

# LAMP

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

THURSDAY  
NOVEMBER 7, 2024



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## Army Corrections Brigade conducts CSM change of responsibility ceremony



Photo by Prudence Siebert/Fort Leavenworth Lamp

Army Corrections Brigade Commander Col. Douglas Curtis shares a message for outgoing ACB Command Sgt. Maj. Joshua Kreitzer, right, from former ACB Commander Col. Kevin Payne during his remarks for Kreitzer's change of responsibility ceremony with incoming ACB Command Sgt. Maj. Brian Watts, center, Nov. 1 at the Lewis and Clark Center.

by Prudence Siebert/Editor

Outgoing Army Corrections Brigade Command Sgt. Maj. Joshua Kreitzer relinquished responsibility to incoming ACB Command Sgt. Maj. Brian Watts during a ceremony Nov. 1 at the Lewis and Clark Center.

ACB Commander Col. Douglas Curtis said the brigade has faced chronic manning constraints, dually serves as headquarters for the brigade and Army Corrections Command, and its members must be ready at a moment's notice and are expected to perform with excellence.

"The Army Corrections Brigade is a challenging Military Police brigade — arguably the most challenging Military Police brigade in the United States Army. We battle the challenge of servicing two separate battalions and five separate fa-

cilities spread across the world, with similar yet wholly unique mission sets," Curtis said. "There is simply none other like us in our Army. It takes a special soldier or civilian to step up to the plate and take on these challenges; it takes a special leader to weather the storm; and it takes a special command sergeant major to advise everyone on the best way to navigate it all."

Curtis said Kreitzer navigated the complexities of the position with nobility and grace.

"I was fortunate enough for the Army to put me on his team," Curtis said, who took command of ACB in July 2024. "My priorities became his priorities, my initiatives his initiatives, and he fought to bring them to life. He fully embraced the CORE values of character,

SEE ACB CHANGE OF RESPONSIBILITY | A6

## Leavenworth County Veterans Day Parade to feature more than 250 entries

by Leavenworth County Veterans Day Parade Committee Press Release

The 105th Leavenworth County Veterans Day Parade is at 10:30 a.m. Nov. 11 in downtown Leavenworth.

**2024 theme: Serving Our Nation — Yesterday, Today, Tomorrow**

This parade is known as one of the oldest Veterans Day observances in the nation and the largest parade West of the Missis-

sippi River. It has again received Regional Site designation from the U.S. Department of Veterans Affairs, representing Missouri, Iowa, Nebraska, Kansas, Colorado and Oklahoma. The parade will offer a variety of entries to pay homage to all veterans "Serving Our Nation — Yesterday, Today, Tomorrow."

**Chaplain Sanford posthumously honored as Grand Marshal**

It was a unanimous decision by the pa-

rade committee to name retired Chaplain (Col.) Gary Thomas Sanford posthumously as Grand Marshal.

Better known locally to his friends and the community as Pastor Sam, he was known across the Army for this "Moses Stick" or "God Rod," which he used throughout his career to encourage troops to always fight the good fight and keep their faith in Jesus. Members of his family will represent Pastor Sam in the parade.

**U.S. Navy Week in Kansas City**

Navy Community Outreach Planner Ensign Lamar Badger said that the Navy chooses 15 cities across the country each year where sailors will visit as part of a community outreach program to share information about what the Navy has to offer. Kansas City, Missouri, was chosen as the last city for this year as it coincides with

SEE VETERANS DAY PARADE | A2

### AT A GLANCE

■ The Leavenworth County **VETERANS DAY PARADE** is at 10:30 a.m. Nov. 11 in downtown Leavenworth.

■ Munson Army Health Center will offer **WALK-IN COVID-19 VACCINATIONS** to eligible beneficiaries ages 6 months and older from 9 a.m. to 3 p.m. (or until supplies run out) Nov. 12 on the health center's second floor. MAHC will have both pediatric and adult doses available. Military ID cards are required for all beneficiaries ages 10 and older. The Centers for Disease Control continues to recommend that everyone stay up to date on COVID-19 vaccines, especially people ages 65 years and older and those with weakened immune systems. Visit <https://munson.tricare.mil> and <https://www.facebook.com/munsonhealth> for the latest information.

■ The American Red Cross-hosted free webinar "**THE INTERSECTION OF INTERNATIONAL HUMANITARIAN LAW WITH COUNTERTERRORISM AND HUMANITARIAN AID**" is at 11

a.m. Nov. 14. IHL and counterterrorism efforts are often regarded in separate spheres; however, the two topics have substantial overlap, especially concerning the provision of humanitarian aid. The webinar will explore the history of IHL and counterterrorism, with a focus on the legal framework surrounding humanitarian aid in such conflicts. To register, visit [https://us02web.zoom.us/webinar/register/WN\\_d5QpYgj8RH8x3BnhtrbWw#/registration](https://us02web.zoom.us/webinar/register/WN_d5QpYgj8RH8x3BnhtrbWw#/registration).

■ Munson Army Health Center is offering **WALK-IN FLU SHOT CLINICS** for TRICARE beneficiaries ages 6 months old and older from noon to 4 p.m. Nov. 15 at the Frontier Conference Center. DoD ID cards are required for patients 10 years old and up.

■ Three slots are still available for the upcoming **VOLUNTEER DENTAL ASSISTANT TRAINING PROGRAM** on Fort Leavenworth, a free job training opportunity. The program is a cooperative effort between the American Red Cross and the Fort Leavenworth Dental Clinic Command. Spouses and family members of active duty, Guard and

Reserve soldiers are welcome to apply, as are retired military members with regular post access privileges. Applications are being accepted now, and interviews will take place now through Dec. 15. The next class will start on or before Feb. 3, 2025. Contact Jason Ramlow at [Jason.Ramlow@redcross.org](mailto:Jason.Ramlow@redcross.org) or 816-536-0108 for more information and to request an application packet.

■ **POILLON SCHOLARSHIP APPLICATIONS** are available at the Army Education Center. The Poillon Scholarship is open to high school seniors who will be graduating during the current school year and are dependents of U.S. military members, currently or within the past 24 months assigned to Fort Leavenworth; or civilians who are currently employed at Fort Leavenworth either by the U.S. government or a non-appropriated fund. Application deadline is March 10, 2025.

■ See the **POST NOTES** (B section) for more information on upcoming events.

## Construction detour updated

### FORT LEAVENWORTH NEW CDC DETOUR ROUTE



The previous CDC construction detour, from Iowa to Kansas Ave, has been modified to reroute traffic away from densely populated areas. The new detour (yellow trace), will route traffic northwest to 5th Artillery Rd and toward the cemetery and golf course.

U.S. ARMY



**Hancock Gate is open temporarily from 7 a.m. to 5 p.m. Monday through Friday for the next six to eight months to provide the safest route for construction vehicles to and from the site of the future Child Development Center. Residents and employees who choose to use Hancock Gate are reminded to follow detours and speed limits as posted. Given the influx of construction traffic and numerous detours through housing areas, motorists are cautioned that this might not be a viable "shortcut" to various locations on the installation.**

# Serve and be served: Honoring our military community on Veterans Day

by Lisa Smith Molinari/"The Meat and Potatoes of Life" Columnist

"Now serving B-4-1-1 at window number three," a mechanical female voice said from the base clinic's automated pharmacy system. My ticket read "B-419."

I grabbed a copy of the local free newspaper from the rack inside the revolving door and took a seat with all the others in the waiting area. I searched the pages for something to distract me from my tendency to blatantly people-watch and settled in on the sudoku puzzle.

"Now serving B-4-1-2 at window number two."

\*Sigh\*

After a swish of the revolving door, I heard heated banter, prompting me to peek over my newspaper.

"Now you sit down right there!" a tiny woman with bushy salt-and-pepper hair and a shirt embroidered with teddy bears barked at her companion, while pointing to a row of chairs. The companion was a slightly taller, even older woman — a friend? a sister? a neighbor? — with short wispy white hair, thick glasses and a quad cane emblazoned with floral print.

The companion hobbled over to the chairs and sat begrudgingly, muttering something about not needing any help. The two argued about where to put their pocket books, until one blurted, "Knowing me, I'll forget where it is anyway. I can't even remember where I parked the car!" They both leaned into each other, erupting in cackling, snorty laughter.

I now understood. The miniature martinet with salt-and-pepper hair and her surly sidekick were good friends,

## COMMENTARY

most likely retiree military friends or military spouses who help each other during outings, like trips to the base pharmacy. Clearly, their hostile banter was just a shtick.

As I watched them, I wondered, "What had their lives been like?"

They looked to be in their late 70s or 80s, both wearing the kind of elastic-waisted polyester pants that are advertised in the back of Parade Magazine. Where had they lived? What had they lived through? How did they both end up here?

I wasn't the only one watching the feisty old ladies' comedy act. A man in uniform waiting nearby stepped toward them and said, "I got you a number from the kiosk over there. You need one to pick up a prescription. It's a new system, but I can help you."

The white-haired woman grumbled and snatched the ticket from the serviceman's hand, having no intention of learning the new-fangled system. Her salt-and-pepper friend thanked the man kindly, before scolding her companion for being rude.

Others standing by peeked over to see the number on the women's ticket — B-421 — so they could alert them when the time came. Everyone seemed to understand that these women had earned their place in the line, and in life.

There was no need for the women to abide by the new

pharmacy system or tone down their cantankerous banter. Somehow, the rest of us in the waiting room knew they were to be respected and taken care of, and it was our duty to do it.

We watched with genuine reverence, knowing that someday we'll be the retirees and retired spouses in the military clinic pharmacy waiting rooms needing help. We'll be the ones wearing wrap-around sunglasses, pushing shopping carts through the commissaries, bickering over coupons and deli meats. We'll be the ones telling old stories of proud moments, of sacrifices, of military friends lost and gained along the way.

Without a spoken word between us, we made a collective pact to help the two old women that day.

It took 37 minutes for my number to be called, but I was grateful for the opportunity to observe the military folks around me. Whether we know each other personally or not, we are one people, one community, one family. We share experiences and a sense of respect for our unique lifestyle.

And we take care of each other.

This Veterans Day, we must open our eyes and hearts to fellow military members in our communities, be they active duty, Reservists, military retirees, or anyone else who has served in the U.S. Armed Services. Don't forget about military spouses and children. Their lives are directly impacted by military orders, so they deserve recognition, too.

Hear their stories, show respect, and lend a helping hand.

Read more of retired Navy spouse Lisa Smith Molinari's columns at [www.themeatandpotatoesoflife.com](http://www.themeatandpotatoesoflife.com).

## Veterans Day Parade (continued from Page A1)

Veterans Day and the Navy wanted to participate in the Leavenworth County Veterans Day Parade as their kick-off event for U.S. Navy Week in Kansas City, Missouri, which is Nov. 11-17. Parade attendees will see the Navy Band Great Lakes as its members march through the parade route in their dress blues playing patriotic tunes, followed by more than 30 hometown heroes.

The parade is a wonderful way for the community to properly honor and recognize U.S. Armed Forces veterans for "Serving Our Nation — Yesterday, Today, Tomorrow," said Becky Johnson, secretary of the Leavenworth County Veterans Day Parade Committee.

### Military parade support

The committee has received great support from five military groups when planning and executing the parade.

Fort Leavenworth, established in 1827, will again be an active participant with the Army Corrections Brigade Color Guard leading the parade, and a marching contingency followed by a group of international officers, and Fort Leavenworth Fire and Emergency Services personnel, including the post's provost marshal and firefighters in a firetruck.

The Navy Reserve Center of Kansas City Color Guard will lead the Navy Band Great Lakes and the Navy hometown heroes.

The 139th Airlift Wing Color Guard from the Missouri Air National Guard, based at Rosecrans Air National Guard Base in St. Joseph, Missouri, will participate with the fire department's rapid intervention vehicle.

At 10:58 a.m., the parade will pause for the playing of taps at 11 a.m. by buglers stationed throughout the parade route, after which the parade will resume.

There will be a flyover at approximately 11:03 a.m. of a KC-135 Stratotanker refueler from Altus Air Force Base out of southwest Oklahoma.

### Hundreds of parade entries

The parade has approximately 250 entries this year, which include the Leavenworth High School Army Junior ROTC,

Washington High School (Kansas City, Kansas) Air Force JROTC, nine bands, many Boy and Girl Scout troops, Daughters of the American Revolution, Kansas Society of the Sons of the American Revolution, Green Berets, several re-enactor groups representing the Civil War (Grand Army of the Republic) and World War II, two large groups of military preservation vehicles, an entry honoring the 65th Infantry Regiment "The Borinqueneers" Puerto Rican regiment of the U.S. Army, multiple Shriners Clubs with their little vehicles, businesses, civic organizations, veterans organizations and horses.

The list goes on and on with something for everyone with everyone having the same goal — to pay tribute to and to thank veterans.

The last entry will again be the American Freedom Riders horse drill team from Concordia, Kansas.

The entry traveling the furthest this year is the Wisconsin 9/11 Memorial Float, honoring all first responders who lost their lives on Sept. 11, 2001.

### Parade route

The parade will follow its usual route, beginning at Fourth and Cherokee streets. The parade will travel east on Cherokee and then north on Esplanade Street. The parade will turn west on Delaware Street and then south on Seventh Street. The parade then will travel east on Cherokee Street, ending at Fifth and Cherokee streets.

Lineup of parade entries will begin at 9 a.m. All entries are to first go to the information booth on the west side of the Leavenworth Public Library, any time after 7

## LEAVENWORTH COUNTY VETERANS DAY PARADE

November 11, 2024

10:30 am Downtown Leavenworth, KS  
Staging begins at 9 am



Go to [www.lvetsparade.com](http://www.lvetsparade.com)  
or scan the QR Code on the right for  
Parade Entry Submissions



## VETERANS DAY



"Serving Our Nation - Yesterday, Today, Tomorrow"  
105th Annual Parade

REGIONAL SITE designation by U.S. Department of Veterans Affairs  
(Kansas, Missouri, Iowa, Nebraska, Colorado, and Oklahoma)

a.m., where they will be told their entry number and receive instructions on how to reach their lineup position.

The committee asks that community members do their part in protecting each

other locally as our service members do to protect our country and our freedoms. People experiencing COVID-19 symptoms are asked stay home or watch the parade from inside their vehicle.

## FORT LEAVENWORTH LAMP

PUBLISHED FOR THE COMMUNITY OF FORT LEAVENWORTH, KANSAS

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# Garrison Command Team urges community to remember sacrifices on Veterans Day, plan for upcoming winter risks

## SENIOR LEADERS' MESSAGE

by Garrison Commander Col. Duane Mosier and Garrison Command Sgt. Maj. Vanessa Sun

Veterans Day commemorates the end of World War I. In 1918, Allied negotiators met with German officials in a railway carriage near Compiegne Forest, in France, on Nov. 11 and signed the Armistice at 5:15 a.m. that would end the First World War. The agreed-upon ending would take place on the 11th hour of the 11th day of the 11th month in 1918, hours after the Armistice was signed.

In memory of the war's end, Nov. 11 would be called Armistice Day, until ultimately being renamed as Vet-

erans Day and designated as a day to remember all veterans, in addition to those of World War I.

### Thank veterans

Please take time this week to reflect on and thank veterans, past and present, for their service to our nation.

### Take a break

We encourage everyone to take some much-deserved time off to enjoy and celebrate with family and friends.

### Be safe

While you plan your holiday weekend, we ask that you prioritize safety.

As in the case of most holiday periods, there will be increased traffic on the roads. Remain vigilant while driving and do not take unnecessary risks such as speeding, texting and driving, especially drinking and driving.

### Plan for winter risks

It is a good time to reemphasize the

upcoming winter risks and hazards as we enter the winter season.

Knowing that we can proactively identify safety hazards usually associated with dropping temperatures is empowering.

