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JANUARY 4, 2024



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2023 in review in photographs

Army Corrections Brigade Commander Col. Kevin Payne and Army Corrections Brigade Command Sgt. Maj. Joshua Kreitzer unfurl the Army Corrections Brigade colors after casing the inactivated 15th Military Police Brigade colors March 24, 2023, at Frontier Chapel. The 40th MP Battalion (Detention) is now the U.S. Disciplinary Barracks Battalion (Corrections), and the 705th MP Battalion (Detention) is now the Midwest Joint Regional Correctional Facility Battalion (Corrections).

Photo by Prudence Siebert/
Fort Leavenworth Lamp



Photo by Prudence Siebert/Fort Leavenworth Lamp

Lori Clark, U.S. Army Reserve 1st Lt. Patrick Clark and retired Lt. Col. Jim Clark scoop shovels full of dirt to place around the base of a maple tree being planted on Arbor Day in memory of Cody Clark, son of Lori and Jim and brother of Patrick, April 28, 2023, by the Leavenworth Skateboard Park in the Sportfield Recreation Complex off 20th Street in Leavenworth. Cody Clark was a Directorate of Public Works employee who was killed in an accident on Fort Leavenworth Jan. 31, 2023. He was an avid skateboarder and helped design the Leavenworth Skateboard Park in 2009.



Photos by Prudence Siebert/Fort Leavenworth Lamp

ABOVE: Eleven-year-old Simon VanDyke, son of Ian VanDyke, School of Advanced Military Studies Seminar 4, shoots Seminar 5 competitors Italian Maj. Francesco Geleand and Marine Corps Maj. Kelsey Gibson with a watergun as they reach the pool edge to turn around during the first heat of the SAMS Boatyard Warz races July 28, 2023, at Bernstein Memorial Pool in Harney Sport Complex.

LEFT: Staff Sgt. Joseph Blinson, Headquarters and Headquarters Company, U.S. Disciplinary Barracks Battalion (Corrections), picks up meals for soldiers in his platoon who were on shift Nov. 16, 2023, at the Fort Leavenworth Commissary. Holiday meal baskets were also delivered to soldiers in need for Christmas.



As friends and family applaud, Mike Langley, president of the Fort Leavenworth Friends of Scouting, hugs Carol Gersema, longtime Scouts BSA supporter, during a surprise ceremony thanking Gersema for her many contributions to the organization May 16, 2023, outside Patch Community Center. A bench was installed outside the basement Scout entrance to Patch with a plaque dedicating the "Scouts' Bench" to Gersema.

Photo by Prudence Siebert/Fort Leavenworth Lamp

AT A GLANCE

■ The URL for the FORT LEAVENWORTH GARRISON FACEBOOK page has changed from <https://www.facebook.com/ftlvn/> to <https://www.facebook.com/USAGLeavenworth/>.

■ The SKIES (Schools of Knowledge, Inspiration, Exploration and Skills) UNLIMITED OPEN HOUSE is 5:30-7 p.m. Jan. 4 at 320 Pope Ave. Call 913-684-3207

or text 913-704-7595 for more information.

■ Wallace Landscaping will be picking up DISCARDED TREES and disposing of them daily in DISCARDING areas through Jan. 15. Be sure there are no items on the tree as they will be taken to recycling for mulch.

■ Fort Leavenworth Thrift Shop COMMUNITY

WELFARE GRANT APPLICATIONS are now available at the cashier's counter at the Thrift Shop from 9:30 a.m. to 2:30 p.m. Tuesdays, Wednesdays and Thursdays at 1025 Sheridan Drive. Deadline is Feb. 27.

■ Applications for the Poillon and other SCHOLARSHIPS are available at the Army Education Center, 120 Dickman Ave.

2023 in review in photos (continued from Page A1)



Photo by Prudence Siebert/Fort Leavenworth Lamp

Combined Arms Center Command Sgt. Maj. Stephen Helton congratulates Sergeant Audie Murphy Club inductee Sgt. Lauren Quintero, Headquarters and Headquarters Company, U.S. Disciplinary Barracks Battalion (Detention), during the SAMC induction ceremony March 31, 2023, in Grant Auditorium.

Retired Senior Executive Service and Col. Gary Phillips is pinned with the Presidential Rank Award by Training and Doctrine Command Commanding General Gen. Gary Brito during a ceremony Jan. 10, 2023, in Marshall Lecture Hall at the Lewis and Clark Center. The award is presented to less than 5 percent of career SES members.

Photo by Prudence Siebert/Fort Leavenworth Lamp

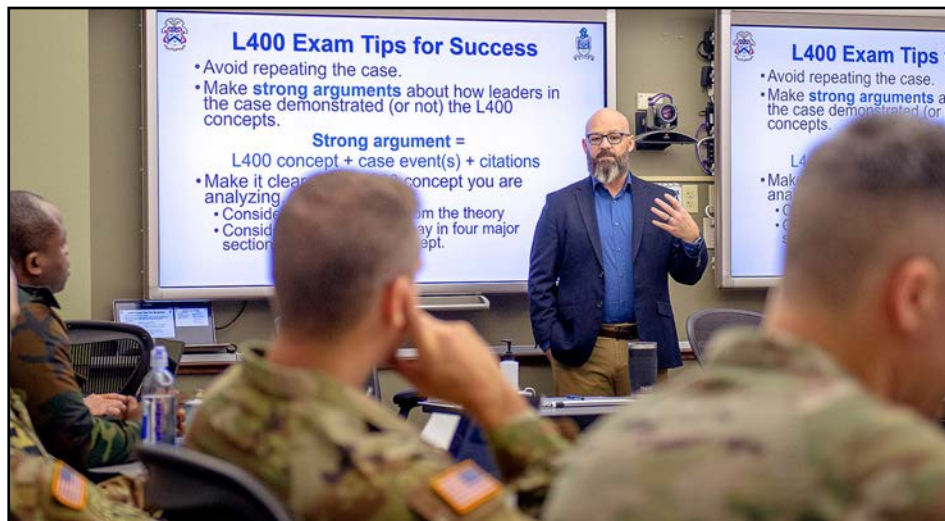


Photo by Dan Neal/Army University Public Affairs

ABOVE: Dr. Trent Lythgoe, Command and General Staff College Educator of the Year, prepares Command and General Staff College students for an upcoming exam Jan. 20, 2023, at the Lewis and Clark Center. BELOW LEFT: Australian Lt. Col. Paul Mostafa, Active-Duty Military Officer Instructor of the Year, discusses joint reception, staging, onward movement and integration with students Jan. 13, 2023, at the Lewis and Clark Center. BELOW RIGHT: CGSC Civilian Instructor of the Year Dr. Jonathan Abel, Department of Military History, teaches about actions at the Supreme Headquarters Allied Expeditionary Forces Jan. 13, 2023, at the Lewis and Clark Center.

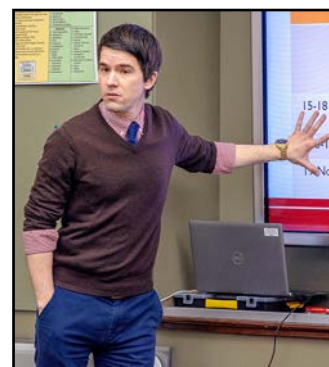


Photo by Peggy Bair/Special to the Fort Leavenworth Lamp

Maj. Gen. Duane Miller, provost marshal general and commanding general of U.S. Army Corrections Command, presents the 2022 Brigadier General Thomas F. Barr Award to Company Commander Capt. Lionell Red Cloud, Headquarters and Headquarters Company, Midwest Joint Regional Correctional Facility Battalion (Corrections), 15th Military Police Brigade, and HHC, MWJRCF 1st Sgt. Vincent Moore during a ceremony March 21, 2023, at the Colonel John M. McHugh Training Center. The unit also won the award in 2020.



Photo by Prudence Siebert/Fort Leavenworth Lamp

Garrison Commander Col. John Misenheimer Jr., Deputy to the Garrison Commander Johnny Bevers and Army Community Service Director Janice Downey applaud Volunteers of the Year Marisa Ranney (spouse, Fort Leavenworth Stray Facility), Caitlin Patterson (youth, Frontier Army Museum), Ayonna Clark (civilian, Army Community Service) and retired Staff Sgt. Angela Keeling (retiree, various organizations) during the Fort Leavenworth Volunteer Recognition Ceremony April 18, 2023, at the Frontier Conference Center. Staff Sgt. Heather Folkertsma (Fort Leavenworth Stray Facility), not present for the ceremony, was named the active-duty Volunteer of the Year. Each of the Volunteers of the Year was featured in the Fort Leavenworth Lamp's Outstanding Volunteers series — download the issues and read the articles at <https://publisher.etype.services/Fort-Leavenworth-Lamp/archives>. Keeling also received the President's Lifetime Achievement Award for contributing more than 4,000 hours of volunteer service over the years.



Photo by Prudence Siebert/Fort Leavenworth Lamp

Garrison Commander Col. John Misenheimer Jr. goes over the agenda as the first Fort Leavenworth Information Xchange, abbreviated as FLIX, begins May 9 at the Frontier Conference Center.

Editor's Note: This is an abbreviated year in review. For a more comprehensive view of the year, visit <https://home.army.mil/leavenworth/about/news> to read and download issues of the *Fort Leavenworth Lamp*, and for earlier issues, visit <https://publisher.etype.services/Fort-Leavenworth-Lamp/archives>. The *Fort Leavenworth Lamp* newspaper became a Family and Morale, Welfare and Recreation activity in October 2023 after the end of a longtime commercial enterprise contract in September 2023. E-mail ftvlvlampeditor@gmail.com with story ideas and other information. Call 913-684-1702 or email mary.f.manago.naf@army.mil for advertising and sponsorship.



Photo by Prudence Siebert/Fort Leavenworth Lamp

Department of the Army Security Officer Michael Dodgen checks a driver's identification during his 12-hour night shift Dec. 18, 2023, at Grant Gate. Dodgen was named the 2023 Fort Leavenworth Garrison Professional of the Year. Michelle Blackwell, operations officer for the Directorate of Public Works, was selected as the inaugural recipient of the 2023 Fort Leavenworth Garrison Supply Discipline Professional of the Year.



Josh Altice, workforce development specialist in the Fort Leavenworth Directorate of Human Resources, was presented the Stalwart Award June 6, 2023, in San Antonio. The annual award is presented to selected outstanding IMCOM employees.

Installation Management Command photo

FORT LEAVENWORTH LAMP

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U.S. Army Year in Review Part 1: Families

Army's quality-of-life changes place people 1st



Courtesy photos, collage by Christopher Hurd

by Christopher Hurd/Army News Service

WASHINGTON — People remain the Army's No. 1 priority, and the service implemented various quality-of-life changes throughout 2023 to help service members and their families.

These efforts included enhancing career opportunities for spouses, child care access, family housing, and mental health support.

Spouse

Employment

The Army worked on several plans to increase employment for the 431,000 spouses across all three components. The service expanded its non-competitive hiring authority with the Department of Defense Military Spouse Employment Partnership, connecting spouses to 610 employers. So far, more than 258,000 spouses have been hired. For more information, visit [https://myarmybenefits.us.army.mil/Benefit-Library/Federal-Benefits/Military-Spouse-Employment-Partnership-Program-\(MSEP\)?serv=122](https://myarmybenefits.us.army.mil/Benefit-Library/Federal-Benefits/Military-Spouse-Employment-Partnership-Program-(MSEP)?serv=122).

