

THURSDAY  
NOVEMBER 20, 2025

# LAMP

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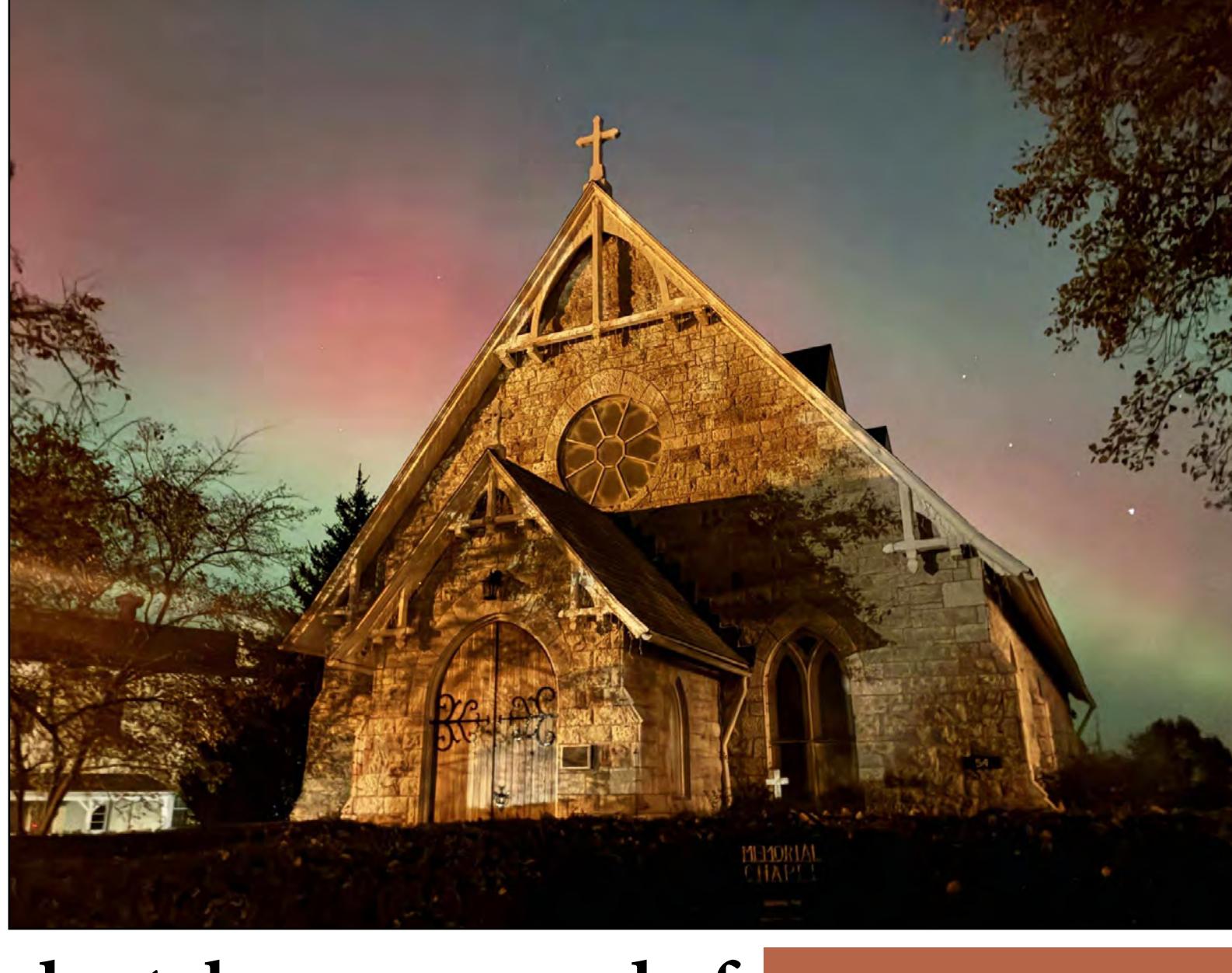
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## Northern Lights over Fort Leavenworth

The Northern Lights are visible in the sky over Memorial Chapel Nov. 11 on Scott Avenue. The natural light display, known also as Aurora Borealis, could be seen across post the evenings of Nov. 10-11.

According to the National Weather Service at [weather.gov](http://weather.gov), "A significant geomagnetic storm triggered multiple solar eruptions, which allowed the aurora to be seen with the naked eye across all of Kansas. It is pretty rare for the Northern Lights to be seen this far south without the help of (a) camera using long exposures."

Photo by Sam Miller/Fort Leavenworth Community Member



## New leader takes command of Combined Arms Command

by Prudence Siebert/Editor

Lt. Gen. James P. Isenhower III assumed command of the Combined Arms Command during a ceremony Nov. 18 at the Lewis and Clark Center.

In September, Lt. Gen. Milford H. Beagle Jr. relinquished command of CAC, known then as the Combined Arms Center, and followed that ceremony with his retirement from the Army.

Assumption ceremony host Gen. David M. Hodne, commanding general of the newly established Transformation and Training Command, expressed his gratitude for those who have been helping fill the gap between CAC commanders and spoke of the "extraordinary legacy" of CAC.

"Since its establishment, CAC has been central to the Army's development. They've done this through powerful sources of overmatch, our doctrine and our leader development," Hodne said. "It's a storied institution that both predates and remains beyond (Training and Doctrine Command). That is not meant as a slight to TRADOC, but rather speaks to the core, enduring functions of the Combined Arms Command, who prepares the Army and its leaders for the challenges of today and tomorrow."

Hodne said commanding CAC is unique in scope and impact.

"CAC synchronizes doctrinal and educational requirements across nine Centers of Excellence, 20 branch schools, seven non-branch specific schools, trains over 300,000 students annually, including nearly 5,000 interna-

SEE CAC ASSUMPTION OF COMMAND A8



Photo by Prudence Siebert/Fort Leavenworth Lamp

**Incoming Combined Arms Command Commanding General Lt. Gen. James P. Isenhower III applauds civilian employees for hanging in there during the government shutdown with ceremony host Transformation and Training Command Commanding General Gen. David. M. Hodne and CAC Command Sgt. Maj. Shawn Carns during his assumption of command ceremony Nov. 18 in Eisenhower Auditorium at the Lewis and Clark Center.**

## Art of War Scholars announced

by Army University Public Affairs

Earlier this week, Army University announced the Command and General Staff Officer Course Class of 2026 Art of War Scholars selectees.

The Art of War Scholars selected for Assignment Year 2026 are: Maj. Paul D. Mackey, Staff Group 17D; Maj. Philip D. Milam, Staff Group 17B; Maj. John D. Golden, Staff Group 13C; Maj. Jeoffrey I. Traore, Staff Group 14D; Maj. Victor Lim, Staff Group 2A;

Maj. Justin D. Schaller, Staff Group 6A; Maj. Paul T. Dolan, Staff Group 19C; Maj. Tara C. Santon, Staff Group 9A; Maj. Jean-Marc Roberti, Staff Group 8E; Maj. Brett Watson, Staff Group 18D; Navy Lt. Cmdr. Thomas B. Admont, Staff Group 8D; and Maj. Simon Peña, Staff Group 4D.

The Art of War Scholars program offers 12 competitively selected officers the opportunity to participate in graduate-level seminars and conduct advanced research, thereby increasing

their understanding of strategy and operational art. Students in this prestigious program will read, debate and write about challenging warfighting issues while engaging with a series of distinguished guest speakers who will catalyze critical and creative thinking about the most relevant operational problems.

Participation in the seminar will include the requirement to complete a rigorously researched master of military art and science thesis.

## AT A GLANCE

■ The *Fort Leavenworth Lamp* WILL PUBLISH A DAY EARLY next week on Nov. 26 before the Thanksgiving holiday. Visit <https://www.facebook.com/p/Fort-Leavenworth-Installation-Warrior-Restaurant-10006454424268396/> for prices and menu.

■ The Fort Leavenworth DINING FACILITY HAS RE-OPENED, serving breakfast, lunch and dinner with dine-in, drive-thru and grab-and-go options. Visit <https://www.facebook.com/p/Fort-Leavenworth-Installation-Warrior-Restaurant-10006454424268396/> for more information.

