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## CGSC DJIMO instructor earns Master Army Instructor Badge

by Jessica Brushwood/Army University Public Affairs

Lt. Col. Jerry Drew, instructor in the Department of Joint, Interagency and Multinational Operations at the Command and General Staff College, has become the first CGSC instructor to receive the Master Army Instructor Badge.

The badge achievement is shared by 178 other instructors at other learning institutions across the Army.

Drew was awarded the badge March 7 after completing the final step, which is an interview with a Master Instructor Selection Board comprised of five leaders from across the Command and General Staff College.

As a DJIMO instructor, Drew also supports the Advanced Operations Course and manages the college's two space electives.



Photo by Zachary Shulte/Army University Public Affairs

**Lt. Col. Jerry Drew, center, Department of Joint Interagency, and Multinational Operations instructor at the Command and General Staff College, answers questions during the Master Instructor Selection Board, the final piece of the Master Army Instructor Badge process, March 7 at the Lewis and Clark Center. Following questioning, the board recommended Drew to become the first CGSC instructor to receive the Master Army Instructor Badge.**

“Engaging with the students is very meaningful for me. I get to see them grow into a more professionally capable version of themselves,” Drew said. “They go from tactically-focused

company-grade officers to junior field-grade officers with a deep appreciation for the operational and strategic levels of war — concepts that most of the students hardly knew existed before

they got here.”

Col. David A. Norris, Command and General Staff School director, served as president of the Master

SEE MASTER ARMY INSTRUCTOR BADGE | A3



Photo by Dan Neal/Army University Public Affairs

**Lt. Col. Jerry Drew, Department of Joint Interagency, and Multinational Operations instructor at the Command and General Staff College, has become the first CGSC instructor to receive the Master Army Instructor Badge.**

## National Security Roundtable connects military, civilian leaders

by Jessica Brushwood/Army University Public Affairs Office

The U.S. Army Command and General Staff College National Security Roundtable — themed “Economic Deterrence – the 21st Century Defense-Industrial Ecosystem” — was conducted March 10-12 at Fort Leavenworth.

NSRT is a joint event with the CGSC Foundation that connects military, civilian and community leaders from across the nation.

The event enables shared understanding of the evolving challenges the leaders face in a volatile, uncertain, complex and ambiguous environment.

Lt. Gen. Milford H. Beagle Jr., Combined Arms Center and Fort Leavenworth commanding general, opened the NSRT by explaining the cost of economic deterrence and keeping the joint force ready, modern and dominant.

“During World War I and World War II, we leveraged the entire United States to help execute the war because our industrial base had changed itself to support that and make sure we could do what we needed to do in conflict,” he said. “Today you don’t necessarily see that.”

Beagle talked about what has changed, associated challenges, and what is being done to adapt and address those factors.

The ability to work effectively with industry to overcome adversity and find creative solutions is the foundation of economic deterrence, and the NSRT’s focus.

CGSC Dean of Academics Dr. David Cotter said the underlying principle of education at the college is preparing leaders to overcome uncertainty and ambiguity.

Throughout the event, NSRT guests participated in a variety of learning opportunities to include observing CGSC and School of Advanced Military Studies curriculum



Photo by Sarah Hauck/Army University Public Affairs

**Guests of the National Security Round Table, conducted March 10-12 at Fort Leavenworth, observe a student-led operational exercise. The exercise was part of the larger event aimed at connecting community and industry leaders with Command and General Staff College representatives to strengthen military-community relationships.**

exercises and panel discussions.

Cotter encouraged community and business leaders to engage in discussions, introducing an alternate lens to address the new challenges of the 21st century.

Retired Lt. Gen. John Martin, former CGSC commandant, observed and mentored a team of Command and General Staff Officer Course students during a division-level sustainment rehearsal.

“Student officers valued the real-life lessons and experiences in large scale combat operations shared by Lt. Gen. Martin,” said Tim McKane, an assistant professor at CGSC.

Similarly, students from the SAMS’ Advanced Military Studies Program provided NSRT guests with an immersive learning experience via a corps-level planning exercise focused on large-scale combat operations, multi-domain operations, and planning for integration of corps capabilities.

Robert Powell, founder of Bromegrass Capital, said the level of detail and cooperation of the student operational planning team was astounding.

“I was interested in how the students framed priority intelligence requirements. They were all phrased as

questions,” he said. “This gave me some knowledge of why it was done that way and is something I can bring back.”

He said he was impressed with the NSRT and the opportunity to see professional military education in action with a scenario officers could encounter in their next assignments.

“The instructors were impressive and engaging. The teaching aspect made it an awesome experience,” Powell said.

NSRT guests also heard from panelists representing CGSC and SAMS’ Advanced Strategic Planning and Policy Program on the theme of economic deterrence, defense industrial base, and industrial challenges of large-scale war.

Instructors from the Command and General Staff School presented information on security and economic dynamics of the Indo-Pacific region and addressed topics such as contested military logistics, resource challenges in the region, and perspectives of regional partners and allies.

The three-day event closed out with Col. Jason Rosenstrauch, Army University provost, leading a session to discuss the evolution of distance learning education.

### AT A GLANCE

■ Motorists are asked to **SLOW DOWN TO 15 MPH** when they cross the barrier by Grant Gate for safety/force protection precautions. **GRANT GATE BARRIER MAINTENANCE** will take place at 7 p.m. March 20. Detour signs will be posted, and traffic will be diverted to Sherman Gate during that time.

■ The **DEADLINE TO APPLY** for the John W. Poillon Memorial Scholarship is March 20. See the Army Education Center for more information.

■ The deadline to submit **VOLUNTEER OF THE YEAR NOMINATIONS** by post-approved organizations has been extended to March 21. **VOLUNTEER HOURS** for March 2024 through February 2025 should have been logged in the Volunteer Information Management System by March 14. Contact the Army Volunteer Corps coordinator at 913-684-2800 or [april.m.rogers6.civ@army.mil](mailto:april.m.rogers6.civ@army.mil) for more information.

■ The **CURRENT STATE OF PLAY** event for all Fort Leavenworth personnel is at 10 a.m. March 27 in Eisenhower Auditorium at the Lewis and Clark Center. Shuttle buses are offered at 9 a.m. from the Mission Command Center of Excellence parking lot, 9:15 a.m. from the Frontier Chapel parking lot, and 9:30 a.m. from in front of Sherman Hall.

■ **VIETNAM VETERANS** will be honored with a commemorative pinning event at 11 a.m. March 28 at the Post Exchange. Call 913-651-7271 for more information.

■ The **PAIR DAY** and **KIDS FEST** event is 10 a.m. to 2 p.m. April 12 at Harney Sports Complex. Call 913-684-1830 for more information.

■ **EASTER SUNRISE SERVICE** is at 6:30 a.m. April 20 at Pioneer Chapel. For a schedule of Lent and Holy Week services, see page A3.

■ The **POSTWIDE YARD SALE** is April 26. See flyer on page B3 for more information.

■ See the **POST NOTES** (B section) for more information on upcoming events.



Used with permission of Virginia Museum of Fine Arts

Washington as Statesman at the Constitutional Convention (detail), 1856, Junius Brutus Stearns, American (1810–1885), oil on canvas. Virginia Museum of Fine Arts, gift of Edgar William and Bernice Chrysler Garbisch, 50.2.1.

# Roadmap to Revolution Part 2: 1775 - The Second Continental Congress

by Walter Napier/Combined Arms  
Center Deputy Command Historian

*Editor's note: This is the second article in a series about major events of the American War for Independence as part of the celebration of the United States' Semiquincentennial, which occurs in 2026, and this year's 250th anniversary of the U.S. Army.*

In April of 1775, tensions finally boiled over between the American colonists and the British when the two sides engaged at Lexington and Concord. Revolution had begun, but how widespread would the revolt be? Would Massachusetts fight alone, or would the other 12 American colonies rally to their cause? On May 10, 1775, representatives from 12 of the 13 colonies met in Philadelphia to discuss what further actions to take in the brewing rebellion.

The men of the Continental Congress were inspired by a complex array of political theories and concepts that were being debated and considered at the time. During the Renaissance, a European movement called Humanism drove a renewed interest in ancient works of history and classical literature. As educated Europeans immersed themselves in the classics of ancient Rome and Greece, they were inspired to promote theories of liberty and

## U.S. ARMY'S 250th ANNIVERSARY

progress. Interest renewed in republican ideals through authors like Polybius, who detailed the mixed constitution of the Roman Republic. Classical studies inspired a new age of enlightenment, where theorists such as John Locke, Adam Smith, Voltaire, Jean-Jacques Rousseau and many others developed or reinvigorated concepts such as social contract theory, liberalism, capitalism, and the separation of church and state. The delegates who made up the Second Continental Congress were educated by the classics, and many were aware of and inspired by Enlightenment ideals. These concepts would be brought to Philadelphia to shape the response to British antagonization, and eventually a new American government.

As the name implies, the congress had met once before, from Sept. 5 to Oct. 26, 1774. This First Continental Congress included 56 delegates from 12 colonies, and convened to decide how to answer the swelling tension with Great Britain. Following the Boston Tea Party in December 1773, the British blockaded Boston Harbor,

and the congress knew they had to respond in a cohesive fashion to have the best chance of success. They also proposed an embargo on British goods and agreed to a Continental Association to present an official unified stance for the first time.

The actions of the first congress were not well received by the empire, and relations with the British rapidly deteriorated to the point that the colonies decided to call for a second congress in Spring 1775. By the time the delegates arrived in Philadelphia, however, Massachusetts was in open conflict with British regulars. The second congress found itself in a difficult situation; the delegates did not seek complete independence. The idea represented an extreme position in early 1775, but the active situation around Boston solidified the delegates' resolve to resist.

The congress decided on a two-fold strategy: prepare for a larger conflict, but also appeal to the crown for a last-minute compromise. Preparation came first. Since Lexington and Concord, there had been no united military

front. The irregular militia formations continued organizing themselves, but there was no larger strategic or operational plan beyond cornering and fighting the British in Boston. On June 14, 1775, the Second Continental Congress voted to create the Continental Army, and the following day elected George Washington to lead it. On July 6, 1775, they published "The Declaration of the Causes and Necessity of Taking Up Arms," which explained the colonies' displeasure with Great Britain, and justified their actions.

For their final appeal, congress signed "The Olive Branch Petition" to King George III on July 8, 1775. The petition requested reconciliation with the king before the conflict grew any worse (largely blaming the king's ministers for the disagreement) and a formal war was declared. Realistically, this petition had little chance of success, as open conflict had already begun. The king never even officially received the petition, because by the time it arrived at court, he had already issued "A Proclamation for Suppressing Rebellion and Sedition" (Aug. 23, 1775) officially declaring the American colonies in open rebellion. Combined with a quickly evolving battle space, and the delay in mail delivery, the appeal to George III proved unsuccessful.

It did, however, give the colonists the ability to argue that they made every possible attempt at reconciliation, and thus war that could not be avoided.

Over the course of the American War for Independence, the Second Continental Congress served as the governing body for the loose alliance of colonies and subsequently the national government of the new United States after declaring their independence in July 1776. They drafted the Articles of Confederation in 1777 (the nation's first constitution), signed treaties and conducted foreign diplomacy. Many of the key names of the early years of the nation served as delegates and representatives to the congress including John Adams, Samuel Adams, John Hancock, Benjamin Franklin, Patrick Henry, Thomas Jefferson and George Washington.

### Further Reading:

"Polybius the Histories" by Polybius

"The Social Contract" by Jean-Jacques Rousseau

"Two Treatise on Government and a Letter on Concerning Toleration" by John Locke

"The Cause: The American Revolution and Its Discontents" by Joseph J. Ellis

## FORT LEAVENWORTH LAMP

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## Master Army Instructor Badge (continued from Page A1)

Instructor Selection Board.

“Great faculty, like Lt. Col. Jerry Drew, are the lifeblood of the Command and General Staff College,” Norris said. “As our newest Master Instructor, Lt. Col. Drew is an influential academic leader who will drive excellence at the enterprise level. He is an example for all to emulate.”

Drew said he feels an obligation to make students better officers who are able to adapt to the “complex and uncertain world.”

“Duty is all-encompassing,” he said. “I think when you take a sincere approach to that idea, the students pick up on the sincerity, and they may gain a slightly different appreciation for their own concepts of duty.”

The Army Faculty and Development Recognition program is voluntary and open to both uniformed and civilian instructors, provided they meet the instructor recognition requirements outlined in Training and Doctrine Command Regulation 600-21.

The Master Army Instructor Badge is the highest level in the tiered

program.

Each level is achieved by meeting the specific instructor competencies with performance outcomes.

Instructors are evaluated by others and themselves through the use of various instruments, which identify strengths and weaknesses, classroom performance, areas to improve and more.

Drew said the process was valuable for his professional development, and it made him a better instructor and more competent lesson author.

In addition to being the first instructor from CGSC to receive the distinction, he is also the first instructor within Army University, which includes CGSC, Army Management Staff College, Warrant Officer Career College and Western Hemisphere Institute for Security Cooperation.