The lessons from previous harsh winters have shown us that we can take control by identifying and addressing minor maintenance, such as checking and insulating water pipes before they freeze and become significant problems.

Equally important is using carbon monoxide detectors in the home as we prepare to button up windows.

### Remember sacrifices

Please remember the sacrifices of those who came before us and the duties and responsibilities we carry as citizens and soldiers alike.

Continue to do your part to keep America free.

Thank you for your service, and happy Veterans Day!



# AAFES to honor nation's heroes on Veterans Day with coin giveaways

by Army and Air Force Exchange Service Public Affairs News Release

DALLAS – In honor of Veterans Day, the Army and Air Force Exchange Service will distribute free challenge coins to those who have served our nation.

PXs and BXs worldwide will hand out the limited-edition coins to Veterans on Nov. 11, marking the fifth year of the Exchange's coin-giving celebration.

"The Exchange is honored to show its gratitude to those who have selflessly served their country," said Air Force Chief Master Sgt. Rich Martinez, the Exchange's senior enlisted advisor. "Offering these small tokens of appreciation for the service and sacrifice of our nation's heroes is an honor."

The coins — featuring an eagle on one side and the six U.S. Armed Forces em-

blems on the other — are available Nov. 11 at PXs and BXs while supplies last.

Veterans are encouraged to contact their Exchange or visit their local Exchange Facebook page for more information.

The Exchange with the Navy Exchange Service Command, Marine Corps Exchange and Coast Guard Exchange have teamed up to distribute the special Veterans Day coins since 2020.

All honorably discharged Veterans can shop tax-free for life at Shop-MyExchange.com, while disabled veterans can use their hard-earned Exchange benefit in person at PXs and BXs.

Veterans can visit <https://publicaffairs-sme.com/Community/veterans#pa> for more information on their earned lifelong Exchange benefits.



AAFES Graphic

### Fort Leavenworth Exchange

#### Veteran's Day

Holiday Hours of Operation  
Monday, November 11, 2024

Main Store	0900-1800
Military Clothing	0900-1500
Express	0900-1800
Starbucks	0900-1600
Charleys	1100-1600
Qdoba	CLOSED
Burger King	1030-1700
Barber Shop	0830-1730
GNC	0900-1800
DOCS Dental	0800-1700
Dry Cleaners	0900-1700
Alterations	1000-1500
AT&T Kiosk	1100-1800
U.S. Patriot	1000-1800

Lewis & Clark locations: Barber Shop and Food Court will be CLOSED

# Remembering CW4 William Dickinson



**ABOVE:** Brig. Gen. Mark Siekman (third from left), deputy commanding general, Combined Arms Center - U.S. Army Reserve Affairs, presents the Legion of Merit for the late Chief Warrant Officer 4 William Dickinson to Dickinson's wife Crystal Dickinson as (left to right) Haleigh, Lillian, Caleb and Hannah Dickinson look on Nov. 1 at Frontier Chapel. CW4 Dickinson, a Springfield, Missouri, native and Mission Command Center of Excellence knowledge management instructor, was remembered with a memorial service Nov. 1. CW4 Dickinson passed away Sept. 20. To read his obituary, visit <https://www.davisfuneralchapelinc.com/obituary/william-bill-dickinson>.



**LEFT:** As Garrison Command Sgt. Maj. Vanessa Sun stands at attention, Fort Leavenworth Garrison Commander Col. Duane Mosier places a coin on the pedestal honoring Chief Warrant Officer 4 William Dickinson following a Memorial Service for Dickinson Nov. 1 at Frontier Chapel. Dickinson died Sept. 20.

Photos by Randi Stenson, Mission Command Center of Excellence Public Affairs

## SHARP/CAL Professional Forum explores organizational transformation, Army profession

by Maj. Amelia Wetzel and Janetta Harris/Center for Army Leadership

Leaders from the U.S. Army Sexual Harassment/Assault Response and Prevention Academy and the Center for Army Leadership hosted a professional forum for more than 200 participants from across the Combined Arms Center and SHARP enterprise Oct. 30 in Marshall Lecture Hall at the Lewis and Clark Center.

The forum focused on organizational leadership and climate issues, with speakers and discussions highlighting the Army profession, factors for sustaining a positive climate, and upcoming changes to the SHARP workforce.

Cailin Crockett, deputy director of the Army's Directorate of Prevention, Resilience and Readiness, and Jill Londagin, Army SHARP Program director, offered opening remarks and emphasized the significance of the forum's topics to all participants.

"What a SHARP professional does is critical to the health, function and lethality of our Army," Crockett said. "Transformational change is not easy. It's deeply messy but so necessary."

Col. Travis Jacobs, SHARP Academy director, and Jeff Bevington, chief of SHARP Academy Leader Development, Education and Training, described this transformation and its impact on the

SHARP workforce. The current structure positions full-time sexual assault response coordinators and victim advocates at the brigade level, with collateral duty sexual assault response coordinators (SARCs) and victim advocates (VAs) assigned to battalions. Within the new organizational structure, lead SARCs will be assigned to installations.

Jacobs encouraged SHARP professionals to provide more than just data. He said SARCs and VAs should work with command teams and be able to advise commanders regarding SHARP issues. Even though the SHARP workforce is changing, he said the role of the SHARP professional re-

mains in that program managers, SARCs and VAs are still the experts who can ensure shared understanding across the ranks.

"People skills are the key to success of this transformation," Jacobs said. "The role of the SHARP professional has not changed. You are still the eyes and ears for the commander to understand risk. ... Change is hard, but you are the change agents. The SHARP program runs on leadership."

Janetta Harris, CAL instructional systems specialist, expanded on the topic of transformation by describing the leading change process. She highlighted the importance of addressing the need for change and communicating a vision to stakeholders. She also reviewed some of the reasons why change does not become instilled, such as the reasons for the change are not clearly articulated or there is little buy-in from organization members.

The ramifications of a perceived negative change might include very little to no follow-up/follow-through and an increased level of frustration among members of the organization, Harris said. For change to be most effective and long-lasting, leaders must determine how best to institutionalize the change. She provided examples including modifying policies or procedures, including the change as part of routine meetings and battle rhythms, and updating tasks and projects to account for the change.

"Over time, the change will start to feel natural and there will be less resistance," she said.

Harris also presented on innovation, empowerment and communication strategies. For communication, she focused on vertical dialogue, information flow up and down the chain of command; horizontal dialogue, the communications that happen laterally across teams; and communications outside the chain of command with external stakeholders.

She reminded members of the audience that the Army expects all leaders to be lifelong learners and

to develop expertise in support of the Army profession. She reiterated the CAC commanding general's belief that, "Feedback is the breakfast of champions."

"We all should be willing to listen, reflect, learn from feedback and seek opportunities to act upon it," she said.

CAL Director Lt. Col. Nathan Brannen explained the tenets of a profession and addressed some fundamental questions such as "What makes a profession?" and "What do all professions have in common?" SHARP Academy students in attendance had the opportunity to answer the questions and provide some insights of their own. The students discussed how SHARP professionals fulfill the requirements of a profession as described in U.S. Army leadership doctrine by providing a vital service to society, establishing and upholding an ethic, enforcing discipline and standards, and developing and applying expertise.

Brannen also provided an overview of the Army profession and its five characteristics: honorable service, stewardship, trust, military expertise and esprit de corps. He described one model for the audience: TRUST = (Service + expertise + stewardship) x consistency. From that trust, he said, units can create esprit de corps.

The forum closed with a panel discussion on climate, culture and counterproductive leadership. Harris told the audience that all leaders are susceptible to counterproductive leadership behaviors, especially during times of stress, high operations tempo, chaos, ambiguity and confusion.

Brannen left attendees with the lesson of the thermostat versus the thermometer. A thermometer is passive, he said. It accurately measures the temperature but does nothing about it. Conversely, a thermostat also provides an accurate measure, but it adjusts the temperature to the desired conditions.

"Army leaders should be like a thermostat," Brannen said. "Be accurate and take an active role in adjusting the conditions to the desired end state."



Photo by Norma Ray/U.S. Army SHARP Academy

**Lt. Col. Nathan Brannen, Center for Army Leadership director and forum co-host, discusses "What makes a profession?" during the SHARP/CAL Professional Forum Oct. 30 at the Lewis and Clark Center.**

**Participants at the SHARP/CAL Professional Forum listen to opening remarks from leaders in the Army G-9 Oct. 30 at the Lewis and Clark Center.**

Photo by Norma Ray/U.S. Army SHARP Academy



# Harney Sports Complex renovation celebrated with ribbon-cutting ceremony, tour

by Prudence Siebert/Editor

The renovation of the aquatics area of Harney Sports Complex was celebrated with a ribbon-cutting ceremony Oct. 31 in the complex's main lobby.

The area received a facelift, as well as a complete overhaul of major systems.

Tristan Aycock, project manager with ACI Build Group out of Shawnee, Kansas, said many improvements were made, including all new plumbing, HVAC and electrical systems.

"The big plumbing overhaul was very important because these pipes in here were very old and they didn't work properly, so (now) everything will work properly, your maintenance crews won't have to be out here like they were before, which saves a lot of money in the long run."

The layout was changed, and everything was painted and refinished, as well as new flooring installed.

"The previous condition was very, very outdated, so aesthetically it looks a lot better," Aycock said.

"I have been told that there is a lot of children that come in this area, for the pool and they have swim meets, so they really wanted something that children would enjoy," he said, referencing the incorporation of waves into the paint and tile design.

The renovation also included a new office, the addition of an Americans with Disabilities Act-compliant family restroom, and the transformation of the pool viewing area and the men's and women's restrooms, each with three new showers, as well as saunas in both.

"One of the primary things they were excited about was a new sauna for the locker rooms and then the main driving point was they really wanted to have an ADA-accessible restroom for everybody, and that's the new family restroom right off the entry," Aycock said.

Community leaders agreed that the renovation was a success.

"It really looks great — phenomenal job," Family and Morale, Welfare and Recreation Director Glenn Hewitt said before the ribbon-cutting ceremony adjourned for tours of the facility.

A few people involved with the renovation project were recognized by Garrison Commander Col. Duane Mosier and Garrison Command Sgt. Maj. Vanessa Sun during the ceremony.

"There are so many people that we should thank for this incredible project," Mosier said. "I can't stress just how satisfied we are (with the renovation project), how incredible this is."



Photo by Prudence Siebert/Fort Leavenworth Lamp

**Garrison Command Sgt. Maj. Vanessa Sun and Garrison Commander Col. Duane Mosier thank Tom Pennington, contract office representative and quality assurance officer with the Directorate of Public Works; Matt Price, FMWR Sports/Fitness/Aquatics director; Vikki Suprin, aquatics manager; and Storm Reynolds, chief of Design Branch, Engineering Division, DPW; for their involvement in the Harney Sports Complex aquatics area renovation project, following a ribbon-cutting ceremony to celebrate the completion of the project, Oct. 31 in the pool foyer and office area of Harney Sports Complex.**



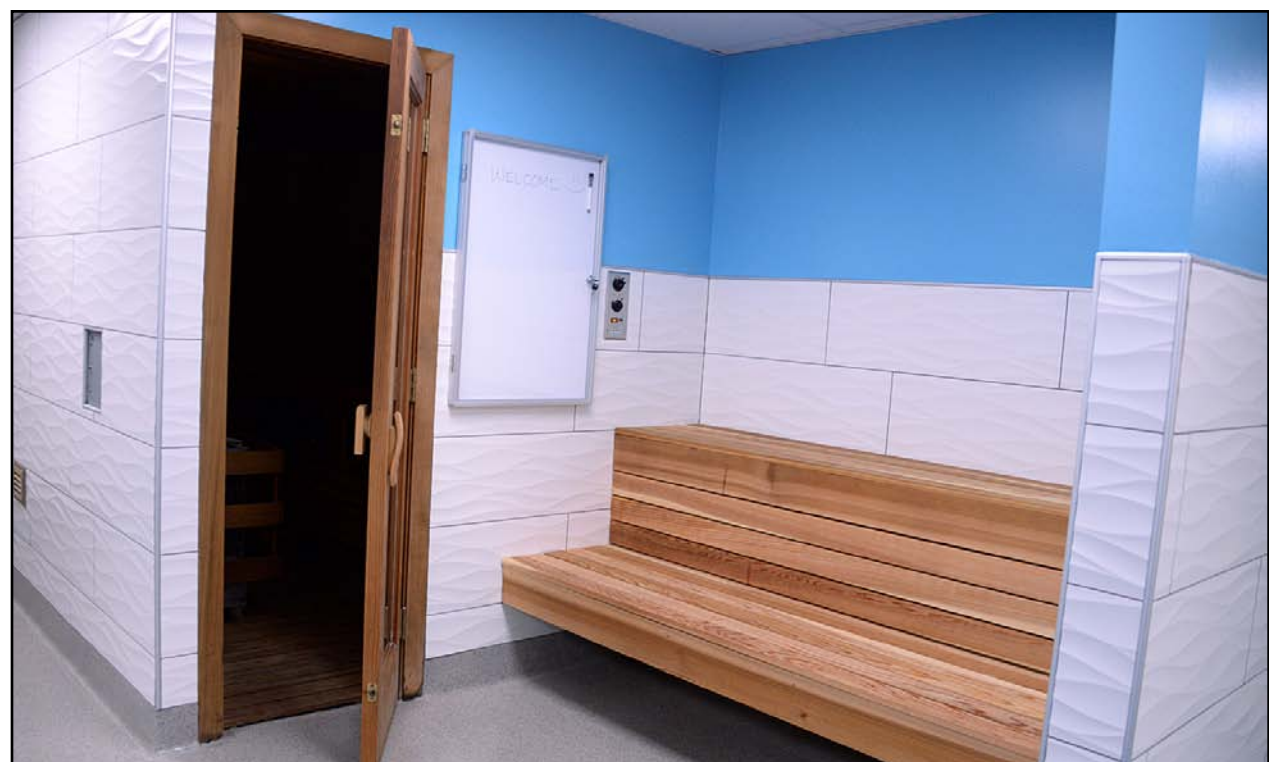
Photos by Prudence Siebert/Fort Leavenworth Lamp

**ABOVE: Tristan Aycock, project manager with ACI Build Group; FMWR Aquatics Manager Vikki Suprin; Garrison Command Sgt. Maj. Vanessa Sun; Garrison Commander Col. Duane Mosier; and Joel Marquardt, architect with the Design Branch, Engineering Division of the Directorate of Public Works, cut a ribbon to celebrate the completion of the renovation project Oct. 31 at Harney Sports Complex.**

**LEFT: Storm Reynolds, chief of Design Branch, Engineering Division, DPW, joins the tour of the renovated area after the ribbon cutting Oct. 31.**



**The men's and women's locker rooms, ABOVE, were overhauled in the Harney Sports Complex renovation, with multiple showers, BELOW, and a sauna in each locker room. A handicapped-accessible family restroom and shower were also added to the aquatics area during the renovation.**

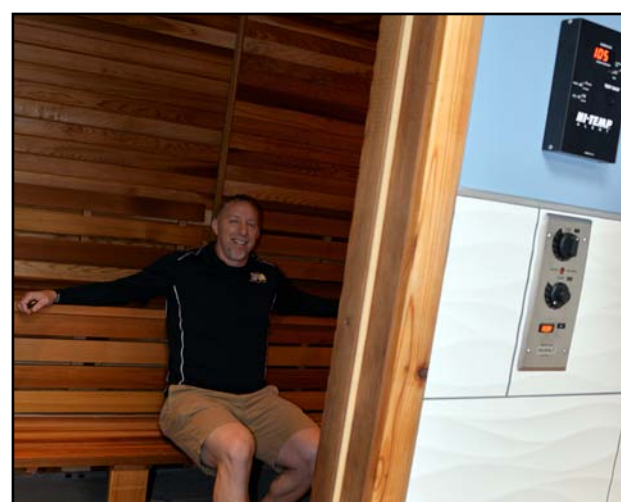


Photos by Prudence Siebert/Fort Leavenworth Lamp

**Saunas in both the women's, ABOVE, and men's locker rooms are among the renovations and additions that were made to the aquatics area of Harney Sports Complex.**

**LEFT: FMWR Sports/Fitness/Aquatics Director Matt Price sits in the men's locker room sauna during a tour of the renovations to the aquatics area of Harney Sports Complex following a ribbon-cutting ceremony Oct. 31.**

**For information about the offerings and hours at 1st Lt. David R. Bernstein Memorial Pool, the indoor pool at Harney Sports Complex, call 913-684-2190.**



# RSO personnel receive active-shooter training



Submitted photos

Lt. Joseph Carroll, ABOVE, supervisory police instructor with the Fort Leavenworth Police Department, and William Brown, RIGHT, antiterrorism and force protection officer with the Department of Plans, Training, Mobilization and Security, provide active-shooter training to Religious Support Office personnel Oct. 30 at Frontier Chapel. The training supported the post commander's mission to posture strength and security across the installation and within units. Garrison Chaplain Lt. Col. Nathan McLean, RSO NCOIC Master Sgt. Tyler Henderson, and other members of the RSO discussed methods to implement a security plan for weekly chapel services and programs.



