

THURSDAY
FEBRUARY 27, 2025



LAMP

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ZERO TO 60! What a difference a week makes

Children take advantage of warm, spring-like weather after dangerous below-zero daytime temperatures close schools, post last week



Photos by Prudence Siebert/Fort Leavenworth Lamp

ABOVE: Thirteen-year-old Lucy Lynch, 10-year-old Penny Lynch and 12-year-old Ruby Lynch take turns kicking a soccer ball against a trash bin Feb. 25 in the Grant Pool parking lot. The sisters play year-round with the KC Athletics Soccer Club. **LEFT:** Eleven-year-old Camryn Baldwin rinses while her stepbrother 9-year-old Brennan Burkeen holds their 7-year-old labradoodle Sandy while washing the dog in the Clean Paws Pet Wash Feb. 25 in the Merritt Lake parking lot. See pages A4-6 for more images.

‘Building Trust to Improve Working Relationships’ CAL ethicist leads training for TRAC employees



Photo by Janetta Harris/Center for Army Leadership

Chaplain (Lt. Col.) Jared Vineyard, Combined Arms Center deputy chaplain and Center for Army Leadership ethicist, leads a discussion on trust during leader professional development for The Research and Analysis Center Feb. 13 in the TRAC conference room in McNair Hall.

by Janetta Harris/Center for Army Leadership

Chaplain (Lt. Col.) Jared Vineyard, U.S. Army Combined Arms Center deputy command chaplain and Center for Army Leadership ethicist, facilitated leader development training for about 25 employees with The Research and Analysis Center Feb. 13 in the TRAC conference room in McNair Hall at Fort Leavenworth.

Leaders at TRAC, a subordinate organization of Army Futures Command and tenant organization on Fort Leavenworth, conduct training for employees as part of an established

leader development program. After seeing the many leader development kits on the CAL website and recognizing CAL's decades of experience in the subject areas, TRAC requested a CAL-facilitated session. The chosen session, "Building Trust to Improve Working Relationships," gave participants the opportunity to explore the meaning of trust, and the reasons trust is important to unit readiness, mission accomplishment and unit readiness.

"This one-hour block of instruction is designed to get leaders to define and assess their trustworthiness as well as to discuss techniques to earn and build trust," Vineyard said. "As the fa-

cilitator, I want participants to open up and be honest with themselves as they look at their organizational climate as well."

A key exercise for the TRAC team was completion of the "Assessing Your Trustworthiness" activity. The results of this assessment allowed Vineyard to delve deeper and conduct follow-on discussions with the group related to admitting mistakes, being receptive to feedback, and delegating work to subordinates.

Vineyard also addressed the com-

SEE LEADER DEVELOPMENT TRAINING | A7

AT A GLANCE

■ The **KNOW YOUR WORLD - ECUADOR** presentation originally scheduled for last week when post closed due to weather is now at 1:15 p.m. Feb. 28 in Eisenhower Auditorium at the Lewis and Clark Center. The International Military Student Division, Command and General Staff College, event will also be livestreamed on the CGSC Facebook page.

■ **VOLUNTEER LEADERSHIP TRAINING** for **RELIGIOUS EDUCATION VOLUNTEERS** is 8 a.m. to noon March 1 at Frontier Chapel. E-mail syeeda.j.echols.civ@army.mil or carl.l.tillery.civ@army.mil for more information.

■ **FORT LEAVENWORTH THRIFT SHOP** at 1025 Sheridan Drive will be open this Saturday, March 1. Normal hours are 9:30 a.m. to 2:30 p.m. Tuesday through Thursday and the first Saturday of the month. Call 913-651-6768 for more information.

■ **SCHOLARSHIP APPLICATION DEADLINES** are approaching. See page A3.

■ **VOLUNTEER OF THE YEAR NOMINATIONS** by post-approved organizations are due by March 14. Volunteer hours for March 2024 through February 2025 should be logged in the Volunteer Information Management System by March 14. Contact the Army Volunteer Corps Coordinator at 913-684-2800 or april.m.rogers6.civ@army.mil for more information.

■ Construction on the new Child Development Center continues on Hancock Avenue, with heavy construction machinery traveling daily from Hancock Gate to the construction site. Pedestrians are reminded to **USE ONLY DESIGNATED CROSSWALKS TO CROSS HANCOCK AVENUE.**

■ See the **POST NOTES** (B section) for more information on upcoming events.

USO Transition Program offers career gap webinar for military spouses Feb. 27

by Kansas USO
<https://kansas.uso.org/>
<https://www.facebook.com/USOKansas>

Military spouses are invited to join Kansas USO at 10 a.m. Feb. 27 for a "Fill the Gaps" workshop.

This free, online-only webinar is being offered exclusively for military spouses through the USO Transition Program for active duty, military spouses, National Guard and Reservists.

Executive Coach Andrea Singaas will give tactical tips and help military spouses establish the mindset needed for success. Register now to reserve a spot at <https://bit.ly/USOmilspouseworkshop>.

Navigating career gaps can be one of the biggest challenges military spouses encounter. That's why the USO is bringing Singaas to the table to share her journey, give tactical tips, and help spouses establish the mindset needed to be successful. Whether anticipating a career gap or struggling to overcome one, the program offers empowerment tips to help spouses build strategies that work for them.

Visit <https://www.uso.org/programs/uso-transition-program> for more information.

About Executive Coach Andrea Singaas

As the founder and CEO of The Tyne Group, Singaas is an acclaimed international speaker and executive coach renowned for guiding leaders through transformative growth and change. She is a steadfast advocate for the military spouse community with a rich background in international consulting, project management and communications. This enables her to bring diverse insights and real-world examples to her clients and speaking engagements. She is known for her straightforward approach to leadership development. Her clients work for well-known organizations including Target, MIT, Accenture, Home Depot and the Department of Defense. She is passionate about empowering and challenging leaders to achieve their full potential and make a positive impact.

USO TRANSITION PROGRAM

FILL THE GAPS WORKSHOP

Exclusive Webinar for Military Spouses



Featuring:

ANDREA SINGSAAS

EXECUTIVE COACH





<https://bit.ly/USOmilspouseworkshop>

opment. Her clients work for well-known organizations including Target, MIT, Accenture, Home Depot and the Department of Defense. She is passionate about empowering and challenging leaders to achieve their full potential and make a positive impact.

USO Transition Program

The USO Transition Program extends the USO experience to active duty, Reserve, National Guard and military spouses by offering professional development services throughout the duration of military

service, as well as in preparation for life post-military.

USO transition specialists provide connections to opportunities, organizations, services, workshops, seminars, resources and more in the following focus areas: employment, education, financial readiness,

mentorship and financial readiness.

USO transition specialists provide these free services through one on-one support (either virtually or in person) and help military families create a plan for success now – and for the future.

Register for support at <http://uso.org/transitions>. Contact Transition Specialists Vance Zimmer at vzimmer@uso.org, 785-240-0831 or Rodney Righter at rrihter@uso.org, 785-240-0831.

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FORT LEAVENWORTH LAMP

PUBLISHED FOR THE COMMUNITY OF FORT LEAVENWORTH, KANSAS

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The *Fort Leavenworth Lamp* advertising office is in the Family and Morale, Welfare and Recreation Marketing and Commercial Sponsorship Office in the Resiliency Center at 600 Thomas Ave, Fort Leavenworth, Kan. E-mail mary.f.manago.naf@army.mil or call 913-684-1702.

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MCTP officer joins professional hockey teams on ice



Photo by Brian Allen/Special to the Fort Leavenworth Lamp

Capt. Micah Robbins, an operations officer at the Mission Command Training Program, shares a moment with his 8-year-old daughter, Kennedy, during a break in the action as his fellow KC Warriors teammate James Foster, left, looks on Feb. 19 at the Cable Dahmer Arena in Independence, Missouri. "I've been by myself in all of my previous playing time, all over the world," Robbins said. "The special part about playing now is that I get to share it with my family and friends." Robbins served as emergency backup goalie for the East Coast Hockey League Allen Americans vs. KC Mavericks matchup.

Robbins began his professional playing career in 2010 upon his college hockey commitment, stepping away after the 2013 season to join the Army. He returned to the game in 2019, playing for the All-Army hockey team, taking the silver medal in 7th Open Baltic Winter Military Games in Riga, Latvia. He also began coaching and developing the KC Warriors, an amateur team in the greater Kansas City area that serves disabled veterans — a program that has grown from an initial team of 15 to more than 100 players. Visit <https://kcwarriors.com/> for more information.



Photo by Brian Allen/Special to the Fort Leavenworth Lamp

Capt. Micah Robbins, an operations officer with the Mission Command Training Program, talks with KC Mavericks goalie Victor Ostman, from Danderyd, Sweden, prior to KC Mavericks vs. Allen Americans hockey game Feb. 19 at the Cable Dahmer Arena in Independence, Missouri. Robbins, who served as an emergency backup goalie for the Allen Americans in the Feb. 19 matchup, trains with the KC Mavericks four to five times each season but is available to play for either home or away teams during games. Substitutes are not only needed for injuries, but also when starters are called up to play in the National and American Hockey Leagues. The KC Mavericks are a feeder team, developing players for the NHL Seattle Kraken, and the Texas-based Allen Americans support the NHL Utah Hockey Club.



Photo by Brian Allen/Special to the Fort Leavenworth Lamp

Capt. Micah Robbins, second from left, takes in the second-period action with Allen Americans players Kamerin Nault, Mark Duarte and Miko Matikka during the Allen Americans vs. KC Mavericks hockey game Feb. 19 at Cable Dahmer Arena in Independence, Missouri. Robbins served as an emergency backup goalie for the Allen Americans for the game.



Photo by Brian Allen/Special to the Fort Leavenworth Lamp

Capt. Micah Robbins, right, an operations officer with the Mission Command Training Program, blocks a shot from Allen Americans forward Kamerin Nault during warm-up Feb. 19 at Cable Dahmer Arena in Independence, Missouri. Robbins served as emergency backup goalie for the East Coast Hockey League Allen Americans in the team's matchup with the KC Mavericks. Robbins trains with the KC Mavericks four to five times each season, and he is available to play for either home or away teams during games. Substitutes are not only needed for injuries, but also when starters are called up to play in the National and American Hockey Leagues. Robbins began his professional playing career in 2010 upon his college hockey commitment, stepping away after the 2013 season to join the Army. He returned to the game in 2019, playing for the All-Army hockey team, taking the silver medal in 7th Open Baltic Winter Military games in Riga, Latvia. He also began coaching and developing the KC Warriors, an amateur team in the greater Kansas City area that serves disabled veterans — a program that has grown from an initial team of 15 to more than 100 players. Visit <https://kcwarriors.com/> for more information.

ZERO TO 60!

