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THURSDAY
AUGUST 22, 2024



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Health center welcomes new commander

by Maria C. Yager/Munson Army Health Center Public Affairs Officer

Col. Jolanda L.J. Walker assumed duties as commander of Medical Department Activity and director of Munson Army Health Center from Col. Michael Shane Mendenhall during a change of command ceremony Aug. 16 at the Frontier Conference Center.

Brig. Gen. Yolonda "YR" Summons, commanding general of Medical Readiness Command, West, and director of Defense Health Network, West, hosted the ceremony.

In her remarks, Summons thanked her fellow aviator and aeromedical evacuation officer, Mendenhall, for his leadership and support of MAHC's mission.

"For the past two years, you have phenomenally led Team Munson, and you have led through some challenging and complex times," Summons said.

With the support of 370 soldiers, civilians and contractors, Mendenhall executed a complex mission ensuring compassionate, efficient and highly reliable medical and dental health care and health promotion to eligible beneficiaries in the Fort Leavenworth community and greater Kansas City area.

"When I first took command, I knew it was going to be a challenge and a significant stretch coming out of (U.S. Army



Photo by Prudence Siebert/Fort Leavenworth Lamp

Incoming Medical Department Activity Commander and Munson Army Health Center Director Col. Jolanda L.J. Walker accepts the colors from Brig. Gen. Yolonda Summons, commanding general of Medical Readiness Command, West, and director of Defense Health Network, West, during the MAHC change of command ceremony Aug. 16 at the Frontier Conference Center.

SEE MUNSON ARMY HEALTH CENTER CHANGE OF COMMAND | A4

August retirements

by Staff Report

Two officers and three senior noncommissioned officers will be recognized for their service to the nation during the post retirement ceremony at 9 a.m. Aug. 22 at the Frontier Conference Center. The ceremony will also be live-streamed at <https://www.facebook.com/USAGLeavenworth/>.

Retiring are: Maj. Philip Jorgensen, Mission Command Training Program; Maj. Jeremy Visker, MCTP; Sgt. 1st Class Justin Jones, 451st Civil Affairs Battalion, Houston, Texas; Sgt. 1st Class Osvaldo Equite, Army University Press; and Sgt. 1st Class Jeffery Eakins, Joint Readiness Training Center, Fort Johnson, Louisiana.



Starry Conference Room dedicated

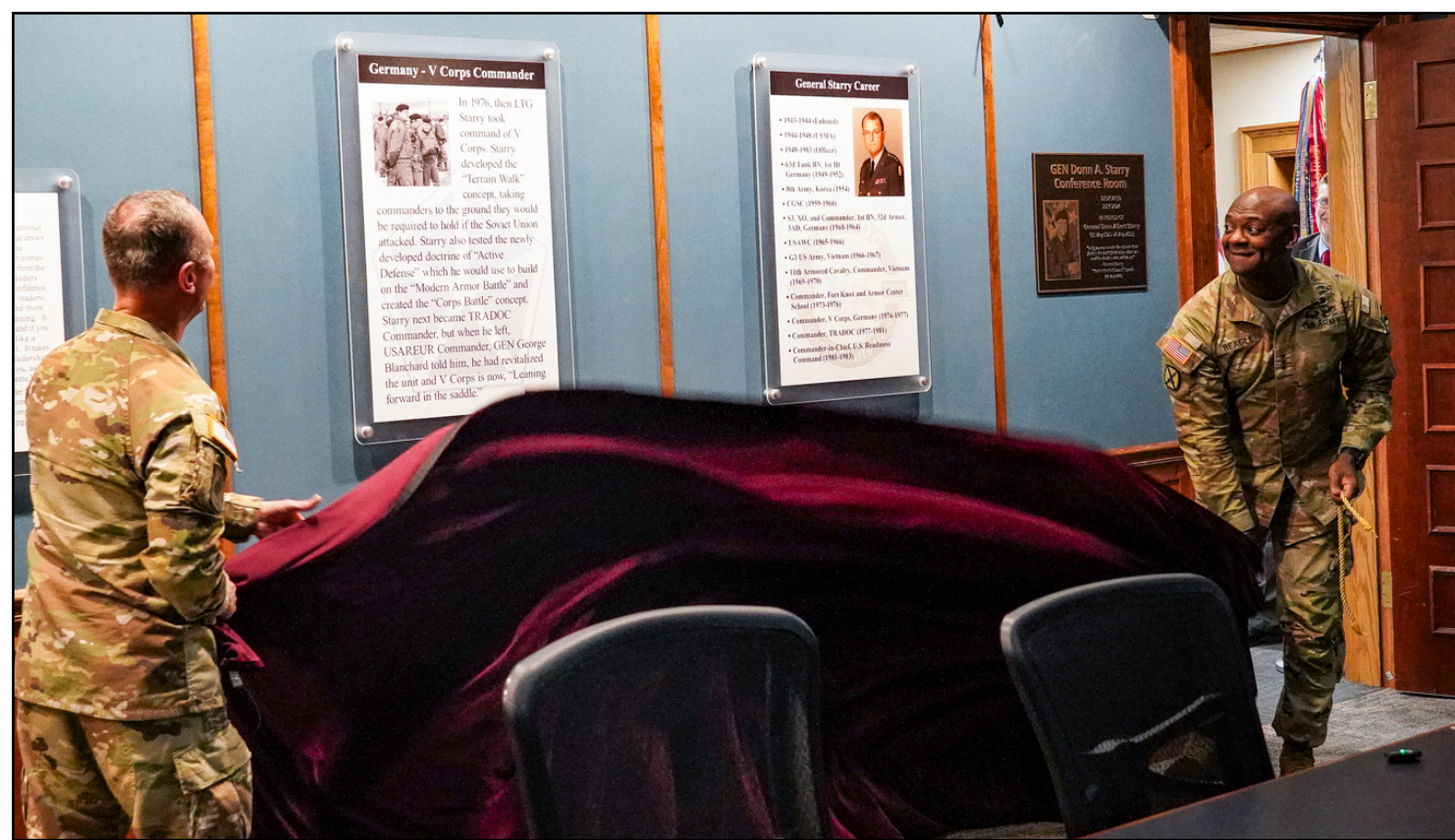


Photo by Taylor Wead/Combined Arms Center Public Affairs

Combined Arms Center Command Sgt. Maj. Shawn Carns and CAC and Fort Leavenworth Commanding General Lt. Gen. Milford Beagle Jr. unveil the memorial and descriptive plaques for the General Donn A. Starry Conference Room Aug. 14 at CAC Headquarters in Grant Hall. The naming of the conference room pays tribute to Starry's contributions to military history. Starry was born in 1925. His family moved to Fort Leavenworth when he was an infant, and he enlisted in the Army in 1943 at Fort Leavenworth after high school. Starry was commissioned into the Transportation Corps when he graduated from the U.S. Military Academy in 1948. Starry served two combat tours in the Vietnam War and went on to command assignments at the Armor Center School, V Corps and Training and Doctrine Command. Starry retired in 1983 after 40 years of service. He died in 2011 at age 86.



File photos by Tisha Swart-Entwistle/Fort Leavenworth Lamp

ABOVE: Combined Arms Research Library Director Ed Burgess accepts a copy of "Press On!" from retired Gen. Donn Starry during a ceremony Sept. 25, 2009, at CARL. BELOW: "Press On!" is a two-volume collection of Starry's personal papers published by the Combat Studies Institute.



AT A GLANCE

■ The **GREAT ESCAPE 5K RUN** is at 8 a.m. Aug. 24 at the Old U.S. Disciplinary Barracks. Call 913-684-1674 for more information.

■ The **CGSC GET ACQUAINTED SCRAMBLE** has a shotgun start at 8 a.m. Aug. 24 at Trails West Golf Course. Call 913-651-7176 for more information.

■ The **FORT LEAVENWORTH HUNT KENNEL**

OPEN HOUSE is 1-3 p.m. Aug. 24 at 625 McPherson Ave. Meet the Fort Leavenworth Hunt's hounds and learn about what they do and about the tradition of Army foxhunting. Children are welcome. Light refreshments will be provided.

■ The **ENGLISH AS A SECOND LANGUAGE MEET AND GREET** is 9-10:30 a.m. Aug. 26 at Pioneer Chapel. Join the Army Community Service ESL team

to learn about different levels of classes offered starting in September. Call 913-684-2800 for more information.

■ Anyone with school-aged children is invited to **ROUND-ROBIN DISCUSSIONS** from 4:30-6:30 p.m. Aug. 27 at Patton Junior High School. Discussion topics include digital citizenship, drugs/alcohol/vaping and Title IX/sexual harassment behaviors. Content may not be suitable for children under 10 years old.

Deadline to submit papers for *InterAgency Journal* is Oct. 11

by the Simons Center for Ethical Leadership and Interagency Cooperation

The Simons Center for Ethical Leadership and Interagency Cooperation announces a call for papers for the *InterAgency Journal*, to be published in fall of 2024.

The *InterAgency Journal* seeks thoughtful articles that provide insight and fresh thinking in advancing the knowledge, understanding, and practice of ethical leadership, interagency coordination, cooperation, and collaboration.

The general focus of all submissions should be to stimulate professional discussion and further public understanding.

Submission details:

- The deadline for submissions is Oct. 11.

- Submit an unclassified, original paper examining any aspect — broad or specific — applicable to ethical leadership or interagency cooperation. Papers should be 3,500-5,000 words in length.

- Previously published papers, papers being consideration elsewhere for publication, or papers submitted to other competitions still pending announced decisions are ineligible.

- Manuscripts should be single spaced in Microsoft Word format using Times New Roman, 12-point font. All graphs, charts and tables should be submitted as sep-

arate files in the format they were created.

- Submissions will receive blind peer review in accordance with standard professional academic journal practice. Submissions will be evaluated on the basis of originality, substance of argument, style and contribution to advancing the understanding and practice of ethical leadership or interagency cooperation.

- To facilitate review, include a cover sheet with full name, institutional affiliation, e-mail address, telephone, mailing address and an author biography not to exceed 100 words. Do not, however, include identifying information on any other page of the manuscript.

- For more complete information on formatting and style, see the Simons Center Writer's Submission Guidelines at www.thesimonscenter.org/contribute-content.

- Along with their manuscript, writers must agree to the Simons Center copyright transfer agreement, which is detailed online at www.thesimonscenter.org/contribute-content.

- Manuscripts can be submitted on the Simons Center website at www.thesimonscenter.org/contribute-content or e-mailed to office@thesimonscenter.org.

In addition to papers, the Simons Center is seek-



ing book reviews on published works pertinent to the ethical leadership and interagency community. Book reviews are typically 500-1,000 words in length and should include an

image of the book cover as a separate file in its original file format. Book reviews can be submitted on the Simons Center website at www.thesimonscenter.org/contribute-content or

emailed to office@thesimonscenter.org.

The Simons Center is a major program of the CGSC Foundation Inc. For more information contact the Simons Center at of-

office@thesimonscenter.org. Information about the Simons Center's mission, organization and publications is available at www.thesimonscenter.org.

AAFES announces winners in You Made the Grade sweepstakes

by Army and Air Force Exchange Service Public Affairs News Release

DALLAS – The Army and Air Force Exchange Service rewarded three students with \$4,000 in gift cards in its You Made the Grade sweepstakes, part of its worldwide program honoring the academic excellence and resiliency of military students.

Fourth-grader Ana Avila, daughter of Department of Defense civilian Eduardo Avila at Fort Buchanan, Puerto Rico, took home first prize, winning a \$2,000 Exchange gift card.

Altus Air Force Base, Oklahoma, eighth-grader Kamryn Hendrickson, daughter of Air Force veteran Phillip Hendrickson, received the second-place prize of \$1,500.

And at U.S. Army Garrison Humphreys, South Korea, Brayden Snow, a third-grader and son of State Department civilian Mark Snow, took third, winning \$500.

The winners were selected randomly from a pool of more than 1,800 entries.

The young scholars were each presented with their prizes in ceremonies at their local Exchanges.

Hendrickson said she already knows how she will use her winnings.

"I plan on using the gift card for school clothes and supplies," she said. "And I'll share it with my brothers to use for back-to-school shopping too."

Eduardo Avila said he appreciates the Exchange's You Made the Grade program, not only as a father, but also in his professional role as a Child Youth Services counselor.

"At first, I thought (the sweepstakes) was only for Puerto Rico, but when I saw it was global, I thought, 'Wow, we are so lucky to have won,'" he said. "At the youth center, I tell kids all the time, 'Take your report cards to the Exchange and get your rewards; it's free!'"

The Exchange has been rewarding the academic excellence of military children for nearly 25 years through the program.

"Military kids overcome obstacles in life and in school," said Air Force Chief Master Sgt. Rich Martinez, the Exchange's senior enlisted advisor. "The You Made the Grade program is there to cheer them along the way and celebrate their hard work."

The Exchange's You Made the Grade program rewards students who maintain a B average or higher equivalent with a \$20 or \$10 Exchange gift card and coupons each grading period.

Students can then enter the twice-a-year worldwide sweepstakes for a chance at a \$2,000, \$1,500 or \$500 gift card.

For more information on the program, see an Exchange associate or visit ShopMyExchange.com.

FORT LEAVENWORTH LAMP

PUBLISHED FOR THE COMMUNITY OF FORT LEAVENWORTH, KANSAS

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If a violation of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected.

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Fort Leavenworth announces launch of moves under the new Global Household Goods Contract

by Fort Leavenworth Transportation Division

Starting in October 2024, a limited number of personal property shipments going to and from the Fort Leavenworth area will now be moved under the new Global Household Goods Contract (GHC).

Initially, most HHG shipments will continue under the Defense Personal Property System (DPS). Customers will be directed to an online sort-tool to determine which system they will use.

What does this mean for you?

If your upcoming move qualifies for GHC, you will have the opportunity to be among the first customers to experience a new and improved process, which includes:

- Advanced online scheduling systems
- 24/7 customer support
- Names and photos of your moving crews
- Shipment in-transit information
- Electronic inventories with photos
- And more

Visit the GHC information page at www.MilitaryOneSource.mil/GHC to learn more.

MilMove is DoD's new system for requesting household goods shipments under the Global Household Goods Contract (GHC). Once approved, moves will be supported by HomeSafe Alliance, the GHC single move manager.

Before you start, check eligibility requirements at MilitaryOneSource.mil/GHC and watch the GHC Request Video demo w/sort-tool at <https://www.youtube.com/watch?v=FjFIG2sEAx0>.

