See page A8

See page A8 This week: Porch Kittens vs. the Snack Pack Litter Vote for your favorite! Dueling December: Who Wore It Best?

Adoptable pets holiday fashion show with a new matchup each week!

THURSDAY DECEMBER 5, 2024

CONTACT US | Phone: 913-684-5267 | E-mail: ftlvlampeditor@gmail.com | On the Web: https://home.army.mil/leavenworth/about/news



Photo by Tamika Sherman/Stronghold Food Pantry

Santa Claus greets his doppleganger as ruck marchers complete their journey from the Frontier Conference Center to Stronghold Food Pantry carrying toys, clothing and other gifts to stock Stronghold's Christmas Depot Dec. 2.

Early morning ruck march for

STRONGHOLD hined Arms Doctrine Directorate **FOOD PANTRY** On a crisp

ushers in season of giving



Photo by Tamika Sherman/Stronghold Food Pantry

Ruck marchers set out from Frontier Conference Center carrying donated toys and supplies to support military families Dec. 2.

nate to military families in need.

Food

"The ruck march was a fun and engaging way to involve soldiers and bring the commu-

A. Garibay/ Com-

winter morning,

soldiers, fami-

lies, civilians —

and even Santa

Claus — gath-

ered for the

Stronghold

Food Pantry

Christmas

Ruck March at

the Frontier

Conference

Center Dec. 2

to stuff their

rucksacks with

toys and gifts

before march-

ing to Strong-

Pantry to do-

hold

nity together," said Bassett, Monica founder and CEO of Stronghold. "It's a time to spread kindness, support and positivity."

Donations of toys, clothing and other gifts will support Stronghold's Christmas Depot, an annual event scheduled for Dec. 12-

14 that allows military parents to select gifts for their children to help spread joy and

SEE STRONGHOLD RUCK MARCH | A7

KMQC celebrates 2,000th graduate



by Randi Stenson, Mission Command Center of Excellence Public Affairs Officer

Honor graduate Capt. Andrew J. Gottardi is congratulated by guest speaker Howard Brewington, Mission Command Center of Excellence deputy director, for his achievement during the Knowledge Management Qualification Course graduation ceremony Nov. 22 at Fort Leavenworth. This KMQC class marked the 2000th graduate since the course began in 2011.

by Randi Stenson, Mission Command Center of Excellence Public Affairs Offi-

In April 2019, then-Knowledge Management Qualification Course Chief Martin Fries noted the graduation of the course's 1,000th student by saying, "We can't wait to get started on the next 1,000."

On Nov. 22, 2024, just a little more than five years later, the KMQC instructors and staff celebrated that milestone during the graduation of its 91st class.

While one of the class's 24 students is the 2,000th graduate, exactly who that is may never be known. Instead, the team decided to recognize each student with a poker chip commemorating this graduation and its significance to the KM community.

"This is a proud day for the Combined Arms Center, Mission Command Center of Excellence and the

Army Knowledge Management Proponent Office," said Fries, now chief of Leader Development, Education and Training. "We now have 2,000 individuals, both military and civilian, from all services and components, including multinational personnel from New Zealand, Canada, Korea and Germany, that have returned to their units and facilitated organizational improvement through enhanced shared understanding, learning and decision making in support of mission command."

The Army Knowledge Management Proponent oversees the design, development, coordination and execution of the resident KMQC across all cohorts and awards completion with Army Additional Skill Identifier 1E (KM Professional). The

SEE KMQC'S 2,000TH GRADUATE | A3

AT A GLANCE

- Anyone with **DEBTS OWED** to or by the **ES**-TATE OF SPC. TREVOR D. WHITE must contact Capt. Kaleb Dahl, the summary court martial officer for the soldier, at 913-684-2313 or kaleb.w.dahl.mil @army.mil. Spc. White passed away Nov. 11, 2024.
- The HOLIDAY LIGHTING EVENT AT ZAIS PARK with carriage rides, choir performances, visits with Santa and more is at 4 p.m. Dec. 6. See flyer on page B1 in the Post Notes section for more information.
- SKIES Curtain Call free performances of "ELF **JUNIOR: THE MUSICAL"** are at 2 p.m. and 6 p.m. Dec. 7 in the Old Patton Junior High School auditorium. Call 913-684-3207 or text 913-704-7595 for more information.
- The **GERMAN CHRISTMAS SERVICE** is at 5:30 p.m. Dec. 7 followed by a CHRISTKINDLMARKT at 6 p.m. at Memorial Chapel. See flyer on B1 for more information.
- The FORT LEAVENWORTH SPOUSES' CLUB WREATH AND TREE AUCTION and December Social is 5:30-9 p.m. Dec. 11 at the Frontier Conference Center and is open to non-members. RSVP at https://form.jotform.com/243035859110149. See re-

lated photos and story on page A5.

- The free 312TH ARMY BAND HOLIDAY CON-**CERT** is at 7 p.m. Dec. 13 in Eisenhower Auditorium at the Lewis and Clark Center.
- NATIONAL WREATHS ACROSS AMERICA DAY is Dec. 14. See flyer on page B1 for more infor-
- HANCOCK GATE IS OPEN temporarily from 7 a.m. to 5 p.m. Monday through Friday for the next six to eight months to provide the safest route for construction vehicles to and from the site of the future Child Development Center. Residents and employees who choose to use Hancock Gate are reminded to FOL-LOW DETOURS and SPEED LIMITS as posted. Given the influx of construction traffic and numerous detours through housing areas, motorists are cautioned that this might not be a viable "shortcut" to various locations on the installation.
- Three slots are still available for the upcoming VOLUNTEER DENTAL ASSISTANT TRAINING PROGRAM on Fort Leavenworth, a free job training opportunity. The program is a cooperative effort between the American Red Cross and the Fort Leavenworth Dental Clinic Command. Spouses and family members of active duty, Guard and Reserve soldiers are

welcome to apply, as are retired military members with

regular post access privileges. Applications are being accepted now, and interviews will take place now through Dec. 15. The next class will start on or before Feb. 3, 2025. Contact Jason Ramlow at Jason.Ramlow@redcross.org or 816-536-0108 for more information and to request an application packet.

- FORT LEAVENWORTH THRIFT SHOP COM-**MUNITY ASSISTANCE GRANT APPLICATIONS** are now available at the cashiers counter from 9:30 a.m. to 2:30 p.m. Tuesdays, Wednesdays and Thursdays at 1025 Sheridan Drive. Application deadline is Feb. 25, 2025, and funds will be available in April. No late applications will be accepted. Call 913-651-6768 for more informa-
- POILLON SCHOLARSHIP APPLICATIONS are available at the Army Education Center. The Poillon Scholarship is open to high school seniors who will be graduating during the current school year and are dependents of U.S. military members, currently or within the past 24 months assigned to Fort Leavenworth; or civilians who are currently employed at Fort Leavenworth either by the U.S. government or a nonappropriated fund. Application deadline is March 10, 2025.
- See the **POST NOTES** (B section) for more information on upcoming events.

Reader thankful for Thanksgiving at DFAC

LETTER TO THE EDITOR

Really enjoyed the Thanksgiving spread at the Dining Facility. Thank you. Oorah!

RIGHT: Fort Leavenworth leaders serve the traditional Thanksgiving meal holiday diners, BELOW, Nov. 28 at the Fort Leavenworth Dining Facility, also known as the Fort Leavenworth Installation Warrior Restaurant. Anyone with post access is welcome to dine at the DFAC.

Photos by retired Staff Sat.





Families prepare chapels for holiday season with annual Greening of Chapels



Photos by Jim Harbridge/Chapel Community

Chaplain (Maj.) Andrew Muilenburg and his family decorate a tree at Frontier Chapel during the annual Greening of the Chapels event Nov. 23.



Lt. Col. Chris Quinlan and his son help with the Greening of the Chapels Nov. 23 at Frontier Chapel. The **Chapel Community worked together to decorate Pio**neer, Frontier and Memorial Chapels for the annual Greening of the Chapels, a festive event that allowed service members and families to decorate the chapels for the upcoming holiday season.

