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Family & MWR Preview

July 2019

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913-682-1888 or 877-268-4636

CENTRAL MICHIGAN UNIVERSITY



CORT Furniture would like to extend this
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15% OFF
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*Offer cannot be combined with other discounts or coupons.
Previously leased furniture. Pictures for examples only. Styles and availability may vary.

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Fort Leavenworth

Preview

Monthly Newsletter of Family & Morale, Welfare & Recreation

leavenworth.armymwr.com



July 2019

www.facebook.com/FortLeavenworthFMWR

9th Annual

**RUN
WALK
FOR THE FALLEN
2019 FORT
LEAVENWORTH**



RESILIENCY CENTER

**SATURDAY,
SEPTEMBER 14**

(913) 684 - 2821

9th Annual Run Walk For The Fallen

All ages & abilities may participate for free! Everyone
is welcomed! Be creative! Pictures, flags, unit guidons
and small banners are encouraged! The course is
stroller and pet friendly. This is a non-competitive run
to honor our fallen comrades.

\$12 t-shirts are available for purchase!
Resiliency Center, 600 Thomas Ave. Room 223
(913) 684-1830

• Youth: (small, medium and large)
• Adult: (small, medium, large, x-large, xx-large
and xxx-large)



July 2019 Movie Schedule

• July 12 - Captain Marvel (PG-13)
• July 19 - Little (PG-13)
• July 26 - Shazam! (PG-13)
• Aug 2 - Dumbo (PG)

7PM
POST THEATER



OUTDOOR Pools

GRANT POOL
Adult Lap Swim/Family Open Swim: 11a.m. - 1 p.m.
Family Open Swim: 1 - 6 p.m.

HANCOCK POOL & SPLASH PARK
Family Open Swim: Mon. - Sun. • 11a.m. - 6 p.m.

ACTIVE DUTY
Family Pass: Full Summer \$130 • Half Summer: \$90
Single Full Summer Pass: \$50
Daily Pass: \$4

RETIREE, DOD CIVILIAN & GUEST
Family Full Summer Pass: \$130 • Daily Pass: \$4

Available for purchase Monday - Friday • 9 a.m. - 6 p.m. at the Aquatics Desk at Harney Sports Complex • (913) 684-2190.

Family passes include 4 immediate family members. Additional family members are \$5 each. Half Summer Passes are for May 25 - July 18 OR July 1 - Sept 4



Brunner Range

We will be closed on 4th of July

FREE SHOOTING LESSONS

Wednesdays & Thursdays • 10 a.m.

Saturdays & Sundays • 9 a.m.

The Brunner Range staff includes NRA certified and National Skeet Shooting Association instructors who teach shotgun safety and shooting techniques for beginning and experienced shooters. All necessary equipment and supplies are available to rent or purchase at the range.

NFS 150

Saturday, July 20 • 9 a.m.

90 targets consisting of 50 traps, 50 skeet, and 50 five stand targets.

For more information, call (913) 684-8132.

Summer Activities for Kids & Teens

FALL YOUTH SPORTS & FITNESS

Registration begins July 8 and ends August 5.

YOUTH SPONSORSHIP DASHBOARD TOUR

July 26 • 3:30 - 5:30 p.m. (Harrold Youth Center)

Tour Fort Leavenworth and meet new friends! Along with food and beverage to follow after.

For more info on registration & camp dates & fees, contact Parent Central at (913) 684-5138.



CAC Scramble

Apr 26 - May 24 - Jun 28 - Jul 26 - Aug 30 - Sept 27 - Oct 25 - Nov 15

\$50 Members
\$60 non-members
\$35 youth 16 & Under
Prepay with Full Team & Save \$5

Friday July 26
1 pm Start

Open to all • 4-Person Scramble Format
Over \$2500 in Flight, Hole & Tee Prizes.
Entry Fees include:
Cart, Range Balls, Lunch, Beverages & Prizes.

Compete for the Monthly CAC Trophy!
Lunch and Driving Range open at 11:30.

