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## **School of Advanced Military** Studies graduates class of 2024

by Sarah Hauck/Army University Public Affairs Officer

The U.S. Army School of Advanced Military Studies recognized 147 students in a graduation and academic awards ceremony May 23 at the Lewis and Clark Center.

The 2024 SAMS class represented each branch of the U.S. military to include Space Force, international militaries from nine countries and a federal agency.

The ceremony recognized graduates of SAMS' three education tracks: the Advanced Military Studies, Advanced Strategic Leadership Studies, and Advanced Strategic Planning and Policy programs.

Guest speaker and SAMS Class of 2009 graduate Brig. Gen. Marne L. Sutten, deputy chief of staff, G6, U.S. Army Forces Command, emphasized that SAMS students are innovation multipliers.

Sutten, who served as the Fort Leavenworth Garrison commander from 2017-2019, explained that as the Army continues to place innovation and transformation at the forefront of finding success in conflict, SAMS graduates have the power to drive change.

"As you sit here today,

poised on the cusp of new challenges, remember the profound impact you can have as SAMS planners," she said. "Embrace the lessons learned, lead with integrity, and remain open to diverse perspectives. SAMS plays a pivotal role in shaping the future of our Army, cultivating leaders who innovate, adapt and excel in the face of adversity."

SAMS Director Col. Andrew Morgado said the success of the SAMS program that continues to produce SAMS-educated planners stands on two pillars: quality students and quality faculty.

"Our students are well grounded, exquisitely prepared, and true stewards of the profession," Morgado said. "They will leave SAMS and be highly sought-after leaders in every follow-on assignment."

Beyond granting degrees, the ceremony recognized several students for their superior academic and fitness performances, leadership achievements, and writing excellence, demonstrating Morgado's assertion.

#### Awards

Lt. Col. Michael "Scott" Flurry Award recipient



Photos by Dan Neal/Army University Public Affairs

School of Advanced Military Studies graduates sing their respective service branch songs during the Armed Forces Medley at the conclusion of the SAMS graduation ceremony May 23 at the Lewis and Clark Center. The 2024 SAMS class represented each branch of the United States military to include Space Force, international militaries from nine countries and a federal agency.

Maj. Moises Rendon, U.S. Space Force, reflected on his time at SAMS, as more than an academic opportunity. He explained the drive to represent the Space Force and its importance to defense operations.

The award recognizes the top joint service officer in several areas to include academic performance and peer and director assessments.

SEE SAMS GRADUATION | A4



Guest speaker Brig. Gen. Marne Sutten, deputy commanding general, G6, U.S. Army Forces Command, addresses School of Advanced Military Studies graduates May 23 at the Lewis and Clark Center.

#### 80th anniversary of D-Day commemorated



Photo by Dan Neal/Army University Public Affairs Office

D-Day Commemoration Event attendees peruse World War II artifacts June 4 in the Senator Pat Roberts Room of the Lewis and Clark Center. Army University's Department of Military History, in collaboration with the Frontier Army Museum, curated a display of World War II artifacts to include uniforms and weapons for the event. As part of the commemoration, the AU Press Films team presented a multimedia recount of the historic day featuring interviews with WWII veterans, scenes from the day itself, and Allied partner perspectives.

## **Tornado-themed** full-scale exercise hits post June 12

by Patrick Burch/Fort Leavenworth Directorate of Plans, Training, Mobilization and Security Plans Branch Chief

Fort Leavenworth will conduct a full-scale exercise June 12 involving a tornado scenario.

Full-scale exercises are designed to assess the readiness and capability of protection functional elements within the Garrison.

Exercises also involve installation mission partners and off-installation jurisdictions to increase inter-operability and strengthen partnerships.

Exercise scenarios are designed to test processes and identify capability gaps in managing and resolving crises under realistic conditions. The results assist the Garrison in developing future training, improve processes and update standard operating procedures and plans.

On the day of the exercise, it is likely community members will see first responders, utility workers and maintenance personnel conducting exercise activities in a few areas across the installation. Exercise areas will be marked with signs and/or orange traffic cones and will have safety and observer/controller personnel on site to ensure exercise sites run effectively and safely.

Fort Leavenworth Community members are asked to drive slowly when nearing exercise areas and to not enter exercise areas by either vehicle or on foot.

■ As part of Gun Safety Awareness Month, the Army Substance Abuse Program is offering FREE GUN LOCKS to anyone interested. ASAP will be handing out gun locks from 11 a.m. to 1 p.m. June 10 at the Post Exchange. For more information or to pick up gun locks, call 913-684-2875/2874.

Paving and repair operations have CLOSED POPE AVENUE from Grant to Scott avenues. Resi-

### AT A GLANCE

dents on the north side of Pope Avenue can use Augur Avenue to get to their homes. Work is scheduled to last through the month of June.

■ The Combined Arms Research LIBRARY WILL BE CLOSED June 2-8 for regular maintenance and inventory. AY25 SAMS books will be available June 17. AY25 CGSC books will be available beginning Aug. 6 following the student tour.

■ The library's **SUMMER READING PROGRAM** KICK-OFF EVENT is 3-5 p.m. June 12 with guest readers, museum artifacts, crafts and other activities.

Grant and Hancock **OUTDOOR POOLS ARE** OPEN. See related flyer on page B1 for hours and prices.

## **Commanding General challenges** community to meet AER goal

#### Team,

Thank you for your efforts on educating and informing our soldiers on the importance of Army Emergency Relief. The campaign continues through June 14, the Army's 249th birthday.

The campaign goal for 2024 is a 10 percent activeduty participation rate, along with ensuring that 100 percent of soldiers are informed of the services available through the program.

As of May 28, according to AER Headquarters, the Army is at a 6.7 percent participation rate.

Fort Leavenworth is currently at 2.7 percent with 67 active-duty donors.

We need just 200 more active-duty donations for Fort Leavenworth to meet the 10 percent goal.

Ideally, we can do better; our soldiers leverage AER more than we contribute (continue to read). The goal

**REACH US** 



of the program is soldiers helping soldiers.

Fort Leavenworth's 2024 goal is \$50,000. Our community has currently raised \$43,474, which includes donations from retirees, Army civilians, active-duty soldiers, and Army and Air Force Exchange Service point-of-purchase donations.

AER plays a vital role for our community. In 2023 the Fort Leavenworth community received more than \$270,000 in assistance, including \$120,441 in loans, \$93,053 in grants, and \$58,400 in scholarships.

I challenge each of you to help us reach our goal and to continue to educate our formations on the benefits that AER provides to our community.



Lt. Gen. Milford Beagle Jr.

Donate at https://www. armyemergencyrelief.org/ donate/.

"Drive Change...Forge Victory" VR. Beags Milford H. Beagle, Jr. LTG, USA Commanding General

Combined Arms Center (CAC) TRADOC DCG-Combined Arms FT Leavenworth, KS



REACH US				
Reach AER at 1-866-878-637	OLDIERS		ABOUT ARMY EMERGENCY RELIEF	WHO AER HELPS
Reach AER at 1-866-878-537 access the 24-hour hotline through the American Red Cr at 1-877-272-7337 Find AER on Instagram, Facebook, Twitter, Linked and YouTube.	HELPING OLDIERS since 1942	ARMY EMERGENCY RELIEF	<b>Our Mission</b> AER promotes financial readiness and heips relieve distress of Solidiers and their Families by providing grants, interest-free loans and scholarships. AER is <b>rated four stars</b> by Charity Navigator, putting it in the top 10 percent among all U.S. nonprofits. <b>B9 cents</b> of every dollar donated goes directly to programs that support Soldiers and Army Families. <b>B0 We Meens</b> AER provides more than 30 categories of	More than <b>4 million</b> Soldiers & Families assisted since 1942 More than <b>\$2 billion</b> in assistance since 1942 <b>Eligibility</b> * Active duty, retired and medically retired
or scan the QR code for mo information.	Army Emergency Relief 2530 Crystal Dr. Suite 13161 Arlington, VA 22202	Official nonprofit of the U.S. Army Call or visit us at 1-866-878-6678 www.aerhq.org	assistance. Here are just a few examples: Housing: utility and rent deposits, mortgages, basic appliances, small home repairs and more Personal Vehicles: repairs, rental vehicles and car seats Medical: dental and medical expenses not covered by TRICARE, children's cranial helmets and heavy blankets	<ul> <li>A relate Guy, related and religible dependents</li> <li>Army Reserve and National Guard Soldiers on active duty for more than 30 consecutive days and their eligible dependents</li> <li>Army Reserve and National Guard Soldiers who are retiring and receiving DFAS Retired Pay and their eligible dependents</li> <li>Surviving Spouses and children of Soldiers who died while on active duty or as retirees</li> </ul>
ABOUT ARM	WHO AER HELPS	HOW TO GET ASSISTANCE		

**HOW TO GET** ASSISTANCE

#### **Quick Assist Program** Allows chain of command to provide

nmediate assistance ★ Company commander or first sergeant car

approve loans up to \$2,000

#### AER's most powerful program **Direct Access to AER** Soldiers are allowed two financial reque within a 12-month period without unit nders' review with the following

- safeguards ★ Soldiers E-1 through E-4 must have completed Initial Entry Training
- Soldiers must have at least 12 months' time in service or have finished IET (whichever is greater)
- Unit commanders' approval is required for Soldiers determined to be at "high risk" (as per AR 600-85)

#### How can you help? \* Remind fellow Soldiers about AFR \* Support AER through donations www.aerhq.org/donate

## Support soldiers in June by giving **\$2.49 at AAFES registers** for U.S. Army's 249th birthday

#### by AAFES Press Release

DALLAS — Army and Air Force Exchange Service shoppers can celebrate the U.S. Army's 249th birthday all month by donating \$2.49 to Army Emergency Relief at registers.

The Army's birthday is June 14, which also serves as the final day of the 2024 AER annual campaign, a yearly fundraising drive that gives soldiers an opportunity to learn about programs available to them and donate.

