

SKIES

CATALOG

Fall 2020

SKIESUnlimited
Schools of Knowledge, Inspiration, Exploration & Skills

THE Sky is THE Limit

July 20 2020



General Information

SKIESUnlimited is a part of the Army's Division of Child and Youth Services under the Directorate of Family and Morale, Welfare and Recreation (Family and MWR).

Our mission is to provide the children and youth of Fort Leavenworth with a variety of classes taught by qualified, imaginative, and dedicated instructors, creating experiences of value, excellence, and enjoyment. In addition, all Fort Leavenworth CYS SKIESUnlimited instructors have had local and national background checks, training in CPR, First Aid, Child Abuse Awareness, Reporting and Prevention, Guidance, Child Developmental Guidelines, and Safety.

Registration Information: Registration for Child & Youth Services takes place at Parent Central, which is located in the Resiliency Center, Building 198, 600 Thomas Avenue. All students **MUST** be registered at Parent Central before enrolling in any SKIES programs. Registration is valid for 12 months and may be used for all Fort Leavenworth Child & Youth Service programming. The following information is required for registration: names and phone numbers of sponsor and spouse, two local emergency contacts, immunization records, AKO email address, and a physical/health assessment. Patrons are given up to 30 days to submit local emergency points of contact and physicals.

Enrolling for SKIES Classes: Once you have completed the registration process, you may enroll/sign up for classes or programs at any Child & Youth Services location. You can also enroll by phone (684-3207) or by using the Webtrac online system <https://webtrac.mwr.army.mil/webtrac/leavenworthcys.html> (user ID and password are available from Parent Central). **Please be aware that enrollment is on a first-come, first-served basis. To ensure that your child retains his/her slot in a class, it is highly recommended that you enroll early in continuing sessions.**

Eligible Patrons: Eligible patrons for the SKIES program include children and youth whose sponsors are one of the following: active duty military, Fort Leavenworth DoD civilian employee (GS, NSPS, NAF, and DOD Contractor), Activated National Guard or Reservist, and retired military.

Payment Policy: Payment for SKIES classes is due at enrollment. Your child's name will be placed on the roster only when payment has been made. We accept payment by cash, check, or credit/debit card. Second child discounts do not apply to any SKIES programs per Department of Army fee policy.

Makeup Classes, Cancellation and Refund Policy: Refunds are **NOT** authorized for child illnesses, cancellations due to weather, family trips, or withdrawal after the class has started. Make up classes will be offered if at all possible, depending on the instructor's schedule. Refunds may be granted for extenuating circumstances such as prolonged absence due to illness or PCS orders. If you feel this is the case, a refund may be requested in writing to the SKIES Program Director. In the event a class is cancelled due to instructor unavailability, a makeup class will be offered, but no refund will be given.

IMPORTANT NOTICE: RESCUE MEDS (e.g. inhalers, Epi-Pens) will NOT be administered by SKIES instructors. If a child requires an inhaler or Epi-Pen and is not authorized by a physician to self-administer, the parent is required to remain on site during the SKIES class.

Visit Webtrac <https://webtrac.mwr.army.mil/webtrac/leavenworthcys.html>, the Family and MWR website <https://leavenworth.armymwr.com> or call the SKIES office at 684-3207 for up-to-date information on new SKIES classes.

PARENT and STUDENT SAFETY INFORMATIONAL PAGE

Instructors will be using the intermission times between class sessions to disinfect the equipment and areas used by the students. We will need your assistance in keeping classes and waiting areas safe.

The Senior Mission Commander requires everyone entering the facility to wear a mask, except children under the age of five.

If you or your student is not feeling well, please stay home for everyone's safety. All efforts will be made to get the class made up.

Please assist your child in washing their and your hands upon entering the facility and prior to leaving.

A parent is required to wait in designated seating inside or outside and maintain social distancing from the other parents. Students will be highly encouraged to maintain social distance during class.

