CONTACT US | Phone: 913-684-5267 | E-mail: ftlvlampeditor@gmail.com | On the Web: https://home.army.mil/leavenworth/about/news

CAC CG delivers state of command



Photo by Dan Neal/Army University Public Affairs

Lt. Gen. Milford Beagle Jr., Combined Arms Center and Fort Leavenworth commanding general, presents the CAC State of the Command to the CAC workforce March 4, in Eisenhower Auditorium at the Lewis and Clark Center. Beagle shared the state of the command and the Defense Equal Opportunity Climate Survey findings, and talked about topics affecting personal and professional well-being.

Prepare now for severe weather

by Fort Leavenworth Lamp Staff Report

Editor's Note: The majority of this article was originally written by Bob Kerr, former Lamp editor, to inform the community about severe weather season. It is updated and re-run each year.

Severe Weather Preparedness Week is March 4-8 in Kansas and Missouri, and post officials are encouraging residents and employees to prepare for the severe weather season.

All units have designated emergency managers who are responsible for ensuring all employees are aware of their units' severe weather

Fort Leavenworth and Leavenworth County Emergency Management participated in the statewide tornado drill at 10 a.m. March 6. Outdoor warning sirens, National Oceanic and Atmospheric Adminisweather radio tration alarms and the Emergency Alert System activated to signal the start of the drill.

Fort Leavenworth has been designated a Storm-Ready community by the National Weather Service's StormReady program since 2004. This means that Fort

Leavenworth has the proper mechanisms in place to warn the local community of changing weather. Requirements of the Storm-Ready designation include a 24-hour warning point and emergency center, a system monitoring weather, and two or more ways to notify the public of severe weather.

This is also a great time for families to review their severe weather plans and make a storm kit.

The Garrison website at https://home.army.mil/leav enworth/ has links to local weather and seasonal planning information.

It pays to have a plan for when severe weather threatens and not wait until the warning sirens sound to figure out what to do next.

Here are some tips for building awareness and preparing for severe weather:

• Pay attention to weather forecasts. A clear, blue sky in the morning may be overtaken by a dark, snarling storm by the afternoon. Local meteorologists know this and are trained to recognize the conditions for the development of storms. Before heading out in the morning for work or other activities, check the local forecast. Make periodic

checks throughout the day to see if the situation has changed.

 Learn the terrain. Storms in this part of the United States tend to move from the southwest to the northeast. That means that a storm in Douglas County the area around Lawrence, Kan. — may be heading toward Wyandotte and Leavenworth counties. In general, weather to the south and west of Leavenworth County should be of more concern to post residents than what is going on to the north or east in Missouri.

· Know where to take shelter. Most public buildings and businesses on and off post have storm shelters. Visitors in these buildings should take direction from the building staff on where to take shelter during a storm. At home or elsewhere, find a "Best Available Refuge Area" — seek shelter in the area of the basement that is most below ground, away from windows and doors.

 Three buildings are opened as public storm shelters during watches: the Lewis and Clark Center on Stimson Avenue, the Single Soldier Quarters on Cody

SEE **SEVERE WEATHER | A7**

Museum to offer Spring Break programming

by Danielle Lander/Special to the Fort Leavenworth Lamp

As Spring Break approaches, the Frontier Army Museum is gearing up to host a series of events Monday through Friday next week for visitors of all ages.

From 9 a.m. to noon on March 11, visitors will have a chance to "Touch a Fire Truck," when they can explore a fire truck, talk to firefighters and learn how these heroes help keep Fort Leavenworth

On March 12, the museum will host a "Children's Hour," with an interactive story time and activities with native Kansan author Marla Matkin, Matkin is the author of "Custer's Mouse" and "A Dragon's Tale."

March 13's event from 10 a.m. to noon is all about farm animals. Visitors can meet real farm animals brought in by Smiling M Farms of Tonganoxie, Kan., and learn about the important role animals can play.

At 9:30 a.m. March 14, visitors can relax at a "Storytime at the Museum — Pie!" for the reading of picture books, singing of songs, and playing of games with a special "pie" twist the day for "Pi Day," which March 14 is known as because of the numerals 3.14.

"Children's Pioneer Day" is March 15 from 10 a.m. to noon, when visitors can experience life as a pioneer in the 1800s. There were will activities and games to help children learn about living on the western frontier.

The museum's Spring Break events offer a range of activities with something for all ages to enjoy. Visit the Frontier Army Museum's Facebook page for more information.



Spring Break: Children's Pioneer Day 100 Reynolds Ave, Fort Leavenworth, KS, United States, Kansas 66027

Screenshots

Visit the Frontier Army Museum's Facebook page for more information about events offered during Spring Break.

AT A GLANCE

- Community members who would like to learn more about the BENEFITS OF THERAPY DOG work are invited to hear Fort Leavenworth Human Animal Bond Inc. member Shelby Burnett speak at the HAB membership meeting at 6:30 p.m. March 7 at the First United Methodist Church, 422 Chestnut St. in Leavenworth. Call 913-702-7284, email habtherapypets@gmail.com or visit https://www.ftleaven worthhab.com/ for more information.
- The FORT LEAVENWORTH STRAY FACIL-ITY, 510 Organ Ave., WILL BE OPEN from 9 a.m. to noon March 9 for "Second Saturday" to allow poten-
- tial adopters to meet/adopt adoptable pets. Call 913-684-4939 for more information, email fortleavenworthstrayfacility@ gmail.com for an adoption application, and visit FLSF.petfinder.com for profiles of pets currently available for adoption.
- The FORT LEAVENWORTH THRIFT STORE, 1025 Sheridan Drive, WILL BE OPEN 9 a.m. to 2:30 p.m. March 9 for "Second Saturday." Call 913-651-6768 for more information.
- **SPRING FORWARD** Daylight Saving Time beings March 10. Set clocks forward one hour.
- Munson Army Health Center will host an American Red Cross BLOOD DRIVE from 9 a.m. to 1 p.m. March 13 at the health center. Visit https://RedCross-Blood.org and search FortLeavenworth (one word) to schedule a donation time.
- The Department of Defense wants to hear from **ACTIVE-DUTY MILITARY SPOUSES** about military life. Visit dodsurveys.mil and click on "go here" to enter your DoD identification number to access the survey.

Organization Spotlight MISSION COMMAND TRAINING PROGRAM

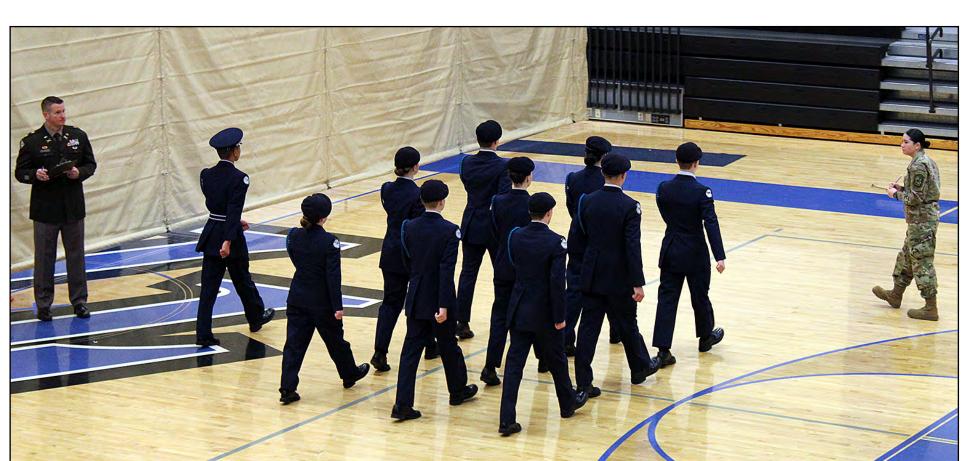


Photo by Maj. Christopher Hart/Mission Command Training Program Public Affairs

Lt. Col. Joseph Yurisich, Mission Command Center of Excellence, left, helps judge the performance by the Air Force JROTC team from Blue Springs (Missouri) South High School during the JROTC drill meet hosted by the Leavenworth High School JROTC program Feb. 24 at LHS. Volunteers from other units, including the Mission Command Training Program; the Sergeant Audie Murphy Club; Headquarters and Headquarters Company, U.S. Disciplinary Barracks Battalion (Corrections); HHC, Midwest Joint Regional Correctional Facility Battalion (Corrections); and the Combined Arms Center helped with the meet.

