

THURSDAY  
AUGUST 8, 2024



# LAMP

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## International military students post flags in CGSOC opening day ceremony



Maj. Dotine Laurencia Rakotomalala of Madagascar enters the stage to post her nation's flag during the opening day ceremony for the Command and General Staff Officer Course Aug. 5 in Eisenhower Auditorium at the Lewis and Clark Center.

As International Military Student Division Chief James Fain narrates, Maj. Muhammad Hazri bin Hajanan of Malaysia, ABOVE, and Maj. Andrejus Simcic of Lithuania, RIGHT, enter the Eisenhower Auditorium stage to post their nations' colors in the Command and General Staff Officer Course Opening Day Flag Ceremony Aug. 5 at the Lewis and Clark Center.



The 2024-25 CGSOC Class consists of 956 students with 122 international students representing 94 countries.

Photos by Prudence Siebert/Fort Leavenworth Lamp



ABOVE: Maj. Maksat Aitkazhin of Kazakhstan posts his nation's colors during the traditional international ceremony signifying the start of the Command and General Staff Officer Course Aug. 5 in Eisenhower Auditorium at the Lewis and Clark Center.

LEFT: Lt. Col. Steffen Rohwedder of Germany salutes his nation's flag during the international flag ceremony Aug. 5 at the Lewis and Clark Center.



### AT A GLANCE

■ The Mission Command Center of Excellence Director COL. BRYAN L. BABICH WILL BE PROMOTED to brigadier general at 1:30 p.m. Aug. 9 in Eisenhower Auditorium at the Lewis and Clark Center. The ceremony will be livestreamed at <https://www.facebook.com/USArmyMCCoE/>.

■ The LADIES INVITATIONAL two-person scramble is at 9 a.m. Aug. 10 at Trails West Golf Course. Call 913-651-7176 for more information.

■ The Family Advocacy Program's monthly WORKSHOP AND WORKOUT is 11 a.m. to 12:30 p.m. Aug. 10 at the Resiliency Center. Call or text 913-683-2537 to reserve a spot.

■ The FIRST DAY OF SCHOOL for Unified School District 207 is Aug. 13. The commanding general has authorized Army civilians and military personnel to take their children to school on their first day and report to work late.

■ MUNSON ARMY HEALTH CENTER WILL CLOSE at noon Aug. 14 for quarterly training.

■ The CATHOLIC WOMEN OF THE CHAPEL KICK OFF program is at 9 a.m. Aug. 15 at Pioneer Chapel. CWOC meets at 9 a.m. Thursdays. Visit <https://www.facebook.com/CWOCFortLeavenworth> for more information.

■ PAIR DAY is 9 a.m. to 1 p.m. Aug. 17 at Harney Sports Complex. See page B1 for more information.

# August is Antiterrorism Awareness Month

by William Brown/Antiterrorism and Force Protection Officer/Directorate of Plans, Training, Mobilization and Security

This August marks the 15th observance of Army Antiterrorism Awareness Month.

This is a time when Army leaders work to instill heightened awareness and vigilance across the force to protect Army critical resources from acts of terrorism. Anti-Terrorism Awareness Month is an important reminder to all military and civilian personnel about the persistent threats posed by adversaries, and the importance of identifying threats and what to do if a threat is discovered.

Fort Leavenworth will conduct antiterrorism training, education and awareness throughout the month of August. Antiterrorism-related banners have been posted across Fort Leavenworth.

**This year the awareness month will focus on the following:**

- Active shooter response
- Five phases of an active shooter
- Cyber awareness
- Serious activity reporting/iWatch
- Force protection condition measures

Military and civilian personnel should ensure required annual Antiterror-




**Level 1 Antiterrorism Awareness Training:**  
[jko.jten.mil/courses/at11/launch.html](https://jko.jten.mil/courses/at11/launch.html)



**iWATCH Army**  
[iwatcharmy.org/index.html](http://iwatcharmy.org/index.html)



**iSalute**  
[inscom.army.mil/isalute](https://inscom.army.mil/isalute)




ism Level 1 Awareness training is up to date and reported to their organization. The standalone training can be found online at <https://jkodirect.jten.mil/Atlas2/faces/page/login/Login.seam>. By integrating antiterrorism doctrinal principles with constant antiterrorism awareness, the Army ensures the safety and security of its soldiers, civilians, contractors and family members while ensuring mission success.

There is a wide spectrum of threats to the Army com-

munity, including everything from weather, criminal activity, insider threats and potential terrorist targeting. As risks and vulnerabilities are identified, mitigation measures are developed and emplaced. These plans are exercised routinely and monitored for effectiveness and ultimately result in a comprehensive plan that lays a solid foundation for a safe community and an acceptable level of risk.

Community involvement is a key element in

protecting our population. Reporting suspicious behaviors or activities many times has proven to make the difference in early intervention of potential acts of terrorism. If something is out of place or doesn't look right, report it.

**Such activities to report include:**

- People drawing or measuring important buildings
- Strangers asking questions about security forces or procedures
- A briefcase, suitcase,

backpack or package left behind and unattended

- Cars or trucks left in No Parking zones in front of important buildings

- Intruders found in secure areas

- A person wearing clothes that are too big and bulky and/or too hot for the weather

- Chemical smells or fumes that cause concern

- People asking questions about sensitive information, such as building blueprints, security plans or senior leader travel schedules

without a right or need to know

- People purchasing supplies or equipment that can be used to make bombs or weapons

- People purchasing uniforms without having the proper credentials

If it doesn't look right, report it.

If it doesn't smell right, report it.

It doesn't sound right, report it.

If you "See Something, Say Something!"

## MED GOES RED

**No cause for concern for soldiers who do not have this season's influenza vaccine documented in their record**  
**Officials plan defense for upcoming flu season**

by Munson Army Health Center Public Affairs

It may only be August but public health officials on Fort Leavenworth are already making plans for the upcoming flu season.

"On August 1, an automated action in the Army's medical readiness portal reset the seasonal influenza vaccine status for soldiers' annual flu shot, but in most cases, it is not necessary for soldiers on Fort Leavenworth to get the vaccine yet," Munson Army Health Center Chief of Public Health and Soldier Readiness Maj. Meredith Steggerda said. "This reset occurs annually and is not reflective of inaction of soldiers. It is just a way to track their vaccination status for the new season."

In the past, this reset has resulted in an increased number of inquiries to public health from soldiers, so Steggerda said that she wished to prepare soldiers and beneficiaries in advance.

"Seasonal influenza vaccines are administered to service members annually throughout the Department of Defense to reduce the risk of severe influenza and to minimize risk to the force and mission. The vaccine is also available to other Military

Health System beneficiaries aged 6 months and up as a TRICARE-covered benefit because it is the best way to reduce risk from seasonal flu and its potentially serious complications," Steggerda said.

Pending availability, MAHC's Public Health team will begin administering flu vaccines in the fall.

While seasonal influenza vaccines are already being marketed at retail facilities off post, the Centers for Disease Control indicates vaccination in July and August is not recommended for most adults in the United States because vaccine efficacy will peak before the projected conclusion of flu season.

"For most people on Fort Leavenworth who need only one dose for the season, fall is generally a good time to get vaccinated. This will help provide coverage through the end of the season, which in the continental United States is typically April," Steggerda said.

Travel abroad to the Southern Hemisphere where flu is more prevalent from April to August, and some medical conditions, could require individuals to get vac-



**"On Aug. 1, an automated action in the Army's medical readiness portal reset the seasonal influenza vaccine status for soldiers' annual flu shot, but in most cases, it is not necessary for soldiers on Fort Leavenworth to get the vaccine yet," Munson Army Health Center Chief of Public Health and Soldier Readiness Maj. Meredith Steggerda said.**

File photo by Prudence Siebert/Fort Leavenworth Lamp

inated earlier.

Individuals who are concerned they might need seasonal influenza vaccine before Fort Leavenworth's annual vaccination efforts can consult with their provider through the secure messaging feature in the MHS GENESIS Patient Portal.

Steggerda and other MAHC officials are

currently planning this season's seasonal influenza vaccine outreach events for later this fall and will keep the community updated as the dates draw near. For now, however, she said there is no cause for concern for soldiers on Fort Leavenworth who do not have this season's influenza vaccine documented in their record.

## FORT LEAVENWORTH LAMP

PUBLISHED FOR THE COMMUNITY OF FORT LEAVENWORTH, KANSAS

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# 4 local students awarded Fisher House scholarships

by Defense Commissary Agency Press Release

FORT GREGG-ADAMS, Va. – Fisher House Foundation has announced the winners of its annual Scholarships for Military Children program, which awards deserving children of U.S. service members scholarship grants, offering an early boost to their continued educational success.

**Fort Leavenworth scholarship recipients are Matthew Parker, Christopher Raithel, Abhilasa Raut and Taylor Rowe.**

This year, the nonprofit foundation awarded 500 children a \$2,000 scholarship each for the upcoming 2024-2025 academic year. Fisher House created the program in 2001 in partnership with the Defense Commissary Agency to recognize the contributions of military families to the readiness of the fighting force and to celebrate the commissaries' role in enhancing the military's quality of life.

Marshall Banks, director of community relations at Fisher House Foundation, highlighted ongoing enhancements to the online application process, aimed at meeting the increasing number of student applicants each year.

"The online application process for the 2024-2025 Scholarships for Military Children program was a resounding success," he said. "Our team received over 4,000 applications again this year from 235 commissaries." Banks went on to note that, due to the support from its generous donors, Fisher House Foundation has awarded \$23,126,500 in scholarships over the past 24 years.

Each year, scholarship applicants submit their official transcript indicating a minimum cumulative GPA of 3.0 or

above on a 4.0 scale for high school applicants or a cumulative minimum GPA of 2.5 or above on a 4.0 scale for students already enrolled in college and an essay of 500 words or less, no longer than two pages.

Eligibility for the program is determined using the Defense Enrollment Eligibility Reporting System (DEERS) database. Applicants must ensure that they, as well as their sponsor, are enrolled in DEERS and have a current military dependent ID card. Applicants must also be planning to attend or already be attending an accredited college or university full-time in the fall of 2024, or be enrolled in a program of studies designed to transfer directly into a four-year program.

Applicants who have been awarded a full scholarship to attend a college or university, or who receive an appointment to one of the military academies or affiliated preparatory schools, are not eligible to receive funds from this program. A full scholarship is usually defined as one that provides for payment of tuition, books, lab fees and other expenses.

All rules and requirements for the program, as well as links to frequently asked questions are available at the Scholarships for Military Children website, as is the full list of this year's winners, at <https://www.fisherhouse.org/programs/scholarship-programs/scholarships-for-military-children/>.

DeCA Director and CEO John Hall attended a scholarship award ceremony at the Fort Gregg-Adams commissary in Virginia on July 18 to present four local student winners with certificates honoring their efforts.

"This is really quite an achievement, so congratulations to the awardees and congratulations to their parents," Hall said.

Hall added that as a father, he could imagine the parents' state of mind. "Having put four children through college, I know you're going through two emotions right now," he said. "One, you're really proud of your child, justifiably so. You're really proud of your child for achieving this. But the second emotion I know you're going through is 'Thank God! I'm saving \$2,000 here!' It's okay to go through both of those, and I congratulate you all because I know you had lot to do with this, too — the way you raised your children to be able to achieve this."

Todd Heasley, DeCA's scholarships program liaison, said the 2025 Fisher House scholarships should open for applications in December and close in February, with exact dates to be determined. Visit <https://www.fisherhouse.org/programs/scholarship-programs/scholarships-for-military-children/> for more information.

Fisher House Foundation also has a custom scholarship search engine tailored to military families, called "Scholarships for Service." It's free, easy to use, and available on mobile devices or computers at <https://www.fisherhouse.org/programs/scholarship-programs/scholarships-for-military-children/>.