Please bring only the student enrolled in the class, arriving no more than ten minutes before class begins. Walking around the facility or playing in the grass areas is acceptable.

Participants must come dressed for class, so that bathrooms are used for that sole purpose and to limit clusters of people in the small enclosed space.

Classes will have limited enrollment, so that only ten people are in a classroom or gym, this includes the instructor.

All instructors will sign students in and out.

Let's work together.

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Recruiting SKIES Instructors

* All schedules are subject to change due to instructor scheduling and availability.

Please like the Ft Leavenworth CYS page on FaceBook. Additionally, please note some classes have a minimum enrollment.

The Martial Arts, Golf, Swimming and Wiggles and Giggles classes may also be added at a later date pending health and safety decisions from the Command Team.

DANCE CLASSES



Ages: 3+

Cost: \$12 per lesson

Instructor: Holly Harmison

Classes will not meet during Federal Holidays, Winter or Spring Break.

Fees are not charged for the breaks or holidays.

A dance recital is planned for May 2021, participation is optional.

Classes will pro-rated based at sign up if your student is enrolled after a session starts.

Important notes for dancers:

- Dress code is black leotard, pink tights and ballet, jazz or tap shoes
- Hair must be in a ponytail, pinned, bun, or pinned back for every class by student or parent.
- Street shoes and bare feet are not allowed in the Dance Studio.





August/September

Class Schedule	Day	Times	Dates	Fee	# of classes
Ballet 5-6 yrs.	Tuesdays	1600-1645	Aug 18-Sept 29	\$84	7
Ballet 7-10 yrs.	Tuesdays	1700-1745	Aug 18-Sept 29	\$84	7
Creative Movement/Pre-Ballet 3-4	Tuesdays	1800-1845	Aug 18-Sept 29	\$84	7
Creative Movement/Pre-Ballet 3-4	Wednesdays	1400-1445	Aug 19-Sept 30	\$84	7
Home School Ballet	Wednesdays	1500-1545	Aug 19-Sept 30	\$84	7
Jazz/Tap Combo 5-6 yrs.	Wednesdays	1600-1645	Aug 19-Sept 30	\$84	7
Creative Movement/Pre-Ballet 3-4	Wednesdays	1700-1745	Aug 19-Sept 30	\$84	7
Jazz/Tap Combo 7-9 boys and girls	Thursdays	1600-1745	Aug 20-Sept 24	\$72	6
Ballet 5-6 yrs.	Thursdays	1700-1745	Aug 20-Sept 24	\$72	6
Boys Tap/Jazz Combo 5-6 yrs.	Thursdays	1800-1845	Aug 20-Sept 24	\$72	6

October/November

Class Schedule	Day	Times	Dates	Fee	# of classes
Ballet 5-6 yrs.	Tuesdays	1600-1645	Oct 6-Nov 17	\$84	7
Ballet 7-10 yrs.	Tuesdays	1700-1745	Oct 6-Nov 17	\$84	7
Creative Movement/Pre-Ballet 3-4 yrs	Tuesdays	1800-1845	Oct 6-Nov 17	\$84	7
Creative Movement/Pre-Ballet 3-4 yrs	Wednesdays	1400-1445	Oct 7-Nov 18	\$72	6
Home School Ballet	Wednesdays	1500-1545	Oct 7-Nov 18	\$72	6
Jazz/Tap Combo 5-6 yrs	Wednesdays	1600-1645	Oct 7-Nov 18	\$72	6
Creative Movement/Pre-Ballet 3-4 yrs	Wednesdays	1700-1745	Oct 7-Nov 18	\$72	6
Jazz/Tap Combo 7-9 boys and girls	Thursdays	1600-1645	Oct 1-Nov 19	\$96	8
Ballet 5-6 yrs	Thursdays	1700-1745	Oct 1-Nov 19	\$96	8
Boys Tap/ Jazz Combo 5-6 yrs	Thursdays	1800-1845	Oct 1-Nov 19	\$96	8

No Dance classes Nov 11 and 24-28th

Participation in the May recital is optional. Costumes fees \$60 or under. No Recital Fees.



