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Spouses' Club awards grants, scholarships at recognition luau

by Dani Lander, Fort Leavenworth Spouses' Club Special Events and Fundraising Board Member/Special to the Fort Leavenworth Lamp

The Fort Leavenworth Spouses' Club closed out the year in style with a luauthemed social May 15 at the Frontier Conference Center, but the real celebration centered around the presentation of FLSC scholarship and grant awards.

The merit-based scholarships are a cornerstone of FLSC's commitment to supporting the educational pursuits of dependents and spouses of sponsors residing within a 40-mile radius of Fort Leavenworth.

Through the tireless efforts of its members and the generosity of the local community and the Fort Leavenworth Thrift Shop, FLSC was able to award a total of \$13,000 in scholarships to four deserving recipients this year.

The selection process was highly competitive, with 18 applicants vying for the coveted awards.

A dedicated panel care-

SEE FLSC RECOGNITION LUAU | AG



Photo by Prudence Siebert/Fort Leavenworth Lamp

High school senior scholarship recipients Benjamin Soyka, Melanie Libby and Courtney Manner and continuing undergraduate scholarship recipient Isabel Williams pose for a photograph for Fort Leavenworth Spouses' Club President Karly Gadell during the FLSC recognition luau, awarding scholarships and grants and thanking the FLSC board and community partners, May 15 at the Frontier Conference Center. The Fort Leavenworth Spouses' Club awarded \$13,000 in scholarships and \$9,000 in grants to community organizations.

USDB commemorates 150 years

by Peter Grande, U.S. Disciplinary Barracks Historian/Special to the Fort Leavenworth Lamp

the fort Leavenworth Lamp

On May 21, the U.S. Disciplinary Barracks, the oldest Federal correctional facility, celebrated the 150th anniversary of the United States Congress approving the establishment of a military prison located on the military reservation at Fort Leavenworth.

The anniversary was commemorated with a three-day reunion full of events May 19-21, with more than 200 current and former staff participating.

More than 190 alumni attended a welcome reception May 19 at the VFW Post 56 in Leavenworth.

Peter Grande, USDB historian and former USDB chief of staff, kicked off the program with a presentation, "The History of the USDB: Changes Over Time," May 20 at the Lewis and Clark Center. Grande cited the USDB's worldwide reputation of being the "Military Center of Corrections Excellence" and traced the military prison's 150- year history, highlighting significant events by decades. The USDB was temporarily transferred to the Federal Prison System twice in its history to relieve crowding. Between 1895-1906, prisoners from Fort Leavenworth built the U.S. Penitentiary - Leavenworth, the first federal prison. The presentation also covered the expansion of the inmate population during wartime, the execution of soldiers and prisoners of war, infamous inmates, and the decision to build the new U.S. Disciplinary Barracks because the "Castle" was no longer structurally sound.

The 56th and current USDB Commandant Col. Kevin M. Payne thanked former USDB commandants, command sergeants major, and staff who returned for the celebration and told them they were the reason why the institution has such a reputation. Eighty-one-year-old retired Col. Forrest



Photo by Prudence Siebert/Fort Leavenworth Lamp

U.S. Disciplinary Barracks Historian Peter Grande, USDB Commandant Kevin Payne, Army Corrections Command Commanding General Maj. Gen. Duane R. Miller and ACC Command Sgt. Maj. Shawn Klosterman unveil the USDB sesquicentennial anniversary plaque during a ceremony May 21 at the Lewis and Clark Center. The plaque will hang in the main entrance hall of the Old USDB.

Chilton IV, former USDB Battalion commander, was recognized as the oldest USDB staff member attending. Don Jauquet, who also attended, served as a first lieutenant, military personnel officer from 1967-1969.

A windshield tour of Fort Leavenworth was provided by George Marcec, Garrison Public Affairs Office. A tour of

the recently renovated USDB Sales Store was a treat for those who remembered the small sales store where the current ITR office is located. The new products produced by the inmates in the vocational training shops are per the

SEE USDB 150TH ANNIVERSARY | A8

■ In lieu of a regular issue next week, the *Fort Leavenworth Lamp* will publish a **MEMORIAL DAY SPE-CIAL SECTION** at https://home.army.mil/leavenworth /about/news.

■ MEMORIAL DAY CEREMONIES are at 9 a.m.

AT A GLANCE

May 27 at the Leavenworth National Cemetery and at 11:30 a.m. May 27 at the Fort Leavenworth National Cemetery.

■ The free **STRONG B.A.N.D.S. DISC GOLF TOURNAMENT** has a staggered start from 8-9 a.m. May 25 at the disc golf course by Camp Conestoga. Call 913-684-5120 to register or for more information.

■ The **COMBINED ARMS RESEARCH LIBRARY WILL BE CLOSED** June 2-8 for carpet cleaning and inventory. Command and General Staff College students' books are due May 30.

Garrison Command Team urges safety, reflection this Memorial Day



by Fort Leavenworth Garrison Commander Col. Duane Mosier and Garrison Command Sgt. Maj. Erika Rhine-Russell

The first national observance of Memorial Day occurred on May 30, 1868.

Then known as Decoration Day, the holiday was proclaimed by John A. Logan, commander-in-chief of the Grand Army of the Republic, to honor Union soldiers who died in the Civil War.

This national observance was preceded by many local ones before the end of the Civil War and before Logan's declaration. Many cities claimed to be the first to exercise such an observance; however, the National Cemetery Administration, a division of the Department of Veterans Affairs, credits Mary Ann Williams with originating the strewing flowers on the graves of Union and Confederate Civil War soldiers.

Official recognition as a holiday spread among the states, beginning with New York in 1873. By 1890, every Union state had adopted it.

In 1971, Congress standardized the holiday as "Memorial Day" and changed its observance to the last Monday in May.

Make it a safe holiday

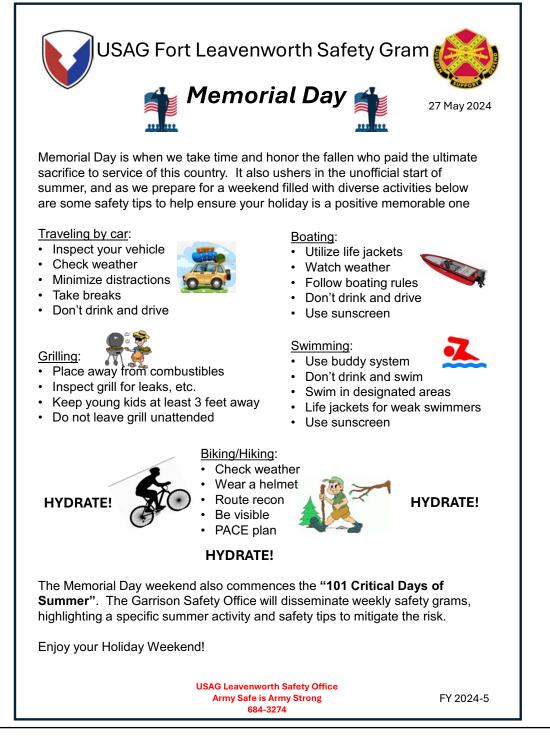
The first holiday of the summer is upon us. We all have various activities scheduled for the weekend, which might include cookouts, picnics, boating, swimming, motor sports, work around the house, etc.

No matter what you have planned, please make safety a part of your weekend. If you are traveling, be careful on the road.

Take a moment to reflect

As you enjoy this holiday, take a moment to reflect on those who came before us and the ones who made the ultimate sacrifice in service to our country.

Have a safe and responsible holiday weekend.



Army G2 warns of exploitation of soldiers, civilians, retirees, family members

Army Team,

tively targeting current and former Army soldiers, civilians, and family members. We have the most capable and well-trained Army in the world. The People's Liberation Army and others want to exploit your skills to improve their capabilities. Adversaries leverage social media platforms to target members of our team. Through these platforms, adversaries request increasingly sensitive information, while using seemingly legitimate organizations to engage from. They are agnostic to rank and position. These factors, and many others increase the risk of U.S. people committing acts of espionage and national security level crimes.

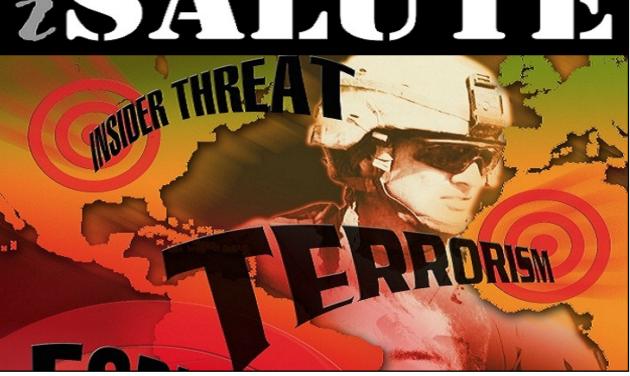
threatening information to members of the Army team Strategic competitors are via online platforms. They sometimes offer dispropor-

Adversaries commonly use two tactics. First, they send requests for employment, white papers, thinktank participation, and other seemingly non-

tionate payment (e.g., \$1,000 for a two-page white paper). Other offers include all-expense-paid travel to China, Hong Kong or Macao. Second, they try to hire our Army professionals, with employment offers potentially coming from what appear to be legitimate consulting firms located in non-threat countries. These may be lucrative offers for outwardly innocuous training tasks and methods.

Accepting these offers improves the capabilities of our adversaries, erodes national security, and puts the safety of our teammates at risk.

If you or someone you know is being targeted or has been recruited, report it to your local counterintelligence professional or subreport via mit а www.inscom.army.mil/iSA LUTE or 1-800-CALL-SPY (1-800-225-5779).



Screenshot from www.inscom.army.mil/iSALUTE

This targeting occurs across all parts of the Department of Defense. We must ensure all our teammates are aware of resources available to protect our force and mission, respond to our adversaries' attempts against us.

