

THURSDAY  
JULY 25, 2024



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## Army U welcomes new provost

by Army University Public Affairs

Col. Jason H. Rosenstrauch assumed responsibility as the new provost of Army University and deputy commandant of Command and General Staff College July 19 at the Lewis and Clark Center.

The ceremony was hosted by Lt. Gen. Milford H. Beagle, Combined Arms Center and Fort Leavenworth commanding general and CGSC commandant.

Rosenstrauch assumed responsibility from Brig. Gen. David C. Foley, who retired from three decades of service to the Army.

Beagle thanked Foley and his wife, Claire, for their dedication and commitment to Army University and CGSC.

“He made an impact and difference, and I wish them the best in the next chapters of their journey,” Beagle said.

Prior to Rosenstrauch’s arrival at Army University, Beagle said he received many notes, cards, letters, and phone calls about the incoming provost.

“Most times people will say, ‘right person, right place, right time,’ and that is absolutely true. You are exactly what we need right now given the changes the Army is going through, we need a leader with your humility, emotional intelligence and ability to drive change,” Beagle said. “We are excited for what you are going to do here. We are looking forward to watching you take this team to another level.”

Rosenstrauch joins the Army University team from the 3rd Infantry Division, where he served as the chief of staff.



Photo by Prudence Siebert/Fort Leavenworth Lamp

**Army University Provost Col. Jason Rosenstrauch delivers remarks at his assumption of responsibility ceremony July 19 at the Lewis and Clark Center.**

SEE **ARMY UNIVERSITY PROVOST ASSUMPTION OF RESPONSIBILITY** A4

## SCP celebrates 40 years of preparing leaders for command

by Army University Public Affairs

Army University’s School for Command Preparation celebrated its 40th anniversary with a ceremony July 18 at the Lewis and Clark Center.

To mark the occasion, SCP welcomed Chief of Staff of the Army Gen. Randy A. George, who has entrusted the school to successfully educate the next generation of brigade and battalion leaders through the position’s namesake course, CSA Common Core.

During the event, George recognized SCP staff with various awards. In addition, George, Gen. Gary M. Brito, Training and Doctrine Command command-

ing general; Lt. Gen. Milford H. Beagle, Jr., Combined Arms Center and Fort Leavenworth commanding general; Sgt. Maj. of the Army Michael R. Weimer; Command Sgt. Maj. Raymond S. Harris, TRADOC; and Todd Wood, SCP instructor of the year, cut a ceremonial cake.

“One of the many things that makes our Army great is the time, attention and focus senior leaders and spouses invest in developing leaders,” Beagle said. “SCP faculty exemplify excellence as they prepare leaders and spouses for the art and science of command leadership.”

Established in 1984 by order of the fourth com-

SEE **SCP’S 40TH ANNIVERSARY** A4

## Buffalo Soldiers Day is July 26

by Fort Leavenworth Garrison Public Affairs Office

Fort Leavenworth will commemorate Buffalo Soldiers Day with a ceremony at 9 a.m. July 26 at the Frontier Conference Center.

Gen. Gary M. Brito, U.S. Army Training and Doctrine Command commanding general, will be the distinguished guest speaker for the event.

The ceremony will pay tribute to the contributions and selfless service of the celebrated Buffalo Soldiers who helped protect the nation’s westward expansion by building roads, providing security to wagon trains, participating in significant military actions, and even serving as some of the first national park rangers.

On July 24, 1992, President George H. W. Bush proclaimed that July 28 be known as Buffalo Soldiers Day. This date memorializes the action taken by Congress on July 28, 1866, to establish the 9th and 10th Cavalry Regiments, and the 38th, 39th, 40th and 41st Infantry Regiments.

“Despite suffering the discrimination and the injustice that plagued all black Americans during the days of segregation, the members of the 9th and 10th Cavalry regiments served with pride and distinction,” Bush said in his proclamation.

Following the ceremony, guided tours and discussions about Buffalo Soldiers will be offered from 10-11 a.m. at the Buffalo Soldier Monument. The tours will be facilitated by members of the Alexander Madison Chapter of Kansas City Buffalo Soldiers, dressed in period Buffalo Soldier uniforms.

More discussions about the contributions of Buffalo Soldiers in American history will be offered from 11 a.m. to noon at the Frontier Army Museum.

All three Buffalo Soldiers Day events are open to the public. The ceremony will also be live streamed on the Fort Leavenworth Facebook page at <https://www.facebook.com/USAGLeavenworth/>.

## Making Fort LV ‘Home’ Post organizations offer free or affordable options for ‘setting up house’

by Prudence Siebert/Fort Leavenworth Lamp Editor

Moving is stressful enough, but top that with a large percentage of the population in- and out-processing at the same time, and thus needing the same resources at the same time, and it can become a bit of a nightmare.

Several Fort Leavenworth organizations know about the challenges that come with PCS season, and they offer resources to help in the interim between when a family arrives and when their household goods are delivered.

### ACS

#### LOAN CLOSET

The Army Community Service Loan Closet offers basic kitchen kits and other items such as coffee makers, hand mixers and ironing boards on a first-come, first-served basis.

In- and out-processing active-duty military, retirees, Department of the Army civilians and their family members are eligible to borrow items from the loan closet for 30 days, which can be extended, if needed, especially for those



Photos by Prudence Siebert/Fort Leavenworth Lamp

**Charise Risper, Exceptional Family Member Program coordinator, helps Maj. Jamar Sherman, incoming Command and General Staff College student, check his loaned items back into the Army Community Service Loan Closet July 18 at the Resiliency Center.**

coming from or going overseas.

Maj. Jamar Sherman, incoming Command and General Staff Officer Course student, was at the ACS Loan Closet July 19 returning items that he had borrowed, so others could use them, as his household goods were arriving that afternoon.

Sherman said he arrived

SEE **PCS RESOURCES** A5



**Gregory Bailey, Survivor Outreach Services coordinator, looks over the bins of add-on items such as cheese grators and cork screws while explaining what the Army Community Service Loan Closet has to offer in addition to basic kitchen kits July 18 at the Resiliency Center.**

# 1st Harding Fellows to strengthen Army's professional journals



Graphic by Sarah Hauck/Army University Public Affairs

The Army journals have received the first group of Harding Fellows as their new uniformed editors as part of the continued effort to drive cultural change throughout the profession with the Harding Project.

by Army University Public Affairs

The Army's journals have new editors as part of the first group of Harding Fellows, an extension of the Harding Project's continued effort to drive cultural change through professional writing and discourse.

Handpicked by their branch leadership, 11 junior officers are the first uniformed editors for the Army's branch journals in almost two decades. Paired with talented civilian editors, these uniformed editors will work to renew the Army's journals.

"These fellows will channel the legacy of Maj. Gen. Edwin 'Forrest' Harding, who renewed Infantry and Infantry Journal in the 1930s," said Lt. Col. Zachary Griffiths, director of the Harding Project. "An initiative of the Chief of Staff of the Army General Randy George, the Harding Project is renewing the Army's professional journals. As Harding did, these editors will connect the journals with the force and ensure their content is relevant, high quality and accessible."

The fellows serve as editors-in-chief and then, after a two-year assignment, return to the force with an understanding of their branch's challenges and opportunities.

"Like the observer-controllers who serve at our combat training centers, these leaders will return to operational units as experts in their branches with superior communication skills," said Gen. Gary Brito, commanding general, U.S. Army Training and Doctrine Command.

As the Army renews its professional journals, these Harding Fellows play an important role in strengthening the Army profession.

"I'm learning a ton as a new Harding Fellow about the Army and our profession," *Special Warfare* Fellow Maj. Emily Lopez said. "I'm excited to help lead change at the Special Warfare Center and School and ensure that we better our branches and the Army profession."

Many of the fellows attended the recent Harding Project Workshop at Fort Leavenworth earlier this month, hosted by Army University Press for Army journal and publication representatives, educators, and library and archive specialists. See the July 11, 2024, issue of the Fort Leavenworth Lamp for more on the Harding Project Workshop.

The workshop showcased the next steps

in how the Army will modernize and improve professional military journals in support of the Harding Project mission.

"We will use the Harding Project to find the resources to capture and preserve our historical, intellectual capital that resides across our branch journal archives into a single, enterprise-wide repository that is user-friendly and optimized for research and leveraging through artificial intelligence," said Gregg Thompson, deputy to the Combined Arms Center commanding general.

He emphasized the importance of understanding the mission each journal has to the Army and its future, something the Harding Fellows will help reinforce as editors.

"Branch senior leaders are the stewards of their branch and of their branch journal. We need to ensure there is shared understanding and shared sense of purpose in how we expand emphasis on professional writing and written communication skills," Thompson said.

The Harding Fellowship has been codified as an official Army Broadening Opportunity. Starting next summer, the second cohort of selected fellows will attend graduate school and then report to their branch's center of excellence to start their assignment as the journal's editor-in-chief.

The application window for the second group of Harding Fellows will open in August for active-duty captains, master sergeants and chief warrant officers 4 from the Infantry, Maneuver Support, Sustainment, Air Defense, Special Operations and Military Intelligence branches. Other branches will have a chance to apply next fall.

Information on how to apply to be part of the next Harding Fellow cohort will be shared on the Harding Project Substack at [hardingproject.com](https://hardingproject.com) and Army platforms.

To follow the work of the Harding Project, subscribe to the Harding Project Substack at [hardingproject.com](https://hardingproject.com).

## The inaugural Harding Fellows:

• **Air Defense Artillery**  
**Capt. Peter Neil II**

Neil graduated from The Citadel in 2019 with a degree in mechanical engineering. He commissioned as an Air Defense Artillery officer and has deployed several times.

• **Armor**  
**Capt. Dan Porter**

Growing up in a small town in northern Indiana, Porter attended Valparaiso University and graduated with a degree in accounting. He commissioned through Officer Candidate School into the Armor branch.

• **Army Communicator**  
**Capt. Vincent Kirk**

Kirk was born in Montgomery, Alabama. He graduated from the University of North Alabama in 2009 and enlisted in the Army as a Signal Support Systems Specialist. Kirk completed Officer Candidate School in Fort Moore, Georgia, and commissioned as a signal officer.

• **Army Sustainment**  
**Capt. Garrett Pyle**

Pyle is a native of Farmington, Pennsylvania. He joined the Army Reserves and simultaneously attended the Reserve Officers Training Course at Washington and Jefferson College, where he commissioned in 2016 in the Transportation Corps. He graduated with a bachelor's degree in computer and information studies and holds a master of arts degree in transportation and logistics management from American Military University.

• **Aviation Digest**  
**Capt. Phillip Fluke**

Fluke is a native of Baltimore, Maryland. Fluke enlisted in the Maryland Army National Guard in 2010, serving as a UH-60 Blackhawk repairer and CH-47 Chinook repairer until 2013. Fluke applied and was selected to attend the United States Military Academy in 2013. He graduated from West Point in 2017 with a bachelor of science in economics.

• **Field Artillery**  
**1st Lt. Mackenzie Schott**

Schott grew up in Springfield, Pennsylvania, and graduated from American University in 2021 with a degree in international studies. She commissioned from Georgetown University's Hoya Battalion as a Field Artillery officer — No. 1 choice.

• **Infantry**  
**Capt. Daniel Maresca**

Maresca grew up in Mendham, New Jersey. He graduated from the University of New Haven and commissioned into the

Military Police. Maresca is now an Infantry officer, having transferred branches.

• **The Medical Journal**  
**Maj. Monique Schneeberger**

Schneeberger was born in Lowville, New York, and attended Utica University for her undergraduate and graduate medical studies, culminating in a doctorate of physical therapy degree in 2013. Schneeberger direct commissioned in 2019 and has served in a variety of roles since.

• **Military Intelligence Professional Bulletin**

**Capt. Christopher Amador**

Amador is from Orlando, Florida. He commissioned from the University of Central Florida as a Military Intelligence officer in 2016. He holds a master of science in sport and exercise science from the University of Central Florida. His first assignment was with 1st Armored Brigade Combat Team, 1st Infantry Division, Fort Riley, Kansas, where he conducted missions as part of the Korea Rotational Defense Force and Operation Atlantic Resolve.

• **Protection**  
**Capt. Michael McCallister**

McCallister is from Joliet, Illinois. He served as an Infantryman, deploying to Iraq and Afghanistan before commissioning through the Green to Gold program as a Chemical officer.

• **Special Warfare**  
**Sgt. 1st Class Benjamin Latigue**

Latigue is originally from Apex, North Carolina, and enlisted in 2012. He completed the Special Forces Qualification Course in 2013 as a Special Forces medical sergeant. He holds a bachelor of arts in psychology from the University of North Carolina at Wilmington and a master of arts in international strategic security studies from the National Defense University.

• **Special Warfare**  
**Maj. Emily Lopez**

Lopez enlisted in the Army Reserves in 2008 and was commissioned from Oklahoma State University as an Ordnance officer in 2013. In 2019, Lopez graduated from the Civil Affairs Qualification Course. Lopez holds a bachelor of science in health education and promotion from Oklahoma State University and a master of arts in strategic security studies from the National Defense University.

## FORT LEAVENWORTH LAMP

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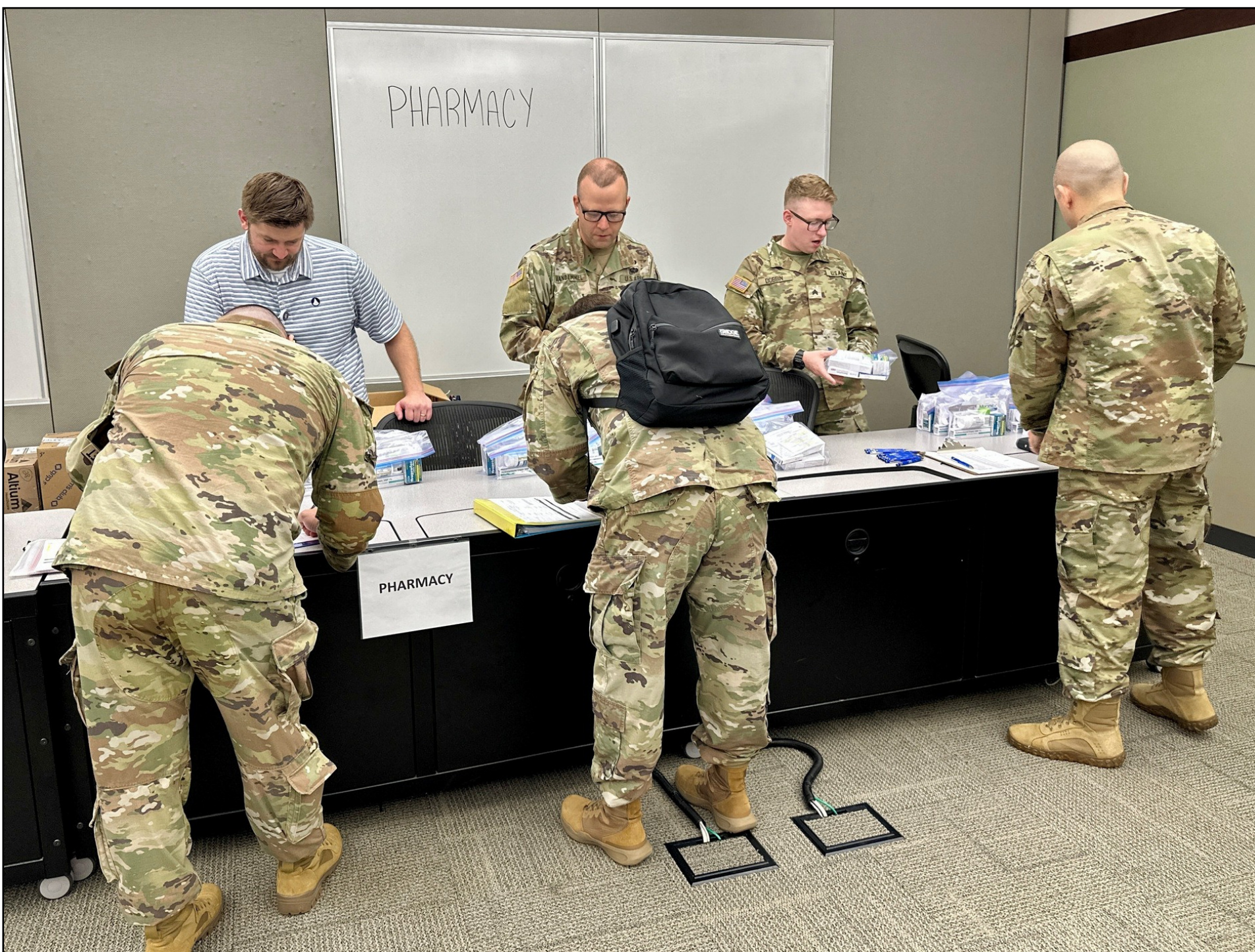
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# MAHC team conducts readiness rodeo for incoming CGSOC students



Photos by Maria Christina Yager/Munson Army Health Center Public Affairs Officer

**Munson Army Health Center Pharmacy team members brief incoming Command and General Staff Officer Course students about pharmacy services during a readiness rodeo July 17 at the Lewis and Clark Center. A team from MAHC took the medical readiness processing mission to the CGSOC campus, where they set up in classrooms, vacant during summer break, to help incoming students complete any medical readiness processing requirements ahead of the class start date next month.**

by Maria Christina Yager/Munson Army Health Center Public Affairs Officer

A team from Munson Army Health Center headed to "the field" to conduct a readiness rodeo for incoming Command and General Staff Officer Course students July 17.

