

# LAMP

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THURSDAY  
OCTOBER 3, 2024



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## Combined Arms Center State of Command



Combined Arms Center and Fort Leavenworth Commanding General Lt. Gen. Milford Beagle Jr., CAC Command Sgt. Maj. Shawn Carns and Fort Leavenworth Garrison Commander Col. Duane Mosier conduct the CAC and Fort Leavenworth State of Command Sept. 30 in Eisenhower Auditorium at the Lewis and Clark Center. The gathering spotlighted key findings and recommendations from CAC's Cross-Generational Teams, showcasing the Combined Arms Center's commitment to shaping the future force with diverse perspectives and innovative solutions.

Photo by Taylor Wead/Combined Arms Center Public Affairs

## German dance group shares heritage at Oktoberfest



Photo by Prudence Siebert/Fort Leavenworth Lamp

Dave Taylor of S.V. Blautaler of Kansas City — a traditional German folk dance group comprised of volunteers who travel to area festivals to share their heritage — teaches some of the steps of the Altus Polka to 5-year-old Everly Wade during Oktoberfest Sept. 27 by Merritt Lake. In addition to dancing, performances and music, food and beverage vendors, hayrack rides, the Fort Leavenworth Fire and Emergency Services' fire extinguisher trainer booth, and a Survivor Outreach Services Lantern Launch to remember fallen service members at dusk were among the other offerings and activities at the annual event.

See page A3 for photographs from the Survivor Outreach Services Lantern Launch.



ABOVE: Dave Taylor, of the German dance group S.V. Blautaler of Kansas City, and 4-year-old Audrey Adkins dance the Altus Polka with other members of the dance group and other children invited to participate at Family and Morale, Welfare and Recreation's Oktoberfest event Sept. 27 by Merritt Lake.



LEFT: Three-year-old Eduardo Lobo from Spain dances circles around 2-year-old Lydia Kwon during Oktoberfest Sept. 27 by Merritt Lake.

Photos by Prudence Siebert/Fort Leavenworth Lamp

## AT A GLANCE

■ Anyone with DEBTS OWED TO OR BY THE ESTATE OF CHIEF WARRANT OFFICER 4 WILLIAM D. DICKINSON must contact Maj. Matthew Schenaker at 913-684-9452, 540-623-6040, or [matthew.w.schenaker.mil@army.mil](mailto:matthew.w.schenaker.mil@army.mil). CW4 Dickinson passed away Sept. 20.

■ To sign up to participate in the NATIONAL PUBLIC LANDS DAY TREE PLANTING PROJECT, email [catherine.j.reynolds3.civ@army.mil](mailto:catherine.j.reynolds3.civ@army.mil). See page A7 of the Sept. 19, 2024, issue of the Lamp for more information.

■ The Fort Leavenworth Fire and Emergency Services FIRE PREVENTION WEEK OPEN HOUSE is 3:30-7 p.m. Oct. 10 at Fire Station No. 2, 295 Biddle Boulevard. See page A2 for more information.

■ Munson Army Health Center is offering WALK-IN FLU SHOT CLINICS for TRICARE beneficiaries ages 6 months old and older from 8 a.m. to 2 p.m. Oct. 17, noon to 4 p.m. Nov. 1, 9 a.m. to 6 p.m. Nov. 6 and noon to 4 p.m. Nov. 15 at the Frontier Conference Center. DoD ID cards are required for patients 10 years old and up.

■ SIDEWALK REPAIRS in housing areas are underway. For more information, visit the Fort Leavenworth Garrison Facebook page or contact the Frontier Heritage Communities Maintenance Team at 913- 651-3838.

■ Leavenworth Unified School District 453 has created a form at <https://www.usd453.org/saysomething/> WHERE SUSPICIOUS ACTIVITY CAN BE REPORTED for review/investigation by district administrators. Ensuring public safety is a shared responsibility. Report suspicious activity to local law enforcement or a trusted authority.



# Fire Prevention Week is Oct. 6-12

## SMOKE ALARMS



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FIRE PREVENTION WEEK™

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## Latest U.S. smoke alarm data reinforces importance of Fire Prevention Week

by NFPA News Release

Newly released survey findings show nearly all U.S. households now have at least one smoke alarm, but 61 percent test them less often than recommended.

According to the latest "Smoke Alarms in the U.S." report from the National Fire Protection Association, working smoke alarms reduce the risk of dying in a home fire by more than half (60 percent), while the majority of civilian home fire deaths continues to occur in homes with no smoke alarms or no working alarms. These statistics — coupled with newly released findings from a comprehensive U.S. Consumer Product Safety Commission survey — reinforce the critical importance of Fire Prevention Week, which is Oct. 6–12. This year's Fire Prevention Week theme is "Smoke alarms: Make them work for you!"

"Smoke alarms can make a life-saving difference in a home fire, but they

have to be working in order to protect people," said Lorraine Carli, vice president of Outreach and Advocacy at NFPA. "This year's Fire Prevention Week campaign drives home just how important it is to install, test and maintain smoke alarms to ensure they're working properly."

A newly published survey by CPSC, which was conducted in coordination with the Fire Protection Research Foundation (the research affiliate of NFPA) and the National Institute for Safety and Technology, assesses the prevalence, functionality and public perception of smoke and carbon monoxide (CO) alarms in U.S. households. According to the findings, nearly all U.S. households (99 percent) report having at least one smoke alarm, which reflects a significant increase from 88 percent in 1994. However, more than half of households (61 percent) test their smoke alarms less frequently than recommended (at least once

a month). One-third (33 percent) said they never test their smoke alarms.

In addition, the survey showed that many households have inaccurate perceptions about the age, functionality and maintenance requirements of their smoke alarms. Nearly one in five households (16 percent) believed all alarms would be working but had at least one functionality issue when tested, including dead batteries. Additionally, only half (51 percent) of households were always accurate about the age of their alarms.

"People tend to be overconfident about their risk to fire, which often leads to a sense of complacency that compromises safety," Carli said. "This year's Fire Prevention Week campaign works to better educate people about their true risk to fire and the steps needed to make sure they're adequately protected in the event of one."

**Essential fire safety messages for this year's**



Photo by Scott Gibson/Fort Leavenworth Garrison Public Affairs Officer

**Battalion Chief/Health and Safety Officer Derek Elrod, Fort Leavenworth Fire and Emergency Services, shows Oktoberfest attendees how to hold a firehose to extinguish a controlled fire using the fire extinguisher trainer at the Fire and Emergency Services Fire Prevention booth Sept. 27 by Merritt Lake.**

**The Fire Prevention Week Open House at Fire Station No. 2 is from 3:30-7 p.m. Oct. 10 at 295 Biddle Boulevard. Attendees can try the live fire trainer, as well as enjoy food and a bounce house, pick up Fire Prevention Week swag, and visit with representatives from post organizations such as Army Community Service, Army Substance Abuse Program and Michaels Military Housing.**

**Fire Prevention Week theme — "Smoke alarms: Make them work for you!" — include the following:**

- Install smoke alarms in every bedroom, outside each separate sleeping area (like a hallway), and on each level (including the basement) of the home.
- Make sure smoke alarms meet the needs of all family members, including those with sensory or physical disabilities.
- Test smoke alarms at least once a month by pushing the test button.
- Replace all smoke alarms when they are 10

years old or don't respond when tested.

To learn more about Fire Prevention Week and this year's theme, visit [fpw.org](http://fpw.org). Additional Fire Prevention Week resources for children, caregivers, and educators can be found at [sparky.org](http://sparky.org) and [sparkyschoolhouse.org](http://sparkyschoolhouse.org).

To listen to the NFPA Podcast, which takes a deeper dive into the CPSC survey findings and the state of smoke alarms in today's homes, visit <https://www.nfpa.org/News%20Blogs%20and%20Articles/Podcasts/Make%20Sm>

oke%20Alarms%20Work%20For%20You.

For more than 100 years, Fire Prevention Week — the longest-running U.S. public health observance on record — has worked to educate people about the risk of home fires and ways to minimize them. Local fire departments, schools and community organizations play a key role in bringing Fire Prevention Week to life in their communities each year and spreading basic but critical fire safety messages.

## KCKCC to host Community Health Fair

by KCKCC Press Release

Kansas City Kansas Community College is hosting a Community Health Fair from 9 a.m. to 2 p.m. Oct. 9 on the KCKCC Main Campus at 7250 State Ave., Kansas City, Kansas. The fair is open to everyone and free to attend.

The goal of the fair is to give students, staff, faculty and community members a chance to maintain their health and well-being using a variety of services and vendors who are participating.

**Among the vendors at this year's fair are:**

- Mobile mammograms offered by Diagnostic Imaging Centers will be available 7 a.m. to noon.

Mammograms must be scheduled in advance by calling 913-344-9989. Women 35-39 years of age are eligible for a screening

baseline mammogram, and they should check with their insurance provider prior to the screening for plan eligibility and coverage.

- Free flu clinic, offered by Mid America Immunization Coalition, Nurture KC and Walgreens.

Participants must be at least 6 years old. Insurance and Medicaid are accepted. Appointments can be scheduled at <https://wagsoutreach.com/ss/KAN096403>, or walk-ups are welcome.

- Blood Drive from the Community Blood Center.

Appointments can be scheduled at [https://donate.savealifenow.org/donor/schedules/sponsor\\_code](https://donate.savealifenow.org/donor/schedules/sponsor_code) with the group code "AZ."

**Other vendors and groups scheduled to attend the Community Health Fair are:**

- Mercy and Truth — Blood Pressure

and Cholesterol checks, preventative education

- Vivent Health — testing for HIV/AIDS, sexually transmitted diseases

- Westport IV Nutrition

- West Wyandotte Library

- Swope Mobile Dental Bus — dental cleanings

- Wyandotte/Leavenworth Area Agency on Aging

- Wyandotte Pregnancy Clinic

- JayDoc Free Clinic

- Kansas Army National Guard

- KCKCC Counseling and Advocacy

- KCKCC LPN

- KCKCC Physical Therapist Assistant

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- Baker Chiropractic

- Greater KC Food Policy Coalition with

- KC Health Kids

- Catholic Community Health/Hospice

- Prostate Network

- USD 202-Turner Parents as Teachers

- Brain Injury Association of Kansas and

- Greater Kansas City

- Epilepsy Foundation of Missouri and

- Kansas

- Immunize Kansas Coalition

- Midwest Transplant Network

Additional details can be found on the KCKCC website or by contacting Toni Dickinson, KCKCC college nurse, at 913-288-7683 or [tdickinson@kckcc.edu](mailto:tdickinson@kckcc.edu).

## FORT LEAVENWORTH LAMP

PUBLISHED FOR THE COMMUNITY OF FORT LEAVENWORTH, KANSAS

The Fort Leavenworth Lamp is an authorized publication for members of the U.S. Army. Contents of the Fort Leavenworth Lamp are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army, or the U.S. Army Combined Arms Center and Fort Leavenworth. It is published weekly by the Fort Leavenworth Garrison Public Affairs Office, Fort Leavenworth, Kansas 66027, commercial telephone number 913-684-5267 (DSN prefix 552).

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# Fallen service members remembered, survivor families supported with annual

# LANTERN LAUNCH



Photo by Prudence Siebert/Fort Leavenworth Lamp

Zach Stephens, Family and Morale, Welfare and Recreation special events coordinator, sends a lit lantern onto Merritt Lake in memory of soldier David Kendrick, who died in 2019 at age 22, during the annual Survivor Outreach Services lantern launch Sept. 27. Family members of fallen service members decorated lanterns with photographs, news clippings, patriotic themes and other personal touches and then launched the lanterns onto Merritt Lake in memory of their loved ones. Kendrick's mother, Dana Monroe, decorated the lantern in his memory. She said he joined the Army as a 17-year-old junior in high school and excelled in his military occupational specialty. The annual SOS event coincides with Family and Morale, Welfare and Recreation's Oktoberfest with a VIP area for SOS families in the tents set up in the Merritt Lake parking lot.



Photo by Prudence Siebert/Fort Leavenworth Lamp

Gregory Bailey, Survivor Outreach Services coordinator, addresses families before a lantern launch to remember their loved ones and show the community's support at dusk Sept. 27 at Merritt Lake.



Photos by Prudence Siebert/Fort Leavenworth Lamp

ABOVE: Gregory Bailey, Survivor Outreach Services coordinator and Gold Star Mother Sun Rodgers join other family members and Family and Morale, Welfare and Recreation personnel to launch lanterns onto Merritt Lake in memory of their loved ones and to support one another during the annual Survivor Outreach Services lantern launch Sept. 27.



