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Harding Fellowship offers chance to propel ideas



Graphic by Sarah Hauck/Army University

The Army journals have received the first group of Harding Fellows as their new uniformed editors as part of the continued effort to drive culture change throughout the profession with the Harding Project.

by Christopher Hurd/Army News Service

WASHINGTON — Almost seven years into his Army aviation career, Capt. Phillip C. Fluke, AH-64 Apache pilot, was looking for a new assignment last year following his time with the 1st Combat Aviation Brigade.

“I really wanted something different, intellectually challenging and stimulating,” he said.

He said his unit leadership at the

601st Aviation Support Battalion thought he would be a good candidate to support the Harding Project, an initiative of the chief of staff of the Army that started in 2023 to renew the service’s professional publications.

The opportunity, a Harding Fellowship, would allow Fluke to serve as an editor for Aviation Digest (<https://home.army.mil/novosel/aviationdigest>) and help spread soldiers’ ideas in the aviation community.

“I think some people (in the Army) think they don’t have a way of making their voice heard about topics that impact them professionally,” he explained. The journals are a way of offering solutions and making others aware of new tactics and technologies that may make their jobs easier.”

The Army selected Fluke and several other soldiers as the first group of

SEE **HARDING FELLOWSHIP** | A4

CASO panelists discuss Iran, ‘Axis of Resistance’

by Jessica Brushwood/Army University Public Affairs Office

The “Axis of Resistance,” a network of Iranian-backed militias and political organizations, is in crisis due to events and developments over the last two years.

Army University’s Command and General Staff College Cultural and Area Studies Office hosted a panel Feb. 6 to analyze the question “Iran and the Axis of Resistance: Declining Power or Evolving Threat?”

Dr. Mahir J. Ibrahimov, CASO director, explained this topic as a logical continuation of the Iran-related discussion and the challenges the United States and its partners face.

Ibrahimov was joined by



Photo by Dan Neal/Army University

Panelist Mark J. Bosse, chair of diplomacy studies, Command and General Staff College, points to a map of the Middle East during the Cultural and Area Studies Office panel discussing “Iran and the Axis of Resistance: Declining Power or Evolving Threat?” Feb. 6 at the Lewis and Clark Center.

CGSC faculty who shared their expertise on the cultural, economic and political factors that have

impacted Iran’s power in the region and its relationship with the west throughout history.

“It hasn’t been a good couple of years for Iran and the ‘Axis of Resistance,’” said

SEE **CASO PANEL** | A5



Army prepares to celebrate 250th birthday

by U.S. Army Public Affairs

WASHINGTON — The U.S. Army will celebrate its 250th birthday on June 14, 2025, commemorating the Army’s distinguished service to our nation.

The central theme for this year’s celebration is “This We’ll Defend.”

“As we prepare for our future, we also reflect on our past,” said Chief of Staff of the Army Gen. Randy George. “‘This we’ll defend’ was first used as a battle cry by the Continental Army. Today it reminds us that our Army’s purpose is clear: to fight and win the nation’s wars. We remain committed to honing our warfighting skills, enforcing standards and discipline, and living the values that have defined our Army culture for the past 250 years.”

The Army’s 250th birthday will be celebrated with a series of commemorations, including leadership engagements, community outreach events and other events showcasing Army units, history, lineage and esprit de corps.

Established on June 14, 1775, the Army is a year older than the United States itself. Since its establishment, Army soldiers, families and civilians have supported the nation, bearing true faith and allegiance to the country, the Constitution, their units and fellow team members as they defend the nation and provide assistance in times of need, including disaster relief and recovery efforts.

For 250 years, the U.S. Army has offered endless possibilities and opportunities for service to the nation. With more than 200 career choices for soldiers and more than 500 career paths for civilians, Army possibilities are endless. The Army helps create a sense of purpose through personal growth and professional development – empowering soldiers and civilian employees to be part of something greater than themselves and to be all they can be.

“For 250 years, soldiers have proudly served our country and protected its people, with our oath to support and defend the Constitution as our guiding principle,” said Sgt. Maj. of the Army Michael R. Weimer. “We continue to stand ready to respond to the needs of the nation, and to fight and win when called upon. This we’ll defend!”

To learn more about the Army’s 250th birthday, visit: <https://www.army.mil/1775/> and <https://www.dvidshub.net/feature/ARMY250>.

See related article on page A2.

AT A GLANCE

■ Winter weather has again prompted **CLOSURES AND CANCELLATIONS** this week across post. Visit <https://www.facebook.com/USAGLeavenworth/> for updates.

■ **FORT LEAVENWORTH THRIFT SHOP GRANT APPLICATIONS** are due Feb. 25 and are available at the cashiers counter from 9:30 a.m. to 2:30 p.m. Tuesdays, Wednesdays and Thursdays at 1025 Sheridan Drive. Call 913-651-6768 for more information.

■ **SCHOLARSHIP APPLICATION DEADLINES** are approaching. See page A3.

■ **VOLUNTEER OF THE YEAR NOMINATIONS** by post-approved organizations are due by March 14. Volunteer hours for March 2024 through February 2025 should be logged in the Volunteer Information Management System by March 14. Contact the Army Volunteer Corps Coordinator at 913-684-2800 or april.m.rogers6.civ@army.mil for more information.

■ Construction on the new Child Development Center continues on Hancock Avenue, with heavy construction machinery traveling daily from Hancock Gate to the construction site. Pedestrians are reminded to **USE ONLY DESIGNATED CROSSWALKS TO CROSS HANCOCK AVENUE.**

■ See the **POST NOTES** (B section) for more information on upcoming events.



Roadmap to Revolution Part 1: 1775 - The Coming of War, Lexington, Concord

by Walter Napier/Combined Arms Center Deputy Command Historian

Editor's note: This is the first article in a series about major events of the American War for Independence as part of the celebration of the United States' Semiquincentennial, which occurs in 2026, and this year's 250th anniversary of the U.S. Army.

Nearly 250 years ago, in the early hours of April 19, 1775, British troops under the command of Lt. Col. Frances Smith and Maj. James Pitcairn maneuvered toward Concord, Massachusetts, in order to seize arms and munitions being collected there by colonial agitators. Before the end of that day, Paul Revere made his famous ride; the first battles of the American Revolution, Lexington and Concord, were fought; and an eight-year struggle for liberty began.

The relationship between the American colonists and the British crown had rapidly deteriorated since the end of the Seven Years/French and Indian War (1754-1763). The British crown imposed taxes on the colonies for many common use items such as sugar, tea and paper in order to provide compensation to the crown for the recent expense of defending the colonies. The colonists, who had grown accustomed to their independence, objected to these levies, especially considering they lacked formal

U.S. ARMY'S 250th ANNIVERSARY

representation in the British Parliament. The British crown was actually willing to negotiate, yet from the passage of the Sugar Act in 1764, a growing tension overtook the colonies, especially in New England.

The rising animosity resulted in a number of high-profile incidents, such as the infamous Boston Massacre in 1770, where a squad of British soldiers fired into an unruly Boston crowd killing five, and the Boston Tea Party in 1773, where the Sons of Liberty organized an opposition group to throw an entire British tea shipment into the Boston Harbor. In 1774, the British passed four acts considered by the colonists to be the "Intolerable Acts," which included altering the Massachusetts Charter, not allowing British troops to be tried in the colonies, shutting down the Boston Port, and the Quartering Act allowing British troops to be stationed in private homes. In response, the citizens of Massachusetts established an illegal governing body in Concord, and the First Continental Congress was held in Philadelphia that called for a complete boycott of British goods. In Feb-

ruary 1775, the British Parliament declared the colony of Massachusetts in rebellion and approved the use of deadly force against any violent rebels.

Early on April 19, 1775, Lt. Gen. Thomas Gage, the British commander in America, ordered Smith and Pitcairn to seize the armaments being held at Concord to try to halt the uprising before it could begin. The Americans had anticipated this, however, and that same night Paul Revere placed lanterns in the Old North Church to alert the spy network of movement by land, then he, William Dawes and Samuel Prescott made their famous midnight ride to warn of the British movements.

After being alerted, the Minutemen under Capt. John Parker assembled at Lexington Green on the road to Concord. At dawn, the British column approached, and Parker recognized his men were vastly outnumbered. He ordered his men to disperse, and although there is confusion as to who shot first, the final result was a British volley that killed eight Americans and wounded 10 others. The British troops continued their march toward Concord, but the rebels had been aware of their coming since around 2 a.m. and met the advancing

British at the North Bridge of Concord. American militiamen under Maj. John Buttrick returned fire after an initial British volley and pushed the British back. Local militiamen continued to move into Concord, and Smith, realizing the degrading situation, decided to exit Concord around noon. The British suffered three killed and eight wounded, and the Americans suffered two killed and three wounded.

As the British moved back toward Charlestown, Parker, the militia commander at Lexington, reorganized and set up a deadly ambush to harass the British on their return journey. The surprise attack caused major casualties on the British troops, and injured Smith himself. A British relief force with artillery arrived just in time to regain control of the situation and kept the entire column from being defeated. By the end of the day, the British suffered approximately 273 casualties, and the Americans suffered around 95. The "shot heard around the world" had been fired, and the War for Independence had begun.

For further reading see "The Glorious Cause: The American Revolution, 1763-1789" by Robert Middlekauff, "A Guide to the Battle of the American Revolution" by Theodore P. Savas and J. David Dameron, and "The Cause: The American Revolution and Its Discontents, 1773-1783" by Joseph J. Ellis.

Be sure to stay hydrated, even in winter

by 1st Sgt. Christopher Bushway/3rd Battalion, 124th Information Operations Battalion, Vermont Army National Guard

Dehydration is a leading cause of injury for soldiers. To keep them in the fight, it's essential they remain properly hydrated — even during the winter.

The average adult loses 1.5 to 2 liters of water each day. Being in a cold-weather climate can add to this water loss through the increased excretion by the kidneys, perspiration and evaporation from the lungs (the breath you see on a cold day). To make matters worse, soldiers may be less interested in drinking water during cold weather and become dehydrated. This can lead to inadequate blood flow to the extremities, which can contribute to a soldier developing a cold injury such as frostbite or trench

foot.

According to the U.S. Army Research Institute of Environmental Medicine, soldiers should take the following steps to maintain adequate hydration during cold-weather operations:

- Soldiers must drink even when they are not thirsty. Leaders should establish a program of regularly scheduled hydration.
- Soldiers should drink at least two to six canteens of water each day.
- Cold suppresses thirst, so schedule drinking at regular intervals. Actual fluid requirements are dependent upon the level of physical work performed, the temperature and what soldiers are wearing and carrying.
- Eating snow or ice for moisture is inefficient, can irritate the lining of the mouth and may lower body temperature. It is better to melt snow or ice and purify

it before consuming.