Fisher House Foundation is ranked a four-star charity by Charity Navigator. No government funds are used to support the Scholarships for Military Children program. Commissary vendors, manufacturers, brokers, suppliers and the general public donate money to fund the program.

## Feds Feed Families campaign underway

by Mike Perron/Defense Commissary Agency Public Affairs Specialist

FORT GREGG-ADAMS, Va. - June 24 marked the kickoff for the U.S. Department of Agriculture's 15th annual Feds Feed Families campaign, which encourages employees from across the federal government to give in-kind contributions, whether food, services and/or time, to food banks and pantries.

This year's campaign runs through Sept. 30, and is the fifth year the Department of Defense has designated the Defense Commissary Agency to lead its portion of the food donation effort.

The 2023 Feds Feed Families campaign broke records, bringing in more than 10 million pounds of goods donated to food banks across the nation, an increase of more than 2.2 million pounds from 2022. Of the 10 million pounds donated, DoD contributed 5.9 million, or 59 percent, an increase of more than 26 percent from 2022. DeCA's share of DOD's 5.9 million was 4.1 million pounds, or 69 percent, an increase of more than 28 percent. Since Feds Feed Families launched in 2009, more than 117 million pounds of food have been collected for donation.

According to the USDA, 2.8 percent (17 million) of U.S. households were food insecure at some time during 2022, the most recent year for which data is available. Food price inflation continues to exacerbate the problem in 2024.

Commissaries on participating stateside military installations

help collect those items indicated as most-needed by food pantries and then donate them to food banks local to their area.

**Eligible commissary customers and employees have a number of options to participate this year:**

- By bringing items from home and dropping them off at donation bins at the front of stores
- By purchasing needed food for donation while shopping at commissaries

• By purchasing standardized, \$25 prepackaged donation bags, only available when using the agency's Commissary CLICK2GO online ordering, curbside pick-up service this year. The donation bags contain store brand items such as Freedom's Choice products, including canned meat, canned vegetables, pasta, pasta sauce and other items.

While checking out, cashiers will ask if patrons have any donations to be rung up first, so customers should place those items together in their carts for ease of access.

Once collected, commissaries work closely with installation officials to get the donations directly to local food banks.

**Typically, the most-needed items include:**

- Canned vegetables (low sodium or no salt preferred)
- Canned fruits (in light syrup or their own juices)
- Canned proteins such as tuna, salmon, chicken, peanut butter and beans
- Soups such as beef stew, chili, chicken, turkey or rice
- Condiments such as tomato-

### HELP A FAMILY IN NEED. DONATE IN-STORE OR ON-LINE.

(June 24 - September 30)





based sauces, light soy sauce, ketchup, mustard, salad dressing or oils

- Snacks, including individually packed healthy snacks, such as trail mix, dried fruit, granola and cereal bars
- Multigrain cereals
- 100 percent juice (all sizes, including juice boxes)
- Grains, including brown and white rice, oatmeal, quinoa, cous-

cous, pasta, and macaroni and cheese

- Paper products and household items such as paper towels, napkins and cleaning supplies.

"The annual Feds Feed Families food drive remains one of the best ways for commissaries and military families to give back to the communities we live in," said Navy Command Master Chief Mario Rivers, senior enlisted ad-

visor to DeCA's director. "Working with base commanders and chaplains' offices, these donations go directly into the hands of those most in need, including some of our own active-duty service members and families who also benefit."

For more information on the campaign, visit <https://feds-feed-families-usdaars.hub.arcgis.com>.



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# 2024 PARIS OLYMPICS



U.S. Army photos by Sgt. 1st Class Kulani Lakanaria

**U.S. Army Sgt. Sagen Maddalena, fourth from left, Olympian and instructor/shooter assigned to the U.S. Army Marksmanship Unit at Fort Moore, Georgia, competes in the women's 50-meter rifle three positions finals Aug. 2 at the Chateauroux Shooting Centre in Chateauroux, France.**

## U.S. Army soldier wins Olympic silver

by Army Marksmanship Unit

CHATEAUROUX, France — Sgt. Sagen Maddalena won the silver medal in women's 50-meter rifle three positions Aug. 2 at the 2024 Olympic Games in Chateauroux, France. Maddalena is a marksmanship instructor and competitive shooter for the U.S. Army Marksmanship Unit stationed out of Fort Moore (formerly Fort Benning), Georgia.

Maddalena earned a place in the finals of the top eight competitors after setting an Olympic qualification record with a score of 593-45x. China's Qiongyue Zhang followed close behind with a 593-40x.

Once in the final, the U.S. Army Marksmanship Unit soldier took the lead after the first five kneeling shots with a 52.2 and held her first-place lead after 10 shots with 104.4. Austria's Nadine Ungerank followed with a 104. Moving into the prone position, with 15 shots in, the Groveland, California, native slipped down to fourth with a 155.9, as Switzerland's Chiara Leone took the lead with a 156.2. Ungerank and Zhang followed in second and third.

However, after another five shots, Maddalena took the lead again with a 208.2, with China just .1 away. Maddalena spread the gap after 25 shots with a score of 261.2 while Zhang held second with a 260.4. With 30 shots into the final, Maddalena continued to lead with 314.0 points.

After five shots in the standing position, Maddalena slipped down to fifth with a 361.8 while Zhang moved into first place with a 364.7. Norway, Switzerland and Austria followed respectively. With five more shots into the standing position, the Fort Moore soldier moved up to fourth. By shot 42, Maddalena had taken the lead again with 433.6 points, a .2 lead over Leone.

Shot 43 brought Maddalena into the final three competitors, ensuring an Olympic medal. At that moment, she had 443.0 points, while Zhang was in second with a .2 point lead, and Leone was first with .9 point lead.



**Silver medalist U.S. Army Sgt. Sagen Maddalena, left, Olympian and instructor/shooter assigned to the U.S. Army Marksmanship Unit at Fort Moore, Georgia, takes a selfie with fellow medalists Switzerland's Chiara Leone, gold, and China's Qiongyue Zhang, bronze, following the women's 50-meter rifle three positions finals Aug. 2 at the Chateauroux Shooting Centre in Chateauroux, France.**



**U.S. Army Sgt. Sagen Maddalena, Olympian and instructor/shooter assigned to the U.S. Army Marksmanship Unit at Fort Moore, Georgia, competes in the women's 50-meter rifle three positions finals Aug. 2 at the Chateauroux Shooting Centre in Chateauroux, France.**

After two more shots, Maddalena secured the silver medal over China with 463.0 points while Switzerland claimed the gold.

This was not the first Olympics for Maddalena. She



**U.S. Army Sgt. Sagen Maddalena, Olympian and instructor/shooter assigned to the U.S. Army Marksmanship Unit at Fort Moore, Georgia, earned the silver medal during the women's 50-meter rifle three positions finals Aug. 2 at the Chateauroux Shooting Centre in Chateauroux, France.**

competed in the three-position rifle, or smallbore, at the 2020 Tokyo Olympics, placing fifth.

The last time Team USA medaled in this event was 2012 when Jamie Beverley won gold in London.

To see the 2024 finals from the 50-meter rifle three positions, visit <https://olympics.com/en/paris-2024/results/shooting/50m-rifle-3-positions-women/fnl-000100-->.

To see more photographs from the Maddalena's competition, visit <https://www.flickr.com/photos/usamu/sets/72177720319271730/>.

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# Community 'Checks-Out' library



**LEFT:** Kelly Farise helps her children, Liana and Max, pick out books at the Check-Out Your Library event, sponsored by the Command and General Staff College Foundation, Aug. 5 at the Combined Arms Research Library. "With this (event) we look to give families who are a part of the community a chance to get to know their local library," Command and General Staff College Foundation CEO Lora Morgan said. "We had a great turnout in the previous year, and this year's turnout seems to meet expectations as well." **BELOW:** Circulation Department Head Sierra Hochstatter hosts story time at the Check-Out Your Library event Aug. 5 at the Combined Arms Research Library. Hochstatter read "The Napping House" by Audrey Wood, which she followed with a visual retelling of the story, moving characters made of felt around on a felt board. During the story time, Hochstatter also read "Five Little Monkeys Jumping on the Bed" by Eileen Christelow.

Photos by Colbie Fairley/Fort Leavenworth Garrison Public Affairs Office Intern



**Community Librarian Carlisha Dortina assists families in beginning a library scavenger hunt at the Check-Out Your Library event Aug. 5 at the Combined Arms Research Library. During the scavenger hunt, participants searched for clues hidden throughout the library's main floor that they used to complete word puzzles. Library staff assisted families in activities and answered questions about the library's materials and services. The event also included book giveaways, crafts, story time and an outdoor StoryWalk featuring "Scaredy Squirrel Goes Camping" by Mélanie Watt.**

Photo by Colbie Fairley/Fort Leavenworth Garrison Public Affairs Office Intern

# Backpacks, bowling offered at back-to-school event

**RIGHT:** Eight-year-old son Stanislav Makarov eyes the pins as he sends a ball down the lane during the free back-to-school bowling party Aug. 2 at Strike Zone Bowling Center. Army Community Service's Family Advocacy and Exceptional Family Member programs hosted the event, offering free backpacks filled with school supplies for 250 school-aged children.



**BELOW:** Anna Makarova celebrates for her 8-year-old son Stanislav Makarov while bowling together at the Family Advocacy and Exceptional Family Member programs' back-to-school bowling party Aug. 2 at Strike Zone Bowling Center.

Photos by Prudence Siebert/Fort Leavenworth Lamp



Photo by Prudence Siebert/Fort Leavenworth Lamp



**Four-year-old June Bailey selects a backpack filled with school supplies from the different colors offered by Amy McCauley, New Parent Support Program coordinator, while 12-year-old Zoey, 6-year-old Jedd and mom Zyrallyn Bailey talk with Army Community Service staff during the Family Advocacy and Exceptional Family Member programs' free back-to-school bowling party Aug. 2 at Strike Zone Bowling Center. About 250 backpacks were distributed during the event. Stronghold Food Pantry and the 500th Military Police Detachment/67th MP Detachment (Military Working Dog), Special Troops Battalion Family Readiness Group also conducted back-to-school events with school supply giveaways this week. Fort Leavenworth's Unified School District 207 begins school Aug. 13.**



Volunteer song and dance leaders Amy Quinlan and Jamie Showers, portraying mermaids Coral and Opal, teach actions to correspond with the words to songs to Vacation Bible School participants Aug. 6 at Frontier Chapel. The underwater-themed program based on "SCUBA: Diving Into Friendship with God" provided faith-based education and activities for children 4 years old through fifth grade. More than 90 volunteers and 177 children participated in the three-day Vacation Bible School Aug. 6-8. Quinlan and Showers decorated the sanctuary, foyer, hallways and more with a submarine, SCUBA divers, and sharks and other sea creatures swimming overhead to help convey the VBS theme.

Photo by Prudence Siebert/  
Fort Leavenworth Lamp

# Children, volunteers dive into underwater-themed VACATION BIBLE SCHOOL



by Colbie Fairley/Fort Leavenworth Garrison  
Public Affairs Intern

The Fort Leavenworth Chapel Community hosted its annual Vacation Bible School for Fort Leavenworth youth Aug. 6-8 at Frontier and Pioneer Chapels.

This year's theme was "SCUBA: Diving Into Friendship with God." The theme's overall goal was to appeal to children in an underwater world complete with pirates, hidden treasure chests and songs that glorify the name of God. Decorations included depictions of the ocean that included a submarine and sharks and divers swimming overhead.

Shelly Wilson, crafts leader, portrayed the pirate "Captain Ruby" in a skit performed as children arrived at the crafts station. Children were able to interact with Captain Ruby, as she granted each child with a "prize from the sky" as toys rained down from her sails in the pirate ship-themed hallway.

