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Army reorganization overview given at CAC Current State of Play

Combined Arms Center and Fort Leavenworth Commanding General Lt. Gen. Milford Beagle Jr. and Deputy to the CAC CG Gregg Thompson take questions from the audience after briefing on the reorganization currently underway throughout the U.S. Army during the Current State of Play meeting for CAC employees Aug. 1 at the Lewis and Clark Center. Several transitions are expected by October 2025, including the consolidation of Training and Doctrine Command with Army Futures Command into Transformation and Training Command (T2COM) and the renaming of CAC as the Combined Arms Command.



Photo by Prudence Siebert/
Fort Leavenworth Lamp

Lancers host free weeklong swim camp



Photo by Melanie Libby/Fort Leavenworth Lamp Intern

Mark Romeo, age 10, practices kicking while swimming with a board during the Fort Leavenworth Lancers Swim Camp Aug. 4 at 1st Lt. David R. Bernstein Memorial Pool.

by Melanie Libby/Fort Leavenworth Lamp Intern

The Fort Leavenworth Lancers Swim Team hosted a free swim camp Aug. 4-8 at Harney Sports Complex's 1st Lt. David R. Bernstein Memorial Pool.

This annual camp has served as a way to showcase the Lancers team to families who are new to the Fort Leavenworth community, as well as encourage children to become stronger swimmers.

"We want the kids to get excited about swimming and about becoming a Lancer," current Lancers Head Coach Sarah Waldon said. "Forty years ago, I was one of those kids, and the Lancers became a fun safe haven for me to learn and grow as a swimmer — something I never forgot, even after my family PCSed. That's what we want for this next generation of Lancers. To find a love of swimming, competing, and more importantly, a place to belong while they are here so briefly."

The camp was run by Waldon and several team leaders. Clarice Sevigny, an 11-year-old Lancers team member, said that she has been on the team for two years, and that she was excited to be invited to be a "Coach Helper" at the camp.

"(I enjoy) helping others out. Coaches have the best job in the world," Sevigny said.

She said she hopes participants have a great time at the camp.

"(Swim team) is fun, and it helps you out



Photo by Melanie Libby/Fort Leavenworth Lamp Intern

Marleigh Nelson, right, age 7, practices swimming and diving form with instructor Alice Farquhar, age 12, during the Fort Leavenworth Lancers Swim Camp Aug. 4 at 1st Lt. David R. Bernstein Memorial Pool in Harney Sports Complex. Students learned about freestyle and backstroke on the first day of the camp to test their strengths, and then learned different skills throughout the week, depending on their ability level.

SEE SWIM CAMP| A7

AT A GLANCE

■ The STRIPING THE RE-PAVED SECTION OF GRANT AVENUE originally scheduled for Aug. 7 has been postponed. Visit the Fort Leavenworth Garrison Facebook page for the updated schedule.

■ The ELEMENTARY SCHOOL NEW PARENT MEETING is at 3 p.m. Aug. 7 at Bradley, Eisenhower and MacArthur Elementary schools.

■ The GREAT ESCAPE 5K is at 8 a.m. Aug. 9 at the Old U.S. Disciplinary Barracks. Registration can be done online or the day of the event. Call 913-684-1674 for more information.

■ Visit schools for KNOW YOUR SCHOOL between 1-3:30 p.m. Aug. 12 at the elementary schools and 9 a.m. to noon Aug. 12 at Patton Junior High School.

■ SCHOOL STARTS AUG. 13 for Fort Leavenworth Unified School District 207. Visit <https://www.usd207.org/> for enrollment and other important information.

■ The MUNSON ARMY HEALTH CENTER PATIENT AND FAMILY PARTNERSHIP COUNCIL meets at noon Aug. 15 in the Rosie Gates Conference Room at MAHC. Call 913-684-6211 or see Munson Notes on page B11 for more information.

■ POST ACTIVITIES, INFORMATION AND REGISTRATION (PAIR) DAY is 9 a.m. to 1 p.m. Aug. 16 at Harney Sports Complex. Call 913-684-1674 for more information.

■ Until further notice, DEPARTMENT OF THE ARMY OFFICIAL PHOTOS CAN NO LONGER BE PROVIDED. Command photos can still be provided. Existing DA official photos in the Army Military Human Resource Record (AMHRR) will remain accessible through the interactive Personnel Records Management System (iPERMS), and existing digital photos in the now defunct Department of the Army Photograph Management Information System (DAP-MIS) will be archived.

■ GRIFFIN GARDENS GREENHOUSE, off Sabalu Road behind Griffin Cuts Barbershop, is open 1-3 p.m Monday, Wednesday and Friday; the greenhouse is closed every second and fourth Wednesday for training. Cash only. Military/CAC ID required.

Army’s 250-year story told in stained glass

Videos released each Monday feature CGSC’s stained glass collection to highlight eras from Army’s history



File Photo by Prudence Siebert/Fort Leavenworth Lamp

The Command and General Staff College is highlighting the Army's 250th anniversary through videos of CGSC's stained glass collection. The college has a dozen stained glass windows at the Lewis and Clark Center, which were transferred from the center's predecessor Bell Hall in 2007.

Videos produced by Dan Neal and Zac Schulte of Army University Public Affairs feature different eras depicted in the stained glass. The videos will be released in era-specific segments each Monday for the next few weeks at <https://www.facebook.com/USACGSC/> and <https://www.facebook.com/ArmyUniversity/>. This week's installment features the stained glass displays that depict the American Revolution and the War of 1812.

The scene shown in the stained glass detail, ABOVE, shows George Washington and his troops at Valley Forge. It is part of the stained glass window depicting the American Revolution. The American Star Pageant Children's Foundation raised \$5,000 over four years for the window, which was dedicated in July 1986.



SUBMISSION GUIDELINES

by Staff Report

The *Fort Leavenworth Lamp* is one of the primary ways to get information to the community.

Contact the *Lamp* at ftvlampeditor@gmail.com with story and photo opportunities to allow the editor to cover or assign coverage.

Story and photo submissions are appreciated when the editor is unable to cover. E-mail submitted materials to ftvlampeditor@gmail.com.

Please consider the following when submitting any content for publication in the *Lamp*. All material sent to the *Lamp* is edited or rewritten for journalistic, local and Associated Press style, as well as clarity, grammar, spelling and length. Placement in the paper is determined by the *Lamp* staff.

• **Copyright:** The sender of the submitted content should be the creator of the content. No copyrighted materials can run in the newspaper without permission from the copyright owner.

• **Timely:** Content should be submitted as soon as possible. The older it gets, the less likely it will run in the newspaper. Let the editor know when to expect the submission so space in the weekly layout can be budgeted.

• **The 5Ws:** Who, what, when, where and why/relevance should be included in every story and photo caption.

• **Photographs:** Thumbnails that might appear OK on social media are generally not large enough for publication in the *Lamp* as they reproduce poorly. Full-size, original photo files that are 1 MB or larger in size are preferred. Files should not be altered in any way — leave any adjustments for exposure, cropping, etc. to the *Lamp* editor.

Images capturing authentic, candid moments are greatly preferred to posed images. Army regulations discourage publication of posed group photos, ribbon cuttings, cake cuttings, retirement, award or re-enlistment photos. Photos should not contain uniform or safety violations, nor people smoking or drinking alcoholic beverages.

Include complete caption information by identifying everyone in the photo by first and last names, as well as rank, unit assigned to and/or title, as relevant. The date and location the photo was taken, action depicted and the name of the photographer should also be included.

• **Editorials/commentaries:** Readers are welcome

to share their opinions with the *Lamp's* audience. Letters to the editor and commentaries are welcome. Letters must be signed and include a daytime telephone number. Names may be withheld from publication, if requested.

A letter to the editor is also a great way to provide an event summation and thank organizations and individuals who helped ensure the event's success.

• **Focus on Fort Leavenworth:** The *Lamp* has a limited scope and is targeted at the internal Fort Leavenworth audience, not the general public. The internal audience includes military members, family members, civilian employees and retirees. Articles should be relevant to a substantial portion of this audience and are generally limited to on-post events and the people who live or work on post. Off-post events are only covered if there is significant effect on Fort Leavenworth personnel, if the event is given special command emphasis, or if there is significant command-authorized participation by military personnel.

• **Post-approved organizations:** Coverage and free event promotion (notices and flyers in the At a Glance and Post Notes sections) are primarily limited to post-approved organizations, as the *Lamp* staff has no resources to screen nonprofit organizations or charity events conducted by private individuals or businesses. FMWR maintains a list of private organizations that are authorized to conduct business and have meetings and events on post. Contact FMWR for the requirements for registering private organizations.

• **Advertising vs. editorial content:** Publication of the *Lamp* is governed by the rules and regulations of the Department of Defense, the Army and the command. There are limitations on what can and cannot be published. The *Lamp* does not publish free notices for businesses offering discounts or freebies for “military appreciation.” The discounts are marketing promotions, and any material promoting a particular business or product cannot be published as it could be construed as endorsement. Army newspapers must be careful to separate reporting from promotion. Businesses have advertising budgets and can buy ad space in the *Lamp*. To advertise in the *Lamp*, contact 913-684-1702 or mary.f.manago.naf@army.mil.

FORT LEAVENWORTH LAMP

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If a violation of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected.

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The *Fort Leavenworth Lamp* advertising office is in the Family and Morale, Welfare and Recreation Marketing and Commercial Sponsorship Office in the Resiliency Center at 600 Thomas Ave, Fort Leavenworth, Kan. E-mail mary.f.manago.naf@army.mil or call 913-684-1702.

Lt. Gen. Milford H. Beagle Jr. Commanding General
Col. Todd Sunday Garrison Commander
Scott Gibson Public Affairs Officer
George Marcecc Command Information Officer

Fort Leavenworth Lamp Staff

Prudence Siebert Editor
ftvlampeditor@gmail.com
Melanie Libby Summer Intern
Emilio Gutierrez Summer Intern

FMWR Advertising Staff

Mary Manago Marketing Director
mary.f.manago.naf@army.mil, 913-684-1702

MAHC welcomes new military families, clarfies availability

by Maria Christina Yager/Munson Army Health Center Public Affairs Officer

As military families arrive at Fort Leavenworth for their new assignments, Munson Army Health Center officials are emphasizing the importance of establishing primary care services and clarifying recent confusion about provider availability. The medical facility is actively welcoming new patients and wants to ensure all eligible family members understand their healthcare options on post.

Addressing provider availability concerns

MAHC officials recently became aware that some active-duty family members were incorrectly told no providers were available at the facility. This miscommunication may have occurred when enrollment agents attempted to assign family members to the same primary care manager as the service member.

"Service members are usually assigned to our military providers, who at Munson are typically internal medicine physicians only licensed to treat adults, but we have multiple civilian family medicine providers and a pediatrician on staff who are actively accepting new patients," explained Col. Jolanda L.J. Walker, MAHC director. "We want to make sure no family member gets turned away due to this misunderstanding."

Available providers ready to serve

Military families can request enrollment with any of the following providers who are currently accepting new patients:

- Family Medicine Physicians: Dr. Hersey, Dr. Dlugopolski, Dr. Francis and Dr. Mandeville
- Pediatric Care: Dr. Kestner



Photo by Munson Army Health Center Public Affairs

• Nurse Practitioners: Ms. Ticknor and Ms. Minor

How to enroll

Once your new address is updated in the Defense Enrollment Eligibility Reporting System (DEERS), call 1-888-TRIWEST (874-9378) and follow the prompts to establish a primary care manager at MAHC. Important: If you're told there's no availability at MAHC, ask specifically to be enrolled with one of the available providers listed above by name.