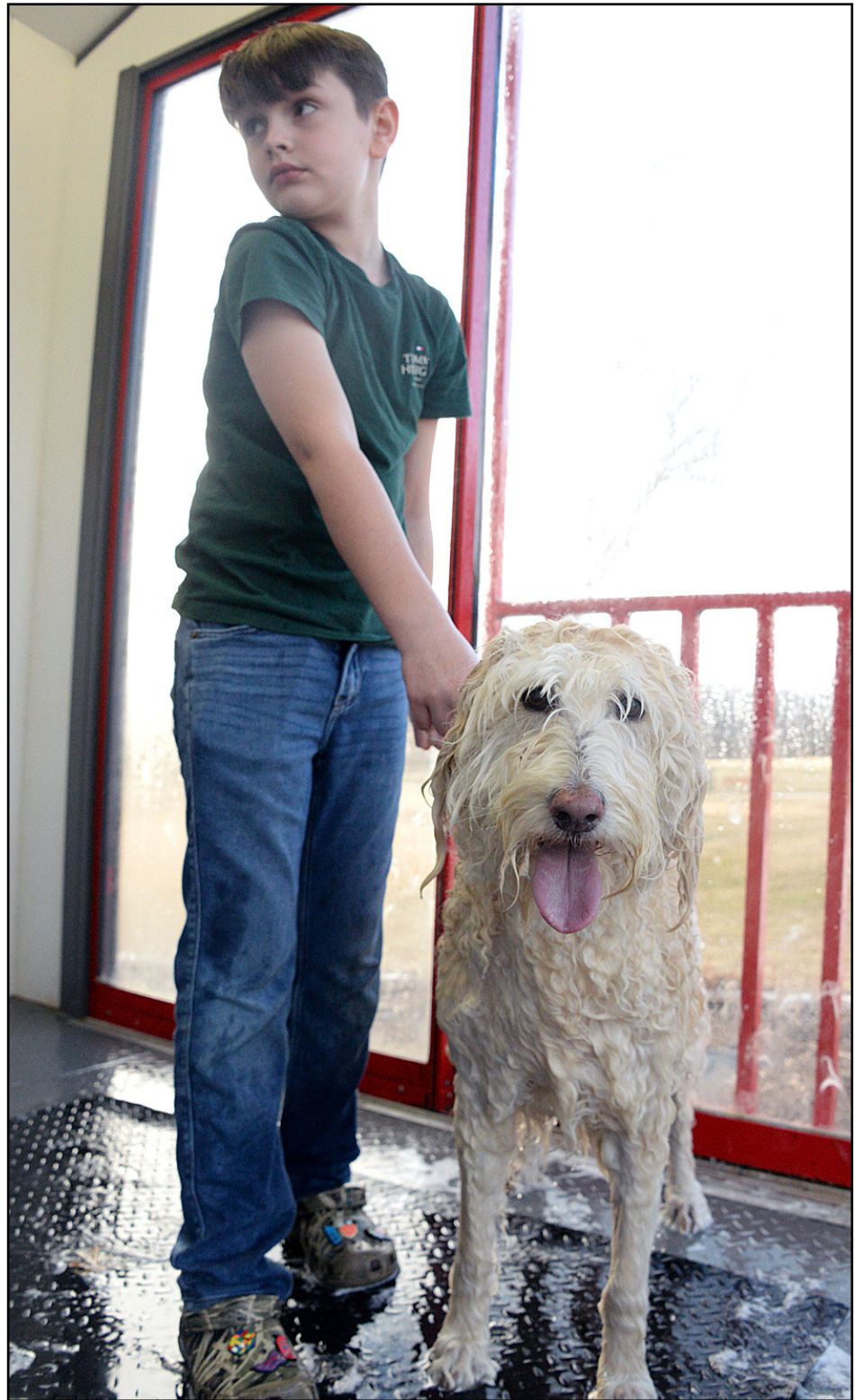
STEP-SIBLINGS TAKE ADVANTAGE OF NICE WEATHER TO WASH FAMILY DOG



Photos by Prudence Siebert/Fort Leavenworth Lamp

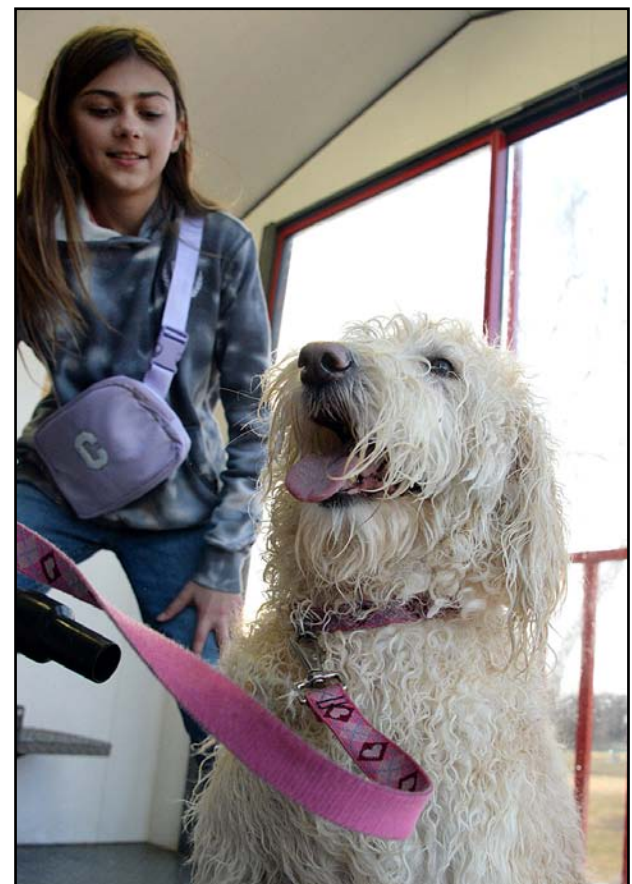
ABOVE: Seven-year-old labradoodle Sandy patiently waits for her bath to be complete in the Clean Paws Pet Wash Feb. 25 in the Merritt Lake parking lot.

RIGHT: Nine-year-old Brennan Burkeen holds labradoodle Sandy for the next step of the dog's bath and looks toward where his step-sister, 11-year-old Camryn Baldwin, selects the drying option in the Clean Paws Pet Wash Feb. 25 in the Merritt Lake parking lot.



LEFT: With snow melting in heaps around the parking lot, 9-year-old Brennan Burkeen and 11-year-old Camryn Baldwin wash their 7-year-old labradoodle Sandy in the Clean Paws Pet Wash Feb. 25 in the Merritt Lake parking lot. The day was over 60 degrees, whereas just a week before, temperatures were below zero. The extreme winter weather cancelled school last week and prompted the closure of post, as well as many area offices and businesses. The Clean Paws Pet Wash is open 24 hours a day and can be operated by coin, cash or card. The pet wash features are similar to a car wash, with warm water, soap and dryer. The system also dispenses treats. For more information, visit <https://leavenworth.armymwr.com/programs/clean-paws-pet-washing-station>.

Photo by Prudence Siebert/
Fort Leavenworth Lamp



Photos by Prudence Siebert/Fort Leavenworth Lamp

ABOVE and RIGHT: Eleven-year-old Camryn Baldwin uses the blow dryer after washing and rinsing 7-year-old labradoodle Sandy with the help of her stepbrother, 9-year-old Brennan Burkeen, in the Clean Paws Pet Wash Feb. 25 in the Merritt Lake parking lot.



LEFT: Twelve-year-old Ruby Lynch, 13-year-old Lucy Lynch and 10-year-old Penny Lynch take turns kicking a soccer ball against a trash bin Feb. 25 in the Grant Pool parking lot. The sisters, who play year-round with the KC Athletics Soccer Club, practiced soccer drills in shorts and bare feet after being stuck inside for much of the week before.

Extreme winter weather, with daytime highs below zero, prompted school and post closures all of last week. This week, daytime temperatures have been in the 60s, with many community members taking advantage of the nicer weather with outdoor activities.

BELOW: Ten-year-old Penny Lynch performs tick tocks, toggling the soccer ball back and forth between her feet, while practicing soccer drills with her sisters Feb. 25 by Patch Community Center.

Photos by Prudence Siebert/
Fort Leavenworth Lamp

ZERO TO 60!

SISTERS SPEND WARM AFTERNOON PRACTICING SOCCER DRILLS



Photo by Prudence Siebert/Fort Leavenworth Lamp

Twelve-year-old Ruby Lynch passes the ball to her older sister Lucy, not pictured, after being kicked the ball by her younger sister Penny while practicing soccer drills Feb. 25 in the Grant Pool parking lot.



Photos by Prudence Siebert/Fort Leavenworth Lamp

ABOVE: Sisters Lucy, Penny and Ruby Lynch pass the ball to each other as they hone their soccer skills and take advantage of the warm afternoon Feb. 25 in the Grant Pool parking lot.

LEFT: Thirteen-year-old Lucy Lynch shoots the soccer ball against a large trash bin while practicing soccer drills with her sisters, 12-year-old Ruby Lynch and 10-year-old Penny Lynch Feb. 25 in the Grant Pool parking lot. The sisters play year-round with the KC Athletics Soccer Club.



ZERO TO 60!

HOME-SCHOOLER SHOOTS HOOPS IN SHORTS WEEK AFTER DAYTIME HIGHS HOVERED AROUND ZERO

ABOVE and RIGHT: With snow melting nearby from the week before, 11-year-old Colin Devine shoots hoops in shorts and a T-shirt, taking advantage of warmer weather, as the sun begins to set Feb. 25 at Grant Park.

An arctic blast, with daytime highs below zero, prompted school and post closures all of last week. This week, daytime temperatures have been in the 60s, allowing many community members to spend more time outside taking walks, playing sports and other activities that the bitter cold had put on hold.



Photos by Prudence Siebert/
Fort Leavenworth Lamp

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Leader development training (continued from Page A1)

mon question, “How do you repair trust once it is broken?” In those circumstances, he said, a certain level of forgiveness or reconciliation is required for individuals to move past this juncture.

“It is possible to repair trust, but the individuals involved must be intentional and make a concerted effort. Those efforts often require crucial conversations to address what damaged the level of trust, along with a plan detailing corrective measures,” he said.

Training included a review of the Army’s Leadership Requirements Model and an examination of leader attributes and competencies. Instruction highlighted the importance of building trust as a significant leader competency.

Vineyard explained the three roles of trusted Army professionals as outlined in Army Doctrine Publication 6-22: honorable servants of the nation, Army experts, and stewards of the Army

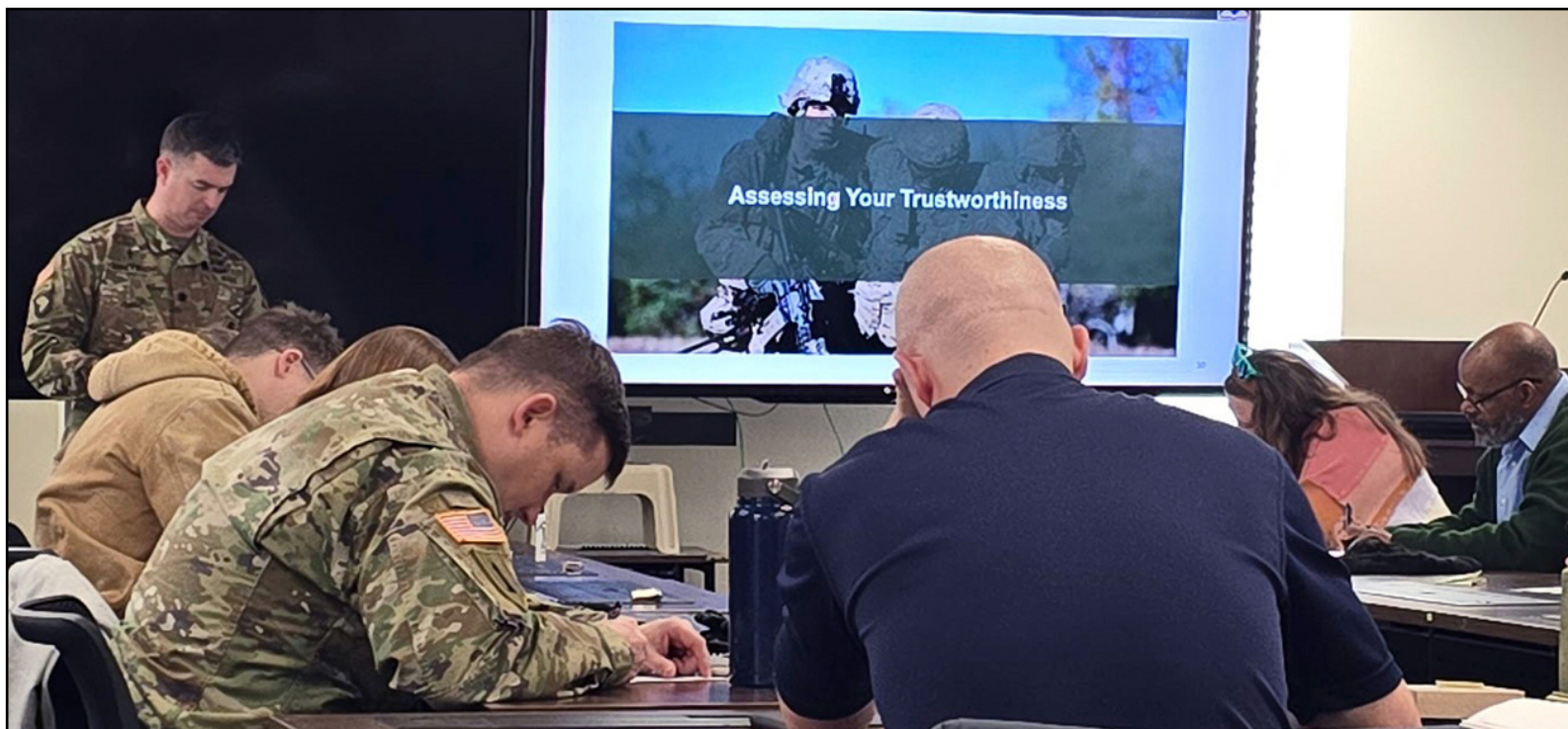


Photo by Janetta Harris/Center for Army Leadership

Chaplain (Lt. Col.) Jared Vineyard, Combined Arms Center deputy chaplain and Center for Army Leadership ethicist, administers the “Assessing Your Trustworthiness” activity during a leader professional development session for The Research and Analysis Center employees Feb. 13 in the TRAC conference room in McNair Hall.

profession. “We cannot have trust if individuals are lacking in character or have potential serious character flaws,” he said. “We cannot have trust in our teams or subordi-

nates if individuals are lacking the necessary competence to complete their required duties, and we cannot have trust if our leaders, peers or subordinates are lacking commit-

ment to the mission, or if they are inconsistent with their actions, words or values.”