RELIGIOUS HOLIDAY SCHEDULE **POST CHAPELS**

SPECIAL SERVICES

TIME/DATE 4 p.m. Dec. 6 5:30 p.m. Dec. 7 9 a.m. Jan. 11

Tree Lighting Ceremony (Zais Park—Memorial Chapel will be open) (Garrison Event) German Christmas Service (Memorial Chapel) **Chapel Decorations Restoration Event**

CATHOLIC- PIONEER CHAPEL

9:30 a.m. Dec. 8 9:30 a.m. Dec. 15 9:30 a.m. Dec. 22 4 p.m. Dec. 24 9:30 a.m. Dec. 29 Noon Jan. 1 9:30 a.m. Jan. 5

Second Sunday of Advent Mass Third Sunday of Advent Mass Fourth Sunday of Advent Mass Christmas Eve Mass (Pioneer Chapel) The Holy Family- Mass (Frontier Chapel)

Solemnity of Mary Holy Day of Obligation (Pioneer Chapel) **Epiphany (Frontier Chapel)**

PROTESTANT (LITURGICAL) - MEMORIAL CHAPEL

9:30 a.m. Dec. 8 9:30 a.m. Dec. 15 Second Sunday of Advent Third Sunday of Advent

FORT LEAVENWORTH GOSPEL SERVICE - PIONEER CHAPEL

10 a.m. Dec. 8 Second Sunday of Advent 2 p.m. Dec. 14

Christmas Cantata (Frontier Chapel)

10 a.m. Dec. 15 Third Sunday of Advent Fourth Sunday of Advent 10 a.m. Dec. 22 10 a.m. Dec. 29 First Sunday after Christmas

PROTESTANT (CONTEMPORARY 1100) - FRONTIER CHAPEL

11 a.m. Dec. 1 11 a.m. Dec. 8 11 a.m. Dec. 15

Second Sunday of Advent Third Sunday of Advent Fourth Sunday of Advent

First Sunday of Advent

11 a.m. Dec. 22 Christmas Eve Candlelight Service (Pioneer Chapel -Contemporary Service) 5 p.m. Dec. 24

11 a.m. Dec. 29 First Sunday after Christmas

PROTESTANT (TRADITIONAL 0830) - PIONEER CHAPEL

8:30 a.m. Dec. 1 First Sunday of Advent

Second Sunday of Advent (Christmas Cantata) 8:30 a.m. Dec. 8

8:30 a.m. Dec. 15 Third Sunday of Advent 8:30 a.m. Dec. 22 Fourth Sunday of Advent

Christmas Eve Candlelight Service (Pioneer Chapel - Traditional Service) 7 p.m. Dec. 24

8:30 a.m. Dec. 29 First Sunday after Christmas

JEWISH SERVICES Hanukkah (25 DEC 24 - 02 JAN 25) ***Please call the RSO for details

For more information, call the Garrison Chaplain's Office at 913-684-2210

FORT LEAVENWORTH LAMP

PUBLISHED FOR THE COMMUNITY OF FORT LEAVENWORTH, KANSAS

The Fort Leavenworth Lamp is an authorized publication for members of the U.S. Army. Contents of the Fort Leavenworth Lamp are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army, or the U.S. Army Combined Arms Center and Fort Leavenworth. It is published weekly by the Fort Leavenworth Garrison Public Affairs Office, Fort Leavenworth, Kansas 66027, commercial telephone number

913-684-5267 (DSN prefix 552). Everything advertised in the Fort Leavenworth Lamp shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any

other nonmerit factor on the purchaser, user or patron. If a violation of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected.

All editorial content of the Fort Leavenworth Lamp is prepared, edited, provided and approved by the Fort Leavenworth Garrison Public Affairs Office The appearance of advertising in this publication, including inserts or supplements, does not constitute an endorsement by the Department of the Army of

The Fort Leavenworth Lamp editorial office is in Room 221G, 290 Grant Ave., Fort Leavenworth, Kan., phone number 913-684-LAMP/526. For submission information, contact the command information officer at 913-684-1718,

or e-mail the editor at ftlvlampeditor@gmail.com. The Fort Leavenworth Lamp advertising office is in the Family and Morale, Welfare and Recreation Marketing and Commericial Sponsorship Office in the Resiliency Center at 600 Thomas Ave, Fort Leavenworth, Kan. E-mail mary.f.manago.naf@army.mil or call 913-684-1702.

Lt. Gen. Milford H. Beagle Jr. Commanding General Col. Duane Mosier Garrison Commander Scott Gibson Public Affairs Officer George Marcec **Command Information Officer**

Fort Leavenworth Lamp Staff

Prudence Siebert

ftlvlampeditor@gmail.com

FMWR Advertising Staff Marketing Director

Editor

Mary Manago mary.f.manago.naf@army.mil, 913-684-1702

AS

CAC-T farewells senior enlisted advisor



by Tisha Swart-Entwistle, Combined Arms Center-Training Public Affairs Officer

Combined Arms Center-Training's Sgt. Major Christopher Kohunsky and CAC-T Deputy Commanding General Brig. Gen. Jeremy Wilson shake hands during Kohunsky's relinquishment of responsibility ceremony Nov. 22 in the Lewis and Clark Center's Marshall Lecture Hall.

by Tisha Swart-Entwistle, Combined Arms Center-Training Public Affairs Officer

Combined Arms Center-Training Senior Enlisted Advisor Sgt. Maj. Chris Kohunsky relinquished responsibility for CAC-T during a ceremony Nov. 22 in the Lewis and Clark Center's Marshall Lecture Hall.

CAC-T Deputy Commanding General Brig. Gen. Jeremy Wilson hosted the ceremony.

"Sergeant Major Kohunsky's accomplishments while at CAC-T are too numerous to mention," Wilson said.

Wilson said some of the accomplishments included promoting the Digital Job Book and SABOT-X (Standardized Armor Base of Training-Experimental application) and engaging with senior leaders across the force on a daily basis.

"These tasks were not assigned to him, he realized the importance and seized the initiative," Wilson said. "He stepped forward and said 'send me,' always putting the needs of our Army before his own."

During his remarks, Kohunsky expressed gratitude for the support, mentorship and friendship of many individuals he worked with during his time at Fort Leavenworth.

"If you only do one thing today, do this: go find someone who you appreciate, tell them, tell them they are important in your life and you value your friendship," Kohunsky said. "Because, there will come a time when you PCS, or they PCS, and you will miss them — like we will miss all of you."

Kohunsky assumed responsibility as the CAC-T senior enlisted advisor in December 2022. His next assignment will be the Department of the Army's G-3/5/7 Force Management sergeant major.

$KMQC's\ 2000th\ graduate\ ({\it continued\ from\ Page\ A1})$

AKMP conducted its first KMQC in 2011, and it took almost eight years to reach a throughput of 1,000 graduates. Achieving the 2,000th graduate mark so quickly was largely due to the high demand for the course, resulting in the last 41 classes being at maximum capacity, Fries said.

Lt. Col. Jon Stafford, lead instructor for the KMQC, described what students learn during the three weeks they spend at Fort Leavenworth.

"We teach these individuals how to establish and then maintain a knowledge management program at their organizations. We also teach them how to train the individuals that will comprise their knowledge management working group, and then (train on) the different processes we use to

make sure an organization is working as efficiently as it can with the four key components of people, process, tools and organization," Stafford said.

The course focuses on teaching students to use the KM process to assess, design, develop, pilot and implement solutions to fix knowledge and performance gaps within their own units. Student products can then immediately be used at home station to jump start KM programs. Course surveys and testimonials routinely praise the course for giving graduates the tools to succeed.

During his remarks, guest speaker Howard Brewington, deputy director of



Photos by Randi Stenson, Mission Command Center of Excellence Public Affairs Officer

Guest speaker Howard Brewington, Mission Command Center of Excellence deputy director, asks Knowledge Management Qualification Course students to raise their hands if they know the answer to his question during the KMQC graduation Nov. 22 at Fort Leavenworth.

MCCoE, challenged the Army's newest KM professionals to make their way to the "hood of the humvee," referring to the place a commander gives guidance to key staff during tactical operations.

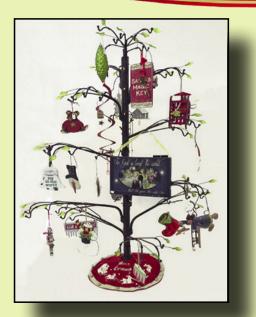
"So now you're armed with a set of skills that as you demonstrate value to your organization, ... As a knowledge manager, you will find your way to the hood of the HMMWV," he said. "Our Army is moving toward data centricity and a key aspect of that is knowledge management."

Visit https://usacac.army.mil/Organizations/Centers-of-Excellence-CoE/MCCoE/FMPC/Army-Knowledge -Management-Proponent to learn more about the KMQC.



Knowledge Management **Qualification** Course graduates pose with their poker chips, given to commemorate that the 2,000 KMQC graduate was part of their class, following the KMQC graduation ceremony Nov. 22 at Fort Leavenworth.





dorMail Gallery

Art, Gifts, Holiday Trees & Ornaments Custom Framing

> "Where Custom Framing is an Art"



117 Delaware • Leavenworth, KS • 913-682-6373 • dormail-gallery.com

MAHC director engages with healthcare partner

by Maria Christina Yager/Munson Army Health Center Public Affairs Officer

Munson Army Health Center Director Col. Jolanda L.J. Walker visited Saint John Hospital in Leavenworth Nov. 4 to meet healthcare administrators and facilitate communication with TRICARE-network part-

TRICARE is the uniformed services health care program for active-duty service members and their eligible family members. Military retirees and eligible family members who pay an annual enrollment fee can also use TRICARE.

