

THURSDAY
FEBRUARY 19, 2026



LAMP

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USD 207 Teacher of Year builds relationships, community in classroom

by Prudence Siebert/Editor

Unified School District 207's Teacher of the Year Mandi Grenell is finding ways to connect with her students to help them learn but also to help them be "good humans."

"My parents and husband joke that my whole life is teaching," the MacArthur Elementary School fifth-grade teacher said. "And it is, but it's because I love it, so I don't fault myself for it."

Instead, she immerses herself in the needs and interests of her students. Sometimes that means delving into other things her students are crazy about, like anime, during her spare time to find ways to connect.

"Every teacher is told that (teaching is about relationships) in college, and we all are told that during our professional developments, and we all know it, but it's then hard sometimes to put it into practice," Grenell said. "I have kids who have different interests than I do. (Some are) huge gamers, and I'm super sporty, I love all sports, and so, I just have to find the way to connect."

MacArthur Principal Tracy Johnson said Grenell's students thrive due to her ability to build those relationships and create a community among



Photo by Prudence Siebert/Fort Leavenworth Lamp

ABOVE: Fifth-grade teacher Mandi Grenell discusses a math problem with 10-year-old Emery Gilleland during class Feb. 12 at MacArthur Elementary School. Grenell was named Unified School District 207's Teacher of the Year.

RIGHT: USD 207 Teacher of the Year Mandi Grenell smiles at her students' responses during "standing math," with students observing work on white boards around the room and sharing why they think other students explained a solution well, Feb. 12 at MacArthur Elementary School.

her students.

"Mandi exemplifies what true educational leadership looks like. She demonstrates exceptional organization in both planning and preparation, ensuring that every lesson is purpose-

ful and aligned to student needs," Johnson said. "Her ability to think outside the box allows her to build engaging, innovative learning experi-

SEE USD 207 TEACHER OF THE YEAR | A3



Lancers swim team athletes bring home medals from post-season meet

Fort Leavenworth Lancers swim team members Susannah McLin and Zoe Allen stand on the podium after placing second and first, respectively, in the 50 Backstroke at the Missouri Valley Districts Championship post-season swim meet Feb. 14 in Topeka, Kansas.

Photo by Robert Hayes/Fort Leavenworth Lancers



by Jackie Hayes/Fort Leavenworth Lancers Coach

Seven athletes from the Fort Leavenworth Lancers swim team represented the team and community at the Missouri Valley Districts Championship Feb. 13-15 in Topeka, Kansas.

The Missouri Valley Districts Championship is a post-season swim meet for which athletes must obtain specific time standards to participate.

The Lancers team members who participated were 12-year-old Zoe Allen, 12-year-old Susannah McLin, 14-year-old Mary Alvey, 9-year-old Aiden Bowman, 12-year-old Alice Farquhar, 11-year-old Carice Sevigny and 10-year-old Anthony Tresch. All seven athletes achieved at least one personal best time during the meet.

The meet was run as a prelim/final for-

mat. Four of the Lancers' military-connected swimmers qualified for finals — a top eight finish from the morning — and of those four athletes, two brought home medals in their respective events.

Patton Junior High School student Zoe Allen finished first in 50 Backstroke and second in the 50 Freestyle, achieving a qualifying time to advance to the championship meet March 5-8 in Topeka.

Susannah McLin also found herself on top of the podium. She finished second in 50 Backstroke, third in 100 Backstroke and second in 200 Freestyle, achieving another championship-qualifying time to add to the two other qualifying events, 500 Freestyle and 200 Backstroke.

Mary Alvey finished eighth at finals in the 200 Breaststroke, and Aiden Bowman finished eighth at finals in the 50 Breaststroke.

AT A GLANCE

■ The FORT LEAVENWORTH OFFICIAL PHOTO STUDIO will be closed temporarily starting Feb. 19 through mid-March as the studio is moved to the second floor of the Garrison Headquarters building. Tentative re-opening date is March 16. To schedule appointments, visit <https://home.army.mil/leavenworth/my-fort/all-services/photo-studio>.

■ STORY TIME at the Combined Arms Research Library is at 10 a.m. and 2 p.m. Feb. 20 in the children's room.

■ Fort Leavenworth Thrift Shop COMMUNITY ASSISTANCE GRANT APPLICATIONS are due by Feb. 24. Call 913-651-6768 for more information.

■ Several area SCHOLARSHIP OPPORTUNITIES

have approaching deadlines. See page A4 for details.

■ The Religious Support Office-sponsored SINGLE SOLDIERS GAME NIGHT is 5-7 p.m. March 4 at the Single Soldier Quarters. Dinner is provided. See flyer on page B1 for more information.

■ The 2026 MOTORCYCLE SAFETY FOUNDATION TRAINING is open for enrollment for the BASIC RIDER COURSE and ADVANCED RIDER COURSE. For more information and to enroll, visit <https://home.army.mil/leavenworth/my-fort/all-services/safety>.

■ The Fort Leavenworth Rod and Gun Club will host the ADVANCED HUNTER EDUCATION AND HUNTING DOG TRAINING from 7:30 a.m. to 6:30

p.m. Feb. 28, and March 1 if needed, in Leavenworth County. For more information and to obtain the entry form, contact Kent Ervin at kent.e.ervin.civ@army.mil or 913-240-9596.

■ To read the February issue of the STRONGHOLD FOOD PANTRY NEWSLETTER, visit <https://www.strongholdfoodpantry.org/newsletter>.

■ The Frontier Army Museum, 100 Reynolds Ave., is offering free SPRING BREAK PROGRAMMING for all ages. Touch a Truck with the Fort Leavenworth Fire Department is 10 a.m. to noon March 16, Story time is at 10 a.m. March 17, an Operation Wildlife bald eagle presentation is at 10:30 a.m. March 18, a Fort Leavenworth nature presentation is at 10:30 a.m. March 19, and Children's Pioneer Day is 10 a.m. to noon March 20.



The *Fort Leavenworth Lamp* has volunteer and student internship opportunities. E-mail ftvlampeditor@gmail.com for more information.

SUBMISSION GUIDELINES

The *Lamp* welcomes unit, community photo, story contributions

by Staff Report

The *Fort Leavenworth Lamp* is one of the primary ways to get information to the community.

Contact the *Fort Leavenworth Lamp* at ftvlampeditor@gmail.com with story and photo opportunities to allow the editor to cover or assign coverage.

Story and photo submissions are appreciated when the editor is unable to cover. E-mail submitted materials to ftvlampeditor@gmail.com.

Please consider the following when submitting any content for publication in the *Lamp*. All material sent to the *Lamp* is edited or rewritten for journalistic, local and Associated Press style, as well as clarity, grammar, spelling and length. Placement in the paper is determined by the *Lamp* staff.

• **Copyright:** The sender of the submitted content should be the creator of the content. No copyrighted materials can run in the newspaper without permission from the copyright owner.

• **Timely:** Content should be submitted as soon as possible. The older it gets, the less likely it will run in the newspaper. Let the editor know when to expect the submission so space in the weekly layout can

be budgeted.

• **The 5Ws:** Who, what, when, where and why/relevance should be included in every story and photo caption.

• **Photographs:** Thumbnails that might appear OK on social media are generally not large enough for publication in the *Lamp* as they reproduce poorly. Full-size, original photo files that are 1 MB or larger in size are preferred. Files should not be altered in any way — leave any adjustments for exposure, cropping, etc. to the *Lamp* editor.

Images capturing authentic, candid moments are greatly preferred to posed images. Army regulations discourage publication of posed group photos, ribbon cuttings, cake cuttings, retirement, award or re-enlistment photos. Photos should not contain uniform or safety violations, nor people smoking or drinking alcoholic beverages.

Include complete caption information by identifying everyone in the photo by first and last names, as well as rank, unit assigned to and/or title, as relevant. The date and location the photo was taken, action depicted and the name of the photographer should also be included.

• **Editorials/commentaries:** Readers are welcome to share their opinions with the *Lamp's* audience. Letters to the editor and commentaries are welcome. Letters must be signed and include a daytime telephone number. Names may be withheld from publication, if requested.

A letter to the editor is also a great way to provide an event summation and thank organizations and individuals who helped ensure the event's success.

• **Focus on Fort Leavenworth:**

The *Lamp* has a limited scope and is targeted at the internal Fort Leavenworth audience, not the general public. The internal audience includes military members, family members, civilian employees and retirees. Articles should be relevant to a substantial portion of this audience and are generally limited to on-post events and the people who live or work on post. Off-post events are only covered if there is significant effect on Fort Leavenworth personnel, if the event is given special command emphasis, or if there is significant command-authorized participation by military personnel.