CLASS DESCRIPTIONS FOR DANCE

Creative Movement/Pre-Ballet: 3-4 years

Dancers will explore movement and rhythm as it relates to their bodies and space. Basic coordination and locomotor skills will be developed with the aid of imagery, text, props, and music. Ballet skills will be introduced and the development of posture, flexibility, rhythm, and poise are the goals of the class.

Ballet: 5-6 & 7-10 year olds:

Basic ballet skills will be learned in a relaxed but structured environment. Dancers will learn proper ballet terminology and pair it with the correct movements. Barre exercises will be introduced as well as work in the center.

Homeschool Ballet:

A strong foundation for the study of classical ballet will be learned. Dancers will work on the development of correct posture, locomotor movements, and musicality. In addition, attention to proper body placement and technique will be the focus of this class.

Jazz/Tap Combo

Dancers will spend 30 minute exploring each dance style. In jazz, proper stretching and core strengthening techniques will be learned. Traditional jazz technique will be introduced and skills such as body isolation, turning, jumping, and leaping will be learned. Dancers are encouraged, yet not required, to take ballet class in conjunction with their jazz study as basic ballet fundamentals are used. In tap, coordination and rhythm are the focus. Basic tap steps will be introduced and dancers will work on combining and traveling steps in the dance space.

**DANCE CLASSES ARE HELD AT PATCH COMMUNITY CENTER,
PLEASE WAIT IN DESIGNATED WAITING AREAS.
PLEASE FOLLOW ALL HEALTH AND SAFETY REQUIREMENTS**

PRIVATE MUSIC LESSONS

Ages 7 to 18 years

Time: Contact the instructor directly

Cost: \$19 per lesson weekly, enrolling now

30 minutes per lesson

Location: Patch Community Center/SKIES, 320 Pope Avenue

Bldg. 345

Read about our instructors and call them for openings and to schedule lessons.

Please contact the SKIES office at 684-3207 for more information.



John Leon – Piano Instructor.

Call Mr. Leon **913-702-2484** to set up lesson schedule.

The instructor will contact the SKIES Director to enroll the class for your convenience.

Ronald Meier – Guitar or Ukulele Instructor.

For private lessons please call Mr. Meier at **785-633-0984** to set up lesson schedule.

The instructor will contact the SKIES Director to enroll the class for your convenience.

SPORTS, FITNESS & FUN

Gymnastics Class Descriptions

Parent/Tot Gymnastics, 1-2 years old and 2-4 years old

Parent and child will work together to learn essential gymnastics skills, make new friends and enjoy conquering the new challenges presented to them in the new circuits each week!



Pre-Gym, 4-5 years

Children receive the opportunity to participate in gymnastics class independently and learn basic gymnastics skills at a faster pace!

Beginning Gym, 6+ years

An entry level class designed for kids who don't have any prior gymnastics experience OR who still need to polish up their basic skills! They will be taken to a new apparatus each week in order to accelerate the pace at which they pick up essential gymnastics skills.

Tumbling, 6+ years

This class is suited to anyone that has an interest in learning how to tumble! Every class focuses on proper technique and constantly adding to their repertoire of skills! This class is also appropriate for budding cheerleaders who would like to add tumbling to their list of skills.

Homeschool Gym, 6+ years

This class is meant to be flexibly timed, to allow kids that are home-schooled the opportunity to participate in entry level gymnastics classes! This class designed to lay a foundation of gymnastics knowledge for all participants!

Gymnastic Class Fee Schedule

30 minute classes billed at \$11 per session x number of sessions

45 minute classes billed at \$13 per session x number of sessions



IMPORTANT: The equipment in the Gym area is for use only by students enrolled in the class being taught at that time. The waiting parent is required to sit in the designated waiting areas. This policy exists to prevent injury due to distractions and promote the best possible learning environment for our students.