The Army continues to work with the Defense State Liaison Office as it works with states on implementing the recently passed Military Spouse Licensing Relief Act.

This legislation is designed to assist spouses in transferring occupation licenses between states more effortlessly.

The Army has streamlined the process for spousal reimbursement for license and certification cost up to \$1,000 during a permanent-change-of-station move.

Family member employment has been difficult in Italy, and on Aug. 30, 2023, the United States and Italy came to an agreement that

allows U.S. dependents with a mission visa stationed there to telework to jobs with U.S. employers, which was not an option for spouses previously.

"Army spouses play an important role in soldier and family readiness and soldier retention," said Secretary of the Army Christine Wormuth. "Leveraging both Army and DoD programs, and partnerships with other federal and non-governmental organizations, we remain committed to improving spouse employment and career opportunities."

Streamlined Moving Process

In September, the Department of Defense began phase one of transitioning to a single contracting company, Houston-based company HomeSafe Alliance, LLC, for the pickup and delivery of household goods in the continental United States.

Phase two will include overseas moves and is scheduled to begin September 2024. Army leaders said the change is expected to bring greater efficiencies and accountability for service members and their families.

"This is an opportunity to raise the standard for our families, attract quality capacity to the program, and introduce a level of accountability absent today," said Air Force Gen. Jacqueline Van Ovost, commander, U.S. Transportation Command. "Once implemented, this contract will positively impact thousands of service members, civilian employees and their families each year."

Child Care

The Army tackled child

care costs and availability as well. The service built six new child development centers and has at least five more on the way.

The Army also increased staff at CDCs by raising entry-level salaries and offering staff retention bonuses, as well as child care discounts. More than 70 percent of its total CDC workforce is now staffed.

In August, the Army announced a new child care pilot program that grants Army Reserve soldiers and their families access to a child care matching service, and in some areas offering free child care during battle assembly weekends. The program works with local government support and is being piloted in West Liberty, Iowa, and Clay County, Missouri.

"The Army recognizes the impact that child care has on the lives of our soldiers and their families," said Lt. Gen. Kevin Vereen, deputy chief of staff for installations (G-9). "Through increased initiatives to identify and secure accessible and affordable child care options, we enable our military parents to fulfill their responsibilities without sacrificing the well-being of their children."

The DoD announced the creation of the Dependent Care Flexible Spending Account, a financial benefit for eligible service members that allows them to place as much as \$5,000 pre-taxed dollars from their paycheck into the account for dependent care services.

Active-component sol-

diers, along with Active Guard Reserve soldiers on Title 10 orders, are eligible. The benefit is scheduled to be available Jan. 1, 2024. Those interested can sign up for the account during the annual Federal Benefits Open Season, which runs now through mid-December. For more information, visit <https://www.dcpas.osd.mil/policy/benefits/federalbenefitsopenseason#:~:text=Information%20is%20published%20each%20year,appropriated%20fund%20employees%20and%20retirees.>

Parental Leave

To support parents and caregivers, the Army refined its parental leave guidance in January. The new guidance increased paid parental leave from 21 days for non-birth parents to 12 weeks of paid paternal leave for birth parents, non-birth parents and soldiers adopting a child or accepting a child for long-term foster care.

The expanded policy allows for greater flexibility for soldiers and their families. It authorizes soldiers to delay parental leave to attend military education, to take regular leave in between parental leave, and to take leave in increments.

Soldiers can request parental leave through the Integrated Personnel and Pay System—Army and the Department of the Army Form 31. For more information, visit <https://ippsa.army.mil>.

Economic Stability

Soldiers received positive

news with Basic Allowance for Housing rates increasing an average of 12.1 percent this year. Service members in 291 of 300 military housing areas received an increase.

For low-income military families, a new Basic Needs Allowance became available this year. The supplemental allowance is for active-duty service members with dependents whose household income falls below federal poverty guidelines for their duty location. The new program promotes economic security for soldiers and their families facing financial challenges.

Additionally, the Army increased retention bonuses this year, giving more money to soldiers in critical military occupational specialties. The service met its retention goal for the fourth year in a row.

Housing

The Army remains committed to improving its infrastructure, and, in 2023, made significant investments in housing.

Wormuth pledged to invest \$1.5 billion in Army-owned housing and another \$3.1 billion in privatized housing. Through the Army's financial investment plan, the service awarded 45 barracks projects in fiscal year 2023 totaling \$1.07 billion.

Barracks projects will continue to see an increased emphasis, said Jordan Matthews, Army Material Command facilities division chief.

"These investments directly affect the quality of

life of soldiers and families on Army installations and reflect our commitment to people — the Army's top priority."

Army leaders are working to provide 100 percent sustainment funding for barracks and to spend more on renovation and construction.

Health

As part of the Army's ongoing efforts to eliminate the stigma associated with seeking mental health support, the Army approved its Brandon Act policy in September.

The new directive allows soldiers to confidentially seek help through their leaders in the rank of staff sergeant and above, and charges leaders to connect soldiers with resources quickly.

Soldiers are not required to provide a reason or basis to request a referral. The policy applies to soldiers in the regular Army, the Army National Guard and the Army Reserve who are on active duty for more than 30 days.

Guidance for Army National Guard and Army Reserve soldiers not on active duty is under development.

For soldiers' physical health, the Army rolled out its new Body Composition Program in June to assess a soldier's body fat more accurately. The policy replaces the older two-measurement test with a one-site tape test across the belly button.

And in March the Army released a directive exempting all soldiers scoring 540 points or more on the Army Combat Fitness Test from the body fat assessment, regardless of their height and weight. Soldiers must score 80 points or more in each event.

U.S. Army Year in Review Part 2: Rebrand

Army rebrand, new initiatives clear path for future possibilities

by Christopher Hurd/Army News Service

WASHINGTON — In 2023 the service pushed forward with several initiatives to help Americans discover their passions, pursue their purpose, and build lifelong communities while serving.

Brand Relaunch

The Army returned to its classic slogan of "Be All You Can Be" with a brand relaunch in March. The campaign is designed to spotlight the countless opportunities the service offers.

"At a time when political, economic and social factors are changing how young Americans view the world, the new Army brand illustrates how service in the Army is grounded in passion and purpose," said Secretary of the Army Christine Wormuth. "Serving our nation is a calling and one that is fundamentally hopeful. We want a new generation of Americans to see the Army as a pathway to the lives and careers they want to achieve."

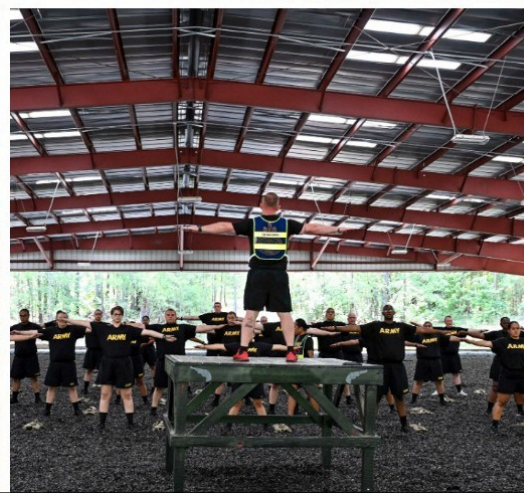
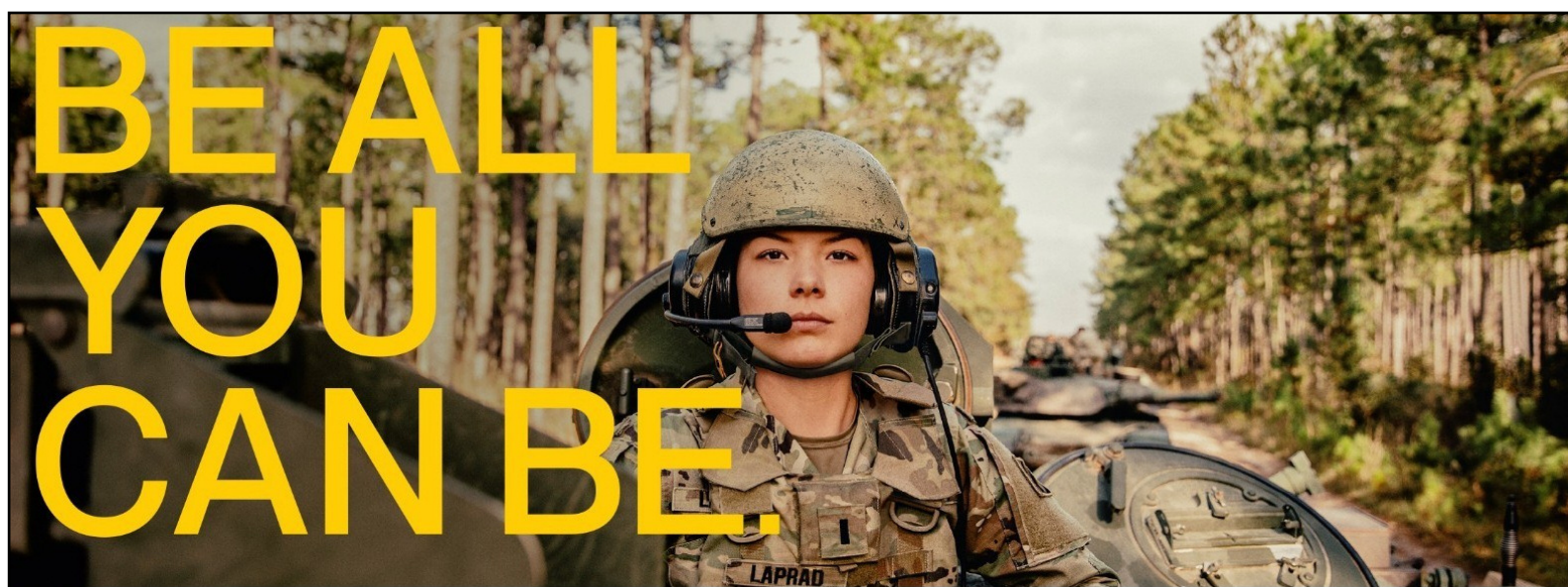
The brand transformation was a multiyear process designed to reflect today's Army while addressing the needs of a new generation. The brand's new look and feel consists of a re-engineered five-point star logo coupled with the return of the popular tagline, which was initially used from 1980-2001.

Future Soldier Preparatory Course Anniversary

The Army celebrated the first anniversary of the Future Soldier Preparatory Course in August. The pilot program helped more than 8,800 eligible Americans overcome academic and physical fitness barriers to service.

The FSPC has an academic track and a fitness track, both three weeks long. The academic portion focuses on helping students improve their Armed Services Vocational Aptitude Battery scores while the fitness track educates students on the five Holistic Health and Fitness readiness domains.

Both tracks of the course had a 95 percent graduation rate in the first year of the program, with academic students increasing their ASVAB scores by an average of 18.5 points and fitness students losing an average



Courtesy photos, collage by Christopher Hurd

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of 1.7 percent body fat per week.

"The (course) is where desire meets investment, and every day these young men and women show that when provided the right resources and training, they are able to perform and meet or exceed the standards expected of every soldier," said Brig. Gen. Jason E. Kelly, Fort Jackson, South Carolina, commanding general.

Graduates of the academic track who increase their score to a higher classification category can renegotiate their enlistment contracts and may qualify for a different military occupational specialty or additional incentives.

