

THURSDAY  
OCTOBER 24, 2024



# LAMP

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## National Public Lands Day tree planting project supported by volunteers, interns



Photo by April Rogers/Project Volunteer

Volunteers plant trees Oct. 19 in the field across from the Frontier Army Museum by the Bell Hall parking lot. The volunteers planted 28 trees last weekend — eight around Merritt Lake and 20 in the field across from FAM — and volunteers planted 30 trees the weekend before to replace trees in the post's historic district that have been lost to storms or age. Student Conservation Association interns with Cultural and Natural Resources will soon complete the 100-tree planting project, made possible with a grant from the National Environmental Education Foundation.

## CGSC inducts 300th, 1st Hungarian international alumni to hall of fame



Photo by Dan Neal/Army University Public Affairs Office

Gen. Tan Sri Dato' Wira Muhammad Hafizuddeain bin Jantan — chief of army, Malaysian Armed Forces; Command and General Staff Officer Course Class of 2001; and 300th Command and General Staff College International Hall of Fame inductee — and Maj. Gen. Tamas Sandor — service inspector special operations, Hungarian Armed Forces; CGSOC Class of 2003; and first Hungarian CGSC IHOF inductee — are honored during the International Hall of Fame ceremony Oct. 11 at the Lewis and Clark Center.

by Sarah Hauck/Army University Public Affairs Officer

Army University's Command and General Staff College inducted its 300th and the first Hungarian international alumni into the International Hall of Fame in a ceremony Oct. 11 at the Lewis and Clark Center.

The event recognized Gen. Tan Sri Dato' Wira Muhammad Hafizuddeain bin Jantan, chief of Army, Malaysian Armed Forces, CGSOC Class of 2001; and Maj. Gen. Tamas Sandor, service inspector Special Operations, Hungarian Armed Forces, CGSOC Class of 2003.

Hafizuddeain bin Jantan is the 300th inductee overall, and the third inductee from Malaysia. Sandor is the 301st inductee and first from the country of Hungary.

IHOF represents CGSC graduates who have re-

SEE INTERNATIONAL HALL OF FAME | A5

## October retirements

by Staff Report

Four officers and two senior noncommissioned officers will be recognized for their service to the nation during the post retirement ceremony at 9 a.m. Oct. 24 at the Frontier Conference Center. The ceremony will also be live-streamed at <https://www.facebook.com/USAGLeavenworth/>.

Retiring are: Lt. Col. Arthur McGrue III, Headquarters, Combined Arms Center; Lt. Col. Ryan Wallace, Department of Army Tactics, Command and General Staff College; Maj. Aaron Harless, Mission Command Training Program; Maj. Aaron Williams, Maneuver Capabilities Development and Integration Directorate; Sgt. 1st Class Brandon Riley, Army University; and Staff Sgt. Jerry Norris, MCTP.



## AT A GLANCE

■ The CLOSURE OF THE INTERSECTION OF HANCOCK AND IOWA AVENUES HAS BEEN DELAYED until Nov. 4 related to the construction of the new Child Development Center in that area.

■ Munson Army Health Center's TRUNK OR TREAT event is 5-7 p.m. Oct. 24. See page B1 for more information.

■ The Family Advocacy Program's BREAK THE SILENCE GLOW WALK, with trick-or-treating, is at 6:30 p.m. Oct. 24 starting at the Resiliency Center. Call 913-683-2537 for more information about the free event.

■ RETIREE APPRECIATION DAY, which includes the Munson Army Health Center health and flu shot clinic, is Oct. 26 at the Lewis and Clark Center. Registration begins at 8 a.m. and information sessions begin at 9 a.m.

■ The grand opening of KINDER RANGE for target-shooting enthusiasts is 10 a.m. to 2 p.m. Oct. 26. See page B1 for more information.

■ The Child and Youth Services HALLOWEEN

FUN RUN is at 9 a.m. Oct. 26 at the Resiliency Center, 600 Thomas Ave. Registration begins at 8 a.m. For more information or to volunteer visit <https://leavenworth.armymwr.com>.

■ The Family Advocacy Program's WORKSHOP AND WORKOUT combines Domestic Violence Awareness Month education with yoga at 11 a.m. Oct. 26 in room 157 at the Resiliency Center. Call or text 913-683-2537 to reserve a spot.

■ HALLOWEEN COSMIC BOWLING is 6-9 p.m. Oct. 26 at Strike Zone Bowling Center. Enter children's, adult and overall wackiest costume contests for prizes. Call 913-651-2195 for more information.

■ The SURVIVE THE ZOMBIE 5K FUN RUN is at 6:30 p.m. Oct. 26 starting at the Old U.S. Disciplinary Barracks parking lot. See page B1 for more information.

■ The free FORT LEAVENWORTH HAUNTED TOURS, presented by Family and Morale, Welfare and Recreation and the Friends of the Frontier Army Museum, start at 6 p.m. Oct. 25 and Oct. 26 at the Old U.S. Disciplinary Barracks. See page B2 for more informa-

tion and the QR code to sign up.

■ READ AND TREAT STORYTIME is at 10 a.m. Oct. 31 at the Combined Arms Research Library. Participants are encouraged to come in costume to trick-or-treat in the library after storytime.

■ Munson Army Health Center is offering WALK-IN FLU SHOT CLINICS for TRICARE beneficiaries ages 6 months old and older from noon to 4 p.m. Nov. 1, 9 a.m. to 6 p.m. Nov. 6 and noon to 4 p.m. Nov. 15 at the Frontier Conference Center. DoD ID cards are required for patients 10 years old and up.

■ The Leavenworth County VETERANS DAY PARADE is at 10:30 a.m. Nov. 11 in downtown Leavenworth.

■ Submit ARMY FAMILY ACTION PLAN ISSUES through Oct. 31 for the Nov. 14 AFAP Conference. Visit <https://leavenworth.armymwr.com/happenings/army-family-action-plan-afap>.

■ See the POST NOTES (B section) for more information on upcoming events.

# Routine mammogram gives MAHC nurse a fighting chance

by Maria Christina Yager/Munson Army Health Center Public Affairs Officer

After a routine mammogram last March, a Munson Army Health Center employee learned her results were suspicious. The radiologist found a mass in the breast tissue and ordered diagnostic imaging.

Ultimately, results from a biopsy confirmed cancer.

"After I found out I cried," said Michelle Grant, a public health nurse at MAHC and a TRICARE beneficiary. "It was just surreal. I could not believe I had cancer."

Grant shared her cancer journey so that others understand the importance of regular mammograms, which are available every year without a referral through TRICARE for women aged 40-64 years old, and younger for those at higher risk.

Her diagnosis was invasive ductal carcinoma with lymph node involvement. Her treatment began soon after her diagnosis and would be administered in three phases.

First, Grant underwent a lumpectomy, to remove the mass and surrounding tissue, followed by reconstruction.

Once she healed from surgery she began chemotherapy, which uses powerful drugs to destroy any undetectable cancer cells that might have broken away.

"The recovery from surgery was rough. I was in a lot of pain. But the hardest part, so far, has been the chemotherapy," Grant said.

"As the treatment progressed, it has taken a heavier toll on my body. I never really feel quite right," she said, describing herself as tired and nauseous most days.

She said that she had heard about the nausea chemotherapy causes, but she was not prepared for how chemotherapy would change her sense of taste.

"Immediately after an infusion, I lose my sense of taste. It slowly returns, but as it does, the food tastes horrible and makes me not want to eat."

Along with the taste, hair loss and skin irritation, Grant said the feeling of isolation during her treatment is rough. Chemotherapy can weaken the immune system during treatment, so Grant stays close to home to avoid exposure to illness that her body cannot fight.

"I feel bad that I can't do all the usual things with my children, right now," she said.

After chemotherapy is complete, Grant will move on to radiation, which uses X-rays aimed directly at the part of her breast where her cancer was detected. This phase is an extra layer of precaution to eradicate any remaining undetectable cancers cells, which could allow her illness to return.

Fortunately, her prognosis is good, but will require regular follow-up.

"It is a long process, and it can be overwhelming, but now the end of treatment is in sight and things feel more manageable," Grant said, adding that before her mammogram she never had any symptoms or indication that she had breast cancer.

"Preventive care is essential. It is vital to get your routine mammogram. I am fortunate to have discovered my cancer early before it could spread and be harder to treat," Grant said.

TRICARE authorizes one mammogram every 12 months without referral to women ages 40 years old and older, and women ages 30 and older with a family history of breast cancer.

To learn more, contact your primary care team or contact a TRICARE-authorized radiology provider who does mammograms to schedule an appointment.

To locate a TRICARE-authorized radiology provider, visit <https://www.tricare-west.com/content/hnfs/home/tw/bene/provider-directory.html>.



by Maria Christina Yager/Munson Army Health Center Public Affairs Officer

**Michelle Grant, a public health nurse at Munson Army Health Center, checks in her co-worker, Karen King, for her flu shot Oct. 9 at MAHC. Grant is currently undergoing treatment for breast cancer and shared her journey so that others understand the importance of regular mammograms.**

**BREAST CANCER AWARENESS MONTH**

**DHA**  
Defense Health Agency

Defense Health Agency Graphic

**After skin cancer, breast cancer is the most common cancer diagnosed in women in the United States. Mammograms can detect breast cancer early, possibly before it has spread. Make your appointment today and learn more at: [www.health.mil/Breast-Cancer](http://www.health.mil/Breast-Cancer). Contact your primary care team or contact a TRICARE-authorized radiology provider who does mammograms to schedule an appointment. To locate a TRICARE-authorized radiology provider, visit <https://www.tricare-west.com/content/hnfs/home/tw/bene/provider-directory.html>.**

## FORT LEAVENWORTH LAMP

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Lt. Gen. Milford H. Beagle Jr. Commanding General  
Col. Duane Mosier Garrison Commander  
Scott Gibson Public Affairs Officer  
George Marcec Command Information Officer

### Fort Leavenworth Lamp Staff

Prudence Siebert Editor  
[ftvlampeditor@gmail.com](mailto:ftvlampeditor@gmail.com)

### FMWR Advertising Staff

Mary Manago Marketing Director  
[mary.f.manago.naf@army.mil](mailto:mary.f.manago.naf@army.mil), 913-684-1702

# 2024 Business Symposium

## “Elevate and Innovate”

# City of Leavenworth offers free business symposium Oct. 28

by City of Leavenworth Press Release

The City of Leavenworth Business Symposium will be from 8:30 a.m. to 1 p.m. Oct. 28 at the Riverfront Community Center, 123 S. Esplanade Street, in Leavenworth.

This event is free to attend.

Registration is encouraged and includes lunch. Register online for the symposium at <https://www.leavenworthks.org/ru/web-form/2024-business-symposium>.

This year's theme is "Elevate and Innovate." The City of Leavenworth invites local businesses and entrepreneurs to get new ideas, share insights and learn about beneficial programs.

The 2024 featured speaker is Dr. Jason Bosch from the Kansas Leadership Center.

Bosch brings an energetic approach to problem-solving in business and economic development based on adaptive leadership principles.

Visit <https://kansasleadershipcenter.org/team/jason-bosch/> for more about the featured speaker.

The event also features Kansas State University's Technology Development Institute discussing the product development process and what Kansas resources support the creation of new products and technologies.

Visit <https://www.k-state.edu/tdi/> for more information about the institute.

City of Leavenworth Mayor Griff Martin and city staff will be joined by local economic development organizations including the Grow Leavenworth County Development Corporation and Network Kansas to highlight local collaboration and support for new and growing businesses.

Other available resources include the U.S. Small Business Administration, University of Kansas Small Business Development Center, Leavenworth Main Street, Leavenworth and Lansing Area Chamber of Commerce and the Fort Leavenworth Employment Readiness Program.

During breaks, participants can meet with organizations that provide business resources, including the U.S. Small Business Administration, LCDC, Leavenworth/Lansing Chamber, Leavenworth Main Street and Fort Leavenworth Employment Readiness, at their booths.

For more information and to register, visit <https://www.leavenworthks.org/ru/web-form/2024-business-symposium> or scan the QR code in the ad below.

### Event schedule

8:30 a.m.

Welcome from Mayor Griff Martin

8:40-9:25 a.m.

Strategic Planning for Small Business

KU Small Business Development Center

9:30-10 a.m.

Business panel featuring innovation leaders

Great Western Manufacturing and Central Bag

10-10:10 a.m.

Break

10:10-11 a.m.

Session 1 – Evaluating, Protecting and Developing New Products

K-State Product Development/Technology Institute

10:10-11 a.m.

Session 2 – Capital and Support for Start Up Businesses and Expansions

U.S. Small Business Administration and

Grow Leavenworth County/Network Kansas

11 a.m.

An Elevated Approach to Problem Solving  
in Business and Economic Development

by Dr. Jason Bosch from the Kansas Leadership Center

11:45 a.m.

Lunch and follow-up questions for Dr. Bosch



## THE CITY OF LEAVENWORTH 2024 BUSINESS SYMPOSIUM

### “ELEVATE AND INNOVATE”

October 28

8:30am - 1:00pm

Riverfront Community Center  
123 S. Esplanade St.

CALLING ALL LOCAL BUSINESSES AND ENTREPRENEURS!  
FREE TO ATTEND! LUNCH PROVIDED



SCAN HERE TO REGISTER



# FLFHC employees help at LCHS, Mission Food Pantry for Day of Service

Fort Leavenworth Frontier Heritage Communities employees Bailey Graham, maintenance customer service representative; Mike Deal, maintenance technician; and Hope Roberts, maintenance customer service representative, joined by Crash the cat, frame artwork done by adoptable pets while volunteering at Leavenworth County Humane Society in Lansing, Kansas, Oct. 17 as part of the Michaels Organization's commemoration of the National Day of Service. FLFHC employees also volunteered at the Leavenworth Mission Food Pantry during the day of service.

"Their efforts reflected a strong commitment to giving back to the community, helping both animals and families in need. This day of service highlights the dedication of Frontier Heritage Communities employees to making a positive impact beyond their daily roles," said Leigh Brown, FLFHC assistant community director who volunteered with the group at LCHS.

