live and work—providing on-site access to nutritious food and basic necessities when they need it most.




BIRTHDAY KIT PROJECT

Everyone deserves to feel special! Our Birthday Kits provide military families with everything they need to celebrate their child's special day—from baking pans and candles to cake mix, Sprite, and a heartfelt note to wish them a Happy Birthday!




WOMEN'S WELLNESS PROJECT

Meeting the needs of our female patrons, this program provides essential wellness supplies—from personal care to period and hygiene products. We ensure that our patrons have the resources they need to feel cared for and empowered



HUNGER BUSTER PACK

A specially curated pack filled with easy-to-prepare, healthy meal options for children who rely on school lunches, ensuring they have nutritious meals when school is not in session.




HAPPY BOTTOMS DIAPERS


Providing clean diapers and wipes to our youngest military patrons, supporting them with up to 75 diapers and wipes per month to ensure babies' well-being and dignity.

DVAM


Domestic Violence Awareness Month



Fort Leavenworth is united against DV!




FORT LEAVENWORTH MWR WEBSITE



FORT LEAVENWORTH MWR FACEBOOK

October is DVAM.

Join ACS for these free events to unite against Domestic Violence!



Wear Purple Thursdays - every Thursday in October

October 2 @ 1:30pm - DVAM Proclamation Signing
600 Thomas Ave/ Ft. Leavenworth, KS

October 7, 14, 21, 28 - Relationship Education Series via TEAMS (link available once registered by calling 913-683-2537)


October 14 - "Let's Chalk about Domestic Violence"
Contest details on the Ft. Leavenworth ACS Facebook page.

October 15 @ 1pm - 3pm - Family Advocacy Overview Brief
Post Theater/ 375 Grant Ave/ Ft. Leavenworth, KS


October 17 - Winner announced from the "Let's Chalk about Domestic Violence" contest via Facebook.

October 24 @ 6:30pm - 8pm - Glow Walk
Gruber Field off of Grant Ave/ Ft. Leavenworth, KS

Domestic Violence Unit Briefs available upon request
913-683-2537



leavenworth.armymwr.com



Clean Paws Pet Wash

Open 24 hours a day!

Merritt Lake Parking Lot

Cash, Coin and Card





Info: (913) 651-7176

PWOC FALL SCHEDULE

Morning 8:30-11:00
Evening 6:30-8:00

August

19th KICKOFF
26th

September

2nd
9th
16th
23rd
30th

October


7th
14th
21st PROGRAM
28th

November

4th
11th NO PWOC
18th
25th NO PWOC


December

2nd
9th PROGRAM




VERTICAL Marriage


THE ONE SECRET THAT WILL CHANGE YOUR MARRIAGE



Supported by **cru**



Meals & Childcare provided



DATE NIGHT

08 AUG, 05 SEP, 10 OCT, 07 NOV, 05 DEC

For more information and to register, scan the QR code or call/text 910-644-2999

Volunteer with Campus Life Military!

☀️ Make a Difference in the Lives of Military-Connected Youth ☀️

♥️ Do you have a heart for teens?
💬 Do you love sharing the hope of Christ?

🌐 Want to impact youth from around the globe—right where you are?

We need caring adults who:

- ✓ Build relationships with teens
- ✓ Lead fun activities & small groups
- ✓ Support local ministry efforts
- ✓ Be a consistent, encouraging presence
- ✓ Have a willing heart and a passion for Jesus!

Ministry Activities:

- Club
- Small Groups
- Special Events
- Camps / Trips
- Contacting
- Appointments



CAMPUS LIFE MILITARY


Samantha Odle
(605)569-3820
sodle@yfc.net

Discipleship Training Breakfast

A YEAR LONG TOPICAL BIBLE STUDY & BREAKFAST
FOCUSED ON INTEGRATING FAITH IN CHRIST INTO
ALL DOMAINS OF OUR LIVES (PERSONAL
DEVELOPMENT, FAMILY, PROFESSION, AND
COMMUNITY)

0600-0730 EVERY TUESDAY IN PIONEER CHAPEL






U.S. ARMY

Mission:

To provide Religious Support to all Soldiers, Family members, DA civilians, contractors, and retirees.



Pioneer Chapel

500 Pope Avenue

PROTESTANT


- Traditional Worship – 0830
(Children’s Church – K-5th grade)
- Sunday School – 0945

MULTI-CULTURAL GOSPEL

- Sunday Worship – 1000

CATHOLIC MASS

- Tuesday-Friday – 1200-1230
- Sunday Religious ED - 0810



Frontier Chapel


625 Thomas Avenue

CATHOLIC MASS

- Sunday – 0930
- Sunday Religious ED - 0810

PROTESTANT

- Sunday School – 0945
- Contemporary Worship – 1100
(Children’s Church – K-5th grade)



Memorial Chapel

626 Scott Avenue

LITURGICAL

- Sunday Worship – 0930


SHARE THE NUMBER

SPREAD THE WORD

CALL OR TEXT


988

CHAT
988LIFELINE.ORG



988
SUICIDE & CRISIS
LIFELINE

There is hope.



988 | SUICIDE & CRISIS
LIFELINE

FLMGS Women’s Ministry Fellowship/Teambuilding Activity

But now, O Lord, thou art our father; we are the clay, and thou our potter; and we all are the work of thy hand (Isaiah 64:8 KJV)

- Who:** FLMGS Women and Ceramic Café
- What:** Fellowship/Teambuilding Activity
- When:** September 11th (1800-2000 hrs)
- Where:** Pioneer Chapel Activity Room, Pioneer Chapel, 500 Pope Avenue, Fort Leavenworth, KS 66027
- Why:** Use Bible Scripture and Fellowship to **teach**, **remind**, and **reinforce** how to pray for our family, congregation, and community

We invited the Ceramic Café to join us. They are a paint-your-own-pottery studio serving the Kansas City area. Their Creative Assistants will guide us through the creative process!