Military volunteers help judge LHS JROTC drill meet

by Maj. Christopher Hart/Mission Command Training Program Pub-

Volunteers from the Mission Command Training Program joined other service members, retirees, parents and cadets from all over the area to help judge the 12th annual Leavenworth High School Junior ROTC Pioneer Drill Meet Feb. 22 at LHS in

Leavenworth.

In addition to MCTP, volunteers from the Sergeant Audie Murphy Club; Headquarters and Headquarters Company, U.S. Disciplinary Barracks Battalion (Corrections); HHC, Midwest Joint Regional Correctional Facility Battalion (Corrections); Mission Command Center of Excellence; and the Combined Arms Center helped with the meet.

More than 20 schools from Kansas, Missouri, Illinois, Ne-

braska and Wisconsin competed in the event to showcase their skills and teamwork in the JROTC event. The event was another step toward cadet commands participating in the National Championship in Florida in May.

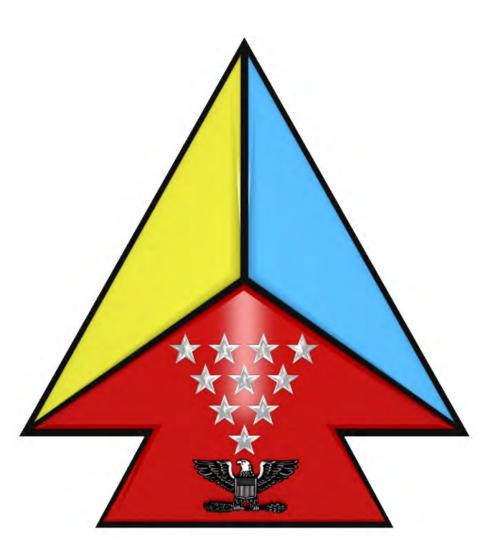
High school JROTC drill meets are rooted in military traditions where preci-

"We require the cadets
to go out
and provide
SERVICE
to the community,
so having VOLUNTEERS
... reinforces the
IMPORTANCE
of COMMUNITY
SERVICE."."

— LHS JROTC Army Instructor Maj. Kenneth Scillieri

sion and discipline are key. The federal program dates to the National Defense Act of 1916, which established the JROTC program in public and private education institutions. These competitions were first introduced as a way to instill teamwork and leadership skills among students.

Over the years, JROTC drill meets have evolved into highly competitive events that



Warfighters!

showcase the dedication and hard work of participating teams. These contests not only test physical abilities, but also promote mental agility and quick thinking under pressure.

The significance of drill meets lies in

The significance of drill meets lies in their ability to foster camaraderie among students, teaching them valuable life lessons such as time management, respect for authority and perseverance. Participants learn the importance of attention to detail and

following instructions with precision.

JROTC Raiders Coach 1st Sgt. Wayne
Cogdill, who has been with the Leavenworth JROTC program for the past 13
years, differentiated this event between

SEE MILITARY VOLUNTEERS A3

Editor

FORT LEAVENWORTH LAMP

PUBLISHED FOR THE COMMUNITY OF FORT LEAVENWORTH, KANSAS

The Fort Leavenworth Lamp is an authorized publication for members of the U.S. Army. Contents of the Fort Leavenworth Lamp are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army, or the U.S. Army Combined Arms Center and Fort Leavenworth. It is published weekly by the Fort Leavenworth Garrison Public Affairs Office, Fort Leavenworth, Kansas 66027, commercial telephone number 913-684-5267 (DSN prefix 552).

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the products or services advertised.

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Military volunteers (continued from Page A2)

other physical challenges that the cadets go through during the year by saying, "Drill is more of mental event; (it's) subjective."

This is something Leavenworth High Schools Raiders know all about. The Cavalry Angels and Pioneer Guard Drill teams from Leavenworth are both nationally ranked, having placed in the top five nationally for the last five years. In 2021, the Cavalry Angels won the National High School Drill Team Championship, and in 2023, the team was the runner-up in the NHSDT Championship.

Leaders place much of the credit with the volunteers who make the teams' success possible. The impact of volunteerism goes beyond just assisting with events; it is also the contribution of countless hours between events to make the events possible.

Maj. Kenneth Scillieri, senior Army instructor at LHC, said he holds the community in high regard.

"The support we received from Fort Leavenworth was instrumental in us being able to hold this drill meet. We truly could not have done it without the support of soldiers from across the instal-



Photo by Maj. Christopher Hart/Mission Command Training Program Public Affairs

Volunteers from Fort Leavenworth units help judge the performances of Junior ROTC teams during the JROTC drill meet hosted by the Leavenworth High School JROTC program Feb. 24 at LHS. Volunteers from other units, including the Mission Command Training Program; the Sergeant Audie Murphy Club; Headquarters and Headquarters Company, U.S. Disciplinary Barracks Battalion (Corrections); HHC, Midwest Joint Regional Correctional Facility Battalion (Corrections); and the Combined Arms Center helped with the meet.

lation."

Lt. Col. David Olson, MCTP, volunteered his Saturday to judge the event and support the cadets from across the region.

"I volunteered to serve as a judge for the Leavenworth High School Junior Reserve Officer Training Corps Drill Meet because I wanted to give back to the

community," he said. "For me it is important to invest into the lives of our youth, because they are our future leaders whether they join the military or not."

When it comes down to it, the JROTC mission is to teach and motivate high school students to become better citizens, be of service to the United States, and develop personal responsibility, which were all characteristics that were on display at the drill meet.

Ultimately, the ability to see the community giving back to the program as they do throughout the year, was a lesson that Scillieri said he wanted to capture.

"It's good for the cadets to see that community service is a value

that we hold dear in the military. We require the cadets to go out and provide service to the community, so having volunteers from the installation both makes running the meet functional, and it also reinforces the importance of community service."

Volunteerism aligns with MCTP methodology

by Mission Command Training Center

As a part of Mission Command Training Program priorities, Operation Warfighter Wellness is a comprehensive methodology designed to enable MCTP Warfighters to holistically better themselves through emotional, family, physical, spiritual and social strength.

A part of the spiritual and social strength dimensions is extending individual selfless service through volunteerism in order to build relationships with the local and surrounding communities. Cultivating intrinself-identity, purpose, relationships and friendships fortifies resilience in the formation and is a priority of

MCTP encourages its staff to be the best version of themselves when supporting the Army's premier combat training center for corps, division and Army service compo-

nent commands. **Toy Drive**

MCTP hosted a Warfighter Holiday Toy Drive in November and December 2023, led by Capt. Chaney Brooks, MCTP World Class Opposing Force staff and volunteer coordinator.

Organizational contributions amounted to about 90 toys, which were delivered to ReStart Transitional Housing in Kansas City, Missouri. ReStart has actively empowered community members and veteran families facing or experiencing homelessness by providing housing and social services since 1981.

Giving Hope, Help

Brooks also coordinated a feminine hygiene and mentorship class for local schoolaged children during the Giving Hope and Help Period Awareness Drive. Giving Hope and Help is a non-profit in the Kansas City community that supports domestic violence survivors, provides essential resources to end period poverty and empowers college-bound and non-traditional students to continue their education.

First Responder, Trainer Maj. Fredrick Hershey, MCTP S3/7 staff officer, volunteers as a first responder and trainer for the Easton, Kan., Township Fire Department. In February, Easton Township Fire Department hosted a training event, with volunteers from the Alexandria Township Fire Department, Leavenworth County Fire District No. 1, Fairmount Township Fire Department Tonganoxie Township Rural Fire Depart-

ment, to instruct lifesaving first responder

exercises. Training included vehicle extrication training and hazardous materials training.

