

THURSDAY
SEPTEMBER 19, 2024



LAMP

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

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Fallen remembered with annual run/walk



Photo by Sean Bergosh/Fort Leavenworth Garrison Public Affairs Office

Participants of the annual 5K Run/Walk for the Fallen begin running after a countdown from Mission Command Center of Excellence Director Brig. Gen. Bryan Babich Sept. 14 outside the Resiliency Center. Participants run/walk the untimed five-kilometer race in memory of fallen service members, whose names they write on bibs that they wear for the event.

AT A GLANCE

■ The free movie presented by Better Opportunities for Single Soldiers is at 7 p.m. Sept. 20 at the Post Theater, showing “KINGDOM OF THE PLANET OF THE APES,” rated PG-13.

■ The POSTWIDE YARD SALE is 8 a.m. to 3 p.m. Sept. 21 at residences across post and in the Bell Hall parking lot at the corner of Reynolds and Sherman Avenues.

■ The FORT LEAVENWORTH THRIFT STORE, 1025 Sheridan Drive, WILL BE OPEN 9 a.m. to 2:30 p.m. Sept. 21 for shopping and donations. Call 913-651-6768 for more information.

■ The post’s OKTOBERFEST celebration is 5-9 p.m. Sept. 27 at Merritt Lake. The event includes music and dancing, with food and beverages available for purchase. A MEMORIAL LANTERN LAUNCH to honor fallen soldiers and their families is at dusk. Call 913-684-1674 for more information.

■ To sign up to participate in the NATIONAL PUBLIC LANDS DAY TREE PLANTING PROJECT Sept. 28, e-mail catherine.j.reynolds3.civ@army.mil. See page A7 for more information.

■ COMMISSARY PARKING LOT CONSTRUCTION has begun and will last about a month.

■ SIDEWALK REPAIRS in housing areas are underway and will continue through October. For more information, visit the Fort Leavenworth Garrison Facebook page or contact the Frontier Heritage Communities Maintenance Team at 913-651-3838.

■ Munson Army Health Center is looking for volunteers to join the PATIENT AND FAMILY PARTNERSHIP COUNCIL. Volunteers can be active-duty, active-duty family members, retirees or retiree family members. The PFPC meets quarterly. If interested, call 913-684-6211/6127. See page B12 or more MAHC news and notices.

Grant Park project begins



Photo by Prudence Siebert/Fort Leavenworth Lamp

Phase 1 of the Grant Park project has begun, with perimeter fences and signs, seen here from Kearney Avenue Sept. 17, surrounding the work zone. Phase 1 includes construction of pickleball courts and a covered pavilion, a tennis court and sidewalks.

1st part of multi-phase project includes tennis, pickleball courts

by Prudence Siebert/Fort Leavenworth Lamp Editor

Phase 1 of a multi-phase, multi-year improvement project to Grant Park has begun.

Grant Park encompasses the area around Grant Pool from Pope Avenue to Kearney Avenue between the residential access drives off

Grant and McClellan Avenues.

Fences have been set up to mark the perimeter of the project, with signs on the fences to alert everyone to the work that will be beginning soon.

Phase 1 of the \$2.1 million Garrison-funded project is estimated to be complete by spring 2025. It

includes the construction of four pickleball courts, a covered pavilion by the pickleball courts with electrical outlets, a tennis court, barbecue grills, lighting, a future soccer field, a concrete walking path with benches and more.

“The (covered pavilion) is between the pickleball courts, so if people want a team-building activity or child parties, or just waiting for someone else to play

and they can work on their computers,” said Joel Marquardt, architect in the Design Branch, Engineering Division, of the Directorate of Public Works. “We do have a few grills adjacent to that with a drinking fountain and bike racks (in that area.)”

The completed vision of Grant Park has an additional covered event shelter that could be used for cere-

VOLUNTEER Organization Spotlight COMBINED ARMS RESEARCH LIBRARY



Photos by Prudence Siebert/Fort Leavenworth Lamp

Interviews by Colbie Fairley/Fort Leavenworth Garrison Public Affairs Office Summer Intern

Reference Librarian George Baugh and Circulation Department Head Sierra Hochstatter peruse children's books about libraries during a photo shoot last month at the Ike Skelton Combined Arms Research Library. Baugh and Hochstatter began volunteering at the library before becoming employees and working their way up to their current positions.

"The volunteer work really gave me a better idea about what librarianship was. It was really seeing the different kinds of libraries that really helped me aim my focus on what I wanted to do," Baugh said about his volunteer experience at CARL, which he undertook while working another job and contemplating a career move. He said the volunteer opportunity at the library helped him determine that he wanted to pursue a library degree and employment at CARL.

Circulation Department Head Sierra Hochstatter and Reference Librarian George Baugh pose by the periodicals during a photo shoot last month at the Combined Arms Research Library. Both Hochstatter and Baugh began volunteering at the library before becoming employees and working their way up to their current positions.

"My volunteer experience here helped me make connections with the people who worked here. I knew how everyone functioned before working with them full-time. Everyone that I worked with, if I asked questions, they answered. They increased my knowledge", Hochstatter said. "We have a large building — multi-levels, along with restricted areas — so it gave me a birds-eye view of everything. It was very helpful to know where everything is located."

CARL Director Tiffany Zink said volunteers have helped staff provide full services at the library.

"As a former volunteer myself, I know that libraries as a profession depend on volunteers. There are so many little things to cover, yet everyone comes in with a unique talent. (CARL has) two functions, including the post public library function, and the academic function. Volunteers help us do a complete program to serve the public library mission at Fort Leavenworth."



FORT LEAVENWORTH LAMP

PUBLISHED FOR THE COMMUNITY OF FORT LEAVENWORTH, KANSAS

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DoD announces latest efforts to improve quality of life for service members

by C. Todd Lopez/Department of Defense News

WASHINGTON — The Defense Department has announced a new series of initiatives aimed at improving the welfare and well-being of service members and their families.

In a memorandum published Sept. 13, titled "Our Enduring Duty to America's Service Members and Their Families," Secretary of Defense Lloyd J. Austin III announced a new set of initiatives that are part of his ongoing "Taking Care of Our People" priority that began three years ago.

The latest initiatives include:

- Establishing Health Care Flexible Spending Accounts for service members
- Providing greater access to free wireless internet in unaccompanied housing
- Decreasing the cost burden associated permanent-change-of-station moves
- Lowering the cost of procuring uniforms for enlisted service members
- Increasing access to affordable quality child care and early childhood education
- Expanding spouse employment and professional development opportunities through the My Career Advancement Account (MyCAA) program
- Improving quality-of-life conditions at remote and isolated installations

The new initiatives, along with initiatives over the past three years, were developed after assessing the experiences of service members. Taken together, the efforts are meant to ensure the well-being and success of service members, enabling them to better focus on their part of the defense mission.

"Early in my tenure as secretary of defense, I made taking care of our people a top priority," Austin said in the memorandum. "Doing right by our all-volunteer joint force and their families is a core readiness issue. Taking care of our people is fundamental to the department's ability to recruit and retain the most talented American patriots and to ensure that the U.S. military remains the most lethal fighting force on the planet — and it is simply the right thing to do."

Establishing Health Care Flexible Spending Accounts for service members

As part of a focus on service member and military family health, the department plans to offer service members the ability to contribute up to \$3,200 in pre-tax earnings to pay for eligible healthcare-related expenses through a Health Care Flexible Spending Account, or HCFSAs.

With the HCFSAs, service members will be able to contribute up to \$3,200 each year in pre-tax dollars to their accounts and spend that money on things such as insurance co-payments and cost shares, deductibles, braces and other orthodontia, glasses and contact lenses, prescription drugs, and wellness treatments such as acupuncture, massage, and chiropractic care. It's expected that the HCFSAs will be available to service members for the first time in March 2025.

Providing greater access to free wireless internet in unaccompanied housing

To keep junior, unaccompanied service members connected to the wider world while off duty, the DoD has directed the military departments to carry out a series of pilot projects to provide wireless internet connectivity to enlisted service members who reside in military barracks.

While access to wireless internet will allow those junior service members access to personal e-mail, banking and entertainment options, the department also expects access can be used to help service members connect with mandatory online training requirements and other health- and life-related resources such as telehealth appointments, Military OneSource, and military and family life counselors.

According to department documents, the DoD has long-term plans to establish a "WiFi-connected force." For service members in unaccompanied housing, there is not expected to be any cost to access the provided internet services.

Decreasing the cost burden associated permanent-change-of-station moves

Service members make frequent permanent-change-of-station moves during their careers. To ease the burden of moving themselves and their families from one military installation to another, the department is working with partners to adjust the number of days associated with both the Temporary Lodging Expense (TLE) and the Temporary Lodging Allowance (TLA).

DEPARTMENT OF DEFENSE

TAKING CARE OF OUR SERVICE MEMBERS & FAMILIES

SEPTEMBER 2024



THERE ARE MORE THAN

2M

ACTIVE DUTY/RESERVE COMPONENT MEMBERS serving in the Army, Navy, Marine Corps, Air Force and Space Force.

THERE ARE MORE THAN

2.6M MILITARY FAMILY MEMBERS

SUPPORTING OUR FORCE (NEW ACTIONS ITALICIZED)

ENHANCING ECONOMIC SECURITY



- ▶ Cumulative 9.8% pay raise over past two years
- ▶ Proposed 4.5% pay raise for 2025
- ▶ Basic Allowance for Housing (BAH) increased by average 18% over 2022 rates
- ▶ Basic Allowance for Subsistence (BAS) increased 13% over past two years
- ▶ Commissary: at least 25% savings compared to local marketplace
- ▶ Published "Strengthening Food Security in the Force: Building on Our Progress"
- ▶ Basic Needs Allowance for eligible Service Members
- ▶ Establish Service Member access to Health Care Flexible Spending Accounts
- ▶ Quality review of standard issued uniform clothing items
- ▶ Review enlisted uniform allowance rates

SUPPORTING MILITARY SPOUSE CAREERS

- ▶ More than 800 Military Spouse Employment Partnerships
- ▶ Expanded DOD Fed spouse remote, telework options
- ▶ Increased use of non-competitive, direct-hiring authorities
- ▶ Continue paid fellowship opportunities for military spouses
- ▶ Work with states to make professional licenses portable
- ▶ Expand My Career Advancement Account (MyCAA) eligibility to spouses of Service Members in all enlisted ranks and W-3; O1-O3 also eligible



STRENGTHENING FAMILY SUPPORT

- ▶ Military parental leave expanded to 12 weeks, both parents
- ▶ Service Member access to Dependent Care Flexible Spending Accounts
- ▶ Improved child care fee assistance programs
- ▶ Invest in child care facilities and staff compensation and benefits
- ▶ Launch universal pre-K at DOD Education Activity (DODEA) schools
- ▶ Continue improvements to Exceptional Family Member Program
- ▶ Created online locator for Military & Family Life Counselors



For 24/7 support on resources, information and confidential help, go to www.MilitaryOneSource.mil or call 1-800-342-9647

MAKING MOVES EASIER



- ▶ Increased Dislocation Allowance (DLA) for E1-E6
- ▶ DLA paid 30 days before move for all Service Members
- ▶ Authorized reimbursement for relocating pets during Permanent Change of Station (PCS)
- ▶ Up to 60 days Temporary Lodging Expense (TLE) in areas with housing shortages
- ▶ Increase TLE max coverage from 14 to 21 days CONUS moves
- ▶ Allow Temporary Lodging Allowance up to 60 days OCONUS when departing Permanent Duty Station
- ▶ Study increasing household goods PCS weight limits

QUALITY HOUSING AND FACILITIES



- ▶ Fully fund barracks maintenance accounts
- ▶ More personnel to improve maintenance processes and timelines
- ▶ Unaccompanied housing improvements, including food access

IMPROVING QUALITY OF LIFE



- ▶ Gather data to better tackle issues unique to remote bases
- ▶ Increase access to Wi-Fi in barracks

The new effort extends TLE from 14 days to 21 days for moves within the continental United States. For moves that originate outside the continental U.S., TLA will be extended to as many as 60 days on the departure side to match the 60 days already authorized on the arrival side. Both the TLE and the TLA allow service members and their families to live in temporary quarters, such as in hotels, while looking for homes at their new duty station, or after they have checked out of their homes at their existing duty stations.

Lowering the cost of procuring uniforms for enlisted service members

To ensure enlisted service members are best able to maintain their uniforms, the department has directed a review of the quality of uniforms that are issued to and are available for purchase by service members. Additionally, the department has directed another review that will look at the annual clothing replacement allowance to determine not only if it is sufficient, but if there are better ways to provide that allowance to service members.

The new initiatives also include efforts to improve the recruitment, retention and working environments of DoD child development professionals; expanding eligibility for participation in the My Career Advancement Account career development program to spouses of active-duty service members serving in grades E-7, E-8, E-9 and W-3; and assessments of three remote and isolated installations via the "On-Site Installation Evaluation" process. Those three installations will be identified in the fall, with the evaluations taking place in 2025. This particular initiative advances efforts to understand capabilities and needs regarding the well-being of service members at remote and isolated installations.

This latest salvo of efforts, the third in the department's effort to improve the lives of service members and their families, comes as part of an ongoing nearly three-year long effort which began in 2021.

In November 2021, for instance, Austin addressed economic concerns faced by service members. Then, the department provided relief for the high cost of housing and housing shortages with a temporary increase to basic allowance for housing in some areas, and an extension of temporary lodging expenses where service members had a difficult time finding housing due to shortages.

At that same time the secretary also pushed to extend tour lengths for service members at both overseas and U.S.-based assignments as a way to minimize hardships associated with permanent-change-of-station moves.

In September 2022, Austin continued that effort by directing a review of basic allowance for housing to ensure what was being paid to service members accurately reflected fluctuations in the housing market, and also directed increases in basic allowance for housing for active-duty service members in 28 military housing areas that had experienced an average of more than 20 percent spike in rental housing costs.

The September 2022 effort also included direction to fully fund DoD commissaries as a way to cut register prices with a goal of providing service members a 25 percent savings over private sector grocery stores, and also directed creation of a "Basic Needs Allowance," which began in January 2023, to supplement the incomes of qualifying service members.

The cost of household moves was also addressed by Austin's September 2022 memorandum, which directed a permanent increase to standard TLE. Also included was an increase to the dislocation allowance for service members up to E-6 to offset the personal expenses associated with a permanent-change-of-station move.

