

THURSDAY  
MAY 1, 2025



# LAMP

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## FLSC to host Historic Homes Tour May 10

by Fort Leavenworth Spouses' Club

The Fort Leavenworth Spouses' Club will help recognize and celebrate some of the post's historic homes and architecturally significant landmarks

with the Historic Homes Tour from 11 a.m. to 3 p.m. May 10, with check-in for the tours beginning at 10:45 a.m. at the Old U.S. Disciplinary Barracks complex on McPherson Avenue. The homes and landmarks on the tour

represent pieces of military, social and American history. All proceeds from the tours go to the FLSC's scholarships and grants program.

To purchase tickets for the Historic Homes Tour, visit <https://www.zeffy.com/en-US/ticketing/bourbon-night>. Tour goers can choose a single ticket for \$20 or reduced-price couples tickets for \$30. Tickets for the Bootlegger Gala Dinner and Bourbon Pull later that evening are sold out.

Attendees must be at least 10 years old. No photography is allowed inside the homes. The tour is self-guided, but attendees should check in between 11 a.m. and 1:45 p.m. to receive a map and wristband for home entry. Tours must be completed by 3 p.m.

### Homes and landmarks on the tour: Sutler House

The home at 611 Scott Ave., built in 1841, is known as the Sutler House and was the commercial and social hub of 19th-century military life. The historic residence is also known for its connections to prominent figures such as Gen. Colin Powell and holds legends of a resident ghost tied to Gen. Philip Sheridan's wife.

### 26 Sumner Place

The home at 26 Sumner Place was constructed in 1870 and offers a rare glimpse into frontier-era military housing. As the last remaining examples of Folk Victorian-style architecture from the period, it preserves



Photo by Prudence Siebert/Fort Leavenworth Lamp

**The Sutler House on Scott Avenue will be featured May 10 on the Historic Homes Tour, presented this year by the Fort Leavenworth Spouses' Club. To purchase tickets for the Historic Homes Tour, visit <https://www.zeffy.com/en-US/ticketing/bourbon-night>. Proceeds from the tour benefit the club's scholarships and grants program.**

SEE HISTORIC HOMES TOUR AS

## Kiser named USD 207's Teacher of Year

by Unified School District 207

Fort Leavenworth special education teacher Alyssa (Rucker) Kiser was selected as Unified School District 207's 2026 District Teacher of the Year.

The Teacher of the Year process is completed far in advance. Kiser was one of 34 nominees for 2026 for Region 2. Last year, Elizabeth Anstine from Leavenworth High School was selected as a finalist for Region 2 and went on to be named 2025 Kansas Teacher of the Year.

Kiser has spent eight years teaching kindergarten through fifth grade special education at Eisenhower Elementary School. She has a bachelor of science degree in elementary education and a master of science degree in special education from Pittsburg State University.

Her teaching philosophy centers on fostering resilience, independence and confidence in students by equipping them with

the tools and support they need to thrive.

"I believe each student has unique goals and their own vision of success, even as they face challenges," Kiser said. "Students thrive when they feel seen, heard and valued."

As a leader in her school, Kiser takes on various roles, including Kansas Education Systems Accreditation chair, Building Leadership Team member and participant on the Student Intervention Team. These roles reflect her commitment to teamwork, professional growth and school improvement, as well as her dedication to making a positive impact on her students and the school community.

For more information about the Kansas Teacher of the Year Program, visit <https://www.ksde.gov/Agency/Fiscal-and-Administrative-Services/Communications-and-Recognition-Programs/Kansas-Teacher-of-the-Year-Awards>.



Alyssa (Rucker) Kiser

## AT A GLANCE

■ The CGSC/FMWR TRIATHLON is at 8 a.m. May 3 starting at Harney Sports Complex. Download the registration at [https://leavenworth.armymwr.com/application/files/5617/4171/0298/CGSC\\_Triathlon\\_registration\\_2025.jpg](https://leavenworth.armymwr.com/application/files/5617/4171/0298/CGSC_Triathlon_registration_2025.jpg). Call 913-684-1674 for more information.

■ The Child and Youth Services PARENT ADVISORY COUNCIL MEETING is 4:30-5:30 p.m. May 6 at Osage School-Age Center. Call 913-684-5138/4956 for more information.

■ Soldiers, families, retirees and civilians are encouraged to get and stay fit during the annual STRONG B.A.N.D.S. (Balance, Activity, Nutrition, Determination and Strength) promotion offered in May. Strong B.A.N.D.S. promotes healthy, active lifestyles for Army communities. Activities include a SOFTBALL TOURNAMENT with games 5:30-8:30 p.m. every Monday and Wednesday in May at Doniphan Field — letters of intent were due April 30; a KICKBALL TOURNAMENT from 9 a.m. to 7 p.m. May 17 and 18 at Gruber Field — letters of intent are due May 7; and a DISC GOLF TOURNAMENT from 8 a.m. to 2 p.m. May 24 at the Disc Golf Course by Camp Conestoga — to register, visit Gruber Fitness Center or call 913-684-5120. Events are free and open to service members, family members, retirees and civilians. Call 913-684-3224/5136 for more information.

■ The Friends of the Frontier Army Museum NIGHT AT THE MUSEUM is 5:30-7 p.m. May 9. Sign up for a tour at [https://docs.google.com/forms/d/e/1FAIpQLSfhDbDgkR\\_ZRXPt6rNFFy52qlwa2pAmO8l1Y-y9EoStod73nw/viewform](https://docs.google.com/forms/d/e/1FAIpQLSfhDbDgkR_ZRXPt6rNFFy52qlwa2pAmO8l1Y-y9EoStod73nw/viewform).

■ SKIES Unlimited Curtain Call will perform the musical "SEUSSICAL JR." at 2 p.m. and 7 p.m. May 10 in the Old Patton Junior High School auditorium near Grant Gate. The performances are free but seating is limited to 200 — first-come, first-served. Call 913-684-3207 for more information.

■ Starting May 7, visitors will be required to show a REAL ID form of identification at the Visitor Control Center/the gates to access the installation. This requirement does not apply to service members, installation personnel, dependents or retirees who already possess a military ID, military dependent ID, a Common Access Card or a federal government-issued Personal Identity Verification Card. For more information call 913-684-3600 or visit: <https://www.ksrevenue.gov/dovrealid.html> (Kansas) or <https://dor.mo.gov/driver-license/issuance/real-id/> (Missouri).

■ Army Community Service's SMOOTH MOVE WORKSHOP provides pre-departure and destination information on relocation and travel entitlements, installation and community information, financial concerns, employment opportunities and more. The workshop is available upon request for one-on-one, families, units or groups of spouses/families. For more information or to schedule, call 913-684-2800.

■ GRIFFIN GARDENS GREENHOUSE is closed until further notice. Check the USDB Sales Store Facebook page for updates.

■ The COMBINED ARMS RESEARCH LIBRARY HOURS starting May 1 through July 3 are 7 a.m. to 5 p.m. Monday through Thursday, 7 a.m. to 4:30 p.m. Friday and 9 a.m. to 1 p.m. Saturday. The library is closed federal holidays, and the third floor is available by appointment.

■ For information on STUDENT CONSERVATION ASSOCIATION INTERN POSITIONS with the Natural Resources Division, e-mail [michael.n.bass.civ@army.mil](mailto:michael.n.bass.civ@army.mil) or call 520-692-6152. To apply, visit [apply](https://thesca.org/join-the-crew) at <https://thesca.org/join-the-crew>.



# Improve health with free AFWC services

by Munson Army Health Center

The Armed Forces Wellness Center (AFWC) offers a variety of free services to improve the overall well-being of service members, their families and retirees. These services focus on health education and self-care, empowering individuals to take control of their health and improve their quality of life.

Here is a breakdown of what the AFWC provides:

- **Health Assessment Review**  
This personalized review uses metabolic testing, body composition analysis and a health survey to provide a comprehensive snap-

shot of an individual's health status. Educators then help interpret the results and develop personalized action plans.

- **Stress Management**  
Classes and individual sessions teach practical techniques to manage stress, improve coping skills and enhance resilience.
- **General Wellness Education**  
Workshops and classes cover a range of topics, including healthy sleep habits, improving nutrition, increasing physical activity and tobacco cessation.
- **Tobacco Cessation**  
Individualized support and resources are available to help peo-

ple quit smoking and using other tobacco products.

- **Healthy Nutrition**  
Individual and group sessions focus on making healthier food choices, understanding nutrition labels and developing meal plans that meet individual needs and goals.
- **Physical Activity**  
Personalized exercise prescriptions and guidance help individuals develop safe and effective exercise routines.
- **Upping Metabolism**  
This class explores metabolism, factors that influence it and strategies to improve metabolic

- rate.
- **Fueling for Health**  
This class focuses on making informed food choices and understanding how food impacts energy levels and overall health.
- **Key Features of the AFWC**
  - **Free of charge**  
All services are provided at no cost to eligible users.
  - **Confidential**  
Health information is kept private and confidential.
  - **Evidence-based**  
Programs are based on scientific research and best practices.
  - **Personalized approach**

- Services are tailored to individual needs and goals.
- **Who is eligible?**
  - Active-duty service members
  - National Guard and Reserve members
  - Retirees
  - Family members of active-duty and Guard/Reserve service members and retirees
  - DoD Civilians
- The AFWC is a valuable resource for anyone looking to improve his/her health and well-being. By offering a holistic approach to wellness, the AFWC empowers individuals to make lasting lifestyle changes.

# Take Charge of Your Physical Fitness

# AFWC

Armed Forces Wellness Center

No cost health and fitness counseling

- TRICARE Beneficiaries 18 year +
- DoD Employees on Fort Leavenworth

Mon-Thurs 6:30 a.m.–3:30 p.m.  
Fri 6:30 a.m.–12 p.m.  
250 Gibbon Ave. Bldg 120  
913-758-3403

# ‘PCS purge’ resources available

## Donate, recycle or dispose of items properly

by Staff Report

Fort Leavenworth provides many resources for helping with a PCS purge.

- **THRIFT SHOP**  
Usable items in like-new condition, such as clothing, toys and small appliances, can be donated to the Fort Leavenworth Thrift Shop, which uses store proceeds for community assistance grants, at the shop's drop-off shed at 1025 Sheridan Drive.

- **MISSION PICKUPS**  
Fort Leavenworth Frontier Heritage Communities partners with City Union Mission of Kansas City, Missouri, for curbside pickup of usable items on certain Saturdays throughout the year.

- **STRAY FACILITY**  
Pet supplies and unopened pet food can be placed in the large wooden bin on the porch of the Fort Leavenworth Stray Facility at 510 Organ Ave.

- **HOUSEHOLD HAZARDOUS WASTE COLLECTION**

Cleaners, paint, yard chemicals and other materials that should not be shipped can be dropped off at Household Haz-

ardous Waste Collection Point, 810 McClellan Ave., to be used by other residents or properly disposed of.

- **RECYCLING**  
Recycling of scrap metal, glass, cardboard and mixed recycling of paper, aluminum and more is offered in the area off W. Warehouse Road south of the stables. E-waste, such as toner cartridges and printers, can also be dropped off at the Fort Leavenworth Recycling Center.
- Fort Leavenworth Frontier Housing Communities offers recycling and regular and bulk trash options for residents.

FRONTIER HERITAGE COMMUNITIES BULK TRASH  
UPDATE AS OF 4/17/25:

At this time, bulk item pickup is not available for trash disposal. We understand this may cause some inconvenience, and we want to assure you that we are actively working on a solution to address the issue.

In the meantime, we kindly ask that you refrain from placing large or bulk items at the curb, as they will not be collected and may create safety or sanitation concerns.

We appreciate your patience and understanding as we work toward a resolution. Updates will be shared as soon as more information becomes available.

If you have any questions, please reach out to the Community Management Office at (913)682-6300.