■ The ANNUAL TREE LIGHTING EVENT begins at 4 p.m. Dec. 5 at Zais Park. The event features carriage rides, school choir, refreshments, Santa and the lighting of the park.

■ The NAF PROPERTY SALE is 7 a.m. to 2 p.m. Nov. 20-21 at 801 Riley Ave. Call 913-684-2726 for more information.

■ GREENING OF THE CHAPELS starts at 9 a.m. Nov. 22. See page A8 for more upcoming Chapel Community events.

■ FINANCIAL PEACE UNIVERSITY is being offered Sunday afternoons from 1-3 p.m. Nov. 23 through Feb. 22. E-mail [zjmundell@gmail.com](mailto:zjmundell@gmail.com) to sign up or for more information.

■ Trees for Troops is offering FREE CHRISTMAS TREES for military families, first come, first served, while supplies last, from 11 a.m. to 4 p.m. Dec. 8 at Merritt Lake. Limit one tree per family. DoD ID card required. No transportation nor materials to secure trees to cars will be provided.

# MacArthur Elementary celebrates successful food drive with pies in faces



Photos by Matthew Dixon/Unified School District 207

ABOVE: Fifth-grader Brayden Thompson smashes a pie in the face of Assistant Principal Wendy Dobbs during an assembly Nov. 14 at MacArthur Elementary School.

LEFT: Registrar/Office Assistant Angie Wilkerson laughs as she puts a pie in the face of Principal Tracy Johnson during an assembly Nov. 14 at MacArthur Elementary School. The assembly celebrated a successful food drive with a student and staff member being chosen at random to "pie" the principal and assistant principal.



Photo by Matthew Dixon/Unified School District 207

Principal Tracy Johnson and Assistant Principal Wendy Dobbs react to being pied in the face by a student and staff member during an assembly Nov. 14 at MacArthur Elementary School. The school conducted a food drive for Strong Hold Food Pantry Oct. 20 to Nov. 13. Each grade, as well as office and support staff, had a goal to provide 60 meals, with each grade bringing specific Thanksgiving Day food items for the drive. The goal was met the morning of the assembly and was celebrated with pies in the face of the school's administrators.

## Stronghold, community provide support during government shutdown, upcoming holiday

by Abby Ammons/Stronghold Food Pantry

Fort Leavenworth's Stronghold Food Pantry recorded a staggering 335 percent increase in military patrons served during the recent government shutdown.

Yet with the community's generous support, Stronghold was able to keep its doors open longer and its shelves stocked — all while planning for the Thanksgiving holida

### COMMENTARY

day. Stronghold serves the military community with fresh food, nonperishables, diapers and other essentials.

#### Crisis

The shutdown, the longest in U.S. his-

tory, strained many military families beyond their finances. While one in four military families are considered food insecure, many more live paycheck to paycheck, relying on and delegating every cent throughout the month.

But when there is any delay in payment, it has the potential to start a domino effect that pushes some families into crisis, explained Monica Bassett, CEO and founder

of Stronghold.

"That margin for financial cushion is so thin for military families," Bassett said. "In situations like this, we want to be the plug that stops the spiral."

#### Community

Stronghold's brick-and-mortar location

SEE STRONGHOLD FOOD PANTRY | A3

## FORT LEAVENWORTH LAMP

PUBLISHED FOR THE COMMUNITY OF FORT LEAVENWORTH, KANSAS

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# Military families receive Thanksgiving meals in traditional basket distribution

by Prudence Siebert/Editor

Nearly 130 Thanksgiving meals, complete with turkey, sides, dessert and more, were distributed to military families Nov. 18 at the Fort Leavenworth Commissary.

Operations Chaplain (Maj.) Christopher Weinrich said the annual meal distribution tradition is possible because of the Fort Leavenworth and chapel communities who support service members and their families with time and monetary contributions.

"In the military, we have a tradition to help out our service members and families, especially around holiday time, and Thanksgiving, Christmas, Hanukkah, all these major holidays is a really big time to help out our soldiers," Weinrich said. "This is something that's great that the military loves to do. I think the community, and especially right now with finances, with the furlough ending and everything else, it's good we want to support our community."

Weinrich said that command teams, who signed up service members in their units to receive the Thanksgiving meals, really want to support the post's service members. He referred to them as the heroes of the meal tradition, making sure that their troops receive the food baskets.

Meals were distributed to lower enlisted service members



Photo by Prudence Siebert/Fort Leavenworth Lamp

**Sgt. Serun Tankisi, Army Corrections Brigade, grabs a turkey for a Thanksgiving meal basket as service members arrive to pick up the donated meals Nov. 18 at the Fort Leavenworth Commissary.**

through mid-level NCOs with families assigned to Army Corrections Brigade, Mission Command Training Program, Combined Arms Command – Training, Munson Army Health Center, Fort Leavenworth Garrison, 67th Military Working Dog Detachment/Law Enforcement Activity and Kansas City Recruiting Battalion. The size of the turkeys and meal components varied depending on the number of dependents.

Fort Leavenworth Commissary Store Director Anthony Gardner said Commissary patrons responded to the need.

"They definitely have donated more this year. I think it's because of the furlough process that went on, so you had more customers (who) donated."

Gardner said about 400 customers donated items to fill the bags, 150 donated money to help complete the mission, and the

Commissary's produce vendor, Liberty Foods, donated potatoes, celery and onions. The turkeys were purchased with chapel offerings.

Gardner said just the sides, not counting the turkey, would cost a family at least \$60.

"This is the best turnout that we have (had) — we have 127 baskets ... that we're giving out from ranges from two dependents all the way up to eight dependents, which is pretty remarkable. A family the size of eight will get eight cans of vegetables, eight cans of green beans, eight cans of corn, four bags of stuffing... three broths, three cream of mushroom soups and two cranberry sauces and four gravies, so it's a good basket," he said, noting that families also received pumpkin pies and topping and they will likely have plenty of leftovers.

The food "baskets," actually



Photo by Prudence Siebert/Fort Leavenworth Lamp

**Sgt. Janelis Otero, Headquarters and Headquarters Company, U.S. Disciplinary Barracks Battalion (Corrections), hands a turkey to 2nd Lt. Kenneth Velez, A Company, USDB, while helping to distribute Thanksgiving meal baskets to fellow service members with families Nov. 18 at the Commissary loading dock.**

distributed in paper bags, were assembled by volunteers, which included active-duty service members and supporting organizations, earlier that morning. More volunteers showed up in the

afternoon to help distribute the meals to service members.

Holiday meal baskets will also be distributed in mid-December ahead of Christmas.

## Stronghold Food Pantry (continued from Page A2)

at Fort Leavenworth typically assists 115 patrons each month, but during the shutdown, the nonprofit served 496 patrons in October alone.

However, with increased volunteer support, Stronghold was able to add more Open Pantry dates, as well as evening shifts, to its weekly schedule. Community members routinely asked what was needed, with some dropping off food in bulk (crowd favorite: pancake mix!) and others giving financial contributions. Still others, like the Fort Leavenworth High School JROTC and Knights of Columbus from the Catholic Chapel Community, hosted food drives, encouraging nonperishable food donations. The shelves at Stronghold stayed stocked each week, ready to welcome patrons.

With Thanksgiving just around the cor-

ner, many families also had concerns about the holiday.

"At first we were so concerned about the here-and-now that we just focused on helping in the moment," Bassett said, "but when you're in a government shutdown for 40-plus days, patrons then start to think what food they would have on their table that week."

Earlier this month, Bassett and the Stronghold team launched the annual campaign "Stronghold at the Table," which provides a full Thanksgiving dinner to patrons in need of support — regardless of pay grade.

To support Stronghold at the Table,

MacArthur Elementary Site Council, led by first-grade teacher Rebecca Moritz, hosted another food drive. Students eagerly delivered to their classrooms the ingredients

needed for classic recipes like stuffing, mashed potatoes, sweet potato casserole and green bean casserole. With their thoughtful giving, 60 Fort Leavenworth families will be given full boxes to make these Thanksgiving dishes.

Last week, with turkeys donated by Rapid Response Charities, volunteers packed the first of many Thanksgiving boxes to give to patrons.

In addition to Stronghold at the Table, the nonprofit will conduct its regular Open Pantry days for patrons.