With an incoming CGSOC class of 970 students, MAHC team members packed up and took the medical readiness processing mission to the Command and General Staff College campus at the Lewis and Clark Center, where they set up in classrooms, vacant for the summer break.

The readiness rodeo was modeled much like a Soldier Medical Readiness Processing event.

"Once classes begin in August, students will be focused on their studies, so the readiness rodeo allows us to verify the medical readiness status for each soldier before they get started with class. There is a short window of opportunity before class begins for soldiers to complete any requirements that may be missing or close to expiring," said Col. Shane Mendenhall, MAHC director. "We call this period the summer surge. As soon as one class graduates in June, a new class begins reporting, and we want to make sure they are all medically ready."

The Army tracks soldier medical readiness on a classification scale of 1 to 4 to help determine the available Force. Medical Readiness Classification 1 means a soldier meets all the medical requirements to deploy. MRC 2-4 basically mean there may be factors that prevent them from meeting medical readiness. The goal is for soldiers to maintain the highest level of medical readiness, which will effectively support globally integrated operations and mission

planning around the world.

"These are our future leaders, executive officers and battalion commanders. They must be medically ready," Mendenhall said.

The CGSC Surgeon Cell, responsible for tracking the medical readiness of the unit and seeing students for minor ailments, works closely with MAHC to track and, if necessary, address any MRC requirements that could hinder a soldier's ability to deploy.

The readiness rodeo provided a comprehensive review of physical health assessments, HIV testing, immunization, and vision, hearing and dental screenings. Appointments are scheduled for any requirement that can't be completed at the rodeo.

"This is a perfect location because it allows us to spread out and take care of a lot of soldiers at one time and minimizes overcrowding of clinical operations in the health center," said Maj. Meredith Steggerda, chief of MAHC's Public Health Department.

Groups of CGSC students checked in at the rodeo and completed any required paperwork before proceeding through medical records, pharmacy, lab, hearing, behavioral health, dental and vision stations.

Steggerda said that most soldiers complete some medical screening before PCSing. About half have something that they still require for their health record. MAHC's proactive approach helps ensure requirements are completed before classes start.

"You may have soldiers arriving from a resource-limited environment or some who had a very short lead time on orders. When medically appropriate, we also provide soldiers the opportunity to complete require-



**Sgt. Felicia Wells, a medical laboratory specialist at Munson Army Health Center, collects a blood sample from a soldier during readiness rodeo July 17 at the Lewis and Clark Center.**

ments that may expire during the school year, so they won't need to miss classroom instruction time," Steggerda said.

This included completing bloodwork at the rodeo, which saves the students an additional visit to the health center.

"The event showcases the synergy between the CGSC Surgeon Cell and Munson to facilitate medical readiness," said Maj. Grant Adams, CGSC surgeon. "Improved access to medical services in the CGSC footprint reduces missed class time for the students, reduces course attrition, and can have a positive impact on the appointment burden at Munson. Our team is fortunate to be positioned in such close proximity to the students to meet them in their own environment."

Additional rodeo stations included TRI-

CARE enrollment verification, Exceptional Family Member Program and Fort Leavenworth Army Community Service.

According to the Army University and Command and General Staff College Foundation websites, the 10-month Command and General Staff Officer Course develops warfighting and adaptive leadership skills for military officers to be proficient in unified land operations. The Command and General Staff College is an educational center of excellence renowned in the study of leadership, the conduct of joint and combined land warfare, and the application of joint, interagency, intergovernmental and multinational organizations to synchronize all elements of power to achieve national objectives.

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## Army University provost assumption of responsibility (continued from Page A1)

As a graduate of CGSC, Rosenstrauch said he and his family are excited to return to Fort Leavenworth, a community that shows a unique support to the mission of Army University, its students, faculty and staff.

"I am so humbled to join you. We have absolute giants of our profession that are a part of this team," Rosenstrauch said. "You can feel the passion of this team and how dedicated they are to prepare our future Army senior leaders for warfighting. The Army U is an incredible institution with incredible legacy, and I am fired up to maintain the initiative and continue to drive positive change."

The support and team Rosenstrauch mentioned are something that makes time as Army University provost different than most assignments, Foley explained in a note read aloud during the ceremony.

"He will not be alone in this new, profound responsibility. He is inheriting a community, both locally and across the enterprise, of soldiers and Army career professionals, who I have found highly capable, committed, and innovative as we worked together to prepare agile and adaptive Army leaders, educate leaders of character, and develop the next generation," Foley said in the note. "I am confident Colonel Rosenstrauch's strong leadership will propel the Army U in the right direction for continued innovation, relevance and agility in a complex environment."



Photo by Prudence Siebert/Fort Leavenworth Lamp

**Army University Provost Col. Jason Rosenstrauch, right, accepts orders from Lt. Gen. Milford H. Beagle Jr., Combined Arms Center and Fort Leavenworth commanding general and Command and General Staff College commandant, during Rosenstrauch's assumption of responsibility ceremony July 19 at the Lewis and Clark Center.**

## SCP's 40th anniversary (continued from Page A1)

mander of TRADOC, Gen. William R. Richardson, SCP has the mission to provide Armywide implementation of battalion and brigade command education. It is located at historical Fort Leavenworth, under the institutional leadership of the Command and General Staff College.

Having grown in scope and size over the last 40 years, SCP assists in the synchronization and communication between 29 courses at 14 locations across the Army.

It executes 11 resident courses at Fort Leavenworth, including the Chief of Staff of the Army's Core Courses for battalion and brigade commanders and sergeants major, as well as the Command Team Spouse Development Program, Tactical Commander Development Courses, Functional Commander Development Courses, Command Sergeant Major Development Courses, and

Army Strategic Education Program - Command.

SCP also manages and maintains the curriculum and lesson plans for the Army's Company Commander and First Sergeant Pre-Command Course.

For 40 years, SCP has continued its mission of providing world-class education to prepare Army leaders for the demands and rigors of command leadership across the globe. It has twice been awarded the Army Superior Unit Award.

As the Army faces complex challenges of the emerging operation environment, SCP remains committed to preparing Army leaders to command with distinction, drive change, strengthen the profession and be ready to lead troops in war when the nation calls.

For more information on SCP, visit <https://army-university.edu/cgsc/cgsc-schools>.

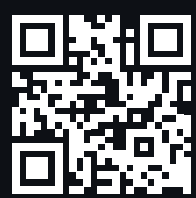


Photo by Dan Neal/Army University Public Affairs

**TRADOC Command Sgt. Maj. Raymond S. Harris, School for Command Preparation Instructor of the Year Todd Wood, Sgt. Maj. of the Army Michael R. Weimer, Chief of Staff of the Army Gen. Randy A. George, TRADOC Commanding General Gen. Gary M. Brito, and Combined Arms Center and Fort Leavenworth Commanding General Lt. Gen. Milford H. Beagle, Jr. cut the cake during the School for Command Preparation's 40th anniversary ceremony July 18 at the Lewis and Clark Center.**

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# PCS resources (continued from Page A1)

on post July 1 and had quarters by July 5. He said his household goods had arrived even earlier, in mid-June, but due to the peak PCS season with so many families arriving around the same time, delivery was delayed until mid-July.

So, for the past month, he said his family has been eating their meals on a collapsible table from the loan closet. He said the day he was able to return the borrowed table, chairs and kitchen items to the loan closet was a happy one when his own items arrived.

“People say they really, really appreciate it, so we are glad of that,” said Gregory Bailey, Survivor Outreach Services coordinator, one of the ACS team members who helps patrons with the ACS Loan Closet. “Everybody uses it, all ranks. Everything is free. The only time there can be a cost to you is if you break it or you lose it.”

Reagan Sawyer, ACS Relocation Program manager, said the ACS Loan Closet offers items that families already have that they shouldn't have to repurchase while they wait for their household goods.

“We never want anyone to go without,” Sawyer said. “We understand that we live a lot of our life in a hotel during PCS season, so this is just something that we can accommodate the families a little bit better, make them feel like it is a more home environment for

them, even if they are still in Army lodging or at a hotel off post, (the loan) just gives them that comfort of home. They can cook, utilize services, and not feel like they are just waiting for their life to arrive through their household goods.”

The Army Community Service Loan Closet is located in the Resiliency Center at 600 Thomas Avenue. Call 913-684-2821/2800 for more information.


## INTERNATIONAL LOAN CLOSET

International families are eligible to use the International Loan Closet, which offers items for them to borrow throughout the year they are at Fort Leavenworth.

Marianne Tennant, International Loan Closet coordinator, said items that international families request often include working adult and children's bicycles with helmets, small kitchen appliances like blenders and mixers, hairdryers and other daily necessity-type items, and current working printers. She said flagpoles are also frequently requested, with many of the international families living on post wanting to fly both their countries' flag and the U.S. flag.

Tennant said in addition to the yearlong loans for basic household and other necessary items, the International Loan Closet distributes seasonal items to

SEE PCS RESOURCES | A6



### ARMY COMMUNITY SERVICE LOAN CLOSET

FORT LEAVENWORTH, KANSAS  
913-684-2830/2800

**Who:** All Active Duty, Retiree, DA Civilian and their family members who are either permanent party, TDY or PCSing.

**When:** Monday – Wednesday & Friday 0800-1600 (closed during 1130-1230); Thursday 1300-1600

**Where:** 600 Thomas Avenue (Pull into the Alley behind the ACS building and call the number on the black sign)

**Rules:** Loans are limited to 30 days for in and out- processing personnel. This can be extended by phone if needed. Customers are responsible for replacing any item that is damaged or lost.

**Items available:**

**Pre-Packed Kitchen Kit:**

1 Bowl (mixing)	1 Large Kitchen Knife
1 Pitcher	4 Steak Knives
1 Colander	1 Peeler
1 Cookie Sheet	1 Skillet
2 Pots with Lids	1 Spatula
4 Plates	4 Plastic Glasses
4 Bowls	1 Can Opener
4 Coffee cups	1 Set of Measuring Spoons
4 Forks	1 Measuring Cup
4 Spoons	1 Potholder
4 Knives	2 Serving Spoons

**Additional Items Available:**

Cheese Graters	Plates	Square Tables
Pizza Cutters	Bowls	Circle Tables
Spaghetti Servers	Coffee Cups	Folding Chairs
Tongs	Blenders	Laundry Baskets
Whisks	Coffee Makers	Irons
Glass Baking Dishes-Rectangle	Crock Pots	Ironing Boards
Glass Baking Dishes-Circle	Toasters	Trash Cans
Muffin Pans	Rice Cookers	Air Fryers
Hand Mixers	Microwaves	Indoor Grills



Photos by Prudence Siebert/Fort Leavenworth Lamp

**ABOVE:** Marianne Tennant, International Loan Closet coordinator, right, greets John Gavidia and Sara Marquez, from Peru, upon their arrival as Ramata Kidé from Senegal, left, watches her sons, 8-year-old Bilal Thiaré and 5-year-old Papa Thiaré, peruse the toy selections July 22 at the International Loan Closet, 632 McClellan Avenue. Marquez, who is fluent in French and English, helped translate for Kidé, who only speaks French.

**LEFT:** Ramata Kidé, from Senegal, watches her sons, 8-year-old Bilal Thiaré and 5-year-old Papa Thiaré, choose toys July 22 at the International Loan Closet.



**Coordinator Marianne Tennant greets guests to the International Loan Closet, located in the alley behind Root Hall.**

# PCS resources (continued from Page A5)

the international families, including school supplies in August, coats and other winter gear in September, Halloween costumes in October and Christmas décor in December.

Lately, the International Loan Closet has been assisting with some ACS Loan Closet requests due to current high demand.

Capt. Julia Mack, incoming CGSC student, arrived at Fort Leavenworth about a month ago from Korea. She has been living in a hotel while waiting for quarters, which she said she had to obtain before being able to coordinate delivery of her household goods. Her household goods have been in storage for the past three years that she has been in Korea and aren't scheduled to arrive at Fort Leavenworth until mid-August. Since the ACS Loan Closet had already loaned out most of its inventory by mid-July, Mack was at the International Loan Closet July 22 picking up a few essentials, such as plates, bowls and a kettle to heat water to make ramen noodles.

Mack said she donated a lot of her belongings before she left Korea, including a lot of the things she needs, but because of shipping timeframes, she still would not have had access to them now.

"It's kind of like a Catch 22, because if I hold onto these (items), I save some money, but I still have to wait, so then you have to have something in the interim, like this place, that is going to help give you that capability that you would normally have," Mack said. "Right now I'm trying to settle into a house that has a mattress in a box. I've been dual paying — staying in a hotel, trying to set up a house."

The International Loan Closet is at 632 McClellan Avenue in the alley off of McClellan and Kearney avenues behind Root Hall. Hours vary and are posted outside the door and on Facebook at <https://www.facebook.com/people/International-Loan-Closet-Fort-Leavenworth-KS/100064793946909/>. For more information, contact Tennant at [matennant3@gmail.com](mailto:matennant3@gmail.com) or 913-306-7184.

The International Loan Closet is intended to serve the families of international

military students. Active-duty soldiers, retirees, National Guard and DoD civilians in need of supplies should visit the ACS Loan Closet first.

## FORT LEAVENWORTH THRIFT SHOP

On July 18, Fort Leavenworth Thrift Shop Manager Mary Kendall was packaging small tool kits with nails, nuts, bolts and the like, as well as sorting out items such as washing machine feet that might be lost in a move in anticipation of arriving families needing such things.

The Thrift Shop offers the gamut of household goods, including a large selection of toys, which Kendall said makes the shop an essential stop for incoming families "because their toys are all in a box somewhere in a van, and they are all going crazy, and they have to come in to get something to keep the kids happy until (the moving van) gets here."