Please RSVP NLT Sep 9th to Alicia Moore (284-285-7891)

CATERED BY:
Baan Thai Restaurant

*Bible Study
&
Pottery – Fun – Food – Fellowship*

ARMY COMMUNITY SERVICE



Mon- Fri 8:00 a.m.-4:30 p.m. with limited hours Thur 1-4:30 p.m. | 913-684-HELP (4357) / 2800

September 2025 Resiliency Center, 600 Thomas Ave, Building 198 ***ACS is closed for lunch from 1130-12:30pm daily**

RELOCATION READINESS PROGRAM

In-Processing Brief
Tuesdays, 9:00-10:00am

OCONUS Levy Brief
Tuesdays, 10:00-11:00am

Hearts Apart Bowling for Families of Deployed Service Members
Sept 6, 12:00-2:00pm Strike Zone Bowling Center
**Registration Required*

Smooth Move offered upon request.

Lending Closet
Are you In/Out-Processing and need essentials? ACS has short-term basic items to help you get by.

- kitchenware
- cookware
- small appliances

EMPLOYMENT READINESS PROGRAM

Resume Writing
Sept 10, 12:00-2:00pm

Federal Employment
Sept 17, 12:00-2:00pm

FEDERAL SKILLED WORKER CLASS



Interview Skills & Professionalism
Sept 24, 12:00-2:00pm

Follow us on FB @FortLeavenworth ERP for job postings, career fairs, networking events, and more.

ARMY EMERGENCY RELIEF (AER)

For emergency financial assistance, apply at <https://www.armyemergencyrelief.org/>

Financial Readiness Program



Offers counseling services and classes upon request to assist Soldiers and their families in achieving personal financial goals.



SURVIVOR OUTREACH SERVICES

Walk/Run for the Fallen
Sept 13, 8:00-10:00am

We will recognize **Gold Star Mother's/Family Day** on September 28, 2025.

Follow SOS@ <https://www.facebook.com/FortLeavenworthSurvivorOutreachServices/>

ARMY VOLUNTEER CORPS

Volunteer Basics
Sept 19, 12:00 - 1:00pm

Visit: <https://vmis.armyfamilywebportal.com> to register for an account and find opportunities to volunteer in the community.

VOLUNTEER



EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)

**Registration Required for EFMP events*

EFMP Refreshing Conversations
Sept 4, 10:00-11:00am

EFMP Recreational Bowling
Sept 6, 12:00-2:00pm
Strike Zone Bowling Center



<https://leavenworth.armymwr.com/>

<facebook.com/FortLeavenworthACS>

<facebook.com/FortLeavenworthFMWR>

<https://home.army.mil/leavenworth/>

FAMILY ADVOCACY PROGRAM



Mon- Fri 8:00 a.m.-4:30 p.m. with limited hours Thur 1-4:30 p.m. | 913-684-HELP (4357) / 2800

September 2025 Resiliency Center, 600 Thomas Ave, Building 198 ***ACS is closed for lunch from 1130-12:30pm daily**

NEW PARENT SUPPORT PROGRAM

**Call 913-297-3212/ 9704 to register for all NPSP classes & events

Stroller Walk
Tuesdays, 9:00am
Meet in front of Resiliency Center

Toddler Time
Wednesdays, 9:00am
Resiliency Center Playroom

Story Time
Wednesdays, 10:00am
Resiliency Center Room 157

Play Morning
Thursdays,
9:00-10:00am &
10:00-11:00am
Resiliency Center Playroom

Wiggles and Giggles

Fridays, 10:00 - 11:00am
Resiliency Center Playroom



Childbirth Class Series
Sept 8, 15, 22
5:00-7:00pm Resiliency Center Room 157

Dad's Night Out
Sept 17, 6:00-8:00pm
Restaurant TBD

Mom's Night Out
Sept 24, 6:00-8:00pm
Restaurant TBD

NPSP offers home visits for pregnancy through 3 years of age. Schedule your appointment with the NPSP team today!

HOME VISITS



FAMILY ADVOCACY PROGRAM

**Registration Required for all FAP events. Classes at Resiliency Center, Room 145

Anger Management Series
Sept 4, 11, 18, 25
1:30pm- 3:00pm

Co-Parenting Series
Sept 8, 15, 22, 29
11:00am -1:00pm

Positive Parenting Series
via TEAMS
Sept 5, 12, 19, 26
1:30-3:00pm

Stress Management
Sept 18, 11:30am- 1:00pm



CALL ACS TO REGISTER FOR CLASSES TODAY! ALL EVENTS ARE FREE!

<https://leavenworth.armymwr.com/>

<facebook.com/FortLeavenworthACS>

<facebook.com/FortLeavenworthFMWR>

<https://home.army.mil/leavenworth/>

ACS Employment Readiness Program Menu of Services

One-on-one appointments and workshops to assist with:

- Career exploration and planning
- Skills and personality assessments
- Education and skills attainment
- Civilian and Federal resume assistance
- Employer referral and job search assistance
- Interview skills and professionalism

For more information, contact the ACS Employment Readiness Program Specialist 913-684-2835/2800

Employment Readiness Program CLASS SCHEDULE

Resume Writing

ACS Classroom 12pm - 2pm
July 9, Aug 6, Sept 10,
Oct 8, Nov 5, Dec 3
5pm - 7pm*
July 9, Aug 6

Federal Employment

ACS Classroom 12pm - 2pm
July 16, Aug 20, Sept 17,
Oct 15, Nov 19, Dec 10
5pm - 7pm*
July 16, Aug 20

Interview Skills & Professionalism

ACS Classroom 12pm - 2pm
July 23, Aug 27, Sept 24,
Oct 22, Dec 17
5pm - 7pm*
July 23, Aug 27

Take the guesswork out of getting hired!

Our Employment Readiness Program will provide the tools and strategies that you need to navigate the job market successfully!

Learn how to:

- write a compelling resume
- understand the market
- become the ideal candidate

The Resiliency Center
600 Thomas Ave
Ft. Leavenworth, KS
For more info : 913-684-2800

Open to all DOD ID card holders. *Registration is required for evening classes only.

Financial Readiness Milestone Training

Are you financially prepared for what life throws your way? Let us help! We offer free Financial Readiness Training on a variety of subjects.