Benefits of on-post healthcare

Choosing Munson Army Health Center offers several advantages for military families.

- Convenient location
- On-post accessibility eliminates travel time and complications.
- Continuity of care
- Medical records seamlessly follow families to their next duty assignment.
- Quality standards
- All care meets Joint Commission accreditation standards.
- Military-focused
- Providers understand the unique needs of military families.
- Personalized care
- High-quality, individualized healthcare

services are provided. "Welcome to the community — your health is our mission," Walker said. "We're here to ensure every military family receives the quality healthcare they deserve as they begin their journey at Fort Leavenworth." Military families experiencing any difficulties with enrollment after updating DEERS and contacting 1-888-TRIWEST are encouraged to contact MAHC directly at usarmy.leavenworth.medcom-mahc.mbx.patient-advocate@health.mil to resolve provider assignment issues and ensure proper healthcare coverage.

Scenes around Fort Leavenworth



Photo by Melanie Libby/Fort Leavenworth Lamp Intern

ABOVE: Canada geese splash in the water in the top pool of the Buffalo Solider Monument Aug. 4 near Smith Lake. The monument, which pays tribute to the soldiers of the 9th and 10th Cavalry Regiments, was sculpted by Eddie Dixon and dedicated in 1992. Since then a monument honoring members of the 6888th Central Postal Directory Battalion has been added to the area, as well as busts recognizing individuals' contributions in the Circle of Firsts. For more information on the Buffalo Soldier Commemorative Area, visit <https://home.army.mil/leavenworth/about/visitor-information/buffalo-soldier-commemorative-area>. **RIGHT:** The sun rises over the Missouri River and the canons along Scott Avenue July 28. Submitted photo by Sarah Groefsema



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BE WISE. STAY ALIVE. WEAR YOUR PPE!

All U.S. Army personnel are required by regulation to wear personal protective equipment (PPE) when riding as the operator or passenger on a motorcycle. This applies to all Soldiers and Army civilians in a duty status, on or off a DOD installation, and all persons on an Army installation.

Helmets

Must meet DOT standards and be properly fastened under the chin. Full-face helmets offer the best protection. The National Highway Traffic Safety Administration estimates that helmets reduce the likelihood of a crash fatality by 37% and brain injury by 67%.

Eye Protection

A windshield alone is not proper eye protection. Impact- or shatter-resistant face shields, goggles, or wraparound glasses that meet ANSI Standard Z87.1 are required. Tinted lenses may be worn during the day, but clear lenses should be used at night.

Clothing

Dress for the slide, not the ride! Garments made from leather- or abrasion-resistant fabric provide a high level of protection. Army Regulation 385-10 requires the use of full-fingered gloves or mittens designed for riding a motorcycle.

Sturdy Footwear

Sturdy footwear, leather boots or over-the-ankle shoes must be worn. Motorcycle footwear with low heels and oil-resistant soles provide a good grip on the pavement.

BE SEEN AND PROTECTED

Clothing designed for riding a motorcycle generally offers both protection and visibility. If black is chosen, a conspicuous enhancement should be worn. Reflective quality and location on the rider is more important than the amount of reflective material.

Local requirements may differ slightly. Riders should check with their installation safety office for details.

*NHTSA Traffic Safety Facts DOT HS 810 887W

DoD moves forward with PCS overhaul after HomeSafe Alliance contract terminated

by Air Force Senior Airman Iain Stanley/PCS Joint Task Force

WASHINGTON — The Defense Department's Permanent Change of Station Joint Task Force is taking decisive steps to stabilize the military move process following the termination of its contract with HomeSafe Alliance, June 18, 2025.

During a recent press briefing, Army Maj. Gen. Lance G. Curtis, task force commander, stated that the decision was made after HomeSafe Alliance failed to meet contract performance standards, resulting in widespread missed household goods pickups and miscommunication with service members.

"When a service member is worried about their household goods, they are not focused on the mission," Curtis said. "That is unacceptable. We are here to restore trust and ensure that no military family feels alone during their move."

The PCS JTF is comprised of more than 110 personnel from across all service branches and is now overseeing the transition back to the DoD's Tender of Service program as they work toward streamlining the future of military moves. Curtis emphasized that this program is familiar to most military families and is already supporting the majority of summer moves

Approximately 450 active shipments initially scheduled under HomeSafe Alliance remain in transit. According to task force officials, local transportation offices are now directly managing these moves in coordination with the task force. Service members impacted by the transition are encouraged to contact their transportation office or call 833-MIL-MOVE (833-645-6683) for assistance.

In response to the ongoing challenges, the PCS JTF established a 24/7 call center staffed by military personnel with firsthand PCS experience. The call center is proactively identifying at-risk shipments and reaching out directly to service members to resolve issues before



Photo by Melanie Libby/Fort Leavenworth Lamp Intern

Boxes line a driveway as a family moves into quarters June 2 on Fort Leavenworth. The Department of Defense's Permanent Change of Station Joint Task Force is working to stabilize the military move process following the termination of its contract with HomeSafe Alliance. For updates or assistance, service members should use www.militaryonesource.mil, call 833-MIL-MOVE, or e-mail the PCS JTF call center at PCSCallCenter@mail.mil.

they escalate.

"This is not just a logistics problem; it's about people," Curtis said, adding that rank is "immaterial," and his team is focused on providing all service members with the support they deserve.

The department is also reviewing long-term changes to the Defense Personal Property Program and plans to deliver strategic reform recommendations to Defense Secretary Pete Hegseth by Sept. 5, 2025.

The joint task force was established in May at the direction of the secretary to improve the process by which the Defense Department moves service members from one assignment to the next.

"We're building a system worthy of their sacrifice," Curtis said. "That's the mission."

For updates or assistance, service members should continue to use www.militaryonesource.mil and can call 833-MIL-MOVE. They can also reach the PCS JTF call center by e-mail at PCSCallCenter@mail.mil.

PCS Task Force launches call center

by Senior Airman Keira Rossman/PCS Joint Task Force

WASHINGTON — The Permanent Change of Station Joint Task Force launched a 24/7 call center Aug. 1 to help service members, Defense Department civilians and their families with their government moves. Service members can call 833-MIL-MOVE (833-645-6683), email PCSCallCenter@mail.mil or visit <https://www.defense.gov/Spotlights/Permanent-Change-of-Station-Joint-Task-Force/> for support.

Personnel using the 1-833-MIL-MOVE number will have their cases triaged prior to being escalated to the PCS JTF call center.

"When a military family reaches out for help, they shouldn't have to chase answers," said Army Maj. Gen. Lance G. Curtis, PCS JTF commander. "This call center ensures someone takes responsibility and stays with them until the issue is fixed."

Once a service member undergoing a government household goods move reaches the call center, trained military personnel log the issue into a centralized tracking system. Callers will receive regular, personalized updates until their issues are resolved.

Task force leaders estimate that 40 percent of calls that currently go to 833-MIL-MOVE will be escalated to the PCS JTF call center to help resolve moving issues.

"First, we receive a warm transfer from the system response center, where they explain the issue the service member is experiencing," said Marine Corps Sgt. Garay Reyes, a PCS JTF call center action officer. "Next, we pull the incident number or ticket to review the history of the situation. From there, we begin our own process to pinpoint the issue and find a reliable solution that meets the service member's needs. Throughout the entire process, our team follows up with the service member until the incident is fully resolved."

The call center offers around-the-clock support worldwide, ensuring military families receive assistance with household goods moves regardless of their time zone.

Personally procured moves are still the responsibility of service members who elect to use that option, and the task force call center personnel will help wherever possible. Detailed guidance for PPMs is available at [\[source.mil/resources/millife-guides/preparing-to-move-or-pcs/\]\(http://source.mil/resources/millife-guides/preparing-to-move-or-pcs/\).](https://www.militaryone-</p></div><div data-bbox=)

Reyes said the PCS JTF call center focuses on case ownership and ensuring a tailored and consistent communication experience.

"Case ownership means it becomes personal," he said. "It builds a sense of commitment — when you take ownership of a case, you're driven to help the service member to the best of your ability, even if you don't have the answer right away. That effort makes the customer feel heard and supported."

To prepare, call center action officers received training to ensure they could deliver expert-level support from day one. This included a call-answering workshop,

which emphasized best practices in clarity, empathy and effective communication.

"Being that voice on the other end of the line when a family is stressed is all too familiar," said Army Staff Sgt. Robert Fryerson, a PCS JTF call center action officer.

"Being able to empathize and understand their concerns allows me to address the needs of each service member better, knowing that their property will be taken care of and providing a safe place where they feel valued and cared for, not just another number."

The action officers also received hands-on instruction in Defense Personal Property Program systems and procedures, enabling them to assist with a broad range of PCS-related concerns beyond household goods tracking.

"It's an honor to be part of such an important mission," Reyes said. "There's nothing I enjoy more than helping military families have a smooth move and making a lasting impact on how PCS moves are handled today."

The call center launch follows a series of reforms to the Defense Personal Property Program.

Defense Secretary Pete Hegseth directed the creation of the PCS JTF as part of an effort to fix long-standing issues within the PCS process and to improve the quality of life for service members and civilian employees.

"Our people are not just names on a roster," Curtis said. "They're warfighters, parents, spouses and public servants. Reducing the stress of relocation is not just the right thing to do, it's a strategic imperative."



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24/7 Resource for Military Members & Families



Vacation Bible School offers opportunities for friendship, Bible stories, volunteering

LEFT: Amy Quinlan leads the opening ceremony for the 2025 Fort Leavenworth Vacation Bible School, themed “Yee Haw! Celebrating God’s Greatest Gift,” Aug. 1 at Frontier Chapel.

The Religious Support Office provides a multi-day, activity-laden Vacation Bible School each summer to allow children and parents to make friends and hear Bible stories.

More than 120 children and 80 adults participated in the 2025 VBS.

Many adults and youth in the chapel community, ABOVE, volunteered to support VBS.

Photos by Chaplain (Maj.) Christopher Weinrich/Religious Support Office

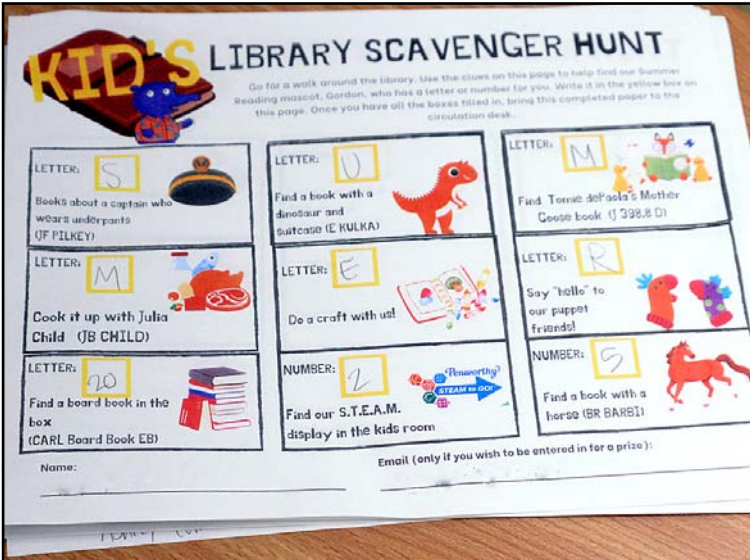
Summer Reading Program wraps up with ‘Check-Out Your Library’ event



Dare Harp looks through comic books with her 6-year-old sons Luke and Cade during the Check-Out Your Library event Aug. 1 at the Combined Arms Research Library. The event wrapped up the library’s Summer Reading Program. Other SRP events throughout the summer included puzzle parties, board game events, story times paired with activities and a chalk obstacle course.