Increasing access to affordable quality child care and early childhood education

In a memo from March 2022, Austin directed implementation of universal pre-

kindergarten at Department of Defense Education Activity schools, and the creation of dependent care flexible spending accounts to enable service members with dependents to set aside up to \$5,000 in pre-tax income through payroll deduction for eligible dependent care expenses such as child care, preschool, before or after school programs, and summer camp.

The March effort also included additional support for those with exceptional family members. As part of that effort the department established a standard process to enroll and disenroll families from the program, require that support personnel make personal contact with each enrolled family at least once a year, better coordinate the way support personnel are assigned to families, and ease the transition between support personnel.

Expanding spouse employment and professional development opportunities through the My Career Advancement Account

The department's March 2022 effort also addressed the challenges of ensuring military spouses can find meaningful employment. Through the My Career Advancement Account program, for instance, eligible military spouses became eligible for up to \$4,000 in financial assistance to earn a license, certificate or associate degree.

Advancing military spouse employment efforts, the president in January 2023 signed into law an amendment to the Servicemembers Civil Relief Act, which requires that professional licenses be portable, except for licenses to practice law, for service members and their spouses as they move between states.

To read the full memorandum, visit <https://media.defense.gov/2024/Sep/13/202403543124/-1/-1/0/OUR-ENDURING-DUTY-TO-AMERICAS-SERVICE-MEMBERS-AND-THEIR-FAMILIES.PDF>

DoD highlights commitment to taking care of people during Suicide Prevention and Awareness Month

by U.S. Department of Defense Press Release

This September, the Department of Defense highlights Suicide Prevention and Awareness Month through its campaign, "Joining Your Fight: Connect to Protect."

"Suicide prevention takes a community to create change, to sustain hope, and to convey that we are all in this together," said Dr. Liz Clark, director of the Defense Suicide Prevention Office. "I know the work is not easy, but we must look out for each other and draw strength from each other as we light a path forward. Each death by suicide is one too many, and the (DoD) is deeply committed to ending the scourge of suicide throughout the force."

This year's campaign serves as a call to action to increase connection, safety and hope across the greater military community. Over the last several years, the DoD has taken unprecedented actions toward addressing this critical public health crisis, including the establishment of the Suicide Prevention and Response Independent Review Committee. The SPRIRC, which was comprised of a panel of outside experts, made more than 100 recommendations to the DoD to improve its suicide prevention and response programs.

In support of the work done by the SPRIRC, the

DoD is implementing actions across five lines of efforts, including fostering a supportive environment for service members, improving the delivery of mental health care, addressing stigma and other barriers to care, revising existing suicide training, and promoting a culture of lethal means safety.

"Taking care of our military community is our top priority," said Elizabeth Foster, executive director of the Office of Force Resiliency. "We are committed to reducing the number of deaths by suicide throughout our Armed Forces, and will

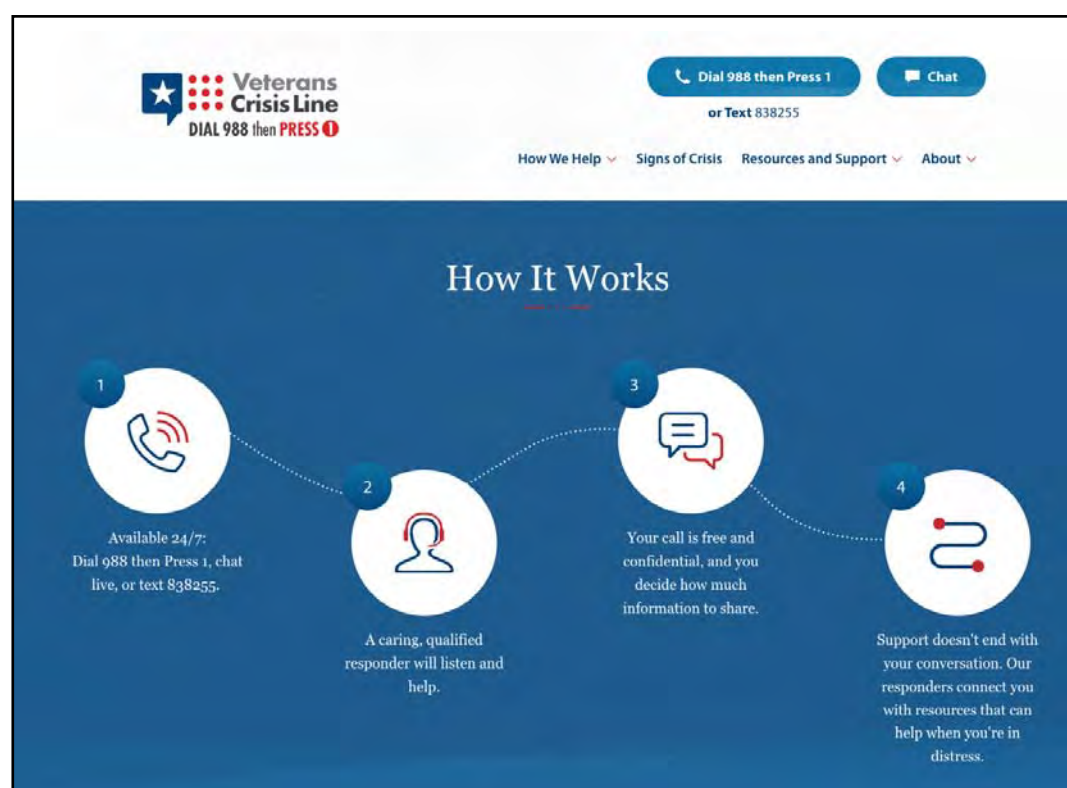
continue to aggressively implement the SPRIRC recommendations as approved by the Secretary of Defense to build a foundation for long-term progress."

The DoD encourages service members, civilians and their families to reach out for help, support those who may need help, and connect with those in their military community.

If you or a loved one are experiencing thoughts of suicide, you are not alone. Call the Veteran's Crisis Hotline at 988 and visit <https://www.veteranscrisisline.net/> to learn more.

“Each death by suicide is one too many, and the (DoD) is deeply committed to ENDING THE SCOURGE OF SUICIDE throughout the force.”

— Dr. Liz Clark
Defense Suicide Prevention Office Director



Screenshot from <https://www.veteranscrisisline.net/>

The Department of Defense is highlighting its commitment to taking care of people during Suicide Prevention and Awareness Month through its campaign, "Joining Your Fight: Connect to Protect."

If you or a loved one are experiencing thoughts of suicide, you are not alone. Call the Veteran's Crisis Hotline at 988 and visit <https://www.veteranscrisisline.net/> to learn more.

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Patton Junior High 7th/8th-grade football team plays home opener



Photo by Prudence Siebert/Fort Leavenworth Lamp

Patton Junior High School eighth-grade quarterback Sam Vineyard evades pursuing Summit Christian Academy players from Lee's Summit, Missouri, during the Tigers vs. Eagles home opener Sept. 17 at Normandy Field. To help celebrate the start of the season, Unified School District staff served free hot dogs, chips and water to spectators.



Photos by Prudence Siebert/Fort Leavenworth Lamp

ABOVE: Down 36 to zero at halftime, members of the Patton Junior High School combined seventh- and eighth-grade football team gather around their coaches for a pep talk Sept. 17 on Normandy Field by the Unified School District 207 office. The score held in the second half, with Summit Christian Academy scoring no further goals.

RIGHT: After being passed the ball by Patton Junior High School eighth-grade quarterback Sam Vineyard, No. 15, seventh-grader Zach Wells, No. 5, runs the ball toward the goal line during the Patton Junior High School vs. Summit Christian Academy football game Sept. 18 at Normandy Field. Patton takes on Lawrence West at 4 p.m. Sept. 23 in another home game at Normandy Field by the Unified School District 207 office.



Patton Junior High School football players Coleman Garrett, Brendan Roberts, Jeremy Valdez and Ben Stephens, ABOVE, and Elliot Rambo, RIGHT, try to slow down Summit Christian Academy quarterback Kole Nungester, No. 7, during the Patton Tigers vs. SCA Eagles season-opening game Sept. 17 on Normandy Field.



Photos by Prudence Siebert/Fort Leavenworth Lamp

Patton Junior High School Fall Sports Schedule

7th-/8th-Grade Football

- Sept. 23 (Monday) 4 p.m. vs. Lawrence West (Home)
- Sept. 26 (Thursday) 5 p.m. vs. St Mary's Academy (Home)
- Oct. 16 (Wednesday) — TBD

8th-Grade Volleyball

- Sept. 24 (Tuesday) 4 p.m. vs. Warren (Away)
- Sept. 25 (Wednesday) 3:30 p.m. vs. Billy Mills (Away)
- Sept. 28 (Saturday) 8 a.m. at Eudora Tournament (Away)

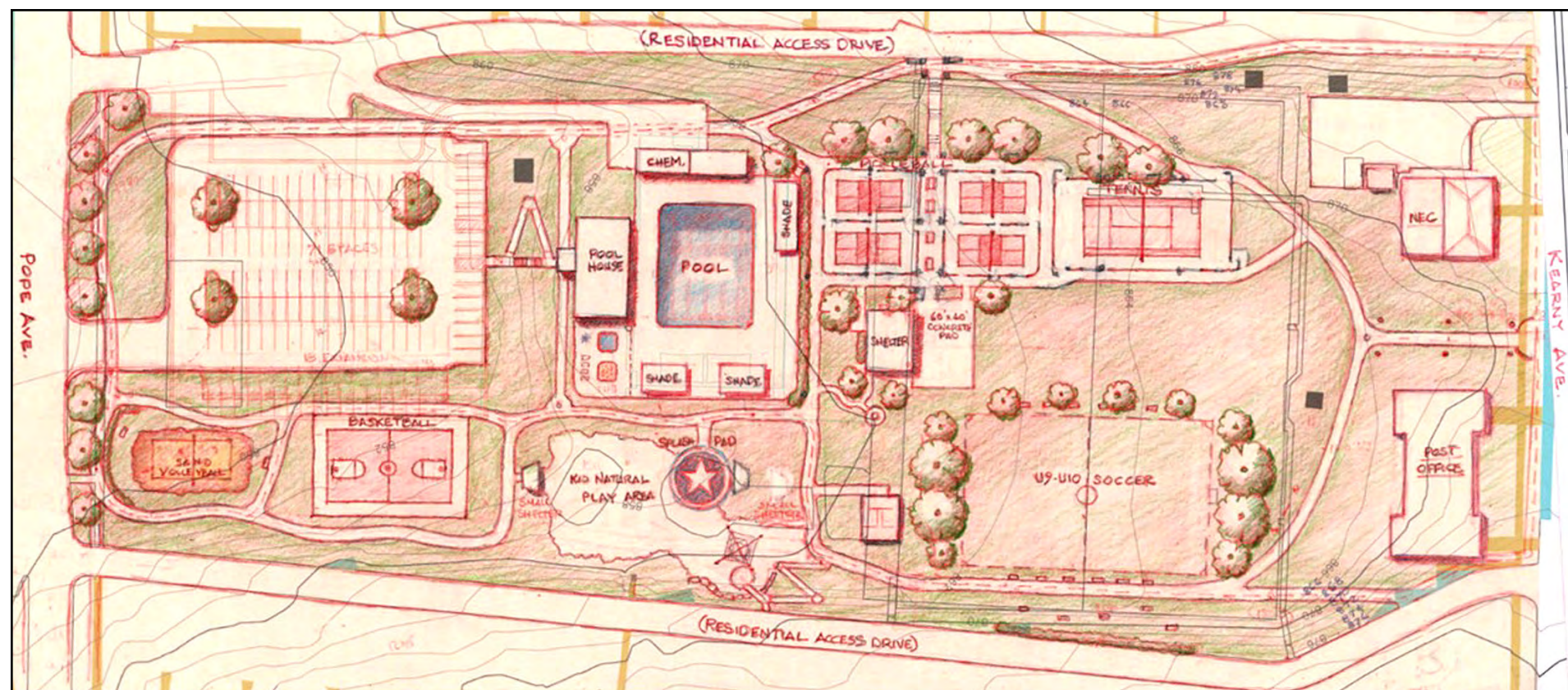
7th-Grade Volleyball

- Sept. 24 (Tuesday) 4 p.m. vs. Warren (Home)
- Sept. 25 (Wednesday) 3:30 p.m. vs. Billy Mills (Away)
- Oct. 2 (Wednesday) 4 p.m. vs. Lawrence West (Home)

7th-/8th-Grade Cross Country

- Sept. 21 (Saturday) 1 p.m. vs. Bonner Springs (Wyandotte County Park)
- Oct. 2 (Wednesday) 4 p.m. BLMS (BLMS)
- Oct. 9 (Wednesday) 4 p.m. MTMS (Shawnee Mission Park)

Grant Park Project (continued from Page A1)



Design Branch, Engineering Division, Directorate of Public Works graphic

The first phase of a multi-phase, multi-year improvement project to Grant Park includes the construction of pickleball and tennis courts in the northwest section of the park closest to Kearney Avenue. The area used to be tennis courts, which were in poor condition and removed a few months ago in anticipation of the project beginning soon. Areas where construction is taking place have been fenced off. Phase 1 is estimated to be complete by May 2025.