10 Aug- 4 Sept					
	Date	Time	No Class	Fee	#
Parent/Tod 1-2 yrs	M	0930-1000	N/A	\$44	4
Parent/Tod 2-4 yrs	M	1030-1100	N/A	\$44	4
Beg Gym 6+	M	1615-1700	N/A	\$52	4
Pre Gym 4-5 years	M	1730-1815	N/A	\$52	4
Pre Gym 4-5 yrs	Tu	0930-1015	N/A	\$52	4
Beg Gym 6+ yrs	Tu	1045-1130	N/A	\$52	4
Beg Gym 12+	Tu	1615-1700	N/A	\$52	4
Parent/Tod 2-4 yrs	Tu	1730-1800	N/A	\$44	4
Parent/Tod 2-4 yrs	W	0930-1000	N/A	\$44	4
Beg Gym 6+ yrs	W	1030-1115	N/A	\$52	4
Beg Gym 6+ yrs	W	1615-1700	N/A	\$52	4
Beg Gym 6+	W	1730-1815	N/A	\$52	4

Minimum class enrollment of 3 students

Parent/Toddler class enrollment maximum enrollment, four students due to current health and safety requirements .

Please review the parent and student information on page 2.

7 Sept – 30 Nov	Date	Time	No Class	Fee	#
Parent/Tod 2-4 yrs	M	1000-1030	Sept 7 & 14 Oct 12	\$110	10
Parent/Tod 1-2 yrs	M	1100-1130	Sept 7 & 14 Oct 12	\$110	10
Pre Gym 4-5 yrs	M	1615-1700	Sept 7 & 14 Oct 12	\$130	10
Beg Gym 6+ yrs	M	1730-1815	Sept 7 & 14 Oct 12	\$130	10
Pre Gym 4-5 yrs	Tu	1100-1145	Sept 15	\$141	11
Beg Gym 6+ yrs	Tu	1615-1700	Sept 15	\$141	11
Parent/Tod 2-4	Tu	1730-1800	Sept 15	\$121	11
Parent/Tod 1-2 yrs	W	1000-1030	Sept 16, Nov 11 & 25	\$99	9
Parent/Tod 2-4 yrs	W	1100-1130	Sept 16, Nov 11 & 25	\$99	9
Homeschool Gym 5+	W	1430-1515	Sept 16, Nov 11 & 25	\$117	9
Pre Gym 4-5 yrs	W	1615-1700	Sept 16, Nov 11 & 25	\$117	9
Beg Gym 6+ yrs	W	1730-1815	Sept 16, Nov 11 & 25	\$117	9
Saturday begins Sept 26					
Parent/Tod 1-2	Sa	0930-1000	Nov 28	\$99	9
Parent/Tot 2-4 yrs	Sa	1030-1100	Nov 28	\$99	9
Pre-Gym	Sa	1130-1215	Nov 28	\$117	9
Beg Gym 6+ yrs	Sa	1245-1330	Nov 28	\$117	9
Beg Gym 12 + yrs	Sa	1400-1445	Nov 28	\$117	0

Minimum class enrollment is 3 students.



Instructors Needed For:

Preschool Art, Car Maintenance,
Self Defense & Martial Arts, Hapkido,
Okinawan Karate, Life Skills, Cooking,
Hair and Skin Care, Money Management,
Kindermusik, Old School Hip Hop Dance,
Zumba, Computer Coding, Violin,
Science/STEM, Gardening, Fishing, Hiking, Fitness,
Robotics, SAT/ACT Prep, Photography,
Parent and Child classes, International Cooking,
Public Speaking, Sign Language,
Journalism, Western Horseback Riding,
English Riding, Foreign Languages, and Yoga

Additional ideas are welcomed!

For more information, please contact:

SKIES Office: 913-684-3207

or email: shelley.m.anderson2.naf@mail.mil