Wilson said that VBS themes change every year.

"Last year's theme was 'Outer Space,' and the kids really enjoyed that. This year we added a unique look to the hallways to make things more realistic during our session," she said.

There were more than 90 volunteers and 177 children registered in this year's VBS. Bible school volunteers guided children in grade-level groups ranging from pre-kindergarten through fifth grade in various activities that related to what faith means.

"Appealing to the children was our main goal, especially with our activities and themes," said Amy Quinlan, volunteer song and dance leader for VBS. "My prayer is that they will feel the truth that Jesus is real and that he wants a relationship with them... I've seen the impact VBS has on the younger children, so it's easier to be optimistic about our outreach to older kids as well."

On the first day of Vacation Bible School, children were introduced to outdoor games like cardboard basketball and beach ball tossing. Fourth-grader Evan Foley gave credit to God for his competitiveness during the outdoor session.

"God can help me with tough challenges, and so far I've had fun," he said.

VBS leaders worked to impart the overall theme of VBS to the children, particularly by "diving" into specific scripture.

Garrison Chaplain (Lt. Col.) Nathan McLean was the speaker for the children's Bible reading session. McLean discussed chapters in the book of 1 Kings, demonstrating to children the essence of what it means to believe in God. McLean encouraged children to take home what they have learned and to exercise their faith beyond Vacation Bible School.

ABOVE: VBS volunteer Stephanie Reves leads a class of third-graders in the "Imagination Station," where children were asked to test their creativity, during Vacation Bible School Aug. 6 at Pioneer Chapel. During the session, children learned ocean facts, such as how much of the ocean has been discovered, and they decorated paper fish with sequins and stickers using different colors based on their answers to questions like "Would you rather live in a sand castle or a sea anemone?"

RIGHT: Garrison Chaplain (Lt. Col.) Nathan McLean talks with Vacation Bible School participants about scripture during the first day of VBS's faith-based education and activities Aug. 6 at Pioneer Chapel. McLean read from the book of 1 Kings, breaking down chapters 16-19 to discuss the reality of faith. Children memorized passages each day, called "sticky scriptures," with accompanying dance moves to help them remember. Sticky scriptures were John 6:69 on Tuesday, John 14:27 on Wednesday and John 3:16 on Thursday.

Photos by Colbie Fairley/  
Fort Leavenworth Garrison Public  
Affairs Office Intern



SEE VACATION BIBLE SCHOOL A7 FOR  
MORE PHOTOS

# Vacation Bible School (continued from Page A6)



Photo by Prudence Siebert/Fort Leavenworth Lamp

Six-year-olds Avery Waldron and Angie Swift try to catch a ball with a beach towel while playing "Catch of the Day" with volunteer Kristin Cheney, 6-year-old John Opp, 6-year-old Timmothy Stephens and recreation station volunteer 11-year-old Liam Quinlan during the "SCUBA: Diving Into Friendship with God"-themed Vacation Bible School Aug. 6 outside Pioneer Chapel. Children rotated through recreation, snack, craft, singing and other activities during the three-day, faith-based event for children 4 years old through fifth grade.



VBS volunteer Diane Kohl orchestrates a game of "Color Wheel," an alternate version of Duck-Duck-Goose, with fourth-graders during Vacation Bible School Aug. 6 outside Frontier Chapel. Kohl also led VBS participants in playing cardboard basketball, a team-building defense game using dodgeballs and cardboard boxes for baskets.

Photo by Colbie Fairley/  
Fort Leavenworth Garrison  
Public Affairs Office Intern

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# Pets of the Week



Betsy, ABOVE, and Jack, RIGHT, are a bonded pair of 1-year-old mixed-breed dogs, possibly poodle with Gordon setter (Betsy) and sheepdog (Jack), available for adoption at the Fort Leavenworth Stray Facility. Spay/neuter surgery, vaccinations and microchipping are included in their adoption fees. Ideally, they are to be adopted together.

The Fort Leavenworth Stray Facility at 510 Organ Ave. is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday, and by appointment for pre-approved adopters.

See [www.FLSF.petfinder.com](http://www.FLSF.petfinder.com) or call 913-684-4939 for more information. E-mail [fortleavenworthstrayfacility@gmail.com](mailto:fortleavenworthstrayfacility@gmail.com) for an adoption application.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed. To apply to volunteer with the Fort Leavenworth Stray Facility, enter ZIP code 66027, then search for "stray animal facility" at <https://vmis.armyfamilywebportal.com/>.



Photos by Prudence Siebert/  
Fort Leavenworth Lamp

Fort Leavenworth Stray Facility

**Second  
Saturday is  
Back!**



Every second Saturday of  
the month

We're back to being open every 2nd Saturday of the month for visitation and adoption/fostering of the animals at the facility!

You can find all of our adoptable pets at:

[www.petfinder.com](http://www.petfinder.com) Fort Leavenworth

[fortleavenworthstrayfacility@gmail.com](mailto:fortleavenworthstrayfacility@gmail.com)

913-684-4939

510 Organ Ave  
Fort Leavenworth, KS  
66027

## Clean Paws Pet Wash

Open 24 hours a day!  
Merritt Lake Parking Lot  
Cash, Coin and Card



Info: (913) 651-7176



THURSDAY  
AUGUST 8, 2024



# Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

## playground & popsicles

JOIN CATHOLIC WOMEN OF THE CHAPEL

10:00-11:00

AUGUST 8 • PIONEER CHAPEL  
PLAYGROUND



## You're Invited to the Women and Leadership August Social



### Who

Students, faculty, friends or alumni of CGSC (CGSS, SAMS, PCC, AMSC)

### What

Meet & Greet – drinks and snacks provided by the CGSC Foundation & First Command

### When

August 15, 2024 • 4-6 p.m.

### Where

Frontier Army Museum  
100 Reynolds Ave, Fort Leavenworth, KS 66027

### Why

Expand your network of professionals

RSVP by August 12 at the CGSC Foundation office

Room 1149 in the Lewis and Clark Center, next to the barber shop and the food court  
or email/call: [lmorgado@cgscf.org](mailto:lmorgado@cgscf.org) – 913-651-0624



Command and General Staff College Foundation, Inc.



**BOSS PRESENTS  
MOVE NIGHT**

Post Theater // 375 Grant Avenue  
Movies start at 7PM  
Must show your DoD ID at the door!

August 9 **KUNG FU PANDA 3** PG  
August 23 **GHASTBUSTERS** PG-13

Come out and join us as the BOSS program gives back to the Community by playing movies inside the Post movie theater.  
Prepackaged snacks and drink can be purchased at the snack bar. No outside food or drinks are authorized.  
For all movies children 12 and under MUST be accompanied by an ADULT!  
CASH only at the snack bar!

For more info call: (913) 684-2736 • Or visit our website [leavenworth.armymwr.com](http://leavenworth.armymwr.com)

**KIDS BOWL FREE!**

Kids 18 & under will receive **TWO FREE Games!**

**Strike Zone Bowling Center**  
Wednesday - Saturday  
10am - 4pm

Promotion runs from May 22 - August 10

Contact the Strike Zone for more information on how to sign up!  
913-651-2195

## STORYWALK®

StoryWalk® was created by Anne Ferguson of Montpelier, VT and has developed with the help of Rachel Senechal, Kellogg-Hubbard Library

August 5th - August 11th

Read the Story 

Take a Nice Walk 

Enter into the book drawings 

Thank you to the CGSC Foundation for sponsoring this event!

**WORKSHOP & WORKOUT!**

Join the Family Advocacy Program for a monthly workshop and workout!  
11:00a.m.-12:30p.m.  
June 8th  
July 13th  
August 10th  
September 14th

To Reserve Your Spot Call or Text 913-683-2533

600 Thomas Ave.  
Bldg. 198  
Room 157

VFW Auxiliary Post 56 event  
August 10, 2024 Saturday 11am-1pm  
Youth Pledge of Allegiance Challenge  
Ages 12 years old and younger  
Come say The Pledge of Allegiance and get:  
a frozen red-white-and-blue bomb pop,  
or a \$1 bill.

**The Pledge of Allegiance**

I pledge allegiance to the flag of the United States of America and to the republic for which it stands, one nation under God, indivisible, with liberty and justice for all.

**Location:**  
VFW Post 56 Hall  
519 Cherokee St  
Leavenworth, KS 66048

AUGUST 17  
9AM - 1PM

**PAIR DAY**

POST ACTIVITIES, INFORMATION, AND REGISTRATION

Experience what Fort Leavenworth and the greater Kansas City area have to offer at PAIR Day!  
This is your one-stop shop for everything social, recreational, spiritual and educational.  
There will be informational tables and lots and lots of FREEBIES!  
And the best part...it's all FREE to attend!

Harney Sports Complex  
185 Fourth St.  
Info: (913) 684-1674  
[leavenworth.armymwr.com](http://leavenworth.armymwr.com)

*Catholic Women of the Chapel*



**CWOC KICK OFF**  
**August 15th**  
9:00am  
at Pioneer Chapel

CWOC meets Thursdays at 9:00am at Pioneer Chapel starting August 15th.

Find 'CWOC Fort Leavenworth' on Facebook for our complete calendar.




*Protestant Women of the Chapel*

**Fall Kick-Off Program**

**August 20th**  
8:45am-11:00am  
(Come at 8:30 to get kids settled.)  
Frontier Chapel  
(625 Thomas Ave)  
Worship, Speaker, Food, Fellowship,  
& Bible-Study Sign-ups!

Watch Care available for walkers through age 3.  
Home school room available for ages 4 and up.  
Children always welcome to stay in with the adults!

**\*\*Tuesday Evening Kickoff 6:30-8:00pm\*\***



Scan QR Code to Register for PWOC 2024-2025!



**BLESSING OF**

0930 MASS **11 AUG**



**BACKPACKS**


Join us monthly

**DATE NIGHT**


6-10 PM @ Frontier Chapel

Meals & Childcare provided

Sponsored by Fort Leavenworth Chapel Community

Supported by 

**Invest in your marriage this year!**



05 SEP, 03 OCT, 07 NOV, 05 DEC, 09 JAN, 06 FEB, 06 MAR, 03 APR, 01 MAY

Each Date Night begins with a faith-based marriage enrichment presentation. Then couples are released to go out on a date and further discuss the topic together. Children will remain safely supervised by childcare professionals at Frontier Chapel (6-10 pm or pick up kids earlier)!

For more information and to register scan the QR code or call 913-680-7336

FORT LEAVENWORTH-  
OPERATION DEPLOY YOUR DRESS

**GRAND OPENING**  
9-14-24




*Homeschool*

2024

*Meet & Greet*

This is an opportunity for families new to the area to meet each other and find out what resources and programs are available in the local community.

TEA PARTY

Local homeschool groups, electives, and recreational organizations will be in attendance with program information.

**RESOURCE FAIR**

August 9 10:00 am



**Riverfront Community Center**  
123 S. Esplanade St,  
Leavenworth, KS 66048

Adults and Teens in attendance. Please, leave younger children at home.

FOR INFO AND/OR TO PARTICIPATE AS AN ORGANIZATION  
Call 913-674-0447

**ESL**

ENGLISH AS A SECOND LANGUAGE

**MEET & GREET**

August 26  
9am - 10:30am  
Pioneer Chapel  
500 Pope Ave

Military Spouses and the International Community, this is for you!

Join ACS and their ESL Team on August 26 to learn about the different levels of classes being offered starting in September! English classes range from Beginner (conversational) to Advanced (Grammar, Composition)!

No RSVP necessary for the Meet & Greet! Children are welcome to accompany parents to class!