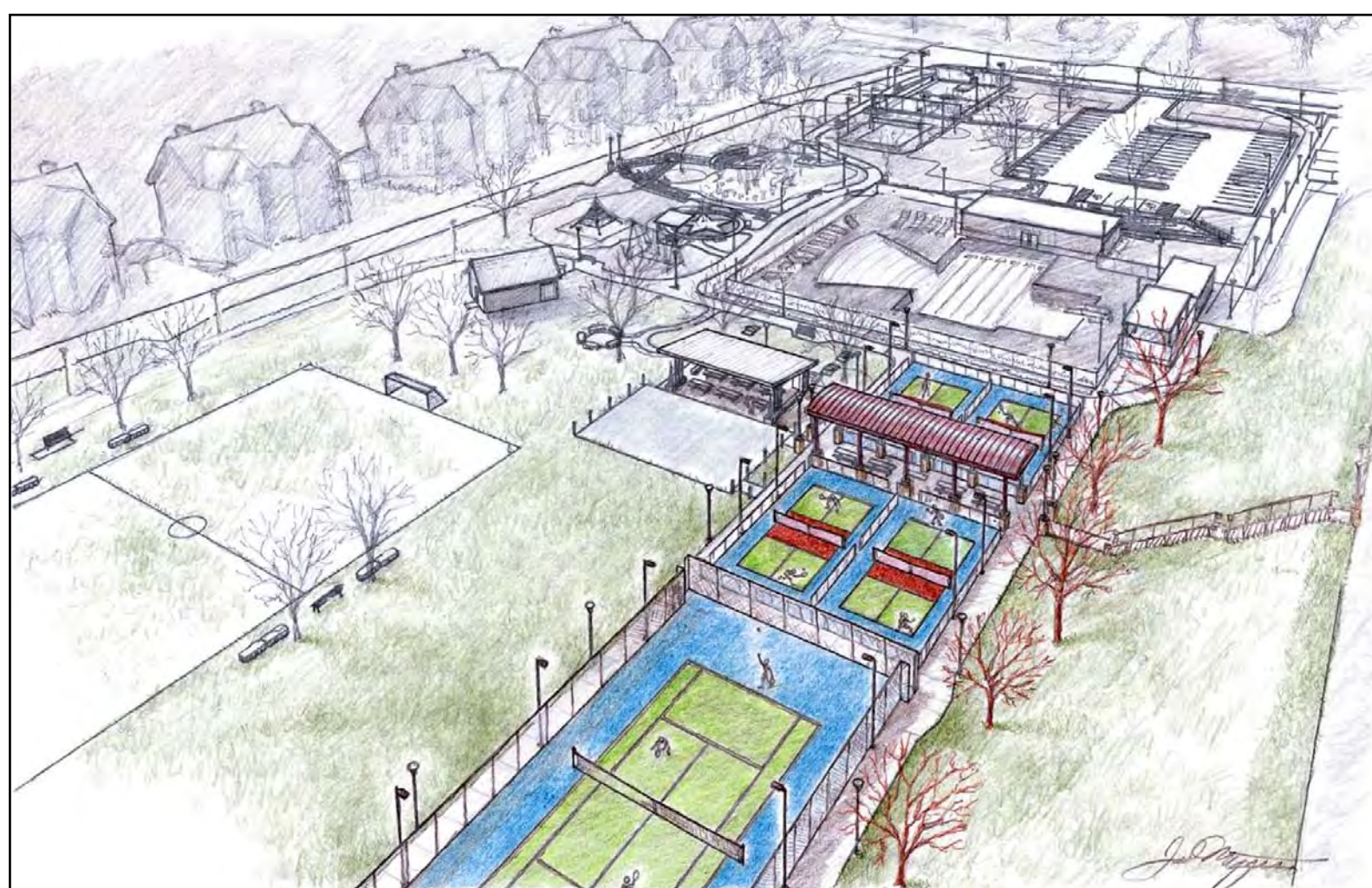
monies and other activities, an open area that could be used for extra seating or flying disc and other games, a soccer field, a basketball court, a sand volleyball court, a children's natural play area and splash pad with covered picnic tables for shade, a restroom, and eventually an improved swimming pool and parking area. The aging storm sewer will also be updated during the project.

Sidewalk paths will be six- to eight-feet wide, and steep slopes will be reduced with easier-to-use stairs connecting the park to the residential access drive. The completed park will be lit in several areas, including the courts and sidewalk path, which meanders throughout the park in a figure eight pattern and will allow users to log a mile if the path is completed twice.

Those improvements are slotted to be tackled in Phases 2-5, which are dependent upon funding and other factors before they can begin. Plans are also subject to change as the project progresses.

Overall, the project aims to provide an updated space with handicapped-accessible pathways and improved recreational opportunities for the community.

"Any green space like



Design Branch, Engineering Division, Directorate of Public Works graphic by Architect Joel Marquardt

The first phase of a multi-phase, multi-year improvement project to Grant Park — depicted here in color — includes the construction of a tennis court and four pickleball courts with a covered pavilion by the pickleball courts. Areas where construction is taking place have been fenced off for safety. Phase 1 is estimated to be complete by May 2025.

this is going to encourage kids to get outside, and we all know that there's too much time on computers for young people, and if you have a draw of some unique exercise spaces (like Grant

Park), I think that is going to be very healthy for the group," Marquardt said.

He said he and other members of the DPW team considered ways the space might be used and incorpo-

rated those considerations into the design. Examples he gave included an area for cornhole and a fire pit or platform located near a gathering area, with attention to how sound and

smoke would travel while protecting views, and placement of the restroom closest to the children's areas where the facility might be needed quickly and often.

"We are definitely ex-

cited about (the project) and see potential for a healthy environment," he said, noting that parts of the area have not been inviting or useful for some time.

Dental Assistant Training Program offered at Smith Dental Clinic

Deadline to apply is noon Sept. 20

by American Red Cross

The Fort Leavenworth Dental Assistant Training Program is being offered again at Smith Dental Clinic.

Up to four individuals will be given the opportunity to join the next class that starts in November. The application deadline is noon Sept. 20.

Refer to the flyer, at right, for eligibility and other information about the program.

To apply for the program or for more information, contact Jason Ramlow, regional program manager, service to the U.S. Armed Forces and international services, American Red Cross of Missouri and Arkansas, at 816-536-0108 or Jason.Ramlow@redcross.org

Dental Assistant Training Program





American Red Cross



Fort Leavenworth
Dental Clinic Command

INTERESTED IN THE DENTAL ASSISTANT TRAINING PROGRAM?

The Dental Assistant Program is a combination of classroom and hands-on basic education and clinical skills. The program is designed to provide the skills necessary for volunteers to become employed at a Dental Treatment facility (DTF). Please note, employment is not guaranteed.

This is a valuable training opportunity where dental trainees MUST commit to a six (6) month period required for completion. First 2 weeks in lectures then rest of the 22 weeks in clinic hands-on experience.

Training day is from 0720-1600 Monday – Friday

- ❖ Must have valid DoD sponsored ID card
- Retiree or family member of active/guard/reserve retired with regular post access privileges.
- ❖ Must be 18 years old or older prior to start of program.
- ❖ High School Graduate or GED.
- ❖ Candidates must have or be willing to complete BLS training and vaccination requirements prior to start of program.
- ❖ There is no cost for those accepted.
- ❖ Candidates will be chosen based on application, essay, and individual interviews.

❖ Application available on 26 AUG2024
 ❖ Interviews begin on 23 SEP2024
 ❖ Training begins on 04 NOV2024
 ❖ To apply see contact information below

START HERE FOR A GREAT OPPORTUNITY

American Red Cross
Jason.Ramlow@redcross.org
 Phone: (816) 536-0108

Volunteers needed to plant trees for National Public Lands Day project

by Cultural Resource Management Office

In honor of National Public Lands Day this fall, Fort Leavenworth's Cultural and Natural Resource Management programs are organizing the planting of 100 trees within the post's historic district. Over the years the number of mature trees in the district have begun to thin due to storm damage and age. A variety of native species have been chosen for this conservation project, and we're very excited to begin.

It's our hope to get the wider community involved, and we would like to open this up as a service opportunity for local organizations that may share our interest.

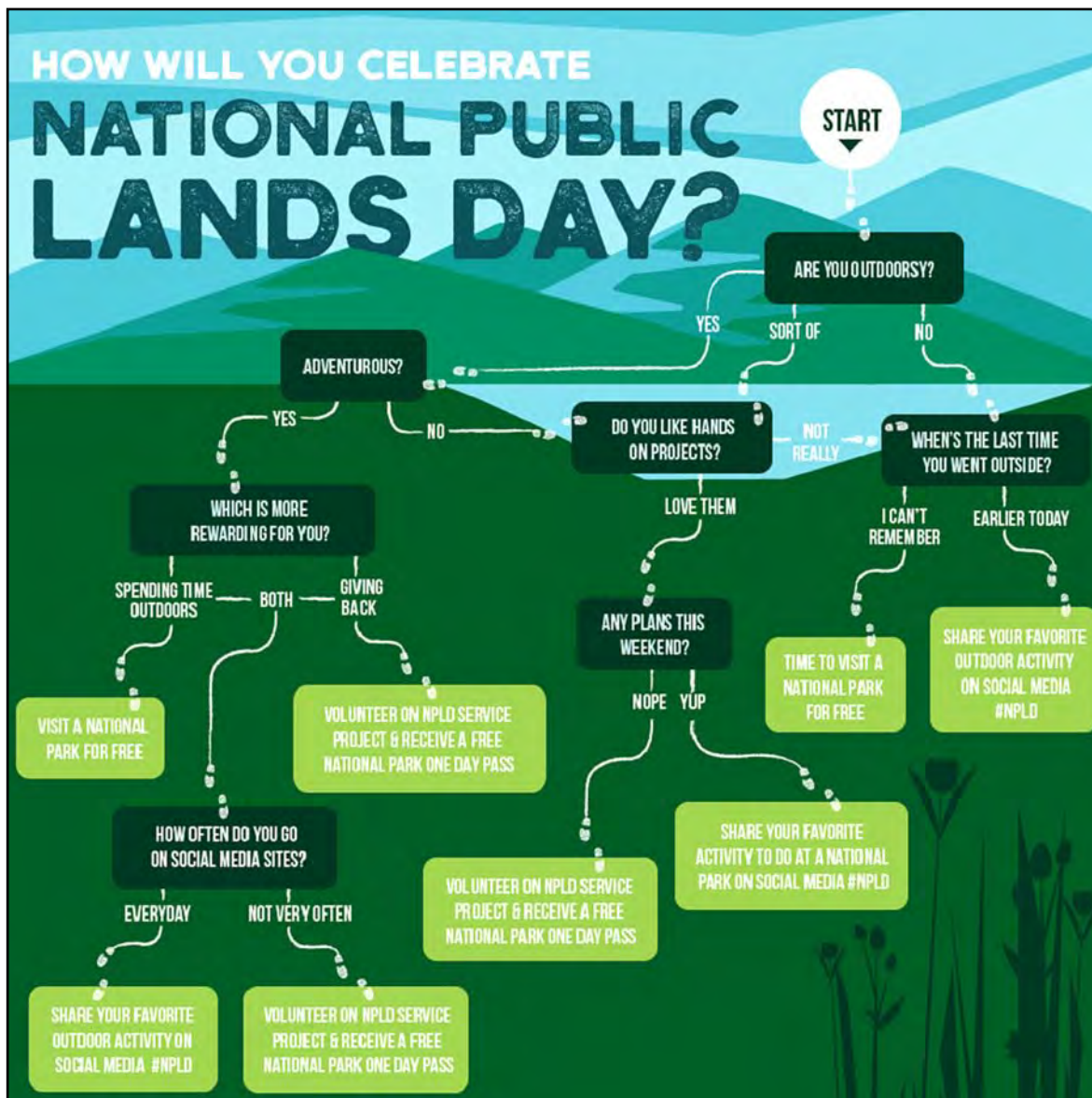
Volunteer groups will be led by staff from the Directorate of Public Works. After a quick orientation and safety briefing, each small group will get a number of trees, corrugated tree protectors and watering gators, and they will be directed to pre-determined planting sites. The number of trees each group is responsible for will be scaled to their age and ability, and additional adult supervision can be provided with some advance coordination, if

needed. All ages and ability are welcome, but volunteers are encouraged to be mindful of their own limits on uneven terrain. All materials will be provided.

The project's kick off will be at 9 a.m. Sept. 28, celebrated as National Public Lands Day, and work will continue at 9 a.m. every Saturday until all of the trees are planted, with workdays most likely on Oct. 5, Oct. 12, and potentially Oct. 19, depending on how many volunteers participate. In the event of bad weather, that workday will be cancelled, and an additional Saturday will be added on to the end of the timeframe. Groups and/or individuals are, of course, more than welcome to come for as many or as few workdays as they are available — it would not have to be a four-day commitment.

For more information or to register an individual or group to volunteer, contact the Cultural Resource Management office at catherine.j.reynolds3.civ@army.mil.

Visit <https://www.neefusa.org/npld/fort-leavenworth-historic-district/planting-trees-fort-leavenworth-historic-district> for more information on the project and NPLD.



National Environmental Education Foundation graphic

Pet of the Week



Photo by Prudence Siebert/
Fort Leavenworth Lamp

FLFHC issues pet policy reminder

by Fort Leavenworth Frontier Heritage Communities

In response to several instances of off-leash pet complaints, Fort Leavenworth Frontier Heritage Communities reminds residents of the housing pet policy, outlined in the FLFHC Resident Guidelines and Community Handbook.

- Pets must be on a physical leash at all times when outside the fenced area of a home. Electronic leashes and electronic fences do not meet this requirement.
- Residents must dispose of pet waste daily in their fenced backyards.
- Pets can be housed in the resident's yard only when a fence meeting community guideline is installed. Pets cannot be tied or staked outside of the fenced area.
- Pets must have suitable shelter from inclement weather and have continuous access to food and fresh water. Suitable shelter is deemed to be a structure of sound construction, sufficient to provide shade from sun and protection from rain and wind. Inclement weather is described as excessive wind, rain, snow or temperatures above 80 degrees Fahrenheit or below 50 degrees Fahrenheit.

To view or download the guidelines in full, visit https://home.army.mil/leavenworth/application/files/4317/1198/1516/FLFHC_Resident_Handbook_April_2022.pdf

LEFT: Raccoon is a 3-month-old kitten available for adoption at the Fort Leavenworth Stray Facility. He has already been neutered, vaccinated and microchipped. Visit www.FLSF.petfinder.com for pet profiles, e-mail fortleavenworthstrayfacility@gmail.com for an adoption application, and call 913-684-4939 for more information. The FLSF, at 510 Organ Ave., is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday, and by appointment for pre-approved adopters.

WORTH
Harley-Davidson
MOTOR HARLEY-DAVIDSON CYCLES NORTH

9400 NW Prairie View Rd
816-420-9000
www.worthharley-davidson.com

THURSDAY
SEPT. 19, 2024



LAMP

Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

Saturday, Sept. 21

8 a.m. to 3 p.m. - post wide

IT'S BACK!!! Don't miss all the bargains!
Authorized off-post ID Card Holders can sell
at the Old Bell Hall Parking Lot – no permit required.



YARD SALE

*ID's will be scanned at the gate beginning at 8 a.m. - everyone over 16 must have a valid ID to access a military installation. Visitor pass is not required for this event!

leavenworth.armymwr.com follow Fort Leavenworth MWR on Facebook for updates

Supervisors and Leaders, join the Fort Leavenworth Family Advocacy Program in an interactive workshop designed and presented by Dr. Diandra Poe DSW, LMSW

Operation RESPECT



MS Teams
September 26
Session 1: 0900 - 1130
Session 2: 1300 - 1500
Free Workshop

Don't miss this opportunity to hear from Army Veteran, Dr. Diandra Poe, as she shares vital skills on how to become an effective and empathetic leader in today's rapidly changing culture.

