

THURSDAY
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RSO focuses on values, uplifting community with team initiative

by Prudence Siebert/Editor

Religious Support Office team members have resolved to contribute positively to the Interactive Customer Evaluation system, better known as ICE comments, to help the RSO team focus on its values while offering positive feedback and connection to the community.

Those values — being aware of the needs of people, investing in spiritual growth, being compassionate, performing sacrificial service without grumbling, honoring retirees and international students, worshiping and investing in the next generation — are central to the initiative.

“Before every RSO meeting we recap our values. During one meeting we talked how our values spill out into the community,” Garrison Chaplain (Lt. Col.) Eric Bryan said. “Someone mentioned how ICE comments can be positive, not negative, which sparked an idea: an ‘internal competition’ to see how many positive ICE comments we could do this coming year, with the rule (that) comments have to be sincere and honest — no flattery — and that we should remember a person’s name and try to notice the many awesome people who go unnoticed.”

ICE

Operations Chaplain (Maj.) Christopher Weinrich said positive ICE comments help make organizations aware of the people they have who are doing great things.

“The ICE comment — if something is stuck or someone’s voice needs to be heard — it’s a great way to share your thoughts with it. It might not get instantly fixed all the time, but it is a good way to share,” he said during the weekly RSO meeting Jan. 14.

Weinrich said it is easy for people to go on autopilot while accomplishing the mission, but using the ICE system for positive feedback and recognition is one way the RSO team is connecting, in person and online, to help bolster organizations and the community.

What is ICE?

The Army’s web-based ICE system is available through almost every garrison and allows customers

to provide feedback on services and installations to help improve the quality and responsiveness of service, said John Stir, program management analyst with the Plans, Analysis and Integration Office, which oversees the ICE program at Fort Leavenworth.

“It also helps them to correct issues in

SEE POSITIVE ICE COMMENTS | A4



Photo by Prudence Siebert/Fort Leavenworth Lamp

Operations Chaplain (Maj.) Christopher Weinrich talks with Family Life Chaplain (Maj.) Joshua Portwood and other Religious Support Office team members about the RSO’s positive Interactive Customer Evaluation (ICE) comment initiative during their weekly sync Jan. 14 at Frontier Chapel.

1st CGSOC graduate from Kosovo inducted into IHOF

by Sarah Hauck/Command and General Staff College Public Affairs Officer

The U.S. Army Command and General Staff College inducted Minister of Defense of the Republic of Kosovo His Excellency Ejup Maqedonci to the CGSC International Hall of Fame during a ceremony Jan. 15 at the Lewis and Clark Center.

Maqedonci’s induction marks the addition of another country to the hall of fame’s list, pushing the number of represented nations to 82.

Maqedonci is not only the first international graduate from the Republic of Kosovo, but also the first of his Command and General Staff Officer Course graduating class of 2013.

Just 10 years after his graduation, Maqedonci was appointed as the minister of defense of the Republic of Kosovo, reaching the pinnacle of his career.

His 15-year career within the Kosovo military is marked by several assignments historic for his country to include chief planning officer for the Kosovo Security Force during its first participation in Defender Europe 21 and 23.

Maqedonci explained, while he hasn’t walked the halls of CGSC more than a dozen years, lessons learned during his time here are omnipresent in his life.

“In many ways, I never really left this place,” he said. “I returned here countless times through memories shared with my family, through lessons re-visited late at night and through principles applied in moments of responsibility and decision, both as an officer of the Kosovo Armed Forces and as a person.”

Like many of his fellow IHOF inductees, Maqedonci credited CGSC for shaping him

professionally and personally.

He said that CGSC prepared him for his time at the U.S. Army War College, where he was a superior graduate in 2019.

“I understood how the U.S. military thinks, plans and leads,” Maqedonci said. “And beyond doctrine and theory, I had already experienced something equally valu-



Photo by Jim Shea/CGSC Public Affairs

Minister of Defense of the Republic of Kosovo His Excellency Ejup Maqedonci and Maj. Gen. Karen Monday Gresham, deputy commanding general, Reserve Affairs, U.S. Army Combined Arms Command, stand with Maqedonci’s portrait that will be added to the International Hall of Fame during Maqedonci’s induction ceremony Jan. 15 at the Lewis and Clark Center.

able: the culture of the American people and the richness that comes from working alongside international colleagues from across the globe. For officers from small countries, CGSC is more than a school. It’s a window onto the world.”

Beyond his career, Maqedonci explained the impact CGSC education has had on the young county of Kosovo as a whole.

Whether it be training curriculum, leadership lessons, professionalism, or even weapons systems, he said the U.S. military and education system have been a “model” for that development.

“Our armed forces are profoundly grateful to the U.S. Department of War and U.S. military education institutions for helping us build a force that is modern, professional, disciplined and capable. A force ready to defend our territory and sovereignty and equally prepared to contribute to peace and security alongside our partners around the world,” Maqedonci said.

In closing, Maqedonci offered advice to the current CGSOC class. He encouraged the students to focus their time on personal reflection, relationship building both professional and personal, and maximizing learning.

“CGSC helped shape who I am as a leader. It helped shape the contributions I am able to make to my country. For that, I will always remain grateful,” Maqedonci said. “And I am sure that you heard this many times here, this really can be the best year of your life if you like to feel like that.”

To view Maqedonci’s induction ceremony <https://www.youtube.com/watch?v=jpuFHIXZfo>.

About the IHOF

In 1973, CGSC, the Kansas City Chapter of the Military Order of the World Wars and the CGSC Alumni Association, now known as the CGSC Foundation, jointly established the IHOF.

The IHOF’s purpose is to provide a visible means of recognition for international graduates, who through military merit, attained qualifying positions of importance in their respective countries’ armed forces; or who have held an equivalent position by rank or responsibility in a recognized multinational military organization.

To date, 308 international graduates from 82 partner nations have been inducted into the IHOF.

AT A GLANCE

■ Army Community Service and the Family Advocacy Program present **POSITIVE PARENTING** via Teams from 1:30-3 p.m. Feb. 2, 9, 18 and 23. For more information or to sign up for the free, four-week course, call 520-692-6378.

■ Lt. Col. Kyle Hatzinger will present **“PEOPLE MAKING HISTORY: Col. Charles Pierce, Chief of Army Graves Registration”** at 7 p.m. Feb. 12 at the Leavenworth Public Library.

■ The Vertical Marriage **VALENTINE’S EVENT DATE NIGHT** is 5:30-7 p.m. Feb. 13 at Frontier Chapel. Meals and childcare are provided. For more information or to register, scan the QR code on the flyer on page B1 or call/text 910-644-2999.

■ The Fort Leavenworth Rod and Gun Club will host the **ADVANCED HUNTER EDUCATION AND HUNTING DOG TRAINING** from 7:30 a.m. to 6:30 p.m. Feb. 28, and March 1 if needed, in Leavenworth County. For more information and to obtain the entry form, contact Kent Ervin at kent.e.ervin.civ@army.mil or 913-240-9596.

Home heating fires peak during winter months

by National Fire Protection Association Press Release

Heating fires peak during the winter months, with nearly half of all U.S. home heating equipment fires (46 percent) occurring between December and February.

In response to this increased risk, the National Fire Protection Association is sharing simple but critical ways to stay warm and safe through the colder months and during winter storms.

"Each winter, when heating systems kick into high gear, so do the number of home heating fires," said Lorraine Carli, vice president of outreach and advocacy at NFPA. "Our goal is to make sure people know when and where home heating fires tend to occur, along with ways to prevent them."

According to the latest NFPA data, U.S. fire departments responded to an annual estimated average of 37,365 home heating equipment fires from 2020-2024, accounting for 11 percent of all reported home fires during this time. These fires resulted in 417 civilian deaths, 1,260 injuries and \$1.2 billion in property damages. Space heaters and heating stoves were the type of heating

equipment responsible for the largest shares of losses in home heating equipment fires, accounting for nearly half (47 percent) of the fires, but more than seven out of 10 deaths (73 percent) and seven out of 10 (70 percent) of the injuries.

In addition, colder temperatures across much of the country and fewer hours of sunlight result in people spending more time indoors, which means electricity is used more hours of the day, and, in many cases, households are doing more cooking, which represents the leading cause of home fires year-round.

"With winter storm alerts currently stretching 2,000 miles across central, southern and northeastern portions of the United States, it's a good time to make sure everyone knows how to operate a generator safely in the event of a power outage," Carli said.

