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Community celebrates CAL civilian named freedom at annual 9-11 commemoration

Photo by Prudence Siebert/Fort Leavenworth Lamp

Members of the Fort Leavenworth and Leavenworth Fire Departments roll up a 20-foot-by-30-foot flag as LFD Driver/Operator Jefferson Boor lowers the flag from the platform after the Unified School District 207 Freedom Walk Sept. 11 at Normandy Field. The flag was hung about 70 feet in the air as a backdrop to the annual ceremony that commemorates the events of Sept. 11, 2001. The ceremony consisted of an assembly of students, staff and parents on the football field with speakers, essay readers and choir performances. See page A3 to read the winning USD 207 student essays and view more Freedom Walk photos.

Editor of Year



U.S. Army photo by Sgt. David A. Resnick/ Photographer to the Secretary of the Army

Judith Price, right, editor/doctrine developer for the Center for Army Leadership, receives the Fiscal Year 23 Editor of the Year (Departmental) Award from Secretary of the Army Christine Wormuth at the Secretary of the Army's annual awards ceremony Sept. 5 at the Pentagon in Washington, D.C.

To garner the distinction of this year's award, Price led the revision, adjudication and publication of an Army doctrine publication, two Army forms and four Army graphic training aids on leader development supporting various lines of effort in the Army people strategy.

Wormuth praised Price's work in her remarks noting that editing and publication awards "highlight the work that individuals and teams do each year to communicate our doctrine, preserve our history and give voice to the talented soldiers and NCOs within the United States Army. This year, Ms. Judith Price led efforts to publish our field manual on leader development, as well as overhauling the forms and training aids that our soldiers and leaders use on a daily basis."

Local veteran is 'Miss April' in 2025 Pin-Ups For Vets calendar



Volunteer partners with organization that strives to help improve veterans' healthcare, boost morale, honor service

by Prudence Siebert Fort Leavenworth Lamp Editor

Fort Leavenworth resident Danielle Springall, a U.S. Army veteran who was motivated to enlist after the acts of terror-

LEFT: Fort Leavenworth resident and Army veteran Danielle Springall is featured as "Miss April" in the 2025 Pin-Ups For Vets calendar. To learn more about the nonprofit organization and/or to order a calendar, visit www.pinupsforvets.com.

Photo by Shane Karns/Pin-Ups For Vets

ism on Sept. 11, 2001, continues to find ways to show her patriotism.

"I saw the heroism and bravery shown by so many following the tragedy of (9-11), and knew I had to do something, too. Fresh out of high school, and as soon as I turned 18, I chose to join the Army," said Springall, a former Army medic who served four years on active duty in the Army and then two more years in the Reserves.

Among Springall's post-Army volunteering contributions, she serves as an ambassador for Pin-Ups For Vets, a nonprofit

organization that raises money for veterans' healthcare and other needs, mostly through the sales of a calendar featuring female veterans decked out in the fancy attire and retro hair and makeup of World War II-era

After three years of applying to be one of those veteran pin-up girls, Springall was selected to be "Miss April" in the 2025 Pin-Ups For Vets calendar.

"Not only am I absolutely thrilled by what (Pin-Ups For Vets) is doing for the veteran community, but there is nothing I love more than putting a smile on a veteran's face. I was excited to have the opportunity to combine two things I love spending time getting to know other veterans and the elegance and class of 1940s and '50s style — by being an ambassador for the program. Being selected to be in the

SEE PIN-UPS FOR VETS| A8

AT A GLANCE

- The **VOLUNTEER MANAGEMENT INFORMA**-TION SYSTEM IS CURRENTLY DOWN. Volunteers should keep track of their hours to input when VMIS is working again or to turn into their organziation points of contact.
- The **RUN/WALK FOR THE FALLEN** is at 8 a.m. Sept. 14 at the Resiliency Center. For more information, call 913-684-1830.
 - Phase 1 construction of the **GRANT PARK IM**-
- PROVEMENT PROJECT has begun. Phase 1 includes a concrete walking path with park benches, four pickleball courts with a covered area between the courts with picnic tables, a tennis court, a soccer field, lighting and barbecue grills. Construction is anticipated to be complete by May 2025.
- COMMISSARY PARKING LOT CONSTRUC-**TION** has begun and will last about a month.
 - SIDEWALK REPAIRS in housing areas are un-

derway and will continue through October. For more information, visit the Fort Leavenworth Garrison Facebook page or contact the Frontier Heritage Communities Maintenance Team at 913-651-3838.

■ Munson Army Health Center is looking for volunteers to join the PATIENT AND FAMILY PART-**NERSHIP COUNCIL.** Volunteers can be active-duty, active-duty family members, retirees or retiree family members. The PFPC meets quarterly. If interested, call 913-684-6211/6127.

'Fort Leavenworth matriarch' Lois Arter dies at age 96



by the Arter Family

LOIS CAROLINE SAYLES ARTER APRIL 7, 1928 - AUG. 4, 2024

Lois Caroline Sayles Arter, age 96, of Lansing, Kansas, died Aug. 4, 2024. She was born April 7, 1928, in Clyde, Ohio, and was the daughter of the late Ralph H. and Edna L. Sayles (nee Cunningham).

After high school, Lois entered Ohio University in 1946, where she met her future husband, Robert Arter, in their freshman year. While studying education there, she was a member of Alpha Gamma Delta sorority. She earned a bachelor's of science in education in June 1950, and on Sept. 23, she and Robert married. Robert had received his regular Army commission as a second lieutenant in the infantry a mere two weeks before on Sept. 7, so they became an Army family on the first day of their marriage 73 years

While Robert embarked on his first assignments in the Army, Lois began her teaching career in elementary education. In January 1952, Robert was deployed to the Korean War to join the 25th Infantry Division. In a story as old as the Army, Lois remained behind with a newborn baby girl keeping the family together while her soldier was thousands of miles away. Upon his return they would welcome their son and later, when both children entered grade school, Lois would return to teaching grades two and three.

Throughout her husband's demanding Army career, Lois developed her own reputation as a serial volunteer, committing her support to such organizations as Army

Community Service, Army Emergency Relief, the Red Cross, multiple officers' wives' clubs, and as a U.S. Army Arlington Lady where she represented the chief of staff of the Army at funerals in Arlington National Cemetery. She was also a member of the Philanthropic Educational Organization, a nonprofit that supports women's development through education, and a member of the Daughters of the American Revolution. In 2009, she was awarded the U.S. Army Training and Doctrine Command's Margaret C. Corbin Award for her lifelong volunteer efforts. Over the years she amassed other awards and acknowledgement including recognition as a Melvin Jones Fellow by the Lions Club International; the "Talent of Leadership Award" from the Alpha Gamma Delta – Zeta Chapter (Ohio University); and when Lt. Gen. Arter retired from active duty in 1986, Lois received the highest award for military spouses at the time. More recently, in 2021, Lt. Gen. Robert and Lois Arter were honored with the dedication of the atrium area of the Lewis and Clark Center, home of the U.S. Army Command and General Staff College at Fort Leavenworth in their name. A portrait of Robert and Lois hangs in the atrium designating the area as "The Arter Atrium."

Throughout all of the family's moves around the world, Lois was the keeper of the proverbial flame, loved by her family and friends, and known to be an avid reader, a big fan of jigsaw puzzles, and as one who loved to write personal letters...by hand, of course, because that's the most personal touch. As a young girl Lois enjoyed Shirley Temple movies and wanted a Shirley Temple doll for Christmas. The doll never came, but years later, when they were stationed at 6th Army, in San Francisco, California, Lois had the chance to meet Ambassador Shirley Temple Black and was invited to her home in San Francisco. During that same period her adventurous side took her to the top of the Golden Gate Bridge, where she watched the ships and clouds roll in under the bridge from the Pacific Ocean.

As a supportive Army spouse Lois had the opportunity to be not only the matriarch of her own family, but one to many others, as well a gracious host to dignitaries and military leaders around the world. While Robert was assigned to a Military Assistance Advisory Group in Denmark, she hosted the Danish chief of defense and chief of the armed



Photo by Prudence Siebert/Fort Leavenworth Lamp

Former Garrison Commander Col. Marne Sutten applauds Lois Arter as she surprises her with the Alpha Gamma Delta Talent of Leadership award in the area of military community service during an awards ceremony preceding Sutten's change of command May 30, 2019, at the Frontier Conference Center.



Photo by Prudence Siebert/Fort Leavenworth Lamp

Civilian Aide to the Secretary of the Army retired Lt. Gen. Robert Arter applauds as his wife, Lois, is recognized by former Combined Arms Center and Fort Leavenworth Commander Lt. Gen. William Caldwell IV during a surprise ceremony honoring Arter with the Distinguished Civilian Service Award for his many years of service Oct. 30, 2009, at the Fort Leavenworth Frontier **Conference Center.**

forces, and developed lasting relationships with many Danish families. She also once hosted Mrs. Douglas MacArthur, and shared a bowl of ice cream with General of the Army Omar Bradley and his wife, whom the Arters became friends with during their time at Fort Ord, California, and in Washington, D.C.

After Robert's retirement from the Army in 1986, he and Lois settled in the Leavenworth/Lansing community and continued their service to others. Having served at Fort Leavenworth from 1977-79 as deputy commandant of the U.S. Army Command and General Staff College, Lt. Gen. Arter and Lois have since become mentors to multitudes of Fort Leavenworth leaders and their spouses, prompting one former commander to call them "the steady hand that guides Fort Leavenworth leadership."

It has been said that Lois never had an ill word for anyone. Surely, living a life as an elementary school teacher, a mother and an Army wife would confer the patience of Job on a person. Spending her 96 years on Earth serving a higher purpose with such patience and kindness and

humor is an example for us all to follow.

Lois is survived by her best friend and husband of 73 years, retired Lt. Gen. Robert Arter, daughter Caroline, niece Anne Purcell, and nephew and his wife, John and Diedre Purcell. She was preceded in death by her parents Ralph H. and Edna L. Sayles, her son Robert J. Arter, her brother David Sayles, sister and husband Margaret and Donald Purcell, sister and husband Emily Sayles and Marshall Brown, and sister-in-law Nancy Jean Williams.

Visitation was Aug. 12 at Davis Funeral Chapel in Leavenworth. Funeral service was Aug. 13 at the Pioneer Chapel on Fort Leavenworth. Burial followed at the Fort Leavenworth National Cemetery.

For those wishing to make a donation in remembrance of Lois, consider a donation to the University of Kansas Health System Center for Advanced Heart Care: https://www.kansashealthsystem.com/giving/ways-togive/make-a-gift/heart-care.

FORT LEAVENWORTH LAMP

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USD 207 students share what freedom means to them at annual 9-11 commemoration



Unified School District 207 students, staff and parents assembled on the football field render honors as the 17th annual USD 207 Freedom Walk begins with the posting of the colors by the Leavenworth High School Junior ROTC, the playing of the national anthem and the group recital of the Pledge of Allegiance, led by Garrison Command Sgt. Maj. Vanessa Sun, Sept. 11 at Normandy Field.