## ACB change of responsibility (continued from Page A1)

optimism, respect and engagement as a means to tackle the challenges Griffins face.”

He said Kreitzer and his wife, Melissa, made command about the 1,300 professionals of the Griffin Brigade.

“Their dedication at the organizational and individual level to the soldiers, NCOs, officers and civilians of this brigade — their readiness; their physical, mental and spiritual fitness; their good order and discipline; their personal and professional developmental needs — was special, exceptional and unique,” Curtis said.

Curtis shared a message about the Kreitzers from former ACB Commander Col. Kevin Payne.

“Command Sergeant Major Kreitzer and Melissa worked to improve the quality of life for our soldiers and families on day one, and it is clear they will continue to do this where the four winds take them. They build relationships, remain involved in community matters and are great role models for our junior soldiers and families to emulate. Nothing but respect and gratitude for their persistent efforts to improve our unit culture.”

Curtis welcomed Watts, noting that he has already been serving in the brigade as the U.S. Disciplinary Barracks operations sergeant major.

“That being said, CSM, your reputation as a level-headed, common sense leader proceeds you, and I am positive that the Army yet again ‘got it right’ in selecting you to become the next Griffin 7. You are assuming the mantle of command sergeant major for undeniably the greatest Military Police brigade in the United States Army. Congratulations to you on this honor. Griffins pride ourselves on the CORE values of character, optimism, respect and engagement, and on being good in the fourth quarter when it truly matters,” Curtis told Watts. “Our charge now, together, is to help these men and women reach this fullest potential, as service members, DA civilians and as good citizens.”

Kreitzer’s remarks focused on expressing gratitude to God; wife Melissa; children Troy, Isabelle and Meisha; military and civilian co-workers; as well as the Combined Arms Center Command Team for their leadership and vision and the Garrison Command Team for the support and care they provide to service members’ loved ones.

“I am filled with both gratitude and disbelief as I look back over these past two years with the Army Corrections Brigade. This is not goodbye but thank you for the support everyone has provided to the Griffin Brigade and our families,” Kreitzer said. “As a career 31-Bravo military policeman, I never thought I’d be the command sergeant major of a corrections brigade, but for the first time in my career, I actually had my choice of assignment and chose to join the 15th Military Police Brigade,” he said. “It has been one of the most rewarding experiences of my career because of the people I’ve had the honor of serving with.”

Kreitzer thanked his wife for carrying their family through the toughest days, and said that it is the families who bear the cost of service members’ commitment.

“To our families, I cannot thank you enough for your unwavering support and sacrifices. Your strength, resilience and un-

wavering support have been the foundation upon which we have built our community,” he said. “Your understanding of the demands of military service and your unwavering support have been a source of comfort and motivation to all of us.”

Kreitzer thanked the brigade’s service members for their commitment and efforts to overcome challenges, achieve milestones and forge bonds.

“I am in awe of your courage, professionalism and dedication to duty. Day in and day out, you have upheld the highest standards of discipline and integrity, ensuring the safety and security of our facilities. Your commitment to our mission and to each other is truly commendable, and I am honored to have served alongside you.”

He said he was impressed by the expertise, dedication and passion for service of the ACB’s civilian professionals.

“Whether it’s managing administrative tasks, providing medical care or facilitating rehabilitation and vocational programs, your professionalism and dedication have made a lasting impact on our facility.”

He went on to thank the many others involved in the day-to-day operations of the USDB and Midwest Joint Regional Correctional Facility, including the officers and NCOs who set the tone with their leadership.

“As my family and I embark on a new chapter, I leave with a profound sense of pride in all that we have accomplished together. The memories we have shared, the challenges we have overcome, and the bonds we have formed will always hold a special place in my heart,” Kreitzer said. “I urge you to continue to uphold the values of integrity, professionalism and respect that define our profession. ... As we train and mentor commanders, sergeants major, first sergeants, platoon leaders and sergeants, squad and team leaders, down to the individual soldier making things happen, we must realize that these are the leaders who will continue to make our country a beacon of freedom, the city on the hill of corrections excellence, and do our country’s winning now and in the future and are worth every ounce of our efforts.”

Kreitzer welcomed Watts into his new role.

“You have been here almost a year and are now taking the helm of an amazing unit, filled with remarkable, talented and driven leaders and people ready to go the distance,” he said. “My only advice to you is every day is an opportunity — lean on these people, listen to them, and remember, too, that every one of them is your teammate. We’re all in this together, and the mission is much more rewarding when we respect that.”

Watts expressed gratitude for God’s blessings over his 28 years of service and for the people placed in his path. He thanked his wife Valerie, son Ayden and daughter Abi for their sacrifices and love, and his friends and family for attending the ceremony and the mentors and soldiers he has served with.

He said thanks to Kreitzer and his family, the transition into the role of the brigade’s senior enlisted adviser went smoothly.

“Our brigade has a rich history and a clear mission. We are guided by our CORE values: character, optimism, respect and en-



Photo by Prudence Siebert/Fort Leavenworth Lamp

**Outgoing Army Corrections Brigade Command Sgt. Maj. Joshua Kreitzer delivers remarks during his change of responsibility with incoming ACB Command Sgt. Maj. Brian Watts Nov. 1 at the Lewis and Clark Center.**



Photo by Prudence Siebert/Fort Leavenworth Lamp

**Incoming Army Corrections Brigade Command Sgt. Maj. Brian Watts stands on stage as he and guests at the ACB change of responsibility ceremony sing the “Military Police Regimental March” and the “Army Song” Nov. 1 at the Lewis and Clark Center.**

gagement. Character is our foundation; optimism fuels our positivity; respect binds us together; and engagement drives our leadership.”

Watts told the Griffins team what he offers and what he expects.

“I will bring an unwavering commitment, some challenging questions, high expectations and unyielding support. I’ll demand ethical decisions, trained and ready teams, and I’ll always be open to new and innovative ideas. For our leaders and leaders in training, I expect us to be exemplary

role models. Be professional, be aware and promote safety. Let us build trust, demand mission success and support each other. Remember, everything we do is leader development.”

Watts challenged them to align their personal values with the Army’s and to be a lifelong learners and teammates who always give their best.

“Never miss an opportunity to teach, coach and mentor,” he said. “We have a crucial mission, and I’m inspired to tackle it with each one of you.”

# Stronghold Food Pantry offers holiday opportunities for assistance, to assist

Call for help to stock Stronghold's shelves

## FOOD DRIVE

**BENEFITING YOUR LOCAL MILITARY COMMUNITY**

**Most Needed Items:**  
Canned Chicken, Canned Tuna, Canned Fruit, Macaroni and Cheese, Pasta Sauce, Pasta

Donations can be dropped off at **Armed Forces Bank** locations:  
2901 S 4th ST Leavenworth  
320 Kansas AV Fort Leavenworth

**STRONGHOLD FOOD PANTRY**  
More than a food pantry.

[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

As the holiday season approaches, Stronghold Food Pantry is supporting more military families at the Fort Leavenworth location, and the pantry is in need of extra support. Items needed include canned tuna and chicken, canned beans, canned fruit, pasta and pasta sauce. Armed Forces Bank is hosting the food drive for Stronghold. Donations can be dropped off at either AFB location at 320 Kansas Avenue on Fort Leavenworth or at 2901 S. 4th Street in Leavenworth. Donations can also be delivered to the Stronghold front office 9 a.m. to 4 p.m. Monday through Thursday.

## Stronghold's Grateful Table Thanksgiving Meal Giveaway

by Stronghold Food Pantry, <https://www.strongholdfoodpantry.org/services-2-1>

This Thanksgiving, Stronghold is partnering with Moving with the Military for the second year in a row to provide Thanksgiving meals to military families across the United States, honoring every branch of service.

Their mission is to bring families back to the table, creating a grateful space where love, gratitude, and connection come together.

Monica with Stronghold and Maria of Moving with the Military have united in a shared belief that the military community is one family, and they are committed to giving back.

They also understand the importance of military families creating memories, especially around the kitchen table — while Stronghold provides nourishing meals, Moving with the Military transforms homes into welcoming spaces.

As this Thanksgiving season approaches, they invite the community to join them in honoring military families.

Together, they hope to not just provide meals but nurture a community that stands united, no matter the challenges, spreading gratitude, love, and hope this Thanksgiving.

To register a military family for the meal giveaway, visit <https://forms.wix.com/f/7251067818135781943>. Selected families will be contacted by Nov. 22.

Visit <https://www.strongholdfoodpantry.org/services-2-1> for more information about the Grateful Table Thanksgiving Meal Giveaway and the Stronghold Food Pantry-Moving with the Military partnership.

# Christmas Depot seeks to deliver holiday magic

## Stronghold Christmas Depot

- ★ Register a family in need
- ★ Donors & Sponsors Needed
- ★ Volunteer to Help

[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

## Become a Sponsor

Businesses, organizations, and individuals can sponsor a child (1) or a family (multiple children) to shop Stronghold's Christmas Depot.

Too busy to shop? You can provide a financial gift that allows Stronghold to purchase toys and clothing for military children on behalf of you, the sponsor.

All donations are tax deductible as allowed by law.

[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

by Stronghold Food Pantry, <https://www.strongholdfoodpantry.org/christmasdepot>

At Stronghold, we are committed to supporting military families facing food insecurity with dignity and care.

This year, we're transforming our conference room into a magical Santa's workshop — our very own Christmas Depot — where military families can experience a winter wonderland, shop for their children, and get a gift wrapped.

**Register your family**

If you are a military family in need of additional support this season, use this confidential form to register your child (ages 0-18) for our Stronghold Christmas Depot shopping experience. Answering all of the questions will help us stock the shelves and create a fun experience for everyone.

Rest assured, all personal information will remain confidential and will not be shared with outside organizations or any military personnel.

**Sponsor, donate or host a toy drive**

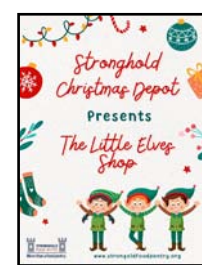
By sponsoring or donating gifts or decorations, you'll help Stronghold create a festive, supportive environment that brings holiday cheer to military children and their families.

Your generosity ensures that we can offer a one-stop shop for Christmas gifts and joy — making this season brighter for those in need — creating lasting memories and bringing much-needed relief.

All donations are tax deductible as allowed by law.

**Register your child to visit Stronghold's Little Elves Shop**

The Little Elves Shop is a special shopping experience where your child can personally select one gift for mom and dad.



**Volunteer**

Do you have a gift for wrapping gifts? Or an eye to help find the perfect gift? Stronghold would love to have you share your talents. The Christmas Depot would be happy to have you as a special elf this year. As a volunteer, you will sign up to work. Shift dates will be announced in early November. Visit <https://www.strongholdfoodpantry.org/christmasdepot> for more information.

## Make a donation

Donate new toys, books, art supplies, or clothing. These gifts will be carefully wrapped and gifted to military children.

If you are unsure of what to give, you can opt for a monetary donation that allows Stronghold to purchase gifts and items needed for military families.

All donations are tax deductible as allowed by law.

[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

## Register a Family

Families, in need of additional support, can register to participate in this year's Stronghold Christmas Depot.

Families will have the ability to shop for their child's gifts with dignity and care. Limited availability (kids 18 and under).

ALL information shared will be kept confidential.

[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

**STRONGHOLD DISTRIBUTION & HAPPY BOTTOMS**  
By Appointment Only  
[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6 Open Pantry & Happy Bottoms 11:00 - 1:00	7	8	9
10	11	12 Open Pantry & Happy Bottoms 11:00 - 1:00	13 CLOSED	14	15	16
17	18	19	20 Open Pantry & Happy Bottoms 11:00 - 1:00	21	22	23
24	25	26 Open Pantry & Happy Bottoms 11:00 - 1:00	27 CLOSED	28 Happy Thanksgiving	29	30

## VOLUNTEER SIGN-UP!

CALLING ALL VOLUNTEERS!

Volunteers are a vital piece of the Stronghold community. We value their enthusiasm, diverse perspectives, skills, and passion.

At Stronghold, we have opportunities for everyone willing to get involved, including stocking shelves, sorting donations, distributing food, and so much more.

Together we are Stronghold.

If you would like to join the team please attend:

**NOVEMBER 19, 2024**  
9:30 AM  
655 BIDDLE BLVD  
CONFERENCE CENTER

[Strongholdfoodpantry.org](http://Strongholdfoodpantry.org)

# Latest CASO panel discusses Chinese way of war vs. military culture



Cultural and Area Studies Office panelists Dr. Geoff Babb, Department of Military History, Command and General Staff College; Lt. Col. Jason Haub, Advanced Strategic Leadership Studies Program, School of Advanced Military Studies; Dr. John Modinger, SAMS associate professor; and Dr. John Kuehn, Department of Military History, CGSC, discuss "A Chinese Way of War and People's Liberation of Army Today" Oct. 28 in Arnold Conference Room at the Lewis and Clark Center. For more on the panel, visit [https://www.army.mil/article/281068/chinese\\_way\\_of\\_war\\_vs\\_military\\_culture\\_topic\\_of\\_la\\_test\\_caso\\_panel](https://www.army.mil/article/281068/chinese_way_of_war_vs_military_culture_topic_of_la_test_caso_panel).

Photo by Dan Neal/Army University Public Affairs Office

## Pet of the Week

Gracie is a female 1-year-old Belgian malinois mix currently available for adoption at the Fort Leavenworth Stray Facility. Spay surgery, microchipping and vaccinations are included in her adoption fee. Visit [www.FLSF.petfinder.com](http://www.FLSF.petfinder.com) for pet profiles, e-mail [fortleavenworthstrayfacility@gmail.com](mailto:fortleavenworthstrayfacility@gmail.com) for an adoption application, and call 913-684-4939 for more information. The FLSF, at 510 Organ Ave., is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday, and by appointment for pre-approved adopters. Call 913-684-4939 to schedule an appointment. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility. Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed. To apply to volunteer with the Fort Leavenworth Stray Facility, enter ZIP code 66027, then search for "stray animal facility" at <https://vmis.armyfamilywebportal.com/>.



Photo by Prudence Siebert/Fort Leavenworth Lamp

**Volunteer!**

**Help Shelter Pets!**

*They need your help for walks and general care!*

*They enjoy the love, attention, and affections, too!*

Several shifts to choose from

Want to know how to join our team?

Register at <https://vmis.armyfamilywebportal.com/>

Once registered, we will contact you and have you come in for a training with a team member.


After you train, you shadow two shifts. Then you are ready to help shelter pets!