NFPA offers the following tips and recommendations to reduce the threat of home fires and associated hazards during the winter months.

Heating safety

Make sure all heating equipment is in good working order. Heating systems and

chimneys should be cleaned and inspected annually by a qualified professional.

Keep anything that can burn at least three feet away from all heating equipment, including furnaces, fireplaces, wood stoves, and space heaters.

Always use the right kind of fuel, as specified by the manufacturer, for fuel-burning space heaters.

Use space heaters in accordance with the manufacturer's instructions. Turn them off when leaving the room or going to sleep.

Fireplaces should have a sturdy screen to stop sparks from flying into the room. Ashes should be cool before putting them in a metal container. Keep the container a safe distance away from your home.

Carbon monoxide

Choose a CO alarm that has the label of a recognized testing laboratory. Follow the manufacturer's instructions for placement and mounting height.

CO alarms should be installed in a central location outside each sleeping area and on every level of the home and in other locations where required by applicable laws, codes or standards. For the best protection, interconnect all CO alarms throughout the

home. When one sounds, they all sound.

Test CO alarms at least once a month. Replace them according to the manufacturer's instructions.

If the audible trouble signal sounds, check for low batteries. If the battery is low, replace it. If it still sounds, call the fire department.

If the CO alarm sounds, immediately move to a fresh air location outdoors or by an open window or door. Make sure everyone inside the home is accounted for. Call for help from a fresh air location and stay there until emergency personnel arrive.

If you need to warm a vehicle, remove it from the garage immediately after starting it. Do not run a vehicle or other fueled engine or motor indoors, even if garage doors are open. Make sure the exhaust pipe of a running vehicle is not covered with snow.

During and after a snowstorm, make sure vents for the dryer, furnace, stove and fireplace are clear of snow build-up.

A generator should be used in a well-ventilated location outdoors away from windows, doors and vent openings.

Electrical safety

Only use one heat-producing appliance (such as a coffeemaker, toaster, space heater, etc.) plugged into a receptacle outlet at a time.

Check electrical cords to make sure they are not running across doorways or under carpets.

Extension cords are intended for temporary use. Have a qualified electrician add more receptacle outlets so you don't have to use extension cords.

Call a qualified electrician or your landlord if you have frequent problems with blowing fuses or tripping circuit breakers, a tingling feeling when you touch an electrical appliance, a discolored or warm wall outlet, a burning or rubbery smell coming from an appliance, flickering or dimming lights, or sparks from an outlet.

Cooking safety

Keep a close eye on what you're cooking — never leave cooking food unattended. For foods with longer cooking times, such as those that are simmering or baking, set a timer to help monitor them carefully.

Clear the cooking area of combustible items, keeping anything that can burn — such as dish towels, oven mitts, food packaging and paper towels — at least three feet away from cooking equipment.

Turn pot handles toward the back of the stove.

Keep a lid nearby when cooking. If a small grease fire starts, slide the lid over the pan and turn off the burner.

Create a "child- and pet-free zone" of at least three feet around the cooking area and anywhere else hot food or drink is prepared or carried.

NFPA's "Put a Freeze on Winter Fires" campaign with the U.S. Fire Administration works to promote a host of winter safety issues, including home heating.

About NFPA

Founded in 1896, the National Fire Protection Association is a global self-funded nonprofit organization devoted to eliminating death, injury, property and economic loss due to fire, electrical and related hazards. The association delivers information and knowledge through more than 300 consensus codes and standards, research, training, education, outreach and advocacy; and by partnering with others who share an interest in furthering the NFPA mission. For more information, visit nfpa.org. All NFPA codes and standards can be viewed online for free at nfpa.org/freeaccess.

Put a **FREEZE** on Winter Fires

Home fires occur more in winter than in any other season. As you stay cozy and warm this winter, be fire smart!



Half of all home heating fires occur in December, January and February.



Heating equipment is involved in **1 in every 6** home fires and **1 in every 5** home fire deaths.



Keep anything that can burn at **least 3 feet** from any heat source like fireplaces, wood stoves, radiators or space heaters.



Keep portable generators **outside, away from windows, and as far away** from your home as possible.



Install and test carbon monoxide alarms **at least once a month**.



Plug only **1 heat-producing appliance** (like a space heater) into an electrical outlet at a time.



Have a qualified professional clean and inspect your chimney and vents **every year**.



Store cooled ashes in a tightly covered metal container, and keep it **outside at least 10 feet** from your home and any nearby buildings.



FEMA



U.S. Fire Administration



Fire is Everyone's Fight



NFPA

For more information on how to prevent winter fires, visit usfa.fema.gov/winter and nfpa.org/winter.

FORT LEAVENWORTH LAMP

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Personal Property Activity established to help ensure successful PCS moves

by C. Todd Lopez/Pentagon News

WASHINGTON — The War Department's Personal Property Activity will stand up this summer as a permanent fix of the myriad woes service members and their families have experienced during permanent change of station moves.

In a video released Jan. 26, Secretary of War Pete Hegseth, who made PCS moves while serving as a soldier, explained how, in the past, the department's solution to move household goods has failed service members.

"A cabinet with its mirrors smashed, a dresser missing a leg, how about a treasured German-made clock shattered into pieces,

a sofa that appeared as if it was dragged down the street, or a used toilet brush tucked in with the family's clothes," Hegseth listed as examples of how cherished family belongings were damaged or just ended up in disgusting situations as a result of PCS moves.

Last year, the department did two things to improve the movement of household goods for service members. In May, it established a PCS task force to investigate the problems service members experienced during moves. And then in June, the department canceled the existing mechanism for conducting PCS moves.

"We established a task force to assess the problems

of the permanent change of station, or PCS moves," Hegseth said. "We listened to the concerns of our warriors. I fired the head of the failing program. All through the peak moving season and even through the government shutdown, our task force was, thankfully, a success."

Now, the PCS task force will transition into a War Department special activity called the Personal Property Activity.

"It will be a permanent solution for all service members who move," Hegseth said. "Its mission is to guarantee high-quality, reliable and efficient household goods and vehicle shipment services to the more than 300,000

warfighters worldwide who move somewhere every new year. Baggage and other household effects need to arrive on time, and they will."

The PCS task force stood up in May 2025, with Army Maj. Gen. Lance G. Curtis at the helm. Curtis will now take over as head of the new Personal Property Activity.

The success of the PCS task force will continue into the Personal Property Activity, Curtis said, and that success was based on listening to service members and their families.

"This has been a problem for decades. We listened to the force and are taking action. If you have a problem, you can call us and we will fix it," Curtis said. "Our

nation's greatest asset is our warfighters, civilians and their family members. We remain committed to building a personal property program that accounts for their input, and we will proactively attack their concerns to improve the overall experience."

Household goods movement, Curtis said, isn't just a quality-of-life issue; it's also a mission issue. Household goods movement affects family stability, and family stability directly impacts mission readiness.

"When our warfighters are worried about their household goods, they aren't focused on their mission," Curtis said. "We are ending that distraction. Mission readiness is non-

negotiable. Every minute a service member spends fighting a household goods issue is a minute they aren't focused on the mission. Our job is to give them that time back."

With the ongoing work of the PCS task force and its transition to the Personal Property Activity in May, Hegseth said service members and their families will get the predictability and quality service they deserve.

"With this order, we're streamlining the moving process end-to-end — establishing a standard of accountability all across the entirety of the Department of War," he said, adding, "Our warriors deserve the best, and that's what this reform will deliver."

MAHC provider retires after 40 years of government service

by Christina Yager/Munson Army Health Center Public Affairs Officer

After 40 years of dedicated government service, Dr. Michael Dlugopolski, a longtime family medicine provider at Munson Army Health Center, is retiring this month, marking the end of a career rooted in service, compassion and commitment to the military medical mission.

"Dr. D.," as he is known by patients and staff alike, said that his path was shaped early by family support. He credits his mother as his greatest influence in his decision to pursue a career in medicine.

"The first person who I really want to thank is my mother," Dlugopolski shared during a recognition ceremony Jan. 14. "She got me through private high school and college at Kansas State University. She made sure I had a great education."

His wife was also a steadfast partner throughout that journey. Dlugopolski said that early in their marriage, she promised to follow him anywhere the Army took them, on one condition: they would eventually return to Kansas.

So after completing a career in the Army as a physician, that promise came full circle when Dlugopolski accepted his position at Munson Army Health Center as a civilian provider.