- A cup of hot coffee or tea can be a welcome pick-me-up in the cold, but excessive caffeine consumption leads to difficulty sleeping, depending on individual tolerances. However, soldiers should be cautious to avoid sudden withdrawal from caffeine, as this can cause adverse symptoms such as severe headaches and nausea. Hot cocoa is generally a better beverage than coffee in the cold. Cocoa is warming, much lower in caffeine and high in needed carbohydrates.
- Alcoholic beverages can give a false feeling of warmth and impair judgment, which may be detrimental in the harsh cold.
- Avoid consuming excess salt (more than the amount normally provided in military rations).

First sergeants and support personnel bringing water to line units can usually tell if soldiers are

hydrating properly by their daily consumption. During winter, it's not unusual for soldiers to drink a gallon of water or more each day when moving extended distances in mountainous terrain. Buddy teams must also be trained so soldiers can encourage each other to drink plenty of water. Soldiers must understand the importance of pushing fluids before, during and after exertion.

Staying hydrated in cold weather also takes more effort than in warmer temperatures because canteens sometimes freeze. To prevent this, soldiers should carry at least one canteen in the front chest pocket of their Gore-Tex jacket to allow body heat to keep the water from freezing. Because water freezes from the top down, the canteen should be placed upside down in the pocket. The simple act of positioning the canteen properly will ensure there

is at least a quart of water always available.

For soldiers, working and training outdoors is part of the job — no matter how extreme the temperature. Enforcing proper hydration during cold weather is one of the easiest ways to ensure they stay healthy and arrive ready to fight.

FYI: The adequacy of fluid intake can also be judged by urine color and volume. Darkly colored urine — orange snow instead of light yellow snow — and not needing to urinate upon waking from a night's sleep are indicators of significant dehydration. Be aware, however, that this technique may not work for soldiers who take vitamins, supplements or medications that discolor the urine.

FORT LEAVENWORTH LAMP

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Lt. Gen. Milford H. Beagle Jr. Commanding General
Col. Duane Mosier Garrison Commander
Scott Gibson Public Affairs Officer
George Marcec Command Information Officer

Fort Leavenworth Lamp Staff

Prudence Siebert Editor
ftvlampeditor@gmail.com

FMWR Advertising Staff

Mary Manago Marketing Director
mary.f.manago.naf@army.mil, 913-684-1702

Deadlines approaching to apply for scholarships for military dependents

FLFHC residents encouraged to apply for Michaels scholarship

by The Michaels Organization Educational Foundation News Release

The Michaels Organization Educational Foundation, a privately funded, non-profit affiliate of The Michaels Organization, is now accepting scholarship applications for the 2025-2026 academic year.

All residents living at affordable and military housing communities owned or managed by Michaels who have a high school diploma or equivalent and plan to pursue higher education at a university, college or trade/professional school are encouraged to apply.

Applications are available at <https://michaels-scholars.com/> until April 15, 2025.

For the first time since the program's inception in 1991, the application process will be completely online, aligning with the foundation's goal to provide easier access to the application and therefore encouraging more applicants to apply.

"Our organization was founded on the idea of providing more than just housing for our residents," said Michaels Chief Executive

Officer Mark Morgan. "It is an honor to watch this program grow each year, always exceeding the prior year's awards, and to know we are making a difference in the lives of so many of our residents, truly living out our promise of 'lifting lives.'"

Now in its 35th year, the foundation has awarded more than \$16 million to students across Michaels' portfolio of communities across the country. During last year's scholarship season, 261 residents at Michaels' affordable and military living communities were awarded scholarships, totaling more than \$2 million.

Scholarships are awarded annually, and students may reapply each year of their education for continuing grants. Foundation funds are raised through voluntary contributions by corporations, companies, families, private trusts and individuals throughout The Michaels Organization's business network. All donations are then matched \$2 for every \$1 by The Michaels Organization's Founder and Chairman Michael J. Levitt and his wife, Pat Levitt.

A separate scholarship program, designed specifically for residents of Michaels' student living communities, will open for applications in August 2025.

Important Dates and Deadlines

Application forms are now available at <https://michaelscholars.com/>.

April 15: Deadline for submitting completed applications.

June 12: Applicants will be notified of the outcome status of their application.

June 24: Acceptance forms must be returned if grant recipients wish to accept the offer of a scholarship. Grants not accepted by this date will be awarded to other applicants.

July 31: If a student meets all necessary criteria and deadlines, scholarship checks, made payable to post-secondary institutions, will be mailed via U.S. mail directly to the post-secondary institution on behalf of the scholarship recipient to help pay for the student's 2025-2026 school year costs.

About The Michaels Educational Foundation

The Michaels Organiza-

tion Educational Foundation is a non-profit affiliate of The Michaels Organization, established to administer scholarships to Michaels residents. The scholarship program was the first of its kind in the affordable housing industry when it was created and since its inception, the program has expanded to include residents of Michaels' military and student living communities and is monumental to The Michaels Organization's mission of "Creating Communities That Lift Lives."

About The Michaels Organization

Michaels is a national leader in residential real estate offering full-service capabilities in development, property management, construction and investment. Serving 200,000 residents in more than 600 communities nationwide, Michaels is committed to crafting housing solutions that jumpstart education, civic engagement and neighborhood prosperity, and to creating "Communities That Lift Lives." For more information, visit www.TMO.com.

More scholarships



Applications are due March 1 for **FORT LEAVENWORTH SPOUSES' CLUB SCHOLARSHIPS**. Visit <https://fortleavenworthspousesclub.org/community-giving-for-the-scholarship-application-form-and-more-information>.



Applications are due March 20 for the **JOHN W. POILON MEMORIAL SCHOLARSHIP**. Obtain an application at the Army Education Center. Call 913-684-2496 for more information. Visit https://home.army.mil/leavenworth/application/files/7816/3284/5772/Fort_Leavenworth_SLO_Scholarship_List_September_2021.pdf for more information on these and other scholarship opportunities for military dependents.

CGSC Foundation scholarship deadline is March 15



by CGSC Foundation News Release

The CGSC Foundation announced the start of its 2025 competitive scholarship program for spouses, children or grandchildren of U.S. Army Command and General Staff College alumni and others who are life members of the CGSC Foundation's Alumni Association. Applications are now being accepted.

"This is the fifth year of our scholarship program," said Foundation President/CEO Lora Morgan, "and we're proud to say the program has grown every year. Our military families make countless sacrifices in service to our country, and this program allows us to provide them with help to pursue their educational dreams."

The 2025 foundation scholarship awards include five cash scholarships:

- One **\$5,000 scholarship**, the Colonel Stephen E. "Brownie" Brown Scholarship
- One **\$1,000 scholarship** to students who are beginning their college education
- One **\$500 scholarship** to students who are beginning their college education
- One **\$1,000 scholarship** to undergraduate students who are

continuing their college education

• One **\$500 scholarship** to undergraduate students who are continuing their college education

Additionally, Park University will award three \$5,000 scholarships for qualified applicants.

The Park University scholarships are for full-time students for the academic year — the award will be split between the fall and spring semesters. These scholarships can be renewed for up to three years at Park University's discretion if recipients maintain full-time status, have a 3.0 GPA or better, and demonstrate satisfactory academic progress. This Park University scholarship cannot be combined with any other Park University scholarship.

Students can apply for only the foundation cash scholarships, only the Park University scholarships or both by checking the boxes in the application.

The Colonel Stephen E. "Brownie" Brown Scholarship is named in honor of a U.S. Marine officer who retired from active duty in February 2009 and became an instructor at the U.S. Army Command and General Staff College in 2010. Due to medical complications from spinocerebellar ataxia (SCA), Brown retired from teaching at CGSC

and currently lives in Stillwell, Kansas. His network of lifelong friends approached the CGSC Foundation to establish the scholarship in Brown's name to honor his lifetime of service and their friendship.

The CGSC Foundation's scholarship program is open to high school seniors who will begin their college studies in 2025 and for undergraduate college students returning to school. Applicants must be immediate family members (children, grandchildren and spouses) of a life member of the CGSC Foundation's Alumni Association.

The application is available on the CGSC Foundation website at www.cgscfoundation.org/scholarships. A link to join the Alumni Association as a Life Member is also on the page for those who need to join before their relatives apply.

The deadline for applications is midnight March 15, 2025. Judging will occur March 16-31, and the CGSC Foundation will announce the winners in April.

The CGSC Foundation also welcomes donors who may not have eligible relatives but wish to support the scholarship program. To support the scholarship program, visit [www.cgscfounda-](http://www.cgscfoundation.org/donate)



tion.org/donate.

The CGSC Foundation was established December 28, 2005, as a 501(c) (3) non-profit educational corporation with the mission of supporting the U.S. Army Command and General Staff College at Fort Leavenworth, Kansas. The CGSC Foundation supports the college in three overall areas: scholarship, outreach, and soldier and family support. Contribu-

tions made to the CGSC Foundation are deductible under section 170 of the Internal Revenue Code and the foundation is qualified to receive tax deductible bequests, devises, transfers or gifts under sections 2055, 2106 or 2522 of the Internal Revenue Code. To learn more about the CGSC Foundation and its mission, visit www.cgscfoundation.org.

Harding Fellowship (continued from Page A1)

Harding Fellows. Each is assigned to a Center of Excellence, serving as editor on their respective branch journals for two years.

There are 17 different publications: Special Warfare, Army Sustainment, Military Police, Engineer, Chemical, Infantry, Air Defense Artillery, Armor, Field Artillery, Association of Army Dentistry, U.S. Army Chaplain Corps Journal, Military Intelligence Professional Bulletin, Applied Language Learning, The Army Lawyer, The Medical Journal, Army Communicator and Aviation Digest.

Shortly after arriving at the Aviation Center of Excellence at Fort Novosel, Alabama, last summer, Fluke joined his fellow editors for a job training workshop at Fort Leavenworth. The group worked on learning their new roles.

In the months that followed, the soldiers routinely held group discussions with the Harding Project director and the deputy director of the Army University Press to get a better understanding of how to move the modernization project forward.

“For the first cohort, it’s been more of a learn-as-you-go,” Fluke said. “I enjoy the job; it’s a lot of problem-solving you wouldn’t normally encounter in the day-to-day force.”

Those problems include increasing readership of the journals and encouraging soldiers, Army civilians, and contractors to contribute by writing and submitting their ideas for articles.

“Their thoughts, perspectives and ideas don’t do a lot of good if no one has access to them,” he said. “By contributing, hopefully, we can move the knowledge base across the Army forward.”

To start that push, the Army moved each journal online to a centralized website called Line of Departure at <https://www.lineofdeparture.army.mil/>. People from across the service have access to articles from every branch publication on the website.