Must be 18+
Register by September 24
(Link will be provided after registration)
Call 913-684-2822/ 684-2808

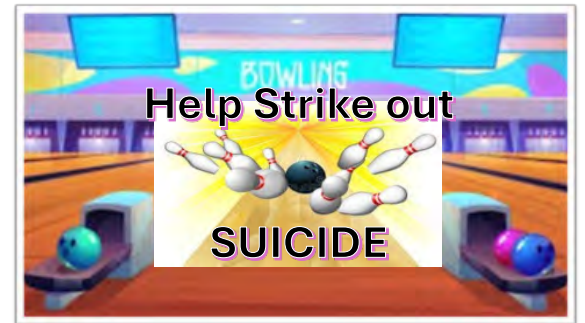
Dr. Poe has designed a comprehensive, implementable prevention program that is specifically geared toward Military Leaders to utilize in the continuing effort to end domestic and sexual violence in our military.

Topics that will be covered include:

- How to recognize the signs of Mental Health issues
- How to effectively intervene to prevent Sexual Assault and Domestic Violence
- Cultivating Healthy Relationships
- What is Herd Mentality, Grooming Behavior and how to recognize it
- Professional Boundaries and Leadership
- Bystander Intervention
- Cultural Norms and Behaviors



Come Join The Fort Leavenworth Army Suicide Prevention Program, at THE STRIKE ZONE



FREE BOWLING
with Prizes
Saturday 28 September 2024
1300-1500
Space is limited to 80 bowler so
Call 913-684-2875 to reserve your place

BOSS PRESENTS MOVIE NIGHT

Post Theater // 375 Grant Avenue
Movies start at 7PM
Must show your DoD ID at the door!

September 6



PG

September 20



PG-13

Come out and join us as the BOSS program gives back to the Community by playing movies inside the Post movie theater.

Prepackaged snacks and drink can be purchased at the snack bar.
No outside food or drinks are authorized.

For all movies children 12 and under MUST be accompanied by an ADULT!
CASH only at the snack bar!

For more info call: (913) 684-2736 • Or visit our website leavenworth.armymwr.com

BBQ BONANZA

September 20-21, Frontier Chapel

1.5 days BBQ instruction and hands-on coaching followed by a family dinner & awards

Sept 12
Thursday, IPR, 1630-1700

- Trainees meet with instructors
- Review/lock in preparations for event
- Receive Supply List

Sept 20
Friday, 1730-2100

- Smokeology Art & Science -BBQ smoking instruction on meats
- Prep meat(s) for Saturday's smoking.

Sept 21
Saturday, 0230-1830

- Hands-on BBQ smoking of selected meats
- More classroom instruction
- BBQ competition
- Awarding of prizes, patches and certificates
- Family dinner

Instruction by KC Culinary Institute-trained and competition-tested local instructors

POC: Jim Harbridge, leavenworth@ocfusa.org

BBQ BONANZA

Pricing

- Pork Ribs (3 slabs) \$166
- Pork Shoulder \$166
- Brisket \$208
- Ribs & Pork \$196
- Ribs & Brisket \$238
- Brisket & Pork \$238
- Pork Ribs-double \$196
- Pork Shoulder-double \$196
- Brisket-double \$280
- Ribs, Brisket & Pork \$268

Scan QR Code to Register Today!



BBQ BONANZA

20 SEPT - 21 SEPT, 2024

1 1/2 days BBQ Instruction & Hands-On Coaching

Frontier Chapel, Ft Leavenworth



Scan the QR Code to Register

Or go here:
<https://tinyurl.com/BBQ-Bonanza-24>



USAG FORT LEAVENWORTH, KS

AMMO AMNESTY DAY

When:
Wednesday, 25 September 2024
(0900-1500)

Location:
Ammunition Supply Point (ASP)
Sheridan Dr. off McPherson Ave

Purpose:
Allow the safe return of ammunition without any repercussions and keep our community safe.

NO QUESTIONS ASKED, NO PENALTY OR PROSECUTION
For any additional information or questions, please call:
913-684-1741



SEPT 27TH • 5PM-9PM

FOOD, BEVERAGES, MUSIC AND DANCING
OPEN TO FORT LEAVENWORTH RESIDENTS, RETIREES, AND CIVILIAN EMPLOYEES

MEMORIAL LANTERN LAUNCH AT DUSK TO HONOR FALLEN SOLDIERS AND THEIR FAMILIES!

info: (913) 684-1674 • leavenworth.armymwr.com

SAVE THE DATE

MILITARY POLICE BALL

Join the Old West Chapter of the MPRA on 27 September 2024 for the Military Police Ball held at the Marriott Country Club Plaza

Address: 4445 Main Street, Kansas City, MO 64111
Valet: \$35/night
Self-Parking in Hotel Garage Off 45th Street: Coupon for free parking for event; \$55/night

Uniform:
Service Members: Dress Mess, Dress ASU, Dress AGSU, or Service Branch Equivalent
Civilians: Formal Attire

Ticket Prices (Guests Pay Their Soldier's Ticket Price):
E1-E4: \$45
E5-E6: \$60
E7 & Above/Civilians: \$80

Event Highlights:
-Unique Take Home Gift
-Special Guest Speaker
-DJ Entertainment
-Walking distance to Country Club Plaza
-Guest Rooms are available for a discounted rate of \$149/night plus taxes (stay tuned for booking info)

Choice of Entrée:
Chicken Piccata
Top Sirloin Steak
Vegan Plate

POC: ILT Johnson, Email: 913-684-9406



The Thrift Store will be open the day of the Fort Leavenworth Yard Sale Saturday, 21 September 2024

(accepting donations after the Yard Sale)

DOMESTIC VIOLENCE AWARENESS MONTH

WORKSHOP & WORKOUT!



Join the Family Advocacy Program for a WEEKLY Workshop & Workout for Domestic Violence Awareness Month!

11:00a.m.-12:30p.m. Every Saturday in October!

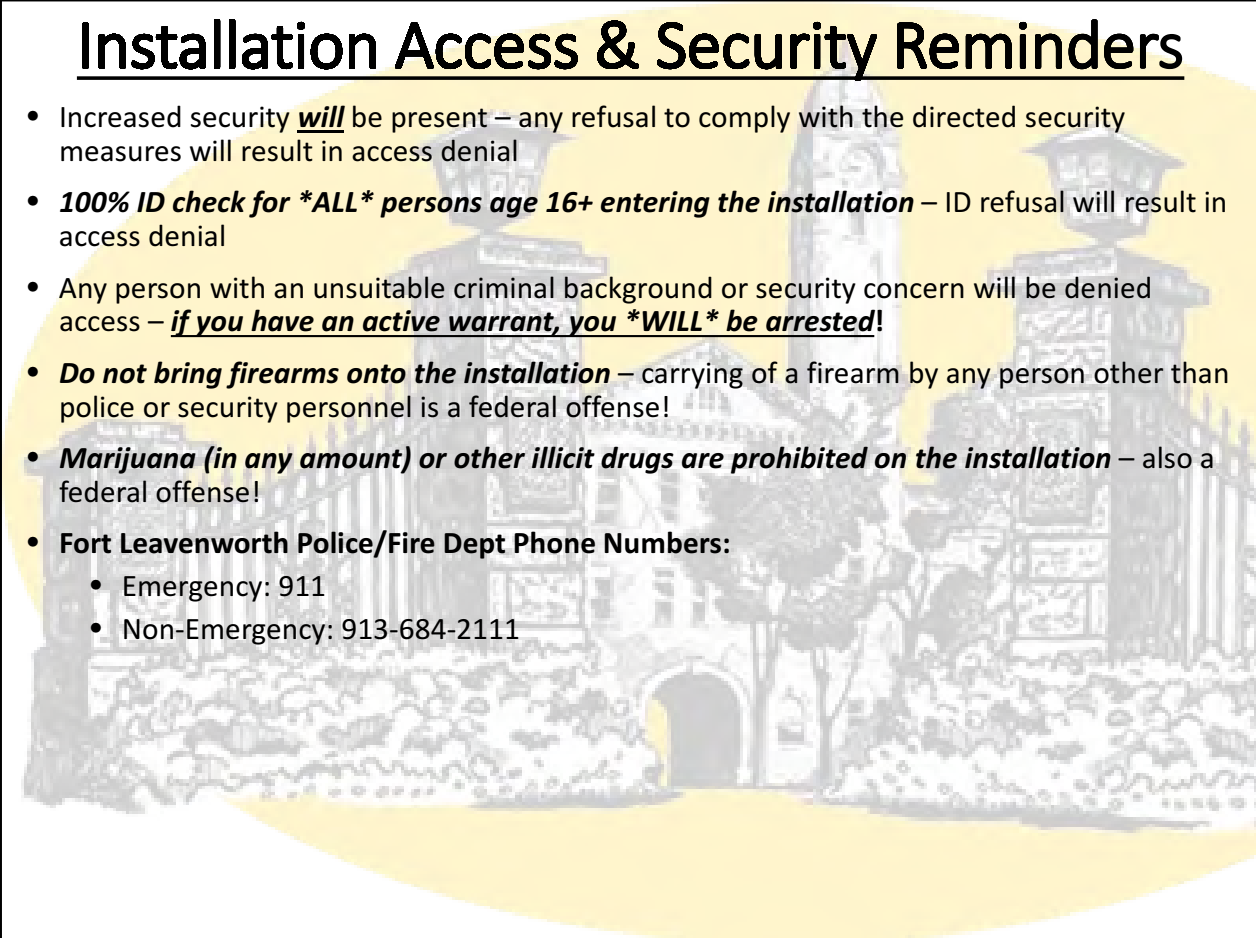
To Reserve Your Spot Call or Text 913-683-2537

600 Thomas Ave. Bldg. 198 Room 157



Installation Access & Security Reminders

- Increased security **will** be present – any refusal to comply with the directed security measures will result in access denial
- 100% ID check for *ALL* persons age 16+ entering the installation** – ID refusal will result in access denial
- Any person with an unsuitable criminal background or security concern will be denied access – **if you have an active warrant, you *WILL* be arrested!**
- Do not bring firearms onto the installation** – carrying of a firearm by any person other than police or security personnel is a federal offense!
- Marijuana (in any amount) or other illicit drugs are prohibited on the installation** – also a federal offense!
- Fort Leavenworth Police/Fire Dept Phone Numbers:**
 - Emergency: 911
 - Non-Emergency: 913-684-2111



COME DOWN TO OUR ANNUAL LEAVENWORTH HIGH-SCHOOL JROTC CAR SHOW

Registration \$20 HS-\$10

SUNDAY, OCTOBER 6TH, 2024
REGISTRATION: 9:00-11:00
CAR SHOW: 11:00-2:00

LEAVENWORTH HIGH SCHOOL 2012 10TH AVE, LEAVENWORTH, KS

Don't miss it!

FOR MORE INFORMATION CONTACT LEAVENWORTH JROTC AT (KENNETH.SCILLIERI@LVPIONEERS.ORG)

Catholic Women of the Chapel

CWOC meets Thursdays at 9:00am in the Pioneer Chapel Activity Room

NEW
CWOC Evening Meeting Thursdays, 6:00-8:00pm at Pioneer Chapel, Room 142

LEARN MORE >>>

Find our complete calendar on Facebook 'CWOC Fort Leavenworth'

SEPT 2024

St. Ignatius of Loyola Catholic Community Fort Leavenworth

Pastoral Advisory Council Meeting: The Pastoral Advisory Council meetings are open to all congregation members that would like to provide input regarding upcoming events and future volunteer needs for the community. Pioneer Chapel, CONFESIONS: Tuesday - Friday 10:30-12:00, Pioneer Chapel, Saturday 08:30-09:15

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 Confessions (F) 08:30-09:15 (F) 09:30 Mass (F)	02	03 (200) Mass (F) 9:00 (F) 9:15 (F) 9:30 (F)	04 (200) Mass (F)	05 (200) Mass (F) CWOC (F) 09:00-10:00 10:00-11:00 11:00-12:00	06 (200) Mass (F)	07
08 Confessions (F) 08:30-09:15 (F) 09:30 Mass (F)	09 (200) Mass (F) 9:00 (F) 9:15 (F) 9:30 (F)	10 (200) Mass (F) Knights of Columbus (F) 10:00 (F)	11 (200) Mass (F)	12 (200) Mass (F) CWOC (F) 09:00-10:00 10:00-11:00 11:00-12:00	13 (200) Mass (F) 12:00-1:00 (F)	14
15 Confessions (F) 08:30-09:15 (F) 09:30 Mass (F)	16 (200) Mass (F) 9:00 (F) 9:15 (F) 9:30 (F)	17 (200) Mass (F)	18 (200) Mass (F)	19 (200) Mass (F) CWOC (F) 09:00-10:00 10:00-11:00 11:00-12:00	20 (200) Mass (F) 12:00-1:00 (F)	21
22 Confessions (F) 08:30-09:15 (F) 09:30 Mass (F)	23 (200) Mass (F) 9:00 (F) 9:15 (F) 9:30 (F)	24 (200) Mass (F)	25 (200) Mass (F)	26 (200) Mass (F) CWOC (F) 09:00-10:00 10:00-11:00 11:00-12:00	27 (200) Mass (F) 12:00-1:00 (F)	28
29 NO MASS (F) 08:30-09:15 (F)	30 (200) Mass (F) 9:00 (F) 9:15 (F) 9:30 (F)				31 (200) Mass (F) 12:00-1:00 (F)	01

Facebook: Saint Ignatius Catholic Community, Fort Leavenworth

SEPTEMBER 2024

THE CARL'S COMMUNITY EVENTS CALENDAR

The Ike Skelton Combined Arms Research Library
913-758-3001
follow us on Facebook: @CombinedArmsResearchLibrary
*Activities are subject to change

SUN	MON	TUE	WED	THU	FRI	SAT
1 CLOSED SUNDAYS	2 CLOSED HAPPY LABOR DAY	3 FAMILY STORYTIME @9:30 A.M. StoryWalks(R)	4	5	6	7
8 CLOSED SUNDAYS	9 StoryWalk(R)	10 FAMILY STORYTIME @9:30 A.M.	11	12	13	14
15 CLOSED SUNDAYS	16 StoryWalk(R)	17 FAMILY STORYTIME @9:30 A.M.	18	19	20	21
22 CLOSED SUNDAYS	23 StoryWalk(R)	24 FAMILY STORYTIME @9:30 A.M.	25	26	27	28
29 CLOSED SUNDAYS	30 StoryWalk(R)					



Fort Leavenworth Multicultural Families FRIDAY FUN DAY

Fridays @ The Resiliency Center
Room 106
9:30am - 11:00am

Friday Fun Days are all about exchanging ideas and customs, learning about US Military lingo and traditions, navigating life in the Midwest, and making connections with each month's themed activity!