- **Resources and Links**
  - On-post housing handbooks, trash and recycling guides from Frontier Heritage  
Housing: <https://www.frontierheritagecommunities.com/residents>
  - Fort Leavenworth Recycling Center: <https://home.army.mil/leavenworth/my-fort/all-services/environmental-management>
  - City of Leavenworth Recycling Center: <https://www.leavenworthks.org/public-works/page/leavenworth-recycling-center>
  - City of Lansing Curbside Recycling: <https://www.lansingks.org/finance/page/trash-recycling>
  - City of Platte City Recycling: <https://www.plattecity.org/documentlist.aspx?categoryid=12924>
  - Household Hazardous Product Collection Point: <https://home.army.mil/leavenworth/index.php/my-fort/all-services/environmental-management>
  - Auto Skills Center for motor oil: <https://leavenworth.armymwr.com/programs/auto-crafts-center>
  - Leavenworth County Transfer Station for household and bulk trash drop-off: [https://www.leavenworthcounty.gov/departments/transfer\\_station/index.php](https://www.leavenworthcounty.gov/departments/transfer_station/index.php)
- Munson Army Health Center for medications: <https://munson.tricare.mil/>
- Fort Leavenworth Thrift Shop: <https://www.facebook.com/Fort-Leavenworth-Thrift-Shop-211189988897157/>
- City Union Mission, through partnership and coordination with Fort Leavenworth Frontier Heritage Communities: <https://cityunionmission.org>
- Fort Leavenworth Stray Facility: <https://leavenworth.armymwr.com/programs/stray-facility>, [www.FLSF.petfinder.com](http://www.FLSF.petfinder.com)
- Salvation Army, Leavenworth: <https://centralusa.salvationarmy.org/leavenworth/>
- Catholic Charities, Leavenworth: <https://catholiccharitiesks.org/where-we-work/leavenworth/>
- Goodwill, Leavenworth: <https://www.mokangoodwill.org/locations/goodwill-leavenworth-ks>
- HOPE Thrift Store, Leavenworth: <https://hopeleav.org/thrift-store/>, <https://www.facebook.com/HOPETHriftStoreLeavenworth/>
- Leavenworth Mission Community Store/Food Pantry: <https://lvmission.org/>, <https://www.facebook.com/Leavenworth-Mission/>



# MAHC rehabilitation team participates in ortho/sports medicine symposium

by Munson Army Health Center Public Affairs Officer Maria Christina Yager

A group of military healthcare professionals from Munson Army Health Center recently participated in the Orthopedic and Sports Medicine Symposium in Overland Park, Kansas. The continuing education is designed to enhance the healthcare professionals' medical readiness skills in rehabilitative musculoskeletal care and orthopedics.

"The event featured a series of expert-led presentations on topics such as shoulder labrum tears and return-to-sport protocols for athletes, ankle rehabilitation, as well as sleep hygiene and nutrition," said Dr. (Capt.) Kathryn Marr, physical therapy doctor and chief of MAHC's Department of Rehabilitation.

Marr said events like this play a key role in ensuring military medical teams remain ready and on the cutting edge of their healthcare specialties, reinforcing the idea that medicine is a constantly evolving practice to improve patient outcomes.

"Things change. People are always doing research. New information is always coming out, so these events give us the latest evidence-based practices in rehabilitation and

performance," Marr said.

Marr said she was particularly fascinated with a presentation on a return to running program for patients recovering from stress injuries. She intends to share what she learned with Defense Health Agency peers and incorporate the treatment regimen into the clinic.

Beyond the educational benefits, the event served as a valuable team-building and collaboration experience, allowing military and civilian practitioners to learn together and stay aligned on best practices, Marr said.

MAHC provides comprehensive rehabilitative care for musculoskeletal injuries and recovery after orthopedic surgery to eligible Military Health System beneficiaries on post and in the greater Kansas City metropolitan area.

Services include physical therapy, occupational therapy and pelvic floor therapy and are available to active-duty service members, family members and retirees between the ages of 13 and 64.

At MAHC, no referral is needed for physical therapy, to include pelvic floor therapy. Call the Rehabilitation Clinic 913-684-6338 to schedule an appointment.



Munson Army Health Center healthcare professionals Dr. Gerald Ertz, staff physical therapist; 1st Lt. John Lysinger, staff physical therapist; 1st Lt. Trent McPherson, staff physical therapist; Dr. Kyle Parks, staff physical therapist; and Dr. (Capt.) Kathryn Marr, chief of MAHC's Department of Rehabilitation, participated in a one-day continuing education Orthopedic and Sports Medicine Symposium April 11 in Overland Park, Kansas. The continuing education was designed to enhance their medical readiness skills in rehabilitative musculoskeletal care and orthopedics.

Submitted photo

## Tailored Talent Based Military Education Level-4 Class 25-001-CGSOC - Advanced Operations Course graduates



Photo by Dan Neal/Army University Public Affairs

After completing the Advanced Operations Course phase of the Command and General Staff Officers Course in residence at Fort Leavenworth, Tailored Talent Based Military Education Level-4 (TTBM-4) students gather in Marshall Lecture Hall for their graduation ceremony April 23 at the Lewis and Clark Center. Common Core and Advanced Operations Course phases of the talent-based program were added a few years ago to allow more officers to attend at least a portion of their CGSOC experience at Fort Leavenworth.



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# MCCoE’s PKSOI renamed SFASID, gets expanded mission

by Jason Bortz/Combined Arms Center Public Affairs

(FORT LEAVENWORTH, Kansas) -- The Peacekeeping and Stability Operations Institute (PKSOI) was recently redesignated as the Security Force Assistance and Stability Integration Directorate (SFASID), and with the name change comes an expanded mission set.

Since its creation in 1993, SFASID has undergone several significant restructuring events. Recognizing the need and requirements for forces able to conduct peacekeeping operations, the U.S. Army Peacekeeping Institute was formed to directly address the operating environment in which U.S. forces were involved at the time, such as Haiti, the Balkans and Africa.

“There is a universal understanding of why the United States Army must be prepared for combat, but there is an equally compelling reason why the Army, the

Joint Force, and our allies and partners must also prepare for stability activities that include consolidation gains during combat, setting the theater in competition, and conducting peace operations for collective conflict management,” said T.J. Moffatt, SFASID deputy director. “These DOTMLPF-P requirements all reside now in one Army organization.”

In 2005, after-action reports from Iraq and Afghanistan helped the Army recognize the need for doctrine, training and expertise in stability operations. The then-Peacekeeping Institute was renamed PKSOI, and stabilization doctrine was added to its portfolio. PKSOI was reorganized again in 2019 to consolidate Irregular Warfare (IW) and Security Force Assistance (SFA) at Fort Leavenworth. PKSOI was realigned as a direct report unit to the Combined Arms Center commander, but it remained at Carlisle Bar-



racks, Pennsylvania, to continue its work as the formal secretary of Defense- and secretary of the Army-directed lead as the Joint and Army Proponent for Stability and Peace Operations.

In 2022, IW Proponency was reassigned to the U.S. Army Special Operations Command, aligning the Security Forces Assistance Proponency (SFAP) under Mission Command Center of Excellence. With PKSOI and SFAP working in complementary mission sets, the SFA Proponency was assigned to PKSOI. This reorganization shifted manpower back to Carlisle Barracks while creating an organization that more effectively supported SFA Command, brigades, theater Army commanders, and the geographic combatant commanders.

With the addition of this new mission, PKSOI underwent an internal reorganization in late 2024 that reflected a focus on SFA and stability operations concepts, doctrine, training, education, exercises and policy. Peacekeeping is still in the portfolio and remains as one of the primary missions under stability operations, but the culmination is the name change to SFASID to accurately reflect the organization’s new mission.

## ANZAC Day observed



Photo by Dan Neal/Army University Public Affairs

Australian Maj. Nic Barber, School of Advanced Military Studies student, plays the bagpipe, accompanied by lead bagpiper Dale Cleland and bagpiper John Bauer, during the ANZAC Day observance April 25 at the Lewis and Clark Center.



Photos by Dan Neal/Army University Public Affairs

ABOVE and BELOW: A quiet ceremony of reflection and remembrance filled the Lewis and Clark Center atrium at dawn April 25 to observe ANZAC Day. ANZAC Day, celebrated since 1916, honors the courage and sacrifice of those serving in the Australian and New Zealand Army Corps at the Gallipoli Peninsula in April 1915. Command General Staff College’s partner nation presence in Army University’s faculty and students allows for shared days of remembrance like this. Lt. Col. Samuel Short, Australian Army Exchange Officer, Department of Joint, Interagency, and Multinational Operations, CGSC, hosted the event, which included a traditional wreath laying by Army University Provost Brig. Gen. Jason Rosenstrauch, the Last Post bugle call, and ANZAC biscuits or oat-based cookies for refreshments.



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# Historic Homes Tour

(continued from Page A1)

Fort Leavenworth’s legacy during the Indian Wars and Western Expansion.

## Henry Leavenworth House

The Henry Leavenworth House at 612 Grant Ave. is an 1883 Queen Anne-style home that honors Fort Leavenworth’s founder and showcases exceptional 19th-century architectural design. Distinguished residents, including Maj. E.L. Munson, have called it home.

### 610 Scott Ave.

The home at 610 Scott Ave., built in 1894, exemplifies the Italianate style and the post’s transition to a center of military education. Home to figures such as Lt. Charles W. Abbott Jr. and Capt. Samuel L. Woodward, the residence reflects the fort’s pivotal role in shaping the modern U.S. Army.

### 603 Grant Ave.

The home at 603 Grant Ave., constructed in 1901, provided modern, electric-lit accommodations for officers attending the cavalry and infantry schools. Its proximity to historical sites like Zais Park underscores its significance.

### Otis Hall

Otis Hall, built in 1902, originally housed bachelor officers and now serves as distinguished visitor lodging. Named for Maj. Gen. Elwell Stephen Otis, Otis Hall has hosted notable guests, including Gen. Dwight D. Eisenhower, and boasts literary ties to F. Scott Fitzgerald, who began writing “This Side of Paradise” during his stay.

### Memorial Chapel

Memorial Chapel at 626 Scott Ave. stands as a solemn tribute to the men and women who lived and served at Fort Leavenworth. Originally built in 1878 using locally quarried stone and prison labor, this cherished landmark houses 88 plaques commemorating nearly 100 individuals and units, including soldiers from the Battle of Little Bighorn. Memorial Chapel remains an active house of worship today, fostering spiritual connection across generations.

### Masonic Lodge

Masonic Lodge and U.S. Post Office building at 311 Kearney Ave. was completed in 1922, blending fraternal tradition with federal service. It remains the only Masonic Lodge located on a U.S. military reservation, a testament to the enduring commu-

nity spirit at Fort Leavenworth.

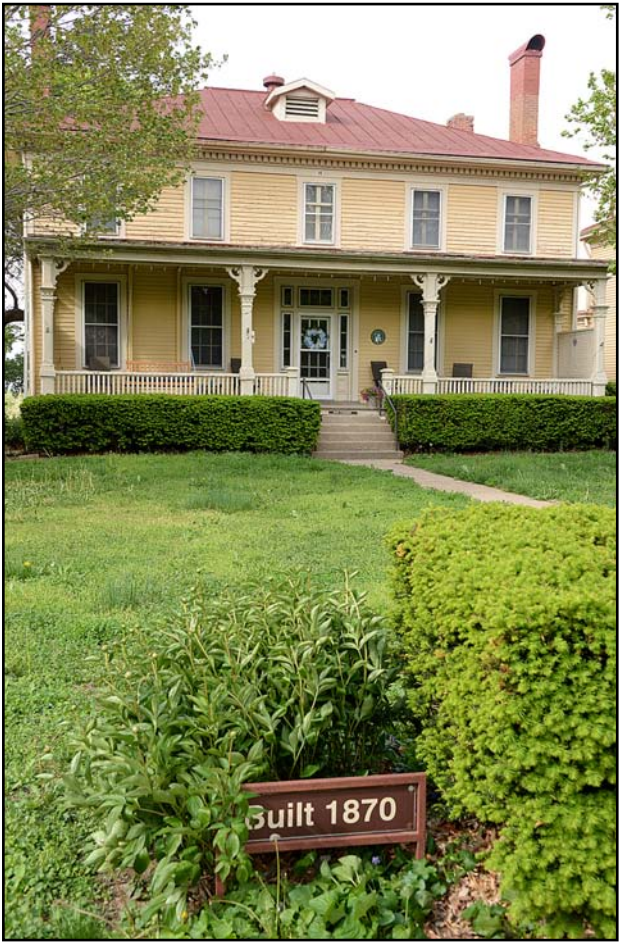
Additional information about each location will be included in a digital brochure for attendees the day of the tours.

“These landmarks are more than buildings — they are living connections to Fort Leavenworth’s vital contributions to American military history and culture,” FLSC Parliamentarian Jeannette Balboni said. “We are proud to preserve and share them with future generations.”



Photos by Prudence Siebert/Fort Leavenworth Lamp

The Henry Leavenworth House at 612 Grant Ave.



26 Sumner Place



603 Grant Ave.



610 Scott Ave.



Masonic Lodge



Otis Hall



Memorial Chapel





# Eagle Scout candidate’s project benefits stray animal shelter

by Fort Leavenworth Lamp  
Staff Report

The needs of the Fort Leavenworth Stray Facility, which cares for the installation’s stray and relinquished dogs and cats, were the focus of a recent Eagle Scout project.