### Joining forces

Stronghold recently announced partnership with the Wounded Warrior Project, which will provide 52,000 meals to 2,500 families across 40 locations.

This partnership will further engage and

sustain military families across the nation

who need extra support during vulnerable times.

"This partnership allows us to deliver not just groceries, but dignity, compassion and care — providing meals that honor each family's unique needs, from food sensitivities to religious preferences. We understand that not all families are built the same, but every family deserves intentional and meaningful support," Bassett said.

Veteran PCS also recently selected

Stronghold as its holiday giving partner in

an effort to raise \$10,000 to provide 200

holiday meals for military families.

"Being chosen as a partner for organizations like Veteran PCS allows our mission to spread," Bassett said. "Taking care of each

other is a community effort, and we are

honored to collaborate to continue our

mission of supporting military families."

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# PATRIOTIC ARTWORK

## FROM THE HEART

Students express appreciation for military service members, retirees in drawings



By Hadley Lawrence



ABOVE: Artwork by Jennie, kindergartner at Bradley Elementary School.  
LEFT: Artwork by Hadley, fourth-grader at Bradley Elementary School.

Unified School District 207 elementary school students contribute artwork each year for the annual Retiree Appreciation Day, which is traditionally conducted the last Saturday in October, but was cancelled this year due to the government shutdown.

This year, the students' artwork is being highlighted in the *Fort Leavenworth Lamp* to help ensure their messages still reach the service members for whom they were intended.



ABOVE: Artwork by Laura, third-grader at Bradley Elementary School.

Unified School District 207 students in pre-kindergarten through fifth-grade were invited to participate in a Retiree Appreciation Day coloring/drawing contest. Student artwork depicted the theme "Thanking our military retirees," and were hand-drawn on letter-sized white paper. Winning submissions are traditionally displayed at the Post Exchange for the annual Retiree Appreciation Day, but the event was cancelled this year due to lack of appropriations.



ABOVE: Artwork by Sadie, fourth-grader at Bradley Elementary School.



ABOVE: Artwork by Ava, fourth-grader at MacArthur Elementary School.

# Annual parade honors veterans

Bagpipers Kevin Regan, Marine Corps Maj. George McArthur, Dale Cleland, Rob McWilliams and John Bauer, followed by drummer Eric Stacker, lead the Leavenworth County Veterans Day Parade Nov. 11 in downtown Leavenworth.

About 250 entries participated in the annual parade.

Active-duty troops and vehicles were absent this year due community relations activities being among the prohibited activities during the government shutdown.

Photo by Emilio Gutierrez/  
Fort Leavenworth Lamp Intern



Photo by Emilio Gutierrez/Fort Leavenworth Lamp Intern

Shane Unger, brother of fallen soldier Cpl. David Unger, drives a Polaris RZR, with passengers Charlie Raney, brother of fallen soldier Spc. William Mulvihill, and Taylor Martin, in the Leavenworth County Veterans Day Parade Nov. 11 in downtown Leavenworth. Cpl. Unger was killed in Iraq Oct. 17, 2006, while serving in Operation Iraqi Freedom. Spc. Mulvihill was killed in Afghanistan Aug. 1, 2008, while serving in Operation Enduring Freedom.

RIGHT: Fort Leavenworth Hunt members Maj. Abby Edwards, School of Advanced Military Studies student, and Laura Allen, honorary whipper-in, ride in the Leavenworth County Veterans Day Parade Nov. 11 in downtown Leavenworth.

Photo by Emilio Gutierrez/  
Fort Leavenworth Lamp Intern



Photo by Emilio Gutierrez/Fort Leavenworth Lamp Intern

The We-Ta-Se (American Legion Post 410) Color Guard from Mayetta, Kansas, leads the procession of emergency vehicles, floats, riders and other entries in the Leavenworth County Veterans Day Parade Nov. 11 in Leavenworth.



ABOVE: Leavenworth High School Junior ROTC members line up for the Leavenworth County Veterans Day Parade Nov. 11 in downtown Leavenworth.

LEFT: Members of the Lansing High School Marching Lions Band perform in the Leavenworth County Veterans Day Parade Nov. 11 along Delaware Street in Leavenworth.

Photos by Emilio Gutierrez/  
Fort Leavenworth Lamp Intern

## Veterans Day Parade (continued from Page A5)



Photos by Emilio Gutierrez/Fort Leavenworth Lamp Intern

**Fort Leavenworth Girl Scouts Troop 5406, ABOVE, and Fort Leavenworth BSA Scouting Cub Scout Pack 1, LEFT, members, leaders and families march in the Leavenworth County Veterans Day Parade Nov. 11 in downtown Leavenworth.**

**RIGHT:** Fort Leavenworth Human Animal Bond members Nolan Lasiter and Ethan Lasiter carry the therapy pet organization's banner through downtown Leavenworth in the Leavenworth County Veterans Day Parade Nov. 11.

**BELOW:** Brendale Wakeley and Wendy Miranda wave from a bus loaded with Leavenworth Lions Club members as they make their way along the parade route Nov. 11 in downtown Leavenworth.

Photos by Emilio Gutierrez/  
Fort Leavenworth Lamp Intern



Photo by Emilio Gutierrez/Fort Leavenworth Lamp Intern

**Mark Atkinson with dog Lexi, Sandra Sindeldecker, and Chantel Vaughn with dog Bianca Blue ride on the Battle Within float, representing the Battle Within Service Dog Training Program, during the Veterans Day Parade Nov. 11 in Leavenworth. "Veterans and first responders train side by side with their dogs, building trust, confidence and lifelong companionship that continues to support their healing long after their service ends," the parade narrative explained about the nonprofit organization's work to help veterans and first responders heal from the invisible wounds of service.**



## Winning floats depicting the theme “Honoring America's Veterans”

**1st: Byron H. Mehl American Legion Post 23 /Auxiliary/Sons of the American Legion**

**2nd: Fraternal Order of Eagles #55**

**3rd: United States Submarine Veterans Inc. (USSVI) Topeka-Jefferson City Base**

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Leavenworth.armymwr.com**

# Feast of All Souls Saints Parade



Photo by Lindsay Bott/Catholic Volunteer Coordinator

Children participate in the Fort Leavenworth Catholic Community's Saints Parade on the Feast of All Souls Nov. 9 at Frontier Chapel.



**ABOVE:** Sean Fessenden — dressed as Saint Sebastian, who was the captain of the Praetorian Guard for Roman Emperor Diocletian and martyred in the third century — carries his son, Liam, down the aisle as he leads a procession of children through the chapel for the Fort Leavenworth Catholic Community's Saints Parade on the Feast of All Souls Nov. 9 at Frontier Chapel.

**BELOW:** Children participate in the Fort Leavenworth Catholic Community's Saints Parade on the Feast of All Souls Nov. 9 at Frontier Chapel.

Photos by Lindsay Bott/Catholic Volunteer Coordinator



## Religious holiday services schedule

### SPECIAL SERVICES

Nov. 25 - Protestant Thanksgiving worship service and pie fellowship at 5 p.m. at Pioneer Chapel

Dec. 5 - Tree lighting event starting at 4 p.m. at Zais Park. Memorial Chapel will be open.

Dec. 6 - German Christmas service at 5:30 p.m. at Memorial Chapel

Dec. 19 - Jewish Hanukkah dinner at 6 p.m. at Pioneer Chapel

Jan. 9 - Jewish Shabbat dinner at 6 p.m. at Pioneer Chapel

Jan. 10 - Chapel decorations restoration event at 9 a.m.

Dec. 7 - Second Sunday of Advent, 9:30 a.m.

Dec. 14 - Third Sunday of Advent, 9:30 a.m.

Dec. 21 - Fourth Sunday of Advent, 9:30 a.m.

### GOSPEL SERVICES at Pioneer Chapel

Nov. 22 - Greening of the Chapel, 9 a.m.

Nov. 30 - First Sunday of Advent, 10 a.m.

Dec. 7 - Second Sunday of Advent, 10 a.m.

Dec. 14 - Christmas Cantata/Third Sunday of Advent, 10 a.m.

Dec. 21 - Fourth Sunday of Advent, 10 a.m.

### PROTESTANT (CONTEMPORARY) SERVICES at Frontier Chapel

Nov. 22 - Greening of the Chapels, 9 a.m.