As the Army's official nonprofit, all donations go directly toward financial assistance for soldiers, retired soldiers and their families.

"I want AER to be the nonprofit of choice for both soldiers and retired soldiers needing financial assistance and looking to give," said retired Sgt. Maj. of the Army Tony Grinston, AER CEO. "Donating \$2.49 in June is a tangible way to support our soldiers and thank them for 249 years of service to this great nation."

AER, the Air Force Assistance Fund and the Exchange first partnered in 2017 to offer shoppers an avenue to donate upon checkout and at ShopMyExchange.com. Select Exchanges in the Pacific include the Navy-Marine Corps Relief Society.

Exchange shoppers donated \$2.5 million to the three

military relief funds in 2023, bringing the total given to \$9 million.

"This special donation option is a terrific way to support soldiers, their families and retirees while honoring the Army's birthday," said Tom Shull, Exchange director/CEO and Army veteran. "The Exchange's longtime collaboration with AER is a true force multiplier for Army quality of life."

To learn more about the Exchange's support for AER, go to https://publicaffairs-sme.com/Community/give.

To learn more about AER and the programs it offers, go to https://www.armyemergencyrelief.org.

### FORT LEAVENWORTH LAMP

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## **CAC-T** welcomes new deputy commanding general

by Tisha Swart-Entwistle/Combined Arms Center-Training Public Affairs Officer

Brig. Gen. Jeremy Wilson assumed responsibility for Combined Arms Center-Training from Brig. Gen. Scott Woodward during a ceremony May 31 at the Frontier Conference Center.

"Witnessing the change of responsibility between two great leaders is always inspiring, but it is also bittersweet," Combined Arms Center and Fort Leavenworth Commanding General Lt. Gen. Milford H. Beagle Jr. said during his remarks as the host for the ceremony.

Woodward will be traveling to Korea where he will be assuming responsibilities as the deputy commanding general - maneuver for the 2nd Infantry Division.

Beagle told Woodward that he will truly make a difference in his new assignment. During Woodward's time at CAC-T, Beagle said he always approached every task thoughtfully and with a lot of passion.

"Scott, I want to thank you for your leadership," Beagle said. "You helped make things easy for me, you helped make things easy for (Training and Doctrine Command), and you helped make things easy for our Army."

Beagle said Woodward and his wife, Judy Woodward, will both be missed and that they both gave of themselves freely and easily to the larger team and the community.

Woodward said that the Combined Arms Center and Fort Leavenworth is a great community to be a part of.

"It really is great when you're a part of a team where everybody is going in the same direction," Woodward said.

Woodward thanked Beagle for his leadership and support of CAC-T.

"Lieutenant General Beagle gave us the freedom to operate and do what we needed to do in CAC-T," Woodward said.

Woodward also thanked the CAC-T team and said they are world-class professionals who take their jobs seriously and make the Army better every day.

"From individual soldier training to collective training for our divisions and our corps — that is truly a huge responsibility," Woodward said.

He said that when he first found out he was coming to CAC-T and discovered everything that CAC-T encompasses, he wondered how he was going to accomplish the job. Then, he found out that the job was very fulfilling.

"Because what you're doing every day is for the Army



Photo by Tisha Swart-Entwistle/Combined Arms Center-Training Public Affairs Officer

Combined Arms Center and Fort Leavenworth Commanding General Lt. Gen. Milford H. Beagle Jr., center, hosts the Combined Arms Center-Training change of responsibility ceremony between incoming CAC-T Deputy Commanding General Brig Gen. Jeremy Wilson, left, and outgoing CAC-T DCG Brig. Gen. Scott Woodward, right, May 31 at the Frontier Conference Center.

and for our soldiers," Woodward said.

He said that the next war or conflict is not going to be won by tanks, aircraft, missiles, drones, machines, robots or artificial intelligence — it's going to be won by people.

"We have to make sure that our people have the best training that we can afford to give them within the resources that we have, so that when they go out there, they are well trained and well led."

Woodward welcomed Wilson to CAC-T, saying that if he had been asked to pick one person in the Army to replace him as the CAC-T deputy commanding general, he would have said, without hesitation, that Wilson is the best person for the job.

"He loves the Army, he loves soldiers, he knows training better than anybody I know, and he will do awesome in this job," Woodward said. "I can't wait to see what you do here in CAC-T over the next couple of years."

Beagle said that Wilson's reputation arrived at Fort Leavenworth before he did.

"Jeremy, I received many calls, letters and notes about you, and about Marti, and about your reputation," Beagle said. "I can't help but believe all of them because they came from people that I trust and people that I admire — many have told me what a great leader Jeremy is."

Beagle said Wilson is a driver of change and a true professional

"Your proven background as a warfighter, as a trainer, and leader make you perfectly suited to take the helm over CAC-T," Beagle said. "We look forward to watching you take this team to the next level."

During his remarks, Wilson thanked Beagle for the opportunity to serve in CAC as the new CAC-T deputy commanding general.

"I'm incredibly grateful and honored to be part of this team," Wilson said. "To the CAC-T team, I'm humbled to serve in your ranks; I look forward to working with each of you as we continue to drive change and strengthen the profession."

## **MWJRCF BN welcomes new leader**





Battalion (Corrections) Commander Lt. Col. Laura Proffit delivers remarks during her change of command ceremony with outgoing MWJRCF Battalion Commander Lt. Col. Byron Greene May 31 in DePuy Auditorium.

Photos by Stephanie Mahone/Fort Leavenworth Garrison Public Affairs

Outgoing Midwest Joint Regional Correctional Facility Battalion (Corrections) Commander Lt. Col. Byron Greene passes the colors to Army Corrections Brigade Commander Col. Kevin Payne during his change of command with incoming MWJRCF Battalion Commander Lt. Col. Laura Proffit May 31 in DePuy Auditorium.



### SAMS graduation (continued from Page A1)

"It was a little daunting coming to CGSC last year and then SAMS this year, but I knew I had to achieve a level of performance that would allow me to get my voice out there and my service's voice out there so that all of my contemporaries at the school would understand what Space (Force) brings to the fight and that space is the future," Rendon said.

"My insight to how the Army works has given me a lens to view the world in such a different way. I know that I'm only going to make my service a stronger service as we figure out our own culture and our own organizational leadership challenges because I've been here with the Army."

The Iron Leader Award, for the highest Army Combat Fitness Test score, went to Lt. Col. Dayna Sanders, Kentucky National Guard, who said the award's significance goes beyond physical excellence.

"As a female, earning the Iron Leader award demonstrates that women can meet or exceed the demanding physical standards traditionally associated with military service," she said. "I hope that my aspirations as an athlete and a scholar inspire and motivate other women to pursue their goals, regardless of the challenges or preconceived notions they might face."

Seminar 7, with Seminar Leader German Lt. Col. Germar Lacher, was named the Iron Operational Planning Team.

The Maj. Gen. Edwin F. Harding Faculty Award went to Dr. Luke Herrington, and the Maj. Gen. Edwin F. Harding Student Award went to Maj. Brian Hamel.

Holly Schippers received the Women, Peace, and Security Award.

Melinda Roberts received the Col. Arthur D. Simons Center Interagency Writing Award.

Best Monograph awards went to Maj. Brigid Rauch, AMSP, and Lt. Col. Jason Adler, ASLSP.

The Colonel Thomas Felts Leadership Award, considered the top award in SAMS, is presented to the student who best exemplifies the desired attributes of an Advanced Military Studies Program graduate. The award is named in honor of Felts, who graduated from the Advanced Military Studies Program in 1998 and the SAMS senior program in 2005. He was killed in action in Iraq in 2006.

The Col. Thomas H. Felts Award was presented to Maj. Audley Campbell.

In addition to celebrating the 111 AMSP and 16 ASLSP students in person, the ceremony highlighted 20 ASP3 students who completed their doctorates at various civilian universities across the country.

#### About SAMS

SAMS, a part of the Command and General Staff College, educates select armed forces, interagency and allied members to become critical and creative thinkers, agile and adaptive leaders, and skilled practitioners in doctrine and operational art. The goal of SAMS is to enable senior leaders to drive the operations process to achieve favorable strategic, operational and tactical outcomes.

ASMP is a graduate-level, 11-month



Photos by Dan Neal/Army University Public Affairs

Col. Andrew Morgado, director of the School of Advanced Military Studies, addresses the crowd during the SAMS graduation ceremony May 23 at the Lewis and Clark Center. More than 100 officers from all branches of the armed forces, international militaries and federal agencies were recognized for their accomplishments.

program designed for majors, junior lieutenant colonels, select senior warrant officers, and international officers of the armed forces. The program is intended to develop effective planners who engage and enable senior leaders' understanding of the operational environment, further enabling them to visualize and describe viable solutions to complex operational problems.

ASLSP is a graduate-level, 24-month, senior level Army War College program. It is designed to develop theater-level senior leaders and general staff officers for positions of significant responsibility.

ASP3 is a doctoral-level program for select field-grade officers. Officers attend universities of their choice while developing them into strategic leaders through a combination of practical experience and seniorlevel professional military education.

Photos of the SAMS graduation cerecan be viewed monv at https://www.flickr.com/photos/usacgsc/albums/72177720317392129.

То view the ceremony, visit https://www.facebook.com/1000646198652 60/videos/447210081343521.

Grant Gate:

Sherman Gate:

Open for both inbound &

Open for outbound traffic only from 1000 until 1200 hrs.

outbound traffic, 24/7

**Bus Transportation and Parking** 

## Parking, bus info for CGSOC graduation

by Army University Public Affairs Office

#### Parking

There will be very limited onsite parking for the Command and General Staff Officer Course graduation ceremony June 7 at the Lewis and Clark Center.

Parking tag requirements will be enforced the day of graduation.

If no parking is available in the Student Lot south of the Lewis and Clark Center, parking is available in the Bell Hall parking lot.