During the event that commemorates Sept. 11, 2001 — a date that is now observed as Patriot Day and National Day of Service and Remembrance - students read aloud selected essays about what freedom means to them, the Patton Junior High School Singers performed, and Garrison Commander Col. Duane Mosier and USD 207 Board of Education Member Jackie Williams delivered re-

> Photo by Prudence Siebert/ Fort Leavenworth Lamp

What Freedom Means To Me by Josie Douglass **Bradley Elementary School Fifth-Grade Student**

To me freedom isn't just being able to do what you want, I believe that it's deeper than that.

Freedom is such a beautiful blessing in our lives because of what it took to get to where we are today.

Freedom is the bravery of the veterans who have fought for our country, and it is doing what is right even when it's Throughout our nation's history Americans have fought

for respect and equal rights. Freedom has not always been open to everyone, but because of brave people, we are able to do what we want with friends and family.

Freedom is teamwork and perseverance. Without the brave men and women, this country wouldn't be what it is today.

I wish that everyone in this world could have the same rights that we have because of the opportunities that it gives us. For example, Malala Yousafzai fought for the rights of Afghan girls to be allowed to go to school. Malala is my hero and I look up to her. Malala was a strong and brave young woman who fought for what was right by overcoming challenges. She is an amazing influence to everyone who should have freedom.

Freedom doesn't have to be as big as winning a war, it could just be respecting others, or being helpful. I am thankful for the brave men and women in our country. Without them we wouldn't have the rights and freedom that we have today. Kindness is free, so don't be afraid to



Photo by Prudence Siebert/Fort Leavenworth Lamp

Josie Douglass, Bradley Elementary School fifthgrade student, reads aloud her essay about what freedom means to her during the Unified School District 207 Freedom Walk Sept. 11 at Normandy Field. The annual ceremony commemorates the Sept. 11, 2001, terrorist attacks and the years of service and sacrifice

What Freedom Means to Me by Marian Drew Eisenhower **Elementary School** Fifth-Grade Student

Freedom means to me that I get to be myself and have my own thoughts.

Ruby Bridges, the first African-American child to attend an integrated elementary school said "Don't follow the path. Go where there is no path and start a trail." That means that we should not be afraid to be ourselves and to choose what is best for us no matter what everyone around us is doing.

Our founding fathers were not afraid to start fresh in America even though they were leaving the life they had always known. They felt it was

right, so they did it, and over the years our country became a melting pot of ideas, cultures, experiences that made us

Whenever we are all different, we work better together and stronger together. If everyone in the world had the same thoughts and interests and strengths, then we would not have the gains that we have had in space exploration, dance, farming, technology, and lot of other stuff that we can do today.

Freedom means to me doing what I love and, even, what I don't love as much because it can help us get stronger and help the world get stronger. Most of us here are probably military families and have moved a couple of times so that our parents can come to a new job. But that's OK. Because



Photo by Prudence Siebert/Fort Leavenworth Lamp

Marian Drew, Eisenhower Elementary School fifth-grade student, reads aloud her essay about what freedom means to her as Garrison Command Sgt. Maj. Vanessa Sun and Garrison Commander Col. Duane Mosier listen during the Unified School District 207 Freedom Walk Sept. 11 at Normandy Field.

when we move, we meet new people and get new ideas, and have a chance to share our experiences with other people. You don't know, maybe those people will be your best friends forever. Even if you don't become friends with positivity with others.

everybody, we are still better when we share kindness and Freedom means you don't have to be afraid of change and wherever you go in America, you will be safe. You are

free to be yourself and make your own path. I can't wait to see where your path takes you and all of the great things you will do!

SEE FREEDOM WALK A4

What Freedom Means to Me by Joshua Loden

marks.

MacArthur Elementary School Fifth-Grade Student

Good morning classmates, teachers, and friends, Today, I stand before you to discuss a topic that is close

my heart: freedom. I was asked, "What does freedom mean to me?" It's a

question that has caused me to think deeply. I think that freedom means many things to many people. But for me, it means four things: freedom of speech, press, religion and education. These freedoms mean so much to me because they are core to maintaining our

First, freedom of speech is the most important freedom to me. It means that I can express my thoughts and opinions without fear of punishment. It means that I can speak out against injustice and stand up for what I believe in. And it means that I respect the right of others to do the same,

even if I don't agree with them. Second, freedom of press means that I can access information and express myself through the written word. It means that I can read books, watch television, and use the internet without fear that the government is controlling what I can read and see. And it means that I can share my ideas with the world without government interference.

Third, freedom of religion means I can go to church and worship God without fear of persecution or punishment. It means that I can practice my faith openly and honestly, without being forced to hide my beliefs. And it means that I respect the right of others to believe in whatever they

Finally, freedom of education means that I have the opportunity to learn and grow. It means that I can attend school and gain the knowledge and skills I need to succeed in life. It also means that I have the freedom to choose whether I want to go to public school, private school, or be

I pray for our society that we are not consumed by fear but embrace these four foundational freedoms. When we give into fear, we will hear democracy die to the sound of thunderous cheers, for there are many forces that would take our freedoms away.

To paraphrase Samuel Adams, "Freedom is not a gift from the government but a right from God."

We must protect freedom at all costs, something my dad and other brave soldiers do every day. This is not just soldiers' responsibility, but a responsibility that we all share. Let us strive to create a world where future generations enjoy the same freedoms that we do today.

Thank you.



Joshua Loden, MacArthur Elementary School fifthgrade student, reads aloud his essay about what freedom means to him during the Unified School District 207 Freedom Walk Sept. 11 at Normandy Field by the district office.



Photo by Prudence Siebert/Fort Leavenworth Lamp

Fort Leavenworth Fire and Emergency Services and Leaveworth Fire Department personnel render honors, along with Unified School District 207 students, staff and parents assembled on the football field, as the Leavenworth High School JROTC Color Guard posts the colors for the annual USD 207 Freedom Walk commemorative 9-11 event Sept. 11 on Normandy Field.



Photo by Prudence Siebert/Fort Leavenworth Lamp

Students wave flags as Unified School District 207 Board of Education Member Jackie Williams delivers remarks during the Unified School District 207 Freedom Walk Sept. 11 at Normandy Field by the district office.



Photos by Prudence Siebert/Fort Leavenworth Lamp

ABOVE: Guest speaker Garrison Commander Col. Duane Mosier focuses on the patriotic cohesiveness that came out of the 2001 terrorist attacks on the United States, rather than the horror and challenges, during his remarks for the 17th annual Unified School District 207 Freedom Walk Sept. 11 on Normandy Field.

RIGHT: Students, staff and parents assembled on the football field raise their hands to indicate they have attended the Unified School District 207 Freedom Walk more than once Sept. 11 at Normandy Field. During the annual commemorative event, students from each of the post schools read their essays aloud to

share their thoughts on what freedom means to them.

$Freedom\ Walk\ ({\it continued\ from\ Page\ A3})$

What Freedom Means to Me by Josh Kuwik Patton Junior High School Ninth-Grade Student

Freedom. Think about this beautiful, unique word. What do you think it means? Everyone has different definitions of freedom. Some people use the word to describe freedom from bonds and chains. Other people think it means to speak, act and think without fear of restraint. Some say, "freedom is what the 13 colonies wanted from the British Empire," or "freedom is what slaves wanted when they were brought from Africa." I say freedom is a right that cannot be taken away from you. There are countless variations and definitions of the word freedom, and they are all valid answers. But freedom, a simple word you could look up in your dictionary, is more complex. This world cannot function without freedom. When you take away freedom, everything collapses, like when you take away the support pillar of a bridge. Freedom is the cornerstone of the world.

Personally, freedom is important to me in many ways. My family is associated with the United States Army. My grandmother is a doctor who works with dying veterans. My great grandfathers served in World War II defending our country. My dad graduated from Virginia Military Institute and deployed to Afghanistan. My grandfather was a medic in the Vietnam War. They all have one thing in common. They all help us to be free. Many soldiers survived defending the United States and safely returned to their homes and families. Others did not return. Their sacrifice isn't in vain. Their sacrifice brought us the freedoms we possess.

Despite our country being free, that isn't the case for others. We are insanely lucky to live in a country where we have a lot of freedoms, like freedom of speech, religion, press, petition and assembly. But that's just our 1st Amendment rights. There are more freedoms that we have. Unfortunately, some countries' leaders don't believe in freedom. North Korea, Venezuela and countless other countries have restrictions on freedom. In some places, freedom is banned. This is wrong. We should all be free, no matter the gender, race, or ideas. We are all unique and



Photo by Prudence Siebert/Fort Leavenworth Lamp

Josh Kuwik, Patton Junior High School ninth-grade student, reads aloud his essay about what freedom means to him during the Unified School District 207 Freedom Walk Sept. 11 at Normandy Field by the district office.

have the spirit of freedom inside us. Like a friend that is always there and doesn't let you down, freedom should be available to

Freedom. Why do we celebrate with red, white, and blue fireworks each Fourth of July? Because we are free to. Why do we wear what we want, say what we want, and do what we want? Because we are in a free country. Why do we put American flags on each veteran's grave each Veterans Day? They gave us our freedoms. Let us not forget the fallen in battle. Don't push away the brave and the respected. We should honor them, respect them, and remember them. Let's take a moment of silence to honor the perished souls who fearlessly brought freedom to our lives.

Your definition of freedom may differ from mine, so remember your definition. Don't let go of it. Hold close to your hearts, as I do.

s I do.

This is what freedom means to me.



35th Infantry Division re-activates National Guard artillery brigade

by Maj. Benjamin Pimpl/35th Infantry Division Public Affairs

The colors of 35th Infantry Division Artillery were unfurled during an activation ceremony Sept. 7 in Eisenhower Auditorium at the Lewis and Clark Cen-

Maj. Gen. John Rueger, 35th Infantry Division commander, presided over the ceremony as the uncasing of colors was conducted by Col. Rodney Seaba, 35th **Infantry Division Artillery** commander, and Command Sgt. Maj. Gerald Gib-

The 35th DIVARTY, nicknamed "Copperhead," has a history steeped in valor and service, dating back to 1917 when it was initially organized at Camp Doniphan, Oklahoma, as the 60th Field Artillery Brigade. With several reorganizations and redesignations to meet the challenges of the Army between 1919 and World War II, the 35th DIVARTY demonstrated its adaptability and resilience.

The DIVARTY was deactivated from federal service in 1945 and reactivated again in December of 1948 in the Kansas Army National Guard until deactivation in 2004.

This reactivation signals once again its vital importance to the division's overall operational capability to prevail in large-scale combat operations.

"(This is) a significant milestone for our organization, the reactivation of the division artillery; yes, the



Photo by Maj. Benjamin Pimpl/35th Infantry Division

Col. Rodney Seaba, 35th Infantry Division Artillery Brigade commander, and Command Sgt. Maj. Gerald Gibson uncase the unit colors during the re-activation ceremony for the 35th Infantry Division Artillery Brigade Sept. 7 at the Lewis and Clark Center.

king is back!" Rueger said. "The standing up of the (35th) DIVARTY is an affirmation that we need this capability in the Army National Guard divisions to be able to stand up to our adversaries."