Nov. 30 - First Sunday of Advent, 11 a.m.

Dec. 7 - Second Sunday of Advent, 11 a.m.

Dec. 14 - Third Sunday of Advent, 11 a.m.

Dec. 21 - Fourth Sunday of Advent, 11 a.m.

Dec. 24 - Christmas Eve Candlelight Service, 6 p.m.

Dec. 28 - First Sunday after Christmas, 11 a.m.

### PROTESTANT (TRADITIONAL) SERVICES at Pioneer Chapel, unless otherwise noted

Nov. 22 - Greening of the Chapels, 9 a.m.

Nov. 30 - First Sunday of Advent, 8:30 a.m.

Dec. 7 - Second Sunday of Advent, 8:30 a.m.

Dec. 14 - Third Sunday of Advent, 8:30 a.m.

Dec. 21 - Fourth Sunday of Advent (Christmas Cantata), 8:30 a.m.

Dec. 24 - Christmas Eve Candlelight Service, 6 p.m. in Frontier Chapel

Dec. 28 - First Sunday after Christmas, 8:30 a.m.

### PROTESTANT (LITURGICAL) SERVICES at Memorial Chapel

Nov. 22 - Cleaning and Greening of the Chapel, 9 a.m.

Nov. 30 - First Sunday of Advent, 9:30 a.m.

For more information, e-mail [christopher.w.weinrich.mil@army.mil](mailto:christopher.w.weinrich.mil@army.mil).

## CAC assumption of command

(continued from Page A1)



Photos by Prudence Siebert/Fort Leavenworth Lamp

**ABOVE: Incoming Combined Arms Command Commanding General Lt. Gen. James P. Isenhower III returns the colors to CAC Command Sgt. Maj. Shawn Carns after receiving them from Transformation and Training Command Commanding General Gen. David. M. Hodne, left, during his assumption of command ceremony Nov. 18 in Eisenhower Auditorium at the Lewis and Clark Center.**

**RIGHT: Combined Arms Command Commanding General Lt. Gen. James P. Isenhower III delivers remarks during his assumption of command ceremony Nov. 18 at the Lewis and Clark Center.**



tional students from 130 nations, as well as more than 10,000 members of the joint force annually," Hodne said. "But we're also living in a time of unprecedented change. The pace of technological advancements, the evolving character of war and the dynamic security environment demand that our Army transform."

Hodne said CAC is changing to meet those demands, in part noted by the name change from "center" to "command."

"This isn't just a rebrand," Hodne said. "CAC's scope of responsibility will increase and now must wrestle with tough, adaptive problems, including rapidly developing, nimble doctrine, modernizing professional military education and keeping pace with that rapid evolution of technology I mentioned and the associated evolution of warfare in real time."

Hodne said the changes will complicate some aspects, but new authorities will enable accelerated transformation. He said CAC will be a connector between U.S. Army Recruiting Command and Futures in Concepts Command, integrate lessons from combat training centers, manage operational feedback to inform concepts and materiel development at the Centers of Excellence, and more.

"You'll tighten the loop between education, training and warfighting. These core functions will also ensure our Army remains agile and adaptive to fight the adversaries we encounter."

Hodne lauded Isenhower as a proven combat leader capable of leading through change, noting his experience commanding the 1st Armored Division in addition to his most recent assignment as the assistant deputy chief of staff, G357, at Headquarters, Department of the Army during the Army Transformation Initiative rollout.

"This appointment reflects our Army's confidence in Jim to drive the necessary transformation, both within CAC and across the broader U.S. Army," he said.

Hodne said the appointment of Isenhower as CAC's commanding general was significant for the entire Army.

"I routinely tell brigade and battalion commanders, many of whom come through (Fort Leavenworth) as part of their Pre-Command Course journey, that there's no more exciting time to serve. We live in a seminal moment in history and a seminal moment in warfare, where we see how technology punishes unskilled formations more than ever. Our Army must keep pace with the dynamic evolution of technology in responding for the corresponding change in character of war," Hodne said. "Jim, your teammates and fellow plank holders in the U.S. Army Transformation and Training Command, and all the formations and soldiers we serve and support, are fortunate to have you, Sherrill, and the Isenhower family in our Army. We're all fortunate to have you lead in our senior ranks, and thanks for all you continue to do for the Army in this world."

Hodne recognized Isenhower's family, notably Sherrill Isenhower and her support during her husband's military career. Isenhower noted in his remarks that they made this, their 19th permanent-change-of-station move, on their 30th anniversary.

"Behind every successful leader is a family that shares in the sacrifices and triumphs associated with military life, and we all ask a lot of our spouses in the military, and as Jim has surely done of Sherrill. To Sherrill, your unwavering support and resilience over the last 30 years-plus has been a cornerstone of Jim's success. Your dedication to volunteering while also raising three remarkable sons is truly inspiring, and thanks for all you do to support Jim and all of our Army families."

Isenhower began his remarks by thanking Department of the Army civilians and asked uniformed service members to applaud them for sticking with them during the government shutdown. He also recog-



Photo by Prudence Siebert/Fort Leavenworth Lamp

**Ceremony host Transformation and Training Command Commanding General Gen. David. M. Hodne, Combined Arms Command Commanding General Lt. Gen. James P. Isenhower III and CAC Command Sgt. Maj. Shawn Carns sing the Army Song at the conclusion of Isenhower's assumption of command ceremony Nov. 18 in Eisenhower Auditorium at the Lewis and Clark Center.**

nized Command and General Staff College's Human Protections Director Dr. Michelle Miller, who was his small group leader when he was a CGSC student, joking that she could now ask other small group leaders what they have done to coach and train the next CAC commanding general. Only partially said in jest, he said the truth is that a future division commander is currently in a career course, that a future sergeant major of the Army is at the Sergeant's Major Academy, and a future chief of staff of the Army was probably discussing doctrine and orders in the Lewis and Clark Center earlier that day.

"At CAC, our responsibility is as profound as our opportunity," Isenhower said. "Nearly 200 years ago, Fort Leavenworth was at the frontier of both a nation and an army. Today, Fort Leavenworth and the

Combined Arms Command play the same role — out front, driving the Army at the frontier of modern warfare. Our obligation is as vital today as it was in the 1800s. Together, we'll develop the force, its leaders, and its doctrine to keep us the most lethal army on the globe."

Isenhower said he and Sherrill value any opportunity to care for soldiers, DA civilians and their families. He addressed the audience and CAC, emphasizing how much the Army needs each of them.

"Today's world is remarkably dangerous. Our nation needs its Army at its best, stewards of the profession, fully prepared to fight and destroy any enemy foolish enough to challenge us or our country," he said. "Together, let's drive the Army's transformation, drive change from vision to victory. This we'll defend."

## Transformation, Training Command activated

by Nina Borgeson, T2COM Public Affairs

AUSTIN, Texas – The U.S. Army Transformation and Training Command was officially activated during a ceremony conducted Oct. 2 at Lady Bird Johnson Auditorium.

This new command brings together key efforts into a unified headquarters responsible for force generation, force design and force development. Gen. David M. Hodne assumed command as the T2COM commanding general, and Command Sgt. Maj. Raymond Harris assumed responsibility as the command sergeant major.

The establishment of T2COM comes after Secretary of the Army Daniel Driscoll announced an effort aimed to accelerate transformation and improve force structure to ensure the Army remains the world's most lethal and ready land force.

The U.S. Army Recruiting Command, Combined Arms Command, and Futures and Concepts Command will function as subordinate commands to enhance the Army

through unifying recruitment, training and combat development, ensuring a cohesive and agile force ready for future challenges.

Chief of Staff of the Army Gen. Randy George presided over the ceremony and acknowledged the need for the Army to integrate how it trains, fights and modernizes.

"T2COM will help our Army change how we operate. As we all know, transformation is not just about product innovation, it's about process innovation... T2COM will help us cut our redundancy, reverse stagnation and push talent and leaders into our fighting formations," George said.

During his remarks, Hodne outlined his vision and goals for the new command, emphasizing a focus on turning warfighting concepts into war-winning capabilities.

"Our mission is clear. From vision to victory, we lead the Army's continuous transformation, modernizing capabilities, developing leaders and advancing the profession to deliver decisive readiness," Hodne said.