A shuttle bus will be conducting pick-ups near the north end of the Bell Hall parking lot for transportation to the Lewis and Clark Center.

Refer to the parking map graphic below for more information

#### Bus routes for families on Fort Leavenworth

Students and families are encouraged to use the bus routes throughout Fort Leavenworth housing to lessen parking burden.

Buses will be available to pick up students and families. Students/families are encouraged to use the buses due to limited parking at the Lewis and Clark Center.

Buses will run from 7-8:45 a.m. before the event.

Buses will run continuously along the same route after graduation until everyone has left the Lewis and Clark Cen-

#### US Army Combined Arms Center DRIVE CHANGE...FORGE VICTORY! U.S. ARMY

#### Main Post Area

"Bell Hall" North End of Parking Lot

#### Kansas Village:

Patton Junior High School\* (Old MacArthrur Elem)

- Corner of 3<sup>rd</sup> Infantry Road and Biddle Blvd
- · Corner of Iowa Ave and Dragoon St.
- 5<sup>th</sup> Artillery Road Quarters #42
- Streetside pickup (FCC)

#### Oregon Village:

- Corner of Biddle Blvd and Pick Ave
- Corner of Pick Ave and Rose Loop
- Corner of Rose Loop and Walker Ave

- Shawnee Village: Corner of Hunt Road and 1st Cav Road

- Corner of Grierson Street & 7<sup>th</sup> Cavalry Road

#### Pawnee Village: 🔶

- Corner of Hunt Loop and Hunt Court
- Hunt Loop Quarters #14
- •Corner of 1st Cav Rd & Hunt Loop

Infantry Barracks

#### $\diamond$

- Corner of Sheridan Dr and Hancock Ave.

- Corner of 1<sup>st</sup> Cav Road and Hatch Street
- Hatch Street guarters #119
- Corner of 7<sup>th</sup> Cav Road and 1<sup>st</sup> Cav Road

- Hunt Loop Quarters# 37

\*Indicates Parking Lot available

#### Pottawatomie (Kickapoo) Village:

- Corner of Hollowell Drive and Hunt Road
- Corner of Allen Drive and Williams Road
- Corner of Hunt Road and Williams Road Hunt Road Quarters #161 & #834
- •Quarters# 135 Allen Drive

#### lowa Village: 🔶

- Corner of 3rd Infantry and Harry Bell
- Quarters# 133 on Harry Bell Road
- Quarters# 112 on Harry Bell Road
- •3-way intersection, Kansas Ave & 6th Infantry Rd
- Intersection of Biddle and 6<sup>th</sup> Infantry Rd.
- •3-way intersection, Kansas Ave & 6th Infantry Rd
- Intersection of Kansas Ave and Biddle

#### Santa Fe Village: -0

- Kansas Ave and Hancock Rd (CDC)
- Corner of Kansa Ave and Johnson Dr. Corner of Johnson Dr. and Hollowell Dr. Corner of Hollowell Dr. and Swift St.

Corner of Hollowell Dr. and Iowa Ave.

ter.

Refer to the bus schedule graphics, at right, for pick-up locations.

#### Lewis and Clark Center

Families are encouraged and welcome to attend graduation.

Seating will be limited in Eisenhower Auditorium, but the graduation ceremony will be streamed in Marshall Lecture Hall, Arnold Conference Room, and every classroom.

### Bell Hall Parking ot Bus Stor Open Parking Lewis & Clark Center Loop Parking Handicap Parkin VIP Parking Open Parking

**BE ALL YOU CAN BE!** 

provide additi vetting/processing prior to graduation.

Prior to Graduation - Buses will run from 0700 - 0845, with

After Graduation - Buses will run until no one else needs

Buses will stage the day prior at the parking area near just

nal personnel for vehi

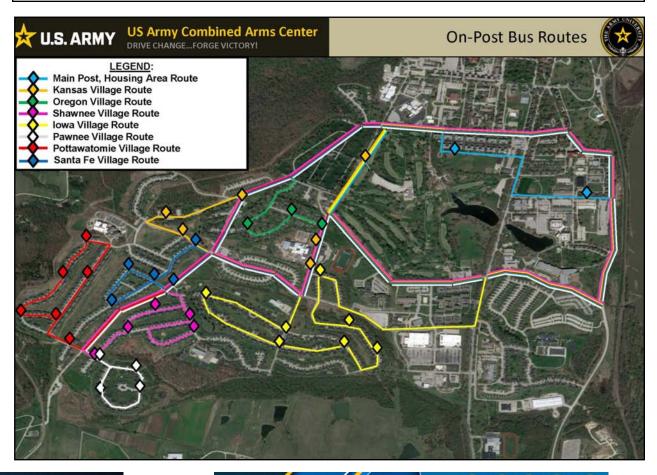
the last bus arriving at L&CC at approx. 0845

transportation from the L&CC

south of the post theater

#### UNCLASSIFIED

10







## FMWR Strong B.A.N.D.S events provide opportunities for **Balance, Activity, Nutrition, Determination, Strength**



Photo by Matthew Price/FMWR Recreation Specialist, Facilities Manager and Sports/Fitness/Aquatics Director

JB and Mark Sorensen — Team OB Bros — won the 2024 Strong B.A.N.D.S Disc Golf Tournament May 25 at the flying disc golf course by Camp Conestoga. Other Strong B.A.N.D.S. events in May included a monthlong Walk-Run Athon, the Command and General Staff College/Family and Morale, Welfare and Recreation Triathlon May 4, an Aerobathon May 11, and the 1,000pound/400-pound Club Meet May 18.

each exercise added together. Photos by Matthew Price/FMWR Recreation Specialist, Facilities

Manager and Sports/Fitness/

Meet





Submitted photos by Alex Wiley

Lydia Perez, ABOVE, teaches Zumba and Karyn Smith, LEFT, teaches cycling during the Aerobathon May 11 at Gruber Fitness Center. Group fitness instructors offered 15-minute demonstrations for anyone interested to try out. Participants who completed all of the offered classes won a 10-punch aerobic pass.

Current group fitness classes offered are Zumba at 9:30 a.m. Mondays and Wednesdays, Spin at 5:30 a.m. Wednesdays, 30/30 Split at 4:30 p.m. Mondays, and Power Cycling at 4:30 p.m. Wednesdays at Gruber Fitness Center, and Power Cut at 4:30 p.m. Tuesdays and Thursdays at the Harney Sports Complex Annex. Call 913-684-5120 for more information.



W



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Online: Leavenworth.armymwr.com

## MAHC offers school physicals for students ages 8, under who are new to KS schools

by Munson Army Health Center Public Affairs Office

Munson Army Health Center is currently scheduling its first round of school physicals required for enrollment in Kansas schools.

According to Kansas law, physicals are required for students ages 8 or younger who are new to Kansas schools.

School physicals are not required for students attending Missouri schools; only current proof of immunization is required, which is available from the MHS GENESIS Patient Portal or from MAHC's patient administration section.

Patients should call MAHC's appointment line at 913-684-6250 to check appointment availability for a required school physical.

If a school physical is not available from MAHC in a timely manner, patients can obtain a school physical from a TRICARE-authorized network provider. There is no co-pay to obtain a school physical for active-duty family members assigned to MAHC who use a TRICARE-authorized network provider.

Be aware that routine physicals not required for enrollment that can be delayed, when medically appropriate, can be done until late summer/early fall.

Another round of school physicals will be announced later this summer.

Temporary Suspension of Sports Physicals

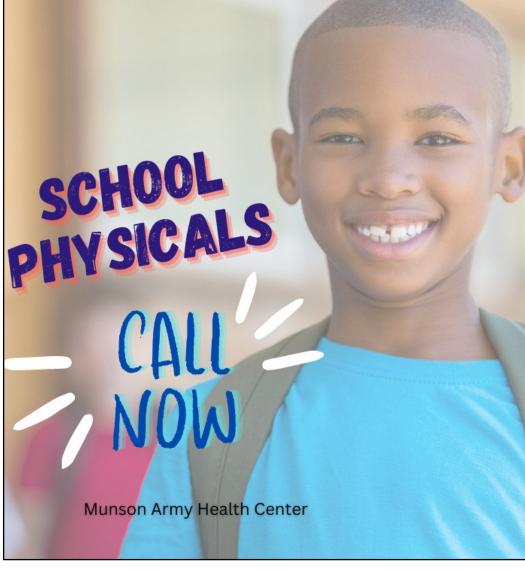
MAHC is not currently is offering sports physicals for students who choose to participate in extracurricular activities.

Sports physicals, on their own, are not a TRICARE-covered benefit, and instead have historically been offered as a space-available service.

Current staffing does not support the extra service without impacting access for patients with acute and/or chronic healthcare needs.

MAHC continues to prioritize services to ensure it meets the soldier readiness mission and access to care standards and will fulfill that mission with systems already in place.

For more information on TRICARE-covered physicals visit https://tricare.mil/CoveredServices/IsItCovered/Physicals.



## **MAHC** farewells pediatric provider

by Munson Army Health Center Public Affairs Office

Munson Army Health Center said farewell last week to long-time MAHC pediatric provider Deanne Kilian, who is retiring after nearly 50 years supporting service members, retirees, and their families in the Military Health System.

Kilian is a pediatric nurse practitioner who began working at MAHC in 2003.

Prior to joining federal service, Kilian served in the U.S. Army from 1974 to 1998 as an Army Nurse Corps officer. At MAHC, Kilian provided primary pediatric health care, well-child health care, and prevention and management of common pediatric acute illnesses and chronic conditions in children from birth to young adult.







Munson Army Health Center staff members farewell Deanne Kilian upon her retirement May 31 at the health center.

Photos by Munson Army Health Center Public Affairs

## Patient advocates recognized for beneficiary support

#### by Munson Army Health Center Public Affairs Office

Munson Army Health Center Patient Advocates Kathy Budke and Tiffany Dipman were recently recognized for their support to beneficiaries enrolled at MAHC by Lt. Gen. Milford H. Beagle Jr., commanding general of the Combined Arms Center and Fort Leavenworth.

