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*Offer cannot be combined with other discounts or coupons.
Previously leased furniture. Pictures for examples only. Styles and availability may vary.

Whether you need to buy furniture for an entire home or just one room, CORT offers a large selection of quality furniture with prices made to fit your budget.

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Family & MWR Preview

August 2017



**#1 Best Emergency
Department**

Leavenworth Times Reader's Choice Awards

*Saint Luke's Cushing Hospital offers the
closest emergency care to Fort Leavenworth*

Saint Luke's
CUSHING HOSPITAL

Saint Luke's Cushing Hospital
711 Marshall St.
Leavenworth, KS 66048
913-684-1100
saintlukescushing.org



STOVE FACTORY LOFTS OFFERING LUXURY APARTMENTS, EXTENDED STAY RENTALS & BALLROOM EVENT SPACE!



401 S 2ND ST, LEAVENWORTH, KS 66048 • (913) 254-3399



Trails West Golf Course

CGSC GET ACCAINTED SCRAMBLE

Saturday, August 19 • 8 a.m.

All CGSC families and students are encouraged to participate! A relaxed four person scramble. Breakfast served at 7 a.m., BBQ buffet following the round. Over \$5,000 in hole prizes, give aways, and tee prizes.

CAC COMMANDERS SCRAMBLE

Friday, August 11 • 1 p.m.

A relaxed 4 person scramble format. \$45 Members, \$55 Non-Members pre pay and save \$5. Optional \$20 Cash Skins Game. Includes hole and tee prizes, 2 beverage tickets, and a buffet meal.

2017 POST CHAMPIONSHIP

August 26 & 27 • 7:30 a.m.

\$40 members / \$55 non-members. Range balls provided before each round. Optional \$10 per player Flighted Skins Game. Box lunches on the turn both days. Steak dinner & awards banquet Sunday evening at 4:40 p.m.

For more information, call (913) 651-7176.



PAIR DAY

Saturday, August 19

9 a.m. - 1 p.m.

Harney Sports Complex

Businesses, groups, and organizations from Ft. Leavenworth and the surrounding community will be showcasing their services. Stop by and see what your community has to offer!

For more information or to become a PAIR DAY vendor, call (913) 684-1674.

Running Events

USDB FMWR GREAT ESCAPE 5K

Saturday, August 5 • 8 a.m.

The United States Disciplinary Barracks is hosting a 5K run! This exciting run will start and finish at the old USDB parking lot and take runners through the historic sites of Fort Leavenworth. Visit leavenworth.armymwr.com for pricing and registration. For more information, call (913) 684-1674.

ARMY TEN MILER TRYOUTS

Saturday, August 19 • 7 a.m.

Think you got what it takes to run the Army Ten Miler? Two six person teams will be sent to Washington, D.C. for the race in October. Teams will be selected by fastest times. Open to all active duty stationed at Fort Leavenworth. For more information, call (913) 271-1602.

Brunner Range



MONTHLY FUN SHOOT

Saturday, August 5 • 9 a.m.

Open to shooters of all skill levels. Your \$30 entrance fee pays for food, targets and door prizes. All entrants get to shoot at 50 targets, are provided lunch and get a door prize. (913) 651-8132



Soccer

5-14yrs • \$45 • Season September 11-October 26
(U14 Soccer from August 21-October 21)

Start Smart Soccer

3-4yrs • \$25 • \$36 optional start smart kit • Season September 19-October 19

Flag Football

3rd-6th grade • \$45 • Season September 11-October 25

Start Smart Flag Football

3-4yrs • \$25 • \$26 optional start smart kit • Season September 18-October 23

Cheerleading

5-12yrs • \$45 • Season September 11-October 25

Volunteer coaches are needed!

Registration/Enrollment will be July 10-August 7. All youth must have an updated sports physical before first practice. Enrollment can be done at all CYS locations if centrally registered. Webtrac enrollments can only be done with current Youth Sports Physical.

For more information,
Youth Sports and Fitness Office
(913) 684-7525 or (913) 684-7526



Upcoming events

Infant Massage

Tuesdays, May 22 & 29 • 10:30 a.m.
ACS • (913) 684-2800

Co-parenting through Divorce

Mondays, August 7 & 14 • 5 p.m.
ACS • (913) 684-2800

Monthly Fun Shoot

Saturday, August 5 • 9 a.m.
Brunner Range • (913) 651-8132

CGSC GET ACQUAINTED SCRAMBLE

Saturday, August 11 • 8 a.m.
TWGC • (913) 651-7176

ScreamFree Parenting

Tues. - Thurs., August 8 - 10 • 5 p.m.
ACS • (913) 684-2800

Saturday Cosmic Bowling

Saturdays • 9 p.m.
Strike Zone • (913) 651-2195

RPM Cycling

Tuesdays • 4:30 p.m.
Art & Crafts • (913) 684-5120

Walk Off The Wait

2nd & 3rd Thursdays • 6 p.m.
ACS • (913) 683-2800

Yoga

Mondays • 5 p.m.
Gruber Fitness Center • (913) 684-5120

Enlisted Week

August 1-7
TWGC • (913) 651-7176

Marriage Conflict Resolution

Tuesday, August 22 • 5 p.m.
ACS • (913) 684-2800

CAC Scramble

Friday, August 11 • 1 p.m.
TWGC • (913) 651-7176

BOGO Night

Wednesdays • 5 p.m.
Strike Zone • (913) 651-2195

ACS Family Advocacy Program presents

SCREAM FREE PARENTING

Tuesday - Thursday, August 8 - 10 • 5 - 7 p.m.