Den Leader, Coach

Maj. Chuck Hoke, maneuver observer coach trainer for Operations Group Bravo, MCTP, volunteers as Lion Cub Scout den leader, Child and Youth Services soccer coach for 5- and 6-year-olds, assistant coach for CYS basketball for 5- and 6-year-olds, and is a parent volunteer at Eisenhower Elementary School for fall and Christmas activities.

Raskethall Coaches

Chief Warrant Officer 4 Tedd Hatcher, MCTP, OG-A Fires; Maj. Willie Carnes, MCTP, OG-A Fires, and Sarah Carnes, education technician, Army University, began volunteering in January to coach CYS basketball for 9- and 10-year-olds. They have dedicated time and energy to teach basketball fundamentals, while focusing on the importance of teamwork, communication and work ethic. Their team, the Petrifying Pickles, continues to improve week after

"I love seeing the improvement from day one. It's been an incredibly rewarding experience," Hatcher said.



Submitted photo

Volunteer Maj. Chuck Hoke, Mission Command Training Program, plays Child and Youth Services Start Smart basketball with his 4-year-old son Arthur.



Sarah Carnes, education technician, Army University; Maj. Willie Carnes, MCTP, OG-A Fires; and Chief Warrant Officer 4 Tedd Hatcher, MCTP, OG-A Fires, coach Child and Youth Services basketball for 9- and 10-year-olds.

Cub Scouts advance to Scouts BSA in crossover ceremony



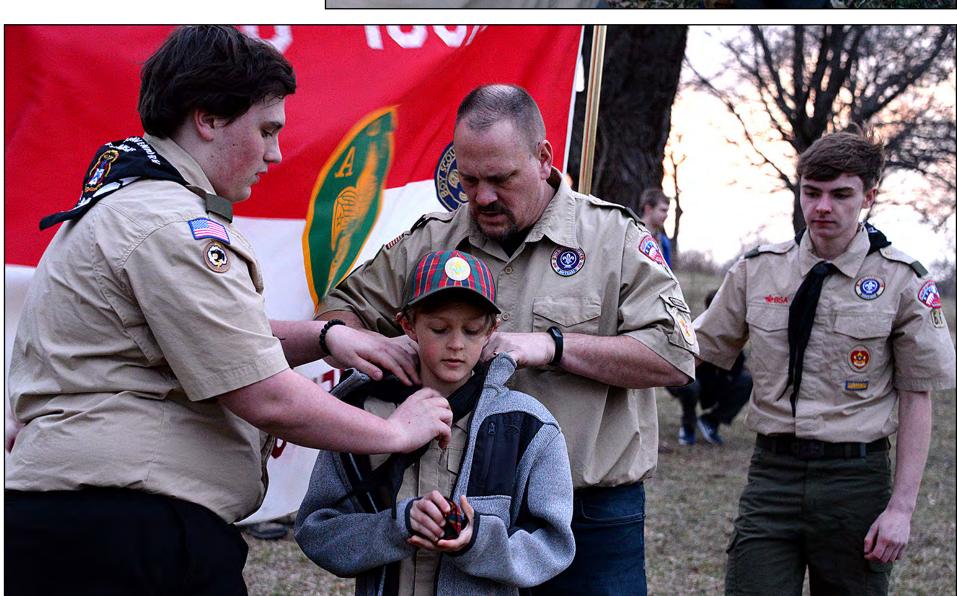
ABOVE: Senior Patrol Leader Radek Jimenez secures a neckerchief around George Speller's neck, welcoming him to Troop 366, during the Scouts BSA crossover event March 4 at Merritt Lake. Advancing Cub Scouts were rowed across the lake to be welcomed into their new Scouts BSA troops. Cub Scouts advance to Scouts BSA upon achieving Arrow of Light, the highest rank in Cub Scouts. Troop 366 also welcomed Greg Thornton and Liam Whiteaker into the troop.

RIGHT: As another Cub Scout is rowed across the lake behind him, Jackson Laquet tells his new Troop 165 Scoutmaster Randy Brown that learning how to "drive a canoe" is one of the things he is looking forward to experiencing now that he has advanced from Cub Scouts to Scouts BSA (formerly known as Boy Scouts) during the crossover ceremony March 4 at Merritt Lake. Troop 165 also welcomed Zachary Balboni into the troop.

BELOW: Assistant Senior Patrol Leader Noah Brown and Troop 66 Scoutmaster Jacob Brown tie a new neckerchief around Gavin Gadell's as Troop Guide Brandon Pavlichko holds the troop guidon during the crossover ceremony March 4 at Merritt Lake.

Photos by Prudence Siebert/Fort Leavenworth Lamp







USD 207 opens online enrollment, approves 2024-25 school year calendar



by Unified School District 207

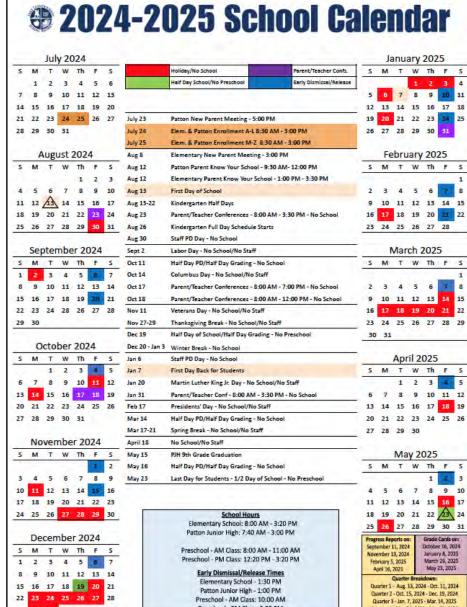
Online Enrollment is now open on the Fort Leavenworth Unified School District 207 website at https://www.usd207.org/apps/pages/index.jsp?uREC_ID=43636 42&type=d&pREC_ID=2562405.

From now through the end of the current school year, both the 2023-2024 school

year and 2024-2025 school year will be open for student enrollment. Ensure the appropriate year is selected when completing enrollment.

For individualized support, reach out to USD 207 at questions@usd207.org or 913-651-7373.

Residents of Fort Leavenworth are zoned to attend USD 207 through ninth grade.







Fort Leavenworth USD 207 Board Approved: 2/26/2024



You Made the Grade! Good grades pay off in prizes at Exchange

by Army and Air Force Exchange Service News Release

Good grades pay off in prizes for Fort Leavenworth children with the Army and Air Force Exchange Service's You Made the Grade program.

Fort Leavenworth students in first through 12th grades who maintain a B average or higher can bring their report card and military ID to the Post Exchange customer service area each grading period for prizes.

Students with straight As will receive a \$20 Exchange gift card and a coupon sheet.

Students with a B average or higher are eligible to receive a \$10 Exchange gift card and coupons.

Homeschooled students are also eligible.

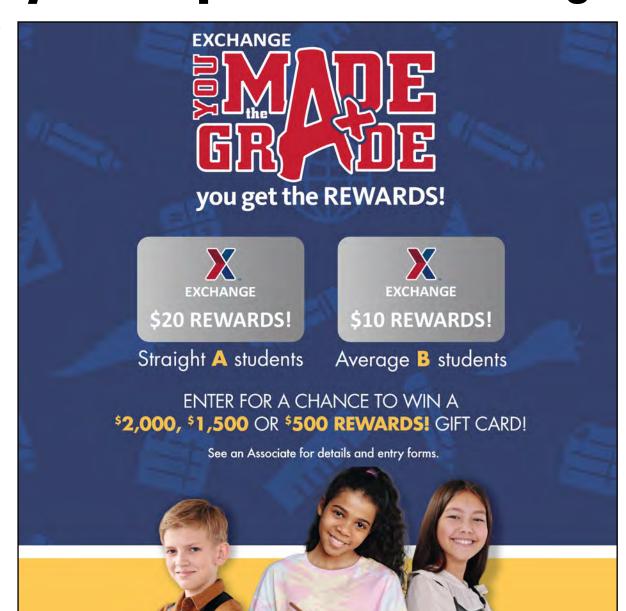
Coupons include: free small (fountain/frozen/Revolution Tea) drink from an Express; free children's haircut at the Barber Shop, Hair Studios or Stylique beauty salons; free children's meal at participating Exchange restaurants (up to \$6.50); free combo meal at participating Exchange restaurants (up to \$10); \$5 off

Exchange mall concessions or kiosks; 10 percent off headphones (excluding Apple and Beats products); and 10 percent off men's, women's and children's apparel and footwear (excludes MCS footwear, commercial and DLATS uniforms).