Photos by Leigh Brown/Fort Leavenworth Frontier Heritage Communities Assistant Community Director



ABOVE: Fort Leavenworth Frontier Heritage Communities employees Hope Roberts, maintenance customer service representative; Mike Deal, maintenance technician; Bailey Graham, maintenance customer service representative; and Jessica Trout, warehouse supervisor, install a landscape border with Leavenworth County Humane Society Director Crystal Blackdeer Oct. 17 as part of the Michaels Organization's commemoration of the National Day of Service. FLFHC employees also volunteered at the Leavenworth Mission Food Pantry in Leavenworth during the day of service.

RIGHT: Fort Leavenworth Frontier Heritage Communities employees Mike Deal, maintenance technician, and Bailey Graham, maintenance customer service representative, install solar lights Oct. 17 at the Leavenworth County Humane Society in Lansing, Kansas. FLFHC employees volunteered at LCHS and Leavenworth Mission Food Pantry for the day of service.




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### ARMY FAMILY ACTION PLAN

Change begins with you



AFAP is a process that invites members of the Army Family to be agents of change. Establish and improve programs and services, develop and change policies and regulations, create legislation and amend laws.

SUBMIT YOUR AFAP ISSUE




Since 1983, over 700 issues have been raised at the Department of the Army level — and those have resulted in over 500 improvements for Soldiers, Families, and Army communities.

Fort Leavenworth's AFAP Conference

November 14, 2024  
8:30AM - 3:30PM  
Frontier Conference Center

Last day to submit issues: October 31, 2024



ArmyMWR.com/AFAP

# International Hall of Fame (continued from Page A1)

turned to their home countries and risen to the highest positions of uniformed leadership within their home countries' defense forces.

"This is an incredibly significant day — and this induction ceremony represents the fulfillment of the potential that resides within each student in this venerable military education institution and is a direct return on the investment made jointly by our respective militaries in the professional military education of our officers," said ceremony host Lt. Gen. Milford H. Beagle Jr., CGSC commandant and Combined Arms Center and Fort Leavenworth commanding general.

Hafizuddeain began his military career in 1985, commissioning in 1988.

He reached the pinnacle of his career in September 2023 with a promotion to general and appointment as the 30th chief of Army Malaysia.

The CGSC class of 2001 produced many successful alumni, Hafizuddeain explained, to include Chief of Staff of the Army Gen. Randy George.

He said he has kept in touch with many of his classmates who have forged historic military careers. These relationships are something he challenged the current Command and General Staff Officer Course students to create and nurture.

"I humbly stand before you today as one of the end products produced from CGSC Class 2001," Hafizuddeain said.

Sandor started his military career commissioning as an infantry officer in 1989.

He achieved the pinnacle of his career as the "Father of Hungarian Special Forces" in 2022 when he was named the first commander of the Joint Special Operations Command.

Sandor is also the first Hungarian CGSOC alumni to be inducted into the IHOF.

A scholar service member, Sandor studied three times in the United States, with his time at CGSOC being his first and most memorable stay in the United States, he said.

"The knowledge gained here and the experience of teamwork within my study group has helped me lead the formation of the Hungarian Special Operations Force and Hungarian Joint Special Operations Force in a more mature way, better prepared to face the challenges I have faced during that force development,"



Photo by Dan Neal/Army University Public Affairs Office

**Attendees of the Army University's Command and General Staff College International Hall of Fame induction ceremony stand at attention for the playing of the Malaysian and Hungarian national anthems at the Lewis and Clark Center Oct. 11. The event recognized Gen. Tan Sri Dato' Wira Muhammad Hafizuddeain bin Jantan — chief of army, Malaysian Armed Forces, Command and General Staff Officer Course Class of 2001, and the 300th inductee — and Maj. Gen. Tamas Sandor — service inspector special operations, Hungarian Armed Forces, CGSOC Class of 2003, and the first Hungarian inductee.**

Sandor said. "It was also this experience that taught me how to lead but also to encourage young, talented officers to seize the initiative because they may make mistakes, but learning from mistakes will make them better leaders and make the future army more successful."

Sandor shared that his CGSOC experience encouraged him to see the need for change and ability to answer "what if" questions to be effective and decisive leaders trusted within their formations.

In 1973, CGSC, the Kansas City Chapter of the Military Order of the World Wars, and the Alumni Association (now known as the CGSC Foundation) jointly established the IHOF.

The purpose of the IHOF is to provide a means of recognition for international graduates, who through military merit, attained qualifying positions of importance in their respective country's armed forces; or who have held an equivalent position by rank or responsibility in a recognized multinational military organization.

The IHOF has 81 different countries represented.

Each inductee's portrait hangs in the IHOF at the Lewis and Clark Center.

View photos from the event at <https://www.flickr.com/photos/usacgsc/albums/72177720321108201>.

Watch the ceremony at <https://www.facebook.com/ArmyUniversity/videos/885813320164099/>.



**ABOVE:** International Hall of Fame inductees Hungarian Maj. Gen. Tamas Sandor and Malaysian Gen. Tan Sri Dato' Wira Muhammad Hafizuddeain bin Jantan pose with their spouses in front of their IHOF portraits Oct. 11 at the Lewis and Clark Center.

**LEFT:** Malaysian Gen. Tan Sri Dato' Wira Muhammad Hafizuddeain bin Jantan, TOP LEFT, and Hungarian Maj. Gen. Tamas Sandor, BOTTOM LEFT, deliver remarks during their International Hall of Fame induction ceremony Oct. 11 in Eisenhower Auditorium at the Lewis and Clark Center.

Photos by Dan Neal/Army University Public Affairs Office

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# EPA fines military housing renovator for alleged lead-based paint violations

by Environmental Protection Agency Region 7 Public and Government Affairs Branch News Release

LENEXA, KAN. – E&J Painting LLC of Leavenworth, Kansas, will pay a civil penalty to resolve alleged violations of the federal Toxic Substances Control Act.

According to the U.S. Environmental Protection Agency, the company does home renovation work, including work on private military housing at Fort Leavenworth, and failed to comply with regulations intended to reduce the hazards of lead-based paint exposure during renovations.

“We must protect the men and women who serve and their families from the dangers of lead exposure,” said EPA Region 7 Enforcement and Compliance Assurance Division Director David Cozad. “Contractors who work in military housing must follow the law, and EPA is committed to holding them accountable when they don’t.”

According to EPA, E&J Painting, which also does business as Swann Painting, failed to obtain the required certification to renovate houses built before 1978 when lead-based paints were banned for residential use. Further, the company failed to notify homeowners of the potential for lead, retain required renovation records, post signs warning people to stay outside the renovation area, and clean dust and debris from renovation work sites.

EPA learned about the violations during an October 2023 site inspection and a February 2024 records inspection. In response to the alleged violations, E&J Painting agreed to pay a \$1,495 civil penalty and has obtained the required certification to comply with federal law at future renovation sites.

## Background

Companies that perform or hire sub-contractors to perform renovations must comply with regulations under EPA’s Lead Renovation, Repair, and Painting program. The regulations include requirements for contractors to obtain certification from EPA before performing renovations, as well as compliance with lead safety practices, records retention, and notification to homeowners about the hazards of renovation-related lead exposure. For more information on the program, visit [https://www.epa.gov/lead/lead-renovation-repair-and-painting-program?utm\\_source=utm\\_source%3DPressRelease&utm\\_medium=utm\\_medium%3DEmail&utm\\_campaign=utm\\_campaign%3DEnforcement&utm\\_term=utm\\_term%3DTSCA](https://www.epa.gov/lead/lead-renovation-repair-and-painting-program?utm_source=utm_source%3DPressRelease&utm_medium=utm_medium%3DEmail&utm_campaign=utm_campaign%3DEnforcement&utm_term=utm_term%3DTSCA).

Lead-contaminated dust from chipped or peeling lead-based paint in homes built before 1978 is one of the most common causes of elevated blood lead levels in children. Infants and children are especially vulnerable to lead-based paint exposure because their growing bodies absorb more lead than adults, and their brains and nervous systems are more sensitive to the damaging effects of lead. They can be exposed to multiple sources and may experience irreversible and lifelong health effects.

Reducing childhood lead exposure and the associated health impacts is a top priority for EPA.

To report a possible violation of these requirements, visit EPA’s Report Lead-Based Paint Complaints, Tips and Violations page at [https://www.epa.gov/lead/lead-renovation-repair-and-painting-program?utm\\_source=utm\\_source%3DPressRelease&utm\\_medium=utm\\_medium%3](https://www.epa.gov/lead/lead-renovation-repair-and-painting-program?utm_source=utm_source%3DPressRelease&utm_medium=utm_medium%3)



[https://www.epa.gov/lead/getcertified?utm\\_source=utm\\_source%3DPressRelease&utm\\_medium=utm\\_medium%3DEmail&utm\\_campaign=utm\\_campaign%3DEnforcement&utm\\_term=utm\\_term%3DTSCA](https://www.epa.gov/lead/getcertified?utm_source=utm_source%3DPressRelease&utm_medium=utm_medium%3DEmail&utm_campaign=utm_campaign%3DEnforcement&utm_term=utm_term%3DTSCA).

Find a lead-safe certified firm visit [https://www.epa.gov/lead/how-can-i-find-certified-renovation-firm-my-area?utm\\_source=utm\\_source%3DPressRelease&utm\\_medium=utm\\_medium%3DEmail&utm\\_campaign=utm\\_campaign%3DEnforcement&utm\\_term=utm\\_term%3DTSCA](https://www.epa.gov/lead/how-can-i-find-certified-renovation-firm-my-area?utm_source=utm_source%3DPressRelease&utm_medium=utm_medium%3DEmail&utm_campaign=utm_campaign%3DEnforcement&utm_term=utm_term%3DTSCA). To apply for lead-safe certification, visit

[https://www.epa.gov/lead/getcertified?utm\\_source=utm\\_source%3DPressRelease&utm\\_medium=utm\\_medium%3DEmail&utm\\_campaign=utm\\_campaign%3DEnforcement&utm\\_term=utm\\_term%3DTSCA](https://www.epa.gov/lead/getcertified?utm_source=utm_source%3DPressRelease&utm_medium=utm_medium%3DEmail&utm_campaign=utm_campaign%3DEnforcement&utm_term=utm_term%3DTSCA).

To learn more about lead exposure risks, visit [https://www.epa.gov/lead?utm\\_source=utm\\_source%3DPressRelease&utm\\_medium=utm\\_medium%3DEmail&utm\\_campaign=utm\\_campaign%3DEnforcement&utm\\_term=utm\\_term%3DTSCA](https://www.epa.gov/lead?utm_source=utm_source%3DPressRelease&utm_medium=utm_medium%3DEmail&utm_campaign=utm_campaign%3DEnforcement&utm_term=utm_term%3DTSCA).

# EPA Awards \$175K to K-State to support national radon hotline, website

by Environmental Protection Agency Region 7 Public and Government Affairs Branch News Release

LENEXA, KAN. – The U.S. Environmental Protection Agency announced a total of \$1 million in awards to six recipients to address asthma, radon and other indoor air health risks. One of those awards includes \$175,000 to Kansas State University.

These cooperative agreements will advance national policy and systems-level change to reduce indoor air risks and yield measurable environmental and public health benefits.

“With this funding, Kansas State University will continue their important work operating a national

radon hotline and a website where affordable radon test kits can be purchased,” EPA Region 7 Administrator Meg McCollister said. “Radon can’t be seen or smelled. It is essential that we test our homes for this leading cause of lung cancer among non-smokers, especially considering that many homes in our region have a high potential for elevated radon levels.”

Kansas State University will work to reduce lung cancer deaths by supporting radon testing and mitigation. This includes operating the national hotline (<https://sosradon.org/Contact>) and website (<https://sosradon.org>), conducting performance assessments of common

consumer-grade digital radon monitors, selling radon test kits, and working to increase the number of credentialed radon professionals.

Americans spend up to 90 percent of their time indoors, making indoor air quality a critical public health issue. For example, radon is the second leading cause of lung cancer in the United States, and asthma affects 25 million Americans, including nearly 5 million children, with poor and minority children suffering a greater burden of the disease.

These new awards will help efforts to:

- Prevent lung cancer by promoting testing and fixing homes, schools and

other buildings with elevated radon levels.

- Prevent asthma attacks, emergency room visits and other poor asthma health outcomes by supporting delivery, infrastructure and sustainability of environmental asthma interventions at home and school, with a focus on disproportionately impacted populations.

- Prevent other indoor air problems and associated poor health outcomes through expanded support of state and local efforts to improve indoor air quality by promoting best practices and policies.

Other organizations that were awarded \$175,000 each for the first year of the three-year cooperative

agreements include the American Lung Association, Conference of Radiation Control Program Directors, Public Health Institute, and National Center for Healthy Housing

Environmental Law Institute. For more information on the agreements, visit <https://www.epa.gov/indoor-air-quality-iaq/cooperative-agreement-funding-indoor-air-quality>.

To learn more about radon, visit <https://www.epa.gov/radon>. To learn more about asthma, visit <https://www.epa.gov/asthma>. To learn more about indoor air quality, visit <https://www.epa.gov/indoor-air-quality-iaq>.

## Background

Most homes throughout

EPA Region 7 are located in areas designated as EPA Radon Zone One or Two, indicating high or moderate potential for elevated radon levels. EPA Region 7 encompasses Iowa, Kansas, Missouri, Nebraska and nine tribal nations.

A map of EPA Radon Zones was developed in 1993 to identify areas of the U.S. with the greatest potential for elevated indoor radon levels, based on indoor radon measurement data, geology, aerial radioactivity, soil parameters and foundation types. To view EPA maps of Radon Zones, visit <https://www.epa.gov/radon/epa-maps-radon-zones-and-supporting-documents-state>.

# AAFES You Made the Grade Program offers students good-grade incentives

by Army and Air Force Exchange Service Public Affairs News Release

DALLAS – The Army and Air Force Exchange Service’s You Made the Grade Program is back for its 24th year, rewarding military students who earn good grades with exclusive discounts, prizes and savings.

All traditional and non-traditional military students in first through 12th grades, including those who are home-schooled, can bring their report cards to the customer service area each grading period to receive prizes.

