

SKIES

CATALOG

FALL 2017

SKIES Unlimited
Schools of Knowledge, Inspiration, Exploration & Skills

THE SKY IS THE LIMIT



General Information

SKIESUnlimited is a part of the Army's Division of Child and Youth Services under the Directorate of Family and Morale, Welfare and Recreation (Family and MWR).

Our mission is to provide the children and youth of Fort Leavenworth with a variety of classes taught by qualified, imaginative, and dedicated instructors, creating experiences of value, excellence, and enjoyment. In addition, all Fort Leavenworth CYS SKIESUnlimited instructors have had local and national background checks, training in CPR, First Aid, Child Abuse Awareness, Reporting and Prevention, Guidance, Child Developmental Guidelines, and Safety.

Registration Information: Registration for Child, Youth & School Services takes place at Parent Central, which is located in the Resiliency Center, Building 198, 600 Thomas Avenue. All students **MUST** be registered at Parent Central before enrolling in any SKIES programs. Registration is valid for 12 months and may be used for all Fort Leavenworth CYS Services programming. The following information is required for registration: names and phone numbers of sponsor and spouse, two local emergency contacts, immunization records, AKO email address, and a physical/health assessment. Patrons are given up to 30 days to submit local emergency points of contact and physicals.

Enrolling for SKIES Classes: Once you have completed the registration process, you may enroll/sign up for classes or programs at any CYS Services location. You can also enroll by phone (684-3206) or by using the Webtrac online system, <https://webtrac.mwr.army.mil/webtrac/leavenworthcyms.html> (user ID and password are available from Parent Central). **Please be aware that enrollment is on a first-come, first-served basis. To ensure that your child retains his/her slot in a class, it is highly recommended that you enroll early in continuing sessions.**

Eligible Patrons: Eligible patrons for the SKIES program include children and youth whose sponsors are one of the following: active duty military, Fort Leavenworth DoD civilian employee (GS, NSPS, NAF, and DOD Contractor), Activated National Guard or Reservist, and retired military.

Payment Policy: Payment for SKIES classes is due at enrollment. Your child's name will be placed on the roster only when payment has been made. We accept payment by cash, check, or credit/debit card. Second child discounts do not apply to any SKIES programs.

Makeup Classes, Cancellation and Refund Policy: Refunds are **NOT** authorized for child illnesses, cancellations due to weather, family trips, or withdrawal after the class has started. Make up classes will be offered if at all possible, depending on the instructor's schedule. Refunds may be granted for extenuating circumstances such as prolonged absence due to illness or PCS orders. If you feel this is the case, a refund may be requested in writing to the SKIES Program Director. In the event a class is cancelled due to instructor unavailability, a makeup class will be offered, but no refund will be given. When on-post schools cancel classes for inclement weather (i.e. snow), SKIES also cancels all classes. Please call your child's instructor if you ever question whether class is canceled or the weather hotline at 913-684-5113.

Deployment Support Services (DSS): Parents may receive a deployment fee reduction for regularly scheduled child care and reduction for other deployment support services. DSS benefits are available for Army Wounded Warriors/Warriors in Transition, Survivors of Fallen Soldiers, Pre-Deployment Briefings, & other categories. Please contact Parent Central Services for the most current information regarding Deployment Support Services and the required documentation to receive the benefits. These benefits are only available to DSS eligible Army service soldiers/families. Benefits/fee reductions are effective once documentation has been provided and category of qualification is determined. Adjustments are not made retroactively.

IMPORTANT NOTICE: RESCUE MEDS (e.g. inhalers, Epi-Pens) will **NOT** be administered by SKIES instructors. If a child requires an inhaler or Epi-Pen and is not authorized by a physician to self-administer, the parent will be required to remain on site during the SKIES class.

Visit Webtrac <https://webtrac.mwr.army.mil/webtrac/leavenworthcyms.html>, the Family and MWR website www.fortleavenworthfmwr.com, or call the SKIES office at 684-3207 or text 785-375-2695 for up-to-date information on new SKIES classes.

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* All schedules are subject to change due to instructor scheduling and availability.
Please like the Ft Leavenworth CYSS page on FaceBook.

TUTORING

LEARNING CONNECTION

Ages: Children in grades 1-6

Wednesdays and Thursdays 4:30-5:15 pm

Costs: \$8 per lesson

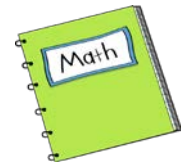
Session 1: September \$64

Session 2: October/November \$112

Location: Patch School-Age Services/SKIES Center, 320 Pope Avenue

Instructor: John Leon 913-702-2484

This class is offered to school-age children in grades 1 through 6. Activities will be individualized based on the specific needs of each student. Primary focus will be on reading, writing, and math. Games, student interaction, and personalized strategies will be used to make learning fun. Students are welcome to bring their homework and computer for assistance. Parents may wish to contact the instructor in advance to discuss learning needs. This is a great way for your child to catch up, brush up, or get a head start on essential academic skills in a friendly, informal setting. A signed parent agreement is required for students to use WiFi.