LEFT: A lit lantern launched in memory of Pfc. Shane Austin floats on Merritt Lake during the Survivor Outreach Services Lantern Launch at dusk Sept. 27. Nineteen-year-old Austin, son of Debbie Austin, was killed Oct. 8, 2006, while serving in support of Operation Iraqi Freedom in Ar Ramadi, Iraq. Survivor Outreach Services provides ongoing support to families of fallen service members to ensure they feel valued as members of the Army community and to connect them with support groups and services such as grief and financial counseling.

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# Speaker delivers Roosevelt Lecture at CGSC



Photos by Army University Public Affairs

**British Lt. Gen. General TR (Tom) Copinger-Symes, deputy commander, United Kingdom Strategic Command and General Joint Force Development director, speaks during the annual Kermit Roosevelt Lecture Series, hosted by the Command and General Staff College, Sept. 25 in Eisenhower Auditorium at the Lewis and Clark Center. The Kermit Roosevelt Lecture Series began in 1947. Kermit Roosevelt was an American businessman, soldier, explorer and writer. The second son of President Theodore Roosevelt, he served in both world wars and for both the U.S. and British armies. The Kermit Roosevelt lecturer from the United Kingdom speaks at the U.S. Military Academy, the U.S. Army War College and the Armed Forces Staff College, in addition to the Command and General Staff College.**

## CASO panel discusses war in Ukraine's impact on Indo-Pacific strategies

by Jessica Brushwood/Army University Public Affairs Office

The Russian invasion of Ukraine has deepened security concerns in the Indo-Pacific and prompted drastic policy changes across the European community.

Army University's Command and General Staff College Cultural and Area Studies Office hosted a panel to discuss the war in Ukraine's impact on Indo-Pacific strategies Sept. 12 at the Lewis and Clark Center.

Dr. Mahir J. Ibrahimov, CASO director, introduced the topic, citing a complex combination of security, economic, diplomatic, humanitarian and other factors shaping the Indo-Pacific strategies in response to the Russo-Ukrainian War.

Col. Satoshi Masaka, Japan Ground Self-Defense Force, military attaché, Embassy of Japan, outlined how the Japanese public opinion has changed since the start of the war in Ukraine.

"Over 70 percent of the Japanese people support raising the defense budget," he said.

The Japanese national defense strategy defines Russia as a serious concern, Masaka said.

Masaka framed his remarks around Russia, China and North Korea's support of one another and the global impact the invasion has had.

"Russia gives an economic opportunity to China, through trade, which reached \$240 (billion) in 2023, up 64 percent since 2021," he said.

This trade includes importing critical components from China for Russia's war machines.

Meanwhile, North Korea supports Russia with armed transport and artillery shells and other military capabilities enabling Russia's ongoing aggression against Ukraine.

Lars Geismann, political analyst, Embassy of Germany, spoke about Germany's adaptation after Russia's invasion of Ukraine, the country's engagement in the Indo-Pacific, and how the two theaters are interconnected.

"The invasion prompted Germany to make significant policy shifts and massive investment in neglected military capabilities and defense," he said.

He highlighted Germany's support of Ukraine as one of its largest weapons suppliers, the efforts to rebuild Ukraine's energy grid, and provision of humanitarian aid, including social welfare for 1.2 million refugees.

Germany's commitments in the Indo-Pacific include having a German military liaison officer in the U.S. Indo-Pacific Command and implementation of a new approach through its first-ever China Strategy.

"We continue to share interests on stability and security for Indo-Pacific with partners in the region," Geismann said.

Peter Wood, senior China analyst of the Foreign Military Studies Office, U.S. Army Training and Doctrine Command, G2, focused on China's lessons from the war in Ukraine, emphasized that the Chinese Communist Party and the People's Liberation Army are learning organizations.

"China's leadership has made significant moves to react to new technologies and to speed up modernization, like the military civil fusion strategy it adopted in 2009 that came out of briefings their senior leaders were receiving," he said.

China hasn't fought a large-scale war since its war with Vietnam in 1991, he said.

It has carefully monitored how conflicts have

proceeded around the world and has built an entire apparatus intended to reflect the latest trends in modernization.

"The PLA is constantly learning and adapting from various other wars," he said.

Wood said lessons included the failure of Russia due to the lack of strategic logistics, struggles with national mobilization and conscription, issues rebuilding its defense industry in stride, and dealing with the threat of sanctions and food securities.

"China has, across the board, put into place the regulatory, legal, etc., mechanisms that they need to avoid the problems that we've seen that the Russian have struggled with," he said.

Wood also emphasized the importance of the information domain, explaining Russia's initial loss in the space.

He explained how the entire Chinese Communist Party is built around influence by information, internally and externally directed.

"An interesting parallel between (Vladimir) Putin, (president of Russia), and Xi Jinping, (general secretary of the Chinese Communist Party), is how they talk about creating sovereign internets to shut out foreign influence on news information, which Russia had to sprint to implement," Wood said.

Wood said the main lesson China is taking from the war in Ukraine isn't an individual lesson, but more a validation of what they were already doing. The largest operational level take-away was the lack of sufficient stock and munitions, and at the tactical level, it was the importance of basic soldier skills and leadership skills for officers and NCOs.

"In 2018, China invested a whole new set of soldier systems committing to personal protection including cold weather gear, which Russians didn't have when they invaded Ukraine," Wood said.

The panel's question-and-answer session started with questions referencing the impact of the Ukraine war on U.S. adversaries' views that future conflict will involve much more than military operations, such as a competition between each side's comprehensive national powers.

German Col. Stefan Busch, army attaché from the Embassy of Germany, Washington, D.C., shared insight in support of Germany's perspective toward the topic.

The panel was part of a seminar series that discusses issues of operational and strategic importance to the United States. CASO, in coordination with CGSC, universities, think tanks, interagency and other partners, conducts the panels regularly.

Each panel is livestreamed on social media to reach audiences at Army schools, Centers of Excellence, regionally aligned forces, Security Forces Assistance Brigades, in addition to deployed or deploying units, as well as joint, interagency, multinational, partners and others.

The video recording of this panel, and all past CASO panels, can be viewed on the CASO website, the CGSC Facebook or YouTube Playlist channel. For more information, visit <https://armyuniversity.edu/cgsc/caso/caso>. View the full panel discussion at <https://www.facebook.com/USACGSC/videos/484883627843113>.

## Know Your World: Poland



Photo by Army University Public Affairs

**Polish Capt. Kamil Gromadzinski presents the International Military Student Division's first Know Your World presentation of the 2024-25 Command and General Staff Officer Course school year Sept. 18 at the Lewis and Clark Center. International military students present the monthly Know Your World lectures, which are hour-long talks about their countries' geography, history, current culture, economy and security. The public is invited to attend to the presentations. The next Know Your World presentation is on Fiji at 3:45 p.m. Oct. 30 in Eisenhower Auditorium at the Lewis and Clark Center. The presentations are also broadcast at <https://www.facebook.com/USACGSC/>.**

### KNOW YOUR WORLD PRESENTATIONS 2025

**POLAND 18 SEPTEMBER 2024**

**FIJI 30 OCTOBER 2024**

**PAKISTAN 29 JANUARY 2025**

**ECUADOR 19 FEBRUARY 2025**

**ANGOLA 26 MARCH 2025**

Presentations Start at 1545 in Eisenhower Auditorium and Streamed Live on the CGSC Facebook Page  
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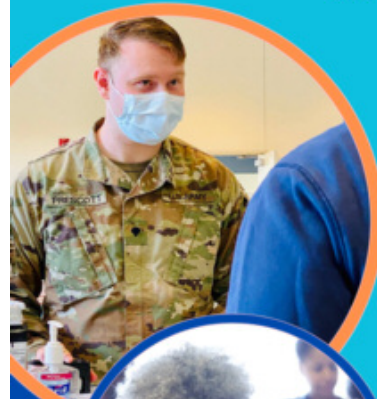
Thursday, Oct. 17 8 a.m. - 2 p.m.

Friday, Nov. 1 Noon - 4 p.m.

Wednesday, Nov. 6 9 a.m. - 6 p.m.

Friday, Nov. 15 Noon - 4 p.m.

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# Big Red One in WWII topic of Distinguished Speaker Series event



Photos by Mark Wiggins/CGSC Foundation

**ABOVE and BELOW RIGHT: Retired Col. Greg Fontenot delivers the Distinguished Speaker Series lecture about the 1st Infantry Division's experiences in World War II Sept. 26 at Riverfront Community Center in Leavenworth.**

by Mark Wiggins/Command and General Staff College Foundation

The Command and General Staff College Foundation and its Simons Center hosted the third lecture of the 2024 Distinguished Speaker Series Sept. 26 at the Riverfront Community Center in downtown Leavenworth. In this installment of the series, retired Col. Greg Fontenot provided details on the U.S. Army's 1st Infantry Division's experiences in World War II that he researched and wrote about in his recently published book, "No Sacrifice Too Great: The 1st Infantry Division in World War II."

The evening began with a reception, followed by Simons Center Deputy Director John Nelson welcoming the attendees. Toward the end of the dinner period Nelson introduced Fontenot to the gathered audience from Fort Leavenworth, Leavenworth and the Kansas City metro.

In his presentation, Fontenot discussed how the 1st Infantry Division, familiarly known as the Big Red One, adapted to dynamic battlefield conditions throughout the course of its deployment during WWII by innovating and altering behavior, including tactics, techniques and procedures. Both the division's leaders and soldiers accomplished this by thinking critically about their experiences in combat and wasting little time in putting lessons learned to good use. Simply put, they learned on the job — in battle and after battle — and did so quickly.

After the presentation and a question-

and-answer period, Simons Center Director Bob Ulin presented Fontenot with a gift in appreciation for his participation in the Distinguished Speaker Series.

Fontenot served in the U.S. Army as an armor officer for more than 28 years at duty locations in the United States, Europe, the Balkans and Southwest Asia. His key assignments included commanding a battalion during Operations Desert Shield and Storm and a brigade in Bosnia. As an educator he taught history at the U.S. Military Academy at West Point and was director of the School of Advanced Military Studies at Fort Leavenworth. In his last assignment he commanded the Battle Command Training Program, now Mission Command Training Program, at Fort Leavenworth.

After his military retirement in 1999, Fontenot embarked on a second career as a Department of the Army civilian in the military intelligence specialty. In this capacity he served as director of the U.S. Army Training and Doctrine Command's wargaming directorate and later as director of the University of Foreign Military and Cultural Studies, the Army's "red teaming" school. He served on campaign plan assessment teams in Iraq in 2010 and Afghanistan in 2011. He left the civil service in 2013 to pursue his interest in writing military history.

Fontenot has authored numerous articles and book reviews in Army Magazine, Military Review and other publications, and is co-author of "On Point: The United



States Army in Operation Iraqi Freedom in 2003." In 2017 he published "The 1st Infantry and the U.S. Army Transformed: The Road to Victory in Desert Storm 1970-1991," which earned him the 2017 Army Historical Foundation Distinguished Writing Award for Unit History. In 2019 he published "Loss and Redemption at St. Vith: The 7th Armored Division in the Battle of the Bulge" and his most recent work, "No Sacrifice Too Great: The 1st Infantry Division in World War II," was published in

June 2023.

Fontenot continues to support the U.S. Army as a consultant on threat emulation and leadership.

This lecture was the third of four in the 2024 Distinguished Speaker Series presented by the CGSC Foundation's Simons Center for Ethical Leadership and Interagency Cooperation. The final lecture is scheduled for Nov. 20 and will focus on the Iraq War. Details will be published at a later date.

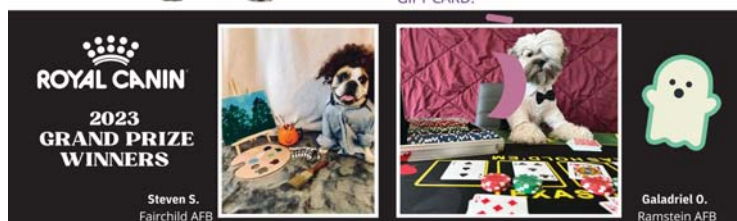
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## AAFES offers Halloween pet photo contest



by AAFES Press Release

DALLAS – Spooky sidekicks can help military shoppers win a share of \$3,000 in prizes in the Army and Air Force Exchange Service's Howl-o-ween Pet Photo Contest, sponsored by Royal Canin.

Through Oct. 31, authorized Exchange shoppers 18 years and older can submit a photo of their pets in Halloween costumes at [ShopMyExchange.com/Sweep-](https://ShopMyExchange.com/Sweepstakes)

stakes for a chance at \$3,000 in prizes. Two grand-prize winners will each receive a \$500 Exchange gift card. Eight runners-up will each receive a \$250 gift card.