Leaders interested in this topic or other leader development topics for their or-

ganizations are encouraged to contact CAL at usarmy.leavenworth.tradoc.mbx.cal@army.mil.

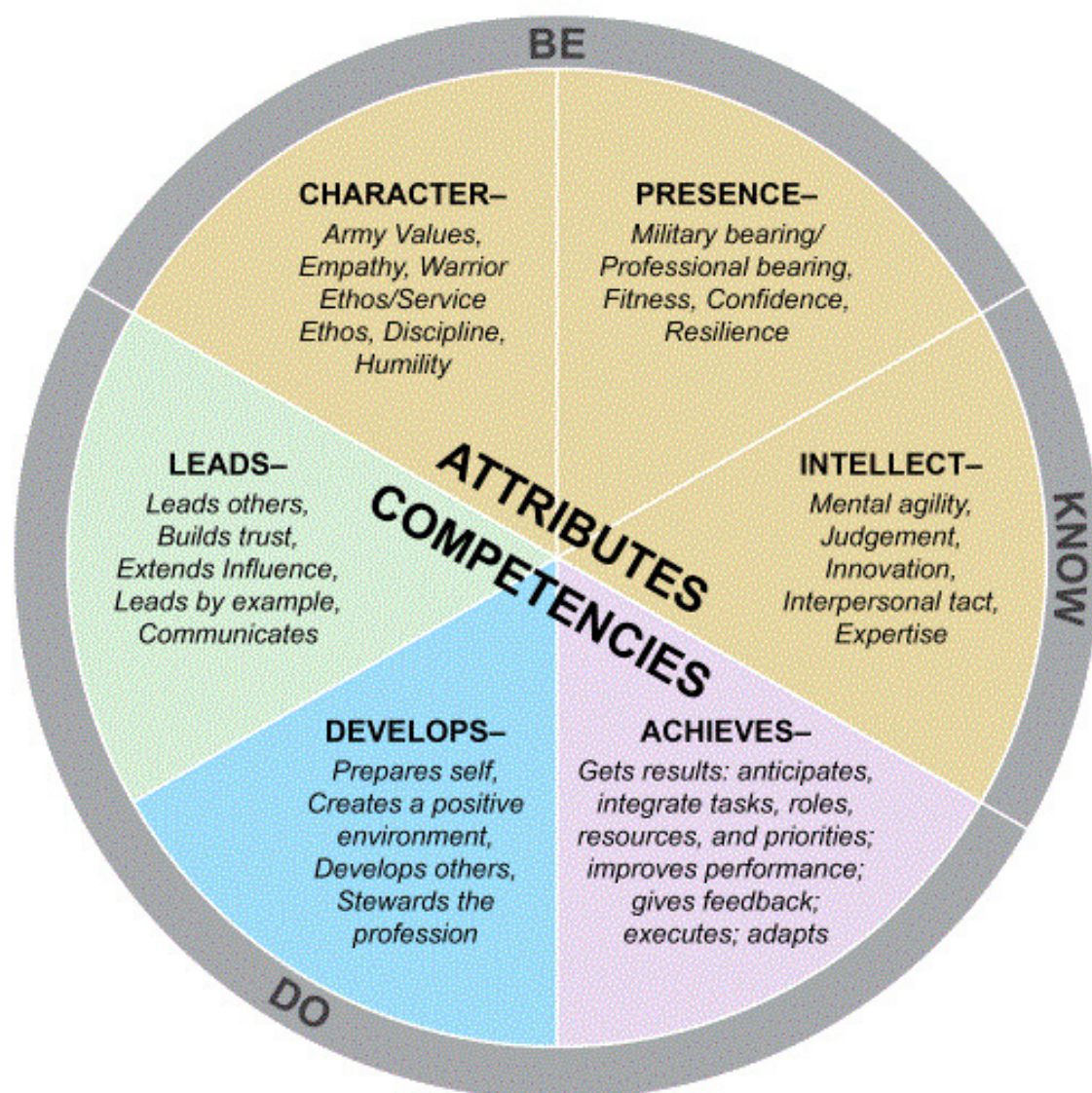
Additional CAL products can be found by visiting <https://usacac.army.mil/>

Organizations/Centers-of-Excellence-CoE/MCCoE/Center-For-Army-Leadership-CAL.

“We cannot have TRUST if individuals are lacking in character or have potential serious character flaws. We cannot have TRUST in our teams or subordinates if individuals are lacking the necessary COMPETENCE to complete their required duties, and we cannot have TRUST if our leaders, peers or subordinates are lacking COMMITMENT to the MISSION, or if they are inconsistent with their ACTIONS, WORDS or VALUES.”

— Chaplain (Lt. Col.) Jared Vineyard
U.S. Army Combined Arms Center deputy command chaplain and Center for Army Leadership ethicist

Army Leadership Requirements Model



Center for Army Leadership Interactive Leader Development Guide graphic

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Deadlines approaching to apply for scholarships for military dependents

FLFHC residents encouraged to apply for Michaels scholarship

by The Michaels Organization Educational Foundation News Release

The Michaels Organization Educational Foundation, a privately funded, non-profit affiliate of The Michaels Organization, is now accepting scholarship applications for the 2025-2026 academic year.

All residents living at affordable and military housing communities owned or managed by Michaels who have a high school diploma or equivalent and plan to pursue higher education at a university, college or trade/professional school are encouraged to apply.

Applications are available at <https://michaels-scholars.com/> until April 15, 2025.

For the first time since the program's inception in 1991, the application process will be completely online, aligning with the foundation's goal to provide easier access to the application and therefore encouraging more applicants to apply.

"Our organization was founded on the idea of providing more than just housing for our residents," said Michaels Chief Executive

Officer Mark Morgan. "It is an honor to watch this program grow each year, always exceeding the prior year's awards, and to know we are making a difference in the lives of so many of our residents, truly living out our promise of 'lifting lives.'"

Now in its 35th year, the foundation has awarded more than \$16 million to students across Michaels' portfolio of communities across the country. During last year's scholarship season, 261 residents at Michaels' affordable and military living communities were awarded scholarships, totaling more than \$2 million.

Scholarships are awarded annually, and students may reapply each year of their education for continuing grants. Foundation funds are raised through voluntary contributions by corporations, companies, families, private trusts and individuals throughout The Michaels Organization's business network. All donations are then matched \$2 for every \$1 by The Michaels Organization's Founder and Chairman Michael J. Levitt and his wife, Pat Levitt.

A separate scholarship program, designed specifically for residents of Michaels' student living communities, will open for applications in August 2025.

Important Dates and Deadlines

Application forms are now available at <https://michaelscholars.com/>.

April 15: Deadline for submitting completed applications.

June 12: Applicants will be notified of the outcome status of their application.

June 24: Acceptance forms must be returned if grant recipients wish to accept the offer of a scholarship. Grants not accepted by this date will be awarded to other applicants.

July 31: If a student meets all necessary criteria and deadlines, scholarship checks, made payable to post-secondary institutions, will be mailed via U.S. mail directly to the post-secondary institution on behalf of the scholarship recipient to help pay for the student's 2025-2026 school year costs.

About The Michaels Educational Foundation

The Michaels Organiza-

tion Educational Foundation is a non-profit affiliate of The Michaels Organization, established to administer scholarships to Michaels residents. The scholarship program was the first of its kind in the affordable housing industry when it was created and since its inception, the program has expanded to include residents of Michaels' military and student living communities and is monumental to The Michaels Organization's mission of "Creating Communities That Lift Lives."

About The Michaels Organization

Michaels is a national leader in residential real estate offering full-service capabilities in development, property management, construction and investment. Serving 200,000 residents in more than 600 communities nationwide, Michaels is committed to crafting housing solutions that jumpstart education, civic engagement and neighborhood prosperity, and to creating "Communities That Lift Lives." For more information, visit www.TMO.com.

More scholarships

FLSC 2025 SCHOLARSHIP PROGRAM



- High School Seniors
- Continuing Undergraduate Students
- Spouse Education

APPLY NOW!

Application deadline 3/1/25

Applications are due March 1 for **FORT LEAVENWORTH SPOUSES' CLUB SCHOLARSHIPS**. Visit <https://fortleavenworthspousesclub.org/community-giving-for-the-scholarship-application-form-and-more-information>.



U.S. ARMY CHILD & YOUTH SERVICES | School Support Services

Scholarship Opportunities

Applications are due March 20 for the **JOHN W. POILLON MEMORIAL SCHOLARSHIP**. Obtain an application at the Army Education Center. Call 913-684-2496 for more information. Visit https://home.army.mil/leavenworth/application/files/7816/3284/5772/Fort_Leavenworth_SLO_Scholarship_List_September_2021.pdf for more information on these and other scholarship opportunities for military dependents.

CGSC Foundation scholarship deadline is March 15



by CGSC Foundation News Release

The CGSC Foundation announced the start of its 2025 competitive scholarship program for spouses, children or grandchildren of U.S. Army Command and General Staff College alumni and others who are life members of the CGSC Foundation's Alumni Association. Applications are now being accepted.

"This is the fifth year of our scholarship program," said Foundation President/CEO Lora Morgan, "and we're proud to say the program has grown every year. Our military families make countless sacrifices in service to our country, and this program allows us to provide them with help to pursue their educational dreams."

The 2025 foundation scholarship awards include five cash scholarships:

- One **\$5,000 scholarship**, the Colonel Stephen E. "Brownie" Brown Scholarship
- One **\$1,000 scholarship** to students who are beginning their college education
- One **\$500 scholarship** to students who are beginning their college education
- One **\$1,000 scholarship** to undergraduate students who are

continuing their college education

• One **\$500 scholarship** to undergraduate students who are continuing their college education

Additionally, Park University will award three \$5,000 scholarships for qualified applicants.

The Park University scholarships are for full-time students for the academic year — the award will be split between the fall and spring semesters. These scholarships can be renewed for up to three years at Park University's discretion if recipients maintain full-time status, have a 3.0 GPA or better, and demonstrate satisfactory academic progress. This Park University scholarship cannot be combined with any other Park University scholarship.

Students can apply for only the foundation cash scholarships, only the Park University scholarships or both by checking the boxes in the application.

The Colonel Stephen E. "Brownie" Brown Scholarship is named in honor of a U.S. Marine officer who retired from active duty in February 2009 and became an instructor at the U.S. Army Command and General Staff College in 2010. Due to medical complications from spinocerebellar ataxia (SCA), Brown retired from teaching at CGSC

and currently lives in Stillwell, Kansas. His network of lifelong friends approached the CGSC Foundation to establish the scholarship in Brown's name to honor his lifetime of service and their friendship.

The CGSC Foundation's scholarship program is open to high school seniors who will begin their college studies in 2025 and for undergraduate college students returning to school. Applicants must be immediate family members (children, grandchildren and spouses) of a life member of the CGSC Foundation's Alumni Association.

The application is available on the CGSC Foundation website at www.cgscfoundation.org/scholarships. A link to join the Alumni Association as a Life Member is also on the page for those who need to join before their relatives apply.

The deadline for applications is midnight March 15, 2025. Judging will occur March 16-31, and the CGSC Foundation will announce the winners in April.