• **Post-approved organizations:** Coverage and free event promotion (no-

tices and flyers in the At a Glance and Post Notes sections) are primarily limited to post-approved organizations, as the *Lamp* staff has no resources to screen nonprofit organizations or charity events conducted by private individuals or businesses. FMWR maintains a list of private organizations that are authorized to conduct business and have meetings and events on post. Contact FMWR for the requirements for registering private organizations.

• **Advertising vs. editorial content:**

Publication of the *Lamp* is governed by the rules and regulations of the Department of War, the Army and the command. There are limitations on what can and cannot be published. The *Lamp* does not publish free notices for businesses offering discounts or freebies for "military appreciation." The discounts are marketing promotions, and any material promoting a particular business or product cannot be published as it could be construed as endorsement. Army newspapers must be careful to separate reporting from promotion. Businesses have advertising budgets and can buy ad space in the *Lamp*. To advertise in the *Lamp*, contact 913-684-1702 or mary.f.manago.naf@army.mil.

Prepare now for overseas PCS moves with pets

Planning a PCS move with pets somewhere outside the continental United States?

Contact the Fort Leavenworth Veterinary Treatment Facility at 913-684-6510 to discuss requirements to take your pets overseas, to include Hawaii and Alaska.

There are different requirements based on location, and in some cases, it is necessary to begin the process to obtain a health certificate for your pet months in advance.

Contact the Veterinary Treatment Facility for more information.

Munson Army Health Center graphic

PCS Prep: OCONUS & Pets

FORT LEAVENWORTH LAMP

PUBLISHED FOR THE COMMUNITY OF FORT LEAVENWORTH, KANSAS

The *Fort Leavenworth Lamp* is an authorized publication for members of the U.S. Army. Contents of the *Fort Leavenworth Lamp* are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army, or the U.S. Army Combined Arms Center and Fort Leavenworth. It is published weekly by the Fort Leavenworth Garrison Public Affairs Office, Fort Leavenworth, Kansas 66027, commercial telephone number 913-684-5267 (DSN prefix 552).

Everything advertised in the *Fort Leavenworth Lamp* shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor on the purchaser, user or patron.

If a violation of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected.

All editorial content of the *Fort Leavenworth Lamp* is prepared, edited, provided and approved by the Fort Leavenworth Garrison Public Affairs Office. The appearance of advertising in this publication, including inserts or supplements, does not constitute an endorsement by the Department of the Army of the products or services advertised.

The *Fort Leavenworth Lamp* editorial office is in Room 221G, 290 Grant Ave., Fort Leavenworth, Kan., phone number 913-684-LAMP/5267. For submission information, contact the command information officer at 913-684-1718, or e-mail the editor at ftvlampeditor@gmail.com.

The *Fort Leavenworth Lamp* advertising office is in the Family and Morale, Welfare and Recreation Marketing and Commercial Sponsorship Office in the Resiliency Center at 600 Thomas Ave, Fort Leavenworth, Kan. E-mail mary.f.manago.naf@army.mil or call 913-684-1702.

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USD 207 Teacher of the Year (continued from Page A1)

ences that challenge students and spark curiosity. Beyond strong instruction, she models a growth mindset — embracing feedback, reflecting on practice and continuously seeking ways to improve. She leads by example, is an asset to her colleagues and consistently puts student success at the center of every decision.”

Grenell has spent her teaching career with USD 207 — as a third-grade teacher for four years at MacArthur, a fifth-grade teacher for five years at MacArthur, and a year as an instructional impact coach at Bradley a few years ago.

“I think that year was the year I’ve learned the absolute most — it was a new building, it was new staff. I was in every grade level, every class. I would sometimes just be thrown into teaching a class as I’m mentoring first-year teachers in grades that I haven’t taught,” she said. “It helped me see the district’s vision, the building vision, and grade-level visions.”

As much as she gained from that experience, she knew she wanted to return to teaching in the classroom.

“I loved it, but I realized I love kids — I missed having my own classroom.”

Teaching methodology

One of Grenell’s teaching methods — allowing students to redo assignments — is about more than a grade. She said it helps ensure they are learning and not just memorizing answers, but it is also helping them in broader sense.

“I think my (teaching) philosophy is I want to make good humans, and so having a kid get an A isn’t going to make a good human. I want them to want to like learning,” she said. “I love learning — I have two master’s degrees because I love learning; I’m getting my license in school leadership, so I maybe will be a principal, but I think it also making me a better teacher — and so I tell that to the kids, too: ‘I want you to like learning because you will never know everything, and it’s fun to learn new things.’”

Allowing students to rework assignments means extra work for Grenell, but she said what the students get from the option makes it worth it.

“It helps them long-term to understand the material, and it helps them take that ownership and that pride, which then makes them slow down in the future, because I talk about ‘Not only are you just redoing it, but you’re having to take the time to redo it, so if you had slowed down the first time, you could you have gotten (a better) grade because I haven’t actually really helped you outside of re-giving this to you,’ I try to just teach skills that I was taught from my parents about being focused in school and having that pride in our work.”

That method has been working well with the fifth-graders, whom she said want to be viewed as “mini adults.” To not be treated like children, Grenell said she tells her students that they have to show they can handle being given responsibility, and maturely handle any contention among themselves.

“I’ll tell them that frequently, ‘Can you figure this out, or do I need to get involved?’ And then they know it means if I get involved: they’re going to both have to redo something in a conflict and both have to take ownership instead of talking it out and realizing it really wasn’t that big of a deal. ‘We both can say sorry, we’re still friends, and we can move on.’”

Students’ perspectives

Grenell’s students have expressed appreciation for her teaching style.

“By far she’s my favorite teacher that I’ve had since kindergarten,” fifth-grader Mia Ouellette said. “She lets us learn fun ways, and she gives us exercise, too, sometimes. It’s really fun like that. And she also helps us whenever we need it, except for on tests, and then she sometimes even gives us extra recess, too, for being good.”

Mia said that being able to re-work assignments for a better grade helps her understand the lessons, and the reasons for the mistakes. She said that being able to move around, such as during “standing math” — a method Grenell uses to teach math that is based on the Building Thinking Classrooms concept where students solve problems standing at white boards and walk around the classroom to view and assess other students’ work — she is able to focus better and stay more engaged in the lesson than she could if she were sitting at her desk.

Mainly, Mia said, she appreciates that Grenell is so nice to her, and all of the students.

“She’s really nice to everybody. She helps us. She doesn’t pressure on the rules a lot, but she still makes them a thing, too. She understands if we’re going through a hard

time, and she lets us take a break,” Mia said. “I had a rough day once and then she helped me get through it. She understood whenever I needed a break ... because I was having a rough time at home and there was something serious going on.”

Fifth-graders Drew Britton and Emery Gilleland also said that balance of effective teaching and kindness is what stands out to them about their teacher.

“She’s trying to get us a good understanding,” Drew said. “She’s not really hard on you, but she’s also not too polite. She’s going to push you, but not work you too hard.”

Emery said she noticed that about Grenell as well.

“I like that because I know I’ve had teachers in the past that pushed me a little too hard, and they weren’t very nice, but, Mrs. Grenell, she’s nice, she’s kind, and she’ll be stern when she has to be stern, and she just does a great job teaching,” Emery said. “I think Mrs. Grenell is a really good teacher because she’s always just willing to pull us aside and help us, and we can redo our grades if we get bad ones.”

Drew and Emery agreed that the benefits to conducting lessons with movement and collaboration include being able to work with new people, learn new concepts, and build friendships at the same time by helping each other understand the lessons.

“Because with a partner, it helps you



Unified School District 207 Teacher of the Year Mandi Grenell listens to one of her fifth-grade student’s responses, ABOVE, and helps 11-year-old Drew Britton, LEFT, work through a problem Feb. 12 at MacArthur Elementary School.

Photos by Prudence Siebert/Fort Leavenworth Lamp



Photo by Prudence Siebert/Fort Leavenworth Lamp

Ten-year-old Daniel Gorton explains why the work on the white board he and his fellow fifth-graders in Teacher of the Year Mandi Grenell’s class have gathered around explains the solution to a math problem best during “standing math” Feb. 12 at MacArthur Elementary School.

learn how to be a team and work cooperatively,” Drew said.

Sign from the universe

A chance encounter with a district employee led Grenell to her career with USD 207. While she was working a part-time summer job at a clothing store upon completion of her teaching degree, a customer, then-Bradley Principal Michaela Culkin, asked if Grenell had applied to USD 207.