ABOVE: Check-Out Your Library event participants lug book-filled totes into the Children’s Room Aug. 1 at the Combined Arms Research Library. Children could choose from a selection of free books, provided by the Command and General Staff College Foundation. Children could also go on a scavenger hunt around the library, searching for clues to complete a puzzle, BELOW, during the final event of the library’s Summer Reading Program. Other SRP events throughout the summer included puzzle parties, board game events, story times paired with activities and a chalk obstacle course.



Photos by Prudence Siebert/Fort Leavenworth Lamp

Fort Leavenworth chaplains speak at WWI Museum, Memorial event



Chaplain (Capt.) Hyang Choi, Midwest Joint Regional Correctional Facility Battalion (Corrections), and Chaplain (Maj.) Christopher Weinrich, Fort Leavenworth Garrison operations chaplain, talk with Matt Naylor, World War I National Museum and Memorial president and CEO, during the museum's celebration to honor the U.S. Army Chaplain Corps' 250th anniversary July 29 in Kansas City, Missouri. Choi and Weinrich answered questions and shared highlights from their service. Choi shared her religious support requirements in a correctional environment, and Weinrich discussed a highlight from a deployment to Iraq in 2010. He talked about the brigade's flight surgeon serving as the distinctive religious group leader for the Jewish soldiers, and noted that he received funds from the commander to purchase Seder meals for more than 20 Jewish service members. The event brought the community and Fort Leavenworth together to honor soldiers, families and chaplains in the U.S. Army's Chaplain Corps. The Chaplain Corps has historically performed or provided religious support for the commander's religious support plan in Army Regulations 165-1. During the visit to the WWI Museum and Memorial, the chaplains walked through the museum's chaplain display, ate at a reception and watched the documentary, "Three Chaplains." The documentary discussed the struggles and victories of Islamic chaplains in the Army, Navy and Air Force.

Submitted photos by S.K. Slaughter



There are NO ACCIDENTS

PLANNING TO BEAT THE HEAT THIS SUMMER?

When participating in any type of water-related activity, it's important to identify hazards and know your limits. If you don't know how to swim or are a weak swimmer should you really be wading in the ocean alone? Should you be riding on a boat or Jet Ski without a life jacket? Should you be participating in any water-related activities after or while consuming alcohol?

If you fail to identify hazards and know your limits, was it really an "ACCIDENT"?

<https://safety.army.mil>

Swim camp

(continued from Page A1)



Photo by Melanie Libby/Fort Leavenworth Lamp Intern

Lancers 17-year-old Alex Howell and 11-year-old Clarice Sevigny instruct a group of swimmers on the form for their next stroke during the Fort Leavenworth Lancers Swim Camp Aug. 4 at 1st Lt. David R. Bernstein Memorial Pool in Harney Sports Complex. Howell has been on the Lancers Swim Team for eight years, and Sevigny has been on the team for two years. Sevigny said she loves the Lancers Swim Team because it feels like a family. “It’s a bond that will never be broken,” she said.



Photo by Melanie Libby/Fort Leavenworth Lamp Intern

Seven-year-old Averi Catching, right, looks to her instructor, 12-year-old Alice Farquhar, to learn how to swim with a board during the Fort Leavenworth Lancers Swim Camp Aug. 4 at 1st Lt. David R. Bernstein Memorial Pool in Harney Sports Complex. Catching’s family moved to Fort Leavenworth July 25 and immediately signed her up for the swim camp so that she could try something new.

Summer fun

Three-year-old Margaret Garrett, center front, rests in the grass after running through the football field sprinklers as her sister 10-year-old Rae Garrett, neighbor 11-year-old Eleanor Childers, sister 8-year-old Sylvie Garrett and the girls’ brothers and neighbors play in the water Aug. 4 on Gruber Field. In addition to racing through the sprinklers, the group of siblings and friends played games like freeze tag and stretched out on the sidewalk to dry off.

Photo by Prudence Siebert/
Fort Leavenworth Lamp



a lot. It helps with confidence, and it helps build relationships, too,” Sevigny said.

The camp was open to children ages 10 and under, in one group, and ages 11 and older in another group. The week focused on strengthening different swim skills and strokes. Students spent the first day practicing freestyle and backstroke form. The first class helped determine a skill level for students to practice throughout the week. Beginner students continued to work on freestyle and backstroke swimming for the rest of the week, whereas intermediate students learned an additional breaststroke, and advanced students practiced each stroke to perfection and worked on endurance. At the end of the week, all participants will be awarded a certificate that notes what Lancer team would be best for them to join based on their skill level.

Ten-year-old participant Mark Romeo said that he’s enjoyed learning different types of strokes at the camp. “I’m really excited to learn techniques to get myself faster for when I get into competitive swimming and I’m racing people,” Romeo said. “But I also want to make sure everyone’s included and having fun.”

Romeo said the favorite swim stroke he worked on perfecting at camp was the backstroke.

“I really enjoyed the backstroke because I went really fast, probably the fastest I’ve done, and I never knew I’d do that good on the backstroke,” Romeo said on the first day of camp.

The Lancers Swim Team, which is celebrating its 60th anniversary this year, is open to everyone, and is based on ability instead of age.

“We have (members) as young as 8 (or) 9 years old. Some teams have 7-year-olds also,” soon-to-be Head Coach Jackie Hayes said. “The ability level starts them off, and we keep it really fun and light to start with so that we see them when they’re 16 and 17 years old still continuing the sport. So (we’re) keeping it fun while building that confidence and technique in the water.”

Hayes said she is excited to lead the team as a former Lancer herself.

“I swam with the Lancers (when) my mother was my coach. My daughter, who’s about to turn 18, started her swim career here on the Lancers also, so it’s kind of a full circle thing,” Hayes said.

The Lancers have participated in several swim championships over the summer.

The Senior Championships, which is for swimmers ages 15 and older, ran July 17-20 in Wichita, Kansas. Lancers Mary Archambault, Katelyn Johannes, Mychael Murphy and Nicholas Allison attended. Archambault placed third in the 50 fly.

District Championships for swimmers ages 14 and younger was July 25-27 in Topeka, Kansas. Liam Burbridge placed first in the 100 back, second in the 200 free, fourth in the 50 back, and fifth in the 100 free. Winston Longfellow placed third in the 50 free, third in the 100 back, seventh in the 100 free, and eighth in the 50 breast. Alanna Perez placed eighth in the 50 breast. Mary Alvey and Susannah McLin also attended.

Burbridge, Longfellow and Perez moved on to compete in the Age Group Championships July 31 to Aug. 3 in Lenexa, Kansas.

To learn more about joining the Lancers, visit www.fortleavenworth-lancers.com. Swimmers must be able to swim a minimum of 25 yards without stopping.

Based on the Army Transformation Initiative, Mingus said the Army hopes to get both the structure and end strength close to 458,000. The current end strength is 450,000.



Pet of the Week: Sky

Sky is a 2-year-old female great Pyrenees mix available for adoption at the Fort Leavenworth Stray Facility. She has already been spayed, vaccinated and microchipped. Her adoption fee is \$155. Call 913-684-4939 to make an appointment to meet her or inquire about fostering or adopting her. E-mail fortleavenworthstrayfacility@gmail.com for an adoption application. Visit www.FLSF.petfinder.com for adoptable pet profiles. Call 913-684-4939 for more information. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility. The Fort Leavenworth Stray Facility, at 510 Organ Ave., is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday; 9 a.m. to noon the second Saturday of the month; and by appointment for pre-approved adopters. Call 913-684-4939 to schedule an appointment. Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed. To apply to volunteer with the Fort Leavenworth Stray Facility, visit <https://vmis.armyfamilywebportal.com/>, enter ZIP code 66027, then search for "stray animal facility."

Photos by Prudence Siebert/Fort Leavenworth Lamp



Fort Leavenworth Stray Facility

510 Organ Ave // (913) 684-4939

Adoptions • Volunteer Opportunities

Practice HEAT SAFETY
Wherever You Are

Heat related deaths are preventable. Protect yourself and others from the impacts of heat waves.

[weather.gov/heat](https://www.weather.gov/heat)

Job Sites

Stay hydrated and take breaks in the shade as often as possible

Indoors

Check up on the elderly, sick and those without AC

Vehicles

Never leave kids or pets unattended - LOOK before you LOCK

Outdoors

Limit strenuous outdoor activities, find shade, and stay hydrated

THURSDAY
AUGUST 7, 2025



LAMP

Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

Feeling lost in the car lot? Let ACS be your navigator!
We'll get you going in the right direction.
Join us for our 2025

CAR BUYING WORKSHOP

August 7
3:00pm - 4:00pm
ACS Classroom
Resiliency Center
600 Thomas Ave
Ft. Leavenworth, KS
Call for more info: 520-716-4951

In this FREE workshop, we'll cover:

- Building credit
- Navigating the car loan process
- Available Military resources
- How to find the right vehicle for your needs

leavenworth.armymwr.com



Come join us for the CGSOC - Class 2026 Spouse Panel

at
**Lewis & Clark Center,
Eisenhower Auditorium**
Doors open at 5:30 p.m.
Thursday August 7, 2025

LTG Beagle, COL Diven, Garrison Representatives, and the US Student Detachment team will give brief presentations to help you learn about the course and what the next year will entail. Following the presentations, there will be a question-and-answer period and an opportunity to visit with various FT Leavenworth organizations in the atrium. It's also a great opportunity to meet people and make new friends!

See you there!

DOCS | DENTAL
FORT LEAVENWORTH

BBQ Party

August 8/1100-1400/Exchange Parking Lot

- ~ Hamburgers
- ~ Hot Dogs
- ~ Chips
- ~ Drinks

Back to School gifts & More!!

EXCHANGE

30TH ANNUAL
THE GREAT ESCAPE 5K

9 AUGUST - 0800 - Old USDB
\$30 / Individual • \$60 / Family of 3

Online Registration

Sign up by 24 JULY to guarantee your t-shirt!
Same day registration available.

For more information call 913-684-1674

250th Anniversary
MWR
US Army

SAINT IGNATIUS CATHOLIC COMMUNITY

MINISTRY FAIR

August 3rd & 10th 10:30am

Fellowship Hall
Frontier Chapel

- RELIGIOUS EDUCATION
- CWOC
- KNIGHTS OF COLUMBUS
- ADORATION
- LITURGY MINISTRY
- MUSIC MINISTRY

QUESTIONS? CONTACT:
ftleavenworthcatholic@gmail.com

AUGUST 16
9AM - 1PM

PAIR DAY

POST ACTIVITIES, INFORMATION, AND REGISTRATION

Harney Sports Complex
185 Fourth St.
Info: (913) 684-1674
leavenworth.armymwr.com

Experience what Fort Leavenworth and the greater Kansas City area have to offer at PAIR Day!
This is your one-stop shop for everything social, recreational, spiritual and educational.
There will be informational tables and lots and lots of FREEBIES!
And the best part...it's all FREE to attend!

Partnership does not imply endorsement
Braniff
UNITED
Frontier
USAA
WARRIOR
SHUTTLE

The FLSC is where you bee-long!

SUPER SIGNUP

MUFFINS & MEMBERSHIP

LOCAL VENDORS, COMMUNITY ORGANIZATIONS,
SUB CLUB SIGN-UPS, PRIZES, SHOPPING, AND MORE!