The CGSC Foundation also welcomes donors who may not have eligible relatives but wish to support the scholarship program. To support the scholarship program, visit www.cgscfoundation.org/donate.



www.cgscfoundation.org/donate.

The CGSC Foundation was established December 28, 2005, as a 501(c) (3) non-profit educational corporation with the mission of supporting the U.S. Army Command and General Staff College at Fort Leavenworth, Kansas. The CGSC Foundation supports the college in three overall areas: scholarship, outreach, and soldier and family support. Contribu-

tions made to the CGSC Foundation are deductible under section 170 of the Internal Revenue Code and the foundation is qualified to receive tax deductible bequests, devises, transfers or gifts under sections 2055, 2106 or 2522 of the Internal Revenue Code. To learn more about the CGSC Foundation and its mission, visit www.cgscfoundation.org.

'PCS purge' resources available

by Staff Report

Fort Leavenworth provides many resources for helping with a PCS purge.

Usable items in like-new condition, such as clothing, toys and small appliances, can be donated to the Fort Leavenworth Thrift Shop, which uses store proceeds for community assistance grants, at the shop's drop-off shed at 1025 Sheridan Drive.

Fort Leavenworth Frontier Heritage Communities partners with City Union Mission of Kansas City, Missouri, for curbside pickup of usable items on certain Saturdays throughout the year, as well as drop-offs in the FLFHC parking lot after the postwide yard sale the last Saturday in April.

Pet supplies and unopened pet food can be placed in the red bin on the porch of the Fort Leavenworth Stray Facility at 510 Organ Ave.

Cleaners, paint, yard chemicals and other materials that should not be shipped can be dropped off at Household Haz-

ardous Waste Collection Point, 810 McClellan Ave., to be used by other residents or properly disposed of.

Recycling of scrap metal, glass, cardboard and mixed recycling of paper, aluminum and more is offered in the area off W. Warehouse Road south of the stables. E-waste, such as toner cartridges and printers, can also be dropped off at the Fort Leavenworth Recycling Center.

Fort Leavenworth Frontier Housing Communities offers recycling and regular and bulk trash options for residents.

Resources and Links

- On-post housing handbooks, trash and recycling guides from Frontier Heritage Housing: <https://www.frontierheritagecommunities.com/residents>
- Fort Leavenworth Recycling Center: <https://home.army.mil/leavenworth/myfort/all-services/environmental-management>
- City of Leavenworth Recycling Center: [https://www.leavenworthks.org/public-](https://www.leavenworthks.org/public-works/page/leavenworth-recycling-center)

works/page/leavenworth-recycling-center

- City of Lansing Curbside Recycling: <https://www.lansingks.org/finance/page/trash-recycling>

- City of Platte City Recycling: <https://www.plattecity.org/documentlist.aspx?categoryid=12924>

- Household Hazardous Product Collection Point: <https://home.army.mil/leavenworth/index.php/my-fort/all-services/environmental-management>

- Auto Skills Center for motor oil: <https://leavenworth.armymwr.com/programs/auto-crafts-center>

- Leavenworth County Transfer Station for household and bulk trash drop-off: https://www.leavenworthcounty.gov/departments/transfer_station/index.php

- Munson Army Health Center for medications: <https://munson.tricare.mil/>

- Fort Leavenworth Thrift Shop: <https://www.facebook.com/Fort-Leavenworth-Thrift-Shop-211189988897157/>

- City Union Mission, through partner-

ship and coordination with Fort Leaven-

worth Frontier Heritage Communities: <https://cityunionmission.org>

- Fort Leavenworth Stray Facility: <https://leavenworth.armymwr.com/programs/stray-facility>, www.FLSF.petfinder.com

- Salvation Army, Leavenworth: <https://centralusa.salvationarmy.org/leavenworth/>

- Catholic Charities, Leavenworth: <https://catholiccharitiesks.org/where-work/leavenworth/>

- Goodwill, Leavenworth: <https://www.mokangoodwill.org/locations/goodwill-leavenworth-ks>

- HOPE Thrift Store, Leavenworth: <https://hopeleav.org/thrift-store/>, <https://www.facebook.com/HOPETHriftStoreLeavenworth/>

- Leavenworth Mission Community Store/Food Pantry: <https://lvmission.org/>, <https://www.facebook.com/Leavenworth-Mission/>

Pets of the Week



Gingerbread (male, left) and Blueberry (female, right) are 4-month-old domestic shorthair kittens available for adoption at the Fort Leavenworth Stray Facility. They have already been neutered/spayed, microchipped and vaccinated. The fee to adopt a cat/kitten is \$75.

E-mail fortleavenworthstrayfacility@gmail.com for an adoption application. Visit www.FLSF.petfinder.com for adoptable pet profiles. Call 913-684-4939 for more information. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility.

The Fort Leavenworth Stray Facility, at 510 Organ Ave., is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday; 9 a.m. to noon the second Saturday of the month; and by appointment for pre-approved adopters. Call 913-684-4939 to schedule an appointment.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed. To apply to volunteer with the Fort Leavenworth Stray Facility, visit <https://vmis.armyfamilywebportal.com/>, enter ZIP code 66027, then search for "stray animal facility."



Photos by Prudence Siebert/Fort Leavenworth Lamp



Volunteer!



Help Shelter Pets!

They need your help for walks and general care!

They enjoy the love, attention, and affections, too!

Several shifts to choose from

Want to know how to join our team?

Register at <https://vmis.armyfamilywebportal.com/>.

Once registered, we will contact you and have you come in for a training with a team member.

After you train, you shadow two shifts. Then you are ready to help shelter pets!

Watch the Fort Leavenworth Stray Facility Facebook page for training events!

Once you register, train, and shadow, you can sign up for any shift you can cover.

Children under 18 can help, but they must be accompanied by an adult the entire shift.

Work with either our cats or dogs or both!



Fort Leavenworth Stray Facility
510 Organ Ave // (913) 684-4939



Adoptions • Volunteer Opportunities

Integrity.
Dedicated Service.
Financial Solutions.
Anytime, Anywhere.

frontierccu.org (913) 651-6575



Fort Leavenworth Stray Facility
510 Organ Avenue
Fort Leavenworth, KS 66027



Spring Break programming offered at museum March 17-21

Spring Break at the Frontier Army Museum

All programs are located at the Frontier Army Museum unless indicated

Touch a Truck with the Fort Leavenworth Fire Department Monday March 17th from 10-12p

Get up and personal with a real firetruck! Come talk to real firefighters and learn about how these heroes keep Fort Leavenworth safe.

Storytime with Combined Arms Research Library (CARL) Tuesday March 18th at 9:30am

Join us for a special Spring Break Storytime at the museum! We will read picture books, sing songs, and play games!

Operation Wildlife Bald Eagle Presentation Wednesday March 19th at 10:30am

Experienced bird handlers will share fun facts and use props to help participants visualize the wingspan, amazing eyesight, and the impressive size of the eagle.

Historic Hike to the Pecan Grove with Nature Resource Specialist Neil Bass Thursday March 20th at 10:00am

Meet at the Sherman Army Airport (1000 Chief Joseph Loop, Fort Leavenworth, KS 66027) parking lot by 9:45a. The hike will be 1.5 miles roundtrip and take approximately 2 hours. Things to bring: Water bottle, Insect Repellant, Hiking shoes, or comfortable shoes that may get muddy, camera, questions about the Fort's natural resources.

Children's Pioneer Day Friday March 21st from 10-12p

Join us for a Children's Pioneer Day! Kids can explore what it would be like to be a pioneer on the Western frontier! There will be activities and games to help kids learn all about living that 19th century life.

All programs are free and open to all ages

Clean Paws Pet Wash

Open 24 hours a day!
Merritt Lake Parking Lot
Cash, Coin and Card



Info: (913) 651-7176

THURSDAY
FEBRUARY 27, 2025



LAMP

Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

Fort Leavenworth Thrift Store Open – Saturday, 1 March 2025

- ❖ Location: 1025 Sheridan Drive, Building 1049
- ❖ Phone: 913-651-6768
- ❖ Hours:
 - ❖ Monday & Friday: Closed
 - ❖ Tuesday-Thursday: 0930-1430
 - ❖ First Saturday of each month: 0930-1430
- ❖ Consignments taken each day the store is open from 0930-1230



FORT LEAVENWORTH THRIFT SHOP COMMUNITY ASSISTANCE GRANTS

Applications are available at the Thrift Shop
1025 Sheridan Drive, Building 1049

Hours of Operation
Tuesday, Wednesday, Thursday, 1st Saturday
from 9:30 AM – 2:30 PM

GRANTS ARE AVAILABLE FOR ELIGIBLE ORGANIZATIONS, NOT INDIVIDUALS

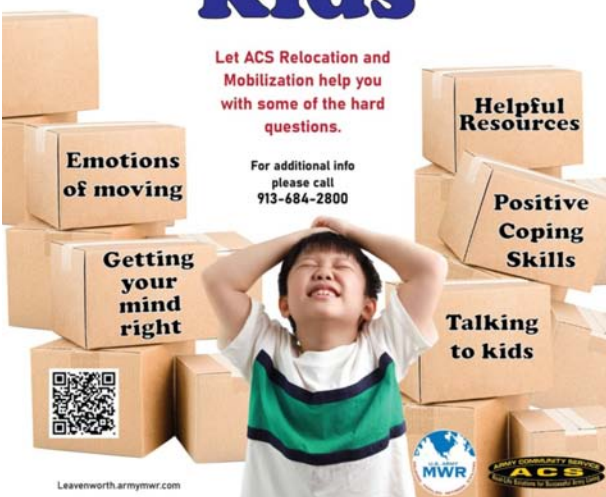
APPLICATIONS MUST BE COMPLETED AND RETURNED TO THE THRIFT SHOP BY TUESDAY, FEBRUARY 25TH

Moving with kids

March 7th
ACS Classroom
Office Bldg 198
9:30am-11am

Let ACS Relocation and Mobilization help you with some of the hard questions.

For additional info please call 913-684-2800



Teen Employment Workshop

Picking your future career is just one piece of the puzzle.

The Teen Employment Workshop takes the guesswork out of job searching, resume building, and tailoring your skills to the job that you want!

Learn how to fit the pieces together to create an exciting picture of your future career goals!



ACS Classroom
10:00am - 12:00pm
March 14
April 18
May 30
June 28
July 11
August 1

FREE! Registration is required the day before the workshop. For ages 14 - 20. For more info please call 913-684-2800



It's almost time for the
FY25 Army Housing Tenant Satisfaction Survey.
Are YOU In?

Opt-In from your cell phone now to receive your Survey via text message when it becomes available in March*



*U.S. phone numbers only at this time

Text option is not available for Army UH for FY25.

The survey is being conducted online and is being administered through a third party, CEL & Associates, Inc. (CEL). All households living in privatized, government managed Army or Unaccompanied Housing are invited to participate in the survey, and this is your opportunity to provide feedback on your housing and community.

Households will also receive the survey via email but only one survey per household or room/bed can be submitted. All surveys submitted are confidential and anonymous. For more information contact your Housing Office or management office for privatized housing.



OMB CONTROL NUMBER: 0704-0553
OMB EXPIRATION DATE: 05/31/2025

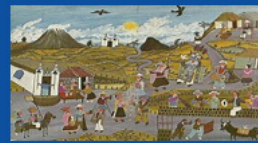
The International Military Student Division invites you to...



KNOW YOUR WORLD



ECUADOR



A 45-minute cultural experience. All Military & Civilians welcome!
Lewis and Clark Center, Eisenhower Auditorium

RESCHEDULED TO 28 February at 1:15-2 p.m.

FORT LEAVENWORTH NEW CDC DETOUR ROUTE



The previous CDC construction detour, from Iowa to Kansas Ave, has been modified to reroute traffic away from densely populated areas. The new detour (yellow trace), will route traffic northwest to 5th Artillery Rd and toward the cemetery and golf course.



Antiterrorism/ Force Protection Program Active Shooter Awareness

How To Respond to an Active Shooter In your Vicinity:

OPTION 1. EVACUATE (RUN)

- Have an escape route and plan in mind.
- Leave your belongings behind.
- Prevent others from entering.