"According to the Department of Defense, military students can change schools up to nine times in their academic careers," said Fort Leavenworth Assistant Manager, Terence Smith. "In addition to unique stressors, such as a parent's deployment, maintaining a strong academic performance as a military child takes dedication. We want to honor and recognize our students for their hard work in school."

Students who "Made the Grade" can enter a worldwide sweepstakes twice a year for a chance to win a \$2,000, \$1,500 or \$500 Exchange gift card. Drawings take place in June and December.

To enter the sweepstakes, complete the form on the back of the gift card sleeve and mail it to: You Made The Grade, P.O. Box 227398, Dallas, TX 75222-7398.



DoD civilians can shop at Post Exchange

by Army and Air Force Exchange Service Public Affairs News Release

The Army and Air Force Exchange Service continues to serve the military community at Fort Leavenworth with its expanded tax-free shopping benefit to Department of Defense and Coast Guard civilians.

In 2021, in-store and online shopping privileges were expanded to about 575,000 Department of Defense and Coast Guard civilians who hold Common Access Cards in the United States and its territories and possessions. Retired DoD and Coast Guard civilians and honorably discharged veterans can shop online only at ShopMyExchange.com.

The tax-free shopping benefit provides access to namebrand restaurants and services, mall stores and vending,

proprietary credit solutions through the Military Star credit card, and national brands tax-free with military-exclusive prices.

Regis Nolan, a contracting officer representative for the Logistics Readiness Squadron at Maxwell Air Force Base in Alabama, cites the benefit as an easily accessible option for shopping and dining.

"I shop at the Exchange all the time," Nolan said. "It's across the board for electronics, clothing, perishables, gardening ... you name it. For civilians working on base, it's a convenient one-stop shop. We don't have to leave the installation to get food or snacks thanks to the food court and Express."

Purchase restrictions at Exchanges apply. Shoppers can visit aafes.com/exchange-stores/patrons-merchandise/patrons.htm for details. In-store shopping privileges for active

DoD and Coast Guard civilians outside of the United States and its territories and possessions are subject to host-nation agreements.

"Civilians who work side by side with soldiers, Airmen and Guardians to accomplish the mission of freedom and defense of the nation are an important part of the military community," said Fort Leavenworth Exchange Store Manager Marina Lemanua. "By shopping with the Exchange, they help improve military quality of life, as 100 percent of Exchange earnings are invested into their communities."

DoD and Coast Guard civilians can learn more about the benefit at https://publicaffairs-sme.com/Community/wp-content/uploads/2023/08/ItMattersWhereY-

ouShop_CAC_Hub.pdf.
Authorized civilian shoppers can also visit ShopMyExchange.com to create an account and shop online.







Severe weather (continued from Page A1)

Road and Munson Army Health Center at the corner of Biddle Boulevard and Pope Avenue. Pets are not allowed in public shelters, but leashed service animals are, of course, allowed.

• At home, designate and prepare a storm shelter before a severe storm strikes. In a home with a basement, the southwest corner, away from any windows, is the safest place to be. This can be improved with a heavy workbench or other overhead cover.

- · In homes without basements, a windowless interior room is the preferred shelter. Often this is a bathroom or utility closet.
- Equip the shelter with some basic items that may be needed during or after the storm. Flashlights and a battery-operated radio with fresh batteries — are a good start. Blankets, snacks and water are also recommended.

Visit the Federal Emergency Management Agency's site https://www.ready.gov/ for

tips on making a plan and preparing a shel-

Use the radio, television or internet to keep track of what is going on outside. Be advised that there is no "all clear" siren and that when a siren stops, it does not mean

Tornado Watch

A tornado watch means conditions are favorable for the development of tornadoes.

In case of a tornado watch, prepare to take shelter:

Assemble the family.

• Inspect, supply and equip your shelter. The shelter should be in a basement under something sturdy like a workbench. Stay away from chimneys and out from under heavy furniture on overhead floors. Stock the shelter area with blankets, water, food, a first aid kit, portable radio, flashlight and spare clothing.

- If no good private shelter is available, prepare to move to a community shelter.
- Leave mobile homes and move to public shelter. Even mobile homes with secure tie-down systems cannot withstand a tornado's winds.
- · Leave large buildings with vast, unsupported ceilings, such as auditoriums, gymnasiums and warehouses.
- Stop outdoor activities and move to an indoor shelter.
- Closely monitor television and radio for storm updates
- Postpone running errands; stay indoors and out of
- automobiles.

Tornado Warning

A tornado warning means a tornado has been indicated and confirmed by the National Weather Service or has been spotted in Leavenworth County. In case of a tornado warning, take shelter immediately:

- Go to a basement shelter, if available.
- Move into a designated community shelter, if immediately available.
- If a basement is not available or movement to public shelter is impractical, go to a small, ground-level room such as a closet, bathroom or hallway - away from windows and heavy furniture, such as refrigerators or china
- If outdoors, find shelter immediately in a depression, ditch or ravine. Lie flat to lower your profile. Be aware that some areas may be prone to flash flooding.
- If in an automobile, stop immediately and seek the nearest shelter. Do not stay in the vehicle or try to outrun the tornado.



the storm is over. If the siren sounds a second time, it probably means a second threat has been detected in the county. Stay in the shelter until certain that all threats are clear.

After a storm has passed, many people go outside to assess any damage the storm may have caused. When outdoors, be ex-

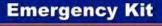
tremely careful to avoid downed power lines and downed or damaged trees.

Do not enter or allow children to play in storm water runoff or areas that can potentially flash flood. More people are killed by floods than by tornadoes.

Do some homework and plan for the

storm season. Visit the National Weather Service and Federal Emergency Management Agency on the internet to find many more resources and tips for surviving the storm season.





Make sure your emergency kit is ready to go!

- First Aid Kit
- 3 day supply of water/non-perishable food (for each family member including pets)
- Change of clothes/shoes for each family member
- - Prescription medicine & special needs items
 - Battery powered radio & NOAA Weather radio
 - Cash & credit card
 - Flashlight & extra batteries
 - Whistle (to call for help)
 - Cell phone & charger (solar/battery powered)

Do you have a NOAA Weather Radio?

NOAA Weather Radio (NWR) broadcasts Naional Weather Service warnings, watches, orecasts and other hazard information 24 ours a day

How does it notify you?

Weather radios equipped with a special alarm tone feature can sound an alert and give you immediate information about a lifethreatening situation. During an emergency,

NWS forecasters will send out a special tone to activate weather radios in the listening area.

You can buy receivers at many retail outlets such as electronics, department, sporting goods, and boat and marine accessory stores and their catalogs as well as online at: http:// www.nws.noaa.gov/nwr/info/nwrrcvr.html#residential

How much does it cost?

Where do you get a NWR?

Prices vary from \$20 and up depending on the model.

Options for those with special needs?

The hearing- and visually impaired can get these warnings by connecting weather radios with alarm tones or other such as strobe lights, pagers, bed-shakers, personal computers and

Public safety experts agree: a NOAA Weather Radio should

be standard equipment in every home. KANSAS SEVERE WEATHER AWARENESS WEEK

MARCH 4-8, 2024

WHEN DISASTER STRIKES



WILL YOU BE READY?