Looking to the future,

the evolving nature of warfare is evident, with modern conflicts becoming increasingly more complex and dynamic. The role of the DIVARTY is not just critical, but indispensable. It serves as the backbone of the division's firepower, providing essential support

for large-scale combat oper-

ations across multiple domains

"In the modern battlefield, the division has become the unit of action, in the primary formations around our operations center," Rueger said. "It is within this framework the DIVARTY plays a pivotal role. The DIVARTY is not just another component of the 35th Infantry Division; it is the backbone of our firepower."

Partnerships also pay a pivotal role in the modernday Army. The three components that make up the Army — active duty, Na-

tional Guard and Reserves — require synchronization. The 35th Infantry Division's alignment with the 1st Infantry Division provided that synchronization at its first command post exercise conducted during its annual training in August at the Mission Training Com-

plex, Fort Riley, Kansas.

"Our partnership with active-duty (1st Infantry) DIVARTY also exemplifies the full Army partnership approach," Rueger said. "The 35th Infantry Division stands shoulder to shoulder with our active-duty counterparts, bringing the full range of our experiences, knowledge and firepower."

The reactivation of the 35th Infantry DIVARTY is an ongoing operation that began a year and a half before the ceremony.

"Some 18 months ago when I came to the (unit), it was a DIVARTY of one," Seaba said. "What you see today is a testament of the Kansas Army National leadership ability to fill the

Prior to his assignment as the DIVARTY commander, Seaba commanded the 2nd Combined Arms Battalion, 137th Infantry Regiment, and was recently the director of Plans Operations and Training for the Kansas Army National Guard. He graduated from the United States Army War College in June 2020.

"As we look to the future, let us remember the past lessons, and carry forward the values that have defined our divisions' artillery for generations," Seaba said. "Honor, integrity and purpose of oneself. Together, as members of DIVARTY, let us continue the proud legacy of our units and our noble traditions of our

35th ID, 1st ID exercise builds readiness

By Lt. Col. Margaret St. Pierre/Army.mil

FORT RILEY, Kansas - Soldiers from the National Guard's 35th Infantry Division loaded up their equipment and convoyed the 125 miles from Leavenworth to Fort Riley, Kansas, June 9-23 to embark upon an unprecedented training event for the division: a combined command post exercise with the 1st Infantry Division.

The two divisions generated the concept of a combined CPX in response to the shift in the priorities of the Army, which has identified the division as the new unit of action in support of the National Defense

Just a few years ago, the National Guard's eight divisions were divisions in name only, with most being comprised of a headquarters element without being assigned any subordinate brigades like their active-duty counterparts. But that's since changed with the establishment of the National Guard's division operational alignment, which seeks to build those division headquarters out by establishing aligned relationships with brigade combat teams, aviation brigades, sustainment brigades and other support elements that would typically

be found in a traditional division structure. "The director of the Army National Guard's priority right now is to develop eight multi-capable divisions that are ready to fight and win in large-scale combat operations — we're one of those eight divisions," said Col. Larry Leupold, 35th ID chief of staff.

In order to prepare the 35th ID for this role, staff developed an exercise that combined not only two division headquarters — the Army National Guard's 35th ID and the active component's 1st ID — but also National Guard soldiers from four of the 35th ID's seven aligned brigades: the 35th ID Artillery Brigade from Kansas, the 110th Maneuver Enhancement Brigade from Mis-

souri, the 230th Sustainment Brigade from Tennessee, and 45th Infantry Brigade Combat Team from Oklahoma.

der's training objective," said Leupold.

"Interoperability is the No. 1 comman-

"People, processes and systems, and equipment — but there's really a relationship component, too. In a LSCO environment, we would not be out there alone; there's going to be corps with multiple divisions side by side on the same battlefield."

Maj. Mike Anderson, operations officer for 1st Battalion, 16th Infantry Regiment, 1st Infantry Division, said the coordination between the two units leading up to the exercise went smoothly.

"We had great open lines of communication prior to the event," Anderson said. "We received the 35th Infantry Division planning standard operating procedures and tactical standard operating procedures beforehand, so we understood some of their specific terminology and the way they do business. Seeing the division staff talk it and put it onto a piece of terrain has been pretty invaluable."

Anderson said that although he has had opportunities to train with National Guard units in the past, it was not in a command post exercise of this capacity.

Because the active component lacks some of the military occupational specialties and organizations that are required to support the total Army force, Anderson said it is critical that the active component trains with the National Guard and Reserve components to achieve total Army readiness.

"We know that we rely on the other components," Anderson said. "And the last place that we want to do it for the first time — to understand the personalities and to understand the capabilities — is in combat."

In addition to allowing division headquarters the opportunity to practice operating together, Anderson explained that training events like this CPX are important because they give leadership at multiple echelons the opportunity to give and re-

ceive feedback. "Sometimes we come up with a plan, and are not our own worst critics," Anderson said. "It's hard to get the feedback with-

out a subordinate unit saying, 'Hey, this is

my detailed planning two echelons below

you, and these are the impacts I see that ers said they count the combined CPX as a might desynchronize your higher headquarters' plan."

synchronizing at echelon was echoed by 35th ID Artillery Brigade Operations Officer Maj. Chris Koochel.

The 35th DIVARTY is a new unit, which celebrated its official reactivation Sept. 7.

"Generally, DIVARTYs go hand in hand with their division," Koochel said. "As a new organization to the 35th ID, our main focus was integrating — figuring out how we delineate between the division fires cell and DIVARTY. That comes in many forms, whether it be targeting processes, or product development, the Military Decision-Making Process, and distinguishing what the roles and responsibilities are by organization."

"We are an executor of the division's plan, so the more we know about the division's processes, the better off we'll be as we continue to work together," Koochel said.

Koochel said the exercise was fast-paced, with a lot of learning on the fly.

"We condensed a lot of planning processes into a few days," Koochel said. "And then we executed those plans through the air tasking order through a 48-72 hour 'fight.' I think now we have a much better shared understanding, but there's always room for improvement."

Koochel said the 35th DIVARTY, which is co-located with the division headquarters in Leavenworth, needs a continued relationship with the 35th ID following the CPX will be integral to the success of the division.

"We were able to begin building the scaffolding and infrastructure for our standard operating procedures," Koochel said. "And then as we progress into the future, getting more repetitions through other exercises, plans and operations orders that we'll re-

ceive over the next several months, we'll continue to validate that scaffolding and

build on it to codify our standards and

At the close of the exercise, 35th ID lead-

processes."

major accomplishment. "What's significant is that the 35th ID is The importance of being able to practice transitioning from a unit lifecycle standpoint — we are making that pivot from the modernization year to training year one," Leupold said. "So, we are very early in the readiness build to be engaging in a CPX of

> this level with a component one division." Leupold said the CPX provided an opportunity for the division staff to not only create a learning environment where the two divisions could share best practices, but also served as a critical step in the 35th ID's overall training plan.

> "During this CPX, we're getting additional practice on MDMP and orders production, as well as actually rehearsing through key events that we'll be expected to conduct during the enhanced response cell when we go on to support 36th ID for Warfighter 25-5," Leupold said.

> Leupold said that, ultimately, the 35th ID's goal is to build the foundation early on with quality "sets and reps" as the division prepares for its own validating exercise, Warfighter 26-4, and follow-on operational assignments.

"We're looking to not only be able to perform a task, but to master the craft and get to that band of excellence as we move through the readiness build," Leupold said. "You can't just show up to a warfighter and say, 'OK, now we're at this culminating event and we're going to do really great.' We all know that starts now."

Maj. Gen. John Rueger, 35th ID commanding general, said starting now means taking the lessons learned from the CPX and all the partner organizations involved moving forward.

"This exercise was unprecedented for the 35th," Rueger said. "We've innovated to drive our training. This CPX helped us see ourselves, and I don't think we could have gotten this level of training any other way. Now we need to take the input and identify what things we need to work on over the next several months into the next CPX, and beyond."

DoD highlights committment to taking care of people during Suicide Prevention and Awareness Month

by U.S. Department of Defense Press Release

This September, the Department of Defense highlights Suicide Prevention and Awareness Month through its campaign, "Joining Your Fight: Connect to Protect."

"Suicide prevention takes a community to create change, to sustain hope, and to convey that we are all in this to-

gether," said Dr. Liz Clark, director of the Defense Suicide Prevention Office. "I know the work is not easy, but we must look out for each other and draw strength from each other as we light a path forward. Each death by suicide is one too many, and the (DoD) is deeply committed to ending the scourge of suicide throughout the force."

This year's campaign serves as a call to action to increase connection, safety and hope across the greater military community. Over the last several years, the DoD has taken unprecedented actions toward addressing this critical public health crisis, including the establishment of the Suicide Prevention and Re-Independent sponse Review Committee. The SPRIRC, which was comprised of a panel of outside experts, made more than 100 recommendations to the DoD to improve its suicide prevention and response programs.

In support of the work done by the SPRIRC, the

DoD is implementing actions across five lines of efforts, including fostering a supportive environment for service members, improving the delivery of mental health care, addressing stigma and other barriers to care, revising existing suicide training, and promoting a culture of lethal means safety.

"Taking care of our military community is our top pri-

ority," said Elizabeth Foster, executive director of the Office of Force Resiliency. "We are committed to reducing the number of deaths by suicide throughout our Armed Forces, and will continue to aggressively implement the SPRIRC recommendations as approved by the Secretary of Defense to build a foundation for long-term progress."

The DoD encourages service members, civilians and their families to reach out for help, support those who may need help, and connect with those in their military community.

If you or a loved one are experiencing thoughts of suicide, you are not alone. Call the Veteran's Crisis Hotline at 988 and visit https://www.veteranscrisisline.net/ to learn more.



Screenshot from https://www.veteranscrisisline.net/

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ENDING THE SCOURGE

OF SUICIDE

throughout the

force.

Dr. Liz Clark

Defense Suicide Prevention

Office Director



Have the Fort Leavenworth Lamp delivered to your inbox!

Sign up to receive a reminder when a new issue of the Fort Leavenworth Lamp is posted by e-mailing usarmy.leavenworth.id-training.mbx.pao-inbox@army.mil.

New anglers sample sport at International Family Fishing Derby

by Mark Wiggins/Command and General Staff College Foundation

The Fort Leavenworth Rod and Gun Club hosted the fourth annual International Family Fishing Derby Sept. 7 at Merritt Lake. This annual event is designed for the international military students and their families who are attending the Command and General Staff College.

As in previous years, volunteers from Fishing's Future, a nonprofit organization dedicated to teaching the skills and benefits of recreational angling, and the Fort Leavenworth Rod and Gun Club helped run the derby. The CGSC Foundation sponsored the derby with the fishing bait and concessions.

"We're constantly seeking opportunities to support programs that engage families," said Lora Morgan, president/CEO of the CGSC Foundation. "This one is particularly enjoyable because you get to see the smiles on the faces of the youngest participants when they catch their first fish."

The international military student families, almost all fishing for the first time, lined the docks and a few on the banks vying for their catches, while volunteers from the Rod and Gun Club and Fishing's Future were on hand to record and measure each catch. They assisted with baiting hooks and releasing the fish back into the lake if the anglers were too uneasy about touching them.

At the end of the fishing period, Morgan, along with Tad Slatter from the Rod and Gun Club, presented awards in four di

visions. Winners were determined by number of fish caught. Award winners received a new rod and reel combination.