Watch the Fort Leavenworth Stray Facility Facebook page for training events!

Once you register, train, and shadow, you can sign up for any shift you can cover.

Children under 18 can help, but they must be accompanied by an adult the entire shift.


Work with either our cats or dogs or both!




Fort Leavenworth Stray Facility  
510 Organ Avenue  
Fort Leavenworth, KS 66027

Fort Leavenworth Stray Facility

**Second Saturday is Back!**



Every second Saturday of the month

We're back to being open every 2nd Saturday of the month for visitation and adoption/fostering of the animals at the facility!

You can find all of our adoptable pets at:  
[www.petfinder.com](http://www.petfinder.com) Fort Leavenworth

[fortleavenworthstrayfacility@gmail.com](mailto:fortleavenworthstrayfacility@gmail.com)

913-684-4939

510 Organ Ave  
Fort Leavenworth, KS 66027



**WORTH**

Harley-Davidson

**MOTOR HARLEY-DAVIDSON CYCLES**

**NORTH**

9400 NW Prairie View Rd  
816-420-9000

[www.worthharley-davidson.com](http://www.worthharley-davidson.com)



THURSDAY  
NOVEMBER 7, 2024



# LAMP Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

## Fort Leavenworth Multicultural Families FRIDAY FUN DAY

Fridays @ The Resiliency Center  
Room 106  
9:30am - 11:00am

Friday Fun Days are all about exchanging ideas and customs, learning about US Military lingo and traditions, navigating life in the Midwest, and making connections with each month's themed activity!

### 2024 - 2025 FRIDAY FUN DAY CALENDAR

<b>September 13</b> Munson Walk-thru	<b>January 2025</b> No meet up! Enjoy your Holidays!	<b>May 9</b> Farewell
<b>October 11</b> Pumpkin Carving	<b>February 7</b> Valentine's Day Traditions 5 Love Languages Class	<b>June 27</b> Potluck
<b>November 8</b> Thanksgiving Potluck	<b>March 7</b> Spring Weather in Kansas Moving With Kids	<b>July 18</b> Education Fair
<b>December 13</b> White Elephant Gift Exchange Holiday Traditions	<b>April 4</b> Easter Traditions	

Friday Fun Day is FREE! Registration is not required.  
Call 913-684-2830 for more information  
leavenworth.armymwr.com

### FORT LEAVENWORTH NEW CDC DETOUR ROUTE

The previous CDC construction detour, from Iowa to Kansas Ave, has been modified to reroute traffic away from densely populated areas. The new detour (yellow trace), will route traffic northwest to 5th Artillery Rd and toward the cemetery and golf course.

U.S. ARMY

## LEAVENWORTH COUNTY VETERANS DAY PARADE

November 11, 2024  
10:30 am Downtown Leavenworth, KS  
Staging begins at 9 am

Go to [www.lvetsparade.com](http://www.lvetsparade.com) or scan the QR Code on the right for Parade Entry Submissions

### VETERANS DAY

"Serving Our Nation - Yesterday, Today, Tomorrow"  
105th Annual Parade

REGIONAL SITE designation by U.S. Department of Veterans Affairs (Kansas, Missouri, Iowa, Nebraska, Colorado, and Oklahoma)

### JOIN OPERATION HOMEFRONT FOR A GIFT CARD DISTRIBUTION EVENT

## HOLIDAY MEALS FOR MILITARY

Stability Category B:  
• Post 9/11 wounded, ill or injured service member of any rank, both currently serving and those no longer serving in the military, or  
• All ranks, Active Duty, Guard and Reserve, only 10% military, or  
• Reserving service members within 12 months of their discharge/retirement date

**November 7, 2024**  
**5:00pm-7:00pm**  
VFW  
519 Cherokee  
Leavenworth, KS 66048

To register, scan the QR code or visit [MyOperationHomefront.org](http://MyOperationHomefront.org)

## We want to hear from you!

Fort Leavenworth's environmental restoration team is working to improve our programs and your input is key.

By sharing your thoughts and concerns in interviews, you'll help us create a community involvement plan that benefits everyone - both on post and across the surrounding areas.

Cherokee Nation ENVIRONMENTAL SOLUTIONS | ContiFedera

Virtual interviews will be held through December 6, 2024

Interviewee responses will be compiled and any information used will be anonymous.

Your input really matters, and we appreciate you taking the time to be part of this Community Involvement Plan. To participate, please contact Carla Avery at [cavery@contifederal.com](mailto:cavery@contifederal.com) or 848-327-4448, who is providing environmental contract support to the Army.

## COMMEMORATING YOUR COMMITMENT

2024 LIMITED EDITION COIN GIVEAWAY  
Vanguard

CELEBRATING THE MEN AND WOMEN WHO HAVE SERVED OUR COUNTRY

Main Store / November 11 / 1200-1400

While supplies last!



## Veterans Day Pancake Breakfast

Proudly sponsored by Leavenworth Rotary Club 210

Riverfront Community Center  
(123 S. Esplanade Street, Leavenworth)  
Monday, November 11, 2024  
7:30 a.m. - 10:30 a.m.

Pricing for All you can Eat Pancakes is as follows:  
Adults - \$8.00  
Children (7-12) - \$7.00  
Children under 6 - free

Disabled Veterans Eat Free  
We appreciate your selfless service and sacrifice!

Meals for Disabled Veterans donated by The Cafe, 1102 N 2nd St, Leavenworth, KS

## Meet Pin-Ups for Vets for Vets

Miss April 2025

### Calendar Signing

Friday, November 15  
Exchange Mall  
1100-1400

Danielle Springall  
Danielle is an ambassador for the nonprofit organization Pinups For Vets. Also, a six-year Army (combat medic) Veteran and resident of Fort Leavenworth!

What is Pin-Ups for Vets?  
Pin-Ups for Vets is a non-profit organization that raises funds to improve Veterans' healthcare, donate funds to VA hospitals for medical equipment and program expansion, improves quality of life for all Veterans across the United States through personal bedside visits to deliver gifts, promotes volunteerism at Veterans Hospitals, supports homeless Veterans with clothing and gifts delivered to shelters, boost morale for military wives and Female Veterans with makeover, and boosts morale for deployed troops through delivery of care packages.

White-Donlon-Hagemeister MOH Post 56  
519 Cherokee Street  
Leavenworth, KS 66048  
(913) 682-9200

Your HomeTown VFW

2024 All-State Post & All-American Post

### Veterans Helping Veterans - It's What We Do!!

2ND ANNUAL FREE TRADITIONAL THANKSGIVING MEAL  
Thursday, 28 November 2024

If you are looking for a place to gather and enjoy Thanksgiving, come join us!

Post Hall opens at 9:00am  
Thanksgiving Meal served NLT 11:00am, until 3:00pm  
To-Go meals available via in-person

If you desire to bring a side dish, dessert, turkey or ham to share have at the Post NLT 10:00am

--Thanksgiving Parades and Football on Hall TV's--

Proudly Serving Veterans, Families and our Community  
"Make a difference in the life of a Veteran - volunteer with VFW Post 56"

VFW Post 56 | <http://www.vfw56.org>

## BOSS PRESENTS MOVIE NIGHT

Post Theater // 375 Grant Avenue  
Movies start at 7PM  
Must show your DoD ID at the door!

November 1 | November 15

Come out and join us as the BOSS program gives back to the Community by playing movies inside the Post movie theater.

Prepackaged snacks and drink can be purchased at the snack bar. No outside food or drinks are authorized.

For all movies children 12 and under MUST be accompanied by an ADULT!  
CASH only at the snack bar!

For more info call: (913) 684-2736 • Or visit our website [leavenworth.armymwr.com](http://leavenworth.armymwr.com)

## VETERANS DAY COOKOUT

HONORING OUR VETERANS & THEIR SERVICE!

THURSDAY NOVEMBER 7th, 2024  
AT LANSING ELEMENTARY SCHOOL

THE PROGRAM STARTS AT 5:00PM IN THE GYM WITH DINNER TO FOLLOW

ADMISSION TO THE PROGRAM IS FREE  
DINNER CAN BE PREORDERED THROUGH THE QR CODE AND SEND PAYMENT TO LES FRONT OFFICE OR PAY AT THE DOOR.

MEALS INCLUDE YOUR CHOICE OF 2 HOTDOGS, 1 HAMBURGER, BAG OF CHIPS, DRINK AND DESSERT

PLEASE COMPLETE THE DINNER PREORDER FORM BY SCANNING THE QR CODE AND SEND PAYMENT TO LES FRONT OFFICE OR PAY AT THE DOOR.

CASH OR CHECK WRITTEN TO KIWANIS CLUB OF LANSING

PREORDERS ARE PREFERRED AND GUARANTEE YOUR MEAL. THERE WILL BE A LIMITED NUMBER OF TICKETS AT THE DOOR.

SCAN HERE

# HYC

Harold Youth Center

School is in session, but the FUN doesn't need to stop! Hang with your friends! Do cool stuff! And make some memories!

## AFTER-SCHOOL PROGRAM

**FREE!**

\*Enroll now at  
Harold Youth Center  
45 Biddle Blvd  
913-684-5118

**HYC Hours**  
Mon -Thurs 3PM -7PM  
Friday 3PM - 9PM  
Saturday 2pm - 8pm  
Closed Sunday

**Administrative Hours**  
Monday - Friday  
9AM - 6PM



**Offering:**  
Homework Help  
STEM Programs  
Gym Activities  
Music Classes  
Arts & Crafts  
Special Events  
Clubs & More!

Follow HYC on FB!



\*HYC is for 6th -12th Graders only. Must be registered with CYS Parent Central prior to enrolling. Contact 913-684-5118 for more info on registration and eligibility



## Fort Leavenworth School Year 24-25 SEASONAL CAMP WEEKS

For KG-5th grade

**Winter Camp Week 1**  
23-27 December 2024  
(Federal Holiday Closure 25 DEC.)

**Winter Camp Week 2**  
30 December - 3 January 2025  
(Federal Holiday Closure 1 JAN.)

**Spring Break Camp**  
17-21 March 2025

Make a Request for Care at:  
**MILITARY**  
CHILDCARE.COM



To inquire about Hourly Care during a camp week or the specific activities & field trips planned, etc.,  
**CONTACT OSAGE CDC/SAC**  
(913) 684-3821

For waitlist assistance  
**CONTACT**  
**CYS PARENT CENTRAL**  
(913) 684-5138 or 4956

**Additional Information:**

- A request is not required if your child is enrolled in the School Year 2024-2025 KG/SAC Before/After School Program at Osage CDC/SAC. These weeks are included as "Non-School" days in your childcare contract/fees.
- KG/SAC Care Options are set following the Fort Leavenworth USD 207 district calendar.
- Make a request for EACH child for EACH week requested (KG-5th grade).
- Parent Central will make offers no later than 30 days prior to the start of a camp week when vacancies exist. (Vacancies are determined by advanced patron notification of absence.)

**PLAN AHEAD!**

2025 Summer Camp Weeks will be available to request in early January 2025.

## Youth Sports & Fitness Winter Basketball Camp

Youth will learn valuable skills such as sportsmanship, rules, and basic basketball fundamentals all while having a ball!

<b>Registration</b> Oct 15 - Dec 2	<b>Camp Schedule</b>
<b>Camp</b> Dec 2 - 5 Harold Youth Center 45 Biddle Blvd	<b>Ages 5 - 8</b> 4:00pm - 5:00pm <b>Ages 9 - 10</b> 5:00pm - 6:00pm <b>Ages 11 - 14</b> 6:00pm - 7:00pm

**cost \$40**

Each Youth participant will receive a camp t-shirt. Must be centrally registered with Parent Central. Enrollment can be done at any CYS location.

Call for more info  
913-684-7525/ 7526

## HARROLD YOUTH CENTER Middle School/Teens

Join us on the HYC float To honor our Veterans  
**November 11, 2024**  
**0830-1300 (Meet at HYC)**  
*School age siblings welcome!*  
**Must be registered with CYS**  
**Please sign up and fill out a permission slip**  
**(913)684-5118**  
**45 Biddle Blvd**

**VETERANS DAY PARADE**

## YOUTH SPORTS & FITNESS Winter Sports

**REGISTRATION**  
October 15 - November 19

<b>Winter Youth Basketball</b> January 8 - March 1 <b>\$50</b>	<b>Winter Youth Wrestling</b> January 9 - February 27 5 - 12 yrs old <b>\$50</b>
--	---

**Kinder** (5 - 6 yrs old)  
**1st & 2nd grade** (7 - 8 yrs old)  
**3rd & 4th grade** (9 - 10 yrs old)  
**5th & 6th grade** (11 - 12 yrs old)

Start Smart Basketball ages 3 - 4 yrs old  
January 13 - February 24 (Monday Sessions)  
January 15 - February 12 (Wednesday Sessions)  
**\$30**

**VOLUNTEER HEAD COACHES NEEDED!**  
All Youth must have an updated sports physical before the first practice. Enrollment can be done at any CYS location if centrally registered. Webtrac enrollments can only be done with a current Youth Sports Physical.  
For more info call 913-684-7525/ 7526

## INSTALLATION FALL CLEAN-UP

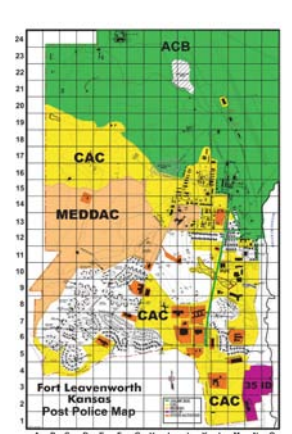
Community partners, civilians, and family members residing on Fort Leavenworth are requested to participate in an installation-wide clean-up to free the post of debris, waste, and environmental hazards. The CAC Subordinate Organizations, Garrison and Tenants are required to support.