“They say it takes a village to raise a child, and that philosophy is no different for military communities,” said Air Force Chief Master Sgt. Rich Martinez, the Exchange’s senior enlisted advisor. “Military families move up to nine times on average, according to the Department of Defense, and face other challenges, such

as a parent deploying, that can adversely affect schooling. What this program does is give students additional incentive in making good grades and maintaining them.”

Students with straight As will receive a \$20 Exchange gift card, and students with a B average will receive a \$10 Exchange gift card.

Students will also receive an Exchange coupon sheet that includes a free small fountain, frozen drink or bubbler beverage; a free kid’s meal at a participating Exchange restaurant; a free combo meal at a participating Exchange restaurant; a free kid’s hair service at The Barber Shop, Hair Studios, or Stylish Beauty Shops; 10 percent off a pair of headphones (excluding Apple and Beats); 10 percent off apparel and footwear; and a \$5 coupon at Exchange mall concessions or kiosks.

Students who are making progress on their specialized education programs can

participate, too. Parents can print a downloadable form at <https://www.aafes.com/Images/AboutExchange/YouMadeTheGrade/downloadform.pdf> and have their child’s teacher or school official sign it each grading period, indicating the modified grades of the student’s academic progress. Students and parents can bring the signed form to the customer service area at the PX or BX to earn You Made the Grade prizes. Exchange associates have been trained to accept the form.

Students who make the grade can enter a biannual worldwide sweepstakes for a chance to win a \$2,000, \$1,500 or \$500 Exchange gift card. Drawings take place in December and June.

To enter the drawing, students or parents can complete the form on the back of the gift card and mail it to: You Made the Grade, P.O. Box 227398, Dallas, TX 75222-7398.

# Pet of the Week



Maleficent is a 4-month-old kitten currently available for adoption at the Fort Leavenworth Stray Facility. Spay surgery, microchipping and vaccinations are included in her adoption fee.

Visit [www.FLSF.petfinder.com](http://www.FLSF.petfinder.com) for pet profiles, e-mail [fortleavenworthstrayfacility@gmail.com](mailto:fortleavenworthstrayfacility@gmail.com) for an adoption application, and call 913-684-4939 for more information.

The Fort Leavenworth Stray Facility, at 510 Organ Ave., is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday, and by appointment for pre-approved adopters. Call 913-684-4939 to schedule an appointment. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed. To apply to volunteer with the Fort Leavenworth Stray Facility, enter ZIP code 66027, then search for "stray animal facility" at <https://vmis.armyfamilywebportal.com/>.

Photo by Prudence Siebert/Fort Leavenworth Lamp



## Volunteer! Help Shelter Pets!

They need your help for walks and general care!

They enjoy the love, attention, and affections, too!

Several shifts to choose from

Want to know how to join our team?

Register at

<https://vmis.armyfamilywebportal.com/>.

Once registered, we will contact you and have you come in for a training with a team member.

After you train, you shadow two shifts. Then you are ready to help shelter pets!

Watch the **Fort Leavenworth Stray Facility** Facebook page for training events!

Once you register, train, and shadow, you can sign up for any shift you can cover.

Children under 18 can help, but they must be accompanied by an adult the entire shift.

Work with either our cats or dogs or both!



Fort Leavenworth Stray Facility

## Second Saturday is Back!



Every second Saturday of the month

We're back to being open every 2nd Saturday of the month for visitation and adoption/fostering of the animals at the facility!

You can find all of our adoptable pets at:  
[www.petfinder.com](http://www.petfinder.com) Fort Leavenworth

[fortleavenworthstrayfacility@gmail.com](mailto:fortleavenworthstrayfacility@gmail.com)

913-684-4939

510 Organ Ave  
Fort Leavenworth, KS  
66027

# Have the *Fort Leavenworth Lamp* delivered to your inbox!



Sign up to receive a reminder when a new issue of the *Fort Leavenworth Lamp* is posted by e-mailing [usarmy.leavenworth.id-training.mbx.pao-inbox@army.mil](mailto:usarmy.leavenworth.id-training.mbx.pao-inbox@army.mil).

THURSDAY  
OCTOBER 24, 2024



# LAMP

## Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

**THURSDAY  
OCTOBER 24**

**ACS Break the Silence**

**Glow Walk for DVAM**

**Starts at 6:30PM**

**Resiliency Center**

**FRIDAY  
OCTOBER 25**

**• BOSS Movie Post Theater:**

**Hocus Pocus (PG) • 7PM**

**• Haunted Homes Tour**

**6PM • Post wide**

**SATURDAY  
OCTOBER 26**

**• CYS Halloween Fun Run**

**8AM • FREE • Resiliency Center**

**• Zombie Fun Run**

**6PM**

MUNSON ARMY HEALTH CENTER

# TRUNK or TREAT

**5-7 P.M., THURS., OCT. 24**

Haunted House - Bounce House  
Indoor Trick or Treat Area

Volunteers/Candy Donations Welcome

Email [geteria.n.hunter.mil@health.mil](mailto:geteria.n.hunter.mil@health.mil) to sign-up a trunk!

*Break the Silence*

# Glow Walk

For Domestic Violence Awareness Month

Join Fort Leavenworth's Army Community Service for a powerful and illuminating evening dedicated to raising awareness of Domestic Violence.

**October 24  
6:30pm  
@ The Resiliency Center**

Stand in solidarity with Survivors as you walk the route, stop at interactive stations, hear their stories, and learn how you can support those affected by Domestic Violence.

Participants are encouraged to wear purple to represent the collective strength of our community in breaking the silence surrounding Domestic Violence. The walk will begin and end at the Resiliency Center with participants visiting stations along the route.

FREE and no registration required. Call 913-683-2537 for more information.

**BOSS presents HAUNTED CLASSICS!**

**4 FREE movies for October Halls!**

Post Theater/ Grant Ave  
Movies start at 7pm  
Must show your DoD ID at the door!

It's spooky season! Creepy cinema classics abound!

- Oct 4**  
**Beetlejuice PG 90min**  
Starting off with everyone's favorite wise guy, Beetlejuice will bring you back to 1988! Strap in, grab a zagnut, it's showtime!
- Oct 11**  
**Addams Family Values PG 94min**  
Calling all Morticias and Gomez! Snap your fingers along with this kooky classic from 1993!
- Oct 18**  
**Scooby-doo Zombie Island G 77min**  
"Kuh-roh Raggy! Zombies!"  
Jump into the Mystery Machine and travel back to 1998 to solve a mystery with Scooby and the gang!
- Oct 25**  
**Hocus Pocus PG 96min**  
Run amok, amok, amok with the Sanderson sisters in this 1993 cult classic.

Prepackaged snacks and drinks can be purchased at the snack bar. No outside food or drink are authorized.  
The snack bar is CASH ONLY.  
For all movies children 12 and under MUST be accompanied by an adult.  
For more info call 913-684-2700

**YOUTH SPORTS & FITNESS**

# Halloween FUN RUN

**SATURDAY, OCT 26**

Registration 8:00am - 8:45am  
Run Begins 9:00am

The Resiliency Center  
600 Thomas Ave

Participants under 12 will receive a Participation Medal, a Free Treat Bag, and entry into the Child and Youth Center Trick or Treat Zone!

Participants under 8 years old must run/walk with an adult 18+. Participants may run or walk the 1k or 5k event.

**FREE!**  
VOLUNTEERS ENCOURAGED

CALL 913-684-7525 / 7526 FOR MORE INFO

# SURVIVE THE ZOMBIE 5K FUN RUN

**OCTOBER 26 • 7PM**

**ARRIVE BY 6:30PM FOR RUN BRIEFING  
OLD USDB BACK PARKING LOT**

CAN YOU SURVIVE THE ZOMBIES?  
**THIS RUN IS LIKE NO OTHER, OUTRUN THE ZOMBIES AND YOU WIN. GET CAUGHT AND YOU TURN INTO ONE OF THEM!**

MEDALS WILL BE GIVEN TO THE TOP 3 WHO FINISH ALIVE!  
AGE GROUPS: 6 & UNDER, 8-11, 12-15, 16-18, 19-25, 26+

**THIS EVENT IS FREE AND REGISTRATION IS NOT REQUIRED!**

MWR PRESENTS WITH SUPPORT FROM THE FRIENDS OF THE FRONTIER ARMY MUSEUM

# FORT LEAVENWORTH HAUNTED TOUR

**Oct 25 & 26**

Starting at **6:00pm**  
**Old USDB  
310 McPherson**

Tours are approximately an hour and thirty minutes long and cover 1.35 miles.  
Be prepared to walk!

Tour groups are limited to 30 people or less. Groups will be spaced 15 minutes apart.

Open to the general public ages 13 and up.  
Non DoD ID card holders must have a Visitor's Pass to gain access to Ft. Leavenworth.

**FREE EVENT!**  
Please do not provide billing information.

The past is dying to meet you.  
[leavenworth.army.mwr.com](http://leavenworth.army.mwr.com)

# Trunk or Treat

Community Event!

**Friday, Oct. 25 • 1700-1900**  
**East Side Exchange Parking Lot**

Participants Welcomed! **Trunk or Treat Contest:**  
Best theme/decorations will win a \$100 Exchange Gift Card.

SignUp Sheets Located at Customer Service

FORT LEAVENWORTH

# RETIREE APPRECIATION DAY & HEALTH FAIR

We welcome you to this year's event! Munson Army Health Clinic is hosting a Health Fair for TRICARE beneficiaries. Flu shots and cancer screenings will be available. The Exchange and Commissary will also offer specials during the day!

**26 OCTOBER 2024 • LEWIS & CLARK CENTER**

DAY TIMELINE

- Registration starts at 8 a.m.
- The Opening Program starts at 9 a.m.
- Vendors, ID Cards, and Health Fair open at 10 a.m.

Stay informed of all benefits for Retirees at: [TRICARE.MIL](http://TRICARE.MIL) | [SOLDIERFORLIFE.ARMY.COM](http://SOLDIERFORLIFE.ARMY.COM) | [DFAS.MIL](http://DFAS.MIL)

# KILLER RANGE GRAND OPENING

**October 26  
1000 - 1400**

**FREE EVENT FOR MEMBERS!  
\$20 NON-MEMBERS  
SIGN UP AT BRUNNER RANGE  
913-651-8132**

**SCHEDULE:**  
1000 - 1200 OPEN SHOOTING SMALL ARMS  
1200 - 1400 STEEL CHALLENGE - PISTOL  
PRO AM - PISTOL AND RIFLE  
ACTION PISTOL

**ALL PARTICIPANTS WILL BE ENTERED IN A DRAWING FOR A HOLOSUN OPTIC!**

Register your weapons at the Visitor Control Center before the event. Killer Range is MWR's newest acquisition and is designed for target shooting enthusiasts. Featuring two 25 meter ranges and one 50 meter range with multiple target options. Killer Range was previously an Active Duty training and qualifying range and is now available to use through Brunner Range! We are excited to offer this new addition! Stay tuned for special events and fun shoots!



**Harrold Youth Center**

# Halloween Dance & Costume Contest

**Friday October 25 1900-2100 (7pm-9pm)**

Concessions will be available  
Music Provided by DJ Mile High  
Prize for the best costume  
Free Snacks

Cost: \$5 in advance or \$6 at the door  
Open to all Register Members

For more info please contact: 913-684-5118, 913-684-5131  
Or visit Harrold Youth Center @45 Biddle, Ft Leavenworth

## Fort Leavenworth School Year 24-25 SEASONAL CAMP WEEKS

For KG-5th grade

**NOW OPEN**

Winter Camp Week 1 23-27 December 2024 (Federal Holiday Closure 25 DEC.)

Winter Camp Week 2 30 December - 3 January 2025 (Federal Holiday Closure 1 JAN.)

Spring Break Camp 17-21 March 2025

Make a Request for Care at: **MILITARY CHILDCARE.COM**

To inquire about Hourly Care during a camp week or the specific activities & field trips planned, etc., **CONTACT OSAGE CDC/SAC (913) 684-3821**

For waitlist assistance **CONTACT CYS PARENT CENTRAL (913) 684-5138 or 4956**

**Additional Information:**

- A request is not required if your child is enrolled in the School Year 2024-2025 KG/SAC Before/After School Program at Osage CDC/SAC. These weeks are included as "Non-School" days in your childcare contract/fees.
- KG/SAC Care Options are set following the Fort Leavenworth USD 207 district calendar.
- Make a request for EACH child for EACH week requested (KG-5th grade).
- Parent Central will make offers no later than 30 days prior to the start of a camp week when vacancies exist. (Vacancies are determined by advanced patron notification of absence.)

**PLAN AHEAD!**  
2025 Summer Camp Weeks will be available to request in early January 2025.

# HALLOWEEN COSMIC BOWLING

**Oct 26 6pm - 9pm \$10**

Come out and have a fangtastic time at the Strike Zone! This special is so ghoul-d, it's scary!

Enter the costume contest to win fa-BOO-lous prizes!

- Kids Category
- Adult Category
- Overall Wackiest

For more information call 913-651-2195

**HARROLD YOUTH CENTER**

# MANSION OF CHILLS

ENTER IF YOU DARE

**\$5 PER PERSON \$15 PER FAMILY**

RECOMMENDED FOR AGES 10 AND OLDER  
Use Parental discretion for younger Children.

**HAUNTED HOUSE**

45 BIDDLE BLVD  
OCT 31 6PM - 8PM

For more information call 913-684-5118

# SKIES Music Recital

November 1st Pioneer Chapel Begins at 5:30pm

Family, friends, and music lovers! Come out and enjoy a free performance from the students at SKIES Unlimited Music Classes.

Performing:  
Piano  
Guitar  
Ukulele Strings  
Strings Ensemble

For more information call 913-684-3207

## DOMESTIC VIOLENCE AWARENESS MONTH

### WORKSHOP & WORKOUT!

Join the Family Advocacy Program for a WEEKLY Workshop & Workout for Domestic Violence Awareness Month!