"Pets play a vital role for military families," said Air Force Chief Master Sgt. Rich Martinez, the Exchange's senior enlisted advisor. "Shoppers can win big just in time for the holidays just by showcasing their beloved members of the family."

No purchase is necessary to win. Drawings will take place around Nov. 22. Department of Defense and Coast Guard civilians and honorably discharged veterans who have confirmed their eligibility to shop online can also enter.

Veterans can visit <https://aafes.media/paveterans> to learn more about their shopping benefit. DoD civilians can visit <https://aafes.media/cacbenefitspa>.

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# Pets of the Week



Photo by Prudence Siebert/Fort Leavenworth Lamp

The Porch Kittens Litter — Raccoon, Possum, Chipmunk and Squirrel — and several other kittens are available for adoption at the Fort Leavenworth Stray Facility. Spay/neuter, vaccinations to date and microchipping are included in their adoption fees. Visit [www.FLSF.petfinder.com](http://www.FLSF.petfinder.com) for pet profiles, e-mail [fortleavenworthstrayfacility@gmail.com](mailto:fortleavenworthstrayfacility@gmail.com) for an adoption application, and call 913-684-4939 for more information. The Fort Leavenworth Stray Facility, at 510 Organ Ave., is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday, and by appointment for pre-approved adopters. Call 913-684-4939 to schedule an appointment. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed. To apply to volunteer with the Fort Leavenworth Stray Facility, enter ZIP code 66027, then search for "stray animal facility" at <https://vmis.armyfamilywebportal.com/>.

Fort Leavenworth Stray Facility

## Second Saturday is Back!



Every second Saturday of the month

We're back to being open every 2nd Saturday of the month for visitation and adoption/fostering of the animals at the facility!

You can find all of our adoptable pets at: [www.petfinder.com](http://www.petfinder.com) Fort Leavenworth

[fortleavenworthstrayfacility@gmail.com](mailto:fortleavenworthstrayfacility@gmail.com)

913-684-4939

510 Organ Ave  
Fort Leavenworth, KS  
66027



## Volunteer! Help Shelter Pets!

They need your help for walks and general care!

They enjoy the love, attention, and affections, too!

Several shifts to choose from

Work with either our cats or dogs or both!

Want to know how to join our team?

Register at <https://vmis.armyfamilywebportal.com/>.

Once registered, we will contact you and have you come in for a training with a team member.

After you train, you shadow two shifts. Then you are ready to help shelter pets!

Watch the Fort Leavenworth Stray Facility Facebook page for training events!

Once you register, train, and shadow, you can sign up for any shift you can cover.

Children under 18 can help, but they must be accompanied by an adult the entire shift.



Fort Leavenworth Stray Facility  
510 Organ Avenue  
Fort Leavenworth, KS 66027



**WORTH**  
Harley-Davidson  
**MOTOR HARLEY-DAVIDSON CYCLES**  
**NORTH**

9400 NW Prairie View Rd  
816-420-9000

[www.worthharley-davidson.com](http://www.worthharley-davidson.com)



THURSDAY  
OCTOBER 3, 2024



# LAMP Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

## FORT LEAVENWORTH MWR SPOOKTACULAR OCTOBER CALENDAR

**MONDAY  
SEPTEMBER 30**

**Family Day at the Golf Course:**  
Kids golf free with paid adult.  
7:30AM - 5:30PM.

**TUESDAY  
OCTOBER 1**

**Domestic Violence Awareness Month**

**Arts & Crafts Studio:**  
Watercolor Autumn Wreaths  
6PM - 8PM.

**WEDNESDAY  
OCTOBER 2**

**ACS NPSP Storytime:**  
Every Wednesday at 10AM  
Resiliency Center  
600 Thomas Ave

**THURSDAY  
OCTOBER 3**

**Arts & Crafts Studio:**  
Kids Messy Monster Art  
11AM - 12PM.

**FRIDAY  
OCTOBER 4**

**BOSS Movie Post Theater:**  
Beetlejuice (PG) • 7PM.  
12 and older must be accompanied by an adult.

**SATURDAY  
OCTOBER 5**

**Harold Youth Center**  
World of Fun Halloween  
Haunts Trip. 10AM - 1AM.

## DOMESTIC VIOLENCE AWARENESS MONTH

### WORKSHOP & WORKOUT!

Join the Family Advocacy Program for a WEEKLY Workshop & Workout for Domestic Violence Awareness Month!

**11:00a.m.-12:30p.m.**  
Every Saturday in October!

To Reserve Your Spot Call or Text 913-683-2537

600 Thomas Ave.  
Bldg. 198  
Room 157

## BOSS presents HAUNTED CLASSICS!

### 4 FREE movies for October Hallows!

Post Theater/ Grant Ave  
Movies start at 7pm  
Must show your DoD ID at the door!

It's spooky season! Creepy cinema classics abound!

**Oct 4**  
**Beetlejuice** PG 90min  
Starting off with everyone's favorite wise guy, Beetlejuice will bring you back to 1988! Strap in, grab a zagnut, it's showtime!

**Oct 11**  
**Addams Family Values** PG 94min  
Calling all Morticias and Gomez! Snap your fingers along with this kooky classic from 1993!

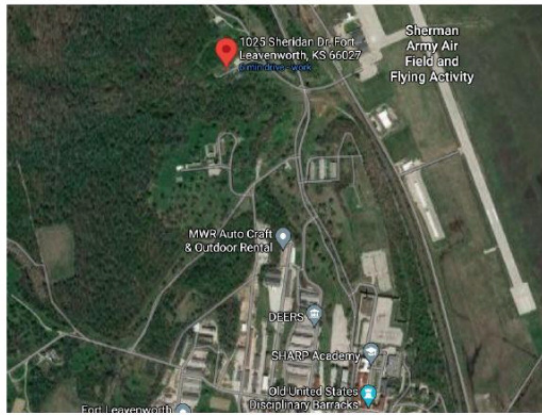
**Oct 18**  
**Scooby-doo Zombie Island** G 77min  
"Ruh-roh Raggy! Zombies!"  
Jump into the Mystery Machine and travel back to 1998 to solve a mystery with Scooby and the gang!

**Oct 25**  
**Hocus Pocus** PG 96min  
Run amok, amok, amok with the Sanderson sisters in this 1993 cult classic!

Popcorn, drinks and snacks can be purchased at the snack bar. No outside food or drink are authorized. The snack bar is 1200-0907.  
For all movie children 12 and under MUST be accompanied by an adult.  
For more info call 913-684-1214

## Fort Leavenworth Thrift Store 5 October 2024

- ❖ Location: 1025 Sheridan Drive, Building 1049
- ❖ Phone: 913-651-6768
- ❖ Hours:
  - ❖ Monday & Friday: Closed
  - ❖ Tuesday-Thursday: 0930-1430
  - ❖ First Saturday of each month: 0930-1430
- ❖ Consignments taken each day the store is open from 0930-1230



Need to talk to someone who "gets it"?  
Come join your fellow EFMP Spouses for

## "Refreshing Conversations"

Let's talk about the topics that impact our EFMP community!

Every first Thursday of the month  
in the ACS classroom  
@ The Resiliency Center  
10:00 am - 11:00 am

TEAMS calls will be available  
starting August 1 from 1:00pm - 2:00pm

**Aug 1**

**Sep 5**

**Oct 3**

**Nov 7**

**Dec 5**

Enjoy light refreshments, a delicious drink of the month, and great conversation!

Please register by calling 913-684-2800 or 913-684-2871

## MOM & ME CROCHETING

**Oct 4, Nov 1, Dec 6**  
**1pm - 3pm**  
**Room 145**  
**600 Thomas Ave**

Come on out and learn a new skill, or perfect an existing one! An instructor will be available to teach the basics.

"Stitch" together and bond with your kids!  
Supplies and snacks will be provided!  
Have a favorite yarn?  
You're welcome to bring it!

Please RSVP  
one day prior to class  
Call 913-684-2808/2800

**FREE!**  
Ages 8+

## COME DOWN TO OUR ANNUAL LEAVENWORTH HIGH-SCHOOL JROTC CAR SHOW

Registration: \$20  
HS-\$10

**SUNDAY, OCTOBER 6TH, 2024**  
REGISTRATION: 9:00-11:00  
CAR SHOW: 11:00-2:00

LEAVENWORTH HIGH SCHOOL 2012 10TH AVE, LEAVENWORTH, KS

*Don't miss it!*

FOR MORE INFORMATION CONTACT  
LEAVENWORTH JROTC AT  
(KENNETH.SCILLIERI@LVPIONEERS.ORG)

### Fort Leavenworth Exchange

#### Columbus Day Holiday Hours of Operation Monday, October 14, 2024

Main Store	1000-1700
Military Clothing	CLOSED
Express	1000-1800
Starbucks	0830-1600
Charleys	1100-1600
Qdoba	CLOSED
Burger King	1030-1700
Barber Shop	1000-1600
GNC	1000-1600
DOCS Dental	1000-1600
Dry Cleaners	1000-1600
Alterations	CLOSED
AT&T Kiosk	1000-1600
U.S. Patriot	1000-1600

Lewis & Clark locations: Barber Shop, Bookstore and Food Court will be CLOSED

### FORT LEAVENWORTH CONSTRUCTION NOTICE

Starting Saturday, Oct. 5, utility work will commence on the entrance to King Ave from Stimson Ave (orange). Work is anticipated to be completed by the evening of Monday, Oct. 7, with Washington St. serving as the alternate route (green).

U.S. ARMY

## Phone Line Outages

Dear Residents,

We are still experiencing phone service outages across all phone lines. This disruption is due to network issues caused by Hurricane Helene. Our phone service provider is working on resolving the issue, and we are actively monitoring the situation. **If you are having trouble calling in your Urgent or Emergency work orders, please call 1.866.447.3434.**

If you are calling to submit a routine work order, please know that you have the option of submitting your routine request through the online [ActiveBuilding](#) resident portal.

Thank you in advance for your patience and understanding.

FHFLC Management



## Harrold Youth Center Worlds of Fun Halloween Haunt Trip

**Saturday, October 05, 2024**  
Leave at 1000, and return at 0100  
\$45.00 or \$10 w/season pass  
Must be Registered with CYS  
Grades 6th-12th Only

Formore Information Contact Us: Harrold Youth Center 45 Biddle Blvd. or Jessica Sanders Front Desk: 913-684-5131 or 913-684-5118

- Must sign up and pay by COB 2 days prior
- Bring extra spending money for souvenirs, games, dinner and snacks
- A sack meal is included
- Only 30 Spaces Available!!
- Please note that the park is cashless!!

\*Under the Worlds of Fun Chaperone Policy, all guests ages 15 years old or younger must be accompanied by a chaperone who is at least 21 years old to be admitted to or remain in the park. The policy will be in effect daily by 4:00 p.m. Local time – Worlds of Fun reserves the right to begin enforcing the Chaperone Policy earlier on any given day  
Guests aged 15 years old or younger who are found inside the park unaccompanied by a chaperone when the Chaperone Policy is in effect will be subject to ejection. This chaperone requirement applies to all Worlds of Fun ticket and season passholders.

## HARROLD YOUTH CENTER New After School Classes OCTOBER 2024

**MONDAY**  
ZUMBA  
HARROLD YOUTH CENTER GYM  
4:00-4:50  
October 7, 21 & 28th

**TUESDAY**  
Weight Lifting and Strength Training  
Gruber Fitness Center / 9th-12th Graders / Transportation Provided  
4:00-4:50  
Oct 8, 15, 22, & 29

**WEDNESDAY**  
Guitar Lessons with Mr Ron  
4:00-4:50 at Harrold Youth Center  
Oct 2, 16, 23, 30

**THURSDAY**  
AUTO CRAFT  
Learn to change a tire, change the oil and other basic maintenance  
Auto Craft Center/ 9th-12th Graders / Transportation Provided  
4:00-4:50  
Oct 3, 10 & 24

The following classes are **FREE** for registered members  
For more information call 913-684-5118

# HYC

Harrold Youth Center

## AFTER-SCHOOL PROGRAM

**FREE!**  
\*Enroll now at Harrold Youth Center  
45 Biddle Blvd  
913-684-5118

**HYC Hours**  
Mon-Thurs 3PM - 7PM  
Friday 3PM - 9PM  
Saturday 2pm - 8pm  
Closed Sunday

**Administrative Hours**  
Monday - Friday  
9AM - 6PM

Offering:  
Homework Help  
STEM Program  
Gym Activities  
Music Classes  
Arts & Crafts  
Special Events!  
Clubs & More!  
Follow HYC on FBI!