Depending on location and services, TRICARE "beneficiaries" can receive care from a military hospital or clinic, a civilian network of providers off post, or TRICARE-authorized non-network providers off

"Munson cares for more than 13,000 TRICARE beneficiaries, offering core services through our primary care practice and ancillary services like lab, radiology and pharmacy," Walker said. "When our beneficiaries need more specialized care, like obstetrics, cardiology, or inpatient or emergency care, we are fortunate to have network partners, like Saint

can rely upon to help us fulfil our mission."

Accompanied MAHC's Chief Medical Officer Lt. Col. Reginald Trevino, an internal medicine physician, the team met face-to-face with Saint John Hospital Administrator and Chief Nursing Officer Billie Leonard and Physician Liaison Mindy Krska.

"It was very eye-opening. I learned about services I didn't even know they offered," Trevino said.

Increasing community engagement, on and off post, is among Walker's top priorities, in addition to improved access to care, readiness and fiscal responsibility.

"It is very important to have these relationships and lines of communication established at all levels. We've got to take a good look and make sure our administrative processes are efficient," Walker said.

Military health is in a transformative time, and with a new TRICARE contract in January 2025, integration between TRICARE civilian provider networks and military hospitals and clinics will be more important than ever.

Walker has more visits planned in Leavenworth and the surrounding communities with additional TRICARE network partners in the coming weeks.



Photos by Maria Christina Yager/Munson Army Health Center Public Affairs Officer

Saint John Hospital Physician Liaison Mindy Krska, right, welcomes Munson Army Health Center Chief Medical Officer Lt. Col. Reginald Trevino and MAHC Director Col. Jolanda L.J. Walker to Saint John Hospital Nov. 4 in Leavenworth. Walker and Trevino visited Saint John Hospital to meet healthcare administrators and facilitate communication with the TRICARE-network partner.

the health center.

Leavenworth.



Saint John Hospital Administrator and Chief Nursing Officer Billie Leonard and Physician Liaison Mindy Krska meet with Munson Army **Health Center Director** Col. Jolanda L.J. Walker and Chief Medical Officer Lt. Col. Reginald Trevino Nov. 4 in Leavenworth.



Information about health care is provided during orientation, but this event provided international families a closer look. "It's a completely new experience for them, so we wanted to walk them through the process before they are sick or need to get care," said Col. Jolanda L.J. Walker, director of Munson Army Health Center. The process for the international enrollees to access medical care is the same for TRICARE beneficiaries enrolled at MAHC.

International

spouses learn

how to access

healthcare

Munson Army Health Center recently welcomed spouses from Fort Leavenworth's international military student population for a tour of

The purpose of the tour was to familiarize the spouses with the faity and teach them how to access routine, acute and emergency healthcare for themselves and their families while assigned to Fort

The post is home to the U.S. Army Command and General Staff College, which includes international military students and liaisons.

by Maria Christina Yager/Munson Army Health Center Public Affairs Officer

To schedule an appointment, call the appointment line at 913-684-6250 from 7 a.m. to 4 p.m. Callers will need to have the Department of Defense ID number, located on the back of their ID, for the individual requiring medical care.

In case of a medical emergency, call 911, or visit the nearest emergency room off post. MAHC does not have an emergency room.

"We want all our patients to know how to access their care," Walker said.

After reviewing how to schedule an appointment at MAHC, the group visited the Primary Care Clinic on the third floor where Elizabeth Allen, a medical support assistant at MAHC, shared how to check-in for an appointment and what patients might encounter during their visit.

Allen said the patients should have their ID, a list of medications they are currently taking and any questions they would like to ask the provider.

"We also emphasized our foreign language interpreter service and chaperone policy," said Kathy Budke, MAHC's patient advocate and international military student medical liaison. "We want to prepare them for what they can expect here to ensure their safety and com-

The group also visited the laboratory, radiology and pharmacy, where the spouses learned how to activate and pick-up new prescriptions or refills.

"I believe they really enjoyed their one-on-one tour," said Reagan Sawyer, the Fort Leavenworth Army Community Service program manager who facilitates monthly events on post for international and U.S. families. Sawyer accompanied the international group, and she said that based on the positive response, she will work with the health center to plan additional visits in the future.

Munson Army Health Center supports Fort Leavenworth and the Combined Arms Center through readiness, wellness, and healthcare

for service members, retirees and their families. Learn more about Munson Army Health Center at https://munson.tricare.mil.

Photo by Maria Christina Yager/Munson Army Health Center Public Affairs Officer

After a tour of Munson Army Health Center, a group of international spouses and Army Community Service representatives pose in front of the building Nov. 8. The purpose of the tour was to familiarize the international spouses with the facility and teach them how to access routine, acute and emergency healthcare for themselves and their families while assigned to Fort Leavenworth.

Spouses' Club Wreath Auction is Dec. 11

worth Spouses' Club President

The Fort Leavenworth Spouses' Club is excited to be hosting the second annual Wreath and Tree Event Dec. 11 at the Frontier Conference Center. Doors open at 5:30 pm for a cocktail hour, followed by the meal and wreath and tree auc-

This event is open to the public, so you do not need to be a member of the club to attend. Spouses and friends are welcome.

The evening will offer live music, a cash bar and more than 30 wreathes and trees up for grabs in the auction.

If you haven't been to a

wreath-and-tree event, you are in for a real treat. Each wreath or tree has its own theme and will be full of goodies.

In the past there have been wine advent trees, bourbon trees, gift card trees, and so much more.

The event offers a great way to finish up some holiday shopping while helping a good cause, with proceeds going into the club's welfare fund to be given out in the spring in the form of grants and scholarships.

To purchase a ticket to attend, visit https://form. jotform.com/24303585911

The Spouses' Club looks forward to seeing you Wednesday night.







Photos by Prudence Siebert/Fort Leavenworth Lamp

Fort Leavenworth Stray Facility volunteer Cathy Schrankel's dog Goldie, LEFT, and cat Trouble, ABOVE, show their approval of the project and adornment choices as FLSF volunteer Marisa Ranney, LEFT, and Shanna Cheatham, ABOVE, decorate a dog-themed wreath with dog toys and battery-powered lights for the Fort Leavenworth Spouses' Club Wreath and Tree Auction Nov. 21 at Shrankel's home on post. Schrankel adopted Goldie from the Fort Leavenworth Stray Facility a few years ago after fostering her for some time.



ABOVE: FLSF volunteers Marisa Ranney and Jennifer Johnston fill clear ornaments with treats and cat toys to place on dog- and cat-themed wreaths Nov. 21 at a fellow volunteer's home in Main Post.

RIGHT: FLSF volunteers Shanna Cheatham and Sarah Crabtree decorate a cat-themed wreath for the Fort Leavenworth Spouses' Club Wreath and Tree Auction Nov. 21



public!



Photos by Prudence Siebert/Fort Leavenworth Lamp

Fort Leavenworth Stray Facility volunteers Sarah Crabtree, Jennifer Johnston, Shanna Cheatham, Cathy Schrankel and Marisa Ranney decorate rustic dog- and cat-themed wreaths with pet items and lights Nov. 21 at Shrankel's home on post. The wreaths, and many others from other donors, will be available at the Fort Leavenworth Spouses' Club Wreath and Tree Auction Dec. 11, with proceeds benefitting grants and scholarawards in the snrino



leavenworth.armymwr.com

Renovation celebrated with ribbon-cutting



Photo by Saan Bargosh/Fort Leavenworth Carrison Public Affairs Office

Lead Special Trial Counsel for the Army Brig. Gen. Christopher Kennebeck is joined by Fort Leavenworth Garrison Commander Col. Duane Mosier and Garrison Command Sgt. Maj. Vanessa Sun to cut the ribbon for the recently renovated 4th Circuit Office of Special Trial Counsel Office Nov. 20 at 615 McClellan Road. The 4th Circuit Office of Special Trial Counsel is one of eight circuits that are part of the Office of Special Trial Counsel (OSTC). According to the OSTC's website, the office's mission is "to seek justice by independently and equitably evaluating criminal allegations and effectively prosecuting cases warranted by the evidence in the best interests of the Army community, while maintaining honest, clear communication with victims, the Army and the public in order to promote trust in the military justice system."