This year, the Army gave out more than \$15.5 million to program graduates.

The course initially started at Fort Jackson, but expanded to Fort Moore, Georgia, in January.

All-Volunteer Force 50th Anniversary

On July 1, the Army and the nation celebrated the 50th anniversary of the all-volunteer force. The move was made by President Richard Nixon's adminis-

tration in 1973 to fill the U.S. military ranks with Americans who chose to serve rather than with draftees.

Over the next five decades, the Army continued to evolve from its draft days. Enlistments went from two years to varying lengths depending on a soldier's career path.

The Army now offers more complex education and training for more than 200 jobs in science, cybersecurity, combat forces, aviation, medicine, law and more.

Innovations to training have been added to set soldiers up for success, including Holistic Health and Fitness as well as new approaches to mental, sleep, physical and spiritual readiness.

"Our soldiers, from the newest E-1 to the most experienced generals, come from all over the country, from many different backgrounds, from multiple demographics, races and ethnicities," Wormuth said. "At the end of the day, what unites us is our shared Army values. That and our collective mission to fight and win the nation's wars."

75th Integration, Desegregation Anniversaries

It was a year of anniversary celebrations, as the Army marked the 75th anniversary of the Women's Armed Services Integration Act in June and the 75th anniversary of Executive Order 9981 in July.

The integration act allowed women to become permanent, full-time members of the Army. According to retired Maj. Gen. Gina Farrisee, the first female commanding general of the U.S. Army Human Resources Command, the Army provides a way for every person to achieve his/her full potential.

"The Army is an amazing opportunity," Farrisee said. "For those looking for a challenge and wanting to make a difference, it is certainly the place to do that. There is no doubt in my mind that the military makes you a better person."

Just a month later in 1948, President Harry S. Truman signed Executive Order 9981, ending racial segregation in the armed forces.

"Ending racial discrimination in the military made our Army immeasurably stronger and moved our country closer to fulfilling its founding promise," Wor-

muth said. "We should be proud of the progress the Army has made in ensuring that every soldier, regardless of race, can pursue the unlimited opportunities that military service offers."

Recruiting Reform

Facing a challenging recruiting environment, the Army announced the transformation of its recruiting enterprise in October.

"The competition for talented Americans is fierce, and it is fundamentally different than it was 50 or even 20 years ago," Wormuth said. "Understanding that reality is key to designing new practices that will make us a more attractive and compelling career choice for young Americans."

The sweeping changes include expanding the recruiting focus to a larger portion of the available population, creating a specialized talent acquisition workforce, improving the measurement and evaluation of recruiting policy decisions, and aligning the Army recruiting structure.

First, the Army will expand its focus beyond recent high school graduates. Army leadership set a goal of at least a third of the service's newest recruits to have more than a high school degree by 2028,

compared to 20 percent today.

Second, the service plans to create two new military occupational specialties for an enlisted talent acquisition specialist and a warrant officer to ensure the best recruiting subject matter expertise and leadership. A more specialized officer workforce remains under consideration.

Third, the Army will create an evidence-based learning capability at Army headquarters that will incorporate data collection and program evaluation design into policy planning and implementation.

Finally, Army leaders plan to consolidate marketing and recruiting into a three-star command that reports directly to them with the new commander's time in position changing from two to four years.

"The fact is that even though it remains a challenge to attract new recruits, we are exceeding our retention goals every year," Wormuth said. "That means that people who are in the Army, by and large, love their jobs. And that's a message we want all young Americans to hear — that the United States Army is truly a place where you can be all that you can be."

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U.S. Army Year in Review Part 3: Army Building the Army of 2030



Courtesy photos, collage by Christopher Hurd

by Joe Laccan/Army News Service

WASHINGTON — The Army continued to deliver the most advanced weapons systems and equipment into the hands of soldiers in 2023.

The service broke new ground in shipping the first Directed Energy, Maneuver-Short Range Air Defense, or DE M-SHORAD, prototype systems to soldiers, and the Army also received the latest model of the Integrated Visual Augmentation System, or IVAS.

After the Army's Integrated Battle Command System reached full-rate production status in April, the service followed that feat by demonstrating the first successful launch of a Tomahawk missile from its prototype Mid-Range Capability system.

Finally, the Army honored the service of two soldiers from two major campaigns in naming its newest infantry assault vehicle. The upgrades bring the Army closer to building the Army of 2030 by investing in its top priority — its people and its soldiers.

DE M-SHORAD System

In September, the successful delivery of the Di-

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rected Energy, MSHORAD system to the newly-reactivated Delta Battery of 4th Battalion, 60th Air Defense Artillery Regiment, at Fort Sill, Oklahoma, made Delta Battery the first tactical, directed-energy capable unit.

The laser weapons system will not only be a deterrent against enemy forces but can counter against relevant threats with air defense protection.

The service classified the DE M-SHORAD system as an urgent acquisition program that provides commanders with greater freedom to maneuver.

Members of the battery underwent extensive training in the fall of 2022 to prepare to operate the prototype. Soldiers simulated an attack using a vehicle with the same weight and power of the prototype.

Integrated Visual Augmentation System

The Army reached a new milestone in July when soldiers received 20 of the latest model of the Integrated Visual Augmentation System, IVAS, the 1.2 variant.

(See https://www.army.mil/article/268702/army_accepts_prototypes_of_the_most_advanced_version_of_ivas.)

The system features an all-weather headset and next-generation, situational awareness tools with a mixed reality display. IVAS provides soldiers with high resolution simulations, giving soldiers enhanced capabilities in both in day and night conditions.

The development of IVAS will result in fielding several years ahead of standard acquisition programs.

Using augmented reality, the headset enhances a soldier's ability to navigate in hostile environments. When dismounting, the IVAS's low-light sensors help the user identify targets and surrounding vehicles.

IVAS also has a built-in Squad Immersive Virtual Trainer, which teaches soldiers to use the headset to solve objective-based dilemmas and battle scenarios.

Tribute to Veterans

The Army announced that it named its newest combat vehicle, the M10 Booker Combat Vehicle, after Medal of Honor recipient Robert Booker, a World War II veteran, and Staff Sgt. Stevon Booker, a Distinguished Service Cross recipient from Operation Iraqi Freedom. See https://www.army.mil/article/267580/army_names_its_newest_combat_vehicle_after_wwii_and_operation_iraqi_freedom_soldiers for the full article.

The service announced it awarded the \$257.6 million production contract to Michigan-based General Dynamics Land Systems in July. Designers built the armored vehicle to be highly maneuverable and mobile, resembling a light tank.

Army leaders commemorated the renaming during a ceremony at the National Museum of the United States Army in June as part of the service's 248th birthday celebration. In addition, the Army selected Alabama's Anniston Army Depot as the repair depot

for the vehicle.

Mid-Range Firepower

The Army fired intermediate range, subsonic Tomahawk missiles from a prototype system at an undisclosed location on June 27.

Soldiers from the 1st Domain Task Force at Joint Base Lewis-McChord, Washington, carried out the test with assistance from the Navy.

The test marks an important step in strengthening the Army's top modernization priority: long-range precision fires. The mid-range capability system will support the joint, multi-domain mission.

Soldiers contributed to the testing and development of the MRC, according to the Rapid Capabilities and Critical Technologies Office, Redstone Arsenal, Alabama.

Major Milestone

The Army announced in April that its Integrated Battle Command System, or IBCS, had reached full rate production. Read the article at https://www.army.mil/article/265686/army_integrated_air_and_missile_defense_system_achieves_full_rate_production.

The Army Acquisition Support Center describes the IBCS as a fire control and operational center, providing accurate targeting and a wider battlespace. Using sensors and effectors in one command and control system, IBCS lets soldiers see the battlefield more effectively.

IBCS will replace older command-and-control systems, which in turn will improve coordinated engagements and positive control of sensors and weapons.

Network Testing with NATO Allies

Soldiers in Hohenfels, Germany, tested the Army's Integrated Tactical Network during Exercise Dragoon Ready 23. The ITN provides voice and data communication capabilities to units in the field. Read the story at https://www.army.mil/article/264706/dragoon_ready_23_enhances_readiness_with_new_equipment.

About 2,500 U.S. soldiers in field artillery, fire control, operations, and signal support systems participated, along with troops from NATO allies Italy and the United Kingdom. The soldiers simulated operating in austere environments while learning unified land operations with partner nations.

DoD implementing Naming Commission recommendations

by Jim Garamone/Department of Defense News, April 2023

So long, Fort Bragg. Hello, Fort Liberty.

The Naming Commission process is now over and the names of bases, posts, ships, streets and more named after Confederate soldiers will change.

William LaPlante, the undersecretary of defense for acquisition and sustainment, directed in January 2023 that all Department of Defense organizations begin full implementation of the Naming Commission on the naming of items of the DoD recommendations. LaPlante acted at the end of a 90-day waiting period that began after the Naming Commission released its third and final report in September 2022.

Secretary of Defense Lloyd J. Austin III accepted the renaming recommendations in September.

The services and other DoD agencies have until the end of the year to

complete the process.

Retired Navy Adm. Michelle Howard chaired the congressionally mandated Naming Commission. The commission's mission was to provide removal and renaming recommendations for all DoD items "that commemorate the Confederate States of America or any person who served voluntarily with the Confederate States of America."

While Army bases are the most conspicuous examples, many installations have street names or buildings named after Confederates. The Navy will rename the cruiser USS Chancellorsville, which commemorates a Confederate victory, and the USNS Maury — named after a U.S. Navy officer who resigned his commission to fight for the Confederate Navy — will also be renamed. Battle streamers commemorating Confederate service will no longer be authorized.

Some Army bases, established in the build-up and during World War I,

were named for Confederate officers in an effort to court support from local populations in the South. That the men for whom the bases were named had taken up arms against the government they had sworn to defend was seen by some as a sign of reconciliation between the North and South. It was also the height of the Jim Crow Laws in the South, so there was no consideration for the feelings of African Americans who had to serve at bases named after men who fought to defend slavery.

All this changed in the aftermath of the death of George Floyd in 2020. Many people protested systemic racism and pointed to Confederate statues and bases as part of that system. Congress established the commission in the National Defense Authorization Act of fiscal 2021. Then-President Donald Trump vetoed the legislation because of the presence

Base Name Recommendations		
<p>FORT MOORE</p> <p>Fort Benning, Georgia to be renamed in commemoration of LTC Hal Moore and John Moore</p>	<p>FORT LIBERTY</p> <p>Fort Bragg, North Carolina to be renamed in commemoration of the American value of Liberty</p>	<p>FORT EISENHOWER</p> <p>Fort Gordon, Georgia to be renamed in commemoration of General of the Army Dwight D. Eisenhower</p>
<p>FORT WALKER</p> <p>Fort A.P. Hill, Virginia to be renamed in commemoration of Dr. Mary Edwards Walker</p>	<p>FORT CAVAZOS</p> <p>Fort Hood, Texas to be renamed in commemoration of USN Richard E. Cavazos</p>	<p>FORT GREGG-ADAMS</p> <p>Fort Lee, Virginia to be renamed in commemoration of LTC Arthur J. Gregg and LTC Chester Adams</p>
<p>FORT BARFOOT</p> <p>Fort Pickett, Virginia to be renamed in commemoration of TSgt Van T. Barfoot</p>	<p>FORT JOHNSON</p> <p>Fort Polk, Louisiana to be renamed in commemoration of SGT William Henry Johnson</p>	<p>FORT NOVOSEEL</p> <p>Fort Rucker, Alabama to be renamed in commemoration of CW4 Michael J. Novoseel Sr.</p>

SEE RENAMING | A7

Department of Defense graphic

U.S. Army Year in Review Part 4: Worldwide

Army makes a difference at home, worldwide



Courtesy photos, collage by Christopher Hurd

by Joe Laccan/Army News Service

WASHINGTON — In 2023, the Army expanded the scale of training both domestically and abroad. The service continued to support humanitarian missions, both within the United States and overseas, while maintaining partnerships through agreements like the National Guard State Partnership Program.