### Qualification Standards

The Basic Army Instructor Badge requires 80 hours of primary instructor time, two instructional observations by a qualified observer, two self-assessments and four peer observations.

The Senior Army In-



Photo by Zachary Shulte/Army University Public Affairs

**Lt. Col. Jerry Drew, right, Department of Joint Interagency, and Multinational Operations instructor at the Command and General Staff College, answers questions during the Master Instructor Selection Board, the final piece of the Master Army Instructor Badge process, March 7 at the Lewis and Clark Center. Following questioning, the board recommended Drew to become the first CGSC instructor to receive the Master Army Instructor Badge.**

structor Badge requires 200 additional hours of primary instructor time (280 hours total), completion of a course developer or course author course, a course rewrite in accordance with TR 600-21 standards, three instructional observations

by a qualified observer, three self-assessments and three peer observations.

The Master Army Instructor Badge requires 200 additional hours of primary instructor time (480 hours total), three instructional observations by a qualified

observer, three self-assessments, four peer observations and recommendation by the Master Instructor Selection Board.

All levels also require a passing score on the Army Combat Fitness Test if the candidate is active-duty

military.

Complete instructor recognition requirements can be found at <https://adminpubs.tradoc.army.mil/regulations/TR600-21.pdf>.

## Scheduled Virtual Visits option at MAHC receiving positive patient, staff feedback

by Maria Christina Yager/Munson Army Health Center Public Affairs

Scheduled Virtual Visits, a new virtual healthcare delivery platform available from Munson Army Health Center, is already making a positive difference during its initial trial.

“We are in the process of a very deliberate roll-out of this virtual health platform, and so far the feedback has been very good from both patients and staff,” said Col. Jolanda L.J. Walker, director of Munson Army Health Center.

The health center adopted the platform in February. The virtual healthcare technology is part of the Defense Health Agency care model called My Military Health.

One of the main benefits of Scheduled Virtual Visits is that it can save patients time and enables them to access care when it is convenient for them. All it takes is a smartphone, tablet or computer with internet, video and audio capabilities.

“It is not a replacement for in-person health care, but an additional option for our beneficiaries to choose from when medically appropriate,” Walker said. “Patients may always choose an in-person visit if they prefer.”

MAHC is currently using the platform for behavioral health and occupational health appointments.

Instead of patients coming to the health center, they can see their care team using this secure technology.

“I feel like Scheduled Virtual Visits capability is pretty easy to use and it flows,” said Rachel Milnark, a registered nurse in the occupational health clinic at MAHC. “All the patient has to do is click on the link we provide when it is time for their appointment, and they will be virtually connected to

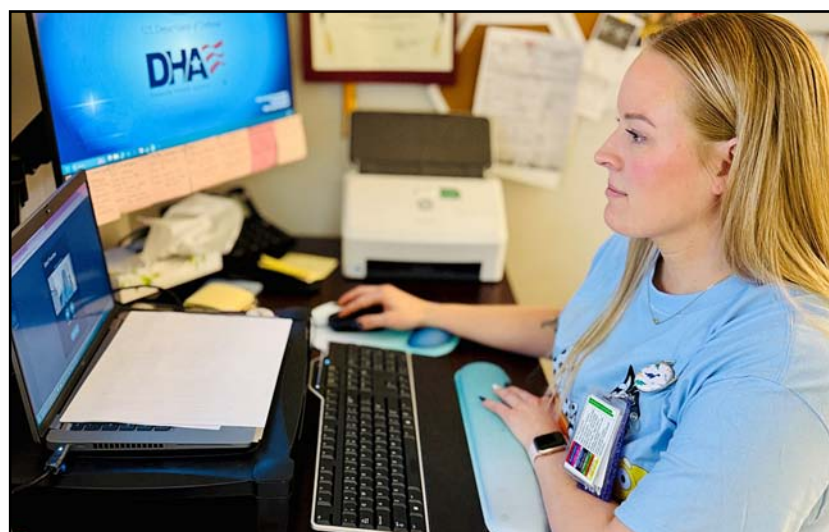


Photo By Maria Christina Yager/Munson Army Health Center Public Affairs

**Rachel Milnark, a registered nurse at Munson Army Health Center, logs in to virtual healthcare delivery platform Scheduled Virtual Visits March 12 at her office at MAHC.**

their provider.”

Milnark has been using the system to complete annual screening for child care providers at the installation’s day care facilities.

“This new system allows (Child and Youth Services) staff to take care of occupational health appointments with minimal disruption,” Milnark said. “They can complete a 15-minute requirement in 15 minutes, rather than leaving the child care facility, traveling to Munson to visit the occupational health clinic in person, and eventually heading back. That can take a lot longer.”

Another provider in the occupational health section uses Scheduled Virtual Visits to complete the “Part 2” portion of occupational health exams for preplacement and replacement physicals for employees on post.

“We have sped up the process from weeks to days for some exams, because the patient is only required to be here one time versus having to come in

multiple times,” said Maj. Meredith Steggerda, MAHC’s chief of Public Health, which includes the occupational health mission for the installation.

Walker said she sees a lot of good opportunities with the platform. She said that she intends to expand the platform into the primary care setting soon.

“We are currently exploring all the possibilities and establishing protocols for implementation at our level — ensuring our providers have the training and technology to use the platform as intended,” Walker said.

Some conditions suitable for Scheduled Virtual Visits include skin conditions, urinary and sinus infections, pink eye, review of test results and specialist reports, medication management, cold and flu, and follow-ups. Learn more at <https://tricare.mil/Plans/SpecialPrograms/MyMilitaryHealth/Virtual-Visits>.

## Lent, Holy Week services schedule

### Protestant Christian Services

**Lenten lunches**, noon to 1 p.m. Wednesdays in room 153 of Frontier Chapel, March 19, March 26, April 2 and April 9

**Good Friday Service**, 6 p.m. April 18 in Frontier Chapel

**Easter Sunrise Service**, 6:30 a.m. April 20 at Pioneer Chapel

**Easter Sunday**, regular chapel schedule, April 20:

- Traditional Protestant, 8:30 a.m. at Pioneer Chapel
- Liturgical Protestant, 9:30 a.m. at Memorial Chapel
- Multicultural Gospel Service, 10 a.m. at Pioneer Chapel
- Contemporary Protestant at 11 a.m. at Frontier Chapel

### Catholic Services

**Stations of the Cross**, 5:30-7 p.m. Fridays in Pioneer Chapel, March 14, March 21, March 28, April 4 and April 11

**Holy Thursday Mass**, 6 p.m. April 17 in Pioneer Chapel

**Good Friday Service**, 3 p.m. April 18 in Pioneer Chapel

**Easter Vigil Mass**, 8 p.m. April 19 at Pioneer Chapel

**Easter Mass**, 9:30 a.m. April 20 at Frontier Chapel



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# Blind horseman visits Buffalo Soldier Monument before starting 240-mile solo ride to Oklahoma



Photo by Prudence Siebert/Fort Leavenworth Lamp

Wearing a reproduction Buffalo Soldier uniform, George Pettigrew, executive vice president of the Alexander/Madison Chapter - Greater Kansas City/Leavenworth Area 9th and 10th (Horse) Cavalry Association, holds quarter horse/mustang cross Lone as he talks with John H. Wooten III, better known as J.W. Wolfman Black, astride Arabian/mustang/Morgan cross Topaz, March 15 in front of the Buffalo Soldier Monument. Black visited the monument before starting a solo ride, with Topaz and Lone as mount and pack horse, from Leavenworth back to his home in Bartlesville, Oklahoma. Black said he planned to ride about 25-30 miles each day along side roads, avoiding the turnpike, before camping at night. He estimated the approximately 240-mile trip would take him about eight to 10 days to complete. Black, who is 75 years old and legally blind, lost his sight in an automobile accident in 1980.

"When I heard Colin Powell dedicated a statue to the Buffalo Soldiers, I wanted to come up and get pictures with the statue and try to ride back to Bartlesville, Oklahoma," Black said. He had initially planned to ride to Fort Leavenworth from Oklahoma, but decided to reverse the route so he could ride south on Highway 75 to coincide with the lyrics of the song "J.W. and Topaz," written about him and his horse by musician Jack Settle in 2022.



Photo by Prudence Siebert/Fort Leavenworth Lamp

George Pettigrew, right, executive vice president of the Alexander/Madison Chapter - Greater Kansas City/Leavenworth Area 9th and 10th (Horse) Cavalry Association, helps orient legally blind horseman John H. Wooten III, better known as J.W. Wolfman Black, to the location of the Buffalo Soldier Monument as they share stories about Buffalo Soldier history upon meeting March 15 in the parking lot by Truesdell Hall.

"It's inspirational that you are here because it is unbelievable what you are doing, what you dare to do," Pettigrew told Black. "You seem like that kind of guy who's got no quit in him. You say you're going to do it, you do it."



Photo by Prudence Siebert/Fort Leavenworth Lamp

J.W. Wolfman Black's great nephew Marquis DeBouse helps Black saddle his 28-year-old horse Topaz for a photo session at the Buffalo Soldier Monument March 15. DeBouse has been travelling with his uncle for about the past two years to attend parades and other events to take photos and talk about Buffalo Soldier history. DeBouse drove his uncle and two horses to post from Oklahoma, and then dropped them off at a Leavenworth farm to camp for the night. He said his uncle, who started back to Oklahoma the next day, would call him if he needed him along the route, but he said Black wouldn't want him to shadow him and he didn't expect to hear from him until he arrived back in Bartlesville after the 240-mile solo journey on horseback.

"He's very tough, he's very determined, and he figures out a way," DeBouse said. "I usually step in when it's out of his hands, but for the most part he takes care of everything on his own, and he'll only have it that way."

Black took two horses, Topaz and Lone, on the journey, alternating every couple of days from the one he rides and the one that carries his tent, sleeping bag, fishing pole and change of clothes. He did his first long ride from Bartlesville to Fort Sill, Oklahoma with Topaz in 2016 and has conducted several two- to three-day trips since the pandemic.

"Basically, to be a smart aleck about it, if a blind man can ride a horse and do this, what's wrong with the rest of you people," Black said about the mission behind his rides.



ABOVE: J.W. Wolfman Black holds a treat in his mouth for his 28-year-old Arabian/mustang/Morgan mare Topaz while getting the horse ready to take photographs in front of the Buffalo Soldier Monument March 15 in the parking lot by Truesdell Hall.

LEFT: Thirteen-year-old quarter horse/mustang cross Lone peeks out the front of the trailer while J.W. Wolfman Black tugs on the gelding's tail to get him to back out of the trailer March 15 in the parking lot between Truesdell Hall and the Buffalo Soldier Monument.

Photos by Prudence Siebert/Fort Leavenworth Lamp

# Families celebrate season with crafts, activities at Spring Fling



ABOVE: Heidi Newcomb helps her son, Cortland, plant seeds in a cup while the 4-year-old boy holds balloon art created by JoJo Woods, Personal Financial Readiness specialist and Army Emergency Relief officer, during the Spring Fling event, coordinated by the Family Advocacy Program, Army Community Service, March 14 at the Resiliency Center. The event was designed to encourage family connections and boost creativity with spring-themed crafts and activities.

RIGHT: Arielle Villanueva helps her daughter, 2-year-old Teddie Kuemmerlein, paint a rock while holding her 6-month-old son, James Kuemmerlein, during the Family Advocacy Program's Spring Fling event March 14 at the Resiliency Center. In addition to rock painting, families could plant sunflower seeds, decorate Easter eggs, make foam crafts, play games and more.

Photos by Prudence Siebert/Fort Leavenworth Lamp




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# Pet of the Week



Aphrodite, named for the heart-shaped patch on her back and her sweet disposition, is a young adult female domestic shorthair/turkish van cat available for adoption at the Fort Leavenworth Stray Facility. Spay surgery, vaccinations and microchipping are included in her adoption fee of \$100.

E-mail [fortleavenworthstrayfacility@gmail.com](mailto:fortleavenworthstrayfacility@gmail.com) for an adoption application. Visit [www.FLSF.petfinder.com](http://www.FLSF.petfinder.com) for adoptable pet profiles. Call 913-684-4939 for more information. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility.

The Fort Leavenworth Stray Facility, at 510 Organ Ave., is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday; 9 a.m. to noon the second Saturday of the month; and by appointment for pre-approved adopters. Call 913-684-4939 to schedule an appointment.



Photos by Prudence Siebert/Fort Leavenworth Lamp

## PCSing overseas with pets?

Call 913-684-6510  
to discuss requirements



**PCS Prep: OCONUS & Pets**

Planning a PCS move with pets somewhere outside the continental United States? Contact the Fort Leavenworth Veterinary Clinic at 913-684-6510 to discuss requirements to take your pets overseas, to include Hawaii and Alaska. There are different requirements based on location and in some cases, it is necessary to begin the process to obtain a health certificate for your pet months in advance. Contact the VTF for more information at 913-684-6510.