We must remain vigilant

to thwart our adversaries, protect our teammates, and ensure our capabilities are protected. We are counting on you.

This We'll Defend!

Anthony R. Hale Lieutenant General, U.S. Army Deputy Chief of Staff, G-2

FORT LEAVENWORTH LAMP

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Skate park behind Post Theater dedicated in memory of DPW employee Cody Clark



Photo by Prudence Siebert/Fort Leavenworth Lamp

After taking a photo on his phone, U.S. Army Reserve 1st Lt. Patrick Clark, City of Leavenworth Parks and Recreation aquatics manager, pauses in front of the new skate park sign honoring his brother, Cody Clark, after a ceremony dedicating the skate park in Cody's memory May 21 at the park behind the Post Theater, formerly known as Holes 'n Rolls, which used to include a miniature golf course. Cody Clark was a Fort Leavenworth Directorate of Public Works employee who was killed in an accident on post Jan. 31, 2023. He was an avid skateboarder and helped design the 20th Street Leavenworth Skateboard Park, which was also dedicated earlier this month in his memory as the Cody James Clark Skatepark.



ABOVE: Environmental Division Chief Dale Cleland retells a story about Cody Clark being keen on moving to Fort Leavenworth as an 11-year-old boy when he learned the post had a skate park, only to discover it had been removed, during the dedication of the Cody Clark Skate Park May 21. The current skate park behind the Post Theater opened in 2009. Directorate of Public Works Chief of Operations Jerry Clark and Cody Clark's father James Clark also spoke at the

USD 207 receives national recognition for commitment to empower students

by Unified School District 207 Press Release

Unified School District 207 announced at the May 20 Board of Education meeting that it has been recognized as a 2023-24 Project Lead The Way (PLTW) Distinguished District for providing broad access to transformative learning experiences for students through its PLTW programs.

PLTW is a nonprofit organization that serves millions of pre-kindergarten through 12th grade students and teachers in schools across the United States.

"USD 207 continues to expand our PLTW offerings to students K-9 based on the success of this hands-on, engaging classroom learning," Deputy Superintendent Dr. SuAnn Grant said. "Whether it is a student at Patton learning to be a 'medical detective' or a kindergartner exploring 'animals and algorithms,' we have experienced that any age of student finds fun in their learning at higher levels through this STEM curricula."

The PLTW Distinguished District recognition honors districts committed to increasing student access, engagement and achievement in their PLTW programs. To be eligible for the designation, USD 207 had to have had 20 percent or more of its students in each grade, kindergarten through ninth grade, participate in a PLTW program during the 2022-23 school year, or each school in the district needed to receive the 2022-23 PLTW Distinguished School award.

Through PLTW programs, students develop in-demand knowledge and skills that they will use both in school and for the rest of their lives, on any career path they take. As PLTW students progress through grades pre-kindergarten through 12th grade, they are empowered to engage in problem-solving and process thinking, develop technical knowledge, build communication skills,



and explore career opportunities. USD 207 offers PLTW Launch (kindergarten through fifth grade) at Bradley, Eisenhower and MacArthur Elementary Schools, and PLTW Gateway (sixth through eighth grades) along with select PLTW Engineering, and Biomedical Science (eighth and ninth grades) at Patton Junior High School.

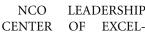
"We are honored to recognize USD 207 for their commitment to providing students with exceptional educational experiences while ensuring equitable access to PLTW programs," said Dr. David Dimmett, PLTW president and CEO. "We congratulate them on this achievement and celebrate their dedication to empowering students with the knowledge and skills to succeed, not only in STEM subjects, but also preparing them for future careers and life beyond the classroom."

For more information about PLTW's Distinguished Program Recognition, visit https://www.pltw.org/pltw-program-recognition.

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Army eliminates Distributed Leader Course

by Bill Ogletree/Director of Training and Education, NCO Leadership Center of Excellence





ELIMINATION OF DISTRIBUTED LEARNING

LENCE, FT. BLISS, Texas -The Army is eliminating the requirement for all enlisted soldiers to complete the Distributed Leader Course (DLC I-VI) no later than Oct. 1, 2024.

DLC, formerly known as Structured Self-Development (SSD), has been a prerequisite for attendance to resident NCO Professional Military Education (PME) since its fielding in 2010.

In October 2023, The Army Chief of Staff directed the U.S. Army Training and Doctrine Command to "present options to eliminate and/or significantly reduce online training requirements prior to (resident) PME."

This requirement initiated a comprehensive review of all Distributed Learning Prerequisite (DL-P) requirements across the TRADOC enterprise. DL-P is defined as distributed learning required prior to acceptance and attendance of a PME Course.

The Army originally developed SSD (now DLC) in 2010 to bridge the operational and institutional domains and set conditions for continuous growth and lifelong learning. The current DLC courses were developed and updated in 2017 and fielded in 2019. The DLCs are prerequisites for resident PME courses and part of the Select, Train,

NCOPDS (ACTIVE, GUARD, RESERVE)

Distributed Learning Courses I-VI (formerly Structured Self Development) are discontinued effective immediately

- Virtual Common Core training associated with ALC/SLC will remain unchanged
- Soldiers currently working on DLC do not have to complete the training
- Soldiers who have not started the training will not be required to start

CAPTAINS CAREER COURSE

Distributed Learning Pre-Req is discontinued effective immediately



COMMAND AND GENERAL STAFF OFFICERS COURSE

"P920" discontinued effective immediately

* The Director of the Army National Guard will provide guidance on all U.S. Army National Guard promotion policy.* * The Chief of Army Reserve will establish and publish implementation instructions for the U.S. Army Reserve.*

U.S. Army graphic by Sarah Hauck

U.S. ARMY

The Army is eliminating the requirement for all enlisted soldiers to complete the Distributed Leader Course (DLC I-VI) no later than Oct. 1, 2024. DLC, formerly known as Structured Self-Development (SSD), has been a prerequisite for attendance to resident NCO Professional Military Education (PME) since its fielding in 2010.

Educate, and Promote policy within the NCO Professional Development System.

In 2010, TRADOC's Institute of NCO Professional Development launched Structured Self-Development Courses, levels 1-5. These courses were a result of two main decisions the Army made during the Global War on Terrorism. The first was to fill an educational gap due to the phasing out of NCO Common Core curriculum from the proponents' Basic Noncomissioned Officers Course (BNCOC), now the Advanced Leaders Course (ALC), and the Advanced Noncomissioned Officers Course (ANCOC), now the Senior Leaders Course (SLC), which were backfilled with military occupation specialty-specific technical and tactical tasks subjects in support of the Global War on Terrorism.

Secondly, in 2010, TRADOC published the Army Learning Concept for 2015, changing the focus of the Army's Learning Model to better meet the needs for the "soldier of 2015-2020." This new learning model would blur the lines between the Operational Army and the Generating Force by meshing self-development, institutional instruction and operational experience. It also laid out how SSD was going to be implemented for all NCOs and how it will meet the needs of the Army Force Generation cycle.

DLC I is currently a requirement prior to attending the Basic Leader Course, DLC II prior to Advance Leader Course, DLC III prior to Senior Leader Course, DLC IV prior to the Master Leader Course, DLC V prior to Sergeants Major Course, and DLC VI prior to the Nominative Leader Course. The same topics in DLC are covered again, more in depth, in the follow-on resident PME course. DLC was the theory in preparation for the application of the same topics once in resident NCO PME.

After careful consideration and a lot of analysis, the Army determined that there would be little to no negative impact to resident NCO PME learning outcomes if all six levels of the DLC were discontinued.

Headquarters, Department of the Army-G1 will release an exception to policy to remove the 8K bar (failure to complete required training) for those soldiers currently flagged for not completing the prerequisite DLC training. Removal of the 8K bar to continued service for failure to complete required SSD/DLC training opens potential for reenlistment/ reclassification to more than 14,000 Regular Army soldiers as of March 2024.

Water company to perform system maintenance in June

by American Water Press Release

As part of the distribution system (pipeline) maintenance program, American Water will be temporarily changing its disinfection treatment process at Fort Leavenworth from a chloramine (combined) residual to free chlorine residual.

Customers might notice an increase in the taste and smell of chlorine in the water as a result of the change.

This will only be temporary while American Water completes this system maintenance.

The free chlorine residual treatment change will take place throughout the month of June 2024.

Weather permitting, American Water will also be flushing fire hydrants throughout the month of June.

Discolored water might occur during flushing in post neighborhoods. This is normal and will only be temporary while American Water completes this necessary system maintenance.



Frequently asked questions and answers

Q: Why is the treatment process change and hydrant flushing needed? A: It allows American Water to perform

necessary maintenance on both its treat-

ment and distributions systems. Q: Is this an approved method of treatment?

A: Yes. Both are approved methods of disinfection by the Kansas Department of Health and Environment.

Q: Is the water safe to drink?

A: Yes. As always, American Water will continue to monitor the water quality to ensure that it meets or surpasses all federal and state drinking water standards.

For more information, call 913-758-9272.

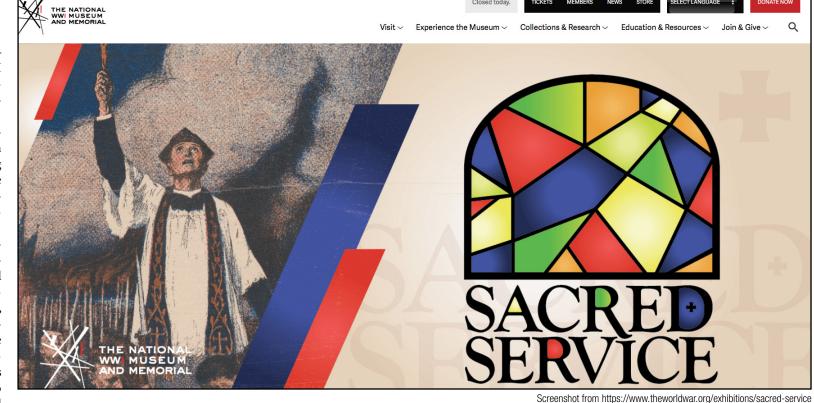
"Sacred Service" exhibition opens at National WWI Museum

by National World War I Museum and Memorial Press Release

KANSAS CITY, Mo. – The National World War I Museum and Memorial announced its newest exhibition, Sacred Service.