The exercises strengthened the Army's ability to fight alongside allies and partner nations across the globe, as the service looks to increase interoperability among partner nations while building the Army of 2030.

The Best Squad Competition, which finished in October, challenged soldiers to be all they could be, focusing on teamwork and pushing each other to their limits.

Stateside Exercises

Best Squad Competition
This year the service provided more incentives to soldiers competing for the title of U.S. Army Best Squad. Read the full story at https://www.army.mil/article/270710/army_names_best_squad_best_soldier_winners#:~:text=Phillips%27%20guidance%20helped%20his%2075th,won%20Soldier%20of%20the%20Year.

Participants had the opportunity to earn special skills badges for different military occupational specialties. Soldiers could earn the Expert Soldier Badge, the Expert Infantry Badge or the Expert Medical Field Badge.

The 75th Ranger Regiment team from U.S. Army Special Operations Command won first place during the competition, followed by a squad from Army Medical Command in second place. Soldiers tested their mettle on 20,000 acres of land at Fort Stewart, Georgia. Soldiers competed in ruck marches and land navigation exercises there, while operating on limited amounts of sleep.

Northern Strike

The Army Reserve's large-scale, deployment exercise added a new element this year: in-theater medical training. Participants simulated a medical evacuation flight during the Midwest-based training exercise from a site in Michigan to Fort

2023 IN REVIEW

McCoy, Wisconsin, for additional treatment.

The Michigan National Guard has hosted the exercise since 2012 and expanded Northern Strike into a joint, multinational program based at the National All-Domain Warfighting Center at Camp Grayling, Michigan. More than 7,000 participants from across the United States and four nations took part in the annual exercise, where participants simulated joint integrated fires, command and control, and sustainment.

The training took place across Michigan's lower peninsula, and included the Alpena Combat Readiness Training Center in Alpena County, the Selfridge Air National Guard Base in Harrison Township, and Oscoda-Wurtsmith Airport in Iosco County.

Disaster Response

The National Guard deployed 134 troops to support the relief and response efforts following the devastating wind-driven wildfires in Hawaii in August.

The Guard provided two CH-47 Chinook helicopters to aid search and recovery efforts, primarily over the island of Maui. National Guard soldiers supported Hawaii Emergency Management Agency and local law enforcement as liaisons. In a single day, Guard members dropped about 10,000 gallons of water during a five-hour period. Cartographers and geographers from the U.S. Army Corps of Engineers used geographic information systems to provide relevant data to help government organizations develop and execute relief plans.

In August and September, about 5,000 members of the Florida National Guard and others activated to assist with disaster response efforts during Hurricane Idalia, which made landfall on Florida's west coast.

National Guard State Partnership Program

In 2023, the international program that aligns guard units with foreign partners celebrated three decades of cooperation and

providing aid. The Army celebrated the program's 30th anniversary in July at the National Harbor in Fort Washington, Maryland.

An already established partnership between U.S. forces and Ukraine helped aid the eventual Ukrainian war effort against Russia. Ukraine has held a partnership with the California National Guard since 1993, with Guard members training Ukrainian forces in capabilities such as firing FIM-92 Stingers, a mobile defense platform, and the FGM-148 Javelin, a portable shoulder-launched anti-tank system.

U.S. forces have also influenced Ukrainians on the battlefield, adopting a tactical model inspired by the Army's non-commissioned officer corps.

U.S. European Command sought to establish a contact team in the Baltic region. The partnership program started with seven former Soviet nations and now includes more than 88 partnerships with more than 100 partner nations across all corners of the world.

The program encourages personal ties at the state level among partner nations. Not only does the program support defense security, but also societal relationships that span into other areas of government and economy.

Exercise Justified Accord

The Kenya-based multinational exercise helped U.S. forces provide humanitarian assistance, engage in peacekeeping missions and crisis response.

Led by U.S. Army Task Force Africa, more than 20 countries participated in Justified Accord, the largest exercise in East Africa. Last February, soldiers learned to perform humanitarian missions and took part in a multinational, live-fire training event. Planners also incorporated cyber-related simulations for the first time.

Operation Talisman Sabre

During this multinational, large-scale exercise, U.S. and Australian forces sought to build a more persistent, secure network

among the "Five Eyes" alliance of the United States, the United Kingdom, Canada, Australia and New Zealand.

The new network will be synchronized across the partner nations' systems and save setup times by having network availability already in place. The network will help raise readiness levels and bring the service closer to the Army of 2030.

The development of the new network showcased one of the methods by which the Army and host Australia improved its network capabilities and interoperability among nations during Talisman Sabre. During the annual exercise, Hawaii and Joint Base Lewis-McChord, Washington, U.S. forces learned to operate in enemy and austere environments with challenging constraints and longer distances in the Indo Pacific.

The series of experiments, in accordance with the Army's Data Strategy, allowed the United States and its allies to continually test network capabilities in a dozen different exercises.

Joint Emergency Exercise 23

Members of Special Forces and other experts from across the force trained Army physicians and medical personnel in realistic combat casualty care scenarios during Joint Emergency Exercise. During the exercises, soldiers learned to integrate medical care into combat operations during simulated scenarios.

Hosted by the Carl R. Darnall Army Medical Cen-

ter, at Fort Cavazos, Texas, the exercise helped increase combat readiness and joint interoperability for more than 2,000 participants from the Army, Air Force, National Guard and Army Reserve. Service members representing 60 combat career specialties took part in the exercises.

U.S. Army Europe and Africa Exercises

U.S. Army Europe and Africa command provides combat-ready, land forces ready to defend the region.

During the annual Exercise Saber Junction in September, the Army, NATO and allied forces gathered in Germany to learn to operate as one.

Exercises centered around the Joint Multinational Readiness Center near Hohenfels, Germany, where 4,000 participants from 16 countries widened the scale of operations and learned to overcome linguistics, logistics and communications challenges. Soldiers also simulated using different weapons and systems and the treatment and evacuation of injured troops.

U.S. soldiers and their NATO counterparts spent time learning how each other operates on the battlefield and the nuances in their strategies.

USAREUR-AF, comprised of about 41,000 troops on two continents, takes part in 18 major exercises, including U.S. Africa Command's largest multinational exercise, African Lion. This year, African Lion 23 took place across Ghana, Morocco, Senegal and Tunisia in May and June 2023. The exercise in-

cluded combined arms live fires, chemical, biological, radiological, nuclear response training and three humanitarian assistance events.

In coordination with U.S. Army Futures Command, U.S. Army Europe and Africa hosted Arctic Forge, a series of cold-weather exercises based in Scandinavia.

During Arctic Forge 23 last February, soldiers from the 11th Airborne Division, Joint Base Elmendorf-Richardson, Alaska; the 10th Mountain Division in Fort Drum, New York; and the Virginia Army National Guard trained with the Finnish military.

U.S. soldiers also took part in Defense Exercise North, where they drew from the Finnish troops' frigid weather experience. The soldiers operated in three feet of snow under subzero temperatures and learned how to operate in arctic conditions, including techniques used on skis to traverse across challenging terrain.

Allied Spirit began in 2011 and has grown from six nations in 2015 to 21 NATO countries and allies in 2023. Unlike other training center exercises, Allied Spirit features an allied unit comprised of partner nations as the primary training audience instead of a U.S. brigade combat team.

From strengthening ties with allied partners to saving lives during humanitarian and disaster relief efforts, the Army made a difference in forging relationships across the globe, and allowing soldiers to be all that they can be.

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Renaming (continued from Page A5)

of the commission, and huge bipartisan majorities in both houses of Congress overrode his veto.

The commission issued its first report in May 2022, which addressed renaming Army bases. The commission finished its mission on Oct. 1, 2022, and there was a 90-day period for public comment. That has now expired and the renaming of the bases may proceed apace.

- Fort Benning, Georgia, is renamed Fort Moore after Army Lt. Gen. Hal Moore and his wife, Julia Compton Moore. Moore commanded U.S. forces in the first large-scale battle of the Vietnam War. His book, "We Were Soldiers Once...And Young," was made into the 2002 movie "We Were Soldiers."

- Fort Gordon, Georgia, is renamed Fort Eisenhower after General of the Army Dwight D. Eisenhower, the leader of the liberation of Europe in World War II, and the 34th president of the United States.

- Fort A.P. Hill, Virginia, is renamed Fort Walker after

Dr. Mary Edwards Walker, the first woman surgeon in the Civil War and the only woman awarded the Medal of Honor.

- Fort Hood, Texas, is renamed Fort Cavazos in honor of Army Gen. Richard E. Cavazos, a Hispanic-American hero of both the Korean and Vietnam Wars.

- Fort Lee, Virginia, is renamed after two soldiers and will become Fort Gregg-Adams. Army Lt. Gen. Arthur J. Gregg was an African-American soldier who rose from private to three-star general during a career in military logistics. Army Lt. Col. Charity Adams was the first African-American officer in the Women's Army Auxiliary Corps in World War II and led the first African-American WAAC unit to serve overseas.

- Fort Pickett, Virginia, is renamed Fort Barfoot in honor of Army Tech Sgt. Van T. Barfoot, who received the Medal of Honor for his actions with the 45th Infantry Division in Italy in 1944.

- Fort Polk, Louisiana, is renamed Fort Johnson to commemorate Army Sgt. William Henry Johnson. Johnson was a member of the famous Harlem Hellfighters that fought under French Army command during World War I. Johnson belatedly received the Medal of Honor for an action in the Argonne Forest of France where he fought off a German raid and received 21 wounds in hand-to-hand fighting. President Barack Obama awarded Johnson the medal in 2015, long after the soldier died in 1929.

- Fort Rucker, Alabama, is renamed after Army Chief Warrant Officer 4 Michael J. Novosel. The chief was an aviator who flew combat in both World War II and Vietnam and received the Medal of Honor for a medevac mission under fire in Vietnam where he saved 29 soldiers.

- Finally, Fort Bragg, North Carolina, is renamed Fort Liberty.

Local OPSEC poster contest deadline Jan. 31

by Directorate of Plans, Training, Mobilization and Security

January 2024 has been designated as National Operations Security (OPSEC) Awareness Month. The purpose of this designation is to bring attention to the importance of protecting sensitive data and other information critical to the mission of your organization. Operations Security practices keep critical information out of the hands of those who may want to do harm to not only your organization or installation, but also friends and family.

The OPSEC poster contest is open to all soldiers and Department of the Army civilian employees ages 18 and older. Contractors are not authorized to participate. Submissions will be judged on message, theme and creativity. The posters should show the importance of practicing OPSEC to keep information out of the hands of our adversaries.

The following must be adhered to for submission:

1. Only original artwork is allowed.
2. Artwork should be 8.5 inches by 11 inches.
3. Artwork must be submitted in a digital file. Acceptable electronic formats include JPEG or PDF files and can be horizontal or vertical. All images must be 300 dpi.
4. No trademarked or copyrighted images or phrases are authorized.