SCIENCE TECHNOLOGY ENGINEERING ART AND MATH FOR KIDS

Ages: 7-10+

Cost:\$48.00 for four lessons

Instructor: Mrs. Rachel

Thursdays at 6:00-6:45pm

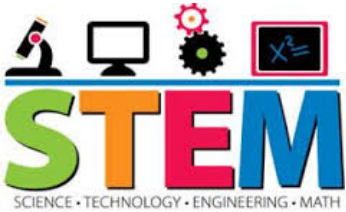
Session 1: September

Session 2: October

Session 3: November

Location: Patch Community Center/SKIES, 320 Pope Avenue

This class is offered to school-age children ages 7-10. Activities will incorporate aspects of science, technology, engineering, art and math through fun activities and projects. Every month will be different, sign up for one month or more.



WITH ART ALSO INCORPORATED INTO THE LESSONS



DANCE CLASSES

Ages: 3-12 years

Cost: \$10 per lesson

Starting the week of 7 August.

August-September,

October and November,

December and January

Instructors: Holly Harmison

Classes will not meet during Federal Holidays or Winter Break, and no fees are charged for the break or holidays. A dance recital will be held in Spring. To guarantee a space in the recital, students must be attending class by January 31. Holly began her life as a dancer at the age of three. Holly's dance education began in Topeka, KS at Barbara's Conservatory of Dance where she trained in ballet, tap, jazz and modern dance forms. She performed in many leading roles once she became a dancer for Ballet Midwest, a non-profit ballet company in Topeka. Holly received a BA in FineArts in Dance from the University of Kansas in 2006. Holly started her professional career with Kacico Dance in 2008 and this will be her 9th season with the company. Along with her performance career she has been an instructor of dance since 2001.

Important notes for dancers:

- Dress code is black leotard, pink tights and ballet, jazz or tap shoes
- Hair must be in a ponytail, pinned, bun, or pinned back for every class.
- Street shoes and bare feet are not allowed in the Dance Studio.

Class Schedule	Day	Times	Holidays	Dates	Fee	# of Classes
Ballet 5-7 yrs	Tuesdays	1600-1650	None	7 Aug – Sep	\$80	8
Ballet 8-9 yrs	Tuesdays	1700-1750	None	7 Aug – Sep	\$80	8
Creative Movement/Pre-Ballet 3-4 yrs	Tuesdays	1800-1845	None	7 Aug – Sep	\$80	8
Ballet 10-12 yrs	Tuesdays	1900-1950	None	7 Aug – Sep	\$80	8
Creative Movement/Pre-Ballet 3-4 yrs	Wednesdays	1400-1445	None	7 Aug – Sep	\$80	8
Homeschool Ballet 7-10 years	Wednesdays	1500-1550	None	7 Aug – Sep	\$80	8
Jazz/Tap Combo 5-7 years	Wednesdays	1600-1650	None	7 Aug – Sep	\$80	8
Creative Movement/Pre-Ballet 3-4 yrs	Wednesdays	1700-1745	None	7 Aug – Sep	\$80	8
Creative Movement/Pre-Ballet 3-4 yrs	Thursdays	1400-1455	None	7 Aug – Sep	\$80	8
Jazz/Tap Combo 8-9 years	Thursdays	1600-1650	None	7 Aug – Sep	\$80	8
Ballet 5-7	Thursdays	1700-1750	None	7 Aug – Sep	\$80	8

Class Schedule	Day	Times	Holidays	Dates	Fee	# of Classes
Ballet 5-7 yrs	Tuesdays	1600-1650	Nov 21-24	Oct/Nov	\$80	8
Ballet 8-9 yrs	Tuesdays	1700-1750	Nov 21-24	Oct/Nov	\$80	8
Creative Movement/Pre-Ballet 3-4 yrs	Tuesdays	1800-1845	Nov 21-24	Oct/Nov	\$80	8
Ballet 10-12 yrs	Tuesdays	1900-1950	Nov 21-24	Oct/Nov	\$80	8
Creative Movement/Pre-Ballet 3-4 yrs	Wednesdays	1400-1445	Nov 21-24	Oct/Nov	\$80	8
Homeschool Ballet 7-10 years	Wednesdays	1500-1550	Nov 21-24	Oct/Nov	\$80	8
Jazz/Tap Combo 5-7 years	Wednesdays	1600-1650	Nov 21-24	Oct/Nov	\$80	8
Creative Movement/Pre-Ballet 3-4 yrs	Wednesdays	1700-1750	Nov 21-24	Oct/Nov	\$80	8
Creative Movement/Pre-Ballet 3-4 yrs	Thursdays	1400-1445	Nov 21-24	Oct/Nov	\$80	8
Jazz/Tap Combo 8-9 years	Thursdays	1600-1650	Nov 21-24	Oct/Nov	\$80	8
Ballet 5-7	Thursdays	1700-1750	Nov 21-24	Oct/Nov	\$80	8



Creative Movement/Pre-Ballet:

Dancers will explore movement and rhythm as it relates to their bodies and space. Basic coordination and locomotor skills will be developed with the aid of imagery, text, props, and music. Ballet skills will be introduced and the development of posture, flexibility, rhythm, and poise are the goals of the class.