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Register at <https://vmis.armyfamilywebportal.com/>  
Once registered, we will contact you and have you come in for a training with a team member.  
After you train, you shadow two shifts. Then you are ready to help shelter pets!  
Watch the Fort Leavenworth Stray Facility Facebook page for training events!  
Once you register, train, and shadow, you can sign up for any shift you can cover.  
Children under 18 can help, but they must be accompanied by an adult the entire shift.

Work with either our cats or dogs or both!

Fort Leavenworth Stray Facility  
510 Organ Avenue  
Fort Leavenworth, KS 66027

Fort Leavenworth Stray Facility

**Second Saturday is Back!**

Every second Saturday of the month

We're back to being open every 2nd Saturday of the month for visitation and adoption/fostering of the animals at the facility!

You can find all of our adoptable pets at:  
[www.petfinder.com](http://www.petfinder.com) Fort Leavenworth  
[fortleavenworthstrayfacility@gmail.com](mailto:fortleavenworthstrayfacility@gmail.com)

913-684-4939 510 Organ Ave Fort Leavenworth, KS

**Pet Transportation Assistance**

Army Emergency Relief offers zero-interest loans to help the whole Family stay together.

**WHAT**  
Pets are a part of the Family and AER recognizes the financial burden pet transportation can cause during a PCS. To help alleviate this, AER created the Pet Transportation Assistance Program.

**WHO**  
• Active Duty and their eligible Family members  
• Reserve and National Guard on Active Reserve and Guard tours  
• Reserve and National Guard activated with PCS Entitlements

**HOW**  
Pet transportation assistance is processed by your nearest AER Officer or any military aid office. Soldiers can go directly to their AER offices or chains of command.

For more information, visit [www.aerhq.org/news/petassistance](http://www.aerhq.org/news/petassistance)

Are you an AER Officer? Download the official guide here: [www.aerhq.org/resource/official-pet-transportation-assistance-guidance](http://www.aerhq.org/resource/official-pet-transportation-assistance-guidance)

**Clean Paws Pet Wash**

Open 24 hours a day!  
Merritt Lake Parking Lot  
Cash, Coin and Card

Info: (913) 651-7176

THURSDAY  
MARCH 20, 2025



# Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

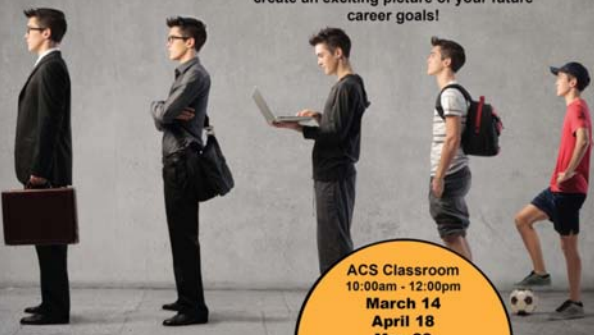
B1

## Teen Employment Workshop

Picking your future career is just one piece of the puzzle.

The Teen Employment Workshop takes the guesswork out of job searching, resume building, and tailoring your skills to the job that you want!

Learn how to fit the pieces together to create an exciting picture of your future career goals!



ACS Classroom  
10:00am - 12:00pm  
March 14  
April 18  
May 30  
June 28  
July 11  
August 1

FREE! Registration is required the day before the workshop.  
For ages 14 - 20  
For more info please call 913-684-2800



Post Theater // 375 Grant Avenue  
Movies start at 7PM  
Must show your DoD ID at the door!

March 7

March 21



Come out and join us as the BOSS program gives back to the Community by playing movies inside the Post movie theater.

Prepackaged snacks and drink can be purchased at the snack bar. No outside food or drinks are authorized.

For all movies children 12 and under MUST be accompanied by an ADULT!  
CASH only at the snack bar!

For more info call: (913) 684-2736 • Or visit our website [leavenworth.armymwr.com](http://leavenworth.armymwr.com)

## PAIR Day & Kid Fest

April 12 // 10AM - 2PM

Harney Sports Complex



Experience what Fort Leavenworth and the surrounding Kansas City area have to offer at PAIR Day (Post Activities Information & Registration). This is your one stop-shop for everything social, recreational, spiritual, and educational.

There will be informational tables, and lots and lots of FREEBIES!

In honor of Month of the Military Child, this event is a celebration for Military Kids!

This event will be filled with family friendly fun, with a DJ, CYS class demos and informational table. And, the best part it's all FREE!



For more info, call (913) 684-1830  
Or scan the QR Code.



## Antiterrorism/ Force Protection Program Active Shooter Awareness

### How To Respond to an Active Shooter in your Vicinity:

#### OPTION 1. EVACUATE (RUN)

- Have an escape route and plan in mind.
- Leave your belongings behind.
- Prevent others from entering.

#### OPTION 2. HIDE OUT (HIDE)

- Hide in an area out of the active shooter's view.
- Block entry to your hiding place and lock the doors.
- Silence your cell phone and/or pager.

#### OPTION 3. TAKE ACTION (FIGHT)

- ONLY AS A LAST RESORT when life is in imminent danger.
- Attempt to incapacitate the active shooter.
- Act with physical aggression/throw items at active shooter.

Once it is safe to do so, report the incident to law enforcement.



## Frontier Army Museum and the Friends of the Frontier Army Museum (FFAM) present History Brunch

A Contribution to Victory: Western University's Vocational Training Program for World War I by Dr. Bernard Harris JR

Rescheduled for March 22

Light refreshments served at 10:30a, presentation to begin at 11:00a

Frontier Army Museum  
100 Reynolds Ave  
Fort Leavenworth, KS

Free event for all



U.S. ARMY



## Army Tenant Satisfaction Survey

Office of the Deputy Chief of Staff, G-9 (Installations)  
11 Feb 2025

### G-9 Mission

The DCS, G-9 leads integration across the Army enterprise to modernize installations, enhance quality of life, and develop and implement policies, plans, and programs that enable the Army to recruit, train, deploy, fight, and win.

### G-9 Vision

Dedicated professionals driving excellence across the Army Installations Enterprise to support Soldiers, families, and Army civilians wherever they train, work, and live.

Controlled by: ODCS, G-9 (DAIN-ISH)  
CUI Category: DoD Critical Infrastructure Security Information  
Control: FEDCON ONLY  
POC: Mr. Raeshaun Evans, 571-256-9708,  
[raeshaun.o.evans.civ@army.mil](mailto:raeshaun.o.evans.civ@army.mil)

CUI // PRE-DECISIONAL



## Auto Crafts & Outdoor Rental

If your lawn equipment needs a tune-up or repairs call, (913) 684-3395.

988  
SUICIDE & CRISIS  
LIFELINE

THE MILITARY CRISIS LINE IS AVAILABLE 24/7.  
DIAL 988 AND PRESS 1.

Call. Text. Chat.

[988lifeline.org/chat](http://988lifeline.org/chat)



*Catholic Women of the Chapel*




**CWOC resumes on January 9, 2025**  
**and meets Thursdays at 9:00am**  
**in the Pioneer Chapel Activity Room**

Join us for our faith study:  
**THE RETURN OF THE PRODIGAL SON**  
 by Henri Nouwen

LEARN MORE >>>

Find our complete calendar on  
 Facebook 'CWOC Fort Leavenworth'




# Fort Leavenworth Lent and Holy Week Services



**Easter Sunrise Service: 0630-0730**

"The Best Hometown in the Army"



### Protestant Christian Services

#### Ash Wednesday Services (05MAR25)

0730: Protestant - Lewis & Clark Building (Faculty Lounge)  
 1730 Anglican/Liturgical - Memorial Chapel

#### Lenten Lunch (1200-1300)

12 MAR - Frontier Chapel, RM 153  
 19 MAR - Frontier Chapel, RM 153  
 26 MAR - Frontier Chapel, RM 153  
 02 APR - Frontier Chapel, RM 153  
 09 APR - Frontier Chapel, RM 153

#### Good Friday Services (18APR25)

1800: Protestant Community - Frontier Chapel

\*\*\*Regular Chapel Schedule on 20 April 2025

### Catholic Services

#### Ash Wednesday Service (05MAR25)

1200 - Pioneer Chapel

#### Stations of the Cross (1730-1900)

- 07 MAR: Station of the Cross - Pioneer Chapel
- 14 MAR: Stations of the Cross - Pioneer Chapel
- 21 MAR: Stations of the Cross - Pioneer Chapel
- 28 MAR: Stations of the Cross - Pioneer Chapel
- 04 APR: Stations of the Cross - Pioneer Chapel
- 11 APR: Stations of the Cross - Pioneer Chapel

Holy Thursday Mass (17APR25) - 1800 Pioneer Chapel

Good Friday Service (18APR25) - 1500 Pioneer Chapel

Easter Vigil Mass (19APR25) - 2000 Pioneer Chapel

Easter Mass (20APR25) - 0930 Frontier Chapel



7 - 18 2025

**LEAVENWORTH WEEK**

Family Reat  
 Spring Conference  
 Buena Vista,  
 leavenworth@ocfusa.org




## 2025 Islamic Holy Times of Prayer: Frontier Chapel



Dates: Ramadan: 01 - 29 MAR 25

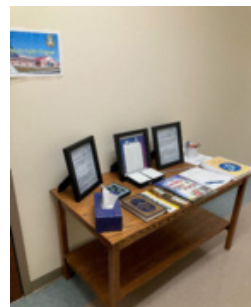
Location: Please come to Room 111 in Frontier Chapel for Individual Prayers

Frontier Chapel: 625 Thomas Avenue

Time: 0900-1700 (MON-FRI and SUN)

Please see your unit chaplain or call the Religious Support Office at 913-684-2210

**Lewis & Clark Building will hold Midday Prayers in the Faculty Lounge (MON-FRI)**



CH (MAJ) Chris Weinrich, christopher.w.weinrich.mil@army.mil

## FORT LEAVENWORTH NEW CDC DETOUR ROUTE



The previous CDC construction detour, from Iowa to Kansas Ave, has been modified to reroute traffic away from densely populated areas. The new detour (yellow trace), will route traffic northwest to 5th Artillery Rd and toward the cemetery and golf course.

U.S. ARMY



## 2025 Fort Leavenworth National Prayer Luncheon



**Mission:** The U.S. Army Combined Arms Center and Fort Leavenworth, Kansas, will host the annual Fort Leavenworth National Prayer Luncheon at the Frontier Conference Center on 03 APR 25, 1130-1300, IOT promote our spiritual readiness domain, collaboration between military members, and develop holistic health and fitness.

**End-State:** To develop religious collaboration within the Fort Leavenworth community.

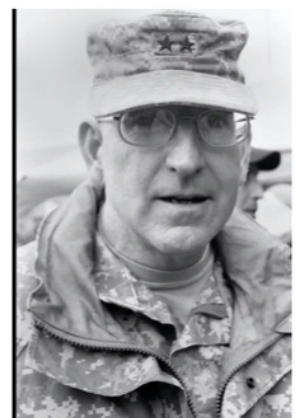
**Guest Speaker:** Major General Gregg Martin, U.S. Army, Ret.

WHO: UMTs, Command, Chapel and Community Partners  
 WHAT: 2025 Fort Leavenworth National Prayer Luncheon  
 WHEN: 03 APR 25 / 1130-1300  
 WHERE: Frontier Conference Center, Fort Leavenworth, KS 66027  
 WHY: To develop community collaboration

**FREE Meal: Provided by the Fort Leavenworth Chapel Communities.**

**Tickets: Please see your chaplain or Unit Ministry Team**

**POC: andrew.c.muilenburg.mil@army.mil**



UNCLASSIFIED

**NPS**

**I DIDN'T KNOW THAT!**  
**Don't Feed Wildlife**



It's not just a snack.  
 Feeding wildlife is dangerous for the animals and for you.

There are risks to people.  
 Animals that rely on human foods can become aggressive.

There are risks to wildlife.  
 Animals that rely on human foods can stop naturally hunting or foraging and starve.

You can help keep wildlife wild.

- Never feed wildlife.
- Clean up and leave no trace.
- Keep your distance.

idkt! go.nps.gov/idkt



Join us monthly

# DATE NIGHT

6-10 PM @ Frontier Chapel

Meals & Childcare provided

Sponsored by Fort Leavenworth Chapel Community

Supported by 

*Invest in your marriage this year!*



05 SEP, 03 OCT, 07 NOV, 05 DEC, 09 JAN, 06 FEB, 06 MAR, 03 APR, 01 MAY

Each Date Night begins with a faith-based marriage enrichment presentation. Then couples are released to go out on a date and further discuss the topic together. Children will remain safely supervised by childcare professionals at Frontier Chapel (6-10 pm or pick up kids earlier!)

For more information and to register scan the QR code or call 913-680-7336





**Fort Leavenworth Post - Wide Yard Sale**  
**April 26 • 8am - 3pm**

Rain or shine! Event is open to the public! \*

\* IDs will be scanned at the main gates beginning at 8 am, everyone 16 years and older must provide a current ID to enter. (Persons attempting to enter post with outstanding warrants or other security issues will be denied access.)

Residents living on-post are allowed to sell at their residence.