The Harding Project also started a noncommissioned officer journal in October called Muddy Boots (<https://www.armyupress.army.mil/Journals/NCO-Journal/Muddy-Boots/>) and is working on podcasts and audio articles. These changes are part of the project’s modernization initiative to bring the journals into the future and create a tool for information sharing among Army personnel.

“I hope by the time I leave this assignment the Aviation Digest serves as the primary outlet for discussing important topics,” Fluke said. “I also want the community to weigh in, so we can figure out problems together and make the digest a vehicle for change in the Army aviation branch.”

Anyone wishing to submit an article can contact the editor for the respective branch journal. That information is available on the journal’s Line of Departure website,

Last month, the Army announced the selection of the second group of Harding Fellows. They will be the first cohort to attend a year-long accelerated master’s degree program for journalism and mass communications at the University of Kansas before serving as editors-in-chief for their branch journals.

For inquiries, feedback, or support, e-mail us-army.leavenworth.tradoc.mbx.army-army-university-press@army.mil.



ABOVE:

The first group of Harding Fellows pose for a picture following an Association of the United States Army writing workshop in Arlington, Va., Jan. 28, 2025. The event provided practical writing and editing training, increasing the fellows’ ability to communicate clearly and effectively. (U.S. Army photo)

LEFT: Capt. Phillip C. Fluke performs a pre-flight check on an AH-64 Apache helicopter. Fluke, a pilot, became an editor for Aviation Digest in 2024 after being selected as a member of the first group of Harding Fellows. (U.S. Army photo by Capt. Austin

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CASO panel (continued from Page A1)

Mark J. Bosse, chair of diplomacy studies, CGSC.

Yahya Sinwar, the Hamas leader and architect of the Oct. 7, 2024, terror attacks on Israel, aimed to start a regional conflagration that would lead to all the 'Axis of Resistance' being activated and the destruction of Israel.

That hasn't happened.

The 'Axis' has taken several huge hits, including its sizable loss of Hamas fighters and the elimination of the entire senior and political leadership of both Hamas and Hezbollah.

New leaders in both Lebanon and Syria have stated that they are no longer under the sway or influence of Iran.

The Houthis have ceased their pledged attacks on shipping in the Red Sea that were meant to bring in a Palestinian state from river to the sea.

"However, throughout history, Iran has been adept at responding and adapting to internal and external crisis to remain in power," Bosse explained.

This power and persuasion in the region are evident through anti-U.S. and anti-Israel messaging in Oman media, which was previously neutral.

"The unsaid pillar of the 'Axis of Resistance' is Iran's ability to use its political, economic and cultural influence to bring about results, whether a changed public opinion like in Oman after Oct. 7, to create sympathy for their fighters, and a very effective use of cultural power," Bosse said.

As an Iran native and son of a five-year political prisoner, Dr. Tirdad Daei, senior instructional specialist at CGSC, offered insight into the complex history, which the United States has had with Iran and how it impacts the relationship today.

Daei outlined the evolving ties between nations, which started in 1833 through missionary Justin



Photo by Dan Neal/Army University

Panelists Gary Hobin, assistant professor, Department of Joint, Interagency and Multinational Operations, Command and General Staff College; Dr. Tirdad Daei, senior instructional specialist at CGSC; Mark J. Bosse, chair of diplomacy studies, CGSC; and moderator Dr. Mahir J. Ibrahimov, Cultural and Area Studies Office director, participate in a question-and-answer session during the CASO panel discussing Iran and the status of the "Axis of Resistance" Feb. 6 in Arnold Conference Room at the Lewis and Clark Center.

Perkins, often referred to as the Apostle of Persia.

Hostility and mistrust in the relationship grew in 1953 with U.S. support of Operation Ajax, the coup to overthrow then-Iranian Prime Minister Dr. Mohammed Mosaddegh.

The Iranian hostage crisis between 1979-1981 led to the United States and other western countries strategically deciding to support Saddam Hussein in the Iran invasion in the Iran/Iraq War that lasted from 1980-1988.

"Despite decades of hostility between the Iranian regime and the U.S., the Iranian people have consistently expressed their admiration for U.S. values such as freedom and democracy. This dichotomy is central to understanding the dynamics of U.S.-Iran relations and internal struggles

within Iran itself," Daei said.

Brutal crackdowns on peaceful protests and anti-Israeli regimes alienate and increase the resentment and frustration of Iranian people who yearn for freedom and justice.

"The divide between Iranian people and the regime is a critical factor in U.S. and Iran relations. The Iranian people remain steadfast in their admiration for American values and their desire for a brighter future. This distinction is essential as we consider strategies to engage with Iran and support these people in this pursuit," Daei said.

Gary Hobin, assistant professor, Department of Joint, Interagency and Multinational Operations, CGSC, described the 'Axis of Resistance' as a network of militias that are influ-

enced and supported, but not controlled, by Iran.

Each group has its own reasons and interests to be supported and when those interests align, they work together, but if they don't, they go their own way.

"You can look at the 'Axis of Resistance' as a link chain. Iran with influence through Iraq, Syria, into Lebanon, supports Hamas, supports the Houthis," he said.

In December, the Syrian link broke. The Hay'at Tahrir al-Sham (HTS) movement for the freedom of Syria took over this piece that links the entire "axis" together.

"What does that mean? None of these countries have been unaffected by the fall of Syria's Bashar al-Assad's government, including Iran," he said.

This is highlighted by

the change in sentiment of one of the Iraqi Shi'is political groups that had said for years to remove American forces from Iraq. They have backed off this stance to support keeping American soldiers in Iraq.

Recent reports suggest that Iranian opposition groups have taken this as an opportunity to protest against restrictions in the country and are being listened to by wider sets of the population.

"These local protests are very effective but short-term because there is no focus for their dissatisfaction and no one single leader for Iranian resistance," Hobin said.

The panel concluded with a question-and-answer session, which included more in-depth discussion of Syria and Republic of Türkiye.

This panel is part of a seminar series discussing issues of operational and strategic importance to the United States, which CASO, in coordination with CGSC, universities, think tanks, interagency and other partners, conducts every two to three months. The panels are also live-streamed on CGSC's Facebook page.

The full event and past CASO panels can be viewed on the CGSC YouTube page: https://youtube.com/playlist?list=PLkGvnfy3IadNRMPt-sNHpAsz8a3npWBH8&si=0j_z2wKxIeCJ-lsw.

Additional photos of the event can be viewed on CGSC's Flickr page: <https://www.flickr.com/photos/usacgsc>.

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9400 NW Prairie View Rd
816-420-9000
www.worthharley-davidson.com

'PCS purge' resources available

by Staff Report

Fort Leavenworth provides many resources for helping with a PCS purge.

Usable items in like-new condition, such as clothing, toys and small appliances, can be donated to the Fort Leavenworth Thrift Shop, which uses store proceeds for community assistance grants, at the shop's drop-off shed at 1025 Sheridan Drive.

Fort Leavenworth Frontier Heritage Communities partners with City Union Mission of Kansas City, Missouri, for curbside pickup of usable items on certain Saturdays throughout the year, as well as drop-offs in the FLFHC parking lot after the postwide yard sale the last Saturday in April.

Pet supplies and unopened pet food can be placed in the red bin on the porch of the Fort Leavenworth Stray Facility at 510 Organ Ave.

Cleaners, paint, yard chemicals and other materials that should not be shipped can be dropped off at Household Haz-

ardous Waste Collection Point, 810 McClellan Ave., to be used by other residents or properly disposed of.

Recycling of scrap metal, glass, cardboard and mixed recycling of paper, aluminum and more is offered in the area off W. Warehouse Road south of the stables. E-waste, such as toner cartridges and printers, can also be dropped off at the Fort Leavenworth Recycling Center.

Fort Leavenworth Frontier Housing Communities offers recycling and regular and bulk trash options for residents.

Resources and Links

- On-post housing handbooks, trash and recycling guides from Frontier Heritage Housing: <https://www.frontierheritagecommunities.com/residents>
- Fort Leavenworth Recycling Center: <https://home.army.mil/leavenworth/myfort/all-services/environmental-management>
- City of Leavenworth Recycling Center: [https://www.leavenworthks.org/public-](https://www.leavenworthks.org/public-works/page/leavenworth-recycling-center)

[works/page/leavenworth-recycling-center](https://www.leavenworthks.org/public-works/page/leavenworth-recycling-center)

- City of Lansing Curbside Recycling: <https://www.lansingks.org/finance/page/trash-recycling>

- City of Platte City Recycling: <https://www.plattcity.org/documentlist.aspx?categoryid=12924>

- Household Hazardous Product Collection Point: <https://home.army.mil/leavenworth/index.php/my-fort/all-services/environmental-management>

- Auto Skills Center for motor oil: <https://leavenworth.armymwr.com/programs/auto-crafts-center>

- Leavenworth County Transfer Station for household and bulk trash drop-off: https://www.leavenworthcounty.gov/departments/transfer_station/index.php

- Munson Army Health Center for medications: <https://munson.tricare.mil/>

- Fort Leavenworth Thrift Shop: <https://www.facebook.com/Fort-Leavenworth-Thrift-Shop-211189988897157/>

- City Union Mission, through partner-

ship and coordination with Fort Leavenworth Frontier Heritage Communities: <https://cityunionmission.org>

- Fort Leavenworth Stray Facility: <https://leavenworth.armymwr.com/programs/stray-facility>, www.FLSF.petfinder.com

- Salvation Army, Leavenworth: <https://centralusa.salvationarmy.org/leavenworth/>

- Catholic Charities, Leavenworth: <https://catholiccharitiesks.org/where-work/leavenworth/>

- Goodwill, Leavenworth: <https://www.mokangoodwill.org/locations/goodwill-leavenworth-ks>

- HOPE Thrift Store, Leavenworth: <https://hopeleav.org/thrift-store/>, <https://www.facebook.com/HOPETHriftStoreLeavenworth/>

- Leavenworth Mission Community Store/Food Pantry: <https://lvmission.org/>, <https://www.facebook.com/Leavenworth-Mission/>

Pets of the Week



Gingerbread (male, left) and Blueberry (female, right) are 4-month-old domestic shorthair kittens available for adoption at the Fort Leavenworth Stray Facility. They have already been neutered/spayed, microchipped and vaccinated. The fee to adopt a cat/kitten is \$75.

E-mail fortleavenworthstrayfacility@gmail.com for an adoption application. Visit www.FLSF.petfinder.com for adoptable pet profiles. Call 913-684-4939 for more information. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility.

The Fort Leavenworth Stray Facility, at 510 Organ Ave., is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday; 9 a.m. to noon the second Saturday of the month; and by appointment for pre-approved adopters. Call 913-684-4939 to schedule an appointment.