Ballet, 5-7 year olds:

Basic ballet skills will be learned in a relaxed but structured environment. Dancers will learn proper ballet terminology and pair it with the correct movements. Barre exercises will be introduced as well as work in the center.

Ballet 8-12 years & Homeschool: Ballet:

A strong foundation for the study of classical ballet will be learned. Dancers will work on the development of correct posture, locomotor movements, and musicality. In addition, attention to proper body placement and technique will be the focus of this class.

Dance continued:**Jazz/Tap Combo**

Dancers will spend 30 minute exploring each dance style. In jazz, proper stretching and core strengthening techniques will be learned. Traditional jazz technique will be introduced and skills such as body isolation, turning, jumping, and leaping will be learned. Dancers are encouraged, yet not required, to take ballet class in conjunction with their jazz study as basic ballet fundamentals are used. In tap, coordination and rhythm are the focus. Basic tap steps will be introduced and dancers will work on combining and traveling steps in the dance space.

**DANCE CLASSES ARE HELD AT PATCH COMMUNITY CENTER,
PLEASE WAIT IN DESIGNATED WAITING AREAS**



JUJITSU

Ages: 5-17 years

Cost: \$100 per 2-month session (\$50 for one month)

Times: Monday and Wednesday 5:30-6:15 pm

August (\$50 for 1 month)

September No class September 4th (\$50 for 1 month)

October/November No class Oct. 9, Nov. 20 & 23rd

(\$100)

Instructors: Frank Barry (assisted by Sharon Vandenberg and other volunteer instructors)

Location: Harney Sports Complex, East Gym Martial Arts Area

Jujitsu is a Japanese martial art developed for close combat with or without a weapon. Self-defense is taught from a situational perspective, using concepts of avoidance, control, disable, and neutralization to cover the range of responses available to deal with any situation.

NOTE: *Since Harney Gym is an adult facility and to ensure your child's safety, it is policy that all children 15 and under must be physically accompanied to and from jujitsu classes by a parent or another adult designated by the parent; please help us keep your child safe by complying with this policy.*

ATA TAEKWONDO / KARATE FOR KIDS AND TINY TIGERS PROGRAM



Ages: Tiny Tigers 3-5 yrs; Karate for Kids 6-12 yrs

Schedule

(all classes are held on Tuesday and Thursday):

4:00-4:30 pm, Tiny Tigers

4:45-5:30 pm, Karate for Kids

July/August: class will pro-rate \$8 per lesson

September: 5-27 \$64

October/November:

Location: Harney Sports Complex

Instructor: Diane Long

Karate for Kids is a licensed martial arts program through the American Taekwondo Association (ATA) with over 1500 schools worldwide. This allows the opportunity for military families to transfer to another ATA School and keep all rewards/belts earned. Also the material taught is consistent throughout all ATA Schools. Children will experience a fun, safe and family-friendly environment as they learn self-defense, fitness, and bully prevention.

Ages: Tiny Tigers 3-5 years and Karate for Kids 6-12 year

ATA Tiny Tiger Program (ages 3-5) - The Taekwondo for Tiny Tigers program is designed specifically for preschool-age children. This program offers children a strong foundation in essential character qualities such as: confidence, courtesy, respect, discipline, honesty and perseverance. In addition, the Taekwondo for Tiny Tigers program is designed to improve children's motor skills and enhance their ability to follow directions. All classes are taught using the safest, most fun, and exciting instruction methods for this age group.

ATA Taekwondo/Karate for Kids Program (ages 6-12) - Karate for Kids is a traditional Taekwondo program that focuses on physical and mental improvement in disciplined, fun-filled classes for children ages 6 to 12. There are many reasons for kids to become involved in the martial arts. The Karate for Kids system is based on a lifetime learning concept in addition to technical skills. The building blocks for our system are themes, such as: goals, self-control, courtesy, integrity, friendship, confidence, self-awareness, self-esteem, perseverance, self-improvement, respect and dedication. In addition, the Karate for Kids program is designed to improve self-confidence, coordination and self-discipline.

NOTE: Since Harney Gym is an adult facility and to ensure your child's safety, it is policy that all children 15 and under must be physically accompanied to and from martial arts classes by a parent or another adult designated by the parent; please help us keep your child safe by complying with this policy.