**11:00a.m.-12:30p.m. Every Saturday in October!**

To Reserve Your Spot Call or Text 913-683-2537

600 Thomas Ave. Bldg. 198 Room 157

COMBINED ARMS RESEARCH LIBRARY

# READ & TREAT STORYTIME

**OCTOBER 31ST (W) 10AM**

IN THE LIBRARY ATRIUM BY THE MAIN STAIRCASE

PLEASE COME DRESSED UP, THERE WILL BE A TRICK-OR-TREATING OPORTUNITY AFTER STORYTIME!

**HARROLD YOUTH CENTER**

### New After School Classes OCTOBER 2024

**MONDAY ZUMBA**  
HARROLD YOUTH CENTER GYM 4:00-4:50  
October 7, 21 & 28th

**TUESDAY Weight Lifting and Strength Training**  
Gruber Fitness Center / 9th-12th Graders / Transportation Provided 4:00-4:50  
Oct 8, 15, 22, & 29

**WEDNESDAY Guitar Lessons with Mr Ron**  
4:00-4:50 at Harrold Youth Center  
Oct 2, 16, 23, 30

**THURSDAY AUTO CRAFT**  
Learn to change a tire, change the oil and other basic maintenance  
Auto Craft Center / 9th-12th Graders / Transportation Provided 4:00-4:50  
Oct 3, 10 & 24

The following classes are FREE for registered members  
For more information call 913-684-5118

Youth Sports & Fitness

# Winter Basketball Camp

Youth will learn valuable skills such as sportsmanship, rules, and basic basketball fundamentals all while having a ball!

**Registration Oct 15 - Dec 2**

**Camp Schedule**  
Ages 5 - 8 4:00pm - 5:00pm  
Ages 9 - 10 5:00pm - 6:00pm  
Ages 11 - 14 6:00pm - 7:00pm

**cost \$40**

Each Youth participant will receive a camp t-shirt. Must be centrally registered with Parent Central. Enrollment can be done at any CYS location.

Call for more info 913-684-7525 / 7526

**YOUTH SPORTS & FITNESS**

# Winter Sports

REGISTRATION October 15 - November 19

**Winter Youth Basketball**  
January 8 - March 1 \$50

Kinder (5 - 6 yrs old)  
1st & 2nd grade (7 - 8 yrs old)  
3rd & 4th grade (9 - 10 yrs old)  
5th & 6th grade (11 - 12 yrs old)

Start Smart Basketball ages 3 - 4 yrs old  
January 13 - February 24 (Monday Sessions)  
January 15 - February 12 (Wednesday Sessions) \$30

**Winter Youth Wrestling**  
January 9 - February 27 5 - 12 yrs old \$50

**VOLUNTEER HEAD COACHES NEEDED!**  
All Youth must have an updated sports physical before the first practice. Enrollment can be done at any CYS location if centrally registered. Webtrac enrollments can only be done with a current Youth Sports Physical.  
For more info call 913-684-7525 / 7526



30  
Wednesday, October 30, 2024 at 5:30 PM CDT  
Speaker Series: "Contribution to Victory: Western University and its role in World War I"  
100 Reynolds Ave, Fort Leavenworth, KS, United States, Kansas 66027

# Soldier and DoD Civilian Political Activity

- do's**
- ✓ Register to vote. Visit [fvap.gov](http://fvap.gov) for more information.
  - ✓ Vote in person or via absentee ballot.
  - ✓ Use voting assistance office for help and information.
  - ✓ Like a Facebook page or follow a social media account of a political party or candidate.

- don'ts**
- ✓ Wear uniform at political campaign or election event.
  - ✓ Post or make direct links on social media to a political party, candidate, campaign, group or cause.
  - ✓ Suggest others like, friend or follow a political party, candidate, campaign, group or cause.

Please note this list is not comprehensive. For complete guidance, see <https://dodsoco.ogc.osd.mil/ETHICS-TOPICS/Political-Activities/>

**Fort Leavenworth**

**Career & Education Fair**  
5 November, 10 am to 2 pm  
Frontier Conference Center

Open to Active Duty, Guard, Reserve, Retirees, Veterans, Family Members, Contractors, & DOD Civilians

Government, Law Enforcement, Contracting, Manufacturing, Sales, Logistics, Retail, Service, Technical, Educational, and Many Other Opportunities Available

For information call the Transition Assistance Program at 913-684-2227 or email [usarmy.TAP.leavenworth@army.mil](mailto:usarmy.TAP.leavenworth@army.mil)

Hosted by: Transition Assistance Program & the Family and Morale, Welfare and Recreation Directorate

Scan our QR codes & follow us on Facebook & LinkedIn for upcoming events & information

**Community Blood Center**

# Blood Drive

**Fort Leavenworth**  
Wednesday, Nov. 6<sup>th</sup>  
9:00 AM - 3:00 PM  
Frontier Chapel  
625 Thomas Avenue

Prepare to donate

- ✓ Eat well and hydrate
- ✓ Bring a photo ID
- ✓ Feel good and relax
- ✓ Must be 17 or 18 with parental consent form
- ✓ Meet minimum weight requirements

For full eligibility requirements and COVID-19 information, visit [www.donorservices.org/eligibility](http://www.donorservices.org/eligibility)

Appointments are preferred. Book your appointment today at [savealifenow.org/group](http://savealifenow.org/group), enter Group Code: BK or scan the QR code at right. For additional details, please contact Wendy Eisele at [weisele@cbckc.org](mailto:weisele@cbckc.org) or 816-351-1128.

Medical eligibility questions? Please call 800.688.0900.

877.468.6844 - [savealifenow.org](http://savealifenow.org)

**CASO Cultural & Area Studies Office**

## A CHINESE WAY OF WAR AND PEOPLE'S LIBERATION ARMY TODAY

**OPENING REMARKS:**  
BG MARK W. SIEKMAN - Deputy Commanding General, U.S. Army Reserve Combined Arms Center

**PANEL MEMBERS:**  
DR. GEOFF BABB - Professor, Dept of Military History, U.S. Army CGSC, Fort Leavenworth, KS  
LTC JASON HALUB - Advanced Strategic Leadership Studies Program, School of Advanced Military Studies (SAMS), Fort Leavenworth, KS  
DR. JOHN H. MODINGER - USAF (Ret), Associate Professor, School of Advanced Military Studies (SAMS), Fort Leavenworth, KS  
DR. JOHN T. KUEHN - Professor, Dept of Military History, U.S. Army CGSC, Fort Leavenworth, KS

**MODERATOR:**  
DR. MAHIR J. IBRAHIMOV (Dr. I.) - Director, Cultural and Area Studies Office, U.S. Army Command and General Staff College

**DATE:** Mon, 28 Oct, 2024  
**TIME:** 1300 - 1500 (CST)  
**LOCATION:** Arnold Conf. Room, Lewis and Clark Center, Fort Leavenworth, KS  
All welcome for the audience.  
For outstations, the event will be available live on CGSC's Facebook page at: <https://www.facebook.com/USACGSC>

**Fort Leavenworth Multicultural Families FRIDAY FUN DAY**  
Fridays @ The Resiliency Center Room 106  
9:30am - 11:00am

Friday Fun Days are all about exchanging ideas and customs, learning about US Military lingo and traditions, navigating life in the Midwest, and making connections with each month's themed activity!

**2024 - 2025 FRIDAY FUN DAY CALENDAR**

<b>September 13</b> Munson Walk-thru	<b>January 2025</b> No meet up! Enjoy your Holidays!	<b>May 9</b> Farewell
<b>October 11</b> Pumpkin Carving	<b>February 7</b> Valentine's Day Traditions 5 Love Languages Class	<b>June 27</b> Potluck
<b>November 8</b> Thanksgiving Potluck	<b>March 7</b> Spring Weather in Kansas Moving With Kids	<b>July 18</b> Education Fair
<b>December 13</b> White Elephant Gift Exchange Holiday Traditions	<b>April 9</b> Easter Traditions	

Friday Fun Day is FREE! Registration is not required. Call 913-684-2830 for more information. [leavenworth.armymwr.com](http://leavenworth.armymwr.com)

## KNOW YOUR WORLD PRESENTATIONS 2025

<b>POLAND</b>	<b>18 SEPTEMBER 2024</b>
<b>FIJI</b>	<b>30 OCTOBER 2024</b>
<b>PAKISTAN</b>	<b>29 JANUARY 2025</b>
<b>ECUADOR</b>	<b>19 FEBRUARY 2025</b>
<b>ANGOLA</b>	<b>26 MARCH 2025</b>

Presentations Start at 1545 in Eisenhower Auditorium and Streamed Live on the CGSC Facebook Page  
Open to the Public [ALL ARE WELCOME] to Attend or View Online  
All IMS WILL Attend//Presenting IMS' Section Expected to Attend

**LEAVENWORTH COUNTY VETERANS DAY PARADE**  
November 11, 2024  
10:30 am Downtown Leavenworth, KS  
Staging begins at 9 am

Go to [www.lvetsparade.com](http://www.lvetsparade.com) or scan the QR Code on the right for Parade Entry Submissions

**VETERANS DAY**  
"Serving Our Nation - Yesterday, Today, Tomorrow"  
105th Annual Parade  
REGIONAL SFE designation by U.S. Department of Veterans Affairs (Kansas, Missouri, Iowa, Nebraska, Colorado, and Oklahoma)

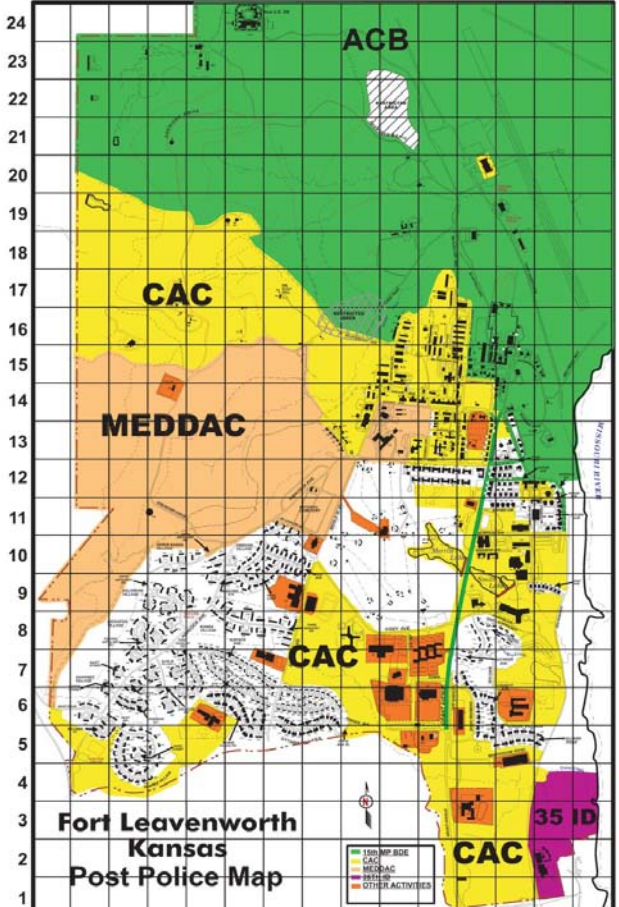
## INSTALLATION FALL CLEAN-UP

Community partners, civilians, and family members residing on Fort Leavenworth are requested to participate in an installation-wide clean-up to free the post of debris, waste, and environmental hazards. The CAC Subordinate Organizations, Garrison and Tenants are required to support.

**OCT. 28 - NOV. 15**  
SINGLE SOLDIER QUARTERS AND ALL INSTALLATION OFFICES: OCT. 28 - NOV. 1  
HOUSING AREAS: NOV. 4-8  
UNIT AORS (MAP): NOV. 12-15

FEEL FREE TO JOIN!

Contact us for more information:  
matthew.l.gill.civ@army.mil  
913-684-0051



Integrity. Dedicated Service. Financial Solutions. Anytime, Anywhere.

**frontierccu.org (913) 651-6575**

**Frontier Community Credit Union**  
Federally insured by NCUA

Join us monthly

# DATE NIGHT

6-10 PM @ Frontier Chapel

Meals & Childcare provided

Sponsored by Fort Leavenworth Chapel Community

Supported by

*Invest in your marriage this year!*

05 SEP, 03 OCT, 07 NOV, 05 DEC, 09 JAN, 06 FEB, 06 MAR, 03 APR, 01 MAY

Each Date Night begins with a faith-based marriage enrichment presentation. Then couples are released to go out on a date and further discuss the topic together. Children will remain safely supervised by childcare professionals at Frontier Chapel (6-10 pm or pick up kids earlier)!

For more information and to register scan the QR code or call 913-680-7336

CWOC meets Thursdays at 9:00am in the Pioneer Chapel Activity Room

**NEW**

CWOC Evening Meeting Thursdays, 6:00-8:00pm at Pioneer Chapel, Room 142

LEARN MORE >>

Find our complete calendar on Facebook 'CWOC Fort Leavenworth'

Fort Leavenworth Operation Christmas Child

The Chapel Community will hold their annual Operation Christmas Child event with the Samaritan's Purse Organization on Sunday, 17 November 2024.

To support, please bring donated items to the chapel services on Sunday, 17 November 2024, at Pioneer and Frontier Chapels.

WHEN: 19 November 2024

WHERE: Pioneer and Frontier Chapels, Fort Leavenworth, Kansas

Last Year: The 2023 Fort Leavenworth Operation Christmas Child supported Samaritan's Purse. The Operation allowed Fort Leavenworth Families and Service members to build a shoe box of supplies for children around the world. The Chapel Community brought in 222 shoe boxes containing hygiene, school supplies, cards, toys, and socks. We valued each shoe box with a price between \$20-40 per box.

More information: Mr. Carl Tillery (DRE): [carl.l.tillery.civ@army.mil](mailto:carl.l.tillery.civ@army.mil) or call 913-684-2210

UNCLASSIFIED

EFMP presents:

## SENSORY STORY TIME

Every 3rd Tuesday of the month  
9:30 am - 10:30 am  
@ The CARL Library

FREE and open to all DoD ID holders! All ages are encouraged to join!  
POC 913-684-2871 / 2838

### STORYTIME @ THE LIBRARY

Join us!

