

THURSDAY
MAY 14, 2026



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National Prayer Luncheon speaker shares message of hope, forgiveness



ABOVE: National Prayer Luncheon guest speaker Darryl Burton shares his story of being wrongly convicted of murder and serving nearly 25 years in prison before being exonerated during his remarks at the National Prayer Luncheon May 7 at the Frontier Conference Center.

RIGHT: Family Life Chaplain (Maj.) Joshua Portwood says a prayer for the military and families as Chaplain (Maj.) Chris Weinrich, Garrison operations chaplain, and luncheon attendees bow their heads during National Prayer Luncheon May 7 at the FCC.

Photos by Prudence Siebert/Fort Leavenworth Lamp



Photo by Prudence Siebert/Fort Leavenworth Lamp

ABOVE: Combined Arms Command and Fort Leavenworth Senior Chaplain (Col.) Seth George delivers the benediction at the conclusion of the National Prayer Luncheon May 7 at the Frontier Conference Center.

by Prudence Siebert/Editor

Members of the community gathered for fellowship and a meal provided by the Religious Support Office as they listened to remarks about forgiveness from an acquitted man who served 25 years in prison for a crime he did not commit during the National Prayer Luncheon May 7 at the Frontier Conference Center.

Event narrator Chaplain (Maj.) Chris Weinrich, Garrison operations chaplain, explained that the annual National Day of Prayer, designated by Congress, is “intended to be a forum where leaders gather to build relationships and recognize the roles of religious faith, religious diversity and religious freedom in our country,” as he gave a history of

the observance.

“From the earliest battles of the war of Independence to our current operations, prayer has played a vital role in the life of our American service members and families,” Weinrich said. “The United States, the American military have demonstrated a unique commitment that values religious freedom and spiritual choice as proclaimed in our founding documents. The Army Chaplain Corps, who pray before us today, represent various faith groups and traditions drawn from within the pluralistic religious fabric of America, and they demonstrate the values of religious freedom and choice.”

Chaplain (Maj.) Carlos Molina, force integrator, Combined Arms Doctrine Directorate chaplain, delivered prayers

for the nation; Chaplain (Maj.) Joshua Portwood, Family Life chaplain, said prayers for the military and families; and Master Sgt. George Butler, master religious affairs NCO at Mission Command Training Program, read scripture passages.

During the invocation, Chaplain (Lt. Col.) Jared Vineyard, deputy command chaplain for the Combined Arms Command and staff ethicist for the Center for Army Leadership, thanked God for blessings, including guest speaker Darryl Burton’s “story of faith and perseverance.”

“May we listen to what he has to share with fresh ears, and may we always be people concerned

SEE NATIONAL PRAYER LUNCHEON | A7

ACC welcomes new CSM, farewells retiring CSM

by Prudence Siebert/Editor

Outgoing Army Corrections Command Command Sgt. Maj. Shawn Klosterman relinquished responsibility to incoming ACC Command Sgt. Maj. Cameron Regur May 8 in Eisenhower Auditorium at the Lewis and Clark Center. The change of responsibility ceremony was followed by awards and Klosterman’s retirement, celebrating his more than 30 years of service in the U.S. Army and recognizing the contributions of his wife, Tametra, and their children.

Ceremony host Brig. Gen. Sarah Albrycht, Army provost marshal and commanding general of ACC, described the mission of ACC.

“The model of Army Corrections Command is vanguards of justice, and our people are true vanguards, foremost leaders of professionalism and dignity and justice. Our NCOs and soldiers contribute not just to good order and discipline,

SEE ACC COR, CSM RETIREMENT | A8

Army Corrections Command Commanding General Brig. Gen. Sarah Albrycht recognizes ACC Command Sgt. Maj. Shawn Klosterman, right, and his wife Tametra with awards between the ACC change of responsibility and Klosterman’s retirement ceremonies May 8 at the Lewis and Clark Center.

Photo by Prudence Siebert/Fort Leavenworth Lamp



AT A GLANCE

■ The **FORT LEAVENWORTH CAREER SUMMIT** is May 14 (today) at the Frontier Conference Center, with job-seeker workshops from 9 a.m. to 12:30 p.m. and a hiring fair from 1:30-4 p.m. To register or for more information, visit hiringourheroes.org/Leavenworth.

■ The **TENANT SATISFACTION SURVEY** is been extended to May 15. To take the survey, visit <https://cel-survey.com/ArmyHousingSurvey.htm>.

■ “From Allegation to Prosecution,” an **INTERACTIVE MOCK TRIAL** demonstrating the process of the military justice system through an allegation of sexual

assault, is at 9 a.m. and 1 p.m. May 21 in DePuy Auditorium. For more information, contact 913-544-9243 or maureennicole.n.hernandez.civ@army.mil.

■ **HANCOCK OUTDOOR POOL** opens May 22 for the season. For more information, visit <https://leavenworth.armymwr.com/view-event/outdoor-pool-info/7282639/89843>.

■ Upcoming Command and General Staff College ceremonies include the **SCHOOL OF ADVANCED MILITARY STUDIES GRADUATION** May 21 with limited seating, the **INTERNATIONAL BADGE CEREMONY** at 9 a.m. May 28 in Eisenhower Auditorium at

the Lewis and Clark Center with open seating, and the **COMMAND AND GENERAL STAFF OFFICER COURSE GRADUATION** May 29 with limited seating. For more information, call 913-684-5428 or e-mail USArmyCGS CPAO@army.mil.

■ **MEMORIAL DAY CEREMONIES** are May 25 at 9 a.m. at the **Leavenworth National Cemetery** and at 11:40 a.m. at the **Fort Leavenworth National Cemetery**.

■ The **KIDS’ FISHING DERBY** is 8-11 a.m. May 30 at Merritt Lake.

MAHC public health officials warn of tick dangers, offer tips for prevention

by Christina Yager/Munson Army Health Center Public Affairs Officer

Public Health Department officials from Munson Army Health Center discussed ticks, associated tick-borne illnesses and the MilTICK program during a community outreach event May 8 at the Fort Leavenworth Post Exchange.

During the event, public health personnel reminded the community to take precautions against ticks as outdoor activity increases across the region.

"Ticks may carry bacteria, viruses and parasites that cause serious illnesses, most notably Lyme disease, Rocky Mountain spotted fever and Powassan virus," said Staff Sgt. Francisco Martinez, preventive health specialist and NCO in charge of MAHC's Public Health Department. "They can also cause Alpha-gal syndrome, a red meat allergy, and in rare cases, tick paralysis."

Symptoms associated with tick-borne illnesses can include fever, fatigue, rash or muscle aches. Anyone with a tick bite should seek medical care if symptoms develop.

Ticks are commonly found in grassy, wooded and brush-filled areas, making routine outdoor activities such as yard work, walking pets or enjoying local trails potential points of exposure.

"Ticks are active throughout the warmer months, and it's important for individuals and families to take preventive steps anytime they spend time outdoors," said Michelle Grant, public health nurse at MAHC.

Using EPA-approved insect repellents, wearing long sleeves and pants when possible, and conducting thorough tick checks after being outside can significantly re-

duce risk of exposure.

MAHC Public Health Department officials also emphasized that even if you protect yourself, pets can also play a role in bringing ticks into the home if not properly protected.

"Protecting your pets is an important part of protecting your family," said Spc. Emily Shipula, animal care specialist at the Fort Leavenworth Veterinary Treatment Facility. "We recommend treating pets year-round with veterinarian-approved products designed to kill fleas and ticks. This helps keep your pets healthy and can also help prevent tick infestations in your home."

MilTICK

(Military Tick Identification/ Infection Confirmation Kit)

Officials also highlighted the MilTICK Program, which allows eligible beneficiaries to submit ticks for identification and disease testing following a bite.

To participate in the MilTICK program:

- Carefully remove the tick using fine-tipped tweezers, grasping as close to the skin as possible and pulling straight out.

- Place the tick in a sealed container or bag and bring to MAHC's Public Health Department for shipment to the Defense Health Agency testing site, or visit the MilTICK website at <https://ph.health.mil/resources/en-to-miltick-forms.pdf> to complete the required submission form and mail the tick as instructed for identification and testing.

- Review results provided through the program and consult a healthcare provider if symptoms develop.


The program helps service members, families and retirees make informed decisions about

follow-up care after a tick bite.

Public Health Department officials stress that awareness and

early prevention remain the best defense against tick-borne illnesses and encourage community


members to make tick checks part of their regular outdoor routine this spring and summer.



PREVENT TICK BITES!

- WEAR REPELLENT
- CHECK FOR TICKS DAILY
- SHOWER SOON AFTER BEING OUTDOORS
- CALL YOUR DOCTOR IF YOU GET A FEVER OR RASH

For more information: www.cdc.gov/ticks



Centers for Disease Control and Prevention
National Center for Emerging and Zoonotic Infectious Diseases

Centers for Disease Control and Prevention graphic

Know Before You Go!

A clear sky doesn't mean that you're out of the woods.

Check weather.gov to know if extreme heat, storms, or other hazards could be on the horizon.



FORT LEAVENWORTH LAMP

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2026 Barr Award recipients



ABOVE: Provost Marshal General and Army Corrections Command Commanding General Brig. Gen. Sarah Albrycht, left, and ACC Command Sgt. Maj. Shawn Klosterman present the Barr Award, large category, to Headquarters and Headquarter Company, Northwestern Joint Regional Correctional Facility Battalion (Corrections), Joint Base Lewis-McChord, Washington, accepted by Capt. Tyler Wilson and 1st Sgt. Kenneth Acfalle, during the ACC awards ceremony May 7 at the Mission Training Complex - Leavenworth. The Brigadier General Thomas F. Barr Award is presented to the best Military Police corrections company assigned to or supporting ACC. NWJRCF soldiers were at Fort Leavenworth for Army Corrections Week and the Best Griffin Competition.