“I hadn’t even heard of it, to be honest. And (Culkin said), ‘It is the best school district you will ever work for. It’s super small, super close-knit. We have phenomenal resources.’ She was talking it up, and I literally went on my break and told my boss, ‘I have to go on break; I have to apply to the school district before I forget.’”

Appreciation for district, family

Grenell said she is grateful to work in a district that supports its teachers.

“I would just love to say thank you to the USD 207 district for everything that they put into teachers, because what we do is so hard,” she said. “They do apply a lot of pressure because they know we can be high achieving, and we’re very blessed to have high achieving students and families. They do help us with different programs and updated resources and just so many different things. And they hire great teachers that then you become best friends with and want to keep working with.”

Grenell also expressed appreciation for the support and contributions that her husband, Josh Grenell, and her parents, Abbe and Scott Mitchell, and have made to her career and her students.

“My husband will help pick out items for my class store — and buy them — (and) help me grade papers and proofread all of the things. My parents helped pay for my college to get me here, and (they) will buy presents for my classroom like board games and science experiments.”

District nominees

Also nominated for district Teacher of the Year were Rebecca Gillespie, second-grade teacher at Bradley Elementary



Unified School District 207 graphic

Andrew Malcolm, SPED structured learning teacher at Eisenhower Elementary School; Rebecca Gillespie, second-grade teacher at Bradley Elementary School; Mandi Grenell, fifth-grade teacher at MacArthur Elementary School, and Nicole Elder, Project Lead the Way teacher at Patton Junior High School, were recognized by Unified School District 207 as Teacher of the Year nominees. Grenell was selected to represent the district in the state’s Teacher of the Year competition.

School; Andrew Malcolm, SPED (special education) structured learning teacher at Eisenhower Elementary School; and Nicole Elder, Project Lead the Way (STEM and career technical education curriculum) teacher at Patton Junior High School. USD 207 also announced Sarah Gaul, English 9 teacher at Patton Junior High School, as a Kansas Horizon Award Program winner, which recognizes exemplary first-year elementary and secondary teachers across the state.

“Each of these outstanding educators

exemplifies dedication, creativity and a deep commitment to student success,” the district released in a Facebook post announcing their selection. “To all the teachers who were nominated, your impact on students and families is truly inspiring. We appreciate you!”

Grenell will represent USD 207 in the regional competition of the Kansas Teacher of the Year Award Program with other nominees from across the state, and she will be honored at a regional recognition banquet later this spring.

Cultures shared at spouses' social event



Photo by Alisa Murphy/Fort Leavenworth Spouses' Club

Sabor a Peru dance group members Carolin, Isabella, Gabriella and Daniella perform Peruvian Valicha and Festejo dances during the Fort Leavenworth Spouses' Club Around the World International Spouse Social Feb. 11 at the Frontier Conference Center. Attendees sampled meals from 18 different countries during the monthly luncheon. The next FLSC luncheon is "Build Your Own Charcuterie Board" at 11 a.m. March 11 at the FCC. For more information and to RSVP, visit <https://www.zeffy.com/en-US/ticketing/march-social-charcuterie-board-making>.

Spring religious holiday schedule announced

by Religious Support Office

Special Services

Ramadan, noon Feb. 18 through March 20 at Frontier Chapel

Jewish Purim, details TBD

Jewish Passover, time TBD, April 2 at Memorial Chapel

Good Friday (Protestant), 3 p.m. April 3 at Memorial Chapel

Easter Sunrise Service (Protestant), 7 a.m. April 5 at Memorial Chapel

Catholic

Stations of the Cross, 5:30 p.m. Feb. 20, Feb. 27, March 6, March 13 and March 27 at Pioneer Chapel

Lenten Penance Service, 6 p.m. March 25 at Frontier Chapel

Lenten Spiritual Luncheon Retreat, 10 a.m. March 28 at Pioneer Chapel

Palm Sunday, 9:15 a.m. March 29 at Pioneer Chapel

Maundy Thursday Mass, 6 p.m. April 2 at Pioneer Chapel

Good Friday Service, 3 p.m. April 3 at Pioneer Chapel

Easter Vigil, 7 p.m. April 4 at Pioneer Chapel

Easter Sunday Mass, 9:15 a.m. April 5 at Frontier Chapel

Protestant (Liturgical)

Palm Sunday, 9:30 a.m. March 29 at Memorial Chapel

Easter Service, 9:30 a.m. April 5 at Memorial Chapel

Gospel Service

Palm Sunday, 10 a.m. March 29 at Pioneer Chapel

Easter Service, 10 a.m. April 5 at Pioneer Chapel

Easter Egg Hunt, 11 a.m. April 5 at Pioneer Chapel

Protestant (Contemporary)

Easter Egg Hunt, 10 a.m. March 29 at Frontier Chapel

Palm Sunday, 11 a.m. March 29 at Frontier Chapel

Easter Service, 11 a.m. April 5 at Frontier Chapel

Protestant (Traditional)

Palm Sunday, 8:30 a.m. March 29 at Pioneer Chapel

Easter Egg Hunt, 10 a.m. March 29 at Pioneer Chapel

Easter Service, 8:30 a.m. April 5 at Pioneer Chapel

For more information, e-mail christopher.w.weinrich.mil@army.mil.

GRANTS, SCHOLARSHIPS AT A GLANCE

■ Fort Leavenworth Thrift Shop COMMUNITY ASSISTANCE GRANT APPLICATIONS are available from 9:30 a.m. to 2:30 p.m. Tuesdays, Wednesdays and Thursdays at 1025 Sheridan Drive. Applications are due by Feb. 24, and funds will be available in April. Call 913-651-6768 for more information.

■ The Fort Leavenworth Spouses' Club is currently accepting COMMUNITY ASSISTANCE and GRANT APPLICATIONS through March 15. Visit <https://fortleavenworthspousesclub.org/community-giving> to apply.

■ Scholarship applications are available at the Army Education Center for the JOHN W. POILLON SCHOLARSHIP, which is open to high school seniors who are dependents of U.S. service members currently or within the past two years assigned to Fort Leavenworth or dependents of civilians employed at Fort Leavenworth. Application deadline is March 10. Visit the Army Education Center to apply or for more scholarship opportunities.

■ The FORT LEAVENWORTH SPOUSES' CLUB is currently accepting applications for high school senior scholarships, continuing undergraduate scholarships, spouse education scholarships and vocational school/certification program/continuing education units scholarships through March 15. Visit <https://fortleavenworthspousesclub.org/community-giving> to apply.

■ The COMMAND AND GENERAL STAFF COLLEGE FOUNDATION 2026 COMPETITIVE SCHOLARSHIP PROGRAM for spouses, children or grandchildren of U.S. Army Command and General Staff College alumni and others who are life members of the CGSC Foundation's Alumni Association is open for applications through March 15. The application is available on the CGSC Foundation website at www.cgscfoundation.org/scholarships.

The 2026 CGSC Foundation scholarship awards include seven cash scholarships: one \$5,000 (the Colonel Stephen E. "Brownie" Brown Scholarship), one \$1,000, one \$750, and one \$500 to students who are beginning their college education; and one \$1,000, one \$750, and one \$500 scholarship to students who are continuing their college education.

■ THE MICHAELS ORGANIZATION EDUCATION FOUNDATION RESIDENT SCHOLARSHIP PROGRAM is accepting applications through April 15. For eligibility requirements visit <https://tmo.com/the-michaels-organization-educational-foundation-encourages-affordable-and-military-housing-residents-to-apply-for-2026-scholarship-program/>. To apply online, visit tmoef.communityforce.com. For assistance, email scholarships@tmo.com.

AAFES rewards students with You Made the Grade program

by Army and Air Force Exchange Service Public Affairs News Release

DALLAS – Military children worldwide can cash in on their grades with the Army and Air Force Exchange Service's You Made the Grade program, in its 26th year of highlighting academic excellence.

Young scholars in grades first through 12th, including students in specialized programs, can present their report cards to their local PX or BX customer service associate to receive exclusive discounts, prizes and savings.

Students in specialized programs can print the form at <https://www.aafes.com/Images/AboutExchange/YouMadeTheGrade/downloadform.pdf> and have it completed by their school's official each grading period in place of a traditional report card.

"Military students have an unconventional educational experience due to the needs of their parents' service," said Air Force Chief Master Sgt. Rich Martinez, the Exchange's senior enlisted advisor. "The You Made the Grade program has successfully highlighted and rewarded our nation's youngest heroes' sacrifices and ac-

complishments for a quarter century."