Service Members residing off-post, Retirees and DA Civilians can utilize the Old Bell Hall Parking Lot (located at the Sherman/Reynolds intersection) on a first come, first serve basis.

Alcohol and firearms can not be sold during the yard sale.

For Information please follow the Fort Leavenworth Facebook Page.

\*Scan the QR code for visitor access to Fort Leavenworth. \*



**2025 Speaker Series**  
**Presented by the Frontier Army Museum & The Friends of the Frontier Army Museum (FFAM)**

All presentations are free to the public and will be located at the Frontier Army Museum 100 Reynolds Ave Fort Leavenworth, KS

**FEBRUARY**

**Wednesday February 26th. 5:30p: "A Kansas Soldier at War" with Ken Spurgeon**

**MARCH**

**Saturday March 22nd, 10:30am History Brunch: "A Contribution to Victory: Western University's Vocational Training Program for World War I with Dr. Bernard Harris JR. Light refreshments provided by the Friends of the Frontier Army Museum will be served prior to the presentation.**

**Wednesday March 26th, 5:30pm: "Fort Leavenworth and Early Local Communities" with Gary Hyder**

**APRIL**

**Saturday April 5th, 10:30am History Brunch: "Moroccan Participation in WWI and II" with MAJ Zakariae Tiddarine . Light refreshments provided by Friends of the Frontier Army Museum will be served prior to the presentation.**

**Saturday April 12th, 10:30a History Brunch: "10th Mountain Division during World War II" with National WWI Museum and Memorial Curator Dr. Chris Juergens. Light refreshments provided by the Friends of the Frontier Army Museum will be served prior to the presentation.**

**Wednesday April 30th, 5:30p: "Religion in Early Leavenworth History" with Raymond Powell**

All presentations will be streamed live and recorded on the Friends of the Frontier Army Museum Facebook page: <https://www.facebook.com/ftleavenworthffam>

**A New Catalog is Coming!**

While we transfer data from our old system to the new one please understand that

- No holds on materials can be made
- We cannot fill any interlibrary Loans requests

& between March 13-19:

- Only 10 community items out per checkout
- Materials due during this time will be extended
- No new accounts can be made
- Database access will stay the same
- Computer access in the library won't change



Ike Skelton Combined Arms Research Library  
Check for updates at <https://carl.gcsc.libguides.com/home>

**Volunteer!**  
MWR needs you!!!

Post Theater Volunteers needed NOW!!!

We are always looking for:  
Youth Sports Coaches  
Stray Facility Volunteer  
Youth Sports Official/Referee  
Village Mayor/Vice Mayor

Calling all Units and Organizations, Scouts, ROTC, Students...  
WE'RE BACK - but we need your help!!!  
It takes a village to keep a village going!  
Be a part of making Fort Leavenworth  
The Best Hometown in the Army!

Call (913) 684-2736 to Volunteer at the Theater today!

**FROM COMPASSION TO ACTION: 2024 STRONGHOLD YEAR IN REVIEW**

Our Ambassadors supported military families in several military installations across **17 states and 4 countries**

On average, we help **90 individuals weekly**

**72,500** Pounds of Food Distributed  
**65,550** Meals Distributed

Every single pound distributed by Stronghold was utilized and tailored to the family's needs - we take pride in being an excellent steward of every donation dollar.

Our volunteers donated **3,500** hours valued at **\$111,300**

We conducted two pop up pantries at JBLM and Fort Campbell serving **347** individuals.

Over \$35,000 in basic necessities ranging from feminine hygiene products, household items, school supplies, diapers, wipes, portable cribs, winter coats, socks, etc.

Stronghold Food Pantry is a volunteer-run, 501(c)(3) charitable organization serving American military families facing food insecurity with care and dignity by providing food, necessities, and resources. Stronghold strives to remove the stigma and ease the epidemic of food insecurity among military communities by proliferating awareness, advocacy, and collaboration.

**CALL FOR PRESENTERS**

The Frontier Army Museum is seeking presenters to speak on historical topics.



Interested in sharing your passion and knowledge of history with others?  
Contact Megan Hunter for details and scheduling:  
(913)684-3190 / [megan.m.hunter4.civ@army.mil](mailto:megan.m.hunter4.civ@army.mil)

**CALL FOR VOLUNTEERS**

The Frontier Army Museum is looking for a consistent, longterm volunteer to work in the collections.



Role: Assisting with inventory, minor artifact cleaning, mount making, and other collections related tasks.

Age Requirement: Must be 16 and older.

Interested? Please contact Megan Hunter  
[megan.m.hunter4.civ@army.mil](mailto:megan.m.hunter4.civ@army.mil)

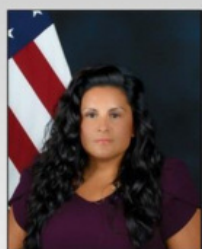
**Stronghold: Happy Bottoms Program**  
Powered by: Rapid Response Charities

Free Monthly Diaper Distribution  
Email: [contact@strongholdfoodpantry.org](mailto:contact@strongholdfoodpantry.org)

STRONGHOLD FOOD PANTRY  
More than a food pantry.



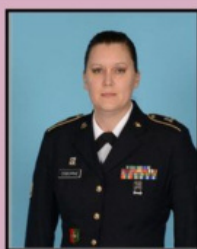
# UNITED STATES ARMY COMBINED ARMS CENTER AND FORT LEAVENWORTH SEXUAL HARASSMENT AND SEXUAL ASSAULT RESPONSE WORKFORCE



**Ms. Amanda Bonseigneur**  
Lead SARC  
Amanda.bonseigneur.civ@army.mil  
Office: 913-684-2810  
Cell: 913-704-9620  
Bldg 197, 632 McClellan Ave

**For Assistance contact**  
**LTC Craig Arnold**

**Hiring Underway**  
Supervisory SARC



**SFC Jerri Osborne**  
Team 1 SARC  
jerri.l.osborne.mil@army.mil  
Office: 913-684-1698  
Cell: 913-565-0741  
Bldg 77, Room J209,  
290 Grant Ave



**LTC Craig Arnold**  
Interim Supervisory SARC  
Team 2 SARC  
craig.d.arnold.mil@army.mil  
Office: 913-684-2818  
Teams: 520-692-8849  
Cell: 913-704-9604  
Bldg 197, 632 McClellan Ave



**SFC Jacob Roach**  
Team 3 SARC  
jacob.w.roach.mil@army.mil  
Office: 913-684-0956  
Cell: 913-547-5075  
835 Sabalu Rd



**Mr. Josh Belle**  
Team 4 SARC  
joshua.p.belle.civ@army.mil  
Office: 913-684-5230  
Cell: 913-680-5699  
Bldg 58, 614 Custer Rd



**Ft Leavenworth SHARP Resource Center**  
Building 197, 632 McClellan Ave  
Fort Leavenworth, KS 66027

Contact the team at [usarmy.leavenworth.cac.mbx.cac-sharp@army.mil](mailto:usarmy.leavenworth.cac.mbx.cac-sharp@army.mil)

### We Have Realigned Under a New Installation Model

- Team 1** AAFES, ACS, AFC, ARI, CDID, Cemetery, CID, CPAC, DeCA, DES, DLA, DMPA, FMWR, LRC, MCCoE, MICC, Museum, NEC, PAO, RCI Housing, TDS/SJA, TRAC, USAFMSA, USAG HQ, USASMDC, USD 207, and US STAG CMD.
- Team 2** CAC HQ, CAC-T HQ, MCTP, NSC, STB, TMD, 505th CCW and 500th/67th MP
- Team 3** ACB, MWJRCF, USDB
- Team 4** Army U, CGSC, Dental, DLI, MAHC staff, Patients, SAMS, SOF, TRADOC, Veterinarian, and Other Service Staff tenant personnel

**Fort Leavenworth 24/7 SHARP Hotline**  
913-683-1443  
**DoD Safe Help Line**  
877-955-5247

- Sexual Harassment Complaint Reporting Option**  
Formal | Informal | Anonymous
- Sexual Assault Reporting Option**  
Restricted | Unrestricted
- Retaliation Reporting Options**  
Command | IG | SARC | DoD Safe Helpline

Find us on Facebook



WeCare App



GET IT ON Google Play



#NotInOurArmy  
Current as of 17 November 2024

## - Family Advocacy Program - Victim Advocacy Program

1 in 3 women and 1 in 4 men have experienced some form of domestic violence by an intimate partner in their lifetime.  
If you or someone you know is experiencing violence by an intimate partner, please reach out to the victim advocacy program at 913.683.2537



Safety Planning



Victim Advocacy Services



Education & Support Group

## If you experienced sexual trauma during your military service, VA can help.

### Free Services

The Department of Veterans Affairs (VA) offers free health care and other benefits for current and former Service members who experienced sexual assault, harassment or abuse during military service, also known as military sexual trauma (MST).

### For Current Service Members

Current Service members (including current National Guard and Reserve members) can access confidential MST-related counseling at VA's Vet Centers without a referral and care at VA medical facilities with a Department of Defense referral.

### No Report or Evidence of MST Needed to Receive Care

No report to authorities or other documentation of the MST experience is needed to receive health care services.



For more information, scan the QR code, download the Beyond MST mobile app, or visit/call:

CLEARED  
For Open Publication  
Jul 25, 2024  
[www.mentalhealth.va.gov/mst](http://www.mentalhealth.va.gov/mst)  
[www.va.gov/find-locations](http://www.va.gov/find-locations)  
1-800-698-2411



Department of Defense  
OFFICE OF PREPUBLICATION AND SECURITY REVIEW

24-P-0880

## KNOW YOUR WORLD PRESENTATIONS 2025

**POLAND 18 SEPTEMBER 2024**

**FIJI 30 OCTOBER 2024**

**PAKISTAN 29 JANUARY 2025**

**ECUADOR 19 FEBRUARY 2025**

**ANGOLA 26 MARCH 2025**

Presentations Start at 1545 in Eisenhower Auditorium and Streamed Live on the CGSC Facebook Page  
Open to the Public [ALL ARE WELCOME] to Attend or View Online  
All IMS WILL Attend//Presenting IMS' Section Expected to Attend

**FORT LEAVENWORTH LEISURE TRAVEL SERVICES TOP TICKETS**

Disneyland Military Salute Offer 2025:  
3 DAY Park Hopper Our Price \$295.00  
W/Lightning Lane \$391.00  
-4 DAY Park Hopper Our Price \$349.00  
W/Lightning Lane \$477.00

Disney World Military Salute Offer 2025:  
4 DAY Park Hopper Our Price \$365.00  
5 DAY Park Hopper Our Price \$385.00  
5 DAY Park Hopper Our Price \$399.75

Universal Orlando Military Freedom Offer 2025:  
2 Park Freedom Pass Adult \$210.00 and Child age 3-9 \$205.00  
3 Park Freedom Pass Adult \$245.00 and Child age 3-9 \$240.00

Universal Hollywood:  
1 Day General Admission Adult and Child 3+ \$99.00-\$122.50

Go City Go Card:  
Sightsee and save with a Go Card! Discover the best attractions, tours and experiences, all on one pass. Worldwide:  
USA: Dubai, Cancun Mexico, State side: Orlando, Miami, Chicago, Los Angeles, San Francisco, Oahu, New Orleans, Boston, Las Vegas, New York, and much more!

Leisure Travel Services  
310 McPherson, Bldg 464  
(913) 684-2580  
leavenworth.armymwr.com

## ARMY FAMILY CHILD CARE (FCC)

Higher starting income!  
Opportunities to increase your income!\* Training included!

Earn a \$1k recruitment or relocation BONUS\*, too!

Work at home - Start a great career - Own your own business with FCC!



[www.ArmyMWR.com/FCC](http://www.ArmyMWR.com/FCC)

## Worlds of Fun Season Gold Passes are here!

Purchase @ Leisure Travel Services  
310 McPherson Ave  
Bldg 464  
913-684-2580

**\$93.25 a pass**  
Single day tickets coming soon!

you should be here  
or here...  
or maybe here...



\*Conditions apply

# FAMILY ADVOCACY PROGRAM



MON - FRI 0800-1600 with limited hrs Thurs 1300 - 1600 913-684-HELP(4357)/2800

Resiliency Center, 600 Thomas Ave, Bldg. 198 \*\* ACS is closed for lunch 1130-1230 daily\*\*

MARCH 2025

## NEW PARENT SUPPORT PROGRAM

**Stroller Walk**  
Tuesdays, 1000  
Meet at the front of the Resiliency Center

**Toddler Time**  
Wednesdays, 0900  
Resiliency Center Playroom

**Story Time**  
Wednesdays, 1000  
Resiliency Center Room 157

**Play Morning**  
Thursdays, 0900- 1000 & 1000-1100  
Resiliency Center Playroom

**Wiggles & Giggles**  
Fridays, 0900  
Resiliency Center Playroom

\*\*Registration required for all NPSP classes\*\*

**Dad's Night Out**  
Mar. 19, 1800-2000  
Restaurant TBD

**Mom's Night Out**  
Mar. 26, 1800-2000  
Restaurant TBD

**Childbirth Series**  
Mar. 03, 10, 17  
1700-1900  
Resiliency Center, Room 157

Next Month!