LEFT: Army Corrections Command Commanding General Brig. Gen. Sarah Albrycht, left, presents the Barr Award, small category, to Headquarters, Midwest Joint Regional Correctional Facility Battalion (Corrections), accepted by Capt. Erica Setzer and 1st Sgt. Timothy White, during the ACC awards ceremony May 7 at the Mission Training Complex - Leavenworth.

Photos by Sgt. Annie Norman/Headquarters and Headquarters Company, Army Corrections Brigade

Army Corrections Week kick-off run



Photo by Sgt. Annie Norman/Headquarters and Headquarters Company, Army Corrections Brigade

Army Correction Brigade Commander Col. Douglas Curtis, Army Corrections Command Command Sgt. Maj. Shawn Klosterman and ACB Command Sgt. Maj. Brian Watts lead a brigade run with flag bearers Staff Sgt. Noah Mock, ACB, and Pfc. Devon Lange, U.S. Disciplinary Barracks Battalion (Corrections), to kick off Army Corrections Week May 4 at the Old U.S. Disciplinary Barracks.

Corrections MPs vie to be 'Best Griffin'



Photos by Sgt. Annie Norman/Headquarters and Headquarters Company, Army Corrections Brigade

ABOVE: Pfc. Devon Lange, followed by Sgt. Eric Tolbert, ducks his head against the rain as he nears the finish line of the 12-mile ruck march portion of the Best Griffin Competition May 5 on post.

BELOW: Sgt. Tyler Pitman, left, and Sgt. Haldo Viramontes, right, encourage Pfc. Ryan Munana as he crosses the finish line, placing second in the ruck portion of the Best Griffin Competition, May 5 on post.



Photo by Sgt. Annie Norman/HHC, ACB

Sgt. Eric Tolbert climbs a rope net while competing in the obstacle course portion of the Best Griffin Competition May 7 at Leavenworth High School. Tolbert was part of the winning team comprised of U.S. Disciplinary Barracks Battalion (Corrections) soldiers.



Photo by Sgt. Annie Norman/HHC, ACB

First Lt. Xavier Lugo nears completion of a 12-mile ruck march as part of the Best Griffin Competition May 5 on post. Other events during the Army Corrections Week competition included a stress shoot, board, Expert Soldier Badge lanes, Army Fitness Test and an obstacle course.



Photo by Sgt. Annie Norman/HHC, ACB

Sgt. Haldo Viramontes reassembles an M17 pistol during the stress shoot portion of the Best Griffin Competition May 6 at Kinder Range.

Best Griffin Results

- Soldier: Pfc. Devon Lange
- NCO: Sgt. Haldo Viramontes
- Officer: 1st Lt. Xavier Lugo
- Team: U.S. Disciplinary Barracks Battalion

CGSC conducts annual U.S.-German Eagle Adler exercise to strengthen joint planning

by Sarah Hauck/Command and General Staff College Public Affairs Officer

Gathered in small groups around acetate-covered maps littered with marker lines and circles, U.S. Army and German Bundeswehr students discussed large-scale combat operations during one of the Command and General Staff College's longest-running exchange exercises, Eagle Adler, in April.

The exercise was part of CGSC's Command and General Staff Officer Course's elective season. The joint exercise focused on division- and corps-level planning.

Eagle Adler included more than a dozen students from CGSC's German equivalent.

Like many exercises across the Army, Eagle Adler creates opportunities for soldiers to develop critical warfighter skills.

For CGSOC students, those skills include the ability to think and fight in a joint environment with any ally or planning process, said Rob Smith, assistant professor in CGSC's Department of Army Tactics and exercise lead.

"Exercises like this strengthen critical thinking by exposing students to how different partners approach problems and apply their experience to tactical problem sets," he said.

Eagle-Adler adds approximately 100 additional hours of planning exercise to the students' experience.

The two-part exercise includes planning using NATO Allied Procedural Publication-28, "Tactical Planning for Land Forces," and the Military Decision-Making Process.

The most recent iteration incorporated the use of artificial intelligence and command operating collaboration systems for planning product creation.

The benefit of the exercise for U.S. and German students goes beyond building warfighter skills for large-scale combat operations in a complex, contemporary environment model. Lt. Col. Marc-Andre Walther, assistant professor in CGSC's DTAC, said planning is only a piece of the outcomes for the officers, citing the professional network building and under-



Photos by Jim Shea/Command and General Staff College Public Affairs

Command and General Staff Officer Course student Maj. Zachary Bargas leads a discussion with other CGSOC, German Bundeswehr, and allied force students during the latest Eagle Adler April 20 at the Lewis and Clark Center. The Command and General Staff School's joint exercise focused on large-scale combat operations planning using both the Military Decision-Making Process and NATO Allied Procedural Publication-28, "Tactical Planning for Land Forces," in an Indo-Pacific-focused scenario. Eagle Adler is one of the longest running joint-planning exercises at the Command and General Staff College.

standing of current challenges of war as additional gains.

"Professional military education aims to expand the knowledge and understanding of the operational environment of the students to enable them to plan and execute operations in complex and chaotic circumstances," he said. "To quote (Carl Von) Clausewitz: 'Knowledge must become capability.' The exchange directly contributes to that."

A similar sentiment was shared by Lt. Col. Michael Utsch, German Army student. Learning MDMP and sharing expertise of NATO planning processes was only part of the lessons, and building interoperability through trust and mutual understanding are secondary take-aways, he said.

"In a security environment that is becoming increasingly complex and unpredictable, it is clear that we have to face future challenges together. Our strength lies in standing together as allies, united by shared values, mutual trust and a common commitment to peace and security," Utsch said. "Experiences like this exchange remind us that cooperation is not just a principle, but a necessity. The relationship we



Command and General Staff College students and German Bundeswehr students gather around a map during the latest Eagle Adler April 20 at the Lewis and Clark Center. The joint exercise focuses on large-scale combat operations planning using both the Military Decision Making Process and NATO APP-28 in an Indo-Pacific-focused scenario.

build here today will be essential for the missions we may face together tomorrow."

Eagle Adler is a close replica of a joint-planning environment, similar to what students like Utsch and Maj. Mark Marten, U.S. Army logistician, will likely find themselves in upon graduation, making the "reps and sets" from the exercise critical to warfighter capability.

"We've got the time and space to really sit down and plan through some com-

plex problems and issues that we would face when we work together downrange," Marten said. "This is probably the best time and only opportunity we have to calmly plan through very complex problems."

With the exercise lasting just over a week, Utsch described how professional trust was evident quickly, allowing students to focus less on getting to know each other, and learn about each other's military abilities.

This trust and a whiteboard allowed Utsch and

Marten to identify similarities in planning and logistics, generating lasting interoperability, Utsch said.

"Even though the German students have very similar life experience, as well as training and planning considerations, they approach certain things like risk and how they mitigate and plan through uncertainty in a different way than American students do," Marten said. "Having an opportunity to understand what they could be thinking, or how they

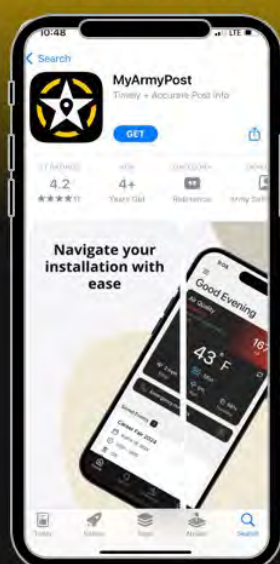
would approach a certain problem provides us insight as well as clear, concise language to get through some of the interplay of confusion when it comes to translation."

Smith and Walther said the longevity of the exercise is a continued collective commitment to the education of military leaders and allied national security objectives.

Next academic year, Eagle Adler will mark its 60th year of the joint-planning exercise.

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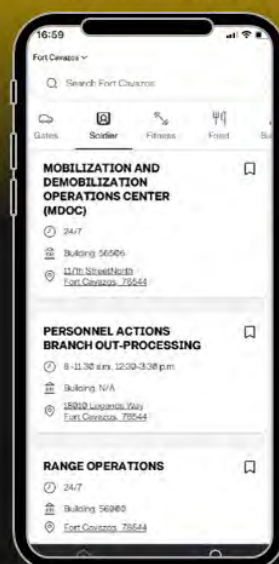
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Senior leader spouses tour SSQ, historic home



Munson Army Health Center Sgt. Maj. Jason Trevino talks about the resources and programs available for soldiers living in the Single Soldier Quarters with Kimberly LaNeve, wife of Vice Chief of Staff of the Army, Gen. Christopher LaNeve, during a visit to the SSQ April 30. LaNeve and Kimberly Weimer were joined by Sherrill Isenhower and Theresa Carns on a visit to the SSQ to discuss installation living conditions and recent furniture upgrades with soldiers as part of a senior leader spouses tour of Fort Leavenworth.



Sgt. Corey Greenleaf, a physical therapist specialist at Munson Army Health Center, greets Kimberly Weimer, wife of Sgt. Maj. of the Army Michael Weimer, during a visit to the Single Soldier Quarters April 30. Weimer and Kimberly LaNeve, center, were joined by Sherrill Isenhower and Theresa Carns, on a visit to the SSQ to discuss installation living conditions and recent furniture upgrades with soldiers as part of a senior leader spouses tour of Fort Leavenworth.



Photos by Sean Bergosh/Fort Leavenworth Garrison Public Affairs Office

ABOVE: Theresa Carns, wife of Combined Arms Command Sgt. Maj. Shawn Carns, looks at restoration work done on a built-in cabinet at 615 Grant Ave. during a senior leader spouses tour April 30. The home on Grant was recently rehabilitated in the Fort Leavenworth Historic District through the more than \$90 million Out-Year Development Plan (ODP). The ODP highlights the commitment to preserve the installation's history while providing high-quality accommodations to service members.

LEFT: Chase Cornett, senior investment manager for The Michaels Organization, discusses the process of rehabilitating a home in the Fort Leavenworth Historic District with Kimberly Weimer, right, wife of Sgt. Maj. of the Army Michael Weimer, and Sherrill Isenhower, center, wife of Combined Arms Command and Fort Leavenworth Commanding General Lt. Gen. James Isenhower III, during a senior leader spouses tour of the recently renovated historic home at 615 Grant Ave April 30.