JANUARY 2024



U.S. Department of Defense

GLOBAL HOUSEHOLD GOODS CONTRACT

IMPROVING THE RELOCATION PROCESS FOR YOU

The Global Household Goods Contract (GHC) was designed to provide the DOD with a new model for moving personal property. This new program aims to fix long-standing limitations and improve the relocation experience for Defense Department and Coast Guard personnel, and their families.

WHO WILL SERVICE SHIPMENTS UNDER GHC?

HomeSafe Alliance will serve as the "single move manager" responsible for the packing, shipping, storage, delivery and unpacking of household goods throughout the world. To accomplish this, HomeSafe will utilize commercial moving companies to handle your belongings.

- HomeSafe will be your primary contact for scheduling and managing your move.
- The DOD will oversee HomeSafe's performance and your local transportation office will remain your primary DOD contact to ensure quality service.

Note: GHC does not affect the movement of privately owned vehicles (POV).



TOGETHER, WE DELIVER



1
MOVE
MANAGER



\$6.2B
CONTRACT



300K
SHIPMENTS
PER YEAR

WHEN WILL GHC BEGIN?

The transition to GHC will occur in phases and is estimated to span several years. Shipments will begin with a gradual phase-in of all domestic, or CONUS, moves followed by a gradual phase-in of all international, or OCONUS, moves.

PHASE 1

DOMESTIC PHASE-IN

PHASE 2

INTERNATIONAL PHASE-IN

PHASE 3

WORLDWIDE OPERATION

HOW WILL GHC BENEFIT ME?

Some customer benefits you can expect to see under GHC include:



Enhanced Communication

- Single point of contact for managing your shipment from scheduling to settling claims.
- 24/7 customer support available to provide updates or answer questions.



Modern, Digital Management Systems

- Mobile application that's secure and easy to use for coordinating all phases of a move.
- Shipment in-transit information with status updates via your mobile device including arrival, departure and estimated delivery times.



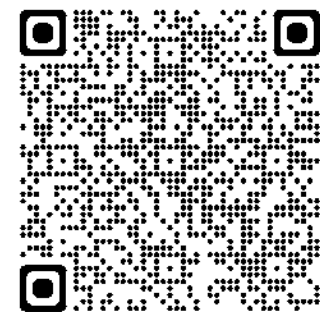
Simplified Claims Process

- Electronic inventories with photos of your belongings, making it easier to identify and share information in the event of loss or damage.
- Streamlined process for inconvenience claims compensation.



Greater Utilization of Resources (trucks / storage / routes)

- More scheduling options for your pack out, pick-up and delivery.
- Shorter transit times with increased on-time pick-ups and deliveries.



For more details, visit:
www.MilitaryOneSource.mil/GHC

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Munson Army Health Center change of command (continued from Page A1)

Forces Command), but I also knew it would be immensely rewarding,” Mendenhall said. “Together we navigated complex challenges such as personnel, resources, support and care to our beneficiary population.”

In addition to recognizing Mendenhall’s contributions, the general expressed her faith in the new commander’s abilities.

“I know (Walker) is the right person for this organization. She’s going to fit right in. She’s going to continue to lead, train and develop an incredible group of professionals that are already here, to take this organization to new heights.”

Summons challenged the new commander to lead “...with empathy, compassion, integrity and all the great things that come with the great the leader that you are.”

During her remarks, Walker thanked the outgoing commander for providing her a sound foundation to build upon — a fiscally solvent medical treatment facility where the staff absolutely exudes love for what they do.

“In the short time I have interacted with the team, I’ve been impressed by their professionalism and humbled by their kindness,” Walker said. “I’m already extremely proud to be a part of this organization because this genuine care for others is exactly what each of our patients experience when they enter our facility. I could not have asked for a more gracious welcoming, and I cannot wait to share in all that we will accomplish in the next two years.”

Operated under the Defense Health Agency, MAHC cares for more than 13,000 Military Health System beneficiaries, offering core services to beneficiaries through a primary care practice supported by pharmacy, laboratory, optometry, public health, mental health, physical therapy and radiology services. Services also include Smith Dental Clinic and the Fort Leavenworth Armed Forces Wellness Center.

MAHC supports the U.S. Army Combined Arms Center mission in preparing the Army to win in large-scale combat operations. MAHC also provides an around-the-clock medical mission at the Military Corrections Complex, which includes the only maximum-security corrections facility in the Department of Defense.

To learn more about services available from MAHC, visit <https://munson.tricare.mil>.

The change of command ceremony was livestreamed at <https://www.facebook.com/munsonhealth>.



Photos by Prudence Siebert/Fort Leavenworth Lamp

Incoming Medical Department Activity Commander and Munson Army Health Center Director Col. Jolanda L.J. Walker and outgoing MEDDAC Commander and MAHC Director Col. Shane Mendenhall smile during remarks by ceremony host Brig. Gen. Yolonda Summons, commanding general of Medical Readiness Command, West, and director of Defense Health Network, West, Aug. 16 at the Frontier Conference Center.



Incoming Medical Department Activity Commander and Munson Army Health Center Director Col. Jolanda L.J. Walker, ABOVE, and outgoing MEDDAC Commander and MAHC Director Col. Shane Mendenhall, RIGHT, deliver remarks during their change of command ceremony Aug. 16 at the Frontier Conference Center.



Brig. Gen. Yolonda Summons, right, commanding general of Medical Readiness Command, West, and director of Defense Health Network, West, delivers remarks during the change of command ceremony for incoming Medical Department Activity Commander and Munson Army Health Center Director Col. Jolanda L.J. Walker and outgoing MEDDAC Commander and MAHC Director Col. Shane Mendenhall Aug. 16 at the Frontier Conference Center.



Incoming Medical Department Activity Commander and Munson Army Health Center Director Col. Jolanda L.J. Walker gives a Hawaiian lei to outgoing MEDDAC Commander and MAHC Director Col. Shane Mendenhall during their change of command ceremony Aug. 16 at the Frontier Conference Center.

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usarmy.leavenworth.id-training.mbx.pao-inbox@army.mil.

Targeted care rolling out across DoD to help improve mental health resource access

by Janet A. Aker/Military Health System Communications

The Defense Health Agency is introducing a new approach at behavioral health clinics — called targeted care — to help improve access to mental health resources.

Targeted care refers service members and other beneficiaries to the clinical or non-clinical mental health resources best suited to support their needs, offering earlier interventions and promoting force resilience and readiness.

Pivoting off of an Air Force Medical Service model with a vision to expand it across all military hospitals and clinics, DHA conducted a six-month targeted care pilot at 10 military behavioral health clinics. The pilot ran from April to October 2023. (See <https://health.mil/News/Dvids-Articles/2023/05/17/news444960>.)

Results from the pilot found that about 40 percent of individuals who contacted outpatient behavioral health clinics at the pilot sites did not require medical intervention or have a diagnosable mental health condition; however, they would benefit from other mental health services.

The results demonstrated that sites were able to use targeted care to successfully connect more than 2,600 individuals to other medical or nonmedical counseling resources.

Given the success of the pilot, targeted care is being deployed to military hospitals and clinics across the Military Health System. All military hospitals and clinics will have targeted care available by 2025.

U.S. Army Maj. Daniel Good has a doctorate in clinical psychology and serves as the deputy director of psychological health at the General Leonard Wood Army Community Hospital in Missouri, which participated in the pilot.

“(Targeted care was) a wonderful opportunity for our hospital to dramatically revamp our behavioral health service line and restructure and remake it into a much more efficient and well-organized framework,” Good said. “(Targeted care) is helping us do better than would have been possible before we rolled it out.”

Targeted care helps people get the specific care they need in a timely manner.

It starts with a simple, preliminary screening assessment. Beneficiaries can meet with or call a health care professional who will listen to what they have been experiencing, assess their needs, and refer them to the best resource to get the help they need, whether it's specialty mental health treatment at the outpatient behavioral health clinic, other clinical services, or a nonclinical support resource such as a military or family life counselor or chaplain.

Beneficiaries won't need a referral and they will never be turned away from specialty care. The process allows the behavioral health specialist to focus their efforts on more frequent evidence-based therapy for patients with the most critical needs while offering support and resources to all others.

To provide timely and tailored care, targeted care synchronizes clinical mental health programs with nonclinical resources available in the local military community. This includes chaplains, military and family life counselors, Military OneSource (<https://www.militaryonesource.mil>), warrior fitness centers, installation activity centers, embedded mental health providers in

a unit, and off-post community resources.

Talking to a professional through targeted care

Beneficiaries' mental health occurs on a continuum. Where someone falls on the continuum depends on a number of personal and life circumstances, and there is a clinical or nonclinical resource that can meet their needs at any given point on the continuum.

The initial screening assessment in targeted care is the first step in determining where beneficiaries fall on this continuum. If symptoms are found to fall within the clinical range toward a mental health disorder, the beneficiary will be scheduled for an intake evaluation at the outpatient behavioral health clinic for further assessment and treatment. If the beneficiary's stress levels are within the milder range but steadily increasing, a nonclinical or other prevention resource could address the issue before it reaches clinical levels.

Beneficiaries will be matched to the best resource depending on their responses and immediate concerns or needs. If their best option is primary or specialty care, they will get an appointment at their clinic, or with a behavioral health specialist in the local TRICARE network if no space is available on base.

The DHA website at <https://health.mil/Military-Health-Topics/Mental-Health/Targeted-Care> has many frequently asked questions about targeted care.

Successful implementation of targeted care in pilot markets

Whiteman Air Force Base in Missouri was the first base within the Air Force Global Strike Command to fully roll out targeted care after a pilot phase, said Whiteman Mental Health Flight Commander U.S. Air Force Maj. Callie Cooper, a doctor of clinical psychology.

Its benefits quickly became apparent, Cooper said, with “notable reductions” in patients receiving off-base mental health referrals. There were 180 Airmen referred off base before Whiteman started targeted care in the fall of 2022, and only 40 in the year after implementation. For those patients not referred off base, targeted care assessed the patients' needs and, where appropriate, referred them to on-base services for immediate support.

Targeted care reduced wait times, created prompt access to specialty mental health services, and lowered provider case-loads, said U.S. Air Force Capt. Oliver Bauer, a doctor of psychology and a staff clinical psychologist in Whiteman's mental health clinic.

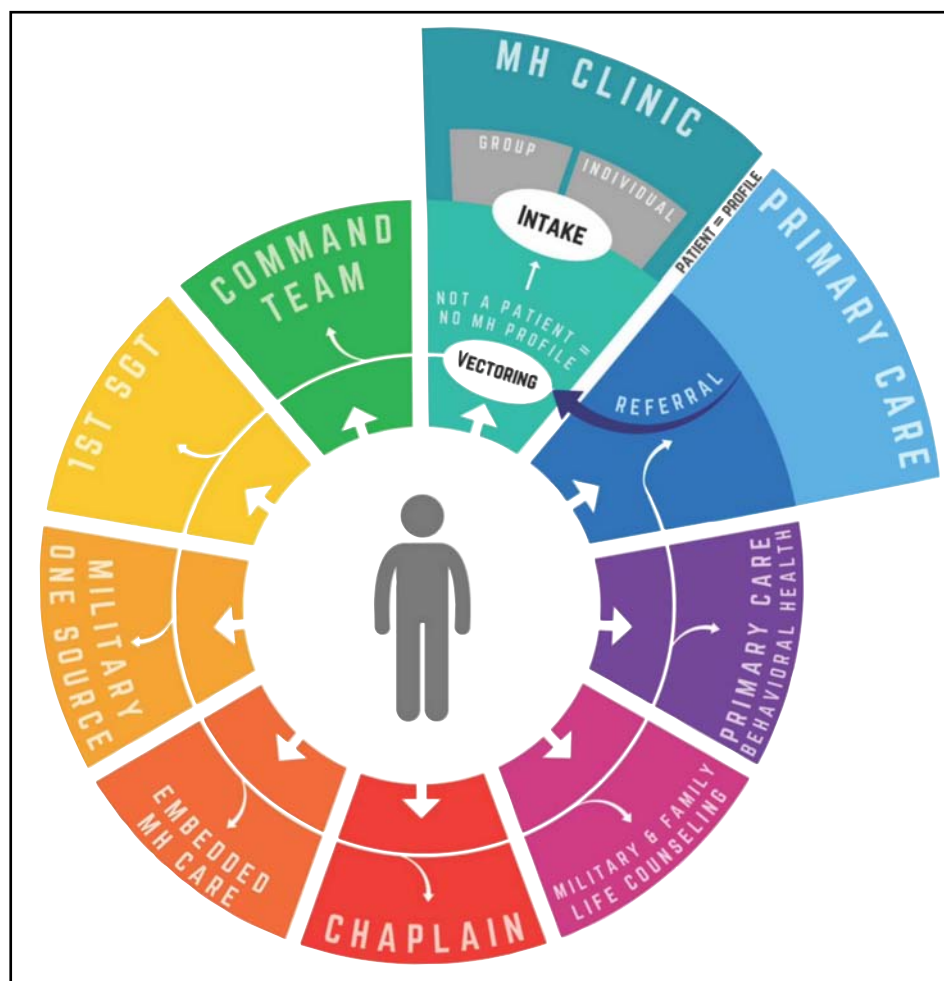
“By decreasing the number of individual patients per provider from over 40 to a more manageable range of 20 to 30, Whiteman has enhanced the quality of care,” Bauer said.

During Whiteman's early implementation of targeted care, “some service members were accustomed to the traditional model — where seeking mental health support meant being seen in the clinic — and felt turned away when referred to other helping agencies,” Bauer said.

To address this concern, “socialization was crucial.”

“It was imperative to have base leadership, mid-level supervisors, and new Airmen well-informed and associated with the new model of care,” Bauer explained.

“Service members reported feeling more



U.S. Air Force graphic by 94th Airlift Wing, 59th Medical Wing

A U.S. Air Force graphic demonstrates the process of mental health care and additional resources through targeted care. Targeted care refers service members and other beneficiaries to the clinical or non-clinical mental health resources best suited to support their needs, offering earlier interventions and promoting force resilience and readiness.

heard and valued as their needs are thoroughly assessed and matched with the most appropriate resources,” Bauer said. “They also have reported feeling they have received timely and effective care.”

Prior to the rollout, “it was essential to secure not only the buy-in and support from the service members, but also from the personnel within the mental health clinic who are promoting and supporting this initiative,” Bauer said.