Sacred Service highlights the chaplains from many faiths and fighting nations in WWI whose service provided friendship, compassion and spiritual guidance.

With hundreds of thousands enlisting to fight, religious guidance and leadership become priorities, and rabbis, pastors, monks, imams, priests answered the call. Many were as unprepared for the horrors of war as the soldiers they served, yet strove to



"The individual stories of WWI highlight what ordinary people were experiencing during WWI. Sacred Service is a true and personal look into the experience of chaplains and the importance of faith, compassion and friendship during one's bleakest hour," said Matt Naylor, president and CEO of the National WWI Museum and Memorial.

Guiding visitors on a journey through the physical and spiritual environment of war, Sacred Service incorporates artifacts, film, images, first-person accounts and, for the first time, interactive 3D digital models. Select objects in Sacred Service will be accompanied by a QR code that leads guests to the digital platform Sketchfab to view the object in 3D. The technology allows an individual to maneuver the object in a digital environment, in some cases even flipping it over so see the bottom or back, otherwise not visible in the exhibition.

Admission to Sacred Service is included in a general admission ticket. A variety of engaging programs will support the exhibition. Stay tuned to theworldwar.org for more information. Sacred Service is made possible through generous support from Lilly Endowment Inc., the City of Kansas City, Missouri Neighborhood Tourism Development Fund and by donors to the National WWI Museum and Memorial.

About the National WWI Museum and Memorial

The National WWI Museum and Memorial is America's leading institution dedicated to remembering, interpreting and

understanding the Great War and its enduring impact on the global community. The Museum and Memorial holds the most comprehensive collection of World War I objects and documents in the world and is the second-oldest public museum dedicated to preserving the objects, history and experiences of the war. The Museum and Memorial takes visitors of all ages on an epic journey through a transformative period and shares deeply personal stories of courage,

honor, patriotism and sacrifice. Designated by Congress as America's official World War I Museum and Memorial and located in downtown Kansas City, Missouri, the National WWI Museum and Memorial inspires thought, dialogue and learning to make the experiences of the Great War era meaningful and relevant for present and future generations. To learn more, visit theworldwar. org.



THURSDAY, MAY 23, 2024 FLSC recognition luau (continued from Page A1)

fully reviewed each application, ultimately selecting the four winners.

High school senior scholarship recipients:

• Benjamin Soyka plans to attend the University of Minnesota - Twin Cities, to pursue a degree in computer science.

• Melanie Libby is headed to the University of Missouri, with a focus on strategic communications and a minor in environmental science.

 Courtney Manner will be studying microbiology at the University of Wisconsin-Madison.

Continuing undergraduate recipient:

• Isabel Williams will continue her studies in robotics engineering at Michigan Technological University's College of Engineering.

The FLSC scholarship awards not only recognize the academic achievements of these outstanding individuals, but also underscore the club's dedication to investing in the future of the Fort Leavenworth community. As the organization looks ahead to another year of service and support, the impact of these scholarships will undoubtedly be felt for years to come.

Community grants

FLSC was also able to award \$9,000 in grants to several local community organizations. Recipients included the Alliance Against Family Violence, Leavenworth County Council on Aging, Stronghold Food Pantry and The Deeper Window Association, as well as several other area organizations.

The club's ability to award a record amount in scholarships and grants this year was made possible through the generosity of its members and the local community, as well as the hard work of those involved in fundraising efforts throughout the year.

The Fort Leavenworth



Photo by Prudence Siebert/Fort Leavenworth Lamp

Julius Quimpo III, executive chef at the Frontier Conference Center, slices a whole roast pig as Fort Leavenworth Spouses' Club recognition luau attendees begin going through the buffet line May 15 at the Frontier Conference Center. FLSC board members and community partners were thanked at the luau, and \$13,000 in scholarships and \$9,000 community grants was awarded.





LEFT: Ben Soyka, recipient of a \$4,000 Fort Leavenworth Spouses' Club scholarship, and BELOW: Peter 16-year-old lm, Logan Mosier and FLSC International Liaison Anne Vaillancourt from Canada mimic the moves performers of from the Hula Hale O'Kiakahi dance group as the dancers teach FLSC luau atten-Hawaiian dees dances May 15 at the Frontier Conference Center.



cated to supporting the military community and giving back to the local area. Through its scholarship and grant programs, the club invests in the education and well-being of military dependents and the surrounding commu-



Photo by Prudence Siebert/Fort Leavenworth Lamp

Fort Leavenworth Spouses' Club recognition luau attendees listen as FLSC board members and community partners are thanked and scholarship and community grant recipients are announced May 15 at the Frontier Conference Center.

FLSC recognition luau (continued from Page A6)



Elaine Belardo tells luau attendees about the dementia care and support organization The Deeper Window Association, which she founded with her husband, retired Navy Rear Adm. José Belardo after he was diagnosed with early onset Alzheimer's, as Fort Leavenworth Spouses' Club President Karly Gadell thanks community partner organizations and announces recipients of FLSF community grants during the FLSC recognition luau May 15 at the Frontier Conference Center.



Fort Leavenworth Spouses' Club 2nd Vice President and Armed Forces Insurance Fort Leavenworth Spouse of the Year Vince Afaisen is awarded the "Military Spouse of the World" award in jest from FLSC President Karly Gadell during the FLSC recognition luau May 15 at the Frontier Conference Center.



Photos by Prudence Siebert/Fort Leavenworth Lamp

Anca Geana from Romania dances with the Gladstone, Missouri-based dance group Hula Hale O'Kaikahi during the Fort Leavenworth Spouses' Club recognition luau May 15 at the Frontier Conference Center.



frontierccu.org (913) 651-6575









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USDB 150th anniversary (continued from Page A1)

guidelines of the Bureau of Apprenticeship, Department of Labor. Products from welding, embroidery, textiles, wood and graphic arts have been made to include the USDB 150th theme design.

Facility tours of both the Old U.S. Disciplinary Barracks and the new facility, which opened in 2002 on land that was once the USDB Farm, were sentimental for those returning to where they worked and being able to share the experience with friends and family members.

It was particularly special for 12 former commandants to tour and see the programs and projects they initiated and to see the vast improvements over the years. Retired Brig. Gen. Colleen McGuire, the first female commandant of the USDB, transitioned the staff, equipment and inmates to the new USDB in 2002.

A walking tour of the Old USDB was conducted by former senior NCOs who worked behind the walls. The tour was a highlight for many USDB alumni, who reminisced about working in the building known as the "Castle".

The day ended with a dinner at the 35th Infantry Division Headquarters, featuring the famous barbecue of the Kansas City area.

On May 21, a plaque dedication ceremony was conducted in the Lewis and Clark Center. The ceremony was hosted by Maj. Gen. Duane R. Miller, commanding general of Army Corrections Command and provost marshal general. The USDB sesquicentennial anniversary plaque will hang in the main entrance hallway of the Old USDB.

USDB retirees, staff and their families, Kansas legislators, and representatives from the Combined Arms Center, Fort Leavenworth Garrison, Federal Bureau of Prisons, Navy Corrections and Army Corrections were among those who attended the unveiling.

Ceremony narrator Charles Davis himself a former military occupational specialty "95 Charlie" - read a recognition letter from Kansas Governor Laura Kelly and a proclamation from City of Leavenworth Mayor Griff Martin, as well as letters of congratulations from CAC Commanding General Lt. Gen. Milford H. Beagle Jr., and CAC Command Sgt. Maj. Stephen Helton, and Miller and ACC Command Sgt. Maj. Shawn Klosterman.

"We restructured an old system that hindered our core mission - corrections. This is a task uniquely suited for our MP professionals, and now they can perform it more efficiently, upholding the high standards of professionalism the Army, DoD, and our country expects," Miller said, referencing the redesignation from the 40th Military Police Battalion (Detention) to the USDB Battalion (Corrections) in March 2023.

A tour of the Lewis and Clark Center was eye-opening for those who attended the Command and General Staff Officer Course in Bell Hall. The state-of-art classrooms and historical displays were reminders of the important of military education.

The final event was a reception hosted at the USDB commandant's quarters, which has been the quarters for all 56 former commandants.





Photos by Prudence Siebert/Fort Leavenworth Lamp

ABOVE: Retired 1st Sgt. Michael Jones leads a tour group through the grounds of the Old U.S. Disciplinary Barracks May 21, starting outside 12th Brick Grille.

LEFT: U.S. Disciplinary Barracks Historian Peter Grande welcomes guests to the sesquicentennial anniversary plaque ceremony May 21 at the Lewis and Clark Center.

Adopt a Pet!

Buddy is an 18-month-ol male boxer/great Dane mix currently available for adoption at the Fort Leavenworth Stray Facility. He has already been neutered, vaccinated and microchipped, which are included in his \$110 adoption fee.

The facility is currently closed for repairs, but adoption appointments can still be arranged. Call 913-684-4939 to schedule an appointment.

The facility is normally open from 11 a.m. to 4 p.m. Monday, Wednesday and Friday and 9 a.m. to noon the second Saturday of the month.

Visit FLSF.petfinder.com for additional Fort Leavenworth Stray Facility information and to see pets currently available for adoption. E-mail fortleavenworth strayfacility@gmail.com for an adoption application.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed. To apply to volunteer with the Fort Leavenworth Stray Facility, enter ZIP code 66027, then search for "stray animal facility" at https://vmis.army familywebportal.com/.