**Newborn Care Class**  
April 7, 1700-1900

**Breastfeeding Class**  
April 14, 1700-1900

## FAMILY ADVOCACY PROGRAM

\*\*Registration is required for all FAP workshops.\*\*

**Positive Parenting Series**  
Mar. 07, 14, 21, 28  
1330-1500 via TEAMS

**Crocheting Club**  
Mar. 14, 1300-1500  
Resiliency Center Room 145

**Stress Management**  
Mar. 27, 1130-1300

**Spring Fling**  
\*\*no registration\*\*  
Mar. 14, 1300-1500  
Resiliency Center



## SAVE THE DATE!

**Muffins With Mom**  
May 16, 1300-1500

**Father Daughter Tea Party**  
June 1, 1400-1600

**Father/Son Scavenger Hunt**  
June 7, 0900-1100

**CAPM Rock Painting**  
April 1 & 22, 1000-1100

**Prevention in the Park**  
April 25, 1400-1500



CALL ACS TO REGISTER FOR CLASSES TODAY! ALL EVENTS LISTED ARE FREE!

<https://leavenworth.armymwr.com>

<facebook.com/FortLeavenworthACS>

<facebook.com/FortLeavenworthFMWR>

<https://home.army.mil/leavenworth>

ACS New Parent Support Program Introduces

## Stroller Walk and Talk

Every Tuesday • Resiliency Center - 600 Thomas Ave.  
March - May & Oct. - Nov. • 10AM - 11AM  
June - Sept. • 9AM - 10AM

This is a great way to get to know Fort Leavenworth, meet other parents, ask questions, and get some fresh air.

Free event, open to parents with children 0-3 years old.

Participants need to bring their own stroller.

Registration is required, call (913) 601-7866 or (913) 684-2800.

ACS Family Advocacy New Parents Support Program Presents

## Toddler Time Playgroup

- Free toddler play group.
- Open to ages 2-3 years old with adult.
- Offers an introduction to preschool routines, explores educational concepts, and builds social skills through hands on experiences and activities.

**Wednesdays @ 9:00am**

Located at the Army Community Service Resiliency Center  
400 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text  
913-297-3212 or 913-297-9704

## CROCHETING CLUB

Jan 31, Feb 21, Mar 14, Apr 18, May 16  
1pm - 3pm  
Room 145  
600 Thomas Ave

Come join our Crocheting Club and learn a new skill, or perfect an existing one!

"Stitch" together, connect & create!  
Supplies will be provided!  
Have a favorite yarn?  
You're welcome to bring it!

Please RSVP one day prior to class  
Call 913-684-2808/2800

FREE!  
Ages 8+

## STRESS MANAGEMENT

Thursdays: Sept 12, Nov 14, Jan 16, Mar 27  
1130 - 1300  
ACS Conference Room 145

Registration Required (must register by the day before the class you want to attend.)  
Classes are for 18 and over, no childcare will be provided.

This one-session FREE class helps attendees identify stressors and symptoms of stress as well as how to select and implement stress management skills to overcome stressors of any kind. Learn how to take control of yourself by learning to control your stress, instead of allowing the stress to control you. End the class with a structured relaxation exercise.

To register or for more information, call (913) 684-2808/2822

ACS Family Advocacy New Parents Support Program Presents

## Storytime!

Free  
Open to ages 3 months - 3 years old with adult.

Join us for storytime to use our imagination and develop a love of books

Storytime fosters early literacy skills, language development, and social growth.

**Every Wednesday @ 10:00 am**

Located at the Army Community Service Resiliency Center  
600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text  
913-297-3212 or 913-297-9704



## Play Morning

Thursdays from 9-11:00 a.m.  
Ages 3 months - 3 years with Guardian • Resiliency Center

Free play group for ages 3 months - 3 years and their parents/guardians.

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.

## WIGGLES & GIGGLES

Fridays 10am - 11am  
ACS Playroom  
600 Thomas Ave

FREE  
Ages 3-12 months  
Register by COB Thursday



Army Community Service | Resiliency Center | 600 Thomas Ave. | Fort Leavenworth, Kansas  
Registration required, cut off is day before event (913) 297-3212 or (913) 684-2800  
<www.facebook.com/acs.fortleavenworth>

Get their wiggles out and join in some baby giggles!  
Take a moment to connect with other parents!  
Babies learn through play! So let's get on the floor and explore!

For more info or to register call 913-297-3212/ 9704

## Co-Parenting Workshop

Round 1: April 7, 14, 21, 28  
 Round 2: July 7, 14, 21, 28  
 Round 3: September 8, 15, 22, 29  
 @ 12:00pm - 1:00pm  
 ACS Classroom 145  
 600 Thomas Ave

Learning to co-parent after a divorce can feel like being on opposite ends of a chasm.

Our four week workshop will show you how to build a bridge that will enhance parenting skills, enrich positive co-parenting, learn to develop and use boundaries, and establish a joint plan for managing expectations about your children's growth, development, and behavior.

FREE and open to all DoD ID holders 18+ Register by calling 913-684-2811/ 2808  
 Deadline to register is day before class.  
 Participants are encouraged to attend every class as each session will be different. Ask about virtual options!

## ACS AND FAP PRESENTS: POSITIVE PARENTING VIA MICROSOFT TEAMS • 1:30PM – 3PM

ROUND 1: OCTOBER 18, OCT 25, NOV 1, AND NOV 8  
 ROUND 2: NOV 22, DEC 6, DEC 13, AND DEC 20  
 ROUND 3: JAN 10, JAN 17, JAN 24, JAN 31  
 ROUND 4: FEB 7, FEB 14, FEB 21, FEB 28  
 ROUND 5: MAR 7, MAR 14, MAR 21, MAR 28

THIS FOUR-WEEK COURSE IS DESIGNED TO HELP PARENTS DEVELOP NON-PHYSICAL DISCIPLINE STRATEGIES, BUILD STRONG RELATIONSHIPS, AND MEET THE NEEDS OF CHILDREN OF ALL AGES.

FREE AND OPEN TO DOD ID CARD HOLDERS 18+.

REGISTRATION IS REQUIRED AND MUST BE DONE THE DAY BEFORE THE FIRST DAY OF TRAINING.

PARTICIPANTS MUST ATTEND EACH DATE IN THE ROUND OF THEIR CHOICE.

INFO AND REGISTRATION: (913) 684-2808/2822

## PREVENTION IN THE PARK

APRIL 25 // 2PM – 4PM  
 EFMP PARK (BEHIND POST THEATER)

April is National Child Abuse Prevention Month. During April, FAP / NPSP will be sponsoring events focused on stress reduction and family fun.

Come join us to have some fun at the park with bubbles, chalk, bean bag toss, and other fun activities for the family!

FREE and open to DoD ID card holders.

Age limit: kids 0-10!

Registration is required and can be done until April 18th.

For more info or to register call, (913) 684-2808/2800.  
 Rain out date: April 30 // 2PM - 4PM

## DAD'S NIGHT OUT

2025 DATES:  
 Jan 22 • Feb 19 • March 19 • April 23  
 May 21 • June 18 • July 23 • Aug 20  
 Sept 17 • Oct 22 • Nov 12 • Dec 3

Dad's Night Out is offered by ACS New Parent Support Program for Dads of children 0-3 years of age to get out of the house without the kids and meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Dads with children 0-3 years old.

For more info: (913) 297-3212 or (913) 684-2800

## MOM'S NIGHT OUT

This event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.

2025 Dates:  
 Jan 29 • Feb 26 • March 26 • April 30  
 May 28 • June 25 • July 30 • Aug 27  
 Sept 24 • Oct 29 • Nov 19 • Dec 10

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old.

Info: (913) 297-3212 or (913) 684-2800

## MILPARENTS ROCK: Rock Painting

April 1 & 22 • 10AM - 11AM  
 Resiliency Center • 600 Thomas Ave.

April is National Child Abuse Prevention Month. During April, FAP / NPSP will be sponsoring events focused on stress reduction and family fun. Come celebrate with us to honor military parents and children by painting rocks for your own personal rock garden.

Supplies will be provided. Registration is not required, just show up!  
 Event is FREE and open to DoD ID card holders 18+.

For more info call: (913) 684-2808.

## ACS New Parent Support Prenatal Classes 2025

Free for Expectant Parents!

600 Thomas Ave  
 Room 157  
 All classes are from 5 pm - 7 pm

Childbirth Classes:  
 Series of three classes  
 Jan 6th, 13th, 27th  
 Mar 3rd, 10th, 17th  
 May 5th, 12th, 19th  
 July 14th, 21st, 28th  
 Sep 8th, 15th, 22nd  
 Nov 3rd, 17th, 24th

Newborn Care Classes:  
 Feb 3rd  
 April 7th  
 June 2nd  
 August 4th  
 October 6th  
 December 1st

Breastfeeding Classes:  
 February 10th  
 April 14th  
 June 9th  
 August 11th  
 October 20th  
 December 8th

Deadline for Registration is the Friday before the class. Pre-registration is required.  
 Contact 913-297-3212

## ACS New Parent Support 2025 Potty Training

Are you ready?

Time to lose the diapers?

600 Thomas Ave  
 Room 157  
 2/24, 4/28, 6/16, 8/18,  
 10/27, 12/15  
 5 pm - 7 pm

FREE For Parents of Children aged 0-4 years  
 \*Pre-registration Required\*  
 Deadline is Friday before class  
 Contact 913-297-3212

## Navigating the Teen Years

Feb 19, May 28, Aug 20, Nov 19 @ 1-2:30pm

ACS Classroom 145  
 600 Thomas Ave

One session workshop Available in person or virtual

Ever wish that raising your teen came with an instructional manual?

The Navigating the Teen Years workshop is your guide to the difficult questions.

We'll discuss:  
 Teen Mental Health  
 Substance Abuse  
 Raising Teens in a Digital Age  
 Understanding Social Media  
 Teen Sexualized Behaviors

FREE and open to all DoD ID holders 18+ Register by calling 913-684-2811/ 2808  
 Deadline to register is the day before class.

## Father / Daughter Tea Party

June 1, 2025  
 2 pm - 4 pm  
 FCC Ballroom

Register by May 23  
 913-684-2808/ 2822

Please join us for a special Father/ Daughter Tea Party. Dress to impress in business casual, Sunday best, or Dress Blues. There will be Dancing, Refreshments at Tea Time, Commemorative Pictures, and a Surprise to take home!

FREE and open to Active Duty and Retired Military / Recommended Ages 10 and under

## FATHER/SON Scavenger Hunt

June 7  
 0900-1100  
 Hunt Lodge  
 800 Wainwright St.  
 Fort Leavenworth

Looking to get outside and have some fun?

Geared toward Active Duty Dads with sons ages 12 and under, this FREE event celebrates Dads Make a Difference Month.

There will be multiple outdoor stations where fathers can pass on their knowledge of military training to their sons. Together, they will complete physical activities such as low crawling, archery, and a three-legged race!

Wear outdoor play clothes, sunscreen, and bug spray. Water will be provided.

Registration is required/ Call 913-684-2808/ 2822 to register before May 30

## ARMY COMMUNITY SERVICE ACS

Real-Life Solutions for Successful Army Living

Victim Advocate Hotline: (913) 684-2537  
 Child Abuse Hotline: (913) 684-2111  
 SHARP Hotline: (913) 683-1443  
 Chaplain: (913) 683-1443  
 AER Assistance After Hours:  
 American Red Cross at (877) 272-7337

## DoD Safe Helpline

Sexual Assault Support for the DoD Community

safehelpline.org | 877-995-5247

## Need to talk?

We're here to help.

safehelpline.org

# ARMY COMMUNITY SERVICE



MON - FRI 0800-1600 with limited hrs Thurs 1300 - 1600 913-684-HELP(4357)/2800

Resiliency Center, 600 Thomas Ave, Bldg. 198 \*\* ACS is closed for lunch 1130-1230 daily\*\*

MARCH 2025

## RELOCATION READINESS PROGRAM

**In-Processing Brief**  
Tuesdays, 0900-1000  
**OCONUS Levy Brief**  
Tuesdays, 1000-1100

## Hearts Apart Bowling for Waiting Families

Mar. 01, 1200-1400  
Strike Zone Bowling Center

*\*Registration Required\**

**Moving with Kids**  
Mar. 07, 0930-1100

**Lending Closet**  
Are you In/Out-Processing and need essentials? ACS has short-term basic items to help you get by.

- Kitchenware
- Cookware
- Small Appliances

## EMPLOYMENT READINESS PROGRAM

**Resume Writing**  
Mar. 12, 1200-1400

**Federal Employment Workshop**  
Mar. 19, 1200-1400

**Teen-Centered Employment**  
Mar. 14, 1000-1200

**Interview Skills & Professionalism**  
Mar. 26, 1200-1400

## SURVIVOR OUTREACH SERVICES

**Knock Your Pin Off Bowling & Pizza Social**  
Mar. 22, 1300-1500



**FINANCIAL READINESS PROGRAM** Offers counseling services and classes upon request to assist Soldiers and their families in achieving personal financial goals.