"Six months before I retired from the Army, I was looking for a job and this position came up," he said. "When I asked when they wanted me, they



by Christina Yager/Munson Army Health Center Public Affairs

Family Medicine Physician Dr. Michael "Dr. D" Dlugopolski is surrounded by his clinic team Jan. 27 during his final days at Munson Army Health Center before retiring after 40 years of federal service. He was recognized for his service by MAHC in a ceremony Jan. 14 at Frontier Chapel.

said, 'As soon as possible.' I left the Army on a Friday and was working here the following Monday."

Reflecting on his time in the Military Health System, both on active duty and as a federal civilian employee, Dlugopolski described his role at MAHC as the fulfillment of a lifelong goal.

"This was my dream job after I retired from the Army," he said. "It still feels like the dream job."

While his career dream has been fulfilled, Dlugopolski shared that his focus is now shifting toward a quieter season of life.

"Dreams change," he said. "My

dream now is much more subdued — spending time with my wife, our cats and just being present."

As he prepares to step away from clinical practice, Dlugopolski acknowledged what he will miss most.

"I'll miss the camaraderie," he said. "This is a mission, and the people here make it meaningful. I'll miss that."

Dlugopolski closed by expressing gratitude to those he served alongside and those he cared for over the years.

"Thank you," he said to staff gathered for his farewell. "It's been a pleasure working with you through the years."

TRICARE authorizes temporary prescription refill waivers for Kansas due to severe weather

by Defense Health Agency Media Advisory

FALLS CHURCH, Virginia — The Defense Health Agency announced that TRICARE beneficiaries in Kansas can receive emergency prescription refills now through Feb. 2, due to severe weather.

All counties are affected.

To receive an emergency refill of prescription medications, TRICARE beneficiaries should take their prescription bottle to any TRICARE retail network pharmacy. If the bottle is unavailable or the label is damaged or missing, beneficiaries should contact Express Scripts, Inc., or their retail network pharmacy for assistance.

To find a network pharmacy, beneficiaries can call Express Scripts at 1-877-363-1303, or search the <https://militaryrx.express-scripts.com/find-pharmacy>.

If possible, visit the pharmacy where the prescription was filled. Prescriptions filled by a retail chain may be filled at another store in that chain. If the clinician who prescribed the medication is available, beneficiaries can ask the clinician to call in a new prescription to any network pharmacy.

As a reminder, TRICARE beneficiaries, other than active-duty service members, can receive urgent care from any TRICARE-authorized urgent care center or provider and do not need a referral. This allows beneficiaries to seek nonemergency care for illnesses or injuries if their primary care provider is unavailable because of emergencies. TRICARE beneficiaries who reasonably believe they have an emergency should always call 911 or, go to the nearest emergency room.

Beneficiaries are advised to visit Express Scripts' <https://militaryrx.express-scripts.com/notices/weather/2026-jan-23/state-emergency-alert-severe-weather-kansas> for updates.

MAHC provider receives positive ICE comment

Maj. Jennifer Herriage, family nurse practitioner at Munson Army Health Center, recently received recognition from a patient for her professionalism and service via the Interactive Customer Evaluation system.

MAHC Public Affairs posted the ICE comment on Facebook earlier this month and noted that Herriage is "dedicated to providing top-notch primary care ensuring our community stays healthy and ready."

The Interactive Customer Evaluation (ICE) system is your direct line to us! The web-based ICE system is a tool that allows customers to submit online comment cards at <https://ice.disa.mil> about the services received at Munson Army Health Center and other facilities at Fort Leavenworth. According to MAHC Public Affairs, feedback, whether it's a compliment or a suggestion for improvement, is crucial. It helps MAHC recognize dedicated teammembers and helps find ways to make patients' experiences better.

MUNSON ARMY HEALTH CENTER

MAJ HERRIAGE IS A FANTASTIC PROVIDER – PROFESSIONAL, EFFECTIVE, AND CARING. WE ARE FORTUNATE TO HAVE HER SERVING OUR SOLDIERS AND FAMILIES

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[HTTPS://ICE.DISA.MIL](https://ice.disa.mil)

FROM THE ICE BOX

Munson Army Health Center Facebook graphic

Positive ICE comments (continued from Page A1)



Religious Services Organization team members, including Operations Chaplain (Maj.) Christopher Weinrich, LEFT, and Religious Education Co-Director Carl Tillery, BELOW, discuss the RSO's positive ICE comment initiative and other matters during the RSO's weekly sync Jan. 14 at Frontier Chapel.

Photos by Prudence Siebert/Fort Leavenworth Lamp

the current programs that can't be seen from the inside," Stir said. "With the recent reduction in personnel, as well as funding and the hiring freeze, we have seen an increase in comments that we cannot change."

However, he said recent changes that have occurred in response to ICE comments include 24-hour access to Gruber Fitness Center and addressing trash bin and grass mowing issues.

Stir said that nearly 1,000 ICE submissions have been received and processed in the past year and reflect a 51 percent customer satisfaction rating.

"I develop a report each month so that the Garrison Command Team can review any trends that need additional attention," he said. "I also report all the employees that were recognized during the month in the ICE system."

Stir said the submissions vary, with about 70 percent being characterized as complaints or requests for change or implementation.

"We really like when the community uses the ICE system to tell us of issues around the post so that we can attempt to correct deficiencies as quickly as possible," he said. "A lot of comments come in anonymously — these comments lack detail, which does not allow the directorate to address the issue properly."

He said although some of the complaints are directed toward individuals, some of the positive comments praise individuals and help shed light on their contributions.

"We do receive positive comments about service providers or their employees who perform their job exceptionally, and want to see them recognized," he said.

RSO values

Family Life Chaplain (Maj.) Joshua Portwood said that the ICE initiative ties in well with the RSO's priorities, including focusing on the next generation, loving your neighbor, fellowship, worship and service.

"In a sense, these positive ICE comments hit all of those four wickets. We're encouraging by telling the highest levels," he said, noting that ICE comments are being seen by the Garrison commander and tenant leaders. "We're focused on the next generation — we're building up the people that are working now, hopefully instilling in them, encouraging their subordinates as well, or their peers, or even their superiors as well... The more that we encourage one another, the tighter our bonds are going to be."

Portwood told the RSO team that he would be putting in a positive ICE comment for Fort Leavenworth Fire and Emergency Services Fire Inspector Aaron Dennis, who spent time answering and educating him on fire safety questions.

"Building that camaraderie — it's a way that we take five minutes out of our own time to serve the community," Portwood said. "It's a very tangible way for us to really put forth those priorities in a concrete way."

Positive practice

Jonathan Freiden, distinctive religious group leader for the Jewish population, told the RSO team that he would be recognizing the efforts of the Frontier Army Museum staff, whom he said went above and beyond when he asked them for help to find out who to contact about displays at the Lewis and Clark Center.

"They even sent an intro e-mail and gave me a lot of helpful information," he said. "I walked in there, didn't have any appointment, and they didn't know who I was, and they were extremely helpful. (Megan Hunter) went through her contacts, found the person I should talk to... and it saved me



a huge amount of time... All three of them that are there, that's the entire staff, were hugely helpful to me, so I really appreciate it. They went above and beyond the call of duty."

RSO team members have also submitted ICE comments to recognize a friendly Child Development Center staff member and to share their appreciation for housing maintenance workers and self-help employees who put in extra effort to resolve issues in their homes.

When giving the RSO team examples of positive ICE comments, Weinrich said he recognized Commissary Director Anthony Gardner's efforts with the annual holiday food basket tradition, saying Gardner and his team go above and beyond what is needed. He said he is also planning to recognize the great job done by a maintenance worker who recently resolved a water heater issue in his home. He also noted that there are so many chapel volunteers who could be recognized through the ICE system.

Volunteer Lindsay Bott, member of the St. Ignatius Catholic Community and RSO team, said she submitted a positive ICE comment about Weinrich prior to the initiative last year.

"Chaplain Weinrich has saved me like a thousand times with everything. Before I was more familiar with some things, I could e-mail him, so I positive 'ICE-ed' (about) you last year because... this guy goes above and beyond for our community. That's not his community, he's not our chaplain, but he would help us with whatever we needed, and I really appreciate that.

Bott said the initiative is basically a reminder to be cognizant of the good things others are doing.

"It's more like a genuine awareness of doing this, a genuine awareness of just being aware when you're out of things people are doing, and then ... that's spontaneous. It's like learning a habit."

Spreading positivity

Bryan echoed the potential for the positive ICE comment initiative to become routine and to reach beyond the RSO.