Some of the topics we will discuss:

- Pre-Deployment
- Post-Deployment
- PCS
- Marriage
- Divorce
- Vesting in TSP
- Promotion
- First Child
- Continuation Pay
- Disabling sickness/injury/condition

Held monthly every 2nd & 4th Thursday @ 0900am - 1100am. Bldg 198 Room 157

INFO: 913-684-2835 / 2800

Join ACS/ New Parent Support for


Toddler Time

Wednesdays @ 9am

The Resiliency Center

600 Thomas Ave

Fort Leavenworth, KS




Learn through play as we build social skills, introduce preschool routines, and explore!

Toddler Time is free and open to ages 2 to 3 years (must have an adult present).

Please call or text by the close of business day on the Tuesday before Toddler Time.

913-297-3212



Join ACS/ New Parent Support for


STORY TIME

Wednesdays @ 10am

The Resiliency Center

600 Thomas Ave

Fort Leavenworth, KS




Introduce the magic of books and foster a lifelong love of learning!

Story Time is free and open to ages 3 months to 3 years (must have an adult present).

Please call or text by the close of business day on the Tuesday before Story Time.

913-297-3212



U.S. Army MWR

Stroller Walk & Talk

Meeting at

The Resiliency Center

600 Thomas Ave

Every Tuesday Morning

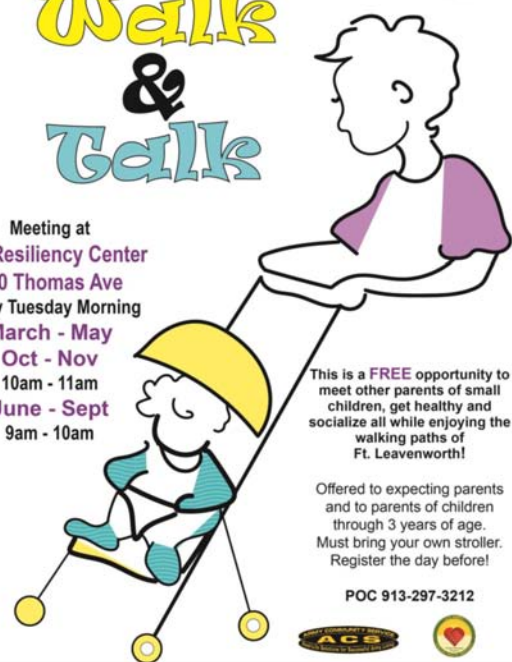
March - May

Oct - Nov

10am - 11am

June - Sept


9am - 10am




This is a **FREE** opportunity to meet other parents of small children, get healthy and socialize all while enjoying the walking paths of Ft. Leavenworth!


Offered to expecting parents and to parents of children through 3 years of age. Must bring your own stroller. Register the day before!

POC 913-297-3212





Life's challenges weighing you down?
Learn how to bend and not break.





RESILIENCY

An EFMP 4 part Workshop Series:
September 17, October 15,
November 19, January 21
5pm - 6pm


ACS Classroom Room 157
The Resiliency Center
600 Thomas Ave
Fort Leavenworth, KS

Geared toward adults and teens ages 14+, this **FREE** 4 part workshop series is led by Fort Leavenworth's own R2 Performance experts and will cover several resiliency competencies, teach skills to help navigate daily challenges, and give a foundation to successfully deal with life's more complex hurdles.

Registration is required. Please call for more information:
520-684-3838 or 520-692-6363



leavenworth.armymwr.com



WIGGLES

Fridays

10am -11am

ACS Playroom

600 Thomas Ave

GIGGLES

FREE

Ages 3-12 months

Register by COB

Thursday



We wanna go...

Get their wiggles out and join in some baby giggles!
Take a moment to connect with other parents!
Babies learn through play! So let's get on the floor and explore!

For more info or to register call 913-297-3212/ 9704



U.S. Army MWR

An ACS TEAMS Series

Relationship Education

Ever feel like you and the people in your life are moving in different directions?

Do you wish that you knew how to have healthier communication and respectful boundaries with your loved ones and peers?

We can help.

Oct 7, 14, 21, 28
3pm - 4pm
MS TEAMS*

*link will be sent after registering.
FREE and open to all DOD ID card holders 18+. Please register the day prior to class by calling:
913-683-2537

We'll cover:

- Emotional Intelligence
- Core Relationship Skills
- Recognizing Abuse
- Understanding Abusive Dynamics
- Healthy vs. Unhealthy Relationships
- Communication and Boundaries



leavenworth.armymwr.com

U.S. Army MWR




Co-Parenting Workshop

Round 1: April 7, 14, 21, 28
Round 2: July 7, 14, 21, 28
Round 3: September 8, 15, 22, 29
@ 12:00pm - 1:00pm
ACS Classroom 145
600 Thomas Ave

Learning to co-parent after a divorce can feel like being on opposite ends of a chasm.

Our four week workshop will show you how to build a bridge that will enhance parenting skills, enrich positive co-parenting, learn to develop and use boundaries, and establish a joint plan for managing expectations about your children's growth, development, and behavior.

FREE and open to all DoD ID holders 18+
Register by calling 913-684-2811/ 2808
Deadline to register is day before class.
Participants are encouraged to attend every class as each session will be different. Ask about virtual options!



Download the My Army Post App

Stay in the know at your Garrison

- Installation Services
- Gate Hours
- Community Events
- Maintenance Requests
- Weather
- Resources
- AND MORE



WE ARE THE ARMY'S HOME | HOME.ARMY.MIL | ARMYMWR.COM





HUNGRY?



Fort Leavenworth MWR has AMAZING food options!

- Solarium Buffet
- 12th Brick Grille
- Strike Zone Snack Bar
- Java Cafe
- FCC BBQ



LEAVENWORTH.ARMYMWR.COM



DAD'S NIGHT OUT

Dad's Night Out is offered by ACS New Parent Support Program for Dads of children 0-3 years of age to get out of the house without the kids and meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.