5. Themes and designs should be suitable for public display across Army facilities and platforms.

6. Include your name, rank, unit and contact information.

7. Submissions will be judged on message, design, and creativity.

8. Participants must sign a Copyright Assignment Form assigning all right, title and interest in and to the works to the Directorate of Plans, Training, Mobilization and Security.

Participants may use the following resources to aid in their artwork: <https://www.dni.gov/index.php/ncsc-what-we-do/operations-security>, <https://www.cdse.edu/>, <https://securityawareness.usalearning.gov/> and AR 530-1, Operations Security.

Send submissions to Installation OPSEC Manager Penny Votaw at penny.a.votaw.civ@army.mil or Michael Boulanger at michael.r.boulanger2.civ@army.mil using the subject line "OPSEC Awareness Poster Contest."

All submissions must be received by 4 p.m. Jan. 31, 2024.

The winner's poster will be printed and displayed at multiple locations and events, including various Fort Leavenworth buildings and social media. Awards will be given at a Garrison All-Hands by the Garrison commander.

OPSEC POSTER COMPETITION

Poster theme is OPSEC Awareness Month.

COMPETITION RULES :

1. ONLY ORIGINAL ARTWORK IS ALLOWED.
2. ARTWORK SHOULD BE 8.5" X 11".
3. ARTWORK MUST BE SUBMITTED IN JPEG OR PDF FILES IN 300 DPI.
4. NO TRADEMARKED OR COPYRIGHTED IMAGES OR PHRASES ARE AUTHORIZED
5. THEMES AND DESIGNS SHOULD BE SUITABLE FOR PUBLIC DISPLAY ACROSS ARMY FACILITIES AND PLATFORMS
6. INCLUDE YOUR NAME, RANK, UNIT AND CONTACT INFORMATION
7. PARTICIPANTS MUST SIGN A COPYRIGHT ASSIGNMENT FORM ASSIGNING ALL RIGHT, TITLE, AND INTEREST IN AND TO THE WORKS TO DPTMS.
8. DEADLINE FOR SUBMISSION 4 P.M. JANUARY 31, 2024 SEND TO PENNY.A.VOTAW.CIV@ARMY.MIL OR MICHAEL.R.BOULANGER2.CIV@ARMY.MIL



PRIZES:

1ST, 2ND, AND 3RD PLACE PRIZES ARE PROVIDED BY MWR AND MAY INCLUDE FREE VOUCHERS FOR: THE STRIKE ZONE, THE STRIKE ZONE SNACK BAR, THE GOLF COURSE, AND THE FAIRWAY GRILL GIFT CERTIFICATES FOR: THE HAMPTON INN AND SHOPS IN DOWNTOWN LEAVENWORTH

THE UNIVERSITY OF
KU KANSAS

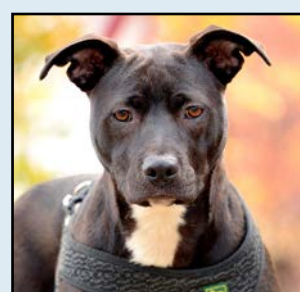
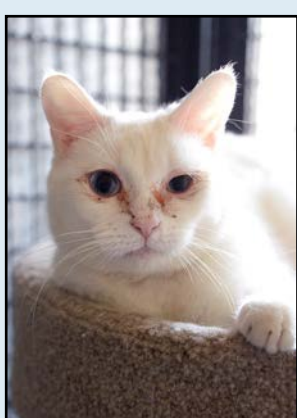
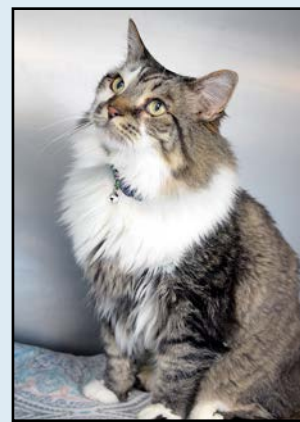
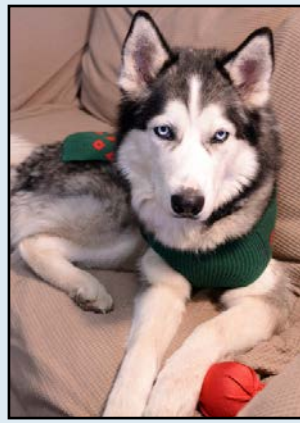
Local Classes.
Global Respect.

leavenworth.ku.edu



Adopted pets in 2023

Photos by
Prudence Siebert
Fort Leavenworth Lamp



These images represent several of the pets adopted in 2023 from the Fort Leavenworth Stray Facility.

For pets currently available for adoption, visit the facility at 510 Organ Ave. from 11 a.m. to 4 p.m. Monday, Wednesday and Friday, or by appointment, and read adoptable pets' profiles at www.FLSF.petfinder.com.

Visit www.FLSF.petfinder.com for more information, call 913-684-4939 for an appointment, or e-mail fortleavenworth-strayfacility@gmail.com for an adoption application.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Apply at <https://vmis.army-familywebportal.com/>.



THURSDAY
JANUARY 4, 2024



LAMP

Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

SKIES OPEN HOUSE
Jan 4
320 Pope Ave
5:30PM-7:00PM

GYMNASTICS
BALLET
JAZZ & TAP
GUITAR PIANO UKULELE
VIOLIN ART

Meet the Instructors!
Take a tour!
Enjoy some light refreshments,
and come learn a new skill!

For more info call:
913-684-3207 or text
913-704-7595

FREE FAMILY FUN!

Strike Zone Bowling Center's
GOOD GRADES SPECIAL
Noon - 7 pm
October 21, January 6,
March 23 & May 25

Kids! Bring in your report cards and receive one free game for every "A" or equivalent. Straight "A"s gets you free sodas for the family (6 max) and all "B"s or better gets you \$2 off any pizza. Games may be used by all family members.

Strike Zone - 165 Fourth Street - (913) 651-2195
<https://leavenworth.armymwr.com>

Saturday Morning Youth League

Meeting Jan 6, 2024 @ 10:00am
Starts Jan 13, 2024 @ 9:45am
12 Week Handicap League
Jan 13 - April 6

Little Rollers- Ages 3-5
(2 games per week w/bumpers- \$8 a week)

Dragons- Ages 6-9
(3 games per week w/optional bumpers- \$11 a week)

Explorers- Ages 10-18
(3 games per week no bumpers- \$11 a week)

Volunteer!
Help Shelter Pets!

They need your help for walks and general care!
They enjoy the love, attention, and affections, too!

Several shifts to choose from
Want to know how to join our team?
Register at <https://ymis.armyfamilywebportal.com/>
Once registered, we will contact you and have you come in for a training with a team member.
After you train, you shadow two shifts. Then you are ready to help shelter pets!
Watch the Fort Leavenworth Stray Facility Facebook page for training events!
Once you register, train, and shadow, you can sign up for any shift you can cover.
Children under 18 can help, but they must be accompanied by an adult the entire shift.

Work with either our cats or dogs or both!

Fort Leavenworth Stray Facility
510 Organ Avenue
Fort Leavenworth, KS 66027

Fort Leavenworth Stray Facility
Second Saturday is Back!

Every second Saturday of the month

We're back to being open every 2nd Saturday of the month for visitation and adoption/fostering of the animals at the facility!

You can find all of our adoptable pets at:
www.petfinder.com Fort Leavenworth
fortleavenworthstrayfacility@gmail.com

913-684-4939

510 Organ Ave
Fort Leavenworth, KS 66027

EFMP presents:
SENSORY STORY TIME

Every 3rd Friday of the month
10am-11am
starting Jan. 19
@ The CARL Library

FREE and open to all DoD ID holders!
All ages are encouraged to join!
POC 913-684-2871/ 2838

LIVE TREE PICKUP January 1st - January 15th
Wallace Landscaping will be picking up discarded trees and disposing of them daily. Because they will be taken to recycling for mulch, please ensure there is no garland or any items remaining on the tree.

If items are on the tree, Wallace will not pick them up and they will be disposed of with bulk trash. Waste Management requires trees to be cut into pieces no longer than 3 feet in order to be collected.

THANK YOU AND HAPPY NEW YEAR.
FLFHC

CGSC Department of Military History
Episode 44 – Babb on Stilwell
"History is only a confused heap of facts."

A Confused Heap of Facts

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Thank you FOR YOUR SUPPORT

Happiest of Holidays!

On behalf of Fort Leavenworth Morale, Welfare and Recreation, the Soldiers and their Families, Retires, and Civilian Employees here on Fort Leavenworth, I would like to thank you for supporting us through Commercial Sponsorship this past year. Without your sponsorship and support many of the programs and events MWR hosts would not be able to be sustained. For example our Oktoberfest and July 4th events, the reopening of the Arts and Crafts Studio on Fort Leavenworth and so much more. While I know many of you do not get to experience the events and the joy that you bring to our Post, I can assure you it is amazing!

As we head towards the New Year, with new challenges, and new opportunities, I know we will continue to bring great programs to Post because of you. If you are looking for some additional advertising opportunities, let me know so I can fill you in on MWR acquiring the Lamp Newspaper here on Post. Otherwise I look forward to working with you again in the coming year and many years to follow. Here's hoping you and your loved ones have a Happy and Healthy Holiday Season.

Thank You Again!
Mary Manago

Outdoor Warning Sirens
Tornado sirens are for **OUTDOOR** warning purposes and are not meant to be heard indoors!!!

Hearing a siren is a signal to move indoors and seek additional information

It does NOT mean the threat has ended when the siren stops sounding

Sirens are activated by city or county officials, not the National Weather Service

Employment Readiness Program Classes
ACS Classroom • Resiliency Center, 600 Thomas Ave.
Wednesdays • 12PM - 2PM*

Resume Writing:
Mar 20* • June 19* • July 17*
Aug 14* • Sept 25*
Evening Classes:
May 22 • Aug 14 - 5PM - 7PM
Registration required for evening classes

Federal Employment:
Jan 17* • Mar 6* • April 10*
May 8* • June 5* • July 10*
Aug 7* • Sept 11* • Oct 9* • Nov 6*
Evening Classes:
May 15 • Aug 7 - 5PM - 7PM
Registration required for evening classes

Interview Skills & Professionalism:
Feb 21* • May 22*
July 24* • Aug 21*

Classes are from 12PM - 2PM
Registration is required for evening classes only.
Open to DoD ID card holders.

For more info call:
(913) 684-2800

THE FORT LEAVENWORTH LAMP
OUR STORY CONTINUES; TO PRESERVE HISTORY AND CONTINUE THE LEGACY!

Military history is something that we learn from. It involves our Founding Fathers and those that made sacrifices for our freedom. Fort Leavenworth history is a significant part of our Military history. We are the oldest continually operating Army post west of the Mississippi River. Founded in 1827, originally to protect the western frontier. By the 1840's movement had begun to California and Oregon and thousands of wagons would come through.

While small in size, the impact and significance of Fort Leavenworth rivals any large Military installation in the World. As the years have passed post has transformed and adapted and remains relevant and renowned for the missions it serves. Currently known as the "Think Tank" for the Military, The Command and General Staff College (CGSC) trains all of the future leaders of the Army. Additionally, we house the United States Disciplinary Barracks (USDB) and the Soldiers, Military Police, that run that facility.