- Be Informed
- Make A Plan
- Build A Kit
- Get Involved

Learn more at

www.ready.army.mil

Easter season services ongoing at chapels

Fort Leavenworth Lent and Holy Week services

Easter Sunrise Service, 7 a.m. March 31 at Pioneer Chapel

(Regular chapel schedule March 31)

Protestant Christian Services

Lenten Lunch, noon to 1 p.m. March 20 at Fron-

tier Chapel, room 153

Good Friday service, CrossRoads Protestant Community, 5 p.m. March 29 at Frontier Chapel

Catholic Services

Stations of the Cross, 5:30-7 p.m. March 15 and March 22 at Pioneer Chapel

Holy Thursday Mass, 6 p.m. March 28 at Pioneer

Good Friday service, 6 p.m. March 29 at Pioneer Chapel

Easter Vigil Mass, 8 p.m. March 30 at Pioneer

Easter Mass, 9:30 a.m. March 31 at Frontier Chapel



For Information Call 913.684.2210

POC: Chaplain (MAJ) Chris Weinrich



Chapel Easter Eggs Hunts

Date: 31 March 2024 (Sunday)

- CrossRoads Protestant Community (0830 & 1100) 1000: Pioneer Chapel Grounds
- 2. Roman Catholic Mass 1000: St. Ignatius Building Area for the Egg Hunt
- Multicultural Gospel Service: 1130 Pioneer Chapel Grounds
- ***Sponsored by the Fort Leavenworth Chapel Congregations.

Please join our chapel services and the egg hunts on 31 March 2024!!



2024 Ramadan Time of Prayer: Frontier Chapel

Dates: Ramadan: 11 MAR - 09 APR (Frontier Chapel, Room 111)

Location: Please come to Room 111 in Frontier Chapel for Ramadan Individual Prayers

Frontier Chapel: 625 Thomas Avenue

Time: 0900-1700 (MON-FRI)

Please see your unit chaplain or call the Religious Support Office at 913-684-2210







POC: CH (MAJ) Chris Weinrich, christopher.w.weinrich.mil@army.mil

2024 Ramadan Time of Prayer

Who: All Muslim teammates assigned to Army University

What: The practice of Ramadan to celebrate a season of prayer, fasting, reflection, and community. Muslim practice requires prayer 5 times a day. In order to facilitate the midday prayer requirement during Ramadan, Muslim teammates may pray in either of the two coordinated locations.

When: 10 MAR - 08 APR 2024

Where: Two locations have been coordinated for mid-day

- L&C: The faculty lounge near the Joint Services pub on the 1st floor. -Available 1130-1300 Wednesdays 1130-
- Room 111 in Frontier Chapel, 625 Thomas Avenue -Available 0900-1700 M-F

POC: Chaplain Andrew Muilenburg, CGSC Chaplain Phone: 425-220-3164





Pet of the Week



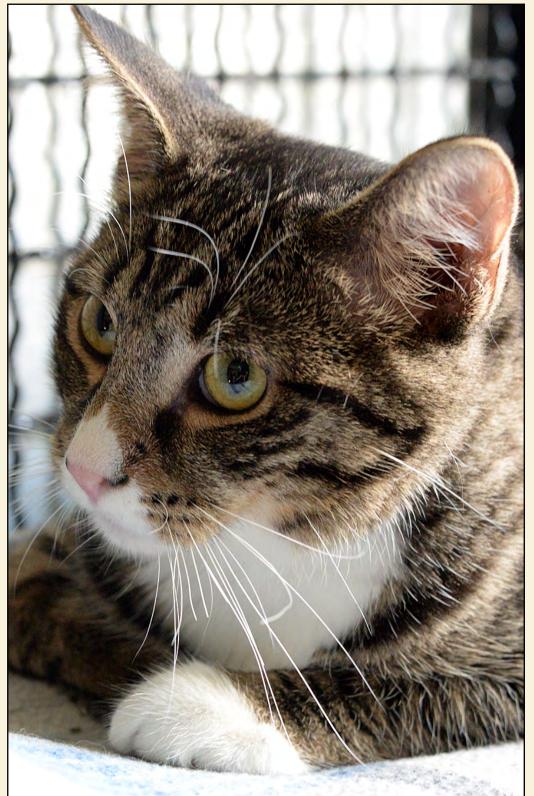
James is a 6-month-old tabby kitten currently available for adoption at the Fort Leavenworth Stray Facility. He has already been neutered, vaccinated and microchipped, which are included in his \$75 adoption fee.

The Fort Leavenworth Stray Facility, at 510 Organ Ave., is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday, and by appointment for pre-approved adopters. The facility is also open the second Saturday of each month (March 9) from 9 a.m. to noon.

See www.FLSF.petfinder. com or call 913-684-4939 for more information, or e-mail fortleavenwortstrayfacility@ gmail.com for an adoption application.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed. To apply to volunteer with the Fort Leavenworth Stray Facility, enter ZIP code 66027, then search for "stray animal facility" at https://vmis.army familywebportal.com/.





Photos by Prudence Siebert/Fort Leavenworth Lamp



They need your help for walks and general care!

They enjoy the love, attention, and affections, too!

Several shifts to choose from

Want to know how to join our team? Register at

https://vmis.armyfamilywebportal.com/.
Once registered, we will contact you and

Once registered, we will contact you and have you come in for a training with a team member.

you are ready to help shelter pets!

Watch the Fort Leavenworth Stray Facility Facebook page for training events!

Once you register, train, and shadow, you can sign up for any shift you can cover.

Children under 18 can help, but they must be accompanied by an adult the entire shift.

Work with either our cats or dogs or both!







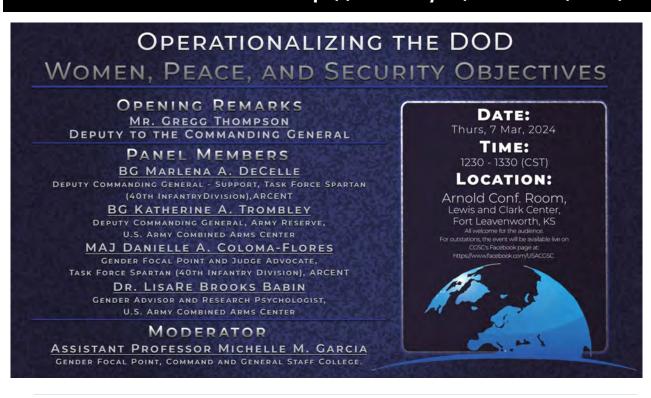


Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: https://home.army.mil/leavenworth/about/news

 $\overline{\mathrm{B1}}$



OPEN SATURDAY March 9

Fort Leavenworth Thrift Store

❖ Location: 1025 Sheridan Drive, Building 1049

OPEN: 9am – 2:30pmPhone: 913-651-6768











HARROLD YOUTH CENTER SPRING BREAK CAMP MARCH 11-15 0600-1600

Weekly Cost is based on TFI

Price includes breakfast, lunch, snack, activities and field trip admission

Open to all registered 6-12 graders

(Must have an active pass to attend)

Last day to register/pay is March 7, 2024

For more information please call 913-684-5118

Field trips include:

KC 200, sky Zone, the Rush, Go Ape Zipline KC, roller skating

(Must have a minimum of 8 in order to hold camp)













Scholarship Opportunities

Note This information is provided to US Army School Liaison Officers as information of common interest regarding various scholarship opportunities throughout the United States.