Fort Leavenworth Thrift Shop Assistant Manager Astrid Davis said she agrees that the shop is a great resource for families with small children, as well as geographic bachelors — and anyone else who might be looking for a bargain.

"Check (with) us first. We might have a very slightly used item for a great price, and sometimes a brand new item for a great price," she said, noting that the shop is a great resource for the community, "especially for the students who come in that are only going to be here one year — a lot of them come unaccompanied too — so they are just needing some small stuff to tide them over. They don't have their household goods moved here, they just need (items) for a short time."

The Thrift Shop offers an ever-rotating assortment of kitchen items, bedding, curtains and rods, luggage, décor, lamps, fans, sports/exercise equipment, furniture, pet carriers, seasonal items, books, gasoline cans, gardening tools, and men's, women's and children's clothing, to include formal, maternity and sports and military uniforms, with daily 50 percent-off clothing sales on apparel that has been in the shop for several months.

"We get new stuff in every day. Our donations are very good. We get a lot



Photos by Prudence Siebert/Fort Leavenworth Lamp

**The Fort Leavenworth Thrift Shop is at 1025 Sheridan Avenue and is open 9:30 a.m. to 2:30 p.m. Tuesday, Wednesday and Thursday, as well as the first Saturday of the month, with consignments taken until 12:30 p.m. Call 913-651-6768 for more information.**



**Assistant Manager Astrid Davis points out a German punch bowl/set while showing some of the unique items and the wide variety of household goods available July 18 at the Fort Leavenworth Thrift Shop.**

of clothes that still have the original price on them," Kendall said.

The shop's proceeds go back to the community with grants awarded to organizations such as the Leavenworth Council on Aging, Deeper Window Association, Alliance Against Family Violence, English Language Support Course and the Fort Leavenworth Spouses' Club scholarship program. The shop also sponsors an exam room at Saint Vincent Clinic — a doctor's office at 818 N. 7th St. in Leavenworth that offers medical care for low-income, uninsured and underserved Leavenworth County residents — by buying yearly equipment and donating supplies such as crutches whenever received.

The Fort Leavenworth Thrift Shop is at 1025 Sheridan Avenue and is open 9:30 a.m. to 2:30 p.m. Tuesday, Wednesday and Thursday, as well as the first Saturday of the month, with consignments taken until 12:30 p.m. Call 913-651-6768 for more information.

## STRONGHOLD FOOD PANTRY

Monica Bassett, founder

and chief executive officer of Stronghold Food Pantry, said that Stronghold can help provide some essential support during PCS season.

"PCS season, notorious for its chaos, complexity and financial strain, often coincides with the demands of back-to-school preparations, creating a perfect storm for families in transition. For military families facing these pressures, Stronghold offers a lifeline through its dedicated food pantry and comprehensive support services," Bassett said. "Recognizing the diverse needs of military communities, Stronghold ensures that no family is left behind. Whether it's groceries to alleviate immediate financial burdens, basic necessities to ease the transition, or specialized events tailored to the unique challenges faced by military families, Stronghold is committed to providing the necessary assistance."

Bassett said Stronghold is ready to help military families who need a little extra support during PCS season and beyond.

Appointments to visit Stronghold Food Pantry, lo-



**Col. Roque Zevallos, international liaison officer from Peru, and his wife, Marleny Gonzalez, shop for luggage and peruse the shop's other offerings July 18 at the Fort Leavenworth Thrift Shop.**

cated at 655 Biddle Boulevard, can be made at [www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org). For more information, visit the website or e-mail [contact@strongholdfoodpantry.org](mailto:contact@strongholdfoodpantry.org).

## MORE RESOURCES

Additional resources on post include:

- Outdoor Recreation Equipment Rental (913-684-3395, <https://leavenworth.armymwr.com/programs/outdoor-recreation-equipment-rental>)
- Campers and other equipment for rent
- Household Hazardous Waste (913-684-8975/8977, by 810 McClellan Ave.,

<https://home.army.mil/leavenworth/my-fort/all-services/environmental-management>)

Free cleaning supplies, automotive products and other non-shippable items

- USDB Food Pantry, Justice Closet and other unit offerings of food, clothing and other necessities (Check with unit chaplains and/or leaders for information.)

- Family Life Chaplain (913-684-8997/2210, Pioneer Chapel, 500 Pope Ave., <https://home.army.mil/leavenworth/my-fort/all-services/religious-services-organization>)

# Local Classes. Global Respect.

[leavenworth.ku.edu](http://leavenworth.ku.edu)

## BEAT THE HEAT

Combat Heat Stress with Nutrition and Hydration

**FUEL WITH FOOD**  
Carbohydrate rich foods and drinks help ensure fuel targets are met

**STAY HYDRATED**  
**Before exercise,** drink ~2-4 mL of fluid per lb body weight 2-4 hours before activity  
**During exercise,** drink enough fluid to replace sweat loss so fluid loss/body weight changes are <2% of total body weight  
**After exercise,** drink ~24 oz per lb body weight lost during activity

**ADD ELECTROLYTES**  
Sodium consumed in fluids/foods around activity help fluid retention and replenish electrolyte losses

**For every 8 fl oz, be sure it has:**

Carbs	12-24 g
Sodium	82-163 mg
Potassium	18-46 mg

**SCREEN YOUR SUPPLEMENTS**  
Visit [QSSS.org](http://QSSS.org) to screen your dietary supplements for safety

**AVOID ENERGY DRINKS**  
Don't take energy drinks or shots immediately before, during, or after workouts

Human Performance Resources by CHAMP, STRONG B.A.N.D.S. partner, is the military's go-to source on total fitness. Visit [HPRC.mil](http://HPRC.mil)

# Pets of the Week

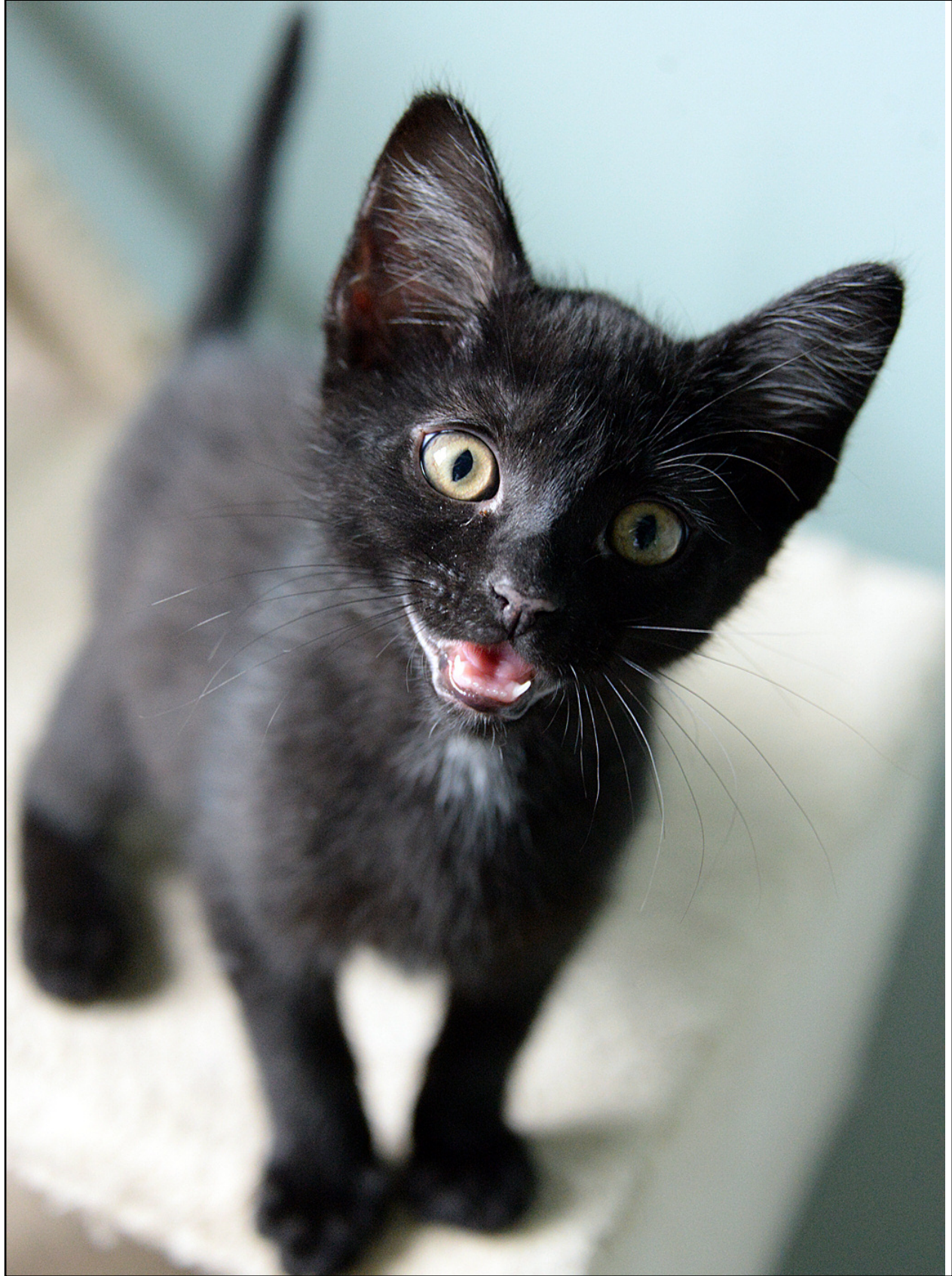


Several kittens, including Rusty, above, and Micky, right, will be available for adoption soon at the Fort Leavenworth Stray Facility. Spay/neuter surgery, vaccinations to date and microchipping are included in their adoption fees. The kittens will be able to go into their new homes after this veterinary care is complete.

The Fort Leavenworth Stray Facility at 510 Organ Ave. is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday, and by appointment for pre-approved adopters.

See [www.FLSF.petfinder.com](http://www.FLSF.petfinder.com) or call 913-684-4939 for more information. E-mail [fortleavenworthstrayfacility@gmail.com](mailto:fortleavenworthstrayfacility@gmail.com) for an adoption application.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed. To apply to volunteer with the Fort Leavenworth Stray Facility, enter ZIP code 66027, then search for "stray animal facility" at <https://vmis.armyfamilywebportal.com/>.



**Adult volunteers needed ASAP to help cover care shifts for adoptable pets!**

**Register in VMIS or contact us if interested:**  
**fortleavenworthstrayfacility@gmail.com,**  
**913-684-4939**

**Kevin wants you!**  
**to volunteer at the Fort Leavenworth Stray Facility!**

Note: Kevin has been adopted.

Integrity.  
 Dedicated Service.  
 Financial Solutions.  
*Anytime, Anywhere.*

[frontierccu.org](http://frontierccu.org) (913) 651-6575



**Clean Paws Pet Wash**  
 Open 24 hours a day!  
 Merritt Lake Parking Lot  
 Cash, Coin and Card

Info: (913) 651-7176

**WORTH**  
 Harley-Davidson  
**NORTH**

**9400 NW Prairie View Rd**  
**816-420-9000**  
**[www.worthharley-davidson.com](http://www.worthharley-davidson.com)**

THURSDAY  
JULY 25, 2024



# LAMP

## Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

**BOSS PRESENTS MOVIE NIGHT**

Post Theater // 375 Grant Avenue  
Movies start at 7PM  
Must show your DoD ID at the door!

July 12 PG  
July 26 PG-13

Come out and join us as the BOSS program gives back to the Community by playing movies inside the Post movie theater. Prepackaged snacks and drink can be purchased at the snack bar. No outside food or drinks are authorized. For all movies children 12 and under MUST be accompanied by an ADULT! CASH only at the snack bar!

For more info call: (913) 684-2736 • Or visit our website [leavenworth.armymwr.com](http://leavenworth.armymwr.com)

**Step Up TO KINDERGARTEN**

July 30, 2024  
9 AM to 12 PM

At your neighborhood elementary school.  
No appointment necessary.

KINDERGARTENERS IN USD 207 BEGIN THE SCHOOL YEAR ON A HALF-DAY SCHEDULE. HALF-DAYS FOR THE 2024-2025 SCHOOL YEAR ARE AUGUST 13-22.

**1895** *It's Our Anniversary*

CELEBRATING **129** YEARS OF SERVICE

Join the Fort Leavenworth Exchange

**25 JULY**  
**1100-1300**

**2024**

Cupcakes  
Refreshments  
Spin the Wheel  
Cornhole  
Giveaways  
Discounts

EXCHANGE

**Fort Leavenworth**

**Career & Education Fair**  
6 August, 10 am to 2 pm  
Frontier Conference Center

Open to Active Duty, Guard, Reserve, Retirees, Veterans, Family Members, Contractors, & DOD Civilians

Government, Law Enforcement, Contracting, Manufacturing, Sales, Logistics, Retail, Service, Technical, Educational, and Many Other Opportunities Available

For information call the Transition Assistance Program at 913-684-2227 or email [usarmy.TAP.leavenworth@army.mil](mailto:usarmy.TAP.leavenworth@army.mil)

Hosted by: Transition Assistance Program & the Family and Morale, Welfare and Recreation Directorate

Scan our QR codes & follow us on Facebook & LinkedIn for upcoming events & information

**BUFFALO SOLDIERS DAY**

**f LIVE**

Celebrate with a ceremony at the Frontier Conference Center followed by tours at the Buffalo Soldier Monument and Fort Leavenworth Museum!

Event will be streamed lived on the Fort Leavenworth Official Facebook page. See post for more details.

**Guest Speaker** General Gary Brito, TRADOC Commanding General

**JULY 26 9-10 AM FCC**  
**10-11 AM MONUMENT TOURS**  
**11 AM-12 PM MUSEUM TOURS**

FRIENDS OF THE FRONTIER ARMY MUSEUM

**Pioneer Field Day & Scavenger Hunt**

**27 JULY 2024 | 10 AM - 12 PM**  
FRONTIER ARMY MUSEUM, 100 REYNOLDS AVE

**DETAILS:**

- Intended for children ages 4-12 with at least one parent
- Free to attend. Reservations required.

**RESERVATIONS OPEN JULY 13 AT FFAM.US**

*We can't wait to see you!*

**PWOC Playground Meet-Up Dates!**

9am-10am

@ EFMP Playground behind the Post Theater

Tuesday, June 4  
Tuesday, June 18  
Thursday, July 11  
Thursday, July 25

**Connect with MWR**

Find events, classes, phone numbers and much more!


Facebook: Fort Leavenworth FMWR | Online: [leavenworth.armymwr.com](http://leavenworth.armymwr.com)




# Vacation Bible School is Aug. 6-8

UNCLASSIFIED//FOUO

VBS 2024 Scuba




**Key Dates:** 14 July - Registration Begins  
 11 July - Initial Volunteer Training  
 18,25 July, Aug 1, 5 Trainings  
 5 Aug – Teen Training/Safety Training  
 6-8 Aug – Execution of VBS



**Who:** 300 + Children from 4/5 Year old to 5th  
**What:** 9 Hour VBS program  
**When:** 6-8 August (0900-1200, T-Th)  
**Where:** Frontier/Pioneer Chapel grounds  
**Why:** Promote Solid Faith-Based Education and Activities for FLVN Community Children

**POC:** Syeeda Echols [syeeda.j.echols.civ@army.mil](mailto:syeeda.j.echols.civ@army.mil)  
 Carl Tillery [carl.l.tillery.civ@army.mil](mailto:carl.l.tillery.civ@army.mil)  
 Directors of Religious Education



## VBS VOLUNTEER TRAINING

All volunteers **MUST** attend **ONE** training  
 Teen training is mandatory  
 Training is 1.5 hours. Frontier Chapel, room 158

July 11	1300
July 18	1300 or 1800
July 25	1300
Aug 1	1300 or 1800
Aug 5	1600 Teen Training (Mandatory)

Questions? Contact Carl Tillery or Syeeda Echols  
[carl.l.tillery.civ@army.mil](mailto:carl.l.tillery.civ@army.mil)

## VBS Volunteers Needed All Positions!

Contact Carl Tillery, [carl.l.tillery.civ@army.mil](mailto:carl.l.tillery.civ@army.mil) or Syeeda Echols, [syeeda.j.echols.civ@army.mil](mailto:syeeda.j.echols.civ@army.mil)



# VBS Registration

14, 21 & 28 July	Sundays After Services	Pioneer & Frontier Chapel
22-25 July	Monday–Thursday, 0900-1300	Frontier Chapel
29 July–1 Aug	Monday–Thursday, 0900-1300	Frontier Chapel
5 August	Monday	Frontier Chapel

## VBS!

**6-8 August 0900-1200  
Frontier Chapel**



Questions? Contact the VBS Registrar at 913-290-0651

## BLESSING OF THE BACKPACKS

Get ready for the start of another school year with prayer and blessings from a church community that loves you!  
 Bring your backpacks and school bags to church.