DHA's behavioral health team worked closely with communications experts to develop information materials. Each installation received these products through their public affairs office and military hospital or clinic and used them to educate their beneficiaries on this new service. Behavioral health leads also gave information briefings to senior leaders on the installation and provided newcomer briefings to service members and their families.

Targeted care's history

The main principles of targeted care are outlined in a 2023 Air Force Medical Service report titled “Mental Health: An Overview for Service Members,” available at <https://www.airforcemedicine.af.mil/Portals/1/Documents/Mental-Health-An-Overview-for-Service-Members.pdf>.

The report has three main messages applicable everywhere in the MHS:

- Most service members who are struggling with mental health do not have a mental health disorder.
- Most resources to help are nonclinical.
- Getting help early and often prevents the need for clinical mental health care.

Angelica Escalona, who holds a doctorate in clinical psychology with a specialization in neuropsychology, is the clinical director of outpatient behavioral health within DHA's behavioral health clinical management team. Escalona said targeted

care was developed by the Air Force Medical Service to “address increased mental health utilization and limited access to services.”

It was successfully piloted at military hospitals and clinics on nine U.S. Air Force installations in fiscal year 2022 and generated interest on how this process could be applied across the entire MHS.

DHA subsequently hosted a three-day targeted care summit in December 2022 attended by mental health leaders from all military departments and subject matter experts from other agencies. They developed the groundwork for a DHA-wide targeted care model and identified the pilot sites at U.S. Army and U.S. Navy installations.

Escalona said the DHA worked closely with each behavioral health clinic lead, the military community and family program office leads, the chaplain corps, TRICARE, DHA's Healthcare Optimization Division, and other key stakeholders to refine and develop strategy for targeted care's implementation at those 10 pilot sites.

Since then, there have been a number of MHS early adopters of targeted care in the United States and overseas. These early adopters may serve as models for successfully rolling out targeted care across all MHS hospitals and clinics by 2025.

Editor's note: This article discusses mental health, its challenges, and treatments.

If you or someone you know is having a mental health crisis, call the 988 National Suicide and Crisis Lifeline — dial 988, then press 1, and/or visit <https://988lifeline.org>, <https://988lifeline.org/chat/> — or contact the dedicated Veterans Crisis Line. (For Spanish, press “2.”) Remember, mental health is health.

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THE MYTH

Mental health issues are a result of personality weakness or character flaws, and people can “snap out of it” if they try hard enough.

THE TRUTH

Mental health conditions have nothing to do with being lazy or weak. Many factors contribute to mental health conditions, including:

- Biological factors, such as genes, physical illness, injury, or brain chemistry
- Life experiences, such as trauma or a history of abuse
- Family history of mental health conditions

988
SUICIDE & CRISIS
LIFELINE

Pets of the Week



Photo of the "Porch Litter" by Prudence Siebert/
Fort Leavenworth Lamp

The "Porch Litter" — Raccoon, Possum, Chipmunk and Squirrel — are available for adoption at the Fort Leavenworth Stray Facility. The post animal shelter has many kittens available for adoption. Spay/neuter surgery, vaccinations to date and microchipping are included in their adoption fees. Visit www.FLSF.petfinder.com for profiles of currently available dogs, cats and kittens, as well as a few

soon-to-be-available pets. The Fort Leavenworth Stray Facility at 510 Organ Ave. is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday, and by appointment for pre-approved adopters. E-mail fortleavenworthstrayfacility@gmail.com for an adoption application. Call 913-684-4939 for more information and/or to schedule an appointment. Military affiliation is not required to adopt from the Fort

Leavenworth Stray Facility. Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed. To apply to volunteer with the Fort Leavenworth Stray Facility, enter ZIP code 66027, then search for "stray animal facility" at <https://vmis.armyfamilywebportal.com/>.

PAIR Day adoption

Vince Afaisen, Fort Leavenworth Spouses' Club second vice president, cuddles Jack, as fellow adoptable dog Betsy receives attention from volunteers, at the Fort Leavenworth Stray Facility's booth during PAIR (Post Activities, Information and Registration) Day Aug. 17 at Harney Sports Complex. Afaisen said he was at PAIR Day to encourage others to join the Spouses' Club and stress FLSC's mission of giving back to the community and building relationships. He knew Jack would be at the FLSF booth and had to meet him, and he ended up adopting him. "I fell so hard for him, as he is a gentle giant, a perfect addition to be a brother to my current (dog) Ellis, and he gives off so much love, cuddles and affection, which I adore. Plus, he's just the cutest, big-eyed, bushy-tailed stud," Afaisen said about the new addition to his family. In addition to Jack's PAIR Day adoption, multiple cats went to their new homes and another dog adoption was finalized. Visit FLSF.petfinder.com for profiles of adoptable pets.



Fort Leavenworth Stray Facility

Second Saturday is Back!

Every second Saturday of the month

We're back to being open every 2nd Saturday of the month for visitation and adoption/fostering of the animals at the facility!

You can find all of our adoptable pets at: www.petfinder.com Fort Leavenworth

fortleavenworthstrayfacility@gmail.com

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510 Organ Ave
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66027

Volunteer!

Help Shelter Pets!

They need your help for walks and general care!
They enjoy the love, attention, and affections, too!

Several shifts to choose from
Want to know how to join our team?
Register at <https://vmis.armyfamilywebportal.com/>.
Once registered, we will contact you and have you come in for a training with a team member.
After you train, you shadow two shifts. Then you are ready to help shelter pets!
Watch the Fort Leavenworth Stray Facility Facebook page for training events!
Once you register, train, and shadow, you can sign up for any shift you can cover.
Children under 18 can help, but they must be accompanied by an adult the entire shift.

Work with either our cats or dogs or both!

Fort Leavenworth Stray Facility
510 Organ Avenue
Fort Leavenworth, KS 66027

Clean Paws Pet Wash

Open 24 hours a day!
Merritt Lake Parking Lot
Cash, Coin and Card

Info: (913) 651-7176

Connect with MWR

Find events, classes, phone numbers and much more!

Facebook: Fort Leavenworth FMWR | Online: Leavenworth.armymwr.com

THURSDAY
AUGUST 22, 2024



LAMP

Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

THE GREAT ESCAPE 5K

24 AUGUST 2024 0800 - Old USDB

\$30 / Individual • \$60 / Family of 3

Register in person at
Harney Gym Gruber Gym
Resiliency Center

Same day registration available

For more information
call 913-684-1674

Fort Leavenworth Hunt Kennel Open House

625 McPherson Avenue
Building No 337

Saturday, August 24
1:00- 3:00pm

Meet the Fort Leavenworth Hounds
-learn about what they do-
-experience the tradition of the Army's only Foxhunt-

children welcome
light refreshments provided

The Fort Leavenworth Lamp welcomes part-time volunteer **REPORTERS** and **INTERNS!**

Flexible schedule, great way to learn about the community and excellent opportunity to add quality content to a professional portfolio.

Experienced journalists preferred but training/mentorship provided if interested in learning the skills required.

Apply for the "Fort Leavenworth Garrison Public Affairs Assistant" position on the Volunteer Information Management System at <https://vmis.army-familywebportal.com>.

E-mail ftlvlampeditor@gmail.com for more information.

CGSC GET ACQUAINTED SCRAMBLE
trails west golf course

Saturday, August 24th
8 am shotgun start
Relaxed 4 person scramble

All CGSC students and families are encouraged to participate!

\$50 members / \$60 non-members
\$35 Youth 16 & Under
Registration closes August 21

Tee gift and hole prizes

Trails West Golf Course
(913) 651-7176
leavenworth.armymwr.com

FRIDAY AUGUST 23, 2024
HARROLD YOUTH CENTER IS OPEN FOR NON-SCHOOL DAY ACTIVITIES

A TRIP TO THE LAKE
BBQ/SWIMMING/FISHING/GAMES
Please bring swim suit, towel, sunscreen, appropriate shoes

\$35
6-12 GRADE
MUST BE REGISTERED WITH CYS/HYC
0600-1600

SIGN UP/PAY NLT 1600 AUG. 22, 2024
MINIMUM OF 8 REQUIRED

STOP BY 45 BIDDLE BLVD OR CALL (913) 684-5118

ESL
ENGLISH AS A SECOND LANGUAGE
MEET & GREET

August 26
9am - 10:30am
Pioneer Chapel
500 Pope Ave

Military Spouses and the International Community, this is for you!

Join ACS and their ESL Team on August 26 to learn about the different levels of classes being offered starting in September! English classes range from Beginner (conversational) to Advanced (Grammar, Composition)!

No RSVP necessary for the Meet & Greet! Children are welcome to accompany parents to class!

Call 913-684-2800 for more information
Mcmlnk@aol.com

BOSS PRESENTS MOVIE NIGHT

Post Theater // 375 Grant Avenue
Movies start at 7PM
Must show your DoD ID at the door!

August 9 **KUNG FU PANDA 3** PG
August 23 **GHOSTBUSTERS: FRODO BAGGINS PART 1** PG-13

Come out and join us as the BOSS program gives back to the Community by playing movies inside the Post movie theater.

Prepackaged snacks and drink can be purchased at the snack bar. No outside food or drinks are authorized.

For all movies children 12 and under **MUST** be accompanied by an **ADULT!**
CASH only at the snack bar!

For more info call: (913) 684-2736 • Or visit our website leavenworth.armymwr.com

YOU ARE INVITED TO OUR COMMUNITY OUTREACH EVENT!

TUESDAY AUGUST 27TH 4:30 PM-6:30 PM

Anyone with School Aged Children

Four 20-minute round-robin discussions covering

- Digital Citizenship
- Drugs/Alcohol/Vaping
- Title IX/Sexual Harassment Behaviors

Content may not be suitable for children under 10

Come Join us at
Patton Jr. High School
1 Patton Loop, Fort Leavenworth

29

THURSDAY, AUGUST 29, 2024 AT 3:00 PM CDT

STB Change of Command 2024

Facebook Live

4th NEIGHBORHOOD BIBLE STUDY BEGINS!

MAIN POST

Popcorn & Prayer in the Park


Please join us to pray for our kids & community as we begin this new school year!



Zais Park ~Sunday, Aug 25 at 6:30

Please comment below if your family plans on attending!
Popcorn, water, and lemonade are provided!
*Free Parent Prayer Guide handout!

Catholic Women of the Chapel





CWOC meets Thursdays at 9:00am in the Pioneer Chapel Activity Room

NEW

CWOC Evening Meeting
Thursdays, 6:00-8:00pm at Pioneer Chapel, Room 142

LEARN MORE >>

Find our complete calendar on Facebook 'CWOC Fort Leavenworth'

DONATE BLOOD. HELP SAVE LIVES.

Blood Drive

Leavenworth Public Library


Jahn Room **Monday, August 26, 2024**
11:00 a.m. to 3:00 p.m.



To schedule an appointment you can:
• call 1-800-RED CROSS (1-800-733-2767)
• visit RedCrossBlood.org,
• and enter: LEAVENWORTHPL
• or scan the QR code.

Donors needed! Come give blood in August for \$20 Amazon.com Gift Card by email. See rcblood.org/Help

1-800-RED CROSS | RedCrossBlood.org | Download the Blood Donor App
© 2024 The American National Red Cross | 452201-1 CWV



BBQ BONANZA

September 20-21, Frontier Chapel

1.5 days BBQ instruction and hands-on coaching followed by a family dinner & awards

Sept 12 **Thursday, IPR, 1630-1700**

- Trainees meet with instructors
- Review/lock in preparations for event
- Receive Supply List

Sept 20 **Friday, 1730-2100**

- Smokeology Art & Science BBQ smoking instruction on meats
- Prep meat(s) for Saturday's smoking

Sept 21 **Saturday, 0230-1830**

- Hands-on BBQ smoking of selected meats
- More classroom instruction
- BBQ competition
- Awarding of prizes, patches and certificates
- Family dinner

Instruction by KC Culinary Institute-trained and competition-tested local instructors

POC: Jim Harbridge, leavenworth@ocfusa.org

Pricing

- Pork Ribs (3 slabs) \$166
- Pork Shoulder \$166
- Brisket \$208
- Ribs & Pork \$196
- Ribs & Brisket \$238
- Brisket & Pork \$238
- Pork Ribs-double \$196
- Pork Shoulder-double \$196
- Brisket-double \$280
- Ribs, Brisket & Pork \$268

Scan QR Code to Register Today!



Join us monthly DATE NIGHT

6-10 PM @ Frontier Chapel

Meals & Childcare provided

Sponsored by Fort Leavenworth Chapel Community

Supported by 

Invest in your marriage this year!



05 SEP, 03 OCT, 07 NOV, 05 DEC, 09 JAN, 06 FEB, 06 MAR, 03 APR, 01 MAY

Each Date Night begins with a faith-based marriage enrichment presentation. Then couples are released to go out on a date and further discuss the topic together. Children will remain safely supervised by childcare professionals at Frontier Chapel (6-10 pm or pick up kids earlier)!

For more information and to register scan the QR code or call 913-680-7336

BBQ BONANZA

20 SEPT - 21 SEPT, 2024

1 1/2 days BBQ Instruction & Hands-On Coaching
Frontier Chapel, Ft Leavenworth

Scan the QR Code to Register

Or go here:
<https://tinyurl.com/BBQ-Bonanza-24>



Come Take a Ride in a UH-1 Huey

September 5th
Sherman Army Airfield

For more than 50 years, the UH-1 Huey helicopter has held a special place in the hearts of Vietnam Veterans who knew its iconic and unmistakable sound meant help was on the way. Experience those sounds for yourself and feel the wind as we fly with the doors open, and gain a greater appreciation for this warbird and its role on the battlefield.



Brought to you by the Friends of Army Aviation
<https://friendsofarmyaviation.org/>

NON DOD PATRONS: Please use this link for access to FT Leavenworth KS.
<https://home.army.mil/leavenworth/my-fort/all-services/gate-information>. Instructions also on ticketing site via QR Code.

Please arrive at least 2 hours prior to the posted end time for the event. The actual end time is subject to change depending on weather, community participation and sunset.

Minors aged *2-15 must be accompanied on the ride by a parent or guardian. Ages 16-17 may ride alone with a parent or guardian's written permission. *must be securely seatbelted in their own seat - NO LAPSETERS!
Tickets are: \$90 in advance (up to 10pm the day prior)
\$100 if purchased at the Venue



Children's Sunday School Teachers Needed!