Patient advocates assist patients with concerns at the facility.

They coordinate communication between patients, family members, medical professionals and administrative team members to ensure that patients are receiving the best possible healthcare services.

MAHC patient advocates:

- Direct patient inquiries or concerns
- Facilitate satisfactory resolution
- Explain policies to patients

• Perform as a liaison between patients and the Munson Army Health Center commander.

## MAHC retiring division chief receives '1 last medical record'

by Munson Army Health Center Public Affairs Office

Munson Army Health Center Patient Administration Division Chief Karl Koob received a token of appreciation from his teammates — one last "medical record" — before he retires from federal service this week.

His U.S. Army affiliation began in the late 1960s when he was called up for the draft.

After his initial service commitment, he continued to serve in the Army, eventually retiring from active duty.

After active duty, he attended both Kansas State University and the University of Kansas, earning a degree in health information management.

He joined the team at Munson Army Health Center in 2014.

To learn more about career opportunities at MAHC, visit USAJobs.gov and search keyword "Military Treatment Facilities under DHA" and Fort Leavenworth, Kansas, for location.



Photo by Munson Army Health Center Public Affairs

## Fish salvage authorized for Smith Lake

#### Anyone with a Kansas fishing license can take fish from Smith Lake, no limit

by Fort Leavenworth Natural Resources Division

The drainage structure in Smith Lake is failing after 50plus years and is causing the lake to drain.

Repairs to the structure can't be started until the water is gone. Thus, the fish also need to go.

A salvage permit has been issued by the Kansas Department of Wildlife and Parks to allow citizens to salvage the fish from Smith Lake. DPW Environmental will also being trying to salvage fish from Smith Lake to put into Merritt Lake for future use on post.

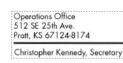
The lake is still too deep for seine or hand removal, so cast nets and fishing rods and reels are the currently acceptable methods. No catch-and-release in Smith Lake ---have a fish fry or move fish to another water body, such as the river or Merritt Lake.

The day is approaching when water levels will be low enough and temperatures high enough to kill most aquatic life in the lake, and the lake is scheduled to be drained completely starting June 10, so fish need to be removed as soon as possible.

A Kansas fishing permit is required to fish and salvage from Smith Lake, unless exempt from Kansas state licensing, such as being under 15 years old.

All length and creel limits for Smith Lake have been removed until further notice.

Fish salvage is permitted for Smith Lake only, which is the lower lake east of Grant Avenue.



Fax: (620) 672-6020 Laura Kelly, Governo

#### Fish Salvage Order

As authorized by K.S.A. 32.807, and as further specified under K.A.R. 115-7-1, a fish salvage condition will exist at Smith Lake on Fort Leavenworth as a result of emergency lake repairs.

It shall be legal to take fish from this location designated by posted sign. Legal means of take are rod and reel, dip net, throw net, minnow trap or seine, snagging, and hand. All length and creel limits have been removed until further notice.

This order will take effect when posted and remain in effect until posted notice is removed.

Stuart Schrag

Deputy Secretary of Operations



Photo by by Fort Leavenworth Natural Resources Division

A failing drainage structure is causing Smith Lake to drain, and to repair the structure, the water must be removed. A fish salvage permit has been approved for Smith Lake so that citizens with a Kansas fishing permit can remove the fish by any legal means.

KUTHE UNIVERSITY OF

## Local Classes. Global Respect.

## leavenworth.ku.edu





## International military student sponsors still needed

### Personal, professional enrichment found by volunteering with Fort Leavenworth Sponsor Program

by David M. Bornn/International Military Student Division, Command and General Staff College

The Fort Leavenworth International Military Student Office Field Studies Program is currently recruiting military (O4 and above) and civilians (GS9/WG6/NAF4 and above) to become local American ambassadors to the international military students invited to the United States to attend the worldrenowned Command and General Staff College.

Your personal experience, love of culture and passion for friendship are what make you a highly qualified and capable candidate to become a Fort Leavenworth sponsor. Your service as an international military student's sponsor will be vital to the Department of State and Department of Defense' Security Cooperation programs here at Fort Leavenworth and will have impacts to our nation's strategic mission for generations to come. This opportunity has benefitted thousands of members of the Fort Leavenworth community, professionally building cultural empathy and understanding, as well as enhancing the families' experience through relationships

created with international military students and their families. These relationships prove to be mutually beneficial for many decades after sponsoring and provide sponsors with friends around the world.

There will be 130 international military students from 104 countries from every combatant command attending the Command and General Staff Officer Course Class of 2025. The Department of Defense and U.S. Army commits to supporting these international military students, and their authorized accompanying family members, through a formal U.S. sponsor program executed by the International Military Student Division Field Studies Program. This robust sponsorship program, unique to Fort Leavenworth, consists of three sets of sponsors for each international military student and is considered the "gold standard" of sponsor programs across the Department of Defense.

The first set of sponsors in this storied program is the "Fort Leavenworth Sponsor," comprised of uniformed military officers major and above, civilians GS9 equivalent and above, government contract personnel and on-post retirees. IMSD directly recruits, trains, and manages the Fort Leavenworth Sponsors as part of the Department of Defense-directed Field Studies Program.

There are two additional sets of sponsors that round out the "sponsor team" so our Fort Leavenworth volunteers in this program will not be alone in this opportunity. The program is supported by the organizations Operation International — a committee of the Leavenworth-Lansing Area Chamber of Commerce, which provides the local civilian "Leavenworth/Lansing Sponsors" — and the Greater Kansas City Chapter of People to People International, which provides the regional "Kansas City Sponsors."

This opportunity would require volunteers to support the incoming international military students during their first month at Fort Leavenworth when they arrive in mid-June by helping integrate the international military students into the post and the local community with your sponsor team.

Sponsor volunteers would also be a partner with the students, as needed and when possible, throughout the year they are here. Volunteers would ensure that the international military students have a safe and friendly atmosphere socially, as well as be an example of the American way of life while here in the United States. During the one year with the international military student, sponsors will attend one sponsor welcome briefing in May to onboard and provide all with the most up-to-date information; one sponsor team and international military student integration icebreaker in July, which helps facilitate the meeting with all three sponsor families and the international military student (with family, if present); one special event from the following three (Fall Food Fair international potluck event in October, holiday dinner dance/military formal event in December, or the Spring Food Fair international potluck event in March); and a sponsor recognition event at the end of May. Additional events that sponsors are invited to attend are the opening day flag ceremony in August, the five "Know Your World" cultural engagements presented throughout the school year, and the International Badge Ceremony and CGSOC graduation in June.

Many sponsors and their families stay connected with their international military student beyond their time here in the United States. Sponsor families can create lifelong friendships that provide impactful experiences for generations after sponsoring.

Sponsors are also recognized for their service, and many of the sponsors earn emeritus status, with some exceeding 45 years of sponsoring. They all started as a Fort Leavenworth Sponsor while on Active, Army Reserve and National Guard duty and/or as a DA civilian or DoD contractor. You could be the next one!

Please consider being a part of the sponsorship family at Fort Leavenworth this year.

Contact David M. Bornn Jr., IMSD Field Studies Program, at 913-684-7323 or david.m. bornn.civ@army.mil if interested in sponsoring, with any questions about the Fort Leavenworth Sponsor Program, or for more information about country availability and the process to become a future U.S. Sponsor Ambassador at Fort Leavenworth.





and Permanent Party Military MAJ's and Above

The International Military Student Division is Welcoming CGSOC - Class AY 24 US Sponsor Families to Volunteer Today





Please Contact: Mr. David M. Bornn (913) 684-7323

david.m.bornn.civ@army.mil View current issues and archives of the FORT LEAVENWORTH LAMP at https://home.army.mil/leavenworth/about/news.

Sign up to receive a reminder when a new issue is posted by e-mailing

USARMY.LEAVENWORTH.ID-TRAINING.MBX.PAO-INBOX ARMY.MIL.

## **ProCamp at Fort Leavenworth June 17-18**

by Defense Commissary Agency Press Release

FORT GREGG-ADAMS, Va. - Hundreds of boys and girls in eight military communities will be able to enjoy a free football ProCamps event thanks to a resale promotion between Procter & Gamble and commissaries and exchanges.

The two-day camps, which are led by NFL football players, are open to the children, ages 6-14 years old, of activeduty military, Reservists, retirees and Department of Defense civilian employees. The camps are designed to accommodate up to 150 children.

Campers will experience various stations to learn football fundamentals, participate in games and competitions, receive coaching from an NFL player on the fundamentals of football, and compete for a chance to win signed merchandise and more Procter & Gamble product samples through "Camper of the Day" awards.

Those interested in the upcoming camps should visit their local commissary, exchange or contact the local youth sports office for details, including times the athletes will hold autograph sessions.

Camp locations, dates and participating athletes are:

 MacDill Air Force Base, Florida: June 14-15, Joe Tryon-Shoyinka, Tampa Bay Buccaneers

· Lackland Air Force Base, Joint Base San Antonio, Texas: June 15-16, Andrew Beck, Houston Texans

• Fort Leavenworth, Kansas: June 17-18, Ben Sinnott, Washington Commanders

 Travis Air Force Base, California: June 28-29, Morgan Fox, Los Angeles Chargers

• Little Rock Air Force Base, Arkansas: July 1-2, Hunter Henry, New England Patriots

• Naval Air Station Jacksonville, Florida: July 8-9, Devin Lloyd, Jacksonville Jaguars

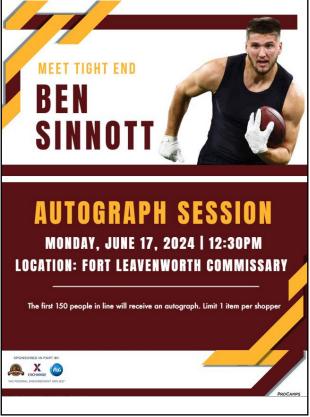
• Fort Huachuca, Arizona: July 12-13, Michael Wilson, Arizona Cardinals

• Fort Cavazos (Clear Creek), Texas: July 18-19, Luke Schoonmaker, Dallas Cowboys



The eight installations qualified for a camp based on purchases and displays of Procter & Gamble products in their local commissaries and exchanges during March and April.