Photos by Mark Wiggins/Command and General Staff College Foundation

ABOVE: Families lined the dock during the fourth annual International Family Fishing Derby Sept 7 at Merritt Lake. The event is hosted by the Fort Leavenworth Rod and Gun Club, supported by Fishing's Future, and sponsored by the CGSC Foundation.

RIGHT: Seven-year-old Odeh Alwrikat, son of CGSOC international military student Lt. Col. Emad Alwrikat from Jordan, holds up his first fish during the International Family Fishing Derby Sept. 7 at Merritt Lake.

International Family Fishing Derby Winners:

Male Youth Division: Alban Collot D'Escury, son of Command and General Staff Officer Course international military student Maj. Louis Henri Collot D'Escury from France

Female Youth Division: Boglarka Csato, daughter of CGSOC international

military student Maj. Gabor Csato from Hungary

Female Adult Division: Cindy DeJesus, wife of CGSOC international military student Maj. Marcelino DeJesus from the Philippines

Male Adult Division: Maj. Marcelino DeJesus, CGSOC international military student from the Philippines



Friends of Army Aviation offer Huey rides

Friends of Army Aviation offered rides in a Vietnam-era UH-1H "Huey" helicopter above Fort Leavenworth Sept. 5 with flights out of Sherman Army Airfield. Passengers had to complete safety briefings prior to takeoff to ensure safety compliance.

UH-1H helicopters were primarily used for transport, medical evacuations and aerial attacks, but they have served various civilian purposes as well.

Friends of Army Aviation is dedicated to preserving the legacy of U.S. Army aviation through the organization's static displays and flyable Vietnam-era aircraft. For more information on Friends of Army Aviation, visit https://friendsofarmyaviation.org/about/.

Photo by Sean Bergosh/Fort Leavenworth Garrison Public Affairs Office







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Photo by Shane Karns/Pin-Ups For Vets Fort Leavenworth resident and Army veteran Danielle Springall is featured as "Miss April" in the 2025 Pin-Ups For Vets calendar. To learn more about the nonprofit organization and/or to order a calendar, visit www.pinupsforvets.com.

$Pin-Ups\ For\ Vets\ ({\tt continued\ from\ Page\ A1})$

2025 calendar was icing on the cake for me!"

Pin-Ups For Vets Founder Gina Elise said Springall was one of only 13 female former service members chosen in a nationwide search to be featured in the 19th edition of the calendar.

"Each year we create a calendar featuring female vets from across the country. The calendar fundraises for everything we do for the veteran community, from donating rehab equipment to VA hospitals, to shipping care packages to troops, to our 50-state Veterans Hospital Tour where we have visited with 20,000 vets to deliver gifts of appreciation," Elise said.

Springall visited the Leavenworth Veterans Affairs Medical Center, as well as VA hospital and nursing home facilities in Kansas City and Cameron, Missouri, earlier this year as a Pin-Ups For Vets ambassador to deliver calendar gifts and show appreciation for her fellow veterans.

"The female vets who volunteer with us on veterans hospital visits across the country claim that this has given them purpose again after leaving the military — 'service after service,'" Elise said. "They have also said that doing this helps them to embrace their femininity after being in a male-dominated military."

Springall said she enlisted as a combat medic so she could care for other soldiers, providing care as an urgent care clinic supervisor, battalion mental health counselor and personal medic to hundreds of soldiers. She was assigned to the 302nd Forward Support Battalion in South Korea and to the 62nd Engineer Battalion in Texas, and she served with the engineers on a deployment to Iraq. She was recognized as the 2nd Infantry Division's Medic of the Cycle in 2005 and received a Combat Action Badge during her deployment.

"When I returned from Iraq, I began building a family of my own, and decided that it was time for the next chapter in my life," she said. "Now I have four amazing children (17-year-old Cameron, a senior at Leavenworth High School; 12-year-old Eli, a seventh-grader at Patton Junior High School; 10-year-old Owen, a fifth-grader at Bradley Elementary School; and 7-year-old Abby, a second-grader at Bradley), and I spend my time volunteering with veterans' organizations and helping women feel beautiful, fulfilled and worthy every day. I am so grateful for the skills and experiences I had in the Army, and I love having opportunities to continue serving still."

Among the ways she serves is as chaplain for VFW Post 56 in Leavenworth. Springall was a member of the VFW when she got out of the service several years ago, and she renewed her connection about five years ago with VFW Post 56 in Leavenworth. She started serving on the VFW House Committee, and then was asked by the post commander to become the VFW chaplain after the passing of longtime VFW Chaplain (Col.) Gary "Sam" Sanford last

"I jumped on that (opportunity), be-



Photo by Prudence Siebert/Fort Leavenworth Lamp

Danielle Springall and her children — 10-year-old Owen, 17-year-old Cameron, 12-year-old Eli and 7-year-old Abby — look through the 2025 Pin-Ups For Vets calendar, noting the military holidays and searching for the ones in their birth months, Sept. 9 at VFW Post 56 in Leavenworth. Springall is "Miss April" in the nonprofit organization's calendar that features female veterans in tasteful, family-friendly 1940s- and 1950s-era pin-up poses to raise money for veterans' healthcare.

cause I love that realm, too. I like just the idea of being a spiritual support and bringing two aspects of my life together — it felt like a good fit for me," said Springall, who also serves as the multiple-post district chaplain and secretary/treasurer of the local DAV.

"I wear a couple of hats, and I like volunteering, and all of those roles allow me to do it and still have flexibility with (my children)," the divorced mother of four said.

With her VFW chaplain duties, Springall conducts prayers at monthly meetings, prays with veterans who reach out to talk with her, visits veterans in the hospital and sometimes speaks at memorial services. She has been conducting a VFW member survey to help build camaraderie through activities, events and projects.

"We have a really good post here, with a lot of people in this area — because it is such a transient community, getting people in just for the short time, we want them to have that community here."

Springall said making that community family-friendly is important to her, as she often has her children in tow when she is at the VFW.

"She is a very people person," Owen said about his mom. "For her to be doing all of this stuff is just amazing, that she can do all of this. She is very active in the community,

SEE **PIN-UPS FOR VETS A9**



Submitted phot

Danielle Springall deployed to Iraq as a combat medic during the War on Terrorism. She served on active duty for four years in the Army and then two more years in the Reserves. She now volunteers as a Pin-Ups For Vets ambassador and is featured in the organization's 2025 calendar with 12 other female veterans.

Pin-Ups For Vets (continued from Page A8)

and I think it is kind of hard to do that stuff, and she is one of the people who can do it. When you get brought to (volunteering events), you get an insight on stuff that not a lot of kids see when their mom goes to the

Springall has been dressing up in the classic pin-up theme for years, including serving as the host for the annual Labor Day weekend Pistons 'N' Pinups car show in Kansas City, Kansas, and so she said the 1940s and 1950s trademark style of Pin-Ups For Vets appealed to her.

"You think about the girls (painted) on the sides of planes during (World War II), and that's kind of the vibe that they do a lot of ... so when I found out about that organization I was like, 'OK, this is a good fit.' It's something I'm already doing, and I loved their mission."

She said she loves hearing veterans' stories during her ambassador visits to area VA facilities.

"For me I feel like I'm bringing back nostalgia to some of these people, that that's a time that they might want to reminisce about," Springall said. "I think they think it is more exciting if they think a pin-up girl is coming (to visit), even the female veterans — I talk with them just as much as I do the male veterans. I don't know if it is because you are dressed like that or not, but I do find it is almost like it is inviting when someone is dressed up and bringing a gift," which she said could be calendars or other treats. "They are a little more comfortable, I think, just opening up and talking."

When Springall started as a Pin-Up For Vets ambassador about a year ago, her children said they were already accustomed to seeing her transform from mom to pin-up girl, with Eli jokingly noting that she has "thousands" of wigs (only 120, actually), and they described her as very focused when she has a pin-up event coming up.

"She does this (dresses up) for every pinup show that she does, so it's not surprising, really, but then when I saw she was going to be on a calendar, my mind just blew, because there are a lot of people who could have done this, and one of them just so happened to be my mom, and I was like 'Wow!' I didn't even know this was going to be possible," Owen said about his mom being featured in the calendar as "Miss April."

Springall said the calendar photo shoot took place in Manhattan Beach, California, on a pier and in a house filled with vintage 1950s décor.

"(The experience) was so fun," Springall said. "I felt like a superstar when I went there. The mayor took us around the city, and people were buying us drinks, and it felt like we were famous for a day."

Springall said every branch of service, except for Space Force, is represented in the calendar by the featured veterans, which include two Purple Heart recipients and a retired lieutenant colonel, and she also likes that the calendar has all of the military holidays noted throughout the year.

To learn more about the nonprofit or-

ganization and/or to order a calendar, visit www.pinupsforvets.com.



Photo by Prudence Siebert/Fort Leavenworth Lamp

Danielle Springall, VFW Post 56 chaplain, and her children — 12-year-old Eli, 7-year-old Abby, 10-year-old Owen and 17-year-old Cameron — pose for a family photo surrounded by member-donated memorabilia in the Memorial Room of VFW Post 56 in Leavenworth. Springall also volunteers as a Pin-Ups For Vets ambassador and is featured in the nonprofit organzation's 2025 calendar.





Submitted phot

ABOVE: Veteran Danielle Springall dons a "Doughboy" uniform during a volunteering visit with her children, 12-year-old Eli and 7-year-old Abby, to pass out poppies to visitors May 27 at the National World War I Museum and Memorial in Kansas City, Missouri. Photo by Ed Stefanak Jr.

LEFT: Fort Leavenworth resident and Pin-Ups For Vets ambassador Danielle Springall and her 7-year-old daughter, Abby, dress up as pin-up "twins" for the Pistons 'N' Pinups annual car show Sept. 1 at the Boulevard Drive-In Theater in Kansas City, Kansas. Springall served as show host, and Abby took second place in the family-friendly pin-up show. Photo by Christine Lawrence

FLFD team climbs 110 stories of stairs to remember FDNY firefighters killed on 9-11

BELOW and RIGHT: Fort Leavenworth Fire and Emergency Services Battalion Chief Rob Dokos, Capt. Joshua Carrell, Capt. Mark Weishaubt, Lt. Thomas Gonzales, Firefighter Brandon Barufaldi and Firefighter Mikayla Garrison participate in the Kansas City 911 Memorial Stair Climb Sept. 8 in Kansas City, Missouri. During the annual event, a total of 343 firefighters from the area, and beyond, climbed 110 stories to remember the 343 New York City Fire Department firefighters who lost their lives responding to the terrorist attacks on the World Trade Center Sept. 11, 2001. Visit https://www.kansascitystairclimb.com/ for more information.

Photos by Tristen Lang/Kansas City 911 Memorial Stair Climb Volunteer





FLFHC issues pet policy reminder

by Fort Leavenworth Frontier Heritage Communities

In response to several instances of off-leash pet complaints, Fort Leavenworth Frontier Heritage Communities reminds residents of the housing pet policy, outlined in the FLFHC Resident Guidelines and Community Handbook.