2024 - 2025 FRIDAY FUN DAY CALENDAR

September 13 Munson Walk-thru	January 2025 No meet up! Enjoy your Holidays!	May 9 Farewell
October 11 Pumpkin Carving	February 7 Valentine's Day Traditions 5 Love Languages Class	June 27 Potluck
November 8 Thanksgiving Potluck	March 7 Spring Weather in Kansas Moving With Kids	July 18 Education Fair
December 13 White Elephant Gift Exchange Holiday Traditions	April 9 Easter Traditions	

Friday Fun Day is FREE! Registration is not required.
Call 913-684-2830 for more information
leavenworth.armymwr.com



COMBINED ARMS CENTER AND GERMAN ARMY LIAISON STAFF TO HQ CAC PROUDLY PRESENTS THE




„GERMAN ARMY BAND „KASSEL“

LIVE IN CONCERT FOR THE MILITARY COMMUNITY AT FORT LEAVENWORTH

Free admission

Eisenhower Auditorium, October, 1st, 2024, 1800 - 1930 hrs


FRONTIER FREEDOM 5K/10K

FORT LEAVENWORTH, KANSAS

OCT. 13 • 9 A.M.

START/FINISH AT THE FRONTIER ARMY MUSEUM

HOSTED BY




OCTOBER 18-20
FLINTHILLSMILITARY.COM

FLINT HILLS MILITARY HISTORY SYMPOSIUM 2024

WAR & TECHNOLOGY

Fort Riley Museums



Friends of the Frontier Army Museum

TRICK or TREAT

History • Fun • Gandy

18 OCT 5-7 PM

Frontier Army Museum
100 Reynolds Ave, Fort Leavenworth

Ages 12 and under

FRIENDS OF THE FRONTIER ARMY MUSEUM

FORT LEAVENWORTH

HAUNTED TOUR

HISTORY COME TO LIFE!

OCTOBER 19, 2024 • FIRST TOUR AT 6PM
RESERVE YOUR SPOT AT WWW.FFAM.US



STRONGHOLD MOBILE PANTRY

Army Corrections Brigade

If you're a military family that could use added support this season, sign up to stop by our mobile pop-up pantry!

Sept. 25, 2024 | 10:30A - 12:30P
Location: Aco MWJRCF COF

- Fresh Bread
- Fresh Fruit / Vegetables
- Eggs
- Chicken
- Non-perishables
- Diapers and more.



MORE INFO: strongholdfoodpantry.org




FLH Intro to Fox Hunting

4 Sessions - August 25th, September 8th, September 15th from 12:00 - 2:00pm, and September 21st from 10:00 - 1:00pm (Informal Hunt) at McGuire Hunt Fixture (corner of 251st Street and Bayle Road, Easton, KS)



These two-hour sessions will familiarize prospective fox hunters with the varying terrain of hunt country (open fields, woods, stream crossings, steep slopes, etc.) and focus on learning the basics of fox hunting; huntsman; staff and their duties; hunt attire; hunt tack, basic terminology; and essential rider commands.

English Riders, Competitive Trail Riders, Western Style Riders are welcome!

Point of Contact is Master of Fox Hounds Candy Smith, call or text 913-948-0189, or email info@ftleavenworthhunt.org



*Please note: Riders should know the basics of riding; these lessons are not meant for beginner riders and riding helmets must be used by all riders.



Clean Paws Pet Wash

Open 24 hours a day!
Merritt Lake Parking Lot
Cash, Coin and Card



Info: (913) 651-7176

Integrity. Dedicated Service. Financial Solutions. Anytime, Anywhere.

frontierccu.org (913) 651-6575



Federally insured by NCUA



Soldier and DoD Civilian Political Activity

do's	don'ts
<ul style="list-style-type: none"> Register to vote. Visit fvap.gov for more information. Vote in person or via absentee ballot. Use voting assistance office for help and information. Like a Facebook page or follow a social media account of a political party or candidate. 	<ul style="list-style-type: none"> Wear uniform at political campaign or election event. Post or make direct links on social media to a political party, candidate, campaign, group or cause. Suggest others like, friend or follow a political party, candidate, campaign, group or cause.

Please note this list is not comprehensive. For complete guidance, see <https://dodscso.org/osd/mil/ETHICS-TOPICS/Political-Activities/>





STRONGHOLD DISTRIBUTION & HAPPY BOTTOMS
By Appointment Only
www.strongholdfoodpantry.org

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4 Closed for Stronghold Team Building	5	6	7
8	9 DONATIONS 12:00-2:00	10	11 Open Pantry & Happy Bottoms 5:30-6:30	12	13	14 Baby Shower Event
15	16 DONATIONS 12:00-2:00	17	18 Open Pantry & Happy Bottoms 11:00-12:30	19	20	21
22 Special Event	23 DONATIONS 12:00-2:00	24	25 Mobile Pantry ACB 10:30-12:30	26	27	28
29	30 DONATIONS 12:00-2:00					

Hunger Buster Pack

POWERED BY FTLV THRIFT STORE

Do you have a school aged child that could use a pack filled with breakfast, lunch, and snack goods to help them sustain a healthy active lifestyle over school break?

Bring your pack back for a REFILL or register online to pick up your pack.

STRONGHOLD FOOD PANTRY
More than a food pantry.

Stronghold: Happy Bottoms Program

Powered by: Rapid Response Charities

Free Monthly Diaper Distribution
Email: contact@strongholdfoodpantry.org

STRONGHOLD FOOD PANTRY
More than a food pantry.



UNITED STATES ARMY COMBINED ARMS CENTER AND FORT LEAVENWORTH SEXUAL HARASSMENT AND SEXUAL ASSAULT RESPONSE WORKFORCE

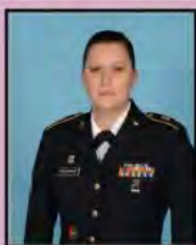


Ms. Amanda Bouseigneur
Lead SARC
Amanda.bouseigneur.civ@army.mil
Office: 913-684-2810
Cell: 913-704-9620
Bldg 197, 632 McClellan Ave



For Assistance contact
LTC Craig Arnold

Hiring Underway
Supervisory SARC



SFC Jerri Osborne
Team 1 SARC
jerri.l.osborne.mil@army.mil
Office: 913-684-1698
Cell: 913-565-0741
Bldg 77, Room J209,
290 Grant Ave



LTC Craig Arnold
Interim Supervisory SARC
Team 2 SARC
craig.d.arnold.mil@army.mil
Office: 913-684-2818
Teams: 520-692-8849
Cell: 913-704-9604
Bldg 197, 632 McClellan Ave



SFC Jacob Roach
Team 3 SARC
jacob.w.roach.mil@army.mil
Office: 913-684-0956
Cell: 913-547-5075
835 Sabalu Rd



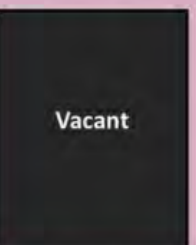
For Assistance contact
LTC Craig Arnold

Hiring Underway
Team 4 SARC



Ft Leavenworth SHARP Resource Center
Building 197, 632 McClellan Ave
Fort Leavenworth, KS 66027

Contact the team at usarmy.leavenworth.cac.mbx.cac-sharp@army.mil



Vacant

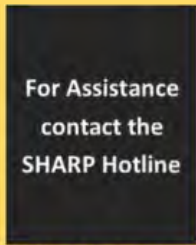
Hiring Underway
Team 1 Victim Advocate



Ms. Nicole Hernandez
Team 2 Victim Advocate
Maurennicole.n.hernandez.civ@army.mil
Office: 913-684-5230
Cell: 913-544-9243
Bldg 58, 614 Custer Rd



Mr. Josh Belle
Team 3 Victim Advocate
joshua.p.belle.civ@army.mil
Office: 913-684-0956
Cell: 913-680-5699
835 Sabalu Rd



For Assistance contact the
SHARP Hotline

Hiring Underway
Team 4 Victim Advocate

We Have Realigned Under a New Installation Model

Team 1 AAFES, ACS, AFC, ARI, CDID, Cemetery, CID, CPAC, DeCA, DES, DLA, DMPA, FMWR, LRC, MCCoE, MICC, Museum, NEC, PAO, RCI Housing, TDS/SJA, TRAC, USAFMSA, USAG HQ, USASMD, USD 207, and US STAG CMD.

Team 2 CAC HQ, CAC-T HQ, MCTP, NSC, STB, TMD, 505th CCW and 500th/67th MP

Team 3 ACB, MWJRCF, USDB

Team 4 Army U, CGSC, Dental, DLI, MAHC staff, Patients, SAMS, SOF, TRADOC, Veterinarian, and Other Service Staff tenant personnel

Fort Leavenworth 24/7 SHARP Hotline
913-683-1443
DoD Safe Help Line
877-955-5247

Sexual Harassment Complaint Reporting Option
Formal | Informal | Anonymous
Sexual Assault Reporting Option
Restricted | Unrestricted
Retaliation Reporting Options
Command | IG | SARC | DoD Safe Helpline

Find us on Facebook



WeCare App



GET IT ON Google Play



#NotInOurArmy
As of 13 August 2024

Break the Silence Glow Walk

For Domestic Violence Awareness Month

Join Fort Leavenworth's Army Community Service for a powerful and illuminating evening dedicated to raising awareness of Domestic Violence.

Stand in solidarity with Survivors as you walk the route, stop at interactive stations, hear their stories, and learn how you can support those affected by Domestic Violence.

Participants are encouraged to wear purple to represent the collective strength of our community in breaking the silence surrounding Domestic Violence. The walk will begin and end at the Resiliency Center with participants visiting stations along the route.

FREE and no registration required. Call 913-683-2537 for more information.

October 24
6:30pm
@ The Resiliency Center

Join the Family Advocacy Program for the "Break the Silence Glow Walk and Trick-or-Treat," a powerful evening dedicated to raising awareness about domestic violence and standing in solidarity with survivors. This event is a key part of Domestic Violence Awareness Month, bringing our community together to illuminate the path toward safety, support and change. Participants will walk a designated route, wearing purple, symbolizing hope and the collective strength of our community in breaking the silence around domestic violence. The walk will feature interactive stations to trick-or-treat at along the route, also providing community resources, stories of survival, and opportunities to learn how to support those affected by domestic violence.

If you experienced sexual trauma during your military service, VA can help.

Free Services

The Department of Veterans Affairs (VA) offers free health care and other benefits for current and former Service members who experienced sexual assault, harassment or abuse during military service, also known as military sexual trauma (MST).

For Current Service Members

Current Service members (including current National Guard and Reserve members) can access confidential MST-related counseling at VA's **Vet Centers** without a referral and care at VA medical facilities with a Department of Defense referral.

No Report or Evidence of MST Needed to Receive Care

No report to authorities or other documentation of the MST experience is needed to receive health care services.



For more information, scan the QR code, download the Beyond MST mobile app, or visit/call:

CLEARED For Open Publication
Jul 25, 2024
www.mentalhealth.va.gov/mst
www.va.gov/find-locations
1-800-698-2411



Department of Defense
OFFICE OF PREPUBLICATION AND SECURITY REVIEW

24-P-0880

Ft. Leavenworth International Loan Closet

Located in the alley off McClellan & Kearny
Hours Vary, Check FB Page

Donations & Volunteers
Welcome

The Fort Leavenworth Frame Studio



Custom Framing & DIY Studio
 Tuesday - Friday
 10am - 5pm

Must complete Intro to Framing Workshop before using the DIY Frame Studio. Hourly fee applies.
 Call to register or stop by the studio!

IS NOW OPEN!

Come see us!
Arts & Crafts Studio
 310 McPherson Ave
 (913) 684-3373

Intro to Framing:
 (\$40 a class must pre-register)

Every 2nd Thursday of the month from 10am - 2pm
 Every 4th Saturday of the month from 10am - 2pm
 Deadline to register is the day before class.
 Ages 18+



The Frame Studio is available for all of your framing needs!

- Military Prints
- Art Projects
- Photography Prints
- Graduation Certificates
- Etchings/Engravings
- Restoration

CYS SKIES
 Instructional Class Fall Catalog
 2024

Enrollment Opens July 8th @ 9:00am
 Open House July 23rd 5:30pm - 7:00pm

320 Pope Ave Bldg #345
 Call 913-684-3207 or text 913-704-7595

The Schools of Knowledge, Inspiration, Exploration and Skills (SKIES): Unlimited offers classes in art, dance, music, gymnastics, theater, golf and more. For more information, visit <https://leavenworth.armymwr.com/programs/skies-unlimited>. Download the fall catalog of available classes at https://leavenworth.armymwr.com/application/files/2817/1949/5175/SKIESUnlimited_Fall_2024_Final.pdf.

HUNGRY?

Fort Leavenworth MWR has AMAZING food options!

- Solarium Buffet
- 12th Brick Grille
- Strike Zone Snack Bar
- Java Cafe
- FCC BBQ

LEAVENWORTH.ARMYMWR.COM

LOOKING FOR ADVENTURE? CHECK OUT FORT LEAVENWORTH LEISURE TRAVEL SERVICES!

Leisure Travel Services
 310 McPherson Bldg 464
 (913) 684-2580

August & September

Watercolor & Acrylic Workshops

\$30 per workshop

Cost includes all supplies!

Watercolor (Basic Techniques)
 Tuesday, Aug 20 11am - 1pm
 Tuesday, Sept 17 6pm - 8pm

Watercolor (Color Theory)
 Tuesday, Aug 27 11am - 1pm
 Tuesday, Sept 24 6pm - 8pm

Watercolor (Autumn Leaves)
 Tuesday, Sept 3 11am - 1pm

Watercolor (Autumn Wreaths)
 Tuesday, Oct 1 6pm - 8pm

Acrylic (Basic Techniques)
 Wednesday, Aug 28 11am - 1pm

Acrylic (Intermediate)
 *Must sign up for both
 Wednesday, Sept 4 11am - 1pm
 Wednesday, Sept 18 11am - 1pm



scan for more info

Call now to register!
 913-684-3373

Arts & Crafts Studio
 310 McPherson Ave
 913-684-3373

OPEN STUDIO
 Hours 10am - 5pm T - F
 Ask about our Hourly Fees

Multi-Craft Room
 Come use our provided supplies to craft with the whole family!

Painting Studio
 Provided watercolor and acrylic supplies to create your own masterpiece.

Framing Studio
 Must take Intro to Framing before using DIY Framing Studio.

Pottery Studio (Coming Soon!)