CLOSED FOR REPAIRS

We apologize for the incovinience





Photo by Prudence Siebert/Fort Leavenworth Lamp

International military student sponsors still needed

Personal, professional enrichment found by volunteering with Fort Leavenworth Sponsor Program

by David M. Bornn/International Military Student Division, Command and General Staff College

The Fort Leavenworth International Military Student Office Field Studies Program is currently recruiting military (O4 and above) and civilians (GS9/WG6/NAF4 and above) to become local American ambassadors to the international military students invited to the United States to attend the worldrenowned Command and General Staff College.

Your personal experience, love of culture and passion for friendship are what make you a highly qualified and capable candidate to become a Fort Leavenworth sponsor. Your service as an international military student's sponsor will be vital to the Department of State and Department of Defense' Security Cooperation programs here at Fort Leavenworth and will have impacts to our nation's strategic mission for generations to come. This opportunity has benefitted thousands of members of the Fort Leavenworth community, professionally building cultural empathy and understanding, as well as enhancing the families' experience through relationships

created with international military students and their families. These relationships prove to be mutually beneficial for many decades after sponsoring and provide sponsors with friends around the world.

There will be 130 international military students from 104 countries from every combatant command attending the Command and General Staff Officer Course Class of 2025. The Department of Defense and U.S. Army commits to supporting these international military students, and their authorized accompanying family members, through a formal U.S. sponsor program executed by the International Military Student Division Field Studies Program. This robust sponsorship program, unique to Fort Leavenworth, consists of three sets of sponsors for each international military student and is considered the "gold standard" of sponsor programs across the Department of Defense.

The first set of sponsors in this storied program is the "Fort Leavenworth Sponsor," comprised of uniformed military officers major and above, civilians GS9 equivalent and above, government contract personnel and on-post retirees. IMSD directly recruits, trains, and manages the Fort Leavenworth Sponsors as part of the Department of Defense-directed Field Studies Program.

There are two additional sets of sponsors that round out the "sponsor team" so our Fort Leavenworth volunteers in this program will not be alone in this opportunity. The program is supported by the organizations Operation International — a committee of the Leavenworth-Lansing Area Chamber of Commerce, which provides the local civilian "Leavenworth/Lansing Sponsors" — and the Greater Kansas City Chapter of People to People International, which provides the regional "Kansas City Sponsors."

This opportunity would require volunteers to support the incoming international military students during their first month at Fort Leavenworth when they arrive in mid-June by helping integrate the international military students into the post and the local community with your sponsor team.

Sponsor volunteers would also be a partner with the students, as needed and when possible, throughout the year they are here. Volunteers would ensure that the international military students have a safe and friendly atmosphere socially, as well as be an example of the American way of life while here in the United States. During the one year with the international military student, sponsors will attend one sponsor welcome briefing in May to onboard and provide all with the most up-to-date information; one sponsor team and international military student integration icebreaker in July, which helps facilitate the meeting with all three sponsor families and the international military student (with family, if present); one special event from the following three (Fall Food Fair international potluck event in October, holiday dinner dance/military formal event in December, or the Spring Food Fair international potluck event in March); and a sponsor recognition event at the end of May. Additional events that sponsors are invited to attend are the opening day flag ceremony in August, the five "Know Your World" cultural engagements presented throughout the school year, and the International Badge Ceremony and CGSOC graduation in June.

Many sponsors and their families stay connected with their international military student beyond their time here in the United States. Sponsor families can create lifelong friendships that provide impactful experiences for generations after sponsoring.

Sponsors are also recognized for their service, and many of the sponsors earn emeritus status, with some exceeding 45 years of sponsoring. They all started as a Fort Leavenworth Sponsor while on Active, Army Reserve and National Guard duty and/or as a DA civilian or DoD contractor. You could be the next one!

Please consider being a part of the sponsorship family at Fort Leavenworth this year.

Contact David M. Bornn Jr., IMSD Field Studies Program, at 913-684-7323 or david.m. bornn.civ@army.mil if interested in sponsoring, with any questions about the Fort Leavenworth Sponsor Program, or for more information about country availability and the process to become a future U.S. Sponsor Ambassador at Fort Leavenworth.







The International Military Student Division is Welcoming CGSOC - Class AY 24 US Sponsor Families to Volunteer Today





Please Contact: Mr. David M. Bornn (913) 684-7323 david.m.bornn.civ@army.mil

View current issues and archives of the FORT LEAVENWORTH LAMP at https://home.army.mil/leavenworth/about/news. Sign up to receive a reminder when a new issue is posted by e-mailing USARMY.LEAVENWORTH.ID-TRAINING.MBX.PAO-INBOX ARMY.MIL.

Faith club + huge plastic bubble + paint =

Photos by volunteers Tiffany Herring and Brittney Jackson

PCSing vs. non-PCSing students battle in the Fort Leavenworth Campus Life Military end-of-year paint wars "clubble" event May 15 by Harrold Youth Center. The term "clubble" comes from combining the youth group-like club with a 50-foot by 20-foot bubble made out of plastic and duct tape and blown up with fans, and adding about 13 gallons of paint for tug-o-war, a dance party, multiple paint battles and a free-for-all.





Clubble participants Bentley Dean, Caedmon Watson, Isaac Post, Sawyer Grabill and Ewan Jackson.



Clubble participant Carli Collins smiles through layers of paint during the Campus Life Military end-of year event May 15 by Harrold Youth Center. Ministry Director Samantha Odle said the clubble event provides "students with a unique and memorable experience to remember Campus Life Military when they leave Fort Leavenworth; create a fun environment where students, small groups and small group leaders can bond and create memories together before a lot of the students PCS; and for our volunteer leaders to have more building time with the students they've been with all school year."

Clubble participants Audrey Lincon, Emmalyn Pankratz, Krista Moen, Catherine Livingston and Carli Collins.





ABOVE: Seventh-graders pose at the end of the clubble paint wars May 15 inside the plastic bubble contructed for the event outside Harrold Youth Center.

LEFT: Emma Parenti, Emma Fanning, Aubrey Watson, Grayson Yurisich, Leader Riley Winter, Isis Joel and Maple Suchomski join other Campus Life Military clubble participants for paint-wars-themed events inside a plastic bubble constructed for the end-of-year event May 15 by Harrold Youth Center.

"Our vision is that all military-connected youth can be engaged in authentic Christ-sharing relationships, regardless of where their families serve, and our mission is to engage military-connected youth in authentic Christ-sharing relationships through the Campus Life Military ministry model, and help other (Youth For Christ) chapters train and equip their staff to do the same," Ministry Director Samantha Odle said. "As a chapter, we partner with local chaplains, churches, schools and other like-minded organizations to reach military-connected youth through unconditional, authentic Christ-sharing relationships. We also help other YFC chapters do the same at military installations close to them.





The Fort Leavenworth Lamp welcomes parttime volunteer **REPORTERS** and **INTERNS**!

Flexible schedule, great way to learn about the community and excellent opportunity to add quality content to a professional portfolio. Experienced journalists preferred but training/mentorship provided if interested in learning the skills required.

Apply for the "Fort Leavenworth Garrison Public Affairs Assistant" position on the Volunteer Information Management System at https://vmis.armyfamilywebportal.com. E-mail ftlvlampeditor@gmail.com for more information.





May 25 · Disc Golf Tournament 8AM - 2PM · Disc Golf Course

erson team plays 18 holes, best shot rules

The two-person best shot format will be used. Both players throw from each lie (starting with the tee shot), then the team chooses which of the resulting lies to continue play from, until the hole is completed.

For score integrity purposes, each team is required to keep the score of their opposing twosome Teams will be sent onto the course with another team and will keep scores for both their own team and the opposing team. Any team that does not participate with an opposing team will not be eligible to win the tournament.

Prizes will be given out for 1st, 2nd, and 3rd place.

Staggered start from 0800-0900.

Registration is required and can be done at Gruber Fitness Center or by calling, (913) 684-5120

FREE event!

#STRONGBANDS **COMMIT-STAY FIT!** ArmyMWR.com/STRONGBANDS









May 1 - May 31 • Walk/Run Athon **Gruber Fitness Center and Harney Sports Complex**

Participants will track the amount of miles they walk or run when using any of the treadmills at Gruber Fitness Center or Harney Sports Complex throughout the month of May.

The person who runs/walks the most amount miles for each division will be the winner. Divisions will be as follows:

Male: 18-39, 40-64, and 65+ Female: 18-39, 40-64, and 65+

Miles only count if done at Gruber or Harney. Staff may ask to look at milage on treadmill to verify amount submitted.

Sign up for this FREE event any day in the month of May.

For more info: (913) 684-5120

COMMIT-STAY FIT!

#STRONGBANDS ArmyMWR.com/STRONGBANDS

Father/Daughter Tea Party

June I // IPM - 4PM Frontier Conference Center Ballroom

> June is Dads Make a Difference Month and Family Advocacy Program is hosting a Father/Daughter Tea Party!

The event is for Dads to have fun with their Daughters and courage continued quality activities

Recommended for 10 and under.

Dress is business casual. Get out the Sunday outfits or Dress Blues.

Planned activities for Father/Daughter to share, Tea Time, and take home surprises.

> Registration is required and must be done by May 24th.

> > Info: (913) 684-2822

ACS



FT. LEAVENWORTH EDUCATION CENTER



JUNE 3, 2024, 3:00 PM 100 STIMSON AVE. FT LEAVENWORTH, KS

SERVICE MEMBERS, DEPENDENTS, VETERANS, AND OF EDUCATION ARE WELCOME TO PARTICIPATE.

PLEASE REGISTER FOR ATTENDANCE BY MAY 10, 2024. USARMY, LEAVENWORTH, USAG, MBX, EDUCATION@ARMY, MIL TO RECEIVE AN APPLICATION.

Outdoor Pool Passes for sale at Harney Sports Complex front desk available beginning 16 May.