"It's practicing a new skill to notice people, and, if we're lucky, it'll be contagious," he said. "Imagine the culture of Leavenworth being quick to encourage, not critique. We want to be a team, and hopefully






Welcome to Fort Leavenworth's ICE Site

Thank you for taking the time to rate us and provide us with your comments and suggestions. Your feedback will help Fort Leavenworth maintain the quality of excellence you expect and will help us to fulfill our Vision to ... "Be the Best Hometown in the Army."

Service Categories

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Service Provider Name/Keyword Search

SEARCH

Fort Leavenworth

[Missing Service Provider?](#)

[General Site Comment?](#)

External Links

IMCOM Ft. Leavenworth
<https://home.army.mil/leavenworth/>

Combined Arms Center (CAC)
<http://usacac.army.mil/>

Report

Fort Leavenworth
[Service Provider Summary Report](#)

Screenshot from Fort Leavenworth's Interactive Customer Evaluation website at https://ice.disa.mil/index.cfm?fa=site&site_id=445

a community, that takes time to talk to people in person if we see a problem — not relying to the internet ICE system to vent a frustration."

Bryan said there is value in face-to-face interactions, which can be lost in the current convenient digital way of living, and he noted that there is more context to a situation than people might realize.

"When people throw negative comments on the internet, even using ICE, it's bypassing what good leaders do: talk to people in person first," Bryan said. "Jesus in Matthew 18 encourages us to talk one-on-one, something we need to model first in

the chapels. Unfortunately, the internet bypasses the hard work of talking face-to-face, so we are going to create a culture in the RSO of how we want our community to run.

"Maybe in small ways we'll have an encouraging ripple effect in Fort Leavenworth, and maybe from Leavenworth — the heart of our nation — with God's help, there'll be a ripple effect into our Army and nation."

To access the Fort Leavenworth Interactive Customer Evaluation system, visit https://ice.disa.mil/index.cfm?fa=site&site_id=445

Pet of the Week: Andie



Andie is a young female calico cat available for adoption at the Fort Leavenworth Stray Facility.

The adoption fee for a cat is \$100, which helps cover some of the care received, including spay/neuter surgery, vaccinations to date and microchipping.

E-mail fortleavenworthstrayfacility@gmail.com for an adoption application and call 913-335-0788 for an appointment. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility.

Visit <https://www.petfinder.com/member/us/ks/fort-leavenworth/fort-leavenworth-stray-facility-ks174/> for adoptable pet profiles.

The Fort Leavenworth Stray Facility, at 510 Organ Ave., is closed this week (Jan. 30), but is normally

open 11 a.m. to 4 p.m. Monday, Wednesday and Friday; 9 a.m. to noon the second Saturday of the month; and by appointment for pre-approved adopters. Hours may vary due to weather or staff/volunteer availability. Call 913-335-0788 for an appointment or more information.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed.

To apply to volunteer with the Fort Leavenworth Stray Facility, visit <https://vmis.armyfamilywebportal.com/>, enter ZIP code 66027, then search for "stray animal facility."



Photos by Prudence Siebert/Fort Leavenworth Lamp

GRANTS, SCHOLARSHIPS AT A GLANCE

■ Fort Leavenworth Thrift Shop **COMMUNITY ASSISTANCE GRANT APPLICATIONS** are available from 9:30 a.m. to 2:30 p.m. Tuesdays, Wednesdays and Thursdays at 1025 Sheridan Drive. **Applications are due by Feb. 24**, and funds will be available in April. Call 913-651-6768 for more information.

■ Scholarship applications are available at the Army Education Center for the **JOHN W. POILLON SCHOLARSHIP**, which is open to high school seniors who are dependents of U.S. service members currently or within the past two years assigned to Fort Leavenworth or dependents of civilians employed at Fort Leavenworth. **Application deadline is March 10**. Visit the Army Education Center to apply or for more scholarship opportunities.

■ The **FORT LEAVENWORTH SPOUSES' CLUB** is currently updating its community giving program and will soon be posting application procedures for

scholarships and community grants at <https://fortleavenworthspousesclub.org/community-giving>.

■ The **COMMAND AND GENERAL STAFF COLLEGE FOUNDATION 2026 COMPETITIVE SCHOLARSHIP PROGRAM** for spouses, children or grandchildren of U.S. Army Command and General Staff College alumni and others who are life members of the CGSC Foundation's Alumni Association is open for applications **through March 15**. The application is available on the CGSC Foundation website at www.cgscfoundation.org/scholarships.

The 2026 CGSC Foundation scholarship awards include seven cash scholarships: one \$5,000 (the Colonel Stephen E. "Brownie" Brown Scholarship), one \$1,000, one \$750, and one \$500 to students who are beginning their college education; and one \$1,000, one \$750, and one \$500 scholarship to students who are continuing their college education.

■ **FISHER HOUSE FOUNDATION'S SCHOLARSHIPS FOR MILITARY CHILDREN** program is accepting applications for the 2026–2027 academic year, now **through Feb. 11**. To apply, visit <https://fisherhouse.org/programs/scholarship-programs/scholarships-for-military-children/>.

The Scholarships for Military Children program is open to unmarried military dependent children under the age of 23 who possess a valid USID card and are enrolled or planning to enroll in a full-time undergraduate program leading to a bachelor's degree or a community/junior college designed to allow for a direct transfer into a four-year program. The student's parent(s) or sponsor(s) must be active duty; reserve/guard; or deceased or retired from the Army, Marine Corps, Navy, Air Force, Coast Guard, or Space Force. Applicants or sponsors do not need to live at an installation with a commissary — select the commissary nearest/where the sponsor shops.

Have the *Fort Leavenworth Lamp* delivered to your inbox!



Sign up to receive a weekly reminder when a new issue of the *Fort Leavenworth Lamp* is posted!

E-mail usarmy.leavenworth.id-training.mbx.pao-inbox@army.mil.

THURSDAY
JANUARY 29, 2026



PostNotes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

KNOW YOUR WORLD CULTURAL SERIES

NETHERLANDS

SEPTEMBER 17 2025

KUWAIT

JANUARY 27 2026

NEW DATES

ARGENTINA

FEBRUARY 11 2026

INDIA

FEBRUARY 18 2026

CABO VERDE

MARCH 25 2026

Presentations start at 1545 in Eisenhower Auditorium & on CGSC YouTube

Open to the public-all are welcome to attend or view online

All IMS Attend//Presenting IMS' Section expected to attend//All Staff Groups Highly Encouraged to Attend//Post Presentation Culinary Sampling Offered to all who attend in Arter Atrium

FORT LEAVENWORTH THRIFT SHOP

COMMUNITY ASSISTANCE GRANTS

Applications are available at the Thrift Shop
1025 Sheridan Drive, Building 1049

Hours of Operation
Tuesday, Wednesday, Thursday, 1st Saturday
from 9:30 AM - 2:30 PM

GRANTS ARE AVAILABLE FOR ELIGIBLE ORGANIZATIONS, NOT INDIVIDUALS

APPLICATIONS MUST BE COMPLETED AND RETURNED TO THE THRIFT SHOP BY **TUESDAY, FEBRUARY 24TH**

VERTICAL Marriage

THE ONE SECRET THAT WILL CHANGE YOUR MARRIAGE

Meals & Childcare provided

Invest in your marriage!
Join us for a monthly

DATE NIGHT

13 February: 5:30-7pm (Valentine's Event)

For more information and to register, scan the QR code or call/text 910-644-2999

Fort Leavenworth Garrison Employees Safety Survey 2026

Your opinion and experiences matter - Let us know what you see every day!

3 EASY STEPS

STEP 1: CAMERA HERE

STEP 2: COPY CODE

STEP 3: CO "A" and Start

On info page company choose "A"

Five minutes is all it takes to let your voice be heard!