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Extended to May 15

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2 MAR 2026 - 1 MAY 2026

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National Prayer Luncheon (continued from Page A1)

with justice and truth," Vineyard prayed.

Story of hope and forgiveness

As he introduced Burton, Chaplain (Lt. Col.) Eric Bryan, Garrison chaplain, said prayer is not just speaking but is, for him, 90 percent listening.

"I pray that as you listen to this man today that God will speak to you personally," Bryan said.

Burton co-founded Miracle of Innocence, an organization that provides legal help for innocent people who have been incarcerated and then provisions when they are released, when he discovered upon his release from prison that there were no resources for the innocent, only the guilty, upon their reintroduction to society. Burton was wrongfully convicted of murder in 1984 and spent nearly 25 years in prison before he was exonerated in 2008.

Burton said stories are shared through the generations for encouragement, motivation and inspiration, and the message he wanted to share with the audience was one of hope and forgiveness.

He said that the story told about him in 1984, though, was the wrong story.

"It was a narrative that was given to a jury of my peers, 12 people. And they got it wrong because someone persuaded them about a story that was false. And sometimes these false stories can be weaved into the community and mislead people."

Despite witness accounts of a short, light-skinned man committing the crime, the fact that that other person of interest had shot the victim on three previous occasions, Burton was convicted of the crime, having had only one hour with his defender and arguing that pertinent information had been kept from the jury. Other "witnesses," whom he said were motivated to lie with plea deals, testified under oath that Burton was guilty.

"I didn't believe in God at the time — (I was) never angry at God, I never blamed God for my situation, on any level," he said. "I wasn't going to blame God for something I didn't believe or blame something that happened to me to something I don't believe in, that didn't make sense to me."

Burton said he had to deal with situation on the human level since he didn't yet have a relationship with God.

"Human beings can hurt people, they can kill people, they can rob people, they can do horrible things. But human beings can, on the flip side, do great things — they can heal people, they can help people, they can serve people, they can go into the community and bless people. Human beings have this duality of complex personalities. We can do these (good) things, and we do. But human beings can also send people to prison for things they didn't do."

Burton said his heart was in a vice-grip of anger and bitterness. When he was sentenced to essentially 75 years in prison, he was a new dad with a 7-month-old daughter.

"I saw my daughter three times, and the next time I saw my little girl, she was 25 years old... After she lost me, she lost her mom, ended up in foster care, and said, 'Dad, I want to leave it like that... I didn't have you and my mom in my life then, and I don't want you in my life now,' and that hurts."

Burton described his wrongful conviction as creating "multiple prisons" by the way it has affected his family and his daughter.

"That's the one regret of all the things that happened to me, that's more what I regret more than anything."

Burton described some of the violence and horrors he witnessed and experienced when he was in the Missouri State Penitentiary, including the screams of other inmates being assaulted, and the plight of another wrongfully imprisoned young man who was attacked every day, who ended up being released shortly after him when he was also found to be innocent.

"I didn't know his story, I didn't know his case; he didn't know mine, but we were both innocent men. But that's what happens in that place, because, when you hurt a woman or a child, they don't care if you're innocent or not — they're going to attack you."

Burton said he started a letter-writing campaign when the courts were no use.

"I began to write letters, hundreds and hundreds of letters to the United States, to Canada, to Europe. I wrote letters to everybody I could think of — parliaments, presidents, governors, senators. I wrote Oprah Winfrey... I even wrote a letter to this guy named Jesus Christ. Didn't



Photo by Prudence Siebert/Fort Leavenworth Lamp

Combined Arms Command and Fort Leavenworth Senior Chaplain (Col.) Seth George thanks guest speaker Darryl Burton, founder of Miracle of Innocence, for his remarks at the National Prayer Luncheon May 7 at the Frontier Conference Center.



Photos by Prudence Siebert/Fort Leavenworth Lamp

ABOVE: Chaplain (Maj.) Carlos Molina, force integrator, Combined Arms Doctrine Directorate chaplain, says a prayer for the nation during the National Prayer Luncheon May 7 at the Frontier Conference Center.

RIGHT: Chaplain (Lt. Col.) Jared Vineyard, deputy command chaplain for the Combined Arms Command and staff ethicist for the Center for Army Leadership, delivers the invocation during the National Prayer Luncheon May 7 at the FCC.



believe in it, didn't think it was real, and it wasn't a prayer or a plea, it was a challenge for me."

Through a series of what he called signs, someone encouraging him to read the Bible and consider the good things God has done and not just the bad, and learning about Jesus' teachings to love one's enemy and pray for them, Burton still pushed back, but his faith also began to evolve.

"One verse in the Bible changed my heart, one verse — Luke 23:34, when Jesus said, 'Father, forgive them, for they know not what they do.' That was the verse that pierced my heart. That wasn't human to me. I said, that's divine. How could this guy do that? They are killing him, and he's innocent. And I was innocent, and I didn't understand that."

Burton said he continued to be filled with rage and hate until he admitted forgiveness was too difficult.

"So, I look back at that verse, and I notice that Jesus, in his humanness, in his humanity, he couldn't forgive them either, and that's why he said, 'Father, forgive them, for they

know not what they do.' Forgiveness can only come from God through us if we let God use us to forgive those who we hate and who hate and harm us."

Burton said that realization gave him peace, whether he was free or not.

Ultimately, Burton's dark skin, which he said he had always been self-conscious about as the darkest of his eight siblings, would help exonerate him when the witness, who had tried to tell officials in 1984 that they had the wrong man, was finally heard.

Since its founding, Burton said Miracle of Innocence has helped several innocent people be released from prison.

"I said, 'God, you've blessed me to save my life through that place before I even believed in you.' And so now, we can just try to do something, give something back. And that's part of my legacy, part of my story."

To learn more about Miracle of Innocence, visit www.miracleofinnocence.org.

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ACC CoR, CSM retirement (continued from Page A1)



Photo by Prudence Siebert/Fort Leavenworth Lamp

Incoming Army Corrections Command Command Sgt. Maj. Cameron Regur delivers remarks during his change of responsibility ceremony with outgoing ACC Command Sgt. Maj. Shawn Klosterman May 8 at the Lewis and Clark Center.

Command Sergeant Major Shawn A. Klosterman

CSM Shawn A. Klosterman is a native of Rapid City, South Dakota. He entered the Army on September 11, 1996, as part of the delayed entry program and attended Basic Combat Training and Advanced Individual Training in September 1996 at Fort Benning, Georgia and graduated as an Infantryman. He again attended Advanced Individual Training at Fort Leonard Wood Missouri in January 2001 and graduated as a Corrections NCO.

He has served in every leadership position from Team Leader to Command Sergeant Major, Hostage and Crisis Negotiation & Special Reactions Team NCOIC, Watch Commander, Battalion Training NCO, BN and BDE S2 NCOIC, Battalion Operations Sergeant Major, 15th Regimental Command Sergeant Major for the Military Police School, 9th Army Provost Sergeant Major and 6th Command Sergeant Major of Army Corrections Command.

His stateside assignments include Joint Base Lewis-McChord, Fort Leavenworth, KS, and Pentagon, Washington, D.C. His overseas assignments include Camp Greaves and Camp Humphreys, Korea, Guantanamo Bay, Cuba, and Vilseck, Germany. His deployments include Camp Taji and Camp Cropper, Iraq, and Camp Sabalu-Harrison, Afghanistan.

His military and civilian education include all levels of the Noncommissioned Education System, Air Assault School, Airborne School, Hostage and Crisis Negotiations Course, Fitness Leaders Course, Non-Lethal Weapons Instructor Course, Combatives Level I/Level II Course, Advanced Situational Awareness Course, Senior Enlisted Joint Professional Military Education Course, Master Resilience Training Course, Battle Staff Course, First Sergeant Course, and the United States Army Sergeants Major Academy, Class 66 "Drive the Force". He has master's degree in management and organizational leadership from Excelsior College.

His awards and decorations include the Distinguished Meritorious Service Medal, Legion of Merit (1 BOLC), Bronze Star Medal (1 BOLC), Meritorious Service Medal (1 BOLC), Army Commendation Medal (1 SDLC), Army Achievement Medal (1 SDLC), Good Conduct Medal (10th Award), National Defense Service Medal, Afghanistan Campaign Service Medal (1 Bronze Star), Iraq Campaign Service Medal (1 Bronze Star), Global War on Terrorism Expeditionary Medal, Global War on Terrorism Service Medal, Korean Defense Service Medal, Armed Forces Service Medal (1 Bronze Star), Outstanding Volunteer Service Medal, NATO Medal, Non-commissioned Officer Professional Development Ribbon (numeral 6), Army Service Ribbon, Overseas Service Ribbon (numeral 6), Meritorious Unit Citation (2 BOLC), Army Superior Unit Award (1 BOLC), Expert Infantry Badge, Air Assault Badge, Airborne Badge, Military Police Identification Badge, German Armed Forces Badge for Military Proficiency in gold (2nd), the Order of the Marchaussee in Gold, the Sergeant Morales and Sergeant Audie Murphy Award.

CSM Klosterman and his wife Tametra have an amazing family of nine children, two looking down on us from above.

Command Sergeant Major Cameron J. Regur

Command Sergeant Major Cameron J. Regur entered the military in January 1998. He attended Military Police One Station Unit Training at Fort McClellan, Alabama.

Command Sergeant Major Regur has held a variety of leadership and staff positions to include Patrolman, Team Leader, Training NCO, Battlefield Circulation Control NCO, Traffic Management and Collision Investigator, S2 NCO, Squad Leader, Drill Sergeant, Brigade Operations Sergeant, Platoon Sergeant, Branch Chief, First Sergeant, Provost Sergeant, and Directorate of Emergency Services Sergeant Major and as the Battalion Command Sergeant Major for the 97th Military Police Battalion, Fort Riley, Kansas, Command Sergeant Major Regur most recently served as Command Senior Enlisted Leader for Joint Task Force - Guantanamo.