Students with straight As will receive a \$20 Exchange gift card, while students with a B average will receive a \$10 Exchange gift card.

In addition to an Exchange gift card, students will also receive an Exchange coupon sheet with offers including a free small fountain, frozen drink or bubbler beverage, a free kid's meal at a participating Exchange restaurant, a free combo meal at a participating Exchange restaurant, a free kid's hair service or \$15 off hair service at The Barber Shop or Hair Studios, 10 percent off any pair of headphones (excluding Apple and Beats), 10 percent off apparel and

footwear, and a \$5 coupon at Exchange mall concessions or kiosks.

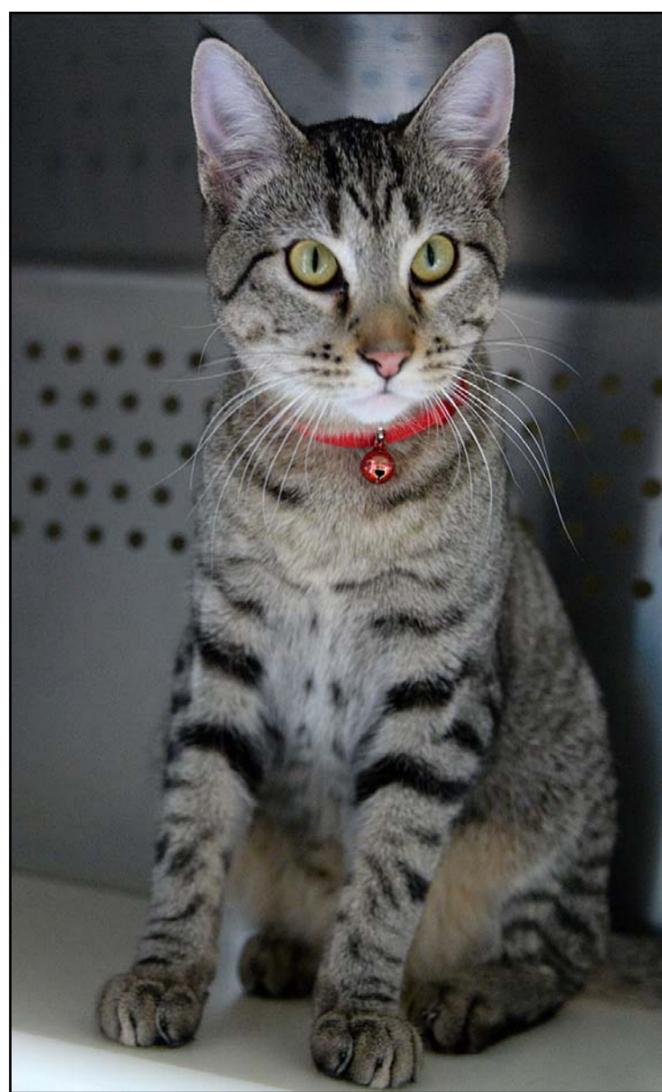
Participating students can also enter the biannual You Made the Grade worldwide sweepstakes for a chance to win a \$2,000, \$1,500 or \$500 Exchange gift card. The spring 2026 drawing will take place in June.

To enter the drawing, students or parents can complete the form on the back of the gift card and mail it to: You Made the Grade, P.O. Box 227398, Dallas, TX 75222-7398.



Adoptable

Pet of the Week: Kristoff



Photos by Prudence Siebert/Fort Leavenworth Lamp

Kristoff is a 10-month-old male tabby available for adoption at the Fort Leavenworth Stray Facility. He is already neutered, vaccinated and microchipped. The adoption fee for a cat is \$100, which helps cover some of the care received. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility.

E-mail fortleavenworthstrayfacility@gmail.com for an adoption application and call 913-335-0788 for an appointment. Visit <https://www.petfinder.com/member/us/ks/fort-leavenworth/fort-leavenworth-stray-facility-ks174/> for adoptable pet profiles.

The Fort Leavenworth Stray Facility, at 510 Organ Ave., is open noon to 3 p.m. Tuesday and Thursday and by appointment for pre-approved adopters. Call 913-335-0788 for an appointment or more information.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed.

To apply to volunteer with the Fort Leavenworth Stray Facility, visit <https://vmis.armyfamilywebportal.com/>, enter ZIP code 66027, then search for "stray animal facility."

HOUSING UPDATES

■ **BINGO!** is 2-4 p.m. Feb. 20 at 220 Hancock Ave. Call 913-682-6300 to RSVP.

■ The **FLFHC COMMUNITY ROOM IS AVAILABLE** for residents to reserve. Call 913-682-6300 to book.

■ **BOXES** must now be placed inside trash containers; broken down or stacked boxes left outside of containers will not be picked up. **RECYCLING BINS** containing trash will not be emptied.

■ Residents should submit their **"NOTICE OF INTENT TO VACATE"** as soon as they receive orders and schedule household goods.

■ A **HOME WINTERIZATION GUIDE** is available at <https://images.myrazz.com/raw/WryL->

BrrbHXQsS4PKT.

■ Wallace Commercial Landscaping is continuing with hard pruning and tree trimming. Residents who would like to maintain their own flowerbeds should use **"NO MOW" STAKES** to visibly mark the areas.

■ **THE MICHAELS ORGANIZATION EDUCATION FOUNDATION RESIDENT SCHOLARSHIP PROGRAM** is accepting applications through **April 15**. For eligibility requirements visit <https://tmo.com/the-michaels-organization-educational-foundation-encourages-affordable-and-military-housing-residents-to-apply-for-2026-scholarship-program/>. To apply online, visit tmoef.communityforce.com. For assistance, e-mail scholarships@tmo.com.



PCS Housing Checklist

To help make your PCS process as smooth as possible, please complete the following steps in the order listed below.

- ✓ Receive Orders*
- ✓ Schedule Household Goods
- ✓ Submit Notice to Vacate
- ✓ Schedule Move-Out Inspection

*PCS Moves - Notices will not be accepted without Orders



HUNGRY?

Fort Leavenworth MWR has AMAZING food options!

- Solarium Buffet
- 12th Brick Grille
- Strike Zone Snack Bar
- Java Cafe
- FCC BBQ



LEAVENWORTH.ARMYMWR.COM



THURSDAY
FEBRUARY 19, 2026



LAMP

Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

FORT LEAVENWORTH THRIFT SHOP

COMMUNITY ASSISTANCE GRANTS

Applications are available at the Thrift Shop
1025 Sheridan Drive, Building 1049

Hours of Operation
Tuesday, Wednesday, Thursday, 1st Saturday
from **9:30 AM - 2:30 PM**

GRANTS ARE AVAILABLE FOR **ELIGIBLE ORGANIZATIONS**, NOT INDIVIDUALS

APPLICATIONS MUST BE COMPLETED AND RETURNED TO THE THRIFT SHOP BY **TUESDAY, FEBRUARY 24TH**

CASO Cultural & Area Studies Office

THE LATEST PROTESTS IN IRAN: AN ANALYSIS

OPENING REMARKS:
DR. DAVID G. COTTER
Dean of Academics, and Chief Academic Officer, U.S. Army Command and General Staff College (CGSC)

PANEL MEMBERS:
MR. MARK J. BOSSE
Chair of Diplomacy Studies, CGSC; Former Deputy Chief of Mission, and Public Diplomacy Chief at U.S. Embassy to Oman
DR. BRIAN L. STEED
Associate Professor of Military History, Department of Military History, CGSC
DR. TIRDAD DAEI
Senior Instructional System Specialist, CGSC, KS; Former Academic Dir., CENTCOM Regional Analysis, U.S. Army John F. Kennedy Special Warfare Center and School
MR. GARY HOBIN
Department of Joint, Interagency, and Multinational Operations, CGSC

MODERATOR:
DR. MAHIR J. IBRAHIMOV (DR. I.)
Director, Cultural and Area Studies Office, U.S. Army CGSC

DATE:
FRI, 27 FEB, 2026

TIME:
1300 - 1500 (CST)

LOCATION:
Arnold Conf. Room, Lewis and Clark Center, Fort Leavenworth, KS
All welcome for the audience.
For outstations, the event will be available live on CGSC's YouTube page at: <https://www.youtube.com/@USArmyCGSC>

Story Time at the Library

Where: Combined Arms Research Library Children's Room
When: February 20, 2026
Time: 1000 and 1400

5 2 3 8 5
+ 6 1 +

Story time is adding up to fun!
2 stories! Multiple smiles!
Can we count you in?