\*HYC is for 6th-12th Graders only. Must be registered with CYS Parent Central prior to enrolling. Contact 913-684-5118 for more info on registration and eligibility

# FRONTIER FREEDOM

## 5K/10K

**OCT. 13 • 9 A.M.**  
START/FINISH AT THE  
FRONTIER ARMY MUSEUM

FORT LEAVENWORTH, KANSAS

HOSTED BY  
Command and General Staff College Foundation, Inc.  
Greater Kansas City Friends of Fisher House

## Fort Leavenworth Multicultural Families FRIDAY FUN DAY

Fridays @ The Resiliency Center  
Room 106  
9:30am - 11:00am

Friday Fun Days are all about exchanging ideas and customs, learning about US Military lingo and traditions, navigating life in the Midwest, and making connections with each month's themed activity!

### 2024 - 2025 FRIDAY FUN DAY CALENDAR

<b>September 13</b> Munson Walk-thru	<b>January 2025</b> No meet up! Enjoy your Holidays!	<b>May 9</b> Farewell
<b>October 11</b> Pumpkin Carving	<b>February 7</b> Valentine's Day Traditions 5 Love Languages Class	<b>June 27</b> Potluck
<b>November 8</b> Thanksgiving Potluck	<b>March 7</b> Spring Weather in Kansas Moving With Kids	<b>July 18</b> Education Fair
<b>December 13</b> White Elephant Gift Exchange Holiday Traditions	<b>April 9</b> Easter Traditions	

Friday Fun Day is FREE! Registration is not required.  
Call 913-684-2830 for more information  
leavenworth.armymwr.com

# TRICK or TREAT

History • Fun • Candy

**18 OCT 5-7 PM**

Frontier Army Museum  
100 Reynolds Ave, Fort Leavenworth

Let us know you're coming

# VOLUNTEER

Trick or Treat at Frontier Army Museum  
Friday, October 18 | 1700-1900

Sign up to be a Candy Stop in the museum  
Each stop will have a few lines to share about the history in the nearby exhibits

## TRICK & TREAT

## FORT LEAVENWORTH HAUNTED TOUR

19 OCTOBER 2024

# VOLUNTEER

- Storytellers
  - You are the tour! Help bring history to life
- Tour Guide
  - Keep tour groups moving along in a timely manner
- Tour Tails
  - Keep tour groups together
- Misc Tour Assistance
  - Check-in, parking, set up, clean up

**Tour is SOLD OUT but volunteers are needed!**

## YOUTH SPORTS & FITNESS

# Halloween FUN RUN

SATURDAY, OCT 26

Registration 8:00am - 8:45am  
Run Begins 9:00am

The Resiliency Center  
600 Thomas Ave

Participants under 12 will receive a Participation Medal, a Free Treat Bag, and entry into the Child and Youth Center Trick or Treat Zone!

Participants under 8 years old must run/walk with an adult 18+. Participants may run or walk the 1k or 5k event.

CALL 913-684-7525/ 7526 FOR MORE INFO

## FREE!

VOLUNTEERS ENCOURAGED

OCTOBER 18-20  
FLINTHILLSMILITARY.COM

## FLINT HILLS MILITARY HISTORY SYMPOSIUM 2024

WAR & TECHNOLOGY

Fort Riley Museums

K-State Department of History

## LEAVENWORTH COUNTY VETERANS DAY PARADE

November 11, 2024  
10:30 am Downtown Leavenworth, KS  
Staging begins at 9 am

Go to [www.lvvetsparade.com](http://www.lvvetsparade.com) or scan the QR Code on the right for Parade Entry Submissions

## VETERANS DAY

"Serving Our Nation - Yesterday, Today, Tomorrow"  
105th Annual Parade

REGIONAL SITE designation by U.S. Department of Veterans Affairs (Kansas, Missouri, Iowa, Nebraska, Colorado, and Oklahoma)

# ZOMBIES NEEDED!

Bored with BOSS is looking for volunteers to participate as the Undead for an interactive Zombie Run on October 26! Units and groups encouraged! Comment below or inbox us with your information!

# TRUNK OR TREAT

Friday - October 25th  
5 pm - 7 pm  
Post Exchange Parking Lot  
Come visit the Commissary's booth for your goodies!

## Fort Leavenworth Retiree Day

Saturday - October 26th  
9 am - 1 pm

Come visit the Commissary's booth!

This event is open to retirees, their families, Gold Star and surviving spouses representing all branches of service of the Fort Leavenworth Community. RAD is held to keep retired Soldiers and their Families updated on their retirement rights, benefits, and privileges and provide opportunities to listen to guest speakers, renew ID Cards, get medical checkups, and various other services.

CLICK2GO




Join us monthly

# DATE NIGHT


6-10 PM @ Frontier Chapel

Meals & Childcare provided

Sponsored by Fort Leavenworth Chapel Community

Supported by 

*Invest in your marriage this year!*



05 SEP, 03 OCT, 07 NOV, 05 DEC, 09 JAN, 06 FEB, 06 MAR, 03 APR, 01 MAY

Each Date Night begins with a faith-based marriage enrichment presentation. Then couples are released to go out on a date and further discuss the topic together. Children will remain safely supervised by childcare professionals at Frontier Chapel (6-10 pm or pick up kids earlier)!

For more information and to register scan the QR code or call 913-680-7336

 **Fort Leavenworth**

**Career & Education Fair**

5 November, 10 am to 2 pm  
Frontier Conference Center



Open to Active Duty, Guard, Reserve, Retirees, Veterans, Family Members, Contractors, & DOD Civilians

Government, Law Enforcement, Contracting, Manufacturing, Sales, Logistics, Retail, Service, Technical, Educational, and Many Other Opportunities Available

For information call the Transition Assistance Program at 913-684-2227 or email usarmy.TAP.leavenworth@army.mil

Hosted by: Transition Assistance Program & the Family and Morale, Welfare and Recreation Directorate



Scan our QR codes & follow us on Facebook & LinkedIn for upcoming events & information



## Combined Arms Research Library

# STORYWALK®

StoryWalk® was created by Anne Ferguson of Montpelier, VT and has developed with the help of Rachel Senechal, Kellogg-Hubbard Library

**New story out each Monday**



Read the Story



Take a Nice Walk



Enter into the book drawings

Thank you to the CGSC Foundation for sponsoring this event!

 **Catholic**  **Chapel**

**CWOC meets Thursdays at 9:00am in the Pioneer Chapel Activity Room**

**NEW**

**CWOC Evening Meeting**  
Thursdays, 6:00-8:00pm at Pioneer Chapel, Room 142

**LEARN MORE >>**

Find our complete calendar on Facebook 'CWOC Fort Leavenworth'




**October 2024**

The CARL's Community Events Calendar

The Ike Skelton Combined Arms Research Library  
913-758-3001  
follow us on Facebook: @CombinedArmsResearchLibrary  
\*Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	StoryWalks(R)	Storytime@0930				
6	7	8	9	10	11	12
13	14 CLOSED FOR COLUMBUS DAY	15 Sensory Storytime @ 9:30am	16	17	18	19
	20	21	22	23	24	25
27	28	29	30	31 Read & Treat Storytime @ 1000		


 **OCTOBER**

**Learn-to-Swim Lessons**

Open for Enrollment September 23rd  
Tuesdays and Thursdays 8 October - 31 October  
~Sign up at Harney Sports Complex Front Desk~  
Cost per session \$64.00

- Preschool 1**  
4:10 pm - 4:40 pm  
Ages: 4 years-5.99 years
- Preschool 2**  
4:50 pm - 5:20 pm  
Ages: 4 years - 5.99 years
- Parent and Child**  
5:30 pm - 6:00 pm  
Ages: 6 months - 3.99 years

Prerequisites: Child is comfortable submerging their head in the water and blowing bubbles, child can enter the water using steps or ladder and move 5 feet along the wall, child is able to float on back with support and roll from front to back with support.



## STORYTIME @ THE LIBRARY

Join us!

- Held in the Children's Room
- Every Tuesday @9:30a.m.
- Family Storytime (Open to all ages)
- Storytime with stay & play after

CARL LIBRARY

**ODYD needs Donations!**

- \*Formal & Cocktail Dresses
- \*Mens Formal Wear
- \*Shoes, Jewelry, Handbags

ODYDfisc@gmail.com



**OPERATION: Deploy Your Dress**

**Clean Paws Pet Wash**

Open 24 hours a day!  
Merritt Lake Parking Lot  
Cash, Coin and Card




Info: (913) 651-7176

 **ARMY FAMILY CHILD CARE (FCC)**

Higher starting income!  
Opportunities to increase your income!\* Training included!

Earn a \$1k recruitment or relocation BONUS\*, too!

Work at home - Start a great career - Own your own business with FCC!



[www.ArmyMWR.com/FCC](http://www.ArmyMWR.com/FCC)





**STRONGHOLD DISTRIBUTION  
& HAPPY BOTTOMS**  
By Appointment Only  
[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2 Open Pantry & Happy Bottoms 11:00 - 1:00	3	4	5
6	7 DONATIONS 12:00-2:00	8 Open Pantry & Happy Bottoms 11:00 - 1:00	9 CLOSED	10	11	12
13	14 CLOSED	15	16 Open Pantry & Happy Bottoms 11:00 - 1:00	17 Volunteer Orientation TBD	18	19
20	21 DONATIONS 12:00-2:00	22	23 Open Pantry & Happy Bottoms 11:00 - 1:00	24	25	26
27 Back to the Basics Cooking Series	28 DONATIONS 12:00-2:00	29 Volunteer Orientation TBD	30 Open Pantry & Happy Bottoms 11:00 - 1:00	31		

### Stronghold Christmas Depot

- ★ Register a family in need
- ★ Donors & Sponsors Needed
- ★ Volunteer to Help

[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

### Become a Sponsor

Businesses, organizations, and individuals can sponsor a child (1) or a family (multiple children) to shop Stronghold's Christmas Depot.

Too busy to shop? You can provide a financial gift that allows Stronghold to purchase toys and clothing for military children on behalf of you, the sponsor.

All donations are tax deductible as allowed by law.

[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

### Hunger Buster Pack

POWERED BY: FTLV THRIFT STORE

Do you have a school aged child that could use a pack filled with breakfast, lunch, and snack goods to help them sustain a healthy active lifestyle over school break?

Bring your pack back for a REFILL or register online to pick up your pack.

**STRONGHOLD FOOD PANTRY**  
More than a food pantry.

### Make a donation

Donate new toys, books, art supplies, or clothing. These gifts will be carefully wrapped and gifted to military children.

If you are unsure of what to give, you can opt for a monetary donation that allows Stronghold to purchase gifts and items needed for military families.

All donations are tax deductible as allowed by law.

[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

### Register a Family

Families, in need of additional support, can register to participate in this year's Stronghold Christmas Depot.

Families will have the ability to shop for their child's gifts with dignity and care. Limited availability (kids 18 and under).

ALL information shared will be kept confidential.