LIL' DRAGONS

Ages: 3-6 years

Location: Sagasu Family Martial Arts

Instructor: Karen Baker

Schedule: Fridays 4:30- 5:00

Session 1: 4 -25 August	4 class \$60
Session 2: 1- 29 September	4 classes \$60
Session 3: 6-27 October	4 classes \$60
Session 4: 3-17 November	3 Classes \$45
Session 5: 1-15 December	3 Classes \$45

Kids aged 3-6yrs are the most enthusiastic Students. They love creativity and problem solving, which makes them ideal students in the martial arts. The problem we discovered is they are so progressive; some teachers tend to treat them like their older peers. This is a problem because they still do not have the basic skills necessary to keep up with the children ages 7 and up. The solution we found is to provide them with their own program that targets their stage of development in a manner that adapts to their social and intellectual curiosity while at the same time building skills that set them up for success. With that said a structured program introducing basic skill-based training in Martial arts has proven to be very successful.

*These classes are held off post in Leavenworth.

About The Teacher:



Karen Baker – Karen has been practicing martial arts since age 3 years old and is the program director at Sagasu Family Martial Arts. She has been instructing classes for 10+ years, and loves seeing her students leave with a smile. She is a third-degree black belt with traditional training in Karate, Tae Kwon Do, and Kung Fu. She has found her passion of helping people of all ages become the best version of themselves through martial arts training.

GOLF

JUNIOR GOLF CLINIC

Ages: 7-17 years

Cost: \$75 per 3-day session

26-28 Sep, 4:30-6:30 pm

24-26 Oct, 4:30-6:30 pm

Minimum of 6 students required

Instructor: Nancy Hoins-Bollin adaptive PE teacher and former LPGA golfer

Ph 913-306-3769

Location: Trails West Golf Course

Camps encompass a fundamental introduction to all elements of the game of golf including etiquette as well as an "On Course" experience. The classes are taught by Trails West Director of Instruction, Nancy Hoins, who was an LPGA Tour Player & adaptive Physical Educator by profession. Nancy has over 20 years' experience teaching, coaching, & instructing golf along with a lifetime of playing experience. Golf clubs and golf balls are provided. Please wear closed shoes such as sneakers.



ARCHERY

INTERMEDIATE ARCHERY

Costs: \$75 per 6 session class

Ages: 9-12 22 Aug-26 Sep 6:00-7:00 pm

Ages: 7-9 3 Oct-14 Nov 6:00-7:00 pm (with lighter bows available)

Minimum of 3 enrolled

Location: Harrold Youth Center

INTRO TO ARCHERY

Costs: \$60 per 4 session class

Ages 7-9 5-26 October 6:00-7:00pm (with lighter bows available)

Minimum of 3 enrolled

Location: Harrold Youth Center

ENROLLMENT OPENS 18 July AND CONTINUES THROUGHOUT THE FALL!

Gymnastics Class Descriptions

Parent/Tot Gymnastics. 1-2 years old and 2-4 years old

Parent and child will work together to learn essential gymnastics skills, make new friends and enjoy conquering the new challenges presented to them in the new circuits each week!

Pre-Gym. 4-5 years

Children receive the opportunity to participate in gymnastics class independently and learn basic gymnastics skills at a faster pace!

Beginning Gym. 6+ years

An entry level class designed for kids who don't have any prior gymnastics experience OR who still need to polish up their basic skills! They will be taken to a new apparatus each week in order to accelerate the pace at which they pick up essential gymnastics skills.

Gym I-requires instructor approval before enrolling. 6+ years

This class is suited to gymnasts who are ready to expand upon their knowledge and execution of basic gymnastics skills! In this class, girls will be taught not only newer, more challenging skills but also the proper execution of their skills with the purpose of refining their gymnastics.

Gym II- requires instructor approval before enrolling. 6+ years

This is a fast-paced, skill-oriented class where girls are taught competitive level gymnastics (USAG Levels 3-4 skills) in a non-competitive environment. In this progress-oriented class, girls will be held to a higher standard as they are taught more difficult skills and pushed to new heights!

Gym III/Advanced- requires instructor approval before enrolling. 6+ years

Girls are taught competitive level gymnastics skills (USAG Levels 5+) in a non-competitive environment. Classes are geared toward building on an already well-established foundation of gymnastics knowledge, skills and execution to facilitate reaching an even higher standard of excellence.

Boys Gym- requires instructor approval before enrolling. 6+ years

This class is specifically geared towards learning the unique palette of skills necessary for entry level boy's gymnastics. Because boys utilize different apparatuses than girls, this class is appropriate for boys of any athletic background that would like to challenge themselves with gymnastics.

Tumbling. 6+ years

This class is suited to anyone that has an interest in learning how to tumble! Every class focuses on proper technique and constantly adding to their repertoire of skills! This class is also appropriate for budding cheerleaders who would like to add tumbling to their list of skills.