- Pets must be on a physical leash at all times when outside the fenced area of a home. Electronic leashes and electronic fences do not meet this requirement.
- · Residents must dispose of pet waste daily in their fenced back-
- Pets can be housed in the resident's yard only when a fence meeting community guideline is installed. Pets cannot be tied or staked outside of the fenced area.
- Pets must have suitable shelter from inclement weather and have continuous access to food and fresh water. Suitable shelter is deemed to be a structure of sound construction, sufficient to provide shade from sun and protection from rain and wind. Inclement weather is described as excessive wind, rain, snow or temperatures above 80 degrees Fahrenheit or below 50 degrees Fahrenheit.

To view or download the guidelines in full, visit https://home.army.mil/leavenworth/application/files/4317/1198/1516/ FLFHC_Resident_Handbook_April_2022.pdf

RIGHT: Rebel Kitty is an adult female tuxedo cat available for adoption at the Fort Leavenworth Stray Facility. She has already been spayed, vaccinated and microchipped.

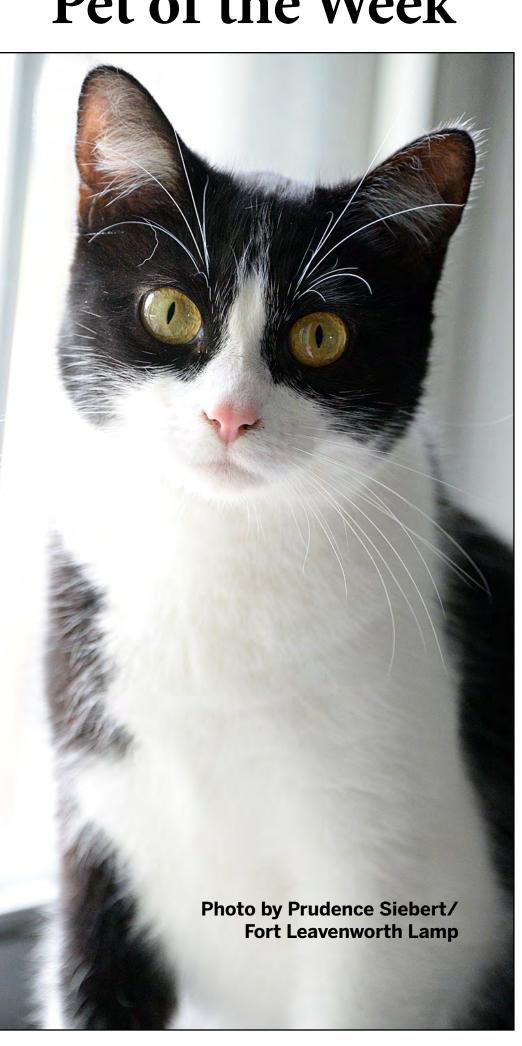
The Fort Leavenworth Stray Facility will be closed through Sept. 18 for owner surrenders and adoptions. In the meantime, visit www.FLSF.petfinder.com for profiles of pets currently available for adoption and e-mail fortleavenworthstrayfacility@gmail.com for an adoption application.

The FLSF, at 510 Organ Ave., is normally open 11 a.m. to 4 p.m. Monday, Wednesday and Friday, and by appointment for pre-approved adopters. Call 913-684-4939 for more information and/or to schedule an appointment. Military affiliation is not required to

adopt from the Fort Leavenworth Stray Facility. Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed. To apply to volunteer with the Fort Leavenworth Stray Facility, enter ZIP code 66027, then search for "stray animal facility" at https://vmis.armyfamilywebportal.com/. (VMIS is currently down. Check back soon.) The next volunteer training session is Sept. 14 for new volunteers who must complete training and two shadow shifts before volunteering alone. Visit FLSF on Face-

book to register.

Pet of the Week



Online: https://home.army.mil/leavenworth/about/news

B1





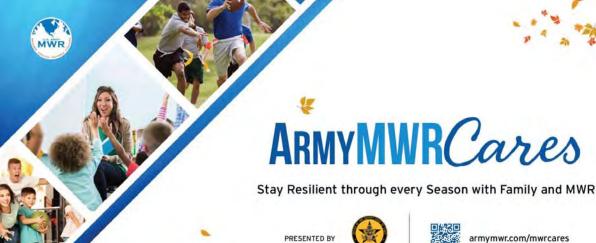












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6-10 PM @ Frontier Chapel

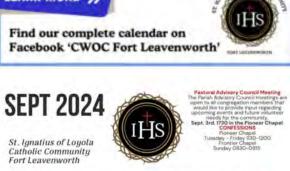
Invest in your marriage

this year!

05 SEP, 03 OCT, 07 NOV, 05 DEC, 09 JAN, 06 FEB, 06 MAR, 03 APR, 01 MAY

Each Date Night begins with a faith-based marriage enrichment presentation. Then couples are released to go out on a date and further discuss the topic together. Children will remain safely supervised by childcare professionals at Frontier Chapel (6-10 pm or pick up kids









For more information and to register scan the QR code or call 913-680-7336



4 & 5 Year olds 1st & 2nd Grades 3rd & 4th Grades 5th & 6th Grades 7th & 8th Grades

Contact Carl Tillery at carl.l.tillery.civ@army.mil or 816-260-1287





Scan the QR Code to register for OCIA

- 1. Once the blue screen appears, scroll down. Click REGISTER
- 2. OCIA REGISTER
- 3. Enter Your Information in Blue and Orange sections

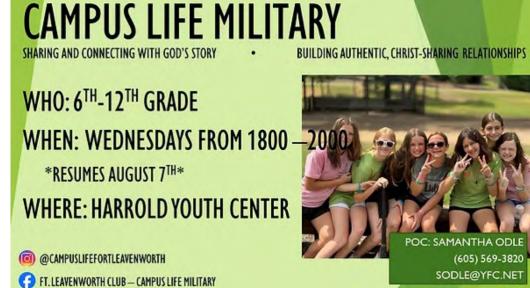
INTERESTED IN BECOMING A CHAPEL VOLUNTEER?

For more information, please contact: Guadalupe Davis, guadalupe.a.davis.civ@army.mil

Syeeda Echols, syeeda.j.echols.civ@army.mil Carl Tillery, carl.l.tillery.civ@army.mil







Saturday, Sept. 21

8 a.m. to 3 p.m. - post wide IT'S BACK!!! Don't miss all the bargains!

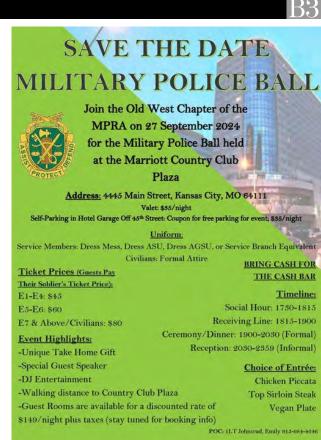
Authorized off-post ID Card Holders can sell at the Old Bell Hall Parking Lot - no permit required.

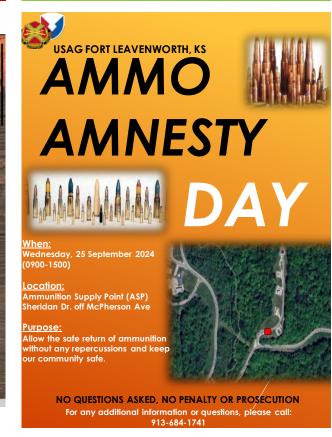


*ID's will be scanned at the gate beginning at 6 a.m. - everyone over 16 must have a valid ID to access a military installation. Visitor pass is not required for this event!

leavenworth.armymwr.com follow Fort Leavenworth MWR on Facebook for updates

The Ike Skelton Combined Arms Research Library SEPTEMBER 2024 913-758-3001 THE CARL'S COMMUNITY follow us on Facebook: @CombinedArmsResearchLibrary EVENTS CALENDAR *Activities are subject to change MON WED SAT FRI StoryWalk(R) StoryWalk(R) StoryWalk(R)

















frontierccu.org (913) 651-6575







Room157





The second Stronghold Baby Shower of 2024 is right around the corner. E-mails are going out soon, and phone calls will follow to confirm all attendees.

Confirmations must be made with a Stronghold representative to attend. Moms-to-be will receive goodies like new pack-and-plays, baby monitors,

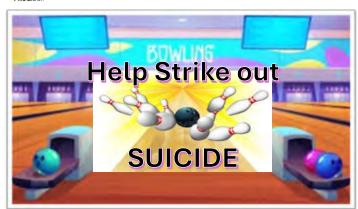
nursing pillows, bottle sets and more. The event will also have games, friends

DONATIONS 12:00-2:00



Come Join The Fort **Leavenworth Army Suicide** Prevention Program, at

THE STRIKE ZONE



FREE BOWLING with Prizes

Saturday 28 September 2024 1300-1500

Space is limited to 80 bowler so



Location: Aco MWJRCF COF

- Fresh Bread
- Fresh Fruit / Vegetables
- Eggs
- Chicken
- Non-perishables
- Diapers and more.



MORE INFO: strongholdfoodpantry.org



STRONGHOLD DISTRIBUTION & HAPPY BOTTOMS

By Appointment Only www.strongholdfoodpantry,org

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4 Closed for Stronghold Team Building	5	6	7
8	9 DONATIONS 12:00-2:00	10	11 Open Pantry & Happy Bottoms 5:30-6:30	12	13	14 Baby Shower Event
15	16 DONATIONS 12:00-2:00	17	18 Open Pantry & Happy Bottoms 11:00-12:30	19	20	21
22 Special Event	23 DONATIONS 12:00-2:00	24	25 Mobile Pantry ACB 10:30-12:30	26	27	28
29	30					







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Ms. Amanda Bonseigneur Lead SARC Amanda.bonseigneur.civ@army.mil Office: 913-684-2810 Cell: 913-704-9620 Bldg 197, 632 McClellan Ave



Hiring Underway Supervisory SARC



Ft Leavenworth SHARP Resource Center

Building 197, 632 McClellan Ave Fort Leavenworth, KS 66027

Contact the team at usarmy.leavenworth.cac.mbx.cac-sharp@army.mil

We Have Realigned Under a New Installation Model

Team 1 AAFES, ACS, AFC, ARI, CDID, Cemetery, CID, CPAC, DeCA, DES, DLA, DMPA, FMWR, LRC, MCCoE, MICC, Museum, NEC, PAO, RCI Housing, TDS/SJA, TRAC, USAFMSA, USAG HQ, USASMDC, USD 207, and US

Team 2

CAC HQ, CAC-T HQ, MCTP, NSC, STB, TMD, 505th CCW and 500th/67th MP

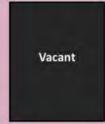
Team 3

ACB, MWJRCF, USDB

Army U, CGSC, Dental, DLI, MAHC staff, Patients, SAMS, SOF, TRADOC, Veterinarian, and Other Service Staff tenant personnel



SFC Jerri Osborne Team 1 SARC jerri.l.osborne.mil@army.mil Office: 913-684-1698 Bldg 77, Room J209, 290 Grant Ave



Hiring Underway **Team 1 Victim Advocate**



LTC Craig Arnold Interim Supervisory SARC Team 2 SARC craig.d.arnold.mil@army.mil Office: 913-684-2818 Teams: 520-692-8849 Cell: 913-704-9604 Bldg 197, 632 McClellan Ave