"These football camps offer the children in our military communities an opportunity to meet other children, learn some sports fundamentals and most importantly, have fun," said Navy Command Master Chief Mario Rivers, senior enlisted advisor to the DeCA director and CEO. "The ProCamps event is another example of the ancillary benefit commissaries offer through its industry suppliers and



manufacturers that help enhance the benefit for our patrons."

ProCamps events already conducted overseas were at Vogelweh, Germany, March 23-24, with Matthew Judon from the New England Patriots (the site of the camp was at the Kaiserslautern High School), with autograph signings at the Kaiserslautern Military Community Center and Ramstein Air Base Commissary; and at Camp Humphreys, South Korea, April 13-14, with Kyle Hamilton from the Baltimore Ravens.

## Adopt a Pet!

Rocky is an adult male tabby cat currently available for adoption at the Fort Leavenworth Stray Facility. He has already been neutered, vaccinated and microchipped, which are included in his \$75 adoption fee.

The facility is currently closed for repairs, but adoption appointments can still be arranged. Call 913-684-4939 to schedule an appointment.

The facility is normally open from 11 a.m. to 4 p.m. Monday, Wednesday and Friday and 9 a.m. to noon the second Saturday of the month.

Visit FLSF.petfinder.com for additional Fort Leavenworth Stray Facility information and to see pets currently available for adoption. E-mail fortleavenworth strayfacility@gmail.com for an adoption application.



Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed.

To apply to volunteer with the Fort Leavenworth Stray Facility, enter ZIP code 66027, then search for "stray animal facility" https://vmis.army familywebportal.com/.

The next Fort Leavenworth Stray Facility volunteer training session is June 8. Register/apply on VMIS if interested in volunteering. Call 913-684-4939 for more information.

A training session and shadow shifts are required prior to volunteering at the facility. Youth are welcome to volunteer with supervising adults.





**Online:** https://home.army.mil/leavenworth/about/news

### The Fort Leavenworth Lamp welcomes parttime volunteer **REPORTERS** and **INTERNS**!

Flexible schedule, great way to learn about the community and excellent opportunity to add quality content to a professional portfolio. Experienced journalists preferred but training/mentorship provided if interested in learning the skills required.

Apply for the "Fort Leavenworth Garrison Public Affairs Assistant" position on the Volunteer Information Management System at https://vmis.armyfamilywebportal.com. E-mail ftlvlampeditor@gmail.com for more information.

Hiring Our Heroes

Fort Leavenworth

🐨 ΤΟΥΟΤΑ

What to Expect

s in Admi

Free career fair & networking opportun

Meet with military-ready companies

actively hiring locally & nationwide

Get insider tips from hiring managers

35+

Programming: 9 AM - 11 AM C g Fair: 11 AM - 2 PM CT

40%

You'll Learn About

Upskilling & reskilling program

LinkedIn for veterans & military

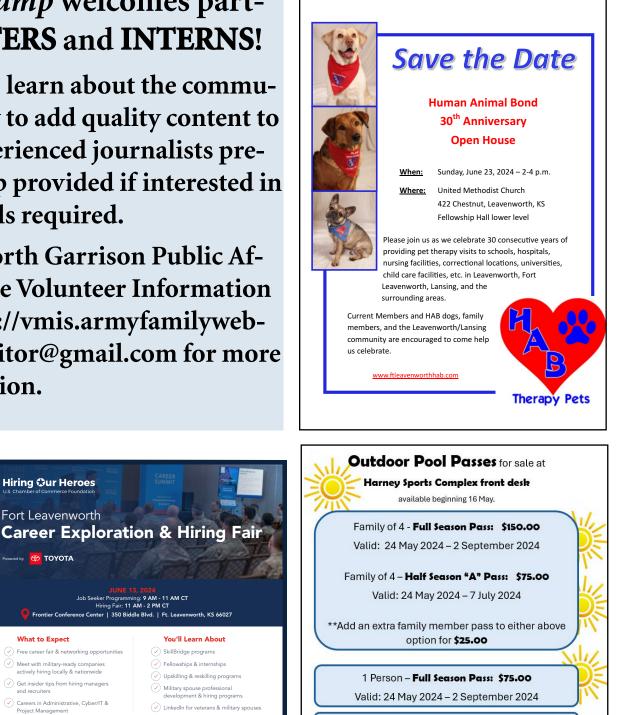
10k+

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 Military spouse professional oment & hiring program:

SkillBridge programs

Fellowships & internships



Individual Daily Fee: \$5.00

First Day of operations for the Outdoor Pools will be 24 May 2024 from 3pm-6pm.

### Batter up. **Give blood!**

O Community Blood Center

#### **Fort Leavenworth**

Thursday, July 11<sup>th</sup> 9:00 AM - 2:00 PM Frontier Chapel 625 Thomas Avenue

Appointments are preferred. Book your appointment today at savealifenow.org/group, enter Group Code: BK or scan the QR co at right. For additional details, please contact Wendy Eisele at



le@cbckc.org or 816-351-1128. bility question 0.688.0900.

**Blood Drive** 

#cbckc () 🔿 🗶 🗖 877.468.6844 · savealifenow.org





### Griffin Gardens Greenhouse **Opening April 17th!**

Monday & Friday 1330 - 1500

Wednesday 0830 - 1030



hankyoung711@yahoo.com

Located between Griffin Cuts Barbershop & the MWJRCF

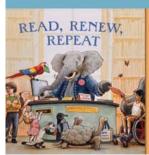
https://www.armyupress.army.mil/DePuy-Writing-Competition/

## Summer Reading Kick Off! June 12th 3pm-5pm

- A special guest reader will read The Peppered Sky
- Crafts and activities for the whole family
- The Frontier Army Museum will have a display to view



THURSDAY, JUNE 6, 2024



Army MWR Library 2024 Summer Reading Program Engo free activities at year heal Army MWR Library te children, teens, and adults that encourage and support a love of reading.

AT&T

June 10th - August 5th Pre-Registration has started! Sign up at https://carl.beanstack.org/



The CARL'S Community Events Calendar The CARL'S Calendar The CARL'S Calendar						ŕ	
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	С						1
	<sup>2</sup> <b>OSC</b>	3	4 The library is closed and invento		6	7 CGSC Graduation!	8
	9 g sui	10 Ummer Reading Start	11 s!	12 SRP Kick Off Party 3pm-5pm	13	14	15
	16 IG	17	18	19 JUNE The library is closed	20	21	22
	23 <b>7</b> 30	24	25	26	27	28	29







Info: (913) 651-7176

#### THURSDAY, JUNE 6, 2024

B3



#### STRONGHOLD DISTRIBUTION & HAPPY BOTTOMS

By Appointment Only www.strongholdfoodpantry,org

-
8

SUN	MON	TUE	WED	THU	FRI	SAT
30						1
2	3 DONATIONS 12:00-2:00	4	5 Open Pantry & Happy Bottoms <b>11:30 -1:00</b>	6	7	8
9	10 DONATIONS 12:00-2:00	11	12 Open Pantry & Happy Bottoms 11:30 -1:00	13	14	15
16	17 DONATIONS 12:00-2:00	18	19 Open Pantry & Happy Bottoms 11:30 -1:00	20	21	22
23	24 CLOSED	25 CLOSED	26 CLOSED	27 CLOSED	28 CLOSED	29



#### Interested?

Processing donations
Packing distribution goods
Distributing groceries

Website Administration

WE NEED HELP WITH:

#### Hunger Buster Bu

MAD OT

Do you have a school aged child that could use a pack filled with

Call us at (913)303-8105 or send us an email at contact@strongholdfoodpantry.org

WWW.STRONGHOLDFOODPANTRY.ORG

Diaper Distribution

Bookkeeping



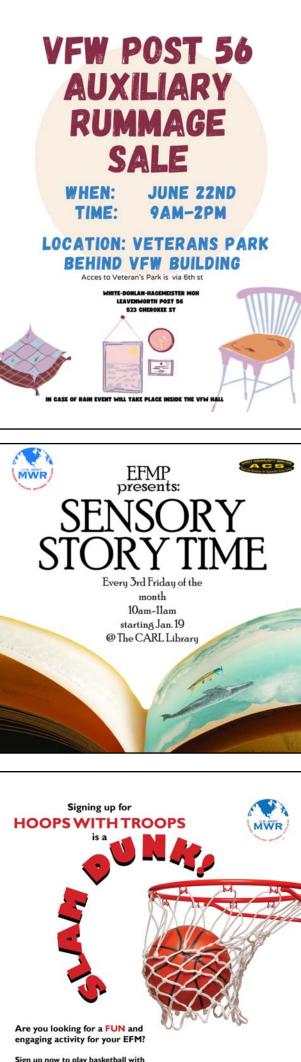












Sign up now to play basketball with HOOPS WITH TROOPS!

This FREE 4 week program is geared toward EFM ages 9 - 18. Students will be led by Military Member Volunteers in basketball drills and games. Each participant will be paired with a student volunteer.

Thursdays from 4:30pm - 5:30pm Call of

Call to register by August 22

### -- PCS'ing --

We pick up & find homes for

Pantry/food items

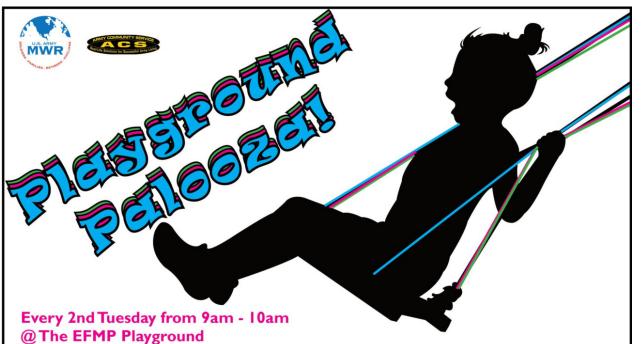
cleaning supplies

toiletry items

To homeless shelter, food pantries, needy families

Pam Meier: 913-306-5108





(through the month of October 2024)

Come out and get to know other EFMP Families while the kids play! Every month there will be a NEW and EXCITING activity for the kids! Open to EFMP Families only.