OPTION 2. HIDE OUT (HIDE)

- Hide in an area out of the active shooter's view.
- Block entry to your hiding place and lock the doors.
- Silence your cell phone and/or pager.

OPTION 3. TAKE ACTION (FIGHT)

- ONLY AS A LAST RESORT when life is in imminent danger.
- Attempt to incapacitate the active shooter.
- Act with physical aggression/throw items at active shooter.

Once it is safe to do so, report the incident to law enforcement.



A New Catalog is Coming!

While we transfer data from our old system to the new one please understand that

- No holds on materials can be made
- We cannot fill any interlibrary Loans requests

& between March 13-19:

- Only 10 community items out per checkout
- Materials due during this time will be extended
- No new accounts can be made
- Database access will stay the same
- Computer access in the library won't change



Ike Skelton Combined Arms Research Library
Check for updates at <https://carlscgsc.libguides.com/home>

MyArmyPost



Try the Army's Newest Mobile Application!

FIND THE MY ARMY POST APP IN THE APP STORE



EXISTING FEATURES

- One-click emergency calls
- Near real-time updates
- Installation-wide alerts
- Interactive bus routes
- Current Air Quality Index
- Newcomer information
- Intuitive search functions
- Bookmark common resources
- Resource Alerts
- Events
- Maintenance Requests
- MHS Genesis Login

Catholic Women of the Chapel



CWOC resumes on January 9, 2025
and meets Thursdays at 9:00am
in the Pioneer Chapel Activity Room

Join us for our faith study:
THE RETURN OF THE PRODIGAL SON
 by Henri Nouwen

LEARN MORE >>>

Find our complete calendar on
Facebook 'CWOC Fort Leavenworth'



Join us monthly

DATE NIGHT

6-10 PM @ Frontier Chapel

Meals & Childcare provided

Sponsored by Fort Leavenworth Chapel Community

Supported by 

Invest in your marriage this year!



05 SEP, 03 OCT, 07 NOV, 05 DEC, 09 JAN, 06 FEB, 06 MAR, 03 APR, 01 MAY

Each Date Night begins with a faith-based marriage enrichment presentation. Then couples are released to go out on a date and further discuss the topic together. Children will remain safely supervised by childcare professionals at Frontier Chapel (6-10 pm or pick up kids earlier)!

For more information and to register scan the QR code or call 913-680-7336

St. Ignatius of Loyola Catholic Community
 Fort Leavenworth, Kansas



Pastoral Advisory Council Meeting
 The Pastoral Advisory Council meetings are open to all congregation members that would like to provide input regarding upcoming events and future volunteer needs for the community.
 February 4, 2025, at 1730 in the Pioneer Chapel

CONFESIONS
 Pioneer Chapel - Tuesday - Friday 1130-1200
 Frontier Chapel - Sunday 0930-0915

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
RE 0810-0910 Confessions 0830-0915 Mass 0930 (F)	Choir 1730 (F)	Mass 1200 (P) PAC (P) 1730	Mass 1200 (P)	CWOC 0900 (P) Mass 1200 (P)	Mass 1200 (P) Dream Date Your Spouse 1730 Adoration 1230-1000	
RE 0810-0910 Confessions 0830-0915 Mass 0930 (F)	Choir 1730 (F)	Mass 1200 (P) Knights of Columbus 1900 (F)	Mass 1200 (P)	CWOC 0900 (P) Mass 1200 (P)	No Daily Mass	
NO RE Confessions 0830-0915 Mass 0930 (F)	Choir 1730 (F) CWOC Day Retreat	Mass 1200 (P) Lector/EMHC Training 1830 (F)	Mass 1200 (P)	CWOC 0900 (P) Mass 1200 (P)	Adoration 1230-1000	
RE 0810-0910 Confessions 0830-0915 Mass 0930 (F)	Choir 1730 (F)	Mass 1200 (P)	Mass 1200 (P)	CWOC 0900 (P) Mass 1200 (P)	Mass 1200 (P) Adoration 1230-1000	Children & Choir meets from 1020-1100 on days when Religious Education is scheduled. (P) Pioneer Chapel (F) Frontier Chapel



2025 Islamic Holy Times of Prayer: Frontier Chapel



Dates: Ramadan: 01 – 29 MAR 25

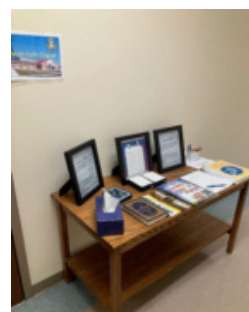
Location: Please come to Room 111 in Frontier Chapel for Individual Prayers

Frontier Chapel: 625 Thomas Avenue

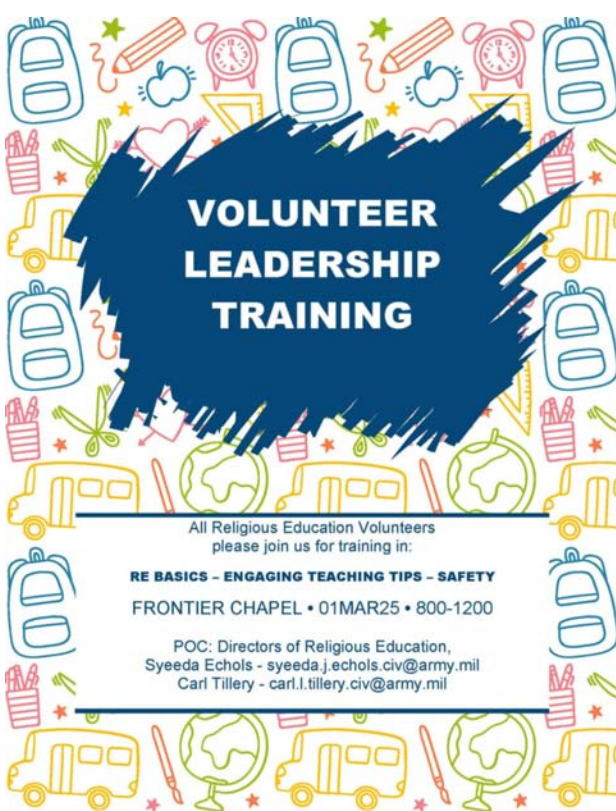
Time: 0900-1700 (MON-FRI and SUN)

Please see your unit chaplain or call the Religious Support Office at 913-684-2210

Lewis & Clark Building will hold Midday Prayers in the Faculty Lounge (MON-FRI)



CH (MAJ) Chris Weinrich, christopher.w.weinrich.mil@army.mil



VOLUNTEER LEADERSHIP TRAINING

All Religious Education Volunteers please join us for training in:

RE BASICS - ENGAGING TEACHING TIPS - SAFETY
 FRONTIER CHAPEL • 01MAR25 • 800-1200

POC: Directors of Religious Education,
 Syeeda Echols - syeeda.j.echols.civ@army.mil
 Carl Tillery - carl.l.tillery.civ@army.mil


FORT LEAVENWORTH SNOW ETIQUETTE

Per the FLFHC Resident Handbook:

- Residents are responsible for promptly removing snow and ice from the resident's sidewalk between any common sidewalk or road and the front and/or rear door and driveways
- Residents are asked to move parked cars off of roadways during snow removal operations to avoid obstructing plows

Snow Shoveling Reminders:

- Push excess snow into your yard. Never shovel snow into roadways, sidewalks, or neighboring residences
- Clear snow and ice around fire hydrants
- Be patient while DPW and Wallace crews work to clear roads and common area sidewalks




Ash Wednesday Services

Protestant: 05 MAR 25
 Faculty Lounge, Lewis and Clark Building
 Time: 0730-0800

Roman Catholic: 05 MAR 25
 Pioneer Chapel, 500 Pope Avenue
 Time: 1200

Anglican: 05 MAR 25
 Memorial Chapel, 626 Scott Avenue
 Time: 1730

For more information, please call the Religious Support Office at 913-684-2210 or email christopher.w.weinrich.mil@army.mil



Auto Crafts & Outdoor Rental

If your lawn equipment needs a tune-up or repairs call, (913) 684-3395.



HUNGRY?

Fort Leavenworth MWR has AMAZING food options!

- Solarium Buffet
- 12th Brick Grille
- Strike Zone Snack Bar
- Java Cafe
- FCC BBQ



LEAVENWORTH.ARMYMWR.COM




Frontier Army Museum and the Friends of the Frontier Army Museum (FFAM) present

History Brunch

A Contribution to Victory: Western University's Vocational Training Program for World War I by Dr. Bernard Harris JR

Rescheduled for March 22

Light refreshments served at 10:30a, presentation to begin at 11:00a

Frontier Army Museum
100 Reynolds Ave
Fort Leavenworth, KS

Free event for all



CALL FOR PRESENTERS

The Frontier Army Museum is seeking presenters to speak on historical topics.



Interested in sharing your passion and knowledge of history with others?

Contact Megan Hunter for details and scheduling:
(913)684-3190 / megan.m.hunter4.civ@army.mil

CALL FOR VOLUNTEERS

The Frontier Army Museum is looking for a consistent, longterm volunteer to work in the collections.



Role: Assisting with inventory, minor artifact cleaning, mount making, and other collections related tasks.

Age Requirement: Must be 16 and older.

Interested? Please contact Megan Hunter
megan.m.hunter4.civ@army.mil

2025 Speaker Series

Presented by the Frontier Army Museum & The Friends of the Frontier Army Museum (FFAM)

All presentations are free to the public and will be located at the Frontier Army Museum 100 Reynolds Ave Fort Leavenworth, KS

FEBRUARY

Saturday February 15th, 10:30am History Brunch: "A Contribution to Victory: Western University's Vocational Training Program for World War I with Dr. Bernard Harris JR. Light refreshments provided by the Friends of the Frontier Army Museum will be served prior to the presentation.

Wednesday February 26th. 5:30p: "A Kansas Soldier at War" with Ken Spurgeon

MARCH

Saturday March 15th, 10:30am History Brunch: "Moroccan Participation in WWI and II" with Zakaria Harwach. Light refreshments provided by Friends of the Frontier Army Museum will be served prior to the presentation.

Wednesday March 26th, 5:30pm: "Native Americans and Fort Leavenworth" with Gary Hyder

APRIL

Saturday April 12th, 10:30a History Brunch: "10th Mountain Division during World War II" with National WWI Museum and Memorial Curator Dr. Chris Juergens. Light refreshments provided by the Friends of the Frontier Army Museum will be served prior to the presentation.

Wednesday April 30th, 5:30p: "The Jewish Community in Early Leavenworth" with Raymond Powell

All presentations will be streamed live and recorded on the Friends of the Frontier Army Museum Facebook page: <https://www.facebook.com/ftleavenworthffam>



Stronghold: Happy Bottoms Program

Powered by: Rapid Response Charities



Free Monthly Diaper Distribution
Email: contact@strongholdfoodpantry.org

February 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5 OPEN PANTRY & HAPPY BOTTOMS 1100-1300	6	7	8
9	10	11 STRONGHOLD U MASTERING YOUR PCS @ 1:30P	12 OPEN PANTRY & HAPPY BOTTOMS 1100-1300	13	14	15
16	17	18	19 OPEN PANTRY & HAPPY BOTTOMS 1100-1300	20	21	22
23	24	25	26 OPEN PANTRY & HAPPY BOTTOMS 1100-1300	27	28	



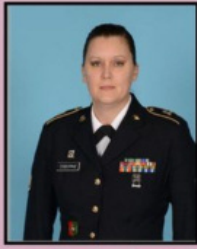
UNITED STATES ARMY COMBINED ARMS CENTER AND FORT LEAVENWORTH SEXUAL HARASSMENT AND SEXUAL ASSAULT RESPONSE WORKFORCE



For Assistance
contact
LTC Craig Arnold

Ms. Amanda Bonseigneur
Lead SARC
Amanda.bonseigneur.civ@army.mil
Office: 913-684-2810
Cell: 913-704-9620
Bldg 197, 632 McClellan Ave

Hiring Underway
Supervisory SARC



SFC Jerri Osborne
Team 1 SARC
jerri.l.osborne.mil@army.mil
Office: 913-684-1698
Cell: 913-565-0741
Bldg 77, Room J209,
290 Grant Ave



LTC Craig Arnold
Interim Supervisory SARC
Team 2 SARC
craig.d.arnold.mil@army.mil
Office: 913-684-2818
Teams: 520-692-8849
Cell: 913-704-9604
Bldg 197, 632 McClellan Ave



SFC Jacob Roach
Team 3 SARC
jacob.w.roach.mil@army.mil
Office: 913-684-0956
Cell: 913-547-5075
835 Sabalu Rd



Mr. Josh Belle
Team 4 SARC
joshua.p.belle.civ@army.mil
Office: 913-684-5230
Cell: 913-680-5699
Bldg 58, 614 Custer Rd



Ft Leavenworth SHARP Resource Center
Building 197, 632 McClellan Ave
Fort Leavenworth, KS 66027

Contact the team at usarmy.leavenworth.cac.mbx.cac-sharp@army.mil

For Assistance
contact the
SHARP Hotline

Hiring Underway
Victim Advocate



Ms. Nicole Hernandez
Victim Advocate
Maureennicole.n.hernandez.civ@army.mil
Office: 913-684-5230
Cell: 913-544-9243
Bldg 58, 614 Custer Rd

For Assistance
contact the
SHARP Hotline

Hiring Underway
Victim Advocate

For Assistance
contact the
SHARP Hotline

Hiring Underway
Victim Advocate

We Have Realigned Under a New Installation Model!