U.S. Army advisors prepare for Operation Combined Victory at MTC-Leavenworth

by Maj. Jason Elmore/1st Security Force Assistance Brigade

Advisors from the 1st and 3rd Security Force Assistance Brigades (SFABs) sharpened their skills and operational understanding during a Leader Training Program (LTP) Nov. 18-22 at the Mission Training Complex - Leavenworth. The program is a vital step in preparing advisors for their roles in Operation Combined Victory 25-02, a validation exercise designed to test their ability to operate in complex and dynamic environments.

"The LTP will combine force packages from both brigades to ensure all SFAB are interoperable in large-scale combat operations," said Maj. Loren Wampler, operations officer assigned to the 1st Security Force Assistance Brigade.

The LTP serves as a "warm start" to the

scenario advisors will face later during Operation Combined Victory (OCV) at Camp Atterbury, Indiana. The program combines academic instruction with the Military Decision-Making Process (MDMP), enabling advisors to develop their initial scheme of advising and advisor support plan before executing their mission.

"The battalion staff gained a greater appreciation of division operations through a day and a half of academics, and two days of (mission analysis) planning. This is a great start in helping us shape our training before we go into OCV in how to advise and liaise at the division level," said Maj. Richard Chapman, an Army advisor who participated in the training.

During the weeklong program, advisors received instruction on division-level operations, focusing on key warfighting functions such as intelligence, fires, protection

and sustainment. These sessions were complemented by in-depth discussions on specialized topics, including counter-unmanned aerial systems (UAS) and airspace planning, providing advisors with critical knowledge to address emerging threats.

Breakout sessions allowed advisors to collaborate in smaller groups, applying their training to scenario-based challenges. The MDMP sessions heavily emphasized mission analysis, guiding advisors to evaluate the situation, identify key factors, and build a scheme of advising. This process detailed how advisors would integrate with partner forces, defining roles and responsibilities to ensure effective support.

"LTP is important because it is the first time the teams across the task force have worked together as a staff, and, for most, the first time we learned about planning and

operations at the division level," Chapman

Operation Combined Victory 25-02 will immerse SFAB advisors in a realistic and complex scenario spanning the full spectrum of the competition continuum. The exercise will validate their ability to assess, support, liaise and advise partner forces while managing internal mission command

By preparing advisors to operate cohesively with foreign partner forces and U.S. units, the Leader Training Program reinforces the critical role of SFABs in supporting global security cooperation and readiness. As they move forward to Operation Combined Victory, these advisors are equipped to meet the challenges of tomorrow's battlefields with professionalism and



$Stronghold\ Ruck\ March\ ({\tt continued\ from\ Page\ A1})$

holiday cheer while respecting their dignity. Children will even have the opportunity to find gifts for their parents. Anyone who would still like to donate to Stronghold's Christmas Depot can do so through Dec. 10.

"At the end of the day, when you can unite the community and get everyone involved in giving back, it's incredibly heartwarming," said Vince Afaisen, an event participant and second vice president of the Fort Leavenworth Spouses' Club. "It's amazing."

Beyond providing material goods, the ruck march also helped raise awareness about food insecurity and the broader challenges faced by some military families, according to Bassett, who founded Stronghold in

"When military families are struggling to put healthy food on the table for their families, they are also burdened with the stress and anxiety of not being able to buy new warm clothes for their growing children, or put Christmas presents under the tree," Bassett said.

She opens the Stronghold Food Pantry from 11 a.m. to 1 p.m. every Wednesday.

"Events like this not only provide immediate support, but they also help soldiers

recognize what resources are available to them."

While Stronghold primarily operates as a food pantry, its mission extends far beyond just providing food. The organization hosts year-round events similar to the Christmas Ruck March and Christmas Depot to support families in need.

Stronghold partners with a variety of local organizations, including the Fort Leavenworth Spouses' Club and the School of Advanced Military Studies. In fact, a large group of ruck march participants were SAMS students.

"One of the key things we try to instill in our students is not only a sense of service to the country, but also a sense of service to the community," said Col. Dwight Domengeaux Jr., SAMS director, who participated in the event. "What we're doing here is an expression of our service to the community."

The Stronghold Food Pantry is located in the Armed Forces Insurance building at 655 Biddle Blvd. on Fort Leavenworth.

For more information on the organization and how to volunteer, donate or sign up for the Christmas Depot, visit www.strongholdfoodpantry.org.



Photos by Tamika Sherman/Stronghold Food Pantry

ABOVE: Canadian Maj. Ashley Adams and German Lt. Col. Tobias Post, School of Advanced Military Studies, talk with Stronghold Food Pantry CEO and Founder Monica Bassett after the Stronghold Christmas Ruck March Dec. 2 at the Armed Forces Insurance building at 655 Biddle Boulevard, where the Stronghold Food Pantry, which includes the Happy **Bottoms diaper program and Christmas** Depot for military families, is located. LEFT: A Stronghold Christmas Ruck March participant transfers items from backpack to table Dec. 2 for military families to select as gifts in Stronghold's Christmas Depot, which will be available Dec. 12-14. Visit www.strongholdfoodpantry.org to up or for more information.



Federal court orders Harris Jewelry to restore web portal for service members to request refunds

by Federal Trade Commission Press Release

A federal court has ordered Harris Jewelry to reopen its claims process and renotify consumers, most of whom are active-duty service members, to submit their claims for refunds. The court found Harris Jewelry violated its prior settlement with the Federal Trade Commission and a multistate group led by the New York Attorney General's Office by prematurely shutting down the claims portal.

The new claims process is open until

The agency is encouraging consumers who purchased items from Harris Jewelry and paid for a Lifetime Jewelry and Watch Protection Plan, and have yet to file a claim

or previously filed a claim but not yet heard back from Harris Jewelry, to request a revia Harris's website https://www.harrisjewelry.com/ as soon as

In July 2022, the FTC and a group of 18 states took action and stopped the national jewelry retailer from cheating military families with illegal financing and sales practices. According to the complaint, the jewelry company deceptively claimed that financing jewelry purchases through Harris would raise service members' credit scores, misrepresented that its protection plans were not optional or were required, and added the plans to purchases without consumers' consent. The company also allegedly violated numerous financial consumer protection laws, including the Military Lending Act.

Under a stipulated order with the FTC and the multistate group, Harris was ordered to stop collecting millions of dollars in debt, provide refunds for purchased protection plans, which could total approximately \$10.9 million, issue refunds for overpayments, and assist with the deletion of any negative credit entries pertaining to debt in consumers' credit reporting files. Harris is also required to complete its shutdown of operations and to dissolve pursuant to applicable state laws, once it meets the obligations of the stipulated order.

a request from the FTC and the multistate group, is aimed at allowing consumers fair and sufficient time to file claims for refunds, in response to the 2022 settlement.

The Federal Trade Commission works to promote competition and protect and educate consumers. The FTC will never demand money, make threats, tell you to transfer money, or promise you a prize. Learn more about consumer topics at consumer.ftc.gov, or report fraud, scams, and business practices ReportFraud.ftc.gov. Follow the FTC on social media, read consumer alerts and the business blog, and sign up at https://www.ftc.gov/news-events/stay-con-



Have the Fort Leavenworth Lamp delivered to your inbox!

Sign up to receive a reminder when a new issue of the Fort Leavenworth Lamp is posted by e-mailing

usarmy.leavenworth.id-training.mbx.pao-inbox@army.mil.

Porch Kittens vs. Snack Pack Litter ECEMDET

Adoptable pets model holiday fashion

Who Wore It Best? Vote for your favorite!





Who wore it best?

Photos by Prudence Siebert/Fort Leavenworth Lamp

Ritz Bits, LEFT, a member of the Snack Pack Litter, and Squirrel, ABOVE, a member of the Porch Kittens Litter, don holiday cat pajamas in the first matchup of the season. Both kittens are about 6 months old and have already been neutered/spayed, vaccinated and microchipped.

vote for who wore it best at https://www.facebook.com/FortLeavenworthStrayFacility/ or on Instagram, FortLeavenworthStrays, https://www.instagram.com/fortleavenworthstrays/?igsh=MTA2ajdzdzV4a2Rhag%3D%3D.

A new matchup will be featured each week in December, with results revealed in January.

Visit www.FLSF.petfinder. com for pet profiles, e-mail fortleavenworthstrayfacility@gmail.com for an adoption application, and call 913-684-4939 for more information.

The Fort Leavenworth Stray Facility, at 510 Organ Ave., is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday, and by appointment for pre-approved adopters. Call 913-684-4939 to schedule an appointment. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed. To apply to volunteer with the Fort Leavenworth Stray Facility, enter ZIP code 66027, then search for "stray animal facility" at https:// vmis.armyfamilywebportal.com/.





Photos by Prudence Siebert/Fort Leavenworth Lamp

Who wore it best?

Possum, LEFT, a member of the Porch Kittens Litter and Pretzel, ABOVE, a member of the Snack Pack Litter, slip into Santa suits for their holiday matchup. Both kittens are about 6 months old and have already been spayed, vaccinated and microchipped.