Ms. Nicole Hernandez **Team 2 Victim Advocate** Office: 913-684-5230 Cell: 913-544-9243 Bldg 58, 614 Custer Rd



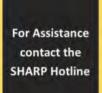
SFC Jacob Roach Team 3 SARC jacob.w.roach.mil@army.mil Office: 913-684-0956 Cell: 913-547-5075 835 Sabalu Rd



Mr. Josh Belle **Team 3 Victim Advocate** joshua.p.belle.civ@army.mil Office: 913-684-0956 Cell: 913-680-5699 835 Sabalu Rd



Hiring Underway



Hiring Underway Team 4 Victim Advocate

Fort Leavenworth 24/7 SHARP Hotline 913-683-1443 DoD Safe Help Line 877-955-5247

Sexual Harassment Complaint Reporting Option

Formal | Informal | Anonyr **Sexual Assault Reporting Option** Restricted | Unrestricted

Retaliation Reporting Options Command | IG | SARC | DoD Safe Helpline Find us on Facebook



WeCare



#NotInOurArmy As of 13 August 2024

Supervisors and Leaders, join the Fort Leavenworth Family Advocacy Program in an interactive workshop designed and presented by Dr. Diandra Poe DSW, LMSW

Operation RESPECT



MS Teams September 26

Session 1: 0900 - 1130 Session 2: 1300 - 1500 Free Workshop

Register by September 24 (Link will be provided after registration) Call 913-684-2822/ 684-2808

Dr. Poe has designed a comprehensive, implementable prevention program that is specifically geared toward Military Leaders to utilize in the continuing effort to end domestic and sexual violence in our military

Topics that will be covered include:

- How to recognize the signs of Mental Health issues
- How to effectively intervene to prevent Sexual Assault and Domestic Violence Cultivating Healthy Relationships What is Herd Mentality, Grooming Behavior and how to recognize it Professional Boundaries and Leadership
- Bystander Intervention Cultural Norms and Behaviors







If you experienced sexual trauma during your military service, VA can help.

Free Services

The Department of Veterans Affairs (VA) offers free health care and other benefits for current and former Service members who experienced sexual assault, harassment or abuse during military service, also known as military sexual trauma (MST).

For Current Service Members

Current Service members (including current National Guard and Reserve members) can access confidential MST-related counseling at VA's Vet Centers without a referral and care at VA medical facilities with a Department of Defense referral.

No Report or Evidence of MST Needed to Receive Care

No report to authorities or other documentation of the MST experience is needed to receive health care services.



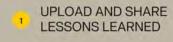
For more information, scan the QR code, download the Beyond MST mobile app, or visit/call:

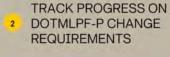
www.mentalhealth.va.gov/mst or Open Publication www.va.gov/find-locations

Jul 25, 2024

1-800-698-2411

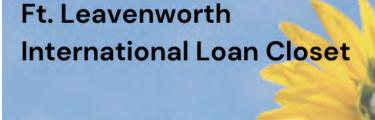
QUICK-FIRE **OBSERVATION PORTAL**











nt of Defen

OFFICE OF PREPUBLICATION AND SECURITY REVIEW

Located in the alley off McClellan & Kearny Hours Vary, Check FB Page

Donations & Volunteers Welcome

24-P-0880



Program **Menu of Services**

One-on-one appointments and workshops to assist with:

- · Career exploration and planning · Skills and personality assessments
- Education and skills attainment
- Civilian and Federal resume assistance · Employer referral and job search
- assistance · Interview skills and professionalism

For more information, contact the ACS Employment Readiness Program Specialist



913-684-2835/2800





The Fort Leavenworth Simo Pame



OPEN!

Arts & Crafts Studio 310 McPherson Ave (913) 684-3373

Intro to Framing:

Every 2nd Thursday of the month from 10am - 2pm

h from 10am - 2nm

Every 4th Saturday of the

to register is the day Ages 18+



Military Prints **Art Projects Photography Prints Etchings/Engravings**



The Schools of Knowledge, Inspiration, Exploration and Skills (SKIES): Unlimited offers classes in art, dance, music, gymnastics, theater, golf and more. For more information, visit https://leavenworth. armymwr.com/programs/skies-unlimited. Download the fall catalog of available classes at https://leavenworth.armymwr.com/application/files/2817/1949 /5175/SKIESUnlimited_Fall_2024_Final.pdf.



LEAVENWORTH.ARMYMWR.COM



August & September

Watercolor & Acrylic

Workshops

\$30 per workshop

Watercolor (Basic Techniques) Tuesday, Aug 20 11am - 1pm Tuesday, Sept 17 6pm - 8pm

Watercolor (Color Theory) Tuesday, Aug 27 11am - 1pm Tuesday, Sept 24 6pm - 8pm

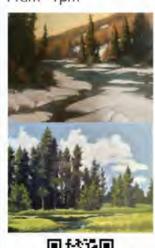
Watercolor (Autumn Leaves) Tuesday, Sept 3 11am - 1pm

Watercolor (Autumn Wreaths) Tuesday, Oct 1 6pm - 8pm

Call now to register! 913-684-3373 Cost includes all supplies!

Acrylic (Basic Techniques) Wednesday, Aug 28 11am-1pm

Acrylic (Intermediate) *Must sign up for both Wednesday, Sept 4 11am - 1pm Wednesday, Sept 18 11am - 1pm







OPEN STUDIO

Hours 10am - 5pm T - F Ask about our Hourly Fees

Multi-Craft Room

Come use our provided supplies to craft with the whole family!

Painting Studio

Provided watercolor and acrylic supplies to create your own masterpiece.

Framing Studio

Must take Intro to Framing before using DIY Framing Studio.

> **Pottery Studio** (Coming Soon!)

Modern Calligraphy

Basics

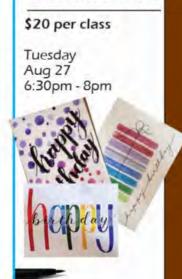
\$20 per class

Tuesday Aug 20 6:30pm - 8pm

Special Projects

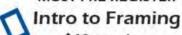
Birthday Cards Tuesday Sept 3

6:30pm - 8pm



Intermediate

Reoccurring Classes MUST PRE-REGISTER



\$40 per class

Every 2nd Thursday & 4th Saturday of the month 10am - 2pm

Paint & Sip

\$35 per session

Every 2nd Friday of the month 6pm - 8pm

Must be 21 years or older.

Come see what's new at the Studio!

leavenworth.armymwr.com

August & September

Workshops

Acrylic

\$35 per class

Acrylic Pour Wednesday, Aug 14 11am - 1pm

Acrylic Pour Wednesday, Sept 25 11am - 1pm



Framing

\$40 per class

Must pre-register Thursdays Aug 8, Sept 12 10am - 2pm Saturdays Aug 24, Sept 28

Intro to Framing

10am - 2pm

\$35 per class

Crafts

Wooden Growth

Friday, Aug 16 11am - 1pm

Wooden Birthday Calendar Board Friday, Sept 27 11am - 1pm



Call now to register! 913-684-3373



913-684-3373

Paint & Sip

\$35 Must be 21 vears or older. ВУОВ



Hot Air Balloons Friday August 9 6pm - 8pm



Monarch Butterfly Friday September 13 6pm - 8pm

Cost includes all supplies!



Messy Art

\$12 per class

(ages 7+) Thursday, Aug 15

11am - 12pm Thursday, Sept 19 11am - 12pm

Color Me Happy (Parent & Toddler) \$10 per class

Thursday, Aug 22 10:30am - 11:30am

Thursday, Sept 12 10:30am - 11:30am

Thursday, Sept 26 10:30am - 11:30am

Art History

\$15 per class (ages 7+)

Milkshakes & Monet

Wednesday, Aug 21 1pm - 3pm Thursday, Aug 22 4pm - 6pm

Gummies & Goldsworthy Wednesday, Sept 18 1pm - 3pm Thursday, Sept 19 4pm - 6pm







leavenworth.armymwr.com



I hereby affirm that I am an eligible next of kin (NOK) of a member of the United States Armed Forces who lost his or her if it in a qualifying situation, such as war, an international terrorist attack or a military operation outside of the United States while serving in the United States Armed Forces, as identified in and 3.3 2.2 (Qualifying Situations) and 3.3

Print Your First and last Name.

Sign your name below:

FREE!

*Enroll now at

Harrold Youth Center

45 Biddle Blvd

913-684-5118

HYC Hours

Mon -Thurs 3PM -7PM Friday 3PM - 9PM

Saturday 2pm - 8pm

onday - Friday 9AM - 6PM

Valid photo ID required



School is in session. but the FUN doesn't need to stop! Hang with your friends! Do cool stuff! And

Offering:

Homework He

STEM Program

Gym Activities

Music Classes

Arts & Crafts

Special Events

Clubs

& More!

Follow HYC on FBI

EFMP

Every 2nd Tuesday from 9am - 10am

Come out and get to know other EFMP Families

while the kids play! Every month there will be a

NEW and EXCITING activity for the kids!

Registration is required the Friday before the event.

Call 913-684-2871 or 913-684-2800 for more info

@ The EFMP Playground

(through the month of October 2024)

Open to EFMP Families only.

Every first Saturday of the month 12:00pm - 2:00pm

165 Fourth St



Meet other EFMP families!

FREE for the entire family including shoes! Bumpers, bowling ramps, and lightweight bowling balls are available. on is required the Wednesday before the event.

EFMP ---

August- Bubbles September- Juice Boxes October- Pumpkin Decorating

*Subject to change

Activities*

May- Chalk Art

June- Art Easels

July- Popsicles

RECREATIONAL BOWLING

Strike Zone Bowling Center



EFMP Recreational Bowling is a fun way to socialize, and sharpen fine motor skills.

STO FACTI

Call 913-684-2800 for more info or to register



Please register by calling 913-684-2800 or 913-684-2871

Need to talk to someone who "gets it"? Come join your fellow EFMP Spouses for





HYC is for 6th -12th Graders only.

Must be registered with CYS Parent





September 2024

New Parent Support Program

*Registration Required for all New Parent Support Program activities and all located in the Resiliency Center.

Stroller Walk

Play Morning

Tuesdays, 9:00am - 10:00am **Toddler Time** Wednesdays, 9:00am - 10:00am Storytime Wednesdays, 10:00am - 11:00am

Thursdays, 9:00am - 10:00am & 10:00am - 11:00am

Childbirth Class

Sept. 16, 23, 30, 5:00pm - 7:00pm

Dad's Night Out - Restaurant TBD Sept. 18, 6:00pm - 8:00pm

Mom's Night Out - Restaurant TBD Sept. 25, 6:00pm - 8:00pm

Employment Readiness Program

Volunteer Basics Sept. 4, 12:00pm - 1:00pm

Federal Employment

Sept. 11, 12:00am - 2:00pm

Resume Writing

Sept. 25, 12:00am - 2:00pm

Financial Readiness Program

Text 816-500-3163 for one-on-one appointments. Starting 18 September, call 913-684-2800.