**Sunday, August 14, 2022  
10:00 A.M.**

Be strong and courageous. Do not be terrified; do not be discouraged, for the LORD your God will be with you wherever you go." JOSHUA 1:9

**Fort Leavenworth Multicultural Gospel Service**

## Playground & Popsicles

JOIN CATHOLIC WOMEN OF THE CHAPEL

**10:00-11:00**

JULY 24 • CODY PARK  
3003 SHRINE PARK RD.

AUGUST 8 • PIONEER CHAPEL PLAYGROUND



Join us monthly

# DATE NIGHT

6-10 PM @ Frontier Chapel

Meals & Childcare provided

Sponsored by Fort Leavenworth Chapel Community  
 Supported by 

## Invest in your marriage this year!



05 SEP, 03 OCT, 07 NOV, 05 DEC, 09 JAN, 06 FEB, 06 MAR, 03 APR, 01 MAY

Each Date Night begins with a faith-based marriage enrichment presentation. Then couples are released to go out on a date and further discuss the topic together. Children will remain safely supervised by childcare professionals at Frontier Chapel (6-10 pm or pick up kids earlier!)

For more information and to register scan the QR code or call 913-680-7336

THE PRESENCE OF CHRIST

## 2024 FALL KICK OFF

# August 15th

SPIRITUALITY • LEADERSHIP • SERVICE



**Catholic Women of the Chapel**

FORT LEAVENWORTH

CWOC is a faith growing, life sharing group that meets for prayer, study, service, and fellowship.  
 Our meetings take place 9:00 am Thursday mornings at Pioneer Chapel



# STORYWALK®

StoryWalk® was created by Anne Ferguson of Montpelier, VT and has developed with the help of Rachel Senechal, Kellogg-Hubbard Library

July 17th - July 28th

Read the Story      Take a Nice Walk      Enter into the book drawings

Thank you to the CGSC Foundation for sponsoring this event!

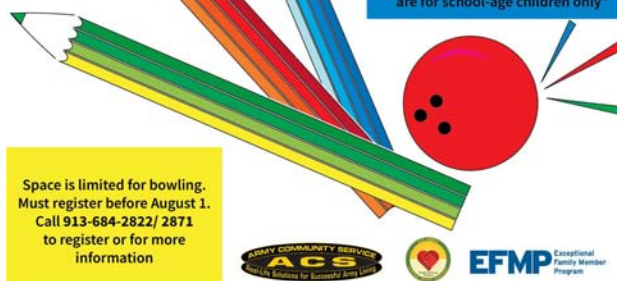
## Back To School Bowling Party

Everyone is invited to join the Family Advocacy Program and EFMP for an afternoon of FREE bowling!

Strike Zone Bowling Center  
165 Fourth St  
August 2  
11am - 1pm



FREE Backpacks with School Supplies!  
\*While supplies last. Backpacks are for school-age children only\*



Space is limited for bowling. Must register before August 1. Call 913-684-2822/2871 to register or for more information



AUGUST 17  
9AM - 1PM

# PAIR DAY

POST ACTIVITIES, INFORMATION, AND REGISTRATION

Harney Sports Complex  
185 Fourth St.  
Info: (913) 684-1674  
leavenworth.armymwr.com

Experience what Fort Leavenworth and the greater Kansas City area have to offer at PAIR Day!  
This is your one-stop shop for everything social, recreational, spiritual and educational.  
There will be informational tables and lots and lots of FREEBIES!  
And the best part...it's all FREE to attend!

\*Sponsorship does not imply endorsement\*

## Check-Out Your Library

250 Gibbons Ave Fort Leavenworth, KS 66027  
AUGUST 5 FROM 2:00-4:00

Book Give Aways (Ages 0-17)

Storytime (2:30-3)

Popcorn

Crafts

Scavenger Hunts

StoryWalk(R)

Door prizes

Sponsored by the CGSC Foundation



# CARL SUMMER READING PROGRAM

June 10th - August 5th

Pre-Registration has started!

Sign up at <https://carl.beanstack.org/>



## ESL

ENGLISH AS A SECOND LANGUAGE  
**MEET & GREET**

August 26  
9am - 10:30am  
Pioneer Chapel  
500 Pope Ave

Military Spouses and the International Community, this is for you!

Join ACS and their ESL Team on August 26 to learn about the different levels of classes being offered starting in September! English classes range from Beginner (conversational) to Advanced (Grammar, Composition)!

No RSVP necessary for the Meet & Greet! Children are welcome to accompany parents to class!

Call 913-684-2800 for more information  
McmInk@aol.com

Scan here for more info



## Homeschool Meet & Greet 2024

This is an opportunity for families new to the area to meet each other and find out what resources and programs are available in the local community.

TEA PARTY



Local homeschool groups, electives, and recreational organizations will be in attendance with program information.

## RESOURCE FAIR

August 9  
10:00 am

Riverfront Community Center  
123 S. Esplanade St,  
Leavenworth, KS 66048



Adults and Teens in attendance. Please, leave younger children at home.  
FOR INFO AND/OR TO PARTICIPATE AS AN ORGANIZATION  
Call 913-674-0447

armymwr library

## CHECK US OUT

Discover what's available at your Army MWR Library

COMING SOON: A NEW WAY TO BROWSE AND RESERVE ALL THE LIBRARY OFFERINGS YOU LOVE!

Reserve books and movies, of course - but also gaming consoles, board games, take-home kits, and more!

THE CHANGEOVER ARRIVES IN JUNE - SO GET EXCITED! AND BE PATIENT WITH US WHILE WE LEARN THE NEW SYSTEM, TOO!

[HTTPS://MILREC.BIBLIOVATION.COM](https://milrec.bibliovation.com)

Army MWR Library | 2024 Summer Reading Program

Have you logged your reading minutes this week?

PRESENTED BY  
PENELOPE AND A  
COURTESY OF  
AT&T

SUPPORTING SPONSOR  
AT&T

500TH/67TH SFRG FUNDRAISER

LOCATION ONLY!

## HOT DOG STAND

LOCATED AT COMMISSARY ENTRANCE

2 AUGUST 2024 | 1030 - 1400

# CYS SKIES

**Instructional Class Summer Catalog 2024**

**Enrollment Opens April 15th @ 9:00am**

**Open House July 23rd 5:30pm - 7:00pm**

320 Pope Ave  
Bldg #345  
Call 913-684-3207  
or text 913-704-7595

The Schools of Knowledge, Inspiration, Exploration and Skills (SKIES): Unlimited offers classes in dance, music, gymnastics, theater and more. For more information, visit <https://leavenworth.armymwr.com/programs/skies-unlimited>. Download the summer catalog of available classes at [https://leavenworth.armymwr.com/application/files/2217/1258/9294/SKIESUnlimited\\_2024\\_Summer\\_Catalog.pdf](https://leavenworth.armymwr.com/application/files/2217/1258/9294/SKIESUnlimited_2024_Summer_Catalog.pdf)

## Youth Sponsorship DASHBOARD TOUR

**July 26, 2024 4:00-5:30pm**

New to Fort Leavenworth?! JOIN US!!

**6TH-12TH GRADE** Harrold Youth Center

**YS PARTY/BBQ 6:00 pm**  
Open for programming until 9pm

Call 913-684-5118 to sign up!!

Tour Fort Leavenworth and meet new friends!

### Outdoor Pool Passes for sale at Harney Sports Complex front desk

available beginning 16 May.

Family of 4 - **Full Season Pass: \$150.00**  
Valid: 24 May 2024 - 2 September 2024

Family of 4 - **Half Season "A" Pass: \$75.00**  
Valid: 24 May 2024 - 7 July 2024

\*\*Add an extra family member pass to either above option for **\$25.00**

1 Person - **Full Season Pass: \$75.00**  
Valid: 24 May 2024 - 2 September 2024

Individual Daily Fee: **\$5.00**

First Day of operations for the Outdoor Pools will be 24 May 2024 from 3pm-6pm.

### TEEN Summer Adventure 2024

**HOURS OF OPERATION**

**SUMMER CAMP HOURS**  
6 a.m. - 6 p.m.

**SUMMER OFFICE HOURS**  
Monday-Friday 7 a.m.-6 p.m.

**OPEN RECREATION**  
Mon - Thur 1 pm. - 6 p.m.  
Friday 1 pm. - 9 p.m.  
Sat 2 pm. - 8 p.m.

For more information on Teen Programs please call Youth Services:

Youth Administration Office 684-5131

Harrold Youth Center 684-5118

Youth Services Director Michelle Eastburn 684-5115

Youth Services Assistant Director Aileen Lane 684-5126

Youth Sports Department 684-7525 or 684-7526

SKIES Unlimited 684-3207

Call Parent Central for Appointment 684-5138

**HARROLD YOUTH CENTER**  
45 Biddle Blvd.  
Fort Leavenworth, KS  
(913) 684-5118

# COYS

**We're Hiring NOW!**

Join our Team as a **Child and Youth Program Assistant at Fort Leavenworth!**  
Pay starts at **\$18.35** per hour

*Great pay and benefits!*

- Career Progression & Paid Training
- Retirement & 401K
- Priority Childcare Placement & Employee Childcare Discounts
- Regular Full-Time/Part-Time & FLEX Hours Available
- Medical, Dental, Vision, & Life Insurance Benefits \*
- Paid Leave, & Paid Federal Holidays for Full-Time & Part-Time
- Access to Commissary & AAFES Shopping Privileges & MWR Facilities
- Job Transfer Program Worldwide Through Civilian Employment Assignment Tool

\*Conditions Apply

Scan here to apply!  
[ArmyMWR.com/cyscareers](https://ArmyMWR.com/cyscareers)

### SUMMER ADVENTURE

**ENROLLMENT**  
Youth Services Summer Adventure is open to all military and DoD civilian family members. Youth must have completed 6th grade or higher during the 2023-2024 school year.

**REGISTRATION**  
Youth must be registered with Child & Youth Services through Parent Central, located at the Resiliency Center, Bldg 198, 600 Thomas Ave. before enrollment in the program. Call 913-684-5138 to make a Registration appointment and to complete Total Family Income.

**FEES**  
Fees are based on Total Family Income which is determined at Parent Central. Payments can be made at any CYS location. Enrollment and payments must be made by the Monday prior to each camp week.

**Daily Activities**  
Along with the field trips, Camp will include Team Challenges, Water Play, Sports, Games, Cooking Club, Scavenger Hunts, Bike Rides, STEAM activities and much more!

### Teen Summer Sessions

Session 1 - Ready Set Go  
May 28 - 31 (NO camp May 27)  
Union Station - Cool Crest

Session 2 - Mission Impossible  
June 3 - 7  
Escape Room and Go Ape

Session 3 - Animal Safari  
June 10 - 14  
Zoo and Cedar Cove

Session 4 - Food Frenzy  
June 17 - 21 (NO camp June 19 & 21)  
Chopped Challenge

Session 5 - Water World  
June 24 - 28  
Lake Trips and Water Park

Session 6 - Futuristic Fun  
July 1 - 5 (NO camp 4th of July)  
Rush and Amazing Race

Session 7 - To the Extreme  
July 8 - 12 (NO camp July 12)  
Fly and Ice Skating

Session 8 - Sports Spectacular  
July 15 - 19  
Monarch's Game

Session 9 - Wild and Crazy  
July 22 - 26  
Trampoline Park and Laser Tag

Session 10 - Blast from the Past  
July 29 - August 2  
Shatto Milk and Lake Tour

Session 11 - Creative Campers  
August 5 - 9  
Clay Cafe and Water Park

For more information and to follow us:  
Facebook: Harrold Youth Center  
Website: [leavenworth.armymwr.com](https://leavenworth.armymwr.com)

### Youth to Youth Sponsorship

Welcome to Fort Leavenworth! The HYC Youth to Youth Sponsorship Club would like to invite you to our Teen Summer Meet and Greet! Music, Food, and Games! Meet New Friends!

- June 12 Harrold Youth Center 4 pm - 6 pm
- June 22 Harrold Youth Center 6 pm - 8 pm
- July 10 Strike Zone 4 pm - 6 pm
- July 26 Dashboard of Ft. Leavenworth 4 pm - 8 pm

### Open Rec Day Trips & Special Events

Purchase a Worlds of Fun season pass for **\$94.50. Cost is \$10 a trip!**

- June 5, 14, 26 Worlds of Fun/Oceans of Fun \$45 / 10 am - 6 pm
- July 10, 19, 24 Worlds of Fun/Oceans of Fun \$45 / 10 am - 6 pm
- August 9 Worlds of Fun/Oceans of Fun \$45/ 10am - 6 pm
- August 12 Non School Day/Activities @ YC \$35/ 6 am - 6 pm

### Summer Theater Workshop

June 24 - 28 Teen Summer Theater \$80/ 9 am - 12 pm  
This workshop will be at Harrold Youth Center and go over auditioning, choreography, and set design for 6th - 12th graders.

Stop by the Youth Center for our Summer Monthly Calendar of Events!

### VFW Auxiliary Post 56 event

**August 10, 2024 Saturday 11am-1pm**  
Youth Pledge of Allegiance Challenge

*Ages 12 years old and younger*

Come say The Pledge of Allegiance and get:  
a frozen red-white-and-blue bomb pop,  
or a \$1 bill.

**The Pledge of Allegiance**

I pledge allegiance to the flag of the United States of America and to the republic for which it stands, one nation under God, indivisible, with liberty and justice for all.

**Location:**  
VFW Post 56 Hall  
519 Cherokee St  
Leavenworth, KS 66048

# KIDS BOWL FREE!

Kids 18 & under will receive **TWO FREE Games!**

**Strike Zone Bowling Center**  
Wednesday - Saturday  
10am - 4pm

Promotion runs from **May 22 - August 10**

Contact the Strike Zone for more information on how to sign up!  
**913-651-2195**



White-Donlon-Hagemester  
MOH Post 56  
519 Cherokee Street  
Leavenworth, KS 66048  
(913) 682-9200

"Your Hometown VFW"

## BAGELS & BONES

Vinny The Surgeon's Dog

Invites all VFW members and their canine companions to join us in a 1-2 mile walk in beautiful downtown Leavenworth.

We will meet behind the VFW in the Memorial Park. Walk fast or walk slow. Just come out and walk.



Bagels & Bones at the end.



**SATURDAY**  
**July 27 & AUG 17**  
**8:30am**

Sponsored by VFW Post 56 Surgeon's Health Program

# MOM & ME CROCHETING

June 26, July 17,

August 6

1pm - 3pm

Room 145

600 Thomas Ave

Come on out and learn a new skill, or perfect an existing one! An instructor will be available to teach the basics.