Homeschool Gym. 6+ years

This class is meant to be flexibly timed, to allow kids that are home-schooled the opportunity to participate in entry level gymnastics classes! All skill levels are welcome in this class designed to lay a foundation of gymnastics knowledge for all participants!

**Private Lessons will also be available. Each lesson is 30 minutes and \$17.00
Please contact SKIES Director by text 785-375-2695**



Meet our Gymnastics Instructors:



Demeka Williams (gymnastic cell-913-704-5171)

Demeka has been an instructor with the SKIES gymnastics program for the past 10 years and has lived in the Leavenworth community for 20 years. She has been participating in gymnastics since a young age and was a cheerleader throughout high school and college. Demeka's passion is teaching and watching children accomplish their goals through the SKIES gymnastics program. She loves working with military children and being part of The Best Hometown in the Army.



Chantel Coates

Chantel has been employed by Child, Youth & Services since July 2005. She really enjoys serving military families and being a part of this community. Chantel has taken dance since she the age of five and as taught gymnastics/acrobatics for three years. Exercise is a major part of her life and she really enjoys helping children maintain healthy, active lifestyles.



JaimeLynn Luyster

Jaime has joined the SKIES gymnastics program from West Point where she coached recreational gymnastics. Jaime attended North Carolina State University where she was a NCAA Division I gymnast. As a level 10 competitor, she won several state and regional championship titles and qualified to compete nationally. Jaime has coached competitive and recreational gymnastics throughout her life. Her family also owns a gymnastics facility in Myrtle Beach, SC.

NOTE: *Since Harney Gym is an adult facility and to ensure your child's safety, it is the CYS Services policy that all children 15 and under must be physically accompanied to and from Gymnastics classes by a parent or another adult designated by the parent; please help us keep your child safe by complying with this policy.*

IMPORTANT: *The equipment in the Gym area is for use only by students enrolled in the class being taught at that time. Waiting parents and siblings may sit in the designated waiting area; waiting siblings are not permitted to play on the equipment or wander around the gym. While in the gym, they must stay in the designated area. This policy exists to prevent injury and promote the best possible learning environment for our students.*

August/September

Level	DAY(S)	TIMES	Dates	Holidays	Fee	# of Classes
Parent/Tot 1-2 yrs	M	1000-1030	7 Aug – 25 Sept	4-Sep	\$77	7
Parent/Tot 2-4 yrs	M	1030-1115	7 Aug – 25 Sept	4-Sep	\$91	7
Pre-Gym 4-5 *	M	1115-1200	7 Aug – 25 Sept	4-Sep	\$91	7
Beg Gym 6+ yrs	M	1600-1700	7 Aug – 25 Sept	4-Sep	\$98	7
Girls Gym I 6+ yrs	M	1700-1800	7 Aug – 25 Sept	4-Sep	\$98	7
Parent/Tot 2-4 yrs	M	1800-1845	7 Aug – 25 Sept	4-Sep	\$91	7
Parent/Tot 2-4 yrs	Tu	0930-1015	8 Aug – 26 Sept	NONE	\$104	8
Pre-Gym 4-5 yrs	Tu	1015-1100	8 Aug – 26 Sept	NONE	\$104	8
Beg Gym 6+ yrs	Tu	1600-1700	8 Aug – 26 Sept	NONE	\$112	8
Parent/Tot 1-2 yrs	Tu	1700-1730	8 Aug – 26 Sept	NONE	\$88	8
Girls Gym II 6+ yrs	Tu	1730-1830	8 Aug – 26 Sept	NONE	\$112	8
Parent/Tot 2-4 yr	W	0900-0945	9 Aug – 27 Sept	NONE	\$104	8
Parent/Tot 1-2 yrs	W	0945-1015	9 Aug – 27 Sept	NONE	\$88	8
Pre-Gym 4-5 yrs	W	1030-1115	9 Aug – 27 Sept	NONE	\$104	8
Parent/Tot 1-2 yrs	W	1630-1700	9 Aug – 27 Sept	NONE	\$88	8
Girls Gym 1	W	1700-1800	9 Aug – 27 Sept	NONE	\$112	8
Pre-Gym 4-5 yrs	W	1700-1745	9 Aug – 27 Sept	NONE	\$104	8
Parent/Tot 1-2 yrs	Th	0900-0930	10 Aug – 28Sept	NONE	\$88	8
Homeschool Gym 6+	Th	0930-1030	10 Aug – 28Sept	NONE	\$112	8
Pre-Gym 4-5 yrs	Th	1030-1115	10 Aug – 28Sept	NONE	\$104	8
Parent/Tot 2-4 yrs	Th	*1115-1200	10 Aug – 28Sept	NONE	\$104	8
Pre-Gym 4-5 yrs	Th	1600-1645	10 Aug – 28Sept	NONE	\$104	8
Tumbling 6+ yrs	Th	1700-1745	10 Aug – 28Sept	NONE	\$104	8
Pre Gym	Th	1800-1845	10 Aug – 28Sept	NONE	\$104	8
Boys Gym	Th	1745-1845	10 Aug – 28Sept	NONE	\$112	8
Beg Gym	Fr	1600-1700	11 Aug – 29Sept	NONE	\$112	8
Girls Gym III	Fr	1700-1830	11 Aug – 29Sept	NONE	\$128	8
Beg Gym	Fr	1830-1930	11 Aug – 29Sept	NONE	\$112	8