When it was announced that the civilian publishing company was discontinuing the Lamp, our Leadership wanted another plan. The Lamp began in the 1940's as the Fort Leavenworth Times and the Recruiting Center News. In April of 1971 the name was switched to The Lamp. We needed a way to continue the history. So here we are! Fort Leavenworth Morale, Welfare and Recreation (MWR) in conjunction with the Fort Leavenworth Garrison Public Affairs Office (PAO) have joined forces to keep The Lamp going. Now we need you!

MWR is the only part of the Department of the Army that is not fully funded by the Army. We have programs and events we provide for post which we have to get outside funding for. That is where MWR Marketing and Commercial Sponsorship comes in. In order to keep The Lamp going and make it The Best Hometown Newspaper in the Army, we are offering advertising and sponsorship opportunities. All of the advertising money that comes in via The Lamp comes back to Fort Leavenworth MWR to sustain The Lamp and our other MWR activities. Below is a list of our pricing. Want more? We are also looking for Lamp Heroes to Sponsor the publication monthly, quarterly and annually.

FORT LEAVENWORTH LAMP ADVERTISING	LAMP HEROES OPPORTUNITIES LIMITED OPPORTUNITIES
BUSINESS CARD AD (558 X 315) \$75/ ONE PUBLICATION \$225/FOUR PUBLICATIONS	LAMP HERO ANNUAL SPONSOR—\$12,000 SPONSOR QUARTERLY OR 6 MONTHS—\$5,000 SPONSOR ONE MONTH—\$500
1/2 PAGE AD (558 X 760) \$150/ONE PUBLICATION \$450/FOUR PUBLICATIONS	LOGO AND RECOGNITION ON TOP OF MAIN PAGE AD INCLUDED IN EACH PUBLICATION

INTERESTED - CALL 913-684-1702 OR 913-684-1658 EMAIL MARY.F.MANAGO.NA@ARMY.MIL

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Update
January 4, 2024
ACS WILL BE CLOSED THURSDAY, 4 JAN 2024, FROM 1130-1630 FOR TEAM BUILDING.

FOR IMMEDIATE ASSISTANCE: 913-684-1669
FOR VICTIM ADVOCATE: 913-683-2537

MOM'S NIGHT OUT

This NEW event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.

Jan 31 • Feb 28 • March 27 • April 24
 May 29 • June 26 • July 31 • Aug 28
 Sept 25 • Oct 30 • Nov 20 • Dec 11

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old.

Info: (913) 297-3212 or (913) 684-2800



DAD'S NIGHT OUT

Dad's Night Out is offered by ACS New Parent Support Program for Dads of children 0-3 years of age to get out of the house without the kids and meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.

Jan 24 • Feb 21 • March 20 • April 17
 May 22 • June 12 • July 24 • Aug 21
 Sept 18 • Oct 23 • Nov 13 • Dec 4

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Dads with children 0-3 years old.

For more info: (913) 297-3212 or (913) 684-2800



Financial Readiness Milestone Training

Are you financially prepared for what life throws your way? Let us help! We offer free Financial Readiness Training on a variety of subjects.

Some of the topics we will discuss:

- Pre-Deployment
- Post-Deployment
- PCS
- Marriage
- Divorce
- Vesting in TSP
- Promotion
- First Child
- Continuation Pay
- Disabling sickness/injury/condition

Held monthly every 2nd & 4th Thursday @ 0900am - 1100am. Bldg 198 Room 157

INFO: 913-684-2800



Empowering Families Lunch & Learn Workshop Series

12 - 1 pm via Microsoft Teams

- September 21**
Help, My Child is Struggling in School
- October 19**
Let's Talk IEPs
- November 16**
Challenging Behavior? Tips for Home and School
- January 18**
Understanding & Supporting Sensory Needs
- February 15**
Step Ahead at Age Three
- March 21**
Movin' On: Preparing for Your Next Move
- April 18**
Strategies for Supporting Your Child with Autism

For more information or to register, contact 913-684-2838 and 913-684-2871.



ACS New Parent Support Potty Training

Are you ready?

Time to lose the diapers?

FREE For Parents of Children aged 0-4 years *Pre-registration Required* Deadline is Friday before class Contact 913-297-3212

600 Thomas Ave Room 157
 2/26, 4/22, 6/17, 8/19, 10/28, 12/16
 5 pm - 7 pm



ACS New Parent Support Prenatal Classes

Free for Expectant Parents!

600 Thomas Ave Room 157 All classes are from 5 pm - 7 pm

Childbirth Classes:
 Series of three classes
 January 8th, 22nd, 29th
 March 4th, 11th, 18th
 May 6th, 13th, 20th
 July 15th, 22nd, 29th
 September 16th, 23rd, 30th
 November 4th, 18th, 25th

Newborn Care Classes:
 February 12th
 April 15th
 June 10th
 August 12th
 October 21st
 December 9th

Breastfeeding Classes:
 February 5th
 April 8th
 June 3rd
 August 5th
 October 7th
 December 2nd

Deadline for Registration is the Friday before the class. Pre-registration is required. Contact 913-297-3212



DOMESTIC VIOLENCE EDUCATION AND SUPPORT GROUP

When:
 November 7th and 21st
 December 5th & 19th
 January 2nd, 16th & 30th
 February 13th & 27th
 1:00PM-2:30PM

THIS GROUP IS:
 - SAFE
 - RELATABLE
 - EDUCATIONAL
 - RELEVANT
 - CONFIDENTIAL

Where:
 Resiliency Center
 600 Thomas Ave
 Room 145

FOR QUESTIONS CALL 913-683-2537




BOSS soldiers

here's what's happening

"let your voice be heard"

updated monthly

recreation & leisure • events • meetings
 quality of life • community service

"Refreshing Conversations"

Need to talk to someone who "gets it"? Come join your fellow EFMP Spouses for


Let's talk about the topics that impact our EFMP community!

Every first Thursday of the month @ the ACS classroom In The Resiliency Center 10:00 am - 11:00 am

Oct 5
 Nov 2
 Dec 7
 Jan 4
 Feb 1
 Mar 7
 Apr 4
 May 2
 Jun 6

Enjoy light refreshments, a delicious drink of the month, and great conversation!

Please register by calling 913-684-2800 or 913-684-2871




STRESS MANAGEMENT

Thursdays; Jan 18, Mar 14, May 16, July 18
 1130 - 1300 brown bag lunch class.
 ACS Conference Room 145

Registration Required must register by the day before the class you want to attend. Classes are for 18 and over

This one-session FREE class helps attendees identify stressors and symptoms of stress as well as how to select and implement stress management skills to overcome stressors of any kind. Learn how to take control of yourself by learning to control your stress, instead of allowing the stress to control you. End the class with a structured relaxation exercise.

To register or for more information, call (913) 684-2808/ 2800



ANGER MANAGEMENT

ACS Family Advocacy Program Presents:

December 14 • February 15 • April 18
 Thursdays from 11:30AM - 1PM
 ACS Conference Room, Room 145

Learn how to identify the different kinds of anger and ways anger is expressed. Build skills to deal with strong and destructive behavior and emotions.

FREE and open to DoD ID card holders 18 and above.

Childcare not provided.

Registration is required, and must be done the day before the class.

For more info or to register call, (913) 684-2808/4357



GROUP FITNESS CLASSES HOLIDAY SCHEDULE
DECEMBER 18, 2023—JANUARY 6, 2024
GRUBER FITNESS CENTER

Monday December 18 1630 30/30 Split	Tuesday December 19	Wednesday December 20 0530 Spin 1630 Power Cycling	Thursday December 21	Friday December 22	Saturday December 23
Monday December 25 Christmas Day Closed	Tuesday December 26 Training Holiday Closed	Wednesday December 27 1630 Power Cycling	Thursday December 28	Friday December 29	Saturday December 30
Monday January 1 New Years Day Closed	Tuesday January 2 Training Holiday Closed	Wednesday January 3 1630 Power Cycling	Thursday January 4	Friday January 5 0900 Zumba	Saturday January 6

HARNEY SPORTS COMPLEX

Monday December 18	Tuesday December 19 1630 Power Cut	Wednesday December 20	Thursday December 21	Friday December 22	Saturday December 23
Monday December 25 Christmas Day Closed	Tuesday December 26 Training Holiday Closed	Wednesday December 27	Thursday December 28	Friday December 29	Saturday December 30

Single Ticket For \$5.00
10 Tickets For \$45.00
20 Tickets For \$80.00

GRUBER FITNESS CENTER - 200 Reynolds Ave. - 684-5120
HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190

Starting Monday October 2nd, 2023

Fort Leavenworth Group Fitness Classes

GRUBER FITNESS CENTER - 200 Reynolds Ave. - 684-5120
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530			Spin (Karyn)			
0900	(0915) Zumba (Lydia)		(0915) Zumba (Lydia)		Zumba (Stephanie)	Zumba (Lydia)
1630	3030 Split (Kim)	Spin (Bethany)	Power Cycling (Kim)			
1830*		Zumba (Lydia)	*1830 ZUMBA *Must have 247 Access *Tickets must be purchased before class during open business hours.			

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		Power Cut (Kim)		Power Cut (Kim)		



Single Ticket For \$5.00
10 Tickets For \$45.00
20 Tickets For \$80.00



<https://leavenworth.armymwr.com>



918 WEIGHTLIFTING

FUNCTIONAL FITNESS CLASSES

CLASSES
Monday - Friday
9:00-10:15am
Harney Gym
185 Fourth Street
Fort Leavenworth, KS

ABOUT
Classes are designed to increase strength, power, speed, agility, and aerobic capacity by Olympic lifting, weight lifting, gymnastics, and plyometrics. This class is ideal for beginners and elite. Get healthier, get stronger, live longer. Enjoy professional programming in a supportive, encouraging environment.

PRICING
Monthly rates
3x week \$75
5x week \$85
Drop in \$10

CONTACT
For more info:
949-291-0386

Discover Fort Leavenworth's Fitness Facilities

Harney Sports Complex and Aquatics Center
200 Reynolds Ave
185 Fourth St
913-684-2190
M-F 0500-1800
Sat-Sun 0800-1700

Gruber Fitness Center
200 Reynolds Ave
913-684-5120
M-F 0500-1800
Sat-Sun 0800-1700

YOU'RE JUST A CLICK AWAY FROM A HEALTHIER YOU!

Adult Sports & Fitness

Scan Here for current information about adult intramural sports, pool hours, eligibility, how to register for 24/7 access, and special programs!

Group Fitness

Scan Here for current fitness classes, schedules, fees, and eligibility. FREE for Active Duty!

WE OFFER 24/7 Gym Access (After registration)

LET'S GO!

DECIDE TO COMMIT TO SUCCESS



Military Family Life Counselors (MFLCs)

RESILIENCY CENTER

(600 Thomas AVE. ROOM #136)
Adult MFLC 913-375-4732
Adult MFLC 571-497-9321

CHILD DEVELOPMENT CENTER

CYB MFLC 913-548-6151

SCHOOL ASSIGNED

BRADLEY: School MFLC 913-209-5522
EISENHOWER: School MFLC 913-295-2367
Patton/LV High: School MFLC 913-209-6312
MACARTHUR: School MFLC 256-749-7169

YOUTH SPORTS & FITNESS WINTER 2024

YOUTH WRESTLING
JANUARY 9 - FEBRUARY 29
REGISTRATION: OCT. 10 - NOV. 20
AGES 5 - 12 YEARS OLD • \$45

WRESTLING BASKETBALL

YOUTH BASKETBALL
JANUARY 8 - MARCH 2
REGISTRATION: OCT. 10 - NOV. 20
AGES 5 - 12 OR GRADES KINDER - 6TH • \$45

START SMART BASKETBALL
JANUARY 8 - FEBRUARY 12
REGISTRATION: OCT. 10 - NOV. 20
AGES 3 - 4 YEARS WITH PARENT • \$25 (OPTIONAL START SMART KIT \$30)

VOLUNTEER COACHES NEEDED!