"Stitch" together and bond with your kids! Supplies and snacks will be provided! Have a favorite yarn? You're welcome to bring it!

Please RSVP by the day before class  
Call 913-684-2808/ 2811/ 2822

FREE!  
Ages 8+

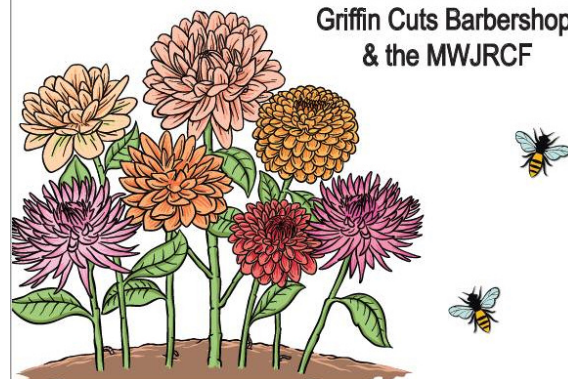


## Griffin Gardens Greenhouse Opening April 17th!

Monday & Friday  
1330 - 1500

Wednesday  
0830 - 1030

Located between  
Griffin Cuts Barbershop  
& the MWJRCF



# FLH Intro to Fox Hunting

4 Sessions -  
August 25<sup>th</sup>, September 8<sup>th</sup>, September 15<sup>th</sup> from 12:00 - 2:00pm, and September 21<sup>st</sup> from 10:00 - 1:00pm (Informal Hunt) at McGuire Hunt Fixture (corner of 251<sup>st</sup> Street and Bayle Road, Easton, KS)



These two-hour sessions will familiarize prospective fox hunters with the varying terrain of hunt country (open fields, woods, stream crossings, steep slopes, etc.) and focus on learning the basics of fox hunting: huntsman; staff and their duties; hunt attire; hunt tack, basic terminology; and essential rider commands.

English Riders, Competitive Trail Riders, Western Style Riders are welcome!

Point of Contact is Master of Fox Hounds Candy Smith, call or text 913-948-0189, or email [info@fitleavenworthhunt.org](mailto:info@fitleavenworthhunt.org)



\*Please note: Riders should know the basics of riding; these lessons are not meant for beginner riders and riding helmets must be used by all riders.



**Give blood for thrilling fun!**

**Blood Drive**  
**Ft Leavenworth**  
**Frontier Chapel**

Fellowship Hall  
625 Thomas Avenue  
Fort Leavenworth, KS 66027

**Saturday, August 17, 2024**  
**9:00 a.m. to 1:00 p.m.**

All presenting donors will receive a ticket to Worlds of Fun while supplies last! Tickets are nontransferable and cannot be exchanged for cash.

Please call 1-800-RED CROSS (1-800-733-2767) or visit [RedCrossBlood.org](http://RedCrossBlood.org) and enter: FortLeavenworth to schedule an appointment.



Donors needed! Come give blood in August for \$20 Amazon.com Gift Card by email. See [rcblood.org/help](http://rcblood.org/help)



1-800-RED CROSS | 1-800-733-2767 | [RedCrossBlood.org](http://RedCrossBlood.org) | Download the Blood Donor App



**Fort Leavenworth Installation Hunting Brief**

6

TUESDAY, AUGUST 6, 2024 AT 6:00 PM - 7:00 PM CDT

### Fort Leavenworth Installation Hunting Brief

Fort Leavenworth Rod and Gun Club

Tue, Aug 6 Thu, Aug 8 Tue, Aug 13 +16



26

MONDAY, AUGUST 26, 2024 AT 5:00 PM - 9:00 PM CDT

### Kansas Hunter Education Class

Fort Leavenworth Rod and Gun Club

Mon, Aug 26 Tue, Aug 27 Thu, Aug 29 +1



**Fort Leavenworth Electronic Deer Stand Draw**

23

FRIDAY, AUGUST 23, 2024 AT 6:00 PM - 6:30 PM CDT

### Fort Leavenworth Electronic Deer Stand Draw

821 Sheridan Ave., Fort Leavenworth, KS, United States, Kansas 66027

About Discussion

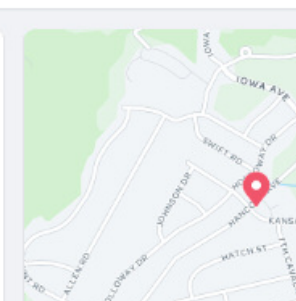
#### Details

34 people responded

Event by Fort Leavenworth Rod and Gun Club

821 Sheridan Ave., Fort Leavenworth, KS, United States, Kansas 66027

Duration: 30 min



30

FRIDAY, AUGUST 30, 2024 AT 5:00 PM CDT

### Waterfowl Seminar

821 Sheridan Ave., Fort Leavenworth, KS, United States, Kansas 66027



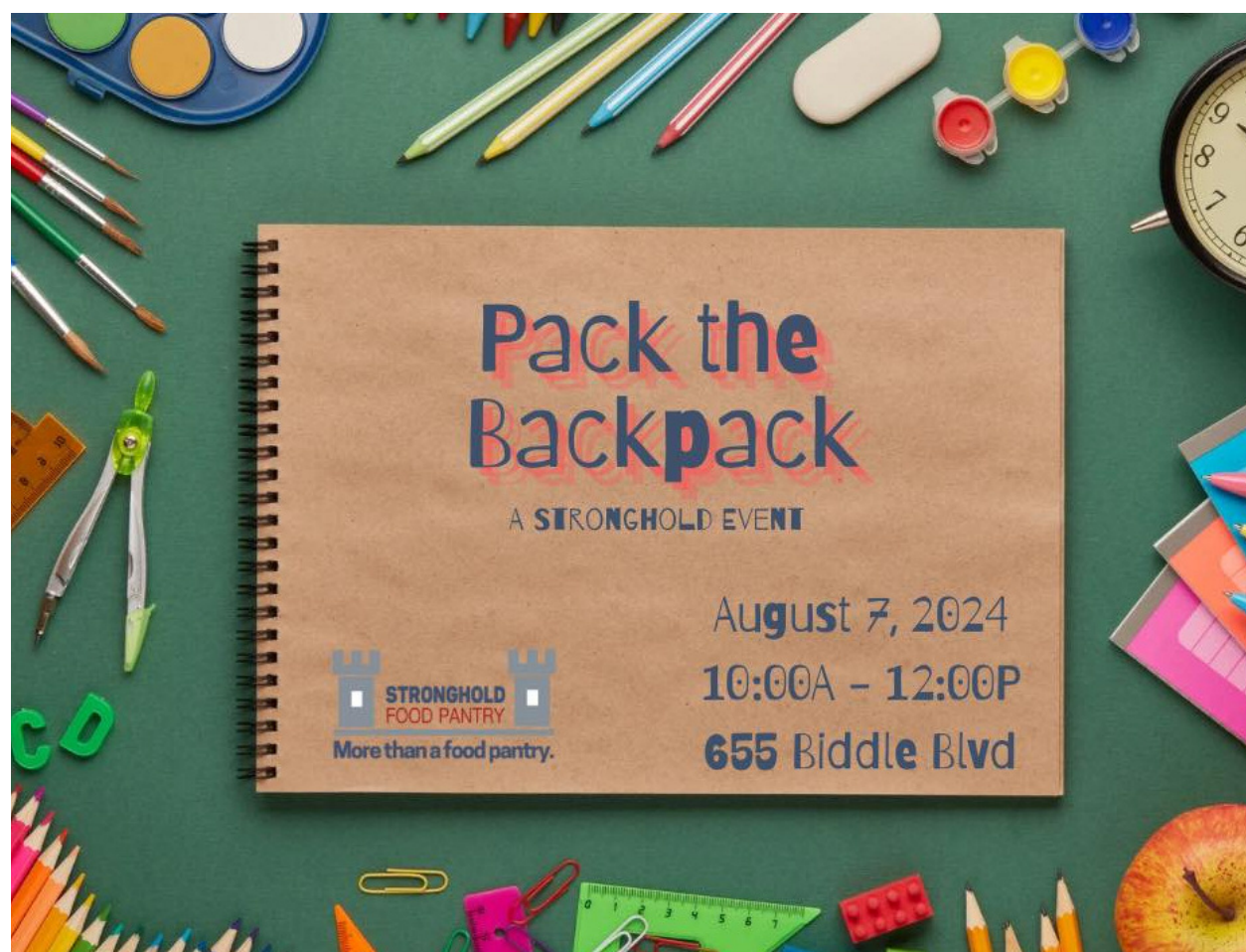
## Fort Leavenworth Bicycle Rider Rules

- Wear a helmet that has been approved by the American Society for Testing and Materials or that meets or exceeds the Snell Foundation Safety Standard.
- Don't ride your bicycle on Grant Avenue, use the sidewalk. Always walk your bike through crosswalks.
- You may ride on all sidewalks but should warn pedestrians as you approach (a bell or horn is encouraged) and always yield right-of-way to pedestrians.
- If you ride during limited visibility (night, fog, rain etc.) you must have a headlight and rear reflector.
- Riding in the National Cemetery is prohibited as well as inside of the golf course.
- Don't wear headphones while bike riding.



**STRONGHOLD DISTRIBUTION & HAPPY BOTTOMS**  
 By Appointment Only  
[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

SUN	MON	TUE	WED	THU	FRI	SAT
	1 <b>CLOSED</b>	2 <b>CLOSED</b>	3 <b>CLOSED</b>	4 <i>HAPPY 4th of July</i>	5 <b>CLOSED</b>	6
7	8 DONATIONS <b>12:00-2:00</b>	9	10 Orientation <b>9:30a</b> Mobile Pantry <b>11:30- 1:30</b>	11	12	13
14	15 DONATIONS <b>12:00-2:00</b>	16	17 Open Pantry & Happy Bottoms <b>11:00-12:30</b>			
21	22 DONATIONS <b>12:00-2:00</b>	23	24 Fort Campbell Pop-up Pantry			
28	29 DONATIONS <b>12:00-2:00</b>	30	31 Open Pantry & Happy Bottoms <b>11:00-12:30</b>			



**Pack the Backpack**  
 A STRONGHOLD EVENT  
 August 7, 2024  
 10:00A - 12:00P  
 655 Biddle Blvd

The Stronghold Food Pantry Pack the Backpack event is returning this year with the support of American Legion Auxiliary - Kansas Unit 370. Stronghold is dedicated to supporting military families by easing the burden of food insecurity by providing groceries and basic necessities whenever and wherever needed. The summer season (PCS season) can be chaotic and costly for military families. In the month of August, Stronghold will also be providing back-to-school supplies. This event is tailored to meet the specific grade-level needs of every military individual, from kindergarten and beyond. Elementary school through high school supplies will be offered, from watercolors to headphones, wide-ruled to college-ruled paper. Join Stronghold from 10 a.m. to noon Aug. 7 in the conference room at 655 Biddle Boulevard to Pack the Backpack. Registration, a military ID and attendance are required for participation. Register at <https://www.strongholdfoodpantry.org/event-details/pack-the-backpack-2>.

**2024 LV USD 453 SUMMER MEAL PROGRAM**

**FREE** breakfast and lunch for all kids and teens (ages 1-18)  
 June 3 - June 28  
 Monday - Friday

**LOCATIONS**  
 Leavenworth High School    Henry Leavenworth Elementary School  
 Richard Warren Middle School  
These locations will only operate during June.

**June 3 - July 26**  
 Monday - Friday    No Service July 4 & 5

**LOCATIONS**  
 Anthony Elementary School    David Brewer Elementary School  
 Wollman Park

**Breakfast**    **Lunch**  
 8:00 - 9:00 a.m.    11:00 a.m. - 12:30 p.m.

Adults are welcome to purchase a meal as well. Costs for adults over the age of 18 are listed below  
 Breakfast \$3.00    Lunch \$5.00  
 Extra Milk \$0.65  
 All locations open to the public.  
This institution is an equal opportunity employer and provider.

**Stronghold: Happy Bottoms Program**  
 Powered by: Rapid Response Charities

**Free Monthly Diaper Distribution**  
 Email: [contact@strongholdfoodpantry.org](mailto:contact@strongholdfoodpantry.org)

**VOLUNTEER SIGN-UP!**  
 CALLING ALL VOLUNTEERS!

Volunteers are a vital piece of the Stronghold community. We value their enthusiasm, diverse perspectives, skills, and passion.

At Stronghold, we have opportunities for everyone willing to get involved, including stocking shelves, sorting donations, distributing food, and so much more.

Together we are Stronghold.

If you would like to join the team please attend:

**JULY 10, 2024**  
**9:30 AM**  
 655 BIDDLE BLVD  
 CONFERENCE CENTER  
[Strongholdfoodpantry.org](http://Strongholdfoodpantry.org)



## COLLECTING DONATIONS

**Operation Deploy Your Dress** is collecting donations to build our shop inventory

- \*Formal & Cocktail Attire (dresses and suits)
- \*Shoes, Jewelry & Handbags

All items should be clean & free of tears, snags or stains

SEND US A FB MESSAGE OR EMAIL ODYDFLSC@GMAIL.COM



**Army Corrections Brigade Wants You!**

Operation Deploy Your Dress is looking for new and gently-used men's suits and formal wear, shoes, and accessories for the upcoming MPRA Military Police Ball. Donations can be made at the MWJRCF and USDB Battalion headquarters.



**OPERATION DEPLOY YOUR DRESS**  
DEPLOYING AMERICA'S PATRIOTISM ONE DRESS AT A TIME

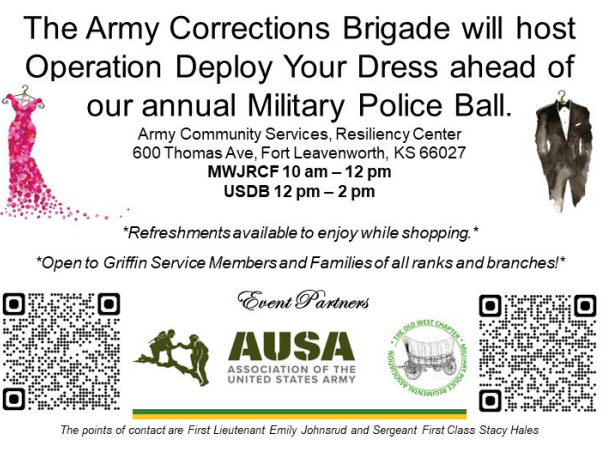
The points of contact are First Lieutenant Emily Johnsrud and Sergeant First Class Stacy Hales



**OPERATION DEPLOY YOUR DRESS**  
DEPLOYING AMERICA'S PATRIOTISM ONE DRESS AT A TIME

Save the Date  
**August 10, 2024**

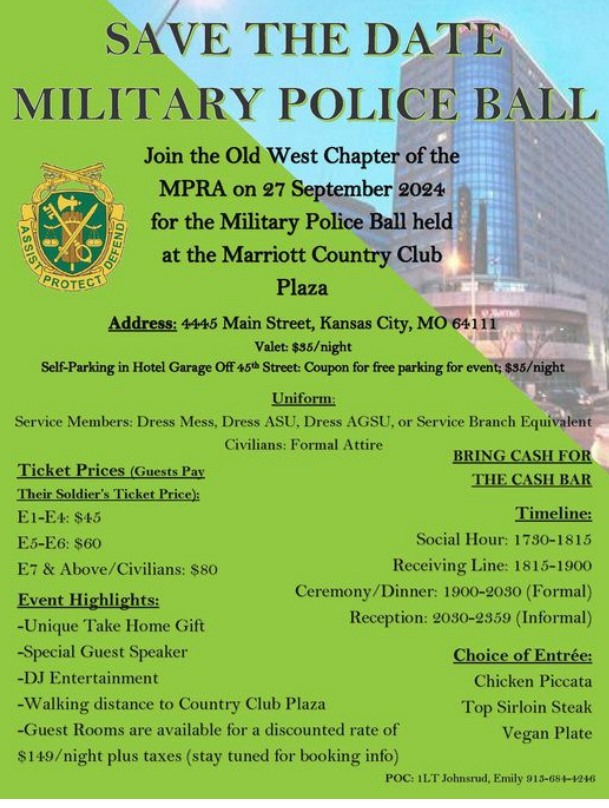
Men's Formal Wear donations needed!  
Leader Volunteers needed!