Modern Calligraphy

Basics

\$20 per class

Tuesday Aug 20 6:30pm - 8pm

Special Projects

Birthday Cards
 Tuesday Sept 3 6:30pm - 8pm

Intermediate

\$20 per class

Tuesday Aug 27 6:30pm - 8pm



Reoccurring Classes

MUST PRE-REGISTER

Intro to Framing

\$40 per class
 Every 2nd Thursday & 4th Saturday of the month 10am - 2pm

Paint & Sip

\$35 per session
 Every 2nd Friday of the month 6pm - 8pm

Must be 21 years or older. BYOB

Come see what's new at the Studio!

leavenworth.armymwr.com



August & September

Workshops

Acrylic

\$35 per class

Acrylic Pour
 Wednesday, Aug 14 11am - 1pm

Acrylic Pour
 Wednesday, Sept 25 11am - 1pm



Framing

\$40 per class

Intro to Framing
 Must pre-register
 Thursdays Aug 8, Sept 12 10am - 2pm
 Saturdays Aug 24, Sept 28 10am - 2pm

Call now to register!
 913-684-3373

Crafts

\$35 per class

Wooden Growth Chart
 Friday, Aug 16 11am - 1pm

Wooden Birthday Calendar Board
 Friday, Sept 27 11am - 1pm



Arts & Crafts Studio
 310 McPherson Ave
 913-684-3373

Paint & Sip

\$35

Must be 21 years or older. BYOB



Hot Air Balloons
 Friday August 9 6pm - 8pm



Monarch Butterfly
 Friday September 13 6pm - 8pm

Cost includes all supplies!

Come see what's new at the Studio!

leavenworth.armymwr.com



Kids Arts & Crafts

Messy Art

\$12 per class (ages 7+)

Thursday, Aug 15 11am - 12pm

Thursday, Sept 19 11am - 12pm

Color Me Happy (Parent & Toddler)
 \$10 per class

Thursday, Aug 22 10:30am - 11:30am

Thursday, Sept 12 10:30am - 11:30am

Thursday, Sept 26 10:30am - 11:30am

Art History

\$15 per class (ages 7+)

Milkshakes & Monet
 Wednesday, Aug 21 1pm - 3pm
 Thursday, Aug 22 4pm - 6pm

Gummies & Goldsworthy
 Wednesday, Sept 18 1pm - 3pm
 Thursday, Sept 19 4pm - 6pm



CYS

We're Hiring NOW!

Join our Team as a **Child and Youth Program Assistant** at Fort Leavenworth!
Pay starts at **\$18.35** per hour

Great pay and benefits!

- Career Progression & Paid Training
- Retirement & 401K
- Priority Childcare Placement & Employee Childcare Discounts
- Regular Full-Time/ Part-Time & FLEX Hours Available
- Medical, Dental, Vision, & Life Insurance Benefits *
- Paid Leave, & Paid Federal Holidays for Full-Time & Part-Time
- Access to Commissary & AAFES Shopping Privileges & MWR Facilities
- Job Transfer Program Worldwide Through Civilian Employment Assignment Tool

*Conditions Apply



Scan here to apply!
ArmyMWR.com/cyscareers



HYC

AFTER-SCHOOL PROGRAM

School is in session, but the FUN doesn't need to stop! Hang with your friends! Do cool stuff! And make some memories!

FREE!

*Enroll now at Harrold Youth Center
45 Biddle Blvd
913-684-5118

HYC Hours
Mon -Thurs 3PM -7PM
Friday 3PM -9PM
Saturday 2pm -8pm
Closed Sunday

Administrative Hours
Monday - Friday
9AM -6PM



Offering:
Homework Help
STEM Program
Gym Activities:
Music Classes
Arts & Crafts
Special Event:
Clubs
& More!

Follow HYC on FB!



*HYC is for 6th -12th Graders only. Must be registered with CYS Parent Central prior to enrolling. Contact 913-684-5118 for more info on registration and eligibility



Playgroup Palooza!

Every 2nd Tuesday from 9am - 10am
@ The EFMP Playground
(through the month of October 2024)

Come out and get to know other EFMP Families while the kids play! Every month there will be a NEW and EXCITING activity for the kids! Open to EFMP Families only.

Registration is required the Friday before the event.
Call 913-684-2871 or 913-684-2800 for more info

Activities*
May- Chalk Art
June- Art Easels
July- Popsicles
August- Bubbles
September- Juice Boxes
October- Pumpkin Decorating
*Subject to change

EFMP Exceptional Family Member Program

EFMP RECREATIONAL BOWLING

Every first Saturday of the month
12:00pm - 2:00pm
Strike Zone Bowling Center
165 Fourth St

Meet other EFMP families! EFMP Recreational Bowling is a fun way to socialize, and sharpen fine motor skills.

All ages welcome!
EFMP Recreational Bowling is a fun way to socialize, and sharpen fine motor skills.
Bumpers, bowling ramps, and lightweight bowling balls are available.

Pre-registration is required the Wednesday before the event.
Call 913-684-2800 for more info or to register

FREE for the entire family including shoes!

MWR **ACS** **EFMP**

Need to talk to someone who "gets it"?
Come join your fellow EFMP Spouses for

"Refreshing Conversations"

Let's talk about the topics that impact our EFMP community!

Every first Thursday of the month in the ACS classroom
@ The Resiliency Center
10:00 am - 11:00 am

TEAMS calls will be available starting August 1 from 1:00pm - 2:00pm

Aug 1
Sep 5
Oct 3
Nov 7
Dec 5

Enjoy light refreshments, a delicious drink of the month, and great conversation!

Please register by calling 913-684-2800 or 913-684-2871

MWR **ACS** **EFMP**

VOLUNTEER BASICS

JAN 10 • MARCH 13 • MAY 15 • JUNE 26 • AUG 28 • SEPT 4
ACS CLASSROOM • 600 THOMAS AVE.
TIME: 12PM - 1PM

DO YOU WANT TO MAKE A DIFFERENCE IN OUR COMMUNITY? IF SO, THEN BE SURE TO CHECK OUT VOLUNTEER BASICS. LEARN ABOUT VOLUNTEER OPPORTUNITIES ON FORT LEAVENWORTH AND IN THE COMMUNITY. PARTICIPANTS WILL LEARN THE BENEFITS OF VOLUNTEERING AND HOW TO PROPERLY LOG HOURS INTO THE VOLUNTEER MANAGEMENT INFORMATION SYSTEM (VMIS).

REGISTRATION IS NOT REQUIRED, JUST SHOW UP.

INFO: (913) 684-2835

MWR **ACS**

ARMY COMMUNITY SERVICE ACS

Real-Life Solutions for Successful Army Living

Victim Advocate Hotline: (913) 684-2537
Child Abuse Hotline: (913) 684-2111
SHARP Hotline: (913) 683-1443
Chaplain: (913) 683-1443
AER Assistance After Hours:
American Red Cross at (877) 272-7337

ARMY COMMUNITY SERVICE ACS

Real-Life Solutions for Successful Army Living

Update
As of: 19 October

ACS WILL BE CLOSED THURSDAYS FROM 0800-1300 FOR STAFF TRAINING.

FOR IMMEDIATE ASSISTANCE: 913-684-1669
FOR VICTIM ADVOCATE: 913-683-2537

We are sorry for the inconvenience.

September 2024

Event Schedule

All classes are located at the Resiliency Center unless otherwise posted.

New Parent Support Program

*Registration Required for all New Parent Support Program activities and all located in the Resiliency Center.

Stroller Walk
Tuesdays, 9:00am - 10:00am

Toddler Time
Wednesdays, 9:00am - 10:00am

Storytime
Wednesdays, 10:00am - 11:00am

Play Morning
Thursdays, 9:00am - 10:00am & 10:00am - 11:00am

Childbirth Class
Sept. 16, 23, 30, 5:00pm - 7:00pm

Dad's Night Out - Restaurant TBD
Sept. 18, 6:00pm - 8:00pm

Mom's Night Out - Restaurant TBD
Sept. 25, 6:00pm - 8:00pm

Employment Readiness Program

Volunteer Basics
Sept. 4, 12:00pm - 1:00pm

Federal Employment
Sept. 11, 12:00am - 2:00pm

Resume Writing
Sept. 25, 12:00am - 2:00pm

Financial Readiness Program

Text 816-500-3163 for one-on-one appointments. Starting 18 September, call 913-684-2800.

Family Advocacy

Scream Free Parenting
Sept. 4, 1:00pm - 2:30pm
Resiliency Center, Room 145
*Registration Required

Workshop & Workout
Sept. 14, 11:00am - 12:30pm
Resiliency Center, Room 157
*Registration Required

Navigating the Teen Years
Sept. 17, 1:00pm - 2:30pm
Resiliency Center, Room 145
*Registration Required

Operation RESPECT
Sept. 26, MS Teams
Session 1: 9:00am - 11:30am
Session 2: 1:00pm - 3:00pm
*Registration Required

Survivor Outreach Services

Run/Walk for the Fallen
Sept. 14, 8:00am - 10:00am
Resiliency Center

Oktoberfest/Lantern Launch
Sept. 27, 5:00pm - 8:00pm
Merritt Lake

Exceptional Family Member Program (EFMP)

*Registration Required for all EFMP activities

EFMP Recreational Bowling (free)
Sept. 2, 12:00pm - 2:00pm
Strike Zone Bowling Center

EFMP Refreshing Conversation
Sept. 5, 10:00am - 11:00am
Resiliency Center, ACS Classroom
*Available via Microsoft Teams 1:00pm - 2:00pm

EFMP Playgroup Palooza
Sept. 21, 12:00pm - 1:00pm
EFMP Playground (located behind Post Theater)

Relocation Readiness

In-Processing Brief
Tuesdays, 9:00am - 10:00am

OCONUS Levy Brief
Tuesdays, 10:00am - 11:00am

Multi-Cultural Families
ESL Classes
Sept. 9, 16, 23, 8:00am - 11:00am
Pioneer Chapel

Friday Fun Day
Sept. 13, 9:30am - 11:00am
Munson Walk-thru

Resiliency Center, 600 Thomas Ave, Building 198
913-684-2800 // 913-684-HELP(4357)
Hours: Monday - Friday, 7:30am - 4:30pm
Follow us on Facebook! @FortLeavenworthACS

CALL ACS TO REGISTER FOR CLASSES TODAY! ALL EVENTS LISTED ARE FREE!

MWR **ACS** **EFMP**

ACS New Parent Support Prenatal Classes



Childbirth Classes:
Series of three classes
January 8th, 22nd, 29th
March 4th, 11th, 18th
May 6th, 13th, 20th
July 15th, 22nd, 29th
September 16th, 23rd, 30th
November 4th, 11th, 18th, 25th

Newborn Care Classes:
February 12th
April 15th
June 10th
August 12th
October 21st
December 9th

Breastfeeding Classes:
February 5th
April 8th
June 3rd
August 5th
October 7th
December 2nd

Free for Expectant Parents!

600 Thomas Ave
Room 157
All classes are from 5 pm - 7 pm

Deadline for Registration is the Friday before the class. Pre-registration is required.
Contact 913-297-3212

ACS New Parent Support Potty Training



Come join us to learn the cues to look for when deciding to potty train! Learn valuable tips to get you started!

Are you ready?

Time to lose the diapers?

FREE For Parents of Children aged 0-4 years
Pre-registration Required
Deadline is Friday before class
Contact 913-297-3212

600 Thomas Ave
Room 157
2/26, 4/22, 6/17, 8/19,
10/28, 12/16
5 pm - 7 pm

Stroller Walk & Talk



Meeting at
The Resiliency Center
600 Thomas Ave
Every Tuesday Morning
March - May
10am - 11am
June - Sept
9am - 10am

This is a **FREE** opportunity to meet other parents of small children, get healthy and socialize all while enjoying the walking paths of Ft. Leavenworth!

Offered to expecting parents and to parents of children through 3 years of age. Must bring your own stroller. Register the day before!

POC 913-297-3212

MOM'S NIGHT OUT

This **NEW** event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.





Jan 31 • Feb 28 • March 27 • April 24
May 29 • June 26 • July 31 • Aug 28
Sept 25 • Oct 30 • Nov 20 • Dec 11

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old.

Info: (913) 297-3212 or (913) 684-2800

DAD'S NIGHT OUT

Dad's Night Out is offered by ACS New Parent Support Program for Dads of children 0-3 years of age to get out of the house without the kids and meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.



Jan 24 • Feb 21 • March 20 • April 17
May 22 • June 12 • July 24 • Aug 21
Sept 18 • Oct 23 • Nov 13 • Dec 4

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Dads with children 0-3 years old.

For more info: (913) 297-3212 or (913) 684-2800

SCREAM FREE Parenting



ACS Conference Room 145
600 Thomas Ave
From 1:00 - 2:30pm
June 5, July 10, Aug 7,
Sept 4, Oct 2, Nov 6
Dec 4

Feeling frustrated? Overwhelmed? Let us help you focus on staying both calm and connected with your loved ones. We'll work together to find the tools to revolutionize your relationships with your children.

This class is recommended for parents with children aged 5+.

FREE
Open to all DOD ID holders 18+
leavenworth.armymwr.com

Call to register (deadline is day before training)
913-684-2811 / 2808

Toddler Time Playgroup



ACS Family Advocacy New Parents Support Program Presents

- Free toddler play group.
- Open to ages 2-3 years old with adult.
- Offers an introduction to preschool routines, explores educational concepts, and builds social skills through hands on experiences and activities.

Wednesdays @ 9:00am

Located at the Army Community Service Resiliency Center
600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text 913-297-3212 or 913-297-9704

Play Morning



ACS Family Advocacy New Parent Support Program

Thursdays from 9-11:00 a.m.
Ages 3 months - 3 years with Guardian • Resiliency Center

Free play group for ages 3 months - 3 years and their parents/guardians.

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.

Army Community Service | Resiliency Center | 600 Thomas Ave. | Fort Leavenworth, Kansas
Registration required, cut off is day before event (913) 297-3212 or (913) 684-2800

Storytime!



ACS Family Advocacy New Parents Support Program Presents

Free
Open to ages 3 months - 3 years old with adult.

Join us for storytime to use our imagination and develop a love of books


Storytime fosters early literacy skills, language development, and social growth.

Every Wednesday @ 10:00 am

Located at the Army Community Service Resiliency Center
600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text 913-297-3212 or 913-297-9704

5 Love Languages of Teenagers






Do you ever feel like you and your teen are speaking another language?

The "5 Love Languages of Teenagers" class is geared toward caregivers that want to communicate with their teens in a way that everyone feels heard, understood, and most importantly loved.