## ARMY VOLUNTEER CORPS

**Volunteer Basics**  
Mar. 07, 1200-1300



## EXCEPTIONAL FAMILY MEMBER PROGRAM

**EFMP Recreational Bowling**  
Mar. 01, 1200-1400  
Strike Zone Bowling Center

**EFMP Refreshing Conversations**  
Mar. 6, 1000-1100

**Legotopia**  
Mar. 7, 1400-1500

*\*Registration Required for all EFMP events\**

## ARMY EMERGENCY RELIEF

The 2025 Campaign kicks off March 1 and goes through June 14. Your donation helps provide emergency assistance to active-duty service members, their families, and retired service members in financial need.

For emergency financial assistance during normal duty hours, call the ACS main line, and after hours, weekend or holiday, call the American Red Cross Call Center at 1-877-272- 7337.

Command & Troop training is also available upon request.

Command & Troop Training available upon request.



<https://leavenworth.armymwr.com>

<facebook.com/FortLeavenworthACS>

<facebook.com/FortLeavenworthFMWR>

<https://home.army.mil/leavenworth>

## EFMP/ Waiting Families RECREATIONAL BOWLING

Every first Saturday of the month  
12:00pm - 2:00pm  
Strike Zone Bowling Center  
165 Fourth St



Meet other EFMP families! EFMP Recreational Bowling is a fun way to socialize, and sharpen fine motor skills.

All ages welcome! FREE for the entire family including shoes! Bumpers, bowling ramps, and lightweight bowling balls are available.

Pre-registration is required the Wednesday before the event. Fort Leavenworth Waiting Families, call ACS to reserve your spot! Call 913-684-2800 for more info or to register



## ARMY COMMUNITY SERVICE LOAN CLOSET

FORT LEAVENWORTH, KANSAS  
913-684-2830/2800

Who: All Active Duty, Retiree, DA Civilian and their family members who are either permanent party, TDY or PCSing.

When: M-F 0730-1630

Where: 600 Thomas Avenue (Pull into the Alley behind the ACS building and call the number on the black sign.

Rules: Loans are limited to 30 days for in and out-processing personnel. This can be extended by phone if needed. Checkout of items for an event is limited to 10 days. Customers are responsible for replacing any item that is damaged or lost.

### Items available:

#### Pre-Packed Kitchen Kit:

- 1 Bowl (mixing)
- 1 Pitcher
- 1 Colander
- 1 Peeler
- 1 Cutting Board
- 1 Skillet
- 2 Pots with Lids
- 4 Plates
- 4 Bowls
- 4 Coffee cups
- 4 Forks
- 4 Spoons
- 4 Knives
- 1 Large Kitchen Knife
- 4 Steak Knives
- 1 Spatula
- 4 Plastic Glasses
- 1 Can Opener
- 1 Set of Measuring Spoons
- 1 Measuring Cup
- 1 Pot Holder

#### Additional Items Available:

- Cheese Graters
- Pizza Cutters
- Spaghetti Servers
- Tongs
- Whisks
- Glass Baking Dishes-Rectangle
- Glass Baking Dishes-Circle
- Muffin Pans
- Hand Mixers
- Veggie Steamers
- Large Kitchen Knives
- Mixing Bowls
- Skillets
- Pots with Lids
- Plates
- Bowls
- Coffee Cups
- Blenders
- Coffee Makers
- Crock Pots
- Toasters
- Rice Cookers
- Microwaves
- Indoor Grills
- Electric Skillets
- Panini Grills
- Plastic Glasses
- Utensils
- Square Tables
- Circle Tables
- Folding Chairs
- Strollers
- Baby Gates
- Booster Seats
- Cribs
- High Chairs
- Pack and Play
- Laundry Baskets
- Sleeping Mats
- Irons
- Ironing Boards
- Trash Cans



03 FEB 2025

## PROGRAM DIRECTORY

Program	Staff Member	Office Phone	Email Address
Director	Vacant ACS Director	913-684-2837 913-683-9069	
AER (Army Emergency Relief)	Red Cross 24/7 Hotline (Request AER Assistance)	877-272-7337	Duty Hours: 913-684-2800
Relocation Readiness, Mobilization & Deployment, Loan Closet	Reagan Sawyer ACS Manager	520-692-6153	reagan.e.sawyer.civ@army.mil
EFMP (Exceptional Family Member Program)	Charise Risper ACS EFMP Manager	520-692-6363	charise.m.risper.civ@army.mil
	EFMP Systems Navigator (Contractor)	913-684-2838	
Employment Readiness	April Rogers ACS Employment Readiness Program Specialist	520-692-6250	april.m.rogers6.civ@army.mil
SOS (Survivor Outreach Services)	Gregory Bailey ACS Coordinator	520-692-6179	gregory.t.bailey8.civ@army.mil
Family Advocacy Program	Jayne Robinson ACS FAP Manager	520-692-6303 913-547-2512	jayne.e.robinson.civ@army.mil
	Reve' Montour ACS FAP Specialist	520-692-6378	reve.m.montour.civ@army.mil
	Tammy Rita FAP Site Coordinator	520-692-6323	tammy.r.rita.civ@army.mil
Victim Advocate 24/7 Hotline		913-683-2537	
Financial Readiness	Josephine Woods Financial Readiness Program Manager	520-716-4951	josephine.woods3.civ@army.mil
	Marco Miroso Personal Financial Counselor	816-500-3163	mirosom@magellanfederal.com
Information and Referral	Shaleena Thomasson ACS Specialist	913-684-2800 520-715-7884	shaleena.d.thomasson.civ@army.mil
MFLC (Military & Family Life Counselor)	Rachelle Huddleston Adult MFLC	256-749-7169	
	Julian Brown Adult MFLC	571-497-9321	
NPSP (New Parent Support Program)	Amy McCauley New Parent Support Home Visitor	913-297-3212	amy.r.mccauley.civ@army.mil
NPSP (New Parent Support Program)	Terra Garland New Parent Support Home Visitor	913-297-9704	terra.g.garland.civ@army.mil
Operations Support	Madelaine Wise Operations Support Assistant	913-684-2800 520-942-2644	madelaine.l.wise.civ@army.mil

### ACS Employment Readiness Program Menu of Services

One-on-one appointments and workshops to assist with:

- Career exploration and planning
- Skills and personality assessments
- Education and skills attainment
- Civilian and Federal resume assistance
- Employer referral and job search assistance
- Interview skills and professionalism

For more information, contact the ACS Employment Readiness Program Specialist  
913-684-2835/2800

### Employment Readiness Program Classes

ACS Classroom • Resiliency Center, 600 Thomas Ave.  
Wednesdays • 12PM - 2PM\*

**Resume Writing:**  
Jan 8\* • Feb 12\* • Mar 12\* • Apr 9\*  
May 7\* • June 11\*

**Evening Classes:**  
Apr 9 • May 7 • June 11 - 5PM - 7PM  
Registration required for evening classes

**Federal Employment:**  
Jan 15\* • Feb 19\* • Mar 19\* • Apr 16\*  
May 14\* • June 18\*

**Evening Classes:**  
Apr 16 • May 14 • June 18 - 5PM - 7PM  
Registration required for evening classes

**Interview Skills & Professionalism:**  
Jan 22\* • Feb 26\* • Mar 26\* • Apr 30\*  
May 21\* • June 25\*

**Evening Classes:**  
May 21 - 5PM - 7PM  
Registration required for evening classes

\*Classes are from 12PM - 2PM\*  
Registration is required for evening classes only.  
Open to DoD ID card holders.

For more info call: (913) 684-2800

### Financial Readiness Milestone Training

Are you financially prepared for what life throws your way? Let us help! We offer free Financial Readiness Training on a variety of subjects.

Some of the topics we will discuss:

- Pre-Deployment
- Post-Deployment
- PCS
- Marriage
- Divorce
- Vesting in TSP
- Promotion
- First Child
- Continuation Pay
- Disabling sickness/injury/condition

Held monthly every 2nd & 4th Thursday @ 0900am - 1100am. Bldg 198 Room 157

INFO: 913-684-2835/2800



## Fort Leavenworth Bicycle Rider Rules

- Wear a helmet that has been approved by the American Society for Testing and Materials or that meets or exceeds the Snell Foundation Safety Standard.
- Don't ride your bicycle on Grant Avenue, use the sidewalk. Always walk your bike through crosswalks.
- You may ride on all sidewalks but should warn pedestrians as you approach (a bell or horn is encouraged) and always yield right-of-way to pedestrians.
- If you ride during limited visibility (night, fog, rain etc.) you must have a headlight and rear reflector.
- Riding in the National Cemetery is prohibited as well as inside of the golf course.
- Don't wear headphones while bike riding.

## March & April Workshops

### Watercolor

\$30 per workshop

**Watercolor (Basic Techniques)**  
Wednesday, March 5  
11am - 1pm

**Watercolor (Spring Florals)**  
Wednesday, March 26  
11am - 1pm

**Watercolor (Color Theory)**  
Wednesday, March 12  
11am - 1pm

**Watercolor (Landscapes)**  
Wednesday, April 9  
11am - 1pm



scan for more info

Call now to register!  
913-684-3373

**Arts & Crafts Studio**  
310 McPherson Ave  
913-684-3373

**OPEN STUDIO**  
Hours 10am - 5pm T - F  
Ask about our Hourly Fees

**Multi-Craft Room**  
Come use our provided supplies to craft with the whole family!

**Painting Studio**  
Provided watercolor and acrylic supplies to create your own masterpiece.

**Framing Studio**  
Must take Intro to Framing before using DIY Framing Studio.

**Pottery Studio (Coming Soon!)**

## Modern Calligraphy

### Basics

\$20 per class

Tuesday  
April 15  
1:30pm - 3pm

### Special Projects

#### Birthday Cards

Tuesday  
April 29  
1:30pm - 3pm

### Intermediate

\$20 per class

Tuesday  
April 22  
1:30pm - 3pm



## Reoccurring Classes

MUST PRE-REGISTER

### Intro to Framing

\$40 per class  
Every 2nd Friday & 4th Sat of the month  
10am - 2pm

### Paint & Sip

\$35 per session  
Every 2nd Friday of the month  
6pm - 8pm

Must be 21 years or older.  
BYOB

Come see what's new at the Studio!

leavenworth.armymwr.com

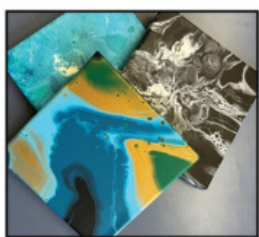


## March & April Workshops

### Acrylic

\$35 per class

**Acrylic Pour**  
Tuesday, April 22  
6pm - 8pm



### Framing

\$40 per class

**Intro to Framing**  
\*Must pre-register\*

Fridays  
March 14, April 11  
10am - 2pm

Saturdays  
March 29, April 26  
10am - 2pm



### Crafts

\$35 per class

**Hello Spring Wooden Sign**  
Tuesday, March 25  
6pm - 8pm

Friday, March 28  
11am - 1pm

**Pressed Flower Jewelry Dish**  
Wednesday, April 23  
11am - 1pm

Tuesday, April 29  
6pm - 8pm



Call now to register!  
913-684-3373

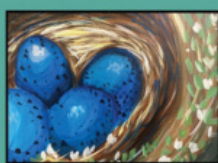
**Arts & Crafts Studio**  
310 McPherson Ave  
913-684-3373

### Paint & Sip

\$35  
Must be 21 years or older.  
BYOB



**Fawn in Flowers**  
Friday, March 7  
6pm - 8pm



**Robin Nest**  
Friday, April 18  
6pm - 8pm

Cost includes all supplies!

## Kids Arts & Crafts

### Messy Art

\$12 per class (ages 7+)

Thursday, March 6  
10:30am - 11:30am

Thursday, April 3  
10:30am - 11:30am

Thursday, April 17  
10:30am - 11:30am

**Color Me Happy (Parent & Toddler)**  
\$10 per class

Thursday, March 13  
10:30am - 11:30am

Thursday, March 27  
10:30am - 11:30am

Thursday, April 10  
10:30am - 11:30am

Thursday, April 24  
10:30am - 11:30am

### Art History

\$15 per class (ages 7+)

**Waffles & Warhol**  
Wednesday, March 26  
1pm - 3pm

**Donuts & da Vinci**  
Wednesday, April 16  
1pm - 3pm



**Mother's Day \$20 Gift & Card**  
Thursday, May 1  
10:30am - 12pm



Come see what's new at the Studio!

leavenworth.armymwr.com



## The Fort Leavenworth Frame Studio

**Custom Framing & DIY Studio**  
Tuesday - Friday  
10am - 5pm

Must complete Intro to Framing Workshop before using the DIY Frame Studio. Hourly fee applies.

Call to register or stop by the studio!