Transformation and Training Command Command Sgt. Maj. Raymond Harris and T2COM Commanding General Gen. David M. Hodne unfurl the T2COM colors during an activation ceremony Oct. 2 in Austin, Texas. Hodne was promoted to the rank of four-star general prior to his assumption of command of T2COM.

U.S. Army photo by Austin Thomas

# Military kids turn good grades into big rewards with AAFES' You Made the Grade program

by Army and Air Force Exchange Service Public Affairs News Release

DALLAS – The Army and Air Force Exchange Service is giving top marks to military students who ace their academics, celebrating 25 years of its class-act You Made the Grade program.

Military students, including homeschoilers, in first through 12th grades, can bring their report cards to the Post Exchange customer service area each grading period to receive rewards. Students with straight As receive a \$20 Exchange gift card, while students with a B average earn a \$10 Exchange gift card.

Since 2000, the Exchange has honored military kids' hard work in the classroom. According to the National Military Family Association, the average military child changes schools nine times before graduating — a challenge their civilian counterparts don't face.

"Military kids rise to challenges of adapting to new schools and coping during parents' deployments," said Air Force Chief Master Sgt. Rich Martinez, the Exchange's senior enlisted advisor.

"Academic success is more than grades. It's about commitment and readiness for what's next. The Exchange is honored to celebrate resilient young scholars who work hard."

Besides the gift cards, students also receive an Ex-

change coupon sheet for a free small fountain, frozen or bubbler beverage; a free kid's meal at participating Exchange restaurants; a free combo meal at participating Exchange restaurants, a free kid's hair service or \$15 off hair service at The Barber Shop or Hair Studio; 10 percent off any pair of headphones (excluding Apple and Beats); 10 percent off apparel and footwear; and a \$5 coupon at Exchange mall concessionaires or kiosks.

Students who are making progress on their specialized education programs can participate, too. Parents can print the form at <https://www.aafes.com/Images/AboutExchange/YouMadetheGrade/downloadform.pdf> and have it signed by their child's teacher or school official each grading period, indicating the modified grades of the student's academic progress. The signed form can be handed in at the customer service desk at the PX to earn You Made the Grade rewards.

Students who make the grade can also enter a biannual worldwide sweepstakes for a chance to win a \$2,000, \$1,500 or \$500 Exchange gift card. The fall 2025 drawing will take place in December.

To enter the drawing, students or parents can complete the form on the back of the gift card and mail it to: You Made the Grade, P.O. Box 227398, Dallas, TX 75222-7398.



## Veterans can shop tax-free with AAFES

by Army and Air Force Exchange Service Public Affairs News Release

DALLAS – Veterans have a home for life at the Army and Air Force Exchange Service, enjoying tax-free shopping, military-exclusive pricing, national name brands and more.

Whether it's keeping up with fall school shopping, decorating for Thanksgiving or getting an jump on winter holiday gifts, the Exchange has the nation's heroes covered.

Since 2017, honorably discharged veterans of all armed service branches, including Army, Air Force, Space Force, Navy, Marine Corps and Coast Guard, have

been eligible to access their hard-earned benefit through ShopMyExchange.com.

"The Exchange has been right there with me my whole time in the military," said Prentice Massey, a retired Army captain and chapter commander for the Disabled American Veterans Department of Louisiana. "It's been great to see how the Exchange has evolved and continued to move forward with the benefits for former service members — it's a personal goal of mine to share that with my fellow veterans and how using their benefit helps support the whole military. Any time we can purchase something through the Exchange that helps make our

military community stronger, we want to do that. It truly makes a difference."

In 2020, all veterans with service-connected disabilities, Purple Heart recipients, former prisoners of war and primary caregivers were authorized to also shop in-person at PXs and BXs. Since 2024, access to installations was made easier for disabled veterans with the implementation of an electronic verification process, requiring only a VA-issued Veteran Health Identification Card (VHIC), REAL ID driver's license or ID card.

In-person shopping privileges

can vary in OCONUS due to Status of Forces Agreements. Visit

<https://www.aafes.com/exchange-stores/patrons.htm> for more info about Exchange shopping authorizations in Europe, Japan and Korea.

All veterans also have access to the MILITARY STAR® card, a military-exclusive credit solution administered by the Army and Air Force Exchange Service. The card features an industry-low APR regardless of credit score, no annual, late or over-the-limit fees, unlimited rewards, free shipping on online orders, 10 percent off at participating Exchange restaurants and more. For more information, visit [MyECP.com](https://MyECP.com).

"Extending the Exchange benefit to veterans for life honors

their service while strengthening readiness and resilience," Exchange Director/CEO Tom Shull said. "By shopping the Exchange, veterans save while continuing to contribute directly to our nation's military mission."

One hundred percent of Exchange earnings support military communities. In the last 10 years, the Exchange benefit has provided \$15 billion in value, including support of critical military quality-of-life programs.

For more information on veteran shopping benefits and to register for online shopping access, visit <https://publicaffairs.aafes.com/Community/veterans#pa>.

## WHERE HEROES SHOP



ARMY & AIR FORCE EXCHANGE SERVICE

# Adoptable Pet of the Week: Bandit

Bandit is a 10-year-old female husky available for adoption at the Fort Leavenworth Stray Facility. She has already been spayed, vaccinated and microchipped. The adoption fee for a dog is \$155, which helps cover some of the care received. E-mail [fortleavenworthstrayfacility@gmail.com](mailto:fortleavenworthstrayfacility@gmail.com) for an adoption application.

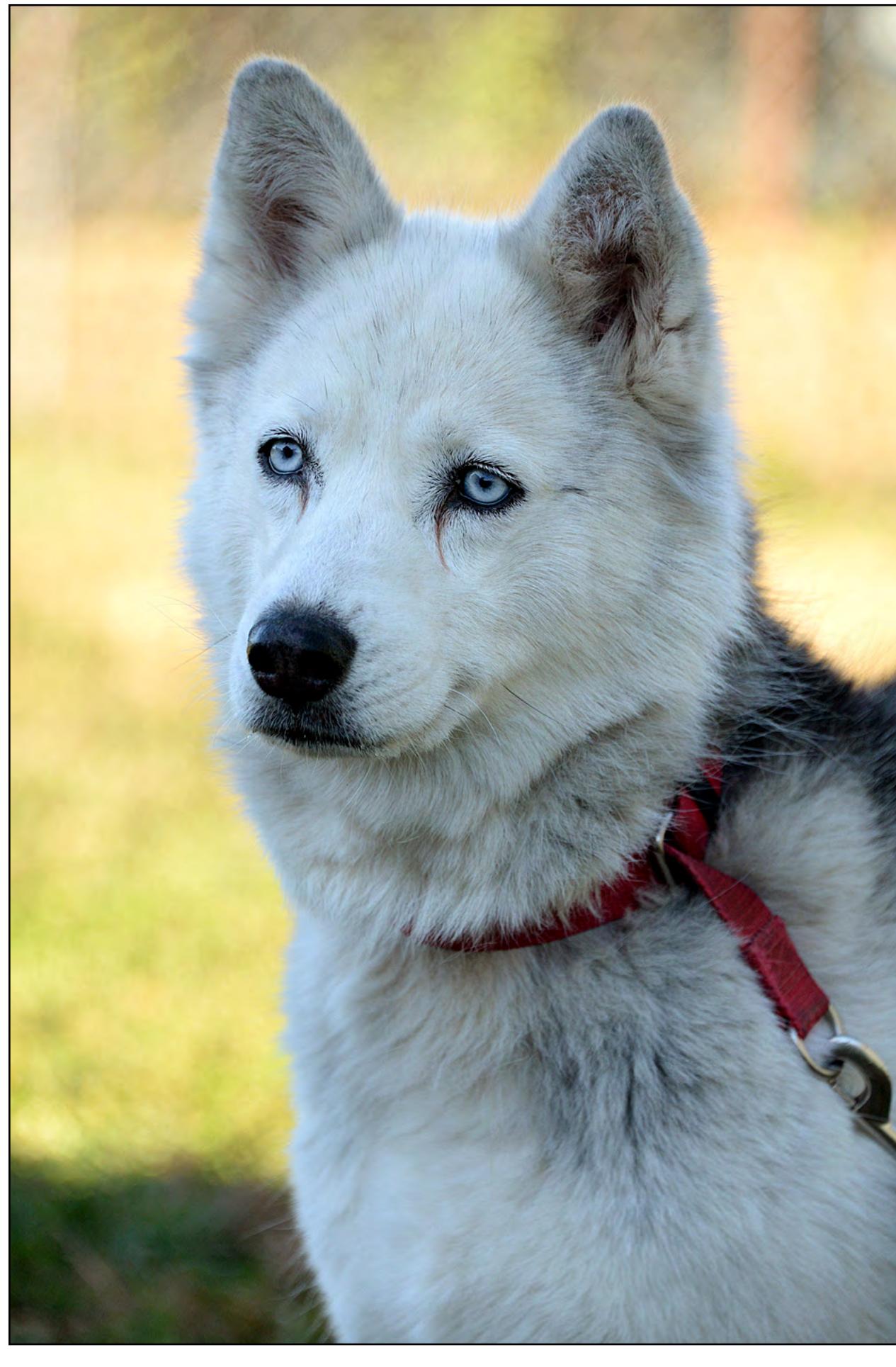
Visit [www.FLSF.petfinder.com](http://www.FLSF.petfinder.com) for adoptable pet profiles. Call 913-684-4939 (no voicemail) or 913-335-0788 (voicemail) for more information. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility.