Volunteers are needed to help cover pet care shifts, walk dogs, clean kennels and more. Foster homes for adoptable pets are also needed. To apply to volunteer with the Fort Leavenworth Stray Facility, visit <https://vmis.armyfamilywebportal.com/>, enter ZIP code 66027, then search for "stray animal facility."



Photos by Prudence Siebert/Fort Leavenworth Lamp



Volunteer!



Help Shelter Pets!

They need your help for walks and general care!

They enjoy the love, attention, and affections, too!

Several shifts to choose from

Want to know how to join our team?

Register at <https://vmis.armyfamilywebportal.com/>.

Once registered, we will contact you and have you come in for a training with a team member.

After you train, you shadow two shifts. Then you are ready to help shelter pets!

Watch the Fort Leavenworth Stray Facility Facebook page for training events!

Once you register, train, and shadow, you can sign up for any shift you can cover.

Children under 18 can help, but they must be accompanied by an adult the entire shift.

Work with either our cats or dogs or both!



Fort Leavenworth Stray Facility
510 Organ Ave // (913) 684-4939



Adoptions • Volunteer Opportunities

Integrity.
Dedicated Service.
Financial Solutions.
Anytime, Anywhere.

frontierccu.org (913) 651-6575



Fort Leavenworth Stray Facility
510 Organ Avenue
Fort Leavenworth, KS 66027



THURSDAY
FEBRUARY 20, 2025



LAAMP

Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

Online: <https://home.army.mil/leavenworth/about/news>

B1



FAMILY & MWR WANTS TO HEAR FROM



YOU!

Let us know how we're doing.
Our goal is to make what's good for you...better.

TAKE THE SURVEY TODAY!



Or visit ArmyMWR.com/survey



VACATION SWEEPSTAKES!

You could win a trip to an Armed Forces
Recreation Center for taking the survey!



UNITED STATES ARMY INSTALLATION MANAGEMENT COMMAND
A major subordinate command of Army Materiel Command

ArmyMWR.com/survey

FORT LEAVENWORTH THRIFT SHOP

COMMUNITY ASSISTANCE GRANTS

Applications are available at the Thrift Shop
1025 Sheridan Drive, Building 1049

Hours of Operation
Tuesday, Wednesday, Thursday, 1st Saturday
from **9:30 AM - 2:30 PM**

GRANTS ARE AVAILABLE FOR ELIGIBLE ORGANIZATIONS, NOT INDIVIDUALS

APPLICATIONS MUST BE COMPLETED AND RETURNED TO THE THRIFT SHOP BY TUESDAY, FEBRUARY 25TH

Moving with kids

March 7th
ACS Classroom
Office Bldg 198
9:30am-11am

Let ACS Relocation and Mobilization help you with some of the hard questions.

For additional info please call 913-684-2800

Helpful Resources

- Emotions of moving
- Getting your mind right
- Positive Coping Skills
- Talking to kids

Leavenworth.armymwr.com



26

Wednesday, February 26, 2025 at 5:30 PM CST

Speaker Series: A Kansas Soldier at War

100 Reynolds Ave, Fort Leavenworth, KS, United States, Kansas 66027

Teen Employment Workshop

Picking your future career is just one piece of the puzzle.

The Teen Employment Workshop takes the guesswork out of job searching, resume building, and tailoring your skills to the job that you want!

Learn how to fit the pieces together to create an exciting picture of your future career goals!

ACS Classroom
10:00am - 12:00pm
March 14
April 18
May 30
June 28
July 11
August 1

FREE! Registration is required the day before the workshop.
For ages 14 - 20
For more info please call 913-684-2800

BOSS PRESENTS MOVIE NIGHT

Post Theater // 375 Grant Avenue
Movies start at 7PM
Must show your DoD ID at the door!

February 7 February 21

TRANSFORMERS ONE PG **IT ENDS WITH US** PG-13

Come out and join us as the BOSS program gives back to the Community by playing movies inside the Post movie theater.

Prepackaged snacks and drink can be purchased at the snack bar.
No outside food or drinks are authorized.

For all movies children 12 and under MUST be accompanied by an ADULT!
CASH only at the snack bar!

For more info call: (913) 684-2736 • Or visit our website leavenworth.armymwr.com

FORT LEAVENWORTH

NEW CDC DETOUR ROUTE

The previous CDC construction detour, from Iowa to Kansas Ave, has been modified to reroute traffic away from densely populated areas. The new detour (yellow trace), will route traffic toward 5th Artillery Rd and toward the cemetery and golf course.

U.S. ARMY

Catholic Women of the Chapel



CWOC resumes on January 9, 2025
and meets **Thursdays at 9:00am**
in the **Pioneer Chapel Activity Room**

Join us for our faith study:
THE RETURN OF THE PRODIGAL SON
by **Henri Nouwen**

LEARN MORE >>

Find our complete calendar on
Facebook 'CWOC Fort Leavenworth'



Join us monthly

DATE NIGHT

6-10 PM @ **Frontier Chapel**

Meals & Childcare provided

Sponsored by
Fort Leavenworth Chapel Community

Supported by


Invest in your marriage this year!



05 SEP, 03 OCT, 07 NOV, 05 DEC, 09 JAN, 06 FEB, 06 MAR, 03 APR, 01 MAY

Each Date Night begins with a faith-based marriage enrichment presentation. Then couples are released to go out on a date and further discuss the topic together. Children will remain safely supervised by childcare professionals at Frontier Chapel (6-10 pm or pick up kids earlier)!

For more information and to register scan the QR code or call 913-680-7336

St. Ignatius of Loyola Catholic Community
Fort Leavenworth, Kansas



February 2025

Pastoral Advisory Council Meeting
The Pastoral Advisory Council meetings are open to all congregation members that would like to provide input regarding upcoming events and future volunteer needs for the community.
February 4, 2025, at 1730 in the Pioneer Chapel

CONFESSIONS
Pioneer Chapel - Tuesday - Friday 1130-1200
Frontier Chapel - Sunday 0930-0915

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
RE 0810-0910 Confessions 0830-0915 Mass 0930 (F)	Choir 1730 (F)	Mass 1200 (P) PAC (P) 1730	Mass 1200 (P)	CWOC 0900 (P) Mass 1200 (P)	Mass 1200 (P) Dream Date Your Spouse 1730 Adoration 1230-1000	1
RE 0810-0910 Confessions 0830-0915 Mass 0930 (F)	Choir 1730 (F)	Mass 1200 (P) Knights of Columbus 1800 (F)	Mass 1200 (P)	CWOC 0900 (P) Mass 1200 (P)	No Daily Mass	15
NO RE Confessions 0830-0915 Mass 0930 (F)	Choir 1730 (F) CWOC Day Retreat	Mass 1200 (P) Lector/EMHC Training 1830 (F)	Mass 1200 (P)	CWOC 0900 (P) Mass 1200 (P)	Adoration 1230-1000	22
RE 0810-0910 Confessions 0830-0915 Mass 0930 (F)	Choir 1730 (F)	Mass 1200 (P)	Mass 1200 (P)	CWOC 0900 (P) Mass 1200 (P)	Mass 1200 (P) Adoration 1230-1000	28 Children & Choir meets from 1020-1100 on days when Religious Education is scheduled. (P) Pioneer Chapel (F) Frontier Chapel



2025 Islamic Holy Times of Prayer: Frontier Chapel



Dates: Ramadan: 01 – 29 MAR 25

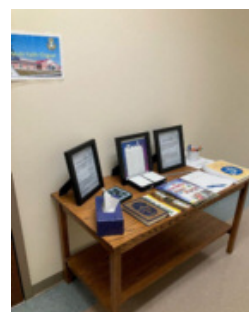
Location: Please come to Room 111 in Frontier Chapel for Individual Prayers

Frontier Chapel: 625 Thomas Avenue

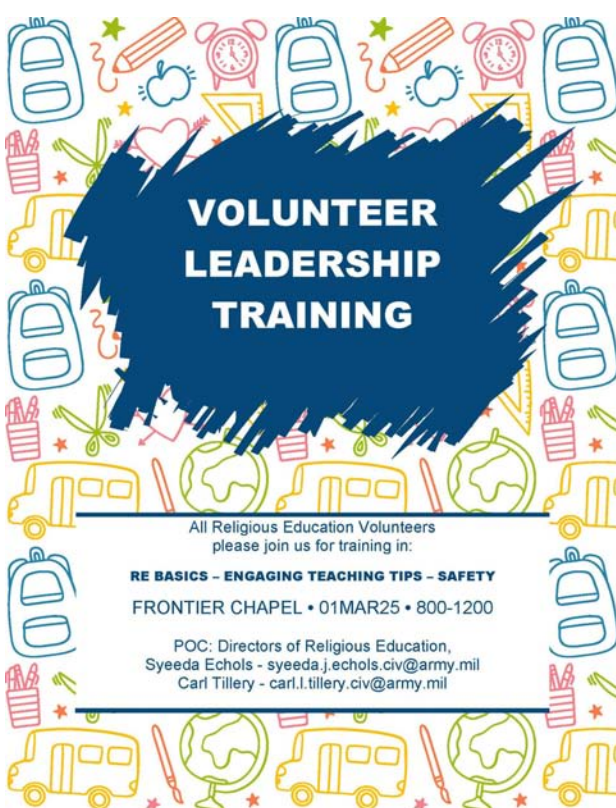
Time: 0900-1700 (MON-FRI and SUN)

Please see your unit chaplain or call the Religious Support Office at 913-684-2210

Lewis & Clark Building will hold Midday Prayers in the Faculty Lounge (MON-FRI)



CH (MAJ) Chris Weinrich, christopher.w.weinrich.mil@army.mil



VOLUNTEER LEADERSHIP TRAINING

All Religious Education Volunteers please join us for training in:

RE BASICS - ENGAGING TEACHING TIPS - SAFETY
FRONTIER CHAPEL • 01MAR25 • 800-1200

POC: Directors of Religious Education,
Syeeda Echols - syeeda.j.echols.civ@army.mil
Carl Tillery - carl.l.tillery.civ@army.mil


FORT LEAVENWORTH SNOW ETIQUETTE

Per the FLFHC Resident Handbook:

- Residents are responsible for promptly removing snow and ice from the resident's sidewalk between any common sidewalk or road and the front and/or rear door and driveways
- Residents are asked to move parked cars off of roadways during snow removal operations to avoid obstructing plows

Snow Shoveling Reminders:

- Push excess snow into your yard. Never shovel snow into roadways, sidewalks, or neighboring residences
- Clear snow and ice around fire hydrants
- Be patient while DPW and Wallace crews work to clear roads and common area sidewalks




Ash Wednesday Services

Protestant: 05 MAR 25
Faculty Lounge, Lewis and Clark Building
Time: 0730-0800

Roman Catholic: 05 MAR 25
Pioneer Chapel, 500 Pope Avenue
Time: 1200

Anglican: 05 MAR 25
Memorial Chapel, 626 Scott Avenue
Time: 1730

For more information, please call the Religious Support Office at 913-684-2210 or email christopher.w.weinrich.mil@army.mil



Auto Crafts & Outdoor Rental

If your lawn equipment needs a tune-up or repairs call, (913) 684-3395.