- Held in the Children's Room
- Every Tuesday @9:30a.m.
- Family Storytime (Open to all ages)
- Storytime with stay & play after

CARL LIBRARY

## Combined Arms Research Library STORYWALK®

StoryWalk® was created by Anne Ferguson of Montpelier, VT and has developed with the help of Rachel Senechal, Kellogg-Hubbard Library

### New story out each Monday

Read the Story

Take a Nice Walk

Enter into the book drawings

Thank you to the CGSC Foundation for sponsoring this event!

### Dental Assistant Training Program

American Red Cross Fort Leavenworth Dental Clinic Command

INTERESTED IN THE DENTAL ASSISTANT TRAINING PROGRAM?

The Dental Assistant Program is a combination of classroom and hands-on basic education and clinical skills. The program is designed to provide the skills necessary for volunteers to become employed at a Dental Treatment facility (DTF). Please note, employment is not guaranteed.

This is a valuable training opportunity where dental trainees MUST commit to a six (6) month period required for completion. First 2 weeks in lectures then rest of the 22 weeks in clinic hands-on experience.

Training day is from 0720-1600 Monday - Friday

- Must have valid DoD sponsored ID card
- Retiree or family member of active/guard/reserve retired with regular post access privileges.
- Must be 18 years old or older prior to start of program.
- High School Graduate or GED.
- Candidates must have or be willing to complete BLS training and vaccination requirements prior to start of program.
- There is no cost for those accepted.
- Candidates will be chosen based on application, essay, and individual interviews.
- Applications accepted, and interviews conducted now through 15 Dec 24
- Training begins on 3 Feb 25
- Contact American Red Cross today for an application packet!

START HERE FOR A GREAT OPPORTUNITY

American Red Cross  
[Jason.Ramlow@redcross.org](mailto:Jason.Ramlow@redcross.org)  
Phone: (816) 536-0108

### Free Dental Assistant Training

- Brought to you by the American Red Cross & the Ft. Leavenworth Dental Clinic Command
- 2 weeks lectures and 22 weeks chairside on the job clinical training (1000 hours total). All done as a volunteer.
- Must be military ID holder, HS grad, and age 18+ to apply.
- Training will be at Smith Dental Clinic, 520 Pope Ave.
- Applications available now and interviews held now through 15 Dec 24. Training begins on Monday, Feb. 3<sup>rd</sup>, 2025.
- Call the Red Cross at 816-536-0108 or email: [Jason.Ramlow@redcross.org](mailto:Jason.Ramlow@redcross.org) for an application.

## The Department of Military History presents

### A Confused Heap of Facts

Craving more history content? Long drive on a 3-day weekend and need a break from true crime? Lawn needs to be mowed (again) and your gym playlist isn't the right vibe?

A Confused Heap of Facts might be just what you need! It is a podcast hosted by the CGSS Dept. of Military History, where your professors discuss topics in military history, ranging from antiquity to the present.

### Broad-Gauge Gossips

Broad-Gauge Gossips podcast interviews DMH professors, allowing you to learn more about their research interests.

With over 90 episodes, covering a broad variety of topics and time periods, there's sure to be some something to scratch that history itch from the comfort of your couch, car, or lawnmower; no book required! Available at Apple with the QR codes above, or wherever you get your podcasts.

### ARMY FAMILY CHILD CARE (FCC)

Higher starting income! Opportunities to increase your income! Training included!

Earn a \$1k recruitment or relocation BONUS\*, too!

Work at home - Start a great career - Own your own business with FCC!

www.ArmyMWR.com/FCC



**STRONGHOLD DISTRIBUTION & HAPPY BOTTOMS**  
By Appointment Only  
[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2 Open Pantry & Happy Bottoms 11:00 - 1:00	3	4	5
6	7 DONATIONS 12:00-2:00	8 Open Pantry & Happy Bottoms 11:00 - 1:00	9 CLOSED	10	11	12
13	14 CLOSED	15	16 Open Pantry & Happy Bottoms 11:00 - 1:00	17 Volunteer Orientation TBD	18	19
20	21 DONATIONS 12:00-2:00	22	23 Open Pantry & Happy Bottoms 11:00 - 1:00	24	25	26
27 Back to the Basics Cooking Series	28 DONATIONS 12:00-2:00	29 Volunteer Orientation TBD	30 Open Pantry & Happy Bottoms 11:00 - 1:00	31		

### Stronghold Christmas Depot

- ★ Register a family in need
- ★ Donors & Sponsors Needed
- ★ Volunteer to Help

[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

### Become a Sponsor

Businesses, organizations, and individuals can sponsor a child (1) or a family (multiple children) to shop Stronghold's Christmas Depot.

Too busy to shop? You can provide a financial gift that allows Stronghold to purchase toys and clothing for military children on behalf of you, the sponsor.

All donations are tax deductible as allowed by law.

[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

### Hunger Buster Pack

POWERED BY: FTLV THRIFT STORE

Do you have a school aged child that could use a pack filled with breakfast, lunch, and snack goods to help them sustain a healthy active lifestyle over school break?

Bring your pack back for a REFILL or register online to pick up your pack.

**STRONGHOLD FOOD PANTRY**  
More than a food pantry.

### Make a donation

Donate new toys, books, art supplies, or clothing. These gifts will be carefully wrapped and gifted to military children.

If you are unsure of what to give, you can opt for a monetary donation that allows Stronghold to purchase gifts and items needed for military families.

All donations are tax deductible as allowed by law.

[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

### Register a Family

Families, in need of additional support, can register to participate in this year's Stronghold Christmas Depot.

Families will have the ability to shop for their child's gifts with dignity and care. Limited availability (kids 18 and under).

ALL information shared will be kept confidential.

[www.strongholdfoodpantry.org](http://www.strongholdfoodpantry.org)

### Stronghold: Happy Bottoms Program

Powered by: Rapid Response Charities

Free Monthly Diaper Distribution

Email: [contact@strongholdfoodpantry.org](mailto:contact@strongholdfoodpantry.org)

**STRONGHOLD FOOD PANTRY**  
More than a food pantry.

## Ft. Leavenworth International Loan Closet

Located in the alley off McClellan & Kearny  
Hours Vary, Check FB Page

**Donations & Volunteers Welcome**

# FAMILY ADVOCACY PROGRAM



Mon- Fri 8:00 am-4:00 p.m. with limited hours Thrs 1-4:00 p.m. | 913-684-HELP (4357) / 2800

## OCTOBER

Resiliency Center, 600 Thomas Ave, Building 198 \*\*\*ACS is closed for lunch from 1130-12:30pm daily\*\*\*

### Domestic Violence Awareness Month

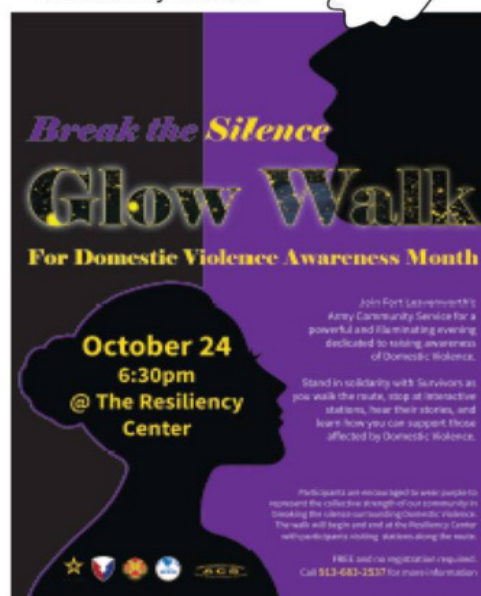
- NEW PARENT SUPPORT PROGRAM**  
\*Call 913-297-3212/9704 to register for NPSP events
- Stroller Walk**  
Tuesdays, 10:00am - 11:00am
- Toddler Time**  
Wednesdays, 9:00am Resiliency Center Playroom
- Story Time**  
Wednesdays, 10:00am Resiliency Center, Room 157
- Play Morning**  
Thursdays, 9:00am - 10:00am & 10:00am - 11:00am Resiliency Center, Playroom
- Breastfeeding Class**  
Oct. 7, 5:00pm - 7:00pm Resiliency Center, Room 157
- Newborn Care Class**  
Oct. 21, 5:00pm - 7:00pm Resiliency Center, Room 157
- Dad's Night Out**  
Oct. 23, 6:00pm - 8:00pm Restaurant TBD
- Potty Training Class**  
Oct. 28, 5:00pm - 7:00pm Resiliency Center, Room 157
- Mom's Night Out**  
Oct. 30, 6:00pm - 8:00pm Restaurant TBD



- FAMILY ADVOCACY PROGRAM**  
\*Registration Required for all FAP events
- Scream Free Parenting**  
Oct. 2, 1:00-2:30pm Resiliency Center, Room 145
- Anger Management Series**  
Oct. 3, 10, 17, 24, 1:30-3:00pm Resiliency Center, Room 145
- Mom & Me Crocheting**  
Oct. 4, 1:00-3:00pm Resiliency Center, Room 145
- Workshop & Workout**  
Oct. 5, 12, 19, 26, 11:00am-12:30pm Resiliency Center, Room 157
- Co-Parenting Workshop**  
October 7, 14, 21, 28, 12:00-1:00pm Resiliency Center, Room 145 virtual options available
- 5 Love Languages**  
Oct. 9, 1:00pm- 2:30pm Resiliency Center, Room 145

- Navigating the Teen Years**  
October 16, 1:00-12:30pm Resiliency Center, Room 145
- Anger Management**  
Oct. 17, 11:30am-1:00pm Resiliency Center, Room 145
- Positive Parenting**  
Oct. 18 & 25, Microsoft Teams
- Domestic Violence Awareness Glow Walk**  
Oct. 24, 6:30pm Resiliency Center

### Wear Purple on Tuesdays in Support of Domestic Violence Survivors!



<https://leavenworth.armymwr.com/> <facebook.com/FortLeavenworthACS> <facebook.com/FortLeavenworthFMWR> <https://home.army.mil/leavenworth/>

- Family Advocacy Program -  
**Victim Advocacy Program**

1 in 3 women and 1 in 4 men have experienced some form of domestic violence by an intimate partner in their lifetime.

If you or someone you know is experiencing violence by an intimate partner, please reach out to the victim advocacy program at 913.683.2537

Safety Planning

Victim Advocacy Services

Education & Support Group

October DOMESTIC VIOLENCE AWARENESS MONTH						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Wear Purple Tuesdays!	2 Scream Free Marriage Class 600 Thomas Ave. DVAM Proclamation Signing 1:30pm 600 Thomas Ave.	3 DVAM Fact Domestic Violence Occurs Every 9 Seconds	4 Couples Activity! Go For a Walk With Your Partner	5 Workshop & Workout 11:00-12:30PM 600 Thomas Ave.
Domestic Violence Awareness Table at PX & Commissary						
6 DVAM Fact 1 in 3 Women Have Been in an Abusive Relationship	7 Anger Management Class 10-11:30am 600 Thomas ave. Rm. 145	8 Wear Purple Tuesdays!	9 5 Love Languages for Couples 1-2:30pm 600 Thomas ave. Rm. 145	10 DVAM Fact 1 in 4 Men Have Been in an Abusive Relationship	11 Couples Activity! Read 5 Love Languages with Your Partner	12 Workshop & Workout 11:00-12:30PM 600 Thomas Ave.
Domestic Violence Awareness Table at PX & Commissary						
13 DVAM Fact Intimate Partner Violence accounts for 15% of all Violent Crimes	14 Co-Parenting Workshop 12-1:00pm 600 Thomas ave.	15 Wear Purple Tuesdays!	16 Co-Parenting Workshop 12-1:00pm 600 Thomas ave.	17 Anger Management Class 10-11:30am 600 Thomas ave. Rm. 145	18 Couples Activity! Movie Night With Your Partner	19 Workshop & Workout 11:00-12:30PM 600 Thomas Ave.
Domestic Violence Awareness Table at PX & Commissary						
20 DVAM Fact: Animal Abuse Increases Lethality in Relationships Where Abuse is Present	21 Co-Parenting Workshop 12-1:00pm 600 Thomas ave.	22 Wear Purple Tuesdays!	23 Co-Parenting Workshop 12-1:00pm 600 Thomas ave.	24 Break the Silence Glow Walk & Trick-or-Treat 6:00-7:30pm Resiliency Center 600 Thomas ave.	25 Couples Activity! Cook a Meal With Your Partner	26 Workshop & Workout 11:00-12:30PM 600 Thomas Ave.
Domestic Violence Awareness Table at PX & Commissary						
27 DV Resource: National Hotline 1.800.799.7233 Local DV hotline 913-683-2537	28 Co-Parenting Workshop 12-1:00pm 600 Thomas ave.	29 Wear Purple Tuesdays!	30 Co-Parenting Workshop 12-1:00pm 600 Thomas ave.	31 Family Activity! Trick-or-Treating! Happy Halloween!		
Domestic Violence Awareness Table at PX & Commissary						
Contact the Family Advocacy Program to Register for all classes listed above 913-684-2800						

## DOMESTIC VIOLENCE EDUCATION AND SUPPORT GROUP

**When:**  
November 7th and 21st  
December 5th & 19th  
January 2nd, 16th & 30th  
February 13th & 27th  
1:00PM-2:30PM

**THIS GROUP IS:**  
- SAFE  
- RELATABLE  
- EDUCATIONAL  
- RELEVANT  
- CONFIDENTIAL

**Where:**  
Resiliency Center  
600 Thomas Ave  
Room 145

FOR QUESTIONS CALL 913-683-2537

## MOM & ME CROCHETING

**Oct 4, Nov 1, Dec 6**  
1pm - 3pm  
Room 145  
600 Thomas Ave

Come on out and learn a new skill, or perfect an existing one! An instructor will be available to teach the basics.

"Stitch" together and bond with your kids!  
Supplies and snacks will be provided!  
Have a favorite yarn?  
You're welcome to bring it!