Sunday School Teacher NEEDED

- 4 & 5 Year olds
- 1st & 2nd Grades
- 3rd & 4th Grades
- 5th & 6th Grades
- 7th & 8th Grades

Contact Carl Tillery at carl.l.tillery.civ@army.mil
or 816-260-1287



GRAND Opening


September 14, 2024
10-2
Bldg 198, 600 Thomas Ave
RM 106




CAMPUS LIFE MILITARY

SHARING AND CONNECTING WITH GOD'S STORY • BUILDING AUTHENTIC, CHRIST-SHARING RELATIONSHIPS

WHO: 6TH-12TH GRADE
WHEN: WEDNESDAYS FROM 1800-2000
RESUMES AUGUST 7TH
WHERE: HARROLD YOUTH CENTER



@CAMPUSLIFEFORTLEAVENWORTH
FT. LEAVENWORTH CLUB — CAMPUS LIFE MILITARY

POC: SAMANTHA ODLE
(605) 569-3820
SODLE@YFC.NET

SEEKING VOLUNTEERS

Campus Life Military needs volunteers who love military-connected youth and want to create authentic, Christ-sharing relationships.

MINISTRY OPPORTUNITIES

(INCLUDED, BUT NOT LIMITED TO)

- ❖ CLUB VOLUNTEER
- ❖ SMALL GROUP LEADER
- ❖ ACTIVITY / EVENT SUPPORT
- ❖ PRAYER SUPPORT TEAM
- ❖ FINANCIAL SUPPORT TEAM
- ❖ SPIRITUAL SUPPORT TEAM



POC: SAMANTHA ODLE
(605) 569-3820
SODLE@YFC.NET

Breakthrough KC

- **Who:** Boss community
- **What:** Breakthrough mini escape rooms
- **Where:** Breakthrough KC 6403 W. 135th St Ste E4 Overland Park, KS 66223
- **WHEN:** Saturday, 14 Sept 2024 @5 PM

transportation available by request in advance

- **Why:** Challenge your team abilities to work together to find hidden clues, solve puzzles, and unlock codes with the goal to escape the room.

- *To register Scan the QR code and sign up by 7 Sept*




SAVE THE DATE MILITARY POLICE BALL

Join the Old West Chapter of the MPRA on 27 September 2024 for the Military Police Ball held at the Marriott Country Club Plaza

Address: 4445 Main Street, Kansas City, MO 64111
Valet: \$85/night
Self-Parking in Hotel Garage Off 46th Street: Coupon for free parking for event: \$35/night

Uniform:
Service Members: Dress Mess, Dress ASU, Dress AGSU, or Service Branch Equivalent
Civilians: Formal Attire

Ticket Prices (Guests Pay Their Soldier's Ticket Price):
E1-E4: \$45
E5-E6: \$60
E7 & Above/Civilians: \$80

Event Highlights:
-Unique Take Home Gift
-Special Guest Speaker
-DJ Entertainment
-Walking distance to Country Club Plaza
-Guest Rooms are available for a discounted rate of \$149/night plus taxes (stay tuned for booking info)

BRING CASH FOR THE CASH BAR

Timeline:
Social Hour: 1730-1815
Receiving Line: 1815-1900
Ceremony/Dinner: 1900-2030 (Formal)
Reception: 2030-2359 (Informal)

Choice of Entrée:
Chicken Piccata
Top Sirloin Steak
Vegan Plate

POC: 1LT Johnson, Emily 913-684-9216

FORT LEAVENWORTH'S ANNUAL

RUN WALK FOR THE FALLEN 2024 FORT LEAVENWORTH

SATURDAY, SEPT 14th

@ Resiliency Center
Fort Leavenworth, KS

Registration starts at 6:30am
Opening Ceremony at 8am
Followed by a 3mile run/walk

Run or Walk, this is a stroller- friendly, family-friendly route. Join us to remember those who have made the ultimate sacrifice. We look forward to seeing you there.

*This event is open to the public. Those without post access can apply online for this special event using the link below. Passes can be obtained 10 days or less before the event.
https://pass.aic.army.mil/?b=usa&i=fort_leavenworth&e=PD5FNNE3



For more information call 913-684-1830




AMMO AMNESTY DAY


USAG FORT LEAVENWORTH, KS

When: Wednesday, 25 September 2024 (0900-1500)

Location: Ammunition Supply Point (ASP) Sheridan Dr. off McPherson Ave

Purpose: Allow the safe return of ammunition without any repercussions and keep our community safe.

NO QUESTIONS ASKED, NO PENALTY OR PROSECUTION
For any additional information or questions, please call: 913-684-1741



Saturday, Sept. 21

8 a.m. to 3 p.m. - post wide

IT'S BACK!!! Don't miss all the bargains!

Authorized off-post ID Card Holders can sell at the Old Bell Hall Parking Lot - no permit required.

YARD SALE

*ID's will be scanned at the gate beginning at 8 a.m. - everyone over 16 must have a valid ID to access a military installation. Visitor pass is not required for this event!

leavenworth.armymwr.com follow Fort Leavenworth MWR on Facebook for updates



Oktoberfest

FORT LEAVENWORTH

MERRITT LAKE

SEPT 27TH • 5PM-9PM

FOOD, BEVERAGES, MUSIC AND DANCING
OPEN TO FORT LEAVENWORTH RESIDENTS, RETIREES, AND CIVILIAN EMPLOYEES

MEMORIAL LANTERN LAUNCH AT DUSK TO HONOR FALLEN SOLDIERS AND THEIR FAMILIES!

Info: (913) 684-1674 • leavenworth.armymwr.com



CYS SKIES

Instructional Class Fall Catalog 2024

Enrollment Opens July 8th @ 9:00am

Open House July 23rd 5:30pm - 7:00pm

320 Pope Ave Bldg #345
Call 913-684-3207 or text 913-704-7595





CYS CURTAIN CALL

Fall 2024 Production is...

elf JR

The Musical

Offered by Fort Leavenworth Child & Youth Services SKIES Unlimited

Sign-Up Period: 20 August @ 0900 thru 3 September @ 1200/noon. (Production: 5 September - 7 December)

Ages for this Production: 10-17 years of age (Must be 10yrs. on/prior to 5 Sept.) [The Spring Production will include younger participants.]

ACTIVE CYS REGISTRATION REQUIRED TO SIGN-UP

LOTTERY SELECTION INFORMATION: After 12pm on 3 September, a lottery selection process will be completed for all signed-up & the 30 (randomly selected) participants will be notified of acceptance into the cast. (When more than 30 sign up, the remaining will be added to a waitlist and notified if one of the selected participants declines.)

Cost: \$240 per selected participant
[1] Fees must be paid by 4 September @ 1700 to retain placement.

Information & production schedule is available in the SKIES Fall Catalog at: leavenworth.armymwr.com/programs/skies-unlimited
SKIES Program: 913-684-3207




The Command and General Staff College Foundation's

Distinguished Speaker Series

Aug. 28, 2024

Featuring Keynote Speaker
Gen. (Ret.) Vincent Brooks




Mr. David Howey Host, AMSC

Mr. Paul Landauer J8, AFRICOM

Leadership Perspectives

with special guest, Mr. Paul Landauer

Ep 68

YOUTUBE.COM
Leadership Perspectives with Mr. Paul Landauer
Episode 68 - Leadership Perspectives with Paul LandauerAMSC...




The Schools of Knowledge, Inspiration, Exploration and Skills (SKIES): Unlimited offers classes in art, dance, music, gymnastics, theater, golf and more. For more information, visit <https://leavenworth.armymwr.com/programs/skies-unlimited>. Download the fall catalog of available classes at https://leavenworth.armymwr.com/application/files/2817/1949/5175/SKIESUnlimited_Fall_2024_Final.pdf.

STORYWALK®

StoryWalk® was created by Anne Ferguson of Montpelier, VT and has developed with the help of Rachel Senechal, Kellogg-Hubbard Library

August 19th - August 25th

Read the Story **Take a Nice Walk** **Enter into the book drawings**

Thank you to the CGSC Foundation for sponsoring this event!

WORKSHOP & WORKOUT!

Join the Family Advocacy Program for a monthly workshop and workout!
11:00a.m.-12:30p.m.
June 8th
July 13th
August 10th
September 14th

To Reserve Your Spot Call or Text 913-683-2537

600 Thomas Ave.
 Bldg. 198
 Room 157



STRONGHOLD DISTRIBUTION & HAPPY BOTTOMS
 By Appointment Only
www.strongholdfoodpantry.org

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5 DONATIONS 12:00-2:00	6	7 Pack the Backpack Event	8	9	10
11	12 DONATIONS 12:00-2:00	13	14 Open Pantry & Happy Bottoms 11:00-12:30	15	16	17
18	19 DONATIONS 12:00-2:00	20	21 Open Pantry & Happy Bottoms 11:00-12:30	22	23	24
25	26 DONATIONS 12:00-2:00	27	28 Volunteer Orientation Open Pantry & Happy Bottoms 11:00-12:30	29	30	31

Oh BABY!

please join us for a

Stronghold BABY SHOWER

September 14, 2024 • 11:00 am
 655 Biddle Blvd, Fort Leavenworth

Gifts can include:
 Diaper Subscription
 Baby Monitors
 Nursing Pillows
 Baby Bottles
 Mother's Totes
 Blankets & Knitted Items

Hunger Buster Pack

POWERED BY FLY THRIFT STORE

Do you have a school aged child that could use a pack filled with breakfast, lunch, and snack goods to help them sustain a healthy active lifestyle over school break?

Bring your pack back for a REFILL or register online to pick up your pack.

Stronghold: Happy Bottoms Program

Powered by: Rapid Response Charities

Free Monthly Diaper Distribution
 Email: contact@strongholdfoodpantry.org

Back to the Basics

A Stronghold Cooking Series

Special Host
Chef V
 Professional Chef & Military Spouse

Coming Back In
 September 2024

Visit Us for More Information & Sign-Up
strongholdfoodpantry.org



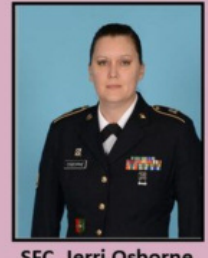
UNITED STATES ARMY COMBINED ARMS CENTER AND FORT LEAVENWORTH SEXUAL HARASSMENT AND SEXUAL ASSAULT RESPONSE WORKFORCE



For Assistance contact
LTC Craig Arnold

Ms. Amanda Bouseigneur
Lead SARC
Amanda.bouseigneur.civ@army.mil
Office: 913-684-2810
Cell: 913-704-9620
Bldg 197, 632 McClellan Ave

Hiring Underway
Supervisory SARC



SFC Jerri Osborne
Team 1 SARC
jerri.l.osborne.mil@army.mil
Office: 913-684-1698
Cell: 913-565-0741
Bldg 77, Room J209,
290 Grant Ave



LTC Craig Arnold
Interim Supervisory SARC
Team 2 SARC
craig.d.arnold.mil@army.mil
Office: 913-684-2818
Teams: 520-692-8849
Cell: 913-704-9604
Bldg 197, 632 McClellan Ave



SFC Jacob Roach
Team 3 SARC
jacob.w.roach.mil@army.mil
Office: 913-684-0956
Cell: 913-547-5075
835 Sabalu Rd

For Assistance contact
LTC Craig Arnold

Hiring Underway
Team 4 SARC



Ft Leavenworth SHARP Resource Center
Building 197, 632 McClellan Ave
Fort Leavenworth, KS 66027
Contact the team at usarmy.leavenworth.cac.mbx.cac-sharp@army.mil

We Have Realigned Under a New Installation Model

- Team 1** AAFES, ACS, AFC, ARI, CDID, Cemetery, CID, CPAC, DeCA, DES, DLA,DMPA, FMWR, LRC, MCCoE, MICC, Museum, NEC, PAO, RCI Housing, TDS/SJA, TRAC, USAFMSA, USAG HQ, USASMDC, USD 207, and US STAG CMD.
- Team 2** CAC HQ, CAC-T HQ, MCTP, NSC, STB, TMD, 505th CCW and 500th/67th MP
- Team 3** ACB, MWJRCF, USDB
- Team 4** Army U, CGSC, Dental, DLI, MAHC staff, Patients, SAMS, SOF, TRADOC, Veterinarian, and Other Service Staff tenant personnel

Vacant

Hiring Underway
Team 1 Victim Advocate



Ms. Nicole Hernandez
Team 2 Victim Advocate
Maureennicole.n.hernandez.civ@army.mil
Office: 913-684-5230
Cell: 913-544-9243
Bldg 58, 614 Custer Rd



Mr. Josh Belle
Team 3 Victim Advocate
joshua.p.belle.civ@army.mil
Office: 913-684-0956
Cell: 913-680-5699
835 Sabalu Rd

For Assistance contact the
SHARP Hotline

Hiring Underway
Team 4 Victim Advocate

Fort Leavenworth 24/7 SHARP Hotline
913-683-1443
DoD Safe Help Line
877-955-5247

- Sexual Harassment Complaint Reporting Option**
Formal | Informal | Anonymous
- Sexual Assault Reporting Option**
Restricted | Unrestricted
- Retaliation Reporting Options**
Command | IG | SARC | DoD Safe Helpline



#NotInOurArmy
As of 13 August 2024

Operation RESPECT

Supervisors and Leaders, join the Fort Leavenworth Family Advocacy Program in an interactive workshop designed and presented by Dr. Diandra Poe DSW, LMSW

MS Teams
September 26
Session 1: 0900 - 1130
Session 2: 1300 - 1500
Free Workshop

Don't miss this opportunity to hear from Army Veteran, Dr. Diandra Poe, as she shares vital skills on how to become an effective and empathetic leader in today's rapidly changing culture.

Must be 18+
Register by September 24
(Link will be provided after registration)
Call 913-684-2822/ 684-2808

Dr. Poe has designed a comprehensive, implementable prevention program that is specifically geared toward Military Leaders to utilize in the continuing effort to end domestic and sexual violence in our military.

- Topics that will be covered include:
- How to recognize the signs of Mental Health issues
 - How to effectively intervene to prevent Sexual Assault and Domestic Violence
 - Cultivating Healthy Relationships
 - What is Herd Mentality, Grooming Behavior and how to recognize it
 - Professional Boundaries and Leadership
 - Bystander Intervention
 - Cultural Norms and Behaviors



You asked and we have listened! We're excited to announce the August Lunch and Learn Schedule for ACS. All classes will be offered at the Resiliency Center (Building 198) in the ACS Conference Room from 1130 - 1300.

