

THURSDAY
MARCH 13, 2025



LAMP

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‘Soldiers helping soldiers’ Army Emergency Relief Campaign kicks off

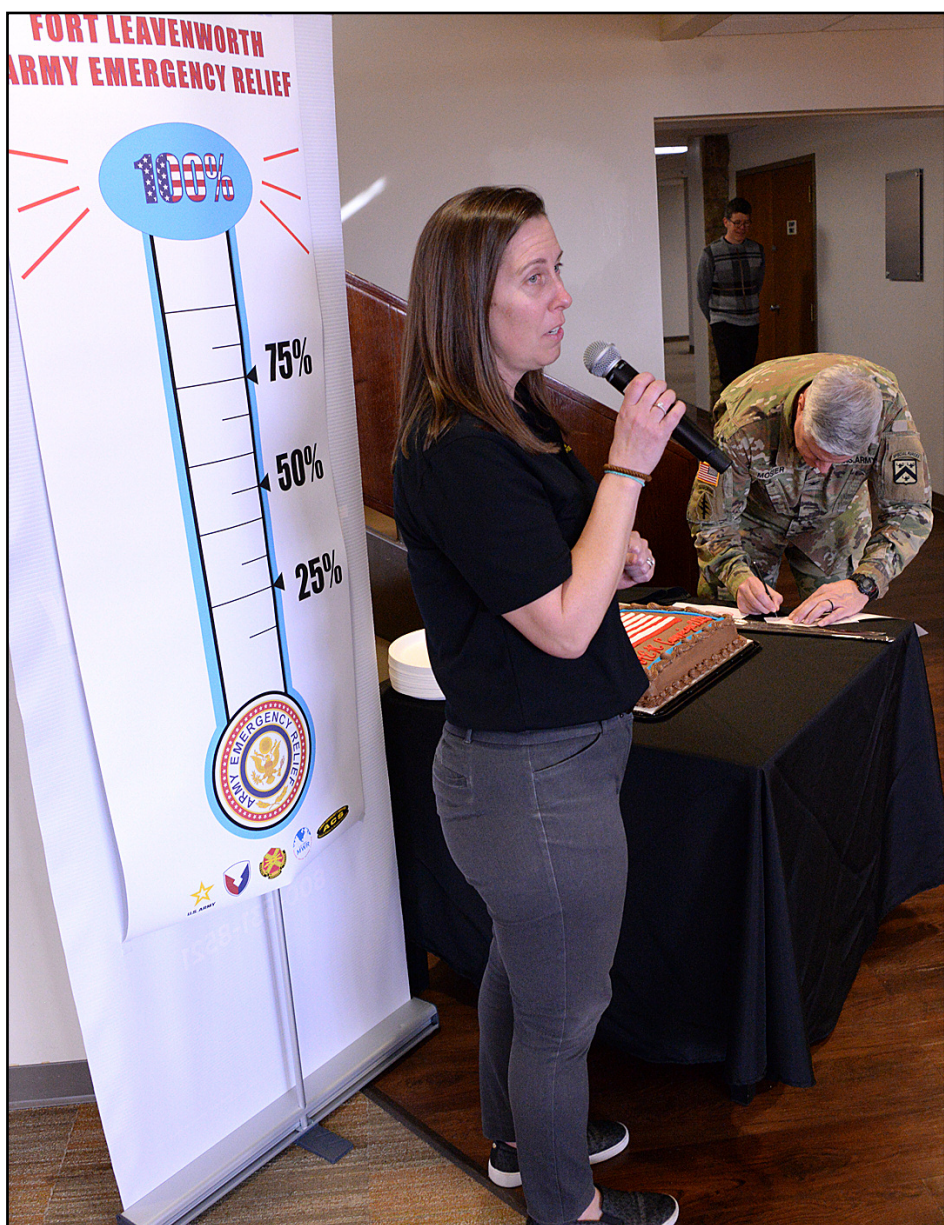


Photo by Prudence Siebert/Fort Leavenworth Lamp

Reagan Sawyer, Army Community Service program manager, talks about Army Emergency Relief as Garrison Commander Col. Duane Mosier fills out his AER pledge form during the annual campaign kickoff March 7 at the Frontier Conference Center. The AER campaign runs through June 14, with the goal that donors contribute at least \$2.50 per month in conjunction with the Army's 250th anniversary this year. For more information, call 913-684-2800 or visit <https://www.armyemergencyrelief.org/campaign>.

by Prudence Siebert/Editor

The 2025 Army Emergency Relief Campaign officially kicked off with a cake-cutting and program brief March 7 during lunchtime at the Solarium Buffet at the Frontier Conference Center.

AER is the Army's non-profit charity that provides assistance in the form of grants and interest-free loans to service members and their families who are experiencing financial emergencies. AER also provides scholarships.

"This year we are going with the '250' theme for the Army birthday, and we are asking, if you are willing, if you would like, to donate a minimum of \$2.50 a month to AER," Army Community Service Manager and AER Officer Reagan Sawyer told the noonday diners. "We do great things for our community; we do great things for everybody worldwide — there are some things that have been going on in our world with hurricanes and some fires, but this is what we're here for."

Fort Leavenworth Garrison Commander Col. Duane Mosier began his remarks talking about a fire that just a few days earlier on March 2 had displaced

SEE **ARMY EMERGENCY RELIEF CAMPAIGN** | A3



Army innovation behind every- day products

Inventions created for/by Army
include Jeep, Super Glue, EpiPen

by Jonathan Austin/Army News Service

You might be surprised by the number of things you use or rely on in work and play that can be traced back to Army ingenuity or investment.

The list includes many things created for or by the Army.

Food preservation

The Army is renowned for food preparation research. The U.S. Army Natick Soldier Systems Center in Massachusetts specializes in, among other things, sustaining the military's food.

Anastacia Marx de Salcedo, author of "Combat-Ready Kitchen: How the U.S. Military Shapes the Way We Eat," said much of the processed food we eat today originated through experiments in an Army laboratory.

The Army's Quartermaster Corps funded research at the U.S. Department of Agriculture early in World War II to resolve a problem that had stymied Army food scientists — they couldn't dehydrate cheese to feed soldiers.

USDA scientist George Sanders came up with the solution, and after the war his method of powdered cheese was used to flavor Cheetos.

The Army also expanded research into high-pressure processing, which de Salcedo said is the application of high pressure to eliminate bacteria in food. Once the food industry adopted the Army's techniques, it began using them on foods that are produced for public consumption.

One popular product that relies on the pressure process is ready-to-eat guacamole.

In a 2015 interview with National Public Radio, de Salcedo said she realized "that everything in my kids' lunchboxes had military origins or influence — the bread, the sandwich meat, juice pouches, cheesy crackers, Goldfish Crackers and energy bars," she said. "In a large sense, I estimate that 50 percent of

SEE **ARMY INVENTIONS** | A6

Museum, youth center to offer Spring Break programming

by Staff Report

The Frontier Army Museum and Harrold Youth Center are offering activities for members of the post community who will be staying in the area over Spring Break.

Museum programming

The Frontier Army Museum, at 100 Reynolds Ave., is offering Spring Break programming March 17-21. The events are free and open to all ages.

Monday, March 17

Touch a Truck with the Fort Leav-

enworth Fire Department kicks off the week March 17. From 10 a.m. to noon, firefighters will be at the museum with a firetruck, allowing visitors to explore the truck and learn more about how Fort Leavenworth Fire and Emergency Services personnel help keep post safe.

Tuesday, March 18

The museum partners with the Combined Arms Research Library at 9:30 a.m. March 18 for story time. Staff will read picture books, sing songs and play games at the museum.

Wednesday, March 19

Operation Wildlife will present a bald eagle program at 10:30 a.m. March 19. Experienced bird handlers will share facts and help participants visualize the wingspan, eyesight and overall size of the eagle.

Thursday, March 20

Fort Leavenworth Natural Resources Specialist Neil Bass will lead a hike to the pecan grove that grows on post by the Missouri River. Participants are to meet at the Sherman

SEE **SPRING BREAK PROGRAMMING** | A5

AT A GLANCE

■ Motorists are asked to **SLOW DOWN TO 15 MPH** when they cross the barrier by Grant Gate for safety/force protection precautions.

■ The **DEADLINE TO APPLY** for Command and General Staff College Foundation scholarships is March 15. The deadline to apply for the John W. Poillon Memorial Scholarship is March 20. See page A8 for more information.

■ The deadline to submit **VOLUNTEER OF THE**

YEAR NOMINATIONS by post-approved organizations has been extended to March 21. **VOLUNTEER HOURS** for March 2024 through February 2025 should be logged in the Volunteer Information Management System by March 14. Contact the Army Volunteer Corps coordinator at 913-684-2800 or april.m.rogers6.civ@army.mil for more information.

■ Construction on the new Child Development Center continues on Hancock Avenue, with heavy construction machinery traveling daily from Hancock

Gate to the construction site. Pedestrians are reminded to **USE ONLY DESIGNATED CROSS-WALKS TO CROSS HANCOCK AVENUE**.

■ **EASTER SUNRISE SERVICE** is at 6:30 a.m. April 20 at Pioneer Chapel. For a schedule of Lent and Holy Week services, see page A3.

■ The **POSTWIDE YARD SALE** is April 26. See flyer on page B3 for more information.

CAC CCWO discusses modernization, training transformation during visit

by Amy Stork/Intelligence Center of Excellence

FORT HUACHUCA, Ariz. – Chief Warrant Officer 5 Carlos Terrones, the Combined Arms Center command chief warrant officer, visited the Intelligence Center of Excellence (ICoE) at Fort Huachuca, Arizona, March 6 to focus on modernization efforts in training and the incorporation of Institutional Transformation in Contact (TiC).

During his visit, Terrones met with Chief Warrant Officer 5 Pete Davis, ICoE, to discuss the role of warrant officers in advancing Army training initiatives. Discussions focused on modernization efforts, professional development, and the implementation of institutional transformation to enhance the capabilities of soldiers across the force.

Both warrant officers play a crucial role in shaping the future of military intelligence training to ensure the Army remains at the cutting edge of technology and operational readiness.

"There is a lot of hard work and effort from our teammates across ICoE; hosting leaders from our higher headquarters ensures that we are on azimuth, engaged and on mission," Davis said. "I believe that we are exceeding the standard and getting a lot done in this resource-restricted environment, and am proud to show the fruits of our labor to CW5 Terrones."

Terrones also engaged with students and cadre from the military intelligence systems maintainer/integrator (35T) and intelligence and electronic warfare equipment technician (353T) military occupational specialties.



by Amy Stork/Intelligence Center of Excellence

Chief Warrant Officer 5 Carlos Terrones, the Combined Arms Center command chief warrant officer, visits the Intelligence Center of Excellence at Fort Huachuca, Arizona, March 6, focusing on modernization efforts in training and the incorporation of Institutional Transformation in Contact.

These interactions centered on the TiC initiative, which aims to integrate advanced instructional techniques to improve student engagement, critical thinking and real-world application of technical skills.

"As the Army continues to modernize, it is crucial that we adapt our training methodologies to meet the demands of future conflicts," Terrones said. "Institutional transformation ensures that our soldiers are equipped with the most up-to-date

knowledge and skills to maintain an operational edge."

Fort Huachuca, known as the home of Military Intelligence, plays a pivotal role in preparing soldiers to support multi-domain operations. The installation's training programs are essential in developing the next generation of intelligence professionals, making it an ideal location for discussions on modernization and instructional transformation.

Terrones' visit reinforces the Army's commitment to enhancing professional development for warrant officers and enlisted soldiers through improved training methodologies and modernized learning environments. His discussions with Davis and some of ICoE's many supporting organizations will help shape future instructional strategies to ensure the Army remains at the forefront of intelligence and electronic warfare capabilities.

MAHC Pharmacy upgrades system, offers tips to simplify prescription activation, refills

by Munson Army Health Center Public Affairs

Munson Army Health Center Pharmacy completed a system upgrade over the weekend that could temporarily result in longer in-person wait times as the team adjusts to a new workflow.

To reduce in-person wait time, patients can activate prescriptions before arrival using one of the following methods:

New RXs

Q-Anywhere allows patients to activate new/renewed prescriptions, by texting "get in line" to 1-833-851-1505 and following the prompts.

Contact the Pharmacy at 913-684-6250 (Choose Option 2) and listen to the prompts. There is a 24-hour turn-around time for prescriptions activated via the Call Center. For prescriptions needed sooner, visit the lobby or use Q-Anywhere.

Patients can proceed directly to window No. 7 for pick up. There is no need to pull a ticket when arriving at the pharmacy. Q-Anywhere is not meant to process refills, hardcopy (paper) prescriptions, or prescriptions that we have kept on file for you.

Refills

Refills can be activated by calling the automated refill line on the prescription label, 1-888-745-6435, or through the MHS GENESIS Patient Portal. Patients can proceed directly to window No. 7 for pick up. There is no need to pull a ticket.

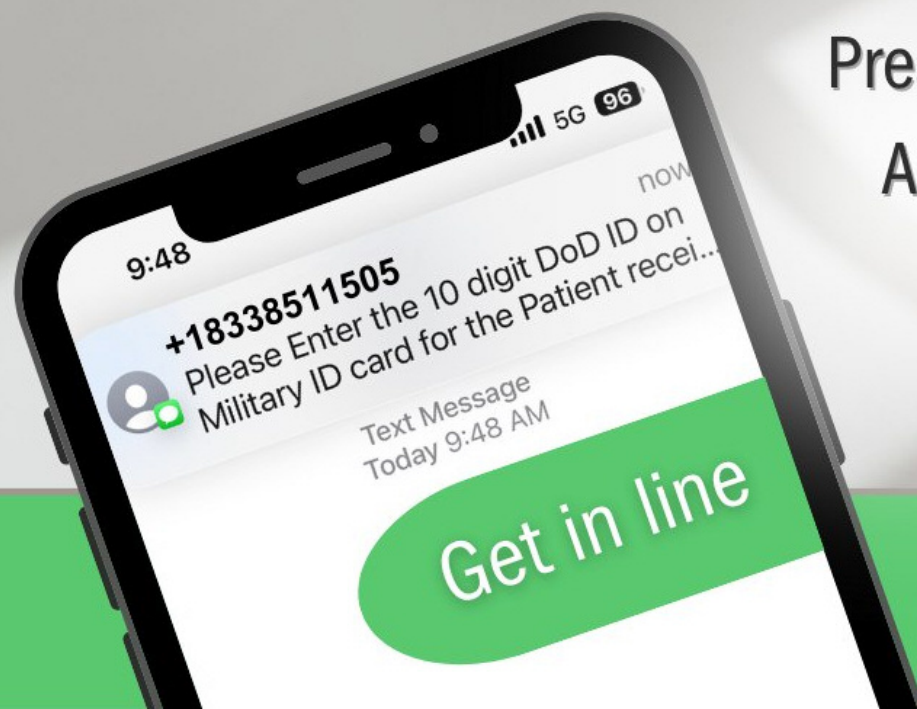
Call 913-684-6250 (Option 2) and follow the prompts to refill your prescription. Refills require a two-business day turnaround for pick-up.

Learn more about our pharmacy services at <https://munson.tricare.mil/Health-Services/Pharmacy>.

Text "Get in Line" to 1-833-851-1505 and then follow the prompt to activate new prescriptions

MUNSON ARMY HEALTH CENTER

**Prescription
Activation
Service**



Whether you receive care from Munson Army Health Center, or are seen by a provider off post, Q-Anywhere is helpful technology for patients who get new or renewed prescription medication from MAHC's pharmacy. To activate your new or renewed prescription, text "Get in Line" to 1-833-851-1505, then follow the prompts. Q-Anywhere will send a text when your prescription is ready for pick-up. When you arrive, there is no need to pull a pharmacy ticket and wait, just proceed to Window No. 7 to pick up your medication. See page B11 for more MAHC-related information.

FORT LEAVENWORTH LAMP

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The Fort Leavenworth Lamp advertising office is in the Family and Morale, Welfare and Recreation Marketing and Commercial Sponsorship Office in the Resiliency Center at 600 Thomas Ave, Fort Leavenworth, Kan. E-mail mary.f.manago.naf@army.mil or call 913-684-1702.

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Army Emergency Relief Campaign (continued from Page A1)



Photos by Prudence Siebert/Fort Leavenworth Lamp

Fort Leavenworth Garrison Commander Col. Duane Mosier cuts a cake to signify the launch of the 2025 Army Emergency Relief Campaign as Zach Stephens, Family and Morale, Welfare and Recreation special events coordinator, and Paul Martocci, Non-Appropriated Fund Management Support Division chief, applaud March 7 at the Solarium Buffet at the Frontier Conference Center. Slices of the cake were offered to diners, who were given a brief overview of AER during the midday kick-off event.