NOTE: SINCE HARNEY GYM IS AN ADULT FACILITY AND TO ENSURE YOUR CHILD'S SAFETY, IT IS THE CYS SERVICES POLICY THAT ALL CHILDREN 15 AND UNDER MUST BE PHYSICALLY ACCOMPANIED TO AND FROM SWIM CLASSES BY A PARENT OR ANOTHER ADULT DESIGNATED BY THE PARENT; PLEASE HELP US KEEP YOUR CHILD SAFE BY COMPLYING WITH

Oct/Nov (Thanksgiving Break 22 – 25 November NO CLASSES)

Level	DAY(S)	TIMES	Dates	Holidays	Fee	# of Classes
Parent/Tot 1-2 yrs	M	1000-1030	2 Oct - 30 Nov	9-Oct	\$88	8
Parent/Tot 2-4 yrs	M	1030-1115	2 Oct - 30 Nov	9-Oct	\$104	8
Pre-Gym 4-5 yrs *	M	1115-1200	2 Oct - 30 Nov	9-Oct	\$104	8
Beg Gym 6+ yrs	M	1600-1700	2 Oct - 30 Nov	9-Oct	\$112	8
Girls Gym I 6+ yrs	M	1700-1800	2 Oct - 30 Nov	9-Oct	\$112	8
Parent/Tot 2-4 yrs	M	1800-1845	2 Oct - 30 Nov	9-Oct	\$104	8
Parent/Tot 2-4 yrs	Tu	0930-1015	3 Oct – 30 Nov	NONE	\$117	9
Pre-Gym 4-5 yrs	Tu	1015-1100	3 Oct – 30 Nov	NONE	\$117	9
Beg Gym 6+ yrs	Tu	1600-1700	3 Oct – 30 Nov	NONE	\$126	9
Parent/Tot 1-2 yrs	Tu	1700-1730	3 Oct – 30 Nov	NONE	\$99	9
Girls Gym II 6+ yrs	Tu	1730-1830	3 Oct – 30 Nov	NONE	\$126	9
Parent/Tot 2-4 yrs	W	0900-0945	4 Oct – 30 Nov	22-Nov	\$104	8
Parent/Tot 1-2 yrs	W	0945-1015	4 Oct – 30 Nov	22-Nov	\$88	8
Pre-Gym 4-5 yrs	W	1030-1115	4 Oct – 30 Nov	22-Nov	\$104	8
Parent/Tot 1-2 yrs	W	1630-1700	4 Oct – 30 Nov	22-Nov	\$88	8
Pre-Gym 4-5 yrs	W	1700-1745	4 Oct – 30 Nov	22-Nov	\$104	8
Girls Gym I 6+ yrs	W	1700-1800	4 Oct – 30 Nov	22-Nov	\$112	8
Parent/Tot 1-2 yrs	Th	0900-0930	5 Oct – 30 Nov	23-Nov	\$88	8
Homeschool Gym 6+	Th	0930-1030	5 Oct – 30 Nov	23-Nov	\$112	8
Pre-Gym 4-5 yrs	Th	1030-1115	5 Oct – 30 Nov	23-Nov	\$104	8
Pre-Gym 4-5 yrs	Th	1600-1645	5 Oct – 30 Nov	23-Nov	\$104	8
Tumbling 6+ yrs	Th	1700-1745	5 Oct – 30 Nov	23-Nov	\$112	8
Boys Gym	Th	1800-1900	5 Oct – 30 Nov	23-Nov	\$112	8
Beg Gym	Fr	1600-1700	6 Oct – 30 Nov	10- & 24-Nov	\$84	6
Girls Gym III	Fr	1700-1830	6 Oct – 30 Nov	10- & 24-Nov	\$96	6
Beg Gym	Fr	1830-1930	6 Oct – 30 Nov	10- & 24-Nov	\$84	6
Parent/Tot 1-2 yrs	Sa	0900-0930	7 Oct – 30 Nov	25-Nov	\$88	8
Pre-Gym 4-5 yrs*	Sa	0930-1015	7 Oct – 30 Nov	25-Nov	\$104	8
Parent/Tot 2-4 yrs	Sa	1030-1115	7 Oct – 30 Nov	25-Nov	\$104	8
Beg Gym	Sa	1130-1230	7 Oct – 30 Nov	25-Nov	\$112	8
Teen Tumbling	Sa	1230-1330	7 Oct – 30 Nov	25-Nov	\$112	8

Harney Sports Complex Swimming Lessons

Enrollment for Swim Lessons Opens on the 15th at 0900 of the month prior. (*example: October swim enrollment opens on September 15th.)