Ash Wednesday Services

Protestant: 18 February 2026
Faculty Lounge, Lewis and Clark Building
Time: 0800

Roman Catholic: 18 February 2026
Pioneer Chapel, 500 Pope Avenue
Time: 1200

Roman Catholic: 18 February 2026
Frontier Chapel, 625 Thomas Avenue
Time: 1800 (6pm)

POC: CH (MAJ) Chris Weinrich:
christopher.w.weinrich.mil@army.mil



THE JOHN W. POILLON MEMORIAL SCHOLARSHIP IS ACCEPTING APPLICATIONS

Eligibility: High school seniors/ graduates who are dependents of military members or civilian employees at Fort Leavenworth. All applications due by March 10, 2026

U.S. ARMY

LEAVENWORTH HIGH SCHOOL JROTC DRILL TEAMS

SILENT AUCTION

ONLINE SILENT AUCTION
BIDS BEGIN FEB 1ST, 2026
LAST BIDS FEB 28TH @ 2PM

NATIONALLY RECOGNIZED DRILL TEAM
NATIONAL CHAMPIONS, 2021
NATIONAL RUNNER-UP, 2024
CAVALRY ANGELS

NATIONALLY RECOGNIZED DRILL TEAM
PIONEER GUARD

A Legacy of EXCELLENCE

FIRST IN THE NATION

Our annual silent auction fundraiser helps us raise the funds needed to continue competing at the National level every year in Florida. Browse through, Bid high, and continue to support the most highly ranked JROTC Drill Teams in the Nation!

BID NOW!

NCOs JOIN US FOR OUR WEEKLY STUDY SESSIONS

S*A*M*C

EVERY THURSDAYS AT 1600 AND FRIDAYS AT 1200

AT HHC, MWJRCF

GOT PCS PROBLEMS?

WE'RE HERE TO HELP!

IF YOU'RE RUNNING INTO ISSUES WITH YOUR MOVE, REACH OUT TO THE PCS CALL CENTER AT PCSCALLCENTER@MAIL.MIL

ACS AND FAP PRESENTS: POSITIVE PARENTING VIA MICROSOFT TEAMS • 1:30PM – 3PM

ROUND 1: FEBRUARY 2, 9, 18, 23
 ROUND 2: APRIL 6, 13, 20, 27
 ROUND 3: JULY 6, 13, 20, 27
 ROUND 4: SEPTEMBER 7, 14, 21, 28

THIS FOUR-WEEK COURSE IS DESIGNED TO HELP PARENTS DEVELOP NON-PHYSICAL DISCIPLINE STRATEGIES, BUILD STRONG RELATIONSHIPS, AND MEET THE NEEDS OF CHILDREN OF ALL AGES.

FREE AND OPEN TO DOD ID CARD HOLDERS 18+.

REGISTRATION IS REQUIRED AND MUST BE DONE THE DAY BEFORE THE FIRST DAY OF TRAINING.

PARTICIPANTS MUST ATTEND EACH DATE IN THE ROUND OF THEIR CHOICE.

INFO REGISTRATION: (520) 692-6378/6323

Do you feel like you're NOT seeing the full picture?

Get help that makes sense with the HYC Homework Lab!

HYC Homework Lab*
 M - F
 After school from 3pm - 6pm

Harrold Youth Center
 45 Biddle Blvd
 Fort Leavenworth, KS
 (913) 684 - 5115

*For eligible 6th - 12th graders Must be registered with CYS

FREE after school program for Teens!

Offering:
 Homework / Tutoring
 ACT / SAT Prep Nights
 Money Matters Classes
 Career Launch
 College Visits
 Science Club

ART & ILLUSTRATION

Do you have an aspiring artist / insatiable doodler at home?
 Need an outlet for all of that creative energy?

SKIES Art & Illustration classes focus on improving drawing techniques, developing original characters and helping to curate individual style.

Each class session will build on a project such as a mini comic book, realistic self-portrait, animal drawings, shoebox theaters or flip books.

SKIESUnlimited

Tuesdays at Patch Community Center
 320 Pope Ave
 Fort Leavenworth, KS

Ages 6 - 9
 4:15 - 5:15
 Ages 10 - 17.99
 5:30 - 6:30

\$12 a lesson, at least three lessons per monthly project. Stand-alone classes are also available. Bring your favorite pencil! The rest of the supplies will be provided. Must be currently registered with CYS to enroll. For more information call 913-684-3207

A new resource just for you! EFMP Lending Library

We're open M - F
 7:30am - 4pm

Room 155E
 The Resiliency Center, Bldg 198
 600 Thomas Ave
 Fort Leavenworth, KS

The Lending Library is a free resource room designed for Families enrolled in EFMP. It's stocked with sensory items, EFMP appropriate games, art supplies, and safety items for all ages! Families can borrow items for up to 30 days. Appointments are required, drop-ins are on a case-to-case basis.

Call for more information:
 520-692-6363 / 913-684-3838

ACS New Parent Support Prenatal Classes 2026

600 Thomas Ave
 Room 125
 All classes are from 5 pm - 7 pm

Childbirth Classes:
 Jan 5th, 12th, 26th
 Mar 2nd, 9th, 16th
 May 4th, 11th, 18th
 July 13th, 20th, 27th
 Sep 14th, 21st, 28th
 Nov 2nd, 9th, 16th

Newborn Care Classes:
 Feb 2nd
 April 13th
 June 1st
 August 3rd
 October 5th
 December 7th

Breastfeeding Classes:
 February 9th
 April 20th
 June 8th
 August 10th
 October 19th
 December 14th

Free for Expectant Parents!

Deadline for Registration is the Friday before the class. Pre-registration is required. Contact 913-297-3212

UNITED STATES ARMY COMBINED ARMS CENTER AND FORT LEAVENWORTH SEXUAL HARASSMENT AND SEXUAL ASSAULT RESPONSE WORKFORCE

 Ms. Amanda Bontingneur Lead SARC amanda.bontingneur.civ@army.mil Team: 520-684-3838 Office: 913-684-2810 Cell: 913-794-9620 Bldg 197, 632 McClellan Ave	 Ms. Cassandra Rozier Supervisory SARC cassandra.r.rozier.civ@army.mil Team: 520-684-3838 Bldg 197, 632 McClellan Ave	 LTC Craig Arnold SARC craig.a.arnold.mil@army.mil Team: 520-684-3838 632 McClellan Ave	 SFC Jacob Roach SARC jacob.a.roach.mil@army.mil Team: 520-684-4842 835 Sabaku Rd	 Mr. Josh Belle SARC joshua.j.belle.civ@army.mil Team: 520-684-5952 632 McClellan Ave
 Ms. Sherry Marshall Victim Advocate sherry.j.marshall2.civ@army.mil Team: 520-684-5943 632 McClellan Ave	 Ms. Nicole Hernandez Victim Advocate nicole.hernandez.civ@army.mil Team: 520-684-3215 632 McClellan Ave			

You can find the SHARP Resource Center at the corner of Kearny and McClellan Avenue, right next to the Post Parade Field.

Fort Leavenworth SHARP Resource Center
 Building 197, 632 McClellan Ave "Post Hall"
 Fort Leavenworth, KS 66027

Contact the team at usarmy.leavenworth.cac.mbx.cac-sharp@army.mil

Find us on Facebook WeCare App

STEP FORWARD. Prevent. Report. Advocate.
 Current as of 23 September 2025

NOW OPEN Fort Leavenworth Child & Youth Services Waitlists for Summer Camp 2026 & School Year 2026-2027

MILITARYCHILDCARE.COM

Create an account or use existing account to make one or more "Request for Care" for each child & all Care Options needed!

(1) A Request for Care is NOT required for Summer Camp or School Year 26-27 when child is currently enrolled in the CYS Before/After School Program.

Don't know which Care Options to request? Prior to making Requests for Care review the flyer: 2026-2027 Fort Leavenworth Care Options & Waitlists Available on:

Find us on: facebook.com/flyvntcenter
 Fort Leavenworth Child & Youth Services

Fort Leavenworth FMWR Website Go to CYS Section

WE ARE HIRING!

FORT LEAVENWORTH SCHOOL DISTRICT CURRENT OPENINGS:

- Elementary Teacher
- Elementary Office Assistant
- SPED Clerical Support Specialist
- Maintenance Assistant
- Special Education Para Educator
- Full-Time Bus Aide

APPLY NOW

WE ARE ACCEPTING APPLICATIONS FOR THE 2026-27 SCHOOL YEAR! ---->

www.usd207.org - 913-651-7373

2026-2027 Fort Leavenworth CYS Care Options & Waitlists on MILITARYCHILDCARE.COM

- CYS eligible patrons create or use your current account on MILITARYCHILDCARE.COM (Visit FAQ section on site)
- Review the Facility Program & Care Option descriptions below & available on MILITARYCHILDCARE.COM
- Submit a Request for Care (RFC) for each child in each Child Care Option listed below that fit your care needs.