Vote for who wore it best at https://www.facebook.com/FortLeavenworthStrayFacility/ or on Instagram, FortLeavenworthStrays, https://www.instagram.com/ fortleavenworthstrays/?igsh=MTA2ajdzdzV4a2Rhag%3D%3D.

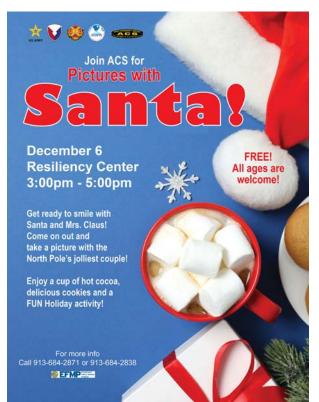
Visit www.FLSF.petfinder. com for pet profiles, e-mail fortleavenworthstrayfacility@gmail.com for an adoption application, and call 913-684-4939 for more information.

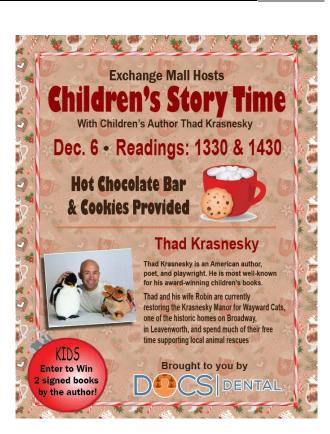
The Fort Leavenworth Stray Facility, at 510 Organ Ave., is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday, and by appointment for pre-approved adopters. Call 913-684-4939 to schedule an appointment. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility.

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: https://home.army.mil/leavenworth/about/news



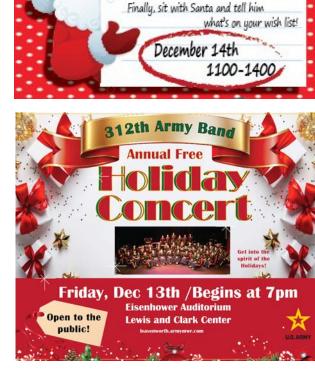












Exchange Mall Event

Santa will arrive at the Exchange by Firetruck

promptly at 1100.

Santa is coming to the Exchange Mall!

Decorate a cookie and write a letter to Santa!









Fort Leavenworth Thrift Store 7 December 2024

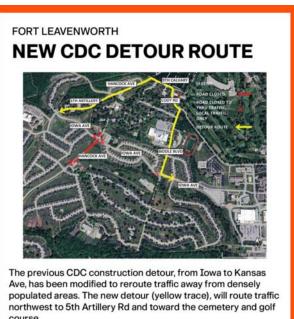
- Location: 1025 Sheridan Drive, Building 1049
- Phone: 913-651-6768
- Hours:
 - Monday & Friday: Closed
 - Tuesday-Thursday: 0930-1430
 - First Saturday of each month: 0930-1430
- Consignments taken each day the store is open from 0930-1230











💢 U.S. ARMY



We want to hear from you!

Fort Leavenworth's environmental restoration team is working to improve our programs and your input is key.

By sharing your thoughts and concerns in interviews, you'll help us create a community involvement plan that benefits everyone - both on post and across the surrounding areas.

Cherokee Nation



Conti Federa

Virtual interviews will be held through December 6, 2024

Interviewee responses will be compiled and any information used will be anonymous.

Your input really matters, and we appreciate you taking the time to be part of this Community Involvement Plan. To participate, please contact Carla Avery at cavery@contifederal.com or 848-327-4448, who is providing environmental contract support to the Army.





We will resume on January 9, 2025

CWOC meets Thursdays at 9:00am in the Pioneer **Chapel Activity Room**

LEARN MORE >>

Find our complete calendar on Facebook 'CWOC Fort Leavenworth'









Jewish Distinctive Religious **Group Leader**

The Fort Leavenworth Religious Support Office would like to invite a Service member or Family member practicing the Jewish religion to support the Jewish community on post.

We want to talk with a Service member of Family member interested in leading a Jewish meeting as our Distinctive Religious Group Leader (DRGL).

Please call the Religious Support Office at 913-684-2210 or email:

CH (MAJ) Chris Weinrich, christopher.w.weinrich.mil@army.mil





YOUTH SPORTS & FITNESS



HOLIDAY

HOURS

our Facility/Program holiday hours!







School is in session











The Fort Leavenworth Spouses' Club Wreath and Tree Auction and December Social Dec. 11 is open to nonmembers. RSVP at https://formjotform.com/ 243035859110149.





CALL FOR

Role: Assisting with inventory, minor artifact cleaning, mount making, and other collections related tasks. Age Requirement: Must be 16 and older.

> terested? Please contact Megan Hunter megan.m.hunter4.civ@army.mil









Dental Clinic Command

INTERESTED IN THE DENTAL ASSISTANT TRAINING PROGRAM?

Must have valid DoD sponsored ID card

High School Graduate or GED. Candidates must have or be willing to complete BLS training and vaccination

Candidates will be chosen based on

Phone: (816) 536-0108

an application packet!

American Red Cross

application, essay, and individual inte Training begins on 3 Feb 25
 Contact American Red Cross today for FORT LEAVENWORTH THRIFT SHOP Applications are available at the Thrift Shop 1025 Sheridan Drive, Building 1049 **Hours of Operation** Tuesday, Wednesday, Thursday, 1st Saturday from 9:30 AM - 2:30 PM APPLICATIONS MUST BE GRANTS ARE AVAILABLE COMPLETED AND RETURNED FOR ELIGIBLE ORGANIZATIONS, TO THE THRIFT SHOP BY NOT INDIVIDUALS TUESDAY, FEBRUARY 25TH



https://carlcgsc.libguides.com/Home

LIBRARY CLOSURES

December 21 - 29

RESOURCES

Public computers: Login procedures for the 1st floor computers have changed. Please go to the Circulation Desk to get a computer login.

Book displays: Highlighting various subjects throughout the year.

Holiday Hours

Regular hours resume January 4

ACADEMIC NEWS

Need research or archives assistance? Use our "Ask a Librarian" form or speak to a first-floor Reference Librarian

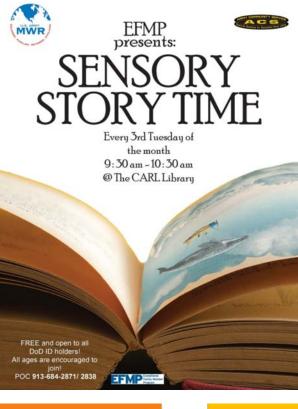
COMMUNITY NEWS

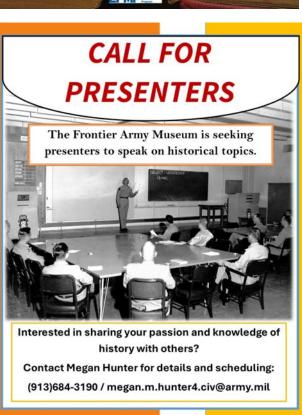
Storytime: This month 3 December, 10 December, and 17 December at 0930.

ACS Sensory Storytime will be 17

913 - 758 - 3001 Follow us on Facebook for up









Free Dental Assistant Training

- · Brought to you by the American Red Cross & the Ft. Leavenworth Dental Clinic Command
- 2 weeks lectures and 22 weeks chairside on the job clinical training (1000 hours total). All done as a volunteer.
- Must be military ID holder, HS grad, and age 18+ to apply.
- · Training will be at Smith Dental Clinic, 520 Pope Ave. Applications available now and interviews held now through 15 Dec 24. Training begins on Monday, Feb. 3rd, 2025.
- Call the Red Cross at 816-536-0108 or email Jason.Ramlow@redcross.org for an application













STRONGHOLD DISTRIBUTION & HAPPY BOTTOMS

By Appointment Only www.strongholdfoodpantry,org

	www.strongnolarooapantry,org						
SUN	MON	TUE	WED	THU	FRI	SAT	
1	2	3 Stronghold Christmas Ruck March	4 Open Pantry & Happy Bottoms 11:00 - 1:00	5	6	7	
8	9 Christmas Depot	10 Christmas Depot	11 Open Pantry & Happy Bottoms 11:00 - 1:00	12 Christmas Depot	13 Christmas Depot	14 Little Elves Shop 6:00P	
15	16	17	18 Open Pantry & Happy Bottoms 11:00 - 1:00	19 CLOSED	20 CLOSED	21	
22	23	24	25	26	27	28	
29	30	31	08	e			



















ILY ADVOCACY PROGRA

DECEMBER

Mon- Fri 8:00 a.m.-4:00 p.m. with limited hours Thur 1-4:00 p.m. | 913-684-HELP (4357) / 2800