HUNGRY?

Fort Leavenworth MWR has AMAZING food options!

- Solarium Buffet
- 12th Brick Grille
- Strike Zone Snack Bar
- Java Cafe
- FCC BBQ



LEAVENWORTH.ARMYMWR.COM




Frontier Army Museum and the Friends of the Frontier Army Museum (FFAM) present

History Brunch

A Contribution to Victory: Western University's Vocational Training Program for World War I by Dr. Bernard Harris JR

Saturday **Rescheduled for March 22**

Light refreshments served at 10:30a, presentation to begin at 11:00a

Frontier Army Museum
100 Reynolds Ave
Fort Leavenworth, KS

Free event for all



CALL FOR PRESENTERS

The Frontier Army Museum is seeking presenters to speak on historical topics.



Interested in sharing your passion and knowledge of history with others?

Contact Megan Hunter for details and scheduling:
(913)684-3190 / megan.m.hunter4.civ@army.mil

CALL FOR VOLUNTEERS

The Frontier Army Museum is looking for a consistent, longterm volunteer to work in the collections.



Role: Assisting with inventory, minor artifact cleaning, mount making, and other collections related tasks.

Age Requirement: Must be 16 and older.

Interested? Please contact Megan Hunter
megan.m.hunter4.civ@army.mil

2025 Speaker Series

Presented by the Frontier Army Museum & The Friends of the Frontier Army Museum (FFAM)

All presentations are free to the public and will be located at the Frontier Army Museum 100 Reynolds Ave Fort Leavenworth, KS

FEBRUARY

Saturday February 15th, 10:30am History Brunch: "A Contribution to Victory: Western University's Vocational Training Program for World War I with Dr. Bernard Harris JR. Light refreshments provided by the Friends of the Frontier Army Museum will be served prior to the presentation.

Wednesday February 26th, 5:30p: "A Kansas Soldier at War" with Ken Spurgeon

MARCH

Saturday March 15th, 10:30am History Brunch: "Moroccan Participation in WWI and II" with Zakaria Harwach. Light refreshments provided by Friends of the Frontier Army Museum will be served prior to the presentation.

Wednesday March 26th, 5:30pm: "Native Americans and Fort Leavenworth" with Gary Hyder

APRIL

Saturday April 12th, 10:30a History Brunch: "10th Mountain Division during World War II" with National WWI Museum and Memorial Curator Dr. Chris Juergens. Light refreshments provided by the Friends of the Frontier Army Museum will be served prior to the presentation.

Wednesday April 30th, 5:30p: "The Jewish Community in Early Leavenworth" with Raymond Powell

All presentations will be streamed live and recorded on the Friends of the Frontier Army Museum Facebook page: <https://www.facebook.com/ftleavenworthffam>



Stronghold: Happy Bottoms Program

Powered by: Rapid Response Charities



Free Monthly Diaper Distribution

Email: contact@strongholdfoodpantry.org



February 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5 OPEN PANTRY & HAPPY BOTTOMS 1100-1300	6	7	8
9	10	11 STRONGHOLD U MASTERING YOUR PCS @ 1:30P	12 OPEN PANTRY & HAPPY BOTTOMS 1100-1300	13	14	15
16	17	18	19 OPEN PANTRY & HAPPY BOTTOMS 1100-1300	20	21	22
23	24	25	26 OPEN PANTRY & HAPPY BOTTOMS 1100-1300	27	28	



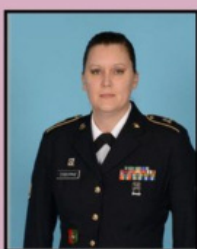
UNITED STATES ARMY COMBINED ARMS CENTER AND FORT LEAVENWORTH SEXUAL HARASSMENT AND SEXUAL ASSAULT RESPONSE WORKFORCE



For Assistance
contact
LTC Craig Arnold

Ms. Amanda Bonseigneur
Lead SARC
Amanda.bonseigneur.civ@army.mil
Office: 913-684-2810
Cell: 913-704-9620
Bldg 197, 632 McClellan Ave

Hiring Underway
Supervisory SARC



SFC Jerri Osborne
Team 1 SARC
jerri.l.osborne.mil@army.mil
Office: 913-684-1698
Cell: 913-565-0741
Bldg 77, Room J209,
290 Grant Ave



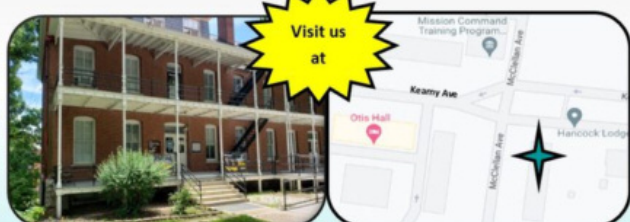
LTC Craig Arnold
Interim Supervisory SARC
Team 2 SARC
craig.d.arnold.mil@army.mil
Office: 913-684-2818
Teams: 520-692-8849
Cell: 913-704-9604
Bldg 197, 632 McClellan Ave



SFC Jacob Roach
Team 3 SARC
jacob.w.roach.mil@army.mil
Office: 913-684-0956
Cell: 913-547-5075
835 Sabalu Rd



Mr. Josh Belle
Team 4 SARC
joshua.p.belle.civ@army.mil
Office: 913-684-5230
Cell: 913-680-5699
Bldg 58, 614 Custer Rd



Ft Leavenworth SHARP Resource Center
Building 197, 632 McClellan Ave
Fort Leavenworth, KS 66027

Contact the team at usarmy.leavenworth.cac.mbx.cac-sharp@army.mil

For Assistance
contact the
SHARP Hotline

Hiring Underway
Victim Advocate



Ms. Nicole Hernandez
Victim Advocate
Maureennicole.n.hernandez.civ@army.mil
Office: 913-684-5230
Cell: 913-544-9243
Bldg 58, 614 Custer Rd

For Assistance
contact the
SHARP Hotline

Hiring Underway
Victim Advocate

For Assistance
contact the
SHARP Hotline

Hiring Underway
Victim Advocate

We Have Realigned Under a New Installation Model!

- Team 1** AAFES, ACS, AFC, ARI, CDID, Cemetery, CID, CPAC, DeCA, DES, DLA,DMPA, FMWR, LRC, MCCoE, MICC, Museum, NEC, PAO, RCI Housing, TDS/SJA, TRAC, USAFMSA, USAG HQ, USASMDC, USD 207, and US STAG CMD.
- Team 2** CAC HQ, CAC-T HQ, MCTP, NSC, STB, TMD, 505th CCW and 500th/67th MP
- Team 3** ACB, MWJRCF, USDB
- Team 4** Army U, CGSC, Dental, DLI, MAHC staff, Patients, SAMS, SOF, TRADOC, Veterinarian, and Other Service Staff tenant personnel

Fort Leavenworth 24/7 SHARP Hotline
913-683-1443
DoD Safe Help Line
877-955-5247

Sexual Harassment Complaint Reporting Option
Formal | Informal | Anonymous
Sexual Assault Reporting Option
Restricted | Unrestricted
Retaliation Reporting Options
Command | IG | SARC | DoD Safe Helpline

Find us on Facebook



WeCare App



GET IT ON Google Play



#NotInOurArmy
Current as of 17 November 2024

- Family Advocacy Program -
Victim Advocacy Program

1 in 3 women and 1 in 4 men have experienced some form of domestic violence by an intimate partner in their lifetime.
If you or someone you know is experiencing violence by an intimate partner, please reach out to the victim advocacy program at 913.683.2537

Safety Planning

Victim Advocacy Services

Education & Support Group

DOMESTIC VIOLENCE EDUCATION AND SUPPORT GROUP

When:
November 7th and 21st
December 5th & 19th
January 2nd, 16th & 30th
February 13th & 27th
1:00PM-2:30PM

THIS GROUP IS:
- SAFE
- RELATABLE
- EDUCATIONAL
- RELEVANT
- CONFIDENTIAL

Where:
Resiliency Center
600 Thomas Ave
Room 145

FOR QUESTIONS
CALL 913-683-2537

PREVENTION IN THE PARK
APRIL 25 // 2PM - 4PM
EFMP PARK (BEHIND POST THEATER)

April is National Child Abuse Prevention Month. During April, FAP / NPSP will be sponsoring events focused on stress reduction and family fun. Come join us to have some fun at the park with bubbles, chalk, bean bag toss, and other fun activities for the family!
FREE and open to DoD ID card holders.
Age limit: kids 0-10!
Registration is required and can be done until April 18th.
For more info or to register call, (913) 684-2808/2800.
Rain out date: April 30 // 2PM - 4PM

ACS FAP Presents:
5 Love Languages for Couples

January 29 • July 16 • October 8 // 1:00PM-2:30PM
ACS Classroom 145

The 5 love languages couples focuses on the strengthening the connections while learning the core patterns when speaking or giving love to others, and how love is received. Learn how to stay connected, translate love languages and improve relationships.
Deadline to register is day before each class.
FREE and open to DoD ID card holders 18+.
For more info: (913) 684-2822/2808

Scan the QR Code for more info about FAP.

5 Love Languages of Teenagers

Do you ever feel like you and your teen are speaking another language?

The "5 Love Languages of Teenagers" class is geared toward caregivers that want to communicate with their teens in a way that everyone feels heard, understood, and most importantly loved.

ACS Classroom 145
Feb 12, May 14, Aug 13, Nov 12
1-2:30pm
FREE

Open to all DOD civilians, active duty, and retired military that are caregivers raising teens
Call to register (deadline is day before class)
913-684-2822 / 2808

CROCHETING CLUB

Jan 31, Feb 21,
Mar 14, Apr 18, May 16
1pm - 3pm
Room 145
600 Thomas Ave

Come join our Crocheting Club and learn a new skill, or perfect an existing one!

"Stitch" together, connect & create!
Supplies will be provided!
Have a favorite yarn?
You're welcome to bring it!

Please RSVP one day prior to class
Call 913-684-2808/2800

FREE!
Ages 8+

COLLECTING DONATIONS

Operation Deploy Your Dress is collecting donations to build our shop inventory

- *Formal & Cocktail Attire (dresses and suits)
- *Shoes, Jewelry & Handbags

All items should be clean & free of tears, snags or stains
SEND US A FB MESSAGE OR EMAIL ODYDFLSC@GMAIL.COM

STRESS MANAGEMENT

Thursdays: Sept 12, Nov 14, Jan 16, Mar 27
1130 - 1300
ACS Conference Room 145

Registration Required (must register by the day before the class you want to attend.)
Classes are for 18 and over, no childcare will be provided.