2025 DATES:

Jan 22 • Feb 19 • March 19 • April 23
May 21 • June 18 • July 23 • Aug 20
Sept 17 • Oct 22 • Nov 12 • Dec 3

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Dads with children 0-3 years old.

For more info: (913) 297-3212 or (913) 684-2800

MOM'S night OUT

This event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.

2025 Dates:

Jan 29 • Feb 26 • March 26 • April 30
May 28 • June 25 • July 30 • Aug 27
Sept 24 • Oct 29 • Nov 19 • Dec 10

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old.

Info: (913) 297-3212 or (913) 684-2800

EFMP/ Waiting Families RECREATIONAL BOWLING

Every first Saturday of the month
12:00pm - 2:00pm
Strike Zone Bowling Center
165 Fourth St

Meet other EFMP families! EFMP Recreational Bowling is a fun way to socialize, and sharpen fine motor skills.

All ages welcome!
FREE for the entire family including shoes! Bumpers, bowling ramps, and lightweight bowling balls are available.

Pre-registration is required the Wednesday before the event. Fort Leavenworth Waiting Families, call ACS to reserve your spot! Call **913-684-2800** for more info or to register

ACS New Parent Support Prenatal Classes 2025

Childbirth Classes:
Series of three classes
Jan 6th, 13th, 27th
Mar 3rd, 10th, 17th
May 5th, 12th, 19th
July 14th, 21st, 28th
Sep 8th, 15th, 22nd
Nov 3rd, 17th, 24th

Newborn Care Classes:
Feb 3rd
April 7th
June 2nd
August 4th
October 6th
December 1st

Breastfeeding Classes:
February 10th
April 14th
June 9th
August 11th
October 20th
December 8th

Free for Expectant Parents!

600 Thomas Ave
Room 157
All classes are from 5 pm - 7 pm

Deadline for Registration is the Friday before the class. Pre-registration is required.
Contact 913-297-3212

ACS New Parent Support 2025 Potty Training

Come join us to learn the cues to look for when deciding to potty train! Learn valuable tips to get you started!

Are you ready?

Time to lose the diapers?

FREE For Parents of Children aged 0-4 years
Pre-registration Required
Deadline is Friday before class
Contact 913-297-3212

600 Thomas Ave
Room 157
2/24, 4/28, 6/16, 8/18, 10/27, 12/15
5 pm - 7 pm

ARMY COMMUNITY SERVICE LOAN CLOSET FORT LEAVENWORTH, KANSAS

913-684-2830/2800

Who: All Active Duty, Retiree, DA Civilian and their family members who are either permanent party, TDY or PCSing.

When: M-F 0730-1630

Where: 600 Thomas Avenue (Pull into the Alley behind the ACS building and call the number on the black sign).

Rules: Loans are limited to 30 days for in and out- processing personnel. This can be extended by phone if needed. Checkout of items for an event is limited to 10 days. Customers are responsible for replacing any item that is damaged or lost.

Items available:

Pre-Packed Kitchen Kit:

1 Bowl (mixing)	1 Large Kitchen Knife
1 Pitcher	4 Steak Knives
1 Colander	1 Peeler
1 Cutting Board	1 Cookie Sheet
1 Skillet	2 Serving Spoons
2 Pots with Lids	1 Spatula
4 Plates	4 Plastic Glasses
4 Bowls	1 Can Opener
4 Coffee cups	1 Set of Measuring Spoons
4 Forks	1 Measuring Cup
4 Spoons	1 Pot Holder
4 Knives	

Additional Items Available:

Cheese Graters	Plates	Square Tables
Pizza Cutters	Bowls	Circle Tables
Spaghetti Servers	Coffee Cups	Folding Chairs
Tongs	Blenders	Strollers
Whisks	Coffee Makers	Baby Gates
Glass Baking Dishes-Rectangle	Crock Pots	Booster Seats
Glass Baking Dishes-Circle	Toasters	Cribbs
Muffin Pans	Rice Cookers	High Chairs
Hand Mixers	Microwaves	Pack and Play
Veggie Steamers	Indoor Grills	Laundry Baskets
Large Kitchen Knives	Electric Skillets	Sleeping Mats
Mixing Bowls	Panini Grills	Irons
Skillets	Plastic Glasses	Ironing Boards
Pots with Lids	Utensils	Trash Cans

STRESS Management

May 15, July 17, September 18, November 20
11:30am - 1:00pm
600 Thomas Ave
Room 145

STRESS WEIGHING YOU DOWN?

IT'S TIME TO TAKE BACK CONTROL

FREE one-session workshop 18+
No childcare
Deadline to register is day before training. Virtual attendance is available through TEAMS.
For more info: Call 520-692-6378

WORK HOME

Logos: U.S. Army, Fort Leavenworth, ACS, etc.

Register for the ACS ANGER MANAGEMENT COURSE

WE CAN HELP.

Our 8 week Anger Management Course will teach you a new tool every week to stay cool and collected in even the most difficult of settings. Each week will have realistic scenarios, feedback, and opportunities to apply newly learned skills in a group setting.

Round 1
May 1, 8, 15, 22, 29
June 12, 19, 26

Round 2
August 7, 14, 21, 28
September 4, 11, 18, 25

Round 3
October 2, 9, 16, 23, 30
November 6, 13, 20

All sessions are in Room 145 at the Resiliency Center 600 Thomas Ave 1:30pm - 3pm

FREE, and open to all DOD ID card holders 18+
Deadline to register is the day before the first day of training. Participants must attend each day in the round. Virtual attendance is available through TEAMS. Call 913-684-2800 for more info

Scan here for more info about ACS program

ARMY COMMUNITY SERVICE ACS

Real-Life Solutions for Successful Army Living

Victim Advocate Hotline: (913) 684-2537
Child Abuse Hotline: (913) 684-2111
SHARP Hotline: (913) 683-1443
Chaplain: (913) 683-1443
AER Assistance After Hours:
American Red Cross at (877) 272-7337

DoD Safe Helpline

Sexual Assault Support for the DoD Community

safehelpline.org | 877-995-5247

VOLUNTEER BASICS

JAN 17 • FEB 7 • MARCH 7 • APRIL 4 • MAY 9 • JUNE 13
JULY 18 • AUG 8 • AUG 22 • SEPT 19 • OCT 17 • NOV 14 • DEC 12
ACS CLASSROOM • 600 THOMAS AVE. • TIME: 12PM – 1PM

DO YOU WANT TO MAKE A DIFFERENCE IN OUR COMMUNITY? IF SO, THEN BE SURE TO CHECK OUT VOLUNTEER BASICS. LEARN ABOUT VOLUNTEER OPPORTUNITIES ON FORT LEAVENWORTH AND IN THE COMMUNITY. PARTICIPANTS WILL LEARN THE BENEFITS OF VOLUNTEERING AND HOW TO PROPERLY LOG HOURS INTO THE VOLUNTEER MANAGEMENT INFORMATION SYSTEM (VMIS).