Fort Leavenworth Religious Support Office Presents

SINGLE SOLDIERS Game Night

Join us for an evening of fun, laughter, and friendly competition!

MARCH 04 - 1700 - 1900
Barracks (405 Cody Rd)

DINNER PROVIDED

POCs:
Syeeda Echols, Director of Religious Education
syeeda.j.echols.civ@army.mil
SPC Mickeal Jose, Religious Affairs Specialist
mickeal.d.jose.mil@army.mil | 210-556-7401

PHOTO STUDIO RELOCATION

The Fort Leavenworth Official Photo Studio is temporarily closing on Feb. 18 while we move to the 2nd Floor of Bldg. 77. The tentative re-opening date is March 16.

Join ACS/ New Parent Support for

STORY TIME

Wednesdays @ 10am
The Resiliency Center
600 Thomas Ave
Fort Leavenworth, KS

Introduce the magic of books and foster a lifelong love of learning!

Story Time is free and open to ages 3 months to 3 years (must have an adult present).

Please call or text by the close of business day on the Tuesday before Story Time.
913-297-3212

Spring Break at the Frontier Army Museum

100 Reynolds Ave, Fort Leavenworth, KS 66109

Touch a Truck with the Fort Leavenworth Fire Department
Monday March 16th from 10:00am-12:00pm
Get up and personal with a real firetruck! Come talk to real firefighters and learn about how these heroes keep Fort Leavenworth safe.

Storytime with Combined Arms Research Library (CARL)
Tuesday March 17th at 10am
Join us for a special Spring Break Storytime at the museum! We will read picture books, sing songs, and play games!

Operation Wildlife Bald Eagle Presentation
Wednesday March 18th at 10:30am
Experienced bird handlers will share fun facts and use props to help participants visualize the wingspan, amazing eyesight, and the impressive size of the eagle.

'It's Wild Out There!' Fort Leavenworth Nature Presentation by Nature Resource Specialist Neil Bass
Thursday March 19th at 10:30am
Fort Leavenworth is home to 1,500 acres of Missouri River floodplain forest. Learn about the plants, trees, and animals that populate our historic post from a nature expert.

Children's Pioneer Day
Friday March 20th from 10:00am-12:00pm
Join us for a Children's Pioneer Day! Kids can explore what it would be like to be a pioneer on the Western frontier! There were will activities and games to help kids learn all about living that 19th century life.

Fort Leavenworth

ODYD

POP UP SHOP

SATURDAY
FEBRUARY 21, 2026

APPOINTMENTS 10-12
WALK-IN 12-2

BLDG. 198,
600 THOMAS AVE.

ODYDFLSC@GMAIL.COM

All programs are free and open to all ages

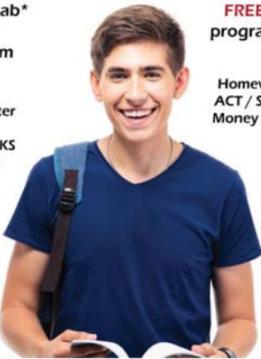


Do you feel like you're NOT seeing the full picture?

Get help that makes sense with the **HYC Homework Lab!**



HYC Homework Lab*
M - F
After school from 3pm - 6pm
Harrod Youth Center
45 Biddle Blvd
Fort Leavenworth, KS
(913) 684-5115



FREE after school program for Teens!

Offering:
Homework / Tutoring
ACT / SAT Prep Nights
Money Matters Classes
Career Launch
College Visits
Science Club

*For eligible 6th - 12th graders
Must be registered with CYS



leavenworth.armymwr.com



Every 2nd Tuesday from 9am - 10am @ The EFMP Playground
(through the month of October)

Come out and get to know other EFMP Families while the kids play! Every month there will be a NEW and EXCITING activity for the kids! Open to EFMP Families only.

Registration is required the Friday before the event. Call 520-692-6363 for more info



Activities*

- May- Chalk Art
 - June- Art Easels
 - July- Popsicles
 - August- Bubbles
 - September- Juice Boxes
 - October- Pumpkin Decorating
- *Subject to change

ACS New Parent Support Prenatal Classes 2026

600 Thomas Ave
Room 125
All classes are from 5 pm - 7 pm

Childbirth Classes:
Series of three classes
Jan 5th, 12th, 26th
Mar 2nd, 9th, 16th
May 4th, 11th, 18th
July 13th, 20th, 27th
Sep 14th, 21st, 28th
Nov 2nd, 9th, 16th

Newborn Care Classes:
Feb 2nd
April 13th
June 1st
August 3rd
October 5th
December 7th

Breastfeeding Classes:
February 9th
April 20th
June 8th
August 10th
October 19th
December 14th

Free for Expectant Parents!
Deadline for Registration is the Friday before the class. Pre-registration is required.
Contact 913-297-3212

Come join us to learn the cues to look for when deciding to potty train! Learn valuable tips to get you started!

ACS New Parent Support 2026 Potty Training

Are you ready?

600 Thomas Ave
Room 125
2/23, 4/27, 6/15, 8/17, 10/26, 12/21
5 pm - 7 pm

Time to lose the diapers?
FREE for Parents of Children aged 0-4 years
Pre-registration Required
Deadline is Friday before class
Contact 913-297-3212

ART & ILLUSTRATION

Do you have an aspiring artist / insatiable doodler at home?

Need an outlet for all of that creative energy?

SKIES Art & Illustration classes focus on improving drawing techniques, developing original characters and helping to curate individual style.

Each class session will build on a project such as a mini comic book, realistic self-portrait, animal drawings, shoebox theaters or flip books.

SKIESUnlimited

Tuesdays at Patch Community Center
320 Pope Ave
Fort Leavenworth, KS
Ages 6 - 9
4:15 - 5:15
Ages 10 - 17,99
5:30 - 6:30

\$12 a lesson, at least three lessons per monthly project.
Stand-alone classes are also available.
Bring your favorite pencil! The rest of the supplies will be provided.
Must be currently registered with CYS to enroll.
For more information call 913-684-3207

Co-Parenting Workshop

Round 1: March 9, 16, 23, 30
Round 2: June 8, 15, 22, 29
Round 3: August 10, 17, 24, 31
Round 4: December 7, 14, 21, 28
@ 1:00pm - 2:30pm
ACS Classroom 145
600 Thomas Ave

Learning to co-parent after a divorce can feel like being on opposite ends of a chasm.

Our four week workshop will show you how to build a bridge that will enhance parenting skills, enrich positive co-parenting, learn to develop and use boundaries, and establish a joint plan for managing expectations about your children's growth, development, and behavior.

FREE and open to all DoD ID holders 18+
Register by calling 520-692-6378/ 6323
Deadline to register is day before class.
Participants are encouraged to attend every class as each session will be different. Ask about virtual options!

Stroller Walk & Talk

Meeting every Tuesday morning at
The Resiliency Center
600 Thomas Ave
March - May & Oct - Nov
10am - 11am
June - Sept
9am - 10am

This is a **FREE** opportunity to meet other parents of small children, get healthy and socialize all while enjoying the walking paths of Ft. Leavenworth!

Offered to expecting parents and to parents of children through 3 years of age.
Must bring your own stroller.
Register the day before!

POC 913-297-3212

THE MICHAELS ORGANIZATION EDUCATIONAL FOUNDATION

Resident Scholarship Program

APPLICATIONS NOW OPEN!

FEBRUARY 2 - APRIL 15, 2026

APPLY ONLINE @
tmoef.communityforce.com

ELIGIBILITY REQUIREMENTS

- Matriculating college students & those with a high school diploma who plan to attend any accredited college, university, trade school, or technical program
- Current residents, in good standing at a Michaels community
- Official grade transcript must be submitted
- Complete all required parts of the application (including Conditional essay, if applicable)

SCAN THE QR CODE TO APPLY!

NEED ASSISTANCE? CONTACT US!
scholarships@tmo.com

FORT LEAVENWORTH SCHOOL DISTRICT

WE ARE HIRING!

FORT LEAVENWORTH SCHOOL DISTRICT CURRENT OPENINGS:

- Elementary Teacher
- Elementary Office Assistant
- SPED Clerical Support Specialist
- Maintenance Assistant
- Special Education Para Educator
- Full-Time Bus Aide

WE ARE ACCEPTING APPLICATIONS FOR THE 2026-27 SCHOOL YEAR! ---->

APPLY NOW

www.usd207.org - 913-651-7373

COYS

We're Hiring NOW!

Join our Team as a **Child and Youth Program Assistant** at Fort Leavenworth!

Pay starts at **\$18.71** per hour

Great pay and benefits!