TUES, AUG 19 10 AM-12:30 PM
FRONTIER CONFERENCE CENTER

FORTLEAVENWORTHPOUSESCLUB.ORG

In the market to buy a new home? ACS has the keys to get you started!
Join us for our 2025

HOME BUYING WORKSHOP

August 21
3:00pm - 4:00pm
ACS Classroom
Resiliency Center
600 Thomas Ave
Ft. Leavenworth, KS
Call for more info: 520-716-4951

In this FREE workshop, we'll cover:

- Building credit
- How the home buying process works
- The different types of home loans, including VA loans
- Military resources available
- How not to be "House Poor"

leavenworth.armymwr.com

Community Blood Center

Blood Drive

Life's a trip

Save a life and you could win a trip for 2.
savealife.org/trip

Fort Leavenworth

Thursday, August 28th
9:00 AM - 2:00 PM

Fellowship Hall
Frontier Chapel, 625 Thomas Avenue

Prepare to donate

- Eat well and hydrate
- Bring a photo ID
- Fast (good and syngium-free)
- 17+
- Must be 17+ or 16 with parental consent form
- Meet minimum weight requirements

For full eligibility requirements and COVID-19 information, visit [savealife.org/eligibility](https://www.savealife.org/eligibility)

Sign up at savealifenow.org/group and use group code BK. For additional details, contact Kari Beever at 816.351.9308 or kbeever@cbcc.org.

877.468.6844 • savealifenow.org

f i x y t

The Application Window for AMSP is open NOW!

The Mind is the Key to Victory

1. Scan the QR Code or use the link below
<https://forms.osi.apps.mil/r/nXR5sQTPsn>
2. Follow the instructions for packet submission

SAMS Application

Application window: 15 JUN - 15 AUG 25
Examination dates: 04, 05, 07 AUG 25
(Makeup dates 09 & 16 AUG 25)
Interview window: 01-28 AUG 25
Selection board: 08-12 SEP 25
List release: NLT 15 OCT 2025

THE FRONTIER ARMY MUSEUM
MILITARY LIVING HISTORY DAY
September 6th, 2025
Saturday
9 am – 4 pm

Open to the Public / Free to Attend!

Location: The Frontier Army Museum
100 Reynolds Ave, Fort Leavenworth, KS 66027

Military reenactors from various periods,
historic military vehicles, and a great Army
museum!

Coordination in advance for
reenactors is necessary due to
installation security policies

Reenactor Contact / General Questions: Jonathon Krisko 610-349-2750 / jonathon.krisko@gmail.com
Frontier Army Museum: (913) 684-3191

Join Us!
Lancers
2025-2026
FORT LEAVENWORTH LANCERS
SWIM TEAM
REGISTRATION OPENS AUG 8TH!

- Open to all swimmers, military and civilian.
- To schedule a tryout/group placement click "New Swimmer Information" on our website.
- Practice begins Aug 18, 2025
- Swimmers must be registered to practice.
- August is free for new swimmers, register soon.
- Only the registration fee is collected in Aug.
- Practice at Harney Gym - 1LT David R. Bernstein Memorial Pool

USA SWIMMING REGISTRATION

- 2026 USA Swim Registration opens Sept 1st.
- All swimmers must also re-register with USA Swimming.

www.fortleavenworthlancers.com

FROM COMPASSION TO ACTION: 2024 STRONGHOLD YEAR IN REVIEW

Our Ambassadors supported
military families in several
military installations across
17 states and **4** countries



72,500
Pounds of Food Distributed

65,550
Meals Distributed

Every single pound distributed by Stronghold was
utilized and tailored to the family's needs - we take pride
in being an excellent steward of every donation dollar.



Our volunteers



donated
3,500 hours

valued at
\$111,300



We conducted two pop up
pantries at JBLM and Fort
Campbell serving 347
individuals.

Over \$35,000 in basic necessities ranging
from feminine hygiene products, household
items, school supplies, diapers, wipes,
portable cribs, winter coats, socks, etc.



strongholdfoodpantry.org

Stronghold Food Pantry is a volunteer-run,
501(c)(3) charitable organization serving
American military families facing food
insecurity with care and dignity by providing
food, necessities, and resources. Stronghold
strives to remove the stigma and ease the
epidemic of food insecurity among military
communities by proliferating awareness,
advocacy, and collaboration.



STRONGHOLD DISTRIBUTION & HAPPY BOTTOMS

By Appointment Only | strongholdfoodpantry.org

SUN	MON	TUE	WED	THU	FRI	SAT
31					1 Pack the Backpack Event	2
3	4	5	6 Open Pantry Happy Bottom 11:00 - 1:00	7	8	9
10	11	12	13 Closed	14 Pop-Up Fort Campbell	15	16
17	18	19	20 Open Pantry Happy Bottom 11:00 - 1:00	21	22	23
24	25	26	27 Closed	28 Pop-Up Joint Base Lewis- McChord	29	30

IMPORTANT ANNOUNCEMENT

**HAVE YOU
VOLUNTEERED, DONATED,
PARTNERED, OR RECEIVED
SUPPORT FROM STRONGHOLD?**

We want to hear your story.
Share how being part of this mission has
impacted you — personally or professionally.
Named or anonymous — every voice matters.

You can email us today at:
Contact@strongholdfoodpantry.org



**FREE
SUMMER
MEALS
FOR KIDS
AGES 1-18**



Find a summer meal site near you: <https://buff.ly/ajb2ct2>

UNITED STATES ARMY COMBINED ARMS CENTER AND FORT LEAVENWORTH SEXUAL HARASSMENT AND SEXUAL ASSAULT RESPONSE WORKFORCE



Ms. Amanda Bonseigneur
Lead SARC
Amanda.bonseigneur.civ@army.mil
Teams: 520-669-3474
Office: 913-684-2810
Cell: 913-704-9620
Bldg 197, 632 McClellan Ave



Mrs. Danielle Rothering
Supervisory SARC
Danniele.r.rothering.civ@army.mil
Teams: 571-588-0146
Cell: 913-704-5623
Bldg 197, 632 McClellan Ave



SFC Jerri Osborne
Team 1 SARC
jerri.l.osborne.mil@army.mil
Teams: 520-692-6520
Office: 913-684-2842
Cell: 913-565-0741
Bldg 197, 632 McClellan Ave



LTC Craig Arnold
Team 2 SARC
craig.d.arnold.mil@army.mil
Teams: 520-692-8849
Office: 913-684-2818
Cell: 913-704-9604
Bldg 197, 632 McClellan Ave



SFC Jacob Roach
Team 3 SARC
jacob.w.roach.mil@army.mil
Office: 913-684-0956
Cell: 913-547-5075
835 Sabalu Rd



Mr. Josh Belle
Team 4 SARC
joshua.p.belle.civ@army.mil
Teams: 520-945-5992
Office: 913-684-5230
Cell: 913-680-5699
Bldg 58, 614 Custer Rd



Ft Leavenworth SHARP Resource Center

Building 197, 632 McClellan Ave
Fort Leavenworth, KS 66027

Contact the team at usarmy.leavenworth.cac.mbx.cac-sharp@army.mil

Located at the corner of
Kearny Avenue and
McClellan Avenue, next to
the Post Parade Field

We Have Realigned Under an Installation Model

- Team 1** AAFES, ACS, AFC, ARI, CDID, Cemetery, CID, CPAC, DeCA, DES, DLA, DMPA, FMWR, LRC, MCCoE, MICC, Museum, NEC, PAO, RCI Housing, TDS/SJA, TRAC, USAFMFA, USAG HQ, USASMDC, USD 207, and US STAG CMD.
- Team 2** CAC HQ, CAC-T HQ, MCTP, NSC, STB, TMD, 505th CCW and 500th/67th MP
- Team 3** ACB, MWJRCF, USDB
- Team 4** Army U, CGSC, Dental, DLI, MAHC staff, Patients, SAMS, SOF, TRADOC, Veterinarian, and Other Service Staff tenant personnel

Fort Leavenworth 24/7 SHARP Hotline
913-683-1443
DoD Safe Help Line
877-955-5247

Sexual Harassment Complaint Reporting Option

Formal | Anonymous | Confidential

Sexual Assault Reporting Option

Restricted | Unrestricted | CATCH-Only

Retaliation Reporting Options

Command | IG | SARC | DoD Safe Helpline | CPAC (DA Civ Only)

Find us on Facebook



WeCare
App




GET IT ON
Google Play



STEP FORWARD: Prevent. Report. Advocate.

Current as of 18 March 2025



BRING YOUR FRIENDS AND JOIN US FOR

CAMPUS LIFE MILITARY WATER WARS

Slip n Slide Kick Ball, other water games, snacks, and Jesus!

AUGUST 19, 2025 • 6:00 - 8:00 PM
Harrold Youth Center



CAMPUS LIFE MILITARY

POC: Samantha Odle
(605) 569-3820 / sodle@yfc.net

Volunteer with Campus Life Military!

☀️ Make a Difference in the Lives of Military-Connected Youth ☀️

♥️ Do you have a heart for teens?

💬 Do you love sharing the hope of Christ?

🌍 Want to impact youth from around the globe—right where you are?

We need caring adults who:

- ✓ Build relationships with teens
- ✓ Lead fun activities & small groups
- ✓ Support local ministry efforts
- ✓ Be a consistent, encouraging presence
- ✓ Have a willing heart and a passion for Jesus!


Ministry Activities:

- Club
- Small Groups
- Special Events
- Camps / Trips
- Contacting
- Appointments




CAMPUS LIFE MILITARY

Samantha Odle
(605) 569-3820
sodle@yfc.net




VERTICAL Marriage

THE ONE SECRET THAT WILL CHANGE YOUR MARRIAGE



Supported by **cru**

Meals & Childcare provided



DATE NIGHT

08 AUG, 05 SEP, 10 OCT, 07 NOV, 05 DEC


For more information and to register, scan the QR code or call/text 910-644-2999

Discipleship Training Breakfast

A YEAR LONG TOPICAL BIBLE STUDY & BREAKFAST FOCUSED ON INTEGRATING FAITH IN CHRIST INTO ALL DOMAINS OF OUR LIVES (PERSONAL DEVELOPMENT, FAMILY, PROFESSION, AND COMMUNITY)

0600-0730 EVERY TUESDAY IN PIONEER CHAPEL






CWOC KICKOFF

AUGUST 21ST
0900
PIONEER CHAPEL

WATCHCARE AVAILABLE





Scan QR code to register for PWOC 2025-2026!



Protestant Women of the Chapel FALL KICKOFF PROGRAM

August 19th
8:30am-11:00am
Frontier Chapel
625 Thomas Ave

Evening Kickoff
6:30pm-8:00pm



Shine Boldly

Join us for worship, food, fellowship, and Bible study signups!

Childcare provided
Homeschool room available



Join Our Team



FORT LEAVENWORTH SCHOOL DISTRICT OPENINGS FOR THE 2025-26 SCHOOL YEAR:

- Special Education Teacher
- Licensed Behavior Analyst - BCBA
- Speech-Language Pathologist
- Occupational Therapist
- Pre-K Instructional Assistant
- ESOL Instructional Assistant
- Food Service Cook
- Lunchroom Aide

VIEW ALL OPENINGS -->



APPLY NOW





www.usd207.org - 913-651-7373

COYS

We're Hiring NOW!

Join our Team as a **Child and Youth Program Assistant** at Fort Leavenworth!
Pay starts at **\$18.71** per hour

Great pay and benefits!