Leavenworth High School senior Elizabeth Faught, Scouting America Troop 166, led a contingent of volunteers to build a gift drop-off box for the facility and collect items that the facility’s volunteers and pet residents use daily.

Elizabeth’s father, Troop 166 Assistant Scoutmaster Kenneth Faught, said his daughter selected the post’s stray animal facility for her project focus because, first of all, she loves cats. The Faught family adopted their cat, Trig, from the Fort Leavenworth Stray Facility in 2016. The pet-loving family also has another cat, Charlie, and a beagle-corgi mix Millie.

Secondly, Elizabeth noticed how small the old, red donation drop-off box on the facility’s porch was and knew she could help by making a larger one, Faught said.

Thirdly, Elizabeth’s best friend, Lara Herkin, volunteers at the facility. The two friends talk about FLSF and so Elizabeth was aware of the needs of the facility.

“With this knowledge, she made a two-part Eagle project,” Faught said. “The first part was to build a larger and more durable gift box. The second part was to have a gift drive to help gather needs for the stray facility.”

Eagle Scout projects help non-profit organizations and community programs and are intended to build leadership skills in the Scouts completing the projects. Elizabeth oversaw her



Photo by Cathy Schrankel/Fort Leavenworth Stray Facility

**Leavenworth High School senior Elizabeth Faught, Scouting America Troop 166, bottom left, and friends Aidan Harris and Charlie Harris, Venture Crew 2165, and Mary Hausauer, also of Troop 166, drop off items — including paper towels, laundry detergent, pet food and treats, cat litter and more — collected earlier that day as part of Elizabeth’s Eagle Scout project April 26 at the Fort Leavenworth Stray Facility. Elizabeth and her volunteers collected more than \$500 worth of items for the facility, which were shared with other area pet organizations with similar missions and needs. The Harris family, who assisted Elizabeth with the box build and item collection, boasts three Eagle Scouts and another Scout who is currently working on his Eagle rank.**

project throughout the process, from planning to execution. Eagle Scout is the highest rank of Scouting.

Scouting America was adopted as the rebranded name of Scouts BSA/Boy Scouts of America earlier this year. The all-female Scouting America Troop 166 on Fort Leavenworth was formed in 2019. Girls were first welcomed into BSA’s Scouting programs in 2017.



Photo by Tina Faught, Elizabeth Faught’s mother

**ABOVE: Eagle Scout candidate Elizabeth Faught delivers a drop-off box, accepted by Fort Leavenworth Stray Facility volunteer Cathy Schrankel, April 26 at the facility. The larger box replaces a small red one, positioned on the porch for convenient drop-off of items such as unopened, unexpired pet food and pet supplies.**

**LEFT: Aidan Harris assists Elizabeth Faught with the building of a donation drop-off box for the Fort Leavenworth Stray Facility, part of Elizabeth’s Eagle Scout project, April 20.**

Submitted photo by Darcy Richard





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# Sneaker Ball at Osage SAC



LEFT: Dads Christopher Phillips and Carlos Semidey hold the limbo stick while children go under to see who can go the lowest during the Sneaker Ball April 25 at Osage School-Age Center.

Submitted photo by Bo Dubois

BELOW: Children, family members and staff form a conga line during the Osage School-Age Center Sneaker Ball April 25.

Submitted photo by Hadassah Berlanga



# Pet of the Week



Lucille is a young adult female domestic short-hair/tuxedo cat available for adoption at the Fort Leavenworth Stray Facility. Spay surgery, vaccinations and microchipping are included in her adoption fee of \$100.

E-mail [fortleavenworthstrayfacility@gmail.com](mailto:fortleavenworthstrayfacility@gmail.com) for an adoption application. Visit [www.FLSF.petfinder.com](http://www.FLSF.petfinder.com) for adoptable pet profiles. Call 913-684-4939 for more information or an appointment. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility.

The Fort Leavenworth Stray Facility, at 510 Organ Ave., is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday; 9 a.m. to noon the second Saturday of the month; and by appointment for pre-approved adopters. Call 913-684-4939 to schedule an appointment.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed. To apply to volunteer with the Fort Leavenworth Stray Facility, visit <https://vmis.armyfamilywebportal.com/>, enter ZIP code 66027, then search for "stray animal facility."



Photos by Prudence Siebert/Fort Leavenworth Lamp

# HOUSING UPDATES



■ **PETS MUST BE LEASHED** and accompanied by owners outside fenced areas. **CLEAN UP** after pets daily.

■ Complete the Army FY25 **HOUSING TENANT SATISFACTION SURVEY**. Check e-mail (including spam) for the link. Contact the Housing Office at 913-682-6300 for help. Survey deadline is May 15.

■ The **TOP THREE VILLAGES** with the highest participation percentages completing the Tenant Satisfaction Survey will each receive a \$50 gift card for their next village event. Old Pawnee, Iowa and Cheyenne Villages are currently leading, with other villages closing in.

■ Residents need to submit their **"NOTICE OF INTENT TO VACATE"** with orders to [fhcntv@tmo.com](mailto:fhcntv@tmo.com). Find the form at <https://www.frontierheritagecommunities.com/residents>.

■ For **RESIDENTS STAYING** at Fort Leavenworth, provide orders to [fhc@tmo.com](mailto:fhc@tmo.com) to update status.

■ Wallace Commercial Landscaping is **TRIMMING YARDS** in housing areas. Use "No Mow" stakes for them to avoid your yard or flower beds. Wallace began spring herbicide (pet and human safe) application in early April.

■ Door hangers will be delivered a week before **RADON TESTING**, and e-mail updates will be sent. Midwest Radon, accompanied by a Fort Leavenworth Frontier Heritage Communities maintenance technician, will deploy and retrieve the tests. Results are typically available 10 business days after collection. Testing is mandatory for all units not tested in the last two years. Contact the FLFHC Maintenance Office at 913-651-3838 with questions.

# Volunteer! Help Shelter Pets!

*They need your help for walks and general care!*  
*They enjoy the love, attention, and affections, too!*

Several shifts to choose from  
Want to know how to join our team?

Register at <https://vmis.armyfamilywebportal.com/>.  
Once registered, we will contact you and have you come in for a training with a team member.

After you train, you shadow two shifts. Then you are ready to help shelter pets!

Watch the Fort Leavenworth Stray Facility Facebook page for training events!

Once you register, train, and shadow, you can sign up for any shift you can cover.

Children under 18 can help, but they must be accompanied by an adult the entire shift.



Fort Leavenworth Stray Facility  
510 Organ Avenue  
Fort Leavenworth, KS 66027



# WORTH



# NORTH

9400 NW Prairie View Rd  
816-420-9000  
[www.worthharley-davidson.com](http://www.worthharley-davidson.com)



THURSDAY  
MAY 1, 2025



# LAMP Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1

**THIRTY-FOURTH ANNUAL**  
**COMMAND AND GENERAL STAFF COLLEGE**  
**TRIATHLON**  
**SATURDAY - 3 MAY 2025**  
**8:00AM - HARNEY SPORTS COMPLEX**

**200YDS** **12.0MI** **5KNI**

**PRICING**  
Individual Race: \$75  
Relay Team of 2 or 3: \$90  
Register by 20 APR to guarantee your t-shirt!

**REGISTER IN PERSON**  
Harney Gym, Gruber Gym, and The Resiliency Center  
(600 Thomas Ave, Rm 223)  
**REGISTER ONLINE**  
<https://webtree.army.mil/webtree103/webtree/Leavenworth/triathlon/wslgish.html?log=1>  
**FOR MORE INFO**  
CALL: 913-684-1674

**RACE BRIEFING & SHIRT PICKUP**  
2 MAY - 4:00 PM-6:00PM  
Frontier Conference Center  
350 Biddle BLVD,  
Ft Leavenworth

**MWR**

**JOIN US!**

Child & Youth Services  
**PARENT ADVISORY COUNCIL MEETING**

**TUESDAY MAY 6th**

**SHARE YOUR INPUT!**  
The CYS Parent Advisory Council members consists of ANY CYS PATRON!  
The PAC covers all FTLVN CYS programs/policies.  
Participation Needed!  
Help CYS continue moving forward & meeting family & community needs.  
Submit suggested Agenda or Parent Education Presentation topics to email address listed.

**4:30-5:30pm**  
**Location:**  
Osage School-Age Bldg.  
130 Dickman Ave.

**QUESTIONS?**  
• Contact Parent Central & Outreach Services, (913)684-5138 or 4956  
• Talk with your child/youth's Program Director  
**Stay Informed!**  
• Visit CYS Sections on: [leavenworth.armymwr.com](http://leavenworth.armymwr.com)  
• Follow CYS on Facebook! Search for:  
★ Fort Leavenworth Child & Youth Services  
★ Harold Youth Center

**EMAIL:** [usarmy.leavenworth.id-training.mbx.ftlvpparentcentral@army.mil](mailto:usarmy.leavenworth.id-training.mbx.ftlvpparentcentral@army.mil)

**MWR** **CHILD-YOUTH SERVICES**

**Night at the Frontier Army Museum**

Experience the Frontier Army Museum like never before! In this FREE family friendly event, our exhibits come to life and share stories about life on the frontier.

**FRIDAY 9 MAY 5:30 - 7:00 PM**

**QR Code**

**MWR**

**SKIES Unlimited**  
Schools of Knowledge, Inspiration, Exploration & Skills

**Seussical JR.**

**Saturday, May 10**  
**Performances at 2PM and 7PM**  
**Old Patton Middle School Auditorium**

**Fort Leavenworth SKIES Unlimited Curtain Call Presents: Seussical Jr.**  
**Family and friends are welcome to attend and cheer on our local youth.**  
**Auditorium opens 15 minutes before each performance.**  
**Seating is first come, first served, limit 200.**

**Info: (913) 684-3207**

**MWR** **CHILD-YOUTH SERVICES**

## CGSC MENTORSHIP & NETWORKING EVENT



**Friday, May 2**

**5:00 - 7:00pm**

**Jowler Creek Vineyard and Winery**

16905 Jowler Creek Rd.  
Platte City, MO 64079

Network with fellow CGSC students and alumni.

Connect with a mentor.

Enjoy live music, wine, and snacks.



Command and General Staff College Foundation, Inc.

Casual dress. Spouses and children welcome.

RSVP to [office@cgscf.org](mailto:office@cgscf.org) by April 30.

Sponsored by the CGSC Foundation with support from First Command and Jowler Creek.

**BOSS PRESENTS MOVIE NIGHT**

Post Theater // 375 Grant Avenue  
Movies start at 7PM  
Must show your DoD ID at the door!  
**May 30**

**MUFASA THE LION KING**  
PG

Come out and join us as the BOSS program gives back to the Community by playing movies inside the Post movie theater.  
Prepackaged snacks and drink can be purchased at the snack bar.  
No outside food or drinks are authorized.  
For all movies children 12 and under MUST be accompanied by an ADULT!  
CASH only at the snack bar!

**Pop Corn**

For more info call: (913) 684-2736 • Or visit our website [leavenworth.armymwr.com](http://leavenworth.armymwr.com)

**Fort Leavenworth Kansas EST: 1827**

**FT. LEAVENWORTH HISTORIC HOME TOUR**

FEATURING THE HISTORIC MAIN POST HOMES

**SATURDAY, MAY 10TH 11AM-3PM**

PRESENTED BY  
THE FORT LEAVENWORTH SPOUSES' CLUB

**MWR**

**Distinguished Speaker Series**

**1975 - The Fall of South Vietnam**

Thursday, May 8, 2025  
5:30 p.m. - 8 p.m.  
Riverfront Community Center  
123 S Esplanade St., Leavenworth, KS

**MWR** **THE SHINOBU CENTER**



FROM COMPASSION TO ACTION:  
2024 STRONGHOLD YEAR  
IN REVIEW

Our Ambassadors supported  
military families in several  
military installations across  
17 states and 4 countries



On average, we help 90 individuals weekly



72,500  
Pounds of Food Distributed

65,550  
Meals Distributed



Every single pound distributed by Stronghold was  
utilized and tailored to the family's needs - we take pride  
in being an excellent steward of every donation dollar.



Our volunteers  
donated 3,500 hours | valued at \$111,300



We conducted two pop up  
pantries at JBLM and Fort  
Campbell serving 347  
individuals.



Over \$35,000 in basic necessities ranging  
from feminine hygiene products, household  
items, school supplies, diapers, wipes,  
portable cribs, winter coats, socks, etc.



  
strongholdfoodpantry.org

Stronghold Food Pantry is a volunteer-run,  
501(c)(3) charitable organization serving  
American military families facing food  
insecurity with care and dignity by providing  
food, necessities, and resources. Stronghold  
strives to remove the stigma and ease the  
epidemic of food insecurity among military  
communities by proliferating awareness,  
advocacy, and collaboration.