Resiliency Center, 600 Thomas Ave, Building 198 ***ACS is closed for lunch from 1130-12:30pm daily***

NEW PARENT SUPPORT PROGRAM

There will be no NPSP events Dec 25-26 or Jan 1-2

**Call 913-297-3212/ 9704 to register for all NPSP classes & events.

Toddler Time

Wednesdays, 9:00am Resiliency Center Playroom

Story Time

Wednesdays, 10:00am Resiliency Center, Room 157

Play Morning

Thursdays, 9:00-10:00 am & 10:00-11:00 am Resiliency Center, Playroom

Resiliency Center, Room 157

Breastfeeding Class Dec. 2, 5:00-7:00pm

Dad's Night Out Dec. 4, 6:00-8:00pm Restaurant TBD

Newborn Care Class

Dec. 9, 5:00-7:00pm Resiliency Center, Room 157

Mom's Night Out Dec. 11, 6:00-8:00pm

Restaurant TBD

ACS WILL BE CLOSED DEC 24-25, 31 & JAN 1



FAMILY ADVOCACY PROGRAM

**Registration Required for all FAP events.

Co-Parenting Workshop

Dec. 2, 9,16, 30,12:00-1:00pm Resiliency Center, Room 145 virtual options available

Anger Management Class Dec. 5,11:30am-1:00pm

Resiliency Center, Room 145

Mom & Me Crocheting

Dec 6, 1:00-3:00pm Resiliency Center, Room 145

Positive Parenting Series Dec. 6,13, & 20,1:30-3:00pm

via Microsoft Teams **Navigating the Teen Years**

Dec. 18, 1:00-2:30pm Resiliency Center, Room 145



CALL ACS TO REGISTER FOR CLASSES TODAY! ALL EVENTS LISTED ARE FREE!

ttps://leavenworth.armymwr.com/ facebook.com/FortLeavenworthACS facebook.com/FortLeavenworthFMWR https://home.army.mil/leavenworth/



UNITED STATES ARMY COMBINED ARMS CENTER AND FORT LEAVENWORTH SEXUAL HARASSMENT AND SEXUAL ASSAULT RESPONS





Ms. Amanda Bonseigneur Lead SARC Amanda.bonseigneur.civ@army.mil Office: 913-684-2810 Cell: 913-704-9620 Bldg 197, 632 McClellan Ave



Hiring Underway Supervisory SARC



SFC Jerri Osborne Team 1 SARC jerri.l.osborne.mil@army.mil Office: 913-684-1698 Cell: 913-565-0741 Bldg 77, Room J209, 290 Grant Ave



LTC Craig Arnold Interim Supervisory SARC Team 2 SARC craig.d.arnold.mil@army.mil Office: 913-684-2818 Teams: 520-692-8849 Cell: 913-704-9604 Bldg 197, 632 McClellan Ave



Team 3 SARC jacob.w.roach.mil@army.mil Office: 913-684-0956 Cell: 913-547-5075 835 Sabalu Rd



Mr. Josh Belle Team 4 SARC joshua.p.belle.civ@army.mil Office: 913-684-5230 Cell: 913-680-5699 Bldg 58, 614 Custer Rd



Ft Leavenworth SHARP Resource Center

Building 197, 632 McClellan Ave Fort Leavenworth, KS 66027

Contact the team at usarmy.leavenworth.cac.mbx.cac-sharp@army.mil

We Have Realigned Under a New Installation Model

AAFES, ACS, AFC, ARI, CDID, Cemetery, CID, Team 1 CPAC, DeCA, DES, DLA,DMPA, FMWR, LRC, MCCoE, MICC, Museum, NEC, PAO, RCI Housing, TDS/SJA, TRAC, USAFMSA, USAG HQ, USASMDC, USD 207, and US

Team 2 CAC HQ, CAC-T HQ, MCTP, NSC, STB, TMD, 505th CCW and 500th/67th MP

Team 3 ACB, MWJRCF, USDB

Team 4

Army U, CGSC, Dental, DLI, MAHC staff, Patients, SAMS, SOF, TRADOC, Veterinarian, and Other Service Staff tenant personnel



Hiring Underway Victim Advocate



Ms. Nicole Hernandez Victim Advocate Maureennicole.n.hernandez.civ@army.mil Office: 913-684-5230 Cell: 913-544-9243 Bldg 58, 614 Custer Rd



Hiring Underway Victim Advocate

For Assistance contact the **SHARP Hotline**

Hiring Underway Victim Advocate

Fort Leavenworth 24/7 SHARP Hotline 913-683-1443 **DoD Safe Help Line** 877-955-5247

> **Sexual Harassment Complaint Reporting Option** Formal | Informal | Anony **Sexual Assault Reporting Option**

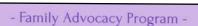
Restricted | Unrestricted Retaliation Reporting Options
Command | IG | SARC | DoD Safe Helpline Find us on Facebook



WeCare



#NotInOurArmy Current as of 17 November 2024



Victim Advocacy Program

1 in 3 women and 1 in 4 men have experienced some form of domestic violence by an intimate partner in their lifetime. If you or someone you know is

experiencing violence by an intimate partner, please reach out to the victim advocacy program at 913.683.2537



Safety Planning



Services







If you experienced sexual trauma during your military service, VA can help.

The Department of Veterans Affairs (VA) offers free health care and other benefits for current and former Service members who experienced sexual assault, harassment or abuse during military service, also known as military sexual trauma (MST).

For Current Service Members

Current Service members (including current National Guard and Reserve members) can access confidential MST-related counseling at VA's Vet Centers without a referral and care at VA medical facilities with a Department of Defense referral.

No Report or Evidence of MST Needed to Receive Care No report to authorities or other documentation of the MST experience is need receive health care services.



For more information, scan the QR code, download the Beyond MST mobile app, or visit/call: www.mentalhealth.va.gov/mst







safehelpline.org | 877-995-5247

Y COMMUNITY SERVI

Mon- Fri 8:00 a.m.-4:00 p.m. with limited hours Thur 1-4:00 p.m. | 913-684-HELP (4357) / 2800

DECEMBER

Resiliency Center, 600 Thomas Ave, Building 198 ***ACS is closed for lunch from 1130-12:30pm daily**

RELOCATION READINESS PROGRAM

In-Processing Brief Tuesdays, 9:00-10:00am Resiliency Center, Room 157

OCONUS Levy Brief Tuesdays, 10:00-11:00am Resiliency Center, Room 157

Hearts Apart Bowling for Families of Deployed **Service Members**

Dec. 7, 12:00-2:00pm Strike Zone Bowling Center *Registration Required

Multi-Cultural Families Friday Fun Day- White Elephant **Holiday Celebration**

Dec. 13, 9:30-11:00am Resiliency Center, Room 106 *Registration Required

Lending Closet

Are you In/Out-Processing and need essentials? ACS has short-term basic items to help you get by.

- · kitchenware
- cookware
- · small appliances

ACS WILL BE CLOSED DEC 24-25, 31 & JAN 1

EMPLOYMENT READINESS PROGRAM

offers career counseling, job search assistance, job referrals, and civilian & federal resume review. Call to schedule one-onone or register for classes. Follow us on FB @Fort Leavenworth



ARMY VOLUNTEER CORPS

(AVC) To register for a volunteer account or find volunteer opportunities visit: https:// vmis.armyfamilywebportal.com

facebook.com/FortLeavenworthACS

EXCEPTIONAL FAMILY

(EFMP) *Registration Required for

MEMBER PROGRAM

EFMP events

EFMP Recreational Bowling for **EFMP Families** Dec. 7, 12:00-2:00pm Strike Zone Bowling Center

EFMP Sensory Story Time Dec. 17, 9:30-10:30am **CARL Library**

SURVIVOR OUTREACH SERVICES provides long-term support to surviving Families of

SOS Tree Trimming Social

fallen Soldiers.

- Dec. 10, 11:30am, Grant Hall, BLDG 52, 1 Sherman Drive
- Dec. 14, 1-3pm, Resiliency Center, Center of Valor & Remembrance

facebook.com/FortLeavenworthFMWR https://home.army.mil/leavenworth/

ARMY EMERGENCY

RELIEF (AER) provides emergency assistance to active duty service members, their families, and retired service members.

For emergency financial assistance during normal duty hours, call the ACS main line, and after hours, weekend or holiday, call the American Red Cross Call Center at 1-877-272-7337.

Command & Troop training is also available upon request.

FINANCIAL READINESS PROGRAM offers one-on-one appointments and classes by request on topics such as TSP, BRS/Continuation Pay, financial counseling and budgeting for major life events (retirement, marriage, divorce, new child,

illness & more).









Come out and get to know other EFMP Families while the kids play! Every month there will be a NEW and EXCITING activity for the kids! Open to EFMP Families only.