Call 913-684-2800 for more information  
McmInK@aol.com






**Army Corrections Brigade Wants You!**

*Operation Deploy Your Dress*

Operation Deploy Your Dress is looking for new and gently-used men's suits and formal wear, shoes, and accessories for the upcoming MPRA Military Police Ball. Donations can be made at the MWJRCF and USDB Battalion headquarters.

 **OPERATION DEPLOY YOUR DRESS**   
DEPLOYING AMERICA'S PATRIOTISM ONE TUX AT A TIME

The points of contact are First Lieutenant Emily Johnson and Sergeant First Class Stacy Hales

**Sleep & Stress Management**



ARMED FORCES WELLNESS CENTER

14

WHO: YOU! ALL ACB SMs, CIVs and FAMILY are welcome to attend this event.

WEDNESDAY, AUGUST 14, 2024 AT 2:30 PM - 3:30 PM CDT

**Sleep & Stress Management**



**Need to talk?**  
We're here to help.

[safehelpline.org](https://safehelpline.org)

**OPERATION DEPLOY YOUR DRESS**  
DEPLOYING AMERICA'S PATRIOTISM ONE DRESS AT A TIME

*Save the Date*  
**August 10, 2024**

Men's Formal Wear donations needed!

Leader Volunteers needed!

*Operation Deploy Your Dress*

The Army Corrections Brigade will host Operation Deploy Your Dress ahead of our annual Military Police Ball.

Army Community Services, Resiliency Center  
600 Thomas Ave, Fort Leavenworth, KS 66027  
MWJRCF 10 am - 12 pm  
USDB 12 pm - 2 pm

\*Refreshments available to enjoy while shopping.\*  
\*Open to Griffin Service Members and Families of all ranks and branches!\*

Event Partners





The points of contact are First Lieutenant Emily Johnson and Sergeant First Class Stacy Hales

**SAVE THE DATE**  
**MILITARY POLICE BALL**

Join the Old West Chapter of the MPRA on 27 September 2024 for the Military Police Ball held at the Marriott Country Club Plaza

Address: 4445 Main Street, Kansas City, MO 64111  
Valet: \$35/night  
Self-Parking in Hotel Garage Off 45th Street: Coupon for free parking for event: \$35/night

Uniform:  
Service Members: Dress Mess, Dress ASU, Dress AGSU, or Service Branch Equivalent  
Civilians: Formal Attire

**BRING CASH FOR THE CASH BAR**

**Ticket Prices (Guests Pay Their Soldier's Ticket Price):**  
E1-E4: \$45  
E5-E6: \$60  
E7 & Above/Civilians: \$80

**Event Highlights:**  
-Unique Take Home Gift  
-Special Guest Speaker  
-DJ Entertainment  
-Walking distance to Country Club Plaza  
-Guest Rooms are available for a discounted rate of \$149/night plus taxes (stay tuned for booking info)

**Choice of Entrée:**  
Chicken Piccata  
Top Sirloin Steak  
Vegan Plate

**Timeline:**  
Social Hour: 1730-1815  
Receiving Line: 1815-1900  
Ceremony/Dinner: 1900-2030 (Formal)  
Reception: 2030-2359 (Informal)

POC: LTJ Johnson, Emily 913-685-9216

**Integrity. Dedicated Service. Financial Solutions. Anytime, Anywhere.**

[frontierccu.org](https://frontierccu.org) (913) 651-6575



Federally Insured by NCUA



# August 2024

## The CARL's Community Events Calendar

The Ike Skelton Combined Arms Research Library  
913-758-3001

follow us on Facebook: @CombinedArmsResearchLibrary

\*Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed Sundays	1	2	3	4	5	6
	7	8	9	10	11	12
	13	14	15	16	17	18
	19	20	21	22	23	24
	25	26	27	28	29	30
						31

**Oh BABY!**  
please join us for a  
*Stronghold*  
**BABY SHOWER**  
September 14, 2024 · 11:00 am  
655 Biddle Blvd, Fort Leavenworth

*Gifts can include:*  
Diaper Subscription  
Baby Monitors  
Nursing Pillows  
Baby Bottles  
Mother's Totes  
Blankets & Knitted Items

**Hunger Buster Pack**  
POWERED BY FTLY THRIFT STORE

Do you have a school aged child that could use a pack filled with breakfast, lunch, and snack goods to help them sustain a healthy active lifestyle over school break?

Bring your pack back for a REFILL or register online to pick up your pack.

**Stronghold: Happy Bottoms Program**  
Powered by: Rapid Response Charities

Free Monthly Diaper Distribution  
Email: [contact@strongholdfoodpantry.org](mailto:contact@strongholdfoodpantry.org)

**SKIES**  
Instructional Class Summer Catalog  
2024

Enrollment Opens April 15th @ 9:00am  
Open House July 23rd 5:30pm - 7:00pm

320 Pope Ave Bldg #345  
Call 913-684-3207 or text 913-704-7595

The Schools of Knowledge, Inspiration, Exploration and Skills (SKIES): Unlimited offers classes in dance, music, gymnastics, theater and more. For more information, visit <https://leavenworth.armymwr.com/programs/skies-unlimited>. Download the summer catalog of available classes at [https://leavenworth.armymwr.com/application/files/2217/1258/9294/SKIESUnlimited\\_2024\\_Summer\\_Catalog.pdf](https://leavenworth.armymwr.com/application/files/2217/1258/9294/SKIESUnlimited_2024_Summer_Catalog.pdf)

**STRONGHOLD FOOD PANTRY**  
More than a food pantry.

**STRONGHOLD DISTRIBUTION & HAPPY BOTTOMS**  
By Appointment Only  
[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5 DONATIONS 12:00-2:00	6	7 Pack the Backpack Event	8	9	10
11	12 DONATIONS 12:00-2:00	13	14 Open Pantry & Happy Bottoms 11:00-12:30	15	16	17
18	19 DONATIONS 12:00-2:00	20	21 Open Pantry & Happy Bottoms 11:00-12:30	22	23	24
25	26 DONATIONS 12:00-2:00	27	28 Volunteer Orientation Open Pantry & Happy Bottoms 11:00-12:30	29	30	31



# The Fort Leavenworth Frame Studio



**Custom Framing & DIY Studio**  
 Tuesday - Friday  
 10am - 5pm

Must complete Intro to Framing Workshop before using the DIY Frame Studio. Hourly fee applies.  
 Call to register or stop by the studio!



Come see us!  
**Arts & Crafts Studio**  
 310 McPherson Ave  
 (913) 684-3373

### Intro to Framing:

(\$40 a class must pre-register)  
 Every 2nd Thursday of the month from 10am - 2pm  
 Every 4th Saturday of the month from 10am - 2pm  
 Deadline to register is the day before class.  
 Ages 18+

The Frame Studio is available for all of your framing needs!

- Military Prints
- Art Projects
- Photography Prints
- Graduation Certificates
- Etchings/Engravings
- Restoration

## Wooden Growth Chart

Sanding, Staining, And your Choice of Painting or Stickers!

Friday, August 16th from 11-1pm  
 Cost \$35 Per Participant.  
 Perfect for your Back to School Photos!  
 @ Fort Leavenworth Arts and Crafts Studio  
 (913) 684-3373

Made with PosterMyWall.com

## August & September

### Watercolor & Acrylic Workshops

\$30 per workshop

Cost includes all supplies!

**Watercolor (Basic Techniques)**  
 Tuesday, Aug 20  
 11am - 1pm  
 Tuesday, Sept 17  
 6pm - 8pm

**Watercolor (Color Theory)**  
 Tuesday, Aug 27  
 11am - 1pm  
 Tuesday, Sept 24  
 6pm - 8pm

**Watercolor (Autumn Leaves)**  
 Tuesday, Sept 3  
 11am - 1pm

**Watercolor (Autumn Wreaths)**  
 Tuesday, Oct 1  
 6pm - 8pm

**Acrylic (Basic Techniques)**  
 Wednesday, Aug 28  
 11am - 1pm

**Acrylic (Intermediate)**  
 \*Must sign up for both  
 Wednesday, Sept 4  
 11am - 1pm  
 Wednesday, Sept 18  
 11am - 1pm



scan for more info

Call now to register!  
913-684-3373

**Arts & Crafts Studio**  
 310 McPherson Ave  
 913-684-3373

**OPEN STUDIO**  
 Hours 10am - 5pm T - F  
 Ask about our Hourly Fees

**Multi-Craft Room**  
 Come use our provided supplies to craft with the whole family!

**Painting Studio**  
 Provided watercolor and acrylic supplies to create your own masterpiece.

**Framing Studio**  
 Must take Intro to Framing before using DIY Framing Studio.

**Pottery Studio (Coming Soon!)**

## Modern Calligraphy

### Basics

\$20 per class

Tuesday  
 Aug 20  
 6:30pm - 8pm

### Special Projects

**Birthday Cards**  
 Tuesday  
 Sept 3  
 6:30pm - 8pm



### Intermediate

\$20 per class

Tuesday  
 Aug 27  
 6:30pm - 8pm

## Reoccurring Classes

MUST PRE-REGISTER

### Intro to Framing

\$40 per class  
 Every 2nd Thursday & 4th Saturday of the month  
 10am - 2pm

### Paint & Sip

\$35 per session  
 Every 2nd Friday of the month  
 6pm - 8pm

Must be 21 years or older. BYOB

Come see what's new at the Studio!



leavenworth.armymwr.com

## August & September

### Workshops

#### Acrylic

\$35 per class

**Acrylic Pour**  
 Wednesday, Aug 14  
 11am - 1pm

**Acrylic Pour**  
 Wednesday, Sept 25  
 11am - 1pm



#### Framing

\$40 per class

**Intro to Framing**  
 \*Must pre-register\*  
 Thursdays  
 Aug 8, Sept 12  
 10am - 2pm  
 Saturdays  
 Aug 24, Sept 28  
 10am - 2pm

Call now to register!  
913-684-3373

#### Crafts

\$35 per class

**Wooden Growth Chart**  
 Friday, Aug 16  
 11am - 1pm

**Wooden Birthday Calendar Board**  
 Friday, Sept 27  
 11am - 1pm



**Arts & Crafts Studio**  
 310 McPherson Ave  
 913-684-3373

### Paint & Sip

\$35  
 Must be 21 years or older.  
 BYOB



**Hot Air Balloons**  
 Friday  
 August 9  
 6pm - 8pm



**Monarch Butterfly**  
 Friday  
 September 13  
 6pm - 8pm

Cost includes all supplies!

## Kids Arts & Crafts

### Messy Art

\$12 per class (ages 7+)

Thursday, Aug 15  
 11am - 12pm

Thursday, Sept 19  
 11am - 12pm

**Color Me Happy (Parent & Toddler)**  
 \$10 per class

Thursday, Aug 22  
 10:30am - 11:30am

Thursday, Sept 12  
 10:30am - 11:30am

Thursday, Sept 26  
 10:30am - 11:30am

### Art History

\$15 per class (ages 7+)

**Milkshakes & Monet**  
 Wednesday, Aug 21  
 1pm - 3pm  
 Thursday, Aug 22  
 4pm - 6pm

**Gummies & Goldsworthy**  
 Wednesday, Sept 18  
 1pm - 3pm  
 Thursday, Sept 19  
 4pm - 6pm



Come see what's new at the Studio!



leavenworth.armymwr.com

# Looking for volunteers!

Want to make a difference and earn community service hours? Volunteer with EFMP!

Looking for Soldiers and DOD ID card holders ages 18+ to participate as Leads for basketball games and drills!

Looking for 20 Student Volunteers ages 14 - 18 to be paired with our EFMP students to play basketball!

One hour a week for 4 weeks!