  
STRONGHOLD  
FOOD PANTRY

STRONGHOLD DISTRIBUTION & HAPPY BOTTOMS  
By Appointment Only | [strongholdfoodpantry.org](https://strongholdfoodpantry.org)

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5 PopUp Fort Belvoir	Closed	Closed	Closed	Closed	10
11	12	13	14 Open Pantry Happy Bottom 11:00 - 1:00	15	16	17
18	19	20	21 Open Pantry Happy Bottom 11:00 - 1:00	22	23	24
25	26	27	28 Open Pantry Happy Bottom 11:00 - 1:00	29	30	31

ATTENTION  
PLEASE!

IMPORTANT  
ANNOUNCEMENT

Stronghold Office Hours for emails and to  
return phone calls are Monday, Tuesday, and  
Thursday from 9:00am - 3:00pm.  
Open Pantry Hours, by appointment, are  
Wednesday from 11:00am - 1:00pm.

  
You can email us at:  
[contact@strongholdfoodpantry.org](mailto:contact@strongholdfoodpantry.org)  
or leave a message at (913) 303-8372

Stronghold: Happy Bottoms Program  
Powered by Rapid Response Charities



Free Monthly Diaper Distribution  
Email: [contact@strongholdfoodpantry.org](mailto:contact@strongholdfoodpantry.org)

  
More than a food pantry.

Hunger  
Buster  
Pack

POWERED BY FLY TIGHT EYES

Do you have a school aged child that  
could use a pack filled with  
breakfast, lunch, and snack goods to  
help them sustain a healthy active lifestyle  
over school break?

Bring your pack back for a REFILL,  
or register online to pick up your pack.

  
More than a food pantry.

  
عيا عيا

UNITED STATES ARMY  
COMBINED ARMS CENTER AND FORT LEAVENWORTH  
SEXUAL HARASSMENT AND SEXUAL ASSAULT RESPONSE WORKFORCE



  
Ms. Amanda Bonseigneur  
Lead SARC  
[Amanda.bonseigneur.civ@army.mil](mailto:Amanda.bonseigneur.civ@army.mil)  
Teams: 520-669-3474  
Office: 913-684-2810  
Cell: 913-704-9620  
Bldg 197, 632 McClellan Ave

  
Mrs. Dannielle Rothering  
Supervisory SARC  
[Dannielle.r.rothering.civ@army.mil](mailto:Dannielle.r.rothering.civ@army.mil)  
Teams: 571-588-0146  
Cell: 913-704-5623  
Bldg 197, 632 McClellan Ave

  
SFC Jerri Osborne  
Team 1 SARC  
[jerri.l.osborne.mil@army.mil](mailto:jerri.l.osborne.mil@army.mil)  
Teams: 520-692-6520  
Office: 913-684-2842  
Cell: 913-565-0741  
Bldg 197, 632 McClellan Ave

  
LTC Craig Arnold  
Team 2 SARC  
[craig.d.arnold.mil@army.mil](mailto:craig.d.arnold.mil@army.mil)  
Teams: 520-692-8849  
Office: 913-684-2818  
Cell: 913-704-9604  
Bldg 197, 632 McClellan Ave

  
SFC Jacob Roach  
Team 3 SARC  
[jacob.w.roach.mil@army.mil](mailto:jacob.w.roach.mil@army.mil)  
Office: 913-684-0956  
Cell: 913-547-5075  
835 Sabalu Rd

  
Mr. Josh Belle  
Team 4 SARC  
[joshua.p.belle.civ@army.mil](mailto:joshua.p.belle.civ@army.mil)  
Teams: 520-945-5992  
Office: 913-684-5230  
Cell: 913-680-5699  
Bldg 58, 614 Custer Rd

  
Ms. Nicole Hernandez  
Victim Advocate  
[Maureennicole.n.hernandez.civ@army.mil](mailto:Maureennicole.n.hernandez.civ@army.mil)  
Teams: 520-692-9215  
Office: 913-684-5230  
Cell: 913-544-9243  
Bldg 58, 614 Custer Rd

  
Ft Leavenworth SHARP Resource Center  
Building 197, 632 McClellan Ave  
Fort Leavenworth, KS 66027  
Contact the team at [usarmy.leavenworth.cac.mbx.cac-sharp@army.mil](mailto:usarmy.leavenworth.cac.mbx.cac-sharp@army.mil)

Located at the corner of  
Kearny Avenue and  
McClellan Avenue, next to  
the Post Parade Field

We Have Realigned Under an Installation Model

Team 1

AAFES, ACS, AFC, ARI, CDID, Cemetery, CID, CPAC, DeCA, DES, DLA, DMPA, FMWR, LRC, MCCoE, MICC, Museum, NEC, PAO, RCI Housing, TDS/SJA, TRAC, USAFMSA, USAG HQ, USASMDC, USD 207, and US STAG CMD.

Team 2

CAC HQ, CAC-T HQ, MCTP, NSC, STB, TMD, 505th CCW and 500th/67th MP

Team 3

ACB, MWJRCF, USDB

Team 4

Army U, CGSC, Dental, DLI, MAHC staff, Patients, SAMS, SOF, TRADOC, Veterinarian, and Other Service Staff tenant personnel

Fort Leavenworth 24/7 SHARP Hotline  
913-683-1443  
DoD Safe Help Line  
877-955-5247

Sexual Harassment Complaint Reporting Option  
Formal | Anonymous | Confidential  
Sexual Assault Reporting Option  
Restricted | Unrestricted | CATCH-Only  
Retaliation Reporting Options  
Command | IG | SARC | DoD Safe Helpline | CPAC (DA Civ Only)

Find us on Facebook





WeCare App





STEP FORWARD: Prevent. Report. Advocate.  
Current as of 18 March 2025



Ike Skelton Combined Arms Research Library

May 1st - July 3rd

Library Hours:

Mon-Thurs: 0700-1700

Fri: 0700-1630

Sat: 0900-1300

Closed Federal Holidays

3rd Floor by appointment



Base visitors:  
REAL ID Required after May 7, 2025

Know the difference

REAL ID Driver License

A REAL ID is usually marked by a **GOLD STAR** in the upper right hand corner, depending on the issue:

- Meets the new federal security standards
- May be used to board domestic flights
- Enter **MILITARY BASES**, secure federal facilities, and nuclear power plants starting **May 7, 2025**
- Anyone coming onto base as a sponsored guest after the deadline will need a Real ID
- U.S. Department of Defense ID, including IDs issued to dependents are considered to be Real ID compliant.



Standard Driver License

It will not have a gold star marking in the upper right hand corner. If you plan to fly domestically, a REAL ID is recommended.

- Does not meet the new federal security standards
- Cannot use to board domestic flights starting after the new May 7, 2025 deadline
- Cannot use to enter military bases, secure federal facilities, or nuclear power plants starting May 7, 2025

REAL ID is a federal security credential added to State-Issued Driver Licenses and Identification Cards that establishes a minimum security standard required for specific activities.





# FAMILY ADVOCACY PROGRAM



Mon- Fri 8:00 a.m.-4:30 p.m. with limited hours Thur 1-4:30 p.m. | 913-684-HELP (4357) / 2800

**MAY 2025**

Resiliency Center, 600 Thomas Ave, Building 198 \*\*\*ACS is closed for lunch from 1130-12:30pm daily\*\*

## NEW PARENT SUPPORT PROGRAM

\*\*Call 913-297-3212/ 9704 to register for all NPSP classes & events

**Stroller Walk**  
Tuesdays, 10:00am  
Meet in front of  
Resiliency Center

**Toddler Time**  
Wednesdays, 9:00am  
Resiliency Center  
Playroom

**Story Time**  
Wednesdays, 10:00am  
Resiliency Center  
Room 157

**Play Morning**  
Thursdays, 9:00-10:00am  
& 10:00-11:00am  
Resiliency Center  
Playroom

**Wiggles and Giggles**

Fridays, 10:00 - 11:00am  
Resiliency Center  
Playroom

## TODDLER TIME



**Childbirth Series**  
May 5, 12, 19,  
5:00-7:00pm Resiliency  
Center  
Room 157

**Dad's Night Out**  
May 21, 6:00-8:00pm  
Restaurant TBD

**Mom's Night Out**  
May 28, 6:00-8:00pm  
Restaurant TBD

## FAMILY ADVOCACY PROGRAM

\*\*Registration Required for all FAP events. Classes at  
Resiliency Center, Room 145

**Anger Management:**  
8 Week Session  
May 1, 8, 15, 22, 29 &  
June 12, 19, 26, 1:30pm- 3pm

**5 Love Languages of Teens**  
May 14, 1:00-2:30pm



**Stress Management** May  
15, 11:30am-1:00pm



May 16, 1:00-3:00pm  
EFMP Playground  
(Behind the Post Theater)  
Event for ages 2+



May 16, 1:00-3:00pm

**Navigating the Teen Years**  
May 28, 1:00-2:30pm

**SAVE THE DATE!**

**Father Daughter Tea Party**  
June 1, 2:00-4:00pm

**Father/Son Scavenger Hunt**  
June 7, 9:00-11:00am



**CALL ACS TO REGISTER FOR CLASSES TODAY! ALL EVENTS LISTED ARE FREE!**

<https://leavenworth.armymwr.com/>

<facebook.com/FortLeavenworthACS>

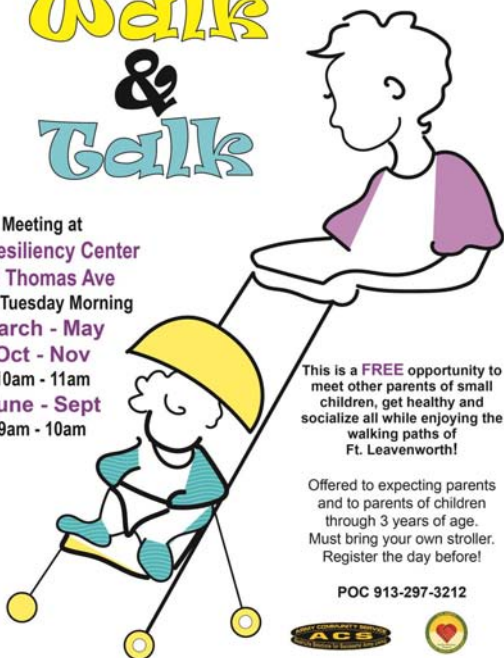
<facebook.com/FortLeavenworthFMWR>

<https://home.army.mil/leavenworth/>

## Stroller Walk & Talk



Meeting at  
The Resiliency Center  
600 Thomas Ave  
Every Tuesday Morning  
March - May  
Oct - Nov  
10am - 11am  
June - Sept  
9am - 10am



This is a **FREE** opportunity to meet other parents of small children, get healthy and socialize all while enjoying the walking paths of Ft. Leavenworth!

Offered to expecting parents and to parents of children through 3 years of age. Must bring your own stroller. Register the day before!

POC 913-297-3212



ACS Family Advocacy New Parents Support Program Presents

## Toddler Time Playgroup

- Free toddler play group.
- Open to ages 2-3 years old with adult.
- Offers an introduction to preschool routines, explores educational concepts, and builds social skills through hands on experiences and activities.

**Wednesdays @ 9:00am**

Located at the Army Community Service Resiliency Center  
600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text  
913-297-3212 or 913-297-9704



## CROCHETING CLUB

**Jan 31, Feb 21,  
Mar 14, Apr 18, May 16  
1pm - 3pm  
Room 145  
600 Thomas Ave**

Come join our Crocheting Club and learn a new skill, or perfect an existing one!

"Stitch" together, connect & create! Supplies will be provided! Have a favorite yarn? You're welcome to bring it!

Please RSVP one day prior to class  
Call 913-684-2808/2800

**FREE!**  
Ages 8+



## 5 Love Languages of Teenagers



Do you ever feel like you and your teen are speaking another language?

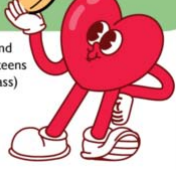
The "5 Love Languages of Teenagers" class is geared toward caregivers that want to communicate with their teens in a way that everyone feels heard, understood, and most importantly loved.