[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

### Stronghold: Happy Bottoms Program

Powered by: Rapid Response Charities

Free Monthly Diaper Distribution

Email: [contact@strongholdfoodpantry.org](mailto:contact@strongholdfoodpantry.org)

**STRONGHOLD FOOD PANTRY**  
More than a food pantry.

## Ft. Leavenworth International Loan Closet

Located in the alley off McClellan & Kearny  
Hours Vary, Check FB Page

**Donations & Volunteers Welcome**





# FAMILY ADVOCACY PROGRAM



Mon- Fri 8:00 am-4:00 p.m. with limited hours Thrs 1-4:00 p.m. | 913-684-HELP (4357) / 2800

**OCTOBER**

Resiliency Center, 600 Thomas Ave, Building 198 \*\*\*ACS is closed for lunch from 1130-12:30pm daily\*\*\*

## NEW PARENT SUPPORT PROGRAM

\*Call 913-297-3212/9704 to register for NPSP events

### Stroller Walk

Tuesdays, 10:00am - 11:00am

### Toddler Time

Wednesdays, 9:00am Resiliency Center Playroom

### Story Time

Wednesdays, 10:00am Resiliency Center, Room 157

### Play Morning

Thursdays, 9:00am - 10:00am & 10:00am - 11:00am Resiliency Center, Playroom

### Breastfeeding Class

Oct. 7, 5:00pm - 7:00pm Resiliency Center, Room 157

### Newborn Care Class

Oct. 21, 5:00pm - 7:00pm Resiliency Center, Room 157

### Dad's Night Out

Oct. 23, 6:00pm - 8:00pm Restaurant TBD

### Potty Training Class

Oct. 28, 5:00pm - 7:00pm Resiliency Center, Room 157

### Mom's Night Out

Oct. 30, 6:00pm - 8:00pm Restaurant TBD

## Domestic Violence Awareness Month



### FAMILY ADVOCACY PROGRAM

\*Registration Required for all FAP events

#### Scream Free Parenting

Oct. 2, 1:00-2:30pm Resiliency Center, Room 145

#### Anger Management Series

Oct. 3, 10, 17, 24, 1:30-3:00pm Resiliency Center, Room 145

#### Mom & Me Crocheting

Oct. 4, 1:00-3:00pm Resiliency Center, Room 145

#### Workshop & Workout

Oct. 5, 12, 19, 26, 11:00am-12:30pm Resiliency Center, Room 157

#### Co-Parenting Workshop

October 7, 14, 21, 28, 12:00-1:00pm Resiliency Center, Room 145 virtual options available

#### 5 Love Languages

Oct. 9, 1:00pm- 2:30pm Resiliency Center, Room 145

### Navigating the Teen Years

October 16, 1:00-12:30pm Resiliency Center, Room 145

### Anger Management

Oct. 17, 11:30am-1:00pm Resiliency Center, Room 145

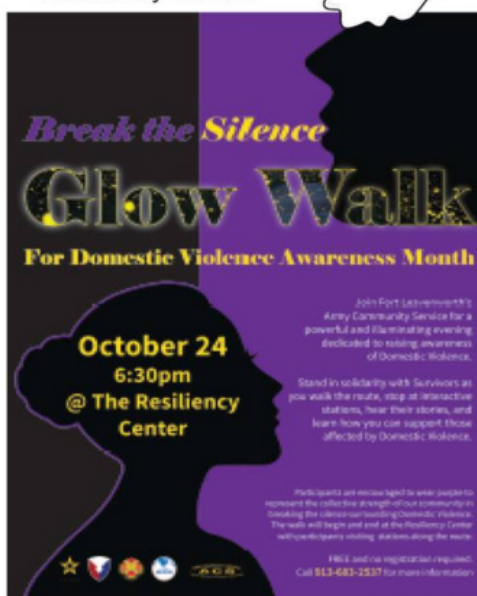
### Positive Parenting

Oct. 18 & 25, Microsoft Teams

### Domestic Violence Awareness Glow Walk

Oct. 24, 6:30pm Resiliency Center

**Wear Purple on Tuesdays in Support of Domestic Violence Survivors!**

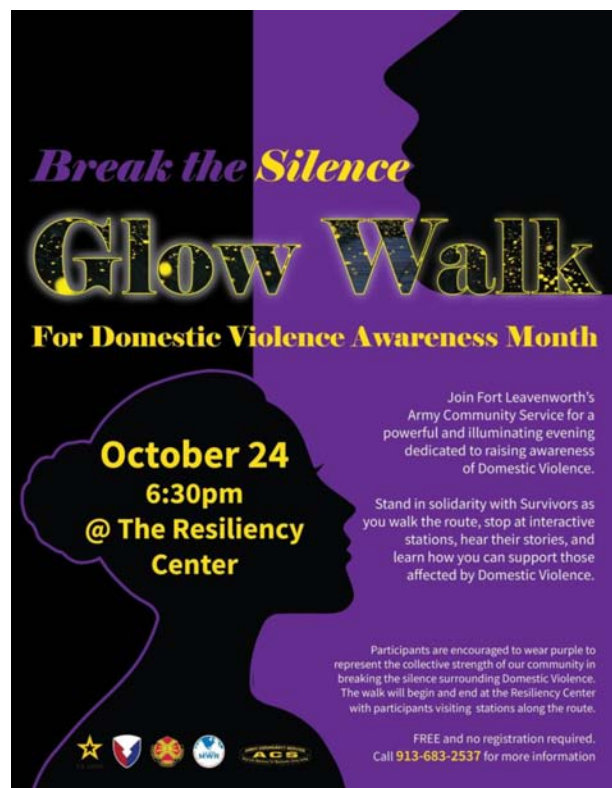


<https://leavenworth.armymwr.com/>

<facebook.com/FortLeavenworthACS>

<facebook.com/FortLeavenworthFMWR>

<https://home.army.mil/leavenworth/>



Join the Family Advocacy Program for the "Break the Silence Glow Walk and Trick-or-Treat," a powerful evening dedicated to raising awareness about domestic violence and standing in solidarity with survivors.

This event is a key part of Domestic Violence Awareness Month, bringing our community together to illuminate the path toward safety, support and change. Participants will walk a designated route, wearing purple, symbolizing hope and the collective strength of our community in breaking the silence around domestic violence.

The walk will feature interactive stations to trick-or-treat at along the route, also providing community resources, stories of survival, and opportunities to learn how to support those affected by domestic violence.

## If you experienced sexual trauma during your military service, VA can help.

### Free Services

The Department of Veterans Affairs (VA) offers free health care and other benefits for current and former Service members who experienced sexual assault, harassment or abuse during military service, also known as military sexual trauma (MST).

### For Current Service Members

Current Service members (including current National Guard and Reserve members) can access confidential MST-related counseling at VA's Vet Centers without a referral and care at VA medical facilities with a Department of Defense referral.

### No Report or Evidence of MST Needed to Receive Care

No report to authorities or other documentation of the MST experience is needed to receive health care services.



For more information, scan the QR code, download the Beyond MST mobile app, or visit/call:

CLEARED [www.mentalhealth.va.gov/mst](http://www.mentalhealth.va.gov/mst)

For Open Publication [www.va.gov/find-locations](http://www.va.gov/find-locations)

Jul 25, 2024

1-800-698-2411



Department of Defense OFFICE OF PREPUBLICATION AND SECURITY REVIEW

24-P-0880



## We're Hiring NOW!

Join our Team as a **Child and Youth Program Assistant** at Fort Leavenworth! Pay starts at **\$18.35** per hour

Great pay and benefits!

- Career Progression & Paid Training
- Retirement & 401K
- Priority Childcare Placement & Employee Childcare Discounts
- Regular Full-Time/ Part-Time & FLEX Hours Available
- Medical, Dental, Vision, & Life Insurance Benefits \*
- Paid Leave, & Paid Federal Holidays for Full-Time & Part-Time
- Access to Commissary & AAFES Shopping Privileges & MWR Facilities
- Job Transfer Program Worldwide Through Civilian Employment Assignment Tool

\*Conditions Apply



Scan here to apply! [ArmyMWR.com/cyscareers](http://ArmyMWR.com/cyscareers)



### UNITED STATES ARMY COMBINED ARMS CENTER AND FORT LEAVENWORTH SEXUAL HARASSMENT AND SEXUAL ASSAULT RESPONSE WORKFORCE

 Ms. Amanda Bonseigneur Lead SARC amanda.bonseigneur.civ@army.mil Office: 913-684-2810 Cell: 913-704-9620 Bldg 197, 632 McClellan Ave	For Assistance contact LTC Craig Arnold Hiring Underway Supervisory SARC	 SFC Jerri Osborne Team 1 SARC jerri.Losborne.mil@army.mil Office: 913-684-1698 Cell: 913-565-0741 Bldg 77, Room 1209, 290 Grant Ave	 LTC Craig Arnold Interim Supervisory SARC Team 2 SARC craig.d.arnold.mil@army.mil Office: 913-684-2818 Teams: 520-692-8849 Cell: 913-704-9604 Bldg 197, 632 McClellan Ave	 SFC Jacob Roach Team 3 SARC jacob.w.roach.mil@army.mil Office: 913-684-0956 Cell: 913-547-5075 835 Sabalu Rd	For Assistance contact LTC Craig Arnold Hiring Underway Team 4 SARC
 Ft Leavenworth SHARP Resource Center Building 197, 632 McClellan Ave Fort Leavenworth, KS 66027 Contact the team at <a href="mailto:usarmy.leavenworth.cac.mbx.cac-sharp@army.mil">usarmy.leavenworth.cac.mbx.cac-sharp@army.mil</a>	Vacant Hiring Underway Team 1 Victim Advocate	 Ms. Nicole Hernandez Team 2 Victim Advocate Maureennicole.n.hernandez.civ@army.mil Office: 913-684-5230 Cell: 913-544-9243 Bldg 58, 614 Custer Rd	 Mr. Josh Belle Team 3 Victim Advocate joshua.p.belle.civ@army.mil Office: 913-684-0956 Cell: 913-680-5699 835 Sabalu Rd	For Assistance contact the SHARP Hotline Hiring Underway Team 4 Victim Advocate	

**We Have Realigned Under a New Installation Model**

Team 1	AAFES, ACS, AFC, ARI, CDID, Cemetery, CID, CPAC, DeCA, DES, DLA/DMPA, FMWR, LRC, MCCoE, MICC, Museum, NEC, PAO, RCI Housing, TDS/SJA, TRAC, USAFMSA, USAG HQ, USASMD, USD 207, and US STAG CMD.
Team 2	CAC HQ, CAC-T HQ, MCTR, NSC, STB, TMD, 505th CCW and 500th/67th MP
Team 3	ACB, MWJRCF, USDB
Team 4	Army U, CGSC, Dental, DLI, MAHC staff, Patients, SAMS, SOF, TRADOC, Veterinarian, and Other Service Staff tenant personnel

**Fort Leavenworth 24/7 SHARP Hotline**  
913-683-1443  
**DoD Safe Help Line**  
877-955-5247

**Sexual Harassment Complaint Reporting Option**  
Formal | Informal | Anonymous  
**Sexual Assault Reporting Option**  
Restricted | Unrestricted  
**Retaliation Reporting Options**  
Command | IG | SARC | DoD Safe Helpline

Find us on Facebook

WeCare App

#NotInOurArmy As of 13 August 2024

## 105th Leavenworth County Veterans Day Parade

Monday, November 11, 2024  
Downtown Leavenworth, KS  
Lineup starts at 9 am  
Parade begins at 10:30 am

**"Serving Our Nation - Yesterday, Today, Tomorrow"**

REGIONAL SITE designation by US. Dept of Veterans Affairs (Kansas, Missouri, Iowa, Nebraska, Colorado, Oklahoma)



### Employment Readiness Program Classes

ACS Classroom • Resiliency Center, 600 Thomas Ave.  
Wednesdays • 12PM - 2PM\*



**Resume Writing:**  
Mar 20\* • June 19\* • July 17\*  
Aug 14\* • Sept 25\*  
Evening Classes:  
May 22 • Aug 14 - 5PM - 7PM  
Registration required for evening classes



Scan QR Code for more info!

**Federal Employment:**  
Jan 17\* • Mar 6\* • April 10\*  
May 8\* • June 5\* • July 10\*  
Aug 7\* • Sept 11\* • Oct 9\* • Nov 6\*  
Evening Classes:  
May 15 • Aug 7 - 5PM - 7PM  
Registration required for evening classes

**Interview Skills & Professionalism:**  
Feb 21\* • May 22\*  
July 24\* • Aug 21\*

\*Classes are from 12PM - 2PM\*  
Registration is required for evening classes only.  
Open to DoD ID card holders.

For more info call:  
(913) 684-2800



# Playground Palooza!



Every 2nd Tuesday from 9am - 10am  
@ The EFMP Playground  
(through the month of October 2024)

Come out and get to know other EFMP Families while the kids play! Every month there will be a NEW and EXCITING activity for the kids!  
Open to EFMP Families only.

Registration is required the Friday before the event.  
Call 913-684-2871 or 913-684-2800 for more info



#### Activities\*

- May- Chalk Art
  - June- Art Easels
  - July- Popsicles
  - August- Bubbles
  - September- Juice Boxes
  - October- Pumpkin Decorating
- \*Subject to change

### ACS Employment Readiness Program Menu of Services

One-on-one appointments and workshops to assist with:

- Career exploration and planning
- Skills and personality assessments
- Education and skills attainment
- Civilian and Federal resume assistance
- Employer referral and job search assistance
- Interview skills and professionalism

For more information, contact the ACS Employment Readiness Program Specialist  
913-684-2835/2800

## EFMP RECREATIONAL BOWLING

Every first Saturday of the month  
12:00pm - 2:00pm  
Strike Zone Bowling Center  
165 Fourth St



Meet other EFMP families! EFMP Recreational Bowling is a fun way to socialize, and sharpen fine motor skills.

All ages welcome!  
FREE for the entire family including shoes!  
Bumpers, bowling ramps, and lightweight bowling balls are available.

Pre-registration is required the Wednesday before the event.  
Call 913-684-2800 for more info or to register



### Need to talk to someone who "gets it"? Come join your fellow EFMP Spouses for "Refreshing Conversations"

Let's talk about the topics that impact our EFMP community!

Every first Thursday of the month  
in the ACS classroom  
@ The Resiliency Center  
10:00 am - 11:00 am

TEAMS calls will be available  
starting August 1 from 1:00pm - 2:00pm

- Aug 1
- Sep 5
- Oct 3
- Nov 7
- Dec 5



Enjoy light refreshments, a delicious drink of the month, and great conversation!