Family of 4 - Full Season Pass: \$150.00 Valid: 24 May 2024 - 2 September 2024

Family of 4 - Half Season "A" Pass: \$75.00 Valid: 24 May 2024 - 7 July 2024

Add an extra family member pass to either above option for **\$25.00

1 Person - Full Season Pass: \$75.00

Valid: 24 May 2024 - 2 September 2024

Individual Daily Fee: \$5.00

First Day of operations for the Outdoor Pools will be 24 May 2024 from 3pm-6pm.





Fort Leavenworth Sponsors Civilians WG6/NAF4/GS-9

and Permanent Party Military MAJ's and Above

The International Military Student Division is Welcoming CGSOC -Class AY 24 US Sponsor Families to Volunteer Today







Please Contact: Mr. David M. Bornn (913) 684-7323 david.m.bornn.civ@army.mil

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
0630-0800	Breakfast/Arts	Breakfast/Arts	Breakfast/Arts	Breakfast/Arts	Breakfast/Arts
Arrive by:					
0800-0900		Team Building	Mr Enviroment Guy	Outdoor Play or Bike Riding	Whiffle Ball
0900-1030	CLOSED	Union Station	Buiding Boats	Working on our Boats	Smithville, Fishing Swimming, Grilling Sailing our Boats
1030-1200	• 1	Ļ	Balloon Car Racing Contest	Leave for Cool Crest Family Fun Center	
1200	memorial DAY	LUNCH	LUNCH	LUNCH	LUNCH
1300-1400	\approx		Grant Pool	Cool Crest Family Fun Center	
1400-1500					
1600-1615		Snack	Snack	Snack	Snack
1615-1700		YS Activities	YS Activities	YS Activities	YS Activities
1700-1800		OPEN REC	OPEN REC	OPEN REC	OPEN REC

nd tennis shoes daily. Any question please call 913-684-5118 or 513



REGISTRATION IS NOW OPEN! One month. Three exciting career-boosting events.

MAY 14 TO 16 Virtual Military Spouse Symposium MAY 21 TO 23 SECO Webinars and Workshops MAY 29 TO 30 MSEP Virtual Hiring Fairs

https://myseco.militaryonesource.mil /portal/events/live/virtual-militaryspouse-symposium-2024



-- PCS'ing --We pick up & find homes for

Pantry/food items

cleaning supplies

toiletry items

To homeless shelter, food pantries, needy families

Pam Meier: 913-306-5108



POC Elder Hank Young 816.582.5191 hankyoung711@yahoo.com



FORT LEAVENWORTH LAMP

THURSDAY, MAY 23, 2024





STRONGHOLD DISTRIBUTION & HAPPY BOTTOMS

By Appointment Only www.strongholdfoodpantry,org

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2 Happy Bottoms 8:30-10:30	3	4
5	6 DONATIONS 12:00-2:00	7	8 PANTRY 11:00 -1:00	9 Happy Bottoms 8:30-10:30	10	11
12	13 DONATIONS 12:00-2:00	14 Stronghold U 9:00-10:00	15	16 Happy Bottoms 12:30-2:30	17	18
19	20 OPEN PANTRY 12:30-2:00	21	22 PANTRY 11:00 -1:00	23	24	25
26	27	28 Happy Bottoms 11:00-12:30	29 PANTRY 11:00 - 1:00	30	31	



STRONGHOLD FOOD PANTRY VOLUNTEERS **NEEDED!**

Interested?

Call us at (913)303-8105 or send us an email at contact@strongholdfor

WE NEED HELP WITH:

 Processing donations Packing distribution goods Distributing groceries Bookkeeping

519024 MWR Every 2nd Tuesday from 9am - 10am

@ The EFMP Playground (through the month of October 2024)

Come out and get to know other EFMP Families while the kids play! Every month there will be a NEW and EXCITING activity for the kids! Open to EFMP Families only.

Activities*

May- Chalk Art June- Art Easels July- Popsicles August- Bubbles September- Juice Boxes October- Pumpkin Decorating *Subject to change

Oct 5

Nov 2

Dec 7

Jan 4 Feb 1 Mar 7

Apr 4 May 2

Jun 6

Enjoy light

refreshments, a

delicious drink of the month, and

great conversation!

WWW.STRONGHOLDFOODPANTRY.ORG

 Website Administration Diaper Distribution

Donation pickups

Registration is required the Friday before the event. Call 913-684-2871 or 913-684-2800 for more info



EFMP RECREATIONAL Need to talk to someone who "gets it"? Come join your fellow EFMP Spouses for "Refreshing Conversations" **NW** Let's talk about the topics that impact our EFMP community! Every first Saturday of the month Every first Thursday of the month 12:00pm - 2:00pm @ the ACS classroom Strike Zone Bowling Center in The Resiliency Center 165 Fourth St 10:00 am - 11:00 am Meet other EFMP families! EFMP Recreational Bowling is a fun way to socialize, and sharpen fine motor skills. All ages welcome! FREE for the entire family including shoes! Bumpers, bowling ramps, and lightweight bowling balls are available. MWR gistration is required the Wednesday before the event. Call **913-684-2800** for more info or to register 53 MWR ACS EFMP Please register by calling 913-684-2800 or 913-684-2871 **VOLUNTEER BASICS** C JAN 10 • MARCH 13 • MAY 15 • JUNE 26 • AUG 28 • SEPT 4 ACS CLASSROOM . 600 THOMAS AVE. POWFRED BY TIME: 12PM - 1PM 🙆 👗 🏔 DO YOU WANT TO MAKE A DIFFERENCE IN OUR COMMUNITY? IF SO, THEN BE SURE TO CHECK OUT VOLUNTEER BASICS, LEARN ABOUT VOLUNTEER OPPORTUNITIES ON FORT LEAVENWORTH AND IN THE COMMUNITY. PARTICIPANTS WILL LEARN THE BENEFITS OF VOLUNTEERING AND HOW TO PROPERLY LOG HOURS INTO THE VOLUNTEER MANAGEMENT INFORMATION SYSTEM (VMIS).

REGISTRATION IS NOT REQUIRED, JUST SHOW UP.

INFO: (913) 684-2835

FUN & RELAXATION

Explore new hobbies in your free time with on-post events & recreation activities in the **Digital Garrison App!**



Hunger Buster Do you have a school aged child that could use a pack filled with breakfast, lunch, and snack goods to help them sustain a healthy active lifestyle over school break?

Bring your pack back for a REFILL or register online to pick up your pack.

STRONGHOLD FOOD PANTRY re than a food pantry.

MWR



May, June & July **Kids Arts & Crafts**

Messy Art

\$12 per class

Ages 4 - 6

Friday May 10 10:30am - 11:30am 12:30pm - 1:30pm

Tuesday June 11 12:30pm - 1:30pm

Friday June 14 10:30am - 11:30am

Tuesday July 9 12:30pm - 1:30pm

Friday July 12 10:30am - 11:30am

Ages 7+

Thursday May 16 11am - 12pm

Thursday June 20 11am - 12pm

Thursday July 18 11am - 12pm \$10 per class

Parent & Toddlers

Color Me Happy

Thursday May 9 10:30am - 11:30am

Thursday May 30 10:30am - 11:30am

Thursday June 13 10:30am - 11:30am

Thusday June 27 10:30am - 11:30am

Thursday July 11 10:30am - 11:30am

Thursday July 25 10:30am - 11:30am



scan for more info

Call now to register! 913-684-3373



Summer Studio Days \$15 per class

Kids Ages 6-11 **Tuesday - Friday** July 30 - August 2 10:30am - 11:30am

Youth Ages 12+ **Tuesday - Friday** July 30 - August 2 1pm - 3pm

Need to beat the summer heat? Come to the Studio!

Kids Arts & Crafts

Crafts

\$20 per craft

Mother's Day Gift Flower Pots & Cards Friday May 3 2:30pm - 4pm

Father's Day Gift Mosaic Coaster & Card Wednesday June 5 10:30am - 12pm





Cost includes all supplies!

Come see what's new at the Studio!

Art History

\$15 per class (ages 7+)

Rice Krispies & Rembrandt Wednesday May 15 12:30pm - 2:30pm Thursday May 16 4pm - 6pm

Rocket Pops & Ross Tuesday June 18 11am - 1pm Wednesday June 19 1pm - 3pm

Cookies & Carle Tuesday July 16 11am - 1pm Wednesday July 17 1pm - 3pm

MWF

leavenworth.armymwr.com

May, June & July

Watercolor

Workshops

\$25 per workshop

Watercolor (Basic Techniques) Thursday, May 16 Tuesday, July 9 6:30pm - 8pm

Watercolor (Florals) Thursday May 30

Watercolor by the Lake (plein-air) Thursday June 20 9am -10:30am

Cost includes all supplies!



OPEN STUDIO

Hours 10am - 5pm T - F

ModernCalligraphy=

Basics

\$20 per class

Tuesday April 30 12:30pm -1pm

Wednesday July 10 10:30am - 12pm

Special Projects

Intermediate

\$20 per class

Tuesday May 7 12:30 - 2pm

Wednesday July 17 10:30am - 12pm



May, June & July Workshops

Acrylic

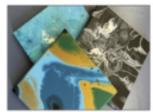
\$35 per class

Acrylic Painting (Fawn) Tuesday May 14 6pm - 8pm

Acrylic Pour Wednesdays May 22 June 26 12:30pm - 2:30pm

Acrylic Painting (Water Lilies in Pond) Friday July 19 10:30am - 12:30pm

Acrylic Pour Tuesday July 23 1pm - 3pm



Call now to register! 913-684-3373



Crafts

Wooden Welcome Sign Friday July 26 11:30am - 1:30pm

Patriotic Wooden Panel Tuesday June 4 12:30am - 2:30pm





scan for more info



June 14 6pm - 8pm

Flamingos Friday July 12 6pm - 8pm

Cost includes all supplies!