This one-session FREE class helps attendees identify stressors and symptoms of stress as well as how to select and implement stress management skills to overcome stressors of any kind. Learn how to take control of yourself by learning to control your stress, instead of allowing the stress to control you. End the class with a structured relaxation exercise.

ACS Family Advocacy Program Presents:
ANGER MANAGEMENT

Feb 20 • Apr 17 • Jun 12
Aug 21 • Oct 16 • Dec 11
Thursdays from 11:30AM - 1PM
ACS Conference Room, Room 145

Learn how to identify the different kinds of anger and ways anger is expressed. Build skills to deal with strong and destructive behavior and emotions.
FREE and open to DoD ID card holders 18 and above.
Childcare not provided.
Registration is required, and must be done the day before the class.
For more info or to register call, (913) 684-2808/2822

A PARENTS ROADMAP TO HEALTHY AND UNHEALTHY RELATIONSHIPS

Teen parenting can be tough. Join the Family Advocacy Program for a workshop about how to identify healthy & unhealthy relationships for your teen, indicators of teen dating violence, and digital red flags.

VIRTUAL OPTION

Wednesday, February 5th
11:00-12:30PM

Wednesday, February 19th
11:00-12:30PM

via Teams

REGISTRATION REQUIRED
913-683-2537

IN-PERSON OPTION

Wednesday, February 12th
4:30-6:00PM

Wednesday, February 26th
4:30-6:00PM

600 Thomas Ave, Bldg 198
Room 157



Navigating the Teen Years

Feb 19, May 28, Aug 20, Nov 19
@ 1 - 2:30pm

ACS Classroom 145
600 Thomas Ave
One session workshop
Available in person or virtual



Ever wish that raising your teen came with an instructional manual?

The Navigating the Teen Years workshop is your guide to the difficult questions.

We'll discuss:

- Teen Mental Health
- Substance Abuse
- Raising Teens in a Digital Age
- Understanding Social Media
- Teen Sexualized Behaviors

FREE and open to all DoD ID holders 18+ Register by calling 913-684-2811/2808 Deadline to register is the day before class.



Co-Parenting Workshop

Round 1: April 7, 14, 21, 28
Round 2: July 7, 14, 21, 28
Round 3: September 8, 15, 22, 29
@ 12:00pm - 1:00pm
ACS Classroom 145
600 Thomas Ave

Learning to co-parent after a divorce can feel like being on opposite ends of a chasm.

Our four week workshop will show you how to build a bridge that will enhance parenting skills, enrich positive co-parenting, learn to develop and use boundaries, and establish a joint plan for managing expectations about your children's growth, development, and behavior.

FREE and open to all DoD ID holders 18+ Register by calling 913-684-2811/2808 Deadline to register is day before class.

Participants are encouraged to attend every class as each session will be different. Ask about virtual options!



ACS AND FAP PRESENTS: POSITIVE PARENTING VIA MICROSOFT TEAMS • 1:30PM – 3PM

- ROUND 1: OCTOBER 18, OCT 25, NOV 1, AND NOV 8
- ROUND 2: NOV 22, DEC 6, DEC 13, AND DEC 20
- ROUND 3: JAN 10, JAN 17, JAN 24, JAN 31
- ROUND 4: FEB 7, FEB 14, FEB 21, FEB 28
- ROUND 5: MAR 7, MAR 14, MAR 21, MAR 28

THIS FOUR-WEEK COURSE IS DESIGNED TO HELP PARENTS DEVELOP NON-PHYSICAL DISCIPLINE STRATEGIES, BUILD STRONG RELATIONSHIPS, AND MEET THE NEEDS OF CHILDREN OF ALL AGES.

FREE AND OPEN TO DOD ID CARD HOLDERS 18+.

REGISTRATION IS REQUIRED AND MUST BE DONE THE DAY BEFORE THE FIRST DAY OF TRAINING.

PARTICIPANTS MUST ATTEND EACH DATE IN THE ROUND OF THEIR CHOICE.

INFO AND REGISTRATION: (913) 684-2808/2822



Employment Readiness Program Classes

ACS Classroom • Resiliency Center, 600 Thomas Ave.
Wednesdays • 12PM - 2PM*



Resume Writing:
Jan 8* • Feb 12* • Mar 12* • Apr 9*
May 7* • June 11*
Evening Classes:
Apr 9 • May 7 • June 11 - 5PM - 7PM
Registration required for evening classes



Federal Employment:
Jan 15* • Feb 19* • Mar 19* • Apr 16*
May 14* • June 18*
Evening Classes:
Apr 16 • May 14 • June 18 - 5PM - 7PM
Registration required for evening classes

Scan QR Code for more info!

Interview Skills & Professionalism:
Jan 22* • Feb 26* • Mar 26* • Apr 30*
May 21* • June 25*
Evening Classes:
May 21 - 5PM - 7PM
Registration required for evening classes

Classes are from 12PM - 2PM

Registration is required for evening classes only.

Open to DoD ID card holders.

For more info call:
(913) 684-2800



MOM'S NIGHT OUT

This event is offered by ACS New Parent Support Program for Moms of young children to be able to get out of the house without the kids and meet other Moms at a restaurant. The focus of this event is to improve social connections and to learn about different parts of the town.

2025 Dates:

- Jan 29 • Feb 26 • March 26 • April 30
- May 28 • June 25 • July 30 • Aug 27
- Sept 24 • Oct 29 • Nov 19 • Dec 10

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Moms with children 0-3 years old.

Info: (913) 297-3212 or (913) 684-2800



DAD'S NIGHT OUT

Dad's Night Out is offered by ACS New Parent Support Program for Dads of children 0-3 years of age to get out of the house without the kids and meet at a restaurant. The focus of this event is to improve social connections and get to learn different parts of town.

2025 DATES:

- Jan 22 • Feb 19 • March 19 • April 23
- May 21 • June 18 • July 23 • Aug 20
- Sept 17 • Oct 22 • Nov 12 • Dec 3

Time: 6PM • Restaurants TBD

Childcare, food, and drinks are not provided.

For Dads with children 0-3 years old.

For more info: (913) 297-3212 or (913) 684-2800



Financial Readiness Milestone Training

Are you financially prepared for what life throws your way? Let us help! We offer free Financial Readiness Training on a variety of subjects.

- Some of the topics we will discuss:
- Pre-Deployment
 - Post-Deployment
 - PCS
 - Marriage
 - Divorce
 - Vesting in TSP
 - Promotion
 - First Child
 - Continuation Pay
 - Disabling sickness/injury/condition

Held monthly every 2nd & 4th Thursday @ 0900am - 1100am. Bldg 198 Room 157

INFO: 913-684-2852 / 2800



ACS New Parent Support Prenatal Classes 2025



Free for Expectant Parents!

600 Thomas Ave Room 157
All classes are from 5 pm - 7 pm

Deadline for Registration is the Friday before the class. Pre-registration is required. Contact 913-297-3212

Childbirth Classes:
Series of three classes
Jan 6th, 13th, 27th
Mar 3rd, 10th, 17th
May 5th, 12th, 19th
July 14th, 21st, 28th
Sep 8th, 15th, 22nd
Nov 3rd, 17th, 24th

Newborn Care Classes:
Feb 3rd
April 7th
June 2nd
August 4th
October 6th
December 1st

Breastfeeding Classes:
February 10th
April 14th
June 9th
August 11th
October 20th
December 8th

Come join us to learn the cues to look for when deciding to potty train! Learn valuable tips to get you started!

ACS New Parent Support 2025 Potty Training



Are you ready?

Time to lose the diapers?

FREE For Parents of Children aged 0-4 years
Pre-registration Required
Deadline is Friday before class
Contact 913-297-3212

600 Thomas Ave Room 157
2/24, 4/28, 6/16, 8/18, 10/27, 12/15
5 pm - 7 pm



Victim Advocate Hotline: (913) 684-2537
Child Abuse Hotline: (913) 684-2111
SHARP Hotline: (913) 683-1443
Chaplain: (913) 683-1443
AER Assistance After Hours:
American Red Cross at (877) 272-7337

DoD

Safe Helpline

Sexual Assault Support for the DoD Community

safehelpline.org | 877-995-5247



BRUNNER RANGE

MWR 2 25 CALENDAR

For more information (913) 651-8132
701 Sheridan Dr. Fort Leavenworth, KS 66027

Fun Shoot	Special Fun Shoots	League Schedule
1st Saturday of every month		
4 January	• Rod & Gun 16 April	• Winter Combo 9 January - 13 March
1 February	• VFW Post 12003 26 April	• Spring Combo 20 March - 22 May
1 March	• Lil Weenie 17 May	• Summer Warm-up 5 June - 10 July 17 July - 21 August
5 April	• Club Championship 21 June	• Fall Combo 4 Sept - 6 Nov
3 May	• One Gun/One Choke 19 July	• Winter Warm-up 13 Nov - 18 Dec
7 June	• Shuck n' Chuck 16 August	
5 July	• American Legion Post #11 20 September	
2 August	• Rod & Gun 15 October	
6 September	• Lil Weenie 18 October	
4 October		
1 November		
6 December		

Hours:
Wednesday 12:00-8:00pm
Thursday 12:00-8:00pm
Saturday 10:00am-5:00pm
Sunday 10:00am-5:00pm
CLOSED M, T, F

Fun Shoots begin at 9:00am
Rod & Gun begin at 6:00pm

LEAVENWORTH.ARMYMWR.COM

Saturday Morning Spring Youth Bowling League

Meeting: January 11th @ 10:00am
12 Week Handicap League
January 18th - April 12th

Every Saturday at 9:45am
@ The Strike Zone

Ages 3-5 years old - Little Rollers
(2 games per Saturday w/ bumpers - \$8 per week)
Ages 6-9 years old - Dragons
(3 games per Saturday w/ optional bumpers - \$11 per week)
Ages 10-18 years old - Explorers
(3 games per Saturday no bumpers - \$11 per week)

For more info call
913-651-2195

CGSC BOWLING LEAGUE

MIXED

Thursday Nights @ 6:15pm
4 person mixed teams
\$10 per week - includes 3 games & shoes

Meeting January 9th at 6:30pm
12 Week League starts
January 16th - April 10th at 6:15pm
at The Strike Zone
For more info call: 913-651-2195

Discover Fort Leavenworth's Fitness Facilities

Harney Sports Complex and Aquatics Center
185 Fourth St
913-684-2190
M-F 0500-1800
Sat-Sun 0800-1700

Gruber Fitness Center
200 Reynolds Ave
913-684-5120
M-F 0500-1800
Sat-Sun 0800-1700

YOU'RE JUST A CLICK AWAY FROM A HEALTHIER YOU!