**ACS Classroom 145**  
Feb 12, May 14, Aug 13, Nov 12  
1-2:30pm  
**FREE**

Open to all DOD civilians, active duty, and retired military that are caregivers raising teens  
Call to register (deadline is day before class)  
913-684-2822 / 2808



leavenworth.armymwr.com



ACS Family Advocacy New Parents Support Program Presents

## Storytime!



**Free**  
Open to ages 3 months - 3 years old with adult.

Join us for storytime to use our imagination and develop a love of books

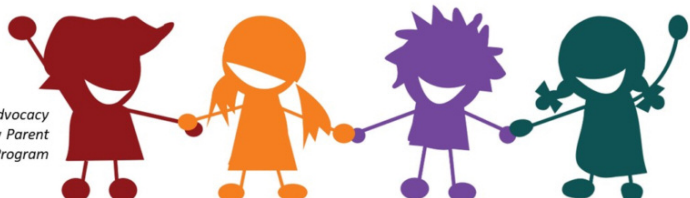
Storytime fosters early literacy skills, language development, and social growth.

**Every Wednesday @ 10:00 am**

Located at the Army Community Service Resiliency Center  
600 Thomas Ave. Fort Leavenworth, Kansas

Registration required call or text  
913-297-3212 or 913-297-9704

ACS Family Advocacy  
New Parent  
Support Program



## Play Morning

Thursdays from 9-11:00 a.m.

Ages 3 months - 3 years with Guardian • Resiliency Center

Free play group for ages 3 months - 3 years and their parents/guardians.

Enjoy a large play area with interactive activities, toys and crafts to develop gross and fine motor skills. Play with other kids, meet other parents and learn about healthy childhood development.

Army Community Service | Resiliency Center | 600 Thomas Ave. | Fort Leavenworth, Kansas

Registration required, cut off is day before event (913) 297-3212 or (913) 684-2800



<www.facebook.com/acs.fortleavenworth>



Get their wiggles out and join in some baby giggles!  
Take a moment to connect with other parents!  
Babies learn through play! So let's get on the floor and explore!

For more info or to register call 913-297-3212/ 9704



## WIGGLES & GIGGLES


**Fridays 10am - 11am**  
**ACS Playroom**  
**600 Thomas Ave**

**FREE**  
**Ages 3-12 months**  
**Register by COB Thursday**



We wanna go...









## Co-Parenting Workshop

**Round 1: April 7, 14, 21, 28**  
**Round 2: July 7, 14, 21, 28**  
**Round 3: September 8, 15, 22, 29**  
**@ 12:00pm - 1:00pm**  
**ACS Classroom 145**  
**600 Thomas Ave**

Learning to co-parent after a divorce can feel like being on opposite ends of a chasm.

Our four week workshop will show you how to build a bridge that will enhance parenting skills, enrich positive co-parenting, learn to develop and use boundaries, and establish a joint plan for managing expectations about your children's growth, development, and behavior.

FREE and open to all DoD ID holders 18+ Register by calling 913-684-2811/ 2808  
Deadline to register is day before class.  
Participants are encouraged to attend every class as each session will be different. Ask about virtual options!





## Summer Dance Camps

SKIES Building / 320 Pope Ave / Ft. Leavenworth, KS

Make magical memories this summer with our new Ballet Summer Camps!

\*Can't bear to part with your tutu at the end of Ballerina Tutu Camp? SKIES has a variety of tutus available to purchase for only \$50! Tutu purchase is not required to attend camp, sales are first come, first served\*

**\$36 a Camp**  
limited spaces  
enroll today!

**Ballerina Tutu Camp\***  
**June 3 - 5**  
Bring your own tutu or borrow one from SKIES!  
Ages 3 - 4  
4:30pm - 5:15pm  
Ages 5 - 10  
5:30pm - 6:15pm

**It's Still Summer Dance Camp**  
**July 29 - 31**  
No dress code required! Come as you are and get ready to dance!  
Ages 3 - 4  
4:30pm - 5:15pm  
Ages 5 - 10  
5:30pm - 6:15pm

Enrollment is open now! Must be registered with Parent Central  
Call for more info: 913-684-3207  
Leavenworth.armymwr.com



## Now offering new classes at SKIES!

Come get a kick out of Tae Kwon Do!

Brand new, fun, and physical classes taught by a certified black belt in Tae Kwon Do.  
**ENROLLMENT IS OPEN NOW!**

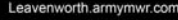



# TAE KWON DO!

**Tuesdays & Thursdays**  
**Ages 6 - 12 at 4pm**  
\$11 a class session (multiplied by number of classes offered in a month) limited space

**Ages 6 - 12 at 5pm**  
Joint class w/ Parent or Guardian  
\$22 a class session (multiplied by number of classes offered in a month) limited space  
Fee is for one child plus adult, please contact SKIES to add additional children to session at \$11 a child.

**Gruber Fitness Center**  
**Martial Arts Room**  
**200 Reynolds Ave**  
**Ft. Leavenworth, KS**

Must be registered at Parent Central to attend classes. Classes will remain open until full.  
Call for more info: 913-684-3207



## STRESS Management




**May 15, July 17, September 18, November 20**  
**11:30am - 1:00pm**  
**600 Thomas Ave**  
**Room 145**

**STRESS WEIGHING YOU DOWN?**

**IT'S TIME TO TAKE BACK CONTROL**

**WORK**  
**HOME**  
**BILLS**  
**SAVINGS**

FREE one-session workshop 18+  
No childcare  
Deadline to register is day before training. Virtual attendance is available through TEAMS.  
For more info: Call 913-684-2808



## Father / Daughter Tea Party

**June 1, 2025**  
**2 pm - 4 pm**  
**FCC Ballroom**

**Register by May 23**  
913-684-2808/ 2822

Please join us for a special Father/ Daughter Tea Party. Dress to impress in business casual, Sunday best, or Dress Blues. There will be Dancing, Refreshments at Tea Time, Commemorative Pictures, and a Surprise to take home!

FREE and open to Active Duty and Retired Military / Recommended Ages 10 and under



## FATHER/SON Scavenger Hunt

**June 7**  
**0900-1100**  
**Hunt Lodge**  
**800 Wainwright St.**  
**Fort Leavenworth**

Looking to get outside and have some fun?

Geared toward Active Duty Dads with sons ages 12 and under, this FREE event celebrates Dads Make a Difference Month.

There will be multiple outdoor stations where fathers can pass on their knowledge of military training to their sons. Together, they will complete physical activities such as low crawling, archery, and a three-legged race!

Wear outdoor play clothes, sunscreen, and bug spray. Water will be provided.

Registration is required/ Call 913-684-2808/ 2822 to register before May 30





## MUFFINS With MOM

**May 16**  
1pm - 3pm  
EFMP Playground (Behind the Post Theater)

FREE! Event is for ages 2+

Celebrate Mom in the month of May! Kids can play, plant a seedling to take home, and enjoy a muffin!

All supplies are provided. Please RSVP by May 14  
Call 913-684-2808/ 2800



## DAD'S NIGHT OUT

Dad's Night Out is offered by ACS New Parent Support Program for Dads of children 0-3 years of age to get out of the house without the kids and meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.

**2025 DATES:**  
Jan 22 • Feb 19 • March 19 • April 23  
May 21 • June 18 • July 23 • Aug 20  
Sept 17 • Oct 22 • Nov 12 • Dec 3

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Dads with children 0-3 years old.

For more info: (913) 297-3212 or (913) 684-2800



## MOM'S night OUT

This event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.

**2025 Dates:**  
Jan 29 • Feb 26 • March 26 • April 30  
May 28 • June 25 • July 30 • Aug 27  
Sept 24 • Oct 29 • Nov 19 • Dec 10

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old.

Info: (913) 297-3212 or (913) 684-2800



## Teen Employment Workshop



Picking your future career is just one piece of the puzzle.


The Teen Employment Workshop takes the guesswork out of job searching, resume building, and tailoring your skills to the job that you want!

Learn how to fit the pieces together to create an exciting picture of your future career goals!

**ACS Classroom**  
**10:00am - 12:00pm**  
**March 14**  
**April 18**  
**May 30**  
**June 28**  
**July 11**  
**August 1**

FREE! Registration is required the day before the workshop. For ages 14 - 20  
For more info please call 913-684-2800





## ACS New Parent Support Prenatal Classes 2025

Free for Expectant Parents!



**600 Thomas Ave**  
**Room 157**  
All classes are from 5 pm - 7 pm

**Childbirth Classes:**  
Series of three classes  
**Jan 6th, 13th, 27th**  
**Mar 3rd, 10th, 17th**  
**May 5th, 12th, 19th**  
**July 14th, 21st, 28th**  
**Sep 8th, 15th, 22nd**  
**Nov 3rd, 17th, 24th**

**Newborn Care Classes:**  
**Feb 3rd**  
**April 7th**  
**June 2nd**  
**August 4th**  
**October 6th**  
**December 1st**

**Breastfeeding Classes:**  
**February 10th**  
**April 14th**  
**June 9th**  
**August 11th**  
**October 20th**  
**December 8th**

Deadline for Registration is the Friday before the class. Pre-registration is required.  
Contact 913-297-3212



## ACS New Parent Support 2025 Potty Training

Come join us to learn the cues to look for when deciding to potty train! Learn valuable tips to get you started!


**Are you ready?**

**Time to lose the diapers?**

**FREE**  
For Parents of Children aged 0-4 years  
\*Pre-registration Required\*  
Deadline is Friday before class  
Contact 913-297-3212

**600 Thomas Ave**  
**Room 157**  
**2/24, 4/28, 6/16, 8/18,**  
**10/27, 12/15**  
**5 pm - 7 pm**





## Navigating the Teen Years

Ever wish that raising your teen came with an instructional manual?

The Navigating the Teen Years workshop is your guide to the difficult questions.





We'll discuss:

- Teen Mental Health
- Substance Abuse
- Raising Teens in a Digital Age
- Understanding Social Media
- Teen Sexualized Behaviors

FREE and open to all DoD ID holders 18+ Register by calling 913-684-2811/ 2808  
Deadline to register is the day before class.

**ACS Classroom 145**  
**600 Thomas Ave**

One session workshop Available in person or virtual



## DoD Safe Helpline

Sexual Assault Support for the DoD Community

**safehelpline.org | 877-995-5247**



## ARMY COMMUNITY SERVICE ACS

Real-Life Solutions for Successful Army Living

**Victim Advocate Hotline: (913) 684-2537**  
**Child Abuse Hotline: (913) 684-2111**  
**SHARP Hotline: (913) 683-1443**  
**Chaplain: (913) 683-1443**  
**AER Assistance After Hours:**  
**American Red Cross at (877) 272-7337**



# ARMY COMMUNITY SERVICE



Mon- Fri 8:00 a.m.–4:30 p.m. with limited hours Thur 1–4:30 p.m. | 913-684-HELP (4357) / 2800

**MAY 2025**

Resiliency Center, 600 Thomas Ave, Building 198 \*\*\*ACS is closed for lunch from 1130-12:30pm daily\*\*

## RELOCATION READINESS PROGRAM

**In-Processing Brief**  
Tuesdays, 9:00-10:00am

**OCONUS Levy Brief**  
Tuesdays, 10:00-11:00am

**Hearts Apart Bowling for Families of Deployed Service Members**  
May 3, 12:00-2:00pm Strike Zone Bowling Center  
\*Registration Required

## PCS SEASON IS HERE!

**Smooth Move** offered upon request.

### Lending Closet

Are you In/Out-Processing and need essentials? ACS has short-term basic items to help you get by.

- kitchenware
- cookware
- small appliances



<https://leavenworth.armymwr.com/>

## EMPLOYMENT READINESS PROGRAM

**Resume Writing**  
May 7, 12:00-2:00pm &  
\*\*Evening 5:00-7:00pm

**Federal Employment**  
May 14, 12:00-2:00pm  
\*\*Evening 5:00-7:00pm

**Interview Skills & Professionalism**  
May 21, 12:00-2:00pm  
\*\*Evening 5:00-7:00pm

**Teen Employment**  
May 30, 10:00am-12:00pm

Visit us on FB @Fort Leavenworth ERP for job postings.

## ARMY VOLUNTEER CORPS

**Volunteer Basics**  
May 9, 12:00 - 1:00pm

Visit: <https://vmis.armyfamilywebportal.com> to register for an account and find opportunities to volunteer in the community.

## VOLUNTEER



<facebook.com/FortLeavenworthACS>



## FINANCIAL READINESS PROGRAM

Offers counseling services and classes upon request to assist Soldiers and their families in achieving personal financial goals.

## EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)

\*Registration Required for EFMP events

**EFMP Refreshing Conversation**  
May 1, 10:00-11:00am

**EFMP Recreational Bowling**  
May 3, 12:00-2:00pm  
Strike Zone Bowling Center

<facebook.com/FortLeavenworthFMWR>

## ARMY EMERGENCY RELIEF (AER)

provides emergency assistance to active duty service members, their families, and retired service members.

For emergency financial assistance, apply at <https://www.armyemergencyrelief.org/> and call the ACS main line during duty hours to follow up.