ACS Classroom 145
Feb 14, May 8, Aug 14, Nov 13
1-2:30pm
FREE

Open to all DOD civilians, active duty, and retired military that are caregivers raising teens
Call to register (deadline is day before class)
913-684-2822 / 2808

ARMY MOVING OPTIONS

	Government PCS 100% Government Help Here, you are electing for the military to hire movers to transport and unpack your household. The best part is that they pay for the process as well!
	DITY (or PPM) Do It Yourself / Personally Procured Move In a DITY / PPM military move you are agreeing to pack, load, move and unload your items yourself. With this type of move, you can still receive some reimbursement for the move.
	Partial-DITY Move Part DITY, Part PCS A partial-DITY is a perfect blend of the aforementioned types of military moves. With a partial DITY, you will get to determine exactly what goods the government will move for you and what you will move on your own.

U.S. ARMY

ANGER MANAGEMENT



ACS Family Advocacy Program Presents:

Jun 13 • Aug 22 • Oct 17 • Dec 5
Thursdays from 11:30AM - 1PM
ACS Conference Room, Room 145

Learn how to identify the different kinds of anger and ways anger is expressed. Build skills to deal with strong and destructive behavior and emotions.

FREE and open to DoD ID card holders 18 and above.

Childcare not provided.

Registration is required, and must be done the day before the class.

For more info or to register call, (913) 684-2808/2822

ACS FAP Presents: 5 Love Languages for Couples



January 10 • July 10 • October 9 // 1:00PM-2:30PM
ACS Classroom 145

The 5 love languages couples focuses on the strengthening the connections while learning the core patterns when speaking or giving love to others, and how love is received. Learn how to stay connected, translate love languages and improve relationships.

Deadline to register is day before each class.
FREE and open to DoD ID card holders 18+.

For more info: (913) 684-2811/2808

Scan the QR Code for more info about FAP.

2024 FT LEAVENWORTH CAC GOLF SCRAMBLE SERIES

April through October; last Friday of each Month

\$50 Members; \$60 Non-Members; Includes all Fees, Range, Lunch, Beverages, Tee Gift and Prizes.
Lunch and Driving Range Open at 1200; Shotgun start at 1300*
*July & August 1200 start
APR 26, MAY 31, JUN 28, JUL 26, AUG 30, SEP 27, OCT 25

Trails West Golf Course // 306 Cody Rd
To register or for additional information call 913-651-7176

913 WEIGHTLIFTING

FUNCTIONAL FITNESS CLASSES



CLASSES

Monday - Friday
9:00-10:15am
Harney Gym
185 Fourth Street
Fort Leavenworth, KS



ABOUT

Classes are designed to increase strength, power, speed, agility, and aerobic capacity by Olympic lifting, weight lifting, gymnastics, and plyometrics. This class is ideal for beginners and elite. Get healthier, get stronger, live longer. Enjoy professional programming in a supportive, encouraging environment.



PRICING

Monthly rates
3x week \$75
5x week \$85
Drop in \$10

CONTACT For more info: 949-291-0386


Bowling leagues

Strike Zone Bowling Center // 165 Fourth St.
Info: (913) 651-2195

Tuesday Unit Organization
Meeting: Aug 27 // 6:30PM
League begins: Sept 3 // 6:15PM
Handicap league, 4 person teams

Thursday Morning Ladies (Spouses Sub Club)
Meeting: Aug 29 // 9AM
League begins: Sept 5 // 8:45AM
Handicap league, 3 woman teams

Saturday Morning Youth (kids ages 3-18)
Meeting: Sept 17 // 10AM
League begins: Sept 24 // 9:45AM
Handicap league - 3 divisions, size determined by participation



WEIGHTLIFTING



First Class is Free!

Learn proper Olympic Lifting technique and how to safely resistance train. Programming is designed to increase Muscle Mass, Strength, and Power. Resistance training has been shown to increase bone density, metabolic rate, cognition, reduce fat accumulation, lower risk of heart disease, and so much more. Start enjoying the benefits!

CLASSES MEET MON, WED, FRI 9:00-10:15 AT HARNEY GYM
\$10 DROP IN RATE OR \$75 MONTH

FOR MORE INFO, (913) 684-2190

FUN SHOOT

Brunner Range
1st Saturday of the Month

Jan 6 - Dec 7 2024
Feb 3, Mar 2, Apr 6, May 4, Jun 1, Jul 6, Aug 3, Sep 7, Oct 5, Nov 2

Registration is required and can be done the day of the event from 9AM-10:30AM.

Space is limited so register early.

Rental guns and shells are available or bring your own.

Prizes and awards distributed at the end of each shoot.

Info: (913) 651-8132
701 Sheridan Drive

Brunner Range 2024 LEAGUE SCHEDULE

Winter Combo
4 January - 7 March

Spring Combo
21 March - 23 May

Summer Warm-up
6 June - 11 July
18 July - 22 August

Fall Combo
5 September - 7 November

Winter Warm-up
14 November - 19 December



Each league has a one-time payment of \$25
Payment is held for prizes at the end of each league.
Combo leagues shoot on Thursday evenings. Teams consist of 5(+/-) shooters.
All teams take turns supplying an evening meal at approximately 5:30 pm with shooting commencing at 6:00 pm. Summer and Winter Warm-up leagues are individual with the same fee but no food.

Contact Brunner Range for more information
(913) 651-8132

Starting August 19th, 2024

Fort Leavenworth Group Fitness Classes

GRUBER FITNESS CENTER - 200 Reynolds Ave. - 684-5120
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530			Spin (Karyn)			
0930		Zumba (Lydia)		Zumba (Lydia)		
1200						
1630	Hot Yoga (Kim)	Zumba (Lydia)	Power Cycling (Kim)	Zumba (Lydia)		
1730			Power Yoga (30min) (Kim)			

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

*Power Cut classes are held in the Bubble Gym



Single Ticket For \$5.00

10 Tickets For \$45.00

20 Tickets For \$80.00



<https://leavenworth.armymwr.com>

Discover Fort Leavenworth's Fitness Facilities

Harney Sports Complex and Aquatics Center
185 Fourth St
913-684-2190
M-F 0500-1800
Sat-Sun 0800-1700

Gruber Fitness Center
200 Reynolds Ave
913-684-5120
M-F 0500-1800
Sat-Sun 0800-1700

YOU'RE JUST A CLICK AWAY FROM A HEALTHIER YOU!

Adult Sports & Fitness



Scan Here for current information about adult intramural sports, pool hours, eligibility, how to register for 24/7 access, and special programs!

Group Fitness



Scan Here for current fitness classes, schedules, fees, and eligibility. FREE for Active Duty!

WE OFFER
24/7
Gym
Access
(After registration)

LET'S GO!

DECIDE TO COMMIT TO SUCCESS

leavenworth.armymwr.com

BRAZILIAN JIU JITSU CLASSES

With Coach Don Castro



TUESDAY & THURSDAY

1830 - 1930 BEGINNER

1940 - 2040 ADVANCED

Must have 24 Hour Access

Register IN PERSON at the Front Desk, during business hours

Gi and No Gi will alternate every other week.

GRUBER FITNESS CENTER
220 REYNOLDS AVENUE
FORT LEAVENWORTH, KANSAS 66027
POC: 254-436-7156

TRAILS WEST GOLF COURSE

Come Experience TRAILS WEST GOLF COURSE

- Pristine Course
- Pro Lessons
- Tournament Packages
- Simulator
- And much more!

Visit the Fairway Grille and the Pro Shop! Conveniently located in the Clubhouse.

306 Cody Rd
Fl. Leavenworth
913-651-7176



Fall Youth Sports & Fitness



Run

Fall Running Club

(3rd - 8th grades)
(Ages 8 - 14)
Tuesday/
Thursday
Sept 10 - Oct 26

Season ends with the Halloween 5K.

Flag Football

(1st - 2nd grades)
(Ages 7 - 8)
Tuesday/
Thursday
Sept 10 - Oct 24

(3rd - 4th grades)
(Ages 9 - 10)
Monday/
Wednesday
Sept 9 - Oct 23

(5th - 6th grades)
(Ages 11 - 12)
Monday/
Wednesday
Sept 9 - Oct 23

Cheerleading

(Ages 5 - 12)
Monday/
Wednesday
Sept 9 - Oct 23

Participants will cheer for all 3rd/4th & 5th/6th grade Teams.

Pom-poms, shirt, and skort are included in the cost.

Soccer

6 & Under
(Ages 5 - 6)

8 & Under
(Ages 7 - 8)

10 & Under
(Ages 9 - 10)

Sept 9 & 10 - Oct 23 & 24

Under 12 & 14
TBA



\$50



\$50



\$55



\$50

Start Smart Flag Football (Ages 3 - 4)
\$30
Sept 16 & 18 - Oct 16 & 21

Start Smart Soccer (Ages 3 - 4)
\$30
Sept 17 & 19 - Oct 15 & 17

Registration and enrollment will begin **July 8 - Aug 5**. All Youth must have an updated sports physical before first practice. Enrollment can be done at all CYS locations if centrally registered. Webtrac online enrollments can only be done with a Youth Sports Physical that covers the entire season.
Volunteer Coaches are needed!
For more information call 913-684-7525 or 7526

VFW YOUTH SCHOLARSHIP
NO ONE DOES MORE FOR VETERANS.
2024-2025
VOICE OF DEMOCRACY
GRADE 9-12
Essay Deadline Oct 31, 2024
THEME: "IS AMERICA TODAY OUR FOREFATHERS' VISION?"
SCAN ME
2023-2024 \$35,000 Scholarship Recipient Sophia Lin (AZ)
Submission Contact:
<https://vfw.org/community/youth-and-education/youth-scholarships>

FAMILY & MWR WANTS TO HEAR FROM YOU!

2024 Customer Needs Survey
COMING SOON

U.S. ARMY

Need a quick bite?

SELF SERVICE Market
FOOD > SNACKS > DRINKS

Check out these locations

Bldgs: 77 *136
52 120 *635
61 465 *1147

*Some locations require authorized access

EXCHANGE

Connect with MWR

Find events, classes, phone numbers and much more!

Facebook: Fort Leavenworth FMWR
Online: leavenworth.armymwr.com

2024

Mondays are for Grammar
Grammar Class Progresses Level II-IV
8:15 - 9:45 (Advanced - faster pace)
1 - 2:30 pm (Beginners - slower pace)

ESL Level III Class teaches Vocabulary, Critical Reading, Analysis, Synthesis of English texts, and Reasoning skills. Class progresses from Level III to IV Mondays 10 am

ESL Enrichment: COOKING
4th Wednesday of the month

Conversation & Games
9 am - 11 am
1st and 3rd Wednesday/Friday
Beginner Students on Wednesday
Advanced Students on Friday

ESL Enrichment:
Nature/Art/Homesteading/Forgotten Skills
at The Gathering Place, 733 Delaware, Downtown Leavenworth, KS

NOTE:
This schedule is subject to change based on student's feedback and teacher availability. See FB group for updates.
More Info: 913-674-0447

September

PRACTICAL ENGLISH MASTERY (P.E.M.)
All classes taught at The Gathering Place, 733 Delaware, Downtown Leavenworth, KS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2 LABOR DAY (No School)	3	4 BEGINNERS 9-11 am Conversation & Games Enrichment	5	6 ADVANCED 9am - 11 am Conversation, Games & Enrichment	7	8
9 Grammar 8:15 My Country Presentation USA 10 am	10	11	12	13	14	15 OISS Ice Cream Social 2-4 pm
16 ADVANCED GRAMMAR 8:15 - 9:45 am ESL Level III-IV, 10 - 11 am BEGINNERS GRAMMAR 1-2:30 pm (Slower Pace)	17	18 BEGINNERS 9-11 am Conversation & Games Enrichment Know Your World: Poland	19	20 ADVANCED 9am - 11 am Conversation, Games & Enrichment	21	22
23	24	25 ESL Enrichment: Cooking TBD	26	27	28	29
30 ADVANCED GRAMMAR 8:15 - 9:45 am ESL Level III-IV, 10 - 11 am BEGINNERS GRAMMAR 1-2:30 pm (Slower Pace)						

Je Suis La Pour Toi, LLC

ARMY COMMUNITY SERVICE ACS
Real-Life Solutions for Successful Army Living

600 Thomas Ave, Bldg. 198, Fort Leavenworth, KS 66027, (913) 684-2800/4357
Monday—Wednesday & Friday 0730-1630 (closed 1130-1230)
Thursday 1300-1630

ARMY EMERGENCY RELIEF (AER): 913-684-2830. (After Hours call 877-272-7337)
Assists Soldiers and their families members in emergency financial situations in the form of loans and grants.

ARMY VOLUNTEER CORPS (AVC): 913-684-2835
Volunteer opportunities and placement in opportunities with organizations that benefit the Army community

English as a Second Language (ESL) offers multi-level conversational English classes

EMPLOYMENT READINESS PROGRAM (ERP): 913-684-2835
Assists with career planning and exploration, resume writing, federal employment, and interview skills.

EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP): 913-684-2871/2838
Supports family members with special needs by providing information, referrals, and personal services. Support groups, Sensory Story Time, and recreational bowling are available to join.

FAMILY ADVOCACY PROGRAM (FAP): 913-684-2822/ 2808/ 2813/2811
Focuses on the prevention of domestic violence and child abuse/neglect. Seminars, workshops, and counseling are offered to help improve quality of life.

Victim Advocate (VA) provides initial contact and advocacy for victims involved in abuse. Services include emergency assistance, information, referrals, and support in accessing medical, legal, and behavioral health services.
24/7 Victim Advocate Hotline— 913-683-2537

New Parent Support Program (NPSP) offers emotional support, parent education, and referrals to expecting parents and parents with children ages 0-3. 913-684-2873 or 913-297-3212

INFORMATION, REFERRAL, & FOLLOW-UP (IR&F): 913-684-2800
Information counseling about Army Community Service (ACS) programs, installation and community resources, and follow-up after referrals have been made to appropriate resource.

MILITARY FAMILY LIFE COUNSELOR (MFLC): 571-497-9321/256-749-7169
Licensed professionals who assist Soldiers and family members with non-medical counseling to address short-term concerns and issues of daily life.

PERSONAL FINANCIAL COUNSELOR: 913-684-1717/816-500-3163
Education, information, and assistance in spending plans, retirement planning, continuation pay, debt management matters, and more.

RELOCATION (RELO): 913-684-2830
Supports Soldiers and family members moving to or from another duty station. In-processing and out-processing briefs are held each week.

Loan Closet offers kitchen and other household items that can be borrowed for up to 30 days.