Registration is required the Friday before the event. Call 913-684-2871 or 913-684-2800 for more info



May- Chalk Art

June- Art Easels July- Popsicles

August- Bubbles September- Juice Boxes

October- Pumpkin Decorating

*Subject to change



Every first Saturday of the month 12:00pm - 2:00pm Strike Zone Bowling Center

165 Fourth St

Meet other EFMP families! **EFMP Recreational Bowling** is a fun way to socialize, and sharpen fine motor skills.

All ages welcome!

FREE for the entire family including shoes! Bumpers, bowling ramps, and lightweight bowling balls are available. Pre-registration is required the Wednesday before the event. rt Leavenworth Waiting Families, call ACS to reserve your spr Call 913-684-2800 for more info or to register (S) EFMP Family Member Program



Victim Advocate Hotline: (913) 684-2537 Child Abuse Hotline: (913) 684-2111 SHARP Hotline: (913) 683-1443 Chaplain: (913) 683-1443 **AER Assistance After Hours:**

American Red Cross at (877) 272-7337



Financial : Anytime, Anywhere.

Please register by calling 913-684-2800 or 913-684-2871

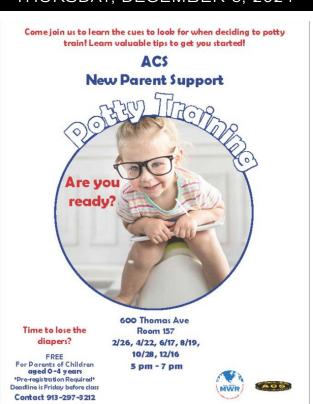
frontierccu.org (913) 651-6575

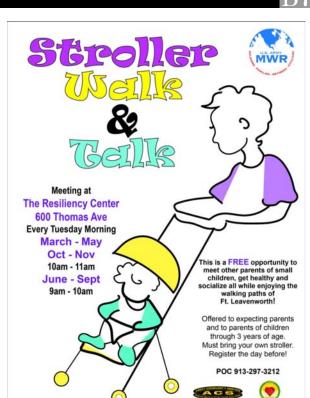














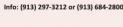
Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.

> May 29 • June 26 • July 31 • Aug 28 Sept 25 • Oct 30 • Nov 20 • Dec 11 Time: 6PM • Restaurants TBD

Jan 31 • Feb 28 • March 27 • April 24

Childcare, food, and drinks are not

For Moms with children 0-3 years old













SCREAM FREE ACS Conference Room 145 600 Thomas Ave From 1:00 - 2:30pm June 5, July 10, Aug 7, Sept 4, Oct 2, Nov 6 Dec 4

Feeling frustrated? Overwhelmed? Let us help you focus on staying both calm and connected with your loved ones. We'll work together to find the tools to revolutionize your relationships with your children.

nmended for parents with children aged 5+.

(deadline is day before training) 913-684-2811 / 2808



Oct 4, Nov 1, Dec 6 1pm - 3pm Room 145

> 600 Thomas Ave Come on out and learn a new skill, or perfect an existing one! An instructor will be available to teach the basics. "Stitch" together and bond with your kids! Supplies and snacks will be provided! Have a favorite yarn? You're welcome to bring it!

FREE! Ages 8+





 Free toddler play group. · Open to ages 2-3 years old with

adult.

 Offers an introduction to preschool routines, explores educational concepts, and builds social skills through hands on experiences and activities.

9:00am





Thursdays from 9-11:00 a.m. Ages 3 months - 3 years with Guardian • Resiliency Center

Free play group for ages 3 months - 3 years and their

parents/guardians

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.

unity Service | Resiliency Center | 600 Thomas Ave. | Fort Leavenworth, Kansas

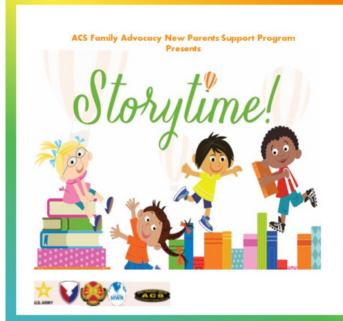








d, cut off is day before event (913) 297-3212 or (913) 684-2800



Free Open to ages 3 months - 3 years old with adult.

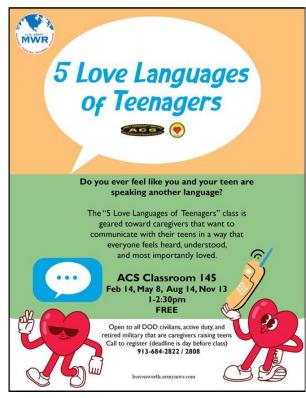
Join us for storytime to use our imagination and develop a love of books

Storytime fosters early literacy skills, language development, and social growth.

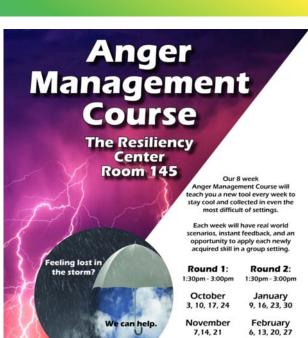
Every Wednesday @ 10:00 am

Located at the Army Community Service Resiliency Center
600 Thomas Ave. Fort Leavenworth, Kansas

> Registration required call or text 913-297-3212 or 913-297-9704

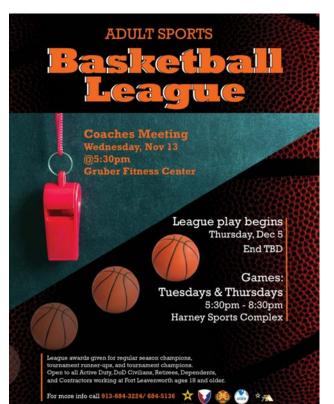






December













Learn proper Olympic Lifting technique and how to safely resistance train. Programming is designed to increase Muscle Mass, Strength, and Power. Resistance training has been shown to increase bone density, metabolic rate, cognition, reduce fat accumulation, lower risk of heart disease, and so much more. Start enjoying the benefits!

CLASSES MEET MON, WED, FRI 9:00-10:15 AT HARNEY GYM \$10 DROP IN RATE OR \$75 MONTH







CLASSES Classes are designed to increase strength, power, speed, agility, and aerobic capacity by Olympic lifting, weight lifting, gymnastics, and plyometrics. This class is ideal for Monday - Friday 9:00-10:15am Harney Gym 185 Fourth Street beginners and elite. Get healthier, get

CONTACT

nger, live longer. Enjoy profess programming in a supportive,

949-291-0386

PRICING Monthly rates 3x week \$75

For more info:



5x week \$85

Drop in \$10

A WOMEN'S ONLY FREE JIU-JITSU SEMINAR



Starting August 19th, 2024

Fort Leavenworth **Group Fitness Classes**

GRUBER FITNESS CENTER-200 Reynolds Ave. - 684-5120 Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530			Spin (Karyn)			
0930		Zumba (Lydia)		Zumba (Lydia)		
1200						,
1630	Hot Yoga (Kim)	Zumba (Lydia)	Power Cycling (Kim)	Zumba (Lydia)		
1730			Power Yoga (30min) (Kim)			

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

*Power Cut classes are held in the Bubble Gym



Single Ticket For \$5.00 10 Tickets For \$45.00 20 Tickets For \$80.00







Holiday Tree Ornaments

310 McPherson Ave, Fort Leavenworth, KS, United States, Kansas



Wed, Dec 11 at 1:00 PM CST and 1 more Wafers and Warhol

310 McPherson Ave, Fort Leavenworth, KS, United States, Kansas



Cozy Raccoon - December Paint and Sip 310 McPherson Ave, Fort Leavenworth, KS, United States, Kansas

October - December

Workshops

Watercolor

\$30 per workshop

Watercolor (Basic Techniques) Wednesday, Oct 9 11am - 1pm Tuesday, Nov 5 6pm - 8pm

Watercolor (Color Theory) Wednesday, Oct 16 11am - 1pm Tuesday, Nov 12

6pm - 8pm

Watercolor (Simple Landscapes) Wednesday, Oct 23 11am - 1pm

Watercolor (Holiday Cards) Tuesday, Nov 19 6pm - 8pm

Watercolor (Holiday Wreaths) Tuesday, Dec 3 6pm - 8pm

> Call now to register! 913-684-3373

Acrylic

Cost includes all supplies!

Acrylic (Basic Techniques) Tuesday, Oct 15 6pm -8pm

Acrylic (Intermediate) *Must sign up for both Tuesday, Oct 22 6pm - 8pm Tuesday, Oct 29 6pm - 8pm





Arts & Crafts Studio 310 McPherson Ave

913-684-3373

OPEN STUDIO

Hours 10am - 5pm T - F Ask about our Hourly Fees

Multi-Craft Room

Come use our provided supplies to craft with the whole family!