Thursdays from 4:30pm - 5:30pm  
Harney Sports Complex  
August 29 - September 19

Volunteer Registration must be completed by August 22 (Volunteers under age 18 need parental permission and signed consent)

To register or get more info please call 913-684-2838 or 913-684-2871  
BOSS Soldiers contact your BOSS program coordinator



# Playground Palooza!



Every 2nd Tuesday from 9am - 10am  
@ The EFMP Playground  
(through the month of October 2024)

Come out and get to know other EFMP Families while the kids play! Every month there will be a NEW and EXCITING activity for the kids!  
Open to EFMP Families only.

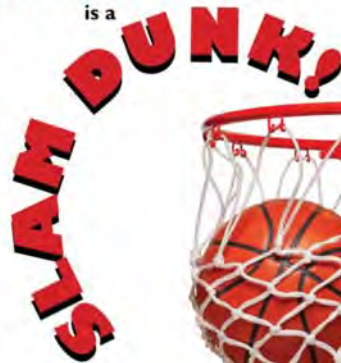
Registration is required the Friday before the event.  
Call 913-684-2871 or 913-684-2800 for more info



### Activities\*

- May- Chalk Art
  - June- Art Easels
  - July- Popsicles
  - August- Bubbles
  - September- Juice Boxes
  - October- Pumpkin Decorating
- \*Subject to change

Signing up for  
**HOOPS WITH TROOPS**  
is a



Are you looking for a **FUN** and engaging activity for your EFM?

Sign up now to play basketball with **HOOPS WITH TROOPS!**

This **FREE** 4 week program is geared toward EFM ages 9 - 18. Students will be led by Military Member Volunteers in basketball drills and games. Each participant will be paired with a student volunteer.

Thursdays from 4:30pm - 5:30pm  
Harney Sports Complex  
August 29 - September 19

Call to register by August 22  
913-684-2838 or 913-684-2871



# EFMP RECREATIONAL BOWLING

Every first Saturday of the month  
12:00pm - 2:00pm  
Strike Zone Bowling Center  
165 Fourth St



Meet other EFMP families! EFMP Recreational Bowling is a fun way to socialize, and sharpen fine motor skills.

All ages welcome!  
**FREE** for the entire family including shoes!  
Bumpers, bowling ramps, and lightweight bowling balls are available.

Pre-registration is required the Wednesday before the event.  
Call 913-684-2800 for more info or to register



## "Refreshing Conversations"

Let's talk about the topics that impact our EFMP community!

Every first Thursday of the month  
@ the ACS classroom  
in The Resiliency Center  
10:00 am - 11:00 am

- Oct 5
- Nov 2
- Dec 7
- Jan 4
- Feb 1
- Mar 7
- Apr 4
- May 2
- Jun 6



Enjoy light refreshments, a delicious drink of the month, and great conversation!



Please register by calling 913-684-2800 or 913-684-2871

## VOLUNTEER BASICS

JAN 10 • MARCH 13 • MAY 15 • JUNE 26 • AUG 28 • SEPT 4  
ACS CLASSROOM • 600 THOMAS AVE.  
TIME: 12PM - 1PM

DO YOU WANT TO MAKE A DIFFERENCE IN OUR COMMUNITY? IF SO, THEN BE SURE TO CHECK OUT VOLUNTEER BASICS. LEARN ABOUT VOLUNTEER OPPORTUNITIES ON FORT LEAVENWORTH AND IN THE COMMUNITY. PARTICIPANTS WILL LEARN THE BENEFITS OF VOLUNTEERING AND HOW TO PROPERLY LOG HOURS INTO THE VOLUNTEER MANAGEMENT INFORMATION SYSTEM (VMIS).

REGISTRATION IS NOT REQUIRED. JUST SHOW UP.

INFO: (913) 684-2835



- Victim Advocate Hotline: (913) 684-2537
- Child Abuse Hotline: (913) 684-2111
- SHARP Hotline: (913) 683-1443
- Chaplain: (913) 683-1443
- AER Assistance After Hours:  
American Red Cross at (877) 272-7337

Update  
As of: 19 October

**ACS WILL BE CLOSED THURSDAYS FROM 0800-1300 FOR STAFF TRAINING.**

FOR IMMEDIATE ASSISTANCE: 913-684-1669  
FOR VICTIM ADVOCATE: 913-683-2537

We are sorry for the inconvenience.

## August 2024



## Event Schedule

### New Parent Support Program

**Stroller Walk**  
Tuesdays, 9:00am - 10:00am

**Play Morning**  
Thursdays, 9:00am - 10:00am  
& 10:00am - 11:00am  
Resiliency Center Playroom

**Breastfeeding Class**  
Aug. 5, 5:00pm - 7:00pm  
Resiliency Center, Room 157

**Newborn Care Class**  
Aug. 12, 5:00pm - 7:00pm  
Resiliency Center, Room 157

**Potty Training Class**  
Aug. 19, 5:00pm - 7:00pm  
Resiliency Center, Room 157

**Dad's Night Out**  
Aug. 21, 6:00pm - 8:00pm  
Restaurant is TBD

**Mom's Night Out**  
Aug. 28, 6:00pm - 8:00pm  
Restaurant is TBD

### Personal Financial Counseling

**Lunch and Learn**  
Tuesdays, 11:30am - 1:00pm  
Resiliency Center, Room 145

**One-on-One Appointments**  
Call or text 816-500-3163

### Family Advocacy

**Back to School Bowling Party!**  
Aug. 2, 11:00 am - 1:00pm  
Strike Zone Bowling Center  
\*Registration Required

**Mom & Me Crocheting**  
Aug. 6, 1:00pm - 3:00pm  
Resiliency Center, Room 157

**Scream Free Parenting**  
Aug. 7, 1:00pm - 2:30pm  
Resiliency Center, Room 145

**Workshop & Workout!**  
Aug. 10, 11:00am - 12:30pm  
Resiliency Center, Room 157

**Anger Management**  
Aug. 11, 11:30am - 1:00pm  
Resiliency Center, Room 145

**5 Love Languages of Teenagers**  
Aug. 14, 1:00pm - 2:30pm  
Resiliency Center, Room 145

### Relocation Readiness

**In-Processing Brief**  
Tuesdays, 9:00am - 10:00am  
Resiliency Center, Room 157

**OCONUS Levy Brief**  
Tuesdays, 10:00am - 11:00am  
Resiliency Center, Room 157

### Exceptional Family Member Program (EFMP)

**Refreshing Conversations**  
Aug. 1, 10:00am - 11:00pm  
Resiliency Center, Room 157

**EFMP Recreational Bowling (free) for EFMP Members and their Families**  
Aug. 3, 12:00pm - 2:00pm  
Strike Zone Bowling Center  
\*Registration Required

**Playground Palooza!**  
Aug. 13, 9:00am - 10:00am  
EFMP Playground  
\*Registration Required

**Hoops with Troops**  
Aug. 29 - Sept. 19, Thursdays, 4:30pm - 5:30pm  
Harney Sports Complex

### Employment Readiness Program

**Federal Employment**  
Aug. 7, 12:00pm - 2:00pm  
Aug. 7, 5:00pm - 7:00pm \*Registration Required  
Resiliency Center, Room 157

**Resume Writing**  
Aug. 14, 12:00pm - 2:00pm  
Aug. 14, 5:00pm - 7:00pm \*Registration Required  
Resiliency Center, Room 157

**Interview Skills & Professionalism**  
Aug. 21, 12:00pm - 2:00pm  
Resiliency Center, Room 157

**Volunteer Basics**  
Aug. 28, 12:00pm - 1:00pm  
Resiliency Center, Room 157

Resiliency Center, 600 Thomas Ave, Building 198  
913-684-2800 // 913-684-HELP(4357)  
Hours: Monday - Friday, 7:30am - 4:30pm  
Follow us on Facebook! @FortLeavenworthACS

CALL ACS TO REGISTER FOR CLASSES TODAY! ALL EVENTS LISTED ARE FREE!



**ACS New Parent Support Prenatal Classes**

**Childbirth Classes:**  
Series of three classes  
January 8th, 22nd, 29th  
March 4th, 11th, 18th  
May 6th, 13th, 20th  
July 15th, 22nd, 29th  
September 16th, 23rd, 30th  
November 4th, 18th, 25th

**Newborn Care Classes:**  
February 12th  
April 15th  
June 10th  
August 12th  
October 21st  
December 9th

**Breastfeeding Classes:**  
February 5th  
April 8th  
June 3rd  
August 5th  
October 7th  
December 2nd

Free for Expectant Parents!

600 Thomas Ave  
Room 157  
All classes are from 5 pm - 7 pm

Deadline for Registration is the Friday before the class. Pre-registration is required.  
Contact 913-297-3212

Come join us to learn the cues to look for when deciding to potty train! Learn valuable tips to get you started!

**ACS New Parent Support Potty Training**

Are you ready?

Time to lose the diapers?

FREE For Parents of Children aged 0-4 years  
\*Pre-registration Required\*  
Deadline is Friday before class  
Contact 913-297-3212

600 Thomas Ave  
Room 157  
2/26, 4/22, 6/17, 8/19,  
10/28, 12/16  
5 pm - 7 pm

**Stroller Walk & Talk**

Meeting at  
The Resiliency Center  
600 Thomas Ave  
Every Tuesday Morning  
March - May  
10am - 11am  
June - Sept  
9am - 10am

This is a FREE opportunity to meet other parents of small children, get healthy and socialize all while enjoying the walking paths of Ft. Leavenworth!

Offered to expecting parents and to parents of children through 3 years of age. Must bring your own stroller. Register the day before!

POC 913-297-3212

**MOM'S NIGHT OUT**

This NEW event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.

Jan 31 • Feb 28 • March 27 • April 24  
May 29 • June 26 • July 31 • Aug 28  
Sept 25 • Oct 30 • Nov 20 • Dec 11

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old.

Info: (913) 297-3212 or (913) 684-2800

**DAD'S NIGHT OUT**

Dad's Night Out is offered by ACS New Parent Support Program for Dads of children 0-3 years of age to get out of the house without the kids and meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.

Jan 24 • Feb 21 • March 20 • April 17  
May 22 • June 12 • July 24 • Aug 21  
Sept 18 • Oct 23 • Nov 13 • Dec 4

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Dads with children 0-3 years old.

For more info: (913) 297-3212 or (913) 684-2800

**SCREAM FREE Parenting**

ACS Conference Room 145  
600 Thomas Ave  
From 1:00 - 2:30pm  
June 5, July 10, Aug 7,  
Sept 4, Oct 2, Nov 6  
Dec 4

Feeling frustrated? Overwhelmed? Let us help you focus on staying both calm and connected with your loved ones. We'll work together to find the tools to revolutionize your relationships with your children.

This class is recommended for parents with children aged 5+.

FREE  
Open to all DOD ID holders 18+  
leavenworth.armymwr.com

Call to register (deadline is day before training)  
913-684-2811 / 2808

ACS Family Advocacy New Parents Support Program Presents

**Toddler Time Playgroup**

- Free toddler play group.
- Open to ages 2-3 years old with adult.
- Offers an introduction to preschool routines, explores educational concepts, and builds social skills through hands on experiences and activities.

**Wednesdays @ 9:00am**

Located at the Army Community Service Resiliency Center  
600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text 913-297-3212 or 913-297-9704

ACS Family Advocacy New Parent Support Program

**Play Morning**  
Thursdays from 9-11:00 a.m.  
Ages 3 months - 3 years with Guardian • Resiliency Center

Free play group for ages 3 months - 3 years and their parents/guardians.

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.

Army Community Service | Resiliency Center | 600 Thomas Ave. | Fort Leavenworth, Kansas  
Registration required, cut off is day before event (913) 297-3212 or (913) 684-2800  
www.facebook.com/acsfleavenworth

ACS Family Advocacy New Parents Support Program Presents

**Storytime!**

Free  
Open to ages 3 months - 3 years old with adult.