REGISTRATION IS NOT REQUIRED. JUST SHOW UP.

INFO: (913) 684-2800

MyArmyPost

Try the Army's Newest Mobile Application!

FIND THE MY ARMY POST APP IN THE APP STORE

DOWNLOAD IT TODAY

EXISTING FEATURES

- One-click emergency calls
- Near real-time updates
- Installation-wide alerts
- Interactive bus routes
- Current Air Quality Index
- Newcomer information
- Intuitive search functions
- Bookmark common resources
- Resource Alerts
- Events
- Maintenance Requests
- MHS Genesis Login

August & September Kids Classes

Messy Art

\$12 per class

Ages 7+

Thursday
August 7
11am - 12pm

Thursday
August 21
11am - 12pm

Thursday
September 4
11am - 12pm

Thursday
September 18
11am - 12pm

Color Me Happy

\$10 per class

Parent & Toddlers

Thursday
August 14
10am - 11am

Thursday
August 28
10am - 11am

Thursday
September 11
10am - 11am

Thursday
September 25
10am - 11am

Art History

\$20 per class
(ages 7+)



Strawberries & Seurat

Wednesday
August 20
1pm - 3pm

Cookies & Carle

Wednesday
September 17
1pm - 3pm



Tuesday - Friday 9am - 4pm
Call now to register! (913) 684-3373



OPEN STUDIOS

Ask about our Hourly Fees

Multi-Craft Studio

Great for the whole family with supplies for any craft, personalized gift, or project you have in mind!

Painting Studio

Provided watercolor and acrylic supplies to create your own masterpiece.

Framing Studio

Assemble your own custom frames in our DIY Studio! Must take Intro to Framing before using DIY Studio.

Pottery/Ceramic Studio

We have all of the supplies you need for hand building and wheel throwing. We also offer a variety of customizable bisque pieces ready for you to glaze!

310 McPherson Ave • Fort Leavenworth, KS

leavenworth.armymwr.com

artsandcraftsfortleavenworth@gmail.com



August & September Workshops

Watercolor

\$30 per workshop
pre-registration required

Watercolor (Basics)
Tuesday,
August 19
6pm - 8pm

Watercolor (Color Theory)
Tuesday,
August 26
6pm - 8pm

Framing

\$40 per class

Intro to Framing
Must pre-register

Fridays
August 8, September 12
10am - 2pm

Saturdays
August 23, Saturday 27
10am - 2pm

Watercolor (Landscapes)
Tuesday,
September 2
6pm - 8pm

Watercolor by the Lake (plein-air)
Tuesday,
September 30
6pm - 8pm



scan for more info

Tuesday - Friday 9am - 4pm
Call now to register! (913) 684-3373



Paint & Sip

\$35

Must be 21 years or older.
BYOB



Back to School
Friday,
August 8
6pm - 8pm

Camping Under the Stars
Friday,
September 12
6pm - 8pm



Cost includes all supplies!

310 McPherson Ave • Fort Leavenworth, KS

leavenworth.armymwr.com

artsandcraftsfortleavenworth@gmail.com



Modern Calligraphy

Basics

\$20 per class
pre-registration required

Wednesday
August 27
1:30pm - 3pm

Special Projects

Thank You Cards
Wednesday
September 10
1:30pm - 3pm

Intermediate

\$20 per class
pre-registration required

Wednesday
September 3
1:30pm - 3pm



Acrylic

\$35 per class

Acrylic Pour
Tuesday,
August 19
11am - 1pm
Wednesday,
September 24
11am - 1pm



Crafts

\$35 per class

Wooden Growth Chart
Thurs, August 14
6pm - 8pm
Wed, August 27
11am - 1pm

Wooden Birthday Calendar Board
Tues, September 16
6pm - 8pm
Fri, September 26
11am - 1pm



WORLDS OF FUN & OCEANS OF FUN

Harold Youth Center / 45 Biddle Blvd / Ft. Leavenworth, KS / 913-684-5115

TEEN SUMMER TRIPS

2025 Dates:

- Friday June 6
- Wednesday June 18
- Friday June 27
- Thursday July 3
- Friday July 18
- Thursday July 24
- Thursday July 31
- Friday August 8

Leaving from HYC at 10am, returning at 6pm

\$45 for each session or \$10 with a season pass (season passes can be purchased from Leisure Travel Services for \$84.50) Includes a sack lunch, transportation, and supervision. Trips are for 8th - 12th graders who are eligible to attend the Youth Center. Registration is at HYC two days before trip.

leavenworth.armymwr.com

We have KC Royals Tickets for the 2025 season!

Exclusive Military Rate for tickets and parking.

Ticket prices are based on tiers and vary depending on opponent.

For more info call, or stop by Leisure Travel Services.
(913) 684-2580

310 McPherson Ave (located inside the old USDB)

Or check out our website, leavenworth.armymwr.com

Join Us!

Lancers

2025-2026 FORT LEAVENWORTH LANCERS SWIM TEAM


REGISTRATION OPENS AUG 8TH!