Fort Leavenworth Stray Facility, at 510 Organ Ave., is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday; 9 a.m. to noon the second Saturday of the month; and by appointment for pre-approved adopters. Call 913-335-0788 for an appointment.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed.

To apply to volunteer with the Fort Leavenworth Stray Facility, visit <https://vmis.armyfamilywebportal.com/>, enter ZIP code 66027, then search for "stray animal facility."

Photos by Prudence Siebert/Fort Leavenworth Lamp



## Facebook fans call shots in Stray Facility's

## Halloween Pet Costume Contest

### Honorable Mentions

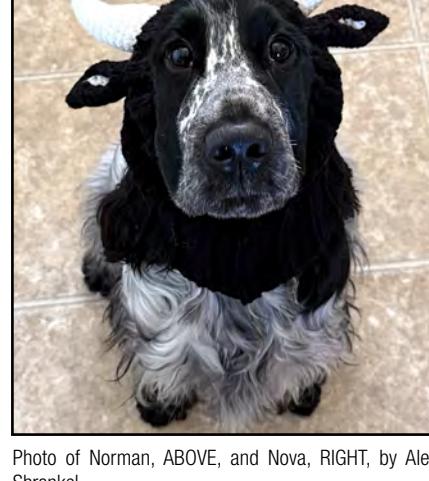


Photo of Norman, ABOVE, and Nova, RIGHT, by Alex Shrankel.



Photo of Tony the Pony and his princess by Victoria McEvoy



Photo of Nymeria by Kendra Bishop.

Photo of Tarmac by Jessica Mathys

Photo by Rachel Mathys

Visitors to the Fort Leavenworth Stray Facility's Facebook page in October were encouraged to vote for their favorite photos in the FLSF's Halloween Pet Costume Contest. Fuzzy, ABOVE, was voted as the fan favorite with the most likes, followed closely behind by the honorable mentions, at left.

Visit <https://www.facebook.com/FortLeavenworthStrayFacility/> to view all of the contest entries.

THURSDAY  
NOVEMBER 20, 2025



# Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

**NAF PROPERTY SALE**

**NOV. 20TH & 21ST**

**7AM - 2PM (EACH DAY)**

**801 RILEY AVE  
BUILDING 303**

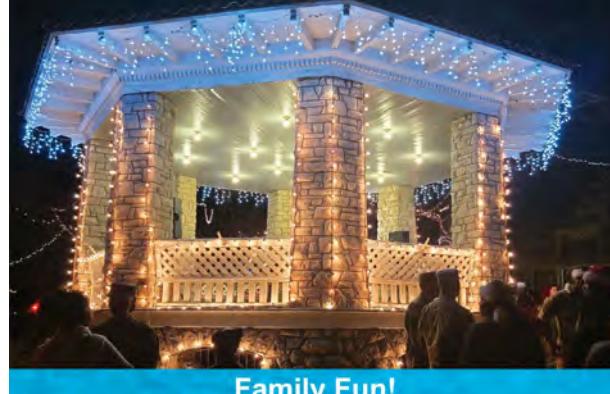
**MWR**

**FOR MORE INFORMATION, CALL  
913-684-2726 OR 913-684-2727**

KICK OFF THE HOLIDAYS WITH FORT LEAVENWORTH'S ANNUAL

## Tree Lighting

December 5th at Zais Park  
Begins at 4pm



**Family Fun!**  
Carriage Rides, Choir Performances, Refreshments,  
Special Holiday Treats, Santa, and much more!

LEAVENWORTH.ARMYMWR.COM



Experience the magic and  
the music of Arendelle!  
Join Fort Leavenworth  
Curtain Call for  
their free musical  
performance of  
Disney's Frozen Jr!

**DECEMBER 6**

**At The Post Theater  
375 Grant Ave  
Fort Leavenworth, KS**

**Performances at 2pm & 7pm\***

\*House will open 30 minutes prior to curtain  
For more info call: 913-684-3207

**MWR**

**SMILES Unlimited**



Please join us for a  
**THANKSGIVING  
MEAL**

11 a.m.-1:30 p.m.  
November 27  
400 Iowa Ave., Fort  
Leavenworth, KS

Fort Leavenworth  
OPERATION  
DEPLOY  
YOUR  
DRESS

## DECEMBER POP UP

Need a dress for the holiday  
season, special date night or  
just because? Come check out  
our selection of beautiful gowns

**LAST  
SHOP  
OF  
THE  
YEAR**

Saturday 6 December 2025  
By appointment 10-12  
Walk in 12-2

600 Thomas Ave. Room 106  
oddydfisc@gmail.com

**SHOP NOW**

Trees for Troops is spreading Holiday Cheer by  
providing FREE LIVE trees to Military Families!

## Christmas Trees for the Troops!

**Monday  
December 8  
11am - 4pm\***

**Pick up  
your tree at  
Merritt Lake**

One tree per Family,  
must present a valid  
Military ID. Please bring  
rope or bungee cord and a  
vehicle to transport  
your tree.

\*Available until  
4pm or until  
supplies  
run out. Your  
MWR Team will be  
passing out  
the trees.



**MWR**

**Trees for Troops**

WWW.STRONGHOLDFOODPANTRY.ORG

## STRONGHOLD at the Table

THANKSGIVING MEAL  
GIVEAWAY



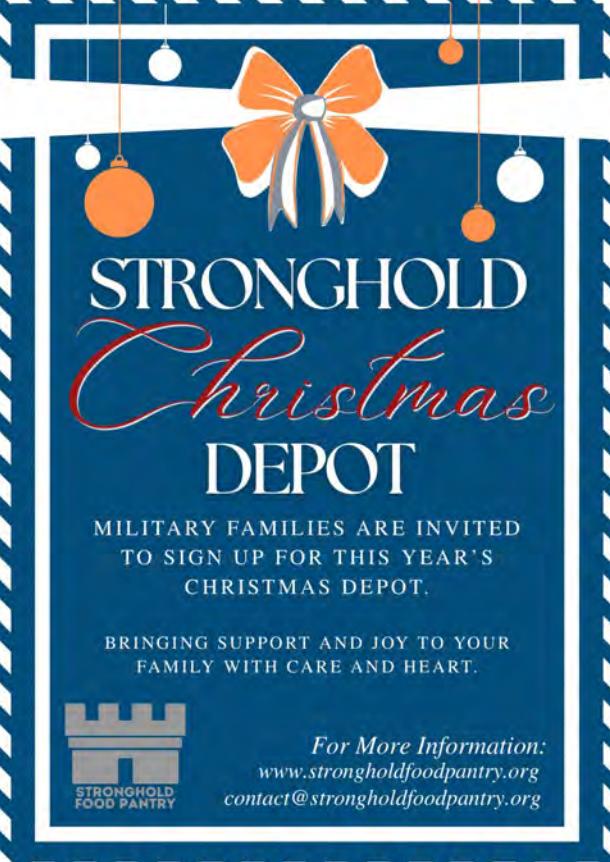
THIS THANKSGIVING, NO MILITARY  
FAMILY SHOULD GO WITHOUT. IF  
YOU NEED EXTRA SUPPORT THIS  
HOLIDAY SEASON, PLEASE  
COMPLETE AN APPLICATION FOR  
CONSIDERATION. VISIT OUR  
WEBSITE TODAY.