Career Progression & Paid Training
Retirement & 401K
FREE childcare for the 1st child and 25% discount for each additional child
Regular Full-Time/ Part-Time & FLEX Hours Available
Medical, Dental, Vision, & Life Insurance Benefits *
Paid Leave, & Paid Federal Holidays for Full-Time & Part-Time
Access to Commissary & AAFES Shopping Privileges & MWR Facilities
Job Transfer Program Worldwide Through Civilian Employment Assignment
Tool
*Conditions Apply



Scan here to apply!
ArmyMWR.com/cyscareers



ACS EVENTS

04-08
AUG

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Newborn Care Class 5:00-7:00 pm	Stroller Walk 09:00-10:00 am In-Processing Brief 09:00-10:00 am OCONUS Brief 10:00-11:00 am	Toddler Time 09:00 am Story Time 10:00 am Resume Writing 12:00-2:00 pm *evening 5:00-7:00 pm	Play Morning 09:00am + 10:00am EFMP Refreshing Conversations 10:00-11:00 am Anger Management Series 1:30-3:00 pm Car Buying 101 3:00-4:00 pm	Wiggles and Giggles 10:00-11:00am

Call ACS at 913-684-2800 to register for any upcoming event
 For any AER assistance please visit armyemergencyrelief.org
 Victim Advocate 24HR Hotline: 913-683-2537

ARMY COMMUNITY SERVICE



MON - FRI 0800-1600 with limited hrs Thurs 1300 - 1600 913-684-HELP(4357)/2800

Resiliency Center, 600 Thomas Ave, Bldg. 198 ** ACS is closed for lunch 1130-1230 daily**

AUG 2025

RELOCATION READINESS PROGRAM

In-Processing Brief
Tuesdays, 9:00am-10:00am
OCONUS Levy Brief
Tuesdays, 10:00am-11:00am

Smooth Move offered upon request.



Bowling for Families of Deployed Service Members

Aug. 02 12:00pm-2:00pm
Strike Zone Bowling Center
**Registration required*

Lending Closet

Are you In/Out-Processing and need essentials? ACS has short-term basic items to help you get by.

- Kitchenware
- Cookware
- Small Appliances

<https://leavenworth.armymwr.com>

EXCEPTIONAL FAMILY MEMBER PROGRAM

EFMP Bowling
Aug. 02, 12:00pm-2:00pm
Strike Zone Bowling Center

EFMP Refreshing Conversations
Aug. 07th, 10:00am-11:00am
Resiliency Center Room 157
Registration Required for EFMP events

EFMP Lending Library
Now Open!
Come and discover our range of sensory and educational products available for loan.

SURVIVOR OUTREACH SERVICES

GOLD STAR CHILDREN'S DAY

We will recognize Gold Star Children's Day on Aug. 01, 2023



Walk/Run for the Fallen
Sept. 13th
08:00-10:00am

facebook.com/FortLeavenworthACS

FINANCIAL READINESS PROGRAM



Offers counseling services and classes upon request to assist Soldiers and their families in achieving personal financial goals.

Car Buying

Aug. 07th 3:00-4:00pm
Resiliency Center Rm. 157

Home Buying

Aug. 21st, 3:00-4:00pm
Resiliency Center Rm. 157

**No registration is needed, but please call ahead for large groups.*

ARMY EMERGENCY RELIEF (AER)

Provides emergency assistance to active-duty service members, their families, and retired service members.

For emergency financial assistance apply at:
www.armyemergencyrelief.org
And call the ACS main line during duty hours to follow up.

Command & Troop training is also available upon request.

facebook.com/FortLeavenworthFMWR

EMPLOYMENT READINESS PROGRAM

Teen Employment

Aug. 01, 10:00am-12:00pm

Resume Writing

Aug. 06, 12:00pm-2:00pm

**Evening 5:00pm-7:00pm*

Federal Employment

Aug. 20th 12:00pm-2:00pm

**Evening 5:00pm-7:00pm*

Interview Skills & Professionalism

Aug. 27, 12:00pm-2:00pm

**Evening 5:00pm-7:00pm*

**All classes located at the Resiliency Center, Rm 157*

ARMY VOLUNTEER CORPS

Volunteer Basics

Aug. 22, 12:00pm-1:00pm,
Resiliency Classroom
Room 157

Visit website below to register for an account and find opportunities to volunteer in the community.
[https:// vmis.armyfamilywebportal.com](https://vmis.armyfamilywebportal.com)

<https://home.army.mil/leavenworth>

ARMY COMMUNITY SERVICE



MON - FRI 0800-1600 with limited hrs Thurs 1300 - 1600 913-684-HELP(4357)/2800

Resiliency Center, 600 Thomas Ave, Bldg. 198 ** ACS is closed for lunch 1130-1230 daily**

AUG 2025

NEW PARENT SUPPORT PROGRAM

Call 913-297-3212 to register for all NPSP classes & events.



Stroller Walk
Tuesdays 09-10 am
Meet at the front of the Resiliency Center

Dad's Night Out
August 20th,
6:00-8:00pm
Restaurant TBD

Mom's Night Out
August 27th,
6:00-8:00pm
Restaurant TBD



Fridays, 10-11 am
Resiliency Center,
Playroom

Did you know that Home Visits are available for pregnancy through 3 years of age? Schedule your appointment with the NPSP team today!

Newborn Care Class
August 04th
5:00-7:00pm
Resiliency Center
Rm 157

Breastfeeding Class
August 11th
5:00-7:00pm
Resiliency Center
Rm 157

Potty Training
August 18th
5:00-7:00pm
Resiliency Center
Rm 157

FAMILY ADVOCACY PROGRAM

Registration is required for all FAP events.

Anger Management Series
August 7th, 14th, 21st, 28th,
1:30-3:00 pm

5 Love Languages for Teens
August 13th
1:00-2:30pm



Anger Management
August 21st
11:30am-1:00pm

Navigating Teen Years
August 20th
1:00-2:00pm

**All FAP classes located at the Resiliency Center, Rm. 145*

CALL ACS TO REGISTER FOR CLASSES TODAY! ALL EVENTS LISTED ARE FREE!

<https://leavenworth.armymwr.com>

facebook.com/FortLeavenworthACS


facebook.com/FortLeavenworthFMWR

<https://home.army.mil/leavenworth>

Join ACS/ New Parent Support for

Toddler Time


Wednesdays @ 9am
The Resiliency Center
600 Thomas Ave
Fort Leavenworth, KS



Learn through play as we build social skills, introduce preschool routines, and explore!

Toddler Time is free and open to ages 2 to 3 years (must have an adult present).

Please call or text by the close of business day on the Tuesday before Toddler Time.
913-297-3212



Stroller Walk & Talk



Meeting at
The Resiliency Center
600 Thomas Ave
Every Tuesday Morning
March - May
Oct - Nov
10am - 11am
June - Sept
9am - 10am

This is a **FREE** opportunity to meet other parents of small children, get healthy and socialize all while enjoying the walking paths of Ft. Leavenworth!

Offered to expecting parents and to parents of children through 3 years of age. Must bring your own stroller. Register the day before!

POC 913-297-3212



ACS Family Advocacy New Parents Support Program Presents


Toddler Time Playgroup

- Free toddler play group.
- Open to ages 2-3 years old with adult.
- Offers an introduction to preschool routines, explores educational concepts, and builds social skills through hands on experiences and activities.


Wednesdays @ 9:00am

Located at the Army Community Service Resiliency Center
600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text
913-297-3212 or 913-297-9704



5 Love Languages of Teenagers




Do you ever feel like you and your teen are speaking another language?

The "5 Love Languages of Teenagers" class is geared toward caregivers that want to communicate with their teens in a way that everyone feels heard, understood, and most importantly loved.

ACS Classroom 145
Feb 12, May 14, Aug 13, Nov 12
1-2:30pm
FREE

Open to all DOD civilians, active duty, and retired military that are caregivers raising teens
Call to register (deadline is day before class)
913-684-2822 / 2808



leavenworth.armymwr.com

ACS Family Advocacy New Parents Support Program Presents

Storytime!



Free
Open to ages 3 months - 3 years old with adult.

Join us for storytime to use our imagination and develop a love of books

Storytime fosters early literacy skills, language development, and social growth.

Every Wednesday @ 10:00 am

Located at the Army Community Service Resiliency Center
600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text
913-297-3212 or 913-297-9704



ACS Family Advocacy New Parent Support Program

Play Morning

Thursdays from 9-11:00 a.m.
Ages 3 months – 3 years with Guardian • Resiliency Center

Free play group for ages 3 months - 3 years and their parents/guardians.

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.

Army Community Service | Resiliency Center | 600 Thomas Ave. | Fort Leavenworth, Kansas
Registration required, cut off is day before event (913) 297-3212 or (913) 684-2800



www.facebook.com/acs.fortleavenworth

WIGGLES & GIGGLES

Fridays 10am - 11am
ACS Playroom
600 Thomas Ave

FREE
Ages 3-12 months
Register by COB Thursday

We wanna go...



Get their wiggles out and join in some baby giggles! Take a moment to connect with other parents! Babies learn through play! So let's get on the floor and explore!

For more info or to register call 913-297-3212 / 9704



SKIES Curtain Call

FROZEN JR

Registration Opens: **July 21 at 9am**
Registration Closes: **August 11 at 12pm**

Participants must be 8+ on or before August 28. Register online or in person at any CYS facility.

Cost: \$275



Rehearsals will begin: **September 9 at 4pm**
The Post Theater / 375 Grant Ave
Fort Leavenworth, KS

Mandatory Parent Meeting : **August 26**
Auditions begin: **August 28**

Performances: **December 6 at 2pm and 7pm**

There are only 30 spaces available. Selections will be made by lottery if more than 30 participants sign up. The remaining interested participants will be placed on a waitlist. Curtain Call is a large commitment of time and responsibility.

For more info: call 913-684-3207 or text 913-704-7595



SKIES

Instructional Catalog for Classes August - December 2025

Registration begins July 7 @ 9am*

We're on our way!



*A current registration with Parent Central is required to enroll. For more info call: 913-684-5138

OPEN HOUSE
July 24th from 5:30pm - 7:00pm

Patch Community Center
320 Pope Ave
Fort Leavenworth, KS

For more info on SKIES call: 913-684-3207 or text: 913-704-7595



Now offering new classes at SKIES!

Come get a kick out of Tae Kwon Do!

Brand new, fun, and physical classes taught by a certified black belt in Tae Kwon Do. ENROLLMENT IS OPEN NOW!

TAE KWON DO!


Tuesdays & Thursdays
Ages 6 - 12 at 4pm
\$11 a class session (multiplied by number of classes offered in a month)
limited space

Ages 6 - 12 at 5pm
Joint class w/ Parent or Guardian
\$22 a class session (multiplied by number of classes offered in a month)
limited space
Fee is for one child plus adult, please contact SKIES to add additional children to session at \$71 a child.

Gruber Fitness Center
Martial Arts Room
200 Reynolds Ave
Ft. Leavenworth, KS


Must be registered at Parent Central to attend classes. Classes will remain open until full. Call for more info: 913-684-3207

Leavenworth.armymwr.com



SHARE THE NUMBER SPREAD THE WORD

CALL OR TEXT



988


CHAT
988LIFELINE.ORG

There is hope.