**OCT. 28 - NOV. 15**

SINGLE SOLDIER QUARTERS AND ALL INSTALLATION OFFICES: **OCT. 28 - NOV. 1**  
HOUSING AREAS: **NOV. 4-8**  
UNIT AORS (MAP): **NOV. 12-15**

**FEEL FREE TO JOIN!**

Contact us for more information:  
matthew.l.gill.civ@army.mil  
913-684-0051



## Ft. Leavenworth International Loan Closet

Located in the alley off McClellan & Kearny  
Hours Vary, Check FB Page

**Donations & Volunteers Welcome**

**RELIGIOUS HOLIDAY SCHEDULE – POST CHAPELS**

(As of 10 OCT 24)

DATE	SPECIAL SERVICES	TIME
26 NOV	Protestant Community Thanksgiving Worship Service and Pie Fellowship (Pioneer Chapel)	1700
06 DEC	Tree Lighting Ceremony (Zais Park--Memorial Chapel will be open) (Garrison Event)	1600
07 DEC	German Christmas Service (Memorial Chapel)	1800
04 JAN	Chapel Decorations Restoration Event	0900

**JEWISH SERVICES**

Hanukkah (25 DEC 24 – 02 JAN 25) \*\*\*Please call the RSO for details

**CATHOLIC- PIONEER CHAPEL**

23 NOV	Greening of Chapels	0900
01 DEC	First Sunday of Advent Mass	0930
08 DEC	Second Sunday of Advent Mass	0930
15 DEC	Third Sunday of Advent Mass	0930
22 DEC	Fourth Sunday of Advent Mass	0930
24 DEC	Christmas Eve Mass (Frontier Chapel)	1600
29 DEC	The Holy Family- Mass (Frontier Chapel)	0930
01 JAN	Solemnity of Mary Holy Day of Obligation (Pioneer Chapel)	1200
05 JAN	Epiphany (Frontier Chapel)	0930

**PROTESTANT (LITURGICAL) – MEMORIAL CHAPEL**

23 NOV	Cleaning & Greening of Chapel	0900
01 DEC	First Sunday of Advent	0930
08 DEC	Second Sunday of Advent	0930
15 DEC	Third Sunday of Advent	0930
22 DEC	Fourth Sunday of Advent	0930

**FORT LEAVENWORTH GOSPEL SERVICE - PIONEER CHAPEL**

23 NOV	Greening of Chapels	0900
01 DEC	First Sunday of Advent	1000
08 DEC	Second Sunday of Advent	1000
14 DEC	Christmas Cantata (Frontier Chapel)	1400
15 DEC	Third Sunday of Advent	1000
22 DEC	Fourth Sunday of Advent	1000
29 DEC	First Sunday after Christmas	1000

**PROTESTANT (CONTEMPORARY 1100) – FRONTIER CHAPEL**

23 NOV	Greening of Chapels	0900
01 DEC	First Sunday of Advent	1100
08 DEC	Second Sunday of Advent	1100
15 DEC	Third Sunday of Advent	1100
22 DEC	Fourth Sunday of Advent	1100
24 DEC	Christmas Eve Candlelight Service (Pioneer Chapel -Contemporary Service)	1700
29 DEC	First Sunday after Christmas	1100

**PROTESTANT (TRADITIONAL 0830) – PIONEER CHAPEL**

23 NOV	Greening of the Chapels	0900
01 DEC	First Sunday of Advent	0830
08 DEC	Second Sunday of Advent (Christmas Cantata)	0830
15 DEC	Third Sunday of Advent	0830
22 DEC	Fourth Sunday of Advent	0830
24 DEC	Christmas Eve Candlelight Service (Pioneer Chapel - Traditional Service)	1900
29 DEC	First Sunday after Christmas	0830

For more information, call the Garrison Chaplain's Office at (913) 684-2210

**Catholic Women of the Chapel**

CWOC meets Thursdays at 9:00am in the Pioneer Chapel Activity Room

**NEW**

**CWOC Evening Meeting**  
Thursdays, 6:00-8:00pm at Pioneer Chapel, Room 142

LEARN MORE >>

Find our complete calendar on Facebook 'CWOC Fort Leavenworth'

**CIDER SERVICE**

NOVEMBER 7TH

**NOV 2024**

St. Ignatius of Loyola Catholic Community Fort Leavenworth



Pastoral Advisory Council Meeting  
The Parish Advisory Council meetings are open to all congregation members that would like to provide input regarding upcoming events and future volunteer needs for the community.  
Nov. 5, 1730 in the Pioneer Chapel.

CONFESSIONS  
Pioneer Chapel  
Tuesday - Friday 1330-1200  
Frontier Chapel  
Sunday 0830-0915

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 0830-0930 EE 0830-0930 Confessions 0930 Mass (P)	01 0730-0830 EE 0730-0830 Confessions 0830 Mass (P)	02 0830 Mass (P) 0730-0830 FNC Meeting (P)	03 0830 Mass (P)	04 0830-1200 CWOC (P) 0830 Mass (P)	05 0830-1200 CWOC (P) 0830 Mass (P)	06 0830-1200 CWOC (P) 0830 Mass (P)
07 0830-0930 EE 0830-0930 Confessions 0930 Mass (P)	08 0730-0830 EE 0730-0830 Confessions 0830 Mass (P)	09 0830 Mass (P) 0730-0830 FNC Meeting (P)	10 0830 Mass (P)	11 0830-1200 CWOC (P) 0830 Mass (P)	12 0830-1200 CWOC (P) 0830 Mass (P)	13 0830-1200 CWOC (P) 0830 Mass (P)
14 0830-0930 EE 0830-0930 Confessions 0930 Mass (P)	15 0730-0830 EE 0730-0830 Confessions 0830 Mass (P)	16 0830 Mass (P) 0730-0830 FNC Meeting (P)	17 0830 Mass (P)	18 0830-1200 CWOC (P) 0830 Mass (P)	19 0830-1200 CWOC (P) 0830 Mass (P)	20 0830-1200 CWOC (P) 0830 Mass (P)
21 0830-0930 EE 0830-0930 Confessions 0930 Mass (P)	22 0730-0830 EE 0730-0830 Confessions 0830 Mass (P)	23 0830 Mass (P) 0730-0830 FNC Meeting (P)	24 0830 Mass (P)	25 0830-1200 CWOC (P) 0830 Mass (P)	26 0830-1200 CWOC (P) 0830 Mass (P)	27 0830-1200 CWOC (P) 0830 Mass (P)
28 0830-0930 EE 0830-0930 Confessions 0930 Mass (P)	29 0730-0830 EE 0730-0830 Confessions 0830 Mass (P)	30 0830 Mass (P) 0730-0830 FNC Meeting (P)	01 0830 Mass (P)	02 0830-1200 CWOC (P) 0830 Mass (P)	03 0830-1200 CWOC (P) 0830 Mass (P)	04 0830-1200 CWOC (P) 0830 Mass (P)

"Saint Ignatius Catholic Community, Fort Leavenworth"

**Fort Leavenworth Operation Christmas Child**

The Chapel Community will hold their annual Operation Christmas Child event with the Samaritan's Purse Organization on Sunday, 17 November 2024.

To support, please bring donated items to the chapel services on Sunday, 17 November 2024, at Pioneer and Frontier Chapels.

**WHEN:** 19 November 2024

**WHERE:** Pioneer and Frontier Chapels, Fort Leavenworth, Kansas

**Last Year:** The 2023 Fort Leavenworth Operation Christmas Child supported Samaritan's Purse. The Operation allowed Fort Leavenworth Families and Service members to build a shoe box of supplies for children around the world. The Chapel Community brought in 222 shoe boxes containing hygiene, school supplies, cards, toys, and socks. We valued each shoe box with a price between \$20-40 per box.

More information: Mr. Carl Tillery (DRE): [carl.l.tillery.civ@army.mil](mailto:carl.l.tillery.civ@army.mil) or call 913-684-2210

UNCLASSIFIED

**ARMY MWR Cares**

Stay Resilient through every Season with Family and MWR

PRESENTED BY Directorate of Prevention, Resilience and Readiness

[armymwr.com/mwrcares](https://armymwr.com/mwrcares)

Join us monthly

# DATE NIGHT

6-10 PM @ Frontier Chapel

Meals & Childcare provided

Sponsored by Fort Leavenworth Chapel Community

Supported by

**Invest in your marriage this year!**

05 SEP, 03 OCT, 07 NOV, 05 DEC, 09 JAN, 06 FEB, 06 MAR, 03 APR, 01 MAY

Each Date Night begins with a faith-based marriage enrichment presentation. Then couples are released to go out on a date and further discuss the topic together. Children will remain safely supervised by childcare professionals at Frontier Chapel (6-10 pm or pick up kids earlier!)

For more information and to register scan the QR code or call 913-680-7336

**TRAILS WEST GOLF COURSE**

Come Experience TRAILS WEST GOLF COURSE

- Pristine Course
- Pro Lessons
- Tournament Packages
- Simulator
- And much more!

Visit the Fairway Grille and the Pro Shop! Conveniently located in the Clubhouse.

306 Cody Rd Ft. Leavenworth 913-651-7176

Integrity. Dedicated Service. Financial Solutions. Anytime, Anywhere.

[frontierccu.org](https://frontierccu.org) (913) 651-6575

**Frontier Community Credit Union**

Federally Insured by NCUA

IKE SKELTON COMBINED ARMS RESEARCH LIBRARY

# November 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5 Family Storytime 0930 a.m.	6	7	8	9
10 Special library hours	11 Veteran's Day for X100 students	12 Family Storytime 0930 a.m.	13	14	15	16
17	18	19 Presented by ACS Sensory Storytime 0930 a.m.	20	21	22	23
24	25	26 Family Storytime 0930 a.m.	27	28	29	30 <b>Thanksgiving Holiday</b>

Legend:   
Library Closed  
Special Hours

MWR EFMP presents: **SENSORY STORY TIME**

Every 3rd Tuesday of the month  
 9:30 am - 10:30 am  
 @ The CARL Library

FREE and open to all DoD ID holders! All ages are encouraged to join!  
 POC 913-684-2871/ 2838

## STORYTIME @ THE LIBRARY

Join us!

- Held in the Children's Room
- Every Tuesday @9:30a.m.
- Family Storytime (Open to all ages)
- Storytime with stay & play after

CARL LIBRARY

# The CARL Newsletter

<https://carlrgsc.libguides.com/Home>

### LIBRARY CLOSURES

28 - 30 November - In observance of the Thanksgiving holiday

### RESOURCES

Public computers: Login procedures for the 1st floor computers will change on 4 November 2024. Please go to the Circulation Desk to get a computer login.

Interlibrary loans: Request materials from other libraries. Fill out an ILL form [here](#).

Book displays: Highlighting various subjects throughout the year.

### X-100 Library Hours

10 - 11 November - The library will be open 0900-1630 for CGSS students.

Study rooms are available to reserve on our website or through this [form](#).

Whiteboards are available to checkout at the Circulation Desk.

### ACADEMIC NEWS

Need research or archives assistance? Use our ["Ask a Librarian" form](#) or speak to a first-floor Reference Librarian.

## X-100 Special Library Hours

CGSS STUDENTS  
 10-11 NOVEMBER  
 0900-1630

DRY ERASE BOARDS AVAILABLE FOR CHECKOUT  
 STUDY ROOMS-RESERVE TODAY!

### COMMUNITY NEWS

Storytime: Tuesdays at 0930 a.m. in the Children's Library.

All are welcome!

ACS Sensory Storytime in the Children's Library every 3rd Tuesday of the month at 0930 a.m.

913 - 758 - 3001

Follow us on Facebook for updates

Mon-Thurs: 0700 - 1900  
 Fri: 0700 - 1630  
 Sat: 0900 - 1630  
 Sun: Closed  
 Closed All Federal Holidays

FLSC December Social

# Wreath & Tree

## AUCTION

December 11th, 2024 | 5:30 - 9:00pm  
 Frontier Conference Center

December 11

RSVP Coming Soon

REMEMBER! FJHC Resident Handbook 7.23 SOURCE HOUSEHOLD TABLES AND 3.8 REFUSE/RECYCLING

### BOUNCE HOUSES

... INSURE LIABILITY INSURANCE COVERAGE AND TAKE IT DOWN IMMEDIATELY FOLLOWING USE.

### TRASH CANS

... CAN BE PULLED OUT TUESDAY EVENING AND MUST BE PULLED IN BY WEDNESDAY EVENING.

LEAVENWORTH COUNTY ARTISTS ASSOCIATION PRESENTS

# Rollin' Down the River

HOLIDAY GALA

FRIDAY, DECEMBER 6<sup>TH</sup> | 5PM-8PM  
 HERITAGE CENTER, 117 DELAWARE ST.

ODYD needs Donations!

- \*Formal & Cocktail Dresses
- \*Mens Formal Wear
- \*Shoes, Jewelry, Handbags

ODYDfisc@gmail.com

## FRONTIER HERITAGE COMMUNITIES HALLOWEEN DECORATING CONTEST

**GRAND PRIZE**

**823 IOWA AVENUE**

**1ST RUNNER UP:** **64 HUNT LOOP**

**2ND RUNNER UP:** **152 HUNT ROAD**

CONGRATS! COME TO THE FHC OFFICE TO CLAIM YOUR PRIZE!

## CALL FOR VOLUNTEERS

The Frontier Army Museum is looking for a consistent, longterm volunteer to work in the collections.

Role: Assisting with inventory, minor artifact cleaning, mount making, and other collections related tasks.

Age Requirement: Must be 16 and older.

Interested? Please contact Megan Hunter  
 megan.m.hunter4.civ@army.mil



**STRONGHOLD DISTRIBUTION & HAPPY BOTTOMS**

By Appointment Only

[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6 Open Pantry & Happy Bottoms 11:00 - 1:00	7	8	9
10	11	12 Open Pantry & Happy Bottoms 11:00 - 1:00	13 CLOSED	14	15	16
17	18	19	20 Open Pantry & Happy Bottoms 11:00 - 1:00	21	22	23
24	25	26 Open Pantry & Happy Bottoms 11:00 - 1:00	27 CLOSED	28 Happy Thanksgiving	29	30

## Stronghold Christmas Depot

- ★ Register a family in need
- ★ Donors & Sponsors Needed
- ★ Volunteer to Help

[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

### Become a Sponsor

Businesses, organizations, and individuals can sponsor a child (1) or a family (multiple children) to shop Stronghold's Christmas Depot.

Too busy to shop? You can provide a financial gift that allows Stronghold to purchase toys and clothing for military children on behalf of you, the sponsor.

All donations are tax deductible as allowed by law.

[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

## FOOD DRIVE

### BENEFITING YOUR LOCAL MILITARY COMMUNITY

**Most Needed Items:**  
Canned Chicken, Canned Tuna, Canned Fruit, Macaroni and Cheese, Pasta Sauce, Pasta

Donations can be dropped off at **Armed Forces Bank** locations:  
2901 S 4th ST Leavenworth  
320 Kansas AV Fort Leavenworth

[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

### Make a donation

Donate new toys, books, art supplies, or clothing. These gifts will be carefully wrapped and gifted to military children.

If you are unsure of what to give, you can opt for a monetary donation that allows Stronghold to purchase gifts and items needed for military families.

All donations are tax deductible as allowed by law.

[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

### Register a Family

Families, in need of additional support, can register to participate in this year's Stronghold Christmas Depot.

Families will have the ability to shop for their child's gifts with dignity and care. Limited availability (kids 18 and under).

ALL information shared will be kept confidential.

[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

## VOLUNTEER SIGN-UP!

CALLING ALL VOLUNTEERS!

Volunteers are a vital piece of the Stronghold community. We value their enthusiasm, diverse perspectives, skills, and passion.

If you would like to join the team please attend:

**NOVEMBER 19, 2024**  
9:30 AM  
655 BIDDLE BLVD  
CONFERENCE CENTER  
[strongholdfoodpantry.org](http://strongholdfoodpantry.org)

At Stronghold, we have opportunities for everyone willing to get involved, including stocking shelves, sorting donations, distributing food, and so much more.

Together we are Stronghold.

[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

## Need to talk?

We're here to help.

[safehelpline.org](http://safehelpline.org)

### Stronghold: Happy Bottoms Program

Powered by: Rapid Response Charities

Free Monthly Diaper Distribution

Email: [contact@strongholdfoodpantry.org](mailto:contact@strongholdfoodpantry.org)

[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

## Hunger Buster Pack

POWERED BY: FTLV THRIFT STORE

Do you have a school aged child that could use a pack filled with breakfast, lunch, and snack goods to help them sustain a healthy active lifestyle over school break?

Bring your pack back for a REFILL or register online to pick up your pack.

[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

## 988 SUICIDE & CRISIS LIFELINE

THE MILITARY CRISIS LINE IS AVAILABLE 24/7. DIAL 988 AND PRESS 1.