**STRONGHOLD  
FOOD PANTRY**

# FINANCIAL Peace UNIVERSITY

**Sunday Afternoons, 1 - 3 p.m.  
23 November - 22 February  
Frontier Chapel, Fort  
Leavenworth**

\*First five individuals or couples to sign up and  
attend the first session will receive a  
**FREE FPU Membership & Book**  
Contact Zach at [zjmundell@gmail.com](mailto:zjmundell@gmail.com) for more details.



## STRONGHOLD Christmas DEPOT

MILITARY FAMILIES ARE INVITED  
TO SIGN UP FOR THIS YEAR'S  
CHRISTMAS DEPOT.

BRINGING SUPPORT AND JOY TO YOUR  
FAMILY WITH CARE AND HEART.

For More Information:  
[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)  
[contact@strongholdfoodpantry.org](mailto:contact@strongholdfoodpantry.org)

**STRONGHOLD  
FOOD PANTRY**



**VERTICAL  
Marriage**

THE ONE SECRET THAT WILL CHANGE YOUR MARRIAGE

**CROSSROADS**  
MARRIAGE & FAMILY  
Counseling

**Supported by**  
**Cru**

**DATE NIGHT**

**08 AUG, 05 SEP, 10 OCT, 07 NOV, 05 DEC**

For more information and to register, scan the QR code or call/text 910-644-2999

**Meals &  
Childcare  
provided**

**QR Code**

Starting October 13th, 2025

**Fort Leavenworth  
Group Fitness Classes**GRUBER FITNESS CENTER - 200 Reynolds Ave. - 684-5120  
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0530			Spin (Karyn)				
0600		Vinyasa Yoga (Leslie)		Vinyasa Yoga (Leslie)			
0900						Yin Yoga (Brandie/Leslie)	
0930	Zumba (Vimarie)				Power Yoga (Kim)		
1200							
1630	Zumba (Vimarie)	Power Cycling (Kim)	Yin Yoga (Brandie)				
1700	Power Yoga (Kim)						

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190  
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		"Power Cut" (Kim)		"Power Cut" (Kim)		

\*Power Cut classes are held in the Bubble Gym

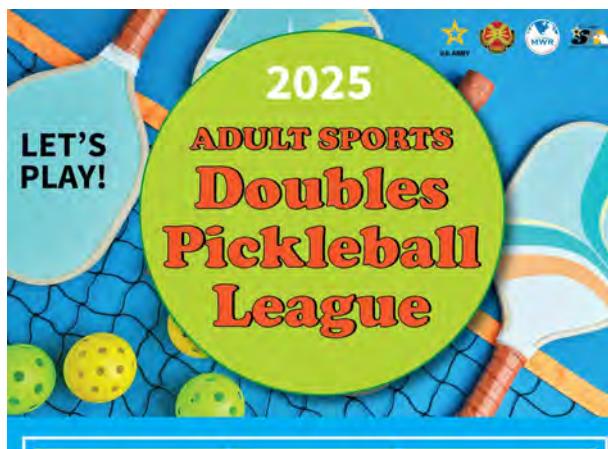


Single Ticket For \$5.00  
10 Tickets For \$45.00  
20 Tickets For \$80.00

U.S. ARMY  
SEA  
SPORTS • FITNESS • AQUATICS

<https://leavenworth.armymwr.com>The court is calling.  
Answer it.....**Adult Sports  
Basketball  
League**Harney Sports Complex  
185 Fourth St.  
Fort Leavenworth, KSCoaches meeting  
Wednesday, November 19th at 5:30pm  
Gruber Fitness Center  
200 Reynolds Ave/ Fort Leavenworth/ KSLetters of Intent due COB  
Wednesday, November 26thLeague play starts Thursday, December 4th  
5:30pm, 6:30pm, 7:30pm at Harney Sports Complex  
League awards given for regular season champions, tournament run-ups, and tournament champions.

Open to Active Duty, DOD Civilians, Retirees, Dependents, Spouses, and Contractors working at Fort Leavenworth. Must be 18+. Call 913-684-3224/ 5136 for more information



Player's Meeting  
Wednesday  
Oct 15  
5:30pm @ Gruber  
Fitness Center  
Registration due by COB  
Wednesday Oct 29

**Harney  
Sports  
Complex****New to Pickleball?**

That's okay! This fast growing sport is described as a hybrid of tennis, badminton, and ping pong. It's played on a badminton sized court with a net, hard paddles and perforated plastic balls. There may be less running than tennis, but don't let that fool you! Players can burn serious calories during just 30 minutes of play!

Games  
Mondays & Wednesday  
5:30pm, 6:30pm,  
7:30pm  
Harney Sports Complex

Open to Active Duty, DOD Civilians, Retirees, Dependents, and Contractors working on Fort Leavenworth that are 18+  
Call 913-684-3224/ 5136  
for more information

**YOUTH SPORTS & FITNESS  
Winter Sports**REGISTRATION  
October 14 - November 17**Winter Youth Basketball**  
January 7 - February 28  
\$50

Kinder  
(5 - 6 yrs old)  
1st & 2nd grade  
(7 - 8 yrs old)

3rd & 4th grade  
(9 - 10 yrs old)  
5th & 6th grade  
(11 - 12 yrs old)

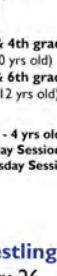
Start Smart Basketball ages 3 - 4 yrs old  
January 12 - February 23 (Monday Sessions)  
January 14 - February 11 (Wednesday Sessions)  
\$30

**Winter Youth Wrestling**  
January 8 - February 26  
5 - 12 yrs old  
\$50

VOLUNTEER HEAD COACHES NEEDED!

All Youth must have an updated sports physical before the first practice. Enrollment can be done at any CYS location if centrally registered. Webtrac enrollments can only be done with a current Youth Sports Physical.

For more info call 913-684-7525/ 7526

**Youth Sports & Fitness  
Winter Basketball Camp****Registration**

Oct 14 - Dec 1

**Camp**Dec 1 - 4  
Harrold Youth  
Center  
45 Biddle Blvd

cost \$40

Each Youth participant will receive a camp t-shirt.

Must be centrally registered with Parent Central.

Enrollment can be done at any CYS location.

Call for more info  
913-684-7525/ 7526

**Camp Schedule**  
Ages 5 - 8  
4:00pm - 5:00pm  
Ages 9 - 10  
5:00pm - 6:00pm  
Ages 11 - 14  
6:00pm - 7:00pm

**ADULT CLASSES  
TAEKWONDO**

Kick your fitness into high gear!

Tuesdays &  
Thursdays

Offered from:  
• 6pm - 7pm  
• 7pm - 8pm  
\$65 per month  
\$10 for a single class

Gruber Fitness Center 200  
Reynolds Ave  
Fort Leavenworth, KS  
Call for more information:  
214-205-4954

Open to eligible DOD card holders.  
Must be 18+ and have 24/7 access  
prior to taking first class.