Adult Sports & Fitness

Scan Here for current information about adult intramural sports, pool hours, eligibility, how to register for 24/7 access, and special programs!

Group Fitness

Scan Here for current fitness classes, schedules, fees, and eligibility. FREE for Active Duty!

WE OFFER 24/7 Gym Access
(After registration)

LET'S GO!

DECIDE TO COMMIT TO SUCCESS

Intramural Volleyball League

Season Starts: April 1
Games: Tues. and Thurs.
5:30PM - 8:30PM
Harney Sports Complex

Coaches Meeting: Wed, March 12 at 5:30PM at Gruber Fitness Center.

Team Rosters and/or Letters of Intent due COB Wed, March 26.

This is a co-ed league.

Open to Active Duty, DoD Civilians, Retirees, Dependents, Spouses, and Contractors working at Fort Leavenworth ages 18 and older.

League awards given for regular season champions, tournament runner ups, and tournament champions.

Info: 913-684-3224/684-5136

SIGN UP NOW FOR YOUTH SPORTS & FITNESS SPRING SPORTS!

REGISTRATION/ ENROLLMENT
FEBRUARY 3 - MARCH 3

Registration must be done through Parent Central or Webtrac. Must be centrally registered and have an updated sports physical on file.

Start Smart Baseball \$30
(ages 3 - 4)
(Monday Sessions) April 14 - May 12
(Tuesday Sessions) April 15 - May 13
(Thursday Sessions) April 17 - May 15

Soccer \$50
(ages 5 - 14)
April 7 - May 22

Baseball \$50
Kinder - 6th grade (ages 5 - 12)
April 7 - May 22

Girls Kid Pitch Softball \$50
3rd - 6th grade (ages 8 - 12)
April 7 - May 21

LET'S PLAY BALL!

For more info call 913-684-7525/ 7526
Volunteer Coaches Needed!

Starting August 19th, 2024

Fort Leavenworth Group Fitness Classes

GRUBER FITNESS CENTER - 200 Reynolds Ave. - 684-5120
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0530			Spin (Karyn)			
0930		Zumba (Lydia)		Zumba (Lydia)		
1200						
1630	Hot Yoga (Kim)	Zumba (Lydia)	Power Cycling (Kim)	Zumba (Lydia)		
1730			Power Yoga (30min) (Kim)			

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0800						
1630		*Power Cut (Kim)		*Power Cut (Kim)		

*Power Cut classes are held in the Bubble Gym

Single Ticket For \$5.00
10 Tickets For \$45.00
20 Tickets For \$80.00

U.S. ARMY MWR SPORTS • FITNESS • AQUATICS

<https://leavenworth.armymwr.com>

Independent Instructor Class Schedule

Gruber Fitness Center

Monday	Tuesday	Wednesday	Thursday	Friday
	Brazilian Jiu-Jitsu Beginner 1830-1930	Brazilian Jiu-Jitsu Beginner 1830-1930	Brazilian Jiu-Jitsu Beginner 1830-1930	
	Advanced 1940-2040	Advanced 1940-2040	Advanced 1940-2040	

1 x a week - \$60 2 x a week - \$75 3 x a week - \$85 Drop in \$20
First class is FREE! Must have 24 hour access to gym. Classes are 18+ Register in person

Harney Sports Complex

Monday	Tuesday	Wednesday	Thursday	Friday
Olympic Lifting 0900-1015		Olympic Lifting 0900-1015		Olympic Lifting 0900-1015
Kids Olympic Lifting 1600-1700 Bubble Gym		Kids Olympic Lifting 1600-1700 Bubble Gym		

Olympic Lifting - \$75 (3 days) \$70 (2 days) \$10 (drop in)
Kids Olympic Lifting - \$75 (NO drop in)
First class is FREE! Olympic Lifting and Resistance Training is for 18+

Harney Sports Complex & Aquatics Center
185 Fourth St
Ft. Leavenworth, KS
913-684-2190

Gruber Fitness Center
200 Reynolds Ave
Ft. Leavenworth, KS
913-684-5120

FORT LEAVENWORTH LEISURE TRAVEL SERVICES TOP TICKETS

Disneyland Military Salute Offer 2025:

- 3 DAY Park Hopper Our Price \$295.00
W/Lightening Lane \$391.00
- 4 DAY Park Hopper Our Price \$349.00
W/Lightening Lane \$477.00

Disney World Military Salute Offer 2025:

- 4 DAY Park Hopper Our Price \$365.00
- 5 DAY Park Hopper Our Price \$385.00
- 6 DAY Park Hopper Our Price \$399.75

Universal Orlando Military Freedom Offer 2025:

- 2 Park Freedom Pass Adult \$210.00 and Child age 3-9 \$205.00
- 3 Park Freedom Pass Adult \$245.00 and Child age 3-9 \$240.00

Universal Hollywood:

- 1 Day General Admission Adult and Child 3+ \$99.00-\$122.50

Go City Go Card:
Sightsee and save with a Go Card! Discover the best attractions, tours and experiences, all on one pass. Worldwide: UAE Dubai, Cancun Mexico, State side: Orlando, Miami, Chicago, Los Angeles, San Francisco, Oahu, New Orleans, Boston, Las Vegas, New York, and much more!

Leisure Travel Services
310 McPherson, Bldg 464
(913) 684-2580
leavenworth.armymwr.com

Worlds of Fun Season Gold Passes are here!

Purchase @ Leisure Travel Services
310 McPherson Ave
Bldg 464
913-684-2580

\$93.25 a pass
Single day tickets coming soon!

you should be here
or here...
or maybe here...

January & February

Workshops

Watercolor

\$30 per workshop

Watercolor (Basic Techniques)
Tuesday, Jan 21
11am - 1pm

Watercolor (Landscapes)
Tuesday, Feb 18
6pm - 8pm

Watercolor (Color Theory)
Tuesday, Jan 28
11am - 1pm

Watercolor (Florals)
Tuesday, Feb 25
6pm - 8pm

Watercolor (Valentine Cards)
Tuesday, Feb 4
11am - 1pm



scan for more info

Call now to register!
913-684-3373

Arts & Crafts Studio
310 McPherson Ave
913-684-3373

OPEN STUDIO

Hours 10am - 5pm T - F
Ask about our Hourly Fees

Multi-Craft Room

Come use our provided supplies to craft with the whole family!

Painting Studio

Provided watercolor and acrylic supplies to create your own masterpiece.

Framing Studio

Must take Intro to Framing before using DIY Framing Studio.

Pottery Studio (Coming Soon!)

Modern Calligraphy

Basics

\$20 per class

Tuesday
Jan 21
6:30pm - 8pm

Intermediate

\$20 per class

Tuesday
Jan 28
6:30pm - 8pm

Special Projects

Valentine Cards
Tuesday
Feb 4
6:30pm - 8pm



Reoccurring Classes

MUST PRE-REGISTER

Intro to Framing

\$40 per class
Every 2nd Thurs & 4th Sat of the month
10am - 2pm

Paint & Sip

\$35 per session
Every 2nd Friday of the month
6pm - 8pm

Must be 21 years or older.
BYOB

Come see what's new at the Studio!

leavenworth.armymwr.com



January & February

Workshops

Acrylic

\$35 per class

Acrylic Pour
Wednesday, Jan 29
11am - 1pm

Acrylic Pour
Wednesday, Feb 26
11am - 1pm



Framing

\$40 per class

Intro to Framing
Must pre-register

Thursdays
Jan 9, Feb 13
10am - 2pm

Saturdays
Jan 25, Feb 22
10am - 2pm

Crafts

\$30 per class

Valentine Wreath
Thursday, Jan 30
11am - 1pm

Macrame Plant Holder
Friday, Feb 28
11am - 1pm



Call now to register!
913-684-3373

Arts & Crafts Studio
310 McPherson Ave
913-684-3373

Paint & Sip

\$35
Must be 21 years or older.
BYOB



Dragons Friday
January 10
6pm - 8pm

Couples Koi Fish
Friday, February 14
6pm - 8pm



Cost includes all supplies!

Kids Arts & Crafts

Messy Art

\$12 per class (ages 7+)

Thursday, Jan 16
11am - 12pm

Thursday, Feb 6
11am - 12pm

Thursday, Feb 20
11am - 12pm

Color Me Happy (Parent & Toddler)
\$10 per class

Thursday, Jan 9
10:30am - 11:30am

Thursday, Jan 23
10:30am - 11:30am

Thursday, Feb 13
10:30am - 11:30am

Thursday, Feb 27
10:30am - 11:30am

Art History

\$15 per class (ages 7+)

Popcorn & Pollock
Wednesday, Jan 22
1pm - 3pm

Thursday, Jan 23
4pm - 6pm

Muffins & Michelangelo
Wednesday, Feb 19
1pm - 3pm

Thursday, Feb 20
4pm - 6pm



Come see what's new at the Studio!

leavenworth.armymwr.com



The Fort Leavenworth Frame Studio



Custom Framing & DIY Studio
Tuesday - Friday
10am - 5pm

Must complete Intro to Framing Workshop before using the DIY Frame Studio. Hourly fee applies.

Call to register or stop by the studio!



Come see us!
Arts & Crafts Studio
310 McPherson Ave
(913) 684-3373

The Frame Studio is available for all of your framing needs!

Military Prints
Art Projects
Photography Prints
Graduation Certificates
Etchings/Engravings
Restoration

Intro to Framing:
(\$40 a class must pre-register)

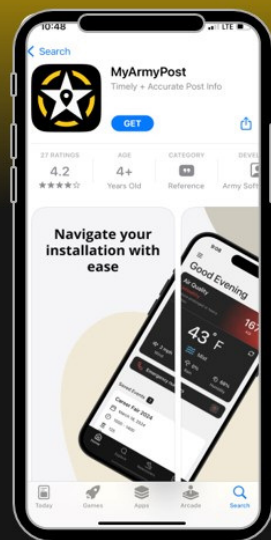
Every 2nd Thursday of the month from 10am - 2pm

Every 4th Saturday of the month from 10am - 2pm

Deadline to register is the day before class. Ages 15+

My Army Post App

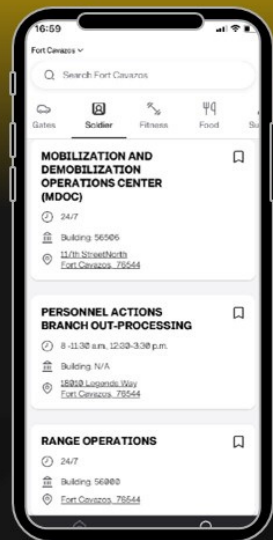
Step 1: Download the app



Step 2: Select your base



Step 3: Stay in the know!