988

SUICIDE & CRISIS LIFELINE




VOLUNTEER BASICS

JAN 17 • FEB 7 • MARCH 7 • APRIL 4 • MAY 9 • JUNE 13
JULY 18 • AUG 8 • AUG 22 • SEPT 19 • OCT 17 • NOV 14 • DEC 12
ACS CLASSROOM • 600 THOMAS AVE. • TIME: 12PM - 1PM

DO YOU WANT TO MAKE A DIFFERENCE IN OUR COMMUNITY? IF SO, THEN BE SURE TO CHECK OUT VOLUNTEER BASICS. LEARN ABOUT VOLUNTEER OPPORTUNITIES ON FORT LEAVENWORTH AND IN THE COMMUNITY. PARTICIPANTS WILL LEARN THE BENEFITS OF VOLUNTEERING AND HOW TO PROPERLY LOG HOURS INTO THE VOLUNTEER MANAGEMENT INFORMATION SYSTEM (VMIS).

REGISTRATION IS NOT REQUIRED. JUST SHOW UP.

INFO: (913) 684-2800



TRAILS WEST GOLF COURSE

Come Experience TRAILS WEST GOLF COURSE

- Pristine Course
- Pro Lessons
- Tournament Packages
- Simulator
- And much more!

Visit the Fairway Grille and the Pro Shop! Conveniently located in the Clubhouse.

306 Cody Rd
Ft. Leavenworth
913-651-7176



Teen Employment Workshop

Picking your future career is just one piece of the puzzle.

The Teen Employment Workshop takes the guesswork out of job searching, resume building, and tailoring your skills to the job that you want!

Learn how to fit the pieces together to create an exciting picture of your future career goals!

ACS Classroom
10:00am - 12:00pm
March 14
April 18
May 30
June 28
July 11
August 1

FREE! Registration is required the day before the workshop. For ages 14 - 20. For more info please call 913-684-2800

Navigating the Teen Years

Feb 19, May 28, Aug 20, Nov 19 @ 1 - 2:30pm

ACS Classroom 145 600 Thomas Ave

One session workshop Available in person or virtual

Ever wish that raising your teen came with an instructional manual?

The Navigating the Teen Years workshop is your guide to the difficult questions.

We'll discuss:

- Teen Mental Health
- Substance Abuse
- Raising Teens in a Digital Age
- Understanding Social Media
- Teen Sexualized Behaviors

FREE and open to all DoD ID holders 18+ Register by calling 913-684-2811/ 2808 Deadline to register is the day before class.

STANDARD OPERATING PROCEDURE

QR code

HYC AFTER-SCHOOL PROGRAM

School is in session, but the FUN doesn't need to stop! Hang with your friends! Do cool stuff! And make some memories!

FREE!

*Enroll now at Harrod Youth Center 45 Biddle Blvd 913-684-5118

HYC Hours
Mon-Thurs 3PM - 7PM
Friday 3PM - 9PM
Saturday 2pm - 8pm
Closed Sunday

Administrative Hours
Monday - Friday 9AM - 6PM

Offering:
Homework Help
STEM Programs
Gym Activities
Music Classes
Arts & Crafts
Special Events
Clubs & More!

Follow HYC on FB!

*HYC is for 6th - 12th Graders only. Must be registered with CVS Parent Central prior to enrolling. Contact 913-684-5138 for more info on registration and eligibility

QR code

Co-Parenting Workshop

Round 1: April 7, 14, 21, 28
Round 2: July 7, 14, 21, 28
Round 3: September 8, 15, 22, 29
@ 12:00pm - 1:00pm
ACS Classroom 145 600 Thomas Ave

Learning to co-parent after a divorce can feel like being on opposite ends of a chasm.

Our four week workshop will show you how to build a bridge that will enhance parenting skills, enrich positive co-parenting, learn to develop and use boundaries, and establish a joint plan for managing expectations about your children's growth, development, and behavior.

FREE and open to all DoD ID holders 18+ Register by calling 913-684-2811/ 2808 Deadline to register is day before class. Participants are encouraged to attend every class as each session will be different. Ask about virtual options!

QR code

STRESS Management

May 15, July 17, September 18, November 20 11:30am - 1:00pm 600 Thomas Ave Room 145

STRESS WEIGHING YOU DOWN?

IT'S TIME TO TAKE BACK CONTROL

WORK HOME SAVINGS

FREE one-session workshop 18+ No childcare Deadline to register is day before training. Virtual attendance is available through TEAMS. For more info: Call 520-692-6378

QR code

Register for the ACS ANGER MANAGEMENT COURSE WE CAN HELP.

ABOUT TO FLIP YOUR LID?

Our 8 week Anger Management Course will teach you a new tool every week to stay cool and collected in even the most difficult of settings. Each week will have realistic scenarios, feedback, and opportunities to apply newly learned skills in a group setting.

Round 1 May 1, 8, 15, 22, 29 June 12, 19, 26
Round 2 August 7, 14, 21, 28 September 4, 11, 18, 25
Round 3 October 2, 9, 16, 23, 30 November 6, 13, 20

All sessions are in Room 145 at the Resiliency Center 600 Thomas Ave 1:30pm - 3pm

FREE and open to all DoD ID card holders 18+ Deadline to register is the day before the first day of training. Participants must attend each day in the round. Virtual attendance is available through TEAMS. Call 913-684-2800 for more info

QR code

DAD'S NIGHT OUT

Dad's Night Out is offered by ACS New Parent Support Program for Dads of children 0-3 years of age to get out of the house without the kids and meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.

2025 DATES:
Jan 22 • Feb 19 • March 19 • April 23
May 21 • June 18 • July 23 • Aug 20
Sept 17 • Oct 22 • Nov 12 • Dec 3

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Dads with children 0-3 years old.

For more info: (913) 297-3212 or (913) 684-2800

MOM'S night OUT

This event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.

2025 Dates:
Jan 29 • Feb 26 • March 26 • April 30
May 28 • June 25 • July 30 • Aug 27
Sept 24 • Oct 29 • Nov 19 • Dec 10

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old.

Info: (913) 297-3212 or (913) 684-2800

QR code

EFMP/ Waiting Families RECREATIONAL BOWLING

Every first Saturday of the month 12:00pm - 2:00pm Strike Zone Bowling Center 165 Fourth St

Meet other EFMP families! EFMP Recreational Bowling is a fun way to socialize, and sharpen fine motor skills.

All ages welcome! FREE for the entire family including shoes! Bumpers, bowling ramps, and lightweight bowling balls are available.

Pre-registration is required the Wednesday before the event. Fort Leavenworth Waiting Families, call ACS to reserve your spot! Call 913-684-2800 for more info or to register

QR code

ACS New Parent Support Prenatal Classes 2025

Childbirth Classes:
Series of three classes
Jan 6th, 13th, 27th
Mar 3rd, 10th, 17th
May 5th, 12th, 19th
July 14th, 21st, 28th
Sep 8th, 15th, 22nd
Nov 3rd, 17th, 24th

Newborn Care Classes:
Feb 3rd
April 7th
June 2nd
August 4th
October 6th
December 1st

Breastfeeding Classes:
February 10th
April 14th
June 9th
August 11th
October 20th
December 8th

Free for Expectant Parents!

600 Thomas Ave Room 157 All classes are from 5 pm - 7 pm

Deadline for Registration is the Friday before the class. Pre-registration is required. Contact 913-297-3212

ACS New Parent Support 2025 Potty Training

Come join us to learn the cues to look for when deciding to potty train! Learn valuable tips to get you started!

Are you ready?

Time to lose the diapers?

FREE For Parents of Children aged 0-4 years *Pre-registration Required* Deadline is Friday before class Contact 913-297-3212

600 Thomas Ave Room 157 2/24, 4/28, 6/16, 8/18, 10/27, 12/15 5 pm - 7 pm

QR code

ARMY COMMUNITY SERVICE LOAN CLOSET FORT LEAVENWORTH, KANSAS 913-684-2830/2800

Who: All Active Duty, Retiree, DA Civilian and their family members who are either permanent party, TDY or PCSing.

When: M-F 0730-1630

Where: 600 Thomas Avenue (Pull into the Alley behind the ACS building and call the number on the black sign).

Rules: Loans are limited to 30 days for in and out- processing personnel. This can be extended by phone if needed. Checkout of items for an event is limited to 10 days. Customers are responsible for replacing any item that is damaged or lost.

Items available:

Pre-Packed Kitchen Kit:

- 1 Bowl (mixing)
- 1 Pitcher
- 1 Colander
- 1 Cutting Board
- 1 Skillet
- 2 Pots with Lids
- 4 Plates
- 4 Bowls
- 4 Coffee cups
- 4 Forks
- 4 Spoons
- 4 Knives
- 1 Large Kitchen Knife
- 4 Steak Knives
- 1 Peeler
- 1 Cookie Sheet
- 2 Serving Spoons
- 1 Spatula
- 4 Plastic Glasses
- 1 Can Opener
- 1 Set of Measuring Spoons
- 1 Measuring Cup
- 1 Pot Holder

Additional Items Available:

- Cheese Graters
- Pizza Cutters
- Spaghetti Servers
- Tongs
- Whisks
- Glass Baking Dishes-Rectangle
- Glass Baking Dishes-Circle
- Muffin Pans
- Hand Mixers
- Veggie Steamers
- Large Kitchen Knives
- Mixing Bowls
- Skillets
- Pots with Lids
- Plates
- Bowls
- Coffee Cups
- Blenders
- Coffee Makers
- Crock Pots
- Toasters
- Rice Cookers
- Microwaves
- Indoor Grills
- Electric Skillets
- Panini Grills
- Plastic Glasses
- Utensils
- Square Tables
- Circle Tables
- Folding Chairs
- Strollers
- Baby Gates
- Booster Seats
- Cribs
- High Chairs
- Pack and Play
- Laundry Baskets
- Sleeping Mats
- Irons
- Ironing Boards
- Trash Cans

Download the My Army Post App

Stay in the know at your Garrison

- Installation Services
- Gate Hours
- Community Events
- Maintenance Requests
- Weather
- Resources
- AND MORE

QR code

Google Play

App Store

My Army Post

DoD Safe Helpline

Sexual Assault Support for the DoD Community

safehelpline.org | 877-995-5247

ARMY COMMUNITY SERVICE ACS Real-Life Solutions for Successful Army Living

Victim Advocate Hotline: (913) 684-2537
Child Abuse Hotline: (913) 684-2111
SHARP Hotline: (913) 683-1443
Chaplain: (913) 683-1443
AER Assistance After Hours:
American Red Cross at (877) 272-7337

August & September Kids Classes



Pottery/Ceramic Studio

New Pottery Classes! Wheel Throwing

\$40 per class
cost includes all supplies
pre-registration required

Thursday
August 14
11am - 1pm

Wednesday
September 10
11am - 1pm

Tuesday
August 26
11am - 1pm

Tuesday
September 23
6pm - 8pm



Messy Art
\$12 per class
Ages 7+

Thursday
August 7
11am - 12pm

Thursday
August 21
11am - 12pm

Thursday
September 4
11am - 12pm

Thursday
September 18
11am - 12pm

Color Me Happy
\$10 per class
Parent & Toddlers

Thursday
August 14
10am - 11am

Thursday
August 28
10am - 11am

Thursday
September 11
10am - 11am

Thursday
September 25
10am - 11am

Art History

\$20 per class
(ages 7+)



Strawberries & Seurat
Wednesday
August 20
1pm - 3pm

Cookies & Carle
Wednesday
September 17
1pm - 3pm



Tuesday - Friday 9am - 4pm
Call now to register! (913) 684-3373

OPEN STUDIOS

Ask about our Hourly Fees

Multi-Craft Studio

Great for the whole family with supplies for any craft, personalized gift, or project you have in mind!