The Army Corrections Brigade will host Operation Deploy Your Dress ahead of our annual Military Police Ball.

Army Community Services, Resiliency Center  
600 Thomas Ave, Fort Leavenworth, KS 66027  
MWJRCF 10 am - 12 pm  
USDB 12 pm - 2 pm

\*Refreshments available to enjoy while shopping.\*  
\*Open to Griffin Service Members and Families of all ranks and branches!\*



## SAVE THE DATE

# MILITARY POLICE BALL

Join the Old West Chapter of the MPRA on **27 September 2024** for the Military Police Ball held at the Marriott Country Club Plaza

**Address:** 4445 Main Street, Kansas City, MO 64111  
Valet: \$35/night  
Self-Parking in Hotel Garage Off 45th Street. Coupon for free parking for event; \$35/night

**Uniform:**  
Service Members: Dress Mess, Dress ASU, Dress AGSU, or Service Branch Equivalent  
Civilians: Formal Attire

**Ticket Prices (Guests Pay Their Soldier's Ticket Price):**  
E1-E4: \$45  
E5-E6: \$60  
E7 & Above/Civilians: \$80

**Event Highlights:**  
-Unique Take Home Gift  
-Special Guest Speaker  
-DJ Entertainment  
-Walking distance to Country Club Plaza  
-Guest Rooms are available for a discounted rate of \$149/night plus taxes (stay tuned for booking info)

**BRING CASH FOR THE CASH BAR**

**Timeline:**  
Social Hour: 1730-1815  
Receiving Line: 1815-1900  
Ceremony/Dinner: 1900-2030 (Formal)  
Reception: 2030-2359 (Informal)

**Choice of Entrée:**  
Chicken Piccata  
Top Sirloin Steak  
Vegan Plate

POC: 1LT Johnsrud, Emily 913-684-4246



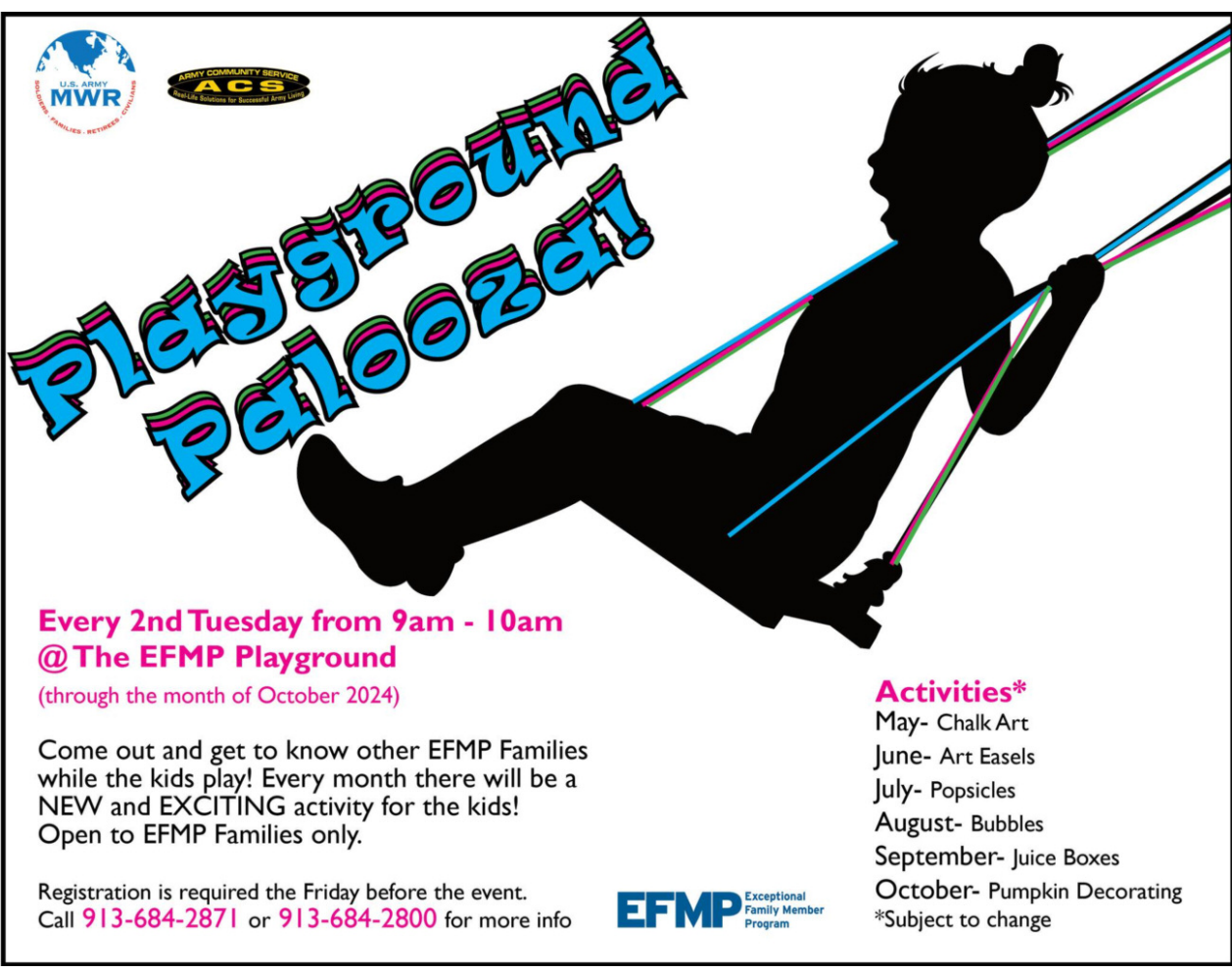
## VOLUNTEER BASICS

JAN 10 • MARCH 13 • MAY 15 • JUNE 26 • AUG 28 • SEPT 4  
ACS CLASSROOM • 600 THOMAS AVE.  
TIME: 12PM - 1PM

DO YOU WANT TO MAKE A DIFFERENCE IN OUR COMMUNITY? IF SO, THEN BE SURE TO CHECK OUT VOLUNTEER BASICS. LEARN ABOUT VOLUNTEER OPPORTUNITIES ON FORT LEAVENWORTH AND IN THE COMMUNITY. PARTICIPANTS WILL LEARN THE BENEFITS OF VOLUNTEERING AND HOW TO PROPERLY LOG HOURS INTO THE VOLUNTEER MANAGEMENT INFORMATION SYSTEM (VMIS).

REGISTRATION IS NOT REQUIRED, JUST SHOW UP.

INFO: (913) 684-2835



# Playground Palooza!

Every 2nd Tuesday from 9am - 10am  
@ The EFMP Playground  
(through the month of October 2024)

Come out and get to know other EFMP Families while the kids play! Every month there will be a NEW and EXCITING activity for the kids! Open to EFMP Families only.

Registration is required the Friday before the event.  
Call 913-684-2871 or 913-684-2800 for more info

**Activities\***  
May- Chalk Art  
June- Art Easels  
July- Popsicles  
August- Bubbles  
September- Juice Boxes  
October- Pumpkin Decorating  
\*Subject to change



## Looking for volunteers!

Want to make a difference and earn community service hours? Volunteer with EFMP!

Looking for Soldiers and DOD ID card holders ages 18+ to participate as Leads for basketball games and drills!

Looking for 20 Student Volunteers ages 14 - 18 to be paired with our EFMP students to play basketball!

One hour a week for 4 weeks!  
Thursdays from 4:30pm - 5:30pm  
Harney Sports Complex  
August 29 - September 19

Volunteer Registration must be completed by August 22 (Volunteers under age 18 need parental permission and signed consent)

To register or get more info please call 913-684-2838 or 913-684-2871  
BOSS Soldiers contact your BOSS program coordinator



## Slam Dunk!

Signing up for HOOPS WITH TROOPS is a SLAM DUNK!

Are you looking for a FUN and engaging activity for your EFM?

Sign up now to play basketball with HOOPS WITH TROOPS!

This FREE 4 week program is geared toward EFM ages 9 - 18. Students will be led by Military Member Volunteers in basketball drills and games. Each participant will be paired with a student volunteer.

Thursdays from 4:30pm - 5:30pm  
Harney Sports Complex  
August 29 - September 19

Call to register by August 22  
913-684-2838 or 913-684-2871



## EFMP RECREATIONAL BOWLING

Every first Saturday of the month  
12:00pm - 2:00pm  
Strike Zone Bowling Center  
165 Fourth St

Meet other EFMP families! EFMP Recreational Bowling is a fun way to socialize, and sharpen fine motor skills.

All ages welcome!  
FREE for the entire family including shoes!  
Bumpers, bowling ramps, and lightweight bowling balls are available.

Pre-registration is required the Wednesday before the event.  
Call 913-684-2800 for more info or to register



Need to talk to someone who "gets it"?  
Come join your fellow EFMP Spouses for

## "Refreshing Conversations"

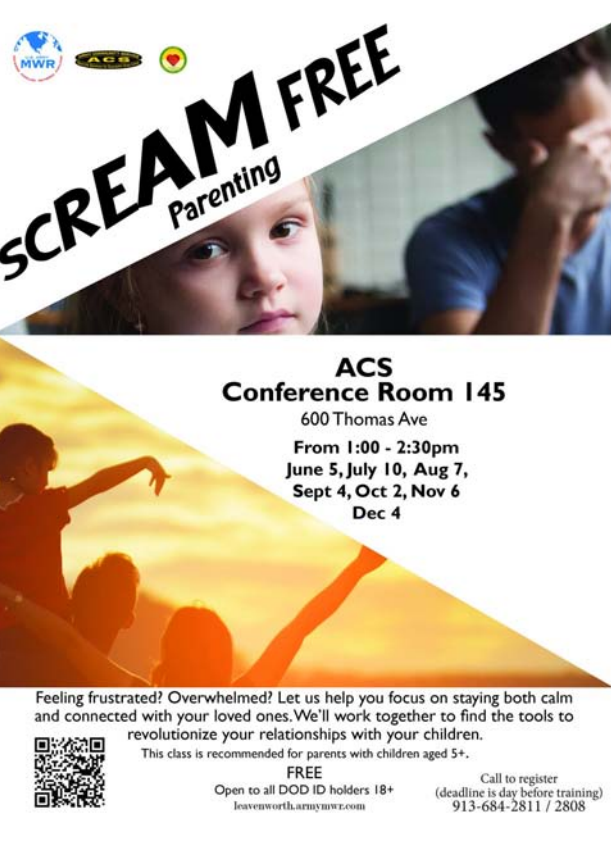
Let's talk about the topics that impact our EFMP community!

Every first Thursday of the month  
@ the ACS classroom  
in The Resiliency Center  
10:00 am - 11:00 am

Oct 5  
Nov 2  
Dec 7  
Jan 4  
Feb 1  
Mar 7  
Apr 4  
May 2  
Jun 6

Enjoy light refreshments, a delicious drink of the month, and great conversation!

Please register by calling 913-684-2800 or 913-684-2871



## SCREAM FREE Parenting

ACS Conference Room 145  
600 Thomas Ave  
From 1:00 - 2:30pm  
June 5, July 10, Aug 7, Sept 4, Oct 2, Nov 6, Dec 4

Feeling frustrated? Overwhelmed? Let us help you focus on staying both calm and connected with your loved ones. We'll work together to find the tools to revolutionize your relationships with your children.

This class is recommended for parents with children aged 5+.

FREE  
Open to all DOD ID holders 18+  
leavenworth.armymwr.com

Call to register (deadline is day before training)  
913-684-2811 / 2808



## WORKSHOP & WORKOUT!

Join the Family Advocacy Program for a monthly workshop and workout!  
11:00a.m.-12:30p.m.  
June 8th  
July 13th  
August 10th  
September 14th

To Reserve Your Spot Call or Text 913-683-2537

600 Thomas Ave.  
Bldg. 198  
Room 157

**Fort Leavenworth Arts and Crafts Studio**

**Summer Studio Days**

**30 Tues**  
**Crafting**  
 Ages 6-11 - Bookmarks & Bracelets 10:30-11:30am  
 Ages 12+ - Kite Making 1-3pm

**31 Weds**  
**Watercolor Painting**  
 Ages 6-11 - Learning Color Contrast 10:30-11:30am  
 Ages 12+ - Negative Space Art 1-3pm

**01 Thur**  
**Crafting**  
 Ages 6-11 - Nature Mosaic Tiles 10:30-11:30am  
 Ages 12+ - Bean Painting 1-3pm

**02 Fri**  
**Acrylic Painting**  
 Ages 6-11 - Paint By Number 10:30-11:30am  
 Ages 12+ - Acrylic Pour Class 1-3pm

310 McPherson Ave. Fort Leavenworth, KS

Register (913)684-3373

**May, June & July**

**Kids Arts & Crafts**

**Messy Art**  
 \$12 per class  
**Ages 4 - 6**  
 Friday May 10 10:30am - 11:30am  
 12:30pm - 1:30pm  
 Tuesday June 11 12:30pm - 1:30pm  
 Friday June 14 10:30am - 11:30am  
 Tuesday June 18 12:30pm - 1:30pm  
 Friday July 12 10:30am - 11:30am  
**Ages 7+**  
 Thursday May 16 11am - 12pm  
 Thursday June 20 11am - 12pm  
 Thursday July 18 11am - 12pm

**Color Me Happy**  
 \$10 per class  
**Parent & Toddlers**  
 Thursday May 9 10:30am - 11:30am  
 Thursday May 30 10:30am - 11:30am  
 Thursday June 13 10:30am - 11:30am  
 Thursday June 27 10:30am - 11:30am  
 Thursday July 11 10:30am - 11:30am  
 Thursday July 25 10:30am - 11:30am

Call now to register!  
 913-684-3373

**Arts & Crafts Studio**  
 310 McPherson Ave  
 913-684-3373

**Summer Studio Days**  
 \$15 per class

**Kids Ages 6 - 11**  
 Tuesday - Friday  
 July 30 - August 2  
 10:30am - 11:30am

**Youth Ages 12+**  
 Tuesday - Friday  
 July 30 - August 2  
 1pm - 3pm

Need to beat the summer heat?  
 Come to the Studio!

**Crafts**  
 \$20 per craft  
 Mother's Day Gift Flower Pots & Cards  
 Friday May 3 2:30pm - 4pm  
 Father's Day Gift Mosaic Coaster & Card  
 Wednesday June 5 10:30am - 12pm

**Art History**  
 \$15 per class (ages 7+)  
**Rice Krispies & Rembrandt**  
 Wednesday May 15 12:30pm - 2:30pm  
 Thursday May 16 4pm - 6pm  
**Rocket Pops & Ross**  
 Tuesday June 18 11am - 1pm  
 Wednesday June 19 1pm - 3pm  
**Cookies & Carle**  
 Tuesday July 16 11am - 1pm  
 Wednesday July 17 1pm - 3pm

Cost includes all supplies!