Join us for storytime to use our imagination and develop a love of books

Storytime fosters early literacy skills, language development, and social growth.

**Every Wednesday @ 10:00 am**

Located at the Army Community Service Resiliency Center  
600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text 913-297-3212 or 913-297-9704

**5 Love Languages of Teenagers**

Do you ever feel like you and your teen are speaking another language?

The "5 Love Languages of Teenagers" class is geared toward caregivers that want to communicate with their teens in a way that everyone feels heard, understood, and most importantly loved.

ACS Classroom 145  
Feb 14, May 8, Aug 14, Nov 13  
1-2:30pm  
FREE

Open to all DOD civilians, active duty, and retired military that are caregivers raising teens  
Call to register (deadline is day before class)  
913-684-2822 / 2808

leavenworth.armymwr.com

**ACS Employment Readiness Program Menu of Services**

One-on-one appointments and workshops to assist with:

- Career exploration and planning
- Skills and personality assessments
- Education and skills attainment
- Civilian and Federal resume assistance
- Employer referral and job search assistance
- Interview skills and professionalism

For more information, contact the ACS Employment Readiness Program Specialist  
913-684-2835/2800

**Employment Readiness Program Classes**  
ACS Classroom • Resiliency Center, 600 Thomas Ave.  
Wednesdays • 12PM - 2PM\*

**Resume Writing:**  
Mar 20\* • June 19\* • July 17\*  
Aug 14\* • Sept 25\*  
Evening Classes:  
May 22 • Aug 14 - 5PM - 7PM  
Registration required for evening classes

**Federal Employment:**  
Jan 17\* • Mar 6\* • April 10\*  
May 8\* • June 5\* • July 10\*  
Aug 7\* • Sept 11\* • Oct 9\* • Nov 6\*  
Evening Classes:  
May 15 • Aug 7 - 5PM - 7PM  
Registration required for evening classes

**Interview Skills & Professionalism:**  
Feb 21\* • May 22\*  
July 24\* • Aug 21\*

\*Classes are from 12PM - 2PM\*  
Registration is required for evening classes only.  
Open to DoD ID card holders.

For more info call: (913) 684-2800

**Financial Readiness Milestone Training**

Are you financially prepared for what life throws your way? Let us help! We offer free Financial Readiness Training on a variety of subjects.

Some of the topics we will discuss:  
Pre-Deployment  
Post-Deployment  
PCS  
Marriage  
Divorce  
Vesting in TSP  
Promotion  
First Child  
Continuation Pay  
Disabling sickness/injury/condition

Held monthly every 2nd & 4th Thursday @ 0900am - 1100am.  
Bldg 198 Room 157

INFO: 913-684-2852 / 2800

## 8th Annual Trails West Golf Course Ladies Invitational



**SATURDAY, AUGUST 10 • Tee Time: 9AM**  
**\$50 MEMBERS \* \$60 NON-MEMBERS**

**Relaxed 2-Person Scramble Format**

Ladies 64 and under play Red Tees \* Ladies 65+ play Shorter/Combo Tees

Entry includes greens fees, cart, range balls, lunch, beverages, hole prizes, flight prizes and a day of fun with friends.

Strawberry Kale Salad after the round.  
Optional Mulligans available.

Call (913) 651-7176 to register by August 7th.

Trails West Golf Course \* 306 Cody Rd \* 913-651-7176






## CGSC GET ACQUAINTED SCRAMBLE

trails west golf course

**Saturday,  
August 24th**  
8 am shotgun start

Relaxed 4 person scramble

All CGSC students and families are encouraged to participate!

\$50 members / \$60 non-members  
\$35 Youth 16 & Under

Registration closes August 21



Tee gift and hole prizes

**GREAT PRIZES & LOTS OF FUN!**





Trails West Golf Course (913) 651-7176  
leavenworth.armymwr.com


2024


## FT LEAVENWORTH CAC GOLF SCRAMBLE SERIES

**April through October; last Friday of each Month**

\$50 Members; \$60 Non-Members; Includes all Fees, Range, Lunch, Beverages, Tee Gift and Prizes.  
Lunch and Driving Range Open at 1200; Shotgun start at 1300\*  
\*July & August 1200 start

APR 26, MAY 31, JUN 28, JUL 26, AUG 30, SEP 27, OCT 25

Trails West Golf Course // 306 Cody Rd  
To register or for additional information call 913-651-7176

# WEIGHTLIFTING



**First Class is Free!**

Learn proper Olympic Lifting technique and how to safely resistance train. Programming is designed to increase Muscle Mass, Strength, and Power. Resistance training has been shown to increase bone density, metabolic rate, cognition, reduce fat accumulation, lower risk of heart disease, and so much more. Start enjoying the benefits!

**CLASSES MEET MON, WED, FRI 9:00-10:15 AT HARNEY GYM**  
**\$10 DROP IN RATE OR \$75 MONTH**

FOR MORE INFO, (913) 684-2190





## FUN SHOOT

**Brunner Range  
1st Saturday of the Month**

**Jan 6 - Dec 7 2024**  
Feb 3, Mar 2, Apr 6, May 4, Jun 1, Jul 6, Aug 3, Sep 7, Oct 5, Nov 2,

Registration is required and can be done the day of the event from 9AM-10:30AM.

Space is limited so register early.

Rental guns and shells are available or bring your own.

Prizes and awards distributed at the end of each shoot.

**Info: (913) 651-8132**  
701 Sheridan Drive



## Brunner Range 2024 LEAGUE SCHEDULE

**Winter Combo**  
4 January - 7 March

**Spring Combo**  
21 March - 23 May

**Summer Warm-up**  
6 June - 11 July  
18 July - 22 August

**Fall Combo**  
5 September - 7 November

**Winter Warm-up**  
14 November - 19 December



Each league has a one-time payment of \$25  
Payment is held for prizes at the end of each league.  
Combo leagues shoot on Thursday evenings. Teams consist of 5(+/-) shooters.  
All teams take turns supplying an evening meal at approximately 5:30 pm with shooting commencing at 6:00 pm. Summer and Winter Warm-up leagues are individual with the same fee but no food.

Contact Brunner Range for more information  
(913) 651-8132






### FUNCTIONAL FITNESS CLASSES



**CLASSES**

Monday - Friday  
9:00-10:15am  
Harney Gym  
185 Fourth Street  
Fort Leavenworth, KS



**ABOUT**

Classes are designed to increase strength, power, speed, agility, and aerobic capacity by Olympic lifting, weight lifting, gymnastics, and plyometrics. This class is ideal for beginners and elite. Get healthier, get stronger, live longer. Enjoy professional programming in a supportive, encouraging environment.




**PRICING**

Monthly rates  
3x week \$75  
5x week \$85  
Drop in \$10

CONTACT For more info: 949-291-0386







BRAZILIAN JIU JITSU  
CLASSES

With Coach Don Castro

TUESDAY & THURSDAY




1830 - 1930 BEGINNER  
1940 - 2040 ADVANCED

\*Must have 24 Hour Access\*

\*Register IN PERSON at the Front Desk, during business hours\*

\*Gi and No Gi will alternate every other week.\*

GRUBER FITNESS CENTER  
220 REYNOLDS AVENUE  
FORT LEAVENWORTH, KANSAS 66027  
POC: 254-436-7159

Starting Monday April 15th, 2024

## Fort Leavenworth Group Fitness Classes

GRUBER FITNESS CENTER - 200 Reynolds Ave. - 684-5120  
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530			Spin (Karyn)			
0930	Zumba (Lydia)		Zumba (Lydia)			(0915) Zumba (Lydia)
1030						Hot Yoga (Kim)
1630	30/30 Split (Kim)		Power Cycling (Kim)			

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190  
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

\*Power Cut classes are held in the Bubble Gym

**Single Ticket For \$5.00**

**10 Tickets For \$45.00**

**20 Tickets For \$80.00**



https://leavenworth.armymwr.com

## Discover Fort Leavenworth's Fitness Facilities

Harney Sports Complex and Aquatics Center  
185 Fourth St  
913-684-2190  
M-F 0500-1800  
Sat-Sun 0800-1700

Gruber Fitness Center  
200 Reynolds Ave  
913-684-5120  
M-F 0500-1800  
Sat-Sun 0800-1700

YOU'RE JUST A CLICK AWAY  
FROM A HEALTHIER YOU!

Adult Sports & Fitness



Scan Here for current information about adult intramural sports, pool hours, eligibility, how to register for 24/7 access, and special programs!

Group Fitness



Scan Here for current fitness classes, schedules, fees, and eligibility. FREE for Active Duty!

WE OFFER  
24/7  
Gym  
Access  
(After registration)

LET'S GO!

DECIDE  
TO  
COMMIT  
TO  
SUCCESS





leavenworth.armymwr.com

# THE GREAT ESCAPE 5K

**24 AUGUST 2024 0800 - Old USDB**

**\$30 / Individual • \$60 / Family of 3**

Register in person at  
Harney Gym Gruber Gym  
Resiliency Center

Same day registration available

For more information  
call 913-684-1674

## INTRAMURAL FLAG FOOTBALL

Season starts: Thursday, September 5.

Coaches Meeting: Thursday, August 15 5:30PM @ Gruber Fitness Center.

Team Rosters and/or Letters of Intent due COB Wednesday, August 28.

Games: Tuesdays and Thursdays 5:30PM - 8:30PM @ Gruber Football Field.

Open to Active Duty, DoD Civilians, Retirees, Dependents, Spouses, and Contractors working on Fort Leavenworth ages 18 and older.

League awards given for regular season champions, tournament runner ups, and tournament champions.

Info: 913-684-3224/684-5136  
Leavenworth.armymwr.com

## Bowling leagues

Strike Zone Bowling Center // 165 Fourth St.  
Info: (913) 651-2195

**Tuesday Unit Organization**  
Meeting: Aug 27 // 6:30PM  
League begins: Sept 3 // 6:15PM  
Handicap league, 4 person teams

**Thursday Morning Ladies (Spouses Sub Club)**  
Meeting: Aug 29 // 9AM  
League begins: Sept 5 // 8:45AM  
Handicap league, 3 woman teams

**Saturday Morning Youth (kids ages 3-18)**  
Meeting: Sept 17 // 10AM  
League begins: Sept 24 // 9:45AM  
Handicap league - 3 divisions, size determined by participation

## Fall Youth Sports & Fitness

<b>Fall Running Club</b> (3rd - 8th grades) (Ages 8 - 14) Tuesday/Thursday Sept 10 - Oct 26 Season ends with the Halloween 5K.	<b>Flag Football</b> (1st - 2nd grades) (Ages 7 - 8) Tuesday/Thursday Sept 10 - Oct 24 (3rd - 4th grades) (Ages 9 - 10) Monday/Wednesday Sept 9 - Oct 23 (5th - 6th grades) (Ages 11 - 12) Monday/Wednesday Sept 9 - Oct 23	<b>Cheerleading</b> (Ages 5 - 12) Monday/Wednesday Sept 9 - Oct 23 Participants will cheer for all 3rd/4th & 5th/6th grade Teams. Pom-poms, shirt, and skirt are included in the cost.	<b>Soccer</b> 6 & Under (Ages 5 - 6) 8 & Under (Ages 7 - 8) 10 & Under (Ages 9 - 10) Sept 9 & 10 - Oct 23 & 24 Under 12 & 14 TBA
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Start Smart Flag Football (Ages 3 - 4) \$30  
Sept 16 & 18 - Oct 16 & 21

Start Smart Soccer (Ages 3 - 4) \$30  
Sept 17 & 19 - Oct 15 & 17

Registration and enrollment will begin July 8 - Aug 5. All youth must have an updated sports physical before first practice. Enrollment can be done at all OYS locations if centrally registered. Webtrac online enrollments can only be done with a Youth Sports Physical that covers the entire season. **Volunteer Coaches are needed!** For more information call 913-684-7525 or 7526