Mark your calendar now and make plans to join us to improve your financial knowledge, ask questions and get answers about these important topics.

- 8/6 - How to be Successful at Investing in your TSP (Thrift Savings Plan)
- 8/13 - How to Improve Your Credit Score and Protect Your Security Clearance
- 8/20 - Money Personalities & Financial Planning
- 8/27 - Bundles of Joy! Preparing Financially for a New Baby

Can't make a class, but want to know more about that topic? Call or text to make a 1:1 appointment to meet with our Personal Financial Counselor to discuss anything pertaining to your money situation or goals!
816-500-3163.

ACS Employment Readiness Program Menu of Services

One-on-one appointments and workshops to assist with:

- Career exploration and planning
- Skills and personality assessments
- Education and skills attainment
- Civilian and Federal resume assistance
- Employer referral and job search assistance
- Interview skills and professionalism

For more information, contact the ACS Employment Readiness Program Specialist
913-684-2835/2800

If you experienced sexual trauma during your military service, VA can help.

Free Services
The Department of Veterans Affairs (VA) offers free health care and other benefits for current and former Service members who experienced sexual assault, harassment or abuse during military service, also known as military sexual trauma (MST).

For Current Service Members
Current Service members (including current National Guard and Reserve members) can access confidential MST-related counseling at VA's Vet Centers without a referral and care at VA medical facilities with a Department of Defense referral.

No Report or Evidence of MST Needed to Receive Care
No report to authorities or other documentation of the MST experience is needed to receive health care services.

For more information, scan the QR code, download the Beyond MST mobile app, or visit/call:

CLEARED www.mentalhealth.va.gov/mst
For Open Publication www.va.gov/find-locations
Jul 25, 2024 **1-800-698-2411**

Department of Defense OFFICE OF PREPUBLICATION AND SECURITY REVIEW 24-P-0880

Ft. Leavenworth International Loan Closet

Located in the alley off McClellan & Kearny
Hours Vary, Check FB Page

Donations & Volunteers Welcome

Employment Readiness Program Classes

ACS Classroom • Resiliency Center, 600 Thomas Ave.
Wednesdays • 12PM - 2PM*

- Resume Writing:**
Mar 20* • June 19* • July 17*
Aug 14* • Sept 25*
Evening Classes:
May 22 • Aug 14 - 5PM - 7PM
Registration required for evening classes
- Federal Employment:**
Jan 17* • Mar 6* • April 10*
May 8* • June 5* • July 10*
Aug 7* • Sept 11* • Oct 9* • Nov 6*
Evening Classes:
May 15 • Aug 7 - 5PM - 7PM
Registration required for evening classes
- Interview Skills & Professionalism:**
Feb 21* • May 22*
July 24* • Aug 21*

Classes are from 12PM - 2PM
Registration is required for evening classes only.
Open to DoD ID card holders.

For more info call: (913) 684-2800

Financial Readiness Milestone Training

Are you financially prepared for what life throws your way? Let us help! We offer free Financial Readiness Training on a variety of subjects.

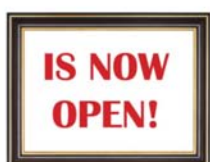
Some of the topics we will discuss:

- Pre-Deployment
- Post-Deployment
- PCS
- Marriage
- Divorce
- Vesting in TSP
- Promotion
- First Child
- Continuation Pay
- Disabling sickness/injury/condition

Held monthly every 2nd & 4th Thursday @ 0900am - 1100am.
Bldg 198 Room 157

INFO: 913-684-2852 / 280

The Fort Leavenworth Frame Studio



IS NOW OPEN!
Come see us!
Arts & Crafts Studio
310 McPherson Ave
(913) 684-3373

Intro to Framing:
(\$40 a class must pre-register)

Every 2nd Thursday of the month from 10am - 2pm
Every 4th Saturday of the month from 10am - 2pm
Deadline to register is the day before class.
Ages 18+



The Frame Studio is available for all of your framing needs!

- Military Prints
- Art Projects
- Photography Prints
- Graduation Certificates
- Etchings/Engravings
- Restoration

Fort Leavenworth Bicycle Rider Rules

- Wear a helmet that has been approved by the American Society for Testing and Materials or that meets or exceeds the Snell Foundation Safety Standard.
- Don't ride your bicycle on Grant Avenue, use the sidewalk. Always walk your bike through crosswalks.
- You may ride on all sidewalks but should warn pedestrians as you approach (a bell or horn is encouraged) and always yield right-of-way to pedestrians.
- If you ride during limited visibility (night, fog, rain etc.) you must have a headlight and rear reflector.
- Riding in the National Cemetery is prohibited as well as inside of the golf course.
- Don't wear headphones while bike riding.

August & September

Watercolor & Acrylic Workshops

\$30 per workshop

Cost includes all supplies!

Watercolor (Basic Techniques)
Tuesday, Aug 20
11am - 1pm
Tuesday, Sept 17
6pm - 8pm

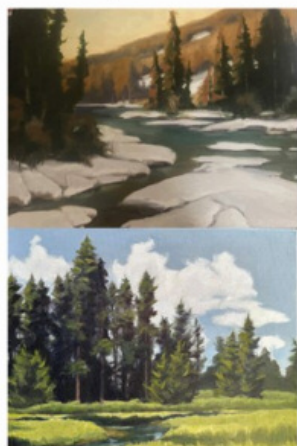
Watercolor (Color Theory)
Tuesday, Aug 27
11am - 1pm
Tuesday, Sept 24
6pm - 8pm

Watercolor (Autumn Leaves)
Tuesday, Sept 3
11am - 1pm

Watercolor (Autumn Wreaths)
Tuesday, Oct 1
6pm - 8pm

Acrylic (Basic Techniques)
Wednesday, Aug 28
11am - 1pm

Acrylic (Intermediate)
*Must sign up for both
Wednesday, Sept 4
11am - 1pm
Wednesday, Sept 18
11am - 1pm



scan for more info

Call now to register!
913-684-3373

Arts & Crafts Studio
310 McPherson Ave
913-684-3373

OPEN STUDIO
Hours 10am - 5pm T - F
Ask about our Hourly Fees

Multi-Craft Room
Come use our provided supplies to craft with the whole family!

Painting Studio
Provided watercolor and acrylic supplies to create your own masterpiece.

Framing Studio
Must take Intro to Framing before using DIY Framing Studio.

Pottery Studio (Coming Soon!)

Modern Calligraphy

Basics

\$20 per class
Tuesday
Aug 20
6:30pm - 8pm

Special Projects

Birthday Cards
Tuesday
Sept 3
6:30pm - 8pm

Intermediate

\$20 per class
Tuesday
Aug 27
6:30pm - 8pm



Reoccurring Classes

MUST PRE-REGISTER

- Intro to Framing**
\$40 per class
Every 2nd Thursday & 4th Saturday of the month
10am - 2pm
- Paint & Sip**
\$35 per session
Every 2nd Friday of the month
6pm - 8pm
Must be 21 years or older.
BYOB

Come see what's new at the Studio!

leavenworth.armymwr.com



August & September Workshops

Acrylic

\$35 per class
Acrylic Pour
Wednesday, Aug 14
11am - 1pm
Acrylic Pour
Wednesday, Sept 25
11am - 1pm



Framing

\$40 per class
Intro to Framing
Must pre-register
Thursdays
Aug 8, Sept 12
10am - 2pm
Saturdays
Aug 24, Sept 28
10am - 2pm

Crafts

\$35 per class
Wooden Growth Chart
Friday, Aug 16
11am - 1pm
Wooden Birthday Calendar Board
Friday, Sept 27
11am - 1pm



Call now to register!
913-684-3373

Arts & Crafts Studio
310 McPherson Ave
913-684-3373

Paint & Sip

\$35
Must be 21 years or older.
BYOB



Hot Air Balloons
Friday
August 9
6pm - 8pm



Monarch Butterfly
Friday
September 13
6pm - 8pm

Cost includes all supplies!

Come see what's new at the Studio!

leavenworth.armymwr.com



Kids Arts & Crafts

Messy Art

\$12 per class (ages 7+)
Thursday, Aug 15
11am - 12pm
Thursday, Sept 19
11am - 12pm

Color Me Happy (Parent & Toddler)
\$10 per class

Thursday, Aug 22
10:30am - 11:30am
Thursday, Sept 12
10:30am - 11:30am
Thursday, Sept 26
10:30am - 11:30am

Art History

\$15 per class (ages 7+)
Milkshakes & Monet
Wednesday, Aug 21
1pm - 3pm
Thursday, Aug 22
4pm - 6pm
Gummies & Goldsworthy
Wednesday, Sept 18
1pm - 3pm
Thursday, Sept 19
4pm - 6pm



Come see what's new at the Studio!

leavenworth.armymwr.com



GOLD STAR FAMILY
Free Access Voucher

2024 - 2025
Valid through August 31, 2025




Present this voucher upon arrival, or fold here and leave this side up on your dashboard at unstaffed sites

Print this page!
Keep it in a safe place until you are ready to use.

Please read and check box:

I hereby affirm that I am an eligible next of kin (NOK) of a member of the United States Armed Forces who lost his or her life in a qualifying situation, such as war, an international terrorist attack or a military operation outside of the United States while serving in the United States Armed Forces, as identified in sections 3.2 (Qualifying Situations) and 3.3 (Eligible NOK) of Department of Defense Instruction 1348.36.

Print Your First and last Name: _____

Sign your name below: _____

Know Before You Go
With this voucher, entrance fees for the National Park Service, U.S. Fish and Wildlife Service, and standard amenity recreation fees for Bureau of Land Management, Bureau of Reclamation, U.S. Army Corps of Engineers, and Forest Service sites will be waived for Gold Star Families.

- ★ Valid for qualified holder of the voucher and occupants of a single, private non-commercial vehicle OR holder of the voucher and three persons (16 and older) where per person fees are charged.
- ★ Void if altered
- ★ Non-Transferable
- ★ Valid photo ID required
- ★ Representations of the voucher are prohibited; must show physical voucher.
- ★ The voucher does not cover expanded amenity fees, such as parking fees, camping, special recreation permits, tours, etc. May not cover organized groups or concession operated facilities or activities. Check with the site ahead of time to find out.

Federal law at 18 USC 1001 makes it a crime in any matter within the jurisdiction of any department or agency of the United States for any person knowingly and willfully to falsify, conceal, or cover up by any trick, scheme, or device a material fact, to make any materially false, fictitious, or fraudulent statement or representation, or to make or use any false writing or document knowing that it contains a material false, fictitious, or fraudulent statement or entry. Violations of 18 U.S.C. 1001 are punishable by fine of up to \$10,000, imprisonment of up to five years, or both.

Playground Palooza!

Every 2nd Tuesday from 9am - 10am
@ The EFMP Playground
(through the month of October 2024)

Come out and get to know other EFMP Families while the kids play! Every month there will be a NEW and EXCITING activity for the kids!
Open to EFMP Families only.

Registration is required the Friday before the event.
Call 913-684-2871 or 913-684-2800 for more info

Activities*
May- Chalk Art
June- Art Easels
July- Popsicles
August- Bubbles
September- Juice Boxes
October- Pumpkin Decorating
*Subject to change

EFMP Exceptional Family Member Program

Upcoming Events at FHC

IN AUGUST 2024

TUE 06	WATER WARS 2 Teams battle in a series of team water relay events! Invite your friends & bring a towel.
FRI 09	BACK TO SCHOOL BASH Craft for you, Gift for your teacher, Snacks
THU 22	THE ART OF MOVING Ages 8-13 Come to process moving/others moving away through art in community.
TUE 27	FALL FIELD DAY Come out to run through the obstacle course and fitness challenges.

For more info: email me at kwinsand@tmo.com

EFMP RECREATIONAL BOWLING

Every first Saturday of the month
12:00pm - 2:00pm
Strike Zone Bowling Center
165 Fourth St

Meet other EFMP families!
EFMP Recreational Bowling is a fun way to socialize, and sharpen fine motor skills.

All ages welcome!
FREE for the entire family including shoes!
Bumpers, bowling ramps, and lightweight bowling balls are available.

Pre-registration is required the Wednesday before the event.
Call 913-684-2800 for more info or to register

MWR **ACS** **EFMP**

Need to talk to someone who "gets it"?
Come join your fellow EFMP Spouses for

"Refreshing Conversations"

Let's talk about the topics that impact our EFMP community!

Every first Thursday of the month
@ the ACS classroom
in The Resiliency Center
10:00 am - 11:00 am

Oct 5
Nov 2
Dec 7
Jan 4
Feb 1
Mar 7
Apr 4
May 2
Jun 6

Enjoy light refreshments, a delicious drink of the month, and great conversation!

Please register by calling 913-684-2800 or 913-684-2871

ACS **EFMP**

VOLUNTEER BASICS

JAN 10 • MARCH 13 • MAY 15 • JUNE 26 • AUG 28 • SEPT 4
ACS CLASSROOM • 600 THOMAS AVE.
TIME: 12PM - 1PM

DO YOU WANT TO MAKE A DIFFERENCE IN OUR COMMUNITY? IF SO, THEN BE SURE TO CHECK OUT VOLUNTEER BASICS. LEARN ABOUT VOLUNTEER OPPORTUNITIES ON FORT LEAVENWORTH AND IN THE COMMUNITY. PARTICIPANTS WILL LEARN THE BENEFITS OF VOLUNTEERING AND HOW TO PROPERLY LOG HOURS INTO THE VOLUNTEER MANAGEMENT INFORMATION SYSTEM (VMIS).

REGISTRATION IS NOT REQUIRED. JUST SHOW UP.

INFO: (913) 684-2855

ARMY COMMUNITY SERVICE ACS
Real-Life Solutions for Successful Army Living

Victim Advocate Hotline: (913) 684-2537
Child Abuse Hotline: (913) 684-2111
SHARP Hotline: (913) 683-1443
Chaplain: (913) 683-1443
AER Assistance After Hours:
American Red Cross at (877) 272-7337

ARMY COMMUNITY SERVICE ACS
Real-Life Solutions for Successful Army Living

Update
As of: 19 October

ACS WILL BE CLOSED THURSDAYS FROM 0800-1300 FOR STAFF TRAINING.