- Open to all swimmers, military and civilian.
- To schedule a tryout/group placement click "New Swimmer Information" on our website.
- Practice begins Aug 18, 2025
- Swimmers must be registered to practice.
- August is free for new swimmers, register soon.
- Only the registration fee is collected in Aug.
- Practice at Harney Gym - 1LT David R. Bernstein Memorial Pool

USA SWIMMING REGISTRATION

- 2026 USA Swim Registration opens **Sept 1st**.
- All swimmers must also re-register with USA Swimming.

www.fortleavenworthlancers.com



ADULT CLASSES

TAEKWONDO

Kick your fitness into high gear!


Tuesdays & Thursdays

Offered from:

- 6pm - 7pm
- 7pm - 8pm


\$65 per month
\$10 for a single class


Gruber Fitness Center
200 Reynolds Ave
Fort Leavenworth, KS
913-684-3224 or 5136



leavenworth.armymwr.com

Open to eligible DOD ID card holders. Must be 18+ and have 247 access prior to taking first class.





ADULT SPORTS


FLAG FOOTBALL LEAGUE

Want to get fit and have a blast doing it?
The only catch is the one you make.
Flags up, game on!


Coaches Meeting:
Wednesday, August 13
5:30pm
Gruber Fitness Center
200 Reynold Ave
Ft. Leavenworth, KS

League play begins
Tuesday September 2.
Letters of intent due by
COB on August 27.

Games: Tuesdays, Thursdays
5:30pm, 6:30pm, 7:30pm
Gruber Football Field



Open to all Active Duty, DOD Civilians, Retirees, Dependents, Spouses, and Contractors working at Fort Leavenworth ages 18+.
League awards given for regular season champions, tournament runner-ups and tournament champions.
For more info call 913-684-3224/ 5136
leavenworth.armymwr.com



Brunner Range


ASTRO CLAYS

Looking for a new and unique range experience?
Introducing Astro Clays! Shoot under the stars!
Special UV black lights turn the clays into glowing targets that are fun for every skill level!

• Sep 13 at 2030
• Oct 11 at 1930
• Oct 25 at 1930
• Nov 8 at 1800
• Nov 25 at 1800
• Dec 13 at 1800

\$25 for 50 clays

Brunner Range
701 Sheridan Dr
Ft. Leavenworth, KS
Call for more info: 913-651-8132
leavenworth.armymwr.com



Starting June 2nd, 2025

Fort Leavenworth Group Fitness Classes

GRUBER FITNESS CENTER - 200 Reynolds Ave. - 684-5120
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530						
0900						Power Yoga (Kim)
0930	Zumba (Virmarie)					
1200						
1630		Zumba (Virmarie)	Power Cycling (Kim)			
1700	Power Yoga (Kim)					

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

*Power Cut classes are held in the Bubble Gym



Single Ticket For \$5.00

10 Tickets For \$45.00

20 Tickets For \$80.00



<https://leavenworth.armymwr.com>

Independent Instructor Class Schedule

Gruber Fitness Center

Monday	Tuesday	Wednesday	Thursday	Friday
	Brazilian Jiu-Jitsu Beginner 1830-1930	Brazilian Jiu-Jitsu Beginner 1830-1930	Brazilian Jiu-Jitsu Beginner 1830-1930	
	Advanced 1940-2040	Advanced 1940-2040	Advanced 1940-2040	


1 x a week - \$60 2 x a week - \$75 3 x a week - \$85 Drop in \$20
First class is FREE! Must have 24 hour access to gym. Classes are 18+ Register in person

Harney Sports Complex


Monday	Tuesday	Wednesday	Thursday	Friday
Olympic Lifting 0900-1015		Olympic Lifting 0900-1015		Olympic Lifting 0900-1015
Kids Olympic Lifting 1600-1700 Bubble Gym		Kids Olympic Lifting 1600-1700 Bubble Gym		

Olympic Lifting - \$75 (3 days) \$70 (2 days) \$10 (drop in)
Kids Olympic Lifting - \$75 (NO drop in)
First class is FREE! Olympic Lifting and Resistance Training is for 18+


Harney Sports Complex & Aquatics Center
185 Fourth St
Ft. Leavenworth, KS
913-684-2190



Gruber Fitness Center
200 Reynolds Ave
Ft. Leavenworth, KS
913-684-5120



Combined League Scramble




9-hole 5pm shotgun start
Trails West Golf Course
306 Cody Rd
Fort Leavenworth
Meal to follow play!

April 30
June 25
August 27
September 24

\$5 FOR SCRAMBLE
\$15 FOR MEAL

Players registered in the Monday Intramural League, Tuesday Women's League, Wednesday League, and Couples Thursday League are eligible to participate in the Combined League Scramble. The Pro Shop will assign teams. Enjoy drink specials all night at The Fairway Grille! Register by COB on Monday of each week

For more information call 913-651-7176 or visit leavenworth.armymwr.com





Couples League



Are you looking for some good old-fashioned fun?

Grab your spouse or partner and come on out to Trails West Golf Course! Featuring fun formats and end of season prizes!

1st and 3rd Thursday of every month at 5pm
Trails West Golf Course
306 Cody Rd
Fort Leavenworth

Annual pass holders : Free
Non-pass holders: \$35 per person
\$70 per team
Weekly: \$5 per person


Registration is open now!
Call for more info 913-651-7176




Scan here to follow Ft. Leavenworth FMWR on FB

For more information: leavenworth.armymwr.com





Trails West Golf Course



Wednesday League


Every Wednesday at 5pm
Trails West Golf Course
306 Cody Rd
Fort Leavenworth

Each week will feature a unique event format. 100% of the weekly fee is awarded to the weekly winners in Golf Pro Shop Gift Certificates. All weekly events are flighted and everyone has a chance to win on any given week! Minimum is 20 players

Free registration for annual pass holders, \$35 for non-pass holders. All players pay a \$5 weekly fee. Registration is open now! Players may join at any time during the year.