Fort Leavenworth Garrison Commander Col. Duane Mosier turns in his Army Emergency Relief pledge form to AER Officer Reagan Sawyer, Army Community Service manager, during the AER kick-off event March 7 at the Solarium Buffet at the Frontier Conference Center.

In conjunction with the Army's 250th anniversary this year, local campaign goals include a minimum donation of \$2.50 per month per contributor with at least 25 percent of the Fort Leavenworth's active-duty soldiers contributing.



about 40 families living in apartments and destroyed the household goods of about 200 families whose property was being stored in warehouses at Fort Cavazos, Texas. AER is offering \$1,000 grants to assist soldiers and families who have been affected by the fire.

"North of 200 families now are in need, and AER is right there helping them," Mosier said. "This program, this campaign right now, this is exactly why we give. This is why this program is so important — because soldiers and their families are in need every day around the world."

The local goal is for 25 percent of Fort Leavenworth's active-duty soldiers to contribute to AER.

"I'm very proud today to donate," Mosier said, who signed his AER pledge form before cutting a cake for the campaign kick-off. Mosier said he was also turning in a pledge form on behalf of Garrison Command Sgt. Maj. Vanessa Sun, who was TDY.

Contributors can designate an allotment with the AER pledge form; make a contribution online; donate with cash, check, money order or PayPal; or specify a donation for AER at the register when they make their purchases at the Post Exchange and other Army and Air Force Exchange Service facilities.

Last year, Fort Leavenworth donated \$60,017 to AER, but \$180,000 AER funds were loaned/given locally. AER funds were loaned to Fort Leavenworth soldiers and family members last year for emergency financial issues such as emergency travel, car repairs, the first month's rent after a PCS move and food insecurities.

For more information about the Army Emergency Relief Campaign and the assistance offered through AER, visit <https://leavenworth.armymwr.com/programs/army-emergency-relief-aer> or contact Financial Readiness Program Manager/AER Officer JoJo Woods at josephine.woods3.civ@army.mil or 520-716-4951.

ARMY EMERGENCY RELIEF

ANNUAL CAMPAIGN MARCH 1 - JUNE 14

AER CELEBRATES THE U.S. ARMY'S 250 YEARS OF BRAVERY AND SERVICE

HONORING THE PAST 1775-2025 SECURING THE FUTURE

ARMY EMERGENCY RELIEF

QR CODE



Maj. Jonathan Shaw, Special Troops Battalion executive officer and Army Emergency Relief campaign coordinator, talks about AER with Army Corrections Brigade soldiers, including Capt. Rich Rogers, B Company, U.S. Disciplinary Barracks Battalion (Corrections), as they eat their meal at the Solarium Buffet March 7 at the Frontier Conference Center. A cake was cut to signify the beginning of the AER Campaign, and slices were offered to diners during the midday kick-off event.

Photo by Prudence Siebert/Fort Leavenworth Lamp

EASING ARMY FAMILY STRESS

AER offering 100% grants for emergency travel

Effective Jan. 1, 2025, AER will provide full travel grants for active-duty Soldiers and eligible Family members.

Go to ArmyEmergencyRelief.org for more information.

AERHQ.ORG

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Motorcycle safety courses offered

by Fort Leavenworth Safety Office

Service members, and Department of Defense civilians if space allows, can now sign up for Motorcycle Safety courses scheduled for April through October.

The Motorcycle Safety Foundation (MSF) courses are exclusively for active-duty personnel, and DoD civilians on a standby basis, who are assigned to Fort Leavenworth. Retirees, family members and contractors are not permitted to participate.

This season, Fort Leavenworth has a total of 69 allotments for the Basic Rider Course and 39 allotments for the Advance Rider Course.

The MSF classes are limited to six students, and a minimum of five students must be registered for a class to take place, otherwise, it will be canceled.

Before registering, participants must obtain their commander's or supervisor's approval and bring the signed operator agreement to the first day of training.

If you register for a course and do not attend without prior notice, which causes an allocation to be lost, you will not be allowed to sign up for a future course this season.

How to enroll:

- Go to CAC-enabled website <https://airs.safety.army.mil>
- Click on "I ACCEPT"
- Under the heading you will find, Region, Garrison and Courses
- Using the down arrow choose the following:
 - Region "West"
 - Garrison "Fort Leavenworth"
 - Courses: Choose the course that you want to enroll in. (Basic Rider Course or Advanced Rider Course)
- Click on calendar icon or "Next Month" to select dates and courses if course is full for that month. (NOTE: Grayed-out courses are past; courses in red are filled; courses in blue are available.)
- Click the desired date of course to enroll and follow the instruction. (Please read "Course Detail" for qualification/require-

MOTORCYCLE TRAINING

Progressive Motorcycle Program (PMP):

- Basic Rider Course (BRC)
- Advanced Rider Course (ARC) Required within one year after completing the BRC
- Motorcycle Refresher Training (MRT) for Soldiers deployed for more than 180 days
- Sustainment training

BASIC RIDER COURSE

ADVANCED RIDER COURSE

SUSTAINMENT

U.S. ARMY <https://safety.army.mil>

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ments, date and time of the course.)

- Once registration is complete, click "Save."
- BRC students must complete the MSF Basic eCourse prior to receiving their MSF card. The link will be e-mailed once registration is complete.
- Students must attend the course their registered for or cancel within seven days of the start date. No-shows are reported to their unit chain of command.
- Walk-in students will be admitted at 7 a.m. on the day of training in the event there are no-shows. Priority is to fill all training seat vacancies (Active-duty has priority, then DoD civilians).
- Call the U.S. Army Garrison Safety Office at 520-692-6294 with any questions.

- Required personal protective equipment (PPE):
- Department of Transportation-approved helmet
 - Full-fingered gloves
 - Eye protection
 - A long-sleeved shirt or jacket
 - Long sturdy pants (no sweatpants)

- Sturdy over-the ankle boots or motorcycle-specific footwear. (Note that athletic shoes, including high-top sneakers, are not acceptable PPE.)

Helmets and motorcycles are provided by the program for BRC students only.

Be prepared to train regardless of weather, as training will occur rain or shine.

Water is not available at the training site; you are encouraged to bring your own.

Directions: From Grant Gate, take Grant Avenue north until you reach the Grant statue. At the stop sign, continue straight on McPherson Avenue. After passing the Old U.S. Disciplinary Barracks, turn right onto Bluntville Avenue. and proceed down the hill to Sherman Army Airfield on the right. Cross the railroad tracks into the parking lot. Look for the Motorcycle Safety Classroom sign on the building to identify the correct location. During training days, MSF training signs will be posted along the route.

Student report time is 6:45 a.m. on the scheduled start day for processing. Since all students either work or live on Fort Leav-

enworth, they are asked to complete a reconnaissance of the classroom before to the start date. Additionally, one week prior to the start of training, the safety officer will send an email reminder that will include a strip map to the training classroom. If students are not present by 7 a.m., their reserved slot will be given to a standby student. There will be no exceptions to this policy.

Basic Rider Course (BRC)

Prior to operating a motorcycle, all service members must complete the Basic Rider Course. The BRC is a two-day course with classroom instruction and operating on a motorcycle training range. The motorcycle is provided by the program.

Required items to bring on the first day of training:

- Valid automobile driver license
- Signed commander/supervisor operator agreement
- eCourse completion

certificate

• Required PPE
Failure to bring these items will result in non-participation.

Advanced Rider Course (ARC) (Replaces ERC & BRC2)

The Advanced Rider Course training will be completed by the service member on the service member's motorcycle. To maintain valid credentials, the ARC must be repeated every five years.

Required items to bring on the day of training:

- BRC card
- Current driver license with motorcycle endorsement
- Proof of insurance
- Signed commander/supervisor operator agreement.
- Required PPE

Failure to bring these items will result in non-participation.

For more information, visit <https://home.army.mil/leavenworth/myfort/all-services/safety>.

FY25 MSF Schedule:

Month	Course	Date (s)	Day (s) of Week
April	BRC	14th-15th	Mon/Tue
	ARC	16th	Wed
May	BRC	27th-28th	Tue/Wed
	ARC	5th	Mon
June	BRC	2nd-3rd, 9th-10th	Mon/Tue, Mon/Tue
	ARC	11th	Wed
July	BRC	14th-15th	Mon/Tue
	ARC	16th	Wed
August	BRC	4th-5th, 7th-8th	Mon/Tue, Thu/Fri
	ARC	6th	Wed
September	BRC	22nd-23rd	Mon/Tue
	ARC	9th	Tue
October	BRC	20-21, 27-28, 29-30	Mon/Tue, Mon/Tue, Wed/Thu
	ARC	22th	Wed

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Spring Break programming (continued from Page A1)

Army Airfield parking lot by 9:45 a.m. to begin the one-and-a-half-mile hike. The hike is estimated to take about two hours. Participants are encouraged to bring water, insect repellent, hiking/comfortable shoes that can get muddy, a camera and questions about Fort Leavenworth's natural resources.

Friday, March 21

Children can explore what it was like to be a pioneer on the western frontier from 10 a.m. to noon March 21 at the museum. Activities and games will be available to help children learn about life on the frontier.

For more information, call 913-684-3186 or e-mail usarmy.leavenworth.tradoc.mbx.frontier-army-museum@army.mil.

Harrold Youth Center field trips

Harrold Youth Center is also offering special activities during Spring Break March 15-22.

Saturday activities include Cooking Club with Ms. Brenda March 15 and bowling March 22, both starting at 4 p.m. at the youth center, 45 Biddle Blvd.

Monday, March 17

Field trips are offered each day of Spring Break, starting with go carts, laser

Spring Break at the Frontier Army Museum

All programs are located at the Frontier Army Museum unless indicated

Touch a Truck with the Fort Leavenworth Fire Department
Monday March 17th from 10-12p

Get up and personal with a real firetruck! Come talk to real firefighters and learn about how these heroes keep Fort Leavenworth safe.

Storytime with Combined Arms Research Library (CARL)
Tuesday March 18th at 9:30am

Join us for a special Spring Break Storytime at the museum! We will read picture books, sing songs, and play games!

Operation Wildlife Bald Eagle Presentation
Wednesday March 19th at 10:30am

Experienced bird handlers will share fun facts and use props to help participants visualize the wingspan, amazing eyesight, and the impressive size of the eagle.

Historic Hike to the Pecan Grove with Nature Resource Specialist Neil Bass
Thursday March 20th at 10:00am

Meet at the Sherman Army Airport (1000 Chief Joseph Loop, Fort Leavenworth, KS 66027) parking lot by 9:45a. The hike will be 1.5 miles roundtrip and take approximately 2 hours. Things to bring: Water bottle, Insect Repellent, Hiking shoes, or comfortable shoes that may get muddy, camera, questions about the Fort's natural resources.

Children's Pioneer Day
Friday March 21st from 10-12p

Join us for a Children's Pioneer Day! Kids can explore what it would be like to be a pioneer on the Western frontier! There were will activities and games to help kids learn all about living that 19th century life.

All programs are free and open to all ages

tag, bumper cars, arcade games and more at The Rush FunPlex indoor amusement park in Shawnee, Kansas, from noon to 4:30 p.m. March 17. Cost for the field trip is \$30.

Tuesday, March 18

HYC field trip participants head to the Sky Zone

trampoline park in Shawnee Mission, Kansas, from noon to 4:30 p.m. March 18 with jumping, dodgeball, jousting and more. Cost for the field trip is \$27.

Wednesday, March 19

The field trip from 10 a.m. to 4:30 p.m. March 19 includes swimming, sliding

and floating at the indoor aquatics center in Olathe. Cost for the field trip is \$15.

Thursday, March 20

The field trip from 11 a.m. to 4:30 p.m. March 20 to the Main Event family entertainment center in Kansas City, Missouri, includes four hours of laser tag, extreme indoor ropes

course, arcade games, bowling, miniature golf and more. Pizza and drink are included in the cost of \$25.

Friday, March 21

The field trip kicks off the National Association of Intercollegiate Athletics basketball championship game from noon to 6 p.m. March 21 in Kansas City,

Missouri. Cost for the field trip is \$15.

All field trips require a minimum of eight participants, except for the Main Event field trip March 20, which requires a minimum of 20 participants.

To register for field trips or for more information, call 913-684-5118/5131.

HARROLD YOUTH CENTER ACTIVITIES MARCH 2025

CHILD YOUTH SERVICES

SPRING BREAK
(PLEASE DO NOT ARRIVE EARLIER THAN 15 MIN BEFORE LEAVE TIME)

17 March / The RUSH / \$30 / 12:00-4:30
 18 March / SKY ZONE / \$27 / 12-4:30
 19 March / Indoor Aquatics / \$15/ 10:00-4:30
 20 March / Main Event / \$25 / 11:00-4:30
 21 March / NAIA Basketball / \$15 / 12-6 pm

MST Party
 28 March 2025
 7:00-9:00
 Cost \$5 if you pre-pay or \$6 at the door

TUESDAY'S
Strength Training
 4:00

SATURDAY ACTIVITIES—Starts at 4:00

1 March - Bowling
 8 March - Football
 15 March - Cooking Club with Ms. Brenda
 22 March - Bowling
 29 March—Kickball

FOR MORE INFORMATION CALL:
 (913)684-5118

Lent, Holy Week services schedule

Protestant Christian Services

Lenten lunches, noon to 1 p.m. Wednesdays in room 153 of Frontier Chapel, March 19, March 26, April 2 and April 9

Good Friday Service, 6 p.m. April 18 in Frontier Chapel

Easter Sunrise Service, 6:30 a.m. April

20 at Pioneer Chapel

Easter Sunday, regular chapel schedule, April 20:

- Traditional Protestant, 8:30 a.m. at Pioneer Chapel
- Liturgical Protestant, 9:30 a.m. at Memorial Chapel
- Multicultural Gospel Service, 10 a.m.

at Pioneer Chapel

• Contemporary Protestant at 11 a.m. at Frontier Chapel

Catholic Services

Stations of the Cross, 5:30-7 p.m. Fridays in Pioneer Chapel, March 14, March 21, March 28, April 4 and April 11

Holy Thursday Mass, 6 p.m. April 17 in

Pioneer Chapel

Good Friday Service, 3 p.m. April 18 in Pioneer Chapel

Easter Vigil Mass, 8 p.m. April 19 at Pioneer Chapel

Easter Mass, 9:30 a.m. April 20 at Frontier Chapel

MWD Training Session



Photo by Sean Bergosh/Fort Leavenworth Garrison Public Affairs Office

Pfc. Abdeley Fernandez, 67th Military Police Detachment (Military Working Dog), Combined Arms Center Law Enforcement Activity, trains with MWD Zara March 12 near the Trails West Golf Course.

TENANT SATISFACTION SURVEY

3 MAR 2025 - 1 MAY 2025

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Prepare now for more severe weather this spring

by Staff Report

Editor's Note: This article, with updates, is run each year to inform the community about severe weather season.

Fort Leavenworth and the surrounding areas have had their share of severe weather already this year, including a blizzard with winds over 60 mph just a little more than a week ago. Residents should be aware of what to do in the event of tornados and other weather events this spring.

Post officials are encouraging residents and employees to prepare for the severe weather season, and for families to review their severe weather plans and make a storm kit.

All units have designated emergency managers who are responsible for ensuring all employees are aware of their units' severe weather plan.

Fort Leavenworth and Leavenworth County Emergency Management participated in the statewide tornado drill March 5 during Kansas and Missouri Severe Weather Preparedness Week last week. Outdoor warning sirens, National Oceanic and Atmospheric Administration weather radio alarms and the Emergency Alert System activated to signal the start of the drill.

Fort Leavenworth has been designated a Storm-Ready community by the National Weather Service's StormReady program since 2004. This means that Fort Leavenworth has the proper mechanisms in place to warn the local community of changing weather. Requirements of the Storm-Ready designation include a 24-hour warning point and emergency center, a system for monitoring local weather, and two or more

Tornado Watch

A tornado watch means conditions are favorable for the development of tornadoes.

In case of a tornado watch, prepare to take shelter:

- Assemble the family.
- Inspect, supply and equip your shelter. The shelter should be in a basement under something sturdy like a workbench. Stay away from chimneys and out from under heavy furniture on overhead floors. Stock the shelter area with blankets, water, food, a first aid kit, portable radio, flashlight and spare clothing.
- If no good private shelter is available, prepare to move to a community shelter.
- Leave mobile homes and move to public shelter. Even mobile homes with secure tie-down systems cannot withstand a tornado's winds.
- Leave large buildings with vast, unsupported ceilings, such as auditoriums, gymnasiums and warehouses.
- Stop outdoor activities and move to an indoor shelter.
- Closely monitor television and radio for storm updates.
- Postpone running errands; stay indoors and out of automobiles.

Tornado Warning

A tornado warning means a tornado has been indicated and confirmed by the National Weather Service or has been spotted in Leavenworth County.