Call. Text. Chat.  
[988lifeline.org/chat](http://988lifeline.org/chat)

U.S. ARMY

# FAMILY ADVOCACY PROGRAM



Mon- Fri 8:00 a.m.-4:00 p.m. with limited hours Thur 1-4:00 p.m. | 913-684-HELP (4357) / 2800

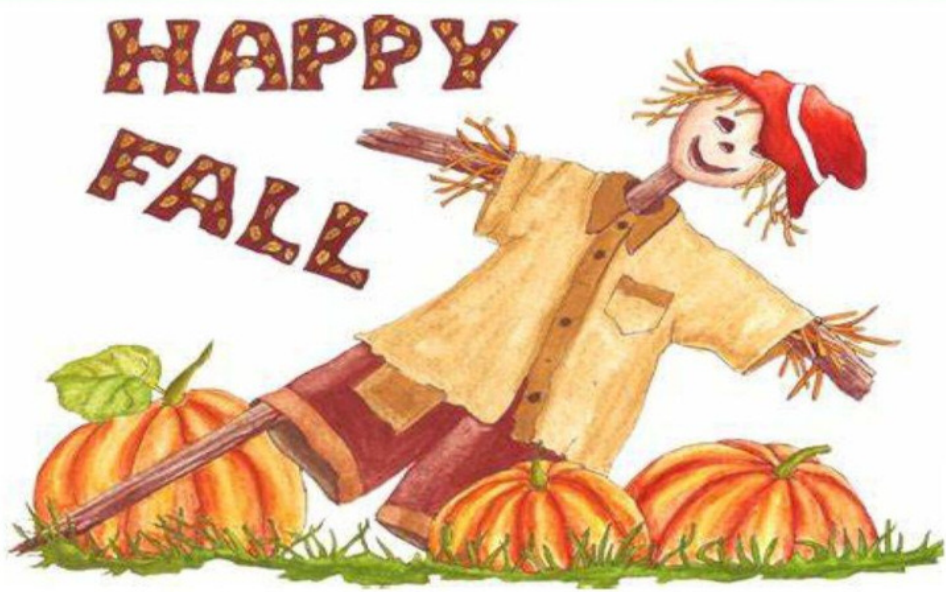
**NOVEMBER** Resiliency Center, 600 Thomas Ave, Building 198 \*\*\*ACS is closed for lunch from 1130-12:30pm daily\*\*\*

## NEW PARENT SUPPORT PROGRAM

\*Call 913-297-3212/9704 to register for NPSP classes & events

- Stroller Walk**  
Tuesdays, 10:00-11:00am
- Toddler Time**  
Wednesdays, 9:00am  
Resiliency Center Playroom
- Story Time**  
Wednesdays, 10:00am  
Resiliency Center, Room 157
- Play Morning**  
Thursdays, 9:00-10:00am & 10:00-11:00am  
Resiliency Center, Playroom
- Childbirth Classes**  
Series of 3 classes  
Nov. 4, 18, 25, 5:00-7:00pm  
Resiliency Center, Room 157

- Dad's Night Out**  
Nov. 13, 6:00-8:00pm  
Restaurant TBD
- Mom's Night Out**  
Nov. 20, 6:00-8:00pm  
Restaurant TBD



## FAMILY ADVOCACY PROGRAM

\*Registration Required for all FAP events

- Mom & Me Crocheting**  
Nov. 1, 1:00-3:00pm  
Resiliency Center, Room 145
- Scream Free Parenting**  
Nov. 6, 1:00-2:30pm  
Resiliency Center, Room 145
- Co-Parenting Workshop**  
Nov. 4, 12, 18, 25, 12:00-1:00pm  
Resiliency Center, Room 145  
virtual options available
- Anger Management Series**  
Nov. 7, 14, 21, 1:30-3:00pm  
Resiliency Center, Room 145

**5 Love Languages for Teens**  
Nov. 13, 1:00-2:30pm  
Resiliency Center, Room 145

**Stress Management**  
Nov. 14, 11:30am-1:00pm  
Resiliency Center, Room 145

**Navigating the Teen Years**  
Nov. 20, 1:00-2:30pm  
Resiliency Center, Room 145

**Positive Parenting Series**  
Nov. 22, Dec. 6, 13, & 20,  
1:30-3:00pm via Microsoft Teams



<https://leavenworth.armymwr.com/> <facebook.com/FortLeavenworthACS> <facebook.com/FortLeavenworthFMWR> <https://home.army.mil/leavenworth/>

- Family Advocacy Program -  
**Victim Advocacy Program**

1 in 3 women and 1 in 4 men have experienced some form of domestic violence by an intimate partner in their lifetime.

If you or someone you know is experiencing violence by an intimate partner, please reach out to the victim advocacy program at 913.683.2537

Safety Planning

Victim Advocacy Services

Education & Support Group

## If you experienced sexual trauma during your military service, VA can help.

### Free Services

The Department of Veterans Affairs (VA) offers free health care and other benefits for current and former Service members who experienced sexual assault, harassment or abuse during military service, also known as military sexual trauma (MST).

### For Current Service Members

Current Service members (including current National Guard and Reserve members) can access confidential MST-related counseling at VA's Vet Centers **without a referral** and care at VA medical facilities with a Department of Defense referral.

### No Report or Evidence of MST Needed to Receive Care

No report to authorities or other documentation of the MST experience is needed to receive health care services.

For more information, scan the QR code, download the Beyond MST mobile app, or visit/call:

**CLEARED** [www.mentalhealth.va.gov/mst](http://www.mentalhealth.va.gov/mst)  
For Open Publication [www.va.gov/find-locations](http://www.va.gov/find-locations)

Jul 25, 2024 **1-800-698-2411**

Department of Defense OFFICE OF PREPUBLICATION AND SECURITY REVIEW 24-P-0880

## DOMESTIC VIOLENCE EDUCATION AND SUPPORT GROUP

**When:**  
November 7th and 21st  
December 5th & 19th  
January 2nd, 16th & 30th  
February 13th & 27th  
1:00PM-2:30PM

**THIS GROUP IS:**  
- SAFE  
- RELATABLE  
- EDUCATIONAL  
- RELEVANT  
- CONFIDENTIAL

**Where:**  
Resiliency Center  
600 Thomas Ave  
Room 145

FOR QUESTIONS CALL 913-683-2537

### UNITED STATES ARMY COMBINED ARMS CENTER AND FORT LEAVENWORTH SEXUAL HARASSMENT AND SEXUAL ASSAULT RESPONSE WORKFORCE

**Ms. Amanda Bonselgneur**  
Lead SARC  
Amanda.bonselgneur.civ@army.mil  
Office: 913-684-2810  
Cell: 913-704-9620  
Bldg 197, 632 McClellan Ave

For Assistance contact  
**LTC Craig Arnold**  
Hiring Underway  
Supervisory SARC

**SFC Jerri Osborne**  
Team 1 SARC  
jerri.osborne.mil@army.mil  
Office: 913-684-1698  
Cell: 913-565-0741  
Bldg 77, Room 1209,  
290 Grant Ave

**LTC Craig Arnold**  
Interim Supervisory SARC  
Team 2 SARC  
craig.d.arnold.mil@army.mil  
Office: 913-684-2818  
Teams: 520-692-8849  
Cell: 913-704-9604  
Bldg 197, 632 McClellan Ave

**SFC Jacob Roach**  
Team 3 SARC  
jacob.w.roach.mil@army.mil  
Office: 913-684-0956  
Cell: 913-547-5075  
835 Sabalu Rd

For Assistance contact  
**LTC Craig Arnold**  
Hiring Underway  
Team 4 SARC

Vacant  
Hiring Underway  
Team 1 Victim Advocate

**Ms. Nicole Hernandez**  
Team 2 Victim Advocate  
Maureenicole.n.hernandez.civ@army.mil  
Office: 913-684-5230  
Cell: 913-544-9243  
Bldg 58, 614 Custer Rd

**Mr. Josh Belle**  
Team 3 Victim Advocate  
joshua.p.belle.civ@army.mil  
Office: 913-684-0956  
Cell: 913-680-5699  
835 Sabalu Rd

For Assistance contact the  
**SHARP Hotline**  
Hiring Underway  
Team 4 Victim Advocate

We Have Realigned Under a New Installation Model!

<b>Team 1</b>	AAFES, ACS, AFC, ARI, CDID, Cemetery, CID, CPAC, DoCA, DES, DLA/DMPA, FMWR, LRC, MCC&E, MICC, Museum, NEC, PAO, RCI Housing, TDS/SJA, TRAC, USAFMSA, USAG HQ, USASMDC, USD 207, and US STAG CMD.
<b>Team 2</b>	CAC HQ, CAC-T HQ, MCTR, NSC, STB, TMD, 505th CCW and 500th/67th MP
<b>Team 3</b>	ACB, MWJRCF, USDB
<b>Team 4</b>	Army U, CGSC, Dental, DLI, MAHC staff, Patients, SAMS, SOF, TRADOC, Veterinarian, and Other Service Staff tenant personnel

**Fort Leavenworth 24/7 SHARP Hotline**  
913-683-1443  
**DoD Safe Help Line**  
877-955-5247

Find us on Facebook

WeCare App

Google Play

#NotInOurArmy As of 13 August 2024

## FORT LEAVENWORTH YES THE PHONE IS BACK

913-683-1443

FORT LEAVENWORTH  
24/7 SHARP CONTACT

## 105th Leavenworth County Veterans Day Parade

Monday, November 11, 2024  
Downtown Leavenworth, KS  
Lineup starts at 9 am  
Parade begins at 10:30 am

"Serving Our Nation - Yesterday, Today, Tomorrow"

REGIONAL SITE designation by US. Dept of Veterans Affairs  
(Kansas, Missouri, Iowa, Nebraska, Colorado, Oklahoma)

# ARMY COMMUNITY SERVICE



Mon- Fri 8:00 a.m.-4:00 p.m. with limited hours Thur 1-4:00 p.m. | 913-684-HELP (4357) / 2800

**NOVEMBER**

Resiliency Center, 600 Thomas Ave, Building 198 \*\*\*ACS is closed for lunch from 1130-12:30pm daily\*\*\*

**SURVIVOR OUTREACH SERVICES** provides long-term support to surviving Families of fallen Soldiers. Our goal is to reassure survivors that they remain valued members of the Army Family. Find us on FB <https://www.facebook.com/FortLeavenworthSurvivorOutreachServices>



**EMPLOYMENT READINESS PROGRAM** offers job search assistance, job referrals, resume review and employment resources. Call to schedule one-on-one or register for classes. Follow us on FB @Fort Leavenworth ERP to find job announcements.

**Career & Education Fair**  
Nov. 5, 10:00am-2:00pm  
Frontier Conference Center

**Federal Employment**  
Nov. 6, 9:00-11:00am  
Resiliency Center, Room 157

**ARMY VOLUNTEER CORPS (AVC)** To register for a volunteer account or find volunteer opportunities visit: <https://vmis.armyfamilywebportal.com/>

**RELOCATION READINESS PROGRAM**

**In-Processing Brief**  
Tuesdays, 9:00-10:00am  
Resiliency Center, Room 157

**OCONUS Levy Brief**  
Tuesdays, 10:00-11:00am  
Resiliency Center, Room 157

**Multi-Cultural Families Friday Fun Day- Thanksgiving Potluck**  
Nov. 8, 9:30-11:00am  
Resiliency Center, Room 106  
\*Registration Required

**Hearts Apart Bowling for Families of Deployed Service Members**  
Nov. 2, 12:00-2:00pm  
Strike Zone Bowling Center  
\*Registration Required

**Lending Closet**  
Are you In/Out-Processing and need essentials? ACS has short-term basic items to help you get by.

- kitchenware
- cookware
- small appliances



**ARMY EMERGENCY RELIEF (AER)** provides emergency assistance to active duty service members, their families, and retired service members.

For emergency financial assistance during normal duty hours, call the ACS main line, and after hours, weekend or holiday, call the American Red Cross Call Center at 1-877-272-7337.

Command/Troop Training is also available upon request.



**FINANCIAL READINESS PROGRAM** offers appointments & classes by request on TSP, BRS/Continuation Pay, financial counseling and budgeting for major life events (retirement, marriage, divorce, new child, illness & more).

**CALL ACS TO REGISTER FOR CLASSES TODAY! ALL EVENTS LISTED ARE FREE!**

<https://leavenworth.armymwr.com/>

[facebook.com/FortLeavenworthACS](https://facebook.com/FortLeavenworthACS)

[facebook.com/FortLeavenworthFMWR](https://facebook.com/FortLeavenworthFMWR)

<https://home.army.mil/leavenworth/>

**Employment Readiness Program Classes**

ACS Classroom • Resiliency Center, 600 Thomas Ave.  
Wednesdays • 12PM - 2PM\*



**Resume Writing:**  
Mar 20\* • June 19\* • July 17\*  
Aug 14\* • Sept 25\*  
**Evening Classes:**  
May 22 • Aug 14 - 5PM - 7PM  
Registration required for evening classes



**Federal Employment:**  
Jan 17\* • Mar 6\* • April 10\*  
May 8\* • June 5\* • July 10\*  
Aug 7\* • Sept 11\* • Oct 9\* • Nov 6\*  
**Evening Classes:**  
May 15 • Aug 7 - 5PM - 7PM  
Registration required for evening classes

Scan QR Code for more info!

**Interview Skills & Professionalism:**  
Feb 21\* • May 22\*  
July 24\* • Aug 21\*

\*Classes are from 12PM - 2PM\*  
Registration is required for evening classes only.  
Open to DoD ID card holders.

For more info call:  
(913) 684-2800



**Every 2nd Tuesday from 9am - 10am @ The EFMP Playground**  
(through the month of October 2024)

Come out and get to know other EFMP Families while the kids play! Every month there will be a NEW and EXCITING activity for the kids! Open to EFMP Families only.

Registration is required the Friday before the event.  
Call 913-684-2871 or 913-684-2800 for more info

**Activities\***  
May- Chalk Art  
June- Art Esels  
July- Popsicles  
August- Bubbles  
September- Juice Boxes  
October- Pumpkin Decorating  
\*Subject to change

**EFMP** Exceptional Family Member Program

**ACS Employment Readiness Program Menu of Services**

One-on-one appointments and workshops to assist with:

- Career exploration and planning
- Skills and personality assessments
- Education and skills attainment
- Civilian and Federal resume assistance
- Employer referral and job search assistance
- Interview skills and professionalism

For more information, contact the ACS Employment Readiness Program Specialist  
913-684-2835/2800

**EFMP/ Waiting Families RECREATIONAL BOWLING**

Every first Saturday of the month  
12:00pm - 2:00pm  
Strike Zone Bowling Center  
165 Fourth St



Meet other EFMP families! EFMP Recreational Bowling is a fun way to socialize, and sharpen fine motor skills.

All ages welcome!  
**FREE** for the entire family including shoes!  
Bumpers, bowling ramps, and lightweight bowling balls are available.

Pre-registration is required the Wednesday before the event.  
Fort Leavenworth Waiting Families, call ACS to reserve your spot!  
Call 913-684-2800 for more info or to register



**Need to talk to someone who "gets it"? Come join your fellow EFMP Spouses for "Refreshing Conversations"**

Let's talk about the topics that impact our EFMP community!

Every first Thursday of the month in the ACS classroom @ The Resiliency Center 10:00 am - 11:00 am

**Aug 1**  
**Sep 5**  
**Oct 3**  
**Nov 7**  
**Dec 5**

TEAMS calls will be available starting August 1 from 1:00pm - 2:00pm

Enjoy light refreshments, a delicious drink of the month, and great conversation!

Please register by calling 913-684-2800 or 913-684-2871

**EFMP** Exceptional Family Member Program

**ACS AND FAP PRESENTS: POSITIVE PARENTING VIA MICROSOFT TEAMS • 1:30PM - 3PM**

ROUND 1: OCTOBER 18, OCT 25, NOV 1, AND NOV 8  
ROUND 2: NOV 22, DEC 6, DEC 13, AND DEC 20  
ROUND 3: JAN 10, JAN 17, JAN 24, JAN 31  
ROUND 4: FEB 7, FEB 14, FEB 21, FEB 28  
ROUND 5: MAR 7, MAR 14, MAR 21, MAR 28

THIS FOUR-WEEK COURSE IS DESIGNED TO HELP PARENTS DEVELOP NON-PHYSICAL DISCIPLINE STRATEGIES, BUILD STRONG RELATIONSHIPS, AND MEET THE NEEDS OF CHILDREN OF ALL AGES.

FREE AND OPEN TO DOD ID CARD HOLDERS 18+  
REGISTRATION IS REQUIRED AND MUST BE DONE THE DAY BEFORE THE FIRST DAY OF TRAINING.  
PARTICIPANTS MUST ATTEND EACH DATE IN THE ROUND OF THEIR CHOICE.