#### Activities\*

May- Chalk Art June- Art Easels July- Popsicles August- Bubbles September- Juice Boxes October- Pumpkin Decorating \*Subject to change

August 29 - September 19

MWR



Registration is required the Friday before the event. Call 913-684-2871 or 913-684-2800 for more info





Want to make a difference and earn community service hours? Volunteer with EFMP!

Looking for Soldiers and DOD ID card holders ages 18+ to participate as Leads for basketball games and drills!

Looking for 20 Student Volunteers ages 14 - 18 to be paired with our EFMP students to play basketball!

One hour a week for 4 weeks!

Thursdays from 4:30pm - 5:30pm Harney Sports Complex August 29 - September 19

Volunteer Registration must be completed by August 22 (Volunteers under age 18 need parental permission and signed consent)

To register or get more info please call 913-684-2838 or 913-684-2871 BOSS Soldiers contact your BOSS program coordinator

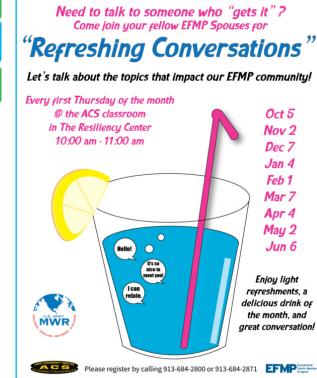
ACS

EFMP Family Me Program



210 McPherion Ave BLDG 464, Fort Leavenworth 913-681-2380 Business Hours Tue/Wed/Thu/Fri @ 10a-





**VOLUNTEER BASICS** 

JAN 10 • MARCH 13 • MAY 15 • JUNE 26 • AUG 28 • SEPT 4 ACS CLASSROOM • 600 THOMAS AVE. TIME: 12PM - 1PM

DO YOU WANT TO MAKE A DIFFERENCE IN OUR COMMUNITY? IF SO. THEN BE SURE TO CHECK OUT VOLUNTEER BASICS. LEARN ABOUT VOLUNTEER OPPORTUNITIES ON FORT LEAVENWORTH AND IN THE COMMUNITY. PARTICIPANTS WILL LEARN THE BENEFITS OF VOLUNTEERING AND HOW TO PROPERLY LOG HOURS INTO THE VOLUNTEER MANAGEMENT INFORMATION SYSTEM (VMIS).

REGISTRATION IS NOT REQUIRED, JUST SHOW UP.

#### INFO: (913) 684–2835



ACIS

**FUN & RELAXATION** 

Explore new hobbies in your free time with on-post events & recreation activities in the Digital Garrison App!



#### May, June & July **Kids Arts & Crafts**

#### Messy Art

\$12 per class

#### Ages 4 - 6

Friday May 10 10:30am - 11:30am 12:30pm - 1:30pm

Tuesday June 11 12:30pm - 1:30pm

Friday June 14 10:30am - 11:30am

Tuesday July 9 12:30pm - 1:30pm

Friday July 12 10:30am - 11:30am

#### Ages 7+

Thursday May 16 11am - 12pm

Thursday June 20 11am - 12pm

Thursday July 18 11am - 12pm \$10 per class

#### Parent & Toddlers

**Color Me Happy** 

Thursday May 9 10:30am - 11:30am

Thursday May 30 10:30am - 11:30am

Thursday June 13 10:30am - 11:30am

Thusday June 27 10:30am - 11:30am

Thursday July 11 10:30am - 11:30am

Thursday July 25 10:30am - 11:30am



scan for more info

Call now to register! 913-684-3373



#### Summer Studio Days \$15 per class

Kids Ages 6-11 **Tuesday - Friday** July 30 - August 2 10:30am - 11:30am

Youth Ages 12+ **Tuesday - Friday** July 30 - August 2 1pm - 3pm

Need to beat the summer heat? Come to the Studio!

#### **Kids Arts & Crafts**

#### Crafts

\$20 per craft

Mother's Day Gift Flower Pots & Cards Friday May 3 2:30pm - 4pm

Father's Day Gift Mosaic Coaster & Card Wednesday June 5 10:30am - 12pm





Cost includes all supplies!

Come see what's new at the Studio!

Art History

\$15 per class (ages 7+)

**Rice Krispies &** Rembrandt Wednesday May 15 12:30pm - 2:30pm Thursday May 16 4pm - 6pm

Rocket Pops & Ross Tuesday June 18 11am - 1pm Wednesday June 19 1pm - 3pm

**Cookies & Carle** Tuesday July 16 11am - 1pm Wednesday July 17 1pm - 3pm

leavenworth.armymwr.com

### May, June & July

#### Watercolor

#### Workshops

\$25 per workshop

Watercolor (Basic Techniques) Thursday, May 16 Tuesday, July 9 6:30pm - 8pm

Watercolor (Florals) Thursday May 30

Watercolor by the Lake (plein-air) Thursday June 20 9am -10:30am

Cost includes all supplies!



#### OPEN STUDIO

Hours 10am - 5pm T - F

ModernCalligraphy=

#### Basics

#### \$20 per class

Tuesday April 30 12:30pm -1pm

Wednesday July 10 10:30am - 12pm

#### Special Projects

#### Intermediate

MWF

\$20 per class

Tuesday May 7 12:30 - 2pm

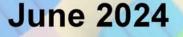
Wednesday July 17 10:30am - 12pm



#### THURSDAY, JUNE 6, 2024

#### FORT LEAVENWORTH LAMP





#### New Parent Support Program

Stroller Walk Tuesdays, 10:00am - 11:00am

**Play Morning** Thursdays, 9:00am - 10:00am & 10:00am - 11:00am **Resiliency Center** 

**Breastfeeding Class** June 3, 5:00pm - 7:00pm Resiliency Center, Room 157

**Newborn Care Class** June 10, 5:00pm - 7:00pm Resiliency Center, Room 157

**Dad's Night Out** June 12, 6:00pm - 8:00pm Restaurant is TBD



Solutions for Successful Army Livin

#### Family Advocacy

Father Daughter Tea Party June 1, 1:00pm - 4:00pm Frontier Conference Center Ballroom

ather Son Stavenber Hunt Hunt Lodge

Workshop & Workout June 8, 11:00am - 12:30pm Resiliency Center, Room 157

Anger Management June 13, 11:30am -1:00pm, Resiliency Center, Room 145

Navigating the Teen Years June 18, 1:00pm - 2:30pm Resiliency Center, Room 145

#### **Event Schedule**

CALL ACS TO REGISTER FOR CLASSES TODAY! ALL

#### Employment Readiness Program

Federal Employment June 5, 12:00pm - 2:00pm Resiliency Center, Room 157

**Resume Writing** June 19, 12:00pm - 2:00pm **Resiliency Center, Room 157** 

#### Army Volunteer Corps

Volunteer Basics June 26, 12:00pm - 1:00pm Resiliency Center, Room 157

#### Exceptional Family Member Program

**EFMP Recreational Bowling** for EFMP Members and their Families June 1, 12:00pm - 2:00pm Strike Zone Bowling Center

Potty Training Class June 17, 5:00pm - 7:00pm Resiliency Center, Room 157

Mom's Night Out June 26, 6:00pm - 8:00pm **Restaurant is TBD** 

#### **Relocation Readiness**

In-Processing Brief Tuesdays, 9:00am - 10:00am Thursdays, 1:00pm-2:00pm Resiliency Center, Room 157

**OCONUS Levy Brief** Tuesdays, 10:00am - 11:00am Resiliency Center, Room 157



Handicap access at the front of Building 198

Co-Parenting Workshop June 20, 12:00pm - 1:30pm Resiliency Center, Room 145

#### Personal Financial Counseling

Curious About Crypto June 11, 11:45am - 1:00pm **Resiliency Center** 

Financial Planning: Building Your Own Plan June 25, 11:45am - 1:00pm **Resiliency Center** 

**EFMP Refreshing Conversations** June 6, 10:00am -11:00am, **Resiliency** Center

**Playground Palooza** June 11, 9:00am - 10:00am **EFMP** Playground

MWF

#### Survivor Outreach Services

**Gold Star & Survivor Families Fishing Social** June 1, 9:00am-12:00pm Merritt Lake

Resiliency Center, 600 Thomas Ave, Building 198 913-684 - 2800/ 913-684-HELP(4357) Hours: Monday - Wednesday, & Friday, 7:30am - 4:30pm (closed 1130-1230); Thursday, 1:00pm - 4:30pm Follow us on Facebook! @FortLeavenworthACS Follow us on Twitter! @LeavenworthACS

#### ACS PRESENTS:

#### **LUNCH & LEARN** MILITARY MONEY

**EVERY OTHER TUESDAY** ACS CONFERENCE ROOM 11:45 - 1:00

June 11 **Curious About Crypto** 

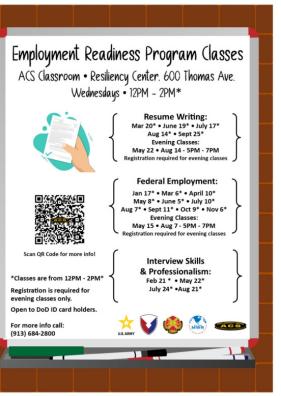
June 25 **Financial Planning: Build Your Own Plan** 



with our Personal Financial Counselor (816-500-3163)



LUNCH & WE'LL LEARN TOGETHER! (SPOUSES WELCOME)



#### Financial Readinces **Hestone Traini**

Are you financially prepared for what life throws your way? Let us help! We offer free Financial Readiness Training on a variety of subjects.