In case of a tornado warning, take shelter immediately:

- Go to a basement shelter, if available.
- Move into a designated community shelter, if immediately available.
- If a basement is not available or movement to public shelter is impractical, go to a small, ground-level room — such as a closet, bathroom or hallway — away from windows and heavy furniture, such as refrigerators or china cabinets.
- If outdoors, find shelter immediately in a depression, ditch or ravine. Lie flat to lower your profile. Be aware that some areas may be prone to flash flooding.
- If in an automobile, stop immediately and seek the nearest shelter. Do not stay in the vehicle or try to outrun the tornado.

ways to notify the public of severe weather.

The Fort Leavenworth Garrison website at <https://home.army.mil/leavenworth/my-fort/all-services/emergency-management> has links to weather and seasonal planning information.

It pays to have a plan for when severe weather threatens and not wait until the warning sirens sound to figure out what to do next.

Here are some tips for building awareness and preparing for severe weather:

• **Pay attention to weather forecasts.**

A clear, blue sky in the morning may be overtaken by a dark, snarling storm by the afternoon. Local meteorologists know this and are trained to recognize the conditions for the development of storms. Before heading out in the morning for work or other activities,

check the local forecast. Make periodic checks throughout the day to see if the situation has changed.

• **Learn the terrain.**

Storms in this part of the United States tend to move from the southwest to the northeast. That means that a storm in Douglas County — the area around Lawrence, Kansas — may be heading toward Wyandotte and Leavenworth counties. In general, weather to the south and west of Leavenworth County should be of more concern to post residents than what is going on to the north or east in Missouri.

• **Know where to take shelter.**

Most public buildings and businesses on and off post have storm shelters. Visitors in these buildings should take direction from the building staff on where to take shelter during a storm. At home or else-

where, find a "Best Available Refuge Area" — seek shelter in the area of the basement that is most below ground, away from windows and doors.

• **Three buildings on post are opened as public storm shelters during watches.**

The Lewis and Clark Center on Stimson Avenue, the Single Soldier Quarters on Cody Road and Munson Army Health Center at the corner of Biddle Boulevard and Pope Avenue are opened to the public during tornado watches. Pets are not allowed in public shelters, but leashed service animals are, of course, allowed.

• **At home, designate and prepare a storm shelter before a severe storm strikes.**

In a home with a basement, the southwest corner, away from any windows, is the safest place to be. This

can be improved with a heavy workbench or other overhead cover.

• **In homes without basements, a windowless interior room is the preferred shelter.**

Often this is a bathroom or utility closet.

• **Equip the shelter with some basic items that may be needed during or after the storm.**

Flashlights and a battery-operated radio — with fresh batteries — are a good start. Blankets, snacks and water are also recommended.

Visit the Federal Emergency Management Agency's site at <https://www.ready.gov/> for tips on making a plan and preparing a shelter.

Use the radio, television or internet to keep track of what is going on outside. Be advised that there is no "all clear" siren and that when a siren stops, it does not

mean the storm is over. If the siren sounds a second time, it probably means a second threat has been detected in the county. Stay in the shelter until certain that all threats are clear.

After a storm has passed, many people go outside to assess any damage the storm may have caused. When outdoors, be extremely careful to avoid downed power lines and downed or damaged trees.

Do not enter or allow children to play in storm water runoff or areas that can potentially flash flood. More people are killed by floods than by tornadoes.

Do some homework and plan for the storm season. Visit the National Weather Service and Federal Emergency Management Agency websites to find many more resources and tips for surviving the storm season.

Army inventions (continued from Page A1)

items in today's markets were influenced by the military."

The USDA and the Army Quartermaster Corps worked to develop dehydrated potato flakes, which led directly to the production of Pringles potato crisps.

Super Glue

Cyanoacrylate adhesives were initially discovered during World War II by a scientist at Eastman Kodak Company when the Army was urging American industry to make things to help win the war.

Dr. Harry Coover initially created the new compound in 1942, while striving to create a clear plastic gun sight for soldiers.

Believing the substance was too sticky, Coover shelved the idea for a decade, but later revisited it while researching material to make jet canopies. This time he realized he had created a super glue, and he filed for a patent.

During the Vietnam War, medical teams caring for severely injured soldiers realized the material, marketed as Super Glue, was helpful for sealing bloody wounds and to stop bleeding until the patient could be transported to a medical unit for more advanced treatment. Cooper said he took great pride in the fact that his glue saved the lives of many soldiers injured in combat.

The computer

The Army funded research by John Mauchly and J. Presper Eckert at the University of Pennsylvania



into the Electronic Numerical Integrator and Computer. This was the first electronic computer used for general purposes. The Army wanted to calculate artillery firing tables for its Ballistic Re-

search Laboratory. Construction began in 1943. Six women, recruited in 1942 for their math skills, programmed ENIAC.

Electric razors

A retired Army colonel in-

vented the first electric razor that could be easily manufactured. Jacob Schick patented his invention in 1928.

Duct tape

In 1943, an Illinois woman with two sons in the military during World War II first visualized how to make a waterproof cloth tape to seal boxes of ammunition.

Vesta Stoudt worked at the Green River Ordnance Plant near Amboy, Illinois. According to Margaret Gurowitz, the chief historian with Johnson & Johnson, workers at the plant saw that the paper tape used to seal boxes of rifle ammunition was inferior and hampered how soldiers in combat opened the boxes, often while under fire.

Stoudt told others how the tape could be improved but didn't get help from her supervisors. So, she wrote a letter to President Franklin D. Roosevelt, explaining the problem and detailing her idea

to solve it with a better tape. According to Johnson & Johnson company history, the president passed her letter on to the War Production Board.

The board approved of the change and asked a Johnson & Johnson operating company to make the product based on its experience in making tape.

The Jeep

The brainstorm for a quarter-ton, four-wheel-drive truck designed as a cross-country tactical vehicle originated just before World War II for the infantry. The military considered numerous prototypes from America's automakers, and during the war, Willys-Overland and Ford Motor Company produced 643,000 Jeeps for Allied forces.

Two-way portable radio

The Army asked Galvin Manufacturing Corporation, now Motorola, to make a radio that would allow World War II soldiers on the move to communicate with each other.

The EpiPen

The roots of a self-directed auto injector go back to 1973, when the Army asked a researcher to create an easy-to-use device to treat chemical warfare exposure for troops in the field. Soon after, experts in the medical industry realized that the auto injector device filled with epinephrine could be carried by civilians who suffer severe allergic reactions.

Precautions help prevent critters from being nuisance



File photo by Amy Drummond/Fort Leavenworth Lamp

Most nuisance wildlife can be avoided with a few precautions. Northeast Kansas Wildlife Rescue's website recommends the following to avoid problems with wildlife: "Dispose of garbage properly; keep pet food away from wildlife; cover up all holes in siding, roof vents, and foundations; never feed wild raccoons, opossums or deer (birds are OK, but feeders can attract squirrels and other mammals); use wire mesh to prevent (animals from) digging dens under steps; keep brush or wood piles away from the house; fence off vegetable gardens; and remove rock piles that may invite snakes."



File photo by Amy Drummond/Fort Leavenworth Lamp

Baby rabbits are often found in the spring in a small fur-lined depression in the ground. The mother most likely did not abandon them; she will return in the evening to feed them. Rabbits do not like to have their nests disturbed. Mowers can kill or maim baby bunnies, so it they must be moved to avoid harm, do so with gloves to prevent covering them in human scent and return them to the nest immediately after mowing, covering them with some of the hair. Northeast Kansas Wildlife Rescue offers tips for dealing with wildlife on the wildlife rehabilitation group's website <http://northeastkwildliferescue.com>.



File photo by Prudence Siebert/Fort Leavenworth Lamp

A few precautions can keep most wildlife, such as the raccoon seen here near the Resiliency Center, from becoming a nuisance.



File photo by Prudence Siebert/Fort Leavenworth Lamp

Sometimes red fox, like the healthy one seen here, are spotted on post looking sickly with patchy hair and are often suffering from mange, which is caused by a parasitic mite. Foxes with mange are sometimes trapped and treated, in cooperation with Operation Wildlife, to improve the health of the post fox population. Community members are asked to not feed wildlife and to leave them and the traps alone.

Staff Report

A variety of wild animals call Fort Leavenworth home. The post's lush landscape coupled with its proximity to the Missouri River makes it an attractive place to reside.

The wild animal population isn't limited to the "wild" areas of post, but makes its way into the residential areas of Fort Leavenworth. Issues can arise when wildlife and humans meet.

Included below are a list of the more common species found on post and how to avoid unpleasant altercations.

Omnivores

The omnivores of Fort Leavenworth — namely skunks, raccoons and opossums — are resourceful and mischievous. This combination can cause headaches for residents, particularly when people feed wildlife or don't take steps to discourage the critters from hunting for food in housing areas.

Skunks

Two species of skunks are found in Kansas — the eastern spotted skunk and the more common striped skunk.

Skunks can cause some problems in urban areas. They damage lawns by digging for grubs, den under patios and buildings, release an unpleasant scent and can carry rabies. In Kansas, skunks are the primary wildlife carrier of rabies.

Keeping skunks away can be accomplished by removing exposed pet food, putting garbage in sealed containers and carrying off woodpiles that may harbor mice and rats.

Raccoons

Raccoons are a common sight in Kansas, and they prefer wooded areas near streams, rivers or other water sources. Fort Leavenworth's proximity to the Missouri River makes it an attractive spot for raccoons.

They can be particularly destructive in urban environments by raiding garbage cans and may nest in attics and fireplaces. Like skunks, raccoons carry a number of diseases, although only about 5 percent of raccoons in Kansas have been exposed to rabies.

Opossums

Unlike the other omnivores, opossums rarely cause humans much trouble. While they may sometimes get into basements, sheds or garages, opossums are not aggressive and are easily scared off.

Bats

Out of about 900 species of bats found in the world, 15 are found in Kansas.

Although they cause little damage to buildings, the presence of bats is commonly unwanted. Their droppings and urine have a strong, persistent odor that can cause histoplasmosis, an airborne disease caused by microscopic soil fungus.

If a live bat should make its way into a building or residence, do not attempt to capture it. If the bat is in a residence, contact Fort Leavenworth Frontier Heritage Communities to remove the bat. In other on-post buildings, notify the building manager so that Entomology can remove the animal. Often, a bat will leave at dusk if a door or window is left open for them to exit.

Attic-dwelling bats can often be coaxed out by placing one or two bright lights in the area. If possible, watch the outside of the house around dusk to find areas where bats are exiting. After all bats have left, close the openings.

If self-removal is necessary, don't attempt to do so without heavy leather gloves or a net.

Predators

Coyotes

Coyotes are the most common predator in Kansas. Two subspecies of coyote are found in Kansas: the plains coyote, found in the western two-thirds of Kansas, and the southeastern coyote, found in the southeast and extreme eastern portions of the state.

Only a small proportion of coyotes are livestock predators; however, steps should be taken to ensure that they do not threaten domesticated animals.

Like skunks and raccoons, coyotes are sometimes attracted by garbage or pet food left outdoors.

Coyotes also have been known to cross with domestic dogs, forming a hybrid known as the "coydog." Keeping pets indoors can help to prevent domesticated animals from having unwanted interaction with a coyote.

Fox, bobcats, mountain lions

Fox and bobcats are also common on Fort Leavenworth, but they tend to avoid human contact more than coyotes. Mountain lions have also been reported in the area, but have not been confirmed on Fort Leavenworth.

Prevention

FLFHC and the Kansas State Research and Extension Service offer tips to help keep wildlife in the wild:

- Do not feed wild animals. Bird feeders are OK, but be aware that they often spill feed onto the ground, which can attract squirrels and other mammals.
- Do not leave pet food or dishes outside the home.
- Close ground floor windows at night. Raccoons have been known to smell pet food inside homes and tear open screens to gain entry.
- Do not place garbage outside until the morning of scheduled trash pickup. Residents are permitted to place garbage on the curb the night before pickup, but it may attract wild animals. Keep food waste in tightly covered garbage cans.
- Use an over-the-counter repellent to discourage squirrels from approaching the home.
- Toss a few mothballs under porches, in storage sheds and in crawl spaces to discourage skunks, raccoons and other animals from moving in.
- Residents of Fort Leavenworth are reminded that wild animals often carry parasites and disease. To protect pets from contact with wild animals, FLFHC requires that dogs and cats be kept indoors, confined within a fence or restrained on a leash.

Residents of Fort Leavenworth Frontier Heritage Communities are not authorized to contract a private pest control company. If a wild animal gains entry into a home and cannot be chased out, contact the FLFHC office at 913-682-6300 during business hours, or 913-651-3838 after hours.

Editor's note: Fort Leavenworth Frontier Heritage Communities and the Kansas State Research and Extension Office in Leavenworth contributed to this article, which has run in previous editions of the Fort Leavenworth Lamp to help inform the community about wildlife each spring.

Deadlines approaching to apply for scholarships for military dependents

CGSC Foundation scholarship deadline is March 15



by CGSC Foundation News Release

The CGSC Foundation announced the start of its 2025 competitive scholarship program for spouses, children or grandchildren of U.S. Army Command and General Staff College alumni and others who are life members of the CGSC Foundation's Alumni Association. Applications are now being accepted.

"This is the fifth year of our scholarship program," said Foundation President/CEO Lora Morgan, "and we're proud to say the program has grown every year. Our military families make countless sacrifices in service to our country, and this program allows us to provide them with help to pursue their educational dreams."

The 2025 foundation scholarship awards include five cash scholarships:

- One **\$5,000 scholarship**, the Colonel Stephen E. "Brownie" Brown Scholarship
- One **\$1,000 scholarship** to students who are beginning their college education
- One **\$500 scholarship** to students who are beginning their college education
- One **\$1,000 scholarship** to undergraduate students who are

continuing their college education

• One **\$500 scholarship** to undergraduate students who are continuing their college education

Additionally, Park University will award three \$5,000 scholarships for qualified applicants.

The Park University scholarships are for full-time students for the academic year — the award will be split between the fall and spring semesters. These scholarships can be renewed for up to three years at Park University's discretion if recipients maintain full-time status, have a 3.0 GPA or better, and demonstrate satisfactory academic progress. This Park University scholarship cannot be combined with any other Park University scholarship.

Students can apply for only the foundation cash scholarships, only the Park University scholarships or both by checking the boxes in the application.

The Colonel Stephen E. "Brownie" Brown Scholarship is named in honor of a U.S. Marine officer who retired from active duty in February 2009 and became an instructor at the U.S. Army Command and General Staff College in 2010. Due to medical complications from spinocerebellar ataxia (SCA), Brown retired from teaching at CGSC

and currently lives in Stillwell, Kansas. His network of lifelong friends approached the CGSC Foundation to establish the scholarship in Brown's name to honor his lifetime of service and their friendship.

The CGSC Foundation's scholarship program is open to high school seniors who will begin their college studies in 2025 and for undergraduate college students returning to school. Applicants must be immediate family members (children, grandchildren and spouses) of a life member of the CGSC Foundation's Alumni Association.

The application is available on the CGSC Foundation website at www.cgscfoundation.org/scholarships. A link to join the Alumni Association as a Life Member is also on the page for those who need to join before their relatives apply.

The deadline for applications is midnight March 15, 2025. Judging will occur March 16-31, and the CGSC Foundation will announce the winners in April.

The CGSC Foundation also welcomes donors who may not have eligible relatives but wish to support the scholarship program. To support the scholarship program, visit www.cgscfoundation.org/donate.



www.cgscfoundation.org/donate.

The CGSC Foundation was established December 28, 2005, as a 501(c) (3) non-profit educational corporation with the mission of supporting the U.S. Army Command and General Staff College at Fort Leavenworth, Kansas. The CGSC Foundation supports the college in three overall areas: scholarship, outreach, and soldier and family support. Contribu-

tions made to the CGSC Foundation are deductible under section 170 of the Internal Revenue Code and the foundation is qualified to receive tax deductible bequests, devises, transfers or gifts under sections 2055, 2106 or 2522 of the Internal Revenue Code. To learn more about the CGSC Foundation and its mission, visit www.cgscfoundation.org.

FLFHC residents encouraged to apply for Michaels scholarship

by The Michaels Organization Educational Foundation News Release

The Michaels Organization Educational Foundation, a privately funded, non-profit affiliate of The Michaels Organization, is now accepting scholarship applications for the 2025-2026 academic year.

All residents living at affordable and military housing communities owned or managed by Michaels who have a high school diploma or equivalent and plan to pursue higher education at a university, college or trade/professional school are encouraged to apply.

Applications are available at <https://michaels-scholars.com/> until April 15, 2025.

For the first time since the program's inception in 1991, the application process will be completely online, aligning with the foundation's goal to provide easier access to the application and therefore encouraging more applicants to apply.