## SURVIVOR OUTREACH SERVICES

**SOS Paint & Brunch**  
Saturday, May 10, 2025  
10:00am-1:00pm  
Resiliency Center/Bldg. 198

Follow SOS@ <https://www.facebook.com/FortLeavenworthSurvivorOutreachServices/>

<https://home.army.mil/leavenworth/>

## EFMP/ Waiting Families RECREATIONAL BOWLING

Every first Saturday of the month  
12:00pm - 2:00pm  
Strike Zone Bowling Center  
165 Fourth St



Meet other EFMP families! EFMP Recreational Bowling is a fun way to socialize, and sharpen fine motor skills.

All ages welcome!  
**FREE** for the entire family including shoes! Bumpers, bowling ramps, and lightweight bowling balls are available.

Pre-registration is required the Wednesday before the event. Fort Leavenworth Waiting Families, call ACS to reserve your spot! Call 913-684-2800 for more info or to register



## ARMY COMMUNITY SERVICE LOAN CLOSET

FORT LEAVENWORTH, KANSAS

913-684-2830/2800

Who: All Active Duty, Retiree, DA Civilian and their family members who are either permanent party, TDY or PCSing.

When: M-F 0730-1630

Where: 600 Thomas Avenue (Pull into the Alley behind the ACS building and call the number on the black sign).

Rules: Loans are limited to 30 days for in and out-processing personnel. This can be extended by phone if needed. Checkout of items for an event is limited to 10 days. Customers are responsible for replacing any item that is damaged or lost.

### Items available:

#### Pre-Packed Kitchen Kit:

1 Bowl (mixing)  
1 Pitcher  
1 Colander  
1 Cutting Board  
1 Skillet  
2 Pots with Lids  
4 Plates  
4 Bowls  
4 Coffee cups  
4 Forks  
4 Spoons  
4 Knives

1 Large Kitchen Knife  
4 Steak Knives  
1 Peeler  
1 Cookie Sheet  
2 Serving Spoons  
1 Spatula  
4 Plastic Glasses  
1 Can Opener  
1 Set of Measuring Spoons  
1 Measuring Cup  
1 Pot Holder

#### Additional Items Available:

Cheese Graters  
Pizza Cutters  
Spaghetti Servers  
Tongs  
Whisks  
Glass Baking Dishes-Rectangle  
Glass Baking Dishes-Circle  
Muffin Pans  
Hand Mixers  
Veggie Steamers  
Large Kitchen Knives  
Mixing Bowls  
Skillets  
Pots with Lids

Plates  
Bowls  
Coffee Cups  
Blenders  
Coffee Makers  
Crock Pots  
Toasters  
Rice Cookers  
Microwaves  
Indoor Grills  
Electric Skillets  
Panini Grills  
Plastic Glasses  
Utensils

Square Tables  
Circle Tables  
Folding Chairs  
Strollers  
Baby Gates  
Booster Seats  
Cribs  
High Chairs  
Pack and Play  
Laundry Baskets  
Sleeping Mats  
Irons  
Ironing Boards  
Trash Cans

ACS Family Advocacy Program Presents:

## ANGER MANAGEMENT

Feb 20 • Apr 17 • Jun 12

Aug 21 • Oct 16 • Dec 11

Thursdays from 11:30AM - 1PM  
ACS Conference Room, Room 145

Learn how to identify the different kinds of anger and ways anger is expressed. Build skills to deal with strong and destructive behavior and emotions.

FREE and open to DoD ID card holders 18 and above.

Childcare not provided.

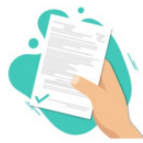
Registration is required, and must be done the day before the class.

For more info or to register call, (913) 684-2808/2822



## Employment Readiness Program Classes

ACS Classroom • Resiliency Center, 600 Thomas Ave.  
Wednesdays • 12PM - 2PM\*



Scan QR Code for more info!

\*Classes are from 12PM - 2PM\*

Registration is required for evening classes only.

Open to DoD ID card holders.

For more info call:  
(913) 684-2800



## Financial Readiness Milestone Training

Are you financially prepared for what life throws your way? Let us help! We offer free Financial Readiness Training on a variety of subjects.

Some of the topics we will discuss:

Pre-Deployment  
Post-Deployment  
PCS  
Marriage  
Divorce  
Vesting in TSP  
Promotion  
First Child  
Continuation Pay  
Disabling sickness/injury/condition

Held monthly every  
2nd & 4th Thursday @  
0900am - 1100am.  
Bldg 198 Room 157



INFO: 913-684-2852 / 2800



## HEADS UP



We are all trying to get somewhere, so let's pay attention to each other and get places safely!

Here are few tips for pedestrians and drivers to be aware of when traveling on post.



### HEADS UP PEDESTRIANS!

- Walk on sidewalks whenever they are available
- Look up from your phone and pay attention when approaching a crosswalk
- Watch for vehicles turning left or right before you cross
- Whenever possible, cross streets at crosswalks or intersections, where drivers expect pedestrians
- Wear bright or reflective clothing during reduced visibility so drivers can see you

### HEADS UP DRIVERS!

- Put away all distractions and pay attention to the road
- Always look out for pedestrians
- Obey the posted speed limit
- Yield to pedestrians in crosswalks
- When opening your vehicle door be alert for bicyclists
- When paralleling a sidewalk and making a right turn, be sure to check your right rear

FLKS Garrison Safety Office: [usarmyleavenworth.id-training.mbx.safe@armymil](mailto:usarmyleavenworth.id-training.mbx.safe@armymil)



7 March 2025

## Cybercrime Prevention Flyer

Government Agency Text Scams

Due to convenience and immediacy in communication offered by text messaging, many people are more likely to readily check these messages and respond quickly as compared to email or answering a phone call. As cybercriminals and scammers are well acquainted with the most effective means to communicate with unsuspecting victims, and due to the proliferation of cell phones (approximately 310 million in the U.S. as of 2024), sending a convincing scam via text can be an effective method for criminal elements to engage unsuspecting individuals. A single reply by one victim can net a cybercriminal hundreds or even thousands of dollars; the potential amounts are even higher with multiple replies.

To add authenticity, scammers often draft a convincing text message purported to come from an official local, state, or federal agency. Some common scam themes include:

- **IRS Scam** – Often seen during tax season, IRS-themed messages request personal information to process a refund or recalculate tax amounts. Payment might be requested to allow the recipient of the text to avoid prosecution or having their social security number cancelled.
- **Social Security Scam** – Frequently targeting older adults, Social Security scammers often revolve around overpayment, suspension of benefits, or requests for additional information necessary for a payment increase.
- **U.S. Postal Service** – Using notification of an incoming package, scammers request recipients to click on a provided link which then leads to a website requesting personal or financial information.
- **Speeding and Parking Ticket Scams** – This scam involves a text indicating recipient's vehicle was exceeding the speed limit or parked illegally, and a citation was issued; it then requests payment to avoid a court appearance.
- **Jury Duty Text Scam** – Seemingly sent from a court with a claim the recipient missed jury duty and is required to pay a fine or provide personal information to avoid jail time or fines.
- **Other Government Agency Scams** – Within a month of the establishment of the Department of Government Efficiency (DOGE), scammers began targeting government personnel with DOGE-themed scams.

### Text Scam Protection Tips

- Bear in mind that the IRS does not text taxpayers; the IRS contacts taxpayers through the U.S. Postal Service unless in special circumstances wherein taxpayers would be contacted by phone.
- Do not click on links received in text messages, or reply to text messages, if the sender is unknown or the message looks questionable.

Supervision of Children or Home Alone Policy  
Per CAC Supplement to Army Regulation 608-18

\*\* Children with a history of Attention Deficit Hyperactivity Disorder (ADHD), Attention Deficit Disorder (ADD), Developmental Delay, behavioral problems, impulsivity, psychiatric problems or other special needs should not be given the degree of self-management or responsibility allowed in this policy.

### HOME ALONE?

- Birth to 9 years old – NEVER
- Ages 10 to 11 – Can be left up to 2 hours with an emergency plan in place and access to an adult (NEVER overnight) but not dropped off at F&MWR without adult supervision
- Ages 12 to 14 – Up to 3 hours with an emergency plan in place and an adult checking on them in person or telephonically (NEVER overnight)
- Ages 15 to 17 – Up to 6 hours (NEVER overnight) with an emergency plan in place and access to an adult

### BABYSITTING?

- Birth to 11 years old – NEVER
- Ages 12 to 14 – Must have completed a CYS approved babysitting course. May babysit with an adult checking on them every 3 hours in person or telephonically (NEVER overnight)
- Ages 15 to 17 – Must have completed a CYS approved babysitting course. May babysit up to 6 hours with ready access to adult supervision (NEVER overnight)

### UNATTENDED IN VEHICLE?

- Birth to 9 years old – NEVER
- Ages 10 and older – Yes under normal weather conditions

### UNATTENDED OUTSIDE?

- Birth – 4 years – Direct supervision, NEVER LEFT ALONE
- Ages 5 to 6 – Immediate supervision, MUST be within eyesight or hearing distance from supervising adult with the ability to respond to an emergency in 30 seconds
- Ages 7 to 9 – Monitored supervision, If in a playground or yard access to adult supervision at all times
- Ages 10 to 11 – Self-care supervision up to 2 hours with access to adult supervision
- Ages 12 to 14 – Self-care supervision up to 3 hours
- Ages 15 to 17 – Self-care supervision up to 6 hours
- Children 11 and under will not be dropped off at F&MWR activities without adult supervision per policy guidance.

> Kindergarten must be accompanied by an adult to and from school  
> 1st Grade and above – May walk to and from school and supervised activities alone  
> During school year children 9 & younger must be escorted across heavy traffic roads (i.e., Grant, Hancock and Bidde)

CURFEW (Children must be accounted for by a parent during the following time periods.)  
• Ages 15 and younger is 2230-0600 hours.  
• Ages 16 and 17 is 0030-0600 hours.

Questions? Call Family Advocacy Program Manager (FAPM) at (913) 684-2822, Behavioral Health at (913) 684-6778 or Military Police at (913) 684-2456.  
\*\*For a complete Supervision of Children and Home Alone Policy please contact the FAPM.

19 Oct 21





7-13 June 2025

# LEAVENWORTH WEEK

Family Retreat  
Spring Canyon Conference Center  
Buena Vista, CO  
leavenworth@ocfusa.org

Join us monthly

# DATE NIGHT

6-10 PM @ Frontier Chapel

Meals & Childcare provided

Sponsored by  
Fort Leavenworth  
Chapel Community

Supported by  


## Invest in your marriage this year!



05 SEP, 03 OCT, 07 NOV, 05 DEC, 09 JAN, 06 FEB, 06 MAR, 03 APR, 01 MAY

Each Date Night begins with a faith-based marriage enrichment presentation. Then couples are released to go out on a date and further discuss the topic together. Children will remain safely supervised by childcare professionals at Frontier Chapel (6-10 pm or pick up kids earlier)!

For more information and to register scan the QR code or call 913-680-7336

Catholic Women of the Chapel



CWOC resumes on January 9, 2025  
and meets Thursdays at 9:00am  
in the Pioneer Chapel Activity Room

Join us for our faith study:  
**THE RETURN OF THE PRODIGAL SON**  
by Henri Nouwen

LEARN MORE >>

Find our complete calendar on  
Facebook 'CWOC Fort Leavenworth'



# Looking for Community?

## Join Campus Life Military



FB: Ft. Leavenworth Club - Campus Life Military  
IG: @campuslifefortleavenworth

Samantha Odle  
(605) 569-3820 / sodle@yfc.net



## Pregnancy & Infant Loss Memorial Garden Dedication

and Mary Garden activity

May 1st, 2025  
0900 at Pioneer Chapel



MILITARY CAMP AT EAGLE SKY

REACHING MILITARY-CONNECTED YOUTH  
END OF YEAR IMPACT

574 Weekly messages of encouragement  
Students known by name

882 Commitments to follow Christ

14 Small Group meetings to dive deeper into the Word

328 Lost kids in Christ-sharing relationships

338 Meetings with students to focus on their individual needs

638

# Volunteer!

MWR needs you!!!

Post Theater Volunteers needed NOW!!!

We are always looking for:  
Youth Sports Coaches  
Stray Facility Volunteer  
Youth Sports Official/Referee  
Village Mayor/Vice Mayor



Calling all Units and Organizations, Scouts, ROTC, Students...  
WE'RE BACK - but we need your help!!!  
It takes a village to keep a village going!  
Be a part of making Fort Leavenworth  
The Best Hometown in the Army!

Call (913) 684-2736 to Volunteer at the Theater today!