INFO REGISTRATION: (913) 684-2800/2822

**ARMY COMMUNITY SERVICE ACS**  
Real-Life Solutions for Successful Army Living

Victim Advocate Hotline: (913) 684-2537  
Child Abuse Hotline: (913) 684-2111  
SHARP Hotline: (913) 683-1443  
Chaplain: (913) 683-1443  
AER Assistance After Hours:  
American Red Cross at (877) 272-7337

**VOLUNTEER BASICS**

JAN 10 • MARCH 15 • MAY 15 • JUNE 26 • AUG 28 • SEPT 4  
ACS CLASSROOM • 600 THOMAS AVE.  
TIME: 12PM - 1PM

DO YOU WANT TO MAKE A DIFFERENCE IN OUR COMMUNITY? IF SO, THEN BE SURE TO CHECK OUT VOLUNTEER BASICS. LEARN ABOUT VOLUNTEER OPPORTUNITIES ON FORT LEAVENWORTH AND IN THE COMMUNITY. PARTICIPANTS WILL LEARN THE BENEFITS OF VOLUNTEERING AND HOW TO PROPERLY LOG INTO THE VOLUNTEER MANAGEMENT INFORMATION SYSTEM (VIMS).

REGISTRATION IS NOT REQUIRED. JUST SHOW UP.

INFO: (913) 684-2825

## ACS New Parent Support Prenatal Classes



**Childbirth Classes:**  
Series of three classes  
January 8th, 22nd, 29th  
March 4th, 11th, 18th  
May 6th, 13th, 20th  
July 15th, 22nd, 29th  
September 16th, 23rd, 30th  
November 4th, 11th, 18th, 25th

**Newborn Care Classes:**  
February 12th  
April 15th  
June 10th  
August 12th  
October 21st  
December 9th

**Breastfeeding Classes:**  
February 5th  
April 8th  
June 3rd  
August 5th  
October 7th  
December 2nd

Free for Expectant Parents!

600 Thomas Ave  
Room 157  
All classes are from 5 pm - 7 pm

Deadline for Registration is the Friday before the class. Pre-registration is required.  
Contact 913-297-3212

## ACS New Parent Support Potty Training



Are you ready?

Time to lose the diapers?

FREE For Parents of Children aged 0-4 years  
\*Pre-registration Required\*  
Deadline is Friday before class  
Contact 913-297-3212

600 Thomas Ave  
Room 157  
2/26, 4/22, 6/17, 8/19,  
10/28, 12/16  
5 pm - 7 pm

## Stroller Walk & Talk



Meeting at  
The Resiliency Center  
600 Thomas Ave  
Every Tuesday Morning  
March - May  
Oct - Nov  
10am - 11am  
June - Sept  
9am - 10am

This is a FREE opportunity to meet other parents of small children, get healthy and socialize all while enjoying the walking paths of Ft. Leavenworth!

Offered to expecting parents and to parents of children through 3 years of age. Must bring your own stroller. Register the day before!

POC 913-297-3212

## MOM'S NIGHT OUT

This NEW event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.

Jan 31 • Feb 28 • March 27 • April 24  
May 29 • June 26 • July 31 • Aug 28  
Sept 25 • Oct 30 • Nov 20 • Dec 11

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old.

Info: (913) 297-3212 or (913) 684-2800

## DAD'S NIGHT OUT

Dad's Night Out is offered by ACS New Parent Support Program for Dads of children 0-3 years of age to get out of the house without the kids and meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.

Jan 24 • Feb 21 • March 20 • April 17  
May 22 • June 12 • July 24 • Aug 21  
Sept 18 • Oct 23 • Nov 13 • Dec 4

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Dads with children 0-3 years old.

For more info: (913) 297-3212 or (913) 684-2800

## SCREAM FREE Parenting

ACS Conference Room 145  
600 Thomas Ave  
From 1:00 - 2:30pm  
June 5, July 10, Aug 7,  
Sept 4, Oct 2, Nov 6  
Dec 4

Feeling frustrated? Overwhelmed? Let us help you focus on staying both calm and connected with your loved ones. We'll work together to find the tools to revolutionize your relationships with your children.

This class is recommended for parents with children aged 5+.

FREE  
Open to all DOD ID holders 18+  
leavenworth.armymwr.com

Call to register (deadline is day before training)  
913-684-2811 / 2808

## MOM & ME CROCHETING

Oct 4, Nov 1, Dec 6  
1pm - 3pm  
Room 145  
600 Thomas Ave

Come on out and learn a new skill, or perfect an existing one! An instructor will be available to teach the basics.

"Stitch" together and bond with your kids!  
Supplies and snacks will be provided!  
Have a favorite yarn?  
You're welcome to bring it!

Please RSVP one day prior to class  
Call 913-684-2808/2800

FREE!  
Ages 8+

## Toddler Time Playgroup

ACS Family Advocacy New Parents Support Program Presents

- Free toddler play group.
- Open to ages 2-3 years old with adult.
- Offers an introduction to preschool routines, explores educational concepts, and builds social skills through hands on experiences and activities.

**Wednesdays @ 9:00am**

Located at the Army Community Service Resiliency Center  
600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text  
913-297-3212 or 913-297-9704

## Play Morning

Thursdays from 9-11:00 a.m.  
Ages 3 months - 3 years with Guardian • Resiliency Center

Free play group for ages 3 months - 3 years and their parents/guardians.

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.

Army Community Service | Resiliency Center | 600 Thomas Ave. | Fort Leavenworth, Kansas  
Registration required, cut off is day before event (913) 297-3212 or (913) 684-2800  
www.facebook.com/sacs.fortleavenworth

## ACS Family Advocacy New Parents Support Program Presents Storytime!

Free  
Open to ages 3 months - 3 years old with adult.

Join us for storytime to use our imagination and develop a love of books

Storytime fosters early literacy skills, language development, and social growth.

Every Wednesday @ 10:00 am

Located at the Army Community Service Resiliency Center  
600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text  
913-297-3212 or 913-297-9704

## 5 Love Languages of Teenagers

Do you ever feel like you and your teen are speaking another language?

The "5 Love Languages of Teenagers" class is geared toward caregivers that want to communicate with their teens in a way that everyone feels heard, understood, and most importantly loved.

ACS Classroom 145  
Feb 14, May 8, Aug 14, Nov 13  
1-2:30pm  
FREE

Open to all DOD civilians, active duty, and retired military that are caregivers raising teens  
Call to register (deadline is day before class)  
913-684-2822 / 2808

## Financial Readiness Milestone Training

Are you financially prepared for what life throws your way? Let us help! We offer free Financial Readiness Training on a variety of subjects.

Some of the topics we will discuss:  
Pre-Deployment  
Post-Deployment  
PCS  
Marriage  
Divorce  
Vesting in TSP  
Promotion  
First Child  
Continuation Pay  
Disabling sickness/injury/condition

Held monthly every 2nd & 4th Thursday @ 0900am - 1100am.  
Bldg 198 Room 157

INFO: 913-684-2852 / 2800

## Anger Management Course

The Resiliency Center Room 145

Our 8 week Anger Management Course will teach you a new tool every week to stay cool and collected in even the most difficult of settings.

Each week will have real world scenarios, instant feedback, and an opportunity to apply each newly acquired skill in a group setting.

Feeling lost in the storm? We can help.

Round 1: 1:30pm - 3:00pm  
October 3, 10, 17, 24  
November 7, 14, 21  
December 5

Round 2: 1:30pm - 3:00pm  
January 9, 16, 23, 30  
February 6, 13, 20, 27

FREE and open to all DOD ID card holders 18+  
Deadline to register is the day before the first day of training. Participants must attend each day in the round.  
Virtual Attendance is available through TEAMS.  
Call 913-684-2808 / 2822 for more info

## ACS FAP Presents: 5 Love Languages for Couples

January 10 • July 10 • October 9 // 1:00PM-2:30PM  
ACS Classroom 145

The 5 love languages couples focuses on the strengthening the connections while learning the core patterns when speaking or giving love to others, and how love is received. Learn how to stay connected, translate love languages and improve relationships.

Deadline to register is day before each class.  
FREE and open to DoD ID card holders 18+.  
For more info: (913) 684-2811/2808

Scan the QR Code for more info about FAP.



**LET'S PLAY!**

**NEW FOR 2024!**  
**ADULT SPORTS**  
**Doubles Pickleball League**

**Player's Meeting**  
 Wednesday Oct 23  
 5:30pm @ Gruber Fitness Center  
 Letters of Intent due COB Wednesday Oct 30

**Harney Sports Complex**  
**New to Pickleball?**  
 That's okay! This fast growing sport is described as a hybrid of tennis, badminton, and ping pong. It's played on a badminton sized court with a net, hard paddles and perforated plastic balls. There may be less running than tennis, but don't let that fool you! Players can burn serious calories during just 30 minutes of play!

**Games**  
 Mondays & Wednesday 5:30pm - 8:30pm  
 Harney Sports Complex

**Open to Active Duty, DOD Civilians, Retirees, Dependents, and Contractors working on Fort Leavenworth that are 18+**

Call 913-684-3224/5136 for more information

**League play starts Wednesday Nov 6 - TBD**  
 League awards are given for regular season champions, tournament runner-ups, and tournament champions.

**2024**

**TURKEY TROT SK**

**16 NOVEMBER 2024 - 0800**  
**HARNEY SPORTS COMPLEX**

**INDIVIDUAL \$30 - FAMILY OF 3 \$60**  
**REGISTER BY NOV 1st TO GUARANTEE A T-SHIRT**

**REGISTER AT THE RESILIENCY CENTER**  
**\*600 THOMAS AVE, BLDG 190 - ROOM 221\***  
**OR AT HARNEY OR GRUBER GYMS**

**SAME DAY REGISTRATION BEGINS AT 0800 AT HARNEY SPORTS COMPLEX**

**1<sup>ST</sup> PLACE IN EACH AGE DIVISION WINS A TURKEY**

**MEDALS: 1<sup>ST</sup>-3<sup>RD</sup> in each age division (male & female)**  
**Age: 8-12, 13-19, 20-29, 30-39, 40-49, 50-59, 60+**

**FUN SHOOT**

**Brunner Range**  
**1st Saturday of the Month**

**Jan 6 - Dec 7 2024**  
 Feb 3, Mar 2, Apr 6, May 4, Jun 1, Jul 6, Aug 3, Sep 7, Oct 5, Nov 2

Registration is required and can be done the day of the event from 9AM-10:30AM.

Space is limited so register early.

Rental guns and shells are available or bring your own.

Prizes and awards distributed at the end of each shoot.

**Info: (913) 651-8132**  
**701 Sheridan Drive**

**Discover Fort Leavenworth's Fitness Facilities**

Harney Sports Complex and Aquatics Center  
 185 Fourth St.  
 913-684-2190  
 M-F 0500-1800  
 Sat-Sun 0800-1700

Gruber Fitness Center  
 200 Reynolds Ave  
 913-684-5120  
 M-F 0500-1800  
 Sat-Sun 0800-1700

**YOU'RE JUST A CLICK AWAY FROM A HEALTHIER YOU!**

**Adult Sports & Fitness**

Scan Here for current information about adult intramural sports, pool hours, eligibility, how to register for 24/7 access, and special programs!

**Group Fitness**

Scan Here for current fitness classes, schedules, fees, and eligibility. FREE for Active Duty!

**WE OFFER 24/7 Gym Access (After registration)**

**LET'S GO!**

**DECIDE TO COMMIT TO SUCCESS**

**WEIGHTLIFTING**

**First Class is Free!**

Learn proper Olympic Lifting technique and how to safely resistance train. Programming is designed to increase Muscle Mass, Strength, and Power. Resistance training has been shown to increase bone density, metabolic rate, cognition, reduce fat accumulation, lower risk of heart disease, and so much more. Start enjoying the benefits!

**CLASSES MEET MON, WED, FRI 9:00-10:15 AT HARNEY GYM**  
**\$10 DROP IN RATE OR \$75 MONTH**

FOR MORE INFO, (913) 684-2190

**913 WEIGHTLIFTING**

**FUNCTIONAL FITNESS CLASSES**

**CLASSES**  
 Monday - Friday  
 9:00-10:15am  
 Harney Gym  
 185 Fourth Street  
 Fort Leavenworth, KS

**ABOUT**  
 Classes are designed to increase strength, power, speed, agility, and aerobic capacity by Olympic lifting, weight lifting, gymnastics, and plyometrics. This class is ideal for beginners and elite. Get healthier, get stronger, live longer. Enjoy professional programming in a supportive, encouraging environment.

**PRICING**  
 Monthly rates  
 3x week \$75  
 5x week \$85  
 Drop in \$10

**CONTACT**  
 For more info:  
 949-291-0386

**A WOMEN'S ONLY FREE JIU-JITSU SEMINAR**

WITH **COACH DON CASTRO**

**REGISTRATION IS LIMITED SIGN UP EARLY**  
 POC: 254-346-7156

**CLOTHING:**  
 Appropriate Gym Attire  
 Gi / No Gi Attire recommended

**NOVEMBER 2<sup>ND</sup> (Saturday)**  
**Beginner / Advanced Women**  
**FREE JIU-JITSU SEMINAR**  
**1130 - 1230**  
**GRUBER FITNESS CENTER**

Starting August 19th, 2024

**Fort Leavenworth Group Fitness Classes**

**GRUBER FITNESS CENTER - 200 Reynolds Ave. - 684-5120**  
 Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530			Spin (Karyn)			
0930		Zumba (Lydia)		Zumba (Lydia)		
1200						
1630	Hot Yoga (Kim)	Zumba (Lydia)	Power Cycling (Kim)	Zumba (Lydia)		
1730			Power Yoga (30min) (Kim)			

**HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190**  
 Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

\*Power Cut classes are held in the Bubble Gym

**Single Ticket For \$5.00**  
**10 Tickets For \$45.00**  
**20 Tickets For \$80.00**

**U.S. ARMY SPORTS • FITNESS • AQUATICS**

<https://leavenworth.armymwr.com>

**Independent Instructor Class Schedule**

**Gruber Fitness Center**

Monday	Tuesday	Wednesday	Thursday	Friday
	Brazilian Jiu-Jitsu Beginner 1830-1930	Brazilian Jiu-Jitsu Beginner 1830-1930	Brazilian Jiu-Jitsu Beginner 1830-1930	
	Advanced 1940-2040	Advanced 1940-2040	Advanced 1940-2040	

1 x a week - \$60 2 x a week - \$75 3 x a week - \$85 Drop in \$20  
 First class is FREE! Must have 24 hour access to gym. Classes are 18+ Register in person

**Harney Sports Complex**

Monday	Tuesday	Wednesday	Thursday	Friday
Olympic Lifting 0900-1015	Resistance Training 0900-1015	Olympic Lifting 0900-1015	Resistance Training 0900-1015	Olympic Lifting 0900-1015
Kids Olympic Lifting 1600-1700 Bubble Gym		Kids Olympic Lifting 1600-1700 Bubble Gym		

Olympic Lifting - \$75 (3 days) \$70 (2 days) \$10 (drop in)  
 Resistance Training - \$70 (2 days) \$10 (drop in)  
 Kids Olympic Lifting - \$75 (NO drop in)  
 First class is FREE! Olympic Lifting and Resistance Training is for 18+

**Harney Sports Complex & Aquatics Center**  
 185 Fourth St  
 Ft. Leavenworth, KS  
 913-684-2190

**Gruber Fitness Center**  
 200 Reynolds Ave  
 Ft. Leavenworth, KS  
 913-684-5120

KICK OFF THE HOLIDAYS WITH FORT LEAVENWORTH'S ANNUAL

# Free Lighting at Zais Park



**December 6th Begins at 4pm**

**Family Fun!**  
Carriage Rides, Choir performances, Refreshments, Special Holiday Treats, Santa, and much more!

LEAVENWORTH.ARMYMWR.COM

## Dental Assistant Training Program



American Red Cross Fort Leavenworth Dental Clinic Command

**INTERESTED IN THE DENTAL ASSISTANT TRAINING PROGRAM?**

The Dental Assistant Program is a combination of classroom and hands-on basic education and clinical skills. The program is designed to provide the skills necessary for volunteers to become employed at a Dental Treatment facility (DTF). Please note, employment is not guaranteed.