"Our organization was founded on the idea of providing more than just housing for our residents," said Michaels Chief Executive

Officer Mark Morgan. "It is an honor to watch this program grow each year, always exceeding the prior year's awards, and to know we are making a difference in the lives of so many of our residents, truly living out our promise of 'lifting lives.'"

Now in its 35th year, the foundation has awarded more than \$16 million to students across Michaels' portfolio of communities across the country. During last year's scholarship season, 261 residents at Michaels' affordable and military living communities were awarded scholarships, totaling more than \$2 million.

Scholarships are awarded annually, and students may reapply each year of their education for continuing grants. Foundation funds are raised through voluntary contributions by corporations, companies, families, private trusts and individuals throughout The Michaels Organization's business network. All donations are then matched \$2 for every \$1 by The Michaels Organization's Founder and Chairman Michael J. Levitt and his wife, Pat Levitt.

A separate scholarship program, designed specifically for residents of Michaels' student living communities, will open for applications in August 2025.

Important Dates and Deadlines

Application forms are now available at <https://michaels-scholars.com/>.

April 15: Deadline for submitting completed applications.

June 12: Applicants will be notified of the outcome status of their application.

June 24: Acceptance forms must be returned if grant recipients wish to accept the offer of a scholarship. Grants not accepted by this date will be awarded to other applicants.

July 31: If a student meets all necessary criteria and deadlines, scholarship checks, made payable to post-secondary institutions, will be mailed via U.S. mail directly to the post-secondary institution on behalf of the scholarship recipient to help pay for the student's 2025-2026 school year costs.

About The Michaels Educational Foundation
The Michaels Organiza-

tion Educational Foundation is a non-profit affiliate of The Michaels Organization, established to administer scholarships to Michaels residents. The scholarship program was the first of its kind in the affordable housing industry when it was created and since its inception, the program has expanded to include residents of Michaels' military and student living communities and is monumental to The Michaels Organization's mission of "Creating Communities That Lift Lives."

About The Michaels Organization

Michaels is a national leader in residential real estate offering full-service capabilities in development, property management, construction and investment. Serving 200,000 residents in more than 600 communities nationwide, Michaels is committed to crafting housing solutions that jumpstart education, civic engagement and neighborhood prosperity, and to creating "Communities That Lift Lives." For more information, visit www.TMO.com.

More scholarships



Scholarship Opportunities

Note: This information is provided to US Army School Liaison Officers as information of common interest regarding various scholarship opportunities throughout the United States.

Such information is not an actual or implied endorsement of these colleges/universities/organizations by the US Army, Fort Leavenworth FMWR, and/or Fort Leavenworth CYS.

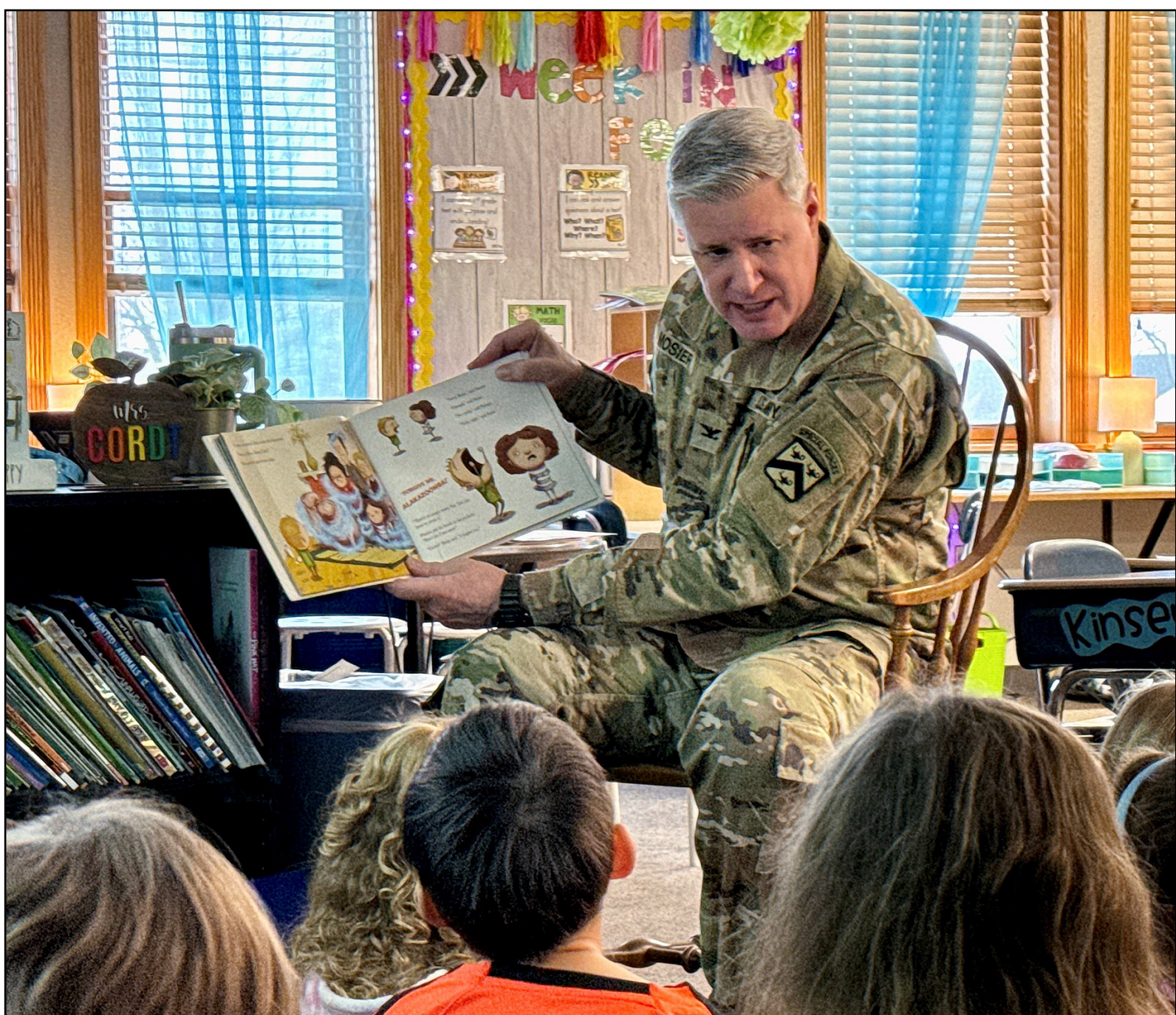
usarmy.leavenworth.imcom-fmwrc.mbx.slo@mail.mil

Applications are due March 20 for the **JOHN W. POILLON MEMORIAL SCHOLARSHIP**. Obtain an application at the Army Education Center. Call 913-684-2496 for more information.

Visit https://home.army.mil/leavenworth/application/files/7816/3284/5772/Fort_Leavenworth_SLO_Scholarship_List_September_2021.pdf for more information on these and other scholarship opportunities for military dependents.

Leaders share stories, love of learning during Reading Day

RIGHT: Fort Leavenworth Garrison Commander Col. Duane Mosier reads a story to a class during Reading Day March 6 at Bradley Elementary School.



Community members served as guest readers during Reading Day, which is conducted annually around March 2, the birthday of author and illustrator Theodor Geisel, aka Dr. Seuss.

BELOW: Munson Army Health Center Director Col. Jolanda L. J. Walker reads a book to students during Reading Day March 6 at Bradley Elementary School.

Walker and other service members participated in Read Across America Week activities to inspire the next generation of doctors, nurses and clinical laboratory scientists. Reading to children, especially about science and health, sparks curiosity and a lifelong love of learning.



Photos by Maria C. Yager/Munson Army Health Center

Project FAMILY NIGHT

USD 207

BRADLEY EISENHOWER MACARTHUR
4:30 - 6:30 PM

PATTON JUNIOR HIGH
5:30 - 7:00 PM

03.12.25 03.13.25

WIN ARMIES AVID STEM

LÜ
INTERACTIVE PLAYGROUND

HEARTS APART

MACARTHUR ELEM.
MARCH 27TH
3:45 PM

HEARTS APART

MyArmyPost

Try the Army's Newest Mobile Application!

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EXISTING FEATURES

- One-click emergency calls
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- Installation-wide alerts
- Interactive bus routes
- Current Air Quality Index
- Newcomer information
- Intuitive search functions
- Bookmark common resources
- Resource Alerts
- Events
- Maintenance Requests
- MHS Genesis Login

Pet of the Week



Aphrodite, named for the heart-shaped patch on her back and her sweet disposition, is a young adult female domestic shorthair/turkish van cat available for adoption at the Fort Leavenworth Stray Facility. Spay surgery, vaccinations and microchipping are included in her adoption fee of \$100.

E-mail fortleavenworthstrayfacility@gmail.com for an adoption application. Visit www.FLSF.petfinder.com for adoptable pet profiles. Call 913-684-4939 for more information. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility.

The Fort Leavenworth Stray Facility, at 510 Organ Ave., is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday; 9 a.m. to noon the second Saturday of the month; and by appointment for pre-approved adopters. Call 913-684-4939 to schedule an appointment.



Photos by Prudence Siebert/Fort Leavenworth Lamp

PCSing overseas with pets?

Call 913-684-6510 to discuss requirements





PCS Prep: OCONUS & Pets

Planning a PCS move with pets somewhere outside the continental United States? Contact the Fort Leavenworth Veterinary Clinic at 913-684-6510 to discuss requirements to take your pets overseas, to include Hawaii and Alaska. There are different requirements based on location and in some cases, it is necessary to begin the process to obtain a health certificate for your pet months in advance. Contact the VTF for more information at 913-684-6510.

Volunteer!
Help Shelter Pets!
They need your help for walks and general care!
They enjoy the love, attention, and affections, too!

Several shifts to choose from
 Want to know how to join our team?
 Register at <https://vmis.armyfamilywebportal.com/>
 Once registered, we will contact you and have you come in for a training with a team member.
 After you train, you shadow two shifts. Then you are ready to help shelter pets!
 Watch the Fort Leavenworth Stray Facility Facebook page for training events!
 Once you register, train, and shadow, you can sign up for any shift you can cover.
 Children under 18 can help, but they must be accompanied by an adult the entire shift.

Work with either our cats or dogs or both!

Fort Leavenworth Stray Facility
 510 Organ Avenue
 Fort Leavenworth, KS 66027

Fort Leavenworth Stray Facility

Second Saturday is Back!



Every second Saturday of the month

We're back to being open every 2nd Saturday of the month for visitation and adoption/fostering of the animals at the facility!

You can find all of our adoptable pets at:
www.petfinder.com Fort Leavenworth
fortleavenworthstrayfacility@gmail.com

913-684-4939 510 Organ Ave Fort Leavenworth, KS

Pet Transportation Assistance

Army Emergency Relief offers zero-interest loans to help the whole Family stay together.

WHAT
 Pets are a part of the Family and AER recognizes the financial burden pet transportation can cause during a PCS. To help alleviate this, AER created the Pet Transportation Assistance Program.

WHO
 • Active Duty and their eligible Family members
 • Reserve and National Guard on Active Reserve and Guard tours
 • Reserve and National Guard activated with PCS Entitlements

HOW
 Pet transportation assistance is processed by your nearest AER Officer or any military aid office. Soldiers can go directly to their AER offices or chains of command.

For more information, visit www.aerhq.org/news/petassistance



Are you an AER Officer? Download the official guide here: www.aerhq.org/resource/official-pet-transportation-assistance-guidance

Clean Paws Pet Wash

Open 24 hours a day!
 Merritt Lake Parking Lot
 Cash, Coin and Card




Info: (913) 651-7176

THURSDAY
MARCH 13, 2025



PAIR Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

Project FAMILY NIGHT

USD 207

03.12.25 BRADLEY EISENHOWER MACARTHUR
4:30 - 6:30 PM

03.13.25 PATTON JUNIOR HIGH
5:30 - 7:00 PM

WIN ARMIES AVID STEM

Teen Employment Workshop

Picking your future career is just one piece of the puzzle.

The Teen Employment Workshop takes the guesswork out of job searching, resume building, and tailoring your skills to the job that you want!

Learn how to fit the pieces together to create an exciting picture of your future career goals!

ACS Classroom
10:00am - 12:00pm
March 14
April 18
May 30
June 28
July 11
August 1

FREE! Registration is required the day before the workshop.
For ages 14 - 20
For more info please call 913-684-2800

Spring Fling

at

Resiliency Center
600 Thomas Ave
Bldg. 198

March 14 • 1PM - 3PM

Come and join FAP for a fun-filled and family friendly celebration! This event is designed to encourage family connections and boost creativity. There will be a variety of activities including, spring themed crafts, interactive games and more!

Event is FREE, and open to DoD ID card holders.
Children must be accompanied by an adult.

Reservations are NOT required, just show up!
For more info: (913) 684-2808/2822/2811

BOSS PRESENTS MOVIE NIGHT

Post Theater // 375 Grant Avenue
Movies start at 7PM
Must show your DoD ID at the door!

March 7 **PG** THE WILD ROBOT

March 21 **PG-13** VENOM: THE REVENGE

Come out and join us as the BOSS program gives back to the Community by playing movies inside the Post movie theater.

Prepackaged snacks and drink can be purchased at the snack bar.
No outside food or drinks are authorized.

For all movies children 12 and under MUST be accompanied by an ADULT!
CASH only at the snack bar!

For more info call: (913) 684-2736 • Or visit our website leavenworth.armymwr.com

Give hope this spring.
Give blood.

American Red Cross

Blood Drive
Ft. Leavenworth
Munson Army Health Center

On the First Floor
550 Pope Ave.
Fort Leavenworth, KS 66027

Wednesday, March 19, 2025
9:00 a.m. to 1:00 p.m.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: FortLeavenworth to schedule an appointment.

1-800-RED CROSS | 1-800-733-2767 | RedCrossBlood.org | Download the Blood Donor App

CASO Cultural & Area Studies Office

WHAT IS CHINA'S MILITARY STRATEGY- IS IT FOR GLOBAL POWER PROJECTION?

OPENING REMARKS:
COL JASON H. ROSENSTRAUCH-
Deputy Commandant, U.S. Army CGSC.

PANEL MEMBERS:
AMBASSADOR DAVID SHINN
former Director, the Office of East, Horn of Africa, and African Indian Ocean Island Affairs, U.S. Department of State, Washington, DC.
DR. BARRY M. STENTIFORD-
COL (Ret), Professor of History, U.S. Army School of Advanced Military Studies, Fort Leavenworth, KS.
LT. COL. SAMUEL SHORT-
Australian Army, Department of Joint, Interagency, and Multinational Operations, U.S. Army CGSC, Fort Leavenworth, KS.

MODERATOR:
DR. MAHIR J. IBRAHIMOV (DR. I.)-
Director, Cultural and Area Studies Office, CGSC.

DATE:
Thur, 13 MAR, 2025

TIME:
1300 - 1500 (CST)

LOCATION:
Arnold Conf. Room,
Lewis and Clark Center,
Fort Leavenworth, KS
All welcome to the audience.
For outstations, the event will be available live on CGSC's Facebook page at: <https://www.facebook.com/USACGSC>

PAIR Day & Kid Fest

April 12 // 10AM - 2PM
Harney Sports Complex

Experience what Fort Leavenworth and the surrounding Kansas City area have to offer at PAIR Day (Post Activities Information & Registration). This is your one stop-shop for everything social, recreational, spiritual, and educational.

There will be informational tables, and lots and lots of FREEBIES!

In honor of Month of the Military Child, this event is a celebration for Military Kids!

This event will be filled with family friendly fun, with a DJ, CYS class demos and informational table. And, the best part it's all FREE!

For more info, call (913) 684-1830
Or scan the QR Code.

Lucky Leprechaun

Trails West Golf Course
March 15 // 10AM Shotgun Start

Come and celebrate St. Patrick's Day at our 4 person scramble!
Fee - \$50 Members // \$60 Non-Members
Last day to register is March 12th.

Fee includes tournament fees, green fees, cart fees, range, food & beverage
Participants can also enjoy flight prizes and hole prizes.
Join us before for a cup of Irish Coffee and after for Corned Beef & Cabbage.

Open to the public
Info: (913) 651-7176

U.S. ARMY

It's almost time for the
FY25 Army Housing Tenant Satisfaction Survey.
Are YOU In?

Opt-In from your cell phone now to receive your Survey via text message when it becomes available in March*

U.S. phone numbers only at this time

*Text option is not available for Army UH for FY25.

The survey is being conducted online and is being administered through a third party, CEL & Associates, Inc. (CEL). All households living in privatized, government managed Army or Unaccompanied Housing are invited to participate in the survey, and this is your opportunity to provide feedback on your housing and community.

Households will also receive the survey via email but only one survey per household or room/bed can be submitted. All surveys submitted are confidential and anonymous. For more information contact your Housing Office or management office for privatized housing.