FOR IMMEDIATE ASSISTANCE: 913-684-1669
FOR VICTIM ADVOCATE: 913-683-2537

We are sorry for the inconvenience.

August 2024 Event Schedule

ARMY COMMUNITY SERVICE ACS
Real-Life Solutions for Successful Army Living

<p>New Parent Support Program</p> <p>Stroller Walk Tuesdays, 9:00am - 10:00am</p> <p>Play Morning Thursdays, 9:00am - 10:00am & 10:00am - 11:00am Resiliency Center Playroom</p> <p>Breastfeeding Class Aug. 5, 5:00pm - 7:00pm Resiliency Center, Room 157</p> <p>Newborn Care Class Aug. 12, 5:00pm - 7:00pm Resiliency Center, Room 157</p> <p>Potty Training Class Aug. 19, 5:00pm - 7:00pm Resiliency Center, Room 157</p> <p>Dad's Night Out Aug. 21, 6:00pm - 8:00pm Restaurant is TBD</p> <p>Mom's Night Out Aug. 28, 6:00pm - 8:00pm Restaurant is TBD</p> <p>Personal Financial Counseling</p> <p>Lunch and Learn Tuesdays, 11:30am - 1:00pm Resiliency Center, Room 145</p> <p>One-on-One Appointments Call or text 816-500-3163</p>	<p>Family Advocacy</p> <p>Back to School Bowling Party! Aug. 2, 11:00 am - 1:00pm Strike Zone Bowling Center *Registration Required</p> <p>Mom & Me Crocheting Aug. 6, 1:00pm - 3:00pm Resiliency Center, Room 157</p> <p>Scream Free Parenting Aug. 7, 1:00pm - 2:30pm Resiliency Center, Room 145</p> <p>Workshop & Workout! Aug. 10, 11:00am - 12:30pm Resiliency Center, Room 157</p> <p>Anger Management Aug. 11, 11:30am - 1:00pm Resiliency Center, Room 145</p> <p>5 Love Languages of Teenagers Aug. 14, 1:00pm - 2:30pm Resiliency Center, Room 145</p> <p>Relocation Readiness</p> <p>In-Processing Brief Tuesdays, 9:00am - 10:00am Resiliency Center, Room 157</p> <p>OCONUS Levy Brief Tuesdays, 10:00am - 11:00am Resiliency Center, Room 157</p>	<p>Exceptional Family Member Program (EFMP)</p> <p>Refreshing Conversations Aug. 1, 10:00am - 11:00pm Resiliency Center, Room 157</p> <p>EFMP Recreational Bowling (free) for EFMP Members and their Families Aug. 3, 12:00pm - 2:00pm Strike Zone Bowling Center *Registration Required</p> <p>Playground Palooza! Aug. 13, 9:00am - 10:00am EFMP Playground *Registration Required</p> <p>Hoops with Troops Aug. 29 - Sept. 19, Thursdays, 4:30pm - 5:30pm Harney Sports Complex</p> <p>Employment Readiness Program</p> <p>Federal Employment Aug. 7, 12:00pm - 2:00pm Aug. 7, 5:00pm - 7:00pm *Registration Required Resiliency Center, Room 157</p> <p>Resume Writing Aug. 14, 12:00pm - 2:00pm Aug. 14, 5:00pm - 7:00pm *Registration Required Resiliency Center, Room 157</p> <p>Interview Skills & Professionalism Aug. 21, 12:00pm - 2:00pm Resiliency Center, Room 157</p> <p>Volunteer Basics Aug. 28, 12:00pm - 1:00pm Resiliency Center, Room 157</p>
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Resiliency Center, 600 Thomas Ave, Building 198
913-684-2800 // 913-684-HELP(4357)
Hours: Monday - Friday, 7:30am - 4:30pm
Follow us on Facebook! @FortLeavenworthACS

CALL ACS TO REGISTER FOR CLASSES TODAY! ALL EVENTS LISTED ARE FREE!

ACS New Parent Support Prenatal Classes

Childbirth Classes:
Series of three classes
January 8th, 22nd, 29th
March 4th, 11th, 18th
May 6th, 13th, 20th
July 15th, 22nd, 29th
September 16th, 23rd, 30th
November 4th, 18th, 25th

Newborn Care Classes:
February 12th
April 15th
June 10th
August 12th
October 21st
December 9th

Breastfeeding Classes:
February 5th
April 8th
June 3rd
August 5th
October 7th
December 2nd

Free for Expectant Parents!

600 Thomas Ave
Room 157
All classes are from 5 pm - 7 pm

Deadline for Registration is the Friday before the class. Pre-registration is required.
Contact 913-297-3212

Come join us to learn the cues to look for when deciding to potty train! Learn valuable tips to get you started!

ACS New Parent Support Potty Training

Are you ready?

Time to lose the diapers?

FREE For Parents of Children aged 0-4 years
Pre-registration Required
Deadline is Friday before class
Contact 913-297-3212

600 Thomas Ave
Room 157
2/26, 4/22, 6/17, 8/19,
10/28, 12/16
5 pm - 7 pm

Stroller Walk & Talk

Meeting at
The Resiliency Center
600 Thomas Ave
Every Tuesday Morning
March - May
10am - 11am
June - Sept
9am - 10am

This is a FREE opportunity to meet other parents of small children, get healthy and socialize all while enjoying the walking paths of Ft. Leavenworth!

Offered to expecting parents and to parents of children through 3 years of age. Must bring your own stroller. Register the day before!

POC 913-297-3212

MOM'S NIGHT OUT

This NEW event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.

Jan 31 • Feb 28 • March 27 • April 24
May 29 • June 26 • July 31 • Aug 28
Sept 25 • Oct 30 • Nov 20 • Dec 11

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old.

Info: (913) 297-3212 or (913) 684-2800

DAD'S NIGHT OUT

Dad's Night Out is offered by ACS New Parent Support Program for Dads of children 0-3 years of age to get out of the house without the kids and meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.

Jan 24 • Feb 21 • March 20 • April 17
May 22 • June 12 • July 24 • Aug 21
Sept 18 • Oct 23 • Nov 13 • Dec 4

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Dads with children 0-3 years old.

For more info: (913) 297-3212 or (913) 684-2800

SCREAM FREE Parenting

ACS Conference Room 145
600 Thomas Ave
From 1:00 - 2:30pm
June 5, July 10, Aug 7, Sept 4, Oct 2, Nov 6 Dec 4

Frustrated? Overwhelmed? Let us help you focus on staying both calm and connected with your loved ones. We'll work together to find the tools to revolutionize your relationships with your children.

This class is recommended for parents with children aged 5+.

FREE
Open to all DOD ID holders 18+
leavenworth.armymwr.com

Call to register (deadline is day before training)
913-684-2811 / 2808

ACS Family Advocacy New Parents Support Program Presents

Toddler Time Playgroup

- Free toddler play group.
- Open to ages 2-3 years old with adult.
- Offers an introduction to preschool routines, explores educational concepts, and builds social skills through hands on experiences and activities.

Wednesdays @ 9:00am

Located at the Army Community Service Resiliency Center
600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text 913-297-3212 or 913-297-9704

ACS Family Advocacy New Parent Support Program

Play Morning
Thursdays from 9-11:00 a.m.
Ages 3 months - 3 years with Guardian • Resiliency Center

Free play group for ages 3 months - 3 years and their parents/guardians.

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.

Army Community Service | Resiliency Center | 600 Thomas Ave. | Fort Leavenworth, Kansas
Registration required, cut off is day before event (913) 297-3212 or (913) 684-2800
www.facebook.com/acs.fortleavenworth

ACS Family Advocacy New Parents Support Program Presents

Storytime!

Free
Open to ages 3 months - 3 years old with adult.

Join us for storytime to use our imagination and develop a love of books

Storytime fosters early literacy skills, language development, and social growth.

Every Wednesday @ 10:00 am

Located at the Army Community Service Resiliency Center
600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text 913-297-3212 or 913-297-9704

5 Love Languages of Teenagers

Do you ever feel like you and your teen are speaking another language?

The "5 Love Languages of Teenagers" class is geared toward caregivers that want to communicate with their teens in a way that everyone feels heard, understood, and most importantly loved.

ACS Classroom 145
Feb 14, May 8, Aug 14, Nov 13
1-2:30pm
FREE

Open to all DOD civilians, active duty, and retired military that are caregivers raising teens
Call to register (deadline is day before class)
913-684-2822 / 2808

ARMY MOVING OPTIONS

Government PCS
100% Government Help
Here, you are electing for the military to hire movers to transport and unpack your household. The best part is that they pay for the process as well!

DITY(or PPM)
Do It Yourself / Personally Procured Move
In a DITY / PPM military move you are agreeing to pack, load, move and unload your items yourself. With this type of move, you can still receive some reimbursement for the move.

Partial-DITY Move
Part DITY, Part PCS
A partial-DITY is a perfect blend of the aforementioned types of military moves. With a partial DITY, you will get to determine exactly what goods the government will move for you and what you will move on your own.

U.S. ARMY

ACS Family Advocacy Program Presents:

ANGER MANAGEMENT

Jun 13 • Aug 22 • Oct 17 • Dec 5
Thursdays from 11:30AM - 1PM
ACS Conference Room, Room 145

Learn how to identify the different kinds of anger and ways anger is expressed. Build skills to deal with strong and destructive behavior and emotions.

FREE and open to DoD ID card holders 18 and above.

Childcare not provided.

Registration is required, and must be done the day before the class.

For more info or to register call, (913) 684-2808/2822

ACS FAP Presents:

5 Love Languages for Couples

January 10 • July 10 • October 9 // 1:00PM-2:30PM
ACS Classroom 145

The 5 love languages couples focuses on the strengthening the connections while learning the core patterns when speaking or giving love to others, and how love is received. Learn how to stay connected, translate love languages and improve relationships.

Deadline to register is day before each class.
FREE and open to DoD ID card holders 18+.
For more info: (913) 684-2811/2808

Scan the QR Code for more info about FAP.

INTRAMURAL FLAG FOOTBALL

Season starts: Thursday, September 5.

Coaches Meeting: Thursday, August 15 5:30PM @ Gruber Fitness Center.

Team Rosters and/or Letters of Intent due COB Wednesday, August 28.

Games: Tuesdays and Thursdays 5:30PM - 8:30PM @ Gruber Football Field.

Open to Active Duty, DoD Civilians, Retirees, Dependents, Spouses, and Contractors working on Fort Leavenworth ages 18 and older.

League awards given for regular season champions, tournament runner ups, and tournament champions.

Info: 913-684-3224/684-5136
leavenworth.armymwr.com

Bowling leagues

Strike Zone Bowling Center // 165 Fourth St.
Info: (913) 651-2195

Tuesday Unit Organization
Meeting: Aug 27 // 6:30PM
League begins: Sept 3 // 6:15PM
Handicap league, 4 person teams

Thursday Morning Ladies (Spouses Sub Club)
Meeting: Aug 29 // 9AM
League begins: Sept 5 // 8:45AM
Handicap league, 3 woman teams

Saturday Morning Youth (kids ages 3-18)
Meeting: Sept 17 // 10AM
League begins: Sept 24 // 9:45AM
Handicap league - 3 divisions, size determined by participation

2024 FT LEAVENWORTH CAC GOLF SCRAMBLE SERIES

April through October; last Friday of each Month

\$50 Members; \$60 Non-Members; Includes all Fees, Range, Lunch, Beverages, Tee Gift and Prizes.
Lunch and Driving Range Open at 1200; Shotgun start at 1300*
*July & August 1200 start
APR 26, MAY 31, JUN 28, JUL 26, AUG 30, SEP 27, OCT 25

Trails West Golf Course // 306 Cody Rd
To register or for additional information call 913-651-7176

WEIGHTLIFTING

First Class is Free!

Learn proper Olympic Lifting technique and how to safely resistance train. Programming is designed to increase Muscle Mass, Strength, and Power. Resistance training has been shown to increase bone density, metabolic rate, cognition, reduce fat accumulation, lower risk of heart disease, and so much more. Start enjoying the benefits!

CLASSES MEET MON, WED, FRI 9:00-10:15 AT HARNEY GYM
\$10 DROP IN RATE OR \$75 MONTH

FOR MORE INFO, (913) 684-2190

FUN SHOOT

Brunner Range
1st Saturday of the Month

Jan 6 - Dec 7 2024
Feb 3, Mar 2, Apr 6, May 4, Jun 1, Jul 6, Aug 3, Sep 7, Oct 5, Nov 2

Registration is required and can be done the day of the event from 9AM-10:30AM.

Space is limited so register early.

Rental guns and shells are available or bring your own.

Prizes and awards distributed at the end of each shoot.

Info: (913) 651-8132
701 Sheridan Drive

Brunner Range 2024 LEAGUE SCHEDULE

Winter Combo
4 January - 7 March

Spring Combo
21 March - 23 May

Summer Warm-up
6 June - 11 July
18 July - 22 August

Fall Combo
5 September - 7 November

Winter Warm-up
14 November - 19 December

Each league has a one-time payment of \$25
Payment is held for prizes at the end of each league.
Combo leagues shoot on Thursday evenings. Teams consist of 5(+/-) shooters.
All teams take turns supplying an evening meal at approximately 5:30 pm with shooting commencing at 6:00 pm. Summer and Winter Warm-up leagues are individual with the same fee but no food.

Contact Brunner Range for more information
(913) 651-8132

913 WEIGHTLIFTING

FUNCTIONAL FITNESS CLASSES

CLASSES
Monday - Friday
9:00-10:15am
Harney Gym
185 Fourth Street
Fort Leavenworth, KS

ABOUT
Classes are designed to increase strength, power, speed, agility, and aerobic capacity by Olympic lifting, weight lifting, gymnastics, and plyometrics. This class is ideal for beginners and elite. Get healthier, get stronger, live longer. Enjoy professional programming in a supportive, encouraging environment.

PRICING
Monthly rates
3x week \$75
5x week \$85
Drop in \$10

For more info:
949-291-0386

BRAZILIAN JIU-JITSU CLASSES

With Coach Don Castro

TUESDAY & THURSDAY
1830 - 1930 BEGINNER
1940 - 2040 ADVANCED

Must have 24 Hour Access
Register IN PERSON at the Front Desk, during business hours
Gi and No Gi will alternate every other week.