Group Lessons have a maximum of 6 children per instructor.

# of classes per session	price
8 classes	\$64.00
6 classes	\$48.00
4 classes	\$32.00

Preschool Swimming Lesson Descriptions:

PRESCHOOL: (*3 and 4 year olds) – Introduction to swimming. Includes instruction on: Entering and exiting the pool safely, Blowing bubbles, Gliding, Floating, Front crawl and Elementary backstroke. Instructor will provide support and assistance with skills if needed. Participants must be potty-trained or wear an approved swim diaper.

No prerequisites are required.

NOTE: SINCE HARNEY GYM IS AN ADULT FACILITY AND TO ENSURE YOUR CHILD'S SAFETY, IT IS THE CYS SERVICES POLICY THAT ALL CHILDREN 15 AND UNDER MUST BE PHYSICALLY ACCOMPANIED TO AND FROM SWIM CLASSES BY A PARENT OR ANOTHER ADULT DESIGNATED BY THE PARENT; PLEASE HELP US KEEP YOUR CHILD SAFE BY COMPLYING WITH THIS POLICY.

Swimming Lesson Level Descriptions:

LEVEL 1: (* 5 year old and up) – Includes instruction on: Pool Safety, Recognizing an emergency, Floating, Front Crawl, Elementary backstroke. Instructor will provide support and assistance with skills if needed.

No prerequisites are required.

LEVEL 2: (* 5 years old and up) – Includes instruction on: Pool Safety, Floating, Front Crawl, Elementary backstroke, Treading, Submerging and Object retrieval. Instructor will assist with body corrections for participant if needed. Prerequisites for this level are the ability to submerge fully and resurface, float independently, and to be able to move independently for 5 – 10 feet in the water independently.

LEVEL 3: (* 5 years old and up) – Includes instruction on: Pool Safety, Stroke Fundamentals, Floating/Treading, Front Crawl, Elementary backstroke, Breaststroke, Backstroke, Object retrieval. Instructor will assist with body corrections for participant if needed. Prerequisites for this level are the ability tread to change direction while swimming to locate an exit, must be able to perform Front Crawl and Elementary backstroke for a minimum of 20 feet independently.

LEVEL 4: (* 5 years old and up) – Includes instruction on: Pool Safety, Treading, Front Crawl, Breaststroke, Backstroke, Butterfly, Diving entries. Stroke Correction. Participant should be able to take verbal corrections, but minor body corrections may be made by the instructor. Prerequisites for this level are the ability to tread and change direction while swimming to locate an exit, must be able to perform Front Crawl, Backstroke, and Breaststroke, for a minimum of 25 yards independently.

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LEVEL 5: (* 5 years old and up) – Includes instruction on: Pool Safety, Front Crawl, Breaststroke, Backstroke, Butterfly, Diving entries. Stroke Correction. Participant should be able to take verbal corrections, but minor body corrections may be made by the instructor. Prerequisites for this level are the ability tread to change direction while swimming to locate an exit, must be able to perform Front Crawl, Backstroke, and Breaststroke for a minimum of 50 yards independently.

LEVEL 6: (* 5 years old and up) – Includes instruction on: Pool Safety, Endurance Training, Stroke Correction. Front Crawl, Breaststroke, Backstroke, Butterfly, Diving entries. Participant should be able to take verbal corrections, but minor body corrections may be made by the instructor. Prerequisites for this level are must be able to perform Front Crawl, Backstroke, Breaststroke, and Elementary backstroke for a minimum of 75 yards independently.

July 31- Aug 10 (*Marilyn Caya)

Monday - Thursday only, 2 consecutive weeks

M-Th	1500-1530	Red Cross Preschool Level 2 (*max 6) (*cost \$64, includes 8 lessons)
	1545-1615	Red Cross Preschool Level 3 (*max 6) (*cost \$64, includes 8 lessons)
	1630-1700	Red Cross Learn to Swim Level 2 (*max 6) (*cost \$64, includes 8 lessons)
	1715-1745	Red Cross Learn to Swim Level 3 (*max 6) (*cost \$64, includes 8 lessons)

Aug 7-10 (*Angela Testa)

Monday - Thursday only, 1 week only

M-Th	1500-1530	Private Lesson (*max 1) (*cost \$60.00, includes 4 lessons only)
	1540-1610	Private Lesson (*max 1) (*cost \$60.00, includes 4 lessons only)
	1620-1650	Private Lesson (*max 1) (*cost \$60.00, includes 4 lessons only)
	1700-1730	Private Lesson (*max 1) (*cost \$60.00, includes 4 lessons only)

M-Th for one week only with Marilyn Caya

August 14th - 17th... Monday, Tuesday, Wednesday, and Thursday.