Come see what's new at the Studio!

May 2024

New Parent Support Program

Stroller Walk Tuesdays, 10:00am - 11:00am

Play Morning Thursdays, 9:00am - 10:00am & 10:00am - 11:00am Resiliency Center

Childbirth Class May 6, 13, & 20, 5:00pm - 7:00pm Resiliency Center, Room 157

Dad's Night Out May 22, 6:00pm - 8:00pm Restaurant is TBD

Mom's Night Out May 29, 6:00pm - 8:00pm Restaurant is TBD

Exceptional Family Member Program



Family Advocacy

Scream Free Marriage & Parenting May 1, 1:00pm - 2:30pm Resiliency Center, Room 145

Muffins With Mom May 3, 2:00pm - 4:00pm EFMP Playground

5 Love Languages of Teenagers May 8, 1:00pm - 2:30pm Resiliency Center, Room 145

Stress Management May 16, 11:30am - 1:00pm Resiliency Center, Room 145

Mom & Me Crocheting May 17, 1:00pm - 4:00pm Resiliency Center, Room 145

Navigating the Teen Years

Event Schedule

MWR

CALL ACS TO REGISTER FOR CLASSES TODAY ALL EVENTS LISTED ARE FREE!

Military Spouse Appreciation Day USD207 Summer Kick Off Event at the Field May 10, 4:30pm - 8:00pm *FREE T-Shirt as a Thank You Gift!*

Employment Readiness Program

Federal Employment May 8, 12:00pm - 2:00pm May 15, 5:00pm - 7:00pm Resiliency Center, Room 157

Interview Skills & Professionalism May 22, 12:00pm - 2:00pm Resiliency Center, Room 157

Evening Resume Writing May 22, 5:00pm - 7:00pm Resiliency Center, Room 157

Army Volunteer Corps

Volunteer Basics May 15, 12:00pm - 1:00pm Resiliency Center, Room 157

EFMP Refreshing Conversations May 2, 10:00am -11:00am, Resiliency Center, Room 145

Muffins With Mom May 3, 2:00pm - 4:00pm EFMP Playground

EFMP Recreational Bowling for EFMP Members and their Families May 4, 12:00pm - 2:00pm Strike Zone Bowling Center

Playground Palooza May 14, 9:00am - 10:00am EFMP Playground

May 21, 1:00pm - 2:30pm Resiliency Center, Room 145

Co-Parenting Workshop May 23, 12:00pm - 1:30pm Resiliency Center, Room 145

Personal Financial Counseling

Lunch & Learn Series: Continuation Pay May 7, 11:45am - 1:00pm Resiliency Center, Room 145

Lunch & Learn Series: Life Insurance Check-Up May 21, 11:45am - 1:00pm Resiliency Center, Room 145

Resiliency Center, 600 Thomas Ave, Building 198 913-684 - 2800/ 913-684-HELP(4357) Follow us on Facebook! @FortLeavenworthACS

Relocation Readiness

In-Processing Brief Tuesdays, 9:00am - 10:00am Resiliency Center, Room 157

OCONUS Levy Brief Tuesdays, 10:00am - 11:00am Resiliency Center, Room 157

Survivor Outreach Services

Paint & Brunch Social May 11, 10:00am - 1:00pm Resiliency Center, Room 157

MWR



Handicap access at the front of Building 198

Hours: Monday - Wednesday, & Friday, 7:30am - 4:30pm (closed 1130-1230); Thursday, 1:00pm - 4:30pm Follow us on Twitter! @LeavenworthACS

ACS PRESENTS:

LUNCH & LEARN MILITARY MONEY

EVERY OTHER TUESDAY ACS CONFERENCE ROOM 11:45 - 1:00

June 11 **Curious About Crypto**

June 25 **Financial Planning: Build Your Own Plan**



with our Personal Financial Counselor (816-500-3163)



WE'LL LEARN **TOGETHER!** (SPOUSES WELCOME)



Financial Readiness Milestone Training

Are you financially prepared for what life throws your way? Let us help! We offer free Financial Readiness Training on a variety of subjects.

of the tonics we will dis

Pre-Deploymen Post-Deploymen PCS Marriage Divorce esting in TSP Pri First Child Cor uation Pay s/injury/condi

Held monthly every 2nd & 4th Thursday @ 0900am - 1100am. Bldg 198 Room 157

ACIS

INFO: 913 - 684 - 2852 / 280



Contact 913-297-3212



This NEW event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.

Jan 31 • Feb 28 • March 27 • April 24 May 29 • June 26 • July 31 • Aug 28 Sept 25 • Oct 30 • Nov 20 • Dec 11

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old Info: (913) 297-3212 or (913) 684-2800



ACS Family Advocacy New Parents Support Program Presents

Contact 913-297-3212

DAD'S NIGHT OUT

meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.

* 👽 🍪 🍛

Toddler Time Playgroup

 Freetoddler play group. • Open to ages 2-3 years old with adult.

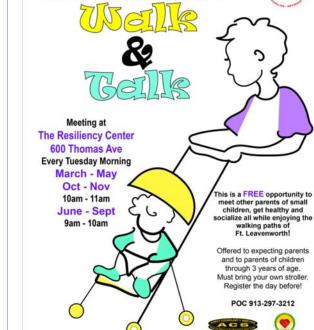
 Offers an introduction to preschool routines, explores educational concepts, and builds social skills through hands on experiences and activities.

Wednesdays @ 9:00am

Located at the Army Community Service Resiliency Center 600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text 913-297-3212 or 913-297-9704





STRESS MANAGEMENT

Thursdays; Jan 18, Mar 14, May 16, July 18 1130 - 1300 brown bag lunch class. ACS Conference Room 145 Registration Required must register by before the class you want to attend. Classes are for 18 and over

HWR V - 🍪

Morning V Thursdays from 9-11:00 a.m. Ages 3 months - 3 years with Guardian • Resiliency Center

MWR

Free play group for ages 3 months - 3 years and their parents/guardians

公

Jan 24• Feb 21 • March 20 • April 17

May 22 • June 12 • July 24 • Aug 21

Sept 18• Oct 23 • Nov 13 • Dec 4

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are

For more info: (913) 297-3212 or (913) 684-2800

ACS Family Advocacy New Parent Support Program

For Dads with children 0-3 years old.

not provided.

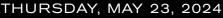
Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.

unity Service | Resiliency Center | 600 Thomas Ave. | Fort Leavenworth, Kansas d, cut off is day before event (913) 297-3212 or (913) 684-2800 ACID f

FORT LEAVENWORTH LAMP

MWR

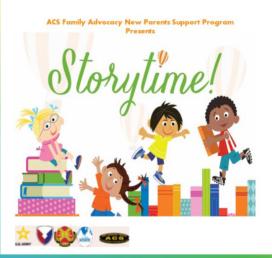
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Free Open to ages 3 months - 3 years old with adult.

Join us for storytime to use our imagination and develop a love of books

Storytime fosters early literacy skills, language development, and social growth.

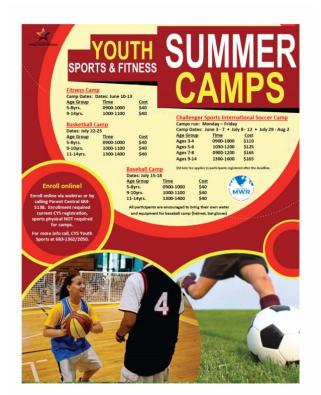
Every Wednesday @ 10:00 am

Located at the Army Community Service Resiliency Center 600 Thomas Ave. Fort Leavenworth, Kansas Registration required call or text 913-297-3212 or 913-297-9704

naviyaliny ine **Teen Years** Ever wish that raising your teen came with an instructional manual? Jan 16. Feb 20.

ACS





YOUTH SPORTS SUMMER GOLF PROGRAM

JUNE 11 - AUGUST 1 TUE & THURS // 4PM - 7PM TRAILS WEST GOLF COURSE

Enrollment dates: April 15 - June 11 Open to boys & girls 8-17 years old

\$65 for the first child \$55.25 for each additional child

Enroll your child in a sport they can play their entire life! 100% parent participation required, Parent will coach/chaperone their child on the cour

Info: (913) 684-7525/7526



Learning to co-parent after a divorce can feel like being on opposite ends of a chasm.

Our six week workshop will show you how to Sur six week workshop will show you how to build a bridge that will enhance parenting skills, enrich positive co-parenting, learn to use positive discipline, and develop a joint plan for managing expectations about your children's growth, development, and behavio

FREE and open to all DoD ID holders 18+ Register by calling **913-684-2822/ 2808** Deadline to register is day before class. Its are encouraged to attend every class as each session will be different.









Fort Leavenworth Group Fitness Classes

Starting Monday April 15th, 2024

GRUBER FITNESS CENTER-200 Reynolds Ave. - 684-5120

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530			Spin (Karyn)			
0930	Zumba (Lydia)		Zumba (Lydia)			(0915) Zumba (Lydia)
1030						Hot Yoga (Kim)
1630	30/30 Split (Kim)		Power Cycling (Kim)			

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

*Power Cut classes are held in the Bubble Gym



https://leavenworth.armymwr.com



LEAGUE PLAY STARTS TUESDAY, JUNE 4TH GAMES TUES & THURS @ 5:30 - 8:30 P.M. DONIPHAN FIELD #1

Coaches Meeting: Thursday, May 16 • 5:30 p.m. Gruber Fitness Center

League awards will be given for regular season champions and 1st League awards will be given for regular season champions and rac and 2nd place tournament champions. Open to Active Duty, DoD, Retirees and Contractors working at Fort Leavenworth ages 18 & older.