Come see us!  
**Arts & Crafts Studio**  
310 McPherson Ave  
(913) 684-3373

**Intro to Framing:**  
(\$40 a class must pre-register)

Every 2nd Thursday of the month from 10am - 2pm

Every 4th Saturday of the month from 10am - 2pm

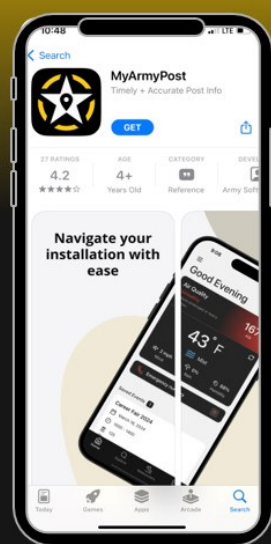
Deadline to register is the day before class. Ages 15+

**The Frame Studio is available for all of your framing needs!**

Military Prints  
Art Projects  
Photography Prints  
Graduation Certificates  
Etchings/Engravings  
Restoration

## My Army Post App

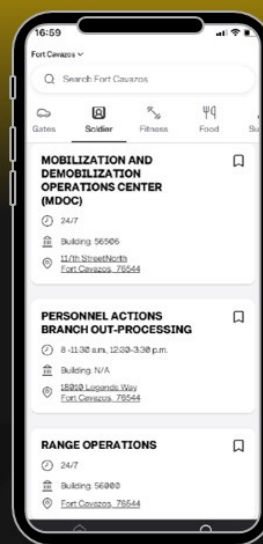
**Step 1:**  
Download the app



**Step 2:**  
Select your base



**Step 3:**  
Stay in the know!



**MWR BRUNNER RANGE 2025 SPECIAL FUN SHOOTS**

16 April	Rod & Gun Club
26 April	VFW Post 12003
17 May	Lil Weenie
21 June	Club Championship
19 July	One Gun/ One Choke
16 August	Shuck n' Chuck
20 September	American Legion Post 411
15 October	Rod & Gun Club
18 October	Lil Weenie

Contact Brunner Range for more information (913) 651-8132

**Brunner Range 2025 LEAGUE SCHEDULE**

**Winter Combo**  
9 January - 13 March

**Spring Combo**  
20 March - 22 May

**Summer Warm-up**  
5 June - 10 July  
17 July - 21 August

**Fall Combo**  
4 September - 6 November

**Winter Warm-up**  
13 November - 18 December

Combo leagues shoot on Thursday evenings. Teams consist of 5(+/-) shooters. All teams take turns supplying an evening meal at approximately 5:30 pm with shooting commencing at 6:00 pm. Summer and Winter Warm-up leagues are individual with the same fee but no food.

Contact Brunner Range for more information (913) 651-8132

**MWR Friday Night Couples League**

Meeting: March 14th @ 6:30pm  
Start March 28th @ 6:15p  
8 Week Handicap League  
March 28th - May 16th  
\$20 per week / per team (Shoes included)  
(Prize fund option to be voted on by the league)

For more info call 913-651-2195

**SIGN UP NOW FOR YOUTH SPORTS & FITNESS SPRING SPORTS!**

REGISTRATION/ ENROLLMENT FEBRUARY 3 - MARCH 3  
Registration must be done through Parent Central or Webtrac. Must be centrally registered and have an updated sports physical on file.

<b>Start Smart Baseball \$30</b> (ages 3 - 4) (Monday Sessions) April 14 - May 12 (Tuesday Sessions) April 15 - May 13 (Thursday Sessions) April 17 - May 15	<b>Soccer \$50</b> (ages 5 - 14) April 7 - May 22	<b>LET'S PLAY BALL!</b>
<b>Baseball \$50</b> Kinder - 6th grade (ages 5 - 12) April 7 - May 22	<b>Girls Kid Pitch Softball \$50</b> 3rd - 6th grade (ages 8 - 12) April 7 - May 21	

For more info call 913-684-7525/ 7526  
Volunteer Coaches Needed!

**MWR Saturday Morning Spring Youth Bowling League**

Meeting: January 11th @ 10:00am  
12 Week Handicap League  
January 18th - April 12th

Every Saturday at 9:45am @ The Strike Zone

Ages 3-5 years old - Little Rollers (2 games per Saturday w/ bumpers - \$8 per week)  
Ages 6-9 years old - Dragons (3 games per Saturday w/ optional bumpers - \$11 per week)  
Ages 10-18 years old - Explorers (3 games per Saturday no bumpers - \$11 per week)

For more info call 913-651-2195

**MWR CGSC BOWLING LEAGUE**

**MIXED**  
Thursday Nights @ 6:15pm  
4 person mixed teams  
\$10 per week - includes 3 games & shoes

Meeting January 9th at 6:30pm  
12 Week League starts January 16th - April 10th at 6:15pm at The Strike Zone  
For more info call: 913-651-2195

Starting January 1st, 2025

**Fort Leavenworth Group Fitness Classes**

**GRUBER FITNESS CENTER** - 200 Reynolds Ave. - 684-5120  
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530						
0930		Zumba (Lydia)		Zumba (Lydia)		
1200						
1630		Zumba (Lydia)	Power Cycling (Kim)	Zumba (Lydia)		
1700	Power Yoga (Kim)					

**HARNEY SPORTS COMPLEX** - 185 Fourth St. - 684-2190  
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

\*Power Cut classes are held in the Bubble Gym

Single Ticket For \$5.00  
10 Tickets For \$45.00  
20 Tickets For \$80.00

U.S. ARMY MWR SPORTS • FITNESS • AQUATICS

<https://leavenworth.armymwr.com>

**Independent Instructor Class Schedule**

**Gruber Fitness Center**

Monday	Tuesday	Wednesday	Thursday	Friday
	Brazilian Jiu-Jitsu Beginner 1830-1930	Brazilian Jiu-Jitsu Beginner 1830-1930	Brazilian Jiu-Jitsu Beginner 1830-1930	
	Advanced 1940-2040	Advanced 1940-2040	Advanced 1940-2040	

1 x a week - \$60 2 x a week - \$75 3 x a week - \$85 Drop in \$20  
First class is FREE! Must have 24 hour access to gym. Classes are 18+ Register in person

**Harney Sports Complex**

Monday	Tuesday	Wednesday	Thursday	Friday
Olympic Lifting 0900-1015		Olympic Lifting 0900-1015		Olympic Lifting 0900-1015
Kids Olympic Lifting 1600-1700 Bubble Gym		Kids Olympic Lifting 1600-1700 Bubble Gym		

Olympic Lifting - \$75 (3 days) \$70 (2 days) \$10 (drop in)  
Kids Olympic Lifting - \$75 (NO drop in)  
First class is FREE! Olympic Lifting and Resistance Training is for 18+

Harney Sports Complex & Aquatics Center  
185 Fourth St  
Ft. Leavenworth, KS  
913-684-2190

Gruber Fitness Center  
200 Reynolds Ave  
Ft. Leavenworth, KS  
913-684-5120

**FITNESS CENTER PROPER ATTIRE**

**Authorized**

- TOPS**
  - Un-modified t-shirts or tank tops
  - Underclothing (workout gear with built-in underclothes are okay)
  - When standing, tops must at least meet top of shorts
- BOTTOMS**
  - Shorts with full coverage of buttocks
  - Authorized leggings covered by shorts
  - Sweatpants or athletic pants
- FOOTWEAR**
  - Athletic shoes
  - Tennis shoes
  - Running shoes
  - Court shoes
  - Cross-training shoes
  - Minimalistic/ five-finger shoes
- OTHER**
  - Soldiers using wireless/ non-wireless devices/ earpieces in uniform while inside fitness centers. Must be 1.5 inches in diameter or less at the widest part.
  - Soldiers not in uniform. Family Members, DOD Civilians may use headphones while running outside on sidewalks or tracks.

**NOT Authorized**

- TOPS**
  - Clothing with rivets
  - Modified/ homemade t-shirts/ tank tops/ crop tops
  - Exposed midriff
  - Exposed chest
  - Inappropriate or offensive language on clothing
- BOTTOMS**
  - Sagging pants
  - Jeans
  - Ranger Shorts
  - Exposed gluteous muscles or exposed undergarments
- FOOTWEAR**
  - Bare feet
  - Socks only without shoes
  - Flip flops
  - Sandals
  - Open-toed shoes
  - Crocs/ clogs
  - Boots on the cardio equipment
- OTHER**
  - Plastic/ rubber suits
  - Soldiers using wireless/ non-wireless devices/ earpieces in uniform while outdoors, including running.
  - Headphones worn on the roads at any time.

Harney Sports Complex & Aquatics Center  
185 Fourth St  
913-684-2190  
Gruber Fitness Center  
200 Reynolds Ave  
913-684-5120

Policy per Fort Leavenworth, KS  
Commanding General

Fitness Staff has FINAL guidance on appropriate attire.

**FITNESS CENTER PROPER ATTIRE**

**Authorized**

- TOPS**
  - Un-modified t-shirts or tank tops
  - Underclothing (workout gear with built-in underclothes are okay)
  - When standing, tops must at least meet top of shorts
- BOTTOMS**
  - Shorts with full coverage of buttocks
  - Leggings
  - Sweatpants or athletic pants
- FOOTWEAR**
  - Athletic shoes
  - Tennis shoes
  - Running shoes
  - Court shoes
  - Cross-training shoes
  - Minimalistic/ five-finger shoes
- OTHER**
  - Soldiers using wireless/ non-wireless devices/ earpieces in uniform while inside fitness centers. Must be 1.5 inches in diameter or less at the widest part.
  - Soldiers not in uniform. Family Members, DOD Civilians may use headphones while running outside on sidewalks or tracks.

**NOT Authorized**

- TOPS**
  - Clothing with rivets
  - Modified/ homemade t-shirts/ tank tops/ crop tops
  - Wearing only a sports bra
  - Exposed midriff
  - Exposed chest
  - Inappropriate or offensive language on clothing
- BOTTOMS**
  - Sagging pants
  - Jeans
  - Bikinis
  - Exposed gluteous muscles or exposed undergarments
- FOOTWEAR**
  - Bare feet
  - Socks only without shoes
  - Flip flops
  - Sandals
  - Open-toed shoes
  - Crocs/ clogs
  - Boots on the cardio equipment
- OTHER**
  - Plastic/ rubber suits
  - Soldiers using wireless/ non-wireless devices/ earpieces in uniform while outdoors, including running.
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Harney Sports Complex & Aquatics Center  
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Policy per Fort Leavenworth, KS  
Commanding General

Fitness Staff has FINAL guidance on appropriate attire.

NOW  
**OPEN**  
**Fort Leavenworth Care Options for  
Summer 2025 & School Year 2025-2026**

Request Before/After School Care & SAC Camps all year round



**MILITARY**  
CHILDCARE.COM

Families can use MCC to make requests for SAC programs, which include Before/After School care and Fall, Winter, Spring, and Summer Camps, all year round. The online system allows you to search for and submit unlimited SAC requests at any time of the year without waiting for a specific registration time to begin. As soon as school dates are known, all SAC programs will be made available to you so you can submit your requests.

Please Note: Spaces are offered via email based on the sponsor's priority and request for care (RFC) date.

**MILITARY**  
CHILDCARE.COM

Using **MilitaryChildCare.com**, you can find comprehensive information on child care programs worldwide, conduct a customized search for the care you need, and submit a request for care at any time and from any location. Follow these four steps!

- STEP 1 CREATE ACCOUNT**  
Go to **MilitaryChildCare.com** to create an account containing information about your family, or to login using an existing username and password.
- STEP 2 SEARCH and REQUEST CARE**  
Search the system for the child care options that best fit your needs and submit your requests for care.
- STEP 3 MANAGE MY REQUESTS**  
You can manage your requests for care from anywhere in the world.
- STEP 4 UPDATE MY PROFILE**  
Keep your **My Profile** page up-to-date with important information.

It's that easy!

To get started, visit:  
**MilitaryChildCare.com**  
For questions/support, call: 855.696.2934

**Don't know what Care Options to request?**  
Prior to making Requests for Care, go to **CYS Facebook** or **FMWR-CYS** website to review flyer:  
**2025 Fort Leavenworth Care Options & Waitlists**



**Supervision of Children or Home Alone Policy**  
Per CAC Supplement to Army Regulation 608-18

**\*\* Children with a history of Attention Deficit Hyperactivity Disorder (ADHD), Attention Deficit Disorder (ADD), Developmental Delay, behavioral problems, impulsivity, psychiatric problems or other special needs should not be given the degree of self-management or responsibility allowed in this policy.**

HOME ALONE?

- Birth to 9 years old - NEVER
- Ages 10 & 11 - Can be left up to 2 hours with an emergency plan in place and access to an adult (NEVER overnight) but not dropped off at F&MWR without adult supervision
- Ages 12 to 14 - Up to 3 hours with an emergency plan in place and an adult checking on them in person or telephonically (NEVER overnight)
- Ages 15 to 17 - Up to 6 hours (NEVER overnight) with an emergency plan in place and access to an adult



BABYSITTING?

- Birth to 11 years old - NEVER
- Ages 12 to 14 - Must have completed a CYS approved babysitting course. May babysit with an adult checking on them every 3 hours in person or telephonically (NEVER overnight)
- Ages 15 to 17 - Must have completed a CYS approved babysitting course. May babysit up to 6 hours with ready access to adult supervision (NEVER overnight)



UNATTENDED IN VEHICLE?