## Integrity. Dedicated Service. Financial Solutions.

Anytime, Anywhere.

frontierccu.org (913) 651-6575



Federally Insured by NCUA



# PCSing overseas with pets?

Call 913-684-6510  
to discuss requirements





## PCS Prep: OCONUS & Pets

Planning a PCS move with pets somewhere outside the continental United States? Contact the Fort Leavenworth Veterinary Treatment Facility at 913-684-6510 to discuss requirements to take your pets overseas, to include Hawaii and Alaska. There are different requirements based on location, and in some cases it is necessary to begin the process to obtain a health certificate for your pet months in advance. Contact the Fort Leavenworth Veterinary Treatment Facility for more information at 913-684-6510.



# Volunteers Needed for Night at the Museum

The Friends of the Frontier Army Museum (FFAM) are hosting their annual Night at the Museum, an education event where the exhibits “come to life!”

Volunteers are need to help support this event. Most roles for this event are speaking roles. The script is embedded in the sign-up genius linked below.

Volunteer schedule

The event and walkthrough will take place at the **Frontier Army Museum, 100 Reynolds AVE Ft. Leavenworth**

- Walkthrough Wednesday May 7, 4pm FFAM will issue costumes and conduct a walkthrough of the event.
- Night at the Museum is Friday, May 9 from 5:00 - 8:00 PM. Tours start every 15 minutes between 5:30 PM and 7:00 PM.

FFAM will provide light refreshments prior to the event.

Sign up here to volunteer:

<https://www.signupgenius.com/go/8050B44ABA72CA0FB6-56398835-2025>



★  
UNITE VETERANS.

★  
STRENGTHEN BONDS.

★  
GATHER IN THE  
MOST PATRIOTIC CITY  
IN AMERICA.

## VACATION LIKE A VET KICKOFF CELEBRATION

*Branson Convention Center*

- ★ Live music by Eastern Heights
- ★ Family fun and kids activities
- ★ Network with Veteran Resources

## SATURDAY, MAY 24 VETERANS SOCIAL

- ★ Free go-karts at the Track Family Fun Parks for 100 Veterans and their family 9:00 AM-10:00 AM
- ★ Brew Crew at the Branson Chamber & CVB

## SUNDAY, MAY 25 EXPLORE BRANSON

- ★ Alabama concert at Thunder Ridge
- ★ Enjoy time with family and new friends



Exclusive discounts at participating businesses

VETERANS MEMORIAL MUSEUM





## May, June & July Workshops

### Watercolor

\$30 per workshop  
pre-registration required

**Watercolor (Landscape 1)**  
Tuesday,  
May 13  
6pm - 8pm

**Watercolor (Landscape 2)**  
Tuesday,  
May 20  
6pm - 8pm

### Framing

\$40 per class

**Intro to Framing**  
\*Must pre-register\*

Fridays  
May 9, June 13, July 11  
10am - 2pm

Saturdays  
May 24, June 28, July 26  
10am - 2pm

**Watercolor by the Lake (plein-air)**  
Tuesday,  
June 3  
6pm - 8pm

**Watercolor by the Lake (plein-air)**  
Tuesday,  
June 10  
6pm - 8pm



scan for more info

Call now to register!  
913-684-3373



### Paint & Sip

\$35

Must be 21  
years or older.  
BYOB



**Flower Crown Cow**  
Friday,  
May 9  
6pm - 8pm

**Two Toucans**  
Friday,  
June 13  
6pm - 8pm



**Jellyfish**  
Friday,  
July 11  
6pm - 8pm

Cost includes all supplies!

## Modern Calligraphy

### Basics

\$20 per class

Tuesday  
July 15  
6:30pm - 8pm

### Special Projects

#### Birthday Cards

Tuesday  
July 29  
6:30pm - 8pm

### Intermediate

\$20 per class

Tuesday  
July 22  
6:30pm - 8pm



### Crafts

\$35 per class

#### Patriotic Wooden Sign

Tuesday, May 13  
1pm - 3pm  
Friday, May 30  
11am - 1pm

#### Flower Wreath

Tuesday, June 10  
11am - 1pm  
Thursday, June 19  
6pm - 8pm

#### Wooden Growth Chart

Tuesday, July 8  
6pm - 8pm  
Friday, July 18  
11am - 1pm



Come see what's new at the Studio!

leavenworth.armymwr.com



## May, June & July Kids Weekly Classes

### Messy Art

\$12 per class

**Ages 7+**

Thursday  
May 15  
10:30am - 11:30am

Thursday  
May 29  
10:30am - 11:30am

Thursday  
June 26  
10:30am - 11:30am

Thursday  
July 10  
10:30am - 11:30am



Call now  
to register!  
913-684-3373

### Color Me Happy

\$10 per class

**Parent & Toddlers**

Thursday  
May 8  
10:30am - 11:30am

Thursday  
May 22  
10:30am - 11:30am

Thursday  
June 5  
10:30am - 11:30am

Thursday  
June 19  
10:30am - 11:30am

Thursday  
July 17  
10:30am - 11:30am

Thursday  
July 31  
10:30am - 11:30am



scan for more info



**Summer Studio Days**  
\$15 per class

**Kids Ages 6 - 11**  
Tuesday - Friday  
July 22 - July 25  
10:30am - 11:30am

**Youth Ages 12+**  
Tuesday - Friday  
July 22 - July 25  
1pm - 2:30pm

Need to beat the  
summer heat?  
Come to the Studio!

## Kids Summer Events

### Crafts

\$20 per craft

#### Mother's Day Gift & Card

Thursday  
May 1  
10:30am - 12pm

#### Father's Day Gift & Card

Thursday  
June 12  
10:30am - 12pm



Cost includes all supplies!

### Art History

\$15 per class  
(ages 7+)

#### Muffins & Michelangelo

Wednesday  
May 14  
1pm - 3pm

#### Rocket Pops & Ross

Tuesday  
June 17  
1pm - 3pm  
Wednesday  
June 18  
11am - 1pm

#### Dirt Cups & Andre' Derain

Tuesday  
July 15  
1pm - 3pm  
Wednesday  
July 16  
11am - 1pm

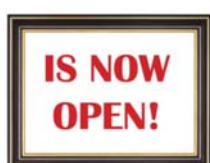


Come see what's new at the Studio!

leavenworth.armymwr.com



## The Fort Leavenworth Frame Studio



Come see us!  
**Arts & Crafts Studio**  
310 McPherson Ave  
(913) 684-3373

### Intro to Framing:

(\$40 a class must pre-register)

Every 2nd Thursday of the month from 10am - 2pm

Every 4th Saturday of the month from 10am - 2pm

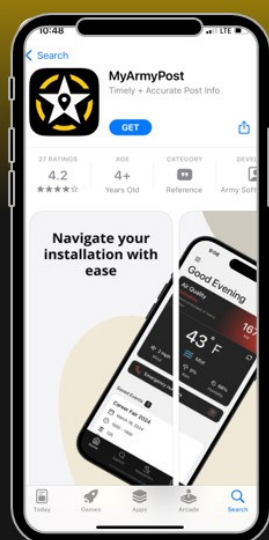
Deadline to register is the day before class.  
Ages 18+

**The Frame Studio is available for all of your framing needs!**

Military Prints  
Art Projects  
Photography Prints  
Graduation Certificates  
Etchings/Engravings  
Restoration

## My Army Post App

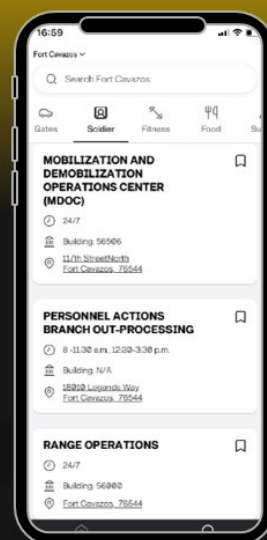
**Step 1:**  
Download the app



**Step 2:**  
Select your base



**Step 3:**  
Stay in the know!



WE ARE THE ARMY'S HOME | HOME.ARMY.MIL | ARMYMWR.COM





2025

Youth Sports & Fitness Camps

Registration starts April 14!

FITNESS

June 9 - 12

Cost \$40

Age Groups

Time

5 - 8 yrs

0900-1000

9 - 14 yrs

1000-1100

BASEBALL

July 14 - 17

Cost \$40

Age Groups

Time

5 - 8 yrs

0900-1000

9 - 10 yrs

1000-1100

11 - 14 yrs

1300-1400

BASKETBALL

July 21-24

Cost \$40

Age Groups

Time

5 - 8 yrs

0900-1000

9 - 10 yrs

1000-1100

11 - 14 yrs

1300-1400

leavenworth.armymwr.com

CHALLENGER SPORTS

SOCCER CAMP

Camps run Monday - Friday

June 2 - 6 / July 7 - 11 / July 28 - August 1

Age Groups

Time

Cost

3 - 4 yrs

0900-1000

\$110

5 - 6 yrs

1030-1200

\$125

7 - 9 yrs

0900-1200

\$165

10 - 14

0900-1200

\$165

Enrollments will end on the first day of each camp. Challenger Sports Soccer Camp enrollments can only be done at CYS Parent Central. Fitness, Baseball, and Basketball Camp enrollments can be completed at Parent Central or with Webtrac if participant is centrally registered.

Call 913-684-7525 / 7526 for more information

QR Code

MWR

CHILD YOUTH SERVICES

Starting May 3rd, 2025

Fort Leavenworth Group Fitness Classes

GRUBER FITNESS CENTER-200 Reynolds Ave. - 684-5120  
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530						
0900						Power Yoga (Kim)
0930		Zumba (Lydia)		Zumba (Lydia)		
1200						
1630		Zumba (Lydia)	Power Cycling (Kim)	Zumba (Lydia)		
1700	Power Yoga (Kim)					

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190  
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

\*Power Cut classes are held in the Bubble Gym

Single Ticket For \$5.00  
10 Tickets For \$45.00  
20 Tickets For \$80.00

<https://leavenworth.armymwr.com>

BRUNNER RANGE

2025

CALENDAR

For more information (913) 651-8132  
701 Sheridan Dr. Fort Leavenworth, KS 66027

Fun Shoot

1st Saturday of every month

4 January

1 February

1 March

5 April

3 May

7 June

5 July

2 August

6 September

4 October

1 November

6 December

Hours:  
Wednesday 12:00-8:00pm  
Thursday 12:00-8:00pm  
Saturday 10:00am-5:00pm  
Sunday 10:00am-5:00pm  
CLOSED  
M, T, F  
Fun Shoots begin at 9:00am  
Rod & Gun begin at 6:00pm

Special Fun Shoots

Rod & Gun

16 April

VFW Post 12003

26 April

Lil Weenie

17 May

Club Championship

21 June

One Gun/One Choke

19 July

Shuck n' Chuck

16 August

American Legion Post 411

20 September

Rod & Gun

15 October

Lil Weenie

18 October

League Schedule

Winter Combo

9 January - 13 March

Spring Combo

20 March - 22 May

Summer Warm-up

5 June - 10 July

17 July - 21 August

Fall Combo

4 Sept - 6 Nov

Winter Warm-up

13 Nov - 18 Dec

SCAN HERE

QR Code

LEAVENWORTH.ARMYMWR.COM

2025 STRONG BANDS

LET'S GET PHYSICAL!

Learn healthy habits and find participating Army MWR locations at [armymwr.com/strongbands](http://armymwr.com/strongbands)

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[armymwr.com/strongbands](http://armymwr.com/strongbands)

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[armymwr.com/strongbands](http://armymwr.com/strongbands)

2025 STRONG BANDS

May 17 & May 18

1st Annual Kickball Tournament

9AM - 7PM • Gruber Diamond

Games: Saturday and Sunday , 9AM-7PM at Gruber Baseball Field.

There will be a coaches meeting on Wednesday, April 30th at 5:30PM at Gruber Fitness Center.

Letters of Intent are due by COB Wednesday, May 7th.

Open to Active Duty, DoD Civilians, Retirees, Dependents, Spouses, and Contractors working at Fort Leavenworth ages 18 and older.

League awards given for tournament runner ups and tournament champions.

FREE event!

For more info:  
(913) 684-5136/3224

COMMIT - STAY FIT!

#STRONGBANDS  
[ArmyMWR.com/STRONGBANDS](http://ArmyMWR.com/STRONGBANDS)

U.S. ARMY

U.S. NAVY

U.S. AIR FORCE

U.S. MARINE CORPS

U.S. COAST GUARD

U.S. SPACE FORCE

2025 STRONG BANDS

May 24 • Disc Golf Tournament

8AM - 2PM • Disc Golf Course

Two-person team plays 18 holes, best shot rules.