Offers are managed by the Fort Leavenworth CYS Parent Central office using contact information listed in your MILITARYCHILDCARE.COM household profile. TIP: List phone/email address you have ongoing access to during travel/leave (and ensure those are toggled to receive notifications). To facilitate a successful offer process, ensure the Sponsor & Spouse employment status indicated applies to living in the FTLVN area.

Visit CYS website & Facebook pages
 www.leavenworth.army.mil www.facebook.com/cys.ftleavenworth www.facebook.com/cys.flyvntcenter CYS Parent Central: 913-684-5138 or 4956

MAIN CHILD DEVELOPMENT CENTER FULL-DAY CHILDCARE & FULL-DAY PRESCHOOL Open 6:00am-6:00pm (1) Request Full-Day Preschool when care needed the Summer prior to Kindergarten. (2) Request KG School Year Care if needed & attending USD 207 (or applied to attend). (See Design BLUE info box on the right). -> Must turn 5 by Jan 31 AUG 2026 to be KG eligible in Kansas. (3) This program is NOT affiliated with the USD 207 Preschool/Pre-K Program. Transportation is NOT available. *CYS is recruiting on-post Family Child Care providers.	FULL-DAY 6 WEEKS THRU 5 YEARS (1) Not started KG. Refer to info	PART-DAY PRESCHOOL SCHOOL YEAR 26-27 3-5 years 3 CLASS OPTIONS (1) This program is NOT affiliated with the USD 207 Preschool/Pre-K Program. Transportation is NOT available.	OSAGE KG & SCHOOL AGE CARE FACILITY CYS PART-DAY PRESCHOOL CLASSES 3 Class Options September thru May (all are 3 hour classes) 2:30 AM (8:15am-10:15am) 3:30 AM (8:15am on M/W/F) 4:45 PM (12:15-2:15pm on Tu/Th) * Must turn 3 yrs on or prior to first day of class. * Request multiple classes to increase chances for placement. * No "Toilet Trained" restriction. * Under 37 Choose a Need Date on/after child turns 3 years old. * Minimum Enrollment required for class option to be offered. (1) This program is NOT affiliated with the USD 207 Preschool/Pre-K Program. Transportation is NOT available.
OSAGE KG & SCHOOL AGE CARE FACILITY 2026 KG & SCHOOL AGE (1st-5th) SUMMER CAMP WEEKS Full-Day Summer Program Open 6:00am-6:00pm REQUEST THE CARE OPTION BASED ON GRADE COMPLETED IN MAY 2026 * "Completed KG" & "Completed 1st-5th School-Age Care" are separate Care Options based on grade COMPLETED. * Request each camp weeks needing care. -> Current School Year 25-26 contract holidays are given the opportunity to request Continuity of Care directly with Osage in the Spring. Requests in MCC are ONLY if needed once past Osage's deadline.	SUMMER 2026 COMPLETED KG & 1st-5th Grade *6th-12th Grade see HYC info	SCHOOL YEAR 26-27 ENTERING KG & 1st-5th Grade *6th-12th Grade see HYC info	OSAGE KG & SCHOOL AGE CARE FACILITY SCHOOL AGE SCHOOL YEAR CHILDCARE Before/After School Open 6:00am - 6:00pm Transportation to/from FTLVN schools included by USD 207. REQUEST THE CARE OPTION BASED ON GRADE ENTERING IN AUGUST 2026 * KG & 1st-5th School-Age Care Options are separate. (1) Upcoming KG: Make additional Full-Day Preschool request when care is needed the Summer prior to KG. * Make request based on grade currently enrolled. USD 207 No-School Days & Early-Out Fridays & the first 2 weeks of school when KG only attends 1/2 days.
NO WAITLIST REQUIRED FOR YOUTH 6TH-12TH GRADE [COMPLETED OR CURRENTLY ATTENDING] Enrollment into a Middle School & Teen program is first come first serve for CYS eligible & registered youth. On www.leavenworth.army.mil search for "Harrold Youth Center" for details on Summer Camp Weeks, FREE Open Recreation time, & the FREE After School Program (which includes pick-up at on-post & off-post middle/high schools), & Winter & Spring Break Camp Weeks.	HARROLD YOUTH CENTER 6TH-12TH GRADE	HOLIDAY CAMPS ATTENDING KG & 1st-5th Grade *6th-12th Grade see HYC info	OSAGE KG & SCHOOL AGE CARE FACILITY SCHOOL AGE WINTER & SPRING BREAK CAMP WEEKS Full-Day Program Open 6:00am-6:00pm * KG & 1st-5th School-Age Care Options are separate. * Make request based on grade currently enrolled. * USD 207 Calendar determines camp weeks. Weeks will be available to request in mid September 2026. * CYS will be closed on Federal Holidays. * Request is not required for children in a current School Year contract.

Veterans Crisis Line

DIAL 988 then PRESS 1

WINTER STORM COMMUNITY GUIDE

Remove Exterior Hoses
Our team will remove all connected hoses during neighborhood walk-throughs. If a hose cannot be unscrewed, it will be cut to ensure your home is protected.

Preventing Frozen Pipes
To help prevent frozen pipes, leave faucets dripping and open any cabinet doors where plumbing is located so warm air can flow freely.

When Pipes Freeze
Please immediately call our emergency line (913-651-3838) for assistance.

Thermostats
Thermostats should be set between 60°F and 72°F to ensure your heating unit functions as efficiently as possible.

Space Heaters
Always plug space heaters directly into wall outlets—never use power strips or extension cords.

Parking
Homes with driveways should use them for parking and avoid parking on the street. Homes with designated street parking should not park in alleys.

frontierheritagecommunities.com

FORT LEAVENWORTH SNOW ETIQUETTE

Per the FLFHC Resident Handbook:

- Residents are responsible for promptly removing snow and ice from the resident's sidewalk between any common sidewalk or road and the front and/or rear door and driveways
- Residents are asked to move parked cars off of roadways during snow removal operations to avoid obstructing plows

Snow Shoveling Reminders:

- Push excess snow into your yard. Never shovel snow into roadways, sidewalks, or neighboring residences
- Clear snow and ice around fire hydrants
- Be patient while DPW and Wallace crews work to clear roads and common area sidewalks



FLMGS STIR UP THE GIFTS

The Gift That God Gave Us Through Our Ancestors
2 Timothy 1:6
African Attire/Potluck Sunday
Sunday, February 22, 2026
10AM Service

Sign up for the program ends **Sunday Feb 15th**
Sign up for the potluck ends **Wednesday Feb 18th**

Sign ups begin Feb 1st

Contact Debbie Pixely-Clark
Cell: 913-306-4072
Email: dpdance4life@gmail.com

Speaker: Rev. Nicky Wright St James CME Church

Saint Ignatius Catholic Community

VOLUNTEER APPRECIATION NIGHT

Saturday, February 7th
5-7pm

Leavenworth Local Hotel
600 Shawnee Street
Leavenworth, KS 66048

JOIN US!

Cash Bar Available!



Chaplain Family Life Center

100% Confidential & Faith Informed Pastoral Counseling Services

(Individual, Couple, & Family)

Free for all Service Members, Retirees, DoD/DA Civilians and Dependents

Pastoral counseling provides compassionate support for individuals, couples, and families facing challenges such as anxiety, depression, communication difficulties, conflict, parenting concerns, and spiritual struggles—providing faith-informed guidance to strengthen relationships and promote healthy growth in every season of life.



To book an appointment scan here:





Located at the back of Pioneer Chapel
500 Pope Ave., Bldg. 56
Fort Leavenworth, KS 66027
Government Cell: (913) 680-7336
joshua.m.portwood.mil@army.mil
<https://cal.com/chaplainportwood>

CH (MAJ) Joshua M. Portwood is a trained Pastoral Counselor in Marriage and Family Life. His formal education includes a Masters of Divinity from Gordon Conwell Theological Seminary, a Masters of Science (Marriage and Family Therapy) from Texas A&M-Central Texas, and a Doctorate of Ministry from Vanderbilt University Divinity School.

Looking for Community? Join Campus Life Military



FB: Ft. Leavenworth Club - Campus Life Military
IG: @campuslifefortleavenworth

Samantha Odle
(805) 589-3820 / sodla@yfc.net

FINANCIAL PEACE UNIVERSITY

Sunday Afternoons, 1 - 3 p.m.
23 November – 22 February
Frontier Chapel, Fort Leavenworth

*First five individuals or couples to sign up and attend the first session will receive a **FREE FPU Membership & Book**
Contact Zach at zjmundell@gmail.com for more details.