Mobilization and Deployment helps to better prepare Soldiers and Families for a pending deployment.

SURVIVOR OUTREACH SERVICES (SOS): 913-684-2821
Supports Families of Fallen Soldiers. Reassures survivors they remain valued members of the Army Family by offering counseling, support groups, and events within the garrison and surrounding area.

FORT LEAVENWORTH FMWR

CHILD AND YOUTH SERVICES
Parent Central and Outreach Services (913) 684-5138
Youth Sports and Fitness (913) 684-7525
SKIES Unlimited (913) 684-3207

ARMY COMMUNITY SERVICE
(913) 684-2800
EFMP, FAP, ERP, AER, MFLC
And much more!

RECREATION

Haney Sports Complex (913) 684-2190	Brunner Range (913) 651-8132	Hunt Lodge (913) 684-1830
Gruber Gym (913) 684-5120	Auto Crafts (913) 684-3395	Stables and Horses (913) 684-1703
Outdoor Equipment Rental (913) 684-3395	Rod & Gun Club (913) 684-2035	Stray Facility (913) 684-4934

BUSINESS OPERATIONS

Strike Zone (913) 651-2195	12th Brick Grille (913) 684-2293
Trails West Golf Course (913) 651-7176	RV Storage & POV Lot (913) 651-7176
Frontier Conference Center (913) 684-3825	Clean Paws Pet Wash (913) 651-7176

Connect with Us!
Facebook: Fort Leavenworth FMWR
Online: leavenworth.armymwr.com

Fort Leavenworth

Career & Education Fair
5 November, 10 am to 2 pm
Frontier Conference Center

Open to Active Duty, Guard, Reserve, Retirees, Veterans, Family Members, Contractors, & DOD Civilians

Government, Law Enforcement, Contracting, Manufacturing, Sales, Logistics, Retail, Service, Technical, Educational, and Many Other Opportunities Available

For information call the Transition Assistance Program at 913-684-2227 or email usarmy.TAP.leavenworth@army.mil

Hosted by: Transition Assistance Program & the Family and Morale, Welfare and Recreation Directorate

Scan our QR codes and follow us on Facebook & LinkedIn for upcoming events & information

ARMY FAMILY CHILD CARE (FCC)

Higher starting income!
Opportunities to increase your income!* Training included!

Earn a \$1k recruitment or relocation BONUS*, too!

Work at home - Start a great career - Own your own business with FCC!

www.ArmyMWR.com/FCC

*Conditions apply

Join us monthly

DATE NIGHT

6-10 PM @ Frontier Chapel

Meals & Childcare provided

Sponsored by Fort Leavenworth Chapel Community

Supported by

Invest in your marriage this year!

05 SEP, 03 OCT, 07 NOV, 05 DEC, 09 JAN, 06 FEB, 06 MAR, 03 APR, 01 MAY

Each Date Night begins with a faith-based marriage enrichment presentation. Then couples are released to go out on a date and further discuss the topic together. Children will remain safely supervised by childcare professionals at Frontier Chapel (6-10 pm or pick up kids earlier)!

For more information and to register scan the QR code or call 913-680-7336

FORT LEAVENWORTH
PT HEADPHONE USAGE

Outdoors (In Uniform)
Soldiers are not authorized to wear wireless or non-wireless devices/earpieces in uniform while performing physical training outdoors to include running.

Indoors (In Uniform)
Soldiers may use headphones, including wireless or non-wireless devices and earpieces, in uniform while performing individual physical training in indoor gyms or fitness centers. Headphones will be conservative and discreet. Ear pads will not exceed 1 1/2 inches in diameter at the widest part.

Not in Uniform
Soldiers (not in uniform), family members, and DA civilians may wear headphones while running outside on sidewalks or designated run routes. Headphones are not authorized while running on the road/street.

U.S. ARMY

Fort Leavenworth Bicycle Rider Rules

- Wear a helmet that has been approved by the American Society for Testing and Materials or that meets or exceeds the Snell Foundation Safety Standard.
- Don't ride your bicycle on Grant Avenue, use the sidewalk. Always walk your bike through crosswalks.
- You may ride on all sidewalks but should warn pedestrians as you approach (a bell or horn is encouraged) and always yield right-of-way to pedestrians.
- If you ride during limited visibility (night, fog, rain etc.) you must have a headlight and rear reflector.
- Riding in the National Cemetery is prohibited as well as inside of the golf course.
- Don't wear headphones while bike riding.

End of the Road Productions

Full Court Press

The Ken Zacher Story

a documentary on the impact that a basketball coach had on a small town in Oklahoma, civil rights, and an all-too-brief coaching career at Leavenworth High School

H3 HUSTLE

THURSDAY
OCTOBER 10, 2024
7:00 P.M.
LHS AUDITORIUM

- \$20 Ticket
- Concessions
- Q & A After
- CDs/Posters for Sale

Scan to purchase tickets

Visit www.us453.org/education-foundation or purchase at the door.

CAMP Leavenworth FESTIVAL

WANT TO GET INVOLVED?
VOLUNTEERS NEEDED

GET INVOLVED

CampLeavenworth.com

CAMP LEAVENWORTH

SEPTEMBER 20 - 21

MUSIC LINEUP

FRIDAY NIGHT
The Rock Gods
Emma Joe ★ Silent Disco with DJ Joe

SATURDAY
Summer Breeze
Run With It ★ The Champagne
Starhaven Rounders ★ Motion
Talya Groves and Her Boyfriends
Exit 13 ★ Penny Black Band
Silent Disco with DJ Joe

CAMPLEAVENWORTH.COM

KANSANS CAN
CHILD NUTRITION & WELLNESS PROGRAM
BEST PRACTICE AWARD

Kansans Can Provide Outstanding Customer Service
2023-2024

This category includes the implementation of any event, program or service that improves participation, quality or delivery of program services and creates greater relationships with participants, parents and the community.

Melissa Hurley
Food Service Director
USD 207 Fort Leavenworth School District

2024-2025 School Calendar

July 2024							Holiday/No School		Parent/Teacher Confs.	
S	M	T	W	Th	F	S	Half Day School/No Preschool		Early Dismissal/Release	
1	2	3	4	5	6					
7	8	9	10	11	12	13				
14	15	16	17	18	19	20				
21	22	23	24	25	26	27				
28	29	30	31							

August 2024						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 2024						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2024						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

November 2024						
S	M	T	W	Th	F	S
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2024						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January 2025						
S	M	T	W	Th	F	S
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2025						
S	M	T	W	Th	F	S
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March 2025						
S	M	T	W	Th	F	S
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2025						
S	M	T	W	Th	F	S
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May 2025						
S	M	T	W	Th	F	S
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

School Hours						
Elementary School: 8:00 AM - 3:20 PM						
Patton Junior High: 7:40 AM - 3:00 PM						
Preschool - AM Class: 8:00 AM - 11:00 AM						
Preschool - PM Class: 12:20 PM - 3:20 PM						

Early Dismissal/Release Times						
Elementary School - 1:30 PM						
Patton Junior High - 1:00 PM						
Preschool - AM Class: 10:00 AM						
Preschool - PM Class: 2:20 PM						

Progress Reports on:						
September 11, 2024						
November 13, 2024						
February 5, 2025						
April 16, 2025						

Grade Cards on:						
October 16, 2024						
January 8, 2025						
March 26, 2025						
May 23, 2025						

Quarter Breakdown:						
Quarter 1 - Aug. 13, 2024 - Oct. 11, 2024						
Quarter 2 - Oct. 15, 2024 - Dec. 19, 2024						
Quarter 3 - Jan. 7, 2025 - Mar. 14, 2025						
Quarter 4 - Mar. 24, 2025 - May 23, 2025						

Fort Leavenworth USD 207 Board Approved: 2/26/2024

BREAKING DOCTRINE

Episode 62
Stewarding the Profession: THE HARDING PROJECT

LTC Zach Griffiths, Dr. Trent Lythgoe, and COL(R) Rich Creed join our host LTC Lisa Becker to talk about The Harding Project. They discuss how Army Professionals advance the Profession of Arms through professional writing and discourse. They examine myths of writing, tips to get better at writing, and writing initiatives within The Harding Project.

<https://podcasts.apple.com/us/podcast/stewarding-the-profession-the-harding-project/id1522992251?i=1009663116512>

New available on...

Apple Podcast Audible.com Spotify

CALL FOR PAPERS

The NCO Creative Domain welcomes submissions.

NCO JOURNAL

NCO JOURNAL

CHECK OUT THE NCO JOURNAL PODCAST WHERE WE DISCUSS RECENTLY PUBLISHED ARTICLES WITH AUTHORS, TO PROVIDE AN OPEN EXCHANGE OF IDEAS AND INFORMATION.

<https://www.armyupress.army.mil/journals/nco-journal/nco-journal-podcasts/>

<https://www.facebook.com/NCOJournal>

<https://twitter.com/NCOJournal>

ACCESS
Virtually, Everywhere

Army Credentialing and Continuing Education Services for Soldiers

SUBJECT: TUITION ASSISTANCE REQUEST FY24 CLOSEOUT

- All TA Requests for FY24 must be submitted and approved prior to 2000 Eastern Daylight Time (EDT) on 6 September 2024 due to the Army's fiscal year closeout. This only applies to FY24 TA requests with a start date that occurs during FY24, e.g. 1 Oct 2023 through 30 Sept 2024. There will be no exceptions granted.
- Soldiers may continue to create TA Request for courses beginning in FY25, 1 October 2024 and beyond, between 60 - 7 days in advance of the term start date. Remember, FY25 requests are subject to the availability of funds.
- For additional questions, contact your Army Education Center.

ARMYIGNITED

Leadership Perspectives
with special guest, Mr. Paul Landauer

Ep 68

YOUTUBE.COM
Leadership Perspectives with Mr. Paul Landauer
Episode 68 - Leadership Perspectives with Paul LandauerAMSC...

Suicide prevention month

988
Suicide/Crisis Lifeline

Pay attention to the signs, your life matters!

Fort Leavenworth Care Options Available for Summer 2024 & School Year 2024-2025

Request Before/After School Care & SAC Camps all year round

MILITARY CHILDCARE.COM

Families can use MCC to make requests for SAC programs, which include Before/After School care and Fall, Winter, Spring, and Summer Camps, all year round. The online system allows you to search for and submit unlimited SAC requests at any time of the year without waiting for a specific registration time to begin. As soon as school dates are known, all SAC programs will be made available to you so you can submit your requests.

Please Note: Spaces are offered via email based on the sponsor's priority and request for care (RFC) date.

MILITARY CHILDCARE.COM

Using **MilitaryChildCare.com**, you can find comprehensive information on child care programs worldwide, conduct a customized search for the care you need, and submit a request for care at any time and from any location. *Follow these four steps!*

- STEP 1 CREATE ACCOUNT**
Go to **MilitaryChildCare.com** to create an account containing information about your family, or to login using an existing username and password.
- STEP 2 SEARCH and REQUEST CARE**
Search the system for the child care options that best fit your needs and submit your requests for care.
- STEP 3 MANAGE MY REQUESTS**
You can manage your requests for care from anywhere in the world.
- STEP 4 UPDATE MY PROFILE**
Keep your *My Profile* page up-to-date with important information.

It's that easy!

To get started, visit **MilitaryChildCare.com**
For questions/support call: 855.696.29

Make sure you are requesting the best Care Option(s) for your childcare needs...
Go to our [CYS Facebook](#) page or [FMWR-CYS website](#) to review the:
Fort Leavenworth CYS Care Options & Waitlist Guide

DoD

Safe Helpline

Sexual Assault Support for the DoD Community

safehelpline.org | 877-995-5247

Wireless Emergency Alerts (WEA)

can alert you when weather threatens!

TORNADO WARNING!

WEAs are emergency messages sent by government authorities to your mobile phone, reserved for life-threatening situations.

Keep WEAs enabled on your phone. It could save your life or the lives of others.

weather.gov

MUNSON NOTES

■ Munson Army Health Center is looking for volunteers to join the **PATIENT AND FAMILY PARTNERSHIP COUNCIL**. Volunteers can be active-duty, active-duty family members, retirees or retiree family members. The PFPC meets quarterly. If interested, call 913-684-6211/6127.

■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are **ELIGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE**. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit <https://dvid-shub.net/r/8wtlff>.

MAHC team thanked during International Housekeepers, Environmental Services Week



Photo by Munson Army Health Center Public Affairs

Munson Command Team Col. Jolanda Walker and Sgt. Maj. Jason Trevino thanked the MAHC housekeeping team at a potluck meal during International Housekeepers and Environmental Services Week. Two of the housekeeping team members have been at MAHC more than 20 years, and there is even a father, sister and daughter on the crew. The housekeeping team follows strict infection control and prevention standards that keep MAHC clean and safe for patients and staff.

Speak up! Your voice matters

Volunteer to become a **patient and family advisor** on our patient and family partnership council

The Patient and Family Partnership Council captures the voices and insights of patients and families to improve the care experience.

Is being a patient and family advisor right for you?

- We are looking for volunteers who can:
- Partner with other patients and staff to help improve care
 - Represent the interests of all patients cared for by the military treatment facility
 - Work well in teams and have fun!



Learn more about the Patient and Family Partnership Council!

Munson Army Health Center Patient Advocates at 913-684-6211/6127



Mayors briefed on Patient, Family Partnership Council



Photo by Munson Army Health Center Public Affairs

Munson Army Health Center Director Col. Jolanda L.J. Walker and Patient Advocates Kathy Budke and Tiffany Dipman speak to Fort Leavenworth village mayors about the MAHC Patient and Family Partnership Council.

MAHC is seeking volunteers — active-duty, retirees or family members — to join the council and share their input. The PFPC meets quarterly. Anyone interested in becoming a part of the council should contact MAHC's patient advocates at 913-684-6211/6127 or usarmy.leavenworth.medcom-mahc.mbx.patient-advocate@health.mil

Tornado shelter



Munson Army Health Center Public Affairs

Munson Army Health Center's basement at 550 Pope Ave. is one of the designated tornado shelters on post.

If a tornado watch is activated after duty hours, Medical Department Activity personnel will open the health center for those needing shelter. The building will remain open until all watches or warnings are lifted.

Visit

<https://www.facebook.com/munson-health/> for updates and information.

Connect to Protect



September is Suicide Prevention Month, a time to raise greater awareness of resources for Army soldiers, civilians and family members who may need crisis support or want to help someone they know. The Army's Suicide Prevention Month theme for 2024 is "We Are Stronger Together. Connect to Protect." This theme underscores the importance of connecting with people we trust because individuals who have strong, supportive relationships have a lower risk for suicide.