For more information, call (913) 684-3224/ 5136 Team rosters due by Wednesday, May 29



FUN SHOOT **Brunner Range**

1st Saturday of the Month

Jan 6 - Dec 7 2024 4, Jun 1, Jul 6, Aug 3, Sep 7, Oct 5, Nov 3 Registration is required and can be done the day of the event from 9AM-10:30AM

2024 LEAGUE SCHEDULE Winter Combo

4 January - 7 March

Spring Combo 21 March - 23 May

Summer Warm-up



MWR

The Strike Zone

165 Fourth St

913-684-BOWL

Space is limited so register early

Rental guns and shells are available or bring your own

Cosmic Bowling

at the Strike Zone

Every Saturday Night

\$12 all you can bowl for 2 hours includes shoe rental Info: (913) 651-2195 Leavenworth.armymwr.com

MWR

HAVE A BALL @

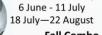
THE STRIKE ZONE

BOWLING CENTER

S SNACK BAR!

Prizes and awards distributed at the end of each shoot.

Info: (913) 651-8132 701 Sheridan Drive



Fall Combo 5 September - 7 November

Zak

Winter Warm-up 14 November - 19 December

Each league has a one-time payment of \$25

A.

Payment is held for prizes at the end of each league. Combo leagues shoot on Thursday evenings. Teams consist of 5(+/-) shooters. All teams take turns supplying an evening meal at approximately 5:30 pm with oting commencing at 6:00 pm. Summer and Winter Warm-up leagues are individual with the same fee but no food. shooting com Contact Brunner Range for more information



WEIGHTLIFTING

4-0

CLASSES

Monday - Friday

9:00-10:15am

Harney Gym

185 Fourth Street

Fort Leavenworth, KS

CONTACT

FUNCTIONAL

FITNESS

CLASSES

ABOUT

Classes are designed to increase strength, power, speed, agility, and aerobic capacity by Olympic lifting,

weight lifting, gymnastics, and

plyometrics. This class is ideal for

beginners and elite. Get healthier, get

nger, live longer. Enjoy profess

For more info:

949-291-0386

rogramming in a sup encouraging environ

PRICING

onthly rates

3x week \$75 5x week \$85

Drop in \$10

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(913) 651-8132



Learn proper Olympic Lifting technique and how to safely resistance train. Programming is designed to increase Muscle Mass, Strength, and Power. Resistance training has been shown to increase bone density, metabolic rate, cognition, reduce fat accumulation, lower risk of heart disease, and so much more. Start enjoying the benefits!

CLASSES MEET MON, WED, FRI 9:00-10:15 AT HARNEY GYM \$10 DROP IN RATE OR \$75 MONTH



FOR MORE INFO, (913) 684-2190 📩 🔰 🧶 🐝 🐲





FORT LEAVENWORTH LAMP

WE ARE

APPLY NOW

\$50,500 2024-25 SY Base Salary Additional compensation for years of teaching experience at an accredited school.

OPEN POSITIONS

Special Education Teacher

- Occupational Therapist
- Speech and Language Therapist

by USD 207

UNIFIED SCHOOL DISTRICT 207 IS HIRING certified special education professionals for the 2024-25 school year.

Joining the USD 207 team opens up mentorship and growth opportunities at one of Kansas' top-rated school districts.

Not only has the district's starting pay increased to \$50,500, but it also offers comprehensive health, wellness and future planning benefits.

Learnmoreathttps://sites.google.com/usd207.org/usd207- r e c r u i t i n g / h o m e / t h e -perks?authuser=0&fbclid=IwZXh0bgN-

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For available positions, visit https://fortleavenworth.tedk12.com/hire/in dex.aspx?fbclid=IwZXh0bgNhZW0CM-TAAAR2J_nZ8pMOz3RN9ZVQT0DxOl82 Xq0TogQXXLwS34xIGZPKXyO4g7Qgvmr g_aem_ATIiN4OJjKKJZWcSvLnsjiFwLB-W b B k A G _ k 5 E k p t pAKlD0uHDc88thqUhlu8A_amVKGu0PK tvZ3uSLRbnZzHymqU.





Fort Leavenworth 2024 Events

MAY 4 - CGSC TRIATHLON

Harney Sports Complex • 8AM - 11AM • \$70 Individual, \$85 for relay team

MAY 11 - AEROBATHON

Gruber Fitness Center • 8:30AM - 12PM • FREE

MAY 18 - 1000LB/400LB CLUB MEET

Gruber Fitness Center • 8AM - 5PM • FREE Sign up at Gruber Fitness Center or call 913-684-5120 prior to event.

MAY 25 - DISC GOLF TOURNAMENT

Frisbee Golf Course • 8AM - 2PM • FREE Sign up at Gruber Fitness Center or call 913-684-5120 prior to event.

MAY 1 - MAY 31 - WALK/RUN ATHON

Gruber Fitness Center & Harney Sports Complex • FREE Done at your own pace at your own time



COMMIT-STAY FIT! #STRONGBANDS

Attend featured fitness events at your garrison

ess ison 2 Wear your STRONG B.A.N.D.S. wristband throughout May to show your commitment to a healthy lifestyle

Gain valuable fitness tips throughout May by visiting ArmyMWR.com/STRONGB/

STEP



🚱 🚳 🌌 🗶 CHAMP

FOOD SERVICE CHARGES AT APPROPRIATED FUND DINING FACILITIES AND THE MIILTARY ACADEMIES EFFECTIVE JANUARY 1, 2024* (Prior rates in red)

- <u>Meal</u> Breakfast Lunch Dinner Holiday
- Discount Rate \$3.20 (\$3.15) \$5.35 (\$5.25) \$4.60 (\$4.50) \$8.45 (\$8.30)

Standard Rate
\$4.35 (\$4.30)
\$7.00 (\$6.85)
\$6.05 (\$5.95)
\$11.40 (\$11.20)

*Volume 12, Special Accounts, Funds and Programs, of DoD Financial Management Regulation (DoD 7000.14-R) stipulates that the Office of the Under Secretary of Defense (Comptroller) shall prescribe the rates for food service charges annually.





Munson Army Health Center

WE ARE HIRING

PHYSICIAN (PEDIATRICS)

PHYSICIAN ASSISTANTS

DENTAL ASSISTANT

AND MORE!



Strike Zone Bowling Center's

GOOD GRADES SPECIAL Noon-7 pm October 21, January 6, March 23 & May 25

Kids! Bring in your report cards and receive one free game for every "A" or equivalent. Straight "A"s gets you free sodas for the family (6 max) and all "B"s or better gets you \$2 off any pizza. Games may be used by all family members.

> Strike Zone · 165 Fourth Street · (913) 651-2195 https://leavenworth.armymwr.com