988 SUICIDE & CRISIS LIFELINE

THE MILITARY CRISIS LINE IS AVAILABLE 24/7.
DIAL 988 AND PRESS 1

Call, Text, Chat.
988lifeline.org/chat

Catholic Women of the Chapel



CWOC resumes on January 9, 2025
and meets **Thursdays at 9:00am**
in the **Pioneer Chapel Activity Room**

Join us for our faith study:
THE RETURN OF THE PRODIGAL SON
by Henri Nouwen

LEARN MORE >>>

Find our complete calendar on
Facebook 'CWOC Fort Leavenworth'




Fort Leavenworth Lent and Holy Week Services



Easter Sunrise Service: 0630-0730

"The Best Hometown in the Army"



Protestant Christian Services

Ash Wednesday Services (05MAR25)

0730: Protestant - Lewis & Clark Building (Faculty Lounge)
1730 Anglican/Liturgical - Memorial Chapel

Lenten Lunch (1200-1300)

12 MAR - Frontier Chapel, RM 153
19 MAR - Frontier Chapel, RM 153
26 MAR - Frontier Chapel, RM 153
02 APR - Frontier Chapel, RM 153
09 APR - Frontier Chapel, RM 153

Good Friday Services (18APR25)

1800: Protestant Community - Frontier Chapel

***Regular Chapel Schedule on 20 April 2025

Catholic Services

Ash Wednesday Service (05MAR25)

1200 - Pioneer Chapel

Stations of the Cross (1730-1900)

- 07 MAR: Station of the Cross - Pioneer Chapel
- 14 MAR: Stations of the Cross - Pioneer Chapel
- 21 MAR: Stations of the Cross - Pioneer Chapel
- 28 MAR: Stations of the Cross - Pioneer Chapel
- 04 APR: Stations of the Cross - Pioneer Chapel
- 11 APR: Stations of the Cross - Pioneer Chapel

Holy Thursday Mass (17APR25) - 1800 Pioneer Chapel

Good Friday Service (18APR25) - 1500 Pioneer Chapel

Easter Vigil Mass (19APR25) - 2000 Pioneer Chapel

Easter Mass (20APR25) - 0930 Frontier Chapel



7 - 13 2025

LEAVENWORTH WEEK

Family Reunion
Spring Conference
Buenos Aires, Argentina
leavenworth@ocfusa.org




2025 Islamic Holy Times of Prayer: Frontier Chapel



Dates: Ramadan: 01 - 29 MAR 25

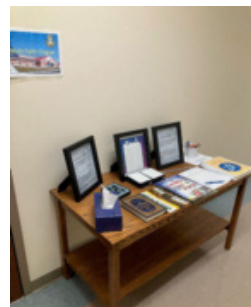
Location: Please come to Room 111 in Frontier Chapel for Individual Prayers

Frontier Chapel: 625 Thomas Avenue

Time: 0900-1700 (MON-FRI and SUN)

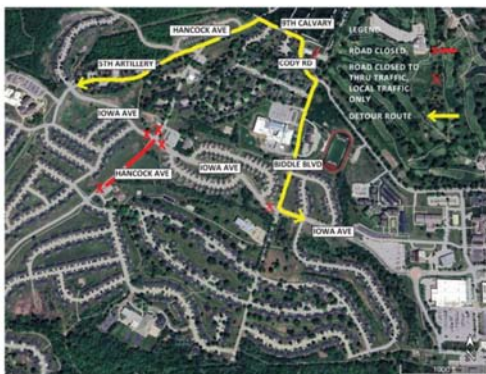
Please see your unit chaplain or call the Religious Support Office at 913-684-2210

Lewis & Clark Building will hold Midday Prayers in the Faculty Lounge (MON-FRI)



CH (MAJ) Chris Weinrich, christopher.w.weinrich.mil@army.mil

FORT LEAVENWORTH NEW CDC DETOUR ROUTE



The previous CDC construction detour, from Iowa to Kansas Ave, has been modified to reroute traffic away from densely populated areas. The new detour (yellow trace), will route traffic northwest to 5th Artillery Rd and toward the cemetery and golf course.

U.S. ARMY



2025 Fort Leavenworth National Prayer Luncheon



Mission: The U.S. Army Combined Arms Center and Fort Leavenworth, Kansas, will host the annual Fort Leavenworth National Prayer Luncheon at the Frontier Conference Center on 03 APR 25, 1130-1300, IOT promote our spiritual readiness domain, collaboration between military members, and develop holistic health and fitness.

End-State: To develop religious collaboration within the Fort Leavenworth community.

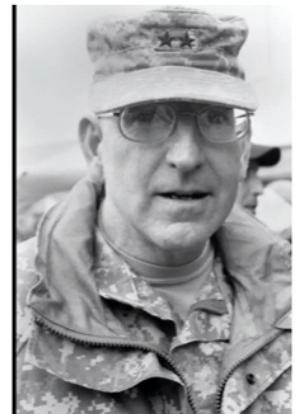
Guest Speaker: Major General Gregg Martin, U.S. Army, Ret.

WHO: UMTs, Command, Chapel and Community Partners
WHAT: 2025 Fort Leavenworth National Prayer Luncheon
WHEN: 03 APR 25 / 1130-1300
WHERE: Frontier Conference Center, Fort Leavenworth, KS 66027
WHY: To develop community collaboration

FREE Meal: Provided by the Fort Leavenworth Chapel Communities.

Tickets: Please see your chaplain or Unit Ministry Team

POC: andrew.c.muilenburg.mil@army.mil



UNCLASSIFIED



NPS

I DIDN'T KNOW THAT! Don't Feed Wildlife




It's not just a snack.

Feeding wildlife is dangerous for the animals and for you.

There are risks to people.

Animals that rely on human foods can become aggressive.

There are risks to wildlife.

Animals that rely on human foods can stop naturally hunting or foraging and starve.



You can help keep wildlife wild.

- Never feed wildlife.
- Clean up and leave no trace.
- Keep your distance.




idkt! go.nps.gov/idkt

Join us monthly DATE NIGHT


6-10 PM @ Frontier Chapel

Meals & Childcare provided

Sponsored by Fort Leavenworth Chapel Community

Supported by 

Invest in your marriage this year!



05 SEP, 03 OCT, 07 NOV, 05 DEC, 09 JAN, 06 FEB, 06 MAR, 03 APR, 01 MAY

Each Date Night begins with a faith-based marriage enrichment presentation. Then couples are released to go out on a date and further discuss the topic together. Children will remain safely supervised by childcare professionals at Frontier Chapel (6-10 pm or pick up kids earlier!)

For more information and to register scan the QR code or call 913-680-7336

Fort Leavenworth Post - Wide Yard Sale
April 26 • 8am - 3pm
 Rain or shine! Event is open to the public! *

- * IDs will be scanned at the main gates beginning at 8 am, everyone 16 years and older must provide a current ID to enter. (Persons attempting to enter post with outstanding warrants or other security issues will be denied access.)
- Residents living on-post are allowed to sell at their residence.
- Service Members residing off-post, Retirees and DA Civilians can utilize the Old Bell Hall Parking Lot (located at the Sherman/Reynolds intersection) on a first come, first serve basis.
- Alcohol and firearms can not be sold during the yard sale.

For Information please follow the Fort Leavenworth Facebook Page.
 *Scan the QR code for visitor access to Fort Leavenworth. *

A New Catalog is Coming!

While we transfer data from our old system to the new one please understand that

- No holds on materials can be made
- We cannot fill any interlibrary Loans requests

& between March 13-19:

- Only 10 community items out per checkout
- Materials due during this time will be extended
- No new accounts can be made
- Database access will stay the same
- Computer access in the library won't change



Ike Skelton Combined Arms Research Library
 Check for updates at <https://carl.gcsc.libguides.com/home>

Volunteer!

MWR needs you!!!

Post Theater Volunteers needed NOW!!!

We are always looking for:
 Youth Sports Coaches
 Stray Facility Volunteer
 Youth Sports Official/Referee
 Village Mayor/Vice Mayor

Calling all Units and Organizations, Scouts, ROTC, Students...
WE'RE BACK - but we need your help!!!
 It takes a village to keep a village going!
 Be a part of making Fort Leavenworth
 The Best Hometown in the Army!

Call (913) 684-2736 to Volunteer at the Theater today!

2025 Speaker Series

Presented by the Frontier Army Museum & The Friends of the Frontier Army Museum (FFAM)

All presentations are free to the public and will be located at the Frontier Army Museum 100 Reynolds Ave Fort Leavenworth, KS

FEBRUARY

Wednesday February 26th. 5:30p: "A Kansas Soldier at War" with Ken Spurgeon

MARCH

Saturday March 22nd, 10:30am History Brunch: "A Contribution to Victory: Western University's Vocational Training Program for World War I with Dr. Bernard Harris JR. Light refreshments provided by the Friends of the Frontier Army Museum will be served prior to the presentation.

Wednesday March 26th, 5:30pm: "Fort Leavenworth and Early Local Communities" with Gary Hyder

APRIL

Saturday April 5th, 10:30am History Brunch: "Moroccan Participation in WWI and II" with MAJ Zakariae Tiddarine. Light refreshments provided by Friends of the Frontier Army Museum will be served prior to the presentation.

Saturday April 12th, 10:30a History Brunch: "10th Mountain Division during World War II" with National WWI Museum and Memorial Curator Dr. Chris Juergens. Light refreshments provided by the Friends of the Frontier Army Museum will be served prior to the presentation.

Wednesday April 30th, 5:30p: "Religion in Early Leavenworth History" with Raymond Powell

All presentations will be streamed live and recorded on the Friends of the Frontier Army Museum Facebook page: <https://www.facebook.com/ftleavenworthffam>

FROM COMPASSION TO ACTION: 2024 STRONGHOLD YEAR IN REVIEW

Our Ambassadors supported military families in several military installations across **17 states and 4 countries**

On average, we help **90 individuals weekly**

72,500 Pounds of Food Distributed
65,550 Meals Distributed

Every single pound distributed by Stronghold was utilized and tailored to the family's needs - we take pride in being an excellent steward of every donation dollar.

Our volunteers donated **3,500** hours valued at **\$111,300**

We conducted two pop up pantries at JBLM and Fort Campbell serving **347** individuals.

Over \$35,000 in basic necessities ranging from feminine hygiene products, household items, school supplies, diapers, wipes, portable cribs, winter coats, socks, etc.

Stronghold Food Pantry is a volunteer-run, 501(c)(3) charitable organization serving American military families facing food insecurity with care and dignity by providing food, necessities, and resources. Stronghold strives to remove the stigma and ease the epidemic of food insecurity among military communities by proliferating awareness, advocacy, and collaboration.

CALL FOR PRESENTERS

The Frontier Army Museum is seeking presenters to speak on historical topics.

Interested in sharing your passion and knowledge of history with others?
 Contact Megan Hunter for details and scheduling:
 (913)684-3190 / megan.m.hunter4.civ@army.mil

CALL FOR VOLUNTEERS

The Frontier Army Museum is looking for a consistent, longterm volunteer to work in the collections.

Role: Assisting with inventory, minor artifact cleaning, mount making, and other collections related tasks.

Age Requirement: Must be 16 and older.

Interested? Please contact Megan Hunter
megan.m.hunter4.civ@army.mil

Stronghold: Happy Bottoms Program

Powered by: Rapid Response Charities

Free Monthly Diaper Distribution
 Email: contact@strongholdfoodpantry.org

STRONGHOLD FOOD PANTRY
 More than a food pantry.



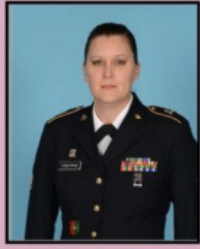
UNITED STATES ARMY COMBINED ARMS CENTER AND FORT LEAVENWORTH SEXUAL HARASSMENT AND SEXUAL ASSAULT RESPONSE WORKFORCE



Ms. Amanda Bonseigneur
Lead SARC
Amanda.bonseigneur.civ@army.mil
Office: 913-684-2810
Cell: 913-704-9620
Bldg 197, 632 McClellan Ave

For Assistance
contact
LTC Craig Arnold

Hiring Underway
Supervisory SARC



SFC Jerri Osborne
Team 1 SARC
jerri.l.osborne.mil@army.mil
Office: 913-684-1698
Cell: 913-565-0741
Bldg 77, Room J209,
290 Grant Ave



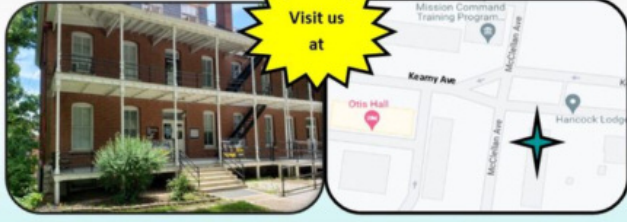
LTC Craig Arnold
Interim Supervisory SARC
Team 2 SARC
craig.d.arnold.mil@army.mil
Office: 913-684-2818
Teams: 520-692-8849
Cell: 913-704-9604
Bldg 197, 632 McClellan Ave



SFC Jacob Roach
Team 3 SARC
jacob.w.roach.mil@army.mil
Office: 913-684-0956
Cell: 913-547-5075
835 Sabalu Rd



Mr. Josh Belle
Team 4 SARC
joshua.p.belle.civ@army.mil
Office: 913-684-5230
Cell: 913-680-5699
Bldg 58, 614 Custer Rd



Ft Leavenworth SHARP Resource Center
Building 197, 632 McClellan Ave
Fort Leavenworth, KS 66027

Contact the team at usarmy.leavenworth.cac.mbx.cac-sharp@army.mil

For Assistance
contact the
SHARP Hotline

Hiring Underway
Victim Advocate



Ms. Nicole Hernandez
Victim Advocate
Maureennicole.n.hernandez.civ@army.mil
Office: 913-684-5230
Cell: 913-544-9243
Bldg 58, 614 Custer Rd

For Assistance
contact the
SHARP Hotline

Hiring Underway
Victim Advocate

For Assistance
contact the
SHARP Hotline

Hiring Underway
Victim Advocate

We Have Realigned Under a New Installation Model

- Team 1** AAFES, ACS, AFC, ARI, CDID, Cemetery, CID, CPAC, DeCA, DES, DLA, DMPA, FMWR, LRC, MCCoE, MICC, Museum, NEC, PAO, RCI Housing, TDS/SJA, TRAC, USAFMSA, USAG HQ, USASMDC, USD 207, and US STAG CMD.
- Team 2** CAC HQ, CAC-T HQ, MCTP, NSC, STB, TMD, 505th CCW and 500th/67th MP
- Team 3** ACB, MWJRCF, USDB
- Team 4** Army U, CGSC, Dental, DLI, MAHC staff, Patients, SAMS, SOF, TRADOC, Veterinarian, and Other Service Staff tenant personnel

Fort Leavenworth 24/7 SHARP Hotline
913-683-1443
DoD Safe Help Line
877-955-5247

Sexual Harassment Complaint Reporting Option
Formal | Informal | Anonymous
Sexual Assault Reporting Option
Restricted | Unrestricted
Retaliation Reporting Options
Command | IG | SARC | DoD Safe Helpline

Find us on Facebook



WeCare App



GET IT ON Google Play



#NotInOurArmy
Current as of 17 November 2024

- Family Advocacy Program - Victim Advocacy Program

1 in 3 women and 1 in 4 men have experienced some form of domestic violence by an intimate partner in their lifetime.

If you or someone you know is experiencing violence by an intimate partner, please reach out to the victim advocacy program at 913.683.2537



Safety Planning



Victim Advocacy Services



Education & Support Group

If you experienced sexual trauma during your military service, VA can help.

Free Services

The Department of Veterans Affairs (VA) offers free health care and other benefits for current and former Service members who experienced sexual assault, harassment or abuse during military service, also known as military sexual trauma (MST).

For Current Service Members

Current Service members (including current National Guard and Reserve members) can access confidential MST-related counseling at VA's Vet Centers without a referral and care at VA medical facilities with a Department of Defense referral.

No Report or Evidence of MST Needed to Receive Care

No report to authorities or other documentation of the MST experience is needed to receive health care services.