His duty stations include White Sands Missile Range, New Mexico; Pusan, Republic of South Korea; Fort Bliss, Texas; United States Military Academy, West Point, New York; Fort Leonard Wood, Missouri; Fort Campbell, Kentucky; USAG-Rhineland-Pfalz, Germany; United States Army Sergeants Major Academy, Fort Riley, Kansas; and U.S. Naval Station Guantanamo Bay, Cuba.

He has deployed to Afghanistan (Operation Enduring Freedom 2010-2011) (Operation Enduring Freedom 2012-2013) and Poland (Operation European Assure, Detar, and Reinforce (2022-2023)).

Command Sergeant Major Regur has earned a Bachelor of Science in Social Science from the University of Maryland Global Campus and an Associate of Arts in Liberal Arts from New Mexico State University. He is a graduate of the United States Army Sergeants Major Academy Sergeants Major Course, class 70.

Command Sergeant Major Regur's awards and decorations include the Bronze Star Medal (2nd award), the Meritorious Service Medal (5th award), the Army Commendation Medal (5th award), the Army Achievement Medal (11th award), the Army Good Conduct Medal (9th award), the National Defense Service Medal, the Afghanistan Campaign Medal (two bronze service stars), the Global War on Terrorism Service Medal, the Korean Defense Service Medal, the Noncommissioned Officer Professional Development Ribbon (numeral five), the Air Assault Badge, and the Drill Sergeant Identification Badge. Command Sergeant Major Regur is also a recipient of the Order of the Marchaussee Medal (Silver) for distinguished Military Police service.

He is married to the former Linda Salazar of Las Cruces, NM. They have two sons, Vincent (25) and Christian (20).

but to the potential for rehabilitation and the ultimate strength of our Army. It is a complex and demanding mission, executed daily with quiet expertise, and I could not be prouder of the soldiers and civilians represented in this command," she said. "For the past several years, this command has been guided by the steady hand and unwavering leadership of Command Sergeant Major Shawn Klosterman."

Albrycht told Klosterman that his career has been the epitome of servant leadership as he has shown commitment to soldiers' welfare and the standards of the profession while serving in several roles.

"You've been a driving force for excellence, a trusted advisor and a mentor for countless NCOs and officers. Your leadership has been instrumental in navigating and helping me navigate the complexities of our mission, both here at Leavenworth and across the enterprise," Albrycht said.

Albrycht welcomed Regur, whose most recent assignment was as command senior enlisted leader for Joint Task Force Guantanamo, and said she was confident he will guide ACC with the same dedication and excellence that have defined his career.

"Sergeant Major Regur, you have an exceptional reputation for developing soldiers and for upholding the highest standards of our profession," she said. "Your diverse background and wealth of expertise make you the ideal leader to build upon the successes of this command."

Regur addressed Albrycht, and then the audience, in his remarks, noting that he was excited to serve in this new role.

"Thank you for having the trust and confidence in me to serve as the command sergeant major for Army Corrections Command," he said. "To everyone here, I am honored and humbled to be afforded this opportunity. I am extremely proud to serve alongside all the men and women of Army Corrections Command and to be part of this great organization. Thank you to every one of you for everything you do for this organization. You have my never-ending gratitude and appreciation for your sacrifices in support of our soldiers, our Army, and our nation. Without you, we can't do what we do to make our military the premier fighting force in the world."

Awards, retirement

Following the change of responsibility, Albrycht recognized the Klostermans with accolades and awards, including the Patriotic Public Service Award for Tametra and the Legion of Merit for Klosterman. Albrycht described Tametra as having a heart of service and Klosterman as a mentor who "shows up."

"These last 30 years — as we look across the Army — haven't necessarily been our easiest, right? And so those of us that have been around for all those years know that the Army's been through a lot. And when the Army goes through a lot, guess what? Our people and our families go through a lot, too, so I just want to start by saying thank you to the family," Albrycht said.

Retired Col. Timothy MacDonald, former commander of the 18th Military Police Brigade where Klosterman also served in Germany, delivered a personal address to family on Klosterman's behalf before Klosterman gave his own retirement ceremony remarks. Before reading Klosterman's prepared sentiments to his family, MacDonald recalled what it was like to get to know Klosterman and what he gained from working with him.

"He taught me to not let things I can't control, control me. He taught me that there are always two sides to a story, even when I was pretty sure there was only one. And most importantly, he taught me how to be a brigade commander — and I'm serious about that; it's not a small thing," MacDonald said. "Because what Shawn really did every single day was make sure I was better than I would have been without him... I truly could not have asked for a better battle buddy, and I will forever be grateful for your leadership, your honesty, and your friendship."

During his remarks, Klosterman told those assembled that they share a bond of trust, respect and genuine care, and stressed that leadership is about taking care of people.

"Standing on the verge of retirement, 27 years of those spent alongside the finest men and women of the Military Police Corps, my heart is overwhelmed with gratitude for a lifetime of memories," Klosterman said. "Looking back, it feels just like yesterday — I was a wide-eyed private, eager for the kind of leadership I hoped to embody one day, but more than that, there was a journey fueled by deep love of service and, most importantly, a profound love for people. From the very beginning, I realized that this profession isn't just about uniforms, ranks, or mission — it's about people, the soldiers, the leaders who make up this Army what it is."

Klosterman detailed some of the contributions he was proud of and passed on some advice from his years of experience.

"Throughout my career, I've learned that leading from a position of love is far more effective than leading from a position of fear. Yelling is overrated. Positive motivation, praise and encouragement is key. Care versus scare is a big difference," he said. "Every program we built, every challenge we faced, every success that we celebrated, it was always about making life better for soldiers, helping them grow, supporting them through transitions and ensuring no one ever felt alone."

Klosterman said the soldiers are what he loves most about the Army, and the one thing that he is most proud of is that he never lost a soldier.

"The men and women who stand shoulder to shoulder in defense of this nation are the reason I wore this uniform with pride every single day. And if there was one thing I hated about the Army, it was the enemy — those who sought to harm our nation in our way of life — but serving and fighting alongside my fellow comrades transformed that hate into an even stronger desire to do my absolute best, pour my heart and soul into defending the freedoms we hold dear."

Klosterman said the Army taught him the value of service, the importance of leadership, the true meaning of camaraderie, and that he isn't perfect.

"I believe that being a good soldier, leader, father, husband and a good human being means being humble enough to amend those mistakes, to expose your weaknesses, because doing so, we're not only defining ourselves, we are shaping the ones around us, those who mean the most to us."

Klosterman concluded his retirement ceremony with a rap performance, a skill and passion mentioned multiple times during the ceremonies.



ABOVE: Army Corrections Command Commanding General Brig. Gen. Sarah Albrycht recognizes ACC Command Sgt. Maj. Shawn Klosterman, right, and his wife Tametra with awards between the ACC change of responsibility and Klosterman's retirement ceremonies May 8 at the Lewis and Clark Center.

RIGHT: Command Sgt. Maj. Shawn Klosterman's wife Tametra thanks him for being an awesome husband and father and acknowledges the difficult year it has been with the passing of both of his parents, noting that his mother would've really loved to be at his retirement ceremony, May 8 at the Lewis and Clark Center.

Photo by Prudence Siebert/Fort Leavenworth Lamp



Outgoing Army Corrections Command Command Sgt. Maj. Klosterman concludes his retirement ceremony, which followed the ACC change of responsibility ceremony, with a rap performance — a skill and passion mentioned multiple times during the ceremonies — May 8 in Eisenhower Auditorium at the Lewis and Clark Center. Klosterman performed his own song, "A Final Tribute," as a slide show featuring photographs from his career played on the overhead screen.

Photo by Prudence Siebert/Fort Leavenworth Lamp



Hunter is an adult male tabby available for adoption at the Fort Leavenworth Stray Facility. He has already been neutered, microchipped and vaccinated. The fee to adopt a cat is \$100.

E-mail fortleavenworthstrayfacility@gmail.com for an adoption application or submit an adoption application online at <https://new.shelterluv.com/matchme/adopt/FLSF/Cat>. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility.

The Fort Leavenworth Stray Facility, at 510 Organ Ave., is open noon to 3 p.m. Tuesday and Thursday and by appoint-

ment. Call 913-335-0788 for an appointment or more information. Visit <https://www.petfinder.com/member/us/ks/fort-leavenworth/fort-leavenworth-stray-facility-ks174/> for adoptable pet profiles.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed.

To apply to volunteer with the Fort Leavenworth Stray Facility, visit <https://vmis.armyfamilywebportal.com/>, enter ZIP code 66027, then search for "stray animal facility."

Adoptable Pet of the Week: Hunter



Photos by Prudence Siebert/
Fort Leavenworth Lamp


 Just say "treat" photo contest

SNAP A PHOTO OF YOUR PET IN THEIR MOST PATRIOTIC OUTFIT OR SETTING AND

ENTER for a chance to **WIN!**

2 GRAND PRIZE WINNERS
 RECEIVE A \$500 EXCHANGE GIFT CARD.



 8 RUNNER UP WINNERS
 RECEIVE A \$250 EXCHANGE GIFT CARD.

Go to shopmyexchange.com/sweepstakes to enter and for complete details.
 May 1 - May 31, 2026

ARMY EMERGENCY RELIEF
OFFICIAL NONPROFIT OF THE U.S. ARMY



Empowering Soldiers, Enhancing Lives
2026 Annual Campaign
 March 1 - June 14




PCS with Pets

If you are going overseas, many countries require vaccinations, testing, and documentation well in advance, so early coordination is key to avoiding delays. Contact the veterinary clinic at 913-685-6510 to get started.



Pet Transportation Assistance

Army Emergency Relief offers zero-interest loans to help the whole Family stay together.