NOW
OPEN
**Fort Leavenworth Care Options for
Summer 2025 & School Year 2025-2026**

Request Before/After School Care
& SAC Camps all year round



**MILITARY
CHILDCARE**.com

Families can use MCC to make requests for SAC programs, which include Before/After School care and Fall, Winter, Spring, and Summer Camps, all year round. The online system allows you to search for and submit unlimited SAC requests at any time of the year without waiting for a specific registration time to begin. As soon as school dates are known, all SAC programs will be made available to you so you can submit your requests.

Please Note: Spaces are offered via email based on the sponsor's priority and request for care (RFC) date.

**MILITARY
CHILDCARE**.com

Using **MilitaryChildCare.com**, you can find comprehensive information on child care programs worldwide, conduct a customized search for the care you need, and submit a request for care at any time and from any location. *Follow these four steps!*

STEP 1 CREATE ACCOUNT
Go to **MilitaryChildCare.com** to create an account containing information about your family, or to login using an existing username and password.

STEP 2 SEARCH and REQUEST CARE
Search the system for the child care options that best fit your needs and submit your requests for care.

STEP 3 MANAGE MY REQUESTS
You can manage your requests for care from anywhere in the world.

STEP 4 UPDATE MY PROFILE
Keep your *My Profile* page up-to-date with important information.

It's that easy!

To get started, visit:
MilitaryChildCare.com
For questions/support,
call: 855.696.2934

Don't know what Care Options to request?
Prior to making Requests for Care, go to CYS Facebook or FMWR-CYS website to review flyer:
2025 Fort Leavenworth Care Options & Waitlists





Join
Our
Team



**FORT LEAVENWORTH SCHOOL DISTRICT
OPENINGS FOR THE 2024-25 SCHOOL YEAR:**

- Special Education Para Educators
- Food Service Manager
- Food Service Cook
- Full-Time & Daily Substitute Teachers
- Full-Time Bus Aide
- Full-Time Bus Driver
- Special Education Teacher K-5
- Special Education Teacher 6-9
- Early Childhood Pre-School Special Education Teacher

APPLY NOW



www.usd207.org

913-651-7373

CYS is Hiring

Great Pay!
Amazing benefits!
What are you waiting for?
Apply to Fort Leavenworth
Child and Youth Services today!

up?



to level



Ready



Get paid to play!

- Medical, Dental, Vision, & Life Insurance Benefits*
- Retirement & 401K
- Regular Full-Time/ Part-Time and FLEX Hours Available
- Paid Leave and Paid Federal Holidays for Full-Time & Part-Time
- Career Progression & Paid Training
- Priority Child Care Placement & Employee Child Care Discounts
- Access to Commissary & AAFES Shopping Privileges & MWR Facilities
- Job Transfer Program Worldwide Through Civilian Employment Assignment Tool

*Conditions Apply



Scan here to apply!
ArmyMWR.com/cyscareers

BREAKING DOCTRINE

Episode 62
**Stewarding the Profession:
THE HARDING PROJECT**

LTC Zach Griffiths, Dr. Trent Lythgoe, and COL(R) Rich Creed join our host LTC Lisa Becker to talk about The Harding Project. They discuss how Army Professionals advance the Profession of Arms through professional writing and discourse. They examine myths of writing, tips to get better at writing, and writing initiatives within The Harding Project.

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X EXCHANGE

\$20 REWARDS!

Straight **A** students


X EXCHANGE

\$10 REWARDS!

Average **B** students

ENTER FOR A CHANCE TO WIN A \$2,000, \$1,500 OR \$500 REWARDS! GIFT CARD!
See an Associate for details and entry forms.





NCO JOURNAL

CHECK OUT THE NCO JOURNAL PODCAST WHERE WE DISCUSS RECENTLY PUBLISHED ARTICLES WITH AUTHORS, TO PROVIDE AN OPEN EXCHANGE OF IDEAS AND INFORMATION.

<https://www.armypress.army.mil/journals/nco-journal/nco-journal-podcasts/>

 <https://www.facebook.com/NCOJournal>
 <https://twitter.com/NCOJournal>

CHILD AND YOUTH SERVICES

Parent Central and Outreach Services (913) 684-5138

Youth Sports and Fitness (913) 684-7525

SKIESUnlimited (913) 684-3207

ARMY COMMUNITY SERVICE

(913) 684-2800

EFMP, FAP, ERP, AER, MFIC
And much more!

RECREATION

Haney Sports Complex (913) 684-2190	Brunner Range (913) 651-8132	Hunt Lodge (913) 684-1830
Gruber Gym (913) 684-5120	Auto Crafts (913) 684-3395	Stables and Horses (913) 684-1703
Outdoor Equipment Rental (913) 684-3395	Rod & Gun Club (913) 684-2035	Stray Facility (913) 684-4934

BUSINESS OPERATIONS

Strike Zone (913) 651-2195	12th Brick Grille (913) 684-2293
Trails West Golf Course (913) 651-7176	RV Storage & POV Lot (913) 651-7176
Frontier Conference Center (913) 684-3825	Clean Paws Pet Wash (913) 651-7176

Connect with Us!
Facebook: Fort Leavenworth FMWR
Twitter: @leavenworth_fmwr



MUNSON NOTES

Jobs available at MAHC

■ **MEDICAL APPOINTMENT CHECK-IN:** Please arrive 15 minutes prior to your appointment to complete any required paperwork and bring the following items: DoD ID card; list of current medications including over-the-counter meds, vitamins, and supplements; any relevant paperwork or forms; and a list of questions or concerns. If you are not able to make your scheduled appointment, call the appointment line at (913) 684-6250 to cancel.

■ Munson Army Health Center is looking for volunteers to join the **PATIENT AND FAMILY PARTNERSHIP COUNCIL**. Volunteers can be active-duty, active-duty family members, retirees or retiree family members. The PFPC meets quarterly. If interested, call 913-684-6211/6127.

■ Munson Army Health Center Pharmacy offers patients a variety of **OVER-THE-COUNTER MEDICATIONS AT NO COST** to service members, retirees and family members. These items are available without a prescription or medical appointment. These self-care items are comparable to those available for purchase from retail stores and include pain relievers, cough medicine, allergy medication, antibiotic ointment, lice treatment and much more. Visit <https://munson.tricare.mil/Health-Services/Pharmacy> and scroll down to the Over-the-Counter Medication Program for details.

■ Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are **ELIGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE**. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit <https://dvidshub.net/r/8wttlf>.

Munson Army Health Center

WE ARE HIRING

- PHYSICIANS
- CLINICAL PSYCHOLOGIST
- MEDICAL TECH
- DENTAL ASSISTANT

AND MORE

Visit [USAJobs.gov](https://www.usajobs.gov) and search "Military Treatment Facility Under DHA" and "Fort Leavenworth"



Check out these current employment opportunities at Munson Army Health Center, Fort Leavenworth, Kansas.

Physician (Psychiatry)
<https://www.usajobs.gov/job/816676200>

Physician (Family Practice)
<https://www.usajobs.gov/job/825625700>

Clinical Psychologist
<https://www.usajobs.gov/job/829644000>

Medical Technician
<https://www.usajobs.gov/job/830385400>

Dental Assistant
<https://www.usajobs.gov/job/825570700>

A recruitment or relocation incentive may be authorized. Student loan repayment may be authorized.

Click on the link to read the job announcement or visit [USAJobs.gov](https://www.usajobs.gov) and search "Military Treatment Facilities under DHA" and "Fort Leavenworth, Kansas"

Stop the spread of germs that make you and others sick!

Cover your Cough

Cover your mouth and nose with a tissue when you cough or sneeze or cough or sneeze into your upper sleeve, not your hands.

Put your used tissue in the waste basket.

You may be asked to put on a surgical mask to protect others.

Clean your Hands after coughing or sneezing.

Wash hands with soap and warm water for 20 seconds or clean with alcohol-based hand cleaner.

PLAN. PREPARE. PROTECT.

Natural Disaster Resource Guide

Prepare Early for Disasters

Get prepared before a disaster hits in your community. Identify your and your family's personal and medical needs, stock up on supplies and equipment, and help keep your family safe and healthy. Use this short guide early, and you may prevent a personal or medical emergency.

Be ready at a moment's notice.
<https://newroom.tricare.mil/Disaster>

Speak up! Your voice matters

Volunteer to become a patient and family advisor on our patient and family partnership council

The Patient and Family Partnership Council captures the voices and insights of patients and families to improve the care experience.

Is being a patient and family advisor right for you?

We are looking for volunteers who can:

- Partner with other patients and staff to help improve care
- Represent the interests of all patients cared for by the military treatment facility
- Work well in teams and have fun!

Learn more about the Patient and Family Partnership Council!
For more information, contact: Munson Army Health Center Patient Advocates at 913-684-6211/6127

Follow Us on Social Media

Let's Get Connected for Our Latest News & Updates

[facebook.com/munsonhealth](https://www.facebook.com/munsonhealth)

Health Center Services
TRICARE News
Health and Wellness Information
Inclement Weather Updates

How You Get Norovirus From People or Surfaces

Norovirus spreads when a person gets poop or vomit from an infected person in their mouth.

PROVIDING CARE, CHANGING DIAPERS, TOUCHING YOUR MOUTH, TOUCHING CONTAMINATED SURFACES, SHAKING HANDS.

YOU BECOME ILL WITH NOROVIRUS

For more information, visit www.cdc.gov/norovirus

You wouldn't go into combat without protection...

At least 1 in 5 Americans has a Sexually Transmitted Infection! Protect yourself from STIs, use a condom every time you have sex!

<https://phc.amedd.army.mil/topics/healthyliving/rsbwh/Pages/default.aspx>

Public Health Army Public Health

Visit <https://www.facebook.com/munsonhealth/> for updates and information.

NEW CONTENT
EVERY THURSDAY



LAMP

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CONTACT US | Phone: 913-684-5267 | E-mail: ftvlampeditor@gmail.com | On the Web: <https://home.army.mil/leavenworth/about/news>

Read all about it — online!

[HTTPS://HOME.ARMY.MIL/
LEAVENWORTH/ABOUT/NEWS](https://home.army.mil/leavenworth/about/news)



- News
- Community Features
- Pet of the Week
- Upcoming Events
- and more!

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[HTTPS://HOME.ARMY.MIL/
LEAVENWORTH/ABOUT/NEWS](https://home.army.mil/leavenworth/about/news)
to read/print/download the
Fort Leavenworth Lamp.

EDITORIAL OFFICE: 913-684-LAMP
ADVERTISING: 913-684-1702



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