For more information, scan the QR code, download the Beyond MST mobile app, or visit/call:

CLEARED
For Open Publication
Jul 25, 2024
www.mentalhealth.va.gov/mst
www.va.gov/find-locations
1-800-698-2411



Department of Defense
OFFICE OF PREPUBLICATION AND SECURITY REVIEW

24-P-0880

KNOW YOUR WORLD PRESENTATIONS 2025

POLAND 18 SEPTEMBER 2024

FIJI 30 OCTOBER 2024

PAKISTAN 29 JANUARY 2025

ECUADOR 19 FEBRUARY 2025

ANGOLA 26 MARCH 2025

Presentations Start at 1545 in Eisenhower Auditorium and Streamed Live on the CGSC Facebook Page
Open to the Public [ALL ARE WELCOME] to Attend or View Online
All IMS WILL Attend//Presenting IMS' Section Expected to Attend

FORT LEAVENWORTH LEISURE TRAVEL SERVICES TOP TICKETS

Disneyland Military Salute Offer 2025:
3 DAY Park Hopper Our Price \$295.00
W/Lightning Lane \$391.00
-4 DAY Park Hopper Our Price \$349.00
W/Lightning Lane \$477.00

Disney World Military Salute Offer 2025:
4 DAY Park Hopper Our Price \$365.00
5 DAY Park Hopper Our Price \$385.00
5 DAY Park Hopper Our Price \$399.75

Universal Orlando Military Freedom Offer 2025:
2 Park Freedom Pass Adult \$210.00 and Child age 3-9 \$205.00
3 Park Freedom Pass Adult \$245.00 and Child age 3-9 \$240.00

Universal Hollywood:
1 Day General Admission Adult and Child 3+ \$99.00-\$122.50

Go City Go Card:
Sightsee and save with a Go Card! Discover the best attractions, tours and experiences, all on one pass. Worldwide:
USA: Dubai, Cancun Mexico, State side: Orlando, Miami, Chicago, Los Angeles, San Francisco, Oahu, New Orleans, Boston, Las Vegas, New York, and much more!

Leisure Travel Services
310 McPherson, Bldg 464
(913) 684-2580
leavenworth.armymwr.com

ARMY FAMILY CHILD CARE (FCC)

Higher starting income!
Opportunities to increase your income!* Training included!

Earn a \$1k recruitment or relocation BONUS*, too!

Work at home - Start a great career - Own your own business with FCC!



www.ArmyMWR.com/FCC

*Conditions apply

Worlds of Fun MWR

Season Gold Passes are here!

Purchase @ Leisure Travel Services
310 McPherson Ave
Bldg 464
913-684-2580

\$93.25 a pass
Single day tickets coming soon!

you should be here
or here...
or maybe here...

FAMILY ADVOCACY PROGRAM



MON - FRI 0800-1600 with limited hrs Thurs 1300 - 1600 913-684-HELP(4357)/2800

Resiliency Center, 600 Thomas Ave, Bldg. 198 ** ACS is closed for lunch 1130-1230 daily**

MARCH 2025

NEW PARENT SUPPORT PROGRAM

Stroller Walk
Tuesdays, 1000
Meet at the front of the Resiliency Center

Toddler Time
Wednesdays, 0900
Resiliency Center Playroom

Story Time
Wednesdays, 1000
Resiliency Center Room 157

Play Morning
Thursdays, 0900- 1000 & 1000-1100
Resiliency Center Playroom

Wiggles & Giggles
Fridays, 0900
Resiliency Center Playroom

Registration required for all NPSP classes

Dad's Night Out
Mar. 19, 1800-2000
Restaurant TBD

Mom's Night Out
Mar. 26, 1800-2000
Restaurant TBD

Childbirth Series
Mar. 03, 10, 17
1700-1900
Resiliency Center, Room 157

Next Month!

Newborn Care Class
April 7, 1700-1900

Breastfeeding Class
April 14, 1700-1900

FAMILY ADVOCACY PROGRAM

Registration is required for all FAP workshops.

Positive Parenting Series
Mar. 07, 14, 21, 28
1330-1500 via TEAMS

Crocheting Club
Mar. 14, 1300-1500
Resiliency Center Room 145

Stress Management
Mar. 27, 1130-1300

Spring Fling
no registration
Mar. 14, 1300-1500
Resiliency Center



SAVE THE DATE!

Muffins With Mom
May 16, 1300-1500

Father Daughter Tea Party
June 1, 1400-1600

Father/Son Scavenger Hunt
June 7, 0900-1100

CAPM Rock Painting
April 1 & 22, 1000-1100

Prevention in the Park
April 25, 1400-1500



CALL ACS TO REGISTER FOR CLASSES TODAY! ALL EVENTS LISTED ARE FREE!

<https://leavenworth.armymwr.com>

<facebook.com/FortLeavenworthACS>

<facebook.com/FortLeavenworthFMWR>

<https://home.army.mil/leavenworth>

ACS New Parent Support Program Introduces

Stroller Walk and Talk

Every Tuesday • Resiliency Center - 600 Thomas Ave.
March - May & Oct. - Nov. • 10AM - 11AM
June - Sept. • 9AM - 10AM

This is a great way to get to know Fort Leavenworth, meet other parents, ask questions, and get some fresh air.

Free event, open to parents with children 0-3 years old.

Participants need to bring their own stroller.

Registration is required, call (913) 684-2808 or (913) 684-2800.

ACS Family Advocacy New Parents Support Program Presents

Toddler Time Playgroup

- Free toddler play group.
- Open to ages 2-3 years old with adult.
- Offers an introduction to preschool routines, explores educational concepts, and builds social skills through hands on experiences and activities.

Wednesdays @ 9:00am

Located at the Army Community Service Resiliency Center
400 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text
913-297-3212 or 913-297-9704

CROCHETING CLUB

Jan 31, Feb 21, Mar 14, Apr 18, May 16
1pm - 3pm
Room 145
600 Thomas Ave

Come join our Crocheting Club and learn a new skill, or perfect an existing one!

"Stitch" together, connect & create!
Supplies will be provided!
Have a favorite yarn?
You're welcome to bring it!

Please RSVP one day prior to class
Call 913-684-2808/2800

FREE!
Ages 8+

STRESS MANAGEMENT

Thursdays: Sept 12, Nov 14, Jan 16, Mar 27
1130 - 1300
ACS Conference Room 145

Registration Required (must register by the day before the class you want to attend.)
Classes are for 18 and over, no childcare will be provided.

This one-session FREE class helps attendees identify stressors and symptoms of stress as well as how to select and implement stress management skills to overcome stressors of any kind. Learn how to take control of yourself by learning to control your stress, instead of allowing the stress to control you. End the class with a structured relaxation exercise.

To register or for more information, call (913) 684-2808/2822

ACS Family Advocacy New Parents Support Program Presents

Storytime!

Free
Open to ages 3 months - 3 years old with adult.

Join us for storytime to use our imagination and develop a love of books

Storytime fosters early literacy skills, language development, and social growth.

Every Wednesday @ 10:00 am

Located at the Army Community Service Resiliency Center
600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text
913-297-3212 or 913-297-9704



WIGGLES & GIGGLES

Fridays 10am - 11am
ACS Playroom
600 Thomas Ave

FREE
Ages 3-12 months
Register by COB Thursday

Play Morning

Thursdays from 9-11:00 a.m.
Ages 3 months - 3 years with Guardian • Resiliency Center

Free play group for ages 3 months - 3 years and their parents/guardians.

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.



Army Community Service | Resiliency Center | 600 Thomas Ave. | Fort Leavenworth, Kansas
Registration required, cut off is day before event (913) 297-3212 or (913) 684-2800
<www.facebook.com/acs.fortleavenworth>

Get their wiggles out and join in some baby giggles!
Take a moment to connect with other parents!
Babies learn through play! So let's get on the floor and explore!

For more info or to register call 913-297-3212/ 9704

Co-Parenting Workshop

Round 1: April 7, 14, 21, 28
 Round 2: July 7, 14, 21, 28
 Round 3: September 8, 15, 22, 29
 @ 12:00pm - 1:00pm
 ACS Classroom 145
 600 Thomas Ave

Learning to co-parent after a divorce can feel like being on opposite ends of a chasm.

Our four week workshop will show you how to build a bridge that will enhance parenting skills, enrich positive co-parenting, learn to develop and use boundaries, and establish a joint plan for managing expectations about your children's growth, development, and behavior.

FREE and open to all DoD ID holders 18+ Register by calling 913-684-2811/ 2808
 Deadline to register is day before class.
 Participants are encouraged to attend every class as each session will be different. Ask about virtual options!

ACS AND FAP PRESENTS: POSITIVE PARENTING VIA MICROSOFT TEAMS • 1:30PM – 3PM

ROUND 1: OCTOBER 18, OCT 25, NOV 1, AND NOV 8
 ROUND 2: NOV 22, DEC 6, DEC 13, AND DEC 20
 ROUND 3: JAN 10, JAN 17, JAN 24, JAN 31
 ROUND 4: FEB 7, FEB 14, FEB 21, FEB 28
 ROUND 5: MAR 7, MAR 14, MAR 21, MAR 28

THIS FOUR-WEEK COURSE IS DESIGNED TO HELP PARENTS DEVELOP NON-PHYSICAL DISCIPLINE STRATEGIES, BUILD STRONG RELATIONSHIPS, AND MEET THE NEEDS OF CHILDREN OF ALL AGES.

FREE AND OPEN TO DOD ID CARD HOLDERS 18+.

REGISTRATION IS REQUIRED AND MUST BE DONE THE DAY BEFORE THE FIRST DAY OF TRAINING.

PARTICIPANTS MUST ATTEND EACH DATE IN THE ROUND OF THEIR CHOICE.

INFO AND REGISTRATION: (913) 684-2808/2822

PREVENTION IN THE PARK

APRIL 25 // 2PM – 4PM
 EFMP PARK (BEHIND POST THEATER)

April is National Child Abuse Prevention Month. During April, FAP / NPSP will be sponsoring events focused on stress reduction and family fun.

Come join us to have some fun at the park with bubbles, chalk, bean bag toss, and other fun activities for the family!

FREE and open to DoD ID card holders.

Age limit: kids 0-10!

Registration is required and can be done until April 18th.

For more info or to register call, (913) 684-2808/2800.
 Rain out date: April 30 // 2PM - 4PM

DAD'S NIGHT OUT

2025 DATES:
 Jan 22 • Feb 19 • March 19 • April 23
 May 21 • June 18 • July 23 • Aug 20
 Sept 17 • Oct 22 • Nov 12 • Dec 3

Dad's Night Out is offered by ACS New Parent Support Program for Dads of children 0-3 years of age to get out of the house without the kids and meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Dads with children 0-3 years old.

For more info: (913) 297-3212 or (913) 684-2800

MOM'S NIGHT OUT

This event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.

2025 Dates:
 Jan 29 • Feb 26 • March 26 • April 30
 May 28 • June 25 • July 30 • Aug 27
 Sept 24 • Oct 29 • Nov 19 • Dec 10

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old.

Info: (913) 297-3212 or (913) 684-2800

MILPARENTS ROCK: Rock Painting

April 1 & 22 • 10AM - 11AM
 Resiliency Center • 600 Thomas Ave.

April is National Child Abuse Prevention Month. During April, FAP / NPSP will be sponsoring events focused on stress reduction and family fun. Come celebrate with us to honor military parents and children by painting rocks for your own personal rock garden.

Supplies will be provided. Registration is not required, just show up!
 Event is FREE and open to DoD ID card holders 18+.

For more info call: (913) 684-2808.

ACS New Parent Support Prenatal Classes 2025

Free for Expectant Parents!

600 Thomas Ave
 Room 157
 All classes are from 5 pm - 7 pm

Childbirth Classes:
 Series of three classes
 Jan 6th, 13th, 27th
 Mar 3rd, 10th, 17th
 May 5th, 12th, 19th
 July 14th, 21st, 28th
 Sep 8th, 15th, 22nd
 Nov 3rd, 17th, 24th

Newborn Care Classes:
 Feb 3rd
 April 7th
 June 2nd
 August 4th
 October 6th
 December 1st

Breastfeeding Classes:
 February 10th
 April 14th
 June 9th
 August 11th
 October 20th
 December 8th

Deadline for Registration is the Friday before the class. Pre-registration is required.
 Contact 913-297-3212

ACS New Parent Support 2025 Potty Training

Are you ready?

600 Thomas Ave
 Room 157
 2/24, 4/28, 6/16, 8/18,
 10/27, 12/15
 5 pm - 7 pm

Time to lose the diapers?
 FREE For Parents of Children aged 0-4 years
 Pre-registration Required
 Deadline is Friday before class
 Contact 913-297-3212

Navigating the Teen Years

Feb 19, May 28, Aug 20, Nov 19
 @ 1 - 2:30pm

ACS Classroom 145
 600 Thomas Ave

One session workshop Available in person or virtual

Ever wish that raising your teen came with an instructional manual?

The Navigating the Teen Years workshop is your guide to the difficult questions.

We'll discuss:
 Teen Mental Health
 Substance Abuse
 Raising Teens in a Digital Age
 Understanding Social Media
 Teen Sexualized Behaviors

FREE and open to all DoD ID holders 18+ Register by calling 913-684-2811/ 2808
 Deadline to register is the day before class.

Father / Daughter Tea Party

June 1, 2025
 2 pm - 4 pm
 FCC Ballroom

Register by May 23
 913-684-2808/ 2822

Please join us for a special Father/ Daughter Tea Party. Dress to impress in business casual, Sunday best, or Dress Blues. There will be Dancing, Refreshments at Tea Time, Commemorative Pictures, and a Surprise to take home!

FREE and open to Active Duty and Retired Military / Recommended Ages 10 and under

FATHER/SON Scavenger Hunt

June 7
 0900-1100
 Hunt Lodge
 800 Wainwright St.
 Fort Leavenworth

Looking to get outside and have some fun?

Geared toward Active Duty Dads with sons ages 12 and under, this FREE event celebrates Dads Make a Difference Month.

There will be multiple outdoor stations where fathers can pass on their knowledge of military training to their sons. Together, they will complete physical activities such as low crawling, archery, and a three-legged race!

Wear outdoor play clothes, sunscreen, and bug spray. Water will be provided.

Registration is required/ Call 913-684-2808/ 2822 to register before May 30

ARMY COMMUNITY SERVICE ACS

Real-Life Solutions for Successful Army Living

Victim Advocate Hotline: (913) 684-2537
 Child Abuse Hotline: (913) 684-2111
 SHARP Hotline: (913) 683-1443
 Chaplain: (913) 683-1443
 AER Assistance After Hours:
 American Red Cross at (877) 272-7337

DoD Safe Helpline

Sexual Assault Support for the DoD Community

safehelpline.org | 877-995-5247

Need to talk?

We're here to help.

safehelpline.org

ARMY COMMUNITY SERVICE



MON - FRI 0800-1600 with limited hrs Thurs 1300 - 1600 913-684-HELP(4357)/2800

Resiliency Center, 600 Thomas Ave, Bldg. 198 ** ACS is closed for lunch 1130-1230 daily**

MARCH 2025

RELOCATION READINESS PROGRAM

In-Processing Brief
Tuesdays, 0900-1000
OCONUS Levy Brief
Tuesdays, 1000-1100

Hearts Apart Bowling for Waiting Families

Mar. 01, 1200-1400
Strike Zone Bowling Center

Registration Required

Moving with Kids
Mar. 07, 0930-1100

Lending Closet
Are you In/Out-Processing and need essentials? ACS has short-term basic items to help you get by.

- Kitchenware
- Cookware
- Small Appliances

EMPLOYMENT READINESS PROGRAM

Resume Writing
Mar. 12, 1200-1400

Federal Employment Workshop
Mar. 19, 1200-1400

Teen-Centered Employment
Mar. 14, 1000-1200

Interview Skills & Professionalism
Mar. 26, 1200-1400

SURVIVOR OUTREACH SERVICES

Knock Your Pin Off Bowling & Pizza Social
Mar. 22, 1300-1500



FINANCIAL READINESS PROGRAM Offers counseling services and classes upon request to assist Soldiers and their families in achieving personal financial goals.

ARMY VOLUNTEER CORPS

Volunteer Basics
Mar. 07, 1200-1300



EXCEPTIONAL FAMILY MEMBER PROGRAM

EFMP Recreational Bowling
Mar. 01, 1200-1400
Strike Zone Bowling Center

EFMP Refreshing Conversations
Mar. 6, 1000-1100

Legotopia
Mar. 7, 1400-1500

Registration Required for all EFMP events

ARMY EMERGENCY RELIEF

The 2025 Campaign kicks off March 1 and goes through June 14. Your donation helps provide emergency assistance to active-duty service members, their families, and retired service members in financial need.

For emergency financial assistance during normal duty hours, call the ACS main line, and after hours, weekend or holiday, call the American Red Cross Call Center at 1-877-272- 7337.

Command & Troop training is also available upon request.

Command & Troop Training available upon request.



<https://leavenworth.armymwr.com>

<facebook.com/FortLeavenworthACS>

<facebook.com/FortLeavenworthFMWR>

<https://home.army.mil/leavenworth>

EFMP/ Waiting Families RECREATIONAL BOWLING

Every first Saturday of the month
12:00pm - 2:00pm
Strike Zone Bowling Center
165 Fourth St



Meet other EFMP families! EFMP Recreational Bowling is a fun way to socialize, and sharpen fine motor skills.

All ages welcome! FREE for the entire family including shoes! Bumpers, bowling ramps, and lightweight bowling balls are available.