Such information is not an actual or implied endorsement of these colleges/universities/organizations by the US Army, Fort Leavenworth FMWR, and/or Fort Leavenworth CYS.

https://home.army.mil/leavenworth/application/files/78 16/3284/5772/Fort_Leavenworth_SLO_Scholarship_List _September_2021.pdf



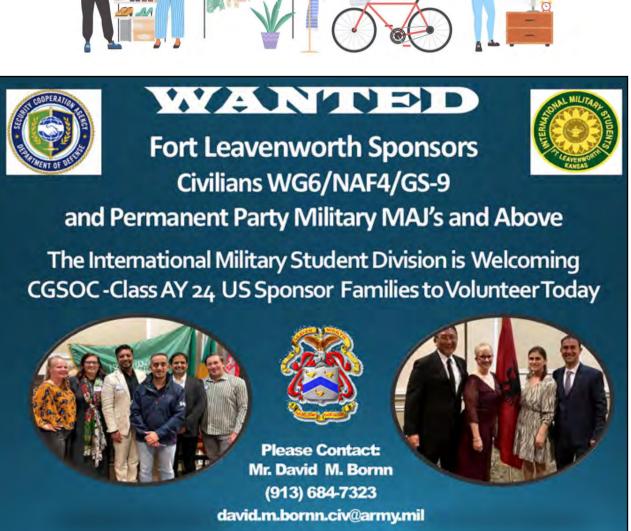














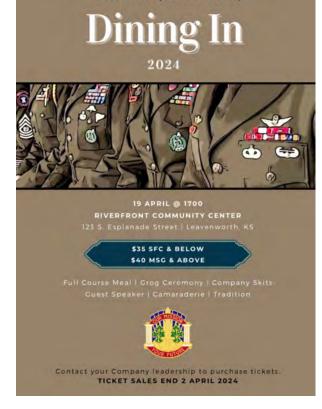
BLOOD DRIVE

Fort Leavenworth

DONATIONS SAVE LIVES



UNITED STATES DISCIPLINARY BARRACKS















STRONGHOLD DISTRIBUTION & HAPPY BOTTOMS

By Appointment Only www.strongholdfoodpantry.org

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4 DONATIONS 12:00-2:00	5 Happy Bottoms 8:30-10:30	6 PANTRY 11:00-1:00	7 Happy Bottoms 8:30-10:30 PANTRY 12:30 - 2:00	8	9
10	11	12	13 PANTRY 11:00 - 1:00	14	15	16
17	18 DONATIONS 12:00-2:00	19	20 OPEN PANTRY 12:30-2:00	21 Happy Bottoms 8:30-10:30	22	23 SPECIAL EVENT
24	25 DONATIONS 12:00-2:00	26 Happy Bottoms 8:30-10:30	27 PANTRY 11:00 - 1:00 Stronghold U 5:30p	28 Happy Bottoms 8:30-10:30	29	30



Stronghold Food Pantry is seeking volunteers to fill the following positions:

CONTENT CREATOR: Create social media content. Post on all social media platforms.

SKILLS REQUIRED: strong technological skills, thorough knowledge of social media platforms, highly skilled at creation of content, self motivated, professional, attention to detail.

STRONGHOLD

Stronghold Food Pantry is a not-for-profit, 100% volunteer operated organization on Fort Leavenworth, Kansas.



Stronghold Food Pantry is seeking volunteers to fill the following positions:

WEBSITE ASSISTANT: Maintain and update a Wix website.

SKILLS REQUIRED: Strong Wix knowledge, excellent technological skills, self motivated, detail orientated, great communication skills, professional.

STRONGHOLD

Stronghold Food Pantry is a not-for-profit, 100% volunteer-operated organization on Fort Leavenworth, Kansas.



STRONGHOLD FOOD PANTRY More than a food pantry.



Stronghold Food Pantry is seeking volunteers to fill the following positions:

GRANT WRITER: Research grant opportunities, draft grant proposals, and submit grant applications.

SKILLS REQUIRED: prior experience in grant wiring, technically capable, able to study and learn new funding programs, independent worker, with great communication skills. great communication skills.



Stronghold Food Pantry is a not-for-profit, 100% volunteer-operated organization on Fort Leavenworth, Kansas.







CALLING ALL MILITARY SPOUSES!

The completely confidential survey will be emailed from ArmyHousingSurvey@celassociates.com For additional questions, please contact your local Army Housing Office.

The 2024 Active-Duty Spouses Survey is out. It assesses the impact of military life on spouses and their families. Unlike many surveys about military family life, THIS SURVEY IS A REPRESENTATIVE SAMPLE AND IS AUTHORIZED BY THE DEPARTMENT OF DEFENSE. This is our opportunity to share what is working and what is not working in this military life we all live. It will take about 10 minutes!

HOW DO I TAKE THE 2024 SURVEY?

- 1. Go to https://www.dodsurveys.mil
- 2. Click the "DON'T HAVE A TICKET" button
- 3. Put your 10-digit BENEFICIARY DOD ID NUMBER found on the back of your Military ID Card. This ensures only military spouses are the ones completing the survey and they are completing it only one time. It is an anonymous survey.
- 4. Put in your DAY of birth and click the GET MY TICKET NUMBER button.

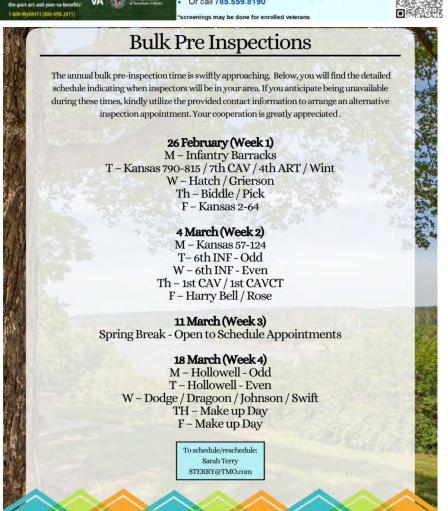


WEDNESDAY, MARCH 20, 2024 AT 5:30 PM - 6:30 PM CDT

Guest Speaker Series: Gary Hyder presents "Native Americans and Fort Leavenworth"

100 Reynolds Ave, Fort Leavenworth, KS, United States, Kansas 66027







It's almost time for the FY24 Army **Housing's Annual Tenant** Satisfaction Survey. Are YOU In?

Opt-In from your cell phone now to receive your Survey via text message when it becomes available in March*



The survey is being conducted online and is being administered through a third party, CEL & Associates, Inc. (CEL). All households living in privatized or government managed Army Housing are invited to participate in the survey, and this is your opportunity to provide feedback on your housing and community. Households will also receive the survey via email but only one survey per household can be submitted. All surveys submitted are confidential and anonymous. For more Information contact your Housing Office or management office for privatized housing.

OMB CONTROL NUMBER: 0704-0553 OMB EXPIRATION DATE: 05/31/2025



MONDAY, MARCH 11, 2024 AT 9:00 AM - 12:00 PM CDT

Spring Break: Touch a firetruck with the Fort Leavenworth Fire Department

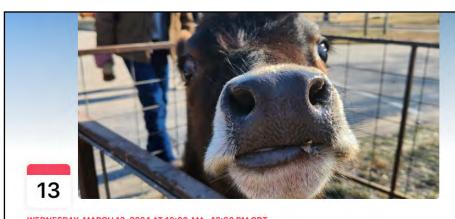
100 Reynolds Ave, Fort Leavenworth, KS, United States, Kansas 66027



TUESDAY, MARCH 12, 2024 AT 10:00 AM - 11:00 AM CDT

Spring Break: Children's Hour

100 Reynolds Ave, Fort Leavenworth, KS, United States, Kansas 66027



WEDNESDAY, MARCH 13, 2024 AT 10:00 AM - 12:00 PM CDT

Spring Break: Smiling M Farms

100 Reynolds Ave, Fort Leavenworth, KS, United States, Kansas 66027



Spring Break: Storytime at the Museum - Pie! 100 Reynolds Ave, Fort Leavenworth, KS, United States, Kansas 66027