WHAT
Pets are a part of the Family and AER recognizes the financial burden pet transportation can cause during a PCS. To help alleviate this, AER created the Pet Transportation Assistance Program.

WHO

- Active Duty and their eligible Family members
- Reserve and National Guard on Active Reserve and Guard tour
- Reserve and National Guard activated with PCS Entitlements

HOW
Pet transportation assistance is processed by your nearest AER Officer or any military aid office. Soldiers can go directly to their AER offices or chains of command.

For more information, visit www.aerhq.org/news/petassistance

 Are you an AER Officer? Download the official guide here: www.aerhq.org/resource/official-pet-transportation-assistance-guidance

PETS SAFETY TIPS

Hot Weather Rules For Pets



KEEP YOUR PET HYDRATED



DON'T LEAVE YOUR PET IN THE CAR



KEEP PAWS AWAY FROM HOT PAVEMENT



KNOW SIGNS OF OVERHEATING

VMIS Mobile is HERE!
SCAN. TRACK. VOLUNTEER.



VOLUNTEER MANAGEMENT INFORMATION SYSTEM (VMIS)

THURSDAY
MAY 14, 2026



Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

Hiring Our Heroes

U.S. Chamber of Commerce Foundation

*** FORT LEAVENWORTH ***

CAREER SUMMIT

RESOURCES | TRAINING | CONNECTIONS



Frontier Conference Center

350 Biddle Blvd | Fort Leavenworth, KS 66027

MAY 14

Transitioning service members, veterans, military spouses, and military caregivers are welcome.



Register now!

JOB SEEKER WORKSHOPS

9 AM - 12:30 PM

HIRING FAIR

1:30 - 4 PM

HiringOurHeroes.org/leavenworth

* The DoW and Service Branches do not endorse any company, sponsor or their products or services.



May 16 - Aerobathon

8:30AM - 1PM • Gruber Fitness Center

Get ready because we are hosting an Aerobathon, as part of our Strong B.A.N.D.S. events!

At this event, our Group Fitness Instructors will offer 20 minute demonstrations of their classes for patrons to try out. Tryout as many classes as you would like.

Anyone who completes all classes will be eligible for a prize!

Registration is NOT required, just show up

FREE event!

For more info: (913) 684-5120

COMMIT - STAY FIT!

#STRONGBANDS
ArmyMWR.com/STRONGBANDS



ARMY HOUSING TENANT SATISFACTION SURVEY DATE EXTENDED TO MAY 15

U.S. ARMY

ONE CONTROL NUMBER #791631-0000 OPERATIONS #0101001



MUFFINS WITH MOM



EFMP

May 15 from 1pm - 3pm

EFMP Playground (Behind the Post Theater)

FREE! Event is for ages 2+

Celebrate Mom in the month of May!
Kids can play, plant a seedling to take home, and enjoy a muffin!

All supplies are provided. Please RSVP by May 14th
Call 520-692-6363



So, you've filed a report of sexual assault...what happens next?

The Fort Leavenworth Sexual Harassment Assault Response and Prevention (SHARP) Team and the Staff Judge Advocate (SJA) in conjunction with Military Criminal Investigative Division (MCID) and Office of Special Trial Counsel (OSTC) presents:

"From Allegation to Prosecution"

Date: 21 May 2026
Time(s): 0900 and 1300
Location: Eisenhower Hall, De Puy Auditorium
250 Gibbon Ave, Fort Leavenworth, KS 66027

An interactive Mock Trial demonstrating the process of the military justice system through an allegation of Sexual Assault.

Come participate in the mystery of military justice.

For more information, please contact Ms. Nicole Hernandez at (913) 544-9243 or maureennicole.n.hernandez.civ@army.mil



Your Opinion Matters!

"We still need to hear from you"
TENANT SATISFACTION SURVEY

2 MAR 2026 - 1 MAY 2026

Your feedback can make a BIG DIFFERENCE in the quality of life for Army families.

Your Army Wants to Hear from You!

*Completely confidential

We are investing significantly in housing improvements to ensure quality living conditions are provided to our Soldiers and families. Survey feedback will guide the Army's efforts to provide quality, safe and secure housing.



The completely confidential survey will be emailed from ArmyHousingSurvey@celassociates.com. For additional questions, please contact your local Army Housing Office.



SKIES presents The Classics: Dance Recital



May 20

Post Theater
375 Grant Ave
Fort Leavenworth, KS
House opens at 6:15pm
Performance at 6:30pm

Featuring:
The Creative Movement Pre-Ballet
Jazz & Tap
Ballet Students

FREE and open to the community!
Come out and support our local dancers!

For more information call: 913-684-3207



Outdoor Pool Opens May 22nd!

Join us during our special opening day after school hours! 3 pm - 7 pm



Make it a summer to remember at Fort Leavenworth's Pools!

Please check the Fort Leavenworth MWR FB page or call the aquatics center at 913-684-2190 for weather updates and pool closures before you go!

Fort Leavenworth 2026 Pool Season

Hancock Pool
Open 7 days a week / when school is not in session
10 am - 7 pm Family Swim
Open on Training Days and Holidays

Bernstein Memorial Pool
Indoor
5 am - 6 pm Adult Lap Swim / M - F
8am - 1pm Adult Lap Swim / Sat & Sun
Closed on Training Days and Holidays

Outdoor Pool Passes
Passes must be purchased at Harney
\$5 daily admission (cash only at the door)
\$120 Family Season Pass for 4 (\$20 each additional member)
\$60 for half pass May 22 - July 8 or July 1 - Sept 7
\$40 for Individual Season pass

scan here for more info!



Pawnee and Shawnee Walking Town Hall

The Garrison Command Team and Frontier Heritage Communities Representatives welcome all residents to come out and speak with them

19 May 2026 (1630-1730)

Stop #1 Pawnee: Hunt Ct. Cul-De-Sac (Approximately 1645- 1705)
 Stop #2 Shawnee: Hatch St./ 1st Cavalry Rd. (Approximately 1710-1730)



Please send any issues to your village Mayor in advance so they can be discussed during the walk thru

HOT DOG FUNDRAISER

ALL DONATIONS WILL GO TOWARDS THE 2026 MILITARY POLICE BALL AND THE FORT LEAVENWORTH SERGEANT AUDIE MURPHY CLUB

WHEN: 15-16 MAY 2026 | TIME 10:00-16:00
 WHERE: FORT LEAVENWORTH COMMISSARY

CASH DONATIONS ACCEPTED

Sponsored by the Fort Leavenworth Commissary
 For additional information contact
 shawnathon.t.colston.mil@army.mil
 cody.j.barratt.mil@army.mil



Strike Zone Bowling Center's

GOOD GRADES SPECIAL

Noon - 7 pm

October 25, 2025
 January 10, March 28
 & May 23, 2026

Kids! Bring in your report cards and receive one free game for every "A" or equivalent. Straight "A"s gets you free sodas for the family (6 max) and all "B"s or better gets you \$2 off any pizza. Games may be used by all family members.

Strike Zone · 165 Fourth Street · (913) 651-2195
<https://leavenworth.armymwr.com>



UPCOMING CGSC EVENTS

- International Military Student Division Sponsorship Recognition Ceremony ← **May 8***
- School of Advanced Military Studies Graduation Ceremony
 ↑ **May 21** ↑
- International Military Student Division Badge Ceremony
 ↑ **May 28*** ↑
- Command and General Staff School Hooding Ceremony
 ↑ **May 28*** ↑
- Command and General Staff Officer Course AY 26 Graduation
 ↑ **May 29*** ↑
- CGSC Academic Year 2027 Start Date ← **Aug. 17***

* Indicates date change from original academic calendar

United States Disciplinary Barracks Unit Tribute Ceremony

17 21 May 2026

1000 hours

National Museum of the US Army

1775 Liberty Drive
 Fort Belvoir, VA 22060



Visit: www.thenmusa.org



EST. 21 MAY 1874

Important information:

- RSVP to peter.j.grande.vol@army.mil by 11 May 2026 to ensure receipt of a general admission ticket for museum access after the ceremony.
- The ceremony will be standing only; no chairs or seating available.
- Please arrive 15 minutes prior to ceremony start time.

Spring into life.

Give blood.



Blood Drive Ft. Leavenworth Munson Army Health Center

First Floor
 550 Pope Ave.
 Fort Leavenworth, KS 66027

Wednesday, May 27, 2026
 9:00 a.m. to 1:00 p.m.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: FortLeavenworth to schedule an appointment.



Get summer ready! Come to give blood May 19-21 for an exclusive Red Cross Beach towel, 10L qty!

1-800-RED CROSS | 1-800-733-2767 | RedCrossBlood.org | Download the Blood Donor App

NAF PROPERTY SALE

MAY 21ST & 22ND

7AM - 2PM (EACH DAY)

801 RILEY AVE
 BUILDING 303



FOR MORE INFORMATION, CALL
 913-684-2726 OR 913-684-2727

NAF SALE

MAY 20th & 21st
 8 a.m. - 2 p.m.

BLDG 223
 W. WAREHOUSE RD.
 (NEXT TO THE RECYCLING CENTER)

SEE YOU THERE!

INSTRUCTIONS

- ALL ITEMS WILL HAVE EITHER A LOT# OR BOX#
- ALL ITEMS WILL HAVE A PRICE TAG (WITH THE EXCEPTION OF ITEMS THAT ARE IN BOXES PRICED AT \$5 EA OR LESS)
- PARKING WILL BE AT THE USDB SALES STORE LOCATED AT BLDG 224 EITHER ON THE SOUTH SIDE OF THE BUILDING OR BEHIND THE EAST OF THE BUILDING

PROCEDURES FOR PURCHASING TAGGED ITEMS:

- REMOVE TAG FROM ITEM OR FROM THE SIDE OF THE BOX.
- FILL OUT TAG FULLY.
- TAKE THE TAG ALONG WITH THE ITEM (UNLESS TOO LARGE TO CARRY) TO BLDG 224 (USDB SALES STORE). PAYMENT CAN BE TAKEN THERE.