ACS Conference Room, Resiliency Center

Register @ (913) 684-2800

By staying both calm and connected with your kids, you begin to operate less out of your deepest fears and more out of your highest principles, revolutionizing your relationships in the process. ScreamFree is eight hours of instruction covering the following topics: Raising Your Kids by Keeping Your Cool, Keeping Your Cool Mean Creating Space, Keeping Your Cool Means Creating a Place, and Putting Yourself Into Practice.



Army Community Service Classes

INFANT MASSAGE

Tuesdays, August 22 & 29 • 9 - 10:30 a.m. • Pioneer Chapel Room 112

Bring your infant (2 weeks - 12 months) to this hands-on experience to learn the basic nurturing skills of infant massage. Enjoy a special time of bonding with baby. Learn soothing touches that may help to ease stress, muscle tension and digestive discomfort.

COOPERATIVE PARENTING THROUGH DIVORCE

Mondays, August 7 & 14 • 5 - 6:30 p.m. • ACS Conference Room

2-day Series. A five-step seminar designed to prevent divorce abuse - a specific type of emotional abuse that divorcing parents can bring about when they lose sight of their child's needs. Learn to avoid the most common mistakes of co-parenting.

SCREAM FREE PARENTING

Tuesday - Thursday, August 8 - 10 • 5 - 7 p.m. • ACS Conference Room

3-day Series. By staying both calm and connected with your kids, you begin to operate less out of your deepest fears and more out of your highest principles, revolutionizing your relationships in the process. Instruction covers the following topics: Raising Your Kids by Keeping Your Cool, Keeping Your Cool Mean Creating Space, Keeping Your Cool Means Creating a Place, & Putting Yourself Into Practice.

MARRIAGE CONFLICT RESOLUTION

Tuesday, August 22 • 5 - 7:00 p.m. • ACS Conference Room

Learn to apply conflict resolution and problem-solving strategies to resolve common scenarios of marital conflicts; solving conflicts: Fair Fighting Rules, identifying and resolving anger, model for resolving conflict in marriage.

To register or for more information, call (913) 684-2800.

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ADMIT ONE

Get your tickets at Leisure Travel Services!
In the old DB at 310 McPherson Ave.
Tuesday - Saturday • 10 a.m. - 5 p.m.
Call (913) 684-3377 for more information.
Tickets and discount coupons available for local and select nationwide attractions.



Reservations for dog kennels, RV & boat storage, and used vehicle lot can be made at Leisure Travel Services.

Strike Zone Bowling Center

SATURDAY COSMIC BOWLING

Saturdays • 9 p.m. - 12 a.m.

\$2.75 games & shoes. Get a red head pin strike and win a free game!

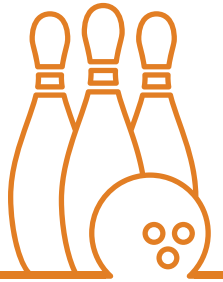
BOGO GAMES

Wednesdays • 5 -9 p.m.

Buy one game of bowling and get one free!

\$2.75/game \$2.75/shoe rental

For more information, call (913) 651-2195.



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0.9% for 60 mo

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SOUPS TOMATO-BASIL CHICKEN (MONDAY) SOUP DU JOUR	SOUPS BACON & CHEDDAR SOUP DU JOUR	SOUPS MINISTONE SOUP DU JOUR	SOUPS NEW ENGLAND CLAM CHOWDER SOUP DU JOUR
ENTREES CHICKEN RECIPE (WEDNESDAY & TUE) BEEF POT ROAST (THURSDAY) CARBONAR (FRIDAY) SOUTHERN FISH CHICKEN	ENTREES CHICKEN RECIPE (WEDNESDAY & TUE) BEEF POT ROAST (THURSDAY) CARBONAR (FRIDAY) SOUTHERN FISH CHICKEN	ENTREES CHICKEN RECIPE (WEDNESDAY & TUE) BEEF POT ROAST (THURSDAY) CARBONAR (FRIDAY) SOUTHERN FISH CHICKEN	ENTREES CHICKEN RECIPE (WEDNESDAY & TUE) BEEF POT ROAST (THURSDAY) CARBONAR (FRIDAY) SOUTHERN FISH CHICKEN

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MONDAY

Chicken Strips \$4.95

WEDNESDAY

Bacon Cheeseburger \$5.95

Swiss Mushroom Cheeseburger \$5.95

TUESDAY

Tacos \$2.95

Taco Salad \$4.95

Taco Burger \$3.95

THURSDAY

Philly Sandwich \$6.95

Chicken Philly \$6.95

FRIDAY

Shrimp Basket \$6.95

Catfish Basket \$6.95

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(913) 651-7809

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CGSC GET
ACQUAINTED
SCRAMBLE
trails west golf course

**Saturday,
August 19**

8 am shotgun start

Relaxed 4 person scramble

All CGSC students and
families are encouraged
to participate!

\$45 members • \$60 non-members
\$35 Youth 16 & Under
Optional \$20 Cash Skins Game
Prepay and save \$5

Breakfast served @ 7 a.m.
BBQ Buffet provided by Grinder's
High Noon following the round.

Over \$5000 in prizes, give-aways,
hole prizes & tee prizes

Trails West Golf Course
(913) 651-7176

leavenworth.armymwr.com



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