Painting Studio

Provided watercolor and acrylic supplies to create your own masterpiece.

Framing Studio

Must take Intro to Framing before using DIY Framing Studio.

> **Pottery Studio** (Coming Soon!)

Modern Calligraphy

Basics

\$20 per class

Wednesday Oct 30 11:30am - 1pm

Special Projects

Holiday Cards Wednesday

Nov 13 11:30am - 1pm

Wednesday Dec 4 11:30am - 1pm

Holiday Cards

Intermediate

\$20 per class

Wednesday Nov 6 11:30am - 1pm



Reoccurring Classes MUST PRE-REGISTER

Intro to Framing

\$40 per class

Every 2nd Thursday & 4th Saturday of the month 10am - 2pm

Paint & Sip

\$35 per session

Every 2nd Friday of the month 6pm - 8pm

Must be 21 years or older.

Come see what's new at the Studio!

October - December

Workshops

Acrylic

Acrylic Pour Tuesday, Oct 29

\$35 per class



Framing

\$40 per class

Intro to Framing *Must pre-register

Thursdays Oct 10, Nov 14, Dec 12 10am - 2pm

Saturdays Oct 26, Nov 23 10am - 2pm

Crafts

\$35 per class

Sweater Pumpkins

Friday, Oct 25 11am - 1pm

Grateful Pie Garland Friday, Nov 22 11am - 1pm

Holiday Ornaments Tuesday, Dec 10 11am - 1pm



3 TO MICPHEISON /

913-684-3373

Paint & Sip \$35 Must be 21 years or older. **BYOB**



Day of the Dead **Pumpkin Friday** October 11 6pm - 8pm



Festive Gnome Friday November 8 6pm - 8pm



Red Scarf Raccoon Friday December 13 6pm - 8pm

Cost includes all supplies!

Kids Arts & Crafts

Messy Art

\$12 per class (ages 7+)

Thursday, Oct 3 11am - 12pm

Thursday, Oct 17 11am - 12pm

Thursday, Nov 14 11am - 12pm

Thursday, Dec 5 11am - 12pm

Color Me Happy (Parent & Toddler) \$10 per class

Thursday, Oct 10, 24

Thursday, Nov 7, 21, 10:30am - 11:30am

10:30am - 11:30am

Thursday, Dec 12 10:30am - 11:30am

Art History

\$15 per class (ages 7+)

Pumpkins & Picasso Wednesday, Oct 23 1pm - 3pm Thursday, Oct 24 4pm - 6pm

Macrons & Matisse Wednesday, Nov 20 1pm - 3pm Thursday, Nov 21 4pm - 6pm

Waffles & Warhol Wednesday, Dec 11 1pm - 3pm Thursday, Dec 12 4pm - 6pm



Come see what's new at the Studio!

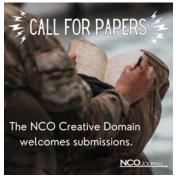




Call now to register!

913-684-3373









The 2024-25 SY Impact Aid Student-Parent Survey Form is available in Skyward Family Access. Please complete one for each student. The 2024-25 SY Impact Aid Student-Parent Survey Form is available in Skyward Family Access. Please complete one for each student. Help their ideas take flight! Join our Fort Leavenworth CYS Team as a Homework Lab Program Associate! Career Progression & Paid Training Retirement & Employee Childcare Discounts Medical, Dental, Vision, & Life Insurance Benefits Part-Time Positions with Paid Leave, & Paid Federal Holidays Access to Commissary & AAFES Shopping Privileges & MWR Facilities Job Transfer Program Worldwide Through Civilian Employment Assignment Tool

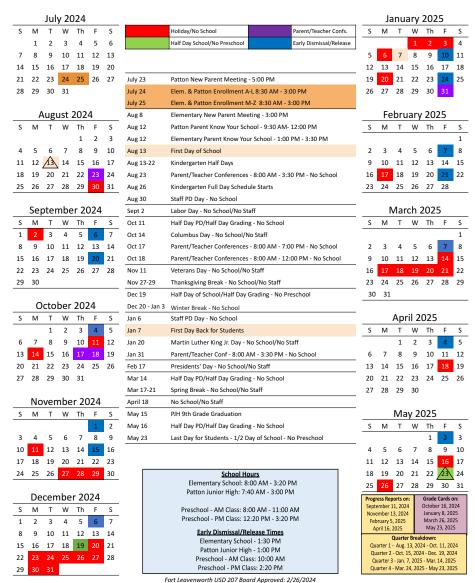


Scan here to apply!





2024-2025 School Calendar





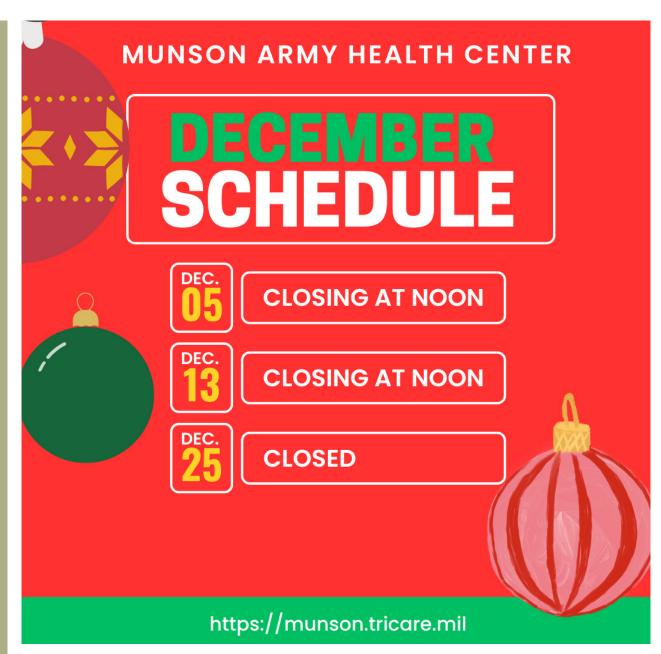
MUNSON NOTES

- Munson Army Health Center is looking for volunteers to join the **PATIENT AND FAMILY PARTNERSHIP COUNCIL**. Volunteers can be active-duty, active-duty family members, retirees or retiree family members. The PFPC meets quarterly. If interested, call 913-684-6211/6127.
- Munson Army Health Center Pharmacy offers patients a variety of OVER-THE-COUNTER MEDICATIONS AT NO COST to service members, retirees and familiy members. These items are available without a prescription or medical appointment. These self-care items are comparable to those available for purchase from retail stores and include pain relievers, cough medicine, allergy medication, antibiotic ointment, lice treatment and much more. Visit https://munson.tricare.mil/Health-Services/Pharmacy and scroll down to the Over-the-Counter Medication Program for details.
- Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are EL-IGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit https://dvidshub.net/r/8wttlf.
- Call 913-684-6250 to schedule a **WELL-WOMAN EXAM** at Munson Army Health Center.



Visit
https://www.
facebook.
com/munsonhealth/ for
updates and
information.

Munson Army Health Center Patient Advocates at 913-684-6211/6127





What is TRICARE?

TRICARE is the uniformed services health care program for activeduty service members (ADSMs), active-duty family members (ADFMs), National Guard and Reserve members and their family members, retirees and retiree family members, survivors, and certain former spouses worldwide. You may be able to get care from a military hospital or clinic, a civilian network of providers off your post or base, or TRI-CARE-authorized nonnetwork providers.

Learn more at https://www.tricare.mil/Plans.

JUNSON ARMY HEALTH CENTER

COVID & FLU VACCINE!



TRICARE/ NATO age 6 mos+ Walk-in between 1-3 p.m. Wed, Thurs, & Fri Primary Care 3rd Floor ID required age 10 yrs+



CONTACT US | Phone: 913-684-5267 | E-mail: ftlvlampeditor@gmail.com | On the Web: https://home.army.mil/leavenworth/about/news

Read all about it — online!

HTTPS://HOME.ARMY.MIL/ LEAVENWORTH/ABOUT/NEWS



Scan the QR code with your phone to go directly to

HTTPS://HOME.ARMY.MIL/ LEAVENWORTH/ABOUT/NEWS

to read/print/download the Fort Leavenworth Lamp.

- News
- Community **Features**
- Pet of the Week
- Upcoming **Events**
- and more!

BONUS!

Printable "old school" newspaper layouts included with every story and photo package!

> E-MAIL: ftlvlampeditor @gmail.com

EDITORIAL OFFICE: 913-684-LAMP

ADVERTISING: 913-684-1702



The Fort Leavenworth Lamp, an FMWR activity, needs sponsors/advertisers to exist! Please support your local newspaper! Thank you!