Trails West Golf Course 913.651.7176
leavenworth10.org/cacscramble.com

Trails West Golf Course

RED, WHITE & BLUE SCRAMBLE
Thursday, July 4 • 8 a.m.

4 PERSON "SIX-6-SIX"
Saturday, July 13 • 8 a.m.

STEP ASIDE GOLF SCRAMBLE
Saturday, July 20 • 8 a.m.

CAC SCRAMBLE
Friday, July 20 • 1 p.m.

SUNDAY SPOUSE SPECIAL
Every Sunday, Active Duty Spouses play free!

For more information, call (913) 651-7176. See our website for full details and pricing.

Welcome to Fort Leavenworth

2 free games

This coupon can only be used during Casual Bowling

Strike Zone Bowling Center
10 Leavenworth, Mo.
Expires August 15, 2019

Shoes are not included

Schedule an appointment for your personalized car seat check.

More information 913-684-6769

Car Seat Check

Munson Army Health Center

Is your child in the right car seat?



Army Community Service Classes

BASIC ESTATE PLANNING

Monday, July 1 • 12 p.m. - 12:30 p.m.

Learn all about estate planning.

OCONUS BRIEF

Tuesdays • 10 - 11 a.m.

Get some tips for making an overseas move!

IN-PROCESSING BRIEF

Tuesdays • 9 a.m. & Thursdays • 1 p.m.

We cover all of ACS programs and services, hours of operation, how to access services and answer questions you may have while in-processing here at Fort Leavenworth.

WELCOMING BABY --- 4 PART SERIES

July 1, 8, 15 & 22 • 9 a.m. - 10:30 a.m.

Join our New Parent Support team in Welcoming Baby. This four day class series will cover a variety of topics including: childbirth preparation, newborn and parent care and better breastfeeding, just to name a few!

SELF-DEFENSE FOR WOMEN

Wednesday, July 17 • 6:30 p.m. - 8 p.m. (Harney Gym)

A volunteer instructor will demonstrate techniques to fall and disarming weapons. This session will conclude with questions and evaluations. Must be 16 or older to attend.

BABY BOOT CAMP FOR DADS

Thursday, July 18 • 2 - 4 p.m.

Childbirth and newborn care preparation for fathers (both new and veteran dads!)

BACK-TO-SCHOOL FAMILY FUN NIGHT

Thursday, July 25 • 4 - 7 p.m. • Strike Zone Bowling Center • Free bowling for the whole family! Enjoy a fun time with family before the new school year. Please register by July 21. Limited spaces available.

To register or for more information, call (913) 684-2800.

Dedicated Service. Financial Solutions. Anytime. Anywhere.

Improving for You

Our Office on Post Is Open During Renovation

Frontier Community Credit Union's branch at Fort Leavenworth, located at Grant and Kansas Avenues, is getting a new look!

One of the enhancements we're most excited about is our new community room. This space will be available at no cost to personnel and Post organizations.

We look forward to sharing all the improvements with you. Watch our website and social media for details on our grand re-opening!

Frontier Community Credit Union
Member Since 1994

Small Business (913) 684-8575

Volunteer COACHES NEEDED

We need coaches for the following:

- Youth Baseball • Softball
- Running Club • Wrestling
- Flag Football • Soccer
- Cheerleading • Basketball

For more information or to begin the process call Youth Sports and Fitness at 913-684-7525 or 913-684-7526

Strike Zone Bowling Center

WE WILL BE CLOSED 4TH OF JULY

SUMMER TRIOS

Tuesdays • 6:30 p.m.

3 person teams, 3 games per night \$9 per week, per person w/ shoes included

\$1 Night

Fridays • 5 - 10 p.m.

Enjoy one game of bowling, shoe rental, small soda and a slice of pizza all for \$1 each!

COSMIC BOWLING

Saturdays • 7 p.m. - 10 p.m.

Black light bowling!

For more information, call (913) 651-2195.