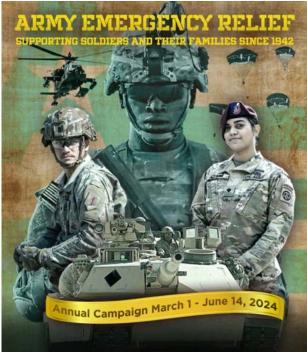


Fort Leavenworth Care Options Available for Summer 2024 & School Year 2024-2025

MILITARY CHILDCARE COM **Request Before/After School Care** & SAC Camps all year round Using MilitaryChildCare.com, you can find comprehensive information on child care programs worldwide, conduct a customized search for the care you need, and submit a request for care at any time and from any location. Follow these four steps! **CREATE ACCOUNT** Go to MilitaryChildCare.com to create an account containing information about your family, or to login using an existing username and password. SEARCH and REQUEST CARE Search the system for the child care options that best fit your needs and submit your requests for care. MANAGE MY REQUESTS You can manage your requests for care from 3 anywhere in the world. **UPDATE MY PROFILE** MILITARY Keep your My Profile page 4 **CHILDCARE** COM up-to-date with important It's that information Families can use MCC to make requests for SAC programs, which include Before/After School care and Fall, Winter, Spring, and Summer Camps, all year round. The online system allows you to search for and submit unlimited SAC requests at any time of the year without waiting for a specific registration time to begin. As soon as school dates are known, all SAC programs will be made 6 6 0 6 6 🖄 MilitaryChildCare.con call: 855.696.2934 es are offered via email based on the sponsor's priority and request for care (RFC) dat Make sure you are requesting the best Care Option(s) for your childcare needs... Go to our <u>CYS Facebook</u> page or <u>FMWR-CYS website</u> to review the: Fort Leavenworth CYS Care Options & Waitlist Guide Fort Leavenworth CYS Care Options & Waitlists on MILITARYCHILDCARE.COM CYS eligible patrons create or use your current account on MILITARYCHILDCARE.COM (Visit FAQ section on site) Submit a Request for Care (RFC) for each child in each Child Care Option listed below that fit your care needs. MILITARY Facility Program & Care Option descriptions for ages 6 weeks-5th grade available on MILITARYCHILDCARE.COM Offers are managed by the Fort Leavenworth CYS Parent Central office using contact information listed in your MILITARYCHILDCARE.COM household profile. Tips: List phone/email address you have ongoing access to during travel/leave (and ensure those are toggled to receive notifications) To facilitate a successful offer process, ensure the Sponsor & Spouse employment status indicated applies to living in the FTLVN area Visit CYS website & Facebook pages CYS Parent Central: ww.leavenworth.armymwr.com www.facebook.com/cys.ftleavenworth www.facebook.com/cys.ftlvnteencenter 913-684-5138 or 4956 MAIN CHILD DEVELOPMENT CENTER: OSAGE KG & SCHOOL AGE CARE FACILITY: FULL-DAY CHILDCARE & PRESCHOOL PROGRAM Open 6:00am-6:00pm (I) Request Full-Day Preschool when care needed the Sum prior to Kindercarten. FULL-DAY CYS PART-DAY PRESCHOOL CLASSES Class Options September thru May (all are 3 hour classes) PART-DAY 6 WEEKS PRESCHOOL 2-Day AM (8-11am on T/TH) / 3-Day AM (8-11am on M/W/F) (1) Request Furthey 1 the second seco THRU <u>4-Day PM</u> (12-13am on 1/14/) <u>3-Day Am</u> (8-13am on M/WF) <u>4-Day PM</u> (1215-315pm on N-TH) Must turn 3yrs on or prior to first day of class. Request multiple classes to increase chances for placement. No "Toilet Trained" restriction. Under 37 Choose a Need Date on/after child turns 3 years old. (1) This program is <u>NOT affiliated with the USD 207</u> eschool/Pre-K Program. Transportation is NOT available. SCHOOL 5 YEARS (!) Not started KG. Refer to info YEAR 24-25 3-5 years 3 CLASS CYS is recruiting on-post Family Child Care providers **OSAGE KG & SCHOOL AGE CARE FACILITY: OSAGE KG & SCHOOL AGE CARE FACILITY:** SCHOOL AGE SCHOOL YEAR CHILDCARE Before/After School Open 6:00am - 6:00pm portation to/from FTLVN schools included. (USD 207 only) SCHOOL 2024 KG & SCHOOL AGE (1ST-5TH) CAMP WE SUMMER Full-Day Summer Program Open 6:00am-6:00pm Request MUST BE BASED ON GRADE COMPLETED IN MAY 2024 2024 YEAR 24-25 REQUEST MUST BE BASED ON GRADE ENTERING IN AUGUST 2024 COMPLETED ENTERING KG & 1st-5th Grade KG & 1st-5th Grade "Completed KG" & "1st-5th School-Age Care" are separate Care Options based on grade COMPLETED. KG & School-Age (1st-5th) Care Options are separate (!) Upcoming KG: Make additional Full-Day Preschool request when care is needed the Summer prior to KG. Request each camp weeks needing care.
->Current School Year 23-24 contract holders are give
poprotrunity to request Continuity of Care directly with
he Spring. Requests in McC are ONLY needed when past it 6th-12th Grad see HYC info 6th-12th Grad see HYC info ore Only, After Only, & Before/After care options include O7 No-School Days & Early-Out Fridays & <u>the first 2 weeks</u> ool when KG only attends 1/2 days. USD 207 of school **NO WAITLIST REQUIRED** OSAGE KG & SCHOOL AGE CARE FACILITY: SCHOOL AGE WINTER & SPRING BREAK CAMP WEEKS HOLIDAY FOR YOUTH 6TH-12TH GRADE HARROLD [COMPLETED OR CURRENTLY ATTENDING] Full-Day Program Open 6:00am-6:00pm CAMPS Youth Iment into a Middle School & Teen program is first ne-first serve for CYS eligible & registered youth. KG & School-Age Care Options are separate. ATTENDING Make request based on grade currently enrolled. USD 207 Calendar determines camp weeks. Available to request starting September 9, 2024. CENTER KG & 1st-5th Grade Check out the Teen Center Facebook page for details on nmer Camp Weeks, FREE Open Recreation time, & FREE After School Program that includes pick-up at 6тн-12тн 6th-12th Grade see HYC info CYS will be closed on Federal Holidays. GRADE Request is not required for children in a current School Year contract. on-post & off-post middle/high schools, & Winter & Spring Break Camp Weeks.







YOUR DONATION HELPS SOLDIERS AND FAMILIES IN NEED ARMY OFFICIAL NONPROFIT OF THE U.S. ARMY



THE US ARMY GARRISON FORT LEAVENWORTH EQUAL EMPLOYMENT OPPORTUNITY OFFICE

Presents

FY24 Mandatory Face to Face ANTI-HARASSMENT/ NO FEAR ACT AND EEO TRAINING

LOCATION: POST THEATER

2 nd Quarter	
20 March 2024, Wednesday:	1030-1130 (Employees)
	1300-1400 (Supervisors)

<u>3^{ra} Quarter</u>	
2 May 2024,	Thursday

1300-1400 (Supervisors)

1430-1530 (Employees

0900-1000 (Employees) 1030-1130 (Supervisors)

18 June 2024, Tuesday:

(Employees) = Civilian Employees, (Supervisors) = Supervisors, and Military Supervisors of Civilian Employees

For FY24 face to face training is mandatory. On-line training is no longer valid. The Ft. eavenworth Garrison EEO office will track attendance for IMCOM employees only. Other organizations are welcome to attend training, but they must track and report training separately.

For additional information, please contact: EEO: Kale E. Webster, EEO Specialist, civ@army.mil



Did you recently receive PCS orders and have a school-aged child tor teen hat's worried about moving? Maybe you've heard them wonder:

> Who will my new friends be? What will my new school look like?What activities/sports are available? What are the other kids wearing?

The Youth Sponsorship Program connects your child to another youth in the new community to answer these questions and so much more.

Why should my child request a sponsor? A sponsor:

- Allows your child to get to know their community before they arrive.
- Provides them with someone who can show them the ropes in their new community.
- Helps reduce social isolation, leading to a healthier transition with reduced stress and at-risk behaviors.
- Gives youth a youth perspective of their new community and school.

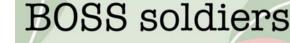
Allows you to focus on other aspects of transition, knowing that your child's needs are being met.

What does the Youth Sponsorship Program provide for my child?

- Their Youth Sponsor will provide a welcome packet and information about their new community before arrival.
- Upon arrival, their Youth Sponsor will arrange for them to have a tour of the community and, once you know which school they will be attending, provide information about the school and arrange for a tour there as well.
- The program hosts various activities and events that will help your child meet new people, learn about their school and community.

How do I get a sponsor assigned to my child?

Once you receive PCS orders, contact the School Liaison Officer at your current installation.





recreation & leisure • events • meetings qualify of life • community service



Y UNION Since 1924

Donation Day FAQs

1) When is Donation Day?

Donation Day is every 2nd Saturday of the month. Please have items for donation out before 8:00 a.m.

2) Where can I donate items? Items can be left on the curb in front of your home. Please place items in a

clear bag or box clearly labeled FOR DONATION.

3) What items can I donate?

City Union Mission will take donations of household goods, clothing, toys, etc. Furniture will also be picked up, as long as it is in good condition for resale.

4) What will happen in the event of inclement weather? Please follow us on Facebook for updates to the community.

COMMUNITY MANAGEMENT OFFICE: (913) 682-6300

MUNSON NOTES

MAHC ring road construction



In an effort to improve the Munson Army Health Center infrastructure, the MAHC ring road will be closed for appoximately three weeks in May for resurfacing and paving. The Gentry Clinic parking lot will be accessible from Blockberger Terrace. Be mindful of the construction area indicated in blue and the risks of parking near the construction site, and avoid walking through the construction area.

Mental Health Awareness Month



Your child doesn't have to feel like this.

Signs of possible mental health problems in youth can vary, but may include:

- · Emotional outbursts; irritability
- Persistent sadness lasts two weeks or more
- Difficulty concentrating or sitting still
- · Changes in sleeping or eating habits
- · Frequent headaches or stomachaches
- · Withdrawing from or avoiding social interactions

Take the first step and seek help at www.tricare.mil/mentalhealth.



Munson Army Health Center Public Affairs

Munson Army Health Center's basement at 550 Pope Ave. is one of the designated tornado shelters on post.

If a tornado watch is activated after duty hours, Medical Department Activity personnel will open the health center for those needing shelter. The building will remain open until all watches or warnings are lifted.

No Referral Required 🖊

REHABILITATION CLINIC PELVIC FLOOR THERAPY

Do you experience any of the following?

- Incontinence
- Pain with Intercourse
- Pelvic Pain
- Pregnancy/post-partum discomfort
- Rectal pain/constipation

Make an appointment today at the **Munson Rehabilitation Clinic for pelvic** floor physical therapy! No referral required!



HEALTH QUESTIONS WHILE YOU'RE





MentalHealthAwarenessMonth is an opportunity to familiarize yourself with resources available to help service members, families and veterans who struggle with mental health challenges. During May, MAHC will be highlighting #MentalHealth resources, information, and programs available.

Visit the MHS Mental Health Hub at https://health.mil/Military-Health-Topics/Mental-Health.

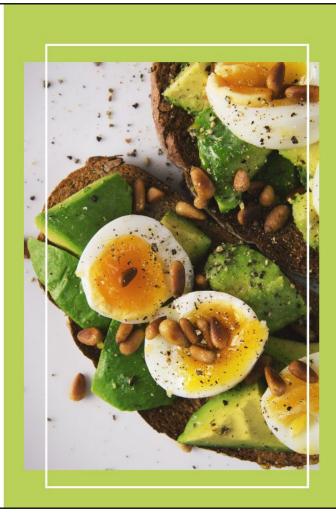
Visit www.tricare.mil/mentalhealthTRICARE webpage to learn more about mental health services covered by TRICARE.



Schedule a consultation with our registered dietitian.



Call 913-684-6250 to schedule an appointment.



The Nutrition Care Division offers a broad range of nutritional services designed for service members, families and retirees. Individual Nutrition Therapy and Group Nutrition Therapy are available and include Body Composition Program, Weight Control Program, Prenatal Nutrition and Wellness for Life. Call the appointment line at 913-684-6250 to schedule an appointment with the MAHC registered dietitian.



A REGISTERED NURSE IS ONLY A CALL OR CLICK AWAY

Web chat, video chat or find your country-specific phone number 24/7





Get health care advice + Find a health care provider + Schedule same or next of Receive help for urgent/emergent care and traveling beneficiaries

call 911



Munson Army Health Center is currently accepting applications for the following positions:

Supervisory Health System Specialist GS-12 https://www.usajobs.gov/job/788659300

Physician (Pediatrics) GP-14 https://www.usajobs.gov/job/781431600

Medical Technician GS-7

https://www.usajobs.gov/job/787523800

Please click on the link or visit USAJobs.gov and search for Military Treatment Facilities under DHA, Fort Leavenworth, Kansas to apply.



USAJOBS.GOV