Painting Studio

Provided watercolor and acrylic supplies to create your own masterpiece.

Framing Studio

Assemble your own custom frames in our DIY Studio! Must take Intro to Framing before using DIY Studio.

Pottery/Ceramic Studio

We have all of the supplies you need for hand building and wheel throwing. We also offer a variety of customizable bisque pieces ready for you to glaze!

310 McPherson Ave • Fort Leavenworth, KS

leavenworth.armymwr.com

artsandcraftsfortleavenworth@gmail.com

August & September Workshops



Modern Calligraphy

Basics

\$20 per class
pre-registration required

Wednesday
August 27
1:30pm - 3pm

Special Projects

Thank You Cards
Wednesday
September 10
1:30pm - 3pm

Intermediate

\$20 per class
pre-registration required

Wednesday
September 3
1:30pm - 3pm



Acrylic

\$35 per class

Acrylic Pour
Tuesday,
August 19
11am - 1pm
Wednesday,
September 24
11am - 1pm



Crafts

\$35 per class

Wooden Growth Chart
Thurs, August 14
6pm - 8pm
Wed, August 27
11am - 1pm

Wooden Birthday Calendar Board
Tues, September 16
6pm - 8pm
Fri, September 26
11am - 1pm



Watercolor

\$30 per workshop
pre-registration required

Watercolor (Basics)
Tuesday,
August 19
6pm - 8pm

Watercolor (Color Theory)
Tuesday,
August 26
6pm - 8pm

Framing

\$40 per class

Intro to Framing
Must pre-register

Fridays
August 8, September 12
10am - 2pm

Saturdays
August 23, Saturday 27
10am - 2pm

Watercolor (Landscapes)
Tuesday,
September 2
6pm - 8pm

Watercolor by the Lake (plein-air)
Tuesday,
September 30
6pm - 8pm



scan for more info

Paint & Sip

\$35

Must be 21 years or older.
BYOB



Back to School Friday
August 8
6pm - 8pm

Camping Under the Stars
Friday,
September 12
6pm - 8pm



Cost includes all supplies!

310 McPherson Ave • Fort Leavenworth, KS

leavenworth.armymwr.com

artsandcraftsfortleavenworth@gmail.com



WORLDS OF FUN & OCEANS OF FUN

Harrold Youth Center / 45 Biddle Blvd / Ft. Leavenworth, KS / 913-684-5115



2025 Dates:
• Friday June 6
• Wednesday June 18
• Friday June 27
• Thursday July 3
• Friday July 18
• Thursday July 24
• Thursday July 31
• Friday August 8

Leaving from HYC at 10am, returning at 6pm

\$45 for each session or \$10 with a season pass (Season passes can be purchased from Leisure Travel Services for \$94.50) Includes a sack lunch, transportation, and supervision. Trips are for 8th - 12th graders who are eligible to attend the Youth Center. Registration is at HYC two days before trip.

leavenworth.armymwr.com



HARROLD YOUTH CENTER

SEND OFF TO SUMMER PARTY 2025

SATURDAY
SEPTEMBER 13
4pm - 7pm

HARROLD YOUTH CENTER
45 BIDDLE BLVD
FT. LEAVENWORTH, KS
913-684-5115

FEATURING:

- DJ GEORGE
- FOOD
- CONCESSIONS
- GAMES
- FOAM
- DOOR PRIZES
- INFLATABLES



leavenworth.armymwr.com

Summer may be over, but the FUN is just beginning!

YOU DON'T WANT TO MISS THIS!

\$5

Event is for 8th - 12th graders. Must sign up and pay in advance. Swipe Card and wristband are required to enter the event. Registration ends at 5pm Sept 12. NO SAME DAY REGISTRATIONS!

We have KC Royals Tickets for the 2025 season!

Exclusive Military Rate for tickets and parking.

Ticket prices are based on tiers and vary depending on opponent.



For more info call, or stop by Leisure Travel Services.
(913) 684-2580

310 McPherson Ave (located inside the old USBB)

Or check out our website, Leavenworth.armymwr.com

CGSC GET ACQUAINTED SCRAMBLE

Great Prizes & lots of FUN!

Registration opens on July 23rd and closes August 20th.

Relaxed 4 - Person Scramble

All CGSC Students and Families are encouraged to participate!

TRAILS WEST GOLF COURSE
306 Cody Rd
Fort Leavenworth, KS
913-651-7176

Saturday August 23rd 0800
shotgun start

\$50 members
\$60 non-members
\$35 Youth 16 and under

WORTH SOLELEASER FRONTIER

ADULT CLASSES TAEKWONDO

Kick your fitness into high gear!

Tuesdays & Thursdays

Offered from:
• 6pm - 7pm
• 7pm - 8pm
\$65 per month
\$10 for a single class

Gruber Fitness Center
200 Reynolds Ave
Fort Leavenworth, KS
913-684-3224 or 5136

Open to eligible DOD ID card holders. Must be 18+ and have 24/7 access prior to taking first class.

leavenworth.armymwr.com

Fall Youth Sports & Fitness

Confidence begins here! Are you in?

Flag Football (1st - 2nd grades) (Ages 7 - 8) Tuesday/Thursday Sept 9 - Oct 23 (3rd - 4th grades) (Ages 9 - 10) Monday/Wednesday Sept 8 - Oct 22 (5th - 6th grades) (Ages 11 - 12) Monday/Wednesday Sept 9 - Oct 23 \$50	Soccer 6 & Under (Ages 5 - 6) 8 & Under (Ages 7 - 8) 10 & Under (Ages 9 - 10) Sept 8 & 9 - Oct 22 & 23 Under 12 & 14 TBA \$50	Cheerleading (Ages 5 - 12) Monday/Wednesday Sept 8 - Oct 22 Participants will cheer for all 3rd/4th & 5th/6th grade Teams. *Pom-poms, shirt, and skirt are included in the cost. *\$55	Fall Running Club (3rd - 8th grades) (Ages 8 - 14) Tuesday/Thursday Sept 9 - Oct 25 Season ends with the Halloween 5K. \$50
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Start Smart Flag Football (Ages 3 - 4) \$30
Sept 15 & 17 - Oct 15 & 20
Start Smart Soccer (Ages 3 - 4) \$30
Sept 16 & 18 - Oct 14 & 16

Registration and enrollment will begin July 7 and close Aug 4. All Youth must have an updated sports physical before first practice. Enrollment can be done at all CVS locations if centrally registered. Webtrac online enrollments can only be done with a Youth Sports Physical that covers the entire season. Volunteer Coaches are needed! For more information call 913-684-7525 or 7526

Fort Leavenworth Group Fitness Classes

Starting June 2nd, 2025

GRUBER FITNESS CENTER - 200 Reynolds Ave. - 684-5120
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530						
0900						Power Yoga (Kim)
0930	Zumba (Virmarie)					
1200						
1630		Zumba (Virmarie)	Power Cycling (Kim)			
1700	Power Yoga (Kim)					

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

*Power Cut classes are held in the Bubble Gym

Single Ticket For \$5.00
10 Tickets For \$45.00
20 Tickets For \$80.00

<https://leavenworth.armymwr.com>

Independent Instructor Class Schedule

Gruber Fitness Center

Monday	Tuesday	Wednesday	Thursday	Friday
	Brazilian Jiu-Jitsu Beginner 1830-1930	Brazilian Jiu-Jitsu Beginner 1830-1930	Brazilian Jiu-Jitsu Beginner 1830-1930	
	Advanced 1940-2040	Advanced 1940-2040	Advanced 1940-2040	

1 x a week - \$60 2 x a week - \$75 3 x a week - \$85 Drop in \$20
First class is FREE! Must have 24 hour access to gym. Classes are 18+ Register in person

Harney Sports Complex

Monday	Tuesday	Wednesday	Thursday	Friday
Olympic Lifting 0900-1015		Olympic Lifting 0900-1015		Olympic Lifting 0900-1015
Kids Olympic Lifting 1600-1700 Bubble Gym		Kids Olympic Lifting 1600-1700 Bubble Gym		

Olympic Lifting - \$75 (3 days) \$70 (2 days) \$10 (drop in)
Kids Olympic Lifting - \$75 (NO drop in)
First class is FREE! Olympic Lifting and Resistance Training is for 18+

Harney Sports Complex & Aquatics Center
185 Fourth St
Ft. Leavenworth, KS
913-684-2190

Gruber Fitness Center
200 Reynolds Ave
Ft. Leavenworth, KS
913-684-5120

Combined League Scramble

9-hole 5pm shotgun start
Trails West Golf Course
306 Cody Rd
Fort Leavenworth
Meal to follow play!

April 30
June 25
August 27
September 24

\$5 FOR SCRAMBLE
\$15 FOR MEAL

Players registered in the Monday Intramural League, Tuesday Women's League, Wednesday League, and Couples Thursday League are eligible to participate in the Combined League Scramble. The Pro Shop will assign teams. Enjoy drink specials all night at The Fairway Grille! Register by COB on Monday of each week

For more information call 913-651-7176 or visit leavenworth.armymwr.com

Couples League

Are you looking for some good old-fashioned fun?

Grab your spouse or partner and come on out to Trails West Golf Course! Featuring fun formats and end of season prizes!

1st and 3rd Thursday of every month at 5pm
Trails West Golf Course
306 Cody Rd
Fort Leavenworth

Annual pass holders : Free
Non-pass holders: \$35 per person
\$70 per team
Weekly: \$5 per person

Registration is open now!
Call for more info 913-651-7176

I just love spending quality time with you!

For more information: leavenworth.armymwr.com

Trails West Golf Course Wednesday League

Every Wednesday at 5pm
Trails West Golf Course
306 Cody Rd
Fort Leavenworth

Each week will feature a unique event format. 100% of the weekly fee is awarded to the weekly winners in Golf Pro Shop Gift Certificates. All weekly events are flighted and everyone has a chance to win on any given week! Minimum is 20 players

Free registration for annual pass holders, \$35 for non-pass holders. All players pay a \$5 weekly fee. Registration is open now! Players may join at any time during the year.

For more information call: 913-651-7176
visit: leavenworth.armymwr.com

STRIKE ZONE BOWLING CENTER SUMMER TRIOS

MEETING: MAY 8TH AT 6:30 PM
START: MAY 15TH AT 6:15 PM
12 WEEK LEAGUE: MAY 15TH - AUGUST 8TH

THURSDAYS AT 6:30 PM

(PRACTICE AT 6:15 PM)

3 PERSON TEAMS - 3 GAMES PER NIGHT
ANY COMBO OF MEN & WOMEN

\$10 per week, per person • Shoes \$1
Have-a-Ball Option for an extra \$7 per week

FITNESS CENTER PROPER ATTIRE

Authorized	NOT Authorized
<p>TOPS</p> <ul style="list-style-type: none">Un-modified t-shirts or tank topsUnderclothing (workout gear with built-in underclothes are okay)When standing, tops must at least meet top of shorts <p>BOTTOMS</p> <ul style="list-style-type: none">Shorts with full coverage of buttocksLeggingsSweatpants or athletic pants <p>FOOTWEAR</p> <ul style="list-style-type: none">Athletic shoesTennis shoesRunning shoesCourt shoesCross-training shoesMinimalistic five-finger shoes <p>OTHER</p> <ul style="list-style-type: none">Soldiers using wireless/non-wireless devices/earpieces in uniform while inside fitness centers. Must be 1.5 inches in diameter or less at the widest part.Soldiers not in uniform, Family Members, DOD Civilians may use headphones while running outside on sidewalks or tracks.	<p>TOPS</p> <ul style="list-style-type: none">Clothing with rivetsModified/ homemade t-shirts/ tank tops/ crop topsWearing only a sports braExposed midriffExposed chestInappropriate or offensive language on clothing <p>BOTTOMS</p> <ul style="list-style-type: none">Sagging pantsJeansBikinisExposed gluteous muscles or exposed undergarments <p>FOOTWEAR</p> <ul style="list-style-type: none">Bare feetSocks only without shoesFlip flopsSandalsOpen-toed shoesCrocs/ clogsBoots on the cardio equipment <p>OTHER</p> <ul style="list-style-type: none">Plastic/ rubber suitsSoldiers using wireless/ non-wireless devices/earpieces in uniform while outdoors, including running.Headphones worn on the roads at any time.