Mission: To provide Religious Support to all Soldiers, Family members, DA civilians, contractors, and retirees.



Pioneer Chapel
500 Pope Avenue

- PROTESTANT**
 - Traditional Worship – 0830 (Children's Church – K-5th grade)
 - Sunday School – 0945
- MULTI-CULTURAL GOSPEL**
 - Sunday Worship – 1000
- CATHOLIC MASS**
 - Tuesday-Friday – 1200-1230
 - Sunday Religious ED - 0810



Frontier Chapel
625 Thomas Avenue

- CATHOLIC MASS**
 - Sunday – 0930
 - Sunday Religious ED - 0810
- PROTESTANT**
 - Sunday School – 0945
 - Contemporary Worship – 1100 (Children's Church – K-5th grade)



Memorial Chapel
626 Scott Avenue

- LITURGICAL**
 - Sunday Worship – 0930
- ISLAMIC, JEWISH, and other Religions:** please email CH (MAJ) Chris Weinrich
Christopher.w.weinrich.mil@army.mil or call 913-684-2210

Be All You Can Be WE ARE THE ARMY'S HOME



Starting January 1st, 2026

Fort Leavenworth Group Fitness Classes

GRUBER FITNESS CENTER - 200 Reynolds Ave. - 684-5120
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530			Spin (Karyn)			
0600		Vinyasa Yoga (Leslie)		Vinyasa Yoga (Leslie)		
0900			Body Pump (Tara)		Body Pump (Tara)	
1000						Power Yoga (Kim)
1300	Body Pump (Tara)					
1630			Power Cycling (Kim)	Yin Yoga (Brandie)		
1700	Power Yoga (Kim)					

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

*Power Cut classes are held in the Bubble Gym



Single Ticket For \$5.00
10 Tickets For \$45.00
20 Tickets For \$80.00



https://leavenworth.armymwr.com

Independent Instructor Class Schedule

Gruber Fitness Center

Monday	Tuesday	Wednesday	Thursday	Friday
	Brazilian Jiu-Jitsu 1830-1930		Brazilian Jiu-Jitsu 1830-1930	
	Taekwondo 1800-1900 1900-2000		Taekwondo 1800-1900 1900-2000	

Jiu-Jitsu 1 x a week - \$60 2 x a week - \$75 3 x a week - \$85 Drop in \$20
First class is FREE!
Taekwondo \$65 per month 2x a week - \$10 single class
Must have 24 hour access to gym. Classes are 18+ Register in person

Harney Sports Complex

Monday	Tuesday	Wednesday	Thursday	Friday
Weight Lifting 0900-1015		Weight Lifting 0900-1015		Weight Lifting 0900-1015
Youth Olympic Lifting 1600-1700 1700-1800 Bubble Gym		Youth Olympic Lifting 1600-1700 1700-1800 Bubble Gym		

Weight Lifting - \$75 (3 days) \$70 (2 days) \$10 (drop in)
Youth Olympic Lifting - \$75 (NO drop in)
First class is FREE! Weight Lifting is for 18+

Harney Sports Complex & Aquatics Center
185 Fourth St
Ft. Leavenworth, KS
913-684-2190



Gruber Fitness Center
200 Reynolds Ave
Ft. Leavenworth, KS
913-684-5120

Brunner Range ASTRO CLAYS

Looking for a new and unique range experience? Introducing Astro Clays! Shoot under the stars! Special UV black lights turn the clays into glowing targets that are fun for every skill level!

\$25 for 50 clays

- Jan 17 at 1800
- Feb 28 at 1830
- Mar 21 at 2000
- Apr 11 at 2000
- Sep 26 at 2000
- Oct 10 at 1800
- Nov 21 at 1800
- Dec 19 at 1800

Brunner Range
701 Sheridan Dr
Ft. Leavenworth, KS
Call for more info: 913-651-8132
Leavenworth.armymwr.com



EFMP & Waiting Families Presents



ZUMBA
Get ready to Move! Get ready to Groove!

Every second Tuesday
9am - 10am
Gruber Fitness Center
200 Reynolds Ave
Fort Leavenworth, KS

Get wrapped up in the music and let's get moving and grooving! Zumba is energetic, fun, and a de-stressor all in one! Designed for all fitness levels this FREE class is open to anyone 18+. Registration is required for attendance. Call 520-692-6363 or 913-684-2800



leavenworth.armymwr.com



Saturday Morning Youth Bowling League

Meeting January 10th 2026 at 10:00am
Start January 17th at 9:45
10 Week Handicap League
January 17th - April 4th 2026

Ages 3-5 - Little Rollers
(2 games per week w/bumpers - \$8 per week)

Ages 6-9 - Dragons
(3 games per week w/optional bumpers - \$11 per week)

Ages 10-18 - Explorers
(3 games per week no bumpers - \$11 per week)



Ft. Leavenworth, Ks.

January - February Workshops

Watercolor	Calligraphy
\$30 per workshop	\$20 per workshop
Watercolor (Basic Techniques) Tuesday, Feb 3 1pm - 3pm	Modern Calligraphy (Basic Techniques) Thursday, Jan 15 9:30am - 11am
Watercolor (Color Theory) Tuesday, Feb 10 1pm - 3pm	Modern Calligraphy (Intermediate) Thursday, Jan 22 9:30am - 11am
Watercolor (Florals) Tuesday, Feb 24 1pm - 3pm	Modern Calligraphy (Valentine Cards) Thursday, Feb 5 9:30am - 11am

Pre-registration required for all classes. Cost includes all supplies!
Tues & Thurs 9am - 7pm, Wed & Fri 9am - 4pm
Call now to register: (913) 684 - 3373

Ft. Leavenworth Arts & Crafts Studio

Paint & Sip \$35
Must be 21 years or older. BYOB

Northern Lights Friday January 9 6pm - 8pm

Couples Constellations Friday, February 13 6pm - 8pm

leavenworth.armymwr.com

Pottery Studio \$40 per class

Wheel Throwing (Basics)
Wednesday, Jan 7 12:30pm - 3pm
Tuesday, Jan 13 6pm - 8:30pm
Saturday, Jan 24 10am - 12:30pm
Tuesday, Feb 3 6pm - 8:30pm
Wednesday, Feb 11 9am - 11:30am
Friday, Feb 27 12:30pm - 3pm

Wheel Throwing (Mugs)
Friday, Jan 16 12:30pm - 3pm
Tuesday, Feb 24 6pm - 8:30pm

(Soup Bowls)
Tuesday, Jan 27 9am - 11:30am
Tuesday, Feb 17 6pm - 8:30pm

Hand Building (Valentine Plate)
Tuesday, Jan 20 1pm - 3pm
Tuesday, Feb 17 9am - 11am

Wheel Throwing (Dinner Plates)
Tuesday, Jan 20 6pm - 8:30pm

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VMIS ON THE GO

- SCAN QR CODE
- LOG INTO YOUR ACCOUNT
Log into the mobile account or Easily Sign up for an account
- SEARCH AND LOG
Search for volunteer opportunities and log your hours easily!

ARMY COMMUNITY SERVICE ACS

January - February Workshops

Framing	Crafts
\$40 per class	\$25 per class
Intro to Framing Friday, Jan 9 Saturday, Jan 24 10am - 2pm	Valentine Lanterns Stained Glass Effect Wednesday, Jan 14 Friday, Jan 23 9am - 11am
Friday, Feb 13 Saturday, Feb 28 10am - 2pm	Scrapbook Valentine Cards Wednesday, Feb 4 9am - 11am
	Macrame Towel Holder Friday, Feb 20 Wednesday, Feb 25 1pm - 3pm

Jan Feb

Tues & Thurs 9am - 7pm, Wed & Fri 9am - 4pm
Call now to register: (913) 684-3373

Ft. Leavenworth Arts & Crafts Studio

OPEN STUDIO
Ask about our Hourly Fees

Multi-Craft Studio
Great for the whole family with supplies for any craft, personalized gift, or project you have in mind!

Painting Studio
Provided watercolor and acrylic supplies to create your own masterpiece.

Framing Studio
Assemble your own custom frames in our DIY Studio! Must take Intro to Framing before using DIY Studio.

Pottery/Ceramic Studio
We have all of the supplies you need for hand building and wheel throwing. We also offer a variety of customizable bisque pieces ready for you to glaze!