Please register by calling 913-684-2800 or 913-684-2871

### ACS AND FAP PRESENTS: POSITIVE PARENTING VIA MICROSOFT TEAMS • 1:30PM - 3PM

ROUND 1: OCTOBER 18, OCT 25, NOV 1, AND NOV 8  
ROUND 2: NOV 22, DEC 6, DEC 15, AND DEC 20  
ROUND 3: JAN 10, JAN 17, JAN 24, JAN 31  
ROUND 4: FEB 7, FEB 14, FEB 21, FEB 28  
ROUND 5: MAR 7, MAR 14, MAR 21, MAR 28

THIS FOUR-WEEK COURSE IS DESIGNED TO HELP PARENTS DEVELOP AND-PRACTICE, DISCIPLINE STRATEGIES, BUILD STRONG RELATIONSHIPS, AND MEET THE NEEDS OF CHILDREN OF ALL AGES.

FREE AND OPEN TO DOD ID CARD HOLDERS 18+.  
REGISTRATION IS REQUIRED AND MUST BE DONE THE DAY BEFORE THE FIRST DAY OF TRAINING.  
PARTICIPANTS MUST ATTEND EACH DATE IN THE ROUND OF THEIR CHOICE.

INFO REGISTRATION: (913) 684-2800/2822

### ARMY COMMUNITY SERVICE ACS

Real-Life Solutions for Successful Army Living

Victim Advocate Hotline: (913) 684-2537  
Child Abuse Hotline: (913) 684-2111  
SHARP Hotline: (913) 683-1443  
Chaplain: (913) 683-1443  
AER Assistance After Hours:  
American Red Cross at (877) 272-7337

### VOLUNTEER BASICS

JAN 10 • MARCH 15 • MAY 15 • JUNE 26 • AUG 28 • SEPT 4  
ACS CLASSROOM • 600 THOMAS AVE.  
TIME: 12PM - 1PM

DO YOU WANT TO MAKE A DIFFERENCE IN OUR COMMUNITY? IF SO, THEN BE SURE TO CHECK OUT VOLUNTEER BASICS. LEARN ABOUT VOLUNTEER OPPORTUNITIES ON FORT LEAVENWORTH AND IN THE COMMUNITY. PARTICIPANTS WILL LEARN THE BENEFITS OF VOLUNTEERING AND HOW TO PROCEED ON HOW INTO THE VOLUNTEER MANAGEMENT REGISTRATION SYSTEM (VMS).

REGISTRATION IS NOT REQUIRED. JUST SHOW UP.

INFO: (913) 684-2825

# ARMY COMMUNITY SERVICE

Mon- Fri 8:00 am-4:00 p.m. with limited hours Thrs 1-4:00 p.m. | 913-684-HELP (4357) / 2800

**OCTOBER** Resiliency Center, 600 Thomas Ave, Building 198 \*\*\*ACS is closed for lunch from 1130-12:30pm daily\*\*\*

**EMPLOYMENT READINESS PROGRAM** Offers job search assistance, job referrals, resume review and employment resources. Call to schedule one-on-one or register for classes.

**Federal Employment**  
Oct. 9, 9:00am - 11:00am  
Resiliency Center, Room 157

Follow us @Fort Leavenworth ERP on FB to find job announcements.

#### ARMY VOLUNTEER CORPS (AVC)

To register for a volunteer account or find volunteer opportunities visit:  
<https://vmis.armyfamilywebportal.com/>



## HAPPY HALLOWEEN

#### SURVIVOR OUTREACH SERVICES

Follow us on FB to find job announcements.  
<https://www.facebook.com/FortLeavenworthSurvivorOutreachServices>

**EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)**  
\*Registration Required for EFMP events

**EFMP Refreshing Conversations**  
Oct. 3, 10:00am -11:00am,  
Resiliency Center

**EFMP Playground Palooza**  
Oct. 8, 10:00am -11:00am  
EFMP Playground

**EFMP Recreational Bowling**  
for EFMP Families  
Oct. 5, 12:00pm-2:00pm  
Strike Zone Bowling Center

#### RELOCATION READINESS PROGRAM

**In-Processing Brief** Tuesdays,  
9:00am - 10:00am Resiliency Center, Room 157

**OCONUS Levy Brief** Tuesdays,  
10:00am - 11:00am Resiliency Center, Room 157

**Multi-Cultural Families Friday Fun Day- Pumpkin Carving**  
Oct 11, 9:30am - 11:00am  
Resiliency Center, Room 106

**Hearts Apart Bowling for Families of Deployed Service Members**  
Oct. 5, 12:00pm-2:00pm Strike Zone Bowling Center

**Lending Closet**  
Are you In/Out-Processing and need essentials? ACS has short-term basic items to help you get by.

- kitchenware
- cookware
- small appliances



**ARMY EMERGENCY RELIEF (AER)** provides emergency assistance to active duty service members, their families, and retired service members.

For emergency financial assistance during normal duty hours, call the ACS main line, and after hours, weekend or holiday, call the American Red Cross Call Center at 1-877-272-7337.

Command/Troop Training is also available upon request.



**FINANCIAL READINESS PROGRAM** Offers appointments & classes by request on TSP, BRS/Continuation Pay, financial counseling, budgeting, retirement, major life events (marriage, divorce, new child, illness & more).

CALL ACS TO REGISTER FOR CLASSES TODAY!  
ALL EVENTS LISTED ARE FREE!

<https://leavenworth.armymwr.com/>

[facebook.com/FortLeavenworthACS](https://facebook.com/FortLeavenworthACS)

[facebook.com/FortLeavenworthFMWR](https://facebook.com/FortLeavenworthFMWR)

<https://home.army.mil/leavenworth/>



## ACS New Parent Support Prenatal Classes

**Childbirth Classes:**  
Series of three classes  
January 8th, 22nd, 29th  
March 4th, 11th, 18th  
May 6th, 13th, 20th  
July 15th, 22nd, 29th  
September 16th, 23rd, 30th  
November 4th, 11th, 18th, 25th

**Newborn Care Classes:**  
February 12th  
April 15th  
June 10th  
August 12th  
October 21st  
December 9th

**Breastfeeding Classes:**  
February 5th  
April 8th  
June 3rd  
August 5th  
October 7th  
December 2nd

Free for Expectant Parents!

600 Thomas Ave  
Room 157  
All classes are from 5 pm - 7 pm

Deadline for Registration is the Friday before the class. Pre-registration is required.  
Contact 913-297-3212

## ACS New Parent Support Potty Training

Come join us to learn the cues to look for when deciding to potty train! Learn valuable tips to get you started!

Are you ready?

600 Thomas Ave  
Room 157  
2/26, 4/22, 6/17, 8/19,  
10/28, 12/16  
5 pm - 7 pm

Time to lose the diapers?

FREE  
For Parents of Children aged 0-4 years  
\*Pre-registration Required\*  
Deadline is Friday before class  
Contact 913-297-3212

## Stroller Walk & Talk

Meeting at  
The Resiliency Center  
600 Thomas Ave  
Every Tuesday Morning  
March - May  
10am - 11am  
June - Sept  
9am - 10am

This is a FREE opportunity to meet other parents of small children, get healthy and socialize all while enjoying the walking paths of Ft. Leavenworth!

Offered to expecting parents and to parents of children through 3 years of age. Must bring your own stroller. Register the day before!

POC 913-297-3212

## MOM'S NIGHT OUT

This NEW event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.

Jan 31 • Feb 28 • March 27 • April 24  
May 29 • June 26 • July 31 • Aug 28  
Sept 25 • Oct 30 • Nov 20 • Dec 11

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old.

Info: (913) 297-3212 or (913) 684-2800

## DAD'S NIGHT OUT

Dad's Night Out is offered by ACS New Parent Support Program for Dads of children 0-3 years of age to get out of the house without the kids and meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.

Jan 24 • Feb 21 • March 20 • April 17  
May 22 • June 12 • July 24 • Aug 21  
Sept 18 • Oct 23 • Nov 13 • Dec 4

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Dads with children 0-3 years old.

For more info: (913) 297-3212 or (913) 684-2800

## SCREAM FREE Parenting

ACS Conference Room 145  
600 Thomas Ave  
From 1:00 - 2:30pm  
June 5, July 10, Aug 7,  
Sept 4, Oct 2, Nov 6  
Dec 4

Feeling frustrated? Overwhelmed? Let us help you focus on staying both calm and connected with your loved ones. We'll work together to find the tools to revolutionize your relationships with your children.

This class is recommended for parents with children aged 5+.

FREE  
Open to all DOD ID holders 18+  
leavenworth.armymwr.com

Call to register (deadline is day before training)  
913-684-2811 / 2808

## Toddler Time Playgroup

ACS Family Advocacy New Parents Support Program Presents

- Free toddler play group.
- Open to ages 2-3 years old with adult.
- Offers an introduction to preschool routines, explores educational concepts, and builds social skills through hands on experiences and activities.

**Wednesdays @ 9:00am**

Located at the Army Community Service Resiliency Center  
600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text 913-297-3212 or 913-297-9704

## Play Morning

Thursdays from 9-11:00 a.m.  
Ages 3 months - 3 years with Guardian • Resiliency Center

Free play group for ages 3 months - 3 years and their parents/guardians.

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.

Army Community Service | Resiliency Center | 600 Thomas Ave. | Fort Leavenworth, Kansas  
Registration required, cut off is day before event (913) 297-3212 or (913) 684-2800

## 5 Love Languages of Teenagers

Do you ever feel like you and your teen are speaking another language?

The "5 Love Languages of Teenagers" class is geared toward caregivers that want to communicate with their teens in a way that everyone feels heard, understood, and most importantly loved.

ACS Classroom 145  
Feb 14, May 8, Aug 14, Nov 13  
1-2:30pm  
FREE

Open to all DOD civilians, active duty, and retired military that are caregivers raising teens  
Call to register (deadline is day before class)  
913-684-2822 / 2808

## Storytime!

ACS Family Advocacy New Parents Support Program Presents

Free  
Open to ages 3 months - 3 years old with adult.

Join us for storytime to use our imagination and develop a love of books

Storytime fosters early literacy skills, language development, and social growth.

**Every Wednesday @ 10:00 am**

Located at the Army Community Service Resiliency Center  
600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text 913-297-3212 or 913-297-9704

## 5 Love Languages of Teenagers

Do you ever feel like you and your teen are speaking another language?

The "5 Love Languages of Teenagers" class is geared toward caregivers that want to communicate with their teens in a way that everyone feels heard, understood, and most importantly loved.

ACS Classroom 145  
Feb 14, May 8, Aug 14, Nov 13  
1-2:30pm  
FREE

Open to all DOD civilians, active duty, and retired military that are caregivers raising teens  
Call to register (deadline is day before class)  
913-684-2822 / 2808

## Financial Readiness Milestone Training

Are you financially prepared for what life throws your way? Let us help! We offer free Financial Readiness Training on a variety of subjects.

Some of the topics we will discuss:

- Pre-Deployment
- Post-Deployment
- PCS
- Marriage
- Divorce
- Vesting in TSP
- Promotion
- First Child
- Continuation Pay
- Disabling sickness/injury/condition

Held monthly every 2nd & 4th Thursday @ 0900am - 1100am.  
Bldg 198 Room 157

INFO: 913-684-2852 / 2800

## Anger Management Course

The Resiliency Center Room 145

Our 8 week Anger Management Course will teach you a new tool every week to stay cool and collected in even the most difficult of settings.

Each week will have real world scenarios, instant feedback, and an opportunity to apply each newly acquired skill in a group setting.

Feeling lost in the storm? We can help.

Round 1:	Round 2:
1:30pm - 3:00pm	1:30pm - 3:00pm
October 3, 10, 17, 24	January 9, 16, 23, 30
November 7, 14, 21	February 6, 13, 20, 27
December 5	

FREE and open to all DOD ID card holders 18+  
Deadline to register is the day before the first day of training. Participants must attend each day in the round. Virtual Attendance is available through TEAMS.  
Call 913-684-2808 / 2822 for more info

## ACS FAP Presents: 5 Love Languages for Couples

January 10 • July 10 • October 9 // 1:00PM-2:30PM  
ACS Classroom 145

The 5 love languages couples focuses on the strengthening the connections while learning the core patterns when speaking or giving love to others, and how love is received. Learn how to stay connected, translate love languages and improve relationships.

Deadline to register is day before each class.

FREE and open to DoD ID card holders 18+.

For more info: (913) 684-2811/2808

Scan the QR Code for more info about FAP.