Pre-registration is required the Wednesday before the event. Fort Leavenworth Waiting Families, call ACS to reserve your spot! Call 913-684-2800 for more info or to register



ARMY COMMUNITY SERVICE LOAN CLOSET

FORT LEAVENWORTH, KANSAS
913-684-2830/2800

Who: All Active Duty, Retiree, DA Civilian and their family members who are either permanent party, TDY or PCSing.

When: M-F 0730-1630

Where: 600 Thomas Avenue (Pull into the Alley behind the ACS building and call the number on the black sign.

Rules: Loans are limited to 30 days for in and out-processing personnel. This can be extended by phone if needed. Checkout of items for an event is limited to 10 days. Customers are responsible for replacing any item that is damaged or lost.

Items available:

Pre-Packed Kitchen Kit:

- 1 Bowl (mixing)
- 1 Pitcher
- 1 Colander
- 1 Peeler
- 1 Cutting Board
- 1 Skillet
- 2 Pots with Lids
- 4 Plates
- 4 Bowls
- 4 Coffee cups
- 4 Forks
- 4 Spoons
- 4 Knives
- 1 Large Kitchen Knife
- 4 Steak Knives
- 1 Serving Spoon
- 1 Spatula
- 4 Plastic Glasses
- 1 Can Opener
- 1 Set of Measuring Spoons
- 1 Measuring Cup
- 1 Pot Holder

Additional Items Available:

- Cheese Graters
- Pizza Cutters
- Spaghetti Servers
- Tongs
- Whisks
- Glass Baking Dishes-Rectangle
- Glass Baking Dishes-Circle
- Muffin Pans
- Hand Mixers
- Veggie Steamers
- Large Kitchen Knives
- Mixing Bowls
- Skillets
- Pots with Lids
- Plates
- Bowls
- Coffee Cups
- Blenders
- Coffee Makers
- Crock Pots
- Toasters
- Rice Cookers
- Microwaves
- Indoor Grills
- Electric Skillets
- Panini Grills
- Plastic Glasses
- Utensils
- Square Tables
- Circle Tables
- Folding Chairs
- Strollers
- Baby Gates
- Booster Seats
- Cribs
- High Chairs
- Pack and Play
- Laundry Baskets
- Sleeping Mats
- Irons
- Ironing Boards
- Trash Cans



03 FEB 2025

PROGRAM DIRECTORY

Program	Staff Member	Office Phone	Email Address
Director	Vacant ACS Director	913-684-2837 913-683-9069	
AER (Army Emergency Relief)	Red Cross 24/7 Hotline (Request AER Assistance)	877-272-7337	Duty Hours: 913-684-2800
Relocation Readiness, Mobilization & Deployment, Loan Closet	Reagan Sawyer ACS Manager	520-692-6153	reagan.e.sawyer.civ@army.mil
EFMP (Exceptional Family Member Program)	Charise Risper ACS EFMP Manager	520-692-6363	charise.m.risper.civ@army.mil
	EFMP Systems Navigator (Contractor)	913-684-2838	
Employment Readiness	April Rogers ACS Employment Readiness Program Specialist	520-692-6250	april.m.rogers6.civ@army.mil
SOS (Survivor Outreach Services)	Gregory Bailey ACS Coordinator	520-692-6179	gregory.t.bailey8.civ@army.mil
Family Advocacy Program	Jayne Robinson ACS FAP Manager	520-692-6303 913-547-2512	jayne.e.robinson.civ@army.mil
	Reve' Montour ACS FAP Specialist	520-692-6378	reve.m.montour.civ@army.mil
	Tammy Rita FAP Site Coordinator	520-692-6323	tammy.r.rita.civ@army.mil
Victim Advocate 24/7 Hotline		913-683-2537	
Financial Readiness	Josephine Woods Financial Readiness Program Manager	520-716-4951	josephine.woods3.civ@army.mil
	Marco Miroso Personal Financial Counselor	816-500-3163	mirosom@magellanfederal.com
Information and Referral	Shaleena Thomasson ACS Specialist	913-684-2800 520-715-7884	shaleena.d.thomasson.civ@army.mil
MFLC (Military & Family Life Counselor)	Rachelle Huddleston Adult MFLC	256-749-7169	
	Julian Brown Adult MFLC	571-497-9321	
NPSP (New Parent Support Program)	Amy McCauley New Parent Support Home Visitor	913-297-3212	amy.r.mccauley.civ@army.mil
NPSP (New Parent Support Program)	Terra Garland New Parent Support Home Visitor	913-297-9704	terra.g.garland.civ@army.mil
Operations Support	Madelaine Wise Operations Support Assistant	913-684-2800 520-942-2644	madelaine.l.wise.civ@army.mil

ACS Employment Readiness Program Menu of Services

One-on-one appointments and workshops to assist with:

- Career exploration and planning
- Skills and personality assessments
- Education and skills attainment
- Civilian and Federal resume assistance
- Employer referral and job search assistance
- Interview skills and professionalism

For more information, contact the ACS Employment Readiness Program Specialist
913-684-2835/2800

Employment Readiness Program Classes

ACS Classroom • Resiliency Center, 600 Thomas Ave.
Wednesdays • 12PM - 2PM*

Resume Writing:
Jan 8* • Feb 12* • Mar 12* • Apr 9*
May 7* • June 11*

Evening Classes:
Apr 9 • May 7 • June 11 - 5PM - 7PM
Registration required for evening classes

Federal Employment:
Jan 15* • Feb 19* • Mar 19* • Apr 16*
May 14* • June 18*

Evening Classes:
Apr 16 • May 14 • June 18 - 5PM - 7PM
Registration required for evening classes

Interview Skills & Professionalism:
Jan 22* • Feb 26* • Mar 26* • Apr 30*
May 21* • June 25*

Evening Classes:
May 21 - 5PM - 7PM
Registration required for evening classes

Classes are from 12PM - 2PM
Registration is required for evening classes only.
Open to DoD ID card holders.

For more info call: (913) 684-2800

Financial Readiness Milestone Training

Are you financially prepared for what life throws your way? Let us help! We offer free Financial Readiness Training on a variety of subjects.

Some of the topics we will discuss:

- Pre-Deployment
- Post-Deployment
- PCS
- Marriage
- Divorce
- Vesting in TSP
- Promotion
- First Child
- Continuation Pay
- Disabling sickness/injury/condition

Held monthly every 2nd & 4th Thursday @ 0900am - 1100am. Bldg 198 Room 157

INFO: 913-684-2835/2800



Fort Leavenworth Bicycle Rider Rules

- Wear a helmet that has been approved by the American Society for Testing and Materials or that meets or exceeds the Snell Foundation Safety Standard.
- Don't ride your bicycle on Grant Avenue, use the sidewalk. Always walk your bike through crosswalks.
- You may ride on all sidewalks but should warn pedestrians as you approach (a bell or horn is encouraged) and always yield right-of-way to pedestrians.
- If you ride during limited visibility (night, fog, rain etc.) you must have a headlight and rear reflector.
- Riding in the National Cemetery is prohibited as well as inside of the golf course.
- Don't wear headphones while bike riding.

March & April Workshops

Watercolor \$30 per workshop

Watercolor (Basic Techniques)
Wednesday, March 5
11am - 1pm

Watercolor (Spring Florals)
Wednesday, March 26
11am - 1pm

Watercolor (Color Theory)
Wednesday, March 12
11am - 1pm

Watercolor (Landscapes)
Wednesday, April 9
11am - 1pm



scan for more info

Call now to register!
913-684-3373

Arts & Crafts Studio
310 McPherson Ave
913-684-3373

OPEN STUDIO
Hours 10am - 5pm T - F
Ask about our Hourly Fees

Multi-Craft Room
Come use our provided supplies to craft with the whole family!

Painting Studio
Provided watercolor and acrylic supplies to create your own masterpiece.

Framing Studio
Must take Intro to Framing before using DIY Framing Studio.

Pottery Studio (Coming Soon!)

Modern Calligraphy

Basics

\$20 per class

Tuesday
April 15
1:30pm - 3pm

Special Projects

Birthday Cards
Tuesday
April 29
1:30pm - 3pm

Intermediate

\$20 per class

Tuesday
April 22
1:30pm - 3pm



Reoccurring Classes MUST PRE-REGISTER

Intro to Framing

\$40 per class
Every 2nd Friday & 4th Sat of the month
10am - 2pm

Paint & Sip

\$35 per session
Every 2nd Friday of the month
6pm - 8pm

Must be 21 years or older.
BYOB

Come see what's new at the Studio!

leavenworth.armymwr.com

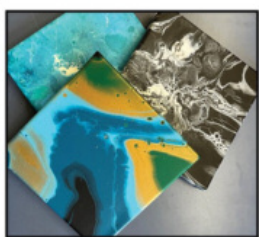


March & April Workshops

Acrylic

\$35 per class

Acrylic Pour
Tuesday, April 22
6pm - 8pm



Framing

\$40 per class

Intro to Framing
Must pre-register

Fridays
March 14, April 11
10am - 2pm

Saturdays
March 29, April 26
10am - 2pm



Crafts

\$35 per class

Hello Spring Wooden Sign
Tuesday, March 25
6pm - 8pm

Friday, March 28
11am - 1pm

Pressed Flower Jewelry Dish
Wednesday, April 23
11am - 1pm

Tuesday, April 29
6pm - 8pm



Call now to register!
913-684-3373

Arts & Crafts Studio
310 McPherson Ave
913-684-3373

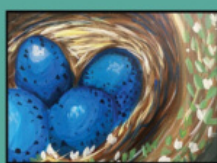
Paint & Sip

\$35

Must be 21 years or older.
BYOB



Fawn in Flowers
Friday, March 7
6pm - 8pm



Robin Nest
Friday, April 18
6pm - 8pm

Cost includes all supplies!

Kids Arts & Crafts

Messy Art

\$12 per class (ages 7+)

Thursday, March 6
10:30am - 11:30am

Thursday, April 3
10:30am - 11:30am

Thursday, April 17
10:30am - 11:30am

Color Me Happy (Parent & Toddler)
\$10 per class

Thursday, March 13
10:30am - 11:30am

Thursday, March 27
10:30am - 11:30am

Thursday, April 10
10:30am - 11:30am

Thursday, April 24
10:30am - 11:30am

Art History

\$15 per class (ages 7+)

Waffles & Warhol
Wednesday, March 26
1pm - 3pm

Donuts & da Vinci
Wednesday, April 16
1pm - 3pm



Mother's Day \$20 Gift & Card
Thursday, May 1
10:30am - 12pm



Come see what's new at the Studio!

leavenworth.armymwr.com



The Fort Leavenworth Frame Studio



Come see us!
Arts & Crafts Studio
310 McPherson Ave
(913) 684-3373



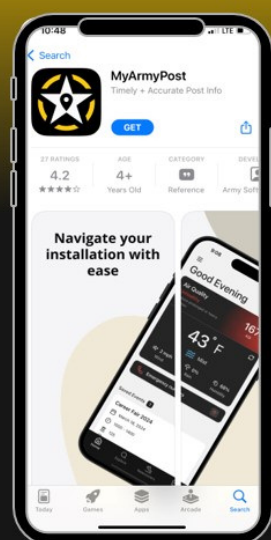
The Frame Studio is available for all of your framing needs!

Intro to Framing:
(\$40 a class must pre-register)
Every 2nd Thursday of the month from 10am - 2pm
Every 4th Saturday of the month from 10am - 2pm
Deadline to register is the day before class.
Ages 15+

Military Prints
Art Projects
Photography Prints
Graduation Certificates
Etchings/Engravings
Restoration

My Army Post App

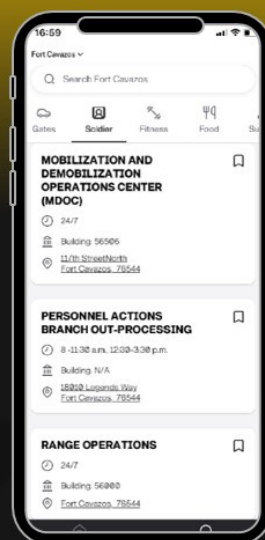
Step 1:
Download the app



Step 2:
Select your base



Step 3:
Stay in the know!



WE ARE THE ARMY'S HOME | HOME.ARMY.MIL | ARMYMWR.COM



MWR BRUNNER RANGE 2025 SPECIAL FUN SHOOTS

16 April	Rod & Gun Club
26 April	VFW Post 12003
17 May	Lil Weenie
21 June	Club Championship
19 July	One Gun/ One Choke
16 August	Shuck n' Chuck
20 September	American Legion Post 411
15 October	Rod & Gun Club
18 October	Lil Weenie

Contact Brunner Range for more information
(913) 651-8132

Brunner Range 2025 LEAGUE SCHEDULE

Winter Combo
9 January - 13 March

Spring Combo
20 March - 22 May

Summer Warm-up
5 June - 10 July
17 July - 21 August

Fall Combo
4 September - 6 November

Winter Warm-up
13 November - 18 December

Combo leagues shoot on Thursday evenings. Teams consist of 5(+/-) shooters. All teams take turns supplying an evening meal at approximately 5:30 pm with shooting commencing at 6:00 pm. Summer and Winter Warm-up leagues are individual with the same fee but no food.

Contact Brunner Range for more information
(913) 651-8132

MWR Friday Night Couples League

Meeting: March 14th @ 6:30pm
Start March 28th @ 6:15p
8 Week Handicap League
March 28th - May 16th
\$20 per week / per team
(Shoes included)
(Prize fund option to be voted on by the league)

For more info call
913-651-2195

SIGN UP NOW FOR YOUTH SPORTS & FITNESS SPRING SPORTS!

REGISTRATION/ ENROLLMENT
FEBRUARY 3 - MARCH 3
Registration must be done through Parent Central or Webtrac. Must be centrally registered and have an updated sports physical on file.

Start Smart Baseball \$30 (ages 3 - 4) (Monday Sessions) April 14 - May 12 (Tuesday Sessions) April 15 - May 13 (Thursday Sessions) April 17 - May 15	Soccer \$50 (ages 5 - 14) April 7 - May 22	LET'S PLAY BALL!
Baseball \$50 Kinder - 6th grade (ages 5 - 12) April 7 - May 22	Girls Kid Pitch Softball \$50 3rd - 6th grade (ages 8 - 12) April 7 - May 21	

For more info call 913-684-7525/ 7526
Volunteer Coaches Needed!

MWR Saturday Morning Spring Youth Bowling League

Meeting: January 11th @ 10:00am
12 Week Handicap League
January 18th - April 12th

Every Saturday at 9:45am @ The Strike Zone

Ages 3-5 years old - Little Rollers (2 games per Saturday w/ bumpers - \$8 per week)
Ages 6-9 years old - Dragons (3 games per Saturday w/ optional bumpers - \$11 per week)
Ages 10-18 years old - Explorers (3 games per Saturday no bumpers - \$11 per week)

For more info call 913-651-2195

MWR CGSC BOWLING LEAGUE

MIXED
Thursday Nights @ 6:15pm
4 person mixed teams
\$10 per week - includes 3 games & shoes

Meeting January 9th at 6:30pm
12 Week League starts January 16th - April 10th at 6:15pm at The Strike Zone

For more info call: 913-651-2195

Starting January 1st, 2025

Fort Leavenworth Group Fitness Classes

GRUBER FITNESS CENTER - 200 Reynolds Ave. - 684-5120
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530						
0930		Zumba (Lydia)		Zumba (Lydia)		
1200						
1630		Zumba (Lydia)	Power Cycling (Kim)	Zumba (Lydia)		
1700	Power Yoga (Kim)					

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

*Power Cut classes are held in the Bubble Gym

Single Ticket For \$5.00
10 Tickets For \$45.00
20 Tickets For \$80.00

<https://leavenworth.armymwr.com>

Independent Instructor Class Schedule

Gruber Fitness Center

Monday	Tuesday	Wednesday	Thursday	Friday
	Brazilian Jiu-Jitsu Beginner 1830-1930	Brazilian Jiu-Jitsu Beginner 1830-1930	Brazilian Jiu-Jitsu Beginner 1830-1930	
	Advanced 1940-2040	Advanced 1940-2040	Advanced 1940-2040	

1 x a week - \$60 2 x a week - \$75 3 x a week - \$85 Drop in \$20
First class is FREE! Must have 24 hour access to gym. Classes are 18+ Register in person

Harney Sports Complex

Monday	Tuesday	Wednesday	Thursday	Friday
Olympic Lifting 0900-1015		Olympic Lifting 0900-1015		Olympic Lifting 0900-1015
Kids Olympic Lifting 1600-1700 Bubble Gym		Kids Olympic Lifting 1600-1700 Bubble Gym		

Olympic Lifting - \$75 (3 days) \$70 (2 days) \$10 (drop in)
Kids Olympic Lifting - \$75 (NO drop in)
First class is FREE! Olympic Lifting and Resistance Training is for 18+

Harney Sports Complex & Aquatics Center
185 Fourth St
Ft. Leavenworth, KS
913-684-2190

Gruber Fitness Center
200 Reynolds Ave
Ft. Leavenworth, KS
913-684-5120

FITNESS CENTER PROPER ATTIRE

Authorized

- TOPS**
 - Un-modified t-shirts or tank tops
 - Underclothing (workout gear with built-in underclothes are okay)
 - When standing, tops must at least meet top of shorts
- BOTTOMS**
 - Shorts with full coverage of buttocks
 - Authorized leggings covered by shorts
 - Sweatpants or athletic pants
- FOOTWEAR**
 - Athletic shoes
 - Tennis shoes
 - Running shoes
 - Court shoes
 - Cross-training shoes
 - Minimalistic/ five-finger shoes
- OTHER**
 - Soldiers using wireless/ non-wireless devices/ earpieces in uniform while inside fitness centers. Must be 1.5 inches in diameter or less at the widest part.
 - Soldiers not in uniform. Family Members, DOD Civilians may use headphones while running outside on sidewalks or tracks.