GRUBER FITNESS CENTER
220 REYNOLDS AVENUE
FORT LEAVENWORTH, KANSAS 66027
POC: 254-436-7156

Starting August 19th, 2024

Fort Leavenworth Group Fitness Classes

GRUBER FITNESS CENTER - 200 Reynolds Ave. - 684-5120
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530			Spin (Karyn)			
0930		Zumba (Lydia)		Zumba (Lydia)		
1200						
1630	Hot Yoga (Kim)	Zumba (Lydia)	Power Cycling (Kim)	Zumba (Lydia)		
1730			Power Yoga (30min) (Kim)			

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

**Power Cut classes are held in the Bubble Gym*

Single Ticket For \$5.00

10 Tickets For \$45.00

20 Tickets For \$80.00

<https://leavenworth.armymwr.com>

Discover Fort Leavenworth's Fitness Facilities

Harney Sports Complex and Aquatics Center
185 Fourth St
913-684-2190
M-F 0500-1800
Sat-Sun 0800-1700

Gruber Fitness Center
200 Reynolds Ave
913-684-5120
M-F 0500-1800
Sat-Sun 0800-1700

YOU'RE JUST A CLICK AWAY FROM A HEALTHIER YOU!

Adult Sports & Fitness

Scan Here for current information about adult intramural sports, pool hours, eligibility, how to register for 24/7 access, and special programs!

Group Fitness

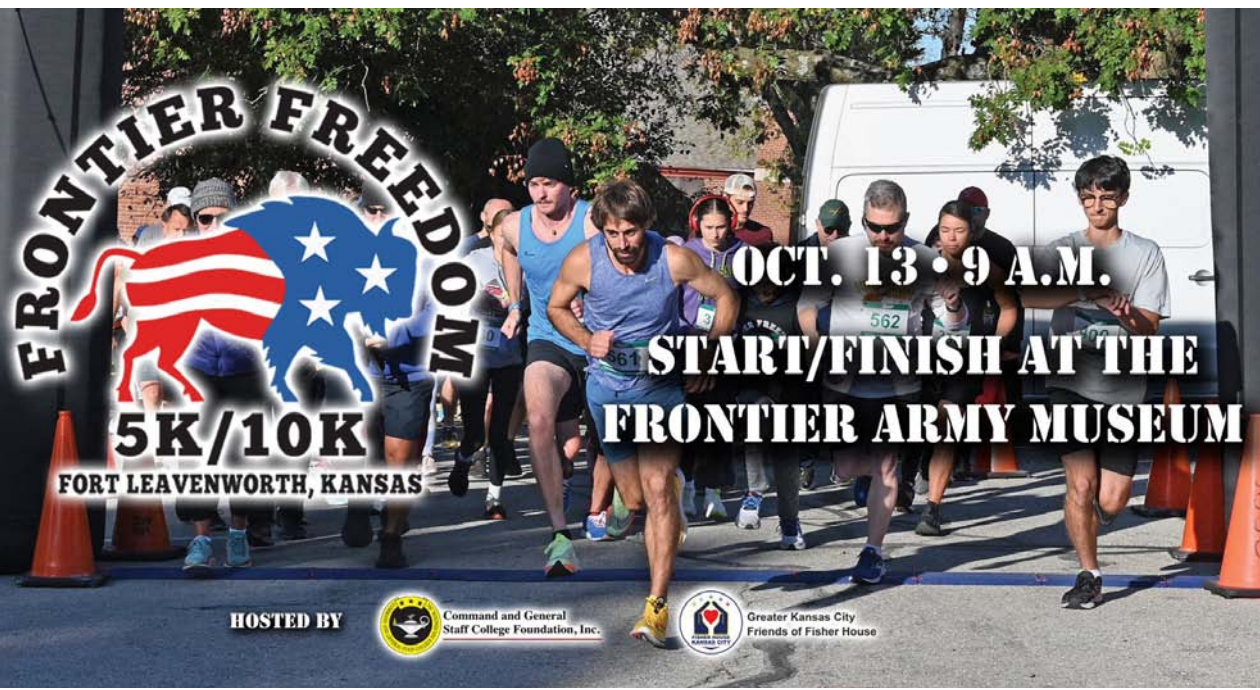
Scan Here for current fitness classes, schedules, fees, and eligibility. FREE for Active Duty!

WE OFFER 24/7 Gym Access
(After registration)

LET'S GO!

DECIDE TO COMMIT TO SUCCESS

leavenworth.armymwr.com



FRONTIER FREEDOM
5K/10K
 FORT LEAVENWORTH, KANSAS

OCT. 13 • 9 A.M.
START/FINISH AT THE FRONTIER ARMY MUSEUM

HOSTED BY
 Command and General Staff College Foundation, Inc.
 Greater Kansas City Friends of Fisher House



FAMILY & MWR WANTS TO HEAR FROM YOU!

2024 Customer Needs Survey
COMING SOON

U.S. ARMY

Fall Youth Sports & Fitness



Fall Running Club
 (3rd - 8th grades)
 (Ages 8 - 14)
 Tuesday/Thursday
 Sept 10 - Oct 26

Season ends with the Halloween 5K.



Flag Football
 (1st - 2nd grades)
 (Ages 7 - 8)
 Tuesday/Thursday
 Sept 10 - Oct 24

(3rd - 4th grades)
 (Ages 9 - 10)
 Monday/Wednesday
 Sept 9 - Oct 23

(5th - 6th grades)
 (Ages 11 - 12)
 Monday/Wednesday
 Sept 9 - Oct 23



Cheerleading
 (Ages 5 - 12)
 Monday/Wednesday
 Sept 9 - Oct 23

Participants will cheer for all 3rd/4th & 5th/6th grade Teams.

Pom-poms, shirt, and skirt are included in the cost.



Soccer
 6 & Under
 (Ages 5 - 6)
 8 & Under
 (Ages 7 - 8)
 10 & Under
 (Ages 9 - 10)

Sept 9 & 10 - Oct 23 & 24

Under 12 & 14 TBA

\$50



\$50



\$55



\$50




Start Smart Flag Football (Ages 3 - 4)
 \$30
 Sept 16 & 18 - Oct 16 & 21



Start Smart Soccer (Ages 3 - 4)
 \$30
 Sept 17 & 19 - Oct 15 & 17

Registration and enrollment will begin **July 8 - Aug 5**. All Youth must have an updated sports physical before first practice. Enrollment can be done at all CYS locations if centrally registered. Webtrac online enrollments can only be done with a Youth Sports Physical that covers the entire season.

Volunteer Coaches are needed!
 For more information call 913-684-7525 or 7526



FORT LEAVENWORTH LEISURE TRAVEL SERVICES TOP TICKETS

Disneyland Military Salute Offer 2024:
 3 DAY Park Hopper
 Our Price \$268.50 W/Genie \$357.75
 4 DAY Park Hopper
 Our Price \$314.25 W/Genie \$433.00

Disney World Military Salute Offer 2024:
 4 DAY Park Hopper
 Our Price \$365.00...W/Water Park and Sports Center \$395.00
 5 DAY Park Hopper
 Our Price \$385.00...W/Water Park and Sports Center \$415.00
 6 DAY Park Hopper
 Our Price \$399.75...W/Water Park and Sports Center \$435.00

Universal Orlando Military Freedom Offer 2024:
 2 Park Freedom Pass
 Adult \$210.00 and Child age 3-9 \$205.00
 3 Park Freedom Pass
 Adult \$245.00 and Child age 3-9 \$240.00

Universal Hollywood:
 1 Day General Admission
 Adult and Child 3+ \$112.00

Go City Go Card:
 Sightssee and save with a Go Card! Discover the best attractions, tours and experiences, all on one pass.
 Worldwide: Austria-Vienna, UAE- Dubai, Mexico-Cancun, and Italy-Rome
 State side: Orlando, Miami, Chicago Los Angeles, San Francisco, Oahu, New Orleans, Boston, Las Vegas, New York, and much more!

Leisure Travel Services
 310 McPherson, Bldg 464
 (913) 684-2540
 leavenworth.armymwr.com


Need a quick bite?

SELF SERVICE Market
 FOOD › SNACKS › DRINKS

Check out these locations

Bldgs: 77	*136
52 120	*635
61 465	*1147

*Some locations require authorized access

ARMY COMMUNITY SERVICE
 600 Thomas Ave, Bldg. 198, Fort Leavenworth, KS 66027, (913) 684-2800/4357
 Monday—Wednesday & Friday 0730-1630 (closed 1130-1230)
 Thursday 1300-1630

ARMY EMERGENCY RELIEF (AER): 913-684-2830. (After Hours call: 877-272-7337)
 Assists Soldiers and their families members in emergency financial situations in the form of loans and grants.

ARMY VOLUNTEER CORPS (AVC): 913-684-2835
 Volunteer opportunities and placement in opportunities with organizations that benefit the Army community

English as a Second Language (ESL) offers multi-level conversational English classes.

EMPLOYMENT READINESS PROGRAM (ERP): 913-684-2835
 Assists with career planning and exploration, resume writing, federal employment, and interview skills.

EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP): 913-684-2871/2838
 Supports family members with special needs by providing information, referrals, and personal services. Support groups, Sensory Story Time, and recreational bowling are available to join.

FAMILY ADVOCACY PROGRAM (FAP): 913-684-2822/ 2808/ 2813/2811
 Focuses on the prevention of domestic violence and child abuse/neglect. Seminars, workshops, and counseling are offered to help improve quality of life.

Victim Advocate (VA) provides initial contact and advocacy for victims involved in abuse. Services include emergency assistance, information, referrals, and support in accessing medical, legal, and behavioral health services.
 24/7 Victim Advocate Hotline— 913-683-2537

New Parent Support Program (NPSP) offers emotional support, parent education, and referrals to expecting parents and parents with children ages 0-3. 913-684-2873 or 913-297-3212

INFORMATION, REFERRAL, & FOLLOW-UP (IR&F): 913-684-2800
 Information counseling about Army Community Service (ACS) programs, installation and community resources, and follow-up after referrals have been made to appropriate resource.

MILITARY FAMILY LIFE COUNSELOR (MFLC): 571-497-9321/256-749-7169
 Licensed professionals who assist Soldiers and family members with non-medical counseling to address short-term concerns and issues of daily life.

PERSONAL FINANCIAL COUNSELOR: 913-684-1717/816-500-3163
 Education, information, and assistance in spending plans, retirement planning, continuation pay, debt management matters, and more.

RELOCATION (RELO): 913-684-2830
 Supports Soldiers and family members moving to or from another duty station. In-processing and out-processing briefs are held each week.

Loan Closet offers kitchen and other household items that can be borrowed for up to 30 days.

Mobilization and Deployment helps to better prepare Soldiers and Families for a pending deployment.

SURVIVOR OUTREACH SERVICES (SOS): 913-684-2821
 Supports Families of Fallen Soldiers. Reassures survivors they remain valued members of the Army Family by offering counseling, support groups, and events within the garrison and surrounding area.



CHILD AND YOUTH SERVICES
 Parent Central and Outreach Services (913) 684-5138
 Youth Sports and Fitness (913) 684-7525
 SKIESUnlimited (913) 684-3207

ARMY COMMUNITY SERVICE
 (913) 684-2800
 EFMP, FAP, ERP, AER, MFLC
 And much more!

RECREATION

Haney Sports Complex (913) 684-2190	Brunner Range (913) 651-8132	Hunt Lodge (913) 684-1830
Gruber Gym (913) 684-5120	Auto Crafts (913) 684-3395	Stables and Horses (913) 684-1703
Outdoor Equipment Rental (913) 684-3395	Rod & Gun Club (913) 684-2035	Stray Facility (913) 684-4934

BUSINESS OPERATIONS

Strike Zone (913) 651-2195	12th Brick Grille (913) 684-2293
Trails West Golf Course (913) 651-7176	RV Storage & POV Lot (913) 651-7176
Frontier Conference Center (913) 684-3825	Clean Paws Pet Wash (913) 651-7176

Connect with Us!
 Facebook: Fort Leavenworth FMWR
 Online: leavenworth.armymwr.com



REMEMBER!
FLFHC RESIDENT HANDBOOK
7.18 PARKING

BOATS

TRAILERS

RV'S

... ARE NOT ALLOWED TO BE PARKED FOR MORE THAN 72 HRS ON THE STREET, DRIVEWAYS, YARDS, OR PARKING LOTS IN THE HOUSING AREAS.

YOU MAY STORE IN A CLOSED GARAGE. FORT LVN HAS A RECREATIONAL VEHICLE STORAGE LOT. CALL FMWR, (913) 684-3395 FOR INFO.

Rotary Club of Leavenworth, KS
2nd Annual
September 14, 2024

German Volksmarch
600 Cherokee St., Leavenworth, KS 66048

Willbott Brewing Company and Taproom
Join us for an afternoon of fun and fellowship in support of the youth in our community!

Registration

<https://lp.constantcontactpages.com/ev/reg/eggurhu/lp/fecfa0ec-89b4-4de0-bc5b-f25f4f84559a>

\$35 Single ticket, \$60 Couples tickets, or \$120 for Family of Four (2 adults and 2 children under age 21). Tickets include entrance to the walk, meal, drink, and souvenir cup.

- 12:00 pm registration and sign in
- 1:00 pm walk begins
- Oompa Band from 2:00 - 4:00 pm.

Griffin Gardens Greenhouse
Opening April 17th!

Monday & Friday 1330 - 1500
Wednesday 0830 - 1030

Located between Griffin Cuts Barbershop & the MWJRCF

FLH Intro to Fox Hunting

4 Sessions - August 25th, September 8th, September 15th from 12:00 - 2:00pm, and September 21st from 10:00 - 1:00pm (Informal Hunt) at McGuire Hunt Fixture (corner of 251st Street and Bayle Road, Easton, KS)

These two-hour sessions will familiarize prospective fox hunters with the varying terrain of hunt country (open fields, woods, stream crossings, steep slopes, etc.) and focus on learning the basics of fox hunting: huntsman; staff and their duties; hunt attire; hunt tack, basic terminology; and essential rider commands.

English Riders, Competitive Trail Riders, Western Style Riders are welcome!

Point of Contact is Master of Fox Hounds Candy Smith, call or text 913-948-0189, or email info@flleavenworthhunt.org

* Please note: Riders should know the basics of riding; these lessons are not meant for beginner riders and riding helmets must be used by all riders.