## Worlds of Fun Oceans of Fun

9 Aug 2024  
1000-1800 (10am-6pm)  
\$45  
Season Pass Holders \$10

Open to all registered youth in grades 6-12  
Sign up at Harrold Youth Center by 1400, on 8 Aug 2024  
Minimum Space Available

We will be attending both parks so wear comfortable shoes and pack a swim suit  
Sack lunch will be provided

Note: the park is Cashless, debit/credit card needed for all purchases  
For more information, please call or stop by the Youth Center  
(913) 684-5118

## FORT LEAVENWORTH LEISURE TRAVEL SERVICES TOP TICKETS

Disneyland Military Salute Offer 2024:  
3 DAY Park Hopper Our Price \$268.50 W/Genie \$357.75  
4 DAY Park Hopper Our Price \$314.25 W/Genie \$433.00

Disney World Military Salute Offer 2024:  
4 DAY Park Hopper Our Price \$365.00...W/Water Park and Sports Center \$395.00  
5 DAY Park Hopper Our Price \$385.00...W/Water Park and Sports Center \$415.00  
6 DAY Park Hopper Our Price \$399.75...W/Water Park and Sports Center \$435.00

Universal Orlando Military Freedom Offer 2024:  
2 Park Erudition Pass Adult \$210.00 and Child age 3-9 \$205.00  
3 Park Erudition Pass Adult \$245.00 and Child age 3-9 \$240.00

Universal Hollywood:  
1 Day General Admission Adult and Child 3+ \$112.00

Go City Go Card:  
Sightsee and save with a Go Card! Discover the best attractions, tours and experiences, all on one pass.  
Worldwide: Austria Vienna, UAE- Dubai, Mexico-Cancun, and Italy-Rome  
State side: Orlando, Miami, Chicago Los Angeles, San Francisco, Oahu, New Orleans, Boston, Las Vegas, New York, and much more!

Leisure Travel Services  
319 McPherson, Bldg 464  
(913) 684-2589  
leavenworth.armymwr.com

## SAVE THE DATE MILITARY POLICE BALL

Join the Old West Chapter of the MPRA on 27 September 2024 for the Military Police Ball held at the Marriott Country Club Plaza

Address: 4445 Main Street, Kansas City, MO 64111  
Valet: \$35/night  
Self-Parking in Hotel Garage Off 45th Street: Coupon for free parking for event; \$36/night

Uniform:  
Service Members: Dress Mess, Dress ASU, Dress AGSU, or Service Branch Equivalent  
Civilians: Formal Attire

**Ticket Prices (Guests Pay Their Soldier's Ticket Price):**  
E1-E4: \$45  
E5-E6: \$60  
E7 & Above/Civilians: \$80

**Event Highlights:**  
-Unique Take Home Gift  
-Special Guest Speaker  
-DJ Entertainment  
-Walking distance to Country Club Plaza  
-Guest Rooms are available for a discounted rate of \$149/night plus taxes (stay tuned for booking info)

BRING CASH FOR THE CASH BAR  
Timeline:  
Social Hour: 1750-1815  
Receiving Line: 1815-1900  
Ceremony/Dinner: 1900-2030 (Formal)  
Reception: 2030-2359 (Informal)

Choice of Entrée:  
Chicken Piccata  
Top Sirloin Steak  
Vegan Plate

POC: ILT Johnson, Emily 913-684-4246

## REMEMBER! FLFHC RESIDENT HANDBOOK 7.18 PARKING

**BOATS**

**TRAILERS**

**RV'S**

... ARE NOT ALLOWED TO BE PARKED FOR MORE THAN 72 HRS ON THE STREET, DRIVEWAYS, YARDS, OR PARKING LOTS IN THE HOUSING AREAS.  
YOU MAY STORE IN A CLOSED GARAGE. FORT LVN HAS A RECREATIONAL VEHICLE STORAGE LOT. CALL FMWR, (913) 684-3395 FOR INFO.

## Need a quick bite?

### SELF SERVICE Market

FOOD » SNACKS » DRINKS

Check out these locations

Bldgs: 77 \*136  
52 120 \*635  
61 465 \*1147

\*Some locations require authorized access

EXCHANGE

## ARMY COMMUNITY SERVICE ACS

Real-Life Solutions for Successful Army Living

600 Thomas Ave, Bldg. 198, Fort Leavenworth, KS 66027, (913) 684-2800/4357  
Monday—Wednesday & Friday 0730-1630 (closed 1130-1230)  
Thursday 1300-1630

**ARMY EMERGENCY RELIEF (AER):** 913-684-2830. (After Hours call 877-272-7337)  
Assists Soldiers and their families members in emergency financial situations in the form of loans and grants.

**ARMY VOLUNTEER CORPS (AVC):** 913-684-2835  
Volunteer opportunities and placement in opportunities with organizations that benefit the Army community

English as a Second Language (ESL) offers multi-level conversational English classes

**EMPLOYMENT READINESS PROGRAM (ERP):** 913-684-2835  
Assists with career planning and exploration, resume writing, federal employment, and interview skills.

**EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP):** 913-684-2871/2838  
Supports family members with special needs by providing information, referrals, and personal services. Support groups, Sensory Story Time, and recreational bowling are available to join.

**FAMILY ADVOCACY PROGRAM (FAP):** 913-684-2822/ 2808/ 2813/2811  
Focuses on the prevention of domestic violence and child abuse/neglect. Seminars, workshops, and counseling are offered to help improve quality of life.

Victim Advocate (VA) provides initial contact and advocacy for victims involved in abuse. Services include emergency assistance, information, referrals, and support in accessing medical, legal, and behavioral health services.  
24/7 Victim Advocate Hotline— 913-683-2537

New Parent Support Program (NPSP) offers emotional support, parent education, and referrals to expecting parents and parents with children ages 0-3. 913-684-2873 or 913-297-3212

**INFORMATION, REFERRAL, & FOLLOW-UP (IR&F):** 913-684-2800  
Information counseling about Army Community Service (ACS) programs, installation and community resources, and follow-up after referrals have been made to appropriate resource.

**MILITARY FAMILY LIFE COUNSELOR (MFLC):** 571-497-9321/256-749-7169  
Licensed professionals who assist Soldiers and family members with non-medical counseling to address short-term concerns and issues of daily life.

**PERSONAL FINANCIAL COUNSELOR:** 913-684-1717/816-500-3163  
Education, information, and assistance in spending plans, retirement planning, continuation pay, debt management matters, and more.

**RELOCATION (RELO):** 913-684-2830  
Supports Soldiers and family members moving to or from another duty station. In-processing and out-processing briefs are held each week.

Loan Closet offers kitchen and other household items that can be borrowed for up to 30 days.

Mobilization and Deployment helps to better prepare Soldiers and Families for a pending deployment.

**SURVIVOR OUTREACH SERVICES (SOS):** 913-684-2821  
Supports Families of Fallen Soldiers. Reassures survivors they remain valued members of the Army Family by offering counseling, support groups, and events within the garrison and surrounding area.

## FORT LEAVENWORTH FMWR

**CHILD AND YOUTH SERVICES**  
Parent Central and Outreach Services (913) 684-5138  
Youth Sports and Fitness (913) 684-7525  
SKIES Unlimited (913) 684-3207

**ARMY COMMUNITY SERVICE**  
(913) 684-2800  
EFMP, FAP, ERP, AER, MFLC  
And much more!

**RECREATION**

Haney Sports Complex (913) 684-2190	Brunner Range (913) 651-8132	Hunt Lodge (913) 684-1830
Gruber Gym (913) 684-5120	Auto Crafts (913) 684-3395	Stables and Horses (913) 684-1703
Outdoor Equipment Rental (913) 684-3395	Rod & Gun Club (913) 684-2035	Stray Facility (913) 684-4934

**BUSINESS OPERATIONS**

Strike Zone (913) 651-2195	12th Brick Grille (913) 684-2293
Trails West Golf Course (913) 651-7176	RV Storage & POV Lot (913) 651-7176
Frontier Conference Center (913) 684-3825	Clean Paws Pet Wash (913) 651-7176

Connect with Us!  
Facebook: Fort Leavenworth FMWR  
Online: leavenworth.armymwr.com





**Give blood for thrilling fun!**

**Blood Drive**  
**Ft Leavenworth**  
**Frontier Chapel**

Fellowship Hall  
 625 Thomas Avenue  
 Fort Leavenworth, KS 66027

**Saturday, August 17, 2024**  
**9:00 a.m. to 1:00 p.m.**

All presenting donors will receive a ticket to Worlds of Fun while supplies last! Tickets are nontransferable and cannot be exchanged for cash.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: FortLeavenworth to schedule an appointment.

Donors needed! Come give blood in August for \$20 Amazon.com Gift Card by email. See rcblood.org/Help

1-800-RED CROSS | 1-800-733-2767 | RedCrossBlood.org | Download the Blood Donor App

Rotary Club of Leavenworth, KS  
 2nd Annual  
 September 14, 2024

**German Volksmarch**  
 600 Cherokee St., Leavenworth, KS 66048

*Willbrett Brewing Company and Taproom*  
 Join us for an afternoon of fun and fellowship in support of the youth in our community!



Registration

<https://lp.constantcontactpages.com/ev/reg/eggrhu/lp/feclaf0ec-89b4-4de0-bc5b-f25f484559a>

**\$35 Single ticket, \$60 Couples tickets, or \$120 for Family of Four (2 adults and 2 children under age 21). Tickets include entrance to the walk, meal, drink, and souvenir cup.**

- 12:00 pm registration and sign in
- 1:00 pm walk begins
- Oompa Band from 2:00 - 4:00 pm.

**Griffin Gardens Greenhouse**  
**Opening April 17th!**

**Monday & Friday** 1330 - 1500  
**Wednesday** 0830 - 1030

Located between Griffin Cuts Barbershop & the MWJRCF



**FLH Intro to Fox Hunting**

4 Sessions -  
 August 25<sup>th</sup>, September 8<sup>th</sup>, September 15<sup>th</sup> from 12:00 - 2:00pm, and September 21<sup>st</sup> from 10:00 - 1:00pm (Informal Hunt) at McGuire Hunt Fixture (corner of 251<sup>st</sup> Street and Bayle Road, Easton, KS)



These two-hour sessions will familiarize prospective fox hunters with the varying terrain of hunt country (open fields, woods, stream crossings, steep slopes, etc.) and focus on learning the basics of fox hunting: huntsman; staff and their duties; hunt attire; hunt tack, basic terminology; and essential rider commands.

English Riders, Competitive Trail Riders, Western Style Riders are welcome!

Point of Contact is Master of Fox Hounds Candy Smith, call or text 913-948-0189, or email [info@ftleavenworthhunt.org](mailto:info@ftleavenworthhunt.org)



\*Please note: Riders should know the basics of riding; these lessons are not meant for beginner riders and riding helmets must be used by all riders.

**Fort Leavenworth Nature**  
 Yesterday at 7:00 AM


Recent hot weather has spawned a blue green algae bloom in Merritt Lake. Avoid bodily contact with the water and keep pets out of the lake. Catching and eating fish from Merritt is still allowed just be sure to clean and cook the fish thoroughly, avoid eating the fish organs. You should wash body areas contacting lake water as soon as possible.