For more information call: 913-651-7176
visit: leavenworth.armymwr.com


Scan here to follow Ft. Leavenworth FMWR on FB



Weekend - Swimming Lessons

Bernstein Memorial Indoor Pool

Enrollment opens Wednesday, 13 August at 0800
September 6, 7, 13, 14, 20, 21, 27, 28
Saturdays & Sundays - (8 classes) \$64.00



50503-55	0815-0845 Learn to swim level 3	max 6
50503-56	0900-0930 Learn to swim level 2	max 6
50503-57	0945-1015 Learn to swim level 1	max 5
50503-58	1030-1100 Parent Child	max 6
50503-59	1115-1145 Preschool Level 3	max 5
50503-60	1200-1230 Preschool Level 2	max 5

Swimming Lesson Age Requirements:

Parent Child: participants may be 6 months – 3 years and must be accompanied into the water by a parent or guardian.


Preschool levels: Participants must be 4 years – 5 years old.

Learn-to-swim levels: Participants must be 6 years old –17 years old.

Swimming Lessons

Bernstein Memorial Indoor Pool

Enrollment opens Wednesday, 13 August at 0800
September 8, 10, 15, 17, 22, 24, 29, October 2
Mondays & Wednesdays - (8 classes) \$64.00



50503-61	1200-1230 Parent Child	max 6
50503-62	1245-1315 Preschool Level 1	max 5
50503-63	1330-1400 Preschool Level 2	max 5
50503-64	1415-1445 Preschool Level 1	max 5
Break		
50503-65	1545-1615 Learn to swim level 1	max 5
50503-66	1630-1700 Learn to swim level 2	max 6
50503-67	1715-1745 Preschool Level 2	max 5

Swimming Lesson Age Requirements:

Parent Child: participants may be 6 months – 3 years and must be accompanied into the water by a parent or guardian.

Preschool levels: Participants must be 4 years – 5 years old.

Learn-to-swim levels: Participants must be 6 years old –17 years old.



Fall Youth Sports & Fitness

Confidence begins here! Are you in?

Flag Football (1st - 2nd grades) (Ages 7 - 8) Tuesday/ Thursday Sept 9 - Oct 23 (3rd - 4th grades) (Ages 9 - 10) Monday/ Wednesday Sept 8 - Oct 22 (5th - 6th grades) (Ages 11 - 12) Monday/ Wednesday Sept 9 - Oct 23 \$50	Soccer 6 & Under (Ages 5 - 6) 8 & Under (Ages 7 - 8) 10 & Under (Ages 9 - 10) Sept 8 & 9 - Oct 22 & 23 Under 12 & 14 TBA \$50	Cheerleading (Ages 5 - 12) Monday/ Wednesday Sept 8 - Oct 22 Participants will cheer for all 3rd/4th & 5th/6th grade Teams. *Pom-poms, shirt, and skirt are included in the cost. *\$55	Fall Running Club (3rd - 8th grades) (Ages 8 - 14) Tuesday/ Thursday Sept 9 - Oct 25 Season ends with the Halloween 5K. \$50
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Start Smart Flag Football (Ages 3 - 4)
Sept 15 & 17 - Oct 15 & 20

Start Smart Soccer (Ages 3 - 4)
Sept 16 & 18 - Oct 14 & 16

Registration and enrollment will begin July 7 and close Aug 4. All Youth must have an updated sports physical before first practice. Enrollment can be done at all CYS locations if centrally registered. Webtrac online enrollments can only be done with a Youth Sports Physical that covers the entire season. Volunteer Coaches are needed! For more information call 913-684-7525 or 7526

BRUNNER RANGE



2025



CALENDAR

For more information (913) 651-8132
701 Sheridan Dr. Fort Leavenworth, KS 66027

Fun Shoot	Special Fun Shoots	League Schedule
1st Saturday of every month		
4 January	• Rod & Gun 16 April	• Winter Combo 9 January - 13 March
1 February	• VFW Post 12003 26 April	• Spring Combo 20 March - 22 May
1 March	• Lil Weenie 17 May	• Summer Warm-up 5 June - 10 July 17 July - 21 August
5 April	• Club Championship 21 June	• Fall Combo 4 Sept - 6 Nov
3 May	• One Gun/One Choke 19 July	• Winter Warm-up 13 Nov - 18 Dec
7 June	• Shuck n' Chuck 16 August	
5 July	• American Legion Post 411 20 September	
2 August	• Rod & Gun 15 October	
6 September	• Lil Weenie 18 October	
4 October		
1 November		
6 December		

Hours:
Wednesday 12:00-8:00pm
Thursday 12:00-8:00pm
Saturday 10:00am-5:00pm
Sunday 10:00am-5:00pm
CLOSED
M, T, F
Fun Shoots begin at 9:00am
Rod & Gun begin at 6:00pm

SCAN HERE



LEAVENWORTH.ARMY.MWR.COM

FUN SHOOT

Brunner Range

1st Saturday of the Month

Jan 4 - Dec 6 2025

Feb 1, Mar 1, Apr 5, May 3, Jun 7, Jul 5, Aug 2, Sep 6, Oct 4, Nov 1,

Registration is required and can be done the day of the event from 9AM-10:30AM.

Rental guns and shells are available or bring your own.

Prizes and awards distributed at the end of each shoot.

Info: (913) 651-8132
701 Sheridan Drive



BRUNNER RANGE 2025

SPECIAL FUN SHOOTS

16 April	Rod & Gun Club
26 April	VFW Post 12003
17 May	Lil Weenie
21 June	Club Championship
19 July	One Gun/ One Choke
16 August	Shuck n' Chuck
20 September	American Legion Post 411
15 October	Rod & Gun Club
18 October	Lil Weenie

Contact Brunner Range for more information
(913) 651-8132

Brunner Range

2025

LEAGUE SCHEDULE

Winter Combo
9 January - 13 March

Spring Combo
20 March - 22 May

Summer Warm-up
5 June - 10 July
17 July - 21 August

Fall Combo
4 September - 6 November

Winter Warm-up
13 November - 18 December

Combo leagues shoot on Thursday evenings. Teams consist of 5(+/-) shooters. All teams take turns supplying an evening meal at approximately 5:30 pm with shooting commencing at 6:00 pm. Summer and Winter Warm-up leagues are individual with the same fee but no food.