NOTE: THIS WILL BE A FIRST COME FIRST SERVE PROCESS. BE RESPECTFUL AND COURTEOUS TO ALL OTHER PATRONS AND STAFF.

NO REFUNDS/ITEMS ARE SOLD AS IS

SILENT AUCTION:
 BEGINS AT 8:00 AM ON MAY 20TH 2026. THE LAST BID WILL BE TAKEN NLT 2:00 PM ON MAY 21ST 2026.

THE BID BOX WILL BE LOCATED INSIDE OF THE OFFICE IN BLDG 223.

WINNER WILL BE CONTACTED ON 26 May 2026.

IN THE EVENT OF A TIE, HIGHEST BIDDERS WILL BE CONTACTED WITH ADDITIONAL INFORMATION.

LARGER ITEMS MUST BE PICKED UP NO LATER THAN 27 MAY 2026

CARRY ON SMARTLY

DeCA will no longer charge for single-use plastic or paper bags.

Except for those locations that must otherwise comply with applicable Federal, State and local requirements.



Life's challenges don't have to define us.

HAPPY ARMED FORCES DAY

Celebrating Those Who Serve

FRIDAY, MAY 15TH
1100-1300
EXCHANGE MAIN STORE

- LIGHT REFRESHMENTS
- SPIN THE WHEEL
- CORNHOLE FOR PRIZES
- FIRST 25 SERVICE MEMBERS WILL RECEIVE A SWAG BAG

EXCHANGE

RED CROSS LIFEGUARD CLASS

JUNE 2026

Bernstein Memorial Pool
Harney Sports Complex
185 Fourth St.
Fort Leavenworth, KS
913-684-2190

Class Schedule (min of 8 people) *must attend all dates*

- Tuesday, June 2nd 0800 - 1600
- Wednesday, June 3rd 0800 - 1600
- Thursday, June 4th 0800 - 1600
- Friday, June 5th 0800 - 1600

Sign up for the Red Cross Lifeguard Class and start making a difference!
Cost is \$165
Deadline to register is COB Wednesday, May 27th
SIGN UP TODAY AT HARNEY SPORTS COMPLEX FRONT DESK!

To participate you must meet the following:

- At least 15 years of age by the end of the last class
- Submerge to 12 feet depth to retrieve an object
- Swim 200 yards
- Tread water for 2 minutes without the use of hands
- Retrieve a 10 pound object from at least 10 feet deep and swim it back to the wall in 1 minute 40 sec.

leavenworth.armymwr.com

Speaker Series History Brunch

Presented by the Frontier Army Museum & The Friends of the Frontier Army Museum (FFAM)

Light refreshments served at 10:30a
Presentations begin at 11a.m

Saturday April 4th
"Thompson and his Rifle Demonstrators: Training, Troubleshooting, and Building Confidence in America's New WWI Rifle" with MAJ Jon Krisko

Saturday May 9th
"Santa Fe in World War II: Contributing to Victory" with LTC Bob Walz (ret)

Saturday June 6th
"Kansas City Kansas Community College (KCKCC), The Greatest Generation and You!" With Joe Grasela

Events are free to the public and will be located at the Frontier Army Museum
100 Reynolds Ave Fort Leavenworth, KS

All presentations will be streamed live and recorded on the Friends of the Frontier Army Museum Facebook page:
<https://www.facebook.com/ftleavenworthffam>

CAMPUS LIFE MILITARY PRESENTS

MILITARY Camp

25-29 MAY 2026

OPEN TO ALL 6TH-12TH GRADERS

REGISTRATION IS OPEN!

GET READY FOR:

- Muck Wars
- High Ropes Course
- Lake Inflatables
- Nightly Club
- And More!

FOR MORE INFORMATION: CONTACT SAM AT 605.569.3820

Looking for Community?

Join Campus Life Military

FB: Ft. Leavenworth Club - Campus Life Military
IG: @campuslifefortleavenworth

Samantha Odle
(605) 569-3820 / sodle@yfc.net

HYC Harrold Youth Center

School is in session, but the FUN doesn't need to stop! Hang with your friends and make some memories!

FREE TEEN AFTER-SCHOOL PROGRAM

Offering:

- Free After School Snacks
- Homework Help
- STEM Programs
- Gym Activities
- Music Classes
- Arts & Crafts
- Bowling Club
- Bike Club
- Fishing Club
- Strength Training
- Youth Sponsorship Club
- Video Games & Tournaments
- Homework & Technology Labs
- Monthly Parties/Dances
- Non-School Day Field Trips
- Friday after 6pm & Saturday Special Events

*Enroll now at Harrold Youth Center 45 Biddle Blvd

HYC Hours
Mon-Thurs 3pm - 6pm
Friday 3pm - 9pm
Saturday 1pm - 7pm
Non-School Days Open at 1pm
Closed Sunday

Administrative Hours
Monday - Friday 9am - 5:30pm

*HYC is for 6th - 12th Graders only. Must be registered with CYS Parent Central prior to enrolling. Stop by for our monthly calendar! Contact 913-684-5118 for more info on registration and eligibility

Chaplain Family Life Center

100% Confidential & Faith Informed

Pastoral Counseling Services

(Individual, Couple, & Family)

Free for all Service Members, Retirees, DoD/DA Civilians and Dependents

Pastoral counseling provides compassionate support for individuals, couples, and families facing challenges such as anxiety, depression, communication difficulties, conflict, parenting concerns, and spiritual struggles—providing faith-informed guidance to strengthen relationships and promote healthy growth in every season of life.

To book an appointment scan here:

CH (MAJ) Joshua M. Portwood is a trained Pastoral Counselor in Marriage and Family Life. His formal education includes a Masters of Divinity from Gordon Conwell Theological Seminary, a Masters of Science (Marriage and Family Therapy) from Texas A&M-Central Texas, and a Doctorate of Ministry from Vanderbilt University Divinity School.

Located at the back of Pioneer Chapel
500 Pope Ave., Bldg. 56
Fort Leavenworth, KS 66027
Government Cell: (913) 680-7336
joshua.m.portwood.mil@army.mil
<https://cal.com/chaplainportwood>

Do you feel like you're NOT seeing the full picture?

Get help that makes sense with the HYC Homework Lab!

HYC Homework Lab*
M - F
After school from 3pm - 6pm

Harrold Youth Center
45 Biddle Blvd
Fort Leavenworth, KS
(913) 684 - 5115

FREE after school program for Teens!

Offering:
Homework / Tutoring
ACT / SAT Prep Nights
Money Matters Classes
Career Launch
College Visits
Science Club

*For eligible 6th - 12th graders Must be registered with CYS

U.S. ARMY

Mission: To provide Religious Support to all Soldiers, Family members, DA civilians, contractors, and retirees.

Pioneer Chapel
500 Pope Avenue

- PROTESTANT Traditional Worship - 0830 (Children's Church - K-5th grade)
- Sunday School - 0945
- MULTI-CULTURAL GOSPEL Sunday Worship - 1000
- CATHOLIC MASS Tuesday-Friday - 1200-1230 Sunday Religious ED - 0810

Frontier Chapel
625 Thomas Avenue

- CATHOLIC MASS Sunday - 0930 Sunday Religious ED - 0810
- PROTESTANT Sunday School - 0945
- Contemporary Worship - 1100 (Children's Church - K-5th grade)

Memorial Chapel
626 Scott Avenue

- LITURGICAL Sunday Worship - 0930
- ISLAMIC, JEWISH, and other Religions: please email CH (MAJ) Chris Weinrich
Christopher.w.weinrich.mil@army.mil or call 913-684-2210

Be All You Can Be WE ARE THE ARMY'S HOME

Scan for Full Event Details and Sponsors

BUFFALO BILL WILD WEST & MILITARY HISTORY FESTIVAL

JUNE 20-27, 2026 Leavenworth, Kansas

Saturday, June 20
VFW Post 56 "Pre-250" Year Anniversary Breakfast

Monday, June 22
City of Leavenworth Trivia Night at Ten Penny Bar & Grill

Friday, June 26
Wild West Jamboree at Haymarket Square
Cook-Out Hosted Leavenworth Rotary Clubs
Outhouse Races, Hosted Leavenworth Lions Clubs
"Whiskers of the West" Beard & Mustache Contest
Music by Bo & the Beards Hosted by Leavenworth Lansing Chamber

Saturday, June 27
Western Art Show, Hosted by LCAA at Heritage Event & Arts Center
U.S. Military History Camp WWII Boeing B75NI Stearman Flyover
Sidewalk Sales and Scavenger Hunt, Hosted by Leavenworth Main Street
60+ Crafters and Vendors
"History on the River" at Riverfront Community Center
Lil' Buckaroos at Gazebo Park, free Covered Wagon Rides and more!
U.S. Military Vehicle Display - Salute to our Military
35th ID Army Band Concert at Haymarket Square
Buffalo Bill Wild West Dinner & Bingo
Hosted by Eagles Aerie #55 - 300 S. 20 th Street
Ft. Leavenworth (self guided tours) & Frontier Army Museum
tours available at 10am, 12pm, 2pm

A Community-Wide Celebration of America 250!

Community Partners: KCK Community College Pioneer Center, Great Western Manufacturing, Davis Funeral Chapel, Home2, Leavenworth County Historical Society, Mutual Savings Association, Midwest Horizons Marketing, Leavenworth Lansing Chamber of Commerce, Advantage Printing, Main Street, Tiffany Andrews State Farm, YMCA Y-Club, Leavenworth Lions Club, Leavenworth Rotary, Matcha-11 (Sorwill), the Leavenworth Times, MAPs, Inc., Leavenworth County Artists Association, VFW Medal of Honor Post 56, Frontier Army Museum, Eagles Aerie #55, downtown businesses and the Leavenworth Public Library.

SKIES

Instructional Catalog for Classes
Summer 2026

Registration opens April 13 @ 9am*
Open House July 30 @ 5:30pm

*A current registration with Parent Central is required to enroll. For more info call: 913-684-5138

We're on the way!