Come see what's new at the Studio!

**The Fort Leavenworth Frame Studio**

**Custom Framing & DIY Studio**  
 Tuesday - Friday  
 10am - 5pm

Must complete Intro to Framing Workshop before using the DIY Frame Studio. Hourly fee applies.

Call to register or stop by the studio!



**Come see us!**  
**Arts & Crafts Studio**  
 310 McPherson Ave  
 (913) 684-3373

**Intro to Framing:**  
 (\$40 a class must pre-register)

Every 2nd Thursday of the month from 10am - 2pm

Every 4th Saturday of the month from 10am - 2pm

Deadline to register is the day before class.  
 Ages 18+

**The Frame Studio is available for all of your framing needs!**

- Military Prints
- Art Projects
- Photography Prints
- Graduation Certificates
- Etchings/Engravings
- Restoration

**May, June & July**

**Watercolor Workshops**

\$25 per workshop  
 Cost includes all supplies!

**Watercolor (Basic Techniques)**  
 Thursday, May 16 6:30pm - 8pm  
 Tuesday, July 9 6:30pm - 8pm

**Watercolor (Florals)**  
 Thursday, May 30 6:30pm - 8pm

**Watercolor (Landscapes)**  
 Thursday, June 6 6:30pm - 8pm  
 Tuesday, July 23 6:30pm - 8pm

**Watercolor (Color Theory)**  
 Tuesday, July 16 6:30pm - 8pm

**Watercolor by the Lake (plein-air)**  
 Thursday, June 20 9am - 10:30am  
 Tuesday, July 30 6:30pm - 8pm

Call now to register!  
 913-684-3373

**Arts & Crafts Studio**  
 310 McPherson Ave  
 913-684-3373

**Modern Calligraphy**

**Basics**  
 \$20 per class  
 Tuesday April 30 12:30pm - 1pm  
 Wednesday July 10 10:30am - 12pm

**Intermediate**  
 \$20 per class  
 Tuesday May 7 12:30 - 2pm  
 Wednesday July 17 10:30am - 12pm

**OPEN STUDIO**  
 Hours 10am - 5pm T - F  
 Ask about our Hourly Fees

**Multi-Craft Room**  
 Come use our provided supplies to craft with the whole family!

**Painting Studio**  
 Provided watercolor and acrylic supplies to create your own masterpiece.

**Framing Studio**  
 Must take Intro to Framing before using DIY Framing Studio.

**Pottery Studio (Coming Soon!)**

**Special Projects**  
 Thank you/Grad Cards  
 Tuesday May 14 12:30am - 2pm  
 Birthdays Cards  
 Wednesday July 24 10:30am - 12pm

**Recurring Classes**  
 MUST PRE-REGISTER  
**Intro to Framing**  
 \$40 per class  
 Every 2nd Thursday & 4th Saturday of the month  
 10am - 2pm  
**Paint & Sip**  
 \$35 per session  
 Every 2nd Friday of the month  
 6pm - 8pm  
 Must be 21 years or older. BYOB

Come see what's new at the Studio!

**May, June & July**

**Workshops**

**Acrylic**  
 \$35 per class  
 Acrylic Painting (Fawn)  
 Tuesday May 14 6pm - 8pm  
 Acrylic Pour  
 Wednesday May 22 12:30pm - 2:30pm  
 Acrylic Painting (Water Lilies in Pond)  
 Friday July 19 10:30am - 12:30pm  
 Acrylic Pour  
 Tuesday July 23 1pm - 3pm

**Crafts**  
 \$35 per class  
 Wooden Welcome Sign  
 Thursday July 26 11:30am - 1:30pm  
 Patriotic Wooden Panel  
 Tuesday June 4 12:30am - 2:30pm

Call now to register!  
 913-684-3373

**Arts & Crafts Studio**  
 310 McPherson Ave  
 913-684-3373

**Paint & Sip**  
 \$35  
 Must be 21 years or older. BYOB

Spring Tulips  
 Friday May 10 6pm - 8pm

Lemon Tree  
 Friday June 14 6pm - 8pm

Flamingos  
 Friday July 12 6pm - 8pm

**Framing Studio**  
 Intro to Framing \$40 per class

Intro to Framing "Must pre-register"  
 Thursday May 9 10am - 2pm  
 Thursday June 13 10am - 2pm  
 Thursday July 11 10am - 2pm

Intro to Framing "Must pre-register"  
 Saturday May 25 10am - 2pm  
 Saturday June 22 10am - 2pm  
 Saturday July 27 10am - 2pm

Must take Intro to Framing before using DIY Framing Studio.

Come see what's new at the Studio!

**July 2024**

**ARMY COMMUNITY SERVICE ACS**  
 Real-Life Solutions for Successful Army Living

**Event Schedule**

**New Parent Support Program**

- Stroller Walk  
Tuesdays, 9:00am - 10:00am
- Play Morning  
Thursdays, 9:00am - 10:00am & 10:00am-11:00am  
Resiliency Center
- Childbirth Classes: (3 part series)  
July 15, 22, 29, 5:00pm - 7:00pm  
Resiliency Center, Room 157  
\*Registration Required
- Dad's Night Out  
July 24, 6:00pm - 8:00pm  
Restaurant is TBD  
\*Registration Required
- Mom's Night Out  
July 31, 6:00pm - 8:00pm  
Restaurant is TBD  
\*Registration Required

**Relocation Readiness**

- In-Processing Brief  
Tuesdays, 9:00am - 10:00am  
Resiliency Center, Room 157
- OCONUS Levy Brief  
Tuesdays, 10:00am - 11:00am  
Resiliency Center, Room 157

**Family Advocacy**

- Scream Free Parenting  
July 10, 1:00pm - 2:30pm  
Resiliency Center, Room 145
- 5 Love Languages for Couples  
July 10, 1:00pm - 2:30pm  
Resiliency Center, Room 145
- Workshop & Workout  
July 13, 11:00am - 12:30pm  
Resiliency Center, Room 157
- Mom & Me Crocheting  
July 17, 1:00pm - 3pm  
Resiliency Center, Room 145
- Stress Management  
July 20, 11:30am - 1:00pm  
Resiliency Center, Room 145

**Survivor Outreach Services**

- 4th of July / Salute to the Union  
July 4, 6:00pm - 10:00pm  
Merritt Lake

Resiliency Center, 600 Thomas Ave, Building 198  
 913-684-2800 // 913-684-HELP(4357)  
 Hours: Monday - Friday, 7:30am - 4:30pm  
 Follow us on Facebook! @FortLeavenworthACS  
 Follow us on Twitter! @LeavenworthACS

**Exceptional Family Member Program (EFMP)**

- EFMP Recreational Bowling (free) for EFMP Members and their Families  
July 6, 12:00am - 2:00pm  
Strike Zone Bowling Center  
\*Registration Required
- Playground Palooza  
July 9th, 9:00am - 10:00am  
EFMP Playground

**Employment Readiness Program**

- Federal Employment  
July 10, 12:00pm - 2:00pm  
Resiliency Center, Room 157
- Resume Writing  
July 17, 12:00pm - 2:00pm,  
Resiliency Center, Room 157

**Personal Financial Counseling**

- Lunch and Learn  
Tuesdays 11:30am - 1:00pm  
July 9 - Raising Money Smart Kids  
July 16 - Budgets & Spending Plans  
July 23 - Financial Planning-Build Your Own Plan  
July 30 - Budgets & Spending Plans  
Resiliency Center, Room 145
- Walk-in Appointments  
Tuesdays & Thursdays 8:00am-4:30pm  
Resiliency Center, Room 155C

CALL ACS TO REGISTER FOR CLASSES TODAY! ALL EVENTS LISTED ARE FREE!

## ACS New Parent Support Prenatal Classes



**Childbirth Classes:**  
Series of three classes  
January 8th, 22nd, 29th  
March 4th, 11th, 18th  
May 6th, 13th, 20th  
July 15th, 22nd, 29th  
September 16th, 23rd, 30th  
November 4th, 18th, 25th

**Newborn Care Classes:**  
February 12th  
April 15th  
June 10th  
August 12th  
October 21st  
December 9th

**Breastfeeding Classes:**  
February 5th  
April 8th  
June 3rd  
August 5th  
October 7th  
December 2nd

Free for Expectant Parents!

600 Thomas Ave  
Room 157  
All classes are from 5 pm - 7 pm

Deadline for Registration is the Friday before the class. Pre-registration is required.  
Contact 913-297-3212

## ACS New Parent Support Potty Training



Are you ready?

Time to lose the diapers?

FREE For Parents of Children aged 0-4 years  
\*Pre-registration Required\*  
Deadline is Friday before class  
Contact 913-297-3212

600 Thomas Ave  
Room 157  
2/26, 4/22, 6/17, 8/19,  
10/28, 12/16  
5 pm - 7 pm

## Stroller Walk & Talk



Meeting at  
The Resiliency Center  
600 Thomas Ave  
Every Tuesday Morning  
March - May  
10am - 11am  
June - Sept  
9am - 10am

This is a FREE opportunity to meet other parents of small children, get healthy and socialize all while enjoying the walking paths of Ft. Leavenworth!

Offered to expecting parents and to parents of children through 3 years of age. Must bring your own stroller. Register the day before!

POC 913-297-3212

## MOM'S NIGHT OUT

This NEW event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.

Jan 31 • Feb 28 • March 27 • April 24  
May 29 • June 26 • July 31 • Aug 28  
Sept 25 • Oct 30 • Nov 20 • Dec 11

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old.

Info: (913) 297-3212 or (913) 684-2800

## DAD'S NIGHT OUT

Dad's Night Out is offered by ACS New Parent Support Program for Dads of children 0-3 years of age to get out of the house without the kids and meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.

Jan 24 • Feb 21 • March 20 • April 17  
May 22 • June 12 • July 24 • Aug 21  
Sept 18 • Oct 23 • Nov 13 • Dec 4

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Dads with children 0-3 years old.

For more info: (913) 297-3212 or (913) 684-2800

## STRESS MANAGEMENT

Thursdays: Jan 18, Mar 14, May 16, July 18  
1130 - 1300 brown bag lunch class.  
ACS Conference Room 145  
Registration Required must register by the day before the class you want to attend.  
Classes are for 18 and over

This one-session FREE class helps attendees identify stressors and symptoms of stress as well as how to select and implement stress management skills to overcome stressors of any kind. Learn how to take control of yourself by learning to control your stress. Instead of allowing the stress to control you. End the class with a structured relaxation exercise.

To register or for more information, call (913) 684-2800/2800

## Toddler Time Playgroup

ACS Family Advocacy New Parents Support Program Presents

- Free toddler play group.
- Open to ages 2-3 years old with adult.
- Offers an introduction to preschool routines, explores educational concepts, and builds social skills through hands on experiences and activities.

**Wednesdays @ 9:00am**

Located at the Army Community Service Resiliency Center  
600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text 913-297-3212 or 913-297-9704

## Play Morning

Thursdays from 9-11:00 a.m.  
Ages 3 months - 3 years with Guardian • Resiliency Center

Free play group for ages 3 months - 3 years and their parents/guardians.

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.

Army Community Service | Resiliency Center | 600 Thomas Ave. | Fort Leavenworth, Kansas  
Registration required, cut off is day before event (913) 297-3212 or (913) 684-2800  
www.facebook.com/acs.fortleavenworth

## Storytime!

ACS Family Advocacy New Parents Support Program Presents

Free  
Open to ages 3 months - 3 years old with adult.

Join us for storytime to use our imagination and develop a love of books

Storytime fosters early literacy skills, language development, and social growth.

**Every Wednesday @ 10:00 am**

Located at the Army Community Service Resiliency Center  
600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text 913-297-3212 or 913-297-9704

## 5 Love Languages of Teenagers

Do you ever feel like you and your teen are speaking another language?

The "5 Love Languages of Teenagers" class is geared toward caregivers that want to communicate with their teens in a way that everyone feels heard, understood, and most importantly loved.

**ACS Classroom 145**  
Feb 14, May 8, Aug 14, Nov 13  
1-2:30pm  
FREE

Open to all DOD civilians, active duty, and retired military that are caregivers raising teens  
Call to register (deadline is day before class)  
913-684-2822 / 2808

leavenworth.armymwr.com

## ACS Employment Readiness Program Menu of Services

One-on-one appointments and workshops to assist with:

- Career exploration and planning
- Skills and personality assessments
- Education and skills attainment
- Civilian and Federal resume assistance
- Employer referral and job search assistance
- Interview skills and professionalism

For more information, contact the ACS Employment Readiness Program Specialist  
913-684-2835/2800

## Employment Readiness Program Classes

ACS Classroom • Resiliency Center. 600 Thomas Ave.  
Wednesdays • 12PM - 2PM\*

**Resume Writing:**  
Mar 20\* • June 19\* • July 17\*  
Aug 14\* • Sept 25\*  
Evening Classes:  
May 22 • Aug 14 - 5PM - 7PM  
Registration required for evening classes

**Federal Employment:**  
Jan 17\* • Mar 6\* • April 10\*  
May 8\* • June 5\* • July 10\*  
Aug 7\* • Sept 11\* • Oct 9\* • Nov 6\*  
Evening Classes:  
May 15 • Aug 7 - 5PM - 7PM  
Registration required for evening classes

**Interview Skills & Professionalism:**  
Feb 21\* • May 22\*  
July 24\* • Aug 21\*

\*Classes are from 12PM - 2PM\*  
Registration is required for evening classes only.  
Open to DoD ID card holders.

For more info call: (913) 684-2800

## Financial Readiness Milestone Training

Are you financially prepared for what life throws your way? Let us help! We offer free Financial Readiness Training on a variety of subjects.

Some of the topics we will discuss:

- Pre-Deployment
- Post-Deployment
- PCS
- Marriage
- Divorce
- Vesting in TSP
- Promotion
- First Child
- Continuation Pay
- Disabling sickness/injury/condition

Held monthly every 2nd & 4th Thursday @ 0900am - 1100am.  
Bldg 198 Room 157

INFO: 913-684-2852 / 2800



## INTRAMURAL FLAG FOOTBALL

Season starts: Thursday, September 5.

Coaches Meeting: Thursday, August 15 5:30PM @ Gruber Fitness Center.

Team Rosters and/or Letters of Intent due COB Wednesday, August 28.

Games: Tuesdays and Thursdays 5:30PM - 8:30PM @ Gruber Football Field.

Open to Active Duty, DoD Civilians, Retirees, Dependents, Spouses, and Contractors working on Fort Leavenworth ages 18 and older.

League awards given for regular season champions, tournament runner ups, and tournament champions.

Info: 913-684-3224/684-5136  
Leavenworth.armymwr.com

# THE GREAT ESCAPE 5K

## 24 AUGUST 2024 0800 - Old USDB

**\$30 / Individual • \$60 / Family of 3**

**Register in person at  
Harney Gym Gruber Gym  
Resiliency Center**

Same day registration available

For more information  
call 913-684-1674

## CGSC GET ACQUAINTED SCRAMBLE

trails west golf course

**Saturday, August 24th**  
8 am shotgun start

Relaxed 4 person scramble

All CGSC students and families are encouraged to participate!

\$50 members / \$80 non-members  
\$35 Youth 16 & Under

Registration closes August 21

Tee gift and hole prizes

Trails West Golf Course  
(913) 651-7176  
leavenworth.armymwr.com

## Fall Youth Sports & Fitness

### Fall Running Club

(3rd - 8th grades) (Ages 8 - 14)  
Tuesday/Thursday  
Sept 10 - Oct 26

Season ends with the Halloween 5K.