Please RSVP one day prior to class  
Call 913-684-2808/2800

**FREE! Ages 8+**

### UNITED STATES ARMY COMBINED ARMS CENTER AND FORT LEAVENWORTH SEXUAL HARASSMENT AND SEXUAL ASSAULT RESPONSE WORKFORCE

**Ms. Amanda Bonseigneur**  
Lead SARC  
Amanda.bonseigneur.civ@army.mil  
Office: 913-684-2810  
Cell: 913-704-9620  
Bldg 197, 632 McClellan Ave

**LTC Craig Arnold**  
Interim Supervisory SARC  
Team 1 SARC  
craig.d.arnold.mil@army.mil  
Office: 913-684-2818  
Teams: 520-692-8849  
Cell: 913-704-9604  
Bldg 197, 632 McClellan Ave

**SFC Jerri Osborne**  
Team 1 SARC  
jerri.Losborne.mil@army.mil  
Office: 913-684-1698  
Cell: 913-565-0741  
Bldg 77, Room 1209,  
290 Grant Ave

**SFC Jacob Roach**  
Team 3 SARC  
jacob.w.roach.mil@army.mil  
Office: 913-684-0956  
Cell: 913-547-5075  
835 Sabalu Rd

**Mr. Josh Belle**  
Team 4 Victim Advocate  
joshua.p.belle.civ@army.mil  
Office: 913-684-0956  
Cell: 913-680-5699  
835 Sabalu Rd

**Ms. Nicole Hernandez**  
Team 2 Victim Advocate  
Maureennicole.n.hernandez.civ@army.mil  
Office: 913-684-5230  
Cell: 913-544-9243  
Bldg 58, 614 Custer Rd

**Mr. Josh Belle**  
Team 4 Victim Advocate  
joshua.p.belle.civ@army.mil  
Office: 913-684-0956  
Cell: 913-680-5699  
835 Sabalu Rd

**Fort Leavenworth 24/7 SHARP Hotline**  
913-683-1443  
**DoD Safe Help Line**  
877-955-5247

**We Have Realigned Under a New Installation Model**

- Team 1** AAFES, ACS, AFC, ARI, CDID, Cemetery, CID, CPAC, DeCA, DES, DLA/DMPA, FMWR, LRC, MCCoE, MICC, Museum, NEC, PAO, RCI Housing, TDS/SJA, TRAC, USAFMSA, USAG HQ, USASMDIC, USD 207, and US STAG CMD.
- Team 2** CAC HQ, CAC-T HQ, MCTR, NSC, STB, TMD, 505th CCW and 500th/67th MP
- Team 3** ACB, MW/JRCF, USDB
- Team 4** Army U, CGSC, Dental, DLI, MAHC staff, Patients, SAMS, SOf, TRADOC, Veterinarian, and Other Service Staff tenant personnel

Find us on Facebook

WeCare App

#NotInOurArmy As of 13 August 2024

# ARMY COMMUNITY SERVICE



Mon- Fri 8:00 am-4:00 p.m. with limited hours Thrs 1-4:00 p.m. | 913-684-HELP (4357) / 2800

**OCTOBER** Resiliency Center, 600 Thomas Ave, Building 198 \*\*\*ACS is closed for lunch from 1130-12:30pm daily\*\*\*

**EMPLOYMENT READINESS PROGRAM** Offers job search assistance, job referrals, resume review and employment resources. Call to schedule one-on-one or register for classes.

**Federal Employment**  
Oct. 9, 9:00am - 11:00am  
Resiliency Center, Room 157

Follow us @Fort Leavenworth ERP on FB to find job announcements.

**ARMY VOLUNTEER CORPS (AVC)**

To register for a volunteer account or find volunteer opportunities visit:  
<https://vmis.armyfamilywebportal.com/>



**CALL ACS TO REGISTER FOR CLASSES TODAY!  
ALL EVENTS LISTED ARE FREE!**

<https://leavenworth.armymwr.com/>



**SURVIVOR OUTREACH SERVICES**

Follow us on FB to find job announcements.  
<https://www.facebook.com/FortLeavenworthSurvivorOutreachServices>

**EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)**  
\*Registration Required for EFMP events

**EFMP Refreshing Conversations**  
Oct. 3, 10:00am -11:00am,  
Resiliency Center

**EFMP Playground Palooza**  
Oct. 8, 10:00am -11:00am  
EFMP Playground

**EFMP Recreational Bowling**  
for EFMP Families  
Oct. 5, 12:00pm-2:00pm  
Strike Zone Bowling Center

**RELOCATION READINESS PROGRAM**

**In-Processing Brief** Tuesdays,  
9:00am - 10:00am Resiliency Center, Room 157

**OCONUS Levy Brief** Tuesdays,  
10:00am - 11:00am Resiliency Center, Room 157

**Multi-Cultural Families Friday Fun Day- Pumpkin Carving**  
Oct 11, 9:30am - 11:00am  
Resiliency Center, Room 106

**Hearts Apart Bowling for Families of Deployed Service Members**  
Oct. 5, 12:00pm-2:00pm Strike Zone Bowling Center

**Lending Closet**  
Are you In/Out-Processing and need essentials? ACS has short-term basic items to help you get by.

- kitchenware
- cookware
- small appliances



**ARMY EMERGENCY RELIEF (AER)** provides emergency assistance to active duty service members, their families, and retired service members.

For emergency financial assistance during normal duty hours, call the ACS main line, and after hours, weekend or holiday, call the American Red Cross Call Center at 1-877-272-7337.

Command/Troop Training is also available upon request.



**FINANCIAL READINESS PROGRAM** Offers appointments & classes by request on TSP, BRS/Continuation Pay, financial counseling, budgeting, retirement, major life events (marriage, divorce, new child, illness & more).

<https://leavenworth.armymwr.com/>

[facebook.com/FortLeavenworthACS](https://facebook.com/FortLeavenworthACS)

[facebook.com/FortLeavenworthFMWR](https://facebook.com/FortLeavenworthFMWR)

<https://home.army.mil/leavenworth/>

**Employment Readiness Program Classes**

ACS Classroom • Resiliency Center, 600 Thomas Ave.  
Wednesdays • 12PM - 2PM\*



**Resume Writing:**  
Mar 20\* • June 19\* • July 17\*  
Aug 14\* • Sept 25\*  
**Evening Classes:**  
May 22 • Aug 14 - 5PM - 7PM  
Registration required for evening classes



**Federal Employment:**  
Jan 17\* • Mar 6\* • April 10\*  
May 8\* • June 5\* • July 10\*  
Aug 7\* • Sept 11\* • Oct 9\* • Nov 6\*  
**Evening Classes:**  
May 15 • Aug 7 - 5PM - 7PM  
Registration required for evening classes

Scan QR Code for more info!

\*Classes are from 12PM - 2PM\*  
Registration is required for evening classes only.  
Open to DoD ID card holders.

For more info call:  
(913) 684-2800



**Every 2nd Tuesday from 9am - 10am @ The EFMP Playground**  
(through the month of October 2024)

Come out and get to know other EFMP Families while the kids play! Every month there will be a NEW and EXCITING activity for the kids!  
Open to EFMP Families only.

Registration is required the Friday before the event.  
Call 913-684-2871 or 913-684-2800 for more info

**Activities\***  
May- Chalk Art  
June- Art Easels  
July- Popsicles  
August- Bubbles  
September- Juice Boxes  
October- Pumpkin Decorating  
\*Subject to change

**EFMP** Exceptional Family Member Program

**ACS Employment Readiness Program Menu of Services**

One-on-one appointments and workshops to assist with:

- Career exploration and planning
- Skills and personality assessments
- Education and skills attainment
- Civilian and Federal resume assistance
- Employer referral and job search assistance
- Interview skills and professionalism

For more information, contact the ACS Employment Readiness Program Specialist  
913-684-2835/2800

**EFMP RECREATIONAL BOWLING**

Every first Saturday of the month  
12:00pm - 2:00pm  
Strike Zone Bowling Center  
165 Fourth St

Meet other EFMP families! EFMP Recreational Bowling is a fun way to socialize, and sharpen fine motor skills.

All ages welcome!  
**FREE** for the entire family including shoes! Bumpers, bowling ramps, and lightweight bowling balls are available.

Pre-registration is required the Wednesday before the event.  
Call 913-684-2800 for more info or to register

Need to talk to someone who "gets it"?  
Come join your fellow EFMP Spouses for

**"Refreshing Conversations"**

Let's talk about the topics that impact our EFMP community!

Every first Thursday of the month in the ACS classroom @ The Resiliency Center 10:00 am - 11:00 am

TEAMS calls will be available starting August 1 from 1:00pm - 2:00pm

**Aug 1  
Sep 5  
Oct 3  
Nov 7  
Dec 5**

Enjoy light refreshments, a delicious drink of the month, and great conversation!

Please register by calling 913-684-2800 or 913-684-2871

**ACS AND FAP PRESENTS: POSITIVE PARENTING VIA MICROSOFT TEAMS • 1:30PM - 3PM**

ROUND 1: OCTOBER 18, OCT 25, NOV 1, AND NOV 8  
ROUND 2: NOV 22, DEC 6, DEC 13, AND DEC 20  
ROUND 3: JAN 10, JAN 17, JAN 24, JAN 31  
ROUND 4: FEB 7, FEB 14, FEB 21, FEB 28  
ROUND 5: MAR 7, MAR 14, MAR 21, MAR 28

THIS FOUR-WEEK COURSE IS DESIGNED TO HELP PARENTS DEVELOP NEW-FYTH DISCIPLINE STRATEGIES, BUILD STRONG RELATIONSHIPS, AND MEET THE NEEDS OF CHILDREN OF ALL AGES.

FREE AND OPEN TO DOD ID CARD HOLDERS IN-REGISTRATION IS REQUIRED AND MUST BE DONE THE DAY BEFORE THE FIRST DAY OF TRAINING. PARTICIPANTS MUST ATTEND EACH DATE IN THE ROUND OF THEIR CHOICE.

INFO REGISTRATION: (913) 684-2800/2822

**ARMY COMMUNITY SERVICE ACS**  
Real-Life Solutions for Successful Army Living

Victim Advocate Hotline: (913) 684-2537  
Child Abuse Hotline: (913) 684-2111  
SHARP Hotline: (913) 683-1443  
Chaplain: (913) 683-1443  
AER Assistance After Hours:  
American Red Cross at (877) 272-7337

**VOLUNTEER BASICS**

JAN 10 • MARCH 15 • MAY 15 • JUNE 26 • AUG 26 • SEPT 4  
ACS CLASSROOM • 600 THOMAS AVE.  
TIME: 12PM - 1PM

DO YOU WANT TO MAKE A DIFFERENCE IN OUR COMMUNITY? IF SO, THEN BE SURE TO CHECK OUT VOLUNTEER BASICS. LEARN ABOUT VOLUNTEER OPPORTUNITIES ON FORT LEAVENWORTH AND IN THE COMMUNITY. PARTICIPANTS WILL LEARN THE BENEFITS OF VOLUNTEERING AND HOW TO PROPERLY LOG MOVIES INTO THE VOLUNTEER MANAGEMENT INFORMATION SYSTEM (VMS).

REGISTRATION IS NOT REQUIRED. JUST SHOW UP.

INFO: (913) 684-2825

**ACS New Parent Support Prenatal Classes**

**Childbirth Classes:**  
Series of three classes  
January 8th, 22nd, 29th  
March 4th, 11th, 18th  
May 6th, 13th, 20th  
July 15th, 22nd, 29th  
September 16th, 23rd, 30th  
November 4th, 18th, 25th

**Newborn Care Classes:**  
February 12th  
April 15th  
June 10th  
August 12th  
October 21st  
December 9th

**Breastfeeding Classes:**  
February 5th  
April 8th  
June 3rd  
August 5th  
October 7th  
December 2nd

Free for Expectant Parents!

600 Thomas Ave  
Room 157  
All classes are from 5 pm - 7 pm

Deadline for Registration is the Friday before the class. Pre-registration is required.  
Contact 913-297-3212

Come join us to learn the cues to look for when deciding to potty train! Learn valuable tips to get you started!

**ACS New Parent Support Potty Training**

Are you ready?

600 Thomas Ave  
Room 157  
2/26, 4/22, 6/17, 8/19,  
10/28, 12/16  
5 pm - 7 pm

Time to lose the diapers?  
FREE  
For Parents of Children aged 0-4 years  
\*Pre-registration Required\*  
Deadline is Friday before class  
Contact 913-297-3212

**Stroller Walk & Talk**

Meeting at  
The Resiliency Center  
600 Thomas Ave  
Every Tuesday Morning  
March - May  
Oct - Nov  
10am - 11am  
June - Sept  
9am - 10am

This is a FREE opportunity to meet other parents of small children, get healthy and socialize all while enjoying the walking paths of Ft. Leavenworth!

Offered to expecting parents and to parents of children through 3 years of age. Must bring your own stroller. Register the day before!

POC 913-297-3212

**MOM'S NIGHT OUT**

This NEW event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.

Jan 31 • Feb 28 • March 27 • April 24  
May 29 • June 26 • July 31 • Aug 28  
Sept 25 • Oct 30 • Nov 20 • Dec 11

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old.

Info: (913) 297-3212 or (913) 684-2800

**DAD'S NIGHT OUT**

Dad's Night Out is offered by ACS New Parent Support Program for Dads of children 0-3 years of age to get out of the house without the kids and meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.

Jan 24 • Feb 21 • March 20 • April 17  
May 22 • June 12 • July 24 • Aug 21  
Sept 18 • Oct 23 • Nov 13 • Dec 4

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Dads with children 0-3 years old.

For more info: (913) 297-3212 or (913) 684-2800

**SCREAM FREE Parenting**

ACS Conference Room 145  
600 Thomas Ave  
From 1:00 - 2:30pm  
June 5, July 10, Aug 7,  
Sept 4, Oct 2, Nov 6  
Dec 4

Feeling frustrated? Overwhelmed? Let us help you focus on staying both calm and connected with your loved ones. We'll work together to find the tools to revolutionize your relationships with your children.

This class is recommended for parents with children aged 5+.

FREE  
Open to all DOD ID holders 18+  
leavenworth.armymwr.com

Call to register (deadline is day before training)  
913-684-2811 / 2808

ACS Family Advocacy New Parents Support Program Presents

**Toddler Time Playgroup**

- Free toddler play group.
- Open to ages 2-3 years old with adult.
- Offers an introduction to preschool routines, explores educational concepts, and builds social skills through hands on experiences and activities.