Spring Break: Children's Pioneer Day

100 Reynolds Ave, Fort Leavenworth, KS, United States, Kansas 66027

March 2024

New Parent Support Program

Stroller Walk

Tuesdays, 10:00am - 11:00am Resiliency Center, Outside

Play Morning

Thursdays, 9:00am - 10:00am & 10:00am - 11:00am Resiliency Center

Childbirth Class

March 4, 11, & 18, 5:00pm - 7:00pm Resiliency Center, Room 157

Dad's Night Out March 20, 6:00pm - 8:00pm

Restaurant is TBD

Mom's Night Out

March 27, 6:00pm - 8:00pm Restaurant is TBD

Survivor Outreach Services

Knock Your Pin Off Bowling Social for Gold Star & Survivor Families

March 23, 1:00pm - 3:00pm Strike Zone Bowling Center

Army Volunteer Corps

Volunteer Basics March 13, 12:00pm - 1:00pm Resiliency Center, Room 157



Handicap access at the front of Building 198



Family Advocacy

Scream Free Marriage & Parenting March 6, 1:00pm - 2:30pm

Resiliency Center, Room 145

Stress Management March 14, 11:30am - 1:00pm Resiliency Center, Room 145

Navigating the Teen Years March 19, 1:00pm - 2:30pm Resiliency Center, Room 145

Co-Parenting Workshop March 21, 12:00pm - 1:30pm Resiliency Center, Room 145

Employment Readiness Program

Federal Employment March 6, 12:00pm - 2:00pm

Resiliency Center, Room 157

Resume Writing March 20, 12:00pm - 2:00pm Resiliency Center, Room 157

Resiliency Center, 600 Thomas Ave, Building 198 913-684-2800 // 913-684-HELP(4357) Hours: Monday - Wednesday, & Friday, 7:30am - 4:30pm (closed 1130-1230) Thursday, 1:00pm - 4:30pm Follow us on Facebook! @FortLeavenworthACS

Follow us on Twitter! @LeavenworthACS CALL ACS TO REGISTER FOR CLASSES TODAY! ALL EVENTS LISTED ARE FREE!



Bowl Your Socks Off FREE Bowling Event to support World Down Syndrome Day March 21, 5-7pm Registration Required!

Exceptional Family Member Program

EFMP Recreational Bowling for EFMP Members and their Families March 2,12:00pm - 2:00pm Strike Zone Bowling Center

EFMP Refreshing Conversations March 7, 10:00am -11:00am, **Exchange Food Court**

Sensory Storytime March 15, 10:00am -11:00am, Combined Arms Research Library

Empowering Families Lunch & Learn Workshop March 21, 12:00pm -1:00pm, Microsoft Teams

Relocation Readiness

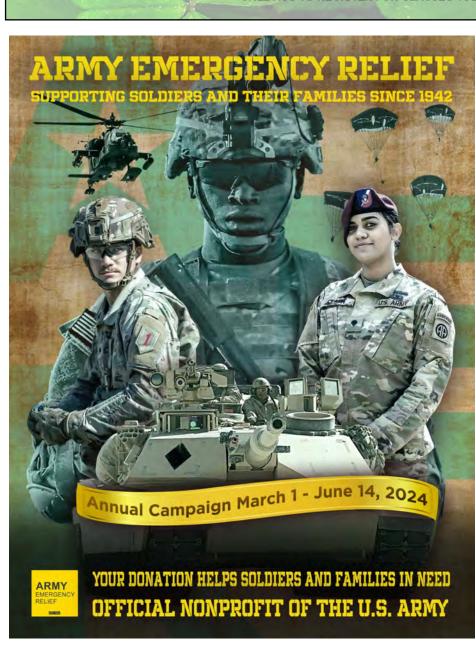
In-Processing Brief

Tuesdays, 9:00am - 10:00am Resiliency Center, Room 157

OCONUS Levy Brief Tuesdays, 10:00am - 11:00am Resiliency Center, Room 157







Military **Family Life** Counselors

AER

Resiliency Center Adult MFLC 571-497-9321

Adult MFLC 256-749-7169

Child Development Center MFLC 913-548-6151

School Assigned **Bradley & Eisenhower Elementary Schools** 913-209-5522

Macarthur & Eisenhower **Elementary Schools** 256-749-6793

Patton Jr./Leavenworth High School 913-209-6312





The Army Emergency Relief (AER) 2024 Campaign kicks off March 1 and ends June 14. With 30 different categories of assistance, AER has provided financial support to soldiers, retirees, and their Families for more than 80 years in the form of 0% interest loans and grants. AER has provided \$2 billion in assistance since 1942, including \$1 billion since 9/11.

The contributions you make from donations help to reduce the financial concerns of Army personnel and transform the lives of soldiers and Families.

> Donate today! Donate online by going to:

https://www.armyemergencyrelief.org/donate/. Click on Donate Now and fill in all the boxes. Make sure to select Fort Leavenworth under Support - Section so that your donation is earmarked for our community. If you have any questions, please call 913-684-2830/2800.



ay Morning Thursdays from 9-11:00 a.m.

Ages 3 months - 3 years with Guardian • Resiliency Center

Free play group for ages 3 months - 3 years and their parents/guardians.

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.

Service | Resiliency Center | 600 Thomas Ave. | Fort Leavenworth, Kansas Registration required, cut off is day before event (913) 297-3212 or (913) 684-2800



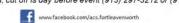


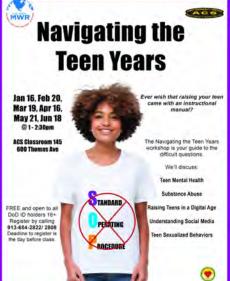


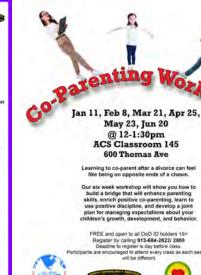










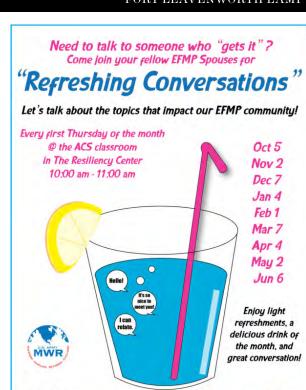












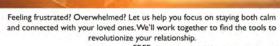




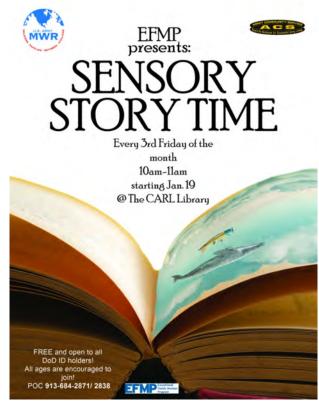


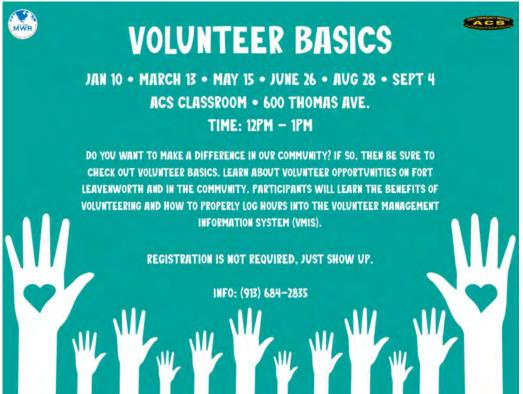






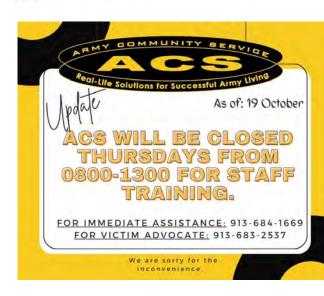
FREE
Open to all DOD ID holders 18+
leavenwortharms:mwr.com
PREE
Open to all DOD ID holders 18+
leavenwortharms:mwr.com
913-684-2822 / 2808