FOR MORE INFORMATION, CALL 913-684-7525/7526

MUST HAVE SPORTS PHYSICAL ON FILE

IF CENTRALLY REGISTERED WITH EYE, YOU ONLY REGISTER AT ANY EYE LOCATION. WE STRIVE TO ENROLLMENT ONLY BE DONE WITH A CURRENT YOUTH SPORTS PHYSICAL.

FUN SHOOT

Brunner Range 1st Saturday of the Month

Jan 6 - Dec 7 2024

Feb 3, Mar 2, Apr 6, May 4, Jun 1, Jul 6, Aug 3, Sep 7, Oct 5, Nov 2.

Registration is required and can be done the day of the event from 9AM-10:30AM.

Space is limited so register early.

Rental guns and shells are available or bring your own.

Prizes and awards distributed at the end of each shoot.

Info: (913) 651-8132
701 Sheridan Drive

Brunner Range 2024 LEAGUE SCHEDULE

Winter Combo
4 January - 7 March

Spring Combo
21 March - 23 May

Summer Warm-up
6 June - 11 July
18 July - 22 August

Fall Combo
5 September - 7 November

Winter Warm-up
14 November - 19 December

Each league has a one-time payment of \$25. Payment is held for prizes at the end of each league. Combo leagues shoot on Thursday evenings. Teams consist of 5(+/-) shooters. All teams take turns supplying an evening meal at approximately 5:30 pm with shooting commencing at 6:00 pm. Summer and Winter Warm-up leagues are individual with the same fee but no food.

Contact Brunner Range for more information (913) 651-8132

R2PC ESCAPE ROOM

FIND THE CLUES. SOLVE THE MYSTERY. ESCAPE THE ROOM BEFORE TIME RUNS OUT.

The R2 Performance Center Escape Room is scheduling groups now.

Scan the QR code to schedule or contact us:

OFFICE: 913-292-4994
EMAIL: Cindy Swatek: SwatekC@magellanfederal.com

R2 PERFORMANCE CENTER

Follow us on Facebook: www.Facebook.com/LeavenworthR2PC

Join us for January in the Carolinas

Courtesy of Trails West Golf Course Simulator League

Participate in our January 2024 Golf Simulator League!
Play two of the finest golf courses in the Carolinas without ever leaving Post!

Week 1 - Pinehurst No. 2 (Front 9) Jan 7 - 13

Week 2 - Pinehurst No.2 (Back 9) Jan 14 - 20

Week 3 - Harbour Town (Front 9) Jan 21 - 27

Week 4 - Harbour Town (Back 9) Jan 28 - Feb 3

Teams choose their days and times to play

Jan 7- Feb 3
\$40 per player
2 person Scramble
Flexible tee times
Weekly Prizes
Championship Winner

Contact TWGC to sign up today!
913-651-7176

Pinehurst No. 2

Harbour Town

WEST COAST SWING Golf Simulator League

2 person Scramble 9 Holes

WEEK 1: SPANISH BAY FEB 11-17
WEEK 2: SPYGLASS HILL FEB 18-24
WEEK 3: TORREY PINES FEB 25-MAR 2
WEEK 4: PEBBLE BEACH MAR 3-9

\$40 PER PLAYER/
\$80 PER TEAM

FLEXIBLE TEE TIMES, WEEKLY PRIZES, OVERALL CHAMPIONSHIP WINNER, WIN FREE SIMULATOR SESSIONS!

CONTACT TWGC TO SIGN UP TODAY
913-651-7176

AVAILABLE NOW!

on **MILITARY CHILD CARE**.com

WINTER CAMP offers have started! Do you need care?

School Out & Seasonal Camp Care Options

Camp Dates are based on the USD 207 School Calendar & Federal Holiday closures.

Winter Break Week 1 Mon. - Fri. 18 - 22 DEC 2023

Winter Break Week 2 Tues. - Fri. 26 - 29 DEC 2023

Spring Break Mon. - Fri. 11 - 15 MARCH 2024

A separate Request for Care must be submitted for each week for the KG or 1st-5th Grade option

Requests for these camp weeks are NOT needed for children enrolled in the SY23-24 Before and/or After School Program at Osage.

Contact CYS Parent Central Office for more information: 913-684-5158 or 4956

VOLUNTEER BASICS

JAN 10 • MARCH 13 • MAY 15 • JUNE 26 • AUG 28 • SEPT 4

ACS CLASSROOM • 600 THOMAS AVE.

TIME: 12PM - 1PM

DO YOU WANT TO MAKE A DIFFERENCE IN OUR COMMUNITY? IF SO, THEN BE SURE TO CHECK OUT VOLUNTEER BASICS. LEARN ABOUT VOLUNTEER OPPORTUNITIES ON FORT LEAVENWORTH AND IN THE COMMUNITY. PARTICIPANTS WILL LEARN THE BENEFITS OF VOLUNTEERING AND HOW TO PROPERLY LOG HOURS INTO THE VOLUNTEER MANAGEMENT INFORMATION SYSTEM (VMIS).

REGISTRATION IS NOT REQUIRED. JUST SHOW UP.

INFO: (913) 684-2835

Clean Paws Pet Wash

Open 24 hours a day!

Merritt Lake Parking Lot
Cash, Coin and Card

Info: (913) 651-7176

ARMY COMMUNITY SERVICE ACS

Real-Life Solutions for Successful Army Living

Update As of: 19 October

ACS WILL BE CLOSED THURSDAYS FROM 0800-1300 FOR STAFF TRAINING.

FOR IMMEDIATE ASSISTANCE: 913-684-1669
FOR VICTIM ADVOCATE: 913-683-2537

We are sorry for the

January 2024



Event Schedule

New Parent Support Program

*Registration Required for NPSP events

Play Morning

Thursdays, 9:00am - 10:00am
& 10:00am - 11:00am
Resiliency Center

Childbirth Classes

Jan. 8, 22, 29, 5:00pm - 7:00pm
Resiliency Center, Room 157

Dad's Night Out

Jan. 24, 6:00pm - 8:00pm
Restaurant is TBD

Mom's Night Out

Jan. 31, 6:00pm - 8:00pm
Restaurant is TBD

Financial Readiness Program

Financial Readiness Milestone Training

Jan. 11, 25, 1:30pm - 3:30pm
Resiliency Center, Room 157

Survivor Outreach Services

The **SOS 2024 Upcoming Events Schedule** will be posted, detailing our planned, monthly events. Our goal is to provide this information in time for you to add each occasion to your schedule.

Family Advocacy

*Registration Required for FAP events

Scream Free Marriage & Parenting

Jan. 3, 1:00pm - 2:30pm
Resiliency Center, Room 145

Co-Parenting Workshop

Jan. 11, 12:00pm - 1:30pm
Resiliency Center, Room 145

5 Love Languages for Couples

Jan. 10, 1:00pm - 2:30pm
Resiliency Center, Room 145

Navigating the Teen Years

Jan. 16, 1:00pm - 2:30pm
Resiliency Center, Room 145

Stress Management

Jan. 18, 11:30am-1:00pm
Resiliency Center, Room 145

Domestic Violence Education & Support Group

Jan. 2, 16, 30, 1:00pm - 2:30pm
Resiliency Center, Room 145

Exceptional Family Member Program (EFMP)

*Registration Required for EFMP events

EFMP Recreational Bowling (free) for EFMP Members and their Families
Jan. 6, 10:30am - 12:30pm
Strike Zone Bowling Center

Empowering Families Lunch & Learn Workshop
Jan. 18, 12:00pm - 1:00pm,
Microsoft Teams

Sensory Storytime

January 19, 10:00am - 11:00am,
Carl Library

Employment Readiness Program

Federal Employment

Jan. 17, 12:00pm - 2:00pm
Resiliency Center, Room 157

Army Volunteer Corps

Volunteer Basics

Jan. 10, 12:00pm - 1:00pm
Resiliency Center, Room 157

Relocation Readiness

In-Processing Brief

Tuesdays, 9:00am - 10:00am
Resiliency Center, Room 157

OCONUS Levy Brief

Tuesdays, 10:00am - 11:00am
Resiliency Center, Room 157

Resiliency Center, 600 Thomas Ave, Building 198
913-684-2800 // 913-684-HELP(4357)

Hours: Monday - Wednesday, & Friday, 7:30am - 4:30pm (closed 1130-1230)

Thursday, 1:00pm - 4:30pm

Follow us on Facebook! @FortLeavenworthACS
Follow us on Twitter! @LeavenworthACS

CALL ACS TO REGISTER FOR CLASSES TODAY! ALL EVENTS LISTED ARE FREE!



Handicap access at the front of Building 198



SCHOOL
Empowering Families
Lunch & Learn
Workshop Series
12 - 1 pm via Microsoft Teams

September 21
Help, My Child is Struggling in School

October 19
Let's Talk IEPs

November 16
Challenging Behavior? Tips for Home and School

January 18
Understanding & Supporting Sensory Needs

February 15
Step Ahead at Age Three

March 21
Movin' On: Preparing for Your Next Move

April 18
Strategies for Supporting Your Child with Autism

For more information or to register, contact
913-684-2838 and 913-684-2871.

Come join us to learn the cues to look for when deciding to potty train! Learn valuable tips to get you started!

ACS
New Parent Support
Potty Training

Are you ready?

Time to lose the diapers?
FREE
For Parents of Children aged 0-4 years
*Pre-registration Required!
Deadline is Friday before class
Contact 913-297-3212

600 Thomas Ave
Room 157
2/26, 4/22, 6/17, 8/19,
10/28, 12/16
5 pm - 7 pm

ACS
New Parent Support
Prenatal Classes

Childbirth Classes:
Series of three classes
January 8th, 22nd, 29th
March 4th, 11th, 18th
May 6th, 13th, 20th
July 15th, 22nd, 29th
September 16th, 23rd, 30th
November 4th, 11th, 18th

Newborn Care Classes:
February 12th
April 15th
June 10th
August 12th
October 21st
December 9th

Breastfeeding Classes:
February 5th
April 8th
June 3rd
August 5th
October 7th
December 2nd

Free for Expectant Parents!

600 Thomas Ave
Room 157
All classes are from
5 pm - 7 pm

Deadline for Registration is the Friday before the class. Pre-registration is required.
Contact 913-297-3212

THE ORIGINAL
HARLEM GLOBETROTTERS
2024 WORLD TOUR

GET YOUR TICKETS NOW AT FORT LEAVENWORTH LEISURE TRAVEL SERVICES!

310 McPherson Ave, Bldg 464
913-684-2141

Saturday 6 APRIL @ 2PM
\$36 or \$56

Tickets Must Be Purchased By 27 March
Event Takes Place At The T-Mobile Center

Disney
ON ICE INTO THE MAGIC

Get Your Tickets Now @
Fort Leavenworth Leisure Travel Services

310 McPherson Ave, Bldg 464
913-684-2580

Saturday 27 JAN @ 11AM - \$39
Saturday 27 JAN @ 7PM - \$26
Sunday 28 JAN @ 3PM - \$39

Tickets Must Be Ordered By 17 January

GET TICKETS NOW @ FORT LEAVENWORTH LEISURE TRAVEL SERVICES!