Career Progression & Paid Training
Retirement & 401K
FREE childcare for the 1st child and 25% discount for each additional child
Regular Full-Time/ Part-Time & FLEX Hours Available
Medical, Dental, Vision, & Life Insurance Benefits *
Paid Leave, & Paid Federal Holidays for Full-Time & Part-Time
Access to Commissary & AAFES Shopping Privileges & MWR Facilities
Job Transfer Program Worldwide Through Civilian Employment Assignment Tool
*Conditions Apply

Scan here to apply!
ArmyMWR.com/cyscareers

NOW
OPEN

**Fort Leavenworth Child & Youth Services Waitlists for
Summer Camp 2026
&
School Year 2026-2027**

MILITARY
CHILDCARE dot com

Create an account or use existing account to make one or more "Request for Care" for each child & all Care Options needed!

(!) A Request for Care is NOT required for Summer Camp or School Year 26-27 when child is currently enrolled in the CYS Before/After School Program.

Contact Parent Central Office for assistance:
913-684-5138 or 913-684-4956
usarmy.leavenworth.id-training.mbx.ftlvpncparentcentral@army.mil

Don't know which
Care Options to request?
Prior to making Requests for Care review the flyer:
**2026-2027
Fort Leavenworth
Care Options & Waitlists**
Available on:
Find us on:
facebook

Fort Leavenworth Child & Youth Services

Fort Leavenworth FMWR Website
Go to CYS Section

ACS Family Advocacy Program Presents:
ANGER MANAGEMENT

Jan 8 • Mar 19 • May 14
July 16 • Sept 17 • Nov 5

Thursdays from 11:30AM - 1PM
ACS Conference Room, Room 145
Virtual options available via Teams

Learn how to identify the different kinds of anger and ways anger is expressed. Build skills to deal with strong and destructive behavior and emotions.

FREE and open to DoD ID card holders 18 and above.

Childcare not provided.

Registration is required, and must be done the day before the class.

For more info or to register call, (520) 692-6378/6323

2026-2027 Fort Leavenworth CYS Care Options & Waitlists on MILITARYCHILDCARE.COM

- CYS eligible patrons create or use your current account on MILITARYCHILDCARE.COM (Visit FAQ section on site)
- Review the Facility Program & Care Option descriptions below & available on MILITARYCHILDCARE.COM
- Submit a Request for Care (RFC) for each child in each Child Care Option listed below that fit your care needs.

Offers are managed by the Fort Leavenworth CYS Parent Central office using contact information listed in your MILITARYCHILDCARE.COM household profile.
TIP: List phone/email address you have ongoing access to during travel/leave (and ensure those are toggled to receive notifications).
To facilitate a successful offer process, ensure the **Sponsor & Spouse employment status indicated applies to living in the FTLVN area.**

Visit CYS website & Facebook pages
www.leavenworth.armymwr.com www.facebook.com/cys.ftleavenworth www.facebook.com/cys.ftlvntecenter CYS Parent Central: 913-684-5138 or 4956

<p>MAIN CHILD DEVELOPMENT CENTER FULL-DAY CHILDCARE & FULL-DAY PRESCHOOL Open 6:00am-6:00pm</p> <p>(!) Request Full-Day Preschool when care needed the Summer prior to Kindergarten. (!) Request KG School Year Care if needed & attending USD 207 (or applied to attend). [See Osage's BLUE info box on the right.] >> Must turn 5 by/on 31 AUG 2026 to be KG eligible in Kansas. (!) This program is NOT affiliated with the USD 207 Preschool/Pre-K Program. Transportation is NOT available. •CYS is recruiting on-post Family Child Care providers.</p>	<p>FULL-DAY 6 WEEKS THRU 5 YEARS (!) Not started KG. Refer to info</p>	<p>PART-DAY PRESCHOOL SCHOOL YEAR 26-27 3-5 years 3 CLASS OPTIONS</p>	<p>OSAGE KG & SCHOOL AGE CARE FACILITY CYS PART-DAY PRESCHOOL CLASSES 3 Class Options September thru May (all are 3 hour classes) 2-Day AM (8-11am on T/Th) / 3-Day AM (8-11am on M/W/F) 4-Day PM (1215-315pm on M-TH)</p> <ul style="list-style-type: none"> • Must turn 3yrs on or prior to first day of class. • Request multiple classes to increase chances for placement. • No "Toilet Trained" restriction. • Under 3? Choose a Need Date on/after child turns 3 years old. • Minimum Enrollment required for class option to be offered. <p>(!) This program is NOT affiliated with the USD 207 Preschool/Pre-K Program. Transportation is NOT available.</p>
<p>OSAGE KG & SCHOOL AGE CARE FACILITY 2026 KG & SCHOOL AGE (1st-5th) SUMMER CAMP WEEKS Full-Day Summer Program Open 6:00am-6:00pm REQUEST THE CARE OPTION BASED ON GRADE COMPLETED IN MAY 2026</p> <ul style="list-style-type: none"> • "Completed KG" & "Completed 1st-5th School-Age Care" are separate Care Options based on grade COMPLETED. • Request each camp weeks needing care. <p>>> Current School Year 25-26 contract holders are given the opportunity to request Continuity of Care directly with Osage in the Spring. Requests in MCC are ONLY needed once past Osage's deadline.</p>	<p>SUMMER 2026 COMPLETED KG & 1st-5th Grade *6th-12th Grade see HYC info</p>	<p>SCHOOL YEAR 26-27 ENTERING KG & 1st-5th Grade *6th-12th Grade see HYC info</p>	<p>OSAGE KG & SCHOOL AGE CARE FACILITY SCHOOL AGE SCHOOL YEAR CHILDCARE Before/After School Open 6:00am - 6:00pm Transportation to/from FTLVN schools included by USD 207. REQUEST THE CARE OPTION BASED ON GRADE ENTERING IN AUGUST 2026</p> <ul style="list-style-type: none"> • KG & 1st-5th School-Age Care Options are separate. <p>(!) Upcoming KG: Make additional Full-Day Preschool request when care is needed the Summer prior to KG. >> Before Only, After Only, & Before/After care options include USD 207 No-School Days & Early-Out Fridays & the first 2 weeks of school when KG only attends 1/2 days.</p>
<p>NO WAITLIST REQUIRED FOR YOUTH 6TH-12TH GRADE [COMPLETED OR CURRENTLY ATTENDING] Enrollment into a Middle School & Teen program is first come-first serve for CYS eligible & registered youth. On www.leavenworth.armymwr.com search for "Harrold Youth Center" for details on Summer Camp Weeks, FREE Open Recreation time, & the FREE After School Program (which includes pick-up at on-post & off-post middle/high schools), & Winter & Spring Break Camp Weeks.</p>	<p>HARROLD YOUTH CENTER 6TH-12TH GRADE</p>	<p>HOLIDAY CAMPS ATTENDING KG & 1st-5th Grade *6th-12th Grade see HYC info</p>	<p>OSAGE KG & SCHOOL AGE CARE FACILITY SCHOOL AGE WINTER & SPRING BREAK CAMP WEEKS Full-Day Program Open 6:00am-6:00pm</p> <ul style="list-style-type: none"> • KG & 1st-5th School-Age Care Options are separate. • Make request based on grade currently enrolled. • USD 207 Calendar determines camp weeks. Weeks will be available to request in mid September 2026. • CYS will be closed on Federal Holidays. • Request is not required for children in a current School Year contract.

ABOUT TO FLIP YOUR LID?
Register for the ACS
ANGER MANAGEMENT COURSE

Room 145 at the Resiliency Center
600 Thomas Ave
1:30pm - 3pm

WE CAN HELP

Our 8 week Anger Management Course will teach you a new tool every week to stay cool and collected in even the most difficult of settings. Each week will have realistic scenarios, feedback, and opportunities to apply newly learned skills in a group setting.

<p>Round 1 January 8, 15, 22, 29 February 5, 12, 19, 26</p>	<p>Round 2 May 7, 14, 21, 28 June 4, 11, 18, 25</p>	<p>Round 3 August 6, 13, 20, 27 September 3, 10, 17, 24</p>	<p>Round 4 October 22, 29 November 5, 12, 19 December 3, 10, 17</p>
--	--	--	--

FREE and open to all DoD ID card holders 18+. Deadline to register is the day before the first day of training. Participants must attend each day in the round. Virtual attendance is available through TEAMS. Call 520-692-6378/6323 for more info

STRESS Management

February 19, April 16, June 18, August 20,
October 15, December 10
11:30am - 1:00pm
600 Thomas Ave
Room 145

STRESS WEIGHING YOU DOWN?