USAG Fort Leavenworth

FITNESS CENTER PROPER ATTIRE

Authorized	NOT Authorized
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USAG Fort Leavenworth

BRUNNER RANGE



2025



CALENDAR

For more information (913) 651-8132
701 Sheridan Dr. Fort Leavenworth, KS 66027

Fun Shoot	Special Fun Shoots	League Schedule
1st Saturday of every month		
4 January	• Rod & Gun 16 April	• Winter Combo 9 January - 13 March
1 February	• VFW Post 12003 26 April	• Spring Combo 20 March - 22 May
1 March	• Lil Weenie 17 May	• Summer Warm-up 5 June - 10 July 17 July - 21 August
5 April	• Club Championship 21 June	• Fall Combo 4 Sept - 6 Nov
3 May	• One Gun/One Choke 19 July	• Winter Warm-up 13 Nov - 18 Dec
7 June	• Shuck n' Chuck 16 August	
5 July	• American Legion Post 411 20 September	
2 August	• Rod & Gun 15 October	
6 September	• Lil Weenie 18 October	
4 October		
1 November		
6 December		

HOURS:
Wednesday 12:00-8:00pm
Thursday 12:00-8:00pm
Saturday 10:00am-5:00pm
Sunday 10:00am-5:00pm
CLOSED
M, T, F

Fun Shoots begin at 9:00am
Rod & Gun begin at 6:00pm

SCAN HERE





LEAVENWORTH.ARMYMWR.COM

FUN SHOOT

Brunner Range

1st Saturday of the Month

Jan 4 - Dec 6 2025

Feb 1, Mar 1, Apr 5, May 3, Jun 7, Jul 5, Aug 2, Sep 6, Oct 4, Nov 1,

Registration is required and can be done the day of the event from 9AM-10:30AM.

Rental guns and shells are available or bring your own.

Prizes and awards distributed at the end of each shoot.

Info: (913) 651-8132
701 Sheridan Drive





BRUNNER RANGE 2025

SPECIAL FUN SHOOTS

16 April	Rod & Gun Club
26 April	VFW Post 12003
17 May	Lil Weenie
21 June	Club Championship
19 July	One Gun/ One Choke
16 August	Shuck n' Chuck
20 September	American Legion Post 411
15 October	Rod & Gun Club
18 October	Lil Weenie

Contact Brunner Range for more information
(913) 651-8132

Brunner Range

2025

LEAGUE SCHEDULE

Winter Combo
9 January - 13 March

Spring Combo
20 March - 22 May

Summer Warm-up
5 June - 10 July
17 July - 21 August

Fall Combo
4 September - 6 November

Winter Warm-up
13 November - 18 December

Combo leagues shoot on Thursday evenings. Teams consist of 5(+/-) shooters. All teams take turns supplying an evening meal at approximately 5:30 pm with shooting commencing at 6:00 pm. Summer and Winter Warm-up leagues are individual with the same fee but no food.

Contact Brunner Range for more information
(913) 651-8132







DID YOU KNOW BRUNNER RANGE SELLS FIREARMS?

They will sell your firearms on consignment.

Or special order and work with you to find the perfect firearm to meet your needs.

Brunner Range also provides transfer services for firearms.

Call, or stop by for more info:
(913) 651-8132
701 Sheridan Dr.
Wed - Thurs: 12PM - 8PM
Sat - Sun: 10AM - 5PM





Leavenworth County Council on Aging Presents

MEALS ON WHEELS

THE DECADERS

COME DRESSED in your favorite fashions from the 50s - today!

HITS FROM THE 50s, 60s, 70s, 80s & BEYOND

TICKETS \$40 per ticket
Reserve a table of 8 for \$300

SATURDAY, AUGUST 16TH
DOORS OPEN AT 5:00 PM | 5:30 - 9:00 PM
RIVERFRONT COMMUNITY CENTER, LEAVENWORTH

A benefit fundraiser for MEALS ON WHEELS!

Dinner by J.W. Crancer's • Live DJ • Wine & Bourbon Pull • Live Auction • Sweet Shoppe Booth • "Chances to Win" Raffle • Heads & Tails Split the Pot • Photo Booth • Adopt-A-Heart

PURCHASE TICKETS FOR A CHANCE TO WIN!
Royale Autographed Salvador Perez Jersey \$1 EACH OR 6 FOR \$5

COA Live Well. Age Well.
771 Marshall St., Suite 100
Leavenworth, KS 66048
913.684.0777

Tickets will be sold in advance or at the door while supplies last.
Council on Aging: Monday-Friday, 7am-4pm
Check, Cash or PayPal @LVCOA
Through PayPal Account: Minimum purchase \$25.
Please include your phone number.



Richard Allen Cultural Center & Museum

2 AUG

AZZ

By the River

University of Saint Mary
Xavier Theatre
4100 S. 4th Street
Leavenworth, KS
6:00 PM - 8:00 PM

Tickets: \$20 for 18 and under / \$30 for Adult / \$40 at the door
Silent Auction & 50/50 Raffle

Please stop by RACCM to purchase tickets or see a board member.

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JOB SEARCH

ACS Employment Readiness Program

Menu of Services

One-on-one appointments and workshops to assist with:

Career exploration and planning
Skills and personality assessments
Education and skills attainment
Civilian and Federal resume assistance
Employer referral and job search assistance
Interview skills and professionalism

For more information, contact the
ACS Employment Readiness Program Specialist
913-684-2835/2800





Employment Readiness Program

CLASS SCHEDULE

Resume Writing
ACS Classroom 12pm - 2pm
July 9, Aug 6, Sept 10, Oct 8, Nov 5, Dec 3
5pm - 7pm*
July 9, Aug 6

Federal Employment
ACS Classroom 12pm - 2pm
July 16, Aug 20, Sept 17, Oct 15, Nov 19, Dec 10
5pm - 7pm*
July 16, Aug 20

Interview Skills & Professionalism
ACS Classroom 12pm - 2pm
July 23, Aug 27, Sept 24, Oct 22, Dec 17
5pm - 7pm*
July 23, Aug 27

Take the guesswork out of getting hired!

Our Employment Readiness Program will provide the tools and strategies that you need to navigate the job market successfully! Learn how to:
• write a compelling resume
• understand the market
• become the ideal candidate

The Resiliency Center
600 Thomas Ave
Ft. Leavenworth, KS
For more info :
913-684-2800



ACS

leavenworth.armymwr.com





Financial Readiness Milestone Training

Are you financially prepared for what life throws your way? Let us help! We offer free Financial Readiness Training on a variety of subjects.

Some of the topics we will discuss:
Pre-Deployment
Post-Deployment
PCS
Marriage
Divorce
Vesting in TSP
Promotion
First Child
Continuation Pay
Disabling sickness/injury/condition

Held monthly every
2nd & 4th Thursday @
0900am - 1100am.
Bldg 198 Room 157

INFO: 913 - 684 - 2852 / 2800







MUNSON NOTES

MUNSON NOTICES

■ The **MUNSON ARMY HEALTH CENTER PATIENT AND FAMILY PARTNERSHIP COUNCIL** meets at noon Aug. 15 in the Rosie Gates Conference Room at MAHC. The PFPC captures voices and insights of patients and families to improve the patient care experience. The council meets quarterly and is composed of volunteers who represent the interests of patients who receive care from MAHC. Volunteers can be active-duty, active-duty family member, retirees or retiree family members. Call 913-684-6211 or e-mail usarmy.leavenworth.medcom-mahc.mbx.patient-advocate@health.mil if interested in participating.

■ **MUNSON ARMY HEALTH CENTER, SMITH DENTAL CLINIC and ARMED FORCES WELLNESS CENTER WILL BE CLOSE** at noon Aug. 19 for staff training.

■ Community Blood Center of Kansas City will conduct a **BLOOD DRIVE** from 9 a.m. to 2 p.m. Aug. 28 at Frontier Chapel. Sign up at savealifenow.org/group and use group code BK.

■ It is important that military families new to the Fort Leavenworth community **ESTABLISH A NEW PRIMARY CARE MANAGER** for their health care needs. Munson Army Health Center offers a wide range of primary care providers to choose from for personalized care at a convenient on-post location. Once your new address is established in DEERS, call 1-888-TRI-WEST (874-9378) and follow the prompts to establish a primary care manager at MAHC. Learn more about services at munson.tricare.mil.

■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are **ELIGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE**. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit <https://dvidshub.net/r/8wttlf>.

■ The **NUTRITION CARE DIVISION** offers a broad range of nutritional services designed for service members, families, and retirees. Individual Nutrition Therapy and Group Nutrition Therapy are available, and include the Body Composition Program, Weight Control Program, Prenatal Nutrition and Wellness for Life. Call the appointment line at 913-684-6250 to schedule an appointment with MAHC's registered dietitian.

■ **MEDICAL APPOINTMENT CHECK-IN:** Please arrive 15 minutes prior to your appointment to complete any required paperwork and bring the following items: DoD ID card; list of current medications including over-the-counter meds, vitamins, and supplements; any relevant paperwork or forms; and a list of questions or concerns. If you are not able to make your scheduled appointment, call the appointment line at (913) 684-6250 to cancel.

MUNSON ARMY HEALTH CENTER



AUGUST

SCHEDULE

AUG 07

CGSOC SPOUSE NIGHT AT LEWIS & CLARK

AUG 15

PATIENT & FAMILY PARTNERSHIP COUNCIL

AUG 16

PAIR DAY AT HARNEY GYM

AUG 19

MUNSON CLOSED AT NOON FOR TRAINING



Speak up!

Your voice matters

Volunteer to become a **patient and family advisor** on our patient and family partnership council

The Patient and Family Partnership Council captures the voices and insights of patients and families to improve the care experience.

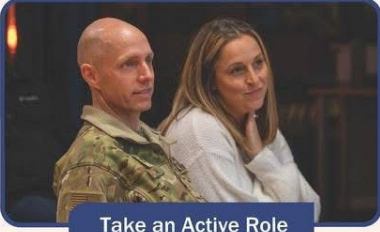
 **Is being a patient and family advisor right for you?**

We are looking for volunteers who can:

- Partner with other patients and staff to help improve care
- Represent the interests of all patients cared for by the military treatment facility
- Work well in teams and have fun!



Patient and Family Advisors



Take an Active Role



Improve Staff-Patient Communication



Make a Difference in the Care of Fellow Service Members and Their Families

Learn more about the Patient and Family Partnership Council!

For more information, contact:

Munson Army Health Center Patient Advocates at 913-684-6211/6127

T H E F O R T L E A V E N W O R T H

NEW CONTENT
EVERY THURSDAY



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