Patch Community Center
320 Pope Ave
Fort Leavenworth, KS

For more info on SKIES call:
913-684-3207 or text:
913-704-7595

Join ACS/ New Parent Support for

STORY TIME

Wednesdays @ 10am
The Resiliency Center
600 Thomas Ave
Fort Leavenworth, KS

Introduce the magic of books and foster a lifelong love of learning!

Story Time is free and open to ages 3 months to 3 years (must have an adult present).

Please call or text by the close of business day on the Tuesday before Story Time.
913-297-3212

Join ACS/ New Parent Support for

Toddler Time

Wednesdays @ 9am
The Resiliency Center
600 Thomas Ave
Fort Leavenworth, KS

Learn through play as we build social skills, introduce preschool routines, and explore!

Toddler Time is free and open to ages 2 to 3 years (must have an adult present).

Please call or text by the close of business day on the Tuesday before Toddler Time.
913-297-3212

Co-Parenting Workshop

Round 1: March 9, 16, 23, 30
Round 2: June 8, 15, 22, 29
Round 3: August 10, 17, 24, 31
Round 4: December 7, 14, 21, 28
@ 1:00pm - 2:30pm
ACS Classroom 145
600 Thomas Ave

Learning to co-parent after a divorce can feel like being on opposite ends of a chasm.

Our four week workshop will show you how to build a bridge that will enhance parenting skills, enrich positive co-parenting, learn to develop and use boundaries, and establish a joint plan for managing expectations about your children's growth, development, and behavior.

FREE and open to all DoD ID holders 18+ Register by calling 520-692-6378/ 6323
Deadline to register is day before class.
Participants are encouraged to attend every class as each session will be different. Ask about virtual options!

ACS New Parent Support
Prenatal Classes 2026
600 Thomas Ave
Room 125
All classes are from 5 pm - 7 pm

Childbirth Classes:
Series of three classes
Jan 5th, 12th, 26th
Mar 2nd, 9th, 16th
May 4th, 11th, 18th
July 13th, 20th, 27th
Sep 14th, 21st, 28th
Nov 2nd, 9th, 16th

Newborn Care Classes:
Feb 2nd
April 13th
June 1st
August 3rd
October 5th
December 7th

Breastfeeding Classes:
February 9th
April 20th
June 8th
August 10th
October 19th
December 14th

Free for Expectant Parents!
Deadline for Registration is the Friday before the class. Pre-registration is required.
Contact 913-297-3212

Come join us to learn the cues to look for when deciding to potty train! Learn valuable tips to get you started!

ACS New Parent Support 2026 Potty Training

Are you ready?

600 Thomas Ave
Room 125
2/23, 4/27, 6/15, 8/17, 10/26, 12/21
5 pm - 7 pm

Time to lose the diapers?
FREE for Parents of Children aged 0-4 years
Pre-registration Required
Deadline is Friday before class
Contact 913-297-3212

WIGGLES & GIGGLES

Fridays 10am - 11am
ACS Playroom
600 Thomas Ave

FREE
Ages 3-12 months
Register by COB
Thursday

We wanna go...

Get their wiggles out and join in some baby giggles!
Take a moment to connect with other parents!
Babies learn through play! So let's get on the floor and explore!

For more info or to register call 913-297-3212

A new resource just for you!

EFMP Lending Library

We're open M - F
7:30am - 4pm

Room 155E
The Resiliency Center, Bldg 198
600 Thomas Ave
Fort Leavenworth, KS

The Lending Library is a free resource room designed for Families enrolled in EFMP. It's stocked with sensory items, EFMP appropriate games, art supplies, and safety items for all ages! Families can borrow items for up to 30 days. Appointments are required, drop-ins are on a case-to-case basis.
Call for more information:
520-692-6363/ 913-684-3838

ACS Family Advocacy New Parent Support Program

Play Morning

Thursdays from 9-11:00 a.m.
Ages 3 months - 3 years with Guardian • Resiliency Center

Free play group for ages 3 months - 3 years and their parents/guardians.

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.

Amy Community Service | Resiliency Center | 600 Thomas Ave. | Fort Leavenworth, Kansas
Registration required, out of is day before event (913) 297-3212 or (913) 684-2800

EFMP & Waiting Families Presents

ZUMBA

Get ready to Move! Get ready to Groove!

Every second Tuesday
9am - 10am
Gruber Fitness Center
200 Reynolds Ave
Fort Leavenworth, KS

Get wrapped up in the music and let's get moving and grooving! Zumba is energetic, fun, and a de-stressor all in one! Designed for all fitness levels this FREE class is open to anyone 18+
Registration is required for attendance.
Call 520-692-6363 or 913-684-2800

EFMP/ Waiting Families RECREATIONAL BOWLING

Every first Saturday of the month
12:00pm - 2:00pm
Strike Zone Bowling Center
165 Fourth St

Meet other EFMP families!
EFMP Recreational Bowling is a fun way to socialize, and sharpen fine motor skills.

All ages welcome!
FREE for the entire family including shoes!
Bumpers, bowling ramps, and lightweight bowling balls are available.

Pre-registration is required the Wednesday before the event.
Fort Leavenworth Waiting Families, call ACS to reserve your spot!
Call 913-684-2800 for more info or to register

STRONGHOLD FOOD PANTRY

OUR MISSION
Serving military families facing food insecurity — with care, dignity & resources whenever & wherever they're needed.

Stronger Together

Help us support our community — donate today

MOST NEEDED ITEMS

- JELLY
- CANNED CHICKEN
- PASTA SAUCE
- CANNED FRUIT
- PANCAKE MIX
- SYRUP
- OATMEAL

DOOR PICKUP AVAILABLE
FORT LEAVENWORTH • LEAVENWORTH • LANSING — WE COME TO YOU!

HOURS
Every Wednesday
10:30 am – 1:00 pm
Personal appts available upon request

LOCATION
655 Biddle Blvd
Ft. Leavenworth, KS 66027

CONTACT US
strongholdfoodpantry.org
contact@strongholdfoodpantry.org

BUILDING STRONGER COMMUNITIES — TOGETHER

Playground Palooza!

Every 2nd Tuesday from 9am - 10am
@ The EFMP Playground
(through the month of October)

Come out and get to know other EFMP Families while the kids play! Every month there will be a NEW and EXCITING activity for the kids!
Open to EFMP Families only.

Registration is required the Friday before the event.
Call 520-692-6363 for more info

Activities*
May- Chalk Art
June- Art Esses
July- Popicles
August- Bubbles
September- Juice Boxes
October- Pumpkin Decorating
*Subject to change



Harney Gym Maintenance
May 18-22

Starting March 9th, 2026

Fort Leavenworth Group Fitness Classes

GRUBER FITNESS CENTER - 200 Reynolds Ave. - 684-5120
Mon-Fri: 0900-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530						
0600		Slow Flow (Leslie)		Slow Flow (Leslie)		
0900			Body Pump (Tara)		Body Pump (Tara)	
1000						Power Yoga (Kim)
1300	Body Pump (Tara)					
1630			Power Cycling (Kim)	Yin Yoga (Brandie)		
1700	Power Yoga (Kim)					

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190
Mon-Fri: 0900-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

*Power Cut classes are held in the Bubble Gym

Single Ticket For \$5.00
10 Tickets For \$45.00
20 Tickets For \$80.00

U.S. ARMY MWR SPORTS • FITNESS • AQUATICS

<https://leavenworth.armymwr.com>

Independent Instructor Class Schedule

Gruber Fitness Center

Monday	Tuesday	Wednesday	Thursday	Friday
	Brazilian Jiu-Jitsu 1830-1930		Brazilian Jiu-Jitsu 1830-1930	
	Taekwondo 1800-1900 1900-2000		Taekwondo 1800-1900 1900-2000	

Jiu-Jitsu 1 x a week - \$60 2 x a week - \$75 3 x a week - \$85 Drop in \$20
First class is FREE!
Taekwondo \$65 per month 2x a week - \$10 single class
Must have 24 hour access to gym. Classes are 15+. Register in person

Harney Sports Complex

Monday	Tuesday	Wednesday	Thursday	Friday
Weight Lifting 0900-1015		Weight Lifting 0900-1015		Weight Lifting 0900-1015
Youth Olympic Lifting 1400-1700 1700-1800 (Bubble gym)		Youth Olympic Lifting 1400-1700 1700-1800 (Bubble gym)		

Weight Lifting - \$75 (3 days) \$70 (2 days) \$10 (drop in)
Youth Olympic Lifting - \$75 (NO drop in)
First class is FREE! Weight Lifting is for 18+

Harney Sports Complex & Aquatics Center
185 Fourth St
Ft. Leavenworth, KS
913-684-2190

Gruber Fitness Center
200 Reynolds Ave
Ft. Leavenworth, KS
913-684-5120

Fort Leavenworth 2026 Events

MAY 2 - CGSC TRIATHLON
Harney Sports Complex • 8AM - 11AM
Register at Gruber or Harney • \$85 Individual, \$115 for relay team

MAY 8 & 9 - 1000LB/400LB CLUB MEET
Gruber Fitness Center • 8AM - 5PM • FREE
Sign up at Gruber Fitness Center or call 913-684-5120 prior to event.

MAY 16 - AEROBATHON
Gruber Fitness Center • 8:30AM - 12PM • FREE
Check out a 20 minute demonstration of each group fitness class.

MAY 23 - DISC GOLF TOURNAMENT
Disc Golf Course • 8AM - 11AM • FREE
Sign up at Gruber Fitness Center or call 913-684-5120 prior to event.

MAY 1 - MAY 31 - 6TH ANNUAL SOFTBALL TOURNAMENT
Harney Sports Complex & Doniphan Field #1 • FREE
Games: Monday & Wednesday 5:30PM, 6:30PM, & 7:30PM

COMMIT-STAY FIT! #STRONGBANDS

- Attend featured fitness events at your garrison
- Wear your STRONG BANDS wristband throughout May to show your commitment to a healthy lifestyle
- Gain valuable fitness tips throughout May by visiting [ArmyMWR.com/STRONGBANDS](https://armymwr.com/STRONGBANDS)

Youth Sports & Fitness Camps

Registration starts April 13!