- Team 1** AAFES, ACS, AFC, ARI, CDID, Cemetery, CID, CPAC, DeCA, DES, DLA,DMPA, FMWR, LRC, MCCoE, MICC, Museum, NEC, PAO, RCI Housing, TDS/SJA, TRAC, USAFMSA, USAG HQ, USASMDC, USD 207, and US STAG CMD.
- Team 2** CAC HQ, CAC-T HQ, MCTP, NSC, STB, TMD, 505th CCW and 500th/67th MP
- Team 3** ACB, MWJRCF, USDB
- Team 4** Army U, CGSC, Dental, DLI, MAHC staff, Patients, SAMS, SOF, TRADOC, Veterinarian, and Other Service Staff tenant personnel

Fort Leavenworth 24/7 SHARP Hotline
913-683-1443
DoD Safe Help Line
877-955-5247

Sexual Harassment Complaint Reporting Option
Formal | Informal | Anonymous
Sexual Assault Reporting Option
Restricted | Unrestricted
Retaliation Reporting Options
Command | IG | SARC | DoD Safe Helpline

Find us on Facebook



WeCare App



GET IT ON Google Play



#NotInOurArmy
Current as of 17 November 2024

- Family Advocacy Program -
Victim Advocacy Program

1 in 3 women and 1 in 4 men have experienced some form of domestic violence by an intimate partner in their lifetime.
If you or someone you know is experiencing violence by an intimate partner, please reach out to the victim advocacy program at 913.683.2537

Safety Planning

Victim Advocacy Services

Education & Support Group

DOMESTIC VIOLENCE EDUCATION AND SUPPORT GROUP

When:
November 7th and 21st
December 5th & 19th
January 2nd, 16th & 30th
February 13th & 27th
1:00PM-2:30PM

THIS GROUP IS:
- SAFE
- RELATABLE
- EDUCATIONAL
- RELEVANT
- CONFIDENTIAL

Where:
Resiliency Center
600 Thomas Ave
Room 145

FOR QUESTIONS
CALL 913-683-2537

PREVENTION IN THE PARK
APRIL 25 // 2PM - 4PM
EFMP PARK (BEHIND POST THEATER)

April is National Child Abuse Prevention Month. During April, FAP / NPSP will be sponsoring events focused on stress reduction and family fun. Come join us to have some fun at the park with bubbles, chalk, bean bag toss, and other fun activities for the family!
FREE and open to DoD ID card holders.
Age limit: kids 0-10!
Registration is required and can be done until April 18th.
For more info or to register call, (913) 684-2808/2800.
Rain out date: April 30 // 2PM - 4PM

ACS FAP Presents:
5 Love Languages for Couples

January 29 • July 16 • October 8 // 1:00PM-2:30PM
ACS Classroom 145

The 5 love languages couples focuses on the strengthening the connections while learning the core patterns when speaking or giving love to others, and how love is received. Learn how to stay connected, translate love languages and improve relationships.
Deadline to register is day before each class.
FREE and open to DoD ID card holders 18+.
For more info: (913) 684-2822/2808

Scan the QR Code for more info about FAP.

5 Love Languages of Teenagers

Do you ever feel like you and your teen are speaking another language?

The "5 Love Languages of Teenagers" class is geared toward caregivers that want to communicate with their teens in a way that everyone feels heard, understood, and most importantly loved.

ACS Classroom 145
Feb 12, May 14, Aug 13, Nov 12
1-2:30pm
FREE

Open to all DOD civilians, active duty, and retired military that are caregivers raising teens
Call to register (deadline is day before class)
913-684-2822 / 2808

CROCHETING CLUB

Jan 31, Feb 21,
Mar 14, Apr 18, May 16
1pm - 3pm
Room 145
600 Thomas Ave

Come join our Crocheting Club and learn a new skill, or perfect an existing one!
"Stitch" together, connect & create!
Supplies will be provided!
Have a favorite yarn?
You're welcome to bring it!

Please RSVP one day prior to class
Call 913-684-2808/2800

FREE!
Ages 8+

COLLECTING DONATIONS

Operation Deploy Your Dress is collecting donations to build our shop inventory

- *Formal & Cocktail Attire (dresses and suits)
- *Shoes, Jewelry & Handbags

All items should be clean & free of tears, snags or stains
SEND US A FB MESSAGE OR EMAIL ODYDFLSC@GMAIL.COM

STRESS MANAGEMENT

Thursdays: Sept 12, Nov 14, Jan 16, Mar 27
1130 - 1300
ACS Conference Room 145

Registration Required (must register by the day before the class you want to attend.)
Classes are for 18 and over, no childcare will be provided.

This one-session FREE class helps attendees identify stressors and symptoms of stress as well as how to select and implement stress management skills to overcome stressors of any kind. Learn how to take control of yourself by learning to control your stress, instead of allowing the stress to control you. End the class with a structured relaxation exercise.

ACS Family Advocacy Program Presents:
ANGER MANAGEMENT

Feb 20 • Apr 17 • Jun 12
Aug 21 • Oct 16 • Dec 11
Thursdays from 11:30AM - 1PM
ACS Conference Room, Room 145

Learn how to identify the different kinds of anger and ways anger is expressed. Build skills to deal with strong and destructive behavior and emotions.
FREE and open to DoD ID card holders 18 and above.
Childcare not provided.
Registration is required, and must be done the day before the class.
For more info or to register call, (913) 684-2808/2822

A PARENTS ROADMAP TO HEALTHY AND UNHEALTHY RELATIONSHIPS

Teen parenting can be tough. Join the Family Advocacy Program for a workshop about how to identify healthy & unhealthy relationships for your teen, indicators of teen dating violence, and digital red flags.

VIRTUAL OPTION

Wednesday, February 5th
11:00-12:30PM

Wednesday, February 19th
11:00-12:30PM

via Teams

REGISTRATION REQUIRED
913-683-2537

IN-PERSON OPTION

Wednesday, February 12th
4:30-6:00PM

Wednesday, February 26th
4:30-6:00PM

600 Thomas Ave, Bldg 198
Room 157



Navigating the Teen Years

Feb 19, May 28,
Aug 20, Nov 19
@ 1 - 2:30pm

ACS Classroom 145
600 Thomas Ave
One session workshop
Available in person or virtual



Ever wish that raising your teen came with an instructional manual?

The Navigating the Teen Years workshop is your guide to the difficult questions.

We'll discuss:

- Teen Mental Health
- Substance Abuse
- Raising Teens in a Digital Age
- Understanding Social Media
- Teen Sexualized Behaviors

FREE and open to all DoD ID holders 18+ Register by calling 913-684-2811/2808 Deadline to register is the day before class.



Co-Parenting Workshop

Round 1: April 7, 14, 21, 28
Round 2: July 7, 14, 21, 28
Round 3: September 8, 15, 22, 29
@ 12:00pm - 1:00pm
ACS Classroom 145
600 Thomas Ave

Learning to co-parent after a divorce can feel like being on opposite ends of a chasm.

Our four week workshop will show you how to build a bridge that will enhance parenting skills, enrich positive co-parenting, learn to develop and use boundaries, and establish a joint plan for managing expectations about your children's growth, development, and behavior.

FREE and open to all DoD ID holders 18+ Register by calling 913-684-2811/2808 Deadline to register is day before class.

Participants are encouraged to attend every class as each session will be different. Ask about virtual options!



ACS AND FAP PRESENTS: POSITIVE PARENTING VIA MICROSOFT TEAMS • 1:30PM – 3PM

- ROUND 1: OCTOBER 18, OCT 25, NOV 1, AND NOV 8
- ROUND 2: NOV 22, DEC 6, DEC 13, AND DEC 20
- ROUND 3: JAN 10, JAN 17, JAN 24, JAN 31
- ROUND 4: FEB 7, FEB 14, FEB 21, FEB 28
- ROUND 5: MAR 7, MAR 14, MAR 21, MAR 28

THIS FOUR-WEEK COURSE IS DESIGNED TO HELP PARENTS DEVELOP NON-PHYSICAL DISCIPLINE STRATEGIES, BUILD STRONG RELATIONSHIPS, AND MEET THE NEEDS OF CHILDREN OF ALL AGES.

FREE AND OPEN TO DOD ID CARD HOLDERS 18+.

REGISTRATION IS REQUIRED AND MUST BE DONE THE DAY BEFORE THE FIRST DAY OF TRAINING.

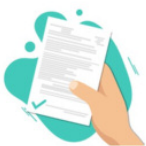
PARTICIPANTS MUST ATTEND EACH DATE IN THE ROUND OF THEIR CHOICE.

INFO AND REGISTRATION: (913) 684-2808/2822



Employment Readiness Program Classes

ACS Classroom • Resiliency Center, 600 Thomas Ave.
Wednesdays • 12PM - 2PM*



Resume Writing:
Jan 8* • Feb 12* • Mar 12* • Apr 9*
May 7* • June 11*
Evening Classes:
Apr 9 • May 7 • June 11 - 5PM - 7PM
Registration required for evening classes



Federal Employment:
Jan 15* • Feb 19* • Mar 19* • Apr 16*
May 14* • June 18*
Evening Classes:
Apr 16 • May 14 • June 18 - 5PM - 7PM
Registration required for evening classes

Scan QR Code for more info!

Interview Skills & Professionalism:
Jan 22* • Feb 26* • Mar 26* • Apr 30*
May 21* • June 25*
Evening Classes:
May 21 - 5PM - 7PM
Registration required for evening classes

Classes are from 12PM - 2PM

Registration is required for evening classes only.

Open to DoD ID card holders.

For more info call:
(913) 684-2800



Financial Readiness Milestone Training

Are you financially prepared for what life throws your way? Let us help! We offer free Financial Readiness Training on a variety of subjects.

- Some of the topics we will discuss:
- Pre-Deployment
 - Post-Deployment
 - PCS
 - Marriage
 - Divorce
 - Vesting in TSP
 - Promotion
 - First Child
 - Continuation Pay
 - Disabling sickness/injury/condition

Held monthly every
2nd & 4th Thursday @
0900am - 1100am.
Bldg 198 Room 157

INFO: 913-684-2852 / 2800



MOM'S NIGHT OUT

This event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.

2025 Dates:
Jan 29 • Feb 26 • March 26 • April 30
May 28 • June 25 • July 30 • Aug 27
Sept 24 • Oct 29 • Nov 19 • Dec 10

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old.

Info: (913) 297-3212 or (913) 684-2800

DAD'S NIGHT OUT

Dad's Night Out is offered by ACS New Parent Support Program for Dads of children 0-3 years of age to get out of the house without the kids and meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.

2025 DATES:
Jan 22 • Feb 19 • March 19 • April 23
May 21 • June 18 • July 23 • Aug 20
Sept 17 • Oct 22 • Nov 12 • Dec 3

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Dads with children 0-3 years old.

For more info: (913) 297-3212 or (913) 684-2800

Financial Readiness Milestone Training

Are you financially prepared for what life throws your way? Let us help! We offer free Financial Readiness Training on a variety of subjects.