IT'S TIME TO TAKE BACK CONTROL

FREE one-session workshop 18+
No childcare
Deadline to register is day before training.
Virtual attendance is available through TEAMS.
For more info: Call 520-692-6378 / 6323

LEAVENWORTH HIGH SCHOOL JROTC DRILL TEAMS

SILENT AUCTION

ONLINE SILENT AUCTION
BIDS BEGIN FEB 1ST, 2026
LAST BIDS FEB 28TH @ 2PM

NATIONALLY RECOGNIZED DRILL TEAM
NATIONAL CHAMPIONS, 2021
NATIONAL RUNNER-UP, 2024
CAVALRY ANGELS

NATIONALLY RECOGNIZED DRILL TEAM
PIONEER GUARD

A Legacy of EXCELLENCE

FIRST IN THE NATION
Our silent auction fundraiser helps us raise the funds needed to continue competing at the National level every year in Florida. Browse through, Bid high, and continue to support the most highly ranked JROTC Drill teams in the Nation!

BID NOW!

Family Advocacy Program Brief
POST THEATER | 375 GRANT AVE | FT. LEAVENWORTH

Recognizing and reporting potential Domestic Abuse and Child Abuse is not always black and white.

Have big questions? We have answers.

The Family Advocacy Program (FAP) is Command supported and Soldier focused. FAP is the Army's official program for preventing and responding to Family violence.

This free, mandatory, annual training will educate Soldiers and leaders about preventing, identifying and correctly reporting Domestic abuse and Child abuse. (In accordance with AR 350-1)

2026 TRAINING DATES:
From 1300 - 1500

- 25 MARCH
- 29 APRIL
- 27 MAY
- 24 JUNE
- 15 JULY

Training is free and for 18+. There is no registration required. For more information call: 520-692-6378 / 6303

NCOs JOIN US FOR OUR WEEKLY STUDY SESSIONS

S*A*M*C

EVERY
THURSDAYS AT 1600
AND
FRIDAYS AT 1200
AT HHC, MWJRCF

THE JOHN W. POILLON MEMORIAL SCHOLARSHIP IS ACCEPTING APPLICATIONS

Eligibility: High school seniors/ graduates who are dependents of military members or civilian employees at Fort Leavenworth. All applications due by March 10, 2026

SCHOLARSHIP APPLICATION NOW OPEN!

The FLSC Scholarship application is officially available on our website.

Deadline: March 15, 2026

Questions?
Email scholarshipflsc@gmail.com

Pet Transportation Assistance

Army Emergency Relief offers zero-interest loans to help the whole family stay together.

WHAT
Pets are a part of the Family and AER recognizes the financial burden pet transportation can cause during a PCS. To help alleviate this, AER created the Pet Transportation Assistance Program.

WHO
• Active Duty and their eligible Family members
• Reserve and National Guard on Active Reserve and Guard tours
• Reserve and National Guard activated with PCS Entitlements

HOW
Pet transportation assistance is processed by your nearest AER Officer or any military and office. Soldiers can go directly to their AER offices or chains of command.

For more information, visit www.aerhq.org/news/petassistance

AER Are you an AER Officer? Download the official procedure: www.aerhq.org/resource/official-pet-transportation-assistance-guidance

Grant Applications Now Open!

DETAILS AVAILABLE AT
WWW.FORTLEAVENWORTHSPOUSESCLUB.COM

Grant Applications Now Open!

DETAILS AVAILABLE AT
WWW.FORTLEAVENWORTHSPOUSESCLUB.COM

Starting January 1st, 2026

Fort Leavenworth Group Fitness Classes

GRUBER FITNESS CENTER - 200 Reynolds Ave. - 684-5120
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530			Spin (Karyn)			
0600		Vinyasa Yoga (Leslie)		Vinyasa Yoga (Leslie)		
0900			Body Pump (Tara)		Body Pump (Tara)	
1000						Power Yoga (Kim)
1300	Body Pump (Tara)					
1630			Power Cycling (Kim)	Yin Yoga (Brandie)		
1700	Power Yoga (Kim)					

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

*Power Cut classes are held in the Bubble Gym



Single Ticket For \$5.00
10 Tickets For \$45.00
20 Tickets For \$80.00



https://leavenworth.armymwr.com

Independent Instructor Class Schedule

Gruber Fitness Center

Monday	Tuesday	Wednesday	Thursday	Friday
	Brazilian Jiu-Jitsu 1830-1930		Brazilian Jiu-Jitsu 1830-1930	
	Taekwondo 1800-1900 1900-2000		Taekwondo 1800-1900 1900-2000	

Jiu-Jitsu 1 x a week - \$60 2 x a week - \$75 3 x a week - \$85 Drop in \$20
First class is FREE!
Taekwondo \$65 per month 2x a week - \$10 single class
Must have 24 hour access to gym. Classes are 18+ Register in person

Harney Sports Complex

Monday	Tuesday	Wednesday	Thursday	Friday
Weight Lifting 0900-1015		Weight Lifting 0900-1015		Weight Lifting 0900-1015
Youth Olympic Lifting 1600-1700 1700-1800 Bubble Gym		Youth Olympic Lifting 1600-1700 1700-1800 Bubble Gym		

Weight Lifting - \$75 (3 days) \$70 (2 days) \$10 (drop in)
Youth Olympic Lifting - \$75 (NO drop in)
First class is FREE! Weight Lifting is for 18+

Harney Sports Complex & Aquatics Center
185 Fourth St
Ft. Leavenworth, KS
913-684-2190



Gruber Fitness Center
200 Reynolds Ave
Ft. Leavenworth, KS
913-684-5120

FUN SHOOT
Brunner Range
1st Saturday of the Month

Jan 3 - Dec 5 2026
Feb 7, Mar 7, Apr 4, May 2, Jun 6, Jul 4 or 11, Aug 1, Sep 5, Oct 3, Nov 7

Registration is required and can be done the day of the event from 9AM-10:30AM.

Rental guns and shells are available or bring your own.

Prizes and awards distributed at the end of each shoot.

Info: (913) 651-8132
701 Sheridan Drive

EFMP & Waiting Families Presents



ZUMBA
Get ready to Move! Get ready to Groove!

Every second Tuesday
9am - 10am
Gruber Fitness Center
200 Reynolds Ave
Fort Leavenworth, KS

Get wrapped up in the music and let's get moving and grooving! Zumba is energetic, fun, and a de-stressor all in one! Designed for all fitness levels this FREE class is open to anyone 18+. Registration is required for attendance. Call 520-692-6363 or 913-684-2800



leavenworth.armymwr.com

SIGN UP NOW FOR YOUTH SPORTS & FITNESS SPRING SPORTS!

REGISTRATION/ ENROLLMENT FEBRUARY 2 - MARCH 2
All Youth must have an updated sports physical before the first practice. Enrollment can be done at any CYS location if centrally registered. Webtrac enrollments can only be done with a current Youth Sports Physical.

Start Smart Baseball \$30 (ages 3 - 4)
(Monday Sessions) April 13 - May 11
(Tuesday Sessions) April 14 - May 12
(Thursday Sessions) April 16 - May 14

Soccer \$50 (ages 5 - 14)
April 8 - May 21

Baseball \$50
Kinder - 6th grade (ages 5 - 12)
April 8 - May 21

Girls Kid Pitch Softball \$50
3rd - 6th grade (ages 8 - 12)
April 8 - May 21

LET'S PLAY BALL!

For more info call 913-684-7525/ 7526
Volunteer Coaches Needed!