**Fort Leavenworth Installation Hunting Brief**


6  
 TUESDAY, AUGUST 6, 2024 AT 6:00 PM - 7:00 PM CDT

Fort Leavenworth Rod and Gun Club




1  
 SUNDAY, SEPTEMBER 1, 2024 AT 5:00 AM CDT

**Fort Leavenworth Rod and Gun Club Annual Dove Hunt**  
 Kansas Wildlife, Parks and Tourism - Perry Wildlife Area



23  
 FRIDAY, AUGUST 23, 2024 AT 6:00 PM - 6:30 PM CDT

**Fort Leavenworth Electronic Deer Stand Draw**  
 821 Sheridan Ave., Fort Leavenworth, KS, United States, Kansas 66027



30  
 FRIDAY, AUGUST 30, 2024 AT 5:00 PM CDT

**Waterfowl Seminar**  
 821 Sheridan Ave., Fort Leavenworth, KS, United States, Kansas 66027



26  
 MONDAY, AUGUST 26, 2024 AT 5:00 PM - 9:00 PM CDT

**Kansas Hunter Education Class**  
 Fort Leavenworth Rod and Gun Club



**Fort Leavenworth Bicycle Rider Rules**

- Wear a helmet that has been approved by the American Society for Testing and Materials or that meets or exceeds the Snell Foundation Safety Standard.
- Don't ride your bicycle on Grant Avenue, use the sidewalk. Always walk your bike through crosswalks.
- You may ride on all sidewalks but should warn pedestrians as you approach (a bell or horn is encouraged) and always yield right-of-way to pedestrians.
- If you ride during limited visibility (night, fog, rain etc.) you must have a headlight and rear reflector.
- Riding in the National Cemetery is prohibited as well as inside of the golf course.
- Don't wear headphones while bike riding.



**We're Hiring NOW!**

Join our Team as a **Child and Youth Program Assistant** at Fort Leavenworth!  
Pay starts at **\$18.35** per hour

Great pay and benefits!

- Career Progression & Paid Training
- Retirement & 401K
- Priority Childcare Placement & Employee Childcare Discounts
- Regular Full-Time/ Part-Time & FLEX Hours Available
- Medical, Dental, Vision, & Life Insurance Benefits \*
- Paid Leave, & Paid Federal Holidays for Full-Time & Part-Time
- Access to Commissary & AAFES Shopping Privileges & MWR Facilities
- Job Transfer Program Worldwide Through Civilian Employment Assignment Tool

\*Conditions Apply



Scan here to apply!  
ArmyMWR.com/cyscareers

Ep 66  
**Leader UP**  
AMSC Podcast

Episode 62  
**Stewarding the Profession: THE HARDING PROJECT**  
LTC Zach Griffiths, Dr. Trent Lythgoe, and COL(R) Rich Creed join our host LTC Lisa Becker to talk about The Hardening Project. They discuss how Army Professionals advance the Profession of Arms through professional writing and discourse. They examine myths of writing, tips to get better at writing, and writing initiatives within The Hardening Project.

Apple Podcast, Audible.com, Spotify

## 2024-2025 School Calendar

Month	S	M	T	W	Th	F	S	Notes
July 2024								Holiday/No School (7/1-7/4), Parent/Teacher Confs. (7/23-7/25), Half Day School/No Preschool (7/26)
August 2024								Elementary New Parent Meeting (8/8), Kindergarten Half Days (8/13-14), Parent/Teacher Conferences (8/23), Kindergarten Full Day Schedule Starts (8/26)
September 2024								Labor Day - No School/No Staff (9/2), Half Day PD/Half Day Grading - No School (9/11), Columbus Day - No School/No Staff (9/16), Parent/Teacher Conferences (9/17-18, 9/23-24)
October 2024								Winter Break - No School (10/20-10/31), Staff PD Day - No School (10/26), First Day Back for Students (10/27)
November 2024								Martin Luther King Jr. Day - No School/No Staff (11/11), Parent/Teacher Conf - 8:00 AM - 3:30 PM - No School (11/14), Presidents' Day - No School/No Staff (11/18)
December 2024								Half Day PD/Half Day Grading - No School (12/17-18), Spring Break - No School/No Staff (12/19-21), No School/No Staff (12/23-24)
January 2025								PIH 9th Grade Graduation (1/15), Half Day PD/Half Day Grading - No School (1/16), Last Day for Students - 1/2 Day of School - No Preschool (1/23)

**School Hours**  
Elementary School: 8:00 AM - 3:20 PM  
Patton Junior High: 7:40 AM - 3:00 PM

Preschool - AM Class: 8:00 AM - 11:00 AM  
Preschool - PM Class: 12:20 PM - 3:20 PM

**Early Dismissal/Release Times**  
Elementary School - 1:30 PM  
Patton Junior High - 1:00 PM  
Preschool - AM Class: 10:00 AM  
Preschool - PM Class: 2:20 PM

Fort Leavenworth USD 207 Board Approved: 2/26/2024

## Fort Leavenworth Care Options Available for Summer 2024 & School Year 2024-2025

Request Before/After School Care & SAC Camps all year round



MILITARY CHILDCARE.COM

Families can use MCC to make requests for SAC programs, which include Before/After School care and Fall, Winter, Spring, and Summer Camps, all year round. The online system allows you to search for and submit unlimited SAC requests at any time of the year without waiting for a specific registration time to begin. As soon as school dates are known, all SAC programs will be made available to you so you can submit your requests.

Please Note: Spaces are offered via email based on the sponsor's priority and request for care (RFC) date.

MILITARY CHILDCARE.COM

Using MilitaryChildCare.com, you can find comprehensive information on child care programs worldwide, conduct a customized search for the care you need, and submit a request for care at any time and from any location. Follow these four steps!

- STEP 1 CREATE ACCOUNT**  
Go to MilitaryChildCare.com to create an account containing information about your family, or to login using an existing username and password.
- STEP 2 SEARCH and REQUEST CARE**  
Search the system for the child care options that best fit your needs and submit your requests for care.
- STEP 3 MANAGE MY REQUESTS**  
You can manage your requests for care from anywhere in the world.
- STEP 4 UPDATE MY PROFILE**  
Keep your My Profile page up-to-date with important information.

It's that easy!



To get started, visit MilitaryChildCare.com For questions/support call: 855.696.2929

Make sure you are requesting the best Care Option(s) for your childcare needs...  
Go to our [CYS Facebook](#) page or [FMWR-CYS website](#) to review the:  
**Fort Leavenworth CYS Care Options & Waitlist Guide**

**NCO JOURNAL**  
CHECK OUT THE NCO JOURNAL PODCAST WHERE WE DISCUSS RECENTLY PUBLISHED ARTICLES WITH AUTHORS, TO PROVIDE AN OPEN EXCHANGE OF IDEAS AND INFORMATION.  
<https://www.armypress.army.mil/journals/nco-journal/nco-journal-podcasts/>  
<https://www.facebook.com/NCOJournal>  
<https://twitter.com/NCOJournal>

**ACCESS**  
Virtually, Everywhere  
Army Credentialing and Continuing Education Services for Soldiers

**SUBJECT: TUITION ASSISTANCE REQUEST FY24 CLOSEOUT**

- All TA Requests for FY24 must be submitted and approved prior to 2000 Eastern Daylight Time (EDT) on 6 September 2024 due to the Army's fiscal year closeout. This only applies to FY24 TA requests with a start date that occurs during FY24, e.g. 1 Oct 2023 through 30 Sept 2024. There will be no exceptions granted.
- Soldiers may continue to create TA Request for courses beginning in FY25, 1 October 2024 and beyond, between 60 - 7 days in advance of the term start date. Remember, FY25 requests are subject to the availability of funds.
- For additional questions, contact your Army Education Center.

**ARMYIGNITED**

**988 SUICIDE & CRISIS LIFELINE**

THE MILITARY CRISIS LINE IS AVAILABLE 24/7. DIAL 988 AND PRESS 1.

Call. Text. Chat.  
988lifeline.org/chat

U.S. ARMY

**Safe Helpline**  
Sexual Assault Support for the DoD Community  
safehelpline.org | 877-995-5247

**Wireless Emergency Alerts (WEA)**  
can alert you when weather threatens!

WEAs are emergency messages sent by government authorities to your mobile phone, reserved for life-threatening situations.

Keep WEAs enabled on your phone. It could save your life or the lives of others.

weather.gov

# MUNSON NOTES

## New provider

■ **MUNSON ARMY HEALTH CENTER WILL CLOSE** at noon Aug. 14 for quarterly training.

■ Col. Shane Mendenhall will relinquish duties as Medical Department Activity commander and Munson Army Health Center director to Col. Jolanda L.J. Walker during a **CHANGE OF COMMAND CEREMONY** at 11 a.m. Aug. 16 at the Frontier Conference Center. The ceremony will be livestreamed at <https://www.facebook.com/munsonhealth>. The health center will be open for regularly scheduled hours of operation.

■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are **ELIGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE**. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit <https://dvidshub.net/r/8wtlff>.



## Welcome Maj. Vincent Krause

Photo by Munson Army Health Center Public Affairs

Munson Army Health Center welcomes the facility's newest health care provider, Maj. Vincent Krause. Krause is a family nurse practitioner who provides primary care, physical examinations, diagnostic testing and patient referrals for patients enrolled at the health center. He first joined the Army as a med-surg nurse at Fort Belvoir, Virginia. After completing the Critical Care Nurse Course, he worked in an intensive care unit at Madigan Army Medical Center, Joint Base Lewis-McChord, Washington. Later he applied and was selected for the Army's advanced education assistance program, Long Term Health Education and Training. This program paid for him to attend school full-time at Jacksonville University, Jacksonville, Florida, where he earned his doctor of nursing practice — family nurse practitioner. Krause's last assignment was at Fort Moore, Georgia, working as a nurse practitioner and battalion surgeon. Krause also holds a certification as an emergency nurse practitioner.

## Air Assault graduate



Munson Army Health Center congratulates the teams' newest Air Assault graduate, U.S. Army Dentist Capt. Kyle Wilson, officer in charge, Smith Dental Clinic. Air Assault improves readiness by providing the Army more versatile soldiers who can lead joint air-ground operations — including medical evacuations, and troop and equipment movement — enabling a ready medical force through elevated proficiency.

Submitted photo



🔥 Check out these hot job opportunities at Munson Army Health Center, Fort Leavenworth, Kansas! Click on the link to view on the USA Jobs Website.

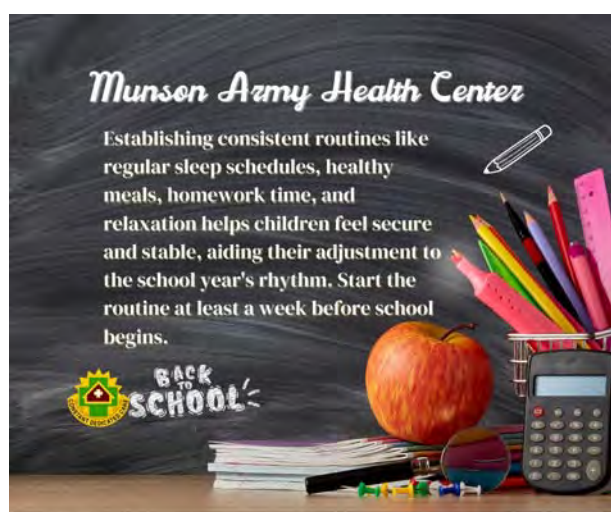
🔥 Medical Technician  
<https://www.usajobs.gov/job/787523800>

🔥 Social Worker (Clinical)  
<https://www.usajobs.gov/job/795703300>

🔥 Practical Nurse  
<https://www.usajobs.gov/job/798377500>

🔥 Lead Budget Analyst  
<https://www.usajobs.gov/job/801356600>

Or visit [USAJobs.gov](https://www.usajobs.gov) and search keyword "Military Treatment Facilities under DHA", and "Fort Leavenworth, Kansas" for location.



Visit

<https://www.facebook.com/munsonhealth/>  
for updates and information.