FORT LEAVENWORTH
PT HEADPHONE USAGE

	Outdoors (In Uniform) Soldiers are not authorized to wear wireless or non-wireless devices/earpieces in uniform while performing physical training outdoors to include running.
	Indoors (In Uniform) Soldiers may use headphones, including wireless or non-wireless devices and earpieces, in uniform while performing individual physical training in indoor gyms or fitness centers. Headphones will be conservative and discreet. Ear pads will not exceed 1 1/2 inches in diameter at the widest part.
	Not in Uniform Soldiers (not in uniform), family members, and DA civilians may wear headphones while running outside on sidewalks or designated run routes. Headphones are not authorized while running on the road/street.

U.S. ARMY

Fort Leavenworth Installation Hunting Brief
Aug 6 - Oct 29 - 19 Times

Aug 2024
Tue, Aug 27 8:00 PM - 9:00 PM
Wed, Aug 28 6:00 PM - 7:00 PM
Sep 2024
Tue, Sep 3 6:00 PM - 7:00 PM
Thu, Sep 5 6:00 PM - 7:00 PM
Tue, Sep 10 6:00 PM - 7:00 PM
Tue, Sep 17 6:00 PM - 7:00 PM
Tue, Sep 24 6:00 PM - 7:00 PM

KANSAS HUNTER EDUCATION

26

MONDAY, AUGUST 26, 2024 AT 5:00 PM - 9:00 PM CDT

Kansas Hunter Education Class
Fort Leavenworth Rod and Gun Club

Mon, Aug 26 Tue, Aug 27 Thu, Aug 29 +1

Fort Leavenworth Electronic Deer Stand Draw

23

FRIDAY, AUGUST 23, 2024 AT 6:00 PM - 6:30 PM CDT

Fort Leavenworth Electronic Deer Stand Draw
821 Sheridan Ave., Fort Leavenworth, KS, United States, Kansas 66027

1

SUNDAY, SEPTEMBER 1, 2024 AT 5:00 AM CDT

Fort Leavenworth Rod and Gun Club Annual Dove Hunt
Kansas Wildlife, Parks and Tourism - Perry Wildlife Area

30

FRIDAY, AUGUST 30, 2024 AT 5:00 PM CDT

Waterfowl Seminar
821 Sheridan Ave., Fort Leavenworth, KS, United States, Kansas 66027

5:00 PM
August 30th, 2024
Rod and Gun Clubhouse

7

SATURDAY, SEPTEMBER 7, 2024 AT 9:00 AM - 11:30 AM CDT

Monthly Fun Shoot
Brunner Range

Sat, Sep 7 Sat, Oct 5 Sat, Nov 2 +8



CYS

We're Hiring NOW!

Join our Team as a **Child and Youth Program Assistant** at Fort Leavenworth!
Pay starts at **\$18.35** per hour

Great pay and benefits!

- Career Progression & Paid Training
 - Retirement & 401K
 - Priority Childcare Placement & Employee Childcare Discounts
 - Regular Full-Time/ Part-Time & FLEX Hours Available
 - Medical, Dental, Vision, & Life Insurance Benefits *
 - Paid Leave, & Paid Federal Holidays for Full-Time & Part-Time
 - Access to Commissary & AAFES Shopping Privileges & MWR Facilities
 - Job Transfer Program Worldwide Through Civilian Employment Assignment Tool
- *Conditions Apply

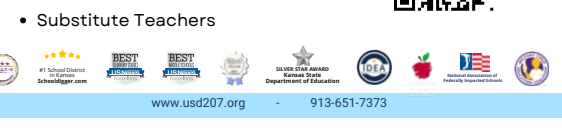
APPLY NOW



Scan here to apply!
ArmyMWR.com/cyscareers

FORT LEAVENWORTH SCHOOL DISTRICT OPENINGS FOR THE 2024-25 SCHOOL YEAR:

- ESOL Instructional Assistant
- Pre-K Instructional Assistant
- Special Education Teacher K-5
- Special Education Teacher 6-9
- Special Education Para Educators
- Food Service Manager
- Food Service Cook
- Part-Time Lunchroom Aides



2024-2025 School Calendar

July 2024

S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Holiday/No School	Parent/Teacher Confs.
Half Day School/No Preschool	Early Dismissal/Release

August 2024

S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

- July 23 Patton New Parent Meeting - 5:00 PM
- July 24 Elem. & Patton Enrollment A-L 8:30 AM - 3:00 PM
- July 25 Elem. & Patton Enrollment M-Z 8:30 AM - 3:00 PM
- Aug 8 Elementary New Parent Meeting - 3:00 PM
- Aug 12 Patton Parent Know Your School - 9:30 AM- 12:00 PM
- Aug 12 Elementary Parent Know Your School - 1:00 PM - 3:30 PM
- Aug 13 First Day of School
- Aug 13-22 Kindergarten Half Days
- Aug 23 Parent/Teacher Conferences - 8:00 AM - 3:30 PM - No School
- Aug 26 Kindergarten Full Day Schedule Starts
- Aug 30 Staff PD Day - No School

September 2024

S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

- Sept 2 Labor Day - No School/No Staff
- Oct 11 Half Day PD/Half Day Grading - No School
- Oct 14 Columbus Day - No School/No Staff
- Oct 17 Parent/Teacher Conferences - 8:00 AM - 7:00 PM - No School
- Oct 18 Parent/Teacher Conferences - 8:00 AM - 12:00 PM - No School
- Nov 11 Veterans Day - No School/No Staff
- Nov 27-29 Thanksgiving Break - No School/No Staff
- Dec 19 Half Day of School/Half Day Grading - No Preschool

October 2024

S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

- Dec 20 - Jan 3 Winter Break - No School
- Jan 6 Staff PD Day - No School
- Jan 7 First Day Back for Students
- Jan 20 Martin Luther King Jr. Day - No School/No Staff
- Jan 31 Parent/Teacher Conf - 8:00 AM - 3:30 PM - No School
- Feb 17 Presidents' Day - No School/No Staff
- Mar 14 Half Day PD/Half Day Grading - No School
- Mar 17-21 Spring Break - No School/No Staff
- April 18 No School/No Staff
- May 15 PJH 9th Grade Graduation
- May 16 Half Day PD/Half Day Grading - No School
- May 23 Last Day for Students - 1/2 Day of School - No Preschool

November 2024

S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

- Dec 20 - Jan 3 Winter Break - No School
- Jan 6 Staff PD Day - No School
- Jan 7 First Day Back for Students
- Jan 20 Martin Luther King Jr. Day - No School/No Staff
- Jan 31 Parent/Teacher Conf - 8:00 AM - 3:30 PM - No School
- Feb 17 Presidents' Day - No School/No Staff
- Mar 14 Half Day PD/Half Day Grading - No School
- Mar 17-21 Spring Break - No School/No Staff
- April 18 No School/No Staff
- May 15 PJH 9th Grade Graduation
- May 16 Half Day PD/Half Day Grading - No School
- May 23 Last Day for Students - 1/2 Day of School - No Preschool

December 2024

S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

School Hours
Elementary School: 8:00 AM - 3:20 PM
Patton Junior High: 7:40 AM - 3:00 PM

Preschool - AM Class: 8:00 AM - 11:00 AM
Preschool - PM Class: 12:20 PM - 3:20 PM

Early Dismissal/Release Times
Elementary School - 1:30 PM
Patton Junior High - 1:00 PM
Preschool - AM Class: 10:00 AM
Preschool - PM Class: 2:20 PM

Fort Leavenworth USD 207 Board Approved: 2/26/2024

January 2025

S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February 2025

S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March 2025

S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2025

S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

May 2025

S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Progress Reports on:
September 11, 2024
November 13, 2024
February 5, 2025
April 16, 2025

Grade Cards on:
October 16, 2024
January 8, 2025
March 26, 2025
May 23, 2025

Quarter Breakdown:
Quarter 1 - Aug. 13, 2024 - Oct. 11, 2024
Quarter 2 - Oct. 15, 2024 - Dec. 19, 2024
Quarter 3 - Jan. 7, 2025 - Mar. 14, 2025
Quarter 4 - Mar. 24, 2025 - May 23, 2025

MG EDWIN "FORREST" HARDING FELLOWSHIP

BE THE NEXT
MILITARY EDITOR-IN-CHIEF FOR
INFANTRY PROTECTION
ARMY SUSTAINMENT

MILITARY INTELLIGENCE
SPECIAL WARFARE
AIR DEFENSE

EARN A MASTER'S DEGREE FROM THE UNIVERSITY OF KANSAS

DEADLINE
SEPT. 10, 2024

BREAKING DOCTRINE

Episode 62
Stewarding the Profession

THE HARDING PROJECT

LTC Zach Griffiths, Dr. Trent Lythgoe, and COL(R) Rich Creed join our host LTC Lisa Becker to talk about The Harding Project. They discuss how Army Professionals advance the Profession of Arms through professional writing and discourse. They examine myths of writing, tips to get better at writing, and writing initiatives within The Harding Project.

<https://podcasts.apple.com/us/podcast/episode-62-stewarding-the-profession-the-harding-project/id1522992251?i=1000663116512>

New available on...

Apple Podcast Audible.com Spotify

CALL FOR PAPERS

The NCO Creative Domain welcomes submissions.

NCO JOURNAL

Fort Leavenworth Care Options Available for Summer 2024 & School Year 2024-2025

Request Before/After School Care & SAC Camps all year round

MILITARY CHILDCARE.COM

Using MilitaryChildCare.com, you can find comprehensive information on child care programs worldwide, conduct a customized search for the care you need, and submit a request for care at any time and from any location. Follow these four steps!

- STEP 1 CREATE ACCOUNT**
Go to MilitaryChildCare.com to create an account containing information about your family, or to login using an existing username and password.
- STEP 2 SEARCH and REQUEST CARE**
Search the system for the child care options that best fit your needs and submit your requests for care.
- STEP 3 MANAGE MY REQUESTS**
You can manage your requests for care from anywhere in the world.
- STEP 4 UPDATE MY PROFILE**
Keep your My Profile page up-to-date with important information.

It's that easy!

To get started, visit [MilitaryChildCare.com](https://militarychildcare.com)
For questions/support call: 855.696.2929

Make sure you are requesting the best Care Option(s) for your childcare needs...
Go to our [CYS Facebook](#) page or [FMWR-CYS website](#) to review the:
Fort Leavenworth CYS Care Options & Waitlist Guide

NCO JOURNAL

CHECK OUT THE NCO JOURNAL PODCAST WHERE WE DISCUSS RECENTLY PUBLISHED ARTICLES WITH AUTHORS, TO PROVIDE AN OPEN EXCHANGE OF IDEAS AND INFORMATION.

<https://www.armypress.army.mil/journals/nco-journal/nco-journal-podcasts/>

<https://www.facebook.com/NCOJournal>

<https://twitter.com/NCOJournal>

ACCESS
Virtually, Everywhere

Army Credentialing and Continuing Education Services for Soldiers

SUBJECT: TUITION ASSISTANCE REQUEST FY24 CLOSEOUT

- All TA Requests for FY24 must be submitted and approved prior to 2000 Eastern Daylight Time (EDT) on 6 September 2024 due to the Army's fiscal year closeout. This only applies to FY24 TA requests with a start date that occurs during FY24, e.g. 1 Oct 2023 through 30 Sept 2024. There will be no exceptions granted.
- Soldiers may continue to create TA Request for courses beginning in FY25, 1 October 2024 and beyond, between 60 - 7 days in advance of the term start date. Remember, FY25 requests are subject to the availability of funds.
- For additional questions, contact your Army Education Center.

ARMYIGNITED

DoD
Safe Helpline
Sexual Assault Support for the DoD Community

safehelpline.org | 877-995-5247

Wireless Emergency Alerts (WEA)
can alert you when weather threatens!

WEAs are emergency messages sent by government authorities to your mobile phone, reserved for life-threatening situations.

Keep WEAs enabled on your phone. It could save your life or the lives of others.

weather.gov

988 SUICIDE & CRISIS LIFELINE

THE MILITARY CRISIS LINE IS AVAILABLE 24/7. DIAL 988 AND PRESS 1.

Call. Text. Chat.
988lifeline.org/chat

U.S. ARMY

MUNSON NOTES

Re-enlistments

■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are **ELIGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE**. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit <https://dvid-shub.net/r/8wttlf>.



Five Soldiers from Munson Army Health Center raised their right hands and reaffirmed their commitment to serve in the United States Army, Aug. 16. Brig. Gen. YR Summons, Commanding General, Medical Readiness Command, West, and Director, Defense Health Network, West, administered the Oath of Enlistment to Sgt. 1st Class Stephanie VanAusdall, Staff Sgt. Samuel Ramos, Staff Sgt. Abigael Santos, Sgt. Amber Strong, and Cpl. Joseph Stoops, at the Buffalo Soldier Monument on Fort Leavenworth, Kansas. During her visit, the general also took time to meet patients, family members, military and civilian healthcare and healthcare support team members at Munson, and hosted a change of command ceremony.

Photo by Munson Army Health Center Public Affairs

Combat Lifesavers



Photos by Munson Army Health Center Public Affairs

Munson Army Health Center soldiers Staff Sergeants Samuel Ramos, ABOVE, and Geteria Hunter, RIGHT, recently provided Combat Lifesaver training to U.S. Disciplinary Barracks Battalion (Corrections) soldiers. CLSs are nonmedical soldiers trained to provide advanced first aid and lifesaving procedures beyond the level of self-aid or buddy aid. CLS is not intended to take the place of platoon combat medics or medical personnel, but the specialized training can slow deterioration of a wounded soldier's condition until treatment by medical personnel is possible.

WE ARE HIRING
Announcements on USA Jobs!

Drink Water!
STAY HYDRATED THIS SUMMER
Proper hydration allows your body to cool down during the hot summer months.
MEET YOUR WATER GOALS!
• Carry a water bottle for easy access on the go
• Choose water instead of sugary drinks when eating out
• Add fruit to your water to give it flavor

DON'T FORGET YOUR DOD ID CARD
MUNSON.TRICARE.MIL

Tornado shelter



Munson Army Health Center Public Affairs

Munson Army Health Center's basement at 550 Pope Ave. is one of the designated tornado shelters on post.

If a tornado watch is activated after duty hours, Medical Department Activity personnel will open the health center for those needing shelter. The building will remain open until all watches or warnings are lifted.

MUNSON ARMY HEALTH CENTER
Medical Emergency
911
In case of a medical emergency, call 911. The health center does not have an emergency center.
MUNSON.TRICARE.MIL

Visit <https://www.facebook.com/munsonhealth/> for updates and information.