310 McPherson Ave, Bldg 464
Or call @ 913-684-2580

Saturday 13 JAN @ 1 PM
Ticket - \$30
PIT PASS - \$25

Sunday 14 JAN @ 1 PM
Ticket - \$30
PIT PASS - \$25

Event Location:
T Mobile Center
Tickets Must Be Ordered By 03 Jan

Ready for the Big Screen? Book a Post Theater Birthday Party!

Event Space: \$225

Small Snack Package*: \$6 per kid includes drink, kid size popcorn, candy
Large Snack Package*: \$8 per kid includes drink, medium popcorn, candy

*minimum of 10

Call 913-684-2736 to book your party

ARMY MWR LIBRARY ONLINE RESOURCES
ON THE MOVE
AS OF OCTOBER 1, 2023

Find all of your favorite online resources on our new website:
<https://army.dodmwrlibraries.org>

Play Morning

Thursdays from 9-11:00 a.m.

Ages 3 months - 3 years with Guardian • Resiliency Center

Free play group for ages 3 months - 3 years and their parents/guardians.

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.

Army Community Service | Resiliency Center | 600 Thomas Ave. | Fort Leavenworth, Kansas

Registration required, cut off is day before event (913) 297-3212 or (913) 684-2800



www.facebook.com/acs.fortleavenworth



Munson Notes



MUNSON ARMY HEALTH CENTER

Volume 7, Issue 12

Special Holiday Edition

December 2023 January 2024

View the entire Munson Army Health Center newsletter at <https://munson.tricare.mil/Patient-Resources/Munson-Notes-Newsletter>.

Constant Dedicated Care

Information about Munson Army Health Center is available on the Web. Visit our [website](https://munson.tricare.mil/) at <https://munson.tricare.mil/>. Become a **Facebook** fan and follow our page by visiting <https://www.facebook.com/munsonhealth/>



Munson Address
550 Pope Ave,
Fort Leavenworth , KS 66027
Information: (913) 684-6000
Call Center: (913) 684-6250

Mission: Munson Army Health Center supports Fort Leavenworth and the Combined Arms Center through readiness, wellness and healthcare for service members, retirees, and their families.

Thank you for choosing Munson for your Healthcare needs!

Vision: Dedicated and trusted partner in your readiness, wellness, and healthcare.

Munson Notes are created by the Public Affairs Officer (684-6343) at Munson Army Health Center. If you know anyone who would like to receive the monthly Munson Notes link, e-mail the PAO at: usarmy.leavenworth.medcom-mahc.mbx.pao@health.mil with the word 'subscribe' in the subject line. The Munson Notes are usually published the last or first working day of the month depending on holidays. Our events and closures are also published in the local LAMP.

This is the last issue of the Munson Notes Newsletter until the NEW Public Affairs Officer comes on board. The Public Affairs e-mail box will be monitored by the Deputy Commander of Administration. Please check out our Facebook Page and Website for all new information.

January 2024

MUNSON ARMY HEALTH CENTER IS HIRING NOW!
Go to USA Jobs
Type in Munson Army Health Center for a listing of current Job Opportunities!

Apply Today!

Retiring?

Don't wait to get your medical needs addressed!

Your Health is our Priority



Book Now

Contact us :
(913) 684-6250

"Life's most persistent and urgent question is, 'What are you doing for others?'"
- Martin Luther King, Jr. "

Martin Luther King, Jr. Day

Today we celebrate the honorable life and work of Martin Luther King Jr. His significant contributions to the civil rights movement in the United States will never be forgotten. #MLKDay
We are CLOSED for the Federal Holiday January 15, 2024.

Sign up for EFMP...Don't Wait!



Do you have a Family Member that is enrolled in EFMP? Medical and/or educational documentation must be kept current as the condition changes or every three years, whichever comes first. Updates can be completed every 90 days. The EFM is enrolled permanently in the program unless medical and/or educational needs warrant case closure or the sponsor is separated from the military. You can find the expiration date for EFMP by logging into efmp.army.mil.



COVID-19 & Flu Vaccines are now available at Munson!

Walk-in only on the 3rd floor MAHC! Starting 4 Dec.

- Walk-ins available from 0800-1200 and 1300-1530.
- Go to 3rd floor front desk and ask for a walk-in Flu or COVID-19 vaccine.
- Wait times may vary depending on patient care demands.
- A physician's appointment is necessary for scheduled child and adolescent immunizations, including the Respiratory Syncytial Virus (RSV) vaccination.



There's still time to get a flu vaccine if you haven't yet this season. You can get a flu vaccine at the same time as a COVID-19 vaccine.

EFMP

EXCEPTIONAL FAMILY MEMBER PROGRAM NOVEMBER 2023

The Exceptional Family Member Program is a mandatory enrollment program that works with other military and civilian agencies to provide comprehensive and coordinated community support, housing, educational and medical services to families with special needs. Additionally, these special needs are considered when the Army assigns them a new post.

WHO IS CONSIDERED AN EXCEPTIONAL FAMILY MEMBER

An exceptional Family member is a someone with any physical, emotional, developmental or intellectual disorder that requires special treatment, therapy, education, housing or counseling, and meets the eligibility criteria.

- Someone that has a potentially life-threatening condition(s) and/or chronic medical/physical condition, a current and/or chronic mental health condition, a diagnosis of autism or another respiratory/vision diagnosis, a diagnosis of attention deficit disorder and/or attention deficit hyperactivity disorder.
- A family member that requires adaptive equipment, assistive technology devices, and/or architectural considerations.
- A family member that requires special education and related services.

If someone in your family fits the above criteria, you should make an appointment at your local Medical Treatment Facility (MTF) office for a family medical screening and enrollment.

Enrollment in the EFMP also ensures that Family members' documented medical and educational needs receive consideration during assignment coordination. The program has three components: identification and assessment of a family member with special medical or educational needs; assignment coordination to determine the availability of services at a Soldier assigned location; and support to help Families identify and access programs and services.

Enrollment for Soldiers is mandatory. Although Department of the Army civilian employees are not required to enroll in the program, they must identify dependent children with special educational and medical needs needs and have those needs each time they proceed for an assignment to a location outside the U.S. where Family member needs a substantial government expense.

DID YOU KNOW?

- Enrollment in the EFMP is more than a system of record for EFMP enrollment and assignment requirements. It also connects EFMP families to a network of resources providing valuable information, tools, and community support ensuring families stay well and thrive. Visit <https://efmp.army.mil> to learn more.

EFMP TIP OF THE MONTH

"Friends can 'stepping-stone' participants in Individualized Educational Program and SIV Plus meetings by allowing the SIV Questions to help guide the conversations."

- Who: Who will be responsible for providing the services and supports.
- What: What actions, processes and responsibilities the school is requesting you to consent to.
- When: Inquire as to time and frequency of proposed actions.
- Where: Where will the services and supports take place(s): general education classroom, resource classroom, school environment etc.
- Why: Why a particular proposal, action and/or recommendation is needed.
- How: What type of support, services or personnel will be used to accomplish the action, proposal and/or recommendation.

CONTACT US

Your concerns, suggestions, and complaints are important to improving the EFMP and the EFM program. Drop us a note at efmp@health.mil.

SENIOR LEADER DASHBOARD ACCESS

Commanders and CSAs now have access to the EFMP Senior Leader dashboard. The dashboard allows Commanders and CSAs to have a more view of pending EFMP enrollments and confirm Family Member (Family) members (FAM) profiles at any given command location. efmp.army.mil

All the new dashboard access is limited to Commanders and CSAs. To request access to the dashboard, Commanders and CSAs submit their name, rank, position, and COG DM to the EFMP mailbox at efmp@health.mil.

THIS IS OUR ARMY. www.armyhealthcenter.com @armyhealthcenter

EFMP

EXCEPTIONAL FAMILY MEMBER PROGRAM NOVEMBER 2023

NEWS HIGHLIGHTS

Supporting the Needs of the Soldiers and Family Members (SOF) EFMP Central Office is offering training sessions for Soldiers and Family Members. Topics include: Special Education and how to leverage the EFMP system. These trainings will occur on the Soldier and Family Member access to the support center reports.

FREQUENTLY ASKED QUESTIONS

Q: How long does it take to complete an EFMP enrollment?
A: A family member may be enrolled in EFMP for medical and educational special needs. Training, counseling and other support is available for the remainder of the enrollment. The waiting process may possibly take a few more days for the enrollment process. For complete details please refer to the Exceptional Family Member Program (EFMP) Manual (AR 600-23).

EFMP MEDICAL/EDUCATIONAL ENROLLMENT

METRICS

EFMP Enrollment as of 15 Oct 23	
Active Member	64,733
Child Member	63,543
EFMP Enrollment Type	
Medical	46,440
Educational	4,822
Sub	13,471
EFMP Enrollment Status	
Active Enrollment Type	47,455
Single Medical Enrollment	37,855
Single Educational Enrollment	41,455
Single Sub Enrollment	13,471

RESOURCES

- Army Reserve (AR) EFMP: efmp.army.mil
- Army National Guard (ANG) EFMP: efmp.army.mil
- Army garrison EFMP: efmp.army.mil
- Army Reserve (AR) EFMP: efmp.army.mil
- Army National Guard (ANG) EFMP: efmp.army.mil
- Army garrison EFMP: efmp.army.mil

2023

OCTOBER: 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31

NOVEMBER: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30

2024

JANUARY: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31

FEBRUARY: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28

Join EFMP Soldier and Family Member Training

Join EFMP Training on Tuesday
1700-1800 hrs ET: efmp.army.mil and 1800-1900 hrs ET: efmp.army.mil
Join EFMP Training on Thursday
1800-1900 hrs ET: efmp.army.mil and 2000-2100 hrs ET: efmp.army.mil
Education training meeting link: efmp.army.mil

EFMP Central Office and Best Point EFMP Family Support and School Liaison Program present:

- 10 Nov 23 08:00 am ET: When Does a Child Qualify for Special Education? A Training for Parents.
- 16 Nov 23 08:00 am ET: When Does a Child Qualify for Special Education? A Training for Professionals.
- Education training meeting link: efmp.army.mil

EFMP Central Office, Student and Family Support and School Liaison Program present:

- 17 Nov 23 10:00 am ET: Open Company and Help, Don't Run and Leave: How to Manage an EFMP Training. Understanding Your Family Rights in the Special Education Process: The 100 of Special Education.
- Education training meeting link: efmp.army.mil

THIS IS OUR ARMY. www.armyhealthcenter.com @armyhealthcenter

Warfighter Brain Health Resources for Leaders



health.mil/TBIResourcesforLeaders

Pharmacist Questions?

PHARMACY



The pharmacists at Munson are available to talk to you directly about your medications. They can help you understand how to use your medicine correctly, what your medicine is supposed to do, and the possibility of reactions or side effects. You can also talk to your pharmacist about how to store and take medication, what foods or activities to avoid, and what to do if you miss a dose. If you would like to talk to someone about your medicines, please dial (913) 684-6250 opt 2, and your pharmacist can help.

CALL TODAY TO BOOK YOUR APPOINTMENT FOR OPTOMETRY!
913-684-6250