The two-person best shot format will be used. Both players throw from each lie (starting with the tee shot), then the team chooses which of the resulting lies to continue play from, until the hole is completed.

For score integrity purposes, each team is required to keep the score of their opposing twosome. Teams will be sent onto the course with another team and will keep scores for both their own team and the opposing team. Any team that does not participate with an opposing team will not be eligible to win the tournament.

Prizes will be given out for 1st, 2nd, and 3rd place.

Staggered start from 0800-0900.

Registration is required and can be done at Gruber Fitness Center or by calling, (913) 684-5120

FREE event!

COMMIT - STAY FIT!

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2025 STRONG BANDS

May 1 - May 31

5th Annual Softball Tournament

Doniphan Field #1

Games: Every Monday and Wednesday 5:30PM - 8:30PM at Doniphan #1.

There will be a coaches meeting on Wednesday, April 16th at 5:30PM at Gruber Fitness Center.

Letters of Intent are due by COB Wednesday, April 30th.

Open to Active Duty, DoD Civilians, Retirees, Dependents, Spouses, and Contractors working at Fort Leavenworth ages 18 and older.

League awards given for tournament runner ups and tournament champions.

FREE event!

For more info: (913) 684-3224/5136

COMMIT - STAY FIT!

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HAVE A BALL @ THE STRIKE ZONE BOWLING CENTER & SNACK BAR!

The Strike Zone

165 Fourth St

913-684-BOWL

U.S. ARMY MWR

HAVE A BALL @ THE STRIKE ZONE BOWLING CENTER & SNACK BAR!

The Strike Zone

165 Fourth St

913-684-BOWL

U.S. ARMY MWR

LOOKING FOR ADVENTURE? CHECK OUT FORT LEAVENWORTH LEISURE TRAVEL SERVICES!

Leisure Travel Services

310 McPherson Bldg 464

(913) 684-2580

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LOOKING FOR ADVENTURE? CHECK OUT FORT LEAVENWORTH LEISURE TRAVEL SERVICES!

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Need to talk?

We're here to help.

[safehelpline.org](http://safehelpline.org)

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We're here to help.

[safehelpline.org](http://safehelpline.org)





# WELCOME to USD 207

NEW OR FUTURE RESIDENT OF FORT LEAVENWORTH? WE ARE YOUR DISTRICT!

USD 207 is a highly-rated public school district in Kansas, proudly serving students in grades PreK-9. Unique to us, our attendance boundary includes only residents living on the Fort Leavenworth installation, making over 95% of our student population dependents of active-duty military service members.

Online enrollment for the 2025-2026 school year is now open. Visit our website for more information and to begin the process.

questions@usd207.org  
913-651-7373

ENROLL TODAY!  
www.usd207.org







## Join Our Team



### FORT LEAVENWORTH SCHOOL DISTRICT CURRENT OPENINGS:

- Special Education Para Educators
- Accounts Payable
- Assistant Director of Special Services
- Full-Time Bus Driver
- Full-Time Bus Aide

**WE ARE NOW ACCEPTING APPLICATIONS FOR THE 2025-26 SCHOOL YEAR! ---->**

www.usd207.org    913-651-7373





### NSAS Teacher of the Year



## CONGRATULATIONS

**ALYSSA RUCKER**  
USD 207 DISTRICT  
TEACHER OF THE YEAR



# NOW OPEN

## Fort Leavenworth Care Options for Summer 2025 & School Year 2025-2026

### Request Before/After School Care & SAC Camps all year round



**MILITARY CHILDCARE.COM**

Families can use MCC to make requests for SAC programs, which include Before/After School care and Fall, Winter, Spring, and Summer Camps, all year round. The online system allows you to search for and submit unlimited SAC requests at any time of the year without waiting for a specific registration time to begin. As soon as school dates are known, all SAC programs will be made available to you so you can submit your requests.

Please Note: Spaces are offered on a first-come, first-served basis.

### MILITARY CHILDCARE.COM

Using MilitaryChildCare.com, you can find comprehensive information on child care programs worldwide, conduct a customized search for the care you need, and submit a request for care at any time and from any location. Follow these four steps!

- STEP 1: CREATE ACCOUNT**  
Go to [MilitaryChildCare.com](https://militarychildcare.com) to create an account containing information about your family, or to login using an existing username and password.
- STEP 2: SEARCH and REQUEST CARE**  
Search the system for the child care options that best fit your needs and submit your requests for care.
- STEP 3: MANAGE MY REQUESTS**  
You can manage your requests for care from anywhere in the world.
- STEP 4: UPDATE MY PROFILE**  
Keep your My Profile page up-to-date with important information.

**It's that easy!**

To get started, visit: [MilitaryChildCare.com](https://militarychildcare.com)  
For questions/support, call: 855-898-2934

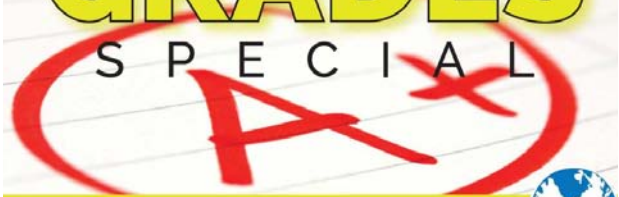
**Don't know what Care Options to request?**

Prior to making Requests for Care, go to [CYS Facebook](#) or [FMWR-CYS](#) website to review flyer:

## 2025 Fort Leavenworth Care Options & Waitlists

Strike Zone Bowling Center's

# GOOD GRADES SPECIAL




Noon - 7 pm

**October 19, January 11, March 29 & May 24**

Kids! Bring in your report cards and receive one free game for every 'A' or equivalent. Straight 'A's gets you free sodas for the family (6 max) and all 'B's or better gets you \$2 off any pizza. Games may be used by all family members.

Strike Zone • 165 Fourth Street • (913) 651-2195  
<https://leavenworth.armymwr.com>





## FORT LEAVENWORTH FMWR

### CHILD AND YOUTH SERVICES

Parent Central and Outreach Services  
(913) 684-5138

Youth Sports and Fitness  
(913) 684-7525

SKIES Unlimited  
(913) 684-3207

### ARMY COMMUNITY SERVICE

(913) 684-2800

EFMP, FAP, ERP, AER, MFLC  
And much more!

### RECREATION

Haney Sports Complex (913) 684-2190	Brunner Range (913) 651-8132	Hunt Lodge (913) 684-1830
Gruber Gym (913) 684-5120	Auto Crafts (913) 684-3395	Stables and Horses (913) 684-1703
Outdoor Equipment Rental (913) 684-3395	Rod & Gun Club (913) 684-2035	Stray Facility (913) 684-4934

### BUSINESS OPERATIONS

Strike Zone (913) 651-2195	12th Brick Grille (913) 684-2293
Trails West Golf Course (913) 651-7176	RV Storage & POV Lot (913) 651-7176
Frontier Conference Center (913) 684-3825	Clean Paws Pet Wash (913) 651-7176

Connect with Us!  
Facebook: [Fort Leavenworth FMWR](#)  
Online: [leavenworth.armymwr.com](https://leavenworth.armymwr.com)





## AFTER-SCHOOL PROGRAM

**FREE!**

\*Enroll now at  
Harold Youth Center  
45 Biddle Blvd  
913-684-5118

**HYC Hours**  
Mon-Thurs 3PM-7PM  
Friday 3PM-9PM  
Saturday 2pm-8pm  
Closed Sunday

**Administrative Hours**  
Monday - Friday  
9AM - 6PM

School is in session, but the FUN doesn't need to stop! Hang with your friends! Do cool stuff! And make some memories!

Offering:  
Homework Help  
STEM Programs  
Gym Activities  
Music Classes  
Arts & Crafts  
Special Events  
Clubs & More!

Follow HYC on FB!



\*HYC is for 6th-12th Graders only. Must be registered with CYS Parent Central prior to enrolling. Contact 913-684-5138 for more info on registration and eligibility.





## We're Hiring NOW!

Join our Team as a  
**Child and Youth Program Assistant**  
at Fort Leavenworth!  
Pay starts at **\$18.35** per hour

Great pay and benefits!

Career Progression & Paid Training  
Retirement & 401K  
Priority Childcare Placement & Employee Childcare Discounts  
Regular Full-Time/Part-Time & FLEX Hours Available  
Medical, Dental, Vision, & Life Insurance Benefits  
Paid Leave, & Paid Federal Holidays for Full-Time & Part-Time  
Access to Commissary & AAFES Shopping Privileges & MWR Facilities  
Job Transfer Program Worldwide Through Civilian Employment Assignment Tool

\*Conditions Apply



Scan here to apply!  
[ArmyMWR.com/cyscareers](https://armymwr.com/cyscareers)





## ARMYMWR Cares

Stay Resilient through every Season with Family and MWR

PRESENTED BY  

#armymwrcom/fmwrcares



## ARMY FAMILY CHILD CARE (FCC)

**Higher starting income!**  
**Opportunities to increase your income!\*** Training included!

**Earn a \$1k recruitment or relocation BONUS\*, too!**

**Work at home - Start a great career - Own your own business with FCC!**





\*Conditions apply

[www.ArmyMWR.com/FCC](https://www.ArmyMWR.com/FCC)



# MUNSON NOTES

## MUNSON NOTICES

■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are **ELIGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE**. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit <https://dvidshub .net/r/8wttlf>.

■ The **NUTRITION CARE DIVISION** offers a broad range of nutritional services designed for service members, families, and retirees. Individual Nutrition Therapy and Group Nutrition Therapy are available, and include the Body Composition Program, Weight Control Program, Prenatal Nutrition and Wellness for Life. Call the appointment line at 913-684-6250 to schedule an appointment with MAHC's registered dietitian.

■ **SEASONAL ALLERGY MEDICATIONS** are available from the MAHC Pharmacy at no cost. Simply come to the pharmacy and fill out the OTC request form. Pull a ticket and you'll be called to activate your request. Then you can sit and wait until your meds are ready, or if you choose to return later in the day, you can just process to Window 7. At MAHC, Military Health System beneficiaries can pick-up two over-the-counter medications without a prescription per person per week from the pharmacy with no out-of-pocket expense.

■ **MEDICAL APPOINTMENT CHECK-IN:** Please arrive 15 minutes prior to your appointment to complete any required paperwork and bring the following items: DoD ID card; list of current medications including over-the-counter meds, vitamins, and supplements; any relevant paperwork or forms; and a list of questions or concerns. If you are not able to make your scheduled appointment, call the appointment line at (913) 684-6250 to cancel.

■ Munson Army Health Center is looking for volunteers to join the **PATIENT AND FAMILY PARTNERSHIP COUNCIL**. Volunteers can be active-duty, active-duty family members, retirees or retiree family members. The PFPC meets quarterly. If interested, call 913-684-6211/6127.

■ Munson Army Health Center Pharmacy offers patients a variety of **OVER-THE-COUNTER MEDICATIONS AT NO COST** to service members, retirees and family members. These items are available without a prescription or medical appointment. These self-care items are comparable to those available for purchase from retail stores and include pain relievers, cough medicine, allergy medication, antibiotic ointment, lice treatment and much more. Visit <https://munson.tricare.mil/Health-Services/Pharmacy> and scroll down to the Over-the-Counter Medication Program for details.

■ Call 913-684-6250 to schedule a **WELL-WOMAN EXAM** at Munson Army Health Center.

■ Munson Army Health Center is currently scheduling **ROUTINE EYE EXAMS** with the optometrist for school-aged beneficiaries ages 6 years and older. Call the appointment line at 913- 684-6250 to schedule an eye exam.

## Lab Week celebrated at MAHC



Photo by Munson Army Health Center Public Affairs

The Medical Laboratory Team at Munson Army Health Center — including Capt. Teteama Bennett, Julia Flores, Jennifer Evans, Sgt. Malik Childs, Kelsy Flores and Sgt. Felicia Wells — received a special treat from MAHC Director Col. Jolanda L. J. Walker April 25 for Lab Week. Medical Laboratory Professionals Week (Lab Week) is an annual celebration of medical laboratory professionals and pathologists who play a vital role in health care and patient advocacy. Lab Week 2025 was April 20-26.

### MUNSON ARMY HEALTH CENTER

# MAY SCHEDULE

MAY 09

STAFF TRAINING  
CLOSING AT NOON

MAY 23

TRAINING HOLIDAY  
OPEN NORMAL HOURS

MAY 26

MEMORIAL DAY  
CLOSED

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<https://newsroom.tricare.mil/News/TRICARE-News/Article/4162211/want-to-learn-about-tricare-for-life-check-out-this-handbook>



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EVERY THURSDAY



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*Fort Leavenworth Lamp*.

- News
- Community Features
- Pet of the Week
- Upcoming Events
- and more!

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