Kids Classes

Messy Art \$12 per class (ages 7+)
Thursdays Jan 15, 29 11am - 12pm
Thursday Feb 12, 26 11am - 12pm
NEW! Pottery
\$20 per class (ages 7+)
Kids - Hand Building Friday, Jan 20 2pm - 3pm

Color Me Happy \$10 per class Parent & Toddlers
Thursdays Jan 8, 22 10am - 11am
Thursdays Feb 5, 19 10am - 11am

Art History \$20 per class (ages 7+)
Pretzels & Pottery Wednesday, Jan 21 1pm - 3pm
Oreos & O'Keeffe Wednesday, Feb 18 1pm - 3pm

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- Resource Alerts
- Events
- Maintenance Requests
- MHS Genesis Login

HUNGRY?

Fort Leavenworth MWR has AMAZING food options!

- Solarium Buffet
- 12th Brick Grille
- Strike Zone Snack Bar
- Java Cafe
- FCC BBQ

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MUNSON NOTES

MUNSON NOTICES

■ After hours and on federal holidays, beneficiaries can call the MHS NURSE ADVICE LINE at 1-800-TRICARE (874-2273). Nursing staff who support the NAL phone lines can assist beneficiaries with non-life-threatening medical concerns and provide further guidance. Beneficiaries experiencing a **MEDICAL EMERGENCY**, such as severe shortness of breath or difficulty breathing, should call 911.

■ Your health is our priority. Talk to your provider at Munson Army Health Center about the **HPV VACCINE** and the best **CERVICAL CANCER SCREENING** plan for you. You can schedule an appointment by calling the appointment line at 913-684-6250. Let's work together to make cervical cancer a thing of the past.

■ The **MUNSON ARMY HEALTH CENTER PATIENT AND FAMILY PARTNERSHIP COUNCIL** meets quarterly at MAHC. The PFPC captures voices and insights of patients and families to improve the patient care experience. The council is composed of volunteers who represent the interests of patients who receive care from MAHC. Volunteers can be active-duty, active-duty family member, retirees or retiree family members. Call 913-684-6211 or e-mail usarmy.leavenworth.medcom-mahc.mbx.patient-advocate@health.mil if interested in participating.

■ It is important that military families new to the Fort Leavenworth community **ESTABLISH A NEW PRIMARY CARE MANAGER** for their health care needs. Munson Army Health Center offers a wide range of primary care providers to choose from for personalized care at a convenient on-post location. Once your new address is established in DEERS, call 1-888-TRIWEST (874-9378) and follow the prompts to establish a primary care manager at MAHC. Learn more about services at munson.tricare.mil.

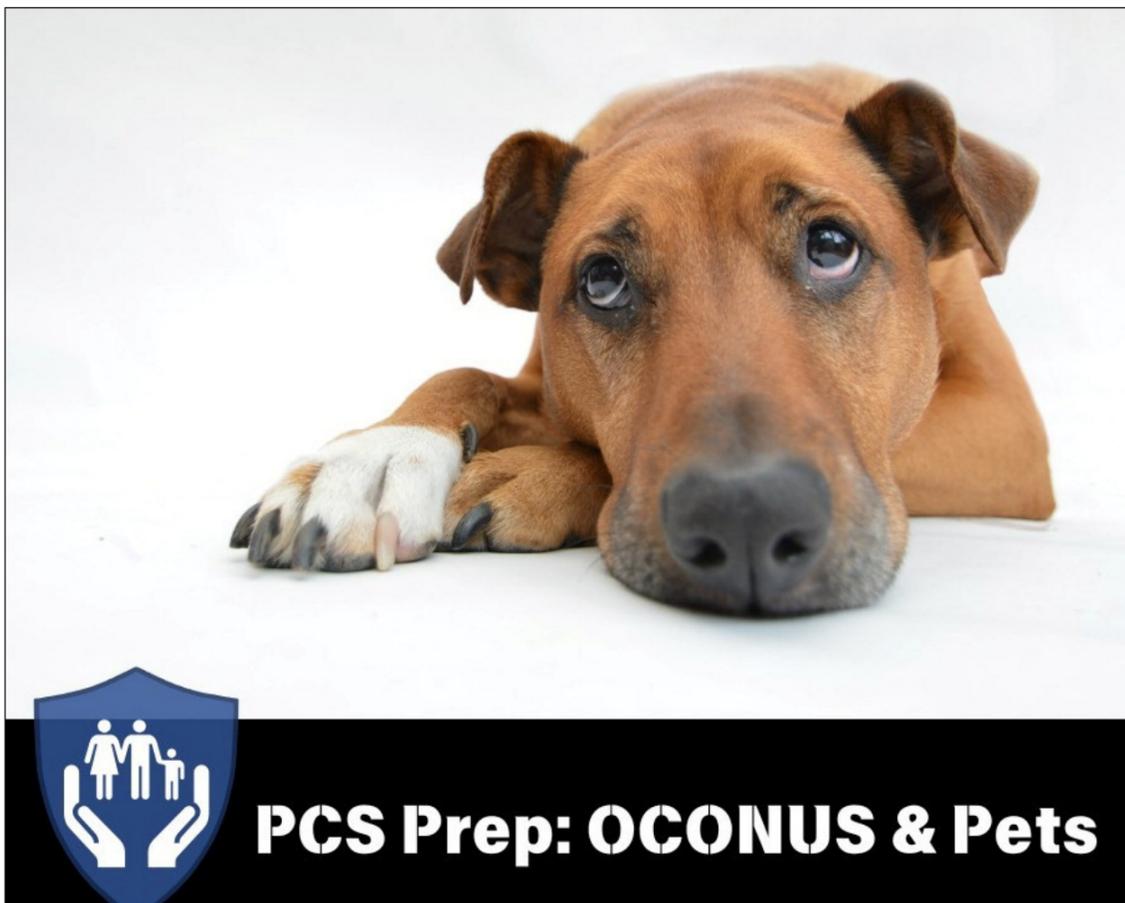
■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are **ELIGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE**. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit <https://dvidshub.net/r/8wttlf>.

■ The **NUTRITION CARE DIVISION** offers a broad range of nutritional services designed for service members, families, and retirees. Individual Nutrition Therapy and Group Nutrition Therapy are available, and include the Body Composition Program, Weight Control Program, Prenatal Nutrition and Wellness for Life. Call the appointment line at 913-684-6250 to schedule an appointment with MAHC's registered dietitian.

■ **MEDICAL APPOINTMENT CHECK-IN:** Please arrive 15 minutes prior to your appointment to complete any required paperwork and bring the following items: DoD ID card; list of current medications including over-the-counter meds, vitamins, and supplements; any relevant paperwork or forms; and a list of questions or concerns. If you are not able to make your scheduled appointment, call the appointment line at (913) 684-6250 to cancel.

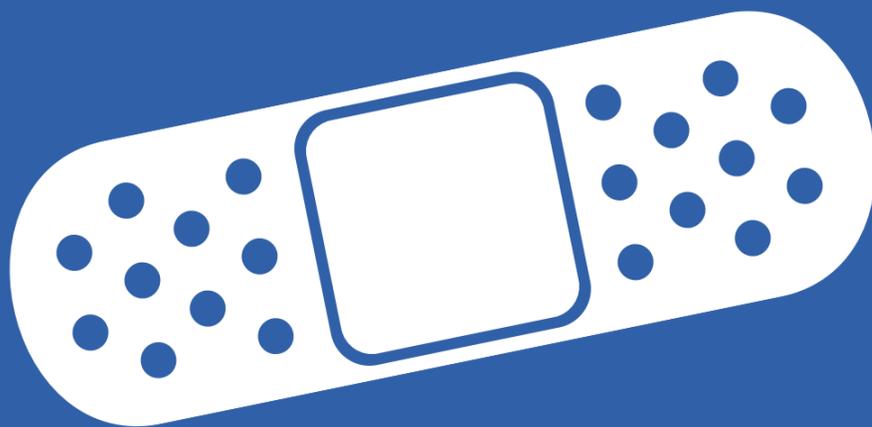
■ Munson Army Health Center Pharmacy offers patients a variety of **OVER-THE-COUNTER MEDICATIONS AT NO COST** to service members, retirees and family members.

Prepare now for overseas move with pets



PCS Prep: OCONUS & Pets

Planning a PCS move with pets somewhere outside the continental United States? Contact the Fort Leavenworth Veterinary Treatment Facility at 913-684-6510 to discuss requirements to take your pets overseas, to include Hawaii and Alaska. There are different requirements based on location, and in some cases, it is necessary to begin the process to obtain a health certificate for your pet months in advance. Contact the VTF for more information.



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