Contact Brunner Range for more information
(913) 651-8132





FORT LEAVENWORTH MWR

2024 RUNNING EVENTS

GREAT ESCAPE
AUGUST 24

RUN/WALK FOR THE FALLEN
SEPTEMBER 14

1/2 MARATHON
OCTOBER 5

TURKEY TROT
NOVEMBER 16

TO REGISTER CALL, (913) 684-1830
OR STOP BY ANY FITNESS FACILITY!







Fort Leavenworth's
Rod and Gun Club

Advanced Hunter Education & Hunting Dog Training

Saturday, 11 OCT 25

(Inclement weather backup date is 18 OCT 25)

0730-1830 Hrs

Location: Northwest Leavenworth County

A team consists of 1 dog (pointing or flushing), 2 hunters and as many shotgun shells as desired. At least 3 game farm pheasants will be in the field for each team. The focus is on a safe, live fire training experience for the hunters and dogs finding and retrieving harvested pheasants in field conditions. Prizes are awarded to top performing teams; scoring is based on the team's combined firearms handling and hunting skills. The event is open to Club members, active duty and retired military, military dependents, Federal employees, and invited guests. Entry fees are \$75 for Club members and \$85 for non-members. Participation is **limited up to 28 paid & registered** teams (depending on field and crop conditions). Registration **opens** 1730 hours **13 AUG** and **closes** 1700 hours **29 SEP**. Rules and final location will be provided by email. Rules are reviewed prior to each team's start on site. Initially, a household can enter 1 dog as a primary; additional dogs will be put on the "Stand-by List" with accompanying reimbursable fees and registration(s). If the event is not full by 1700 hours 29 SEP, paid and registered Standbys are drawn (one per household) until all have had a 2nd chance to fill vacant slots. Remaining unfilled slots will be filled with 3rd dog stand-by's, etc. Running order is determined by a **random, slotted draw o/a 30 SEP** with the initial draft released on 1 OCT and feedback due by 6 OCT so the running order can be finalized by 9 OCT 25.

For more information and entry forms contact Kent Ervin, 913-240-9596.

Note: Pheasants
will be used.



Volunteer!

Help Shelter Pets!

They need your help for walks and general care!

They enjoy the love, attention, and affections, too!

Several shifts to choose from

Want to know how to join our team?

Register at
<https://vmis.armyfamilywebportal.com/>.

Once registered, we will contact you and have you come in for a training with a team member.

After you train, you shadow two shifts. Then you are ready to help shelter pets!

Watch the **Fort Leavenworth Stray Facility** Facebook page for training events!

Once you register, train, and shadow, you can sign up for any shift you can cover.

Children under 18 can help, but they must be accompanied by an adult the entire shift.

Work with either our cats or dogs or both!





Fort Leavenworth Stray Facility
510 Organ Avenue
Fort Leavenworth, KS 66027



Ft. Leavenworth
International Loan Closet

Located in the alley off McClellan & Kearny
Hours Vary, Check FB Page



MUNSON NOTES

MUNSON NOTICES

■ The **MUNSON ARMY HEALTH CENTER PATIENT AND FAMILY PARTNERSHIP COUNCIL** meets quarterly at MAHC. The PFPC captures voices and insights of patients and families to improve the patient care experience. The council is composed of volunteers who represent the interests of patients who receive care from MAHC. Volunteers can be active-duty, active-duty family member, retirees or retiree family members. Call 913-684-6211 or e-mail usarmy.leavenworth.medcom-mahc.mbx.patient-advocate@health.mil if interested in participating.

■ It is important that military families new to the Fort Leavenworth community **ESTABLISH A NEW PRIMARY CARE MANAGER** for their health care needs. Munson Army Health Center offers a wide range of primary care providers to choose from for personalized care at a convenient on-post location. Once your new address is established in DEERS, call 1-888-TRI-WEST (874-9378) and follow the prompts to establish a primary care manager at MAHC. Learn more about services at munson.tricare.mil.

■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are **ELIGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE**. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit <https://dvidshub.net/r/8wttlf>.

■ The **NUTRITION CARE DIVISION** offers a broad range of nutritional services designed for service members, families, and retirees. Individual Nutrition Therapy and Group Nutrition Therapy are available, and include the Body Composition Program, Weight Control Program, Prenatal Nutrition and Wellness for Life. Call the appointment line at 913-684-6250 to schedule an appointment with MAHC's registered dietitian.

■ **MEDICAL APPOINTMENT CHECK-IN:** Please arrive 15 minutes prior to your appointment to complete any required paperwork and bring the following items: DoD ID card; list of current medications including over-the-counter meds, vitamins, and supplements; any relevant paperwork or forms; and a list of questions or concerns. If you are not able to make your scheduled appointment, call the appointment line at (913) 684-6250 to cancel.

■ Munson Army Health Center Pharmacy offers patients a variety of **OVER-THE-COUNTER MEDICATIONS AT NO COST** to service members, retirees and family members. These items are available without a prescription or medical appointment. These self-care items are comparable to those available for purchase from retail stores and include pain relievers, cough medicine, allergy medication, antibiotic ointment, lice treatment and much more. Visit <https://munson.tricare.mil/Health-Services/Pharmacy> and scroll down to the Over-the-Counter Medication Program for details.

■ Call 913-684-6250 to schedule a **WELL-WOMAN EXAM** at Munson Army Health Center.



STAFF TRAINING SEPT. 4

MUNSON ARMY HEALTH CENTER

**THE HEALTH CENTER
WILL OPEN AT NOON**



MUNSON ARMY HEALTH CENTER

Medical Emergency

In case of a medical emergency,
call 911. The health center does
not have an emergency center.

911

[MUNSON.TRICARE.MIL](https://munson.tricare.mil)

MUNSON ARMY HEALTH CENTER

Call Center 913 684-6250

- Primary Care
- Dental
- Optometry
- Mental Health
- Medical Records
- Pharmacy
- Referrals
- Nurse Advice Line
- More



munson.tricare.mil



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- Pet of the Week
- Upcoming Events
- and more!

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