**Wednesdays @ 9:00am**

Located at the Army Community Service Resiliency Center  
600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text 913-297-3212 or 913-297-9704

ACS Family Advocacy New Parents Support Program

**Play Morning**  
Thursdays from 9-11:00 a.m.  
Ages 3 months - 3 years with Guardian • Resiliency Center

Free play group for ages 3 months - 3 years and their parents/guardians.

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.

Army Community Service | Resiliency Center | 600 Thomas Ave. | Fort Leavenworth, Kansas  
Registration required, cut off is day before event (913) 297-3212 or (913) 684-2800

**5 Love Languages of Teenagers**

Do you ever feel like you and your teen are speaking another language?

The "5 Love Languages of Teenagers" class is geared toward caregivers that want to communicate with their teens in a way that everyone feels heard, understood, and most importantly loved.

ACS Classroom 145  
Feb 14, May 8, Aug 14, Nov 13  
1-2:30pm  
FREE

Open to all DOD civilians, active duty, and retired military that are caregivers raising teens  
Call to register (deadline is day before class)  
913-684-2822 / 2808

ACS Family Advocacy New Parents Support Program Presents

**Storytime!**

Free  
Open to ages 3 months - 3 years old with adult.

Join us for storytime to use our imagination and develop a love of books

Storytime fosters early literacy skills, language development, and social growth.

**Every Wednesday @ 10:00 am**

Located at the Army Community Service Resiliency Center  
600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text 913-297-3212 or 913-297-9704

**5 Love Languages of Teenagers**

Do you ever feel like you and your teen are speaking another language?

The "5 Love Languages of Teenagers" class is geared toward caregivers that want to communicate with their teens in a way that everyone feels heard, understood, and most importantly loved.

ACS Classroom 145  
Feb 14, May 8, Aug 14, Nov 13  
1-2:30pm  
FREE

Open to all DOD civilians, active duty, and retired military that are caregivers raising teens  
Call to register (deadline is day before class)  
913-684-2822 / 2808

**Financial Readiness Milestone Training**

Are you financially prepared for what life throws your way? Let us help! We offer free Financial Readiness Training on a variety of subjects.

Some of the topics we will discuss:  
Pre-Deployment  
Post-Deployment  
PCS  
Marriage  
Divorce  
Vesting in TSP  
Promotion  
First Child  
Continuation Pay  
Disabling sickness/injury/condition

Held monthly every 2nd & 4th Thursday @ 0900am - 1100am.  
Bldg 198 Room 157

INFO: 913-684-2852 / 2800

**Anger Management Course**  
The Resiliency Center Room 145

Our 8 week Anger Management Course will teach you a new tool every week to stay cool and collected in even the most difficult of settings.

Each week will have real world scenarios, instant feedback, and an opportunity to apply each newly acquired skill in a group setting.

Feeling lost in the storm? We can help.

Round 1:	Round 2:
1:30pm - 3:00pm	1:30pm - 3:00pm
October 3, 10, 17, 24	January 9, 16, 23, 30
November 7, 14, 21	February 6, 13, 20, 27
December 5	

FREE and open to all DOD ID card holders 18+  
Deadline to register is the day before the first day of training. Participants must attend each day in the round.  
Virtual Attendance is available through TEAMS.  
Call 913-684-2808 / 2822 for more info

ACS FAP Presents:  
**5 Love Languages for Couples**

January 10 • July 10 • October 9 // 1:00PM-2:30PM  
ACS Classroom 145

The 5 love languages couples focuses on the strengthening the connections while learning the core patterns when speaking or giving love to others, and how love is received. Learn how to stay connected, translate love languages and improve relationships.

Deadline to register is day before each class.  
FREE and open to DoD ID card holders 18+.  
For more info: (913) 684-2811/2808

Scan the QR Code for more info about FAP.

**LET'S PLAY!**

**NEW FOR 2024!**  
**ADULT SPORTS**  
**Doubles Pickleball League**

**Player's Meeting**  
 Wednesday Oct 23  
 5:30pm @ Gruber Fitness Center  
 Letters of Intent due COB Wednesday Oct 30

**Harney Sports Complex**  
**New to Pickleball?**  
 That's okay! This fast growing sport is described as a hybrid of tennis, badminton, and ping pong. It's played on a badminton sized court with a net, hard paddles and perforated plastic balls. There may be less running than tennis, but don't let that fool you! Players can burn serious calories during just 30 minutes of play!

**Games**  
 Mondays & Wednesday 5:30pm - 8:30pm  
 Harney Sports Complex

**Open to Active Duty, DOD Civilians, Retirees, Dependents, and Contractors working on Fort Leavenworth that are 18+**

Call 913-684-3224 / 5136 for more information

**League play starts**  
 Wednesday Nov 6 - TBD

League awards are given for regular season champions, tournament runner-ups, and tournament champions.

**2024 FT LEAVENWORTH CAC GOLF SCRAMBLE SERIES**

April through October; last Friday of each Month

\$50 Members; \$60 Non-Members; Includes all Fees, Range, Lunch, Beverages, Tee Gift and Prizes.  
 Lunch and Driving Range Open at 1200; Shotgun start at 1300\*  
 \*July & August 1200 start  
**APR 26, MAY 31, JUN 28, JUL 26, AUG 30, SEP 27, OCT 25**

Trails West Golf Course // 306 Cody Rd  
 To register or for additional information call 913-651-7176

**FUN SHOOT**  
 Brunner Range  
**1st Saturday of the Month**

**Jan 6 - Dec 7 2024**  
 Feb 3, Mar 2, Apr 6, May 4, Jun 1, Jul 6, Aug 3, Sep 7, Oct 5, Nov 2,

Registration is required and can be done the day of the event from 9AM-10:30AM.

Space is limited so register early.

Rental guns and shells are available or bring your own.

Prizes and awards distributed at the end of each shoot.

Info: (913) 651-8132  
 701 Sheridan Drive

**TURKEY TROT SK**

**16 NOVEMBER 2024 - 0800**  
**HARNEY SPORTS COMPLEX**

INDIVIDUAL \$20 - FAMILY OF 3 \$40  
 REGISTER BY NOV 14 TO GUARANTEE A T-SHIRT

REGISTER AT THE RESILIENCY CENTER  
 \*406 THOMAS AVE, BLDG 116 - ROOM 22E\*  
 OR AT HARNEY OR GRUBER GYMS

SAME DAY REGISTRATION BEGINS AT 0600  
 AT HARNEY SPORTS COMPLEX

**1<sup>ST</sup> PLACE IN EACH AGE DIVISION WINS A TURKEY!**

MEDALS: 1<sup>ST</sup>-3<sup>RD</sup> in each age division (male & female)  
 Ages 8-12, 13-19, 20-29, 30-39, 40-49, 50-59, 60+

**WEIGHTLIFTING**

First Class is Free!

Learn proper Olympic Lifting technique and how to safely resistance train. Programming is designed to increase Muscle Mass, Strength, and Power. Resistance training has been shown to increase bone density, metabolic rate, cognition, reduce fat accumulation, lower risk of heart disease, and so much more. Start enjoying the benefits!

CLASSES MEET MON, WED, FRI 9:00-10:15 AT HARNEY GYM  
**\$10 DROP IN RATE OR \$75 MONTH**

FOR MORE INFO, (913) 684-2190

**913 WEIGHTLIFTING**

**FUNCTIONAL FITNESS CLASSES**

**CLASSES**  
 Monday - Friday  
 9:00-10:15am  
 Harney Gym  
 185 Fourth Street  
 Fort Leavenworth, KS

**ABOUT**  
 Classes are designed to increase strength, power, speed, agility, and aerobic capacity by Olympic lifting, weight lifting, gymnastics, and plyometrics. This class is ideal for beginners and elite. Get healthier, get stronger, live longer. Enjoy professional programming in a supportive, encouraging environment.

**PRICING**  
 Monthly rates  
 3x week \$75  
 5x week \$85  
 Drop in \$10

For more info:  
 949-291-0386

**A WOMEN'S ONLY FREE JIU-JITSU SEMINAR**  
 WITH COACH DON CASTRO

**NOVEMBER 2<sup>ND</sup> (Saturday)**  
 Beginner / Advanced Women  
**FREE JIU-JITSU SEMINAR**  
 1130 - 1230  
 GRUBER FITNESS CENTER

**REGISTRATION IS LIMITED**  
**SIGN UP EARLY**  
 POC: 254-346-7156

**CLOTHING:**  
 Appropriate Gym Attire  
 Gi / No Gi Attire recommended

Starting August 19th, 2024

**Fort Leavenworth Group Fitness Classes**

**GRUBER FITNESS CENTER** - 200 Reynolds Ave. - 684-5120  
 Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530			Spin (Karyn)			
0930		Zumba (Lydia)		Zumba (Lydia)		
1200						
1630	Hot Yoga (Kim)	Zumba (Lydia)	Power Cycling (Kim)	Zumba (Lydia)		
1730			Power Yoga (30min) (Kim)			

**HARNEY SPORTS COMPLEX** - 185 Fourth St. - 684-2190  
 Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

\*Power Cut classes are held in the Bubble Gym

Single Ticket For \$5.00  
 10 Tickets For \$45.00  
 20 Tickets For \$80.00

U.S. ARMY SPORTS • FITNESS • AQUATICS

<https://leavenworth.armymwr.com>

**Independent Instructor Class Schedule**

**Gruber Fitness Center**

Monday	Tuesday	Wednesday	Thursday	Friday
	Brazilian Jiu-Jitsu Beginner 1830-1930	Brazilian Jiu-Jitsu Beginner 1830-1930	Brazilian Jiu-Jitsu Beginner 1830-1930	
	Advanced 1940-2040	Advanced 1940-2040	Advanced 1940-2040	

1 x a week - \$60 2 x a week - \$75 3 x a week - \$85 Drop in \$20  
 First class is FREE! Must have 24 hour access to gym. Classes are 18+ Register in person

**Harney Sports Complex**

Monday	Tuesday	Wednesday	Thursday	Friday
Olympic Lifting 0900-1015	Resistance Training 0900-1015	Olympic Lifting 0900-1015	Resistance Training 0900-1015	Olympic Lifting 0900-1015
Kids Olympic Lifting 1600-1700 Bubble Gym		Kids Olympic Lifting 1600-1700 Bubble Gym		

Olympic Lifting - \$75 (3 days) \$70 (2 days) \$10 (drop in)  
 Resistance Training - \$70 (2 days) \$10 (drop in)  
 Kids Olympic Lifting - \$75 (NO drop in)  
 First class is FREE! Olympic Lifting and Resistance Training is for 18+

Harney Sports Complex & Aquatics Center  
 185 Fourth St  
 Ft. Leavenworth, KS  
 913-684-2190

Gruber Fitness Center  
 200 Reynolds Ave  
 Ft. Leavenworth, KS  
 913-684-5120



**BRAZILIAN JIU-JITSU CLASSES**  
With Coach Don Castro

**TUESDAY & THURSDAY**  
1830 - 1930 **BEGINNER**  
1940 - 2040 **ADVANCED**  
\*Must have 24 Hour Access\*  
\*Register IN PERSON at the Front Desk, during business hours\*  
\*Gi and No Gi will alternate every other week.\*

GRUBER FITNESS CENTER  
220 REYNOLDS AVENUE  
FORT LEAVENWORTH, KANSAS 66027  
POC: 294-436-7156

**Discover Fort Leavenworth's Fitness Facilities**

Harney Sports Complex and Aquatics Center  
185 Fourth St  
913-684-2190  
M-F 0500-1800  
Sat-Sun 0800-1700

Gruber Fitness Center  
200 Reynolds Ave  
913-684-5120  
M-F 0500-1800  
Sat-Sun 0800-1700

**YOU'RE JUST A CLICK AWAY FROM A HEALTHIER YOU!**

**Adult Sports & Fitness**  
Scan Here for current information about adult intramural sports, pool hours, eligibility, how to register for 24/7 access, and special programs!

**Group Fitness**  
Scan Here for current fitness classes, schedules, fees, and eligibility. FREE for Active Duty!

**WE OFFER 24/7 Gym Access**  
(After registration)  
**LET'S GO!**

**DECIDE TO COMMIT TO SUCCESS**

leavenworth.armymwr.com

**October - December Workshops**

Watercolor	Acrylic
<b>\$30 per workshop</b>	Cost includes all supplies!
<b>Watercolor (Basic Techniques)</b> Wednesday, Oct 9 11am - 1pm Tuesday, Nov 5 6pm - 8pm	<b>Acrylic (Basic Techniques)</b> Tuesday, Oct 15 6pm - 8pm
<b>Watercolor (Color Theory)</b> Wednesday, Oct 16 11am - 1pm Tuesday, Nov 12 6pm - 8pm	<b>Acrylic (Intermediate)</b> *Must sign up for both Tuesday, Oct 22 6pm - 8pm Tuesday, Oct 29 6pm - 8pm
<b>Watercolor (Simple Landscapes)</b> Wednesday, Oct 23 11am - 1pm	  
<b>Watercolor (Holiday Cards)</b> Tuesday, Nov 19 6pm - 8pm	
<b>Watercolor (Holiday Wreaths)</b> Tuesday, Dec 3 6pm - 8pm	
<b>Call now to register!</b> 913-684-3373	scan for more info

**Arts & Crafts Studio**  
310 McPherson Ave  
913-684-3373

**OPEN STUDIO**  
Hours 10am - 5pm T - F  
Ask about our Hourly Fees

**Multi-Craft Room**  
Come use our provided supplies to craft with the whole family!

**Painting Studio**  
Provided watercolor and acrylic supplies to create your own masterpiece.

**Framing Studio**  
Must take Intro to Framing before using DIY Framing Studio.

**Pottery Studio (Coming Soon!)**

**Modern Calligraphy**

Basics	Intermediate
<b>\$20 per class</b>	<b>\$20 per class</b>
Wednesday Oct 30 11:30am - 1pm	Wednesday Nov 6 11:30am - 1pm
<b>Special Projects</b>	
<b>Holiday Cards</b> Wednesday Nov 13 11:30am - 1pm	
<b>Holiday Cards</b> Wednesday Dec 4 11:30am - 1pm	
<b>Reoccurring Classes</b> MUST PRE-REGISTER	
<b>Intro to Framing</b> \$40 per class Every 2nd Thursday & 4th Saturday of the month 10am - 2pm	
<b>Paint &amp; Sip</b> \$35 per session Every 2nd Friday of the month 6pm - 8pm Must be 21 years or older. BYOB	

Come see what's new at the Studio!