Some of the topics we will discuss:

- Pre-Deployment
- Post-Deployment
- PCS
- Marriage
- Divorce
- Vesting in TSP
- Promotion
- First Child
- Continuation Pay
- Disabling sickness/injury/condition

Held monthly every
2nd & 4th Thursday @
0900am - 1100am.
Bldg 198 Room 157

INFO: 913-684-2852 / 2800

ACS New Parent Support Prenatal Classes 2025

Childbirth Classes:
Series of three classes
Jan 6th, 13th, 27th
Mar 3rd, 10th, 17th
May 5th, 12th, 19th
July 14th, 21st, 28th
Sep 8th, 15th, 22nd
Nov 3rd, 17th, 24th

Newborn Care Classes:
Feb 3rd
Apr 7th
June 2nd
August 4th
October 6th
December 1st

Breastfeeding Classes:
February 10th
April 14th
June 9th
August 11th
October 20th
December 8th

Free for Expectant Parents!

600 Thomas Ave
Room 157
All classes are from
5 pm - 7 pm

Deadline for Registration is the Friday before the class. Pre-registration is required. Contact 913-297-3212.

ACS New Parent Support 2025 Potty Training

Come join us to learn the cues to look for when deciding to potty train! Learn valuable tips to get you started!

Are you ready?

Time to lose the diapers?

FREE For Parents of Children aged 0-4 years
Pre-registration Required
Deadline is Friday before class
Contact 913-297-3212

600 Thomas Ave
Room 157
2/24, 4/28, 6/16, 8/18,
10/27, 12/15
5 pm - 7 pm

ARMY COMMUNITY SERVICE ACS

Real-Life Solutions for Successful Army Living

Victim Advocate Hotline: (913) 684-2537
Child Abuse Hotline: (913) 684-2111
SHARP Hotline: (913) 683-1443
Chaplain: (913) 683-1443
AER Assistance After Hours:
American Red Cross at (877) 272-7337

DoD Safe Helpline

Sexual Assault Support for the DoD Community

safehelpline.org | 877-995-5247

Need to talk?

We're here to help.

safehelpline.org

BRUNNER RANGE

MWR 2 25 CALENDAR

For more information (913) 651-8132
701 Sheridan Dr. Fort Leavenworth, KS 66027

Fun Shoot	Special Fun Shoots	League Schedule
1st Saturday of every month		
4 January	• Rod & Gun 16 April	• Winter Combo 9 January - 13 March
1 February	• VFW Post 12003 26 April	• Spring Combo 20 March - 22 May
1 March	• Lil Weenie 17 May	• Summer Warm-up 5 June - 10 July 17 July - 21 August
5 April	• Club Championship 21 June	• Fall Combo 4 Sept - 6 Nov
3 May	• One Gun/One Choke 19 July	• Winter Warm-up 13 Nov - 18 Dec
7 June	• Shuck n' Chuck 16 August	
5 July	• American Legion Post #11 20 September	
2 August	• Rod & Gun 15 October	
6 September	• Lil Weenie 18 October	
4 October		
1 November		
6 December		

Hours:
Wednesday 12:00-8:00pm
Thursday 12:00-8:00pm
Saturday 10:00am-5:00pm
Sunday 10:00am-5:00pm
CLOSED M, T, F

Fun Shoots begin at 9:00am
Rod & Gun begin at 6:00pm

LEAVENWORTH.ARMYMWR.COM

Saturday Morning Spring Youth Bowling League

Meeting: January 11th @ 10:00am
12 Week Handicap League
January 18th - April 12th

Every Saturday at 9:45am
@ The Strike Zone

Ages 3-5 years old - Little Rollers
(2 games per Saturday w/ bumpers - \$8 per week)
Ages 6-9 years old - Dragons
(3 games per Saturday w/ optional bumpers - \$11 per week)
Ages 10-18 years old - Explorers
(3 games per Saturday no bumpers - \$11 per week)

For more info call 913-651-2195

CGSC BOWLING LEAGUE

MIXED

Thursday Nights @ 6:15pm
4 person mixed teams
\$10 per week - includes 3 games & shoes

Meeting January 9th at 6:30pm
12 Week League starts
January 16th - April 10th at 6:15pm
at The Strike Zone
For more info call: 913-651-2195

Discover Fort Leavenworth's Fitness Facilities

Harney Sports Complex and Aquatics Center
185 Fourth St
913-684-2190
M-F 0500-1800
Sat-Sun 0800-1700

Gruber Fitness Center
200 Reynolds Ave
913-684-5120
M-F 0500-1800
Sat-Sun 0800-1700

YOU'RE JUST A CLICK AWAY FROM A HEALTHIER YOU!

Adult Sports & Fitness

Group Fitness

WE OFFER 24/7 Gym Access (After registration)

LET'S GO!

DECIDE TO COMMIT TO SUCCESS

Intramural Volleyball League

Season Starts: April 1
Games: Tues. and Thurs.
5:30PM - 8:30PM
Harney Sports Complex

Coaches Meeting: Wed, March 12 at 5:30PM at Gruber Fitness Center.

Team Rosters and/or Letters of Intent due COB Wed, March 26.

This is a co-ed league.

Open to Active Duty, DoD Civilians, Retirees, Dependents, Spouses, and Contractors working at Fort Leavenworth ages 18 and older.

League awards given for regular season champions, tournament runner ups, and tournament champions.

Info: 913-684-3224/684-5136

SIGN UP NOW FOR YOUTH SPORTS & FITNESS SPRING SPORTS!

REGISTRATION/ ENROLLMENT FEBRUARY 3 - MARCH 3
Registration must be done through Parent Central or Webtrac. Must be centrally registered and have an updated sports physical on file.

Start Smart Baseball \$30 (ages 3 - 4)
Soccer \$50 (ages 5 - 14) April 7 - May 22
Baseball \$50 Kinder - 6th grade (ages 5 - 12) April 7 - May 22
Girls Kid Pitch Softball \$50 3rd - 6th grade (ages 8 - 12) April 7 - May 21

LET'S PLAY BALL!

For more info call 913-684-7525/ 7526
Volunteer Coaches Needed!

Starting January 1st, 2025

Fort Leavenworth Group Fitness Classes

GRUBER FITNESS CENTER - 200 Reynolds Ave. - 684-5120
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530						
0930		Zumba (Lydia)		Zumba (Lydia)		
1200						
1630		Zumba (Lydia)	Power Cycling (Kim)	Zumba (Lydia)		
1700	Power Yoga (Kim)					

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

*Power Cut classes are held in the Bubble Gym

Single Ticket For \$5.00
10 Tickets For \$45.00
20 Tickets For \$80.00

U.S. ARMY MWR SPORTS • FITNESS • AQUATICS

https://leavenworth.armymwr.com

Independent Instructor Class Schedule

Gruber Fitness Center

Monday	Tuesday	Wednesday	Thursday	Friday
	Brazilian Jiu-Jitsu Beginner 1830-1930	Brazilian Jiu-Jitsu Beginner 1830-1930	Brazilian Jiu-Jitsu Beginner 1830-1930	
	Advanced 1940-2040	Advanced 1940-2040	Advanced 1940-2040	

1 x a week - \$60 2 x a week - \$75 3 x a week - \$85 Drop in \$20
First class is FREE! Must have 24 hour access to gym. Classes are 18+ Register in person

Harney Sports Complex

Monday	Tuesday	Wednesday	Thursday	Friday
Olympic Lifting 0900-1015		Olympic Lifting 0900-1015		Olympic Lifting 0900-1015
Kids Olympic Lifting 1600-1700 Bubble Gym		Kids Olympic Lifting 1600-1700 Bubble Gym		

Olympic Lifting - \$75 (3 days) \$70 (2 days) \$10 (drop in)
Kids Olympic Lifting - \$75 (NO drop in)
First class is FREE! Olympic Lifting and Resistance Training is for 18+

Harney Sports Complex & Aquatics Center
185 Fourth St
Ft. Leavenworth, KS
913-684-2190

Gruber Fitness Center
200 Reynolds Ave
Ft. Leavenworth, KS
913-684-5120

FORT LEAVENWORTH LEISURE TRAVEL SERVICES TOP TICKETS

Disneyland Military Salute Offer 2025:
3 DAY Park Hopper Our Price \$295.00
W/Lightening Lane \$391.00
4 DAY Park Hopper Our Price \$349.00
W/Lightening Lane \$477.00

Disney World Military Salute Offer 2025:
4 DAY Park Hopper Our Price \$365.00
5 DAY Park Hopper Our Price \$385.00
6 DAY Park Hopper Our Price \$399.75

Universal Orlando Military Freedom Offer 2025:
2 Park Freedom Pass Adult \$210.00 and Child age 3-9 \$205.00
3 Park Freedom Pass Adult \$245.00 and Child age 3-9 \$240.00

Universal Hollywood:
1 Day General Admission Adult and Child 3+ \$99.00-\$122.50

Go City Go Card:
Sightsee and save with a Go Card! Discover the best attractions, tours and experiences, all on one pass. Worldwide: UAE Dubai, Cancun Mexico, State side: Orlando, Miami, Chicago, Los Angeles, San Francisco, Oahu, New Orleans, Boston, Las Vegas, New York, and much more!

Leisure Travel Services
310 McPherson, Bldg 464
(913) 684-2580
leavenworth.armymwr.com

Worlds of Fun Season Gold Passes are here!

Purchase @ Leisure Travel Services
310 McPherson Ave
Bldg 464
913-684-2580

\$93.25 a pass
Single day tickets coming soon!

you should be here
or here...
or maybe here...

March & April Workshops

Watercolor \$30 per workshop

Watercolor (Basic Techniques)
Wednesday, March 5
11am - 1pm

Watercolor (Spring Florals)
Wednesday, March 26
11am - 1pm

Watercolor (Color Theory)
Wednesday, March 12
11am - 1pm

Watercolor (Landscapes)
Wednesday, April 9
11am - 1pm



scan for more info

Call now to register!
913-684-3373

Arts & Crafts Studio
310 McPherson Ave
913-684-3373

OPEN STUDIO
Hours 10am - 5pm T - F
Ask about our Hourly Fees

Multi-Craft Room
Come use our provided supplies to craft with the whole family!

Painting Studio
Provided watercolor and acrylic supplies to create your own masterpiece.

Framing Studio
Must take Intro to Framing before using DIY Framing Studio.

Pottery Studio (Coming Soon!)

Modern Calligraphy

Basics

\$20 per class

Tuesday
April 15
1:30pm - 3pm

Special Projects

Birthday Cards

Tuesday
April 29
1:30pm - 3pm

Intermediate

\$20 per class

Tuesday
April 22
1:30pm - 3pm



Reoccurring Classes MUST PRE-REGISTER

Intro to Framing

\$40 per class
Every 2nd Friday & 4th Sat of the month
10am - 2pm

Paint & Sip

\$35 per session
Every 2nd Friday of the month
6pm - 8pm

Must be 21 years or older.
BYOB

Come see what's new at the Studio!

leavenworth.armymwr.com



March & April Workshops

Acrylic

\$35 per class

Acrylic Pour
Tuesday, April 22
6pm - 8pm



Framing

\$40 per class

Intro to Framing
Must pre-register

Fridays
March 14, April 11
10am - 2pm

Saturdays
March 29, April 26
10am - 2pm



Crafts

\$35 per class

Hello Spring Wooden Sign
Tuesday, March 25
6pm - 8pm

Friday, March 28
11am - 1pm

Pressed Flower Jewelry Dish
Wednesday, April 23
11am - 1pm

Tuesday, April 29
6pm - 8pm



Call now to register!
913-684-3373

Arts & Crafts Studio
310 McPherson Ave
913-684-3373

Paint & Sip

\$35
Must be 21 years or older.
BYOB



Fawn in Flowers
Friday, March 7
6pm - 8pm



Robin Nest
Friday, April 18
6pm - 8pm

Cost includes all supplies!