This is a valuable training opportunity where dental trainees **MUST** commit to a six (6) month period required for completion. First 2 weeks in lectures then rest of the 22 weeks in clinic hands-on experience.

Training day is from 0720-1600 Monday – Friday

- Must have valid DoD sponsored ID card
- Retiree or family member of active/guard/reserve retired with regular post access privileges.
- Must be 18 years old or older prior to start of program.
- High School Graduate or GED.
- Candidates must have or be willing to complete BLS training and vaccination requirements prior to start of program.
- There is no cost for those accepted.
- Candidates will be chosen based on application, essay, and individual interviews.

Applications accepted, and interviews conducted now through 15 Dec 24  
Training begins on 3 Feb 25  
Contact American Red Cross today for an application packet!

START HERE FOR A GREAT OPPORTUNITY

American Red Cross  
Jason.Ramlow@redcross.org  
Phone: (816) 536-0108

## Free Dental Assistant Training

- Brought to you by the American Red Cross & the Ft. Leavenworth Dental Clinic Command
- 2 weeks lectures and 22 weeks chairside on the job clinical training (1000 hours total). All done as a volunteer.
- Must be military ID holder, HS grad, and age 18+ to apply.
- Training will be at Smith Dental Clinic, 520 Pope Ave.
- Applications available now and interviews held now through 15 Dec 24. Training begins on Monday, Feb. 3rd, 2025.
- Call the Red Cross at 816-536-0108 or email: [Jason.Ramlow@redcross.org](mailto:Jason.Ramlow@redcross.org) for an application.


American Red Cross

## HUNGRY?

Fort Leavenworth MWR has AMAZING food options!

- Solarium Buffet
- 12th Brick Grille
- Strike Zone Snack Bar
- Java Cafe
- FCC BBQ

LEAVENWORTH.ARMYMWR.COM



## October - December Workshops

Watercolor	Acrylic
\$30 per workshop	Cost includes all supplies!
<b>Watercolor (Basic Techniques)</b> Wednesday, Oct 9 11am - 1pm Tuesday, Nov 5 6pm - 8pm	<b>Acrylic (Basic Techniques)</b> Tuesday, Oct 15 6pm - 8pm
<b>Watercolor (Color Theory)</b> Wednesday, Oct 16 11am - 1pm Tuesday, Nov 12 6pm - 8pm	<b>Acrylic (Intermediate)</b> *Must sign up for both Tuesday, Oct 22 6pm - 8pm Tuesday, Oct 29 6pm - 8pm
<b>Watercolor (Simple Landscapes)</b> Wednesday, Oct 23 11am - 1pm	
<b>Watercolor (Holiday Cards)</b> Tuesday, Nov 19 6pm - 8pm	
<b>Watercolor (Holiday Wreaths)</b> Tuesday, Dec 3 6pm - 8pm	scan for more info

Call now to register!  
913-684-3373

## Arts & Crafts Studio

310 McPherson Ave  
913-684-3373

**OPEN STUDIO**  
Hours 10am - 5pm T - F  
Ask about our Hourly Fees

**Multi-Craft Room**  
Come use our provided supplies to craft with the whole family!

**Painting Studio**  
Provided watercolor and acrylic supplies to create your own masterpiece.

**Framing Studio**  
Must take Intro to Framing before using DIY Framing Studio.

**Pottery Studio (Coming Soon!)**

## Modern Calligraphy

Basics	Intermediate
\$20 per class	\$20 per class
Wednesday Oct 30 11:30am - 1pm	Wednesday Nov 6 11:30am - 1pm
<b>Special Projects</b>	
<b>Holiday Cards</b> Wednesday Nov 13 11:30am - 1pm	
<b>Holiday Cards</b> Wednesday Dec 4 11:30am - 1pm	
<b>Reoccurring Classes</b> MUST PRE-REGISTER	
<b>Intro to Framing</b> \$40 per class Every 2nd Thursday & 4th Saturday of the month 10am - 2pm	
<b>Paint &amp; Sip</b> \$35 per session Every 2nd Friday of the month 6pm - 8pm Must be 21 years or older. BYOB	

Come see what's new at the Studio!

leavenworth.armymwr.com



## October - December Workshops

Acrylic	Crafts
\$35 per class	\$35 per class
<b>Acrylic Pour</b> Tuesday, Oct 29 11am - 1pm	<b>Sweater Pumpkins</b> Friday, Oct 25 11am - 1pm
	<b>Grateful Pie Garland</b> Friday, Nov 22 11am - 1pm
<b>Framing</b>	<b>Holiday Ornaments</b> Tuesday, Dec 10 11am - 1pm
\$40 per class	
<b>Intro to Framing</b> *Must pre-register*	
Thursdays Oct 10, Nov 14, Dec 12 10am - 2pm	
Saturdays Oct 26, Nov 23 10am - 2pm	

Call now to register!  
913-684-3373

## Arts & Crafts Studio

310 McPherson Ave  
913-684-3373

**Paint & Sip**  
\$35  
Must be 21 years or older. BYOB

**Day of the Dead Pumpkin**  
Friday October 11  
6pm - 8pm

**Festive Gnome**  
Friday November 8  
6pm - 8pm

**Red Scarf Raccoon**  
Friday December 13  
6pm - 8pm

Cost includes all supplies!

## Kids Arts & Crafts

Messy Art	Art History
\$12 per class (ages 7+)	\$15 per class (ages 7+)
Thursday, Oct 3 11am - 12pm	<b>Pumpkins &amp; Picasso</b> Wednesday, Oct 23 1pm - 3pm
Thursday, Oct 17 11am - 12pm	Thursday, Oct 24 4pm - 6pm
Thursday, Nov 14 11am - 12pm	<b>Macrons &amp; Matisse</b> Wednesday, Nov 20 1pm - 3pm
Thursday, Dec 5 11am - 12pm	Thursday, Nov 21 4pm - 6pm
<b>Color Me Happy (Parent &amp; Toddler)</b> \$10 per class	<b>Waffles &amp; Warhol</b> Wednesday, Dec 11 1pm - 3pm
Thursday, Oct 10, 24 10:30am - 11:30am	Thursday, Dec 12 4pm - 6pm
Thursday, Nov 7, 21, 10:30am - 11:30am	
Thursday, Dec 12 10:30am - 11:30am	

Come see what's new at the Studio!

leavenworth.armymwr.com





# WE ARE HIRING

JOIN OUR TEAM

## ELA 8th & 9th Grade Teacher for the 24-25 School Year

APPLY NOW AT [WWW.USD207.ORG](http://WWW.USD207.ORG)  
» JOB OPPORTUNITIES

CONTACT US  
[ALAWLESS@USD207.ORG](mailto:ALAWLESS@USD207.ORG)



## 2024-2025 School Calendar

July 2024							January 2025						
S	M	T	W	Th	F	S	S	M	T	W	Th	F	S
1	2	3	4	5	6		1	2	3	4	5	6	7
7	8	9	10	11	12	13	8	9	10	11	12	13	14
14	15	16	17	18	19	20	15	16	17	18	19	20	21
21	22	23	24	25	26	27	22	23	24	25	26	27	28
28	29	30	31				29	30	31				

August 2024							February 2025						
S	M	T	W	Th	F	S	S	M	T	W	Th	F	S
1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30	31					29	30	31				

September 2024							March 2025						
S	M	T	W	Th	F	S	S	M	T	W	Th	F	S
1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30						29	30	31				

October 2024							April 2025						
S	M	T	W	Th	F	S	S	M	T	W	Th	F	S
1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30	31					29	30	31				

November 2024							May 2025						
S	M	T	W	Th	F	S	S	M	T	W	Th	F	S
1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30	31					29	30	31				

December 2024						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

School Hours						
Elementary School: 8:00 AM - 3:20 PM						
Patton Junior High: 7:40 AM - 3:00 PM						
Preschool - AM Class: 8:00 AM - 11:00 AM						
Preschool - PM Class: 12:20 PM - 3:20 PM						
Early Dismissal/Release Times						
Elementary School - 1:30 PM						
Patton Junior High - 1:00 PM						
Preschool - AM Class: 10:00 AM						
Preschool - PM Class: 2:20 PM						

Progress Reports on:							Grade Cards on:						
September 11, 2024							October 16, 2024						
November 13, 2024							January 8, 2025						
February 5, 2025							March 26, 2025						
April 16, 2025							May 23, 2025						

Quarter Breakdown:						
Quarter 1 - Aug 13, 2024 - Oct 11, 2024						
Quarter 2 - Oct 15, 2024 - Dec 19, 2024						
Quarter 3 - Jan 7, 2025 - Mar 14, 2025						
Quarter 4 - Mar 24, 2025 - May 23, 2025						

Fort Leavenworth USD 207 Board Approved: 2/26/2024

US DEPARTMENT OF EDUCATION  
**IMPACT AID SURVEY**

The 2024-25 SY Impact Aid Student-Parent Survey Form is available in Skyward Family Access. Please complete one for each student.

Help their ideas take flight!

Join our Fort Leavenworth CYS Team as a Homework Lab Program Associate!

Career Progression & Paid Training  
Retirement & 401K  
Priority Childcare Placement & Employee Childcare Discounts  
Medical, Dental, Vision, & Life Insurance Benefits \*  
Part-Time Positions with Paid Leave, & Paid Federal Holidays  
Access to Commissary & AAFES Shopping Privileges & MWR Facilities  
Job Transfer Program Worldwide Through Civilian Employment Assignment Tool  
\*Conditions Apply

Scan here to apply!  
[ArmyMWR.com/cyscareers](http://ArmyMWR.com/cyscareers)

Ready for your career to take off?

Join our Fort Leavenworth Team as a Lead Child and Youth Program Assistant!

Pay starts at \$24.06 per hour

Career Progression & Paid Training  
Retirement & 401K  
Priority Childcare Placement & Employee Childcare Discounts  
Medical, Dental, Vision, & Life Insurance Benefits \*  
Full-Time Positions with Paid Leave, & Paid Federal Holidays  
Access to Commissary & AAFES Shopping Privileges & MWR Facilities  
Job Transfer Program Worldwide Through Civilian Employment Assignment Tool  
\*Conditions Apply

**Navigating USAJOBS & Introduction to Federal Resume Writing**

Become an Army Civilian today!  
Join ACCMA's virtual session to learn how to create a standout Army Civilian federal resume and discover the USAJOBS platform.

Scan the QR code to access the class

12 NOV. 2024 Noon EST

19 NOV. 2024 Noon EST

For more information  
[civilians.army.mil](http://civilians.army.mil)  
[ArmyCivilianCareers\\_FederalResumeClass@army.mil](mailto:ArmyCivilianCareers_FederalResumeClass@army.mil)

**ARMY CIVILIAN**

**NCO JOURNAL**

CHECK OUT THE NCO JOURNAL PODCAST WHERE WE DISCUSS RECENTLY PUBLISHED ARTICLES WITH AUTHORS, TO PROVIDE AN OPEN EXCHANGE OF IDEAS AND INFORMATION.

<https://www.army.mil/journals/nco-journal/nco-journal-podcasts/>

<https://www.facebook.com/NCOJournal>

<https://twitter.com/NCOJournal>

**Safe Helpline**

Sexual Assault Support for the DoD Community

[safehelpline.org](http://safehelpline.org) | 877-995-5247

## Fort Leavenworth Care Options Available for Summer 2024 & School Year 2024-2025

Request Before/After School Care & SAC Camps all year round

**MILITARY CHILDCARE dot COM**

Using **MilitaryChildCare.com**, you can find comprehensive information on child care programs worldwide, conduct a customized search for the care you need, and submit a request for care at any time and from any location. Follow these four steps!

- STEP 1 CREATE ACCOUNT**  
Go to **MilitaryChildCare.com** to create an account containing information about your family, or to login using an existing username and password.
- STEP 2 SEARCH and REQUEST CARE**  
Search the system for the child care options that best fit your needs and submit your requests for care.
- STEP 3 MANAGE MY REQUESTS**  
You can manage your requests for care from anywhere in the world.
- STEP 4 UPDATE MY PROFILE**  
Keep your **My Profile** page up-to-date with important information.

It's that easy!

To get started, visit: **MilitaryChildCare.com**  
For questions/support, call: 855.696.2934

Make sure you are requesting the best Care Option(s) for your childcare needs...  
Go to our **CYS Facebook** page or **FMWR-CYS website** to review the:  
**Fort Leavenworth CYS Care Options & Waitlist Guide**

# MUNSON NOTES

■ Munson Army Health Center is looking for volunteers to join the **PATIENT AND FAMILY PARTNERSHIP COUNCIL**. Volunteers can be active-duty, active-duty family members, retirees or retiree family members. The PFPC meets quarterly. If interested, call 913-684-6211/6127.

■ Munson Army Health Center Pharmacy offers patients a variety of **OVER-THE-COUNTER MEDICATIONS AT NO COST** to service members, retirees and family members. These items are available without a prescription or medical appointment. These self-care items are comparable to those available for purchase from retail stores and include pain relievers, cough medicine, allergy medication, antibiotic ointment, lice treatment and much more. Visit <https://munson.tricare.mil/Health-Services/Pharmacy> and scroll down to the Over-the-Counter Medication Program for details.

■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are **ELIGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE**. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit <https://dvidshub.net/r/8wtlf>.

■ Call 913-684-6250 to schedule a **WELL-WOMAN EXAM** at Munson Army Health Center.

Today's lesson:  
**TRICARE 101**

munson.tricare.mil

## What is TRICARE?

TRICARE is the uniformed services health care program for active-duty service members (ADSMs), active-duty family members (ADFMs), National Guard and Reserve members and their family members, retirees and retiree family members, survivors, and certain former spouses worldwide. You may be able to get care from a military hospital or clinic, a civilian network of providers off your post or base, or TRICARE-authorized non-network providers. Learn more at <https://www.tricare.mil/Plans/>

**WALK-IN COVID VACCINE CLINIC**  
**TUESDAY, NOV. 12**

9 A.M. - 3 P.M.  
TRICARE AND NATO  
AGE 6 MOS. AND UP  
MUNSON ARMY HEALTH CENTER  
2ND FLOOR

**IMPORTANT ANNOUNCEMENT**

Munson Army Health Center quarterly workforce training has been rescheduled from November 13 to December 5.

munson.tricare.mil

**WALK-IN! FLU SHOTS**

**Frontier Conference Center**  
350 Biddle Blvd., Fort Leavenworth

Thursday, Oct. 17	8 a.m. - 2 p.m.
Friday, Nov. 1	Noon - 4 p.m.
Wednesday, Nov. 6	9 a.m. - 6 p.m.
Friday, Nov. 15	Noon - 4 p.m.

TRICARE Beneficiaries aged 6 months and up  
DoD ID card required for aged 10 years and up

**MUNSON.TRICARE.MIL**

## Speak up! Your voice matters

Volunteer to become a **patient and family advisor** on our patient and family partnership council

The Patient and Family Partnership Council captures the voices and insights of patients and families to improve the care experience.

**Is being a patient and family advisor right for you?**

We are looking for volunteers who can:

- Partner with other patients and staff to help improve care
- Represent the interests of all patients cared for by the military treatment facility
- Work well in teams and have fun!



Learn more about the Patient and Family Partnership Council

Munson Army Health Center Patient Advocates at 913-684-6211/6127



Visit <https://www.facebook.com/munson-health/> for updates and information.

**VIRTUAL EDUCATION CENTER**  
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[HTTPS://HOME.ARMY.MIL/  
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