#### ales we will die

Pre-Deploymen Post-Deploymen PCS Marriage Divorce ing in TSP First Child ation Pay s/injury/condi

Held monthly every 2nd & 4th Thursday @ 0900am - 1100am. Bldg 198 Room 157

ACS

INFO: 913 - 684 - 2852 / 28

#### THURSDAY, JUNE 6, 2024



Contact 913-297-3212



This NEW event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.

Jan 31 • Feb 28 • March 27 • April 24 May 29 • June 26 • July 31 • Aug 28 Sept 25 • Oct 30 • Nov 20 • Dec 11

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old Info: (913) 297-3212 or (913) 684-2800







Contact 913-297-3212

#### DAD'S NIGHT OUT

Dad's Night Out is offered by ACS New Parent Support Program for Dads of children 0-3 years of age to get out of the house without the kids and meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.

\* 👽 🍪 🍛





#### STRESS MANAGEMENT Thursdays; Jan 18, Mar 14, May 16, July 18

1130 - 1300 brown bag lunch class. ACS Conference Room 145 Registration Required must register by before the class you want to attend. Classes are for 18 and over



For more info: (913) 297-3212 or (913) 684-2800

Jan 24• Feb 21 • March 20 • April 17

May 22 • June 12 • July 24 • Aug 21

#### ACS Family Advocacy New Parents Support Program Presents **Toddler** Time Playgroup

 Freetoddler play group. • Open to ages 2-3 years old with

adult. Offers an introduction to preschool routines, explores educational concepts, and builds social skills through hands on experiences and activities.

#### Wednesdays @

9:00am Located at the Army Community Service Resiliency Center 600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text 913-297-3212 or 913-297-9704





HWR

#### Morning V Thursdays from 9-11:00 a.m.

V 🥨

Ages 3 months - 3 years with Guardian • Resiliency Center

MWR

Free play group for ages 3 months - 3 years and their parents/guardians

公

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.

unity Service | Resiliency Center | 600 Thomas Ave. | Fort Leavenworth, Kansas d, cut off is day before event (913) 297-3212 or (913) 684-2800 ACID f



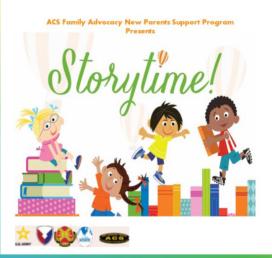
Stroller

7 Solls

MWR

## Time to lose the

FREE For Darents of Children aged 0-4 years \*Pre-registration Required\* Deadline is Friday before class



Free Open to ages 3 months - 3 years old with adult.

Join us for storytime to use our imagination and develop a love of books

Storytime fosters early literacy skills, language development, and social growth.

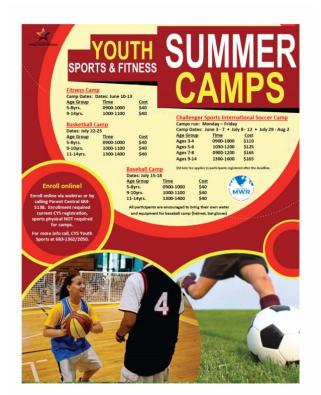
#### Every Wednesday @ 10:00 am

Located at the Army Community Service Resiliency Center 600 Thomas Ave. Fort Leavenworth, Kansas Registration required call or text 913-297-3212 or 913-297-9704

#### Navigating the **Teen Years** Ever wish that raising your teen came with an instructional manual? Jan 16. Feb 20.

ACS





#### YOUTH SPORTS SUMMER GOLF PROGRAM

JUNE 11 - AUGUST 1 TUE & THURS // 4PM - 7PM TRAILS WEST GOLF COURSE

Enrollment dates: April 15 - June 11 Open to boys & girls 8-17 years old

\$65 for the first child \$55.25 for each additional child

Enroll your child in a sport they can play their entire life! 100% parent participation required, Parent will coach/chaperone their child on the cour

Info: (913) 684-7525/7526



Learning to co-parent after a divorce can feel like being on opposite ends of a chasm.

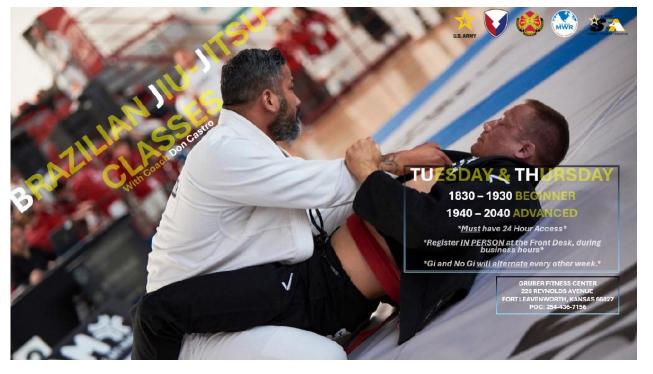
Our six week workshop will show you how to Sur six week workshop will show you how to build a bridge that will enhance parenting skills, enrich positive co-parenting, learn to use positive discipline, and develop a joint plan for managing expectations about your children's growth, development, and behavio

FREE and open to all DoD ID holders 18+ Register by calling **913-684-2822/ 2808** Deadline to register is day before class. Its are encouraged to attend every class as each session will be different.









# STRIKE ZONE BOWLING CENTER

**Strike Zone Bowling Center** Thursdays at 6:30 (practice 15 minutes prior) Meeting: May 9 at 6:30pm League Starts: May 16 at 6:15pm 12 week league from May 16 - August 8

3 person teams - 3 games per night Any combo of men and women \$10 per week/ per person/ \$1 Shoes Have-a-Ball option - additional \$7 per week

Ages 18+ Call 913-651-2195 for more info







## **FUN SHOOT**

**Brunner Range 1st Saturday of the Month** 



Rental guns and shells are available or bring your own.

Prizes and awards distributed at the end of each shoot.

Info: (913) 651-8132 701 Sheridan Drive



4 January - 7 March

Spring Combo 21 March - 23 May

Summer Warm-up 6 June - 11 July 18 July—22 August Fall Combo

5 September - 7 November

Winter Warm-up 14 November - 19 December

Each league has a one-time payment of \$25 izes at the end of each league Starting Monday April 15th, 202

#### Fort Leavenworth Group Fitness Classes

#### GRUBER FITNESS CENTER-200 Reynolds Ave. - 684-5120 Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
0530			Spin (Karyn)			
0930	Zumba (Lydia)		Zumba (Lydia)			(0 Z) (L
1030						Ho (
1630	30/30 Split (Kim)		Power Cycling (Kim)			

#### HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190

	Mon-Fri: 0500-1800, Sat and Sun: 0800-1700							
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Sa		
0800								
1630		*Power Cut (Kim)		*Power Cut (Kim)				

\*Power Cut classes are held in the Bubble Gym





https://leavenworth.armymwr.com

W



ABOUT PRICING Classes are designed to increase strength, power, speed, agility, and aerobic capacity by Olympic lifting, weight lifting, gymnastics, and plyometrics. This class is ideal for Monthly rates 3x week \$75 5x week \$85 Drop in \$10 beginners and elite. Get healthier, get nger, live longer. Enjoy professio ng in a supportive ouraging enviro CONTACT 📩 🔰 🏟 添 🐲 For more info 949-291-0386

Open to Active Duty, Dob, near Leavenworth ages 18 & older.

For more information, call (913) 684-3224/ 5136 Team rosters due by Wednesday, May 29





Learn proper Olympic Lifting technique and how to safely resistance train. Programming is designed to increase Muscle Mass, Strength, and Power. Resistance training has been shown to increase bone density, metabolic rate, cognition, reduce fat accumulation, lower risk of heart disease, and so much more. Start enjoying the benefits!

#### CLASSES MEET MON, WED, FRI 9:00-10:15 AT HARNEY GYM \$10 DROP IN RATE OR \$75 MONTH







\$50,500 2024-25 SY Base Salary Additional compensation for years of teaching experience at an accredited school.

#### **OPEN POSITIONS**

Special Education Teacher

- Occupational Therapist
- Speech and Language Therapist

by USD 207

**UNIFIED SCHOOL DISTRICT 207 IS HIRING** certified special education professionals for the 2024-25 school year.

Joining the USD 207 team opens up mentorship and growth opportunities at one of Kansas' top-rated school districts.

Not only has the district's starting pay increased to \$50,500, but it also offers comprehensive health, wellness and future planning benefits.

Learnmoreathttps://sites.google.com/usd207.org/usd207- r e c r u i t i n g / h o m e / t h e -perks?authuser=0&fbclid=IwZXh0bgN-

hZW0CMTAAAR0MpHwX9G2f6bD4Haw cALIfdsugv6Nb540plUODDdsf2vk8HHQ6 W T w F S m k \_ a e m \_ A T I W J a d kRvzbCwIPN3JIh24jzD4kVQftD3f2sloOE GniCMz5f9K1DWLV2Xm1w1S1rIPuFZw-TFs3beVTqeeBZI3.

For available positions, visit https://fortleavenworth.tedk12.com/hire/in dex.aspx?fbclid=IwZXh0bgNhZW0CM-TAAAR2J\_nZ8pMOz3RN9ZVQT0DxOl82 Xq0TogQXXLwS34xIGZPKXyO4g7Qgvmr g\_aem\_ATIiN4OJjKKJZWcSvLnsjiFwLB-W b B k A G \_ k 5 E k p t pAKlD0uHDc88thqUhlu8A\_amVKGu0PK tvZ3uSLRbnZzHymqU.