# The Fort Leavenworth Frame Studio



**Custom Framing & DIY Studio**  
 Tuesday - Friday  
 10am - 5pm

Must complete Intro to Framing Workshop before using the DIY Frame Studio. Hourly fee applies.  
 Call to register or stop by the studio!

**IS NOW OPEN!**

Come see us!  
**Arts & Crafts Studio**  
 310 McPherson Ave  
 (913) 684-3373

**Intro to Framing:**  
 (\$40 a class must pre-register)

Every 2nd Thursday of the month from 10am - 2pm  
 Every 4th Saturday of the month from 10am - 2pm  
 Deadline to register is the day before class.  
 Ages 18+

**The Frame Studio is available for all of your framing needs!**

- Military Prints
- Art Projects
- Photography Prints
- Graduation Certificates
- Etchings/Engravings
- Restoration

**CYS SKIES**  
 Instructional Class Fall Catalog 2024

Enrollment Opens July 8th @ 9:00am  
 Open House July 23rd 5:30pm - 7:00pm

320 Pope Ave Bldg #345  
 Call 913-684-3207 or text 913-704-7595

The Schools of Knowledge, Inspiration, Exploration and Skills (SKIES): Unlimited offers classes in art, dance, music, gymnastics, theater, golf and more. For more information, visit <https://leavenworth.armymwr.com/programs/skies-unlimited>. Download the fall catalog of available classes at [https://leavenworth.armymwr.com/application/files/2817/1949/5175/SKIESUnlimited\\_Fall\\_2024\\_Final.pdf](https://leavenworth.armymwr.com/application/files/2817/1949/5175/SKIESUnlimited_Fall_2024_Final.pdf).

**HUNGRY?**

Fort Leavenworth MWR has AMAZING food options!

- Solarium Buffet
- 12th Brick Grille
- Strike Zone Snack Bar
- Java Cafe
- FCC BBQ

LEAVENWORTH.ARMYMWR.COM

**LOOKING FOR ADVENTURE? CHECK OUT FORT LEAVENWORTH LEISURE TRAVEL SERVICES!**

Leisure Travel Services  
 310 McPherson Bldg 464  
 (913) 684-2580

## October - December Workshops

Watercolor	Acrylic
\$30 per workshop	Cost includes all supplies!
<b>Watercolor (Basic Techniques)</b> Wednesday, Oct 9 11am - 1pm Tuesday, Nov 5 6pm - 8pm	<b>Acrylic (Basic Techniques)</b> Tuesday, Oct 15 6pm - 8pm
<b>Watercolor (Color Theory)</b> Wednesday, Oct 16 11am - 1pm Tuesday, Nov 12 6pm - 8pm	<b>Acrylic (Intermediate)</b> *Must sign up for both Tuesday, Oct 22 6pm - 8pm Tuesday, Oct 29 6pm - 8pm
<b>Watercolor (Simple Landscapes)</b> Wednesday, Oct 23 11am - 1pm	
<b>Watercolor (Holiday Cards)</b> Tuesday, Nov 19 6pm - 8pm	
<b>Watercolor (Holiday Wreaths)</b> Tuesday, Dec 3 6pm - 8pm	scan for more info

Call now to register!  
 913-684-3373

**Arts & Crafts Studio**  
 310 McPherson Ave  
 913-684-3373

**OPEN STUDIO**  
 Hours 10am - 5pm T - F  
 Ask about our Hourly Fees

**Multi-Craft Room**  
 Come use our provided supplies to craft with the whole family!

**Painting Studio**  
 Provided watercolor and acrylic supplies to create your own masterpiece.

**Framing Studio**  
 Must take Intro to Framing before using DIY Framing Studio.

**Pottery Studio (Coming Soon!)**

## Modern Calligraphy

Basics	Intermediate
\$20 per class	\$20 per class
Wednesday Oct 30 11:30am - 1pm	Wednesday Nov 6 11:30am - 1pm
<b>Special Projects</b>	
<b>Holiday Cards</b> Wednesday Nov 13 11:30am - 1pm	
<b>Holiday Cards</b> Wednesday Dec 4 11:30am - 1pm	

**Reoccurring Classes MUST PRE-REGISTER**

**Intro to Framing**  
 \$40 per class  
 Every 2nd Thursday & 4th Saturday of the month 10am - 2pm

**Paint & Sip**  
 \$35 per session  
 Every 2nd Friday of the month 6pm - 8pm  
 Must be 21 years or older. BYOB

Come see what's new at the Studio!  
 leavenworth.armymwr.com

## October - December Workshops

Acrylic	Crafts
\$35 per class	\$35 per class
<b>Acrylic Pour</b> Tuesday, Oct 29 11am - 1pm	<b>Sweater Pumpkins</b> Friday, Oct 25 11am - 1pm
	<b>Grateful Pie Garland</b> Friday, Nov 22 11am - 1pm
<b>Framing</b>	<b>Holiday Ornaments</b> Tuesday, Dec 10 11am - 1pm
\$40 per class	
<b>Intro to Framing</b> *Must pre-register*	
Thursdays Oct 10, Nov 14, Dec 12 10am - 2pm	
Saturdays Oct 26, Nov 23 10am - 2pm	

Call now to register!  
 913-684-3373

**Arts & Crafts Studio**  
 310 McPherson Ave  
 913-684-3373

**Paint & Sip**  
 \$35  
 Must be 21 years or older. BYOB

**Day of the Dead Pumpkin**  
 Friday October 11 6pm - 8pm

**Festive Gnome**  
 Friday November 8 6pm - 8pm

**Red Scarf Raccoon**  
 Friday December 13 6pm - 8pm

Cost includes all supplies!

## Kids Arts & Crafts

Messy Art	Art History
\$12 per class (ages 7+)	\$15 per class (ages 7+)
Thursday, Oct 3 11am - 12pm	<b>Pumpkins &amp; Picasso</b> Wednesday, Oct 23 1pm - 3pm
Thursday, Oct 17 11am - 12pm	Thursday, Oct 24 4pm - 6pm
Thursday, Nov 14 11am - 12pm	<b>Macrons &amp; Matisse</b> Wednesday, Nov 20 1pm - 3pm
Thursday, Dec 5 11am - 12pm	Thursday, Nov 21 4pm - 6pm
<b>Color Me Happy (Parent &amp; Toddler)</b> \$10 per class	<b>Waffles &amp; Warhol</b> Wednesday, Dec 11 1pm - 3pm
Thursday, Oct 10, 24 10:30am - 11:30am	Thursday, Dec 12 4pm - 6pm
Thursday, Nov 7, 21, 10:30am - 11:30am	
Thursday, Dec 12 10:30am - 11:30am	

Come see what's new at the Studio!  
 leavenworth.armymwr.com



**LET'S PLAY!**

**NEW FOR 2024!**  
**ADULT SPORTS**  
**Doubles Pickleball League**

**Player's Meeting**  
 Wednesday Oct 23  
 5:30pm @ Gruber Fitness Center  
 Letters of Intent due COB Wednesday Oct 30

**Harney Sports Complex**  
**New to Pickleball?**  
 That's okay! This fast growing sport is described as a hybrid of tennis, badminton, and ping pong. It's played on a badminton sized court with a net, hard paddles and perforated plastic balls. There may be less running than tennis, but don't let that fool you! Players can burn serious calories during just 30 minutes of play!

**Games**  
 Mondays & Wednesday 5:30pm - 8:30pm  
 Harney Sports Complex

Open to Active Duty, DOD Civilians, Retirees, Dependents, and Contractors working on Fort Leavenworth that are 18+

Call 913-684-3224/5136 for more information

**League play starts**  
 Wednesday Nov 6 - TBD

League awards are given for regular season champions, tournament runner-ups, and tournament champions.

**2024 FT LEAVENWORTH CAC GOLF SCRAMBLE SERIES**

April through October; last Friday of each Month

\$50 Members; \$60 Non-Members; Includes all Fees, Range, Lunch, Beverages, Tee Gift and Prizes.  
 Lunch and Driving Range Open at 1200; Shotgun start at 1300\*  
 \*July & August 1200 start  
**APR 26, MAY 31, JUN 28, JUL 26, AUG 30, SEP 27, OCT 25**

Trails West Golf Course // 306 Cody Rd  
 To register or for additional information call 913-651-7176

**913 WEIGHTLIFTING**

**FUNCTIONAL FITNESS CLASSES**

**CLASSES**  
 Monday - Friday 9:00-10:15am  
 Harney Gym  
 185 Fourth Street  
 Fort Leavenworth, KS

**ABOUT**  
 Classes are designed to increase strength, power, speed, agility, and aerobic capacity by Olympic lifting, weight lifting, gymnastics, and plyometrics. This class is ideal for beginners and elite. Get healthier, get stronger, live longer. Enjoy professional programming in a supportive, encouraging environment.

**PRICING**  
 Monthly rates  
 3x week \$75  
 5x week \$85  
 Drop in \$10

**CONTACT**  
 For more info: 949-291-0386

**WEIGHTLIFTING**

**First Class is Free!**

Learn proper Olympic Lifting technique and how to safely resistance train. Programming is designed to increase Muscle Mass, Strength, and Power. Resistance training has been shown to increase bone density, metabolic rate, cognition, reduce fat accumulation, lower risk of heart disease, and so much more. Start enjoying the benefits!

**CLASSES MEET MON, WED, FRI 9:00-10:15 AT HARNEY GYM**  
**\$10 DROP IN RATE OR \$75 MONTH**

FOR MORE INFO, (913) 684-2190

**FUN SHOOT**  
 Brunner Range  
 1st Saturday of the Month

**Jan 6 - Dec 7 2024**  
 Feb 3, Mar 2, Apr 6, May 4, Jun 1, Jul 6, Aug 3, Sep 7, Oct 5, Nov 2,

Registration is required and can be done the day of the event from 9AM-10:30AM.

Space is limited so register early.

Rental guns and shells are available or bring your own.

Prizes and awards distributed at the end of each shoot.

Info: (913) 651-8132  
 701 Sheridan Drive

**Brunner Range**  
**2024 LEAGUE SCHEDULE**

**Winter Combo**  
 4 January - 7 March

**Spring Combo**  
 21 March - 23 May

**Summer Warm-up**  
 6 June - 11 July  
 18 July - 22 August

**Fall Combo**  
 5 September - 7 November

**Winter Warm-up**  
 14 November - 19 December

Each league has a one-time payment of \$25  
 Payment is held for prizes at the end of each league.  
 Combo leagues shoot on Thursday evenings. Teams consist of 5(+/-) shooters.  
 All teams take turns supplying an evening meal at approximately 5:30 pm with shooting commencing at 6:00 pm. Summer and Winter Warm-up leagues are individual with the same fee but no food.  
 Contact Brunner Range for more information (913) 651-8132

Starting August 19th, 2024

**Fort Leavenworth Group Fitness Classes**

**GRUBER FITNESS CENTER** - 200 Reynolds Ave. - 684-5120  
 Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530			Spin (Karyn)			
0930		Zumba (Lydia)		Zumba (Lydia)		
1200						
1630	Hot Yoga (Kim)	Zumba (Lydia)	Power Cycling (Kim)	Zumba (Lydia)		
1730			Power Yoga (30min) (Kim)			

**HARNEY SPORTS COMPLEX** - 185 Fourth St. - 684-2190  
 Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

\*Power Cut classes are held in the Bubble Gym

Single Ticket For \$5.00  
 10 Tickets For \$45.00  
 20 Tickets For \$80.00

U.S. ARMY MWR SPORTS • FITNESS • AQUATICS

<https://leavenworth.armymwr.com>

**Independent Instructor Class Schedule**

**Gruber Fitness Center**

Monday	Tuesday	Wednesday	Thursday	Friday
	Brazilian Jiu-Jitsu Beginner 1830-1930	Brazilian Jiu-Jitsu Beginner 1830-1930	Brazilian Jiu-Jitsu Beginner 1830-1930	
	Advanced 1940-2040	Advanced 1940-2040	Advanced 1940-2040	

1 x a week - \$60 2 x a week - \$75 3 x a week - \$85 Drop in \$20  
 First class is FREE! Must have 24 hour access to gym. Classes are 18+ Register in person

**Harney Sports Complex**

Monday	Tuesday	Wednesday	Thursday	Friday
Olympic Lifting 0900-1015	Resistance Training 0900-1015	Olympic Lifting 0900-1015	Resistance Training 0900-1015	Olympic Lifting 0900-1015
Kids Olympic Lifting 1600-1700 Bubble Gym		Kids Olympic Lifting 1600-1700 Bubble Gym		

Olympic Lifting - \$75 (3 days) \$70 (2 days) \$10 (drop in)  
 Resistance Training - \$70 (2 days) \$10 (drop in)  
 Kids Olympic Lifting - \$75 (NO drop in)  
 First class is FREE! Olympic Lifting and Resistance Training is for 18+

Harney Sports Complex & Aquatics Center  
 185 Fourth St  
 Ft. Leavenworth, KS  
 913-684-2190

Gruber Fitness Center  
 200 Reynolds Ave  
 Ft. Leavenworth, KS  
 913-684-5120

**BRAZILIAN JIU-JITSU CLASSES**  
 With Coach Don Castro

**TUESDAY & THURSDAY**  
 1830 - 1930 BEGINNER  
 1940 - 2040 ADVANCED

\*Must have 24 Hour Access\*  
 \*Register IN PERSON at the Front Desk, during business hours\*  
 \*Gi and No Gi will alternate every other week.\*

GRUBER FITNESS CENTER  
 220 REYNOLDS AVENUE  
 FORT LEAVENWORTH, KANSAS 66027  
 POC: 254-436-7156

**Discover Fort Leavenworth's Fitness Facilities**

Harney Sports Complex and Aquatics Center  
 185 Fourth St  
 913-684-2190  
 M-F 0500-1800  
 Sat-Sun 0800-1700

Gruber Fitness Center  
 200 Reynolds Ave  
 913-684-5120  
 M-F 0500-1800  
 Sat-Sun 0800-1700

**YOU'RE JUST A CLICK AWAY FROM A HEALTHIER YOU!**

**Adult Sports & Fitness**  
 Scan Here for current information about adult intramural sports, pool hours, eligibility, how to register for 24/7 access, and special programs!