- Birth to 9 years old - NEVER
- Ages 10 and older - Yes under normal weather conditions



UNATTENDED OUTSIDE?

- Birth - 4 years - Direct supervision, NEVER LEFT ALONE
- Ages 5 to 6 - Immediate supervision, MUST be within eyesight or hearing distance from supervising adult with the ability to respond to an emergency in 30 seconds
- Ages 7 to 9 - Monitored supervision, If in a playground or yard access to adult supervision at all times
- Ages 10 & 11 - Self-care supervision up to 2 hours with access to adult supervision
- Ages 12 to 14 - Self-care supervision up to 3 hours
- Ages 15 to 17 - Self-care supervision up to 6 hours
- **Children 11 and under will not be dropped off at F&MWR activities without adult supervision per policy guidance.**



- > Kindergarten must be accompanied by an adult to and from school
- > 1<sup>st</sup> Grade and above - May walk to and from school and supervised activities alone
- > During school year children 9 & younger must be escorted across heavy traffic roads (i.e., Grant, Hancock and Biddle)

**CURFEW** (Children must be accounted for by a parent during the following time periods. )

- Ages 15 and younger is 2230-0600 hours.
- Ages 16 and 17 is 0030-0600 hours.

**Questions? Call Family Advocacy Program Manager (FAPM) at (913) 684-2822, Behavioral Health at (913) 684-6778 or Military Police at (913) 684-3456**

**\*\*For a complete Supervision of Children and Home Alone Post Policy please contact the FAPM.**

19 Oct 21

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What are you waiting for?  
Apply to Fort Leavenworth  
Child and Youth Services today!

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to level

Ready



Scan here to apply!  
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- Medical, Dental, Vision, & Life Insurance Benefits\*
- Retirement & 401K
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- Paid Leave and Paid Federal Holidays for Full-Time & Part-Time
- Career Progression & Paid Training
- Priority Child Care Placement & Employee Child Care Discounts
- Access to Commissary & AAFES Shopping Privileges & MWR Facilities
- Job Transfer Program Worldwide Through Civilian Employment Assignment Tool

\*Conditions Apply



**BREAKING DOCTRINE**

Episode 62  
**Stewarding the Profession: THE HARDING PROJECT**

LTC Zach Griffiths, Dr. Trent Lythgoe, and COL(R) Rich Creed join our host LTC Lisa Becker to talk about The Harding Project. They discuss how Army Professionals advance the Profession of Arms through professional writing and discourse. They examine myths of writing, tips to get better at writing, and writing initiatives within The Harding Project.

Now available on...





<https://podcasts.apple.com/us/podcast/episode-62-stewarding-the-profession-of-the-harding-project/id152292251?i=1000563116512>



**FORT LEAVENWORTH  
FMWR**

**CHILD AND YOUTH SERVICES**

Parent Central and Outreach Services (913) 684-5138

Youth Sports and Fitness (913) 684-7525

SKIES Unlimited (913) 684-3207

**ARMY COMMUNITY SERVICE**

(913) 684-2800

EFMP, FAP, ERP, AER, MFIC  
And much more!

**RECREATION**

Haney Sports Complex (913) 684-2190	Brunner Range (913) 651-8132	Hunt Lodge (913) 684-1830
Gruber Gym (913) 684-5120	Auto Crafts (913) 684-3395	Stables and Horses (913) 684-1703
Outdoor Equipment Rental (913) 684-3395	Rod & Gun Club (913) 684-2035	Stray Facility (913) 684-4934

**BUSINESS OPERATIONS**

Strike Zone (913) 651-2195	12th Brick Grille (913) 684-2293
Trails West Golf Course (913) 651-7176	RV Storage & POV Lot (913) 651-7176
Frontier Conference Center (913) 684-3825	Clean Paws Pet Wash (913) 651-7176

Connect with Us!  
Facebook: Fort Leavenworth FMWR  
Twitter: @leavenworth\_fmwr  
Online: [leavenworth\\_fmwr.com](http://leavenworth_fmwr.com)



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# MUNSON NOTES

## Speak up! Your voice matters

Volunteer to become a **patient and family advisor** on our patient and family partnership council

The Patient and Family Partnership Council captures the voices and insights of patients and families to improve the care experience.

**Is being a patient and family advisor right for you?**

**We are looking for volunteers who can:**

- Partner with other patients and staff to help improve care
- Represent the interests of all patients cared for by the military treatment facility
- Work well in teams and have fun!



Learn more about the Patient and Family Partnership Council

Munson Army Health Center Patient Advocates at 913-684-6211/6127



# Act by March 31 to stay enrolled in TRICARE

by TRICARE Communications

FALLS CHURCH, VIRGINIA — *\*Note: This article was originally published Jan. 21. It was updated Feb. 24 to reflect the payment deadline extension to March 31.\**

Do you currently live in the West Region? (<https://tricare.mil/west>)

Or, do you live in one of the six states (Arkansas, Illinois, Louisiana, Oklahoma, Texas, Wisconsin) that moved to the West Region Jan. 1, 2025, as part of TRICARE's new regional contracts? (<https://tricare.mil/changes>)

If you pay for your TRICARE coverage using a bank electronic funds transfer, credit card or debit card, you must securely give your recurring payment information to the West Region contractor, TriWest Healthcare Alliance.

The Defense Health Agency has extended the payment deadline for those enrolled in a TRICARE premium-based plan (TRICARE Young Adult, TRICARE Reserve Select, and TRICARE Retired Reserve). You now have until March 31 to provide your payment information to TriWest.

If you have TRICARE Prime or TRICARE Select, you also have until March 31 to pay your fees.

**If you don't act before these dates, you'll be disenrolled, retroactive to Jan. 1.**

"While the deadline has been extended, you shouldn't wait to take action," said Malcolm Jones, enrollment specialist, TRICARE Health Plan, at the Defense Health Agency. "To keep your coverage, use the TriWest secure portal, mail in the payment request form, or call them to set up your pay-

ments."

You don't need to take any action if:

- You've already set up your payment method with TriWest. If you wish, you can log into the TriWest portal to check that your payment method is current.
- You have TRICARE For Life, the US Family Health Plan, or a TRICARE health plan overseas.
- You live in a state that's staying in the East Region. Humana Military has kept your current payment information on file. If you live in the East Region and have questions for Humana Military, call 800-444-5445.
- You don't pay enrollment fees or premiums for your TRICARE coverage. Examples include active-duty service members and their family members.
- You pay by military pay system allotment. Allotment payments have transferred automatically. If you don't already pay by allotment, consider switching for the future. With allotments, you won't need to worry about updating your TRICARE payment method during any future contract changes, or if you get a new credit or debit card. To learn how to set up payment by allotment, check out the Defense Financing and Accounting Service's Allotments page at <https://www.dfas.mil/RetiredMilitary/manage/allotments/>.

How to set up your payments  
The easiest and fastest way to set up your payments with TriWest is through the secure portal at <https://tricare-bene.triwest.com/signin>.

Visit the TriWest portal at <https://tricare-bene.triwest.com/signin>.

<https://tricare-bene.triwest.com/signin>.

- Select the "New User? Sign Up Now" option.
- You'll be asked to input your e-mail address. A verification code will be sent to you.
- Check your e-mail for the verification code. Then, enter it to continue. Ensure you enter the correct Benefits Number when asked. Enter your Benefits Number without dashes. (You can obtain your 11-digit Benefits Number from the back of your Uniformed Services ID card. See <https://www.tricare.mil/Plans/Eligibility/IDCards/ShowingYourID> to locate your Benefits Number on your ID card. It provides a picture graph of ID and CAC cards showing your Benefits Number, which is different than your DOD ID number.)
- Complete the information requested (name, address, etc.) in the secure forms.
- Select your payment method.
- Complete all fields.
- Submit.

You can also download an Automatic Monthly TRICARE Payment Set Up Request form on [www.tricare.mil/west](http://www.tricare.mil/west). Complete the form and mail it to the address on page 2. This form is for recurring monthly payments.

If you run into any issues with these options, call TriWest customer service at 888-TRIWEST (874-9378) and provide your payment information over the phone. Call volume is heavy now, so please be patient.

Act now to ensure you and your family maintain your coverage for 2025.

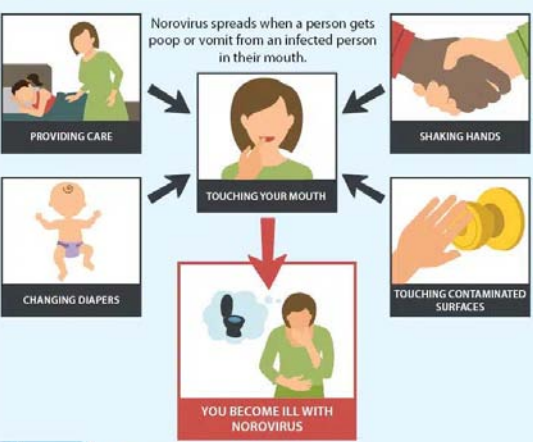
## Pharmacist Questions?

# PHARMACY



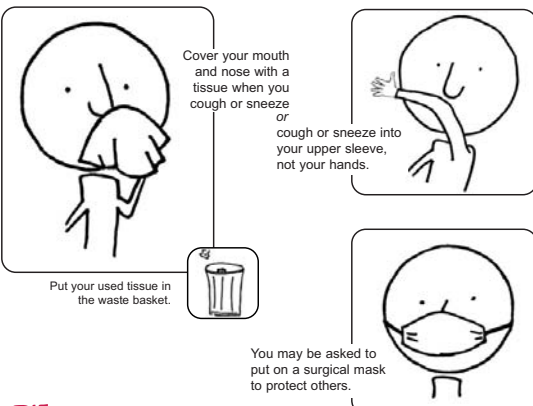
The pharmacists at Munson are available to talk to you directly about your medications. They can help you understand how to use your medicine correct what your medicine is supposed to do, and the possibility of reactions or side effects. You can also talk to your pharmacist about how to store and take medication, what foods or activities to avoid, and what to do if you miss a dose. If you would like to talk to someone about your medicines, please dial (913) 684-6250 opt 2, and your pharmacist can help.

## How You Get Norovirus From People or Surfaces

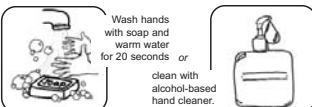


Stop the spread of germs that make you and others sick!

# Cover your Cough



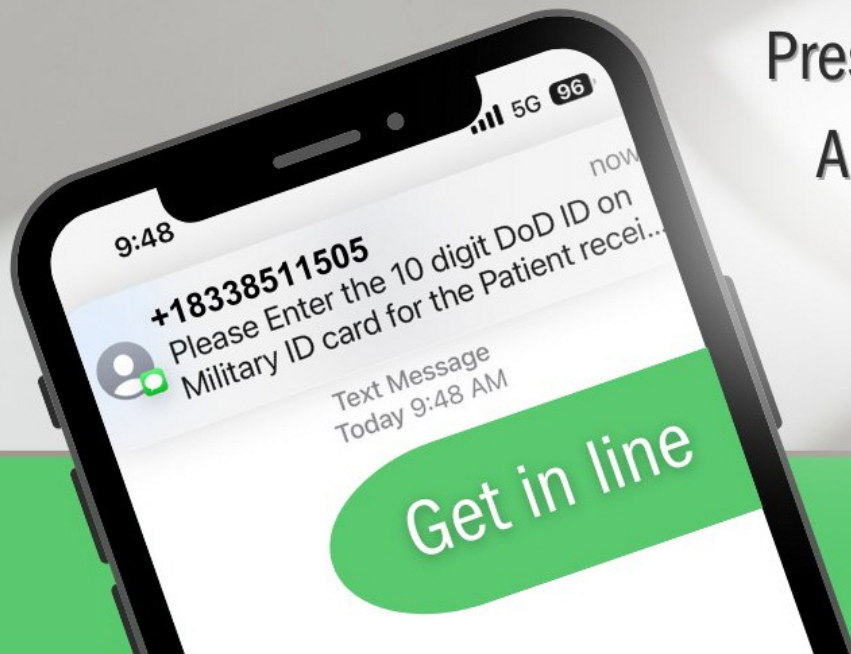
## Clean your Hands



Text "Get in Line" to 1-833-851-1505 and then follow the prompt to activate new prescriptions

## MUNSON ARMY HEALTH CENTER

Prescription  
Activation  
Service



Whether you receive care from Munson Army Health Center, or are seen by a provider off post, Q-Anywhere is helpful technology for patients who get new or renewed prescription medication from MAHC's pharmacy. To activate your new or renewed prescription, text "Get in Line" to 1-833-851-1505, then follow the prompts. Q-Anywhere will send a text when your prescription is ready for pick-up. When you arrive, there is no need to pull a pharmacy ticket and wait, just proceed to Window No. 7 to pick up your medication. See page B11 for more MAHC-related information.

Visit <https://www.facebook.com/munsonhealth/> for updates and information.

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