FITNESS
June 8 - 11
Cost \$40

Age Groups Time
5 - 8 yrs 0900-1000
9 - 14 yrs 1000-1100

CHALLENGER SPORTS SOCCER CAMP
Camps run Monday - Friday
June 1 - 5 / July 6 - 10 / July 27 - July 31

Age Groups Time Cost
3 - 4 yrs 0900-1000 \$110
5 - 6 yrs 1030-1200 \$125
7 - 9 yrs 0900-1200 \$165
10 - 14 0900-1200 \$165

BASEBALL
July 13 - 16
Cost \$40

Age Groups Time
5 - 8 yrs 0900-1000
9 - 10 yrs 1000-1100
11 - 14 yrs 1300-1400

BASKETBALL
July 20 - 23
Cost \$40

Age Groups Time
5 - 8 yrs 0900-1000
9 - 10 yrs 1000-1100
11 - 14 yrs 1300-1400

Enrollments will end on the first day of each camp. Challenger Sports Soccer Camp enrollments can be done at any CYS location. Fitness, Baseball, and Basketball Camp enrollments can be completed at any CYS location or with Webtrac if participant is centrally registered.

Call 913-684-7525 / 7526 for more information

leavenworth.armymwr.com

BRUNNER RANGE 2026 SPECIAL FUN SHOOTS

15 April	Rod & Gun Club
18 April	VFW Post 12003
16 May	Lil Weenie
20 June	Club Championship
18 July	One Gun/ One Choke
15 August	Shuck n' Chuck
19 September	American Legion Post 411
17 October	Lil Weenie
21 October	Rod & Gun Club

Contact Brunner Range for more information (913) 651-8132

May 16 - Aerobathon

8:30AM - 1PM • Gruber Fitness Center

Get ready because we are hosting an Aerobathon, as part of our Strong B.A.N.D.S. events!

At this event, our Group Fitness instructors will offer 20 minute demonstrations of their classes for patrons to try out. Tryout as many classes as you would like.

Anyone who completes all classes will be eligible for a prize!

Registration is NOT required, just show up

FREE event!

For more info: (913) 684-5120

COMMIT-STAY FIT! #STRONGBANDS
[ArmyMWR.com/STRONGBANDS](https://armymwr.com/STRONGBANDS)

YOUTH SPORTS & FITNESS Summer Golf Program

Fort Leavenworth Trails West Golf Course
306 Cody Rd
Ft. Leavenworth, KS

Register between April 13 - June 9

Tuesdays and Thursdays
4pm - 7pm
June 9 - July 30

Open to boys and girls ages 8 - 17 yrs
\$65 for first child and \$55.25 for each additional child.
First time golfers are recommended to go through the SKIES Instructional Golf Clinic prior to starting the Youth Golf League. This is a parent participation program. A parent must be present with their child on the golf course. Enrollments can be done through any CYS location or online Webtrac if centrally registered with CYS and there is an updated sports physical on file.

For more info call: 913-684-7525/ 7526

leavenworth.armymwr.com

Brunner Range 2026 LEAGUE SCHEDULE

Winter Combo
8 January - 12 March

Spring Combo
26 March - 28 May

Summer Warm-up
4 June - 9 July
16 July - 20 August

Fall Combo
3 September - 5 November

Winter Warm-up
12 November - 17 December

Combo leagues shoot on Thursday evenings. Teams consist of 5(+/-) shooters. All teams take turns supplying an evening meal at approximately 5:30 pm with shooting commencing at 6:00 pm. Summer and Winter Warm-up leagues are individual with the same fee but no food.

Contact Brunner Range for more information (913) 651-8132

May 23 • Disc Golf Tournament

8AM - 2PM • Disc Golf Course

Two-person team plays 18 holes, best shot rules.

The two-person best shot format will be used. Both players throw from each lie (starting with the tee shot), then the team chooses which of the resulting lies to continue play from, until the hole is completed.

For score integrity purposes, each team is required to keep the score of their opposing twosome. Teams will be sent onto the course with another team and will keep scores for both their own team and the opposing team. Any team that does not participate with an opposing team will not be eligible to win the tournament.

Prizes will be given out for 1st, 2nd, and 3rd place.

Staggered start from 0800-0900.

Registration is required and can be done at Gruber Fitness Center or by calling, (913) 684-5120

FREE event!

COMMIT-STAY FIT! #STRONGBANDS
[ArmyMWR.com/STRONGBANDS](https://armymwr.com/STRONGBANDS)

ADULT SPORTS Softball LEAGUE

LEAGUE PLAY STARTS THURSDAY, JUNE 4TH

GAMES TUES & THURS @ 5:30, 6:30, 7:30 P.M.
DONIPHAN FIELD #1

Coaches Meeting: Tuesday, May 26th
5:30 pm @ Gruber Fitness Center
Letters of intent due by COB May 27th

League awards will be given for regular season champions and 1st and 2nd place tournament champions.
Open to Active Duty, DoD, Retirees and Contractors working at Fort Leavenworth ages 18 & older.
For more info call: 913-684-3224/ 5136

*Season length dependant on number of registered teams.

MyArmyPost

Try the Army's Newest Mobile Application!

DOWNLOAD IT TODAY

EXISTING FEATURES

- One-click emergency calls
- Near real-time updates
- Installation-wide alerts
- Interactive bus routes
- Current Air Quality Index
- Newcomer information
- Intuitive search functions
- Bookmark common resources
- Resource Alerts
- Events
- Maintenance Requests
- MHS Genesis Login

May 1 - May 31 6th Annual Softball Tournament

Doniphan Field #1

Games: Every Monday and Wednesday 5:30PM - 7:30PM at Doniphan #1. There will be a coaches meeting on Wednesday, April 22nd at 5:30PM at Gruber Fitness Center.

Letters of Intent are due by COB Wednesday, April 29th.

Open to Active Duty, DoD Civilians, Retirees, Dependents, Spouses, and Contractors working at Fort Leavenworth ages 18 and older.

League awards given for regular season champions, tournament runner ups and tournament champions.

FREE event!

For more info: (913) 684-3224/5136

COMMIT-STAY FIT! #STRONGBANDS
[ArmyMWR.com/STRONGBANDS](https://armymwr.com/STRONGBANDS)

HUNGRY?

Fort Leavenworth MWR has AMAZING food options!

- Solarium Buffet
- 12th Brick Grille
- Strike Zone Snack Bar
- Java Cafe

[LEAVENWORTH.ARMYMWR.COM](https://leavenworth.armymwr.com)

U.S. ARMY MWR SOLDIERS • FAMILIES • RETIREES • CIVILIANS

MUNSON NOTES

MUNSON NOTICES

■ Munson Army Health Center is now booking **SCHOOL PHYSICALS** for **STUDENTS ENTERING PRE-KINDERGARTEN OR KINDERGARTEN in KANSAS** for the first time. Scheduling early helps ensure your child is ready for the school year and avoids the post-PCS season rush. Who needs a physical? Students ages 9 or younger who are new to Kansas schools. Call 913-684-6250 to schedule. (Note: Missouri schools only require proof of immunization.) Sports physicals are not yet available. If you are PCSing out of state, wait to schedule your physical until you arrive at your new duty station, as requirements vary by state.

■ In the event a **TORNADO WARNING** is issued on Fort Leavenworth, and the order is given to take shelter, Munson Army Health Center staff will evacuate patients and visitors to the basement level for their safety. MAHC, at 550 Pope Ave., as well as the Lewis and Clark Center on Stimson Avenue and the Single Soldier Quarters on Cody Road, are opened to the public as **STORM SHELTERS** during tornado watches. In the event a tornado watch is activated after duty hours, Medical Department Activity personnel will open the health center for those needing shelter and remain open until all watches or warnings are lifted.

■ Munson Army Health Center offers **CAR SEAT SAFETY CHECKS** by appointment to help give you peace of mind every time you hit the road. Our trained staff will walk you through proper installation, answer your questions and ensure your child is riding as safely as possible. Appointments take just 15–20 minutes. Call 913-684-6604 to schedule.

■ The **MUNSON ARMY HEALTH CENTER PATIENT AND FAMILY PARTNERSHIP COUNCIL** meets quarterly at MAHC. The PFPC captures voices and insights of patients and families to improve the patient care experience. The council is composed of volunteers who represent the interests of patients who receive care from MAHC. Volunteers can be active-duty, active-duty family member, retirees or retiree family members. Call 913-684-6211 or e-mail usarmy.leavenworth.medcom-mahc.mbx.patient-advocate@health.mil if interested in participating.

■ After hours and on federal holidays, beneficiaries can call the **MHS NURSE ADVICE LINE** at 1-800-TRICARE (874-2273). Nursing staff who support the NAL phone lines can assist beneficiaries with non-life-threatening medical concerns and provide further guidance. Beneficiaries experiencing a **MEDICAL EMERGENCY**, such as severe shortness of breath or difficulty breathing, should call 911.

■ It is important that military families new to the Fort Leavenworth community **ESTABLISH A NEW PRIMARY CARE MANAGER** for their health care needs. Munson Army Health Center offers a wide range of primary care providers to choose from for personalized care at a convenient on-post location. Once your new address is established in DEERS, call 1-888-TRIWEST (874-9378) and follow the prompts to establish a primary care manager at MAHC. Learn more about services at munson.tricare.mil.

■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are **ELIGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE**. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit <https://dvidshub.net/r/8 wttlf>.



Blood Donors Needed

Wednesday, May 27
9 a.m. to 1 p.m.


Munson Army Health Center
Sign up at
RedCrossBlood.org



Munson Army Health Center

BOOK NOW!

Pre-K & Kindergarten School Physicals



The MHS GENESIS Patient Portal lets you view your results sooner.