**Group Fitness**  
 Scan Here for current fitness classes, schedules, fees, and eligibility. FREE for Active Duty!

**WE OFFER 24/7 Gym Access**  
 (After registration)  
**LET'S GO!**

**DECIDE TO COMMIT TO SUCCESS**

[leavenworth.armymwr.com](https://leavenworth.armymwr.com)



# WE ARE HIRING

## Ready to Make an Impact?

The Fort Leavenworth School District is hiring highly motivated, vibrant, and engaging educators and professionals dedicated to providing exceptional educational experiences for military children.

**Special Education Teachers**  
Starting pay \$50,500 a year

**Paraprofessionals**  
Starting pay \$18.00 an hour

**Food Service Cooks**  
Starting pay \$15.00 an hour

**Bus Drivers**  
\$92.00 per Route

**Bus Aides**  
\$61.00 per Route



**APPLY NOW!**  
[WWW.USD207.ORG](http://www.usd207.org)



USD 207 is an equal opportunity employer.

## 2024-2025 School Calendar

July 2024							Holiday/No School		Parent/Teacher Confs.	
S	M	T	W	Th	F	S				
	1	2	3	4	5	6				
7	8	9	10	11	12	13				
14	15	16	17	18	19	20				
21	22	23	24	25	26	27				
28	29	30	31							

August 2024						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 2024						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2024						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November 2024						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2024						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January 2025						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February 2025						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March 2025						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2025						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

May 2025						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

School Hours						
Elementary School: 8:00 AM - 3:20 PM						
Patton Junior High: 7:40 AM - 3:00 PM						
Preschool - AM Class: 8:00 AM - 11:00 AM						
Preschool - PM Class: 12:20 PM - 3:20 PM						
Early Dismissal/Release Times						
Elementary School - 1:30 PM						
Patton Junior High - 1:00 PM						
Preschool - AM Class: 10:00 AM						
Preschool - PM Class: 2:20 PM						

Progress Reports on:						
September 11, 2024						
November 13, 2024						
February 5, 2025						
April 16, 2025						
Grade Cards on:						
October 16, 2024						
January 8, 2025						
March 26, 2025						
May 23, 2025						
Quarter Breakdown:						
Quarter 1 - Aug. 13, 2024 - Oct. 11, 2024						
Quarter 2 - Oct. 15, 2024 - Dec. 19, 2024						
Quarter 3 - Jan. 7, 2025 - Mar. 14, 2025						
Quarter 4 - Mar. 24, 2025 - May 23, 2025						

Fort Leavenworth USD 207 Board Approved: 2/26/2024

**Episode 62**  
**Stewarding the Profession: THE HARDING PROJECT**

LTC Zach Griffiths, Dr. Trent Lythgoe, and COL(R) Rich Creed join our host LTC Lisa Becker to talk about The Harding Project. They discuss how Army Professionals advance the Profession of Arms through professional writing and discourse. They examine myths of writing, tips to get better at writing, and writing initiatives within The Harding Project.

<https://podcasts.apple.com/us/podcast/episode-62-stewarding-the-profession-the-harding-project/id1522992261?i=1000663116512>

New available on...

## CALL FOR PAPERS

The NCO Creative Domain welcomes submissions.

**NCO JOURNAL**

CHECK OUT THE NCO JOURNAL PODCAST WHERE WE DISCUSS RECENTLY PUBLISHED ARTICLES WITH AUTHORS, TO PROVIDE AN OPEN EXCHANGE OF IDEAS AND INFORMATION.

<https://www.armyupress.army.mil/journals/nco-journal/nco-journal-podcasts/>

<https://www.facebook.com/NCOJournal>

<https://twitter.com/NCOJournal>

**ACCESS**  
Virtually, Everywhere

Army Credentialing and Continuing Education Services for Soldiers

SUBJECT: TUITION ASSISTANCE REQUEST FY24 CLOSEOUT

- All TA Requests for FY24 must be submitted and approved prior to 2000 Eastern Daylight Time (EDT) on 6 September 2024 due to the Army's fiscal year closeout. This only applies to FY24 TA requests with a start date that occurs during FY24, e.g. 1 Oct 2023 through 30 Sept 2024. There will be no exceptions granted.
- Soldiers may continue to create TA Request for courses beginning in FY25, 1 October 2024 and beyond, between 60 - 7 days in advance of the term start date. Remember, FY25 requests are subject to the availability of funds.
- For additional questions, contact your Army Education Center.

**Leadership Perspectives**  
with special guest, Mr. Paul Landauer

Ep 68

YOUTUBE.COM  
Leadership Perspectives with Mr. Paul Landauer  
Episode 68 - Leadership Perspectives with Paul LandauerAMSC...

Suicide prevention month

# 988

## Suicide/Crisis Lifeline

Pay attention to the signs, your life matters!

## Fort Leavenworth Care Options Available for Summer 2024 & School Year 2024-2025

### Request Before/After School Care & SAC Camps all year round



**MILITARY**  
CHILDCARE.COM

Families can use MCC to make requests for SAC programs, which include Before/After School care and Fall, Winter, Spring, and Summer Camps, all year round. The online system allows you to search for and submit unlimited SAC requests at any time of the year without waiting for a specific registration time to begin. As soon as school dates are known, all SAC programs will be made available to you so you can submit your requests.

Please Note: Spaces are offered via email based on the sponsor's priority and request for care (RFC) date.

**MILITARY**  
CHILDCARE.COM

Using **MilitaryChildCare.com**, you can find comprehensive information on child care programs worldwide, conduct a customized search for the care you need, and submit a request for care at any time and from any location. *Follow these four steps!*

- STEP 1 CREATE ACCOUNT**  
Go to **MilitaryChildCare.com** to create an account containing information about your family, or to login using an existing username and password.
- STEP 2 SEARCH and REQUEST CARE**  
Search the system for the child care options that best fit your needs and submit your requests for care.
- STEP 3 MANAGE MY REQUESTS**  
You can manage your requests for care from anywhere in the world.
- STEP 4 UPDATE MY PROFILE**  
Keep your *My Profile* page up-to-date with important information.

It's that easy!



To get started, visit [MilitaryChildCare.com](http://MilitaryChildCare.com)  
For questions/support call: 855.696.2929

Make sure you are requesting the best Care Option(s) for your childcare needs...  
Go to our [CYS Facebook](#) page or [FMWR-CYS website](#) to review the:  
**Fort Leavenworth CYS Care Options & Waitlist Guide**

DoD

# Safe Helpline

Sexual Assault Support for the DoD Community

[safehelpline.org](http://safehelpline.org) | 877-995-5247

## Wireless Emergency Alerts (WEA)

can alert you when weather threatens!

WEAs are emergency messages sent by government authorities to your mobile phone, reserved for life-threatening situations.

Keep WEAs enabled on your phone. It could save your life or the lives of others.

weather.gov

988

# Suicide/Crisis Lifeline

Pay attention to the signs, your life matters!



# MUNSON NOTES

## Dedication to dental healthcare

■ Call 913-684-6250 to schedule a **WELL-WOMAN EXAM** at Munson Army Health Center.

■ Munson Army Health Center is looking for volunteers to join the **PATIENT AND FAMILY PARTNERSHIP COUNCIL**. Volunteers can be active-duty, active-duty family members, retirees or retiree family members. The PFPC meets quarterly. If interested, call 913-684-6211/6127.

■ Munson Army Health Center Pharmacy offers patients a variety of **OVER-THE-COUNTER MEDICATIONS AT NO COST** to service members, retirees and family members. These items are available without a prescription or medical appointment. These self-care items are comparable to those available for purchase from retail stores and include pain relievers, cough medicine, allergy medication, antibiotic ointment, lice treatment and much more. Visit <https://munson.tricare.mil/Health-Services/Pharmacy> and scroll down to the Over-the-Counter Medication Program for details.

■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are **ELIGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE**. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit <https://dvidshub.net/r/8wttlf>.



Photos by Munson Army Health Center Public Affairs

**Combined Arms Center and Fort Leavenworth Commanding General Lt. Gen. Milford H. Beagle Jr. recently recognized Sgt. Melissa Cosby, dental hygienist, ABOVE, and Harry Banks, equipment sterilization technician, LEFT, both from Smith Dental Clinic, for their hard work and dedication supporting the dental healthcare of service members on Fort Leavenworth.**

## Prescription options

There are several options to get your prescription refills from Munson Army Health Center.

• **Automated Refill Line:** 913-684-6500 or 1-888-745-6435 (on the prescription label).

• **Pharmacy Call-In Line:** 913-684-6250 (Option 2) and follow the prompts to refill your prescription.

• **Online Refill Activation:** On the MHS GENESIS Patient Portal, use the RX REFILL option next to MEDICATIONS on the top menu. You can see which medications are available for renewal, select multiple items, and

send them to any MTF in the Department of Defense. To request your prescription at MAHC, select Kansas, then Fort Leavenworth MTF. Choose to pick up at the Pharmacy or the ScriptCenter locker.

Refills require a two-business day turnaround for pick-up. Plan accordingly for weekends and holidays.

• Controlled, refrigerated and oversized medications are not available from ScriptCenter.

• Most non-controlled medications can be refilled once 75 percent of the medication is gone.

• Controlled substances can be refilled no sooner than three days before the due date.

• Refills are returned to stock after 10 business days. If you cannot pick up your medication within this timeframe, contact the pharmacy to make alternative arrangements.

• Federal law prohibits dispensing prescriptions that expire before they are picked up.

To learn more about Munson Pharmacy Services visit <https://munson.tricare.mil/Health-Services/Pharmacy>.

## Speak up! Your voice matters

Volunteer to become a **patient and family advisor** on our patient and family partnership council

The Patient and Family Partnership Council captures the voices and insights of patients and families to improve the care experience.

Is being a patient and family advisor right for you?

We are looking for volunteers who can:

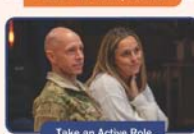
- Partner with other patients and staff to help improve care
- Represent the interests of all patients cared for by the military treatment facility
- Work well in teams and have fun!



Learn more about the Patient and Family Partnership Council

For more information, contact:

Munson Army Health Center Patient Advocates at 913-684-6211/6127



### VIRTUAL EDUCATION CENTER

Educated Patients. Better Health.



**Health and medical information available at home and on the go!**



**Access to more than 50,000 education resources covering 60 medical topics.**



**This valuable resource is available to all patients and providers.**



[www.health.mil/VEC](http://www.health.mil/VEC)

## WALK-IN! FLU SHOTS



### Frontier Conference Center

350 Biddle Blvd., Fort Leavenworth  
**Thursday, Oct. 17** 8 a.m. - 2 p.m.  
**Friday, Nov. 1** Noon - 4 p.m.  
**Wednesday, Nov. 6** 9 a.m. - 6 p.m.  
**Friday, Nov. 15** Noon - 4 p.m.

TRICARE Beneficiaries aged 6 months and up  
 DoD ID card required for aged 10 years and up



[MUNSON.TRICARE.MIL](http://MUNSON.TRICARE.MIL)

Visit <https://www.facebook.com/munson-health/> for updates and information.