Family Advocacy

Scream Free Parenting

Sept. 4, 1:00pm - 2:30pm Resiliency Center, Room 145 *Registration Required

Workshop & Workout

Sept.14, 11:00am - 12:30pm Resiliency Center, Room 157 *Registration Required

Navigating the Teen Years

Sept. 17, 1:00pm - 2:30pm Resiliency Center, Room 145 *Registration Required

Operation RESPECT

Sept. 26, MS Teams Session 1: 9:00am - 11:30am Session 2: 1:00pm - 3:00pm *Registration Required

Survivor Outreach Services

Run/Walk for the Fallen Sept. 14, 8:00am -10:00am Resiliency Center

Oktoberfest/Lantern Launch Sept. 27, 5:00pm - 8:00pm Merritt Lake

Resiliency Center, 600 Thomas Ave, Building 198 913-684-2800 // 913-684-HELP(4357) Hours: Monday - Friday, 7:30am - 4:30pm Follow us on Facebook! @FortLeavenworthACS

Event Schedule

All classes are located at the Resiliency Center unless otherwise posted.

Exceptional Family Member Program (EFMP)

*Registration Required for all EFMP activities

EFMP Recreational Bowling (free) Sept. 2, 12:00pm - 2:00pm

Strike Zone Bowling Center

EFMP Refreshing Conversation Sept. 5, 10:00am -11:00am Resiliency Center, ACS Classroom

*Available via Microsoft Teams 1:00pm - 2:00pm **EFMP Playgroup Palooza** Sept. 21, 12:00pm -1:00pm

EFMP Playground (located behind Post Theater) Relocation Readiness

In-Processing Brief

Tuesdays, 9:00am - 10:00am

OCONUS Levy Brief

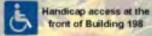
Tuesdays, 10:00am - 11:00am

Multi-Cultural Families

ESL Classes

Sept. 9,16, 23, 8:00am - 11:00am Pioneer Chapel

Friday Fun Day Sept. 13, 9:30am - 11:00am Munson Walk-thru



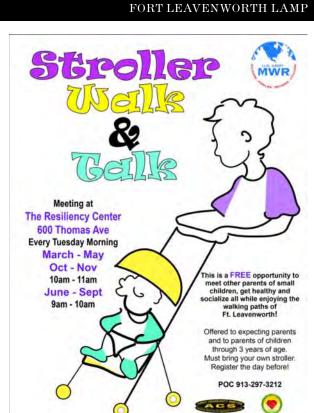




CALL ACS TO REGISTER FOR CLASSES TODAY! ALL EVENTS LISTED ARE FREE!









to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.

> May 29 • June 26 • July 31 • Aug 28 Sept 25 • Oct 30 • Nov 20 • Dec 11 Time: 6PM • Restaurants TBD

Jan 31 • Feb 28 • March 27 • April 24

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old

Info: (913) 297-3212 or (913) 684-2800











ACS Conference Room 145 600 Thomas Ave From 1:00 - 2:30pm June 5, July 10, Aug 7, Sept 4, Oct 2, Nov 6 Dec 4

Feeling frustrated? Overwhelmed? Let us help you focus on staying both calm and connected with your loved ones. We'll work together to find the tools to revolutionize your relationships with your children.



nmended for parents with children aged 5+.

(deadline is day before training) 913-684-2811 / 2808





 Offers an introduction to preschool routines, explores educational concepts, and builds social skills through hands on experiences and activities.

> Wednesdays @ 9:00am

Located at the Army Community Service Resiliency Center 600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text 913-297-3212 or 913-297-9704



Thursdays from 9-11:00 a.m.

Ages 3 months - 3 years with Guardian • Resiliency Center

Free play group for ages 3 months - 3 years and their parents/guardians

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.

unity Service | Resiliency Center | 600 Thomas Ave. | Fort Leavenworth, Kansas

cut off is day before event (913) 297-3212 or (913) 684-2800 f ...



Free Open to ages 3 months - 3 years old with adult.

Join us for storytime to use our imagination and develop a love of books

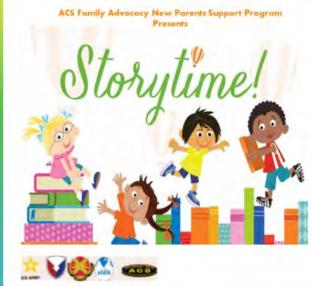
Storytime fosters early literacy skills, language development, and social growth.

Every Wednesday@ 10:00 am

Located at the Army Community Service Resiliency Center 600 Thomas Ave. Fort Leavenworth, Kansas

> Registration required call or text 913-297-3212 or 913-297-9704

MWR 5 Love Languages of Teenagers Do you ever feel like you and your teen are speaking another language? The "5 Love Languages of Teenagers" class is geared toward caregivers that want to communicate with their teens in a way that everyone feels heard, understood and most importantly loved. ACS Classroom 145 Feb 14, May 8, Aug 14, Nov 13 1-2:30pm Open to all DOD civilians, active duty, and retired military that are caregivers raising teens Call to register (deadline is day before class) 913-684-2822 / 2808







Government PCS

100% Government Help

Here, you are electing for the military to hire movers to transport and unpack your household. The best part is that they pay for the process as well!



DITY(or PPM)

Do It Yourself / Personally Procured Move

In a DITY / PPM military move you are agreeing to pack, load, move and unload your items yourself. With this type of move, you can still receive some reimbursement for the move.



Partial-DITY Move

Part DITY, Part PCS A partial-DITY is a perfect blend of the

aforementioned types of military moves. With a partial DITY, you will get to determine exactly what goods the government will move for you and what you will move on your own.

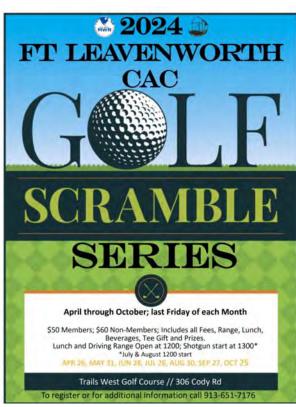
☆ U.S. ARMY

*













Classes are designed to increase strength, power, speed, agility, and aerobic capacity by Olympic lifting, weight lifting, gymnastics, and plyometrics. This class is ideal for beginners and elite. Get healthier, get stronger, live longer. Enjoy professiona Monday - Friday 9:00-10:15am Harney Gym 185 Fourth Street Fort Leavenworth, KS programming in a supportive,

CONTACT

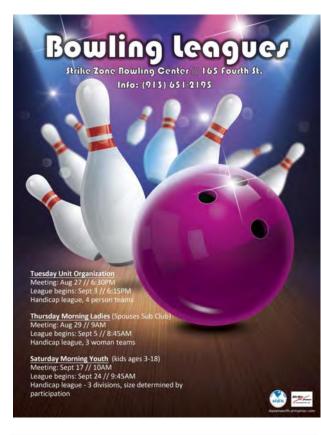


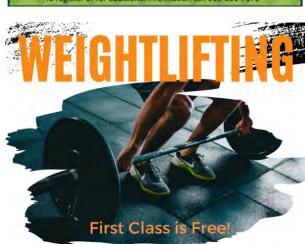
Monthly rates 3x week \$75 5x week \$85 Drop in \$10

encouraging environment 949-291-0386

ABOUT







Learn proper Olympic Lifting technique and how to safely resistance train. Programming is designed to increase Muscle Mass, Strength, and Power. Resistance training has been shown to increase bone density, metabolic rate, cognition, reduce fat accumulation, lower risk of heart disease, and so much more. Start enjoying the benefits!

CLASSES MEET MON, WED, FRI 9:00-10:15 AT HARNEY GYM \$10 DROP IN RATE OR \$75 MONTH

FOR MORE INFO, (913) 684-2190











(913) 651-8132

Starting August 19th, 2024

Fort Leavenworth **Group Fitness Classes**

GRUBER FITNESS CENTER-200 Reynolds Ave. - 684-5120 Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530			Spin (Karyn)			
0930		Zumba (Lydia)		Zumba (Lydia)		
1200						
1630	Hot Yoga (Kim)	Zumba (Lydia)	Power Cycling (Kim)	Zumba (Lydia)		
1730			Power Yoga (30min) (Kim)			

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190 Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Wednesday Time Monday Tuesday Thursday Friday Saturday 0080 Power Cut (Kim) *Power Cut (Kim) 1630

*Power Cut classes are held in the Bubble Gym



Single Ticket For \$5.00 10 Tickets For \$45.00

20 Tickets For \$80.00

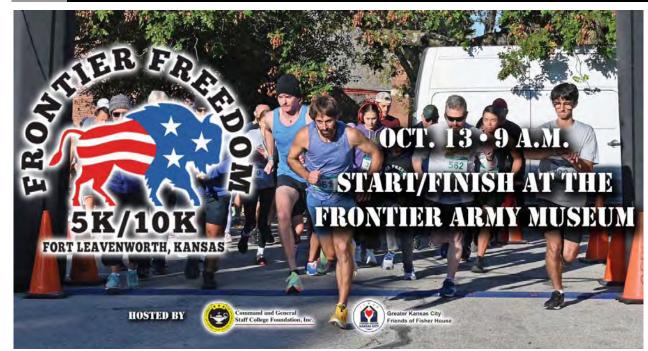


https://leavenworth.armymwr.com











We're Hiring NOW!

Join our Team as a **Child and Youth Program Assistant** at Fort Leavenworth!

Pay starts at \$18.35 per hour

Career Progression & Paid Training Retirement & 401K

Priority Childcare Placement & Employee Childcare Disc Regular Full-Time/ Part-Time & FLEX Hours Available

Medical, Dental, Vision, & Life Insurance Benefits ' Paid Leave, & Paid Federal Holidays for Full-Time & Part-Time
Access to Commissary & AAFES Shopping Privileges & MWR Facilities

Job Transfer Program Worldwide Through Civilian Emplo *Conditions Apply







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Fall Youth Sports









Fall Running Club

(3rd - 8th grades) (Ages 8 - 14) Tuesday/ **Thursday** Sept 10 - Oct 26

Season ends with the Halloween 5K.



Flag Football

(1st - 2nd grades) (Ages 7 - 8) Tuesday/ **Thursday** Sept 10 - Oct 24

(3rd - 4th grades) (Ages 9 - 10) Monday/ Wednesday Sept 9 - Oct 23

(5th - 6th grades) (Ages 11 - 12) Monday/ Wednesday Sept 9 -Oct 23



Cheerleading

(Ages 5 - 12) Monday/ Wednesday Sept 9 - Oct 23

Participants will cheer for all 3rd/4th & 5th/6th grade Teams.

Pom-poms, shirt, and skort are included in the cost.



Soccer

6 & Under (Ages 5 - 6) 8 & Under (Ages 7 - 8) 10 & Under (Ages 9 - 10)

Sept 9 & 10 -Oct 23 & 24

Under 12 & 14 **TBA**

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Start Smart Flag Football (Ages 3 - 4)

Sept 17 & 19 - Oct 15 & 17

Sept 16 & 18 - Oct 16 & 21 Start Smart Soccer (Ages 3 - 4)

Registration and enrollment will begin July 8 - Aug 5. All Youth must have an updated sports physical before first practice. Enrollment can be done at all CYS locations if centrally registered. Webtrac online enrollments can only be done with a Youth Sports Physical that covers the entire season.