NOT Authorized

- TOPS**
 - Clothing with rivets
 - Modified/ homemade t-shirts/ tank tops/ crop tops
 - Exposed midriff
 - Exposed chest
 - Inappropriate or offensive language on clothing
- BOTTOMS**
 - Sagging pants
 - Jeans
 - Ranger Shorts
 - Exposed gluteous muscles or exposed undergarments
- FOOTWEAR**
 - Bare feet
 - Socks only without shoes
 - Flip flops
 - Sandals
 - Open-toed shoes
 - Crocs/ clogs
 - Boots on the cardio equipment
- OTHER**
 - Plastic/ rubber suits
 - Soldiers using wireless/ non-wireless devices/ earpieces in uniform while outdoors, including running.
 - Headphones worn on the roads at any time.

Harney Sports Complex & Aquatics Center
185 Fourth St
913-684-2190
Gruber Fitness Center
200 Reynolds Ave
913-684-5120

Policy per Fort Leavenworth, KS
Commanding General

Fitness Staff has FINAL guidance on appropriate attire.

FITNESS CENTER PROPER ATTIRE

Authorized

- TOPS**
 - Un-modified t-shirts or tank tops
 - Underclothing (workout gear with built-in underclothes are okay)
 - When standing, tops must at least meet top of shorts
- BOTTOMS**
 - Shorts with full coverage of buttocks
 - Leggings
 - Sweatpants or athletic pants
- FOOTWEAR**
 - Athletic shoes
 - Tennis shoes
 - Running shoes
 - Court shoes
 - Cross-training shoes
 - Minimalistic/ five-finger shoes
- OTHER**
 - Soldiers using wireless/ non-wireless devices/ earpieces in uniform while inside fitness centers. Must be 1.5 inches in diameter or less at the widest part.
 - Soldiers not in uniform. Family Members, DOD Civilians may use headphones while running outside on sidewalks or tracks.

NOT Authorized

- TOPS**
 - Clothing with rivets
 - Modified/ homemade t-shirts/ tank tops/ crop tops
 - Wearing only a sports bra
 - Exposed midriff
 - Exposed chest
 - Inappropriate or offensive language on clothing
- BOTTOMS**
 - Sagging pants
 - Jeans
 - Bikinis
 - Exposed gluteous muscles or exposed undergarments
- FOOTWEAR**
 - Bare feet
 - Socks only without shoes
 - Flip flops
 - Sandals
 - Open-toed shoes
 - Crocs/ clogs
 - Boots on the cardio equipment
- OTHER**
 - Plastic/ rubber suits
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Harney Sports Complex & Aquatics Center
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Gruber Fitness Center
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Policy per Fort Leavenworth, KS
Commanding General

Fitness Staff has FINAL guidance on appropriate attire.

NOW OPEN

Fort Leavenworth Care Options for Summer 2025 & School Year 2025-2026

Request Before/After School Care & SAC Camps all year round



MILITARY
CHILDCARE.COM

Families can use MCC to make requests for SAC programs, which include Before/After School care and Fall, Winter, Spring, and Summer Camps, all year round. The online system allows you to search for and submit unlimited SAC requests at any time of the year without waiting for a specific registration time to begin. As soon as school dates are known, all SAC programs will be made available to you so you can submit your requests.

Please Note: Spaces are offered via email based on the sponsor's priority and request for care (RFC) date.

MILITARY
CHILDCARE.COM

Using **MilitaryChildCare.com**, you can find comprehensive information on child care programs worldwide, conduct a customized search for the care you need, and submit a request for care at any time and from any location. Follow these four steps!

- STEP 1 CREATE ACCOUNT**
Go to **MilitaryChildCare.com** to create an account containing information about your family, or to login using an existing username and password.
- STEP 2 SEARCH and REQUEST CARE**
Search the system for the child care options that best fit your needs and submit your requests for care.
- STEP 3 MANAGE MY REQUESTS**
You can manage your requests for care from anywhere in the world.
- STEP 4 UPDATE MY PROFILE**
Keep your **My Profile** page up-to-date with important information.

It's that easy!

To get started, visit:
MilitaryChildCare.com
For questions/support, call: 855.696.2934

Don't know what Care Options to request?
Prior to making Requests for Care, go to CYS Facebook or FMWR-CYS website to review flyer:
2025 Fort Leavenworth Care Options & Waitlists



Supervision of Children or Home Alone Policy
Per CAC Supplement to Army Regulation 608-18

** Children with a history of Attention Deficit Hyperactivity Disorder (ADHD), Attention Deficit Disorder (ADD), Developmental Delay, behavioral problems, impulsivity, psychiatric problems or other special needs should not be given the degree of self-management or responsibility allowed in this policy.

HOME ALONE?

- Birth to 9 years old - NEVER
- Ages 10 & 11 - Can be left up to 2 hours with an emergency plan in place and access to an adult (NEVER overnight) but not dropped off at F&MWR without adult supervision
- Ages 12 to 14 - Up to 3 hours with an emergency plan in place and an adult checking on them in person or telephonically (NEVER overnight)
- Ages 15 to 17 - Up to 6 hours (NEVER overnight) with an emergency plan in place and access to an adult



BABYSITTING?

- Birth to 11 years old - NEVER
- Ages 12 to 14 - Must have completed a CYS approved babysitting course. May babysit with an adult checking on them every 3 hours in person or telephonically (NEVER overnight)
- Ages 15 to 17 - Must have completed a CYS approved babysitting course. May babysit up to 6 hours with ready access to adult supervision (NEVER overnight)



UNATTENDED IN VEHICLE?

- Birth to 9 years old - NEVER
- Ages 10 and older - Yes under normal weather conditions



UNATTENDED OUTSIDE?

- Birth - 4 years - Direct supervision, NEVER LEFT ALONE
- Ages 5 to 6 - Immediate supervision, MUST be within eyesight or hearing distance from supervising adult with the ability to respond to an emergency in 30 seconds
- Ages 7 to 9 - Monitored supervision, If in a playground or yard access to adult supervision at all times
- Ages 10 & 11 - Self-care supervision up to 2 hours with access to adult supervision
- Ages 12 to 14 - Self-care supervision up to 3 hours
- Ages 15 to 17 - Self-care supervision up to 6 hours
- Children 11 and under will not be dropped off at F&MWR activities without adult supervision per policy guidance.



- > Kindergarten must be accompanied by an adult to and from school
- > 1st Grade and above - May walk to and from school and supervised activities alone
- > During school year children 9 & younger must be escorted across heavy traffic roads (i.e., Grant, Hancock and Biddle)

CURFEW (Children must be accounted for by a parent during the following time periods.)

- Ages 15 and younger is 2230-0600 hours.
- Ages 16 and 17 is 0030-0600 hours.

Questions? Call Family Advocacy Program Manager (FAPM) at (913) 684-2822, Behavioral Health at (913) 684-6778 or Military Police at (913) 684-3456

**For a complete Supervision of Children and Home Alone Post Policy please contact the FAPM.

19 Oct 21

CYS is Hiring

Great Pay!
Amazing benefits!
What are you waiting for?
Apply to Fort Leavenworth
Child and Youth Services today!

up? Get paid to play!

to level

Ready



Scan here to apply!
ArmyMWR.com/cyscareers

Medical, Dental, Vision, & Life Insurance Benefits*

Retirement & 401K

Regular Full-Time/ Part-Time and FLEX Hours Available

Paid Leave and Paid Federal Holidays for Full-Time & Part-Time

Career Progression & Paid Training

Priority Child Care Placement & Employee Child Care Discounts

Access to Commissary & AAFES Shopping Privileges & MWR Facilities

Job Transfer Program Worldwide Through Civilian Employment Assignment Tool

*Conditions Apply

BREAKING DOCTRINE

Episode 62
Stewarding the Profession: THE HARDING PROJECT

LTC Zach Griffiths, Dr. Trent Lythgoe, and COL(R) Rich Creed join our host LTC Lisa Becker to talk about The Harding Project. They discuss how Army Professionals advance the Profession of Arms through professional writing and discourse. They examine myths of writing, tips to get better at writing, and writing initiatives within The Harding Project.

Now available on...





<https://podcasts.apple.com/us/podcast/episode-62-stewarding-the-profession-of-arms-project/id152292251?i=1000563116512>



FORT LEAVENWORTH FMWR

CHILD AND YOUTH SERVICES

Parent Central and Outreach Services (913) 684-5138

Youth Sports and Fitness (913) 684-7525

SKIES Unlimited (913) 684-3207

ARMY COMMUNITY SERVICE

(913) 684-2800

EFMP, FAP, ERP, AER, MFIC And much more!

RECREATION


Haney Sports Complex (913) 684-2190	Brunner Range (913) 651-8132	Hunt Lodge (913) 684-1830
Gruber Gym (913) 684-5120	Auto Crafts (913) 684-3395	Stables and Horses (913) 684-1703
Outdoor Equipment Rental (913) 684-3395	Rod & Gun Club (913) 684-2035	Stray Facility (913) 684-4934

BUSINESS OPERATIONS

Strike Zone (913) 651-2195	12th Brick Grille (913) 684-2293
Trails West Golf Course (913) 651-7176	RV Storage & POV Lot (913) 651-7176
Frontier Conference Center (913) 684-3825	Clean Paws Pet Wash (913) 651-7176

Connect with Us!

Facebook: Fort Leavenworth FMWR
Twitter: @leavenworth_fmwr
Online: leavenworth_fmwr.com



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MADE the GRAD

you get the REWARDS!

EXCHANGE

\$20 REWARDS!

Straight A students

EXCHANGE


\$10 REWARDS!

Average B students

ENTER FOR A CHANCE TO WIN A \$2,000, \$1,500 OR \$500 REWARDS! GIFT CARD!

See an Associate for details and entry forms.







NCO JOURNAL

CHECK OUT THE NCO JOURNAL PODCAST WHERE WE DISCUSS RECENTLY PUBLISHED ARTICLES WITH AUTHORS, TO PROVIDE AN OPEN EXCHANGE OF IDEAS AND INFORMATION.

<https://www.armypress.army.mil/journals/nco-journal/nco-journal-podcasts/>



<https://www.facebook.com/NCOJournal>



<https://twitter.com/NCOJournal>

MUNSON NOTES

Speak up! Your voice matters

Volunteer to become a **patient and family advisor** on our patient and family partnership council

The Patient and Family Partnership Council captures the voices and insights of patients and families to improve the care experience.

Is being a patient and family advisor right for you?

We are looking for volunteers who can:

- Partner with other patients and staff to help improve care
- Represent the interests of all patients cared for by the military treatment facility
- Work well in teams and have fun!



Learn more about the Patient and Family Partnership Council

For more information, contact:

Munson Army Health Center Patient Advocates at 913-684-6211/6127



Safer prescriptions, healthier you!



Photo by Munson Army Health Center Public Affairs

Munson Army Health Center Commander Col. Jolanda L.J. Walker and MAHC Sgt. Maj. Jason Trevino present federal employee Jarrod Miller, a health center pharmacist, with the Good Catch Award during Patient Safety Week March 11 at the health center.

Miller is committed to providing the highest quality care, and that includes ensuring prescriptions are safe and accurate. Miller was named MVP for his work implementing procedures to prevent errors and make sure patients receive the correct medication every time.

Misinterpretation of medical abbreviations is a leading cause of prescription errors. By using clear and standardized procedures, MAHC is minimizing risks and improving patient safety.

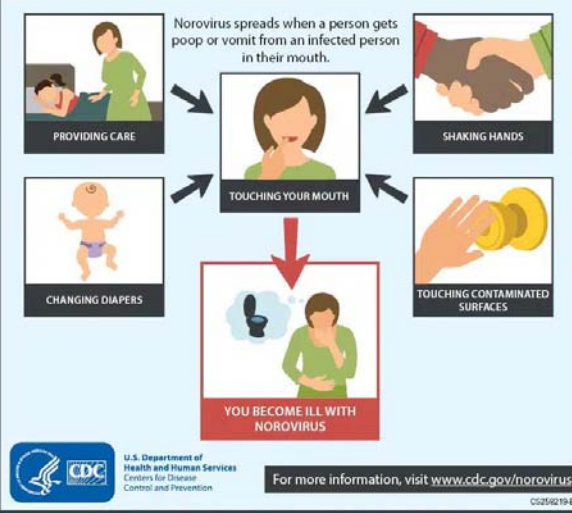
Pharmacist Questions?

PHARMACY



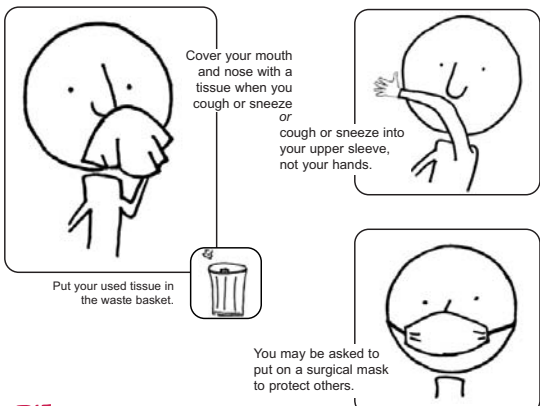
The pharmacists at Munson are available to talk to you directly about your medications. They can help you understand how to use your medicine correct what your medicine is supposed to do, and the possibility of reactions or side effects. You can also talk to your pharmacist about how to store and take medication, what foods or activities to avoid, and what to do if you miss a dose. If you would like to talk to someone about your medicines, please dial (913) 684-6250 opt 2, and your pharmacist can help.

How You Get Norovirus From People or Surfaces

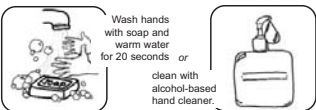


Stop the spread of germs that make you and others sick!

Cover your Cough



Clean your Hands



What's the Difference?

TRICARE - TRICARE West - TriWest Healthcare Alliance



TRICARE

The Health Plan

- Department of Defense (DOD) health care program overseen by Defense Health Agency (DHA)
- Brings together military and civilian health care professionals
- Includes 11 health plan options
- For active duty, National Guard and Reserve, retirees, and their family members; survivors; and certain former spouses



TRICARE West

The Region

- Includes 26 states*
- One of two TRICARE regions in the United States
- TriWest Healthcare Alliance is the TRICARE West regional contractor*

*effective January 1, 2025



TriWest Healthcare Alliance

The Company

- Regional contractor for TRICARE West Region*
- Third-party administrator for Department of Veterans Affairs Community Care Network Regions 4 and 5
- One purpose: Serving the health care needs of military and Veteran communities

MUNSON NOTES

■ **MEDICAL APPOINTMENT CHECK-IN:** Please arrive 15 minutes prior to your appointment to complete any required paperwork and bring the following items: DoD ID card; list of current medications including over-the-counter meds, vitamins, and supplements; any relevant paperwork or forms; and a list of questions or concerns. If you are not able to make your scheduled appointment, call the appointment line at (913) 684-6250 to cancel.

■ Munson Army Health Center is looking for volunteers to join the **PATIENT AND FAMILY PARTNERSHIP COUNCIL**. Volunteers can be active-duty, active-duty family members, retirees or retiree family members. The PFPC meets quarterly. If interested, call 913-684-6211/6127.

■ Munson Army Health Center Pharmacy offers patients a variety of **OVER-THE-COUNTER MEDICATIONS AT NO COST** to service members, retirees and family members. These items are available without a prescription or medical appointment. These self-care items are comparable to those available for purchase from retail stores

and include pain relievers, cough medicine, allergy medication, antibiotic ointment, lice treatment and much more. Visit <https://munson.tricare.mil/Health-Services/Pharmacy> and scroll down to the Over-the-Counter Medication Program for details.

■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are **ELIGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE**. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit <https://dvidshub.net/r/8wttlf>.

Visit <https://www.facebook.com/munson-health/> for updates and information.

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