**October - December  
Workshops****Ft. Leavenworth  
Arts & Crafts  
Studio****Paint & Sip**\$35  
Must be 21  
years or older.  
BYOBCute Witchy  
Pumpkin  
Friday  
October 10  
6pm - 8pmGrateful  
Pumpkin Stack  
Friday  
November 14  
6pm - 8pmHolly Jolly  
Highland Cow  
Friday  
December 12  
6pm - 8pm

310 McPherson (the old DB) Ft. Leavenworth, KS

Watercolor	Calligraphy
\$30 per workshop	\$20 per workshop
Watercolor (Basic Techniques)	Modern Calligraphy (Basic Techniques)
Thursday, Oct 2 12pm - 2pm	Tuesday, Oct 21 11am - 12:30pm
Watercolor (Color Theory)	Modern Calligraphy (Intermediate)
Thursday, Oct 9 12pm - 2pm	Tuesday, Oct 28 11am - 12:30pm
Watercolor (Floral)	Modern Calligraphy (Holiday Cards)
Thursday, Oct 16 12pm - 2pm	Tuesday, Nov 4 11am - 12:30pm
Watercolor (Autumn Wreath)	Pumpkin Stack
Thursday, Oct 30 12pm - 2pm	Wednesday, Oct 8 12pm - 2:30pm
Watercolor (Holiday Cards)	Wednesday, Oct 27 6pm - 8:30pm
Tuesday, Nov 18 12pm - 2pm	Wednesday, Dec 3 11am - 1pm

Pre-registration required for all classes.  
Cost includes all supplies!Tues & Thurs 9am - 7pm, Wed & Fri 9am - 4pm  
Call now to register: (913) 684 - 3373

artsandcraftsforleavenworth@gmail.com

**Pottery Studio**

\$40 per class

**Wheel Throwing (Basic Techniques)**Friday, Oct 3  
9am - 11:30am  
Wednesday, Nov 5  
12pm - 2:30pmSaturday, Nov 22  
10am - 12:30pmTuesday, Dec 2  
6pm - 8:30pmThursday, Dec 16  
6pm - 8:30pmFriday, Dec 11  
11am - 1:30pm**Hand Building (Autumn Plates)**Tuesday, Oct 14  
12pm - 2pm**Wheel Throwing (Mugs)**Wednesday, Nov 19  
12pm - 2:30pmTuesday, Dec 16  
6pm - 8:30pmThursday, Dec 18  
6pm - 8:30pm**Ceramic Christmas Ornaments**Wednesday, Dec 3  
11am - 1pm

Ceramic Christmas Ornaments

Wednesday, Dec 3  
11am - 1pm

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Ceramic Christmas Ornaments

Wednesday, Dec 3  
11am - 1pm

Ceramic Christmas Ornaments

**Judaism 101**

**LUNCH & LEARN**

**Hungry to Learn?**

Discover. Ask. Connect.  
All are Welcome

Wednesday, December 10th, 12:00 - 13:00  
Pioneer Chapel Fellowship Hall

### JEWISH HOLY DAYS AND MEETINGS

Frontier & Pioneer Chapels

#### PIONEER CHAPEL

(500 Pope Avenue, Fort Leavenworth, KS 66027)

#### HANUKKAH DINNER

19 December 2025 @ 1800-2000

#### JEWISH SHABBAT DINNER

09 January 2026 @ 1800-2000

\*\*\*Please RSVP within 5 days of the dinner to:

POC: CH (MAJ) Chris Weinrich: christopher.w.weinrich.mil@army.mil

#### FRONTIER CHAPEL

(625 Thomas Avenue, Fort Leavenworth, KS 66027)

#### WEEKLY JUDAISM 101 SERIES

10 December 2025 – 14 January 2026

Time: 1200-1300

Room 153



**Mission:** To provide Religious Support to all Soldiers, Family members, DA civilians, contractors, and retirees.



**Pioneer Chapel**  
500 Pope Avenue



**Frontier Chapel**  
625 Thomas Avenue



**Memorial Chapel**  
626 Scott Avenue

**PROTESTANT**

- Traditional Worship – 0830 (Children's Church – K-5th grade)
- Sunday School – 0945

**MULTI-CULTURAL GOSPEL**

- Sunday Worship – 1000

**CATHOLIC MASS**

- Tuesday-Friday – 1200-1230
- Sunday Religious ED - 0810

**CATHOLIC MASS**

- Sunday – 0930
- Sunday Religious ED - 0810

**PROTESTANT**

- Sunday School – 0945
- Contemporary Worship – 1100 (Children's Church – K-5th grade)

**LITURGICAL**

- Sunday Worship – 0930

## Chaplain Family Life Center

**100% Confidential & Faith Informed**

### Pastoral Counseling Services

(Individual, Couple, & Family)

*Free for all Service Members, Retirees, DoD/DA Civilians and Dependents*



CH (MAJ) Joshua M. Portwood is a trained Pastoral Counselor in Marriage and Family Life. His formal education includes a Masters of Divinity from Gordon Conwell Theological Seminary, a Masters of Science (Marriage and Family Therapy) from Texas A&M-Central Texas, and a Doctorate of Ministry from Vanderbilt University Divinity School.

**To book an appointment**

scan here:



**Located at the back of Pioneer Chapel**

**500 Pope Ave., Bldg. 56**

**Fort Leavenworth, KS 66027**

Government Cell: (913) 680-7336

joshua.m.portwood.mil@army.mil

<https://cal.com/chaplainportwood>

# MUNSON NOTES

## MUNSON NOTICES

■ Military families may be able to get dental or vision coverage through the Federal Employees DENTAL AND VISION Insurance Program. Federal Benefits Open Season is currently underway but ends Dec. 8—one day before TRICARE Open Season ends. You must have a TRICARE health plan to get FEDVIP vision coverage.

■ TRICARE Prime and TRICARE Select beneficiaries ages 13-64 experiencing recurring HAND, WRIST AND ELBOW PAIN may find relief through occupational therapy services available at Munson Army Health Center. No referral required. Call the appointment line at 913-684-6250 to schedule a consultation.

■ The MUNSON ARMY HEALTH CENTER PATIENT AND FAMILY PARTNERSHIP COUNCIL meets quarterly at MAHC. The PFPC captures voices and insights of patients and families to improve the patient care experience. The council is composed of volunteers who represent the interests of patients who receive care from MAHC. Volunteers can be active-duty, active-duty family member, retirees or retiree family members. Call 913-684-6211 or email usarmy.leavenworth.medcom-mahc.mbx.patient-advocate@health.mil if interested in participating.

■ It is important that military families new to the Fort Leavenworth community ESTABLISH A NEW PRIMARY CARE MANAGER for their health care needs. Munson Army Health Center offers a wide range of primary care providers to choose from for personalized care at a convenient on-post location. Once your new address is established in DEERS, call 1-888-TRIWEST (874-9378) and follow the prompts to establish a primary care manager at MAHC. Learn more about services at munson.tricare.mil.

■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are ELIGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit <https://dvidshub.net/r/8wtlf>.

■ The NUTRITION CARE DIVISION offers a broad range of nutritional services designed for service members, families, and retirees. Individual Nutrition Therapy and Group Nutrition Therapy are available, and include the Body Composition Program, Weight Control Program, Prenatal Nutrition and Wellness for Life. Call the appointment line at 913-684-6250 to schedule an appointment with MAHC's registered dietitian.

■ MEDICAL APPOINTMENT CHECK-IN: Please arrive 15 minutes prior to your appointment to complete any required paperwork and bring the following items: DoD ID card; list of current medications including over-the-counter meds, vitamins, and supplements; any relevant paperwork or forms; and a list of questions or concerns. If you are not able to make your scheduled appointment, call the appointment line at (913) 684-6250 to cancel.

**FEDVIP**  
Enrolled In A TRICARE® Health Plan?

Your family members are eligible for vision coverage. Federal Employees Dental and Vision Insurance Program offers several plan options so you can choose the coverage that works best for you.

NOV. 10 - DEC. 8

**Munson Army Health Center**

## Occupational Therapy

Practical solutions for success in everyday living

**Our Service:**

Treatment of recurring elbow, wrist and hand pain. Carpal Tunnel, Tennis Elbow, Arthritis, chronic pain

913-684-6250

munson.tricare.mil

**NO REFERRAL NEEDED**

**SCHEDULING YOUR ANNUAL MAMMOGRAM**

For women aged 40 and above, annual mammograms are covered by Tricare and can be accessed within the network without needing a referral. To locate an authorized mammogram provider, follow these steps in the TriWest Provider Directory:

- Use the QR code to visit the TriWest Provider Directory. Enter your zip code and plan if prompted.
- Click on "Places by Type" icon.
- When the search tab opens, type "Ma" like you were going to spell mammogram.
- You'll see a drop-down menu populate where you can select "Mammogram" and search for network providers near you. You can filter by rating, location, and other features.
- Give the mammography/imaging center a call and let them know that you'd like to schedule an annual mammogram. Be sure to confirm that the provider accepts TRICARE and will bill them directly for your mammogram. Have them fax your results to Munson at 913-684-6311 to be added to your medical record!

**MUNSON ARMY HEALTH CENTER**

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