**October - December Workshops**

Acrylic	Crafts
<b>\$35 per class</b>	<b>\$35 per class</b>
<b>Acrylic Pour</b> Tuesday, Oct 29 11am - 1pm	<b>Sweater Pumpkins</b> Friday, Oct 25 11am - 1pm
	<b>Grateful Pie Garland</b> Friday, Nov 22 11am - 1pm
	<b>Holiday Ornaments</b> Tuesday, Dec 10 11am - 1pm
<b>Framing</b>	
<b>\$40 per class</b>	
<b>Intro to Framing</b> *Must pre-register*	
Thursdays Oct 10, Nov 14, Dec 12 10am - 2pm	
Saturdays Oct 26, Nov 23 10am - 2pm	
<b>Call now to register!</b> 913-684-3373	

**Arts & Crafts Studio**  
310 McPherson Ave  
913-684-3373

**Paint & Sip**  
\$35  
Must be 21 years or older.  
BYOB

**Day of the Dead Pumpkin**  
Friday  
October 11  
6pm - 8pm

**Festive Gnome**  
Friday  
November 8  
6pm - 8pm

**Red Scarf Raccoon**  
Friday  
December 13  
6pm - 8pm

Cost includes all supplies!

**Kids Arts & Crafts**

Messy Art	Art History
<b>\$12 per class (ages 7+)</b>	<b>\$15 per class (ages 7+)</b>
Thursday, Oct 3 11am - 12pm	<b>Pumpkins &amp; Picasso</b> Wednesday, Oct 23 1pm - 3pm Thursday, Oct 24 4pm - 6pm
Thursday, Oct 17 11am - 12pm	<b>Macrons &amp; Matisse</b> Wednesday, Nov 20 1pm - 3pm Thursday, Nov 21 4pm - 6pm
Thursday, Nov 14 11am - 12pm	<b>Waffles &amp; Warhol</b> Wednesday, Dec 11 1pm - 3pm Thursday, Dec 12 4pm - 6pm
Thursday, Dec 5 11am - 12pm	
<b>Color Me Happy (Parent &amp; Toddler)</b> \$10 per class	
Thursday, Oct 10, 24 10:30am - 11:30am	
Thursday, Nov 7, 21, 10:30am - 11:30am	
Thursday, Dec 12 10:30am - 11:30am	

Come see what's new at the Studio!



# WE ARE HIRING

JOIN OUR TEAM

## ELA 8th & 9th Grade Teacher for the 24-25 School Year

APPLY NOW AT [WWW.USD207.ORG](http://WWW.USD207.ORG)  
» JOB OPPORTUNITIES

CONTACT US  
[ALAWLESS@USD207.ORG](mailto:ALAWLESS@USD207.ORG)



## 2024-2025 School Calendar

July 2024							Holiday/No School		Parent/Teacher Confs.	
S	M	T	W	Th	F	S	Half Day School/No Preschool		Early Dismissal/Release	
1	2	3	4	5	6					
7	8	9	10	11	12	13				
14	15	16	17	18	19	20				
21	22	23	24	25	26	27				
28	29	30	31							
July 23 Patton New Parent Meeting - 5:00 PM July 24 Elem. & Patton Enrollment A-L 8:30 AM - 3:00 PM July 25 Elem. & Patton Enrollment M-Z 8:30 AM - 3:00 PM										
August 2024										
1	2	3	4	5	6	7				
8	9	10	11	12	13	14				
15	16	17	18	19	20	21				
22	23	24	25	26	27	28				
29	30	31								
Aug 8 Elementary New Parent Meeting - 3:00 PM Aug 12 Patton Parent Know Your School - 9:30 AM - 12:00 PM Aug 12 Elementary Parent Know Your School - 1:00 PM - 3:30 PM Aug 13 First Day of School Aug 13-22 Kindergarten Half Days Aug 23 Parent/Teacher Conferences - 8:00 AM - 3:30 PM - No School Aug 26 Kindergarten Full Day Schedule Starts Aug 30 Staff PD Day - No School										
September 2024										
1	2	3	4	5	6	7				
8	9	10	11	12	13	14				
15	16	17	18	19	20	21				
22	23	24	25	26	27	28				
29	30									
Sept 2 Labor Day - No School/No Staff Oct 11 Half Day PD/Half Day Grading - No School Oct 14 Columbus Day - No School/No Staff Oct 17 Parent/Teacher Conferences - 8:00 AM - 7:00 PM - No School Oct 18 Parent/Teacher Conferences - 8:00 AM - 12:00 PM - No School Nov 11 Veterans Day - No School/No Staff Nov 27-29 Thanksgiving Break - No School/No Staff Dec 19 Half Day of School/Half Day Grading - No Preschool										
October 2024										
1	2	3	4	5	6	7				
8	9	10	11	12	13	14				
15	16	17	18	19	20	21				
22	23	24	25	26	27	28				
29	30	31								
Dec 20 - Jan 3 Winter Break - No School Jan 6 Staff PD Day - No School Jan 7 First Day Back for Students Jan 20 Martin Luther King Jr. Day - No School/No Staff Jan 31 Parent/Teacher Conf - 8:00 AM - 3:30 PM - No School Feb 17 Presidents' Day - No School/No Staff Mar 14 Half Day PD/Half Day Grading - No School Mar 17-21 Spring Break - No School/No Staff April 18 No School/No Staff										
November 2024										
1	2	3	4	5	6	7				
8	9	10	11	12	13	14				
15	16	17	18	19	20	21				
22	23	24	25	26	27	28				
29	30	31								
April 18 No School/No Staff May 15 PIH 9th Grade Graduation May 16 Half Day PD/Half Day Grading - No School May 23 Last Day for Students - 1/2 Day of School - No Preschool										
December 2024										
1	2	3	4	5	6	7				
8	9	10	11	12	13	14				
15	16	17	18	19	20	21				
22	23	24	25	26	27	28				
29	30	31								

**School Hours**  
 Elementary School: 8:00 AM - 3:20 PM  
 Patton Junior High: 7:40 AM - 3:00 PM

Preschool - AM Class: 8:00 AM - 11:00 AM  
 Preschool - PM Class: 12:20 PM - 3:20 PM

**Early Dismissal/Release Times**  
 Elementary School - 1:30 PM  
 Patton Junior High - 1:00 PM  
 Preschool - AM Class: 10:00 AM  
 Preschool - PM Class: 2:20 PM

Fort Leavenworth USD 207 Board Approved: 2/26/2024



### We're Hiring NOW!

Join our Team as a **Child and Youth Program Assistant** at Fort Leavenworth!  
Pay starts at **\$18.35** per hour

- Great pay and benefits!
- Career Progression & Paid Training
  - Retirement & 401K
  - Priority Childcare Placement & Employee Childcare Discounts
  - Regular Full-Time/Part-Time & FLEX Hours Available
  - Medical, Dental, Vision, & Life Insurance Benefits \*
  - Paid Leave, & Paid Federal Holidays for Full-Time & Part-Time
  - Access to Commissary & AAFES Shopping Privileges & MWR Facilities
  - Job Transfer Program Worldwide Through Civilian Employment Assignment Tool
- \*Conditions Apply



Scan here to apply!  
[ArmyMWR.com/cyscareers](http://ArmyMWR.com/cyscareers)



## We're Hiring!

### EFMP Systems Navigator

Fort Leavenworth, KS

The Exceptional Family Member Program (EFMP) is a mandatory enrollment program that works with other military and civilian agencies to provide comprehensive and coordinated community support, housing, educational, medical, and personnel services to Families with special needs.

**Minimum Requirements:**

- Two years case work experience
- Experience with Microsoft Suite programs
- Bachelors Degree
- Must pass an extensive background check
- Full-time with Benefits/PTO/Holiday

[BSpade@patriotenterprisesllc.com](mailto:BSpade@patriotenterprisesllc.com) or  
<https://patriotenterprisesllc.solvedhire.com/jobs/>

## NCO JOURNAL

CHECK OUT THE NCO JOURNAL PODCAST WHERE WE DISCUSS RECENTLY PUBLISHED ARTICLES WITH AUTHORS, TO PROVIDE AN OPEN EXCHANGE OF IDEAS AND INFORMATION.

<https://www.armyupress.army.mil/journals/nco-journal/nco-journal-podcasts/>

<https://www.facebook.com/NCOJournal>  
<https://twitter.com/NCOJournal>

## Fort Leavenworth Care Options Available for Summer 2024 & School Year 2024-2025

Request Before/After School Care & SAC Camps all year round

**MILITARY CHILDCARE .COM**

Families can use MCC to make requests for SAC programs, which include Before/After School care and Fall, Winter, Spring, and Summer Camps, all year round. The online system allows you to search for and submit unlimited SAC requests at any time of the year without waiting for a specific registration time to begin. As soon as school dates are known, all SAC programs will be made available to you so you can submit your requests.

Please Note: Spaces are offered via email based on the sponsor's priority and request for care (RFC) date.

**MILITARY CHILDCARE .COM**

Using **MilitaryChildCare.com**, you can find comprehensive information on child care programs worldwide, conduct a customized search for the care you need, and submit a request for care at any time and from any location. *Follow these four steps!*

- STEP 1 CREATE ACCOUNT**  
Go to **MilitaryChildCare.com** to create an account containing information about your family, or to login using an existing username and password.
- STEP 2 SEARCH and REQUEST CARE**  
Search the system for the child care options that best fit your needs and submit your requests for care.
- STEP 3 MANAGE MY REQUESTS**  
You can manage your requests for care from anywhere in the world.
- STEP 4 UPDATE MY PROFILE**  
Keep your *My Profile* page up-to-date with important information.

It's that easy!

To get started, visit **MilitaryChildCare.com**  
For questions/support call: 855.696.297

Suicide prevention month

# 988 Suicide/Crisis Lifeline

Pay attention to the signs, your life matters!

DoD

## Safe Helpline

Sexual Assault Support for the DoD Community

[safehelpline.org](http://safehelpline.org) | 877-995-5247

Make sure you are requesting the best Care Option(s) for your childcare needs...  
Go to our [CYYS Facebook](#) page or [FMWR-CYYS website](#) to review the:  
**Fort Leavenworth CYYS Care Options & Waitlist Guide**

# MUNSON NOTES

**MUNSON ARMY HEALTH CENTER**  
**TRUNK or TREAT**  
**5-7 P.M., THURS., OCT. 24**  
 Haunted House - Bounce House  
 Indoor Trick or Treat Area



Volunteers/Candy Donations Welcome  
 Email [geteria.n.hunter.mil@health.mil](mailto:geteria.n.hunter.mil@health.mil) to sign-up up a trunk!

*Munson Army Health Center*

## Retiree Appreciation Day Health Fair

- ✔ TRICARE Brief
- ✔ Seasonal Influenza Vaccines for eligible beneficiaries
- ✔ Health Screenings

 Saturday, October 26, 2024  
 8:00 am - 1:00 pm  
 100 Stimson Ave., Ft Leavenworth

[www.munson.tricare.mil](http://www.munson.tricare.mil)




■ Munson Army Health Center is looking for volunteers to join the **PATIENT AND FAMILY PARTNERSHIP COUNCIL**. Volunteers can be active-duty, active-duty family members, retirees or retiree family members. The PFPC meets quarterly. If interested, call 913-684-6211/6127.

■ Munson Army Health Center Pharmacy offers patients a variety of **OVER-THE-COUNTER MEDICATIONS AT NO COST** to service members, retirees and family members. These items are available without a prescription or medical appointment. These self-care items are comparable to those available for purchase from retail stores and include pain relievers, cough medicine, allergy medication, antibiotic ointment, lice treatment and much more. Visit <https://munson.tricare.mil/Health-Services/Pharmacy> and scroll down to the Over-the-Counter Medication Program for details.

■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are **ELIGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE**. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit <https://dvidshub.net/r/8wtlff>.

■ Call 913-684-6250 to schedule a **WELL-WOMAN EXAM** at Munson Army Health Center.

Visit <https://www.facebook.com/munson-health/> for updates and information.

## WALK-IN! FLU SHOTS

**Frontier Conference Center**  
 350 Biddle Blvd., Fort Leavenworth

Thursday, Oct. 17	8 a.m. - 2 p.m.
Friday, Nov. 1	Noon - 4 p.m.
Wednesday, Nov. 6	9 a.m. - 6 p.m.
Friday, Nov. 15	Noon - 4 p.m.

TRICARE Beneficiaries aged 6 months and up  
 DoD ID card required for aged 10 years and up






[MUNSON.TRICARE.MIL](http://MUNSON.TRICARE.MIL)

**VIRTUAL EDUCATION CENTER**  
 Educated Patients. Better Health.



Health and medical information available at home and on the go!

Access to more than 50,000 education resources covering 60 medical topics.

This valuable resource is available to all patients and providers.

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EVERY THURSDAY



# LAMP

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CONTACT US | Phone: 913-684-5267 | E-mail: [ftvlampeditor@gmail.com](mailto:ftvlampeditor@gmail.com) | On the Web: <https://home.army.mil/leavenworth/about/news>

## Read all about it — online!

[HTTPS://HOME.ARMY.MIL/  
LEAVENWORTH/ABOUT/NEWS](https://home.army.mil/leavenworth/about/news)



- News
- Community Features
- Pet of the Week
- Upcoming Events
- and more!

**BONUS!**  
Printable  
“old school”

newspaper layouts  
included with every  
story and photo  
package!

**E-MAIL:**  
[ftvlampeditor  
@gmail.com](mailto:ftvlampeditor@gmail.com)

Scan the QR code with your  
phone to go directly to  
[HTTPS://HOME.ARMY.MIL/  
LEAVENWORTH/ABOUT/NEWS](https://home.army.mil/leavenworth/about/news)  
to read/print/download the  
*Fort Leavenworth Lamp*.

**EDITORIAL OFFICE: 913-684-LAMP**  
**ADVERTISING: 913-684-1702**



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