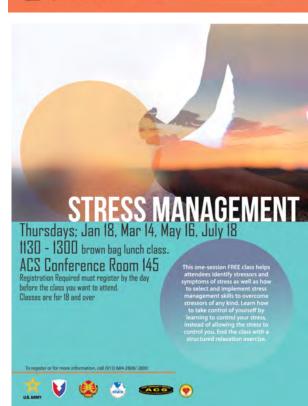






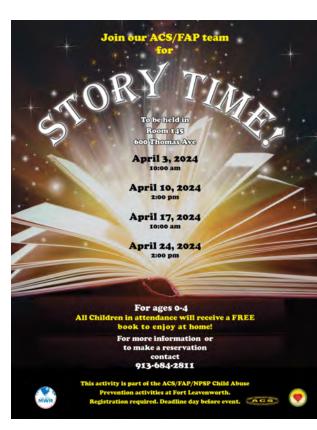




















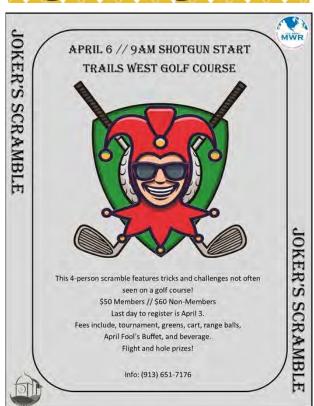






























Starting Monday January 8th, 2024

Fort Leavenworth
Group Fitness Classes

GRUBER FITNESS CENTER-200 Reynolds Ave. - 684-5120

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530			Spin (Karyn)			
0900	(0915) Zumba (Lydia)		(0915) Zumba (Lydia)		Zumba (Stephanie)	Zumba (Lydia)
1630	30/30 Split (Kim)		Power Cycling (Kim)			

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190 Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		"Power Cut (Kim)		*Power Cut (Kim)		

*Power Cut classes are held in the Bubble Gym



Single Ticket For \$5.00 10 Tickets For \$45.00 20 Tickets For \$80.00



https://leavenworth.armymwr.com





Monday - Friday str 9:00-10:15am aer Harney Gym pl 185 Fourth Street begi

CONTACT



strength, power, speed, agility, and aerobic capacity by Olympic lifting, weight lifting, gymnastics, and plyometrics. This class is ideal for beginners and elite. Get healthier, get stronger, live longer. Enjoy professiona programming in a supportive, encouraging environment.

949-291-0386



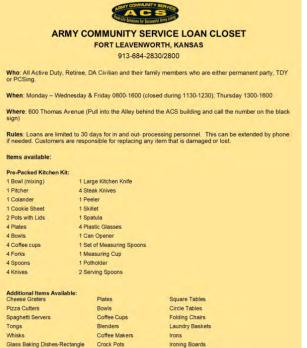
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Trash Cans Air Fryers

Toasters Rice Cookers

Hand Mixers



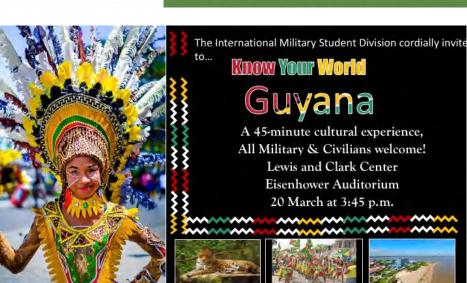












March & April

Craft Workshops



\$35 per class

Acrylic Painting (Robin Nest)

Wednesday March 6 12/30pm - 2/30pm

Acrylic Pour Wednesday March 27 11:30am - 1:30pm

Acrylic Painting (Happy Hedgehog) April 10 12:30pm - 2:30pm

Acrylic Pour Wednesday April 24

11:30am - 1:30pm



Crafts

\$30 per class

Birthday Banner Craft

Tuesday March 5 11:30am - 1:30pm

Wooden Welcome Sign

April 26 11:30am - 1:30pm

Intro to Framing *Must pre-register*

Thursday March Zor April 11 10am - 2pm

Intro to Framing "Must pre-register"

Saturday March 23 or April 27 10am - 2pm



Call now to register! 913-684-3373



10 McPherson Ave 913-684-3373

> Paint & Sip \$35

Must be 21 ears or older BYOB



Bunny in Tall Grass 6pm - 8pm

Umbrella in the Rain Friday April 12 6pm - Bpm



Cost includes all supplies

Kids Crafts

Color me Happy

\$10 per class (Parent & Toddler)

Wednesday March 6 10.30am 11:30am

Thursday March 28 10:30am - 11:30am

Wednesday April 10 10.30am - 11.30am

Thursday April 25 10:30am - 11:30am

Kids Messy Art

\$12

Thursdays (ages 7+) March 21, April 18 10:30am - 11:30am

Fridays (ages 4 - 6) March 22, April 12 10:30am - 11:30am 12:30pm - 1:30pm

Art History

\$15 per class

(ages 7+) Apples & Adams

March 20 12:30pm - 2:30pm Thursday March 2 4pm - 6pm

Donuts & Da Vinci Wednesday April 17 12:30pm - 2:30pm

Thursday April 18 4pm 6pm



Come see what's new at the Studio!



March & April

Watercolor

Courses

\$175 = 5 classes

Watercolor 201 (Intermediate Course)

Every Thursday March 28 - May 2 6pm - 8pm

Watercolor 301 (Advanced Landscapes)

Every Thursday March 28 - April 25 IZpm Zpm

Cost includes all supplies!



Call now to register! 913-684-3373

Workshops

\$25 per workshop

Watercolor (Basic Techniques)

Tuesday April 2 9:30am - 11am

Watercolor (Color Theory)

Tuesday April 9 9:30am | Lam

Watercolor

(Spring Florals) Tuesday April 16 9:30am - 11am

Watercolor (Landscapes)

Tuesday April 23 9:30am - 11am



Arts & Crafts Studio

10 McPherson Ave 913-684-3373

Hours 10am - 5pm T - F Ask about our Hourly Fees

Come use our provided supplies to craft with the whole family!

Provided watercolor and acrylic supplies to create your

own masterpiece

Must take Intro to Framing before using DIY

Framing Studio.

Calligraphy

Basics

\$20 per class

Tuesday March 26 11:30am - Ipm

Intermediate

\$20 per class

Tuesday April 2 11:30am - 1pm

Mother's Day Cards Tuesday April 9 11:30am - Tpm



Reoccurring Classes
MUST PRE-REGISTER Intro to Framing

\$40 per class Every 2nd Thursday & 4th Saturday of the month 10am - 2pm

> Paint & Sip \$35 per session

Every 2nd Friday of the month. 6pm 8pm

Must be 21 years or older.

Come see what's new at the Studio!

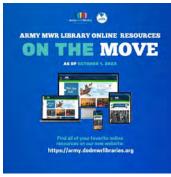


March 2024 The CARL's Community 🚗 Events Calendar

The Ike Skelton Combined Arms Research Library 913-758-3001 follow us on Facebook: @CombinedArmsResearchLibrary

*Activities are subject to change

0	54 31						
	unday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	\mathbf{C}					1	2
3	lose	4	5	6	7	8 Family Storytime @ 10am	9
10	INS p	11	12	13	14 Museum Storytime @ 10am	15 Sensory Storytime @ 10am	16
17	jabn	18	19	20	21	22 Bilingual Storytime @ 10am	23
24	S)	25	26	27	28	29 Family Storytime	30



MUNSON NOTES



HEALTH QUESTIONS WHILE YOU'RE ON THE GO?

A REGISTERED
NURSE IS ONLY A
CALL OR CLICK
AWAY

MHSNurseAdviceLine.com

Web chat, video chat or find your
country-specific phone number 24/7







Your child doesn't have to feel like this.

Signs of possible mental health problems in youth can vary, but may include:

- Emotional outbursts; irritability
- · Persistent sadness lasts two weeks or more
- · Difficulty concentrating or sitting still
- Changes in sleeping or eating habits
- · Frequent headaches or stomachaches
- · Withdrawing from or avoiding social interactions

Take the first step and seek help at www.tricare.mll/mentalhealth.





2024 NATIONAL NUTRITION MONTH

A CAMPAIGN BY

THE ACADEMY OF NUTRITION AND DIETETICS