Kids Arts & Crafts

Messy Art

\$12 per class (ages 7+)

Thursday, March 6
10:30am - 11:30am

Thursday, April 3
10:30am - 11:30am

Thursday, April 17
10:30am - 11:30am

Color Me Happy (Parent & Toddler)
\$10 per class

Thursday, March 13
10:30am - 11:30am

Thursday, March 27
10:30am - 11:30am

Thursday, April 10
10:30am - 11:30am

Thursday, April 24
10:30am - 11:30am

Art History

\$15 per class (ages 7+)

Waffles & Warhol
Wednesday, March 26
1pm - 3pm

Donuts & da Vinci
Wednesday, April 16
1pm - 3pm



Mother's Day \$20 Gift & Card
Thursday, May 1
10:30am - 12pm



Come see what's new at the Studio!

leavenworth.armymwr.com



The Fort Leavenworth Frame Studio

Custom Framing & DIY Studio
Tuesday - Friday
10am - 5pm
Must complete Intro to Framing Workshop before using the DIY Frame Studio. Hourly fee applies.
Call to register or stop by the studio!



Come see us!
Arts & Crafts Studio
310 McPherson Ave
(913) 684-3373

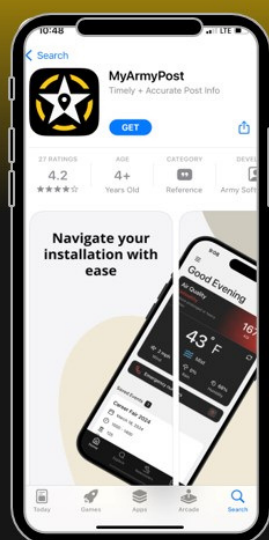
The Frame Studio is available for all of your framing needs!

Military Prints
Art Projects
Photography Prints
Graduation Certificates
Etchings/Engravings
Restoration

Intro to Framing:
(\$40 a class must pre-register)
Every 2nd Thursday of the month from 10am - 2pm
Every 4th Saturday of the month from 10am - 2pm
Deadline to register is the day before class. Ages 15+

My Army Post App

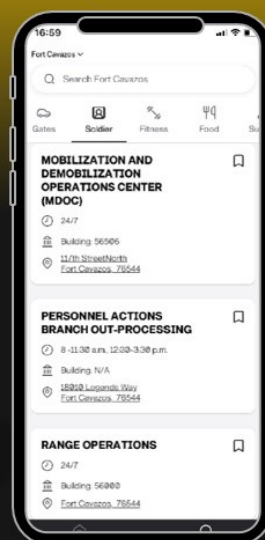
Step 1:
Download the app



Step 2:
Select your base



Step 3:
Stay in the know!



WE ARE THE ARMY'S HOME | HOME.ARMY.MIL | ARMYMWR.COM



NOW
OPEN
**Fort Leavenworth Care Options for
Summer 2025 & School Year 2025-2026**

Request Before/After School Care & SAC Camps all year round



MILITARY
CHILDCARE.COM

Families can use MCC to make requests for SAC programs, which include Before/After School care and Fall, Winter, Spring, and Summer Camps, all year round. The online system allows you to search for and submit unlimited SAC requests at any time of the year without waiting for a specific registration time to begin. As soon as school dates are known, all SAC programs will be made available to you so you can submit your requests.

Please Note: Spaces are offered via email based on the sponsor's priority and request for care (RFC) date.

MILITARY
CHILDCARE.COM

Using **MilitaryChildCare.com**, you can find comprehensive information on child care programs worldwide, conduct a customized search for the care you need, and submit a request for care at any time and from any location. Follow these four steps!

- STEP 1 CREATE ACCOUNT**
Go to **MilitaryChildCare.com** to create an account containing information about your family, or to login using an existing username and password.
- STEP 2 SEARCH and REQUEST CARE**
Search the system for the child care options that best fit your needs and submit your requests for care.
- STEP 3 MANAGE MY REQUESTS**
You can manage your requests for care from anywhere in the world.
- STEP 4 UPDATE MY PROFILE**
Keep your **My Profile** page up-to-date with important information.

It's that easy!

To get started, visit:
MilitaryChildCare.com
For questions/support,
call: 855.696.2934

Don't know what Care Options to request?
Prior to making Requests for Care, go to CYS Facebook or FMWR-CYS website to review flyer:
2025 Fort Leavenworth Care Options & Waitlists





Join
Our
Team



**FORT LEAVENWORTH SCHOOL DISTRICT
OPENINGS FOR THE 2024-25 SCHOOL YEAR:**

- Special Education Para Educators
- Food Service Manager
- Food Service Cook
- Full-Time & Daily Substitute Teachers
- Full-Time Bus Aide
- Full-Time Bus Driver
- Special Education Teacher K-5
- Special Education Teacher 6-9
- Early Childhood Pre-School Special Education Teacher

APPLY NOW




www.usd207.org 913-651-7373

CYS is Hiring

Great Pay!
Amazing benefits!
What are you waiting for?
Apply to Fort Leavenworth
Child and Youth Services today!

up?



to level



Ready



Medical, Dental, Vision, & Life Insurance Benefits*

Retirement & 401K

Regular Full-Time/ Part-Time and FLEX Hours Available

Paid Leave and Paid Federal Holidays for Full-Time & Part-Time

Career Progression & Paid Training

Priority Child Care Placement & Employee Child Care Discounts

Access to Commissary & AAFES Shopping Privileges & MWR Facilities

Job Transfer Program Worldwide Through Civilian Employment Assignment Tool

*Conditions Apply



Scan here to apply!
ArmyMWR.com/cyscareers



Episode 62
Stewarding the Profession:
THE HARDING PROJECT

LTC Zach Griffiths, Dr. Trent Lythgoe, and COL(R) Rich Creed join our host LTC Lisa Becker to talk about The Harding Project. They discuss how Army Professionals advance the Profession of Arms through professional writing and discourse. They examine myths of writing, tips to get better at writing, and writing initiatives within The Harding Project.

https://podcasts.apple.com/us/podcast/episode-62-stewarding-the-profession-of-the-harding-project/id152292251?i=1000563116512

Now available on...





FORT LEAVENWORTH FMWR

CHILD AND YOUTH SERVICES

Parent Central and Outreach Services (913) 684-5138

Youth Sports and Fitness (913) 684-7525

SKIESUnlimited (913) 684-3207

ARMY COMMUNITY SERVICE

(913) 684-2800

EFMP, FAP, ERP, AER, MFIC
And much more!

RECREATION

Haney Sports Complex (913) 684-2190	Brunner Range (913) 651-8132	Hunt Lodge (913) 684-1830
Gruber Gym (913) 684-5120	Auto Crafts (913) 684-3395	Stables and Horses (913) 684-1703
Outdoor Equipment Rental (913) 684-3395	Rod & Gun Club (913) 684-2035	Stray Facility (913) 684-4934

BUSINESS OPERATIONS

Strike Zone (913) 651-2195	12th Brick Grille (913) 684-2293
Trails West Golf Course (913) 651-7176	RV Storage & POV Lot (913) 651-7176
Frontier Conference Center (913) 684-3825	Clean Paws Pet Wash (913) 651-7176



Connect with Us!
Facebook: Fort Leavenworth FMWR
Online: leavenworth.armymwr.com

EXCHANGE FOR **MADE** the **GRADE**

you get the REWARDS!

X
EXCHANGE

\$20 REWARDS!

Straight **A** students

X
EXCHANGE

\$10 REWARDS!

Average **B** students

ENTER FOR A CHANCE TO WIN A \$2,000, \$1,500 OR \$500 REWARDS! GIFT CARD!

See an Associate for details and entry forms.





NCO JOURNAL

CHECK OUT THE NCO JOURNAL PODCAST WHERE WE DISCUSS RECENTLY PUBLISHED ARTICLES WITH AUTHORS, TO PROVIDE AN OPEN EXCHANGE OF IDEAS AND INFORMATION.

<https://www.armypress.army.mil/journals/nco-journal/nco-journal-podcasts/>

 <https://www.facebook.com/NCOJournal>
 <https://twitter.com/NCOJournal>

MUNSON NOTES

■ MEDICAL APPOINTMENT

CHECK-IN: Please arrive 15 minutes prior to your appointment to complete any required paperwork and bring the following items: DoD ID card; list of current medications including over-the-counter meds, vitamins, and supplements; any relevant paperwork or forms; and a list of questions or concerns. If you are not able to make your scheduled appointment, call the appointment line at (913) 684-6250 to cancel.

■ Munson Army Health Center is looking for volunteers to join the **PATIENT AND FAMILY PARTNERSHIP COUNCIL**. Volunteers can be active-duty, active-duty family members, retirees or retiree family members. The PFPC meets quarterly. If interested, call 913-684-6211/6127.

■ Munson Army Health Center Pharmacy offers patients a variety of **OVER-THE-COUNTER MEDICATIONS AT NO COST** to service members, retirees and family members. These items are available without a prescription or medical appointment. These self-care items are comparable to those available for purchase from retail stores and include pain relievers, cough medicine, allergy medication, antibiotic ointment, lice treatment and much more. Visit <https://munson.tricare.mil/Health-Services/Pharmacy> and scroll down to the Over-the-Counter Medication Program for details.

■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are **ELIGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE**. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit <https://dvidshub.net/r/8wtlfl>.



EXTENDED HOURS

Until 5 p.m.

February 24-28

1-913-684-6250

munson.tricare.mil

Many services at Munson Army Health Center, including pharmacy, ScriptCenter, lab, rehab, primary care and dental, remain open until 5:30 p.m. this week to support patients impacted by weather and safety closure last week.

Any patient who still needs an in-person primary care, optometry or hearing appointment rescheduled can contact the appointment line at 913-684-6250.

For rehabilitation, call 913-684-6338.

For dental, call 913-684-5516.

Jobs available at MAHC

Munson Army Health Center

WE ARE HIRING

- PHYSICIANS
- CLINICAL PSYCHOLOGIST
- MEDICAL TECH
- DENTAL ASSISTANT

AND MORE

Visit [USAJobs.gov](https://www.usajobs.gov) and search "Military Treatment Facility Under DHA" and "Fort Leavenworth"



Check out these current employment opportunities at Munson Army Health Center, Fort Leavenworth, Kansas.

Medical Technician
<https://www.usajobs.gov/job/830385400>

Physician (Psychiatry)
<https://www.usajobs.gov/job/816676200>

Dental Assistant
<https://www.usajobs.gov/job/825570700>

Physician (Family Practice)
<https://www.usajobs.gov/job/825625700>

A recruitment or relocation incentive may be authorized. Student loan repayment may be authorized.

Clinical Psychologist
<https://www.usajobs.gov/job/829644000>

Click on the link to read the job announcement or visit [USAJobs.gov](https://www.usajobs.gov) and search "Military Treatment Facilities under DHA" and "Fort Leavenworth, Kansas"

Speak up! Your voice matters

Volunteer to become a **patient and family advisor** on our patient and family partnership council

The Patient and Family Partnership Council captures the voices and insights of patients and families to improve the care experience.

Is being a patient and family advisor right for you?

We are looking for volunteers who can:

- Partner with other patients and staff to help improve care
- Represent the interests of all patients cared for by the military treatment facility
- Work well in teams and have fun!



Learn more about the Patient and Family Partnership Council

For more information, contact:

Munson Army Health Center Patient Advocates at 913-684-6211/6127



Patient and Family Advisors



Take an Active Role

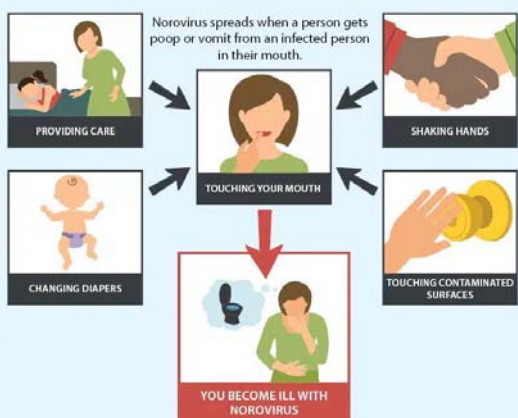


Improve Staff-Patient Communication



Make a Difference in the Care of Fellow Service Members and Their Families

How You Get Norovirus From People or Surfaces



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention
For more information, visit www.cdc.gov/norovirus

02/25/1948

Visit <https://www.facebook.com/munsonhealth/> for updates and information.

NEW CONTENT
EVERY THURSDAY



LAMP

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

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