Volunteer Coaches are needed!

For more information call **913-684-7525** or **7526**







help improve quality of life



ARMY COMMUNITY SERVICE 600 Thomas Ave, Bldg. 198, Fort Leavenworth, KS 66027, (913) 684-2800/4357 Monday—Wednesday & Friday 0730-1630 (closed 1130-1230)

Thursday 1300-1630 ARMY EMERGENCY RELIEF (AER): 913-684-2830. (After Hours call, 877-272-7337)

Assists Soldiers and their families members in emergency financial situations in the form of loans and grants

ARMY VOLUNTEER CORPS (AVC) 913-684-2835

Volunteer opportunities and placement in opportunities with organizations that benefit the Army community

English as a Second Language (ESL) offers multi-level conversational English classes EMPLOYMENT READINESS PROGRAM (ERP): 913-684-2835

Assists with career planning and exploration, resume writing, federal employment, and interview skills.

EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP); 913-684-2871/2838

Supports family members with special needs by providing information, referrals, and personal services. Support groups, Sensory Story Time, and recreational bowling are available to join

FAMILY ADVOCACY PROGRAM (FAP): 913-684-2822/ 2808/ 2813/2811 Focuses on the prevention of domestic violence and child abuse/neglect. Seminars, workshops, and counseling are offered to

Victim Advocate (VA) provides initial contact and advocacy for victims involved in abuse. Services include emergency assistance, information, referrals, and support in accessing medical, legal, and behavioral health services.

24/7 Victim Advocate Hotline- 913-683-2537 New Parent Support Program (NPSP) offers emotional support, parent education, and referrals to expecting parents

and parents with children ages 0-3. 913-684-2873 or 913-297-3212 INFORMATION, REFERRAL, & FOLLOW-UP (IR&F): 913-684-2800

Information counseling about Army Community Service (ACS) programs, installation and community resources, and follow-up after referrals have been made to appropriate resource.

MILITARY FAMILY LIFE COUNSELOR (MFLC): 571-497-9321/256-749-7169

Licensed professionals who assist Soldiers and family members with non-medical counseling to address short-term concerns and issues of daily life.

PERSONAL FINANCIAL COUNSELOR: 913-684-1717/816-500-3163

Education, information, and assistance in spending plans, retirement planning, continuation pay, debt management matters, and

RELOCATION (RELO): 913-684-2830 Supports Soldiers and family members moving to or from another duty station. In-processing and out-processing briefs are held

each week Loan Closet offers kitchen and other household items that can be borrowed for up to 30 days.

Mobilization and Deployment helps to better prepare Soldiers and Families for a pending deployment. SURVIVOR OUTREACH SERVICES (SOS): 913-684-2821

Supports Families of Fallen Soldiers. Reassures survivors they remain valued members of the Army Family by offering. counseling, support groups, and events within the gamson and surrounding area.

FORT LEAVENWORTH **FMWR**

CHILD AND YOUTH SERVICES

Parent Central and Outreach Services (913) 684-5138

> Youth Sports and Fitness (913) 684-7525

SKIESUnlimited (913) 684-3207

ARMY COMMUNITY

(913) 684-2800

FMP, FAP, ERP, AER, MFLC And much more!

SERVICE

RECREATION

Haney Sports Complex (913) 684-2190

Gruber Gym

(913) 684-5120

(913) 684-3395

(913) 651-8132

Auto Crafts (913) 684-3395

Rod & Gun Club (913) 684-2035

Stables and Horses (913) 684-1703

Stray Facility

(913) 684-4934

Hunt Lodge

(913) 684-1830

BUSINESS OPERATIONS

Strike Zone (913) 651-2195 12th Brick Grille (913) 684-2293

Trails West Golf Course RV Storage & POV Lot (913) 651-7176

(913) 651-7176 **Frontier Conference** Clean Paws Pet Wash

(913) 651-7176 (913) 684-3825







Family of Four (2 adults and 2 children under age 21). Tickets include entrance to the walk, meal, drink, and 12:00 pm registration and sign in

- - Oompa Band from 2:00 4:00 pm.
- 1:00 pm walk begins

Griffin Gardens Greenhouse Opening April 17th!

Wednesday Monday & Friday 0830 - 1030 1330 - 1500



FLH Intro to Fox Hunting

4 Sessions -August 25th, September 8th, September 15th from 12:00 - 2:00pm, and September 21st from 10:00 - 1:00pm (Informal Hunt) at McGuire Hunt Fixture (corner of 251st Street and Bayle Road, Easton, KS)



These two-hour sessions will familiarize prospective fox hunters with the varying terrain of hunt country (open fields, woods, stream crossings, steep slopes, etc.) and focus on learning the basics of fox hunting: huntsman; staff and their duties; hunt attire; hunt tack, basic terminology; and essential rider commands.

English Riders, Competitive Trail Riders, Western Style Riders are welcome!

Point of Contact is Master of Fox Hounds Candy Smith, call or text 913-948-0189, or email info@ftleavenworthhunt.org

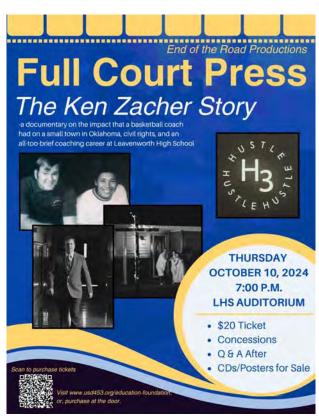


*Please note: Riders should know the basics of riding; these lessons are not meant for beginner riders and riding helmets must be used by all riders.



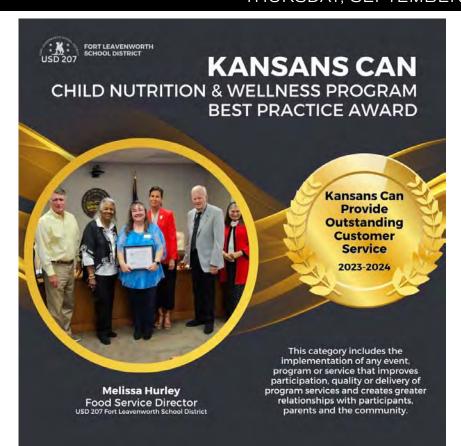
Fort Leavenworth Bicycle Rider Rules

- Wear a helmet that has been approved by the American Society for Testing and Materials or that meets or exceeds the Snell Foundation Safety Standard.
- Don't ride your bicycle on Grant Avenue, use the sidewalk. Always walk your bike through crosswalks.
- You may ride on all sidewalks but should warn pedestrians as you approach (a bell or horn is encouraged) and always yield right-of-way to pedestrians.
- . If you ride during limited visibility (night, fog, rain etc.) you must have a headlight and rear reflector.
- Riding in the National Cemetery is prohibited as well as inside of the golf course.
- Don't wear headphones while bike riding.

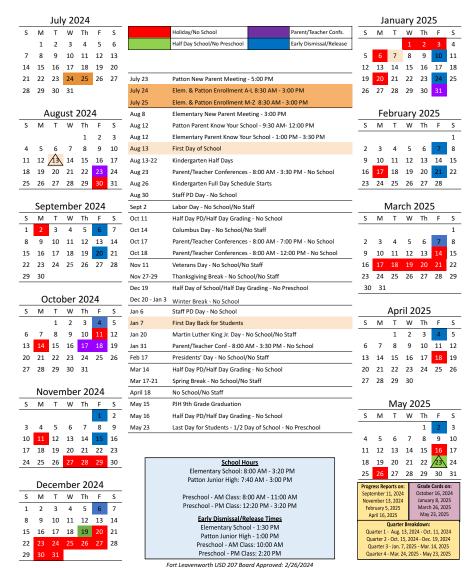


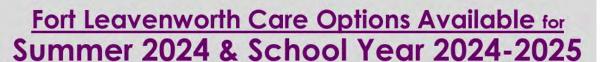






2024-2025 School Calendar







MILITARY **CHILDCARE** © COM

Using MilitaryChildCare.com, you can find comprehensive information on child care programs worldwide, conduct a customized search for the care you need, and submit a request for care at any time and from any location. Follow these four steps!

CREATE ACCOUNT

Go to MilitaryChildCare.com to create an account containing information about your family, or to login using an existing username and password.

SEARCH and REQUEST CARE Search the system for the child care options that best fit your needs and submit your requests for care.

MANAGE MY REQUESTS You can manage your requests for care from

anywhere in the world.

UPDATE MY PROFILE Keep your My Profile page up-to-date with important information.

It's that easy!

MilitaryChildCare.c

call: 855.696.29

weather.gov

Make sure you are requesting the best Care Option(s) for your childcare needs... Go to our <u>CYS Facebook</u> page or <u>FMWR-CYS website</u> to review the:

Fort Leavenworth CYS Care Options & Waitlist Guide

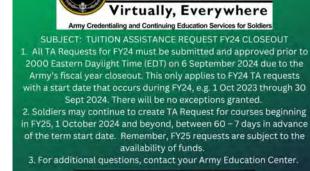






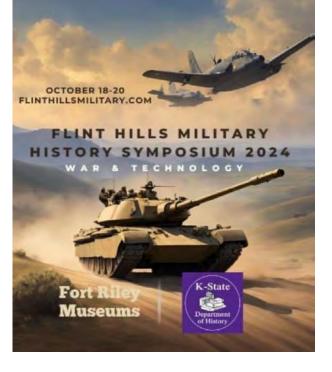








Episode 68 - Leadership Perspectives with Paul LandauerAMSC'.



MUNSON NOTES

- Munson Army Health Center is looking for volunteers to join the **PATIENT AND FAMILY PARTNERSHIP COUNCIL**. Volunteers can be active-duty, active-duty family members, retirees or retiree family members. The PFPC meets quarterly. If interested, call 913-684-6211/6127.
- Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are EL-IGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit https://dvidshub.net/r/8wttlf.



Tornado shelter

Munson Army Health Center Patient Advocates at 913-684-6211/6127



Munson Army Health Center Public Affairs

Munson Army Health Center's basement at 550 Pope Ave. is one of the designated tornado shelters on post.

If a tornado watch is activated after duty hours, Medical Department Activity personnel will open the health center for those needing shelter. The building will remain open until all watches or warnings are lifted.

Visit
https://www.facebook. com/munsonhealth/ for updates
and information.

New provider



Meet new primary care provider, Dr. (Capt.) William Glazier, a family medicine physician who joined the Munson Army **Health Center Team last** month. Glazier previously served as a combat medic in the 1st Ranger **Battalion and was later** accepted into the Uniformed Services University of the Health Sciences to study medicine. After graduation he completed his residency at Martin Army Community Hospital,

Photo by Munson Army Health Center
Public Affairs

Moore, Georgia.

Connect to Protect



September is Suicide Prevention Month, a time to raise greater awareness of resources for Army soldiers, civilians and family members who may need crisis support or want to help someone they know. The Army's Suicide Prevention Month theme for 2024 is "We Are Stronger Together. Connect to Protect." This theme underscores the importance of connecting with people we trust because individuals who have strong, supportive relationships have a lower risk for suicide.

What's New at Munson Army Health Center