**\$50**

### Flag Football

(1st - 2nd grades) (Ages 7 - 8)  
Tuesday/Thursday  
Sept 10 - Oct 24

(3rd - 4th grades) (Ages 9 - 10)  
Monday/Wednesday  
Sept 9 - Oct 23

(5th - 6th grades) (Ages 11 - 12)  
Monday/Wednesday  
Sept 9 - Oct 23

**\$50**

### Cheerleading

(Ages 5 - 12)  
Monday/Wednesday  
Sept 9 - Oct 23

Participants will cheer for all 3rd/4th & 5th/6th grade Teams.

Pom-poms, shirt, and skirt are included in the cost.

**\$55**

### Soccer

6 & Under (Ages 5 - 6)  
8 & Under (Ages 7 - 8)  
10 & Under (Ages 9 - 10)

Sept 9 & 10 - Oct 23 & 24

Under 12 & 14 TBA

**\$50**

Start Smart Flag Football (Ages 3 - 4) \$30  
Sept 16 & 18 - Oct 16 & 21

Start Smart Soccer (Ages 3 - 4) \$30  
Sept 17 & 19 - Oct 15 & 17

Registration and enrollment will begin July 8 - Aug 5. All Youth must have an updated sports physical before first practice. Enrollment can be done at all CYS locations if centrally registered. Webtrac online enrollments can only be done with a Youth Sports Physical that covers the entire season. **Volunteer Coaches are needed!** For more information call 913-684-7525 or 7526

## FUN SHOOT

### Brunner Range 1st Saturday of the Month

**Jan 6 - Dec 7 2024**  
Feb 3, Mar 2, Apr 6, May 4, Jun 1, Jul 6, Aug 3, Sep 7, Oct 5, Nov 2.

Registration is required and can be done the day of the event from 9AM-10:30AM.

Space is limited so register early.

Rental guns and shells are available or bring your own.

Prizes and awards distributed at the end of each shoot.

Info: (913) 651-8132  
701 Sheridan Drive

## Brunner Range 2024 LEAGUE SCHEDULE

**Winter Combo**  
4 January - 7 March

**Spring Combo**  
21 March - 23 May

**Summer Warm-up**  
6 June - 11 July  
18 July - 22 August

**Fall Combo**  
5 September - 7 November

**Winter Warm-up**  
14 November - 19 December

Each league has a one-time payment of \$25. Payment is held for prizes at the end of each league. Combo leagues shoot on Thursday evenings. Teams consist of 5(+/-) shooters. All teams take turns supplying an evening meal at approximately 5:30 pm with shooting commencing at 6:00 pm. Summer and Winter Warm-up leagues are individual with the same fee but no food.

Contact Brunner Range for more information  
(913) 651-8132

## BRAZILIAN JIU-JITSU CLASSES

With Coach Don Castro

**TUESDAY & THURSDAY**

1830 - 1930 BEGINNER  
1940 - 2040 ADVANCED

\*Must have 24 Hour Access\*

\*Register IN PERSON at the Front Desk, during business hours\*

\*Gi and No Gi will alternate every other week.\*

GRUBER FITNESS CENTER  
220 REYNOLDS AVENUE  
FORT LEAVENWORTH, KANSAS 66227  
POC: 254-436-7156

# WEIGHTLIFTING

First Class is Free!

Learn proper Olympic Lifting technique and how to safely resistance train. Programming is designed to increase Muscle Mass, Strength, and Power. Resistance training has been shown to increase bone density, metabolic rate, cognition, reduce fat accumulation, lower risk of heart disease, and so much more. Start enjoying the benefits!

**CLASSES MEET MON, WED, FRI 9:00-10:15 AT HARNEY GYM**  
**\$10 DROP IN RATE OR \$75 MONTH**

FOR MORE INFO, (913) 684-2190

Starting Monday April 15th, 2024

### Fort Leavenworth Group Fitness Classes

**GRUBER FITNESS CENTER - 200 Reynolds Ave. - 684-5120**  
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530			Spin (Karyn)			
0930	Zumba (Lydia)		Zumba (Lydia)			(0915) Zumba (Lydia)
1030						Hue Yoga (Kim)
1630	30/20 Split (Kim)		Power Cycling (Kim)			

**HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190**  
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

\*Power Cut classes are held in the Bubble Gym

**Single Ticket For \$5.00**  
**10 Tickets For \$45.00**  
**20 Tickets For \$80.00**

U.S. ARMY MWR SPORTS - FITNESS - AQUATICS

https://leavenworth.armymwr.com

## Discover Fort Leavenworth's Fitness Facilities

Harney Sports Complex and Aquatics Center  
185 Fourth St  
913-684-2190  
M-F 0500-1800  
Sat-Sun 0800-1700

Gruber Fitness Center  
200 Reynolds Ave  
913-684-5120  
M-F 0500-1800  
Sat-Sun 0800-1700

**YOU'RE JUST A CLICK AWAY FROM A HEALTHIER YOU!**

**Adult Sports & Fitness**

Scan Here for current information about adult intramural sports, pool hours, eligibility, how to register for 24/7 access, and special programs!

**Group Fitness**

Scan Here for current fitness classes, schedules, fees, and eligibility. FREE for Active Duty!

**WE OFFER 24/7 Gym Access (After registration)**

**LET'S GO!**

DECIDE TO COMMIT TO SUCCESS

leavenworth.armymwr.com

## 913 WEIGHTLIFTING

### FUNCTIONAL FITNESS CLASSES

**CLASSES**  
Monday - Friday  
9:00-10:15am  
Harney Gym  
185 Fourth Street  
Fort Leavenworth, KS

**ABOUT**  
Classes are designed to increase strength, power, speed, agility, and aerobic capacity by Olympic lifting, weight lifting, gymnastics, and plyometrics. This class is ideal for beginners and elite. Get healthier, get stronger, live longer. Enjoy professional programming in a supportive, encouraging environment.

**PRICING**  
Monthly rates  
3x week \$75  
5x week \$85  
Drop in \$10

For more info: 949-291-0386

## Cosmic Bowling at the Strike Zone

Every Saturday Night

**\$12 all you can bowl for 2 hours includes shoe rental**

Info: (913) 651-2195  
Leavenworth.armymwr.com

## TRAILS WEST GOLF COURSE

Come Experience TRAILS WEST GOLF COURSE

- Pristine Course
- Pro Lessons
- Tournament Packages
- Simulator
- And much more!

Visit the Fairway Grille and the Pro Shop! Conveniently located in the Clubhouse.

**306 Cody Rd Ft. Leavenworth 913-651-7176**



**FORT LEAVENWORTH SCHOOL DISTRICT OPENINGS FOR THE 2024-25 SCHOOL YEAR:**

- Pre-K Teacher (3/4 year-old Program)
- Pre-K Instructional Assistant
- Special Services Coordinator
- Food Service Manager
- Special Education Teacher
- Special Education Para Educator
- Speech and Language Pathologist
- Part-Time Occupational Therapist
- School Psychologist
- Licensed Behavior Analyst - BCBA
- Food Service Cook
- School Bus Driver
- Full-Time Bus Aide



www.usd207.org - 913-651-7373



Go online to:  
<https://forms.osi.apps.mil/r/555Ytw1SiK?origin=lprLink>

Help our Education Center to better understand and meet your educational needs on Fort Leavenworth.

Your participation and feedback is valuable and will be utilized to help improve ACES education programs & services!

\*CAC Required

Fort Leavenworth Education Center  
 Email: [usarmy.leavenworth.usag.mbx.education@army.mil](mailto:usarmy.leavenworth.usag.mbx.education@army.mil)  
 Phone: (913) 684-2496



**NOW OPEN ENROLLMENT FOR THE 2024-2025 SCHOOL YEAR**

*Apply Now*

**CALL FOR PAPERS**

The NCO Creative Domain welcomes submissions.

NCO JOURNAL

**Fort Leavenworth Care Options Available for Summer 2024 & School Year 2024-2025**

Request Before/After School Care & SAC Camps all year round



MILITARY CHILDCARE.COM

Families can use MCC to make requests for SAC programs, which include Before/After School care and Fall, Winter, Spring, and Summer Camps, all year round. The online system allows you to search for and submit unlimited SAC requests at any time of the year without waiting for a specific registration time to begin. As soon as school dates are known, all SAC programs will be made available to you so you can submit your requests.

Please Note: Spaces are offered via email based on the sponsor's priority and request for care (RFC) date.

MILITARY CHILDCARE.COM

Using MilitaryChildCare.com, you can find comprehensive information on child care programs worldwide, conduct a customized search for the care you need, and submit a request for care at any time and from any location. Follow these four steps!

- STEP 1 CREATE ACCOUNT**  
Go to MilitaryChildCare.com to create an account containing information about your family, or to login using an existing username and password.
- STEP 2 SEARCH and REQUEST CARE**  
Search the system for the child care options that best fit your needs and submit your requests for care.
- STEP 3 MANAGE MY REQUESTS**  
You can manage your requests for care from anywhere in the world.
- STEP 4 UPDATE MY PROFILE**  
Keep your My Profile page up-to-date with important information.

It's that easy!



To get started, visit MilitaryChildCare.com For questions/support call: 855.696.2929

Make sure you are requesting the best Care Option(s) for your childcare needs...  
 Go to our [CYS Facebook](#) page or [FMWR-CYS website](#) to review the:  
**Fort Leavenworth CYS Care Options & Waitlist Guide**

**NCO JOURNAL**

CHECK OUT THE NCO JOURNAL PODCAST WHERE WE DISCUSS RECENTLY PUBLISHED ARTICLES WITH AUTHORS, TO PROVIDE AN OPEN EXCHANGE OF IDEAS AND INFORMATION.

<https://www.armypress.army.mil/journals/nco-journal/nco-journal-podcasts/>

<https://www.facebook.com/NCOJournal>

<https://twitter.com/NCOJournal>

**ACCESS**  
 Virtually, Everywhere

Army Credentialing and Continuing Education Services for Soldiers

SUBJECT: TUITION ASSISTANCE REQUEST FY24 CLOSEOUT

1. All TA Requests for FY24 must be submitted and approved prior to 2000 Eastern Daylight Time (EDT) on 6 September 2024 due to the Army's fiscal year closeout. This only applies to FY24 TA requests with a start date that occurs during FY24, e.g. 1 Oct 2023 through 30 Sept 2024. There will be no exceptions granted.
2. Soldiers may continue to create TA Request for courses beginning in FY25, 1 October 2024 and beyond, between 60 - 7 days in advance of the term start date. Remember, FY25 requests are subject to the availability of funds.
3. For additional questions, contact your Army Education Center.

**ARMYIGNITED**

DoD **Safe Helpline**

Sexual Assault Support for the DoD Community

[safehelpline.org](http://safehelpline.org) | 877-995-5247

**CYS is hiring!**

Great Pay! Amazing Benefits!  
 @ Fort Leavenworth  
**APPLY NOW!**  
[ArmyMWR.com/cyscareers](http://ArmyMWR.com/cyscareers)

**REASONS TO CONNECT WITH 988**

You can call, text, and chat the 988 Suicide & Crisis Lifeline to talk about a lot of things.

**988 SUICIDE & CRISIS LIFELINE**

# MUNSON NOTES

## BG visit



Photo by Munson Army Health Center Public Affairs

Col. Shane Mendenhall, Munson Army Health Center director, welcomes Brig. Gen. Deydre Teyhen, Defense Health Network National Capital Region director, to the health center July 17. Team Munson gave Teyhen a tour of the facility and spoke about the health care delivery mission on Fort Leavenworth.

Teyhen observed clinical services for MAHC beneficiaries at the health center and team members supporting Army Medical Readiness Processing for nearly 1,000 incoming students at the U.S. Army Command and General Staff College. (See page A3.) She also learned about MAHC's around-the-clock medical mission at the Military Corrections Complex, which features the only maximum-security facility in the Department of Defense and the oldest penal institution in the federal system. The general rounded out her visit to Munson Army Health Center by providing a leader professional development session for military and civilian team members.

Teyhen also serves as the chief of the Army Medical Specialist Corps, composed of physical therapists, occupational therapists, registered dietitians, and physician assistants. Earlier in the week she spoke with students at CGSC's School for Command Preparation about how the Army's Holistic Health and Fitness Program advances soldier health and readiness.



Munson Army Health Center Public Affairs

Munson Army Health Center's basement at 550 Pope Ave. is one of the designated tornado shelters on post.

If a tornado watch is activated after duty hours, Medical Department Activity personnel will open the health center for those needing shelter. The building will remain open until all watches or warnings are lifted.

**TELEMYND**  
Free  
**Live Webinar**  
Understanding & Responding to Suicide Warning Signs

Via Zoom    Tuesday, July 30th 8:00 PM EST/5:00 PM PST    Scan to Register\*

Led by Meagan Foley, MA Telemetry's Intensive Support Program Supervisor

**How to Identify Red Flags**

This webinar will focus on:

- Importance of recognizing early warning signs of suicide
- Understanding common myths and misconceptions
- Identifying risk factors and situational triggers
- Learning how to approach and support someone in crisis

\* After registering, you will receive a confirmation email containing information about joining the webinar.

**School Physicals**

Saturday, July 20  
Appointments Available

Munson Army Health Center

Munson Army Health Center is currently scheduling an additional round of school physicals required for enrollment in Kansas schools.

According to Kansas law, physicals are required for students 8 years old or younger who are NEW to Kansas schools. School physicals are not required for students attending Missouri schools, only current proof of immunization, which is available from the MHS GENESIS Patient Portal or from MAHC's patient administration section.

Patients should call MAHC's appointment line (913-684-6250) weekdays from 7 a.m. to 4 p.m. weekdays to check appointment availability for a required school physical.

Be aware, routine physicals not required for enrollment may be delayed, when medically appropriate, until late summer/early fall. Another round of school physicals will be announced later this summer.

Currently MAHC is not offering sports physicals for students who choose to participate in extracurricular activities. Sports physicals on their own, are not a TRICARE-covered benefit, and instead have historically been offered as a space-available service. Current staffing does not support the extra service without impacting access for our patients with acute and/or chronic health care needs.

For more information on TRICARE-covered physicals, visit <https://tricare.mil/CoveredServices/IsItCovered/Physicals>.

## HEALTH QUESTIONS WHILE YOU'RE ON THE GO?

A REGISTERED NURSE IS ONLY A CALL OR CLICK AWAY



MHSNurseAdviceLine.com

Web chat, video chat or find your country-specific phone number 24/7

Get health care advice • Find a health care provider • Schedule same or next day appointments when recommended by nurse • Get an online "absence excuse" or "sick slip" • Receive help for urgent/emergent care and traveling beneficiaries

MTF enrollment, command guidance and recommendations by a registered nurse may be required. If you have an emergency, call 911 or go to the nearest emergency room.

**SORRY!**

SPORTS PHYSICALS ARE CURRENTLY UNAVAILABLE

Sports physicals are currently unavailable from MAHC at this time. While MAHC has offered sports physicals as a courtesy in previous years, the current staffing cannot support the service at this time without impacting access for patients with acute and/or chronic healthcare needs. Furthermore, MAHC cannot refer patients to the network for a sports physical, because sports physicals are not a TRICARE-covered benefit. MAHC providers may complete sports physical paperwork in conjunction with a TRICARE-covered physical, like a school physical or routine physical; however, appointments for routine physicals might be delayed, when medically appropriate, until late summer/early fall when additional providers will be on board.

**MHS GENESIS**

**Refills are here!**

TRICARE® beneficiaries can order prescription refills through their MHS GENESIS Patient Portal.

To learn more visit: [www.tricare.mil/MHSGENESISRxRefills](http://www.tricare.mil/MHSGENESISRxRefills)

Visit <https://www.facebook.com/munson-health/> for updates and information.