	1500-1530	Private Lesson (*max 1) (*cost \$60.00, includes 4 lessons only)
	1540-1610	Private Lesson (*max 1) (*cost \$60.00, includes 4 lessons only)
	1620-1650	Private Lesson (*max 1) (*cost \$60.00, includes 4 lessons only)
	1700-1730	Private Lesson (*max 1) (*cost \$60.00, includes 4 lessons only)

Aug 14-24 (*Angela Testa)

Monday - Thursday only, 2 consecutive weeks

M-Th	0900-0930	Red Cross Preschool Level 1 (*max 6) (*cost \$64, includes 8 lessons)
	0945-1015	Red Cross Preschool Level 2 (*max 6) (*cost \$64, includes 8 lessons)
	1030-1100	Red Cross Parent-Child (*max 6) (*cost \$64, includes 8 lessons)

Additional swim classes will be added as they become available from Aquatics. Please check the Facebook page for Ft Leavenworth CYSS.

SCUBA CLASSES

Try Scuba \$65

Introduction to basic scuba techniques in Harney Pool

Scuba Refresher \$65

Jr. Scuba Diver Confined Water Block \$200

Jr Certification 10-14 years

Pre-registration required due to gear preparation

Dates: All CYS Scuba classes are scheduled by arrangement with Instructor Christopher Bender cell 816-419-0068 and paid with CYS

Minimum of 1

Maximum of 8



MUSIC

TODDLER TUNES

Ages: 2-4 years

Cost: \$20 monthly, pro-rated in December and January

Schedule: Tuesdays, 10:00-10:30 am,

Session 1: 19 September (2 classes, \$10)

Session 2: 3 October

Session 3: 7 November (No class 21 November)

Session 4: 5-12 December (2 classes, \$10)

Location: Patch School-Age Services/SKIES building, 320 Pope Avenue, main floor

Instructor: Christy Allie-Rohlfing

Tuesdays at 9:30 will be the time when you and your child can sing and dance together at the Patch Community Center. Miss Christy, an early childhood professional with 30+ years of experience, will provide music and movement activities for you and your child. Come learn new songs, fingerplays and beginning sign language as you actively engage with your child.

PRIVATE MUSIC LESSONS

Ages 5/6 to 18 years (varies by instructor)

Time/Day: To be scheduled with instructor

Cost: \$17 per lesson weekly in 2-month sessions

30 minutes per lesson

Location: Patch SAS/SKIES Building, 320 Pope Avenue, main floor

(check with instructor for exact location in the building)

Read about our instructors and call them for openings and to schedule lessons.

Please contact the SKIES office at 684-3206 for more information.

SMALL GROUP GUITAR LESSONS

Ages:

Schedule: Tuesdays 5:00

Class begins Sept 26th will be included in October

Cost: \$15 per lesson monthly

60 minutes per lesson

Minimum of three students and maximum of five.

Location: Patch SKIES Building, 320 Pope Avenue, main floor

SMALL GROUP UKULELE LESSON

Ages:

Schedule: Tuesdays 6:00

Class begins Sept 26th will be included in October

Cost: \$15 per lesson

60 minutes per lesson

Minimum of three students and maximum of five.

Location: Patch SKIES Building, 320 Pope Avenue, main floor

MEET THE INSTRUCTORS

Kay Huddleston- Piano and Therapeutic Music Instructor. Kay has taught piano and was a church pianist and organist for over 30 years. She also has a degree in Music Therapy from Kansas University, with extensive experience working with children with learning differences. She offers traditional piano lessons as well as therapeutic lessons that are based in Music Therapy practices. For her availability, please contact her at **913-515-3860**.

John Leon – Piano, Clarinet & Saxophone Instructor. Mr. Leon has been teaching for SKIES for 9 years. He has a BS in elementary Ed. and BA in Music and he also is ESL certified. John has been in education for 34 years and is currently teaching in an elementary school. In music, Mr. Leon is a woodwind player, having played the clarinet and saxophone. He is also a Church Music Director. If you have any questions please give him a call at **913-702-2484**

Ronald Meier – Guitar and Ukulele Instructor. For private lessons please call Mr. Meier at 785-633-0984 to set up lesson schedule.



Instructors Needed For:

Art for Preschoolers, Car Maintenance,
Self Defense, Cooking, Finance,
Computer Coding, Violin, Voice,
Science, Gardening, Fishing, Hiking, Fitness,
Robotics, SAT/ACT Prep, Hair and Skin Care,
Photography, Parent and Child classes,
Public Speaking, Sign Language,
Journalism, Western Horseback Riding,
English Riding, Martial Arts, Foreign Languages,
Yoga and Infant Massage

Additional ideas are welcomed!

**For more information, please contact:
SKIES Offices: 913-684-7515 or 913-684-3207
cell 785-375-2695**

**If message service is unavailable please
email: shelley.m.anderson2.naf@mail.mil**