January - February Workshops

Watercolor \$30 per workshop
Watercolor (Basic Techniques) Tuesday, Feb 3 1pm - 3pm
Watercolor (Color Theory) Tuesday, Feb 10 1pm - 3pm
Watercolor (Florals) Tuesday, Feb 24 1pm - 3pm

Calligraphy \$20 per workshop
Modern Calligraphy (Basic Techniques) Thursday, Jan 15 9:30am - 11am
Modern Calligraphy (Intermediate) Thursday, Jan 22 9:30am - 11am
Modern Calligraphy (Valentine Cards) Thursday, Feb 5 9:30am - 11am

Pre-registration required for all classes. Cost includes all supplies!
Tues & Thurs 9am - 7pm, Wed & Fri 9am - 4pm
Call now to register: (913) 684 - 3373

Ft. Leavenworth Arts & Crafts Studio

Paint & Sip \$35
Must be 21 years or older. BYOB

Northern Lights Friday January 9 6pm - 8pm

Couples Constellations Friday, February 13 6pm - 8pm

Pottery Studio \$40 per class

Wheel Throwing (Basics)
Wednesday, Jan 7 12:30pm - 3pm
Tuesday, Jan 13 6pm - 8:30pm
Saturday, Jan 24 10am - 12:30pm
Tuesday, Feb 3 6pm - 8:30pm
Wednesday, Feb 11 9am - 11:30am
Friday, Feb 27 12:30pm - 3pm

Wheel Throwing (Mugs)
Friday, Jan 16 12:30pm - 3pm
Tuesday, Feb 24 6pm - 8:30pm

(Soup Bowls)
Tuesday, Jan 27 9am - 11:30am
Tuesday, Feb 17 6pm - 8:30pm

Hand Building (Valentine Plate)
Tuesday, Jan 20 1pm - 3pm
(Mugs)
Tuesday, Feb 17 9am - 11am

Wheel Throwing (Dinner Plates)
Tuesday, Jan 20 6pm - 8:30pm

January - February Workshops

Framing \$40 per class
Intro to Framing
Friday, Jan 9 Saturday, Jan 24 10am - 2pm
Friday, Feb 13 Saturday, Feb 28 10am - 2pm

Crafts \$25 per class
Valentine Lanterns Stained Glass Effect
Wednesday, Jan 14 1pm - 3pm
Friday, Jan 23 9am - 11am
Scrapbook Valentine Cards
Wednesday, Feb 4 9am - 11am
Macrame Towel Holder
Friday, Feb 20 9am - 11am
Wednesday, Feb 25 1pm - 3pm

Tues & Thurs 9am - 7pm, Wed & Fri 9am - 4pm
Call now to register: (913) 684-3373

Ft. Leavenworth Arts & Crafts Studio

OPEN STUDIO
Ask about our Hourly Fees

Multi-Craft Studio
Great for the whole family with supplies for any craft, personalized gift, or project you have in mind!

Painting Studio
Provided watercolor and acrylic supplies to create your own masterpiece.

Framing Studio
Assemble your own custom frames in our DIY Studio! Must take Intro to Framing before using DIY Studio.

Pottery/Ceramic Studio
We have all of the supplies you need for hand building and wheel throwing. We also offer a variety of customizable bisque pieces ready for you to glaze!

Kids Classes

Messy Art \$12 per class (ages 7+)
Thursdays Jan 15, 29 11am - 12pm
Thursday Feb 12, 26 11am - 12pm
NEW! Pottery \$20 per class (ages 7+)
Kids - Hand Building Friday, Jan 20 2pm - 3pm

Color Me Happy \$10 per class Parent & Toddlers
Thursdays Jan 8, 22 10am - 11am
Thursdays Feb 5, 19 10am - 11am

Art History \$20 per class (ages 7+)
Pretzels & Pottery Wednesday, Jan 21 1pm - 3pm
Oreos & O'Keefe Wednesday, Feb 18 1pm - 3pm

MyArmyPost
Try the Army's Newest Mobile Application!

DOWNLOAD IT TODAY

EXISTING FEATURES

- One-click emergency calls
- Near real-time updates
- Installation-wide alerts
- Interactive bus routes
- Current Air Quality Index
- Newcomer information
- Intuitive search functions
- Bookmark common resources
- Resource Alerts
- Events
- Maintenance Requests
- MHS Genesis Login

VMIS ON THE GO

- SCAN QR CODE
- LOG INTO YOUR ACCOUNT
Log into the mobile account or Easily Sign up for an account
- SEARCH AND LOG
Search for volunteer opportunities and log your hours easily!

SHARE THE NUMBER **SPREAD THE WORD**

CALL OR TEXT **988** CHAT **988LIFELINE.ORG**

There is hope.

988 SUICIDE & CRISIS LIFELINE

MUNSON NOTES

MUNSON NOTICES

■ After hours and on federal holidays, beneficiaries can call the MHS NURSE ADVICE LINE at 1-800-TRICARE (874-2273). Nursing staff who support the NAL phone lines can assist beneficiaries with non-life-threatening medical concerns and provide further guidance. Beneficiaries experiencing a **MEDICAL EMERGENCY**, such as severe shortness of breath or difficulty breathing, should call 911.

■ Your health is our priority. Talk to your provider at Munson Army Health Center about the **HPV VACCINE** and the best **CERVICAL CANCER SCREENING** plan for you. You can schedule an appointment by calling the appointment line at 913-684-6250. Let's work together to make cervical cancer a thing of the past.

■ The **MUNSON ARMY HEALTH CENTER PATIENT AND FAMILY PARTNERSHIP COUNCIL** meets quarterly at MAHC. The PFPC captures voices and insights of patients and families to improve the patient care experience. The council is composed of volunteers who represent the interests of patients who receive care from MAHC. Volunteers can be active-duty, active-duty family member, retirees or retiree family members. Call 913-684-6211 or e-mail usarmy.leavenworth.medcom-mahc.mbx.patient-advocate@health.mil if interested in participating.

■ It is important that military families new to the Fort Leavenworth community **ESTABLISH A NEW PRIMARY CARE MANAGER** for their health care needs. Munson Army Health Center offers a wide range of primary care providers to choose from for personalized care at a convenient on-post location. Once your new address is established in DEERS, call 1-888-TRIWEST (874-9378) and follow the prompts to establish a primary care manager at MAHC. Learn more about services at munson.tricare.mil.

■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are **ELIGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE**. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit <https://dvidshub.net/r/8wtlff>.

■ The **NUTRITION CARE DIVISION** offers a broad range of nutritional services designed for service members, families, and retirees. Individual Nutrition Therapy and Group Nutrition Therapy are available, and include the Body Composition Program, Weight Control Program, Prenatal Nutrition and Wellness for Life. Call the appointment line at 913-684-6250 to schedule an appointment with MAHC's registered dietitian.

■ **MEDICAL APPOINTMENT CHECK-IN:** Please arrive 15 minutes prior to your appointment to complete any required paperwork and bring the following items: DoD ID card; list of current medications including over-the-counter meds, vitamins, and supplements; any relevant paperwork or forms; and a list of questions or concerns. If you are not able to make your scheduled appointment, call the appointment line at (913) 684-6250 to cancel.

■ Munson Army Health Center Pharmacy offers patients a variety of **OVER-THE-COUNTER MEDICATIONS AT NO COST** to service members, retirees and family members.

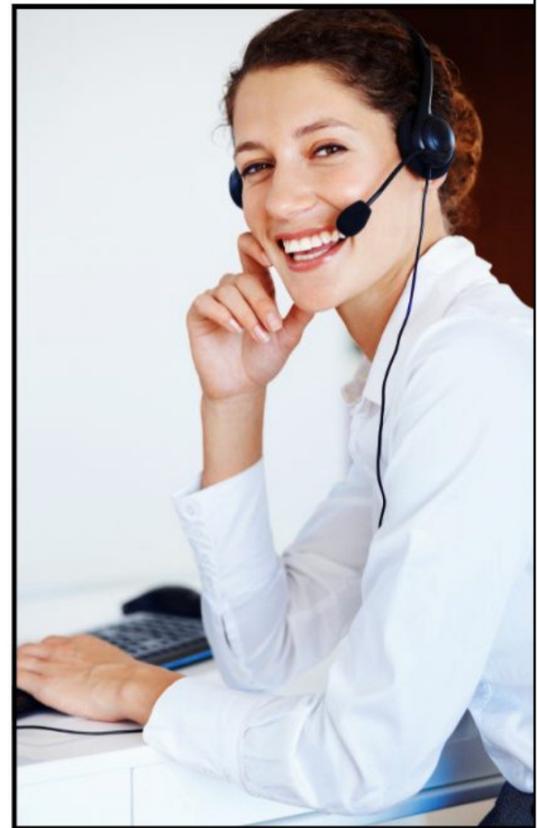


Patient Experience

Munson Army Health Center

If you have a question or concern, contact the **Patient Advocate**. Their responsibilities include:

- Listening to patient concerns
- Responding in a timely way to complaints
- Explaining military hospital or clinic policies, procedures, and operations
- Mediate concerns between the patient and medical team



MUNSON.TRICARE.MIL

ALERT
ALERT
ALERT

WIPE-OUT GERMS

Prevent outbreaks before they start.
Clean phones, doorknobs, toys,
keyboards, & items that host germs.



MUNSON ARMY HEALTH CENTER

Call Center 913 684-6250

- Primary Care
- Dental
- Optometry
- Mental Health
- Medical Records
- Pharmacy
- Referrals
- Nurse Advice Line
- More



munson.tricare.mil