### Our next Master Resiliency Trainer (MRT) Course:

### SEPTEMBER 18-29, 2023

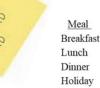
Enroll in ATRRS to earn 8R ASI: School Code 145, Course MRTC, LW3

Contact the R2 Performance Center for more info: OFFICE: 913-292-4994 EMAIL JOSH SMITH: SmithJ8@magellanfederal.com



FOOD SERVICE CHARGES AT APPROPRIATED FUND DINING FACILITIES AND THE MIILTARY ACADEMIES EFFECTIVE JANUARY 1, 2024\* (Prior rates in red)





Discount Rate \$3.20 (\$3.15) \$5.35 (\$5.25) \$4.60 (\$4.50) \$8.45 (\$8.30)

Standa	rd Rate
\$4.35	(\$4.30)
\$7.00	(\$6.85)
\$6.05	(\$5.95)
\$11.40	(\$11.20

\*Volume 12, Special Accounts, Funds and Programs, of DoD Financial Management Regulation (DoD 7000.14-R) stipulates that the Office of the Under Secretary of Defense (Comptroller) shall prescribe the rates for food service charges annually.

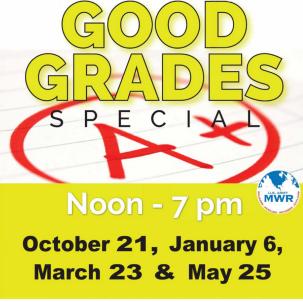








Strike Zone Bowling Center's



Kids! Bring in your report cards and receive one free game for every "A" or equivalent. Straight "A"s gets you free sodas for the family (6 max) and all "B"s or better gets you \$2 off any pizza. Games may be used by all family members.

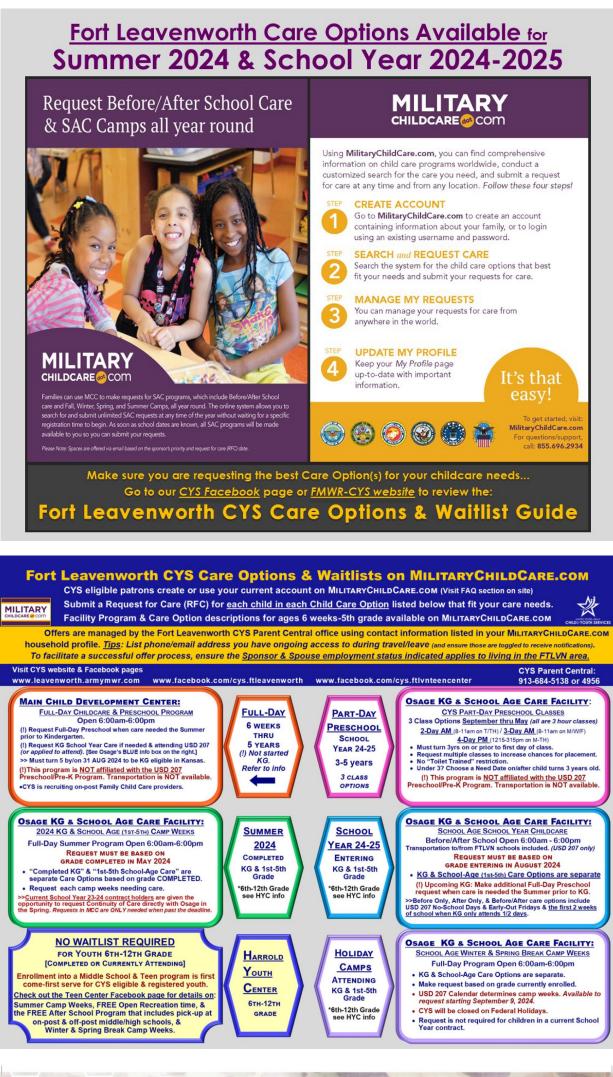
> Strike Zone · 165 Fourth Street · (913) 651-2195 https://leavenworth.armymwr.com

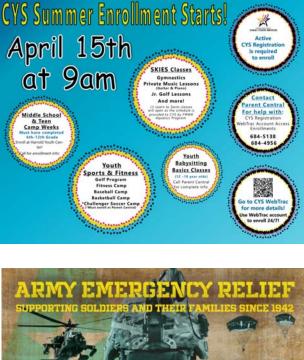




#### THURSDAY, JUNE 6, 2024

#### FORT LEAVENWORTH LAMP





Anual Campaign March 1- June 14, 2024

#### YOUR DONATION HELPS SOLDIERS AND FAMILIES IN NEED OFFICIAL NONPROFIT OF THE U.S. ARMY



THE US ARMY GARRISON FORT LEAVENWORTH EQUAL EMPLOYMENT OPPORTUNITY OFFICE

Presents

#### FY24 Mandatory Face to Face ANTI-HARASSMENT/ NO FEAR ACT AND EEO TRAINING

LOCATION: POST THEATER

2 <sup>nd</sup> Quarter	
20 March 2024, Wednesday:	1030-1130 (Employees)
	1300-1400 (Supervisors)

Thursday

1300-1400 (Supervisors)

1430-1530 (Employees

y 0900-1000 (Employees) 1030-1130 (Supervisors)

18 June 2024, Tuesday:

(Employees) = Civilian Employees, (Supervisors) = Supervisors, and Military Supervisors of Civilian Employees

For FY24 face to face training is mandatory. On-line training is no longer valid. The Ft. Leavenworth Garrison EEO office will track attendance for IMCOM employees only. Other organizations are welcome to attend training, but they must track and report training separately.

For additional information, please contact: EEO: Kale E. Webster, EEO Specialist, <u>kale.e.webster.civ@army.mil</u>



CHILD & YOUTH SERVICES Youth Sponsorship Program



Did you recently receive PCS orders and have a school-aged child tor teen hat's worried about moving? Maybe you've heard them wonder:

Who will my new friends be? What will my new school look like?What activities/sports are available? What are the other kids wearing?

The Youth Sponsorship Program connects your child to another youth in the new community to answer these questions and so much more.

Why should my child request a sponsor? A sponsor:

- Allows your child to get to know their community before they arrive.
- Provides them with someone who can show them the ropes in their new community.
- Helps reduce social isolation, leading to a healthier transition with reduced stress and at-risk behaviors.
- Gives youth a youth perspective of their new community and school.

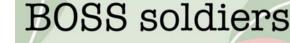
 Allows you to focus on other aspects of transition, knowing that your child's needs are being met.

What does the Youth Sponsorship Program provide for my child?

- Their Youth Sponsor will provide a welcome packet and information about their new community before arrival.
- Upon arrival, their Youth Sponsor will arrange for them to have a tour of the community and, once you know which school they will be attending, provide information about the school and arrange for a tour there as well.
- The program hosts various activities and events that will help your child meet new people, learn about their school and community.

#### How do I get a sponsor assigned to my child?

• Once you receive PCS orders, contact the School Liaison Officer at your current installation.





recreation & leisure • events • meetings qualify of life • community service



CITY UNION MISSION Since 1924

### **Donation Day FAQs**

1) When is Donation Day?

Donation Day is every 2nd Saturday of the month. Please have items for donation out before 8:00 a.m.

2) Where can I donate items? Items can be left on the curb in front of your home. Please place items in a

clear bag or box clearly labeled FOR DONATION.

3) What items can I donate?

City Union Mission will take donations of household goods, clothing, toys, etc. Furniture will also be picked up, as long as it is in good condition for resale.

4) What will happen in the event of inclement weather? Please follow us on Facebook for updates to the community.

COMMUNITY MANAGEMENT OFFICE: (913) 682-6300

## MUNSON NOTES



Pediatrics and the Exceptional Family Member Program coordinator have relocated to Munson Army Health Center's third floor. To schedule an appointment for either, call 913-684-6250.



Photo by Munson Army Health Center Public Affairs

WALK-IN

Defense Health Agency Team members at Munson Army Health Center were recently recognized by Lt. Gen. Milford H. Beagle Jr., commanding general of the Combined Arms Center and Fort Leavenworth, for their Force Health Protection efforts against seasonal influenza.

The team spearheaded MAHC's 2023-24 seasonal influenza vaccine campaign, vaccinating more than 7,000



Munson Army Health Center Public Affairs

Munson Army Health Center's basement at 550 Pope Ave. is one of the designated tornado shelters on post.

If a tornado watch is activated after duty hours, Medical Department Activity personnel will open the health center for those needing shelter. The building will remain open until all watches or warnings are lifted.

#### No Referral Required 🖊

#### REHABILITATION CLINIC PELVIC FLOOR THERAPY

Do you experience any of the following?

- Incontinence
- Pain with Intercourse
- Pelvic Pain
- Pregnancy/post-partum discomfort
- Rectal pain/constipation

Make an appointment today at the Munson Rehabilitation Clinic for pelvic floor physical therapy! No referral required!



### HEALTH QUESTIONS WHILE YOU'RE ON THE GO?

Military Health System beneficiaries on post and in the greater Kansas City metropolitan area.

In 1918 a lethal influenza virus spread globally, infecting a third of the world's population and causing 50 million deaths worldwide, according to data from the National Institutes of Health.

Unless contraindicated, getting a seasonal influenza vaccine each year is one of the best precautions individuals can take to prevent or reduce the severity of the virus.

In the Northern hemisphere, flu season typically runs from October to May, usually peaking in February. MAHC will begin vaccinations for the upcoming flu season in the fall.



#### **MUNSON ARMY HEALTH CENTER**

## Pregnancy Tests

Available at the Lab Mon.-Fri. 7:30 a.m.-4:30 p.m. Closed weekends and federal holidays







₿

Get health care advice + Find a health care provider + Schedule same or next day appointments when recommended by nurse + Get an online "absence excuse" or "sick slip" + Receive help for urgent/emergent care and traveling beneficiaries

MTF enrollment, command guidance and recommendations by a registered nurse may be required. If you have an emergency, call 911 or go to the nearest emergency room.

registered to demark of the Department of Defense, Defense Hughli Agency All rights reserved. resource



### Refills are here!

TRICARE® beneficiaries can order prescription refills through their MHS GENESIS Patient Portal.

To learn www.tricare.mil/ more visit: MHSGENESISRxRefills